

Woodbridge Town News



Woodbridge's Exclusive Newspaper

Mailed Free To Every Home In Woodbridge
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VOL. 1 - ISSUE 3 CIRCULATION 5284 FRIDAY, OCTOBER 12, 2012



Sheehy Issues Proclamation for "The Great Give 2012"

36-Hour Giving Event to Benefit Greater New Haven Non-profits

Woodbridge First Selectman Edward Sheehy (left) issues a proclamation declaring Friday, October 16 and Saturday, October 17 as "The Great Give 2012" in Woodbridge. Accompanying Sheehy are Caty Poole and Amey Marrella, (right) of Massaro Community Farm.

The Community Foundation for Greater New Haven is conducting "The Great Give 2012" for 36 hours from 8:00am on Friday through 8:00pm on Saturday. The foundation will offer up to \$150,000 in grant prizes to local non-profits that attract new and repeat donors.

More than 110 non-profit organizations listed on www.giveGreater.org serve the town of Woodbridge. Those located in town include: Massaro Community Farm, Amity Teen Center, Jewish Community Center, and Marrakech. Visit www.thegreatgive2012.org for prizes, rules and to give!



Crisco Holds Special Hearing on Affordable Care Act

State Senator Joseph J. Crisco, Jr. (D-Woodbridge), Senate chair of the legislature's Insurance and Real Estate Committee, convened an Informational Hearing on October 9th on the federal Patient Protection and Affordable Care Act (ACA) and its impact on the state's insurance industry. Senator Crisco and committee members heard presentations by officials of the state Department of Insurance.

Senator Crisco said the state must continue its work to be fully prepared to implement the Affordable Care Act now that its provisions were upheld by the United States Supreme Court earlier this year. "Connecticut is already very well positioned for ACA compliance given the creation of a state Affordable Insurance Exchange, something of an insurance clearinghouse, to help uninsured residents access, review, compare, and purchase insurance beginning in 2014," Senator Crisco said. "Connecticut has also already received \$7.6 million in grants to help underwrite research, planning, information technology development, and implementation of this insurance exchange which has also been referred to as a 'virtual insurance mega-mall'."

In the meanwhile, the U.S. Department of Health and Human Services reports that senior citizens in Connecticut have saved almost \$58 million this year on prescription medications because ACA provisions filled the so-called 'donut hole' in Medicare prescription drug coverage. Other benefits of the ACA include elimination of pre-existing conditions as cause for denial of coverage and extended coverage for offspring to remain on a family plan until the age of 26, each of which will impact insurers in the state.



Joseph Crisco



Frank D'Ostilio
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Aldon Hynes is the Democratic Candidate for State Representative in the 114th District (Woodbridge, Orange & Derby)

Hynes 2012

U.S. Congresswoman Rosa DeLauro says, "I am pleased to endorse Aldon Hynes for State Representative in the 114th Assembly District in Woodbridge, Orange and Derby. Aldon has a strong desire to serve his community which he demonstrates in both his professional and personal life. A member of the team at Community Health Center, Inc., a Federally Qualified Health Center, he works with the underserved and underprivileged every day. Blending public service with family time, Aldon and his wife spend much time volunteering on numerous projects together and, as a father, he works with his daughter on her Internet Based Radio show. Aldon understands the importance of a quality education which is why he is involved in our local schools. Aldon's commitment to serving his community has led him to seek this seat in the General Assembly. Join me in supporting Aldon Hynes for State Representative on November 6th!"

Aldon Hynes is Your Candidate for the Connecticut General Assembly!

Contact Aldon
 by email: aldon@hynes2012.org
 by phone: 203-217-6712
 on the web at: Hynes2012.org
 and: [facebook.com/Hynes2012](https://www.facebook.com/Hynes2012)



Paid for by Hynes2012, Sheila McCreven, Treasurer. Approved by Aldon Hynes.




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As a small business owner, I have seen firsthand the roadblocks that result from government creating unnecessary red tape and high taxes. We must find real solutions that get our state back on the right track.

It is critical for us to operate our state like any business owner, within our budget. We must also make sure we protect our citizens, and promote legislation that helps companies create jobs.

With your support on November 6th, I can provide the leadership that is necessary to put Connecticut to work!

Sincerely,
Themis Klarides

Paid for by TK12, Chris Fryxell, Treasurer. Approved by Themis Klarides.

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Woodbridge Couple Create Home "Fairy Garden"

By Laura Fantarella - Orange Town News Correspondent

A rock painted with a footprint, a pair of miniature ladybug salt and pepper shakers, tiny ceramic frogs and a few strategically placed woodland sprites are among the whimsical knickknacks that may just encourage a fairy or two to light upon the garden in Barbara and Arnold Frankel's Dillon Road backyard.

The Frankel's, who are retired teachers from the Danbury school system, and both avid gardeners, (he's the shrub man and she's in charge of perennials) have been slowly transforming the property they bought six years ago. Arnold, a self-taught landscape designer, lays out the plans and the two spend many hours cutting back, replanting and weeding their grounds to keep it well-manicured with pops of color throughout. "I find gardening relaxing, you can forget all your troubles and it's fun to see the plants come back each season," Barbara said. "But the weeds can get me down."

The "fairy garden" was born this summer, after Barbara read an article in a gardening journal and knew immediately her four grandchildren would delight in the magical fairy-escape. Set before a backdrop of layers of ledge, the low growing flowers and groundcover provide the perfect setting for the miniature garden. She started trolling the dollar stores, Wal-Mart and Kohl's picking up tiny figurines and other finds. "It started small and I would find more stuff and it began to take on a life of its own," Barbara said as she followed the path of stepping stones through the garden, pointing out the sea glass from her former home on the beach in Narragansett, R.I., and the plaque that says to "Find beauty everywhere".

Although all the grandchildren love to visit the garden and spend time moving everything around, it is her oldest granddaughter, Maya, 5, who is particularly enchanted with it. "She's named it 'Meemaw and Poppy's Kingdom,' and she is always on the lookout for things to add to it," Barbara said. On a recent vacation to the Delaware shore she spotted the perfect figurine in a store and declared she must buy it for the garden. "It was \$400! so a bit out of her budget," Barbara said. But there's no price tag on Maya's delight when she looked outside one night, saw the garden glowing with tiny lights and turned to her grandmother and said, "Isn't it magical?"



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The Halloween HOOT is complete with Halloween costumes, games, crafts, a haunted fun house, a bake sale, great food and much more. This year has seen an outpouring of generous donations so the kids are bound to have a great time. If you are looking for something fun to do with the kids on a Saturday afternoon, you won't go wrong in stopping by the HOOT!

For more up-to-date information, please check out our website at www.brspto.org. Don't forget to wear your costume!



Pictured left to right: Anna Dickerson, Rotarian President, Brian LaRochelle, Amity High School Counselor, Dr. Guy Stella, Superintendent of Schools, Emma Platoff, September Student of the Month, and John Platoff, Emma's Dad.

Platoff Awarded Student of the Month

The Woodbridge Rotary Club recently honored Woodbridge resident Emma Platoff as Amity High School Student of the Month. Ms. Platoff was presented with a certificate of recognition signed by Woodbridge Rotary President Anna Dickerson and presented by Rotarian Dr. Guy Stella.

Ms. Platoff was honored for her outstanding academic career at Amity High School. She is a member of both the Spanish and Latin honor societies. Emma has been very heavily involved in music, both in and out of school. She has played the flute as a member of both the Symphonic Wind Ensemble and the Marching Band. She has served in the award winning pit orchestra for the past three school spring theatrical productions. She is involved with music regionally as well, playing with the Greater New Haven Symphonic Wind Ensemble, in addition to the CT Music Educators' Association Southern Regional Festival ensemble. She has been consistently involved with the Neighborhood Music School in New Haven and has sought out musical - as well as academic - opportunities during her summer vacations.

Emma has played four years of field hockey and serves as an editor for the school newspaper. She has committed time to Link Crew, the Amity High School freshman orientation program and has served as a peer tutor.



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All articles, photographs and letters must include your name, address and daytime telephone number for confirmation. The Woodbridge Town News reserves the right to reject any advertisement, article, photograph or letter. Letters to the editor must be unique to the Woodbridge Town News.

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Woodbridge Town News

Below are the next three Woodbridge Town News issue dates and deadlines. Thank you for your submissions to Your Home Town Newspaper.

| <u>Upcoming Issue Deadline</u> | <u>Upcoming Issue Dates</u> |
|--------------------------------|---|
| October 26th..... | <i>Election Issue</i> November 2nd |
| November 14th..... | <i>Thanksgiving Issue</i> November 21st |
| December 7th | <i>Holiday Issue</i> December 14th |

Note: Copy due by 4:00p.m. Thank you.

FROM OUR READERS

Dear Editor:

Halloween is truly one of the most anticipated holidays by people of all ages. Whether it's decorating their house, dressing up as their favorite character or simply handing out candy, more and more adults are getting into the Halloween spirit. It also is a popular pastime for adults to take a break from their day-to-day routines and celebrate at Halloween parties across the country.

According to a 2010 survey by the National Retail Federation, 80 percent of adults ages 25-34 and 75 percent of adults 35-44 plan to celebrate Halloween. That's why we are joining with Anheuser-Busch in asking everyone to have a safe and enjoyable time.

If you choose to drink alcohol beverages on Halloween, we want to encourage you to do so responsibly. Please use a designated driver, a taxicab or public transportation if you feel you've had too much to drink.

We also encourage adults who plan to host a Halloween party and serve alcohol beverages to consider the following ways to make sure your guests have a safe and enjoyable time:

- Offer a variety of good foods with alcohol beverages;
- Offer non-alcohol beverages;
- Serve guests one drink at a time; and
- Stop serving alcohol one hour before the party ends.

At Dichello Distributors, we want everyone to have a safe and enjoyable Halloween.

Sincerely,

Tony Lota
Alcohol Awareness & Education Coordinator
Dichello Distributors, Inc

Woodbridge Residents,

On September 1, 2012, the Massaro Community Farm, a non-profit organization in Town, chose to honor Gerry Shaw at their 2nd Annual Dinner for her contribution to the Town of Woodbridge.

I have known Gerry Shaw for thirty-three years as a private citizen, member of the Board of Selectmen, and for the past six and one half years as First Selectman. Gerry is the same in private as she is in public, always has a friendly and hopeful attitude. She has been invaluable assistance to me and I know to my predecessors as well. Always willing to make that extra effort and take the extra time to get it right.

Gerry moved to Bethany with her husband Dick in 1965 where they raised their two daughters, Debbie and Julie. Gerry became very involved in the Bethany community, a founding member of the Bethany Garden Club in 1967, and a very active member of the Christ Episcopal Church of Bethany parish service as a Sunday School teacher and superintendent, member of the Vestry for three years, serving on the Building and Grounds Maintenance Committees and volunteering countless hours whenever called upon.

She began working in the Woodbridge Town Hall thirty-seven years ago and for the past thirty-three years she has served as the invaluable Executive Assistant to five Woodbridge First Selectmen. She has brought that same

("From Our Readers" continued on page 8)

Woodbridge Town News

WTN Letters Policy

Submit your letters for our "From Our Readers" section to Woodbridge Town News, P.O. Box 1126, Orange, CT 06477 or email: letters@woodbridgetownnews.com.

Please limit letters to 500 words and include a daytime phone number in case we have any questions. **Letters must be exclusive to the Woodbridge Town News for publication.** We reserve the right to reject any letter.

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(“From Our Readers” continued from page 6)

energy and dedication to her “other community” of Woodbridge. Her knowledge of and devotion to the Town of Woodbridge and its citizens is demonstrated every day. It is a rare Woodbridge resident that has not been greeted by that friendly voice when calling the First Selectman’s office.

On behalf of the Board of Selectmen and residents of Woodbridge, we join with the Massaro Farm Community in honoring Gerry Shaw for her exemplary service to Woodbridge over these past thirty-seven years and for her future service to Woodbridge.

Edward M. Sheehy
First Selectman – Town of Woodbridge

To the editor,

If you didn’t read the newspaper this summer, you missed a big story-front page--about Woodbridge. At a special meeting of the Fire Commission on July 17th, it was revealed that over the last five years our part-time Fire Marshal Michael Cavanagh has been overpaid more than \$50,000 by working fewer hours than required. (Kudos to the new Fire Commission Chairman for discovering this discrepancy.) This situation is disturbing for those of us who watch how our local government operates.

Mr. Cavanagh will have a chance to explain himself at a Pre-termination hearing scheduled in response to a letter from the First Selectman to the Fire Commission dated August 31. But in addition to an explanation for this employee’s confusion over his work hours, we think the townspeople are entitled to answers to several other questions:

1. First Selectman Sheehy must have been alerted to this situation before the July 17th meeting took place since he authorized Dave Ryan (the Town Labor Negotiator) to attend the meeting. Yet there was no action from the First Selectman until days after the story hit the newspapers more than a month later. If the New Haven Register had not reported the story, would the First Selectman have taken any action?

2. Selectman Beth Heller, who serves as the liaison from the Fire Commission to the Board of Selectmen, also attended the July 17th meeting of the Fire Commission at which the Fire Marshal’s lapse was discussed in detail. At the next Board of Selectmen meeting on August 8th, she made absolutely no mention of this issue in her liaison report to the Selectmen. What possible reason could she have for omitting this important information from her report?

3. The Board of Selectmen has received no official communication on this matter from the First Selectman. Shouldn’t the First Selectman keep his colleagues informed so they don’t learn about serious Town issues from the newspapers?

4. According to the minutes of the July 17th Fire Commission meeting, the Commission simply told the Fire Marshal to increase his hours from 20 to 28 per week and to submit time sheets. They made no mention of repaying the salary he received in error. Why was the Commission’s initial response to this serious situation so weak?

5. Who is the Fire Marshal’s direct supervisor? Does the Fire Marshal undergo an annual performance review? If not, why not? If so, then how could this situation have been overlooked for five years? What is being done to ensure that Town employees are being supervised properly going forward so that this cannot happen again?

We asked these questions at the Board of Selectmen meeting last week and are waiting for answers. Who’s minding the store?

Chuck Pyne, Cathy Wicke

Editor’s note: Following is First Selectman Ed Sheehy’s response to Chuck Pyne’s and Cathy Wick’s letter’

As stated in my letter to William Burt, Chairman of the Woodbridge Fire Commission, dated August 31, 2012, I requested the Fire Commission to conduct a thorough review of the allegations concerning the Fire Marshal’s job performance, number of hours worked, likely overpayment, and maintenance of department information on his home computer. I also sent a copy of this letter to the Board of Selectmen, Board of Finance, Fire Commission and Michael Cavanagh.

Under Connecticut State Statutes 29-297, the Fire Commission has the responsibility for hiring, supervising and disciplining the Fire Marshal. The Fire Commission has made such a review of these allegations and voted to hold a termination hearing for the Fire Marshal on October 1, 2012. Fire Marshal Cavanagh has retained Counsel and will have an opportunity to present evidence on his behalf.

Edward M. Sheehy
Woodbridge First Selectman



WTN ELECTION 2012 COVERAGE

STATE REPRESENTATIVE 114TH DISTRICT MATCHUP

Challenger in the 114th Emphasizes Communication

By Bettina Thiel, Orange Town News Correspondent

Democrat Aldon Hynes of Woodbridge is challenging Republican Themis Klarides in the 114th District which encompasses Orange, Derby and Woodbridge. During the workday Hynes is the social media manager for a primary care health center in Middletown. Yet he is present on the same social media practically 24/7. He uses Facebook and Twitter, blogs and professional networking outlets to engage people in conversation. This is the first time he is running for elected office, but his wife, Kim Hynes, ran for state representative from Stamford in 2004. The family moved to Woodbridge in 2007.



Aldon Hynes

Communication is a central theme in his campaign. What matters to him, is to get people more connected to the communities they live in and to their government, he said. A study had found that 85% of voters do not know who their state representative is. Technology is one tool to help make that connection.

In previous years Hynes has served as technology coordinator for Ned Lamont, when he was running for governor; he also was blogmaster for New Haven Mayor DeStafano during his campaign; and he wrote media software for Vermont Governor Howard Dean in his quest for the presidency. The connection to Governor Dean and his brother Jim led to a friendship and, most recently, an endorsement from Democracy For America, a Democratic political action committee that Jim Dean chairs. "Aldon is as committed as anyone that I know to providing all Connecticut residents with affordable healthcare," Jim Dean wrote in his endorsement. "He's seen firsthand what our community needs are and understands why the insurance industry is bleeding us to death – literally. Connecticut needs someone like Aldon fighting for the uninsured, fighting for middle class values, and keeping Hartford's politicians transparent."

But while technology may facilitate communication, it does not replace old-fashioned door-to-door campaigning, Hynes is trying to do as much of it as he can, while he is also working full time. He is phone banking and introducing himself at different meet-and-greet events.

The issues and concerns that he hears about at these occasions are not terribly different in the three towns that the district encompasses. In Woodbridge the emphasis may be more on conservation and open space; in Orange on finances and taxes, and in Derby voters are concerned about financing public education.

Given that he works for a healthcare provider, he experiences the problems and sticking points in today's healthcare industry on a daily basis. The national healthcare act is a step in the right direction, even if it leaves room for improvement. The focus should be more on facilitating telemedicine, Hynes said, which allows physicians to share digital data to come up with a diagnosis, he said.

Education also is important to the father of three daughters. Two of his daughters are already in college, but his youngest, 11-year-old Fiona, is a student at Beecher Road School. As far as the state budget is concerned, he would like to see more results-based accounting. "We need to adjust the budget depending on what is having the biggest impact," he said. Programs that work will get the support they need, but those that have minor impact should be scrapped.

Looking forward, Hynes is concerned about the role of money in politics. Hynes thinks that it should be harder for the very rich to "buy the election." "We need to get it under control," he said of election financing. He is hoping that the campaign contribution disclosure bill will be brought back by the legislature. It was vetoed by Gov. Malloy.

Hynes, like the incumbent Klarides, is participating in the Citizens Election Program. Under this program, a candidate needs to show donations from a minimum of 150 voters in their district, and a total of \$5,000 from donations ranging between \$5 and \$100. If a candidate meets that minimum standard, he or she can get \$26,000 for the campaign. Everyone gets the same amount, and it puts candidates on an equal footing financially.

Hynes is cross-endorsed by the Working Families Party, so that his name will show up in two lines on the ballot. He also had an endorsement from US Rep. Rosa DeLauro and AFSME Council 4, the union of municipal workers.

Klarides Seeks 8th Term Serving Her Constituents

By Bettina Thiel, Orange Town News Correspondent

Themis Klarides, a Republican from Derby, is seeking her eighth term representing the 114th District, which includes voters from Derby, Woodbridge and Orange. Although a "Valley girl," Klarides is well known in Amity towns, as she participates in local events as much as possible. She connects easily with her audience, whether they are ten years old or 100. Whereas most politicians' websites will display photos of their candidate in suit and tie, meeting with constituents, or sometimes in a polo shirt with family, Klarides is seen enthusiastically surrounded by a group of Orange elementary school students.



Themis Klarides

Klarides, an attorney by profession, recently joined the law office of Cohen and Wolf in Orange. When she first ran for office, back in 1998, people were wondering how much money would be available for open space or for schools.

Today, the concerns are different, she said. "It's not 'how much' but 'can we get any money'," she said in a phone interview. Her first big local project to be involved in was the acquisition and preservation of the Racebrook Tract, which spans Orange and Woodbridge. "I was very fortunate to get a lot of money," to help the towns secure funding. "I think of that every time I drive by," she said.

She is happy to help wherever possible. Longevity in office, though often frowned upon, also allows candidates to learn the ropes and make connections. "You learn as you go," she said.

She is a member of the Judiciary Committee, the Appropriations Committee, and the Executive Nomination Committee, which vets the Governor's nominations for commissioners. With Daniel Malloy coming in as governor, that committee was very active, she said.

Klarides is a fiscal conservative. "The deficit – oh don't get me started," she said, and then launches into a description of the problem as she perceives it. "I don't believe it's a revenue problem," she said. "I believe it's a spending problem. The Governor's latest tax increase — which is the biggest tax increase in the history of the state — was supposed to solve all our problems. I did not support it," she said. Neither did the entire Orange and Milford delegation, she added, even though she is the only Republican in the delegation.

In spite of the budget deficit that everyone was talking about spending increased by \$1.7 billion over the two years. "That doesn't make any sense to me," she said. Cutting spending is a painful process, but with high debt levels and pension liabilities the state finds itself at the bottom of most nationwide business climate rankings, she said. "The government cannot create jobs, but it can help business create jobs," she said.

She does support the Small Business Express Program passed by the legislature last year, because it helps the average family. Under the program small businesses — the definition of which now includes up to 100 employees — can apply for grants and loans and take advantage of a job creation incentive. The money spent on these programs will flow back into the coffers in the form of taxes, she said.

But major tax breaks to big out-of-state corporations such as Jackson Labs are a different story. The state Department of Economic and Community Development (DECD) arranged a deal whereby the biomedical company, based in Maine, would get \$90 million in forgivable construction loans if they create 300 jobs in ten years. That means \$1 million for every job, with no guarantee that they actually come through. "That is unsustainable," Klarides said.

Klarides took her outlook on life from her parents and grandparents, who immigrated from Greece and through hard work and luck made it in their new home. Her grandfather opened an ice cream parlor in Seymour. His sons took over and the store grew into a grocery store in what is now Klarides Plaza. "I worked with my dad when I was just tall enough to look over the counter," she said. To this day she is very connected with her family. Not a day goes by that she doesn't call her sister or mother to chat about the events of the day. "I am proud to have grown up in a family like that and to live in a country that makes this possible," she said.

In Our Next Issue! Full 2012 Election Coverage.

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Small Business Endorses Klarides for Reelection

The National Federation of Independent Business (NFIB) has announced its endorsement of state House Deputy Minority Leader Themis Klarides (R-114) for reelection. "There were a lot of tough fights this session and Themis Klarides was a very strong ally for small business," said NFIB State Director Andrew Markowski. "She helped to lead her caucus against higher taxes and burdensome mandates and she was instrumental in all of our biggest victories in the House.

"On virtually every one of the tough issues Themis Klarides voted with small business," said NFIB State Director Andrew Markowski. "She has a perfect voting record on the issues that our members care about and she easily deserves reelection."

At the start of every legislative session NFIB surveys its members to identify their positions on the issues. Then the organization tracks the votes of every legislator and applies a score from zero to 100 percent (the best). On the NFIB Voting record covering the last two sessions Klarides turned in a 100 percent. "Repeating the now-popular catchphrase 'Connecticut is open for business' isn't close to enough," said Klarides, who represents Derby, Orange and Woodbridge. "It's the proposals we push forward and the votes we cast that job creators have their eyes on, and I'm certainly honored that NFIB views my efforts as positive action toward the goal of getting Connecticut working again."

Klarides' endorsement comes from NFIB's Save America's Free Enterprise Trust (SAFE), the association's political action committee, and is based on positions regarding key small-business issues including health care, taxes, labor and regulatory issues. Small-business owners and their employees vote in high numbers and are known for actively recruiting friends, family members and acquaintances to go to the polls. NFIB will encourage its members in Connecticut to help turn out the small-business vote for Themis Klarides this coming Election Day. For more information about NFIB, please visit www.nfib.com.

Democracy For America Endorses Aldon Hynes

Burlington, VT – On Thursday, September 27th, Democracy for America (DFA) endorsed Aldon Hynes for Connecticut's General Assembly (CT-114). Hynes, a DFA member and activist, currently works for a community health center and understands the needs of the 114th Assembly District. "Aldon is as committed as anyone that I know to providing all Connecticut residents with affordable healthcare," said Jim Dean, Chair of DFA. "He's seen firsthand what our community needs are and understands why the insurance industry is bleeding us to death – literally. Connecticut needs someone like Aldon fighting for the uninsured, fighting for middle class values, and keeping Hartford's politicians transparent."

"I am thrilled that Democracy for America has endorsed my campaign for State Assembly. My wife and I have been involved with DFA since its inception. In these days when secretive billionaires are contributing millions to sway our elections, the kind of grassroots campaigning DFA supports is more important than ever." The Link to this statement can be found on democracyforamerica.com: or <http://bit.ly/QI13hm>.

Democracy for America is the people-powered Democratic Political Action Committee. With over one million members nationwide, DFA is a grassroots powerhouse working to change our country and the Democratic Party from the bottom-up.



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Jane Oppen, Jen Romanoff, Linda Cohen, Jack Nork and Lindesay Cotlier standing in front of Teen Art Exhibit.

Teen Center Celebrates 25 Years

The Amity Teen Center hosted a wonderful 25th Anniversary celebration on September 29. We were honored by a plaque that was presented to us by Congresswoman Rosa DeLauro recognizing the Teen Center for "25 Years of Providing a Safe, Engaging Environment for Community Teens". First Selectman of Woodbridge, Ed Sheehy, presented us with a certificate on behalf of the Woodbridge Board of Selectmen and the Citizens of Woodbridge congratulating us on our 25th anniversary and thanking the Amity Teen Center for a "Safe, Wholesome Place for Teens".

Many residents who attended the celebration were thrilled by the display of artwork done by the Amity High School Art Honor Society and other local teens. Four of the pieces were sold during a silent auction. We are pleased to announce that the art exhibit will be extended through the month of October and many of the items are still available to be purchased through the 31st. Come to see the Teen Center exhibit on any Friday or Saturday of this month from 2:00 p.m. to 11:00 p.m. at 10 Selden Street in Woodbridge.

Once again the Amity Teen Center is participating in "The GREAT GIVE". The Community Foundation for Greater New Haven announced information this week about the 36-hour giving campaign via its online knowledge and giving platform, giveGreater.org. This is an exciting campaign for local non-profit organizations that begins on October 16 at 8:00 a.m. and ends on October 17 at 8:00 p.m. In those 36 hours, if the Amity Teen Center receives fifty individual donations of \$50 each, the Community Foundation will give us a matching donation of \$2,500. All donations made to the Amity Teen Center are tax deductible. You can make a donation by going to www.givegreater.org and typing in "Amity Teen Center" or by going to www.amityteencenter.org and clicking on "Donate". This will take you directly to the Give Greater site.

Through our fundraisers and donations made by individuals and businesses, we have only about \$10,000 left on our mortgage on our 9,000 square building in Woodbridge. The generosity of everyone in our community is so greatly appreciated!

Community Children's Choir Forming

There is a new Community Children's Choir forming for grades K-4 at the First Church Congregational in Bethany. Rehearsals are Mondays from 6:15 - 6:45, starting October. All community members are welcome whether or not they are members of the church; no experience necessary. Performances at holidays. Experienced children's choral director conducting. To sign up, call the church office at 203 393 3116 or email warnertaub@aol.com.

www.WoodbridgeTownNews.com

Tip a Past Grand Marshal - October 17

A fundraiser will be held to help defray the cost of the 2013 Greater New Haven St. Patrick's Day Parade at Kelly's on Campbell, 144 Campbell Avenue, West Haven from 6:00-9:00pm. Patrons will be waited on by former Grand Marshals of the St. Patrick's Day Parade. No admission charge as all tips will be donated to the parade committee for its 2013 parade. 50/50 raffle tickets will be sold at the door & light refreshments will be available. For info, email Kelly Canning Ruickoldt at chairperson@stpatricksdaysparade.org.

Woodbridge Rotary Club Kicks Off Clothing Drive

The Woodbridge Rotary Club will be kicking off a Coat and Clothing Drive October 10th and run through October 26th. Winter coats and clothing in good condition in children, teen, and adult sizes will be collected and distributed by the First Church of God to local families in need in the Greater New Haven area.

Coats and clothing can be dropped off at the following collection sites; Woodbridge Senior Center, 4 Meetinghouse Lane, Woodbridge Town Library, 10 Newton Road, and Clark Memorial Library, 538 Amity Rd., Bethany. This project is one of many community projects sponsored by the Woodbridge Rotary Club. The Woodbridge Rotary Club meets the first and third Fridays of each month at 7:30a.m. for a breakfast meeting at the Country Corner Restaurant, 756 Amity Road, Bethany, and the second and fourth Fridays of each month at 12:15p.m. at Carmine's Tuscan Grill, 1500 Whalley Avenue, New Haven, CT.

For more information, contact Anna Dickerson at 203-710-0223 or Bud Priest at 203-389-2367.

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Steven P. Floman and Allison M. DePaola of the law firm Floman DePaola, LLC are the authors of "Did You Know".

And now, Steve has been joined by his new partner, Allison DePaola. An Associate of Steve's previous firm, Cantor Floman, since 2009, Allison has brought the same commitment to exemplary client service and outstanding legal results. She also brings to the new firm, Floman DePaola, a passion for helping small business owners thrive in this challenging economy.

Floman DePaola will continue their service to individuals, families, and businesses in Orange and throughout the greater New Haven area.

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State Rep. Themis Klarides on April 27 told fourth graders at Turkey Hill School a bit about the life of state lawmaker. Her trip to the school's library came on the heels of their recent meeting with her at the Capitol. During her visit to the Orange school, Klarides described the process of how bills become laws and some of the more recent proposals tackled by the legislature. In turn, students told her about their favorite moments from their trip to Hartford and asked Klarides how she balances her legislative responsibilities with her personal and professional schedules. Klarides ended her visit fielding questions on varied topics—from the longest House floor debate to whether she's interested in running for president. On the latter, Klarides assured the students that she's perfectly happy with the job she has now: serving as their voice in Hartford.

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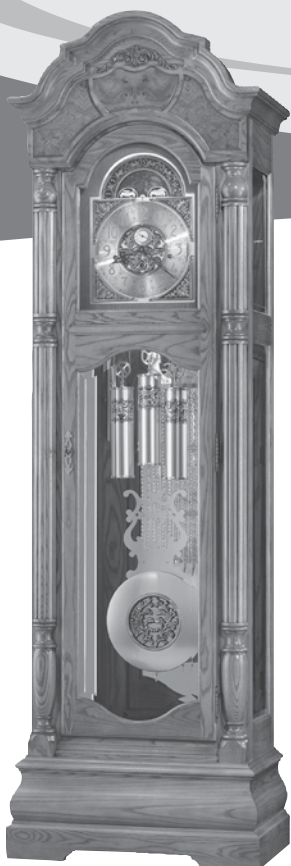
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ARTS & LEISURE

THEATER REVIEW

"Closer than Ever" at the York Theatre Company

by Zander Oppen

"Closer Than Ever," the altogether splendid, intelligent and intensely adult musical revue that is currently being revived Off-Broadway at the York Theatre Company, is one show that I have deep and personal feelings for. Originally presented Off-Broadway in 1989, "Closer Than Ever" yielded an original cast recording that I must have played about a million times on my CD player. It was around this time that I began to see my first Broadway musicals in New York, but, by the time I fell in love with "Closer Than Ever" on CD, the show had closed Off-Broadway and this musical revue seemed to be just a missed opportunity that I would never actually get to see onstage.

That is, until now. As directed by Richard Maltby, Jr. (who also wrote the lyrics to the songs with David Shire providing the music), this new revival is every bit as glorious as I would have hoped it to be. With a talented cast of four—two men and two women—this show takes a viewer on quite an emotional journey, with songs that are truly touching and profound. There is much humor here, as well as tears, and, although "Closer Than Ever" doesn't contain a "story" per se (it is a collection of about two dozen songs without any linking dialogue), it still must rank as one of the most richly satisfying and insightful shows currently playing in New York.

What makes "Closer Than Ever" so special is that just about every one of its songs is truly like a three-act play. I'll explain. David Shire and Richard Maltby, Jr. have written songs that can't just be performed as a series of Broadway "numbers"; as Maltby has been quoted as saying, these songs truly need to be "lived in". Consequently, one hangs on every word and it puts demands on the performers to dig deep and create characters within the space of a single song. For example, there is a heartbreaking number called "One of the Good Guys" that details the mixed feelings of a happily married man who had a chance to have an adulterous fling, but resisted, and now wonders what his life would have been like if he had given in to the affair, instead of being "one of the good guys". Also, there is one song called, simply, "Life Story" that chronicles a woman's marriage and divorce as well as how women's liberation has affected her, what it is like to be a single mother, and the gnawing feeling that her life might have been better if she had "stayed" with her husband. I must comment immediately that though the topics touched upon can sound "heavy", these songs are as melodic, enjoyable, and beautifully written as anything written for the musical theatre.

The other aspect of the production that makes "Closer Than Ever" so outstanding is its quartet of performers, who all do complete justice to this collection of songs. George Dvorsky, a wonderful performer, is, by turns, both deeply humorous and moving, as he needs to be. The other male performer is the talented Sal Viviano, who does a great job in the aforementioned song, "One of the Good Guys". Not to be outdone, the two women also shine: Jacquelyn Piro Donovan does exquisite wonders with the touching "Life Story" though she can be very funny as well. Julia Murney completes the quartet and is delicious in the number, "Miss Byrd" about a woman who is much more sexual than she appears to be though Murney can also turn serious and move one to tears in the gorgeous duet with Donovan near the end of the show, called "It's Never That Easy/I've Been Here Before".

There is so much rich material in "Closer Than Ever"—indeed, nearly every song is a winner—that it can leave a viewer enormously touched, but also intensely enlightened by the collective power of David Shire and Richard Maltby, Jr.'s songs. These writers touch upon so many topics that have never been explored before and I must admit that seeing "Closer Than Ever" did even more for me personally: these same songs that I loved so much in my late teens affected me completely differently twenty years later. "Closer Than Ever" is truly a beautifully done show in every way and, as such, deserves to be cherished. For tickets, call (212) 935-5820 or go to www.yorktheatre.org.



Zander Oppen

Fiddler on the Roof Luncheon Theatre

A bus trip to the Westchester Broadway Theatre matinee production of "Fiddler on the Roof" and lunch will occur on Wednesday, November 14, 2012. After a custom coach ride to Elmsford, NY, travelers will select their lunch entrée, followed by the Tony Award winning musical of arousing, heart-warming singing.

The cost is \$92 per person and includes transportation, lunch, show and driver gratuity. A cash bar will be available. Buses depart from North Haven at 9:00 AM, Parking Lot A, Hartford Turnpike and Devine, Exit 10, I-91 and from Milford at 9:20AM, commuter lot off Exit 40, I-95. Approximate return to Milford is 5:30 PM and North Haven 6:00 PM.

The trip is sponsored by NH Federation of Teachers 933-R and NH County Retired Teachers' Assoc., affiliated with ARTC. For info and reservations, call 203-288-7576. Payment is due at the time of sign-up and checks payable to "Pat Schultz" may be mailed to 126 Mather St., Hamden, CT 06517.

Orange Players Community Theater Seeks Directors

The Orange Players is seeking directors for our upcoming shows. The first one is the play, "The Cemetery Club" by Ivan Menchell with performance dates beginning the end of January 2013 and the other is the musical, "You're a Good Man Charlie Brown" with performances beginning the end of April 2013. Auditions, rehearsals, and show performances will be in Orange, CT. All interested, please call Marianne Miller at (203) 795-3906 and/or mail your resume with all contact information enclosed to P.O. BOX 1162, Orange, CT 06477. Please respond by October 23, 2012.



Rosemary Benivegna's Work

"Journeys" Opens at the Willoughby Wallace Library

"Journeys", an exhibit of watercolors by Orange resident Rosemary Benivegna and metal sculpture by Branford resident Lisa Carlin, will be held from November 4 to November 28, 2012 at the Willoughby Wallace Memorial Library, 146 Thimble Island Road, Stony Creek, CT, 203-488-8702. An opening reception will take place on Sunday, November 4 from 4 - 6 pm.

The expression of personal and emotional responses to landscapes and architecture has become the focus of Ms. Benivegna's work. Surrealistic compositions of simplified geometric or organic forms are rendered in unexpected and dramatic colors. Sharing a similar journey, Ms. Carlin also draws from her architectural studies to create contemporary sculpture and jewelry. Incorporating angles, curves, geometric shapes, textures and patinas, Lisa celebrates the unique qualities that metals bring to art.

Exhibit hours are Monday - Thursday 10 - 8; Friday & Saturday 10 - 5; Sunday 1- 4. Viewing hours are subject to space being used occasionally for library functions

www.WoodbridgeTownNews.com



ARTS & LEISURE

Eye On Nature ~ Five Natural Science Illustrators

The Arts Council of Greater New Haven presents Eye on Nature: Five Natural Science Illustrators, an exhibition in the Sumner McKnight Crosby Jr. Gallery at 70 Audubon St., 2nd floor. The exhibition will be on display from 9 a.m. to 5 p.m. Monday through Friday October 12th to December 7th, 2012. A public reception is scheduled for Thursday, November 8th, from 5 to 7 p.m.

Eye on Nature is an exhibition of botanical studies, drawings, and paintings of amphibians, mammals, birds, and insects in their habitats in graphite, colored pencil, ink, watercolor, gouache, and oils. These works were specifically chosen by the members of the Connecticut Natural Science Illustrators (CTNSI) to accurately depict specific species, rendered in the traditional media and techniques of natural science illustration. The artists exhibiting work will be: Cindy Gilbane, Susannah Graedel, Linda Miller, Dorie Petrochko, and Jan Prentice.

Founded in 2009, CTNSI is a group of professional artists offering an educational art program in natural science illustration, in collaboration with the Yale Peabody Museum at its west campus in Orange, CT. CTNSI regularly shows its work in museums, galleries, and nature centers in the Greater New York area, furthering its mission to "educate the public about the field of natural science illustration". In addition to exhibiting its works, CTNSI offers classes of all levels in drawing and painting natural history subjects and habitats. For more information visit: ctnsi.com. For more information about Eye on Nature, the Sumner McKnight Crosby Jr. Gallery, and the Arts Council of Greater New Haven, visit newhavenarts.org.

The Arts Council of Greater New Haven, publisher of The Arts Paper, is a regional nonprofit arts agency that provides leadership to and advocates for member artists and arts organizations and connects them to one another, to audiences, and to the Greater New Haven community.

Massaro Community Farm Family Fun Day

Massaro Community Farm will celebrate the successful conclusion of its third growing season with a fantastic lineup of activities at its annual Family Fun Day, October 13 from 1-5pm. Rain date is October 14.

This year's event will eclipse years past with an impressive array of interactive exhibits, games and music. In addition to the usual pumpkin painting, scarecrow building and hayrides, a variety of food and music will be on tap. Sweets and treats from Wheeler's Market Café, Green Well Organic Tea & Coffee, Nicky's Toffee, Vegan Bobbi and Quinn gourmet popcorn will be available. Music will be supplied by Beecher Road School, dance caller Bill Fischer and members of the Wry Bred band, along with The Fiddleheads and Chris Keevil and family.

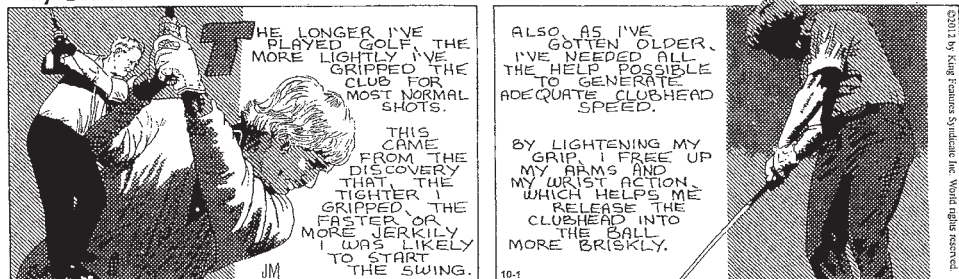
Special features include instructional workshops, the Peabody Museum's On the Road exhibit and Rainforest Reptile Shows. A Condiment Contest invites farm members and epicureans to enter their favorite salsa, relish or sauce for prizes. The Connecticut Beekeeper's Association, the Woodbridge Garden Club and the Woodbridge Land Trust will be represented, along with the Rotary Club, who will be conducting its annual coat and clothing drive.

The farm celebrates a series of successes in 2012: receipt of organic certification, the installation of a solar array on the restored dairy barn, the expansion of cultivation and offerings through its CSA (community supported agriculture), a summer camp program in August, and an impressive farm-to-table dinner in September that doubled attendance over last year.

This event would not be possible without the support of our members, volunteers and the following: Burpee Seed Co., Chabaso Bakery, The Early Family, People's United Bank and Subway.

Massaro Community Farm is a non-profit farm on a 57-acre parcel of land in Woodbridge, Connecticut, 10 minutes northwest of New Haven. Our mission is to keep farming, feed people, and build community. Our vision is to enhance the quality of life for generations to come.

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Woodbridge Youth Services Fall Programs

Back to School Bash

The Back to School Bash held on the Woodbridge Green on September 21st proved to be a great time with 119 teens dancing and playing Laser Tag. Great music, games, and pizza added to the fun! The evening ended with some great raffle prizes.

Bethwood Bash

Notice To All Woodbridge and Bethany 7th and 8th grade residents: Join your friends for the Bethwood Bash on Friday, October 19, 2012 from 7:00 to 9:30 P.M. at the Woodbridge Center Building Gym - 4 Meetinghouse Lane. Enjoy music and games with an interactive Boppers' D.J.; compete in the donut-eating contest, costume contest, games and a mummy wrap contest too! We'll have Wii sports as well as 'Double Shot' basketball, foosball, football toss and Ping Pong! Costumes are optional (but fun). Refreshments, raffle prizes, and entertainment, all for an admission price of \$5.00! This party is for 7th and 8th grade residents only! Private school students who reside in Bethany and Woodbridge are encouraged to attend. Amity Dress Code applies. No early drop-offs; prompt pick-up at 9:30, please.

Parents, grandparents, college students, Amity High School juniors and seniors please e-mail youthone@woodbridgect.org, or call Woodbridge Youth Services at 203-389-3429 to volunteer. Woodbridge Youth Services and the Town of Bethany sponsor the Bethwood Bash. Donations are gratefully accepted for program needs and raffle prizes. Please call or e-mail for more donor information.

Woodbridge Youth Services Offers After-School Programs at Amity Middle School

Digital Photography for Teens

Youth Services is offering an introductory class on digital photography for students of Amity Middle School-Bethany who want to get the most out of their digital cameras and improve their photographic skills, as well as for those more experienced students who want to enhance their skills. The class will be offered on Thursday afternoons in the computer lab at the Middle School from 2:25pm-3:55pm.

The course will cover camera basics while working through creative assignments on composition, natural and artificial light and color. Students will work in Adobe Photoshop learning professional techniques to maximize their photography. Participants will print their best photos each week to build their portfolios. Weekly projects will allow plenty of time for experimentation. If a student does not have access to a camera, arrangements may be made. Learn about the many careers in photography.

A materials fee of \$60.00 per student must be paid in advance. A discount for siblings and financial assistance available for qualifying families may be arranged. Class will begin Thursday, October 25th and run through January 10th with a make-up date on Jan. 17, 2013. For more information or to sign up please call Youth Services at 203-389-3429.

Fun Fitness Cooking

Learn how to cook in a hands-on, fun environment! This class is offered to Amity Middle School-Bethany students only. This 10-week class will be offered in the Middle School's kitchen on Tuesdays from 2:25-3:55pm. Class is limited to 12 participants. Each student will receive a notebook with recipes, nutrition and food safety information, a glossary of techniques and terms, and an apron. We'll start with basic skills and techniques and enhance the fundamentals to help develop a lifetime of great cooking and creativity. Make and eat healthy and nutritious food, learn about foods from many cultures, party foods, healthy snacks, and garnishes. Learn food decorating, and bring home your creations.

The materials fee of \$80.00 per student must be paid in advance. A discount for siblings and financial assistance is available for qualifying families. Class will begin Tuesday, October 30th and run through January 15th with a make-up date of Jan. 22, 2013. For more information or to sign up please call Youth Services at 203-389-3429.

Woodbridge Job Bank for Woodbridge Residents

The Woodbridge Job Bank is looking for Woodbridge residents between the ages of 13 and 17 who are interested in earning some money. Jobs include yard work, childcare, pet care, snow shoveling, housework, party help, and other odd jobs. Please call us at 203-389-3429 to join the Job Bank. We'll help you find work with Woodbridge residents who need a hand around the home or office. It's a great way to gain work experience close to home.

Why Rake Those Leaves? Teens Need Jobs in Woodbridge

The Woodbridge Job Bank has numerous teenagers who are experienced in babysitting, leaf raking, yard work, snow shoveling and other odd jobs. Many have completed the American Red Cross Babysitters Training Course. If you are a Woodbridge resident and would like more information, call Woodbridge Youth Services at 203-389-3429.

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THE OUTSIDE LIVING BOX

Maybe it's that she remembers a simpler, more connected life growing up in her native Assisi, where family and neighbors gathered in la piazza and sipped wine or espresso while talking about their day. Or maybe she doesn't like to see people walking down the street with cellphones



Laura Fantarella

glued to their ears, their eyes on anything but passersby. Or maybe she just likes to talk. If you ask Anna Sincavage, it's a combination of all those things which prompted her to open the doors of her family's Skappo Restaurant in New Haven on a Saturday morning when it's typically closed, and invite the public to "Anna Unplugged".

With a sparkle in her eye and fun in her heart, the Amity Road resident invites participants to "get real" and rediscover the art of conversation. No cellphones, iPads, iPods, or other electronic devices allowed, thus the "unplugged" - just an intimate group that gathers to talk and get to know each other. There is a loose structure to the two-hour class which meets at 11 a.m. on Saturdays -- each week Sincavage will highlight one of the small ancient villages or "borghis" of Italy, discuss a bit of history, a bit of culture, maybe play an Italian card game or prepare a simple, typical dish of the region for her guests to enjoy. Sincavage, who grew up in Assisi and attended college in Perugia, is well-versed on the history of much of her native Italy, but if the conversation veers from the syllabus, well so be it, all the better. Now in her mid-60s, Sincavage said her vision of "Unplugged" has been brewing for a while. "It is my turn to act and do what I believe in," she said. "I want to create connections and let the class go where it may. I want people to reveal themselves - to get rid of their American fears and instead feel free and comfortable. The time is ripe for this." To talk with Sincavage, the conversation will meander from the philosophical (she has a degree in Philosophy) to the spiritual (Assisi is steeped in the traditions of the Franciscan Order) or it can be just plain fun.



Anna Sincavage

A former Italian teacher who met and married Tom, an American architect, after meeting him in her homeland, Sincavage is a true Renaissance woman. She designs and sews artsy and whimsical accessories -like pocketbooks made from recycled onion bags, and colorful apparel for women to "feel more beautiful;" appreciates and studies art, and reads anything she can get her hands on. The Italian classes Sincavage teaches afterhours at her restaurant are becoming more and more popular, her students enjoying her lively personality and hearty laugh as much as they enjoy learning a foreign language.

Eight years ago Sincavage persuaded her family to give up their respective careers to open Skappo to honor the memory of her parents who had owned a market in Assisi. "I grew up in the store in Italy and I loved it," she said. She, her husband, and three children, Marco, Yvette and Michael each bring their own talents to the restaurant's operation. "The beauty of Skappo is the human hands, five people putting their personalities into it," she said. They have since also opened an Italian store, "Skappo Mercato," around the corner on Orange Street. Many days Sincavage will be in the restaurant's kitchen, creating and cooking the dishes from her native country, but it is the dining room where she shines, mingling with the guests seated at long wooden family style tables, and starting conversations. "I love always to talk," she said.

"Unplugged" is \$15 per session and if you'd like a particular region to be featured, Sincavage will be happy to oblige. For more information about "Unplugged," call Skappo at 203-773-1394.

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Send all submissions to Laura Fantarella at laura@woodbridgetownnews.com.

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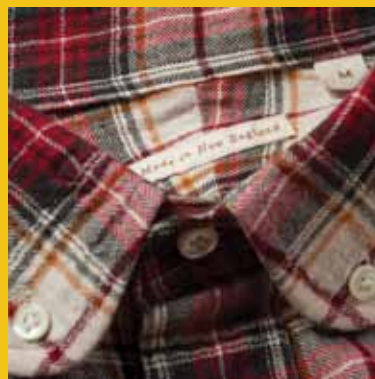
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"Dining with Susan"

By Susan Noonan



Wheeler's Market-Café & Restaurant

Woodbridge has a wonderful new addition to the town's ever growing restaurant scene. Wheeler's Market-Café & Restaurant opened in mid-September with rave reviews from customers so far. Owners Peter & Kathy La Tronica, along with their nephews Michael & Robert, have created a spot offering a chic upscale trendy look making you feel like you are in the heart of New York's lower Manhattan's SoHo district. This modern bistro cafe features honest, hand-prepared sandwiches, breakfast items, soups, salads, a full coffee and tea selection, ice cream, and pastries, in a casual, relaxed atmosphere. Wheeler's completely renovated space (formerly Scoop This!) features a cozy fireside reading room, complete with comfy couches and chairs, a professionally landscaped outdoor garden area for al fresco dining, and a private conference room for presentations, meetings, or other large gatherings. Regardless of where you decide to relax, lightning fast WiFi is available for all guests to both work and surf!



The La Tronica family believes that food is a very important part of our society and community. Not only is the act of eating a meal a social experience meant to be shared with family and friends, the food on the plate is an important part of our ecosystem, economy, and our lives. In order to provide the highest quality meats and produce, they have collaborated with numerous farms and many suppliers to bring locally grown foods to your table whenever possible. By working with as many New England producers as possible, they attempt to support the community while providing an ethically sourced, high quality, and sustainable product for their customers.

Wheeler's strives to use only the best local produce - when seasonally available - for all sandwiches, salads, and soups. When buying meats they look for all-natural and heritage breeds to create house-made deli meats. They even do their own "pickling & smoking" in house-no pre-packaged or pre-made products - nearly everything served is house made - from salad dressings to cold cuts. The only exception is the bread & pastries which are delivered daily from Judies European Bakery in New Haven. This popular bakery makes its famous breads and pastries from scratch. Judies only uses the finest natural ingredients with no preservatives in an effort to give customers the highest quality products. Wheeler's motto is, "You are not only what you eat, but how you eat - so eat with the best!" Executive chef Heath Klarsfeld is a classically trained French chef and attended Cornell University for Hotel & Restaurant Management. This speaks volumes for the quality of Wheeler's and its staff.

Which brings me to my first (and many more to come I might add) visit to the restaurant. I love a great sandwich and freshly made soup. This must go back to my childhood enjoying comfort food when my Grandmother made me grilled cheese sandwiches. So, of course, I couldn't resist Wheeler's "Perfect Grilled Cheese" featuring Irish butter, house-smoked mozzarella, Welsh Cheddar, & baby Swiss-definitely a winner. The soups change regularly and I sampled their Autumn Mint Pea Soup and Corn Chowder-both outstanding. You can view the menu online, but I have to add that after visiting over 100 restaurants in the area, this is the first one that offers deviled eggs, pickle plate, warm German potato salad & Spaetzel with broccoli-again worth the visit!

Open 6 days-Monday - Wednesday: 7:00am - 7:00pm - Thursday - Saturday: 7:00am - 9:00pm. Available Sundays for private parties. Future plans include Sunday Brunch-stayed tuned. All major credit cards - Handicapped Accessible - Ample parking surrounding building - Take-out available on menu items-Private room for business meetings or small gatherings. Wheeler's open concept is the perfect setting for fundraisers and other community events.

Peter and Kathy enjoy getting involved with the surrounding communities and volunteer for Hidden Acres Therapeutic Riding Center in Naugatuck. This wonderful non-profit, volunteer supported organization is dedicated to providing the benefits of therapeutic riding and other equine assisted activities to children and adults with special needs. Wheeler's is actively involved with its fundraising efforts. Please visit its web link: <http://www.hiddenacresctr.org> for further information.

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Phone - 203-553-9055 Office - 203-553-9054 Fax - 203-553-9056
Web site: wheelers-newhaven.com
#Wheeler's New Haven on Instagram.

Final notes: In addition to Wheeler's commitment to high quality food, it offers a casual, family-friendly atmosphere along with very reasonable prices. Make a visit soon to this special new Café-Restaurant. A great spot for a leisurely breakfast, lunch, dinner or just coffee and ice cream. Please remember to support our local family owned businesses. If you have a favorite restaurant, e-mail susan@orangetownnews.com or susan@woodbridgetownnews.com.

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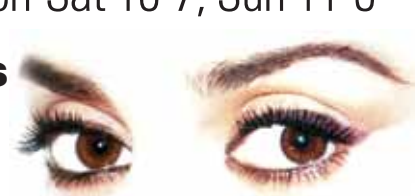
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celebrity extra
by cindy elavsky



Kellie Martin

Q: I am so happy to hear that “Army Wives” has been renewed for another season. Will all the stars be back for the new season? -- Fiona W., via e-mail

A: Lifetime has indeed ordered 13 more episodes of the hit military drama for a 2013 seventh season. However, not all the details of who will be returning have been worked out. **Catherine Bell** appears to be a yes, while **Dana Delany** is most likely a no. **Kelli Wilson**, who plays Jackie Clark, seems a likely candidate to slip into a more prominent role. And don't count out newcomer **Kellie Martin**, who plays Capt. Nicole Galassini. She told me recently that she'd be up for another tour of duty with “Wives.”

“I was honored to play this woman,” Kellie said. “I thought she was so brave and so smart, yet in her personal life she had to hide, and it was really fun to play someone who comes out. I feel like Capt. Galassin is the girl next door. Everybody knows someone like her. I'm just very proud of “Army Wives” and Lifetime for following through with the storyline that they did.

“Last we saw Nicole, she was on a plane to Afghanistan at the season end, and there was a lot of turbulence ... but I had a great time and I never ever know where my career's going to head, so it'll be interesting to see what happens.”

In the meantime, you can catch Kellie in the Hallmark Channel original movie “I Married Who?” airing Saturday, Oct. 20, at 9/8c.

Q: What has happened to “CSI: Miami”? Has it been canceled? -- Bill V., via e-mail

A: CBS opted back in May not to renew the **David Caruso**-starring

crime drama after 10 seasons and 232 episodes. However, you can still whet your “CSI” appetite with the original “CSI: Crime Scene Investigation” on Wednesday nights with **Ted Danson** and **Elisabeth Shue**, and “CSI: NY” with **Gary Sinise** and **Sela Ward** on Friday nights.

Q: Will “Finding Bigfoot” be back? It's one of my favorite shows. -- Eddie S. in Oregon

A: As one of Animal Planet's top-performing series ever, you can bet your sweet bippy that it'll be back for a third season. Prepare yourself for 20 informative and somewhat-scary episodes beginning Sunday, Nov. 11, at 10 p.m. ET/PT. This season the team of investigators will travel worldwide in search of the ever-elusive sasquatch, heading to Australia to investigate the phenomenon known as “yowies” and to Indonesia to scout out the “orang-pendek” creature.

Q: I was wondering if two of my favorite reality shows will be back: “L.A. Ink” and “Gene Simmons Family Jewels.” -- N.P. in Kentucky

A: I hate to have to deliver this double-whammy of bad news for you, but neither “L.A. Ink” nor “Family Jewels” has been renewed for a new season, and therefore won't be returning to TLC and A&E, respectively.

Write to Cindy at King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475; or e-mail her at letters@cindyelavsky.com.

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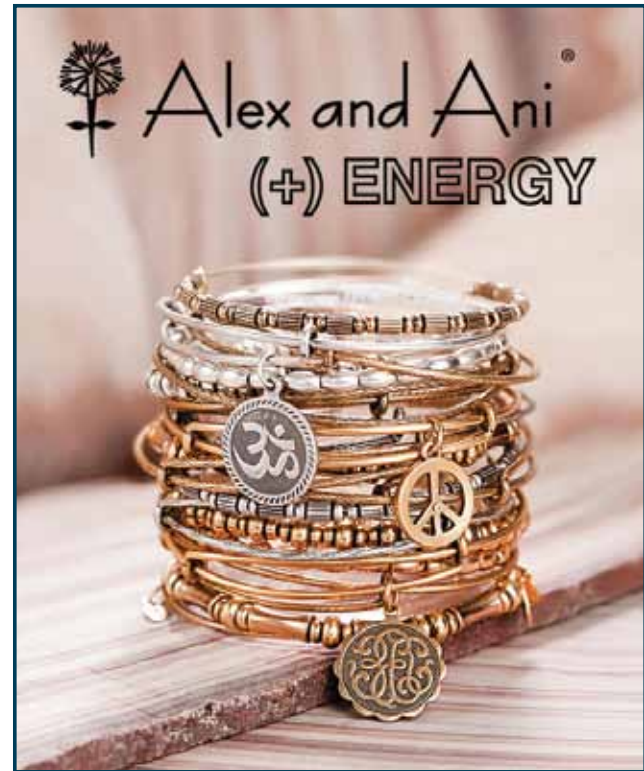
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HISTORY CORNER

With Muffy German

Civil War Commemoration Speech

As Given By First Selectman Edward M. Sheehy

Today, we have come together as a community to commemorate the Civil War and the 150th Anniversary of the Emancipation Proclamation given by President Lincoln on September 22, 1862.

The Town of Woodbridge for its size (1860 population 872 people) played a significant role in the Civil War as you can see from the program. Eighteen per cent of Woodbridge households or 61 men and boys including two African Americans served in the Union army, 12 of whom gave their lives. Some of their descendants are in our audience today.

In an event such as this, we celebrate and re-live the history of our Country and our town and provide a history lesson for us all - old and young alike as evidenced by the presence of the students from Amity High School, Beecher Road School and Ezra Academy.

I have learned several history lessons myself. Today, I appear as Ward Hill Lamon who was a Marshal for the City of Washington and Chief of Protocol at the White House and a former law partner of President Lincoln. Lamon was described as a burly and jovial man with a strong appreciation for liquor. He acted as a self-appointed bodyguard to President Lincoln. Lamon, however, was famously absent the night Lincoln was assassinated having been sent by Lincoln to Richmond, Virginia.

The minutes of a Special Town Meeting held in Woodbridge on August 2, 1862 show that the towns-people offered to pay each Woodbridge volunteer who shall enlist and be sworn into the United States Army for the duration of the war the sum of \$100 provided the volunteers be sworn

in to the service on or before the 16th day of August, 1862. The Town meeting further voted that the Town treasurer be authorized to borrow a sufficient sum to pay all the volunteers.

For over the past month, Todd Fabian, our librarian, has arranged for a series of well-attended book discussions with authors concerning the Civil War, children's crafts, films and an art exhibit featuring Civil War lithographs, wood carvings and prints displayed by John Stewart of Woodbridge, former Chair of the Library Commission. This display will be open for two hours following the ceremony.

In reading the speeches, playing of the music and songs of the time and the marching of the soldiers, we have attempted to re-create an atmosphere as it appeared in Woodbridge 150 years ago.

I would like to thank all who planned, prepared and participated in this commemoration most of whom are listed in the program, and includes Amity High School string-ensemble.

I would also like to recognize Dr. Marvin Arons, our Town Historian, who is the moving force behind this Commemoration, the Amity Woodbridge Historical Society and Don Menzies its President and Martha (Muffy) German who did research concerning the Veterans from Woodbridge, and Joseph Hellauer, our Town Administrative Officer who made the arrangements for today's Commemoration.

Thank you all for coming. I hope you will take with you a greater understanding of the Civil War and the contribution and sacrifices of residents of Woodbridge to the Civil War so that all men could be free.

Brandywine Christmas

The Ward-Heitmann House Museum, 277 Elm Street, West Haven, invites you to join them December 7-9, 2012 as they visit The Brandywine Valley region of Pennsylvania, home to world-class museums, lavish American castles and Longwood Gardens. Tour includes two nights hotel accommodations, 4 meals, admission to Nemours Mansion and Gardens, Brandywine River Museum, an evening at Longwood Gardens, including a choral concert, and a QVC Studio tour. Double occupancy: \$444; single: \$544. Deposits due by September 30. Space is limited. Contact Kathryn Gregory at 203-933-0599 or e-mail: kathryngregory@sbcglobal.net for reservations or information. Expanded trip description can be found at www.wardheitmann.org.

HOUSES OF WORSHIP EVENTS

Church of the Good Shepherd - Fall Schedule

Shepherd's Café

The Shepherd Café will be open from 10:30 a.m. to 1:00 p.m. every Wednesday and will be serving coffee, light snacks and a tasty and nutritious lunch from 11:30 a.m. to 1:00 p.m. This meal will be available to seniors or to anyone that needs or would like to share a meal and some companionship. Bingo and other activities will take place from 10:30 to 11:30 a.m. There will be menu choices each week with soup and selected sandwiches always available. While there is no cost for the meal, donations are always appreciated. This is a new ministry of the Church of the Good Shepherd and a partnership between the church and Community Services. The Church is located at 680 Racebrook Road and there is ample parking. While reservations are not needed, they would be appreciated. To make a reservation, volunteer, or to help in any way, please call the church at 203-795-6577. Community Services will provide transportation from the High Plains Community Center to and from the Shepherd Café. Please call Kim at 203-891-4788 at least a day ahead to reserve a ride.



Church of the Good Shepherd

Women's Spirituality

If you would like to deepen your relationship with God, through conversation, reading and group spiritual direction, join other likeminded women as companions on this journey of faith. We will meet the fourth Thursday of the month from 4:30 to 6 pm in the parish hall. For more information contact Rev. Ann at rectorofcgs@optonline.net or call the office at 203-795-6577.

NEW!!!!!! BREATHE, BALANCE, BELIEVE

Vinyasa Yoga for kids and adults. These classes are designed to help children and adults strengthen both physical and mental well-being. Participants will practice at their own level and be willing to set aside time to enjoy a practice that integrates a flowing physical practice with mindful meditation. The teacher is certified and member RYT. Cost is \$60 for 6 classes. Both adult and kid classes meet for 45 minutes, Kids meet on Mondays 5:15 to 6:00 pm and adults meet Monday and Thursdays 5:15 – 6:00 pm, in the Parish hall. Please bring a yoga mat and blocks if you have them. Classes begin on October 15th. Call 203.795.6577.

Weekly Services

- Sundays: 8:00 a.m. Holy Eucharist. 10:00 a.m. Holy Eucharist with music followed by fellowship hour. 5:00 p.m. "Come just as you are" Holy Eucharist" with music.
- Wednesdays: 7:00 p.m. Evening Service of Prayer and Healing with Communion.

Christian Formation for All Ages

To register or for information, call the office 203.795.6577; Children (Pre-k-5thGrade) 9:45 am.

Youth Group

All 6th-12th Graders are welcome. Friday evenings from 7:00- 8:30 p.m. Fun, fellowship, and Christian formation.

Bible Study – Lectionary based

- Mondays- 7:00 p.m. – call church for more information.
- Thursdays at 10:30 a.m. – downstairs classroom 7:00 p.m.- Praying our Holy Scripture with Understanding (includes music)
- Friday Evenings at 7:15-8:15 p.m. – Dunkin Donuts 297 Boston Post Road, Orange.
- Saturdays 9:00 – 10:00 a.m. – Bagels & the Bible - Parish Hall.
- Sundays- 9:00 a.m. – Parish Hall

Barry L. Zaret Sunday Morning Book Talk at CBJ

Community members are invited to a free book talk and signing by Barry L. Zaret, on Sunday, October 21st, 10am at Congregation B'nai Jacob. Zaret will read from his first poetry collection, Journeys.

In Journeys, Barry L. Zaret has unleashed a long-withheld torrent of gorgeous verse drawn from the riches of his Jewish heritage, his life as a cardiologist, his intense sorrows, joys, and his love of the natural world, especially his beloved Berkshires. What one senses most of all in these life-changing poems is the enormously generous and empathetic spirit behind them.

Zaret's heartfelt poetry "...looks unflinchingly at his own and our pain and sorrow--and at death--ultimately finding a future of promise and fulfillment," says National Book Award Winner Sherwin B. Nuland.

As a cardiologist, Zaret has been on the faculty of Yale University School of Medicine since 1973; serving as Chief of Cardiology there and at Yale New Haven Medical Center for twenty-seven years. He is long recognized for his pioneer research in the development of nuclear cardiology, was the founding Editor-in-Chief of the Journal of Nuclear Cardiology and has received many awards for his scientific work.

The father of three and grandfather of six, Barry L. Zaret lives in Woodbridge, CT and East Otis, MA.

For more info, please visit www.bnaijacob.org/203389-2111.



Congregation Or Shalom Upcoming Events

Annual Stuffed Animal Parade, Friday, October 19, 7:00 pm: In celebration of Noah's Ark, Or Shalom has a stuffed animal parade where our children bring their favorite stuffed animal and parade through "Noah's Ark". All are welcome.

Coffee & Learn with Rabbi Wainhaus begins Wednesday, November 7, 11:00 am: Each week, the Rabbi addresses interesting and sometimes amusing topics regarding Hot Topics, Judaism, Bible, Yiddish, and much more. The class begins at 11:00am and runs until Noon. These classes are held every Wednesday beginning November 7 through March. All are welcome. There is no charge and no reservations are required. Refreshments (Coffee And) are served.

Zumba Gold: Tuesdays & Thursdays, 7:00 PM – 8:00 PM. Join Zumba Gold with coach Robin Allen each week for a one hour class. Call Robin for more information at 203-314-8176.

Naming Babies: Does your Jewish child need a Hebrew name? If so, we will provide him/her with one. There is no charge and this is open to Congregation Or Shalom members and non-members. Call the Or Shalom office at 799-2341.

Services:

Sunday mornings: 9:00 am • Monday mornings: 7:30 am • Thursday mornings: 7:30 am • Friday evenings: 7:00 pm (the first Friday of each month is our Family Service where Rabbi Wainhaus reads the children a story in lieu of a sermon. Following the Service, there will be a dairy Oneg Shabbat-refreshments. • Saturday mornings: 9:30 am.

All events are open to non-members.



Congregation Or Shalom

Attention Woodbridge Churches, Synagogues and Houses of Worship!

Send us your organizations events listings and items of interest. We will publish them for free.

Woodbridge Town News
P.O. Box 1126, Orange, CT 06477
Edit@woodbridgetownnews.com



WORSHIP EVENTS



Our Lady of Assumption Church

Chili Cook-Off

The Ladies Guild of Our Lady of Assumption Church is hosting the second chili cook-off on Saturday, October 20th immediately following the 5:00pm mass (about 5:30pm). All parishioners and friends of the parish are invited to attend. Taste and vote for your favorite! In addition to chili, a taco bar, salad, corn bread and desserts will be provided. BYOB (beverage). Other activities include a 50/50 raffle, piñata and zumba dancing.

The cook-off will take place at Our Lady of Assumption Church Hall, 81 Center Road, Woodbridge; Donation: \$10 adults/\$5.00 children 3-12 yrs old/ Chef free!

Calling All Cooks!

Do you make a great chili? Do you want to have fun with fellow parishioners? Do you want bragging rights for the next 12 months? Then join us! Call Ann Marie Schoppman at 203-387-4035 or Montse Lopez-Vila at 203-387-8266 to reserve your table or your chili pot!



Notification of Upcoming Important Election Dates

The Bethany, Orange and Woodbridge Registrars of Voters announce important voting dates. State and Federal elections will be held on Tuesday, November 6, 2012.

Cut-off Dates: Mail in registration deadline for voting in the Federal Election is October 23rd (postmark). Deadline for registering in person with Registrars is 8:00pm, Tuesday, October 30th.

Registrars Session: A special registration session will be held at the Registrars office on Saturday, October 20th from 10:00a.m. until 2:00p.m.

Registrars Session: Tuesday, October 30th is the in-person cut-off for voter registrations. Applicants must appear in person to the Registrar of Voters office between 9:00a.m. and 8:00p.m.

Limited Session: There will be a limited enrollment session on Monday, November 5th from 9:00a.m. to 5:00p.m. for persons who attained age, citizenship or residency after the October 30th deadline.

Absentee Ballots: Applications for absentee ballots should be made through the Town Clerk's office. You may also download an application from the Secretary of the State's website: click on "Elections and Voting" then "Absentee Ballot Application".

Bethany Registrars: 203-393-2100, ext. 121
Orange Registrars: 203- 891-2122 ext. 4716, ext. 4715
Woodbridge Registrars: 203-389-3408, 3409

The Town Clerk's Office is available to register voters, for absentee ballots and to accept party changes Monday through Friday from 8:30am to 4:30pm in Woodbridge and Orange. Bethany's hours are 9:00am to 4:30pm Monday through Friday and Monday evenings 6:30pm to 7:30pm.

DeGrego Earns Independent Endorsement

Mike DeGrego, Republican Candidate for State Senate recently earned the endorsement of the Milford Independent Party at their caucus on Saturday, August 25th for Connecticut's 14th District which includes Milford, Orange, and sections of West Haven and Woodbridge. Over the last few months, DeGrego has already met with hundreds of independent voters as he has been campaigning daily across the district. His message of going to Hartford to represent the people of the district and not blindly following party leadership has been enthusiastically received. A recent Quinnipiac Poll shows that 55% of independent voters disapprove of the way the state legislature is doing its job.

"I'm grateful for the support of our local Independent Party," DeGrego said. "The 14th Senate District includes a large percentage of independent voters who expect their elected leaders to put partisan interests aside and do what's best for the people of Connecticut. My focus is on creating jobs, lowering taxes and making it easier for all middle class families to live and work in a safe and stable Connecticut."

"My opponent claims to be independent and bipartisan, but she has long been beholden to a liberal-Democratic agenda of bigger government and higher taxes. The local Independents had supported her in the past and this is a great honor to earn their support today. It is just another example of the hard working people of the district saying enough is enough!"

Mike DeGrego, lives in Milford and is a retired 26 year police officer in addition to a retired career Air Force Master Sergeant. He currently is a volunteer teacher at Our Lady of Victory in West Haven and serves on the Inland Wetlands Commission in Milford. After a lifetime of public service, he feels obligated to come out of retirement to run for the State Senate seat and bring some common sense leadership back to our legislature. DeGrego will be on the ballot on both the Republican line as well as the Independent line on election day, November 6th.

Woodbridge Town News

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TOWN DEPARTMENTS

Motor Vehicles Checked for High Mileage & Body Condition

The Woodbridge Assessor's office will inspect only those motor vehicles felt to have high mileage and/or poor body condition during the month of October only. The vehicle must be registered in the Town of Woodbridge as of October 1, 2012. The mileage and condition will be documented and taken into consideration when pricing the vehicle for the October 1, 2012 Grand List. This inspection may or may not change your value.

Please bring your vehicle to the Woodbridge Town Hall between 9:00 a.m. and 4:00 p.m. Monday - Friday. No appointment is necessary. October will be the only time of the year that mileage and condition will be considered.

December Holiday Basket and Adopt-A-Family Program

The Woodbridge Human Services Department needs sponsors to participate in the Adopt-A-Family Program. This program provides holiday food baskets for the December holidays to Woodbridge families in need.

Mary Ellen LaRocca, Director of Human Services stated "Due to the economy, we are getting more referrals for families and seniors who need holiday baskets".

Distribution of holiday baskets will take place on Wednesday, December 19th. Anyone interested in sponsoring a family should contact Woodbridge Human Services at 203-389-3429. Monetary donations can also be made payable to Woodbridge Human Services, 11 Meetinghouse Lane, Woodbridge, CT 06525.

Human Services Organizes "Heart Saver" Course

The Woodbridge Human Services has organized a HeartSaver CPR/AED Course scheduled for Wednesday, October 10, 2012 from 6:00P.M. to 9:30P.M. The class will be held at the Woodbridge Senior Center Lounge, 4 Meetinghouse Lane.

The class is open to Woodbridge residents at a fee of \$45.00. To register for the class, please contact the Human Services office at 203 389-3429.

AARP Safety Driving Course

Golden Hill Health Care Center, 2028 Bridgeport Avenue, Milford, CT will host the informative AARP Safety Driving Program on October 25, 2012, from 9 a.m. to 1 p.m. Presenter, Mr. Frederick Chidester, will teach helpful strategies to stay safe on city roads and highways. This is a great opportunity for drivers to refocus on safety, to learn how to reduce traffic violations, accidents and injuries. The course also updates students on knowledge of recent changes in traffic laws, developing safe driving techniques to compensate for age related changes. The cost for AARP members is \$12 and for non-members is \$14. Checks may be made payable to AARP the day of the class. Golden Hill HCC will provide a complimentary light lunch. To pre-register, contact Kathleen Milewski @ Golden Hill HCC @ 203-951-4408.



Photo by Nathan and Jenny via flickr

Child Safety Seats: Proper Use and Installation Vital

The Woodbridge Volunteer Fire Department reminds parents and caregivers to make sure that they are properly using and installing their child safety seats. A new National Highway Traffic Safety Administration (NHTSA) survey shows that parents are making significant mistakes when using car seats and booster seats. It also found that one in five parents do not read any instructions when installing seats.

"The key to keeping kids safe is to make sure your child is in the right seat for their age and size - and to make sure that the seat is correctly installed in your vehicle," said US Transportation Secretary Ray LaHood. "We encourage everyone to take advantage of the many resources available to ensure you've done everything to properly protect your child." One such resource is the team of Safe Kids Certified Car Seat Technicians at the Woodbridge Volunteer Fire Department. If you would like your car seat checked or installed for you, call 203-389-3441 to make an appointment. Appointments are made regularly on Monday and Wednesday evenings and from time to time special "Car Seat Events" are held. For more information, check us out on the web at www.woodbridgect.org/fire and [facebook.com/WoodbridgeFire](https://www.facebook.com/WoodbridgeFire).

"Child safety seats save hundreds of young lives every year, but proper use is vital," said NHTSA Administrator David Strickland. "That's why we're urging everyone to make sure their kids are properly protected on every trip, every time."

Read the Woodbridge Town News Online!

www.WoodbridgeTownNews.com

LOCAL BUSINESS ROUNDUP

Real Living Wareck D'Ostilio Welcomes Theresa H. Jakubowski

Real Living Wareck D'Ostilio Real Estate proudly welcomes Realtor Theresa Jakubowski to its growing team. Theresa is entering the field after twelve years of work in pharmaceutical sales and occupational therapy services.

Her experience in health care has allowed Theresa to witness, first-hand, the impact one's home has on independent function and quality of life. Theresa is uniquely qualified to assist in identifying homes that are fully accessible to seniors looking to "right size" their homes. In addition, Theresa has experience in multi-family dwellings and full service property management due to her work as a real estate investor.



Theresa H. Jakubowski

Theresa holds a Bachelor of Science in Occupational Therapy and a MBA in Finance both from Quinnipiac University. Theresa is thrilled to be a part of the Real Living team and is looking forward to assisting clients in their real estate needs.

Real Living Wareck D'Ostilio Real Estate is a full service brokerage, equipped with a rental division, resale, new construction and commercial division. It is located at 129 Church Street, New Haven, across from the historic New Haven Green. Contact them at 203.787.7800 or www.RLWD.com.

WE'VE MOVED!



On behalf of the FASTSIGNS team in Orange, I am delighted to announce our new center location as of October 1st, 2012. We are at:

FASTSIGNS
 1015 Bridgeport Avenue
 Milford, CT 06460
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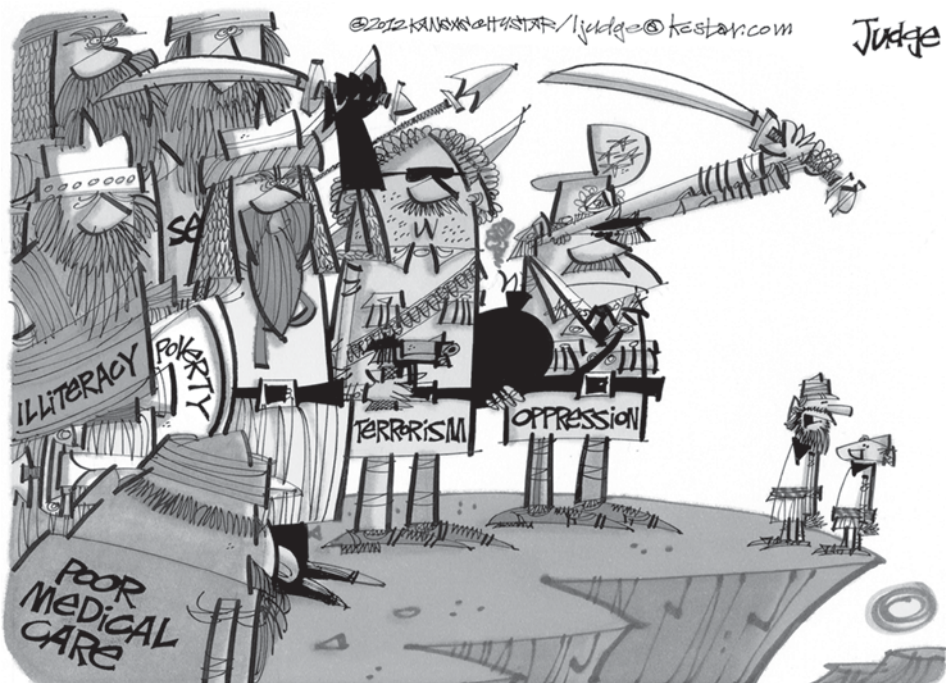
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BULLETIN BOARD

Please Note: If you have an event for the Bulletin Board, please send it along no matter how far in advance it is. We will include it in the appropriate issue(s) until the event has taken place.

2012 Annual Fund Drive for Bethany's Clark Memorial Library, contributions requested to help for the cost of a website to update services, etc.

Rabies Clinic, Saturday, October 20, 2012, 1:00-3:00pm, Country Companions Veterinary, 9 Amity Road, Bethany; Rabies inoculations/\$15; micro chips/\$20 plus a registration fee; bring proof of current rabies to receive a three-year booster. All pets must be on a leash or in a carrier.

The Ladies Guild of Our Lady of Assumption Church Second Chili Cook-off, Saturday, October 20, 2012 immediately following the 5:00pm mass (about 5:30pm), Our Lady of Assumption Church hall, 81 Center Road, Woodbridge, Taste and vote for your favorite, also a taco bar, salad, corn bread and desserts, BYOB (beverage), a 50/50 raffle, piñata and zumba dancing. Donation: \$10 adults/\$5.00 children 3-12 yrs old/Chef free!

Halloween HOOT, Saturday, October 27, 2012, 11:30am-3:30pm RAIN or SHINE, Beecher Road Elementary School, 40 Beecher Road, Woodbridge, CT. For information, go to www.brspto.org. Don't forget to wear your costume!

Hooked on the Sound Crochet Guild, Saturdays, November 3, 2012, December 1, 2012, 10am-1pm, Case Memorial Library, 176 Tyler City Road, Orange, small meeting room on 2nd level (elevator available); share stitch successes, assist with pattern problems and have a great time crocheting, no fee. For more information, Visit <http://hotscrochetguild.yolasite.com/>, Email HOTSCrochetGuild@Live.com.

Amity Senior High School Class Of 1992 ~ 20th Reunion, Saturday, November 24, 2012, 7:00pm, Eli's on Whitney Avenue, Hamden, CT. For information and/or tickets, email naluciano@yahoo.com.

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Have You Forgotten Your ROTH?

By Roberta L Nestor

The ROTH IRA is perhaps the most overlooked opportunity for retirement savings, even though it has been available for nearly 15 years. When ROTHs started in 1998, the maximum contribution was just \$2,000, now it is up to \$5,000. The much talked about ROTH offered advantages that were not then (or now) available with any other retirement plan – accumulated earnings from ROTH IRAs are completely

Dollars and sense

tax-free. Unlike a traditional 401k, you will never have to pay taxes on your qualified ROTH distributions when you use it for retirement.

The availability of ROTHs was initially met with great enthusiasm. In addition to being able to contribute to a ROTH, there were IRS provisions that allowed you to convert traditional IRAs into ROTHs. Conversions are when you take all or a portion of your IRA account and transfer it into a ROTH IRA. However, you do pay ordinary income tax on the amount converted in order to gain potential tax free accumulation for the future. Conversions were particularly attractive in 1998 and 1999 because you were able to spread the tax liability over a 5 year period.

Like investment markets, the ROTH seems to have lost its appeal. Market volatility, the painful years of the “tech bubble” and the US credit crisis coupled with a bad economy has put savings on the back burner. It's time to dust off your ROTH account and get back on track!

Remember the advantages of a ROTH:

- Potential earnings accumulate tax free versus tax deferred
- Your beneficiaries inherit ROTH accounts income tax-free
- Contributions withdrawn from ROTHs can be penalty free and income tax free if you're ROTH was established for at least a 5 year period*
- Unlike traditional IRAs and retirement plans, ROTHs do not require you to take withdrawals at age 70 ½
- Many 401k plans have ROTH components that allow you to put all or a portion of your employee payroll deduction as a traditional 401k or as a ROTH. Contributions to a ROTH 401k do not have income limits as stated below.

Of course, Congress does set income limits to determine eligibility for a ROTH contribution for 2012:

- Single filers: Up to \$110,000 (to qualify for a full contribution); \$110,000–\$125,000 (to be eligible for a partial contribution)
- Joint filers: Up to \$173,000 (to qualify for a full contribution); \$173,000–\$183,000 (to be eligible for a partial contribution)

Savvy savers are maximizing their ROTHs, opting to pay taxes now while we are still in historically low tax brackets (which may soon change). There appears to be a change in the tide; older workers have been schooled to “defer, defer, defer” and as a result, many retirees are over weighted in tax deferral. Most retirees will pay taxes on their social security, taxes on any pensions and taxes on IRAs and 401ks. While I know it's expected that you will pay taxes on your income, it's different when it comes to the extras. For example, a client who wants to take out \$10,000 from their 401k plan for a family vacation might have to withdraw \$12,000 - \$13,000 to compensate for taxes. Taxes take a big bite out of retirement savings.

Here's an example of a 401k investor who contributes 10% of pay to the ROTH component of their 401k with after-tax dollars. With a current salary of \$50,000 and assumed 2% annual increases in salary over a 30 year period along with a hypothetical 3% annual rate of return; they could accumulate over \$315,000 in their ROTH 401k. That is a very substantial pile of tax free dollars at retirement.

So, if your ROTH has been disappointing, give it another try. Start fresh and make a commitment to contribute, it doesn't have to be the maximum. And, if you don't meet the eligibility requirements, consider taking a percentage of your 401k deferral into the ROTH if your plan allows. You never know when Congress will change the rules, contribute while you can!

*Withdrawals of any potential earnings after the five year period are subject to restrictions. Withdrawals of earnings made prior to age 59½ may be subject to regular income tax and/or a 10% IRS penalty.

Roberta L. Nestor is a financial advisor practicing at 491 New Haven Avenue in Milford, CT offering retirement, long term care, investment and tax planning services. She also offers securities and advisory services as an Investment Adviser Representative of Commonwealth Financial Network – a member FINRA/SIPC and a Registered Investment Adviser. Tax planning and fixed insurance products and services offered through TSM Financial Services are separate and unrelated to Commonwealth.

Commonwealth Financial Network or TSM Financial Services does not provide legal or tax advice. You should consult a legal or tax professional regarding your individual situation. Roberta can be reached at TSM Financial Services, 203-876-8066 or roberta@tsmfinc.com.

Happy Halloween!

Wine Talk

With Ray Spaziani

Ribera del Duero



Eighty miles north of Madrid in the province of Castile and Leon is region in Spain called Ribera del Duero. Almost exclusively a red wine region, the best wines are deeply concentrated without being overly tannin or alcoholic. Ribera del Duero wines are loaded with fruit, however, still quite elegant. This unique characteristic causes these wines to be some of the finest in Spain. Unico and Pasquera are internationally renowned and are both wines from this region. The major grape is Tempranillo. However, the tempranillo grown in this region in Spain is called tinta fino. This is a clone of tempranillo and after hundreds of years of being grown in this region which has a relatively harsh climate, it produces wines that are bolder and more rustic in flavor than the Tempranillo grown in Rioja which is the Tempranillo most Americans are familiar with.

Ribera del Duero has about 30,000 acres under production as compared with Rioja that has over 120,000 acres. The region has a rather checkered past. This is the part of Spain where the Catholic Kings fought the Moors who had invaded Spain during the Middle Ages. The huge stark castles that dot this region come from that era. When the Moors were expelled from the region entirely, Ribera del Duero came into its own. This was about the 15th century. Ferdinand and Isabella were married in this region in the late 15th century.

From the beginning of the twentieth century until the 1980's, the wines from this region were known as cheap ugly reds that were hastily produced by cooperatives that were built by government subsidies in the early 1950s. Modern wine making techniques were not used and the wines showed it. The wines were not racked off of the lees. They were not filtered nor bottled commercially. Local customers came with reusable containers and poured off the wines directly from the barrels. Rioja wines ruled.

Then, in the 1980s, there was an incredible change. Similar to the movie "Bottle Shock" many people have enjoyed, two wineries, Vega-Sicilia and Pesquera, began producing wines of remarkable quality that in blind taste tests scored much higher than the wines from Rioja. The success of these wineries caused an influx of interest, capital and technical skills to come pouring into the region. The wines became so shockingly good that Ribera del Duero arguably may be considered the finest wine region in Spain! From worst to first it is quite a dramatic story.

The best known wine produced in this region is Vega-Sicilia's Unico. It is expensive, but this legendary wine is long lived and richly textured and well worth the cost. So pick up a copy of Don Quixote and pour yourself a glass of this rich and deeply concentrated red wine with layer upon layer of flavors. You will be glad you did!

On a personal note, I would like to thank the judges for naming our Petite Sarah Best of Show Red and our Johannesburg Riesling Best of Show white and our Chardonnay and Sangioveses First Place awards at the Orange Country Fair. Thank you judges and Great Job! We are scheduling a wine event at Savinos Winery in Woodbridge near the end of October. It should be lots of fun. Email me if you have any interest in joining us there and trying some nice local wines. You may be surprised at the quality!

Ray Spaziani is the Chapter Director of the New Haven Chapter of the American Wine Society. He teaches wine appreciation classes at Gateway Community College and is a member of the International Tasting Panel of Amenti Del Vino and Wine Maker Magazine. He is an award winning home wine maker. Email Ray with your wine questions and wine events at Ray.Spaziani@gmail.com.

Get Ready to Cruise News

By Leslie Marsh



Royal Caribbean, Innovator of the Seas

Royal Caribbean is consistently recognized as one of the best cruise lines in the industry. It regularly wins industry awards for such things as best overall cruise line, best family cruise line and the best large ship cruise line. In addition to providing top-notch service and sailing to 233 fabulous destinations, it leads the industry in innovation and it shows!

Royal Caribbean made history with the launch of the largest cruise ships at sea, the Oasis of the Seas and the Allure of the Seas. The numbers are staggering: 220,000 tons

(as a fun comparison, the Titanic was 46,000 tons), 1,187 feet in length, 20 stories high with a passenger capacity of 5,400 and a crew of 2,394. These ships have many innovative features. Information about daily activities is provided on large interactive digital screens located throughout the ship. These displays also help passengers learn



Allure of the Seas

their way around the ship. There are several themed "neighborhoods" including the Boardwalk and Central Park neighborhoods which feature inside balcony staterooms. There are 26 diverse dining options ranging from a buffet to pizza to sushi, a premium steakhouse, a Brazilian restaurant and more. For dessert, my favorite place is the Cupcake Cupboard...yum! These ships boast indoor pools, outdoor pools, rock climbing walls, a zip line, an ice skating rink, world class shopping and Flowriders (surf simulators). Their outstanding entertainment features Broadway shows such as Chicago, Hair-spray and Saturday Night Fever. In addition choices include ice shows, aqua shows, casino, nightclubs, an outdoor movie screen for watching movies and special events and the Dreamworks Experience, featuring favorite characters from Dreamworks' animated movies.

Due to the popularity of these two ships, Royal Caribbean has made a commitment to apply Oasis-class upgrades to every single ship in the fleet. These upgrades have already been applied to seven ships. They will complete upgrades on two more ships in December of this year, with six more being re-fitted in 2013 and the remainder following after that. All ships will be re-fitted with an outdoor movie screen, digital signage and flat screen TVs in the staterooms. Other upgrades will vary depending on the size and layout of the individual ship but will include many of the features described above.

Royal Caribbean continues to uphold its commitment to provide the best vacation at sea and I highly recommend it for you and your family. By the way, the Explorer of the Seas sails year round from New Jersey. The sea is calling, answer it Royally!

Leslie Marsh is the owner/operator of Cruise Planners of Orange. She can be reached at 203-799-2367 or leslie@getreadytocruise.com.

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Death Notices



Sue Carrano

Sue Carrano, 102, formerly of Demarest Drive, Orange, died September 4, 2012; born August 7, 1910 daughter of the late Anthony & Coletta Pinto Carrano: sister of Terrie (Frank) DePino, Peggy (Tino) Giorelli, Alphonse (Carmel) & Andrew (Linda) Carrano, the late Michelina, Mary, Antoinette & Dr. Salvatore Carrano, Camille (Joe) Esposito & Vivian (Rocco) Salperio also survived by a niece & several nephews. She had worked at Martha West, Nora Zandri & Berger Brothers. The Carrano family wishes to thank the Willows of Woodbridge for their excellent & loving care.



Sue Carrano

Woodbridge Town News

Death Notices

The Woodbridge Town News will publish death notices for Woodbridge families free of charge as a service to our readers. Family members please email notice (limit 250 words, please) to: edit@woodbridgetownnews.com

HEALTH AND FITNESS

Amity Physical Therapy ~ Pain Diagnosis Relief - Much More Than Joint and Muscle Therapy

When Michael Dow, Clinical Director, first opened his practice eight years ago, he envisioned a physical therapy facility that would offer a comprehensive environment of healing for his patients. "First, I wanted to create an atmosphere that was not clinical: no white walls and white uniforms, but a warm and compassionate setting where our staff could make each patient feel special, comfortable, and never pressed for time. There are no clocks here. Every patient, no matter how complex his/her injury or ailment, receives personal and caring treatment from our staff of highly-trained therapists."

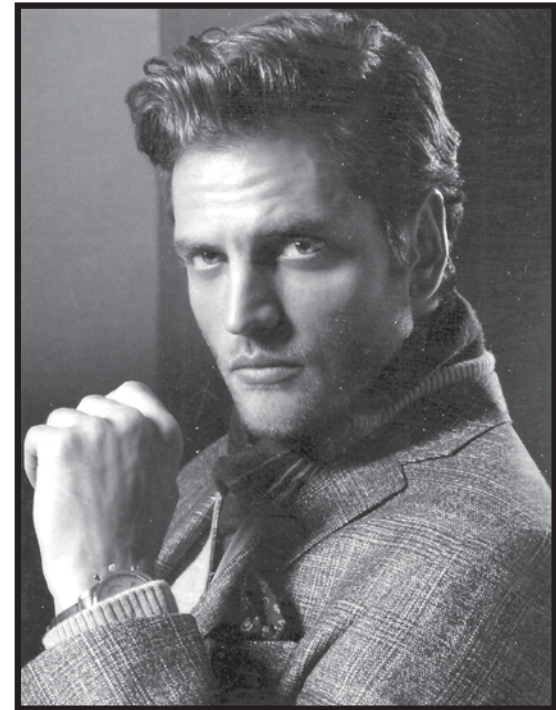
The interior of Michael Dow's treatment center in Woodbridge highlights his approach to therapy practice. A large, sweeping main room is appointed with personally designed interior architectural treatment, recessed lighting, warm graphics, marbled counters, large patient restrooms, private treatment rooms, and dozens of therapy and workout devices - every square foot devoted to superb patient care. "I wanted to avoid the quick fix and release, turnstile approach to physical therapy. Patients know they're in an unusual, caring setting from the moment they walk through the doors. Every member of our large staff is committed to thoughtful, personal treatment and pool their knowledge and experience relative to each case. Michael Dow and clinical partner Kyle Branday view themselves as "gatekeepers" to the entire local medical community. "Every injury or pain complaint is intensely diagnosed, and if the problem is beyond physical therapy, we quickly refer the patient to a cadre of medical practitioners with whom we work closely. In turn, orthopedic practices send post-surgical patients to us, knowing our proven ability to bring their patients back to normal mobility and activity with pragmatic care.

"Patient care is not dictated by visit limitations, deductibles and co-payments. The individual needs of the patient are at the core of our practice; health insurance should not mandate quality of care, rather each patient should receive the most effective, expeditious, and best quality care for their insurance premiums, regardless of their insurance plan. We have one focus: maximize the finest therapeutics possible and address the intangibles of personal care for the least amount of patient costs. In today's volatile and confusing healthcare environment, and with the current agonizing economic climate, our practitioners must do more for less and never compromise the quality and personal treatment with each patient visit.

"Patients trust us to provide the best care and guidance throughout their rehabilitation process. We value that at Amity Physical Therapy. That bond of trust transcends the challenges of healthcare reform and insurance limitations. We will never reduce our commitment to guide each patient in reaching their personal goals in rehab. They deserve the best and they receive just that at Amity Physical Therapy. There simply is no compromise in our practice. Our mission is to take physical therapy to a new level of sophistication and to set the standard in how all physical therapy patients are treated."

Michael Dow, MSPT, is the founder and Clinical Director of Amity Physical Therapy, 1 Bradley Road, Woodbridge, CT 06525, Phone: 203-389-4593, www.amitypt.com.

Fall Fashion Preview



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top 10 movies

1. **End of Watch (R)**
Jake Gyllenhaal, Michael Pena
2. **House at the End of the Street (PG-13)**
Jennifer Lawrence, Elisabeth Shue
3. **Trouble With the Curve (PG-13)**
Clint Eastwood, Amy Adams
4. **Finding Nemo (G)**
animated
5. **Resident Evil: Retribution (R)**
Milla Jovovich, Michelle Rodriguez
6. **Dredd 3D (R)**
Karl Urban, Olivia Thirlby
7. **The Master (R)**
Philip Seymour Hoffman, Joaquin Phoenix
8. **The Possession (PG-13)**
Natasha Calis, Jeffrey Dean Morgan
9. **Lawless (R)**
Shia LaBeouf, Tom Hardy
10. **ParaNorman (PG)**
animated

TOP DVD RENTALS AND SALES

1. **Snow White and the Huntsman (PG-13)**
Kristen Stewart
2. **Battleship (PG-13)**
Taylor Kitsch
3. **What to Expect When You're Expecting (PG-13)**
Cameron Diaz
4. **Safe (R)**
Denzel Washington
5. **The Hunger Games (PG-13)**
Jennifer Lawrence
6. **The Five-Year Engagement (R)**
Jason Segel
7. **The Lucky One (PG-13)**
Zac Efron
8. **The Dictator (R)**
Sacha Baron Cohen
9. **Dr. Seuss' The Lorax (PG)**
animated
10. **Think Like a Man (PG-13)**
Michael Ealy

Chartbusters

Top 10 Pop Singles

1. **Maroon 5**
"One More Night"
2. **Taylor Swift**
"We Are Never Ever Getting Back Together"
3. **fun.**
"Some Nights"
4. **Flo Rida**
"Whistle"
5. **Pink**
"Blow Me (One Last Kiss)"
6. **Justin Bieber feat. Big Sean**
"As Long As You Love Me"
7. **Ellie Goulding**
"Lights"
8. **Alex Clare**
"Too Close"
9. **Owl City & Carly Rae Jepsen**
"Good Time"
10. **Neon Trees**
"Everybody Talks"



Jana Kramer

Top 10 Country Singles

1. **Hunter Hayes**
"Wanted"
2. **Josh Turner**
"Time Is Love"
3. **Jason Aldean**
"Take a Little Ride"
4. **Little Big Town**
"Pontoon"
5. **Jana Kramer**
"Why Ya Wanna"
6. **Dustin Lynch**
"Cowboys and Angels"
7. **Carrie Underwood**
"Blown Away"
8. **Keith Urban**
"For You"
9. **Easton Corbin**
"Lovin' You Is Fun"
10. **Hard 2 Love**
"Hard to Love"

COUCH THEATER DVD PREVIEW BY DNA SMITH



Jared Gilman in "Moonrise Kingdom"

EDITOR'S NOTE: New DVDs reviewed in this column will be available in stores the week of October 15, 2012.

PICKS OF THE WEEK

"Chernobyl Diaries" (R) -- A gang of carefree young people decide to steer their vacation into the extreme. They hire a tour guide to take them into Pripyat, the Ukrainian city next to the site of the Chernobyl nuclear meltdown of 1986. At first they love the spooky abandoned apartment buildings and old nuclear facilities. Of course, when things get dark, their van won't start and it's clear they're not alone, their joy turns to terror. Director Oren Peli (creator of "Paranormal Activity") just doesn't deliver the suspense, and the horror falls flat.

"Madagascar 3: Europe's Most Wanted" (PG) -- The talking animals of the Madagascar series are back on a quest

to get to their home at the zoo. Alex the lion (Ben Stiller), Marty the zebra (Chris Rock), King Julien the lemur (Sacha Baron Cohen) and all the rest are still on for this third installment. This time, the animals find themselves lost in Europe and decide to join a traveling circus as a means of transportation.

It's the third movie in a series that wasn't the most original or exciting, and the creators know it. "Madagascar 3" dials up the pace to keep things interesting. Overall, it's a good sequel, even if it might be too fast and frenetic for some.

"Moonrise Kingdom" (PG-13) -- An oddly earnest 12-year-old boy (Jared Gilman) and an equally stiff young girl hatch a scheme to run away together and live off the land for a while. The boy is in a Boy Scouts kind of group, and his scoutmaster (Ed Norton) and a local policeman (Bruce Willis) are on the case to bring in the missing kids. The movie is a love story between two adolescents, but it's not a movie most adolescents would enjoy.

Director Wes Anderson's trademark whimsical, awkward-but-plausible fingerprints are everywhere. The story is set on a quirky, remote-island town in New England in 1965. Anderson's attention to detail is evident in every shot, and all of those details can actually pull you into this oddly appealing universe.

DOG OF THE WEEK

"That's My Boy" (R) -- It appears that somebody in the movie-going population has gravely offended Adam Sandler. This latest R-rated gross-out comedy on the heels of "Jack and Jill" (the one where Sandler plays his female twin) is so lame that it seems like Sandler has a grudge against people who like comedy and haven't liked him for the past decade or so. What's worse, "That's My Boy" is a disgustingly unfunny comedy that co-stars Andy Samberg, a rising star who has at least 10 years of being funny left before he morphs into the next Sandler.

1. What name did McKinley Morganfield go by for most of his life?
2. Which group had a disco hit with "Zing! Went the Strings of My Heart"?
3. Aruba, Bermuda and Key Largo are all mentioned in which song?
4. Chad & Jeremy had a hit in 1964 with which 1930s Billie Holiday tune?
5. Which hard rock band's 1975 album was titled "Hair of the Dog"?
6. Complete this song lyric: "In the jungle, the mighty jungle ..."



1. Muddy Waters. Rolling Stone magazine ranked the bluesman at No. 17 on the all-time list of 100 greatest artists. 2. The Trammps in 1972. They created a hit from the 1938 Judy Garland song used in the film "Lustre, Darling." 3. "Kokomo," by the Beach Boys. While the song references tropical Caribbean locations, this Kokomo is in the Florida Keys. 4. "Willow Weep for Me." Other notable covers have been done by Wynnton Kelly and saxophonist David Sanborn. 5. Nazareth, from Scotland. The group's best-known song was "Love Hurts." 6. "...the lion sleeps tonight." Although known as "Wimoweh," the misheard chorus is actually "Uyimbube," which is Zulu for "You are a lion."

Sudoku answers on page 36

Weekly SUDOKU

by Linda Thistle

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| | | 4 | | | 9 | | 8 | 5 |
| 9 | 2 | | | | 7 | 6 | | |
| | | 6 | 4 | 3 | | | | 7 |
| 8 | | | 6 | | | 7 | 3 | |
| 4 | | | 8 | 1 | | | | 2 |
| | 9 | 5 | | | 2 | | 1 | |
| 2 | | | 3 | 5 | | 1 | | |
| | 5 | 1 | | | 8 | 4 | | |
| | 3 | | | 7 | | | 2 | 8 |

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★

- ★ Moderate
- ★★ Challenging
- ★★★ HOO BOY!

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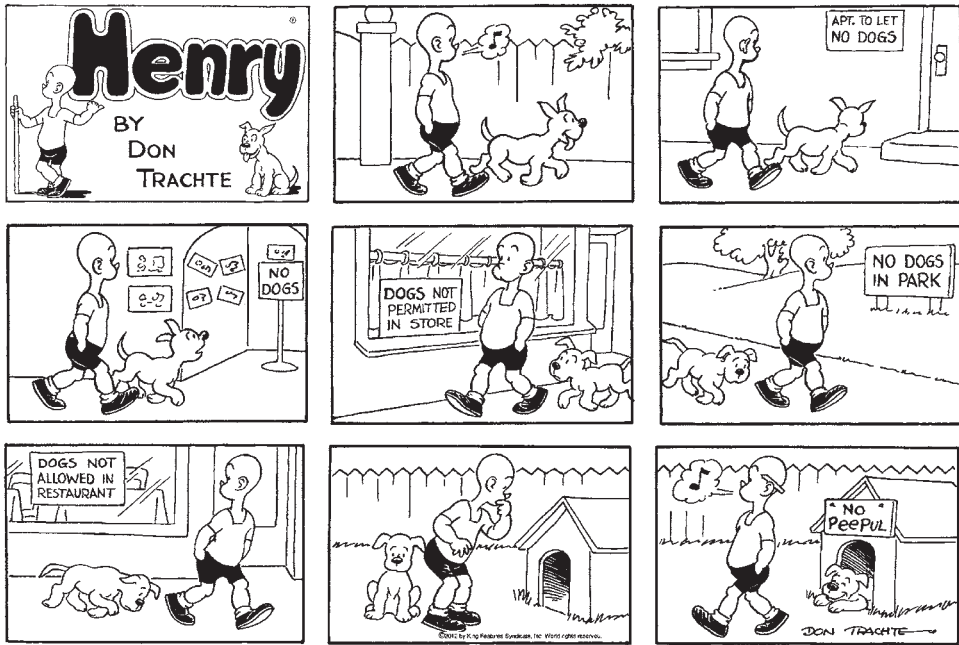
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COMICS / CROSSWORD / HOLLYWOOD



HOLLYWOOD

By Tony Rizzo



Kristen Wiig

HOLLYWOOD -- The Academy of Motion Pictures Arts and Sciences, which awards the Oscars each year, sent shock waves throughout Hollywood when it switched from announcing the Oscar nominations on Jan. 15 (last year) to Jan. 10 (this year). For years, the Golden Globes have capitalized on giving out their awards earlier, potentially influencing Academy voters. This year, the Golden Globes will air three days after the Oscar nominations, on Jan. 13. All the other award shows that beat out the Oscars are changing their dates to be relevant, if they can.

There's no telling how the new date will impact big films such as "The Hobbit" (Dec. 14) and "Les Miz" (Dec. 25) in impressing voters. Why did the Academy switch the dates? In a word: purity! It's been trying for years to keep studios and producers from waging massive ad campaigns to influence voters.

Now we go from the biggest event in films to the littlest event in television -- Honey Boo Boo. While many viewers thought Honey and her family were just a bunch of country bumpkins, they were quietly pulling in \$4,000 an episode. Now that they're an unqualified hit ... with higher ratings than the Republican Convention, they're demanding a pay raise to \$10,000 an episode to sign for season 2. More redneck conservatives were watching them than the convention?

Kristen Wiig, who left "Saturday Night Live" on the heels of her "Bridesmaids" success, has taken The Toronto Film Festival by storm with her new movie "Imogene," co-starring with Annette Bening, "Glee's" Darren Criss and Matt Dillon. Wiig plays a screenwriter who

fakes a suicide to get her boyfriend back, but ends up with her gambling-addicted mother instead. The film has been picked up by Lionsgate for distribution.

Last year's best picture winner, "The Artist," was a black-and-white film that enabled a French filmmaker to bridge the language gap, effortlessly. You'd have thought there would've been a flood of silent B&W films -- but nothing until now! Spanish writer-director Pablo Berger screened his new B&W silent film, "Blancanieves," at The Toronto Film Festival. Already this year we've had "Mirror, Mirror" and "Snow White and The Huntsman," and now there's Berger's re-imagining of the famous Grimm fairy tale.

The film, set in Spain, centers around a bullfighter's daughter, seven bullfighting dwarves and her wicked stepmother, who is more Norma Desmond from "Sunset Boulevard" than a witch, and ends more like "Sleeping Beauty" than "Snow White." Let's face it, any film with seven bullfighting dwarves and a Norma Desmond-ish villainess has got to be as much fun as 30 clowns popping out of a Volkswagen!

Send letters to Tony Rizzo's Hollywood, 8306 Wilshire Blvd., No. 362, Beverly Hills, CA 90211.

King Crossword

ACROSS

- 1 Creche trio
- 5 Antiquated
- 8 Pulsate
- 12 Right angles
- 13 Kids' pie filling?
- 14 Eastern potentate
- 15 Go sight seeing
- 16 Pose
- 18 Embassy employee
- 20 Actress Spacek
- 21 Historic period
- 22 Conclusion
- 23 Without pizzazz
- 26 Try
- 30 Born
- 31 Playwright Levin
- 32 - constrictor
- 33 Lure
- 36 Choir rendition
- 38 "Hail!"
- 39 Total
- 40 Ecru
- 43 "Way to go!"
- 47 Lawyer
- 49 Anger
- 50 Humdinger
- 51 Web address
- 52 Up to
- 53 Scottish garment

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- 54 Sock part
- 55 "That's one small - ..."
- DOWN**
- 11 Transcending (Pref.)
- 2 Oodles
- 3 Excessive supply
- 4 Where Tel Aviv is
- 5 Nebraska city
- 6 Minstrel's instrument
- 7 Banned pesticide
- 8 Happen as if by fate
- 9 Flightless flock
- 10 Lends a hand
- 11 Deuce
- 17 "- It Romantic?"
- 19 Weep
- 22 Greek H
- 23 "CSI" evidence
- 24 Pensioned (Abbr.)
- 25 Nevertheless
- 26 Illustrations
- 27 Degree for a CEO
- 28 D.C. figure
- 29 53-Across
- 9 wearer's hat
- 31 Lemieux milieu
- 34 Spicy stew
- 35 Maintain
- 36 Deposit
- 37 Intellect
- 39 Fashion
- 40 Abruptly refuse
- 41 Needle case
- 42 "- be OK"
- 43 Re planes and such
- 44 Fisherman's enticement
- 45 Look lasciviously
- 46 Shrill bark
- 48 Eccentric

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King Crossword Answers on Page 36



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King Crossword

Answers

Solution time: 21 mins.

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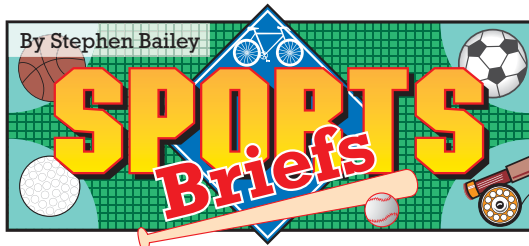
Weekly SUDOKU

Answer

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LOCAL SPORTS



Amity Football Starts Season 1-2

The Spartans have been inconsistent to start 2012. After dropping its season opener to then-third ranked Hand 35-13, Amity bounced back with a 58-14 thrashing of Sheehan before falling to Shelton 34-28 on September 29. It was in that victory over Sheehan that the Spartans offense showed its full potential. Junior running back Cory Ricks started the scoring with a 69-yard touchdown run as the Spartans racked up 368 yards of total offense in the first half and eventually 577 (543 rushing) in regulation.

Quarterback James Semmonella ran for 163 yards and two scores in the first half as Amity strung together a 31-0 run. Ricks added a 15-yard score before David Attolino powered in from 6 yards out as Amity took a 28-7 lead into the second quarter. In that quarter, Semmonella ran for an 83-yard touchdown, the longest in divisional play this season, as well as another score from 1 yard out. Lyle Luth made a 36-yard field goal as time expired in the half to extend the Spartans advantage to 38-7. Attolino scored from 65 yards out, Joseph Choineire from 55 and David Buono from 36 to finish off the scoring for the Spartans.

Against Shelton, Amity managed only 10 first half points. They were able to score more in the second half as Attolino finished with 135 yards and three scores, but the Spartans defense was unable to stop the Tigers' passing attack. Shelton quarterback Mark Piccirillo's 11-yard touchdown connection with Kyle Drost proved to be the game winner as Amity was unable to score in the remaining 5:34.

Lady Spartans Swim To Sixth Straight Victory

Once again, head coach Todd Rainey had to call off the dogs. The Amity women's swimming and diving team defeated Glastonbury 94-84 on October 4 at the Orange Community Center pool, swimming exhibition (non-scoring) in the meet's last three events. Anna Lu won the 200-yard freestyle (1 minute, 58.3 seconds) and 500 free (5:16.80) while Dana Grindall took first in the 50 free (24.32) and 100 butterfly (56.68). Lu, Grindall, Madeline Snow and Dana Chung won the 200 free relay in 1:41.14 while Shannon Early, Lydia Pokluda, Chung, and Grindall took the 200 medley relay with a winning time of 1:53.62. Snow won the 200 individual medley in 2:14.77 and Amanda Craig took first in the diving section with a score of 204. Chung took the 100 free in 55.18 to clinch the victory for the Spartans.

Amity Girls' Volleyball Beats Lyman Hall

Allison Denny had a team-high nine kills as the host Spartans defeated Lyman Hall in four sets (25-11, 25-14, 21-25, 25-7) on October 3 to earn a Southern Connecticut Conference — Housatonic Division victory.

Fresh off a 3-2 win over Sheehan, the Spartans jumped out to a 7-2 lead behind strong play from Melani Schanke and Kim Petit. A 12-2 run — keyed by two spikes from Denny — helped seal the first set. In the second set, Sydnee Sousa and Denny broke a 12-12 tie with a pair of blocks as Amity won 13 of the last 15 points in the set. Kristen Post and Kathryn Pisano earned two points each in that stretch before Jessica Bedini's kill closed the set. And after dropping the third set, the Spartans rallied back with an 18-point differential in the decisive fourth set. Sousa started the set on the line and helped provide Amity a 7-0 lead with three aces. Two kills from Sousa and a pair of Denny aces later in the set helped finish off the lopsided victory.

In addition to Denny's nine kills, Sousa added seven more and connected on all 17 of her serves. Post finished with six kills, Pisano tallied 25 assists and livero Liz Martino had 25 digs.

Spartans Boys' Soccer Edges Sheehan

Senior Ian O'Brien-Cannon scored the only goal of the game to give Amity a 1-0 win over Sheehan on October 3. Sophomore Jeremy Conn assisted on the paly while junior goalkeeper Griffin Volta made nine saves in goal for Amity. With the SCC Housatonic Division win, the Spartans improve to 7-1 and 2-1 in divisional play.

Amity Girls' Soccer Falls To Shelton

Meghan Howard scored in the second minute to give Amity an early 1-0 lead, but two goals from Shelton left the Spartans with their second loss in Housatonic Division play. After Howard scored first for Amity, off a pass from Dakota Kelly, Shelton's Meghan Burke provided an equalizer on a penalty kick in the 39th minute. Shelton (5-0-1) outshot the Spartans (3-2-1) 23-12 as Amity goalkeeper Zoie Reed made 20 saves.

Amity defeated Lyman Hall 5-0 earlier in the week.

Seidman Start Promising as Wesleyan Freshmen

By Stephen Bailey – Orange Town News Correspondent

It hasn't taken Jessica Seidman long to adjust to life as a college tennis player. Just one month into her career at Wesleyan, the Amity High School product and Woodbridge native is already proving to be a core contributor for the Cardinals. She won her first two singles matches against Nichols and Babson in decisive fashion before pairing with senior Suzanne Gallo to win the doubles section of a four-team Conn. College tournament on September 14. "When you come in as a freshman, you never know what to expect with the level of competition," Seidman said. "Just winning these matches so far really made me feel that my work has paid off throughout all the years and all of my training. I'm just really happy that I'm doing well so far."

Seidman starred on the Spartans before graduating last spring. An all-state athlete, Seidman led Amity to the state finals in 2009 and semifinals in 2010 and 2011.

She helped the Spartans to their first Southern Connecticut Conference championship title as a junior and individually, she reached fourth round of State Open two years in a row.

Seidman received interest from Brandeis, Conn. College, Trinity, Vassar and Connecticut, according to TennisRecruiting.net, but chose to continue her career at Wesleyan under head coach Mike Fried. While the Cardinals most competitive season is not until the spring, Seidman is working hard with a group of six teammates to compete as best they can. For Seidman, one of two Cardinals freshmen, this time is especially important because four juniors on the roster are studying abroad this fall. When they come back this spring, the battle to remain in the starting lineup will toughen up.

Fried has taken notice of Seidman's strong play and said he anticipates she will be a staple of the program for the next four years. Thus far, the second-year coach has emphasized sharpening Seidman's footwork and aggressiveness in an effort to improve her net play — a critical part of doubles competition. Doubles play was not a point of emphasis at Amity, Seidman said, so playing with a partner regularly at Wesleyan has been a new experience for her. "One of Jessica's biggest strengths is her ability to compete and she really knows how to win," Fried said. "We're really just trying to do specific footwork and conditioning drills that allow her to be just that much more effective in what she's trying to do — put points together on the tennis court."

Thus far in her career, Seidman has taken the patient approach. Stay back on the baseline, churn out consistently strong returns and force opponents into unforced errors. At the high school level, it's much easier to win with that mindset, Fried said.

With faster ball speed and a higher consistency of quality opponents, Fried and Seidman agreed that incorporating stronger play at the net will be crucial for her growth. This is a very common adjustment for college freshmen, Fried said. "Doubles is a huge component of all our matches," Fried said. "It's a huge focus for us and really most college teams across the country. Doubles is a huge part of it and is often under emphasized at the junior level."

But according to Fried, Seidman is well on her way. Playing with Gallo, the pair have looked sharp thus far and may end up becoming a dangerous pair in the New England Small College Athletic Conference this spring.

It's still a ways away, but Seidman's focus is locked in on maintaining her spot in the lineup for that main season, even after the four juniors return to the team. "My goals are basically just to remain in the starting lineup during the spring season where it's going to be tougher with the return of the other starters," Seidman said. "I want to obviously remain playing in as many of the matches as I can. I also just want to keep training hard and hopefully keep doing well."



Jessica Seidman

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Just Like Cats & Dogs by Dave T. Phippe



MISTER BREGER By Dave Breger



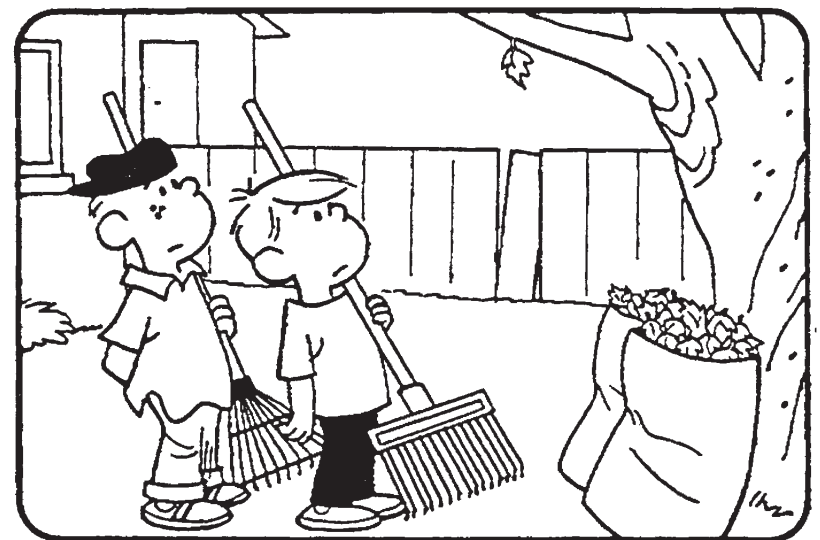
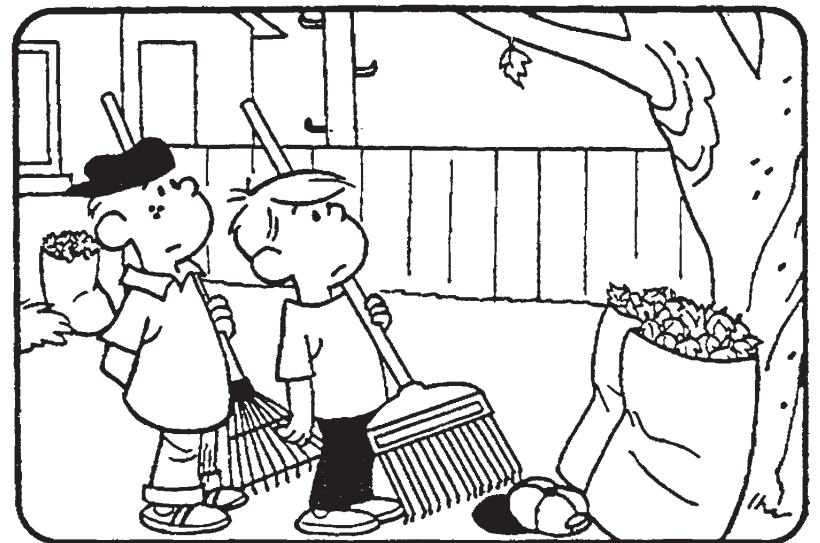
LAFF - A - DAY



HUBERT - - By Dick Wingert



HOCUS - FOCUS BY HENRY BOLTINOFF



FIND AT LEAST 6 DIFFERENCES BETWEEN PANELS.
 Differences: 1. Bag is missing. 2. Shirt is missing. 3. Telephone pole is missing. 4. Rake is different. 5. Fence board is moved. 6. Cap is missing.

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ARIES (March 21 to April 19) You might feel compelled to get involved on the “right side” of a seemingly unfair fight. But appearances can be deceptive. Get the facts before going forth into the fray.

TAURUS (April 20 to May 20) Bullying others into agreeing with your position could cause resentment. Instead, persuade them to join you by making your case on a logical point-by-point basis.

GEMINI (May 21 to June 20) Resist pushing for a workplace decision you might feel is long overdue. Your impatience could backfire. Meanwhile, focus on that still-unsettled personal situation.

CANCER (June 21 to July 22) Your aspects favor doing something different. You might decide to redecorate your home, or take a trip somewhere you’ve never been, or even change your hairstyle.

LEO (July 23 to August 22) You might want to take a break from your busy schedule to restore your energy levels. Use this less- hectic time to also reassess your plans and make needed changes.

VIRGO (August 23 to September 22) What you like to think of as determination might be seen by others as nothing more than stubbornness. Try to be more flexible if you hope to

get things resolved.

LIBRA (September 23 to October 22) Watch that you don’t unwittingly reveal work-related information to the wrong person. Best to say nothing until you get official clearance to open up.

SCORPIO (October 23 to November 21) With things settling down at work or at home, you can now take on a new challenge without fear of distraction. Be open to helpful suggestions from colleagues.

SAGITTARIUS (November 22 to December 21) Your creativity can help resolve an emotional situation that might otherwise get out of hand. Continue to be your usual caring, sensitive self.

CAPRICORN (December 22 to January 19) You could impress a lot of influential people with the way you untangle a few knotty problems. Meanwhile, a colleague is set to share some welcome news.

AQUARIUS (January 20 to February 18) Aspects favor recharging your social life and meeting new people. It’s also a good time to renew friendships that might be stagnating due to neglect on both sides.

PISCES (February 19 to March 20) Congratulations. Your talent for working out a highly technical problem earns you well-deserved praise. The weekend could bring news about a friend or relative.

BORN THIS WEEK: Your sense of justice makes you a strong advocate for the rights of people and animals alike.

Acupuncture Helps Perk Up Old Dog



DEAR PAW’S CORNER: I’m writing in response to your column on alternative treatments for pets. A vet I used to work for studied acupuncture for pets. She had an old dog with arthritis, and he was really grumpy because he was in so much pain. The vet did acupuncture on him, and within a few weeks he was running around and playing with the puppies. Total change in that dog. Dogs can’t fake it! Made a believer out of me! -- Mrs. J., via email

DEAR MRS. J: Thank you for the anecdote! While studies about the effectiveness of acupuncture and other alternative treatments -- such as homeopathy, reiki, massage and aromatherapy -- are still being done, many pet owners swear by these treatments and say that their pets’ lives have been profoundly changed for the better.

Do they really work? I don’t know. However, speaking with a medical doctor a few years ago about alternative treatments, she said that since most alternative treatments have few-to-no side effects, and her (human) patients felt better after having them, she felt that they were a positive benefit that could boost the effectiveness of more conventional Western medicine.

This idea could hold true for treatment of pets, as well. I think it’s important to consult your pet’s veterinarian for any illness or injury -- physical or emotional -- and make sure your pet gets conventional treatment. But alternative therapies can provide additional benefits. Readers, do you have a story about a pet that was helped through alternative treatment? Let me know!

Send your question or comment to ask@pawscorner.com, or write to Paw’s Corner, c/o King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475. Find more pet advice and resources at www.pawscorner.com.

Bark Bytes...

By Vicki & Richard Horowitz

Halloween—The Most Dangerous Holiday For Dogs

Halloween brings a fun time for most of us. Lots of great costumes with little monsters and ghastly ghouls at every turn, yet, for some of our smaller participants, a few unwelcome thrills and chills. And this is just the kids! For some of our much-loved four-legged family members, Halloween can be a nightmare—from oddly dressed squealing kids and strangers ringing doorbells to unusual commotion in the neighborhood—all packed into one action-filled night. Dog owners may not be able to control external surroundings, but they can care for their dog’s safety and well being by observing the following tips from Bark Busters:

Don’t leave your dog outside. Even if you have a fenced yard, bring your dog inside where it is safe. If your dog is usually kept outside, bring him in a few times before the big night to get him used to being indoors. Sometimes a sudden change can put more stress on a dog. If your dog cannot come inside, ensure your dog has a safe place to go, like a doghouse. Your dog may be used to strangers, but so many little ghouls and goblins running about may be too much. Remember also that it is a natural instinct for dogs to protect the family from strangers, and on Halloween there will be no shortage of strangers.

Keep your dog restrained. If your dog is timid or scared, or if he tends to love people a little too much, it is best to put him in a separate room away from the front door to limit his excitability, aggression, and chance of running outside and becoming lost. Also, consider having a crate or safe zone (such as a pillow or a bed) that you can direct him to when people come to the door.

Reassure your dog. The best thing you can do for your dog when he is feeling unsettled by Halloween activities is to act as you normally would around your dog. By over-reassuring your dog or giving him an unusual amount of attention, you inadvertently can communicate to him that because you are acting differently, there must be something to worry about.

Have your dog get used to costumes. Your dog may see his family members as strangers once they don their Halloween costumes. Before the kids put them on, allow your dog to scent the costumes. If your costume has a mask, keep the mask off when you are with your dog because dogs can become confused when they can’t see our faces.

Check your dog’s ID tag. Be sure identification tags are secure on your dog’s collar—just in case.

Keep candy away from your dog. Many candies—especially chocolate—are toxic to dogs. The severity of the toxicity depends greatly on factors such as breed, age, size, and how much candy was ingested. Problems may range from a mild upset tummy to vomiting and diarrhea, or even death. If you have any concerns at all, consult with a veterinarian immediately. If you want to keep your dog safe, make certain that sweets, including their wrappers, are kept well away from your dog. A wad of wrappers can block the intestinal tract—a very dangerous condition.

Protect dogs from candles and pumpkins. Excited or agitated dogs can easily knock over a lit candle or pumpkin. Be sure those items are away from your dog’s reach or consider a battery-powered candle that does not burn. It is also a good idea to allow your dog to see and scent the decorations before dark, without the candles. Those faces can look scary, especially from a dog’s eye view in the dark.

Think twice about dressing your dog in a costume. While some dogs might enjoy being dressed up, many don’t. Experiment first to see if your dog likes being in a costume. If so, fine—he’ll most likely enjoy himself and the extra attention it brings. However, if he shows any resistance, don’t do it. Dogs feel enough stress around Halloween without also having to endure the discomfort and peculiarity of wearing a strange costume.

Be prepared. If you take your dog with you while trick-or-treating, be prepared at all times. Ghosts and witches can appear at any time. Do not let your dog approach the door of a house, and stay clear of possible gags or gangs of goblins who will gather at the door. Dogs do not understand that the person jumping out at you will not hurt you; they often think they can only help you by acting aggressively. Neither children nor adults in costumes should approach a dog without the owner’s consent. Even the most well-behaved dog can be startled by a ghost popping out and “attacking”.

Have fun but think of your dog’s safety. Finally, if you want your dog to be included in Halloween festivities, think about his safety much as you would the safety of a small child. Your dog does not understand Halloween, so he needs you to provide the guidance and safety that you always do.

Vicki and Richard Horowitz, of Woodbridge, are dog behavioral therapists and trainers with Bark Busters, the world’s largest dog training company. For more information, call 1-877-500-BARK (2275) or visit www.BarkBusters.com.

Rabies Clinic to be Held

A fall rabies and micro chip clinic will be held Saturday, October 20, 1 to 3 p. m. at Country Companions Veterinary, 16 Old Amity Road, Bethany. The clinic is sponsored by Country Companions Veterinary Services and Amity Animal Rescue Fund, Inc. Rabies inoculations are \$15 and micro chips are \$20 plus a registration fee. Be sure to bring proof of current rabies to receive a three-year booster. All pets must be on a leash or in a carrier.

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