

# Woodbridge Town News



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FRIDAY, JANUARY 18, 2013



## Students "First Line of Defense" for School Safety

By Laura Fantarella - Woodbridge Town News Correspondent

Beecher Road School and Amity Regional senior and junior high schools are beefing up security and reexamining safety protocols after the Sandy Hook Elementary School tragedy last month. But one school administrator thinks the best defense against school violence may be the students themselves.

Amity School Superintendent of Schools Dr. John Brady and his staff are currently reviewing all safety protocols and plan to convene a group to see what additional steps must be taken. They intend to make any necessary security changes, but, Brady said cultivating a culture of "if you know something tell someone" may be the most powerful intervention of all.

"We have a culture in this country of not telling, not tattling, not being a 'rat,' but we've learned that the students on the campuses of past mass shootings had heard rumors before the event took place. If they had shared that information with an adult, a parent or an administrator prior to the event, there may have been a different outcome," he said.

In fact, recently there was an incident at the school involving a student who started a Facebook page called "Amity Senior Prank," on which he posted that he was planning a "fake shooting" at the school. According to Brady, a "pack" of students informed administrators of the Facebook page and the student was disciplined. "The student intervention is the best part

*("School Safety" continued on page 5)*



## Police and Shelter Officials Working Together to Resolve Animal Dispute

### Special Meeting Clarifies Many Early Misreported Facts

By Bettina Thiel - Woodbridge Town News Correspondent

The fate of Parker the potbellied pig who lived happily at the Woodbridge Animal shelter, but was removed last week by police action and placed in a foster home riled many supporters of the local shelter, who came out en masse to complain to the selectmen at their January 9 meeting and subsequently to a special meeting of the Board of Police Commissioners. The two-hour marathon meeting at Town Hall on Friday afternoon brought to the fore tensions between the Animal Control Officers (ACO) and the police officers assigned to supervise them. It pitted the five police officers seated with the Police Commission members against about 50 or so residents who addressed the commission in support of ACOs Paul Neidmann and Karen Lombardi.

Along with Parker, police had removed a dozen chickens, some roosters and a few other small barn animals from the shelter on Bradley Road on Tuesday, January 8, and placed them with a property owner in town. "Parker loved where he is [at the shelter]" said Leigh A. Russ. "We're abiding by our rules and regulations," said Deputy Police Chief Ray Stuart. "You may not like them, but you have to abide by them."

*("Animal Control" continued on page 3)*



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## Community Police Officer Assigned to Beecher Road School Part of Tightened Security at School

The Woodridge Police Department has assigned Officer Vincent Lynch to the position of full-time Community Officer at Beecher Road School (BRS). This action comes with the cooperation of town officials First Selectman Edward Sheehy, Police Chief Gene Marcucci, the Woodbridge Board of Education and Superintendent of Schools Gaeton "Guy" Stella. The appointment of Officer Lynch went into effect immediately following the paralyzing incidents at Sandy Hook Elementary School last month.



Woodbridge Police Officer, Vincent Lynch, has been assigned to Beecher Road School as a full-time Community Officer.

A member of the Woodbridge Police Department for 12 years, Officer Lynch has been a trained and certified DARE (Drug Abuse Resistance Education) instructor at Beecher Road School for the past three years. In that capacity he has worked closely with sixth graders. What became apparent over the three years is that Officer Lynch engaged the whole school community including students, staff, administrators and parents. His contagious smile, love for the children, and expertise in community building, bring great value to BRS.

A veteran of the first Gulf War, Officer Lynch served as a paratrooper in the US Army. Hamden native, and father of 9-year-old twins, Officer Lynch loves sports and coaches student baseball and basketball teams.

When asked about his new assignment as full-time community officer at the school he had this to say: "It's a great experience for me to work with the children, staff, and parents of BRS. I really like interacting with and helping children on a daily basis."

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("Animal Control" continued from page 1)

And those rules define the facility as a shelter used for temporary housing of domesticated dogs and cats. "You can't have a petting zoo down there," Stuart said. "Why take the joy out of something so simple and so sweet," said Leslie Bernadini, who works on Luna Drive and visits the DAC shelter regularly.

"This is the best team of officers we've had," said Barrie Collins, who several years ago chaired the Board of Directors when it was still a District Animal Control for the three Amity towns. But in 2011 Orange pulled out and Woodbridge handed over management to the police department. The facility now serves Woodbridge, Bethany and Derby.

Sergeant Ed Thomas is the officer in charge of animal control. He said when police took over in July 2011, there were a wide variety of animals at the shelter. "We prompted the ACOs to get them adopted," he said. "Six, 10, 12 months passed, but they never found a home." Police then went ahead and found "a very suitable individual" to house the whole lot. "They are as happy as they can be," Sgt. Thomas said. He said state regulations do not require him to fill out paperwork for the placement of farm animals, and he didn't.

Bethany veterinarian Kimberly McClure Brinton spoke in support of the shelter staff. The two current ACOs built a good reputation for the shelter, and "what's happening with police has totally undermined that," she said, to applause. She questioned whether police vetted the farm and followed procedure in placing the animals and offered to visit the place where the animals were placed to make sure it was a suitable home.

Kathleen Schurman of Locket's Meadow, a rescue farm for horses, pigs and assorted other animals in Bethany, said she was ready to adopt Parker, and had the paperwork ready when police came in to take the animals. She talked about the intelligence of pigs, saying their DNA is almost identical to humans. Pigs which were brought up as pets do not need "a more natural environment," but interaction with humans, she said.

Police Commission Chairman Tina Weiner managed to keep control of an emotionally charged room. Both she and First Selectman Ed Sheehy said they would "try to make this happen" for Schurman to adopt the pig. Weiner said the Police Commission will look at the issues regarding policy and paper trails in upcoming meetings. "The animal shelter is a good thing and the police department is a good thing," she said. "I really would like to see this resolved."

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## THE OUTSIDE LIVING BOX

My mom passed away unexpectedly over the holidays due to complications from a fall. I would like to dedicate this column to her memory, because although she did not have unusual hobbies or dramatic talents, she was a woman who was ahead of her time and had her moments of truly "Living Outside the Box."



Laura Fantarella

Barbara Consiglio was a vibrant 79-year old who always looked much younger than her years. With her sparkly big eyes, ever present smile, and her make up always "just so", it was little surprise that even when she was admitted to the emergency room, the doctors and nurses were stunned that the age on her chart was no mistake. She had a warm heart and generous spirit and she genuinely enjoyed people.

Among our favorite stories from the Consiglio family archives was the one about how my parents met – which best portrays mom's independent spirit. She and her sister Fran, after graduating from their respective colleges in the early 1950s, set out on the adventure of a lifetime. They informed their very old-school Italian immigrant parents that they would be spending the next few months travelling around Europe. Of course, this is commonplace today, but in the 1950s, when most women married young and became housewives, well, not so much. Making a trans-Atlantic call was prohibitively expensive so the girls promised their parents they would write often and let them know of their whereabouts. They had no prior hotel reservations, no friends overseas – just two tickets abroad on the ship the Julius Caesar and a plan to follow their hearts. This wasn't a cruising vacation, in those days travelling by sea was more affordable than by air. When they began their travels in Europe it was just several years after the end of World War II, many of the countries were devastated and people were unaccustomed to seeing two beautiful young American women travelling alone. They visited Germany, Austria, Switzerland, Spain, Portugal and Italy before concluding their trip and heading home and that's where Part Two of my mom's adventure began.

As the story goes, while the girls were in Europe, another ship that had left from New York, the Andrea Doria, sank, and many of its passengers were rerouted onto the Julius Caesar. Barb and Fran were passengers



Brooklyn native Barb Romolo meets Pat Consiglio on board the Julius Caesar

in "steerage" but while cavorting on the higher decks, mom met one of the Andrea Doria passengers – Pasquale -- a dashing, charismatic Dean Martin look-a-like who was travelling with his parents in second class. Dad loved to say she (mistakenly) thought he was rich (he wasn't) but regardless it was love at first sight, though he was nine years older, and by most accounts, they were an unlikely match – she was an educated woman from Brooklyn about to embark on a teaching career, he was a working-class "Wooster Street guy" with more street than book smarts who worked in his family's restaurant. Their ship-board affair led to a New Haven to Brooklyn courtship once they arrived back in the states and the two married and moved to Orange shortly thereafter.

I loved that story as it highlights my mother's high spiritedness, independence and the wanderlust that continued throughout her life. She always encouraged and inspired her children and grandchildren to travel and see the world. Also the fact that well before it became commonplace, she was a working mother when most of her peers were housewives. My sister and I were the only kids on the block whose mom was not a homemaker and we were always proud that she was a third grader teacher and later the media specialist at Beecher Road School in Woodbridge. She enjoyed her job almost as much as she loved being a mother and we grew up confident that as women we could do whatever we wanted in life. She was a strong and forceful role model with her own identity, money, beliefs and always strong political opinions that she felt quite comfortable forcing on anyone who wanted to take her on in a debate.

Though she may have been taken from us too soon, we are grateful that she lived her life to the fullest doing what she enjoyed most right up to the last moment –shopping for Christmas gifts for her family at one of her favorite stores—Costco.

Woodbridge Town News

Woodbridge Residents! Help me make this column a success. Send me your suggestions – if you think you may make an interesting subject, or someone you know should be featured, let me know. Please include your name and contact information and the name and contact information of your subject. Send all submissions to Laura Fantarella at [laura@woodbridgetownnews.com](mailto:laura@woodbridgetownnews.com).



# West River Flood Mitigation Moving Forward

By Bettina Thiel - Woodbridge Town News Correspondent

For residents along the West River, 2013 could be a watershed year, as the two major projects that the West River Flood Mitigation Committee has been hoping to accomplish in the past six years, are well within reach. The replacement of the Merritt Avenue bridge is one of those pieces, and removal of the Pond Lily Dam on the New Haven/Woodbridge town line is the other.

The Flood Mitigation Committee is made up of residents and business owners who live or work in the area on the lower Litchfield Turnpike, an area that has seen some significant flooding over the years, most recently in the spring of 2011. It was just such a major event in 2007 that brought the committee to life, chaired by Frank Deleo. Also on the committee are Buddy DeGennaro, Mike Walter, Dorothy Martino, Chris Dickerson and Stephanie Ciarleglio. The current bridge connecting the Merritt Ave. residents with Litchfield Turnpike is some 50 years old and considered scour critical, said DeGennaro, a Realtor whose office is located at the corner with Lucy Street. Every time the river rises above its bank, the bridge is closed and needs to be inspected. That delays reopening of the bridge significantly.

There are probably some 50 multi-family homes that get land-locked when the bridge is closed, Deleo said. In fact, the police chief had to be "rescued" by fire truck when the river flooded Litchfield Turnpike in spring of 2011. The major improvement of the new bridge is not only that it will be scour proof, but it will lack the center pier the current bridge rests on. Logs and other debris get caught up at the pier and deteriorate the water flow, Deleo said. The bridge replacement is a state project, and the design process is about 70% done. The design is expected to be completed by April, at which point the permitting process begins. Deleo expects construction to begin sometime in early summer.

Dam removal - The partial removal of the Pond Lily Dam behind the Walgreens plaza should have even more of an impact to improve water flow in that area. The committee is working with the Connecticut Fund For the Environment, which has received \$60,000 for the design and permitting of the dam removal. Gwen Macdonald, the grant writer for the fund, addressed the Board of Selectmen January 9, saying that she hopes all pieces will be in place for the actual dam removal to happen in the fall of 2013. She said that she is applying for some habitat restoration funding.

For the Fund For the Environment, a non-profit organization, the dam is only one piece in a whole river reclamation program that will allow better water flow both into and from the New Haven harbor, also increase fish activity and, in the long run, connect a trail system along the river. She said Connecticut has some 4,500 regulated dams along 7,000 miles of river.

Stimulus money in 2009 allowed the City of New Haven to install self-regulating tidal gates which open and close based on the amount of water. The objective is to improve river ecology and thereby stimulate fish life. This is a project that serves the environment as much as the homeowners, Deleo said.

Deleo remembers ice fishing on Konolds Pond and a boat rental place on the pond, activities that ceased in the 1960s due to the deteriorating condition of the pond. When the river does not flow, the sediment builds up and it becomes a marsh, he said. "To see that river restored is something close to my heart," he said.

("School Safety" continued from page 1)

of the story; it was a powerful communication that these kids were willing to make. Kids make mistakes and this was a mistake a young person made," Brady said. "We are trying to make it a campaign throughout our schools that it's a positive thing to tell."

In the meantime, Brady said the school intends to fill in any gaps they find in the school's security systems. The school currently has a full time Security Resource Officer and three security officers.

At Beecher Road School a familiar presence for the past three years, Woodbridge Police Officer Vincent Lynch, has had his hours and duties increased as the school's community officer. Lynch, the school's DARE (Drug Abuse Resistance Education) instructor, has worked closely with the school's sixth graders and is popular among the other students as well. "His contagious smile, love for the children and expertise in building community bring great value to Beecher Road School," said Superintendent of Schools Gaeton "Guy" Stella.

According to Stella, at the recommendation of the Woodbridge Police Department, the school has also eliminated the "pass/swipe" system that enabled parents to enter the building without being "buzzed in". Now all parents and visitors must state their reasons for coming to the school and be viewed by monitor by office staff before being admitted to the building. "Beecher Road School has a history of welcoming parents and friends into our school and that will not change," Stella said. "The process to enter the building is simply being refined." Other new security measures are also scheduled including direct radio connections to the Woodbridge Police Department, building perimeter checks throughout the day, and the installation of video surveillance cameras in key areas inside and outside the building.

Woodbridge Police Chief Eugene Marcucci said the department works closely with the Amity and Beecher Road School administrations. Since the Sandy Hook shootings they've stepped up patrols in the neighborhoods surrounding both schools. "We'll be meeting regularly to discuss future security measures," he said.

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| Upcoming Issue Deadline | Upcoming Issue Dates                      |
|-------------------------|---|
| February 1st .....      | <i>Valentine's Day Issue</i> February 8th |
| February 22nd.....      | March 1st                                 |
| March 15th.....         | <i>Easter/Passover Issue</i> March 22nd   |

Note: Copy due by 4:00p.m. Thank you.

## FROM OUR READERS

### Letter to the Editor

Thanks to the generosity and support from the community, the holidays were made brighter for Woodbridge seniors and families who received food baskets and gifts. The Staff of the Human Services Department sincerely thanks the Woodbridge Rotary Club for hosting a holiday party for the seniors at the Woodbridge Senior Center.

We also sincerely thank the students and faculty of the Alternative High School, Emeritus at Woodbridge, SADD Group of Amity High School, the Amity Middle School Leo Club – Bethany Campus, the Social Action Committee and faculty of Beecher Road School, Woodbridge Child Day Care Center, Woodbridge Aquatic Club, Amity Teen Center, Amity High School PTA, employees of Woodbridge Town Hall, Cofrancesco Chiropractic and employees and patrons of Woodbridge Town Library for their generous contributions of holiday food baskets. We thank the Children's House of Montessori for hats, mittens and scarves and members of the Senior Center Craft Group for knitted items. Thanks also to Progressions Salon for sponsoring a sock drive and the Boy Scout Troop 63 for bountiful donations of non-perishable food for the holiday food baskets and emergency food closet.

In addition, we would like to thank the many residents who donated toys in the collection box at the Woodbridge Library and Senior Center. Special thanks go to the members of the Woodbridge Firehouse, Santa, Mrs. Claus and the elves for bringing much joy and magic to the children and families by delivering gifts.

Also, to the many individuals who donated, we are grateful. On behalf of the Staff and Members of the Human Services Commission, we wish everyone a very, Healthy and Joyous New Year.

Sincerely,

Mary Ellen LaRocca  
Director of Human Services

### A Note of Thanks!

A lot of things have changed in the last few years in this world. But some things never change in Bethany. The spirit of giving, the pride in the community, the trust and willingness to pitch in with sweat, ideas and support is alive and well in our town. This spirit was never more prominently displayed than it was during our Veterans' Day celebration in November.

Bethany, Orange and Woodbridge students at Amity Regional Middle School invited us to share our stories in their classrooms and children, faculty and administrators in Bethany Community School wrote letters of appreciation to our local veterans to honor their service to our country.

Our local scouts joined us in the ceremony that took place at Veterans' Memorial Park on Beacon Road and unveiled the American Flag Retirement Fire Ring, a project led by Nicholas Monelli, a member of Troop 931, who achieved the rank of Eagle Scout on December 21, 2012 for his work on this addition to the memorial. The construction of the ring, used for the respectful disposition of American flags, took an incredible amount of dedication, devotion and determination by Nicholas and will be a constant source of pride to our local veterans.

(“From Our Readers” continued on page 8)

### Woodbridge Town News

## WTN Letters Policy

Submit your letters for our “From Our Readers” section to Woodbridge Town News, P.O. Box 1126, Orange, CT 06477 or email: [letters@woodbridgetownnews.com](mailto:letters@woodbridgetownnews.com). Please limit letters to 500 words and include a daytime phone number in case we have any questions. **Letters must be exclusive to the Woodbridge Town News for publication.** We reserve the right to reject any letter.





## WOODBIDGE EDUCATION ROUNDUP

### Interfaith Vigil – December 23, 2012

#### A Speech by First Selectman Edward M. Sheehy

Just three months ago to the day, we came together as a community in this very place to commemorate the Civil War and the 150th Anniversary of the Emancipation Proclamation and to honor 61 men and boys from Woodbridge who served in the Union Army 12 of whom gave their lives.

Today, we along with many other towns across the state, return to remember the victims of the senseless tragedy – 20 students ages 6 and 7 and 6 women educators who tried to protect them who lost their lives in the tragic events of December 14 at the Sandy Hook Elementary School in Newtown. We also gather in sympathy and support of the families of the victims and in support of the first responders and the entire Newtown community.

Woodbridge is a smaller community – but in spirit – similar to Newtown. We treasure our children, support our educators, and are thankful for the diligence of our first responders.

During this past week, I met with Woodbridge Superintendent of Schools, Dr. Guy Stella and Police Chief Gene Marcucci, to review the security procedures at the Beecher Road School. Woodbridge Police Officer Vincent Lynch who is also the DARE Officer will be assigned to the Beecher Road School for the duration of the school year. Dr. Stella has distributed to the parents of the Beecher Road School children information on school security, how the faculty and staff will address the tragic events at the Sandy Hook Elementary School and how parents can listen and talk to their children, and help them express their feelings during this difficult time.

The thoughts and prayers of all the citizens of Woodbridge go out to the people of Newtown with heartfelt sympathy as we all move through this period of grief into a time of healing.

Ours is a country of hope which has a history of facing tragedy and becoming better for it. As we pray for the victims and their families, let us also pray each in our own way for our elected officials both state and federal and encourage them that they may come together to take action that this tragedy will not happen again.

With us this afternoon are Senior Pastor Miles Ahrens of Trinity Evangelical Free Church; Bishop Adam Brinkerhoff of the Church of Jesus Christ of Latter Day Saints; Rabbi Joel Levenson of Congregation B'nai Jacob; Father Gene Gianelli, Pastor of Our Lady of the Assumption; Tom Kenefick, Selectman and Woodbridge Fire Association Chaplain; and Reverend Sarah E. Penn-Strah of the First Church of Christ Woodbridge. They will lead us in prayer and offer words of spiritual guidance.



## STUDENT NEWS

### Area Students Inducted Into Honor Society

Sixty-one academically outstanding students were inducted November 30 into Gateway Community College's (GCC) Phi Theta Kappa Honor Society in a ceremony at the Church Street campus. The mission of the Phi Theta Kappa is to recognize and encourage the academic success of students attending two-year colleges. Members have the opportunity to participate in honors and leadership programs, community service and fellowship programming. Students who are inducted have completed 12 hours of course work while achieving a grade point average of 3.5 or higher.

The following GCC students were among those inducted into the prestigious society Friday evening:

Cochi Shavit, Bethany; Larissa DelVecchio, Milford; Pauline D'Orsi, Milford; Audrey Meyers, Milford; Kyle Rogers, Milford; Steven Schwartzberg, Milford; Luke Schettenhelm, Orange; Paula Warncke, Orange; Michael Boyle, Woodbridge.

GCC congratulates all the inductees.

### Woodbridge Residents Earn Honors at Sacred Heart Academy

Sacred Heart Academy Principal, Sr. Maureen Flynn, ASCJ has announced the Honor Roll for the First marking period of the 2012–2013 academic school year. The following Woodbridge residents were named to the Honor Roll:

- High Honors: Lucy Andersen and Teraesa Vitelli.
- Honors: Julianne Beltz and Isabella Buda.

Academic Honors are awarded at the end of each quarter to students attaining an average of 3.5 or better. Those students who achieve a grade point average of 3.8 or better are awarded High Honors.

Sacred Heart Academy, an independent Catholic college preparatory school founded in 1946 by the Apostles of the Sacred Heart of Jesus, successfully prepares young women, grades 9 -12 for learning, service and achievement in a global society. The Academy has an enrollment of 500 plus students hailing from five counties in Connecticut – New Haven, Fairfield, Middlesex, Hartford and New London.



Founded 1946

Sacred Heart Academy

## From the Superintendent of Schools

By Dr. "Guy" Stella



### English-Language Learners are Part of Diverse School Environments

#### Addressing Their Needs Requires Special Attention

The educational environment throughout US school districts reflects a student population that is increasingly diverse. The Woodbridge School District is no exception and has experienced a significant increase in English-language learners. English-language learners (ELLs) is a term used to refer to learners of English as a second language in mainstream schools.

From 1998 – 2008, the ten years for which figures are available, the total US pre-kindergarten through grade-12 student enrollment increased by about 6%. However, the ELL student enrollment increased more than 50% during that same period. In Connecticut, nearly 30,000 students received ELL services during the 2011-12 school year. In Woodbridge, 16 students are currently enrolled in the ELL program.

The Woodbridge School District recognizes the importance of learning from, and communicating with, people from all over the world. In fact, many students at Beecher Road School have come directly from 13 other countries. The list includes: Canada, China, Germany, Guatemala, Israel, Jamaica, Japan, Mexico, Russia, South Korea, Thailand, Turkey and the UK.

With this in mind, and in accordance with state and federal regulations, the district provides an equal opportunity for all students to receive a suitable program of educational experiences. Beecher Road School (Pre-K – 6) has responded to the language needs of its students by participating in state programs and developing its own comprehensive English-Language Learner program. By following best practices and educational statutes, the program provides instruction in English proficiency and literacy, understandable con-

("ELL" continued on page 17)

## Attention Teachers!

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on in your classroom!  
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or holiday projects.  
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(Parental consent required)

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## Woodbridge Recommits to Expanded Clean Energy Program

As part of a statewide effort to reduce energy consumption and embrace clean energy across Connecticut towns, Woodbridge's First Selectman Ed Sheehy signed the Clean Energy Communities Municipal Pledge, marking the Town's official commitment to improve its energy efficiency and promote the use of renewable energy sources. The Town of Woodbridge was a part of the original Clean Energy Communities program, which was expanded in 2012, and now asks municipalities to demonstrate even stronger support of energy efficiency and renewable energy.

Under the Energize Connecticut initiative, in conjunction with the Clean Energy Finance & Investment Authority (CEFIA) and the Connecticut Energy Efficiency Fund, the Clean Energy Communities program incentivizes Connecticut municipalities who make the pledge and achieve milestones within the program. "We are working towards a greener and cleaner community, and I encourage all businesses and residents to get on-board with this effort," said First Selectman Sheehy.

With Sheehy's signing of the Clean Energy Communities Municipal Pledge in late July, Woodbridge aims to reduce its energy consumption by 20 percent by 2018 and voluntarily purchase 20 percent of its energy from renewable sources by 2018. By achieving success in saving energy and supporting clean, renewable energy, the town will be eligible to earn clean energy systems and grants that can be used toward energy efficiency projects. Under the original Clean Energy Communities program, the town of Woodbridge installed a 5 kW solar photovoltaic system at the Massaro Community Farm and worked with its Regional School District to install a 4 kW array at Amity High School. To-date, Woodbridge is among the 31 Connecticut towns that have signed the pledge.

In 2008, First Selectman Sheehy received a Home Energy Solutions (HES) assessment at his home, a comprehensive in-home weatherization service offered through the Energy Efficiency Fund. By sending a certified contractor to evaluate heating and air conditioning systems, lighting, windows, duct work and appliances, the HES assessment helps Connecticut residents like First Selectman Sheehy to become more energy efficient around their homes. In addition, the contractor makes on-the-spot improvements and provides valuable rebate information on appliances, HVAC systems and insulation. "Once I learned that the Clean Energy Communities program had been expanded to further support energy efficiency and renewable energy, I knew recommitting to the program was the best way to lead our residents towards heightened energy efficiency awareness, especially after my favorable experience with the HES assessment at my home," Sheehy commented.

Clean Energy Communities program administrators, The United Illuminating Company, Connecticut Light & Power and CEFIA, will work with Sheehy and the Woodbridge Clean Energy Task Force to help the town meet the goals laid out in its Comprehensive Energy Plan and in the Clean Energy Communities Municipal Pledge. For more information on the Clean Energy Communities program, towns are encouraged to visit [www.ctcleanenergy.com/communities](http://www.ctcleanenergy.com/communities). To learn about energy efficiency or clean and renewable energy programs through the Energize Connecticut initiative, please visit [www.EnergizeCT.com](http://www.EnergizeCT.com) or call 1.877.WISE.USE. To keep up-to-date on the latest energy-efficient conversation happening in Connecticut, visit our Facebook page at [www.facebook.com/energizect](http://www.facebook.com/energizect).

## Have Breakfast with the "Cat in the Hat"

A "Green Eggs and Ham" family breakfast will be served at the Knights of St. Patrick, 1533 State Street, New Haven from 9 am to noon. Cost is \$9 adult; children \$6 and will feature door prizes, kid games, story time, face painting plus the family breakfast of green eggs and ham and green pancakes! Ticket price will be reduced by \$1.00 if a new/or gently used book is brought for donation to "New Haven Reads". All children must be accompanied by an adult. Come dressed in costume for a special prize.

For tickets, email [events@stpatricksdaysparade.org](mailto:events@stpatricksdaysparade.org) or visit [stpatricksdaysparade.org](http://stpatricksdaysparade.org). This event will benefit the March 10 St. Patrick's Parade in New Haven.

*("From Our Readers" continued from page 6)*

Other members of our community who contributed greatly to the success of this project are Amy Sampson, Mark Kehlenbach, Chuck Cabe, Al Green, Alan and Nancy Monelli, Kris Sullivan, Ray Pantalone, Commander Al Mayer and many scouts and local veterans.

It is heartwarming to see that our community continues to value military service and respect for the symbol of our American values, the flag.

Respectfully,

*Veterans of Bethany/Woodbridge VFW Post 2448*

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# Wine Talk

With Ray Spaziani

## The Ancient Greeks Called Italy Oenotria, the "Land of Wine"



In Italy, making wine is so utterly natural it almost seems instinctive. Grapevines grow everywhere; they are Italy's version of the American lawn. There is simply no region, no district, no cranny of the country that does not produce wine. The numbers are unbelievable: 900,000 registered vineyards are scattered throughout Italy's twenty regions. From these vineyards come a dizzying number of wines based on more than a thousand documented grape varieties. This number of wines can seem incredible, especially if your wine experience revolves around a half dozen chardonnays and Cabernet.

Many Italian wines are just simple quaffing wines and scores of others are consumed almost entirely in or near the villages where they are made. The Italian wines that international wine lovers get excited about come from a few major areas. These include Piedmont, Tuscany, and the three northeastern regions known as Tre Venezie. There are several other wine regions such as Lombardy where sparkling wines are predominant. Liguria where the Italian Riviera is located and this is home to white wines that are paired with fish dishes. Emilia-Romagna is where Lambrusco is produced and Umbria is home of the wonderful dry Orvieto. So much wine is drunk in Umbria that when one drinks too much in Italy they are known as Umbriagone's. (Like those from Umbria.) Abruzzo is known for soft, thick reds as Montepulciano d'Abruzzo that are paired so well with pasta dishes.

In many parts of the world wine is linked with food. The American Wine Society has fervently insisted upon this and has made great inroads here in the United States relative to this pairing. In Italy wine and food are fervently wedded. Wines that are considered lean and tart or too tannic to some Americans are highly appreciated in Italy because they can slice through the flavors of Italian foods. Burton Anderson who wrote The Wine Atlas of Italy indicated in Italy there is a "holy trinity" of breads, wines and olive oils (The Santa Trinita Mediterranea). This is the heart of the Italian meals. If someone drinks too much wine in Italy the Italians don't say he has drunk too much, they say he hasn't eaten enough yet!

Italian wines can vary substantially in flavor, texture, and body even when being compared to the same types of wines. Two Chiantis from estates less than a half mile apart can taste remarkably dissimilar. Some of this is due to differences in wine making techniques. Many ancient traditions are maintained in Italian wine making and yet there are extremely sophisticated modern methods being used as well. Also, Italy is loaded with different micro climates that have a powerful influence on the character of any given wine.

The United States is one of the few places in the world where Italian wine varietals are grown. Tonight I just moved five gallons of Sangiovese from a stainless steel tank in my garage to an oak barrel in my basement. The grapes were grown in Susan Valley about a mile outside of Napa and, although quite young, I can already tell the layers of flavors and the finish is quite remarkable. I know I will be pleased with the result. My wine buy of the month is Cantina Zaccaroni. It is a Montepulciano d'Abruzzo and at Costco you can get it for \$14.99!! It is a great buy and if you go to Wooster Street in New Haven and find some good olive oil and some nice crusty fresh hot Italian bread, it would be a wonderful Mediterranean treat! You will be glad you did!

Ray Spaziani is the Chapter Director of the New Haven Chapter of the American Wine Society. He teaches wine appreciation classes at Gateway Community College, and is a member of the International Tasting Panel of Amenti Del Vino and Wine Maker Magazine. He is an award winning home wine maker. Email Ray with your wine questions and wine events at Ray.Spaziani@gmail.com.

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**Amity Teen Center Receives Donation from ConnectiCare**

The Amity Teen Center received a check from ConnectiCare through the Neighborhood Assistance Act. Since the Teen Center is a 501 c 3, non-profit, a Connecticut corporation can make a donation and receive 100% tax credit as long as the money is used for energy conservation. The Teen Center will be using these funds to have solar panels installed along with our new roof.



**Woodbridge Rotary Presents AED Defibrillator**

Recently, the Woodbridge Rotary Club donated an AED Defibrillator to the Town of Woodbridge to be placed in the second floor of the Center Building. Pictured from left to right is First Selectman, Edward Sheehy, Mike Marganski AMR-Woodbridge Medic Heartsafe Community Liaison, and Andy Skolnick, Past President of Woodbridge Rotary Club presenting the AED Defibrillator.

**Orange Lions Club Hosts Annual Wine and Beer Tasting Event**

Forest Package Store in West Haven will sponsor the Orange Lions Club Wine and Beer Tasting on Friday, January 18th from 6:30-8:30 p.m. at High Plains Community Center in Orange. This fundraiser will benefit programs for blindness aid and prevention and eye research, as well as community needs. Light hors d'ouerves will be served along with entertainment by Craig Calistro.



Tickets are \$25 in advance and can be obtained through any Orange Lions Club member, at Forest Package Store on Forest Road in West Haven (across from St. Lawrence Cemetery), or by calling Chairperson Marianne Miller at (203) 795-3906. Tickets will be available at the door.

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**The Garden Bug**

**Snow on evergreens**

Use a broom in an upward, sweeping motion to brush snow from evergreens as soon as possible after a storm. Heavy snow or ice can severely damage branches.

Source: lancaster.unl.edu





# TOWN DEPARTMENTS & AGENCIES

## From the Youth Services Director *By Nancy Pfund*



### Fun Fitness Cooking with Donald Stankus Jr.

**Learn to cook and gain a recipe for lifelong healthy living!**

Learn how to cook in a hands-on, fun environment! Woodbridge Youth Services will offer this very popular class for a second 10 week session. The class will be held in the kitchen at Amity Middle School, Bethany campus after school on Tuesdays from 2:25-3:55pm. Class is limited to 12 participants. New students will receive a notebook with recipes, nutrition and food safety information, a glossary of techniques and terms and an apron. No recipes from the first session will be repeated. Students will enhance basic skills and make healthy and nutritious food. Students will learn about foods from different cultures as well as important nutritional information and healthy substitutions. This is a great after school activity!

A materials fee of \$100.00 per student must be paid in advance to Woodbridge Youth Services. A discount is available for siblings and returning students. Financial assistance is available for qualifying families. Class will begin Tuesday, February 5th and run through April 30th with a make-up date of May 7th, 2013. For more information or to sign up, please call Youth Services at 203-389-3429 or email youthone@woodbridgetown.org.

### Babysitter Training Course

Woodbridge Youth Services is offering a 2-day Babysitter Training Course on Tuesday, February 19, 2013 and Wednesday, February 20, 2013 from 9:30 a.m. to 1:30 p.m. to residents 12 through 16 years of age. An American Red Cross-trained facilitator will offer instruction in Leadership, Basic Care, Safety, and Basic First Aid. Students will receive an American Red Cross Babysitter's Handbook, a DVD, and Certificate of Completion.

The fee for the class is \$60.00. The session will be held in Room 16 (second floor) of the Woodbridge Center Building, at 4 Meetinghouse Lane. Registration is limited to the first 10 applicants who apply. Call Woodbridge Youth Services at 203-389-3429 to register today! Non-residents will be placed on a wait list until one week before the class. See website for more information at www.woodbridgetown.org.

In case of inclement weather, view closings under Woodbridge Youth Services on News Channel 8.

### Woodbridge First Selectman's Youth Award Nominations Sought

Woodbridge Youth Services, in collaboration with First Selectman Edward Maum Sheehy, is seeking nominations for the First Selectman's Youth Award. The annual award will be presented to a deserving young Woodbridge resident at the Human Services Department's Annual Volunteer Tea on Thursday, May 9, 2013.

The First Selectman's Youth Award, recognizes any youth (age 18 or under) who, individually, or as a member of a group, has demonstrated positive actions to improve the quality of life in Woodbridge or to assist Woodbridge residents.

Volunteer agencies, neighbors, group leaders, teachers, principals, counselors, and fellow students are among those who may nominate a youth for consideration. Parents and relatives may not nominate family members.

For nomination forms online, go to www.woodbridgetown.org, and see Youth Services under "Departments", or call 203-389-3429 for more information. Please submit nominations to Woodbridge Youth Services at 11 Meetinghouse Lane, Woodbridge, CT 06525, by Friday, March 8, 2013.

### Digital Photography for Teens with Instructor Luciana McClure for Amity Middle School Students in Bethany

Woodbridge Youth Services is offering a second session of digital photography for students who want to get the most out of their digital cameras and improve their photographic skills as well as for those more experienced students who want to enhance their skills. The class will be offered on Thursday afternoons in the computer lab (Rm.28) at the Amity Middle School-Bethany from 2:25pm-3:55pm.

The course will cover camera basics while working through creative assignments on composition, natural and artificial light and color. Students will work in Adobe Photoshop in the computer lab learning professional techniques to maximize their photography. Participants will print their best photos each week to build their portfolios.

Weekly projects will allow plenty of time for experimentation. If a student does not have access to a camera, arrangements may be made.

Learn about the many careers in photography: Photography professionals fill our world with the images that convey sheer beauty, raw emotion and fluid

action as they inform, entertain, persuade, and sometimes shock us. They're artists and journalists; they work in studios and on mountaintops; they constantly find innovative ways to tell stories, one frame at a time.

A class fee of \$80.00 per student must be paid in advance. A discount is available for siblings and returning students. Financial assistance for qualifying families may be arranged. Class will begin Thursday, February 14th and run through May 9th. For more information or to sign up please call Youth Services at 203-389-3429 or email youthone@woodbridgetown.org. We must have a minimum enrollment of 6 students in order to run this class.

Learn to get the most out of your digital camera and be ready to shoot when the decisive moment occurs!

## Town of Woodbridge

### Meetings Schedule: January 22-February 27

(Subject to Change, Check with Town Clerk's Office, 203-389-3422)



Town Hall

|      |   |                  |
|------|---|------------------|
| 1/22 | Woodbridge Board of Education.... 7:00pm  | Beecher School N |
|      | Spec Twn Plan & Zoning Comm... 7:00pm     | Town Hall        |
|      | Government Access TV Comm ..... 7:15pm    | Town Hall        |
| 1/23 | Board of Selectmen..... 6:00pm            | Town Hall        |
| 1/24 | Operating Budget Presentations.... 7:00pm | Town Hall        |
| 1/28 | Recreation Commission ..... 6:00pm        | Beecher School S |
| 1/29 | Operating Budget Presentations.... 6:00pm | Town Hall        |
| 1/31 | Operating Budget Presentations.... 6:00pm | Town Hall        |
| 2/4  | Human Services Commission..... 7:00pm     | The Center       |
|      | Town Plan & Zoning Commission 7:30pm      | Town Hall        |
| 2/11 | Fire Commission ..... 6:00pm              | Fire Station     |
|      | Zoning Board of Appeal..... 7:30pm        | Town Hall        |
| 2/13 | Board of Selectmen..... 6:00pm            | Town Hall        |
|      | Inland/Wetlands Agency ..... 7:30pm       | Town Hall        |
| 2/21 | Board of Finance ..... 6:00pm             | Town Hall        |
|      | Conservation Commission..... 7:00pm       | Town Hall        |
| 2/25 | Recreation Commission ..... 7:00pm        | Beecher School S |
|      | Woodbridge Board of Education.... 7:00pm  | Beecher School N |
| 2/27 | Board of Selectmen..... 6:00pm            | Town Hall        |

Please Note: Meetings are subject to cancellation and/or change. Please contact the Town Clerk's Office for updated information.

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Online version of Woodbridge Town News

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# WOODBIDGE LIBRARY



*Holiday Closings: January 21st*

## Programs for Adults

To register for adult programs, or for more information, please call 203.389.3433, or email [vpalsecchi@woodbridgect.org](mailto:vpalsecchi@woodbridgect.org).

### Art Exhibit - Opening Reception

January 2013 Exhibit by: Margot Rocklen. Saturday, January 19th from 2:00 pm to 4:00 pm. Printmaker Margot Rocklen will host an opening reception in the Meeting Room of the Library. Refreshments will be served, and all are welcome to stop by and view the beautiful exhibit and speak with Margot!

### Five Minutes to a Better World: Simple Meditation Techniques

Tuesday, January 29th @ 7:00 pm (snow date: January 30th)

We are starting off 2013 by welcoming MJ Stevenson back for another fabulous and fun talk about meditation -- she will be sharing all sorts of new things that she's learned in the last year. Join us for an uplifting and fun discussion to learn why meditating for even five minutes a day will shift your whole life toward the positive. We're not just talking about sitting cross legged and chanting om! Learn how to easily and quickly give your brain a break from all those nattering worries and concerns, no matter where you are. Get ideas for the perfect meditation habits for you, and go home with a smile on your face! This free program is open to the public -- registration is required.

### Japanese Woodblock Printing Workshop with Margot Rocklen

Saturday, February 16th from 10:00am to 4:00pm. Printmaker Margot Rocklen will lead this all-day Japanese Woodblock Printing workshop. Participants will have an introduction to the history and tradition of Japanese woodblock



printing, and samples of prints made in the Japanese woodblock and Western woodcut styles will be available for comparison. There will be a demonstration of the "moku hanga" process, including preparation and transfer of the image to the woodblock, carving the block, preparing inks and paste, applying the water base inks, and printing with a bamboo baren. Inks, papers, wood types, specific tools and their uses, and paper registration will be

discussed. Participants will design a composition for their own print and will cut and print their blocks, using several inking techniques, different types of Asian papers, and the traditional kento method of paper registration. Class size limited to 10 - please register in advance. \$20 Materials fee required.

## Programs for Children

To register for children's programs, or for more information, please call 203.389.3439, or email [childrensprogram@lioninc.org](mailto:childrensprogram@lioninc.org).

### NEW STORYTIME!

#### Read and Grow! for toddlers & preschoolers

Wednesdays @ 5:00pm. Join us for Read and Grow, our new weekly program featuring stories by favorite picture book authors and music to send you home singing! This is a weekly drop-in program and no registration is needed.



### Chemfun (for grades K-3)

Saturday, January 19th @ 2:00pm. Calling all budding scientists! Learn real chemistry! Join us for a special hands-on chemistry lab where you'll build a chromatography chamber, play with polymers, make your own silly putty...and gum drops! Space is limited - advance registration is required.

### Ten Plus Art (for ages 10 and older)

Wednesday, January 23rd @ 6:30pm. At this month's session of 10 + Art, you'll create your own rubber band powered car! Make a rubber band powered car made from recycled items. Advance registration is required.



### Super Bowl Sunday Program!

Johnny Peers & the Muttville Comix Canine Comedy Show (for all ages). Sunday, February 3rd @ 2:00pm in the Center Gymnasium. It's time for our annual Super Bowl Sunday program! Johnny Peers is a Ringling Brothers Clown College graduate and has been working with shelter dogs since he got his first puppy in 1972. Since their 1980 debut, the Muttville Comix have appeared on David Letterman, at the Big Apple Circus, even The White House! This event is free and open to the public - all are welcome to join us! This program will be held in the Center Gymnasium.

### Flow Circus (for ages 4 and older)

Friday, February 22nd @ 2:00pm. Join us for a spectacular juggling and magic show with Paul Miller. A trip to the circus inspired him to visit his library to learn more about juggling, which led to balloons, magic, and the history of the circus. Space is limited - advance registration is recommended.



## Programs for Teens

To register for teen programs, or for more information, please call 203.389.3439, or email [wbrjustaff@lioninc.org](mailto:wbrjustaff@lioninc.org).

### Teen Book Discussion Group

Saturday, January 26th @ 3:30pm. Have you read anything worth talking about lately? Come to our new Woodbridge Town Library teen book discussion group to chat with others about what you've been reading. This discussion will be tailored specifically for high school readers. It will be Reading Rainbow all grown up! Registration is requested.



## Film Screenings

All film screenings begin @ 7:00pm in our Meeting Room. Screenings are free, open to the public, and seating is on a first come, first served basis.

- January 24th - To Rome with Love [rated R]
- January 31st - The Queen of Versailles [rated PG]
- February 7th - NO FILM SCREENING
- February 14th - The Late Quartet [rated R]

## Art Exhibit

The Woodbridge Library is proud to present the art of Margot Rocklen during the months of January & February. Margot Kurzrok Rocklen began making prints at Carnegie Mellon University, where she majored in Graphic Design. She studied printmaking at the Tyler School of Art in Rome, Italy, and wrote a Masters Thesis entitled "The History of Monotype and its Role in Contemporary Art". She is a member of the arts faculty at Gateway Community College, and has been teaching courses at the Cooperative Arts and Humanities Magnet High School in New Haven.

Margot's printmaking techniques include: intaglio, monotype, Japanese woodblock, photosensitive polymer plates, and viscosity color printing. Her recent mixed media work often combines drawn, painted, collaged or digital imagery with printmaking. She prints by hand or intaglio press in her home studio, and exhibits her work in individual and selected group shows. Margot has curated exhibits for the Printmakers' Network, and coordinated Network demonstrations and workshops. This exhibit is free and open to



the public. All are welcome to visit.

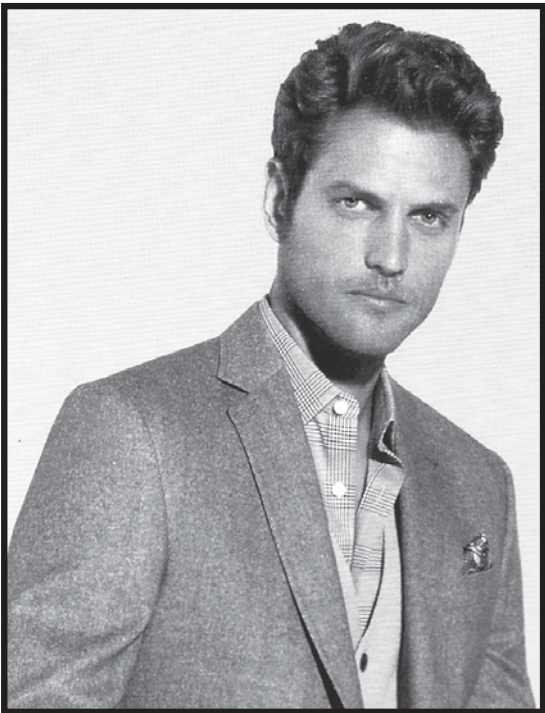
Artist Reception; All are invited Saturday, January 19, 2013 2:00pm - 4:00pm.

## Bookstore Hours

Mondays: 10:00am to 1:00pm; Tuesdays: 10:00am to 1:00pm and 4:00pm to 6:00pm; Saturdays: 10:00 am to 1:00pm



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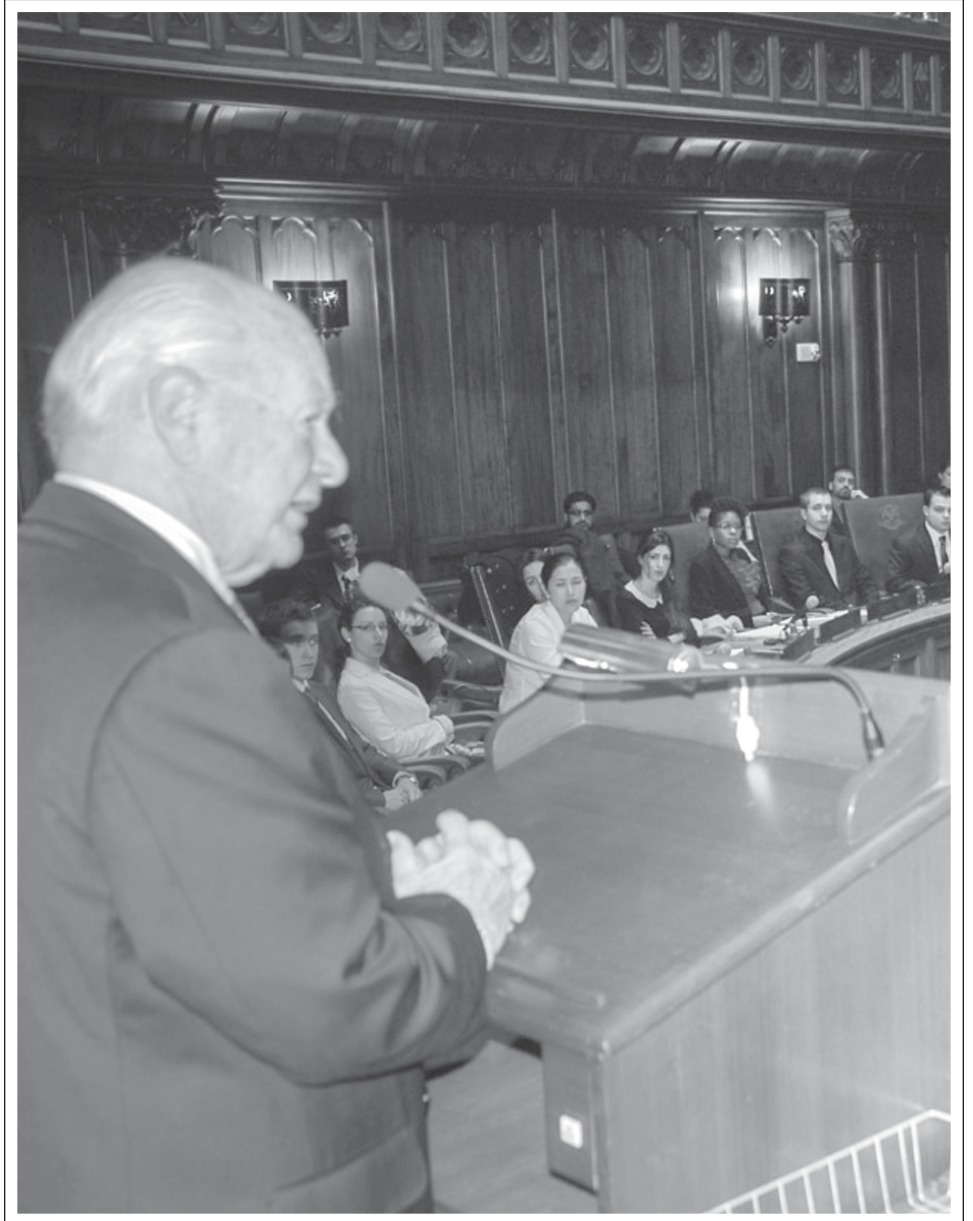
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## From Your State Senator

With Joseph Crisco



State Senator Joseph J. Crisco, Jr. (D-Woodbridge), at dias, speaks to new legislative interns in the Senate Chamber Thursday, January 10, 2013. Senator Crisco is a newly appointed co-chair of the Internship Committee; he said the legislature's internship program provides an ideal opportunity for college students to learn about the legislative process.

## Crisco Re-Appointed to Co-Chair Committees

Hartford – State Senator Joseph J. Crisco, Jr. (D-Woodbridge) has been re-appointed by Senate President Pro Tempore Donald E. Williams, Jr. (D-Brooklyn) to serve as Senate Chair of the legislature's Insurance and Real Estate Committee. This will be Senator Crisco's fifth term at the helm of the committee; Senator Crisco will also co-chair the legislature's Internship Committee for this new, two-year period.

"I'm grateful to Senator Williams for his continuing faith in my ability to deliver sound policy initiatives and legislation for the people of Connecticut with regard to the insurance industry and real estate matters," Senator Crisco said. "I'm very proud of my committee's track record over the past few years, for example with improved policies to help those with breast cancer, autism, diabetes, and Alzheimer's disease. I look forward to continuing my work on these issues.

"Among the many policy issues I plan to address this session, I want to enact a new law to help patients and families afflicted with Pediatric Autoimmune Neuropsychiatric Disorder Associated with Streptococcal Infections (PANDAS), which seems to be caused by strep or other infections, when antibodies made to fight the infection mistakenly attack instead the portion of the brain the controls thought and muscle function," Senator Crisco added.

Senator Crisco said Connecticut is perched at a particularly important crossroads as the next term for the General Assembly begins. "Recent and very significant changes will imminently affect Connecticut residents in terms of health care coverage - the federal Affordable Care Act will require state-level administration of its implementation. Thankfully, Connecticut is already well-positioned to incorporate these new federal healthcare policies," Senator Crisco said. "With so many changes in such a challenging climate, this is both an exciting and critically important time to be working in this policy area."

In addition to his ongoing responsibility for the Insurance and Real Estate Committee and new responsibility for the Internship Committee, Senator Crisco was re-appointed vice-chair of both the Banking Committee and the Commerce Committee. Senator Crisco will also continue serving on the Legislative Management Committee and the Executive and Legislative Nominations Committee.

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## Woodbridge Artist's Paintings on Exhibit at Yeshiva University Museum

By Melissa Nicefaro – Woodbridge Town News Correspondent

By day, Woodbridge resident David Gelernter is a computer science professor at Yale. By night, he is a painter whose art is currently displayed at New York City's Yeshiva University Museum. "I'm not a technologist who moonlights in painting, just the opposite. I'm a painter who moonlights in tech," he says. He calls art his true calling. "Art has always been the center of my life," he says.

Yeshiva University Museum, near Union Square, is presenting the first museum exhibition of Gelernter's word paintings, based on phrases from the Hebrew Bible, Jewish liturgy and other sources, along with an arresting series of monumental new works based on Christian tomb sculpture, which capture portraits of the great Hebrew Biblical kings. The exhibit, *Sh'ma/Listen: The Art of David Gelernter*, features 27 paintings and 2 drawings in acrylic, oil, pastel, aquarelle (water-soluble crayons), liquid iron, and gold and metal leaf. Yeshiva University Museum has also produced a short documentary for the exhibition. In *Sh'ma/Listen*, by filmmaker Oren Rudavsky, Gelernter addresses his obsession with and drive to be an artist, and also challenges some commonly accepted conceptions about Jewish and Christian art.

In the video, viewable at <http://vimeo.com/yumuseum/gelernter>, he explains: "There's no more fundamental drive in Judaism than the drive to be beautiful. It is intrinsic to Judaism, and it has to propel the art of Judaism, which is properly at the head-of-the-table of Western art. This is where the idea of Christian and, thus, of European art emerged from; and Jewish art needs to be bold enough to take the lead."

In the film, Gelernter also speaks about how the 1993 Unabomber attack that left him critically injured nearly left him unable to paint. "One of the most troubling things for me was...I thought I'd never be able to paint again. But doctors and nurses told me, 'It's all in your head'. And it's true. Sometimes the reassuring things people tell you are true." After the attack, he learned to paint with his left hand.

Gelertner lists among the artists he admires Joseph Cornell, Stuart Davis

and Mark Rothko. "De Kooning, Matisse and Giacometti matter more to me than any other artists of 'modern times'. Of contemporary artists, alive and working today, Makoto Fujimura and Ilana Lewitan are two I watch with particular interest," he shares.

Gelertner says these are not good times for painters and he calls himself lucky to have grown up in the 1960s, "when the major painters of the NY School were mostly still active, Giacometti and Picasso and Jasper Johns were still active, and Matisse, Pollock and other major figures hadn't been dead long.

"Today we're in the middle of trying to rebuild painting after the academics took over in the 1980s and made a mess of everything with their idea of 'conceptual art' meaning mainly trite political 'concepts' instead of art," Gelertner says. From a very young age, Gelertner has been entranced by color. "In the right context and combinations, color has the sensuous beauty of a lovely melody and of many other things that appeal to the senses," he says.

Gelertner was approached by Jacob Wisse, curator of the YU Museum, after he was influenced by a series of pieces Gelertner published in *Commentary* about the visual themes of Judaism. Wisse, an art historian whose specialty is the Northern Renaissance, had been eager for ways to understand the Jewish invention of Christian art, and the ways Jewish painters take back some of the ideas that were taken by Christian art from Judaism in the first place. "My paintings try to be beautiful and try to create sanctity (or at least a small, sacred space); like any paintings, they succeed or fail in visual terms, for visual reasons," Gelertner says.

Gelertner is a former member of the governing board of the National Endowment for the Arts. His writings on art – from Medieval European to New York School and modern American architecture – have appeared in *ArtNews*, the *New York Times*, the *Wall Street Journal*, *The Weekly Standard*, and *Commentary*, among other publications. He also wrote a book, *Judaism, A Way of Being* (Yale, 2009).



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**Inspiration for Your New Year's Resolutions  
Chantel Malin of Woodbridge**

This month, we challenge ourselves with resolutions to do better this year in some aspect. While we're thinking about exercising more and helping others (two of the most frequent New Years resolutions), we have to wonder what Chantel Malin of Woodbridge will do in 2013...

Chantel joined the 2012 Connecticut Susan G. Komen Ride for the Cure as part of the Blackhorse Equestrian Center team. For the past three years, the Blackhorse Team has been raising funds to fight breast cancer, and this year, Chantel qualified to ride. She's 12 years old.

Not satisfied with qualifying to ride and raising just enough donations to participate, Chantel led the way in fundraising, not just for her teammates, but for the entire Ride. Chantel, in her first year of participation, earned Platinum Rider honors as the top fundraiser, bringing in over \$2,800 for the battle against breast cancer. At the lunch at Twisted Tree Farm following the Ride, Chantel relaxed with her teammates and tried to deflect attention from her achievement to that of her entire team and the work done by the many volunteers at Susan G. Komen.

To learn more about the Ride for the Cure and the Connecticut Susan B. Komen Foundation, go to <http://www.komenct.org>.



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State Senator Joseph J. Crisco, Jr. (D-Woodbridge), right, honors the 100th anniversary of the Jewish Community Center in Woodbridge on Wednesday, January 2, 2013, alongside JCC Chief Executive Officer Scott Cohen, 2nd from right, JCC Director Shelley Gans, 2nd from left, and state Representative Themis Klarides (D-Derby), who presented a formal citation from the Connecticut General Assembly. The mission of the JCC 'is to facilitate total wellness through programs that stimulate mind, body, and spirit;' it broke ground for its Woodbridge facility in 1991 and dedicated its building there in 1993.

("ELL" continued from page 7)

tent area instruction in all core areas (especially in Language Arts, Math & Science), and guidance in adapting to American schools, culture, and society.

To develop the use of English in both academic and non-academic settings, students at BRS have access to an ELL teacher who provides them with basic English language instruction. The ELL teacher collaborates with classroom teachers to assess student needs and monitor progress. Classroom teachers participate in professional development activities that help guide their instruction and interaction with ELL students. As students' interpersonal communication skills improve, subject area specialists provide additional support to develop their reading and writing skills.

ELL students participate in school activities such as physical education, music, art, chorus and band. This fosters effective communication in social settings and appropriate cultural behaviors. In addition, they are involved in structured and non-structured playgroups, after-school programs, summer programs, and community-based recreational activities.

In order to provide the ELLs with an educational program that addresses the objectives defined by the state of Connecticut, the school has developed a team approach to instruction. The team includes a state-certified ELL teacher, classroom teachers, language arts and math specialists, technology staff, speech and language specialists, school psychologists, building administrators, and community resources. This group meets on a regular basis to identify and discuss the educational needs of each ELL student. The goal is to create an individualized support program for each ELL student.

**Beecher Road School Race/Ethnicity: November 2012**

| Race/Ethnicity                            | Percent at BRS |
|---|----------------|
| SINGLE RACE:                              |                |
| Asian                                     | 16.0%          |
| American Indian/ Alaska Native            | 0.3%           |
| Black or African American                 | 3.0%           |
| Hispanic or Latino                        | 4.3%           |
| Native Hawaiian or other Pacific Islander | 0.7%           |
| White                                     | 74.6%          |
| TWO OR MORE RACES:                        |                |
|   | 1.1%           |

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## ARTS & LEISURE

### Iddi Saaka Performed at Amity Middle School

On Wednesday, December 5th, grade 7 students were enthralled with a performance by Iddi Saaka from Gonja ethnic group of northern Ghana, Africa. His performance is entitled Soro-Bindi. It was an exciting, interactive performance that incorporated traditional Ghanaian dances, song, stories and explanations of Ghanaian culture. Students seemed to be spellbound by Iddi's skillful dancing ability. They thrilled at the chance to go on stage and perform with him!

Iddi Saaka was brought to our school with a generous grant from the Jamie A. Hulley Arts Foundation. This grant was written by grade 7 social studies teachers and the media specialist. Entitled African Influences, it is an attempt to expose students to a different culture so that their study of Africa in social studies will be enriched.

### SATURDAY, JANUARY 19th Performance

To benefit the Jamie A. Hulley Arts Foundation

8 pm at Lyric Hall, 827 Whalley Avenue, New Haven  
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### Orange Players to Perform the Comedy "The Cemetery Club" by Ivan Menchel

The Orange Players present the comedy THE CEMETERY CLUB on January 25, 26, and February 1 and 2 at the High Plains Community Center. The show will offer cabaret-style seating so bring your own food and beverage of choice. No set-ups are provided. The doors open at 7:15 p.m. for your convenience with the show beginning at 8:00 p.m.

Our director, Leo Meyer, is not a stranger to theater and many aspects of the stage. He was longtime owner of Atlas Scenic Studio, designing and producing sets for many great Broadway Shows and touring companies. Assisting Leo with the directing is the President of Orange Players, Pat Miller.

"The Cemetery Club", by Ivan Menchell, was first performed at Yale Repertory Theatre. Subsequently, it was produced at The Cleveland Playhouse, the JFK Center for the Performing Arts, and at the Brooks Atkinson Theatre on Broadway. It is a comedy, involving four women and one man, all of "a certain age", and is set in New York. Three Jewish widows meet once a month for tea before they visit their husbands' graves—Ida (played by T.J. Chila), sweet tempered, ready to begin a new life, Lucille, (played by Dawn Reiss Mellilo) feisty and fun-loving and Doris (played by Mallie Massaro), priggish and judgmental. When Sam the butcher enters the scene (played by Paul Templeton) and meets the widows as he visits his wife's grave, Lucille and Doris squash a budding romance between Ida and Sam. They become guilt-stricken when this nearly breaks Ida's heart. A fourth woman, Mildred (played by Barbara Stolarik), makes an appearance in the second act as Sam's date. Oh no! Well, you will just have to call the box office at (203) 988-5335 for tickets (\$20 each) to know the rest! If you have any questions or need further information, call Marianne Miller, the show's producer, at (203) 795-3906.

### Registration Open for "MAKE.ART.WORK"

Registration is now open for Make.Art.Work., a new six-month comprehensive professional practice program for Connecticut visual artists, presented by The Arts Council of Greater New Haven, Cultural Alliance of Fairfield County and the Greater Hartford Arts Council with support from the Emily Hall Tremaine Foundation.

The first of eight workshops titled "Goal Setting and Career Planning" will be presented on January 28th in New Haven. The workshop will also be presented on January 29th in Hartford and on January 30th in Fairfield. Registration and information is available now at [www.MakeArtWork.org](http://www.MakeArtWork.org).

Over the course of the program, artists will learn to strengthen their ability to set and achieve career goals, increase their business knowledge and entrepreneurial skill set, and develop a network of peer artists to foster continual career support. Participants will have access to eight workshops presented January through June 2013. Each workshop will be presented in New Haven, Fairfield, and Hartford. Participants may choose one workshop or register for the series. Individual workshops are \$28 each or artists may join the Artist Cohort program by registering for all eight workshops for \$170, a savings of \$54, and receive bonus benefits.

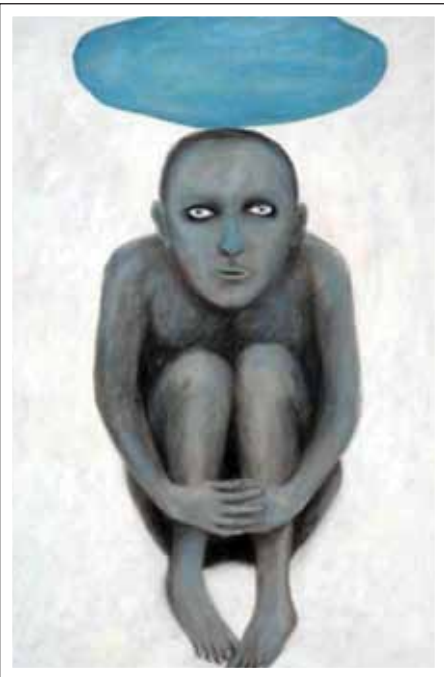
The "Goal Setting and Career Planning" workshop will address the art of setting SMART goals (specific, measurable/meaningful, attainable, relevant, timely) and will be taught by creative career coach, Jane Pollak ([www.jane-pollak.com](http://www.jane-pollak.com)), author of Soul Proprietor. Participants will gain the know-how to successfully set short and long-term goals that create meaningful results, moving closer to career goals as artists. During this workshop, artists should expect to create a one year goal; structure the calendar year to reflect that purpose by using mind maps; commit to a long-term goal and establish the map to its achievement. If you are actively showing and selling art work in pursuit of a professional career as an artist, then this series shows you the steps that will get you where you want to go.

The full-series will consist of six workshops taking place on weeknight evenings and will be two and one-half hours in length. The remaining two workshops will be held on a single Saturday, with both morning and afternoon sessions. Other workshops will include topics such as marketing and legal issues. Artists may choose to attend sessions at either Fairfield University, University of Hartford or University of New Haven. Enrollment in Make.Art.Work. workshops is limited to ensure each participant's individual artistic needs are met.

For more information, visit [www.MakeArtWork.org](http://www.MakeArtWork.org) or contact project coordinator Jeannie Thomma at [Jeannie@makeartwork.org](mailto:Jeannie@makeartwork.org).



## ARTS & LEISURE



### Kristina Küster-Witt to Exhibit at the Kehler Liddell Gallery

Blue Matters: Kristina Kuester-Witt and John Harris share the subjects of blue and matter, in two distinct exhibitions. The works are on view at the Kehler Liddell Gallery, 873 Whalley Avenue, New Haven (203-389-9555 or [www.kehlerliddell.com](http://www.kehlerliddell.com)) from January 10 through February 3, 2013.

Kristina Kuester-Witt's primary art form is painting, mostly in oil, evolving around the human figure. Over the past couple of years she started transforming elements of her paintings into prints using a transfer technique called paper-lithography. She also paints on her prints occasionally, creating a new tension due to the layering in this mixed media process. Her imagery has its own clarity and subtlety but at the same time addresses a world of uncertainty, complexity and obscurity.

Küster-Witt received her Masters at the Academy of Visual Arts in Karlsruhe, Germany in 1995, where she studied under the tutelage of influential artist Peter Ackermann. She received an E.U. scholarship at the Royal Academy of Fine Arts in The Hague, Netherlands in 1992. She was awarded 3 consecutive fellowship grants from Foundation STROOM in The Hague in 1995, '96 and '97. In 1999 she was granted a residency and stipend at Lake of Constance, Germany. She also received a prestigious Art Prize from Sparkasse Karlsruhe in 2000. In the U.S. she was the recipient of a CT Commission on Culture & Tourism Artist Fellowship Grant for 2010.

Her paintings have been exhibited in numerous solo and group shows in museums and galleries in Germany and the Netherlands. In the U.S. her work has been included in several notable exhibitions, including the Art of the Northeast at Silvermine Arts Center; The Northeast Prize Show at the Cambridge Arts Association, MA; Artspace New Haven, CT; Ridgefield Guild of Artists, CT; Prince Street Gallery, New York; Soho 20 Gallery, New York, The Gallery at Whitney Center, Hamden, CT and many more.

She currently lives and works in Woodbridge, Connecticut; represented by Kehler Liddell Gallery, New Haven, CT and Silvermine Arts Center, New Canaan, CT.



### The Arts Council of Greater New Haven Presents "Web Versions"

The Arts Council of Greater New Haven is pleased to announce Web Versions, its second show at Perspectives...The Gallery at Whitney Center, 200 Leeder Hill Drive, Hamden, Connecticut, south entrance. An artist reception will take place on Saturday, February 23rd from 2 to 4 p.m. There will be an artist talk at 1:30 p.m. and origami artist Benjamin Parker will be demonstrating his unique paper tessellations process.

Web Versions was curated by Debbie Hesse and Steve Olsen. According to Hesse, "While the title Web Versions suggests the online realm of virtual interconnectedness, this exhibit explores ways artists embrace the low tech, often labor-intensive material world to present meditations on the passage of time."

Artwork in the show, diverse in media, by Sean Boggs, Kevin Daly, Sarah Beth Goncarova, Mary Judge, Benjamin Parker, Suzan Shutan, Marjorie Sopkin and Thomas Stavovy, share a fascination with repetitive pattern, scale and color to reference traditions of textiles.

Boggs' oversized, swirling, bulls-eye wall sculpture, constructed from fake fur and googly-eyes, creates a compelling optical illusion. Googly-eyes, a simple craft supply that evokes childhood memories of toys, dolls and school craft projects, serve as a module to create an abstract, mandala-like motorized object that turns 360 degrees so slowly that only a few sections of googly-eyes gently flicker at a time.

Geometry plays a role in the paintings on view by Kevin Daly, who orchestrates brilliantly colored, hard edge abstract shapes that are slightly off kilter to confound perceptions of order and space.

Goncarova, in her large-scale textile sculptures, turns piles of muted, monochromatic, painted, ripped up canvas, thread, and beads into cavernous, organic topographies. These works, titled by the month(s) they were made, emphasizing the amount of time she spends creating each piece.

Mary Judge combines dry pigment and stenciled pinhole patterns in her mandalas, a process she adapted from Renaissance painting transfer techniques, that are both restrained and complex.

Benjamin Parker takes the craft of origami to new heights in his intricate, paper folding tessellations. His mathematically complex diagrams and patterns are the result of pleating and corrugating a single sheet of paper to create modular sculptural forms.

Suzan Shutan's organic sculpture "Loopy" is an aggregate of rolled strips of tar paper formed into molecular-like structures that transverse a large section of wall. Her use of tar paper, made in part from asphalt, warns us that these playful, whimsical forms are, in fact, created from toxic materials; here she draws attention to sustainability issues such as our need for and dependence upon oil.

Marjorie Sopkin's colorful pastel paintings, filled with overlapping, energetic and gestural marks, create a rich tapestry reminiscent of color field painting.

Thomas Stavovy's etchings are drawn with delicate gestural meshes of interwoven lines that correspond to states of being.

Web Versions will be on view through March 30th, 2013. The gallery is open to the public Tuesdays and Thursdays, 4 to 7 p.m., and Saturdays from 1 to 4 p.m. For more information about Web Versions and Perspectives...The Gallery at Whitney Center, call the Arts Council at (203) 772-2788.



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## "Dining with Susan"

By Susan Noonan



### Gino's Steak House

I always get very excited when something old gets resurrected and has a new beginning. That is exactly what happened at the iconic Chuck's Steakhouse in West Haven. So many local baby boomers and their parents remember when Chuck's opened in 1964. The menu was mainly grilled steaks and "an all you could eat" salad bar (always loved their blue cheese dressing & warm bread). A concept that was unique to New Haven County in the sixties and Chuck's quickly became a hit. The crowds (especially on the weekends) were unbelievable. Fast forward to 2011 and Chuck's had lost some of its steam and along came successful restaurateur Claudio Sanfrancesco (owner of the well known & respected Jeffrey's Restaurant in Milford) to the rescue. Now after over a year of serious upgrading, Claudio has worked his "magic" with his new business partner Gene "Gino" Arganese. These two gentlemen really know how to do it right and have created a high end New York (Peter Luger style) Steak House at this well known location and the crowds are returning!

Not to worry longtime Chuck's fans, the place is still as charming as ever, actually even more so thanks to Claudio & Gino's special touches both inside and out. They have maintained the best features of Chuck's and improved the areas that needed attention. The Dining room is still warmly lit with hardwood tables, comfortable chairs and aged wood panel walls but now everything sparkles! Claudio & Gino have assembled a great professional staff including a few of the dedicated employees who worked at Chuck's (one for 37 years). Gino's new menu features USDA Prime Dry Aged Meats. In addition to the selection of appetizers, soups, side dishes, steaks, prime rib, Chateaubriand, Rack of Lamb, Herb crusted Chicken, Broiled Atlantic Salmon, Lobster, Jumbo Stuffed Shrimp, etc., they have kept the popular salad bar (included with all steaks & entrees choices). The most popular additions to the menu are "Gino's Table Side Caesar Salad for two" and the "Table Side Banana Foster for two". Claudio mentioned that these items are definitely a hit with their customers.

In addition, Gino's is now serving lunch Monday-Saturday and a fabulous "old style" buffet brunch on Sundays. The brunch features omlettes made to order, carving, pasta, dessert stations, etc. Live piano music on the Baby Grand or a duet are featured in the dining room on Thursday, Friday, and Saturday evenings. You might even find Claudio serenading the crowd with a special song. Gino's has several options for hosting parties in its private dining room from business events to birthdays, anniversaries, bridal and baby showers or wedding receptions. The staff will make your event memorable and flawless, accommodating parties of up to 120 people.

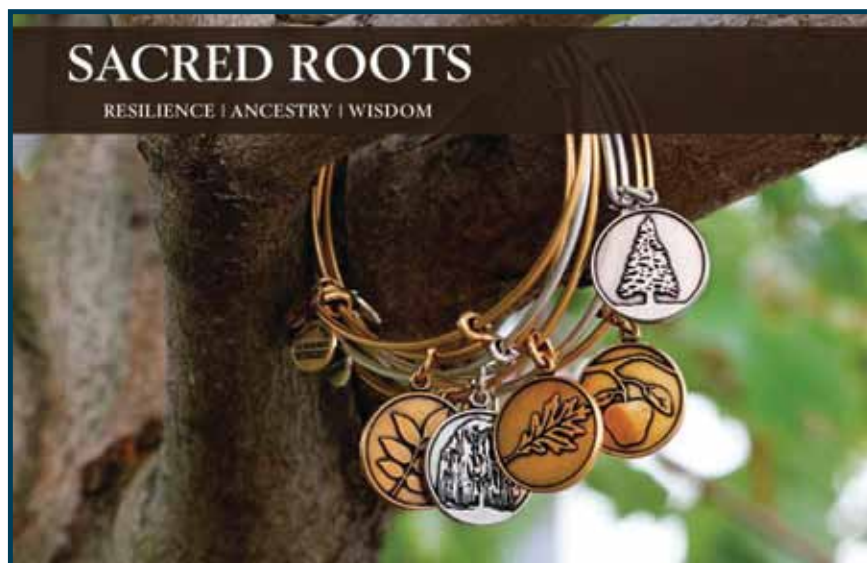
A variety of menu and pricing options, wifi access and room options make Gino's the perfect choice. Gino's offers many cozy areas to enjoy a private dinner for 2 or a special meal with a group of family and friends. The fireplaces are always lit during the winter season giving the restaurant that very special ambiance. Outdoor patio for cocktails & dining during the warmer months. Reservations recommended - Handicapped accessible - Ample parking surrounding the building - All major credit cards accepted - Take-out available on all menu items. Open 7 days a week - Lunch served Monday-Saturday 12:00pm-3:00pm Dinner -Monday-Thursday 4:30pm-9:00pm -Friday & Saturday 4:30pm-10:00pm - Sunday 4:00pm-9:00pm -Brunch -Sunday 10:00am-2:30pm. Happy Hour (in the lounge only) Monday-Friday 4:00pm-6:00pm. GINO'S STEAK HOUSE - 1003 Boston Post Road, West Haven, CT 06516 - 203-934-5300 - website: [www.ginossteak.com](http://www.ginossteak.com).

Final notes: Claudio is a true gentleman and the ultimate host making his customers feel like they are part of his family. Make a visit soon as you will love all the changes to this popular location where many share fond memories. Claudio, Gino and their staff are waiting to help you create new ones! Remember to support our local family owned businesses. If you have a favorite restaurant e-mail: [susan@woodbridgetownnews.com](mailto:susan@woodbridgetownnews.com).

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Rachel Fine

**Q:** There is a show on cable that my husband and I really love called "Paranormal Paparazzi." Can you tell me if/when the second season will air? -- Trudy T., via e-mail

**A:** I spoke with "Paranormal" host **Rachel Fine**, and she told me that it might be up to the fans as to whether it gets a second season. "Paranormal Paparazzi" is one of the most interesting projects I've ever worked on. While I was excited to take a fun, 'TMZ'-style approach to the paranormal, I was seriously surprised by some of the things I encountered. Working on this show for the Travel Channel really changed my outlook on the world -- I legitimately had experiences I can't explain. My eyes were opened this season, and I definitely hope we'll come back for more!"

To help facilitate the approval of a second season, I suggest you head over to [travelchannel.com/about/viewer-relations](http://travelchannel.com/about/viewer-relations). Click on General Comment, then TV Shows, then Other. And then write a couple sentences about how much you loved "Paranormal Paparazzi" and really hope they renew it for a second season.

\*\*\*

**Q:** I read on your Twitter feed that **Heart** had been nominated for the Rock and Roll Hall of Fame recently, and I wondered if they had gotten in? -- Jeremy S., Springfield, Ill.

**A:** In December, the HOF committee announced that **Heart** -- including sisters **Ann** and **Nancy Wilson** -- would indeed be in the class of 2013. Other inductees include Canadian rockers **Rush**, the late disco queen **Donna Summer**, singer/songwriter **Randy Newman**, hip-hop group **Public Enemy** and blues guitarist and singer **Albert King**.

\*\*\*

**Q:** I thought I had seen or read that **Elizabeth Perkins** would be a new

sitcom this fall, but I haven't seen her anywhere. Was it canceled? -- Patricia L., via e-mail

**A:** Elizabeth can be seen this spring -- April 3 at 9:30/8:30c to be exact -- in the new ABC comedy "How to Live With Your Parents (for the Rest of Your Life)." She co-stars with **Sarah Chalke** and **Brad Garrett**. Of the show, Elizabeth told me: "What I love about this show is you've got three generations of people living in the same household, mostly because of the economy, which is happening all over the country."

"It's wacky in the way that real life is wacky. It's not this big style of sitcom acting; it's funny in a character-driven way. It's the situations we find ourselves in that are funny, as opposed to setting up this whole big plot point."

\*\*\*

**Q:** I love **Steven Pasquale** of "Rescue Me." What can I see him on now? -- Yolanda W. in Pennsylvania

**A:** Beginning Thursday, Jan. 31, you can catch Steven in NBC's new drama called "Do No Harm." Steven plays a neurosurgeon who has a serious problem when he learns that his body is no longer responding to the serum that keeps his dangerous alter ego in check.

Write to Cindy at [KingFeatures Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475](mailto:KingFeatures@WeeklyService.com); or e-mail her at [letters@cindyelavsky.com](mailto:letters@cindyelavsky.com).

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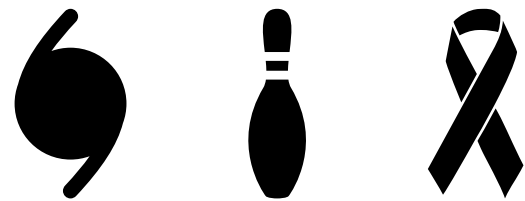
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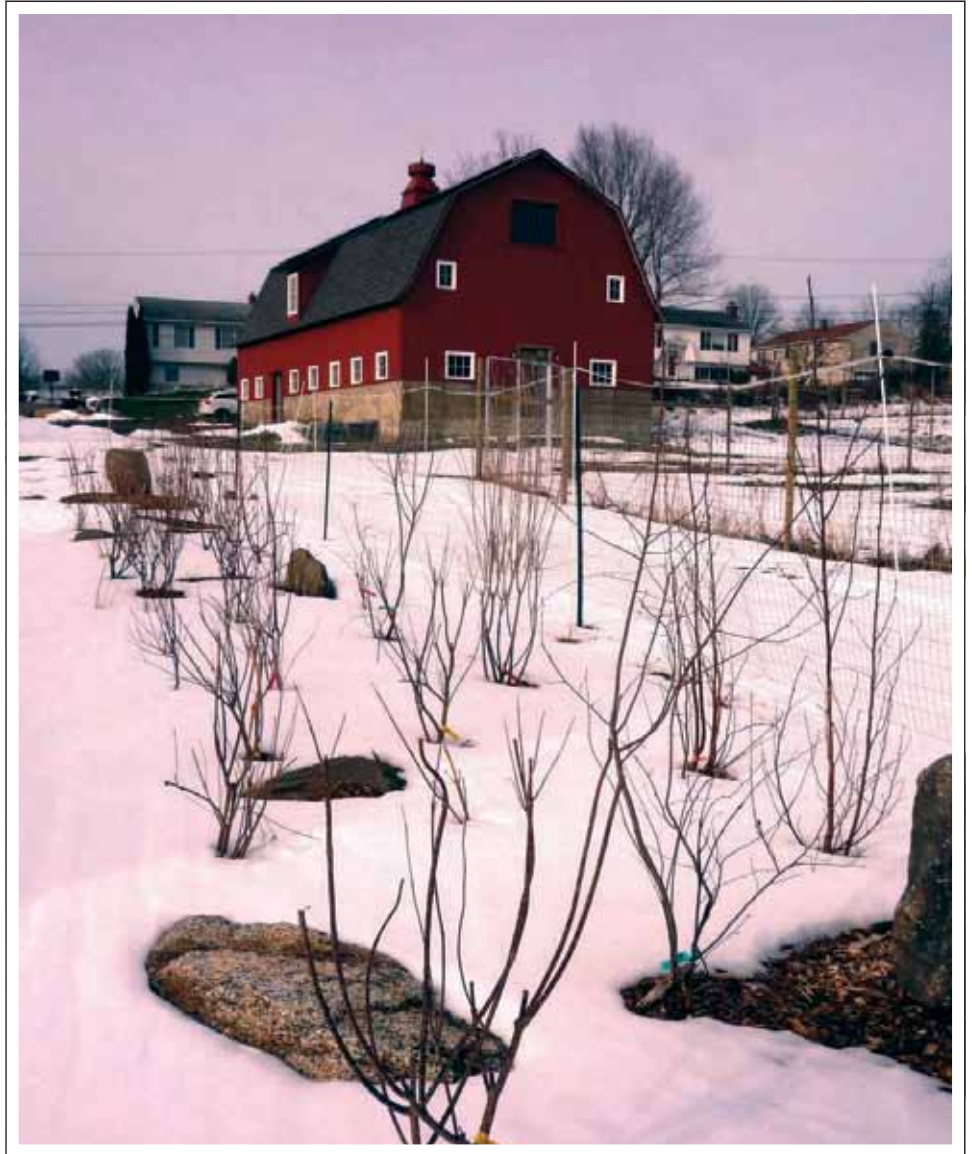
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- a statement long associated with Frank Woodruff Rogers. However, after 56 years in the real estate business, Frank gave up his real estate office and joined Weichert Regional Realtors. Why? Frank said he simply didn't want to do it all by himself anymore, and knew that being associated with a national name agency would provide a broader service base to meet the needs of his many Orange clients. Frank can be reached at 795-2349, or on his cell phone, 795-0000

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## Massaro Plants 150 Trees to Reclaim Habitat

With the help of local horticulturist, Bruce Lindsey, and his company, Dig Trees, Massaro Community Farm recently planted 150 trees to reclaim habitat, aid in erosion control and add much needed wind break in the ongoing farm operations. Massaro Community Farm totals 57 acres, which includes 12 acres of fields "Part of the process of reclaiming this space is removing dead and invasive species from the land, and replacing it with native habitat that will support our pollinators," said Farm Manager Steve Munno. Munno worked closely with Lindsey on the planting and in selecting species that would complement the farm operation. Wind break trees that were planted included sugar maple, serviceberry, horse chestnut, chokeberry, tulip tree, tupelo and swamp white oak. Replenishment of native species included viburnum, button bush, elderberry and white meadowsweet.



Dig Trees, located in Orange, is dedicated to help the environment through tree planting. Lindsey takes pride in hand selecting trees that will be specifically suited to their location, only planting mature, healthy trees (not saplings), and personally overseeing all plantings.

This mass planting, completed just before the end of 2012, was made possible by a grant to the farm by the National Resources Conservation Service, a division of the USDA. The farm celebrated a series of other successes in 2012: receipt of organic certification, the installation of a solar array on the restored dairy barn, the expansion of cultivation and offerings through its CSA (community supported agriculture), a summer camp program in August, and an impressive farm-to-table dinner in September that doubled attendance over last year.

Massaro Community Farm is a non-profit farm on a 57-acre parcel of land in Woodbridge, Connecticut, 10 minutes northwest of New Haven. Our mission is to keep farming, feed people, and build community. Our vision is to enhance the quality of life for generations to come.

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## HISTORY CORNER

With Muffy German

# Homewood Acres: Woodbridge's Hidden Golf Course

Perhaps during the past holidays, some of you received the gift of a new set of clubs or other golf equipment. Now, you are looking forward to spring when you can play at one of the town's courses: Woodbridge Country Club or Oak Lane. But wait! You may be unaware that there is a third golf course in Woodbridge. Have you noticed the handsomely manicured field on Racebrook Road next to the Church of Latter Day Saints? There is no identifying sign visible from the road. You may have assumed that it was a "pitch and putt course", or recreation for the church's members or even an extension of Oak Lane Country Club, but it is a complete, privately owned golf course.



Recently, Cindy Baldwin, one of the owners, told me the story of this unusual course. In the 1960s, Dr. and Mrs. Eugene Cozzolino bought property opposite the Baldwin's and built a brick house with an indoor swimming pool. Cindy said, "Their old home in Orange had a putting green so Gene built one on the front of his property. When having only one green felt limiting, he asked his north neighbors, Clarence and Margaret Baldwin, if he could build a tee on their property to play to his green." They agreed since they were no longer farming that area. Cindy continued, "After the first tee on the Baldwin property, he asked for permission for a green. So, the first green he built is the current third green, but was then used to accept shots from two separate tee positions."

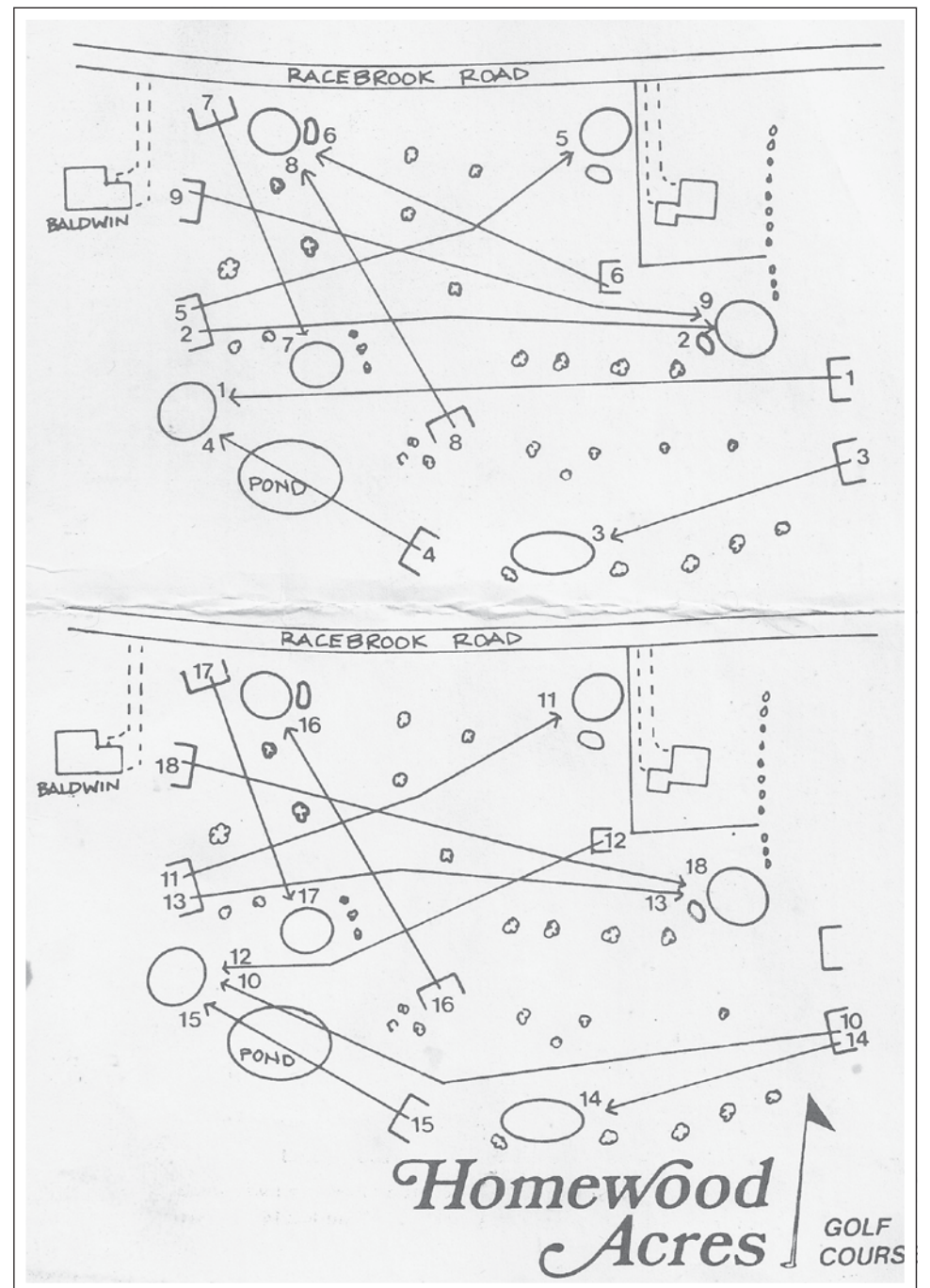
As the course grew, the Cozzolinos invited friends to become "members" and share the expenses of maintaining their "Ten Acres Golf Course". Under their ownership, it expanded to six greens and nine tee positions. Sadly, Barbara Cozzolino passed away in the late 1970s, and Gene decided to move to Florida. As Cindy put it, he "informed the next generation of Baldwins, Mac and Sue, that they now owned Ten Acres Golf Course (as Clarence and Margaret had both passed)". It was 1978 when Mac and Sue Baldwin took up the reins.

Since the Baldwin family took over management of the course, they have made changes in the layout as well as the name. According to Cindy, "there was more land available, so the classic criss-cross fairways of Ten Acres became the current 18 hole configuration of Homewood Acres Golf Course Association, Inc." It is an "executive golf course with par threes and par fours." Surprisingly, the course includes 11 greens and 18 tee positions. Cindy explained that the two greens between the church and the houses to the north are practice greens. "Members are allowed to use these two greens, sand traps, and practice fairway to practice their game from sunrise to sunset, year round." Yes,

year round! Homewood Acres does not close for the winter, and members even play in the snow using colored golf balls. There is one concession to winter. "The greens are closed for the season (so no damage is done to them by walking on them when frosty), but substitute flags are planted in the fairways."

With its park-like setting, this piece of property has many admirers. One time the Baldwins came upon an immigrant family enjoying a picnic in what they assumed was a public park. Another local admirer stated that it was the perfect location for a marriage proposal! Even at the end of the day, it is worth lingering on the course to witness the spectacular sunsets, and the visiting flocks of Canada

geese. As for the Homewood Acres sign, it is not on Racebrook Road at all, but can be seen from the Mormon Church's driveway. To end the story with another historical note, Cindy told me that when she visited the Golf Hall of Fame, she came upon "a gold pencil imprinted with the name Ten Acres Golf Course."







## “An Ounce of Prevention”

### Flu Cases Increasing in CT

According to data collected by the CT Department of Public Health, flu activity is widespread and increasing. There has been an increase in the percent of total emergency room visits attributed to “fever/flu”. There has also been a large increase in the number of flu-related doctor visits and hospitalizations with influenza-associated illness. Within the QVHD health district, many cases have been laboratory-confirmed with many more unofficially (not laboratory diagnosed) occurring. Cases continue to be identified within district towns.

If you have not had a flu shot, it is not too late! Influenza illness can continue throughout the spring. Many doctors and pharmacies are still offering flu vaccines. While a flu shot is not a 100% guarantee that you will not get the flu, it can decrease the severity of the illness if you do develop flu. The flu vaccine is currently the best tool public health has to decrease the incidence of influenza.

In addition to the flu shot, there are several other actions you can take to help prevent getting and/or spreading the flu:

Use respiratory etiquette. Cover your nose and mouth when you cough and sneeze with a tissue. (If a tissue is unavailable, at least try to cough into your sleeve.) Dispose of used tissues in a trash can.

Wash your hands frequently and properly with soap and water, especially after you cough or sneeze. This is one of the most important actions you can take to prevent the spread of illnesses in yourself and others. Alcohol-based hand cleaners are also effective for removing germs (but not dirt).

Avoid touching your eyes, nose and mouth. Germs spread this way.

If you are sick with flu-like illness (defined as a fever of 100 degrees or higher and a cough or sore throat) stay home for at least 24 hours after your fever is gone without the use of a fever-reducing medicine. The rest of the office or your child’s school does not want your germs.

When you are sick, stay home (except to seek medical care or other necessities) and limit contact with others. This will help to prevent the spread of infection. In addition, try to avoid persons who are ill if you can.

If you have a medical condition or if a viral illness that doesn’t show signs of improvement within a few days, it is a good idea to check with your health care provider (by phone first) if you have an influenza-like illness. This is especially true if the illness is accompanied by a high fever, unusual symptoms, difficulty breathing, moderate pain or other severe symptoms. While most people recover without complication from the garden-variety viral illness, others may develop complications such as sinusitis or pneumonia.

District residents (Bethany, Hamden, North Haven and Woodbridge) who have questions about influenza can call QVHD, 248-4528 or send a question in online, [info@qvhd.org](mailto:info@qvhd.org).

### Protect the Babies in Your Life!

The holidays are coming. Families will be visiting and sharing hugs, kisses and handshakes. Along with this exchange of affection, germs will be passed from one to another. You can protect the infant you care about by protecting yourself against pertussis. Quinnipiack Valley Health District (QVHD) is now offering the pertussis vaccine (in the form of Tdap-tetanus, diphtheria and pertussis) to parents, grandparents, aunts, uncles, babysitters and other caregivers or contacts of newborns and infants 12 months and younger. If you are over age 18 and have never had a Tdap vaccine, (a combined booster immunization containing tetanus, diphtheria and pertussis protection) you are eligible to receive this vaccine. A \$10.00 administration fee is requested. No one will be turned away for lack of ability to pay this fee. Immunization clinics are held every 4-6 weeks. Call QVHD, 203 248-4528 or visit us online, [www.qvhd.org](http://www.qvhd.org) for clinic dates and times.

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## SENIOR CENTER

By Lee Canning

For information or reservations on the following events call the Senior Center at 203-389-3430.

The Senior Center offers exercise (combination of cardio, strength training, flexibility, & aerobic) on Tuesday & Thursday at 10:00 am in the gym. All are reminded to bring their own weights.

### Lunch Program

Lunch is served on Tuesdays and Fridays at 12:15 pm. Call in reservations at least one day in advance.

### Art Class

The Art Class meets on Wednesdays in the Senior Center Café from 10 to 12 noon. Call Lee Canning at 203-389-3430 for information or to register.

### Shopping On Wednesdays

Shopping at Amity Shopping Center-- if you need a ride to pick up groceries, do banking, go to the drug store, etc.; please call the office at 203-389-3430 to make a reservation. The cost is \$4.00.

### Senior Center Craft Group

The Senior Center Craft Group meets every Thursday from 10 am to 3 pm. Knitting, Crocheting, Sewing, and Socializing are some of the activities of the group.

### Free Friday Afternoon Movies At The WSC

Movies are shown at the Senior Center on Friday afternoons at 1 pm. Join us at 12:15 for a nutritious \$3 lunch, followed by a movie with free popcorn (or just attend the movie at 1 pm).

### Mah-jongg

The Mah-jongg group meets every Monday and Friday in Room 15 from 10 am to 12 noon. Novices are welcome – they will teach you.

### TRIPS

- February 2, 2013 — Saturday — UCONN Women’s Basketball Game, Queens NY, \$54 transportation, tickets to UCONN game, and driver’s gratuity.
- February 16, 2013 — Saturday — UCONN Women’s Basketball Game, Piscataway NJ, \$57 includes transportation, tickets to UCONN game, and driver’s gratuity.

### New! Book Club

Our Book Club will have its kickoff meeting on Tuesday, January 29th at 11:15. Anyone interested can meet at the Human Services Department, Room 14 in the Center Building. We will kick off this new program by discussing “Beyond the Miracle Worker,” a biography of Anne Sullivan Macy, written by Kim Nielsen.

Our next session will be held on February 26th at 11:15; and we will meet in Room 14 in Human Services. We will be discussing “Love in a Headscarf,” written by Shelina Janmohaned. It is the journey of her life while trying to find a partner.

Refreshments will be provided. Please call Mary D’Ostilio at 203-389-3429 with any questions or comments.

### New! Walking Group

Put your sneakers on and join us for a walk at the Fitzgerald Walking Trail (AKA the cornfield) on Beecher Road, Fridays at 10 A.M. We will meet every Friday at 10 in the parking lot, weather permitting. Call 203-389-3429 with any questions.

## Free Seminar – Live Life Right Now!

A free seminar entitled “Live Life Right Now!” will be offered Sunday, January 20 from 2 to 3 PM at EMERITUS Assisted Living, 330 Amity Road. Seminar presenter will be Stacey Battat, inspirational speaker and Editor-in-Chief of the Thin Threads book series. Ms. Battat will present an uplifting and inspirational seminar encouraging individuals to appreciate their life journey and “thread” it forward.

RSVP to EMERITUS at Woodbridge by Saturday, January 19 at 203-389-2911. Refreshments will be served. Space is limited.



## HOUSES OF WORSHIP EVENTS

### Church of the Good Shepherd Upcoming Events

#### Weekly Services

**Sundays:** 8:00 a.m. Holy Eucharist; 10:00 a.m. Holy Eucharist with music followed by fellowship hour; 5:00 p.m. "Come just as you are" Holy Eucharist" Worship Band

**Wednesdays:** 7:00 p.m. Evening Service of Prayer and Healing with Communion



Church of the Good Shepherd

#### Christian Formation for All Ages

To register, call the office at 203.795.6577. Children (Pre-k-5th Grade) 9:45 a.m., Sundays.

#### Youth Group

All 6th-12th Graders are welcome. Friday evenings from 7:00- 8:30 p.m. Fun, fellowship, and Christian formation.

#### Bible Study – Lectionary Based

- Mondays- 7:00 p.m. – call church for more information
- Thursdays at 10:30 a.m. – downstairs classroom; 7:00 p.m.- Praying our Holy Scripture with Understanding (includes music)
- Friday Evenings at 7:15-8:15 p.m.
- Sundays- 9:00 a.m. – Parish Hall

#### NEW!!! Worship Band Rocks the Church of the Good Shepherd

Every Sunday Afternoon The Church of the Good Shepherd, located at 680 Racebrook Road, Orange, seeks musicians and vocalists to join our newly formed Sunday Worship Band. "If you enjoy singing or playing an instrument, then drop by and check us out! The band practices every Thursday evening at 8pm and we enjoy playing during the Sunday 5pm Eucharist", says Reverend Ann Ritonia. "It's a great way to creatively relax with interesting people who simply love the power of music", says band member and vocalist, Kathie Bellis from Woodbridge. If you play an instrument and/or enjoy singing, then you're ready to join our band. For more information about the Church of the Good Shepherd's Worship Band, please call the CGS Office @ (203) 796-6577 or email church @ thegoodshepherd@optonline.net.

#### Shepherd's Café

Church of the Good Shepherd has opened The Shepherd's Café. The Shepherd Café will be open from 10:30 a.m. to 1:00 p.m. every Wednesday and will be serving coffee, light snacks and a tasty and nutritious lunch from 11:30 a.m. to 1:00 p.m. This meal will be available to seniors or to anyone that needs or would like to share a meal and some companionship. Bingo and other activities will take place from 10:30 to 11:30 a.m. There will be menu choices each week with soup and selected sandwiches always available. While there is no cost for the meal, donations are always appreciated. This is a new ministry of the Church of the Good Shepherd, and a partnership between the church and Community Services. The Church is located at 680 Racebrook Road, and there is ample parking. While reservations are not needed, they would be appreciated. To make a reservation, volunteer, or to help in any way, please call the church at 203-795-6577. Community Services will provide transportation from the High Plains Community Center to and from the Shepherd Café. Please call Kim at 203-891-4788 at least a day ahead to reserve a ride.

#### Stretching For the Body and Soul

Session IV, January 8th- February 14th, \$20 for the session. Meets from 7:00 a.m. to 7:45 a.m. on Tuesdays and Thursdays. Bring a yoga mat and a bottle of water. Prepare your day with a gentle combination of stretching and meditation.

#### NEW!!! BREATHE, BALANCE, BELIEVE

Vinyasa Yoga for the Family. Have you always wanted to try yoga? Your first class is free. Classes are designed to help children and adults strengthen both physical and mental well-being. Participants will practice at their own level and be willing to set aside time to enjoy a practice that integrates a flowing physical practice with mindful meditation. The teacher is certified and member RYT. Classes meet on Mondays and Thursdays @ 5:15- 6:00 pm, in the Parish hall. Please bring a yoga mat and blocks if you have them.

Woodbridge Town News

### Attention Woodbridge Churches, Synagogues and Houses of Worship!

Send us your organizations events listings and items of interest. We will publish them for free.

### Second Annual Debbie Friedman Memorial Concert

The Temple Emanuel Band, Children's Choir and Hebrew School invite you to join them for a morning of singing and celebration in memory of the music and legacy of Debbie Friedman z"l, on Sunday morning, January 27, at 10:30. The event is free and open to the public. Please bring your friends and your voices. Refreshments will be available after the concert.

Recognizing that knowledge of our heritage is necessary to form a serious and sincere bond with Judaism, we have made education our highest priority. To this end, Temple Emanuel offers Hebrew and Judaic studies programs for children in pre-K through Confirmation in an exciting educational and social environment.

We are also committed to providing engaging cultural opportunities for our children. In 2013, the TE Children's Choir was created to enhance our students' exposure to Jewish music. The choir is made up of students in grades 1-6 who sing folk and contemporary songs arranged by Anna Zonderman, the new Youth Programs Director at TE.

The TE Band was created in 2009 to celebrate Rabbi Farbman's installation. Made up of members of the congregation from middle school to retirement age, the band, in various iterations, plays at selected Shabbat services and festivals. The band's repertoire includes contemporary and traditional tunes arranged by Laurel Shader. In January 2012, the band made its community debut, headlining the first Debbie Friedman Memorial Concert at the JCC of Greater New Haven.

Temple Emanuel is a diverse, caring and intellectually vibrant community of approximately 150 households. As a small congregation, we have the opportunity to know one another and have meaningful input into how our synagogue operates. Our membership comes from many towns in Greater New Haven and the Naugatuck Valley. In our first 50 years we've grown spiritually, communally, and personally, and intend to continue the spirit, warmth, diversity, and lively debates that are part of our ethos. Come experience what TE has to offer!

For more information about TE programs, go to [www.templemanuel-gnh.org](http://www.templemanuel-gnh.org) or call 203-397-3000.

### Rev. Evalyn Wakhusama to Visit Christ Church

The Reverend Evalyn Wakhusama, an Anglican priest from Kenya who served on the Christ Church parish staff while studying at Yale Divinity School in New Haven from 1999-2002, is making a much-awaited visit to Bethany. The charismatic, captivating, and inspiring priest will be preaching at the innovative 5:00 p.m. contemporary worship service on Sunday, February 3, 2013, much to the delight of her Christ Church parish family. A pot luck dinner will be held in the Rev. Wakhusama's honor following the service.

The Rev. Wakhusama will report on progress, plans, and challenges of the Nambale Magnet School in western Kenya which dedicated friends from three areas in Connecticut, including Bethany, helped to make a reality.

Many people in surrounding communities have made generous contributions to the Nambale Magnet School. Christ Church would like to cordially invite these area townfolk, plus others who are interested in the project, to this unique opportunity. Everyone is warmly welcome to attend the 5 p.m. worship and the pot luck dinner. Please call the church secretary at 393-3399 to let us know you will be attending the dinner. We sincerely hope to see you on February 3.

To find additional information about Rev. Wakhusama and the Nambale Magnet School, go to [www.nambalemagnet.org](http://www.nambalemagnet.org).

|  |  |
|--|--|
|  <h2>Helping Hands</h2> <p>Community Thrift Store &amp; Furniture Bank</p> <p>334 Boston Post Road, Orange (203) 298-0499</p> <p><a href="http://www.helpinghandsctfb.com">www.helpinghandsctfb.com</a> </p> <p>HOURS: M-F 9-8, SAT 9-6, SUN 9-5</p> <p>SHOP for Furniture, Antiques, Housewares, Art, TVs, Knick-Knacks, Books, Clothing, Jewelry, &amp; More</p> <p><b>DONATE ♥ SHOP ♥ MAKE A DIFFERENCE</b></p> | <p>Watch for our New Location:</p> <p><b>77 State Street<br/>North Haven</b></p>   |
|  |  <p>DONATE GENTLY USED ITEMS<br/>FREE FURNITURE PICK-UP in<br/>Greater New Haven<br/>(203) 782-4800</p> |
| <p><b>30% OFF One Item</b><br/>With This Ad<br/>(Some exclusions apply. Cannot be combined. Not good on prior purchases.)<br/>Expires: 3/31/13</p>   |  |



# LOCAL BUSINESS ROUNDUP



## UPS Store Opens in Woodbridge

Many town residents wondered what would replace the former Webster Bank at 176 Amity Road after the building sat empty for a few years. Mike LaTronica, the owner of the new store, saw an opportunity to open a UPS store adjacent to Wheelers Market and Café which is operated by his sons. Both Wheelers and the UPS store are jointly owned with Mike's brother and his wife Karen.

"There is a large need to receive mail, ship and receive packages in this immediate area, yet getting to a location to do that has been inconvenient for many folks" said Mike. "We also have all the copying, mail boxes and other office services a small business needs in one place". An official grand opening will take place in February when representatives from UPS can be on hand.

## Macica to Join Frank H. Netter MD School of Medicine

Carolyn M. Macica, of Woodbridge, has been appointed to the founding faculty of the Frank H. Netter MD School of Medicine at Quinnipiac University. As an assistant professor of medical sciences, Macica will teach courses in pharmacology and physiology at the medical school which is scheduled to open in the fall of 2013. The school received preliminary accreditation from the Liaison Committee on Medical Education in October. "I am very pleased to have Carolyn join our faculty," said Dr. Bruce Koeppen, founding dean of the School of Medicine. "Her knowledge and expertise in both physiology and pharmacology will add to, and complement, that of the other faculty in our Department of Medical Sciences."



Carolyn Macica

The medical school, which will train primary care physicians, is aiming to become a national model of inter-professional health professions education and improve the way health care is delivered. The medical school has named St. Vincent's Medical Center of Bridgeport as its primary clinical partner. It also has affiliations with MidState Medical Center of Meriden and Middlesex Hospital of Middletown.

Macica earned her doctorate and master's degree in pharmacology from New York Medical College in Valhalla, N.Y. She also completed a post-doctorate fellowship in the Department of Pharmacology at the Yale University School of Medicine. Her research is in the area of metabolic bone disease, including the adult morbidity of patients with X-linked hypophosphatemia (XLH). XLH is caused by one of several mutations of the PHEX gene. Those with XLH generally exhibit abnormal bone and tooth development and rickets that resist traditional Vitamin D therapy. Macica has authored several textbook chapters and multiple articles in peer-reviewed medical journals.

Macica is a member of the Advisory Board of the XLH Network and the American Society for Bone Mineral Research. She also is a consultant for Kyowa Hakko Kirin Pharma, Inc., a Princeton, NJ-based biopharmaceutical company.

Before coming to Quinnipiac, Macica was an assistant professor in the Division of Endocrinology at the Yale School of Medicine's Department of Internal Medicine.

**Lucibello & Proscino, LLP**  
A Legal Team.

653 Orange Center Road Orange, CT 06477  
T (203) 298-4658 | F (203) 298-4659  
office@lplawct.com | www.lplawct.com

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- Education, School Bullying, and Municipal Law
- Personal Injury Law
- Business and Commercial Law

Lucibello & Proscino, LLP was founded in 2012 by Emily S. Lucibello and Lisamaria T. Proscino, based upon a shared vision and common goal of providing ethical, high quality representation, at client-sensitive rates.



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## BULLETIN BOARD

*Please Note: If you have an event for the Bulletin Board, please send it along no matter how far in advance it is. We will include it in the appropriate issue(s) until the event has taken place.*

**Annual Fund Drive for Bethany's Clark Memorial Library**, contributions requested to help for the cost of a website to update services, etc.

**Kehler Liddell Gallery Presents Kristina Kuester-Witt**, January 10 through February 3, 2013, 873 Whalley Avenue, New Haven, 203-389-9555 or [www.kehlerliddell.com](http://www.kehlerliddell.com).

**Hooked on the Sound Crochet Guild**, Saturdays, February 2, March 2, April 6, May 4, June 1, July 6, August 3, September 7, October 5, November 2, December 7, 2013; 10am-1pm, Case Memorial Library, 176 Tyler City Road, small meeting room on 2nd level (elevator available); share stitch successes, assist with pattern problems and have a great time crocheting, no fee. For more information, visit <http://hotscrochetguild.yolasite.com/>, Email [HOTSCrochetGuild@Live.com](mailto:HOTSCrochetGuild@Live.com).

**Reverend Evalyn Wakhusama Visits Christ Church**, February 3, 2013, will preach at innovative 5:00pm worship service, 526 Amity Road, Bethany, pot luck dinner following the service. Call the church secretary at 393-3399 to attend the dinner.

Woodbridge Town News

**EMAIL US WITH YOUR BULLETIN BOARD EVENTS!**  
[edit@woodbridgetownnews.com](mailto:edit@woodbridgetownnews.com)

## LEGAL NOTICE

### TOWN OF WOODBRIDGE ELDERLY AND TOTALLY DISABLED TAX RELIEF

Elderly and totally disabled tax relief programs may be filed with the Town's Assessor between February 1, 2013 and May 15, 2013.

Those residents of Woodbridge who:

1. Have attained the age of 65 on or before 12/31/12.
2. Hold full time residence in Woodbridge.
3. Income does not exceed \$33,500 for a single person or \$40,900 for a married couple.

Those on social security disability are exempt from the age requirement.

Applications can be filed at the Assessor's Office, Town Hall, 11 Meetinghouse Lane, Monday through Friday, 8:30 a.m. - 4:30 p.m.

Proof of 2012 income and social security earnings is required.

Those persons on the program required to renew will be mailed an application.

Applications are also available for the Town Tax Relief program. You must be 65 by 12/31/12 and resided at and paid property tax to the Town for one year. The income requirement for this program is maximum household income of 40,900 for Group 1 and maximum household income of 69,530 for Group 2. Those on social security disability are exempt from the age requirement.

Applications are also available for the Town Additional Veterans program. You must be a veteran and had your DD-214 (honorable discharge papers) on file in the Town Clerks office by September 30, 2012. The income requirement for this program is maximum income of 58,200 for a single person or 65,900 for a married couple. There is no age requirement for this program.

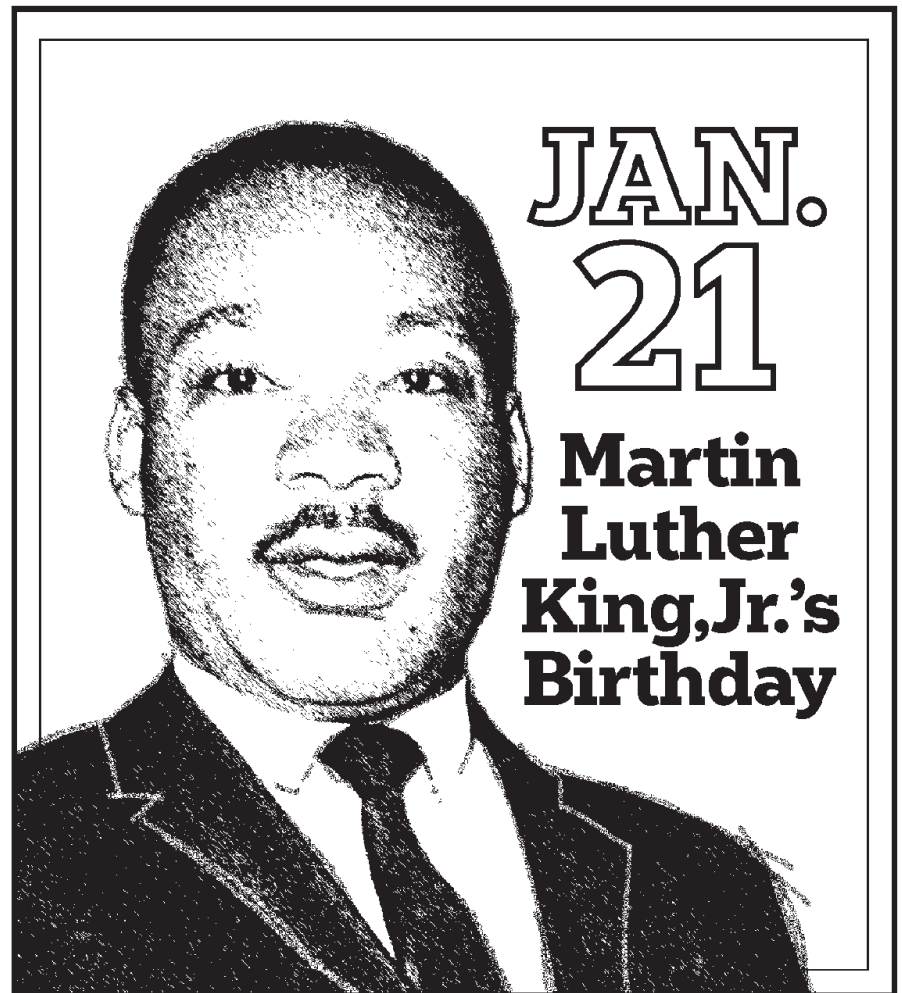
If you have any questions concerning these programs, please call the Assessor's Office at 203-389-3416.

## LEGAL NOTICE

### TOWN OF WOODBRIDGE

Notice to Woodbridge residents. The Town of Woodbridge owns several parcels of open fields that are available for lease at a very modest price. Some of the land is suitable for haying, while other acreage is appropriate for planting of silage corn or other crops. Any Woodbridge farmer who is interested in leasing Town-owned land for the 2013 growing season should contact Gerry Shaw, Executive Assistant to the Board of Selectmen, at 389-3401 no later than 4:30 p.m. on Monday, February 11, 2013. If more than one Woodbridge farmer is interested in a specific field, decision will be made by lottery.

M O N D A Y



## LEGAL NOTICE

### TOWN OF WOODBRIDGE Notice of Board of Assessment Appeals

The Board of Assessment Appeals of the Town of Woodbridge will be holding their annual appeal meetings on Monday, March 4th from 6:00 p.m. to 9:00 p.m.; Thursday, March 7th from 6:00 p.m. to 9:00 p.m.; and Saturday, March 9th from 9:00 a.m. to 12:00 p.m. The meetings will be held at the Town Hall to hear appeals relating to assessments for Real Property & Business Personal Property on the Grand List of October 1, 2012. All persons claiming to be aggrieved by the actions of the Assessor on said list are hereby warned to make their written appeal to said Board by February 20th.

Written applications are MANDATORY, no appeal will be heard without one. Applications may be obtained from the Assessor's office Monday - Friday, 8:30 a.m. to 4:30 p.m. All original applications must be filled out and returned to the Assessor's office NO LATER THAN 4:30 PM FEBRUARY 20, 2013. All persons filing proper applications shall be notified by March 1 of the day, time & place of their appeal hearing.

You must appear in person or you must send a duly authorized representative who must bring evidence of authorization & their own personal I.D. If you are appealing the assessed value of your property you must present documents as evidence in support of your claim or an appraiser's analysis of your property value based on 2009 (the revaluation year) comparable sales. Comparable sales are those of similar style, size and location and must be from the year 2009.

If you have any questions concerning the Board of Assessment Appeals, please call the Assessor's office at 203-389-3416.

## LEGAL NOTICE

### TOWN OF WOODBRIDGE

Pursuant to Section 7-394 of the General Statutes of the State of Connecticut, notice is hereby given that an audit of the books and accounts and state financial and compliance report of the Town of Woodbridge for the **Fiscal Year ending June 30, 2012** has been made by an independent auditor.

Such audit is now on file in the office of the Town Clerk 11 Meetinghouse Lane Woodbridge, Ct. and is available for inspection.

Dated at Woodbridge, CT this 31 day of December 2012.

*Stephanie Ciarleglio*  
 Town Clerk



## Death Notices



### Barbara Consiglio

Barbara Consiglio, 79, of Orange passed away suddenly on December 26 due to complications from a fall. She was the beloved wife of Pasquale J. Consiglio. She was born May 9, 1933 in Brooklyn, New York, daughter of the late Frank and Jennie DelSoio Romolo.

Mrs. Consiglio was a graduate of Brooklyn College and earned her master of library science degree from Southern Connecticut State University. She was a third grade teacher at Center School and Beecher Road School in Woodbridge for 28 years before retiring as the media specialist in 1987. She is also part of the family that has owned and operated Consiglio's Restaurant on Wooster Street in New Haven for the past 74 years.

Mrs. Consiglio was a devoted and loving mother and grandmother who will be terribly missed by her children, Laura (Louis) Fantarella and Trish (Dave) Perrotti, both of Orange, and her grandchildren, Lindsey Fantarella, of New York City, Kevin Fantarella of New Haven and, Matt, Jason, and Mia Perrotti of Orange. She is also survived by her siblings, Jean Romolo, Frances Gigante, Carmela Koenigsberg, Frank Romolo and many nieces and nephews.

An avid traveler from the time she was a young woman, Mrs. Consiglio travelled throughout Europe and enjoyed many trips to places including Asia, Turkey, Alaska, and the Caribbean. Her favorite destination was always Amalfi, Italy, where she and her husband visited many times. When she wasn't spending time with her grandchildren and travelling, Mrs. Consiglio loved to bargain hunt and shop and was usually spotted visiting her favorite stores along the Boston Post Road.

A Mass of Christian Burial was celebrated on December 31 at St. Michael's Church, 29 Wooster Place, New Haven, followed by burial at the Orange Cemetery. In lieu of flowers, contributions in her name may be made to the Orange Volunteer Fire Department.



Barbara Consiglio

### Emma DeMaio

Emma DeMaio, 100 years old, formerly of Woodbridge, CT entered into peace on Christmas Eve 2012.

Emma was the beloved wife of the late John DeMaio and daughter of Joseph and Marguerite Perrone Soli. Mother of Barbara (Richard, Sr.) Reilly and Rocco (Eileen) DeMaio, Sr. and Grandmother of Richard, John, Scott (Michelle) and Robin Reilly and Rocco (Karla) DeMaio, Jr. She was the proud great-grandmother of John Jr., Zachary, Emma, Kaysie, Justin Reilly and Rocco DeMaio III. Her surviving sister is Teresa Cicala of Georgia and many loving nieces and nephews. Emma was predeceased by her siblings; sister Lucy Dagainella and brothers John, Romeo, and Victor Soli.

In her later years Emma worked in Beecher School as a cafeteria cook and was well known for her wonderful baking and cooking abilities. She was also an avid New York Yankee's fan and immensely enjoyed attending her grandchildren's sports events. Emma will be greatly missed by all of her family and friends.

Her Mass of Christian Burial was celebrated on Friday, December 28, 2012 in the Church of the Assumption, Woodbridge, followed by her burial in Beavertdale Memorial Park. Arrangements were in care of Beecher & Bennett Funeral Home, 2300 Whitney Ave, Hamden. To send a condolence to her family, please see: [www.beecherandbennett.com](http://www.beecherandbennett.com).

### Dr. Robert A. Gregg

Dr. Robert A. Gregg, a resident of Woodbridge, Connecticut since 1973 has died at the age of 94. Dr. Gregg was born in Dundee, Michigan on March 8, 1918. He received a BA from Adrian College, Adrian, Michigan, and a PhD in chemistry from the University of Michigan. He was a member of Phi Beta Kappa and was awarded an honorary Doctor of Science. In 1942 he joined the research staff of the United States Rubber Co., later to become Uniroyal. Some of his early work on fundamental polymer chemistry has become standard textbook chemistry. He is credited with inventing chemical processes which made steel-belted radial tires safe. Steel belted radial tires were invented by Firestone, but the claims and judgments against Firestone due to the failure of its tires, sometimes resulting in loss of life, so damaged the company that it was absorbed by a Japanese company in 1988. Uniroyal tires experienced no such difficulties. For this work he was awarded the Maurice Chamberland Award by the New Haven Section of the American Chemical Society, an award made "for work enhancing societal well-being through the application of chemistry". He invented spandex and also invented a chemical foaming agent now widely used in the making of shock-absorbing foam rubber in a wide variety of products, from running shoes to hammer handles.



Dr. Robert Gregg

Since retiring in 1984, as President of the Woodbridge Land Trust he led the town's effort to purchase undeveloped tracts of land, thereby preserving them from development, providing outdoor recreation and preserving the character of the town. He was active with the American Chestnut Foundation in its effort to restore the chestnut tree to the landscape, through cross-breeding to produce a disease-resistant tree. He served as a Director of the Connecticut Chapter of the Foundation since 2004. One of the parcels preserved by the Land Trust is now the site of an experimental chestnut plantation. Finally, his will endows a Chair in the Chemistry Department at the University of Michigan. Dr. Gregg is survived by his wife, Jean Westerman Gregg, and their son Timothy of Carmel, NY. He was interred in Brookside Cemetery, Tecumseh, Michigan. Arrangements were in care of Beecher & Bennett Funeral Home, 2300 Whitney Ave, Hamden. Memorial donations may be made to The Woodbridge Land Trust, Inc., P. O. Box 3699, Woodbridge, CT 06525.

### Richard C. St. Jacques

Richard C. St. Jacques, 90, of East Haven entered into eternal rest on December 6, 2012. Born September 26, 1922 in New Haven, the son of the late Henry & Helen Butler St. Jacques, he was a graduate of Woodbridge High School and served with the US Navy during WWII in the Pacific Theater aboard the Destroyer USS Maddox.

Richard was employed for many years as VP of Sales for Laundry Mart in Avon, CT. He was a member of the Maddox Association, the Kamikaze Survivors Association, the Veterans of Foreign Wars and the American Legion.

He is survived by his beloved wife, Rita Kelly St. Jacques, two daughters, Linda St. Jacques-Rogers and husband Warren of Moodus and Kathleen Kras and husband John of East Haven, granddaughters, Nicole Kras and husband Larry Page, Jennifer Kras and fiancée George Keenan and Lauren Kras. Also survived by several nieces and nephews. He was predeceased by brothers Robert and Russel St. Jacques.

Graveside service with military honors was held in East Lawn Cemetery, East Haven. Arrangements were handled through the Clancy Funeral Home, 43 Kirkham Avenue, East Haven. Anyone wishing to make memorial contributions may do so to the Dakin Humane Society, P.O.B. 6307, Springfield, MA 01101-6307 or American Warrior, P.O.B. 337, 35 Main Street, Versailles, CT 06383.



Richard St. Jacques

## Woodbridge Town News

### Death Notices

The Woodbridge Town News will publish death notices for Woodbridge families free of charge as a service to our readers. Family members please email notice (limit 250 words, please) to: [edit@woodbridgetownnews.com](mailto:edit@woodbridgetownnews.com)

## Avoiding the Flu

Not only has the flu arrived early this season, but it appears to be moving quickly. Seniors are at risk of becoming extremely ill from the flu, so it's up to us to do everything we can to avoid catching it.

We say this to little kids all the time: "Keep your hands away from your face." But it's true. Granted, the flu is respiratory and is generally spread through someone sneezing or coughing near us, but flu germs can live on surfaces. If transferred to our hands and then our face, we can catch the flu.

An important point: People who have the flu can give it to you a whole day before they even know they're getting sick.

Some hints to avoid the flu:

--Carry hand wipes when you shop. If the store doesn't have any near the carts, use yours to wipe down the handle and seat before you touch it.

--Use alcohol-based wipes on your phone and doorknobs at home, just in case.

--Stock up on hand sanitizer and keep a small bottle with you when you go out.

--Stay out of stores after school hours when small children might be with their parents.

If you haven't had a flu shot for some reason, call your doctor and ask if you should have one. Age alone, if you're over 65, can put you in a high-risk category, and so can any medical condition you might have.

If you do get the flu, ask your doctor about a prescription for an antiviral drug. The drugs work best if started within two days of getting sick. They can make the symptoms a little easier to handle, and they can prevent complications like pneumonia.

Matilda Charles regrets that she cannot personally answer reader questions, but will incorporate them into her column whenever possible. Write to her in care of King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475, or send e-mail to [columnreply@gmail.com](mailto:columnreply@gmail.com).

## SENIOR NEWS LINE

by Matilda Charles





# top 10 movies

- 1. The Hobbit: An Unexpected Journey (PG-13)**  
Martin Freeman, Ian McKellen
- 2. Jack Reacher (PG-13)**  
Tom Cruise, Rosamund Pike
- 3. This Is 40 (R)**  
Leslie Mann, Paul Rudd
- 4. Rise of the Guardians (PG)**  
animated
- 5. Lincoln (PG-13)**  
Daniel Day-Lewis, Sally Field
- 6. The Guilt Trip (PG-13)**  
Barbra Streisand, Seth Rogen
- 7. Monsters, Inc. (G)**  
animated
- 8. Skyfall (PG-13)**  
Daniel Craig, Judi Dench
- 9. Life of Pi (PG)**  
Suraj Sharma, Gerard Depardieu
- 10. The Twilight Saga: Breaking Dawn -- Part Two (PG-13)**  
Robert Pattinson, Kristen Stewart

# TOP DVD RENTALS AND SALES

- 1. Men In Black 3 (PG-13)**  
Will Smith
- 2. The Expendables 2 (R)**  
Sylvester Stallone
- 3. Lawless (R)**  
Shia LaBeouf
- 4. Hope Springs (PG-13)**  
Meryl Streep
- 5. Brave (PG)**  
animated
- 6. The Campaign (R)**  
Will Ferrell
- 7. The Amazing Spider-Man (PG-13)**  
Andrew Garfield
- 8. Abraham Lincoln: Vampire Hunter (R)**  
Benjamin Walker
- 9. The Odd Life of Timothy Green (PG)**  
Jennifer Garner
- 10. The Dark Knight Rises (PG-13)**  
Christian Bale

# Chartbusters

## Top 10 Pop Singles

- 1. Bruno Mars**  
"Locked Out of Heaven"
- 2. Rihanna**  
"Diamonds"
- 3. The Lumineers**  
"Ho Hey"
- 4. Ke\$ha**  
"Die Young"
- 5. Maroon 5**  
"One More Night"
- 6. Flo Rida**  
"I Cry"
- 7. Justin Bieber feat. Nicki Minaj**  
"Beauty and a Beat"
- 8. Phillip Phillips**  
"Home"
- 9. fun.**  
"Some Nights"
- 10. Taylor Swift**  
"I Knew You Were Trouble"



Bruno Mars

## Top 10 Country Singles

- 1. Florida-Georgia Line**  
"Cruise"
- 2. Taylor Swift**  
"We Are Never Ever Getting Back Together"
- 3. Hunter Hayes**  
"Wanted"
- 4. Cassadee Pope**  
"Stupid Boy"
- 5. The Band Perry**  
"Better Dig Two"
- 6. Zac Brown Band**  
"Goodbye In Her Eyes"
- 7. Kip Moore**  
"Beer Money"
- 8. Justin Moore**  
"Til My Last Day"
- 9. Gary Allen**  
"Every Storm (Runs Out Of Rain)"
- 10. Eric Church**  
"Creepin'"

# COUCH THEATER DVD PREVIEWS BY DNA SMITH



Kay Panabaker, Juno Temple in "Little Birds"

**"Red Lights" (R)** -- Sigourney Weaver and her assistant go around exposing frauds who pretend to be psychics and faith healers. Robert Di Nero plays a blind psychic who supposedly killed an investigator with his mind powers. The movie tries to make it interesting to watch smart people disproving magic, but it's not. It is kinda fun to see all of the acting talent on screen going head to head. If you can make it to the end, there may be a cool twist.

**"Little Birds" (R)** -- This movie about the feeling of emptiness puts good visuals to the emotion, but falls flat in terms of keeping you interested. The story follows Lilly (Juno Temple), the worst teenager ever in the most desolate town ever. She's acid-tongued, and smart enough to know that she's always making poor decisions. She gets involved with some local punks who torture animals for fun, among other awful distractions. Sitting through this movie, you want to just get in a car and drive away from the whole experience.

## DOG OF THE WEEK

**"The Trouble with Bliss" (PG-13)** -- The movie is about a guy named Morris Bliss (Michael C. Hall) who passively wends his way through his quirky life as an unemployed man-child. First off, can we all just agree that movie titles should be forever banned from including the name of the main character in a clever way? "Good Will Hunting" was a good movie, and not because the protagonist was named Will Hunting.

Get it? The guy's name is Bliss, which also means happiness, and he's troubled, even though his life's not that bad. It's the trouble with Bliss. It's a perfect indicator of how much forced quirkiness is in the film. Don't be fooled into renting this extra-long sitcom episode that calls itself a movie. Perhaps I'm being too harsh because of that irritating title, but for real, you're not missing much if you skip this one.

EDITOR'S NOTE: DVDs reviewed in this column will be available in stores on Jan. 1, 2013.

## PICKS OF THE WEEK

**"Cosmopolis" (R)** -- In the near-ish future, a 28-year-old billionaire (Robert Pattinson) takes a limo ride through New York in search of a plot. Pattinson plays a slick, detached, financial wiz who says a lot of things that sound cool, even if they don't mean much. As his limo glides through the grim world of future-NYC, we see that the majority of people live in poverty -- and they all want him dead.

It really is a fascinating movie that seems like it has a lot to say about society, the future and nature of desire. Too bad it's all so rushed and awkward. Characters tend to appear and disappear with no explanation. People seem to ignore each other during conversations and just go on saying vague, semi-philosophical lines.

- The Rock and Roll Hall of Fame didn't induct any women before 1987. Who was the first female inductee?
- What was the name of the film documenting the Rolling Stones' 1981 North American Tour?
- Who released "To Daddy" in 1977? What's the song about?
- Who did Cher marry in 1975?
- Name the song with this lyric: "Nowadays you can't be too sentimental; Your best bet's a true baby blue Continental."



1. Aretha Franklin. Many female performers were left out in the beginning due to the rule that performers had to have released their first record 25 years earlier. 2. "Let's Spend the Night Together," after their 1966 hit song. It was filmed at their concerts in New Jersey and Arizona. 3. Emmylou Harris. The song tells the tale of a mother who finally leaves a cold husband after her children are grown. 4. Gregg Allman, of the Allman Brothers. She filed for divorce nine days later, but stuck it out until 1979. Their joint album, "Two the Hard Way," was a commercial disaster. 5. "It's Still Rock and Roll to Me," by Billy Joel in 1980, the response of an older musician to the new, younger music styles.

Sudoku answers on page 32

# Weekly SUDOKU

by Linda Thistle

|   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|
| 9 |   |   |   | 7 | 6 | 8 |   |
|   | 2 |   | 4 |   |   |   | 3 |
|   | 1 |   | 5 |   | 4 |   |   |
|   |   | 9 |   | 3 | 1 |   |   |
| 8 | 6 |   |   | 2 |   |   | 9 |
|   | 3 |   | 6 |   |   | 2 |   |
| 6 |   | 8 |   | 5 |   | 7 |   |
| 5 |   |   |   | 3 |   | 2 |   |
|   | 7 |   | 4 | 1 |   |   | 8 |

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

## DIFFICULTY THIS WEEK: ★

- ★ Moderate
- ★★ Challenging
- ★★★ HOO BOY!



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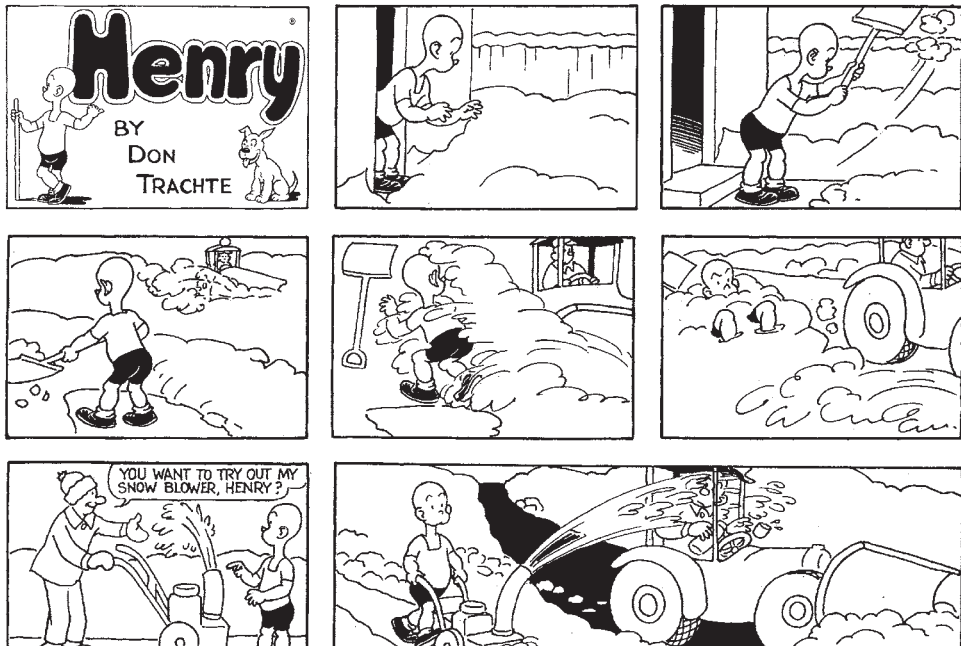
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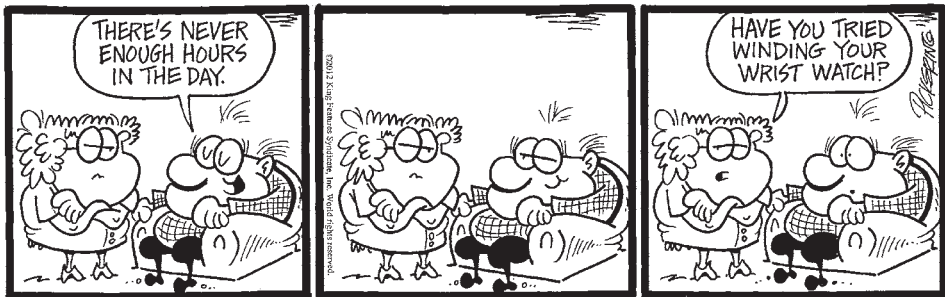


# COMICS / CROSSWORD / HOLLYWOOD



The Spats

by Jeff Pickering



## King Crossword

**ACROSS**

- 1 Moment
- 4 Second-hand
- 8 Touse
- 12 401(k) alternative
- 13 Nevada city
- 14 Exam format
- 15 Utensil made from a gourd shell
- 17 Data, for short
- 18 Open slightly
- 19 Surround
- 20 Jordan's capital
- 22 Categorize
- 24 Wheedle
- 25 Aerosol vessel
- 29 Pitch
- 30 Corn
- 31 Consumed
- 32 Thick-bladed dagger
- 34 Turn the soil
- 35 Don Juan's mother
- 36 Soil samples rich in clay
- 37 Big glitch
- 40 Throat clearer
- 41 Grown-up nits
- 42 Poison ivy aid
- 46 Culture medium

|    |    |    |    |    |    |    |    |    |    |    |
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| 15 |    |    | 16 |    |    |    | 17 |    |    |    |
|    |    | 18 |    |    |    | 19 |    |    |    |    |
| 20 | 21 |    |    | 22 | 23 |    |    |    |    |    |
| 24 |    |    |    | 25 |    |    | 26 | 27 | 28 |    |
| 29 |    |    | 30 |    |    |    | 31 |    |    |    |
| 32 |    | 33 |    |    |    | 34 |    |    |    |    |
|    |    | 35 |    |    |    | 36 |    |    |    |    |
| 37 | 38 | 39 |    |    |    | 40 |    |    |    |    |
| 41 |    |    |    | 42 | 43 |    |    | 44 | 45 |    |
| 46 |    |    |    | 47 |    |    |    | 48 |    |    |
| 49 |    |    |    | 50 |    |    |    | 51 |    |    |

- 47 Burden
- 48 Sawbuck
- 49 Anything but that
- 50 Crimson Tide school
- 51 Nevertheless
- DOWN**
- 1 [Uncorrected]
- 2 Mound stat
- 3 Trattoria dish
- 4 City-related
- 5 Burn somewhat
- 6 Type measures
- 7 Homer's interjection
- 8 Half
- 9 Coffee shop
- vessels
- 10 Well-protected
- 11 Coin aperture
- 16 Trojan War hero
- 19 Highland hillside
- 20 New Testament book
- 21 Castle protection
- 22 Olympic swimming legend Mark
- 23 Rice-shaped pasta
- 25 Fill fully
- 26 Dire situation
- 27 Fermi's bit
- 28 11 o'clock broadcast
- 30 Carte
- 33 Longtime convicts
- 34 Verse
- 36 Tibet's capital
- 37 Venetian blind part
- 38 In the offing
- 39 Exotic berry
- 40 Grad
- 42 Stocky horse
- 43 Santa winds
- 44 Born
- 45 Tolkien character

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King Crossword Answers on Page 32

## HOLLYWOOD

By Tony Rizzo

**HOLLYWOOD** -- Michael Douglas is working nonstop. He went right from filming "Behind the Candela-bra" -- the Liberace bio-pic with Matt Damon for HBO -- in Las Vegas, Palm Springs and Los Angeles, right back to Las Vegas for "Last Vegas," with Robert DeNiro, Morgan Freeman, Kevin Kline, Mary Steenburgen and 50 Cent. The film, which started shooting in November in Vegas and then Atlanta, tells the story of four best friends in their late 60s who throw a bachelor party in Vegas for the last of them getting married. It'll be out December 2013. Sounds a bit familiar ... could there be a "Hangover" involved?



Michael Douglas

Soap fans have exacted their revenge ... sort of. Just as "The Young and The Restless" was crowned the No. 1 soap for the 24th year in a row, word came that ratings of the four remaining soaps -- "Y&R," "Days of Our Lives," "The Bold and The Beautiful" and "General Hospital" -- have had a substantial upward spike since ABC canceled "All My Children" and "One Life to Live." In fact, their replacements, "The Chew" and "The Revolution," have not captured good ratings. "The Revolution" was quickly canceled to make way for "Katie," which also has disappointed in the ratings. Oddly enough, "General Hospital's" ratings have improved despite all the switching around of time slots. Experts are saying that soap fans must realize that their genre is in danger and are tuning in to keep their soaps alive. True or not, if you don't tune in, they won't be there anymore!

When a film takes in \$1 billion at the box office, you can be sure a sequel won't be far behind. Disney has hired Linda Woolverton, responsible

for "The Lion King," "Beauty and the Beast" and the upcoming Angelina Jolie live-action "Sleeping Beauty" epic, "Maleficent," to write the sequel to the Johnny Depp film "Alice in Wonderland." The film was based on Lewis Carroll's "Alice's Adventures in Wonderland," and the sequel, "Through the Looking-Glass," will, of course, be in 3D again. No word yet if Depp or director Tim Burton will be involved in this one.

Disney also is prepping a stage production of "Alice," as it did with "The Lion King," "Beauty and the Beast" and "The Little Mermaid." Add to these projects the next three "Star Wars" movies (now that Disney has bought the franchise from George Lucas), "The Muppets" and "Oz: The Great and Powerful," starring James Franco as The Wizard, Mila Kunis as the Wicked Witch and Michelle Williams as Glinda, the Good Witch. "Oz" is due out March 8. It's a Grimm day when Disney has cornered the market for fairy tales!

Send letters to Tony Rizzo's Hollywood, 8306 Wilshire Blvd., No. 362, Beverly Hills, CA 90211.





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### King Crossword

Answers

Solution time: 27 mins.

|   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|
| S | E | C | U | S | E | D | M | U | S | S |   |
| I | R | A | R | E | N | O | O | R | A | L |   |
| C | A | L | A | B | A | S | H | I | N | F | O |
| A | J | A | R | B | E | S | E | T |   |   |   |
| A | M | M | A | N | S | O | R | T |   |   |   |
| C | O | A | X | S | P | R | A | Y | C | A | N |
| T | A | R | M | A | I | Z | E | A | T | E |   |
| S | T | I | L | E | T | T | O | P | L | O | W |
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### Weekly SUDOKU

Answer

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 9 | 5 | 4 | 3 | 1 | 7 | 6 | 8 | 2 |
| 7 | 8 | 2 | 9 | 4 | 6 | 5 | 1 | 3 |
| 3 | 1 | 6 | 5 | 8 | 2 | 4 | 9 | 7 |
| 4 | 2 | 9 | 8 | 7 | 3 | 1 | 6 | 5 |
| 8 | 6 | 5 | 1 | 2 | 4 | 7 | 3 | 9 |
| 1 | 3 | 7 | 6 | 5 | 9 | 8 | 2 | 4 |
| 6 | 4 | 8 | 2 | 9 | 5 | 3 | 7 | 1 |
| 5 | 9 | 1 | 7 | 3 | 8 | 2 | 4 | 6 |
| 2 | 7 | 3 | 4 | 6 | 1 | 9 | 5 | 8 |



# Salome's Stars

**ARIES (March 21 to April 19)** You might be hurt by a colleague's harsh criticism. But don't let it shake your confidence in what you're trying to do. A more positive aspect starts to appear by week's end.

**TAURUS (April 20 to May 20)** You're torn between your sensible self and the part of you that enjoys acquiring lovely things. Best advice: Wait for an end-of-month sale, and then buy something wonderful.

**GEMINI (May 21 to June 20)** Your artistic side has practical applications this week, such as redecorating your home or redesigning your personal stationery. Whatever you do, someone special will like it.

**CANCER (June 21 to July 22)** You could be drawn into a problem 'twixt friends or family members. Best bet: Ask the questions that go to the heart of the matter, then get them all together for a group hug.

**LEO (July 23 to August 22)** As much as you love being the center of attention, your big Lion's heart impels you to share the spotlight with a colleague who helped you with that well-praised project.

**VIRGO (August 23 to September 22)** Your eagerness to act on a challenge is wisely tempered early in the week by a lack of necessary information. Things begin to clear up during the weekend.

**LIBRA (September 23 to October 22)** A relationship you'd hoped would keep going seems to be going nowhere. Close it out and move on to a brighter romantic aspect just beginning to manifest itself.

**SCORPIO (October 23 to November 21)** Things don't go completely as planned this week. But enjoy the surprises, even if you have to adjust your schedule. Some of them could be quite delightful.

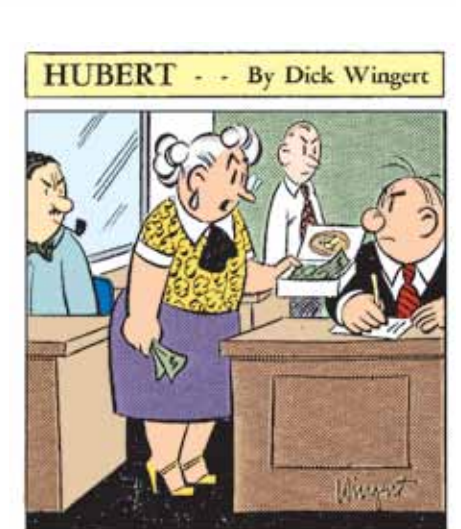
**SAGITTARIUS (November 22 to December 21)** Making choices is usually easy for straight-shooting Archers. But a new development could deflect your aim. Try to put off decisions until you know more.

**CAPRICORN (December 22 to January 19)** While part of you might prefer taking a more familiar path, let your more daring and -- admit it -- supercurious self see what the unexplored has to offer.

**AQUARIUS (January 20 to February 18)** Those nasty types have slithered back under the rocks and present no more problems. Now's the time to move ahead on that promising new relationship.

**PISCES (February 19 to March 20)** A new offer could clear up that lingering money problem. Also, a more confident attitude on your part might well help get that personal situation back on track.

**BORN THIS WEEK:** You have a way of turning chaos into order. You're also generous with your help for those who seek it.



## top ten

### Foods to Beat a Cold

1. Garlic
2. Chicken soup
3. Peppermint tea
4. Almonds
5. Grapes
6. Oranges
7. Button mushrooms
8. Chile peppers
9. Yogurt
10. Honey

Source: The Daily Meal

## HOCUS-FOCUS

BY HENRY BOLTIKOFF

DIFFERENCES: 1. Earpiece is missing. 2. Backpack is missing. 3. Bandana is moved. 4. Boots are different. 5. Picture is missing. 6. Dial is missing.

## Pet Resolutions

**DEAR PAW'S CORNER:** I'm very excited, because we adopted a puppy this week! Do you have any advice for a new pet owner? -- James C., Dallas

**DEAR JAMES:** Congratulations! I recently mentioned to the new owner of a cat that it's important to schedule an appointment with the veterinarian as soon as possible to make sure it is healthy, and to get its vaccinations.

Once that's done, pick up a few books on training and caring for your new dog. But with the new year, I want you to make some new resolutions that will last beyond just this year and the next:

- I will recognize that my pet is a "forever pet."
- I will not abandon my pet when the novelty of being a pet owner wears off.
- I will not discard my pet when house training gets tough, or when it starts chewing up my shoes.
- I will take my pet for a regular annual checkup and keep its vaccinations and licensing up to date.
- I pledge to spend time with my pet every day.
- I will teach my family to respect animals, to have compassion for them and to care for them as they would another family member.
- I will train my dog to respond to basic commands, and I will socialize it with other dogs so that it is better behaved in public or at dog parks.

These are just a few of the resolutions you should make regarding your new pet. You'll probably come up with even more on your own. Whatever the case, appreciate that your pet is a part of the family for the rest of its life.

Send your question or comment to [ask@pawscorner.com](mailto:ask@pawscorner.com), or write to Paw's Corner, c/o King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475. Find more pet advice and resources at [www.pawscorner.com](http://www.pawscorner.com).

## Wishing Well®

|   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
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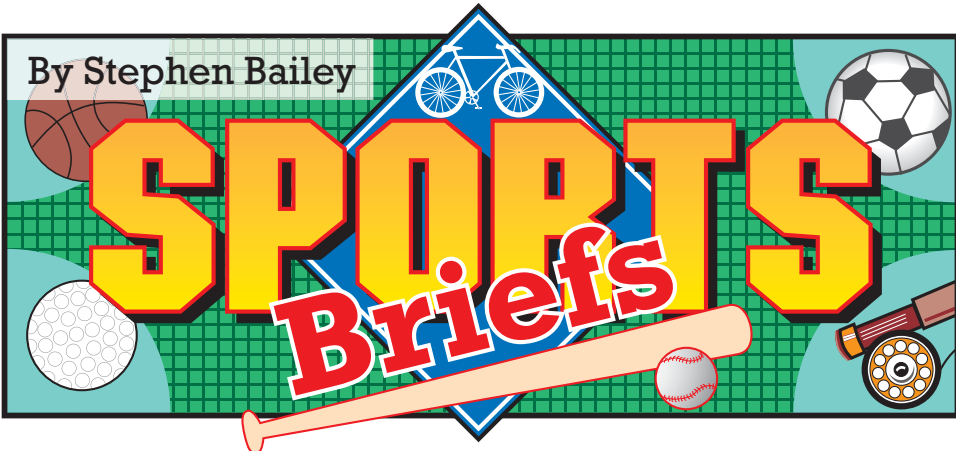
HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.





## LOCAL SPORTS

By Stephen Bailey



### Amity Boys' Basketball Score two Victories

The fans came out for Tropical Tuesday and the Amity boys' basketball team responded with a 61-59 victory over Hand. The Spartans trailed for most of the first half, but came back in dramatic fashion to defeat their SCC rival. Zac Campbell led the way with a game-high 29 points while Matt Lettick won the game with a steal and dunk and sealed it with a blocked shot in the final seconds.

Gardner Broderick added 11 points for the Spartans, who improved to 6-2 with the victory. Campbell also scored 30 points in Amity's 54-49 win over Branford on Friday en route to being named New Haven Register Male Athlete of the Week.

### Amity Boys' Swimming Remains Undefeated

The Spartans cruised past Hamden 91-73 on Tuesday to improve to 5-0 on the season. Dylan Swanepoel took the 200-yard freestyle (1:47.81) and the 100 butterfly (55.79), A.J. Pite won the 200 individual medley (2:00.60), and the 500 freestyle (4:53.01) and Jacob Laser finished first in the 50 freestyle (23.86) and the 100 freestyle (51.76). Those three teamed with Sam Guerra to take the 200 freestyle relay (1:34.36).

Stephen Cheung, Brian Liang, Ben Bacal, and Charlie Pite won the 200 medley relay (1:47.87).

### Spartans Boys' Hockey Comes Back To Beat Milford

Amity trailed after 20 minutes of play, but thanks in part to 39 saves from goaltender Nick Nuzzolo, the Spartans rallied back for a 4-3 victory over Milford. Milford outshot the Spartans 17-5 en route to a 2-0 lead at first intermission, but Brett McNeil put Amity on the board 6:25 into the second period, digging the puck out of a crowd in front of the net and flipping it into the cage to capitalize on a power-play opportunity.

With 5:40 left in the frame, Erik Dykun scored another power-play goal to knot the score at 2-2. Keating Seymour broke the tie 23 seconds later, knocking a shot off an Indian players' skate and into the net.

With 3:50 left in regulation, McNeil sealed the win with the eventual game-winning goal. Assisted by Adam Shea and Jon Crocker, McNeil gave the Spartans a 4-2 lead and ultimately their fourth win in five games.

### Amity Girls' Basketball Falls Short Against Law

The Lady Spartans entered Tuesday night's SCC matchup with Jonathan Law 7-1, riding a six-game winning streak. Law was 8-0 on the year, including a 49-38 loss to Amity on December 12.

However, the Golden Eagles sent the Lady Spartans home from the James Richetelli Gymnasium in Milford with a 51-47 loss. Molly Ronan led Amity with a game-high 24 points and 13 rebounds while Chloe Brinton added 14 for the Lady Spartans. The game marked the first time this season Amity has allowed an opponent to score 40-plus points.

The Lady Spartans committed nine first quarter turnovers and made just 4 of 19 shots as they entered the second quarter down 10-6. Ronan and Brinton sparked an Amity turnaround as they took a 19-14 lead with 5:02 left in the first half, but the Golden responded with an 11-2 run and eventually went into halftime ahead 30-26.

While the Lady Spartans threatened, coming as close as 36-35 with 35 seconds left in the third quarter and 46-45 in the final minutes, Law never surrendered its lead in the second half. Before the loss to Law, Amity defeated Shelton 39-24 on January 4. Mikaila Schmitt scored a game-high 16 points while Chloe Brinton chipped in 14 points.

## Amity Youth Lacrosse Spring 2013 Registration

Amity Youth Lacrosse (AYL) is open to new players starting December 31st 2012 for boys in grades 1st thru 8th. The season runs mid-March to mid-June with two practices per week and games on weekends (3rd thru 8th graders). Teams are age-based and by skill level; i.e., A, B, C level. AYL is a member of the Connecticut-New York Lacrosse Association (CONNY), the organizing body for youth lacrosse in Connecticut & NY.

AYL follows the youth sports philosophy espoused by the Positive Coaching Alliance, a Stanford University-based organization that with a mission to "transform youth sports so sports can transform youth". For registration and other information on AYL, please go to [www.amityyouthlacrosse.org](http://www.amityyouthlacrosse.org).



## Ergonomics: The Science of Working in Comfort

We've all heard of it, but who actually understands what it means? Ergonomics refers to the science of designing an area to maximize productivity by reducing bodily fatigue and pain. How many of us have ever left work - in an office, a truck, or a job site - and felt that tightness or pain in the back and neck? Or the feeling that we couldn't type another word because of how our hands hit the keyboard.



Kyle Braday

All of this is correctable with the help of simple ergonomics. I'm sure we have all walked through a store and seen the office chair that has so many adjustments that it looks like something out of a science fiction movie. Truth is that not all of us have \$300 plus to spend on a tricked out chair. Sometimes we have to do the best with what we have.

Let's start with all of you with a crick in your neck from staring at your computer monitor for 8 hours a day. The reason for this is your monitor height is too low, causing your neck to crane forward to look at the screen. The top of your monitor should be eye level so that you don't strain your neck up or down. In addition, it should be roughly an arm's length away from you while in your proper sitting position to reduce strain on your eyes.

Now how about that chair that never feels comfortable? Most computer/office chairs should have adjustments to allow for raising and lowering the seat and to adjust the depth of the chair overall. The seat height should be adjusted so that your feet are flat on the floor and your knees are bent to approximately 90 degrees. The depth of the seat should be set so there is 1-2" of space between the back of your knees and the edge of the seat.

Your keyboard and mouse should be set so that your upper arm is able to be pointed down towards the floor with your elbow at 90 degrees while typing. If you have adjustable arm rests, you should bring them up to just under your elbows so that you can rest your arms on them to relax your upper trapezius and neck muscles while typing.

Just because you don't have a desk job staring at a computer doesn't mean that ergonomics do not affect your work and daily life. Think about all the time spent behind the wheel of a car. Simple adjustments to your seat and steering wheel can drastically reduce your bodily strain while driving. Make sure to adjust your seat an appropriate distance to allow for proper knee and hip comfort. You should not feel as though your knees are pressed against the dash, nor that you have to stretch out to reach the pedals. Adjust the seat back so that you are in a comfortable upright position to reduce strain on your lumbar spine as well as to reduce the forward reaching needed to grip the steering wheel.

In industrial work places, modifications to work table and equipment heights can reduce strain placed on workers. Making minor adjustments can drastically reduce the frequency of injury as well as potential employee time off secondary to injuries that could be prevented.

Kyle Braday, MSPT, is a licensed physical therapist and partner at Amity Physical Therapy, located at 1 Bradley Road, Suite 801 in Woodbridge, CT. Kyle is a graduate of Quinnipiac University with his Master in Physical Therapy. He works with patients of all ages and ability levels, treating high level athletes with fractures and sprains to gait and balance dysfunction with the elderly. Kyle can be reached to set up an evaluation at (203) 389-4593.

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## LOCAL SPORTS

# Plotke Set to Represent Team USA

By Stephen Bailey – Woodbridge Town News Correspondent



*The Hamden Hall Country Day School Girls Basketball Team.*

Rachel Plotke is one of 12 girls nation-wide headed to Israel this summer to represent Team USA girls' basketball in the 2013 Maccabi Games. And she got selected without even trying out. The Hamden Hall junior shooting guard did not learn about the tryout until after the date had passed, but sent along highlights from her Hamden Hall and AAU teams to the coaches and made the cut anyway.

The achievement is just one of many in a career that Plotke expects to continue into college in two years. "I sent in some videos, the coach liked me and he wanted me to play for him," Plotke said. "I was very honored."

But before the Woodbridge native leaves for her three-week tour of competition, Plotke has high goals set for 2012-13 Hornets. After leading the team with 21 points per game on 46 percent shooting last season, she was named junior captain of a team that features mostly underclassmen. She's led Hamden Hall to an early 6-2 record this season and recorded her 1,000th career point in a game against Holy Child on December 20. "Last year was more of a rebuilding year," Plotke said. "It was definitely stressful at times, but I got better as the season went on. I felt like a leader on the court and just did what I needed to do."

"... This year we've got a lot of new freshman and new kids, but we're doing well with our situation." And they have thus far. Plotke, who shot 84 percent from the foul line and 47-percent from 3-point range last year, has picked up right where she left off. After missing a 3-pointer midway through the second half in the game against Holy Child, Plotke followed her shot and connected on a short jumper to achieve the milestone. "I was very excited running back on defense," Plotke said. "Everyone was clapping and it felt really great."

While the strong start is encouraging, for Plotke, the importance of the team's regular season record pales in comparison to the triad of annual tournaments the Hornets compete in, CISAC's (Connecticut Independent School Athletic Conference), FAA's (Fairchester Athletic Association) and New England's. Hamden Hall is two-time reigning CISAC champions and won FAA's once during Plotke's career.

Last season, Plotke and Co. dropped a nail-biter to Southfield (MA) in the finals at New England's. This year, Plotke said she wants to avenge that loss, and if possible, do it against Southfield. "Our goal from the beginning of the season has been to win all of them," Plotke said. "If we just keep working in practices and games, I think that will happen."

Plotke credits that confidence in part to the close-knit nature of the team. The Hornets played together in summer and fall league and ultimately voted Plotke to be a junior captain. This spring, many on the team will compete together on the same AAU squad. "I was definitely honored to be voted captain and to know that my teammates trusted me and looked up to me as a leader," Plotke said. "I think I'm more confident on the court knowing that my teammates know that I can do it too."

After championship season, Plotke will head to Israel for the Maccabi Games. Then after her senior year at Hamden Hall, she plans on playing at the college level. But she isn't looking that far ahead yet. She's still got two more chances to complete the three-tournament sweep, and the loss to Southfield remains fresh in her mind. "I definitely want to improve for college, get my teammates better once I leave and win all the championships," Plotke said.



*Rachel with Coach Meg Rooney.*



*Rachel scores her 1000th point.*





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