

Woodbridge Town News



Woodbridge's Exclusive Newspaper

Mailed Free To Every Home in Woodbridge
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FRIDAY, JULY 26, 2019



U. S. Sen. Richard Blumenthal administers the oath of office to First Selectman Beth Heller.

Senator Blumenthal Performs Oath For Local Officials

BY BETTINA THIEL

WOODBRIDGE TOWN NEWS CORRESPONDENT

United States Sen. Richard Blumenthal on Friday, June 28, made it back from the Capitol in Washington, DC just in time to administer the oath of office to all elected and appointed officials in Woodbridge whose terms officially started July 1. "I love this town," he said, turning his gaze to the beauty of the classical Town Hall building, with officials, their families and friends assembled on the front lawn, the "quintessentially American picture of democracy in action."

He held up Woodbridge as an example of how the country should operate. "You come together after the election — and its done and you work together for the common good," Blumenthal said.

That point was driven home by First Selectman Beth Heller, who in her re-

marks quoted from John F. Kennedy, who in 1961 referred to his inauguration "not as a victory of party but a celebration of freedom." She spoke of the big experiment of self-government, which to succeed needs to be based on respect for common values and respect for the institutions. She invited all the residents of the town to work together to build the future of the town, and pledged to "invest time and resources to enhance our quality of life consistent with our shared values."

"Town government at its best is an inclusive process aimed at addressing the concerns and aspirations of all constituents," she said. "I am committed to listening to each of you and ensuring that every voice is heard as

See "Oath Ceremony" On Page 3



Keystone Associates will be auctioning off the content of the former Woodbridge Country Club. (Pictures are from the auction website.)

Town To Auction Off Remnants Of A Gilded Era

BY BETTINA THIEL

WOODBRIDGE TOWN NEWS CORRESPONDENT

The town has contracted with a Seymour auctioneer to auction off the contents of the former Woodbridge Country Club. Keystone Associates is listing the auction to be held on Monday, August 5, at the Country Club, 38 Woodfield Road. The preview starts at 8 a.m., with the auction starting at 11 a.m.

They will be auctioning off the contents from both the club house and the pool house, including equipment

from the commercial kitchen and restaurant — albeit a kitchen that has been sitting idle for more than ten years — also outdoor furniture, pool equipment, a walk-in refrigerator, and storage racks. There also is banquet hall furniture, including a portable dance floor, and office furnishings, wall sconces and more. The auction also includes the content of the locker rooms.

In addition, the town threw in four

See "Auction" On Page 2

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“Auction” From Page 1

old vehicles, a 2010 Crown Victoria (87,016 miles), a 2011 Crown Victoria (103,512 miles), a 2001 Chrysler Sebring (102,376 miles), and a 1997 Dodge pick-up truck (24,249 miles). Administrative Assistant Betsy Yagla said the auctioneer will advertise the auction to companies that would use this kind of equipment, such as caterers and restaurateurs. However, the average lot size will be 10 pieces, which will make it accessible for the average homeowner as well. The auction comes at the heel of town leaders’ decision to close the

outdoor pool (it required repairs) and to cut off utilities to the clubhouse (a savings of about \$56,000). Without electricity or water there will be no fire alarm or sprinkler system said Administrative Director Anthony Genovese. The fire marshal required the town remove any flammable items, which prompted the decision to clear out the building, he said. The town is also in negotiation with local developer Brian St. Pierre to sell a third of the former golf course for an active adult community. He has expressed willingness to demolish the old clubhouse and build a new pool and pool house for the town.



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Selectmen (from left) Dwight Rowland, Mica Cardozo and Sandy Stein take the oath of office. Not pictured are Selectmen Joseph Crisco and Joe Dey.

“Oath Ceremony” From Page 1

we continue to work together.”

The Rev. Shepard Parsons offered

an Invocation and Geneva O’Hara sang “America the Beautiful.” Bethany’s newly elected first selectman, Paula Cofrancesco, also was in the audience.



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Woodbridge Town News

Below are the next three issue dates and deadlines of the Woodbridge Town News.

Thank you for your submissions to Your Home Town Newspaper.

Upcoming Issue Date

Issue Deadline

August 30 | Labor Day & Back to School Issue..... August 23

October 4 | Columbus Day Issue..... September 27

November 1 | Election Issue..... October 25

Note: Copy due by 4:00p.m. Thank you.

FROM OUR READERS

Woodbridge Town News

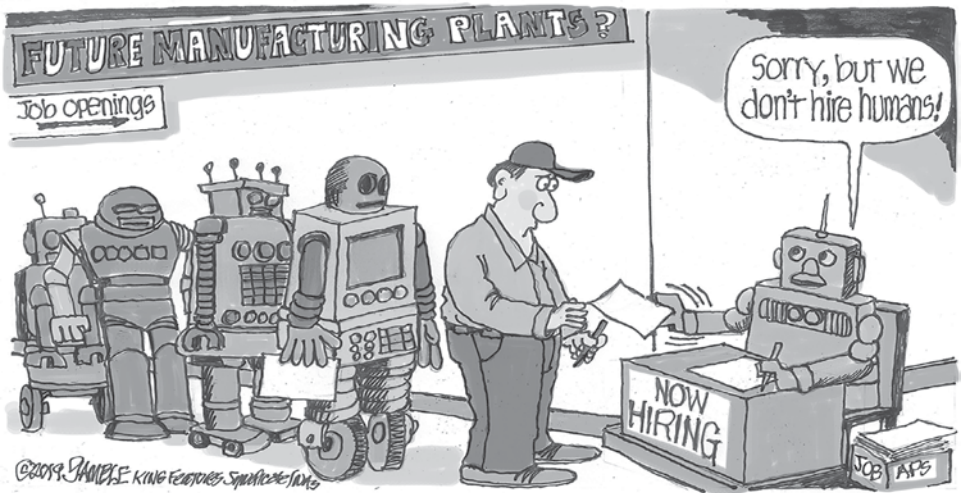
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Submit your letters for our "From Our Readers" section to:

Woodbridge Town News, P.O. Box 1126, Orange, CT 06477

or email: letters@woodbridgetownnews.com.

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WOODBRIDGE EDUCATION ROUNDUP

Bethany Community School Names New Principal

Bethany Public School District Superintendent, Colleen Murray is pleased to announce that Thomas Reed-Swale has been appointed the Principal of Bethany Community School (BCS).

With over fifteen years of experience, Mr. Reed-Swale has a strong background in elementary education and instructional leadership. He earned his B.S. in Elementary Education and M.A. in Curriculum and Instruction from the University of Connecticut (UConn). He began his career in 2004 teaching fourth and fifth grade at Wolcott Elementary School in West Hartford. Beyond his classroom responsibilities there, Tom designed the school's website earning the CAFE Award in 2007 for Best School Website. After teaching in West Hartford for seven years, Tom enrolled in UConn's Administration Preparation Program (UCAPP) to further his growth as an educator and a leader. During this time, Tom was offered and accepted a position at Union School in Farmington as an administrative intern and third grade teacher. Upon graduating UCAPP with his Sixth-Year degree in Administration, Tom became the STEM Coach at Discovery Academy, a CREC Magnet School of Excellence. He advanced to a leadership position at Discovery, serving as the Assistant Principal there for the past four years honing his skill set in instructional



Thomas Reed-Swale

and organizational leadership, data analysis and school improvement, curriculum development and culture and climate. Colleagues referred to him as a visionary leader who positively impacts students, teachers and the community.

Mr. Reed-Swale is a professional storyteller, published author, and an A Cappella performer. When he is not working with students or teachers, Tom can be found playing in the yard with his son, Teagan and daughter, Charlotte, singing with his wife Liz, "mis-hitting" golf balls, chopping firewood, immersed in carpentry projects, throwing pottery, tinkering with electronic gadgets, or just digging in the garden.

Hamden, North Haven & Amity Adult High School Registration

Hamden Adult Education is proud to offer a FREE program to provide local adult residents of Hamden, North Haven, Bethany, Orange and Woodbridge the opportunity to complete their high school education. This program is offered through Hamden's evening adult high school and is similar to regular secondary school, requiring class attendance and passing grades. It is uniquely adapted to recognize and give credit for adult experiences. Classes are small, allowing for differentiated instruction. Registration for this program is July 31 through August 2. For more information or to request an appointment for registration, call the Adult Education office at 203-407-

2028 or email: info@hamdeadulted.org.

Registration for the GED Exam

Hamden Adult Education is proud to offer FREE programs to provide local adult residents of Hamden, North Haven, Bethany, Orange and Woodbridge to prepare for the GED exam, learn English and study to become an American Citizen. Registration for these programs is August 20 - August 23 9:30 - 11:00 am or 6:30 - 8:00 PM at the Keefe Community Center, 11 Pine Street, Hamden. For more information, call the Adult Education office at 203-773-9211 ext. 1139. or email info@hamdenadulted.org.

Woodbridge Residents Named To Honor Roll At Sacred Heart

Sacred Heart Academy Principal, Sr. Kathleen Mary Coonan, ASCJ, '76 has announced the Honor Roll for the Second Semester of the 2018 - 2019 academic school year. The following Woodbridge residents were named to the Honor Roll:

HIGH HONORS

- › Eleanor Luciani

HONORS

- › Alyssa Letis

Academic Honors are awarded at the end of each semester to students attaining an average of 3.5 or better. Those students who achieve a grade

point average of 3.8 or better are awarded High Honors.

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Enrollment Day For 7th & 8th Grade Students

Enrollment Day at Amity Middle School in Bethany for students who are new to Amity Regional District No. 5 and reside in either Bethany or Woodbridge will be held on Wednesday, August 14, 2019. Please call Amity Middle School in Bethany (203) 393-3102 to schedule an appointment. Please note the following:

- › Parents are required to register

online prior to this appointment at <https://www.amityregion5.org>;

- › Parents will need to bring unofficial academic records (report cards and standardized testing results) to their enrollment appointment on August 14th;
- › Immunization and Health Records are required by the school nurse prior to the first day of school.

Attention Teachers!

We want to know what's going on in your classroom!
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STUDENT NEWS

Dean's List Central Connecticut State University

New Britain, CT – Central Connecticut State University President Zulma R. Toro is proud to announce the students who earned a spot on the Dean's List for the spring 2019 semester. To achieve this academic distinction, an undergraduate student at CCSU must carry at least 12 academic credits during the semester and earn at least a 3.50 GPA out of a possible 4.0 GPA. The student from Woodbridge who earned a place on the Dean's List is: Dawn Rosenberg.

Fairfield University

Fairfield, CT - The following Fairfield University students received Dean's List Honors for the Spring 2019 semester. In order to be placed on the Dean's List, students must have completed a minimum of 12 credit hours in a semester, have no outstanding or incomplete grades for that semester, and have attained a semester grade point average of 3.50 or better. Those from Woodbridge placed on the Dean's List are: Madison Bietsch, Barak Davidi, Sally-Ann DeLucia, and Leah Saulsberry.

Goodwin College

East Hartford, CT -- Goodwin College announces that 992 students achieved Dean's List status for the Spring 2019 session. Those from Woodbridge named to the Dean's List are: Michael Berkley and Renee Pascarelli.

Loyola University Maryland

Baltimore, MD -- Sadie Semrau, a member of the class of 2022 from Woodbridge, has been named to the spring 2019 Dean's List at Loyola Uni-

versity Maryland. In order to qualify for the Dean's List at Loyola, a student must achieve a minimum QPA of at least 3.500 for the term, provided that, in the term they have successfully completed courses totaling a minimum of 15 credits.

Purchase College

Purchase, NY -- Purchase College announced that more than 1,300 students were named to the Dean's List for the spring semester. Students who have earned this academic honor have maintained a grade-point average of 3.5 or higher and taken a minimum of 12 credits. For BA and BS programs, a semester GPA of 3.50 is required. For BFA and MusB programs, a semester GPA of 3.75 is required. Woodbridge residents Megan Ciarleglio, a Graphic Design major and Daniel Kuriakose, a Creative Writing, Literature major have been named to the Dean's List.

University of Hartford

West Hartford, CT -- The University of Hartford is pleased to announce Domenico Canepari of Woodbridge has been named to its Dean's List for Spring 2019.

University of New Hampshire

Durham, NH -- Jordan Conn of Woodbridge has been named to the Dean's List at the University of New Hampshire for earning High Honors for the spring 2019 semester. Conn is majoring in Communication. Students named to the Dean's List are students who have earned recognition through their superior scholastic performance during a semester enrolled in a full-time course load (12 or more graded credits). Highest honors are awarded to students who earn a semester grade point average of 3.85 or better out of

a possible 4.0. Students with a 3.65 to 3.84 average are awarded high honors and students whose grade point average is 3.5 through 3.64 are awarded honors.

Washington University in St. Louis

St Louis, Mo. - The following Woodbridge students have been named to the dean's list for the spring 2019 semester at Washington University in St. Louis:

Lauren Duhl recently graduated from the university's College of Arts & Sciences. To qualify for the dean's list in the College of Arts & Sciences, students must earn a semester grade point average of 3.6 or above and complete at least 14 graded units;

Daniel Pollak recently graduated from the university's McKelvey School of Engineering. To qualify for the dean's list in the McKelvey School of Engineering, students must earn a semester grade point average of 3.6 or above and complete at least 12 graded units;

Mollie Seidner is enrolled in the university's McKelvey School of Engineering. To qualify for the dean's list in the McKelvey School of Engineering, students must earn a semester grade point average of 3.6 or above and complete at least 12 graded units; and Matthew Whitehill is enrolled in the university's McKelvey School of Engineering. To qualify for the dean's list in the McKelvey School of Engineering, students must earn a semester grade point average of 3.6 or above and complete at least 12 graded units.

Graduations Eastern Connecticut State University

Willimantic, CT -- More than 1,250

Eastern Connecticut State University students received their diplomas in the 2018-19 academic year. Eastern's commencement ceremony occurred May 21 at the XL Center in Hartford. Woodbridge graduates who graduated in Spring 2019 were: Jessica Ahern graduated Magna Cum Laude with a Bachelor of Science degree in Psychology; Kimberly Griffin graduated with Bachelor of Science degrees in Psychology and Criminology; Nadia Siena graduated with a Bachelor of Science degree in Business Administration; and Alexandria Stefanou graduated with a Master of Science degree in Elementary Education.

University of New Haven

West Haven, CT - The following Woodbridge students received degrees from the University of New Haven at Commencement ceremonies in May: Mark Dutka, Henry C. Lee College of Criminal Justice and Forensic Sciences, a Bachelor of Science in Criminal Justice with a concentration in Law Enforcement Administration; Thuy Miller, Tagliatela College of Engineering, a Master of Science in Electrical Engineering; Alese Torgerson, College of Arts and Sciences, a Bachelor of Arts in Interior Design; and Emily Torgerson, College of Arts and Sciences, a Bachelor of Arts in Interior Design.

Western Connecticut State University

Danbury, CT — Western Connecticut State University conferred associate or bachelor's degrees upon the following Woodbridge students on Sunday, May 19, at the Webster Bank Arena at Harbor Yard in Bridgeport: Alexandra Blum, BA Interdisciplinary Studies; Kayla-Ashley Connolly, BA Art.

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From the First Selectman

BY BETH HELLER



Mid-Summer Update

I hope you have been enjoying summer. While several of our boards and commissions take time off from their meeting schedule over the summer, the Board of Selectmen met on July 10th and will meet again on the second Wednesday of August.

Below are some details we covered at our July meeting, as well as some links to additional events and meetings that will take place this summer. As always, I welcome your involvement -- please let me know if you have ideas you would like to share.

Town Budget Planning Begins

I began our July 10th Regular Meeting of the Board of Selectmen by making the usual assignments of Liaison roles for the newly-sworn-in Selectmen. We each take on these assignments to keep our many Town Boards and Commissions connected and communicating throughout the year by attending meetings and discussing issues of mutual concern. In this way, come budget setting time, there are no surprises.

This year, in addition to these liaison roles, I have created a short-term Ad Hoc Budget Task Force that will meet through early September to gather information and make some recommendations to help guide the budget-setting work of both the Board of Selectmen and Board of Finance.

The Task Force will consist of two members of the Board of Selectmen, Sandy Stein and Mica Cardozo, and two members of the Board of Finance, Chairman Matt Giglietti and Paul Kuriakose. Tony Genovese will work with this task force in his role as the Town's Finance Director. We will expect their report in time for our September Selectmen's meeting.

Old Fire House Renovation Project To Begin

Also at our meeting, the Selectmen voted to award a contract to begin the renovation project at the Old Fire House. This will be the first phase of the project and will address key infrastructure components that are use-neutral such as the plumbing, sprinkler, and electrical systems. (Further elements of the renovation project, specific to the future layout of the interior space based on planned use of the building, remain to be determined). The scope of the work approved will allow us to fully utilize a state grant prior to expiration of these funds in December. I will keep

you informed of next steps once this phase of the renovation is completed.

What Your Household Can Do to Help Woodbridge Recycle

At our meeting on July 10th, the Selectmen also received an update on ongoing efforts to educate residents on the topic of recycling. The Sustainability Committee and the Committee on the Use of Publicly Owned Property (CUPOP) will co-sponsor the next 'First Tuesday Workshop' at the Library on September 3rd at 6pm, which will feature guest speakers who will address the state's 'What's In/What's Out' guide to recycling as well as ways you can reduce your daily use of plastics. In addition, you can visit the website RecycleCT.com to review state recycling requirements for all households (whether utilizing a Commercial service or not).

Auction of Country Club Items To Be Held August 5th

At our July meeting the Selectmen received an update on plans to auction to the public all remaining items from the former-Country Club of Woodbridge building and grounds. The auction will take place at 11am on Monday, August 5th at the clubhouse (50 Woodfield Road). There will be an opportunity to preview the items in person beginning at 9:00 am that day, or by viewing information posted on the auction website keystoneauctions.com (please be advised that this website listing will continue to be updated between now and the date of the auction).

Summer Concerts Conclude and Movie Nights Begin

As our wonderful Summer Concerts on the Green series concludes with the last performance scheduled for Tuesday, July 30th, August will kick off the Library's Outdoor Movie Nights on the Green each Tuesday. These concerts and movies are always delightful events and a nice way to unwind and relax, visit with neighbors and friends, and enjoy the summer breeze. I hope to see you there -- and at the Town Picnic August 6th!

Beth Heller is Woodbridge First Selectman. She may be reached by phone at Town Hall, 203-389-3401, or by email to bheller@woodbridgect.org.

From the Other Side of the Aisle

BY DWIGHT ROLAND SELECTMAN



As the Country Club of Woodbridge again rises to the top of the Board of Selectmen's "to do list", I thought it would be beneficial to review the history of the property as it relates to town ownership and how that has contributed to the minority party position on where we are today.

In the fall of 2008, the then-private club became insolvent. Coming to the rescue was a member who took over the note with plans to run the golf course and eventually develop it. Fearing uncontrolled development (the property was and is only zoned for 1.5 acre lots for single family homes) the Town voted to authorize the purchase of the property in 2009 and negotiated a yearly lease with a local golf course management company, MDM, later that September.

In August 2011, the Town issued an Expression of Interest to develop an active adult community on the 17-acre wooded parcel along Woodfield Road. Toll Brothers responded with an offer of \$2.3 million for the 17 acres, and to build 58 town homes. A referendum on December 13 defeated the sale by a margin of 2:1. One of the reasons for such a dramatic defeat was the concern over the zoning change (higher density) the project would require. On December 31, the contract with MDM expired and was not renewed.

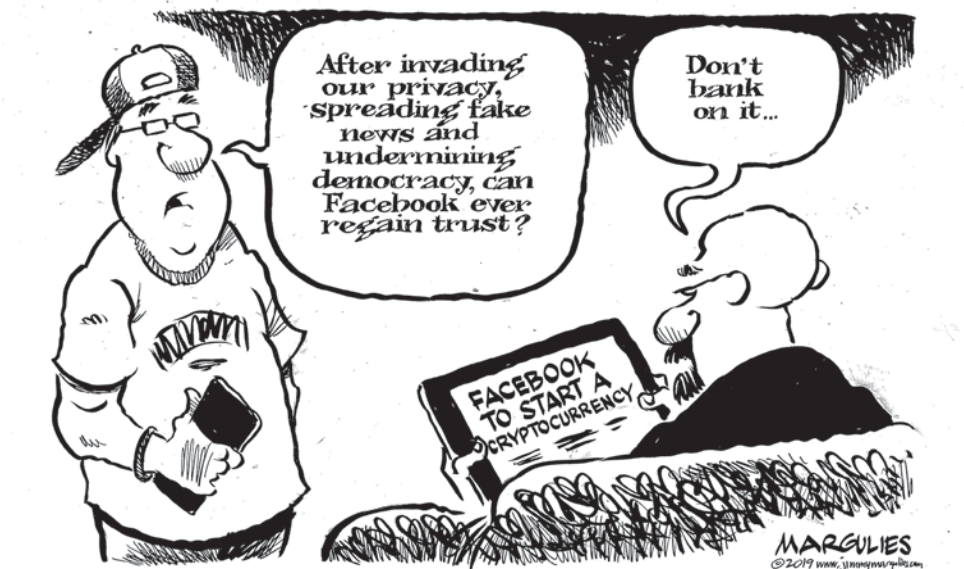
What followed was a 3-year period in which Billy Casper Golf successfully ran the golf course and returned some money to the Town. Still seeing the future for the property as including development, the Town issued another RFP for the purchase of part of the property. Two bidders replied, Rose Associates and Toll Brothers. Rose dropped out, but Toll proposed buying two thirds of the property for \$ 7.5 million, and building 96 attached town homes and 74 single family units. At a public meeting at which Toll presented its proposal, town residents expressed overwhelming dismay over the problems with density, traffic, endless years of construction, damage to wells, loss of open space, flooding, blasting, and required zoning revisions that would forever change the character of our town. After failing to achieve

unanimous support from the Board of Selectmen, Toll Brothers withdrew.

Having failed in the latest attempt to sell all or part of the property, the Town decided to end the golf operations at the Country Club of Woodbridge and let the property return to its natural state. You can now see the result of that decision as you drive past or walk the property.

Which brings us to the situation now upon us. The last issue of the Woodbridge Town News correctly reported the minority members of the Board of Selectmen both voted to abstain from approving the advancement of the effort to sell part of the country club for development. While I am new to the board, I agree with these abstentions for the same core reason -- the issue of the anticipated zoning change remains unaddressed. To its credit, the Town sought legal opinions from two attorneys, Marjorie Shansky in July of 2014 and David L. Grogins in February 2016, looking for guidance with respect to the implications a change in the zoning of this parcel would have on other large parcels in town. The opinions issued in both cases stated they could not guarantee this would be the only property impacted by the proposed zoning change.

No one will dispute one of the draws of Woodbridge is our rural character. What separates us from other towns that also had much open space is our well-considered zoning regulations. The proposal that will come before us can only become reality if we change the zoning on the sold parcel. It sets a dangerous precedent that will create opportunities for other developers to come in with high-density proposals. When the Town refuses these proposals, we will be sued. At minimum, the legal fees will be very high. At worst, we lose these cases and more development is here. And the Woodbridge we know is gone. This zoning issue has not and cannot be satisfactorily addressed. That is a fatal flaw in the proposal coming our way, and the minority members of the Board of Selectmen see it coming and believe it will create unnecessary turmoil in our town.



WOODBRIDGE LIBRARY

For the latest news and information, visit our website at www.woodbridge-townlibrary.org, like us on Facebook @woodbridge.town.library, or sign up for our e-newsletter. Don't forget to follow us on Instagram @woodbridge-townlibrary.

***Summer hours are still in effect. We are open Monday – Thursday: 10 am to 8 pm, and Friday: 10 am to 5 pm. Saturday hours return on September 7. ***

Adult Programs

For more information about our events, or to register, please contact the reference desk at 203-389-3434. Registration is also available on our website.

Adult Summer Reading (Ages 18 and up)

There's still time to sign up and read! Participate with us this year in our Summer Reading Bingo Challenge! Read outside (or inside) the box and discover books you never thought you'd enjoy. Come pick up your bingo board and start reading! Once you've read a book, fill out a review card and let us know which challenge on your bingo board your book fulfilled. Every row you complete gets you a prize. But every box will give you a chance to win prizes at our Summer Reading Party on Monday, August 19 at 7 pm. See the Information Desk for more details.

Monet's Magic: Pastel Painting Monet's Wondrous Water Lilies

Monday, August 5 at 6:30 pm

The second installment in our workshop series! Gregory Maichack, Museum of Fine Arts, Boston (MFA) pastel demonstrator, twice nominated for the MCC Gold Star Award, and award-winning pastelist, returns for the second of three exciting pastel workshops: instruction, demo, and hands-on work for both sheer beginners and those more advanced. All get to keep their pastel paintings afterwards! You must register for this program in person at the Information Desk and pay the \$10 supplies fee at that time. You may only register for one of the three nights as registration will be limited; however, you may go on a waitlist for other nights. This program is for teens and adults, ages 15 and up.

An Education in the Grotesque with Mathew Duman

Thursday, August 8 at 6 pm

Local photographer and graphic designer Mathew Duman lectures on a selection of gargoyles and grotesques found throughout the buildings of Yale University. Using original photographs from his book, An Education in the Grotesque, he explores the artistic, historic, architectural, and even humor-



WOODBRIDGE TOWN LIBRARY

ous significance of these decorative sculptures and their role in communicating the identity of Yale University as a place of learning and enlightenment. Presented by the Woodbridge Center. Please register online or at the library.

Summer Time and the Livin' Is Easy with Robin Glowa

Thursday, August 15 at 7 pm.

Celebrate Summer with The Conscious Cook, Robin Glowa as she demonstrates recipes featuring the best of local, fresh, garden ingredients. Nutritious, delicious fruits and vegetables from your local Farmer's markets make summertime so special. Samples and recipes provided. Registration is required; this is a very popular program and space is limited. Please register online or at the library.

Adult Summer Reading Party and Prize Giveaway

Monday, August 19 at 7 pm

Time for a reward after all of your hard work reading books and writing reviews! Join us for prizes, refreshments and more! Don't forget your bingo board—prizes will be awarded based on what you read.

Thursday Night Film Screenings will be on hiatus in August

Instead, join us on TUESDAYS at sunset (approx. 7:45 pm) for outdoor film screenings on the Woodbridge Town Green, 4 Meetinghouse Road. Bring blankets and chairs—enjoy films on the big screen under the stars. All are welcome.

Spider-Man: Into the Spider-Verse (2018)

Tuesday, August 6, 117 minutes; PG

Superhero film. Teen Miles Morales becomes Spider-Man of his reality. He explores the limitless possibilities of the Spider-Verse, where more than one can wear the mask, as he crosses paths with five counterparts from other dimensions to stop a threat for all realities.

Turn the evening into dinner AND a movie! Join your neighbors and friends for the Town of Woodbridge Picnic from 6-8 pm, also on the Town Green. The Town's Ad Hoc Community Council is organizing this event, inspired by National Night Out, to provide a forum for residents to meet their neighbors and strengthen community ties. Bring a picnic dinner and, if you'd like, something to share. Food trucks will also be available. Rain date is August 13.

The Princess Bride (1987)

Tuesday, August 13, 98 minutes; PG

Live action family film. While home sick in bed, a young boy's grandfather reads him the story of a farm boy-turned-pirate who encounters numerous obstacles, enemies and allies in his quest to be reunited with his true love. The Princess Bride is a deft, intelligent mix of swashbuckling, romance, and comedy that takes an age-old damsel-in-distress story and makes it fresh.

Incredibles 2 (2018)

Tuesday, August 20, 118 minutes; PG

Animated family film. The heroes are back! The Incredible family takes on a new mission, which involves a change in family roles: Bob Parr (Mr. Incredible) must manage the house while his wife Helen (Elastigirl) goes out to save the world. When a new villain hatches a brilliant and dangerous plot, the family and Frozone must find a way to work together again—which is easier said than done, even when they're all Incredible.

Back to the Future (1985)

Tuesday, August 27, 116 minutes; PG

Modern classic film. Inventive, funny, and breathlessly constructed, Back to the Future is a rousing time-travel adventure with an unforgettable spirit. Marty McFly, a 17-year-old high school student, is accidentally sent thirty years into the past in a time-traveling DeLorean invented by his close friend, the maverick scientist Doc Brown.

Children's Activities & Events

For more information on our Children's Events, please visit our website or call 203-389-3439.

Blast Off with Summer Reading

The 2019 Summer Reading Program, A Universe of Stories, runs through August 26. Children and teens entering grades K-8 will have lots of opportunities to attend special events, weekly science, math, and craft drop in programs, and explore the universe through a collection of specially selected books. Teens entering grades 7 & 8 will be able to check out titles on their summer reading lists, as well as the new Nutmeg Award nominees, and join us for an ice cream social in August.

Special Events in August—Please Register Online

Now through the week of August 19th: Summer Drop-in Art and Science Programs

Join us at the library each week for

SPACE themed crafts and science activities! No registration required. Science: Wednesdays at 3 pm - Art: Thursdays from 3 to 4:15 pm.

Cryptogram Scavenger Hunt

Keep your math skills sharp over the summer with this fun decoding puzzle. New puzzles every week. Prizes awarded! Ask at the Children's Desk to get started.

First Mime on the Moon with Robert Rivest

August 7 at 5 pm (all ages with an adult)

Classic mime artistry combined with hilarious highlights of space travel! Watch Robert mime his way through astronaut training, float around in weightlessness, and pretend to walk on the moon.

Nutmeg Club

August 8, 15 & 22 at 5:30 pm (grades 6 to 8)

See the children's desk for more information.

Eager Readers K-2 Book Group

August 12 at 6:30 pm (for kids entering grades K, 1, and 2)

Pick up a copy of the book at the Children's Desk, read it at home, and come to the program for a book discussion and fun craft!

Aliens: Escape from Earth with Sciencetellers

August 21 at 2 pm (ages 4 & up with an adult)

Join us for an alien adventure using science experiments for special effects. It's totally out of this world!

Summer Reading Finale

August 26 at 2 pm (students entering grades K to 8)

Come celebrate the end of summer! Enjoy a magic show with Ed Popielarczyk and an outdoor ice cream social afterwards. Bring your reading log—book prizes for our summer readers!

Ongoing Childrens Programming

Babies Session (0-18 months)

Every Wednesday, 10:30-11 am

Join us for songs and rhymes, fun for little ones. No registration.

Ready to Read (18-36 months)

Every Thursday, 10:30-11 am

Talking, singing and reading to build vocabulary and a love of books! No registration.

Summer Preschool Storycraft (3-5 years)

Every Friday in the summer, starting July 5, 11-11:30 am

Stories and crafts for ages 3 to 5 with an adult. No registration.

LOCAL BUSINESS ROUNDUP



Amity Physical Therapy’s Michael Dow MSPT and CEO/Clinical Director, positions his new ‘fitness/Wellness’ Division for an active future.

The Area’s Unique, New Therapy-Fitness-Wellness Center

Fifteen years ago, Michael Dow MSPT/CEO and Clinical Director, founded Amity Physical Therapy and presaged the area’s first synergistic therapy-fitness-wellness center. Now the “Fitness/Wellness” Division of his practice, he evolved the concept carefully and methodically. Always committed to detail and perfection, he developed a holistic approach to both healing and physical fitness that now embraces both patients and fitness clients. “It just makes sense,” Dow said, “to combine both disciplines into one setting. On one hand, we treat patients with a wide variety of injuries while we professionally conduct personal fitness programs using certified fitness trainers. It’s the best of both worlds. We can monitor therapy patients, taking them from injury to normal movement activity, while our fitness clients strive for performance, strength, conditioning and speed.”

Fitness participants undergo a thorough movement screening -- a head-to-toe quantitative orthopedic screen conducted by a licensed therapist. This diagnostic technique reveals joint or soft tissue restriction, strength imbal-

ances or movement sequencing considerations. From there, a personal trainer coordinates with a physical therapist to create a comprehensive training program curated for each client.

Always ahead of the curve in his industry, Michael Dow has outfitted his offices with a breakthrough functional training system, the Synrgy 360, from LifeFitness, a global supplier of quality fitness equipment. “From the inception of the practice I was determined to use high-quality equipment that’s also modern and reliable. I take pride in the architectural aesthetic of our facilities, inclusive of functionality and flow.” He added, “What people see, feel, and use is extremely important. The equipment reaches all patients, pediatrics to geriatrics. We have to vary our treatment styles and provide the tools to support it. In the end it’s all about our patients and clients. We’re here to improve their physical health. We live for that.”

Amity Physical Therapy has three offices: Woodbridge, Hamden and Branford. Michael Dow MSPT can be reached in Woodbridge at 203-389-4593 or visit amitypt.com.

Cohen And Wolf, P.C. Welcomes Summer Associates

Cohen and Wolf, P.C. is pleased to announce that Wilson Carroll, Jonathan Fazzino and Ariel Walker have joined the firm as Summer Associates for 2019. They will spend time in each of the firm’s four offices.

Mr. Carroll is currently a law student at Quinnipiac University School of Law, where he participates on the Society Dispute Resolution’s Competition Team and is a Publication Editor of the Quinnipiac Law Review. In 2018, Mr. Carroll served as a Legal Intern to the Honorable Stefan R. Underhill at the United States District Court, District of Connecticut. He received a B.A. in Social Thought and Political Economy from the University of Massachusetts, Amherst, and during the 2011/2012 academic year, Mr. Carroll studied abroad; first at the Beijing Institute of Education, earning an Intensive Mandarin Certificate, and then at Donghua University in Shanghai, earning a certificate in Mandarin and Chinese Economics. Mr. Carroll is a resident of Branford, Connecticut.

Mr. Fazzino is currently a law student at Boston College Law School where he received a Merit Scholarship. Currently he is on the Editorial Board for the Uniform Commercial Code Reporter Digest. In 2018, Mr. Fazzino served as a Judicial Intern for the Honorable Marianne B. Bowler at the United States District Court, District of Massachusetts. He graduated from Georgetown University with an MA in American Government and from the University of Notre Dame with a BA in Political Science. He served as a Graduate Research Assistant for the Georgetown Center for Juvenile Justice Reform in 2017. Mr. Fazzino is a resident of Kensington, Connecticut.

Ms. Walker is currently a law student at Quinnipiac University School of Law where she is the recipient of the Geoffrey Karume Schweitzer Scholarship and Distinguished Academic Achievement Awards in Civil

Procedure and Legal Skills. She is also a member of Quinnipiac’s Mock Trial Honor Society. From 2014-2019, Ms. Walker worked as a Data Quality Analyst for the United States District Court, District of Connecticut, creating statistical reports for federal judges and training manuals for court personnel. Ms. Walker has also served as a Judicial Intern for the Honorable Victor A. Bolden at the United States District Court, District of Connecticut, and at the Connecticut Superior Court in New Haven, assisting low income and pro se individuals through court processes. Ms. Walker graduated from Sacred Heart University with both an MA and a BS in criminal justice. She is a resident of Bridgeport, Connecticut.

Cohen and Wolf’s highly selective and competitive Summer Associate program provides an opportunity for law school students to work in a fast-paced law firm environment where they can gain practical legal skills and exposure to private practice. The firm makes every effort to involve summer associates in all areas of practice and expose them to courtroom proceedings, depositions, client meetings and negotiations, with the primary objective of providing students with professional experiences representative of life as a full-time associate.

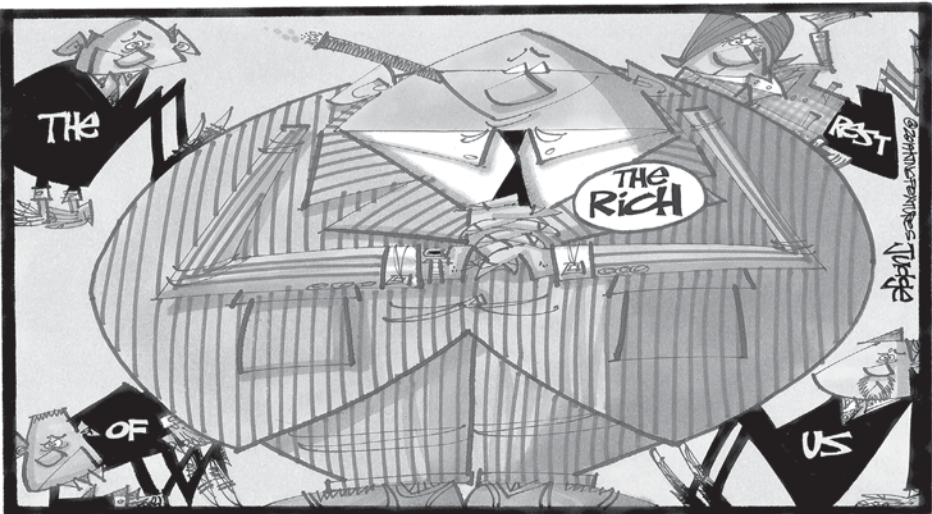
The firm began in 1951 with two lawyers, Herbert L. Cohen and Austin K. Wolf, working from a single office in Bridgeport. Since then, the firm has expanded to more than 50 attorneys with offices in Bridgeport, Danbury, Westport and Orange. Attorneys at Cohen and Wolf represent a diverse assortment of individuals, businesses and municipalities, handling their personal and professional legal needs, from matters involving litigation, employment, corporate and securities law, commercial lending, real estate, land use and zoning, to family law and estate planning. Additional information is available at www.cohenandwolf.com.

Apartments For Rent

Woodbridge:

Thank you ! We’re accepting names for our waiting list. Applicants must be 62 or older or disabled. One Bdrm-\$1063/mo; Two Bdrm-\$1112/mo incl utilities. On-site laundry, patios with garden area, off-street parking, handicapped accessible. CHFA Financed. EHO. Gibson Assoc., Inc. 175 East Mitchell Ave, Cheshire, CT 06410. Ph: 203-272-3781. TDD 1-800-545-1833 Ext 165

Gibson Assoc., Inc.
175 East Mitchell Ave, Cheshire, CT 06410
Ph: 203-272-3781. TDD: 1-800-545-1833 Ext 165



TOWN DEPARTMENTS & AGENCIES

Be A Part of Fallapalooza

A MONTH-LONG CELEBRATION OF WOODBRIDGE!

The Town’s ad hoc Community Council is organizing this series of events that takes place in October. If your business or organization would like to host an event during the month of October, please contact Town Assistant Administrative Officer Betsy Yagla at 203-389-3403. All Fallapalooza-branded events will be listed on the Town website and Fallapalooza will be promoted throughout the town.

Fallapalooza kicks off the beginning of the month with the Recreation Department’s annual Road Race, a 5k and a 1-mile Fun Run, on Saturday, October 5. The month ends with the Woodbridge Volunteer Fire Department’s annual Truck or Treat at the Firehouse on Halloween.

“Woodbridge Fallapalooza celebrates our spirit of volunteerism, our history, our agricultural heritage and our local business community,” said First Selectman Beth Heller. “I’d like to encourage local businesses and organizations to participate and I thank the Community Council for organizing and promoting this month-long series of events.”

Another great way to get the word out about all your events is through the Town’s online community calendar. Local businesses and organizations may now submit events to the Town’s calendar by visiting woodbridgect.org/calendar.aspx and clicking on “submit an event.” Please be sure to include an email address in case there’s a question about the submission.

Human Services Seeks Donations For Food Pantry

There is a need for the following items: Canned Goods: Chicken, Turkey, Salmon, Beef, Stew, Chili, Fruit, Potatoes, Coffee (Regular), Evaporated and Shelf Stable Milk; Boxed Goods: Cereal, Potatoes, Brown Rice; Bottles: Juice, Salad Dressing; Jars: Spaghetti Sauce, Apple Sauce, Mustard, Mayonnaise, Ketchup; Snacks: Crackers, Cookies; Hygiene Items: Body Wash, Feminine Hygiene Items; Household Items: Laundry Detergent, Clean-

ing Products, 4 pack or individually wrapped toilet paper, Paper Towels.

Food donations are welcome at Woodbridge Human Services, Room 14 at the Center Building at 4 Meetinghouse Lane. Please check expiration dates. Human Services Food Pantry also accepts monetary donations to provide grocery gift cards for perishable items. Checks can be made out to Woodbridge Human Services, 203-389-3429. Thank you!

Veteran’s Service Contact Person

Director of Human Services, Mary Ellen LaRocca is the Veteran’s Service Contact Person for the Town of Woodbridge. Her role is to provide information, referral and advocacy for the aid and benefit of veterans, their spouses

and eligible dependents and family members.

For information on veteran’s services or to receive emails on programs available to veterans, please contact 203-389-3429.

Land Trust Preserves 86 Acre Baldwin Road Farm

The Woodbridge Land Trust announced the permanent protection of 86 acres of farmland owned by the Hitchcock family, located at 902 Baldwin Road, Woodbridge, CT.

The Trust and the Connecticut Department of Agriculture’s joint acquisition of development rights to the farm through the state’s voluntary Farmland Preservation Program is the culmination of over a decade’s work on the Trust’s part to find ways to protect Baldwin Road Farm from being lost to high density development.

According to the Trust’s president Bryan Pines, “the Trust was able to protect the agricultural use of the farm forever through generous donations and support from individuals and local community organizations who responded to our ‘Protect Scenic Baldwin Road Farm’ fundraising campaign.”

The Trust contributed \$160,000, approximately 25% of the value, towards the purchase of the development rights from the landowners. The farm will

remain in private ownership, but the land is now subject to a conservation easement that permanently restricts its use for agriculture.

“In keeping with the Trust’s 50-year history and core mission to conserve, preserve and protect our natural resources, we are thrilled to be able to preserve the farm for Woodbridge and the greater New Haven community,” Pines said. Protected farms help the town and state promote local food security, retain rural character and scenic vistas, protect natural resources, and sustain employment in the agricultural sector.

For more information, please visit www.woodbridgelandtrust.org, or email woodbridgelandtrust@gmail.com.

The Woodbridge Land Trust, Inc. is a 501(c)(3) charitable corporation. Contributions are tax deductible and may be sent to: The Woodbridge Land Trust, Inc., P.O. Box 3699, Woodbridge, CT 06525.

Town of Woodbridge Meetings for the Month of August 2019



(Subject to Change, Check with Town Clerk’s Office, 203-389-3422)

8/5	Emergency Medical Serv. Comm.....	7:00 PM	Public Works Bldg
	Human Services Commission	7:00 PM	Center Building
8/13	Police Commission.....	6:15 PM	Police Department
8/14	Board of Selectmen.....	5:00 PM	Town Hall
8/15	Board of Finance.....	6:00 PM	Town Hall
	Conservation Commission	7:30 PM	Town Hall
8/19	Fire Commission	6:00 PM	Firehouse
8/26	Recreation Commission	7:00 PM	Beecher Rd School So
8/27	Gov’t Access TV Commission	7:15 PM	Town Hall

Woodbridge Town News

WOODBRIDGE RESIDENTS!

Have an Upcoming Birth Announcement, Anniversary, Engagement or Wedding?

Send it to us with a photo and we will publish it FREE.

Woodbridge Town News, P.O. Box 1126, Orange, CT 06477

Email: edit@woodbridgetownnews.com

Woodbridge Town News

CALL TODAY TO RESERVE YOUR AD SPACE!

Display ads start at only \$110 per issue.

Call 203-298-4399 to place your ad!

AT THE WOODBRIDGE CENTER



Some of The Woodbridge Center's Lunch Bunch group enjoy a lovely meal by the water in New Haven at Lenny and Joes Fish Tale. Join in for a meal with a friend- or new friends. Call the Center for more details at 203-389-3430.



Members of the Duplicate Bridge group at The Woodbridge Center gather Mondays from 9:30-12:30 in the Cafeteria. The group is led by Rita Brieger.

An Education in the Grotesque

On August 8, Mathew Duman, author of the book “An Education in the Grotesque”, will highlight a selection of gargoyles and grotesques found throughout the buildings at Yale University’s campus. In his lecture he’ll explore the artistic, historic, architectural and even humorous significance of these decorative sculptures and their role in communicating the identity of Yale University as a place of learning and enlightenment.

Mathew Duman grew up in Bethany, CT and is a photographer and graphic designer. He attended the gargoyle-free campus of Central Connecticut State University but while studying abroad, became fascinated with the architectural detail of the cathedrals of Britain. Mathew has since taken photographic trips to Italy, Africa, Australia, New Zealand and most recently has been seeking out grotesque sculpture around the United States. This program is offered in collaboration with the Woodbridge Library and will be held in the Friend’s meeting room at 6 pm.

Computer Room Use

The Woodbridge Center offers use of 2 desktop and 2 laptop computers in a quiet room Monday through Friday from 8:30 am - 4:30 pm. The computers are loaded with Microsoft Office and are also great for internet searches, checking email, shopping or other tasks you might want or need. There is also a printer available for use offering five pages at no cost and ten cents for each additional page.

Living Treasure Award Nominations Due August 8

The Living Treasure Award Dinner is a fundraiser for The Woodbridge Center honoring community-minded Woodbridge residents for their dedication to the Town and for their years of community service. Nomination forms are available at the town web-

site and through the Human Services Department.

Local businesses are invited to advertise in the program book, donate silent auction prizes or purchase table and stage sponsorships.

The award dinner will be October 2nd in the Center Gymnasium at 5:30 pm. Tickets may be purchased by calling the Human Services Dept. at 203-389-3429.

The event also includes a delicious dinner catered by Lasse’s Restaurant & Caterers. Dinner options include chicken francese with roasted potatoes and vegetables, a vegetarian option of eggplant rollatini and penne pasta and a gluten free option of grilled herb chicken with roasted potatoes and vegetables. Don’t miss a chance to advertise your business with a wide cross section of Woodbridge residents; this event brings all groups of Woodbridge residents together for a great night to honor the backbone of the community while raising money for The Woodbridge Center! Last year 200 people attended and honored four longtime residents.

Donations of silent auction items, purchase of ads in the program book and table sponsorships are available by calling The Woodbridge Center at 203-389-3430 or emailing jglicksman@woodbridgect.org.

Special Programming

RSVP is required one day prior unless otherwise noted. Please call 203-389-3430 or email jglicksman@woodbridgect.org.

July 30: Annual Summer Indoor Picnic co-sponsored by the Woodbridge Police Dept., \$6.00 - BBQ chicken, hot dogs, hamburgers, salads, watermelon, cannolis and cookies. RSVP required by July 23. Lunch begins at 12:15 pm with entertainment provided by John Paolillo. Many thanks to the Woodbridge Police Department, The Linden of Woodbridge and Jewish Senior Services for contributing to this annual event.

August 8: An Education in the Grotesque lecture at 6 pm at the Woodbridge Library meeting room. This event features Bethany resident Mathew Duman who will highlight a selection of gargoyles and grotesques found throughout the buildings at Yale University. This event is co-hosted by the Woodbridge Library.

August 8: Living Treasure nomination forms are due. Forms are available at the Human Services Department and at www.woodbridgect.org.

August 13: Lunch entertainment with Paul Shlein begins at 12:15 pm. RSVP required.

August 19: Lunch Bunch! Join in for lunch with friends at the Outrigger Restaurant in Stratford. Transportation is provided by The Center (\$3) or meet us at the restaurant. Self-pay at the restaurant.

August 23: Free Yoga class with Julie Luciani at 11:45 am in room 16. See details about the class below.

September 4, 11, 18: Free Art Classes with Graham Dale 10 am—12 pm in The Center Cafe. Come try a taste of art at no charge. This class is for novice to experienced artist and will include both demonstration and hands on participation. For a materials list, please call. Ten-week class follows in October see details below.

September 10: 3rd annual town wide BBQ hosted by Coachman Square at Woodbridge from 12-2 pm at the picnic grove next to the Woodbridge Library. Come for hot dogs and hamburgers, stay for the entertainment or play a game of bocce. Coachman Square will provide a delicious BBQ to all town employees, first responders, and residents of the town of Woodbridge. Entertainment with Jim Sheehan. No cost, RSVP by September 5.

September 20: Community Wellness Event with New England Young at Heart. Health fair runs 10:30 am -1:30 pm in The Woodbridge Center’s café. This event features vendors in health, wellness, home and beauty. Light refreshments will be served. For more

information or to become a vendor, please call Elaine Marcucio at 203-463-8339.

September 25: Trip! Broadway with choice of show, Tootsie or Ain’t Too Proud To Beg, lunch at Carmines, and transportation for \$245.00. RSVP by August 16.

October 2: Living Treasure Award Dinner — Save the date and buy your tickets!

August Lunch Menu

Lunch is served Tuesday and Thursday at The Center café, at 12:15 pm. Cost is \$3 for dine-in meals, \$4 for take-out. RSVP is required by noon one day prior. Meals include bread, juice, coffee/tea and dessert.

7/30 Annual Indoor Picnic! BBQ chicken, hot dogs, hamburgers, salads, watermelon and cookies (\$6.00), 8/1 Chicken cacciatore with linguini, 8/6 General Tso chicken with jasmine rice, 8/8 Cheese pizza with grilled zucchini, 8/13 Baked orange fish, mashed potatoes and vegetable, 8/15 Margarita chicken pasta with salad, 8/20 BBQ chicken, potato salad and cole slaw, 8/22 Ravioli marinara with salad, 8/27 stuffed cabbage, mashed potatoes, 8/29 Fish Florentine, linguini and summer succotash.

Ongoing Programming

Calling all bocce, gin rummy, poker, canasta and spades players—call The Center and share your interest 203-389-3430. The Center will put a group or a game together!

Weekly Craft Group Thursdays, 10 am - 1 pm, in The Center lounge. Calling all knitters and crocheters to join the group. Come for knitting and crocheting and stay for lunch! Don’t forget to make a lunch reservation.

Yoga for Healthy Aging Class meets Fridays, 11:45 am - 1 pm, in the Center Building, Rm. 16, with instructor Julie Luciani. Current session runs through August 9, class fee will be

See “Woodbridge Center” On Page 13

“Woodbridge Center” From Page 12

pro-rated if joined late, call for details. Class combines seated and standing postures and is safe for all. Come try it out! Free class offered on August 23. Next 12-week session begins September 6th.

Mahjong: Monday & Friday, advanced players: 9:30 am Center Building Rm. 13, beginner and intermediate players 10 am, Center Building, Rm. 11.

Exercise with Laurie: Workout includes a combination of strength training, cardio, flexibility and balance. Bring weights if you have them. Class meets in the Center Café through August, Tuesday and Thursday, 10-11 am. No need to sign up—just pay a drop-in fee of \$2.

Book Club: The book club meets the 4th Tuesday of each month, 11 am at the Woodbridge Town Library. The next meeting is August 27 I’ll Be Your Blue Sky by Marisa De Los Santos. In September (24) the group will read Island of Sea Women by Lisa See. New members are welcome.

Art Class: Class meets each Wednesday, 10 am - 12 pm, in The Center café. The class is taught by local artist Graham Dale. Come try a taste of art at no charge. September 4, 11, 18 with Graham Dale 10 am—12 pm in The Center cafe. This class is for novice to experienced artist and will include both demonstration and hands on participation. For a materials list

and to register, please call. A new ten-week class begins October 16; the fee is \$60 and will be pro-rated for those joining late.

Tuesday Movies: Following lunch in The Woodbridge Center lounge at 1:15 pm: 7/30 Silver Screen Selections: Roman Holiday (1953), 8/6 Rain Man (1988), 8/13 Chariots of Fire (1981), 8/20 The Princess Bride (1987), 8/27 An American in Paris (1951).

Ask the Nurse: 1st and 3rd Tuesday of each month, 11 am - 12:30 pm, blood pressure screenings, weight and conversation with a registered VNA Community Healthcare Nurse in The Center lounge.

Duplicate Bridge: Mondays, 9:30 am - 12:30 pm, in The Center café.

Bridge: The Center’s Wednesday bridge group invites new members! Join in for a friendly card game. No reservations—just come to The Center cafe for 1 pm.

Pinochle: Monday, Wednesday or Thursday, 1-4 pm, in The Center lounge. Come any day—the group looks for new players and is willing to bring rusty players up to speed!

Pickleball: Meets Monday-Thursday in the Center gym for group play, 12:30-2:30 pm and Friday, 12:30-3:30 pm. Paid annual members may arrange playing times with other players. Annual membership is \$20 for Woodbridge residents and \$25 for non-residents. Stop by the office to make payment. Equipment is available on a first come, first served basis.

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TOWN DEPARTMENTS

Youth Services

BY NANCY PFUND



7th Grade Picnic Fun



7th Grade Picnic Welcomes Students

Seventh Grade Picnic – Hippo Chow Down Challenge – August 22

Woodbridge Youth Services invites all incoming seventh grade residents of Bethany and Woodbridge and other incoming Amity Middle School-Bethany 7th graders to the annual 7th Grade Picnic on Thursday, August 22. Join this party and catch up with friends from 5:30 to 7:30 p.m. on the field behind Amity Middle School-Bethany at 190 Luke Hill Road. Admission is only \$5 to experience the giant Hippo Chow Down inflatable, challenging games like Noodle Joust and Tug of War, an

interactive D.J., and a free raffle. Pizza and snacks are included. Rain location is in the school's gym. Register now at 203-389-3429 to receive an extra raffle ticket. Woodbridge Youth Services and the Town of Bethany sponsor this event.

Volunteers (Residents, college students and high school upper classmen) are welcome to help. Donations and raffle prizes are needed. Please call 203-389-3429 for more information or to volunteer.

Woodbridge Youth Services Needs Resident Teens for Job Bank

The Job Bank in Woodbridge offers jobs to teen residents (ages 13 – 18) who would like to work in Woodbridge to earn some extra cash. The application process offers a chance to learn about the interview process, safety on the job, and how to negotiate pay. Jobs now open are mostly weeding and yard

work, but may also include babysitting, animal care, house work, etc. Call Youth Services to join at 203-389-3429 or email: npfund@woodbridgect.org. Parent permission required.
Residents may call for teens to work in Woodbridge to do odd jobs by calling 203-389-3429.

CLUBS & ORGANIZATIONS



Shade perennials that were available at the sale.

Garden Club Holds Annual Plant Sale

The Garden Club of Woodbridge held its annual plant sale on June 1 in the grove outside the Woodbridge Town Library. Club members pitched in and donated 400+ plants from their gardens. Annuals, perennials, floral arrangements, shrubs, exotic and common plants were available. According

to Susan Antinozzi, Chairperson of the event, the sale was a big success, and the Club thanks the community for its support. Proceeds will be used for the Club’s charitable activities, including civic beautification, horticulture therapy at Coachman’s Square and a scholarship for a graduating Amity student.

Bird Watching Introduction

On Saturday, August 10, 2019, 9:00am, First Church of Christ Parish House, Woodbridge, join naturalist, Lynn Jones from the Yale Peabody Museum for this free beginner’s class in bird watching. A short classroom introduction will cover the basics of

when, where, and what you will need, followed by a walk on the Alice Newton Street Park to practice newly learned skills. Hosted by the First Church of Christ Woodbridge and the Woodbridge Park Association. (approximately 2 hours).

DINNER ON THE FARM

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Woodbridge Selectmen Fill Government Positions

BY BETTINA THIEL
WOODBRIDGE TOWN NEWS CORRESPONDENT

The Woodbridge Board of Selectmen-elect met June 27 — the day before being officially sworn in — to make appointments to those boards and commissions that are not elected. They also reconfirmed several paid positions, such as for town counsel, town clerk and tax collector.

The appointments to volunteer boards are based on recommendations by the Democratic and Republican town committees. As opposed to previous years, when the board voted on each candidacy separately, Town Hall smoothed the process by coordinating with the political organizations beforehand, getting the number of candidates they needed to fill the open posts, and then voting on the whole slate of candidates for a particular board.

First Selectman Beth Heller thanked all candidates for their willingness to serve. She also thanked Republican Selectmen Joe Dey and Dwight Rowland for their cooperation in making these appointments.

Board of Finance

Susan Jacobs (D), Paul Kuriakose (Unaff.), and Matt Giglietti (R) were appointed to four-year terms; Ellen Scalettar (D) was appointed to fill the two-year term of Andrew Pels, who moved out-of-town.

Town Plan and Zoning

Allen Lipson (D) and Kathleen Wallace (D) were re-appointed to the zoning commission; new to the commission is Robert Klee (D). For alternates, the board appointed Yonatin Zamir-Alt (D) and Chris Sorensen (R). Not returning to the board is its long-time chairman, Jeff Kaufman. Board members Lawrence Greenberg, Paul Schatz and Andrew Skolnick terms as well as Alternate member Jeffrey Kennedy are not up for re-appointment until 2021.

Inland Wetlands

David Speranzini (D), Jack Kurek (D) and Alternate Jean Webber (D) will all be returning to the Inland/Wetlands Agency. The other members are Robert Blythe, Joshua I. Goldberg, Barry Josephs and Alternate Joshua Lemon.

Conservation Commission

Leland Torrence and Karen Sklarz (Unaff.) will be returning to the Conservation Commission. Newly appointed are Sharon DeKadt (D) and Julie Parr (D).

Commission on the Use of Publicly Owned Properties (CUPOP)

Nancy Polk (D) and Chairman Lor Ferrante-Fernando (R) were re-appointed to the commission. Nicole Donzello (D) will replace Marc Keslow. The other members are Leslie Lyons, Patti McKeon and Marty Halprin.

Board of Building Appeals

Bruce Schaefer (D) and Joseph Palumbo (R) are returning to the board. Christopher Burr-Bahner (R) will replace Jay Alpert. Stephen Buda and Patti McKeon will serve until June 2021.

Board of Police Commissioners

All three members of the board whose terms were up this spring were re-appointed to the board, namely Att. Robert Berke (D); Dr. Debbie Desir (D) and Dr. Debbie Fried (D).

Board of Fire Commissioners

Chairman Elia Alexiades (D), Karen Kravetz (D) and Michael Horton (Unaff.) will be returning for another four-year term.

Recreation Commission

Two long-time members of the Recreation Commission are not returning this year, Stanley Gedansky and Robert Hill. To fill their seats, the board voted in Mary Alvarado (D) and Michael Helfenbein (D). It re-appointed Smith Mowry (D) to the Recreation Commission. William DeRosa (R) was voted in to replace Dwight Rowland, who joined the Board of Selectmen.

Human Services Commission

Susan Davidson (Unaff.) will be returning to the Human Services Commission. New are Arnold Holtzman (D), John Labianec (D) and Patrick Madden (Rep).

Library Commission

Andi Doucette (D) and Thomas Shernow (Rep) will be returning to the Library Commission. New to the commission are Margaret Hamilton (D) and Barbara Jean Ahern (Unaff.). They will replace long-time commission members and former chairman Aldonna Noto and Loredana Falcigno. The other commission members are Renee Bevacqua Bollier, Jeanette Glicksman, Emily Schoenhofen Sharp, Ellen Spark and Judi Young.

Economic Development

Jeremy Rosner (Unaff.) will continue to serve on the Economic Development Commission. New are Clio Nickolakis, Tobe Nwangwu, Shawn Flynn and Debra Barbieri Brander. They will be joining Brooks Dougherty, Michael Holland and Wayne Luciani.

.....

See "Selectmen" On Page 17



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“Selectmen” From Page 16

Not returning to the commission are long-term chairman Jody P. Ellant, Yaron Baitch, Kenneth E. Campbell and Jamison Scott.

Sperry Park

Sheila McCreven (D) as well as John Adamovich (R) and Christopher Burr-Bahner (R) were re-appointed to the committee.

Emergency Medical Services

Oliver Hulland (D) and Dr. Marvin Aarons (R) were appointed to serve on the EMS Commission.

Government Access TV

Aldon Hynes (D) and Theresa Burr-Bahner (R) were re-appointed to the commission.

Board of Ethics

Selectmen appointed Teri Schatz (D), Andrew Schaffer (D) as well as incumbent Dominick Thomas (D) and Dorothy Martino (R) to serve on the Board of Ethics.

Town Counsel

Selectmen appointed Attorney Gerald Weiner to continue in his capacity of town counsel. “He has served our town well,” Heller said when making the motion. She said he has been

very prudent and charged the town less than the \$85,000 he could have according to his contract. “Over the last three years he has saved us over \$50,000,” she said.

Treasurer

The board appointed Alan Weiss as treasurer and Dean Joseph Celotto as assistant treasurer.

Town Clerk and Assistants

Selectmen re-appointed Town Clerk Stephanie Ciarleglio and the assistants, Beth Lynch, Karen Berchem and Ellie Sheehy. Ciarleglio also was re-appointed registrar of vital statistics and census taker.

Tax Collector

Tax Collector Pat Crisco and Assistant Linda Cahill.

Labor Consultant

Dave Ryan

Representative to the Southcentral EMS Council

Dept. Police Chief Ray Stuart.

Representative to the Greater New Haven Transit District

Judi Young

Citation Hearing Officers

Elia Alexiades and Pat Madden.

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MAKING SENSE OF INVESTING

celebrity
extra
by Dana Jackson

Q: When will “**Madam Secretary**” return? It’s impossible to imagine that this show is unpopular -- much to the contrary. It is so apropos to the times we are experiencing. The talent, the subjects, everything we have loved to see and learn and we did learn. -- T.M.

A: “**Madam Secretary**,” starring **Téa Leoni** as the U.S. secretary of state, has been renewed for one more season. CBS Entertainment president **Kelly Kahl** announced to the press recently: “They’re going to do 10 episodes in the fall and tie up the storyline. We’re happy and excited to do that for Téa, the cast and the audience. It’s hard when a show ‘poof goes away.’ We like to be able to do this and send the show off with a great deal of respect and celebration. Everyone appreciates when we are able to do that.”

I agree. It’s heartbreaking when a show is canceled without any conclusion. I don’t think my twentysomething self ever got over “**My So-Called Life**” ending with a cliffhanger after just one season 25 years ago. Fortunately, “**Madam Secretary**” will continue for another season, which will premiere on Oct. 6.

Q: Whatever happened to **Britney Spears**’s little sister who used to have a Disney or Nickelodeon show? Did she quit acting for good? -- A.K.

A: **Jamie Lynn Spears** is now 28 years old. She starred on “**Zoey 101**” in the mid-2000s but then took a long break from acting after returning home to Louisiana to raise her children near her parents. Now she’s back, having recently announced that she landed a part in the upcoming Netflix series “**Sweet Magnolias**” (not to be confused with the 1989 movie “**Steel Magnolias**”).

“**Sweet Magnolias**” is the name of series of novels written by **Sherryl Woods** about a group of women from South Carolina who have been best



Téa Leoni [S. Bukley/ImageCollect]

friends since high school. In addition to **Spears**, the romantic drama will also star **Monica Potter** (“**Parenthood**”), **Brooke Elliott** (“**Drop Dead Diva**”) and **Heather Headley** (“**She’s Gotta Have It**”).

Q: I read that there is a cat convention similar to Comic-Con. Do celebrities greet fans like they do at the comic book conventions, and is it held in multiple cities? -- B.B.

A: There is indeed something called **CatCon**, and it’s been going on annually since 2015. It’s just in one city, a weekend long event that takes place in Pasadena, Calif., which is near Los Angeles. So far it hasn’t branched out to other cities. So, if you want to attend, I would start planning your trip now since this year’s **CatCon** just ended.

As for celebrities in attendance, they are mostly cats that are popular on social media, like Instagram. Alas, **Grumpy Cat** passed away a few months ago, so any chance of meeting her in person is now gone. This year’s human celebrity guest was **Angela Kinsey** from the TV show “**The Office**.”

Over the years the convention has helped more than 500 cats find homes and has raised thousands of dollars for charities. You can learn more, including any potential 2020 celebrity panel guests, at www.catconworldwide.com.

Send me your questions at NewCelebrityExtra@gmail.com!

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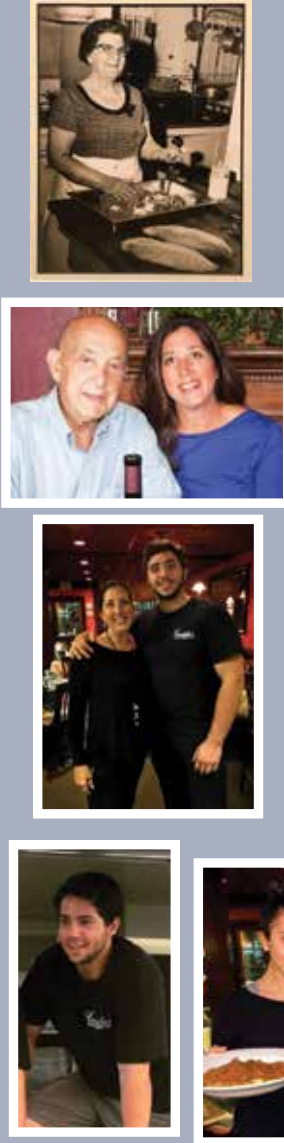
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ARTS & LEISURE



Jamie Hulley Arts Foundation Hosts “OH WHAT A NIGHT!

A Musical Tribute To Frankie Valli & The Four Seasons

The performance is part of The Evening for the Arts Gala, which benefits the Jamie Hulley Arts Foundation, a non-profit organization dedicated to the educational enrichment and professional development of young artists and early career professionals, and created in the memory of Orange, CT, resident Jamie Alaine Hulley.

“OH WHAT A NIGHT! A Musical Tribute to Frankie Valli & The Four Seasons” — a dynamic musical revue of hits songs — headlines the Jamie Hulley Arts Foundation’s seventeenth annual Evening for the Arts Gala Benefit on Saturday, September 7, 2019, at Fairfield University’s Regina A. Quick Center for the Arts.

The performance begins at 7 p.m. and is preceded by an Evening for the Arts reception at 6 p.m., which includes complimentary wine and beer, dessert bar and silent and live auctions. Tickets are available through the Quick Center Box Office: (203) 254-4010 & online at quickcenter.fairfield.edu. Tickets are \$45 in advance or \$50 at the door.

“OH WHAT A NIGHT!” is an exhilarating, family friendly musical revue conceived and directed by award-winning Broadway producer and director Michael Chapman and written by Motown producer George Solomon. The show features all the original Frankie Valli & The Four Season’s hits as well as many top 10 releases not found in the Broadway’s Tony award-winning hit musical.

“This is a top Las Vegas act...the country’s #1 Frankie Valli & the Four Seasons tribute show...they have played to sold-out crowds all over the world! We are very fortunate to have them at our gala” said Judy Primavera, foundation co-founder and president of the Jamie Hulley Arts Foundation. “It’s a fun night out for a good cause with something for everyone—excellent entertainment, delicious desserts, and a wide array of ‘must have’ auction and raffle items to bring home.” There are chances to win Delta skybox seats to the red-hot Yankees vs. Angels,

See “Oh What A Night” On Page 24

Teen Center To Host Multi-Award Winning Singer-Songwriter

Christina Custode, multi-award-winning singer/songwriter, pianist and recording artist based out of Niagara Falls, NY., is heading out on tour bringing her songs, stories and sass to venues throughout Ohio, Pennsylvania, New York, Connecticut, Massachusetts, Maine, and Vermont. Christina is heavily influenced by songwriting greats such as Billy Joel, Jewel and John Lennon and has been referred to as “the Carole King of her Generation”. Christina brings her candid songs to life through engaging stories and is a witty performer on stage. Her voice has been described as “angelic, sultry and oozing with passion”. Playing regionally, she has attracted diverse audiences and received critical acclaim due to her distinct sound, honest writing and phenom-

enal live performances. Her original music has gained notice for pristine instrumental and vocal performance quality, and also for its compositional value. Custode has been awarded the Best Singer Songwriter Award at the Roswell Film Festival in Roswell, NM and has been named “Buffalo’s Best Female Vocalist” and “Buffalo’s Best Original Music Act” multiple times. She is a graduate from the prestigious Eastman School of Music in Rochester, New York and is a voting member of the NARAS. Custode is currently on tour in promotion of her newest single “Just in Case” (AMG/Sony). Don’t miss these shows!! Learn more at: <http://www.christinacustode.com>.

On August 2, 2019 at 6 PM, you can see Christina at the Amity Teen Center, 10 Seldon Street, Woodbridge, CT.

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ARTS & LEISURE

Ansonia Nature Center, Calendar of Events

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August
CHRIS ROWLANDS:
Puppeteer and Singer
Friday, August 2, 7 pm

Chris Rowlands is an award-winning singer and songwriter who offers an interactive kid-friendly presentation for those who love music and nature. He creatively blends music, comedy, and education in a fast-paced show that teaches and inspires. Chris brings animals to life through song, dance, puppets, and colorful props, to teach children about animals and their habitats. The Environment Magazine has honored Chris with its first E Award for his environmental education programs. Don't miss this FREE musical program!

FALL TERM JUNIOR RANGERS
Registration begins Thursday, August 8; Class runs Thursdays, September 12–October 31, 3:30–5 pm

Calling all kids 11 to 14 years old who love nature! Has your child wanted to work with animals, garden, help maintain our trails, and help with special events? This is the opportunity to help the Nature Center in our 8-week after-school program. Parental permission is required. Class size is limited; this class fills up fast! FREE.

BUTTERFLIES AND DRAGONFLIES
Sunday, August 11, 1 pm

Enjoy your Sunday afternoon at the park on our guided hike. Explore the Redwing Pond and our meadow for these beautiful six-legged, four-winged insects. The guide will show you our native butterfly gardens and teach you the benefits of native plants to our CT butterflies and dragonflies. FREE.

REPTILES OF CONNECTICUT
Saturday, August 17, 1 pm

Join Paul Benjunas from the Connecticut Department of Energy and Environmental Protection's (DEEP)

Wildlife Division for an educational talk, highlighting Connecticut's native reptiles. Learn more about our scaly residents through Paul's tales of photographing these often-misunderstood animals. This presentation will feature live reptiles and is for all ages. FREE. Please register.

NATURE EXPLORERS
Wednesdays, August 21, 28; September 4, 11; 10 am

Join us for this 4-week pre-school/toddler program for children ages 2-5 and their adult explorer. Participants will have fun exploring nature every week in these outdoor classes. The classes are typically loosely structured and influenced by the seasons and the interests of the children. We will go outside for a short hike and to explore nature every class so please dress for the weather. Classes will end with a light snack (provided or bring your own) and conversation. TUITION: \$40 for all 4 weeks, space permitting (cash or check payable to Ansonia Nature Center), due at the first class. Class is limited to 10 children. Please call to register.

September
NATURE EXPLORERS
Wednesdays, September 4, 11; 10 am

See August 21 for more information.

THEMED GUIDED HIKE: Goldenrod Jungle
Sunday, September 8, 1 pm

For all nature enthusiasts! Enjoy a walk through the park's fields and vast Goldenrod Jungle. You'll be amazed at the diversity of insects, spiders, and birds that depend on this unique habitat for survival. FREE guided hikes every Sunday at 1 pm.

FALL TERM JUNIOR RANGERS
Thursdays, September 12–October 31, 3:30–5 pm
See August 8 for more information.

Chard & Chives

News from Massaro Community Farm - By The Farm Staff



Massaro Farm Plants Hundreds Of Pollinator Plants

PLUS, WHAT'S COMING UP AT THE FARM

On July 10, CT Northeast Organic Farming Association (NOFA) and Massaro staff and volunteers installed ~6,000 sq ft of pollinator habitat on the north side of the farm. This area was previously filled with large rock and stump debris, which was recently cleared when the farm made way for its new permeable parking area.

A study from the CT Agricultural Experiment Station demonstrates that in Connecticut, approximately 2/3 of the specialty crop (e.g., diversified growing operations like Massaro) pollination is provided by native pollinator species such as bees, butterflies and certain species of birds. The remaining 1/3 of pollination is predominantly performed by domesticated honeybees. This year, CT NOFA is taking steps to protect native pollinators and safeguard our food supply. If the state continues to face declining pollinators, farms will be faced with new growing challenges. By fostering insect biodiversity wherever it can be found we help maintain and improve pollination for our farm crops in an era of dramatic insect decline. More than 75% of the world's crops depend on pollinators of one kind or another. When we feed the pollinators, they feed us. By adding pollinator habitat, Massaro Community Farm is playing a vital role of providing sanctuary for these threatened species.

There are still a few spots open for the farm's small-group summer program, July 29-August 16. Register your 6-9-year-old for this in-depth farm

camp where attendees will spend daily time in the farm's Learning Garden, explore the nature trail and care for the farm's small animals. Attendees also enjoy daily snacks prepared with fresh garden produce. Thanks to a grant from Autism Speaks, this year's summer program also welcomes enrollment of students with ASD (Autism Spectrum Disorder) in the program. \$150/child each week. Discounts available for multiple weeks and siblings. Scholarships are available. Enroll for one week or all three. Registration forms can be downloaded from the farm's website. Stay tuned for announcements next month on youth programming at the farm this fall.

The farm currently has composting worms, chickens and rabbits and welcomes individuals or families to receive a 15-minute training on checking on and feeding animals, particularly on the weekends.

Tickets are now on sale for the farm's annual Dinner on the Farm. If you've never been, you won't want to miss this gathering of friends and neighbors for a farm-to-table feast, Sunday, September 1, 2019. Massaro Community Farm hosts this gathering each Labor Day weekend to celebrate the harvest of the season and to raise funds for our farm education and food donation programs. This year, the farm is excited to be partnering with chefs at Olmo (formerly Caseus) to create a family-style meal featuring roast

See "Massaro" On Page 24

Woodbridge Town News

WOODBRIDGE RESIDENTS!

Have an Upcoming Birth Announcement,
Anniversary, Engagement or Wedding?

Send it to us with a photo and we will publish it FREE.

Woodbridge Town News, P.O. Box 1126, Orange, CT 06477

Email: edit@woodbridgetownnews.com

HOUSES OF WORSHIP EVENTS

Daily Prayer Offices – In A Protestant Church?

THE REV. JACOB H. BENSON
ZION EVANGELICAL LUTHERAN CHURCH

The idea of going to church daily is usually associated with monasteries. But the history of daily prayer is a rich one that extends to the earliest days of Christianity, and continues to this very day. Early Christians adapted the Jewish practice of praying three times per day, and by the third century, these daily prayers at morning, noon, and night had become a regular part of the individual Christian's devotional life. When Christianity became legal in the Roman Empire, the individual prayers became public since the threat of persecution had greatly diminished. Since these prayers were now in public, they had to conform to the work day, leading the bishops to encourage the faithful to attend public church services regularly in the morning and evening of each day. Noontime prayers would be reserved for personal devotion while at work. In the western, Latin-speaking church, these two prayer services became known as Matins (of the morning) and Vespers (of the evening).

Later Monastic communities would expand these two offices into three, and later seven daily offices. Such a rigorous prayer life could only be prayed by those who had given their entire life to the Church, and laypeople were increasingly excluded from the daily prayers of the church. The Lutheran reformers, as they sought to recover not only a more apostolic understanding of the Bible, but a more ancient understanding of worship, worked to

"rescue" Matins and Vespers from the monasteries and give them back again to the laypeople. In the first generation of the protestant reformation, virtually every Lutheran parish in Germany and Denmark recovered the practice of praying daily so that the laypeople could join with the clergy in singing the Psalms, hearing the words of scripture, and beginning or ending their day with prayers for themselves, the church, and the poor and needy of their communities. For churches with schools, Matins was a mainstay and a beginning to the school day. For rural parishes, Vespers would be sung on Saturdays, Sundays, and sometimes throughout the week.

Before long, however, these services began once again to go by the wayside. As many protestant churches became more extreme in rejection of all things Latin and all things traditional, the chanted services, the Latin hymns, and the robust recitation of the Psalms all fell prey to modernism and rationalism and were reduced to dusty books on shelves.

It was in the 19th century that Lutherans began to recover the ancient practice of praying the daily offices, and we at Zion are hoping to aid in the resuscitation of the ancient prayer of the church. Please join us Monday through Thursday at 8:00 a.m. for Matins. We also gather Saturdays at 5:00pm for Prayer, and the high point of our week is Sunday at 9:30 for a joyful, ancient, and Christ-filled Lutheran Mass. Zion Evangelical Lutheran Church is located at 780 Grassy Hill Road in Orange, just off exit 56 from the Merritt Parkway.

Orange Congregational Church Summer Services

Orange Congregational Church, located at 205 Meeting House Lane in the Town of Orange, invites you to come to our summer Sunday worship service at 9:00 a.m. in the Sanctuary for the months of July and August.

Our worship service includes a church nursery with a child-care experienced Crib Room Attendant for all birth to Pre-K children whose parents or guardians are attending worship service. There will also be church school every Sunday during the summer for children and youth in K-7th Grade.



Orange Congregational Church

For more information about our Open & Affirming congregation or any of our church ministries, please call the church office at 203-795-9749.

Congregation Beth El – Keser Israel Events

85 Harrison Street (corner of Whalley Avenue – Route 63 – in Westville)

Daily Services

- › Sunday 9:00 am and 5:45 pm
- › Monday 7:00 am and 5:45 pm
- › Tuesday 7:00 am and 5:45 pm
- › Wednesday 7:00 am and 5:45 pm
- › Thursday 8:15 am and 5:45 pm
- › Friday 7:00 am

Shabbat Services

- › Friday 6:00 pm
- › Saturday Morning 9:15 am
- › Saturday Children's Services 10:45 am
- › Saturday Afternoon 1:00 pm

Book Talk by Rabbi Rick Eisenberg

Rabbi Richard Eisenberg will talk about his new book, *Judaism, Addiction and Recovery: A Spiritual and Faith-based Approach*, at 7:00 p.m. on Thursday, August 8. In the book, Eisenberg, who after 35 years as a pulpit rabbi—including 12 years at Congregation B'nai Jacob in Woodbridge—became an addictions counselor, presents a Jewish faith-based perspective on chemical dependence, an approach that draws upon models that extend beyond the 12 Step philosophy. Instead, his spiritual and faith-based outlook offers newer ways of understanding the phenomena of addiction and recovery, allowing fresh concepts to emerge from the fog of addiction and its effects.

The book, which he wrote as a wake-up call to the Jewish community, invites individuals, families and communities to find helpful direction in the



Congregation Beth El - Keser Israel

wake of a growing personal and public health crisis. His focus is applying Jewish principles and values of spirituality to addictions treatment as well as conveying the message and power of recovery to Jewish communal life.

New Officers Selected

At the annual meeting in June, Harold Birn, a resident of Woodbridge completed his term as President; the new President is Yaron Lew, a resident of New Haven. Vice-Presidents are Michael Hurwitz of Woodbridge and Murray Akresh of Stratford.

Mixed Media Art by Karen Kassap

"On My Mind: One Jewish Woman's View" is now on exhibition. Artist Karen Kassap created these works from painted papers, printed papers, acrylic paint, acrylic gel medium, and various found objects. A conversation with the artist will be Saturday, August 17 at 12:45, following the weekly services and luncheon; Sabbath rules will be observed. The exhibition closes August 20.

Holy Infant Church Women's Guild Annual Membership Tea

The Holy Infant Church Women's Guild will have its annual Membership Tea on Sunday, September 8th. Benediction will be in the church at 2:30 pm, followed by the Tea in the Guild Hall. Membership in the Guild is \$10 per year, from September through June. Membership packets will be distributed after all Masses on the weekends of August 10-11, and August 17-18.

The Women's Guild's first meeting of the year will be on Tuesday, September 10th at 6:45 pm in the Guild Hall. A presentation will be given by a medical missionary from Uganda. Refreshments will be served.

Also, once again, the Guild will be participating in Boscov's Friends



Holy Infant Church

Helping Friends shopping event on October 16th. Tickets are \$5 each for this special shopping event. There will be refreshments, giveaways, and discounts at Boscov's throughout the day. Tickets will be available at the Membership Tea and at the church rectory.

HOUSES OF WORSHIP

Congregation Or Shalom Events

205 Old Grassy Hill Road • Orange, CT 06477 •
203.799.2341 • www.orshalomct.org

Weekly Services

Minyan Services

- › Sunday 9:00 AM
- › Monday 7:30 AM
- › Thursday 7:30 AM

Healing Circle

- › Wednesday 7:30 AM

Shabbat Services

- › Friday 7:30 PM (for summer)
- › Saturday 9:30 PM

Summer Movie! "Shtisel"

Wednesday, July 10, 11:00 am.

As strange as it sounds, "Shtisel", a show about people who are governed by strict Jewish law, has been the go-to entertainment of millions this past year! "Shtisel" is an Israeli made-for-TV drama that follows a widowed ultra-Orthodox man and his bachelor son who are both trying to find romantic love within the confines of their religious life. Why are so many people of all faiths talking about this show? Come and find out! "Binge-watch" its first two episodes at Or Shalom! Then, consider staying for a brief discussion with Rabbi Wainhaus, who grew up in a "Shtisel-world."

"...This is groundbreaking television! 'Shtisel' is a beautiful, intelligent saga that just happens to be about an ultra-Orthodox family!" NY Times

"...Squint a little, and Elisheva could be a character out of Jane Austen—Which is one of the pleasures of watching this generous show..." "Shtisel" casts a kind of spell!" The New Yorker

English Subtitles, Languages: Yiddish, Hebrew & English.

Or Shalom's Annual Blood Drive

Wednesday, July 31, 9am – 630 pm

Help ensure blood is available for patients in need this summer by giving blood through the American Red Cross. To donate, download the Blood Donor App (3cu.be/blood), visit the redcross-blood.org or call 1-800-RED-CROSS. Each donor will receive 2 tickets to Six Flags New England. Please register as walk ins do not always get taken.

Gulf Beach, Milford

Friday, August 16th, 7pm

Join us at our annual Shabbat service on the beach! (Drive to the corner of Cherry Street & Gulf Street in Mil-



Congregation Or Shalom

ford, turn left onto Gulf Street, proceed till you arrive at the beach! (Set your GPS for #460 Gulf Street.) Look for us immediately on the right, alongside the inlet. Men's Club members will welcome you and point to our makeshift "sanctuary" on the sand! Please dress casually! (The Rabbi will be shoeless!) IMPORTANT: PLEASE BRING A BLANKET OR BEACH CHAIR, AND PLEASE BRING HATS! (yarmulkas fly away!) Lastly, feel free to come early, with a picnic for supper.

Tuesdays, Social Mah Jongg

Looking to learn or play Mah Jogg? We play on Tuesdays at 1:00 pm. Call the office if you are interested 203.799.2341.

YAHAD Is Starting!

The start of the school year is just around the corner. We're delighted to begin our third year of YAHAD, a Sunday morning community Hebrew School for grades Pre-K through 7. YAHAD, the result of months of collaboration between Congregation Or Shalom and Congregation B'nai Jacob, will take place Sunday mornings, alternating at each Synagogue. On Wednesdays, our Hebrew school will be held, as usual, at Congregation Or Shalom. Contact our office at 203.799.2341.

ZUMBA Gold At Or Shalom

Congregation Or Shalom announces the continuation of ZUMBA Gold on Tuesday nights at 7 PM. ZUMBA Gold is an easy to follow dance movement program that incorporates music from every decade to create an upbeat and fun exercise class. Burn lots of calories, meet new friends, and have a blast. No experience needed and classes are on a drop-in basis. Contact Robin at zumbarobin@gmail.com or call 203-314-8176 or temple office at 203-799-2341.

Did You Know? Not All Assistance Applying For Medicaid Is Equal

In Connecticut, there are several ways to get help with applying for Medicaid benefits, including, but not limited to: (1) family member assistance; (2) "Medicaid Specialists" companies; (3) Nursing Home staff; or (4) an attorney knowledgeable about Medicaid law and applications.

Assistance by anyone other than an attorney is limited, because no one but an attorney can provide legal advice; doing so would result in the unauthorized practice of law.

The benefits of using a knowledgeable attorney to prepare and file a Medicaid application include:

- Licensed to practice law in Connecticut and knows the Medicaid rules and State and Federal law and can therefore provide tailored, specific legal advice on how to strategize your application.
- Can provide legal advice and strategies to protect assets from needing to be spent down.
- Can provide legal advice and strategies on how to best "spend down" assets in ways that benefit the applicant and family, other than just paying the nursing home or caregivers.
- Can draft appropriate legal documents to carry out legal strategies, such as care contracts, deeds, promissory notes, etc..

When selecting an attorney, consider:

- Whether that attorney frequently handles Medicaid and elder law matters.
- Whether that attorney is a member of the participates in National Academy of Elder Law Attorneys (NAELA), or similar organizations that focus on elder law issues and Medicaid applications.
- Whether the attorney is familiar with Veteran's Benefits.

If you are interested in learning more about this, please visit our website and read our blog for recent posts. For advice specific to you or your family, please contact the office. We would be glad to meet with you for a no hassle, initial consultation, no matter how long it lasts.



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HEALTH & FITNESS

Preseason Movement Screens Badly Needed In Youth Athletics

By KYLE BRANDAY
MSPT/CDN

Starting this time of year, the pediatrician's office is flooded with parents lining up to get their children through their yearly preseason physical so they can participate in sports once the school year kicks off again. Ensuring our young athletes health and well being is of the utmost importance. Detection of underlying breathing issues, cardiac conditions, and general internal health concerns needs to be done so we can keep our kids healthy and catch serious health concerns. Unfortunately, there is another, often very under analyzed group of problems which is plaguing the world of youth athletics. And it's not some new case of the flu or a virus which clings to soccer balls which would send us scrambling for disinfectants. Rather, it is movement.

How would you feel if I told you that the rate of injury in youth sports has spiked in the last decade? And no, that's not because more kids are breaking bones. The spike is in repetitive overuse injuries. Conditions like tendinitis, muscle tears, and cartilaginous break down are running rampant in our town and travel teams alike. They are sidelining our young athletes at a record pace.

These problems are literally due to the spike in year-round participation in single sports. I could drop statistics such as the fact that in the 2018 NFL Draft, 29 out of 32 First Round Draft Picks played 3 different sports in high school (THREE!!). 32 out of 32 played at least 2 sports in high school. The reason this is important is because it forces our body to move in different ways, movement patterns, to strengthen the body and create support through a wide range of athletic movements. That alone will help our young athletes develop their muscles very differently and create strength in ways they didn't know they had. It also blows apart the notion that single sport specialization is a predictor to playing at the collegiate or professional levels.

If you put that knowledge to use for the betterment of our young athletes, the orthopedic community applauds you. But that isn't what this article is truly about. The reality is with the pressure being put on kids and parents alike, the year-round play issue isn't going to go away tomorrow. So, what else can we do? We need to look deeper than the internal side of our athletes' health. We need to look at how they move.

What if I told you that by screening the movement patterns of our youth athletes that we can pick out specific



Kyle Brandy

weaknesses and range of motion limitations which could land your child on the sideline before they start? The ability to analyze movement is the hallmark of a good orthopedic physical therapist. I have fixed more rotator cuff tendinitis in my overhead throwing athletes like baseball players and quarterbacks through the years by looking at the way their lower body moves and stabilizes them during their throw than by attacking their shoulder alone. A pitcher is strong and can throw the ball fast not solely because of the way they can whip their arm around, but by the way in which they can generate force through their legs and core to allow for the entirety of movement mechanics to enhance their velocity.

By screening our young athletes' movements, we can see the road map to success, or the road to ruin and the sideline. Looking at the integration of movement and stability at multiple joints throughout the body can determine whether we will overload sensitive tissue and create greater overall strain. Picking out those movement dysfunctions will give us the opportunity to create the best program to attack the limitations our athletes are facing which put them at risk of injury...BEFORE the season starts.

The amount of money dumped into sports specific coaches and training is staggering. But can your athlete truly maximize that training effort if they can't move the right way to accomplish what the coach is asking? Sometimes the most basic, primal movements people take for granted can be the most limiting part of another persons' athletic function. Correcting limitations and teaching people how to move correctly is the hallmark of what physical therapy is all about. If you want to optimize training, you need to check your movement first.

See "Screens" On Page 25

Volunteer Reading Tutors (Age 50+) For Young Children Needed

Experience Corps needs volunteers, age 50+, as reading tutors for young children in participating schools and afterschool programs in Hamden, North Haven, New Haven and East Haven. Volunteers tutor twice weekly (average 5-6 hours) from October to June. You bring the love. We provide the training. Learn more by attending any of the upcoming volunteer information presentations at:

- › East Haven's Hagaman Library, 227 Main Street (back entrance),

on 8/20 1pm or 9/5 at 10am;

- › Hamden's Miller Library, 2901 Dixwell Avenue, in the Friend's Room (2nd floor) on 7/19 at 11am or 8/22 at 1pm; or
- › Agency on Aging, 117 Washington Avenue, Suite 17, North Haven on 7/31 at 10am, 8/26 10am or 9/9 2pm.

Questions? Contact Sheila at 203-752-3059 x2900 or email volunteer@aoascc.org by September 6th. Also, visit www.aoascc.org/experiencecorps.

"Oh What A Night" From Page 20

September 18 game, theatre tickets, sports & Marvel comics memorabilia, gift cards, spa packages, and baskets of goodies.

"OH WHAT A NIGHT" thrills its audiences with great choreography, boundless energy, humor and instantly recognizable classic hits such as Big Girls Don't Cry, Walk Like A Man, Can't Take My Eyes Off You, Let's Hang On, Who Loves You, and many more. The Gala also showcases the talents of young aspiring performers involved in the foundation's programs at Square Foot Theatre in Wallingford, Amity High School's Creative Theatre, and Broadway Method Academy in Fairfield. The Master of Ceremonies for the evening is Jared Andrew Brown, Artistic Director of Square Foot Theatre with Amity Creative Theatre's Rob

Kennedy & Kimberly Jenna Simon serving as co-hosts.

The Jamie Hulley Arts Foundation is a non-profit organization dedicated to the educational enrichment and professional development of young artists and early career professionals, was founded to celebrate the life of Orange, Conn. resident Jamie Elaine Hulley. All proceeds from the Gala are dedicated to scholarships and educational programs throughout Connecticut especially in the greater New Haven and Fairfield counties. Since the foundation's creation in 2002, over \$800,000 has been awarded which have touched the lives of thousands of area youth each year.

For information on the Jamie Hulley Arts Foundation, visit www.jamiehulleyartsfund.org, call (203) 891-8869, or email jamieart@snet.net.

"Massaro" From Page 21

pork with plenty of vegetarian dishes featuring farm produce, an outstanding selection of cheeses, and dessert from Koffee? and Sono Baking Co. The evening also includes a silent auction and a farm tour with Farmer Steve that you won't want to miss. This event sells out every year so get your tickets while you can! \$150/pp. Visit the farm's website to purchase tickets online or send a check for the appropriate amount to the farm office.

Massaro Community Farm, Inc. is a nonprofit certified organic farm lo-

cated in Woodbridge, Connecticut. Its mission is to keep farming, feed people and build community. The farm grows vegetables for seasonal subscribers, farmer's markets and restaurants. The farm also offers farm-based education for youth and adults and holds community-wide events several times a year. The farm maintains a commitment to donating at least 10% of its weekly harvest to hunger relief agencies and has donated over 60,000 pounds since 2010. For more information about workshops, education or events, please contact the farm office at (203) 736-8618 or visit MassaroFarm.org.



BULLETIN BOARD

Please Note: If you have an event for the Bulletin Board, please send it along no matter how far in advance it is. We will include it in the appropriate issue(s) until the event has taken place.

Boy Scout Troop 63, meetings Monday nights 7:00pm-8:30pm, Our Lady of the Assumption “Mother” Church, 1700 Litchfield Turnpike (Route 63), Woodbridge; September-April and May-June outdoors at Camp Whiting, all boys ages 10 and up or who have completed the fifth grade are welcome to stop by and see what we’re all about. For more information, visit <http://www.troop963.org> or email Troop63CT@gmail.com.

Bereavement Support Groups, Tuesdays 4:00-5:30pm and Wednesdays 6:30-8:00pm, Griffin Hospital, 130 Division Street, Derby, support groups for anyone experiencing the loss of a loved one. Contact Janice Lautier at 203-732-1100 or jlautier@griffinhealth.org to register.

Networking Opportunity, Tuesdays, 7:00-8:30am, Solun Tapas Bar Restaurant, 245 Amity Road. Do you want more hot referrals? Come as our guest; unlimited free coffee; bring business cards. For more information or to make

a reservation, contact Elyce Siegel at 203-668-3019 or Elyce.siegel@hibu.com.

Woodbridge Republican Town Committee Meetings, second Tuesday of each month, 7:30pm, Center Cafeteria. Visitors welcome and we urge you to join us. For information, go to www.woodbridgeregop.org.

Cancer Support Group, meets the second and fourth Tuesday afternoons of the month at Coachman’s Square, 21 Bradley Road, Woodbridge. If interested contact: Lucille Ranciato lranciato2@yahoo.com or Bernie Siegel, MD bugsyssiegel@sbcglobal.net for details.

Alzheimer’s and Dementia Family Support Group Meeting, last Tuesday of the month, 6:00pm, JCC of Greater New Haven, 360 Amity Road, Woodbridge in the West Rock Room. For more information, contact Averil Kelly, Ms, R-DMT, 203.389.2911.

Trap Falls Kennel Club Obedience Classes, every level, AKC STAR Puppy (obedience for dogs under 12 months) and Family Manners Classes/Obedience & Canine Good Citizen; Wednesday and Thursday evenings, Pawz for Wellness in Shelton. For registration

and/or information, call 203-450-9485 or email tfkctraining@gmail.com. Trap Falls Kennel Club is a non-profit member club of the American Kennel Club (AKC).

Boy Scout Troop 907, Come find out why Troop 907 has been Making a Difference in the Life of Scouts since 1968. Meetings Thursday nights 7:00-8:30PM at the First Church of Christ in the Parish House (enter via back parking lot), 5 Meetinghouse Lane, Woodbridge next to Town Hall. Boys aged 10 and older or who have completed 5th grade are invited to visit an upcoming meeting and join the adventure of scouting. For more information, visit our website Troop907.org or use the website “contact us” link to communicate directly with troop leadership.

Alzheimer’s Community Caregivers Support Group, 2nd Thursday of the month, 5:00pm, Arden House, Conference Room, 850 Mix Avenue, Hamden. Call Maria Paduano, Program Director to RSVP or for more information at 203-281-3500, ext. 7669; www.genesishcc.com.

Woodbridge Rotary Club Meetings, 1st and 3rd Fridays of the month, 7:30am breakfast meeting, Country

Corner Diner, 756 Amity Road, Bethany and the 2nd and 4th Friday of the month, 12:15pm luncheon meeting, Woodbridge Social, 12 Selden Street, Woodbridge. Anyone interested in learning more about Rotary should contact Anna Dickerson, 203-710-0223 or annadickerson@yahoo.com.

Goat Yoga, every Saturday at 9am, 10:15am and 11:30am, Locket’s Meadow Farm, Bethany, \$25.00. Stretch and pose with our sweet baby goats (and pigs and puppies and who knows who else will wander through) and learn what the goat hype is about! All funds from our programs go directly to support the rescued animals of Locket’s Meadow as well as to help fund our programs for special needs individuals. Please bring your own yoga mat, but if you forget, we have a few extra.

Ansonia Nature Center Events, 10 Deerfield Road, Ansonia; call 203-736-1053 to register for all events.

Donate Your Car, Truck or Van, help raise funds for a local private school; FREE, FAST, TOW AWAY; Running or Not Running; Can be used for a charitable tax deduction. Call Charter Oak Education DBA Sterling Education at 860-643-1100.

Healthy Body/ Healthy Mind

COMMUNITY YOGA AND T’AI-CHI CLASSES!

It could be one of Woodbridge’s Best Kept Secrets! You may have seen them outside the central building on Meetinghouse Lane or in Room 16 striking poses or moving in a slow, dance-like manner. There is a thriving community of Yoga and T’ai-Chi practitioners right in our own backyard.

Gentle Yoga is a class for anyone who desires a slower-paced, yet dynamic, class. The morning classes are “no knees” since, as we age or have knee replacements, knees may be more sensitive. Diane King has taught yoga for 40 years and has training in integral yoga, yoga for bone strength, yin yoga, and several other styles of yoga. She makes every effort to create a class accessible to all. Monday classes (10:30 and 5:30) begin July 22 and are ongoing yogadiane@gmail.com.

Bill Banick is the founder of Long River Taijiquan and co-founder of BigFaceLove Yoga. He has over 42 years combined experience with Taijiquan and Yoga and has worked with students of all ages, abilities and medical situations. His classes are designed to suit the mood and abilities of the students present. Form and flow, dy-

namic and still, challenging and relaxing, all seeming opposites blend into a harmonious balancing of mind, body and spirit. Bill teaches Taijiquan (or T’ai-Chi) and Kung-Fu. His lineage is Northern Wu Taijiquan and Liu Seong Royal Kung-Fu.

Monday thru Friday Yoga classes (8:30-9:45 AM) begin September 2 and Tuesday evening Yoga classes (5:30-6:45 PM) begin September 3. A New Authentic T’ai-Chi Session (6:00-7:00 PM) Wednesday evening begins September 4. FREE Yoga and T’ai-Chi Classes are available to any NEW STUDENT the week of August 26-30. Contact Bill @ Lrtaiji@yahoo.com and check out his website: BigFaceLoveYoga.com.

Both instructors are experienced, well-trained and certified teachers who have been building a Sangha or community of practitioners. These mind/body modalities are proven, effective means of maintaining or regaining one’s health through mindful practice. “We hope you will “get in on the Secret and join us!” All classes take place in Room 16 at 4 Meetinghouse Lane., Woodbridge, CT. Register online @ www.woodbridgerec.org.

“Screens” From Page 24

Stopping our kids from feeling the exterior pressure of playing one sport year-round in hopes of a scholarship or making the pros is not something we can change overnight. But creating a difference in the orthopedic health of our athletes starts with a simple screen. This is one choice that’s a no brainer.

There is no need for a referral or prescription to have an orthopedic screen

done for your child. You can call to set an appointment at (203) 389-4593. Kyle Branday, MSPT, CDN has been a staunch advocate for proper orthopedic health and wellness in youth athletics during the last decade of practice. While working with patients ranging from pediatrics to geriatrics, Kyle takes great pride in helping the youth athletes in the Greater New Haven community achieve their goals. For information of services offered by Amity Physical Therapy, you can visit www.amitypt.com.

LOCAL SPORTS



Sign-ups for Amity Fall Ball will occur August 1st, 7:00 pm at Brinley Field, 116 Old Tavern Road in Orange. Open to: All High School students from Bethany, Orange & Woodbridge (including incoming freshman).
Contact: sue.amitybb@gmail.com.

ENTERTAINMENT

TOP 10 MOVIES

1. Spider-Man Far From Home (PG-13)

Tom Holland, Samuel L. Jackson
2. Toy Story 4 (G)

animated
3. Yesterday (PG-13)

Himesh Patel, Lily James
4. Anabelle Comes Home (R)

Vera Farmiga, Patrick Wilson
5. Aladdin (PG)

Will Smith, Mena Massoud
6. Midsommar (R)

Florence Pugh, Jack Reynor
7. The Secret Life of Pets 2 (PG)

animated
8. Men in Black: International (PG-13)

Chris Hemsworth, Tessa Thompson
9. Avengers: Endgame (PG-13)

Robert Downey Jr., Chris Evans
10. Rocketman (R)

Taron Egerton, James Bell

TOP 10 V.O.D.

1. Dumbo (PG)

Colin Farrell
2. Us (R)

Lupita Nyong'o
3. Captain Marvel (PG-13)

Brie Larson
4. Hotel Mumbai (R)

Dev Patel
5. The Upside (PG-13)

Kevin Hart
6. Wonder Park (PG)

animated
7. Five Feet Apart (PG-13)

Haley Lu Richardson
8. Tyler Perry's A Madea Family Funeral (PG-13)

Tyler Perry
9. The Aftermath (R)

Keira Knightley
10. The Mustang (R)

Matthias Schoenaerts



Jeté Lawrence in “Pet Sematary”
[Kerry Hayes/Paramount Pictures]

PICKS OF THE WEEK

“Pet Sematary” (R) -- Everything old is new again as directors Kevin Kölsch and Dennis Widmyer rehash Stephen King’s 1983 novel about occult influences in the graveyard. Dr. Louis Creed (Jason Clarke) and family relocate to bucolic Maine. After Creed suffers a surprisingly real, prophetic dream, the family cat dies and neighbor Jud Crandall (John Lithgow) takes Creed to a special burial ground to inter it under the watchful eye of the Wendigo. When the cat pops back up the next day, events begin to spiral out of control, including the death and regeneration of Creed’s young daughter. But as they say in the movie (and the other movie, and the book), sometimes, dead is better. Overall, the pace is terribly slow, and while there are some creepy visuals, it’s more jump scare than true terror.

“Little” (PG-13) -- High-tech firm CEO Jordan Sanders (Regina Hall) is a boss -- but not the nice kind. In fact, she’s a terrible human and a bully. She has a

run-in with a kid magician who wishes that Jordan was a kid too (so, she could get the comeuppance she deserves) and lo and behold, she wakes up 13 years old (played by Marsai Martin). Her overburdened assistant April (Issa Rae) is left to hold down the company while the newly teen Jordan takes a heaping helping of humility at middle school -- but not before parading around like an absolute tyrant. Although there are supposed to be some lessons here, instead there are mom jokes and girl gags that are pretty cute.

“High Life” (R) -- A lone traveler through space (Robert Pattinson) raises a child while contemplating the events that led to her birth and the prospect of her future as they approach a black hole. Circa-not-too-distant future, a group of death row prisoners are transported on a spacecraft on an energy-finding mission, alongside a disturbing doctor/warden (Juliette Binoche) with her own ulterior motive: architect procreation in space. Although visually beautiful in its contrast of clinical, mechanical space and warm, lush memories of earth, I felt it was unnecessarily weird and too graphically sexual. Binoche and Pattinson turn in strong performances, as does Andre Benjamin.

“The Professor” (R) -- Johnny Depp is a university professor who, after being given a death-sentence diagnosis of stage 4 lung cancer, decides to rachet up the rakishness and go full crazy until the bitter end -- this includes drugs, lechery, typical bad boy behavior, saying exactly what he thinks, and you get the drift. Although he’s taken some knocks for his foppish hairstyle and overdone look in this film, I thought he looked good. But you can only take Level 10 Depp in small doses, and unfortunately this is about 40 minutes too long.

1. Which 1983 song is known as “P.Y.T.”?

2. What was the payola scandal that rocked the music industry?

3. In which song by Peter Gabriel did he have the drummer hit a phone book instead of a drum? (Hint: His heart was going “boom, boom, boom.”)

4. Who released an album with the unlikely title of “Mud Slide Slim and the Blue Horizon”?

5. Name the song that contains this lyric: “I can’t sleep at night, I toss and turn, Listenin’ for the telephone, But when I get your call I’m all choked up.”



1. “Pretty Young Thing,” by Michael Jackson. He put it on his “Thriller” album but never sang the song live. The backup singers were his sisters LaToya and Janet. 2. Radio DJs would take money to give airtime to certain songs, which is illegal, unless disclosed when the song is played. It’s basically a commercial bribe. 3. “Salsbury Hill” The song was used in the season finale of AMC’s “Halt and Catch Fire.” 4. James Taylor, in 1971. 5. “Every Little Step,” by Bobby Brown in 1989 on his “Don’t Be Cruel” album. The song netted Brown his first Grammy, for Best Male R&B Vocal Performance.

Sports Quiz

BY CHRIS RICHCREEK

1. Who holds the New York Yankees pitching record for most appearances in a season?

2. Name the player before Joey Votto (2016-18) to start at least 202 consecutive games for the Cincinnati Reds.

3. Who was the first quarterback in Washington Redskins history to have three seasons for 25 or more TD passes?

4. Name the last time before the 2018-19 season (Kansas State, Texas Tech) that Kansas was not at least co-champion of the Big 12 men’s basketball regular season?

5. Who was the only Toronto Maple Leafs player before Mitch Marner in 2019 to score on a penalty shot in the NHL playoffs?

6. Colton Herta, 18, became the youngest race winner in IndyCar history in 2019. Who had been the youngest winner?

7. When was the last time the French Open had a men’s singles semifinalist older than Roger Federer (37 in 2019)?

1. Paul Quantmly, with 86 in 2004. 2. Pete Rose started 370 consecutive games (1973-76). 3. Kirk Cousins (2015-17). 4. The 2003-04 season, when Oklahoma State was the regular-season champion. 5. Mats Sundin, in 1999. 6. Graham Rahal was 19 when he won a race in 2008. 7. It was 1968, when 40-year-old Pancho Gonzalez reached the semifinals of the French Open.

Weekly SUDOKU

by Linda Thistle

	7				1		9	
9		8		5		3		
		4	3			1		5
7					3	8		
		6	7	8			1	
	8		9					2
6	3				5		4	
		9	6				8	7
	4			2		6		

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦♦

♦ Moderate

♦♦ Challenging

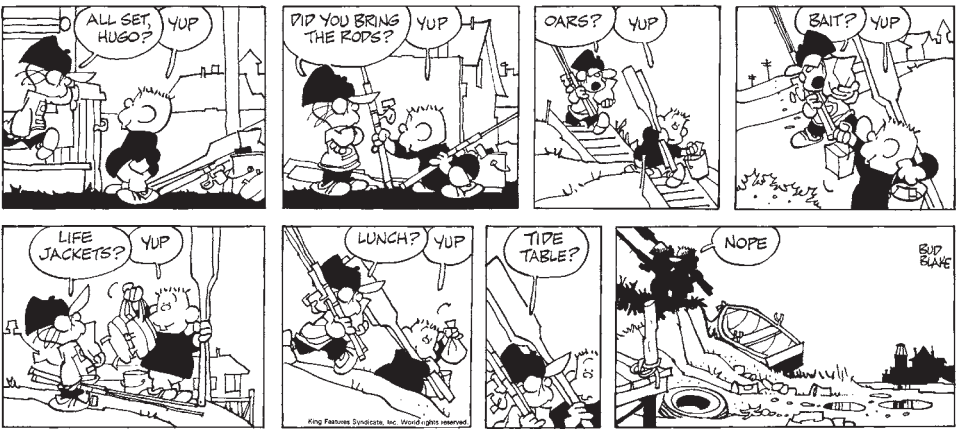
♦♦♦ HOO BOY!

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Sudoku answers
on page 28

COMICS/CROSSWORD/HOLLYWOOD

TIGER



The Spats



Amber Waves



King Crossword

ACROSS

- 1 Periodicals, for short
- 5 Cistern
- 8 Last writes
- 12 Guitarist Clapton
- 13 Brewery product
- 14 Infamous Roman
- 15 Genesis maker
- 16 Fan of classical music
- 18 Barbershop job
- 20 Stir up
- 21 Get on in years
- 22 Lubricate
- 23 Synagogue VIP
- 26 Hew
- 30 Swelled head
- 31 Write in the margins
- 32 Pod denizen
- 33 On the — (secretly)
- 36 Caulking material
- 38 A billion years
- 39 2,000 pounds
- 40 Angry dog's sound
- 43 Sleazy sort
- 47 Throughout your time
- 49 Rewrite, maybe
- 50 Satan's spe-

1	2	3	4	5	6	7	8	9	10	11
12				13			14			
15				16			17			
18				19			20			
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23	24	25			26			27	28	29
30				31				32		
33			34	35			36	37		
			38			39				
40	41	42			43			44	45	46
47					48			49		
50				51				52		
53				54				55		

- 9 Suitor
- 10 Eye part
- 11 Ripped
- 17 Sandlike material
- 19 Modern film trickery
- 22 Chic no more
- 23 Scarlet
- 24 In earlier times
- 25 Violinist's need
- 26 Calf's mom
- 27 Choose, with "for"
- 28 Drenched
- 29 Aye opponent
- 31 "The Daily Show With — Stewart"
- 34 Staircase posts
- 35 Lounge around
- 36 "Bam!"
- 37 Except if
- 39 Forum garb
- 40 Singer Campbell
- 41 Split apart
- 42 "Think nothing —"
- 43 Takeoff's opposite (Abbr.)
- 44 Concept
- 45 Some ever-greens
- 46 Greek vowels
- 48 LummoX

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HOLLYWOOD

BY TONY RIZZO

"Game of Thrones" stars have moved on. Richard Madden, who scored big as Elton John's lover in "Rocketman," is up next in Sam Mendes' "1917," with Benedict Cumberbatch and Colin Firth. Though the 33-year-old Scotsman played a gay man in "Rocketman," he prefers not to discuss his private life and has been dogged by the press, who think his relationship with his "out" gay actor roommate and constant companion, 25-year-old Brandon Flynn (who recurred in HBO's "True Detective" and the Netflix series "13 Reasons Why"), are more than "just friends."

Emilia Clarke stars with Henry Golding and Emma Thompson in "Last Christmas" (in theaters Nov. 8) and "Above Suspicion," with Jack Huston. Sophie Turner, late of "Dark Phoenix," who recently became Mrs. Joe Jonas (of the Jonas Brothers), stars in "Broken Soldier," with Ray Liotta and Mark Kassen. Nikolaj Coster-Waldau has made two films in his native Scandinavia: "Suicide Tourist" and "Notat." Peter Dinklage is next in the animated feature "The Croods 2" (out Sept. 8, 2020).

Kit Harington, who came away from "Thrones" as the biggest star, must have had the greatest pressure, because he used his break to enter a treatment center to work on personal issues. Could those "issues" be because of his "Game of Thrones" co-star Rose Leslie, whom he wed in June 2018, or overmedicating?

"Slumdog Millionaire" Oscar-winning director Danny Boyle, who also directed the current Beatles songfest "Yesterday," is touting Robert Pattinson to become 007 after Daniel Craig completes his second of the two current Bond films. Problem is that Pattinson just signed to play Batman, and Boyle



Richard Madden
[Dave Benett/Creative Commons]

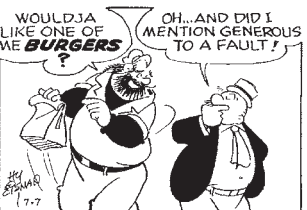
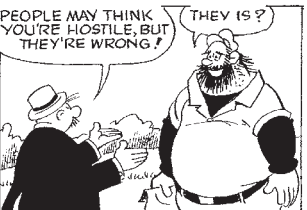
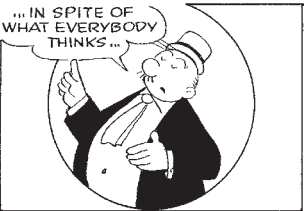
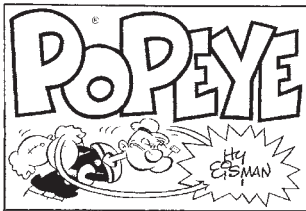
quit directing the current Bond films due to creative differences.

George Clooney, currently in the Hulu series "Catch 22," has signed with Netflix to direct and star in the post-apocalyptic film "Good Morning, Midnight," about a lonely arctic scientist who tries to make contact with the crew of a spacecraft as it returns to Earth.

The original Agatha Christie hit "Death on The Nile" (1978) starred Peter Ustinov (as Hercule Poirot), Maggie Smith, Angela Lansbury, Bette Davis, Mia Farrow, David Niven and George Kennedy, but the remake stars only director Kenneth Branagh (as Poirot), with Armie Hammer, "Wonder Woman" Gal Gadot and some unknowns. Branagh's other Christie remake, "Murder on the Orient Express," grabbed \$363 million. Can he do it again with this cast?

Ryan Murphy and Netflix have united to bring the Tony Award-winning cast of the 50th anniversary production of "The Boys in the Band" -- starring Jim Parsons, Zachary Quinto, Andrew Rannells and Matt Bomer -- to movie and TV screens. Spoiler alert: It has no band and is not a musical, but they're all very funny and light ... in their loafers!

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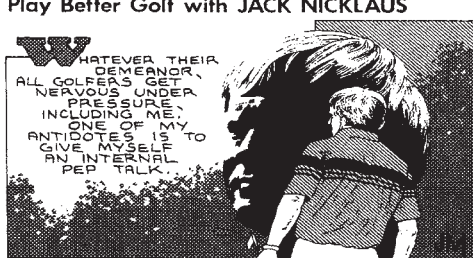
ROTATE ON THE SERVE

To hit a good serve, you've got to rotate lots of body parts. You should turn your hips and shoulders as you hit the ball. Also, if you are holding the racket correctly, you'll need to rotate your forearm during the serve, so the racket face is flat on contact.


This natural rotation of the wrist and forearm is called "pronation." If you allow your forearm to spin away from your body, turning your thumb downward after contact, you will add power to your serve.



Play Better Golf with JACK NICKLAUS



WHATEVER THEIR DEMEANOR, ALL GOLFERS GET NERVOUS UNDER PRESSURE, INCLUDING ME. ONE OF MY ANTIDOTES IS TO GIVE MYSELF AN INTERNAL PEP TALK.



IN IT I REMIND MYSELF TO PLAN AND PLAY ONLY ONE SHOT AT A TIME. TO LIVE IN THE PRESENT RATHER THAN THE FUTURE. AND TO THINK POSITIVELY RATHER THAN NEGATIVELY.

TRY TALKING TO YOURSELF THIS WAY THE NEXT TIME YOUR NERVES START JUMPING.

Weekly SUDOKU

Answer

5	7	3	2	6	1	4	9	8
9	1	8	4	5	7	3	2	6
2	6	4	3	9	8	1	7	5
7	2	1	5	4	3	8	6	9
3	9	6	7	8	2	5	1	4
4	8	5	9	1	6	7	3	2
6	3	2	8	7	5	9	4	1
1	5	9	6	3	4	2	8	7
8	4	7	1	2	9	6	5	3

King Crossword

Answers

Solution time: 21 mins.

M	A	G	S		V	A	T		O	B	I	T
E	R	I	C		A	L	E		N	E	R	O
S	E	G	A		L	O	N	G	H	A	I	R
H	A	I	R		C	U	T		R	O	U	S
			A		G	E			O	I	L	
R	A	B	B	I		C	U	T		D	O	W
E	G	O			J	O	T		P	E	A	
D	O	W	N		L	O	W		P	U	T	T
			E		O	N			T	O	N	
G	R	O	W		L				L	O	W	L
L	I	F	E		L	O	N		E	D	I	T
E	V	I	L		A	D	A		S	E	R	A
N	E	T	S		F	G	S		S	A	S	S

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Transition of Leadership at Derby Historical Society

The Derby Historical Society (DHS) announces the transition of leadership from Paula J. Norton, who after serving the DHS for over 9-years is passing the baton to Daniel L. Bosques. As Executive Director, Daniel, who has also been involved with the DHS for 9-years will continue in the legacy of serving the lower Naugatuck Valley towns of Ansonia, Derby, Oxford, Seymour, & Shelton.

Paula and Daniel are pictured here

alongside some of the docents who help make the David Humphreys House come to life with their award-winning A Day in 1762 school program, as well as during numerous open houses and events; this will be the 39th-year that the Derby Historical Society offers this field trip to students from all over Connecticut.

You can reach the DHS with inquiries at Dan@derbyhistorical.org or by calling 203-735-1908.



Orange Historical Society presents its annual American Girl Doll Camp August 14, 15 & 16 from 9:00 to 12:00 at the Orange Congregational Church, Orange Center Road. For reservations call 203 389-4688.

The Orange Historical Society Antique Shop is open Saturdays 10-3 at 605 Orange Center Road. We now have a trailer full of 30s and 40s furniture from a local house in Orange for sale as well as the antiques and collectibles in the Academy building. Looking for something special? We just may have what you're looking for. Feel free to come and browse.



DEATH NOTICES

The Woodbridge Town News will publish Death Notices for Woodbridge and Bethany families free of charge as a service to our readers. Family members please email notice (limit 250 words, please) to: edit@woodbridgetownnews.com

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Bark Bytes... BY VICKI & RICHARD HOROWITZ



Helping Your Dog Overcome Their Fear of Water

Wherever you live, summertime means pool and boating activities. Please remember that not all dogs can swim. Although most dogs will start to paddle if they accidentally fall into water, many breeds can't keep their heads above water.

Certain breeds are not known to be great swimmers. These include boxers, bull dogs, and pugs. Also, most dogs with large heads that are densely muscled can have problems in the water. Other dogs that are not known to be great swimmers are the Pekingese, Staffordshire bull terrier, Bassett hounds and Dachshunds.

Understand that there are exceptions in every breed, so if your dog knows how to swim, that's great! However, there are many dogs that do not like water and are afraid at the sight of a kiddie pool.

Don't fret! Here's how to help your pup overcome his fear of water:

Start Slowly

Never throw your dog into the water by surprise or you may unwittingly give him a phobia of the water. Your dog may panic and never feel confident in the water if you do this. Instead, start by offering treats from the water's edge, luring your dog closer to the water (via a ramp so your dog doesn't have to enter the water suddenly) until he's ready to get his paws wet. In a kiddie pool, you can do this until your dog is happy to stand in a few inches of water, then you can add water at each subsequent session until the water is as deep as you need it to be.

Don't Force It

Never push a dog into the water or drop them in. Chances are, your dog will panic and sink. You need to make

the experience fun, so water does not act like a 'trigger' in future encounters. Use treats and toys to lure your pet into the water. If your pet goes to the edge of the ramp but isn't ready to get in the water, try calling him into your arms or simply pick him up and bring him into the water with you. If he is tense, do not proceed. He may panic and scratch or bite to get away. If he is calm, walk into the water while keeping his head above the water and speak in a soothing voice to help keep him calm.

Use a Floatation Device

Lifejackets aren't just for people--they can keep your pet safe while he's finding his 'sea paws.' Use a vet-approved life preserver made for dogs when you are going to be out in deep, open waters. You can get your dog used to wearing it while he's in the pool so he'll know how to move while wearing the life preserver.

Be sure to watch for signs of exhaustion. Some dogs will chase a ball or a Frisbee again and again until they nearly collapse. 'Fetching' is a little less exhausting on land because there is always a place to rest.

With a little planning, patience and forethought, you can help your dog swim without incident whether it be a pool, lake, ocean or river. Just remember, if you are taking your dog into the water, rinse him off to avoid ear mites, eye infections and insects which can imbed themselves into his fur.

Most of all, be safe!

Vicki and Richard Horowitz are dog behavioral therapists and trainers with Bark Busters, the world's largest dog training company. For more information, call 1-877-500-BARK (2275) or visit www.dog-training-new-haven-ct.com.



ARIES (March 21 to April 19) Your honesty is, as always, admirable. But you might want to be more tactful in discussing a sensitive issue with a family member. Remember: You can give advice without giving offense.

TAURUS (April 20 to May 20) An unexpected workplace snag should be handled quickly and efficiently so that it leaves you time for family get-togethers. Also, you might soon get that long-sought apology.

GEMINI (May 21 to June 20) Aspects favor family matters, especially where children might be involved. Spending time with loved ones helps restore some much-needed balance to your typically busy schedule.

CANCER (June 21 to July 22) That seemingly clear-cut agreement might not be quite so straightforward after all. Recheck for language that could make you liable for hidden costs and other unpleasant surprises.

LEO (July 23 to August 22) Careful, Kitty. Better to deal with someone with proven reliability than with a big talker who promises much but can't confirm that he or she will deliver. Your social life really zings this weekend.

VIRGO (August 23 to September 22) Your matchmaking skills are at peak performance levels both in helping to staff workplace teams for upcoming projects and for bringing people together on a more personal basis.

LIBRA (September 23 to October 22) You're finally seeing some progress with your new venture. But be prepared for it to continue at a slower pace than you're used to. Meanwhile, a loved one could be preparing a surprise.

SCORPIO (October 23 to November 21) A family member's success pulls you into the spotlight as well. Enjoy it, but don't let it overshadow or otherwise obstruct what you're doing with your own creative projects.

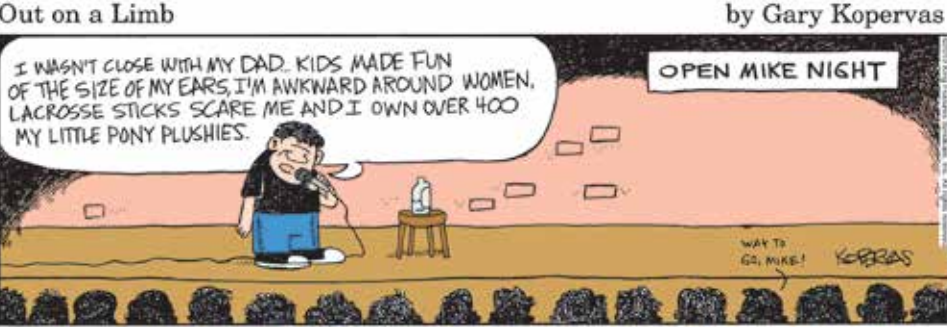
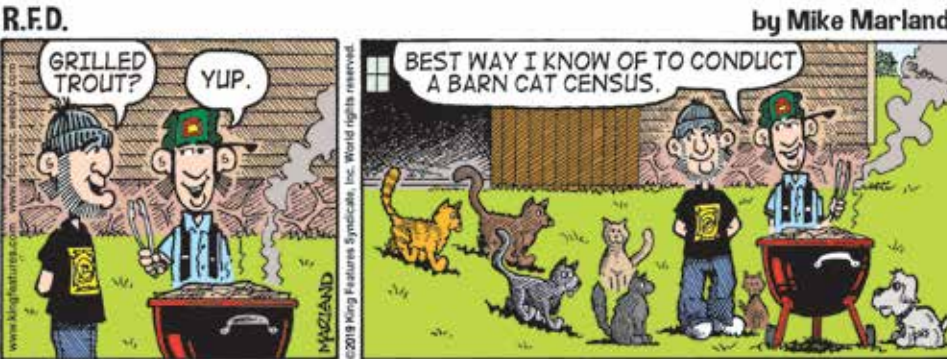
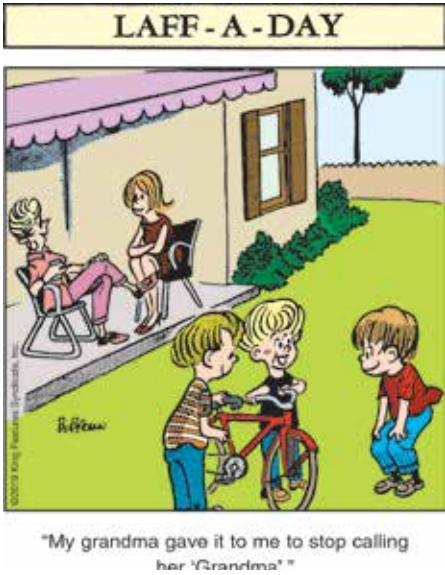
SAGITTARIUS (November 22 to December 21) Using what you already know might not be quite enough to get a proposed project off the ground. Look for any new information that might help tilt the scales in your favor.

CAPRICORN (December 22 to January 19) Good news: While a changing workplace environment can be daunting for some, it could be the challenge you've been hoping for. If so, confront it with confidence and move on.

AQUARIUS (January 20 to February 18) It's a good time to recheck travel arrangements for any changes that could work to your advantage. Aspects also favor strengthening and restoring old, fraying relationships.

PISCES (February 19 to March 20) Using your intuitive reasoning helps you cut right through the double-talk and go straight to what's really going on around you. Stay the course until all your questions are answered.

BORN THIS WEEK: You radiate light and warmth, and others love being close to you.



top ten

MOST AGGRESSIVE DRIVERS

1. Los Angeles
2. Philadelphia
3. Sacramento
4. Atlanta
5. San Francisco
6. San Diego
7. Orlando
8. Detroit
9. Austin
10. Las Vegas

Source: GasBuddy

HOCUS-FOCUS

BY HENRY BOLTINOFF

Find at least six differences in details between panels.

Differences: 1. Boy's hat is black. 2. Notice added to bulletin board. 3. Boy is holding a magnifying glass. 4. Officer has four stripes. 5. Officer has two buttons. 6. Desk sergeant's badge is missing.

Opossum Might Make a Good Neighbor

DEAR PAW'S CORNER: A family of possums has moved in under my porch. They are hideous looking. Are they a threat to my cat? -- Julia in New Jersey

DEAR JULIA: Healthy opossums pose little or no threat to your cat, as long as it doesn't bother them. As scary as their pointed faces appear, opossums (pronounced "possums") are not a threat to pets nor to you. In fact, they can be beneficial.

Opossums are nocturnal creatures that avoid other wildlife -- meaning they move around mostly at night and try to stay out of the way of, well, anything bigger than them. If you're out at night and accidentally come face to face with an opossum -- as I've done occasionally, especially growing up in the South -- you'll probably get hissed at, which is frightening, but not attacked. When threatened, they often flop over and emit a foul-smelling fart. (They're

not really "playing dead," as it's a reaction triggered by stress). Opossums may not even do structural damage under your porch, unlike raccoons and other small mammals.

Opossums really are remarkable animals. They're the only marsupial in North America, carrying their young in a pouch. (Possums without the "o" are an entirely different marsupial species found in Australia and the south Pacific region.) Opossums are omnivorous and eat snakes (even poisonous ones), slugs, grubs and roaches. They are reportedly resistant to the rabies virus and to Lyme disease, and they even eat ticks with no ill effects -- up to 5,000 per year!

If you still don't want a family of opossums around, contact a pest removal service to trap the family and release them safely somewhere else.

SEND YOUR QUESTIONS OR COMMENTS TO ASK@PAWSCORNER.COM.

The Garden Bug

Mid-summer garden checklist

- Provide a water source for birds, and keep its container clean.
- Remove infected leaves from plants and do not compost them. Bag them for pick-up or burn them (safely).
- Continue fungicidal sprays as needed.
- Fertilize container plants every two weeks with a water-soluble solution.
- Keep deadheading spent annual flowers for continued blooming. - B. Weaver

Source: www.missouribotanicalgarden.org

ORANGE VOLUNTEER FIREMANS CARNIVAL



AUGUST 1, 2, 3 & 4

Thursday 5:00 PM to 11:00 PM • Friday 5:00 PM to 12:00 Midnight
Saturday 12:00 Noon to 12:00 Midnight • Sunday 12:00 Noon to 5:00 PM

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2019 RAFFLE PRIZES

1st Prize - \$10,000 Visa Gift Card - People's Bank • **2nd Prize** - \$5,000 Visa Gift Card - People's Bank • **3rd Prize** - \$3,000 Visa Gift Card - People's Bank
4th Prize - \$2,500 Gift Certificate - Anytime Fitness, 560 Boston Post Road, Orange, CT (Orange, CT Location Only) • **5th Prize** - \$1,200 Gift Certificate - Diamond Designs, 500 Boston Post Road, Orange, CT • **6th Prize** - Apple iPad WiFi, 128GB - Best Buy, 53 Boston Post Road, Orange, CT • **7th Prize** - \$400 Gift Card - ShopRite, 935 Boston Post Road, Orange, CT • **8th Prize** - \$350 Gift Card - Exxon Quick Stop, 404 Boston Post Road, Orange, CT • **9th Prize** - \$250 Gift Card - Knights, Inc., 286 Boston Post Road, Orange, CT • **10th Prize** - \$200 Gift Card - Kohl's, 250 Bull Hill Lane, Orange, CT • **11th Prize** - Gift Card - Outback Steakhouse, 132 Marsh Hill Road, Orange, CT

LOCATIONS TO PURCHASE RAFFLE TICKETS

People's Bank
653 Orange Center Road,
Orange, CT

First Selectman's Office
Orange Town Hall
M-F 8:30 AM - 4:30 PM

Knight's Power Equipment
286 Boston Post Road
M-F 8:30 AM - 4:00 PM;
Saturday 8:30 AM - 12 Noon

Chip's Family Restaurant
321 Boston Post Road
7 days a week, 7:00 AM - 8:00 PM

Orange Firemen's Carnival
Orange Fairgrounds
July 30, 31, August 1, 2
during Carnival Hours

Drawing to be held on Sunday,
August 4th, 2019 at 4:30 p.m.
at the Orange Fairgrounds, 525
Orange Center Road, Orange, CT

Ticket holders need not be
present to win.

Alcoholic beverages not included

Tickets \$5.00/each



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