

Woodbridge Town News



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FRIDAY, FEBRUARY 27, 2015



Alfredo Canepari is carrying the box with retired flags at a flag burning ceremony organized by Boy Scout Troop 63. Next to him is troop leader Ted Pocwierz. [Photo supplied by the family.]

TROOP PLANS TO DEDICATE PAVILION TO YOUNG SCOUT

By Bettina Thiel – Woodbridge Town News Correspondent

Boy Scout Troop 63 is planning to build a pavilion at Camp Whiting, the troop's camp site off Route 69. The pavilion will be in honor of, and named after, Alfredo Canepari, a 16-year-old troop member who passed away last July after a year-long battle with leukemia. Scout leaders Robert Tucker, an architect, and Charlie Whiting appeared before the Board of Selectmen February 11, to outline the proposal and get the selectmen's blessing. The town owns the land, but granted use of it to the troop with the condition that the scouts maintain the land and carry insurance.

Hundreds, probably thousands of kids had their first camp experience here, "close enough to home," said Bob Tucker at the selectmen meeting. There

is a wooden cabin, but currently no shelter for outdoor activities. The pavilion will look like the Rotary pavilion behind the Center Road playground, only smaller in its footprint. It will be a rectangular concrete slab with six wooden posts carrying a roof structure, but no walls. Details are yet to be determined, as the project will need to get Wetlands approval before they can start fundraising for the project.

Alfredo, a junior at Platt Tech, loved all outdoor activities and Scouting in particular, said his mother, Donna Canepari after the meeting. He started in first grade as a Cub Scout in Pack 902 before crossing over to Troop 63 in fifth grade. Charlie Whiting, one

See "Pavilion" continued on Page 3



PROPOSED BEECHER BUDGET INCREASE DRIVEN BY SALARIES

By Bettina Thiel - Woodbridge Town News Correspondent

To ensure the continued high standard of the educational program at Beecher Road School into the future, the Woodbridge Board of Education is proposing a budget that represents a 3.8% increase over the current school year. The increase is due primarily to fulfill contractual obligations, in particular salary increases and benefits, Woodbridge School Superintendent Dr. Guy Stella told the town leaders when he made his budget presentation at a joint meeting of the boards of Selectmen and Finance earlier this month.

The total budget is for \$13.5 million, which includes a dollar increase just shy of \$500,000 over this year's budget. Eighty-eight percent of that increase will be needed to pay the negotiated salary increases. The 2015-16 school year is the third and last year of the current teachers contract, and negotiations for a new contract are being scheduled.

In spite of increasing enrollment, the superintendent is not asking for additional teachers at this time, although that may change as the number of enrolled students change, he told the joint boards. The budget as presented — and approved by the Board of Education — does request additional hours for a part-time teacher's assistant and a cafeteria aide.

Beecher Road School currently serves 796 students, and Dr. Stella predicts 816 for the 2015-16 school year. With staffing levels as they are, the school would still be able to meet the recommended class size limits, Dr. Stella said; that's 18 students for grades K-3 and 20 students in the upper grades. The school currently employs 73.5 certified teachers, of which 42 are classroom teachers. The others are specialists, such as for Language Arts,

See "Budget" continued on Page 5

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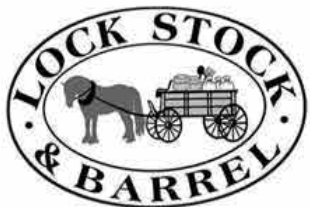
By Bettina Thiel - Woodbridge Town News Correspondent

Woodbridge First Selectman Ellen Scalettar, on February 18, signed an agreement with the state of Connecticut for installation of an electrical microgrid in the center of town. The microgrid will connect the municipal buildings — the Town Hall, the Public Works garage, the new and the old firehouse, the library and the Center Building — to a hydrogen fuel cell to be located at Amity High School. Under normal conditions, the electricity generated by the fuel cell will be fed back into United Illuminating's regular distribution system. During

power outages however, the fuel cell will continue to feed the microgrid, bringing power to critical buildings such as the police and fire stations and the high school.

The \$3 million state grant will cover the grid, but not the fuel cell itself. That will be owned and maintained by United Illuminating as part of the utility's power generation network. UI also will install the equipment and the microgrid. "This is only the beginning of the siting and approval process,"

See "Fuel Cell" continued on Page 9



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“Pavilion” continued from Page 1 of the troop’s longest-serving leaders, was Alfredo’s role model. Even when Alfredo was just a Cub Scout, he announced that he wanted to be a Scout “as long as Mr. Whiting”.

Alfredo was a child who always thought of others, his mother said. When he was turning 7, he asked for gifts to be donated to Toys for Tots. He helped out whenever the Scouts needed volunteers. Any type of Eagle Project – he was there,” she said. He also was invited to serve in the Owaneco Lodge 72, where he was elected the chapter’s vice chief of administration for the 2013-2014 year.

Scouting was Alfredo’s life, Canepari said, adding that having the pavilion named in his memory is a great honor. Alfredo’s valiant battle with leukemia shook up the whole community. He had been in remission after a bone marrow transplant obtained from his older brother, Vincent. But in May of last year he was found to have relapsed and passed two months later. “This pavilion is a perfectly fitting tribute to a Scout,” said Selectman Laurence Grotheer. The vote was unanimous.

People who would like to donate toward the project can send a donation to Troop 63 Treasurer Ellen Feichtner, 20 Morris Road, Woodbridge, CT 06525.



Check out this great photo of a rare sighting of a Bobcat that was standing outside Rob Powers house window on Center View Road, Woodbridge on February 12, 2015.

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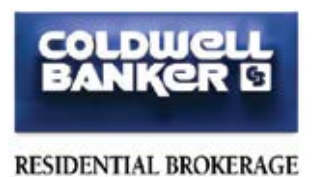
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WOODBIDGE EDUCATION ROUNDUP

“Budget” continued from Page 1

PE and Health, music and art, math, science and English as a Second Language.

Over the past seven years, twelve teachers have taken advantage of an early retirement incentive, a program that saved the district close to a million dollars, Dr. Stella said. It also helped reduce the large number of teachers approaching retirement. Even with the incentive in place, about 50% of the district’s teachers have 16 years of experience or more. “If we didn’t do it, it would have been 60%,” he said. “It is good to have people who have experience,” he said, adding, “but we want to keep people at all levels”.

The proposed budget will allow the school to function at the same level of quality, which has earned it the attribute of an “excelling school,” with a strong academic curriculum, a balanced literacy program, intense science program and comprehensive new math initiative, he said. It also supports state-of-the-art technology, a Talented and Gifted program and a multi-age program. “This budget will help us prepare our students for the future,” Dr. Stella said. It is also designed to allow the district to navigate several challenges, including state mandates, the continuing building upgrade, evolving technology and increasing enrollment. It also supports reasonable class sizes, maintains an updated curriculum, moves forward with increasingly differentiated instruction and keeps the focus on challenging all children.

Keeping up with technology: Calling technology “the pen and paper” of our times, Beecher technology director Rick Wood presented the needs for computer upgrades as part of the three-year technology plan at the Board of Finance in January.

iPads are becoming increasingly important tools for students to access information, sort data and create and store their work, in particular in the context of individualized instruction.

Fifth and sixth graders already have an assigned iPad, and the district is planning to purchase 110 additional iPads for the fourth grade.

Younger grades also work with the mobile computers, however they share the pads installed on carts which are being wheeled into the classrooms for certain instructional units. People worry putting technology in the hands of young children, Wood said in his presentation, but overall the school has not had any problem in that respect. By teaching children to be responsible, that risk can be minimized, he said. In the last four years since the introduction of the iPads, only four were broken, with damaged screens, he said. Desktop computers on the other hand are being phased out in favor of the mobile devices. For now the iPads stay at school, Wood said, adding that in the future, it may become a constant companion, available for homework and continuing school-home connection. “We teach the students to become responsible users, creative users,” he said, “and not become dependent on it”.

The capital plan for 2015-16 also includes \$25,000 for an infrastructure upgrade installing a 40 gigabit cable this summer while the ceilings are open for the school construction project. As more and more students tap into the network at the same time, the school will need an upgrade in the near future.

The total budget request for technology is \$135,000, in line with the previous years. Woodbridge Board of Education Chairman Margaret Hamilton also thanked the town for its investment in technology over the years, saying it has paid off.

Hamilton, who recently attended a conference of the state Association of Boards of Education, said many districts are scrambling to get technology in place before the new Common Core test which will be administered using computer stations. Beecher students will be taking the test using technology that they are comfortable with, she said.

KINDERGARTEN ORIENTATION AND REGISTRATION PLANNED

Woodbridge - Beecher Road School has scheduled Kindergarten Orientation and registration times.

Orientation: Kindergarten Orientation for parents will take place Thursday, March 12, at 7:00 PM, in the Beecher Road School Cafeteria. This program is for parents only—grandparents are welcome. Parents will receive a registration packet at this time.

Registration: Kindergarten registration for the 2015-2016 school year will take place Thursday, April 9th, and Friday, April 10th, from 8:30 AM to 11:30 AM and 12:30 PM to 2:30 PM in the North School Conference Room.

Please use the North School entrance. Upon entering, please come to the Main Office on your right and check in with the office staff.

Prospective Kindergarten students must be 5 years old on or before January 1, 2016. Parents registering children for Kindergarten are asked to bring the completed registration packet, along with the child’s birth certificate and immunization record. Parents are required to present a picture identification form such as a driver’s license or a state ID card.

For more information, call the North School Office at 389-2195.

AMITY SUPERINTENDENT TAKES HIS BUDGET ON THE ROAD

By Bettina Thiel – Woodbridge Town News Correspondent

Amity School Supt. Charles Dumais introduced the proposed 2015-16 budget, showing a 2.12% increase over this year’s expenditures, at the February 19 joint meeting of the Woodbridge Board of Selectmen and Board of Finance. The proposed budget for the district, which includes the high school and two middle schools, is for \$47 million, \$976,415 higher than the current budget. Member town allocations are suggested as follows: Bethany \$9,466,530, a \$261,840 increase; Orange..... \$22,461,127, a \$702,940 increase; Woodbridge \$13,542,972, an increase of \$297,167.

The difference between the \$45.5 million raised from the member towns and the \$47 million in expenditures would be raised through other revenue sources, such as state grants, also a \$150,000 transfer from this year’s fund balance and other miscellaneous income. It should also be noted that although the budget shows a 2.12% increase, the share paid by the three towns actually increases by 2.85%.

The expenditure increase is due mainly to salaries (\$390,525 increase) and benefits (\$269,704,) but also to catch up with some expenditures deferred in the past, such as text book purchases (\$110,000) and buildings and grounds (\$343,000). The biggest textbook expense is for new materials in economics, which is part of the new Common Core-driven Social Studies curriculum. Building and ground improvements include the Orange natural gas conversion (\$60,000); a \$100,000 contingency for capital and non-recurring expenditures, re-sodding the crown of the football field (\$16,000); high school stone repairs (\$95,000) and miscellaneous asphalt repairs.

In staffing, the budget suggests elimination of two full-time positions (-\$100,000), but adds \$37,900 for a special education teacher and a paraprofessional for the Transition Program; also adds a technician at the middle school level and increased hours for insurance clerk; adds a girls golf coach. A new feature in this budget is the inclusion of capital improvement projects, and a five-year plan to avoid expenditure spikes. It also includes a proposal for bonding for \$2 million in 2016 and bonding again in 2019-20.

In his presentation, Dumais made reference to the book “Making Thinking Visible,” a New York Times bestseller on how to enhance student thinking by having them verbalize the pathway to their answer. It’s this philosophy that the superintendent adopted to make his budget presentation as transparent as possible, showing not just the numbers, but the reasoning behind it. He lists in detail capital requests that were deferred, the biggest of which are library renovations at the Bethany Middle School library; a heat exchanger for the high

school, updates to the computer science classroom; lights on the soccer/lacrosse field and garage bay storage.

Some of these requests are on the list for proposed bonding in 2016, which includes the following items:

- \$370,000 for a heat exchanger for the fuel cell; \$161,000 for updates to the Consumer Science room; \$575,000 for air handler replacement; \$350,000 for asphalt sealing; \$400,000 to resurface the tennis courts.
- Fund balance.

The district has been criticized in the past for putting forth a “bare bones” budget, but then ending the year with fat surpluses. Dumais in his budget narrative, delves into the question how fund balances happened and what they were used for, going back to 2006.

Surpluses occur through financial management (cost savings), unpredictable special education costs and other unforeseen situations such as resignations, state grants and such. They actually make up about 1.7% of the total budget. About a third of those savings was used for non-budgeted items, a little over a third was assigned to the following year’s budget and a little under a third was returned to member towns. “Both the fund assigned to next year’s budget and returned to the member towns reduce the taxpayers’ burden,” he said. Even so, the district is taking steps to bring the amount of money moved from year to year down. In this budget proposal it is capped at \$150,000. The board also lowered the health insurance reserve.

As a regional district, Amity cannot maintain a reserve for operating expenditures, only for capital expenditures and some limited trust funds. However, fund balances may be used to pay for over-expenditures in some accounts and unanticipated major facility repairs.

The district has received five consecutive clean audits, with no recommendation for improvements in its accounting practices, he emphasized in his presentation in Woodbridge. Last summer, the district got some heat for not returning enough money to the towns. Instead, the board decided to fund the self-insurance reserve fund and an HVAC upgrade in Orange. This budget seems to be responsive to the concerns raised by the member towns.

Referring to a recent study done at the University of Connecticut, Dumais said the Amity District was found to be “fully efficient”. The study looked at input (funding) and output (test scores) and found 21 schools at the top of the scale. Amity was one of them.

The public hearing on the Amity budget is Monday, April 6; the budget referendum is Wednesday, May 6.

Woodbridge Town News

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Woodbridge Town News

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Thank you for your submissions to Your Home Town Newspaper.

<u>Upcoming Issue Deadline</u>	<u>Upcoming Issue Dates</u>
March 26th	Easter/Passover Issue April 1st
April 24th	Mother's Day Issue May 1st
May 15th.....	Memorial Day Issue May 22cn

Note: Copy due by 4:00p.m. Thank you.

FROM OUR READERS

Woodbridge Plan of Conservation and Development (POCD)

To the Editor,
As the 2015 version of the Woodbridge Plan of Conservation and Development (POCD) nears completion a rich irony has emerged. According to state statute, the once-every-ten-years POCD is a "statement of policies, goals and standards for the physical and economic development of the municipality". As such, its preparation must be visionary and all inclusive; to that end the sincere, time-consuming, and volunteer efforts by Town Plan and Zoning Commission members are praiseworthy. I would underscore that a POCD does not mandate zoning changes, is not binding, and is open to periodic amendment, all of which is important as town residents consider the future of the Country Club of Woodbridge.

It is ironic that loudest among critics and detractors of this year's process are chief architects of the 2005 POCD, which a) envisioned the presence of future cluster housing in town, yet b) completely failed to identify the Country Club of Woodbridge as significant open space and therefore was silent about its future should the parcel become available.

Due diligence by the current administration to solicit ideas, suggestions, and proposals for that property, and now to envision and include all possibilities in a new POCD, honors the splendor of that significant parcel while acknowledging a need to address the significant financial responsibility the town has assumed for it.

Laurence Grotheer

Editor's Note: The writer is serving his third term on the Board of Selectmen


On the POCD Draft

To the Editor:
I have been a registered Democrat all my voting life and a Woodbridge resident for more than 35 years. I attended the February 19th special meeting of the Woodbridge Board of Selectmen, (BOS), looking forward to hearing comments and then vote of the BOS regarding the draft of the Town Plan of Conservation and Development (TPOCD) which had previously been submitted to them. A signed petition had been submitted to the BOS by residents requesting that they endorse or reject the plan.

State statute, (CT Gen. Statutes Section 8-23g2), requires the BOS endorse or reject the TPOCD in its entirety or parts thereof, and submit comments and recommended changes to the Town Zoning and Planning Commission. What residents who attended the meeting heard was the First Selectman provide dates as to when information on the draft were sent to the public. She stated that the request for a vote was submitted too late to the BOS and, therefore, was denying the request for the Board to take action upon the TPOCD. Ms. Scalettar then abruptly ended the meeting to the shock and total amazement of the residents in attendance.

As First Selectman, it was in fact Ms. Scalettar's responsibility to place this draft before the board for them

See "Letters" continued on Page 7



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“Letters” continued from Page 6

to act upon. Hiding behind procedural niceties, Ms. Scalettar refused to address the issue as to where she and her board stand on the TPODC draft. She never addressed the reason this special meeting was called...to have the BOS accept, reject or amend the draft from TPODC; a plan that will affect the quality of life for residents in our community for the next 10 years. I believe the only possible reason not to have any discussion on the plan is that the board is in complete agreement with its content.

Woodbridge will be holding elections this May. By distancing herself and her board from this very hotly contested issue, Ms. Scalettar is hoping to not be held accountable to the residents for the plan that may not be in the town’s best interests.

Our town deserves much better than this abuse of power on the part of our elected officials.

Cheryl Lipson

No Interest in Our Opinions

To the Editor:

While Woodbridge First Selectman Ellen Scalettar recently stated she was very interested in citizens’ opinions on the Toll Brothers golf course proposal, “I don’t want to hear that anybody was deprived of the opportunity to hear what this proposal is all about” (Woodbridge Town News February 4, 2015), her actions at last night’s Selectmen meeting dramatically contradict this. Based on what I witnessed, it is obvious that she and the majority of the board have no interest in hearing from concerned citizens about the zoning changes required for the Toll Brothers development.

February 19th, 20 or more fellow citizens and I (an independent voter for the record) braved sub-zero temperatures to attend a “historic, first ever” (her description) special meeting of the Board, called to discuss the Planning and Zoning recommendations (as the board is required to do by State statute). After Ms. Scalettar read a statement, we were subjected to a stern warning from Selectman Laurence Grotheer about unnamed “political operatives” lurking in the audience, who he obviously believed were the only motivating force behind our attendance. (As Selectman Grotheer is the press secretary for the Mayor of New Haven, it would seem to me he is a political operative himself.) The board then immediately voted to adjourn and left the room. The audience, waiting to speak, was left with mouths agape at this heavy handed suspension of democracy and

an abrogation of our rights as citizens.

This refusal to listen to citizens is a sad, sad commentary on Woodbridge’s current political leadership. If our Selectmen have no interest in hearing the concerns of their fellow townspeople and have to hide behind bureaucratic maneuvering and legalistic smoke screens to avoid scrutiny and open discussion of critical zoning changes and our town’s future, Woodbridge is in real trouble. It is time the citizens of Woodbridge understand what is really going on in Town Hall with the Toll Brothers.

Fitzhugh Pannill

More on the POCD

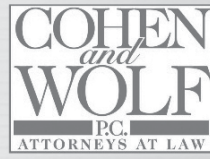
To the Editor,

The Woodbridge Board of Selectmen has refused to hold a public hearing or vote on the Town Plan and Zoning Commission’s proposed Plan of Conservation and Development. At its meeting on February 11, the Board rejected a petition signed by over 100 residents demanding that it comply with its legal obligation to endorse or reject the plan. This document is the single most important policy statement of the last ten years and the Board of Selectmen clearly has no interest in participating in the process.

Make no mistake, this is political gamesmanship in the run up to the May election. As the only elected board with statutory authority to review the appointed Town Plan and Zoning Commission’s proposal, the democrat majority controlled Board of Selectmen wants to avoid the inevitable fallout from this exceptionally controversial plan. The strategy is simple. By distancing themselves from almost unanimous criticism expressed by Woodbridge residents during the Town Plan and Zoning Commission’s public hearing, the democrats hope to convince you that the Board of Selectmen has no say in the process – that it is not responsible for the quality of life in our town. This is both wrong and a violation of the public trust.

We are beyond the issue of whether town residents have the right to demand that the Board of Selectmen act on the petition. The question now is whether the Board has the courage to do what is right. If democrats on the Board will not respond to their constituents’ concerns and refuse to comply with the legal obligations of their office, then they have abdicated the responsibilities of their office and are no longer worthy of representing Woodbridge residents. We deserve better. We deserve elected officials who will tell us where they stand and let the chips fall where they may.

Cynthia Anger



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WTN Letters Policy

Submit your letters for our “From Our Readers” section to:
Woodbridge Town News, P.O. Box 1126, Orange, CT 06477
or email: letters@woodbridgetownnews.com.

Please limit letters to 500 words and include a daytime phone number in case we have any questions. Letters must be exclusive to the Woodbridge Town News for publication. We reserve the right to reject any letter.

TOWN DEPARTMENTS & AGENCIES

TOWN OF WOODBRIDGE MEETINGS FOR THE MONTH OF MARCH 2015

(Subject to Change, Check with Town Clerk's Office, 203-389-3422)



Town Hall

3/2	Human Services Commission 7:00pm Town Plan & Zoning Commission 7:30pm	The Center Town Hall
3/3	Board of Finance 9:00am	Town Hall
3/4	Police Commission 6:00pm	Police Dept.
3/5	Economic Development Commission 7:00pm	Town Hall
3/9	Library Commission 6:00pm Zoning Board of Appeals 7:30pm	Library Town Hall
3/11	Board of Selectmen 6:00pm	Town Hall
3/18	Inland/Wetlands Agency 7:30pm	Town Hall
3/19	Board of Finance 6:00pm Conservation Commission 7:30pm	Town Hall Town Hall
3/23	CC of Woodbridge Commission 6:00pm Recreation Commission 7:00pm	Town Hall Beecher Road South
3/14	Government Access TV Commission 7:15pm	Town Hall

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FROM THE YOUTH SERVICES COORDINATOR

By Nancy Pfund



Black Light Dance Party

Friday, February 27, 2015 – 7:00 pm-9:30 pm at Amity Middle School-Bethany Campus

This event is for 7th & 8th grade residents of Bethany and Woodbridge only. Private school students are welcome to attend! Admission is just \$5.00. Enjoy a great Boppers DJ, black Laser Lights, games, pizza, a glow-in-the-dark message board, non-toxic, washable highlighters provided for decorating white clothing and each other! Bring a white T-shirt. Watch News Channel 8 for cancellations due to inclement weather. We cannot run these events without volunteers. Parents, grandparents, high school juniors and seniors please contact Woodbridge Youth Services if you can help out – 203-389-3449 or youthone@woodbridgect.org.

Save the Date!

America's Got Talent event at the Amity Teen Center on Friday, March 27th from 7-9:30 pm. Join us for a talent show and enjoy the best gaming, basketball court, food, and fun around! The Amity Teen Center will be open for only Amity Middle School students that night.

After School Classes- Sign Up Now for Class

Basic Yoga – Certified Iyengar and Vinyassa Yoga Instructor: Julie Luciani

This twice weekly class will introduce 30 basic yoga poses and breath awareness with an emphasis on optimal alignment and is geared for newcomers to yoga, and for those who wish to practice basics. The class will work toward mastering the postures and then move toward a gentle Vinyassa flow (linking postures). The four week class will meet Tuesdays and Thursdays at the Middle School for eight ses-

sions beginning March 3rd and run from 2:30-3:30 pm. Location will be announced. The late bus is available following class. Class is limited to 12 participants. Participants must bring a yoga mat and wear appropriate loose clothing. For more information or to sign up, please call Woodbridge Youth Services at 203-389-3429.

Do You Know an OUTSTANDING Woodbridge Student?

Woodbridge Youth Services, in collaboration with First Selectman Ellen Scalettar, is seeking nominations for the First Selectman's Youth Award. The annual award will be presented to a deserving young Woodbridge resident at the Human Services Department's Annual Volunteer Tea on Thursday, April 16, 2015. For guidelines and nomination forms online, go to www.woodbridgect.org, and see Youth Services under "Departments", or call 203-389-3429 for more information. Please submit nominations to Woodbridge Youth Services at 11 Meetinghouse Lane, Woodbridge, CT 06525, by Monday, March 9, 2015.

Parent Support Group

Amity High School, Woodbridge Youth Services, and the Orange Drug and Alcohol Action Committee have teamed up to invite local parents who struggle with children who are, or may be, involved with substance abuse to share experiences and concerns in a confidential setting. The Amity Parent Support Group meets every other Friday morning at 7:45 in the Woodbridge Senior Center Lounge on the lower level at 4 Meetinghouse Lane. Meetings are scheduled for February 27 and March 13 and March 27. For more information, please contact Gary Lindgren at Amity High School or Nancy Pfund at Woodbridge Youth Services, (203) 389-3429, or e-mail npfund@woodbridgect.org.



"Fuel Cell" continued from Page 2

said UI project manager Tom Judge. The Connecticut Siting Council needs to approve the project, as do the local land use agencies. UI is in the process of contracting with a fuel cell manufacturer.

Typically the units are placed on a concrete foundation with a footprint of roughly 90 x 60 feet. The Amity unit may be enclosed to diminish the visual impact of the installation, he said. Power lines will run underground, adding to the reliability of the system. That does not mean that the utility poles in Woodbridge center will disappear, Judge said, since cable and telephone lines share the poles.

If the permitting goes smoothly, installation can begin during the school break in the summer, Judge said. Between the fuel cell installation and the microgrid, it may take four to six months to finish. He said UI would coordinate its hours of work with the school.

A suitable location is at the back of the high school, near the shop area, but details still need to be worked out with the school. It is envisioned that Amity High School will benefit from the installation by using the excess heat to heat its building.

But to make that connection will cost the district money, maybe as much as \$300,000 or more, and that hasn't been budgeted for, said School Supt. Chip Dumais. The district and UI will need to work out a lease agreement once the permitting process is completed. Dumais is hoping that the cooperation may result in a senior service learning internship with UI.

Pilot project: Woodbridge was chosen in 2013 as one of nine pilot projects in the state for the installation of a micro grid. The DEEP program is designed to "develop innovative ways to keep critical buildings powered during electric grid outages," said the official press release at the time.

Initially the town was looking for a

third party to install the fuel cell and natural gas turbine, combined with a long-term power purchase agreement. But at the same time UI was developing its Renewable Connections Program, pledging to produce a certain percentage of its power from renewable energy. UI was already working on several installations, among them another fuel cell in New Haven, and was looking to produce 2.2 additional megawatt from renewable sources.

That's when they approached the town. It seemed a perfect fit for the utility, the town and the state, and a bonus for the school.

First Selectman Ellen Scalettar was pleased that the project with UI is coming together, especially since the town will not be bound by a 20-year contract, as originally envisioned. Power generation is becoming increasingly local, she said, calling this program "a very forward-looking step".

How a fuel cell works: UI's Mike Foley summed up the electro-chemical process of a hydrogen fuel cell as follows:

The Woodbridge fuel cell will operate using clean natural gas as its power source.

The natural gas is reformed within the anode side of the fuel cell to extract hydrogen.

Negative ions travel through the electrolyte to the anode, where they combine with the hydrogen to produce water, heat and electrons.

Electrons from the anode cannot pass through the electrolyte to the positively charged cathode; they must travel around it via an electrical circuit, creating electric current.

Fuel cells offer several advantages, he said. They are an environmentally friendly power source, with virtually zero emissions of nitrogen oxide, which causes smog; sulfur dioxide, which contributes to acid rain; or particulate matter, which aggravates asthma. On top of that "it offers continuous, clean power around the clock that is not reliant on weather or time of day".

FROM THE FIRST SELECTMAN'S DESK

By Ellen Scalettar



There has been some confusion about a recent Special Board of Selectmen Meeting relating to the Plan of Conservation and Development and the process for its adoption. I would like to use this opportunity to set the record straight.

First, it is important to remember what the Plan of Conservation and Development (POCD) is. It is a document required by state statute that is a "statement of policies, goals and standards for the physical and economic development of the municipality". It must be adopted by the Town Plan and Zoning Commission at least once every 10 years.

Contrary to some misunderstanding, the POCD does not change zoning, nor is it binding on future zoning decisions. It is a visionary document that describes certain goals for the town during the next 10 years and it can be amended at any time. For example, in the brief time that I have been First Selectman, the plan was amended to add a Farmland Preservation Program.

Last week, two selectmen (Selectmen Anastasio and Dey) called a Special Meeting of the Board of Selectmen, a very unusual action that one would expect be used only for a matter of extreme importance and time sensitivity. (I believe this is the first time such a meeting has been called in the history of our Town.) The agenda was for the Board of Selectmen to review the draft Plan of Conservation and Development in order to submit comments to the Town Plan and Zoning (TPZ) Commission.

Prior to the Special Meeting, however, we were informed by TPZ that it would be inappropriate to accept comments from anyone, including the Board of Selectmen, after closing their public hearing, which they had done on January 28. Thus, there was no meaningful purpose for the meeting. Shortly after my explanation of the POCD process as well as explaining that any action by the Board of Selectmen on the draft POCD would be untimely and for no meaningful purpose, a motion to adjourn the meeting passed.

As required by statute, TPZ provided the Board of Selectmen with a copy of the draft plan 65 days prior to the January public hearing. I did not receive comments from any Board of Selectmen member during the 65 day period (or at any time), nor was I asked to place the draft POCD on the Board's

agenda until well after the comment period ended and after the public hearing was closed. Had I received a timely request from any member of the Board of Selectmen, I would certainly have included it on a Board of Selectmen meeting agenda.

Because of the importance of the plan, both TPZ and my office conducted extensive outreach to the community to be sure interested residents were aware of the many opportunities to review and comment on the plan. This outreach, conducted between May 2014 and late January 2015, included three press releases; seven e-newsletters to notify residents (including all Board of Selectmen members) of upcoming events and that included links to an online survey, online drafts and an email address created specifically to receive comments on the POCD; four Facebook posts; four columns in this newspaper (not including this column); seven "news" posts on the Town's website; several mentions on Channel 79; inclusion in the Town's June tax bill sent to all who own property in Woodbridge; a September postcard sent to residents of the Village District; and a September email to all board and commission members.

Under state statute, the POCD – including drafting and adoption – is unambiguously within the sole purview of the TPZ Commission and not the Board of Selectmen. TPZ Commission members have spent hundreds of volunteer hours working on the plan, including hosting many public meetings to hear from residents.

I have every confidence in our commission members who are dedicated to doing what is best for our Town. I believe the draft plan, subject to important modifications, will be a good framework for town planning in the years to come. In my view, the Board of Selectmen does not have the expertise that the commission members have developed and devoted to this important task.

I applaud the Town Plan and Zoning Commission's efforts to strike the proper balance between maintaining the suburban/rural character of the Town while preparing us to meet the demands of 21st century population shifts and economic realities. This includes, as required by state statute, "the coordinated development of the municipality and the general welfare and prosperity of its people".

TO YOUR GOOD HEALTH

WHOOPING COUGH IS IN OUR COMMUNITY!

Whooping Cough (pertussis) illness has made a comeback in the U.S. There have been several recent cases in Quinnipiac Valley Health District (QVHD) residents. It is a serious illness in adults, but it can be deadly for infants who are not fully immunized until they are one year old. Don't wait until the baby is born! If you are expecting a new arrival in your family, get vaccinated now! QVHD offers the pertussis (whooping cough) vaccine (in the form of Tdap-tetanus, diphtheria and pertussis) to parents, grandparents, aunts,

uncles, cousins, babysitters and other caregivers or contacts of newborns and infants 12 months and younger. If you are over age 18 and have never had a Tdap vaccine, you are eligible to receive this vaccine. A \$10.00 administration fee is requested. No one will be turned away for lack of ability to pay this fee. The next clinics will be held on March 25 and May 5, 2015 from 4:00 to 4:30 p.m. Call QVHD, 203 248-4528 for an appointment. (An appointment is not required but is suggested in the event of inclement weather.)

Woodbridge Town News

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AT THE SENIOR CENTER

By Lee Canning

EXERCISE CLASS WITH LAURIE LUCE

It's important to exercise at any age and now is the time to start the New Year off on the right foot! We offer an exercise class which includes a combination of strength training, cardio, flexibility and balance. You do not have to be a senior to attend. All ages are welcome. The 1 hour class is held in the gymnasium on Tuesday and Thursday afternoons from 3:00 to 4:00. You may start at any time, prior registration is not required. The cost is only \$2.00 per class. We look forward to seeing you and helping you to stay healthy for many years to come!

"NEW TO MEDICARE"

There is not cost to attend, reservations are required by email to lpriitt@aoascc.org or by calling Leslie Pruitt at 203-785-8533 ext.3165. One week prior to the event date, please call ahead to be certain that the event will happen in the event of inclement weather. Presentation is repeated on 3 different dates.

Location: Agency on Aging of South Central Connecticut, 1 Long Wharf Dr., Suite 1L, New Haven

Dates:

- Wednesday, March 11, 2015
- Wednesday, April 8, 2015
- Wednesday, May 13, 2015

Time: 10:00 a.m. to 12:00 p.m.

BOOK CLUB

Tues. March 31st at 11:00 a.m.

The book club will meet at the Woodbridge Library Meeting Room To discuss "Lost Memories" by Kim Fay. Refreshments will be served. Call 203-389-3430 for more information.

FRIENDLY VISITORS NEEDED

The Town of Woodbridge Human Service Department has been coordinating the Friendly Visitor and Telephone Reassurance Program for over 15 years and are currently in need of compassionate people to offer some time to visit or call residents who are shut-in. To become a Friendly Visitor, a person will attend a training workshop provided by Interfaith Caregivers and have references checked. Friendly visitors perform a variety of functions from providing weekly phone calls or visits to providing transportation for appointments. We currently have a few people who are requesting a Friendly Visitor or a comforting call. Please call Mary Lee Raro at the Woodbridge Human Services Department (203) 389-3429 if you are interested in joining the team.

VOLUNTEER INCOME TAX ASSISTANCE (VITA)

The Woodbridge Senior Center will be offering free tax help again this year. Appointments are necessary and can be made by calling (203) 389-3430. This service is available on Tuesdays 9:00 - 12:00 starting February 3 until April 15. The Volunteer Income Tax Assistance (VITA) program offers free tax help to people who generally make \$53,000 or less, persons with disabilities, the elderly and limited English speaking taxpayers who need assistance in preparing their own tax returns. IRS-certified volunteers provide free basic income tax return preparation with electronic filing to qualified individuals. Some of the documents you may need to bring to your appointment are: Photo ID, (such as a drivers license), proof of medical insurance, Social Se-

curity Card for each person claimed on the return, prior year's tax return if available, all current years income documents/statements, W-2's, 1099's. Also, Medicare Part D premiums, fees covering medical care, long term care, cost of transportation to treatments. If you wish to have a refund direct deposited, please bring your bank routing number and the account number. All will be asked to complete an intake form prior to completing their return.

Advanced Tai Chi
Mondays from 1:30 - 2:30
starting 3/16, ending 6/29

Beginner Tai Chi

Thursdays from 1:30 - 2:30
starting 3/19, ending 6/18

Cost is \$30.00 Class size limited to 15 people. Please call 203-389-3430 to register.

MARCH PROGRAMS

- Mon.Mar. 2A.A.R.P. Driver Safety Course
- Tue. Mar. 10"Last Will and Embellishment" Video shown by Triad program.
- Wed.Mar. 11Basics of the iPhone \$5.00

- Tue.Mar. 16Tai Chi - Advanced
- Tue.Mar. 17St. Patrick's Day Luncheon \$6.00 Join us for corned beef & cabbage, potatoes, carrots, Irish Soda Bread, salad and desert. Please call 203-389-3430 to reserve a seat. Entertainment provided "The Nickie D Show"
- Thu.Mar. 19Tai Chi - Beginner
- Tue. Mar. 24Roger Hart slide presentation
- Tue.Mar. 31Entertainment by Larry Batter

FUTURE TRIPS

Wed.April 1 \$169.00 New York Spring Spectacular at Radio City Music Hall featuring "The Rockettes". Ticket includes: transportation, lunch at CARMINE'S, admission to "New York Spring Spectacular", Driver's Gratuity. Payment due: 03/02/15.

Make checks payable to: Getaway Tours Thur.April 30\$99.00Westchester Broadway Theatre "West Side Story" matinee &lunch.

Tue.June 23 \$111.009/11 Memorial & Museum with late afternoon lunch at Carmines.

Sun. July 5 \$136.00Boston Pops at Tanglewood featuring Bernadette

See "Seniors" continued on Page 11

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SENIOR CENTER

"Seniors" continued from Page 10

Peters. Lunch at Cork N'Heath or The Red Lion.

BOOK CLUB

Tues. March 31st at 11:00 a.m.

The book club will meet at the Woodbridge Library Meeting Room To discuss "Lost Memories" by Kim Fay. Refreshments will be served. Call 203-389-3430 for more information.

Movies & Popcorn

FRIDAYS AT 1:00

Movies are shown at the Senior Center on Friday afternoons at 1 pm. Join us at 12:15 for a nutritious \$3 lunch, followed by a movie and free popcorn (or just attend the movie at 1 pm).

The March movies are: Water for Elephants, The Lightkeepers, These Old Broads, A Dog Year

"Cooking For Men"

Emeritus at Woodbridge, in conjunction with the Woodbridge Senior Center, will be conducting a 4 part cooking class targeted at men who are looking to develop food preparation and cooking skills. This program will be limited to 8 - 10 men who will work side by side with award winning chef, Tim Cornish, Dining Service Director at Emeritus Woodbridge. Classes 1, 2, & 3 will be held at the Woodbridge Senior Center, and the 4th class will be held at Emeritus at Woodbridge. The program will run from 9 a.m. - 12:00 p.m. on the following dates:

- Wednesday, March 4, 9-12, Woodbridge Senior Center
- Wednesday, March 11, 9-12, Woodbridge Senior Center
- Wednesday, March 18, 9-12, Woodbridge Senior Center

- Wednesday, March 25, 9-12, Emeritus at Woodbridge

The class will enjoy eating the food they prepared and will receive a booklet with everything that was learned in the classes. The last class "playing with your food" will teach you how to create decorations out of fruits & vegetables.

There will be no charge to participate in the "Cooking for Men" classes. To register please call Lee Canning, Director, Woodbridge Senior Center, 203-389-3430.

"Last Will and Embezzlement"

Join us at the Senior Center to watch the documentary, "LAST WILL AND EMBEZZLEMENT". This film is part of a continuing effort to spread the word about the financial exploitation of the elderly and is scheduled to be shown at the Senior Center on Tuesday March 10th at 12:45. It stars veteran actor Mickey Rooney. In 2011 Rooney testified before the United States Senate Special Committee on Aging about the years of financial abuse he said he suffered at the hands of a close family member.

A follow up gathering will be held at the Center on Tuesday, April 14th to discuss key issues surrounding the financial exploitation of the elderly including victim profiles, the challenges of our present legal system, the perpetrators' modus operandi, the symptoms and effects of these crimes, as well as potential solutions to this ever-increasing worldwide problem. Representatives from the local law enforcement and legal communities will be present. Everyone is invited. All are welcome to attend this very informative documentary. Please call Lee Canning, Director, Woodbridge Senior Center at 203-389-3430 if you plan on attending.

THE TIME TO TEST FOR RADON IS NOW!

Quinnipiack Valley Health District (QVHD), the local health department for Bethany, Hamden, North Haven and Woodbridge, has a limited supply of free radon testing kits available for District only residents. Radon is a natural element that results from the decay of uranium. Long term exposure to radon can increase the risk of lung cancer, particularly in smokers. Any home can have radon, whether it is old or new. Testing is the only way to identify it. Most homes can be fixed for a reasonable cost. District residents only who

have not previously received a free kit from QVHD in the past can pick up one test kit at the District office, 1151 Hartford Turnpike, North Haven Monday mornings between 9:00 and 11:00 am or Thursday afternoons between 1:00 and 3:00 p.m. until the supply is gone. Kits are available on a first come, first serve basis until the supply is gone. Call QVHD, 203 248-4528 if you have a question. Note: If you picked up a kit last year and have not used it, the expiration date has been extended and the test kit can still be used.

Woodbridge Town News

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AN OUNCE OF PREVENTION

Measles ~ What's the Big Deal?

People may be asking, "What's the big deal about measles? I had it as a kid and I am fine." That may be true for you, but prior to widespread use of the measles vaccine in 1963 (reconfigured in 1968), 3-4 million people got the measles every year in the U.S. of which 400-500 died and 4,000 contracted encephalitis (swelling of the brain). [Centers for Disease Control-CDC data]

Although the measles germ never disappeared from the world, the vaccine protects people from developing the disease. So while the disease has not been eliminated, the number of cases that occur each year in the United States was drastically reduced through a vaccination program. That is until this recent outbreak whose origins have been traced to Disneyland in California.

Why are we seeing more cases now? There are several explanations. Infants cannot be vaccinated until they are 12 months old. As stated above, the measles germ never disappeared from the world. There are still many countries where measles is a prevalent disease. Furthermore, many parents today are concerned about vaccine safety and make a decision to not have their children vaccinated. (This is a very controversial issue and is being discussed at the national legislative level.) So if you travel or encounter unvaccinated travelers in the U.S and you have a child who has not been vaccinated, your infant can get the measles. This is also true if you have never had your child vaccinated.

Infants are generally vaccinated at 12-15 months of age with the first dose and receive a booster at 4-6 years of age. However, the CDC suggests that if you are going to travel to a country with your infant where measles is still prevalent, discuss an earlier vaccination plan with your health care provider.

In the United States, we have 16 diseases that are preventable by vaccination. Vaccines work! Although there has been suspicion on the part of many parents that vaccines are not safe and may cause autism, the safety data on vaccines has found that vaccines are 90-99% effective, do not cause autism and it is very rare for the side effects of a vaccine to be serious. For example, fewer than one in one million persons receiving the measles vaccine has had a serious allergic reaction. Before vaccines are released for use, they are studied for safety. This safety data is reviewed by the Food and Drug Administration (FDA), The American Academy of Pediatrics, and the American Academy of Family Physicians. The

FDA monitors the production of the vaccine and continues to monitor its safety record. Reactions to vaccines are reported by doctors and consumers to the Vaccine Adverse Events Reporting System (VAERS).

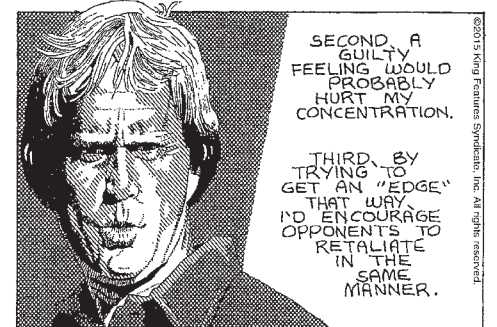
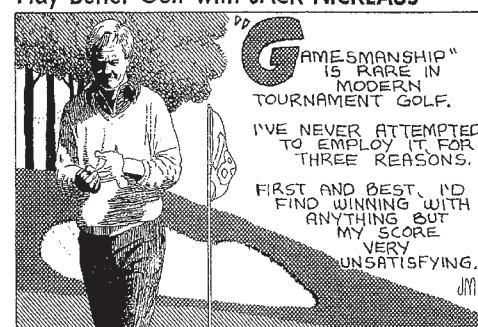
Unfortunately we live in an era where there is suspicion on some people's parts about government honesty and the financial interests of drug companies who produce vaccines. However, rest assured, no one wants to harm children. Parents know how hard it is to have an ill infant with even a mild fever. Imagine your baby with a 106° fever, covered in an itchy rash head to toe, barely able to swallow. A vaccination against measles can prevent this.

Over the past several weeks, the District office has received phone calls from adults who need to know their vaccination status for college or work and do not have any immunization records or known history of the disease. While most adults born before 1963 probably had measles and those born after were most likely immunized, you can determine this by having a blood test called a titer that will give you proof of immunity. If it turns out you were not immunized, you can then get the immunizations. Or you can just get an immunization if you don't know and don't want to get a titer.

For adults, the CDC considers that you are immune if persons who were born during or after 1957 who do not have evidence of immunity against measles should get at least one dose of MMR vaccine. You are considered protected from measles if you have at least one of the following: written documentation of adequate vaccination (one or more doses of a measles-containing vaccine administered on or after the first birthday for preschool-age children and adults not at high risk or two doses of measles-containing vaccine for school-age children and adults at high risk, including college students, healthcare personnel, and international travelers); laboratory evidence of immunity; laboratory confirmation of measles; or birth in the United States before 1957.

For more information on measles (symptoms, course of the disease, etc.) there are many websites you can visit: qvhd.org; CDC.gov, WebMD, KidsHealth.org, or Mayo Clinic. If you are a district resident (Bethany, Hamden, North Haven or Woodbridge) and do not have internet access, QVHD can send you printed materials. Call QVHD, 203 248-4528 or email dculligan@qvhd.org.

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WOODBIDGE LIBRARY

Adult Events

Please register for adult events online at www.woodbridge.lioninc.org, by phone at 203-389-3433, or in person at the Circulation Desk.

Peeps in the Library Contest – Open to all ages!

March 2 – April 30

Join us for the second annual Peeps in the Library Contest at the Woodbridge Town Library. This contest is open to all ages and you may enter individually or work in a team. Registration begins on Monday, March 2 and goes until Friday, March 20th. Please register in person at the Circulation Desk and you will receive a pack of Peeps and the contest rules to get started.

Participants are challenged to make a diorama of a scene from their favorite book or movie using Peeps as characters. Completed dioramas will be accepted during library hours between Monday, March 23 and Friday, March 27. The dioramas will be on display from March 27 until April 30. Library patrons will have the opportunity to vote on their favorites until April 14th and winners will be announced on April 15th. There will be three prize categories: Adult, Teen, and Child/Family.

Please see the Circulation Desk or email kward@woodbridgect.org for full set of contest rules. This free program is open to the public. Space is limited and in person registration is required.

Mysteries of the Golden Age with Dr. Mark Schenker

Wednesday, March 4 @ 7pm

Join Dr. Mark Schenker, Senior Associate Dean in Yale College, for the first of a two-part series in which we will contrast classic British mystery novels of the so-called Golden Age with American mystery novels of the same time period. The Nine Tailors by

Dorothy Sayers and Death in a White Tie by Ngaio Marsh will be discussed in March and The Maltese Falcon by Dashiell Hammett and The Big Sleep by Raymond Chandler will be discussed on April 8th. Copies of all titles will be available for check out at the Circulation Desk. Registration Required.

Kerry Boys Live in concert
Tuesday, March 10 @ 7pm

Just in time for St. Patrick's Day! Join us for the musical Irish spirit of The Kerry Boys! Their humorous, high-energy show will have you clapping and singing along in no time, engaging you from start to finish with their pristine harmonies and wide collection of traditional and original songs. Come and get your Irish on! Registration Required.

Exploring Eleuthera

Wednesday, March 11 @ 6pm

Join Woodbridge resident Ellen Bulger as she teaches us about the Bahamian island of Eleuthera through slides and shells. Registration required.

An Evening in Morocco

Tuesday, March 24 @ 6:30pm

Let Beecher Road School teacher and Woodbridge resident Caterina Zdrowski and members from the 2014 UNH Fulbright-Hays Global Projects Abroad teach you about Moroccan food, clothing, religion, music, education, politics, and more. Moroccan cookies and tea will be served. Please register.

Tea and Health

Tuesday, March 25 @ 7pm

Join Phil Parda of Savvy Tea Gourmet in Madison, CT for a presentation on the health benefits of tea. Tastings included. Space is limited and registration is required.

Pysanka Egg-making Workshop

Saturday, March 28 @ 12pm

Join Sharon Leonard, the "Egg Lady", as she shares over 30 years of experience teaching this Ukrainian folk art. Pysanka is a Ukrainian decorative egg, created by using the written wax batik method. Beeswax mixed with soot and melted in a stylus is used to 'write' or make designs and symbols on the egg. Color is added by dipping the egg. Once the last dark color is used, the wax is melted over a flame and wiped away to reveal the colorful design underneath. Learn about this folk art form and create your own beautiful egg in this hands-on workshop. All materials (including eggs) will be provided. Space is limited to 20 participants. Registration required. Ages 14 and up.

Film Screenings

No registration is required to attend a film screening. Seating is first come, first serve.

Whiplash

Thursday, March 5 @ 7pm/
Rated R, 107 minutes

A promising young drummer enrolls at a cut-throat music conservatory where his dreams of greatness are mentored by an instructor who will stop at nothing to realize a student's potential.

Foxcatcher

Thursday, March 12 @ 7pm/
Rated R, 128 minutes

The greatest Olympic Wrestling Champion brother team joins Team Foxcatcher led by multimillionaire sponsor John E. du Pont as they train for the 1988 games in Seoul - a union that leads to unlikely circumstances.

Alexander and the Terrible, Horrible, No Good, Very Bad Day,

Thursday, March 19 @ 7pm/
Rated PG, 81 minutes

Alexander's day begins with gum stuck in his hair, followed by more calamities. However, he finds little sympathy from his family and begins to wonder if bad things only happen to him, his mom, dad, brother and sister - who all find themselves living through their own terrible, horrible, no good, very bad day.

Wild

Thursday, March 26 @ 7pm/
Rated R, 115 minutes

A chronicle of one woman's 1,100-mile solo hike undertaken as a way to recover from a recent catastrophe.

Children And Teen Programs

Please register for all children and teen programs online at www.woodbridge.lioninc.org

Drop-in Brick by Brick Lego Program

Mondays, February 23 – March 30 @ 4pm ages 5 and up

What can you make with Lego Blocks? Mix fun and learning to create your own Lego creations. No registration required. This is a drop-in program. While it may be tempting to bring your

own Legos, tiny pieces can be lost easily and we have plenty here.

In Like a Lion...Out Like a Lamb drop-in crafts

Saturdays, March 7 and 21 from 1-4pm

They say that March comes in like a lion and goes out like a lamb. Stop by to make crafts related to this popular saying. We will make a lion craft on March 7 and lamb on March 21. All ages welcome. No registration required.

SAT/ACT Combo Practice Test with KAPLAN

Saturday, March 14 @ 11am

Representatives from KAPLAN will administer a free, proctored combination SAT and ACT practice test. All participants will receive a comprehensive analysis of their performance on the test, detailing individual strengths and weaknesses and which test they performed better on. Gain invaluable experience at this practice session! Space is limited and registration is required. Please register online at www.woodbridge.lioninc.org or call 203-389-3433.

Teen Book Discussion

Saturday, March 14 @ 3pm
for high school students

Join us; we will celebrate March and chat about books that kept us company during the long winter. Try your luck at Irish trivia to win prizes and maybe if luck is with you there will be Irish treats to snack on. Please register online.

10's to Teens Art Session

Wednesday, March 18 @ 6pm
students in grades 4 and up

We will be rolling colorful magazine pages to create our own unique art piece. Please register online.

All About Alexander and the Terrible, Horrible, No Good, Very Bad Day

Friday, March 20, 2015 grades K and up

Have you ever had a horrible day? What do you do on a day like that? Come find out what Alexander does at this special Friday storycraft session from 11-11:45am. Then at 2pm join us to see Alexander on the big screen with a parent or caregiver in the Meeting Room.

The Three-Ring Rascals

Saturday April 4 @ 2 pm for children in grades 2-4

Are you small and wise? Do you like popcorn? Do you sometimes get into trouble even though you try to be good? If so, you might be a rascal! You'll laugh out loud when we introduce the first Three-Ring Rascals book by Kate Klise, The Show Must Go On! Step right up to hear the amazing tale of Sir Sidney's Circus. Learn how the plot develops and get to know the characters. Have fun with book related activities and a craft. Copies of the book will be available for check out at the program. Space and supplies are limited. Register online beginning March 14th.



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CLUBS & ORGANIZATIONS



Pictured from left to right are Rotarians Bill DeRosa, Anna Dickerson, Dorothy Martino, and President Robyn Reilly.

WOODBIDGE ROTARY WELCOMES NEWEST MEMBER

Woodbridge Rotary Club recently welcomed Dorothy Martino who was recently installed as a new member by Rotarian Bill DeRosa. Miss Martino is a lifelong resident of Woodbridge who has been committed to serving the community.

Dorothy served on the Woodbridge Board of Education for 13 years and was a member of the Board of Selectmen for 10 years. She is a member of Our Lady of the Assumption Church, a member of the choir, and served as president, vice-president and secretary of the Parish Council.

Miss Martino taught in the New Haven Public School system for 42 years, retiring from Edgewood School in 1996. She returned to the school as a consultant for 2 years, overseeing the "Kids as Curators" program and then volunteering to teach for 12 years.

Dorothy was president and vice

president of the SCSU Alumni Association Board of Directors and has been selected as a Member Emerita. Because of her commitment to education, Miss Martino established an Endowed Scholarship for a SCSU student from Bethany, Orange or Woodbridge who is majoring in education, math or science.

The Woodbridge Rotary Club is an organization of business and professional people united worldwide to provide humanitarian service, encourage high ethical standards in all vocations and help build goodwill and peace throughout the world.

The Woodbridge Rotary Club meets the 1st and 3rd Friday of the month at 7:30 a.m. for a breakfast meeting at the Country Corner Diner, 756 Amity Road, Bethany and the 2nd and 4th Friday of the month for a lunch meeting at 12:15 p.m. at the Woodbridge Social Restaurant, 12 Selden Street, Woodbridge, CT.

AMITY GIRL SCOUTS SIGN UP!

Come join the fun! Girl Scout Sign up! Each year we offer a way for all families to see Girl Scouts in action and to enjoy the fun of a truly wonderful international day including food, crafts, songs and entertainment! Families can learn more about customs around the world while asking questions and signing up for Girl Scouts!

Girl Scout World Thinking Day and Sign Up will take place Sunday, March 8, 2015 from 2:30 p.m.-4:30 p.m. at Holy Infant Church - Gymnasium, 450 Racebrook Road, Orange. The cost is \$2.00 each child, Girl Scout and adult.

Please RSVP: Anita M. Silvestro at asilvestro@gsofct.org or (203) 239-2922 Ext. 3334.



Pictured L to R: Garden Club members Chris Lovejoy, Emily Cosenza, Susan Antinozzi, First Selectman Ellen Scalett, Woodbridge Executive Assistant Gerry Shaw.

WOODBIDGE GARDEN CLUB EVENTS

The Garden Club of Woodbridge hosted a Valentine's Day afternoon tea on February 14. Guests were treated to high tea treats, such as sandwiches, salads, scones and other pastries. The afternoon's speakers told guests about the history of Valentine's Day. "The Garden Club always hosts informative and beautiful events, but this time the event committee and chairs Susan Antinozzi, Pat Bakke and Chris Lovejoy really outdid themselves," said First Selectman Ellen Scalett. "The table

settings and floral arrangements were extraordinarily beautiful."

In addition, The Garden Club of Woodbridge is presenting "From the White House to Your House", Tuesday, March 3, 2015. Ruth Loiseau will create floral designs while sharing her experiences in the White House serving 5 presidents. Light refreshments will be served. Please join us at the First Church of Christ, 5 Meetinghouse Lane, Woodbridge, CT at 11:45am.



Town Employees Hold "Wear Red Day 2015"

Recently gathered to support the American Heart Day, Woodbridge Town employees wore red to raise awareness to help the American Heart Association support critical research and education for heart disease in women. In addition to wearing red, the Town employees made monetary donations to the American Heart Association.

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Students in the JCC kindergarten program enjoy the snow. The JCC Kindergarten will hold an informational meeting for prospective parents on Thursday, February 19 from 7-8:30pm. It's an opportunity to explore the dynamic hands-on learning environment, meet the experienced staff, spend time in the classrooms, learn about enrichment programs, and tour the JCC's spectacular facility. The program is open to children of all faiths and backgrounds. For more information, contact Lynn Bullard, lynnb@jccnh.org, (203) 397-7415.



Riley O'Neill of Trumbull, Maggie Schreck of Hamden and Bridy O'Neill of North Haven (2013 Sacred Heart Academy Children's Easter Party).
[Photo courtesy of SHA Principal Sr. Maureen Flynn, ASCJ]

CHILDREN'S EASTER PARTY OPEN TO THE COMMUNITY

Sponsored by the Sacred Heart Academy Alumnae Association

Spring is in the air, Easter is just around the corner, and it's time for the Annual Children's Easter Party, sponsored by the Sacred Heart Academy Alumnae Association. This year's event, one of its kind in the area, will be held Saturday, March 21, rain or shine, from 10:00 am until noon on the Sacred Heart Academy campus, 265 Benham Street in Hamden. Activities include face painting, games with prizes, raffles, three separate Easter candy dashes, and, of course, professional photos with the Easter Bunny. There will be "Coffee and..." for the parents

and children will enjoy Easter snacks and treats. Best suited for toddlers to age nine, the Easter Party is open to the community. The fee is \$10.00 for children; adults and children one and under are complimentary. Spread the word to your families and friends, but don't wait to make your reservation as this event is always a sell-out.

Advance reservations are required by March 14 and can be made online @ www.sacredhearthamden.org/easterparty. Questions—Contact Sr. Mariette Moan @ 203-288-2309, x313 or alumnae@sacredhearthamden.org.

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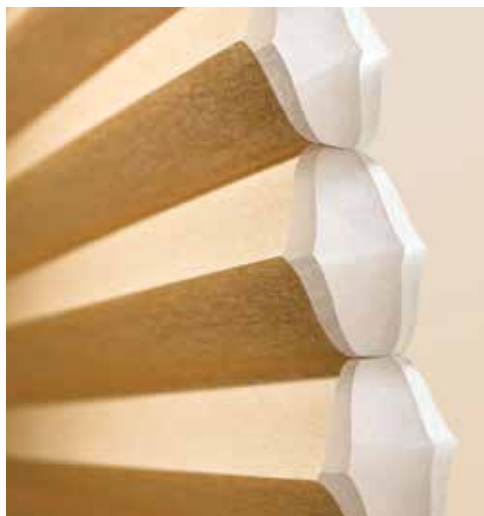
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Q: I think this season of "Portlandia" might be the funniest one yet. Please tell me I'll get to enjoy new episodes for years to come. -- Paula T., via email

A: I am happy to tell you that you'll get at least two more seasons of funny from **Fred Armisen** and **Carrie Brownstein**. IFC announced that it has picked up the hit comedy for seasons six and seven, each encompassing 10 half-hour episodes.

Q: I wanted to ask about two ABC shows that I very much miss: "Red Widow" and "666 Park Avenue." I enjoyed both shows, especially the eye candy in "Red Widow," and wondered if there's any chance they'll be aired again -- Marsha R., Naples, Florida

A: Both ABC series premiered in the 2012-13 season -- "666 Park Avenue" in September and "Red Widow" as a midseason replacement -- to much hullabaloo and fanfare; however, both were canceled due to low ratings. Of the two series, "Red Widow" is available on DVD, in case you're feeling nostalgic and want to relive the drama and intrigue ... and eye candy.

Q: I truly hope the writers and producers of "Galavant" know what a superb show it is. I laugh so hard and watch each episode several times since there are so many jokes and bits every second. I thank them for this wonderful production. If it comes out on DVD, I will buy it! -- Nancy M., Venice, Florida

A: I know a lot of people who feel the way you do, Nancy. And they are all hoping for a second season, as I'm sure you are. If anything, it's just nice to



Fred Armisen

have the option to watch a series that is inventive and unique, and there really is no other show out there like it right now. I believe in rewarding people for thinking outside the box, and I hope ABC does too.

While "Galavant" started out really strong, it then slipped in numbers as the limited series went on. However, since it is a limited series (meaning each season has fewer episodes than a normal series, and it can air at any time during the season as a place-filler or replacement), its low numbers won't necessarily be nails in its coffin. I'd still place this show very much on the bubble. We'll keep our fingers crossed!

Q: I read that **Andrew Garfield** will no longer star in "Spider-Man." Does that mean the franchise will be ending? -- DeeDee R., via email

A: The franchise will go on -- but with a new Spidey. Like **Tobey Maguire** before him, Andrew is moving on to other things, and a new (not-yet-cast) actor will take his place. The premiere date for the new "Spider-Man" movie has been set for July 28, 2017. Because of this, "Thor: Ragnarok" will now open in November 2017, since Peter Parker and company have taken his release date.

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ARTS & LEISURE



A Chinese folk dance by Southern Connecticut Chinese School students opened the Chinese New Year Gala held Saturday, February 14, to mark the Chinese New Year.



More than 40 students and parents from Woodbridge involved in performing as well as volunteering for the event. Howard Ding (center), a freshman at Amity Regional High School, played a Chinese folk music with a traditional free reed wind instrument, cucurbit flute, accompanying by Sophia Wang (left), a 7th grader at Amity Middle School at Bethany, and Alison Su (right), a 6th grader at Beecher Road School, with Chinese dance. All three students are Woodbridge residents.

SOUTHERN CT CHINESE SCHOOL CELEBRATED CHINESE NEW YEAR

On Chinese calendar, the year 4713 – the Year of the Goat – has begun. The celebration, held at Lyman Center of Southern Connecticut State University, was organized by the Southern Connecticut Chinese School (SCCS) with supports from Southern Connecticut State University, where the Chinese school is located. SCCS is a Sunday school devoted to Chinese lan-

guage teaching. Established in 1995, it has evolved from a small after-school class with one teacher and several students to a non-profit educational institution of over 500 students from 40 towns in the Greater New Haven area. The event also featured Chinese Kung Fu, Chinese folk songs, folk dances, Chinese short drama, poem recital and more.

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The winning band Grey Negative on the Toad's Place stage. [Adair Photography]

20TH ANNUAL BATTLE OF THE BANDS BENEFIT SHOW

On Presidents Day the Amity Teen Center hosted the 20th Annual TOAD's Place Benefit "Battle of the Bands" show at 300 York Street in New Haven. Eleven teen bands performed in front of hundreds of teens, friends and family members. The winning band, chosen by the judges, was Grey Negative.

After all expenses were paid, the Teen Center raised \$1,875.00 from the ticket sales, commemorative t-shirt sales and bake sale run by the Amity

Leo Club. Event sponsors were Parillo, Cohen & Co., Woodbridge UPS and Jay Jaser.

The Amity Teen Center, a 501(c)(3) non-profit organization, was formed in 1987. We hold after school, evening and weekend activities for area teens in grades 7 – 12. We are located in our own building at 10 Selden Street in Woodbridge. Anyone wishing to learn more about the Teen Center, please go to www.amityteencenter.org.

TARZAN SWINGS ONTO THE AMITY STAGE!

The award winning Amity Creative Theater will dazzle audiences with its high flying production of the Disney Musical Tarzan. Single performances are scheduled for March 20th, 21st, 27th, and 2 performances on March 28th.

Amity Creative Theater has hired the world renowned ZFX, (zfxflying.com) flying effects company from Louisville, Kentucky to train the student cast and crew. ZFX personnel will be working with students from March 15-19th. 7 actors will be swinging through the trees, the audience gazing above in awe while this talented cast and crew tell the story of Tarzan's first experience with modern civilization and love.

A Broadway Hit in 2006, Tarzan features the music and lyrics of 5 time Grammy Winner Phil Collins, combined with the breathtaking character flying and acrobatics of this Amity H.S. student cast. Under the direction of Theater Teacher Robert Kennedy, Amity Creative Theater is known as one of the top Theater programs on the East Coast. Amity has won two Moss Hart Awards for Best High School Production from the New England Theater Conference and 21 awards from the CT High School Musical Theater Awards, including Best Overall Production

(Sweeney Todd in 2013), Best Actress (Ali Kramer in 2012) and Best Actor (John Jorge in 2010). In addition, in the Summer of 2016, Amity has been selected from a group of 2500 candidates to perform at the Edinburgh Fringe Festival in Scotland, England. It's the second time in 5 years the school has received this honor.

More than 110 students are working 5 days a week preparing this production. The play stars Max Karasnow (Woodbridge) as Tarzan and Addie Robbins (Orange) as Jane. Also featured are Khari Blue (Bethany) as Kerk and Morgan Guadagnoli (Orange) as Kala. The cast of 50, will work with a live student orchestra (36 members) and a stage crew of 30, to put on another captivating show. Tickets are on sale now online at amitytheaterdepartment.com. All seats are \$ 18.00. Show Dates are March 20th, 21st, 27th at 8pm and March 28th at 2pm and 8pm.

Amity Creative Theater would like to thank its corporate sponsors, Kenneth J. Burns Insurance, Chip's Restaurant, Coldwell Banker Residential Brokerage, Daniel E. Durkee, CPA, Jamie Hulley Arts Foundation, Laticrete International Inc, Leibo Brothers Management, NJ, Pet Supplies Plus and New England Cat Care.

HEALTH AND FITNESS

CHRONIC LATERAL ANKLE PAIN

A lateral ankle sprain, also known as an inversion sprain, is the most common injury sustained at the ankle joint. There are three major ligaments that are usually affected, depending on the severity of the sprain and the position of the ankle during injury. Most commonly the foot is turned inward and pointed down.

Many acute lateral ankle sprains are often mismanaged and not properly rehabilitated to their full potential. This may result in chronic lateral ankle pain, weakness, and instability which can cause difficulty returning to sports, running, walking on uneven terrain, and even wearing high heel shoes.

In the first week during the acute phase it is very important to control swelling to prevent the formation of adhesions which can delay healing. An evaluation with a physical therapist can help diagnose the severity of the sprain, which specific ligaments are involved, and if any diagnostic imaging is warranted. Swelling is best controlled by R.I.C.E. (rest, ice, compression, and elevation). Oral anti-inflammatory may also be used to help minimize inflammation. A physical therapist can also provide modalities such as electrical stimulation and ultrasound, as well as manual therapy mobilization and manipulation techniques to help reduce swelling and inflammation, and improve range of motion. Taping techniques may also be beneficial to improve stability while weight-bearing. Prescription of appropriate exercises to be performed at home is crucial to help



Peter Geloso DPT

improve mobility and decrease swelling. After two weeks the acute swelling and pain is typically significantly reduced and oftentimes, full mobility has returned to the ankle. At this point, many people falsely assume that the

ankle is completely healed and they can return to previous activities. However, many impairments usually remain that are often overlooked. These include strength, stability, balance, and proprioception. Proprioception is our brain's sense of our body position, which is controlled by feedback provided by receptors in the ligaments. When the ligaments of the ankle are damaged, this mechanism is impaired and can be detrimental to the recovery process. All these factors are important to regain proper foot mechanics with walking, and impact activities such as running, jumping, and sports. A proper rehabilitation program is essential for this to prevent further or recurring injury and chronic pain.

Our licensed physical therapists at Amity Physical Therapy are all qualified to evaluate and treat both acute and chronic lateral ankle pain and help get you back on your feet in a safe and timely manner.

Peter Geloso DPT received his doctorate degree in physical therapy from Elon University in North Carolina. He is a clinician with Amity Physical Therapy in Woodbridge, CT. Amity Physical Therapy is the pre-eminent facility of its kind in the Greater New Haven area with offices in Woodbridge, Hamden and Branford. Call 203-389-4593 or visit www.amitypt.com.



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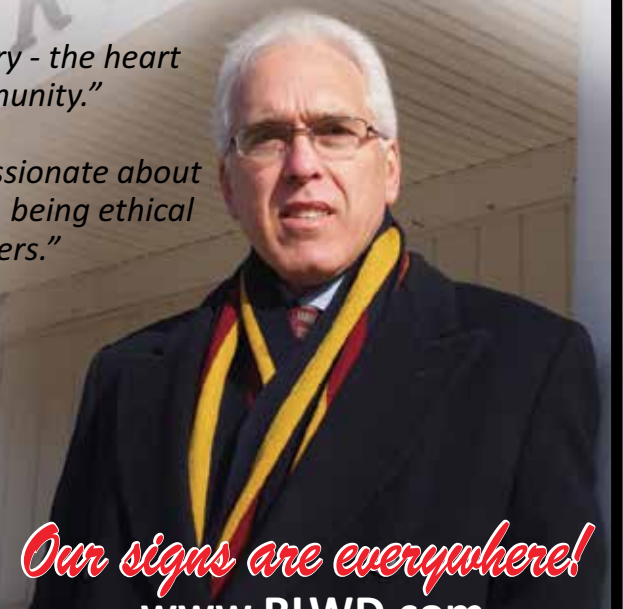
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MARCH HAPPENINGS AT ORANGE CONGREGATIONAL CHURCH

Orange Congregational Church invites you to come to one of our two weekly Sunday Worship Services: at 8 a.m. in the Chapel or 10 a.m. in the Sanctuary.

Also, we will be offering a 5 week series in Lent: "Faith in Action". You will have the opportunity to hear members of the congregation share their individual faith journeys and the ways they put their faith into action on a daily basis. We will meet in the Reception Room following the 10:00 am worship service on 3/1, 3/8, 3/15, and 3/22.

Come Break Bread with us for Lent at our Lenten Suppers, Wednesdays at 6 pm in the Dining Hall, for the weeks of 2/25 - 3/25. We will have a simple supper of bread and soup, with a study of scripture to follow. A \$5 free will offering will be taken. - The church is located at 205 Meeting House Lane, Orange. Call 203-795-9749 for more information.



Orange Congregational Church

The Music Ministry of the Orange Congregational Church invites you to its next performance in the "Music on the Green" concert series. The fine Ekklesia Contemporary Ballet will perform "Esther" based on the Biblical story along with other modern works. Ticket price is \$10. The performance will be March 22, 2015 at 4p.m. The church is located on the town green at Orange Center Road and Meeting House Lane.

For more information, call 203-795-9749 or visit www.orangecongregationalchurch.org or www.ekkleσιαcontemporaryballet.com.

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Dean's List

Josh Styracula Named To Dean's List At Becker College

Worcester, MA -- Josh Styracula, of Woodbridge, was named to the Dean's List at Becker College for the Fall 2014 semester.

Becker College is ranked by The Princeton Review as one of the best 379 colleges in the U.S. With a 99 percent graduate placement rate for employment or further study, Becker serves more than 2,000 students from across the country and around the world. Becker offers a wide range of quality degree programs--from nursing to veterinary science, and a variety of adult learning options--that prepare graduates for the challenges and entrepreneurial opportunities of the 21st century. Becker's undergraduate video game design program has been top-ranked by The Princeton Review for five consecutive years, and is one of only two institutions in New England, and one of five nationally, to maintain this longstanding distinction. Becker is also ranked first among private undergraduate nursing programs in Massachusetts, with a 100 percent NCLEX pass rate for pre-licensure nursing graduates in 2013. With campuses in Worcester and Leicester, Mass., Becker College traces its history from the union of two Massachusetts educational institutions--one founded in 1784 and the other in 1887--and has more than 18,000 alumni worldwide.

Elizabeth Rule Named To Emerson College Dean's List

Boston, MA-- Emerson College student Elizabeth Rule of Woodbridge, CT has been named to the Dean's List for the Fall 2014 semester. Rule is majoring in Writing, Lit and Publishing. The criterion to make Emerson's Dean's List is a grade point average of 3.7 or higher.

Located in Boston, Massachusetts, opposite the historic Boston Common and in the heart of the city's Theatre District, Emerson College educates individuals who will solve problems and change the world through engaged leadership in communication and the arts, a mission informed by liberal learning. The College has 3,750 undergraduates and 750 graduate students from across the United States and 50 countries. Emerson is known for its study and internship programs in Los Angeles, Washington, D.C., the Netherlands,

London, China, and the Czech Republic. The College has an active network of 32,000 alumni who hold leadership positions in communication and the arts. For more information, visit www.emerson.edu.

Rachel Rosenblum Named To Dean's List At Ithaca College

Ithaca, NY -- Rachel Rosenblum, of Woodbridge, CT, an occupational therapy major in the School of Health Sciences and Human Performance at Ithaca College, was named to Dean's List for the fall 2014 semester.

From day one, Ithaca College prepares students for success through hands-on experience with internships, research and study abroad. Its integrative curriculum builds bridges across disciplines and uniquely blends liberal arts and professional study. Located in New York's Finger Lakes region, the College is home to 6,100 undergraduate and 460 graduate students.

Fall 2014 Dean's List At University Of Delaware

Newark, DE -- Students have been named to the University of Delaware Dean's List for the Fall 2014 semester. Students from Woodbridge include: Danielle Eldracher, and Nicole Simon.

University Of Maine Announces Fall 2014 Dean's List

Orono, Maine -- The University of Maine recognized 2,114 students for achieving Dean's List honors in the fall 2014 semester. The following Woodbridge students who received Dean's List honors for fall 2014, completing 12 or more credit hours in the semester and earning a grade point average of 3.5 or higher are: Molly Pines.

Students Named To The University Of Vermont Dean's List

Burlington, VT -- The following Woodbridge students have been named to the dean's list for the fall 2014 semester at the University of Vermont: Anna Bellard, a junior Psychology major and Abigail Ginsberg, a senior Early Childhood Preschool major. To be named to the dean's list, students must have a grade-point average of 3.0 or better and rank in the top 20 percent of their class in their respective college or school.

Chartered in 1791, UVM was the first college or university in the United

States that did not give preference to a religious sect in its charter. UVM now has 9,958 undergraduates in seven schools and colleges, 1,371 graduate students and 459 medical students. The University of Vermont combines faculty-student relationships most commonly found in a small liberal arts college with the resources of a major research institution.

Honor Roll

Woodbridge Residents Named to Honor Roll at Sacred Heart Academy

Sacred Heart Academy Principal, Sr. Maureen Flynn, ASCJ has announced

the Honor Roll for the second marking period of the 2014--2015 academic school year. The following Woodbridge residents were named to the Honor Roll:

HIGH HONORS: Julianne Beltz and Anna-Claire Luciani

HONORS: Nicole Antinozzi, Jacqueline Degennaro, and Carsan Dzikowski.

Academic Honors are awarded at the end of each quarter to students attaining an average of 3.5 or better. Those students who achieve a grade point average of 3.8 or better are awarded High Honors.

ELECTION 2015

REPUBLICANS ISSUE STATEMENT ON SPECIAL MEETING

Submitted by Chris Dickerson

Woodbridge Selectmen Joe Dey and Tony Anastasio called for a special meeting of the Board of Selectmen for Thursday, February 19 to address the current draft of the Town Plan of Conservation and Development (TPCD). By Connecticut State Statute, the Board of Selectmen "may hold one or more public hearings on the plan and shall endorse or reject such entire plan or part thereof or amendment and may submit comments and recommended changes to the commission" (C.G.S. Section 8-23 (g) (2)). However, the Board of Selectmen (BOS) has failed to act and has no current plan to do so. In fact, Town Counsel has reported that in excess of 100 Woodbridge residents recently filed a petition seeking to have a Town Meeting with the intent of compelling the BOS to consider the TPCD and endorse or reject same as per applicable state statute. Town Counsel rejected the petition, opining that the BOS is not required to endorse or reject the plan because he feels the statute language is "ambiguous".

Selectmen Dey and Anastasio jointly stated that, "Even if for some reason one wanted to disregard the expression of town residents by way of the Peti-

tion, as well as the applicable statute, we continue to wonder why the BOS would not feel compelled to participate in the TPCD process in a meaningful way, particularly given the significant changes proposed. We understand the TPZ alone must render the ultimate decision, but the BOS duty to town residents as elected officials dictates our meaningful participation. Moreover, as a commission comprised of members appointed by the BOS, it seems the TPZ should be interested in the action, thoughts and comments of the BOS."

Selectmen Dey and Anastasio asked the Chairman of the Town Plan and Zoning Commission to delay a vote on the TPCD until after the BOS has voted on it, but there has been no definitive response from the TPZ Chair. Therefore, this special meeting of the BOS gives the public the opportunity to learn where the BOS stands on this critical issue. We encouraged residents to attend this important meeting to show the BOS that we care what they think and want to know where they stand on the many controversial issues raised in the recent TPZ public hearing and in writing to the TPZ over the past several weeks.

WOODBIDGE REPUBLICAN CAMPAIGN KICKOFF EVENT!

The Woodbridge town election is May 4th--Help the Woodbridge Republicans kick off their Campaign! Tuesday, March 3, from 6-8pm at Solun Tapas Bar - 245 Amity Road, Woodbridge come and meet the candidates in a casual, con-

vivial atmosphere. Your \$30 contribution entitles you to a drink and Happy Hour buffet. For more information, go to www.woodbridgeGOP.org or contact Donald Celotto Jr. at 203-641-6388 or Dorothy Martino at 203-397-1547.

WOODBIDGE RESIDENTS!

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Woodbridge Town News, P.O. Box 1126, Orange, CT 06477
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WOODBIDGE RECREATION SPRING PROGRAMS 2015

Recreation Office Open: Monday – Friday 8:00am – 4:00pm 203-389-3446

MONDAY

UNIFIED BOWLING – Grades K-6 Amity Bowling Center March 30 thru June 8

Busing to Amity Bowling will be provided and is included in the cost. Cost also includes the rental of bowling shoes. TIMES: 3:30 Leave for bowling and 5:15 pick up at Amity Bowling Center BY PARENTS. FEES: \$100.00 Residents/\$110.00 Non-Residents. Food may be purchased at the refreshment stand at an additional cost.

TENNIS – Grades K-6 Beecher Tennis Courts, April 27 thru June 8 Beginner/Intermediate 3:25-4:25pm, Cost \$105 Residents/\$115 Non-Residents – **must bring own tennis racket**

TAEKWONDO – Grades K-6 World Champion Taekwondo, Amity Road, March 30 thru June 8, \$169.00. Busing to 152 Amity Road will be provided and is included in the cost. 3:30 Leave for Taekwondo and pick up between 4:45 - 5:00 at World Champion Taekwondo BY PARENTS.

RUNNING CLUB – Grades 3 – 6 Monday, Wednesday, & Friday 7:15am-8:15am, April 27– June 5, 3 days per week. Bus Transportation provided to Beecher Road School at the end of each morning. \$85.

KIDS DIG FARMS @MASSARO COMMUNITY FARM Ages – 9-12 3:30 -5:30pm March 30 thru June 8. Busing to 41 Ford Road will be provided and is included in the cost.

3:30 Leave for Massaro Farm and pick up at 5:30 at Massaro Farm, 41 Ford Road BY PARENTS. \$110 residents/\$120 Non-Residents.

KUMON-math.reading.success – Grades K-6 March 30 thru June 8, after school math & reading program. Busing to 152 Amity Road will be provided and is included in the cost. 3:30 Leave for Kumon and pick up between 4:30 - 5:00 at Kumon of Woodbridge BY PARENTS. \$280.

NO PROGRAM APRIL 6, 20 & MAY 25

TUESDAY

ULTIMATE TEAM SPORTS – Backboard basketball, trash can basketball Grades K-6 Beecher So. Gym, March 31 thru June 2 – TIMES: 3:30 to 5:00 pm, FEES: \$85.00 Residents/\$95.00 Non-Residents.

LITTLE SCIENTISTS – Grades K-5 Beecher So. Assembly, April 7 thru June 2, 3:30 – 4:15pm, \$148.

NO PROGRAM APRIL 21

WEDNESDAY

BASKETBALL – Grades K-6 Beecher South Gym, April 1 thru June 3. TIMES: 3:30 to 5:00pm FEES: \$85.00 Residents/\$95.00 Non-Residents.

CHESS – Grades 3-6 Beecher So. Assembly–April 1 thru June 3. TIME: 3:30 – 4:30pm \$70.00.

TAEKWONDO – Grades K-6 World Champion Taekwondo Amity Road April 1 thru June 3. Busing to 152 Amity Road will be provided and is included in the cost.

3:30 Leave for Beecher South Field April 2 thru June 4, TIMES: 3:30 to 5:00pm FEES: \$85.00 Residents/\$95.00 Non-Residents.

MOVENASTICS – Grades K- 6 Beecher South Gym April 2 thru June 4, TIMES: 3:30 to 4:30pm FEES: \$85.00 Residents/\$95.00 Non-Residents.

HULA HOOP with BRINGTH-HOOPLA Grades K-6 April 2 thru May 14, Beecher Rotunda 3:30-4:30pm \$70/Adult program 4:30-5:30pm \$70.

NO PROGRAM APRIL 23

FRIDAY

STICKBALL – Grades 3-6 Beecher North Tennis Courts April 10 thru June 5, TIMES: 3:30 to 5:00PM LIMITED ENROLLMENT: MAX 36, FEES: \$85.00 Residents/\$95.00 Non-Residents.

BRICKS4KIDZ Grades K-6 Beecher So. Assembly April 10 – June 5 3:30-4:30 \$150.

NO PROGRAM APRIL 24

SATURDAY

GYMNASTICS/MOVENASTICS – Beecher South Gym April 11 thru June 6

Pre-K:8:45 to 9:30 am
Grades K-1: 9:30 to 10:15 am
Grades 2-6: 10:15 to 11:15 am

FEES: \$85.00 Residents \$95.00 Non-Residents

TENNIS – May 2 thru June 6 \$105 Residents/\$115 Non-Residents Center Road Courts, 9:00am-10:00am – Munchkin

10:00am-11:00am – Youth Beginner/Advanced Beginner
9:00am – 10:00 am Adults
** must bring own tennis racket**
NO PROGRAM APRIL 25

PLEASE NOTE: ALL OF THE ABOVE PROGRAMS ARE FOR BOYS AND GIRLS! PARENTS MUST NOTIFY TEACHERS THAT A CHILD IS ATTENDING AN AFTERSCHOOL PROGRAM! No Peanut Butter Snacks allowed.

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The Woodbridge Recreation Dept. will make reasonable accommodations to include all members of our community. Let us know if you require assistance to participate in any of our programs.

For adult programs including yoga, Zumba, badminton, & belly dancing, visit our Website: www.woodbridgerec.org click on Recreation, or call the Recreation Department office at 203-389-3446.

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Be a \$10,000 winner! Sacred Heart Academy is sponsoring a \$10,000 Cash Raffle as part of its annual signature fundraising event—The 2015 Live and Silent Auction! Take a chance and be the lucky winner of \$10,000 by purchasing a \$20 ticket. Visit www.sacredhearthatmden.org/auction to download the ticket form or contact the Main Office at Sacred Heart Academy, 203-288-2309.

The winning ticket will be drawn at the Auction on Saturday evening, March 28. Winner need not be present. For information on the \$10,000 Cash Raffle or the Auction—"Under the

Tuscan Sun"—contact Maryanne Pisani at mpisani@sacredhearthatmden.org or 203-287-8181, x372 or visit www.sacredhearthatmden.org/auction. All proceeds from the \$10,000 Cash Raffle and the Auction directly benefit the students of Sacred Heart Academy.

Sacred Heart Academy, an independent college preparatory school founded in 1946 by the Apostles of the Sacred Heart of Jesus, successfully prepares young women in grades 9 – 12 for learning, service and achievement in a global society. There are 500 students hailing from New Haven, Fairfield, Middlesex, Hartford and New London counties.

WOODBIDGE ENERGY CHALLENGE

You're invited to a workshop about home heating and cooling on March 3 at 6 p.m. at the Woodbridge Town Library. This workshop is part of the Woodbridge Energy Challenge, a campaign to help Woodbridge residents make smart energy choices for their home.

The Woodbridge Ad Hoc Energy Advisory Task Force designed the challenge with two parts: going green through solar and making your home more energy efficient. In November, the Town hosted a CT Solar Challenge workshop and will host another in April. This winter the Task Force is focusing on energy efficiency. The Task Force hosted a workshop about Home Energy Solutions assessments in January; in February it hosted a workshop about insulation. In April there will be a workshop about the Town's partnership with CT Solar Challenge for residential solar installations.

This workshop will explore cost effective and energy efficient technologies to heat and cool your home and will

also discuss state rebates, estimated savings, and what to ask a contractor. "The Woodbridge Energy Challenge is great one-stop shopping for residents who want to make their homes more energy efficient and take advantage of special offers for Woodbridge residents," said First Selectman Ellen Scalettar.

The Town has contracted with two companies, New England Conservation Services and New England Smart Energy, to provide Home Energy Solutions assessments, energy check-ups for your home. These assessments cost \$99 and may include new free energy-efficient lighting, low-flow showerheads and the sealing of drafts and air leaks. You will also receive written recommendations on further energy-saving measures.

These two companies are offering reduced pricing on insulation to Woodbridge residents (in addition to the state's rebate of up to 50%), a discount that will increase for everyone as more residents participate.

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2. Tax-advantaged retirement accounts. Consider contributing to a traditional Individual Retirement Account (IRA) or 401(k) to help lower your taxable income.
3. Tax-advantaged college savings accounts. Contribute or gift to a college savings plan for your children or grandchildren.

*May be subject to state and local taxes and the alternative minimum tax (AMT).

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ENTERTAINMENT

TOP 10 MOVIES

- 1. The SpongeBob Movie: Sponge Out of Water (PG)**
animated
- 2. American Sniper (R)**
Bradley Cooper, Sienna Miller
- 3. Jupiter Ascending (PG-13)**
Channing Tatum, Mila Kunis
- 4. Seventh Son (PG-13)**
Ben Barnes, Julianne Moore
- 5. Paddington (PG)**
Hugh Bonneville, Sally Hawkins
- 6. Project Almanac (PG-13)**
Amy Landecker, Sofia Black-D'Elia
- 7. The Imitation Game (PG-13)**
Benedict Cumberbatch, Keira Knightley
- 8. The Wedding Ringer (R)**
Kevin Hart, Josh Gad
- 9. Black or White (PG-13)**
Kevin Costner, Octavia Spencer
- 10. The Boy Next Door (R)**
Jennifer Lopez, Ryan Guzman

TOP 10 RENTALS

- 1. Fury (R)**
Brad Pitt
- 2. The Judge (R)**
Robert Downey Jr.
- 3. Lucy (R)**
Scarlett Johansson
- 4. Gone Girl (R)**
Ben Affleck
- 5. The Boxtrolls (PG)**
animated
- 6. Annabelle (R)**
Ward Horton
- 7. A Walk Among the Tombstones (R)**
Liam Neeson
- 8. Boyhood (R)**
Patricia Arquette
- 9. The Equalizer (R)**
Denzel Washington
- 10. The Interview (R)**
James Franco

CHART BUSTERS

Top 10 Pop Singles

- 1. Mark Ronson feat. Bruno Mars**
"Uptown Funk!"
- 2. Ed Sheeran**
"Thinking Out Loud"
- 3. Hozier**
"Take Me to Church"
- 4. Taylor Swift**
"Blank Space"
- 5. Maroon 5**
"Sugar"
- 6. Meghan Trainor**
"Lips Are Movin'"
- 7. Sam Smith**
"I'm Not the Only One"
- 8. Nick Jonas**
"Jealous"
- 9. Taylor Swift**
"Shake It Off"
- 10. Fall Out Boy**
"Centuries"



Ne-Yo

Top 10 Country Singles

- 1. Luke Bryan**
"I See You"
- 2. Eric Church**
"Talladega"
- 3. Florida Georgia Line**
"Sun Daze"
- 4. Blake Shelton feat. Ashley Monroe**
"Lonely Tonight"
- 5. Sam Hunt**
"Take Your Time"
- 6. Thomas Rhett**
"Make Me Wanna"
- 7. Carrie Underwood**
"Something in the Water"
- 8. Jason Aldean**
"Just Getting Started"
- 9. Lee Brice**
"Drinking Class"
- 10. Randy Houser**
"Like a Cowboy"



Natalie Dormer in "The Hunger Games: Mockingjay"

EDITOR'S NOTE: DVDs reviewed in this column will be available in stores the week of March 2, 2015..

PICKS OF THE WEEK

"The Hunger Games: Mockingjay -- Part One" (PG-13) -- After wrecking the Hunger Games and igniting a revolution, Katniss (Jennifer Lawrence) -- the franchise's arrow-slinging teen heroine -- is determined to rescue Peeta (Josh Hutcherson) from the clutches of the evil President Snow (Donald Sutherland). Katniss gains new allies from District 13 led by Alma Coin

(Julianne Moore), who means business, and from the Capitol when Cressida (Natalie Dormer) and her camera crew flee. However, it seems like Katniss and the 13ers have different priorities. Those two words at the end of the title tell you everything else you need to know about the movie. "Part One" is now the universal code for "we stretched out a single book of material into two bloated movies, because you'll see both anyway, and we'll get twice as much money." It's a shame. While the looks and performances are all there, this movie -- or more accurately the first part of a movie -- has a lot of set up and no climax.

"The Captive" (R) -- A young girl goes missing in an instant, leaving no trace and little to clear the guilt from her father (Ryan Reynolds). Almost a decade later, the parents are divorced, damaged and still searching for the people who kidnapped their daughter -- somebody who apparently kidnaps and abuses children, and spies on the parents while their lives fall apart. You'll endure plot twists and TV crime-show cliches, and all you'll be left with an icky feeling.

"The Better Angels" (PG) -- This ponderous black-and-white film takes us into the childhood of Abraham Lincoln, but it's not a biography, and it's certainly no history lesson. Much of the story comes from the environment -- little sounds of nature, a timely breeze swaying the old oak branches. But it's easy to miss the story. It's a more moody, artsy look at growing up and the role of virtues. It's plain to see that filmmaker A.J. Edwards has drawn on his work with Terrence Malik; he just hasn't reached that level with this offering. the other side.

- Name the only No. 1 song by the Edgar Winter Group.
- Which song mentions not playing B-17 on the jukebox, as it would bring back memories?
- What day of the week is mentioned in two songs by Spanky and the Gang?
- Name the group that released "Have I the Right?"
- Name the song that contains this lyric: "He got joo-joo eyeball, he one holy roller, He got hair down to his knee, Got to be a joker he just do what he please."



1. "Frankenstein," in 1973. The instrumental was heavy on synthesizer, and Winter played a number of the instruments.
2. "Please Mr. Please," by Olivia Newton-John in 1975.
3. Sunday: "Sunday Will Never Be the Same" and "Sunday Mornin'."
4. The Homecomin', in 1964. To augment the drums during the chorus, band members stamped their feet on the stairs in the studio.
5. "Come Together," by the Beatles in 1969. The song was the subject of a lawsuit when it was claimed that John Lennon lifted part of Chuck Berry's "You Can't Catch Me." It is suspicious: Berry's words were "Here come a fattop, he was movin' up with me," and Lennon's were "Here come ol' fattop, he come groovin' up slowly."

Sudoku answers on page 28

Weekly SUDOKU

by Linda Thistle

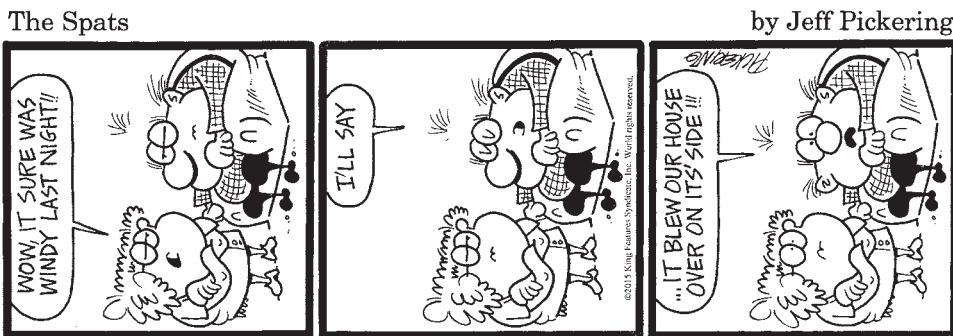
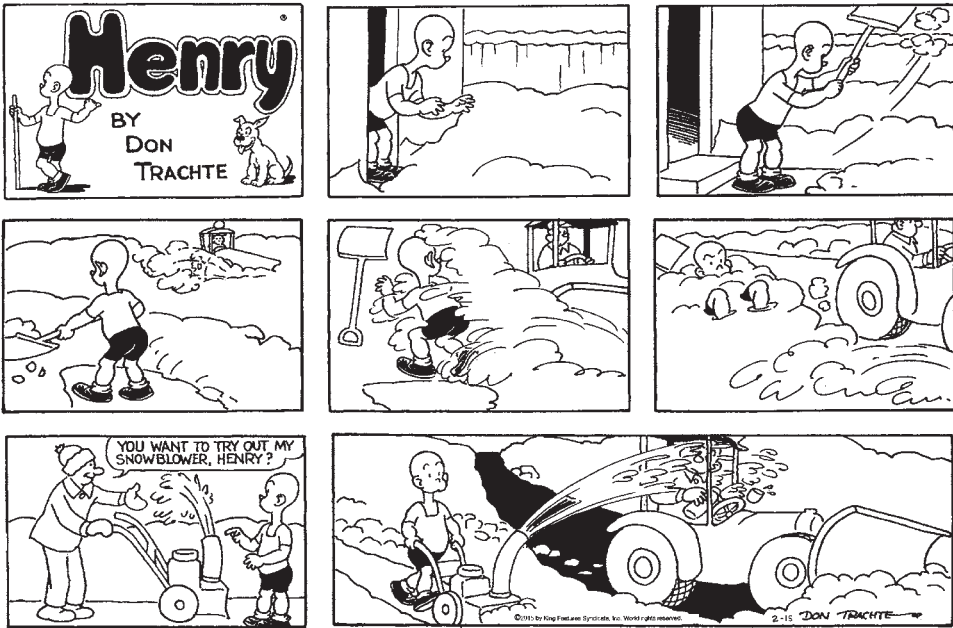
5			6				7
	9			8			6
		8			1	2	3
6		1			8	9	
		4	2				1
	7			3			2
8			4				5
	5			2	7		6
		2			5	3	

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★

★ Moderate ★★ Challenging
★★★ HOO BOY!

COMICS/CROSSWORD/HOLLYWOOD



HOLLYWOOD

By Tony Rizzo

HOLLYWOOD -- The confirmation that Olympic gold medalist Bruce Jenner really is transitioning to become a woman has shocked many people. The upcoming reality show, starring Bruce, will keep the shock value going.

Last year, Jarod Leto won his best supporting actor Oscar for playing a transsexual in "Dallas Buyer's Club," which may have swayed Eddie Redmayne, Oscar nominated for his portrayal of physicist Stephen Hawking "The Theory of Everything," to take on a risky project for his post-Oscar film. He first hit with "My Week With Marilyn" (2011), then he impressed in "Les Misérables." Redmayne won a Golden Globe and Screen Actors Guild Award for "The Theory of Everything" and is the favorite to win an Oscar this year. He's currently on big screens in the \$175 million "Jupiter Ascending," playing an effeminate dictator of another planet.

He'll next take on the role of Danish painter Einar Wegener, who later transitioned to become Lili Elbe, the first man to have sexual reassignment surgery, in 1931. The film, "The Danish Girl," will be directed by Eddie's "Les Misérables" director, Toby Hooper. Before Redmayne, those considered for the role were Nicole Kidman, Gwyneth Paltrow, Charlize Theron, Marion Cotillard and Rachel Weisz. Hooper won the Academy Award for "The King's Speech," which grossed \$414 million worldwide.

Redmayne admits, "I have put on dresses and wigs and make-up. I'm beginning to embark on trying to find out who she was." This is a time when interests, thanks to Bruce Jenner, are high on men transitioning to women.



Eddie Redmayne

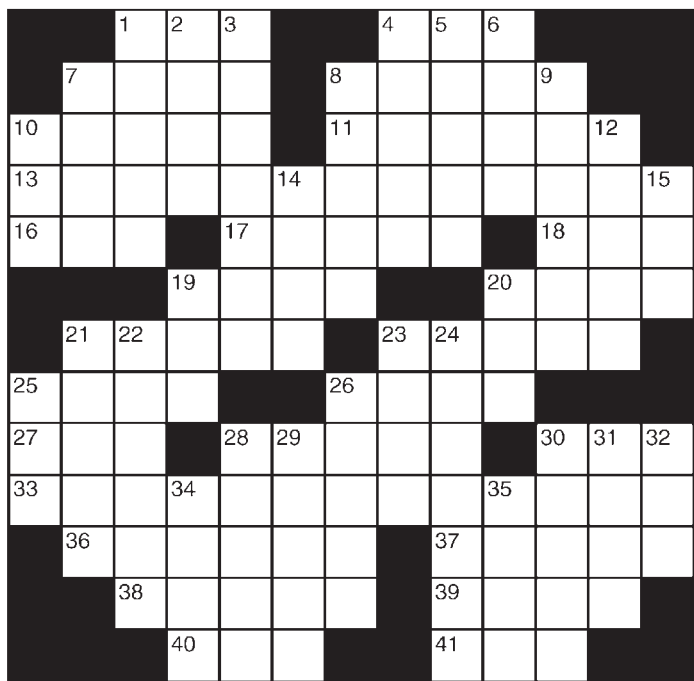
Sad to hear of the passing of Donna Douglas, born Doris Smith, in Pride, Louisiana, 82 years ago, whom we all loved as Elly May Clampett on "The Beverly Hillbillies." I attended the CBS affiliate gathering in 1962 and met Donna, who was a beautiful, shy and unassuming young woman who stuck close to her co-stars Buddy Ebsen, Irene Ryan and Max Baer, Jr. Many years later, I'd see her around Beverly Hills functioning as a real-estate agent. When she succumbed to pancreatic cancer on New Year's Day, Max Baer said, "She was Elly May until the day she died. She always dressed in pink or blue, and of course had those signature pigtails." She is survived by her brother, her son, Danny Bourgeois, three grandchildren and two great-grandchildren.

"American Sniper," which cost \$58.8 million to make, grossed nearly \$400 million in its first three weeks and is still going strong. Despite being ignored by The Golden Globes, it has grabbed Oscar nominations for Bradley Cooper as best actor, and for best picture. Hope Bradley doesn't get sore if he doesn't win the Oscar ... he knows how to use a rifle really well now!

King Crossword

ACROSS

- 1 — de deux
- 4 Rotating part
- 7 St. Louis landmark
- 8 Sorcerer
- 10 Durable wood
- 11 Obliterated
- 13 Jake and Elwood
- 16 Foundation
- 17 Kin of linen
- 18 Also
- 19 Accomplishment
- 20 Fragment
- 21 Scrub, as a space mission
- 23 Old-hat
- 25 Pitcher type
- 26 Taverns
- 27 Petrol
- 28 Wails like a banshee
- 30 School org.
- 33 Golf course maintenance crew
- 36 Concoct
- 37 Canonical hour
- 38 Small plateaus
- 39 Rooster
- 40 Bashful



- 41 Before
- DOWN**
- 1 Exultant
- 2 Teen's complexion
- 3 Unscrupulous lawyer
- 4 Yuletide rendition
- 5 Playing marble
- 6 Dog-sledding "giddyap"
- 7 Competent
- 8 Deserve
- 9 Boil
- 10 Recede
- 12 R2-D2, e.g.
- 14 Lake vessel
- 15 Bribe
- 19 Supporting
- 20 Dol. fractions
- 21 Prize
- 22 Suit, old-style
- 23 Sand formation
- 24 Lack
- 25 Ovum
- 26 Chinese dogs, for short
- 28 Deli turnover
- 29 English homework, often
- 30 Pound pieces
- 31 "Star —"
- 32 Fool
- 34 Prior nights
- 35 Indigent

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DOLLAR\$ AND \$EN\$E

“ASSISTED LIVING DECISIONS”

By Roberta L Nestor

Assisted living facilities (ALF) are growing in popularity and are a viable choice for many seniors. Assisted living is part of a continuum of long-term care services that offers services, in combination, with housing, personal care services, and health care that can help residents in need of assistance with daily activities in such a way that promotes maximum independence. Our tiny state has over 80 assisted living communities and that is up 20% over the past two years.

Selecting an ALF is a life changing event and most often the task of selecting the ALF is not made by the aging individual, but more often, it is a family member who is making the decision as to where to place mom or dad. Unfortunately, there are many common mistakes families make when selecting an ALF. Starting with underestimating the long term cost of care. A careful analysis with all of the “what ifs” is essential to be sure that living in the ALF can be affordable for the long term. Moving a loved one from place to place can be emotionally and physically detrimental to the senior, especially if that senior is experiencing signs of dementia which make adapting to change very difficult.

Let’s assume someone has a monthly fixed income of \$3,000 between social security and pension, the ALF costs \$5,000 each month and this person has \$200,000 from the proceeds of selling their home. In this example the individual would have to draw off \$2,000 a month from their savings. Without any gain or loss to the principal, and assuming there are no increased fees or increases in the monthly cost, she could afford to stay at the ALF for 8 years.

Now let’s put the “what ifs” into the equation and assume that the ALF increases the monthly fee by 5% each year. With the same assumption of no gain or loss on her \$200,000 and no additional fees, the safety net goes from 8 years to 4 years. Be aware that every additional service provided by an ALF has a cost, whether it is to give medication to a resident or watching the resident actually swallow the medication. So, when you are looking at affordability, it is important to do a detailed analysis to understand the probability of running out of money.

Another common mistake family members make when selecting a facil-

ity is that the ALF be in close proximity and convenient for themselves versus the senior. Chances are that the senior individual has been a part of his or her community for a number of years. Moving outside of their community means getting used to a myriad of new things, be it church, grocery shopping, where they have their prescriptions filled, even when it comes to friends being able to visit. Most ALF residents don’t expect to see their family members more often just because they moved out of their home. Make sure the location is convenient for the resident.

Lastly, many families don’t read the fine print and only find out about extra costs after the fact. For example, communities generally raise their prices at an approximate annual rate of 5%, which is actually twice the rate of inflation. Unless your contract clearly specifies a rent freeze or “locked rate,” your fees increase each time you renew your contract. You might find separate fees for the apartment and an additional fee for personal care. There could also be fees for laundry, transportation to grocery store, medical supplies, medical delivery, etc. Don’t do it alone and take your time comparing these communities. Don’t just visit once, go a few times and at different times during the day or early evening. Learn more about the existing residents, the average stay and spend time with different staff members to understand their function. Don’t make quick decisions and try to involve your loved one in the process as much as possible.

Roberta L. Nestor is a financial advisor practicing at 491 New Haven Avenue in Milford, CT offering retirement, long term care, investment and tax planning services. She also offers securities and advisory services as an Investment Adviser Representative of Commonwealth Financial Network – a member FINRA/SIPC and a Registered Investment Adviser. Fixed insurance products offered through Nestor Financial Network are separate and unrelated to Commonwealth. Commonwealth Financial Network or Nestor Financial Network does not provide legal or tax advice. You should consult a legal or tax professional regarding your individual situation. Roberta can be reached at Nestor Financial Network, 203-876-8066 or roberta@nestorfinancial.com.

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DEATH NOTICES

Molla (Barnett) Rosen

Molla (Barnett) Rosen, 106, formerly of Woodbridge, devoted wife of the late Phillip C. Rosen, died at the Fairfield Jewish Home for the Elderly in Fairfield, CT on Thursday, January 22, 2015. Born in New Haven on August 4, 1908, she was the daughter of the late Gustave & Celia (White) Barnett. Beloved mother of Michael A. Rosen (Carol) of Woodbridge and Steven L.

Rosen (Sande) of East Haven. Dear Sister of the late Dr. Arthur Barnett, cherished Grandmother of Lisa Rosen, Jimmy Rosen, Liz Rosen, Jon Rosen, & Amanda Wolfert. Also survived by 7 Treasured Great-Grandchildren. Funeral Services were held at B’nai Jacob Memorial Park on January 25th. Memorial Contributions may be sent to the Jewish Home for the Elderly or to Chaifetz Family Hospice, both at 175 Jefferson Street, Fairfield, CT 06825.

Woodbridge Town News

DEATH NOTICES

The Woodbridge Town News will publish Death Notices for Woodbridge families free of charge as a service to our readers. Family members please email notice (limit 250 words, please) to: edit@woodbridgetownnews.com

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King Crossword — Weekly SUDOKU

Answers

Solution time: 25 mins.

	P	A	S			C	A	M		
	A	R	C	H		M	A	G	U	S
E	B	O	N	Y		E	R	A	S	E
B	L	U	E	S		B	R	O	T	H
B	E	D		T	O	I	L	E		T
				F	E	A	T			C
A	B	O	R	T		D	A	T	E	D
E	W	E	R			P	U	B	S	
G	A	S				K	E	E	N	S
G	R	E	E	N	S		K	E	E	P
				D	E	V	I	S	E	
				M	E	S	A	S		
				S	H	Y				E

Answer

5	1	3	6	4	2	8	9	7
2	9	7	5	8	3	1	6	4
4	6	8	9	7	1	2	3	5
6	2	1	7	5	8	9	4	3
3	8	4	2	9	6	5	7	1
9	7	5	1	3	4	6	2	8
8	3	6	4	1	9	7	5	2
1	5	9	3	2	7	4	8	6
7	4	2	8	6	5	3	1	9

Wine Talk

With Ray Spaziani



AMERICANS RELY FAR TOO MUCH ON THE SAME WINES!

Recently a friend emailed me an article Megan Willet wrote for the Business Insider that touched upon a subject that has been my belief for many years. Americans rely far too much on the same old wine varieties and are afraid to try some they may have never heard of. She interviewed Jeremy Block the owner of "Some Old Wines" a major wine retailer in New York City. He made some great comparisons I want to share with you.

Everyone who loves wine knows about Cabernet. It is a big robust wine that has lots of fruit and chocolate overtones and can have a long finish. The wine is the steak and roast lovers delight. With a wonderful prime rib a fine Cabernet makes the rib taste better and the wine taste better and that's the big deal about food and wine pairing. Block suggested to try a Spanish Grenache with your next big beef dinner. Block indicated the wines have "similar intensity". I think he was trying to indicate the wines have similar weights. Wines that are weighted in a similar manner generally match well with the same foods. Grenache has a little less fruit and a little more chocolate overtone but can also have a long finish. It is also a big wine and it works surprisingly well with steaks and chops.

Block is a great Pino Noir lover and feels it is the greatest wine variety in the world. He indicates rather than Pino try some Beaujolais. I disagree with him about this comparison because the wines are not weighted in a similar manner. Beaujolais is very light bodied and fruity. Pino Noir is similar in fruit and acidic content but the weights are wrong. It doesn't work for me. He is right on the mark when he suggests trying some Nebbiolo in place of Merlot. The wines share the same weight and texture; they are both velvety and have plumb-like characteristics. I would, however, take this one step farther. I much prefer Nebbiolo to Merlot. Nebbiolo is grown in Piedmont region of northern Italy and it is referred to as Barbaresco or Barbera. It is all the Nebbiolo grape and it will stand up to meat dishes and works well with big pasta dishes. It has layers of flavors and it is one of my favorites. He goes on to compare Syrah with French Mourvedre. Both wines are spicy and a bit earthy. They work well with wild game and heavily seasoned

meats. One comparison he does not make which rather surprised me is Zinfandel and Primitivo. These wines are very similar and have only slightly different DNA. Most of the differences come from the soil and weather conditions where the grapes are grown. Both wines are high in alcohol content and contain lots of tannins. In blind tastings I have found it is difficult to tell them apart. He then compares Malbec to French Cotes du Rhone and indicates Cotes du Rhone is a less expensive alternative to Malbec. I think the jury is out on that one. Cotes du Rhone is a vintners blend wine that the wine-maker has some varieties that go well together left over and he puts them together. Some are very good, but there is not much consistency in that there is no formula for the wine. It is left up to the winemaker. I would stick to Malbec!

Some white wine alternatives include Viongnier rather than Chardonnay. Rather than Sauvignon Blanc try some Albarino. This north eastern Spanish wine may surprise you. Both wines are high in acid and with citrus flavors and both are super. The point of the article I like the most though is the wine professionals war with Pino Grigio. There are so many great Italian white wines to try; why do we Americans drink so much Pino Grigio? My theory is we all have a favorite aunt somewhere that loves Pino Grigio and just can't disappoint her. Next time she comes over sneak her some Vermentino when she is not looking! She will love you for it.

So try some of these great substitutions and make up your own mind about some other wine varieties. I think you will be glad you did! (The article I am referring to in this article is The Business Insider 2/13/15 Megan Willet interviewing Jeremy Block.) I am teaching some great wine classes. If you have some interest email me!!

Ray Spaziani is the Chapter Director of the New Haven Chapter of the American Wine Society. He teaches wine appreciation classes at Gateway Community College, the Milford Board of Education and Moltose Wine and Beer supply. He is a member of the International Tasting Panel of Amenti Del Vino and Wine Maker Magazine. He is an award winning home wine maker. Email Ray with your wine questions and wine events at Ray.Spaziani@gmail.com.

BULLETIN BOARD

Please Note: If you have an event for the Bulletin Board, please send it along no matter how far in advance it is. We will include it in the appropriate issue(s) until the event has taken place.

Boy Scout Troop 63, meetings Monday nights from 7:00 pm – 8:30pm, Our Lady of the Assumption "Mother" Church, 1700 Litchfield Turnpike (Rte. 69), Woodbridge; September- April and May-June outdoors at Camp Whiting, all boys ages 10 and up or who have completed the fifth grade are welcome to stop by and see what we're all about. For more information, visit <http://www.troop963.org> or email Troop63CT@gmail.com.

Woodbridge Republican Town Committee Meetings, second Tuesday of each month, 7:30pm, Center Cafeteria. Visitors welcome and urge you to join us. For information, go to www.woodbridgegop.org.

God On Tap, Wednesdays, 5:30-6:30pm, Wheeler's Restaurant and Taproom, 180 Amity Road, Woodbridge, refreshments with friends & nourishing conversations facilitated by Elsa Worth, priest at Christ Church, Bethany, www.christchurchbethany.org.

Spring Entrepreneur Series Thursdays, 5:30-8:00pm (PDT), New Haven Free Public Library, 133 Elm Street, New Haven, sponsored by SCORE New Haven (<http://newhaven.score.org/>) and the New Haven Free Public Library to help participants establish a business plan, understand basic financial statements, learn how to build a recognizable brand, and manage technology effectively. Participants will receive a certificate of attendance upon successful completion of the series.

Alzheimer's Community Caregivers Support Group, 2nd Thursday of the month, 5:00pm, Arden House, Conference Room, 850 Mix Avenue, Hamden. Call Maria Paduano, Program Director to RSVP or for more information at

203-281-3500, ext. 7669; www.genesisishcc.com.

Woodbridge Rotary Club Meetings, 1st and 3rd Friday of the month, 7:30am breakfast meeting, Country Corner Diner, 756 Amity Road, Bethany and the 2nd and 4th Friday of the month, 12:15pm luncheon meeting, Woodbridge Social, 12 Seldon Street, Woodbridge. Anyone interested in learning more about Rotary should contact Anna Dickerson at 203-710-0223 or email annadickerson@yahoo.com.

Trap Falls Kennel Club Obedience Classes, every level, AKC STAR Puppy (obedience for dogs under 12 months) and Family Manners Classes/Obedience & Canine Good Citizen; Wednesday and Thursday evenings, Pawz for Wellness in Shelton, CT. For registration and/or information, call 203-450-9485 or email tfkctraining@gmail.com. Trap Falls Kennel Club is a non-profit member club of the American Kennel Club (AKC).

Amity Parent Support Group, meets every other Friday morning, 7:45am, Woodbridge Senior Center Lounge, 4 Meetinghouse Lane, sponsored by Amity High School, Woodbridge Youth Services and the Orange Drug and Alcohol Action Committee, local parents who struggle with children who are, or may be involved with, substance abuse share experiences and concerns in a confidential setting. For more information, please contact Nancy Pfund at 203-389-3429, or e-mail nfund@woodbridgedt.org.

"A Passion for Birds" with Henry Lappen, Saturday, February 28, 2014, 1:30 pm, using beautiful masks and a comic portrayal of birds to inspire appreciation and understanding of the avian world, learn how birds adapt to their environment, and why they look and act the way they do. Additional topics include nest building, preening, and hiding from danger. FREE. Please pre-register. Call for more information at 203-736-1053.

NOT VACCINATING YOUR CHILD IS LIKE LETTING HIM GO TO SCHOOL WITH A LOADED GUN.



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email: kirk@theblade.com

KIRK



Spring Forward! Daylight Saving Time Begins March 8

BARK BYTES...

By Vicki & Richard Horowitz



February is Responsible Dog Ownership Month...

What Is Your Dog Learning From You?

By Richard and Vicki Horowitz

Compared to our hectic schedules, our dogs have very little to do or think about every day. Often, our dogs are simply observing the activity around them. They watch us, study us, and learn from us. Our dogs, therefore, become experts in understanding our behavior patterns.

We are creatures of habit so we have routines that we follow and our dogs learn these routines, usually very quickly. They see a pattern and learn to predict our behavior based on the pattern. More importantly, they learn to use an understanding of our behavior patterns to get what they want.

For example, putting on a certain pair of sneakers may signal to your dog there's a very good chance you're going for a walk and he's coming with you, so you find him waiting attentively at the door. He might learn that when you begin cooking dinner, his meal is soon to follow, so he'll lay down next to his bowl in anticipation.

Without any conscious effort to teach our dogs what these kinds of signals mean, they learn them anyway and act accordingly. But most dogs will do more than just react to our signals: They try to initiate a behavior from us that they have seen before.

Instead of waiting patiently by the door, Rover might decide a walk is in order and bring your sneakers to you. Or if he's in the mood for a snack, he might bark at you from the kitchen to call you. Whether these more assertive gestures are considered problem behaviors often is a matter of personal preference. Sometimes, they are just downright cute!

It is not uncommon, however, that we find dogs that engage in a long list of behaviors that serve to run the household on their terms. Only when an owner is confronted with a real "problem" that disrupts their enjoyment of their dog are these other controlling gestures identified and fixed.

Sometimes, we teach our dogs things we never meant to teach them. If we take Rover outside while we are gardening—pulling weeds and digging holes for plants—what do you suppose he's learning to do? To try some gardening of his own, of course.

With a puppy, what does he learn when we ask, "What's that? Who do you hear?"—and allow him to rush excitedly to the window to bark at any possible intruder? It's a fun game at first, but not so much when the puppy grows up believing that he has to defend your home from all of your friends.

The most common and least understood behavior we unwittingly teach our dogs comes from the subtle signals we respond to for attention: for example, a nudge of the hand, or bringing a toy or leash (or maybe something he's not supposed to have at all to initiate a game of chase).

Our dogs will use these behaviors to try to shape what we do. Most of it is quite harmless and even fun, but some of it can become annoying, and some may represent problem behaviors that require a solution. What behavior does your dog initiate that you find endearing? What would you rather he stop?

Who is responding to whom is important to dogs; it's part of how they figure out their relationships within their instinctive social structure, or pack. In the pack, leaders are the center of attention and our dogs often discover that is exactly where they sit; we have inadvertently taught them to be leaders. Remember, they learn our behavior patterns, then they respond to them, then they try to manipulate them.

Most dogs don't want to be in charge because pack leadership can feel like too much responsibility. Without meaning to, we often give our dogs a feeling of too much authority, and that can be troubling and stressful for both owners and dogs.

What have you taught your dog inadvertently? What's he learning today? When you recognize his and your patterns of behavior and use those to teach him desirable actions instead, you'll be on your way to a happier dog—and a happier family.

Vicki and Richard Horowitz, of Woodbridge, are dog behavioral therapists and trainers with Bark Busters, the world's largest dog training company. For more information, call 1-877-500-BARK (2275) or visit www.dog-training-new-haven-ct.com.

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GREAT NEW THINGS COMING IN DAILY!
 Baby Department • Building Toys • Crafts
 Dolls • Games • LEGO • Party Favors
 Playmobil • Puzzles • Science • Trains

BIRTH AND UP - TOYS FOR ALL AGES


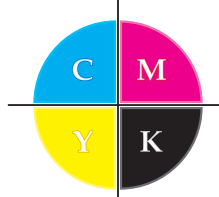

<p>JESSE'S TOYS</p> <p>Hitchcock Plaza 185 Boston Post Rd. Orange, CT 06477 203-799-1301</p> <p>Sun 11-4 • M,Tu,W,F 10-6 Th: 10-8 • Sat 10-5:30 jessestoysct.com</p>	<p>EVAN'S TOY SHOPPE</p> <p>1647 Whitney Ave. Hamden, CT 06517 203-230-2840</p> <p>Sun 11-4 • M,Tu,F 10-6 W,Th 10-7 • Sat 10-5 evanstoysshoppe.com</p>	<p>JORDIE'S TOY SHOPPE</p> <p>1100 Village Walk Guilford, CT 06437 203-453-8560</p> <p>Sun 11-4 • M-F 10-6 Sat 10-5 jordiestoysshoppe.com</p>
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Salome's Stars

ARIES (March 21 to April 19)

Having second thoughts could be a good thing, even if you're determined to go through with your plans. You might find it worthwhile to take a fresh look at how things have been set up.

TAURUS (April 20 to May 20)

Financial matters could continue to be a problem until you're able to straighten out some of the more pesky situations. Once that happens, the rest should be easier to unsnarl.

GEMINI (May 21 to June 20)

Family matters once again take center stage, and should be dealt with competently and quickly. Insist on others taking on their fair share of the responsibilities.

CANCER (June 21 to July 22)

Your creative pursuits seem to be running into a roadblock. But rather than blame outside factors, look within to see if you might be holding back your efforts for some reason.

LEO (July 23 to August 22)

Keep that keen Cat's Eye focused on relevant aspects of this new situation in your life. Don't be distracted by trivial matters. You need the pertinent facts before making a decision.

VIRGO (August 23 to September 22)

As much as you prefer doing things on your own, continue to accept help if you still need to resolve the problem affecting your project. Some cheerful news is about to come your way.

LIBRA (September 23 to October 22)

While you might begrudge the added time it will take to get your project from point A to B to C, etc., you could benefit from the facts that will emerge over this expanded time span.

SCORPIO (October 23 to November 21)

Regarding your workplace suggestions, be prepared to produce the facts to counter reactions from skeptics who feel your approach is unreasonable or even impossible.

SAGITTARIUS (November 22 to December 21)

Savvy Sagittarians will look for work-related answers on their own rather than rely on unproved assumptions. It might take more time to do so, but the payoff is worth it.

CAPRICORN (December 22 to January 19)

Your aspects continue to favor family issues, with special emphasis this week on changes in and around your home. Get everyone to suggest what he or she would like to see done.

AQUARIUS (January 20 to February 18)

A matter you thought had been settled might still produce surprises. Best advice: Continue to gather facts to bolster your position just in case you need to produce them quickly.

PISCES (February 19 to March 20)

While your instincts are usually right when discerning 'twixt truth and deception, you could benefit from doing more research on the new "prospect" that you've been pitched.

BORN THIS WEEK:

Your wisdom is only matched by your generosity, making you a great friend.

Just Like Cats & Dogs by Dave T. Phipps



MISTER BREGER By Dave Breger

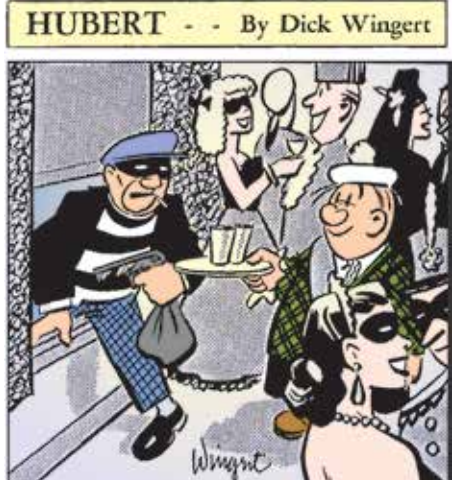


"There! This time I missed a hole-in-one by only EIGHT strokes!"

LAFF - A - DAY



HUBERT - - By Dick Wingert



"None for me, thanks—I'm here on business."

top ten

Best-Perceived Brands

1. Amazon
2. YouTube
3. Netflix
4. Subway
5. Samsung
6. Google
7. Apple
8. Lowe's
9. Ford
10. Cheerios

Source: BrandIndex.com

HOCUS-FOCUS

BY HENRY BOLTINOFF

Find at least six differences in details between panels.

Differences: 1. Window is missing. 2. Football is missing. 3. Switch is missing. 4. Ruffie is missing. 5. Picture is smaller. 6. Drawer is missing.

New! 24 HOCUS FOCUS puzzles \$3.50 • 24 Volumes • Order at: rbmamall.com

The Garden Bug

Japanese climbing fern

BY BRENDA WEAVER

This native of Asia and Australia was first introduced to North America as an ornamental in the early 1900s. It is considered invasive in the southeastern U.S., and smothers native vegetation by blocking sunlight. It increases fire risk by allowing fire to spread up trees along its vines and leaves.

Source: www.invasivespeciesinfo.gov, www.sfrc.ufl.edu

WHEN YOU CAN'T AFFORD A PET

DEAR PAW'S CORNER: I've always wanted to own a dog, but financially I just don't feel I can afford one right now. It makes me feel guilty that I can't just adopt a dog and care for it. Should I really feel this bad?
-- Harry in Trenton, New Jersey

DEAR HARRY: I think you're taking a very responsible attitude toward pet ownership. Instead of running out and getting a dog, you sat back and asked yourself if you could afford it. And that's important, along with questions like, do you have the time to spend with a dog, is your family or roommate in agreement about owning a pet, and are you allowed to keep one in your apartment. But you can help make the world a better place even if you aren't

able to keep a pet. I encourage you to contact a local shelter to see if it accepts volunteers. Many need unpaid volunteers to help with a variety of tasks, from paperwork to cleaning cages and play areas.

Some have enough people on site to handle all the work, so don't be too disappointed if you're not needed. Look for other opportunities instead. Sign up for classes that train you how to care for pets in a shelter. Research pet charities, and give a small percentage of your paycheck to one.

Or, if you can't spare even a couple of dollars a month, become a fundraiser ... from phone campaigns to waggy walks, you can help a pet-care organization raise thousands of dollars. Cash is what many shelters desperately need to keep caring for abandoned pets.

Paw's corner
by Sam Mazzotta

Send your questions or comments to ask@pawscorner.com.

driven discipline open-space quality Town open-space value zoning
 business experience preserving transparent
 administration government results
 accountability life **non-partisan**
 betterment **citizens** regulations volunteers
 character businesslike leadership property unique
 policy resource leaders view

For Woodbridge For A Change

"We are not career politicians. We are community leaders with the education, professional experience, practical know-how, and the right "Woodbridge values" to control costs, manage the Town more efficiently, and get Woodbridge back on track without liquidating valuable Town assets."

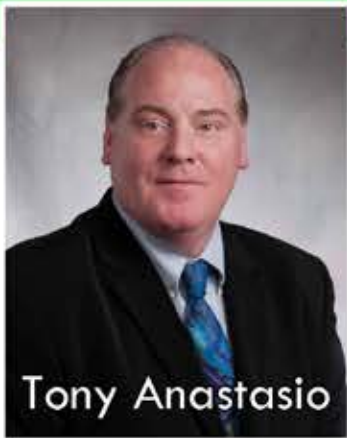


Cathy Wick

FIRST SELECTMAN

- **Executive experience** as Editor at major international publisher W.W. Norton & Co. Project and staff management with budgetary responsibility and outcome accountability
- **Graduate Certificate in Public Administration** University of New Haven, 2014
Municipal Budgeting, Personnel Administration, Collective Bargaining, Public Policy Formulation and Implementation
- **Treasurer, Massaro Community Farm**
- **B.A., Williams College, English and History**
- **An Involved Citizen** of Woodbridge
Woodbridge Board of Education, Facilities Committee, 2002-present
Woodbridge Soccer Club, Coach, Manager, Division Coordinator, 2000-2009
Massaro Community Farm Board of Directors, 2011-present
Woodbridge Park Association Board of Directors, 2011-present
Woodbridge Land Trust Board of Directors, 2011-present

BOARD OF SELECTMEN



Tony Anastasio

- Woodbridge Board of Selectmen 2013-present
- Woodbridge Rotary Board of Directors, 2013-present
- Woodbridge Volunteer of the Year 2011
- Big Brothers/Big Sisters Board of Directors
- John Hancock Investment Broker
- B.S., Niagara University Business Administration



Maria Kayne

- Woodbridge Conservation Commission 1993-2013; Chair, 2007-2013
- Massaro Community Farm A Founder & Board Member, 2008-present
- CT Assoc. of Conservation and Inland Wetland Commissions Board Member, representative for New Haven Region, 2014-present
- MCK & Co Imports, Owner 1981-2000
- Cheshire Endocrinology & Internal Medicine PC Office Manager, 2000-present
- B.A., Mount Holyoke College Art History & Economics



Joe Dey

- Woodbridge Board of Selectmen 2013-present
- Amity Board of Education, 2003-2007 Chairman, Building Committee for \$90m renovation
- Principal, Dey Smith Steele, LLC 1985-present
- George J. Smith & Son Insurance Vice President
- B.S., University of Connecticut Business Administration
- J.D., University of Bridgeport School of Law

Meet the Candidates

Tuesday, March 3
\$30 | 6-8pm



RESTAURANT | BAR | TAPAS

Woodbridge Board of Education
Garett Luciani
Lynn A. Piascyk

Amity Board of Education
Hal Smullen
Diane C. Urbano

Board of Assessment Appeals
Edward J. Weinberg

Zoning Board of Appeals
Cynthia Gibbons
Edee Lockyer
Spencer K. Rubin (Alternate)
Jeffrey M. Wasikowski (Alternate)

VOTE MAY 4, 2015

For more information
www.woodbridgegop.org