

# Woodbridge Town News



VOTE

HAPPY MOTHER'S DAY!

## Woodbridge's Exclusive Newspaper

Mailed Free To Every Home in Woodbridge  
Mailed Free To Every Home & Business in Woodbridge & Bethany

VOL. 10 – ISSUE 5

CIRCULATION 3649

FRIDAY, APRIL 23, 2021



## Amity Budget Referendum On Tap

BY BETTINA THIEL

WOODBRIDGE TOWN NEWS CORRESPONDENT

The Amity Regional School District has its own budget referendum, which is scheduled to take place Wednesday, May 5. Polls will be open in each of the member towns from 6 a.m. to 8 p.m. at the usual polling places. According to the Amity website, absentee ballots will be available upon request in each town from the respective Town Clerk's office.

As proposed, the Amity budget will

increase by 1.8%, but due to shifts in student population, the percentages of each town's contribution may vary. Woodbridge, for instance, will see its share increase by 3.3%, from the current \$15.7 million to the proposed \$16.3 million.

**Correction:** A careful reader alerted us to the fact that the time of the referendum in the April 2 paper was misstated. Thank you for the notification. Polls will be open from 6 a.m. to 8 p.m.



## After Low-Key Campaign, Candidates Face Voters Monday

BY BETTINA THIEL

WOODBRIDGE TOWN NEWS CORRESPONDENT

An unusually low-key, socially-distanced campaign is coming to an end when Woodbridge residents elect their local leadership in the municipal election on Monday, May 3.

First Selectman Beth Heller, a Democrat who is running unopposed, is seeking re-election to a third term. She has successfully steered the ship through a pandemic, closing public buildings early and switching to virtual platforms to continue the administrative duties of Town Hall offices.

"We had to be flexible – we had to change," she said in a phone conversation last week, adding the change didn't come easy to her, in particular since she missed personal interactions with constituents. But she credits the crew at Town Hall for stepping up to continue public services as needed.

"Everyone stepped up and did the right thing," she said. Municipal offices have since re-opened to the public, but the traffic in Town Hall was light, she said, since people got used to getting their business done online or by phone.

Outreach during the campaign came down to Zoom meetings hosted by the respective town committees and working the phones. Even headquarters were scrapped under the circumstances. "Our networks were really important this time around," said Sheila McCreven, a running-mate of Heller's for the Board of Selectmen. "But we will have our tents [outside the polls] on Election Day," McCreven said.

Candidates on the Republican ticket similarly regretted not being able to interact with residents the way they normally would. When he ran for his

See "Election" On Page 28

## Municipal Election Coverage and Candidate Profiles Starts On Page 6

**RealLiving®**  
**Wareck D'Ostilio**  
RealEstate  
www.WDSELLS.com  
New Haven • Milford • Woodbridge  
Branford • Old Saybrook

Take advantage of the best market in 10 years! Selling? Call us today.



WOODBRIDGE | 27 Rimmon Hill Rd | \$498,500

Charm/character abound in this 3-4BR Berner Lohne built Cape. Hwd flrs thruout. Front to back LR w/marble fpl, glass door to screened porch. 1st flr offc/BR w/full bath. Sparkly white kitn w/gas cooktop and outside vent hood. Granite cntns and SS appls. Oversized FR w/blt-ins; main lvl laundry. Upstairs, front to back MBR. (Continue to show as backup)

Frank D'Ostilio 203-641-7072



BETHANY | 443 Amity Road | \$200,000

5 BR, 2 full bath post & beam antique colonial known as the Jesse Atwater house. Once a 2-fam but being used as a single family. 1st flr has remodld kitn, LR, 3BR, Den/Laundry, full bath. 2nd flr w/second kitn, 2BRs, full bath and second form of egress. Sits on .50 acres. Walk-out bsmt. Newer septic tank and well pump.

Regina Sauer 203-494-3421



BETHANY  
25 Bethany Farms Road  
SOLD 97%  
of Listing Price

David Fiske 203-305-8700



An Independent, Owned and Operated Franchisee of Real Living Real Estate, LLC



We ask for your vote on MONDAY, May 3rd



**RE-ELECT** First Selectman

**Beth Heller**

and her 'Row A' team



**Joe Crisco**

- Board of Selectmen, 2017 – present
- State Senator, 1993 – 2017
- Woodbridge Board of Ed, 1989 – 1993
- Town Plan & Zoning Com., 1986–88

**FOR BOARD OF SELECTMEN**



**Paul Kuriakose**

- Board of Finance, 2015 – present (vice-chair, since 2019)



**Sheila McCreven**

- Amity Region Board of Ed., 2014–present
- Woodbridge Board of Ed., 2005–2013
- CUPOP, 2012-15 • Tax Appeals, 2013-15
- Gov. Access TV Commission, 2001–09

**Beth Heller and her Democratic Team!**



Visit our website:  
[woodbridgeCTdems.org](http://woodbridgeCTdems.org)  
to read full candidate bios and learn how YOU can get involved!

**WE ARE A DIVERSE TEAM, OFFERING EXPERIENCED LEADERSHIP**

**FOR WOODBRIDGE BOARD OF EDUCATION**



**Michael Strambler**

- WBOE incumbent since 2019
- Ph.D. University of California at Berkeley



**Maria Madonick**

- Beecher PTO officer since 2017
- APRN, CRNA (DNAP, May '21)



**Jay Dahya**

- Member of Diversity Committee since 2018
- Ph.D. University of Dundee



**David Ross**

- WBOE incumbent since 2019
- M.D., Ph.D. Yale University

**FOR 2-YEAR TERM**

**FOR AMITY REGIONAL BOARD OF EDUCATION**



**Carol Oladele**

- Health disparities researcher at Yale
- Ph.D., M.P.H. University of South Florida



**Donna Schuster**

- Marketing professional & child advocate
- M.B.A. Widener University

**FOR ZONING BOARD OF APPEALS**



**Henry Nusbaum**  
incumbent



**Jeffrey Atwood**  
incumbent



**Celia Waters**  
incumbent

**FOR ZONING BOARD OF APPEALS-ALT**



**Aldon Hynes**  
incumbent



**Andrew Schaffer**  
incumbent

**FOR BOARD OF ASSESSMENT APPEALS**

**VOTE FOR THE ENTIRE 'ROW A'**

**Experience • Integrity • Transparency**

**Beth Heller and her Democratic Team!**



Take advantage of the best real estate market in over 10 years!

Interested in Selling?  
Call us today!

- Selling homes for 35 years
- Partner/Broker Real Living Wareck D'Ostilio
- Former owner William Orange Realty
- Amity grad and Amity parent
- Long-time Woodbridge resident



**Frank D'Ostilio**  
203-641-7072  
frank@wdsells.com

Frank D'Ostilio sells houses...  
with help from his Extraordinary Agents!



**Regina Sauer**  
203-494-3421



**Ross Cotjanle**  
203-401-1993



**Claire Sullivan**  
203-605-1943



**Karen Bogdanoff**  
203-605-9275



**Rachel Anastasio**  
203 980-3283



**Jen Orr**  
203-615-3004



**Linda Melillo**  
203-996-7495



**Marianne Roday**  
860-303-6940



**Nancy Andersen**  
203-605-2787



**Wendy Rawlins**  
203-397-7947



**Rose Coppola**  
203-214-5955



**Young Lee**  
203-499-8259



**Rob Fischer**  
203-494-7324



**Gerri-Lynn Thielen**  
203-787-7800



203-787-7800  
Woodbridge  
www.WDSELLS.com



**JUDY COOPER**



JUST LISTED ANOTHER  
SPECIAL HOME IN WOODBRIDGE

**2 DEBBY LANE**  
Custom Tudor-Style Raised Ranch

Offered at \$449,900



*Professional Standards Certified Specialist  
Accredited Buyer Representative  
Certified Negotiation Specialist  
Certified Residential Specialist  
Senior Real Estate Specialist  
Graduate Realtors Institute*

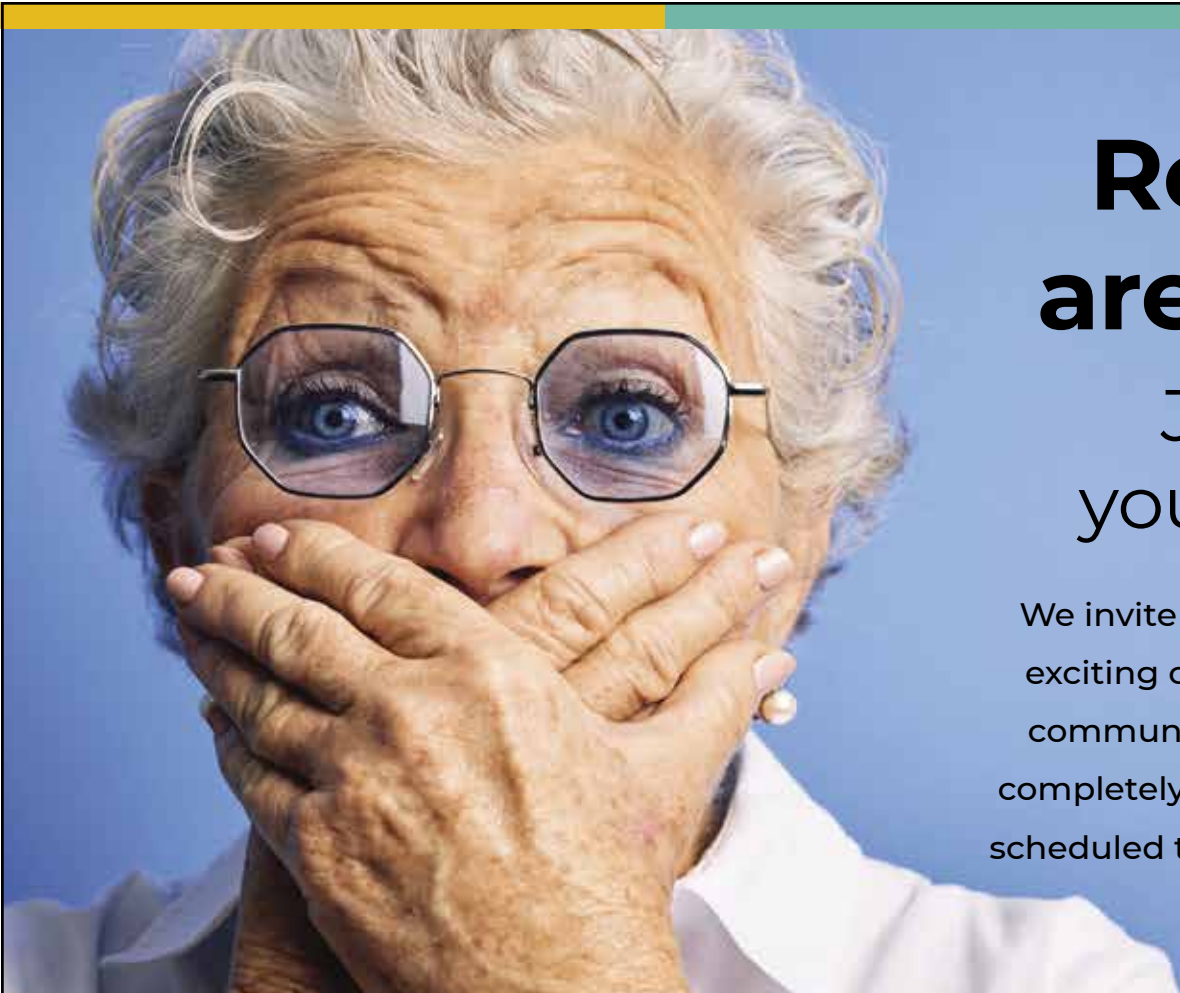
**Questions?**  
Just call Judy!  
203-605-5128

[judy@judy-cooper.com](mailto:judy@judy-cooper.com)  
[Judy-Cooper.com](http://Judy-Cooper.com)



Enchanting raised ranch on a pleasant cul de sac.

- ★ 2,904 square feet 3 Bedrooms, 3 Bathrooms
- ★ Formal living room with wood fireplace, & vaulted beamed ceiling
- ★ Formal dining room with vaulted beamed ceiling, & slider to deck
- ★ Kitchen with dining area, vaulted ceiling, updated appliances, vinyl tile flooring, formica countertops, & door to deck.
- ★ Family room on lower level with wood fireplace, slider to screened-in porch, & full bathroom
- ★ Master bedroom with walk-in closet & remodeled full bathroom with frameless glass shower & tile flooring
- ★ Screened-in porch off lower level family room
- ★ Laundry room off lower level family room
- ★ 2-car attached garage with automatic openers
- ★ Large Trex deck off dining room & kitchen
- ★ 3-zone forced warm air & central air conditioning
- ★ Roof-mounted solar panels
- ★ Open & level 1.63 acre corner lot



**Renovations  
are underway!**  
Just like Mary,  
you'll be surprised.

We invite you to come see for yourself all of the exciting changes to our refreshed senior living community. New lobby, bistro, restaurant, and completely renovated hallways are underway and scheduled to be complete in early summer of 2021.

**START SAVING NOW**

But don't wait – move in before renovations are complete and pay just \$99 on your first month's rent on **any** Assisted Living or Memory Care apartment you choose. Call (203) 350-3260 now to learn more.

*A Whole Lotta Heart*

330 Amity Road • Woodbridge  
(203) 350-3260 • [TheLindenAtWoodbridge.com](http://TheLindenAtWoodbridge.com)

A LEISURE CARE COMMUNITY

**THE LINDEN**  
AT WOODBRIDGE





# From the Democratic Town Committee

BY LAURENCE GROTHEER



Rich irony underscores rampant hypocrisy at the heart of the Republican Party in 2021. Militant, extremist GOP operatives and elected officials work to curtail voting rights in states nationwide, Connecticut included, and they refuse to compromise on gun safety legislation of any kind, at any level of government. They actively deny the science behind climate change, refute the seriousness of the coronavirus, and question the vaccine that will end this pandemic.

But now Woodbridge Republicans want voters to believe their party stands for ‘balance.’

Isn’t it the Republican Party that screams ‘socialism’ when any project or program is proposed for the greater good? Isn’t it the Republican Party that had no policy platform in 2020, except the policy whim of its (now deposed) leader on any given day? Didn’t the Republican Party deny Merrick Garland an appointment to the Supreme Court eight months prior to Election Day in 2016, only to hurriedly confirm its own appointee with less than two months to Election Day last year?

Please. There is nothing balanced about the Republican approach to government in 2021.

On Monday, May 3, Woodbridge voters should reject GOP hyperbole and instead, elect the slate of Democratic candidates on Row A, each of whom is given to community service and experienced in the practical, necessary aspects of government.

As the town’s chief elected official, First Selectman Beth Heller steers with a steady hand. She has the experience of more than 20 years’ involvement in town business to inform her decisions. For the term ahead, Beth carefully chose 14 additional proven, dedicated public servants with whom she is eager to serve. I encourage all residents to endorse Beth’s seasoned, sensible leadership by voting for her

entire slate of running mates. A favorite target of Republican ire is the town’s budget and mill rate, and yet the Woodbridge GOP does not offer one single suggestion about where the budget should be cut, or how the mill rate might be lowered. Fully two-thirds of the budget each year is given to the town’s two, top-notch school districts. The rest is efficiently managed to keep roads paved and plowed, provide services and programming for seniors, keep lights on for library patrons, and offer recreational opportunities for Woodbridge families. To be sure, there is nothing controversial – let alone radical – in these municipal priorities, nor in the way they will be administered by Beth Heller and her team of exceptionally qualified, extraordinary running mates.

On the other hand, electing inexperienced Republican candidates is risky: they could undermine the quality of our schools to satisfy some random budget target and similarly, they stand ready to arbitrarily quash town services residents need and want.

While facing the extraordinary pressures of 2021, extremism in government at any level is a disservice to those to whom it is responsible. In Woodbridge, I suspect this year’s challenge to the town’s solid, successful leadership – cloaked in repeated bleating about ‘balance’ – would infuse unwanted, unpopular Republican ideology to our town government.

Woodbridge voters, beware of Row B. Instead trust Row A – with its authentic, accomplished candidates – and then vote accordingly by absentee ballot (<https://bethheller.org/voting-by-absentee-ballot>), or in person on Monday, May 3.

Residents who want to be involved in local government should contact the Woodbridge Democratic Town Committee at [woodbridgedtdems@gmail.com](mailto:woodbridgedtdems@gmail.com).

# Other Side of the Aisle

BY CHUCK PYNE  
WRTC CHAIRMAN



As we approach Election Day Monday, May 3<sup>rd</sup>, I urge voters to consider where the candidates stand on Woodbridge issues. The candidates running on the Republican slate – a diverse group of your neighbors who are registered Unaffiliated, Democrat and Republican – offer clear, concise positions on the important local issues of the day. While these positions are spelled out in greater detail on our WoodbridgeGOP.com website, let me summarize.

Board of Selectmen candidates David Vogel, David A. Lober and Stephen B. Francis are opposed to the controversial zoning application still being considered by the Town Plan and Zoning Commission. They reject not just the change that would allow a 4-family home to be built at 2 Orchard Road, but also the proposal to wipe out our 1.5-acre single family housing regulations. Further, our Selectmen candidates have been steadfast in defending Woodbridge’s reputation against the applicants’ accusations of racism. The Democrat candidates for Board of Selectmen have been inexplicably silent on this issue.

Similarly, our Selectmen candidates have been crystal clear on what to do about the golf course property. First, clean it up. It’s a Town treasure left to spoil. Second, enlist a professional company expert in golf course repurposing to present options to the Town – within the constraints of current zoning and other considerations important to the town. More than a year ago money was set aside to hire a consultant, but the current Town leaders have failed to move forward. On another important issue, their position on a better way to bond is to have each proposed project voted on separately, giving the voters the opportunity to prioritize projects. This procedure gives more power over our mill rate to the voters.

Woodbridge Board of Education candidates Daniel Cowan, Brooke Hopkins, Sarah Beth Del Prete and Jeffrey Luck are all parents with ten Beecher students among them. Daniel is an incumbent and was integral to the Republican-led Board’s commitment to reopen the school safely by following the science. All four candidates are committed to keeping the Beecher education standard outstanding, the students and staff safe and the budget under control.

Our town faces a particular challenge with the Amity school system now. Student populations in Woodbridge are increasing while the Orange

and Bethany counts are flat or decreasing. As the portion of the Amity budget allotted to each town is based on the student population, Woodbridge is headed for additional financial pressure. It is imperative Woodbridge have strong, knowledgeable and reasonable voices on the Amity Board of Education to fight the over-taxing practices of the past and ensure every dollar is spent wisely. Roy M. Ivins, and Sanjay Gupta are the candidates best able to deliver the representation we need on that board. Their knowledge of and connection to Amity are diverse – Roy’s children and grandchildren span 29 school years at Amity. Sanjay has one in the middle school and one coming up through Beecher. It’s a great mix of experience with Amity quality and a new perspective from the next generation.

Our Zoning Board of Appeals candidates Barbara Hagan-Smith, Muffy German and Robert Wiznia are all long-time residents of Woodbridge who have been involved in a wide variety of volunteer organizations in town for decades. They do bring a wealth of knowledge about our town and are smart, fair minded people who will serve honorably. Our candidate for the Zoning Board of Appeals Alternate is Lin Yang, a resident of Woodbridge for many years and a naturalized citizen in 2018, who values the opportunity for public service.

Janet Barillari, our candidate for the Board of Assessment Appeals has served on the BAA before, including as Chair. Separately, for several years she served on Woodbridge Board of Finance. Both a CPA and the managing partner of her Shelton-based firm, Janet, is highly qualified for the position she again seeks.

In our over-charged national political climate, it is all too easy to “run to our corner” and support candidates based on their party. That would be a loss for our town. Ours is a slate that is far from “all Republican.” We vetted each individual based on qualifications, vision for the town and willingness to serve – regardless of affiliation. That’s how we believe all candidates should be evaluated and we hope you will look at our candidates in that same light. Consider Woodbridge has been under Democrat leadership for 14 straight years. By voting Row B for Balance on May 3, you will elect highly qualified candidates who offer better ideas and a more even-handed approach to move our town forward in the face of serious challenges ahead.



Woodbridge Town News

**CALL TODAY TO RESERVE YOUR AD SPACE!**

Display ads start at only \$110 per issue.

Call 203-298-4399 to place your ad!



Woodbridge Town News

Woodbridge's Exclusive Newspaper

Mailed Free to Every Home in Woodbridge  
Mailed Free to Every Business in Woodbridge & Bethany

Circulation of 3,649.

Mailing Address: P.O. Box 1126, Orange, CT 06477  
Phone: 203-298-4399

Publisher Rocky Salperto  
Editor Marlene Silverstein  
Production & Design J. Michael Kriz  
Correspondents Melissa Nicefaro | Bettina Theil  
Contributing Writers Roberta Nestor | Ginny Reinhard

To Submit News Articles/Local Events contact 203-298-4399  
or Email: [edit@woodbridgetownnews.com](mailto:edit@woodbridgetownnews.com)

For Advertisement Information call 203-298-4399  
or Email: [ads@woodbridgetownnews.com](mailto:ads@woodbridgetownnews.com)

To Submit a Letter to the Editor mail us  
or Email your letter to: [letters@woodbridgetownnews.com](mailto:letters@woodbridgetownnews.com)

To Submit a Bulletin Board Event  
Email us at: [bulletinboard@woodbridgetownnews.com](mailto:bulletinboard@woodbridgetownnews.com)

All articles, photographs and letters must include your name, address and daytime telephone number for confirmation. The Woodbridge Town News reserves the right to reject any advertisement, article, photograph or letter. Letters to the Editor must be unique to the Woodbridge Town News.

Contact us:  
Rocky Salperto ..... [Rocky@woodbridgetownnews.com](mailto:Rocky@woodbridgetownnews.com)  
Marlene Silverstein ..... [Marlene@woodbridgetownnews.com](mailto:Marlene@woodbridgetownnews.com)  
J. Michael Kriz ..... [Mike@woodbridgetownnews.com](mailto:Mike@woodbridgetownnews.com)  
Melissa Nicefaro..... [Melissa@woodbridgetownnews.com](mailto:Melissa@woodbridgetownnews.com)  
Bettina Theil ..... [Bettina@woodbridgetownnews.com](mailto:Bettina@woodbridgetownnews.com)

[www.WoodbridgeTownNews.com](http://www.WoodbridgeTownNews.com)

RESERVE YOUR AD SPACE TODAY. CALL US AT 203-298-4399.

MICHAEL J. PAOLINI, CPA

PERSONAL AND BUSINESS TAX RETURNS  
FINANCIAL STATEMENTS  
IRS AND STATE REPRESENTATION  
TAX PLANNING  
BUSINESS FEASIBILITY STUDIES  
NON-PROFIT EXEMPTIONS

174 CHERRY STREET · MILFORD, CT 06460  
PHONE 203-876-0445 · FAX 203-874-7498  
[mpaolinicpa.com](http://mpaolinicpa.com)

Woodbridge Town News

Below are the next three issue dates & deadlines of the Woodbridge Town News.  
Thank you for your submissions to Your Home Town Newspaper.

Upcoming Issue Date

Issue Deadline

May 28 | Memorial Day Issue ..... May 21

June 25 | Independence Day Issue..... June 18

September 3 | Labor Day & Back To School Issue..... August 27

Note: Copy due by 4:00p.m. Thank you.

FROM OUR READERS

Appreciating Beecher Road School Staff

May 3 begins Teacher Appreciation Week, and we, the members of the Woodbridge Board of Education, and our Superintendent, wish to publicly salute the teachers, administrators, and support staff who have continued to make Beecher Road School the outstanding educational jewel of the Woodbridge community. The pandemic of the past year has transformed education worldwide; however, our Beecher staff has gone above and beyond to meet the changing academic, social, and emotional needs of our children.

Guy Kawasaki has called teachers “society’s heroes.” Here in Woodbridge, the teachers and all other staff at Beecher Road School are among our heroes. We thank them for all they have done, and continue to do, for the young children of our town.

Woodbridge School District Board of Education members:  
Lynn Piascyk, Chair  
Joyce Shavers, Vice-Chair  
Maegan Genovese, Secretary  
Daniel Cowan  
Lor Ferrante Fernandes  
Jeff Hughes  
Dr. David Ross  
Dr. Michael Strambler  
Dr. Jeffrey Townsend  
Jonathan S. Budd, Ph.D., Superintendent

Spending Plan Not Fiscally Responsible

I was pleased to read in the Woodbridge Town News of plans to renovate the old firehouse and convert the building into a community center.

This is to be funded with a \$2.85 to \$3.35 million bond, that will hopefully be voted on in a referendum in next month’s election. The proposed bond package includes \$557,000 to build a new storage shed at the new firehouse, a building for which town taxpayers paid over \$7M. In addition, the fire department has already spent several

hundred thousand dollars of taxpayer money to construct the foundation for the proposed shed. I appreciate the work and commitment of the volunteer fire fighters to our town (I am a volunteer in the town as well), but spending close to ¾ of a million dollars on a storage shed defies logic and fiscal responsibility.

The plan for this shed is faulted on several levels:

Has the need been independently assessed? The first step would be to inventory each item in storage and determine its current condition, need, frequency of use and redundancy with other equipment. Sell or donate any items no longer needed or used.

Discuss with neighboring fire departments in New Haven, Bethany, Orange, Ansonia and Seymour if they would be willing to participate in an equipment sharing program, particularly for expensive and seldom used items. Storage of these items could be shared among participating communities. This would be a win-win for fire departments that are already prepared to support each other in event of large fires or emergencies.

Assess the way space is being used in the new firehouse. Priority should be given to fire department needs over recreational purposes, for which the basement is currently being used.

The proposed cost of the new shed is excessive. At least two decent sized single-family homes can be built for the proposed amount. Building this shed with heating and cooling infrastructure is unnecessary. It will add to operating costs for very little gain. If certain equipment is temperature sensitive, that should be identified first and either stored in the firehouse or with partner fire departments.

The Town Public Works Department recently purchased two 40-foot-long storage sheds for \$4500 apiece. If an

See “Letters” On Page 21

Woodbridge Town News

WTN LETTERS POLICY

Submit your letters for our "From Our Readers" section to:  
Woodbridge Town News, P.O. Box 1126, Orange, CT 06477  
or email: [letters@woodbridgetownnews.com](mailto:letters@woodbridgetownnews.com).

Please limit letters to 500 words and include a daytime phone number in case we have any questions. Letters must be exclusive to the Woodbridge Town News for publication. We reserve the right to reject any letter.



MUNICIPAL ELECTION DEMOCRATIC CANDIDATES 2021

Beth Heller

Incumbent Candidate for First Selectman

Beth Heller has been First Selectman of Woodbridge since July 2017. Prior to this, she was a member of the Board of Selectmen since 2008, serving as Deputy First Selectman since 2009. She is seeking re-election to a third two-year term beginning on July 1, 2021. Following the death of First Selectman Ed Sheehy in April 2013, Beth had also been elected by the Board of Selectmen to complete his term as First Selectman through June of that year.

As First Selectman, Beth has been a member of the Southern Connecticut Council of Governments (SCRCOG) since 2017. She served as SCRCOG vice chair in 2019, and was then elected chair, serving in that capacity from January through December 2020.

Before joining the Board of Selectmen, Beth served as secretary of the Library Commission (1994 to 1998), and subsequently served for nearly a decade as chair of the Board of Fire Commissioners (1999 to 2008). She was a Woodbridge Deputy Registrar of Voters from 1997 to 1998, and a Woodbridge Registrar of Voters from 1998 to 2008. She is a past co-chair of the Woodbridge Community Council, and co-founder of the popular 'Summer Concerts on the Green.' Beth was instrumental in the Town's successful application for a \$400,000 State of Connecticut STEAP Grant for renovation of our animal shelter.

Beth is a graduate of the Roger Williams School of Nursing and a registered nurse li-

censed in Connecticut. During her active nursing career, she was a charge nurse at Roger Williams Hospital in Providence and at St. Elizabeth's Hospital in Boston. She is a member of the Board of Corporators of Griffin Hospital, a position she has held since 2009. She is also a member of the Board of Directors of the East Side Burying Ground Association in Woodbridge.

While raising her family in Woodbridge, Beth was active in the Beecher Road School PTO (Past Treasurer), the Amity Junior High-Bethany PTO (Past Treasurer), and the Amity Regional High School PTO.

Beth and her husband Allen have been married since 1976 (almost 45 years) and have lived in Woodbridge for 29 years. Allen retired as vice president, medical science, at Bayer HealthCare Pharmaceuticals in 2013. He is currently an independent consultant in clinical pharmacology and pharmaceutical development, and Clinical Professor, Department of Preventive Medicine (biostatistics and epidemiology) at the University of Southern California, where he teaches the intermediate biostatistics course in the university's online Master of Public Health program. Before coming to Bayer, he was a full-time academic faculty member in the Department of Neurology, Harvard Medical School. Their three sons, David, Richard, and Stephen are all graduates of the Woodbridge and Amity school systems.



Paul Kuriakose

Candidate for Board of Selectmen


Board of Selectmen candidate Paul Kuriakose has served on the Board of Finance since 2015 and has been its vice-chair since 2019.

Paul brings expertise from a successful business career as a real estate investor and manager and decades as a technology strategist. He is a collaborative and forward-thinking leader on the Board of Finance and as liaison to the Board of Police Commissioners.

Paul has degrees in computer science, software engineering, and business from the New York Institute of Technology, Fairfield University, and NYU Stern School of Business,

respectively. Paul's extensive education, professional experience, and working knowledge of the town's budget will be a great asset on the Board of Selectmen.

To be sure, community service is a family practice in Paul's household. His wife, Neelima Kaushal, M.D., is a member of the town's ad hoc Diversity and Inclusion committee and will be president of the Woodbridge Rotary Club for a year starting in July. She is also involved in CALMED, an effort to educate medical care providers in prevention of maternal demise after childbirth in developing countries.





Joe Crisco

Incumbent Candidate for Board of Selectmen

As a Selectman in Woodbridge since 2017, Joe is running for re-election to a third term. He serves as liaison to the Board of Police Commissioners, Board of Fire Commissioners and Town Plan and Zoning Commission.


Before his election to the Board of Selectmen, his twelve terms as a State Senator, from 1993 to 2016, were distinguished by numerous Committee roles, including co-chair of the Insurance and Real Estate Committee, vice-chair of both the Banks Committee and the Commerce Committee and chair of the Appropriations Committee. He also served as Chief Deputy President Pro Tempore of the State Senate.

Among his many accomplishments while a member of the Connecticut General Assembly, Joe worked tirelessly to encourage economic growth and job creation, ease the tax burden for families and small businesses, support youth development programs and public schools, and ensure access to quality services and programs for senior citizens. Joe created the CT Biomedical Research Fund which seeks to advance research on eight major illnesses, and he was a leader in critical breast cancer

legislation. He also created the Connecticut Hall of Fame which celebrates individuals who have made outstanding contributions to our state and country.

Prior to his 24 years working in Hartford, Joe began his service to the community by holding elected and appointed positions in Woodbridge. He was a member of the Woodbridge Board of Education from 1989 to 1993, and on the Town Plan and Zoning Commission from 1986 to 1988. He is well-versed in both Town and State governmental issues and brings a depth of knowledge to his involvement on the Board of Selectmen, particularly in these challenging economic times.

Joe and his wife Pat, who works as the Woodbridge Tax Collector, moved to Woodbridge in 1977 to raise their six children. They are the proud grandparents of nineteen grandchildren. Joe graduated from Wilbur Cross High School in New Haven, where he was inducted into the Athletic Hall of Fame. He attended the University of Connecticut, where he played football. Joe is an avid runner – you may see him out along the roads of Woodbridge in every season and in all kinds of weather!



Sheila McCreven

Candidate for Board of Selectmen

Sheila is running for the Board of Selectmen after 20 years of continuous public service to Woodbridge. She is presently a member of the Amity Board of Education (ABOE), where she has served since 2014. Previously a member of the ABOE's Policy committee, chair of the Personnel committee, and Board Secretary, she also chaired the ABOE ad hoc-committee to explore options to share services and become a K-12 regional district while ensuring we retain local control of our schools.

Sheila was previously elected to the Board of Assessment Appeals serving from 2013 to 2015, and prior to that served two 4-year terms on the Woodbridge Board of Education (WBOE), to which she was first elected in 2005. While a member of the WBOE, Sheila served as board Secretary (2005-07), and Chairman (2007-2011). She participated as a member of the negotiating team for several union contracts at both Beecher and Amity, and was also actively involved in the Superintendent search process for the Woodbridge School District in 2005, and the Amity School District in 2018. Sheila was also on the Town Building Committee that managed the project to enhance security and extensively renovate Beecher Road School that concluded in 2016.

She began her public service as an appointed member of the ad hoc committee that established Woodbridge Government Access TV (WGATV) in 2001, serving as chair of that

committee as it transitioned to a commission (GATCOM). From 2012 to 2015 Sheila also served as chair of the Commission on the Use of Publicly Owned Property (CUPOP) while it contributed to the process of creating the Town's current Plan of Conservation and Development (POCD). She also worked as Deputy Registrar of Voters (2016-2017) and is also currently a member of the Sperry Park Committee.

In addition to her wide range of experience on boards and commissions, Sheila will bring to the Board of Selectmen a professional background in communications and public relations, which includes past positions with the United Nations Department of Public Information in NYC, the Citywide Youth Coalition in New Haven, Woodbridge Town Hall, and her current job at Yale University where she is Director of Communications in the Office of International Affairs. She holds a Bachelor of Fine Arts degree in Media Arts and Advertising from the School of Visual Arts in New York City.

Sheila also has wide-ranging community experience having served on the Board of Directors for several local non-profits, including the Amity Teen Center and the League of Women Voters – Amity. She is currently the president of the Board of Directors of the East Side Burying Ground Association. Sheila and her husband have lived in Woodbridge



See "Sheila McCreven" On Page 7



# MUNICIPAL ELECTION DEMOCRATIC CANDIDATES 2021

## Carol Oladele

Candidate for Amity Regional Board of Education

Carol Oladele, Ph.D., M.P.H., is running for the Amity Regional Board of Education. She is a chronic disease epidemiologist and health disparities researcher at Yale. Her professional expertise will help inform districtwide conversations on public health issues.

Carol earned her Ph.D. in Epidemiology and her MPH in Health Education from the University of South Florida. Her affiliation with the American Public Health Association and the American Heart Association, coupled with a joint commitment – with her husband, Jean-David – to raising two school-aged sons, underscore Carol’s vibrant community spirit.

“I’m running to lend my voice to maintaining strong academic school communities that foster creativity, leadership, and inclusiveness,” Carol said.

## Donna Schuster

Candidate for Amity Regional Board of Education

Donna Schuster, M.B.A., is running for the Amity Regional Board of Education. She seeks to supplement complementary roles as a former court advocate for abused and neglected children, and current mother of three children enrolled in the Woodbridge and Amity school districts.

Donna has over 10 years of business experience in marketing with various Fortune 500 companies (including AIG, Mattel, and Sprint), specializing in strategic and operational program management. She earned her B.S. in Business Administration with a concentration in Marketing Management from Goldey-Beacom College, and her M.B.A. from Widener University.

Donna is also an active volunteer with local food donation programs and environmental groups. With a record of admirable priorities and a demonstrated commitment to public education in Woodbridge, Donna is a strong, sensible candidate for the Amity Board of Education.

## Michael Strambler

Incumbent Candidate for Woodbridge Board of Education

Michael Strambler, Ph.D., is running for re-election to the Woodbridge Board of Education, having been appointed to fill a vacancy in 2019.

He has been an Assistant Professor at the Yale School of Medicine since 2014 where he directs Child Well-Being and Education Research at The Consultation Center at Yale. Michael received his Ph.D. in Clinical Psychology from University of California at Berkeley and conducted his predoctoral fellowship at the Institute for Juvenile Research at the University of Illinois at Chicago. Upon completing this fellowship, he was a Postdoctoral Fellow at Rush Neurobehavioral Center.

“My work focuses on the role of social environments in the academic, psychological, social, and behavioral well-being of children and youth. A second theme examines whether and how school-based programs and practices improve the academic performance and health of children and emphasizes practical approaches for how to use data to inform practices and policies,” he said.

## Maria Madonick

Candidate for Woodbridge Board of Education

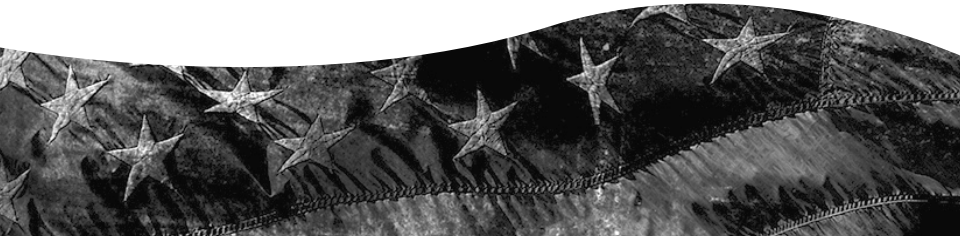
Maria Federico Madonick, APRN, CRNA, is running for a seat on the Woodbridge Board of Education after serving for several years as a member of the Beecher Road School PTO Executive Board as Treasurer, and as Special Events Coordinator. She has served on its Teacher Grant Committee since 2015.

Maria will complete her Doctor of Nurse Anesthesia Practice degree this spring. She works at Yale New Haven Health and is self-employed as well. She has been a member of the CT Association of Nurse Anesthetists since 2006.

Maria and her husband are raising four school-aged children. “I have a love for the Woodbridge community and a passion for channeling that energy into concrete ways to support education,” Maria said. “Woodbridge education must continually evolve so that our students meet and exceed the growing challenges of middle school and high school.”

*“Sheila McCreven” From Page 6*

since 1997 and have three grown children who graduated from the Beecher and Amity school



## Jay Dahya

Candidate for Woodbridge Board of Education

Jay Dahya, PhD, is running for a seat on the Woodbridge Board of Education after being actively involved at Beecher Road School as a parent. Jay has served on the school’s Diversity Committee since 2018, and he and his wife have been MAG parents for the past seven years.

Jay is a professor of finance at Baruch College, CUNY, Graduate Center CUNY, and at Columbia Business School, Columbia University, specializing in all areas of financial management and corporate governance. His research is published in leading finance and economics journals, and for his work in the classroom he is a recipient of the Dean’s Teaching Award at CUNY in 2008 and Commitment to Teaching Excellence Award at Columbia Business School in 2018 and 2020. He has served on various university committees and boards that address curriculum, technology-based learning, hiring and promotion, diversity and inclusion, and planning and budgeting, among others. Jay has held visiting positions at Cambridge University, London Business School, Glasgow University, University of Porto, University of Lisbon, and Universiti di Bologna.

“As a WBOE member I will listen to diverse opinions, be fair and transparent in decision making, work collaboratively on committees, help to guide school leadership on future strategy, ensure financial accountability, and selflessly serve the community,” Jay said. “My finance background (provides) unique knowledge of financial planning and budgeting to help the school balance investment needs, that further enrich the quality learning experience for our children at BRS, against fiscal responsibility to all town residents.”

## David Ross

Incumbent Candidate for Woodbridge Board of Education

David Ross, M.D., Ph.D., is running for re-election to the Woodbridge Board of Education (2-year term), having been appointed to fill a vacancy in 2019.

David is Associate Professor of Psychiatry at the Yale School of Medicine and an attending psychiatrist at the West Haven VA, specializing in the care of veterans with posttraumatic stress disorder. His primary academic work focuses on the design and implementation of innovative educational resources. As Co-Founder and Co-Chair of the National Neuroscience Curriculum Initiative, he has created novel teaching materials that are now in use at more than 200 training programs across the US and internationally. Similarly, he has conducted teacher training workshops at academic conferences and universities worldwide. Over the past year, his team has focused on how to adapt teaching and learning into the online space.

A second major area of academic work has been studying racial and gender disparities in the educational pipeline. As Director of Recruitment for the Yale Adult Psychiatry Residency Program, he led a team that restructured the recruitment process to ensure equity. He also co-founded a company that consults with residency programs to improve their ability to understand and respond to structural disparities and to identify the candidates who best align with their goals and mission.

Outside of work, he serves on the Board of Directors for the New Haven Road Race and is an avid baseball dad and coach.

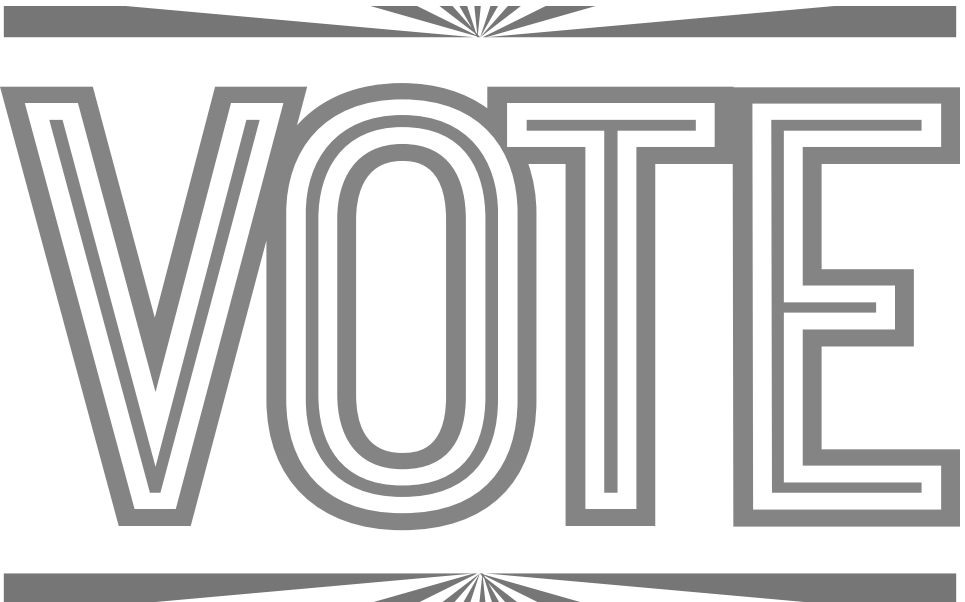
## Andrew Schaffer

Candidate for Board of Assessment Appeals

Andrew is running for re-election to the Board of Assessment Appeals. An attorney and Woodbridge native, he and his wife Hilary have two children enrolled at Amity High School.

Andrew is the current co-chair of the Family Law Section of the New Haven County Bar Association and has been a member of the Connecticut Bar Association since 1995. He is a former board member of the Woodbridge Club and former club President.

“As I have spent most of my life living in this town, I want to give back and try to make the place a better place for all to live,” Andrew said.





# DEMOCRATIC CANDIDATES

## Harry Nussbaum

### Incumbent Candidate for Zoning Board of Appeals

Henry is running for re-election to the Zoning Board of Appeals where he currently serves as chair. He was first elected to the ZBA in 2005. A physician at Bristol Hospital, he is running for re-election to continue “to participate in making Woodbridge a better place to live by providing good governance,” he says. Dr. Nusbaum has lived in Woodbridge since 1999 with his wife Judith Mambler, a dentist, and retired US Navy Captain. Their daughter Gabrielle is an Amity High School graduate. He

also has two grown children, Josh and Juliet. He received his BS from Rensselaer Polytechnic Institute, his MS from the Polytechnic Institute of Brooklyn, his PhD from MIT, and his MD from Albany Medical College. He most recently received an MBA from UConn in May 2016. Dr. Nusbaum brings discerning analytical skills and great integrity to his current volunteer work on the ZBA where he has served since 2005, and prior to that on the Board of Tax Assessment Appeals.

## Jeffrey Atwood

### Incumbent Candidate for Zoning Board of Appeals

Jeffrey is running for re-election to the Zoning Board of Appeals where he has served since 2017. He has been a proud resident of Woodbridge for most of his life and is a graduate of Amity High School. He attended Boston University where he met his wife, Nancy Li Atwood. They have two children who attend Beecher Road School, and Jeff is active in his son’s Boy Scout Troop 63. Jeff credits the Amity school system for providing him with a solid foundation for college

and his professional development. Jeff and Nancy actively chose to move back to Woodbridge to ensure their family would have access to all the opportunities the town affords. They enjoy their neighborhood, Woodbridge Recreation Department, and the Woodbridge Library. Of course, they are also involved with the incredible community of Beecher Road School. Jeff is delighted with Woodbridge as his hometown, and as a Zoning Board of Appeals member looks forward to continuing to help maintain the tradition and feel of Woodbridge.

## Celia Waters

### Incumbent Candidate for Zoning Board of Appeals

Celia is a candidate for the Zoning Board of Appeals. An attorney, she has been a Zoning Board of Appeals Alternate the past two years and now seeks a full-time seat on the board. Celia was born and raised in Woodbridge and moved right back to Woodbridge after law school in 2015. She and her husband have two young children. Celia’s dedication to community service is manifest in her pro bono work for Lawyers for Children – representing abused and neglect-

ed children since 2015 – and as chair of the philanthropy committee of the law firm where she works. “I attended Beecher Road School and graduated from Amity Regional High School in 2006. In my opinion, Woodbridge has always been the perfect town to raise a family,” Celia said. “I moved back to Woodbridge to raise my family, and I look forward to continuing to serve the residents of Woodbridge to ensure it continues to be a desirable place to live for all of its residents.”

## Aldon Hynes

### Candidate for Zoning Board of Appeals Alternate

Aldon is running for re-election to the Zoning Board of Appeals as an Alternate. He is a past chair of ZBA having first been elected to the board in 2013. He has long been active in the Woodbridge community since moving here in 2007 with his wife Kim and their daughter Fiona who attended Beecher and Amity schools and is now a college student. He also currently serves on the Government Access Television Commission which he chaired for several years and has been a candidate for State Representative in the 114th Assembly

District which includes all of Woodbridge. Aldon is the Communications Manager for the Community Health Center headquartered in Middletown, CT and is a member of the Connecticut Health Foundation’s 2013 Health Leaders Fellowship Program cohort. Aldon continuously seeks to find new ways to promote civic engagement in all parts of government, including local zoning discussions. Aldon studied philosophy at the College of Wooster and is currently working on a Masters of Divinity at Church Divinity School of the Pacific.

# REPUBLICAN CANDIDATES

## Stephen Francis

### Candidate for Board of Selectmen

Woodbridge is a beautiful small New England town, rich in history and charm. Widely, we have residents who are thoughtful and considerate, many of them having lived in town for many years or who are part of multi-generational Woodbridge families. I am proud to live in Woodbridge and admire the many talented volunteers and professional staff who serve our community with great dignity. This is where I stand on key topics in our Town:



**Zoning:** Woodbridge TPZ has a serious decision before it regarding the Open Communities Alliance zoning application on Orchard Road. A vote in favor of the application will nullify the current 1.5 acre zoning standard, leading to a host of issues connected to density and the Town’s ability to control future development. Conversely, a vote opposing the application will almost certainly result in lengthy and costly litigation. I advocate opposing the pending application and taking immediate action to create a Plan of Conservation and Development which reasonably meets fair housing mandates and is satisfactory to a majority of town residents. **Country Club of Woodbridge:** Commit to managing this once iconic property as open space until a referendum-based decision is made regarding its future. As part of this commitment, I support engaging a qualified independent third-party consultant with expertise in repurposing properties of this nature. The selected consultant must agree to present serious options for the future use of the property, based upon rigorous fact-based analysis, and within parameters supported by a majority of

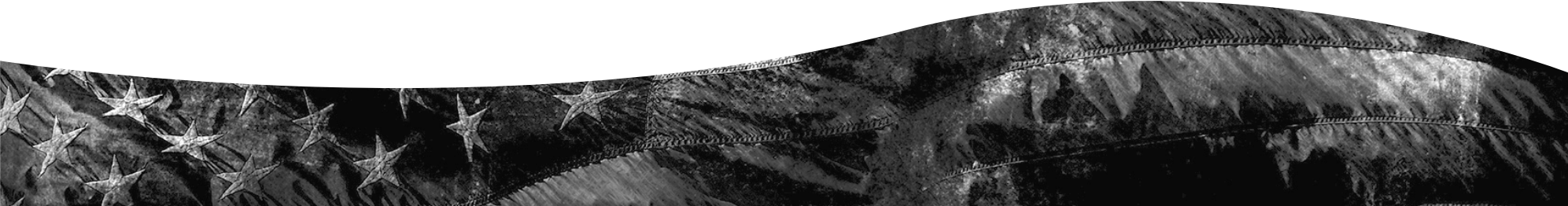
town residents. **Capital Projects:** I advocate that a systematic review be performed of our current process for the prioritization, budgeting and funding of bonded projects. This review should yield a new process which provides: 1) a full vetting of each proposed project, and 2) requires a referendum on each project above a certain cost. I feel that while this process will surely require a high level of planning and public discourse, in the end our townspeople will benefit from wide agreement on the purpose and affordability of bonded projects. **Education:** Our education system is vitally important to the well-being of our children and community as a whole. I acknowledge that quality education is expensive, comprising 62% of the Woodbridge preliminary FY’22 Total Budget. We have endorsed a slate of candidates for the Woodbridge and Amity Boards of Education, committed to leading superior education initiatives while prudently managing expenditures. Further, our teachers, administrators and staff are dedicated professionals who shape our future leaders. They deserve our respect and support at all times. **Police, Fire and Military:** As a military family, we acknowledge our police, fire and military service members and their collective families. These are demanding and frequently dangerous jobs that take courage and balance to perform effectively. These patriots and their families deserve our heartfelt respect and support – one and all. Thank you for your support and please vote Row B for Balance on Monday, May 3<sup>rd</sup>.

## Janet Barillari

### Candidate for Board of Assessment Appeals

It would be an honor to again serve our Town acting in the best interest of all parties involved, both the Town and its residents. My husband, Paul D’Ostilio, and I have been residents of Woodbridge for 30 years. We moved to Woodbridge because we enjoyed the quaint, rural feeling of the town which also provided us access to major roads and thruways we needed for our work. I was born and raised in CT and have a BS in Accounting from the University of Bridgeport and an MS in Taxation from the University of New Haven. As a Tax Partner of Venman & Co. LLC, a CPA firm in Shelton CT, I act as both a tax and financial advisor to a wide variety of businesses and not for profit organizations throughout CT and many individuals who reside throughout the US.

Several years ago, I served as Chairman of the Board of Assessment and Appeals and then I was appointed to serve on of the Board of Finance, where I voted on matters to ensure that your tax dollars were spent in fiscally responsible ways. I now seek reelection to the Board of Assessments and Appeals, a position that I am very qualified for due to my prior experience on this Board and my career experience with clients of my firm. I look forward to “giving back” and once again helping our town residents to be treated fairly in the Appeals process related to their tax assessment made by the Town with a clear understanding of the law and the rights of the Town. I would greatly appreciate your vote on May 3- Vote Row B.





# MUNICIPAL ELECTION REPUBLICAN CANDIDATES 2021

## David Lober Candidate for Board of Selectmen

I have been a resident of Woodbridge for the past 38 years, moving here from Florida for a job opportunity. My four children attended the Woodbridge schools, a prime reason for choosing this town. My wife, Felicia, a Registered Nurse, is now a Systems Educator at Yale New Haven Hospital.

I am a product of the public school system, attending Stuyvesant HS, Brooklyn College, and SUNY Downstate Medical Center. I began post graduate training in Surgery but switched to Anesthesiology when I realized I would rather prevent pain than inflict it.

After training, I served as a Naval Medical Officer during the Vietnam Conflict, achieving the rank of Lieutenant Commander. I moved to Connecticut to join the faculty at the Memorial Unit of Yale New Haven Hospital, eventually becoming Chief of Anesthesia there. There I created policies, supervised physicians and nurse anesthetists, interacted with hospital management and achieved the goals of the hospital while valuing the needs of my staff.

Moving to Woodbridge in 1984, I became involved in the community, coaching tee ball, soccer, Little League, volunteering as Assistant Scoutmaster of TROOP 907, working with Habitat for Humanity and participated in a complete rehabilitation project for a newly widowed Woodbridge household, sponsored by OLOA. I supervised and participated in two Eagle Scout projects at the Woodbridge Animal Shelter, a Hurricane Sandy Clean Up Project, and several Blue Trail restoration and cleanups. I served on the Board of Selectmen from 2017 to 2019.

My interests include sailing, golf, tennis, gardening, fishing, woodworking, playing the piano, and, of course, my grandchildren.

I first became involved in Woodbridge politics when I started a petition to save the Country Club of Woodbridge from shutting down, hoping to force a Town Meeting and vote on the issue. That petition, was, unfortunately, ignored. I was elected to the Board of Selectmen, believing that my leadership experience and policy making abilities, as well as a commitment to pragmatic solutions, would help move this town forward.

My first proposal was a multi-step program designed to ensure the physical and financial survival of the club, with grants, management contracts, free giant solar displays, rental space, and a small, planned development district along the undeveloped portion

of Woodfield Road which would not violate our 1.5-acre zoning. This was dismissed by the First Selectman whose solution was to sell off the property for dense development.

During budget talks, I proposed cost saving measures including replacing aging police cars with hybrid vehicles to reduce gas consumption and pollution, adding proven start/stop technology to those existing vehicles to additionally extend their life - again rejected by the majority board. I was able to get the Library to freeze

its budget, the only department to do so, and was able to obtain much needed funding to paint the Senior Center before it was sequestered into the general fund. I was also able to hold the mill rate to under forty.

I researched and informed myself of the facts concerning every town issue, asked probing questions, and offering actionable next steps for consideration. I pushed back hard against what I felt was bad policy, such as the restrictive leash law, and proposed a leash free zone on the Elderslie Tract.

Going forward, I believe spending can be curtailed without reducing services. Contracts need to be vigorously renegotiated when renewed, manpower needs continuously re-examined, and capital spending tailored to needs rather than wants. Bonding for capital projects should be voted up or down individually, and on their merit. Some capital funding should come from the overblown general fund, which now contains close to \$7,000,000, 50% more than required for preferred bonding rates. The mill rate needs to be kept in check; my taxes, like yours, most likely, have almost doubled in the last twenty years.

We need expert consultation for repurposing the Country Club property; we have been proposing this for the last 7 years. Dense residential development has remained the only solution put forward by the other side, although roundly rejected by town vote.

We need to protect our 1.5-acre zoning to maintain the character and property values of Woodbridge, while finding suitable sites to build the affordable housing which is being dictated by State law, encouraging contractors with undeveloped land to do so, and we need the voters to decide where it should go.

Electing myself and our two other BOS candidates would make bipartisan solutions possible. I believe with our three strong voices we can make a difference.



## David Vogel Candidate for Board of Selectmen

I am your neighbor; I have lived in Woodbridge for 23 years. I moved here for some of the same reasons that attract many residents to our town, Woodbridge was convenient to my workplace and it offered a great school system for my two daughters. They are now grown and have launched into successful careers. My wife, Leah, is an active runner and you have probably seen her covering miles of Woodbridge pavement in the early mornings. Or maybe you have met her where she works at Woodbridge Running Company. Our whole family recognize what a beautiful and special place we are privileged to call home.

I grew up in middle America, Springfield, Missouri to be exact. After public schooling I moved east to attend Yale where I majored in Physics and History of Science. In college I was also active in the Political Union and Varsity Crew. Subsequently, my career at Yale included positions as Assistant Director in Alumni Relations and as Senior Associate Director for Major Gifts in the Development Office. But for the majority of my career at Yale, some 30 years, I was a Varsity Men's Rowing Coach. After retiring from Yale, I was hired as the Director of Development for the Connecticut based National Rowing Foundation.

In Woodbridge I have followed local issues and have watched how we have handled the challenges facing the town. My decision to run for the Board of Selectmen was motivated by the current concentration of town leadership into the hands of a small number of people that has effectively silenced the voices of half our town. I believe that this is not in the best interests of Woodbridge. Certainly, allegiance to a national political party bears responsibility for this state of affairs, but is that really the best method for dealing with local issues? This isn't even working that well in Washington, D.C., our nation is politically polarized and seemingly incapable of bipartisanship. The local majority party bosses are most concerned about power and control, and they insist that those elected on their ticket "toe the party line". They denigrate their opponents, especially to deflect attention from their own shortcomings. However, beyond these few individuals who are partisan ideologues, the rest of us are

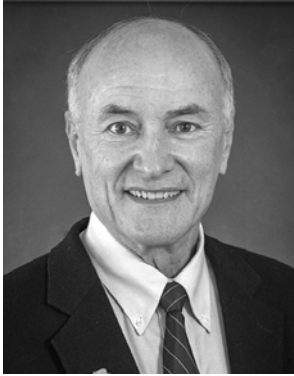
neighbors who want to help the town deal with problems and grow to be an even better home for all of us. Planning for our town should not be vested in the hands of mostly like-minded individuals; plans are best when made under the scrutiny of individuals who have different opinions and who represent all constituents. We require proactive leadership and solid decision making in order for Woodbridge to reach full potential. Yes, I am a fiscal conservative and a Republican. Who is better to tackle our escalating mill rate and taxation crisis?

In addition to my career working with people and managing programs and budgets, my qualifications for the Board of Selectmen include numerous volunteer activities and membership on boards of non-profits. I served on the USRowing Board of Directors; where I was elected to the Executive Committee and ultimately became President of this national governing body of the sport. During my presidency we undertook strategic planning, restructured our governance, changed our Men's and Women's Olympic Rowing Committees into a single High-Performance Committee, and also instituted a national rowing safety program. An era of prosperity for our National Teams followed. As president I also represented the United States at international rowing congresses.

I served as President of the Casitas Fund (a National Rowing Endowment), I was a volunteer coach for the Trinity Women's Crew, I volunteered with community outreach through Yale Community Rowing, I am on the board of the Yale Crew Association, and I currently serve on the Board of Directors at Whitney Center in Hamden.

My running mates and I are offering real solutions to our town's challenges. Our opponents seem satisfied with the status quo. We are not. Please take the time to read our platform at WoodbridgeGOP.com. The fresh ideas and leadership that our strong team of candidates will bring to Woodbridge will restore the balance that we so desperately need. Please come to the polls on May 3 and "Vote Row B for Balance."

Thank you for your support and please vote Row B for Balance on Monday, May 3<sup>rd</sup>.





MUNICIPAL ELECTION REPUBLICAN CANDIDATES 2021

Sanjay Gupta  
Candidate for Amity Board of Education

I have been Woodbridge resident for 8 years and have been living in Connecticut for over 20 years. I completed my MBA degree from UCONN Stamford, in Finance & IT and have served on many condominium boards in various capacities as President, Vice President and Treasurer as volunteer positions. I am married with two children. My daughter is in middle school and will be going to Amity High School next year. My son will be starting at Beecher Road School in the coming year.

I moved to Woodbridge for a better school system for my children. As a parent, the success of our schools is personal to me. Serving on the ABOE would allow me to make sure that all the children in the Amity system have access to a top-notch education. I also want to work towards finding a cost-effective solution for the ongoing pandemic and make sure we can address this problem without compromising the safety of our students or burdening our taxpayers.

If elected, I would concentrate on the school's budget and quality of education. I offer many years of operational experience, have an MBA in finance and worked on balancing large corporate budgets. My professional

background makes me well qualified to ask the tough questions and to make the right connections to keep our schools financially strong and our tax dollars prudently spent. I commit towards working with school administration to find fiscally responsible solutions and ensure that our budget reflects the needs of our schools and the community.

One of my goals is to improve communication between the board, administration and Amity families - making it continual, upfront and honest. I am running because I believe our ABOE needs change that emphasizes fiscal accountability, transparency and integrity. A board with balanced perspective will support our schools and help provide quality education for our students.

I would like to focus on student development. Amity schools need to do more to prepare students for the myriad of paths available to them after high school, from getting into top-tier universities to pursuing technical or creative professions. My personal experience and career path provides me a unique understanding about how to improve the experience of our students as we prepare them to go on in life.

Roy M. Ivins  
Candidate for Amity Board of Education

Roy grew up in Branford, was educated at Michigan State University, and served in the Army with a tour in Vietnam. Roy and his wife Maria have lived in Woodbridge for over forty years. They have three children, all of whom went through the Woodbridge/Amity school system, and currently have four grandchildren in the system as well, one in Beecher and three in Amity.

Roy has his own insurance consulting practice, and over the years has done a great deal of work for both public and private schools as well as various social service organizations. He has also been active in a variety of volunteer activities. He was on the board of directors for New Haven Ballet for nine years, including six as President of that board. He was appointed to the Woodbridge EMS Commission fourteen years ago, and has chaired that commission since 2009. He was appointed to the board of the Quinnipiac Valley Health District as a representative from Woodbridge in 2013, where he has also served on various committees

and currently chairs the Personnel Committee. He was elected to membership in the national Society of Risk Management Consultants (SRMC) in 2006, has served several terms on the Board there, chaired the SRMC Long Range Planning Committee for eight years, served on the Professional Practices Committee, recently completed a two year term as Treasurer of the Society, and is currently President-Elect of the SRMC.

Roy and Maria enjoy travelling and have been back to Italy many times where Maria still has family. He keeps his boat in Clinton, and enjoys fishing, clamming, crabbing, swimming in the middle of Long Island Sound, watching fireworks from very close up, and pretty much anything that involves salt water and grandchildren. Other hobbies include home winemaking, skiing, genealogy, and marching in the Macy's Thanksgiving parade, where he is a balloon handler. He was recently assigned to the balloon Chase (from Paw Patrol), to the absolute delight of his young grandson.

Lin Yang  
Candidate for Zoning Board of Appeals

When I was a teenager, America was but a dream, an abstract, faraway idea of freedom, self-sufficiency and opportunity. Twenty-five years ago, in the spring of 1996, I became among the fortunate few for whom that dream turned into reality when the University of New York offered me a full scholarship. Sixteen years ago, I moved to Woodbridge, Connecticut, this New England town of beauty and serenity, with my husband and our two toddlers. We purchased our first home here; my children went

to Stork Club daycare at the end of the road. I voted for the first time in my life in 2018 after I became a naturalized American citizen that year. In 2021, I will have both my two kids graduate from the Amity school system. They are now leaving home to pursue dreams of their own.

I have learned many things in this adopted homeland of mine. One of those things is that America is a land of opportunity and freedom,

See "Lin Yang" On Page 11

Daniel Cowan  
Candidate for Woodbridge Board of Education

I have enjoyed my time on the Board of Education very much over the last two years. I have learned much about the school and public education with this service. I wish to continue to serve the community by running for re-election. My wife and I have lived in Woodbridge for the last eight years, our younger daughter has attended Beecher Road since kindergarten, my older daughter is away at college. Prior to serving on the Board of Education, I was blessed to be the coordinator of the Halloween HOOT fundraiser, for three years. I am an active member of the Holy Transfiguration Orthodox Church of America. My public service started with my time in the Navy aboard the USS Toledo. After completing the Navy, I had the opportunity to attend the University of New Haven receiving

my B.S. in Mechanical Engineering. My passion for education and teaching was sparked at the University of New Haven becoming an instructor at the Porter and Chester Institute, where I taught courses specializing in the repair of the HVAC systems. As a registered professional engineer, I have observed that I bring valuable insight as a voting member of the facilities committee. I have found valuable insights about the school district from being a voting member of the policy and finance committee which I plan to participate in again next year. Finally, it is important that you know I support the in-person learning model, fiscal prudence with the budget, and parents' rights in the school. I look forward to winning reelection, with your vote, find me on Row B on Monday, May 3<sup>rd</sup>.

Sarah Beth Del Prete  
Candidate for Woodbridge Board of Education

Hi, I'm Sarah Beth Del Prete and I'm running for Woodbridge Board of Education and I am hoping to earn your vote in this important upcoming election.

For those of you who may not know me, I am a New Haven native who moved here 5 years ago. My husband, Dan, and I have 7 children ranging from 12 months to 12 years. We chose Woodbridge because we wanted our children to have the experience and benefit of a top-rated school system with a small town feeling and strong sense of community.

As the daughter of a retired, New Haven public school teacher, I understand and value the commitment and sacrifices our educators make. As a mom, taxpayer, and a local realtor who encourages people to move to our town on daily basis, I recognize that we need to not only maintain the school system's top rating but continue to improve upon it, retain and recruit top tier educators, but also make sure our neighbors can afford to continue living here and not be squeezed out by high taxes.

We need strong leaders who are prepared to work through challenges and who are committed to improving our educational system. I am someone who will advocate for our children and the future of our town, which is why I'm asking for your vote on May 3<sup>rd</sup>.

Since moving to Woodbridge, I've served as social committee co-chair on the Beecher PTO and volunteered within my children's classrooms. Prior to becoming a realtor, I worked on several local and national elections, however this is the first election with my name on the ballot. I am excited for the prospect of serving my community. I am prepared to address the areas I know I can add value to and look forward to learning and growing with fellow board members as we navigate our way through the challenges that lie ahead.

No matter where you stand politically, I hope you will strongly consider voting for me, Sarah Beth Del Prete, as well as the rest of my team – "Row B for Balance" on Monday, May 3<sup>rd</sup>.

Robert Wiznia  
Candidate for Zoning Board of Appeals

I have a long-standing interest in Woodbridge land use regulations which has been very helpful during my prior service on the Woodbridge Zoning Board of Appeals (ZBA), initially as an alternate and subsequently as a regular member. Effective membership on the ZBA requires a detailed understanding of these regulations. To enhance my knowledge in this field during my membership on the Board, I participated in a Connecticut Bar Association course offered at Wesleyan University covering Connecticut Land Use Law for Municipal Land Use Agencies.

My wife Carolann and I have lived in Woodbridge since 1980. Our three children, Marc, Daniel, and Lauren are products of the Beecher Road and Amity School Systems. Our son Daniel and daughter-in-law Julie live in Woodbridge and look forward to the day that their newborn son will attend Beecher Road School.

Growing up in nearby Milford, I attended

Milford High School. I graduated from Yale University and the NYU Grossman School of Medicine. My ophthalmology training was at the Tufts University Hospitals, followed by a retina fellowship at the Medical College of Wisconsin. I have served in the United States Army Reserve, attaining the rank of Captain. Since 1975, I have practiced ophthalmology in New Haven specializing in retina. Currently, I am an Associate Clinical Professor of Ophthalmology and Visual Science at the Yale University School of Medicine and actively participate in the education and training of ophthalmology residents at Yale New Haven Hospital. For many years, I participated in the Amity High School College Fair.

The ZBA does not formulate zoning regulations. It provides the opportunity for residents and businesses to seek approval for projects

See "Robert Wiznia" On Page 11



MUNICIPAL ELECTION REPUBLICAN CANDIDATES 2021

Brooke Hopkins

Candidate for Woodbridge Board of Education

Hello, I'm Brooke Hopkins and would be honored to serve as a member on our district's Board of Education.

A Woodbridge resident of 13 years, I have three children currently attending Beecher Road School. Over the past 9 years I've been an active parent, volunteering in the classrooms and participating in numerous school functions. Such interactions revealed that teachers in Woodbridge take pride in what they do and care about educating our children. I have appreciated the regular, professional communication with my daughters' teachers. In light of their updates, I have always wanted a systematic approach which is missing from our district. A transparent, rigorous K-12 curriculum guide that parents support and understand, this will help them make sure their children are on the path to mastery and success.

As a social worker with an MSW, I am proud to have held successful leadership roles working with diverse populations over the past 30 years. I have a long history of working in the nonprofit sector with a focus on young people. In 2012, I founded the Kelly Ryan Foundation, which raised over \$150,000 for families in need. In 2016 I started CT Youth Resources, which works with at risk youth through a mentoring program and providing support to families. In addition to my role as CEO Of CT Youth Resources, I am currently an Advisor to MSW students at the University of Connecticut School of Social Work.

No matter my role, I bring thoughtfulness, integrity, and determination to my effective approach. I am deeply committed to children, parents, and THE LEARNING COMMUNITY THAT VALUES SUCCESS.

Jeffrey Luck

Candidate for Woodbridge Board of Education

I have been a Woodbridge Resident for the past 11 years. My wife Christine and I have two children at Beecher Road School.

I completed my undergrad at Baruch College in Operations Management, Forecasting and Statistical Analysis and my MBA from Long Island University in International Business. I have been in the pharmaceutical industry for the past 25 years. I understand the risk and concerns about the safety of our schools. As our community and our school over the past year and a half faced many challenges, one major issue I saw was in-person learning. I watched how divided our community had become and the challenge to find the correct information regarding safe in-person learning and how remote learning was handled.

The Board handled Beecher's reopening well. That is the kind of leadership that I want to continue. Through this I saw parents struggle to find answers about the re-opening. I would like to push the Board to be even more transparent. I want issues such as pending motions and how to log in to attend Board meetings to be fully accessible to the community. When new

policies are being discussed, our parents and community need to be informed of what the Woodbridge Board of Education is doing.

In my job I work with a diverse groups of people, and I have learned that success comes when people work together for common goals through open, respectful and thoughtful communication.

Parents must know what is being taught in our school. It is all the information that I don't know as a Beecher parent that drives me to want to serve on the Board - and to make information about our school more accessible to all parents and the community.

I want to bring transparency and the view that the school board should not be political. The value Beecher Road School brings to our children is that it prepares them for the next phase of their education...and that education is reflected in their academic success.

If elected, I am committed to being an active member of the Board, to keep Beecher delivering that value to our children and our taxpayers. I ask you for your support and for the rest of our team on Row B on Monday May 3, 2021.

*"Lin Yang" From Page 10*

to which many young people around the globe still aspire to come to. Freedom is not only the work of those great men and women whose names are enshrined in our history books; freedom derives from the everyday involvement of numerous ordinary citizens like us, who contribute to every aspect of our town, our state and our country. We vote. We volunteer. We get informed and we share information. We talk to our legislators when there is an issue we feel strongly about. And many of us also serve in public office, sometimes minor positions, on a volunteer basis.

Woodbridge has been the town my children

call their hometown. I have never stayed in one place for as many years as I have resided in Woodbridge. Woodbridge is now home for us; an immigrant family that came from the other side of the world. I am hoping, in one way or another, that I can serve and give back what I can to this beautiful town.

Therefore, I am honored to have the opportunity to run as a candidate for being a Zoning Board of Appeals alternate with the Republican team. I am a Chemical Engineer with decades of working experience in a multinational company. I am logical, fact-focused, and a quick learner. I would be honored to win your vote and have a chance to serve our town and my neighbors in the next two years.

Muffy German

Candidate for Zoning Board of Appeals

I am a lifelong resident of Woodbridge, and still reside in the 200-year-old farmhouse where I was brought up. I attended Center and Beecher Road Schools and Bethany Junior High before going to The Gateway in New Haven. After graduating from Wells College, I returned to Woodbridge and took a survey course in calligraphy at Creative Arts Workshop in New Haven. Taught by Yale Press book designer, John O.C. McCrillis, this course inspired me to take up pen and ink as a career. Clients have ranged from Yale University and Divinity School, Foote School, JCC and The Write Approach to countless brides, graduates, party planners and gift givers. Since Mr. McCrillis' retirement it has been my pleasure to teach the calligraphy classes at Creative Arts Workshop. I have also taught at SCSU, Guilford Arts Center, Mysticaligraphers, Inc. and even presented an after-school program for Beecher Road School students.

Woodbridge has offered many opportunities for fulfilling volunteer work. I served on the Friends of the Library Board back when the secondhand bookstore was created. Over

the course of many years, I have enjoyed volunteering for the Amity & Woodbridge Historical Society. Whether researching our town's Civil War soldiers, writing names with a quill for visiting third graders, or weeding the Darling House kitchen garden, I still find AWHs' projects varied and fascinating. On a related note, I used to write a Woodbridge History column for WTN. The Garden Club of Woodbridge is a more recent area of interest. It was a rewarding experience to co-chair our butterfly-themed display at the Osborne Homestead Museum in 2019.

My primary experience with the Zoning Board of Appeals is an unusual one because I was "on the other side" of an important zoning issue. I supported neighbors in their successful fight against the ZBA's granting of a variance to enlarge a building on an extremely undersized lot. That experience formed my awareness of the care with which ZBA members must consider each case. Should you grant me the opportunity to serve on this board, I will do my best to balance the needs of residents, their neighbors and the zoning regulations of our town.

Barbara Hagan-Smith

Candidate for Zoning Board of Appeals

The town of Woodbridge is a very special place in our world. This is why my ancestors chose to live here from the 1790s on. And, this is why my family brought me up here and I continue to live here. For more than seven decades I have enjoyed all that this town offers to its citizens.

We were students of Center School proudly graduating as the last eighth grade. We were prouder still to be the first to enter Amity High School and the first to graduate after 4 years in that famous fabulous ultramodern, for its time, high school. Most of those 100 or so graduates then left their beloved town to attend college at, for myself and two other classmates, Wells College in Aurora NY. Here I earned a BA in economics.

After working at Yale in the manuscripts and Archives division of Sterling Library, I spent time organizing the archives of the Coe Family and Foundation at Planting Fields on Long Island. The next many years were spent in the USVI actively working in historic preservation: first as an historian for the Government

of The Virgin Island. Then as the executive director of The St Croix Landmarks Society, that oversaw an historic sugar plantation, a library and archives of West Indian History, a nineteenth century pharmacy, a plantation great-house, and active pursuit of the preservation of other island landmarks. In addition, I was one of two Territorial advisors to The National Trust for Historic Preservation. Eventually, as I am fond of telling people, I promoted myself to be the part time archivist in the Society's library, pasted on the Executive Directorship and open space for our town. And volunteering at the Library led to working in the circulation department assisting the myriad of town patrons.

As a member of the Zoning Board of Appeals, I am confident that I will be able to serve my town in still another helpful and productive capacity. I will bring to that body a unique set of skills and perspective that will ensure the preservation of the ambiance and uniqueness of our Town while allowing for its progression into the future.

*"Robert Wiznia" From Page 10*

that do not meet the requirements of the current Woodbridge Zoning Regulations.

Applicants who come before the Zoning Board of Appeals have very specific concerns

and deserve to be treated fairly and respectfully. This has been and will always continue to be my approach if I am elected. Serving on the Board is a very serious responsibility. I would greatly appreciate your voting for me on Row B on Monday, May 3<sup>rd</sup>.

EVERY VOTE COUNTS!



# MUNICIPAL ELECTION LETTERS FROM OUR READERS

## Meet Celia Waters – Row A for the ZBA

Hi, my name is Celia Waters, I am a lifelong resident of Woodbridge, and I am currently running for a position on the Zoning Board of Appeals. Please allow me to introduce myself.

I attended Beecher Road School (a former M.A.G. student) and graduated from Amity Regional High School. After graduating from Amity, I left Woodbridge to obtain several higher education degrees. I received a B.A. in Political Science and Sociology with a minor in International Studies from UConn. I then obtained a J.D. from UConn Law where I served as the Symposium Editor on the Connecticut Public Interest Law Journal. I also received an LL.M. in Insurance Law from UConn Law. Just about six years ago, I moved back to Woodbridge to raise a family. My husband and I have two young children under the age of three. Currently, I am an insurance coverage attorney representing corporate policyholders and have been nominated for the past four years as a New England Super Lawyers' Rising Star. I am often invited to speak for national continuing legal education seminars and have presented on various legal topics over the past five years.

I am a hard worker and will continue to work hard for the residents of Woodbridge. Over the last four years, I have dedicated my spare time to pro bono work for Lawyers for Children America, representing abused and neglected children across the state of Connecticut. I am also the chair of the philanthropy committee at the law firm where I work. During the last two State and Federal elections, I was an attorney volunteer for the CT Democrats – Voter Protection program. Some of us may have already met in passing; my first jobs in Woodbridge were working at the snack stand at the Woodbridge Club and then as a hostess at The Fan (now the Woodbridge Social).

In my free time, I like to hike the trails of the Alice Newton Street Memorial Park and walk at the Fitzgerald trails to visit the beautiful community gardens. I also enjoy frequenting Woodbridge's small business, restaurants, brewery, winery, and farms. Now that you know a little about me, I would like to explain why I believe I am a fantastic candidate for the Zoning Board of Appeals (ZBA).

As an attorney, I have experience in reviewing, interpreting, and enforcing rules and regulations similar to my role as a member of the ZBA. I currently hold the position as an alternate on the ZBA and believe my experience in this position has prepared me for a permanent spot on the ZBA. The Town of Woodbridge is a beautiful town that has a lot to offer its residents. From its award-winning schools, rapidly growing small business district, and senior living centers, I believe there is a place for everyone in Woodbridge. My goal on the ZBA is to continue to maintain Woodbridge's small-town charm while also allowing Woodbridge to grow with the times. Woodbridge is known by outsiders as a beautiful and prestigious town, and I believe such prestige should be maintained while also making the town workable for all its residents. Please vote for me and the Row A team on Monday May 3, 2021.

*Celia Waters*

**German Will Bring an Understanding of History to ZBA**

We are delighted that Muffy German, a lifelong resident of Woodbridge, is running for the Woodbridge Zoning Board of Appeals (ZBA).

Muffy German would bring to the ZBA a keen understanding of the history of this town, and the intricacies of the zoning rules and how they should be applied.

A brief anecdote exemplifies her sense of fairness and deep concern

for maintaining the quality of the land use in this town: We were new arrivals to Woodbridge in the early 1990s when we learned that a rogue developer was applying to that ZBA to erect a seriously non-conforming structure on a lot just one quarter the legal size and only several feet from the road, in our neighborhood. Dozens of neighbors attended meetings of the ZBA to object. Nevertheless, without any explanation, that ZBA granted the variances sought. Concerned that this granting of variance could then be applied all over Woodbridge to all the non-conforming lots in future ZBA decisions, the neighbors challenged the ZBA in a legal suit.

Muffy German was one of the key supporters of this action, to avoid this precedent, and, within the year, that Woodbridge ZBA was overruled by the Superior Court of New Haven County.

Muffy German has a passionate and unwavering concern for the future of Woodbridge. She is a diligent student of the law and will work extremely hard to take the pulse of the community and apply the zoning laws as best benefits the spirit of the town of Woodbridge. We give her our wholehearted support.

*Walden and Marguerite Dillaway*

## Have the Woodbridge Republicans Shot Themselves In The Foot?

All set for the Woodbridge Polls on May 3<sup>rd</sup>, the Republican Party heads there with no candidate for First Selectman.

Perhaps the tenure of the current Democratic leadership in town hall has left Republicans with the feeling of having no shot at filling the top of the ticket. Incumbent Beth Heller has done a "Heller" of a job in her short reign as First Selectman (Selectwoman), replacing the popular late Ed Sheehy.

The Republicans, in the aftermath of the national Trump Tragedy, may have written off the growing independent vote for one, and disenfranchised many of their own constituency. Whatever, surrendering the top of the ticket

seems defeatist and deflates the excitement of a local election. Whatever is left of the party's infrastructure, whether in Woodbridge or other Connecticut municipalities, it seems they need a strong shot of inside political and intellectual adrenaline, along with their vaccination shots.

A local research Think Tank in Woodbridge would be a good start together with a sensible search in town for a truly viable candidate for the post. I can't recall a "no show" on their party ticket even going back to the Russ Stoddard days some fifty years ago. At that time, even opposing a strong Republican like Stoddard seemed foolish but the extraordinary emergence of Democrat Nan Birdwhistell ended that – what, some twenty-five years ago? Her historic upset of the Republicans' long reign led to an ongoing succession of Democratic office holders. From there it's been a long uphill climb for Republicans with no sight of the top, and now no one to serve at The Top.

Today, inclusion goes a long way together with considerate and fiscally responsible government. Woodbridge voters have found someone they can trust at the top.

Carry on, Beth.

*Russ Madison*

## Brooke Hopkins is the Right Choice for the BOE

Brooke Hopkins is the right choice for this position. She is a strong, compassionate and extremely motivated woman. Her professional career speaks for itself, she has accomplished and achieved many goals in her field.

I know Brooke as my friend, a mother to her 3 daughters, and as an active member of my community. Her daughters are all enrolled in the Amity school district, where she stays involved with the events of each daughter's class. Prior to Covid, Brooke was at the school weekly volunteering to help on many levels, both in the classroom, and behind the scenes organizing events

See "Election Letters On Page 13

## SAMPLE BALLOT

State of Connecticut  
Official Ballot

Woodbridge, Connecticut

Municipal Election

May 3, 2021

Sheet 1 of 1

OFFICE PARTY	1 FIRST SELECTMAN VOTE FOR ONE	2	3 BOARD OF SELECTMAN VOTE FOR ANY THREE	4	5	6 BOARD OF EDUCATION FULL TERM VOTE FOR ANY THREE	7	8 BOARD OF EDUCATION TO FILL VACANCY FOR TWO YEARS VOTE FOR ONE	9 BOARD OF ASSESSMENT APPEALS VOTE FOR ONE	10	11 ZONING BOARD OF APPEALS VOTE FOR ANY THREE	12	13 ZONING BOARD OF APPEALS ALTERNATE VOTE FOR ONE	14	15 REGIONAL BOARD OF EDUCATION VOTE FOR ANY TWO
DEMOCRATIC PARTY	<input type="radio"/> 1A BETH HELLER	<input type="radio"/> 2A PAUL KURIAKOSE	<input type="radio"/> 3A JOE CRISCO	<input type="radio"/> 4A SHEILA MCCREVEN	<input type="radio"/> 5A JAY DAHYA	<input type="radio"/> 6A MICHAEL STRAMBLER	<input type="radio"/> 7A MARIA MADONICK	<input type="radio"/> 8A DAVID A. ROSS	<input type="radio"/> 9A ANDREW I. SCHAFFER	<input type="radio"/> 10A CELIA WATERS	<input type="radio"/> 11A HENRY NUSBAUM	<input type="radio"/> 12A JEFFREY ATWOOD	<input type="radio"/> 13A ALDON HYNES	<input type="radio"/> 14A CAROL DLADELE	<input type="radio"/> 15A DONNA SCHUSTER
REPUBLICAN PARTY	<input type="radio"/> 1B	<input type="radio"/> 2B DAVID VOGEL	<input type="radio"/> 3B DAVID A. LOBER	<input type="radio"/> 4B STEPHEN P. FRANCIS	<input type="radio"/> 5B DANIEL COWAN	<input type="radio"/> 6B BROOKE HOPKINS	<input type="radio"/> 7B SARAH BETH DEL PRETE	<input type="radio"/> 8B JEFFREY LUCK	<input type="radio"/> 9B JANET BARILLARI	<input type="radio"/> 10B BARBARA HAGAN- SMITH	<input type="radio"/> 11B MUFFY K. GERMAN	<input type="radio"/> 12B ROBERT WIZNIA	<input type="radio"/> 13B LIN YANG	<input type="radio"/> 14B ROY IVINS	<input type="radio"/> 15B SANJAY GUPTA
WRITE-IN VOTES	<input type="radio"/> 1C	<input type="radio"/> 2C	<input type="radio"/> 3C	<input type="radio"/> 4C	<input type="radio"/> 5C	<input type="radio"/> 6C	<input type="radio"/> 7C	<input type="radio"/> 8C	<input type="radio"/> 9C	<input type="radio"/> 10C	<input type="radio"/> 11C	<input type="radio"/> 12C	<input type="radio"/> 13C	<input type="radio"/> 14C	<input type="radio"/> 15C



# MUNICIPAL ELECTION LETTERS FROM OUR READERS

*“Election Letters” From Page 12*

within the school. I have seen Brooke make events happen with little to no financial or human support.

Brooke is well known in the community, and is always there to support the community events, concerts on the green, the local firehouse and their fundraisers, selling cookies all day at her daughter’s girl scout cookie booth on a rainy Saturday in March.

Brooke will be an asset to this position, she can affect change within the system, and continue to support growth within our school community.  
*Patricia Nichol*

**Barbara Hagan-Smith is Vested & Committed to the Town of Woodbridge**

The voters of Woodbridge will head to the polls to elect their leaders on Monday, May 3. These leaders should be qualified individuals that are committed to responsive, responsible, and balanced town government.

Barbara Hagan-Smith is a candidate for the Zoning Board of Appeals. She is “home grown” Woodbridge hailing from a family that has had roots in the community since the late 1700s. You may have run into Barbara at the Woodbridge Town Library where she currently works in the circulation department or perhaps you have seen Barbara tirelessly volunteering at the Thomas Darling House working to preserve the history of our town. Barbara is vested in the Town of Woodbridge and is committed to serving with historical knowledge, dignity and respect.

The Zoning Board of Appeals requires thorough knowledge of the Town’s history, its culture and zoning regulations. Barbara possesses that knowledge. As a former 12-year member of the Zoning Board of Appeals, I am confident that Barbara will be fair-minded in assessing each application brought before the Board and will ensure that the Town Zoning Regulations and the best interest of our residents are always considered.

I ask each of you to join me in casting a vote for Barbara Hagan-Smith when you cast your ballot on Election Day - Monday, May 3<sup>rd</sup>.  
*Lynn A. Piascyk*

**Dr. Lin Yang Is a Great Candidate, a Testimony of American Democracy**

I am not a resident of Woodbridge. I live in Wilton, and I am a member and Vice Chair of the Zoning Board of Appeals in Wilton. I am writing to support Dr. Lin Yang for her election to the Zoning Board of Appeals (Alternate). For the past few years, I got to know Lin through working with her on volunteer work and advocacy activities that interested both of us.

Despite her busy life as a caring wife,

mother, and senior research scientist, Lin cares deeply about her communities, and is extremely devoted to community services. She spends countless hours as well as her personal money for common causes. In her volunteer services, she has led advocacy efforts on housing, zoning, education, and especially on issues concerning the Asian American communities in Connecticut. Her efforts have received attention and recognition at the State level by news media and the State legislature.

A Ph.D. in Chemical Engineering, Lin is a highly logical person with sharp mental power to quickly identify the essence of issues on hand. She is gracious and soft spoken, yet personable and very convincing.

Lin is a first generation American, a naturalized citizen of the United States who dearly embraces civic duties and our precious democracy. I applaud her dedication and courage to step forward and run for her first public position. Dr. Lin Yang is a model citizen, an asset to the Town of Woodbridge. Please welcome and support her effort to become an elected public servant.  
*Monty Du*

**Dave Vogel will Bring Fresh Leadership & New Ideas**

As a long-time unaffiliated voter, I am delighted to recommend Dave Vogel as a candidate for election to the Woodbridge Board of Selectmen.

Dave and his family have been caring and engaged Woodbridge residents for over 22 years. Leah has long served at the Woodbridge polls, and was just appointed an assistant registrar for the town. His daughters attended Woodbridge/Amity schools.

Dave will bring great intelligence, energy and insight to the Board of Selectmen. He has a demonstrated ability to do the work to get to the bottom of issues, and then to present and support his positions in an eloquently articulated manner that builds consensus. He has proven himself to be both a quintessential team player and accomplished leader (he was President of USRowing, the national sport governing body, from 1996 to 2000). His first career, coaching Yale crews for almost 30 years, required juggling the needs and demands of a university administration with the needs and demands of college athletes (and their parents) while striving for excellence at the pinnacle of the ultimate team sport.

One of Woodbridge’s greatest challenges is its finances, and Dave’s post-coaching career, including years of work at Yale’s development office, has been focused on dealing with the financial needs of non-profit organizations. His experience with organizational financial statements, his understanding of income and expense issues and his skills in identifying potential sources

of savings and of revenues will be invaluable in providing fresh eyes and a new voice in addressing Woodbridge’s ongoing struggle to reduce costs and lower our excessive mill rate burden.

The town Board deserves knowledgeable and enthusiastic representatives who can deliver results that Woodbridge residents have a right to expect. Dave Vogel will bring fresh leadership and badly needed new ideas to that table.  
*Tom Weil*

**Sarah Beth Del Prete Recommended for School Board**

As a new resident who moved to Woodbridge specifically for the award-winning school system, I was particularly interested in who would be running for the School Board. I was delighted to hear that my real estate agent, Sarah Beth Del Prete, would be added to the slate. I was struck that Mrs. Del Prete is a subject matter expert in the local area and was committed to the school’s success. She has a vested interest in the school for her children as well as being an agent in this community.

I was concerned that her nomination would be more political cognitive dissonance but her moderate Republican views reassured me. Like me, she believes in financial budgetary neutrality and stability. I can attest to her ability to negotiate, that she is a hard-worker and a good communicator. Indeed, I fully believe that her election will determine the continued success of the board! I can heartedly recommend Sarah Beth Del Prete for a position on the school board.  
*Brigid Carney, MBA, PMP, LSSMBB*

**Support Beth Heller and the Democratic Team**

Over the years, I have served our community in many elected and appointed capacities and have paid close attention to our municipal issues. I have also had the privilege of serving with many of the candidates who are on the Monday, May 3 election ballot. I bring those experiences to my wholehearted endorsement of Beth Heller and the Democratic Team (Row A). Beth set the proper tone for our community to meet the COVID crisis and her leadership is what is most needed now.

I encourage all Woodbridge voters to support Beth Heller and the Democratic Team on Monday, May 3.  
*Susan L. Jacobs*

**Vote Row A on Monday, May 3<sup>rd</sup>**

On Monday May 3, I encourage all Woodbridge voters to support Beth Heller and her team. Beth has met the challenges of this past year with common sense, compassion and char-

acter. As our town moves forward, we should rely on tested leadership and Beth’s many accomplishments are a testament to that leadership. Beth has more than proven that she can and will lead us out of the COVID era and meet the many new challenges that will face both Woodbridge and Connecticut.

What’s more, Beth has assembled an extraordinary group of residents to campaign alongside her, eager to serve in her administration throughout the term ahead. I am proud to endorse Beth Heller and the Democratic Team, and I encourage you to do so as well.

Vote Row A on Monday, May 3.  
*Andrea Weinstein*

**David Lober Has the Insight & Experience to Address Town Issues**

I met Dave Lober twenty years ago coaching my son’s soccer team made up of first and second graders. Dave jumped in to help as I did not have an assistant coach. Dave demonstrated he had experience working with children and parents. Of course when my son and I showed up for the first Cub Scout meeting Dave was there with his son. Dave has provided volunteer support to many of the youth programs along with the CCW completing needed repairs. Dave didn’t need to state he was a doctor as it was clear from our conversations he was a smart person who always listens intently.

I witnessed Dave become more engaged with town issues researching facts and not drawing conclusions from personal bias. He presented several solutions for the Country Club of Woodbridge but wasn’t given much consideration. This motivated Dave to a successful run for the Board of Selectmen in 2017. Dave supported having the town hire a consultant who specializes in golf course repurposing to pursue the best and acceptable options for the town but was rejected.

Dave was a persuasive voice to convince the Board of Selectmen and Board of Finance not to exceed a 40 mill rate. As a Board of Selectmen liaison he provided insight and accountability advice to the Library and Human Services related to the budget process and prudence with tax payer dollars. He has always supported returning budget surpluses to taxpayers versus siphoning the money to pet projects. Dave believes contingency dollars are for contingencies, not to cover the inability of a department to manage its budget.

We face a number of challenges with escalating taxes, zoning concerns and no solution for the country club after twelve years. Dave provides the insight and experience to address these issues now. Please vote for Dave Lober and column B for a more Balanced government on Monday May 3<sup>rd</sup>.  
*Bob Hill*

America’s Choice in Home Care

Home Care for Independent Living.

Visiting Angels allows your loved one to remain where they are the most comfortable... in their own home.

Specializing in Live-In and 24-hour care

- Bathing Assistance
- Dressing Assistance
- Grooming
- Med Reminders
- Errands
- Shopping

- Light Housekeeping
- Meal Preparation
- Companionship
- Flexible Hourly Care
- Respite Care for Families
- Overnight Care

(203) 298-9700 | (860) 372-4429

[www.visitingangels.com/woodbridge](http://www.visitingangels.com/woodbridge)

[www.visitingangels.com/newington](http://www.visitingangels.com/newington)

HCA0000561

Hottest Woodbridge Real Estate Market!

Low Inventory and High Demand.

Call me to find out about my unique, comprehensive marketing plan.

[www.franmorrow.com](http://www.franmorrow.com)

Your Property Is My Priority!

**Fran Morrow**  
Your Neighborhood Realtor  
**203-605-7733**  
[Fran.morrow@cbmoves.com](mailto:Fran.morrow@cbmoves.com)

HAPPYMOTHER'SDAY!

SPECIAL OFFER TO NEW CUSTOMERS ON AUTOMATIC DELIVERY.

SAVE BIG WITH OUR:

Buy one Get one **FREE** Service Contracts

and 10¢ OFF per gallon for prompt payment.

Trouble getting a delivery before a storm? Ready to go on Automatic Delivery? Leave the worries to us! Setting up auto delivery is quick and easy. Never worry about running out again!

WHEN YOU DEAL WITH TAMARO, YOU’LL GET:

- Faster Service! We're local when you need us the most.
- Delivery drivers who treat your property like their own.
- Competitive pricing from your hometown dealer.
- Friendly and prompt customer service from our family to yours! You'll speak to a Tamaro family member every time you call.
- Service Technicians who are never on sales commission.

We take great pride in servicing you well!

Call Today!

[WWW.TAMAROIL.COM](http://WWW.TAMAROIL.COM)

**TAMARO**

*Oil Corporation*

**795-FUEL**(3835)

CT HOD.142

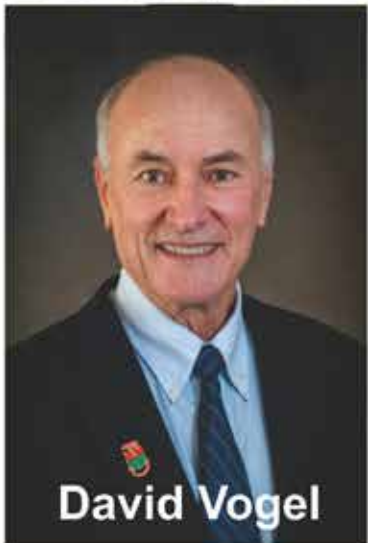
YOUR LOCAL OIL COMPANY FOR FOUR GENERATIONS.



# Vote Row B For Balance May 3rd

## Board of Selectmen Candidates

Learn more @ WoodbridgeGOP.com



David Vogel



David Lober



Stephen Francis

### Woodbridge Board of Education

Daniel Cowan	Brooke Hopkins	Sarah Beth Del Prete	Jeffrey Luck (2-year term)
--------------	----------------	----------------------	----------------------------

### Board of Assessment Appeals

Janet Barillari

### Zoning Board of Appeals

Barbara Hagan-Smith	Muffy K. German	Robert Wiznia	Lin Yang
---------------------	-----------------	---------------	----------

We offer real solutions, not resumes, to address important Woodbridge issues.

- Oppose the application to remove our 1.5-acre, single family zoning and keep local control of any multi-family unit placements
- Smarter planning to control ever-rising mill rate
- Clear plan to address the golf course – clean it up, then get options that don’t alter existing zoning and other sensitive control issues
- Bonding votes for each proposed project - no bundling give voters the power of choice

*Paid for by Woodbridge Republican Town Committee, Loredana Falcigno, Treasurer.*



PATIO  
NOW  
OPEN!



RESTAURANT | BAR | TAPAS  
245 AMITY ROAD • WOODBRIDGE  
203-298-9741  
[www.soluntapasbar.com](http://www.soluntapasbar.com)

### SOLUN DRINKS SPECIALS!!!

Monday	Closed
Tuesday	1/2 price Bottle of Wine
Wednesday	\$5 Mojitos
Friday, Saturday & Sunday	1/2 price Solun's Homemade Sangria



## Mother's Day Brunch

Sunday, May 9<sup>th</sup>  
10:00 to 4:00

  **\$3**  

mimosas, bellinis,  
sangrias, wine/beer

MOTHER'S DAY SPECIALS &  
REGULAR MENU AVAILABLE

**HAPPY HOUR**  
**EVERY DAY 3:00-7:00**

1/2 price wine, beer, sangria and House liquor.



# TOWN DEPARTMENTS & AGENCIES

## Human Services



Ana Fitzgerald, 8, of Woodbridge, sold 1356 boxes of cookies for Brownie Troop 60865. With donations she is providing cookies to the Woodbridge Food Pantry and the Senior Center. With her is Ellen McDonald of Woodbridge Human Services.

**Woodbridge Human Services:** Call 203-389-3429 or 203-389-3415 for information or email [humanservices@woodbridgect.org](mailto:humanservices@woodbridgect.org). The Human Services Department social worker, Judi Young, is available to those in need of assistance due to isolation and other issues associated with long-term quarantine and social distancing.

**Assistance with COVID-19 vaccine appointments** is available through the Human Services Dept. All residents 18+ may email [jglicksman@woodbridgect.org](mailto:jglicksman@woodbridgect.org) for links and phone numbers to access vaccination appointments at area locations. Clinics in partnership with Quinnipiack Valley Health District will continue in North Haven.

**Homebound residents** in need of a vaccine may contact Human Services and complete a Department of Public Health Assessment and request form. Other residents, unable to drive or find a ride to their appointment, may call The Woodbridge Center for assistance with transportation at 203-389-3430.

**Food Pantry:** Woodbridge Human Services is available to assist seniors and families in need with non-perishable food items from the food pantry

as well as gift cards to Stop & Shop for perishable items for qualifying families. Items needed for the Food Pantry include coffee and tea, spaghetti sauce, shampoo and conditioner, body wash, and deodorant.

**The VITA (Volunteer Income Tax Assistance)** program has ended, but there are still options for assistance. If you are able to take photos of your documents with a phone and upload them to a website, then you will be able to complete your return with a VITA preparer online. Go to <http://www.getyourrefund.org/NHWL-CT> to begin. Volunteers assist you with this process.

If you require in-person assistance, Emanuel Lutheran Church in New Haven at 280 Humphrey Street has a walk-in tax site on Wednesdays 10 am - 2 pm and Sundays 12 - 4 pm. You must call 203-562-2965 from the parking lot and ask to be added to the VITA list. There is limited availability.

**FEMA Coronavirus Funeral Assistance** is available to qualifying individuals who have lost a loved one to COVID-19 since January 2020. For more information call the helpline at 1-844-6333 or online at [FEMA.gov/funeral-assistance/faq](https://www.fema.gov/funeral-assistance/faq).

## WOODBIDGE CENTER



Left: Jessica Esposito is the Center's new Clerical Program Assistant. Jessica brings with her a master's degree, a diverse employment history working with people, and a kind demeanor. Right: Michael Arcangelo joins the Center's Transportation Program as a driver with experience in commercial driving and a patient and warm personality.

**Are you over 55 years old?** Contact The Woodbridge Center at 203-389-3430 or email [kmoriarty@woodbridgect.org](mailto:kmoriarty@woodbridgect.org) for information and registration for all programming.

**Facebook:** Follow us on Facebook (The Woodbridge Center, Woodbridge CT) for current updates and local information.

**Mother's Day Drive-thru Luncheon:** Celebrate all mothers at the next drive-thru luncheon on Thursday, May 6 from 12 to 1 pm. This delicious lunch of quiche Lorraine, fresh fruit and a special dessert is generously provided and sponsored by Elaine Marcuccio of New England Young at Heart, Whitney Rehab, and Artis Senior Living. Please RSVP by Tuesday, May 4.

Monthly drive-thru lunches continue! Stay tuned for delicious details on the Father's Day drive-thru lunch coming in June.

**In-person programs resume!** COVID Guidelines for in-person programming have been established to help protect all clients and provide for gatherings in the safest way possible. These guidelines will be distributed to each person before or at the start of the first class. Preregistration and masks are required for all classes. All classes (except Pickleball) will be held outside. During inclement weather, classes will be inside the Center Building with social distancing. Please call (203-389-3430) to sign-up or for more information.

The following programs will meet under the Newton Road Canopy. For added comfort, bring your own lawn chair. During inclement weather, programs will meet in the Center Cafeteria:

**Craft Group** meets Thursdays, 10 am to 12 pm. Bring your current knitting or crocheting project and enjoy some long over-due social time. In-

structor available if needed.

**Painting for Pleasure with Graham Dale:** All levels are welcome, Wednesdays, 10 am to 12 pm beginning April 28. Come paint your choice of subject with acrylics or watercolors - call for materials list. 10-week session/\$60—no class 5/5. The fee will be prorated for those joining late.

The following programs will meet in the Grove Canopy. During inclement weather, programs will meet in the Center Gym:

**Exercise with Laurie** continues Tuesdays and Thursdays, 10 to 11 am. Enjoy an aerobic, cardio and strength training (bring your own 1-to-2-pound hand weights) workout to upbeat music. \$2 per class fee.

**Targeted Strength Training:** Mondays, 9 to 10 am beginning May 10. Led by Michele Tenney, this exercise class uses exercise bands to focus on strengthening specific muscle groups to help increase balance, stability, and flexibility. Bands are available for purchase through the instructor.

**Pickleball:** Monday thru Friday, 12:30 to 3:30 pm in the Center Gym. Two sessions each day beginning May 10. Prior court sign-up is required. Limited number of participants. Please call (203-389-3430) for more information.

**Zoom classes continue:**

**Get to the Point of Health Lecture Series:** Join Christine Buck, Legal Investigator from the State of CT Attorney General's Office, Friday, May 14 from 11:30 am to 12:30 pm for the next no cost lecture, "Keeping Your Financial Health and Well-being by Avoiding Scams". This presentation can be accessed via Zoom and WGATV channel 79. Call (203-389-3430) to

See "Woodbridge Center" On Page 18



# TOWN DEPARTMENTS & AGENCIES

## Youth Services

BY NANCY PFUND



Left: Chalk Art submitted during last summer's challenge. Right: Students learn how to diaper babies in the Red Cross Babysitter Class.

### Chalk Art Family Fun Kicks off Second Saturday Series

Families can create some bright, happy chalk art pictures and join the fun around the Woodbridge Center. Meet at 4 Meetinghouse Lane on May 8<sup>th</sup> from 10:00 am to noon. Rain date is May 15. Enjoy the outdoors, play some games, and bring a picnic. Please call 203-389-3429 to register for available space. Chalk will be provided to registered families. Masks are required.

### Home Alone Class

2-Day class on Thursdays, May 6 and 13, 4 to 5:15 pm will be held in the Center Gym at 4 Meetinghouse Lane. For children ages 9 - 12. Fee is \$15 and includes snack. Topics include: Answering phones, someone at the door, fire safety, calling 911, internet safety, and nutritious snacks. Space is limited. Call 203-389-3429 to register or e-mail npfund@woodbridgect.org.

### Woodbridge Job Bank Seeks Teens Who Want Work

The Job Bank in Woodbridge offers occasional jobs to teen residents (ages 13 - 18) who would like to work to earn some extra cash. The application process provides an opportunity to learn



about the interview process, safety on the job, and how to negotiate pay.

Due to COVID-19, most jobs are currently outdoors with masks and social distancing as required. Teens can do yard work, weeding, dog walking, raking, etc. Weeders are in demand. Responsible teens who wish to join the Job Bank should call for an interview at 203-389-3464 or e-mail npfund@woodbridgect.org.

### Time for Sprucing up the Garden? Woodbridge Job Bank Can Help

Woodbridge Job Bank teens will work for Woodbridge residents who wish to hire someone to assist for odd jobs like yard cleanup, weeding, moving boxes, etc. Save your energy and keep teens working to gain experience. Masks and social distancing required. Call 203-389-3464 for more information.

### Red Cross Babysitter Training

Diapering is one of the many topics covered in the Red Cross Babysitter Training class. 24 students attended the 2-day classes in April. Call Youth Services at 203-389-3429 or email npfund@woodbridgect.org to put your teen on the waitlist for the summer class.

## Recreation News



Woodbridge Recreation Summer camp will run June 28 through August 6, 9 am - noon at Beecher Road South School for campers entering grades 1-8. Camp offers a wide range of activities including arts and crafts, drama, fitness, swimming and more. There is a three-week minimum. Due to a limited amount of spaces, no mail-in registration accepted. Register online or in the Rec Dept. Office. Registrations open to all Woodbridge Residents on April 26<sup>th</sup>. Due to COVID restrictions, WRD Summer Camp will not be running a CIT/Volunteer program for Summer 2021. Additionally, at this time we do not have a camp program for those who are entering 9<sup>th</sup> and 10<sup>th</sup> grade. The Rec. Dept. hopes to resume these programs in Summer 2022.

**Tennis Permits:** For use of all Town public tennis courts, and volleyball court for the playing of pickleball, tennis, or volleyball, please contact the Woodbridge Recreation Department for a no-cost permit to reserve your times. (Multiple times and days can be reserved for up to three weeks.) Permits for court times can be reserved by Woodbridge residents and registered nonresident pickleball and volleyball players only. Please contact the Rec. Dept at (203) 389-3446. Office hours are Monday through Friday 8:00am

to 4:00pm. Remember, all reserved permits will be emailed to you. Once reserved you must have your permit with you while you are playing. This will be proof you have reserved that court for that specific time period.

**2021 marks the return of the Summer Concert series.** It will be held on Tuesday Evenings in July, with distance seating areas, from 6 to 8 pm, at the Woodbridge Town Green. July 6 is "Shaded Soul Band", featuring soul music. July 13 features "Boogie Chillun" (Country, Blues, Jazz, Rock and Soul music). July 20 features "Center Line Band" - Rock n' Roll Music. July 27 is the "West Rock Band" (Classic Rock). If it rains, the rain date is Wednesday.

**Diane King Yoga** returning indoors on May 12. Wednesdays, 10:30 am to 11:45 am. Call the Recreation Department for more information. The goals will be to learn postures that create strength and ease, and to manage stress through breathing, movement, and guided relaxation. The class is limited to 7 masked participants. Please bring a small pillow or folded blanket (for sitting), a yoga strap or long scarf or necktie, and a tennis or similar size ball. Any questions, please email yoga-diane@gmail.com or call the Recreation Department, 203 389-3446.





# AT THE WOODBRIDGE CENTER



The Thursday Craft group met indoors on April 15 for the first time since March 2020.

“Woodbridge Center” From Page 16

register and obtain the Zoom link.

**AAA Defensive Driving Course** is offered virtually May 4, 11, 18, 25, and June 1. This free, four-hour class, taken from the comfort of your own home, may qualify you for an auto insurance discount upon completion. Register at: [www.AAA.COM/DEFENSIVEDRIVING](http://www.AAA.COM/DEFENSIVEDRIVING).

Services offered:

**Transportation** for medical appointments is available for those 60+

or with disabilities Monday through Friday from 9 am to 2:30 pm with limited exceptions. Transportation for grocery shopping and pharmacy pick-up is also available. Call to arrange transportation via car or wheelchair accessible van. For safety reasons, masks are required, and temperatures will be taken. Please know the vehicle is cleaned between each use.

**Meals:** Seniors may reserve flash frozen meals (\$5/meal) by noon on Monday for delivery to your home on Tuesday. Choose from a wide variety of options including chicken parmesan,

stuffed chicken breast with broccoli and cheese, meatloaf, and cranberry, ginger salmon. Meals include a vegetable, roll and dessert. Minimum order of two meals please.

**New!** Flash frozen soups are now available for \$1 per 12 oz. container. Varieties may include: matzah ball, mushroom, carrot ginger, Tuscan bean and more. Call (203-389-3430) to place your order! Soup must be ordered with meals or a minimum of 5 soups must be ordered at a time.

**Boredom Busters:** Puzzles and brain games (word searches/crossword puzzles) are available. Call The Woodbridge Center to arrange for pick-up.

**Looking for company?** Call Judi Young, senior services social worker, at 203-389-3429 to arrange for a Friendly Visitor.

**Does your partner have early-stage dementia?** Yale is conducting a Stress Reduction Study for Partners of Early-Stage Dementia. Learn stress reduction techniques. Compensation for participation is offered. To learn more or find out if you are eligible, contact Kathleen Williams at 203-641-5373 or email [kathleen.williams@yale.edu](mailto:kathleen.williams@yale.edu).

**Staff recipe pick:** Each month a favorite recipe from one of our Center staff will be featured. This month,

Kristy Moriarty, Senior Center Director, shares a variation of one of her favorite recipes that originated from Once Upon a Chef’s, Jennifer Segal.

**Black Bean Salad with Corn, Red Peppers and Avocado in a Lime-Cilantro Vinaigrette**

*Ingredients:*

- 2 (15 oz.) cans black beans, rinsed and drained
- 1 (12 oz.) can or 1 ½ cups frozen corn (cooked and cooled)
- 2 red bell peppers, diced
- 2 cloves garlic, minced (or to taste)
- 2 tablespoons minced shallots or red onion
- 1 teaspoon salt
- ¼ teaspoon cayenne pepper (optional)
- 2 tablespoons sugar
- 9 tablespoons extra virgin olive oil
- 6 tablespoons lime juice
- ½ cup chopped fresh cilantro (4 tablespoons dried)
- 2 avocados, chopped

*Instructions:*

Combine all ingredients except for avocados in a large bowl and mix well. Cover and chill for a few hours or overnight.

Right before serving, add avocados. Serve at room temperature.

Enjoy



Bring Us Your Pain!

Award-winning Physical Therapy.  
Pediatrics to Geriatrics.

**Amity** [amitypt.com](http://amitypt.com)  
PHYSICAL THERAPY

203.389.4593

One Bradley Rd. Woodbridge

We Provide Reliable Homecare Assistance

Home Health Aides • CNAs • Companions • Homemakers • And More

**203-777-1234**  
Serving Woodbridge, Orange, Milford and Greater New Haven  
CALL US FOR FREE IN-HOME CONSULTATION  
*Licensed - Bonded - Insured*



# TOWN DEPARTMENTS

## Earth Day Events

Clean out your closets this Earth Day – residents are invited to drop off many recyclable and reusable items to the Library Lawn on Saturday April 24 from 9-11 am. Masks and social distancing will be required; there will be no public restroom access.

“I hope residents take advantage of this wonderful event to find ways to reuse household items instead of throwing them in the trash,” said First Selectman Beth Heller. “I’m proud that we are able to offer these useful services and to encourage people to reduce, reuse and recycle!”

The Town, in partnership with the South Central Regional Council of Governments, is offering discounted compost bins and rain barrels to residents which can be picked up at the event. The link to purchase is on the Town website.

Friends of the Woodbridge Library will be accepting donations of children’s books, adult books and puzzles. The Friends will only accept clean books without odors, and without smoke damage and books that have not been stored in a garage. Please limit donations to a maximum of four boxes per household.

Take 2 Recycling, a certified electronics recycler, will accept electronic items, such as printers, TVs, DVD players, fax machines, phones, microwaves and other small appliances.

Goodwill will have a truck at the event to accept donations of household items.

Mattresses and box springs will be accepted for donation through the Bye Bye Mattress program.

The Recreation Department will collect donations of sports equipment and lawn games that could be used for summer camp or other programs.

Residents are also asked to participate in Rid Litter Day in which residents pick up roadside litter. Volunteer Kathy Barkin will be at the event with a town map, trash bags and a list of roads in need of attention. Rid Litter participants will be asked to estimate where they’ll drop off their trash bags which will be collected the following week by Public Works.

Woodbridge residents may, at any time, drop off unwanted prescription and over-the-counter drugs at the Woodbridge Police Department drug take-back box in the lobby. Visitors must be buzzed into the lobby.

PPP&C

PARRETT  
PORTO  
PARESE  
& COLWELL P.C.

attorneys at law



IS PLEASED TO ANNOUNCE THAT

Robert N. Saraco, Jr.

AND

Andrew I. Schaffer

HAVE JOINED THE FIRM



Robert N. Saraco, Jr.

Andrew I. Schaffer

Attorney Robert Saraco has practiced law in Fairfield & New Haven counties for over 14 years. He will continue to focus his practice on family law matters and criminal cases in all courts throughout the state. Attorney Saraco represents clients before the probate court, including termination of parental rights, adoption, custody and contested hearings. Attorney Saraco resides in Monroe with his family and is very active within the community, having served on the Monroe Conservation Commission and Zoning Board of Appeals.

Attorney Andrew I. Schaffer has been practicing law in New Haven county for over 25 years. He will continue to concentrate his practice in domestic relations – divorce, custody, visitation, alimony, child support, pre-nuptial agreements, post judgment enforcement of court orders and modifications. He also represents clients in Juvenile Court and Probate Court. In addition to representing individuals in traditional family law matters, he conducts both traditional and collaborative divorce mediations. Attorney Schaffer was raised in Woodbridge and continues to reside there with his wife and children.

www.pppclaw.com • 203.281.2700

One Hamden Center • 2319 Whalley Avenue Suite 1-D • Hamden

Shoreline Office: 18A Church Street • Guilford

Your One-Stop Shop For





ORGANIC  
FEED



POWER  
EQUIPMENT



PET FOOD  
& SUPPLIES



CLOTHING  
& MORE



RIDING  
APPAREL



TACK

What Can We Feed Or Fix For You?

770 Amity Road, Bethany, CT | lsbfarmsupply.com | (203) 393-0002 |   



# MUNICIPAL ELECTION 2021

## HOW TO VOTE IN THE MUNICIPAL ELECTION

The Municipal election will be held on May 3 from 6 am to 8 pm in the Center Gym at 4 Meetinghouse Lane.

### IN PERSON VOTING

CDC guidelines will be followed for safe voting. Masks and social distancing by voters will be implemented. Voting booths will be cleaned after every use. Hand sanitizer will be available. Election Day Registration will be available, but you are encouraged to register early. You can register online at [voterregistration.ct.gov](http://voterregistration.ct.gov).

### ABSENTEE BALLOT VOTING

Governor Lamont has issued executive order 10E which extends the right for voters to cite COVID-19 as a reason for an absentee ballot. To vote by absentee ballot you must submit an application to the Town Clerk's office by May 2 at 4PM. Unlike prior elections applications are not automatically being sent to residences and you can obtain one by contacting the Town Clerk (203-389-3422) or downloading the application (a link to do so is on the Town website). Applications and ballots may be returned by mail or dropped in the ballot box outside of Town Hall (11 Meetinghouse Lane).



## Cabrera Applauds Lamont's Executive Order

*Allows for No-Excuse Absentee Ballot Voting in Special Elections in Bethany & Woodbridge*

Senator Jorge Cabrera (D-Hamden) applauded Governor Ned Lamont for issuing an executive order allowing for the usage of no-excuse absentee ballot voting for the upcoming special elections for all municipal offices, including first selectman, slated for Monday, May 3 in Bethany and Woodbridge.

"No-excuse absentee ballot voting has been proven to be a safe way for people to vote and I am elated that voters in Bethany and Woodbridge will be able to let their voices be heard in this manner," said Sen. Cabrera. "Allowing for people to vote absentee with no excuse needed in these upcoming elections is very important to me and I applaud Governor Lamont for issuing this executive order. We know the pandemic has caused many an insurmountable amount of heartache and pain, making it understandable why some may not feel comfortable congregating in lines with groups of people they may not know. No-excuse absentee ballot voting is a secure alternative to voting in person and I am glad we are making the common-sense decision to use it in these special elections."

The executive order will enable all registered voters in both Bethany and Woodbridge to vote absentee in the upcoming special elections. While COVID-19 cases, deaths and hospitalizations have dipped precipitously since the general election in November of 2020, the pandemic is still impacting

many across the state, making no-excuse absentee ballot voting a smart and secure choice for any voter apprehensive about standing in lines with groups.

During the 2020 general election, no-excuse absentee ballot voting was a resounding success as less than 1 percent of ballots were rejected, the lowest in recent history according to the state's Secretary of State office. In Connecticut, over 650,000 people voted absentee. No-excuse absentee ballot voting is popular among voters across political parties, too. According to Survey USA, a January study conducted for Secure Democracy discovered 73% of Connecticut voters support no-excuse absentee ballot voting. Additionally, 48 percent of Republicans and 44% of Trump supporters back no-excuse absentee ballot voting, while 89% of Democrats support this method of casting a ballot as well. Secure Democracy is a nonpartisan organization that works to inform policymakers and the public on secure and fair elections.

The senator was the first in his family to attend college, earning a degree in Political Science from Quinnipiac University. The senator is a business representative with UFCW Local 919 and has devoted the last 25 years fighting for working families across the 17<sup>th</sup> District and country. Sen. Cabrera is Senate Chair of the Veterans' Affairs Committee and Vice Chair of the Labor Committee.

## YOUR VOTE COUNTS!



**Igniting Imagination<sup>SM</sup>**  
1144 Chapel St. New Haven  
203-865-4855

**WE'VE EXTENDED OUR**  
**HALF-PRICE FRAME SALE**  
Ready-Made Frames on Sale from May 1<sup>st</sup> to 31<sup>st</sup>

**Shop In Store or Online at [ShopHulls.com](http://ShopHulls.com)**  
**In Store & Curbside Pick Up & Delivery Available**  
**Free Delivery to New Haven County - No Minimum Order - 1-2 Day Delivery**



“Letters” From Page 5

independent assessment determines that the fire department does in fact need additional space, the affordable option used by Public Works should be used. These units could be placed on the foundation already constructed.

If the bond referendum includes money for the proposed shed, please vote NO.

Andrew Danzig, PE

Why Expose Children to the Danger of Artificial Turf Fields

I have been surprised at the lack of concern about the risks of artificial turf among some local officials and wrote to the Board of Education today to share my knowledge of the science with them. This is a very short summary of what I said.

I’m president of the National Center for Health Research and in that capacity, I have testified about this issue before federal, state, and local legislators and the National Academy of Medicine. We have no financial ties to this issue, but we are very concerned about the impact of artificial turf on children across the country – as well as some adults.

It is scientific fact that artificial turf (as well as rubber playground surfaces) expose children to lead as well as risky chemicals that affect their hormones. Pediatricians agree that there is no level of lead exposure that is considered safe for all children. Most communities that have had public meetings on the topic have decided to avoid “tire waste” infill on artificial turf fields because it is known to have dangerous levels of lead and hormone-disrupting chemicals. As noted on the CDC website, research has found that, regardless of whether the infill also contains lead, “artificial turf fibers contain levels of lead that pose a potential public health concern” and during normal wear and tear, lead dust has been found on the surface. This information is at <https://www.cdc.gov/nceh/lead/prevention/artificialturf.htm>

In addition to lead, endocrine-disrupting chemicals are also dangerous. Regardless of whether the turf contains PFAs, the turf definitely contains similar endocrine-disrupting chemicals with similar health risks. These chemicals affect hormones and

can cause or exacerbate the following health problems:

- Attention Deficits;
- Early Puberty;
- Obesity;
- Asthma.

They are also known to reduce male fertility and eventually they can also increase the risk of developing cancer.

Not all children will be harmed. Some are more vulnerable to these exposures, some spend more time on artificial turf fields or playgrounds and are exposed to more hormone disrupting chemicals from other sources (the effect is cumulative), and some will get it on their skin or hair or in their mouths when they are playing and since it is invisible, they won’t carefully clean it all off.

Perhaps local officials were told that these products meet all safety standards. That’s misleading, because there are no tests on human health that are required prior to getting artificial turf on the U.S. market. Although the U.S. Government restricted lead and many endocrine disrupting chemicals from children’s toys years ago, that was before artificial turf became popular on school fields.

As noted above, regardless of whether the turf contains PFAS, and regardless of whether tire waste is used, artificial turf and rubber playgrounds contain chemicals that make them get very hot – reaching 160-180 degrees on days when grass is in the 80s or 90s.

Artificial turf fields also get dangerously hard over time. The fields are supposed to be tested every year (read the fine print on the contract) and if any spots are found to be dangerously hard, the field is supposed to be replaced because of the risk of brain injuries. Of course, grass fields can also get hard, but grass fields will become less hard when it rains or they are watered.

I provided footnoted scientific articles to make sure that the Board of Education understands that the science is clear about the potential harm for any child. Why expose our children to these dangers day after day and year after year, when well-designed grass fields are a safer, cost-effective alternative that is better for our communities and our planet?

Diana Zuckerman, Ph.D.

President - National Center for Health Research

EDUCATION

Local Student’s Poetry Published In National Publication

Miss Anna Banar Fountain of Old Still Road in Woodbridge has had her poetry entry in the National High School Poetry Contest accepted for publication. Her poem entitled “Beckoning” appeared in a recent edition of the American High School Poets “Inside of Me” anthology.

“Inside of Me” is a meaningful study of introspective poems written by teenagers from all over the country. It explores what goes on inside the heads of today’s teens in those quiet moments when the outside distractions are finally turned down and one is alone with one’s own thoughts. It is a quarterly publication published by

the Live Poets Society of NJ in conjunction with JUST POETRY!!!, the National High School Poetry Quarterly Magazine.

Anna is the daughter of Robert and Mariane and attends Amity Regional High School under the tutelage of Language Arts instructor Allyson Wuerth. Anna plans to study emerging media and game design at Marist College.

For further information of for verification purposes Anna can be contacted at [anna.fountain64@gmail.com](mailto:anna.fountain64@gmail.com) or 203-605-9084. Live Poets Society of NJ website: [www.highschoolpoetry-contest.com](http://www.highschoolpoetry-contest.com), JUST POETRY website [www.justpoetry.org](http://www.justpoetry.org).

RESERVE YOUR AD SPACE TODAY. CALL US AT 203-298-4399.

Town of Woodbridge Meetings for the Month of May 2021



(Subject to Change, Check with Town Clerk’s Office, 203-389-3422)

5/3	Town Plan & Zoning Commission.....6:30 PM	Town Hall
	EMS Commission.....7:00 PM	
5/4	Human Services.....7:00 PM	
5/10	Library Commission .....6:30 PM	Library
	Zoning Board of Appeals .....7:30 PM	Town Hall
5/12	Board of Selectmen.....5:00 PM	Town Hall
5/13	Community Council.....9:30 AM	
	Economic Development Commission..6:00 PM	Town Hall
5/17	Annual Town Meeting.....ALL DAY	
	Fire Commission .....6:00 PM	
	Police Commission.....6:15 PM	
5/18	2030 Task Force .....6:00 PM	
5/19	Diversity & Inclusion Committee.....6:30 PM	
	Inland/Wetlands Agency .....7:30 PM	Town Hall
5/20	Investment Committee.....530 PM	
	Board of Finance.....6:00 PM	Town Hall
	Conservation Commission.....7:30 PM	Town Hall
5/24	CUPOP.....5:30 PM	Town Hall
	Recreation Commission .....7:00 PM	Beecher Rd School So
5/25	Gov’t Access TV Commission .....7:30 PM	Town Hall



# LOCAL BUSINESS ROUNDUP

## Senate Extends Outdoor Food, Beverage Service

*Preserves Popular Restaurant Pandemic Operations Into 2022*

On March 30<sup>th</sup>, the State Senate voted 34-0 to approve legislation that will extend outdoor dining activity at restaurants through March 31, 2022. The legislation, which has no fiscal impact, establishes a process by which local zoning officials can allow or expand outdoor dining at restaurants. It also specifies that any outdoor dining activity previously authorized by executive order will be approved through March 31, 2022. State Senator James Maroney (D-Milford) voted in favor of the outdoor dining extension. The bill now heads to the Governor’s office to be signed into law.

“Outdoor dining has proven to be very popular with both diners and restaurant owners,” said Sen. Maroney. “Further expansion of outdoor food service will allow for the continuation of customers to go to a restaurant and feel safe during their dining experience. It helps restaurants regain business and helps make up for profits lost during the pandemic.”

The legislation, amended last week during its passage in the House, substitutes House Bill 6610, “An Act Concerning The Provision of Outdoor Food and Beverage Service By Restaurants”. Under its language, if adopted, zoning or planning officials would have the power to expand or permit outdoor activities for restaurants to respond to or provide economic recovery from the COVID-19 pandemic.

Any permit for outdoor eating

would not require significant paperwork such as site surveys or traffic studies to expedite the approval process outside of information that could impact public health, safety or the environment. Any applications filed would be responded to within ten days of receipt, and any appeals process after a potential rejection would need to be filed within a week.

Notably, municipalities wishing to permanently expand the availability of outdoor dining and retail activity would be allowed to expedite permanent changes to their zoning rules. In the future, the legislation could be expanded to enable permanent expanded outdoor dining in its current state. Otherwise, the legislation holds pre-existing standards for outdoor activities, such as specific spacing and zoning for outdoor dining that does not interfere with local pathways and are subject to reasonable standards, such as compliance with the Americans with Disabilities Act.

As the COVID-19 pandemic struck in spring 2020, restaurants struggled under limitations imposed on their businesses by public safety standards. Expansion of outdoor dining led to increased safety and comfort for diners, leading to benefits for the businesses adopting them. Statistics from the Centers for Disease Control found patients who reported dining inside a restaurant were 2.4 times more likely to test positive for COVID-19 during the early months of the pandemic.



## Local Barber Voted the Best

Eight years ago, Mark Fernicola decided he was ready for a career change. He decided to become a barber and this year Ferni’s Barbershop was nominated to the New Haven Register’s “Best Of.”

“Ferni” is a nickname given by a teacher flustered by three Marks in one class. The name has stuck, plus, he jokes that “Fernicola” wouldn’t fit on the barbershop window.

Fernicola’s uncle and cousins are both barbers. “I was at a crossroads, career-wise, and I just woke up one day and decided to be a barber,” he says. Following his uncle’s advice, he trained at a cosmetology school in Wallingford and graduated in 2014. He worked for his uncle, moved to a salon and barbershop in Guilford, followed by North Branford before settling in Woodbridge in 2018. He’s been in the Lucky Soul Tattoo shop ever since.

The waiting area is attractive and comfortable – warm wood, leather

chesterfield sofas, plants and artwork – and the barber chair is full of Fernicola’s personality with a painted skateboard hung as art and memorabilia on the walls.

“A lot of my clients are not tattooed – they just want a haircut,” says Fernicola. He does haircuts, buzzcuts, straight razor shaves and offers beard and mustache trims. He also sells Tip Top pomade from a California vendor he admires and Connecticut-based Fifth of Combs facial hair products.

“I’m still seeing some people come in who haven’t had a haircut in a year. A few others shaved their own head and they’re coming to me for a fixer upper job,” he chuckled.

During the pandemic customers are required to make an appointment. No walk-ins are accepted.

Ferni’s Barbershop is at 214 Amity Road and is open Tuesday – Friday 10-6 and Saturday 9-4, 203-397-5825, <https://www.fernibarbershop.com/>.

RESERVE YOUR AD SPACE TODAY. CALL US AT 203-298-4399.

## Exercising After Pregnancy

Pregnancy takes a toll on a woman’s body and produces an assortment of biological changes. After confronting and managing those changes for nine months and ultimately giving birth, it’s not uncommon for women to look for ways to feel how they did prior to becoming pregnant. One such way is through exercise, though it’s important that women avoid rushing into new fitness regimens after giving birth.

Why exercise after pregnancy?

Infants require round-the-clock attention, and women tend to be their primary caregivers in the first few months. That’s especially so for women who intend to breastfeed. Nightly wakeup calls in the middle of the night are just one of the challenges associated with caring for infants, and given the extent of those

challenges, it’s easy to put exercise on the back burner. However, the American College of Obstetricians and Gynecologists cites a host of benefits of exercise for postpartum women. Exercise strengthens and tones abdominal muscles, helps improve energy levels and can even help to relieve the stress that comes with caring for an infant.

In addition, the American Psychological Association notes that exercising after pregnancy, once women get the green light to do so from their physicians, may help women avoid or reduce the severity of postpartum depression, or PPD. The APA estimates that PPD affects as many as one in seven women and notes that it won’t go away on its own, making exercise a valuable tool in the fight against PPD.

### How much exercise do I need after giving birth?

No two women are the same, so it’s imperative that women discuss how they feel with their physicians after giving birth. Some women are ready to exercise the day after giving birth, while others may need more recovery time. The ACOG recommends that women get at least 150 minutes of moderate-intensity aerobic activity every week. Various 10-minute sessions throughout the day can help women meet that recommendation without making them feel overtaxed. However, women should not begin exercising after childbirth without first getting the go-ahead from their physicians.

### What is moderate-intensity aerobic activity?

The ACOG notes that brisk walking

and riding a bicycle on level ground qualify as moderate-intensity aerobic activity. So a brisk, half-hour walk with baby in stroller can help women meet the daily recommended amounts of exercise.

### What about breastfeeding and exercise?

Women should still be able to exercise even if they’re breastfeeding. The ACOG recommends that mothers feed their babies or express their milk prior to working out so they can avoid any discomfort that may result from engorged breasts. When exercising, make a concerted effort to stay hydrated and wear a well-fitting bra that provides ample support and protection to the breasts.

Exercising after pregnancy can benefit mothers in myriad ways. More information can be found at [www.acog.org](http://www.acog.org).



The month of May often feels like civic participation month in Woodbridge. Every two years we hold municipal elections in May and this year our elections will be held on Monday, May 3. The Amity Regional District 5 Budget Referendum is scheduled for Wednesday, May 5. Also in May the Town holds our Annual Town Meeting at which residents always have a chance to vote on the budget. This year the meeting (on Monday, May 17) will be virtual due to the pandemic. Details will be on the Town website as we get closer to the date. I encourage everyone to participate in these three important ways to make your voice heard!

Unlike in the fall Federal Election, absentee ballot applications for the municipal election will NOT be automatically mailed to all registered voters from the office of the Secretary of the State. If you choose to vote absentee (either May 3 or May 5, or both) you may download an application online, or request it from the Town Clerk's office (203-389-3424). Completed applications may be dropped in the Ballot Box in front of Town Hall or mailed to the Town.

The Town Clerk will then mail you a ballot with two envelopes. Complete the ballot, put it in the inner envelope, sign the envelope, and put that in the outer envelope and simply drop the completed ballot in the Ballot Box. All ballots MUST be received by 8:00 pm on May 3<sup>rd</sup> for the Town Election and 8:00 pm on May 5<sup>th</sup> for the Amity Referendum. Applications are required for both the election, and the referendum.

In-person voting will also be available this year. Polls at the Center Gym (4 Meetinghouse Lane) will be open from 6 am to 8 pm. The last day to register to vote is Monday, April 26 though you may also do Election Day Registration.

Earlier this month Town buildings opened to the public. The Library and the Senior Center have limited hours and at all buildings we are asking people to sanitize and sign in when they

**From the First Selectman** BY BETH HELLER



enter the building for contact tracing purposes. Masks are obviously required, and are required on all Town property, including outdoor facilities.

Our Human Services Department continues to have access to vaccine appointments through the Quinnipiack Valley Health Department's weekly clinic in North Haven. If you would like to be on the list for one of these appointments, please call Jeanette Glicksman at 203-389-3415 or Ellen McDonald at 203-389-3429.

I am pleased to announce that I have now finalized the list names of members who have agreed to serve on the Ad Hoc Housing Study Committee. These folks will be doing very important work and I am grateful to everyone who volunteered. As a reminder, the committee will evaluate the data, engage the community, assess housing needs and submit a report to the Board of Selectmen, per our charge to the Committee. The following residents have agreed to serve: Debbie Brander, Mica Cardozo, Harriet Cooper, Mary Dean, Buddy Degennaro, Nicole Donzello, Elaine Feldman, James Graham, Kathleen Hunter, Donovan Lofters, Dwight Rowland, Lewis Shaffer and Dominic Thomas.

The group will soon hold its first meeting with the goal of creating the State-mandated Affordable Housing Plan. The Town Plan and Zoning Commission (TP&Z) continues to work through the application to amend the Zoning Regulations and the Town's Plan of Conservation and Development to permit multi-family housing in most of the Town's residential districts, with affordable housing. The Public Hearing has been closed and now the Commission has 65 days to make its decision. You may view the application, other documents, and videos of their Public Hearings on the Town Plan & Zoning

Commission page on the Town website. As a reminder, all the meetings are streamed live on local access cable Channel 79, on the WGATV YouTube channel, and on Webex.

I am confident that TP&Z will review the application in a fair, thorough, and thoughtful way, as it has also provided an opportunity for all sides to be heard at its public hearings over the past several months. I am equally confident that Woodbridge will remain the wonderful community that we have all come to love.

As many of you are aware, Verizon/Cellco has privately contracted with a Woodbridge landowner to erect a 140-foot cell tower in the area of Newton Road. Unfortunately, as we have discussed in the past, cell towers are not approved or denied at the local level. Neither TP&Z nor the Board of Selectmen has the authority to approve or deny these structures. These decisions are the exclusive jurisdiction of the State of Connecticut Siting Council. The Board of Selectmen, in our desire to prevent this project, has however, hired a land use attorney to work with the Town to try to find an alternate site for the tower. The Board does not believe that a cell tower should be erected in any residential neighborhood in our Town. The Board of Selectmen will continue to do all we can to oppose this project, and we welcome your support. Should Verizon/Cellco eventually submit an application to the Siting Council regarding its current proposed location at 118 Newton Road, it will be incumbent upon all who oppose this project to submit testimony against it. It is my hope that the Board of Selectmen will vote to do so as well. We hope to get a further update from our consultant, and I will send out correspondence as soon as I do. These consultants continue to review data and if there is a

viable alternative, we will share it with Verizon/Cellco and the public.

I continue working on my goal of bringing residents together: At our recent Board of Selectmen meeting, we approved a series of events dubbed "Second Saturdays" beginning in May, with the goal of providing free family fun. In May there will be a chalk art party, in June we will host a tag sale, in July the Friends of the Library will host a small book sale, in August there will be an art event and in September a craft fair. More details are on the Town website, including how to sign up to be a tag sale or craft fair vendor. I hope to see you at some of the events!

The Board also approved a local vendor, Café Rebelde, to sell coffee in the Grove from a coffee cart, most likely in the mornings. For many years residents have requested coffee in the center of Town and I hope that this will be another opportunity to bring residents together. Café Rebelde is run by local couple Carissa and Mauriel Vega and they import and roast single-origin fair trade coffee. They will begin to brew and sell that coffee sometime in May and will also have pastries for sale.

Please visit the calendar on the Town website to see upcoming community events or post your own event if its open to the public. The calendar includes details for community events such as the Earth Day event, Trail Clean-up Day and our wonderful Memorial Day ceremony. Even apart due to the pandemic, we remain TOGETHER. I wish to express my thanks and gratitude to all Woodbridge residents who have taken the time over the past year to reach out to me by phone, text or email. I have and will continue to listen to your opinions and suggestions. By working together, we can solve problems and enhance the quality of life in our wonderful Town. As always, my door remains open to you. Please feel free as always to reach out to me at 203-389-3401 or bheller@woodbridgect.org. Keep in touch and keep safe Woodbridge!

**“Mother’s love is peace. It need not be acquired, it need not be deserved.” — ERICH FROMM**

# State Housing Rehabilitation Program Available

Interest-free loans for certain home repairs are available to qualified Woodbridge residents. The State of Connecticut Small Cities Housing Rehabilitation Program provides interest-free loans to replace furnaces, roofs, windows, and septic systems as well as ADA modification, such as entrance ramps and bathroom modifications.

To be eligible, Woodbridge homeowners must meet the following requirements: (1) gross annual income cannot exceed \$54,950 for a single household or \$78,500 for a household

of four; (2) have at least 10% equity in the home; (3) be up to date on municipal taxes; and (4) have homeowner's insurance.

There is no out-of-pocket expense for this 0 % interest loan and payment is not due until the house changes title. The program also allows the Town to establish a revolving loan fund in perpetuity to provide assistance to additional residents who need home repairs.

For additional loan information, please call Tax Collector Pat Crisco at 203-389-3425.

# Apartments For Rent

## Woodbridge:

Thank you! We're accepting names for our waiting list. Applicants must be 62 or older or disabled. One Bdrm-\$1088/mo; Two Bdrm-\$1152/mo incl utilities. On-site laundry, patios with garden area, off-street parking, handicapped accessible. CHFA Financed. EHO. Gibson Assoc., Inc. 175 East Mitchell Ave, Cheshire, CT 06410. Ph: 203-272-3781. TDD 1-800-545-1833 Ext 165

## Gibson Assoc., Inc.

175 East Mitchell Ave, Cheshire, CT 06410  
Ph: 203-272-3781. TDD: 1-800-545-1833 Ext 165



# WOODBRIDGE LIBRARY

All information accurate at press time. Be sure to check our website or call us before your visit for any changes to our hours or events.

**The Library Reopened April 5! We look forward to welcoming you back!**

The Woodbridge Town Library reopened to the public on Monday, April 5. Our open hours will be Monday and Thursday: 3 pm to 6 pm, and Tuesday, Wednesday, Friday: 10 am to 1 pm. We ask that you continue to wear masks inside the building and to limit your visits to 30 minutes. Computers will be available during these times for one hour per user first come, first served; no appointment needed.

Park & Pickup hours will remain unchanged: Monday and Thursday: 10 am to 7 pm, and Tuesday/ Wednesday/ Friday: 10 am to 5 pm,

Library staff will continue to provide remote services via phone and email for those unable to come into the building. Phones and emails are generally answered by staff Monday – Friday, 10 am to 5 pm. Place holds, ask questions, find out information, and more. If calling, you may need to leave a message—calls will be returned as soon as possible!

**Department phones and emails:**

- › Adult Services/Reference: 203-389-3434 wbrstaff@lioninc.org;
- › Children’s Department: 203-389-3439 childrensprogramslioninc.org;
- › Circulation/General info: 203-389-



WOODBRIDGE TOWN LIBRARY

3433 askus@woodbridgetownlibrary.org.

**Recycle Your Books – Especially Children’s Books!**

The Friends of the Woodbridge Library will be accepting book donations on Saturday, April 24 from 9:00 a.m. to 11:00 a.m. This donation day coincides with the Earth Day Celebration by the Town of Woodbridge. We greatly need good quality children’s books, but we will accept adult books as well. Please, only bring books in excellent condition. Books that are dusty, musty, yellowed or smoke damaged, or that have been stored in a basement or garage, will have to be discarded in order to prevent harmful conditions from spreading through the collection.

In addition, we can only accept up to four boxes per household because of storage issues. Books may be dropped off at the ramp on the side of the Library, near the small parking lot off Newton Road. Masks must be worn. Thank you for complying with all these guidelines, and thank you for your support of our Library!

Another way to support the Friends is to shop their Tiny Bookstore located in the meeting room next to Park & Pickup. Books for all ages, puzzles, and more—all in excellent condition

and fabulous prices. Supporting the Friends supports the Library—thank you as always.

**Save the Date for a Very Special Friends of the Library Event**

Library programming is coming back! Join us for a program dedicated to the memory of Barbara Rader, longtime member and a past president of the Friends of the Library. Dr. Mark Schenker of Yale University will give a lecture on “Literature and Life” and how anyone reading for personal enjoyment can get more out of reading and see what makes literature art. The program will be held outside, on Sunday, June 6 at 3:00 p.m. A rain date of Sunday, June 13 is set.

**From The Adult Services Department: Creativebug Subscription Offers Video Instruction for Crafting and More!**

Keep your hands active and your mind engaged with Creativebug—our crafting video database. Find the link on our website, or visit <https://www.creativebug.com/lib/woodbridgetown> to get started. You will need your library card, but after that, the possibilities are endless!

**Update on Digital Magazines**

The Library’s collection of 3,000 digital magazines has moved from RBDigital to OverDrive. Up to three years of back issues are available, and all magazines are available for unlimited simultaneous access (a.k.a. NO HOLDS LISTS!).

You can search and check out the titles in our catalog, then download to a device or read in your browser. If you have the Libby or the OverDrive apps, you’ll notice the new additions under “format.” Don’t have the apps? You can get them for Apple and Android devices; search your platform’s store for Libby, download the app, and set up an account with your Woodbridge Town Library card. Need a library card? Email askus@woodbridgetownlibrary.org.

**From The Children’s Department:**

All events meet outside at the picnic tables and require masks. Registration required only where noted. Programs canceled if raining.

When stopping by the Park & Pickup room, take a look at the Diversity Quilt created by patrons and staff. Thanks to all who participated!!

**PoetryCraft** bag pick up for April on 4/29 in the Park & Pickup Room.

**Weekly Animal Alley Craft Program** begins Thursday, April 29 from 4 to 4:30 pm, at the picnic tables for ages 3 and up. Make and take a different animal craft each week. Please register online or by calling the Children’s Department.

# VOTE

## MONDAY, MAY 3RD



# HOUSES OF WORSHIP EVENTS

## Celebrating The 70<sup>th</sup> National Day Of Prayer

*Lord Pour Out Your “Love, Life, And Liberty”. (2 Corinthians 3:17)*

Woodbridge residents are invited to answer the call to prayer on Thursday, May 6<sup>th</sup>, 2021, in observance of the 70<sup>th</sup> annual National Day of Prayer. This is the Judeo-Christian expression of the National Day of Prayer. The event will be held virtually via Zoom from 7:00 to 8:00 PM and all are welcome.

**To Join Zoom Meeting:** Go to <https://zoom.us/join>  
Click on “Join A Meeting”  
Meeting ID: 864 6344 7270  
Passcode: 358155  
*One tap mobile*  
+13017158592,,86463447270#,,,\*,358155# US (Washington DC)  
+13126266799,,86463447270#,,,\*,358155# US (Chicago)

*Dial by your location*  
+1 301 715 8592 US (Washington DC)  
+1 312 626 6799 US (Chicago)  
+1 646 558 8656 US (New York)  
+1 253 215 8782 US (Tacoma)  
+1 346 248 7799 US (Houston)  
+1 669 900 9128 US (San Jose)  
Meeting ID: 864 6344 7270  
Passcode: 358155  
Find your local number: [hLps://us02web.zoom.us/j/86463447270](https://us02web.zoom.us/j/86463447270)

The National Day of Prayer affords residents the opportunity to join in prayer as one unified body with those church leaders, laymen and youth, who will be reading Scriptures and leading in prayers for the Government, Military/First Responders, Media, Business/Workplace, Education, Church, Family, and more. There will also be a reading of the National Day of Prayer Proclamation and the 2021 National Prayer. This is an unprecedented op-

portunity for citizens to humbly come in faith, asking God for his forgiveness, healing, and guidance for our Nation. Prayer has been the key to the success America has experienced from her birth, and by God’s grace and our diligence to follow truth, she will continue to thrive.

The theme for 2021 is “Lord Pour Out Your Love, Life, and Liberty”, emphasizing the need for individuals, corporately and individually, to place their faith in the unfailing character of their Creator, who is sovereign over all governments, authorities, and men, and who is the ultimate Source of our freedoms. The Scripture reference is 2 Corinthians 3:17.

President Harry Truman designated the first National Day of Prayer in 1952. The event was designated for the first Thursday in May annually by President Ronald Reagan. President Reagan, on the occasion of the 1982 National Day of Prayer, remarked that “prayer has sustained our people in crisis, strengthened us in times of challenge, and guided us through our daily lives since the first settlers came to this continent. Our forbearers came not for gold, but mainly in search of God and the freedom to worship in their own way.” He also stated, “If we ever forget that we are One Nation Under God, then we will be a Nation gone under.”

Please encourage your family and friends to join in this important time of prayer for Woodbridge and our Nation. You can find the history of the National Day of Prayer and additional valuable information at [nationaldayofprayer.org](http://nationaldayofprayer.org).

## Live Zoom Event with Eric Dittelman: Mind Reader

Presented By Temple Beth Sholom

Ever wonder what it would be like to know what someone else was thinking? What if you knew exactly what someone else was going to do before they did it? Eric Dittelman knows what that’s like. In fact, he has been reading minds at theaters, colleges, comedy clubs, and corporate events across the country.

On Saturday, May 8, 2021, Dittelman will be Live on Zoom with Temple Beth Sholom in Hamden, CT. This event is open to the public. Join us for an out-of-this-world fundraising event to support the 75<sup>th</sup> anniversary of our local synagogue, which is being celebrated all year long! Tickets are \$36 per household. Sponsorship opportunities are available. Zoom “doors” will open at 8:45pm and the show will begin at 9:00pm. Tickets can be purchased at [www.tbshamden.com](http://www.tbshamden.com) or at [www.tinyurl.com/TBSMindReader](http://www.tinyurl.com/TBSMindReader).

Eric Dittelman has been entertaining audiences at colleges, comedy clubs and private events with his unique blend of mind reading and stand-up and improvisational comedy. Eric first made a splash when he appeared on season 7 of NBC’s “America’s Got Talent” advanced to the semi-finals



Eric Dittelman

amazing judges Howard Stern, Howie Mandel and Sharon Osbourne. Eric has also made headlines as a guest on “Ellen,” and recently “Live with Kelly and Ryan” and “Penn and Teller’s: Fool Us.”

If you have any questions, please contact [fundraising@tbshamden.com](mailto:fundraising@tbshamden.com) or [communicationsvp@tbshamden.com](mailto:communicationsvp@tbshamden.com).

Temple Beth Sholom is an egalitarian conservative synagogue with over 350 member families and singles from the Greater New Haven community.

## Upcoming Events at Temple Emanuel

Stay connected with our community online and in person when the weather cooperates. Read on for details!

### Regular Weekly Services

- › 6:30 pm on the first Friday of the month, Family Shabbat service;
- › 7:00 pm on all other Fridays, Kabbalat Shabbat Service (please note earlier start time) – in person and outdoors starting May 7, only if the weather permits; masks are required and appropriate distancing will be observed; online services will continue as well;
- › 10:00-11:30 am on the first Saturday morning of the month, Shabbat Morning Minyan;
- › 10:00-11:30 am on all other Saturday mornings, Weekly Torah Study.

Please contact the TE office for links to Zoom and YouTube. All services and events listed here are free and open to both members and non-members.



Temple Emanuel

### Special Event in May

Sunday, May 16 at 7:30 pm

Erev Shavuot and Confirmation Service – 6 confirmands will lead the service, chant the Ten Commandments and share their thoughts on Judaism. The congregation is invited to participate via Zoom.

For more information about services and celebrations at Temple Emanuel, and to register for special events, please go to the TE website, [www.tegnh.org](http://www.tegnh.org) or call the office at 203-397-3000. Temple Emanuel is located at 150 Derby Avenue in Orange.

Woodbridge Town News

ATTENTION CHURCHES, SYNAGOGUES, AND HOUSES OF WORSHIP!

Send us your organizations events listings and items of interest.  
We will publish them for free.

Woodbridge Town News – P.O. Box 1126, Orange, CT 06477  
[edit@woodbridgetownnews.com](mailto:edit@woodbridgetownnews.com)

Woodbridge Town News

THE WOODBRIDGE TOWN NEWS ONLINE

Online Version of the Woodbridge Town News

[www.WoodbridgeTownNews.com](http://www.WoodbridgeTownNews.com)

RESERVE YOUR AD SPACE TODAY. CALL US AT 203-298-4399.



DID YOU KNOW?

**As Mother’s Day approaches, you may wonder, what does a legal column have in common with a children’s book? More than you may think!**

*Do you remember the book “Are You My Mother?” by P.D. Eastman?* A mother bird, thinking there was plenty of time for the egg to hatch, flies off in search of food. Surprisingly, the chick is born while mom is away. The baby, not finding mom in the nest, sets off in search of her. At every stop, he asks “are you my mother”? He tries a dog, a kitten, a cow, a hen, a boat, and even a steam shovel. He eventually is plopped back into his nest where he is reunited with his mother.

**Assisted reproductive technology.** In 2021, there are many ways to become a mother. Examples include intrauterine insemination, egg and sperm donation, in-vitro fertilization, intracytoplasmic sperm injection, and gamete intrafallopian tube transfers.

**Keeping track of the players.** The genetic mother is the mother whose gamete has been fertilized. The carrying mother is the mother who carries the fertilized gamete (embryo) until delivery. The mother who ends up as the “parent” of the baby, however, might be a third mother who entered into a gestational agreement with the other “mothers.” So, who is the mother?

**How does this relate to estate planning?** Your Will and Living Trust (if applicable) should be clear about what you mean when you use terms such as “child,” “grandchild,” “heir,” “descendant,” or “lineal descendant.” You don’t want your family arguing about whether the dog, the kitten the boat or the steam shovel is the mother. Clearly defined terms in your estate planning documents almost always will diffuse a disagreement about what was intended.

If you are interested in learning more about the intersection between assisted reproductive technology and estate planning, please visit our website and read our blog for recent posts. For advice specific to you or your family, please contact the office. We would be glad to meet with you for a no hassle, no charge initial consultation, no matter how long it lasts.



Attorney Steven Floman and Attorney Allison DePaola Drozd are responsible for this advertisement. This advertisement has been prepared for general informational purposes only and is not intended to constitute legal advice or to create an attorney client relationship. Readers should not act upon the information contained in this article without seeking advice from an attorney regarding the specific facts and circumstances of your case.



**Protecting what’s important to you**  
Estate Planning | Estate Administration/Probate  
Medicaid Planning | Special Needs Planning  
*Questions? Call us to set up a no-charge, no-pressure meeting.*

P.O. Drawer 966 | 378 Boston Post Road | Orange, CT 06477  
P: (203) 795-1211 • F: (203) 795-1215  
97 Washington Avenue, Suite 2 | North Haven, CT 06473  
Phone: (203) 446-4725 | Fax: (203) 889-0193  
www.wileylegal.com • Lori@wileylegal.com

MASSARO  
COMMUNITY FARM

Work and Play at Massaro Farm This Summer

Enjoy fresh veggies from the farm

Nourish yourself and your family by subscribing for a 10- or 20-week Community Supported Agriculture (CSA) share of our organic produce. Supporting our CSA protects open space, creates jobs and enables the donation of thousands of pounds of fresh produce to hunger relief each year. Weekly distribution begins in mid-June so it’s important to sign up now: Full share - \$695; Half share - \$370. [www.Massarofarm.org/join-our-csa](http://www.Massarofarm.org/join-our-csa).

If a weekly farm share is too much for you, you can purchase farm produce a la carte through our online store: [www.Massarofarm.Square.Site](http://www.Massarofarm.Square.Site). Our store also offers local cheese, milk, eggs, buttermilk, mushrooms, pork and coffee, items generally not available with a CSA subscription.

Food Justice Certification

This year, Massaro Community Farm will apply for a Food Justice Certification from the Agricultural Justice Project ([www.Agriculturaljusticeproject.org](http://www.Agriculturaljusticeproject.org)). This certification is a series of tools to assist food-related businesses increase label transparency and implement fair employment practices for all who labor in the food chain. Our farm staff come from a variety of backgrounds, most with college degrees. They are drawn to this hard, physical work by their passion for growing healthy food and their commitment to environmental stewardship. Attaining Food Justice Certification will cement our farm’s commitment to just treatment and fair pay for farm workers.

Scholarships available for farm programs

In order to make our farm activities accessible to everyone, this year we will offer sliding scale fees for workshops, events and summer camp. Though farm field trips have been available to any group regardless of ability to pay for several years, we are pleased to now offer additional financial support for all programs to make everyone feel welcome at the farm. Contributions to help offset the cost of these subsidies and ensure the continuation of outdoor education for all can be made to the Get Outdoors and Enjoy Nature

Fund, started by former board member and Woodbridge Living Treasure award recipient, Louisa Cunningham and her husband, Bill Kelly. [www.cfgnh.org/articles/get-outdoors-and-enjoy-nature-fund](http://www.cfgnh.org/articles/get-outdoors-and-enjoy-nature-fund).

Come work with us this summer

We are currently hiring instructors for our first full day summer camp, July 12-August 13. Camp instructors should have experience working with children (preferably ages 5-11) in some capacity, though a teaching certificate is not required. Applicants will be asked to undergo a background check. Thanks to generous funding from The Werth Family Foundation, we are also seeking applicants for our summer youth employment program. Applicants should be between the ages of 15-18; no previous farm experience is necessary. Full descriptions of both positions are available on our website; applicants should direct inquiries to Corey Thomas at [education@massarofarm.org](mailto:education@massarofarm.org).

Get involved in a Community Garden

The farm manages 13 community gardens in Ansonia, Derby, Seymour, Shelton and Oxford. We welcome both new and experienced gardeners to help oversee these vegetable gardens, including watering, weeding and harvesting. We supply all the materials; you set your own schedule! Take the produce home or add it to our donations for hunger relief partners. Visit our site for more details or to sign up: [www.Massarofarm.org/community-gardens](http://www.Massarofarm.org/community-gardens).

*Massaro Community Farm is a non-profit, certified organic community farm on 57 acres of land whose mission is to keep farming, feed people, and build community. In addition to growing vegetables for seasonal subscribers, the farm donates thousands of pounds each year to hunger relief. The farm serves as a hub of education for all ages and shares its space with the community. The farm’s nature trail is open to the public 365 days a year. For more information visit our website at [www.Massarofarm.org](http://www.Massarofarm.org) or contact Executive Director Caty Poole at 203-736-8618 or at [caty@massarofarm.org](mailto:caty@massarofarm.org).*

SUPPORT OUR ADVERTISERS!

Tell them you saw their ad in the Woodbridge Town News.



# HEALTH & FITNESS

## Spring Yardwork Injuries: We've Got Your Back!

BY KYLE BRANDAY MSPT/CDN

Thankfully it's finally Spring! So much to do, so little time, back-breaking yard work – it adds up to possible lower back strains, muscle pulls, and joint dysfunctions. Advice: Take it slow and prepare yourself for outside chores with some simple exercises.

Raking requires upper body strength and endurance. Warm up to yard work by exercising your primary muscles that include biceps, deltoids, rotator cuff, forearm and parascapular muscles. Do it before and after raking or lifting piles of yard litter.

Simple exercises like arm circles, pendulums, forearm and upper trap stretching will help loosen these muscle groups. Proper posture while raking is a must. Stay upright, head up, shoulders back and don't hunch forward. Good postural habits will prevent rotator cuff impingement, strain on neck and upper back and puts the upper body in position for the greatest mechanical advantage to create force and leverage. You'll also use less energy. Once you've got those leaves raked into piles, now comes the real trial. The body's trunk and core are being tested, requiring the lumbar spine and hips to generate force to move leaf piles. The strain is on your obliques, glutes, and hip rotators along with the lumbar extensor muscles. What that means is there's a lot of muscle groups interacting to get those leaves moved. Never bend from the waist to pick up these mounting piles of leaves. It is vital to squat and bend your knees while you pick up leaves. Keep

a flat back while you lift. This takes the stress off the lower lumbar spine eliminating the possibility of strains and sprains or worse injuries such as herniated discs and sciatica. Helpful, also, are warm up and cool down exercises such as hamstring, knee to chest, and trunk rotation stretches.

"Summerize" your body. Trunk rotation stretches, hamstring stretches, light weight workouts with dumbbells for biceps, triceps and deltoids are important in preventing serious injury. Squats with light barbells for your quads, hamstrings, and glutes strengthen these important stress absorbing muscles. For lower spine and back, prepare yourself with warm up knee to chest exercises, trunk rotations and quad and hamstring stretches. Proper exercise techniques, either at home or with a professional physical therapist or trainer, can keep you fit and in action throughout the spring and summer.

Kyle Brandy, MSPT/CDN is a licensed physical therapist and partner at Amity Physical Therapy, founded sixteen years ago by Michael Dow MSPT CEO/Director with offices in Woodbridge, Hamden and Branford. Kyle is a graduate of Quinnipiac University with his Masters in Physical Therapy. He works with patients of all ages and ability levels, treating high level athletes with fractures and sprains to gait and balance dysfunction in the elderly. Kyle can be reached to set up an evaluation at (203) 389-4593 or visit [www.amitypt.com](http://www.amitypt.com).

## Getting Back Outside

BY KYLE BRANDAY, MSPT, CDN

COVID-19 has taken its toll mentally and physically on all of us. Now fully engrossed in Spring, we have seen businesses reopen, people returning to work, and our kids going back to camps and some sports.

While all this change has been occurring, there is another change that has happened: We've gotten stiffer, weaker, and more out of shape. In speaking with many of our patients about their experiences thus far during the pandemic, they have expressed all of the above concerns as the common theme.

As the weather around us improves, the problem becomes that we all want to get back outside. Some to return to exercise and sports while others are returning to gardening and yardwork. All of this while we are at our weakest, stiffest, and most deconditioned. So, what can we do?

Now is the perfect time to seek the assistance of your Physical Therapist as you return back to your normal activities. By assessing and screening your mobility, strength, and functional movement patterns we can create the proper plan to make sure that you minimize your risk of injury as you jump start back.

All three Amity PT locations have been, and will continue to take, every measure to ensure your safety and health during these trying times. We continue to follow all CDC guidelines including, but not limited to, physical distancing, utilization of masks in clinic for both staff and patients,



Kyle Brandy, MSPT

professional cleaning and continual sanitization of all equipment and treatment areas.

For those of you who are still not ready to return for in clinic appointments, our staff is able to see you via E-Visits performed via your computer, tablet, or smart phone.

Kyle Brandy, MSPT/CDN is a licensed physical therapist and partner at Amity Physical Therapy, founded sixteen years ago by Michel Dow MSPT and CEO/Director. The practice has offices in Woodbridge, Hamden and Branford. Brandy is a graduate of Quinnipiac University with his Masters in Physical Therapy. He works with patients of all ages and ability levels, treating high level athletes with fractures and sprains to gait and balance dysfunction in the elderly. He can be reached at 203-389-4593, or visit [www.amitypt.com](http://www.amitypt.com).

## Coping with Double-Burden Syndrome

Double-burden syndrome is a daily concern for many women and may have been exacerbated due to work-from-home directives and social-distancing measures instituted during the COVID-19 pandemic.

Double-burden syndrome refers to the workload faced by people — traditionally women — who not only earn money through regular employment but also are responsible for unpaid domestic labor. Nowadays, it often refers to the challenges many women face when trying to balance household responsibilities/ childcare and employment.

Traditional gender roles once accepted by society have become more relaxed in recent years, and by and large both spouses now work. Statistics Canada says dual-income families have doubled in the country between 1976 and 2015. Data from

the U.S. Bureau of Labor Statistics indicates that among married-couple families with children in 2019, 97.5 percent had at least one employed parent, and 64.2 percent had both parents employed.

Despite the fact that both parents now work in many households, there is still a disparity in the number of hours contributed to work around the house — with women taking on a larger percentage.

COVID-19 has not made the situation any easier. According to Women's Web, a parenting and career resource for women, the lockdown has quadrupled women's workloads, whether they have careers or not. In addition to holding down full- or part-time salaried jobs, women are juggling home schooling, spouses' remote working and caring for a household that is spending an increased amount of

time at home.

A recent survey by Pink Ladder, a comprehensive career enhancement resource for women, indicates that four in 10 women are facing high levels of anxiety and stress from current work-from-home situations, as many women have been expected to take on increased workloads from the office and also tackle a greater number of chores at home.

Coping with double-burden syndrome involves various strategies that women can try as they attempt to find greater balance.

- ✓ Speak with managers about changing shifts. Managers may be receptive to switching shifts to make accommodations for household responsibilities and childcare needs.
- ✓ Scale back hours, if possible. If work is causing excessive stress,

motivation is dwindling and/or home needs are suffering, this may be a case for decreasing work hours. Fathers should consider this as well, especially if they earn less than their spouses.

- ✓ Attempt to compartmentalize professional life from personal life, especially when working from home. Definitive lines between work time and home time may need to be drawn. This may require not doing laundry during work hours and not answering work calls during personal hours.
  - ✓ Recognize there is no need to aspire to perfection. Recognizing that perfection is an unattainable goal because it doesn't exist can diminish feelings of stress and dejection.
- These strategies may help ease the effects of double-burden syndrome.

“Election” From Page 1

first stint on the Board of Selectmen four years ago, David Lober remembers spending hours campaigning door-to-door, getting to probably 300-400 households. “You meet new people in town that way,” he said. Calling people’s phones and leaving messages does not satisfy in the same way. “There is no feedback,” he said.

Fellow Republican David Vogel tried to make the best of the restrictions, and didn’t let them hold him back. He did campaign door-to-door. He said people are less likely to come to the door, but some conversations did occur and some residents even called back when he left his campaign literature.

“We need more different ideas” in town government, he said in a phone conversation. “We can do better if we have a wider range of ideas.” With limited debate on boards and commissions, decisions are being made by a small group of people, and drive people away. “People feel they don’t have a voice,” he said.

That is also the basic premise behind the Republican slogan of “Vote Row B for Balance,” appealing to voters to create more balanced political representation, and break the “one party rule.”

No matter the election result, Heller will be working with a new Board of Selectmen, given that two of her fellow Democrats are not returning to the board (Sandy Stein and Mica Cardozo) nor are the two Republicans on the board, Joseph Dey and Dwight Rowland.

Instead, Republicans are fielding Lober, a retired anesthesiologist; also David Vogel, the retired long-time Yale crew coach and president of the US Rowing Board of Directors; and Stephen Francis, senior portfolio manager at Webster Capital Finance.

On the Democratic ticket, Sheila McCreven, Paul Kuriakose and incumbent Joe Crisco are seeking a seat on the Board of Selectmen. Crisco was the State Senator representing the 17<sup>th</sup> District for many years. Kuriakose, a real estate investor and manager and a technology strategist, is currently serving on the Board of Finance.

McCreven brings a wide range of public service to the table. She served on the Woodbridge Board of Educa-

tion for 8 years, and chaired the board from 2007-11. She was instrumental in boosting the use of technology at the elementary school at the time. She also served on the Building Committee to enhance security and extensively renovate Beecher Road School. She is currently a member of the Amity Board of Education, even though her children have graduated and moved on.

Before taking her current position as communications director at Yale’s Office of International Affairs, Heller brought McCreven into Town Hall as her communications director and grant writer.

During her time at Town Hall McCreven shepherded the town through the Sustainable CT process, a state grant program which entices towns to work toward implementing sustainable programs in return for state grants. A newly added aspect to the program includes housing, which has become a hot-button issue in the state, but in Woodbridge in particular since Open Communities Alliance has challenged the town to change its zoning and allow multi-family units in most areas of the town.

Zoning challenge: Sustainable CT offers “a framework to help towns balance housing development with economic development,” McCreven said, adding that her expertise with the grant program may prove helpful in this process of sorting out the zoning challenge.

Since the application is pending, Heller has refrained from commenting while the Plan and Zoning Commission is working on it. However, she did appoint a 13-member ad hoc housing study committee to “evaluate the data, engage the community, assess housing needs and submit a report to the Board of Selectmen,” she announced in her comments at the April 14 Board of Selectmen meeting. The goal is to develop an affordable housing plan, as mandated by the state.

Serving on the committee will be Debbie Brander, Mica Cardozo, Harriet Cooper, Mary Dean, Buddy Degennaro, Nicole Donzello, Elaine Feldman, James Graham, Kathleen Hunter, Donovan Lofters, Dwight Rowland, Lewis Shaffer and Dominic Thomas.

“We will have to engage the whole community,” in order to come to a plan the town can stand behind, McCreven

said. “Communication is key.”

In their campaign platform, Republicans lay the blame for the lack of an affordable housing plan at the feet of the party in charge, namely the Democrats. But that view leaves out the history of vocal opposition to any efforts made in the past to update the zoning regulations by widening the areas that would allow multi-family housing or even affordable housing.

What antagonized David Lober about the application more than anything is that the applicant — represented by a group of Yale law students — labels the town and its exclusionary zoning as “racist.” “That is just bad faith,” he said. Several houses in the street he lives on have changed hands and young, multi-racial families have moved in. “The demographics of the town are changing,” he said.

Other towns such as Stamford and Westport have allowed limited areas to be built up for affordable housing, which protects them from legal challenges such as the one Woodbridge is facing, Lober said. If there is anything he learned in the operating room during his work as an anesthesiologist, it’s that “you stay out of trouble by planning ahead,” he said.

Bonding: The town is in the process of preparing for referendum a \$2.8 million bonding package that would fund a number of long-standing projects, including the refurbishment of parts of the Beecher Road School roof and renovation of the senior center. The bigger part of that bond package would be to convert the old firehouse into a community center. That project in turn would require the remaining fire equipment, which is stored in the old firehouse, to be moved to a new shed to be constructed behind the firehouse.

Republicans, including Selectman Joe Dey, have been urging the board not to bundle the projects, but instead give the public an up-or-down vote on each. However, since the main projects — the community center and the fire shed — are linked, and the roof is a necessity, the board decided to keep it bundled as proposed. Like any other bonding issue, it will be put to the voters before it can move forward.

For Lober, he would like to see more scrutiny to see whether there is a real need for any project, the current ones

as well as potential future ones, such as a renovation of the police station. If elected, he would work to figure out “how can we accommodate that need in the most economical way,” he said. The Beecher roof could be funded through the General Fund, he said, but the seniors deserve to be supported, since they are short-changed when it comes to return on their taxes.

His first stint on the board has taught him that the way the system is working, his influence will be limited. “I will not get traction all the time,” he said. “But I will get some traction on some of it some of the time.”

To effect change in public policy, you have to put moral pressure on the people in power, he said. “Hopefully we’ll have three [Republicans] on the board.”

Election Day: Election Day is Monday, May 3. Polls will be open from 6 a.m. to 8 p.m. at the Center gym. Eligible voters also can request an absentee ballot from the Town Clerk’s office. By law they can request such ballots until the day before the election, but since that would be a Sunday and the Town Hall closed, those requests should be made by Friday, April 30 at 4 p.m.

Town Clerk Stephanie Ciarleglio pointed out in a release that unlike in prior elections, applications are not automatically being sent to residents. Instead, eligible voters can obtain one by contacting the Town Clerk’s office at (203) 389-3422 or downloading the application from AB Ballot. Applications and ballots may be returned by mail or dropped in the ballot box outside of Town Hall at 11 Meetinghouse Lane.


On the ballot are a candidate for first selectman as well as those for the Board of Selectmen; candidates for the Woodbridge Board of Education; also half of the Woodbridge delegation to the Amity Board of Education; and candidates for two appeals boards, namely the Zoning Board of Appeals and the Assessment Board of Appeals.

The other boards and commissions, such as the Board of Finance and the Zoning board itself, are appointed positions, although the composition is regulated by state law to ensure minority representation. Candidates are vetted and brought forward by the two parties’ town committees and voted on by the Board of Selectmen.





# SERVICE DIRECTORY

  
**SUSAN NOONAN**  
*Justice of the Peace*

---



Weddings, Vow Renewals & Civil Union Ceremonies

---

66 Derby Avenue, (RT 34) Orange, CT 06477  
Cell: 203.376.8941 Office: 203.397.1616  
snoonan66@optonline.net

  
**Better Homes** **BANNON & HEBERT**  
REAL ESTATE

RITA MATOZZO  
Realtor  
Ritamatozzo@yahoo.com  
O: 203-758-1300x14 M: 203-592-5442  
F: 203-577-5356  
P.O. Box 907 590 Middlebury Rd  
Middlebury, CT 06762  
www.bannonandhebert.bhgre.com

An Independently Owned and Operated Franchise.

*You Call, We Haul, SAME DAY!*

**TAMARO**  
*Oil Corporation*

38 MARSH HILL RD., ORANGE, CT 06477

 **Serving Woodbridge & Bethany Every Day!**

TAMAROIL.COM 203-795-FUEL(3835)

  
**Orange Historical Society**  
**The Academy Museum**  
**Antique Shop**

Open Saturdays 10-3  
www.OrangeHistory.org  
605 Orange Center Rd.  
203-795-3106

**DONALD F. OLIVER**  
**HOME IMPROVEMENT, LLC**



SPECIALIZING IN  
VINYL SIDING • ROOFING • WINDOWS • ADDITIONS

*Four Generations of Experience*

175 Surrey Drive • Orange, CT 06477  
**203-795-4404**

LICENSE #573494 FULLY INSURED

  
**Sharon Hine**  
**Landscapes, llc**

CT HIC-0639623

Landscaping Services & Perennial Gardens

Design & Installation • Property Maintenance

Clean-ups • Mulch • Lawns • Trees • Shrubs • Fences • Vegetable Gardens  
Stone Work • NOFA/Organic Land Care • Free Consultation • Insured • References

**203.668.6315** sharonlandscapes@gmail.com  
www.sharonhinelandscapes.com

**Senior Homecare By Angels®**  
**Specializing in Live-In and 24-Hour Care**

Up to 24 Hour Care • Hygiene Assistance • Meal Preparation  
Light Housekeeping • Errands/Shopping • Respite Care for Families  
Rewarding Companionship

*America's Choice in Homecare.*  
**Visiting Angels®**  
LIVING ASSISTANCE SERVICES

**203-298-9700**  
www.visitingangels.com/woodbridge

**BENEDETTO LANDSAPING & LAWN MAINTENANCE**

**AFFORDABLE PRICING**

- Spring & Fall Cleanups
- Weekly Lawn Mowing
- Hedge & Shrub Trimming, Mulch
- Landscape Design & Installation

**CALL RANDY: (203) 530-4961**  
**www.BenedettoLandscaping.com**

Owner Operated & Insured | Over 40 Years of Experience

 HIC0629850

  
**2021 FIVE STAR REAL ESTATE AGENT**

**Pat Cardozo**  
Your HouseSOLD Name!  
**203-824-2177**




  
**COLDWELL BANKER**  
270 Amity Road,  
Woodbridge, CT 06525

  
**Woodbridge Town News**

Woodbridge's Exclusive Newspaper



Mailed Free to Every Home in Woodbridge  
Mailed Free to Every Business in Woodbridge, Bethany & Westville

**YOUR AD HERE**  
Call Today: **203-553-9062**

  
**Medicare Health Plans**

Contact Jason Weeks at  
Tzedakah House, LLC

8 LUNAR DRIVE  
WOODBRIDGE, CT 06525  
T: 203-387-2266  
E: JWEES@TZEDAKAH-HOUSE.COM


**OLD COLONIAL LANDSCAPING**  
Residential/Commercial Landscape Maintenance

Hire us this season, first cut free

Serving Orange, Milford,  
Woodbridge, West Haven and  
Derby

**203-804-2249**

**MICHAEL CLARK**  
OWNER



**Business Cards Ads As Little As \$30 Per Issue**  
**2 Issues for \$80 or 5 Issues for \$150 • Reach Every Home and Business in Woodbridge!**  
Send Your Card & Payment to: Woodbridge Town News, P.O. Box 1126 Orange, CT 06477 or pay online at [www.Woodbridgetownnews.com](http://www.Woodbridgetownnews.com)

## DEATH NOTICES

### Alex Alexiades

Alex Alexiades, of Clearwater Beach, Florida and Woodbridge, Connecticut, business and community leader, left this earthly realm on March 30, 2021. He was born February 11, 1931. Alex was predeceased by his wife Mary 31 years ago. He leaves three children, nine grandchildren, and a great-grandchild: son Elia Alexiades and his fiancé Jill McCarns of Branford; son John and his wife Chris of Manhattan Beach, California; and daughter Clio Nicolakis and her husband Theo of Woodbridge; grandchildren Zena, Alexandra, Nicholas, Luc, Reese, Ava and Bash Alexiades, Ephemina and Kassiani Nicolakis, and great-granddaughter Amalia Bond. He is also survived by his beloved niece Effie Mitsopoulou

and nephew Dr. Alexander Mitsopoulou, both of Athens, Greece. He was predeceased by his brother Theophilos Alexiadis, sister Anna Mitsopoulou and cousin Zoe Skoulariki of Athens, Greece.

Alex worked his entire professional career for BIC Corporation, starting as an assistant credit manager. Mentored by legendary businessman Marcel Bich, Alex served for years as the chief financial officer. He remained a director of the company until his passing. He was an active member of the Greek Orthodox Church of Saint Barbara in Orange, Connecticut, serving many roles, including Parish Council President, Building Committee Chairman and Odyssey Festival Chairman. He was instrumental in the construction

of the church and community center in Orange where it has thrived, and received the Medal of Saint Paul, the highest lay honor of the Greek Orthodox Archdiocese of America. Alex led by example.

Alex also leaves his brothers-in-law and their wives Harry and Pat Pappas and Art and Kris Pappas, and cousin Sophie Caloutas. He was predeceased by his best friend Nick Papadopoulos, who cooked him so many fantastic meals over the years. Alex loved boating in the Gulf of Mexico, taking his grandchildren to Caladesi Island State Park and fishing with cousin Aristide Cecchi of blessed memory.

Alex lived the American dream. He prospered here, having survived the wartime famine and Nazi occupation of Athens, coming to New Haven after the war to finish high school at Hamden Hall. He left Greece with fond memories of his great-uncle Genna-

dios, Metropolitan of Salonica. He attended the University of Connecticut where he played soccer. Alex loved to watch UConn Women's Basketball. After serving in the U.S. Army, he completed his education at Quinnipiac University, where he later served 22 years as a trustee.

Among his professional accomplishments, Alex was elected president of both the Writing Instrument Manufacturers Association and the Lighter Manufacturers Association. He was an officer of BIC subsidiaries in Canada, Mexico, and Equador. He was a 60-year member of the Order of AHEPA.

Funeral services were held Saturday, April 3, 2021 at Saint Barbara Greek Orthodox Church, 480 Racebrook Road in Orange and can be viewed on its YouTube channel. Memorial donations may be made to the Mary J. Alexiades Scholarship Fund or Building Fund at Saint Barbara.



# A Wheelie Great Day

## Woodbridge Resident Receives a New Set of Wheels

Make-A-Wish® Connecticut granted 17-year-old Paul Acampora's wish to have a tandem bicycle. Paul lives with a genetic disorder that impairs his verbal communication and mobility. He may not be able to communicate like others his age; however, nonverbal cues such as eye contact, physical touch, and vocalizations are how Paul interacts with the rest of the world.

A large smile can always be found adorning Paul's face when the weather is nice, and he can spend time outdoors. On nice days you will find Paul and the rest of his family enjoying some quality time outside on the swing set, camping, or swimming. When he was younger, Paul also enjoyed riding bicycles with his family, but once Paul grew out of the pull-along he was no longer able to join. As a result, they stopped riding, or some would go while others stayed back with Paul.

On March 27<sup>th</sup>, 2021, the sun was shining and the Chi Omega sorority from Sacred Heart University was hard at work bringing together the final touches for Paul's wish. With chalk in hand, the Chi Omega sisters drew colorful stars, rainbows, and wrote messages such as "We Love You" and "Congratulations" as they waited for Paul and his family in the parking lot



outside of the Make-A-wish Connecticut Wishing Place.

When he arrived on site, Paul was warmly welcomed by Chi Omega and the Make-A-Wish Connecticut staff. Shortly thereafter, Paul could not contain his excitement as he smiled and reached towards his wish presented to him underneath a blue and white balloon arch. His wish, a special accessible tandem bike, equipped with a motor to help with big hills and longer rides, was granted thanks to a special donation by Save The Kid organization.

Trails and paths have been opened

by the gifting of this new tandem bicycle and Paul's family is looking forward to cleaning the dust off their bicycles and riding together as a family again. With a helmet on his head and his seatbelt fastened, Paul's smile seems permanently fixed on his face as he and his family head out on new adventures.

Make-A-Wish is in the business of delivering hope, and hope has never been more important than now for our wish kids. It can be difficult to continue to hope when we have had so many dreams deferred due to circumstances beyond our control, but the moment

we have something to look forward to, everything begins to change. Hope is a superpower that kids living with critical illness, like Paul, have been tapping into long before many of us heard the word, "lockdown." Helping more kids find hope is something we all have the power to do, because for these children—as for all of us—the promise of a wish is so much more than a temporary escape. It's a wellspring of strength to keep fighting for better days. Hope is essential for children living with critical illnesses and you can unlock its transformative power today. Don't wait for hope; create it! Donate now at [ct.wish.org](http://ct.wish.org).

*Make-A-Wish® Connecticut creates life-changing wishes for children with critical illnesses. They seek to bring every eligible child's wish to life because a wish is an integral part of a child's treatment journey. Research shows children who have wishes granted can build the physical and emotional strength they need to fight a critical illness. Together, generous donors, supporters, staff and volunteers across the state currently grant nearly 250 wishes a year. Since 1986, Make-A-Wish Connecticut has granted more than 3,600 wishes to local children. For more information about Make-A-Wish Connecticut, visit [ct.wish.org](http://ct.wish.org).*

Call Shelly to schedule your furnace tune up today!

Apple Oil Company

7/24/365

A Full Service Oil Company Providing Bio Fuel and Heating Oil Plus!



Granby Ecogard  
275 Oil Tank

DOUBLE BOTTOM TANK  
INSTALLED \$3,200<sup>00</sup> + TAX

25 YR. MANU. WARRANTY

OIL TANKS OVER 30 YEARS OLD SHOULD BE REPLACED!

Serving You  
is Our Core  
Business





We Install and  
Service All Brands

Boilers  
Furnaces  
Hot Water Heaters  
Oil Tanks

(203) 934-FUEL (3835)



Buy from your Local Neighbor

Sam Livieri – Woodbridge (Owner) • Tony Ferranti – Orange (GM)

Ken Crepeau – Milford (Service Mgr)

Bob Gambardella – Orange (Sales Mgr) call direct at 203-530-6439

Like us on:



www.APPLEOIL.com

S1-0302987  
HOD 374





# How Women Can Keep Their Careers Going Forward

Women have played essential roles in the global workforce for quite some time. Despite their contributions, women continue to face professional obstacles that many of their male colleagues never experience.

The differences between the professional challenges faced by women and those faced by men have been evident during the COVID-19 pandemic. A 2020 study published in the journal World Development examined general inequality during the pandemic, focusing particularly on certain factors, including job loss. The pandemic had a devastating impact on economies across the globe, and women bore a seemingly disproportionate percentage of that impact. The study found that, during the pandemic, women were 24 percent more likely to permanently lose their jobs than men. Women also expected their labor income to fall by 50 percent more than men during the pandemic.

Strategies to keep careers on track can be especially useful in the face of these obstacles and the many more female professionals will face even after the pandemic has ended. The following are some ways women can keep their careers going forward.

Continue education. The Graduate Management Admission Test, often referred to as the GMAT, is used to assess candidates for admission into graduate level management programs, such as MBA programs. A recent analysis of GMAT test takers found that 47 percent were women, which marked an all-time high. The value of education is undeniable, and women can continue their educations via the pursuit of

advanced degrees as they look to keep their careers going forward.

Emphasize networking. The Association for Talent Development reports that 57 percent of job openings are filled through networking contacts. Networking is more accessible than ever thanks to social media sites like LinkedIn, and women can utilize such resources to build connections with mentors and colleagues that can share everything from career advice to access to new job openings.

Define career expectations. Defining career expectations early on can be beneficial in various ways. Such expectations can guide career choices and provide a road map that women can utilize to stay the professional course. This can help women make decisions about their careers when they come to forks in the road. For example, if a path to promotion seems blocked, women can examine their established career expectations to help them decide if it's time to seek new employment. Defining career expectations also can help women effectively communicate with mentors about their goals, and mentors can then use that information when offering guidance. Expectations need not be concrete, and it's likely they will change over time. But they can serve as an important foundation for anyone from young female professionals to experienced executives looking to make changes or determine the next step in their careers.

Women face professional hurdles many of their male colleagues never experience. Various strategies can help women clear such hurdles and keep their careers going in the right direction.

The UPS Store

176 Amity Road  
Woodbridge, CT 06525  
Phone: 203-553-9222  
Fax: 203-553-9226  
[www.theupsstorelocal.com/6360](http://www.theupsstorelocal.com/6360)  
[store6360@theupsstore.com](mailto:store6360@theupsstore.com)

*What Can We  
Print, Design, Pack  
Ship, Copy, Fax,  
Notarize, Laminate,  
or Bind For You?*



Mailbox Special!

Rent a mailbox for 12 months and receive 2 additional months free with this ad!

MASSARO CONCERT SERIES

SATURDAY 15 MAY 2021  
THE JOLLY BEGGARS-7PM

SATURDAY 26 JUNE 2021  
THE MIKE COLLINS BAND- 7PM

SATURDAY 17 JULY 2021  
OUT THE BOXX- 7PM

SATURDAY 14 AUGUST 2021  
THABISA- 7PM

SATURDAY 18 SEPTEMBER 2021  
THE BARGAIN- 7PM

SATURDAY 16 OCTOBER 2021  
HUBINGER STREET- 7PM

41 Ford Rd, Woodbridge  
for more info and tickets visit  
MassaroFarm.org



*"I know I made the right decision moving here and so do my children."*



With a renowned reputation and unrivaled services and amenities, Maplewood Senior Living communities offer residents an exceptional lifestyle. No matter what our residents need, we provide the right level of support and the added peace of mind families are looking for.

Our Vistas™ program was designed specifically for those looking for some extra support in their daily lives. Expert caregivers are available to lend a hand with personal care, such as dressing, bathing, and grooming, or with more comprehensive support, such as medication oversight. We also offer a variety of health and wellness activities, a full schedule of social and cultural programs, fine dining experiences, scheduled transportation, and more. We take care of everything so our residents are free to explore their interests and pursue their passions.

***Learn more about life at Maplewood Senior Living.***



**MAPLEWOOD**  
**at orange**

A SENIOR LIVING COMMUNITY

*Assisted Living & Memory Care*

245 Indian River Road, Orange, Connecticut  
203-795-3117 | [MaplewoodAtOrange.com](http://MaplewoodAtOrange.com)



*"When my wife passed away in November 2018 I remained in our house but within about six months I realized that taking care of the property was becoming too much. I had always been active and mowed the lawn and did general upkeep but started to fall frequently. My three children felt it was time for a better solution and helped me find Maplewood. What I enjoy about living here is that I have much more time to devote to my hobbies. I'm not one to sit around. I've taught myself to play the pan flute and the ocarina. I love singing to myself in my apartment and now I'm learning how to knit. I still love to golf and go out on the putting green here or play with my son and his wife who live nearby. My advice to other men in a similar situation, as we go through life we have to adjust especially if you can no longer take care of your house. I know I made the right decision moving here and so do my children."*

— Dana Clark, Resident