

Woodbridge's Exclusive Newspaper

Mailed Free To Every Home in Woodbridge Mailed Free To Every Home & Business in Woodbridge & Bethany

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CIRCULATION 3615

FRIDAY, APRIL 12, 2019



Selectmen, residents and representatives of the Army Corps of Engineers meet with Rep. Rosa DeLauro (center, with a teal scarf) to tour the area affected by flooding

Town Draws Attention to Flooding Problems in the Flats

By Bettina Thiel

Woodbridge Town News Ccorrespondent

Increased rainwater runoff and storm events have caused major flooding in the Flats of Woodbridge, in particular the area along Litchfield Turnpike. The town is working to draw attention to the problem, recently hosting Congresswoman Rosa DeLauro and planners from the Army Corps of Engineers as well as residents and business owners affected by the flooding.

Mike Walter is one of those who were impacted by flash flooding the evening of September 25, 2018. The culvert that channels an intermittent stream between his property and that of his neighbors backed up, he said. But the opening under the street – both Raymond Road and a bit further down under Litchfield Turnpike – is not high enough to accommodate the amount of water that came rushing down from Route 63. Instead, it filled the culvert, then his yard and driveway, and eventually garage and basement.

A few years ago, when the state replaced the Merritt Avenue bridge and federal funds became available to partially remove the Pond Lily dam, many people in town were hoping that a more smoothly running river would decrease the chance of flooding. But recent storms showed, that the stormwater runoff coming down the hill from Amity Road created its own set of problems.

The culverts were put in decades ago in an effort to channel the runoff from the hill and empty into Konold's Pond. But by now they are silted up, sometimes crumbling and wholly inadequate to allow the amount of water



Dog Park Initiative Moves Forward

By Bettina Thiel Woodbridge Town News Correspondent

The Woodbridge Board of Selectmen in March agreed to a revised outline for an off-leash dog park planned at the Fitzgerald tract. The new outline avoids an area around the abandoned skating rink, a field which has been consistently under water for much of the past year.

The revised layout resembles a large triangle, starting close to the existing parking lot. It stays clear of the walkways surrounding the upper field, which was one concern of people critical of placing a dog park near the popular trails; nor does it encroach on the fenced-in area held by the Land Trust for an American chestnut experiment. There is a short walkway from the existing parking lot to where the entrance to the fenced-in off-leash area will be.

"The [area] the Board of Selectmen approved was by far the best option as it avoids all walking paths, sitting water, and allows the maximum area for haying," wrote Dog Park Cooperative president Bonnie Blake in an email. The haying refers to the rest of that meadow, which is one of a series of town-owned properties leased to local farmers for agricultural uses.

See "Flooding" On Page 3

Selectmen's vote was not unanimous, as David Lober voted against the revision. In a subsequent email he explained that he felt the board was not sufficiently prepared for the vote.

See "Dog Park" On Page 2





WOODBRIDGE | 24 Grove Hill Road | \$439,000 Custom built 4 BR colonial locd in desirable central Wbg nghbrhd. One owner, metic mntnd. Vlid ceilgs, exposed beams, FR wbrick fpl, Irg Elkitn wlaccess to priv wood deck; c/aircondg: spac LR and DR. Hwd firg under the 2nd firr carpeting. Full unfin walk-out bsmnt wifuture expans potential. Major improvements include: vinyl siding, thermal windows, newer roof. Conven to downtown New Haven, Route 15 and Yale.

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"Dog Park" From Page 1

"This was presented to the board for a quick vote without having been given the opportunity to visit the site and review the changes," he wrote. "How can we have a meaningful vote without knowing the exact location, boundaries, and impact on the property and it's other users."

First Selectmen Beth Heller responded by saying the suggested outline was clearly marked on the map that was passed out to every board member. "The slightly re-aligned area seemed clear on the map prepared for the Board meeting, and it is the same footage," she wrote in an email.

As approved, the designated area covers 1.47 acres, and allows a separate area for smaller and older dogs, an entrance where dogs can be leashed/ unleashed and a larger area where they can roam and play. The plan for the future is to install benches and plant shade trees.

Fundraising: Some 300 or so community members have organized in the Woodbridge Dog Park Cooperative, which is currently raising money to get the project off the ground without using taxpayer dollars. The goal is to raise \$60,000 by the end of June in order to start fence construction by the fall. Blake said this is the amount needed to construct the fence, a walkway, signage and one-year maintenance. The town set this amount as a minimum for the initiative to be realized on town land. According to its website, https:// woodbridgedogpark.org/, the group has raised \$25,000, putting them at 40% of the stated goal. To achieve that goal, they have reached out to potential donors including residents and area businesses through different pathways. They are selling fence sections (\$500), benches (\$2,500) or memorial trees (\$1,800 and up); also, by sponsoring fundraising events such as the recent Bark Madness at Orange Ale House, an event for which 49 area businesses donated gift baskets or cards.

Doggie Dash: All families, with or without dogs, can strut their stuff on Saturday, June 1, between 10 a.m. and 1 p.m., for the benefit of the dog park initiative. The cooperative is sponsoring a dog/human walk around the Fitzgerald tract and the town campus, good for all ages. This is not a race, but rather an invitation to walk together as a super-pack. The event coincides with the Library Book Store's book sale and the Garden Club's plant sale. There will be food, music and costumes.

Woodbridge Dog Park Cooperative, Inc. is an all-volunteer 501(c)(3), and any contributions are tax deductible. Donors of different levels will be recognized on a Founders Wall at the entrance to the dog park, as well as on the website and Facebook page. Donor levels range from Grand Champions (\$5,000 and up), Best in Show (\$2,500 and up) to Top Dog (\$1,000 and up) and Gold Bone (\$500 to \$999).

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Friday, April 12, 2019





Culvert under Litchfield Turnpike contributes to flooding in major rain events.

"Flooding" From Page 1

to pass through, Walter said. "They need to increase the size of the pipes," he said.

Angelina Fappiano, a homeowner on Litchfield Turnpike, was flooded twice last year, in April and in September. Her raised ranch sustained \$25,000 in damage during this last incident alone, flooding the family room, laundry, furnace room, bathroom; and eroding the driveway. "There was enough rain that it changed the course of the streams," she said. Flood insurance denied coverage, because flooding is a recurring problem in the area. But while the damage was too frequent for federal flood insurance, it was too little for the state to pursue FEMA aid.

"We held public information sessions to help residents fill out damage assessment forms, and collected all these in order to file with the state's Department of Emergency Services and Public Protection," said Sheila Mc-Creven, who is spearheading the effort in the first selectman's office. "We later received word that Woodbridge properties did not incur a large enough loss to qualify for this disaster assistance."

"A lot of damage, a lot of heartache, a lot of hardship," said Rep. DeLauro, when she heard about the predicament the residents find themselves in, as she took a tour of the area.

The problem of flooding in the area is a long-standing one. Just recently someone posted on Facebook a 70-year-old newspaper clipping, which caused flooding in the area in early April, 1951. "Water, overflowing from Amity Road under the protection of darkness, washed out 10,000 lettuce plants and thousands of onion sets which had been transplanted from the cold-frames. The spinach, the only other crop transplanted so far, escaped with minor damage," reported the Amity Star.

First Selectman Beth Heller, in a letter to the Army Corps of Engineers, requested that it investigate the continued flooding problems in areas surrounding the West River in Woodbridge. In particular, she asked them to take the economic impact of flooding into consideration.

"We understand that the Corps of Engineers will initially investigate the problem to determine whether it meets the requirements for federal participation," she wrote. To make that determination, she asked to consider that not only are some 237 homes in the area at risk of flooding, but some 282 businesses as well. For example, during the September 2018 flash flood, Coachman Square had cars floating in the parking lot, Heller said when she toured the area with Rosa DeLauro.

Chris Hatfield, an engineer in the Corps' planning division, said the Corps is investigating the feasibility of widening the channel of the West River in Westville. "We are looking at increasing the capacity of the river," he said. But existing houses on the river bank in Woodbridge limit the options. "We will need to do a cost-benefit anal-



announces that "incessant rain" had y

ysis," he said.





From the inviting double front doors to the graceful curved walls and arched moldings, the attention to detail sets this special home apart. Built in 1996 by Jim Urbano, known for quality construction, and lovingly maintained by current owner. Hardwood floors, oversized windows allowing for wonderful natural light, and a flexible open floor plan. Bright, spacious white cabinet kitchen w/stainless appliances includes double wall oven, granite breakfast bar, pantry and sunny breakfast nook. Adjacent and open to kitchen is the family room wfpl featuring sliders to two-tred trex deck with Sunsetter motorized awnings and a hot tub on lower level. Bonus space above garage w/blt-in entertainment center and full bath. Second floor MBR w/two walk-in closets and spa-like bath. Three additional befrooms, full bath and laundry room. Third floor can be used as guest BR w/ensuite bath (perfect for au pair) or as home office or studio. Walk-out LL to patio is the quintessential recreation room. Security, mudroom, wired for generator.



Nancy Andersen Realtor 203-605-2787 Nancy@wdsells.com

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Below are the next three issue dates and deadlines of the Woodbridge Town News. auhmiasiana ta Vaur Hama Ta

Thank you for your submissions to four Home	e town Newspaper.
<u>Upcoming Issue Date</u>	<u>Issue Deadline</u>
May 3 Mother's Day Issue	April 26
May 31 Father's Day Issue	May 24
June 28 Independence Day Issue	June 21
Note: Copy due by 4:00p.m. Thank you.	



The Country Club of Woodbridge **Property is our USS** MASSACHUSETTS

This year I had one of the most memorable weekends with my son. Through Woodbridge Cub Scout Pack 902, we had the opportunity to explore and stay over on the United States Naval Battleship, The USS Massachusetts, at Battleship Cove, in Fall River Massachusetts. The USS Massachusetts was a World War II era battleship that was decommissioned and was going to be turned into scrap metal, until a group of sailors, with a vision, worked to turn it into a museum. As I sat in the ship's wardroom enjoying dinner where Naval Officers previously ate, it occurred to me that this moment would not have been possible without the vison and effort of those sailors to save this ship from the scrap pile for future generations to enjoy. The Country Club of Woodbridge is OUR USS MAS-SACHUSETTS. Our Children's children will not be thanking us for selling this town asset to private developers for high density, cluster housing. We need to come together with a plan to keep this magnificent property exactly what it is - a town asset for our residents. Let's hire expert consultants to promote the best use of this property for our residents and future generations to enjoy. Go to town meetings, write letters, speak against the short-sighted sale of this property. Once it's gone, it's gone FOREVER. Let's create a vison and save the Country Club property from going to the scrap pile.

Jeff Hughes

enue Items to Implement the Governor's Budget." Section 22 would require taxpayers to pay state sales tax on tax return preparation and accounting services, thus "a tax on their taxes."

I am urging that Section 22 of Senate Bill (SB) 877 which will require taxpayers to "pay a tax on paying their taxes" be rejected. My clients are doing their best to voluntarily comply with the law by engaging me to assist them in preparing their federal and state tax returns. Taxpayers engage professional assistance because our state and local tax codes are complex, convoluted, and voluminous. The rules have grown so difficult to interpret and apply, that we CPAs, have been required for years by Connecticut law to complete 40 hours of continuing professional education annually, to stay abreast of the newest rules and changes. A proposed tax on tax preparation services will rub proverbial "salt in the wound" of my clients, who, under the federal tax reform of 2017 have already lost the ability to deduct the fees they pay for professional assistance in preparing their tax returns.

Please vote NO on any proposal to place a tax upon tax preparation and accounting services. Please reject Section 22 of SB 877.

Anthony F. Parillo CPA

Why Aren't They Listening?

The town of Woodbridge administration is once again trying to push for development of what was the Country Club of Woodbridge. A magnificent parcel of land that the town purchased in 2009 as a way of preventing residen-

- Accidents And Personal Injury
- Business Formation And Representation
- Collections
- Criminal, DUI/DWI Defense
- Family Law
- Foreclosure Litigation
- General Litigation
- Landlord/Tenant Law
- Local Administrative Board Practice
- Real Estate Transactions
- Wills And Estates
- Workers' Compensation

David E. Crow, Jr. Attorney at Law

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Vote No on Taxing **Accounting Services**

I am a local CPA. I am writing to make certain your readers are aware of a proposed bill in the state Senate that would, in effect, require many taxpayers to "pay a tax on paying their taxes." I refer to Section 22 of Senate Bill (SB) 877, "An Act Concerning Rev-

tial development.

In 2011 the administration held a referendum in an attempt to sell the parcel to Toll Brothers builders. Town residents wisely voted down the developer's proposal and the referendum failed by a 2:1 margin.

See "Letters" On Page 12

Woodbridge Town News an

WTN LETTERS POLICY

Submit your letters for our "From Our Readers" section to: Woodbridge Town News, P.O. Box 1126, Orange, CT 06477 or email: letters@woodbridgetownnews.com. Please limit letters to 500 words and include a daytime phone number in case we have any questions. Letters must be exclusive to the Woodbridge Town News for publication. We reserve the right to reject any letter.

WOODBRIDGE EDUCATION ROUNDUP



Standing left to right: Elijah Lanford, Isabella Sicignano, Caroline Scott, Lea Barber, Giovanni Colapietro, Deven Huang; Kneeling left to right: Giovanni Aldi, Annie Zhan, Sabrina McGovern, Chase Hartmann, Nell Grant; Missing from photograph: Gavin Reilly [Photograph taken by Barbara Cassesse]

Character of the 2nd Quarter Award

Amity Middle School in Bethany has a "Character of the Quarter" awards program. Each marking period students are recognized for one of four traits: Accountability, Motivation, Independence, and Trustworthiness. Students from each team are selected to receive this honor. The character trait for the 2nd quarter was "Motivation."



Achievements

Delaware Valley University Doylestown, PA -- Andrew Bucci, of Woodbridge, CT, has been accepted for admission at Delaware Valley University. Founded in 1896, DelVal emphasizes experiential and interdisciplinary learning and provides small class sizes where students learn on a first-name basis. Through the innovative Experience360 Program, all DelVal students gain real-world experience in their fields. DelVal offers more than 25 undergraduate majors in the sciences, humanities, and business, more than five master's programs, a Doctor of Education and a variety of adult education courses.

students for fall 2018. In order to qualify for the Dean's List, a student must obtain a minimum grade point average of 3.5, receive no grade below a "C", have no withdrawal grades, and be enrolled in a minimum of 12 credits for the semester. Among the students meeting those requirements is Evan Lumpinski of Woodbridge, CT. He is majoring in Sport Management and is the son of Mi-



Tara Laugeni Named Student of the Month

The Woodbridge Rotary Club honored Amity High School senior Tara Laugeni as Student of the Month for March. Academically, Tara has earned a high GPA while managing all of her extra-curricular activities. "Tara is a born leader that loves working and collaborating with others; with an overwhelming view of the vision. I believe Tara is a solution-focused individual who is willing to lead or assist as needed to achieve the group's goals", stated School Counselor Karen Waterman who nominated Tara as Student of the Month.

Tara's extra-curricular activities include being a two-year captain of the girls' basketball team of which she was the fifth girl to join the 1,000-point club in Amity's history. Tara is a founding member of the UMttr club and has served as an effective co-president for two years. The club was started by a student who lost a family member and started a chapter. The UMttr's mission is to make students and faculty aware of the five signs of depression, as well as bring joy into the school. Ms. Laugeni and other board members have made presentations to the entire faculty, select health educators, and coteach a lesson with the school's health

teacher to freshman. Tara participated through the club in such positive youth development activities such as organizing a school-wide 3x3 tournament, and making over 300 post –it notes with positive messages and placing them on desks, car windows and bathroom mirrors. Tara stated, "It has taught me to be more compassionate and aware of mental illness and the stigmas that surround it, especially surrounding suicide. It has opened my eyes to make me more prepared to help those around me."

Other volunteer activities that Tara Laugeni participates in includes volunteering for the annual Laugeni Family foundation Children's golf classic, working with special need students through Easter Seals and Sarah, and serving as a Pop Warner volunteer for five years; currently as Concession manager and Ad Book Creator.

Ms. Laugeni will be attending Endicott College in the fall and will be playing basketball for the Gulls.

Each month, the Woodbridge Rotary Club partners with Solun Tapas Restaurant to honor an Amity High school student. Rotarian Dr. Guy Stella presented Tara Laugeni with a certificate of recognition.

Dean's List Endicott College

Beverly, MA - Endicott College is pleased to announce the Dean's List

chael Lumpinski and Ann Lumpinksi.

William Smith College

Heidi Aversa, of Woodbridge, CT, has been placed on the 2018 Fall Semester William Smith College Dean's List while attending Hobart and William Smith Colleges. This honor is given to students whose outstanding academic performance resulted in a grade point average of 3.5 or above. Aversa is the child of Dr John Aversa & Ms. Heidi Aversa.

Woodbridge Town News

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Notice To Former Amity Students

In accordance with Section 7-109 of the Connecticut General Statutes, Amity Regional School District #5, is properly disposing of student special education records. The records of any student who has received special services are maintained for six years after his or her class graduates.

Former Amity students who were born in 1993 or 1994 and/or having graduated in 2012 who have received special services at the Amity Middle School, Orange; Amity Middle School, Bethany; or Amity Regional High School may obtain their special education records.

Beginning April 22, 2019 these records may be obtained any weekday from 9:00 a.m. until 3:30 p.m. at the Amity District Office, located at Amity High School, 25 Newton Road, Woodbridge, CT.

You must call 203-397-4820 prior to claiming records in order to allow sufficient time to retrieve your records from our archives. If records are not claimed by May 21, 2019 they will be destroyed.

WOODBRIDGE EDUCATION ROUNDUP



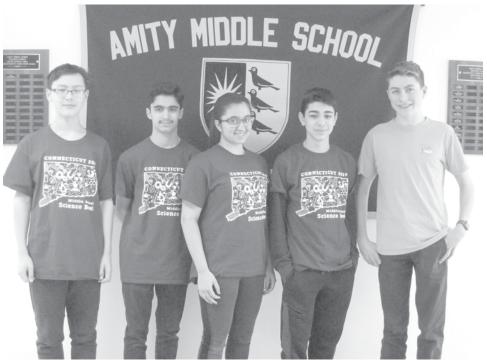
2019 CT National Geographic State Bee Semifinalist

Elise Sheehe, an eighth grade student at Amity Middle School in Bethany, is the champion of the school-wide Geography Bee. Elise was notified by the National Geographic Society that she is one of the semifinalists eligible to compete in the 2019 National Geographic GeoBee Connecticut State Competition. The contest was held at Central Connecticut State University in New Britain on March 29, 2019.

This is the second level of the National Geographic Bee competition, which is now in its 31st year. School GeoBees were held in schools with fourth grade through eighth grade students throughout the state to determine each school champion. School champions then took a qualifying test, which they submitted to the National Geographic Society. The National Geographic Society invited up to 100 of the top-scoring students in each of the 50 states, the District of Columbia, Department of Defense Dependents Schools, and U.S. territories to compete in the State GeoBees.

GeoBees. State champions will receive a medal, \$1,000 in cash, and other prizes, as well as a trip to Washington, D.C., to represent their state in the National Championship to be held at National Geographic Society headquarters on May 19-22, 2019. Students who come in second and third place will receive cash awards of \$300 and \$100, respectively.

Each state champion will advance to the National Championship and compete for cash awards and college scholarships. In 2019 the national champion will receive a \$25,000 college scholarship, \$1,000 in cash, a lifetime membership in the National Geographic Society, and an all-expenses paid Lindblad expedition to the Galápagos Islands aboard the National Geographic Endeavour II; second place will receive a \$10,000 college scholarship and \$1,000 in cash; third place will receive a \$5,000 college scholarship and \$1,000 in cash; and seven runners-up will receive \$1,000 in cash each. Visit www.natgeobee.org



From left to right: Edwin Sweeney, Piyush Bahel, Anchal Bahel, Ryan Schatz, Sam Anastasio. missing from photo: Coach Jacob Feuerstein [Photograph by Barbara Cassesse]

Science Club Competes At Science Bowl

Five students from Amity Middle School in Bethany and their coach, Jacob Feuerstein, a senior at Amity Regional High School, participated in the Connecticut Middle School Science Bowl on Saturday, February 23rd at UConn. The Science Club at Amity Middle School in Bethany is advised by parent volunteer, Teri Schatz.

The Science Bowl, sponsored by the U.S. Department of Energy, is a highly competitive nationwide academic competition that tests students' knowledge in all areas of science and mathematics. The 32 teams faced off in a fast paced question-and-answer format and were tested on a range of science disciplines including biology, chemistry, earth science, physics, energy, and math. After Amity Middle School in Bethany lost to Smith Middle School in the afternoon elimination round, the students participated in hands-on demonstrations with students from the UConn Chemistry Department.



This year National Geographic increased the prize money for all State

for more information on the National Geographic GeoBee.

www.WoodbridgeTownNews.com

Attention Teachers! We want to know what's going on in your classroom! Let us know about any fun activities or holiday projects. You can also send us your pictures. (Parental consent required) Woodbridge Town News P.O. Box 1126, Orange, CT 06477 • edit@WoodbridgeTownNews.com







Massaro Farm Events

Beekeeping Workshop: Spring Inspection

April 12, 9-10:30am and 11:30am-1pm at Massaro Community Farm (Registration required)

In partnership with the Connecticut Beekeeper's Association. Come to the Spring Inspection workshop at either time and learn how to inspect your hive at the beginning of the season! Please bring your own veil. Veils are available for purchase at the workshop.

Getting Your Garden Ready

April 17, 6-8pm at Ansonia Nature Center (10 Deerfield Road, Ansonia, CT 06401) - Free

Join Massaro Community Farm and the Ansonia Nature Center for a workshop: "Getting Your Garden Ready". We'll share steps for prepping, or starting, your garden for spring and summer plantings. Learn organic techniques to grow a healthy garden and plants for a bountiful season! Bring your questions and comments as we prepare for the bountiful growing season to come.

day, April 22nd from 4:00-5:30 for a field trip designed specifically for our local teachers and educators! There will be a tour of the farm, some examples of our hands-on lessons, as well as wine and cheese for our guests. We want to share our educational mission with our local teachers, and, in turn, show you what we can provide to your students at the farm.

Beginner's Bird Walk

April 28, 9am at Massaro Community Farm

Join local expert birder and Connecticut Ornithological Association President Chris Loscalzo on a beginners' bird walk at Massaro Farm on Sunday, April 28th beginning at 9:00 am. The walk is free and open to the public. Advanced registration is not necessary. Bring binoculars if you have them. Wear footwear you won't mind getting muddy.

Herbal First Aid

May 4, 1:30pm at Massaro Community Farm -(Suggested \$10 donation)

Join Jess Sailer from Walnut Beach Wellness Center as we explore first aid gifts that nature gives us! During this

From the First Selectman BY BETH HELLER





Dwight Rowland, Beth-Wood Baseball League president, presented his group's annual donation to First Selectman Beth Heller

April Activities and Events

As April arrives, our thoughts turn naturally to the season of renewal. Woodbridge has so many outdoor experiences to enjoy! I hope you and your family will have a chance to get out and about as the weather begins to warm up.

Rid Litter Day

I invite you all to lend a hand as we roll up our sleeves to tackle roadside litter – join your neighbors to help celebrate Earth Day at the annual Rid Litter Day event on Sunday, April 28 from 11 am to 1 pm at the Town Green (opposite Town Hall).

Stop by the Green to pick up a trash bag and map for an area of town where roadside litter can be collected. All trash bags will then be picked-up by Woodbridge Public Works crews and disposed of at the Transfer Station. There will also be information tables to help you learn how to reduce, reuse and recycle. More information will also be available about changes coming to the Woodbridge Transfer Station this summer.

Get a jump on your spring cleaning and plan to bring your household's obsolete confidential/financial papers for secure disposal at a Paper Shredding truck we will have at the event (for residents only, no businesses, please). Y ou can also do your part to help prevent prescription drug abuse by cleaning out your medicine cabinet and bringing your expired, unused or unwanted medications to the prescription drug take-back box which will also be available the day of the event in the Police Department's lobby (entrance off the Town Green). I'd like to thank the Ad Hoc Community Council and Sustainability Committee for organizing an expansion of this important community event to beautify our town and help our environment. I hope to see you there!

Preliminary Budget Hearing

On Monday, April 22nd at 7:30pm, residents will gather in the Center Gymnasium for another of our annual traditions that remind us of our community's New England founding. The Preliminary Budget Hearing is the first meeting in a two-step process of approving our Town budget. The final step will take place on May 20th with our Annual Town Meeting. You will receive information in the postal mail about both these important meetings – I hope you can join us!

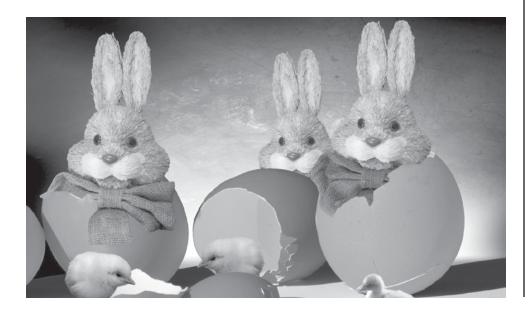
Getting Ready to Play Ball!

Bethwood Baseball League recently made its annual donation of \$3,000 to the Town to help cover the cost of maintaining the ball fields. We are thankful for this continued community-funded support, and look forward to the start of the spring sports season for the boys and girls of Woodbridge as our athletic fields come alive with activity. Please be mindful of traffic entering and exiting our field areas on Center Road, Pease Road, Acorn Hill Road and in the West River Fields area. The League's Opening Day Ceremony will be held at 10 am on Saturday, April 27th on the Town Green and will start with its parade of players. The Woodbridge Volunteer Fire Association will once again have fire apparatus on display and will provide hot dogs, hamburgers and beverages for the crowd. If you attend, please stop and say hello - I would enjoy speaking with you. As always, if you would like to share your thoughts with me, my door at Town Hall is always open - please be in touch.

Teacher Field Trip

April 22, 4-5:30pm at Massaro Community Farm - Free Come join us after school on Mon-

class, Jess will help you learn about some plants that have specific healing properties (calendula, burdock, and plantain) and how to best use them.



Beth Heller is Woodbridge First Selectman. She may be reached by phone at Town Hall, 203-389-3401, or by email to bheller@ woodbridgect.org.







Mary Ellen "Mel" Lucuk will retire from The Woodbridge Center at the end of April. Reserve a spot for her farewell lunch on Tuesday, April 23 at 12:15 in the Café. We look forward to seeing the great things she does in this new chapter of her life. She will be sorely missed!

Living Treasure Committee Meets In May

Here's a chance to get involved with the 2nd annual Living Treasure Awards event. The first meeting of the planning committee will be May 9 at 9 am in Center lounge, 4 Meetinghouse Lane, lower level. We're looking for individuals who would like to build on last year's success. The Living Treasure Award dinner is a fundraiser for The Woodbridge Center which honors community-minded Woodbridge residents for their dedication to the Town and for their years of community service. The event also includes a silent auction, a program and a delicious dinner. Donations of silent auction items, Reserving a ride is on a first-come, first served basis. You may schedule a ride by calling 203-389-3430 between 9am and 4 pm.

The Center provides transportation to Amity Shopping Center area on Wednesday mornings. This service is for qualifying residents in need of a ride to pick up groceries, go to the bank, or visit the drug store. Please call the office at 203-389-3430 to make a reservation as soon possible – we must have at least 24 hours' notice. Driveways, walks, and steps must be cleared of trees, brush, snow, and cars to protect our driver and passengers. The Woodbridge Transportation Program operates in full compliance with Title VI of the Civil Rights Act of 1964.

April / May Lunch Menu

Lunch is served Tuesday and Friday at The Center café, at 12:15 pm. Cost is \$3 for dine-in meals, \$4 for take-out. RSVP is required by noon one day prior. Meals include bread, juice, coffee/tea and dessert. 4/12 Assorted sandwiches, potato salad, 4/16 BBQ pulled pork with rice and beans, 4/19 Closed Good Friday, 4/23 Farewell to Mel Luncheon! Roast Beef, mashed potatoes and gravy, cake, 4/26 Chicken oregano with rice, 4/30 Stuffed cabbage, 5/3 Cinco de Mayo celebration! Cheesy taco pasta, 5/6 vegetable quiche, 5/10.



RSVP required.

April 23: Lunch Entertainment with Brian Gillie at 12:15 pm. RSVP required.

April 25: Spring Fling Health and Wellness Fair sponsored by New England Young at Heart in the Center Building gym, 9 am - 1 pm.

April 30: First Selectman Beth Heller and the Democratic candidates for municipal office speak and serve lunch at 12-1pm in the café.

May 3: Cinco De Mayo lunch celebration at 12:15 pm!

May 3: Campaign visit! The Woodbridge Republican slate for municipal office will speak and serve lunch at 12 -1 pm in the café.

May 6: Center closed for Municipal Elections – Vote! 6 am- 8 pm.

May 7: Memory Matters with VNA Community Healthcare & Hospice begins 12:20 pm in The Center café. Learn why exercising your brain is as important as exercising your body, find out how to maintain brain function and dispel the myths of memory loss and aging. RSVP if requesting lunch Woodbridge Center (\$3.00). You must be 50 or older to participate. RSVP required by May 3.

Breakfast At 10: Lecture Series

April 24: Diabetes: How to Manage It If You Have It & How To Prevent It If You Don't with Mary Swansiger, BSN, MPH, CDE, Out-reach Coordinator Griffin Hospital Community Outreach & Parish Nursing.

May 22: Estate Planning and Asset Protection with Guertin and Guertin, LLC in The Center lounge. This program was created to help people learn how they can protect their most valuable assets (like a home) from financial devastation of a long-term stay in a nursing home, creditor issues, and/ or lawsuits, by utilizing an irrevocable Asset Protection Trust. 40 % of older Americans will need nursing home care at some point in their lives! Lectures are held in room 11 Center building.

Volunteer Income Tax Assistance (VITA), VITA is a free tax preparation service available to low-income

purchase of ads in the program book and table sponsorships are available by calling the Woodbridge Center at 203-389-3430 or emailing jglicksman@ woodbridgect.org.

Volunteers Needed!

We're looking for volunteers to help with set up, clean up and serving at the Tuesday or Friday senior lunch. Volunteers need to be available from 11 am -1:30 pm. Please call 203-389-3430 or email jglicksman@woodbridgect.org for more information or to volunteer.

Transportation

The Woodbridge Senior Center offers limited transportation to eligible seniors and disabled residents to the Senior Center and to medical appointments as scheduling permits.

Special Programming

Events are held at The Woodbridge Center unless otherwise noted. To RSVP or for questions, call 203-389-3430 or email jglicksman@woodbridgect.org.

April 15: Lunch Bunch! Join in for lunch with friends at Luce's in Hamden. Transportation is provided by the Center van (\$3) or meet there. Self-pay at the restaurant.

April 16: Lunch Entertainment with Paula Pettinella at 12:15 pm.

(\$3.00/12:15).

May 8: Center Open – Amity Referendum

May 13: AARP Safe Driver Training, 9 am - 1 pm, Center lounge. \$15/ members; \$20/non-members. RSVP required.

May 16: Senior art exhibit and reception, "The Art of Aging" sponsored by the Area Agency on Aging. The exhibit features art from the Center's Art class, will be held 1 pm-3 pm at 117 Washington Avenue, North Haven. Transportation will be provided by the Center. Please RSVP by May 9.

May 22: Senior Prom, sponsored by New England Young at Heart, 11am-3 pm at Aria Banquet facility in Prospect. Event includes dancing, shopping vendors, raffles, appetizers and a 3-course meal. Transportation provided by The individuals, people who have a disability or those who speak limited English. Appointments are made through Human Services and The Woodbridge Center and are available by request.

Ongoing Programming

Weekly Craft Group: Meets 10 am - 1 pm in The Center lounge. Calling all knitters and crocheters to join the group. No RSVP necessary.

Yoga for Healthy Aging Class meets Fridays, 11:45 am - 1 pm, in the Center Building, Room 16, with instructor Julie Luciani. Class combines seated and standing postures and is safe for all. Please register to reserve your spot—12 sessions for \$75. The class fee will be pro-rated if joined late.

See "Woodbridge Center" On Page 11





Town officials and guests celebrate the grand opening of The Woodbridge Center's new ADA compliant restroom. From left are Human Services Director Mary Ellen LaRocca, Bender owner David Bender, First Selectman Beth Heller, Tax Collector Pat Crisco, Board of Selectmen member Joe Crisco and Dan Pino of Olympus construction. The new ADA compliant restroom is a much appreciated addition by the members of The Woodbridge Center.

Youth Services

by Nancy Pfund



Red Cross Babysitters Training

A 2-day class will be held for resident teens 12-17 years of age on Wednesday, April 17 and Thursday, April 18 from 8:30 am - 12:30 pm in Room 11 at the Woodbridge Center Building, 4 Meetinghouse Lane. Students must attend both days to earn certificates. Healthy snacks are provided.

Red Cross Instructor Anna Maria Mauhs covers all the basics to get teens ready to babysit: Leadership, Basic Care, Safety, and Basic First Aid. To register, Download the permission form from the Town website at: http://www.woodbridgect.org/160/ Youth-Services. Send the completed form with a check for \$60 (\$65 for non-residents) payable to Woodbridge Youth Services at 11 Meetinghouse Lane, Woodbridge, CT. Discount for siblings attending together. Spaces are limited.

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Form is located on Woodbridge Town website at http://www.woodbridgect. org/160/Youth-Services or call 203-389-3429 for information.

Towns Collaborate to Present Drug Addiction and Recovery Speaker

Stephen Hill, Speaker/Author, will be presenting on Monday, May 13th, 2019 from 7-8:30pm at High Plains Community Center, 525 Orange Center Road, Orange, CT. Doors open at 6:30pm for refreshments. The presentation is the story of a young man's battle with drug addiction and journey to recovery. This event will be sponsored by Orange Youth Services, Woodbridge Youth Services, and the Milford Prevention Council. Subject matter appropriate for middle school and high school students, as well as all parents/guardians. If you would like to attend this FREE event, register at stephenhillorange.eventbrite.com or

From the Police Department





Bear Sightings

At the end of March, a black bear has been repeatedly seen roaming throughout town. As the warmer weather approaches, police are anticipating additional bear sightings. Bird feeders, garbage, pet food and compost attract bears close to houses and people. Although aggression by bears towards humans is exceptionally rare, residents are reminded of the following tips provided by the CT Department of Energy and Environmental Protection:

- Do not leave bird, pet or livestock food outside overnight.
- Do not intentionally feed bears

 they will become accustomed to finding food near your home, will repeatedly return, and may become a nuisance/problem.
- Keep BBQ grills clean and stored in a garage or shed after use. (Propane cylinders should be stored outside.)
- > Keep your dogs on a leash or under

control – a roaming dog may be perceived as a threat to a bear or its cubs.

- If you see a bear, enjoy it from a distance, and do not approach it or try to get closer to get a photo.
- When hiking, make your presence known to a bear by making noise and waving your arms.
- Back away slowly if you encounter and surprise a bear.
- Do not run or climb a tree if possible, wait in a vehicle or a building until the bear leaves the area.

Any concerns can be reported directly to the Woodbridge Police at (203) 387-2511, to Woodbridge Animal Control at (203) 389-5991, or by calling "911" in the event of an emergency.

The CT DEEP monitors black bear activity statewide and routine sighting report forms and additional information can be found online at www.ct.gov/ deep/blackbear.

Home Alone Class

Registration is open for the Home Alone Class on Monday, April 15 for youth ages 9-12. The course will be held in the Woodbridge Library Meeting Room at 10 Newton Road from 10:00 am to 12:15 pm. Cost is \$15 per child. Healthy snacks provided. Payment and permission form may be mailed to Woodbridge Youth Services at 11 Meetinghouse Lane, Woodbridge, CT 06525. Space is limited. Permission call Jessica Simone (203)891-4785.

Job Bank Needs Teens

Woodbridge teens willing to do odd jobs, babysitting, and animal care for residents are needed. Students can gain work experience and earn money. To join and schedule an interview, call 203-389-3429 or email NPfund@ Woodbridgect.org. Residents may call the Job Bank to hire Woodbridge teens at 203-389-3429.

RESERVE YOUR AD SPACE TODAY. CALL US AT 203-298-4399.

Ask the Nurse

Join VNA Community Healthcare & Hospice on April 16 from 11 a.m. to 12:30 p.m. at Woodbridge Senior Center, 4 Meetinghouse Lane for a free nursing clinic. A registered nurse (RN) can check your blood pressure, heart rate, weight and work with you to set goals. The RN can also review your medications, help you create a medication list, and discuss how you can prepare for a medical appointment. There is no cost for this service and appointments are not required.

This clinic is held on the first and third Tuesday of each month. For more information about all of VNA Community Healthcare & Hospice's wellness programs, visit www.vnacommunityhealthcare.org or call 1.866.474.5230 (toll-free).

"The cause of Freedom and the cause of Peace are bound together." - LÉON BLUM

TOWN DEPARTMENTS & AGENCIES

First Selectman's Youth Award Announced

Woodbridge First Selectman Beth Heller, along with Woodbridge Youth Services, announces the 2019 winner of the First Selectman's Youth Award as Samuel Martin. Samuel, son of Tad and Lisa Martin and a senior at Amity Regional High School, has been an active member of Boy Scout Troop 41 and has demonstrated positive actions to improve the lives of the Woodbridge community.

Samuel has achieved his Eagle Scout status and completed the ambitious task of refurbishing forty-one trailhead signs for the Woodbridge Land Trust, a project that many residents can enjoy. As an Eagle Scout, he serves as an assistant scoutmaster for Troop 41 where he contributes his leadership skills to Town youth.

A passionate supporter of the Unified Sports program at Amity High School, "his commitment to serving and assisting local disabled students is inspirational and commendable," ac-

Samuel Martin

cording to resident Mark Livesay who nominated Sam for this award.

Samuel Martin will receive his award at the 31st annual Human Services Volunteer Tea on April 11th along with a monetary gift provided by Peoples United Bank in Woodbridge.

"Woodbridge Center" From Page 9

Mahjong: Monday & Friday, 10 am, Center Building, Room 11.

Exercise with Laurie: Workout includes a combination of strength training, cardio, flexibility and balance. Bring weights if you have them. Class is in the Center gym, Tuesday and Thursday, 10-11 am. No need to sign up— just pay a drop-in fee of \$2.

Book Club: The book club meets the 4th Tuesday of each month, 11 am at the Woodbridge Town Library. The next meeting is April 23 and the book will be Educated: A Memoir by Tara Westover. The following meeting is May 28 and the book will be Lost Roses by Martha Hall Kelly. New members are welcome. Art Class: New session begins May 8 and meets each Wednesday, 10 am -12 pm, in The Center café. The class is taught by local artist Graham Dale. Call to register; the ten-week class is \$60 and will be pro-rated for those joining late. Register to join in on the Area Agency on Aging's Art of Aging Exhibit. All seniors are invited to display their work from May 16- June 20 at the Area Agency of Aging's new location in North Haven. Call for details and to participate. Friday Movies: Following lunch in The Woodbridge Center lounge at 1 pm: 4/12 If Beale Street Could Talk, 4/26 Favorite Film Friday Love Crazy, 1941– with Myrna Loy and Dick Powell, 5/3 Can you Ever Forgive Me, 5/10 At Eternity's Gate, 5/17 The Mule, 5/24

On The Basis of Sex, 5/31 Favorite Film Friday It Happened One Night, 1934 – with Claudette Colbert and Clark Gable.

Ask the Nurse: 1st and 3rd Tuesday of each month, 11 am - 12:30 pm, blood pressure screenings, weight and conversation with a registered VNA Community Healthcare Nurse in The Center lounge.

Duplicate Bridge: Mondays, 9:30 am, in the café. No partners required.

Bridge: The Center's Wednesday bridge group invites new members! Join in for a friendly card game. No reservations—just come to The Center lounge.

Pinochle: Monday, Wednesday or Thursday 1-4 pm, in The Center lounge. Come any day—the group looks for new players and is willing to bring

Rid Litter Day

Join your neighbors to help celebrate Earth Day at the annual Rid Litter Day event on Sunday, April 28 from 11 am to 1 pm at the Town Green (opposite Town Hall). You're invited to stop by the Green to pick up a trash bag and map for an area of town where roadside litter can be collected. Pick a road or intersection of your choice, or we will assign you a location the day of the event. All trash bags will then be picked up by Woodbridge Public Works crews and disposed of at the Transfer Station.

There will also be informational tables to help you learn how to reduce, reuse and recycle. More information will also be available about changes coming to the Woodbridge Transfer Station this summer.

Get a jump on your spring cleaning and plan to bring your household's obsolete confidential/financial papers for secure disposal at a Paper Shredding truck we will have at the event (for residents only, no businesses, please). You can also do your part to help prevent prescription drug abuse by cleaning out your medicine cabinet and bringing your expired, unused or unwanted medications to the prescription drug take-back box which will also be available the day of the event in the Police Department's lobby (entrance off the Town Green).

"I'd like to thank the Ad Hoc Community Council and Sustainability Committee for organizing an expansion of this important community event to beautify our town and help the environment," said First Selectman Beth Heller.

We ask that drivers be extra careful while driving in Woodbridge on Sunday, April 28 since there will be people picking up trash on the side of the road. Participants are asked to wear bright colors and wear their own work gloves.



Many important events took place during what's now known as Holy his disciple Peter would deny knowing him three times before the following

rusty players up to speed!

Pickleball: Meets Monday-Thursday in the Center gym for group play, 12:30-2:30 pm and Friday, 12:30-3:30 pm. Paid annual members may arrange playing times with other players through the Doodle scheduling tool. Annual membership is \$20 for Woodbridge residents and \$25 for non-residents. Equipment is available on a first come, first served basis.

Bocce: Begins April 16, Tuesdays from11 am - 12 pm at the bocce court in the picnic grove behind the Old Firehouse. Give a call and let us know you're coming!

Calling all poker, canasta and spades players—call The Center and let us know if you are interested and we'll put a group or a game together! Week, which commemorates the final days of the earthly life of Jesus Christ, who Christians believe is the son of God.

The Last Supper was one of most important events to take place during the final week of Christ's life. Contradictions within the Gospels make it hard to say with absolute certainty when the Last Supper took place, but according to Catholic Online, Evangelists and critics generally agree that the Last Supper was held on a Thursday that was very likely the evening of preparation for Jewish celebration of Passover.

The Last Supper is depicted in the Gospels as the final meal Jesus shared with his 12 apostles before he was crucified. Christians believe that, during the meal, Jesus predicted that morning, while also predicting that another disciple present at the meal would ultimately betray him.

Many Christians also believe the Last Supper marked the institution of what is now the sacrament of the Eucharist. The Gospels of Mark, Matthew and Luke include accounts of the sharing of the bread and wine, though each account differs slightly. While the Gospel of John, which differs in various ways from those of Mark, Matthew and Luke, does not describe the bread and wine ritual, the Bread of Life Discourse (John 6:22-59) has been interpreted as Eucharistic.

The Last Supper is a significant event in the life of Jesus Christ and one that merits special consideration during Holy Week.

"Letters" From Page 5

The town again tried to work with Toll Brothers in 2015- 2016, but negotiations failed when town residents once again expressed their dissatisfaction with this type of development.

The town conducted a survey in 2018 to get feedback from residents on what they envisioned to be good use of the property. 2/3 of residents who participated in the survey were opposed to housing development.

The elected administration is supposed to represent their constituents. Why do they keep pursuing the only option that has been repeatedly rejected by the citizens of Woodbridge? Why aren't they listening?

I believe there have been no RFP's, (Request for Proposal), since 2014. How do we know what the options are for the property if we haven't marketed it recently?

Previous suggestions submitted by residents for how the property might be used have not been investigated.

The administration has consciously chosen to not maintain the property, giving the perception that we have no other option than to sell it for residential development. They are hoping that if they keep pushing, while allowing the property to remain in a state of disrepair, residents will finally give up on their efforts to save this treasure that is under siege.

Woodbridge, We can do better! *Cheryl Lipson*

Residents Need Most Detailed Information Possible

In its rush to approve development of the former Country Club of Woodbridge (CCW) property, the Town Administration has to date failed to provide for meaningful public review and comment on a specific proposal. While it is true that conceptual plans have been presented, those plans need to be revisited in light of the constructability review recently completed by the town's professional staff. The conceptual plans need to address specifically the zoning, infrastructure and natural resource protection issues raised in the constructability study. Furthermore, of the town's finances.

Beth has achieved savings, secured grants, and otherwise found creative funding solutions for improvements to the Center Building, on-schedule road maintenance, and wholesale renovations at the animal control facility. What's more, Beth has done so without excessively raising local taxes.

I've known Beth for many years. I know how hard she works – in every town job she has had – to stretch every dollar. I know how difficult it is to control costs, and I believe there is no more conscientious custodian of public funds. I encourage everyone to support Beth Heller and her team on Election Day, Monday, May 6.

Sandra T. Stein

Town Leaders Need to Trim Government Spending

I read with great interest your article entitled "Sans Intervention, Taxes Will Spike Further, Report Finds" in your most recent edition. While we know Woodbridge to be an intentionally "bedroom" community with little commercial development, the figures presented in the article don't bode well for our taxes in the future. We know we must continue to invest in education – many call Beecher and Amity the "crown jewel" of Woodbridge, so looking elsewhere for savings seems obvious. I think that leaves looking for savings in the cost of town government.

At the end of the article, First Selectman Beth Heller seems to provide some political double-speak. The Board of Selectmen recommended to the Board of Finance to seek a 3% cut across the town budget - but Beth voted against that recommendation the only "no" vote! She then is quoted in an email communication written after the vote, saying the cuts should not be "restricted to 3%," and adds the predictable line in an election year "to provide relief to our taxpayers." A 3% cut isn't a bad place to start, so why vote no? Continuing the spin on page 10 of the same edition, in the article "Town Budget Next Steps" Beth writes: "I worked closely with Town Finance Director Tony Genovese to identify ways to minimize the impact to taxpayers while ensuring we continue to provide necessary services to townspeople with next year's budget." So why wasn't the "taxpayer relief" Beth wanted incorporated in the budget she proposed to the Board of Selectmen? Please don't say you are for tightening our budget belt, then present a budget with none of it, and worse, vote against it! While many Woodbridge residents have traditionally shrugged off tax increases, the fact that mid-sized home values continue to slide, due in large part to our taxes, I hope this will act as a signal that our shrugging days are over. Our town leaders need to step up the effort to trim local government spending and produce tangible results. Gus Saccenti



BALANCE: "AM I TRIPPING, LOSING BALANCE, GETTING OLDER OR JUST CLUMSY?"

By Michael Dow MSPT and CEO/Clinical Director

Balance issues can be a tricky thing to self assess, until there is a fall that causes injury, or unfortunately more serious conditions such as fractures of ankle or hips. Balance issues can affect all ages, and often gets ignored in the elderly or just attributed to getting older. There are several different systems that play significant roles, and knowing which one is the culprit (or culprits) will directly lead to the appropriate intervention.

Balance and coordination are complex and often involve the intertwining of several systems. The three major ones are vision, vestibular, and proprioception. For the purposes of this article, I'd like to discuss the two systems that we often see in physical therapy and are most likely to affect balance, even in the healthy individual.

The first system is called the vestibular system, and is comprised of three small bones in the inner ear named ossicles. These bones, like most in our body, can become degenerative or get out of alignment. The resulting interruption in feedback loops from the ossicles can lead to vertigo, loss of balance, dizziness, loss of neck rotation and headache. Often times these symptoms may require evaluation from an ear nose and throat specialist. In the case of vertigo from ossicle alignment, our physical therapists administer an advanced technique called the Epley's maneuver in the office to help realign the ossicles to stop the vertigo symptoms. Usually this technique is followed with other manual therapy to restore the likely precipitated loss of neck rotation. There are studies that have directly linked patients who suffer with vertigo with a loss of neck rotation, suggesting that the loss of rotation may actually increase likelihood of developing vertigo.

The other system that affects balance is the most common one ad-



Michael Dow

a much higher risk of fall. Generally, restoring rotation in the neck, spine, and hips can greatly help increase stability and reduce risk of fall.

Proprioception problems are not limited to the elderly. When athletes get hurt and have a period of immobilization (like a surgical recovery or use of a cast and crutches), the affective area does not move throughout the normal range of motion. Thus, the receptors become inhibited from providing the same proprioceptive feedback to the brain to interpret. Physical therapists spend much of the treatment sessions performing joint mobilization techniques, flexibility and balance-oriented exercises that not only increase range of motion, but directly increase proprioception. Restoration of movement is also necessary to increase muscular strength. You have to have motion available to use it. The further a muscle is elongated, the more potential force it can produce.

It is important to recognize that balance issues are not exclusive to just getting older and should not be overlooked. Recognizing which systems are compromised is the first step in helping reduce balance issues. Should you experience any balance related symptoms, it is advisable to seek the opinion of your primary care physician, ENT specialist, or local physical therapist.

the public needs an opportunity to review, understand and comment on one or more specific proposals and the full range of their impacts.

Once this important property passes to private development, the Town will have lost forever most of its ability to control its use. It is critically important for the Town and its leaders to understand the best and most detailed information possible, and to participate in public hearings before any action is proposed.

Adrienne Micci-Smith

Heller Effective Steward of Town's Finances

On the town's Election Day, Monday, May 6, I plan to vote for First Selectman Beth Heller and her team primarily because of her stewardship dressed in physical therapy, called proprioception. There are receptor cells in our joints and muscles that tell our brain instinctively where our body is in space. This feedback loop is developed by our general movements. In instances where movement is impaired (acute swelling, immobilization from a cast, pain, spinal tightness, postural changes from aging), this information is fragmented and can alter balance. In the elderly, postural changes in the spine cause a flexed position with a loss of rotation, along with hip and lower extremity tightness. The lack of flexibility does not feed the system the appropriate feedback so when the person rotates too far, they can be at

Michael Dow MSPT is founder and CEO/Clinical Director of Amity Physical Therapy, now with three offices in Woodbridge, Hamden and Branford. He received his degree from Sacred Heart University and is recognized by the U.S. Dep't of Health and Human Services for his work with the national Multiple Sclerosis Society. He works with patients of all ages, pediatrics to geriatrics, as well as local high school and college athletes. Michael can be reached at 203-389-4593 or www.amitypt.com.

RESERVE YOUR AD SPACE TODAY. CALL US AT 203-298-4399.





Register to Vote

Town Election is on May 6th

Save time on Election Day by registering to vote in advance. The deadline for advance voter registration is April 29th at 8pm in person at Town Hall, or 11:59pm online, for most voters. Residents may also register on Election day, May 6th at the Election Day Registration location at the Senior Center adjacent to the polling place at the Center Gym.

The Woodbridge Registrars of Voters will hold voter registration sessions at Town Hall, as required by Connecticut General Statutes, for the May 6th Town Election. These times are in addition to our regular office hours Wednesdays 9am to 1pm. Residents may also register online at voterregistration.ct.gov or at the Town Clerk's office weekdays 8:30am to 4:30pm.

Monday, April 29, 2019, 9am to 8pm

Special Voter Registration Session:

Last regular in-person registration session.Online registration closes 11:59pm.

Friday May 3, 2019, 9am to 5pm

- Limited registration session for:
- ✓ voters whose qualifications changed as to age, citizenship or residence since April 29th.
- voters with physical disabilities, servicemen, and persons out of the country.

Monday, May 6, 2019, 6am to 8pm: Election Day!

Polls open at the Center Gym. Election Day Registration at Senior Center.

Residents who are already registered do not need to re-register. You may check your registration status at www.dir.ct.gov/sots/LookUp.aspx.

Regionalization Plan Gets Failing Grade From Schwartz

Matt Schwartz, a Woodbridge candidate for Amity Board of Education, attended the State Senate Education Committee public hearing on Senate Bills 738 and 457 regarding the forced regionalization of school districts. Schwartz voiced his opposition to the proposed legislation. "These bills could threaten the very existence of the Amity school district and must not be allowed to become law. I applaud all those legislators and concerned citizens who voiced their serious reservations about these bills at this important hearing."

The proposed bills originally called for schools, even those already in regionalized school districts, to be regionalized according to probate court districts among other parameters. Schwartz, an Amity graduate, stated that the notion of forcing schools to regionalize is a serious overreach of power by the state. "I think Amity is a model school district, we are among the best in the state, and we did so without the state telling us with whom, how or when to regionalize. I love Amity and I don't want to see it broken up" said Schwartz.

Since the bill's public hearing, the wording in the proposed legislation, especially the language mandating schools to regionalize, has been altered. Schwartz, however, does not believe this is cause for celebration. "The wording may have been changed; however, the intent of the bill is clear, and as long as it remains proposed, we must continue to fight for our schools and oppose these bills."

Schwartz concluded that forced regionalization would have devastating results for Woodbridge residents. "One of the top reasons people move to Woodbridge is for our excellent school system. We have already seen far too many people leave Woodbridge in search of greener pastures. Dismantling the Amity school system would be another blow to our home values, and worse, to the education of our children."



Dems To Open Amity Road HQ

Community Members Invited To Campaign Event

The campaign committee working toward the re-election of First Selectman Beth Heller, after a recent, successful kickoff event, has opened its official headquarters ahead of this year's municipal election, scheduled to be held Monday, May 6. To celebrate, First Selectman Heller and her team of candidates will welcome community members Saturday morning, April 13, to the headquarters at 180 Amity Road, on the second floor, in the office space above the former Wheeler's Restaurant.

The public is invited from 9:00 a.m. – 11:00 a.m. The entrance to the suite is from the side of the building; light refreshments will be served, and residents are encouraged to present questions, comments, and suggestions to candidates regarding Woodbridge town government.

The March 30 kickoff celebration

featured U.S. Rep. Rosa DeLauro, Lieutenant Governor Susan Bysiewicz, Connecticut Democratic Party Chair Nancy Wyman, former Woodbridge First Selectmen Nan Birdwhistell and Ellen Scalettar, and many local luminaries.

For the remainder of the campaign, volunteers are needed to promote the good work First Selectman Heller has done while in office of behalf of the town and its residents. All those interested can drop by campaign headquarters, call the campaign phone line at 203-936-9336, and/or visit the campaign website bethheller.org with questions or to become more involved.

For further information or with questions about the April 13 event, residents are invited to send an email to the campaign at WoodbridgeCTdems@gmail.com.

Wiznia Attends Land

GOP Pushes For Effective Economic Development

Ed Weinberg, Republican candidate for First Selectman, addressed a recent gathering of supporters and stated "Rising local property taxes are hitting homeowners with a double whammy: their taxes are going up and their home values are going down. This year's budget, before being pruned, reflected

See "Development" On Page 16

Use Conference

Robert Wiznia, M.D., incumbent member of, and candidate for, reelection to the Woodbridge Zoning Board of Appeals, attended a one day conference for members of Connecticut Land Use commissions sponsored by the Connecticut Bar Association. The well attended meeting, held on March 23, 2019 at Wesleyan University, featured prominent attorneys lecturing on topics relevant to Woodbridge zoning issues.

"The meeting was very informative, and I look forward to sharing what I learned with the other members of the Zoning Board of Appeals," said Dr. Wiznia. "One of the things that makes our town special is our carefully thought out zoning ordinances. Those who bring appeals to our Board deserve to have their situations assessed by a Board that is knowledgeable, informed and able to provide relief where appropriate. The Connecticut Bar Association does a tremendous service to both Zoning Board members and applicants throughout the state by sponsoring these conferences. We are in a better position to serve the Town of Woodbridge and appeal applicants with the knowledge gained from such events."





Author & Storyteller Visits Amity Regional High School

Connecticut author and story-teller Matthew Dicks visited Amity Regional High School during the week of April 7th to present two master classes in the art of storytelling. Matthew Dicks is the author of several novels, including Something Missing, Unexpectedly Milo, and The Perfect Comeback of Caroline Jacobs, and his new release Storyworthy: Engage, Teach, Persuade, and Change Your Life through the Power of Storytelling. His book, Memoirs of an Imaginary Friend, was nominated for a Connecticut Nutmeg Award. He has performed as a storyteller around the country and has won the Moth StorySLAM more than twenty times.

Matthew spoke to students from Amity's English Language Arts classes involved in creative writing and literary analysis and discussed the process for creating written and oral narratives. Students who prepared stories had the opportunity to perform and receive feedback from this seasoned story-teller. At the end of the school day, a Storytelling Slam, open to the entire student body, was held.

The event was hosted by Amity librarians Robert Musco and Victoria Hulse, and made possible by the Jamie A. Hulley Arts Foundation. More information about the Foundation's mission and work can be found at: jamiehulleyartsfund.org.

Ansonia Nature & Recreation Center April 2019 Events

ACOG MEMBERSHIP DRIVE

Saturday, April 6, 11 am-1 pm Are you interested in getting your Using local soft pine wood from the Nature Center, Ranger Amie will teach safe carving techniques and show how

Journalist Jake Halpern Visits Amity Regional High School

Author and journalist, Jake Halpern, visited Amity Regional High School on March 12th, to offer workshops to students in Media and English Language Arts classes.

Mr. Halpern has worked as a journalist for the past twenty years. His work has appeared in The New Yorker and New York Times Magazine and includes non-fiction books such as Bad Paper, Fame Junkies, and Braving Home. Mr. Halpern recently was awarded the 2018 Pulitzer Prize for the online publication, Welcome to the New World, a true story of a family of Syrian refugees. He recently returned from India where he was visiting as a Fulbright Scholar and is currently teaching a journalism class at Yale University.

Mr. Halpern's visit was a lively discussion on the power of non-fiction writing, which he sees as a "magical and a powerful way to tell stories about issues like refugee migration, which are otherwise often hard to grasp or get interested in." He discussed the journey of how he developed into a



Jake Halpern

writer and explain how journalists tell powerful stories.

The event was hosted by Amity librarians, Robert Musco and Victoria Hulse, and was made possible by the Jamie A. Hulley Arts Foundation. More information about the Foundation's mission of bringing professionals in the arts to work with young people can be found at jamiehulleyartsfund.org.



own garden plot over by the Ansonia Nature Center (ANC)? Stop by the ANC, learn about ACOG (the Ansonia Community Organic Gardens), and sign up for a plot! \$20 for a 20' x 40' plot; \$10 for a 20' x 20' plot; and \$10 per small elevated bed.

ACOG ANNUAL MEETING Sunday, April 7, 10:30–11:30 am

Are you a new or returning member of the Ansonia Community Organic Gardens? Come to its first official meeting of the gardening season! Find out what's going on at the gardens and how you can help! Open to all ACOG members. FREE!

WHITTLING 101: Carving a Bird Sunday, April 7, 2 pm

to make a small bird carving using a mat knife. She will show some of her own carvings for inspiration. This class is geared for teens 16 years of age and up as well as adults. Registration and release forms are required. Class size is very limited. FEE: \$10.

SPRING TERM JUNIOR RANGERS

Thursdays, April 11–June 6, 3:30–5 pm Calling all children 11-14 years old who love nature! Has your child wanted to work with animals, garden, help maintain our trails, and help with special events? This is the opportunity to help the Nature Center during our 8-week after school program. Parental permission is required. Registration

See "Nature Center" On Page 16

Massaro MelonHead participants in 2018

11th Annual Rock To Rock Earth Day Ride

PARTICIPANTS WANTED TO JOIN THE MASSARO COMMUNITY FARM MELONHEAD TEAM

Massaro Community Farm will take part in the annual Rock to Rock Earth Day Ride in New Haven on Saturday April 27 and is looking for riders to join the Massaro MelonHead team. The farm is participating for the seventh year in a row and aims to raise \$35,000 this year and build a team of 50 riders. The goal of the ride is to grow a greener, healthier, more just community through fundraising and participation, with over 25 local organizations receiving support from the ride, including Massaro Community Farm.

The ride starts at Common Ground High School near West Rock Park and ends at East Rock Park. There are 5 different ride lengths to choose from—

See "Massaro" On Page 15

"Massaro" From Page 14

a 5-Mile Family Ride and a 12-Mile, 20-Mile, 40-Mile and Metric Century Ride. The 5-Mile Family Ride begins at 11:00 a.m. with the 12-Mile Ride starting at 10:30 a.m. and the 20-Mile Ride starting at 10:00 a.m. The 40-Mile and Metric Ride begin at 9:00 a.m.

Massaro Community Farm Operations Assistant and Team Captain, Becca Toms, reflects, "Rock to Rock provides a meeting place not just for people that care about the environment, but also for agencies that are doing good work in the community, bringing enthusiastic supporters together. It's very encouraging."

Massaro MelonHead team member Katherine Korik, riding with coworkers from Contractor Nation in Seymour, comments, "We're happy to be part of the MelonHead team, and we're proud to support Massaro Community Farm and all the hard work they do for our community."

Massaro Community Farm will be hosting a community Happy Hour on Friday, March 22 at New England Brewing Co., located at 175 Amity Road in Woodbridge, from 6 - 9:00 p.m. to support the team. Anybody who donates at least \$10 at the event will receive a ticket for a short pour at the brewery. There will also be a team practice ride on Saturday, April 13 starting at D'Aniello's Amity Bike at 10:00 a.m.

To join the team or make a donation, go to RockToRock.org and find the Massaro MelonHead page. Last year the Massaro MelonHead team raised \$31,530 from the ride for parking and infrastructure improvements and was the top fundraising team. The whole ride garnered over 1,300 participants in 2018.

Massaro Community Farm, Inc. (MCF) is a nonprofit certified organic farm located in Woodbridge, Connecticut. Its mission is to keep farming, feed people and build community. The farm fulfills its mission by offering the sale of produce to seasonal subscribers, to restaurants and at farmer's markets. The farm offers farm-based education for youth and adults and holds community-building events each year. The farm maintains a commitment to donating at least 10% of its weekly harvest to hunger relief agencies and donated over 5,000 pounds of food during the 2018 growing season. For more information, please contact the farm office at (203) 736-8618 or visit MassaroFarm.org.

Woodbridge Town News

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Did You Know? April 16th is National Health Care Decisions Day

There may come a time when you are unable to make medical decisions for yourself due to injury, illness, or disease. For that reason, it is important that you sign a document called "Health Care Instructions". Everyone over the age of eighteen (18) should have Health Care Instructions.

To recognize the **11th Annual National Health Care Decisions Day**, we want to remind you that:

- You have the right to make decisions about the medical care you receive.
- You have the right to tell your physician that you do not want certain medical treatments.
- You have the right to name the person (or people) who will make health care decisions for you if you are unable to do so for yourself.
- You have the right to pre-direct specific instructions about any aspect of your health care.
- You have the right to have your wishes communicated in the event you no longer are able to express your own medical wishes.

Your rights can be preserved by signing Health Care Instructions. Health Care Instructions are legal instructions to your physicians and family members that express your wishes pertaining to your medical care. These instructions will govern if you are unable to actively participate in your medical decision making or communicate your medical wishes.

Health Care Instructions allow you to:

- Designate one or more individuals ("Health Care Representatives") to make medical decisions on your behalf, in accordance with your wishes.
- Authorize your Health Care Representatives to discuss your medical history and current medical status with your physicians.
- Direct the withholding or withdrawing of mechanical life support systems if you are in a persistent vegetative state or the final stages of a terminal illness.
- Name a person to serve as your Conservator (someone to manage your personal or financial matters) if you should ever be deemed incapable by the Probate Court.
- Donate all or part of your body, following your death, for transplantation, therapy, education, or research if you wish to do so.

If you change your mind about any of the decisions you have made, you have the right to change or revoke your Health Care Instructions at any time while you are alive and mentally capable.

We encourage you to take a few moments to consider your health care wishes in observance of the 11th Annual National Health Care Decisions Day. If you are interested in learning more about how to protect your medical rights and medical wishes, please contact the office. We would be glad to meet with you for a no hassle, no charge initial consultation, no matter how long it lasts.



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"Nature Center" From Page 14

began in March. Class size is limited; this class fills up fast! FREE.

CONSERVATION PROJECT: Wood Duck Box Installation Saturday, April 13, 10 am

Be a part of maintaining healthy habitat for the wild native animal species that call the Ansonia Nature Center home. Join Ranger Dan in an introduction to the benefits of artificial nesting structures for birds. Take a short walk to our pond, where Dan will install a newly constructed Wood Duck box. Children must be accompanied by an adult. FEE: \$6 per person. Please register.

SPRING NATURE DAYS

April 15–18, 9:30 am–3:30 pm

For children from 6 to 11 years old who love the outdoors and wildlife, these popular classes will not only be educational, but also a chance to explore our 156 acres. We will visit a variety of habitats in the park such as wetlands, fields, and woodlands. Great time of the year for amphibian searches too! TUITION: \$125 priority students (Ansonia residents and current family-level FANCI members), \$150 all others. (While you're here, register for Summer Nature Days! See the notice at the end of the Calendar!)

GETTING YOUR GARDEN READY

Wednesday, April 17, 6–8 pm

Join Massaro Community Farm and the Ansonia Nature Center for a workshop at the Nature Center. We'll share steps to prepping or starting your garden for spring and summer plantings. Learn organic techniques to grow a healthy and bountiful garden. Register online at MassaroFarm.org.

FAMILY ORGANIC GARDEN PROGRAM

Tuesdays, April 23–June 18, 3:30–5 pm We'll lead fun, family-friendly activities in our organic garden. Learn about growing a variety of fruits and vegetables. Dress appropriately; you will get water and/or soil on your clothing. FREE, with the potential to take home fresh local produce!

EARTH DAY CELEBRATION

Saturday, April 27, 10 am-3 pm

Every day is Earth Day at the Nature Center! We invite you to honor Mother Earth with our Friends of the Ansonia Nature Center, Inc. co-hosting this annual event. Enjoy hikes, live animals, music, environmental exhibitors, interactive activities with Nature Center staff, and more! Food and snacks available from local vendors. No park admission fee. All ages welcome; bring family and friends to celebrate Spring!

ONGOING PROGRAMS

Creature Features

Saturdays, 12 noon

Come to meet our furry, scaly, and feathery animal ambassadors. You'll have the chance to touch and hold them in this FREE family program for all ages.

Sunday Guided Hikes

Sundays, 1 pm

Join a Nature Center guide on Sunday afternoons for fun, exercise, and learning about our trails! See the above listings for hikes with a specific theme.

Monday Night Trail Run

Mondays, April-June, 5:30-6:30 pm

This is a call to all of the runners who want something out of the ordinary! Ranger Dan will lead you through our 156-acre park's network of trails, while you burn off the weekend's extra calories. We guarantee that this program is the best way to start your week. FREE; must register and wear appropriate footwear. Adults only. Class dates are subject to change.

Fiber Arts Group

Tuesdays, 6 pm

Get together with others to work on your fiber arts projects! Bring any kind of fiber work—knitting, felting, crocheting, etc. A great way to dedicate time to your handiwork and socialize too. FREE.





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"Development" From Page 13

a mill rate of almost 42. Building more houses, even over-55 restricted houses, will create a new stock of homes on the market that will depress housing prices even more."

Weinberg continued; "The obvious solution is to increase the commercial tax base. We have a plan for that. Woodbridge has an under-utilized commercial district, encompassing only 6% of our Grand List. The average for Connecticut municipalities of all sizes is 17%. Not only do commercial properties require far less in Town services than do private homes, but they pay more in taxes on a square foot basis. A recent analysis by the Connecticut Economic Resource Center found that a 5% annual growth of the commercial portion of the Grand List would reduce the mill rate by 1.33. The report also noted that "...this would not occur organically; the Town would need to develop specific economic policies and plans to encourage such expansion."

Weinberg concluded, "We propose engaging an economic development professional to do just that, taking an active role in attracting new businesses, with the goal of growing the Grand List to hold the line, or even decreasing our mill rate. This will go a long way in protecting home values in our town. The passive approach to economic development has clearly, and unfortunately, not worked in the past, and we doubt that it will work in the future. Our team sees great promise for Woodbridge in this area, but it will take effective leadership to make it happen."

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Students at Orange Community Nursery School enjoyed their annual Special Persons Day. Each child had a special person join them for the school day. They enjoyed special projects, games, songs and stories. Thank you to all our special people for a special day! OCNS is now accepting registration at its Orange and new Woodbridge locations.



Students from Orange Community Nursery School 5s kindergarten readiness class have been studying the Arctic region as part of their habitats curriculum Limited spots available for the 2019–2020 class located in Orange.

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As superintendent of the Eastside Cemetery, Todd Sasso paid special care to veterans' graves, some of them going back to the Revolutionary War.

Everyone Should Have A Stone

Volunteers Care for Burial Grounds, Headstones

By Bettina Thiel

Woodbridge Town News Correspondent

As visitors enter the Eastside Cemetery through a heavy iron gate on Pease Road, they leave the busy hum of modern life behind. Continue down the gentle slope of the access road, the dates marked on the headstones become older, the stones themselves often leaning one way or the other, some are illegible. Many of the names on the headstones have a familiar ring: the Pecks, the Hitchcocks, even Benjamin Woodbridge himself, the first pastor of the Congregational Church, after whom the town was named. Old trees spread their branches protectively over memorial stones, attacked by lichen and mold.

Todd Sasso, the superintendent of the cemetery, was drawn to this place after he learned that his mother's forebears, the Allings, were buried here. When a group of local history buffs worked on the second edition of "Historic Woodbridge," Sasso participated as well. His knowledge of the local family connections earned him a spot on the Eastside Burial Ground Association Board of Directors. As such, he has taken on a caretaker role, and along with a handful of other volunteers, has been actively involved in restoring broken down stones and more.

"Todd Sasso, our Superintendent of the Cemetery, has been repairing broken iron fencing, putting in 23 new replacement stones for older graves that have been lost or broken. [He and John Nolan] have also repaired 20 stones that have broken over the years," said Stephanie Ciarleglio, a member of the board.

Sasso is not the only one volunteering his time and treasure.

The day we went to visit the cem-



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While living in New Britain, he came to Woodbridge to find out more about his ancestors. In 2012, he found a house in Woodbridge, and he moved closer to where his forebears are buried, and never left. "I love this place," he said simply. etery, a tree trimming crew was out, cutting tree branches and hauling away those that winter storms had left in a limbo. Chris Sorensen, who runs a local farm and during the school year drives

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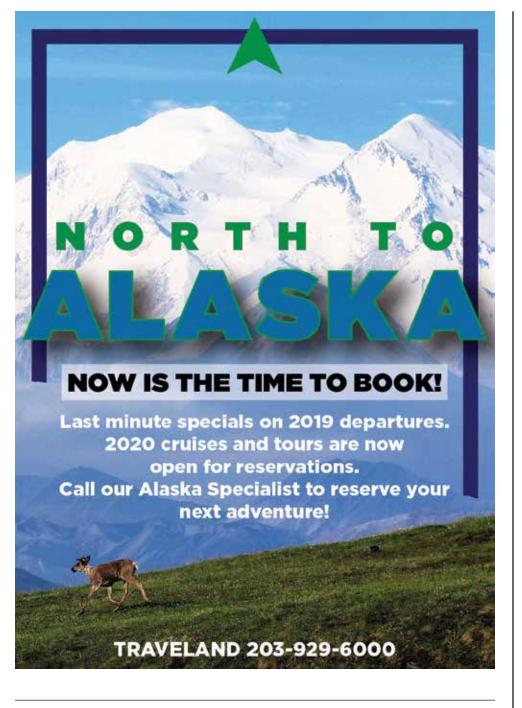
See "Cemetery" On Page 25



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Q: How is Honey Boo-Boo doing since her mom was arrested for drugs? I never watched Mama June's new show ever since she was shown to make terrible choices that could harm her children. Now with her being arrested, it makes me wonder if Honey Boo-Boo is going to turn out OK. -- E.M.

A: Alana "Honey Boo-Boo" Thompson is now 13 years old in the new season of "Mama June: From Not to Hot," currently airing on WEtv. The episodes were filmed starting last fall, when Alana was competing on the "Dancing With the Stars" juniors edition.

Her mother, **June Shannon**, was arrested last month for possession of crack cocaine at an Alabama convenience store. Thankfully, Alana was not with her at the time. One of Alana's older sisters, **Lauryn "Pumpkin" Shannon**, seems to have more sense and appears to be looking out for her. Hopefully Alana, who seemed to really enjoy herself on "Dancing With the Stars: Juniors," will follow in Pumpkin's footsteps instead of her mother's.

Q: What has actor Christopher Meloni been doing since leaving "Law & Order: SVU"? I miss him, but love watching the reruns on cable with him in it. -- J.G.

A: It's hard to believe it's been eight years since Meloni left the hit crime drama. Next season is supposed to be its last, so perhaps he'll make an appearance. I don't have any inside information on this, but it would be a nice gift to the fans who have watched the show since its inception two decades ago.

Since "SVU," Meloni has been a regular on HBO's vampire drama "True Blood" and Netflix's comedy series "Wet Hot American Summer: First Day of Camp" and its sequel, "Ten Years Later." He also stars (as an ex-cop!) in "Happy," a fantasy black



Alana "Honey Boo-Boo" Thompson [ABC]

tcomedy on the SyFy network. Next up for the actor is a regular role on the third season of **"The Handmaid's Tale."** Meloni will play Commander Winslow, who, according to Deadline. com, is "powerful and magnetic." The Emmy-winning series is expected to air its new episodes on Hulu beginning in June.

Q: I saw a headline that **Sarah Hyland** was in the hospital again. Is she having trouble with her kidney transplant? -- J.K.

A: The talented young actress, best known for her role as Haley Dunphy on "Modern Family," was recently hospitalized for 24 hours due to several factors. She stated via social media that she had a viral respiratory infection and pinkeye, and when she got home she was also having to deal with a flareup of another autoimmune disease she has, endometriosis. Hyland was born with kidney dysplasia. Her body rejected her first kidney transplant donated by her father, but fortunately her second transplant, given to her by her brother, seems to be doing the trick.

"Modern Family" will be back for its 11th and final season this fall on ABC.

Send me your questions at NewCelebrityExtra@gmail.com!



Woodbridge Town News

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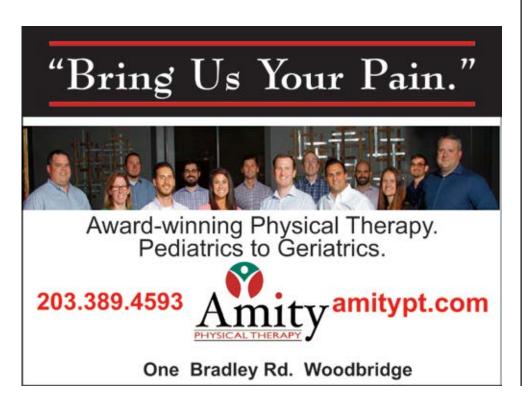
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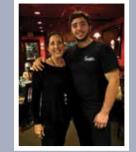
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Troop 907 Spring Garden Sale

Boy Scout Troop 907 of Woodbridge is proud to announce its 2019 annual Spring Garden Sale. This traditional event has been a primary fundraising activity for the scouts for over 25 years. Founded in 1968, Troop 907 has been a staple in the Town of Woodbridge for over 50 years, thanks primarily to the generosity and support of our community. The proceeds of our sale allow the scouts to purchase gear, go camping, support youth leadership training and help our fellow scouts in financial need.

The Spring Garden Sale is a perfect way to brighten your yard after a long winter! This year you can buy fertilizer, mulch, grass seed, flowers for window boxes and walkways and hanging baskets and much more. Free delivery is available as well. This year's sale is open April 13, 20, 27 and May 11, 2019 from 10:00 am to 2:00 pm at the Old Firehouse on Center Road. Scouts will also be open for business after services at Our Lady of the Assumption and First Church of Christ on April 14. Every purchase receives a 10% off coupon at Amity Garden Center, Bethany. For more information, call Tom Luciani 203-387-5909.



The photo shows Amey Marrella and Montse Lopez-Vila, program directors for the Garden Club of Woodbridge; Theresa McCabe, VP of the Spring Glen Garden Club; Sydney Eddison; Dorothy Johnson, president of the Spring Glen Garden Club and Joanne D'Angelo, president of the Garden Club of Woodbridge.

Woodbridge Garden Club Hosts Spring Glen Club

The Garden Club of Woodbridge hosted the Spring Glen Garden Club from Hamden at the club's March 5 meeting. Speaker, Sydney Eddison, an award-winning Connecticut poet, writer, gardener and lecturer spoke about 50 years of gardening. Sydney is the au-

thor of "Gardening for a Lifetime-How to Garden Wiser as You Grow Older" and "Where We Walk: Poems rooted in the Soil of New England." Her slide show presentation gave an overview of her home garden from 50 years ago to the present.

Spring Fling 2019 With NE Young At Heart

Spring Fling Health & Wellness event will take place at the Woodbridge Senior Center, 4 Meeting House Lane from 11-2 on Thursday, May 25th. I need an RSVP by April 12th with your

Advertisement if you are placing an ad in the program guide. I suggest this because it will be given out at all my events for April not just the Senior Center.

Woodbridge Happiness Club Meeting

Join Bernie Siegel, M.D. & Lionel Ketchian for a discussion on Happiness for our well-being. Ketchian is the cohost with Dr. Bernie Siegel on Mind

ence in life. Master these strategies to lessen your suffering. Your happiness can empower you and keep you on track. Learn to have the peace of mind you

Prescription Drug Take-Back Day

Health Matters radio programs. Lionel is also the co-host on "The Happiness Show," broadcast on TV by Cablevision of Connecticut.

Take part in getting valuable tools and techniques for making your life the best it can be. Suffered enough? Do you really need to suffer anymore? Are you ready to learn to Be Happy? Being Happy will help you, suffer less and evolve spiritually. External events are difficult for us without the right tools to deal with the turbulence that we all experineed and experience happiness now.

Everyone is welcome; meetings are free and no reservations are required. Meet some wonderful people using happiness in their lives.

Date & Time: Tuesday, April 16th from 6:00 to 7:45 PM.

Place: The Woodbridge Town Library located at 10 Newton Road, Woodbridge, CT 06525.

For further info e-mail PrintLRK@ aol.com, call 203-258-7777 or www. HappinessClub.com.



CALL TODAY TO RESERVE YOUR AD SPACE!

Display ads start at only \$110 per issue. Call 203-298-4399 to place your ad! The Woodbridge Police Department and the Woodbridge Rotary Club will be teaming up and working in conjunction with the U.S. Drug Enforcement Agency to host a "Drug Take-Back" on National Prescription Drug Take-Back Day on Saturday, April 27, 2019, from 10:00 a.m. to 12:00 p.m.

The event will provide residents with a safe, convenient and responsible way to dispose of unused or expired prescription drugs. Woodbridge Police will be on hand to answer questions from residents and to discuss the proper way to dispose of medications.

In 2017, the Woodbridge Police Department, with the help of the Wood-

bridge Rotary Club and the Bethany Orange Woodbridge Drug and Alcohol Action Committee (BOWDAAC) installed a drug take-back box inside the Police Department front lobby, which is accessible 24 hours a day. To date, in excess of 300 lbs. of unwanted prescription medications have been collected and disposed of.

National Prescription Drug Take-Back Day Woodbridge Police Department 4 Meetinghouse Lane Woodbridge, CT 06525 Saturday, April 27, 2019 10:00 a.m. to 12:00 p.m.

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CLUBS & ORGANIZATIONS Knights of Columbus Open House Event

The Knights of Columbus, as Men of Faith and Men of Action serving Woodbridge, Bethany, and the surrounding communities, extend a warm invitation to men and their families of the Catholic faith interested in learning more about our works of charity, unity, fraternity, and patriotism.

You are invited to speak with Brother Knights immediately following services at Our Lady of the Assumption Church located at 81 Center Road (Rte. 114) in Woodbridge, CT on Saturday, April 27th or Sunday, April 28th,2019.

For more information, please contact Anthony Monelli (203.824.3328), Carlos Alvarez (203.676.7437), or visit http://assumptionchurch.com/.

An open house is scheduled for 7pm on Tuesday, May 21st at Our Lady of the Assumption Mother Church located at 1700 Litchfield Turnpike (Rte. 69) Woodbridge. All are welcome.



Orange Historical Society To Host Fancy Nancy Tea Party

The Orange Historical Society invites children ages 4 and up to a Fancy Nancy Tea Party on June 8, 9:00am to 12:00 noon. We will make a craft, enjoy light refreshments, caffeine free fruit tea, hear a Fancy Nancy story, and

play games.

The cost is \$20 per child and will be located at the Stone Otis House Museum, 615 Orange Center Road, Orange. For reservations, phone. 203 389 4688.





View of the Hitchcock Family plot at Eastside Cemetery

"Cemetery" From Page 21

a school bus, has been maintaining the property for the last few years, trimming and removing old or dead trees, maintaining the lawns and roads. "Much of this work has been done at no charge and has just made our cemetery even nicer," Ciarleglio said.

Other than the old trees, you don't see many grave decorations. "Nothing much grows there," said Sheila Mc-Creven, president of the association that owns and maintains the cemetery. She remembered how a few years ago the whole board planted hundreds of daffodils. "None of them came up," she said, "nothing."

John Nolan, owner of Hamden Monument, also lends a lot of his time and expertise repairing the old stones. He has mended several old tablets by gluing them with a special epoxy, and has cleaned them and in some cases re-created the engravings. Where the original stone was so far gone that it could not be revived, they added a new stone to the face of the old one, thus leaving the old stone in place. Some old stones went missing altogether, but with the help of historic records they could find out who was buried there.

"We all feel everybody should have

War markers at Eastside Cemetery, as well as Civil War markers. He cleaned them by sand blasting, then applying a fresh coat of paint; and finally setting them into a concrete base.

A local Boy Scout, Jason Luciani, has devoted his Eagle Scout project to locating veterans' graves from 1917 on. He also made maps of the location of veterans' graves in each of Woodbridge's three cemeteries, maps which will be displayed at their respective cemetery. Sheila McCreven said a ceremony unveiling his work is planned for later this spring.

To replace missing stones, Sasso found a rich source of information in the Charles R. Hale Collection of Connecticut Cemetery Inscriptions, which lists headstone inscriptions in over 2,000 Connecticut cemeteries. Compiled in the early 1930s, this was a WPA project directed by Charles R. Hale.

History of the Eastside Burying Ground: The cemetery was started by Nathaniel Sperry, Sheila McCreven's seventh-great grandfather. He left it in the 1750s to the Congregational Church, which at that time was also the meeting house, and constituted the government. When the Constitution separated church from state, the cemetery was placed into the care of an association, and has become non-sectarian. Serving on the board are Sheila McCreven, chair; Stephanie Ciarleglio, Todd Sasso, Chris Sorenson, Bill Stoddard and Susan Stoddard, Martha Graham, Mary Ehrler, John Nolan and Beth Heller. Its 17 acres still offer ample space to accommodate people for the next 100 years, Sasso said. Plots are about \$1,000, with room for two to four urns in the case of cremations. Plots are sold in perpetuity. Other than the Eastside Cemetery, which is the largest and oldest of the Woodbridge cemeteries, the town has two others, Milfordside off of Racebrook Road, which is privately owned by the Baldwin Family; and the townowned Northwest Cemetery at the corner of Peck Hill and Seymour roads.

a stone," Nolan said was the shared feeling of those serving on the board. Some of the replacement stones are simple, arched bluestones with the letters accented with darker paint. Others are smaller footstones set into the grass. Sasso, who works in construction, saved some discarded bluestone from a construction site in Bridgeport for replacement stones.

"Todd replaced some family members' stones," said Nolan. "Then we just continued with it." The oldest local gravesite of the Alling family is that of Samuel Alling, who died April 4, 1788; his wife Kezia, and daughter Kezia, who died in 1765 at age 17.

Veterans' graves: In addition to the stones, Sasso also donated markers for veterans of the early wars. He found seven original Revolutionary







David Fiske

Matt Vander Wyden

Wareck D'Ostilio Welcomes New Team Members

John Wareck and Frank D'Ostilio, Jr., partners of Wareck D'Ostilio Real Estate take great pride in welcoming David Fiske and Matt Vander Wyden to the company. David will work from the Woodbridge office located at 1673 Litchfield Turnpike and Matt will be associated with the Branford office located at 978 Main Street across from the Branford Green.

David has 12 years of experience in the real estate industry and has always enjoyed working with sellers and buyers throughout New Haven and Fairfield Counties. He holds an S.F.R designation (Short Sales and Foreclosure Resource) and has specific skills that will allow him to help buyers and sellers of distressed properties. David has extensive previous work experience in sales; retail, wholesale and distribution. Born and raised in Bethany, he and his wife have one son and reside in Bethany. He takes great pride in being active in the Audubon Society and guiding his real estate clients to success outcomes.

Matt has 30 years of experience in the real estate industry and has always enjoyed working with sellers and Jersey, Matt earned a BS degree in Business from Ramapo College. Matt has assumed executive roles within the fashion industry including CEO and President of Born, and Calvin Klein licensed division. He was also Senior Manager at Hanes Brands, Inc and NFL Properties. Married with three children, Matt and his family live in Guilford.

"We are delighted to have David and Matt affiliated with Real Living Wareck D'Ostilio Real Estate," said John Wareck, Partner/broker. "Their knowledge and expertise of residential properties and attention to details fits nicely into our business plan for expansion."

"It is the combined efforts of all our agents that have enabled us to maintain a strong position. It is also what is nurturing our continued growth. Our upward movement, expansion into other markets and high presence is why David and Matt joined our team," added Frank D'Ostilio, Jr., Partner.

David can be directly contacted at 203-305-8700 and Matt can be reached at 203-247-2166.

Real Living Wareck D'Ostilio Real Estate is part of The Real Living Net-





Francesca Volpe Allegra

Samantha Malone

Wareck D'Ostilio Welcomes Volpe Allegra and Malone

Greg Robbins and Rhonda Young-Leu, Managers and Partners of the Branford office, take great pride in welcoming Francesca Volpe Allegra and Samantha Malone to the company. They will work from the Branford office located at 978 Main Street across from the Branford Green.

Francesca has been a Realtor since 2014 and has always enjoyed working with first-time buyers and residential real estate rentals in Hamden, North Haven and the Shoreline area. She grew up in North Haven and graduated from Hamden Hall High School. Francesca earned a Bachelor's degree in Marketing from Sacred Heart University and a Master's Quinnipiac University in Public Relations. She took time off from real estate while her child was a newborn baby and is anxious to return to her career. Francesca, her husband and daughter live in Branford. Contact her directly at 203-725-4923.

Samantha is a real estate professional focusing on the residential real estate market in the Shoreline area. She grew up in Deep River but her family owned a well-known Madison restaurant, Lynch & Malone's, and latAdvertising and Public Relations from Southern Connecticut State University. Growing up in the restaurant business, Samantha has worked and has experience in every aspect of the service industry.

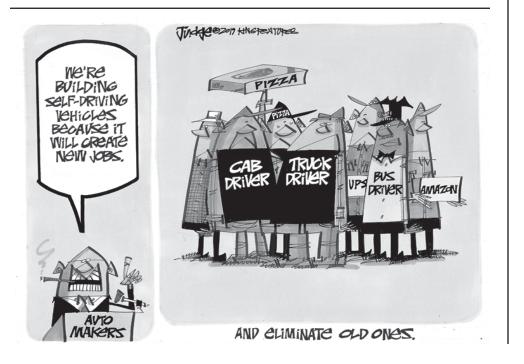
An up and coming real estate agent, Samantha has great business instincts and management skills. She has an understanding of young clients and first time homebuyers with a level of attentiveness to meet her clients' needs. She is creating a very positive track record in sales and service. She lives in Branford with her husband and son. Contact her at 860-575-8040.

"We are delighted to have Francesca and Samantha affiliated with Real Living Wareck D'Ostilio Real Estate," said John Wareck, Partner/broker.

"It is the combined efforts of all our agents that have enabled us to maintain a strong position. It is also what is nurturing our continued growth. Our upward movement, expansion into other markets and high presence is why Francesca and Samantha joined our team," added Frank D'Ostilio, Jr., Partner.

Real Living Wareck D'Ostilio Real Estate is part of The Real Living Network of Home Services of America, a Berkshire Hathaway Affiliate.

buyers on the Connecticut Shoreline communities. Born in Northern New work of Home Services of America, a Berkshire Hathaway Affiliate.



er Malone's for 21 years. Samantha received a Bachelor's degree in Communications with a concentration in







CT Magazine's 2019 Five Star Real Estate Agent Award

Carol Agin, Pat Cardozo, Dalia Coleman, Judy Cooper, Arlene Levine, Chris Lovejoy, Cheri Paulsen, and Debbie Schlegel were recently the recipients of Connecticut Magazine's 2019 Five Star Real Estate Agents award. They are among fewer than 7% of real estate agents in Connecticut to be singled out through a rigorous research process conducted by Five Star Professional in partnership with Connecticut Magazine. Agent selection was based on a survey of residents who had purchased a home within a 12 month period.

Recipients were evaluated on nine criteria points: market knowledge, communication, integrity, negotiation, customer service, finding the right home, marketing the home, closing preparation and overall customer satisfaction.

The Five Star award recipients have been recognized in the 2019 March issue of Connecticut Magazine. They can all be reached at Coldwell Banker Residential Brokerage in Woodbridge at (203) 389-0015.

Dr. Ken Yanagisawa Elected Chairman of AAO-HNS

Ken Yanagisawa, MD, FACS, Managing Partner of Southern New England Ear, Nose, Throat & Facial Plastic Surgery Group, LLP, has been elected to serve as Chair of the Board of Governors (BOG), American Academy of Otolaryngology-Head and Neck Surgery (AAO-HNS). The BOG is the grassroots member network comprised of local, state, regional and national Otolaryngology-Head and Neck Surgery Societies which works intimately with the AAO-HNS Board of Directors to improve policies and program offerings. Dr Yanagisawa oversees the Governance and Society Engagement, Legislative Affairs, and Socioeconomic and Grassroots Committees. His goals for the upcoming year include advancing communications, networking, practice management, and engagement opportunities for all Otolaryngologists, especially those in Private Practice. The 2019 BOG Spring Meeting which he has coordinated will take place in Alexandria, VA in April, and focus on Academy Strategic Plan initiatives





Farm Manager Named Outstanding Young Farmer

Massaro Community Farm is pleased to announce that its farm manager, Steve Munno, was named Outstanding Young Farmer of 2019 by the Connecticut Agricultural Information Council and CT Department of Agriculture. The announcement was made at the State Capitol on Agriculture Day, March 20, 2019, an annual recognition of the success and diversity of agriculture across the state.

The State recognizes that today's farmer has become an active citizen, participating in everything from local and state government to civic groups and charitable organizations. The OYF award has been established to recognize outstanding achievements in agriculture as well as community involvement. Steve will represent Connecticut at the National Outstanding Young Farmer (NOYF) Awards Congress being held in Westbrook, CT, February 6-9, 2020. farmer for two years before completing the UC Santa Cruz Apprenticeship in Ecological Horticulture.

Always a food lover and longtime supporter of local farms, Steve returned to the East Coast and arrived at Massaro Farm in 2009 to revive the land and bring the fields back into production. Since his arrival at Massaro Farm, Steve has employed at least five young farmers who have gone on to start their own independent operations in Connecticut. Additional efforts by Steve to share farming best practices include hosting incoming Yale freshman every August in a week-long stay at Massaro and partnering with Amity Regional High School every May to host interested seniors in a work cooperative arrangement. Most importantly, Steve has always made sure the farm maintains its commitment to donate 10% of its harvest to those in need, which donations have totaled 60,000 pounds since 2010. Massaro Community Farm, Inc. (MCF) is a nonprofit certified organic farm located in Woodbridge, Connnecticut. Its mission is to keep farming, feed people and build community. The farm fulfills its mission by offering the sale of produce to seasonal subscribers, to restaurants and at farmer's markets. The farm offers farm-based education for youth and adults, and holds community-building events each year. The farm maintains a commitment to donating at least 10% of its weekly harvest to hunger relief agencies and donated over 5,000 pounds of food during the 2018 growing season. For more information, please contact the farm office at (203) 736-8618 or visit www.MassaroFarm.org.

Dr. Ken Yanagisawa

including Advanced Practice Providers incorporation, provider wellness, advocacy, and quality measure development. Dr Yanagisawa continues to serve as Chief of the Saint Raphael Campus of Yale New Haven Hospital, and is extremely active in legislative efforts with the CT Ear Nose and Throat Society.

RESERVE YOUR AD SPACE TODAY. CALL US AT 203-298-4399.

"As manager of the farm's growing

operation, Steve has established a robust market for our farm produce through the sale of seasonal subscriptions, farmer's markets and restaurant sales" said Executive Director Caty Poole. "Steve has also helped create a community of farmers to build support for each other and new first-generation farmers, first in his leadership role with the New CT Farmer Alliance, and more recently as president of the Connecticut chapter of Northeast Organic Farming Association (CT NOFA)."

Steve is originally from Long Island and is a graduate of Wesleyan University in Middletown, CT. After graduation in 2001, Steve's work in field science and wilderness skills education took him to California, where he lived for five years. There he volunteered with a







Congregation B'nai Jacob Adult Education Spring 2019

Community Event

Rabbi Tamar Elad-Appelbaum is the founder of ZION: An Eretz Israeli Congregation in Jerusalem; and co-founder of the Beit Midrash for Israeli Rabbis at the Hartman Institute and HaMidrasha at Oranim.

Friday night, April 5th at Westville Synagogue

- › 6:15pm Mincha
- › 6:30pm Kabbalat Shabbat
- > 7:20pm Shabbat Dinner
- > 8:15pm Speaker, followed by dessert

Rebels of Hope: The Language of Spiritual Activism

Dinner \$15 per person or \$54 per family. RSVP 203.389.9513 by March 28th • office@westvilleshul.org

Saturday, April 6th at BEKI

- 9:15am Services, followed by Kiddush lunch
- > 1:00pm A new light from Zion: A Vision of Zion and Zionism for Our Time

Sunday, April 7th at

Congregation B'nai Jacob

- > 9:00am Services
- 9:30am Breakfast
- > 10:00am Pirkei Avot: An Ancient Spiritual Guide for the Journey of Life All events are free and open to the public (except for dinner on Friday night). Members of each congregation

Marilyn Katz in memory of Dr. Mark Schwartz z"l. Bringing the New Haven Jewish Community Together!

Ongoing Classes *Reading the Talmud* **Rabbi Rona Shapiro** *Monday evenings 7:30 pm - April 1, 8, 15*

The Babylonian Talmud, in many ways more so than the Bible, is the core text of the Jewish people and yet it is unknown to many of us. We will explore some of its breadth and depth, looking at both stories (aggadah) and law (halacha) as we work to gain insight into the rabbinic project and its meaning for us. No knowledge of Hebrew or Aramaic is required.

The Poetry of Yehuda Amichai

Group Discussion, Saturdays 1 pm - April 13

Amichai is Israel's poet laureate. He, more than any other poet, captures the paradoxes of faith and love and "Israeliness" in familiar language and bold simile. We will take two Shabbat afternoons to explore a poem or two each time. Poems will be sent out to participants ahead of time, so registration is necessary.

Learning and Prayer Bread & Torah



Good Shepherd Spring Rummage Sale

The Episcopal Church of the Good Shepherd invites the public to visit its semi-annual Rummage Sale on Friday, May 3rd from 1-6 pm and Saturday, May 4th from 9am – 2pm. Shoppers will find a wide array of men's, women's and children's clothing, along with shoes, handbags, scarves, jewelry, accessories, children's games, puzzles, toys, books, DVDs, housewares, glassware, pictures, linens, etc. The Good Shepherd is also accepting Rummage Sale donations. "You never know what hidden treasures you'll find spring cleaning," explains Elaine Swirsky, sale chairperson. "Please keep our Rummage Sale in mind". Please email the office at thegoodshepherd@optonline.

net to arrange a time to drop off your gently used items.

The Episcopal Church of the Good Shepherd is located on 680 Racebrook Road, Orange, Connecticut. Sunday service times include Rite II Holy Eucharist without music at 8 a.m. and Rite II Holy Eucharist with music at 9"30 a.m. For more information about The Church of the Good Shepherd's many other programs, please call the Parish Office @ (203) 795-6577, email us @ thegoodspheherd@optonline.net, visit our website @ www.thegoodshepherdorangect.org, and of course, check our Facebook page www.facebook.com/cgsorangect for frequent postings.

"Transgender 101"

To Be Presented at Orange Congregational Church

"Transgender 101," a comfortable and informal talk by Jill Celentano, will be presented on Sunday, April 28 will be served.

This presentation is being held in conjunction with the celebration of the

are invited and encouraged to attend events at one another's synagogues to make this a real community event. Elm City Kallah is made possible by a generous grant from the Women of Vision Society of the Jewish Federation of Greater New Haven, the James M. Shure Educational Fund, and from Dr. EVERY Shabbat Morning Before Services, 9:00 - 9:45am

Rabbi Shapiro explores the weekly Torah portion and how its story relates to our own. This year we will explore the Book of Jonah and the Five Megillot. Lively discussion over bagels and coffee. No experience necessary.

Woodbridge Town News

ATTENTION CHURCHES, SYNAGOGUES, AND HOUSES OF WORSHIP!

Send us your organizations events listings and items of interest.

We will publish them for free. Woodbridge Town News – P.O. Box 1126, Orange, CT 06477 edit@woodbridgetownnews.com at Orange Congregational Church, 205 Meeting House Lane, Orange, from 11:30 am to 12:45 pm in the John Ho Dining Room.

Jill, a transgender woman who transitioned about four years ago, will discuss the coming out, transition and acceptance process, plus the right and wrong questions to ask others. She will share her personal journey, victories and hardships, and she will be happy to answer questions. Refreshments 2nd anniversary of Orange Congregational Church adopting a covenant as an Open and Affirming (ONA) congregation. ONA is an official designation of congregations and other settings in the United Church of Christ (UCC) affirming the full inclusion of persons of all sexual orientations, gender identities, and gender expressions.

For more information on Orange Congregational Church, please visit orangecongregationalchurch.org.



CALL TODAY TO RESERVE YOUR AD SPACE!

Display ads start at only \$110 per issue. Call 203-298-4399 to place your ad!



The First Church of Christ Holy Week Services

We are pleased to announce the First Church of Christ Woodbridge schedule of services and events for Holy Week and invite everyone in the community to join us at 5 Meeting House Lane. Holy Week Services are in the Meeting House except as noted.

Palm Sunday Worship Service – April 14 - 10 a.m. Through readings and symbols, we will walk with Jesus from his triumphal entry into Jerusalem to his crucifixion.

Maundy Thursday Service of Tenebrae – April 18 - 7 p.m. We will commemorate the Last Supper with communion and the service of the shadows.

Good Friday April 19 - 10 a.m. – Noon. Meditation and Readings People are invited to quietly come and go as you please.

Easter Sunday – April 21.

Sunrise Service - 6:30 a.m. on the Church Green in front of the Meeting House. The early light of Resurrection Day will greet us as we hear the amazing story of the Christ's resurrection.

Following the service there will be a breakfast in the Parish House.

Easter Worship Service – 10 a.m. with glorious music, communion, and the proclamation of the Good News of Jesus' Resurrection. The service will feature special music from our Senior Choir and Bell Choir, both under the leadership of Faye Chen, and from our organist Nenad Ivovic.

We also invite all members of the



The First Church of Christ

community to join us for our regularly scheduled services and events:

Sunday Services – 10 a.m. including our Intergenerational Service the first Sunday of each month. Nursery care for small children is available during the Sunday services.

Church School - Sunday at 10 a.m. the second through fifth Sundays during the school year. The younger students are watching Veggie Tales which explores stories from the Bible with common concerns for preschoolers. On April 28th the middle schoolers will be helping Men's Fellowship present the Annual Pancake breakfast.

Boy Scout Troop 907 – meets weekly on Thursdays at 7 pm. We welcome the newest members to the troop.

Weekly Bible Study - Wednesdays, 10-11 a.m. in the Parish House. We study both Old and New Testament passages based on the Lectionary.

For more information on these events, please contact us at (203) 389-2119 or office@uccw.org.

The Holy Infant Church Women's Guild Events

The Guild's 75th Anniversary Instal-



Holy Week at Orange Congregational Church

Orange Congregational Church invites you to observe Holy Week and celebrate Easter with us. We are an Open & Affirming Congregation located at 205 Meeting House Lane at the corner of Orange Center Road in Orange.

There will be one worship service on Palm Sunday, April 14, which will begin with a 9:45 a.m. palm processional. Please meet us in the back-parking lot to receive your palm and to process with the bagpiper into the sanctuary. If you wish not to process, please go directly into the sanctuary. Worship will begin at 10:00 a.m. in sanctuary and will be followed by a youth-led Hosanna Luncheon at 11:30 a.m.

For Maundy Thursday on April 18, there will be a 7:00 p.m. Service of Tenebrae in our sanctuary. Lights will be extinguished as we hear the passion of Christ in his final hours. Communion by intinction will be offered.

On Good Friday, April 19, the Chapel will be open from 11:00 a.m. to 1:00 p.m. Drop in for prayer and meditation with Rev. Jim.

Easter Sunday services on the morning of April 21 include a 6:00 a.m. Sunrise Service at Hannah's Hill; you can park at the church and walk over to the hill. This is a worship ser-



Orange Congregational Church

vice offered by our youth, to celebrate the risen Christ. Traditional Easter worship will be at 9:00 a.m. and 11:00 a.m. in our sanctuary with music from the church choirs.

Community Tag Sale

The Pilgrim Fellowship Youth Groups of the Orange Congregational Church will sponsor its Annual Community Tag Sale on Saturday, May 11, 2019 between 10:00 a.m. and 2:00 p.m. on the Orange Town Green on Orange Center Road. A space can be rented for \$25.00 (with a table provided) or space without a table will be \$20.00 by calling the Orange Congregational Church Office at 203-795-9749. Coffee and donuts will be on sale by the Youth Group, as well as hot dogs and soda. If it rains, the Tag Sale will be held on May 18th.

K'dosha To Perform At Congregation Mishkan Israel

On Saturday, April 27, Congregation Mishkan Israel will hold its major fundraising event, Cantor's Concert; Kehilah K'dosha, a fabulous concert of Israeli songs, Broadway tunes, contemporary pop, jazz and Jewish cabaret by renowned Cantors Magda Fishman and Randy Herman. This event represents the single most important fundraising event of the year and we count on its financial success as we address the budget challenges of a not-for-profit institution. The concert will be outstanding. In addition to the Concert, the program includes a Silent Auction; light dinner,

cocktails, desserts and coffee will be served. For a menu of giving opportunities, including recognition and benefits, go to cmihamden.org. Both personal and business sponsors are appreciated. In addition, donations

lation Dinner will be on Tuesday, May 7 at 5:30 pm at the Grassy Hill Country Club. Newly elected officers will be sworn in. Two female students from the Parish will be awarded scholarships. The cost is \$40 per person. There are 3 menu choices for the dinner - breast of chicken francaise, baked stuffed filet of sole, and eggplant parmigiana. For more information and reservations, call the rectory at (203)799-2379 between the hours of 9:00 am - 1:30 pm, Monday through Friday. No reservations will be accepted after Tuesday, April 30th.

The Guild's communion breakfast will be held on Sunday, May 19th in the Guild Hall after the 9:30 am Mass.



Holy Infant Church

The featured speaker will be Sr. Angela Gertsema, ASCJ, from the Apostles of the Sacred Heart of Jesus in Hamden. The presentation will be about the life and legacy of Blessed Clelia Merloni, founder of the order, and her message for us today. For more information, call (203)799-2379. to the Silent Auction would also be appreciated.

Congregation Mishkan Israel is located at 785 Ridge Road in Hamden. We are the 14th oldest congregation in the United States, and the oldest continuously operating one in New England. For more information, call the synagogue office at (203) 288-3877 or visit www.cmihamden.org.



THE WOODBRIDGE TOWN NEWS ONLINE Online Version of the Woodbridge Town News www.WoodbridgeTownNews.com

RESERVE YOUR AD SPACE TODAY. CALL US AT 203-298-4399.



Good Shepherd Holy Week & Easter Sunday Worship 2019

The Church of the Good Shepherd invites you to attend any of our upcoming services and events during Holy Week and on Easter Sunday. All are welcome.

Sunday, April 14

 Palm Sunday services at 8am and 9:30am with Blessing of the Palms and Reading of the Passion

Thursday, April 18

 Maundy Thursday service Holy Eucharist with foot washing at 7pm

Thursday April 18- Friday, April 19

- Vigil Altar of Repose Thursday 8:30pm-10pm, and Friday 8am-3pm
- Sanctuary open for prayer and anointing for healing

Friday, April 19

> Stations of the Cross at 7 pm

Sunday April 21

- Easter Sunday services at 8am and 9:30am
- Easter Egg Hunt following the 9:30am service

The Episcopal Church of the Good Shepherd is located on 680 Racebrook



The Church of the Good Shepherd

Road, Orange, Connecticut. Sunday service times include Rite II Holy Eucharist without music at 8 a.m. and Rite II Holy Eucharist with music at 9:30 a.m. For more information about The Church of the Good Shepherd's many other programs, please call the Parish Office @ (203) 795-6577, email us @ thegoodspheherd@ optonline.net, visit our website @ www. thegoodshepherdorangect.org, and, of course, check our Facebook page www.facebook.com/cgsorangect for frequent postings.

680 Racebrook Road, Orange, CT 06477 Phone: (203) 795-6577

Chabad To Host Community Seder

Join Chabad of Orange/Woodbridge for a community seder on the first night of Passover, Friday April 19, 7:15 pm at 261 Derby Avenue, Orange. Spend the holiday together with friends and great company, while enjoying a delicious dinner with shmurah matzah. The cost for the evening is \$36 for adults and \$12 for children under the age of twelve.

Please place your reservation on chabadow.org under the upcoming events tab. For more information, please call 203-795-5261.

Trinity Episcopal Church's Schedule For Easter Week

Congregation Beth El - Keser Israel Events

Passover Services

- Saturday, 20 April, First Day: 9:15 am; 1:00 pm
- Sunday, 21 April, Second Day: 9:15 am; 5:45 pm
- Monday Wednesday, Hol HaMoed: 7:00 am; 5:45 pm
- > Thursday, 25 Apr, Hol HaMoed: 8:15 am; 5:45 pm
- Friday, 26 April, Seventh Day: 9:15 am; 6:00 pm
- Saturday, 27 April, Eighth Day/
 Yizkor: 9:15 am; 5:45 pm

Bake Fresh Matza for Your Seder

In the hours just before Passover arrives, come bake your own matza for the Seder. Join Rabbi Jon-Jay Tilsen and others in the BEKI kitchen on Friday, April 19 at 11:30 am.

Art and Kabbalah Meet in Paintings

Sandra Valabregue, a painter and independent scholar who specializes in medieval Kabbalah and philosophy, will show her exhibition at BEKI on Thursday, April 11 at 7:00 pm. She will also give an artist's talk on Saturday, May 18 at 12:45 pm.

This exhibition, called "Circles in the Tree," shows her recent focus on Jewish topics such as Angels, Talisman, Hamsah and the sefirotic tree. "I gath-



Congregation Beth El-Keser Israel

ered, from ancient manuscripts and early prints, images of angels, demons, kmeot (amulets), ilanot (trees), and hamsot," she explains. "The idea is to create new icons from ancient ones, to revive them and give them new form." She calls this project "Partzufim and Ilanot" (divine faces and trees).

Born in France, Valabregue obtained her M.A. in Philosophy from the Sorbonne, an M.A. in art from the Beaux Arts de Paris, and a PhD in Jewish Thought from Hebrew University. Currently a visiting scholar at Yale University, she has taught at Yale, UCLA, Queens College, Columbia University, and institutions in Israel.

She has exhibited her work in France, Israel and the US, including at BEKI in 2011. This show runs through June 2.

Located at 85 Harrison Street (corner of Whalley Avenue - Route 63 - in Westville).



Woodbridge residents are invited to answer the call to prayer on Thursday, May 2, in observance of the 68th National Day of Prayer. The National Day of Prayer affords residents the opportunity to join together to pray for our country and its leaders, our town, our service men and women, and our people. It is one of our treasured freedoms to gather and humbly ask for God's healing and renewal for our Nation. Historically, this annual observance came about through a joint resolution of the U.S. Congress in 1952, signed into law by President Harry S. Truman, then the declaration was amended in 1988 by both Houses of Congress and signed by President Reagan, setting the permanent date for the National Day of Prayer on the first Thursday in May each year. Prayer gatherings will be taking place all day throughout our Nation.

ering will take place outside at the Veterans' Memorial in front of the Community Center, 4 Meetinghouse Lane, from 12 Noon - 1 P.M. In case

Palm Sunday, April 14

8:00am|10:00am|1:00pm

(all services with palms)

Maundy Thursday, April 18 6:00pm

 Agape Meal, Eucharist & Stripping of the Altar

Good Friday, April 19 12:00pm

 Stations of the Cross with Music for Meditation Holy Saturday, April 20 7:00pm → The Great Vigil

Easter Sunday, April 21 10:00am

 Service with music followed by a High Coffee Hour and parish Easter Egg Hunt

91 Church Street, Seymour, CT 06483 • (203) 888-6596

"Passover affirms the great truth that liberty is the inalienable right of every human being." — MORRIS JOSEPH

Our local Woodbridge prayer gath-

of rain, we will meet in Room #13 in the Center.

The theme for this year's National Day of Prayer is Love One Another, taken from John 13:34 in which our Lord says "Love one another. As I have loved you, so you must love one another." We will be praying for our country, including our government, military, media, business, education, church, and family. Each year our prayer gathering has been honored and blessed to have local clergy, town officials, first responders, and veterans participate. Please join in praying for our great Nation. God's love NEVER fails. Prayer changes things!!

For further information on the National Day of Prayer and other event locations, please see the official website: http://www.nationaldayofprayer.org.



For the latest news and information, visit our website at www.woodbridgetownlibrary.org, like us on Facebook @ woodbridge.town.library, or sign up for our e-newsletter.

Please note the Library will be closed on Friday, April 19, for Good Friday. We will be open on Saturday, April 20

A Letter From The Library And Friends Of The Library

Dear Woodbridge Community,

Thank you for all of the support over the past few months as we prepared for another Mini-Golf event. The Library staff and Friends were amazed with the response from the community—both residents and businesses. We feel fortunate to be working and/ or living in a town that supports and cares about its library—and it showed in so many ways.

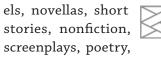
Thank you to all of the hole sponsors who made playing the game itself possible! Thank you to the businesses that gave food and drink—Friday night was a blast especially because of the celebratory atmosphere in the "Nineteenth Hole". Thank you to the volunteers—those who gave their time and their labor to decorate, to set up, to run errands...and so much more!

The biggest thank you goes to all of the Mini-Golf players. We could not have had such a successful weekend without those who came out and spent time here. Whether it was as a date night or following your kids around the building, your presence and enthusiasm was enjoyed.

We hope to see you again in the months to come. Your support is always welcome—whether through book donations for the Friends' bookstore alley, attending programs, checking out items in person or digitally, or just stopping in to flip through a magazine—all of these things matter.

With appreciation and gratitude, --The Staff of the Woodbridge Town Library

--The Friends of the Woodbridge



and more. Illustrated with dozens of rare photos from King's life and career and interspersed with comments from King colleagues, experts, and co-authors, this presentation is an entertaining and informative look at one of the world's most significant and popular writers. The presentation is followed by a Q&A.

Dr. Siegfried Kra Author Reading

Tuesday, April 23 at 7 pm

Meet local author Dr. Siegfried Kra as he does reads from his latest book Twilight in Danzig. Based on a true story, the novel is told through the childlike, naïve, but mature eyes of a young boy whose family, because of their wealth and friendship with the nobility of Danzig, is buffered against the rising power of Hitler. Get a chance to meet the man behind an amazing story; books will be available for sale and signing.

Experience Aloha with Tiare Kahana Tuesday, April 30 at 7 pm

Learn about Hawaiian culture as Tiare Kahana personally guides you through Hawaii's past and present, with the oral language tradition of hula. Learn the origin and history of hula, along with the customs, traditions, and language of the Hawaiian people. The audience will have the opportunity to participate and learn the hula as well. Learn the true meaning of the word "Aloha" and experience the Spirit of Aloha!

Thursday Night

Film Screenings Film screenings start at 7 pm. No registration required.

Vice

Thursday, April 4 - 132 minutes; R Governor George W. Bush of Texas picks Dick Cheney, the CEO of Halliburton Co, to be his Republican running mate in the 2000 presidential election. No stranger to politics, Cheney's impressive resume includes stints as White House chief of staff, House Minority Whip and defense secretary. When Bush wins by a narrow margin, Cheney begins to use his newfound power to help reshape the country and the world. Winner of the Golden Globe for Best Performance by an Actor in a Motion Picture for Christian Bale's performance and nominated for eight Academy Awards.

WOODBRIDGE her artist fiancé Alonzo Hunt, who goes by the nickname Fonny.

Friends since childhood, the devoted couple dream of a future together, but their plans are derailed when Fonny is arrested for a crime he did not commit. Winner of both the Golden Globe and Academy Award for Best Performance by an Actress in a Supporting Role for Regina King's performance.

The Favourite

Thursday, April 18 - 119 minutes; R

Early 18th century. England is at war with the French. Nevertheless, duck racing and pineapple eating are thriving. A frail Queen Anne occupies the throne and her close friend Lady Sarah governs the country in her stead while tending to Anne's ill health and mercurial temper. When a new servant Abigail arrives, her charm endears her to Sarah. Sarah takes Abigail under her wing and Abigail sees a chance at a return to her aristocratic roots. As the politics of war become quite time consuming for Sarah, Abigail steps into the breach to fill in as the Queen's companion. Their burgeoning friendship gives her a chance to fulfill her ambitions and she will not let woman, man, politics or rabbit stand in her way. Winner of the Golden Globe and Academy Award for Best Performance by an Actress in a Leading Role for Olivia Coleman's performance.

The Wife

Thursday, April 25 - 100 minutes; R

Joan Castleman, a highly intelligent and still-striking beauty, is the perfect devoted wife. Forty years spent sacrificing her own talent, dreams and ambitions to fan the flames of her charismatic husband Joe and his skyrocketing literary career, ignoring his infidelities and excuses because of his "art" with grace and humor, their fateful pact has built a marriage upon uneven compromises. And Joan's reached her breaking point. On the eve of Joe's Nobel Prize for Literature, the crown jewel in a spectacular body of work, Joan's coup de grace is to confront the biggest sacrifice of her life and secret of his career. Winner of the Golden Globe and nominated for an Academy Award for Best Performance by an Actor in a Motion Picture (Drama) for Glenn Close's performance.

Sneak Peek Book Club Thursday, April 11 at 5:30

Get first dibs on new boo

Get first dibs on new books at the library, make a very cool dragon egg, and enjoy a snack. Please register online or at the Children's Desk and let staff know of any food allergies. For grades 4 to 6.

littleBits Workshop (Ages 7 and up)

Two Saturdays, April 13 & 27 at 2 pm

Spend a fun afternoon experimenting with littleBits. Explore the world of circuitry and see what can be invented. For ages 7 and up. No registration required. Come to one or both!

Eager Readers Book Group (Grades K-2)

Monday, April 15, 6:30 pm

Stop by the Children's Desk to pick up a copy of this month's title, and to register. Read the book at home and then come for a book discussion and craft.

Bryson Lang Comedy Juggler Visits Vacation Week Wednesday, April 17 at 2 pm

Vednesday, April 17 at 2 pm Join the fun with Bryson Lang!

His show has lots of energy and audience participation, with ball spinning, upside down bounce juggling, flying sombreros, magic, and more. For ages 4 and up. Online registration is required—space is limited for this event.

Earth Day Craft

Saturday, April 20, from 2 to 3 pm

Celebrate Earth Day and make an up-cycled, self-watering planter. Soil and seeds provided. For ages 5 and up, with an adult. No registration required; just drop in.

Sculpture Saturday

Saturday, April 27 at 3 pm

Come to the library for some creative art fun! We'll make sculptures out of pool noodle pieces, pipe cleaners, wiggle eyes, pompoms and more! For

Library

P.S. Save the dates for the book sale! May 30 – June 3

Adult Programs

For more information about our events, or to register, please contact the reference desk at 203-389-3434. Registration is also available on our website.

Stephen King, American Master with Stephen Spignesi Monday, April 15 at 7 pm

Join us for an illustrated lecture by Stephen Spignesi, author of six books about Stephen King. This lecture looks at the life and work of America's most popular writer and the undeniable Master of the Macabre. The program covers all of King's writings—nov-

If Beale Street Could Talk

Thursday, April 11 - 117 minutes; R A daughter and wife-to-be, Tish Rivers vividly recalls the passion, respect and trust that have connected her and

Children's Activities & Events

For more information on our Children's Events, please visit our website or call 203-389-3439.

National Poetry Month Crafts

April is National Poetry Month! Visit the Children's Room every Wednesday in April, from 4 to 6 pm for a different poetry-related craft. All ages welcome; no registration required. kids in Pre-K through grade 3. Please register online.

Ongoing Childrens Programming Babies Session (0-18 months) Every Wednesday, 10:30-11 am Join us for songs and rhymes, fun for little ones. No registration.

Ready to Read (18-36 months)

Every Thursday, 10:30-11 am Find out how talking, singing and reading build vocabulary and a love of books! No registration.

Preschool Storycraft (3-5 years)

Every Saturday, 11-11:30 am Stories and crafts for ages 3 to 5 with an adult. No registration, unless otherwise noted.



DEATH NOTICES

The Woodbridge Town News will publish Death Notices for Woodbridge and Bethany families free of charge as a service to our readers. Family members please email notice (limit 250 words, please) to: edit@woodbridgetownnews.com

TOWN OF WOODBRIDGE - LEGAL NOTICE **JOB POSTINGS**

Driver: Part time; reliable, courteous with current Connecticut Public Service license, CDL with S & P endorsements preferred; Good driving record, for Senior Center Transportation Program with town bus. Hourly wage \$15.81.

Kitchen Supervisor: Part time for Senior Meal Program, two meals per week for a total of 13 hours. Must have knowledge of meal planning, purchasing and preparation of food along with supervision of staff and volunteers, \$23.95 per hour.

<u>Kitchen Assistant:</u> Part time assisting Kitchen Supervisor with operation of two meals per week for Senior Lunch Program for a total of 9 hours, \$13.98 per hour.

Send resume or application on the Town website www.woodbridgect. org under government section by May 3, 2019 to Woodbridge Human Services, 11 Meetinghouse Lane, Woodbridge, CT 06525 or by email: humanservices@woodbridgect.org. EOE.

Apartments For Rent

Woodbridge:

One Bdrm-\$1063/mo; Two Bdrm-\$1112/mo incl utilities. Applicants must be 62 or older or disabled. On-site laundry, patios with garden area, off-street parking, handicapped accessible. CHFA Financed. Approved for Vouchers; Don't Offer Subsidy EHO.

Gibson Assoc., Inc. 175 East Mitchell Ave, Cheshire, CT 06410 Ph: 203-272-3781. TDD: 1-800-545-1833 Ext 165



DOLLAR\$ AND \$EN\$E

Spring Cleaning Your Paper Clutter

By Roberta L. Nestor

In this new paperless world, how is it we still manage to accumulate so much paper? Magazines, newspapers, junk mail, flyers, brochures, receipts, bills, tax returns, bank statements, credit card statements, ATM printouts, medical bills...how can we de-clutter our lives of paper? What documents can be shredded, which ones should we keep and for how long?

The first principle for eliminating paper is organization. It's the old adage of "a place for everything and everything in its place". Start with creating places where the paper will go, what will you store the paper will It can be a box, a small filing cabinet – a basket, but one place where all the paper will go. Do not put junk mail in this paper storage unit, junk mail and flyers should be disposed of and put in recycling on a daily basis.

Next you should create some files or paper storage places for:

1. Immediate Action – these are your current bills and/or correspondence that needs immediate attention. While holding immediate action papers in a file that you attend to on current basis is great, placing your bills on auto bill pay is an even better way to alleviate unwanted paper.

2. Short Term Action - this might entail school calendars, schedules, appointment and events that might have to be put on your calendar. These are paper items you want to read and review, but the timing of it is not critical.

3. Long Term Action – these may consist of multiple files that would include official documents, tax returns and some of the items listed below.

Let's review what you should be holding onto and for how long:

✓ Sales Receipts do not need to be retained unless needed for tax purposes and then keep for 3 years. keep for 3 years.

- ✓ Quarterly investment statements can be shredded once you receive your year-end statement. You should keep all of your annual investment statements (for retirement and non-retirement accounts) as long as you own the investment and then, for 3 years after you sell the investment.
- ✓ Income tax returns while you are only required to keep these for 3 years, it is highly recommended to keep any tax return that contains information or transactions involving investments or that involve any home deductions (improvements) as long as you still own these assets.
- Medical bills, records of selling a home, records of selling a stock or investment should all be kept for 3 years.
- ✓ Records of satisfied loans should be kept for 7 years

Then there are those important records that should always be retained while active. Things like insurance policies, stock certificates, property records, home improvement records and records of pension and retirement plans. A great rule of thumb would be, "if you still own it – maintain the documentation." If you are not sure, ask your tax or financial professional. Keep in mind April is Earth Month and several local businesses sponsor free shredding services so you can be sure your important documents are being disposed of properly.

Roberta L. Nestor is a financial advisor practicing at 491 New Haven Avenue, in Milford, CT offering retirement, long term care, investment and tax planning services. She also offers securities and advisory services as an Investment Adviser Representative of Commonwealth

"No Taxes. Let's just tip the government 15 percent if they do a good job." — Pat Paulsen

- ✓ Utility Bills can be thrown out after one year unless you are using these as a deduction for a home office, in that case you should keep them for 3 years.
- Cancelled checks, credit card receipts and bank statements only need to be kept for one year, unless needed for tax purposes, then

Financial Network – a member FINRA/ SIPC and a Registered Investment Adviser. She can be reached at 203–876-8066 or roberta@nestorfinancial.com. This material has been provided for general informational purposes only and does not constitute either tax or legal advice. Investors should consult a tax preparer, professional tax advisor, and/or a lawyer.

Woodbridge Town News

THE WOODBRIDGE TOWN NEWS **ONLINE**

Online Version of the Woodbridge Town News

www.WoodbridgeTownNews.com



Please Note: If you have an event for the Bulletin Board, please send it along no matter how far in advance it is. We will include it in the appropriate issue(s) until the event has taken place.

Boy Scout Troop 63, meetings Monday nights 7:00pm-8:30pm, Our Lady of the Assumption "Mother" Church, 1700 Litchfield Turnpike (Route 63), Woodbridge; September-April and May-June outdoors at Camp Whiting, all boys ages 10 and up or who have completed the fifth grade are welcome to stop by and see what we're all about. For more information, visit http://www.troop963.org or email Troop63CT@gmail.com.

Bereavement Support Groups, Tuesdays 4:00-5:30pm and Wednesdays 6:30-8:00pm, Griffin Hospital, 130 Division Street, Derby, support groups for anyone experiencing the loss of a loved one. Contact Janice Lautier at 203-732-1100 or jlautier@ griffinhealth.org to register.

Woodbridge Republican Town Committee Meetings, second Tuesday of each month, 7:30pm, Center Cafeteria. Visitors welcome and we urge you to join us. For information, go to www.woodbridgegop.org.

Cancer Support Group, meets the second and fourth Tuesday afternoons of the month at Coachman's Square, 21 Bradley Road, Woodbridge. If interested contact: Lucille Ranciato Iranciato2@yahoo.com or Bernie Siegel, MD

bugsyssiegel@sbcglobal.net for details.

Alzheimer's and Dementia Family Support Group Meeting, last Tuesday of the month, 6:00pm, JCC of Greater New Haven, 360 Amity Road, Woodbridge in the West Rock Room. For more information, contact Averi Kelly, Ms, R-DMT, 203.389.2911.

Trap Falls Kennel Club Obedience Classes, every level, AKC STAR Puppy (obedience for dogs under 12 months) and Family Manners Classes/Obedience & Canine Good Citizen; Wednesday and Thursday evenings, Pawz for Wellness in Shelton. For registration and/or information, call 203-450-9485 or email tfkctraining@gmail.com. Trap Falls Kennel Club is a non-profit member club of the American Kennel Club (AKC).

Boy Scout Troop 907, Come find out why Troop 907 has been Making a Difference in the Life of Scouts since 1968. Meetings Thursday nights 7:00-8:30PM at the First Church of Christ in the Parish House (enter via back parking lot), 5 Meetinghouse Lane, Woodbridge next to Town Hall. Boys aged 10 and older or who have completed 5th grade are invited to visit an upcoming meeting and join the adventure of scouting. For more information, visit our website Troop907. org or use the website "contact us" link to communicate directly with troop leadership.

Alzheimer's Community Caregiv-

ers Support Group, 2nd Thursday of the month, 5:00pm, Arden House, Conference Room, 850 Mix Avenue, Hamden. Call Maria Paduano, Program Director to RSVP or for more information at 203-281-3500, ext. 7669; www.genesishcc.com.

Woodbridge Rotary Club Meetings,

1st and 3rd Fridays of the month, 7:30am breakfast meeting, Country Corner Diner, 756 Amity Road, Bethany and the 2nd and 4th Friday of the month, 12:15pm luncheon meeting, Woodbridge Social, 12 Selden Street, Woodbridge. Anyone interested in learning more about Rotary should contact Anna Dickerson, 203-710-0223 or annadickerson@yahoo.com.

Goat Yoga, every Saturday at 9am, 10:15am and 11:30am, Locket's Meadow Farm, Bethany, \$25.00. Stretch and pose with our sweet baby goats (and pigs and puppies and who knows who else will wander through) and learn what the goat hype is about! All funds from our programs go directly to support the rescued animals of Locket's Meadow as well as to help fund our programs for special needs individuals. Please bring your own yoga mat, but if you forget, we have a few extra.

Ansonia Nature Center Events, 10 Deerfield Road, Ansonia; call 203-736-1053 to register for all events.

Donate Your Car, Truck or Van, help raise funds for a local private

school; FREE, FAST, TOW AWAY; Running or Not Running; Can be used for a charitable tax deduction. Call Charter Oak Education DBA Sterling Education at 860-643-1100.

4th Annual Wine & Craft Beer Tasting, The Bethany Leapley Autism Sprectrum Disorder Charity Fund, Saturday, May 18, 2019, 7:00pm, St. Barbara's Church, 480 Racebrook Road, Orange; Tickets \$125 - Single/\$800; Table of Eight/\$1000; Table of Ten. Make check payable to: The Bethany Leapley ASD Scholarship Fund, c/o Bethany Luna, 17 Cannonball Road, North Haven, CT 06473. For tickets and/or information, www.bethanyleapleyasdfund.org.

Bethany Volunteer Fire Department and Auxiliary 12th Annual Car, Truck & Bike Show, Saturday, June 8, 2019, 12:00-4:00pm, rear paved parking lot of fire headquarters, 765 Amity Road (Route 63), Bethany; all antique cars, trucks, muscle cars, motorcycles and big trucks are welcome; event features people's choice judging. Show vehicles can begin to arrive at 11:00am; raffle and trophies being distributed at 3:30 p.m. Cost for the event is \$10 for show vehicles and general parking. Featuring a food tent with sausage & peppers, hamburgers, cheeseburgers, hot dogs and ice cream. For more information, contact Amy Cogill at 203-410-2602 or Rich Cogill at 203-954-8597 or visit http://www. bvfdct.org/. This event is sponsored by Laticrete International Inc.

Suffering From Seasonal Allergies?

This Free Workshop is for You!

On Sunday, May 5 The JCC of

builds healthy communities, and



Greater New Haven will open its doors to anyone who is interested in holistic strategies and MELT[™] to help them deal with seasonal allergies. Participants will learn about the common causes and how our body responds to allergies. We will discuss dietary and lifestyle strategies that have been proven to help with symptoms and we will experience foot MELT[™] using small balls and so-TERRA essential oils.

The workshop will be led by Betsy Bell-Osterholm, Certified Holistic Coach & MELT[™] Practitioner. With over 30 years of experience, Betsy maximizes human potential. With a passion for dance and the healing arts, she is committed to helping others achieve their goals. Betsy is a MELT[™] Method Certified Practitioner, Holistic Lifestyle Coach, NASM Certified Personal Trainer, ACE & AFAA Certified Instructor, APEX Nutrition and Energy Healing Arts.

The Workshop is free and open to the community; however, preregistration is required. Please register with Susan Donovan by emailing susand@ jccnh.org. The JCC of Greater New Haven is located at 360 Amity Road in Woodbridge.

SUPPORT OUR ADVERTISERS!

Tell them you saw their ad in the Woodbridge Town News.



Woodbridge students Angela He (from Amity High School), Ada and Joy Wu (from the Beecher Road School) won the first and second prizes on different forms at the 2nd New York International Kungfu Championships held at the Queens College in Flushing on Sunday, March 17, 2019. They have been practicing Chinese Martial Arts, also known as Kungfu for a couple of years under the instruction of Master Jack and competed on behalf of Wu Dang Kungfu Academy in Orange Connecticut.

Friday, April 12, 2019





1. Us (R) Lupita Nyong'o, Winston Duke 2. Captain Marvel (PG-13) Brie Larson, Samuel L. Jackson 3. Wonder Park (PG) animated 4. Five Feet Apart (PG-13) Haley Lu Richardson, Cole Sprouse 5. How to Train Your Dragon: The Hidden World (PG) animated 6. A Madea Family Funeral (PG-13) Tyler Perry, Cassi Davis 7. No Manches Frida 2 (R) Martha Higareda, Omar Chaparro 8. Gloria Bell (R) Julianne Moore, Alanna Ubach 9. The Lego Movie 2: The Second Part (PG) animated 10. Alita: Battle Angel (PG-13) Rosa Salazar, Christoph Waltz



1. The Green Book (PG-13) Mahershala Ali 2. Fantastic Beasts: The Crimes of Grindelwald (PG-13) Eddie Redmayne 3. Instant Family (PG-13) Mark Wahlberg 4. Creed II (PG-13) Michael B. Jordan 5. A Star Is Born (R)

Lady Gaga 6. Bohemian Rhapsody (PG-13)

Rami Malek 7. Ralph Breaks the Internet (PG) Disney 8. Mortal Engines (PG-13) Hera Hilmar 9. The Favourite (R) Emma Stone 10. Ben Is Back (R) Julia Roberts





Hailee Steinfeld in "Bumblebee" [Paramount Pictures]

EDITOR'S NOTE: DVDs reviewed in this column are available in stores the week of April 1, 2019.

PICKS OF THE WEEK

"The Mule" (R) -- Clint Eastwood returns to both the director's chair and the spotlight as Earl Stone, an octogenarian drug mule for a Midwestern drug cartel. The film is loosely based on the Sam Dolnick/New York Times article about a man named Leo Sharp, who was, like Eastwood's character, a war veteran at the end of a long life who hit hard times and turned in desperation to running drugs. Stone is an old, superficially affable white man who drives the speed limit and looks like an upstanding citizen. He's also facing foreclosure and the collapse of his business, and is surrounded by strained personal relationships. As his payloads grow, so does interest from cartel members and the DEA. The all-star cast includes Bradley Cooper, Andy Garcia, Michael Pena and Dianne Weist.

Ford and Bush I administrations and Congress, culminating as second in command to young George W. The political jabs at Cheney are real (and often deserved), but the real gold here is in the physical transformations. The hair and makeup department put in Oscar-level overtime turning Steve Carell into Donald Rumsfeld, Sam Rockwell into George W., and Amy Adams into Lynne Cheney. Christian Bale is incredible as Dick Cheney. For that alone, it's worth a rental. The story walks a strange line between real facts and surrealism that's sometimes too real to be funny. Ain't that politics, though?

"Bumblebee" (PG-13) -- In a California beach town circa 1987, a young, rebellious Charlie (Hailee Steinfeld) stumbles upon a cute but beat-up yellow VW bug in a junkyard. It's not just a car, though -- it's a transforming anthropomorphic vehicle that's just as cute as a ... bumblebee. This is the sixth live-action Transformers movie, but it's more of an origin story/prequel. It's also sweet and endearing tale of friendship, even if between girl and robot. John Cena supports as a lieutenant in an off-

- In "You Don't Mess Around with Jim," what was Jim's occupation?
- 2. Which artist wrote and released "I Wanna Learn a Love Song"?
- 3. Which group had a double-sided hit single with "Blessed Is the Rain" and "Welcome Me Love"?
- 4. Who wrote and released "Just Like a Woman," and when?
- 5. Name the song that contains this lyric: "Just when I thought I was over you, And just when I thought I could stand on my own."

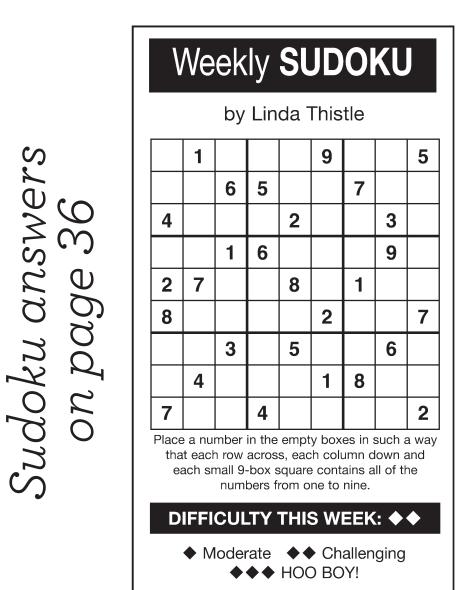
1. In the 1972 song by Jim Croce, Big Jim Walker is a pool hustler, a large guy with a bad temper. S. Harry Chapin, in 1974. Legend says the song is true: Chapin met his wife-to-be when he gave her guitar lessons and they fell in love. 3. The Brooklyn Bridge, in 1969, 4. Bob Dylan, in 1966, on his first alburn, "Blonde on Blonde." He never released the song as a single in the UK, but Manfred Mann did it the same year 5. "Here I Am," by Air Supply in 1981. The single had a longer title, "Here I Am (Just When I Thought I Was Over You)," to avoid confusion with another of their songs that had the lyric "Here I Am."

Sports Quiz

By Chris Richcreek

- 1. Between 1980 and 1989, a member of the Boston Red Sox led the A.L. in walks for a season five times. Name either of the two Boston players to do it.
- 2. 2. True or false: Slugger Jose Canseco had more strikeouts than hits during his major-league career.
- 3. 3. When was the last time before 2016-18 that Army's football team went to consecutive bowl games?
- 4. 4. Other than James Harden, who has scored the most points in a single game for the Houston Rockets?
- 5. 5. In the 2018-19 season, Tuukka Rask became the career leader in goaltender victories for the Boston Bruins. Who had been No. 1?
- 6. 6. Who was the last driver to win the pole for the Daytona 500, then capture the race itself?
- 7. 7. Who was the last teenager to win a women's singles title at a Grand Slam tennis tournament?

1. Dwight Evans (1981, '85, '87) and Wade Boggs ('86, '88). 2. True. He had 1,942 strikeouts and 1,877 hits (including 462 home runs). 3. It was 1984-85. 4. Calvin Murphy had 57 points in a game in 1978. 5. Tiny Thompson had 252 victories for Boston (1928-38). 6. Dale Jarrett, in 2000. 7. Maria Sharapova was 19 when she won the 2006

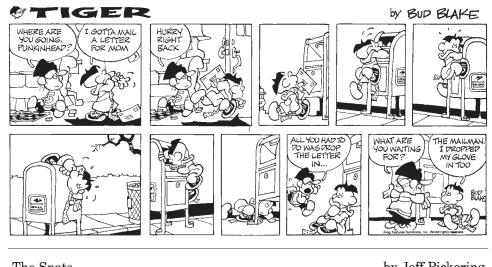


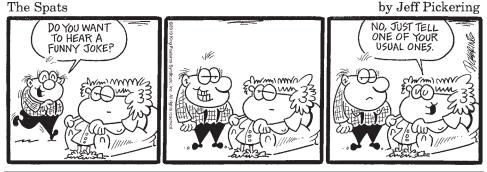
"Vice" (R) -- Vice President Dick Cheney is in the crosshairs in this dark comedy-drama by director Adam McKey. It chronicles Cheney's rise in politics through the Nixon, the-books military project probing space, and Jorge Lendeborg Jr. plays Charlie's neighbor and friend Memo.

"Nancy Drew and the Hidden Staircase" (PG) -- Sixteen-year-old sleuth Nancy Drew (Sophia Lillis) takes a small town by storm as she acclimates to her surroundings and makes friends, including some seniors who put her onto the case of a supernatural disturbance at the Twin Elms mansion. Plucky Nancy enlists her squad to solve the riddle of creaking doors and flying candlesticks, but is there something deeper going on? There's no clue too small, nor turn of logic too tough for Nancy Drew and company. It was cute but the story didn't need a large screen, in my opinion. It's no mystery that DVD is just where this film needs to be. Light and friendly TV fun for the kiddos.

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King Crossword

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HOLLYWOOD

By Tony Rizzo In 1985, a 59-year-old Rock Hudson was the first major movie star to die from AIDS, and his passing finally brought attention to the HIV disease. Rock starred in more than 60 major films, including "Magnificent Obsession" (1954); "All That Heaven Allows" (1955); "Giant" (1956), his only Oscar nomination; and "Pillow Talk" (1959). with Doris Day. It was while filming "Dynasty" (1984-85) that people realized he was deathly ill. Given the choice of filming "Dynasty" or going to France for treatment that could prolong his life, Rock chose "Dynasty." By the time he finally went to France, the disease had progressed beyond the point where the treatment could save him.

He began his career in 1949 at Universal Pictures playing indians and pirates, so it's only fitting that Universal will tell the story of his life and death in the upcoming "All That Heaven Allows," based on Mark Griffin's book of the same name. Marc Christian, one of Rock's past lovers, sued him and won a multimillion-dollar lawsuit because Rock didn't tell him he had AIDS. I met Rock through his mother, who was a friend of a friend, and he always treated me as a friend. At the beginning of his career, he hid his homosexuality, and at the end of his career, he hid his AIDS.

Former "Doctor Who" and "The Crown" star Matt Smith will become Charles Manson for the film "Charlie Says," which focuses on the women of the Manson family. It's a far cry from a space hero and a prince of England to a psychopathic killer.

Johnny Depp, who allegedly hid his assets to divorce Amber Heard, now is



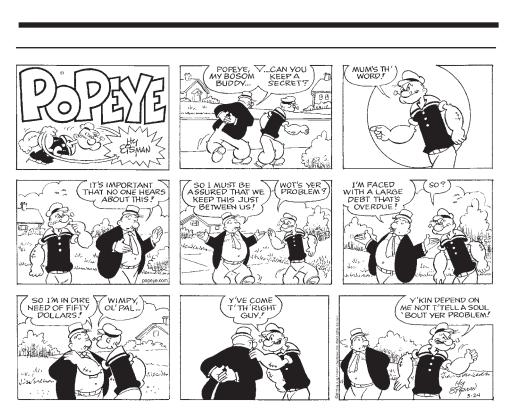
Matt Smith as "Doctor Who" [BBC]

embroiled in two lawsuits. He's suing his former wife for \$50 million for defamation, because she claimed he abused her, which he asserts was a hoax to further her career (it comes to trial Sept. 16). The second lawsuit, for \$30 million, is against his former business managers for malpractice. Insiders allege these problems have soured his chances to do the reboot of "The Pirates of the Caribbean," but that seems unlikely, since he was a key component in the original films.

The two men who allege in the documentary "Leaving Neverland" that they were sexually assaulted as kids by Michael Jackson have prompted the producers of the Michael Jackson musical "Don't Stop 'Til You Get Enough" to cancel their Broadway tryout. The Chicago Theater has replaced it with "Once Upon a One More Time," a musical comedy featuring songs by Britney Spears, set for Oct. 29-Dec. 1. Some of us have had enough and don't need one more time!

www.WoodbridgeTownNews.com

King Crossword Answers on Page 36





"Passover is one of my favorite times of the year. This is when the whole community and family gets together to remember who we are and why we are here." — JENNIFER WAGNER



- Weekly SUDOKU -



If you aim the ball into each corner of the service box and use a different spin for each shot, you will keep your opponent off balance and uncertain about what kind of serve he will have to return. This makes it harder for him to develop his strategy. Don't just keep hitting your slice to the sideline, or your kick serve to his backhand; instead, alternate your spin and location.

Play Better Golf with JACK NICKLAUS



Answer

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Answers

Solution time: 27 mins.

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Bark Bytes...

By Vicki & Richard Horowitz



How To Greet A Dog Gently And Safely

It's hard to pass by a dog without a greeting because as dog lovers, we just love dogs! Some dog lovers like to talk to dogs, pet them, scratch their ears and fuss with them. That's great as long as you know the dog, the dog knows you, and you have established this behavior as being acceptable between both of you. However, this can become a potential problem when you assume that all dogs will love the attention and assume all dogs behave like this; especially with a dog you don't know.

Your innocent actions could seem threatening to some dogs, so you need to be sure that you know how to act and behave around unknown dogs.

We must appreciate that the

behavior and body language humans display is very different to canine behavior and could be regarded by canines as offensive and/or an attempt to threaten, challenge or control. Understanding that the behavior we show when greeting differs so greatly from a dog's behavior is the first step towards making your greeting of an unknown dog, safe, respectful and polite.

How Dogs Greet

First, look at a greeting from a dog's viewpoint. Well-socialized dogs, meeting for the first time, will be making assessments based on canine behavior. They see a dog and assess its body language from a distance. Then they may go towards the other dog and stop, still assessing its body language for signals to indicate whether it's relaxed, friendly or anxious, nervous, wary or a threat. A dog is also assessing the threat level of the other dog by its stance. This could be tail up, ears pricked, head up, proud stance, hackles raised, or maybe tail down, ears sideways or down, head lowered and even looking away. Depending on the signals a dog is showing could mean the difference between a confident dog, a nervous or aggressive dog or a relaxed dog with no threat at all. Some dogs may use submissive signals such as immediately dropping to the ground and laying on their back or side. If that's your dog, be happy that it is unlikely to get into trouble! The next step is that they sniff each other's faces and then go head to tail to check each other's signature smell from anal glands and genital areas. After initial greetings and assessments, they may either walk on comfortably, play, or one may show submissive signals, like lowering head, rolling over willingly, or even urinating (especially uncertain pups). The other dog will then usually indicate acceptance to the submissive signals and both will happily go their separate ways.

How We Greet

Humans do not greet in this way! Nor do we naturally recognize these forms of body language signals. Primate behavior involves meeting face



to face, looking into the eyes of the other 'person', using vocal sounds (talking), and lots of use of the hands and arms (touching, stroking, hugging, kissing). If we use this behavior when

greeting an unknown dog, we may be inviting an unwelcome reaction from the dog.

Of course, there are many dogs that are very well socialized with humans. They love having their head, ears and body ruffled and patted and will jump up and/or show happy wagging tails. Humans are good at recognizing that happy-dog body language and understand the dog's desire for that type of greeting. The trouble is that we are not so good at recognizing the body language that tells us we are not meeting one of those types of dog!

How To Greet Safely

When thinking about greeting a dog on or off lead in the park, street, or in the dog's home:

℅ Ask the owner for permission to greet their dog and the owner

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- should bring the dog to you.
- ☆ Never approach a dog always have the dog come to you.
- ★ Watch the dog's body language. If the dog appears to be uncomfortable, backs away, growls or snarls or its body stiffens...do not attempt to greet the dog.

With some planning and forethought, greeting a dog can be fun and safe—both for you and the dog. A proper greeting can provide one of the best forms of friendship possible and bring smiles to all.

Vicki and Richard Horowitz are dog behavioral therapists and trainers with Bark Busters, the world's largest dog training company. For more information, call 1-877-500-BARK (2275) or visit www.dog-training-new-haven-ct.com. Mailbox Special! Rent a mailbox for 12 months and receive 2 additional months free with this ad!





ARIES (March 21 to April 19) Professional relationships grow stronger. But you might still need to ease some problems with someone in your personal life. One way could be to try to be less rigid in your views.

TAURUS (April 20 to May 20) You might be too close to that perplexing personal situation to even attempt to make a rational decision about it right now. Stepping back could help you gain a wider perspective.

GEMINI (May 21 to June 20) Being asked to choose between the positions of two friends is an unfair imposition on you. It's best to reject the "demands" and insist they try harder to work things out on their own.

CANCER (June 21 to July 22) A change of mind about a workplace decision might be called for once you hear more arguments, pro and con. A personal event suddenly takes an unexpected (but pleasant!) turn

LEO (July 23 to August 22) Romance once again looms large for single Leos and Leonas, with Cupid favoring Taurus and Libra to inspire those warm and fuzzy Leonine feelings. Expect another workplace change.

VIRGO (August 23 to September 22) A surprise gift -- and, happily, with no strings attached -- could come just when you need it to avoid a delay in getting your project done. Expect education to dominate the week.

LIBRA (September 23 to October 22) Someone close to you might ask for your support as she or he faces a demanding personal challenge. Offer it, by all means. But be careful you don't neglect your own needs at this time.

SCORPIO (October 23 to November 21) An unexpected development could put your relationship with a partner or spouse to an emotionally demanding test. But your determination to get to the truth should save the day.

SAGITTARIUS (November 22 to December 21) A recent agreement appears to be coming apart over the surfacing of unexpected complications. You might need to have expert advice on how to resolve the situation.

CAPRICORN (December 22 to January 19) Your keen business sense helps you get to the truth about a suspicious business deal. Expect to have many colleagues rally to support your efforts in this important matter.

AQUARIUS (January 20 to February 18) Someone who once moved in and out of your life through the years might now want to come back in on a more permanent basis. Give yourself a lot of time to weigh your decision.

PISCES (February 19 to March 20) Showing frustration over a delayed workplace decision might get someone's attention, but not necessarily make him or her move any sooner. Best advice would be to be patient and wait it out.

BORN THIS WEEK: You are drawn to excitement and enjoy fast-tempo music, with the more brass, the better.

Is That Special Diet Killing Your Dog?

DEAR PAW'S CORNER: The trend in pet owners feeding their dogs grain-free diet may have had some unintended consequences. There's an epidemic of DCM (dilat-

ed cardiomyopathy) in dogs across the U.S., one that in many cases may be caused by a deficiency in taurine. The Food and Drug Administration and several veterinary organizations are working to increase the public's knowledge about the problem. Please let your readers know about this issue so that they can make sure what they're feeding their dogs contains the right nutrients to keep their dogs healthy. -- Liz D., via email

ing dog foods labeled as grain-free. At issue is that some trendy diets, and unfortunately some retail dog foods, lack taurine, an ingredient in meat that is essential to maintaining a healthy heart in dogs.

Taurine deficiency alone is not the only cause behind



LAFF - A - DAY



"To think I begged for that hand in marriage."

R.F.D.

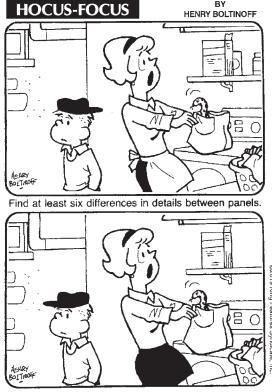


by Mike Marland









DEAR LIZ: Thank you for raising awareness about this issue. As dedicated owners search for the best diets to feed their dogs, they are increasingly feeding them "exotic" diets (kangaroo meat and chickpeas, cited in a 2018 Tufts report) or buy-



the rise in DCM, which is being seen in dog breeds where it was previously rare. Researchers are working to find additional causes of DCM, and in the meantime recommend that pet owners closely evaluate their pets' diet. Commercial dog foods should have a good track record of nutritional quality and safety. Home-prepared diets should be supplemented with important nutrients; talk to your vet for exact details.

Owners should also keep an eye on their dogs for early signs of heart disease: coughing, weakness, less ability to exercise, shortness of breath or fainting. Take a dog with these symptoms straight to the vet.

Send your questions or comments to ask@pawscorner.com.

Source: BackgroundChecks.org

Differences: 1. Apron is missing. 2. Boy's cap is turned for-ward. 3. Shorts are longer. 4. Items are missing from shelf. 5. There are more wall bricks. 6. Pipe is lower on wall.



Celebrate the Town of Orange's INDEPENDENCE DAY CONCERT & FIREWORKS DISPLAY 2019



FRIDAY, JULY 5TH (Rain Date: Saturday, July 6th) ORANGE FAIRGROUNDS GAZEBO 525 Orange Center Road, Orange

For this year's Independence Day Concert, the Orange Town News, who is once again producing the event, is presenting **"Back in Time - A Tribute to Huey Lewis and the News"** to perform prior to the town's Annual Independence Day Fireworks Spectacular. **"BACK IN TIME"** is comprised of talented and seasoned musicians from the New York area. **"BACK IN TIME"** works to recreate the energy, excitement of a **Huey Lewis and the News** Live Performance... We guarantee you'll be singing along with every song as we take you on a trip through the 80's.

A top notch show bringing together all the hits from **Huey Lewis & the News** and the 80's including: Power of Love, Heart & Soul, I Want a New Drug, Hip to be Square, Heart of Rock & Roll, Do You Believe in Love, If This is it, Jacob's Ladder, Stuck on You and much more...

Huey Lewis and the News have carried the banner as the quintessential American rock band, endearing them to millions of fans. During the 1980's and early 1990's they scored a total of 19 top-ten singles across the Billboard Hot 100, Adult Contemporary, and Mainstream Rock charts. You will not be disappointed!!!

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