

Woodbridge Town News



Woodbridge's Exclusive Newspaper

Mailed Free to Every Home in Woodbridge
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VOL. 5 – ISSUE 3

CIRCULATION 3500

FRIDAY, MARCH 11, 2016



Wear Red Day

First Selectman Ellen Scalettar and Woodbridge Town employees recently gathered to support the American Heart Day. Town employees wore red to raise awareness to help the American Heart Association support critical research and education for heart disease in women. In addition to wearing red, the Town employees made monetary donations to the American Heart Association.



Ana Kayne (standing, center) surrounded by her family; rear, from left, brother Daniel, father Dr. Richard Kayne, Ana, and brother Michael Kayne. Seated, mother and Woodbridge Selectman Maria Kayne; long-time housekeeper Doring; sister-in-law Carrie Specksgoor and son, Truman.

LOCAL GRAD GOES TO HOLLYWOOD

By Bettina Thiel – Woodbridge Town News Correspondent

Ana Cruz Kayne, daughter of Woodbridge Selectman Maria Cruz Kayne and her husband Richard, is off to an exciting new venture. The Barnard graduate, with a degree in neuroscience and Italian Literature, is being cast in a pilot TV drama called Four Stars. She will play the role of the beautiful daughter of a four-star General caught up in power struggles in Tampa, Fla. "Adventure!" she wrote in an email, expressing in one short word the excitement she feels about the upcoming film project.

Ana, now a New York City resident, is not a newcomer to the film industry, having been featured in several commercials as well as in Louie and Law & Order. Even though her college majors point to a very left-brain oriented individual, it turns out that acting was part of her upbringing, both during her child-

hood in Woodbridge as well as during her college years.

"At Columbia University, she was always on stage, even though she was no theater major," said her mother Maria. Her choice of majors is a reflection of her parents' interests: her father is an endocrinologist, and as for the Italian, "it was very much a part of my life," said Maria.

Two months before Ana's graduation from Barnard, she tried out and was picked for an off-Broadway production in the city. In the audience was a talent agent who noticed her, and the rest is history. She is now under contract with Innovative Artists and Industry Entertainment.

Her acting skills got a kick start during

See "Kayne" continued on Page 9

Honor Roll

Amity Regional Middle School - Bethany Campus
Second Marking Period
Honor Roll - Page 21

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WOODBRIDGE 9 Sturbridge Lane Charming, well constructed, very well maintained colonial loc'd on a convenient and desirable Cul de Sac. Hwd flrs thruout 1st and 2nd flrs; brick fpl in FR which opens to kitn; wide hallways; abundant closet space; open floor plan, addit'l 540 sf of finished basement area. Award winning school systems....\$384,000



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WOODBRIDGE 25 Briarwood Drive Stylish updates and gracious living! 4 bdrm, 3 full bath, ranch in central Woodbridge neighborhood on pretty 2 acre lot. Generous sized, light filled rooms, new hwd flrg in the foyer, LR, DR. Brick fpl in FR. MBR suite w/2 walk in closets and a wall of cstm cabinetry. LL includes a rec room, 2 addit'l rooms w/closets, plus more storage. New vinyl siding, roof, well pump, septic.....\$459,000



Karen Bogdanoff 203.605.9275



WOODBRIDGE 10 Deer Run Ridge Cstm blt '12 colonial by local builder Jason Pfaannenbecker. Hwd flr thruout. Cstm granite & cherry kitn opens up to FR w/vltd cell and transom windows. Lg island, SS appls and new gas cook top. Granite counters/cstm CT backplash. LR w/fpl, DR, study, 1st flr BR w/ sep entry, fpl and full bath. 4 lrg BR on 2nd flr, inclg MBR w/loads of closets and CT bath....\$689,900



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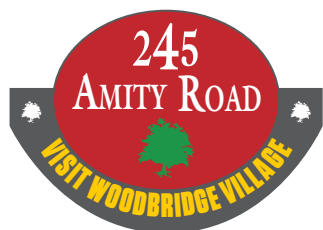


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WISDOM OF WOODBRIDGE TO FOCUS ON ONLINE SECURITY

CEO and co-founder of Auth Air, Yaron Baitch, will deliver a lecture at the JCC on March 22 at 7 p.m. entitled "Hacked! Keeping your identity safe in the Information Age." Baitch, a Woodbridge resident, will be the fourth speaker in the First Selectman's new lecture series, Wisdom of Woodbridge.

The Woodbridge of Wisdom series of lectures will be delivered by Woodbridge residents who will discuss their exciting professions, unusual talents and expertise in various topics. The lectures are being co-hosted by the JCC and the Woodbridge Town Library.

Baitch's company, Auth Air, is located in Woodbridge and develops, sells and manages software and apps created to provide high-tech security solutions for health care providers. Baitch will discuss everyday solutions for individuals to maintain their online security.

"This lecture series is a wonderful way to highlight and interact with some of Woodbridge's creative big thinkers," said First Selectman Ellen Scalettar.



Yaron Baitch

"Our little town is blessed to have so many people doing fascinating things. We can all benefit and learn from each other."

The Wisdom of Woodbridge lecture series is part of Scalettar's goal of promoting and creating more community events to bring residents together. Previous speakers were President and Director of the Museum of the Chinese in America Nancy Yao Maasbach who discussed Chinese immigration, Connecticut Department of Energy and Environmental Protection Commissioner Rob Klee who discussed trash and recycling and Southern Connecticut State University President Dr. Mary Papazian who spoke about the university and the future of higher education.

The next scheduled lecture is entitled "Small Farms Matter: The Effects of our Food System on Climate Change" on April 5 at 7 p.m. The lecture will be delivered by Massaro Community Farm's Farm Manager Steve Munno and Board Member Jon Gorham.

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CAREGIVER COURSE

Wednesday, March 9, 16 & 23, 2016
6:00PM to 7:30PM

A training program for family members and friends of people with dementia, including Alzheimer's disease.

March 9, 2016

Overview of Dementia, including Alzheimer's Disease

Dr. Gerard Kerins, Associate Clinical Professor of Medicine (Geriatrics), Yale School of Medicine

March 16, 2016

Keeping the Caregiver Healthy/Community Resources/Family Dynamics

Health Services Panel

March 23, 2016

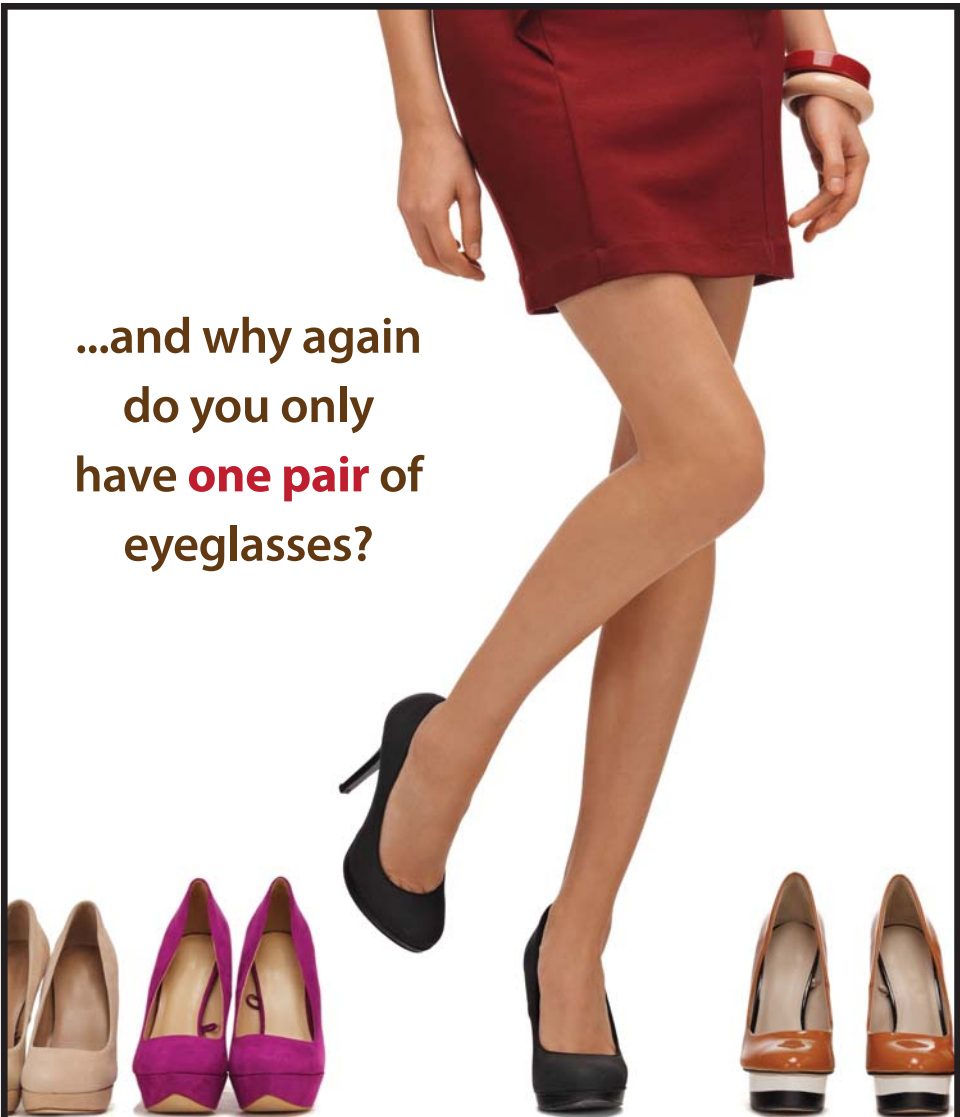
Legal and Financial Issues:

Steven P. Floman and Allison DePaola, Elder Law Attorneys, Floman DePaola, LLC, Orange, CT

A light dinner will be served.


RSVP – Maria Tomasetti, Alzheimer's Association, 203-230-1777 ext. 14

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Woodbridge Market Update
Homes in **Woodbridge** are selling at
97 percent of the asking price and
10 took deposits in the last 30 days!*

**If you are wondering if Woodbridge
homes are selling: THEY ARE!**

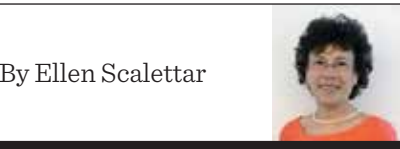
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*Data from CTMLS



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FROM THE FIRST
SELECTMAN'S DESK



"Hacked! Keeping Your Identify Safe in the Information Age" is the topic of our next Wisdom of Woodbridge lecture. I hope you can join us on March 22 at 7 p.m. at the JCC when Yaron Baitch, CEO and co-founder of Woodbridge-based Auth Air, will present this important and informative talk.

Winter has been kind to us, though we have had a few major weather events. Thank you to our Police, Fire and Public Works Departments for their outstanding service to the Town.

Here at Town Hall, we continue our budget focus. The Board of Selectmen has concluded its role and our Board of Finance is now carefully considering spending cuts to balance new costs - debt payment for the Beecher Road School renovation project and our increased share (based on student population) of the Amity Regional School budget. The next steps in the budget process are the Preliminary Budget Hearing on April 25 and the Annual Town Meeting on May 16.

Importantly, I continue my efforts to broaden our tax base and thus lessen the residential tax burden. These efforts include supporting our local business community through visits, publicity and networking opportunities and business sector meetings to hear the ideas and concerns of real estate businesses, health care professionals, and the like.

The Country Club of Woodbridge property (CCW) is a very significant factor for our tax base and our financial picture. My goals are to enhance the Town's financial strength, preserve the character of Woodbridge and maximize open space, generate funds to be used for other purposes (Senior Center, new recreational opportunities, etc.) and provide a place for our residents to retire. **While we may not be able to achieve all the goals or satisfy everyone with respect to any one goal, I believe we can find a solution that is a fair compromise among competing interests.**

In order to find that solution, it is absolutely essential that we have a fact-based discussion and well-informed voters. **Please remember, the Town**

cannot buy or sell land without a vote from Town residents.

Here are some facts to keep in mind:

- The Town bought the property in 2009 for \$7 million in order to control development on the site.
- Total net costs to date, including the purchase price, are ~\$9 million.
- The Town has made three efforts to determine a long-term plan for the property. The most recent was the 2014 RFP that resulted in a proposal from Toll Brothers to pay \$7.5 million and build 170 units. The consensus of the Board of Selectmen is that 170 units are too many; there is also consensus (not unanimity) that the Selectmen are open to development on the site.

In continuing conversations with the Selectmen, Toll Brothers has offered two revised proposals:

- Build roughly 50 large homes on 1.5 acre lots and pay the Town \$3.5M. This would result in an **annual net loss to the Town of about \$450,000**, mostly due to additional children in our schools. It would leave little useable open space for the Town.
- Build roughly 69 individual homes for adults 55 and older and pay the Town \$3M. This would bring in **annual net revenues to the Town of about \$500,000**. Under this proposal the homes would be clustered together thereby preserving over 100 acres of open space for the Town.

The Selectmen have also looked at returning the land to true open space without recouping any of the purchase price. Although the original purchase did not contemplate adding the entire parcel to our open space inventory, it is certainly an option (though quite an expensive one) to add it now.

All of this information—and more—is on the Town's website at www.woodbridgect.org/CCWFuture. If you have questions or concerns about the Country Club or any other topic, please don't hesitate to contact me at escalettar@woodbridgect.org.

UPCOMING EVENTS AT
MASSARO COMMUNITY FARM

March 13 2pm: Massaro Community Farm Annual Meeting. Meet farm manager Steve Munno and Executive Director Caty Poole. Hear about volunteer opportunities and what you can expect at the farm during 2016, its Centennial year. Meeting to be at Parish House, First Church of Christ, 5 Meetinghouse Lane, Woodbridge.

March 26, 11am - First Beekeeping Workshop of the season. Covers late winter hive inspection and introduction of bees to your hive. Suggested dona-

tion \$10/pp. Space is limited. Register through our website. Massaro Community Farm, 40 Ford Road.

April 5, 7pm - Wisdom of Woodbridge Series: Small Farms Matter: Sustainability and Climate Change. Led by sustainable energy expert Jon Gorham and Farm Manager Steve will discuss the relationship between our food systems and climate change and what we can do to lower our environmental impact. Meeting will take place at Jewish Community Center, 360 Amity Road. FREE.

WOODBRIDGE EDUCATION ROUNDUP



BEECHER CELEBRATES READ ACROSS AMERICA

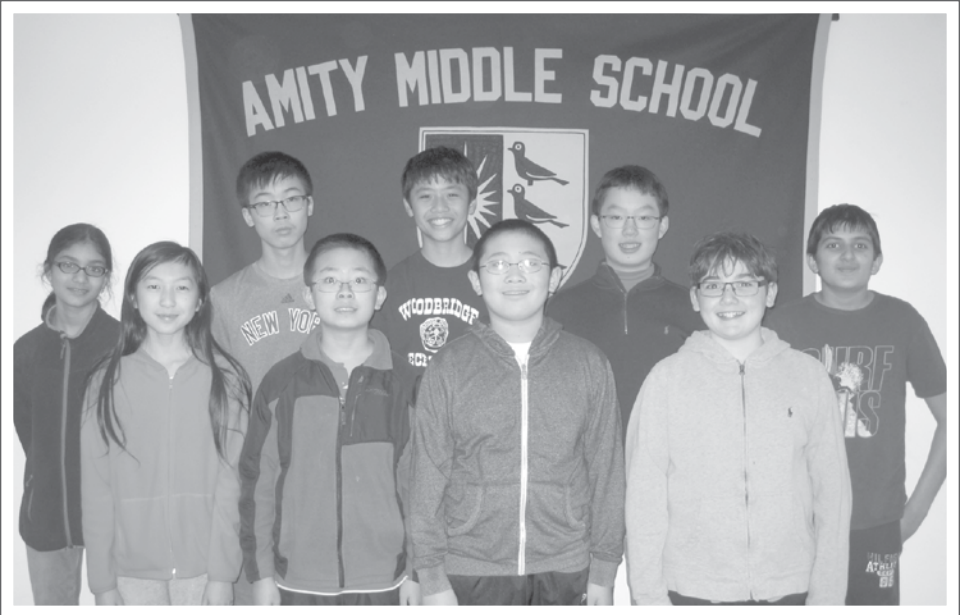
Beecher Rd. School recently hosted an event to celebrate Read Across America on Thursday, March 3rd. Woodbridge community members were invited to visit Beecher and read to students. The event was organized by Library Media Specialist Lori Patrick with the participation of teachers to motivate students and to spread the joy of reading.

Read Across America is an annual event sponsored by the National Education Association (NEA) to promote reading throughout the country. It was held in March to honor the birthday of children's author, Dr. Seuss.

Students were very excited to spend time with the adults who play an important role in their lives. Guest readers arrived with their favorite picture books and together with students, made connections to their stories and lives. There were lively discussions, interesting conversations, and laughter throughout the building.

Classrooms were visited by guest readers. Upper grade students were introduced to Amity Superintendent Dr. Dumais and Middle School Principal Dr. Dellinger and discovered more about school beyond Beecher. Beecher students learn about government and were able to meet local officials including Senator Crisco, Ellen Scalettar, Tony Anastasio, Tony Genovese, Beth Heller, Mary Ellen LaRocca, and Nancy Pfund. Other Guest readers included beloved community and school figures Officer Vinnie Lynch, Judy Rabin, John Adamovich, Nancy White, Sheila Haverkamp, Chuck Zettergren and Beecher Administrators Dr. Gaeton Stella, Gina Prisco, Analisa Sherman, and Clare Kennedy.

Reading plays an integral role in life-long learning. Our thanks and appreciation goes out to our community readers, teachers, and students for making this event a success.



AMITY MIDDLE SCHOOL "MATH COUNTS" CHAPTER COMPETITION

Math Counts is a middle school age math competition program. Every other Thursday, about twenty students meet after school to practice math competition questions with their coach, Andrea Fleischman. The top ten students from AMSB and their coach attended The Math Counts Chapter Competition at Yale University along with 125 students from 13 other schools. Congratulations to (from left to right) Aamnah Malik, Allison Su, Daniel Mao, Weiss Yuan, Tam Vu, Kevin Lu, Victor You, Joshua

Feuerstein, Arnav Paliwal and (missing from photo Sophia Wang.) All these students participated in the competition. Special congratulations to 8th grader Sophia Wang and 7th graders Joshua Feuerstein, Kevin Lu, and Arnav Paliwal for qualifying for the Math Counts State Competition at the University of Hartford on March 12, 2016. The competition is tough, but we are routing for our students!! For more information about Math Counts, you can visit its website at www.mathcounts.org.

RESIDENTS NAMED TO HONOR ROLL AT SACRED HEART

Sacred Heart Academy Principal, Sr. Maureen Flynn, ASCJ has announced the Honor Roll for the SECOND marking period of the 2015—2016 academic school year.

The following Woodbridge residents were named to the Honor Roll:

HIGH HONORS - Julianne Beltz; Anna-Claire Luciani; Eleanor Luciani

HONORS - Jacqueline Degennaro
Academic Honors are awarded at the end of each quarter to students attain-



ing an average of 3.5 or better. Those students who achieve a grade point average of 3.8 or better are awarded High Honors.

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- Publisher** Rocky Salperto
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- Correspondents** Melissa Nicefaro
- Bettina Theil
- Restaurant Profiles** Susan Noonan
- Contributing Writers** Roberta Nestor
- Ray Spaziani

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All articles, photographs and letters must include your name, address and daytime telephone number for confirmation. The Woodbridge Town News reserves the right to reject any advertisement, article, photo-graph or letter. Letters to the editor must be unique to the Woodbridge Town News.

Contact us:

- Rocky Salperto Rocky@woodbridgetownnews.com
- Marlene Silverstein Marlene@woodbridgetownnews.com
- Susan Noonan..... Susan@woodbridgetownnews.com
- Melissa Nicefaro..... Melissa@woodbridgetownnews.com
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 - Lock, Stock & Barrel** 770 Amity Road
 - Solun Restaurant**10 Selden Street
 - Thai House Restaurant**..... 16 Selden Street
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 - Tobacco Land**164 Amity Road
 - Today’s Clothing**.....22 Selden Street
 - Westville Seafood** 1514 Whalley Avenue
 - Whealers Restaurant** 180 Amity Road
 - Woodbridge Senior Center**..... 4 Meetinghouse Lane
 - Woodbridge Tae Kwon Do**152 Amity Road
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Below are the next three issue dates and deadlines of the Woodbridge Town News.
Thank you for your submissions to Your Home Town Newspaper.

Upcoming Issue Deadline	Upcoming Issue Dates
April 1st	<i>Spring Issue</i> April 8th
April 29th	<i>Mother’s Day Issue</i> May 6th
May 27th.....	<i>Father’s Day Issue</i> June 3rd
Note: Copy due by 4:00p.m. Thank you.	

FROM OUR READERS

The Real Cost of
Saving the Country
Club of Woodbridge

I attended the last informational meeting regarding the Country Club of Woodbridge and was impressed at how expensive the cost of the club was portrayed. When you add up all the past and future costs, real or imagined, it sounds outrageous. But the true cost to keep the club out of the hands of developers is thirty cents a day. Take the payment on the note, which is about \$350,000. Add \$50,000 in interest, and you have \$400,000. Divide that by 3500 households, and you have about \$100 per household, or thirty cents a day.

Is it worth thirty cents a day to pre-serve an unspoiled open space for future enjoyment? Is it worth thirty cents a day to prevent a potential nightmare of construction on Johnson Road? How about to prevent potential flooding or well contamination of the shallow wells in the neighborhood? To preserve the vista? To avoid future zoning litigation that the town may be forced to defend? Seems like you can get a lot for thirty cents, or you can just throw it in the tip jar at Starbucks. You decide.

David A. Lober

Protecting the
Integrity of Town’s
Zoning Regulation

I’d like to thank Selectman Maria Kayne for her recent column on the importance of protecting the integrity of our town’s zoning regulations. As a lifelong Woodbridge resident of 73 years, I have seen how the wisdom of our town’s forebears in creating strict zoning regulations has enabled Woodbridge to develop in a unique way. We are the only town in Connecticut that is next to a city but feels like a rural community. People are attracted to this rural character and know that our open space supports the value of their properties in addition to improving their quality of life.

Proposals for cluster housing at the Country Club of Woodbridge require a radical change to our zoning and risk a loss of control over stable growth in our town. I believe it is shortsighted to sacrifice what we have for a small amount of money. Instead, let’s tighten our belts and pay off the debt – nearly one fourth of which has already been paid. The debt service on the CCW only costs each Woodbridge resident about \$40 per year. I would like to think that our descendants will be able to look back in twenty, fifty, or a hundred years and

thank us for our wisdom in protecting the town’s future.

Richard N. Jeynes

Responsible
Stewardship Needed
of Our Financial &
Natural Resources

The recent Massaro Community Farm (MCF) "Plan to Enlarge Parking Lot" sounds benign. However, it portends major changes, and marks a turn from the original farm plan approved by the Board of Selectmen in 2008. Further, it parallels other "changes" overtaking our town, like the sea change to the Plan of Conservation and Development that opened the door to high density housing at the Woodbridge Country Club. Will the proposed changes promote our quality of life? Are they consistent with the responsible stewardship of our natural and financial resources?

Instead of improving an existing parking area, MCF’s parking plan takes a farm field that was improved with more than \$35,000 for organic fruit and berry production, and converts it to struc-tured parking. The features that make the sloping field ideal for an orchard make it unsuitable for parking. The price tag is astronomical, as will be the abuse to the landscape. This radical plan was approved by both TP&Z and the BOS. Stewardship?

The conversion of the Woodbridge Country Club to a high-density housing site is equally radical. Despite town of-ficials’ professions to the contrary, land-owners with similar town properties can demand the same zoning rights accorded to Toll Bros. Lawyers and deep-pocketed developers will have a field day. They’ve harmed neighborhoods and wreaked havoc across Connecticut, even suing for greater density. Is that the future we want? Stewardship?

A parking lot on prime farmland cheats our children of future promise. If the present farm manager and MCF and CSA boards are incapable of utilizing it as promised, then the field should be land banked for someone in the future who will. As for the golf course, the simple fix of selling it with a non-de-velopment easement is tried and true. It contributes property taxes, pays debt, and maintains the open space. That’s stewardship. Stewardship isn’t captive to narrow interests; it’s informed by wisdom that protects both the present quality of life and future promise.

James Urbano

LOCAL BUSINESS ROUNDUP



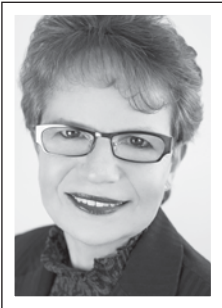
Arlene Levine



Carol Agin



Chris Lovejoy



Dalia Coleman



Harriet Cooper



John Proto



Judy Cooper



Pat Cardozo

2016 FIVE STAR HOME PROFESSIONAL AWARD WINNERS!

Five Star Professional partnered with Connecticut magazine to identify real estate, mortgage and insurance professionals in the Connecticut area who deliver outstanding service and client satisfaction. The Five Star Professional research team contacted thousands of recent homebuyers, as well as other consumers. Clients may also submit evaluations online. Phone, mail and online respondents rated their service professional on criteria such as overall satisfaction and whether they would

recommend the provider to a friend. The research methodology allows no more than 7 percent of professionals in each category to receive the award. Coldwell Banker-Woodbridge Office would like to "Congratulate our winners", Real Estate Agents Arlene Levine, Carol Agin, Chris Lovejoy, Dalia Coleman, Harriet Cooper, John Proto, Judy Cooper, and Pat Cardozo. Affiliates: Scott Dana, Sr. Loan Officer-PHH Home Loans and Jennifer Crowley, Account Executive-Castle Edge Insurance Agency.

RLWD REAL ESTATE WELCOMES KAREN KLINE

John Wareck and Frank D'Ostilio, Jr., partners of Wareck D'Ostilio Real Estate take great pride in welcoming Karen Kline to the company as Director - New Homes Division.

A professional and successful Realtor since 1998, Karen specializes in managing New Home Subdivisions, Active Adult communities, Mid-rise and High-rise buildings. Karen will continue to work daily with her buyers and sellers on existing home sales just as she has over the past 18 years.

A Certified Negotiation Expert, Karen has sold homes and condos throughout CT. Her award-winning sites include Great River Golf Estates in Milford; The Estates at Orange; River Oaks at Stamford; Edgewood Estates in Farmington; The Promenade at the Reservoir in West Hartford and Reflections at Echo Lake in Watertown.

Born in New Haven and raised in West Haven, Karen attended University of New Haven.

Karen has received numerous awards and accolades in the industry including the CT Five Star Real Estate Agent by CT Magazine, 2012-2016; Who's Who Award, and CT New Homes Sales Director of the Year - 2003.

"We are delighted to have Karen affiliated with Real Living Wareck D'Ostilio Real Estate and directing our New Homes division," said John Wareck,



Karen Kline

Partner/broker. "Her vast knowledge and expertise of managing large subdivisions fits nicely into our business plan for expansion."

"It is the combined efforts of all our agents that have enabled us to maintain a strong position. It is also what is nurturing our continued growth. Our upward movement, expansion into other markets and high presence is why Karen joined our team," added Frank D'Ostilio, Jr., Partner.

Formally a resident of Milford, Karen and her family now reside in Orange. She is married with two daughters. Contact her directly at 203.535.5706 or RltrKar@aol.com.

CURTAIN CALL OF WOODBRIDGE AWARDED BEST OF HOUZZ 2016

Over 35 Million Monthly Unique Users Nominated Best Home Building, Remodeling and Design Professionals in North America and Around the World, January 12, 2016 – Curtain Call of Woodbridge CT has won "Best Of Customer Service" on Houzz®, the leading platform for home remodeling and design. The 12 year old custom window treatment company, owned by Adrienne Micci-Smith, was chosen by the more than 35 million monthly unique users that comprise the Houzz community from among more than one million active home building, remodeling and design industry professionals. Curtain Call is a workroom in which Adrienne fabricates custom window treatments. Curtain Call is also a Hunter Douglas Dealer. Adrienne is an expert in the field of window coverings

The Best Of Houzz is awarded annually in three categories: Design, Customer Service and Photography. Design award winners' work was the most popular among the more than 35 million monthly users on Houzz. Customer Service honors are based on

several factors, including the number and quality of client reviews a professional received in 2015. Architecture and interior design photographers whose images were most popular are recognized with the Photography award. A "Best Of Houzz 2016" badge will appear on winners' profiles, as a sign of their commitment to excellence. These badges help homeowners identify popular and top-rated home professionals in every metro area on Houzz. Adrienne states, "I am absolutely thrilled to be chosen by Houzz for it's Customer Service Award for the second year in a row. Curtain Call is committed to providing the highest level of service in the years to come." "Anyone building, remodeling or decorating looks to Houzz for the most talented and service-oriented professionals" said Liza Hausman, vice president of Industry Marketing for Houzz. "We're so pleased to recognize Curtain Call, voted one of our "Best Of Houzz" professionals by our enormous community of homeowners and design enthusiasts actively remodeling and decorating their homes."

THECRUISEOUTLET.COM TO HELP NON PROFITS GROUPS

TheCruiseOutlet.com of Hamden, CT has available funds to be donated to benefit nonprofit organizations throughout the country. This unique program is able to save people who desire to cruise hundreds of dollars and at the same time they are able to help a specific organization raise thousands of dollars towards its mission and goal. There are no additional charges and actually those supporting the organization receive significant other amenities on their cruise. This program, in its 15th year by TheCruiseOutlet.com, does not require investment money from the sponsoring organization. Flyers, brochures, speakers & information booths are provided by TheCruiseOutlet.com staff. One of the most effective fundraisers available, this program has helped numerous organizations throughout the Country raise funds without straining the membership with hours of extra work.

TheCruiseOutlet.com established in 1990, is certified by the International Cruise Association and all the National Cruise Lines as a major provider of cruises. It has been recognized for its experience and professional knowledge and has received numerous awards. For additional information on this program, contact TheCruiseOutlet.com at 203-288-1884 or 800-775-1884. Visit the website www.thecruiseoutlet.com or email info@thecruiseoutlet.com. Cruise destinations which are included in this program are Alaska, Bermuda, Bahamas, Disney World, the Caribbean, and Europe. Many of the Cruise Lines that work with TheCruiseOutlet.com have fantastic children's programs, as well as educational programs for adults. Meeting and conference space is available as well for organizations which want to make more out of the fund raising program.

LOCAL BUSINESS ROUNDUP



First Selectman Ellen Scalett and Shirley Drazen.

FIRST SELECTMAN TOURS COACHMAN SQUARE

Shirley Drazen, 90-year-old Coachman Square resident, gave First Selectman Ellen Scalett a tour of the senior living community. First Selectman Ellen Scalett recently visited Coachman Square to learn more about the senior living community on Bradley Road. The First Selectman has been visiting local businesses to highlight them as part of the "Shop Woodbridge, Dine Woodbridge, Try Woodbridge" campaign. The visits are designed to highlight Town businesses and to foster economic development in Woodbridge. Additionally, the Town's Economic Development Commission has been inviting businesses to its monthly meetings in order to learn about those businesses.

Drazen showed Scalett the library stocked with large print books and daily copies of the New York Times and New Haven Register; the pub where beer, wine and happy hour snacks are served in the afternoon; the ice cream parlor; the private dining room where residents can host family dinners or other events; the dining room that serves three meals daily; the activities room where bridge, bingo, arts lessons, weekly manicures and more are held; and the beauty parlor. "I can see why you're so happy here, but how's the food?" Scalett asked Drazen. "I've gained 10 pounds, so obviously it's not too bad," she joked in reply.

Coachman Square's new executive director, Wendy Kaufman, explained to Scalett that Coachman residents live in rental apartments. There's no large up-front financial commitment and

monthly rent is on a sliding scale, based on the size of the apartment (studio, 1 bedroom or 2 bedroom) and the amount of care needed. "We can do everything from no care to total care," Kaufman said. The community provides 24-hour nursing oversight and is designed so that residents can age in place.

Mary DeGennaro, Director of Professional Outreach, added, "We see people who come in who are totally independent and still drive. We have other residents who come in and are totally dependent."

"This is a very active, independent living community," Kaufman told Scalett. "Many of our residents still drive. They read the New York Times. They discuss current events."

They also get out into the community: Coachman provides transportation for shopping, doctor's appointments and social trips, like trips to the Yale University Art Gallery, plays and movies. Coachman Square also provides resources for Woodbridge residents who don't live at Coachman, including support groups and other events.

For more information about Coachman Square, visit benchmarkseniorliving.com.

If you know of a new or expanding business in Town, or if you would like the First Selectman to tour your business, please contact Assistant Administrative Officer Betsy Yagla at byagla@woodbridgect.org or 203-389-3403. To stay up to date on Woodbridge business news and events, sign up for the Town's business email newsletter.

TOWN OF WOODBRIDGE HOLDS BUSINESS SECTOR MEETINGS

The Town of Woodbridge is initiating business sector meetings in order to strengthen economic development. At sector meetings First Selectman Ellen Scalett invites business representatives from the same industry to meet with each other and discuss common issues.

The next sector meeting – Health Care – will be held on April 5 at 5 p.m. at Town Hall. If you're a Woodbridge health care representative interested in attending the meeting, please let Assistant Administrative Officer Betsy Yagla know by emailing byagla@woodbridgect.org or calling 203-389-3403.

The first sector—Real Estate and Commercial Property Owners—met in February at Town Hall. The conversation centered on Town and State projects, such as the effort to improve signage in the Business District, improve safety for cyclists and pedestrians in the area and

the state's plans for Exit 59. Scalett also sought input from realtors on how to better welcome new residents to Woodbridge and market Woodbridge to new residents and businesses. Additionally, realtors had time to speak with each other and the First Selectman about industry trends.

"My goal is to take our economic development efforts to the next level. We will continue to provide meaningful networking opportunities for our local businesses and to learn if there are any industry trends or concerns with which the Town can be helpful," said First Selectman Scalett.

Future sector meetings (manufacturing, retail and restaurants, professional services and home businesses) will be announced via the business email newsletter (sign up here: tinyurl.com/WoodbridgeCTBiz) and in press releases.

WOODBIDGE HOSTS BUSINESS AFTER HOURS

Working with the Economic Development Commission, the Town is organizing various business networking opportunities, including business sector meetings and business happy hours. The next event for the business community will be a Business After Hours happy hour at New England Brewing Company (175 Amity Road) on Tuesday, March 29 from 5:30 – 7 p.m. Admission is free to this event and New England Brewing Company will offer its locally produced beers for purchase. Brewery owner Rob Leonard will offer a tour of the popular brewery.

The goal is to bring the business community together to learn about and from each other. If you or someone from your business plans to attend this event, please contact Assistant Administrative Officer Betsy Yagla at byagla@woodbridgect.org.

"Supporting our local businesses has been one of my focus areas," said First Selectman Ellen Scalett. "These happy hours are a great way for our business

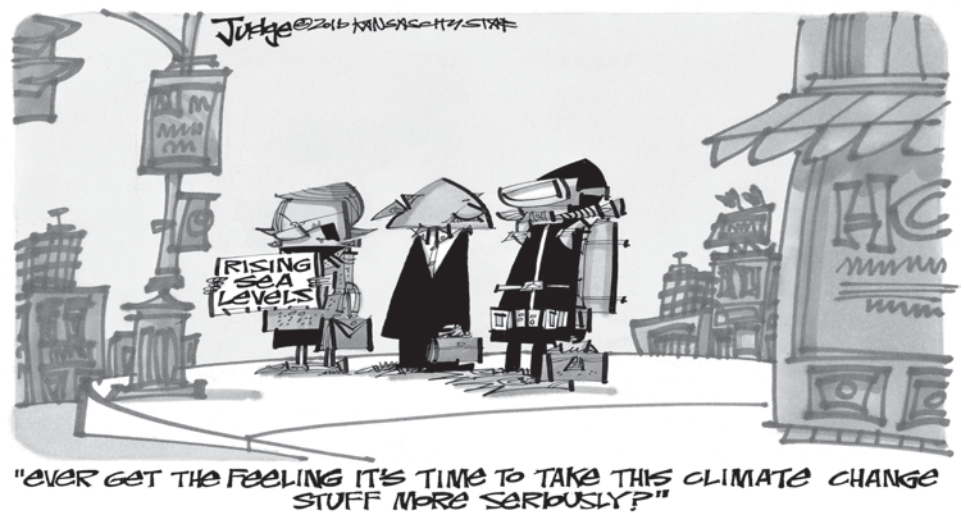
community members to network in a local, relaxed setting."

Previous Woodbridge Business After Hours events have been held at Wheeler's Restaurant, the JCC and Grimaldi's Pizza.

Additionally, the First Selectman has been visiting local businesses to highlight them as part of the "Shop Woodbridge, Dine Woodbridge, Try Woodbridge" campaign. The Town's Economic Development Commission has been inviting new and expanding businesses to its monthly meetings in order to learn about those businesses and why they chose Woodbridge.

The First Selectman has also initiated business sector meetings. Representatives from local health care businesses are invited to join the First Selectmen and their peers for a meeting at Town Hall on April 5 at 5 p.m.

To learn more about Woodbridge business news and events, sign up for the business email newsletter at www.tinyurl.com/WoodbridgeCTBiz.



THE WOODBRIDGE TOWN NEWS ONLINE

Online Version of the Woodbridge Town News

www.WoodbridgeTownNews.com

SENIOR CENTER

AGENCY ON AGING IS SEARCHING FOR CENTENARIANS

New Haven, CT- The Agency on Aging of South Central Connecticut is looking for individuals in our community who will celebrate their 100th birthday in 2016 or who have already passed this milestone. The Agency will host a special luncheon on May 4th to honor and celebrate the lives of these centenarians.

To request an invitation for a centenarian you know, please visit www.aoascc.org under news & events or email info@aoascc.org. The AASCC holds this luncheon in recognition of Older Americans month. Older adults have made countless contributions and sacrifices

to ensure a better life for future generations. Since 1963 communities across the country have shown their gratitude by celebrating Older Americans Month each May. This celebration recognizes older Americans for their contributions and demonstrates our nation's commitment to helping them stay healthy and active.

This year's theme is Blaze a Trail. May is a month of fresh beginnings. Perennials bloom once again, blazing a trail of bright color. Older American's Month acknowledges the perennial contributions of older adults to our nation.

"Kayne" continued from Page 1

her teenage years right here in Connecticut. A student at Amity High School, she enrolled in ACES' Educational Center for the Arts program, which she remembers fondly.

Even if acting has been a part of her whole life, the road to success is not a straight shot. It takes patience and persistence to get the breakthrough part. "Once you make your choice you have to give it your all," she said. Is Four Stars that breakthrough? "Fingers crossed," she writes. After all, George Clooney participated in 20 pilots before the first movie he starred in was picked up by the

studios. "This is just my second pilot."

According to the industry website "Deadline.com", Four Stars centers on two powerful rival families in Tampa, Florida, who make decisions at the highest levels in the interest of national security. Ana Kayne will play Syd, the daughter of four-star General Rodriguez, "a foreign policy wunderkind and hardcore policy wonk". The role of Rodriguez's son Matt will be played by Wilmer Valderrama.

Kayne is leaving for Los Angeles later this month. She hopes that we will be able to catch up with her in Four Stars come fall 2016.



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— Old News from the Flats —

Sawconnck and the Quinnipiacs of Shushuck

By Simon Donato

Over the past sixty years I've accumulated a collection of prehistoric artifacts from the Flats which exceeds 1000 assorted pieces including projectiles, stone knives, and pestles for grinding corn and nuts and some well-worn stone hoes used in farming. The collection spans a time period of at least 8000 years and is dwarfed by the thousands of pieces which have been found by other collectors over the decades. I remember every farm family having some cigar boxes filled with many arrowheads which they found in their fields. Some of these farmers remembered "Yale Professors" surface hunting during the 1930s and 1940s.

So we can confidently assume the Flats was a fairly active place over the millennia, but not in the period just before English contact in 1638. By 1633 a smallpox epidemic, preceded by plague, (both introduced by Europeans) had decimated the Quinnipiac population by an estimated eighty percent. The native people had no immunities against smallpox and the bubonic and

pneumonia plagues.

In 1613 Adrian Block, sailing under a Dutch flag, explored the Connecticut coastline looking to establish a fur trade. At some point he entered present day New Haven harbor. He named the place "Roodenbergh" which means red hills in reference to present day East Rock and the Palisades of Meriden, which he saw in the distance while sailing up the Quinnipiac River. There is no record he explored inland on foot from the harbor, but he started a lucrative trade in beaver pelts with the dwindling Quinnipiac population, as all the local rivers including the West River, had abundant beaver. Likely the beaver fur trade with the Dutch extended into the flats at least two decades before the English settled in New Haven.

When New Haven was settled in 1638, its leaders, John Davenport and Theophilus Eaton, entered into a treaty with Montowese, sachem of the Northern Quinnipiac band, for land along the Quinnipiac River beyond North Haven. That treaty signing

took place on December 11, 1638 and accompanying Montowese was Sawconnck, (Ezra Stiles 1761) who signed the treaty ceding the land northwest of New Haven, which included today's flats. The Quinnipiac name for the West River Valley was, in the Algonquian language, "Shushuck" and Sawconnck was its sachem. I'm enlightened to know the name of the man who likely used some of the arrowheads I've been so fortunate to find. Usually those names are unknown, and artifact collectors take for granted they will never know the name of the person who made or used the relics they find. The most common arrow point found in the flats is called "Levanna". Their shape is an elongated triangle and they measure between one and a half to two inches in length. Their time period falls in the "Late Woodland" era (A.D. 1400 to contact with the English). This is the point type which was made and used by the Quinnipiac people.

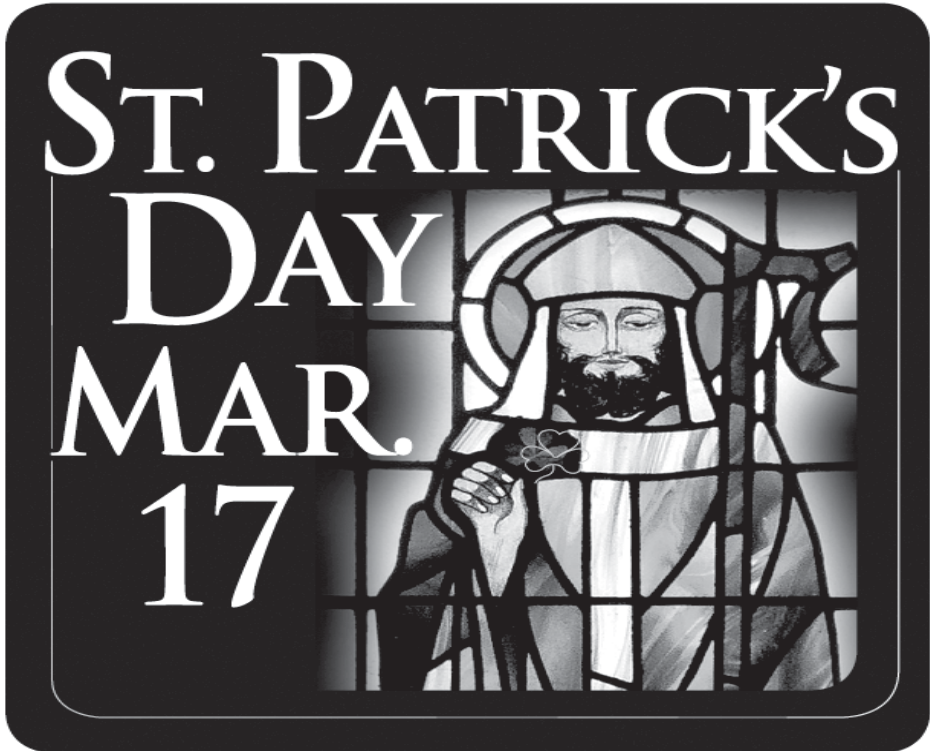
Trying to estimate the population of Shushuck at the time of the treaty of

December, 1638 can at best be a calculated guess. When the treaty was signed it included a census of fifty-seven adult males. Women and children were not included in the census, but a probable ratio of four women and children to one adult male would result in approximately a population of 285 people living in the area from the east shore of present day New Haven harbor, extending north and terminating in the Flats. It's likely Sawconnck and the people who inhabited Shushuck were but a scant few, perhaps twenty-five when the treaty was signed.

Recently, thanks to Don Menzies, I came across a Christmas card dated 1921 with a photo of Charles Bond and family, taken in their living room at the former Ebenezer Speery home, built in 1730. (Presently the Luciani homestead and farm.) The card reads: "Christmas greetings from Shushuck Outlook". So it seems the name Shushuck pre-dates the name Woodbridge by at least one hundred and forty years and was still being used in the 1920s.

The board members of the Amity and Woodbridge Historical Society are hosting an Open House at the historic Thomas Darling House on Sunday, March 20th from 2 to 4 PM. Please join us as we turn back time using our large fireplace for Hearth Cooking, tours of the Darling House and live commentary about our exceptional furniture collection. This event is free and open to the public. For more information, please visit us at www.woodbridgehistory.org.

The Darling House is located at 1907 Litchfield Turnpike in Woodbridge. Please follow signs for parking.



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ATTENTION WELL OWNERS!

When was the last time you had your well checked? It is up to you as a private well owner to make sure your well water is safe for your family. You can't just rely on taste for safety. During March 6-13, National Groundwater Awareness Week, Quinnipiack Valley Health District recommends that those with a private well get a well check-up which would include testing the water, a visual inspection of the well location for potential sources of contamination and an inspection of the well equipment by a professional well drilling company.

To protect your well, keep hazardous chemicals, such as paint, fertilizer, pesticides, and motor oil far away from your well, as well as manure from livestock or

kennels. The distance should be at least 75 feet from any hazard. Periodically check the well cover or well cap on top of the casing (well) to ensure it is in good repair and securely attached. You should also get your water tested anytime there is a change in taste, odor or appearance, or anytime the system is serviced.

Your last check-up may have been fine, but environmental conditions (such as heavy rains) along with aging equipment can cause your drinking water to change. For information and videos on well health and safety including information on testing, visit www.ct.gov/dph/privatewells or you can call QVHD, 203 248-4528 for a copy of Publication 24: Private Well Testing.

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ELAINE MARCUCIO RECOGNIZED AS MARCH PERSON OF THE MONTH

First Selectman Ellen Scalett recognized Elaine Marcucio as the March Woodbridge Person of the Month. Scalett initiated the Woodbridge Person of the Month Recognition program to spotlight the many Woodbridge residents, volunteers and employees who go above and beyond the expected in their dedication and commitment to Woodbridge and its residents.

Since 2011 Marcucio has been the chef at the Town's Senior Center, providing a hot, healthy and tasty lunch for seniors every Tuesday and Friday. In the summer, Marcucio prepares meals using fresh produce from the Senior Center's garden.

Marcucio also runs her own business, Young at Heart, and is leaving her position at the Senior Center to focus on her business. As just one example of her selflessness, she has offered to stay on until her replacement is hired and trained. "Our Woodbridge seniors have been spoiled by Elaine's tasty meals and

dedication; it will be a tough job to fill her shoes," said Scalett.

"We will miss Elaine," said Human Services Director Mary Ellen LaRocca. "She is always happy and eager to accommodate the seniors."

Marcucio frequently goes above and beyond by making breads, candy and treats for the luncheons on her own time. For the December holiday lunch, at home she and her mother made platters of holiday cookies to share with the seniors. In November, during the annual Senior Center Holiday Fair, she volunteered to organize and staff two booths new to the fair in addition to organizing the pie sale. She and her mother baked cookies, candies and pies for sale during the fair.

If you know a Woodbridge employee, resident or volunteer who's gone above and beyond expectations, please nominate that person for this award by contacting Betsy Yagla at byagla@woodbridgect.org or 203-389-3403.

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Pictured are Mike Helfgott, Liberty Bank Foundation, Jane Oppen, President of the Amity Teen Center, Linda Cohen, Teen Center Treasurer, Chandler Howard, President & CEO, Liberty Bank and Jennifer Romanoff, Staff Director, Amity Teen Center

AMITY TEEN CENTER RECEIVES \$5,000 GRANT

At a luncheon held in New Haven, representatives from Amity Teen Center accepted a \$5,000 grant from the Liberty Bank Foundation to support an After-School Tutoring and Enrichment Program for area teenagers.

The Amity Teen Center is a 501(c)3 nonprofit that was formed in 1987. The Teen Center, located at 10 Selden Street in Woodbridge, provides a community anchor for teens where they can socialize and participate in recreational and educational activities. The Teen Center also offers after-school programs that stimulate creativity, enhance self-esteem and develop social and educational skills.

Since its inception in 1997, the Liberty Bank Foundation has awarded over \$9 million in grants to nonprofit organizations within Liberty Bank's market area. The Liberty Bank, itself, was established in 1825. Liberty Bank is Connecticut's oldest mutual bank.

For more information about the Amity Teen Center, please go to our website www.amityteencenter.org or email us at amityteencenter@hotmail.com.



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FROM ACROSS THE AISLE

By Selectman
Maria Cruz Kayne



Recently, members of town boards and commissions were invited to two joint Special Meetings regarding the latest development proposals at the Country Club of Woodbridge (CCW). This makes seven meetings about the CCW since September; despite my requests, the First Selectman has refused to include public comment on the agendas of these meetings.

About 20 commissioners attended the meeting on February 18th, where the First Selectman presented a brief history of the Town's ownership of the CCW and the multiple failed attempts at creating a plan for its future. A table showed six options with scant detail. It is clear the First Selectman favors a proposal by Toll Brothers to build 69 age restricted units on 36 acres – triple the building density permitted by zoning regulations.

Commission members raised a series of excellent questions throughout the meeting and provided new facts:

- Golf operations have improved dramatically since Billy Casper Golf (BCG) took over in 2012.
- CCW hosted 210 outings last year, of which 97% are returning again this year.
- The golf course was voted BCG's 2015 Most Improved of its 162 courses nationwide. Its Superintendent was fittingly voted Best of 2015 as well.
- CCW was featured in Golf Digest in December 2015. The author, renowned journalist David Owen, wrote, "The selectmen of the town of Woodbridge are thinking about turning part of the course into condominiums for oldish people, or something, but I hope they don't...".
- A recent post on the Conserve Woodbridge Facebook page by Deke Hotchkiss, CCW Commission chair, states that the town can negotiate a much more favorable contract with

BCG for the future, and that the town can break even on golf operations in 2017.

One commissioner asked an important question about zoning. Many residents, myself included, are concerned that a zoning change to allow high-density development will spread beyond the CCW to other vulnerable properties. The First Selectman has solicited legal opinions on rezoning, and is claiming it is not a problem. But the opinions are not as clear cut as she portrays. The case law is complex, and such zoning would expose the Town – at a minimum – to lawsuits by other landowners. The legal opinions offer no guarantee that the town would prevail if sued. Further, when pressed at a recent Board of Selectmen meeting, one of the hired attorneys admitted that while the Town can attempt to place restrictions on the sale, "sometimes that's not enough" because of state statutes that give certain developers the right to circumvent local zoning. Despite the First Selectman's assertions, questions surrounding the town-wide effects of a zoning change for the CCW are far from settled.

One specific suggestion from the audience was to move the town Recreation Department, Fitness Center, and Senior Center to the CCW clubhouse, an idea enthusiastically received in the room. The meeting ended with one commissioner addressing the First Selectman thus: "We should consider another use for that building. There are plenty of other options...we've got to be creative. This is where you show leadership.... there's plenty of ways you can redo that building for a lot of different activities. And I think this is where the rubber hits the road. You've got to go out there and creatively develop those options." I couldn't agree more.

Maria Cruz Kayne, Selectman is an Unaffiliated Voter who ran on the Republican Ticket. Contact # 203-387-5922.

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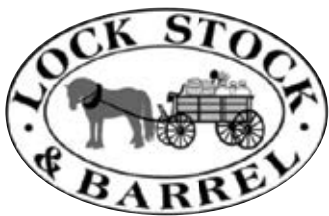
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HEALTH AND FITNESS

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Whooping Cough Is In Our Community!

Whooping Cough illness is real. There have been several recent cases in Quinnipiac Valley Health District (QVHD) residents. It is very important to protect infants from this disease as they are not fully immunized until they are a year old. Whooping cough in an infant is frightening and can have devastating results. Don't wait until the baby is born! Grandparents, aunts, uncles, cousins over 18 or caregivers, if you are expecting a new arrival in your family, get vaccinated now! As you protect the baby, you will also be protecting yourself against not only whooping cough (pertussis) but also diphtheria and tetanus. QVHD offers the pertussis (whooping cough) vaccine (in the form of Tdap-tetanus, diphtheria and pertussis) to parents,

grandparents, aunts, uncles, babysitters and other caregivers or contacts of newborns and infants 12 months and younger. If you are over age 18 and have never had a Tdap vaccine, (a combined booster immunization containing tetanus, diphtheria and pertussis protection) you are eligible to receive this vaccine.

A \$10.00 administration fee is requested. No one will be turned away for lack of ability to pay this fee. The next clinics will be held on March 22 and April 26 from 4:00 to 4:30 p.m. Call QVHD, 203 248-4528 for an appointment. An appointment is not required but is suggested. Walk-ins are welcome. (If weather is inclement, call to confirm clinic will be held.)



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Q: I was watching "Castle" the other day, and there was a blond actress who looked really familiar. She played a lawyer who started a nonprofit for disadvantaged women, and it turned out her husband accidentally killed one of the women. Can you tell me about her?
-- Bridget G., West Palm Beach, Florida

A: You are thinking of the gorgeous and talented -- and super-sweet -- **Fiona Gubelmann**. She's best known for co-starring with **Elijah Wood** in "Wilfred," but she's done a ton of stuff before and since. In fact, she's guest-starred on many of my favorite shows, including "Castle," "Californication," "Don't Trust the B---- in Apartment 23" and "Modern Family," as well as the feature films "Blades of Glory" and "Employee of the Month."

You can catch Fiona on Saturday, March 19, at 8 p.m. ET/PT in the original Lifetime thriller "Mommy's Little Girl." Fiona plays Theresa, a young woman whose husband died shortly after they were married, so she left her infant, Sadie, in the care of her paternal grandmother, unaware that the bitter, resentful woman isolated the girl, never allowing her to socialize with other children, leaving Sadie ill-equipped to handle real life.

Fiona had fun playing this different kind of role, telling me: "What's so great about the film is that it could be just silly, like, 'Would a kid really do this?' But what the writers did so brilliantly -- and as well as under the direction of **Curtis Crawford** and **Pierre David**, our producer -- is that they made sure the story was motivated by true feelings and emotions of this little girl just wanting to be close to her mom. It's a psychological thriller, and you actually feel bad for the little girl, even though she's scary, and at the same time, it's a sad story. They did a great job of balancing the fun 'popcorn flick' aspect of it with that."



Fiona Gubelmann [Thomas Janssen/Depositphotos.com]

Q: Please tell me that "Outlander" is returning soon! I can't take the wait!
-- Pauline T., via email

A: You'll have to wait just a little longer. Season two of the historical time-travel fantasy premieres April 9 on Starz. This 13-episode season will transport viewers to France during the Jacobite uprisings, wherein Jamie and Claire try to prevent a war, especially the Battle of Culloden, which wiped out entire Scottish clans, Jamie's being one of them.

Q: I remember a while back you wrote that **Hugh Dancy** would be a in a new drama series. Is that still happening?
-- Linda F., via email

A: The former "Hannibal" star returns to the small screen -- your computer screen, that is -- when he co-stars in the original Hulu series "The Path," which premieres March 30. **Aaron Paul**, **Kathleen Turner** and **Michelle Moynihan** also star in this 10-episode drama, which was formerly called "The Way" but was changed due to legal reasons.

Write to Cindy at King Features Weekly Service, 628 Virginia Drive, Orlando, FL 32803; or e-mail her at letters@cindy-elavsky.com.



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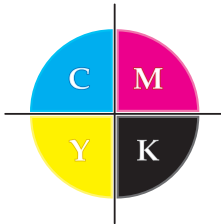
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Into the Woods Quick Facts

- *Producer:* Robert Kennedy,
- *Director:* Robert and Andrea Kennedy
- *Music Director:* Peter Randazzo
- *Set Designer:* Robert Kennedy
- *Costume Designer:* Julie Chevan with Brenda Burt
- *Light Designer:* Dan Hassenmayer
- *Conductor:* Phil Dolan

Cast

- *The Narrator* – Ian Pittinger
- *The Baker* – Jacob Leibowitz
- *The Baker's Wife* – Clara Gamsu
- *The Witch* – Alaina Dwyer
- *Rapunzel* – Kara Kachmar
- *Cinderella* – Emily Kilian
- *Cinderella's Stepmother* – Yuliya Faryna
- *Lucinda* – Audrey Grotheer
- *Florinda* – Lauren Flaumenhaft
- *Cinderella's Prince* – Robert Worth
- *Rapunzel's Prince* – Harrison Paek
- *The Wolf/Ensemble* – Ryan Chizmadia
- *Jack* – Josiah Oakley
- *Jack's Mother* – Abby Hazlett
- *Little Red Ridinghood* – Lillian Querker
- *Granny/Ensemble* – Maren Westgard
- *The Mysterious Man* – Christopher Cassella
- *The Prince's Steward* – Ryan Rattley
- *Cinderella's Mother/Ensemble* – Annie Foley
- *Cinderella's Father* – Jeffrey Gallo
- *The Giant/Ensemble* – Ali Ashworth
- *Snow White/Ensemble* – Kelsey Paier
- *Sleeping Beauty/Ensemble* – Christina Genovese
- *Ensemble:* Joyce Lin, Claire Haupt, Oriana Mack, Ben Kemp, Shane Gordon, Max Seigman, Nathan Shilling, Dean Pocwierz, Natasha Kaluzynski.

Performances dates and
times are as follows:

- Friday, April 8, at 7:30 pm
- Saturday, April 9 at 7:30 pm
- Friday, April 15, at 7:30 pm
- Saturday, April 16, at 2:00 pm
- Saturday, April 16, at 7:30 pm

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TOWN DEPARTMENTS

FROM THE YOUTH SERVICES DIRECTOR

By Nancy Pfund



Christina D'Ostilio of Woodbridge makes a great shot at a recent fundraising event at Amity Middle School in Bethany. The Student-teacher Knockout Basketball Tournament was sponsored by Woodbridge Youth Services and the Town of Bethany. Many thanks to the faculty, staff and administration for all their efforts to make this event such a successful and fun program. Proceeds benefitted the Nature's Classroom fund for families in need of assistance and the 8th grade dance fund.

DEADLINE EXTENDED! DO YOU KNOW AN OUTSTANDING WOODBRIDGE STUDENT?

Woodbridge Youth Services, in collaboration with First Selectman Ellen Scalett, is seeking nominations for the First Selectman's Youth Award. The annual award will be presented to a deserving young Woodbridge resident at the Human Services Department's Annual Volunteer Tea on Thursday, April 28, 2016.

For nomination forms online, go to http://www.woodbridgect.org/filestorage/6585/6649/Nomination_Form_2016.pdf, or call 203-389-3429 for more information. Please submit nominations to Woodbridge Youth Services at 11 Meetinghouse Lane, Woodbridge, CT 06525, by Monday, March 14, 2016.

UPCOMING WOODBRIDGE YOUTH SERVICES EVENT FOR 7TH AND 8TH GRADERS

Save the Date! April 1, 2016 is the Semi-Formal Event! This black light program will feature a DJ, hot hors d'oeuvres and desserts from area restaurants, roses for sale, a photographer to take memorable photos and amazing donations including two -three month

memberships to the JCC! The event will held at the Woodbridge Center building in the Senior Center cafeteria from 7-9:30pm. This event is for all 7th and 8th grade residents of Bethany and Woodbridge as well as all AMS-B students. More details coming soon!

TOWN OF WOODBRIDGE MEETINGS FOR THE MONTH OF MARCH 2016		
(Subject to Change, Check with Town Clerk's Office, 203-389-3422)		
3/14	Library Commission	6:00pm Library
	Zoning Board of Appeals.....	7:30pm Town Hall
3/16	Inland/Wetlands Agency	7:30pm Town Hall
3/17	Board of Finance	6:00pm Town Hall
3/21	Fire Commission	6:00pm Fire Station
	CUPOP	6:30pm Town Hall
3/22	GATV Commission	7:15pm Town Hall
3/28	Recreation Commission.....	7:00pm Beecher School South

CLUBS & ORGANIZATIONS



Left to right: Diane Millan inducted by Rotarian Bill DeRosa, and Caty Poole inducted by Rotarian Carol Yingling

WOODBIDGE ROTARY CLUB WELCOMES NEW MEMBERS

Diane has been employed for 24 years at Marrakech Inc. where she is Vice President of Risk Management. In her role, she coordinates the Agency Risk Management Plan, works in conjunction with Human Resources, handles the agency unemployment program, and workers compensation investigations. She also oversees a pool of trained investigators and reports to the CAO and DEO for all legal issues that are in the process or being monitored. Diane also moderates a Management Mentorship & Advisory Group. Diane lives in Derby and has a daughter, Alexandra.

Caty Poole serves as Executive Director of Massaro Community Farm, a 57 acre nonprofit organic farm in Woodbridge that provides farm-based education and holds several community events each year. She came to the farm after a long career in the biotechnology sector. After growing up in Hawaii, Caty returned to the East coast to attend

college and be closer to family. Caty volunteered regularly in community food outreach programs. She was drawn to Massaro Farm because of its commitment to donate 10% of what they grow to local hunger relief agencies. Caty resides in Westville with her husband.

The Rotary Club is an organization of business and professional people united worldwide to provide humanitarian service, encourage high ethical standards in all vocations and help build goodwill and peace throughout the world.

The Woodbridge Rotary Club meets the 1st and 3rd Friday of the month at 7:30 a.m. for a breakfast meeting at the Country Corner Diner, 756 Amity Road, Bethany and the 2nd and 4th Friday of the month at 12:15 p.m. for a luncheon meeting at Woodbridge Social, 12 Selden Street, Woodbridge, CT. For information on membership, contact Anna Dickerson.

AMERICAN LEGION AUXILIARY POST 127 LAUREL GIRLS STATE

Laurel Girls State is a leadership action program course designed to develop a working knowledge of the structure of government to all girls interested in government. This is a one week program of the American Legion Auxiliary Post 127 devoted to citizen training. It is open to all Orange High School senior girls and secondly to any

Woodbridge or Bethany senior girl. Applications may be obtained at the Amity Senior High School Guidance Department, or by completing it on line: www.alalgs.org . Candidates should fill applications out, print them and get them to the Auxiliary coordinator or Guidance Department by the April 18, 2016.

ITALIAN AMERICAN HISTORICAL SOCIETY OF CT'S AWARD DINNER

The Italian American Historical Society of CT's Distinguished Service Award Dinner will be on May 1, 2016 at Anthony's Oceanview Restaurant, 450 Lighthouse Road, New Haven. Cocktail hour begins at 1:00 p.m. and dinner at 2:00 p.m. This year's honorees are the well-known singers Nina Pane Sanseverino, (daughter of legendary Neapolitan singer Giuseppina Pane) and Tenor

Aaron Caruso. Also being honored is Anthony Tamburri, a Dean of Italian at Queens College in NY, and published author of many books promoting Italian language and culture. The cost is \$55.00 and includes open bar, hors d'oeuvres and surf and turf dinner. For more information, contact Gayle Logan at 203-230-9124 or Sally Frielle at 203-284-8520.



SPORTS HEALTH

"AM I TRIPPING, LOSING BALANCE, GETTING OLDER, JUST CLUMSY?"

Balance issues can be a tricky thing to self assess, until there is a fall that causes injury, or unfortunately more serious conditions such as fractures of ankle or hips. Balance issues can affect all ages, and often gets ignored in the elderly

or just attributed to getting older. There are several different systems that play significant roles, and knowing which one is the culprit (or culprits) will directly lead to the appropriate intervention.

Balance and coordination are complex and often involve the intertwining of several systems. The three

major ones are vision, vestibular, and proprioception. For the purposes of this article, I'd like to discuss the two systems that we often see in physical therapy and are most likely to affect balance, even in the healthy individual.

The first system is called the vestibular system, and is comprised of three small bones in the inner ear named ossicles. These bones, like most in our body, can become degenerative or get out of alignment. The resulting interruption in feedback loops from the ossicles can lead to vertigo, loss of balance, dizziness, loss of neck rotation and headache. Often times these symptoms may require evaluation from an ear nose and throat specialist. In the case of vertigo from ossicle alignment, our physical therapists administer an advanced technique called the Epley's maneuver in the office to help realign the ossicles to stop the vertigo symptoms. Usually this technique is followed with other manual therapy to restore the likely precipitated loss of neck rotation. There are studies that have directly linked patients who suffer with vertigo with a loss of neck rotation, suggesting that the loss of rotation may actually increase likelihood of developing vertigo.

The other system that affects balance is the most common one addressed in physical therapy, called proprioception. There are receptor cells in our joints and muscles that tell our brain instinctively where our body is in space. This feedback loop is developed by our general movements. In instances where movement is impaired (acute swelling, immobilization from a cast, pain, spinal tightness, postural changes from aging), this in-

formation is fragmented and can alter balance. In the elderly, postural changes in the spine cause a flexed position with a loss of rotation, along with hip and lower extremity tightness. The lack of flexibility does not feed the system the

appropriate feedback so when the person rotates too far, they can be at a much higher risk of fall. Generally, restoring rotation in the neck, spine, and hips can greatly help increase stability and reduce risk of fall.

Proprioception problems are not limited to the elderly. When athletes get hurt and have a period of immobilization (like a surgical recovery or use of a cast and crutches), the affective area does not move throughout the normal range of motion. Thus the receptors become inhibited from providing the same proprioceptive feedback to the brain to interpret. Physical therapists spend much of the treatment sessions performing joint mobilization techniques, flexibility and balance oriented exercises that not only increase range of motion, but directly increase proprioception. Restoration of movement is also necessary to increase muscular strength. You have to have motion available to use it. The further a muscle is elongated, the more potential force it can produce.

It is important to recognize that balance issues are not exclusive to just getting older and should not be overlooked. Recognizing which systems are compromised is the first step in helping reduce balance issues. Should you experience any balance related symptoms, it is advisable to seek the opinion of your primary care physician, ENT specialist, or local physical therapist.

Michael Dow MSPT is founder and Clinical Director of Amity Physical Therapy, now with three offices in Woodbridge, Hamden and Branford. He received his degree from Fairfield University and is recognized by the U.S. Dep't of Health and Human Services for his work with the national Multiple Sclerosis Society. He works with patients of all ages, pediatrics to geriatrics, as well as local high school and college athletes. Michael can be reached at 203-389-4593 or www.amitypt.com

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Michael Dow, MSPT



DEALING WITH SHOULDER PAIN

By John Giametta, DPT

Shoulder pain is a common condition that can be quite debilitating. There are various pathologies that can lead to shoulder pain; however, where the pain is located might not always be where the real problem or solution is found.

Our bodies have been designed in a way so that some of our joints are meant to be mobile, while others are meant to be stable. If we take a glimpse at our shoulder complex, shoulder joint, or glenohumeral joint, it is meant to be mobile, and our shoulder blade or scapula is meant to be stable. If we look outside the shoulder complex, but in close proximity, our upper back or thoracic spine is also an area which is meant to be mobile. It is common for a bit of a role reversal to occur between the shoulder blade and upper back, which can alter body mechanics, causing increased stress at the shoulder joint, and eventually leading to pain.

Our world today revolves around technology, such as smart phones, tablets and laptops, which can make it seem like maintaining good posture is nearly impossible. When we fall into these bad postural habits, muscles that are meant to keep your shoulder blade stable become weak. Our upper back can become stiff, leading to this stable/mobile role reversal. There is benefit to

treating the pain directly with a combination of manual therapy and exercise at the shoulder joint specifically. However, if you really want to get to the root of the problem, you may want to look outside of the shoulder joint. Recent studies have shown that patients with shoulder pain can demonstrate an immediate

reduction in symptoms and improvement in function following manual therapy focused on restoring mobility to the upper back. Following up these manual therapy techniques with exercise that emphasize stability at the shoulder blade and maintaining mobility through the upper back are likely

the best solutions to keeping shoulder pain at bay for the long term.

John is a licensed physical therapist with Amity Physical Therapy in Woodbridge. He received his Doctorate Degree in Physical Therapy from Sacred Heart University, and is an active member of APTA. His clinical affiliations have brought him wide experience in cardiopulmonary, neurological, and post-surgical conditions. He has special interests in orthopedic and sports-related injuries. Amity Physical Therapy was founded by Michel Dow, MSPT and CEO/Director of the practice. They maintain three offices: Woodbridge, Hamden and Branford. John Giametta can be reached in the Woodridge facility at 203-389-4593.



John Giametta, DPT



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Emma Grabowski
Olivia Gross
Alexandra Gu
Matthew Haiday
Saeyeon Han
Claire Hosey
Mayel Hubbard
Claire Jackson
Eric Jiang
Ryan Kelly
Mina Kim
Shua Kim
Emily Kline
Emma Kravetz
Annabel Kusnitz
Tassos Kyriakides
Hunter Laubstein
Sean Lee
Tracy Lu
Laurella Marin
Nicholas Marinko
Sarah Milner
Kayla Morgan
Alicia Myung
Ephemia Nicolakis
Gillianne Nugent
Armando Palma
Cassandre Parkinson
Akanksha Paul
Nicoletta Pellegrino
Natalie Prinz
Jake Pucillo
Tyler Roy
Sebastian Scrimenti
Abigail Slanski
David Sugarmann
Jack Tajmajer
Aoi Tischer
Sienna Wang
Sophia Wang
Solangelina Williams
Abigail Wisnewski
Victor You
Zachary Young
Joyce Zhang

Second Honors 7th Grade

Jason Benard
Joshua Cala
Jason Dittmann
John Emanuel
Colby Fantarella
Juan Garcia
Christian Giordano
Brandon Jarvis
Olivea Kosh
Jonathan Levit
Margaret Luo
Emily Martocchio
Victoria Mcnelis
Julianna Pantalone
Elijah Randis
Alessandro Rivera
Gennaro Savino
Colin Schmidt
Emily Sexton
Juliette Zito

Second Honors 8th Grade

Annie Bogush
Erica Christensen
Marlin Cosar
Cui (Dina) MingXin
Michael DeCesare
Simon Flaherty
Matthew Floyd
James Fortin
Yahn Galinovsky
Patricia Holt
Alyssa MaCrae
Elizabeth Morgan
Abyan Nawaz
Siavash Raissi
Blythe Reis
Tanner Santos
Brian Styrcula
Caelan Watson

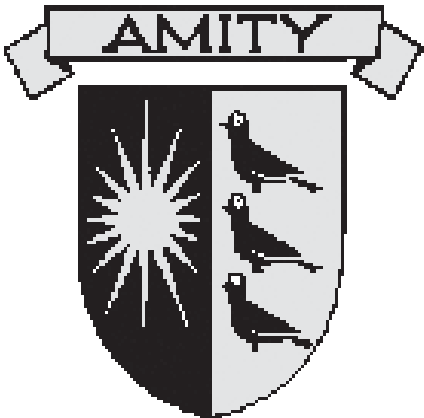


Citizenship Recognition – 7th Grade

Eesha Acharya	Ian Glassman	Hanna Skiba
Tiana Amendola	Alicia Gopal	Matthew Sturtevant
Oren Aviad	Madison Grieger	Allison Su
Elisabeth Barbieri	Jack Kealey	Leah Tobin
Sarah Bernier	Kabir Khwaja	Gabriella Urbano
Grace Blanchard	Riku Korenaga	Christopher Uscilla
Alanna Carlson	Jenny Liu	Natasha Vonbeeden
Sophie Cohen	William Livesay	Vivian Wincherhern
Antonia D’hue	Kevin Lu	Jennifer Xu
Megan Ding	Abigail Maoz	Philip Yang
Mcallister Dixon	Benjamin Martin	Claire Yuan
Aliya Dworkin	Julia Ryack	Weiss Yuan
Joshua Feuerstein	Abigail Sauberman	Wendy Zhang
Joshua Foote	Peter Scully	
Chantal Gibson	Sara Shanbrom	

Citizenship Recognition – 8th Grade

Ryan Anastasio	Ryan Kelly	Ephemia Nicolakis
Ana Boccanfuso	Mina Kim	Natalie Prinz
Alexia Cha	Shua Kim	Abigail Slanski
Margaret Connor	Emily Kline	Jack Tajmajer
Marlin Cosar	Annabel Kusnitz	Lauren Walsh
Hannah D’Arche	Tracy Lu	Sienna Wang
Rhea Dey	Laurella Marin	Sophia Wang
John Dill	Gabrielle McGovern	Solangelina Williams
Sofia Halepas	Sarah Milner	Victor You
Saeyon Han	Kayla Morgan	Zachary Young



HOUSES OF WORSHIP EVENTS



Front Row, from left to right: Jamie Fields, Sarah Greifenberger, Marilee Silva, The Rev. Diana Rogers, Ross Cotjanle, Jill Westgard, Diana Saccente. Back Row, from left to right: Marvin Collins, Nicole Antaya, Jennifer D’Inzeo, Carl Atlee, Anna Franz

CHURCH OF THE GOOD SHEPHERD ANNOUNCES NEW VESTRY TEAM

The Episcopal Church of The Good Shepherd, 680 Racebrook Road, Orange, held its Annual Meeting on Sunday January 31, 2016. With approximately 100 parishioners in attendance, and under the leadership of The Rev. Diana Rogers, the Church enthusiastically voted in favor of its new Vestry. The new Vestry team is comprised of Co-Senior Wardens Ross Cotjanle and Marilee Silva; Co-Junior Wardens Jaime Fields and Diana Saccente; Treasurer Sarah Greifenberger; and Clerk Jill Westgard. Other at-large members of the new Vestry are: Nicole Antaya, Carl Atlee, Marvin Collins, Jennifer D’Inzeo, Anna Franz, MaryAnn Haverstock, Bethany Hawkins, and Mickey Reid.

In accepting her nomination as Co-Senior Warden, Marilee Silva remarked "The new Vestry is comprised of an incredibly talented, dynamic and diverse group of individuals. I am very excited about working with everyone and developing some new programs and service-based initiatives that will continue the growth of our congregation and keep our church moving forward." Ross Cotjanle, the other Co-Senior Warden, offered thanks, on behalf of the parish, to the outgoing Senior Warden, Will Cleaver,

for his outstanding leadership overseeing the administration of the Church for the past two years. "Will was an outstanding Senior Warden. He got us through a transitional period as we sought our new Minister and rebuilt our financial strength. My goal for the new Vestry is to focus on growing our programs for children and families and using technology to create a dynamic environment that will serve as model for The Episcopal Church of Connecticut." The Rev. Diana Rogers added "As a new resident of Orange, I have been impressed by the enthusiasm of our parishioners and the care they take in our campus, buildings and programs. The new Vestry reflects our strengths as we are a diverse congregation made-up of members from Orange, Woodbridge, Milford, West Haven, Derby, Ansonia, and Shelton. Good Shepherd has been at the forefront of the area’s religious community since 1958 and I am honored to be working with this outstanding Vestry as we position ourselves for the future."

The Church of the Good Shepherd holds services every Sunday at 8am for Holy Eucharist with no music, 930am Faith Formation (for Children and Families), and 9:30am for Holy Eucharist with music.

"THE CATCHER WAS A SPY: THE MYSTERIOUS LIFE OF MOE BERG"

Congregation Or Shalom, 205 Old Grassy Hill Road, Orange will hold its annual Landwirth Lecture, The Catcher Was A Spy: The Mysterious Life of Moe Berg on Sunday, April 3, 2016 at 2 P.M. Did you know that Moe Berg, son of Ukrainian Jewish immigrants, was a professional baseball player in the 1930s? He played as a back-up catcher for the Brooklyn Dodgers, Chicago White Sox, Cleveland Indians, and Boston Red Sox. However, Berg’s true claim to fame derived from another aspect of his life: He was a spy for the American Government. Berg was a brilliant linguist who had graduated from Princeton University Magna Cum Laude and thus, while playing exhibition baseball in Japan with the likes of Babe Ruth and Lou Gehrig, Berg was asked by the U.S. military to surreptitiously film Japanese industrial facilities. The footage he brought back proved to be invaluable in America’s war effort in the Pacific, following the Japanese attack on Pearl Harbor.

During the war, Moe Berg performed

a variety of missions in Europe as well. One of his assignments involved a trip to neutral Switzerland, where he was to attend a lecture given by prominent German physicist, Werner Heisenberg. Berg’s orders were to determine if Heisenberg’s nuclear research indicated that the Germans were close to developing an atomic bomb. If they were, Berg’s orders were to kill him.

Please join us as our featured speaker, writer Nicholas Dawidoff, author of the best seller, The Catcher Was A Spy will reveal the rest of the story. Mr. Dawidoff has also authored a number of acclaimed books, one of which was nominated for the Pulitzer Prize in Biography. He is the author of many articles that have appeared in The New Yorker and The New York Times. A Branford Fellow at Yale University, Mr. Dawidoff resides in New Haven. This event is sponsored by the Landwirth Family Fund. All Are Welcome! Free and open to the public. For further information, contact the synagogue at 203-799-6924.

ORANGE CONGREGATIONAL CHURCH EASTER WEEK SCHEDULE

United Church of Christ/205 Meeting House Lane
Holy Week schedule for 2016

- Maundy Thursday**
- March 24, 7:00 p.m. Service of Communion & Tenebrae
 - "A Service of Darkness" as composed by Dale Wood
 - 7 choral meditations on the Last Words of Christ
- Good Friday**
- March 25, 7:00 p.m. Worship in Sanctuary
- Easter Sunday**
- March 27, Festival of Resurrection
 - 6:30 a.m. Sunrise Service at Hannah’s Hill
 - 9:00 a.m. & 11:00 a.m. Worship in Sanctuary
- Palm Sunday**
- March 20, 8:00 a.m. Worship in Chapel



Orange Congregational Church

- 9:45 a.m. Palm Processional - Meet us in the back parking lot to receive your palm and process with bagpipes into the Sanctuary. If you wish not to process please go directly into the Sanctuary.
- 10:00 a.m. Worship in Sanctuary
- 11:30 a.m. Prayer Walk offered by the Confirmation Class

FIRST CHURCH OF CHRIST EVENTS

Join the Rev. Shepard Parsons and your neighbors at the historic First Church of Christ, 5 Meetinghouse Lane, Woodbridge (on the town green) for the following events:

March 20, 10:00 AM Palm Sunday
– Recount the last days of Jesus’ life with seven readings and symbols.

March 24, 7:00 PM Maundy Thursday
– Remember Jesus’ Last Supper and betrayal.

March 25, 10:00 AM Good Friday
– A time of prayer and meditation.

March 27, 6:00 AM Easter – Sunrise service with a light breakfast following.

March 27, 10:00 AM Easter – The story of God’s love for us all made known in the Resurrection of Jesus Christ.

You are welcome! Childcare is provided for Palm Sunday, Maundy Thursday and Easter Sunday Services.

HOLY INFANT GUILD TO HOLD ANTIQUES APPRAISAL DAY

The Holy Infant Church Women's Guild is having an Antiques Appraisal Day on Sunday, April 24. It will begin at 2:00 pm in the school gym at 450 Racebrook Rd. Experts will be available

to appraise your collectibles, antiques, jewelry, art. The cost is \$10 per item, or \$25 for three items. Find out if your item is trash or a treasure! For more information, call (203)799-2379.

HOUSES OF WORSHIP EVENTS

CONGREGATION OR SHALOM EVENTS

205 Old Grassy Hill Road • Orange, T 06477 • 203.799.2341 • www.orshalomct.org

Weekly Services

Minyan Services: Sunday 9:00 AM;
Monday 7:30 AM; Thursday 7:30 AM
Healing Circle: Wednesday 7:30 AM
Shabbat Services: Friday 7:00 PM;
Saturday 9:30 PM

Coffee & Learn With the Rabbi

This is an hour long meeting led by the Rabbi on a wide variety of issues held every Wednesday from 11AM to Noon, The first born child, Civil disobedience. Sexual deviancy, The meaning of Tefillin, Biblical jurisprudence, Miracle, The tribe of Cohen, Jealous, Humility, and Religious change.

Krav Magna

Monday, March 7, 2016, 6:30 pm

Sisterhood will be sponsoring Introduction to Alpha Krav Maga - A Basic Self Defense Seminar held by Northeast Regional Training Center for Alpha Krav Maga International. Community Welcome - \$10.00 at the door - RSVP to Sisterhoodorshalom@gmail.com.

Adult Education Movie

Sunday, March 13, 2016, 2:00 pm

Gett: The Trial of Viviane Amsalem
An Israeli woman fights for three years to obtain a divorce from her devout husband who refuses to grant his permission to dissolve the marriage.



Congregation Or Shalom

Purim Carinal

Sunday, March 20, 2016, 10:30 am

Come enjoy the morning filled with games, prizes, and a moon bounce food and fun. \$5.00 gets you all the fun, food additional.

Purim Megillah Reading

March 23, 2016 7:00 pm

Zumba Gold at Or Shalom

Congregation Or Shalom announces the continuation of ZUMBA GOLD on Tuesday and Thursday nights at 7 PM. ZUMBA Gold is an easy to follow dance movement program that incorporates music from every decade to create an upbeat and fun exercise class. Burn lots of calories, meet new friends, and have a blast. No experience needed and classes are on a drop-in basis. Contact Robin at zumbarobin@gmail.com or call 203-314-8176 or temple office at 203-799-2341.

UPCOMING EVENTS AT TEMPLE EMANUEL

The Adult Education committee at Temple Emanuel has prepared an exciting Scholar-in-Residence weekend, "Mediterranean Mosaic: Three Vignettes of Jewish Life and Culture," scheduled for March 11-13. Registration is required – details are posted on the TE website. Highlights of the Weekend of Jewish Learning include:

March 11 at 5:30 pm – Tot Shabbat, followed by Shabbat dinner at 6 pm and a Kabbalat Shabbat service featuring a presentation by Olga Markus: "My Israel: A Land of Miracles, Inspiration and Complexity"

March 12 at 10:30 am - a presentation by Liran Yadgar: "The Jewish Game of Hearts: Judah HaLevi's Voyage from Spain to the Holy Land," followed by a dairy luncheon at noon

March 13 at 10:00 am - bagel brunch, followed by a presentation by Dr. Philip Balma: "Hiding in Plain Sight: Italian Jews in Mussolini's Film Industry (and Beyond).

On Saturday, March 26 at 7 pm,

Temple Emanuel presents an adult Purim event: Margaritaspiel! This laid-back Purim celebration, created by the Chasen family and performed by members of TE, features songs with a Jimmy Buffet vibe accompanied by the TE Reefers Band. A beach-themed party will follow. Costumes are strongly encouraged. Tickets will be available at the door, but registration in advance is preferred – please see the TE website for details.

Finally, on Friday, April 22, Temple Emanuel will host a community seder, led by Rabbi Michael Farbman. You do not need to be a member of TE to participate, but registration is required – please see the TE website for complete information.

To register and for more information about these and other events, celebrations and services at Temple Emanuel, please go to the TE website: www.templemanuel-gnh.org, or call the temple office at 203-397-3000. Temple Emanuel is located at 150 Derby Avenue in Orange.

ANNOUNCEMENTS FOR CONGREGATION B'NAI JACOB

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Upcoming Events

Kosher Wine Tasting with Larissa Nahari from The River

Thursday March 17th at 6:30 p.m.

The River is a NY kosher wine distributor. Come and enjoy hors d'oeuvres while you taste and learn about Israeli, California, and Italian wines. Wine is available to order. Free event, please RSVP.

Poetry and Medicine: Two Threads of the Jewish Tapestry

Saturday, March 19th Following Kiddush

Cardiologist and CBJ member, Dr. Zaret will read a series of his poems, both published and new, dealing with themes of Judaism, healing and medicine. Their thematic relationships to each other and the rich past of Jewish and physician poets will be discussed.

The American Dream led by Rachel Ranis

Sunday, April 3rd at 10:00 am

Rachel teaches Sociology at Quinnipiac University, currently on "life in the cultures of the pluralistic American community". She will explore with us the question of whether the American Dream is still meaningful and what this means for American Jewry.

Special Services

Family Shabbat

Saturday March 12th at 10:15 a.m.

Students will lead the 'junior congregation' service and learn to read Torah. This will be a fun, dynamic service and a great way to gain familiarity with the Shabbat service.

Congregation B'nai Jacob's

Annual Purim Celebration

Wednesday, March 23rd at 5:30 p.m.

- 5:30-6:30pm Family Megillah Reading
- 6:30-7:30pm Purim Celebration & Dinner (Costume parade, games, crafts, & hamantaschen)
- 7:00-8:00pm Full Megillah Reading
- 8:00pm Adult Shpiel "The Late Show with Benny Jacobs"

Ongoing Learning

Monday at 7:30 p.m. Maimonides: Life and Thought with Rabbi Shapiro

March 7, 14, 28; April 4, 11, 18.

Every Week

Bread & Torah – Every Saturday at 9:00 a.m. (Except when Shir Hadash occurs). Come learn parshat hashavua (the weekly torah portion) over bagels and coffee in the library with Rabbi Shapiro before 9:45 a.m. services.

Mah Jong & Canasta – Every Tuesday & Wednesday. Anyone can come in and play. We will be offering coffee "and" but feel free to bring a dairy lunch. Please call to reserve a table.

Daily Minyan – As a reminder, daily minyan is at 7:45 a.m. & 6:00 p.m. and Sunday morning minyan is at 9:00 a.m. Friday night services are at 6:30 p.m. and Saturday at 9:45 a.m.

Gan Haya'el Sundays at 9:30 a.m.

[During Religious School] – This is for three- and four-year olds and is a "drop off" experience. The curriculum is a play-based Judaic program, taking advantage of our long history of providing a warm, caring environment in which children can develop social skills while also learning about Jewish holidays, traditions and values.

All programs are open to the public. RSVP required when indicated.

‘GETT: THE TRIAL OF VIVIANE AMSALEM’

Coming to Congregation Or Shalom

The movie "Gett: The Trial of Viviane Amsalem" is coming to Congregation Or Shalom, 205 Old Grassy Hill Road, Orange, on Sunday, March 13, at 2:00 p.m. The film is a 2015 Israeli drama starring Ronit Elkabetz.

Gett concerns an Israeli woman who is seeking to finalize her divorce from her cruel and manipulative husband and finds herself effectively put on trial by her country's religiously-based marriage

laws. This riveting drama is directed by siblings Shlomi and Ronit Elkabetz, who is also one of Israeli cinema's most acclaimed actresses.

In Israel there is neither civil marriage nor civil divorce; only rabbis can legalize a marriage or its dissolution, which is only possible with the husband's full consent.

All are welcome. Free and open to the public.

UPCOMING EVENTS AT ANSONIA NATURE CENTER

10 Deerfield Lane, Ansonia, CT 06401 • 203-736-1053 • ansnaturectr@ansoniac.org

Illustrate Aesop's Fables

Saturday, March 12, 2 pm, includes free book, "The Fox and the Stork."

Join children's book illustrator and Nature Center Ranger Amie Ziner, as she guides you through illustrating an Aesop's Fables story, using the Nature Center's real animal specimens. Easy step-by-step instruction will help you create an acrylic painting, featuring animals, nature, and a lesson in each story! Appropriate for people with some painting experience, ages 8 to adult, who are able to follow the instruction with some supervision. At the end of each 2-hour class you will have a page for your book, including the text of the story. FREE, Aesop's Fables book.

A Place Called Hope: Live Raptors

Sunday, March 13, 2 pm

Join A Place Called Hope, a raptor rehabilitation and education center, as they share four birds of prey for an all-ages presentation. This will be an up-close and personal encounter with a hawk, a falcon, and two owls. Learn ways that you can actually help lessen conflicts wildlife may encounter in your own backyards. This interactive presentation will last 1 hour. Cameras are encouraged. FREE, but donations will be accepted. Please pre-register.

Owl Prowl

Friday, March 18, 6 pm

"Whoooo" wants to join us for this night hike? Learn about owls' amazing adaptations while we stroll through our woodland trails listening for the Nature Center's nocturnal inhabitants. Quiet is the key, so this program is geared for 8 year olds and up. The hike will be 1.5 miles on uneven terrain. Please wear appropriate clothing and foot gear, and call to register, as space is limited. FREE.

Bluebirds In The Field

Saturday, March 19, 2 pm

The Nature Center is proud to be a refuge for many native and migratory bird species. Located on our property are a number of boxes that we build to ensure these birds have a safe and comfortable place to call home. Join Ranger Dan in the construction and placement of three bluebird boxes for one of our wetland fields. FREE.

Spring Equinox Drumming

Saturday, March 19, 6 pm

Let's wake up the earth gently as we make music together by the fire. Bring your own drums and musical instruments. Dress for the outdoors. Adults

and supervised children are welcome. Admission is a canned good for Spooner House. Please pre-register.

Ansonia Community Organic Garden Plot

Sunday, March 20, 11 am

Have you always wanted to grow your own vegetables but don't have enough property or sun for your own garden? No worries—the Nature Center has plenty of fertile spots in full sun just for you. Sign up for your own garden plot with ACOG President Pat Evans. We will meet at the Nature Center's visitor center and walk to the organic gardens.

Illustrate Aesop's Fables

Saturday, March 26, 2 pm, includes free book, "The Lion and the Mouse"

Join children's book illustrator and Nature Center Ranger Amie Ziner, as she guides you through illustrating an Aesop's Fables story, using the Nature Center's real animal specimens. Easy step-by-step instruction will help you create an acrylic painting, featuring animals, nature, and a lesson in each story! Appropriate for people with some painting experience, ages 8 to adult, who are able to follow the instruction with some supervision. At the end of each 2-hour class you will have a page for your book, including the text of the story. FREE Aesop's Fables book.

Art Painting Party Fundraiser

Saturday, April 2, 3–5 pm

The Ansonia Nature Center and FANCI will host an art class fundraiser for "The Playground Fund 2016" at Kokopelli music and arts center in Seymour. Join us for an afternoon of music and painting. All art materials provided. Bring your own beverage, snacks and your enthusiasm. Leave with a wild painting and a warm feeling. FEE: \$30 per person. Please register at www.kokopellimusicandarts.com. Wine and Easel, 2016 classes, class size limited to 35 participants.

Spring Term Junior Rangers

Open registration; program begins Thursday, April 14, at 3:30–5 pm, for 8 weeks ending June 9th

Calling all children 11 to 14 years old who love nature! Has your child wanted to work with animals, garden, help maintain our trails, and help with special events? This is the opportunity to help the Nature Center in our 8-week after-school program. Parental permission is required. Class size is limited; this class fills up fast! FREE.

DOLLAR\$ AND \$EN\$E

TAXES AND INVESTMENTS

By Roberta L Nestor

Imagine if your Doctor sent you to see a specialist and the specialist put you on medication but neglected to inform your primary physician? Then, when you go back to your primary he doesn't ask about the visit to the specialist and is unaware of your new medications. When one specialist doesn't talk to another, it puts you at risk. The same is true with your investments and your taxes, lack of tax advice when it comes to your investments can be very costly to you, the taxpayer.

When you think about it, nearly everything you do with your investments impacts your taxes. Contributions to your retirement plans, 529 College Savings Plans, premiums paid for long term care insurance, management fees you may pay your financial advisor, converting traditional IRAs to ROTH IRAs, non-deductible or deductible IRA contributions, IRA transfers and withdrawals, rollovers and inherited IRAs...the list goes on and on.

These are common pitfalls when your financial advisor doesn't communicate with your tax advisor and when your tax advisor doesn't communicate with your financial advisor.

You have been contributing to a ROTH IRA each year and haven't ever told your tax preparer since it isn't part of your tax return. It comes up in conversation and your tax preparer informs you that you are ineligible to make ROTH contributions because your AGI exceeds IRS limits. Outcome: Excess contributions to a traditional IRA or ROTH IRA that are not withdrawn before April 15th will incur a 10% penalty on the entire excess contribution in addition to taxes on any earnings.

Your financial advisor believes you are over-weighted in tax deferral and recommends you change your 401k contributions to be 100% ROTH instead of continuing pre-tax contributions. You agree and make the change. Next year, when you get your taxes prepared, your tax advisor informs you that owe a substantial amount of money to the IRS because you never adjusted the amount being withheld for federal taxes.

You have your taxes done and unexpectedly owe federal tax. Your tax preparer tells you it is because of the mutual funds you own. Your financial advisor should explain the difference in taxation between ordinary dividends and qualifying dividends, as well as taxation on capital gain distributions and realized capital gains. Your investments could be adjusted to be more tax efficient, but nothing will change unless your tax

advisor communicates the specifics to your financial advisor.

Each year for the past 5 years you have contributed \$10,000 to the CHET 529 College Savings Plan for your grandchild and you are the owner of the account. Your tax advisor, knowing you do not have college age children does not ask if you have made any CHET 529 contributions. Contributions to the CT CHET 529 plan are deductible on your CT state income tax return, up to a maximum of \$10,000.

You inherit an IRA account and your financial advisor puts the IRA into a beneficial IRA account for you. You receive a tax document that shows the transfer and give it to your tax preparer and they ask if you took the Required Minimum Distribution (RMD). You don't remember taking a withdrawal and you never received a 1099. Your tax preparer informs you of the steep IRS penalty you will incur for not taking out the RMD. The penalty is 50% of the amount you should have withdrawn. Note that Inherited ROTH IRAs also have IRS requirements for required withdrawals, even though they are not taxable, they are still subject to the penalty if you don't take out your RMD.

All of these situations are less than ideal and in some form will result in money coming out of your pocket. What can you do? Insist on collaborative planning and communication between your financial professionals. See your financial advisor before your tax appointment and make sure you have the needed documents and information on any transactions you may have made that affect your income tax return. After tax season, you might want to sit down with your tax preparer and ask if they have any recommendations or changes you should consider with your investments that would benefit you on your taxes.

Roberta L. Nestor is a financial advisor practicing at 491 New Haven Avenue in Milford, CT offering retirement, long term care, investment and tax planning services. She also offers securities and advisory services as an Investment Adviser Representative of Commonwealth Financial Network – a member FINRA/SIPC and a Registered Investment Adviser. Fixed insurance products offered through Nestor Financial Network are separate and unrelated to Commonwealth. Commonwealth Financial Network or Nestor Financial Network does not provide legal or tax advice. You should consult a legal or tax professional regarding your individual situation. Roberta can be reached at Nestor Financial Network, 203-876-8066 or roberta@nestorfinancial.com.

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ENTERTAINMENT

TOP 10 MOVIES

1. **Deadpool (R)**
Ryan Reynolds, Morena Baccarin
2. **Kung Fu Panda 3 (PG)**
animated
3. **Risen (PG-13)**
Joseph Fiennes, Tom Felton
4. **The Witch (R)**
Anya Taylor-Joy, Ralph Ineson
5. **How To Be Single (R)**
Dakota Johnson, Rebel Wilson
6. **Race (PG-13)**
Stephan James, Jason Sudeikis
7. **Zoolander 2 (PG-13)**
Ben Stiller, Owen Wilson
8. **Star Wars: Episode VII -- The Force Awakens (PG-13)**
Daisy Ridley, John Boyega
9. **The Revenant (R)**
Leonardo DiCaprio, Tom Hardy
10. **Hail, Caesar! (PG-13)**
Josh Brolin, George Clooney

TOP 10 VOD

1. **Spectre (PG-13)**
Daniel Craig
2. **Bridge of Spies (PG-13)**
Tom Hanks
3. **The Martian (PG-13)**
Matt Damon
4. **The Intern (PG-13)**
Robert De Niro
5. **Love the Coopers (PG-13)**
Steve Martin
6. **The Last Witch Hunter (PG-13)**
Vin Diesel
7. **Straight Outta Compton (R)**
O'Shea Jackson Jr.
8. **Goosebumps (PG)**
Jack Black
9. **Crimson Peak (R)**
Mia Wasikowska
10. **Burnt (R)**
Bradley Cooper

1. Name the group that released “Love You Inside Out.”
2. Petula Clark, Dee Sharp and Amy Grant all released a cover of which 10cc original?
3. Who were Gary Troxel, Gretchen Christopher and Barbara Ellis?
4. What duo released “If I Loved You” in 1965?
5. Name the song that contains this lyric: “Though it’s been a while now, I can still feel so much pain, Like a knife that cuts you, the wound heals, but the scar, that scar remains.”



Answers 1. The Bee Gees, in 1979. It was the group's sixth consecutive chart-topping single, bumping Donna Summer's "Hot Stuff" from the No. 1 spot. 2. "I'm Not in Love." The song has been widely covered, most recently by Canadian singer Diana Krall. 3. They were the original members of The Electric Blues, first recorded in 1959. Their hits included "Come Softly to Me," "Mr. Blue," and "Tragedy." 4. Chad & Jeremy. The song was from the 1945 musical "Carousel." 5. "Every Rose Has Its Thorn," a No. 1 hit by Poison in 1988. Songwriter Bret Michaels said he wrote it in response to overhearing a male voice when he called his girlfriend. He wrote the song in a laundromat.

SPORTS QUIZ

By Chris Richcreek

1. In 2009, the Los Angeles Dodgers set a record by winning their first 13 home games of the season. Who had held the modern-day mark of 12?
2. In 2015, Eduardo Rodriguez (22) became the youngest Red Sox starting pitcher since 1967 to win his major-league debut on the road. Who was it in '67?
3. Name the last NFL defensive lineman before Houston's J.J. Watt in 2014 to have at least five touchdowns in a season.
4. When was the last time before 2015 that the Iowa Hawkeyes men's basketball team won an NCAA Tournament game?
5. Name the last NHL goalie before Montreal's Carey Price (2014-15) to win the Hart (MVP) and Vezina (top goaltender) trophies in the same year.
6. When was the last time a CONCACAF Gold Cup men's soccer final did not have either Mexico or the U.S. as one of the teams?
7. In 1976, the U.S. Olympic team featured Michael and Leon Spinks and Sugar Ray Leonard, but another American won the award for top boxer. Who was it?

Answers 1. The Detroit Tigers, in 1911. 2. Billy Rohr, at 21 years old. 3. Chicago's Connie Mack Berry, in 1944. 4. It was 2001. 5. Montreal's Jose Theodore, in the 2001-02 season. 6. It was 2000. 7. Light-weight boxer Howard Davis.



Saoirse Ronan in “Brooklyn”
[Fox Searchlight Pictures]

EDITOR’S NOTE: DVDs reviewed in this column are available in stores the week of March 14, 2016.

PICKS OF THE WEEK

“Brooklyn” (PG-13) -- As a quiet Irish girl in a quiet, windswept coastal town in the south of the country, Eilis (Saoirse Ronan) is driven to America more by circumstance than wanderlust. She arrives in New York in the early 1950s, and immediately struggles with homesickness and alienation. Eilis -- and the world she inhabits -- seem to change after finding romance with a charming Italian boy (Emory Cohen). Just when she’s starting to feel at home, Eilis is called back to Ireland, meets another suitor (Domhnall Gleeson) and must decide which life she wants to live.

What needs to be said upfront is that the story is more than its love triangle. Ronan shows Eilis’s growth in deep ways with the right volumes of

sadness and strength, fear and hope. The film was nominated for three Oscars, including best picture, best actress in a leading role and best adapted screenplay (it was a novel first.)

“The Big Short” (R) -- There were a few people who saw the financial crisis of 2007-08 coming, and with no power to stop it, mitigate it or credibly warn the public, they used that foresight to make tons of money. An all-star ensemble hilariously depicts the characters swimming in the sharky waters of Wall Street, all occupying different positions on the moral spectrum -- Steve Carrell’s character knows he’s about to make money while others are ruined, Ryan Gosling’s character just wants the payday already. Brad Pitt and Christian Bale inhabit their characters, portraying nuanced fish in the murky pool.

It is alarmingly funny -- funnier than any reality-based film about a financial crisis would have the right to be. It works, however. Director Adam McKay (“Anchorman,” “Talladega Nights”) ditches the screwball comedy lens, and finds a snarkier tone that make can make a fun little spiel out of investment voodoo. This one’s got five Oscar nominations, including best picture, director, adapted script and supporting actor.

“Carol” (R) -- Cate Blanchett stars as the titular Carol, an elegant and confident married woman, smartly dressed and chic for the 1950s. Mostly, we see her through the lens of Therese (Rooney Mara), a somewhat timid younger shop girl who forms a quick and difficult-to-understand attraction to Carol when they first meet. For much of the film, their connection is felt but not seen -- it’s in tiny glances, a slight touch, chit-chat that barely qualifies as flirtatious -- but it’s really there, just covered by layers of drama and social stigma. It’s gathered six nominations, including ones for both Blanchett and Mara.

Sudoku answers on page 28

Weekly SUDOKU

by Linda Thistle

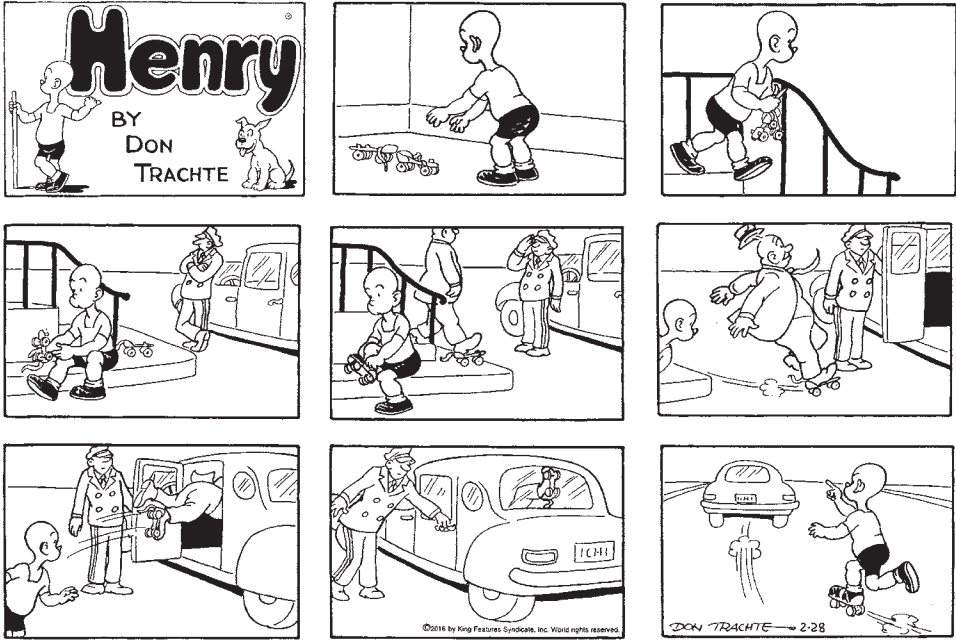
	5	6	2					1
4				9			3	
		1			8	5		
		4			2		6	
9			7			4		
	2			8			5	9
1			5				7	
		2		4	1	3		
	6			3				4

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★★

★ Moderate ★★ Challenging
★★★ HOO BOY!

COMICS/CROSSWORD/HOLLYWOOD



The Spats



King Crossword

ACROSS

- 1 Relative of reggae
4 Crazy
8 Reed instrument
12 Snapshot
13 Jacob's twin
14 Thwart
15 Brewery product
16 Cascade
18 Wander off
20 Witness
21 Corn eaters' castoffs
24 Unforeseen problems
28 Napoleon's downfall
32 Plummet
33 Historic period
34 "Smallville" family
36 — Khan
37 Roseanne of comedy
39 1998 Sandler movie, with "The"
41 Censorial sound
43 Classic theater name
44 Shell game item
46 Furlough
50 Nixon-era scandal
55 Fleur-de- —

1	2	3	4	5	6	7	8	9	10	11
12			13				14			
15			16				17			
18			19			20				
21			22	23		24		25	26	27
28	29	30				31		32		
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37			38		39			40		
41				42		43				
44				45		46		47	48	49
50	51	52				53	54		55	
56				57				58		
59				60				61		

DOWN

- 1 Resorts
2 Bagpiper's attire
3 Big name in PCs
4 The Big Apple
5 Mex. neighbor
6 Skin art, for short
7 Seeks restitution
8 Insult
9 Feathery neckpiece
10 Lubricate
11 Right angle
17 In medias —
19 Expert
22 Huffed and puffed
23 Echolocation method
25 Bedouin
26 Energetic
27 Fix, in a sense
28 "Dragnet" star
29 Uzbekistan sea
30 Container
31 Director
35 Neuter
38 Say again
40 "Catcher in the —"
42 Apiece
45 Taj Mahal city
47 Charitable donations
48 Test tube
49 Catch sight of
50 Bankroll
51 Exist
52 Can material
53 Have a bug
54 Upper surface

HOLLYWOOD

By Tony Rizzo

HOLLYWOOD -- Kudos to film producer Jennifer Nelson, who while making a documentary about the song "Happy Birthday," decided to sue Warner/Chappell instead of paying a \$1,500 royalty fee. Warner expected to make upward of \$14 million in the next 15 years from the royalties, but instead gave up the fight. By agreeing to settle, Warner avoided a costly trial and didn't risk punitive damages from collecting licensing fees it may not have had the rights to collect. Warner will pay defendants to the tune of \$4.62 million, a small portion of the estimated \$50 million it has collected in fees over the years it claimed the rights, not to mention the interest fees that money brought. But don't cry for Warner/Chappell, it's already blamed its operating loss on the expenses related to the "Happy Birthday" settlement.

J.J. Abrahms has been busy producing "Star Wars: The Force Awakens," doing pre-production on "Star Wars: Episode VIII" for a December 2017 opening and developing "Star Wars: Episode IX," set for May 2019. He's also got "10 Cloverfield Lane," a blood relative of his 2008 film "Cloverfield" in which a woman (Mary Elizabeth Winstead) wakes in a cellar after a car crash and is told by a survivalist (John Goodman) that he saved her life and a worldwide chemical attack has left the earth uninhabitable. Abrahms is currently putting the finishing touches on "Star Trek Beyond" for a July 22 opening.

In his spare time, he has helped director Don Coscarelli restore one of his favorite films, the 1979 classic horror film "Phantasm," from a 35 mm camera negative to 4K (Ultra HD). Now the current



Elizabeth Taylor

generation of film fans can enjoy all five films in the "Phantasm" series, including the recently completed "Phantasm Ravager," which will be released sometime this year. Angus Scrimm, the scary Tall Man who chased brothers (played by Bill Thornbury and A. Michael Baldwin) throughout the film, passed away Jan. 9 at the age of 89. Bill Thornbury married a lovely nurse and moved to Northern California, and A. Michael Baldwin has been teaching acting in Austin, Texas, for the past 10 years. Reggie Bannister and Kathy Lester, from the original film, returned for this latest one.

Congratulations are in order for me after my highly successful showing of photographs I've taken of Michael Jackson, Marlene Dietrich, Grace Kelly, Jackie Kennedy, Cher, Audrey Hepburn, Presidents Richard Nixon, Ronald Reagan and Gerald Ford, Sophia Loren, Mick Jagger, Elizabeth Taylor, Frank Sinatra, Marilyn Monroe and Elvis Presley, to name some. You can view them on the gallery website at fineart-vortex.com and scroll down to my name. Hope you like what you see, and that's no joke!

Visit our website at www.WoodbridgeTownNews.com



King Crossword Answers on Page 28



American Red Cross

DONATE BLOOD DURING RED CROSS MONTH

During Red Cross Month in March, the American Red Cross invites individuals to become everyday heroes by giving blood. March has been recognized as Red Cross Month by every U.S. president since 1943. Red Cross Month is a celebration of supporters who are the face of the Red Cross in their communities, helping to prepare for and bringing help and hope after emergencies.

Heroes of all blood types are needed to ensure a sufficient blood supply this spring. The Red Cross must collect approximately 14,000 blood and platelet donations every day for patients.

Make an appointment to donate blood by downloading the free Red Cross Blood Donor App, visiting redcrossblood.org or calling 1-800-RED CROSS (1-800-733-2767). There will be a blood drive in Orange on March 30, 2016 from 11 a.m. - 4:30 p.m., High Plains Community Center, 525 Orange Center Road.

How to donate blood: Simply down-

load the American Red Cross Blood Donor App, visit redcrossblood.org or call 1-800-RED CROSS (1-800-733-2767) to make an appointment or for more information. A blood donor card or driver's license or two other forms of identification are required at check-in. Individuals who are 17 years of age (16 with parental consent in some states), weigh at least 110 pounds and are in generally good health may be eligible to donate blood. High school students and other donors 18 years of age and younger also have to meet certain height and weight requirements.

Blood donors can now save time at their next donation by using RapidPass to complete their pre-donation reading and health history questionnaire online, on the day of their donation, prior to arriving at the blood drive. To get started and learn more, visit redcrossblood.org/RapidPass and follow the instructions on the site.



DEATH NOTICES

Woodbridge Town News

DEATH NOTICES

The Woodbridge Town News will publish Death Notices for Woodbridge families free of charge as a service to our readers. Family members please email notice (limit 250 words, please) to: edit@woodbridgetownnews.com

CLASSIFIED ADS START AT JUST \$20!

Call 203-298-4399 for more information.

— King Crossword —

Answers

Solution time: 25 mins.

S	K	A		N	U	T	S		O	B	O	E	
P	I	C		E	S	A	U		F	O	I	L	
A	L	E		W	A	T	E	R	F	A	L	L	
S	T	R	A	Y				S	E	E			
				C	O	B	S		S	N	A	G	S
W	A	T	E	R	L	O	O		D	R	O	P	
E	R	A		K	E	N	T	S		A	G	A	
B	A	R	R		W	A	T	E	R	B	O	Y	
B	L	E	E	P		R	O	X	Y				
				P	E	A			L	E	A	V	E
W	A	T	E	R	G	A	T	E		L	I	S	
A	R	I	A		R	I	O	S		M	A	P	
D	E	N	T		A	L	P	S		S	L	Y	

— Weekly SUDOKU —

Answer

3	5	6	2	7	4	9	8	1
4	7	8	1	9	5	6	3	2
2	9	1	3	6	8	5	4	7
8	1	4	9	5	2	7	6	3
9	3	5	7	1	6	4	2	8
6	2	7	4	8	3	1	5	9
1	4	3	5	2	9	8	7	6
7	8	2	6	4	1	3	9	5
5	6	9	8	3	7	2	1	4

Woodbridge Town News

PLACE YOUR CLASSIFIED AD

Classified ads are \$20 for up to 20 words.
Each additional word is 50 cents.
All ads must be prepaid. All ads are subject to approval.
Send a copy of your ad and check payment to:
Woodbridge Town News, P.O. Box 1126, Orange, CT 06477

Woodbridge Town News

HELP WANTED

BE A PART OF OUR TEAM! - We have part-time positions available; sales and company mascot. We're looking for self-motivated team players. Candidates must have flexible schedules and be available evenings and weekends. If interested contact Joe Gradia at 203-712-1305 or email at jgradia@hawleylaneshoes.com.

Woodbridge Town News

SERVICES

A.D. MASONRY - New construction or repair. Brick, block, stucco, stone, chimneys, walks, or patios. CT Registered - Insured. Phone 203-795-4527 or visit our website at: www.crofut.com/a.d.masonry/.

ACADEMIC TUTORING AND EXAMINATION PREPARATION
Middle and High School Students:
Pre-algebra, algebra, economics and geometry
SSAT, ISEE, PSAT, ACT, SAT, GED, and ASVAB exams
Time management and study skills
College applications and essays
College and Graduate School Students:
All accounting, economics and finance courses
Writing projects, papers, case studies and resumes
Professional Licensing / Examinations:
CPA, EAS, TEAS, and Praxis Core (math, reading and writing)
FINRA Securities Licensing: Series 7, 63, 65, 66 and 79
Email: ddubinsky.nva@gmail.com, or call: David at: (203) 219-1698

CAMBRIDGE UNIVERSITY CELTA CERTIFIED ENGLISH LANGUAGE TUTOR
OISS ECG Leader, Yale University and English Tutor K-12. ESL specialist for Multinational Students, Professionals and Adults. worldwithwings@yahoo.com

- Grammar, reading, papers and conversation practice
- Presentations, editing and interview preparation
- In-person and online sessions available

Woodbridge Town News

FOR RENT

WOODBIDGE - THANK YOU! We are fully occupied and taking names for our waiting list. One and Two Bedroom. Applicants must be 62 or older or disabled. One Bdrm-\$1028/mo; Two Bdrm-\$1091/mo including all utilities. Off street parking, on-site laundry, gardens, courtyard, on busline, handicapped accessible. CHFA Financed. EHO. Gibson Assoc., Inc. 175 East Mitchell Ave, Cheshire, CT 06410. Ph: 203-272-3781. TDD 1-800-545-1833 Ext 165.

Woodbridge Town News

WANTED

WANTED - Art, Clocks, Coins, Dolls, Estate Jewelry, Military, Silverware, Trains, Gold, Silver, etc. Call Joseph & Carol Ferry Antiques at 203-795-4644.

Woodbridge Town News

DONATIONS WANTED TO HELP COLUMBUS HOUSE END HOMELESSNESS.
Donate your gently used furniture, clothing, housewares, and just about anything else to Helping Hands instead of "that other Thrift Store" and the proceeds will benefit Columbus House. Drop off at 334 Boston Post Road, Orange or call (203) 782-4800 for Furniture Pickup.

Woodbridge Town News

All real estate advertising in the Woodbridge Town News is subject to the Federal Fair Housing Act, which makes it illegal to advertise any preference, limitation or discrimination based on race, color, religion, sex, handicap, familial status or national origin, or an intention to make any such preference, limitation or discrimination. Familial status includes children under the age of 18 living with parents or legal custodians, pregnant women and people securing custody of children under 18. The Woodbridge Town News will not knowingly accept any advertising for real estate which is in violation of the law.

WOODBIDGE LIBRARY

WOODBIDGE TOWN LIBRARY
EVENTS IN MARCH & APRIL

Adult

Self Defense Workshop
with Family Martial Arts
and Fitness of Cheshire
(ages 14 and up)

Saturday, March 12 @ 1 pm

Learn real world self-defense for the average person. Learn the psychology of attackers and how to use your body weight to defeat them. This is a hands-on workshop so please wear comfortable clothes. Please register online, at the Circulation Desk, or by phone at 203-289-3433.

Poetry Series with
Dr. Schenker

Tuesdays, April 5 and May 3 @ 7pm

April is National Poetry Month and Dr. Mark Schenker, Senior Associate Dean at Yale College, will be discussing two contemporary American poets: Billy Collins (b. 1941) in April and Rita Dove (b. 1952) in May. Each has won numerous literary prizes, and each has been the U. S. Poet Laureate for two terms (Dove in 1993-1995 and Collins in 2001-2003). Please register online, at the Circulation Desk, or by phone at 203-289-3433.

Connecticut Beer: A
History of Nutmeg State
Brewing with Will Siss

Thursday, April 14 @ 7pm

Join Will Siss, author of Connecticut Beer: A History of Nutmeg State Brewing for a presentation on the history of brewing beer in Connecticut. Siss will share highlights of his book with us and fun facts about beer in the Nutmeg State and also lead a beer tasting. This program is for ages 21 and up. Please register online, at the Circulation Desk, or by phone at 203-289-3433.

Honey Sweetened Chocolate
Class with Sharyn Farrell

Monday, April 18 @ 7pm

Just 3 ingredients and 20 minutes will get you some of the most decadent chocolate ever. This is a demonstration class. We will show you how to combine raw honey, cocoa and coconut oil for a rich and delicious treat, anytime. You will also learn some phenomenal recipe variations, like peanut butter swirl, Himalayan salted feast, chocolate crisp, s'mores in the middle, and more! Even night-time carob dreams! You will also learn a few of the wonderful health benefits of coconut oil, raw honey, raw

cocoa. Samples are included in this class. 100% raw honey, rich cocoa and recipe guide will be available for purchase, so you can go home and make it yourself in the comfort of your own kitchen! Please register online, by phone, or at the Circulation Desk.

Film Screenings

Brooklyn

Thursday, March 24 @ 7pm

PG-13. 1 hr and 51 minutes. An Irish immigrant lands in 1950s Brooklyn, where she quickly falls into a romance with a local. When her past catches up with her, however, she must choose between two countries and the lives that exist within.

The Big Short

Thursday, March 31 @ 7pm

Rated R. 2hr and 10 minutes. Four denizens in the world of high-finance predict the credit and housing bubble collapse of the mid-2000s, and decide to take on the big banks for their greed and lack of foresight.

Children and
Teen Programs

Kung Fu Panda Party

Saturday, March 12 @ 2pm grades K-3

Come to the library for an afternoon of Kung Fu games, books, a treasure hunt, and more. Please register online.

Eager Readers Book Group

Monday, March 14 @ 6:30
@ 6pm grades K-2

Read Finding Spring by Carin Berger and join us for a book discussion and craft. Copies are available at the library. Please register at the Children's Desk when you check out a copy of the book.

Irish-themed Storycraft

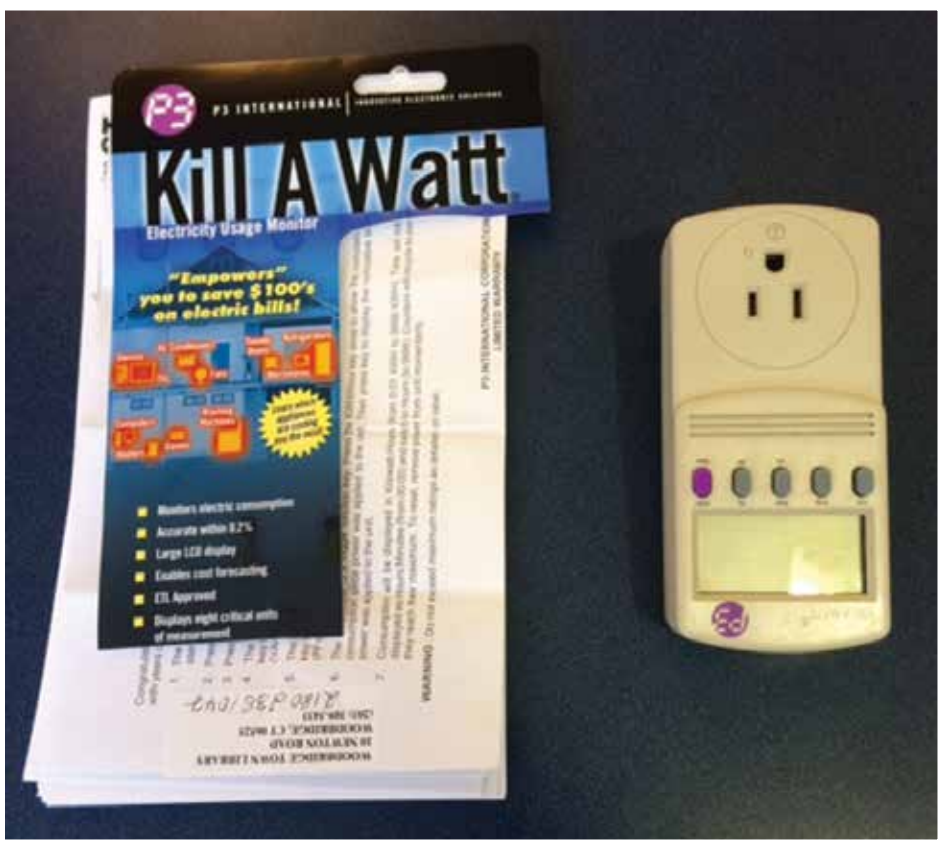
Tuesday, March 15 @ 6:30pm
grades K and up

No registration required. Please arrive on time!

Snap To It! Snap
Circuits Workshop

Saturday, March 26, 2016 at 2
pm For grades 4 and up

Have a blast learning about electricity! Use Snap Circuits to explore the basics of electricity while you build exciting projects such as a fan launcher, a space battle sound-effect generator, a radio and more! No experience necessary. Please register online.



WOODBIDGE RESIDENTS
CAN KILL A WATT

Woodbridge residents can now learn how much energy they are spending on their appliances. Five Kill-a-Watt meters are available for check out at the Woodbridge Town Library thanks to the Woodbridge Ad Hoc Energy Advisory Task Force—Lisa Connor, Lor Ferrante Fernandes and Paul Rossi—and Energize CT.

The Ad Hoc Energy Advisory Task Force is committed to educating Woodbridge residents about how to reduce their energy usage. "This device can help residents get a handle on their electric usage," said Task Force Chair Lisa Connor. "They can see how unplugging appliances when they're not in use

or upgrading to more energy efficient models will impact energy consumption and costs."

To use a Kill-a-Watt meter, plug it into the wall and then plug the appliance into the meter for a day. At the end of the day the meter will tell you how many kilowatt hours the appliance used. To see how much that appliance is costing you per day, month or year simply multiply that number by the electric rate shown on your bill.

"I'd like to thank the Energy Advisory Task Force for their continued work to educate our residents about how to save energy and money," said First Selectman Ellen Scalettar.

LOCAL SPORTS



The Amity Varsity Dance team competed Saturday, February 19 at the Fairfield Ward Dance Competition. They competed in the Pom and Kickline Division, and took first place in both. The girls will compete at the State competition Saturday, February 27 in Hamden.

Wine Talk

With Ray Spaziani



HOLIDAY WINES

Easter is the celebration of new life and rebirth. Many times its timing coincides with Passover, and each marks the first feast of spring after many cold winter nights. Many families today observe traditions from more than one religion. The wider your circle of friends, the higher the likelihood you may be invited to share in a meal that memorializes events from Biblical times. There are many examples of wine being enjoyed throughout the Old and New Testaments. It is nice to honor that tradition during these holidays. The first miracle Christ performed and the only act requested by his mother in the New Testament was to make wine at the wedding of Cana. So here are some Easter and Passover picks.

A great start to any holiday is a Napa Valley Chardonnay from California. There are many very good ones, but one of the great ones is Franciscan Estate Chardonnay 2014. This is a well-structured Chardonnay from Napa Valley with flavors of green apple, pear, and lemon. It is a double fermentation Chardonnay that has been aged in Oak. If you are serving chicken or fish this Easter, you will want to have a couple of bottles of this on ice. A Sauvignon Blanc from New Zealand is always a good idea anytime of the day or night. One of my favorites is Oyster Bay from the Marlborough region 2015; very crisp and lemon flavor like biting into a fresh grapefruit. Finally, a Viognier, would be an interesting change. This unique white is a great cold weather wine. I like Lake Erie Viognier made by Presque Isle wine cellars from Pennsylvania. This wine has rich melon and peach aromas with traces of butterscotch. It goes great with ham and chicken dishes and is great with cream based seafood.

One of the great gifts of god is Cabernet Sauvignon. This year's pick for Cabernet is William Hill Estate North Coast Cabernet Sauvignon 2014. A rich Cabernet Sauvignon with flavors of blackberry, black cherry, mocha, and butterscotch, this has good mouth feel and a nice bright finish. If you are doing Lamb this Easter this Cabernet Sauvignon will bring out the best flavors in herb-rubbed lamb which is my favorite. Pino Noir is another great red that will work well with holiday foods. Almost any Pino Noir from Russian River Valley will work and is from Sonoma. MacMurry is quite herbal and a nice change. Any Pino Noir from Russian River Valley in Sonoma should work quite well and the prices range from \$15.00 to \$40.00 and they are all good. Malbec is a great change and a great Easter wine. Mendoza in Argentina is the Malbec place and Costco has a fantastic Malbec for under \$10.00. It is so good I can't tell you, and it would make

a great holiday wine!

To be considered kosher, a Sabbath-observant Jew(s) must supervise and handle the entire winemaking process, from the time the grapes are crushed until the wine is bottled and any ingredients used, including finings, must be kosher. Wine that is described as "kosher for Passover" must have been kept free from contact with chametz; examples being grain, bread and dough. When kosher wine is produced, marketed and sold commercially, it would normally have a hechsher ("seal of approval") of a kosher certification agency, or of an authoritative rabbi who is preferably also a posek ("decisor" of Jewish law), or be supervised by a beth din ("Jewish religious court of law").

In recent times, there has been an increased demand for kosher wines and a number of wine producing countries now produce a wide variety of sophisticated kosher wines under strict rabbinical supervision, particularly in Israel, the United States, France, Germany, Italy, South Africa, Chile and Australia. Two of the world's largest producers and importers of kosher wines, Kedem and Manischewitz, are both based in the Northeastern United States.

The use of wine has a long history in Judaism, dating back to biblical times. Archeological evidence shows that wine was produced throughout ancient Israel. The traditional and religious use of wine continued within the Jewish diaspora community. In the United States, kosher wines came to be associated with sweet Concord wines produced by wineries founded by Jewish immigrants to New York. Beginning in the 1980s, a trend towards producing dry, premium-quality kosher wines began with the revival of the Israeli wine industry. Today kosher wine is produced not only in Israel but throughout the world, including premium wine areas like Napa Valley and the St-Emilion region of Bordeaux.

No matter what our religious beliefs may be, it seems this holiday season is a time for wonderful family get togethers and a time for family and friends to rejoice in our traditions and our blessings. Choose some great wines to enjoy together in this holiday season and you will be glad you did!

Ray Spaziani is the Chapter Director of the New Haven Chapter of the American Wine Society. He teaches wine appreciation classes at Gateway Community College, the Milford Board of Education as well as Moltose wine and beer making suppliers, and is a member of the International Tasting Panel of Amenti Del Vino and Wine Maker Magazine. He is an award winning home wine maker. Email Ray with your wine questions and wine events at ray.spaziani@gmail.com.

BARK BYTES...

By Vicki & Richard Horowitz



OUR CURIOUS DOGS AND THOSE POISONS IN YOUR HOME

This year, National Animal Poison Prevention Week is March 20 -26. Since dogs, especially young dogs, are naturally curious creatures, it is important that we know and remain vigilant about potential poisons that our inquisitive pooches may find and ingest. Numerous toxic items can be found both inside and outside the home, and many of them are surprisingly common.

- **Toxic foods** include chocolate, avocado, onions and garlic, raisins and grapes, alcoholic drinks, caffeinated beverages, macadamia nuts, and chewing gum with xylitol.
- **Many plants** (even dead or dried) are toxic to pets. In some cases, only certain parts of the plant are dangerous (leaves, fruit, seeds). Be aware of the toxic plants that grow in your home and surroundings (both cultivated and wild), and keep your pets away from them or remove them entirely. Other toxins found outside include mushrooms and garden mulch.
- **Keep your pets off lawns or gardens** that have been treated with fertilizers, herbicides or insecticides. If your dog has come in contact with treated lawns or has walked on snow or ice treated with ice-melt, wipe his feet clean as soon as you get home to avoid the possibility of him licking his paws and ingesting the poison. Store all chemicals in cabinets and other places your pet can't reach.
- **Real danger to pets** continues from antifreeze/coolant, even though animal-friendly products are now available (usually made with propylene glycol, not ethylene glycol). Always wipe up antifreeze leaks or spills of any size. Attracted to the sweet taste, pets can die from kidney failure if they ingest even a small amount of this very toxic material.
- **Store poisonous baits** to rid your home of pests (rodents, snails, insects, etc.) in places that your pooch cannot access. Like anti-

freeze, some baits smell sweet but are very toxic to pets, causing severe internal bleeding.

- **Other household items poisonous to pets** include household cleaners (the fumes can be noxious) and heavy metals such as lead, found in paint chips and linoleum.
- **Consult with your veterinarian** before giving your dog any vitamin, herbal supplement or medication made for humans. Even small doses of medications of any kind—whether for humans or pets—can be lethal to pets. Keep all medicines well out of your dog's reach.

While prevention is always the best medicine to keep your dog safe from common toxins, knowing the symptoms of possible poisoning may save your pet's life.

Symptoms of poisoning (toxicity) in your pet can include:

- Vomiting/upset stomach
- Labored OR shallow breathing
- Drooling
- Increased OR decreased heart rate
- Fever
- Hyperactivity OR sluggishness/lethargy
- Increased thirst OR lack of thirst or hunger
- Dilated pupils
- Stumbling or staggering
- Seizures or tremors
- Loss of consciousness

If you think your dog has ingested a dangerous substance, contact your veterinarian or local animal hospital immediately. If you are advised to bring the dog into the clinic, be sure to take along the packaging of the item or a sample of the plant you think your dog may have eaten. This will help the veterinarian to know how best to treat your pet.

Vicki and Richard Horowitz, of Woodbridge, are dog behavioral therapists and trainers with Bark Busters, the world's largest dog training company. For more information, call 1-877-500-BARK (2275) or visit www.dog-training-new-haven-ct.com,



ARIES (March 21 to April 19) Consider moving beyond the usual methods to find a more creative means of handling a difficult on-the-job situation. Avoid confrontation and, instead, aim for cooperation.

TAURUS (April 20 to May 20) Seasonal change creates a new look for the outdoors. It also inspires Taureans to redo their own environments, and this is a good week to start redoing both your home and workplace. Enjoy.

GEMINI (May 21 to June 20) A misunderstanding needs to be straightened out so the wrong impression isn't allowed to stand. If necessary, offer to support the use of a third party to act as an impartial arbitrator.

CANCER (June 21 to July 22) A career change offering what you want in money and responsibilities could involve moving to a new location. Discuss this with family members before making a decision.

LEO (July 23 to August 22) Feeling miffed over how you believe you were treated is understandable. But before you decide to "set things straight," make sure the whole thing wasn't just a misinterpretation of the facts.

VIRGO (August 23 to September 22) Showing you care makes it easier to build trust and gain an advantage in handling a delicate situation. What you learn from this experience also will help you understand yourself better.

LIBRA (September 23 to October 22) Planning for the future is fine, especially if you include the roles that family members may be asked to play. Don't be surprised if some hidden emotions are revealed in the process.

SCORPIO (October 23 to November 21) Making choices highlights much of the week, and you have a head start here, thanks to your ability to grasp the facts of a situation and interpret them in a clear-cut manner.

SAGITTARIUS (November 22 to December 21) Carrying a torch can be a two-way situation: It can either keep you tied to the past or help light your way to the future. The choice, as always, has to be yours.

CAPRICORN (December 22 to January 19) Your watchwords this week are: "Focus." "Focus." "Focus." Don't let yourself be distracted from what you set out to do. There'll be time later to look over other possibilities.

AQUARIUS (January 20 to February 18) A workplace opportunity might require changes you're not keen on making. Discuss the plusses and minuses with someone familiar with the situation before you make a decision.

PISCES (February 19 to March 20) Love and romance are strong in your aspect this week. If you've already met the right person, expect your relationship to grow. And if you're still looking, odds are you'll soon be finding it.

BORN THIS WEEK: You approach life in a wise and measured manner, which gives you an edge in many areas.

DON'T LEAVE PETS OUTDOORS IN WINTER

DEAR PAW'S CORNER: I routinely see people's cats wandering the icy streets and snowy backyards here in upstate New York. Recently I noticed a neighbor's dog chained up outside in the snow-covered backyard on a day that was near freezing. I contacted animal control the instant I saw that, and the neighbor had to go pick up his dog from the shelter and pay a fine.

He's not happy, but his dog stays inside now! To me, a fine for leaving pets out in the cold isn't enough. I wish cruel owners would be treated exactly as they have treated these beautiful animals! Cold, lonely, often without food or water, they cannot survive on their own, especially in these brutal New York winters. Tell your readers that people need to think before they put their pets outside. Would they treat their children this way? -- Spitting Mad



ting Mad

DEAR SPITTING: You told them! Common sense can go a long way when it comes to properly caring for pets in winter. Step outside for just a moment wearing regular clothes, no coat and no shoes. Now imagine having to do that for much longer than a minute or two. Despite having fur, domesticated pets don't do too well in the cold for extended periods.

If you have cats, keep them indoors. If they insist on going out, keep them in a fenced area like the backyard, and only for a short time. For dogs, only let them out in an area where you can supervise them at all times. Or, take them for walks on a leash, using cleared sidewalks only, with a warm vest and booties in freezing temperatures.

Send your questions or comments to ask@pawscorner.com.

Just Like Cats & Dogs by Dave T. Phipps



LAFF - A - DAY



THE CASHIER

BY RICARDO GALVÃO



Out on a Limb

by Gary Kopervas



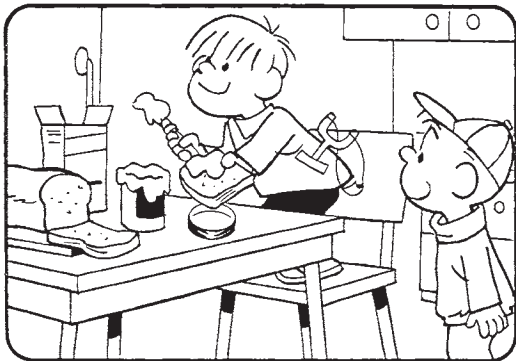
top ten NON - NUMBER PASSWORDS

- 1. password
- 2. qwerty
- 3. football
- 4. baseball
- 5. welcome
- 6. master
- 7. monkey
- 8. letmein
- 9. login
- 10. princess

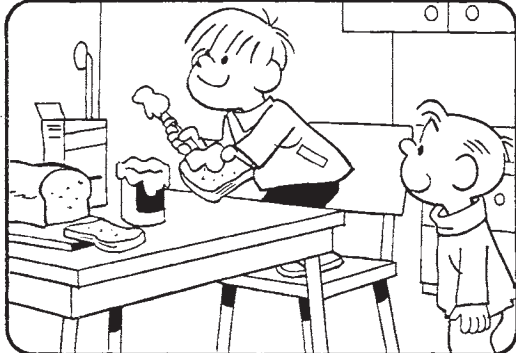
Source: SplashData

HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Shingletop is missing. 2. Slice of bread is missing. 3. Jar cap is missing. 4. Shingletop is missing. 5. Boy's cap is missing. 6. Arm is moved.

New! 24 HOCUS FOCUS puzzles. \$3.50 • 24 Volumes • Order at: rhmamall.com



In compacted soils, or soils with greater than 20% clay content, water is slow to move through the soil or may not move at all, and this can damage or destroy plants. To keep your landscape draining properly, a good drainage system may be needed, and it must be kept free of obstructions. Before the spring rains begin, clear all drainage pipes, fields, ditches and canals of branches, leaves and other debris that have collected during the fall and winter months. -- Brenda Weaver

Source: eartheasy.com, youtube.com, www.deerparktx.gov, www.ext.colostate.edu

COLDWELL BANKER

RESIDENTIAL BROKERAGE

We Have the Market
THE LEADER IN WOODBRIDGE SALES*

*Per CTMLS unit sales, LTM thru 2/29/16

#1



Adam Spark



April Stirling



Aries Tanggani



Arlene Levine



Britton Sanders



Carol Agin



Chase Chambers



Chris Lovejoy



Corinne Stoebr



Dalia Coleman



Debbie Schlegel



Fran McGurk



Harriet Cooper



Hiren Parmar



Jamie Dawn



Jenell M. Lawson



Jill Ellis



John Proto



Judy Cooper



Judy Nicolari



Laura Elman



Marcia Rosenblum



Marcial Cuevas



Marisa Gabrielle



Marjuan Bakhtiari



Mary DeVita



Mazi Scherban



Michael Gambino



Moe Kyaw



Myra Zelson



Nahid Abid



Pat Cardozo



Patty Bray



Rondi D'Agostino



Ruth Rosenthal



Sandy Friedman



Sheila Saltzman



Shilpa Jain



Tamar Asberry



Joan DiVincenzo
Sales Manager



19 Luke Hill Road, Bethany
Jill Ellis \$254,900



360 Fountain St, #41, New Haven - Westville
Judy Cooper \$129,000



45 Fountain Street, New Haven
Debbie Schlegel \$182,000



1673 Ella T. Grasso Blvd., New Haven
Dalia Coleman \$195,000



66 Perkins Street, New Haven
Debbie Schlegel \$199,900



135 Lowin Avenue, New Haven-Westville
Judy Cooper \$209,500



1985 Chapel Street, New Haven-Westville
Judy Cooper \$319,500



415 Central Avenue, New Haven - Westville
Jamie Dawn \$322,500



39 Elderslie Lane, Woodbridge
Arlene Levine \$769,900



55 Hickory Road, Woodbridge
Judy Cooper \$498,500



132 Rimmon Road, Woodbridge
Harriet Cooper \$529,000



264 Rimmon Road, Woodbridge
Judy Cooper \$599,000



19 Cedar Road, Woodbridge
Pat Cardozo \$729,000



570 Merwin Avenue, Milford
Dalia Coleman \$345,000



530 Summit Drive, Orange
Sheila Saltzman \$309,000



80 Englewood Drive, Orange
Myra Zelson \$429,000

COLDWELL BANKER-WOODBRIDGE OFFICE

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