

Woodbridge Town News



Woodbridge's Exclusive Newspaper

Mailed Free to Every Home in Woodbridge Mailed Free to Every Business in Woodbridge & Bethany

VOL. 5 – ISSUE 4

CIRCULATION 3500

FRIDAY, APRIL 8, 2016



EDUCATION COSTS DRIVE TOWN BUDGET

By Bettina Thiel – Woodbridge Town News Correspondent

At a special meeting on March 30, the Woodbridge Board of Finance voted to recommend a \$47.7 million budget for Fiscal Year 2016-17, which represents a 3.3 percent increase over the current budget. The increase is driven to some degree by an increase in the school population, both at Amity and at Beecher Road School. Although the Amity Board of Education worked out a 1.99% budget increase with the district administration, Woodbridge's share of that budget will increase by 5.8% due to a population shift. The Woodbridge School District budget represents a 2.48% increase, driven primarily by special education needs. Enrollment at the elementary school is projected to continue to increase in the next four years, which will eventually continue to impact the town's share of the Amity budget in upcoming years.

The 2016-17 expenditure package as presented includes \$19.5 million for the town; \$14.29 million for Amity and \$13.8 million for Beecher.

Budget Hearing: Town officials will present the municipal budget at the annual hearing Monday, April 25, at 7:30 p.m. in the Senior Center. Residents get to vote on it at the annual Town Meeting, Monday, May 16, at 7:30 p.m. in the Center gym. In the event of a lack of a quorum, the Board of Finance gets to set the mill rate, which it typically



FOUR LONG-TIME BEECHER TEACHERS TO RETIRE

By Bettina Thiel – Woodbridge Town News Correspondent

At the end of the 2016 school year, Beecher Road School will lose at least four of its long-time teachers, School Supt. Dr. Guy Stella announced at the March Woodbridge Board of Education meeting. Retiring are Adrienne Coleman, a Kindergarten teacher; Larry Hurwitz, long-time Extended Day director and technology team member; sixth-grade teacher Joseph Holowienko and phys ed teacher Sandra Simowitz. [Dr. Stella earlier in the year also had announced his intention to retire at the end of the year, and a search for a new superintendent is under way.]

"Powerful teachers, powerful educators," commented Dr. Stella. "These four people represent the best that we have." All of them having assumed leadership roles in different aspects beyond the classroom, their influence has impacted the culture of the school, which is one of caring and learning, Dr. Stella said. "These are the people who really helped create Beecher Road School," he said. Coleman became a Kindergarten teacher in 1987, after having served as a teacher's aide. She was named Teacher of the Year in 2005 and 2006. "When I came I was going to be a TA for a couple of years, then go back to writing," she said at the board meeting. "But I fell in love with this place." So she stayed for 30 years instead.

Holowienko has been teaching fifth and sixth grade since 1997. He has served on math and science committees and helped create the after-school Math Club as well as a Robotics League. He came to teaching after a career in the corporate world. He has been known to visit each and every household of the students in his classroom.

Hurwitz was instrumental in developing the Beecher Road Technology Center. He also led the Extended Day after-school program, "a unique part of who we are as a school," Dr. Stella said. Simowitz also has been with the school since 1987. Whenever there is a school-wide event, her fingerprints are all over it, Dr. Stella said. She has

See "Budget" continued on Page 9

See "Teachers" continued on Page 9





FRIDAY, APRIL 8, 2016





Beth-Wood Baseball League Board President Dwight Rowland presents Woodbridge First Selectman Ellen Scalettar with the League's annual donation to the Town.

ANNUAL DONATION FROM BETH-WOOD BASEBALL LEAGUE

The Beth-Wood Baseball League presented its annual donation to the Town of Woodbridge. The \$3,000 check, given by the League's Board President, Dwight Rowland, helps the Town make improvements to and maintain the baseball fields and to cover any overtime put in by the Woodbridge Parks Department to ensure the smooth operation of the League's baseball season.

"The Town appreciates the League's annual donation," said Scalettar. "Beth-Wood Baseball is a great community resource for our young people and the Town is happy to partner with the League."

League registration is still open and parents may register their children between the ages of 4-12 online at www. bethwoodbaseball.com until April 20. This is Beth-Wood Baseball's 44th year.

The League's Opening Day Ceremony will be held at 10 a.m. on April 30 at the Town Center Green. The event will start with a parade of players. The Woodbridge Volunteer Fire Association will have fire trucks on display and will provide hot dogs and hamburgers for the crowd.

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Gina Farricielli-Torre Sales Achievement 287-7977

Carole Laydon McElrath Sales Achievement 287-7968 Ambassador Cup Award

Ambassador Cup Award Statewide Company Award Managing Partners Tom Cavaliere, Clem Fucci & Nick Mastrangelo

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7 Inwood Road, Woodbridge Patty Bray \$259,000



14 Carriage Drive, Woodbridge Dalia Coleman \$365.000



6 Salem Road, Woodbridge Dalia Coleman \$319,000



30 Rimmon Hill Road, Woodbridge Dalia Coleman \$320,000



1948 Litchfield Turnpike, Woodbridge Harriet Cooper \$374,900



16 Salem Road, Woodbridge Chris Lovejoy \$425,000



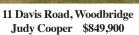
132 Rimmon Road, Woodbridge Harriet Cooper \$529,000



65 Old Quarry Road, Woodbridge

Judy Cooper \$589,900

4 Deer Run Ridge, Woodbridge Chris Lovejoy \$599,000





244 Derby Avenue, Orange Laura Elman \$239,900



530 Summit Drive, Orange Sheila Saltzman \$299,900



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FRIDAY, APRIL 8, 2016

EDUCATION

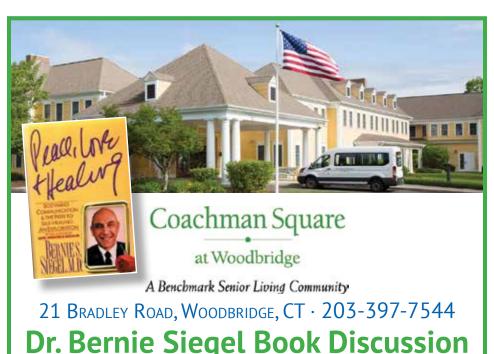


TAKING A "PAWS" TO READ

A Therapy Dog International (TDI) Reading Dog visited the Language Arts Center in Beecher Road School. This gentle Labrador retriever, Annie, is a trained therapy dog and is both medically and behaviorally screened. She is owned by the Marin Family, longtime residents of Woodbridge.

Students selected books of their choice to Annie during her visit. Over the past 5 years, Beecher has been fortunate to have a reading dog available for its students.

Annie provided and will continue to provide our school community with an experience of joy and fun. Students were relaxed, and reading with Annie motivated them to read, laugh, and feel empowered. Annie created an atmosphere of pride in Beecher Road School and students were heard saying, "We have a reading dog!"



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Join us as Dr. Bernie Siegel discusses one of his books: Peace, Love and Healing

Dr. Siegel's book teaches us how to use this knowledge for self-healing. Meditation, visualization and relaxation are suggested as healing methods for our bodies. "Love and peace of mind do protect us," Siegel writes. "They allow us to overcome the problems that life hands us. They teach us to survive... to live now...to have the courage to confront each day."

Bernie S. Siegel, MD, is a well-known proponent of integrative and holistic approaches to healing that heal not just the body but also the mind and soul. A retired surgeon, and a lover of animals, Bernie has been at the forefront of spiritual and medical ethics issues of our day and has been named one of the top twenty Spiritually Influential Living People by Watkins' Mind Body Spirit magazine (London).

Saturday April 30, 2016 at 2:00 pm

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WOODBRIDGE EDUCATION ROUNDUP

AMITY STUDENTS PARTICIPATE IN 2016 CT STEM FAIR

On February 6th the Connecticut STEM Foundation, Inc. hosted its sixteenth annual Connecticut STEM Fair at Darien High School. This event brought together 226 students from Amity Regional High School, Convent of the Sacred Heart, Darien High School, Glastonbury High School, Joel Barlow High School, Newtown High School, Ridgefield High School, Sacred Heart Academy, and Staples for a highly energetic and scientific endeavor. Over 200 judges evaluated the exhibits, providing both assessment of the projects and feedback to the exhibitors, and 80 volunteers added their efforts to the event.

The winners of the 2016 CT STEM Fair from Amity Regional High School are: James He, Quinn Burke, Neha Sudhir, Hannah Rappaport, Erin Mc-Cormack, Katherine Handler, Howard Ding, Helen Liu, Haya Jarad, Ryan Oleynik, Jacob Silliman, Henry Molot, Kate Yuan, Weixin Du, Eli Silvert and Yiran (George) Zhang, Haseeb Khan and Barak Davidi, Kelsey McCormack and Courtney Greifen, Yuqi Zhou and Sebin Park, and Julia Nadelmann and Sarah Saxe. Office of Naval Research Awardees from Amity Regional High School are: Jethin Gowda and Nikzad Khani.

The Connecticut STEM Foundation, Inc. is growing its scholarship program this year. Students who are eligible should visit our scholarship website at http://ctstemfoundation.org/students/ scholarship/ to apply for any one scholarship for graduating seniors entering into college, or non-graduating students who are attending a summer internship or camp related to STEM.

If you'd like more information about the CT STEM Foundation, would like to be a judge, or be a financial partner, please contact us at info@CtSTEMfair. org.

ALFRED PULLO SCHOOL DISTRICT WINS AWARD HEALTHY STUDENTS

The Connecticut Department of Public Health assists school districts in monitoring students' environment throughout school facilities. It helps schools implement building-wide initiatives to safeguard and improve the student environment and air quality of our schools. This state agency helps implement EPA guidelines for healthy school environments. One of the ways to do this is Tools for Schools (TFS).

Alfred Pullo, Director of Business and Operations for the Woodbridge School District, launched the TFS initiative approximately four years ago at Beecher Road School. The TFS program monitors and inspects classrooms and school facilities dealing with health issues as wide ranging as the age of carpets to ering areas without running water such as Tech Labs and Gyms.

Each year the CT School Indoor Environment Resource Team chooses a person who has shown leadership in addressing school indoor environmental quality and has championed the Tools for Schools Program. The Woodbridge School District is proud that the recipient of the 2016 Connecticut Tools for Schools Hero Award is Alfred Pullo.

An award ceremony was held on April 5 at Beecher Road School in Woodbridge. Superintendent Dr. Guy Stella officiated and state officials were on hand to celebrate and to present the award.

Congratulations to Al Pullo and to the members of the Tools for Schools



FIRST NUTRITION DAY AT BRS

This week, students at Beecher Road School could really eat their words, or at least the words of famous authors. As part of the first Read Aloud Nutrition Day, the lunch menu was themed after books about healthy food and nutrition. Children could dine on Cloudy with Chance of Meatballs pasta, An Alphabet Salad macaroni salad made from pasta letters, "The 5 Little Peppers" rainbow raw pepper strips and James and the Giant Peach diced peaches. The day kicked off with guest readers in each classroom sharing the message of healthy food and lifestyle choices. Lori Patrick, Beecher Road library teacher, coordinated the morning event and selected grade appropriate books for guest readers that included community members like Eric Werthmann and Beth Weintraub from the Woodbridge Public Library. Mr. Werthmann enjoyed his reading time and observed a high level of student engagement and involvement. Deb Culligan of the Quinnipiac Health District noted that "It was impressive to see how much the children knew about healthy eating". Arielle Weston, Amanda Appell, and Christopher Scoppetta, dietetic interns from the University of Saint Joseph, created handouts for students on healthy snacking and conducted a tasting at lunchtime of two healthy snacking foods. Students eagerly lined up for samples of edamame and dried fruit along with the sticker that has become a trademark of monthly samplings.

The event also included the launch of a large wall-hung monitor outside the dining area that is used for health and wellness messages. On Read Aloud Nutrition Day, the snacking handouts were part of the scrolling display along with a "Funny Fruits and Vegetables" segment. Assembled by James Crawford of the IT department, the display showed colorful photos of produce that didn't quite grow the way nature intended, like a koala bear potato, butterfly strawberry, and heart-shaped lime. Quick and healthy snacking recipes rounded out the loop of nutrition posts. Using literacy as the communication tool, this event was part of the district's ongoing work through the Superintendent's Cafeteria Task Force to create a healthy school environment especially in the cafeteria.

installing hand sanitizers in large gath- Committee

Committee for their outstanding work.

LAURALTON HALL ANNOUNCES ITS SECOND QUARTER HONOR ROLL

Principal Cynthia Gallant of The Academy of Our Lady of Mercy, Lauralton Hall has announced the Honor Roll for the Second Quarter of the 2015 – 2016 school year.

High Honors students have achieved an average of at least 92 in all academic courses; Honors students have an average of at least 86 in all academic courses.

WOODBRIDGE Residents

High Honors Grade 12: Madeline Tein Honors Grade 12: Meghan Hill Founded in 1905 by the Sisters of Mercy, Lauralton Hall is the first independent Catholic college-prep school for young women in Connecticut. More than 470 students from over 40 Connecticut towns attend.

Inspired by the Mercy Tradition, their mission is to empower young women to pursue their highest potential through lifelong learning, compassionate service, and responsible leadership in a global society. For more information, visit www.lauraltonhall.org. Lauralton Hall is located at 200 High Street, Milford.

STEM COMPETITION AWARDS TOP PRIZES TO LOCAL STUDENTS

Students from across the Nutmeg state won awards at the Connecticut Science & Engineering Fair (CSEF) during Saturday's ceremony at Quinnipiac University. The individual high school physical and life science winners, as well as the Urban School Challenge and Alexion Biotechnology winners, listed below, will all go to the prestigious Intel International Science & Engineering Fair, to be held this May in Phoenix, Arizona. New this year is the CSEF Board of Directors award, the winner of which also gets the chance to compete at Intel ISEF.

Other winners from CSEF will represent Connecticut and compete for millions more in cash and scholarships at competitions including the International Sustainable World Engineering, Energy & Environment Project Olympiad (I-SWEEEP), GENIUS Olympiad, and the Broadcom MASTERS competition.

U.S. Senator Richard Blumenthal joined the ceremony, and thanked all of the parents and volunteers who made the Fair possible, and especially the students, for "restoring his faith" in what is possible in America.

Physical Science Winners from Woodbridge are the Grades 7+8 Team – 1st Place: Ana Boccanfuso, a Woodbridge resident, and Saunder Saffran of Amity Regional Middle School (Bethany) – The TempBot.



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To submit a Bulletin Board event Email us at: **bulletinboard@woodbridgetownnews.com**

All articles, photographs and letters must include your name, address and daytime telephone number for confirmation. The Woodbridge Town News reserves the right to reject any advertisement, article, photograph or letter. Letters to the editor must be unique to the Woodbridge Town News.

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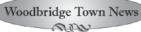
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Amity Meat Center	24 Lucy Street
Athenian Restaurant	1426 Whalley Avenue



Below are the next three issue dates and deadlines of the Woodbridge Town News. Thank you for your submissions to Your Home Town Newspaper.

Upcoming Issue Deadline	<u>Upcoming Issue Dates</u>
April 29th	Mother's Day Issue May 6th
May 27th	Father's Day Issue June 3rd
June 24th	Independence Day Issue July 1st
Note: Copy due by 4:00p.m. Thank yo	u.

FROM OUR READERS

The Facts About the CCW Golf Operations

While attending the Special Meeting for the CCW Boards and Commissions update on February 10, 2016, it quickly became clear the residents of Woodbridge do not know the facts regarding the Golf Operations at the CCW. In 2015, 31,826 rounds of golf were played, up from 24,956 in 2013. The golf operations received 3 national awards from BCG "Most improved Golf Course", "Superintendent of the Year" and "Sales Person of the Year." The CCW was featured twice in Golf Digest magazine (5.9 million subscribers). The Golf operations also generated \$150,000 for charities in 2015. It also hosted Amity Golf Team, an \$11,000 value and gave away \$26,000 in golf rounds to charity. In 2015, the CCW hosted 210 outings with a 97% return rate for 2016. The golf operations wrote a check to the town for \$50,200 and paid \$7000 in property tax, not to mention the economic benefit of having almost 32,000 rounds of golf played in our town. All of this has been accomplished under the black cloud of bulldozers showing up any day to strip the land for illegal cluster housing. Keeping the 18 hole golf operations at the CCW is a viable option that needs to be discussed. Let's come together and focus our energy on promoting the golf operations and deciding the best use for the clubhouse and pool, and keep our land the way we like it- just as it is.

Jeff Hughes, Member of the Country Club of Woodbridge Commission

Town Needs to

substantial increase, Woodbridge municipal property taxes were, per capita, the highest in New Haven County and ninth highest of the 169 towns in the state. The reason our taxes are so high is simple: Woodbridge has the tenth highest per capita municipal spending in the state. One hundred and fifty nine Connecticut towns-Fairfield, Monroe, Roxbury, Avon, Litchfield, Guilford, Orange, and Madison among themmanage to educate their children, pay their town employees, maintain their roads, provide for public safety, and perform all of the functions of local government at a lower cost than Woodbridge (data from Town Profiles on cerc. com).

I have several suggestions for how to begin to bring these expenses under control. First, let's look at the largest non-educational budget line: \$4M for Employee Fringe Benefits. We have a rare opportunity to tackle these numbers now, as the Town re-negotiates its union contracts. The Town is expecting an unusually large number of retirements in the next few months, before a new labor contract is ratified. Thus, this is the perfect time for a comprehensive human resources audit of all town departments. New technologies and evolving town needs will have changed our personnel needs. Let's take a thorough look at all job descriptions and division of duties before hiring to replace retirees - I am certain that reorganization and reassignment can result in significant efficiencies.

Second, let's look at the next largest budget line item: \$3M for the Police Department. Two years ago, the Police Commission ordered a study of Police department staffing by the South Central Criminal Justice Administration (SCCJA) after the staffing level of 26 sworn officers was questioned by the

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Solun Restaurant	10 Selden Street
Thai House Restaurant	16 Selden Street
The UPS Store	176 Amity Road
Tobacco Land	164 Amity Road
Today's Clothing	
Westville Seafood	1514 Whalley Avenue
Wheelers Restaurant	180 Amity Road
Woodbridge Senior Center	4 Meetinghouse Lane
Woodbridge Tae Kwon Do	152 Amity Road
Woodbridge Town Hall	11 Meetinghouse Lane
Woodbridge Town Library	10 Newton Road

If you would like to have additional copies of the **Woodbridge Town News** available at your organization or business, please call 203-298-4399.

Get Spending Under Control

The Woodbridge Board of Finance is finalizing a budget for the next fiscal year with an expected spending increase in the range of 2.8%. Even before this

See "Letters" continued on Page 11



WTN Letters Policy

Submit your letters for our **"From Our Readers"** section to: Woodbridge Town News, P.O. Box 1126, Orange, CT 06477 or email: letters@woodbridgetownnews.com.

Please limit letters to 500 words and include a daytime phone number in case we have any questions. Letters must be exclusive to the Woodbridge Town News for publication. We reserve the right to reject any letter.

TOWN DEPARTMENTS & AGENCIES

FROM THE YOUTH SERVICES DIRECTOR

By Nancy Pfund



"Mental, Emotional & Behavioral Disorders in Young People" Dr. Embry Ph.D. Spoke at Ansonia High School on April 5th

Dennis Embry, PH. D., President, PAXIS Institute, addressed "Emotional and Behavioral Disorders in Young People" and discussed how Connecticut can launch a public health prevention strategy to protect our children. The Valley Substance Abuse Action Council (VSAAC) scheduled the event.

Red Cross Babysitter Training

Woodbridge Youth Services will hold a 2-day Red Cross Babysitter Training Course for resident teens at the Woodbridge Library Meeting Room on Wednesday, April 20 and Thursday, April 21 from 9:00 am-1:00 pm. Fee is \$60 with a discount for siblings. Call 203-389-3429 to register.

COMMUNITY SUPPORT GROUP KICK OFF Woodbridge Caring Community: A Support Group Network

Are you a Caregiver? If you are providing help to another person in need and looking for support, join us on Monday April 25th at 6:00pm in the Woodbridge Town Library, 10 Newton Road, Woodbridge. Come and meet others in similar situations and learn about resources available in the community. Refreshments will be served. Please RSVP to Mary Lee Raro, 203-389-3429.

TOWN OF WOODBRIDGE MEETINGS FOR THE MONTH OF APRIL 2016

(Subject to Change, Check with Town Clerk's Office, 203-389-3422)



FROM THE REGISTRAR OF VOTERS



NOTIFICATION OF UPCOMING IMPORTANT ELECTION DATES

The Woodbridge, Bethany and Orange Registrars of Voters announce important voting dates. The Democratic and Republican Presidential Preference Primaries will be held on Tuesday, April 26, 2016. The Amity referendum will be held on Tuesday, May 3, 2016. Polls are open from 6:00am until 8:00pm for each election.

Primary: To vote in the Republican or Democratic Presidential Preference Primary, electors must be registered in that party. Changing affiliation from "Unaffiliated" to Democratic or Republican may be completed in person until noon on Monday, April 25, 2016. Electors may determine their party status by calling their Registrar of Voters or their Town Clerk.

Seventeens: Electors who are seventeen (17) and registered in the Republican or Democratic Party may vote in the primary if they will turn eighteen (18) by the presidential election on November 8th.

Absentee Ballots: Applications for absentee ballots should be made through the Town Clerk's office. You may also download an application from the Secretary of the State's website: click on "Elections and Voting", then "Absentee Ballot Application". Ballots will be available starting April 5th.

Primary Enrollment Session: April 12, 2016 Registrar of Voters office will be open as required by law for a special registration session: Woodbridge and Orange: 4pm-6pm, Bethany 12-2pm.

Mail-in and On-line Registration Deadline: Mail-in and on-line registration applications for the Primary must be postmarked by Thursday, April 21st.

In-Person Registration Deadline for new voters: New voters must file a voter registration application with their Registrar of Voters by 12noon on Monday, April 25th.

The Town Clerk's Office is available to register voters and for absentee ballots Monday through Friday from 8:30am to 4:30pm in Woodbridge and Orange. Bethany's hours are 9:00am to 4:30pm Monday through Friday and Monday evenings from 6:30pm to 7:30pm.

For more information regarding Elections, please see your town website.

Questions regarding Elections call:

- Bethany Registrars: 203-393-2100, ext. 121
- Orange Registrars: 203-891-4715, 4716
- Woodbridge Registrars: 203-389-3408, 3409

WOODBRIDGE REC ANNOUNCES DISCOUNTED POOL RATES

The Woodbridge Recreation Department is pleased to announce new discounted summer 2016 membership rates for the Country Club of Woodbridge Pool. The new 2016 resident rates are \$300 for a single, \$500 for a couple and \$700 for a family. Membership includes access to the pool, the club's four tennis courts and the new beach/sand volleyball court. Also a light snack menu including sandwiches, hamburgers and hot dogs is provided at additional cost by Robert Klinger, owner of The 2 Little Salad shops in New Haven. The tennis courts officially opened on March 31 and the first day of pool operations will be Saturday, May 28, 2016 (Memorial Day Weekend). "We are pleased to offer this opportunity for Woodbridge residents to utilize a great facility at affordable rates," said Recreation Commission member Pennell Hamilton.

Online registration is available at www.woodbridgect.org by clicking

4/11	Library Commission6:00pm Zoning Board of Appeals7:30pm	Library Town Hall
4/12	CUPOP Special Meeting6:30pm	Town Hall
4/13	Board of Selectmen6:00pm	Town Hall
4/18	CUPOP MEETING Fire Commission	Fire Station
4/20	Inland/Wetlands Agency7:30pm	Town Hall
4/21	Board of Finance6:00pm Conservation Commission7:30pm	Town Hall Town Hall
4/25	Country Club of Woodbridge Comm. 6:00pm Recreation Commission	Town Hall Beecher School South Senior Ctr. Cafeteria Center Gym

on "registration information" in the recreation department section of the website. Non-resident rates and discounted senior rates are also available. Registrations can also be mailed to the Woodbridge Recreation Department at 11 Meetinghouse Lane or purchased directly at the Recreation Office in the Beecher South School or the Country Club Pro-Shop.

Questions can be directed to Pool Director Anthony Taddei at ataddei7@ gmail.com.

Woodbridge Town News

Call Today To Reserve Your Ad Space!

Display ads start at only \$110 per issue. Call 203-553-9062 to place your ad!

LOCAL BUSINESS ROUNDUP

LOVEJOY RECEIVES DIAMOND SOCIETY AWARD

Christine Lovejoy of Woodbridge, a sales associate affiliated with the Coldwell Banker Residential Brokerage office in Woodbridge, has been recognized with the Coldwell Banker® International Diamond Society award. This distinguished honor is awarded to the top 12 percent of approximately 85,000 Coldwell Banker®-affiliated sales associates worldwide. In addition, Lovejoy received Connecticut Magazine's 5 Star Agent recognition received for achievements in 2015.

With more than 9 years of experience, Lovejoy has been successfully meeting the needs of homebuyers and sellers in the towns of Milford, Orange, West Haven, Westville and Woodbridge. She has several professional designations, including Relocation Specialist and Certified Negotiations Expert. Lovejoy is also a member of the New Haven Middlesex Association of Realtors, Greater Fairfield Board of Realtors, NAR and CAR.

"Chris earned this award because she worked hard to meet and exceed the needs of her clients. She is very knowledgeable and is eager to take advantage of any opportunity that emerges to further expand (his/her) business," said Joseph Valvano, president of Coldwell Banker Residential Brokerage in Con-



Chris Lovejoy

necticut and Westchester County, N.Y. "I am proud Chris is part of Coldwell Banker Residential Brokerage and wish her continued success."

Locally, Chris is an active volunteer serving on the Woodbridge Board of Human Services, as President-Elect for the Woodbridge Rotary, as past Vice President of the Garden Club of Woodbridge and past PTA member at Calf Pen Meadow School in Milford and Beecher Road School in Woodbridge.

Lovejoy is affiliated with the Coldwell Banker Residential Brokerage office in Woodbridge, located at 270 Amity Road, Woodbridge. She can be reached there at 203-671-5684.

CARDOZO RECEIVES STERLING SOCIETY AWARD

Pat Cardozo of Woodbridge, a sales associate affiliated with the Coldwell Banker Residential Brokerage office in Woodbridge, has been recognized with the Coldwell Banker® International Sterling Society award. This distinguished honor is awarded to the top 17 percent of approximately 85,000 Coldwell Banker®-affiliated sales associates worldwide. In addition, Cardozo received the CT magazine 5 Star Professional award for the fourth year in a row for outstanding customer service as rated by her clients. With more than 13 years of experience Cardozo has been successfully meeting the needs of homebuyers and sellers in Woodbridge and throughout New Haven County. She has several professional designations including Certified Negotiation Expert and Accredited Buyer Representative in addition to being a Relocation Specialist. Cardozo is also a member of the Fairfield County Association of Realtors as well as the New Haven Middlesex Association of Realtors. "Pat earned this honor because she demonstrated the commitment and skills that are necessary to successfully meet the needs of sellers and buyers





CUSTOM CLOTHING BUSINESS COMES TO WOODBRIDGE

A business that manufactures women's clothing is setting up shop in town, thanks to a deal brokered by Levey Miller Maretz. Pamela Hirth Designs has leased 1,050 square feet of space at 1652 Litchfield Turnpike, in D'Andrea's Plaza, from landlord Litchfield Realty Trust. The business makes custom, one-ofa-kind clothing for women and will use the space for a showroom.

Steve Miller, principal at Levey Miller Maretz, represented the landlord in the deal. Trevor Davis of Trevor Davis Commercial Real Estate represented the tenant.

JUDY COOPER RECEIVES PRESIDENT'S ELITE AWARD

Judy Cooper of Woodbridge, a sales associate affiliated with the Coldwell Banker Residential Brokerage office in Woodbridge, has been recognized with the Coldwell Banker® International President's Elite award. This distinguished honor is awarded to the top 2 percent of approximately 85,000 Coldwell Banker®-affiliated sales associates worldwide.

In addition, Cooper has been ranked the #1 agent among all agencies in Woodbridge for the pastt six years. She has been a consistent award winner and with more than 36 years of experience, Cooper has been successfully meeting the needs of homebuyers and sellers in the towns of Bethany, New Haven, Orange, and Woodbridge.

She has several professional designations, including Accredited Buyer Representative, Certified Residential Specialist, Graduate Realtors Institute, Professional Standards Certified Specialist, Senior Real Estate Specialist, Certified Negotiation Specialist. Cooper is also a member of the Professional Standards Committee of the New Haven Board of Realtors. In addition, Cooper serves on the Board of Directors of Ezra Academy and the Hospitality Committee for B'nai Jacob. Cooper received her B.A. from Douglass College, Rutgers University, Phi Beta Kappa, her M.A. degree in comparative politics from the University of Pennsylvania, and has advanced training in negotiations and mediation programs from Harvard Law School.



Judy Cooper

for her success. This award is a testament to her exceptional skills, professionalism, and dedication to her clients," said Joseph Valvano, president of Coldwell Banker Residential Brokerage in Connecticut and Westchester County, N.Y. "I am confident that Judy will continue to achieve tremendous success." Judy is affiliated with the Coldwell Banker Residential Brokerage office in Woodbridge, located at 270 Amity Road. She can be reached there at 203-389-0015. Coldwell Banker Residential Brokerage, a leading residential real estate brokerage company in Connecticut and Westchester County, N.Y., operates approximately 51 offices with more than 2,200 affiliated sales associates serving the communities of Connecticut and Westchester County, N.Y. Coldwell Banker Residential Brokerage is part of NRT LLC, the nation's largest residential real estate brokerage company. For more information, please visit Coldwell-BankerHomes.com.

Pat Cardozo

in today's marketplace," said Joseph Valvano, president of Coldwell Banker Residential Brokerage in Connecticut and Westchester County, N.Y. "I congratulate Pat and look forward to celebrating her success in the coming months and year."

Locally, she is an active volunteer serving the Amity Board of Education for her second elected term.

Cardozo is affiliated with the Coldwell Banker Residential Brokerage office in Woodbridge located at 270 Amity Road. She can be reached there at 203-392-3357 or patcardozo@snet.net.

"Judy's extensive knowledge of the local marketplace and her strong commitment to excellence are key reasons

FROM THE FIRST SELECTMAN'S DESK

By Ellen Scalettar



Although spirited disagreement is a constant in our small community, one of the areas where we enjoy broad consensus is our respect for the environment. Since I became First Selectman, Woodbridge has enhanced its role as a leader on clean energy initiatives and environmental stewardship.

Today I am extremely pleased to update you on our microgrid project: groundbreaking will take place this spring! Thanks to the foresight of former First Selectman Ed Sheehy, we were one of the first Towns to receive a State grant to establish a microgrid that will provide locally generated electricity during prolonged power outages. Woodbridge's \$3 million grant will pay for an underground transmission system that will connect key Town buildings, as well as Amity Regional High School.

United Illuminating will provide power generation through a fuel cell as part of its mandate to own and operate green power. The fuel cell will be located at the high school and will pump clean energy into the grid during normal operations. In the event of a power outage, the microgrid will go into "island mode" to assure electricity at the Town Hall, Library, Fire House, Police Station, Public Works Facility, Senior Center and Amity High School.

Preliminary work at the high school will start in April. United Illuminating and the school are working closely together to ensure that work does not disrupt the school day.

In May we expect work to begin to lay the transmission lines that will connect the municipal buildings to the microgrid and you may see some construction around the Town Campus. Work is expected to be finalized in December.

Of course, this is not our only recent green and clean project. Knowing the interest of Woodbridge residents in solar and clean energy, I created the Ad Hoc Energy Advisory Task Force to identify one-stop shopping for "green" opportunities. This has resulted in:

- 124 families receiving home energy audits; and
- 58 residents adding solar to their homes, resulting in a total of 83 solar homes in Woodbridge.

nearly 1,000 solar panels that, when installed, are expected to generate about 240 kilowatts of energy. As a result of our "green activity," the Town has been awarded a \$10,000 grant to be used for energy saving projects. At the recommendation of the Energy Advisory Task Force, the Board of Selectmen approved the use of \$2,500 to provide LED light bulbs at no cost to Town residents during the Senior Center Holiday Fair. The Task Force has recommended using the remaining funds to convert certain lighting to LEDs.

We have also taken advantage of the State program that provides electric car charging stations, installing one in the parking lot behind Town Hall. A second will be installed at the Library.

Carrying our "going green" theme to other areas, I worked with the Library to select "Animal, Vegetable, Miracle" as the first book in our One Book One Town program last summer. The book and accompanying programs fit well with residents' interest in sustainable agriculture and eating locally produced food.

Our commitment to best organic practices is evident in the Town's support of Massaro Farm. Woodbridge residents make the entire 57 acre parcel available at no charge to Massaro. In addition, we help with summer camp staffing.

I recently appointed an Ad Hoc Committee on the Best Organic Outdoor Maintenance and Management Practices. They have already made recommendations concerning the Fitzgerald Property that will guide management of the property by our Parks Department.

The Town of Woodbridge is also now a signatory to the West River Watershed Compact, a multi-town effort that will help protect, preserve and beautify the West River.

And there is more to come! We are well on our way to establishing a solar array on the capped landfill that we anticipate would provide enough electricity to cover most of the Town's needs.

As always, if you have questions or ideas, please let me know! I can be reached at escalettar@woodbridgect.org. To stay up to date on the Town's green efforts and other news and events, sign up for the email newsletter at tinyurl. com/WoodbridgeEnews.

FROM ACROSS THE AISLE

By Selectman Maria Cruz Kayne



Did you know that there is environmental contamination at the Country Club of Woodbridge (CCW)? The Town learned about the contamination and commissioned detailed reports in 2009, when it purchased the property. Just a few weeks ago, a town resident who lives near the club learned about the contamination and asked former First Selectman (and former CT Department of Environmental Protection Commissioner) Amey Marrella to help her look into the situation. Together they reviewed the environmental reports at Town Hall.

They discovered that more than four years ago the environmental consultant hired by the Town, HRP Associates, recommended that the Town remove contaminated soil from several locations at the CCW and further evaluate the cleanup requirements for the entire property. In the maintenance area, HRP found contamination that falls into a separate category known as a "Significant Environmental Hazard". The soil there contains the banned pesticide chlordane at more than 30 times acceptable levels, as well as other pollutants. Yet Town records show no evidence that the Town had contacted abutting residents to inform them of the contamination, or begun to clean up the contaminated area. Amey Marrella's inquiries at Town Hall apparently sparked a reaction by our First Selectman, as Ms. Scalettar invited HRP Associates to speak at the very next Selectmen's meeting on March 9th. During public comment, before HRP's presentation, Ms. Marrella set forth a series of detailed questions for the Selectmen to review with the consultant.

HRP neglected to inform the Selectmen that on March 9th - the very day of the Selectmen's meeting - it had sent a "Notice of Remediation" letter to some residents whose property abuts the CCW and posted a Notice of Remediation in the New Haven Register. Nor were the Selectmen informed that on March 9th HRP submitted to Town Hall a Remedial Action Plan (RAP) for the maintenance area detailing the cleanup process. Curiously, the Board of Selectmen had authorized HRP to prepare the RAP as far back as September 2012 (three years seven months ago), and at that time HRP estimated that it could complete the RAP and remove contaminated soil from the site within one year. Even now, with the RAP and notices finally issued, HRP has offered no time frame for the actual cleanup to occur.

How was this allowed to happen? Why in all of the discussions about the CCW has the First Selectman never presented the details of this contamination to the public? Why did more than 3.5 years pass between the authorization of the RAP and its delivery? And why, during months of budget meetings, has the First Selectman failed to propose budgeting funds sufficient to pay for cleaning up the known contamination at the CCW?

It appears our First Selectman is relying on two rationales to excuse her lack of action. First, at the time the Town bought the CCW state law didn't set a deadline for completing cleanup of contaminated property. (The law changed just a few weeks after the town's purchase and now imposes deadlines for cleanup.) Second, there seems to be hope that a buyer of the CCW will assume responsibility for the cleanup. I reject this reasoning. Any purchaser of all or part of the CCW will discount the purchase price by the cost of the remediation, so delay offers no potential savings to the town. The Town has a public duty to ensure the remediation is done correctly, so it should retain responsibility for the cleanup to be sure no corners are cut. Our town should do what is right to protect public health and the environment - not just the minimum that is legally required.

We can't go back in time, but we should move forward and clean up this environmental contamination. The First Selectman should immediately convene a public informational meeting to specifically address the environmental issues. She should also bring representatives of the Department of Energy and Environmental Protection (DEEP) to the public meeting to assure residents that private drinking water wells are unaffected by the contamination, that the RAP is sufficient to clean up the maintenance area, and that the cleanup will be performed properly. She then needs to develop an expeditious plan to address all of the contamination as recommended by HRP more than four years ago. I don't understand why the First Selectman hasn't focused more attention on these environmental iss to date, especially given her interest in voluntary green measures such as solar power and efficient lighting. She needs to adjust her focus to address the contamination at the CCW.

Also on the solar front, the Beecher Road School renovation project includes

"Budget" continued from Page 1

does following the Town Meeting.

Budget Cuts: In an effort to keep tax increases at or below 3%, the Woodbridge Board of Finance considered across-the-board funding reductions in certain spending categories, such as computer updates, vehicle replacement and road repairs. Thus, the annual road repair budget was reduced from \$750,000 to \$500,000; the contribution to the Public Works truck reserve was reduced by \$179,000; police vehicle replacement was reduced by \$47,000 and the technology budget for Beecher was reduced to \$65,000 (down from a requested \$125,000).

Mill Rate: Given that the state voted to cap motor vehicle mill rates at 32 mills (\$32 per \$1,000 assessed value), the revenue from taxes will shift to real estate and personal property, said Finance Director Anthony Genovese. The mill rate on real estate property will jump to 39.2 from the current 37.66 to support the budget as presented. That means an additional \$1.54 in property taxes for every \$1,000 in assessment, or \$539 for a property assessed at \$350,000.

The town will therefore have two mill rates going forward, one for motor vehicles, the other for real estate. "Teachers" continued from Page 1

been involved with committee work and served on the Woodbridge Education Association.

"You all leave a very, very rich legacy," Dr. Stella addressed the four who were in attendance at the meeting. "Thank you for all you've done, for the model and expectations you've set," he said. Maria Cruz Kayne, Selectman is an Unaffiliated Voter who ran on the Republican Ticket. Contact # 203 387 5922.

Hurwitz addressed the board, saying in the 30-or-so years at Beecher, he has seen lots of boards of education and administrators. The school is in the best shape its ever been, he said. "I feel good about leaving now."

As for Simowitz, "you are losing me as a teacher, but you are not losing me as a member of the community," she said.

WOODBRIDGE LIBRARY

WOODBRIDGE TOWN LIBRARY APRIL EVENTS

Adult

Peeps in Literature Contest

April 2-22, 2016

Stop in and vote in our Peeps in Literature diorama contest! Winners in each category will be announced on April 25.

Poetry Series with Dr. Schenker

Tuesday, May 3 @ 7pm

Dr. Mark Schenker, Senior Associate Dean at Yale College will be discussing contemporary American poet Rita Dove (b. 1952) in May. He has won numerous literary prizes, and has been the U. S. Poet Laureate for two terms (1993-1995). Please register online, at the Circulation Desk, or by phone at 203-289-3433. A packet of Dove's poems will be available at the Circulation desk or available by email by request.

Connecticut Beer: A History of Nutmeg State Brewing with Will Siss Thursday, April 14 @ 7pm

Join Will Siss, author of Connecticut Beer: A History of Nutmeg State Brewing for a presentation on the history of brewing beer in Connecticut. Siss will share highlights of his book with us and fun facts about beer in the Nutmeg State and also lead a beer tasting. This program is for ages 21 and up. Please register online, at the Circulation Desk, or by phone at 203-289-3433.

Honey Sweetened Chocolate Class with Sharyn Farrell

Monday, April 18 @ 7pm

Just 3 ingredients and 20 minutes will get you some of the most decadent chocolate ever. This is a demonstration class. We will show you how to combine raw honey, cocoa and coconut oil for a rich and delicious treat, anytime. You will also learn some phenomenal recipe variations, like peanut butter swirl, Himalayan salted feast, chocolate crisp, s'mores in the middle, and more! Even night-time carob dreams! You will also learn a few of the wonderful health benefits of coconut oil, raw honey, raw cocoa. Samples are included in this class. 100% raw honey, rich cocoa and recipe guide will be available for purchase, so you can go home and make it yourself in the comfort of your own kitchen! Please register online, by phone, or at the Circulation Desk.

mauled by a bear and left for dead by members of his own hunting team. Starring Leonardo DiCaprio and Tom Hardy.

> **Concussion** Thursday, April 28 @ 7pm

Rated PG-13, 2hr and 3 minutes. In Pittsburgh, accomplished pathologist Dr. Bennet Omalu uncovers the truth about brain damage in football players who suffer repeated concussions in the course of normal play. Starring Will Smith and Alec Baldwin.

Children and Teen Programs Eager Readers Book Group Grades K-2 Monday, April 11 at 6:30 pm.

Join us to read Basil's Birds by Lynn Rowe Reed. Read the story at home and come for a book discussion and craft. Space is limited please register.

YA Wearables (high school students)

Wednesday, April 13th @ 6pm.

Ever wanted to merge technology and clothing? Now is your chance! Use your artistic talent to create a hoodies with simple or elegant light-up designs. You bring the hoodie, we bring the tech! No sewing experience necessary! Please register online.

Snap To It! Snap Circuits Workshop Monday, April 18 @ 3pm at 2 pm

For grades 4 and up. Have a blast learning about electricity! Use Snap Circuits to explore the basics of electricity while you build exciting projects such as a fan launcher, a space battle soundeffect generator, a radio and more! No experience necessary. Please register online.

THE PASSPORT TO CONNECTICUT LIBRARIES PROGRAM

Your library card opens the world to you through books, audio books, music CDs and DVDs. Now let your library card open the doors of Connecticut libraries by participating in the Passport to Connecticut Libraries Program from April 1 – May 6, 2016.

124 Connecticut libraries are proud to participate in the Connecticut Library Association's Passport to Connecticut Libraries Program. To celebrate National Library Week during April, the Passport to Connecticut Libraries Program invites you to visit all of the participating Connecticut public libraries. Each library has its own architecture, vibe and collection to explore and browse! The program is open to adults and children, and the hope is that it encourages residents to explore the amazing diversity of our public libraries.

To participate, visit the Woodbridge Town Library to pick up your Passport. They will stamp it and give you a token gift to get you started. Then, take your Passport along as you visit other participating libraries. At each visit, you must show your library card, and then the library will stamp your passport and give you another small gift.

If you visit at least five participating libraries and return your passport to any participating library by May 6th, then you will be entered into one state-wide drawing for a chance to win a \$150 Visa gift card for adults (18 and up) and a \$100 Visa gift card for children (under 18). This is a state-wide contest where four winners will be selected: one adult and one child from a random drawing from all who visited at least five libraries, and one adult and one child from a random drawing from all who visited the most libraries.

For more details and a full list of participating libraries, visit the Woodbridge Town Library or call the library at 203-389-3433.



FRIENDS OF THE LIBRARY LOOKING FOR BOOK DONATIONS!

The Friends of the Woodbridge Library is accepting gently used books, June 3-5. Friday, June 3, is a special preview night for Friends of the Library members only from 4-7pm. You can become a Friends of the Library member at the door that evening by filling out an application and submitting membership dues. You can also join any time before the book sale by filling out an application at the Circulation Desk. Membership starts at \$15 for an individual membership, \$25 for a family membership, and \$10 for a senior or student membership. The book sale will be open to the general public on Saturday, June 4, from 11am-4pm and Sunday, June 7, from 11am-3pm. The Friends of the Library is looking for volunteers (adults and teens in grade 9 and up) to help out with the book sale. Duties of volunteers will include organizing and sorting books in the weeks leading up to the book sale and help at the event. Please contact Marisa Von Beeden at 203-650-3640 to get involved.

Film Screenings

The Revenant Thursday, April 21 @ 7pm

Rated R, 2 hr and 36 minutes. A frontiersman on a fur trading expedition in the 1820s fights for survival after being

Motion 360 with Tim Latta Wednesday, April 20 @ 2pm.

Is it theater, dance, or a circus? Join Tim Latta as he shows us how we can literally stumble over everyday objects and use them to unlock our creativity. Please register online.

Norm of the North film screening (PG 90 min)

Friday, April 22@ 2pm

For all ages with a caregiver. When a real estate development invades his Arctic home, Norm and his three lemming friends head to New York City, where Norm becomes the mascot of the corporation in an attempt to bring it down from the inside and protect his homeland. CDs, DVDs, and puzzles for its second annual book sale! Please stop by the library anytime during open hours: Monday-Thursday from 10am-8pm or Friday and Saturday from 10am-5pm to drop off your donations.

When choosing what to donate please keep the following in mind. We are looking for fiction and nonfiction books in good condition for adults, children, and teens. We cannot accept textbooks, magazines, encyclopedias, Readers Almanacs, or National Geographic magazines. Materials donated should not have writing, torn pages, underlining, or highlighting in them. Please do not donate books with yellowed pages, odor, or mildew.

We are also looking for gently used CDs and DVDs. We are not accepting VHS, cassette tapes, or vinyl records. The book sale will take place from

GROTHEER SELECTED AS 2016 YOUTH AWARD WINNER

Woodbridge First Selectman Ellen Scalettar and Woodbridge Youth Services congratulate Audrey Grotheer, a dedicated senior at Amity High School, for earning the 2016 First Selectman's Youth Award. Ashley Mozealous, a school counselor at Amity, nominated Audrey for her many accomplishments and her efforts in the Town of Woodbridge. According to Ms. Mozealous, cheerfulness, graciousness, and a kind-hearted nature are attributes that Audrey displays as she approaches her work.

Her community service includes Town Library programs such as Reading Together which pairs teens with younger students, Crazy 8's Math, and other programs. Ms. Grotheer is also a student member of the Woodbridge Youth Advisory Board, and has shared her time with Youth Services at various Youth Evening Programs decorating, registering students, and cleaning up after events. Additionally, Ms. Grotheer volunteers as a peer tutor at Amity High School, and is involved with volunteer work through the Art Honor Society and the Spanish Honor Society.



Audrey Grotheer [Photo Courtesy of Julia Gerace, Photographer]

Audrey is a pleasant, unassuming young woman who remains true to herself as she pursues her goals. She is a dedicated member of the Amity Theater program, and has volunteered as a camp counselor for the Amity Creative Theater summer program.

Audrey, daughter of Jeanette Glicksman and Laurence Grotheer, will receive her award at the Human Services Volunteer Tea on April 28th.

FROM OUR READERS

"Letters" continued from Page 6

Board of Selectmen (Police Commission minutes, April 2, 2014). Apparently, that study was never completed. The Police Commission is in the process of hiring a new Police Chief. It is also advertising to hire new recruits to replace retiring officers. I would suggest that we freeze hiring of new officers for at least six months and ask the new chief to get the results of the SCCJA study and do his or her own thorough needs assessment. Over the last decade both traffic and crime have decreased in Woodbridge - perhaps our Police Department could function just as well without replacing every retiree.

Finally, I urge Town leaders to rethink the plan for the Town Center. The current plan is to create a community and fitness center in the Old Firehouse (a \$1.3M project for which the Town has been awarded a \$500k state grant) and thoroughly refurbish the Police Department (a \$5.6M project toward which we have received another \$500k state grant). There is also discussion of renovating the Senior Center. I would suggest that the Town reduce the scope of the Police project for the time being to the \$500k grant amount, sparing the Town \$5M in near-term borrowing. Further, creative residents are suggesting that the Senior Center, Recreation Department, and Fitness Center move together to the CCW Clubhouse. The Town could then apply the \$500k Old Firehouse grant to the CCW clubhouse and allow the Fire Department to use the Old Firehouse for

needed storage space. Together, these steps could save substantial money on capital projects, solve the dilemma of what to do with the CCW clubhouse building, and create a new Town asset – a community gathering space for all town residents.

Cathy Wick

Woodbridge Mill Rate Amongst the Highest

It's that time of year when municipalities prepare and vote on their budgets, then set new mill rates. Knowing the current mill rate for Woodbridge is 37.66 I was curious how it compared to others. I checked the CT.gov website for current mill rates published by the Office of Policy and Management and I was shocked! Little old bedroom-town Woodbridge has one of the HIGHEST mill rates in CT.

There are only 17 municipalities whose mill rates are higher outright: Bridgeport, E. Hartford, Hamden, Hartford, Manchester, Naugatuck, New Britain, New Haven, New London, Norwalk, Norwich, Stamford, Torrington, Waterbury, W. Hartford, West Haven, and Wethersfield.

Certain districts only in the following towns are also higher: Bloomfield, Enfield, Meriden, Middletown, Simsbury, and Windham.

What does this say about Woodbridge's spending? How did this happen? I guess we residents have been sleeping. I hope we wake up before the new rate is set.

Joan Dekas

FARMERS' MARKET SEEKING VENDORS FOR ITS THIRD SEASON

The Woodbridge Library Farmers' Market is pleased to announce its return for the 2016 season. The market will run weekly this year on Wednesdays, beginning on June 29 and continuing through August 31 from 3:30-6:30pm. Since its opening in 2014, the market has expanded each year and this year will run weekly.

The Woodbridge Library Farmers' Market is currently seeking vendors of all types except produce, but including dairy, honey, flowers, cheeses, meats, food products, baked goods/breads, and artisan items. All items must be made or grown Connecticut. Non-food vendors are required to submit photos of their products and all items must be compliant with the Quinnipiac Valley Health District. Food vendors must have proper licenses. We are also looking for local musicians to share their talents as well.

If you or your group are interested in becoming a vendor or performing during one of our market days, please contact Katherine Ward at kward@woodbridgect. org. Woodbridge Town News

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www.columbushouse.org

Donate your gently used furniture, housewares, clothing, and just about anything else, and let Helping Hands turn your donations into money to help COLUMBUS HOUSE end homelessness.

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AVOIDING INJURIES IN YOUNG & GROWING ATHLETES

Kyle Branday MSPT

As the days of winter turn into the warmth of spring and summer, a new season is upon us. And for most adolescents and teenagers, it's the dawn of the new sports season. In the past it also signified a transition from the end of

winter sports to the beginning of a new spring or summer sport. However, in recent years, more and more kids are playing a single sport year round. Is it to better their skill set? Of course it is! Anyone who has played a sport or performed an activity at a high level of skill knows that repetition is critical to improvement. But

what are the costs of giving up playing multiple sports in favor of focusing on a single athletic endeavor?

Though the "change of pace" is a nice way to give kids a variety of activities, the systemic problems lie much deeper. In outpatient orthopedics, we have seen a tremendous spike in repetitive overuse injuries. This spike has shown a direct correlation with the advent of the single sport athlete. Where young athletes would get a change from the overhead throwing of baseball to the lower body taxation of soccer, we now see the continual repetition creating dysfunction in athletes who are not physically developed enough to withstand the rigors of a single sport year round.

Repetitive and overuse injuries can occur throughout the body for a very wide range of reasoning. However, with our young athletes, problems such as rotator cuff injuries, hip flexor and Achilles tendinitis, and spinal pain are becoming overwhelmingly common. The answer to why is simple: over development of very specific muscle groups used in one sport; and under development of muscles in multiple sports which would be otherwise strengthened and supported through different isolation and combined movement patterns. sporting activities. Cross training across athletic lines creates variability in a young athlete's ability to strengthen. Take an overhead throwing athlete such as a baseball player. Conventional wisdom would say in order to throw the ball

harder, strengthen the arm and in particularly the rotator cuff. But if you delve deeper into the mechanics behind a throwing athlete, we realize that core stability and lower body strength play equally as big a role. This generates biomechanical power to improve distance and velocity with throws, whether pitching or making

the throw from 3rd to 1st base when younger baseball players make the transition to the big field. Without proper lower body strength and a strong core, a player is forced to rely solely on creating power from their arm, hence creating a tremendous strain on their body.

In the rehabilitation setting, we offset these issues by strengthening the under developed muscles. This is necessary to support areas susceptible to overuse injuries, and improve range of motion otherwise limited due to using only a few select movement patterns while playing a lone sport. As AAU, travel teams, and the various town leagues can dominate a schedule, leave little precious time for other athletic endeavors. But let's not forget a basic principle of athletics: the stronger you are throughout your body, the better you will perform, and the less likely you are to sustain injuries.

Kyle Branday MSPT is a licensed physical therapist and partner at Amity Physical Therapy in Woodbridge. He is a graduate of Quinnipiac University with his Masters in Physical Therapy. He works with patients of all ages and ability levels, treating athletes with fractures and sprains to gait and balance dysfunction in the elderly. Amity Physical Therapy was founded eleven years ago by Michael Dow MSPT and CEO/ Director. The practice has three offices: Woodbridge, Hamden and Branford. Kyle Branday can be reached at 203-389-4593.



PAIN WHEN THROWING?

Michael Demetriades DPT

Are elbow or shoulder injuries preventing you from playing baseball or softball at your maximum potential? In my experience, I have seen these injuries starting as young as little league all the way up to senior softball leagues. Approximately 58% of all baseball related injuries and 75% of the total time lost from competition are due to injuries

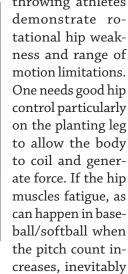
of the upper extremity. Although the shoulder and elbow account for the majority of the overall injuries sustained by baseball players, these injuries often stem from dysfunctions occurring away from the injury site. Even though you may have an injury in your elbow or shoulder; the cause

shoulder; the cause of the problem may be somewhere else

in the body. During the motion of throwing there are several major muscle groups that are involved in addition to your elbow and shoulder muscles. The scapular musculature (muscles around your shoulDuring throwing, the core muscles contract to accelerate and decelerate the rotation of your upper body. If weakened, there will be lack of control and/ or trunk rotation, which will again force your arm to use more energy to obtain the same velocity as if you had normal trunk control.

In my experience in the clinic, many





the shoulder and elbow must compensate. This compensation can lead to faulty mechanics and rotator cuff injury or epicondylitis of the elbow.

What does all of this mean? Aspiring athletes would benefit from a thorough screening. This is especially true for those in the early stages of Little League or high school who have experienced soreness or want to avoid future injuries. It is advisable to seek the services of a sports oriented physical therapist. In our clinic, we often screen athletes of all ages and coordinate our corrective action plans with orthopedists, pediatricians, or internists. In Connecticut, you can be screened by a physical therapist at your convenience with or without a physician referral. Our office takes a whole body approach to each and every injury including the issues discussed above. Michael Demetriades DPT received his doctorate degree from Quinnipiac University. He has experience in working with all ages and injuries. Michael is a previous varsity hockey and baseball player who is well versed in the modern athlete. He can be contacted in Woodbridge at (203) 389-4593.

Variation of exercise is a fundamental principle that extends into simple weight training up through differentiation in

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Have an Upcoming Birth Announcement, Anniversary, Engagement or Wedding? Send it to us with a photo and we will publish it FREE. Woodbridge Town News, P.O. Box 1126, Orange, CT 06477 Email: edit@woodbridgetownnews.com der blade), your core muscles, and hip muscles are all significantly involved in throwing a ball.

During the phase of throwing, when your arm is reaching back, your rhomboids, middle trapezius, lower trapezius, teres major and latissimus dorsi are all working to help pull your arm back to wind up before your arm goes forward to let go of the ball. If any of these muscles fire at the incorrect time or if there is any significant strength deficit, this could lead to an imbalance in muscles and force your rotator cuff muscles to compensate. I have witnessed compensations due to weak shoulder blade muscles which over time can result in an injury to your rotator cuff muscles. Another major muscle group involved in throwing is your core musculature (rectus abdominis, internal and external oblique and transverse abdominis).

DOLLAR\$ AND \$EN\$E



THE DEPARTMENT OF LABOR SPRINGS INTO ACTION

It looks like the spring of 2016 will be more than turning the page on the calendar for the financial services industry and for those individuals that seek advice for retirement from financial advisors. By the time this article is published the Department of Labor (DOL) will have published its final regulations regarding the "Fiduciary Rule". If you presently work with a financial professional who gives you retirement advice and/or investment recommendations for your IRA, ROTH IRA, rollover IRA, inherited IRA, SEP IRA or spousal IRA that relationship is about to be redefined.

Part of the Fiduciary Rule means that your financial advisor must offer unbiased advice, regardless of the investment product being recommended. This could be difficult for a brokerage firm or insurance company that offers proprietary (investment products that are exclusive to a firm or insurance company) products that generally do give higher compensation than non-proprietary products. In other words, advisors who have incentive to use one retirement vehicle, whether that incentive is for higher compensation or trip qualifications, can no longer continue with such a structure.

There has been much controversy surrounding the Fiduciary Rule, so much that the original proposal was shelfed back in 2012. You might ask, what is wrong with putting a client's best interest first and offering unbiased advice? Nothing! In fact most financial advisors already put their customers' best interest first. They are hardworking men and women who go into this field to help families achieve retirement security. Then why would there be controversy about the new regulations? Because as written, financial advisors will no longer be able to receive any compensation in the form of commission, service fees or on-going 12B-1 fees for advising you on your retirement accounts. If an advisor wants to continue to be compensated for giving retirement advice (with or without investment recommendations), they must now enter into a contractual agreement with their client. The contractual agreement is called a "Best Interest Contract Exemption" or BICE. The BICE contract will have full disclosure of compensation and other fee information, a warranty that neither the advisor nor the financial institution will make many misleading statements and disclose the steps the advisor and financial institution will take to mitigate potential conflicts of interest.

The other DOL alternative is to use fee-based programs where, instead of your advisor being compensated by the investment or insurance company, they would be directly charging you a fee based on the assets under management (you write a check). Fee based programs may not be appropriate for every investor, especially for smaller accounts. And, therein lies the problem with the new DOL regulations - the added costs for implementation. A study conducted by the Financial Services Institute with Oxford Economics Projects predict that the rule will cost the industry nearly \$3.9 billion dollars to implement! That figure is not far-fetched as this is one of the most comprehensive revisions of fiduciary advice regulations since 1974. The industry concerns are that these costs will likely result in less access to retirement planning advice and services for small and medium sized investors.

If you have not had a conversation or received information about the DOL from your advisor, call them. You will need time to understand how this will affect you and what changes, if any, you might expect. Try to get a better understanding of the BICE contract and what it will mean to you. Be ready to explore your options going forward. The existing proposal would require financial professionals to be in compliance in 8 months from its release. A google news search of "DOL Fiduciary Rule" will get you up to speed. Roberta L. Nestor is a financial advisor practicing at 491 New Haven Avenue in Milford, CT offering retirement, long term care, investment and tax planning services. She also offers securities and advisory services as an Investment Adviser Representative of Commonwealth Financial Network - a member FINRA/SIPC and a Registered Investment Adviser. Fixed insurance products offered through Nestor Financial Network are separate and unrelated to Commonwealth. Commonwealth Financial Network or Nestor Financial Network does not provide legal or tax advice. You should consult a legal or tax professional regarding your individual situation. Roberta can be reached at Nestor Financial Network, 203-876-8066 or roberta@nestorfinancial.com.

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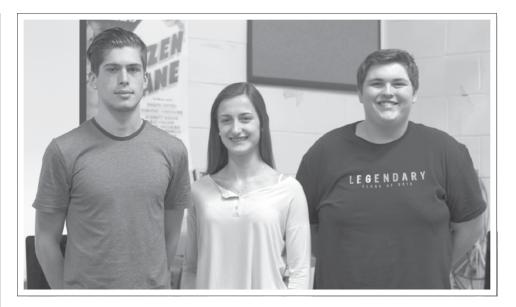
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HAMDEN CHAMBER WELLNESS THANKS AMITY STUDENTS

With the assistance from a group of Amity High School Video Production students, The Hamden Regional Chamber of Commerce's Health and Wellness Council will be presenting two very special events for seniors, caregivers, healthcare professionals and the community, "This is My Story-A View on Life Transitions." Seniors and caregivers will talk about what it is like to require assistance and transition to receiving home care services, going to adult daycare or moving to an assisted living community or skilled nursing facility. Hear real life stories via video interviews! All with the assistance from

Amity students who gave of their time and videotaped our participants.

Wednesday April 13th at 6pm and Wednesday April 27th at 2pm. Both viewings will be held at Benchmark Senior Living of Hamden-35 Hamden Hills Drive, Hamden CT. Refreshments will be served. On April 13th, Jocelyn Maminta, Emmy Award nominated News Channel 8 medical reporter will be the special guest host and on April 27th Ray Andrewsen from WQUN AM 1220 will be the special host.

Seating is limited - RSVP to Benchmark Assisted Living of Hamden 203-248-1864.



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Leonardo Scotti- Amity High School student and Eagle Scout 203-200-8701 – leonardoscotti19@gmail.com Over 260 people turned out to honor Rabbi Benjamin and Dorene Scolnic of Hamden, and Hyla and Barry Vine of Woodbridge, at Jewish Family Service of New Haven's 75th anniversary fundraising event. The event, held March 26 at Temple Beth Sholom, was a tribute to their lifetime of contributions to the community and especially to JFS. Proceeds from the event went to the JFS Emergency Assistance Fund, which serves families in crisis. Pictured (left to right): Barry and Hyla Vine, JFS Board President Cindy Papish Gerber, JFS Executive Director Jonathan Garfinkle, and Rabbi Benjamin and Dorene Scolnic.



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CHARLIE WHITING RECOGNIZED AS APRIL PERSON OF THE MONTH

First Selectman Ellen Scalettar recognized Charlie Whiting as April's Woodbridge Person of the Month. Scalettar initiated the Woodbridge Person of the Month Recognition program to spotlight the many Woodbridge residents, volunteers and employees who go above and beyond the expected in their dedication and commitment to Woodbridge and its residents.

Whiting, a life-long Woodbridge resident, founded Woodbridge's Troop 63 of the Boy Scouts of America in 1963. Since then he has served as Scout Master, mentor, counselor, guide and friend to hundreds of boys as he guides them from young Cub Scouts to mature Eagle Scouts.

Boy Scout Troop 63 is one of the oldest Troops in the Connecticut Yankee Council. The Troop is known as the "outdoor troop" and outings include all types of camping, hiking, backpacking, skiing, canoe trips, white water rafting as well as cultural events such as visits to historical parks and monuments in addition to community service projects.

"Charlie has done so much to contribute to the quality of life in Woodbridge, including guiding and inspiring our young men, protecting our residents and organizing Town employees," said Scalettar. "Woodbridge would be a very different place without him."

Whiting will turn 88 this month and has decided to start slowing down. This past February, for the last time, Whiting served as Master of Ceremonies during the "Crossing Over" ceremony that marks a Cub Scout's transition to a Boy Scout. Whiting has also been instrumental in the Boy Scout annual fundraiser sale of Christmas trees.

In addition to his commitment to the Boy Scouts, Whiting has been a member of the Volunteer Fire Department since 1948 and served as Assistant Fire Chief from 1983-1985. Professionally, he worked for the Town of Woodbridge Highway Department for 32 years, retiring in 1995. During that time he helped start the Town's labor union and was one of two Highway Department employees who responded to fire calls.

If you know a Woodbridge employee, resident or volunteer who's gone above and beyond expectations, please nominate that person for this award by contacting Betsy Yagla at byagla@woodbridgect.org or 203-389-3403. New York Times ★ ★ ★ Very Good "Superb Indian Food" New Haven Register Elm City News ★ ★ ★ ★ Excellent Voted "Best Indian Restaurant" New Haven Advocate 2012 Zagat Rated Best Indian Restaurant in the Tri-State Area



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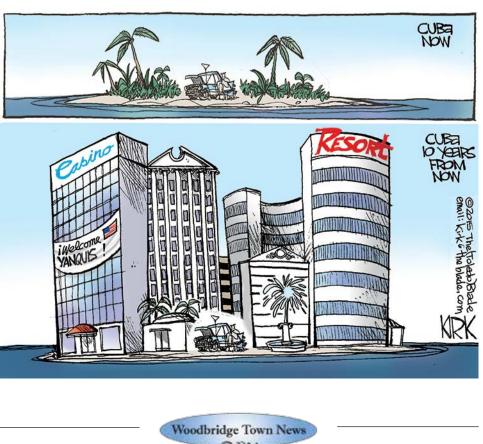
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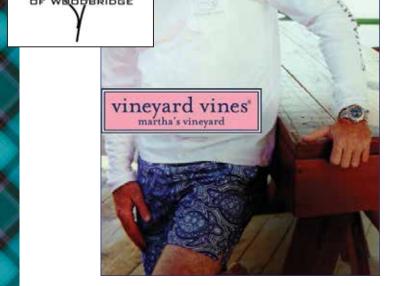
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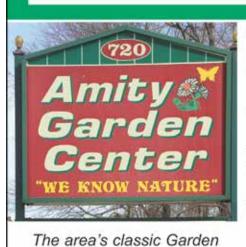
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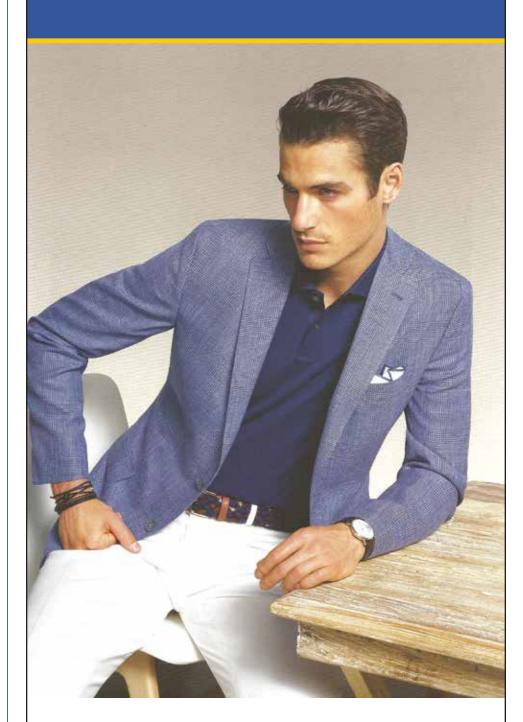
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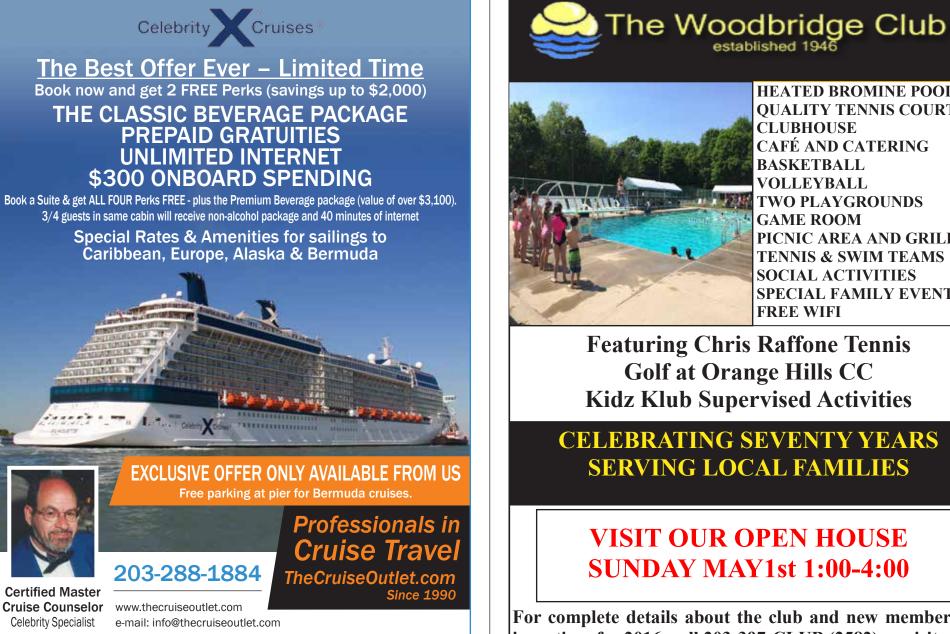
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Q: I love **Tobias Menzies** of **"Outlander."** Can you tell me what else I can see him in? -- Layla F., via email

A: If you're looking for older stuff, you can see the talented Brit in "Casino Royale," season three of "Game of Thrones" (a quick IMDB check shows he'll be in season six as well), "Atonement" and "Rome." Currently airing across the pond on the BBC is a TV series called "Night Manager" -- a six-part adaptation of John Le Carre's spy thriller -- where Tobias co-stars alongside Tom Hiddleston and Hugh Laurie. AMC grabbed up the rights here in the States, where the miniseries will begin airing on April 19. And, of course, you can catch Tobias in "Outlander" on Starz; season two begins April 9.

Q: Please tell me that my husband heard correctly: Is **Harrison Ford** reprising his role of Indiana Jones? --Glenda R., via Facebook

A: He is indeed! Harrison and **Steven Spielberg** are reteaming to bring us this fifth film in the series, which is expected to be released July 19, 2019. **Alan Horn**, chairman of the Walt Disney Studios, said in a recent press release: "Indiana Jones is one of the greatest heroes in cinematic history, and we can't wait to bring him back to the screen in 2019. It's rare to have such a perfect combination of director, producers, actor and role, and we couldn't be more excited to embark on this adventure with Harrison and Steven." And let's all just forget that fourth movie ever happened.

Q: Are they really making an updated "**MacGyver**" TV series? -- Paul T., Atlanta

A: Lucas Till, who just finished filming the role of Havok in "X-Men: Apocalypse" (in theaters May 27), will



Lucas Till [Depositphotos.com]

star as the resourceful secret agent in the CBS pilot of the "MacGyver" reboot. He'll play our 20-something hero who's recruited into a secret organization to help save lives using his special set of skills. Till joins **Joshua Boone**, who will play his best friend, Gunner, and **George Eads** (of "CSI" fame), who has been cast as Lincoln.

Q: "Vikings" is one of my favorite dramas on television. Will it be back for another season? -- Frank H., via email

A: The History channel has renewed the historical drama for a 20-episode fifth season, which is set to air in 2017. Also, Jonathan Rhys Myers has been tapped to join the series, but his role has not yet been revealed. Jonathan plays bad guys so well ("The Tudors," "The Mortal Instruments: City of Bones" and "Dracula") that I hope he'll also play a baddie for this series. After all, that's how we love him most. In case you're interested, you can see Jonathan from May 30 through June 2 during the four-night miniseries event of the reboot of Alex Haley's "Roots," which will air simultaneously on A&E, History and Lifetime.

Write to Cindy at King Features Weekly Service, 628 Virginia Drive, Orlando, FL 32803; or e-mail her at letters@cindyelavsky.com.







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Paugusset Pool & Tennis Club Elects Its 2016 Board of Directors

Seated L to R: Christy Lindsay, Sabra Donovan, Heather Allen (President), Garan Mullin, Mary Shaw; Standing L to R: Chris Browe, Joe Cafasso, Brian Kaligian (Past President), Ken Ziman, Mike Storz; (Missing from Photo: Amy Bugge, Sherri Franzman)

WOODBRIDGE ROTARY PLANS SILENT AUCTION & WINE TASTING

The Woodbridge Rotary Club is planning its Annual Rotary Club Silent Auction and Homemade Wine Tasting on Thursday, May 19th, 6:00 p.m.-9:30 P.M. at the Woodbridge Club, 10 Milhaven Road, Woodbridge.

The event will feature homemade winemakers serving their finest and food by local restaurants. This year, the Woodbridge Rotary Club chose agencies trying to help those who need food assistance as the beneficiary of the monies raised. Proceeds will benefit D.E.S.K. (Downtown Evening Soup Kitchen), CT Food Bank and Stop Hunger Now.

Donations are being sought for the Silent Auction of sports and theater tickets, gift certificates, gift baskets and other goods and services that would make the Silent Auction successful and fun. Also, The Rotary Club is seeking sponsors for its ad book. The Program Sponsor ads are \$100 for a full page ad, \$50 for half page ad and \$25 for business card size ads.

Tickets for the event are \$35. For more information or tickets to the event, contact Buddy DeGennaro at 203-710-2548 or email buddy.degennaro@gmail. com, Tony Anastasio at 203-980-9373 or email tonya33@optonline.net, Robyn Reilly at 203-668-3008 or emailrobyn@ sfg4life.com or Chris Lovejoy at 203-671-5684 or email Chris.lovejoy@ cbmoves.com. Homemade wine makers should contact Buddy DeGennaro.

JEWISH COMMUNITY CENTER EVENTS

All events take place at the JCC, 360 Amity Road, Woodbridge

Introduction to Kabbalah

Thursday, March 31; April 7 & April 14 – 7-8:30 p.m. join instructor Justin Beck in exploring questions of Jewish spirituality such as:

- What is the meaning of life?
- What does it mean to be Jewish?
- How can I make my life more meaningful and fulfilled?

The Jewish answers to these questions and many more will be addressed in the three-part series. Cost is \$45 for JCC members or \$50 for community members. For more information contact Mara Balk at marab@jccnh.org.

April School Vacation Camp

Monday, April 18-Friday, April 22, 9 a.m.-4 p.m. Extended care available. When school is out the JCC is in! Join us for a week of fun and meeting new friends. The week includes an inflatable obstacle course, tie dye crafts, a magic show by Danny Magic, screening of the Disney Pixar film "Good Dinosaur," and kite making. After school programs are located at the JCC of Greater New Haven. For more information and pricing, contact Kari McInerney, After School Director at karim@jccnh.org or (203) 387-2522, ext. 236.

Book Launch For Author Marc Wortman

Tuesday, April 19, 7-9 p.m., please join the JCC of Greater New Haven in this book launch featuring Marc Wortman and his new novel, 1941: Fighting the Shadow War: A Divided America in a World at War. Pick up your copy of his book at RJ Julia Booksellers today. This event is free and open to all! Coffee, cocktails and nosh will be available. For more information, contact Mara Balk at marab@jccnh.org.

> Passover School Vacation Camp

9 a.m.-4 p.m. Extended care available. When school is out the JCC is in! Join us for a week of fun and meeting new friends. The week includes tie dye crafts, pom-pom launcher and kaleidoscope making, and super hero day which includes designing a cape and mask. After school programs are located at the JCC of Greater New Haven. For more information and pricing, contact Kari McInerney, After School Director at karim@ jccnh.org or (203) 387-2522, ext. 236.

Book Celebration For Author Betsy Lerner

Sunday, May 15, 4 P.M. please join us in this author showcase featuring New Haven native, Betsy Lerner and her memoir, The Bridge Ladies. Betsy will sign books and there will be a panel with the Bridge Ladies. This event is free and open to all! Coffee and desserts will be available. For more information, contact Mara Balk at marab@jccnh.org.

IsraelFest New Haven

On Sunday, June 5, the Jewish community will host IsraelFest New Haven on the JCC Campus in Woodbridge from 2-6 p.m. From 2-4 p.m. there will be an Israeli carnival featuring food, educational booths, dancing, games and much more. The festival will feature a concert at 4pm with Yemen Blues, an extraordinary Israeli fusion band combining Middle Eastern and jazz influences. IsraelFest is free and open to the community.

IsraelFest, a collaboration of Greater New Haven synagogues and the Jewish Federation, also known as Kesher, unites the broader community in celebration of the anniversary of Israel's Independence. Rabbi Rona Shapiro of Congregation B'nai Jacob said that she "recalls wonderful Israel celebrations with her family in Cleveland, OH" and said she "looks forward to creating a special experience

GARDEN CLUB OF WOODBRIDGE EVENTS

On Tuesday, May 3, 2016 - The Garden Club of Woodbridge presents a Field Trip to "The Glebe House Museum and Gertrude Jeckll Garden" 149 Hollow Road, Woodbury CT. Those interested in visiting, please RSVP to Barbara Bessinger 203-389-7709.

The Garden Club of Woodbrige will hold a plant sale on Saturday May 14, 2016 from 9:00am - 12:00pm in the Grove behind the old Fire Station in Woodbridge Center. A wide variety of native perennials and shrubs will be available with an emphasis on native plants. The Garden Club is committed to promoting a healthy natural environment in our rural town by encouraging residents to choose native flowers, trees and shrubs. The sale will also include a selection of easy to grow herbs and a tag sale of garden related items.

Thursday, June 2, 2016 - The Garden Club of Woodbridge presents its Annual Fundraiser and Luncheon, "Less is More." Speaker: Michael Derouin, Director of Floral Design at McArdle's in Greenwich. Location: Birchwood's at Oak Lane, Oak Lane Country Club, 1027 Racebrook Road, Woodbridge, 11:45 a.m. Tickets, \$40.

Proceeds from this sale support the Garden Club's efforts in programs open to the public and maintenance of our town gardens. Monday, April 25-Thursday, April 28, in New Haven".









Amity High School Counselor Lisa Conley, Carol O'Brien, March Student of the Month Sarah O'Brien, and Woodbridge Superintendent and Rotarian Guy Stella attended a recent lunch at Woodbridge Social where Sarah and her mother were honored for Sarah's achievements.

ROTARY HONORS MARCH STUDENT OF THE MONTH SARAH O'BRIEN

Amity High School Senior Sarah O'Brien was named Woodbridge Rotary's March Student of the Month. Sarah and her mother, Carol, were honored at a recent Rotary meeting held at Woodbridge Social. Sarah is talented in many areas: academically she shines in Honors level and Advanced Placement courses, she sits as first and principal chair in both the Greater Bridgeport Youth Orchestra and the New Haven Chamber Orchestra, and she has taken a leadership role in her B'nai Brith Youth Organization, serving as president this year.

The Rotary Club thanks Woodbridge Social for its generous sponsorship of the Student of the Month program, which each month during the school year recognizes an outstanding high school student.

AMITY TEEN CENTER LOOKING FOR COMMUNITY VOLUNTEERS

The Amity Teen Center, Inc., located at 10 Selden Street in Woodbridge, Connecticut welcomes professionals in the community to offer workshops and/or mentoring at our after-school program Tuesday thru Thursday 3 - 6 p.m. for at-risk teens. Volunteering can be done on a one time or ongoing basis. We are trying to enhance their appreciation of the need for education and basic reading, writing and math skills.

Examples of appropriate workshops would be on banking, budgeting, job skills, life skills, self-improvement. Any appropriate activities that support our mission and any level of participation would be greatly appreciated.

In addition, we are starting a new community service "company" for teens to learn job skills by doing hands on activity. This will be a medical equipment exchange available to all ages.

Mission: The Amity Teen Center mission is to (1) provide a community anchor for teens where they may socialize and participate in recreational and educational activities in a safe environment, (2) offer after school programs to stimulate creativity, enhance selfesteem, and develop social and educational skills, and (3) develop awareness of community among teens through community service projects, intergenerational programs and multicultural programs.

For further information, please contact either Jennifer Romanoff (203) 668-9348 theatc.info@gmail.com or Linda Cohen (203) 980-3409 cohen. lindad@gmail.com



WOODBRIDGE ENERGY CHALLENGE GENERATES \$3,000 DONATION

The Woodbridge Energy Challenge donated more than \$3,000 to the Woodbridge Food and Fuel Fund thanks to the participation of 124 Woodbridge families. The Energy Challenge, which ran concurrently with the Woodbridge Solar Challenge, encouraged local residents to conduct a home energy audit through the Woodbridge Ad Hoc Energy Advisory Task Force's chosen vendors, New England Smart Energy or New England Conservation Services.

Energy audits cost \$99 and are subsidized by Energize Connecticut. In Woodbridge, the Energy Challenge ran through 2015. For every home energy audit conducted in Woodbridge by the two chosen vendors during the challenge, the vendors donated \$25 to the Woodbridge Food and Fuel Fund. "I'd like to congratulate the Task Force for doing such a great job in providing this educational and energy saving program for our residents," said First Selectman Ellen Scalettar. "This donation is very meaningful to our residents and, on behalf of the Town, I thank the Task Force for their hard work."

Recently, New England Conservation Services, New England Smart Energy, Woodbridge Ad Hoc Energy Advisory Task Force and representatives of UI presented First Selectman Ellen Scalettar and Human Services Director, Mary Ellen LaRocca with a \$3,100 check for the Town's Food and Fuel Fund. "Our goal was to help residents save energy at their homes, and what better way to use this donation than to continue helping residents with energy costs," said Lisa Connor, Chair of the Ad Hoc Energy Advisory Task Force. "This Energy Challenge was so successful, in part, because of the knowledge and enthusiasm of our vendors."

"Even though this past winter was not as bad as previous winters, we still saw an increase in residents coming to us for help with heating and food costs," said LaRocca. "This donation will help us help our neighbors in need."

The Town's Emergency Fuel and Food Fund provides residents who qualify with a one-time per year heating assistance towards electricity, gas, oil and wood. In addition, the Fund provides emergency food assistance for Woodbridge individuals or families in need.

Although the Woodbridge Energy Challenge has ended, residents may still sign up for a home energy audit through their utility company or www. EnergizeCT.com. During a home energy audit residents receive energy-efficient lighting, low-flow showerheads, have leaks sealed and receive written recommendations on energy-saving upgrades and measures. The \$99 fee is waived for income-eligible participants. Residents who complete a home energy audit also gain access to rebates and low-interest financing through Energize CT to make recommended upgrades.

The Woodbridge Energy Challenge ran concurrently with the Woodbridge Solar Challenge. During the challenge, 58 residents installed solar at their home; 27 residents took advantage of the Solar Challenge and installed 239 KW of solar power at their homes. There are now 83 homes in Woodbridge with solar.



DINING WITH SUSAN By

By Susan Noonan





SEASONS BY JEFFREY'S

Claudio Sanfrancesco has owned Jeffrey's Restaurant by Claudio in Milford for 8 years and recently made some great changes at this popular location. The restaurant is now called "Seasons by Jeffrey's" with the concept of changing the menu three to four times a year using the freshest seasonal farm grown and organic ingredients from local high quality purveyors. Claudio recently added Aaron Magun to his staff as Executive Chef. Aaron, an Amity High School graduate grew up in Woodbridge and attended Johnson & Wales for his culinary training. This talented and creative Chef had been working in California and decided the time was right to return to his roots in Connecticut.

Jeffrey's Restaurant from the very beginning had an excellent reputation for outstanding food and service. Claudio has maintained the stellar reputation and also worked hard to make some great improvements including a private room that features French doors, cozy fireplace and seating to accommodate parties up to 35. The exquisite, yet comfortable dining room offers sweeping views of the salt marsh with elegant furnishings including linen tablecloths and napkins. In the summertime you can sit out on the patio and enjoy the lovely flowers and singing birds. One of the most appealing features at Seasons by Jeffrey's is talented Pianist and Vocalist Ray Cranshaw. This softspoken gentleman plays mellow dinner music in the dining room every day for lunch and dinner. Ray is an incredible performer and is extremely popular with the regular clientele. Many evenings you will find guests being serenaded by Claudio himself. He is a true gentleman and the ultimate host with a gift of making his customers feel like they are very welcome and part of his family. I am a true believer of good customer service and Claudio is definitely #1 by far. Seasons by Jeffrey's is a favorite with the local business community hosting many of their corporate events along with numerous private parties. Seasons by Jeffrey's is the perfect location for a wedding with the amazing views, upscale interior, and top notch food. They can

accommodate up to 120 and have an exterior gazebo for the ceremony.

The menu is filled with exciting dishes and flavors for every palette. In addition to the appetizers, salads, and entrees, you will love the soups and warm, crusty bread made daily. Il desserts are house made and I highly recommend the "warm lava cake with cappuccino gelato & almond crackle". Seasons is now offering a "Prefix of the Week" 4 course menu available Sunday-Friday including appetizer, salad, entrée, dessert & coffee for \$35.00. Ladies night every Thursday offers all ladies 50% off all food and drinks. Happy Hour Monday-Friday also featuring 50% off all drinks and appetizers in the cozy bar. Seasons by Jeffrey's menus may be viewed on its website below or on Facebook as well. I also have to mention that they received outstanding reviews from Zagat with one of the highest ratings in Connecticut stating "for a special night out fans head to this upscale Milford establishment for "inventive" very well executed Continental-New American Cuisine served by a staff that "aims to please" in "classy" surroundings".

SEASONS BY JEFFREY'S

501 New Haven Avenue, Milford, CT 06460

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(203) 387-2539

203-878-1910

website: www jeffreysofmilford.com

Open 7 days a week. Lunch served Monday – Saturday 11: am – 3:00pm

Dinner – Monday – Thursday 5:00pm – 9:00pm – Friday & Saturday 5:00pm 10:00pm - Sunday 3:00pm-8:00pm

All major credit cards – Handicapped accessible -Reservations recommended – Special Catering Menu available.

Final notes: When you walk in the front door, Claudio is there to greet you, attending to every detail which is something very unique in today's restaurant business. The warm ambiance and exquisite setting along with the outstanding food and service makes Seasons by Jeffrey's the place to dine with family, friends or business associates on a regular basis.

If you have a favorite restaurant, e-mail susan@orangetownnews.com.

BULLETIN BOARD

Please Note: If you have an event for the Bulletin Board, please send it along no matter how far in advance it is. We will include it in the appropriate issue(s) until the event has taken place.

Boy Scout Troop 63, meetings Monday nights from 7:00 pm – 8:30 pm, Our Lady of the Assumption "Mother" Church, 1700 Litchfield Turnpike (Rte. 69), Woodbridge; September- April and May-June outdoors at Camp Whiting, all boys ages 10 and up or who have completed the fifth grade are welcome to stop by and see what we're all about. For more information, visit http://www.troop963.org or email Troop63CT@gmail.com.

Woodbridge Republican Town Committee Meetings, second Tuesday of each month, 7:30pm, Center Cafeteria. Visitors welcome and urge you to join us. For information, go to www.woodbridgegop.org.

Spring Entrepreneur Series, Thursdays, 5:30-8:00pm (PDT), New Haven Free Public Library, 133 Elm Street, New Haven, sponsored by SCORE New Haven (http://newhaven.score.org/) and the New Haven Free Public Library to help participants establish a business plan, understand basic financial statements, learn how to build a recognizable brand, and manage technology effectively. Participants will receive a certificate of attendance upon successful completion of the series.

Alzheimer's Community Caregivers Support Group, 2nd Thursday of the month, 5:00pm, Arden House,

Conference Room, 850 Mix Avenue, Hamden. Call Maria Paduano, Program Director to RSVP or for more information at 203-281-3500, ext. 7669; www. genesishcc.com.

Woodbridge Rotary Club Meetings, 1st and 3rd Friday of the month, 7:30am breakfast meeting, Country Corner Diner, 756 Amity Toad, Bethany and the 2nd and 4th Friday of the month, 12:15pm luncheon meeting, Woodbridge Social, 12 Seldon Street, Woodbridge. Anyone interested in learning more about Rotary should contact Anna Dickerson at 203-710-0223 or email annadickerson@yahoo. com.

Trap Falls Kennel Club Obedience Classes, every level, AKC STAR Puppy (obedience for dogs under 12 months) and Family Manners Classes/Obedience & Canine Good Citizen; Wednesday and Thursday evenings, Pawz for Wellness in Shelton, CT. For registration and/or information, call 203-450-9485 or email tfkctraining@gmail.com. Trap Falls Kennel Club is a non-profit member club of the American Kennel Club (AKC).

You're invited to Trinity Church! Join us for Sunday School for all ages at 9:10AM and Worship Service at 10:30AM, 33 Center Road, Woodbridge. Visit www.trinityefc.com or

call 203-387-4711 x.10 to learn more.

Ansonia Nature Center Events, 10 Deerfield Road, Ansonia CT 06401; call 203 736 1053 to register for all events.

Woodbridge Caring Community: A

Support Group Network Are you a Caregiver? Monday, April 25, 2016, 6:00pm, Woodbridge Town Library, 10 Newton Road, Woodbridge, Special Guest, Stacey Battat, author, life coach and speaker from The Graduate Institute Stacey will provide discussion and exercises for mindfulness, lightheartedness and compassion. Keeping joy while facing challenges! Come and meet others in similar situations and learn about resources available in the community. Refreshments will be served. Please RSVP to Mary Lee Raro, 203-389-3429.

The Carousel Country Fair, May 7, 2016, 9:00am-2:00pm, Christ Episcopal Church, 526 Amity Road, Bethany, includes six twice nice booths, The Horse and Buggy Tag Sale, Carousel Treasure Trove, Merry-go-Round Country Store, Saddle Up Clothing Boutique, and Grasp the Brass Ring Vintage Jewelry; Food booths will star The Kentucky Derby Bakery, Calliope Memories Café, and Step Right Up Grill; Additional sought after booths include Hobby Horse Needlework and Crafts, Giddy Up Raffles, and Bit and Bridle Blossoms; Especially for children are The Painted Pony Tag Sale and Galloping Gameland with many prizes. will be held rain or shine; Parking is free, no admittance fee. If you have any questions, call the church office @ 203-393-3399, or call Mary @ 203-393-0066.

The Senior Care Professional Council 18th Annual Health Fair "New You Resolutions", Wednesday, May 11, 2016, 9:00am-12:00pm, Thornton Wilder Auditorium, 2901 Dixwell Avenue, Hamden, Dr. Jasmine Manning from Natural Family Health speaks on how Spring is a great time for personal change and fresh beginnings—new hobbies, activities and a healthy lifestyle and Erica Michalowski of AARP's Connecticut Fraud Watch Protection will discuss current scams affecting seniors, showcases community services available to older adults with various agencies providing information as well as health screenings such as glaucoma testing, blood pressure checks, and body fat analysis; gift bags with snacks, giveaways and raffles will be available. All are welcome to attend this FREE event. For more information, please call Suzanne Burbage or Lorrie Martindale at the Hamden Senior Center at 203-287-2547.

61st Annual Strawberry Festival,

Friday, June 10, 2016, 6:00-8:00pm, The First Church of Christ, Woodbridge, 5 Meetinghouse Lane, Reelin' Away fiddle and banjo music, burgers, cheeseburgers, veggie burgers, hot dogs and more for \$12/strawberry shortcake only \$6. For information, call Church Office at 203-389-2119.

Bethany Volunteer Fire Department 9th Annual Car, Truck, Bike Show & Garden Tractor Pulls, Saturday, June 25, 2016 (rain date Sunday, June 26, 2016), 11:00am-5:00pm, Bethany Airport Field, 765 Amity Road (Route 63), Bethany, \$10/parking per carload/show and \$5/entry fee garden tractor pulls. Any questions, contact Amy Cogill at 203-410-2602 or Rich Cogill at 203-954-8597.



Achievements Eleanor Henn Helps Rensselaer Lacrosse

RPI has scored 44 goals behind a balanced offensive attack. The Engineers open their Liberty League schedule on April 1 against defending league champion Union College.

Washington University

St. Louis, Mo. - Lisa Gorham of Woodbridge was named to the Dean's List for the fall 2015 semester at Washington University in St. Louis. Gorham is enrolled in the university's College of Arts & Sciences. To qualify for the Dean's List in the College of Arts & Sciences, students must earn a semester grade point average of 3.6 or above and be enrolled in at least 14 graded units. Kappa Phi, the nation's oldest and most selective collegiate honor society for all academic disciplines: Adam Brocklehurst initiated at Arizona State Univer sity and Rachel Rosenblum initiated at Ithaca College. These residents are among approximately 30,000 students, faculty, professional staff and alumni to be initiated into Phi Kappa Phi each year. Membership is by invitation and requires nomination and approval by a chapter. Only the top 10 percent of seniors and 7.5 percent of juniors, having at least 72 semester hours, are eligible for membership. Graduate students in the top 10 percent of the number of candidates for graduate degrees may also qualify, as do faculty, professional staff, and alumni who have achieved scholarly distinction.

To 4-1 Start

Troy, NY -- Eleanor Henn of Woodbridge is a member of the Rensselaer Polytechnic Institute (RPI) lacrosse team that has gotten off to a fast start to the 2016 season. Specific information about Eleanor can be found on her roster page at http://www.rpiathletics.com/roster. aspx?path=wlax& as well as the team's statistics page, which can be found at http://www.rpiathletics.com/cumestats.aspx?path=wlax&year=2016. The Engineers, who are coached by Leslie DeLano, are riding a three-game winning streak. Their only loss came to the fourth-ranked team in the nation.

Dean's List Colgate University

Hamilton, NY -- The following Woodbridge students have earned a 3.30 or higher term average to receive the Dean's Award for academic excellence at Colgate University for the fall 2015 semester: Hannah Bercovici, a Geology major in the Class of 2017 and a graduate of Amity Regional High School; and William Caracciolo, a Chemistryundeclared major in the Class of 2019 and a graduate of Amity Regional High School.

Inductions

Local Residents Inducted Into The Honor Society Of Phi Kappa Phi

Baton Rouge, LA-- The following Woodbridge residents recently were initiated into The Honor Society of Phi

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ANNOUNCEMENTS FOR CONGREGATION B'NAI JACOB

75 Rimmon Rd, Woodbridge • (203) 389-2111

11:00am Yizkor

Upcoming Events

Sunday, May 1st at 10:00 am - In His Majesty's Scholarly Service: Teaching and Learning East of the Jordan River Led By Ben Watsky – As one of a handful of Jews at King's Academy, a boarding school outside Amman, Jordan, Ben lived and worked in a land whose every stone is steeped in history and legend, but whose contemporary struggles can feel all too real. Ben is excited to return to CBJ where he grew up to share lessons learned from his wanderings in the desert.

Special Services

Passover Schedule

April 22nd at 7:45am – Minyan Followed by Siyum (*No evening service 1st seder*)

April 23rd at 9:45am Service – No Bread & Torah (*No evening service 2nd seder*)

April 24th at 9:30am Service – Pesach Day 2

April 29th at 9:30am Service – Pesach Day 7; Evening Service 6:00pm

April 30th 8th Day of Pesach 7:45am Early Minyan with Yizkor; **9:00am** 'Matzah & Torah'; **9:45am** Service;

Every Week

Bread & Torah – Every Saturday at 9:00 a.m. (Except when Shir Hadash occurs). Come learn parshat hashavua (the weekly torah portion) over bagels and coffee in the library with Rabbi Shapiro before 9:45 a.m. services.

Mah Jong & Canasta – Every Tuesday & Wednesday. Anyone can come in and play. We will be offering coffee "and" but feel free to bring a dairy lunch. Please call to reserve a table.

Daily Minyan – As a reminder, daily minyan is at 7:45 a.m. & 6:00 p.m. and Sunday morning minyan is at 9:00 a.m. Friday night services are at 6:30 p.m. and Saturday at 9:45 a.m.

Gan Hayeled Sundays at 9:30 a.m. [During Religious School] – This is for three- and four-year olds and is a "drop off" experience. The curriculum is a playbased Judaic program, taking advantage of our long history of providing a warm, caring environment in which children can develop social skills while also learning about Jewish holidays, traditions and values.

All programs are open to the public. RSVP required when indicated.

COMMUNITY INVITED TO CONG. MISHKAN ISRAEL PASSOVER SEDER

Congregation Mishkan Israel will be hosting its annual community Passover Seder on the second night of Passover, Saturday, April 23. The Seder will begin at 6:00 p.m. Members of the community are cordially invited. The cost of the seder is \$45.00 for adults (13 and older) and \$22.50 for children ages 4-12; kids under 4 are free. Advance reservations, which are due by April 15, are required. This year's food is being provided by Emily's Catering.

Congregation Mishkan Israel is located at 785 Ridge Road in Hamden. For more information, call the synagogue office at (203) 288-3877.

ORANGE CONGREGATIONAL CHURCH EVENTS

Orange Congregational Church, 205 Meeting House Lane in Orange, (203-795-9749) invites you to come to worship with us this spring at 8 a.m. in the Chapel or 10 a.m. in the Sanctuary. On April 17th we will host the Orange Clergy Association's 2016 Scholar in Residence program. A reception will begin at 4:00 p.m. with the program beginning at 4:30 p.m. This year's program will be a clergy forum on the topic, "Mixing Religion and Politics: When Should Religious Leaders Speak out about Political Issues?" Also, please join us on April 27 at 7:00 p.m. for a Taize worship service. This style of worship includes chant and song from the Taize and Iona



Orange Congregational Church

communities of Europe. Finally, on May 1st at 4:00 p.m. we will have our last Music on the Green concert for this year, "Hymns of Promise". The Junior, Senior and Handbell Choirs, along with brass and organ, offer favorite hymns of our faith. General admission is \$10 a ticket.

TEMPLE BETH SHOLOM HOSTS LECTURE SERIES

The Adult Education Committee of Temple Beth Sholom, 1809 Whitney Avenue, Hamden is hosting a lecture on "Jewish Identity in Italy Today: Which Stones Have Been Left Unturned?" presented by Philip Balma, associate professor of Italian Literary and Cultural Studies at UCONN on April 18th at 7:15 pm. Dr. Balma will address the notion of Jewish identity in Contemporary Italy, and the Anti-Semitic Race Laws. Refreshments will be served. Please RSVP to the Temple office at (203) 288-7748.

Temple Beth Sholom is a conservative egalitarian synagogue with over



Temple Beth Shalom

400 member families and singles from the Greater New Haven community. For information about Temple Beth Sholom, contact the Temple office at (203) 288-7748 or go to www.tbshamdencom.

THE ISLE OF KLEZBOS TO PERFORM AT CONG. MISHKAN ISRAEL

Congregation Mishkan Israel is proud to announce its Cantor G Presents Annual Concert on Sunday, May 22 at 4:00 p.m. The featured performers for this special event are The Isle Of Klezbos. Enjoy an afternoon of eclectic, joyful and imaginative Jewish Music with this wonderful group; a soulful, fun-loving powerhouse all-women's Klezmer Sextet. The NYC-based "Isle of Klezbos" approaches tradition with irreverence and respect. Since 1998 they have toured the world from Vienna to Vancouver. The Band's repertoire ranges from rambunctious to entrancing, neotraditional folk dance, mystical melodies, Yiddish swing & retro tango, late Soviet-era Jewish drinking song, regrooved standards, and genre-defying originals. This program appeals to all ages. Advance ticket sales are available online at cmihamden.org. The community is invited to attend. Congregation Mishkan Israel is located at 785 Ridge Road in Hamden. For more information, call the synagogue office at (203) 288-3877.

MIXING RELIGION AND POLITICS

Come, hear and discuss our religious leaders' perceptions concerning religion's role in the public sphere. The Orange Clergy Association welcomes you to the 2016 "Scholar in Residence" program to take place at the Orange Congregational Church, 205 Meeting House Lane on April 17th. A reception will begin at 4:00 pm, with the program beginning at 4:30 pm.

This year, our program will be a clergy forum on the topic, "Mixing Religion and Politics: When Should Religious Leaders Speak out about Political issues?" Are religious organizations best "seen but not heard" in the public sphere? Is there a place for a religious voice in a presidential election?

Woodbridge Town News

Attention Churches, Synagogues & Houses of Worship!

Send us your organizations events listings and items of interest. We will publish them for free.

Woodbridge Town News – P.O. Box 1126, Orange, CT 06477 edit@woodbridgetownnews.com

Woodbridge Town News

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HOUSES OF WORSHIP

UPCOMING EVENTS AT CONGREGATION OR SHALOM

205 Old Grassy Hill Road, Orange, CT 06477 • 203.799.2341 • www.orshalomct.org

Weekly Services

Minyan Services - Sunday 9:00 AM; Monday 7:30 AM; Thursday 7:30 AM Healing Circle - Wednesday 7:30 AM Shabbat Services - Friday 7:00 PM; Saturday 9:30 PM

Coffee and Learn with the Rabbi

This is an hour long meeting led by the Rabbi on a wide variety of issues held every Wednesday from 11AM to Noon, The first born child, Civil disobedience. Sexual deviancy, The meaning of Tefillin, Biblical jurisprudence, Miracle, The tribe of Cohen, Jealous, Humility, and Religious change.

ZUMBA GOLD AT OR SHALOM

Congregation Or Shalom announces the continuation of ZUMBA GOLD on Tuesday and Thursday nights at 7 PM. ZUMBA Gold is an easy to follow dance movement program that incorporates music from every decade to create an upbeat and fun exercise class. Burn lots of calories, meet new friends, and have a blast. No experience needed and classes are on a drop-in basis. Contact Robin at zumbarobin@gmail.com or call 203-314-8176 or temple office at 203-799-2341.

Chocolate Seder

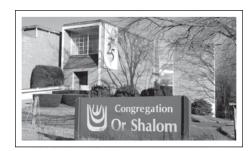
April 10, 2016, Sunday, 10:30-11:30 am

Celebrate Passover with a Chocolate Seder. We would love for all children to join us. Please call the office to RSVP 203-799-2341 free event, Donate a nonperishable item for the foodbank.

Annual Landwirth Memorial Lecture

Sunday, April 3rd-2pm

Speaker: Nicholas Dawidoff Moe Berg, son of Ukrainian Jewish



Congregation Or Shalom

Indians, and Boston Red Sox. However, Berg's true claim to fame derived from another aspect of his life: He was a spy for the American Government. Berg was a brilliant linguist who had graduated from Princeton University Magna Cum Laude. And thus, while playing exhibition baseball in Japan with the likes of Babe Ruth and Lou Gehrig, Berg was asked by the U.S. military to surreptitiously film Japanese industrial facilities. The footage he brought back proved to be invaluable in America's war effort in the Pacific, following the Japanese attack on Pearl Harbor. During the war, Moe Berg performed a variety of missions in Europe as well. One of his assignments involved a trip to neutral Switzerland, where he was to attend a lecture given by prominent German physicist, Werner Heisenberg. Berg's orders were to determine if Heisenberg's nuclear research indicated that the Germans were close to developing an atomic bomb. If they were, Berg's orders were to kill him. Moe Berg attended the lecture, armed with a pistol and... the rest will be revealed by our guest speaker, Nicholas Dawidoff! This year's annual Landwirth Memorial Lecture at Congregation Or-Shalom will feature noted writer Nicholas Dawidoff, author of the best seller, The Catcher Was A Spy. Mr. Dawidoff has also authored a number of acclaimed books, one of which was nominated for the Pulitzer Prize in Biography. He is the author of many articles that have appeared in The New Yorker and The





9 SCREENINGS. 8 FILMS. 7 LOCATIONS. 6 TALK BACKS. 5 TICKETED EVENTS. 4 FREE EVENTS. 3 RECEPTIONS. 12 PARTNERS. 1 COMMUNITY.

............

Give Your Loved Ones a Clear Plan

immigrants, was a professional baseball player in the 1930s. He played as a back-up catcher for the Brooklyn Dodgers, Chicago White Sox, Cleveland New York Times. A Branford Fellow at Yale University, Mr Dawidoff resides in New Haven.

All Are Welcome!

FIRST CHURCH TO HOLD 61ST ANNUAL STRAWBERRY FESTIVAL

The First Church of Christ, Woodbridge will hold its 60th Annual Strawberry Festival on Friday, June 10th, 2016 and all are welcome to join them on the Green at the First Church of Christ, 5 Meetinghouse Lane, Woodbridge, 6:00 to 8:00 P.M. Reelin' Away will entertain with old-time fiddle and banjo music. Burgers, cheeseburgers, veggie burgers, hot dogs, salad, chips and drinks will be served. Strawberry shortcakes are made from scratch. The cost of the complete meal is \$12 or just shortcake is \$6. Takeout is available. All proceeds go to the benefit of the Church and its programs. The festival will be held indoors if there is inclement weather. Please call the Woodbridge First Church Office at (203) 389-2119 with questions or for directions. Introducing an **Estate Plan** That's Comprehensive, Affordable, and Goes Far Beyond Stating Who Gets What.

Besides naming beneficiaries, this plan will:

- Cut down the impact of death on family finances
- Provide trustworthy oversight of estate plan assets at a minimal cost
- Ensure distributions are made only to mature beneficiaries
- Avoid costly probate administration fees
- Include asset protection and tax saving options



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FRIDAY, APRIL 8, 2016



FIRST SELECTMAN WELCOMES SPICE IS RIGHT TO WOODBRIDGE

Ken Maratea opened The Spice is Right, a new catering company and sandwich shop in late February. First Selectman Ellen Scalettar recently visited and welcomed The Spice is Right to learn more about the restaurant on Selden Street. The First Selectman has been visiting local businesses to highlight them as part of the "Shop Woodbridge, Dine Woodbridge, Try Woodbridge" campaign. The visits are designed to highlight Town businesses and to foster economic development in Woodbridge. Additionally, the Town's Economic Development Commission has been inviting businesses to its monthly meetings in order to learn about those businesses.

"Welcome to Woodbridge," Scalettar told Maratea. "We're so glad you're here."

"This is a great spot, and I've already made friends here," said Maratea, who lives in Hamden. Maratea's restaurant is in the old Dine-1-1 location in the Selden Plaza. "I got a call from a friend of Mary Jean's [Goodman] who told me she wanted to sell the business because she was moving," Maratea told Scalettar. "My focus is on catering and I do lunch and sandwiches. Her clientele still comes in so I'm trying to serve them also."

Maratea specializes in corporate catering, but also does parties, weddings and other events. He previously owned a restaurant in North Haven, Ken and Jerry's, and the West Main Grille in Cheshire. Both were sit-down restaurants and he's happy to focus on catering now.

There are a few tables and seats inside the small restaurant, but most of his business is to-go orders, Maratea told Scalettar. As he was saying that his business neighbor, Cynthia Miller of Today's Clothing, came in to order a sandwich to go. "It's great," Miller says. "His food is so good and I can get a quick bite to eat without having to close my shop."

The Spice is Right's menu is extensive and includes cold deli sandwiches, hot sandwiches, specialty sandwiches, burgers, hot dogs, quesadillas and salads. He also makes deli sides, stuffed breads, a variety of homemade soups and chilis, plus breakfast sandwiches and breakfast burritos. The Spice is Right is open from 7 am – 3 pm Monday through Friday and Saturdays 8 am – 2 pm.

For more information, or to see the full menu, visit thespiceisrightct.wix. com/main. Daily specials are announced on the restaurant's Facebook page, facebook.com/thespiceisrightct/.

If you know of a new or expanding business in Town, or if you would like the First Selectman to tour your business, please contact Assistant Administrative Officer Betsy Yagla at byagla@ woodbridgect.org or 203-389-3403. To stay up to date on Woodbridge business news and events, sign up for the Town's business email newsletter.



PROGRESSIONS WELCOMES ARTISTS KLINE AND VAIUSO

Diane became certified as a nail and waxing specialist in 1989 from Galmar of North Haven. Shortly after, she relocated to Florida where she resided for 22 years. She worked as a nail technician and waxing specialist in the Boca Raton area for over 10 years and enjoyed both a large clientele and stellar reputation as an artist.

Diane moved back to Connecticut in 2011 and has continued her successful career in nails. Her experience in the cosmetology field includes gel enhancements, gel color manicures, pedicures, full body waxing, spray tanning, natural looking semi-permanent lash extensions, brow and lash tinting.

Joseph has been an expert stylist

and colorist since 2010. A graduate of Paul Mitchell Institute, he also worked there as an instructor. A native of New Haven, his skills have firmly established his reputation as a perfectionist and he has clients that travel from as far as West Hartford for his expertise.

Joseph has a passion for cycling and also teaches a spinning class. He is a resident of Hamden where he lives with his son and daughter.

"We are very excited to have Diane and Joseph as part of the 'Dream Team' at Progressions," said Stephanie Cabral, co-owner of the salon with her husband Mario. Diane and Joseph invite all their previous clients and welcomes new ones to the salon.

REDUCE PESTICIDE POLLUTION AT HOME

Commercial farms are often blamed for the vast array of contaminants that find their way into water supplies and the soil itself. But home-gardening enthusiasts may also be contaminating water and soil through the use of pesticides.

Data from Green-NetWorld, an environmental advocacy group, indicates Americans use approximately 2.2 billion pounds of pesticides every year. Pesticide use is a prolific problem. More than 100 active pesticide ingredients are suspected of causing cancer, gene mutations and birth defects. In addition, a growing list of pesticides may disrupt the immune and endocrine systems and have longterm impacts on infants and young children. Research indicates that many pests targeted by pesticides will eventually develop resistance to these pesticides, rendering the chemicals useless. Homeowners concerned about pesticides can visit www.epa.gov to learn more about reduced-risk pesticides.

Use biopesticides. Biological products, also known as biopesticides, can play a role in a more sustainable food chain. These control agents include fungi, bacteria or viruses and can be applied like chemical pesticides but do not leave toxic residues. Furthermore, they are relatively inexpensive to produce.

Look to the kitchen. Dish soap can be an effective pest killer. Fill a spray bottle with soapy water and spray around the exterior of your house and on plants that have a pest problem. The soapy water can kill ants and roaches. It also can coat the wings of small flying insects. Catnip is another natural pesticide. Planting catnip in a garden can repel mosquitoes. Use epsom salt. Sprinkling this salt on the leaves of plants in the garden can keep away animals, such as deer or groundhogs, that would otherwise devour plants. Epsom salt also can repel beetles, slugs and snails. Before homeowners turn to chemical pesticide applications, they can explore many natural remedies to keep unwanted pests at bay.



One way to reduce chemical pollution at home is to find alternatives to pesticides.

Investigate reduced-risk pesticides. The United States Environmental Protection Agency is examining pesticides that pose less risk to humans and the environment than existing pesticides.

Reserve your ad space today. Call us at 203-298-4399.



Bethany Registrar of Voters Pua Ford assists Amity seniors with the Secretary of the State's online voter registration site.

AMITY STUDENTS REGISTER TO VOTE

Per State Statute, Registrars of Voters from Bethany, Orange and Woodbridge facilitated two days of voter registration at Amity High School on March 30 and March 31. Each high school senior English class attended an online registration session in the school's media center.

In addition to registering to vote, the students were instructed on upcoming voting opportunities and absentee voting procedures.



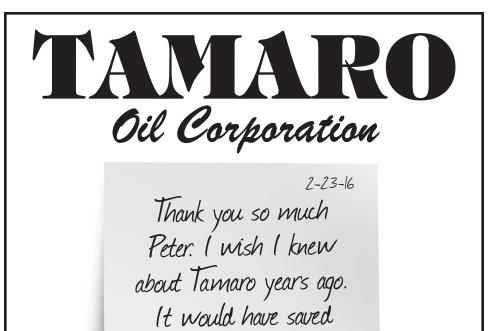


CITY & TOWN LEADERS SIGN ON TO NEW WATERSHED GREENWAY

First Selectman Ellen Scalettar was among regional officials at a recent signing ceremony designating the West River as a Connecticut Greenway. Behind her is Bethany First Selectman Derrylyn Gorski.

On Wednesday, March 23rd, elected leaders from five cities and towns, along with officials from the Regional Water Authority and the Greater New Haven Water Pollution Control Authority, signed on to support the West River's designation as a Connecticut Greenway. The West River Watershed Coalition – a grassroots collaboration of more than three dozen organizations and individuals – spearheaded the effort to gain Greenway designation, which was officially granted by the Connecticut Greenway Council and the Connecticut Department of Energy and Environmental Protection in June 2015.

Elected leaders from New Haven, Bethany, West Haven, Hamden, and Woodbridge, along with boards of the Regional Water Authority and the Greater New Haven Water Pollution Control Authority, were essential supporters of this designation. Greenway designation, along with a new Watershed Management Plan for the West River, lay the groundwork for efforts to create a restored, safe, accessible, clean West River.



9TH ANNUAL CAR, TRUCK, BIKE SHOW & GARDEN TRACTOR PULLS

The Bethany Volunteer Fire Department will be hosting its 9th Annual Car, Truck, Bike Show & Garden Tractor Pulls. All antique cars, trucks, muscle cars, motorcycles and big trucks are welcome! The event features people's choice judging. This event will be held on Saturday, June 25, 2016 from 11am-5pm at the Bethany Airport Field, adjacent to fire headquarters-765 Amity Road Bethany (Route 63). Rain date will be Sunday, June 26. Show vehicles should arrive at 10am with raffle and trophies being distributed at 3:00pm. Registration for the garden tractor pull event will begin at 10am and pulling will begin at 11am. The cost for the event is \$10 for parking per carload/show vehicle and \$5 entry fee for the garden tractor pulls.

The event offers fun for the entire family with a 50/50 raffle, face painting and DJ. This year will again feature our famous food tent with fire fighters and auxiliary members hard at work cooking delicious pulled pork sandwiches, sausage & peppers, hamburgers, cheeseburgers, hot dogs and ice cream. If you have any questions, please contact Amy Cogill at 203-410-2602 or Rich Cogill at 203-954-8597 or visit http:// www.bvfdct.org/.

This event is sponsored by Laticrete International Inc.

me a lot of worry. Sincerely, R.

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"AN OUNCE OF PREVENTION" Changes To Your Home Or Property

Imagine you have just found the perfect house! Well, almost perfect. It's a little small and has too few bedrooms, but over the years you plan to be there, you will add on as your family grows. Or you plan to add a deck or bury propane tanks. Maybe a new garage. No problem, right? After all, you are the homeowner, so you should be able to do what you want!

This is not always the case and many homeowners are devastated when they find out that they can't do as they planned. There are environmental, building and zoning regulations that affect adding on to your home or building additional structures. All people who are building or adding to their home need a permit from the building department of your town before you build AND if your home has a septic system or well, you also need a permit from your local health department, which is required before you can get your building permit.

Building and zoning regulations may address issues such as your lot size, the distance from your neighbor's property line or the distance from the center of the road. Environmental health issues most often come into play for properties that have septic systems and/or wells. There are specific regulations about the placement of structures in relation to the location of the septic system and the well. There is a regulation, CT Public Health Code (CPHC), Section 19-13-B100a, (commonly referred to as B100a) which requires that if you want to add an addition, deck, shed, garage, additional bedrooms, a swimming pool or bury propane tanks, there must be an area on your property for a replacement septic system, should your current system fail after you add your addition (or shed, garage, deck, swimming pool or buried tanks). Permission from the health department cannot be granted until this is demonstrated. This is the law and is enforced by local health. If your addition is not a bedroom per public health code definition and if it does not increase the footprint of the existing house and if it doesn't take up land space, you may be able to get a health department permit with only a thorough review of your plans by a health department representative.

If the house you are looking to buy has a septic system and a well and you are purchasing the house with the intention of adding on to make it suitable for your family, learn about CPHC B100a BEFORE you make the purchase. Note: B100a applies to all homes. There is a lot more to know about this process. Educate yourself before you make a purchase or spend money on having plans drawn up. District residents (Bethany, Hamden, North Haven and Woodbridge) can call QVHD, 203 248-4528 to speak to a sanitarian during office hours, Monday to Friday, 8:30 to 9:00 a.m. and 3:30 to 4:00 p.m., or request a "B100a" fact sheet. You can also view the fact sheet online, www.qvhd.org, search Additions and Accessory structures.

RED CROSS HAS NEED FOR TYPE O NEGATIVE BLOOD Type O Negative is Often Needed in Trauma Situations

The American Red Cross has a significant need for type O negative blood donors to donate blood for patients. Type O negative blood can be transfused to patients with any blood type and is often used in emergency situations. While less than 7 percent of the U.S. population has type O negative blood, hospitals depend on frequent O negative donations to ensure it's always available for patients in need.

Eligible donors with type O negative blood are encouraged to make a whole blood or double red cell donation, where available, through the Red Cross. During a double red cell donation, two units of red blood cells are collected while most of the plasma and platelets are returned to the donor. "Type O negative donors are an important part of the Red Cross trauma team," said Nick Gehrig, communications director, Red Cross Blood Services. "While all blood types are needed, type O negative donations are necessary in emergency situations when there is no time to determine a patient's blood type. Because there is such a high demand for type O negative blood, O negative donors are needed to donate often."

The Red Cross must collect approximately 14,000 blood and platelet donations every day for the patients at about 2,600 hospitals and transfusion centers nationwide. Blood and platelets are needed to respond to patient emergencies, including accident and burn victims, heart surgery and organ transplant patients, and those receiving treatment for leukemia, cancer or sickle cell disease.

Those who come to donate now through May 15, 2016, will be entered to win four single-day tickets to any of 10 Cedar Fair theme parks in the U.S. For a full list of participating parks, visit redcross.cedarfair.com.

How To Donate Blood: Simply download the American Red Cross Blood Donor App, visit redcrossblood.org or call 1-800-RED CROSS (1-800-733-2767) to make an appointment or for more information. All blood types are needed to ensure a reliable supply for patients. A blood donor card or driver's license or two other forms of identification are required at check-in. Individuals who are 17 years of age (16 with parental consent in some states), weigh at least 110 pounds and are in generally good health may be eligible to donate blood. High school students and other donors 18 years of age and younger also have to meet certain height and weight requirements.

Blood donors can now save time at their next donation by using RapidPass to complete their pre-donation reading and health history questionnaire online, on the day of their donation, prior to arriving at the blood drive. To get started and learn more, visit redcrossblood.org/ RapidPass and follow the instructions on the site.

SPRING SEMESTER CLASSES AT ARTSPLACE BEGIN APRIL 4!

Artsplace is currently accepting registrations for the 2016 Spring Semester. Art classes for adults, teens and children are typically offered in seven-week sessions and workshops are usually meet for one or two classes.

Young students in grades one through seven may enjoy exciting April vacation workshops in Puppet Making, Eco-Art and Native American Crafts Monday April 11th through Wednesday, April 13th. Call for more

information.

Visit www.cpfa-artsplace.org to see specific days and times classes are offered in acrylic, clay, oil, watercolor, colored pencil, anime and more. To register for an art class or workshop call Artsplace at 203-272-2787 or access the online system by at www. cheshirect.org/artsplace.

Class sizes are limited. All supplies are included. Artsplace is located at 1220 Waterbury Road, Cheshire.

PROTECTING BABIES

Whooping Cough illness is real. There have been several recent cases in Quinnipiack Valley Health District (QVHD) residents. It is very important to protect infants from this disease as they are not fully immunized until they are a year old. Whooping cough in an infant is frightening and can have devastating results. Don't wait until the baby is born! Grandparents, aunts, uncles, cousins over 18 or caregivers, if you are expecting a new arrival in your family, get vaccinated now! As you protect the baby, you will also be protecting yourself against not only whooping cough (pertussis) but also diphtheria and tetanus. QVHD offers the pertussis (whooping cough) vaccine (in the form of Tdap-tetanus, diphtheria and pertussis) to parents, grandparents, aunts, uncles, babysitters and other caregivers or contacts of newborns and infants 12 months and younger. If you are over age 18 and have never had a Tdap vaccine, (a combined booster immunization containing tetanus, diphtheria and pertussis protection) you are eligible to receive this vaccine. A \$10.00 administration fee is requested. No one will be turned away for lack of ability to pay this fee. The next clinic will be held on April 26 from 4:00 to 4:30 p.m. Call QVHD, 203 248-4528 for an appointment. An appointment is not required but is suggested. Walk-ins are welcome. (If weather is inclement, call to confirm clinic will be held.)

DEATH NOTICES



DEATH NOTICES

The Woodbridge Town News will publish Death Notices for Woodbridge families free of charge as a service to our readers. Family members please email notice (limit 250 words, please) to: edit@woodbridgetownnews.com Woodbridge Town News

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ENTERTAINMENT

TOP 10 MOVIES

1. Zootopia (PG) animated

2. Allegiant (PG-13) Shailene Woodley, Theo James

3. Miracles From Heaven (PG) Jennifer Garner, Kylie Rogers

4.10 Cloverfield Lane (PG-13) John Goodman, Mary Elizabeth Winstead

5. Deadpool (R) Ryan Reynolds, Morena Baccarin

6. London Has Fallen (R) Gerard Butler, Aaron Eckhart

7. Whiskey Tango Foxtrot (R) Tina Fey, Margot Robbie

8. The Perfect Match (R) Terrence Jenkins, Cassie Ventura

9. Grimsby (R) Sacha Baron Cohen, Mark Strong

10. The Revenant (R) Leonardo DiCaprio, Tom Hardy

TOP 10 VOD

1. Creed (PG-13) Michael B. Jordan

2. In the Heart of the Sea (PG-13) Chris Hemsworth

> 3. Spotlight (R) Mark Ruffalo

4. The Peanuts Movie (G) animated

5. The Good Dinosaur (PG) animated

> 6. Room (R) Brie Larson

7. The Night Before (R) Joseph Gordon-Levitt

8. The Danish Girl (R) Eddie Redmayne

> 9. Black Mass (R) Johnny Depp

10. Bridge of Spies (PG-13) Tom Hanks





Natalie Dormer in "The Forest" [Universal Pictures]

EDITOR'S NOTE: DVDs reviewed in this column are available in stores the week of April 11, 2016.

his quarry. Check it out for a refreshing break from the bang-bang big-budget action flicks.

"The Forest" (R) -- There is a forest in Japan at the base of Mount Fuji that has been dubbed "The Suicide Forest." Each year, more than a hundred bodies are found there, some on the ground, some hanging from trees, some with notes left behind. Sarah (Natalie Dormer), a young American, learns that her troubled twin sister was last seen entering the forest. Sarah "senses" that her twin is still alive and in trouble, so she jumps on a plane to Japan, ignores warnings from the locals, and goes on a hiking trip in the Suicide Forest with a handsome travel writer and a Japanese guide.

The movie has two really big strikes against it. First, it's just not very scary. Dormer stumbles and trips a lot, ghouls pop up and say boo, but there's nothing that will haunt you after the credits. Second, there's this icky, underlying insensitivity to the whole premise and how it's handled. Aokigahara forest is real, and suicide is a big issue in Japan. The movie makes no attempt at insight or understanding, but rather is content to milk the setting for cheap exoticism.

1. Who is known as The King of the Surf Guitar? 2.

- Name the first single released by Freddie and the Dreamers
- Name the first Uriah Heep single to chart in the U.S. 3.



- Which James Taylor song is often played at University 4. of North Carolina at Chapel Hill games?
- Name the song that contains this lyric: "It's reported you've been drinkin' and 5. a runnin' round with men and goin' wild, And we don't believe you oughta be a bringin' up your little girl this way."

beach flicks, including "Muscle Beach Party." 2. "If You Cotta Make a Fool of Somebody" in 1963. 3. "Easy Livin" with "Gypsy" on the b-side, in 1972. 4. "Carolina on My Mind," released in 1969. 5. "Harper Valley F.T.A." by Jeannie C. Riley in 1968. After receiving a note saying she wasn't behaving according to town dictates, a mother shows up at the P.T.A. meeting and proceeds to point out the equally bad behavior of the warn't behaving according to town dictates, a mother shows up at the P.A. meeting and proceeds to point out the equally bad behavior of the warn't behaving according to town dictates, a mother shows up at the P.A. Dick Dale. He was the first to ever use a specially made Fender 100-watt guitar amp. Dale and his Del-Tones appeared in a number of

SPORTS QUIZ

By Chris Richcreek

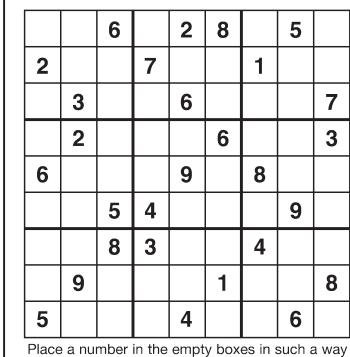
- 1. Who was the first major-leaguer to hit grand slams in both games of a doubleheader?
- Which pitcher tossed the most shutouts during his major-league career: 2. Phil Niekro, Joe Niekro, Gaylord Perry or Jim Perry?
- 3. When was the last time Mississippi State won an SEC championship in football?
- 4. Name the last time before 2014 that the Portland Trail Blazers won an NBA playoff series.
- 5. Which NHL team ended Montreal's 9-0-0 start to the 2015-16 season?
- 6. In 2015, Jeff Gordon set the record for most consecutive NASCAR Cup starts. Who had held the mark?
- When was the last time before 2015 that England won tennis' Davis Cup? 7.

Canucks. 6. Ricky Rudd, with 788. 7. It was 1936.

1. The New York Mets' Robin Ventura, in 1999. 2. Gaylord Perry had 53 shutouts, followed by Phil Niekro (45), Jim Perry (32) and Joe Niekro (29). 3. It was 1941. 4. It was in 2000. 5. The Vancouver

Weekly SUDOKU

by Linda Thistle



page 32

Sudoku answers on

PICKS OF THE WEEK

"**Standoff" (R)** -- A little girl (Ella Ballentine) happens to witness a brutal assassin at work, and snaps a few pictures before she's spotted. Pursued by the killer (Laurence Fishburne), the little girls runs to an old farmhouse for safety, where she meets a damaged veteran named Carter (Thomas Jane), who brings her inside and arms himself against the determined gunman. Carter takes the girl upstairs and aims his shotgun at the staircase as the killer enters the home. This locks in a stalemate -- Carter and the girl upstairs, with Fishburne's determined killer downstairs, waiting for Carter to give up.

There is a lot of talking, and most of it is good. Jane makes a good hero, seeking redemption but knowing that he's not perfect. Fishburne really gets to dig in as the ruthless antagonist, willing to do whatever it takes to bring down

"About Scout" (Not Rated) -- A poorly supervised teenager goes on the road with an escaped mental patient in what is intended to be a heartwarming dramedy that splices a little coming-ofage with a little getting-over-yourself. Scout (India Ennega) is a teenage girl who watches over her little sister Lulu, with their infirmed great-grandma (Ellen Burstyn) as their legal guardian. Lulu gets taken by their father -- a carnival worker -- to go live with him and his addict girlfriend. Scout decides a rescueroad trip is in order, and recruits Sam (James Frecheville), a twentysomething patient with bandages on his wrists at a nearby psychiatric ward. The leads do their best to be understated but accessible, but there isn't enough in the script to really bring them to life.

that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

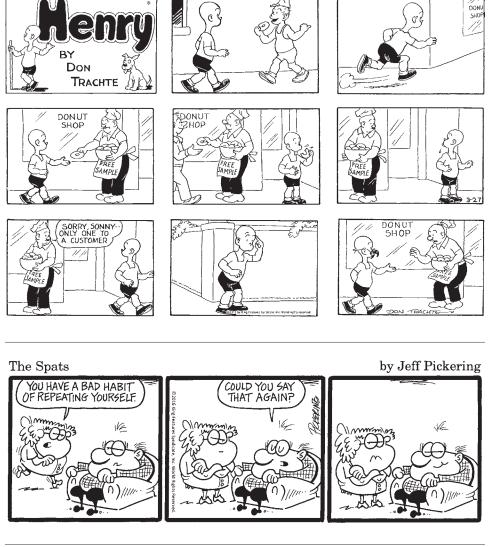
DIFFICULTY THIS WEEK: ***

 \star Moderate $\star \star$ Challenging *** HOO BOY!

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Woodbridge Town News 200

COMICS/CROSSWORD/HOLLYWOOD





4

9

HOLLYWOOD **By Tony Rizzo**

The next time you hear "It's an honor just to be nominated for an Oscar," you'll know it means once you get the nomination you need to land your next films. Up next for Matt Damon ("The Martian") are "Jason Bourne," with Julia Stiles, "The Danish Girl" Oscar-winner Alicia Vikander and Tommy Lee Jones, arriving July 29; "The Great Wall," with Willem Dafoe; "Suburbicon," written by the Coen Brothers, directed by and co-starring George Clooney, with Josh Brolin and Julianne Moore; and "Downsizing," with Reese Witherspoon and Jason Sudeikis, coming in 2017.

Bryan Cranston ("Trumbo") has completed the comedy "Get a Job," with Miles Teller, Anna Kendrick and Marcia Gay Harden (now in theaters); the crime drama "The Infiltrator," with Diane Kruger, Benjamin Bratt and John Leguizamo (out Aug. 31); and John Steinbeck's 1936 novel "In Dubious Battle," directed by and starring James Franco, Robert Duvall, Ed Harris, Sam Shepard, Zach Graff, Josh Hutcherson and Selena Gomez, coming in the fall. Cranston is currently shooting the comedy/drama "The Disaster Artist," with Jennifer Garner.

Michael Fassbender ("Steve Jobs") has completed five films: "Light Between Oceans," with Alicia Vikander and Rachel Weisz, for Sept. 2 release; "X-Men: Apocalypse," May 27; "Assassin's Creed," with Oscar winners Marion Cotillard and Jeremy Irons, out Dec. 21; and "Weightless," with Ryan Gosling, Christian Bale, Cate Blanchett and Rooney Mara. The fifth movie, "Trespass Against Us," with Brendan Gleeson, filmed in 2014, had financial woes and is awaiting a release date.

Eddie Redmayne ("The Danish Girl") has completed "Fantastic Beasts and Where to Find Them," with Colin Farrell, Jon Voight and Ron Perlman out Nov.



Marion Cotillard [Depositphotos.com]

18.

Cate Blanchett ("Carol") has "Weightless"; "Jungle Book: Origins," due Oct. 6; and "Thor: Ragnarok" with Chris Hemsworth.

Jennifer Lawrence ("Joy") has "X-Men: Apocalypse" coming May 27, and the sci/fi film "Passengers," with Chris Pratt, Michael Sheen and Laurence Fishburne, due Dec. 21.

Charlotte Rampling ("45 Years") is next in the Brit film "The Sense of an Ending," with Jim Broadbent and "Downton Abbey's" Michelle Dockery.

Saoirse Ronan ("Brooklyn") is taking on Chekov's "The Seagull," with Annette Bening, and "Loving Vincent" (Van Gogh), with Douglas Booth.

Brad Pitt has chosen the spy film "Five Seconds of Silence" (set in 1942) to shoot next with Robert Zemeckis directing and co-starring Marion Cotillard.

Tom Cruise has "Jack Reacher -- Never Go Back" with Cobie Smolders (due Oct. 21) and the crime thriller "Mena," with Domhnall Gleason, for January release. He is now preparing a reboot of "The Mummy," about Navy Seals who search for terrorists in a bunker and accidentally find a cursed mummy's tomb. Sounds like he switching from action star to horror hero ... Oh, Mummy mia!

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King Crossword Answers on Page 32



RENTERS PROGRAM

TOWN OF WOODBRIDGE

Applications for the Renters Program may be filed with the Town's Assessor between April 1, 2016 and September 30, 2016.

Those residents of Woodbridge who:

- 1. Have attained the age of 65 on or before 12/31/15.
- 2. Hold full time residence in Woodbridge.
- 3. Total income does not exceed 35,200 for a single person or 42,900 for a married couple.

Those on social security disability are exempt from the age requirement.

Applications can be filed at the Assessor's Office, Town Hall, 11 Meetinghouse Lane, Monday through Friday, 8:30 a.m. - 4:30 p.m.

Proof of 2015 income and social security earnings is <u>REQUIRED</u> along with receipts of <u>ALL 2015 RENT AND 2015 UTILITIES</u> (exclusive of phone & cable).

Those persons who had applied for this program last year will be mailed an application in April 2016.

If you have any questions concerning this program, please call the Assessor's Office at 203-389-3416.

PUBLIC NOTICES

A public notice is information informing citizens of government activities that may affect the citizens' everyday lives.

Public notices have been printed in local newspapers, the trusted sources for community information, for more than 200 years.



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Send a copy of your ad and check payment to:

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BE A PART OF OUR TEAM! - We have part-time positions available; sales and company mascot. We're looking for self-motivated team players. Candidates must have flexible schedules and be available evenings and weekends. If interested contact Joe Gradia at 203-712-1305 or email at jgradia@hawleylaneshoes.com.

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Call 203-298-4399 for more information.

— King Crossword — Answers Solution time: 21 mins.												- V	Vee		s	JD(rer	OKI	J .	_			
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WANTED - Art, Clocks, Coins, Dolls, Estate Jewelry, Military, Silverware, Trains, Gold, Silver, etc. Call Joseph & Carol Ferry Antiques at 203-795-4644.

DONATIONS WANTED: Donate your gently used furniture, clothing, housewares, and just about anything else to Helping Hands instead of "that other Thrift Store" and the proceeds will benefit over 150 non-profit organizations. Drop off at 334 Boston Post Road, Orange or call (203) 782-4800 for Furniture Pickup or for a large number of items. www.helpinghandsctfb.com.



All real estate advertising in the Woodbridge Town News is subject to the Federal Fair Housing Act, which makes it illegal to advertise any preference, limitation or discrimination based on race, color, religion, sex, handicap, familial status or national origin, or an intention to make any such preference, limitation or discrimination. Familial status includes children under the age of 18 living with parents or legal custodians, pregnant women and people securing custody of children under 18. The Woodbridge Town News will not knowingly accept any advertising for real estate which is in violation of the law.



ARTS & LEISURE

MASSARO MELONHEADS HOPE TO MAKE A MARK

Want to be a MelonHead? The Massaro Community Farm, 41 Ford Road, Woodbridge, CT is recruiting riders for its Rock to Rock bike team. They call themselves the Magnificent Massaro MelonHeads because of the helmets they wear.

For the past three years the Massaro Community Farm has fielded a bike team for the Rock to Rock Earth Day ride and had lots of fun doing so. This year, more than thirty environmental groups will come together on April 30th to create a greener, healthier community. The Massaro MelonHeads hope that everyone who joins them has an especially fun time this year while raising money for the farm's Centennial Celebration and capital fundraising campaign.

One hundred years ago the Massaro family immigrated from Italy and purchased the farm located at 41 Ford Road in Woodbridge. In 1995 the farm fell into disrepair when the last Massaro family farmer was injured and was forced to retire. For about a dozen years, the farm lay unused; the barn, farmhouse and poultry shed began to decay. In 2008, a group of concerned citizens formed the nonprofit Massaro Community Farm, (MCF) and began its work on restoring



the property.

During its Centennial year, MCF is presenting over two dozens events offering the public opportunities to enjoy the farm property. These include after school programs, adult workshops, farm-based field trips, a wellness series, garden education and more. Visit the website (www. massarofarm.org) for more details. "It's important to get kids outside so that they are seeing it as a realm of wonder... MCF is a model at the forefront of the community," said naturalist and current board member Louisa Cunningham, herself a Massaro MelonHead rider and fundraiser.

How to Join and What You Can Get in Return: MCF is recruiting riders who want to win a MelonHead bike helmet and other valuable prizes if they succeed in their fundraising goals. Serious riders can go 12, 20, 40 or 63 miles, if they choose. Families are urged to sign up, too, since this can be a fun, 8-mile jaunt through some of New Haven's best parks. The goal for all is to celebrate Earth Day and get outside to enjoy springtime while raising money for the farm. The nutcase company in Portland, Oregon, the maker of the watermelon helmets is a supporter of MCF. See: http://bit. ly/1peW5R0.

Contact Massaro MelonHead bike team captain, Jon Gorham (jon@jongorham.com) for instructions on how to sign up. You will be provided with an easy-to-use, personalized website and be given support in your fundraising efforts. Come join the team, have fun, and support the farm!

About Massaro Community Farm: Organized in 2008, Massaro Community Farm, Inc. is a nonprofit, certifiedorganic farm in Woodbridge, CT. We are committed to supporting the legacy of farming, feeding our neighbors in need, and building community through our events and hands-on education for all ages. For more information about the farm, please visit www.MassaroFarm. org, or call the farm office at (203) 736-8618.

About Rock to Rock Earth Day Ride: Rock to Rock is New Haven's biggest Earth Day celebration. About a thousand riders will travel from West Rock to East Rock, with celebrations on both sides of the city. Along the way, riders eat tasty food, hear great music, take on environmental service projects, and explore our city's parks and neighborhoods. To learn more, go to: http://www.rocktorock.org.

ACTIVITIES AT THE ANSONIA NATURE CENTER

PET LOSS GRIEF SUPPORT GROUP

Sundays, April 10, May 8, June 12, 11 am

Losing a beloved animal can be tragic and a very emotional time for humans. There are numerous resources to turn to for the loss of a human loved one; however, there are limited options for when we lose an animal. Susan Wilson has created this support group for those who have lost an animal or have one in the process of moving on. Join us for these FREE sessions.

BUILD YOUR OWN TERRARIUM

Sunday, April 10, 2–4 pm

the Nature Center in our 8-week after school program. Parental permission is required. Class size is limited; this class fills up fast! FREE.

FAMILY ORGANIC GARDEN PROGRAM

Fridays, April 15 – June 17, 3:30–5 pm

Food Corps and ANC will lead fun, family-friendly activities in our organic garden. Learn about growing a variety of fruits and vegetables. Dress appropriately; keep in mind you might get water and/or soil on your clothing. Closed-toe shoes, please! FREE, with the potential to take home fresh local produce!

who love the outdoors and wildlife, these popular classes will not only be educational but also a chance to explore our 156 acres. We will visit a variety of habitats such as the park's wetlands, fields, and woodlands. Great time of the year for amphibian searches too! TUITION: \$150 priority students (Ansonia residents and current family-level FANCI members), \$175 all others. (While you're here for Spring Break, why not register for Summer Nature Days? See the notice at the end of the Calendar!)

FULL PINK MOON HIKE

Friday, April 22, 7 pm

This full moon heralded the appearance of the moss pink, or wild ground phlox—one of the first spring flowers. It is also known as the Sprouting Grass Moon. Enjoy the sounds of spring with our Nature Center guides as we lead you around our wetlands to spot some spring amphibians by the light of the moon. For all ages (children must be accompanied by an adult). FEE: \$1.00. Please call to register.

EARTH DAY CELEBRATION

Saturday, April 30, 10 am–4 pm

Every day is Earth Day at the Nature Center! We invite everyone to honor Mother Earth with our Friends of the Ansonia Nature Center co-hosting this annual event. Enjoy hikes, live animals, environmental exhibitors and much more! Join one of our naturalists for a wildflower walk too. Food and snacks available from local vendors. All ages welcome, young and old—bring family and friends.

NATURE'S CHILD: Birds – Friday, May 6, 10 am

If we find a baby bird this spring, what

Sometimes you want to enjoy the benefits of a garden without having to mow, prune, and fertilize. Terrariums are popular thanks to their fuss-free maintenance, beauty, and minimal space requirements, making them good options for those who want to garden but lack outdoor space. Join us to create your very own terrarium. Bring a glass mason jar, glass bowl, or other cool glass container. We'll provide all other materials. FEE: \$10 per terrarium.

SPRING TERM JUNIOR RANGERS

Thursdays, April 14–June 2, 3:30–5 pm

Calling all kids 11 to 14 years old who love nature! Has your child wanted to work with animals, garden, help maintain our trails, and help with special events? This is the opportunity to help

OUTDOOR LIVING SKILLS: Lashing Project 1

Saturday, April 16, 11 am–3 pm

Spring is here, seeds will be planted and it will be time to add décor to our organic garden plot. First up in Ranger Dan's Lashing Project series is creating an arbor out of sticks. Want to add dimension to your garden? Perhaps you'd like a trellis for your beans, or a place for your vines to grow on. Create a stylish arbor in our Organic Community Garden, and bring your newfound skills to your own yard! Children must be accompanied by an adult. FREE; please register.

SPRING BREAK NATURE DAYS

Monday, April 18–Friday, April 22, 9:30 am–3 pm

For children from 5 to 10 years old

SPRING MIGRATION BIRDING

Saturday, April 23, 9:30 am

Join avid birder Ranger Jess for this early morning walk to find the birds living in or moving through our parklands to nest farther north. This is a prime time for birders. Bring your own binoculars or use ours . Dress for walking outdoors. We'll start with a quick introduction to birds. FREE; please pre-register. should we do? Join one of our Nature Center naturalists to learn about the life of a baby bird. Hear a short story, make "binoculars," and then take a short scavenger hunt hike. TUITION: \$7 per child (\$5 for family-level FANCI members and Ansonia residents). Please pre-register for this class for preschoolers and their adults.

WILD EDIBLES

Saturday, May 7, 10 am

Backyards, vacant lots, woodlands, and open fields support tons of food and medicines for the natural collector! Join Rangers Jessica and Dawn for this in-depth study class. The rangers will lead us in identification of wild plants, and we'll taste and smell some along the way. Please pre-register. Class size limited. FREE.





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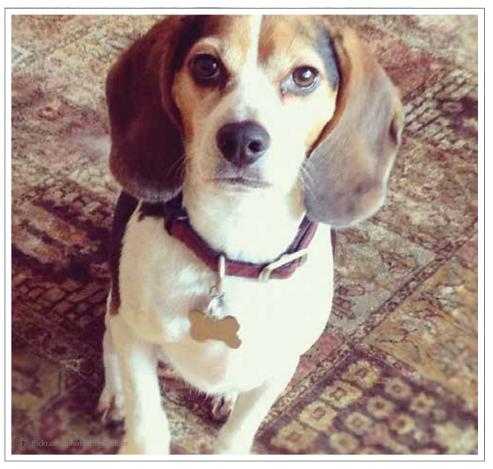
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BARK BYTES...

By Vicki & Richard Horowitz





DOES YOUR DOG HAVE **GOOD MANNERS?**

Making sure our canine companions mind their manners at home and in public is our responsibility as pet parents. By observing these guidelines, you and your dog will avoid unsafe and unsavory situations.

At Home

For the safety and security of your dog, neighbors and passersby, your unsupervised dog should always stay on your property. If your dog is left alone, keep him in a safe location where he can neither do harm nor be harmed.

Encourage your dog to toilet in designated areas. If he leaves a mess on your neighbor's lawn, clean it up right away.

Do not allow your dog to bark uncontrollably at or jump on visitors.

If your dog is a nuisance barker, keep him indoors when you're not at home. If he barks when you are at home, learn ways to manage his barking to help you enjoy a quieter home.

(of any breed); kids under the age of 15 are the most at risk of being bitten.

Pick up after your dog. Keep cleanup bags with you at all times for doggy messes, no matter where they occur.

If you have a dog that drools, keep a towel handy to clean up his slobber on people or things.

When meeting hikers or runners on a trail, step to the side to give them space to get by you.

Make sure your dog is invited by the host before bringing him to a party, an outdoor gathering or even a picnic.

Supervise greetings between your dog and another dog or a person:

- Even if your dog is very friendly, do not let him approach every person you meet. Not everyone likes or is comfortable with dogs.
- When meeting a stranger, avoid putting tension on the leash, which may put your dog on alert to be wary. Keep an eye on your dog's

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Keep your dog off of tables or countertops where food is prepared or served. Besides the risk of his getting sick from eating foods that are not good for him (such as chocolate), you run the risk of picking up germs his paws may have left behind.

In Public

Keep your dog under control when outdoors by keeping him on a leash or under voice control. Even if your dog is off leash in an approved area, supervise his whereabouts and behavior at all times.

Always supervise your dog when around children. If you are unable to watch him, put him in his crate or another safe place away from the children. Children are three times more likely than adults to be bitten by a dog body language, but stay relaxed.

- If a stranger wants to pet your dog, tell him to let your dog approach him, rather than having him approach your dog.
- If your dog seems uncomfortable with greeting another dog or person, never force the meeting. It is always better to be safe than sorry.

Practicing proper dog etiquette is always appreciated by everyone you and your dog encounter. Not only does it make you and your dog look good, but neighbors and guests will more readily enjoy his company knowing you have your dog under control.

Vicki and Richard Horowitz, of Woodbridge, are dog behavioral therapists and trainers with Bark Busters, the world's largest dog training company. For more information, call 1-877-500-BARK (2275) or visit www.dog-training-new-haven-ct.com.



ARIES (March 21 to April 19) It isn't always easy for the rambunctious Aries to give a second thought to their often spur-of-the-moment choices. But aspects favor rechecking a decision before declaring it final.

TAURUS (April 20 to May 20) Information emerges for the businessdriven Bovine who feels ready to restart a stalled project. Be prepared to make adjustments as needed at any time during the process.

GEMINI (May 21 to June 20) Part of you wants to complete plans for an upcoming event, while your other self wants to see how things develop first. Compromise by moving ahead with your plans while being open to change.

CANCER (June 21 to July 22) An unexpected change in a relationship could open up a problem or could lead to a much-needed and too-long-delayed reassessment of a number of matters. The choice is yours to make.

LEO (July 23 to August 22) Time for the Lion to total the plusses and minuses resulting from recent personal and/or professional decisions. See what worked, what didn't and why, and base your next big move on the results.

VIRGO (August 23 to September 22) The clever Virgo can make persuasion work by presenting a case built on hard facts. Sentiment might touch the heart, but it's good, solid information

that invariably wins the day.

LIBRA (September 23 to October **22)** You usually can win over the most stubborn skeptics on your own. But this time you can benefit from supporters who have been there, done that and are willing to speak up on your behalf.

SCORPIO (October 23 to November 21) You win admiration for your determination to do the right thing. Don't be distracted from that course, despite the offer of tempting alternatives that might suddenly turn up.

SAGITTARIUS (November 22 to December 21) While you still need to maintain control of a dominant situation, a new development emerges, making the task easier and the outcome potentially more rewarding.

CAPRICORN (December 22 to January 19) New factors might have a positive effect on a still-pending matter, but only if the information proves to be credible. Trusted colleagues might be able to offer needed advice.

AQUARIUS (January 20 to February 18) The week favors moderation, especially if a health problem is involved. Resist the impulse to do more than might be good for you at this time. You can catch up later.

PISCES (February 19 to March 20) You could feel more than a mite upset by someone or some people who might be creating problems for you. Find out why they won't change their ways. Their reasons might surprise you.

BORN THIS WEEK: You know how to inspire others to do their best by setting a persuasive example of your own.

NEW DOG MAY HAVE TO WAIT

DEAR PAW'S CORNER: I'd like to get a dog, but my younger brother is very afraid of dogs because he was once bitten by one. How can I tell him not to be afraid,

so I can have a dog? -- Christine in Mesa, Arizona

DEAR CHRIS-

how they gave their dog commands and the different training methods they used, I got a wider perspective and better education on training dogs than a

book might have provided.

You could volunteer at a local shelter. While kids under 18 may be restricted from working directly with the pets residing there, many shelters have programs de-





Stop expecting a reprieve from the governor.





Out on a Limb THAT'S ONE HECKUVA LEFT HAND TURN, LARRY! A THING OF BEAUTY... WAY TO GO! by Gary Kopervas

BY HENRY BOLTINOFF



HOCUS-FOCUS



- 1. Quagswag 2. Alexikakon
- 3. Winkspink
- 4. Forjeskit
- 5. Famgrasp
- 6. Sophomaniac
- 7. Belter-werrits
- 8. Iracund
- 9. Villeggiatura
- MATH TEST TODAY Find at least six differences in details between panels. WORD TEST TODAY

TINE: You might not be able to get a dog right now, unfortunately. If your parents don't think that it's a good idea because your

by Sam Mazzotta

younger brother is still very fearful of them, then that may be that.

However, there are some other things you may be able to do, even if you can't have your own dog. You could spend time with a friend or a neighbor's dog. That's a good way to learn how to walk, feed and even train a dog. I myself grew up around many dog owners, and by spending time with them, paying attention to

signed especially for school-age kids so they can contribute to shelter pets' care, and learn about caring for these animals.

Consider getting a different pet to care for, as well. Learning to care for animals is a really important skill. Plus, your brother can and should have a say in what kind of pet to get -- and he'll share the responsibility for caring for it.

Send your questions or comments to ask@pawscorner.com.

10. Lagniappe Source: HaggardHawks/i100



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UNA LINALIE ENALIE

Parasitic wasps

effectively control aphids, scale, whiteflies, sawfly larvae, ants, leaf miners and several types of caterpillars. They parasitize the Orange Caterpillar eggs of European corn borers, tomato hornworms, Parasite Wasp codling moths, cabbage loopers and imported cabbageworms. You can buy parasitic wasps to release in your garden, but first grow some Queen Anne's lace, dill, cilantro, parsley, lemon balm or fennel so they will stay nearby. - Brenda Weaver Sources: gardeningknowhow.com, farmerfred.com



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