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FRIDAY, DECEMBER 18, 2019



The late Terry Gilbertson's hats made him easily visible around town. One could track the change of seasons by Terry's transition from his distinctive Stetson to his Panama Hat and back again.

Friends, Co-Workers Mourn Loss of Terry Gilbertson

BY BETTINA THIEL Woodbridge Town News Correspondent

OL.8 - ISS

Terry Gilbertson, long-time Woodbridge building official, Inland Wetin most land-use issues, the news of his passing came as a shock.

Gilbertson was remembered as very smart and knowledgeable in his



Amity Towns Vote For Upgrades To Fields, Buildings

WOODBRIDGE VOTERS REJECT ARTIFICIAL TURF FIELD

By Bettina Thiel

Woodbridge Town News Correspondent

Bethany, Woodbridge and Orange residents voted in favor of updating the fields at the high school and — in a separate question — the air handlers and miscellaneous building improvements at the two middle schools for

See "Amity Fields" On Page 5

From the First Selectman BY BETH HELLER



I would like to begin by thanking the *Woodbridge Town News* for their prompt attention to correcting an unfortunate error. The first half of my column was accidentally deleted and did not appear in the November 22nd issue. When I notified him, Publisher Over the past few months members of the Board of Selectmen have listened to comments from residents on a variety of issues. I have had many emails, phone calls, and visits to my office as well. I love this –we all care about OUR TOWN. We may not agree on every issue, but it is important to recognize that each of us is trying to do the best for Woodbridge and we should remain neighborly to each other. I'd like to share some of Mr. Rogers'

lands enforcement officer, and zoning enforcement officer, died October 28, at the age of 68 from complications of pneumonia. He had been out on medical leave for some time, but for the community he had served for more than 20 years and had been consulted field. "He understood the bigger picture," said Sharon DeKadt, whose first stint in town government was on the Inland-Wetlands agency. She is now a commissioner on the Conservation

Wishing all a Ha

See "Gilbertson" On Page 28

Rocky Salperto immediately corrected the error by publishing the full column online. Obviously, he was unable to correct the printed copy, but he graciously offered to publish my original column for print in this issue with some changes and additions.

See "Heller" On Page 11



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Below are the next three issue dates and deadlines of the Woodbridge Town News.

Thank you for your submissions to Your Home T	'own Newspaper.
<u>Upcoming Issue Date</u>	<u>Issue Deadline</u>
January 10 New Year's Issue	January 3
February 7 Valentine's Day Issue	January 31
March 6 St. Patrick's Day Issue	February 28
Note: Copy due by 4:00p.m. Thank you.	

"Amity Fields" From Page 1

a combined total of \$6.7 million. The referendum on December 4 passed, with a vote of 1,204-445 in favor of the building projects; and 951-746 in favor of the field improvements.

Orange residents voted 659-148 in favor of the building improvements; and 539-279 in favor of the fields. Woodbridge residents voted 331-201 in favor of the building improvements, but rejected the fields, with 211 voting for, 321 against the proposal. In Bethany, residents supported the building improvements, 214-96; and narrowly supported the field project, 165-146.

The two questions put to the voters were as follows:

1. Shall Regional School District Number 5 appropriate \$3,194,300 and authorize the issue of bonds and temporary notes in the same amount for various improvements at Amity Regional High School, Amity Middle School, Bethany Campus and Amity Middle School, Orange Campus?

2. Shall Regional School District Number 5 appropriate \$3,538,000 and authorize the issue of bonds and temporary notes in the same amount for various athletic facility improvements at Amity Regional High School?

In detail, the district plans to replace eight air handlers at the high school, redo a part of the high school parking lot, and refurbish chillers at the high school; and at the two middle schools, install acoustical improvements in the gym, the music rooms and the cafeteria.

As far as the athletic facilities are concerned, the football field and surrounding track will be rebuilt and turned into an all-weather stadium with new LED lighting and a multi-sport, interactive score board. Field 3, which currently has no permanent bleachers and no light, will see both added, as well as a walkway to the bleachers and a multi-sport scoreboard. Woodbridge residents in the past have rejected installation of an artificial all-weather field, primarily for health and environmental reasons. In a Facebook post a few days prior to the referendum, Woodbridge resident Jinny Schneider through the Conserve Woodbridge group warned voters about potential health risks from hormone-disrupting chemicals in rubber and plastics and referred to a letter penned by Dr. Diana Zuckerman, PhD from the National Center For Research (http://www.center4research.org/nchr-letter-dc-city-council.../. Schneider also referred to an alternative, saying "many of the turf fields in Fairfield County are made of cork and coconut fibers."

District representatives meanwhile maintained that the chosen surface was considered safe by the Department of Health. During their presentation to the Woodbridge Board of Selectmen, Amity Finance Director Terry Loomis and Athletic Director Ernie Goodwin said the cryogenic rubber chosen for the project passes the European safety standard for toys.

The all-weather surface would allow the high school to use the new stadium field not only for football, but also field hockey, soccer and lacrosse. It would also allow PE classes to use the field during the day, rain or shine. Baseball, softball, cheer, dance and marching band also benefit. Even after nine inches of rain, the field would be ready to play within an hour, Goodwin said.

Amity School Supt. Dr. Jennifer Byars in a phone conversation after the referendum said the bulk of the construction — both indoors and outdoors — would be done during the summer of 2020. The only sport that may be affected by the construction is football in the fall of that year, and the district will have to work with other area high schools to come up with "creative scheduling" solutions. Track is a spring sport and should not be affected. Byars said the new stadium, with a newly refurbished track and LED scoreboard, is scheduled to open next fall, possibly in October.

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Woodbridge Town News an

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Submit your letters for our "From Our Readers" section to: Woodbridge Town News, P.O. Box 1126, Orange, CT 06477 or email: letters@woodbridgetownnews.com. Please limit letters to 500 words and include a daytime phone number in case we have any questions. Letters must be exclusive to the Woodbridge Town News for publication. We reserve the right to reject any letter.

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WOODBRIDGE EDUCATION ROUNDUP

Amity Team Advances to "Round of 64" in Debate Contest

The Brewer Foundation and New York University are pleased to announce the high school debate teams advancing into the "Top 64" round of the 19th annual International Public Policy Forum (IPPF). By advancing, the students remain eligible to win a \$10,000 grand prize and an all-expenses-paid trip to the IPPF Finals in New York City.

The IPPF is the first and only international debate competition that gives high school students the opportunity to engage in written and oral debates on issues of public policy.

This year, the IPPF received qualifying round essays from more than 150 teams, representing schools in 28 U.S. states and 19 countries. Each essay affirmed or negated the IPPF topic, "Resolved: When in conflict, a nation's self-interest should outweigh its international commitments to migrants."

Submitted essays were reviewed by a committee of judges that determined the "Top 64" teams based on the overall quality of each 2800-word essay. "The IPPF presents an exciting opportunity for high school students to engage in issue-oriented advocacy – competing against some of the best debate teams in the world," says William A. Brewer III, founder of the Brewer Foundation and Chairman of the IPPF Advisory Board. "The Top 64 teams now enter into written elimination rounds that will test their research, writing and advocacy skills."

The Round of 64 begins immediately. Teams will volley a series of essays back and forth via email.

A panel of judges will review the essays in the order they are presented, and the winning schools will advance to the "Top 32" round. The process continues until the final eight teams are named.

The "Elite 8" teams earn an all-expenses-paid trip to the IPPF Finals in New York City April 24-26, 2020. In New York teams compete in oral debates in front of a panel of judges that includes professionals in law, business, politics, debate and academia. The IPPF Champion will be awarded a \$10,000 grand prize and the Brewer Cup.

The Amity High School "Round of 64" Team is: Kevin Lu, Margaret Luo, Arnav Paliwal, Peter Scully, Jack Tajmajer, Zhengyang Wang, Weiss Yuan, Wendy Zhang.

The IPPF was founded in 2001 by the Brewer Foundation and is now jointly administered with New York University. The program is available to all high schools around the world – public and private – for free. The IPPF is endorsed by leading forensic agencies, such as the National Association for Urban Debate Leagues, the International Debate Education Association, the Impact Coalition, Associated Leaders of Urban Debate Leagues, and the National Debate Coaches Association.

The Brewer Foundation is a private, nonprofit organization funded by companies, individuals and the national litigation firm of Brewer, Attorneys & Counselors. With offices in New York and Dallas, the Foundation has achieved widespread recognition for its efforts to create, fund and manage a variety of educational outreach programs. Visit the IPPF at www. ippfdebate.com, www.facebook.com/ ippfdebate, or on Twitter at @IPPF1. For more information, contact Katherine Leal Unmuth, Brewer Foundation, 214-653-4832/hkc@brewerattorneys.com.



PhRMA, Klarides Support STEM Programs at Beecher

On November 20th, Connecticut State Representative, Themis Klarides, joined Laura McCabe, senior director of advocacy and strategic alliances of the Pharmaceutical Research and Manufacturers of America (PhRMA), to announce a new educational grant for Beecher Road School to support the school's science, technology, engineering and math (STEM) programs. In addition to announcing the new funding support, Ms. McCabe and Representative Klarides met with students to talk about furthering their STEM education and the many opportunities to apply those skills in the biopharmaceutical sector.

Beecher Road School is a public elementary school educating students from PreK-6th grade. The STEM Talent Pipeline grant will be used to support the school's expansion of STEAM learning and Maker Space type projects which provide a hands-on creative learning experience for students. Stu"The biopharmaceutical industry is committed to supporting America's future innovators. STEM programs that incorporate hands-on experiences allow students to gain valuable experience," said Laura McCabe. "The concepts they learn here will better prepare them for their future careers in STEM fields.'

"We are proud to see our efforts in expanding our STEAM instruction receiving recognition from PhRMA. As a school community we work diligently to empower our students to persevere as innovators and collaborators in preparation for their role as responsible global citizens," said Principal Analisa Sherman. "Our students travel to India and the depths of the ocean using VR goggles, design and 3-D print boats, learn coding starting in Kindergarten, examine microscopic organisms and engage in a wide variety of hands-on educational experiences through our STEAM lab and Maker Space-inspired

Woodbridge Town News

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Attention Teachers! We want to know what's going on in your classroom! Let us know about any fun activities or holiday projects. You can also send us your pictures. (Parental consent required) Woodbridge Town News P.O. Box 1126, Orange, CT 06477 • edit@WoodbridgeTownNews.com

dents learn to develop and use practical applications of the STEAM concepts typically taught in their classes.

"STEM learning is such a critical component to helping our children expand their horizons. I'm so proud to be presenting this STEM Talent Pipeline grant to Beecher Road School," said State Representative Themis Klarides. "The teachers and administration here are dedicated to ensuring that our students are ready to meet future challenges and succeed in life. From Pre-K to sixth grade, Beecher is able to combine the fundamentals of education with the use of technology and STEAM learning. This learning lab along with any future programming additions made possible through this grant will only help students excel even further."

work. We are giving our students the knowledge and experiences to be successful in the future!"

The Pharmaceutical Research and Manufacturers of America (PhRMA) represents the country's leading innovative biopharmaceutical research companies, which are devoted to discovering and developing medicines that enable patients to live longer, healthier and more productive lives. Since 2000, PhRMA member companies have invested more than \$900 billion in the search for new treatments and cures, including an estimated \$79.6 billion in 2018 alone. For information on how innovative medicines save lives, please visit: www.PhRMA. org, www.Innovation.org, www.MAT. org, www.Facebook.com/PhRMA, and www.Twitter.com/PhRMA.

WOODBRIDGE EDUCATION ROUNDUP

Woodbridge Teacher Contracts Set In Arbitration

By Bettina Thiel Woodbridge Town News Correspondent

For the first time in 18 years the

Woodbridge School District and its teachers could not agree on teacher contracts for the three years starting in July 2020. After a summer-long negotiation marathon, the two parties met with three arbitrators on September 12 and 13. The outcome is a 9.25% salary increase spread over three years.

Contrary to what the district had hoped for, namely a salary freeze, or very low increase in the first year, the arbitrators looked at what is being done in other towns with similar economic profiles, and settled on a 3.43% increase for the 2020-21 school year; 2.5% for 2021-22 and 3.28% for 2022-23. The arbitration settlement also included provisions that are advantageous for the district, namely in the health plan. In particular, the employee cost sharing in health premiums increases by 4.5% over three years.

In addition to the health premium cost sharing increase, the settlement also includes some health plan design changes, with higher deductibles, for a savings of 3.5%. Newly hired teachers will no longer be eligible for medical coverage after retirement, a provision that could have a significant long-term impact on the town's teacher pension

obligations.

For its 77 full-time certified teachers, the salary increase could add up to a total \$260,000 increase in next year's budget, said School Supt. Robert Gilbert. He said the dollar number is "a moving target," depending on who fills each position and the professional experience they bring to the table.

Teacher compensation increases are determined by the general wage increases as well as "step" increases – every year for the first 13 years, a newly minted teacher will take a step up in the compensation grid. In Woodbridge, about half of the staff are already at the top step, Gilbert said.

That is why early retirement incentives are fiscally successful in Woodbridge. Through voluntary retirements, the district may replace a teacher in the \$90,000 range with a teacher with fewer years of experience and paid on a lower step, possibly the \$60,000 range. The retirement incentive has netted significant savings over the past ten years, Gilbert said.

Attorney Floyd J. Dugas represented the district during the contract negotiations and the arbitration process. "We took a very hard line with the teachers," he told the Board of Selectmen at its October meeting, adding, "they, too, took a hard line — expectations were high – and we weren't able to settle." Dugas said the Board of Education took its position as requested by town leaders who had communicated a tough stance as far as the school budget is concerned.

"Board of Finance member Tom Handler was sitting in with us and providing us input," Dugas said. "He explained the fiscal concerns of the town." Dugas said the expectation from town leaders is for the Board of Education to come up with a no-increase budget, and that had informed their negotiations throughout this process.

The teachers' representatives, WEA president Caterina Zdrowski and vice president Nancy Smerekanicz, said teachers were relieved that the wage freeze was off the table. "Teacher salaries are not keeping up with the cost of living," Zdrowski said. "While we all want the best for students at our school, we know that if we don't ensure that teachers are compensated for what they do, then we risk losing excellent teachers and diminishing the high-quality education our community has and deserves."

The last few years the district and the union have used "interest-based bargaining" techniques, whereby both parties are looking for areas of common interest. "It's supposed to be a kinder, gentler way to settle contracts," Dugas said.

But that did not pan out this time around. "When we could not agree on salary, all the other issues were off the table," Zdrowski said. "It ended up being more of traditional bargaining."

Salary samples: This school year, a new hire with a BA will start at Step 3, for an annual salary of \$50,322; with a Master's degree, they will make \$52,616. Starting in July 2020, a new hire will make \$50,951 or \$53,274 with a Masters.

Those at the top of the scale in 2020-21 will make \$82,784 (BA) or \$93,080 (MA). Those at the top of the scale in 2022-23 will make \$83,819 (BA) or \$94,244 (MA).

Though teachers with a Masters who have reached the top step do not receive step increases, they do receive incremental stipends, depending on the number of years teaching.

Dugas told selectmen that they had the option to reject the settlement, which would take the issue to a second panel of arbitrators. However, "given where settlements are this year, I am not optimistic we would have a different result with a second panel," he said. Selectmen followed that advice and voted to accept the settlement.



Howard Jacobson Scholarship Award Deadline Approaching

CAC Area 2 will bestow two scholarships in memory of former longtime Chairperson Howard Jacobson. One high school and one college student studying film, mass communications, college or university.

 They have a declared a major in the mass communications, or media studies. Along with pursuing a career in this field, they are taking

The OCCNS 4-year old class

Open Registration For OCC Nursery School

Orange Congregational Church Nursery School is now accepting applications for fall 2020. Our nursery school has served the community for more than 50 years, and is open to all faiths. Our school day runs from 9-1, with 3-year olds attending twice a week, and 4-year olds three days. We also offer a five-day program for returning students.

We will be holding an Open House on Sunday, February 9, 2020 from 12:30-2:00. Snow date will be February 23, 12:30-2:00.

For more information about the school, or to schedule a visit with your child, please email us at occns@yahoo. com. Check us out on Facebook!

and television or media studies will receive \$500 to help further their studies.

The Cable Advisory Council of Area 2, which serves the towns of Fairfield, Bridgeport, Stratford, Milford, Orange and Woodbridge promotes quality Community Access Television. The Council is an ongoing asset for Cable Area 2 with the support of Altice/Cablevision.

Scholarship Qualifications & Criteria - Applicants must be able to prove:

 They are residents of one of the six CAC area towns – Fairfield, Bridgeport, Stratford, Milford, Orange or Woodbridge – currently attending a high school, community college,

- classes or engaged in independent studies.
- > They are in good standing with their academic institution.
- They must submit a short essay under 500 words describing their creative coursework, portfolio or project and how it relates to this scholarship award. Supplemental links to media projects are welcome.

The two winners will be selected on the basis of their overall academic performance, portfolio and their personal statement.

Deadline to apply is December 31, 2019. To apply, please email postmaster@cacarea2.com.

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WOODBRIDGE EDUCATION ROUNDUP



Amity Middle School Teacher to "Experience Mars"

In the second week of December, as many of us are in the holiday rush, Kevin Berean, a teacher at Amity Middle School in Bethany, will experience Mars. Funded by NASA, Berean is one of eight middle school teachers in the United States to be selected for Spaceward Bound Utah, a 5-day workshop at the Mars Desert Research Station in Hanksville, Utah where he will experience what living on Mars might be like in the future. Spaceward Bound is an educational program organized at NASA Ames in partnership with The Mars Society and funded by the Exploration Systems Mission Directorate at NASA Headquarters.

Kevin Berean, a Technology and Engineering teacher at Amity Middle School in Bethany, was selected for this unique program that trains teachers how to engage their students in activities that will inspire careers in the space sciences by taking teachers into the field with scientists who are working on space-related research. The Mars Desert Research Station is a unique research facility, which has been developed to simulate an early research base on Mars. It is complete with a mock spacecraft designed for landing; crew living quarters; an engineering bay; a greenhouse; a fully equipped science laboratory; two observatories; electric station, which is a true geologic Mars analog. The focus of the Spaceward Bound program will be experiences for the teachers that can be replicated in their classrooms enabling all students to conduct activities and experiments that will be done on Mars.

Kevin Berean's role at Amity includes serving as Co-Chair of the School District's Science, Technology, Engineering, Art & Mathematics (STEAM) Committee and founder of the middle school's highly successful Robotics and Engineering Research Program. In recent years Berean developed and implemented a Mission to Mars Unit for his students. This project has included an event with the Deputy Director of Education for The Mars Society; and several Mars virtual reality simulations are in the works to provide students a realistic glimpse of life and work on Mars. A space enthusiast himself, Berean first started his journey to bring Mars into the classroom by attending Space Camp in 2016 where he enhanced his knowledge of basic space-related endeavors with various simulations. Now facing 5 days in the Mars simulation Berean says he looks forward "to this unique opportunity of experiencing Mars and further inspiring my students into careers in STEAM. Traveling to Mars will be one of humanity's next great steps;



Pictured left to right: Dr. Marie McPadden, Virginia Luciano, Governor Dan Malloy, Sebastian Kohncke, Dr. Miguel A. Cardona

Governor's 2019 Summer Reading Challenge Award

Amity Middle School in Bethany was recognized as one of the top middle schools in Connecticut in the "Governor's 2019 Summer Reading Challenge." Two of the school's avid readers, Virginia Luciano and Sebastian Kohncke, represented Amity Middle School in Bethany along with Dr. Marie McPadden, Amity's Director of Curriculum and Staff Development, at the award ceremony on November 21, 2019 at the Connecticut State Library in Hartford. Governor Ned Lamont and Dr. Miguel A. Cardona, Commissioner of Education, presented the award.

Students at Amity Middle School in Bethany read 1,622 books, and 100% of the student body participated in the challenge! It was an honor for Amity Middle School in Bethany to be recognized for outstanding reading once again!



vehicles; and spacesuits. This program is designed to mimic how crews will explore the landscape surrounding the and by bringing it into the classroom we can engage the next generation in this pursuit."

Amity Adult High School Registration

Hamden Adult Education is proud to offer a FREE program to provide local adult residents of Hamden, North Haven, Bethany, Orange and Woodbridge the opportunity to complete their high school education. This program is offered through Hamden's evening adult high school and is similar to regular secondary school, requiring class attendance and passing grades. It is uniquely adapted to recognize and give credit for adult experiences. Classes are small, allowing for differentiated instruction. Registration for this program is December 9 – December 11 at 6:30 PM. For more information or to request an appointment for registration, call the Adult Education office at 203-407-2028 or email info@ hamdenadulted.org.

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From the Beecher Green Team

By Hillary Drumm



Beecher Diverts A Ton of Food Waste From The Trash...Literally

Now that the Beecher Road School community has 3+ months of cafeteria food waste diversion under their belts, we took some time to ask the children and Beecher Community about how they felt the process was going.

"I think that it's working because there isn't just one option for trash. There is an option for donating food and for composting food waste." -4th grade student

"Our generation needs to do this; we have to be better than the previous generation. I'm glad we don't waste as much." - 6th grade student

"It's pretty easy to do and it is good for the earth. The food scraps and recyclables will otherwise get burnt and pollute the air." - 3rd grade student

"I think it's working because when you see how much food waste there is and how much goes in the donation box, you can see how much we were throwing away before. When you think about that, you realize that we were doubling the amount that went into the trash and the landfills before." - 6th grade student

"It's good for the environment because no one wants all of that food from so many kids at school at the dump and it's good to respect the environment." -3rd Grade student

"It's easier than I thought!" - 4th grade student

"I love composting because it is good for the Earth!" MAG 1st year student

"I am so proud of how the children are learning to do this and keeping up the good work every day. They have adapted to the change and are understanding the deeper concepts behind why it is important to be mindful of our waste. The teachers and staff are also doing an admirable job with reinforcement. I am so excited that this is happening in our community!" - Beecher parent In the month of September, 1,100 lbs. of food scraps were diverted from the trash. In October, 1,375 lbs. of food scraps were diverted. In November, another 1,375 lbs. of food scraps stayed out of the trash. Meanwhile, weekly boxes of unopened foods and beverages have been donated, via Haven's Harvest, to our own Woodbridge residents who are experiencing food insecurity. This is a huge off-loading from what was previously being thrown in the trash. It is mind-blowing to consider that almost 2 tons of food waste have been diverted from the trash in 3 months. We are definitely taking steps in the right direction.

Throughout Beecher Road School, you will find children rinsing their plastic yogurt and snack containers so that they can place them into the recycle bins. Dried out markers are being collected in several locations to be sent out for recycling. (You may send your dried markers in as well.) And children are anticipating the start of a Green Club!

Additionally, the Green Team has been collecting gently-used Halloween costumes at the north and south entrances of the school, as well as at Rise and Grind on Litchfield Turnpike throughout the month. These will be sold next fall at community events, promoting the idea of Rebuying. We continue to sell Reusable stainless-steel water bottles and travel mugs for \$17 cash/\$18 credit with either a Beecher or Woodbridge logo on them, encouraging the reduction of single use plastics.

Keep an eye out for a BRS Green Team table at local holiday craft fairs in Woodbridge and Bethany. The Green Team will be selling crafts created from Repurposed and Refurbished materials. A little bit of creativity, imagination and holiday spirit are going into the making of these unique items (Bags, games, jewelry...). Funds raised will go towards another water bottle filling station near the North Gym -- Being able to Refill water bottles helps decrease single use plastic. Beecher's Green Team promotes waste awareness and living by the many Rs: Rethink, Refuse, Reuse, Reduce, Repurpose, Rebuy, Rot, Rain Barrel, Repair, Refurbish, React, Recycle, etc. We will continue to encourage thinking of the possibilities, thinking of the consequences, thinking of the future... before acting. Working together we can reduce our footprint. By becoming more aware of what we are wasting and sharing ideas with our children and with each other we can make change. Each individual small action, added together, can make a huge impact on Beecher Road School, Woodbridge, and the Earth.

Did You Know? There May Be A "Secret Lien" On Your Home

When a Connecticut resident dies owning real estate, whether solely owned or jointly owned, an inchoate lien immediately arises for possible Connecticut estate taxes and statutory Probate fees.

What many people do not know about the lien:

- It arises immediately on the death of the owner of real estate.
- It is a "secret lien" because, unlike most other liens, it need not be recorded on the land records to be enforceable.
- It arises even if the real estate was owned jointly with rights of survivorship with a spouse or anyone else.
- It can only be released by filing the appropriate estate tax return (CT 706 or CT 706NT) with the Probate Court and paying all statutory Probate fees (generally about ½ of 1% of the value of assets reported on the estate tax return).
- In most cases, no estate tax is payable as there is an unlimited exemption for the value of assets passing to a spouse and the exemption for non-spouse beneficiaries is \$3,600,000.00 in 2019.
- Once the probate fees have been paid a "Certificate Releasing Liens" will be issued by the Probate Court which must be recorded on the land records. This is the document that shows title is clear.
- If you purchased your home from a third party, if there was a title issue created by the secret lien, it should have been identified and addressed prior to the closing.
- However, if you are the surviving joint owner of real property and did not file a Connecticut estate tax return with the Probate Court after the other owner's death, you need to do so.

If you are uncertain about whether a secret lien affects the title to the real property you own, a title search is the way to determine if a secret lien exists. If there is a secret lien, no matter how long ago the prior owner died, it will need to be released before the real estate changes owners, either upon your death, when you try to sell it to a third party, or if it is gifted to family.

If you are interested in learning more about the secret lien, please visit our website and read our blog for recent posts. For advice specific to you or your family, please contact the office. We would be glad to meet with you for a no hassle, no charge initial consultation, no matter how long it lasts.



Steven P. Floman, Allison M. DePaola-Drozd, and Nicole Camporeale of the law firm Floman De-Paola, LLC are the authors of this article. This article has been prepared for general informational purposes only and is not intended to constitute legal advice or to create an attorney client relationship. Readers should not act upon the information contained in this article without seeking advice from an attorney regarding the specific facts and circumstances of your case.

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From the Other Side of the Aisle

A funny thing happened on the way to last week's Amity School Referendum. Maybe more encouraging than funny, actually. Woodbridge voters became value voters. How? By voting down the second ballot item to fund (primarily) an Astroturf football field. And as percentages go, it wasn't even close – 60-40 against. This was clearly not a knee-jerk vote to "just say no to everything" because the first ballot issue was supported by nearly identical percentages. Now, both referenda did pass thanks to our friends in Orange and Bethany, so we Woodbridge taxpayers will still be shackled with the financial burden of our part of the \$3M+ bill for those "athletic facility upgrades," but make no mistake - Woodbridge voters did not see the value in that expense and spoke resolutely to that effect.

The current Town of Woodbridge administration would be wise to heed this message. The days of us just paying the bill, without real regard to how much the bill is, look to be over – or at least on their way out. And those days can't come soon enough, for the sake of our family budgets and property values.

To see where else we are not seeing value came to us in the mail on the front page of the December 2019/January 2020 edition of the Woodbridge News & Events publication from Town Hall. The First Selectman celebrated the creation of a poster to highlight holiday events and looked forward to the next poster on health and wellness. Yes, a poster. This is where a valued town employee is spending time and thus our tax dollars – on a poster. If this is part of the Town's economic development efforts, which we understand to be a prime task of



the authoring employee, then what is the expected Return on Investment? How many hours have been invested in creating the posters and what is the expected return to the Town? How is it measured? Is it worth it? Does it add value? No disrespect to the employee, but would a value-driven manager assign such a project without knowing its value?

The looming golf course public meeting and vote will likely undergo the same consideration by the voters. What is its value to the town? In the presentations made to multiple boards and commissions by the developer there were many, many questions about how many homes would be built, and when, what is the expected selling price, what is the net expected tax revenue, what additional services will the town have to provide for these new homes and residents, etc. These questions all revolved around the issue of value. In the same (above referenced) article of the Woodbridge News and Events, the First Selectman offered the reason for the delay on the golf course public meeting and vote was to get a fully negotiated sales agreement for the voters to consider. Being aware of the issue brought up in these public meetings thus far, one would hope the final agreement will be materially impacted by the public comment and concerns made to date. Seeing how Woodbridge voters are doing their homework and sharpening their collective pencil when it comes to major financial decisions, the fully negotiated sales agreement better have a plausible, positive value for the Town, or it will suffer the fate of the Astroturf football field – and there won't be a Bethany or Orange to save it.

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Reflections On The Purple Heart Award

By Army Capt. Barry Josephs

The following remarks about the history of the Purple Heart was presented by Army Capt. Barry Josephs during the Woodbridge Veterans Day ceremony.

Every now and then we read about someone who acquires a Purple Heart

medal and attempts to find the owner or return the medal to the recipient's family. Let's talk a little about the history of the Purple Heart medal:

Apparently three purple heart badges were awarded by Gen. George Washington during the Revolutionary War, probably for meritorious service, but the basis of the awards is unclear. We do know that the badges were made of purple cloth — the color of nobility and royalty — and that they were heart shaped.

It was Gen. Douglas MacArthur who initially proposed the concept of the Purple Heart for those military personnel who were wounded in action. As Army chief of staff, he had carte blanche to do virtually anything he wanted and in 1932 he became the first recipient of the Purple Heart for wounds he received during World War I.

The award was also written to retroactively include the approximately 300,000 casualties we suffered in World War I.

The present-day Purple Heart award is a heart-shaped medal with a gold border containing a profile of General George Washington. If a serviceman or -woman is wounded more than once an oak leaf cluster or star is added to their Purple Heart medal. ED OR KILLED IN ANY ACTION AGAINST AN ENEMY OF THE UNITED STATES

 OR AS A RESULT OF AN ACT OF ANY SUCH ENEMY OR OPPOS-ING ARMED FORCES.

During World War II, 1,506,000 Purple Heart medals were minted and interestingly the majority of

> them were produced in early 1945. The Pentagon estimated that the struggle to end the Pacific War would last well into 1946 and would cost the United States military approximately a million casualties. Fortunately, the war ended in August 1945 and left us with a massive surplus of

Purple Heart medals. We have not minted

any new Purple Heart medals since 1945 but sadly we have awarded far too many of them: 118,000 in Korea;

351,000 in Vietnam;

607 in the Persian Gulf Wars;

12,500 in Afghanistan;

3,500 in Iraq.

Here are a few celebrities who were Purple Heart recipients:

- President JFK;
- Actors Dan Blocker and Audie Murphy;
- Professional athletes Rocky Bleier, Pat Tillman and Warren Spahn;
- Filmmaker Oliver Stone;
- Vietnam War hero John McCain;
- Senators Robert Dole and Daniel Inouye;
- Baseball Hall of Fame great Yogi Berra was slightly wounded piloting a naval landing craft during the invasion of southern France in August of 1944. Berra was only 19 years old and did not apply for



Personal and Business Tax Returns Financial Statements IRS and State Representation Tax Planning Business Feasibility Studies Non-Profit Exemptions



174 CHERRY STREET · MILFORD, CT 06460 PHONE 203-876-0445 · FAX 203-874-7498 mpaolinicpa.com Capt. David Christian of the U.S. Army Special Forces was wounded seven times during several different combat operations in Vietnam.

The first woman to receive both the Purple Heart and Bronze Star for valor was Army nurse Lt. Cordelia Betty Cook who was wounded in Italy in 1944 when the Germans shelled her field hospital. Even though she sustained a shrapnel wound Lt. Cook continued to treat her patients while under shellfire from the enemy.

The official specifications for a Purple Heart recipient are as follows: AWARDED FOR BEING WOUND-

a Purple Heart because he didn't want his family back in NJ to know that he had been in danger. There was a Navy Honor Guard at Yogi Berra's funeral in 2015. The Stolen Valor Act of 2013 states that it is a crime for a person to claim they served in the military, embellish their rank or fraudulently claim they received a valor reward with intentions of obtaining money or other tangible benefit. To me and to any other veteran who was in harm's way, it is a personal insult for anybody to claim or accept any military award that they did not personally earn.

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"Heller" From Page 1

advice that has stayed with me over the years. During one episode I saw, Fred Rogers asked his viewers if they know the *three keys to success* – his answer is to first, BE KIND. Second, BE KIND. And third, BE KIND. Let us keep this in mind as we discuss the upcoming opportunities and challenges we face as a Town.

Town Hall has received an unusually high number of calls from Town residents expressing support for the 55 and over housing plan at the CCW. I am grateful for the calls and happy to see an awareness and understanding of the importance of the project by Townspeople. The current proposal is for the Town to sell approximately 60 of the 155 acres for \$5.4 million for construction by Insite/Wernert of no more than 120 units of free-standing active adult (55+) housing. Additionally, Insite/Wernert, at no cost to the Town, will remove the old clubhouse, repair the Town pool, build a new pool house for use by Town residents and renovate and beautify the walking trails for all residents to experience the beauty of the undeveloped portion of approximately 95 acres. After completion of all units, the Town will realize approximately \$1.5 million in tax revenue every year from the residents who purchase these homes, plus additional tax revenue for personal property.

I think we all agree that we must reduce our mill rate and bring relief to taxpayers. I also think we all know that the Town has few opportunities to grow much-needed revenue. This opportunity to sell a portion of the former country club property (and retain over two thirds of the property) may never come again. Our debt on the property is not due to be paid off for another 12 years. With the sale we will pay off the debt on this property (saving \$500k every year in principal and interest payments) and also retain \$1.4 million dollars for other needed projects.

The Town will retain approximately 95 acres for Town use. The Board voted unanimously last month to set aside money from the sale of personal prop-

At the December 11th Board of Selectmen meeting, I expect that the Board will schedule a Special Town Meeting and Referendum for the sale of a portion of the former Country Club of Woodbridge (assuming contract negotiations with the purchaser are complete). As a reminder, last October the Board voted unanimously to postpone the Special Town Meeting and Referendum dates, in order to have a fully negotiated sales agreement in place, prior to the referendum vote and available for residents to review.

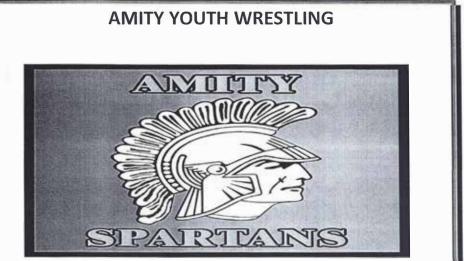
For those of you concerned about zoning ramifications if the senior housing project is approved, I suggest you stop by Town Hall to pick up a copy of the zoning opinions the Town received from two experienced land use attorneys. The Town was advised that any attempt to use these zoning approvals as legal precedent for cluster housing development in other areas of town could be turned down by Town Plan and Zoning and the denial would withstand legal challenges from any developer.

One last interesting note, as I was reviewing all the documents created since 2009 regarding the former Country Club property, I came across the 2015 Plan of Conservation and Development chapter on Housing and Demographics. The purpose of this plan, which is required by state statute, is to record the best thinking of Woodbridge regarding its future growth and to give direction to both public and private development and conservation efforts. Under the Near Term Action Agenda items, is a section entitled "CONSIDER USAGE ON COUNTRY CLUB OF WOODBRIDGE PROPERTY" which suggests the Town "consider age-restricted life style housing which may include cluster housing or a planned development district to take advantage of the site's unique access to public water, sewer and transportation infrastructure and to create housing options for older residents and provide opportunities for Woodbridge residents to age within their community."

I have been working on other projects to enhance our Town as a community. For example, at our next meeting

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erty that remained in the club house and pool. This money is earmarked to engage the services of a landscape architect/land use analyst to advise us on the best passive recreational uses for the undeveloped land that the Town will retain. I am committed to do this, whether or not the approximately 60 acres are sold for development of senior housing. I have proposed that a portion of the unsold land be used for a beautiful park with perhaps a picnic area, sledding hill, walking trails, a solar park, and a splash pad (a few of the many suggestions we have received from residents to date). After the referendum on the property I plan to establish an ad hoc committee of residents who will work with the consultant on the design to optimize the property as an important Town asset.

the Board of Selectmen will discuss uses for the Old Firehouse - some have suggested using this historic building for the creation of attractive meeting and event spaces that the Town can use for programming, residents can secure for private events, and most importantly, to create a gathering place in the center of Town for the Woodbridge community.

As always, my door is open. I welcome your thoughts on any topic. Please call me at 203-389-3401, email me at bheller@woodbridgect.org, or stop in to visit.

Let us work together as we enjoy the many blessings of this holiday season. Let us also be KIND to one another, and welcome the New Year with hope, good will and best wishes for all.

Boys and Girls, are you interested in learning self-defense and having fun? If so, come join Amity Spartans Youth Wrestling. Wrestling teaches self-discipline, hard work, and determination. All boys and girls, grades K-8, are encouraged to join. All participants wrestle against opponents of their own age, weight and ability. No experience necessary!

Season 7 begins on December 2, 2019 and ends on March 12, 2020.

The cost is \$175 includes and includes a USA Wrestling Membership & T-Shirt.

Practice: Mondays & Wednesday, 6:30pm-8pm Tournaments: Sunday at various parts of the state Location: Amity High School 25 Newton Rd, Woodbridge (auxiliary gym)

All wrestlers need headgear, sweatpants or shorts to wrestle. If you do not have wrestling shoes you must wear socks on the mat. We do have previously used shoes and headgear on a first-come-first-serve basis.

Any questions contact: Mike Cala 203-974-9493 AmityYouthWrestling@qmail.com

Like us on Facebook! https://www.facebook.com/AmityYouthWrestling/



Youth Services

by Nancy Pfund



Free Kindness Klub

Woodbridge Youth Services invites seventh and eighth graders at Amity Middle School-Bethany to join friends to make fleece blankets for The Life Haven homeless shelter on Tuesday, Deember. 17th (12/19 snow date) at the Amity Middle School - Bethany West Cafeteria from 2:25-3:55pm. Snacks, materials, and music provided. No artistic ability or sewing required. Join this free event to make a warmer winter for families in need. Bring ideas for future events. Email Youthone@ woodbridgect.org for more information and to register. See link for required permission form. https://www. woodbridgect.org/DocumentCenter/ View/2692/Permission-Slip-Kindness-Klub

Eighth Grade Only Mardi Gras Party at Amity High School

Eighth grade residents from Bethany, Orange, and Woodbridge are invited to a Mardi Gras Party at Amity High School on February 21st in the cafeteria from 6:30 – 8:30 pm. Snow date is 2/28. Fee of \$5 offers DJ, black lights, selfie station, pizza and snacks. Free raffle with awesome prizes. Receive your introduction to Amity High School and new friends. Sign up early for extra raffle ticket. Orange residents call (203) 891-4785. Woodbridge and Bethany residents call (203) 389-3429.

Parent Volunteers and High School juniors and seniors are needed to help. Register at 203-389-3429 or email Youthone @woodbridgect.org.

Woodbridge Job Bank Accepting New Members/Offers Help to Residents

Woodbridge residents between the ages of 14 and 18 are eligible to join the Job Bank to earn some money and help residents with yardwork, babysitting, snow shoveling, or tutoring. Contact Nancy Pfund at npfund@woodbridgect.org or call (203) 389-3429 for an application and permission form and to schedule an interview.

Woodbridge residents may call (203) 389-3429 to hire Job Bank members to get some help with garden work, raking, housework, babysitting or party assistance.



Administrative Officer/ Finance Director Recognized

Woodbridge Administrative Officer and Finance Director Tony Genovese received the Certified Connecticut Municipal Official award at the recent Connecticut Conference of Municipalities (CCM) annual conference in early December. Genovese was one of only 65 municipal employees to receive the recognition at the conference, which is open to all 169 Connecticut municipalities.

The Certified Connecticut Municipal Official program offers professional development to municipal staff on a variety of topics. The program was created under the direction of Trinity College staff and is intended to teach municipal staff to work collaboratively, solve problems, build partnerships, and work across political and organizational boundaries via workshops, conferences and meetings.

Participants must complete 36 hours of study within two years and include three developmental categories: Personal Development, Organizational Development, and Community Development. "The classes I've taken through CCMO have been very helpful in creating the Town's response to cybersecurity threats; staying on top of workplace issues; and learning best practices for a myriad of municipal issues," said Genovese.

"I'd like to congratulate Tony on this recognition," said First Selectman Beth Heller. "I appreciate Tony's willingness and eagerness to continue learning and improving his skill set in order to help our staff and residents."

Gift, Wrap, Waste, and Recycle for the Holidays

The Woodbridge Sustainability

https://www.plasticfilmrecycling.

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Committee hopes your holidays be filled with love, warmth, laughter, and joy with family and friends. The following are a few seasonally relevant recycling reminders:

- Wrapping paper is not recyclable, but craft paper bags minus their twine handles are;
- Tissue paper is not recyclable, but newspaper and magazines are;
- ✓ Gift in reusable containers and bags or fabric and ribbons;
- Flattened cardboard and boxboard boxes for recycling;
- ✓ Any little stretchy plastic bags can be recycled with plastic wrap at many local stores like Walmart and Big Y. To find other locations, visit

- org/recycling-bags-and-wraps/ find-drop-off-location/.
- Screw bottle caps onto clean and dry plastic and glass bottles and cartons (milk, juice, and egg nog!) so caps can be recycled. Loose caps contaminate the recycling sorting process;
- Aluminum foil can be recycled if it is clean and dry;
- Styrofoam is not recyclable. Put it in the trash;
- ✓ Remember to bring your reusable bags to stores; and
- ✓ When you put non-recyclable items in the recycling it contaminates the whole load. Check if something is recyclable at www.Recyclect.com.

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AT THE WOODBRIDGE CENTER



Many thanks to the Woodbridge Police Union-local UPSEU/COPS for its generous support of the annual Thanksgiving Luncheon, other generous sponsors included The Willows of Woodbridge and Coachman Square-Woodbridge.



Members of the Woodbridge Garden Club stand with the beautiful centerpieces they created and donated to the annual Thanksgiving luncheon. The staff and members of The Center are so grateful for all of our community partners.

The Woodbridge Center provides a program of health, recreational, educational, and social activities for residents 55 years of age and older. The Center offers a luncheon program as well as a transportation program. Call us to find out more or sign up to receive our newsletter by mail or email. Please contact us at 203-389-3430 or jglicksman@woodbridgect.org.

Nosh & Knowledge Lecture Series

January 29: Creative Cooking for 1 or 2 with Laurie Van Cleft of Jewish Senior Services of Bridgeport. This lecture is at 10:00 a.m. in The Center cafeteria.

February 26: Medical Marijuana—Unraveling the Mystery with Canna Care Docs Education Center in Milford. Lecture begins at 6:00 p.m. in the Woodbridge Library.

Special Programming, RSVP is required one day prior unless otherwise noted. Please call 203-389-3430 or email jglicksman@woodbridgect.org.

December 20: T'ai Chi with Bill Banick begins again. This ten-week class (beginner, intermediate) meets in Center building, Room 16 for \$50. The class will be prorated for those joining late.

December 23: Rescheduled Trip!



The annual Thanksgiving luncheon attracts a cross section of the many people who utilize The Center's programs and facilities and brings them all together for a community building event. The Center is a comprised of many different groups including the members of the different exercise classes, the mahjong group, the art class, the different card groups, the craft group, those who come for lectures, book club, and lunches as well as those who utilize the transportation program.

with VALIC Financial Advisors, Inc. at 6 pm at the Woodbridge Library.

January 28: Holocaust Remembrance Day and the 75th anniversary of the liberation of Auschwitz-Birkenau will be commemorated at The Center with a viewing of the documentary Paper Clips at 1 pm in the lounge.

February 4: Celebrate Chinese New Year, the year of the rat, with entertainment at 12:15 pm.

February 4: Volunteer Income Tax Assistance (VITA) 9:00 a.m. -12:00 p.m., Tuesdays through April 14. VITA is a free tax preparation service available to low-income individuals, people who have a disability and those who speak limited English. Call 203-389-3429 for information on

with gravy, mashed potato, sautéed zucchini, banana cake, 12/19 Pasta fagioli soup, chicken parmesan, garlic green beans, capellini aioli, apple crisp, 12/24, 12/26 No lunch served, 12/31 New Year's Eve Lunch! Chicken marsala, mashed potato, pineapple upside down cake, 1/2 Italian wedding soup, eggplant rollatini, rice pilaf, garlic bread, chocolate pudding, 1/7 Onion soup, cilantro-lime salmon, mashed potato, roasted zucchini, blueberry cobbler, 1/9 Ginger carrot soup, chicken picatta, mashed sweet potato, apple squares, 1/14 Minestrone soup, spaghetti and meatballs, garlic toast, ambrosia, 1/16 Potato leek soup, crab cakes with remoulade sauce, toasted orzo, cake, 1/21 Escarole and bean soup, veal bruschetta, baked potato, carrot cake, 1/23 Harvest soup, lemon-rosemary chicken, yams, garlic broccollini, lemon pound cake, 1/28 Split pea soup, fish with lemon and white wine sauce, rice pilaf, brownie, 1/30 Mushroom bisque, pot roast, mashed potatoes, spinach, chocolate cream pie.

signed to increase balance and stability, prevent falls and help manage arthritis. Ten weeks for \$50.

Gin Rummy Thursdays, 1:00 - 3:00 p.m., in The Center café, no reservation needed.

Weekly Craft Group meets Thursdays, 10:00 a.m. - 1:00 p.m., in The Center lounge. All yarn and sewing crafts welcome. No RSVP necessary. Consider donating your unused, clean yarn and circular knitting needles (sizes 6, 7, 8) to The Center.

Yoga for Healthy Aging Class meets Fridays, 11:45 a.m. - 1:00 p.m., in the Center Building, Room 16, with instructor Julie Luciani. New session begins 12/6 and runs 12 weeks for \$75. Class fee will be prorated if joined late. Class combines seated and standing postures and is safe for all.

Mahjong Monday & Friday, 10:00 a.m., Center Building, Room 13 for advanced players; Room 11 for beginner and intermediate.

Exercise with Laurie Workout includes a combination of strength training, cardio, flexibility and balance. Bring weights if you have them. Class meets in The Center Building gym on Tuesday and Thursday, 10:00 - 11:00 a.m. No need to sign up—just pay a drop-in fee of \$2.

Book Club The book club meets the 4th Tuesday of each month at 11:00 a.m. at the Library. There is no December meeting. The next meeting is January 14 (note 2nd Tuesday). The book will be Miracle Creek by Angie Kim. New members are welcome. Art Class meets each Wednesday, 10:00 a.m. - 12:00 p.m., in The Center café. The class is taught by local artist Graham Dale. Current session ends 12/18. Next 10-week session begins January 8. Tuesday Movies Following lunch in The Center lounge at 1:00 p.m.: 12/17 The Peanut Butter Falcon, 12/24, 12/31 No movies due to holidays. January movies TBA. Thursday Movies Oldies, musicals, classics following lunch in The Center

Mini holiday shopping trip to Chrisandra's Country store in Oxford, then lunch at New England Young at Heart provided by Elim Park Health Care and Rehabilitation with a holiday themed craft of homemade cards! Please RSVP by December 18 – cost is \$20.00 including transportation.

December 31: Intergenerational New Year's Party! Chicken Marsala, mashed potato, pineapple upside down cake. Join in the fun with the 4-yearolds from the Woodbridge Childcare Center. Cost is \$3.00; please RSVP by noon 12/30.

January 14: Lunch entertainment at The Center café with Mary Conway begins at 12:15 pm.

January 22: Financial Planning for Retirement presented by David Quast, a Financial Planning Advisor required documents and to make an appointment.

February 11: Valentine's Day lunch with entertainment by Jim Sheehan at 12:15 pm.

December/January Lunch Menu

Lunch is served Tuesday and Thursday at The Center café, at 12:15 p.m. Cost is \$3 for dine-in meals, \$4 for take-out. RSVP is required by noon one day prior. Meals include bread, juice, coffee/tea and dessert. If eating in and taking left-overs to-go, please bring a plastic container with you. Charges for to-go containers will begin in December at .50 per container.

12/12 Herb roasted turkey with cornbread stuffing, garlic green beans, garlic bread, apple pie, 12/1 Meatloaf

Ongoing Programming

Calling all poker, canasta and spades players—call The Center and share your interest 203-389-3430. The Center will put a group or a game together!

T'ai Chi with Bill Banick, Fridays 10:00 - 11:00 a.m. in Room 16 (beginner, intermediate levels). New session begins 12/20. Class will be prorated for those joining late. This class is de-

See "Woodbridge Center" On Page 14





Garden Club Prepares Arrangements for Senior Center

On the night of November 18 numerous members of the Garden Club of Woodbridge gathered to prepare 16 table arrangements for the November 19 Woodbridge Senior Center's Thanksgiving luncheon. Even though everyone used the same number of identical flowers provided by the garden club, each arrangement was unique. White bowls with soaked Oasis floral foam inside were used to hold the blossoms. Included in the finished product were 2 stems of "Safari Sunset" leucadendron, 1 mini green hydrangea, 3 stems of "Orange Queen" alstroemeria, 2 anastasia aka spider or Fuji mum, 3 "Red True Romance" hypericum, 2 "Yellow Paintball" button pom, and 3 "Gold Caroline" carnations. These were complimented with leucothoe, boxwood,

seeded eucalyptus, triticum wheat, and cinnamon sticks. The Garden Club of Woodbridge members standing behind completed floral arrangements in the photo, from left are: Murielle Lamour, Susanne Pimer, Debbie Schlegel, Sharon de Kadt, Denise Rock, Gerri Giering, Sharon Bender, Marie Dube, Pat Croasmun, Linda Reilly, Soledad Morales, Cindy Marien and Angela Bradley.

125 seniors attended the luncheon, enjoyed a delicious meal and 16 took home arrangements. Jeanette Glicksman, Director of the Senior Center, said "everyone loved the flowers."

If you are interested in becoming a member of the Garden Club of Woodbridge, please contact Judy at jsmam@ aol.com.

Woodbridge Happiness Club Meeting!

Join Bernie Siegel, M.D. & Lionel Ketchian for a discussion on Hapbulence that we all experience in life. Master these strategies to lessen your





Woodbridge Girl Scout Troop 60164 presented First Selectman Beth Heller and Youth Services Director Nancy Pfund with several boxes of food collected for the Woodbridge Health and Human Services Department "Adopt a Neighbor" food drive, presented in early December. This was part of the 2019 service project for the 5th and 6th grade girls of Troop 60164.

Garden Club of Woodbridge January Meeting

Please join the Garden Club of Woodbridge at First Church of Christ, 5 Meetcreative winning designs from past Connecticut flower and garden shows. Also,

piness for our well-being. Lionel Ketchian is the co-host with Dr. Bernie Siegel on Mind Health Matters radio programs. Lionel is also the co-host on "The Happiness Show," broadcast on TV by Cablevision of Connecticut.

Take part in getting valuable tools and techniques for making your life the best it can be. Suffered enough? Do you really need to suffer anymore? Are you ready to learn to Be Happy? Being Happy will help you, suffer less and evolve spiritually. External events are difficult for us without the right tools to deal with the tursuffering. Your happiness can empower you and keep you on track. Learn to have the peace of mind you need and experience happiness now.

Everyone is welcome; meetings are free and no reservations are required. Meet some wonderful people using happiness in their lives.

Date & Time: Tuesday, January 21st, 2020 from 6:00 to 7:45 PM.

Place: The Woodbridge Town Library located at 10 Newton Road, Woodbridge.

For further info, e-mail PrintLRK@ aol.com, call 203-258-7777 or www. HappinessClub.com.

www.WoodbridgeTownNews.com

inghouse Lane, Woodbridge, CT on January 14 at 11:45 am. Master Gardener, garden club member and award winner, Sharon Bender, will present photos of

"Woodbridge Center" From Page 13

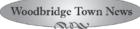
lounge, 1:00 p.m., no movie 12/26. **Ask the Nurse** 1st and 3rd Tuesday of each month, 11:00 a.m. - 12:30 p.m., blood pressure screenings, weight and conversation with a registered VNA Community Healthcare Nurse in The Center lounge.

Duplicate Bridge Mondays, 9:30 a.m. - 12:30 p.m. in The Center café.

Bridge The Center's Wednesday bridge group invites new members! Join in for a friendly card game, no reservations—just come to The Center four members of the club will display their finished floral arrangements based on the theme "2020, Here We Come." There will be a \$5 fee for non-members.

café, 1:00 - 4:00 p.m.

Pinochle Monday, Wednesday or Thursday, 1:00 - 4:00 p.m., in The Center lounge. Come any day—the group looks for new players and is willing to bring rusty players up to speed! **Pickleball** Meets Monday-Thursday in the Center Building gym for group play, 12:30-2:30 p.m. and Friday, 12:30-3:30 p.m. Paid annual members may arrange playing times with others. Annual membership is \$20 for Woodbridge residents and \$25 for non-residents and is due in January. Stop by the office to make payment.



CLUBS & ORGANIZATIONS

Amity Teen Center Chilly Chili Run

There is still plenty of time to register for the 23rd Annual Chilly Chili Run on New Year's Day in Orange to benefit the Amity Teen Center. Participants in the 5K Race and Fitness walk will be treated to a hot chili brunch after the race at the High Plains Community Center cafeteria.

This award-winning race will be the first official 5K race of the year, and this year it will also be the first race of the decade, in Southern Connecticut!

You can pre-register online for the Chilly Chili Run at www.hitekracing. com or by filling out an application, and mailing in your registration. Applications are available at the Orange Park and Recreation Office at the High Plains Community Center.

The fees through December 14 are \$25.00 for the 5K race (\$12.00 for runners under 12) and \$12.00 for the 5K Fitness Walk. After December 14, and on Race Day, the fees will be \$30.00 for the 5K race (\$15.00 for runners under 12) and \$15.00 for those doing the 5K Fitness Walk. The online registration will be available until Tuesday, December 24th. The Chilly Chili Run is also offering Early Packet Pickup and Late Registration on Tuesday, December 31st at the High Plains Community Center, 525 Orange Center Road from 9:00 AM to 12:00 PM. Registration on January 1st will begin at 8:00 AM and will close at 10:00 AM sharp. The Fitness walk will begin at 10:15 and the Race will begin at 10:30.

This is the largest fundraiser of the year for the Amity Teen Center, which was formed as a non-profit in 1987. The mission of the Amity Teen Center is to provide a safe place where area teens can meet and socialize in a drug-free and alcohol-free supervised environment. Proceeds from this event will benefit the Teen Center, which is located at 10 Selden Street in Woodbridge.

This is a great way to ring in 2020, and to be served chili by the First Selectman of Orange, Jim Zeoli! If you have any questions, please call Race Director, Joe Riccio, at 203 481-7453. You can also email any questions to wssac-ct@juno.com, or to chillychilirun@hotmail.com or cohen.linda@ gmail.com.

Wreaths Across America Chooses Orange Cemetery

CIVIL AIR PATROL announces its Wreaths Across America Cemetery Selection for this year in New Haven County for the Wreaths Across America Program. The CT Minuteman Composite Squadron, CAP based at Tweed New Haven Airport, in association with the Orange Cemetery Association, the New Haven Rotary and American Legion Orange Post 127 has selected the Orange Cemetery in Orange, CT for the Veterans Wreath laying Ceremony this year. Wreaths will be placed on veteran grave sites in the cemetery on December 14th, 2019. A short ceremony will be held at 9:30AM at the High Plains Community Center Cafeteria preceding the wreath laying at the cemetery. The public is invited.

Every December, it is a Civil Air Patrol holiday tradition observed by all 52 CAP wings and even abroad. Thousands of CAP officers and cadets participate in Wreaths Across America observances to honor our nation's fallen. They present the colors, deliver orations and place veteran's wreaths on headstones at national and local cemeteries and war memorials. Last year, more than 1.5 million veterans' wreaths were sponsored by the public for placement on veteran's graves at 1,433 ceremonies in all 50 states and abroad. Members of Civil Air Patrol's CT Minuteman Squadron, located at Tweed New Haven Airport are proud to partner once more with Wreaths Across America.

Wreaths Across America culminates this year on Saturday, December 14, 2019 with an estimated 90,000+ volunteers placing 244,700 wreaths on headstones at Arlington National Cemetery and many of Arlington's memorials, including the Tomb of the Unknowns. Simultaneous ceremonies will be held throughout the day at over 1,400 cemeteries or war memorial sites in all 50 states, as well as over 20 foreign locations.



Jewish Genealogical Society of Connecticut Meeting

The Jewish Genealogical Society of Connecticut will meet on Sunday, December 15, 2019 1:30-3:30 p.m., at Temple Sinai, 41 West Hartford Road, Newington, CT, 06111.

Nosh 'n Knowledge: An Opportunity to Network with Each Other! One of the most important benefits of belonging to JGSCT is the chance to learn from each other. Enjoy a little nosh while sharing your successes, brick walls, and questions. This informal session will provide an opportunity for attendees to share their stories and perhaps get some guidance on strategies to break brick walls. You are encouraged to send topic ideas or questions ahead of time to the coordinator of this program, Deb Holman: deborah.holman@sbcglobal.net.

Knights of Columbus Trinity

Woodbridge Rotary Club Bud Priest Award

Pictured from left to right are Woodbridge Rotary Club President Diane Millan presenting the Rotary Club's Bud Priest Award, a check for \$5,000 to Esperina Stubblefiled, Director of The Umbrella Center for Domestic Violence Services, a program of BHcare. The Umbrella Center provides services to assist victims of domestic violence from young to elderly.

Council Distributes 540 Coats

The Trinity Council 5th Annual Coats for Kids set another record. This year the council distributed a record number of 540 new boys and girls winter coats; in 2018 the council distributed 468 coats. The coats were distributed to twenty-three schools, churches and service organizations, an increase of five groups. Since the program started in 2015, the council has distributed 1,392 coats in five years.

Bob Ellis, chairman, noted "The program could not have been successful without the financial support of Our Lady of the Assumption, Social Action Committee, Ladies Guild, Trinity Council, A-1 Toyota, Cohen & Thomas (Derby), Commercial Furniture Service Corporation (Hamden), DiGennaro Service (Bethany), Group Insurance Associates (Woodbridge), Iovanne Funeral Home (New Haven), Lupinski Funeral Home (New Haven); Monahan Cox Smith & Crimmins Funeral Home (New Haven), PEZ Candy, Inc., Project Service, LLC (New Haven) and Vietnam Vets of America Quinnipiac Chapter 484 (East Haven)."

The council meets on the third Tuesday of each month at Our Lady of the Assumption Church on Center Road in Woodbridge. For information about Trinity Council, you may call 203-242-0076.





Troop 907 Celebrates Three More into Eagle Ranks

Troop 907 of Woodbridge is pleased to announce that three (3) scouts have recently achieved the rank of Eagle Scout. Eagle is the highest rank a scout can earn. Since the inception of Boy Scouts of America in 1910, only 4% of scouts achieve the prestigious Eagle Scout award. To achieve the Eagle rank, scouts must earn 21 merit badges; demonstrate Scout Spirit; hold leadership roles within troop and plan, develop, and lead an extensive service project that demonstrates both leadership and a commitment to duty. After all requirements are met, the scout completes an Eagle Scout board of review.

This year's proud Eagle Scout recipients are Jason Luciani, Felix Liu and Ryan Proto. Each of these young men have dedicated themselves to our troop and the community. Their Eagle Scout projects epitomize how the scouting program transforms young men into the leaders of tomorrow.

Ryan, a cancer survivor, wanted to give back to the YMCA Camp Jewel that he attends during the summer. Rebuilding the three deteriorated gaga pits, 20' hexagon pits where dodge ball games are played, became his passion for months. After 3 weekends of hand milling over 100 pieces of lumber from local camp trees, the task of removing old rotten structures and rebuilding new game pits took over 900 scout hours to complete. The rebuild involved staining the lumber, lag bolting octagonal assemblies in place, installing drainage gravel, backfilling each unit and grading to ground level. The new structures will last many years and be enjoyed by hundreds of campers.

Felix has come to love hiking in the woods, so his project to rebuild a 170foot long section of the Alice Newton Street Park walking trail, which traverses a muddy area of trail and small brook, was a natural match. His project involved removing old rotten lumber, sourcing new durable materials and installing new platforms. The platforms consisted of three parallel 2x10 elevated planks supported by 4x6 lumber and rocks to prevent sinking into the mud that forms when the snow melts in the spring. Local residents can now safely transverse the area and enjoy the trail beyond.

Jason, as well as all Troop 907, has always had a high respect for veterans. During our annual troop flag replacement event, at all local cemeteries, he noticed more and more graves were not marked and flag holder/placards were missing or broken. He embarked our troop on what became a 3-year saga taking over 1200 scout hours to permanently cement over 450 veteran flag holders in the ground and build three veteran memorial trail signs. His initial concept to "fix and replace" holders evolved into a multistep process which involved researching 200 years of town and online veteran records as well as adopting a design from a local cemetery board member in order to cement the flag holders into the ground. The project also involved sourcing hundreds of holder assemblies and new holder placards, designing and constructing 9-foot high cedar enclosures with 5'x3' Vinyl digital site maps, and creating maps that pinpointed veteran burial locations and the war they served. For many years to come, the location and tribute to our local veterans who

served our great nation will always be identified.

These young men, having met all the requirements for Eagle, are looking forward to upholding the Scout Oath and Law and continuing active service in their local community. Ryan plans to study abroad next fall in Asia. Felix and Jason are working towards engineering degrees at Purdue and Iowa State University, respectively. The Court of Honor for Mr. Proto was held November 30, 2019 and the Court of Honor for Mr. Liu and Mr. Luciani will be held on December 29, 2019.

Founded in 1968 and based at the First Church of Christ, Troop 907 has awarded the rank of Eagle Scout to over 90 Scouts in its 50-year history in Woodbridge. The troop welcomes new members all year round. Troop 907 is very active in both the local community and BSA events. For more information, contact Scoutmaster Tom via the "contact us" link at Troop907.org or come visit us at Troop meetings on Thursdays 7:00-8:30 PM at the First Church of Christ, Meeting House Lane, Woodbridge.

Decorate Ornaments With Family, Friends

Deck the halls and trim your Christmas tree with colorful, shiny ornaments that are easy to assemble and design. Choose a craft to fit the abilities of each child so that your whole family can share in the festive spirit of holiday preparation.

You also might use this holiday season as an excuse to invite friends over for an evening of ornament-making. Creating decorations calls forth the imagination, and if we make them with friends of all ages, a happy, artistic collaboration takes place. Best of all, the messiness and the laughter glues together more than ornaments. Memories are made, friendship bonds are strengthened, and the special event might become a new tradition. Here are some quick and easy ornament-making ideas:

PERSONALIZED BALL ORNAMENT

Express your creativity by decorating purchased or previous years' plain ball ornaments using nontoxic permanent markers or glitter paint in squeeze bottles. If you print names on the ornaments, they can double as a place card at your holiday dinner table and as a Christmas 2019 gift memento.

MARBLED BALL ORNAMENT

Remove the metal cap from the top of a clear round ornament. Add a cou-

ple of drops of water inside the ornament, then a couple of drops of acrylic paint. Gently swirl

it around. Add a second color if you wish, and repeat for a marbled effect. Replace the metal cap when paint is dry.

SNOWMAN ORNAMENT

Use a glue gun to uttach a small, clear ball

attach a small, clear ball ornament to the top of a larger one to form the head and body. Use a paintbrush to add a few brushstrokes of white glitter paint. Let dry. Use a marker or paint to create eyes and mouth. Glue a small orange felt cutout for a car-

> rot nose. Dress him with a knit or soft fabric scarf where the two balls are glued together. Glue in place, then add a little hat. Find two twigs outdoors and glue onto the large ball for arms.

"The grandkids

are coming!" tip: Start a new tradition and give your grandchild a purchased or homemade ornament each year. The growing collection from you will be treasured in years to come.





Town of Woodbridge Meetings for the Month of January 2020



(Subject to Change, Check with Town Clerk's Office, 203-389-3422)

1/6	Human Services Commission7:00 PM Town Plan & Zoning Commission7:30 PM	0
1/8	Board of Selectmen5:00 PM	Town Hall
1/9	Economic Development Commission7:00 PM	Town Hall
1/13	Library Commission6:30 PM Zoning Board of Appeals7:30 PM	
1/14	Police Commission6:15 PM Inland Wetlands Agency7:30 PM	
1/16	Board of Finance6:00 PM	Town Hall
1/21	CUPOP6:30 PM	Town Hall
1/27	Recreation Commission7:00 PM	Beecher Rd School So.
1/28	Gov't Access TV Commission7:15 PM	Town Hall





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Page 20

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Q: My wife and I were amazed when Chris Lasalle, one of the main characters on "NCIS: New Orleans," left the show. What was the decision behind this? -- E.S.

A: From what I've been able to gather, it looks like it was solely the decision of Lucas Black, the actor who played Special Agent Lasalle, to leave the popular show. The writers chose to end his character's story in a very dramatic way, but Black himself stepped down to spend more time with his family. It's also rumored that he'll be appearing in the upcoming "Fast & Furious 9" film, so perhaps he's realized that filming one or two movies a year will allow him more time at home than his TV schedule does.

Most surprising to me is that this is the same actor who played the young boy in the classic film "Sling Blade" opposite **Billy Bob Thornton** in 1996. His talent was apparent way back then, and now at 36 years old the future certainly looks bright.

Q: Is Celine Dion ever going to do her show in Vegas every night like she used to? I was going to book a trip there to see her, but then she stopped. -- W.B.

A: Dion is about to release her 27th studio album, "Courage," and will be touring the United States for the first time in 10 years. Hopefully she'll appear in a city close to you, since her Las Vegas residency has ended after performing more than 400 times.

Q: Please tell me whether the TV show "The Fix" is coming back. I haven't heard anything about it, and I really enjoyed it. -- L.J.

A: Unfortunately, "The Fix" was one of those network crime dramas



Lucas Black [Cliff Lipson/CBS]

that didn't generate high enough ratings to be renewed. It was canceled after just one season on ABC. "The Fix" was created by former L.A. prosecutor Marcia Clark, best known from the **O.J. Simpson** trial, and starred **Robin** Tunney, Adewale Akinnuoye-Agbaje and Scott Cohen. While her career as a producer and TV writer hasn't been very successful, Clark has penned several legal thriller novels that have sold very well.

Q: What happened to Derek Hough? I heard he had emergency surgery, but never did find out what happened. -- L.M.

A: Hough, best known for his time as a pro on ABC's "Dancing with the Stars," recently underwent an appendectomy. He stated on Instagram that he woke up at 3 a.m. with a sharp, severe sharp pain in his abdomen and "knew" something wasn't right.

Hough joins a list of celebrities who have had their appendix removed unexpectedly, including singers **John** Mayer, Elton John and Kelly Clarkson, who hosted the "Billboard Music Awards" while experiencing symptoms. Ouch!

Send me your questions at NewCelebrityExtra@gmail.com, or write me at KFWS, 628 Virginia Drive, Orlando, FL 32803.

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News from Massaro Community Farm -By The Farm Staff

Winter Programming at Massaro Community Farm

Holiday Photos and Movie Screening

Visit the Massaro Community Farm on Friday, December 20 between 5:00 and 9:00pm to get your photo taken with Santa. You can also stay around for the showing of two modern day classic Christmas movies. Cover charge of \$8/pp includes digital photos with Santa, sugar cookies, hot chocolate, a sampling of hot beverages from Rise and Grind Coffee in Woodbridge, popcorn, and farm snacks. We'll screen Home Alone at 5:00pm and Elf at 7:00pm. Reserve your time slot with Santa by visiting our website; pay at the door. Snacks and hot chocolate are included in the price, but feel free to bring additional snacks for your own enjoyment. Bring blankets and get cozy. The barn will be partially heated.

Winter Activities

If you're looking for winter activities on upcoming school holidays, consider signing your child up for one of our School Vacation Days in 2020. Children ages 5-10 will spend six hours on the farm learning wilderness skills, animal feeding and care, and receive nutritional education. Participants will also enjoy arts and crafts, nature walks, and planning for the growing season ahead. \$50/child per day, with sibling discounts available. A full list of dates and registration information can be found on our website.

The farm is excited to offer its first ever Winter Rangers program, beginning January 12. This eight-week series, also for children ages 5-10, will stave off cabin fever and encourage outdoor exploration. Each Sunday afternoon, children will spend several hours outside looking for animal tracks in the snow, building a winter shelter, enjoying (safe) time by the fire, and learning about the change in seasons. Participants will come to understand the impact of climate change on food production and much more. \$100/ child with sibling discounts available.

See "Massaro" On Page 33



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Cian Walls (Woodbridge) poses with his teachers from the Ashurst Academy of Irish Dance after earning his qualifying position for the World Irish Dance Championships

New England Regional Irish Dance Championships

The New England Regional Irish Dance Championships, also known as the "Oireachtas," was recently held in Hartford, CT. It is the area's most prestigious event bringing in top dancers from schools in Connecticut, Rhode Island, Massachusetts, New Hampshire, Vermont and Maine and competitions have as many as 100 competitors.

Local dancers, representing the Ashurst Academy of Irish Dance, were proud to bring home 3 World Championship qualifying positions, 7 National Championship qualifying positions, 3 podium placing traditional set positions, 3 top placing teams as well as numerous additional medals. The World Irish Dance Championships, which is the Olympics of Irish dance, will be held in Dublin, Ireland next April. The Ashurst Academy is proud to have Colleen Mallon of Southbury, Cian Walls of Woodbridge and Piper Normand of Canton, qualified to compete in their respective solo championships this April.

These three dancers also qualified for the North American Irish Dance Championships to be held in Nashville this July in addition to their teammates Caroline Morneau of Danbury, Lucy Lowman of Ridgefield, Katie Sheehan of Southbury and Sarah Mallon of Southbury.

The Ashurst Academy of Irish Dance is directed by former Riverdance and Lord of the Dance stars Craig Ashurst and Christina Dolzall-Ashurst of Newtown. Both were highly successful competitive dancers themselves collectively holding many regional, national and



Holiday "Lights On" Kid-Friendly (Non-Scary) Family Fun Day

Orange resident Charles Rosenay is proud to announce that the state's largest and largest indoor haunted attraction, Fright Haven, will be a lot less scary on Saturday, December 21. On this day only, from Noon-2:00pm, there will be a very special Holiday "Lights On" Family Fun Day Matinee, designed especially for youngsters. Special guides will escort young ones and their families through the indoor maze, completely renovated and decorated for the Christmas season.

Fright Haven, located at 411 Barnum Avenue Cutoff in Stratford Square Shopping Plaza in the former Bally's Fitness/Showcase Cinemas building (next to L.A. Fitness and Ninety Nine Restaurant across from Home Depot), is made up of three entirely different themed Halloween haunted houses encompassing over 20,000 square feet, all under one roof. This month, it has gone through a complete transformation into a Holiday attraction, "A Frightmare Before Christmas," but the scares come only in the evening, though. During the day, it's a pure kids' paradise. all-ages appropriate atmosphere will be completely fun and educational. Educational? Yes, the "scaremasters" will reveal all the hidden secrets to what would normally startle visitors, and what actors are taught to startle the guests during normal evening hours, when the attraction is far more chilling. In fact, the all-ages walk-through will be conducted by not only the owner of Fright Haven, Charles Rosenay, but also by his 13 and 14-year old sons, Ian and Harry. There will also be Christmas favors and an array of ornaments and souvenirs available.

Fright Haven is completely indoors and parking is free. The seasonal attraction has benefited Stratford PAL (Police Activities League) as well as the CT Burns Care Foundation in the past, and has served as a fund-raiser for numerous area schools and non-profits. This Christmas event is collecting canned good donations for the Connecticut Food Bank, and anyone bringing a food donation is entitled to a free gift. Tickets to the Holiday "Lights On" Kid-Friendly Family Fun Day Matinee are only \$9.99 all ages. Advance tickets are available, along with further information, at www.FrightHaven.com, or by phoning (203) 795-4737. Schools, Churches and Group discounts for over 10 are also available.

international titles.

The Ashurst Academy of Irish Dance holds classes and camps in Newtown, Danbury and Southbury for dancers ages 4+. For information, visit http:// www.ashurstirishdance.com or call (203) 928-0689.

www.WoodbridgeTownNews.com

Whereas Fright Haven is a worldclass haunted extravaganza meant to chill and thrill, on these kid-friendly matinees, all the lights will be turned on, the scary music will be turned off, and no actors will be jumping out. The

"The Joy of brightening other lives, bearing each others' burdens, easing each other's loads and supplanting empty hearts and lives with generous gifts becomes for us the magic of the holidays." — W. C. JONES





Please Note: If you have an event for the Bulletin Board, please send it along no matter how far in advance it is. We will include it in the appropriate issue(s) until the event has taken place.

Boy Scout Troop 63, meetings Monday nights 7:00pm-8:30pm, Our Lady of the Assumption "Mother" Church, 1700 Litchfield Turnpike (Route 63), Woodbridge; September-April and May-June outdoors at Camp Whiting, all boys ages 10 and up or who have completed the fifth grade are welcome to stop by and see what we're all about. For more information, visit http://www.troop963.org or email Troop63CT@gmail.com.

Shelton Art League (formerly Bridgeport Art League), meetings on the 3rd Monday of the month, noon, Shelton Community Center, 41 Church Street, Shelton, CT, 2nd floor, room #2, a diverse group of artists, future meetings include acrylic landscape, watercolor and oil painting demos. Visit http:// www.sheltonartleague.org for additional information. Guests are always welcome.

Bereavement Support Groups, Tuesdays 4:00-5:30pm and Wednesdays 6:30-8:00pm, Griffin Hospital, 130 Division Street, Derby, support groups for anyone experiencing the loss of a loved one. Contact Janice Lautier at 203-732-1100 or jlautier@ griffinhealth.org to register.

Networking Opportunity, Tuesdays, 7:00-8:30am, Solun Tapas Bar Restaurant, 245 Amity Road. Do you want more hot referrals? Come as our guest; unlimited free coffee; bring business cards. For more information or to make a reservation, contact Elyce Siegel at 203-668-3019 or Elyce.siegel@ hibu.com.

Woodbridge Republican Town Committee Meetings, second Tuesday of each month, 7:30pm, Center Cafeteria. Visitors welcome and we urge you to join us. For information, go to www.woodbridgegop.org.

Cancer Support Group, meets the second and fourth Tuesday afternoons of the month at Coachman's Square, 21 Bradley Road, Woodbridge. If interested contact: Lucille Ranciato Iranciato2@yahoo.com or Bernie Siegel, MD bugsyssiegel@sbcglobal.net for details.

Trap Falls Kennel Club Obedience Classes, every level, AKC STAR Puppy (obedience for dogs under 12 months) and Family Manners Classes/Obedience & Canine Good Citizen; Wednesday and Thursday evenings, Pawz for Wellness in Shelton. For registration and/or information, call 203-450-9485 or email tfkctraining@gmail.com. Trap Falls Kennel Club is a non-profit member club of the American Kennel Club

(AKC).

Boy Scout Troop 907, Come find out why Troop 907 has been Making a Difference in the Life of Scouts since 1968. Meetings Thursday nights 7:00-8:30PM at the First Church of Christ in the Parish House (enter via back parking lot), 5 Meetinghouse Lane, Woodbridge next to Town Hall. Boys aged 10 and older or who have completed 5th grade are invited to visit an upcoming meeting and join the adventure of scouting. For more information, visit our website Troop907. org or use the website "contact us" link to communicate directly with troop leadership.

Alzheimer's Community Caregivers Support Group, 2nd Thursday of the month, 5:00pm, Arden House, Conference Room, 850 Mix Avenue, Hamden. Call Maria Paduano, Program Director to RSVP or for more information at 203-281-3500, ext. 7669; www. genesishcc.com.

Woodbridge Rotary Club Meetings, 1st and 3rd Fridays of the month, New Members wanted! The Woodbridge Rotary Club has changed its meeting places. Please go to the website to see current meeting dates and event dates: https://woodbridgerotary.org/ Contact the Club President Diane Millan or Secretary Karen Bellamy for any updates. **Goat Yoga**, every Saturday at 9am, 10:15am and 11:30am, Locket's Meadow Farm, Bethany, \$25.00. Stretch and pose with our sweet baby goats (and pigs and puppies and who knows who else will wander through) and learn what the goat hype is about! All funds from our programs go directly to support the rescued animals of Locket's Meadow as well as to help fund our programs for special needs individuals. Please bring your own yoga mat, but if you forget, we have a few extra.

Ansonia Nature Center Events, 10 Deerfield Road, Ansonia; call 203-736-1053 to register for all events.

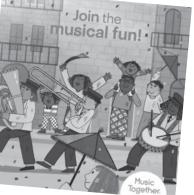
Donate Your Car, Truck or Van, help raise funds for a local private school; FREE, FAST, TOW AWAY; Running or Not Running; Can be used for a charitable tax deduction. Call Charter Oak Education DBA Sterling Education at 860-643-1100.

Holiday Fair and Cookie Walk - Derby Historical Society, Saturday, December 14, 2019, 10:00am-2:00pm, David Humphreys House, 37 Elm Street, Ansonia, \$5.00 suggested donation for adults; children under 5 are free; hot cider, unique Christmas gifts. Santa will be here from 12-2:00pm. Cookies are baked fresh and cost \$5.00 per 13 cookies. Call 203-735-1908 for information or visit our website www. derbyhistorical.org.



Musical Folk Offers Free Music Classes for Young Children

Musical Folk, offering Music Together[®] classes, for children ages and class schedules, visit us online at www.



on the recognition that all children are

tence earlier than those who have not had a rich musical environment. Increasing vocabulary and early language skills, building confidence and creativity, and giving children the foundation needed when it comes time to begin formal music lessons are results of this program. The participation and musical role model of the parent or caregiver makes this program so special, and successful, building an emotional bond and a love of music that lasts a lifetime.

0-5 and their caregivers throughout the year in New Haven, Woodbridge, Cheshire, Branford, North Haven, and now in Milford, presents FREE Music Together Demo classes at local libraries in December. To reserve a space at a Demo class, call 203-691-9759. The 10-week Winter semester of Music Together® classes begins January 6, 2020; enrollment is ongoing. For information MusicalFolk.com.

In Orange, the demo class will be on Tuesday, December 10 at 10:30 am, Case Memorial Library, 176 Tyler City Road, Orange.

Music Together® classes are based musical. All children can learn to sing in tune, keep a beat, and participate with confidence in the music of our culture. Research shows that children exposed to music making at a very young age can achieve music compe-

"Our hearts grow tender with childhood memories and love of kindred, and we are better throughout the year for having, in spirit, become a child again at Christmas-time." — LAURA INGALLS WILDER



Congregation Or Shalom Upcoming Events

Weekly Services

- Minyan Services
- Sunday 9:00 AM
- Monday 7:30 AM
- > Thursday 7:30 AM Healing Circle
- Wednesday 7:30 AM

Shabbat Services

- Friday 7:30 PM
- Saturday 9:30 PM
- Tuesdays, Social Mah Jongg

Mah Jong

Looking to learn or play Mah Jogg? We play on Tuesdays at 1:00 pm. Call the office if you are interested 203.799.2341.

ZUMBA GOLD At Or Shalom

Congregation Or Shalom announces the continuation of ZUMBA GOLD on Tuesday nights at 7 PM. ZUMBA GOLD is an easy to follow dance movement program that incorporates music from every decade to create an upbeat and fun exercise class. Burn lots of calories, meet new friends, and have a blast. No experience needed and classes are on a drop-in basis. Contact Robin at zumbarobin@gmail.com or call 203-314-8176 or temple office at 203-799-2341.

We are happy to add Zumba Gold with Danielle Pettit. Zumba Gold is perfect for active older adults who are looking to dance and have a good workout. While increasing balance, range of motion and coordination. TUESDAYS



Congregation Or Shalom

10:15 AM, 10- class punch card \$70, drop in class \$8.00. daniellepettit75@ yahoo.com, 203-509-3683 (cell).

Coffee and Learn with the Rabbi Wainhaus

Every Wednesday, (please call the office for schedule) Rabbi Alvin Wainhaus teaches an hour-long class focusing on the ancient texts of our heritage and the light they shed on current issues. The class begins at 11:00 am and ends at 12 noon sharp. All Welcome. Synagogue office: (203) 799-2341, Website: orshalomct.org, email: info@orshalomct.org.

First Night Of Hanukkah

Gather with Rabbi Wainhaus as we light the first candle of Hanukkah: Sunday, December 22nd 5:00 pm. Come & enjoy latkes, gelt, dreidel pops and play some dreidel!! Call 203-799-2341

205 Old Grassy Hill Road, Orange, CT 203.799.2341 – www.orshalomct.org

Blue Christmas Service

The Church of the Good Shepherd, Orange,



for some, the loss is wellworn with time's passing.

Congregation Beth El - Keser Israel Events

Daily Services

- $\,\,$ > Sunday 9:00 am and 5:45 pm
- Monday 7:00 am and 5:45 pm
- > Tuesday 7:00 am and 5:45 pm
- > Wednesday 7:00 am and 5:45 pm
- > Thursday 8:15 am and 5:45 pm
- > Friday 7:00 am

Shabbat Services

- > Friday 6:00 pm
- Saturday Morning 9:15 am
- Saturday Children's Services 10:45 am
- > Saturday Afternoon 1:00 pm

Book Talk and Brunch on Sunday

This Sunday, December 15 at 10 AM, the community is invited for a book talk and brunch to celebrate the publication of *The Newish Jewish Encyclopedia: From Abraham to Zabar's and Everything in Between*, written by the hosts of Tablet Magazine's Unorthodox Podcast—Stephanie Butnick, Liel Liebovitz, and BEKI's own Mark Oppenheimer. Reservations, please, to office@beki.org or 203.389.2108 x114.

Oppenheimer is the former Beliefs columnist for the *New York Times* and the author of *The Bar Mitzvah Crasher*:



Road-Tripping Through Jewish America. He has a PhD in American religion from Yale and lives in New Haven with his wife

and five children. The podcast for which the three are hosts, Unorthodox, is the most popular Jewish podcast on iTunes.



7:30 pm with Betsy Rome on vocals



Congregation Beth El - Keser

and flat top guitar, Phil Zimmerman on mandolin, Rick Brodsky on bass, Jerry Oland on banjo, and Sofia Chiarandini on fiddle. Admission is free, but The Bluegrass Characters will pass the hat for tips. Beverages and cookies will be available for a donation.

For more information, especially about ordering a kosher deli (or vegetarian) sandwich, or to reply that you plan to attend, e-mail icooper@cooperlaw.net with the subject "The Bluegrass Characters." Meal orders must be placed by December 19.

The Bluegrass Characters were brought together in 2011 by the legendary Grammy award-winning fiddler and Debroist Stacy Phillips, and they continue to champion Stacy's mission of bringing authentic vintage Bluegrass music to northern urban audiences. The Bluegrass Characters deliver straight-ahead traditional mountain-style Bluegrass with soaring vocals and hard-driving instrumentals, following the recipe laid down by Bill Monroe, Flatt & Scruggs, The Stanley Brothers, and other pioneers of the genre.

Paintings about the Binding of Isaac

"Akeidah Verbs and Others," paintings by Richard McBee, is on exhibition through January 11. "Akeida Verbs" is

announces a Blue Christmas Service, to be held on Sunday, December 15, at 7 pm. In the midst of joy and the anticipation of the Holiday season, a Blue Christmas service sets aside a time to acknowledge the darkness of the loss and pain that are present in our lives. For some, the loss is new and immediate;



Come on December 15 at 7 pm to this contemplative, peaceful service, creating a space for memories that may seem out of place this season. All are welcome. Contact the church office at 203-795egoodshepherd@optonline.

6577 or thegoodshepherd@optonline. net for further information. Visit our website at www.cogsct.org.



Woodbridge Town News

an

Display ads start at only \$110 per issue. Call 203-298-4399 to place your ad!

Bluegrass Tuesday, December 24

The Bluegrass Characters, will offer their annual December 24th show at

a series of 30 paintings that attempt to plumb the mystery of Abraham, Sarah and Isaac's experiences in the story of the binding of Isaaac.

Located at 85 Harrison Street (corner of Whalley Avenue - Route 63 - in Westville)

RESERVE YOUR AD SPACE TODAY. CALL US AT 203-298-4399.



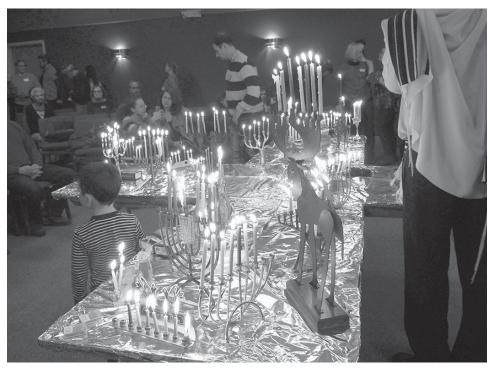
ATTENTION CHURCHES, SYNAGOGUES, AND HOUSES OF WORSHIP!

Send us your organizations events listings and items of interest. We will publish them for free.

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Page 27





Shabbat Pre-Chanukah at Temple Emanuel

Come join the fun and celebrate Shabbat Pre-Chanukah at Temple Emanuel. On Friday, December 20, we will welcome Shabbat with a music-filled service led by Rabbi Michael Farbman and the Temple Emanuel Band. We will practice the holiday blessings and fill the sanctuary with the light of our chanukiot, followed by a delicious dinner with family and friends. All are welcome to participate in this joyous annual event.

The service begins at 6pm. Please bring your voices, your favorite chanukiah and candles and, if you'd like to, some latkes to share as part of our family-style meal. Dinner reservations are required and can be made either on our new website, tegnh.org, or by calling the TE office, 203-397-3000. The suggested donation for dinner is \$10 per person or \$25 per family.

Not a member of TE? Come check us out.

For more information about services and celebrations at Temple Emanuel, please go to the TE website, tegnh.org. Temple Emanuel is located at 150 Derby Avenue in Orange.



Orange Congregational Church, United Church of Christ, welcomes you to join us at 205 Meeting House Lane in Orange for worship on Sundays at 8am in the Chapel and 10am in the Sanctuary. We are an Open and Affirming Congregation, which means we welcome all people into the full life and leadership of the church regardless of race, class, ability, gender identity, sexual orientation, or family type. No matter who you are or where you are on life's journey, you are welcome here! We love kids and teens and welcome them with love into our community, too. During the 10am service children are invited to gather upstairs in our kids' area for a variety of fun faithbased activities.





Congregation B'Nai Jacob Events

ceeds from the concert will benefit the Cantors Assembly and Congregation B'nai Jacob

Learning and Prayer Bread & Torah

Every Shabbat Morning Before Services, 9:00 - 9:45am

Rabbi Shapiro explores the weekly Torah portion and how its story relates to our own. Lively discussion over bagels and coffee. No experience necessary.

Ongoing Learning *Pirkei Avot, The Ethics of the Fathers*

Rabbi Rona Shapiro Monday nights, 7:30 pm - 9:30 pm Ongoing classes: January 27

Using the new Rabbinical Assembly edition, with commentary by Raba Tamar Elad-Appelbaum and Rabbi Gordon Tucker, we will explore this foundational text in the Jewish canon. Everyone is welcome. No experience necessary. Nonmembers \$100.

Special Events

Lights of Connecticut Connecticut Cantors Sing the Songs of Chanukah Sunday, December 15 4:00 pm

This wonderful holiday musical event will feature Cantors Sandy Bernstein of Temple Shalom of Greenwich, Luis Cattan of the Westport Synagogue, Sanford Cohn of the Emanuel Synagogue in West Hartford, Sharon Goldstein of Beth El Synagogue in Woodbury, Arthur Giglio of Congregation Mishkan Israel, and Malachi Kanfer of Congregation B'nai Jacob in Woodbridge.

The proceeds from this fundraising concert will benefit both the Cantors Assembly and B'nai Jacob.

Individual tickets are \$36 for members of one of the participating synagogues and \$45 for non-members. Family pricing TBA.

On December 24th, we will have

Orange Congregational Church

two Christmas Eve services in our Sanctuary. At 5pm there will be a Family Service where children, youth, and families gather to hear the story of Jesus' birth and sing carols. At 10pm there will be a traditional candlelit Festival of Lessons and Carols. Please join us! You can learn more at www. orangecongregationalchurch.org.

SUPPORT OUR ADVERTISERS! BUY LOCAL THIS HOLIDAY SEASON Tell them you saw their ad in the Woodbridge Town News.



The Our Lady of the Assumption Bazaar Committee congratulates the winners and thanks the judges of the Golden Spatula Cookie Contest held at the recent Ladies Guild Christmas Bazaar. Shown are (L to R): Linda Reilly, Third place, DJCollins, second place, Sally Hehn judge from Kathy's Famous Cookie Shop in Milford, Johanna Burland Contest Chair, Carlos Fernandez, judge from Solun Restaurant in Woodbridge, and Mary Ellen Faroni, judge and President of the Ladies Guild.

HOUSES OF WORSHI

The First Church of Christ Special Christmas Services

The First Church of Christ Woodbridge invites all members of the community to join us at 5 Meeting House Lane, for the following Advent and Special Christmas Services & Events.

Sunday, December 15, is the third Sunday of Advent. In addition to the 10 a.m. service featuring our Bell Choir, the Annual Community Carol Sing will be held in the Meetinghouse at 3 p.m. followed by a reception in the Parish House. The carol sing includes favorite carols and songs of the season with special guest performances. Bring your singing voices, your jingle bells and join in the fun.

Sunday, December 22, is the fourth Sunday of Advent. The annual Christmas Pageant will be held during the 10 a.m. service. We welcome you to this special service put on by the children from our church school. This is always a special service for our children and adults alike.

Tuesday, December 24, Christmas Eve we have our traditional Candle Light Service at 7 p.m. in the Meetinghouse. Nursery care will be available for the Christmas Eve service in addition to the Sunday morning services.

Sunday, December 29, the first Sunday after Christmas we have our annual Service of Lessons and Carols at 10 a.m. where we here again the stories we know and love to tell.

Weekly Bible Study - Wednesday, 10-11 a.m., will continue to meet through Advent and the New Year in



The First Church of Christ

the Parish House. We study both Old and New Testament passages based on the Lectionary.

In January we will return to our regular schedule of services and events:

Sunday Services - 10 a.m. including our Intergenerational Service the first Sunday of each month. Nursery care for small children is available during the Sunday services.

Church School - Sunday at 10 a.m. the second through fifth Sundays during the school year, presently with children aged 3-6 with older children helping with the younger children until we hire a new Director of Christian Education.

Middle School Youth Group for 5th – 8th graders will be reforming later in the school year.

Boy Scout Troop 907 – meets weekly on Thursdays at 7 p.m.

For more information on these events, please contact us at (203) 389-2119, E-mail us at office@uccw.org, or visit our Website at uccw.org.

"Gilbertson" From Page 1

Commission.

Terry would do his homework before every board meeting, she said. He would research issues in other towns and guide the commissioners through the rules and regulations. "He was a repository of knowledge," she said.

Gilbertson was remembered as one who not only was a fount of knowledge regarding the rules and regulations, but always respected the human experience that was impacted by these rules.

First Selectman Beth Heller made that point when she recalled consulting with Gilbertson about residents' complaints. Occasionally, residents call her office to report what they consider to be a cluttered, overly busy, less than tidy neighbor's yard. "I had occasion to reach out to Terry to discuss these various calls," she said, "and he came to my office to explain his thoughts when I asked him how he, as the Building Official and Zoning Enforcement Officer, might handle these little problems.

"After he listened intently to my reports, he thought for a moment, and then in a way that those of us will remember of Terry, he spoke in a concise, factual manner, regarding what some of us might even consider to be a hoarding problem. He said, 'some people see value in things that some others do not.""

His simple statement was not only helpful for thinking about these little problems that arise from time to time, Heller said, but "also offered a broader insight into life concisely put...that people are different – different life experiences, different values, and different priorities. Their priorities are not necessarily the same as ours, and in many ways, we should be grateful for this variety of the human experience. I will always remember that grain of wisdom," Heller said.

His legal and interpersonal skills led to others seeking his advice as well. Three years ago, State Sen. Martin Looney asked him to serve on the Board of Directors of the Connecticut Port Authority; he also served on the Principal Technical Committee of the National Fire Protection Administration, 307 Standard for the Construction and Fire Protection of Marine Terminals. According to his obituary, Gilbertson was a member of International Code Council, the New England Building Code Association, the Connecticut Building Officials



Terry Gilberson

Association (CBOA), and a Lifetime Member of NFPA.

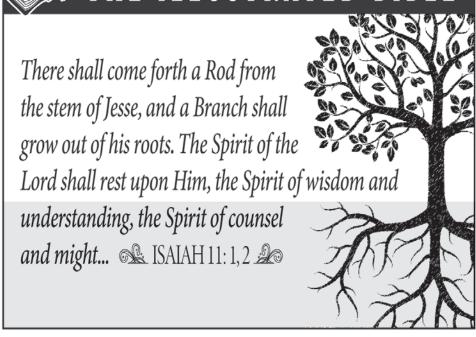
He enjoyed the respect not only of his co-workers at the Woodbridge Town Hall, but the homeowners and developers he dealt with, either as enforcer or enabler.

In a celebration of Gilbertson's life at the JCC about two weeks after his passing, one person who was in construction said how he always appreciated Gilbertson explaining things without talking down to anyone. He remembered their first meeting, when he was on a roof working, and a mustachioed man in a stylish hat came over, pointing and calling, "Stop that! Stop it right now! You don't have a permit!" He replied, "I know, I'm waiting for the building official!" And everything was fine after that.

Next to the hat he used to wear, the mustache certainly was an identifying feature of the building official. Pua Ford, who works at Town Hall and attended the celebration of his life at the JCC, recalled how "Terry's mustache was twitching furiously" when a developer was talking about the many ways to skin a cat. She said her husband, watching the give-and-take on video, remarked, 'What an eloquent mustache!"

Environmental protection was important to him, but he was one of the few who actually practice what they preach. Members of the Inland Wetlands agency for instance occasionally have potluck dinners before their meetings and Gilbertson made sure they used washable plates rather than paper or plastic. "But I had to wash them," said Land Use Analyst Kris Sullivan, his sidekick at the office. The town named Andrew Rizzo as the acting building official, while Kris Sullivan took on the role as acting zoning enforcement officer and acting wetlands enforcement officer.

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Motivating Yourself to Succeed with Fitness Goals

by Susan Donovan

If you find it difficult to get yourself motivated, several simple tips can help. Self-motivation is key if those "excuses" arise when your new fitness goals become challenging or inconvenient.

Self-motivation is what fuels you to accept and conquer the challenges of growth. It drives you to complete a task without needing reasons or a

push from someone else. Defined in the spirit of wellness, self-motivation is the ability to do what you know is right

for you, despite a lack of energy, time, or other perceived or real barriers. It's the ability to do what is good for you—even if you don't feel like doing it—because you know that the future rewards will be great.

We all have a natural sense of self-motivation; for some, it is more difficult than for others. But it's possible to enhance your level of determination and ambition by practicing specific behaviors and actions.

There are a number of ways to increase self-motivation.

Clarity: Be clear about your goals. When you clarify your destination, you set yourself up for a smooth(er) ride.

Define reasons: It's vital to be clear about why you want to accomplish something as this gives more purpose to your actions.

Simplify: Defining small, simple goals easily within reach means you are more likely to achieve them. When you do, it will offer a great opportunity to jump start your internal motivation.

Positivity: Surround yourself and your environment with positive people and messages that build you up. The better you feel, the more you'll prior-

Visualize the outcome: By envision-

ing the outcome, you recognize that there will be results beyond what you feel in the moment. Harness the power you have and believe you can accomplish what you set out to do!

Here are some additional tips from JCC of Greater New Haven's personal trainers and health coaches:

"One of the biggest roadblocks to getting results is that we tend to get

overzealous and want what we want now! Just remember those extra pounds did not appear overnight, and they

will not go away overnight either. Stay strong and take it one-step at a time."~ Alex L

"It is so important to find something you enjoy doing and find time for you. Work out, walk, bike take a class with a friend. This can help motivate both of you, encouraging each other on your journey."~ Debra F

"Exercise is a natural elixir to the mind, body and soul. Without exercise, the body and mind can prematurely rust and die."~ Beth H

"For the body, motion is lotion, (too much) rest is rust. Know that if you invest in your body, it will pay you back in full...with interest!" ~ Steve F

"Find a dream or goal truly worth changing for...a dream that will inspire you at every moment of choice, and keep your commitment level high. Create a healthy support system around you with friends, family, coach, or a group."~ Betsy O

Let the JCC of Greater New Haven's fitness professionals help you be the best "you" can be in 2020.

Contact Susan Donovan, JCC of Greater New Haven's Director of Wellness Services,

Shoveling Snow and Low Back Pain

By Rob Presta, DPT

Low back pain has become a top concern lately due to our increased time spent sitting, resulting in increased stress on the spine and reduced core strength. This sedentary lifestyle makes our spine more vulnerable when performing other tasks such as lifting. It becomes especially important around this time of year due to heavy snowfall.

Depending on how wet the snow is, it can get very heavy, especially when it's sitting on the end of a long lever such as a shovel. This can cause a lot of stress on our bodies as we attempt to clear the snow from our driveways and pathways. However, there are many tips that can be used to make clearing the snow easier and safer, reducing the chance of injury.

As with any lifting activity, posture is essential to reducing low back stress when shoveling snow. Bending at the hips and knees is required to reduce bending from the back. Flexing forward with the spine requires the muscles of the back to work harder and puts significantly more pressure on the discs, which can lead to disc herniation. To make this easier, remember to keep the knees bent, stick the buttocks back, and your chest out. This will help keep the spine straighter and shift the work load to the strong muscles of the legs. This helps with any sort of lifting tasks from picking up boxes to shoveling snow. Also, as with other heavy lifting tasks, try to avoid twisting the spine. Try throwing the snow forwards in front of you instead of rotating the spine to throw it over to the side.

There are also some points to keep in mind regarding what tools you use to clear the snow. The further you bend over, the more difficult it becomes to maintain good posture and lifting mechanics. To help with this, some shovels are made to include a bend to the shaft. This allows the hand furthest on the shovel to be higher when the shovel meets the ground, so you don't have to bend down as far to scoop up the snow. If you have the option, go with a shovel that has a bent shaft to make it easier to lift and scoop the snow.



Rob Presta

types. Push shovels have open sides, while scoop shovels have closed sides to prevent the snow from sliding off. Push shovels tend to be a bit wider to allow greater area of coverage. If the snow is light or if you can go outside several times throughout the snow fall, push shovels can save your back a lot of stress. Push shovels allow you to stand up straighter and push with the weight of your body instead of relying on your back to lift the snow off the ground. Scoop shovels, on the other hand, make it easier to lift the snow since they prevent the snow from sliding off the sides. Also, since they aren't as wide, it is easier to control the shovel when lifted off the ground.

Hopefully these tips will help to make clearing the snow a bit easier and safer. But if you do hurt yourself while trying to shovel, or already have low back pain to begin with, please see your local physical therapist. Not only can they help reduce your pain, but they can also help you practice good body mechanics for lifting and shoveling snow to prevent further injury.



itize your motives.

at SusanD@jccnh.org for a free wellness consultation.



Other recommendations are to determine which type of shovel is best for the situation. Shovels can be classified into either push or scoop Rob Presta is a licensed physical therapist, graduating with a Doctorate in Physical Therapy from Quinnipiac University. He has worked with patients of various diagnoses and demographics, with a focus on the outpatient orthopedic setting. His special interests Include physical performance, strength, and conditioning. Amity Physical Therapy was founded fifteen years ago by Michael Dow MSPT and CEO/Clinical Director. The practice has three offices in Woodbridge, Hamden and Branford. Rob Presta can be reached at 203-691-6248 or visit www.amitypt. com.

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New Chocolate Confectionary Opens

Woodbridge has a new source for chocolate, cookies, gelato and espresso-based drinks. Chip in a Bottle, 26 Selden Street, will hold its grand opening on December 13 from noon to 8 pm. Samples will be available and there will be a cake cutting. First Selectman Beth Heller recently visited owner Darrell Nurse to welcome and congratulate him on moving his business to Woodbridge.

Nurse is a trained physical therapist who was looking for a second career. While on vacation he visited a chocolate shop and saw very artistic handmade chocolates. "I thought, 'I could do that.' I tried it and it was good. My friends tried it and they liked it," and now the store is in its second phase. Nurse has had no formal training and has learned by trial and error.

Nurse has entered many International Chocolate Salon competitions and has won several awards, including for spicy chocolate, vegan and hot chocolate bars. All of the chocolates and gelatos are made by hand using real ingredients instead of artificial flavorings. The chocolates are made from bean to bar. Each chocolate is made with its own ganache – some flavors are made by steeping with tea; others are created with real fruit or nuts. Some chocolates can be made within four hours – others take several days.

The micro-batch chocolate confectionary offers more than 30 flavors of hand-painted truffles and macarons. Truffle flavors include salted peanut dark chocolate, lavender white chocolate and smores milk chocolate. Macaron flavors include lavender, Nutella and strawberry sumac. There are also pretzels dipped in chocolate, more than a dozen gelato flavors (including vegan options), cookies and chocolate bars. Everything is made in-house.

In order to maintain freshness and reduce waste cakes, cheesecakes and fruit baskets are also available, if ordered at least 24 hours in advance. Specialty chocolates and gelatos can also be made to order. In addition to the storefront, Chip in a Bottle also sells online and does delivery in-person or via UPS.

Chip in a Bottle was originally located in Westville, but Nurse needed a bigger kitchen and wanted better parking for his clients so he moved to Woodbridge. He likes the Selden Street location because he's getting walk-in traffic from people frequenting his business neighbors. Chip in a Bottle is open Monday through Saturday 12 – 8 pm. Visit www.chipinabottle.com for more information.



Treasure Discovered In Seymour

Seymour - If an Antique and Gift Shop could giftwrap itself, Charlie's Treasures, nestled into Seymour's famed Antiques Row on Bank Street, has the bows and trimmings ready for the shopping season.

Charlie's is a small antique boutique, warm, cozy, shopper- friendly, with its own self-styled "personality" in store owner, Rita Tessitore. Brimming with gifts and antiques, you can browse until you can browse no more. It's the kind of antique shop you hate to leave and wish you owned, leaving with the feeling that Rita Tessitore could become your friend.

"While we're the fresh startup in town, I pride myself with a wide assortment of unusual antiques and gifts, "Tessitore said. "I also sell select furniture I have refinished myself including full upholstering, a task that's becoming a lost art." She continued, "I've always had the love and touch for old furniture and the need to connect with anything that's wooden—chairs, tables, bed stands, cabinets—anything that begs to be brought back in appeal and value."

Originally from Brazil, Rita Tessitore is very much at home with Valley life, living in Seymour with her husband and two children. Charlie's Treasures is located at 5 Bank Street, one block from Route 8 off the Bank Street exit. Phone: 475-313-2741.



Woodbridge Town News

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Woodbridge Rotary Club & Employees/Partners of Bailey, Moore, Glazer, Schaefer & Proto Provide Thanksgiving Assistance

Woodbridge Rotary Club members partnered with employees and partners of Bailey, Moore, Glazer, Schaefer & Proto to brighten the Thanksgiving holiday by providing pumpkin pies and Stop & Shop gift cards to 34 families residing in Bethany and Woodbridge

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Simply Dance Studio Opens in Woodbridge

Amanda Malizia moved her business, Simply Dance Studio, to Woodbridge because she was looking for a welcoming business community. She had moved her studio around a few times looking for a long-term home. A friend and client had recently opened a business in Woodbridge and spoke highly about the experience. Malizia reached out to her friend's realtor, Steve Miller of Levey Miller Maretz, and within a month she had signed a lease and relocated to Woodbridge. The studio is at 1768 Litchfield Turnpike behind the Levey Miller Maretz offices.

Malizia has been dancing for 28 years and has owned the studio for seven. She danced professionally and toured, but realized at age 23 that she was tired of traveling so she started a studio and began teaching. "I tried to navigate my way through the professional world and it was very difficult," she said. "My goal as an instructor is that I want people to be able to dance once a week as a hobby or, if you're trying to go professional, I can guide Hers is not a traditional dance studio – the students don't enter competitions and there's no tuition. Instead, classes are based on a drop-in fee which can be paid weekly or monthly. The drop-in policy also allows students to try different dance styles. In addition, there are master classes taught by New York-based professional dancers and trips to places like Broadway Dance Center.

Malizia has also started a small dance company, Eminence Movment, that gives advanced dancers a chance to experience the professional world. Eminence Movment has auditioned for America's Got Talent and has performed twice at RAW Artists, a national arts showcase.

Since many of her students do other sports, she tries to be flexible with their schedules. Instead of competitions, students do a winter showcase and another in May, giving students a chance to experience a traditional recital and professional show. The only students who need to be committed to the dance classes are those who plan to participate in the shows. The winter showcase is open to the public and will be in New Haven at ECA on December 14 at 5:30 pm. Tickets are \$15 at the door or online. For more information, visit www. simply-dance.net or call 203-435-7077.



Aileen DeFeo, Vice President, Brokerage Manager and Realtors of Coldwell Banker Woodbridge office presented a \$1,920 check to Mary Ellen LaRocca, Director of Human Services for the Woodbridge Town Food and Fuel Fund to assist Woodbridge residents in need of emergency food and fuel this winter season



PERSONAL FITNESS STUDIO

Located right off the Merritt Parkway 7 Landin Street (above Woodbridge Running Company) **PRIVATE PERSONAL TRAINING FACILITY. STOP EXERCISING IN A CROWDED GYM!** "If you don't see the degree don't pay the fee"

you through that process."

Malizia offers classes in tap and jazz, lyrical, aerial dance and tumbling, adult tap and jazz, musical theater, hip hop, ballet and audition training. She is looking for ballroom, pilates, and yoga instructors who'd like to run classes at the studio. Students range in age from toddler to adult.

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We are open Monday – Thursday, 10am to 8pm, and Friday and Saturday, 10am to 5pm.

Upcoming Holiday Hours: Tuesday, December 24, 10am to 2pm; Wednesday, December 25, CLOSED; Tuesday, December 31, 10am to 4:30pm; Wednesday, January 1, CLOSED; Monday, January 20, CLOSED

Adult Programs

For more information about our events, or to register, please contact the reference desk at 203-389-3434. Registration is also available on our website.

Suzuki School Holiday Concert

Wednesday, December 18 at 7 pm

Join the Suzuki Music School of Orange for a concert of holiday songs, carols, and classical pieces. Please register.

Understanding and Navigating Divorce and Child Centered Parenting Plans in Connecticut

Tuesday, January 7 at 7pm

Relationships, circumstances and children are unique, and the approach to an emotionally challenging life event like divorce or parenting plan modification should be well informed. Attorney Brendan Holt, whose practice is in Woodbridge, will discuss ways to approach divorce, such as mediation and "collaborative" divorce, which move beyond traditional lawyer-dominated negotiations. With the right information you can more than merely

WOODBRIDGE TOWN LIBRARY

"survive" the process; you can empower yourself to create a strong, sustainable and fulfilling life for your family and your children. Please register.

"Reconnecting with Earth" Course Information Session Wednesday, January 8 at 6:30pm

Participate in a community-led course called "Reconnecting with Earth" to learn about how our cultural beliefs and personal values affect the way we view and treat the Earth. We will discuss how our own well-being is inextricably linked to the well-being of our planet, as well as discover a deeper respect for the Earth and a renewed commitment to act. The course is co-hosted by the Town of Woodbridge's ad hoc Sustainability Task force, The Woodbridge Town Library, and Massaro Community Farm, and uses the Northwest Earth Institute's curriculum. For more information, please check our website, call the reference desk, or stop into the library.

Thursday Night

Film Screenings

Join us at 7pm in the meeting room; registration is not required.

December 19: Blinded By the Light, 114 minutes; PG-13

December 26: Where'd You Go, Bernadette, 104 minutes; PG-13

January's film screenings will be announced soon. For more information, please check our website, call the reference desk, or stop into the library.

Children's Activities & Events

For more information on our Chil-

dren's Events, please visit our website or call 203-389-3439.

littleBits Drop In Programs

Saturday, December 21 Saturday, January 25

Join us at one or both! Sessions start at 3 pm. Explore the world of circuitry with littleBits and see what you can build. No registration required. Best for ages 7 and up.

Jay Mankita's Playful Engineers Traveling Makerspace

Monday, December 30 at 2 pm

Design, build and test your own contraptions with Jay Mankita. The Playful Engineers is a traveling makerspace for ages 5 and older, with parents/caregivers. Please register online or at the Children's Desk.

Nonfiction Club (Grades 3-6)

Tuesday, January 7 at 5:30

Check out a nonfiction book about this month's theme (The Ice Age) and come ready to discuss what you learned! We'll enjoy a snack and make a craft too. This program is a collaboration between Beecher Road School and the Woodbridge Town Library. Please register online or at the Children's Desk.

Nutmeg Book Club (Grades 4-7)

Thursday, January 16 at 5:30

Read a 2020 Nutmeg nominee book and come ready for a discussion, snack, and activity. Pick up a copy of each month's book at the Children's Desk and come ready to discuss. Please register online or in person. January's book is Greetings from Witness Protection.

Eager Readers K-2 Book Group

No December meeting!

In January, we'll be reading Earmuffs for Everyone by Meghan McCarthy. Books are available to check out at the Children's Desk. ***Two sessions will be offered—choose the ONE that works best for you***

Session #1: Monday, January 6 at 4 pm

Session #2: Saturday, January 11 at 3 pm

Please register online or at the Children's Desk.

Save the Date: Take Your Child to the Library Day is Saturday, February 1!

CactusHead Puppets will return to the library, performing The Bremen Town Musicians at 2pm, followed by a rod puppet workshop for ages 4 and up. More details to come; stop by the library or visit our website.

Ongoing Childrens Programming Baby Rhyme Time (0-18 months)

Every Wednesday, 10:30-11 am Join us for songs and rhymes, fun for little ones. No registration.

Rhythm and Rhyme (18-36 months)

Every Thursday, 10:30-11 am Talking, singing and reading to build vocabulary and a love of books! No registration.

Saturday Preschool

Storycraft (3-5 years) Every Saturday, 11-11:30 am

Stories and crafts for ages 3 to 5 with an adult. No registration.

Here's What to Wear on New Year's Eve

The age-old question of "But what shall I wear?" takes on special significance on New Year's Eve. After all, it's the biggest party night of the year! And unless you're breaking open the midnight bubbly in your PJs from the comfort of your family room couch, you're probably looking to stand out.

As always, venue plays a role. Do you plan to boogie at a swanky club soiree, or nibble on hors d'oeuvres at a casual house gathering with old friends and a background playlist?

Stylist Alex Sweterlitsch has a few simple rules, not least of which is "try to be unique." For the ladies, a richly colored pantsuit or jumpsuit presents a nice change from the more typical sequined dress. She also advises that simple fabrics, such as velvet, should fit the body in a tailored manner, while keeping flashy ones such as gold lame loose. Fringe or feathers add a noticeable splash while dancing.

Not much of a glamour gal? Try pairing some snazzy earrings with a tuxedo blazer and skinny jeans. Chrome nail polish or a glittery highlighter applied to eyelids and lips serves as a great accent to any type of outfit, but beware of "wearing everything at once" -- you don't want your fellow partygoers to suspect you of competing with the Times Square ball! And what about your feet? Those rhinestone-studded sandals may look like the perfect accessory in a shoe store display, but will they leave you in grin-and-bear-it mode before the second dance? Gals in the know recommend popping a Midol shortly before slipping on your stilettos. With

> pumps or other closed-toe footwear, try taping your third and fourth toes together, or even inserting a maxi pad in the bottom of your shoe.

And you boys! We haven't forgotten you. You don't need to splurge on a tux to make a statement, but a crisp white shirt pairs nicely with anything from a velvet blazer (don't forget the fancy tie and stylish cuff links) to cashmere sweater. Just to be clear, a "black tie" invitation means bow tie, while a good pair of dark jeans accompanied by a cardigan in a seasonal shade, or rock-star leather jacket over a message T-shirt, make a great choice for less formal affairs. When it comes to your footwear, consider some dapper leather boots, or polish those comfortable Oxfords till they shine like a new penny.

One thing you probably won't be giving too much thought to this special night is, ahem, your underwear ... but according to an old New Year's legend, you really should! The color, that is. Are you hoping for wealth in the new year? Go for yellow. Romance? Red. How about peace, harmony and happiness? White! Life and wellness? Don green or blue.

Happy New Year, Gorgeous!

"Massaro" From Page 23

Finally, bring the whole family to the farm for Goat Hiking. Starting in January, we invite all ages to join us for a monthly hike around the farm and the nature trail with the goats. Goats at Massaro Community Farm are grazing in areas that are typically hard to maintain, clearing fence lines and controlling invasive species. We'll walk the nature trail with Poppy, Liz, Jen and Pat and discuss a variety of topics related to wildlife and farming. Suggested donation of \$10/family. Visit our website for dates and to RSVP.

All educational farm activities are led by trained environmental educator Corey Thomas. Individuals and families are also invited to participate in animal care for rabbits, chickens and goats at the farm.

2020 Vegetable Subscriptions

Registration is now open for the farm's 2020 vegetable subscription program, or CSA. A CSA allows you to get your produce directly from your local farm, which:

- supports the preservation of open space in your community;
- adds jobs to the local economy;
- reduces your carbon footprint, reducing the miles your food travels to your plate;

- encourages seasonal eating, where food is eaten at the peak of freshness, increasing its nutritional value; and
- supports our efforts to ensure healthy produce reaches our food insecure neighbors.

Massaro Community Farm offers a 20-week or a 10-week flexible share, along with an option to receive fruit from High Hill Orchard in Meriden. Pick up your weekly share of produce (generally enough for a family of four) at the farm, or at select drop-off locations in New Haven. Your early registration enables better planning and allows the farmer to handle administration before the season gets in full swing. Subscribe now for our 2020 seasonal vegetable subscription by downloading a form from our website or by subscribing online. Generally, the harvest season is from June through October each year, when you can enjoy 40 or more different vegetable crops.

Massaro Community Farm is a nonprofit, certified-organic farm on the border of Woodbridge and Ansonia, CT. It is committed to supporting the legacy of farming, feeding neighbors in need, and engaging community through events and hands-on education for all ages. More information can be found by calling the farm office at (203) 736-8618 or visiting the farm's website at www.MassaroFarm.org.

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Woodbridge Town News

DEATH NOTICES

The Woodbridge Town News will publish Death Notices for Woodbridge and Bethany families free of charge as a service to our readers. Family members please email notice (limit 250 words, please) to: edit@woodbridgetownnews.com

TOWN OF WOODBRIDGE - LEGAL NOTICE **NOTICE OF DEMOCRATIC CAUCUS**

To enrolled members of the Democratic Party of the Town of Woodbridge, Connecticut:

Pursuant to the Rules of the Democratic Party and State election laws, you are hereby notified that a caucus will be held Tuesday, January 7, 2020, at 7:30 p.m., in the Senior Center lounge in The Center Building – 4 Meetinghouse Lane, Woodbridge, Connecticut to select members of the Woodbridge Democratic Town Committee and to transact other business as may be proper to come before said caucus.

Dated at Woodbridge, Connecticut, on the 6th day of December 2019.

Democratic Town Committee of Woodbridge, Laurence Grotheer, Chairman.

Apartments For Rent

Woodbridge:

Thank you ! We're accepting names for our waiting list. Applicants must be 62 or older or disabled. One Bdrm-\$1063/mo; Two Bdrm-\$1112/mo incl utilities. On-site laundry, patios with garden area, off-street parking, handicapped accessible. CHFA Financed. EHO. Gibson Assoc., Inc. 175 East Mitchell Ave, Cheshire, CT 06410. Ph: 203-272-3781. TDD 1-800-545-1833 Ext 165

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1. Frozen II (PG) animated 2. Ford v Ferrari (PG-13) Matt Damon, Christian Bale 3. A Beautiful Day in the Neighborhood (PG) Tom Hanks, Matthew Rhys 4. 21 Bridges (R) Chadwick Boseman, Sienna Miller 5. Midway (PG-13) Ed Skrein, Patrick Wilson 6. Playing With Fire (PG) John Cena, Keegan-Michael Key 7. The Good Liar (R) Helen Mirren, Ian McKellen 8. Charlie's Angels (PG-13) Kristen Stewart, Naomi Scott 9. Last Christmas (PG-13) Emilia Clarke, Henry Golding 10. Joker (R) Joaquin Phoenix, Robert De Niro



 Good Boys (R) Jacob Tremblay
 Fast & Furious Presents: Hobbs & Shaw (PG-13) Dwayne Johnson

3. The Peanut Butter Falcon (PG-13) Shia LaBeouf

> 4. The Angry Birds 2 (PG) animated

5. 47 Meters Down: Uncaged (PG-13) Sophie Nelisse

> 6. The Kitchen (R) Melissa McCarthy

7. The Lion King (PG) animated
8. The Art of Racing in the Rain (PG) Milo Ventimiglia
9. Scary Stories to Tell in

> **the Dark (PG-13)** Zoe Margaret Colletti

10. Toy Story 4 (PG) animated





Cate Blanchett in "Where'd You Go, Bernadette?" [Ascot Elite Entertainments]

PICKS OF THE WEEK "Angel Has Fallen" (PG-13) -- Following a drone attack on President

raphobic who once was a celebrated architect, full of life and big ideas. Now she spends her time feuding with a pretentious neighbor (Kristen Wiig), abhorring the unimaginative busybodies at daughter Bee's (Emma Nelson) school and planning a family trip to Antarctica with a dubious online personal assistant. But then Bernadette disappears, launching her own voyage of discovery to reclaiming her former creative urges. It's left to Bee to find out where she went and why. Directed by Richard Linklater.

"Don't Let Go" (R) -- David Oyelowo stars as L.A. cop Jack Radcliffe, who discovers the slaughtered bodies of his niece Ashley (Storm Reid) and her parents. But then four days later, he gets a phone call. From Ashley. From the past. Using this crack in the timespace continuum (paging Dr. Emmett Brown, anyone?), the pair must work together to keep the girl's murder from occurring in the first place. Although Oyelowo gives a wonderful

- What was the name of the group formed by Agnetha Faltskog, Bjorn Ulvaeus, Benny Andersson and Anni-Frid Lyngstad?
- 2. Who was Murray the K?
- 3. How many Grammys has "The Boss" won?
- 4. Why is the date Feb. 3, 1959 significant?
- 5. Name the song that contains this lyric: "There is someone who really needs you, here's my heart in my hand."

I. The Swedish group ABAA, using the first letter of their four first names. They first gained international notice after winning the 1974 Eurovision Song Contest in the UK. The 1999 musical "Mamma Mial" was created around their songs. as Radio DJ Murray Kaufman. He considered himself the fifth Beatle, saying George Harrison gave him that title. 3. So far Bruce Springsteen has won 20 Grammys, plus an Academy Award and two Golden Globes. A the day the music died, when Ritchie Valens, Buddy Holly and Jiles Perry "Lip" Richardson (The Big Bopper) died in a plane crash. Don McLean repeatedly refers to it in his 1971 song "American Pile." S. Turn Around, Look at Me," by Glen Campbell, in 1961. This was followed by a 1962 Lettermen cover. But it was the Vogues in 1968 who had the most popular version.

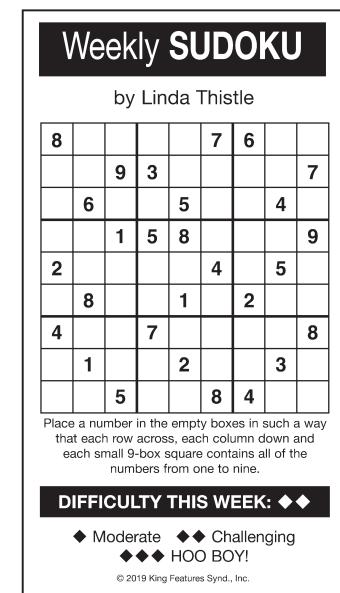
Sports Quiz

By Chris Richcreek

- 1. Who was the last pitcher before Cincinnati's Michael Lorenzen in 2018 to homer in three consecutive at-bats?
- 2. In 2018, Kyle Higashioka of the New York Yankees became the ninth major-league player since 1920 to have his first three hits be home runs. Who was the only other Yankee to do it?
- 3. Who is the only kicker to be named the NFL's regular-season MVP?
- 4. Name the first Division I men's basketball player to lead the nation in points and assists per game in the same season.
- 5. Entering the 2019-20 season, where did former NHL goaltender Robert Luongo rank on the all-time victory list?
- 6. In 2019, Dalilah Muhammad set the women's world mark for the 400-meter hurdles (52.20 seconds, then 52.16 seconds later in the year). How long had the previous record lasted?
- 7. When was the last time a Canadian male golfer won the Canadian Open?

1. Colorado's Mike Hampton, in 2001. 2. Alfonso Soriano (1999-2000). 3. Washington's Mark Moseley, in 1982. 4. Oklahoma's Trae Young, in the 2017-18 season. 5. Third, with 489 victories. 6. Nearly 16 years – Russia's Yuliya Pechonkina set the mark of 52.34 seconds in 2003. 7, 11 was 1954 (Pat Fletcher).

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Trumbull (Morgan Freeman), Agent Mike Banning (Gerard Butler) -- code name "Angel" -- is the lone remaining survivor, save the president. And while POTUS lingers unconscious in a hospital bed, Banning makes a perfect patsy for the attack. Malicious forces are afoot, but Banning is never down for long. He escapes to enlist some off-thegrid help to take back his good name and, of course, protect the president. It's nothing you haven't seen before and all that you expect out of the third installment of this action flick series. I will, however, give double high fives for Nick Nolte's crazy supporting performance.

"Where'd You Go, Bernadette?" (PG-13) -- The eponymous Bernadette (Cate Blanchett) is a functional agoperformance, it's just too much to keep up with, and I personally let go about halfway through the film.

"Official Secrets" (R) -- In a riveting political drama ripped from the history books, Keira Knightley leads the cast as Katharine Gun, a British intelligence officer who comes by a piece of information so shocking, she is unable to keep it secret: The U.S. is attempting to gather information on Security Council members that would sway their vote to authorize a war against Iraq. Director Gavin Hood serves up a story that is tightly wound, with a courageous hero who unceremoniously does the right thing at considerable cost to herself and her family. Matthew Goode, Matt Smith and Ralph Fiennes also star.

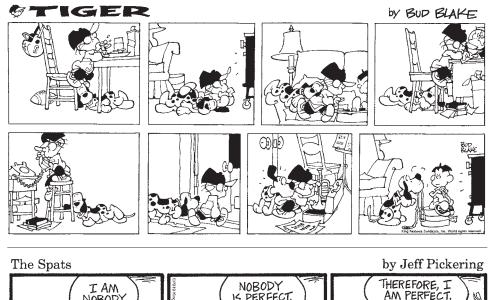


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IOLLYWOOD

By Tony Rizzo Shockwaves went through the soap opera world when Ken Corday, producer of "Days of Our Lives," announced that the show's entire cast had been FIRED!! The once popular NBC soap premiered Nov. 8, 1965, and I began covering it, first for Soap Opera Digest and then for Soap Set, which I edited in 1967. The longest running regular cast members were Deidre Hall, as Marlena Evans since 1976; Susan Seaforth (Hayes), as Julie Williams since 1978; and Bill Hayes (Susan's husband), who joined the cast as Doug Williams in 1970 and has recurred to the present day despite turning 94.

Allegedly, NBC/Universal have wanted to cancel the soap since they took over. "Days of Our Lives" has enough new shows to air until the end of the summer of 2020, and a decision will be made by then to renew or cancel the show. The problem for "Days" is that it's much cheaper to produce a talk show, like Kelly Clarkson's, so all the soap actors have been released from their contracts because their salary escalations over the years have made it costly to produce. In order to afford to bring it back, actors would have to earn a much lower salary. Unless longtime "Days" fans show dissatisfaction in big numbers, it's unlikely the soap will be renewed next summer.

"La La Land" Oscar-winner Damien Chazelle has cast his Oscar-winning star, Emma Stone, opposite Brad Pitt in "Babylon." Chazelle wrote and directs the film about when movie-making went from silent films to "talkies." Paramount Pictures outbid Netflix for the film. Stone has completed Disney's "Cruella" for a May 2021 opening.

444

Rin Tin Tin, the dog who saved Hol-



Deidre Hall [Mitchell Haaseth/NBC]

lywood (appearing in 27 films, which saved Warner Brothers from bankruptcy several times), will be making his 28th film. However, the original Rin Tin Tin died in 1932.

"Theory of Everything" co-stars Eddie Redmayne and Felicity Jones are reteaming in "The Aeronauts." Set in 1862, he's a meteorologist and she's a balloon pilot fighting to survive while making discoveries in a gas balloon (coming Dec. 5). Redmayne is currently filming Aaron Sorkin's "The Trial of The Chicago Seven," with Sasha Baron Cohen, Joseph Gordon-Levitt, Frank Langella and Mark Rylance.

Patrick Schwarzenegger, whose last film, "Midnight Sun," was a financial hit, has four films backed up: the horror thriller "Daniel Isn't Real," with Mary Stuart Masterson (due Dec. 6); the sci-fi film "Warning," with Alex Pettyfer; "Echo Boomers," with Michael Shannon, Alex Pettyfer and Leslie Ann Warren; and director Amy Poehler's Netflix film, "Moxie," with Marcia Gay Harden and Clark Gregg. All of Patrick's films plus dad Arnold back in "Terminator: Dark Fate" make them theater hogs!

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King Crossword Answers on Page 36



"You can tell a lot about a person by the way they handle three things: a rainy day, lost luggage and tangled Christmas tree lights." — MAYA ANGELOU

STAN SMITH'S TENNIS CLASS

-

- Weekly SUDOKU ____

— King Crossword —



ACKHAND POWER unleash your power on the

To unleash your power on the backhand, turn your upper body as you prepare to hit. Shift your weight forward as you swing, driving through the ball without any hesitation in your stroke.

As you uncoil your upper body, your weight will transfer to your front foot. As you do that, bend your front knee and keep your center of gravity down low while you swing through the ball.

Answer

8	5	4	2	9	7	6	1	3
1	2	9	3	4	6	5	8	7
3	6	7	8	5	1	9	4	2
7	4	1	5	8	2	3	6	9
2	9	3	6	7	4	8	5	1
5	8	6	9	1	3	2	7	4
4	3	2	7	6	5	1	9	8
6	1	8	4	2	9	7	3	5
9	7	5	1	3	8	4	2	6

Answers

Solution time: 25 mins.

В	Α	R	В		Ρ	E	S	Т		0	W	Ν
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F	Е	А	R		Т	R	Υ		Μ	S	R	Ρ
		R	0	В	Ι	Ν		G	0			
С	Н	Ι	Ν	А			J	Τ	Ν	G	L	Е
R	U	Ν		S	Ε	Μ	0	L	Ι	Ν	А	S
А	L	А		Κ	Ν	0	В		С	U	S	Ρ
В	U	S		S	E	W	S		Α	S	Н	Υ

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Play Better Golf with JACK NICKLAUS







The Connecticut Swimming Awards Banquet took place November 3, 2019. Members of the Woodbridge Aquatic Club were invited to this event to honor their achievements in the 2018–2019 swim season. These athletes placed in the top sixteen of each individual event for their respective age group in Connecticut.

Pictured are:

Top row from left to right: Arsenio Bustos, William Zhu, Jack Crocamo, Edward Platonov

Second row from top, from left to right: Caroline Krawec, Mia Zajac, Emma Grabowski

Third row from top, from left to right: Jacqueline Pereira, Olivia Velleco, Emma Savoie

Amity Powderpuff Win Against North Haven

On November 25th, Amity won its first powderpuff game against North Haven in 8 years! To start off the game on the offensive side, quarterback Marissa Dwyer #35 tossed a right pass to running-back Madison Jennes

#12 taking the ball along the outside giving Amity the lead in the first 10 minutes. North Haven scored a touchdown in the middle of the first half giving them 8 points in the first, to tie the

game. Towards the end of the first half, Dwyer throws another pass this time to the left side for running-back Alex Plaza #6, who makes her way down the outside giving Amity a 16-8 lead. At half time, Amity keeps that 16-8 lead, anticipated more than ever for that win! Starting off the second half, North Haven is hungry for the spotlight. They score a second touchdown of the game, missing their kick, giving them 14 points in the second. In the middle of the second half, Dwyer hands off a dive pass down the middle of the



offensive line for Jennes. Not seeing a kb open gap, #12 runs the ball to the outside, getting around the defense and scoring her second touchdown of the game. Not being able to keep up with Amity, North Haven uses their

> time outs to stop the clock and give them time to figure out a game plan. Eventually, the time hits 1:00 and Amity feels the heat. With 10 seconds remaining Amity

takes its time to finish off the game, with a 24-14 win against North Haven. "Nobody deserves this win more than Coach Bourdeau, he's a role model and puts all of his time into making flag football the best possible experience for our seniors" - Madison Jennes. Also, a huge thanks to the 4 other coaches (Kellogg, Twohill, Stokmal, and Wilson) and the managers who devoted so much time into the team. Some star players today on defense for Amity included: Payton Papa #30, Caitlin Carlson #16, Emily Brown #00, Ana Carney #92, and Macy Lyons #28.

Get Your Holiday Look On!

> New Haven Guilford Old Saybrook

fourth from top, from left to right: Alex Weisenbacher, Anthony Tomasko, Katrine O'Leary, Sophia Velleco, Katherine O'Connor

Front Row: Jacob Richards, Katherine Atwood, Amanda Myott, Henry Kogan

Coach pictured: Debbie Dryuff Also achieving the honor but unable to attend: Sierra Cripps, Jakob Czachor, Paul Homorodean, Kelti Johnson, Thomas Minar, Mark Platonov, Ethan Woolbert, Matthew Woolbert, Kevin Yanigasawa.









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ARIES (March 21 to April 19) That change in holiday travel plans might be more vexing than you'd expected. But try to take it in stride. Also, it couldn't hurt to use that Aries charm to coax out some helpful cooperation.

TAURUS (April 20 to May 20) Your Bovine determination helps you deal with an unforeseen complication. And, as usual, you prove that when it comes to a challenge, you have what it takes to take it on.

GEMINI (May 21 to June 20) Although a romantic theme dominates much of the week, all those warm and fuzzy feelings don't interfere with the more pragmatic matters you need to take care of.

CANCER (June 21 to July 22) Best not to ignore those doubts about an upcoming decision. Instead, recheck the facts you were given to make sure nothing important was left out. A weekend surprise awaits you.

LEO (July 23 to August 22) No time for a catnap -- yet. You might still have to straighten out one or two factors so that you can finally assure yourself of the truth about a troubling workplace situation. Stay with it.

VIRGO (August 23 September 22) News from an old friend could lead to an unexpected (but nonetheless welcome) reunion with someone who had once been very special in your life. Be open to the possibilities.

LIBRA (September 23 to October 22) It might be time for a family council. The sooner those problems are resolved, the sooner you can move ahead with your holiday preparations. Don't let the opportunity pass you by.

SCORPIO (October 23 to November 21) Take some time out to give more attention to a personal relationship that seems to be suffering from a sense of emotional neglect. Provide that much-needed reassurance.

SAGITTARIUS (November 22 to December 21) Cheer up. That unusual circumstance that might faze most people can be handled pretty well by the savvy Sagittarian. Look at it as an opportunity rather than an obstacle.

CAPRICORN (December 22 to January **19)** Someone you believe has hurt you in the past might now need your help. Reaching out could be difficult. But the generous Goat will be able to do the right thing, as always.

AQUARIUS (January 20 to February 18) Prioritizing is an important part of your pre-holiday scheduling. Try to give time both to your workday responsibilities and those personal matters you might have neglected.

PISCES (February 19 to March 20) With the vestiges of your anger about that painful incident fading, you can now focus all your energy on the more positive aspects of your life, including that personal situation.

BORN THIS WEEK: You have a way of bringing your own strong sense of reassurance to others and encouraging them to hope.

Gifts for Pets Should be Useful and Safe

DEAR PAW'S CORNER: I'm invited to a Yankee swap party with friends I met at the dog park over the past

year. The theme is not presents for humans, but for our dogs. I don't want to get a gift that every-



each bring a gift, then draw numbers to take turns picking a gift from somebody else -- or opt to swap their gift for

another gift. Things can get a bit wild, I know, but that's how we party in the Northeast. The gifts



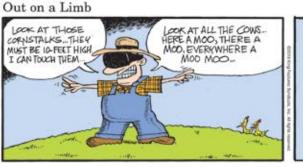
LAFF - A - DAY



"I'd like to register a formal complaint."

by Mike Marland





by Gary Kopervas





Never Flush Items*

- 1. Dental floss
- 2. Paper towels
- 3. Sanitary, baby wipes
- 4. Q-tips/cotton balls
- 5. Cigarette butts
- 6. Fats, oils, grease
- 7. Feminine hygiene
- products
- 8. Kitty litter
- 9. Adhesive bandages
- 10. Medications
- * Septic and sewer systems



one else is buying, so what are the most popular pet items right now? That way I can hopefully avoid a duplicate gift. -- Cheri in Somerville, Massachusetts

DEAR CHERI: If the item really is popular, I bet people won't mind duplicate gifts -- dog booties come to mind as items that wear out quickly in the winter and are expensive to replace.

For those not in the know, a Yankee swap (known as a Santa swap in other parts of the country) is a group gift-giving event where participants

by Sam Mazzotta

are usually inexpensive -- less than \$50. Concentrate on buying a practical gift that will make a dog more comfortable or happy. A box of treats, a raincoat or sweater, spare

booties, a collar and leash, a chew toy or feeding bowl, or a stylish item like a bandanna or a bow tie. If your dog likes or needs something, then your friends' dogs are almost certain to like or need the same thing.

And, since people rarely end up with exactly what they want at a Yankee swap, save a few dollars to buy something you think your dog will really like after the party.

SEND YOUR QUESTIONS OR COMMENTS TO ASK@PAWSCORNER.COM.

Source: Harts Services

Differences: 1. Boy's pants are black. 2. Ball near boy's foot is missing. 3. Mom's hat is gone. 4. Drapes are wider.

Christmas rose

This plant blooms in early winter in mild climates, and late winter or early spring where the soil freezes hard. Native to Europe and western Asia, this plant loves shade or dappled sun and moist soil. It ranges in many colors from white and cream to pink, rose, burgundy and light green. Amend the soil with plenty of organic matter, such as aged leaf mold and compost.

– Brenda Weaver

Source: www.hgtv.com, www.whiteflowerfarm.com

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