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Celebrate Woodbridge With Fallapalooza

This month we celebrate “All Things Woodbridge” with Fallapalooza, a series of fun fall events during the month of October.

The celebration kicks off with the Human Services Department’s second annual Living Treasure Awards Dinner on October 2, and ends with a bang at the Woodbridge Volunteer Fire Association’s Truck or Treat and Spooktacular Fireworks, held on Halloween (October 31).

Other events include the Woodbridge Road Race on October 5, a Valley Shakespeare performance of “Two Gentlemen of Verona” at Massaro Community Farm on October 5 and 6, the JCC’s Family Fun Day and Open House on October 6, a spirit investigator at the Library on October 8, the second annual Arts & Music Weekend at the First Church of Christ (including crafts, live music, dance performances,

an art show, and a square dance) October 18-20, Woodbridge Trails Day October 19, a pumpkin presentation by Robin Glowa at the Library October 23, Progression Salon’s annual Pampered in Pink event on October 26, Tennis Central’s Open House on October 26 and a demonstration with live reptiles at the Library also on October 26.

Event details are available at woodbridgect.org/Fallapalooza and on the Town calendar. This series of events is being organized by the ad hoc Community Council, created by First Selectman Beth Heller to organize events and provide other opportunities for Woodbridge residents to interact, learn about each other’s culture, create community and celebrate Woodbridge.

Also, remember to save the date for our Annual Veteran’s Day ceremony on Monday, November 11. Please join as we honor those who served our county.



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All articles, photographs and letters must include your name, address and daytime telephone number for confirmation. The Woodbridge Town News reserves the right to reject any advertisement, article, photograph or letter. Letters to the Editor must be unique to the Woodbridge Town News.

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Woodbridge Town News

Below are the next three issue dates and deadlines of the Woodbridge Town News.

Thank you for your submissions to Your Home Town Newspaper.

Upcoming Issue Date

Issue Deadline

November 1 | Veteran's Day Issue..... October 25

November 22 | Thanksgiving Issue..... November 15

December 13 | Holiday Issue December 6

Note: Copy due by 4:00p.m. Thank you.

FROM OUR READERS

Ask Questions, Attend Meetings on WCC Proposal

As I read the article "From the First Selectman" in the August 30th edition of the Woodbridge Town News, I am shaking my head as I both laugh and get angry. This administration is determined to develop the magnificent 150 acre parcel many residents still referred to as the Woodbridge Country Club.

After failed attempts to "sell" their development plans in both 2011 and 2016, the administration has put a new spin on trying to win residents over to approving the sale of the property. I saw the 'draft' of the town's map for potential use of the remaining 95 acres. Some of the items listed: Frisbee golf, picnic area with pavilion, veteran's memorial area, biking/walking/jogging trails. The list goes on.

Several residents have attended Board of Selectmen meetings asking the town to mow the golf course as people still wish to walk and enjoy the beauty that only nature can take away. As you drive by the property you will notice the state of disrepair that is still our beloved golf course. If the town cannot care for what we presently have, what makes anyone think they can care for this 'make believe haven' for residents they are suggesting?

Who is going to pay for the maintenance of this wish list assuming it were to ever come to fruition? Not once has the town previously submitted a plan for what they envision for the entire golf course property. This is, in my opinion, a new ploy to get people to change their minds regarding development.

The town is saying they need the money from the sale of the property to pay down debt and balance the budget. Perhaps the town should be looking at different avenues for increasing revenue rather than destroying the reason many people moved to Woodbridge in the first place...quality of life!

It is my understanding that Brian St. Pierre, the chosen developer, has been trying to get financial backing for several months. If his plan had that much potential, one would think that he could have found financing quite easily.

Could it be the possibility of an economic downturn on the horizon? Could it be that his proposal is not realistic for the New Haven, or Connecticut market? Do you remember how many years it took Fieldstone Village to finally be built due to the economic downturn? The answer is 11 years.

If you think you will be able to afford to 'downsize' to the community Mr. St. Pierre is proposing, think again. You will probably be paying more for less house than you presently own... assuming you can even sell your house. Still, the administration keeps pressing forward.

Woodbridge residents: Please ask questions. Attend Board of Selectmen meetings. The future of our community is in your hands!

Woodbridge, we can do better!

Cheryl Lipson

Woodbridge Voters Will Have Their Opportunity to Weigh In

Woodbridge voters have not approved any sale of the former country club property to a developer. Yet, recent communications from our First Selectman suggest that she thinks the sale is going to happen. For example, Ms. Heller states, "We continue to move forward with plans to develop part of the former country club property." On the assumption that there will be a sale, she created a committee to consider ideas for the use of the portion of the property that will not be developed and there is even a map of a draft plan of those uses available on the Town website. (See identical articles in the August 30, 2019 Woodbridge Town News.)

See "From Our Readers" On Page 29

Woodbridge Town News

WTN LETTERS POLICY

Submit your letters for our "From Our Readers" section to: Woodbridge Town News, P.O. Box 1126, Orange, CT 06477 or email: letters@woodbridgetownnews.com.

Please limit letters to 500 words and include a daytime phone number in case we have any questions. Letters must be exclusive to the Woodbridge Town News for publication. We reserve the right to reject any letter.

WOODBRIDGE EDUCATION ROUNDUP

Amity Academic Hall of Honor & Athletic Hall of Fame

The 2019-2020 Amity Academic Hall of Honor & Athletic Hall of Fame induction ceremony will be held on October 24, 2019 at The Grassy Hill Country Club in Orange beginning at 5:30 p.m.

HONOREES INCLUDE:

Gabrielle L. Corradino
Class of 2007
Academic Hall of Honor
Marine Scientist, Plankton Ecologist, Oceanographer, National Geographic

Chris Diette
Class of 2004
Athletic Hall of Fame
Boys Swimming/Boys Lacrosse

Edward “Ted” Czepiga
Class of 2004
Athletic Hall of Fame
Football/ Boys Lacrosse

Susanne M. Duffy
Academic Hall of Honor
Educator

Michael Effley
Class of 1988
Academic Hall of Honor
Federal Bureau of Investigation

Gary Lindgren
Athletic Hall of Fame
Boys Ice Hockey Coach/ Educator

Patricia Mascia
Athletic Hall of Fame
Field Hockey Coach / Girls Basketball Coach / Educator

Nic Novicki
Class of 2001
Academic Hall of Honor

Actor, Comedian, Public Speaker
Jack Santucci
Class of 2001
Academic Hall of Honor
Assistant Teaching Professor, Drexel University

Esther Pan Sloane
Class of 1993
Academic Hall of Honor
United Nations Capital Development Fund

Dawn Stanton
Class of 1986
Athletic Hall of Fame
Girls Indoor & Outdoor Track & Field

Amanda (Vargo) Zapatka
Class of 2004
Athletic Hall of Fame
Girls Soccer, Girls Basketball

Dinner tickets are \$50 in advance with a purchase deadline of October 1, 2019. There will be no tickets for purchase at the door.

For Athletic Hall of Fame tickets make checks made payable to Amity Alumni Athletic Hall of Fame and mail to:

Amity High School Athletic Department
Attn. Lori Bonney
25 Newton Road, Woodbridge, CT 06525

For Academic Hall of Honor tickets make checks made payable to the Amity Hall of Honor and mail to:

Amity District Office
Attn. Carol Lange
25 Newton Road, Woodbridge, CT 06525.



SCHA Welcomes Visiting Student From Poland

SCHA (Southern Connecticut Hebrew Academy) is thrilled to start the first day of school with a special visiting student from Poland, Noemi Stankowska. Noemi (12) attends the Lauder-Morasha School in Warsaw, Poland. She came to the USA to spend the summer in a Jewish camp to strengthen her commitment to Torah and mitzvot. SCHA has decided to enroll Neomi as its student to deepen her Jewish experience. Together with 240 other Jewish children from Greater New Haven, she will have the exceptional opportunity to taste an in-depth learning of Jewish texts and enjoy the excellent general education provided at SCHA.

Noemi Stankowska is a granddaughter of David Sterbach who was a Holocaust survivor. He was sent to Siberia and after the war returned to Poland. He decided to stay in Poland

and help to rebuild its Jewish community. He passed away two years ago at the age of 99. Noemi’s father, Mr. Albert Stankowska continues his father’s effort to rebuild Jewish life in Poland. He is also the director of a newly established Warsaw Ghetto Museum in Warsaw. The museum is currently under construction and it will open in 2023, on the 80th anniversary commemoration of the Warsaw Ghetto Uprising. The museum is actively searching for relics, objects of historical value, documents, photographs, or letters related to the Warsaw Ghetto for its permanent exhibition. If you’re interested in providing the museum such items please contact SCHA.

The school community welcomes Noemi with much enthusiasm and takes this opportunity to wish all its students and staff a great school year.

Howard Jacobson Scholarship Award

ANNOUNCED BY CABLE ADVISORY COUNCIL

CAC Area 2 will bestow two scholarships in memory of former longtime Chairperson Howard Jacobson. One high school and one college student studying film, mass communications, and television or media studies will receive \$500 to help further their studies.

The Cable Advisory Council of Area 2, which serves the towns of Fairfield, Bridgeport, Stratford, Milford, Orange and Woodbridge promotes quality Community Access Television. The Council is an ongoing asset for Cable Area 2 with the support of Altice/Cablevision.

Scholarship Qualifications & Criteria - Applicants must be able to prove:

- They are residents of one of the six CAC area towns – Fairfield, Bridgeport, Stratford, Milford, Orange or Woodbridge – currently attending a high school, community college,

college or university.

- They have a declared a major in the mass communications, or media studies. Along with pursuing a career in this field, they are taking classes or engaged in independent studies.
- They are in good standing with their academic institution.
- They must submit a short essay under 500 words describing their creative coursework, portfolio or project and how it relates to this scholarship award. Supplemental links to media projects are welcome.

The two winners will be selected on the basis of their overall academic performance, portfolio and their personal statement.

Deadline to apply is December 31, 2019. To apply, please email postmaster@cacarea2.com.

Amity Regional High School Science Research Program

Amity Regional High School is pleased to announce that senior, Sophia Wang, was one of three young female inventors featured in Hasbro’s recently released promotional video for its newest game “Ms. Monopoly”. As part of the promotion Hasbro gifted Sophia with one of the first versions of the game. Inside the box was a letter announcing that Hasbro was giving Sophia \$20,580 to be used toward improving her invention.

Sophia is part of the Amity Regional High School’s Science Research Program and has been working on her invention of a real time sinkhole de-

tection system for the past three years. Sophia realized the need for a better detection system during her freshman year and has been working hard to engineer and improve her system ever since. Her invention has awarded her many opportunities including two trips to the Intel International Science and Engineering Fair where just this past spring she earned first award; the ability to compete in the National Invention Convention this past year where she took first place for her grade level; and most recently an invitation to the Korea Science and Engineering Fair that is taking place this fall.

WOODBIDGE EDUCATION ROUNDUP

STUDENT NEWS

Enrollments

James Madison University

Harrisonburg, VA -- Woodbridge, CT resident, William McKeon, has enrolled at James Madison University for the fall 2019 semester. McKeon's selected major is international affairs.

Graduations

University of Connecticut

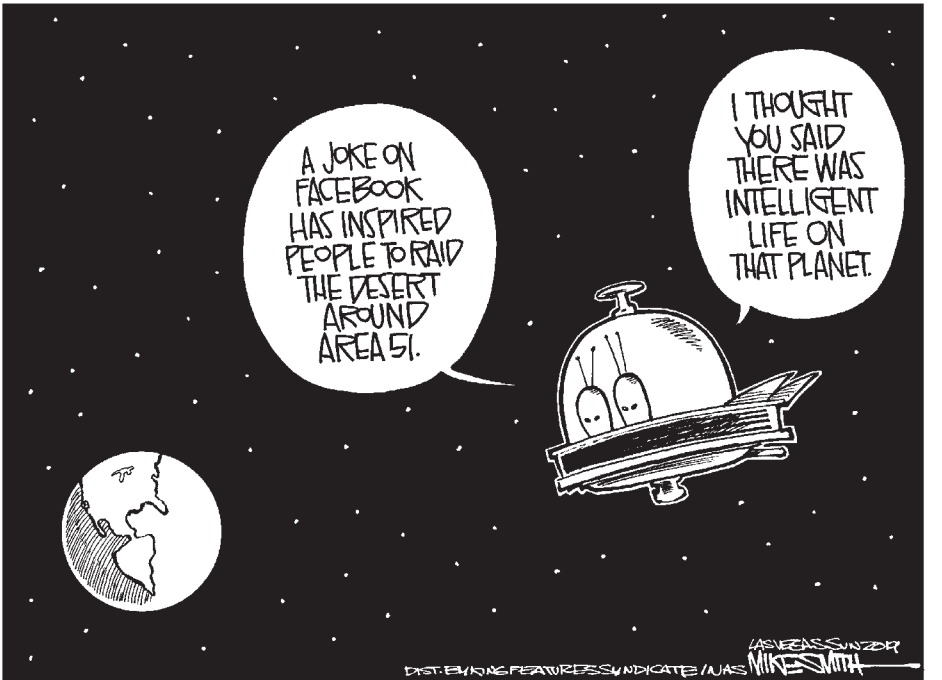
Andrew "AJ" Migani, DMD (Doctor of Dental Medicine) residing in Woodbridge is a recent graduate of the University of Connecticut School of Dental Medicine in Farmington, CT. He joins the Pethick-Migani-D'Ascanio dental practice located in New Haven's historic Wooster Square. Dr. Migani was the recipient of the Olmstead Prize in Geriatric Dentistry upon graduation. Prior to entering dental school, he earned a Bachelor of Science degree in Business with a concentration in Finance from UCONN, Storrs and completed a post-baccalaureate premed program. Dr. Migani is an Eagle Scout and earned the Order of the Arrow, Scouting's highest honor. He is an avid

cyclist, trail runner and snowboard instructor.

Achievements

Western New England University

Springfield, MA -- Kimberly Pocwierz from Woodbridge was among 15 honored to receive the 2019 Skookum Award from the Western New England University Alumni Association. The Skookum Award of Excellence was established in 1989 by the Western New England University Alumni Association as a way to recognize the outstanding achievements of students. The Skookum Award recognizes the commitment and dedicated service of Western New England University students throughout their college career by their demonstrated leadership roles on campus, community service/volunteer experiences, and participation in athletics and cocurricular programs. The word Skookum means excellence in the Chinook Indian culture. Pocwierz is working toward a BSE in Biomedical Engineering.



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Woodbridge Town News

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Joseph DiGioia
Facilities



Adrienne Betz
College of Arts & Sciences



Dennis Hanlon
School of Engineering



John Greenleaf
School of Engineering



Susan Scoopo
School of Communications



Susan Norkus
School of Health Sciences

From the First Selectman BY BETH HELLER



Fall Fun And A CCW Proposal Information Tour

Please join me as we celebrate “All Things Woodbridge” with Fallapalooza this month. Fallapalooza is a series of fun fall events during the month of October. The month kicks off with the Living Treasure Award Dinner on October 2 and ends with a bang at the Woodbridge Volunteer Fire Association’s annual Truck or Treat event with safe fun trick or treating at the Fire House and spooktacular fireworks on Halloween.

The Recreation Commission will again run its annual Road Race on October 5, and the Massaro Community Farm will host a Shakespeare play on October 5 and 6. The JCC invites everyone over to its building for an open house with crafts, farm animals, open swim and an open climb on October 6. The Woodbridge Town Library gets creepy with a ghost hunter on October 8 and a visit from live reptiles on October 26. Plus, the “Power of the Pumpkin” will be explored by local food guru Robin Glowa on October 23.

Over the weekend of October 18-20, the First Church of Christ will host the second annual Arts and Music Festival which will include an art show, live music, dance and crafts for kids during the day and a square dance at night in the Town’s Center Gym. Woodbridge Trails Day is also on Saturday, October 19. There will be a short Family Hike with a ceremonial tree planting at Fitzgerald Field and a more challenging hike. Both hikes start at 9 am and end at the Town Center. There will also be a shredding truck at the Center Building on this day.

Progressions Salon’s annual Pampered in Pink fundraiser is October 26. Details for all these wonderful events are on the Town website at woodbridgetownnews.com/Fallapalooza.

Also, during the month of October residents will be invited to get answers to their questions about the proposal to develop a portion of the former Country Club of Woodbridge.

I have asked Insite Design and its new partner, Wernert Construction, to visit all the Town’s major boards and commissions during October and early November to do a Q & A presentation and give our board and

commission members and the public several opportunities to ask their questions. Once we know the schedule is finalized, we will publish it on the Town website.

I believe strongly that this is an important and worthy project for the Town. Every year it costs the town almost half a million dollars to repay the money we borrowed to buy the former Country Club property.

In these tight financial times that’s money that could be used elsewhere. In the past, both the golf course and the swimming pool lost money. Its time to move on. We can sell a portion for development for 55+ housing, use that money to pay off the debt, saving \$500k every year, keeping almost 100 acres as open space for everyone to enjoy and generate \$1.5M in additional property taxes once the project is finished.

That’s real money that could be used to reduce our mill rate and bring relief to taxpayers.

The proposal is for the Town to sell approximately 60 of the 155 acres for \$5.4 million for construction by Insite/Wernert of no more than 120 units of free-standing active adult (55+) housing. Additionally, Insite/Wernert will remove the old clubhouse, renovate the Town pool and build a new pool house for Town use. The Town will retain approximately 95+/- acres for Town use.

I will ask the Board of Selectmen to schedule a Special Town Meeting for late October or early November and I anticipate a Referendum will be scheduled shortly thereafter.

As I have stated many times, I believe this important matter should be decided by the townspeople at a referendum so everyone will have the opportunity to vote. Let’s let the voters decide!

Lastly, I’d like to congratulate Administrative Officer and Director of Finance Tony Genovese whose office has once again earned the Certificate of Achievement for Excellence in Financial Reporting from the national nonprofit Government Finance Officers Association (GFOA) for fiscal year 2018.

From the Other Side of the Aisle

BY STEPHEN FALCIGNO
WRTC CHAIRMAN



No Ducks In A Row At Development Of The CCW

In a few short months the Administration, in its unrelenting pursuit of development of Woodbridge’s largest pristine tract of land, will most likely call for a referendum authorizing the sale.

Based on the September 17 “News from Town Hall” email where the First Selectman called the proposal a “worthy project,” we should expect the justifications will be several: 1) a quick cash payment of \$5.4M to pay off the existing debt of \$4.5M on the property, with \$900K left over; 2) \$1.7M a year in taxes from over 55 housing which will have no impact on our infrastructure, and 3) a zoning change which they say will protect other parcels from similar development.

Perhaps the administration is painting too rosy a picture here; let’s examine each of these assumptions critically. The initial payment of \$5.4M is correct. It will liquidate the debt and we still hold the property, but the \$900K “left over” will be almost entirely consumed by the required \$800K for CCW environmental remediation (which we wouldn’t have to pay if we held the property). Further, unburdened of this debt, this administration has plans to bond an additional \$6.4M – \$1.4M for the Old Firehouse, and \$5M for renovation of the Police Station! (See p.151 of the 2019 - 2020 budget, note 1.)

The anticipated taxes from the new homes will only be a trickle until all 120 homes are built, in say 5, 10, 15 years, as the Town will see about \$14K per home. That makes \$1.7M a long way off based on Mr. St. Pierre’s announced construction schedule, and is not guaranteed. The proposal states this 55 and over community will initially bar children under 18, but residents of these homes will be hard pressed if circumstances arise, such as a divorced mother with children returning to live with her parents, a tragic death of young parents, an addiction problem requiring rehabilitation, a court ordered custody for grandparents and the like. Surrounding towns have not been able to enforce this restriction, why would we, or indeed why should we? Should school-age children indeed come to live in any of these homes, the \$17K annual cost per student (in today’s dollars) will offset the \$14K

annual tax per home, more than wiping out that anticipated new revenue. If two children are involved, you can do the math.

Other services the Town would have to provide include more police, more fire personnel and equipment, and more Public Works maintenance like plowing and paving of adjacent roads.

Regarding zoning, there are differing legal opinions about restricting this cluster type development to just the CCW parcel. While Atty. David Grogins, from Cohen and Wolfe, feels that the Town is acting correctly if TPZ changes the 1.5-acre zoning of the CCW to less than 1/2 acre per home, Atty. Marjorie Shansky cautioned that there is no way to protect against lawsuits from other developers eying similar properties. Notably, that same David Grogins is the attorney to be hired to consummate the land sale and development contract.

The last assumption in the Administration’s upbeat assessment is that this development will proceed as planned. That prophesizes no downturn in the economy and a market gauged correctly in that there is a substantial demand for houses in the \$500K price range, (note Woodbridge homes in that range today are very slow to sell). Our non-competitive mill rate may send potential buyers to communities like Orange where the mill rate is approximately 20% lower. Mr. St Pierre is planning on building 10 spec homes at a time. If they don’t sell, how long will he sit on the project? How long will his creditors wait to be repaid? What happens if he files for bankruptcy, always a possibility in business? In case of bankruptcy, our Town Attorney wants the right of first refusal to buy back the property. With another bond? To put the Town back into the real estate business? One of the drivers of this proposal was to get out of the real estate business, particularly this parcel. Our “safety net” is to jump right back in?

There is a lot for the voters of Woodbridge to consider about this proposal. We look forward to the upcoming public meetings where we can get past the spin and determine for ourselves if this is truly a worthy project.

Beecher Happenings

BY ROBERT GILBERT
Superintendent of the
Woodbridge School District



The Beecher Road
School GREEN TEAM

BY HILLARY DRUMM

Beecher Road School made some exciting changes for Fall 2019 with respect to waste awareness and reduction. Through a combined effort, the school administration, teachers and the Board of Education Ad Hoc Sustainability Committee, developed many recommendations that lead to actions and change for the entire school this year!

As a part of CT Green LEAF Schools, The Beecher Road School GREEN TEAM has launched! This team is comprised of parents, teachers, staff and community members. We have had a lot of interest but would love to hear from you as well! Please contact us if you'd like to join. We'd love to have you!

On the first day of school in August 2019, with the help of Green Team volunteers, children were coached and encouraged to eat their food and refuse any single use plastic products they do not need. At clean up time, – instead of dumping everything in the trash – students sorted their waste into the following containers: Off Site Food Donation, Liquids, Food Scraps, Recycling and Trash. To help students identify proper receptacles, all barrels were labeled with colors, photos and signs.

The sorting was recommended as follows:

LIQUIDS: (orange buckets) pour out any unfinished beverages to decrease the weight and mess in the trash;

RECYCLING (blue rectangle bin with bottle holes): any CLEAN plastic containers or cardboard;

We explained to the children that containers need to be empty and clean, which is difficult in the cafeteria. It is suggested that containers with lids be brought home or to the classroom to be rinsed.

FOOD SCRAPS (green lined trash can): any/all half eaten or open food materials;

TRASH (black trash can): everything else – especially plastic silverware, plastic baggies, wrappers, plastic/paper plates, foil that has food on it;

We have taught the children, when in doubt, throw it out. It is not worth contaminating the compost or recycling with aspirational sorting; additionally, the school will pay a contamination fee if items are placed in the wrong bins.

FOOD DONATION (purple box on tray carts): any food BOUGHT in the cafeteria that is unopened and uneaten but sealed- i.e., milk, bagged carrots, raisins, apples, any whole fruit. These are being taken by Haven's Harvest to the Woodbridge Senior center (or

other local places for people in need of food). These foods are NOT to be shared amongst children in the cafeteria and children should not be encouraged to buy extra food to donate.

For lunches brought from home, we encourage the children not to discard their waste at all, but to bring it home so their parents have a better understanding of how much they actually eat and can reduce/change accordingly.

In 2018, the waste diversion pilot showed that food waste comprised 33-50% of the trash in Beecher's cafeteria and weighed about 50lbs each day. The first few weeks in the cafeteria this year have shown even more impressive results! The children have donated several boxes of food to Haven's Harvest each week. In the first week of school, they diverted 200lbs of food scraps from the trash. They dumped approximately 5 gallons of liquid down the drain instead of into the trash each day. They recycled many plastic water bottles and clean cardboard containers. There was still a good deal of trash, but much less so than before. The food scraps are being taken by Blue Earth Compost to be turned into energy. We plan to continue to monitor and track the food waste/diversion and encourage the children to brainstorm ways we can decrease our trash and waste even more – such as REDUCING the use of plastic bags/cups or REFUSING food they do not plan to eat.

Additionally, our Green Team has been selling gently-used costumes for \$5 at town events, Beecher Road School (BRS) Open Houses and Socials, promoting the idea of Rebuying, while raising money for the BRS PTO. We have also begun selling reusable, stainless steel water bottles for \$17 with either a Beecher or Woodbridge logo, encouraging the reduction of single use plastics. We will be expanding our sustainability line of merchandise to stainless steel travel mugs and other items.

Beecher's Green Team has promoted waste awareness and living by the many R's: Rethink, Refuse, Reuse, Reduce, Repurpose, Recycle, Rebuy, Rot, Rain Barrel, Repair, Refurbish, React, etc. We will continue to encourage thinking of possibilities and consequences before wasting.

We have just added collection containers for dried up markers! They are in several locations throughout the school. If you have dried markers at home you may send them in. These will be sent out to be recycled.

There are many other small things

See "Beecher" On Page 15

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WOODBRIDGE LIBRARY

For the latest news and information, visit our website at www.woodbridge-townlibrary.org, like us on Facebook @woodbridge.town.library, or sign up for our e-newsletter. Don't forget to follow us on Instagram @woodbridge-townlibrary.

Saturday hours have returned. We are open Monday – Thursday: 10 am to 8 pm, and Friday and Saturday: 10 am to 5 pm.

Adult Programs

For more information about our events, or to register, please contact the reference desk at 203-389-3434. Registration is also available on our website.

Spirits of the World with Dustin Pari

Tuesday, October 8 at 7 pm

You may know Dustin Pari from his numerous appearances on such television programs as “Ghost Hunters,” “Ghost Hunters International,” and “Destination Truth”—now he is coming to Woodbridge! “Spirits of the World,” a special lecture on international ghosts and spirits, will be presented in the meeting room. Dustin has had the good fortune to have been a part of investigations in 26 countries across the globe, conducting research upon 6 of the 7 continents. At this event, he will share some of his favorite stories from investigations in Irish castles, French chateaus, Australian prisons, and more! Grab your passport and prepare for a fun and frightening journey! Registration is required.

Understanding Your Best Friend with Phil Klein, the Dog Listener

Saturday, October 19 at 2 pm

If you want to gain a much better understanding of your dog and its challenging behaviors, this session is for you. Learn the simple, dog-friendly changes in how to interact with your dog to transform its behavior in a kind and lasting way. In doing so, you will have a calmer, happier dog and a more enjoyable relationship with it. Bring your questions for an informative, fun session! While we would love to see your dogs, this is a humans-only event.

Docu-tober Returns!



WOODBRIDGE TOWN LIBRARY

October's Thursday Night Film Screenings will again become DOCU-TOBER, as the Library screens some recently released documentaries. Join us at 7 pm in the meeting room; registration is not required.

Biggest Little Farm

Thursday, October 3 at 7 pm

91 minutes, PG

A testament to the immense complexity of nature, “The Biggest Little Farm” follows two dreamers and a dog on an odyssey to bring harmony to both their lives and the land. When the barking of their beloved dog Todd leads to an eviction notice from their tiny LA apartment, John and Molly Chester make a choice that takes them out of the city and onto 200 acres in the foothills of Ventura County, naively endeavoring to build one of the most diverse farms of its kind in complete coexistence with nature.

Pavarotti

Thursday, October 10 at 7 pm

114 minutes, PG-13

A riveting film that lifts the curtain on the icon who brought opera to the people. Academy Award winner Ron Howard puts audiences front row center for an exploration of the voice, the man, the legend. Luciano Pavarotti gave his life to the music and a voice to the world. This cinematic event features history-making performances and intimate interviews, including never-before-seen footage and cutting-edge Dolby Atmos technology.

Framing John DeLorean

Thursday, October 17 at 7 pm

109 minutes, NR

“Framing John DeLorean” recounts the extraordinary life and legend of the controversial automaker, tracing his meteoric rise through the ranks of General Motors, his obsessive quest to build a sports car that would conquer the world, and his shocking fall from grace on charges of cocaine trafficking. Interweaving a treasure trove of archival footage with dramatic vignettes starring Alec Baldwin, “Framing John DeLorean” is a gripping look at a man

who gambled everything in his pursuit of the American Dream.

Whitney

Thursday, October 24 at 7 pm

120 minutes, R

Whitney Houston broke more music industry records than any other female singer in history. With over 200 million album sales worldwide, she was the only artist to chart seven consecutive U.S. No. 1 singles. She also starred in several blockbuster movies before her brilliant career gave way to erratic behavior, scandals and death at age 48. Using never-before-seen archival footage, exclusive demo recordings, rare performances, audio archives and original interviews with the people who knew her best, this film unravels the mystery behind the life of Whitney Houston.

After Auschwitz

Thursday, October 31 at 7 pm

83 minutes, NR

“After Auschwitz” is a “Post-Holocaust” documentary that follows six extraordinary women, capturing what it means to move from tragedy and trauma towards life. These women all moved to Los Angeles, married, raised children and became “Americans” but they never truly found a place to call home. What makes the story so much more fascinating is how these women saw, interpreted and interacted with the changing face of America in the second half of the 20th century. They serve as our guides on an unbelievable journey, sometimes celebratory, sometimes heart breaking but always inspiring.

Children's Activities & Events

For more information on our Children's Events, please visit our website or call 203-389-3439.

Special Events in October—Please Register Online

Nonfiction Book Club

Thursday, October 10 at 5:30 pm (grades 3 to 6)

Check out a book about rocks or

minerals. Fill out a fact sheet and come ready to discuss what you learned! We'll enjoy a snack and make geodes! Please register so that we know to expect you.

Eager Readers K-2 Book Group

Monday, October 21 at 6:30 pm (for kids entering grades K, 1, and 2)

Register online or at the Children's Desk for this special monthly event. A book will be reserved for each registered child, and will be due the night of the program. Kids must read the book, with or without an adult, at least once before attending. We will have a lively discussion followed by an adorable craft!

Jeepers Creepers

Saturday, October 26 at 2

pm (ages 4 and up)

Just in time for Halloween, Riverside Reptiles visits the library! Encounter some creepy-looking creatures, including a variety of reptiles, amphibians, arachnids, and insects. Kids (and their adults) will be able to see and touch many of these animals—don't worry, they won't bite! Ages 4 and older with an adult. Registration is required—space is limited.

littleBits Workshop

Saturday, October 26 at 2

pm (ages 7 and up)

Join us for experimentation with circuitry as we explore the world of littleBits. See what you can build! No registration required.

Ongoing Childrens Programming Baby Rhyme Time (0-18 months)

Every Wednesday, 10:30-11 am

Join us for songs and rhymes, fun for little ones. No registration.

Rhythm and Rhyme (18-36 months)

Every Thursday, 10:30-11 am

Talking, singing and reading to build vocabulary and a love of books! No registration.

Saturday Preschool Storycraft (3-5 years)

Every Saturday, 11-11:30 am

Stories and crafts for ages 3 to 5 with an adult. No registration.

“Imagination has brought mankind through the dark ages to its present state of civilization. Imagination led Columbus to discover America. Imagination led Franklin to discover electricity.” — L. FRANK BAUM

AT THE WOODBRIDGE CENTER



Woodbridge Center members enjoyed a wonderful lunch with music, dancing and vendors at the annual Fall Ball sponsored by New England Young at Heart at Aria Banquet facility in Prospect.



Dr. Jennifer Botwick, of the New Haven Naturopathic Center, leads the Mindfulness, Meditation and Memory class with a large group of local residents. The class was offered for 3 weeks and will be offered in a longer format next year.

“Find” us and “Like” us on Facebook at The Woodbridge Center, Woodbridge, CT!

The Human Services Department offers a sincere thank you to all who worked to make the Living Treasure Award Dinner a successful fundraiser for The Woodbridge Center. Thanks to the committee members, celebrity servers, sponsors, advertisers, donors, staff and volunteers as well as to all those who attended. We’re already looking forward to next year!

New! T’ai Chi with Bill Banick for beginner and intermediate levels

Excellent for balance! Each Friday, beginning October 4 for 10 weeks, 10-11 am in Center building, room 16, \$50. Please call for more information and to register.

Nosh & Knowledge Lecture Series

The Woodbridge Center’s Breakfast at 10 Lecture Series continues with a new name and new topics this fall. The October lecture is “Homecare 101” with Pam Holt of Lifetime Care at Home on October 23. Learn about medical vs. non-medical in-home care—it’s always better to have information before a crisis. Lecture is 10 am in the Library meeting room.

The next topic will be “Home Energy Conservation and Understanding Your Bill” presented by United Illuminating, Southern Connecticut Gas and Connecticut Natural Gas Co. on November 20 at 6 pm at the Woodbridge Library meeting room.

CHOICES Counselors Available

Medicare’s Open Enrollment Period runs from Tuesday, October 15 to Saturday, December 7. The Town of Woodbridge has Certified CHOICES Counselors available to provide counseling and information on topics such as Medicare, Medicare Supplemental

Insurance, Medicare HMOs, Long-Term Care Insurance and other state and federal benefit programs. Counselors are helpful in selecting or making changes to insurance and making sure you have the right coverage for your needs. Please contact Judi Young or Mary Ellen LaRocca for an appointment at (203)389-3429.

Woodbridge Center Improvements

Improvements to The Woodbridge Center can be seen both outside and in! The Center’s ADA compliant restroom and ramp projects are near completion with a few minor details to be finished. The new wayfinding signs outside and in are up and the lounge is freshly painted. Later this month, new carpet will be installed in the lounge and the café and entrance will be painted. The Center also has a new hand sink in the kitchen and will be installing a gallery molding to facilitate on-going art exhibits. Most of the funding for these projects was provided by a State Dept. of Housing grant, a One of Kind Foundation grant, an Area Agency on Aging grant, and The Woodbridge Center’s fundraising dollars. Upgrades to The Center are already improving access, convenience and comfort for residents. Stop by to see for yourself!

Special Programming

RSVP is required one day prior unless otherwise noted. Please call 203-389-3430 or email jglicksman@woodbridgect.org.

October 8: Flu Clinic sponsored by the VNA, 11 am-2 pm in the Woodbridge Center café. Please bring all insurance cards with you. The CDC recommends annual flu shots.

October 14: Center closed for Columbus Day holiday.

October 15: Lunch entertainment with Pierce Campbell begins at 12:15 pm.

October 16: Health Fair hosted by State Senator George Logan at Warsaw

Park, Ansonia from 11 am to 2 pm. Lunch will be provided. Transportation available—must RSVP for a ride by 10/11.

October 16, 23: 2 part series with David Quast of Valic Financial Advisors “Investment Strategies for Women in Retirement” and “Planning for Financial Security.” Programs are 6:30-7:30 pm at the Woodbridge Library.

October 16: Art Class begins see details below.

October 17: Audiology Awareness Month! The American Speech and Hearing Association recommends hearing screenings for adults 50+. Hearing screenings with Acuity Hearing Solutions are from 10 am-1pm at The Center.

October 21: Lunch Bunch! Join in for lunch with friends at Lasse’s Restaurant in Milford. Transportation is provided by The Center (\$3) or meet us there. Self-pay at the restaurant.

October 23: Nosh & Knowledge lecture Homecare 101 with Pam Holt at 10 am in the Library meeting room.

October 28: AARP Safe Driver Training class, 9 am-1 pm in Room 11. \$15-members; \$20—non-members.

October 29: Halloween Party! Entertainment with Larry Batter begins at 12:15 pm. Wear your costume!

November 7: “Ages in Stages” with the Orange Players. Performance will follow lunch at 1 pm. Come enjoy a comedy on aging with a talented local group!

November 11: Veteran’s Day Celebration Woodbridge Veteran’s Day commemoration in the Center Gym at 11 am with master of ceremonies Barry Josephs. The ceremony will include history of the holiday with special emphasis on women in the military.

November 12: Veteran’s Day! The Center hosts a presentation on the services and programs available to veterans through the New Haven Vet Center. Veterans and family members are invited.

November 14: Flu Clinic with Or-

ange VNA, 1 pm-5 pm, please call for details.

November 14: Trip! Westchester Broadway Theatre presents “An American in Paris.” Transportation, lunch, show and gratuity \$111. RSVP by October 10.

November 19: Annual Thanksgiving Luncheon at noon with entertainment by Brian Gillie. This seasonal feast is sponsored by the Woodbridge Police Union, Coachman Square, and the Willows - Woodbridge. The luncheon will be held in the Center gym; there are no fees and no take-outs. RSVP required by November 12.

October Lunch Menu

Lunch is served Tuesday and Thursday at The Center café, at 12:15 pm. Cost is \$3 for dine-in meals, \$4 for take-out. RSVP is required by noon one day prior. Meals include bread, juice, coffee/tea and dessert. If eating in and taking left-overs to-go, please bring a plastic container with you beginning November 1; there will be a surcharge for containers we provide at .50 each.

10/1 Beef barley soup, herb roasted turkey, roasted potatoes, fresh green beans, peach crisp, 10/3 Mushroom soup, stuffed cabbage and garlic roasted mashed potatoes, 10/8 Turkey noodle soup, baked ziti with meat sauce, squash, garlic toast, 10/10 Cream of broccoli soup, roast beef, baked potato, lemon cupcakes, 10/15 Home style chicken soup, beef pepper steak, brown rice, angel food cake, 10/17 Carrot apple soup, margarita chicken pasta, tiramisu cupcake, 10/22 Ravioli marinara, garlic green beans, garlic bread, chocolate brownies, 10/24 Closed for Center painting, 10/29 Halloween party! Turkey rice soup, garlic herb meatloaf, mashed potatoes, peach crisp, 10/31 Navy bean soup, chicken cacciatore over linguini, carrot cake.

Ongoing Programming

See “Woodbridge Center” On Page 14

TOWN DEPARTMENTS & AGENCIES

Youth Services

BY NANCY PFUND



Back to School Blowout
Many seventh and eighth graders from Woodbridge and Bethany attended the Back to School Blowout party on September 20th. Students had a great challenge with the inflatable obstacle course and the DJ's games.

Halloween Spooktacular-October 25th
Current Amity Middle School-Bethany students and other 7th and 8th grade residents of Woodbridge and Bethany are invited to the annual Costume Party on Friday, October 25th from 6:30 to 8:30 pm at Amity Middle School's Cafeteria at 190 Luke Hill Road, Bethany. Enjoy a DJ, Costume Contest, Donut Eating Contest, and make your own creepy Wax Hand mold. Fee of \$5 also includes free refreshments and raffle ticket. Get an extra ticket by signing up by 10/24 at 203-389-3429 or email youthone@woodbridgect.org. Woodbridge Youth Services and the Town of Bethany sponsor Youth Evening Programs.

Youth Program Volunteers Needed
Adults, college students, and high school juniors and seniors may call Youth Services at 203-389-3429 to help. Community Service hours will be approved.

Woodbridge Job Bank Accepting New Members
Woodbridge residents between the ages of 14 and 18 are eligible to join the Job Bank to earn some money and help residents with housework, yardwork, babysitting, or tutoring. Sign up for your interview before the leaves start falling. Contact Nancy Pfund at npfund@woodbridgect.org or call 203-389-3429 for an application and permission form and to schedule an interview.
Woodbridge residents may call 203-389-3429 to hire Job Bank members to get some help with garden work, raking, housework, babysitting or party assistance.



"Truck or Treat"

The Woodbridge Volunteer Fire Department is holding its 8th Annual Halloween "Truck or Treat" event on Thursday, October 31st from 5-8 p.m. (rain date if needed is 11/1). Admission is free.
As always, the fire trucks will be decorated for the holiday and children can "truck or treat" in a fun and safe setting. Donations of candy are appreciated and can be dropped off in the Firehouse lobby M-F, 8-4, leading up to the event. A dinner of hot dogs, hamburgers, soup and more will also be served. At 7:15 p.m. the Fire Association will put on a fireworks display.
Due to the popularity of this event, Route 114 between Meetinghouse

Lane and Newton/Center Road will be closed from 4:30 – 9 p.m. Parking will not be allowed on Beecher Road between Route 114 and Woodside Drive or on Newton Road from Route 114 to Burnt Swamp Road. Parking is available at the Old Firehouse, on Meetinghouse Lane, at Town Hall and Amity Regional High School.
Additionally, public access to the Fitzgerald property will close from 2 – 9 p.m. to allow for the safe set-up of the fireworks demonstration.
The Association is seeking sponsors for the event. For information on how to become a sponsor and event updates, please visit www.WoodbridgeFire.com or [Facebook.com/WoodbridgeFire](https://www.facebook.com/WoodbridgeFire).

Do You Have Recycling Question?

Do you still have recycling questions? Have you asked the Wizard? Visit RecycleCT.com and type the item in the RecycleCT search box and the Wizard will tell you how to dispose or recycle the item in question. It's quick and easy! A flyer which includes the common items that should and should not enter the recycling stream can be downloaded from the RecycleCT.com

website. And remember, no plastic bags or plastic wrap in the mixed recycling bins.
Ask members of the Woodbridge Sustainability Committee more questions October 19 morning during Arts & Music Weekend at First Church of Christ. Come to our table chat and make something that will help you live more sustainably.

TOWN DEPARTMENTS & AGENCIES

Haven's Harvest Partners with Beecher & Human Services

Haven's Harvest is an environmental non-profit with a mission to not let good food go to waste – we do this by redirecting food directly from donor to receiving site, food advocacy – locally and on the national level, and through product development using recovered food. In the past, the obstacles to businesses trying to share their excess food have been finding community sites able to accept the food and transportation for the food. Our goal is to remove those obstacles with a growing network of volunteers who move the food, community sites that are flexible and see the value in recovered food, and generous food donors, who want their delicious fare to be eaten. We see recovered food as a community resource. It takes community to manage the excess food by redirecting it to sites, where it will be shared with families and individuals who need it and will consume it; www.havensharvest.org. We have partnered with Beecher



Pictured (l to r): Judi Young of Woodbridge Human Services, Judy Katz, Haven's Harvest Volunteer and Don Zemke, Custodian at Beecher Road School.

Road School and Woodbridge Human Services, and together we are able to reach both young and old – intergenerational – with the benefits of fresh produce and dairy items.

December Holiday Basket & Adopt-A-Family Program

The Woodbridge Human Services Department needs sponsors to participate in the Adopt-A-Family Program. This program provides holiday food baskets for the December holidays to Woodbridge families in need. Distribution of holiday baskets will take place on Friday, December 13th. Also, the Human Services Department

is in need of volunteers to sort food for the Emergency Food Closet. Anyone interested in sponsoring a family or volunteering should contact Woodbridge Human Services at 203-389-3429 by Thursday, October 31, 2019. Monetary donations can also be made payable to Woodbridge Human Services, 11 Meetinghouse Lane, Woodbridge, CT 06525.

VNA Community Healthcare & Hospice Listings

Flu Clinic

On Tuesday, October 8, 11:00 a.m. to 2:00 p.m., join VNA Community Healthcare & Hospice at Woodbridge Center, 4 Meetinghouse Lane in Woodbridge to receive your annual flu shot. Vaccines at our flu clinics are preservative free and will be administered by a licensed and experienced nurse. Please bring all insurance cards with you. We accept participating insurance or private pay (cash, check or MC/Visa). We do not accept Cigna or United Healthcare. For more information about all of VNA Community Healthcare & Hospice's wellness programs, visit www.vnacommunityhealthcare.org or call 1.866.474.5230 (toll-free).

Ask the Nurse

Join VNA Community Healthcare & Hospice on the first and third Tuesdays of each month from 11 a.m. to 12:30 p.m. at Woodbridge Center, 4 Meetinghouse Lane for a free health clinic. A registered nurse (RN) can check your blood pressure, heart rate, weight and work with you to set goals. The RN can also review your medications, help you create a medication list, and discuss how you can prepare for a medical appointment. Appointments are not required. For more information about all of VNA Community Healthcare & Hospice's wellness programs, visit www.vnacommunityhealthcare.org or call 1.866.474.5230 (toll-free).

Human Services Department Accepting Applications

Woodbridge Human services Department is accepting appointments now for Woodbridge residents to apply for the 2019-2020 Connecticut Assistance program administered by TEAM, INC. Income eligibility must be met. Verification of income and assets must be submitted with the application. This includes copies of the last bank statement(s) or check(s) for: a) pay stubs (last 4), or income verification from the individual's employer, b) Social Security benefits notice, c)

Supplemental Security Income, d) pension, e) unemployment, f) alimony/child support, g) interest and dividend income, h) and utility bill. In addition, the names, dates of birth and social security numbers of all members residing with the applicant are required. For more information regarding Energy Assistance program, or to schedule an appointment, please call Woodbridge Human Services Mary Ellen LaRocca or Judi Young at 203-389-3429.

Town of Woodbridge Meetings for the Month of October 2019



(Subject to Change, Check with Town Clerk's Office, 203-389-3422)

10/7	Human Services Commission	7:00 PM	Center Building
	Town Plan & Zoning Commission.....	7:30 PM	Town Hall
10/10	Police Commission.....	6:15 PM	Police Department
	Economic Development Commission.....	7:00 PM	Town Hall
10/15	Board of Selectmen.....	5:00 PM	Town Hall
	Library Commission	6:30 PM	Library
	Zoning Board of Appeals	7:30 PM	Town Hall
10/16	Inland Wetlands Agency	7:30 PM	Town Hall
10/17	Board of Finance.....	6:00 PM	Town Hall
	Conservation Commission.....	7:30 PM	Town Hall
10/21	Fire Commission	6:00 PM	Firehouse
	CUPOP.....	6:30 PM	Town Hall
10/22	Gov't Access TV Commission	7:15 PM	Town Hall
10/28	Recreation Commission	7:00 PM	Beecher Rd Schl So



“Country Club” From Page 1

dollars every year to repay the debt left from the purchase of the property. “In these tight financial times that’s money that could be used elsewhere,” she said.

By selling a portion of the former golf club, which has been out of operation for the past three years, the town can not only reduce its debt, but also grow its Grand List and take in additional tax revenue from the new homes. Once built out, the project could generate some \$1.5 million in property taxes. “That’s real money that could be used to reduce our mill rate and bring relief to taxpayers,” she said.

The vote taken by the board on September 24 was limited to whether to move the project to a referendum. “We are not voting to approve or not approve this project,” Heller emphasized. She challenged her fellow selectmen to take a stand and let the voters decide. “Abstaining is appropriate whenever you have an interest in the outcome that directly affects you personally, or monetarily,” she said. “By failing to vote yay or nay, you allow others to make the decision.”

Selectman Sandy Stein agreed. “We are all elected officials,” she said. “It’s important to take a stand.” Stein, Joe Crisco and Mica Cardozo voted in favor of the motion. Selectman Joe Dey also voted for moving the project forward. He added that the reason he had abstained at a previous vote was on procedural grounds, not the nature

of the project. Dwight Rowland’s vote was ambivalent. He said he had asked Wernert for references and did not get a complete list; but Selectman Cardozo said they did receive some references, including from the first selectman of Greenwich, and they were all favorable.

Rowland also wanted to see a list of projects the company had worked on, in particular with regard to cluster housing projects, with a dollar value attached. “I didn’t get that,” he said. After some hesitation, Rowland did vote for the motion.

Rowland, whose professional background is in construction, had many detailed questions for the developer and his builder, when they presented the project at the regular September board meeting. Rowland questioned them on their current workload and whether that might affect this project (answer, “we will stop bidding if we are on overload”); how many people they have working for them (30, 35 people, most of whom have been with the company for more than 20 years); will the houses have sprinklers (will depend on building code); will the construction require blasting, and if yes, how do you handle that with the neighbors (blasting permits are handled by the fire marshal).

St. Pierre and Bruce Wernert said their intention was “to keep this [development] as low profile as we can.” St. Pierre said the layout of the development is such to keep the majority of mature trees on and surrounding the old golf course, in particular the

existing tree line along the first hole. The layout was done so as to “not make the land fit the project, but the project fit the land,” he said.

A plan with a proposed layout as well as suggested blueprints also are available on the town’s website, <https://www.woodbridgect.org/DocumentCenter/View/2579/Insite-Presentation-to-BOS-September-11-2019>. The proposed development includes a clubhouse, tennis/pickleball courts and a pool for the residents of “Wood Valley Estates.” St. Pierre also agreed to demolish the existing clubhouse, renovate the existing outdoor pool for public use and put up a pool house and snack bar.

In responding to selectmen’s questions, the developers said the first thing to go in would be the roads, followed by some ten model homes. St Pierre expects construction of homes to start at the highest elevation, along the ridge. After that, it’s “build them as they go,” he said. The main entrance to the new development would be on Woodfield Road.

The selectmen’s vote may have been an important hurdle for the project to go forward, but there are many more to come, first and foremost the referendum itself. If the voters approve the sale, the developers will have to get the necessary permits from a number of town and state offices. The sale will be contingent upon these approvals, including a traffic study.

The sale will be with a deed restriction, said Town Counsel Gerald Weiner.

If the developer sells the property to a third party, the town will have the right of first refusal. “It cannot be used for anything but 120 age-restricted units,” he said.

The country club currently is located in a residential zone, with the regular minimum acreage of just under 1.5 acre per lot. (Residential A, per the town’s zoning regs, require 65,000 square feet of buildable land, according to land use analyst Kris Sullivan.) Opponents of this and similar proposals have often expressed concern that by allowing cluster housing — building homes closer together to allow for more contiguous open space — might open up the town to similar developments in other locations.

Town Counsel Gerald Weiner, after consulting with land-use attorneys, has argued that the zone change could be so restrictive, it would only apply to this parcel.

Following the September 24 vote, First Selectman Beth Heller said the next step will be for the Board of Selectmen to set a date for a special town meeting, where residents can get their questions answered; and selectmen need to set a date for the subsequent referendum. Provided the board votes on these dates at its October 9 meeting, the referendum can take place sometime in November, she said.

In the meantime, the developer has agreed to visit with town commissions to present the project ahead of the vote. The schedule was not finalized at press time.

“Woodbridge Center” From Page 11

Calling all poker, canasta and spades players—call The Center and share your interest 203-389-3430. The Center will put a group or a game together!

New! T’ai Chi with Bill Banick for beginner and intermediate levels

Excellent for balance! Each Friday, beginning October 4 for 10 weeks, 10-11 am, \$50. Must register.

New! Gin Rummy - Thursdays from 1-3 pm in The center café.

Weekly Craft Group Meets Thursdays, 10 am - 1 pm, in The Center lounge. Calling all knitters and crocheters to join the group. Come for knitting and crocheting and stay for lunch! Don’t forget to make a lunch reservation.

Yoga for Healthy Aging Class Meets Fridays, 11:45 am - 1 pm, in the Center Building, Room 16, with in-

structor Julie Luciani. Current session runs September 6 through November 22—12 weeks for \$75. Class fee will be pro-rated if joined late. Class combines seated and standing postures and is safe for all.

Mahjong - Mon. & Fri., 10 am, Center Building, Rm. 13 advanced, Rm. 11 beginner, intermediate.

Exercise with Lauri - Workout includes a combination of strength training, cardio, flexibility and balance. Bring weights if you have them. Class is in The Center café through September on Tuesday and Thursday, 10-11 am. No need to sign up—just pay a drop-in fee of \$2.

Book Club - The book club meets the 4th Tuesday of each month, 11 am at the Woodbridge Town Library. The next meeting is October 22 and the book will be “When All is Said” by Anne Griffin. New members are welcome.

Art Class - The 10-week Class

meets each Wednesday, 10 am - 12 pm, in The Center café. The class is taught by local artist Graham Dale . Call to register. A new ten-week class begins October 16. Fee is \$60 and will be pro-rated for those joining late.

Tuesday Movies - Following lunch in The Center lounge at 1 pm: 10/1 “Whitney,” 10/8 “The Biggest Little Farm,” 10/15 “Pavarotti,” 10/22 “Framing of John DeLorean,” 10/29 Silver Screen Halloween Selection: “Young Frankenstein” (1974).

Thursday Movies -Oldies, musicals, classics following lunch in The Center Lounge 1pm.

Ask the Nurse - 1st and 3rd Tuesday of each month, 11 am - 12:30 pm, blood pressure screenings, weight and conversation with a registered VNA Community Healthcare Nurse in The Center lounge.

Duplicate Bridge - Mondays, 9:30 am—12:30 pm, in The Center café.

Bridge - The Center’s Wednesday bridge group invites new members! Join in for a friendly card game 1-4 pm, no reservations—just come to The Center café.

Pinochle - Monday, Wednesday or Thursday, 1-4 pm, in The Center lounge. Come any day—the group looks for new players and is willing to bring rusty players up to speed!

Pickleball - Meets Monday-Thursday in the Center gym for group play, 12:30-2:30 pm and Friday, 12:30-3:30 pm. Paid annual members may arrange playing times with other. Annual membership is \$20 for Woodbridge residents and \$25 for non-residents. Stop by the office to make payment. Equipment is available on a first come, first served basis.

Shuffleboard, bocce and billiard equipment is available during business hours. Stop by with your group and play on a first come first served basis.

“In all parts of the Old World, as well as of the New, it was evident that Columbus had kindled a fire in every mariner's heart. That fire was the harbinger of a new era, for it was not to be extinguished.” — CHARLES KENDALL ADAMS

A Legislative Update

BY STATE SENTAOR
JAMES MARONEY



Your Voice Counts: Why You Should Submit New Law Ideas

During the previous legislative session, a constituent from our community came to me with a problem. This individual talked to me about the need for affordable Internet access. Thanks to their input, I got right to work communicating with Comcast which resulted in an expansion of Comcast’s Internet Essentials Program. This expansion will benefit low income earners resulting in nearly 191,000 households across our state, which includes low income households, seniors and individuals with disabilities, being connected.

This is a prime example of the power of constituent feedback.

Log onto any social media platform, and I’m sure you’ll see your friends and neighbors sharing their views, thoughts, opinions and ideas on how our government could run more seamlessly. Some may express feeling silenced, or may even feel as though their viewpoints don’t matter to state lawmakers. I understand, and want to ensure residents in our community never feel that way. That is why I welcome and encourage your feedback and participation.

Much like the aforementioned constituent that came to me with an issue, only to see it resolved, your feedback can bring about necessary changes and improvements. With the 2020 legislative session beginning in February, I am focusing more of my attention on crafting bills for next year and cannot do it alone.

Next year is a short session, lasting from February to May. During next year’s session, only committees can introduce bills. As co-chair of the Veterans Affairs and Aging Committees, and

a member of four other committees, I look forward to these committees producing legislation that will not only see the House and Senate Floor and eventually get the Governor’s signature, but specifically benefit the people of Orange and the surrounding towns and cities in the 14th state Senate District.

There are several ways to get in touch with me to share ideas for laws. First, you can contact me through my webpage at www.senatedems.ct.gov/maroney-contact, and drop a line or two expressing your concerns. Second, you can fill out the legislative survey on my webpage by visiting www.senatedems.ct.gov/maroney-survey. There you can provide information on issues you feel need to be addressed. Another great way to get in touch with me and share your ideas is to meet with me Thursday mornings.

Each Thursday, I hold office hours from 8 am-9 am in the 14th State Senate district. I hold my office hours in Orange at the Starbucks located on 538 Boston Post Road the third Thursday of each month. I welcome you to swing by, grab a cup of coffee and let me know what is on your mind.

These interactions are incredibly advantageous to our community, as they lead to legislation that benefits our state and district. I am encouraged to see residents in this community already reach out with ideas and I am grateful for their participation. I look forward to getting even more work done in 2020, and I’m pleased to know we are working collaboratively to make the 14th District an even better place to live for working families, veterans, seniors and our youth. I hope to hear from you soon.

“Beecher” From Page 9

being done that can make a big impact. We have some great sustainable changes planned for the Halloween Hoot that include taking donations of previously owned items for the prize room.

Working together we can reduce our footprint. By becoming more aware of what we are wasting and sharing ideas

with our children and with each other we can make change. Each individual small action, added together, can make a huge impact on Beecher Road School, Woodbridge, and the Earth.

Please contact Hillary at Woodbridge.Composts@gmail.com if you’d like to join our efforts in any way, including donating costumes, Hoot prizes, or buying our sustainable items.

Woodbridge Town News

THE WOODBRIDGE TOWN NEWS
ONLINE

Online Version of the Woodbridge Town News
www.WoodbridgeTownNews.com

From the House
Republican Leader

BY THEMIS KLARIDES



October’s Regressive Grocery Tax

On October 1st shoppers will be paying a 7.35% tax on some groceries, but not others. In the latest budget, the tax exemption for groceries was quietly altered. When some democrats proposed raising the tax by one percent on meals at restaurants, they justified the increase as a luxury tax.

Eating out is a choice, and if people can afford to go to a restaurant, they should not feel the impact of a one percent tax on meals. When the language was drafted however, they included “grocery stores” as one of the entities that sells meals subject to additional taxation. Meals unfortunately is defined as all “food products which are furnished . . . in a form and in such portions that they are ready for immediate consumption.” Every food product, therefore, in a grocery store is now subject to tax scrutiny.

So what foods at a grocery store are in a form that is immediately consumable? The Department of Revenue Service has issued a non-binding, advisory opinion which lists some examples, such as five or less muffins, donuts and bagels, salads in packaging 8 ounces or less, cans of soup, nutrition bars, cooked rack of ribs or rotisserie chickens, sandwiches, and popsicles. Because this opinion is advisory only, grocery stores are left to determine what items will be subject to tax. With a possible tax audit over their shoulder,

grocery stores are going to air on the side of caution and put a 7.35% sales tax on any items that might fall under this definition.

To add more confusion, if a shopper purchases any of these items along with sodas, bottled water or other beverages, those beverage items will now become taxable at 7.35% whereas if purchased alone, they’d be subject to no taxation. Why? Because the new law taxes all “meals” sold by a “grocery store” “and spiritous, . . . soft drinks, sodas or beverages . . . inconnection therewith.” So now the new taxation may impact other items in your cart because of something else in your cart.

Because this 7.35% tax on groceries targets small portioned food items, I am concerned for what this means for the people and families of Connecticut. What will be the impact on our senior citizens, empty-nesters and young men and women living alone? Over the last decade, Connecticut’s tax policy has crept in to every moment of our daily lives and driven long time residents to move out of state. I share the public’s frustration with these regressive taxes and the government’s continued need for more of your hard earned tax dollars. Please call your legislators and tell them exactly how these taxes will impact the lives of you and your family.

Woodbridge Town News

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LOCAL BUSINESS ROUNDUP

Town Hall Reaches Out to Business Community

BY BETTINA THIEL
WOODBRIDGE TOWN NEWS CORRESPONDENT

Unlike many of the bustling towns surrounding it, Woodbridge has never had an economic development director to help coordinate, network or make a pitch for the business community. The only representation it had was through the Economic Development Commission, a group of often enthusiastic business owners who are appointed by the Board of Selectmen and work on ways to promote their community.

Now First Selectman Beth Heller, who considers economic development an important piece of her mission to move Woodbridge forward, has appointed Assistant Administrative Officer Betsy Yagla to be the contact point for the business community at Town Hall. Yagla started by personally reaching out to business owners over the course of the year, going face-to-face and engaging them in a conversation about how the town can be of assistance.

“Generally speaking, people were really happy that Town Hall was reaching out to them,” she said. The topics that came up were as varied as the businesses themselves, ranging from recommendations on marketing to helping them find a trash hauling service.

Overall, business owners feel very safe here, Yagla said, when asked about the response she got from the businesses she talked to. Woodbridge as a business location allows direct access to Route 15, which is desirable, but traffic itself is a perennial problem. She said businesses in the town’s commercial district are looking for expansion of sidewalks.

Woodbridge’s business district is limited in size. Some expansion is feasible on a few undeveloped lots, but with an estimated 88% occupancy rate of existing buildings, there is not a lot of opportunities. One of the biggest spaces available are the laboratories Bayer built at 4 Research Drive, before the conglomerate downsized and closed its operations here and in Orange. Part of the building is occupied, she said.

Yagla also helps coordinate the work of the Economic Development Commission, which is now chaired by Jeremy Rosner, a Realtor. The commission has seen a large turnover with the start of the new term. Newly appointed are Debbie Brander, the director of Member and Community Engagement at the JCC; Clio Nicolakis, executive director of the New Haven Science Park Development Corporation; Tobi Nwangwu, a budding consultant with a degree in Economics and Business Administration; and Shawn Flynn, a data analyst with Yale University’s Alumni Affairs. Also serving on the committee are Brooks Dougherty, Michael Holland and

Evan Trachten. The commission meets on the third Thursday of every month.

“They’re excited, there is new energy,” the first selectman said. Their work in the first two meetings consisted of creating a new mission statement, which in its draft form charges the commission to “enhance and diversify the economic base of our community.”

The commission has come up with a list of potential projects to focus on, namely:

- › a survey to find out what new services/businesses residents would welcome;
- › grants such as for sidewalks or building improvements;
- › a meeting with commercial property owners;
- › a beautification plan; and
- › tax abatements.

The plan is to prioritize among these projects, Chairman Rosner said.

Yagla has helped facilitate several networking sessions for businesses with shared interests. The restaurant, retail and service sector will be meeting the third Wednesday of the month at 9 am at Coachman Square. Any Woodbridge business in that sector is welcome to join. They have brainstormed what could help drive business. Instead of the Fal-lapalooza, which required a good deal of coordination, they decided it would be better to plan an event in February, when business is slow.

The wellness business sector will meet on Wednesday, October 9 at 9 a.m. at 88 Bradley Road. The question whether you belong into one group or the other is really up to the individual business owner, Yagla said. This particular meeting for instance is hosted by an attorney, who moved into town and is looking to introduce himself.

“I am creating a forum where people can talk and support each other,” she said. Similarly, she met with representatives of the local banks and introduced them to a small business developer as an important resource.

The town website has a comprehensive alphabetical listing of all local businesses at <https://woodbridget.org/BusinessDirectoryii.aspx>. There are some 459 listed there, ranging from accounting services to wedding services. Many of them are home-based.

To join any of those meetings or to get on the Town’s business e-newsletter list, contact Betsy Yagla at byagla@woodbridget.org.

Many of the locally owned businesses are owned by Woodbridge residents, said First Selectman Beth Heller. To see them prosper is not only beneficial to them, but to the community at large. “It’s a quality of life issue,” she said.

Hugendubel Named to Best Real Estate Professionals List

Wayne Hugendubel affiliated with the Coldwell Banker Residential Brokerage office in Orange, was named to the 2019 REAL Trends America’s Best Real Estate Professionals list once again, a ranking report that identifies the most productive real estate agents by state and metropolitan area based on closed transaction sides and sales volume. Wayne has consistently received this honor since 2015.

More than 14,000 real estate professionals from every state are featured. To qualify for inclusion, an individual agent must have closed at least 50 transaction sides or \$20 million in sales volume in 2018. For real estate agent teams, the minimum is 75 transaction sides or \$30 million in closed sales volume.

“Those individual agents and teams who make up the 2019 America’s Best Real Estate Professionals represent less than 1.5 percent of all Realtors® in the country yet account for over 12 percent of the closed transactions and more than 22 percent of all the sales volume closed last year,” says Murray.

“This is an exciting honor and recognition for Wayne. He deserves this honor for all his hard work and dedication,” said Aileen DeFeo, Vice President, Brokerage Manager for Coldwell Banker, Orange and Woodbridge.

“With this release of the 2019 America’s Best Real Estate Professionals list, Wayne and an elite group of real estate agents across the country are receiving well-deserved recognition. These



Wayne Hugendubel

sales associates are far above average and have built enormously successful small businesses in an extremely competitive field,” says Steve Murray, president of REAL Trends.

“Congratulations to Wayne and everyone who made the America’s Best list,” says Tom Ferry, owner and founder of Tom Ferry International. “There are multiple ways to become successful in real estate. Yet, despite the differences, the real estate professionals on this list have one thing in common—they are the best. Great job from everyone at Tom Ferry International.”

Wayne Hugendubel can be reached at (203) 605-2946 or stop by his office located at 236 Boston Post Road in Orange.

MICHAEL J. PAOLINI, CPA

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LOCAL BUSINESS ROUNDUP



First Selectman Beth Heller, Architect and Associate Jay Alpert and Josie Schiro-Mea, Jim and Dan Pino from Olympus Construction, Rick De Mayo from Newtown Savings Bank, Greg Wood, Lincoln's National Sales and Service Manager, David Schaefer, Lincoln's Northeast Regional Manager and Crest owner and staff members Dick Fitzpatrick, Steve Nathman, Sam Badamo, Chantel Walker and Julie Fitzpatrick.

Crest Lincoln to Start Major Renovations

First Selectman Beth Heller visited the Crest Lincoln of Woodbridge dealership on Wednesday, September 11 to see plans for the dealership's new showroom. The building will be modified to Lincoln Motor Company's new design standards in a style called Vitrine. Plans were drawn up by local architect Jay Alpert and the project will total \$2 - \$2.5 million. The dealership will remain open during

construction. "Once we're done this will be a leading-edge showroom, almost a museum space," said owner Dick Fitzpatrick. The showroom's footprint will change very little but the exterior will be all new and the areas where customers interact with staff will all have a fresh look and feel. It is expected that the project will be completed in late winter/early spring of 2020.

APT Offers Free Warm Up & Cool Down at Road Race

The popular Woodbridge Road Race that attracts competitive runners from the entire region will be held on Saturday, October 5, at Woodbridge Center, on Newton Road. Amity Physical Therapy, the Woodbridge-based practice, will again assume the role of a Major Sponsor for the race which attracts both veteran runners and beginners, and includes a one-mile race for juniors. Michael Dow MSPT, a Woodbridge resident, and CEO/Clinical Director of the practice, has been a prominent sponsor of the road race for years. Dow is devoted to the culture of sports, and to the physical health of local athletes. A team of clinicians will be on hand to offer complimentary warm up and cool



Michael Dow

down exercises to runners of all ages. For more information, call 203-389-4593 or visit www.amitypt.com.



Left to right: Joseph Varipapa, Sales Manager, Stephanie Ciarleglio, Woodbridge Town Clerk, Beth Heller, Woodbridge First Selectman, Rosemary Bilash, Sales Advisor and Linda Garcia, General Manager of The Linden at Woodbridge

The Linden at Woodbridge Holds Open House

The Linden at Woodbridge, located at 330 Amity Road in Woodbridge, hosted an open house on September 26, 2019 to showcase new programs and physical upgrades under its new management company, Leisure Care. Leisure Care is based in Seattle, Washington and has expanded to the east coast, with the Linden at Woodbridge

being its first community in Connecticut. Leisure Care focuses on hospitality and providing an active lifestyle for Seniors. Apartments have been upgraded with high end finishes and work will shortly begin on a cosmetic upgrade to all three floors of the community, with a grand reopening to be scheduled in 2020.

Lifetouch Moves To Woodbridge

Lifetouch recently moved to Woodbridge from Seymour. Lifetouch focuses on school photos and is a national company with offices in every state and Canada. The Woodbridge office serves schools ranging from K through college seniors. During the school photo season, which runs September through November, the local office employs 60-65, and there are 10 full-time, year-round employees. Lifetouch works with about half of the K-8 schools in the state. Lifetouch's previous office was in a three-story home in Seymour and Territory Sales Manager Peter Wright says the company needed more space, wanted to be in a one-story office and needed convenient highway access. "We love it here," said Wright from his Research Drive office with views of West Rock. The company moved in July and now has a dedicated space to do picture re-takes and a lounge for the photographers to relax in while they download their photos. There's even

a garage bay that makes loading and unloading equipment easier for the photographers. And, now that there's more space Lifetouch plans to have a pop-up, in-office Senior Portrait Studio for high school seniors. Lifetouch was recently acquired by Shutterfly Inc., and the partnership will provide new benefits to the parents at schools that use Lifetouch. "This is going to really change the way families use and access school photos," said Wright. "It's a great partnership because Shutterfly is so good at marketing, ecommerce and digital storage, and we're good at creating the content and the relationships." Families can now receive school photos digitally on Shutterfly where they can preserve and manage their photo collections and use them to create photo books or holiday cards. And families who pre-order school photo packages will receive a free photo book and drawstring backpack from Shutterfly. For details visit lifetouch.com.

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Tips On Using Dry Ice And Fog Machines For Halloween Fun

Who doesn't want to add a dramatic effect to Halloween hijinks? Haunted displays can be taken up a notch with the use of some scene-setting enhancements, including dry ice and fog machines.

Dry ice and fog machines can help Halloween revelers create a smoky, mysterious feel, but each of these haunting accessories must be used with safety in mind at all times.

Dry Ice

Dry ice is the solid form of carbon dioxide. Dry ice is often used for spooky effects because it produces a vapor when it sublimates from its dry form. This occurs after exposure to air and liquid that is warmer than the dry ice.

Because the temperature of dry ice is extremely cold, (-109.3 F or -78.5 C), people can suffer from frostbite if they touch it, warns the Occupational Safety and Health Administration. People who intend to handle dry ice need to use tongs or protective gloves when doing so. Children may not understand the danger of dry ice, so they should never be allowed near it.

Dry ice should be kept in an insulated cooler and stored and used in a well-ventilated area, as the CO gas can sink to low areas and replace oxygenated air. High concentrations of CO gas may be fatal when breathed in.

If dry ice is used in drinks, it is important that no dry ice fragments are ingested, which can cause tissue damage as well as pressure from the

buildup of the release of gas, states the information site ThoughtCo.

Fog Machines

Fog machines can produce a scary and realistic Halloween tableau. When using fog machines, it is essential that users confirm which solution is being used to produce the fog. Many utilize a water and glycol solution that has been deemed safe if inhaled. However, some people may find it causes throat irritation. Some products use proprietary formulas, concealing the identity and proportion of ingredients. Users should avoid these products unless they can confirm which chemicals are being used and that those chemicals are safe.

The Ontario Ministry of Labour says that fog/smoke generating machines should be placed in locations where exposure to the concentrated smoke is minimal. The machines also should be used exactly as the manufacturer directs and not altered by using dyes, fragrances and other chemicals.

Fog machines can create many illusions, but they also can impede vision if the fog is too thick. Therefore, caution must be heeded to prevent mobility issues due to the fog. Also, sometimes fog machines can produce a slippery residue, so users should be aware of this and monitor conditions around the machines.

Fog machines and dry ice can add flair to Halloween festivities if they are handled and used correctly.

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Get Thrills And Chills From This Year's Horror Films

Halloween is a great time to indulge in horror movie marathons. There are plenty of classic films to enjoy, but this year has also provided some new material for the scary movie lexicon. The following are the flicks causing scares and screams for 2019.

"Child's Play": Chucky gets a new chance to wreak havoc. This time he's not a doll, but a multimedia app that can do a lot of damage to all he encounters.

"Escape Room": Six strangers find themselves in circumstances beyond their control and must keep a tenuous grasp on their wits to find clues or die in this psychological thriller.

"The Haunting of Sharon Tate": This film is based on a chilling murder case that involved 26-year-old actress Sharon Tate, Charles Manson and his deadly cult.

"Mystery of the Night": Set in the 1900s, this film follows a young child who is banished along with his mother to the haunted forests of the Philip-

pinas. The boy ends up being raised by the spirits that reside there.

"The Nightingale": Clare, an Irish convict in 1820s colonial Tasmania, is kept captive by a sadistic lieutenant who is part of an effort to "tame" the indigenous local population. Revenge and retribution comprise the main themes of this movie.

"The Prodigy": Golden Globe nominee Taylor Shilling stars in this film that explores yet another problem child whose parents have everything to fear.

"The Lodge": A man forms a friendship with the only survivor of a cult's violent mass suicide and heads with her and his children to a lodge. They are soon snowed in and horrifying things start to happen.

"Thriller": Set in central Los Angeles, this slasher flick pays homage to the genre in a unique way. Tragic pranks, hooded killers and deserving victims make this an enjoyable, yet frightening horror film.

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CLUBS & ORGANIZATIONS

Woodbridge Rotary Club Membership Drive

The Woodbridge Rotary Club has kicked off its annual membership drive. The Woodbridge Rotary Club serves Bethany, Woodbridge and Westville. The Rotary Club is an organization of business and professional people united worldwide to provide humanitarian service, and help build goodwill and peace throughout the world.

The Woodbridge Rotary Club is a service organization which is nonpolitical, nonreligious, and all volunteer. The Woodbridge Rotary is about men and women supporting projects locally and internationally to improve our world such as by participating in global grants to buy dialysis equipment for a poor hospital in India.

We complete local and international projects. Internationally we have participated in a project to supply safe drinking water to parts of India.

We have joined forces with Rotary International in the End Polio project. In addition, we like to help our local community by distributing Thanksgiving baskets to community members in need, volunteering at the Easter Seals Goodwill Industries Fantasy of Lights, providing dictionaries to 3rd graders, a Clothing Drive, and a luncheon at the DARE graduation at Beecher Road School. Year to year projects may change depending on the community's needs.

The Woodbridge Rotary Club's meeting schedule can vary. It is best to refer directly back to the Woodbridge Rotary webpage at <https://www.woodbridgerotary.org/> where our calendar is located including upcoming project dates. Anyone interested in learning more about Rotary should email the club President through the website.



Members of the Garden Club of Woodbridge volunteered to compose 40 table decorations for Massaro Community Farm's September 1 "Dinner on the Farm." Massaro Community Farm is a non-profit organic vegetable farm in Woodbridge, CT. Proceeds from the dinner provide farm-based education and food for the needy. The staff of the Farm provided sunflowers, zinnias, amaranth, wild grasses, and Queen Anne's Lace for the arrangements.

Garden Club of Woodbridge Events

The Garden Club of Woodbridge held its Annual Luncheon on June 4 at Birchwoods at Oak Lane in Woodbridge. The event was well attended and everyone enjoyed the Silent Auction, raffle and design segment. The designers were Federated Garden Club judges and prize winners Barbara Bosco, Leslie Martino, Cindy Marien, and Sharon Bender (left to right in photo), who are also members of the Garden Club of Woodbridge. They made different Creative arrangements with the same plant material: Aspidistra leaves, Birds of Paradise, Cane, Liatris and Stock. Leslie used an armature (an armature is a mechanic produced by the designer for supporting blossoms in a floral arrangement). A raffle was held for the designs, and 4 lucky winners took home these beautiful, unique floral arrangements.

The Silent Auction, a successful fundraiser, featured donated gifts from members and many local businesses. The Garden Club of Woodbridge is most grateful for the community's support of this event. Proceeds are used to further the Club's primary activities: educational programs, civic beautification, horticulture therapy and a scholarship for an eligible graduating Amity High School student.

The Garden Club of Woodbridge is hosting the Garden Club of Orange on Tuesday, October 15, at the First Church of Christ, 5 Meeting House Lane, Woodbridge at 11:45 am. Stephanie Fusco, owner of Terri's Flower Shop in Naugatuck, will be speaking and demonstrating seasonal designs. This event is open to the public. A nominal fee of \$5 will be charged to non-members.

Jewish Genealogical Society of CT Hosts Jennifer Zinck

The Jewish Genealogical Society of Connecticut hosts Jennifer Zinck on Sunday, October 20, 2019, at 1:30 pm, at Temple Sinai, 4 West Hartford Road, Newington. The topic of the presentation is "Genealogical Resources to Grow Your Family Tree". The program is free and open to the public.

Have you explored all of the resources that might contain details about the lives of your ancestors or could there be more waiting, yet to be discovered? Learn about records that provide clues

and explore tips and tricks to help you grow your family's story.

Jennifer Zinck is a professional genealogist who specializes in Connecticut research and DNA for genealogy. Jennifer is currently serving her second term as the President of the Connecticut Professional Genealogist Council. Jennifer enjoys sharing her passion for family history with all ages, from school children to seniors.

Please visit our website, www.jgsct.org, for additional information.

Woodbridge Happiness Club Meeting

Join Bernie Siegel, M.D. & Lionel Ketchian for a discussion on Happiness for our well-being. Lionel Ketchian is the co-host with Dr. Bernie Siegel on Mind Health Matters radio programs. Lionel is also the co-host on "The Happiness Show," broadcast on TV by Cablevision of Connecticut.

Take part in getting valuable tools and techniques for making your life the best it can be. Suffered enough? Do you really need to suffer anymore? Are you ready to learn to Be Happy? Being Happy will help you, suffer less and evolve spiritually. External events are difficult for us without the right tools to deal with the turbulence that

we all experience in life. Master these strategies to lessen your suffering. Your happiness can empower you and keep you on track. Learn to have the peace of mind you need and experience happiness now.

Everyone is welcome; meetings are free and no reservations are required. Meet some wonderful people using happiness in their lives.

Date & Time: Tuesday, October 22nd from 6:00 to 7:45 PM.

Place: The Woodbridge Town Library located at 10 Newton Road, Woodbridge.

For further info, e-mail PrintLRK@aol.com, call 203-258-7777 or www.HappinessClub.com.

Scouts Hold Food Drive

On October 26 the Woodbridge Boy Scout Troop 63, along with help from Woodbridge Boy Scout Troop 907 and Venture Crew 913, will be collecting food and hygiene products to benefit the Woodbridge Human Services Food Pantry. Donations should be placed in a bag and left by your mailbox. Bags should be outside by 9 am on Saturday, October 26. Donations will be picked up by noon the same day. Please, NO glass or open containers. NO perishables. NO expired items.

The Woodbridge Food Pantry can benefit from canned chicken, canned

fruits, pasta sauce, canned stews, breakfast cereal, peanut butter, jelly, soups, rice, canned vegetables, laundry detergent, toilet paper and personal care items. Gift cards to Stop & Shop are always welcome as well. The Woodbridge Food Pantry provides residents who qualify – based on gross annual income, household size and assets – with food available throughout the year. Donations can also be taken to the Center School Building, Room 11, 9am-1pm on October 26. For further information, please contact Judi Young, from Woodbridge Human Services, (203) 389-3429.

celebrity
extra
by Dana Jackson

Q: I usually don't watch "American Horror Story." It's way too dark and gory for me, but I have to admit I'm intrigued by the ad campaign for the new season. It looks like the horror movies I watched in the '80s, like "Friday the 13th" and "Halloween."
-- C.P.

A: The ninth season of "American Horror Story" just premiered on the FX channel and is titled "AHS: 1984." It is indeed set in the '80s and takes place at a summer camp. The trailer showed a masked, knife-wielding slasher hitchhiking a ride on the undercarriage of a truck carrying teens on their way to camp. I'm pretty sure you can figure out what happens next.

This installment features "AHS" regulars **Emma Roberts**, **Leslie Grossman**, and **Billie Lourd**, but the most surprising bit of casting is Olympic silver medalist-turned-actor **Gus Kenworthy**. This is his sixth acting role since competing in the Winter Games in 2018.

Q: I heard that **Chris March** from "Project Runway" died. I lost interest in the show after a few seasons, but he was one of my favorite designers to compete. Did he achieve any success as a designer after the reality series ended? -- J.F.

A: You might not have heard, but Chris March suffered a terrible fall in 2017 and wasn't discovered for several days. He had sustained a head injury, was put into a medically induced coma and awoke to find he was paralyzed in several limbs. His death this year at the age of 56 was the result of a heart attack.

Before such a tragic ending, March found success as a designer. While he didn't win his season of "Project Runway," he went on to design for several



Emma Roberts in "American Horror Story" [FX]


big stars like **Beyonce** and **Chrissy Teigen**. He even designed the gown that **Meryl Streep** wore to the Oscars in 2010. He will be greatly missed.

Q: Is it true they're making another "Dark Shadows" movie? Will **Johnny Depp** be in it again? -- G.M.

A: "Dark Shadows" was a daytime TV soap opera with a gothic theme that aired 50 years ago and starred **Jonathan Frid** as a vampire named Barnabas Collins. A primetime version aired in 1991 starring **Ben Cross** in the same role, and then a motion picture version starring Depp was in theaters in 2012. While there are no plans for a sequel to the film, the CW network recently announced that a TV series is in the works titled "Dark Shadows: Reincarnation."

Mark B. Perry ("Revenge") is writing the pilot. According to Deadline.com, Perry used to race home from school each day to watch the original "Dark Shadows." He's also a huge "Star Trek" fan and plans to treat "Dark Shadows: Reincarnation" with "the same reverence given to 'Star Trek,' while making the show accessible for audiences who aren't familiar with the macabre world of the Collinses."

Send me your questions at NewCelebrityExtra@gmail.com, or c/o KFWS, 628 Virginia Drive, Orlando, FL 32803.



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Halloween Costumes That Should Be Popular This Year

Halloween is a chance to celebrate whimsy and fantasy and have fun. Halloween is not complete without dressing up in costumes and taking on an alternate persona.

Many of the costumes people will covet this year involve the movie and television characters that have entertained the masses in the months leading up to October. With that in mind, these get-ups are poised to be plentiful as kids and adults begin their hunt for Halloween candy.

Fortnite: Gamers of all ages still can't get enough of the multiplayer game that exploded on the scene in 2017. Fans are still going strong and may want to emulate their favorite characters from the battle.

Spiderman: Peter Parker's European trip is put on hold when he agrees to help Nick Fury uncover some mysteries. The latest Spiderman was highly anticipated, so Halloween revelers likely can't wait to spin their own webs and don the suit.

Stranger Things: The incredibly popular Netflix series "Stranger Things" has sparked an entire subculture of fans. Now in its third season, viewers have immersed themselves in 1980s pop culture and the lives of the main characters. Whether they choose to go as a Demogorgon, Eleven, Dustin, Mike, or Will, the sci-fi show is sure to spawn some recognizable costumes.

Infinity War and Endgame: Marvel gave fans two action-packed movies featuring a slew of characters from the Marvel cinematic universe. Fans can pick among Thanos, Thor, Captain America, Doctor Strange, or any of their movie and comic book heroes for Halloween fun.

Game of Thrones: Having recently finished its final season, "Game of Thrones" enjoyed a remarkable and wildly popular run. Based on George R. R. Martin's series of fantasy novels, the show became one of the most popular programs on television, attracting legions of fans following the antics in the Seven Kingdoms. People can pull from costumes emulating popular characters from the series.

Disney: With the release of live-action versions of some of their animated films, Disney fanatics may once again channel Aladdin, Simba, Jasmine, Dumbo, and more.

These are just a few of the costumes that are prime to be popular among Halloween tricksters this year.

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Experiment with Halloween Bark

Candy corn can be mixed with other ingredients and put into chocolate to make a delicious Halloween candy bark. Festive Halloween treats can be easily concocted with a little imagination. Crafting a homemade chocolate and candy bark is one way to incorporate many of the candies and other treats synonymous with Halloween in a single delicious bite.

According to Baking Bites, an online source of recipes and cooking advice, chocolate bark is a sheet of chocolate that is usually covered with nuts, dried fruits, candies, or additional pieces of chocolate. Bark, which is an easily prepared homemade dessert, can be broken apart into pieces.

Making bark begins with a favorite melting chocolate. Individuals can use candy-making chocolate that may need to be tempered and poured, or they can melt down chocolate bars and chips. This is best done in a double boiler set over simmering water. Some people

have success melting chocolate in a microwave on low until the right consistency is reached.

The chocolate should be spread out on a pan lined with parchment paper or another nonstick surface, such as oiled aluminum foil. While the chocolate is still tacky, add the desired bark ingredients. Come Halloween, cooks can use candy corn, pretzels, raisins, pumpkin seeds, sunflower seeds, and even dried cranberries to give the treat a seasonal feel. Of course, the bark can be customized to any flavor profile. Another fun idea is to have gummy worms or other candies sticking out of the bark for a truly 3-D effect.

Some people may choose to use white chocolate or melting candies in different colors (orange and yellow) to add even more appeal to Halloween-theme bark.

Let the bark cool and harden. It can then be lifted off of the pan and broken into pieces.

How To Prepare And Cook Pumpkin Seeds

Nutrition and Halloween do not necessarily go hand in hand. While many parents may go to great lengths to ensure their youngsters' Halloween treats offer at least a little nutritional value, the bulk of costumed kids' hauls still tends to be candy.

Pumpkin seeds are one delicious yet often overlooked Halloween treat. According to Healthline, an online medical resource that aims to educate readers as they pursue their health and overall well-being, pumpkin seeds provide a host of health benefits. Data from the U.S. Department of Agriculture indicates that a single cup of pumpkin seeds can provide as much as 22 percent of a person's daily recommended value of dietary fiber. In addition, pumpkin seeds are loaded with vitamin K, which plays a role in blood clotting and bone metabolisms and helps to regulate blood calcium levels.

Pumpkin seeds tend to be easily accessible come Halloween, as they're right inside the pumpkins many who celebrate this ghoulish holiday turn into jack-o'-lanterns. When carving pumpkins this Halloween, people can forgo relegating pumpkin seeds to the garbage can in favor of cooking them. The following are some tips, courtesy of Whole Foods, to help Halloween celebrants prepare and cook pumpkin

seeds.

Remove seeds from the inner cavity. Pumpkin seeds may sometimes be covered in excess pulp. Upon removing the seeds from the inner cavity, wipe off the pulp and then spread the seeds out evenly on a paper bag, allowing them to dry overnight.

Place the seeds in a single layer on a cookie sheet. Once the seeds have dried, they can be placed in a single layer on a cookie sheet. Roast the seeds in the oven at a temperature between 160 and 170 F for 15 to 20 minutes. Whole Foods notes researchers found that roasting pumpkin seeds for more than 20 minutes can lead to unwanted changes in the fat structure of the seeds. To avoid such changes, make sure the seeds are not roasted for more than 20 minutes.

Once they have been roasted, pumpkin seeds can be served as-is as a delicious snack. Whole Foods notes that seeds also can be sprinkled into mixed green salads. Pumpkin seeds can even be ground with fresh garlic, parsley and cilantro leaves and then mixed with olive oil and lemon juice to create a delicious salad dressing. Chopped pumpkin seeds also can be added to cereals.

This Halloween, don't forget to add a little nutrition to celebrations by roasting some pumpkin seeds.





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ARTS & LEISURE

Young Piano Soloist Featured
At Local Church

BY BETTINA THIEL
WOODBRIDGE TOW NEWS CORRESPONDENT

Nenad Iovic is an old soul in a 26-year-old body who channels the music of centuries to a 21st century audience. Much like the European instrumentalists of old, who switched from one instrument to another, the recent Yale graduate in piano performance took on a job as church organist at First Church of Christ, where he enriches their Sunday worship by accompanying their traditional hymns on the organ, but occasionally turning to the piano to set the tone.

Music allows him to share emotions and connect with people he didn't even know, he said in a conversation with this reporter, taking in the warm rays of the fall sun in the picnic grove across the street from the church. "I really like it here. I could see myself living here," he says of the Greater New Haven area.

The connection he has found through the church helped him put down roots. During the summer, when he was traveling for music classes, he returned every Sunday to play in church. "It felt like I was coming home," he said.

On Saturday, October 19, starting at 4 p.m., the greater Woodbridge community will have a chance to hear Iovic play, but it won't be on the organ. He will be performing a program of his favorite romantic pieces on the church's upright piano. The concert is part of the Woodbridge Arts and Music Festival running that weekend, Friday, October 18 through Sunday, October 20.

The program focuses on music by Johannes Brahms, starting with four piano pieces, Opus 119, and the Pi-

ano Sonata in C major, Opus 1. Iovic points out that the four piano pieces were among the last of Brahms' compositions, while the sonata was the first. It is a good way to explore the development the 19th century composer took from his early works, he said.

It is the music that brought Iovic to this area. Born and raised in Belgrade, he learned to play the piano as a four-year-old, in the same music school that his older brother had taken his first lessons. In fact, it is in that music school that he took his first steps as a toddler, he said. It was his mother who recognized his talent and encouraged him to follow his heart.

Iovic was born in a country at war — what had once been cobbled together as one Yugoslavia, was falling apart, with religious, social and ethnic unrest and ultimately, the founding of a new Serbia. But the country and its residents were building a life from ruins, and there were not many openings for a young pianist to grow. He had to look abroad to link into the world of classical music.

Having taken master classes in Tel Aviv during the summers, he applied to and was accepted at the Buchman-Mehta School of Music, where he graduated with an MA. Two years later, he was accepted into the Yale School of Music, as a student of Prof. Boris Berman.

He is currently a collaborative piano fellow at Yale. As part of his job, he teaches and coaches, but he also plays with students of other instruments — which requires not only an understanding of those instruments, but a vast musical repertoire. "I practice 10-12 hours every day," he said. His goal is to get his doctorate in piano.



The life as a professional pianist is all-consuming. He travels to attend master classes and competitions; he practices, he accompanies; "it's tough," he said, "but also beautiful." He feels that he still has ways to grow as a musician. "From age four I knew I wanted to be a pianist, I was born for that," he said. "And now I am sure of it."

The concert is part of the Woodbridge Arts and Music Festival, which celebrates all things Woodbridge as part of the Fallapalooza. The festival starts on Friday, October 18 with an art exhibit opening at the church and its Parish House, followed by a performance of the St. Luke's Steel Drum Band.

Saturday activities start off with two hikes, either a five-mile hike led by the Conservation Commission; or

a 1.5-mile family hike led by the Recreation Commission. Stick around on the Green between 10 a.m. and 1 p.m., for entertainment, including Sound Affect singing group, Bennen Lucey Irish dancers and later a klezmer band; Musical Folk will give a demonstration of its music classes for the youngest ones; Massaro Farm and the Beecher Road School Green Team will have tables for demonstrations.

Following the classical concert there will be reception in the Parish House. Later, on Saturday there will be square dancing in the Center Building gym.

The festival closes with a church service on Sunday morning, October 20 at 10 a.m., with an all-out musical program featuring a piano and organ duet by Nenad Iovic and Faye Chen, as well as the church's bell choir and choir.

Ansonia Nature Center Upcoming Events

October 2019
BITTERSWEET WREATHS
Saturday, October 5, 2 pm

Bring your own clippers and gardening gloves for this workshop led by Ranger Dawn. When you collect these beautiful orange-berried vines, you're actually helping the park by removing this invasive plant species. FEE: \$6. Please call to register.

NATURE AS MENTOR
Sunday, October 13, 2 pm

Join Marlow Shami, a nature-based teacher, artist, healer and writer, who will conduct the Nature As Mentor program for adults. Learn the magnificent language of nature in this powerful workshop. Discover your unique

niche as part of our planet's restoration plan. The wisdom of elder/earth-based cultures, as well as recent empirical research in the fields of ecopsychology and environmental psychology, mindfulness-based stress reduction, meditation, and energy medicine, provide the foundation of this 90-minute program. Attendees acquire simple tools to access the guidance they seek and restoration needed for negotiating the challenges of daily life. Discover how to actively engage in caring for our shared home. Adults only. Please call to register. FEE: \$20 per person.

AUTUMN FESTIVAL
Saturday, October 19, 11 am-3 pm
Celebrate this wonderful season

with the staff and the Friends of the Ansonia Nature Center (FANCI)! Take a ride through our community gardens and fields in our horse-drawn story wagon, where you'll hear some spooky Halloween tales! Learn about bats, spiders, and owls! Have some fresh apple cider and baked goods. Visit the Nature Shop to buy some creepy and crawly nature-related items. Enjoy nature-related exhibitors and vendors. You can try your hand at pumpkin painting, get your face painted, and make some original crafts. All proceeds will benefit the Nature Center's exhibits. RAIN or SHINE. No park admission fee. Call us for more information: 203-736-1053.

SELF DEFENSE WORKSHOP

FOR WOMEN
Wednesday, October 23, 6:30-7:30 pm
Learn life-saving techniques and how to take control of a potentially dangerous situation using practical, effective tactics. Today, self-defense is more important than ever. Refuse to be a victim! This workshop at the Nature Center is a must for women of all ages, so sign up today! Presented by the Assembly of the Martial Arts Academy. FEE: \$20 (cash or check payable to AMAA, due by October 21). For more information, call Theresa at 203-506-3816 or the Nature Center at 203-736-1053.

See "Ansonia Nature" On Page 25

ARTS & LEISURE



L-R: Aiden Tisher, James Fortin, Mathew Haiday, Jack Fortin, Dominic Rendero

Rendero Completes Eagle Scout Project with Bethany Land Trust

Dominic Rendero, an Eagle Scout candidate with Troup 59, has completed his Eagle Scout project with help from fellow scouts, friends, family members and Bethany Land Trust volunteers. His project, a 34-foot bridge, spans a stream at the entrance to the J.B. Gardner trail in the Russell Swamp area off Sanford Road in Woodbridge that the Bethany Land Trust helps maintain. This trail is a remnant of the historic Naugatuck Trail, originally established by the Paugussett Tribe, and is one of the oldest Native American trails in Connecticut. It was later used by settlers, including the 1800s “Leatherman,” as the main route leading from New Haven to Naugatuck.

With guidance from master carpenter and Bethany Land Trust board member, Bart Piccirillo, Rendero crafted the bridge design and guided his project through the approval process of several Woodbridge organizations, town boards and commissions (Planning and Zoning, Inland Wetlands,

Board of Selectmen, Woodbridge Land Trust). He procured construction materials and directed his team of scouts and other volunteers during the construction phase in July and August.

The bridge, estimated to be about 4 tons, is supported by three telephone poles donated by Eversource Energy with decking made from a composite material. Donations of cement, stone, decking and other materials were made by Woodbridge True Value Hardware, Home Depot of East Haven, Home Depot of Derby, Home Depot of Hamden, and West Rock Materials. Mr. Rendero is also grateful for the generous contributions from Laticrete International and B and B Transportation. Both Rendero and Piccirillo are pretty sure this bridge will be there for a long time.

The Bethany Land Trust is grateful to be supported by the Scouts, their parents and leaders and we are always looking to provide the Scouts with opportunities for community engagement.

“Ansonia Nature” From Page 24

NATURE EXPLORERS

Wednesdays, October 23, 30, November 6, 13, 10–11:30 am

Join us for this 4-week pre-school/toddler program for children ages 2-5 with their adult explorer. Participants will have fun exploring nature every week in these outdoor classes, which are loosely structured, influenced by the seasons and the interests of the children. We will go outside to explore nature every class so please dress for the weather. Classes will end with a light snack and conversation. TUITION: \$40 for all 4 weeks, Class is limited to 10 children. Please call to register: 203-736-1053.

NUTS AND NESTS

Saturday, October 26, 2 pm

Nuts to you! Gone to seed, everything is squirrel feed! Explore the Nature Center’s Woodland Trail with Ranger Amie to observe our local squirrels building nests and hoarding nuts and seeds for the winter. Collect wild food for them and make a squirrel feeder to take home. For ages 6 and up. FREE. Please call to register.

November 2019 A PASSION FOR BIRDS WITH HENRY LAPPEN

Saturday, November 2, 2 pm

This unique interpretive program for families helps people understand and connect with birds and other wildlife. Using masks, comedy, and loads of audience participation, artist Henry Lappen explores how and why birds

have adapted to their environment. He explains the science while demonstrating how the birds move and act. Participants get to try on the masks and soar as eagles, stalk as herons, and swim as puffins. FEE: \$6 per person; please call to register. For all ages.

FALL FOLIAGE HIKE

Sunday, November 3, 1 pm

Join the Nature Center naturalist for a stroll through our woodlands, old fields, and wetlands. Enjoy the beauty and the crisp fall air while learning about New England’s flora and fauna. Wear appropriate shoes for this moderate hike. FREE. Please pre-register.

ONGOING PROGRAMS

Creature Feature

Saturdays, 12 noon

Come to meet our furry, scaly, and feathery animal ambassadors. You’ll have the chance to touch and hold them in this FREE family program for all ages.

Sunday Guided Hikes

Sundays, 1 pm

Join a Nature Center guide on Sunday afternoons for fun, exercise, and learning about our trails! See the above listings for hikes with a specific theme.

Fiber Arts Group

Tuesdays, 6 pm

Get together with others to work on your fiber arts projects! Bring any kind of fiber work—knitting, felting, crocheting, etc. A great way to dedicate time to your handiwork and socialize too. FREE.



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(Left) Schoolyard and Schoolhouse lesson: Students of Beecher Road School in Woodbridge listen to “teachers” (our Beecher Road librarians) give a lesson as they would have in ca 1870 when the Old South Schoolhouse was built. Located on Johnson Road, the Schoolhouse was fully restored by the Amity and Woodbridge Historical Society. Afterward, the students played old fashioned games in the schoolhouse yard. (Right) Calligraphy Lesson at the Darling House and Butter Churning: Third-grade students churn butter (and then sample it!) and see their names lettered with the type of pen that Mr. Darling would have used. They even got to take their name cards home as a souvenir.

Beecher Road Students Enjoy Darling House Field Trip

The volunteers of the Amity and Woodbridge Historical Society hosted 95 students plus their chaperones and teachers to the historic Darling House and the Old South School House for

learning and fun. The students sampled what learning was like in a one-room school and then what life was like on Thomas Darling’s farm 250 years ago. They

churned butter, made cider, had their names written in calligraphy, played old fashioned recess games and even experienced a schoolhouse lesson. The Amity and Woodbridge Historical So-

cety has been running this field trip for over 23 years. A big thank you to the volunteers who made the day a success for this wonderful group of students.

Historical Society Awarded Good to Great Grant

The Amity & Woodbridge Historical Society (AWHS) is pleased to announce that it was awarded a “Good to Great” grant by the State of Connecticut for improvements to the historic Thomas Darling House, where it operates its museum. The “Good to Great” grant provides funding for capital projects that link art, history and tourism in ways that enable cultural and historical sites to enhance the visitors’ experience. Grant funds of \$48,263 from the Department of Economic and Community Development will be matched with \$16,088 in AWHS funds to install a mist fire suppression system and to provide kitchen space and a public washroom by remodeling an existing archives room as well as a hall and half bath, which are part of the adjacent caretaker’s wing of the property. The

original 18th century house will not be altered by this renovation project. The creation of these new spaces will allow AWHS to increase its educational programs, support increased visitation to the museum, and create more intimate living history experiences for its visitors. “Our audiences enjoy and derive the most educational benefit from being able to participate: they learn by tasting, touching, and being introduced to history via stories of real people and authentic objects,” says AWHS President Alexia Belperron. “We want our visitors to feel at home to stay and explore, not just take a tour. This project will directly support this plan.” The Thomas Darling House is an exceptional resource for understanding 18th- and 19th-century art, culture, and history in Connecticut. The site

preserves the country home of a prominent colonial figure and his family and is filled with material culture that illustrates the history of the family and of Woodbridge, including a Doolittle grandfather clock, Benjamin Woodbridge’s chair from the original Amity Parish meetinghouse, 19th-century portraiture, products of local factories, and an exceptional collection of textiles. These provide authentic windows to the arts, culture, and history of Connecticut and every visitor reacts enthusiastically to their experience. State Senator George Logan says, “the Society has a stellar reputation, thanks to its many dedicated community volunteers. Improving the safety and accessibility of the Darling House is vital to ensuring that the Society can continue to be successful in its mission. These funds will assist the Society in its

commitment to preserving the history of Woodbridge while educating people of all ages on the importance of that history.” The Amity & Woodbridge Historical Society is an 85-year-old, all-volunteer organization that promotes the preservation of Woodbridge and Connecticut history. Its extensive collections include numerous Darling family possessions housed in the Thomas Darling house museum which it uses to fulfill its mission to preserve and promote the history of Woodbridge and Amity Parish through maintaining the museum and collections, creating engaging programs for all ages, and promoting the preservation of historic buildings and sites. For more information about the Amity & Woodbridge Historical Society visit www.woodbridgehistory.org.

Halloween Fast Facts & Figures

Halloween is celebrated in various countries. Halloween can trace its origins to Ireland and is based on the ancient Celtic festival of Samhain, during which people would light bonfires and wear costumes to ward off spirits. Halloween has since become a day to play pranks and don costumes while going door-to-door seeking treats from neighbors.

Each year, the National Retail Federation tracks Halloween trends. The figures and statistics shared by the NRF and other organizations paint a picture of just how popular Halloween can be.

- Consumers will spend an estimated \$9 billion on Halloween. The average American will spend \$86.79 on the festivities, according to the NRF.
- The U.S. Census Bureau indicates that there are 41.1 million potential trick-or-treaters aged 5 to 14.
- Ninety-five percent of people surveyed by the NRF planned to purchase candy for Halloween. The next most popular purchase is decorations (74 percent).
- Forty-five percent of respondents planned to carve a pumpkin for Halloween, says the NRF.
- In Canada, there are 2,569 farms with pumpkin patches, according to the 2016 Census of Agriculture.
- The top-ranked costumes for children in 2018 were princess and superhero. Adults planning to dress up were more likely to go as a witch or a vampire.
- Data from domestic box office

earnings of horror movies in 2018 totaled \$752.2 million. This accounts for movie earnings in the United States, Canada, Puerto Rico, and Guam. "A Quiet Place" and "Halloween" were the top-grossing horror flicks of the year.

- The ubiquitous "pumpkin spice" starts to turn up in various products as soon as there are hints of autumn. Nielsen says \$6.9 million was spent on pumpkin spice products in 2018.
 - Candy corn is either loved or loathed. According to the National Confectioners Association, 42.7 percent of people who enjoy candy corn say they eat the narrow white part of the candy corn first.
 - The NRF states that, when looking for their ideal costumes, 33 percent of consumers will check online first, followed closely by 29 percent in stores.
 - Pet costumes remain incredibly popular. Prosper Insights, a marketing and analytics company, states that 31.2 million Americans plan to dress up their pets — with millennials being the largest demographic to do so.
 - There are potentially 120 million stops for trick-or-treaters to visit in the United States, based on data from the U.S. Census Bureau.
 - The Manufacturing and Wholesale Trade Division in Canada says that there were 158 businesses engaged in formal wear and costume rentals in Canada in 2017.
- Halloween is frighteningly popular, with scores of people taking part in the spending and antics of this entertaining day.

Did You Know? Changes to Connecticut Living Trust Laws

The 2019 session of the Connecticut legislature made significant changes to Connecticut law concerning trusts, including revocable trusts (also called "living trusts"). Here are just a few important changes:

Change 1: The adoption of the Uniform Trust Code ("UTC"), a statute previously adopted by many other States. The UTC becomes effective January 1, 2020, but many of its provisions will apply to trusts that were signed before January 1. The UTC will govern the way trusts are created, administered, and terminated. The UTC contains detailed rules concerning notice to beneficiaries, non-judicial settlement agreements, liability of trustees, and claims by creditors, as examples. The person creating the trust (called a "settlor") can opt out of certain parts of the UTC, but other parts are mandatory.

Change 2: A second change was the adoption of the Connecticut Uniform Directed Trust Act. This allows a settlor to divide responsibilities, naming one person to make distribution decisions, for example, while a different person is named to make investment decisions.

Change 3: A third change was the adoption of the Connecticut Qualified Dispositions in Trust Act. This allows a settlor to put assets into an irrevocable trust in a manner that protects those assets from the claims of many creditors of the settlor. Many other States have adopted these "asset protection trusts". Connecticut now joins that group.

NOTE: Many of our previous cautions about myths and truths concerning revocable trusts remain. Even with a revocable trust, you still need to file a Connecticut Estate Tax Return with the Probate Court, you still are subject to statutory Probate Court fees, the assets in the trust remain "available" to you if you need help from Medicaid with long-term care costs, and the trust, by itself, does nothing to reduce estate taxes.

If you are interested in learning more about the changes in Connecticut trust law, please visit our website and read our blog for recent posts.



Steven P. Floman, Allison M. DePaola-Drozdz, and Nicole Camporeale of the law firm Floman DePaola, LLC are the authors of this article. This article has been prepared for general informational purposes only and is not intended to constitute legal advice or to create an attorney client relationship. Readers should not act upon the information contained in this article without seeking advice from an attorney regarding the specific facts and circumstances of your case.

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At Woodbridge Town Green,
And the First Church of Christ & the Parish House

2ND ANNUAL WOODBRIDGE 2ND ANNUAL ARTS & MUSIC FESTIVAL

Weekend of Art, Music, Dancing, Singing, and Fun
OCT. 18, 19, 20



- Friday**
6:00 - 7:30 pm — Reception in Parish House for Art Gallery in both the Meeting House & Parish House and for following concert (art work on display all weekend)
7:30 pm — Concert by the St. Luke's Steel Drum Band in Meeting House
- Saturday**
9:00 am — 5 Mile Fall Foliage Hike led by Conservation Commission
9:00 am — Family Hike Alice Newton Street Memorial Park - 1.5 miles sponsored by Town's Recreational Department
10 am - 1 pm — Activities, Arts/Crafts, food trucks, entertainment on Green
- Sound Affect Singing Group on stage on the Town Green
- Brennen Lucey Irish Dance Group; Irish dance demonstration&class, all ages
- The Nu Haven Kapelle Kapelle, klezmer band
- Musical Folk — demonstration
- Massaro Farms demonstration and participation
- Beecher Road School Green Team Project
4 pm — Recital by Nenad Ivovic, Prize winning pianist, in Meeting House (church), followed by reception in Parish Hall
7 - 9 pm — Square Dance in Center School Gym, all ages
- Sunday**
10 am — Church Service, piano/organ duet by Faye Chen & Nenad Ivovic, Bell Choir, the Choir

A Woodbridge Gathering

firstchurchwoodbridge.org **Absolutely Everyone Welcome** firstchurchwoodbridge.org

HEALTH & FITNESS

Management Of Acute Sports Injuries

BY KYLE BRANDAY, MSPT/CDN

There are few things more gut wrenching than lying on the court or field of play, writhing in pain from an injury just sustained during practice or a game. The swelling, the pain, an inability to get yourself off the field is agonizing. Most athletes, whether professional, collegiate, or recreational have been in this position at one point or another. Oftentimes we are able to bounce right back up, take a quick rest, and get right back to playing. However, what happens when we can't get right back in the game?

The conventional approach has always been RICE: Rest, Ice, Compression, and Elevation. The reason for this is that in most acute injuries, the damage to soft tissue (ligaments, tendons, and muscles) as well as involved joints can create swelling and inflammation. By resting, we reduce the further strain put on the injured area. Icing assists with reducing the inflammatory response and creating vasoconstriction (narrowing of the blood vessels) to reduce swelling. Compression also reduces swelling by preventing the fluid in the affected area to pool and expand. Elevation allows for a natural flow of the fluid in the injured area to work its way back to the heart passively. Contraction of our muscles prevents pooling of fluid normally, however, in injured areas, our muscles often are too painful to contraction and creating that normal pumping effect to drive fluid out of the injured area.

Research has shown that acute treatment of injuries sustained on the field will lead to significantly less time on the sidelines. Take one of the most common field injuries, an ankle sprain. Generally speaking, a sprain of the ankle involves injury to both ligaments and tendons and can create significant swelling, pain, and difficulty with walking and certainly in performing sports related activities.



Kyle Branday

Treatment of an acute ankle sprain to manage swelling and pain within the first 24-48 hours can lead to potential rehab time of 2-4 visits, whereas chronic treatment viewed at treatment began 72 hours or later post injury can lead to treatment time up to 3-5 weeks.

The results speak for themselves. While younger athletes always tend to rebound faster than those of us who still try and be weekend warriors, we all need acute treatment of our injuries in order to get back on that playing field quickly. Don't let a simple sprain keep you off the field.

Kyle Branday, MSPT/CDN is a licensed physical therapist and partner at Amity Physical Therapy. He is a graduate of Quinnipiac University with years of experience treating a wide variety of injuries including orthopedics, sports related injuries, and neurological rehabilitation while working with patients of all ages and ability levels. Amity Physical Therapy is in its fifteenth year as a practice and now maintains three offices: Woodbridge, Hamden and Branford. Kyle can be seen at the Woodbridge location at 1 Bradley Road and can be reached at (203) 389-4593 or visit amitypt.com.

American Cancer Society Needs Volunteer Drivers

The American Cancer Society is in need of volunteer drivers to support the Road To Recovery® program, which provides cancer patients with free rides to treatment. This year, an estimated 21,950 Connecticut residents will be diagnosed with cancer, and for some getting to treatments can be their biggest roadblock. A successful transportation assistance program can be a tremendous, potentially life-saving asset to the community. That's why volunteering for the American Cancer Society's Road To Recovery program is so important.

"Every day, thousands of cancer patients need a ride to and from their treatments," said Samantha Martinez, program manager, American Cancer Society. "Even the best treatment can't work if a cancer patient can't get there."

Volunteer drivers are needed to help

give cancer patients a much-needed lift. The organization screens and trains all volunteer drivers, and coordinates the rides for patients. Volunteer drivers donate their time and can provide as many rides as they want.

All drivers must have:

- › A current, valid driver's license;
- › A good driving record;
- › Access to a safe and reliable vehicle;
- › Regular desktop, laptop, or tablet computer access; and
- › Proof of car insurance.

The American Cancer Society stands shoulder to shoulder with cancer patients and those supporting them, focused on improving patient access to quality care, including transportation.

To learn more about volunteering for the Road To Recovery program, visit cancer.org or call us at 1-800-227-2345.

Why Are Tricks Part Of Halloween?

For most of the year, playing pranks on loved ones and neighbors may not be met with open arms. But attitudes tend to relax on or around October 31, when millions of people celebrate Halloween.

For some celebrants, Halloween is as much about tricks as it is treats. But why are tricks even involved with Halloween? According to Smithsonian.com, the tricks played on Halloween can be traced to 19th century celebrations of the holiday. Even though Halloween can trace its roots back thousands of years to the Celtic countries of northwestern Europe, the notion that it was acceptable to prank one's neighbors is a relatively recent addition to Halloween lore. Smithsonian.com notes that, in the 19th century,

Halloween night was a time for pranks, and it was not uncommon for older children to jump out from behind bushes to frighten young kids. Communities were generally smaller and more closely knit back then than they are today, which made it safer to pull pranks on Halloween.

However, as the United States became more modern and urbanized, the once-innocent mischief gradually transformed into mayhem, prompting many people to call for Halloween celebrations that were safer for young children. Modern Halloween celebrations are not nearly as mischief-heavy as those of centuries past, though many celebrants still find it fun to play a mischievous prank or two on their loved ones come October 31.

“As soon as I arrived in the Indies, in the first island which I found, I took some of the natives by force, in order that they might learn and might give me information of whatever there is in these parts. And so it was that they soon understood us, and we them, either by speech or by signs, and they have been very serviceable.” — CHRISTOPHER COLUMBUS

BULLETIN BOARD

Please Note: If you have an event for the Bulletin Board, please send it along no matter how far in advance it is. We will include it in the appropriate issue(s) until the event has taken place.

Boy Scout Troop 63, meetings Monday nights 7:00pm-8:30pm, Our Lady of the Assumption “Mother” Church, 1700 Litchfield Turnpike (Route 63), Woodbridge; September-April and May-June outdoors at Camp Whiting, all boys ages 10 and up or who have completed the fifth grade are welcome to stop by and see what we’re all about. For more information, visit <http://www.troop963.org> or email Troop63CT@gmail.com.

Shelton Art League (formerly Bridgeport Art League), meetings on the 3rd Monday of the month, noon, Shelton Community Center, 41 Church Street, Shelton, CT, 2nd floor, room #2, a diverse group of artists, future meetings include acrylic landscape, watercolor and oil painting demos. Visit <http://www.sheltonartleague.org> for additional information. Guests are always welcome.

Bereavement Support Groups, Tuesdays 4:00-5:30pm and Wednesdays 6:30-8:00pm, Griffin Hospital, 130 Division Street, Derby, support groups for anyone experiencing the loss of a loved one. Contact Janice Lautier at 203-732-1100 or jlautier@griffinhealth.org to register.

Networking Opportunity, Tuesdays, 7:00-8:30am, Solun Tapas Bar Restaurant, 245 Amity Road. Do you want more hot referrals? Come as our guest; unlimited free coffee; bring business cards. For more information or to make a reservation, contact Elyce Siegel at 203-668-3019 or Elyce.siegel@hibu.com.

Woodbridge Republican Town Committee Meetings, second Tuesday of each month, 7:30pm, Center Cafeteria. Visitors welcome and we urge you to join us. For information, go to www.woodbridgegop.org.

Cancer Support Group, meets the second and fourth Tuesday afternoons of the month at Coachman’s Square, 21 Bradley Road, Woodbridge. If interested contact: Lucille Ranciatto lranciatto2@yahoo.com or Bernie Siegel, MD bugsysiegel@sbcglobal.net for details.

Trap Falls Kennel Club Obedience Classes, every level, AKC STAR Puppy (obedience for dogs under 12 months) and Family Manners Classes/Obedience & Canine Good Citizen; Wednesday and Thursday evenings, Pawz for Wellness in Shelton. For registration and/or information, call 203-450-9485 or email tfkctraining@gmail.com. Trap Falls Kennel Club is a non-profit member club of the American Kennel Club (AKC).

Boy Scout Troop 907, Come find out why Troop 907 has been Making a Difference in the Life of Scouts since 1968. Meetings Thursday nights 7:00-8:30PM at the First Church of Christ in the Parish House (enter via back parking lot), 5 Meetinghouse Lane, Woodbridge next to Town Hall. Boys aged 10 and older or who have completed 5th grade are invited to visit an upcoming meeting and join the adventure of scouting. For more information, visit our website Troop907.org or use the website “contact us” link to communicate directly with troop leadership.

Alzheimer’s Community Caregivers Support Group, 2nd Thursday of the month, 5:00pm, Arden House,

Conference Room, 850 Mix Avenue, Hamden. Call Maria Paduano, Program Director to RSVP or for more information at 203-281-3500, ext. 7669; www.genesishcc.com.

Woodbridge Rotary Club Meetings, 1st and 3rd Fridays of the month, New Members wanted! The Woodbridge Rotary Club has changed its meeting places. Please go to the website to see current meeting dates and event dates: <https://woodbridgerotary.org/> Contact the Club President Diane Milan or Secretary Karen Bellamy for any updates.

Goat Yoga, every Saturday at 9am, 10:15am and 11:30am, Locket’s Meadow Farm, Bethany, \$25.00. Stretch and pose with our sweet baby goats (and pigs and puppies and who knows who else will wander through) and learn what the goat hype is about! All funds from our programs go directly to support the rescued animals of Locket’s Meadow as well as to help fund our programs for special needs individuals. Please bring your own yoga mat, but if you forget, we have a few extra.

Ansonia Nature Center Events, 10 Deerfield Road, Ansonia; call 203-736-1053 to register for all events.

Donate Your Car, Truck or Van, help raise funds for a local private school; FREE, FAST, TOW AWAY; Running or Not Running; Can be used for a charitable tax deduction. Call Charter Oak Education DBA Sterling Education at 860-643-1100.

Touch-A-Truck, Sponsored by Boy Scout Troop 115 of Naugatuck, September 21, 2019, 10 am - 3 pm, General DataComm Parking Lot, 6 Rubber Avenue, Naugatuck \$5/person, \$20/

family, 2 and under/free; Come see and explore many exciting construction trucks, emergency vehicles and custom cars. Food trucks, vendors and games. Quiet hour to be held from 12pm- 1pm for guests with special needs or sensitive ears. Proceeds from this event will help scouts attend camp and purchase much needed scouting equipment. Check out our event page on Facebook: www.facebook.com/events/2520417301350892. Questions: Contact trucks@onmyhonor.com.

Ansonia Harvest Festival, Saturday, September 28, 2019, 1am-5pm, music, food, crafters, vendors, a petting-zoo, and more!

Autumn Tavern Night, Saturday, October 12, 2019, 5pm–9pm, Derby Historical Society, 37 Elm Street, Ansonia; enjoy fare piled high and authentic desserts baked before you in our fireplace; artist on location for live-action sketches, music, cash raffles, best outfit prize, and more! *21 and over - drinks are on us* Tickets: \$20.00/pp. For Tickets call 203-735-1908. *Rain date – October 13th

Free Baby and Kid’s Item Swap, October 20, 2019, 12:00-3:00pm, First Church of Christ, Bethany, 511 Amity Road, Bethany. Bring clean gently used clothing, shoes, toys, accessories, Halloween costumes, books, baby furniture/outdoor toys and maternity items to donate, then, pick up new to you items! No need to bring items to pick up items! Feel free to donate your gently used items even if you do not want to swap out for any items! For more detailed information on when to drop off donations, and what items we allow, call 203-393-3116 and speak to Karolina! 100% free event, food and beverages will be served!



“From Our Readers” From Page 5

bridge Town News, page 9 and the lead article in the September 2019 issue of Woodbridge News and Events.)

Although Ms. Heller does mention, somewhat in passing, that the property cannot be sold without a vote of the residents in the context of her articles, she does not seem to think that approval will be a problem.

The fact is that there are many good and valid reasons why this property should not be sold to a developer. They have been articulated by many residents before and we are sure they will be again. In fact, several years ago the voters soundly rejected a sale of this property to one who wanted to develop fewer units than the plan now being considered.

Do not be misled into thinking that the sale of the property is a done deal. It is not. Woodbridge voters will have their opportunity to once again soundly reject this ill-conceived plan.

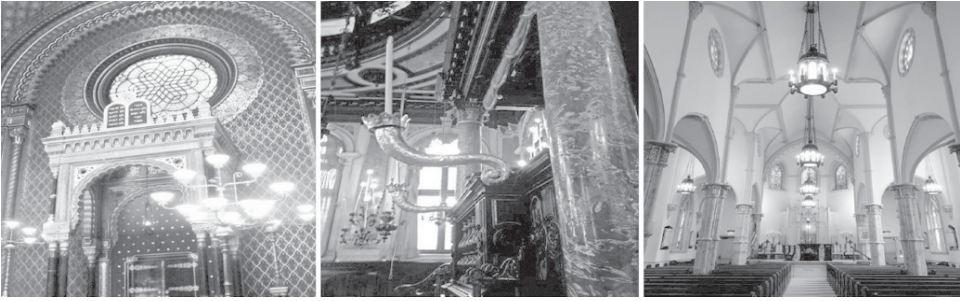
Virginia and David Schneider

Commending Amity High School Student for Outstanding Help

My family is relocating to North Carolina after 9 years in Woodbridge. We are fortunate to have enjoyed the friendship of many in this town and through the school system. We would like to especially thank Amity High School student, Shyam Viswanathan, for pitching in and cheerfully helping us with the difficult job of packing up the house and clearing things out.

Radhika Khwaja

HOUSES OF WORSHIP EVENTS



Congregation Beth El – Keser Israel Events

Fall Holy Day Services

Tuesday, 8 October: Kol Nidre Services 6:15 to 8:30 pm

Wednesday, 9 October: Yom Kippur Services 9:00 am to 2:30 pm
Including Children's *Havura*, K-2 Kehila, Junior Congregation, Learners' Service

Study Sessions 3:00 to 4:15 pm, followed by *Minha*
Concluding Services 5:30 pm to 7:03 pm

Sunday, 13 October: Erev Sukkot *Minha* & *Maariv* 5:45 to 6:20 pm

Monday, 14 October: [Columbus Day] First Day Sukkot Services 9:15 am to 11:45 am

Minha & *Maariv* 5:45 to 6:20 pm

Tuesday, 15 October: Second Day Sukkot Services 9:15 am to 11:35 am
Minha 6:00 to 6:20 pm

Sunday, 20 October: Hoshana Rabbah *Shaharit* 9:00 am to 11:10 am
Minha & *Maariv* 5:45 to 6:15 pm

Monday, 21 October: *Shemini Atzeret* Services 9:15 am to 12:00 pm
Minha 5:45 to 6:00 pm

Erev *Simhat Torah* 6:00 pm to 8:00 pm

Tuesday, 22 October: *Simhat Torah* Services 9:15 am to 12:30 pm
Minha 5:45 to 6:05 pm

Joyous Sukkot Celebrations

BEKI's annual Family Sukka Hop, an invitation to a succession of sukka parties in Westville, is on Columbus



Congregation Beth El-Keser Israel

Day, Monday, October 14 from 3:00 to 5:30 pm.

The annual Pizza in the Hut is Wednesday, October 16 at 6:30 pm, \$10 for adults, \$5 under 12, family max \$30. Reservations required by October 11 to office@beki.org or 203.389.2108 x114.

Through BEKI Eyes: Photographs of Synagogues

This exhibition is the latest edition of BEKI's high holiday show, drawing on the experiences of BEKI travelers who record their impressions of synagogues near and far with photography. This year's exhibition includes photographs from synagogues less often visited, including the countries of Georgia, Morocco, and India. The exhibition, which will be on view until late October, is open to the public by appointment.

85 Harrison Street (corner of Whalley Avenue – Route 63 – in Westville

Congregation B'nai Jacob Adult Education Fall 2019

Guest Speakers

Sunday, October 27, 10 AM

Adina Hoffman: "Till We Have Built Jerusalem: Architects of a New City"

Award winning essayist and biographer Adina Hoffman will discuss her book "Till We Have Built Jerusalem," a gripping and intimate journey into the lives of three very different architects who helped shape modern Jerusalem. A powerful rumination on memory and forgetting, place and displacement, the book uncovers multiple layers of one great city's buried history as it asks what it means, in Jerusalem and everywhere, to be foreign and to belong. A \$10 donation to CBJ is suggested for non-members.



Adina Hoffman

Learning and Prayer Bread & Torah

Every Shabbat Morning Before Services, 9:00 – 9:45am

Rabbi Shapiro explores the weekly Torah portion and how its story relates to our own. Lively discussion over bagels and coffee. No experience necessary.

Learn to Daven

Cantor Malachi Kanfer

Cantor Malachi teaches davening (reciting the prayers). Learn the modes and maneuvers of traditional Ashkenazi Shabbat nusachot (the beautiful, meaningful melodies of our rich liturgical tradition). Fall 2019. Contact the Cantor for more information and to register.

Ongoing Learning Pirkei Avot, The Ethics of the Fathers

Rabbi Rona Shapiro

Monday nights, 7:30 pm – 9:30 pm
November 4, 11, 18; December 2, 9; January 6, 27

Using the new Rabbinical Assembly

edition, with commentary by Raba Tamar Elad-Appelbaum and Rabbi Gordon Tucker, we will explore this foundational text in the Jewish canon. Everyone is welcome. No experience necessary. Nonmembers \$100.

Special Events

Sunday, November 10

Day trip to NYC's Museum of Jewish Heritage Special Exhibit: "Auschwitz: Not Long Ago. Not Far Away"

"For the first time... a traveling exhibition dedicated to the historic (importance) of 'the most significant site of the Holocaust' is being presented to a US audience."

We will travel on a comfortable coach from CBJ to the museum and back. We will have both audio recordings and special exhibition docents to guide our visit. Explore this enriching, difficult memorial with the support of Rabbi Shapiro and our community.

Reservations are limited. Priority for members and their guests. Payment Before 10/10: Per person - \$54 including bus; \$25 museum only. Payment After 10/10: Per person - \$72 including bus; \$36 museum only. RSVP and questions: CBJ office 203-389-2111 or cbj.receptionist@gmail.com.

CBJ Book Group

Wednesday, December 4, 7:30 pm in the library

Join in a discussion of *The Weight of Ink* by Rachel Kadish: WINNER OF A NATIONAL JEWISH BOOK AWARD, A USA TODAY BESTSELLER.

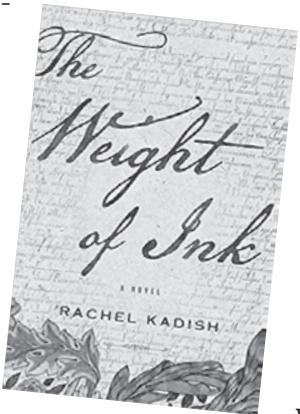
"A gifted writer, astonishingly adept at nuance, narration, and the politics of passion."—Toni Morrison

Set in London of the 1660s and of the early twenty-first century, "The Weight of Ink" is the interwoven tale of two women of remarkable intellect: Ester Velasquez, an emigrant from

Amsterdam who is permitted to scribe for a blind rabbi, just before the plague hits the city; and Helen Watt, an ailing historian with a love of Jewish history.

Discussion will be led by Elizabeth Edelglass. Elizabeth Edelglass is an award-winning short story writer, recently published in "New Haven Review,"

"Tablet," and JewishFiction.net". She also reviews Jewish fiction for "Lilith" and "Hadassah Magazine". A B'nai Jacob member, Edelglass was the founding director of the Jewish Community Library at the JCC. RSVP to 203-389-2111 or cbj.receptionist@gmail.com.



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We will publish them for free.

Woodbridge Town News – P.O. Box 1126, Orange, CT 06477
edit@woodbridgetownnews.com

HOUSES OF WORSHIP EVENTS

The First Church Of Christ October Special Events

The First Church of Woodbridge is holding the 2nd annual Arts and Music Weekend on October 18-20, in the Meeting House and Parish House at 5 Meeting House Lane. The weekend will kick off on Friday, the 18th with a Gallery Opening Reception of art works from community artists from 6-7:30 p. m. The artwork will be on display throughout the weekend. The St. Luke's Steel Drum Band will perform from 7:30-8:30 p.m. in the Meeting House.

On Saturday, the 19th from 9 a.m. – 1 p.m. there will be a variety of events on the Green in cooperation with other Woodbridge organizations. From 4 – 5 p.m., Nenad Iovic, award-winning Yale pianist and current First Church organist, will present a piano recital entitled “Brahms in the Afternoon” in the Meeting House followed by a reception in the Parish House. From 7-9 p.m. There will be a Square Dance for all ages held in the Woodbridge Center gym.

On Sunday, the 21st there will be special music at our 10 a.m. service featuring the Bell Choir, Senior Choir, and a piano-organ duet with Faye Chen and Nenad Iovich.

The First Church Men's Fellow-

ship 6th annual Food Drive to benefit Spooner House continues through October 27th. See the contact information below to inquire about drop-off times.

We also invite the community to join us for the following weekly services and special events:

Sunday Services – 10 a.m. including our **Intergenerational Service** the first Sunday of each month. Nursery care for small children is available during the Sunday services.

Church School - Sunday at 10 a.m. the second through fifth Sundays during the school year, presently with children aged 3-6 with older children helping with the younger children until we hire a new Director of Christian Education.

Middle School Youth Group for 5th – 8th graders will be performing later in the school year.

Weekly Bible Study - Wednesday, 10-11 a.m., in the Parish House. We study both Old and New Testament passages based on the Lectionary.

Boy Scout Troop 907 – meets weekly on Thursdays at 7 p.m.

For more information on these events, please contact us at (203) 389-2119 or office@uccw.



Or Shalom's 13th Annual Kristallnacht Commemoration

On August 9th, 1940, a ship called the S.S. Quanza left Portugal, filled with Jewish refugees frantically trying to escape Nazi-occupied Europe. The ship docked at Vera Cruz, Mexico, where their visas indicated that they would be allowed to land. The Mexican authorities, however, questioned the validity of the visas of 86 of the refugees and prohibited them from coming ashore. One of the passengers, a teenager, said in a telegram to his family, “...We are trapped on this boat and we must now go back to hell.” Before heading back to Europe, the SS Quanza anchored briefly at Norfolk harbor, Virginia, to load up on coal. That refueling stop reversed the fate of the refugees: A Virginian maritime lawyer by the name of Jacob Morewitz, upon learning of their plight, worked feverishly to find a way to enable their rescue. He succeeded. And those 86 refugees never forgot what he did for them.

How were the passengers of the SS Quanza saved? Come, learn and discuss! On Sunday morning November 17, 2019, 9 AM, Congregation Or Shalom, 205 Old Grassy Hill Road, Orange

will honor the courageous activism of Jacob Morewitz at its 13th Annual Kristallnacht Community Commemoration.

The highlight of the morning's program will take place when members of the Morewitz family receive a U.S. Senate Commendation from Senator Richard Blumenthal on behalf of their late father & grandfather. Guest speakers will include: Michael Dobbs of the U.S. Holocaust Memorial Museum and author of the new book, “The Unwanted”; Victoria Redel, daughter of a Quanza survivor, and author of a book based on the ship's story. In addition, the new and acclaimed documentary on the story of the SS Quanza, “Nobody Wants Us”, will be screened by its filmmaker Laura Seltzer-Duny. All are welcome. Free and open to the public. This program is made possible by a generous donation from the Men's Club Yellow Candle Fund. Please join us for this exciting community event! Free parking and shuttle bus will be available at High Plains Community Center.

For more information: 203-799-2341; Email: info@orshalomct.org • website: orshalomct.org.

High Holy Days At Temple Emanuel

YOM KIPPUR 5780/2019 AND BEYOND

EREV YOM KIPPUR SERVICE (KOL NIDREI)

Tuesday, October 8 at 8:00 pm

YOM KIPPUR MORNING SERVICE

Wednesday, October 9 at 10:00 am

- Children's Yom Kippur Service at 9:45 am*
- Yom Kippur Study Session with Bennett Lovett-Graff at 1:00 pm (approximately)
- Mincha (afternoon service) at 4:00 pm
- Yizkor at 5:30 pm (approximately), followed by Neila and Havdalah.
- Break-the-Fast after the service

EREV SUKKOT

Sunday, October 13

- Sukkah build and Sukkot Family Program at 9:30 am followed by Potluck Lunch in the Sukkah
- Erev Sukkot Service at 6:30 pm

SUKKOT

Monday, October 14 (office will be closed)

EREV SIMCHAT TORAH SERVICE

Sunday, October 20 at 6:00 pm

SIMCHAT TORAH

Monday, October 21 (office will be closed)

*Children's High Holy Day Services are intended for children in grades pre-K to 5. Younger children are welcome to attend if accompanied by an adult. Reservations are necessary.

Please contact the TE office at 203-397-3000 or office@tegnh.org for details. All are welcome – guest tickets are available and are necessary for security purposes. Temple Emanuel is located at 150 Derby Avenue in Orange.

PERSONAL FITNESS STUDIO

Located right off the Merritt Parkway
7 Landin Street (above Woodbridge Running Company)
PRIVATE PERSONAL TRAINING FACILITY.
STOP EXERCISING IN A CROWDED GYM!
“If you don’t see the degree don’t pay the fee”



203-640-8347
Tiskoal@yahoo.com

TOWN OF WOODBRIDGE
ASSESSOR’S OFFICE
11 MEETINGHOUSE LANE
WOODBRIDGE CT 06525
(203) 389-3416

PERSONAL PROPERTY DECLARATIONS
ARE BEING MAILED TO LOCAL BUSINESSES

Personal Property declarations will be mailed this month to businesses and individuals who have previously filed declarations. If you are a new business in Woodbridge, whether it is inside or outside of your home, or possess a non-registered motor vehicle, please contact the Assessor’s Office at 203-389-3416 for a copy of the Personal Property Declaration Form.

Declarations must be filed by November 1, 2019. Failure to file with the Woodbridge Assessor’s Office will result in a 25% penalty to your assessment, which will be estimated.

Personal property includes but is not limited to: non-registered motor vehicles, mechanics tools, machinery and equipment, electronic data processing equipment (computers), commercial furniture and fixtures, leased equipment (even water coolers & mail machines), farm machinery and home businesses.

For those eligible for the Farm Machinery Exemption, applications are available from the Assessor and **must be filed by November 1, 2019.**

www.WoodbridgeTownNews.com

Academic Tutoring

Middle and High School Students:

- Pre-algebra, algebra, geometry, and economics
- SSAT, ISEE, PSAT, ACT, SAT, GED, and ASVAB exams
- Time management and study skills
- College applications and essays

College and Graduate School Students:

- All accounting, economics and finance courses
- Writing projects, case studies and resumes

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“Recycling” From Page 1

remove the clogs. Cardboard or paper can’t have a liner, because that would be considered “contaminated.” Lithium batteries are explosive – leading to small fires at the recycling plant almost every week, she said. Pill boxes are not acceptable because they are too small in diameter and will fall through the screen. The same goes for six-pack rings.

RecycleCT has published a search tool to help people figure out which things are acceptable. It is available at <http://www.recyclect.com/>.

With 5,000 to 10,000 new products on our shelves every year, it is easy to miss a recycling opportunity. Manufacturers so far have not considered what happens to the products once they leave the manufacturing plant. But people are moving away from the excessive packaging. Walmart for instance pledged by 2025 to sell all items under its own brand name in packaging that is recyclable or reusable or compostable. “That’s a pretty big deal,” Baldwin said.

She also introduced new labels that will be used for all food containers, labels that will specify what to do (“Rinse and replace cap”) before the item goes into the blue bin.

But some things are just plain trash: plastic straws, used pens and pencils, toothbrushes, Styrofoam, garden hoses and the like. Shredded paper is not acceptable either.

When the materials are loaded on the belt, they are sorted automatically by weight, or blown off the belt or picked out by magnets. The last thing to fall through the grate is glass. “And you know what else falls through the grate,” Baldwin said, “toothbrushes, bottle caps, batteries, and more. That is why “we, the consumers, are at the

front line, we are instrumental in the whole process, to try and contain contamination,” she said.

The second speaker that evening was Patricia Taylor, director of the Plastics Project at Environment and Human Health. She talked about the impact of plastics on the environment and ultimately human health.

She cited studies of rainwater done in Denver, which found 90% of samples contained plastic particles; in Pennsylvania, 93% of tap water contained microplastics that people ingest when they drink the water. Plastics that are incinerated (only 9% of all plastics are being recycled) end up in the air and are carried long distances. By 2050, plastic trash will outweigh fish in the ocean.

Consumers do have a lot of clout, she said. Duracell, for instance, reduced its use of plastic in packaging, and uses recycled cardboard instead. “Customers wanted that to happen,” she said.

Taylor warned that plastics leach chemicals into fatty foods. That could have an effect on things such as peanut butter in plastic containers or milk and oil, all of which are being sold in plastic containers.

The younger generation is more aware of the toxins in the environment. Rather than using the motto “Reduce, reuse, recycle,” the motto now is “Refuse, reduce, re-use, recycle,” adding our choice to say no.

She encouraged people to look for bamboo or metal straws, to cart your groceries to your car when you forgot the re-usable shopping bag; and to look for items made out of recycled materials.

People are becoming more and more concerned about exposures, she said. But it’s always possible to refuse, reduce and re-use.

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These Treats Are Staples Of Halloween Celebrations

Kids can't celebrate Halloween without asking neighbors "Trick or treat?" Pranks might be part and parcel of Halloween, but treats are what many goblins and ghouls anticipate the most come October 31.

Youngsters are not the only ones who look forward to the sweets that are synonymous with Halloween. Adults also indulge their sweet teeth on Halloween. The following are some treats that simply must be part of all the fiendish festivities this Halloween.

• **Candy:** The National Confectioners Association estimated that, in 2018, Halloween would generate \$9 billion in candy sales. In fact, the NCA notes that Halloween, despite being just a single day, accounts for about 8 percent of annual confectionary sales. To say that trick-or-treaters and other Halloween celebrants would be disappointed if candy was not part of Halloween celebrations would be an understatement.

• **Chocolate:** Chocolate often finds its way into candy bars, but chocolate also can stand on its own, especially on Halloween. In its U.S. Food Market Outlook 2018 report, the market research firm Packaged Facts found that

the Halloween season is the fourth most lucrative season of the year for chocolate sales. Celebrants who don't have any chocolate to offer this Halloween may find themselves on the receiving end of a few tricks.

• **Candied apples:** Each Halloween, candied apples reappear. Though rarely seen throughout the rest of the year, candied apples are perhaps an ideal treat for Halloween, which occurs right in the heart of apple-picking season.

• **Pumpkin seeds:** Carving jack-o'-lanterns is a beloved Halloween tradition in many households. If yours is a home where pumpkin seeds are typically discarded, this year you can consider making better use of them by eating them. Pumpkin seeds are great sources of fiber, and the World Health Organization notes that they have long been a great source of zinc. Roasted pumpkin seeds make for a great and nutritious snack when turning ordinary pumpkins into scary jack-o'-lanterns.

Food is a big part of Halloween, and certain items simply must be a part of the culinary experience on this beloved holiday.

The World's Most Festive Halloween Parades

Halloween may be best known for parties, candy and trick-or-treating, but Halloween revelers also know a thing or two about parades. On All Hallow's Eve, the ghoulish, garish and downright frightening take to the streets in towns and cities around the world. Here are some popular spots for ghouls and goblins to catch a peek of the action.

The Village, New York City

The Village Halloween Parade is one of the biggest and brightest in the country. Nearly 50,000 participants flock to this area of Manhattan every year. A unique event, this parade showcases the diversity of the artists and creatives that call the city home. It has become an institution in its own right, with costumed enthusiasts, music, food, and much more.

Little Five Points Halloween Festival and Parade, Atlanta, GA

This Halloween gathering features local artisans, food vendors and food trucks along the route. The fun begins at Austin and Euclid Avenues and ends at Freedom Parkway. More than 35,000 people head to this area in Atlanta for the parade.

Carnival Halloween Parade, Londonderry

A small costume party that started in 1985 expanded into a massive event in this region of Northern Ireland. A circus, music, dancers, dressed-up performers, and others make their way through the streets of the city.

Asbury Park Zombie Walk, Asbury Park, NJ

Since 2007, zombies take to the streets and celebrate the gore and macabre in this seaside New Jersey town. Participants set a Guinness World Record in 2013 for the most "zombies" gathered in one place with 9,000 undead in attendance.

West Hollywood Halloween Carnival, Hollywood, CA

Roughly half a million people gather each year along Santa Monica Boulevard, which is littered with food trucks, live music and even celebrities.

Krewe of Boo, New Orleans, LA

Mardi Gras is not the only celebration in the Big Easy. Each October, the Krewe of Boo is the official Halloween Parade of New Orleans. Creative floats and costumes are part of the celebration in the French Quarter.

DEATH NOTICES

DEATH NOTICES

The Woodbridge Town News will publish Death Notices for Woodbridge and Bethany families free of charge as a service to our readers. Family members please email notice (limit 250 words, please) to: edit@woodbridgetownnews.com

ENTERTAINMENT

TOP 10 MOVIES

1. **It Chapter Two (R)**
Jessica Chastain, James McAvoy
2. **Hustlers (R)**
Constance Wu, Jennifer Lopez
3. **Angel Has Fallen (R)**
Gerard Butler, Frederick Schmidt
4. **Good Boys (R)**
Jacob Tremblay, Keith L. Williams
5. **The Lion King (PG)**
animated
6. **Fast & Furious Presents: Hobbs & Shaw (PG-13)**
Dwayne Johnson, Jason Statham
7. **Overcomer (PG)**
Alex Kendrick, Shari Rigby
8. **The Goldfinch (R)**
Oakes Fegley, Ansel Elgort
9. **The Peanut Butter Falcon (PG-13)**
Shia LaBeouf, Dakota Johnson
10. **Dora and the Lost City of Gold (PG)**
Isabela Moner, Eugenio Derbez

TOP 10 V.O.D.

1. **Men in Black: International (PG-13)**
Chris Hemsworth
2. **Rocketman (R)**
Taron Egerton
3. **Ma (R)**
Octavia Spencer
4. **The Secret Life of Pets 2 (PG)**
animated
5. **Godzilla: King of the Monsters (PG-13)**
Kyle Chandler
6. **Avengers: Endgame (PG-13)**
Robert Downey Jr.
7. **The Hustle (PG-13)**
Anne Hathaway
8. **Booksmart (R)**
Kaitlyn Dever
9. **It (R)**
Bill Skarsgard
10. **A Dog's Journey (PG)**
Josh Gad



Jessie Buckley in “Wild Rose” [NEON]

PICKS OF THE WEEK

“Wild Rose” (R) -- It’s not hard to like Rose-Lynn (Jessie Buckley), a working-class girl in Glasgow, Scotland, with big dreams of being a country music singer in Nashville. Boy, does she have the pipes for it, too, but the path to stardom requires more than just “three chords and the truth.” For one, she’s just been released from jail and must take a job cleaning houses to satisfy her work requirement. She’s also a single mom whose own disapproving mother (Julie Walters) has been raising her two kids. Buckley plays Rose-Lynn perfectly, as cheerful and magnetic, both captivating onstage and an explosive firecracker with a microfuse. Either way, her enthusiasm is infectious. Plus, the movie takes some refreshing turns -- just when you think you know where the story is going, you don’t.

“Above the Shadows” (NR) -- Holly (Olivia Thirlby) was once a real person, but she faded into oblivion, becoming invisible for all practical purposes. No one can

see her, but she exists. Shayne Blackwell (Alan Ritchson), an MMA fighter who fell from grace, is the only person who can see Holly. In order to become visible again, she uses her shadowy talents to lift Shayne back to the lofty heights from which he fell, complete with career and the girl (Megan Fox). But as the pair help each other gain what they had lost, victory and visibility begin to take on new meanings. The movie itself is not so incredible as the concept: It’s a supernatural, sport-specific romance. That alone rates a spot in the Friday-night rotation.

“Dark Phoenix” (PG-13) -- The last in the X-Men series, “Dark Phoenix” is the saga of one Jean Grey (Sophie Turner), telekinetic and psychic known as Phoenix, whose powers intensify exponentially after she’s exposed to a celestial flare. As Phoenix tries to control the malevolent force inside her, a shapeshifting alien named Vuk (Jessica Chastain) shows up in an attempt to subvert her newfound powers. Phoenix turns on her fellow X-Men as she wrestles against Vuk’s influence and the truth of what she is becoming, or perhaps has been all along: The Dark Phoenix. The general consensus in my row of the theater is that it was a disappointing waste of what could have been a killer story. I agree, and with lackluster performances and nothing particularly compelling onscreen, I can safely advise you to pass.

“Bodied” (R) -- Part of the new YouTube Premium content, “Bodied” stars Calum Worthy as Adam, a graduate student at a very progressive college who, in the course of researching his thesis, becomes embroiled in a battle rap -- and impresses. His success leads to greater opportunities, but at the cost of his mainstream identity. The rap battles are impressive -- the right mix of vulgar and trashy meets clever wit.

1. What Donovan song caused an old school friend to leave the army?
2. Name the artist who released a rock album with the title “Success Hasn’t Spoiled Me Yet.”
3. Which duo wrote and released “Harlem Shuffle”?
4. Who released “I’m Not Gonna Let It Bother Me Tonight”?
5. Name the song that contains this lyric: “When the moon is in the Seventh House and Jupiter aligns with Mars, Then peace will guide the planets.”



1. “Epistle to Dippy,” 1967, was a pacifist message that Donovan’s buddy heard loud and clear. After “looking through crystal spectacles,” the real “Dippy” left the British Army. 2. Rick Springfield. In 1982, Among other songs, the album contained “Don’t Talk to Strangers” and “Calling All Girls.” 3. Bob & Earl, in 1963. The Rolling Stones followed up in 1966 with a music video and a cover that went to No. 5. 4. Atlanta Rhythm Section, in 1978. 5. “Aquarius/Let the Sunshine In,” from the 1967 rock musical “Hair.” The single by The 5th Dimension topped the Billboard’s Hot 100 chart for six weeks in the spring of 1969. The counterculture musical “Hair” centered on a group of bohemian hippies trying to avoid the Vietnam War draft.

Sports Quiz

BY CHRIS RICHCREEK

1. Pitcher Freddy Peralta set a Milwaukee Brewers rookie record in 2018 for most strikeouts in a game (13). Name two of the four pitchers who had held the franchise mark of 12.
2. In 2004, Arizona’s Randy Johnson became the oldest major-league pitcher to throw a perfect game. How old was he?
3. The all-time leader for touchdown receptions in the NFL playoffs is Jerry Rice, with 22. Name either of the two players tied for No. 2.
4. Who was the last men’s college basketball player before Murray State’s Ja Morant in 2019 to notch a triple-double in an NCAA Tournament game?
5. The Carolina Hurricanes have reached the NHL Stanley Cup playoffs six times since 1998. How many of those times did they advance to at least the conference finals?
6. Alex Morgan tied a Women’s World Cup soccer single-game record in 2019 with five goals in a game. Who else holds the mark?
7. Name either of the two fighters George Foreman defeated between winning the heavyweight boxing titles from Joe Frazier in January 1973 and losing them to Muhammad Ali in October 1974.

1. Teddy Higuera (1985), Juan Nieves (1986), Cal Eldred (1992) and Steve Woodard (1997). 2. He was 40 years old. 3. Rob Gronkowski and John Stallworth, with 12 each. 4. Draymond Green of Michigan State, in 2012 (24 points, 12 rebounds, 10 assists). 5. Four times. 6. Michelle Akers, who did it in 1991. 7. Jose Roman and Ken Norton.

Weekly SUDOKU

by Linda Thistle

	2				8	9		
	6	5		7			8	
1			2					7
4			3			6		9
		3		1			2	
	1				5	7		
	4			3	1			8
		2		6		4		
7			8				6	

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ◆

◆ Moderate ◆◆ Challenging
◆◆◆ HOO BOY!

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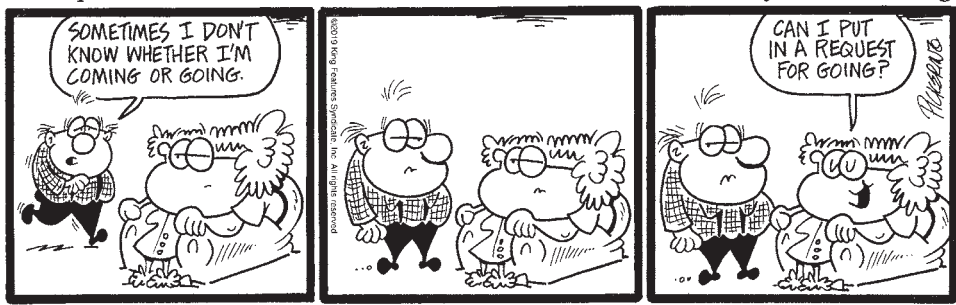
Sudoku answers
on page 36

COMICS/CROSSWORD/HOLLYWOOD

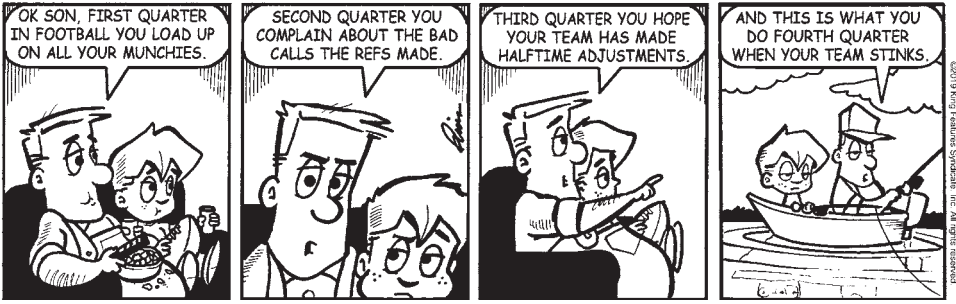
TIGER



The Spats



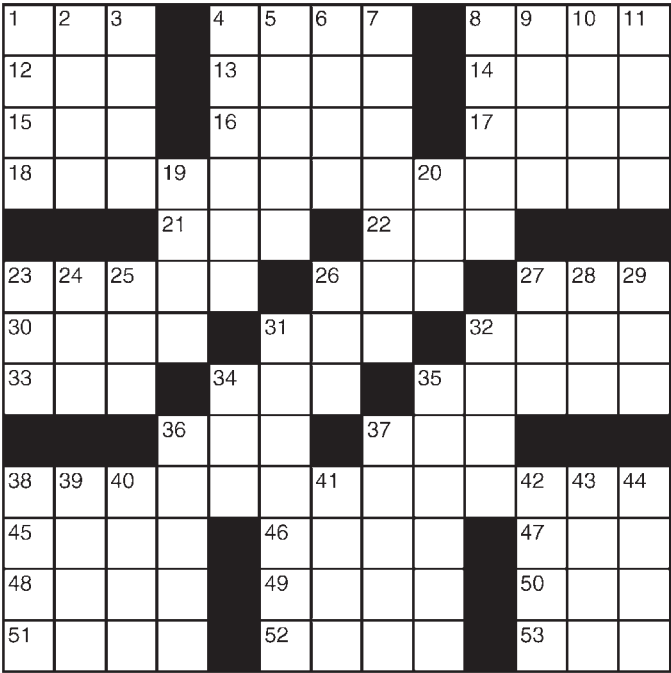
Amber Waves



King Crossword

ACROSS

- 1 Bread choice
- 4 Ignore
- 8 Platter
- 12 "— the fields we go"
- 13 Watergate evidence
- 14 "Do — others ..."
- 15 Succumb to gravity
- 16 Bloodhound's clue
- 17 Poker variety
- 18 Half an aphorism
- 21 Atmosphere
- 22 Spring time
- 23 Counterfeit
- 26 Festive
- 27 Kreskin's claim
- 30 "— Lang Syne"
- 31 Tenor Pearce
- 32 Tolerate
- 33 Spelldown
- 34 Follow relentlessly
- 35 Linger
- 36 Old French coin
- 37 Scale member
- 38 18-Across' other half
- 45 PC operator
- 46 Requisite
- 47 Martini ingredient



- 48 Stead
- 49 Figure-skating jump
- 50 Genetic stuff
- 51 Mary's follower
- 52 Muse's musicmaker
- 53 Early bird?
- DOWN
- 1 Parks or Bonheur
- 2 Calendar quota
- 3 Therefore
- 4 Impassive
- 5 Bottom
- 6 "Once — a
- 7 "The Seventh Seal" director
- 8 Failing the white glove test
- 9 Grooving on
- 10 Phaser setting
- 11 "The Da Vinci —"
- 19 Praise highly
- 20 Put into words
- 23 "Terrif"
- 24 Wish otherwise
- 25 Hearty quaff
- 26 Joke
- 27 Wet wriggler
- 28 "Erie Canal" mule
- 29 Use a crowbar
- 31 Blog
- 32 Ointment
- 34 Fawn's mom
- 35 Random drawing?
- 36 Bush
- 37 Villain's look
- 38 Sea flier
- 39 Largest of the seven
- 40 Abound
- 41 Alluring
- 42 Shrek, e.g.
- 43 Croon
- 44 Hosiery mishap

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HOLLYWOOD

By TONY RIZZO

Summer is over, and now it's the season of the sequels. Currently on big screens are "It: Chapter Two," with James McAvoy, Jessica Chastain, Bill Hader and "It" himself, Bill Skarsgard; and "Rambo: Last Blood," with Rambo himself, Sylvester Stallone. Oct. 18 brings "Zombieland: Double Tap," with Woody Harrelson, Emma Stone, Bill Murray, Abigail Breslin and Jesse Eisenberg, and "Maleficent: Mistress of Evil," with Angelina Jolie, Elle Fanning and Chiwetel Ejiofor.

"Terminator: Dark Fate," with Arnold Schwarzenegger and Linda Hamilton returning to the franchise, drops Nov. 1, and Nov. 8 brings "Doctor Sleep," the sequel to the 1980 Jack Nicholson classic "The Shining," with Ewan McGregor (as Danny Torrance) and Rebecca Ferguson.

Waiting in the wings are: "Top Gun: Maverick" (June 26), "Coming to America 2," with Eddie Murphy, Arsenio Hall, John Amos and James Earl Jones (December 2020) and another "Tomb Raider," with Alicia Vikander (March 2021). Then there's "The Accountant 2" (Ben Affleck may return), "Gladiator 2," "The Craft 2," "The Labyrinth 2" (the Jim Henson fantasy starred David Bowie and Jennifer Connelly), "The Passion of the Christ: Resurrection" (the Mel Gibson top-grossing R-rated film of all time), "The Rocketeer 2," "The Edge of Tomorrow 2," with Tom Cruise and Emily Blunt returning, "Master and Commander 2," again with Russell Crowe, "9 to 5: Part 2," with new ladies (although Jane Fonda, Dolly Parton and Lily Tomlin say they're intending to be in it), "Call Me by Your Name 2" and "RoboCop Returns," to name just some. Whew!

Aaron Paul returns in "El Camino: A Breaking Bad Movie," due to release



Ewan McGregor in "Doctor Sleep" [Warner Bros. Entertainment]

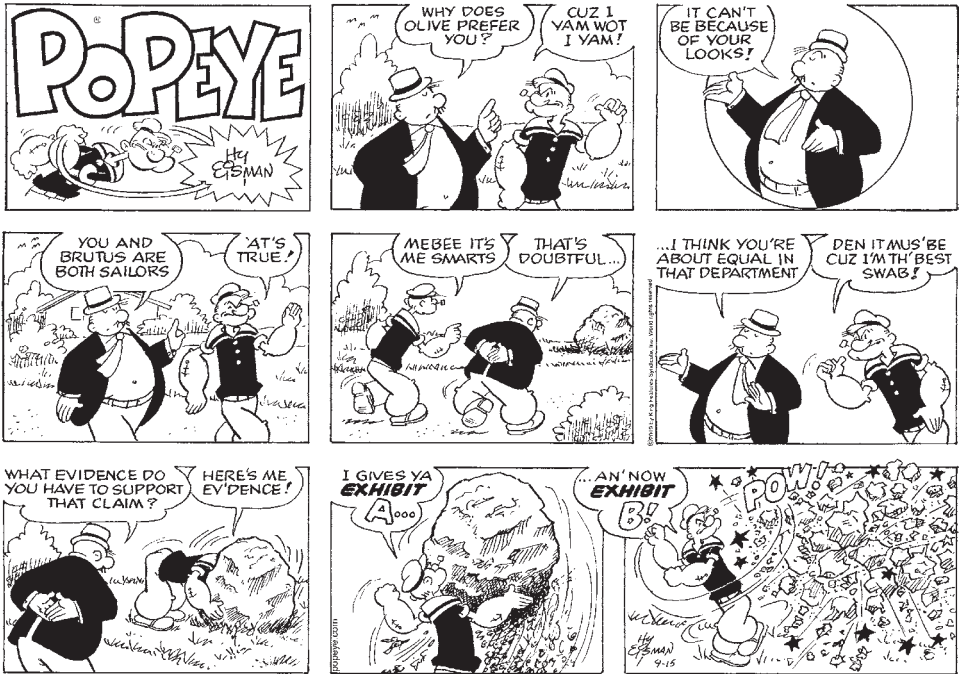
Oct. 11 on Netflix, with plans to air on AMC at a later date. Also, Amazon is creating a TV series from "The Lord of the Rings" franchise starring Will Poulter ("Maze Runner," "The Revenant)." All this brings new meaning to "everything old is new again" and the French phrase *deja vu*!

Billy Crystal has written and will direct a romantic comedy in which he's in a September/May relationship with Tiffany Haddish in "Here Today." We first saw Haddish in the TV series "The Carmichael Show" (2015-2017) before she broke out into film in "Girl Trip." Haddish can now be seen in "The Kitchen" and has "Like a Boss," with Rose Byrne and Salma Hayek, coming in June.

Oscar-winning director Guillermo del Toro (for "The Shape of Water") will direct Bradley Cooper, Cate Blanchett and Rooney Mara in the remake of the 1947 Tyrone Power noir film "Nightmare Alley."

Good luck to Richard Linklater, who filmed "Boyhood" over 13 years and is now shooting the Stephen Sondheim/George Furth musical "Merrily We Roll Along" over the next 20 years. He's 59 now and will be 79 when it's done ... we should all live so long!

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“Nay, be a Columbus to whole new continents and worlds within you, opening new channels, not of trade, but of thought.” — HENRY DAVID THOREAU

STAN SMITH'S TENNIS CLASS

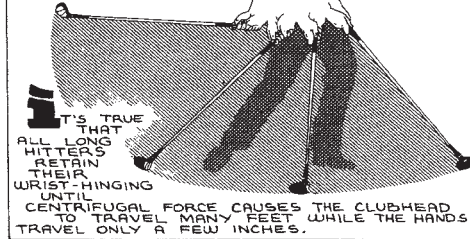


TAKE NO PRISONERS!
Learn to put your opponent on the defensive, then recognize when you have him in trouble. If you've hit a good shot and he's barely going to reach the ball, move forward, anticipating a weak shot.

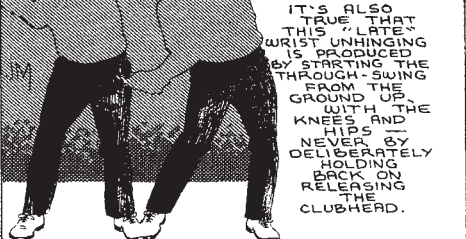
Develop an instinct for when your opponent is in trouble – try to read it in his eyes: Does he look nervous? Disappointed? Angry? Learning to apply pressure when the other person is down can help you win matches.



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IT'S TRUE THAT ALL LONG HITTERS RETAIN THEIR WRIST-HINGING UNTIL CENTRIFUGAL FORCE CAUSES THE CLUBHEAD TO TRAVEL MANY FEET WHILE THE HANDS TRAVEL ONLY A FEW INCHES.



IT'S ALSO TRUE THAT THIS "LATE" WRIST UNHINGING IS PRODUCED BY STARTING THE THROUGH-SWING FROM THE GROUND UP WITH THE KNEES AND HIPS – NEVER BY DELIBERATELY HOLDING BACK ON RELEASING THE CLUBHEAD.

Weekly SUDOKU Answer

3	2	7	1	5	8	9	4	6
9	6	5	4	7	3	1	8	2
1	8	4	2	9	6	3	5	7
4	5	8	3	2	7	6	1	9
6	7	3	9	1	4	8	2	5
2	1	9	6	8	5	7	3	4
5	4	6	7	3	1	2	9	8
8	3	2	5	6	9	4	7	1
7	9	1	8	4	2	5	6	3

King Crossword Answers

Solution time: 24 mins.

R	Y	E	S	N	U	B	D	I	S	C
O	E	R	T	A	P	E	U	N	T	O
S	A	G	O	D	O	R	S	T	U	D
A	R	O	L	L	I	N	G	S	T	O
			A	I	R		M	A	Y	
F	R	A	U	D		G	A	Y	E	S
A	U	L	D		J	A	N		B	E
B	E	E		D	O	G		D	A	L
			S	O	U		S	O	L	
G	A	T	H	E	R	S	N	O	M	O
U	S	E	R		N	E	E	D		G
L	I	E	U		A	X	E	L		R
L	A	M	B		L	Y	R	E		E

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Alexie Petrov, 8, of Woodbridge, and Lily Liu, 8, of North Haven

Kids Raise Money for Humane Society of Grand Bahamas

When Alexie Petrov of Woodbridge and her brother Niki heard about the destruction in the Bahamas caused by Hurricane Dorian, they started thinking about the fate of pets rendered homeless by the super-soaker. Together with their friend Lily Liu of New Haven, who was visiting that weekend, they spent one Saturday in September making lemonade and cookies, signs and flyers and banners.

Then, on Sunday morning they set up a lemonade stand at the Fitzgerald tract near the parking lot, where early-morning runners, dog walkers and bird watchers were happy to pick up some refreshments and help out for a good cause. “An estimated 40 people came by,” said Alexie’s mother, Chandra Prasad. “They were very generous in their purchases of lemonade and chocolate chip cookies.”

The event netted \$270 which they donated to the Humane Society of Grand Bahamas. “Many other dogs and cats there still need shelter, food,

and medicine, and hopefully some will benefit from the donation,” Prasad said. Canine friends walking at the Fitzgerald tract that morning got free dog biscuits.

Similarly, two Beecher students, Samantha and her neighbor Maeve, recently set up a lemonade stand at the top of their driveway. They were selling goodies for the benefit of Jewish Family Services’ food pantry in New Haven. Via Facebook, their mom asked friends and neighbors to bring soup and cereal, which the food bank organizers were running low on. They collected over \$100 and were planning to use the money to shop for more food bank items, said mom, Linda Christy. The lemonade stand attracted neighbors they saw very rarely and contributed to a friendly get-together.

The kids had all participated in a summer enrichment program at Beecher Road School, the how-to of setting up a lemonade stand, run by Multi-Age Group teacher BJ Ahern.

FALL FASHION PREVIEW

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Bark Bytes...

BY VICKI & RICHARD HOROWITZ



How to Help Our Dogs Age Gracefully

Our dogs give us so much throughout their lives, including love, companionship, loyalty and protection. As dogs age, they rely on us to provide a little extra patience, attention and care to accommodate their changing needs.

By letting your senior dog set its own limits, they will help you understand their new needs for care. Avoid pampering them, and allow them to maintain their independence and dignity wherever they can.

Have your veterinarian examine your dog to rule out any age-related underlying health problems. Ask your vet about what to expect with your aging dog and how you can help your dog continue to feel relaxed and comfortable.

Below are some tips for understanding and managing the changing needs of your senior companion:

Loss of hearing

- Age-related deafness in dogs is relatively common and is often one of the first changes owners often recognize in their senior dog.
- Tune in to their other senses, like sight and smell, to communicate with them. Introduce hand signals to convey simple commands. Be sure they are always consistent, obviously different from other signals, and visible from a distance.
- Try to get your dog's attention with a high-pitched whistle or a handclap.
- If your dog is totally deaf, try using light to communicate with them, such as flicking a lamp on/off or using a flashlight.

Loss of sight

- As dogs age they can develop sight-related issues, such as cataracts.
- Dogs with poor or no vision can learn to adjust quickly if they continue living in familiar surroundings. Avoid rearranging your furniture so your dog can continue to navigate in your home.
- Use your voice to guide your dog to you.

Sleeping habits

- Realize that your senior dog will likely sleep longer and more deeply.
- A senior dog may startle more easily if its hearing and sight aren't what they used to be.
- Less able to cope with stress or changes to their routine
- All dogs, but especially older dogs, thrive on structure and routine. Keep your senior dog's routine in place as much as possible to keep them stress free.
- Separation anxiety, aggression,

noise phobias, and increased vocalization can develop or worsen in older dogs.

Visitors and household activity

- Elderly dogs may not enjoy the extra hustle and bustle around the holidays or if workpeople come to your home.
- If your aging dog is cranky around visitors, lead them to a quiet place in your home where they won't be bothered and can feel secure.

Children

- Remind children to be respectful of your older dog. Because of their achy joints and loss of hearing or sight, older dogs are sometimes more wary of children and their high-energy activities.
- Always provide supervision when dogs (of any age) and kids are together.
- Avoid discipline for aging-related behaviors
- Your aging dog can't help themselves if they accidentally soil in the house or is crabby around children.
- If they make a mistake, just tend to the situation-i.e., take them outside to toilet more frequently or guide them to their quiet place in the house-and take steps to avoid such occurrences in the future.

Barriers for safety and protection

- A secured baby gate will prevent your unsteady older dog from risking a fall on stairways and will protect areas of your home from toileting accidents.
- Keep their mind, body and spirit sharp
- Take time to work with your dog on basic obedience a few times a week to help keep them in shape both physically and mentally.
- Never push your dog to exert themselves more than they are able. Watch their body language and breathing patterns for signs that they may be getting tired.

Your aging dog deserves your unflagging affection, understanding and love. As you continue to care for them, remember that you are giving back to them as much as they have been giving you.

Vicki and Richard Horowitz are dog behavioral therapists and trainers with Bark Busters, the world's largest dog training company. For more information, call 1-877-500-BARK (2275) or visit www.dog-training-new-haven-ct.com.



ARIES (March 21 to April 19) An upcoming trip could create some problems with your schedule unless you tie up as many loose ends as possible before you head out the door. Ask a friend or colleague to help you.

TAURUS (April 20 to May 20) Being eager to start a new project is fine. However, moving ahead without knowing what actually will be expected of you could cause a problem down the line. Ask some questions.

GEMINI (May 21 to June 20) Getting through some recent challenges in good shape might give you a false sense of security. Don't relax your guard. You need to be prepared for what else could happen.

CANCER (June 21 to July 22) Caution is still advised, even though you think you're as prepared as you need to be. Keep in mind that change is in your aspect, and you should expect the unexpected.

LEO (July 23 to August 22) The Lion's gift of persuasion helps you get your points across, even to some of your most negative naysayers. An old friend might seek you out for some advice.

VIRGO (August 23 to September 22) Being sure of your convictions is fine. But leave some room for dissenting opinions. You might learn something that could help you avoid a possible problem later on.

LIBRA (September 23 to October 22) Getting good legal advice on what your rights actually are is the first step toward resolving that pesky problem so that it doesn't re-emerge at a later date. Good luck.

SCORPIO (October 23 to November 21) Longtime relationships work well this week, whether they're personal or professional. It's a good time to invite new friends and colleagues into your life.

SAGITTARIUS (November 22 to December 21) This is a good week to do the research that will help you uncover those irrefutable facts that can back you up on your new venture when you most need it.

CAPRICORN (December 22 to January 19) Change is an important factor in your aspect this week and could affect something you might have thought was immune to any sort of adjustment or "alteration."

AQUARIUS (January 20 to February 18) Being asked to share someone's deeply personal confidence might be flattering, but accepting could be unwise. Decline gracefully but firmly.

PISCES (February 19 to March 20) As wise as you are, you could still be misled by someone who seems to be sincere but might not be. Take more time to assess the situation before making any commitments.

BORN THIS WEEK: You like to face challenges that others might try to avoid, and by so doing, you set an example of courage for all.

Just Like Cats & Dogs by Dave T. Phipps

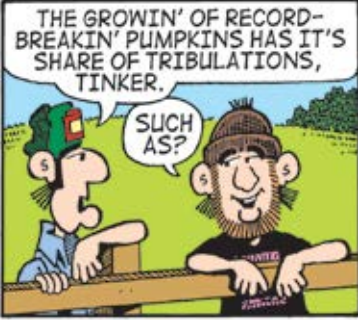


LAFF-A-DAY



"I know what you have, Mrs. Atkinson — I just can't pronounce it."

R.F.D.



by Mike Marland



Out on a Limb



by Gary Kopervas



top ten

GEN Z Social Media

1. Instagram
2. YouTube
3. Snap
4. Facebook
5. Twitter
6. Facebook Messenger
7. Pinterest
8. TikTok
9. Discord
10. Tumblr

Source: Business Insider survey

HOCUS-FOCUS

BY HENRY BOLTINOFF

Find at least six differences in details between panels.

Differences: 1. Man's sweater is black. 2. Plant is fuller. 3. Picture is missing. 4. Boy is taller. 5. Earring is missing. 6. Boy's right arm is hidden.

Does My Dog Have Arthritis?

DEAR PAW'S CORNER: My black Lab, "Gordon," is almost 12 years old. He has always been energetic, but lately on our walks he seems to get tired easily, slows down his walk, and whines from time to time. His hind legs seem to be stiff and he has a harder time laying down in his pet bed. Do you think he has arthritis? Will it affect his life? -- Jeff in Silver Spring, Maryland

DEAR JEFF: He does seem to be showing symptoms of arthritis. Jot down everything you see Gordon doing that seems different or "off," and take those notes and your dog to the veterinarian. The vet can evaluate Gordon for arthritis -- an inflammation of the joints seen frequently in older pets -- and rule out any other underlying conditions.

If Gordon has arthritis, there are lots of medicines and therapies avail-

able to alleviate his pain -- many of which are the same treatments used for humans, albeit in smaller doses. There's no cure for the condition, but he still has years of life ahead and will be close to his old self with treatment.

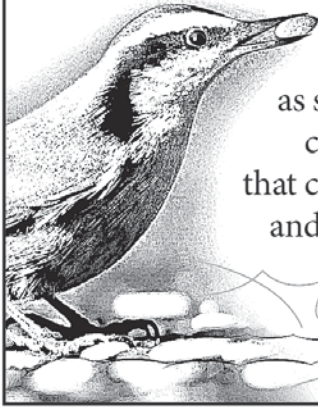
In addition to medication, arthritis symptoms can be eased by using heating pads or cold packs. Regular exercise keeps blood flowing to the joints and eases discomfort. And it can keep Gordon's weight down, which will ease the stress on his joints.

Many owners have had good results by changing their pet's diet. Dog foods formulated for senior pets can keep his nutrition on point. Allergen-free dog foods may yield good results, too. Try working with his vet to tweak Gordon's diet a bit and see if there's any improvement.



SEND YOUR QUESTIONS OR COMMENTS TO ASK@PAWSCORNER.COM.

The Garden Bug



Leave your lawn messy

Your well-tended yard might please you, but messy is better for garden bugs and feathered friends. As leaves fall and decay, they enrich the soil and provide places for insects and birds to forage for food such as salamanders, snails, worms, and toads. You can use fallen branches to build a brush pile that can provide shelter for birds, rabbits, snakes and other wildlife. Let the seed heads of native wildflowers remain to feed birds through the winter. — B. Weaver

Source: www.audubon.org

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