

Woodbridge Town News



Woodbridge's Exclusive Newspaper

Mailed Free to Every Home in Woodbridge

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FRIDAY, FEBRUARY 6, 2015



BLIZZARD SPARES AREA, BUT CREWS STILL HARD AT WORK

By Bettina Thiel – Woodbridge Town News Correspondent

The January blizzard may have packed less of a punch than widely expected, but for the town's road crew, the driving winds presented a challenge all the same. "At the onset snow was continuous, but not heavily accumulating," Public Works Director Warren Connors said, "but around 2 a.m. [Tuesday, January 27] it intensified." Visibility was restricted and the snow was so intense that crews encountered near white-out conditions, he said. The tough part was that the driving wind would quickly cover freshly plowed areas.

To stay on top of it, the town's road crews decided to continue plowing through the night and not take the four-hour break they are entitled to.

"They knew that we would not recover," after leaving nature to itself at the height of the storm, Connors said.

Woodbridge got about 10 inches of snow, compared to the 38 inches dumped during the blizzard of 2013. Even so, this weather event still qualified as a blizzard, as it is not the quantity of snow that accumulates, but the intensity of snow over a certain duration, Connors said. Luckily no downed trees or power lines caused power outages, and thanks to a state-wide travel ban, no traffic accidents occurred. The emergency shelter was open at the Woodbridge senior center,

See "Blizzard" continued on Page 6



TOLL BROTHERS IS BACK – SUBMITTING 170 UNIT PROPOSAL

By Bettina Thiel – Woodbridge Town News Correspondent

Toll Brothers, the developer whose proposal to develop a 17-acre parcel of the Country Club of Woodbridge was soundly defeated two years ago in a referendum, has returned to submit another, much bigger proposal. This bigger development would also generate a lot more money, 6.5 million dollars for the purchase of 70 acres; it could also generate up to \$2 million in tax revenue.

That was one reason for the ad hoc committee, which reviewed the proposals, to recommend the Toll Bros proposal to the selectmen. The committee felt the 6.5 million would pay down the debt the town took on, restore money to the fund balance, build a new clubhouse and tear down the old one, yet retain approximately half of the property as open space.

Three Toll Brothers representatives made a public presentation at a special meeting of the Board of Selectmen

on January 20, after a second, much smaller proposal, submitted by the Jonathan Rose Co., had been withdrawn. The proposal is for 96 age-restricted attached townhomes and 74 age-restricted detached homes, laid out on 70 acres. In the center a clubhouse and pool would be built just for residents of the development. The town could decide whether or not it wants to retain a nine-hole golf course or provide for walking trails instead.

The plan honors the commitment to open space, maximizes the town's return and provides housing for older residents, said one of the company representatives at the presentation. He said the attached "carriage" homes would come in smaller or larger units, with larger units ranging in price from the lower \$400,000 to the low

See "Toll Bros." continued on Page 24

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Pat Cardozo \$419,000



1086 Johnson Road, Woodbridge
Chris Lovejoy \$439,000



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Dalia Coleman \$449,900



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Patty Bray \$450,000



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*Per CTMLS unit sales, LTM thru 12/31/14



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Judy Cooper \$224,500



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Judy Cooper \$229,500



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Pat Cardozo \$360,000



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Myra Zelson \$424,999



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Adult Programs

Please register for adult programs online, by phone at 203-389-3433, or by stopping by the Circulation Desk.

Adult Winter Reading Program

January 5th – February 27th

Read and review books to qualify for our weekly prize drawings and join us for hot cocoa and tea Thursday evenings. Visit our website www.woodbridge.lioninc.org to see the rules and register or stop by the Circulation Desk.

A Celebration of Chocolate with Robin Glowa

Tuesday, February 10 @ 7pm

Chocolate, loved by many for its delicious and decadent flavor, is a culinary ingredient with significant health benefits. This presentation will explore a bit of the history of chocolate and how to incorporate this marvelous ingredient into healthy recipes that will delight you and your Valentine. Registration Required. This program is for adults 16 and older. Registration Required.

Getting Your Work Published with Patrick Scalisi

Tuesday, February 17th @ 7pm

Navigating the world of publishing can be a tricky business. Perhaps you've finished your latest poem or short story and don't know what to do with it. Or maybe you're thinking about writing a novel but can't imagine how to get it published. In this workshop, we'll take a broad view of publishing and look at each step of the process, from getting your work ready for submission to finding markets to dealing with rejection. Please register.

The Power Within - Positive Energy Workshop

Tuesday, February 24 @ 6:30pm

Join Cynthia Streit Mazzaferro, registered Physical Therapist, Master Reiki Practitioner, and motivational speaker, for this educational and interactive presentation. You will learn how to release and use the "power within", the effects of negativity vs. positivity, and how to affect your energy flow pattern. You will learn how to understand how your thoughts can affect you personally and how to create a healthy and harmonious you! Registration Required.

Mysteries of the Golden Age with Dr. Mark Schenker

Wednesday, March 4 @ 7pm

Join Dr. Mark Schenker, Senior Associate Dean in Yale College, for the first of a two-part series in which we

will contrast classic British mystery novels of the so-called Golden Age with American mystery novels of the same time period. The Nine Tailors by Dorothy Sayers and Death in a White Tie by Ngaio Marsh will be discussed in March and The Maltese Falcon by Dashiell Hammett and The Big Sleep by Raymond Chandler will be discussed on April 8th. Copies of all titles will be available for check out at the Circulation Desk. Registration Required.

Kerry Boys Live in concert

Tuesday, March 10 @ 7pm

Just in time for St. Patrick's Day! Join us for the musical Irish spirit of The Kerry Boys! Their humorous, high-energy show will have you clapping and singing along in no time, engaging you from start to finish with their pristine harmonies and wide collection of traditional and original songs. Come and get your Irish on! Registration Required.

Film Screenings

No registration is required for film screenings. Seating is first come, first serve.

The Judge

Thursday, February 5 @ 7PM

Rated R 141 minutes

In "The Judge," Robert Downey Jr. stars as big city lawyer Hank Palmer, who returns to his childhood home where his estranged father, the town's judge (Robert Duvall), is suspected of murder. He sets out to discover the truth and along the way reconnects with the family he walked away from years before.

Boyhood

Thursday, February 12 @ 7pm

Rated R 164 minutes

Filmed over 12 years with the same cast, Richard Linklater's BOYHOOD is a groundbreaking story of growing up as seen through the eyes of a child named Mason (Ellar Coltrane), who literally grows up on screen before our eyes. Starring Ethan Hawke and Patricia Arquette as Mason's parents.

Birdman

Thursday, February 19 @ 7pm

Rated R 119 minutes

A washed up actor, who once played an iconic superhero, battles his ego and attempts to recover his family, his career and himself in the days leading up to the opening of a Broadway play.

The Theory of Everything

Thursday, February 26 @ 7pm

Rated PG-13 123 minutes

This is the extraordinary story of the renowned astrophysicist Stephen

Hawking, who falls deeply in love with fellow Cambridge student Jane Wilde. Once a healthy, active young man, Hawking received an earth-shattering diagnosis at 21 years of age. With Jane fighting tirelessly by his side, Stephen embarks on his most ambitious scientific work, studying the very thing he now has precious little of - time.

Children's and Teen Programs

Please register for children's program online at www.woodbridge.lioninc.org.

Take Your Child to the Library Day

Saturday, February 7

Come and celebrate the 4th annual Take Your Child to the Library Day and help raise awareness about the importance of the library in the life of a child. Join us for these activities throughout the day:

- 11:00am Stories and Crafts (ages 3-5)
- 2:00pm Diary of a Wimpy Kid Party (online registration required) for grades 3 and up
- 3:30-4:30pm Chess Matches – bring a partner
- 1:00-4:00pm Make-it and Take-It Crafts (ages 5 and older)

Tens to Teens Art Session

Wednesday, February 11th @ 6:00pm (grades 4 to 12)

Join us to make a yummy bouquet of sweetness for your sweetie. You will also design your own vase to bundle your treats. Space is limited. Please register online!

Brick by Brick Lego Program

Saturday, February 14 @ 2pm grade 1 and up

What can you make with Lego Blocks? Get creative at this special hands-on workshop.

Limited space. Please register online.

Drop-in Brick by Brick Lego Program

Mondays, February 23 – March 30 @ 4pm ages 5 and up

What can you make with Lego Blocks? Mix fun and learning to create your own Lego creations.

No registration required. This is a drop-in program.

Teen Book Chat and Chocolate

Saturday, February 28th @ 2pm for high school students

Teens join us to indulge in chocolate and share in the conversation about books you have been reading

this winter.

SAT/ACT Combo Practice Test with KAPLAN

Saturday, March 14 @ 11am

Representatives from KAPLAN will administer a free, proctored combination SAT and ACT practice test. All participants will receive a comprehensive analysis of their performance on the test, detailing individual strengths and weaknesses and which test they performed better on. Gain invaluable experience at this practice session! Space is limited and registration is required. Please register online at www.woodbridge.lioninc.org or call 203-389-3433.

February Art Exhibit - The Walking Woman loaned by the Amity Art Foundation

Come to the Woodbridge Public Library during the month of February and take a whimsical walk with walking women from around the world as represented by paintings and drawings from all parts of the United States, Canada, Japan, Germany, England, Ireland and Croatia.

The image of a walking woman has been a not unpopular art image throughout the history of art and is a still a popular subject for artists as represented by the twenty-first century art in this exhibition. Most of the art was created in 2014 and 2015 and was acquired by the Foundation primarily from the Daily Paintworks website which represents hundreds of artists from around the world.

A very special portion of the exhibit was created by fifteen artists from the Creative Workshop "Brod" in Slavonski Brod, Croatia. The Foundation was introduced to the Workshop by a member who participates in Daily Paintworks. It has been a fruitful joint venture.

The women in these images are briskly walking, merely standing as they move through life, skating, swinging on a swing, running the Boston marathon, or sitting and resting. As one artist commented to me, "The woman has to do something when she finishes her walk."

We hope you will enjoy these images and the talent of the artists that created them and perhaps take notice of the art created by a real live walking woman.

"True love stories never have endings." –Richard Bach



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To submit news articles/local events contact 203-553-9062
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or Email your letter to: letters@woodbridgetownnews.com

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Email us at: bulletinboard@woodbridgetownnews.com

All articles, photographs and letters must include your name, address and daytime telephone number for confirmation. The Woodbridge Town News reserves the right to reject any advertisement, article, photograph or letter. Letters to the editor must be unique to the Woodbridge Town News.

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 - Ted's Cleaners** 210 Amity Road
 - Thai House Restaurant** 16 Selden Street
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 - Today's Clothing** 22 Selden Street
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 - Woodbridge Tae Kwon Do** 152 Amity Road
 - Woodbridge Town Hall** 11 Meetinghouse Lane
 - Woodbridge Town Library** 10 Newton Road

If you would like to have additional copies of the **Woodbridge Town News** available at your organization or business, please call 203-553-9062.



Below are the next three Woodbridge Town News issue dates and deadlines.
Thank you for your submissions to Your Home Town Newspaper.

<u>Upcoming Issue Deadline</u>	<u>Upcoming Issue Dates</u>
February 21st	February 27th
March 26th	<i>Easter/Passover Issue</i> April 1st
April 24th	<i>Mother's Day Issue</i> May 1st

Note: Copy due by 4:00p.m. Thank you.

FROM OUR READERS

Thank You Woodbridge Residents

To the Editor,
Boy Scout Troop 41 picked up and recycled approximately 40 trees this year. The trees are mulched and ultimately re-used in landscaping. Additionally, the \$800 in donations will specifically be used to support camperships and our community service projects such as building an outdoor chapel, community garden, clearing a segment of our town's Blue Trail. Leave No Trace behind!

Allan DeYoung

Holiday Baskets

Thanks to the generosity and support from the community, the holidays were made brighter for Woodbridge seniors and families who received food baskets and gifts. The Staff of the Human Services Department sincerely thanks the Woodbridge Rotary Club for hosting a holiday party for the seniors at the Woodbridge Senior Center.

We also sincerely thank the students and faculty of the Alternative High School, the Beecher Road School Social

Action Committee, Woodbridge Library employees, Woodbridge Child Day Care Center, Amity Teen Center, Amity High School #5, PTSO, employees of Woodbridge Town Hall, Cub Scouts Pack 902, Christ Episcopal Church, Daisy Troop Girl Scouts, One of a Kind Foundation, Amity High School SADD Group, Bailey, Moore, Glazer, Schaefer & Proto, LLP, and patrons of Woodbridge Town Library for their generous contributions of holiday food baskets. We thank the Children's House of Montessori for hats, mittens and scarves items. Thanks also to Progressions Salon for sponsoring a sock drive and the Boy Scout Troop 63 for bountiful donations of non-perishable food for the holiday food baskets and emergency food closet.

In addition, we would like to thank the many residents who donated toys in the collection box at the Woodbridge Library for TEAM, Inc. Also, to the many individuals who donated, we are grateful. On behalf of the Staff and Members of the Human Services Commission, we wish everyone a very, Happy and Joyous New Year.

Sincerely,

Mary Ellen LaRocca
Director of Human Services



WTN Letters Policy

Submit your letters for our **"From Our Readers"** section to:
Woodbridge Town News, P.O. Box 1126, Orange, CT 06477
or email: letters@woodbridgetownnews.com.

Please limit letters to 500 words and include a daytime phone number in case we have any questions. *Letters must be exclusive to the Woodbridge Town News for publication.* We reserve the right to reject any letter.

"Blizzard" continued from Page 1

and one resident made use of it for the night.

All in all it was a day to curl up in front of the fire, at least for the general public. For the public works crews, however, the timing of the storm meant two normal working days connected by 16 hours of plowing.

The new garage proved "a blessing," Connors said. Its heated bays allow crews to get the chains on inside, rather than in the below-freezing temperature, and bring the trucks into a heated environment should they need maintenance. Another blessing was the directive from Hartford for motorists to stay off the roads until 2 p.m.

Tuesday. "It was super for anyone's ability to clean the road," Connors said. Before Connors went home Tuesday afternoon, he could recommend to the superintendent of schools that roads were passable for buses on Wednesday morning. "It could have been worse," Connors said, while he was checking radar images for the next weather event Thursday night.

In the meantime, empty moving boxes were dropped off in Connors' office in the Town Hall basement. Both he and office manager Cyndi Pecca and clerk Annette Carofano will be moving into offices on the top floor of the new garage this month, weather permitting, that is. "It's going to be interesting," Connors said.

FROM THE FIRST SELECTMAN'S DESK

By Ellen Scalettar



I would like to take this opportunity to thank our Volunteer Fire Department and our Public Works, Police and Human Services Departments for their exemplary response to last week's winter storms. Our Public Works crew stayed on the job for 30 hours straight and plowed through very frustrating conditions in which they often saw their work undone by the blowing snow. Human Services, Fire and Police personnel were ready to deal with whatever emergency came their way. The preparation and coordination of our team was impressive, indeed.

Our budget process is moving along, with Departments presenting their budget requests to joint meetings of the Boards of Finance and Selectmen. Once the presentations are concluded, the Board of Selectmen will send its recommended budget to the Board of Finance, which will draft the preliminary budget to be presented at the budget hearing on April 27th. The Board of Finance may make additional changes after that hearing, and will present its final proposed budget at the Annual Town Meeting on May 18th.

As you may know, the Town has a proposal from Toll Brothers for construction of active adult housing on the Country Club of Woodbridge property (CCW). This was one of two proposals the Town received in response to its request for proposals, but the other one was withdrawn due to that company's increased work load, leaving Toll as the sole bidder. Both proposals, which are available on the Town website: www.woodbridgetown.org under the "Government" tab, were reviewed by an ad hoc committee of your neighbors representing a broad range of backgrounds, expertise and political affiliation. The committee recommended that the Board of Selectmen consider the Toll proposal, and only consider the other proposal if in conjunction with Toll. The ad hoc committee's report is also

posted on the website.

Toll Brothers is proposing to build 170 units and offering \$7.5 million to purchase approximately half of the 150 CCW acres. This amount exceeds the Town's outstanding debt on the property of \$5.9 million (amount remaining of the original debt of \$7 million). The Town has the option to use \$1 million of the \$7.5 million to have Toll demolish the existing clubhouse and replace it with a small pool house, and renovate the parking lot, tennis courts and pool, all of which would remain Town property and for the use of Town residents. The other half of the property would also remain in Town ownership and could be used for walking trails, a 9-hole golf course, or other use identified by the Town.

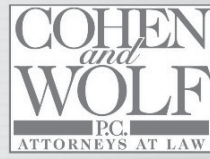
Toll has presented its plan to the Board of Selectmen and will present it again at a public informational meeting to be scheduled. Vetting of the plan will continue after that with referrals to appropriate Boards and Commissions.

Please keep in mind that presentation of the proposal to Woodbridge residents is in no way an endorsement by me or by any member of the Board of Selectmen. I am committed to a robust, positive and productive public conversation about Toll's proposal, and I want to do all I can to assure that the conversation is based on facts. Woodbridge residents deserve the opportunity to hear, review, question and evaluate all aspects of the proposal.

Very importantly also, I remind all Town residents that the sale of Town property is ultimately up to you. If the Board of Selectmen decides that a plan is worthy of going forward, it goes to Town residents for a vote.

As always, please share your ideas and concerns by contacting me at Town Hall and keep up to date with Town news by following us on Facebook ([Facebook.com/WoodbridgeCT](https://www.facebook.com/WoodbridgeCT)) and signing up for our e-newsletter at tinyurl.com/WoodbridgeEnews.

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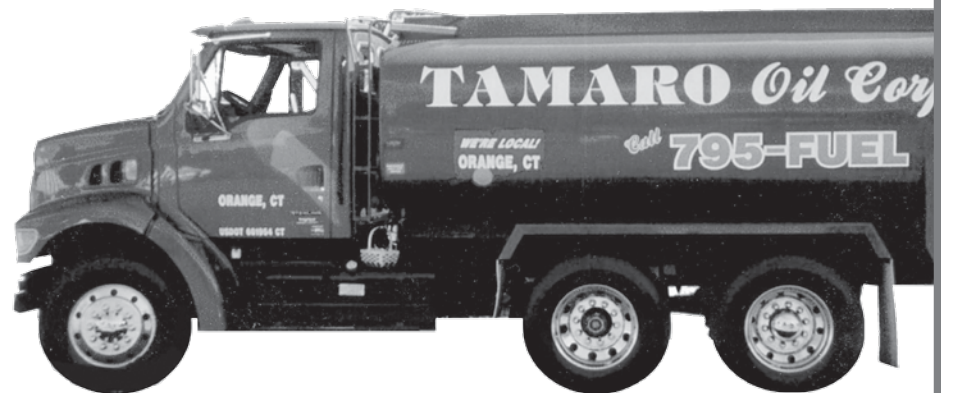
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TOWN DEPARTMENTS & AGENCIES

FROM THE YOUTH SERVICES COORDINATOR

By Nancy Pfund



Woodbridge Youth Services Seeks First Selectman's Youth Award Nominations

Woodbridge Youth Services, in collaboration with First Selectman Ellen Scalettar, is seeking nominations for the First Selectman's Youth Award. The annual award will be presented to a deserving young Woodbridge resident at the Human Services Department's Annual Volunteer Tea on Thursday, April 16, 2015.

The First Selectman's Youth Award, recognizes any youth (age 18 or under) who, either individually or as a member of a group, has demonstrated positive actions to improve the quality of life in Woodbridge or to assist Woodbridge residents. Volunteer agencies, neighbors, group leaders, teachers, principals, counselors, and fellow students are among those who may nominate a youth for consideration. Parents and relatives may not nominate family members. For nomination forms online, go to www.woodbridgect.org, and see Youth Services under "Departments", or call 203-389-3429 for more information. Please submit nominations to Woodbridge Youth Services at 11 Meetinghouse Lane, Woodbridge, CT 06525, by Monday, March 9, 2015.

Parent Support Group

Amity High School, Woodbridge Youth Services, and the Orange Drug and Alcohol Action Committee have teamed up to invite local parents who struggle with children who are, or may be, involved with substance abuse to share experiences and concerns in a confidential setting. The Amity Parent Support Group meets every other Friday morning at 7:45 in the Woodbridge Senior Center Lounge on the lower level at 4 Meetinghouse Lane. Meetings are scheduled for February 13 and February 27. For more infor-

mation, please contact Gary Lindgren at Amity High School or Nancy Pfund at Woodbridge Youth Services, (203) 389-3429, or e-mail npfund@woodbridgect.org.

Woodbridge Job Bank Give Yourself a Break - Teens Need Jobs

Woodbridge Job Bank teens will work for Woodbridge residents who want to hire someone to assist with odd jobs like snow shoveling, babysitting, party help, cleaning, and tutoring. Please contact Youth Services at 203-389-3429 for more information.

Woodbridge Job Bank Needs Teens Willing to Work

The Woodbridge Job Bank is looking for young residents between the ages of 13 and 17 who are interested in earning some money. Teens willing to do snow shoveling, office work, child care, pet care, housework, tutoring or party help should contact Woodbridge Youth Services at 203-389-3429 to join the Job Bank. It's a great way to gain work experience close to home.

Bethwood Bash-Glow in the Dark Dance

Woodbridge and Bethany 7th and 8th grade residents are invited to the Glow in the Dark Dance Party sponsored by Woodbridge Youth Services and the Town of Bethany on Friday, February 27th at Amity Middle School (190 Luke Hill Road, Bethany) from 7-9:30pm. Private school residents welcome! Enjoy a great interactive DJ, black laser lights, games, pizza and a glow in the dark message board. Non-toxic, washable highlighters will be provided for decorating white clothing (bring or wear a white t-shirt) or for decorating each other! Admission is just \$5.00.

Volunteers are needed. Parents,

grandparents, college students, High School juniors and seniors are encouraged to help - please contact us at youthone@woodbridgect.org or 203-389-3449. Watch WTNH-Channel 8 for weather related cancellations.

Digital Photography - Instructor: Former New Haven Register Staff Photographer Melanie Stengel

This is an introductory class on digital photography for students who want to get the most out of their digital cameras and improve their photographic skills as well as for those more experienced students who want to enhance their skills. The class will be offered Thursdays in the computer lab at the Middle School from 2:25pm-3:55pm. Late bus available following class.

The course will cover camera basics while working through creative assignments on composition, natural and artificial light and color. Students will work in Adobe Photoshop in the computer lab learning professional techniques to maximize their photography. Weekly projects will allow plenty of time for experimentation. If a student does not have access to a camera, arrangements may be made. A materials fee of \$80.00 per student must be paid in advance. A discount for siblings and financial assistance may be arranged for qualifying families. Class will meet for 10 weeks on Thursdays beginning February 5th after school in the computer lab at AMS-B. For more information, to sign up and complete a permission slip, please call Youth Services at 203-389-3429. We will pro-rate this class if you join after the first week.

Fun Fitness Cooking - Instructor: John Bencivengo Jr.

Learn how to cook in a hands-on, fun environment. This 10 week class will be offered in the Middle School's kitchen after school Tuesdays from 2:25-3:55pm. Late bus available fol-

lowing class. Class is limited to 12 participants. Recipes will not be repeated from first semester. Students will receive a notebook with recipes, nutrition and food safety information, a glossary of techniques and terms and an apron. We'll start with basic skills and techniques and enhance the fundamentals to help develop a lifetime of great cooking and creativity.

The materials fee of \$100.00 per student must be paid in advance. A discount for siblings and financial assistance may be arranged for qualifying families. Class will begin February 3rd. For more information or to sign up, please call Woodbridge Youth Services at 203-389-3429. We will prorate this class if you join after the first week.

Adult volunteers and raffle prizes are needed. We cannot run these programs without parent or grandparent volunteers. High School juniors and seniors looking for volunteer hours may contact Youth Services. Donations of raffle prizes and event supplies are gratefully accepted. Please call 203-389-3429 or E-mail youthone@woodbridgect.org for more information.

Basic Yoga - Certified Iyengar and Vinyassa Yoga Instructor: Julie Luciani

This twice weekly class will introduce 30 basic yoga poses and breath awareness with an emphasis on optimal alignment and is geared for newcomers to yoga, and for those who wish to practice basics. The class will work toward mastering the postures and then move toward a gentle Vinyassa flow (linking postures). The four week class will meet Tuesdays and Thursdays at the Middle School for eight sessions beginning March 3rd and run from 2:30-3:30pm. Location will be announced. The late bus is available following class. Class is limited to 12 participants. Participants must bring a yoga mat and wear appropriate loose clothing. For more information or to sign up please call Woodbridge Youth Services at 203-389-3429.

EXPLORING THE CONNECTION BETWEEN THE HEART AND LOVE

Hearts and Valentine's Day are forever intertwined. One of the most recognizable symbols of love is the modest heart, and hearts adorn candy boxes and cookies while paper hearts are pinned to doors or windows as a symbol of Valentine's Day. Young valentines may share candy hearts printed with silly sentiments.

A symbolic heart bears no resemblance to an anatomical heart, and yet it is used to represent the deepest feelings of affection a person can share. Some may wonder just how the emotions of love became tied up in the shape of a heart, even though it's widely known that the brain, and not the heart, governs affections.

In ancient times, people believed that the heart was the center of all human emotions. Since the heart is prominently located in the center of the chest and the middle of the body, it became the cornerstone of human feelings. Love is considered to be one of the most profound and strongest human emotions, therefore it was reasoned that the feeling must emanate from the heart.

Surprisingly, the heart has not always been the only organ associated with love. During the Middle Ages, the heart was deemed a useless organ. Followers of the Greek physician Galen theorized that the liver actually was the seat of the soul and love.

The first depictions of a symbolic heart date back to the 11th century, when the heart was drawn to resemble a pinecone held upside down with the point facing upward. The scalloped heart that is more familiar today first arose in the early 14th century. Around the same time, the heart was depicted with the point facing downward and the indentation at the base.

Naturally, as time passed and more was learned about human anatomy, it became obvious that the brain was the seat of all emotion and thought processes. However, as the brain was something intangible in a living body in ancient times, and the beating heart could be

much more readily monitored - with a pulse rate speeding up when a person is excited or aroused - it's easy to see how the link between the heart and love has endured.

Although the human heart is not bright red like symbolic hearts, that was the color chosen. Red has long been associated with passion, so it made sense to depict the heart in a bright red hue.

Many other theories have been offered regarding the symbolic heart and its representation of love. While there's no definitive correlation between love and hearts, the heart has become an accepted symbol of the emotion and the season of romance.



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EDUCATION

PROPOSED BEECHER ROAD SCHOOL RENOVATIONS CLEAR HURDLE

State Senators Gayle S. Slossberg (D-Milford) and Joseph J. Crisco, Jr. (D-Woodbridge) announced that proposed upgrades to Beecher Road School in Woodbridge have been approved by Connecticut's statutorily constituted School Construction Priority List Committee.

"These upgrades will have an immediate and lasting impact on the educational experience provided at Woodbridge's Beecher Road School," said Sen. Slossberg, Co-Chair of the General Assembly's Education Committee and the School Construction Priority List Committee. "The proposed renovations will improve the quality of life for students, educators and administrators who spend their days in the school, and confirm our commitment to making Woodbridge a great place to raise a family."

The School Construction Priority List Committee is a special legislative committee that meets once a year for the sole purpose of modifying and approving a list of school building projects. The eight members of the committee include the four chairs and ranking members of the Education Committee, and one additional member appointed by each leader of the legislature's four caucuses.

The state's Office of School Facilities submitted the 2015 School Building Project Priority List to the members of the committee in December of last year, and Melody Currey, Commissioner of the Department of Administrative Services, came before the committee to testify on the list on January 23, 2015.

"I'm proud to have partnered with First Selectman Scalett and Senator Slossberg to advocate for these monumental improvements to Beecher Road School," said Senator Joseph J. Crisco,

Jr. (D-Woodbridge). "These upgrades will make a world of a difference for the students and teachers who learn and work in the school. I'll work hard in the coming months to advocate for the project among my colleagues, and help see it through to final approval."

"Senator Slossberg and Senator Crisco have been our partners in advancing this grant application and helping to assure its success," said Woodbridge First Selectman Ellen Scalett. "The grant will reduce the total project cost for the Beecher Road School renovations and the necessary borrowing to fund it. This is a good example of our state delegation working with us on behalf of Woodbridge residents."

The proposed upgrades will now need approval from the General Assembly's Education Committee, of which Senator Slossberg is Co-Chair, before heading to the floor of the House and Senate for a final vote of approval.

The School Building Project Priority List Committee approved an estimated grant of \$3,717,917 for construction at Beecher Road School. The total estimated cost of the project is \$13,345,000. The project includes installation of a new 250-watt photovoltaic solar panel array to the A, B, and C wings of the facility, and the replacement of the heating and cooling system. The window wall will also be replaced as well as the unit ventilators. The entire building will have a central air conditioning system.

Beecher Road School is Woodbridge's sole elementary school. The Primary House of Beecher Road School serves students in Pre-kindergarten through second grade. The Intermediate House serves students in grades three through six. Students then enter the Amity Regional School System.

WHOOPING COUGH IS IN OUR COMMUNITY!

Whooping Cough illness is real. There have been several recent cases in Quinnipiack Valley Health District (QVHD) residents. It is very important to protect infants from this disease. Whooping cough in an infant is frightening and can have devastating results as infants are not fully immunized until they are a year old. Don't wait until the baby is born! If you are expecting a new arrival in your family, get vaccinated now. As you protect the baby, you will also be protecting yourself against not only whooping cough (pertussis) but also diphtheria and tetanus. QVHD offers the pertussis (whooping cough) vaccine (in the form of Tdap-tetanus, diphtheria and

pertussis) to parents, grandparents, aunts, uncles, babysitters and other caregivers or contacts of newborns and infants 12 months and younger. If you are over age 18 and have never had a Tdap vaccine, (a combined booster immunization containing tetanus, diphtheria and pertussis protection) you are eligible to receive this vaccine. A \$10.00 administration fee is requested. No one will be turned away for lack of ability to pay this fee. The next clinics will be held on March 25 and May 5, 2015 from 4:00 to 4:30 p.m. Call QVHD, 203 248-4528 for an appointment. (An appointment is not required but is suggested in the event of inclement weather.)



WOODBIDGE ENERGY CHALLENGE

Residents learned about the value of a home energy check-up at the first of three Woodbridge Energy Challenge winter workshops on Tuesday, January 13. First Selectman Ellen Scalettar welcomed participants to the workshop saying "this is an opportunity to go green, save money and benefit ourselves and the Town".

The Town's Ad Hoc Energy Advisory Task Force selected two companies to conduct Home Energy Solutions (HES) assessments in Woodbridge for a fee of \$99. For each assessment completed, the two companies have agreed to donate \$25 to the Woodbridge Food and Fuel Fund. Task Force chair Lisa Connor introduced representatives from the two companies, New England Conservation Services and New England Smart Energy who conducted the workshop.

Paul Weaver of New England Conservation Services explained the benefits of HES assessments. On average, he said, there is a \$250 savings per home, per year after an HES assessment. During the HES assessment, a technician will first complete a health and safety inspection of the home to verify that there is no mold, asbestos or other health problems in the home. Next, the technician will complete a blower door test, in which air is blown out of the home to highlight any air leaks inside the home. Identified leaks will be sealed. Next, the homeowner will have up to 29 light bulbs replaced with 25 CFLs and four LEDs.

Collin Babbage of New England Smart Energy explained that CFLs and LEDs use 60 to 80% less electricity than incandescent light bulbs. Homes are also evaluated for hot water saving measures and residents may receive

low-flow shower heads, faucet aerators and up to nine feet of hot water pipe wrapping to help hot water stay hot. After the assessment is complete, the HES technician will have a "kitchen table" conversation with the homeowner to review written recommendations on next steps and discuss rebates and incentives available for those recommendations. Depending on the home, technicians may recommend new appliances, a new furnace, new water heater and/or insulation.

Currently, the state is offering up to a 50% rebate for new insulation. The two companies participating in the Woodbridge Energy Challenge are offering discounted pricing and a participation rebate in addition to the state rebate. The discounted pricing is \$1.33 per square foot of insulation and the participation rebate is tiered so that as more Woodbridge residents install insulation the rebate increases, up to 12% for a potential total of 62% rebate on insulation. Weaver explained that insulation installation usually has a pay-back time of five years. The rebate cuts that pay-back time to 2.5 years or less.

The Woodbridge Energy Challenge is one-stop shopping for residents who want to learn more about saving energy and going solar. In the fall, the Town hosted a solar workshop and a second solar workshop will be held on April 13. The last workshop in the series will be about Heating and Cooling systems on March 3 at 6 p.m. at the Woodbridge Town Library's program room.

To schedule an HES assessment, contact New England Smart Energy at (203) 292-8088 or New England Conservation Services at (203) 389-3342.

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Act in Time to Heart Attack Signs

This column has a simple but critical message: "Act in Time to Heart Attack Signs". What does it mean? Quick response with medical intervention can prevent permanent heart damage or even save your life! Many people are embarrassed to call 911 for help if they aren't sure they are having a heart attack. This is very unfortunate because quick action can save a life. Many heart attacks start slowly with a mild pain or discomfort or feeling like you have indigestion. Symptoms can differ between men and women. The symptoms can come and go. Why does a quick response make such a big difference in survival rates? The answer is because clot-busting drugs and other artery opening treatments can stop a heart attack in its tracks, thus preventing or limiting damage. But they need to be started immediately after symptoms begin; the sooner the better! Ideally the time frame is ASAP (as soon as possible). This doesn't leave much time to debate whether or not you should seek treatment!

What are the symptoms of a heart attack? The warning signs are:

- Chest pain or discomfort. Most heart attacks involve discomfort in the center of the chest that lasts for more than a few minutes or goes away and comes back. The discomfort can feel like uncomfortable pressure, squeezing, fullness or pain.
- Discomfort in other areas of the upper body. This can include pain or discomfort in one or both arms, the back, neck, jaw or stomach.
- Shortness of breath. This often occurs along with chest discomfort. But it can also occur before chest discomfort.
- Other symptoms include breaking out in a cold sweat, nausea, vomit-

ing, light-headedness, dizziness, unusual fatigue or feeling like you have indigestion, but it doesn't go away.

- For women, the warning sign of chest pain or discomfort may be less pronounced than it is in men or may not occur at all. It may present in the lower chest or upper abdomen. Because heart attack symptoms may be less severe in women, it may make it harder to identify and diagnose. It is sometimes mistaken for another illness. Women should take note of any of the symptoms noted above and seek care if they are persistent.

In the old days, heart attacks meant sure death. But in today's world, life can go on for many years following a heart attack. Learn to recognize the signs of a heart attack and take quick action if a heart attack is suspected. The experts say wait no more than 5 minutes.

Who should you call if you suspect a heart attack? The answer is 911. Emergency medical personnel can start you on treatment the moment they arrive on the scene. If a family member or friend takes you, you delay treatment and decrease the odds of survival. Don't even stop to take an aspirin. The EMS can do that on the way to the hospital. Remember, it is quick action that saves lives from heart attacks. Don't be embarrassed. Be proactive! Congratulations to Woodbridge and North Haven for having earned the distinction of being a HeartSafe community. This means that there are ordinary citizens who are trained to administer CPR and use AED's (automated external defibrillators). This can lead to rapid access to life-saving treatment. For an information packet on this topic, QVHD residents can call 203 248-4528 or request on line, dculligan@qvhd.org.

RESIDENTS OBJECT TO PROPOSED PLAN OF DEVELOPMENT

By Bettina Thiel – Woodbridge Town News Correspondent

The Town Plan and Zoning Commission got an earful at the January 28 hearing for the town's proposed updated Plan of Conservation and Development (POCD). Some 70 residents braved the remnants of the recent blizzard, and came to the Center gym, many of them to voice their opposition to the proposed plan, which is available to read at <http://woodbridgeplan.com/>. Criticism zoomed in on passages that suggest for the town to "Pursue development proposals for age-restricted lifestyle housing on Country Club of Woodbridge property, which may include higher density housing".

Phil Michalowski, a representative of Milone and MacBroom, the consulting firm that guided the Zoning Board through the process, opened with a few remarks on how the plan was drawn up, namely with the input of residents through an online survey (200 responses) and several workshops. State statute requires municipalities to update their Plan of Development every ten years. "It's a policy document," Michalowski said. "It's inspirational in its intent." The plan should spell out what the town hopes to accomplish over the next decade, he said.

He said he had received a number of written communications in advance of the hearing, and reminded the audience that the future of the Country Club is a separate issue, even if it is a part of the plan. "If the document suggests certain zoning changes, it doesn't mean it becomes regulatory," Michalowski added.

Even so, many of those who spoke that night reiterated their opposition to any development on the Country Club property, and their concern that higher density may lead to higher density in other parts of town. "It's the camel's nose inside the tent," said Chuck Pyne.

Several people who served on the previous zoning board – at the time under a Republican administration – said when they worked on the POCD in 2004, they ended up firing their consultant and wrote the document themselves. "We produced a plan that was well-liked and that wasn't controversial," said Michael Broderick.

As for the Village District, the plan encourages to build on the findings of the Development Concept Plan published two years ago by the Yale Architects in conjunction with the Economic Development Commission. The Concept Plan's primary recommendations for the Village District include:

- Enhancing walkability, landscaping and building facades;
- Establishing design standards;
- Encouraging mixed use of housing;
- Improving distinctive signage, area maps, and an online presence; and
- Lobbying for major improvements to Interchange 59 and the surrounding street grid.

In addition, the proposed Plan of Development encourages the town to

engage in active marketing of Woodbridge as a business location; to create a variety of work and living options and explore shared working spaces.

Anthony Stango, a resident in the district, spoke out against the proposal to allow for more multi-family housing. "See the traffic, see the craziness, he said, emphatically. "See if you'd like to live there."

Ame Marrella, former First Selectman, spoke out about the chapter on open space preservation. She said the plan's recommendation to adopt a "formal plan for acquisition AND sale of open space" may open the door for a policy that permits the sale of open space, rather than increase it. She pointed out the Fitzgerald Tract, the site of a popular walking trail and Community Gardens in the center of town, as publicly owned, but not protected by an easement. "Gentlemen," she addressed the Zoning Board, "Please start over".

Chris Keevil, president of the Woodbridge Land Trust, said the Land Trust in a letter to the commission had made several recommendations, which he did not see reflected in the document, in particular to "be attentive to Water Authority Land as it could become available for purchase; to invest in and maintain the Greenway; to preserve farmland and establish an agricultural commission; to support the protection of wetlands and to consider conservation restrictions on property currently not protected, such as the Fitzgerald Tract.

Bob Hill, a member of the Recreation Commission, said the 2005 POCD did not include a strategic look at the needs for recreational facilities. The lack became an impediment when the Bethwood Baseball League was looking for a piece of land to site a baseball diamond. "That need wasn't identified," he said, and it led to a contentious struggle.

This time around the Recreation Commission made sure to include current and future needs and opportunities. "I'm hopeful, when all is said and done, when there is a recreational need, it can be allowed in the space that is available," Hill said. Proposals for enhancing current parks and recreation space, alleviating scheduling conflicts, and locating facilities for new kinds of activities and socializing include:

- An additional gym to be available for daytime; activities when the Center Building and Beecher School gyms are in use;
- Indoor space suitable for after-school music, science, and chess programs, as well as allowing use of game equipment year-round;
- Additional fields suitable for lacrosse, soccer, ultimate frisbee, and rugby, and an additional 60' softball diamond, to reduce scheduling conflicts;
- Dedicated football practice field, which would eliminate

See "Plan" continued on Page 13





STUDENT NEWS

Dean's/ President's List

Gabriel Nudel Named To Fall 2014 Dean's List At Bates

Lewiston, ME -- Gabriel Nudel was named to the dean's list at Bates College for the fall 2014 semester -- a distinction earned by students whose cumulative grade point average is 3.73 or higher. Nudel, a 2011 graduate of Amity Regional High School, is the son of Dr. Ron and Dr. Debra Nudel of Woodbridge, Connecticut. He majors in environmental studies at Bates.

Jessica Grace Named To Castleton Dean's List

Castleton, VT -- Jessica Grace of Woodbridge, CT was recently named to the Castleton College Dean's List for the fall semester of the 2014-15 academic year. To qualify for this academic honor, the student must maintain full-time status and a semester grade point average of 3.5.

Eastern Connecticut State University Full-Time Students Named To Fall 2014 Dean's List

Willimantic, CT -- Eastern Connecticut State University recently released the names of full-time students who were named to the Dean's List for the fall 2014 semester. Students from Woodbridge named to the Dean's List are: Shannon Murphy '17 major is Pre-Social Work, Samantha Testa '17 major is Physical Education, and Alexandra Olsen '16 major is Business Administration.

Chloé Smith Named to Dean's List At New York University

Chloé Smith of Woodbridge has been named to the Dean's list at New York University. Chloé, a junior majoring in Social Work with a minor in Psychology and Art has earned a GPA of 3.8. She is a 2012 graduate of Choate Rosemary Hall in Wallingford. She is the daughter of Mr. Ronald Smith and Dr. Clotilde Dudley-Smith of Woodbridge.

Tara Gambardella Named To Dean's List At Providence College

Providence, RI -- Tara Gambardella, a resident of Woodbridge, CT, and a member of the class of 2015, has been named to the Dean's List at Providence College for the Fall 2014 semester. To qualify for the Dean's List, students must achieve at least a 3.55 grade point average with a minimum of 12 credits.

Katelyn McManus Earns Fall 2014 Dean's List Honors At Roger Williams University

Bristol, RI -- Katelyn McManus, a resident of Woodbridge, CT, has been named to the Fall 2014 Dean's List at Roger Williams University in Bristol, R.I. Katelyn is a Psychology major. Full-time students who complete 12 or more credits per semester and earn a GPA of 3.4 or higher are placed on the Dean's List that semester.

Congratulations To Miranda Carpenter On Making The Fall 2014 Dean's List

South Orange, NJ -- Seton Hall University is pleased to announce that Miranda Carpenter, class of 2018, qualified for the Fall 2014 Dean's List. Miranda is a Social and Behavioral Sciences major from Woodbridge, CT. To make Dean's List, students must have at least a 3.4 GPA and can get no grade lower than a C.

Rachel Katz Named To Springfield College Dean's List

Springfield, MA -- Springfield College has named Rachel Katz of Woodbridge, CT to the dean's list for academic excellence for the fall 2014 term. Katz is studying Health Science. Criteria for selection to the dean's list are as follows: The student must have completed a minimum of 12 credit hours of graded coursework for the semester, exclusive of "P" grades; the student must not have any incompletes, missing grades or "CPs" in the designated semester; the student must have a minimum se-

mester grade point average of 3.500 for the semester; and the student must not have been barred from the dean's list due to a disciplinary action.

Sebastian Dimauro Of Woodbridge Named To The University Of Hartford Dean's List

West Hartford, CT -- The University of Hartford is pleased to announce Sebastian DiMauro of Woodbridge has been named to its Dean's List for Fall 2014. The University of Hartford, centrally located in Connecticut, provides a distinctive educational experience across seven schools and colleges for one of the most diverse student bodies in New England. Hartford's faculty are attracted by the opportunity to challenge and support students as they pursue degrees in more than 84 programs in the arts, humanities, science, business, engineering and technology, education, and health professions. Chartered in 1957, Hartford has more than 5,000 undergraduates, 1,600 graduate students, and 75,000 alumni worldwide. Visit www.hartford.edu for more information.

University Of Rhode Island Names More Than 4,700 To The Fall 2014 Dean's List

Kingston, RI -- The University of Rhode Island is pleased to announce that more than 4,700 students qualified for the Fall 2014 Dean's List. Students who have completed 12 or more credits during a semester for letter grades with at least a 3.30 quality point average qualify for the Dean's List. Part-time students qualify with the accumulation of 12 credits with a 3.30 quality point average. The following Woodbridge students named to the University of Rhode Island's Dean's List: Rachael Nicole Mason and Olivia Lynn Schlegel.

Nguyen Named To President's List At Western New England University

Springfield, MA -- Van T. Nguyen of Woodbridge, CT has been named to

the President's List at Western New England for the fall semester of 2014. Nguyen is working towards a degree in Marketing. Students are named to the President's List for achieving a semester grade point average of 3.80 or higher.

Graduations

Local Students Earn Degrees from the University of New Haven

West Haven, CT -- The following Woodbridge students graduated from the University of New Haven in August 2014: Abdulla Aljaber, Arthur Anderson, Margaret Blum, Dean Celotto, Melissa Katz, Kimberly Kline Franklin, Konstantinos Milas, Justin Parker and Catherine Wick.

Studying Abroad

Zachary Saxe Is Studying Abroad In Canada For The Spring 2015 Semester.

Burlington, VT -- Zachary Saxe of Woodbridge, CT is studying abroad in Canada for the spring 2015 semester as part of the Champlain College Study Abroad Program. Since 1878, Champlain College has provided career-focused education to students from its hilltop campus in Burlington, VT. Champlain's distinctive educational approach embodies the notion that true learning only occurs when information and experience come together to create knowledge. Champlain offers traditional undergraduate and online undergraduate courses, along with online certificate and degree programs and 11 master's degree programs. Champlain offers study abroad programs at its campuses in Montreal, Quebec and Dublin, Ireland. Champlain College is included in the Princeton Review's The Best 379 Colleges: 2015 Edition. Champlain was named a "Top-Up-and-Coming School" by U.S. News & World Report's America's Best Colleges and is ranked in the top tier of 2015 Regional Colleges in the North. For more information, visit www.champlain.edu.

"Plan" continued from Page 12

the demand for football practice on soccer and softball fields not suitable for this purpose;

- Outdoor volleyball, basketball, and shuffleboard courts, which currently do not exist in Woodbridge;
- Frisbee golf course, which the Commission notes could be installed with minimal impacts on open space;
- A dog or pet park; and
- Improving the Town ice skating

rink with a cement base.

Paul Rossi evoked the bucolic nature of Woodbridge, saying the plan should "guard and protect the character of our town". "Look at the Village Center for growth and increased density" Rossi said, and called the development at 245 Amity Road with its shops on the lower level and professional space on the first floor "a vision for the future of this town".

Sharon DeKadt, a member of the Inland-Wetlands Commission, said the document did not reflect what residents were talking about at the charettes. "It's

a big leap from what our vision of the ten-year plan was," she said.

Economic Development Commission Chairman Jodi Ellant on the other hand commended the commission for its work. "If something happened 100 years ago, it doesn't mean it is right for the current time," she said in response to those who implored the "spirit that was passed on to us". The one thing she missed in the proposal though, was to plan for a trail leading from the Connecticut Sports Center up to West Rock.

As for the Country Club, Ellant said the town stepped up in 2009 to pur-

chase the property; however, it did not have the chance to thoroughly vet the possibilities for the property at the time. Many people are intrigued by the possibility to reconsider, she said.

Plan and Zoning Commission members took all the comments in. Chairman Jeff Kaufman was busy taking notes. He had announced at the onset of the hearing, that the commission was here to listen to residents, not comment. Instead, the commission was to consider the input provided at their upcoming February 2 meeting, past press time.

AT THE SENIOR CENTER

By Lee Canning

EXERCISE CLASS WITH LAURIE LUCE

It's important to exercise at any age and now is the time to start the New Year off on the right foot! We offer an exercise class which includes a combination of strength training, cardio, flexibility and balance. You do not have to be a senior to attend. All ages are welcome.

The 1 hour class is held in the gymnasium on Tuesday and Thursday afternoons from 3:00 to 4:00. You may start at any time, prior registration is not required. The cost is only \$2.00 per class. We look forward to seeing you and helping you to stay healthy for many years to come!

"NEW TO MEDICARE"

There is no cost to attend, reservations are required by email to lp Pruitt@aoascc.org or by calling Leslie Pruitt at 203-785-8533 ext.3165. One week prior to the event date, please call ahead to be certain that the event will happen in the event of inclement weather. Presentation is repeated on 3 different dates.

Location: Agency on Aging of South Central Connecticut, 1 Long Wharf Dr., Suite 1L, New Haven. Dates: Wednesday, March 11, 2015; Wednesday, April 8, 2015; Wednes-

day, May 13, 2015. Time: 10:00 a.m. to 12:00 p.m.

BOOK CLUB

Will meet at 11:00 on Tuesday, February 24th at The Woodbridge Library Meeting room to discuss "The Invention of Wings" by Sue Monk Kidd. Refreshments will be served. New members are always welcome. For more information, call 203-389-3430.

FRIENDLY VISITORS NEEDED

The Town of Woodbridge Human Service Department has been coordinating the Friendly Visitor and Telephone Reassurance Program for over 15 years and is currently in need of compassionate people to offer some time to visit or call residents who are shut-in. To become a Friendly Visitor, a person will attend a training workshop provided by Interfaith Caregivers and have references checked. Friendly visitors perform a variety of functions from providing weekly phone calls or visits to providing transportation for appointments. We currently have a few people who are requesting a Friendly Visitor or a comforting call. Please call Mary Lee Raro at the Woodbridge Human Services Department (203) 389-3429 if you are interested in joining the team.

VOLUNTEER INCOME TAX ASSISTANCE (VITA)

The Woodbridge Senior Center will be offering free tax help again this year. Appointments are necessary and can be made by calling (203) 389-3430. This service is available on Tuesdays 9:00 - 12:00 starting February 3 until April 15.

The Volunteer Income Tax Assistance (VITA) program offers free tax help to people who generally make \$53,000 or less, persons with disabilities, the elderly and limited English speaking taxpayers who need assistance in preparing their own tax returns. IRS-certified volunteers provide free basic income tax return preparation with electronic filing to qualified individuals. Some of the documents you may need to bring to your appointment are: Photo ID, (such as a drivers license) Social Security Card for each person claimed on the return, prior year's tax return if available, all current years income documents/statements, W-2's, 1099's. Also, Medicare Part D premiums, fees covering medical care, long term care, cost of transportation to treatments. If you wish to have a refund direct deposited, please bring your bank routing number and the account number. All will be asked to complete an intake form prior to completing their return.

"MEN CAN COOK"

Emeritas at Woodbridge is sponsoring a 4 week cooking series, for men. Classes 1, 2, & 3 will be held at the Woodbridge Senior Center, and the 4th class will be held at Emeritas at Woodbridge. The program will run from 9 a.m. - 12:00 p.m. on the following dates:

- Wed., March 4, 9-12, Woodbridge Senior Center
- Wed., March 11, 9-12, Woodbridge Senior Center
- Wed., March 18, 9-12, Woodbridge Senior Center
- Wed., March 25, 9-12, Emeritas at Woodbridge

Chef Tim Cornish will oversee the series. There is no charge to attend and space is limited. All are welcome. Please call 203-389-3430 to register.

Tai Chi

Advanced Tai Chi : Mondays from 1:30 - 2:30 starting 3/16, ending 6/29

Beginner Tai Chi: Thursdays from 1:30 - 2:30 starting 3/19, ending 6/18
Cost is \$30.00 Class size limited to 15 people. Please call 203-389-3430 to register.

"LAST WILL AND EMBEZZLEMENT"

Join us at the Senior Center on Tuesday, March 10th to watch the documentary, Last Will and Embezzlement. This film is part of a continuing effort to spread the word about the financial exploitation of the elderly. The film is scheduled to be shown at the Senior Center on Tuesday, March 10th. On Tuesday, April 14, a follow up gathering with legal representatives and local law enforcement will be at the Senior Center to discuss what senior citizens and their loved ones can do to prevent these crimes. Everyone is invited. Time to be announced.

TRIPS

SUNDAY MARCH 8 \$66.00 per person 2015 American Athletic Conference Women's

Basketball Tournament "Semi-Final Games" at Mohegan Sun. Bus arrives at Mohegan Sun around noon. First game begins at 5:30 p.m., second game starts at 7:30 p.m. Ticket includes: Transportation, admittance to AAC Semi-Final Games, Food Voucher & Casino Bonus, Driver's Gratuity. Payment due: 02/06/15. Please make check payable to: Getaway Tours.

WEDNESDAY APRIL 1 \$169.00 per person New York Spring Spectacular at Radio City Music Hall featuring "The Rockettes".

Ticket includes: transportation, lunch at CARMINE'S, admission to "New York Spring Spectacular", Driver's Gratuity. Payment due: 03/02/15. Please make payable to: Getaway Tours.

MOVIES & POPCORN FRIDAY'S AT 1:00

Movies are shown at the Senior Center on Friday afternoons at 1 pm. Join us at 12:15 for a nutritious \$3 lunch, followed by a movie and free popcorn (or just attend the movie at 1 pm).

The February movies are:

- Pat and Mike
- Sweetland
- Gentleman's Agreement
- Beowulf

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Woodbridge Town News

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Woodbridge Town News, P.O. Box 1126, Orange, CT 06477

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Pictured above are Teen Center Treasurer Linda Cohen, Executive Director Jen Romanoff, Terri Guidone and Jason Pinkus representing Connecticare and Jane Opper, Teen Center President.

CONNECTICARE DONATES TO AMITY TEEN CENTER

On January 15 Connecticare presented a check for \$14,093.97 to the Amity Teen Center through the Neighborhood Assistance Act. The Amity Teen Center is a 501(c)(3) nonprofit organization that was formed in 1987. We provide after-school and weekend activities for area teenagers in our own

building at 10 Selden Street in Woodbridge.

This donation can be used solely for energy conservation. Connecticare will receive a 100% tax deduction. For more information about the Amity Teen Center activities please go to www.amityteencenter.org.

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 <small>ANSONIA \$259,000 4BRs/1.5baths, MLS#N357451 Call Steve Mankulics 203-795-2700</small>	 <small>MILFORD \$249,000 2BRs/1.5 baths, MLS#N357548 Call Audra Digello 203-795-2700</small>	 <small>NAUGATUCK \$244,900 4BRs/2baths, MLS#N347602 Lori Miko 203-795-2700</small>	 <small>WEST HAVEN \$229,900 3BR/1.5 bath, MLS #N10011047 Call Rosemary Sowitzky 203-795-2700</small>	 <small>MILFORD \$229,000 3BRs/1.5 bath, MLS #N10015109 Call Dan Del Vecchio 203-795-2700</small>	 <small>WEST HAVEN \$219,900 3BRs/2 baths, MLS#N10010498 Call Mark Fagan 203-795-2700</small>
 <small>BETHANY \$209,900 3BRs, 2 baths, MLS#N354378 Call Mark Fagan 203-795-2700</small>	 <small>MILFORD \$189,000 Building Lot/Beach, MLS# N10016478 Call Cindy Sloan 203-795-2700</small>	 <small>MILFORD \$174,900 2BR/1 bath, MLS #N10017285 Call Mark Fagan 203-795-2700</small>	 <small>ANSONIA \$170,000 3BRs/1 bath, MLS#N10011740 Call Nick Mastrangelo 203-795-2700</small>	 <small>MILFORD \$169,900 2BR/1.5 bath, MLS #N10016250 Call Dan Del Vecchio, 203-795-2700</small>	 <small>ANSONIA \$158,000 3BRs/1.5baths, MLS#N10006403 Call James Montanaro 203-795-2700</small>

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WOODBIDGE ELECTION COVERAGE 2015



REPUBLICANS HOLD NOMINATION CAUCUS

Woodbridge Republicans held their Nominating Caucus Tuesday evening, Jan. 20, and unanimously approved their slate of candidates for the Town election to be held May 4.

Running for First Selectman and heading the ticket is Cathy Wick. An active advocate for conservation and Open Space, Cathy serves on the Boards of the Woodbridge Land Trust, the Woodbridge Park Association, and as the Treasurer of the Massaro Community Farm. She has been a dedicated volunteer at Beecher Road School and has served twelve years on the Woodbridge Board of Education Facilities Committee.

Woodbridge residents since 1997, Cathy and her husband Dr. Robert McLean have 2 teenage sons.

In accepting the nomination, Wick praised her fellow candidates and set forth the themes of her campaign: "I am honored to be part of such an impressive group of individuals who share with me the desire to serve our Town. Woodbridge is a wonderful place to live. But right now the Town faces a critical juncture: current leadership is proposing radical changes to our zoning and our Open Space policies that jeopardize its future. Woodbridge deserves new leadership that will reflect the values of its people and restore its long held traditions: the protection of our Open Space, the integrity of our zoning regulations, and a careful approach to spending that saves for the future rather than borrowing against it."

WRTC Campaign spokesman Chris Dickerson said "we are excited to offer

a slate of candidates with diverse backgrounds who are united in being, first and foremost, "For Woodbridge." This election is critical in determining the future of our town. Our commitment is to preserve the special character of Woodbridge by protecting its open spaces and neighborhoods, restoring sound and prudent fiscal management and opening our government to participation by ALL residents, regardless of political affiliation.

For decades, Woodbridge Republicans have been THE leaders in instituting sage zoning and open space preservation policy. The protection of Massaro Farm, Racebrook Tract, Elderslie Preserve and Shepherd Ridge properties, among others, were all spearheaded by Woodbridge Republicans. Woodbridge is now facing pressure to do something unprecedented - rezone its neighborhoods and sell off open space for development. We urge all Woodbridge residents to become involved in -our small town government. - YOUR small town government."

The full slate is as follows:

- First Selectman: Cathy Wick.
- Board of Selectmen: Tony Anastasio; Joe Dey; Maria Kayne
- Woodbridge Board of Education: Garrett Luciani; Lynn Piascyk
- Amity Board of Education: Hal Smullen; Diane Urbano
- Zoning Board of Appeals: Cindy Gibbons, Edee Lockyer
- Zoning Board of Appeals - Alternate: Spencer Rubin
- Board of Assessment Appeals: Ed Weinberg



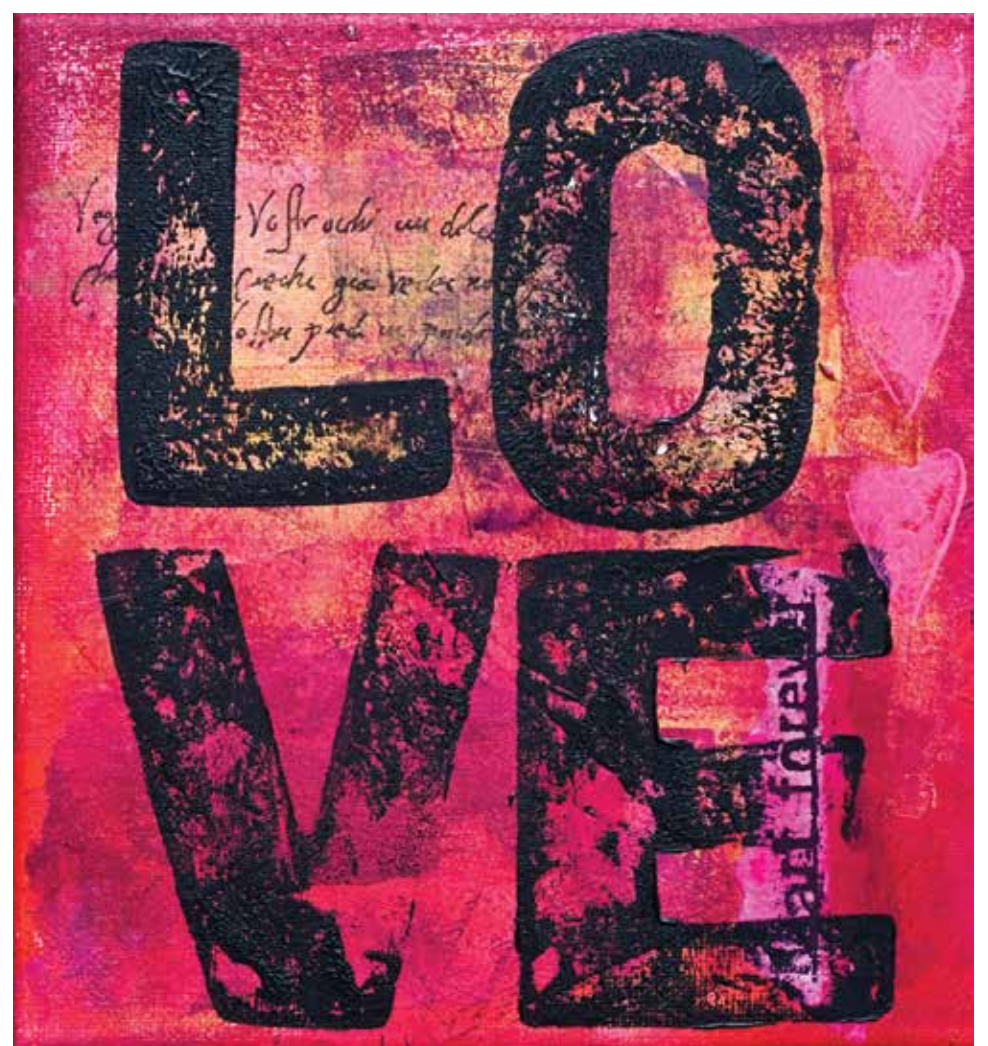
Pictured are the Woodbridge Democratic Party's candidates for the Monday, May 4, 2015 Municipal Election - (L-R front) Claire Coleman, Beth Heller, Ellen Scalettar, Margaret Hamilton, (L-R back) Emily Melnick, Arlene Levine, Laurence Grotheer, Thomas Handler, Susan Jacobs. Not Shown: Sheila McCreven, David Speranzini.

WOODBIDGE DEMS CHOOSE SLATE FOR MUNICIPAL ELECTION

The Woodbridge Democratic Caucus unanimously endorsed the following slate of candidates for the Town election on Monday, May 4, 2015: First Selectman: Ellen Scalettar; Board of Selectmen: Laurence Grotheer, Beth Heller, Susan L. Jacobs; Woodbridge Board of Education: Margaret Hamilton, Emily B. Melnick; Amity Board of Education: Sheila McCreven, Thomas Handler; Board of Assessment Appeals: Claire Coleman; Zoning Board of Appeals: David Speranzini; Zoning Board of Appeals Alternate: Arlene

Levine.

At the Caucus, First Selectman Ellen Scalettar, running for re-election, thanked the Caucus members for their confidence in her and congratulated her fellow candidates, with whom she said it is an honor to run. Scalettar said she expected a hard-fought campaign and that the Democratic team was well-positioned for victory. "Our team has integrity, intelligence, experience, determination and a strong record to run on. It doesn't get much better than that," she said.



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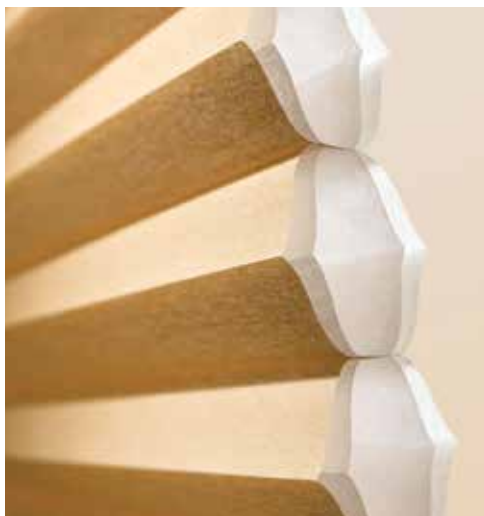
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DINING WITH SUSAN

By Susan Noonan



Romantic Restaurants for Valentine's Day 2015

Love is always in the air on Valentine's Day. Having a romantic dinner with your "significant other" is one of the most memorable ways of celebrating Valentine's Day. This is the 5th year sharing my favorite picks for romantic restaurants in the area featuring many well established icons along with some new additions. All of these local family owned restaurants have the ambiance that will make your Valentine's Day celebration very special.

CAFÉ GOODFELLAS - 702 State Street, New Haven, and CT 06511-203-785-8722 - www.cafegoodfellas.com - Featuring award winning Italian food prepared to perfection & elegant service. Chef/Owner Gerry Iannacone focuses on simple farm fresh ingredients coupled with traditional Italian cooking in an atmosphere where customers have a great time.

CARMINE'S TUSCAN GRILL RISTORANTE - 1500 Whalley Avenue, New Haven, CT 06515- 203-389-2805-www.carminestuscangrill.com. Located in the Amity section close to the Merritt Parkway exit 59, Carmine's is a very well established popular restaurant offering old country charm and exquisite dining with the ambiance of Italy in the Westville section of New Haven. The food and service are superb.

CONSIGLIO'S - 165 Wooster Street, New Haven, CT 06511 - 203-865-4489-www.consiglios.com. The time has come

to "Rediscover" Consiglio's. The longevity of this restaurant speaks for itself - can you believe 1938! Consiglio's is the perfect example of the "Little Italy" restaurant offering warm, cozy, romantic ambiance, flawless service and, of course, the outstanding food. You must experience Consiglio's Dinner Theatre & Cooking Classes. A fun evening for a group or that special date for two.

JEFFREY'S RESTAURANT BY CLAUDIO - 501 New Haven Avenue, Milford, CT 06460-203-878-1910 - www.jeffreysofmilford.com. Jeffrey's Restaurant has an excellent reputation for outstanding food and service. The intimate lounge offers a fireplace and piano. Many evenings you will find guests dancing and being serenaded by owner Claudio himself. He is a true gentleman and the ultimate host with a gift of making his customers feel like they are very special and part of his family.

GABRIELE RISTORANTE ITALIANO - 326 Boston Post Road, Orange, CT 06477 - 203-799-2633 - www.gabrielect.com. They have been going strong since 1973 with many local and high profile regular customers. Lovely newly renovated interior, great lounge and consistently good food.

GAETANO'S ITALIAN STEAKHOUSE - 1573 Boston Post Road, Milford, CT 06460 -203-783-1766-www.gaetanosonline.com - You will

feel like you are dining in an outdoor café in Tuscany with all meals cooked to order by their award winning chef. Live entertainment is offered most evenings with talented pianist Ray Cranshaw.

OLA RESTAURANT - 350 Boston Post Road, Orange, CT 06477 - 203-891-0522-olarestaurantct.com. This special Latin inspired restaurant is definitely the talk of the town (or should I say more like the tri-state area). Brothers Melvin and Wagner Lopez along with their lovely spouses Andrea & Cherry opened Ola in July of 2007. After almost seven years in Orange with little advertising but a lot of word of mouth, incredible reviews including the New York Times, Ola's business is booming. They also have an Ola Restaurant on 694 Brooklawn Avenue in Bridgeport as well.

RAINBOW GARDENS RESTAURANT & BAR - 117 North Broad Street, Milford, CT 06460 - 203-878-2500- www.rainbowgardens.org - Rainbow Gardens Restaurant & Bar is the quintessential example of a quaint & cozy New England family owned restaurant but with all the modern amenities. The dining area offers a series of private areas for that intimate cozy dinner. The view of the Milford Green is spectacular through large picture windows with stained glass accents.

SOLUN TAPAS BAR & RESTAURANT - 245 Amity Road, Woodbridge,

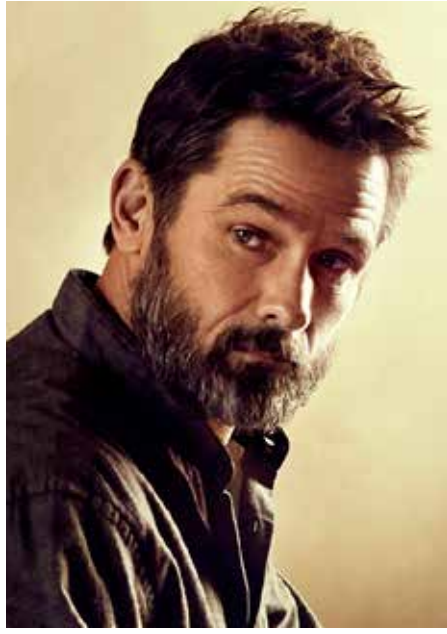
CT 06525 - 203-298-9741 www.soluntapasbar.com - Definitely a "hidden gem" in Woodbridge & is now more popular than ever. Owner Carlos Hernandez shares his passion for tap cuisine in a traditional & elegant style. Solun's cozy bar is definitely on the top my list for a fun evening.

WHEELERS RESTAURANT & TAPROOM - 180 Amity Road, Woodbridge, CT 06525 - 203-553-9055-www.wheelers-new-haven.com. Serving breakfast, lunch, dinner, brunch & happy hour. The owners buy as much as possible from local producers to showcase and support the many diverse products offered from beers to bread to meats and produce.

WOODBIDGE SOCIAL RESTAURANT, PIZZA & BAR - 12 Selden Street, Woodbridge, CT 06525 - 203-553-9135 - This beautifully renovated location features great food, friendly service -open 7 days serving lunch, dinner, brunch & happy hour.

FINAL NOTES: These are just a few of my favorite "romantic spots" in the area that offer great food and service. Reservations are a must for all these popular restaurants. Please remember to support our local family owned businesses. HAPPY VALENTINE'S DAY TO ALL and don't forget the romance! If you have a favorite restaurant e-mail: susan@orangetownnews.com.

**celebrity
extra**
by cindy elavsky



Billy Campbell

Q: I am so glad that "Helix" is back on Syfy. Can you give me any hints of what to expect this season? -- Lily T., via email

A: I spoke with series star **Billy Campbell** not long ago, and he gave me enough "Helix" scoop to get you through the next few episodes. When we caught up with our season-one survivors when season two began Jan. 16, we were introduced to two new characters, Brother Michael and Dr. Kyle Sommer, played by **Steven Weber** and **Matt Long**, respectively. Billy told me what it was like to work with them:

"They're both, first of all, first-class gentlemen. They are wonderful actors. I've known Steven Weber for many years. We first worked together in the mid-'80s and then again on 'Once and Again.' And he's a rake and a rogue and an imp, and I always knew he was a creepy guy inside. And now he had the chance to prove it. He's one of the funniest, and now, I believe, one of the creepiest guys I've ever met."

As far as season two goes, will Billy's character, Dr. Alan Farragut, continue his quest to uncover the truth behind Ilaria and the virus outbreak? "I would say that I come uncomfortably close to realizing my quest. Everything about the second season ties very neatly into that storyline. If you were shocked and surprised by season one, you will be doubly shocked and surprised by season two. They really outdid themselves. I'm not sure exactly what they were smoking in the writers' room for season two, but they sure seemed to be having a great time smoking it."

Q: I am sad that **Will Arnett's** series

"**The Millers**" was canceled. Can you tell me if I'll get to see him in something else soon? -- Jean F., Branson, Missouri

A: The hilarious and talented actor is set to team up with Netflix again, this time developing a series called "**Flaked**," where Will stars as a self-help guru named Chip who's struggling to stay a step ahead of his own lies. Will also co-created, co-wrote and co-executive-produced it with **Mark Chappell**. The series will premiere next year with eight episodes.

Q: When will "**Mad Men**" be back? -- Mike D., via email

A: The award-winning drama returns to AMC with its final seven episodes April 5 at 10/9c. Regarding the finale, series star **John Slattery** told "**Variety**": "It was surprising to the end"; while **January Jones** said: "It's a beautiful story. It's perfect in every way."

Series creator and writer **Matthew Weiner** told reporters at the Television Critics Association press tour that while he hopes fans will be pleased with the ending, "as the person telling the story, I think people sometimes have to be protected from what they want to see happen. To delight them with a surprise, you can't give them everything they want."

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ARTS & LEISURE



LOCAL ACTRESS KICKS SMOKING ADDICTION

Kathryn Shasha, of Bethany, smoked cigarettes for two decades, but two years ago she made the decision to quit the addiction. As a way to celebrate her new lifestyle, Shasha decided to participate in the fourth annual Fight for Air Climb: New Haven. She'll be climbing in New Haven for the second time with the Lung Association on Saturday, February 28 at 360 State Street.

Fight for Air Climbs are the American Lung Association's most unique fundraisers. Climbs take place in prominent skyscrapers, stadiums or arenas and involve walking, running or racing up hundreds of steps. Sometimes called a "vertical road race," teams and individual participants can use the event as a fitness target, as a race, or as a great way to be active and meet new friends. Registration starts at 8 a.m. and the first climber will begin at 9 a.m. The local actress will climb the 360 State Building with hundreds of other participants.

Shasha has spent most of her life as an actress; appearing in over 30 commercials such as the currently running Universal Hotel Liquidators. She also plays lead roles in several web series such as the SNL spoof-type-show "Pizzer Makers" and more recently as FBI agent Cable in the award winning Drama Series "Family Problems". This past summer she played the lead role of Claire in the Independent film "Losing

Face". Shasha has an extensive career in feature film roles and appearances as well spanning the decade.

After smoking for 20 years Shasha said she decided to quit in 2012 for her 3 year-old daughter, Mattia. She said she wanted to be around as long as possible for her and knew that smoking was taking a toll on her health. Her father-in-law, Pat Vessicchio, passed away from lung cancer several years before. "Getting lung cancer has always been one of my biggest fears. I decided to participate in the climb because it's a great way to exercise and it is a good reminder of why I quit smoking in the first place," said Shasha, who picked up her first cigarette at 11 years-old.

Participating in the climb for the first time last year, Shasha said she's hoping to keep her climb time under nine minutes. "I'm feeling good about it. It's a new year and time to re-boot," Shasha said.

To find out more about the Fight for Air Climb: New Haven or to register, visit www.fightforairclimb.org or e-mail Event Manager, Danielle Ferrari at newhavenclimb@lungne.org. The Fight for Air Climb: New Haven is proudly sponsored by Elm City Market, O'Tooles Irish Pub & Restaurant, Poland Spring, Telemundo, Channel 3, Yale-New Haven Hospital, 360 Street, AMP Radio Network and Radio 104.1 WMRQ.

ARE YOU THE BEST SINGER IN NEW HAVEN COUNTY?

Come on down to Karaoke Heroes in New Haven and show us what you've got!! Join us for the Voice of the Parade Contest! The winner will take home a Golden Microphone Award and will also win the honor of marching in the 2015 Greater New Haven St. Patrick's Day Parade! The Parade is scheduled for Sunday, March 15, 2015 at 1:30 PM!

Sign up at Karaoke Heroes, 212 Crown Street, New Haven, CT from 7:15 to 8pm on Thursday, March 5th, 2015. The contest begins at 8:15. The

cost is \$5.

(In-house raffle, prizes, and 2015 Parade Merchandise available.) Judges: Jon McMillan (local professional singer) and Fiona Stewart, 2013 Parade Queen. Each contestant may sing one song. Prizes for best female performer, male performer, and best group performance (2 to 4 singers) will be awarded. All contestants must sign up the night of the event and be present to win. Decisions will be final. Hope to see you there!



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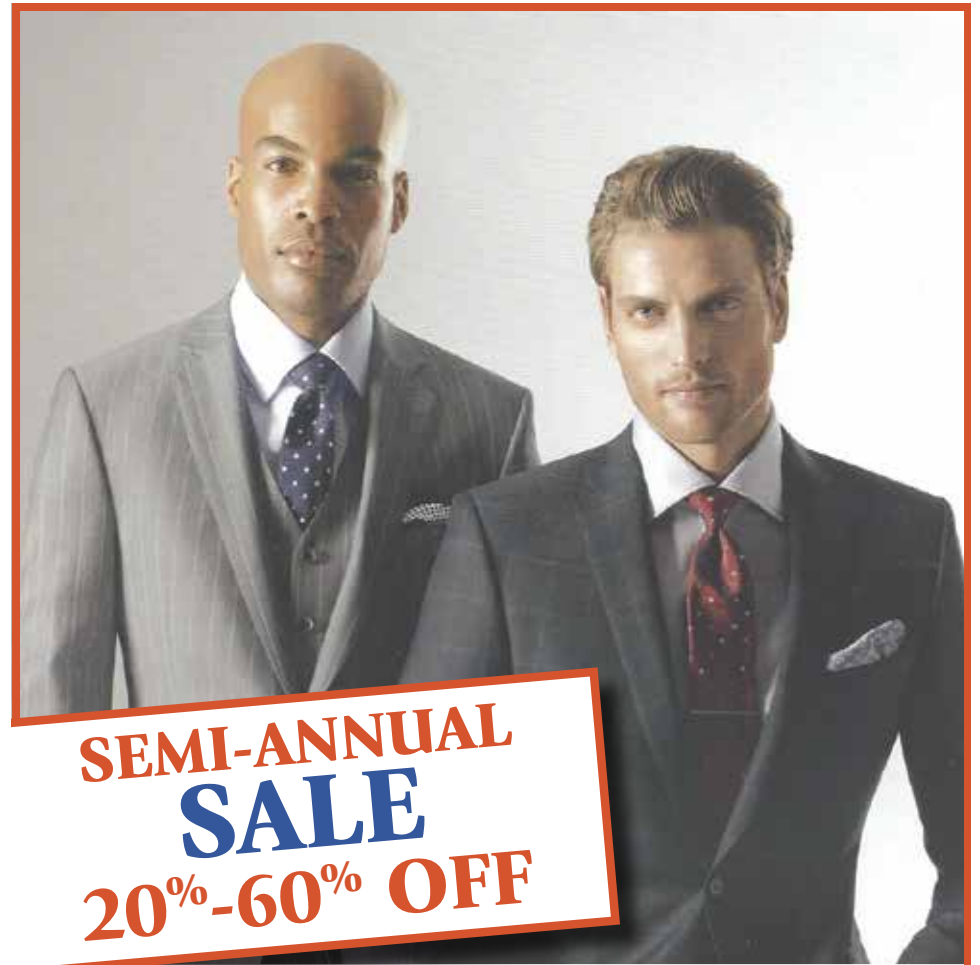
Recently, Bethany First Selectman Derrylyn Gorski was a guest speaker at the Woodbridge Rotary Club. She spoke on the Bethany Airport Community Center Project and described the three phases of the project. Pictured from left to right is First Selectman Derrylyn Gorski and newly appointed Woodbridge Rotary President Robyn Vartelas. Ms. Reilly is a Registered Financial Services Professional with New York Life Ins/NYLife Securities LLC. Robyn and her father, Ted Vartelas, have over 75 years of combined experience helping families, business owners and professionals to achieve financial success.



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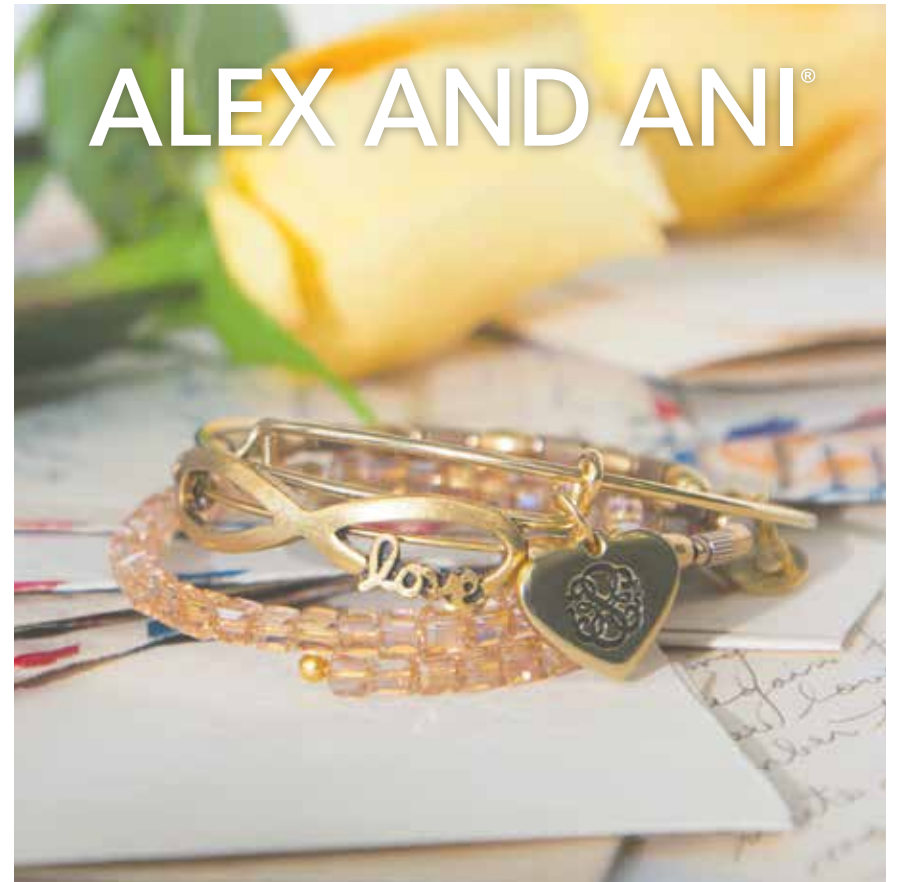
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CLUBS & ORGANIZATIONS



Recently, the Woodbridge Rotary Club honored Amity High School Senior and Bethany resident Alec Melotto as Student of the Month. Pictured from left to right is Rotarian Dr. Guy Stella, Amity High School Director of Guidance, Jill LaPlante, Student of the Month Alec Melotto, his parents, Judy and Albert Melotto, and Rotary President Robyn Reilly.

WOODBIDGE GARDEN CLUB HOSTS "VALENTINE TEA"

The Garden Club of Woodbridge invites you to "The Art of Romance - A Valentine Tea", Saturday, February 14, 2015 at 1 pm. Donna and Ron Lasko will reveal the 2,000 year history of Valentine's Day, how it became the world's most favorite holiday, how its evolution and traditions were woven into the art of romance from ancient times to

today. Their exhibit includes antique and collectible fans, Valentine Day cards and a variety of unique symbols of courtship and romance. Please join us at the First Church of Christ, 5 Meetinghouse Lane, Woodbridge, CT. You can purchase tickets at the door, \$30 or call Denise Rock 203-389-7453 for reserved seating.



BETHANY LIONS PRESENT CHECK TO AMITY MIDDLE SCHOOL

Bethany Lions George McDonnell and Jim Tirrell present school principal, Dr. Richard Dellinger and Leo Club facilitator Susan Skalka with a check in the amount of \$1200 to establish a scholarship fund for Nature's Classroom. This contribution will enable four more students to attend the invaluable five-day program. The students return with a better sense of how to work within a group and a better appreciation of

their responsibility in taking care of their environment. The students learn lessons that they will carry with them for the rest of their lives: team work, self-initiation, responsibility and accountability.

The Bethany Lions are very gracious supporters of the school's Leo Club both in terms of sharing time and expertise as well as financially. The Leo Club members are grateful for the partnership.



Left to right: Amity Regional School District Superintendent of Schools Charles Dumais, Woodbridge Rotary President Robyn Reilly, Rotary Student of the Month Dana Chung, Amity High School Counselor, Courtney Campbell, Dr. Joyce Chung (Dana's mother), and Rotarian Dr. Guy Stella, Coordinator for the Rotary Club Student of the Month Program

ROTARY CLUB STUDENT OF THE MONTH

The Woodbridge Rotary Club honored Dana Chung as January Student of the Month. Ms. Chung is a senior at Amity High School and a resident of Orange. Dana was nominated for this honor by Amity School Counselor Courtney Campbell.

In addition to accomplishing high academics, Ms. Chung is also an accom-

plished swimmer. She is also a member of the Student Government and participated in the Science Research Program at Amity High School. Ms. Chung plans on attending Williams College in the fall where she will study pre-med.

Ms. Chung was presented with a Certificate of Recognition from the Rotary Club.

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LOCAL BUSINESS ROUNDUP



LANDMARK SALE OF 129 CHURCH SOLD BY WARECK D'OSTILIO

Real Living Wareck D'Ostilio Real Estate is pleased to announce its recent sale of 129 Church St., New Haven, CT. Frank D'Ostilio and Vincent Torrens of Wareck D'Ostilio represented the buyer, a New York City based investment group. The sale was a co-broke with Betsy Brochin and John Tischio of Berkshire Hathaway Real Estate Services.

The 89,625 square foot 8 story landmark building overlooking the New Haven Green was built in 1912. It was once the home of the Second New Haven National Bank, founded in 1855. The building was the bank's fourth home and was designed by Starrett & Van Vleck of New York.

According to documents on file at the New Haven City Clerk's office, the building closed on December 30, 2014 for \$6.9 million. The building was sold by JMJ Real Estate Services.

JMJ purchased the building in 1993 for \$450,000 from the former Society for Savings.

Major tenants of the building include: NBC Studio, Square 9, Attorneys Levy, Leff & DeFrank, Liberty Community Services and Chick-Lets Organic Grille. 90-95% of the Building is occupied at time of the closing.

The new owners plan to upgrade the building with a fitness center and possible roof top deck to take advantage of the views of the New Haven Green on the west side and Long Island Sound on the east side.

The New Haven office of Wareck D'Ostilio Real Estate is located at 47 High Street in New Haven, across from the Yale Art Gallery. Real Living Wareck D'Ostilio Real Estate is part of The Real Living Network of Home Services of America, a Berkshire Hathaway Affiliate.

CURTAIN CALL RECEIVES "BEST OF HOZZ" AWARD

Curtain Call of Woodbridge CT has been awarded "Best Of Houzz" for Customer Satisfaction by Houzz, the leading platform for home remodeling and design. The custom window treatment company was chosen by the more than 25 million monthly unique users that comprise the Houzz community from among more than 500,000 active home building, remodeling and design industry professionals.

The Best Of Houzz award is given in two categories: Design and Customer Satisfaction. Design award winners' work was the most popular among the more than 25 million monthly users on Houzz, known as "Houzzers". Customer Satisfaction honors are determined by a variety of factors, including the number and quality of client reviews a professional received in 2014. Winners will receive a "Best Of Houzz 2015" badge on their profiles, helping Houzz users around the world who discover and love a professional's work to learn even more about that business' popularity and satisfaction rating among their peers in the Houzz community. "I am absolutely thrilled to receive this award and am grateful to my clients who posted wonderful reviews of Curtain Call on Houzz," states Adrienne Micci-Smith, the owner of Curtain Call.

"Houzz provides homeowners with a 360 degree view of home building, remodeling and design industry professionals, empowering them to engage the right people and products for their project," said Liza Hausman, vice president of industry marketing for Houzz. "We're delighted to recognize Curtain Call among our "Best Of" professionals as judged by our community of home-

owners and design enthusiasts who are actively remodeling and decorating their homes."

About Curtain Call: Adrienne Micci-Smith started her business eleven years ago with only her mother's 60 year old Singer sewing machine and her dining room table which she used as a cutting table. Since then she has developed a fully-equipped workroom and relationships with fabric and drapery hardware distributors. She is a Hunter Douglas Alliance Dealer, which means that she is well versed in Hunter Douglas Products. Curtain Call is a "shop at home" company. Adrienne visits her clients in their homes, bringing whatever materials will be needed to achieve the function they need and style they want. Adrienne and her clients work together to make her client's home a comfortable place.

About Houzz: Houzz is the leading platform for home remodeling and design, providing people with everything they need to improve their homes from start to finish - online or from a mobile device. From decorating a room to building a custom home, Houzz connects millions of homeowners, home design enthusiasts and home improvement professionals across the country and around the world. With the largest residential design database in the world and a vibrant community powered by social tools, Houzz is the easiest way for people to find inspiration, get advice, buy products and hire the professionals they need to help turn their ideas into reality. Headquartered in Palo Alto, CA, Houzz also has international offices in London, Berlin and Sydney. For more information, visit www.houzz.com.

SPLASH CAR WASH ANNOUNCES NEW SITES

Splash Car Wash, a leader in the car wash industry, has announced the addition of new sites as it continues to expand and grow across Connecticut and New York. These additions, while helping the business to grow, are also a reflection of the local economies they service.

Recently, Splash Car Wash opened in Southbury, Connecticut with a full service hand wash, oil change, and Five Star Detail Center. This was Splash's 17th location to open. As a Hand Wash, Southbury combines the benefit of a 100% lamb's wool mitt hand wash with the speed of a conveyerized operation. With the use of special Simoniz soaps and a trained crew, Splash Southbury has cleaning down to a science and can complete a wash with vacuum and windows usually in about 12 to 15 minutes.

The 18th location was completed in Cromwell, CT as a Splash Express

Exterior Wash with bays for self-serve as well as in-bay automatic washing. The Express Exterior Wash has the latest carwash technologies designed to wash cars quickly and thoroughly while providing the customers a great show as they ride through the tunnel. "Beginning with the 'Foaminator' - a device that coats the car with a thick blanket of Simoniz soap - and ending with a new 'dry & shine' machine at the end, cars come out sparkling in no time", said Dan Petrelle, Chief Operating Officer and co-owner of Splash. Additionally, carwash customers are provided free self-service vacuums to use after their wash.

The 19th Splash center is expected to be opening this month in Stratford, CT, and will include an Express Exterior Wash with an oil change. Again, customers will have free vacuums to use along with their carwash. This, along with previous locations, gives Splash

a total of 19 different service centers across Connecticut and New York with 21 wash tunnels, 19 detail centers, and 7 oil change centers.

This expansion is reflective of the improving economy in the localities Splash serves. "Splash will continue to add locations in markets that have the right location and demographics that fit our model. We feel strong about the economic future of Connecticut and New York", added Petrelle.

Meanwhile, Splash has begun construction on the latest location to be built in the Bedford Hills region of New York. This will be a \$4-million facility with a full service hand wash, an Express Exterior wash, and a detailing center. This new site is expected to be finished sometime late in May.

In addition to the new locations, Splash has also begun to reinvest in their existing sites, earmarking close to \$2,000,000 in equipment and aes-

thetic improvements. The Express Exterior stores will be retrofitted with new pieces of equipment, including the "Foaminator", and will add free self-serve vacuums where possible. Some of the locations have already been renovated, including Cheshire and West Haven, with Greenwich, New Haven, and Norwalk now underway. The goal is to have all sites continue to operate during the planned improvements with a minimum of service disruption.

"We're excited to make these improvements and to add these new sites," stated Chris Fisher, co-owner of Splash. "It almost feels like we're starting up even though we've been in the business for 34 years." Fisher and co-owner, Mark Curtis, started the business with the acquisition of an existing carwash in Greenwich, Connecticut in 1981. Their second location in Bedford Hills, New York wasn't added until 14 years later.

WEDDINGS & ENGAGEMENTS



CUNNINGHAM, SWEEDLER TO WED

MaryKay and Michael Cunningham of Baltimore, MD are pleased to announce the engagement of their daughter, Amanda Marie to Jason Ross Sweedler, son of Mary-Ellen Cerrone-Sweedler and the late Norman Sweedler.

The couple graduated from Drexel University. Amanda is an accountant at Brandywine Global Investments, Philadelphia. Jason is an Operations Systems Analyst at Energy Tech Solutions, Philadelphia. An October wedding is planned.

TURN VALENTINE'S DAY GREEN

The world may turn red, pink and white come February, but environmentalists urge the public not to forget about going green this time of year. Valentine's Day can be made more earth-friendly with a few extra tips and some heightened awareness with regard to the planet.

Send a card made of recycled materials. Save paper and trees when purchasing cards by choosing those made of recycled materials. Or make your own cards from materials found around the home. A handmade card may appear more heartfelt anyway.

Give eco-friendly chocolates. Purchase chocolates that were made under sustainable conditions and from companies that provide farmers and other

workers with good working conditions. The Rainforest Alliance, for example, lists companies that are certified as environmentally responsible.

Research jewelry production. Gold mining can be destructive and cause environmental blight. Aim to purchase from retailers that limit mining waste and environmental damage. Another idea is to recycle old gold jewelry into new items. Jewelry stores can melt down precious metals and turn them into entirely new and beautiful pieces.

Give thoughtful gifts. If a loved one is involved with or supports a particular charity or environmental action group, consider giving a donation to that organization in lieu of a traditional Valentine's Day gift.

"Toll Bros." continued from Page 1

\$500,000; smaller units ranging from the mid \$300,000 to mid-\$400,000. Detached homes could range from mid \$440,000 to mid \$500,000. All units would feature a first floor bedroom.

The company hires most sub-contractors from Connecticut. The roads connecting the development would be privately owned and maintained; the entry would be from Ansonia Road. An emergency exit would be provided on Johnson Road.

The projection is to build about 25 units per year, drawing as many as a third of the residents from Woodbridge, a third from surrounding towns and the rest from elsewhere, including people who have children in the area. In return, Toll Brothers would pay the town \$6.5million in cash, right at closing. It would also take care of the construction of the golf course, should the town want that; would demolish the existing clubhouse and construct a smaller building to house a small pro-shop and restroom.

Jonathan Rose proposal: The second proposal, by Jonathan Rose Co., envisioned a somewhat smaller development of age-restricted rental units, which would be managed by the Watermark Retirement Communities. It offered to pay the town 1.75 million for 11 acres, with an additional ten acre option for 20 "cottages". The estimated tax income, once fully built out, was \$600,000 as opposed to the \$2 million from the Toll Brothers project.

The Rose Co. project envisioned reopening the existing clubhouse "as a premiere town amenity" with a year-round café open to the public; a senior wellness center, pro shop and locker room as well as outdoor pool, as written in its proposal. It also would turn the golf operation into a nine-hole course with a driving range and educational facilities. This proposal also includes a dog park, community garden, walking trails and a scenic overlook in the center of the property.

However, the Rose Co. withdrew its proposal. In a brief press release, project manager David McCarthy said, "due to competing demands on our time we could not commit to pursuing the development project at this time".

The Toll Brothers proposal will now be forwarded to several of the town's commissions for thorough examination, Scalettar said, namely the Conservation Commission, the Country Club of Woodbridge Commission, The Commission of Publicly Owned Properties, Recreation and Human Services. She expects the chairpersons of these groups to invite Toll brothers to make its case, and for the public to listen to the plans.

Scalettar said she would also be setting up a schedule of public meetings. "I don't want to hear that anybody was deprived of the opportunity to hear what this proposal is all about," she said. There will be plenty of opportunity for the public to ask questions before the issue will be referred to referendum.

TOWN OF WOODBRIDGE MEETINGS FOR THE MONTH OF FEBRUARY 2015

(Subject to Change, Check with Town Clerk's Office, 203-389-3422)



Town Hall

2/9	Library Commission	6:00pm	Library
	Zoning Board of Appeals	7:30pm	Town Hall
2/11	Board of Selectmen	6:00pm	Town Hall
2/18	Inland/Wetlands Agency	7:30pm	Town Hall
2/19	Board of Finance	6:00pm	Town Hall
	Conservation Commission	7:30pm	Town Hall
2/23	CC of Woodbridge Commission	6:00pm	Town Hall
	Recreation Commission	7:00pm	Beecher School So.
2/24	Government Access TV Committee...	7:15pm	Town Hall

BULLETIN BOARD

Please Note: If you have an event for the Bulletin Board, please send it along no matter how far in advance it is. We will include it in the appropriate issue(s) until the event has taken place.

Boy Scout Troop 63, meetings Monday nights from 7:00 pm – 8:30pm, Our Lady of the Assumption “Mother” Church, 1700 Litchfield Turnpike (Rte. 69), Woodbridge; September- April and May-June outdoors at Camp Whiting, all boys ages 10 and up or who have completed the fifth grade are welcome to stop by and see what we’re all about. For more information, visit <http://www.troop963.org> or email Troop63CT@gmail.com.

Woodbridge Republican Town Committee Meetings, second Tuesday of each month, 7:30pm, Center Cafeteria. Visitors welcome and urge you to join us. For information, go to www.woodbridgegop.org.

God On Tap, Wednesdays, 5:30-6:30pm, Wheeler’s Restaurant and Taproom, 180 Amity Road, Woodbridge, refreshments with friends & nourishing conversations facilitated by Elsa Worth, priest at Christ Church, Bethany, www.christchurchbethany.org.

Spring Entrepreneur Series, Thursdays, 5:30-8:00pm (PDT), New Haven Free Public Library, 133 Elm Street, New Haven, View Map, sponsored by SCORE New Haven (<http://newhaven.score.org/>) and the New Haven Free Public Library to help participants establish a business plan, understand basic financial statements, learn how to build a recognizable brand, and manage technology effectively. Participants will receive a certificate of attendance upon successful completion of the series.

Alzheimer’s Community Caregivers Support Group, 2nd Thursday of the month, 5:00pm, Arden House, Conference Room, 850 Mix Avenue, Hamden. Call Maria Paduano, Program Director to RSVP or for more informa-

tion at 203-281-3500, ext. 7669; www.genesisshcc.com.

Woodbridge Rotary Club Meetings, 1st and 3rd Friday of the month, 7:30am breakfast meeting, Country Corner Diner, 756 Amity Toad, Bethany and the 2nd and 4th Friday of the month, 12:15pm luncheon meeting, Woodbridge Social, 12 Seldon Street, Woodbridge. Anyone interested in learning more about Rotary should contact Anna Dickerson at 203-710-0223 or email annadickerson@yahoo.com.

Trap Falls Kennel Club Obedience Classes, every level, AKC STAR Puppy (obedience for dogs under 12 months) and Family Manners Classes/Obedience & Canine Good Citizen; Wednesday and Thursday evenings, Pawz for Wellness in Shelton, CT. For registration and/or information, call 203-450-9485 or email tfkctraining@gmail.com. Trap Falls Kennel Club is a non-profit member club of the American Kennel Club (AKC).

Amity Parent Support Group, meets every other Friday morning, 7:45am, Woodbridge Senior Center Lounge, 4 Meetinghouse Lane, sponsored by Amity High School, Woodbridge Youth Services and the Orange Drug and Alcohol Action Committee, local parents who struggle with children who are, or may be involved with, substance abuse share experiences and concerns in a confidential setting, For more information, please contact Nancy Pfund at 203-389-3429, or e-mail npfund@woodbridgect.org.

Sunday Brunch At Cask Republic Supporting the 2015 Greater New Haven St. Patrick’s Day Parade, Sunday, February 22, 2015, 12:30 to 2:30pm, Cask Republic Communal Tavern, 179 Crown Street, New Haven CT, \$30 per person/ Advance Reservations: 475-238-8335. For more information, please visit our website at stpatrikscdayparade.org/events.

AMITY SPRING ADULT & CONTINUING EDUCATION CLASSES

Registration is now open for the spring session of Amity Adult & Continuing Education, set to begin on March 3rd. This spring there are several new courses to choose from as well as many standard favorites. To view the full catalog, and to register online, simply log onto www.AmityAdultEd.MyProgramPlus.com.

New and exciting career courses being offered are: Real Estate Principals and Practices, a 60 hour course, presented by Alliance Real Estate School, designed to provide a basic understanding of the real estate business. This course will qualify the student for application for the State Real Estate Exam to obtain a license.

CT Security Officer License Certification Course – Get certified to receive your Connecticut Uniformed Security Officer/Guard/CT security license through this 2-day course.

In the manufacturing field, Solidworks 3-D Modeling Fundamentals is again being offered. This 36-hour course will teach students to use Solidworks, the most widely used mechanical design automation software in the world.

Other new courses being offered this spring include: Memoir Writing; Vegetable Gardening; Toxic Free Cleaning; Herb Gardening; Refuse to be a Victim Seminar; Navigating the College Admissions Journey; Before You Get Your Puppy; How to Get Your Dog to Behave and What to do When He/She Doesn’t; Health Care Directives; Banish the Belly - Say “Bye Bye!” to Belly Fat!;

Reverse Mortgages, Separating Fact from Fiction; To Roth or Not to Roth; Social Security; Make Your Website Work for You; Healthy and Delicious Vegan Eating; Weight Loss with Hypnosis; Watercolor 101; Zentangle, Beyond Basics; Mixed Media Canvas; Elegant Layered Die Cut Cards; Fast and Fabulous Springtime Cards, and more.

Returning favorites include: A Night with Dr. Bernie Siegel; Amazing 1-2-3 Acrylic Painting; Guitar; Babysitting Basics; Ballroom Dancing; Boating Safety & Personal Watercraft; Mah Jong; Intro to Interior Design; Calligraphy; Creative Writing; Zentangle Basics; Jewelry, Basic Beading; Estate Planning; First Aid; CPR, Adult, Child & Infant; Look Before You Leap Into Your Own Business; Marketing 101; Mandarin Chinese; Italian; Polish; Paranormal Intrigue; Stained Glass; Digital Photography; Yoga; Zumba; Tai Chi and an array of Computer Classes.

Bus trips this spring include: NYC Food & Market Tour; Salem Cross Inn, West Brookfield, MA; 9/11 Museum/Memorial; Boston Little Italy & Quincy Market; “Hello Dolly”, Warner Theater, Torrington; A Day in Philadelphia; Country Living Fair, Rhinebeck, NY; and Whale Watch, Gloucester, MA.

For full course descriptions, and to register for classes, view the complete Spring 2015 Amity Adult & Continuing Education catalog at www.AmityAdultEd.MyProgramPlus.com. For more information, please contact Karen Wade at 203-392-2005.



Do you have a Special Needs Child?

Do you need support?



Join Our Parents Only Support Group!

Share your concerns, life experiences, knowledge, resources and let's create strategies to best support our children together.



Our First Meeting:
Saturday, February 28, 2015
from 10:00 - 11:00 a.m.
at the Woodbridge Library

Please RSVP by sending an email to:
Michelle Cubanski: mlwc327@aol.com or
Stacy Moran: saranac26@yahoo.com

Find us on Facebook:
Woodbridge CT Parents of Special Needs Children

HOUSES OF WORSHIP EVENTS



CHURCH OF THE GOOD SHEPHERD - BRINGING PEOPLE TOGETHER

The Church of the Good Shepherd's Youth Group invites you to attend our Annual Shrove Tuesday Pancake Feast on Tuesday, February 17 beginning at 6pm in the Parish Hall. Everyone is encouraged to bring a board game to complement our evening of family fun. Our youth look forward to taking over our commercial kitchen! Under the supervision of adult volunteers, the entire event will be prepared and served by our youth. When they get together, a fun time is guaranteed. New youth group members are always welcome. In February, the CGS Youth Group meets every other Friday, beginning on Friday, February 6th at 7p.m. for an Ice Cream Social. For more information, please call the Parish Office.

On Sunday, February 22nd, between 6-7:30pm, our Prayer Shawl Ministry will host a Pasta Supper in the Parish Hall. Anyone interested in learning how to knit a prayer shawl is invited to join our crafters. We are a small and dedicated group who create beautiful prayer shawls all year round. We are looking to grow our group and would like to help other religious organizations start a Prayer Shawl Ministry. If

interested, please RSVP and come to our Pasta Supper to learn more. This is a wonderful ministry to share with individuals who need the comfort of a hug from a blessed prayer shawl.

It doesn't take much to bring a group of people together when you offer good food and fellowship. This is evident every Wednesday when the Shepherd's Table opens its doors between 11a-1pm for its free weekly lunch program with Bingo. This week was a special week at the Shepherd's Table as we celebrated its 4th anniversary. If you are in town on Wednesday, please stop in and join the fun. Happy 4th Birthday, Shepherd's Table!

All are welcome to join our many community programs and services, especially as we approach the Lenten Season. For more information, please call the Church Office @ 203-795-6577, email Patrice, our Administrative Assistant at thegoodshepherd@optonline.net, visit our website at www.thegoodshepherdorangedct.org and/or visit our Facebook page. The Church of the Good Shepherd is located at 680 Racebrook Road, Orange, Ct. The entrance to the Parish Hall is located at the lower level parking lot.

B'NAI JACOB EVENTS CALENDAR

Every Saturday, 9:00 a.m.; come learn parshat hashavua (the weekly torah portion) over bagels and coffee in the library with Rabbi Shapiro before 9:45 a.m. services.

Reading Zornberg with Rabbi Shapiro. February 2nd at 7:30-9:00 pm. Taught on Monday nights Rabbi Shapiro leads us in the study of Zornberg's commentary in preparation for her visit. We will be studying her commentary on Exodus. Future Dates: Feb 9, 23 March 2, 9, and 16.

Shabbat Lunch & Learn. February 7th After Kiddush. What's so Divine about Divine Law? Come join Christine Hayes as she speaks about her book on the ancient Jewish response to Greek law and how it shaped Western civilization.

Comedy Night. February 7th at 6:45 pm. Come join us for a night of laughter with your friends. \$57.75pp includes show, lite dinner, dessert, wine and a signature drink. The BIG Raffle

drawing will be during comedy night.

B'nai Jacob/Ezra Academy Shabbat Dinner. February 20th at 7:15 pm. All are welcome to Shabbat Schmooze and Services but you must pre-register for dinner. Your payment is your reservation.

Every Tuesday & Wednesday Mah Jong & Canasta. Anyone can come in and play. We will be offering coffee "and" but feel free to bring a dairy lunch. We have limited amount of tables, call the office to make reservations. Last minute reservations can usually be accommodated.

Prayer Book Hebrew Class with Rose Rudich. Come join Rose every Thursday afternoon to brush up on your Hebrew. (Some experience is necessary)

As a reminder, daily minyan is at 7:45 a.m. & 6:00 p.m. and Sunday morning minyan is at 9:30 a.m. Friday night services are at 6:30 p.m. and Saturday at 9:45 a.m.

FIRST CHURCH OF CHRIST - EVERYONE IS WELCOME HERE!

With a unanimous vote of the congregation, the First Church of Christ in Bethany has declared itself an "Open and Affirming Congregation of the United Church of Christ". The church members declared that as "all people are welcomed by God's grace, we welcome all people."

The church has declared that all people are welcome – people of every race, ethnicity, gender, diversity, sexual orientation, marital or socio-economic status, age, and physical or mental ability. Everyone is welcome to worship, service, fellowship and leadership in this church.

"We want to be a place of welcome, a place where people can come, raise their families, experience community and know God's love. We want to be people who live out God's welcome in our daily lives," said interim Pastor Virginia Child. "For instance, one of our members who is a pediatric nurse practitioner, has begun to wear a rainbow lanyard while at work, so that the children she sees will know that she is a safe person to

talk with."

The First Church of Christ, Congregational UCC has been an integral part of Bethany life since 1762. Passionate in its outreach, the church supports area food banks, the New Haven Diaper Bank, and local emergency needs, as well as providing worship and Christian education for all.

For more information, please contact: The Rev. Dr. Virginia H. Child, Pastor-child02914@gmail.com, (774) 218-0738; The First Church of Christ, Congregational, UCC, Bethany CT.

The First Church of Christ, Congregational UCC of Bethany is an Open and Affirming Church. We are open and affirming to all who wish to share our faith journey. All people are welcomed by God's grace and thus we welcome all people of every race, ethnicity, gender diversity, sexual orientation, marital or socio-economic status, age, and physical or mental ability into the worship, rites, sacraments, fellowship and leadership of our church. We recognize and love each and every individual as a child of God.

ORANGE CONGREGATIONAL CHURCH EVENTS

Shrove Tuesday Pancake Supper

February 17, 5-7 PM. Let's get ready for Lent. A pancake supper is offered by the Christian Service and Outreach Board to rid the house of fat!

Ash Wednesday

February 18, Noontime Meditation in Chapel, 7:00 PM Worship in Chapel. Both services will offer the imposition of ashes.

Lenten Sunday Sermon Series

I Love to Tell the Story: Parables for the Lenten Journey. Worship in the Chapel at 8:00 am and in the Sanctuary at 10:00 am. Each week we will focus on a parable of Jesus that will help us make this Lenten pilgrimage.



Orange Congregational Church

The Lenten Supper

Wednesdays at 6:00 PM, 2/25, 3/4, 3/11, 3/18, 3/25. Gather around the table for supper, worship and study

ALW@OCC

Check out the OCC Facebook page for ALW (A Lenten Word). Each day starting on February 18 a word will be posted for reflection for Lent. You are invited to post a photograph or a short reflection or meditation on that word.

Like us on Facebook – Orange Congregational Church UCC.

Attention Churches, Synagogues & Houses of Worship!

Send us your organizations events listings and items of interest.

We will publish them for free.

Woodbridge Town News – P.O. Box 1126, Orange, CT 06477
edit@woodbridgetownnews.com

DOLLAR\$ AND \$EN\$E



“MARRIAGE AND MONEY”

By Roberta L Nestor

When Ward and June Cleaver left America's TV screen, so did the financial simplicity of marriage. Today there are many different forms of marriage. There are first marriages, second marriages, civil unions, domestic partnerships and common law marriages. Combine any of these marriages with merging bank accounts, credit cards, health insurance, taxes, retirement plans and life insurance and things get more complicated. Add some curve balls like alimony, child support, bad credit, debt and prenuptial agreements and things can get real messy. Welcome to today's "modern family"!

Regardless of how your marriage may be categorized, the planning aspects for marriage include money management, housing, insurance planning, investment planning, retirement planning and estate planning. Do not expect to tackle all of these at once and be realistic, agree together which of these areas should be a priority. There are many decisions to make and trying to figure out all of these areas at one time will cause undue stress.

Merging finances is perhaps the most difficult; all of a sudden "your money" becomes "our money". Start with a simple assessment of income, expenses, assets and liabilities. Each individual should make an inventory list and then, together combine the two inventories into one. Discuss joint checking and savings and the responsibilities for expenses and record keeping. Initially you might find that keeping separate checking accounts is easier, but periodically review these decisions to make sure they are working for both parties.

While insurance planning is important, your immediate focus should be on health insurance, especially with the myriad of changes that are happening with Obama Care. If each of you have health insurance available through your employer, it means comparing costs, benefits and consideration for longevity of employment. Self-employed individuals can pay hefty premiums and being able to go on a spouse's employer plan can bring immediate financial relief. Life insurance, homeowner's,

automobile and disability insurance are all part of the process.

Combining investment and retirement planning will take time. It's also an area that may be new to one of you, not everyone is investment savvy and being passive about saving in a 401k or other retirement plan is more common than not. Go back to that income, expense, asset and liabilities list. The good news is that there are plenty of financial advisors out there that can guide you not only with investment and retirement planning, but also with some of those insurance needs.

Finally, one of the most important aspects of marriage and planning is often the one that is most ignored and left for future years, and that is estate planning. A will, living documents such as power of attorney and appointment of one another as health care representatives are extremely important. If for some reason you or your partner is averse to making a Will, at least make sure you have the living documents and make sure you change your beneficiaries on any life insurance or retirement plans.

So, after all of these discussions, your next step is to assemble the best professional team you can. That means finding trusted advisors such as an attorney, tax preparer, insurance agent and a financial advisor that can guide you through the money matters of marriage. It's just not that simple anymore.

Roberta L. Nestor is a financial advisor practicing at 491 New Haven Avenue in Milford, CT offering retirement, long term care, investment and tax planning services. She also offers securities and advisory services as an Investment Adviser Representative of Commonwealth Financial Network – a member FINRA/SIPC and a Registered Investment Adviser. Fixed insurance products offered through Nestor Financial Network are separate and unrelated to Commonwealth. Commonwealth Financial Network or Nestor Financial Network does not provide legal or tax advice. You should consult a legal or tax professional regarding your individual situation. Roberta can be reached at Nestor Financial Network, 203-876-8066 or roberta@nestorfinancial.com.

Wine Talk

With Ray Spaziani



WINES & VALENTINES

Valentine's Day generally means a bottle of Champagne and a box of Chocolates. I am not a big fan of that pairing but it is so popular let's take a look at Champagne. What is it? Champagne, the real stuff, is produced only in the Champagne region of France. It is made using the Champagne method which has been passed down through the ages and it is considered worldwide as the best place and the best way to make wonderful sparkling wine. The Champagne method is a process of double fermentation in the bottle! (I have tried it and it is not easy!) They ferment some nice

white wine, usually single fermentation Chardonnay, and they put it in a bottle then add some sugar and a little yeast and put a beer cap on it. Now it begins to

ferment once again. When this gets about two thirds the way through the secondary fermentation process, so it is sweet and still bubbling they take the bottle and turn it upside down into ice so that the top of the bottle freezes.

All of the lees and sediment from the secondary fermentation settles to the bottom and gets into the ice. Then the bottle is "disgorged" or they pop the beer cap and get rid of the ice with the undesirable debris from the second fermentation. They top it off with some more white wine sometimes adding some more sugar. A large heavy cork is placed in the top of the bottle, (sometimes the cork can be plastic). They then wrap it up with some wire to they don't pop the cork and they let it age. Notice the bottle tends to be much thicker than a normal wine bottle because the pressure from the bubbles can blow up a normal wine bottle!

Types of Champagne: Blanc de Blancs are wines made exclusively from Chardonnay grapes. Blanc De Noirs is a white champagne made from red Pinot Noir and Pinot Meunier. Mousse is the foam that appears at the top of the wine glass when the champagne is poured. Brut is dry meaning the wine has had a minimal Dosage. Is the amount of sugar added to the wine when it is topped to cut the acidity? Champagnes are usually a blend of grapes, typically Pinot Noir and Chardonnay, often with a touch of Pinot Meunier

as well. They range from dry (brut) to mildly sweet (demi-sec) to very sweet (doux). Different producers, or "houses," have different styles, too, ranging from light and delicate to rich and full-flavored.

Many other countries make excellent sparkling wines as well. Those from North America tend to be more fruit-forward than most Champagnes. Cava, an inexpensive sparkler from Spain, often has an earthy character. Italy's Prosecco is also affordable and popular for its engaging foaminess and hint of sweetness on the finish. Some of the

above wines are made the Champagne method.

Some are not. There is a batch method where the wines are placed in the bottle

and hit with a

little co2 to give it some sparkle. This is much less labor intensive than the Champagne method.

Champagnes make great aperitifs, but they're also good throughout the meal, especially with shellfish and salty or spicy dishes. Chocolate? I don't think so, although it does work well with chocolate dipped strawberries. The rule to follow is the bigger the chocolate the bigger the wine needs to be to match. Big chocolates that have 35% coco or more need to have a big hearty Pino Noir or even a California Zinfandel to stand up to the chocolate flavor. Tawny and vintage Port works very well also. In Napa Valley they quite often have chocolate and wine tastings. They have had success matching dark chocolates with Cabernets and Zinfandels.

So get your Valentine a box of chocolates and some Champagne. Toast with the Champagne and have the Chocolate for desert with some Zin, Cab or Port. You will be glad you did!

Ray Spaziani is the Chapter Director of the New Haven Chapter of the American Wine Society. He teaches wine appreciation classes at Gateway Community College the Milford Board of Ed and Maltose Wine and Beer, and is a member of the International Tasting Panel of Amenti Del Vino and Wine Maker Magazine. He is an award winning home wine maker. Email Ray with your wine questions and wine events at Ray.Spaziani@gmail.com.



ENTERTAINMENT

TOP 10 MOVIES

- 1. The Hobbit: The Battle of the Five Armies (PG-13)**
Ian McKellen, Martin Freeman
- 2. Unbroken (PG-13)**
Jack O'Connell, Takamasa Ishihara
- 3. Into the Woods (PG)**
Anna Kendrick, Meryl Streep
- 4. Night at the Museum: Secret of the Tomb (PG)**
Ben Stiller, Robin Williams
- 5. Annie (PG)**
Quvenzhané Wallis, Cameron Diaz
- 6. The Hunger Games: Mockingjay -- Part 1 (PG-13)**
Jennifer Lawrence, Josh Hutcherson
- 7. The Gambler (R)**
Mark Wahlberg, Jessica Lange
- 8. Imitation Game (PG-13)**
Benedict Cumberbatch, Keira Knightley
- 9. Exodus: Gods and Kings (PG-13)**
Christian Bale, Joel Edgerton
- 10. Wild (R)**
Reese Witherspoon, Laura Dern

TOP 10 RENTALS

- 1. Teenage Mutant Ninja Turtles (PG-13)**
Megan Fox
- 2. Guardians of the Galaxy (PG-13)**
Chris Pratt
- 3. Into the Storm (PG-13)**
Richard Armitage
- 4. Let's Be Cops (R)**
Jake Johnson
- 5. If I Stay (PG-13)**
Chloe Grace Moretz
- 6. How to Train Your Dragon 2 (PG)**
animated
- 7. Tammy (R)**
Melissa McCarthy
- 8. 22 Jump Street (R)**
Channing Tatum
- 9. When the Game Stands Tall (PG)**
Jim Caviezel
- 10. And So It Goes (PG-13)**
Michael Douglas

CHART BUSTERS

Top 10 Pop Singles

- 1. Mark Ronson feat. Bruno Mars**
"Uptown Funk!"
- 2. Taylor Swift**
"Blank Space"
- 3. Hozier**
"Take Me to Church"
- 4. Ed Sheeran**
"Thinking Out Loud"
- 5. Sam Smith**
"I'm Not the Only One"
- 6. Meghan Trainor**
"Lips Are Movin"
- 7. Nick Jonas**
"Jealous"
- 8. Ariana Grande & The Weeknd**
"Love Me Harder"
- 9. Taylor Swift**
"Shake It Off"
- 10. Meghan Trainor**
"All About That Bass"



Meghan Trainor

Top 10 Country Singles

- 1. Carrie Underwood**
"Something in the Water"
- 2. Tim McGraw**
"Shotgun Rider"
- 3. Eric Church**
"Talladega"
- 4. Luke Bryan**
"I See You"
- 5. Florida Georgia Line**
"Sun Daze"
- 6. Brad Paisley**
"Perfect Storm"
- 7. Blake Shelton feat. Ashley Monroe**
"Lonely Tonight"
- 8. Kenny Chesney**
"The Big Revival"
- 9. Thomas Rhett**
"Make Me Wanna"
- 10. Lee Brice**
"Drinking Class"



Ed Oxenbould as "Alexander"

EDITOR'S NOTE: DVDs reviewed in this column will be available in stores the week of Feb. 9, 2015.

PICKS OF THE WEEK

"Alexander and the Terrible, Horrible, No Good, Very Bad Day" (PG) -- Based on the beloved kids book, this family-film adaptation gives us a likable account of unfortunate events in the lives of an 11-year-old and his (briefly) family. Alex (Ed Oxenbould) is the victim of escalating misfortunes, from gum in his hair to sharing a birthday with an infinitely more popular kid. Once Alex has his bad day,

he wishes his parents (Steve Carell and Jennifer Garner) and siblings could feel what it's like -- and they soon do. Disney delivers a satisfactory update of the original story, without pushing any boundaries. Alex, for instance, has to face the new-age humiliation of seeing his face photoshopped into a mocking image. Ultimately, we get a few chuckles while learning an important lesson -- good luck swings both ways.

"Nightcrawler" (R) -- Jake Gyllenhaal plays a ruthless amateur clawing his way to the top of the local news game. Lou Bloom (Gyllenhaal) is an ever-smiling, self-taught, ambitious and amoral kind of "reporter" -- his bread and butter come from filming blood, car wrecks and other types of mayhem. He's energetic, yet dead behind the eyes. On his way to the top, Bloom winds up at the center of one of his own gruesome stories. The force of the film comes from Jake Gyllenhaal's performance as a charming sociopath. On one hand, you can't stop watching him, while on the other hand, you really believe this guy would chop up his grandma if somebody would pay for the pictures.

"The Green Prince" (R) -- Terry Gilliam sure knows how to make a nightmarish future look really enchanting. The director of "Brazil" and "Twelve Monkeys" teams up with wunder-actor Christoph Waltz for this wild flick about the painstaking task of calculating the meaning of life. Waltz plays a genius with a serious case of the existential-gloomies. His boss (Matt Damon) has given him the assignment to make a computer that can tell us what existence is for, if anything at all. It's a movie that goes deep into cartoonishly cynical territory, so we can all come out the other side.

- Who wrote and released "Solitary Man" and when?
- Which of these Elton John singles climbed the charts to No. 1 in the U.S.? "Rocket Man," "Daniel" or "Pinball Wizard."
- Name the artist who released "Laurie (Strange Things Happen)."
- Which Dixie Cups song did the group claim came from their grandmother?
- Name the song that contains this lyric: "You must leave now, take what you need, you think will last, But whatever you wish to keep, you better grab it fast."



1. Neil Diamond, in 1966. It wasn't until many years later that Diamond would say he realized that he'd written the song about himself.
2. None of them. Even "Candle in the Wind" didn't make it.
3. Dickey Lee, in 1965.
4. "Lko Lko." The group was named by James Crawford, who claimed that the song was actually his song "Rock-a-mo."
5. "It's All Over Now, Baby Blue," by Bob Dylan in 1965. There has always been debate about who Dylan is saying goodbye to with this one.

Sudoku answers on page 32

Weekly SUDOKU

by Linda Thistle

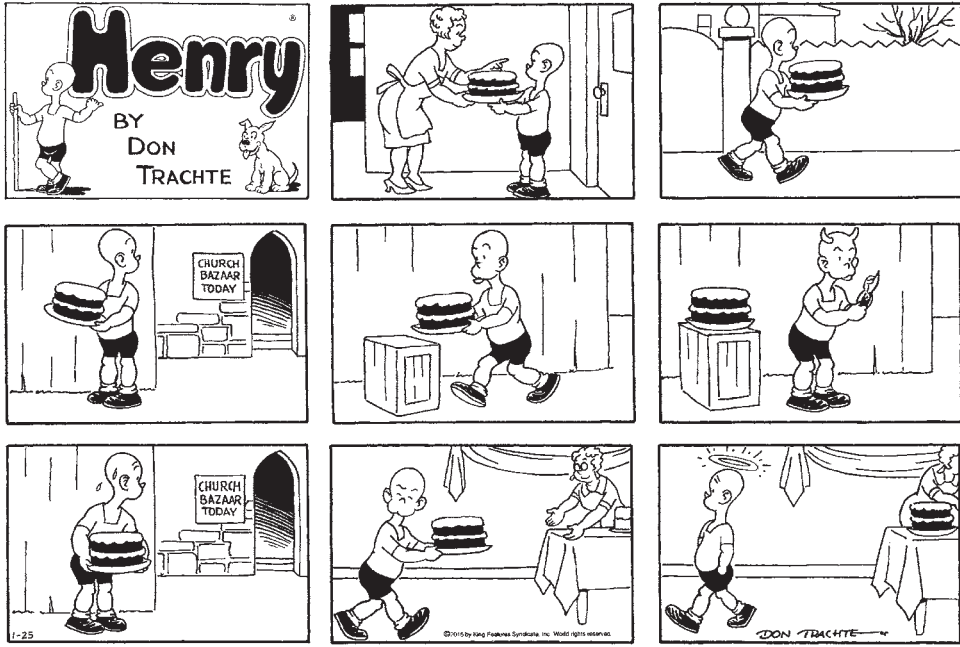
		4			7	9		5
5	3		8					1
	7			2		8		
3			4					5 2
	1			6		7		
		5			8			4
		6	7		3	4		
1	4		9					6
2				1				9

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★

★ Moderate ★★ Challenging
★★★ HOO BOY!

COMICS/CROSSWORD/HOLLYWOOD



HOLLYWOOD

By Tony Rizzo

HOLLYWOOD -- Don't look now, but off-network "binge" watching is the wave of the future. Amazon Studios has just announced a deal with Woody Allen to write and direct a half-hour series for Amazon Prime Instant Video with a full-season guarantee.

The recent Golden Globe Awards gave statues to Kevin Spacey for "House of Cards" (the popular Netflix series) and the Amazon series "Transparent" and its star Jeffrey Tambor. Netflix also has "Marco Polo" with Lorenzo Richelony, "Maron" with Ray Romano and Marc Maron, and "Honorable Woman" with Maggie Gyllenhaal. Its "Orange Is the New Black" and "Derek" with Ricky Gervais also are available for binge watching. Are we in such a hurry we can't wait to watch a series unfold a week at a time? Oh, the technology age!



Vanessa Hudgens

musical to be retooled for a Broadway production, set to open April 8. Taking on the Audrey Hepburn/Leslie Caron starrer is "High School Musical" star Vanessa Hudgens. Audrey Hepburn was 22 when she starred in the coming-of-age story, and Caron was 19 when she made the film version. Starring in the show, on stage, should enable Hudgens to pull off the transition of Gigi, from innocent girl to sexy woman, despite being 26 years old.

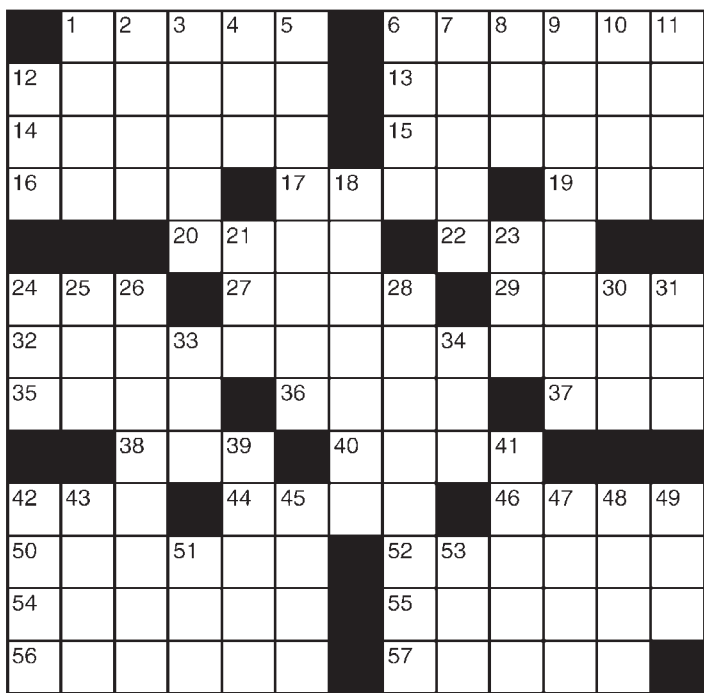
Brad Pitt is producing and starring in "The Big Short: Inside the Doomsday Machine," with Ryan Gosling and Christian Bale. The film tells the story of the build-up of the housing and credit bubble that led to the financial crisis of 2007-2013.

Benedict Cumberbatch and Joshua Jackson went to The Golden Globe Awards wearing eye concealer and foundation make-up. Luckily, when Amy Poehler pulled Cumberbatch up from the audience to present with Jennifer Aniston, he was camera-ready. You gotta love a guy confident enough with his masculinity to wear make-up to a red-carpet event. We're just surprised that Cumberbatch wore make up instead of a cumberbund!

King Crossword

ACROSS

- 1 Intelligent
- 6 Haunt
- 12 Kid's injury
- 13 Quick look
- 14 Donkey, often
- 15 Vacationer's car, possibly
- 16 Eliot-based musical
- 17 Haber-dasher's rackful
- 19 "— Believer"
- 20 Pornography
- 22 Perched
- 24 Pair with an air
- 27 Lobs' paths
- 29 "Galloping dominoes"
- 32 In people?
- 35 "Ice Loves —"
- 36 Eat
- 37 Bribe
- 38 Yoko of music
- 40 In the offing
- 42 Core of a PC
- 44 Autograph
- 46 In the thick of
- 50 Smack, so to speak
- 52 Basic drive



- 54 Gave out
- 55 Up
- 56 Verse
- 57 Actress Naomi
- 10 Con game segment
- 11 Actress Ward
- 12 Telly option willow
- 18 Pruritic
- 21 Buddy
- 23 Do sum work?
- 24 Medico
- 25 Faraway transport?
- 26 "Certainly"
- 28 Marc Mezvinsky, to Bill and Hillary
- 30 — -Magnon
- 31 Sixth sense
- 33 Charged bit
- 34 Journey
- 39 Wicker
- 41 Custom
- 42 Dale's pal
- 43 Mexican money
- 45 Race place
- 47 Atomizer output
- 48 Date of destiny
- 49 Dress in
- 51 Chic no more
- 53 Playwright Levin

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King Crossword Answers on Page 32



Marilyn Welch & Elaine Capecelatro, Girl Scout Lifetime Members from Orange, with Cadettes from Troop 61099 of Woodbridge.

AMITY GIRL SCOUTS TO CELEBRATE WORLD THINKING DAY

Submitted By Clio Nicolakis

The Amity Girl Scouts invite one and all to join them for their celebration of World Thinking Day on Sunday, March 8 at 2:30 pm at Holy Infant Church gymnasium in Orange. This year's tri-town event, sponsored by Orange Cadette Troop 60145 and Junior Troop 60858, will feature international food, displays, a silent auction, and a variety of performances including a special Girl Scout Chorus led by Suzanne Vick of RVP Studios. Admission is \$2 per person.

The celebration of World Thinking Day Girl reminds Girl Scouts to think about Girl Scouts and Girl Guides all over the world. On this annual day of friendship, advocacy and fundraising for girls around the world (traditionally celebrated February 22 each year), the World Association of Girl Guides and Girl Scouts ("WAGGGS") asks Girl Scouts around the world to focus their Thinking Day themes on the United Nations Millennium Development Goals. Last year's event, organized by Junior Troop 60145 of Orange and Cadette Troop 61099 of Woodbridge, promoted MDG2 (universal primary education), with the theme "education opens doors for all girls and boys". As part of the Girl Scout commitment to the UN Development Goals, participants brought used book donations to promote education and literacy in the local community. More than 300 books were collected and donated to the Literacy Center of Milford to be used for the "Books for Birthday" program.

Over 200 girls, friends, families and even two special surprise guests, Girl Scout lifetime members, Marilyn Welch

& Elaine Capecelatro, (both of Orange) enjoyed the festive and memorable afternoon. This year's event promises to be just as memorable and more. The 2015 Thinking Day theme is "We Can Create Peace through Partnerships" and in doing so, attendees are asked to bring gently used shoes to benefit Rerun Shoes, a not-for-profit organization that promotes sustainable development by helping the micro-entrepreneurs in poor African nations and by keeping good reusable shoes out of landfills. If you cannot join the Girl Scouts at their Thinking Day celebration, please consider saving your shoes for their collection (shoes, sneakers, sport sandals, women's flats, or cleats).

Just in case you were wondering -- it is now Girl Scout cookie time! Be on the lookout for your neighborhood Girl Scout learning business basics and taking orders for those delicious Girl Scout cookies, including the Samoa, celebrating 40 years and the new flavor, Rah Raisin! Cookie Booths will be featured in the Amity area beginning in March. Go to www.gsofct.org for the Girl Scout cookie locator or download the app for your smart phone!

Girl Scouts of Connecticut is the largest organization of women and girls in Connecticut, serving over 43,000 girls. Girl Scouting builds girls of courage, confidence, and character, who make the world a better place. For more information about joining or volunteering with Girl Scouts in the Amity area, contact GSCTAmitySU@gmail.com or contact Anita Silvestro, Membership & Marketing Director at asilvestro@gsofct.org.

Woodbridge Town News

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DEATH NOTICES

Woodbridge Town News

DEATH NOTICES

The Woodbridge Town News will publish Death Notices for Woodbridge families free of charge as a service to our readers. Family members please email notice (limit 250 words, please) to: edit@woodbridgetownnews.com

TOWN OF WOODBRIIDGE LEGAL NOTICE

Pursuant to Section 7-394 of the General Statutes of the State of Connecticut, notice is hereby given that an audit of the books and accounts and state financial and compliance report of the Amity Regional School District No. 5 for the Fiscal Year ending June 30, 2014 has been made by an independent auditor.

Such audit is now on file in the office of the Town Clerk 11 Meetinghouse Lane Woodbridge, Ct. and is available for inspection.

Dated at Woodbridge, Ct. this 12 day of January 2015.

Stephanie Ciarleglio
Town Clerk

www.WoodbridgeTownNews.com

TOWN OF WOODBRIIDGE

ELDERLY AND TOTALLY DISABLED TAX RELIEF

Elderly and totally disabled tax relief programs may be filed with the Town's Assessor between February 2, 2015 and May 15, 2015.

Those residents of Woodbridge who:

1. Have attained the age of 65 on or before 12/31/14.
2. Hold full time residence in Woodbridge.
3. Income does not exceed 34,600 for a single person or 42,200 for a married couple.

Those on social security disability are exempt from the age requirement.

Applications can be filed at the Assessor's Office, Town Hall, 11 Meetinghouse Lane, Monday through Friday, 8:30 a.m. - 4:30 p.m.

Proof of 2014 income and social security earnings is required.

Those persons on the program required to renew will be mailed an application.

Applications are also available for the Town Tax Relief program. You must be 65 by 12/31/14 and resided at and paid property tax to the Town for one year. The income requirement for this program is maximum household income of 42,200 for Group 1 and maximum household income of 71,740 for Group 2. Those on social security disability are exempt from the age requirement.

Applications are also available for the Town Additional Veterans program. You must be a veteran and had your DD-214 (honorable discharge papers) on file in the Town Clerks office by September 30, 2014. The income requirement for this program is maximum income of 59,600 for a single person or 67,200 for a married couple. There is no age requirement for this program.

If you have any questions concerning these programs, please call the Assessor's Office at 203-389-3416.

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Public notices have been printed in local newspapers, the trusted sources for community information, for more than 200 years.

WANTED

WANTED - Art, Clocks, Coins, Dolls, Estate Jewelry, Military, Silverware, Trains, Gold, Silver, etc. Call Joseph & Carol Ferry Antiques at 203-795-4644.

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All real estate advertising in the Woodbridge Town News is subject to the Federal Fair Housing Act, which makes it illegal to advertise any preference, limitation or discrimination based on race, color, religion, sex, handicap, familial status or national origin, or an intention to make any such preference, limitation or discrimination. Familial status includes children under the age of 18 living with parents or legal custodians, pregnant women and people securing custody of children under 18. The Woodbridge Town News will not knowingly accept any advertising for real estate which is in violation of the law.

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DRIVER NEEDED - Willing to well compensate a driver from Milford train station to Orange by Wrights Pond weekdays at 6:50 PM. Please call 203-887-8177.

DELIVERY DRIVER/WAREHOUSE - Looking for an experienced delivery driver/warehouse worker. Responsibilities include local deliveries of feed and supplies, pick-up and delivery of power equipment, and assisting in the warehouse. Must be team oriented, be able to lift up to 100 lbs and have a clean driving record. If interested please call 203-393-0002 or stop in for an application. Lock Stock & Barrel, 770 Amity Road, Bethany

PARTS/COUNTER PERSON - Looking for detail oriented person capable of looking up/ordering parts, helping customers, writing repair orders, data entry. Sales experience and general mechanical knowledge a plus. Must be team oriented, be able to lift up to 100 lbs and have a clean driving record. If interested please call 203-393-0002 or stop in for an application. Lock Stock & Barrel, 770 Amity Road, Bethany

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King Crossword — Weekly SUDOKU

Answers

Solution time: 24 mins.

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B	O	O	B	O	G	L	A	N	C	E		
B	R	A	Y	E	R	R	E	N	T	A	L	
C	A	T	S	T	I	E	S	I	M	A		
		S	M	U	T	S	A	T				
D	U	O	A	R	C	S	D	I	C	E		
O	F	F	I	C	E	H	O	L	D	E	R	S
C	O	C	O	D	I	N	E	S	O	P		
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P	O	E	T	R	Y	W	A	T	T	S		

Answer

8	2	4	1	3	7	9	6	5
5	3	9	8	4	6	2	1	7
6	7	1	5	2	9	8	4	3
3	9	8	4	7	1	6	5	2
4	1	2	3	6	5	7	8	9
7	6	5	2	9	8	1	3	4
9	8	6	7	5	3	4	2	1
1	4	3	9	8	2	5	7	6
2	5	7	6	1	4	3	9	8

LOCAL SPORTS

HEALTH AND FITNESS

DEALING WITH SHOULDER PAIN

By John Giametta

Shoulder pain is a common condition that can be quite debilitating. There are various pathologies that can lead to shoulder pain; however, where the pain is located might not always be where the real problem or solution is found.



John Giametta

Our bodies have been designed in a way so that some of our joints are meant to be mobile, while others are meant to be stable. If we take a glimpse at our shoulder complex, shoulder joint, or glenohumeral joint, it is meant to be mobile, and our shoulder blade or scapula is meant to be stable. If we look outside the shoulder complex, but in close proximity, our upper back or thoracic spine is also an area which is meant to be mobile. It is common for a bit of a role reversal to occur between the shoulder blade and upper back, which can alter body mechanics, causing increased stress at the shoulder joint, and eventually leading to pain.

Our world today revolves around technology, such as smartphones, tablets and laptops, which can make it seem like maintaining good posture is nearly impossible. When we fall into these bad postural habits, muscles that are meant to keep your shoulder blade stable become weak. Our upper back can become stiff, leading to this stable/mobile role reversal. There is benefit to treating the pain directly with a combination of manual therapy and exercise at the shoulder joint specifically. However, if you really want to get to the root of the problem, you may want to look outside of the shoulder joint. Recent studies have shown that patients with shoulder pain can demonstrate an immediate reduction in symptoms and improvement in function following manual therapy focused on restoring mobility to the upper back. Following up these manual therapy techniques with exercise that emphasize stability at the shoulder blade and maintaining mobility through the upper back are likely the best solutions to keeping shoulder pain at bay for the long term.

LOCAL YOUTH ATHLETE ATTENDING JUNIOR OLYMPICS

Woodbridge Resident and 8th Grader at The Hopkins School, Sydney Hirsch, is getting set to compete in the Junior Olympics in the sport of Fencing this coming February in Richmond Virginia. It has already been an amazing season for the 13 year old, having started this season as an Unrated Competitor and has increased to a D rated fencer, the fourth highest ranked national level. She has also become National Ranked in the Youth 14 having earned a bronze medal at the Meadowlands Expo Center at an event that featured some of the top Youth 14

Girls in the Country. She has done this by competing all over the Nation this year, Fencing in Texas, Kentucky, NJ, Maryland, Virginia, New York, New Jersey, and Connecticut. During her travels she has brought home 6 medals fencing some of the top competitors across the country. In addition to her eligibility to compete in the Junior Olympics, Sydney is also already qualified to Compete in the National Championships to be held in San Jose this summer.

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~ Starters ~

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~ Mains ~

Seared Diver Scallops
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Petite Tender Wellington
Truffle duxelle, blitz pastry crust, whipped mash potato, blistered asparagus

Roasted Cornish Game Hen
Fig stuffing, orange-glazed heirloom carrots, honey-thyme jus

Shitake-pepper Tofu
Pressed saba-glazed tofu, roasted peppers, crispy shitake mushrooms, warm udon noodles

~ Dessert ~

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GUEST SPEAKER: DR. RUTH EREN, Ed.D., PROFESSOR OF SPECIAL EDUCATION / CHAIR, DEPT. OF SPECIAL EDUCATION / READING DIRECTOR CENTER OF EXCELLENCE ON ASD DISORDERS, SOUTHERN CONNECTICUT STATE UNIVERSITY

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BARK BYTES...

By Vicki & Richard Horowitz



SHARING VALENTINE'S DAY WITH YOUR POOCH

By Richard and Vicki Horowitz

February 14th is a special day to express love for sweethearts with flowers, candy or a romantic dinner. This year remember your furry, four-legged valentine, too! Make the day extraordinary by including your canine companion in the day's festivities.

Indulge your pooch with a "pet spa day." An aromatherapy spa treatment will relax your dog's cares away. Start with a warm bath and blow dry, and finish with a well-deserved massage. Your dog will return home rejuvenated.

Try a night away for two. Getting out of town with your dog is a fun way to bond outside of the home. Whether you go down the road or somewhere exotic, there are many dog-friendly hotels that are more than happy to accommodate you and your pup.

Get some exercise. A spirited walk and a picnic in your local dog park is a great way to burn energy and spend some quality time together. Who knows—maybe your canine will find a valentine, too.

If outdoor therapy isn't for your dog, maybe a little retail therapy is! Spend time together on a shopping spree at your favorite pet retailer or boutique. Clothing and accessories aren't the only things that will spoil your dog. How about a luxury pet bed that will send your dog to an ultra-comfortable dream world? You both will sleep easy knowing this purchase was meant to pamper.

Remember this special day forever by having a one-of-a-kind pet portrait made of your dog. You

will appreciate the elegance and joy that this artwork will bring for years to come.

Give your furry friend a new toy. Nothing says "Be My Valentine" like a pink or red heart-shaped chew toy. Be sure it is dog-safe and your four-legged friend will get hours of enjoyment out of a new plaything. Plus, those cute little toys scattered throughout the house are just little reminders of how much you love your pup.

Dinner and a movie are a fun way to spend Valentine's Day with your beloved pooch. Pick your favorite animal-related movie, and curl up with your pup and your favorite snacks. What's better than a good movie, fun food, a blanket and a best friend?

Cross off your annual vet check-up from your list. An annual vet visit for a thorough check means extra peace of mind on this special day.

Bake some homemade dog biscuits for your pooch. If baking isn't your forte, pick up gourmet treats at a local pet boutique. Even our furry friends deserve to have their tummies pampered on Valentine's Day.

It doesn't really matter how you spoil your dog this Valentine's Day as long as you both have fun. Whether you opt for simple or extravagant, make it a safe and enjoyable holiday for both you and your furry best friend.

Vicki and Richard Horowitz, of Woodbridge, are dog behavioral therapists and trainers with Bark Busters, the world's largest dog training company. For more information, call 1-877-500-BARK (2275) or visit www.dog-training-new-haven-ct.com.

Salome's Stars

ARIES (March 21 to April 19) Your natural Arian leadership qualities make you the person others will follow in tackling that important project. But don't get so involved in the work that you neglect your personal life.

TAURUS (April 20 to May 20) Aspects favor sorting through your possessions, both at work and at home, to start giving away what you don't use, don't need or don't like. Relax later with someone special.

GEMINI (May 21 to June 20) The issues are not quite as clear as they should be. That's why you need to avoid getting involved in disputes between colleagues at work or between relatives or personal friends.

CANCER (June 21 to July 22) You'll get lots of support from others if you own up to your mistake quickly and include a full and honest explanation. Learn from this experience so that you don't repeat it.

LEO (July 23 to August 22) There might be some early confusion over a major move, whether it's at work or at home. But once you get a full breakdown of what it entails, it should be easier to deal with. Good luck.

VIRGO (August 23 to September 22) Creating order out of chaos, even in the most untidy spaces, should be no problem for organized Virgos. So go ahead and do it, and then accept praise

from impressed colleagues.

LIBRA (September 23 to October 22) Whether it's for business purposes or just for leisure, a trip might be just what you need right now. You would benefit both from a change of scenery and from meeting new people.

SCORPIO (October 23 to November 21) While things generally go well this week, a romantic situation seems to have stalled. But you can restart it if you want to.

SAGITTARIUS (November 22 to December 21) A meeting that was promised quite a while back could finally happen. So be sure you're prepared with everything you'll need to make your case sound convincing and doable.

CAPRICORN (December 22 to January 19) A workplace blunder could create a problem down the line unless you deal with it right now to see how and why it happened. Don't be surprised at what you might learn.

AQUARIUS (January 20 to February 18) This is a good time to re-sort your priorities and see if adjustments are called for. Be honest with yourself as you decide what to keep, what to discard and what to change.

PISCES (February 19 to March 20) Letting yourself be bathed in the love and support from those who care for you will help you get through a difficult time faster. Good luck.

BORN THIS WEEK: You have an uncanny gift for reaching out to all people and creating bridges of understanding among them.

Just Like Cats & Dogs by Dave T. Phipps

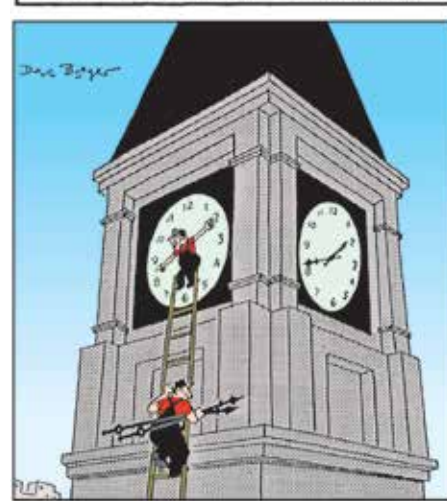


LAFF-A-DAY



"Let the cat stay in tonight. It's too much trouble unlocking the door."

MISTER BREGER By Dave Breger



For Woodbridge...



Tony Anastasio

Maria Kayne

Joe Dey

Cathy Wick

Board of Selectmen

First Selectman

For

- protecting our Town's **open space** and **quality of life**
- safeguarding our Town's **zoning regulations**
- imposing **fiscal discipline** on Town spending
- creating **inclusive, transparent** government
- the **benefit of all Woodbridge residents**

For more information - www.woodbridgegop.org

Woodbridge Board of Education

Garett Luciani
Lynn A. Piascyk

Amity Board of Education

Hal Smullen
Diane C. Urbano

Zoning Board of Appeals

Cynthia Gibbons
Edee Lockyer
Spencer K. Rubin (Alternate)
Jeffrey M. Wasikowski (Alternate)

Board of Assessment Appeals

Edward J. Weinberg

**Vote
May 4, 2015**

...For A Change