

Woodbridge Town News



Woodbridge's Exclusive Newspaper

Mailed Free to Every Home in Woodbridge
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MUNICIPAL ELECTION VOTE ON MAY 1ST

TOWN RESIDENTS CALLED TO PICK NEW LEADERSHIP

By Bettina Thiel – Woodbridge Town News Correspondent

Next Monday, May 1, promises to be a bit of a nail biter; in particular for the candidates for first selectman, Beth Heller and Tony Anastasio — and by extension for those who have been campaigning by their side. Monday is municipal Election Day in Woodbridge, and residents have a chance to pick new leadership for the town. Voting will take place at the Center gym, across from the library on Meetinghouse Lane. Polls are open from 6 a.m. to 8 p.m.

[Two days later, on Wednesday, May 3, residents again are asked to vote at the Center Gym, this time for the proposed 2017-18 Amity school district budget. The details are available on the District website, at <http://www.amityregion5.org/> under the BOE drop-down menu.]

Heller heads the Democrats' ticket, Anastasio that of the Republican slate. Both are currently serving on the Board of Selectmen and both come with deep roots in the community and years of experience on the board. However, running for the first selectman position means that the candidate with the higher vote count will be the town's new first selectman, and the other candidate will not be part of the board any longer, at least not until the next election cycle poses another chance.

The campaign season has been relatively peaceful, a few stolen campaign signs notwithstanding. Both Heller and Anastasio have worked together on the Board of Selectmen, and neither is known for narrow partisanship. Yet their leadership styles promise to be different. While Heller emphasizes listening, diversity and inclusiveness as the way to solving the town's challenges, Anastasio stresses openness and greater transparency, with a proactive management style.

Critical of previous administrations' handling of political appointments for the various boards and commissions in town, for instance, Tony Anastasio vows to change the process in order to give all nominees a fair shake. The Board of Selectmen appoints volunteers to a number of boards, including the Board of Finance and the Town Plan and Zoning Commission. Nominees are vetted and put forward by the parties, but in the past the majority party would vote in their candidate without consideration of the other party's nominee. Contention over this practice led to the Republican selectmen "boycotting" the process altogether two years ago. "At first they didn't even let us read our names," Anastasio said in a phone conversation. What he would like to see is for both groups to present their

candidates and their merits before a vote is taken. In most instances, he predicted, the board will find consensus; if not, majority rule will kick in. Of course, board appointments have to follow state law for minority representation. But, "if it's just about politics I'm not interested," he said.

Heller is sympathetic to the Republican point of view. She said if elected, she would have a meeting with the whole board to discuss the process and work to find consensus. "It's important we are all comfortable with the process," she said.

Land use issues: Both candidates have been campaigning extensively, going door-to-door as well as holding meet-and-greet events. The question of what to do with the Country Club of Woodbridge is the number one issue people talk about, they say.

The Republican platform is clear on its opposition to any kind of high-density development. Anastasio said he is not fundamentally opposed to selling some plots of the 150-acre property for single-family homes; but he opposes changing the residential zoning currently in place for that area. He is not convinced that the town sufficiently marketed the property to allow golfing or other open space recreational opportunities. If elected, he would make a concerted

effort to pursue a potential sale – with an easement to prevent large-scale development. However, if that goes nowhere, by January 2018 he would start planning for recreational uses, such as a dog park, repairs of the outdoor pool and tennis courts.

Heller said she favors exploring the potential recreational uses. She said there are many points of view on this issue, and she would encourage further discussion, but she plans to move on in a timely fashion. "I think we can do a better job in disseminating facts on the implications of investments that preserve and enhance the quality of life in Woodbridge," she said in a statement. "I am absolutely confident that a well-informed electorate will choose the option that is best for Woodbridge."

Budget and taxes: Both candidates pledge to look for efficiencies in town government and keep tax increases low. "Despite our record of strong fiscal management, the current realities in Hartford and Washington will require us to explore new, creative approaches to managing our resources," Heller said. That's why the party platform includes

See "Vote" continued on Page 4

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210 Peck Hill Road
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A Diverse Team Of Experienced Leaders With A Fresh Vision For Woodbridge



- Invest wisely and control costs of our core town services
- Increase the commercial tax base
- Protect and enhance the former country club property



Beth and Her Team of Candidates for the Board of Selectmen

Joe Crisco

- State Senator, 1993-2016
- Woodbridge Board of Education, 1989-1993
- Town Plan & Zoning Commission, 1986-1988

Joe is well-versed in both Town and State governmental issues and will bring a depth of knowledge to the BOS, particularly as state and federal funding to Woodbridge continues to shrink.

Mica Cardozo

- Board of Fire Commissioners, 2014 - present
- Economic Development Commission, 2010-2014

Mica brings expertise from a highly successful business career as a telecommunications Account Executive, combined with over a decade of community service as a volunteer. He is a seasoned leader, highly regarded as innovative and collaborative.

Teri Schatz

- Commission on the Use of Publicly Owned Property (CUPOP), 2016 - present
- Co-founder & officer of Pease Place non-profit community playground committee

Teri is a human resources consultant with more than a decade of expertise serving on non-profit boards and as a volunteer for local community organizations.

Beth Heller for First Selectman An Experienced Leader



We're Better When We Work Together

Beth says, "I'm running for First Selectman because I love this town. I believe local government is at its best when it is more collaborative than partisan. I promise to work across the aisle, seek cooperation, and build consensus as your First Selectman."

Beth's Continuous Public Service to Woodbridge Since 1994

- First Selectman, April - June 2013
- Deputy First Selectman, since 2009
- Incumbent Selectman, since 2008

Beth's past service includes:

- Registrar of Voters
- Chair, Board of Fire Commissioners
- Firehouse Building Committee
- Library Commissioner

Beth received her nursing degree from Roger Williams and worked as a Registered Nurse from 1972 to 1992. Her husband Allen is a physician who currently teaches statistics and epidemiology. They have been married for 40 years and have lived in Woodbridge since 1992. Their three sons graduated from Amity (David '98, Richard '03, Stephen '06).

Vote for Beth and Her Team on Row A
MONDAY May 1st

For more information call 203-936-9336 or visit
BethHeller2017.org

Facebook: WoodbridgeCTdems
Twitter: @BethHeller2017

"Vote" continued from Page 1

financial tools such as vendor consolidation and sharing of services with neighboring towns and the school districts to maximize economy of scale; Heller also wants to continue expanding green energy and energy efficiency measures. Heller promises to partner with the business community in order to address its needs.

Economic development is an important action item on the Republican platform. In fact, Anastasio is suggesting the hiring of a part-time economic development director to help market the town's commercial area, thereby increasing the tax revenue. Although he does not approve of high-density development, Anastasio would welcome the 137 units of 55-and-up housing project proposed by a group of investors called Woodbridge Village Associates. The permit for this project was recently renewed, although there does not seem to be any immediate interest to start the project. Anastasio would revive the Architectural Review Board to ensure that any development is in keeping in style with the area and town.

School Resource Officer: Both candidates have supported Beecher families who objected to having the school re-

source officer cut from the budget. "Maintaining a safe and secure environment at Beecher Road School is paramount," Anastasio said. He said the cut came too late in the budgeting process, with very little discussion of the rationale, insufficient public input, and with no direction from the selectmen. "We do not support this cut." Instead, the town should create a school security strategy, including input

from the community. "If it is determined that the on-campus SRO presence is required within our security strategy, then it must remain in the budget," Anastasio said in a statement.

Heller addressed the police commissioners when they were discussing the cut. "Seeing a police officer at a school is a deterrent to anyone

who might do harm to our children," she said. She said the officer is a reassuring presence to children and faculty. "Most importantly, the presence of the SRO on site could be critical to the outcome if an officer is needed in an emergency."

Both Heller and Anastasio are presenting new names to represent the town on the Board of Selectmen. There are six candidates, three on each ticket, with the voter asked to choose three. When all votes are counted, the top five vote counts will be seated.



Beth Heller



Tony Anastasio

He also thinks that the town could do better at getting state and federal grants for projects. As for the Country Club, he personally would like to see it preserved as a golf course. He is hoping that some solution can be found for the 44,000 square foot clubhouse. Herb Newman, the architect who had designed the building, has floated the idea of shaving the upper level off the building and totally re-

furbishing a smaller version of the building, Lober said. The town should use the STEAP grant earmarked for the old firehouse for a bigger project like that, he said. A retired anesthesiologist, his personal interests are widespread, from woodworking to sports and volunteering.

Spencer Rubin is representing a younger generation of municipal leaders. The 2009 Amity graduate is currently serving as an alternate for the Zoning Board of Appeals. He grew up caddying at the Woodbridge Country Club when he was a teenager and became the Amity golf captain. Currently he serves as press contact at the state Capitol for Rep. Themis Klarides, R-114, and several others.

The Woodbridge Board of Education is a 9-member board, with five positions up for re-election. Therefore, five of the six candidates named on the ballot will be seated. Two of the candidates are seeking reelection, namely Steven Fleischman on the Republican slate and Nancy Yao Maasbach for the Democrats. Newcomers are John Vultee and Meagan Genovese on the Democratic ticket; and Jeff Hughes and Paul Testa for the Republicans. Not running are current board members Lisa Connor, Karen Kravetz and Keri Adams Matthews.

Amity Board of Education: Robyn Berke and incumbent Pat Cardozo are running on the Democratic ticket; Harold Smullen and Robert Rosasco III are running for the Republicans. Two of the four candidates will be seated. Those may or may not be the top vote getters, to satisfy minority representation on the regional board.

Board of Assessment Appeals: Ann Rubin is running for re-election on the Democratic ticket; Beth Walter is the candidate for the Republicans. Voters get to vote for one, but both will be seated.

Zoning Board of Appeals: Three of the six candidates will be seated. Candidates are Jeffrey Atwood, Aldon Hynes and Henry Nusbaum for the Democrats; Wanda Luciani-Kesses, Kim Giangrande and Mary Hill for the Republicans. Alternates: Candidates are Yonatan Zamir (D) and Robert Wiznia (R).

For the Democrats, Teri Schatz, Joe Crisco and Mica Cardozo are ready to serve on the board. Schatz, a mother of three, would represent a demographic that has been missing for a few years; that of young families. She became well known as one of two founders of the Pease Place playground, which, after years of determined lobbying, offers an inclusive and truly magical playground near the Pease Road playing fields. She currently serves on the Commission for Publicly Owned Properties (CUPOP). Teri is a human resources consultant with Human Capital Consulting, LLC. She cited Beth Heller's support during the playground planning process as being an important factor in agreeing to run for office. "The party thing wasn't important," she said. "There are very few partisan issues in this town."

Joe Crisco, for many years state senator for the 7th District, brings experience and connections to the table. He has been a successful liaison between the town and the state to channel grants back into the community. "I have always been involved in government," he said.

Mica Cardozo is a regional sales manager with Frontier Communications. He currently serves on the Board of Fire Commissioners. Previously, he served on the Economic Development Commission, where he served as a committed and active liaison between the town and the business community. This is his first run for elected office. He has volunteered for a number of organizations, both locally and regionally, including coaching for Southington Youth Basketball and the JCC Girls Basketball programs.

Running on the Republican ticket are Dave Lober, Spencer Rubin and Joe Dey. Dey is the only incumbent running for reelection to the Board of Selectmen. He and Anastasio connected over opposition to proposed Country Club of Woodbridge development plans as well as many procedural issues. Dey is a lawyer with a practice in Milford.

David Lober is one of two newcomers on the Republican ticket. A life-long Democrat, Lober started getting involved in local politics when the town wrestled with the future of the Country Club of Woodbridge. Opposing the Toll Brothers proposal for development, he found that on the local level his values were well represented by Tony Anastasio and his running mates, so he changed his political affiliation to unaffiliated and joined Anastasio's ticket to lead the town into the future. In a phone interview, he said the town needs to pay more attention to the business area and its development.



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Program Facilitator: Maria Tomasetti

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FROM THE FIRST
SELECTMAN'S DESK

By Ellen Scalett



If you've driven through our Town Center Campus lately, you've likely noticed dozens of differently colored small flags in the ground and white spray-painted lines on the pavement.

This is a visual indicator that our microgrid project is underway!

The Town's microgrid – thanks to a \$3 million State grant – will connect our Town Hall, Public Works, Center Building, Library, former Firehouse, new Firehouse and Amity Regional High School to a fuel cell at Amity High School. During normal operation, the fuel cell provides power to United Illuminating's power grid and provides free waste heat to the school. When the power goes out, our microgrid will turn on and the fuel cell will automatically provide power to the above-mentioned buildings. This will help the Town provide residents with critical uninterrupted service during power outages.

Once the microgrid is live, our Police, Fire, Public Works and emergency shelter (at the Center Building), as well as Amity High School, will be able to operate without the need to use generators during power outages. This clean and reliable power source will be particularly important during prolonged power outages when residents will be welcome to charge cell phones and get water from our Town buildings.

Construction of the microgrid started at Amity High School during spring break and will continue along Newton Road and Meetinghouse Lane throughout the spring and summer. You may see short sections of one-lane roads due to this construction. It is anticipated that the entire project will be completed by late fall.

This is a massive undertaking that requires careful coordination between the Town, United Illuminating, Amity High School and the State. I'd like to thank everyone involved for making sure that this process runs smoothly and safely.

I am pleased to report that, as of this writing, two potentially contentious Town issues have been resolved: continuation of the School Resource

Officer at Beecher Road School for the 2017-18 school year and opening of the CCW pool for the 2017 season.

A School Resource Officer (SRO) is a specially trained local police officer assigned to work at a school. Both Beecher Road School and Amity High School have SROs: the cost of the Amity SRO is part of the Amity budget and this year there was an effort to switch the Beecher SRO from the Police Department budget to that of the school.

The Beecher Board of Education did not feel it could cover the costs of the SRO and, after hearing the strong support of Beecher parents for additional funding, the Board of Finance has added funding to the Beecher budget for the express purpose of paying for the SRO.

Another issue of concern to many Woodbridge residents is the viability of the Country Club of Woodbridge pool. Town Commissions and staff have spent a great deal of time assessing the condition of the pool and its associated amenities to assure that it can be open this summer safely and at reasonable cost.

As of this writing, it is quite certain that the pool will be open this summer, although the small bath house and the kiddie pool will not be available because of safety concerns. If the pool is to continue beyond this year, significant investment will need to be made; this decision will fall to the new Board and Commission members who take office in July.

There is a great deal of work necessary to ready the pool for opening and every effort is being made to have it all completed by Memorial Day. Our volunteer board members and Town employees have made an extraordinary effort to make this happen for our community. Our hope is that pool members will be patient while we work to make the pool safe for them.

Thanks to the diligence of the Board of Finance and our Finance Director, Tony Genovese, we have accomplished all this and more with a tax increase of only 1.31% for the average Woodbridge taxpayer.

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203-712-1300

Hawley Lane Plaza
500 Boston Post Rd
203-891-9999

TOWN DEPARTMENTS & AGENCIES

TOWN VOLUNTEERS NEEDED

The Woodbridge Human Services Department is in need of volunteers for the following positions:

Emergency Food Closet - Volunteers are needed to sort donated food.

Friendly Visitor/Telephone Re-assurance Program - Volunteers are needed to provide friendly visits or telephone calls to those who are homebound 60 years of age and over or disabled.

The Woodbridge Center - Luncheon program volunteers are needed to set up tables, serve lunch and provide clean-up assistance for luncheon program attended by adults 60 and over.

The Woodbridge Center - Volunteer needed for ongoing assistance with the vegetable garden.

Youth Services - Volunteers are needed to chaperone Youth Evening Program activities for 7th and 8th grade



students.

Youth Services - Volunteers are needed to serve on the Youth Advisory Board to give input on services and programs for youth.

To volunteer or for more information, contact the Human Services Department at 203-389-3429.

WOODBIDGE RECREATION PRE-SCHOOL CAMP

Summer is just around the corner, and parents may be scrambling to find a fun, safe and educational outlet for their kids before it gets here! Woodbridge Rec Pre School is an unforgettable six week journey that is open to children ages 3 – Kindergarten.

Our staff are highly experienced and trained to work with small children. There is a new and exciting theme each week. Various weekly themes at Woodbridge Rec Pre School might include Halloween in July, Crazy Hat Day, Hawaiian Day and much more!

Everyone knows that summer day camp can be great for school-age kids. But did you know that summer camp can be beneficial to your preschooler as well, especially if your child will be entering preschool or kindergarten in the fall?

Why should you send your young child to camp? Summer camp can provide a preview of school, particularly for children who haven't been to daycare. Camp can also be a great "practice run" for kids who don't have a lot of experience being away from Mom and Dad. It is a great way to introduce your preschooler to new activities and skills. At camp your child will have a wonderful opportunity to be introduced to a whole new group of friends.

Woodbridge Rec Pre School provides all these opportunities in a warm and safe setting with caring and qualifying staff. Camp runs from Monday, June 26, 2017 and ends on Friday August 4, 2017. Times are 9:00 am –noon.

Registration has begun. Registration is available online at www.woodbridgect.org.

TOWN CONDUCTS BUS USE SURVEY

The Town of Woodbridge and the Economic Development Commission are exploring the feasibility of expanding bus service to the Woodbridge business district.

"Our goal is to make it easier for employees and customers to get to Woodbridge businesses," said First Selectman Ellen Scalettar. CT Transit, the Department of Transportation-owned bus service, currently provides bus transportation between Woodbridge and New Haven.

The Town will soon be conducting a survey of local businesses. This survey will help determine if expanded or altered bus service would be useful to the Woodbridge business community.



If so, the Town will make a request to CT Transit. CT Transit reviews such requests a few times a year and makes decisions based on the number of riders, business work shifts and days the bus service is used, among other details.

Businesses located in the Town's business district should receive a letter with the survey. The Town will also include the survey in the next business newsletter (sign up here: tinyurl.com/WoodbridgeCTBiz). The survey is also available online in the Business section of the Town's website, woodbridgect.org.

Residents are also encouraged to take the survey.



Pictured in the Photo are Youth Services Director Nancy Pfund, Senator George Logan, Peoples United Bank V.P./Market Manager Garrett Luciani, Award Winner Jason Luciani, and Human Services Commission Vice-Chair Mary Leigh Sabshin.



Pictured in the Photo are Human Services Commission Vice-Chair Mary Leigh Sabshin, Deputy First Selectman Beth Heller, Award Winner Jason Luciani, and Youth Services Director Nancy Pfund.

LUCIANI 2017 FIRST SELECTMAN'S YOUTH AWARD WINNER

First Selectman Ellen Scalettar and Woodbridge Youth Services announce the 2017 winner of the First Selectman's Youth Award as Jason Luciani. Jason, an Amity sophomore and the son of Thomas and Roxanne Luciani, has made a genuine commitment to the Town of Woodbridge and its citizens. Jason stepped up as a Senior Patrol leader in Boy Scout Troop 907 to plan and control weekly meetings. He keeps the troop involved with Memorial and Veterans' Day ceremonies and the placement of flags on veterans' graves at all three Woodbridge cemeteries. The Troop prepares and serves food at Columbus House and supports a huge food drive to benefit the local food bank. Other involvement includes assisting with the Garden Club Spring Sale and with the First Church of Christ Strawberry Festival. Mr. Luciani's fellow scouts nominated him for the Order of the Arrow with whom he does countless hours of trail building.

Jason stays active in other clubs such

as Outdoor Venture and Leo Club, and serves Our Lady of the Assumption Church as an altar server and choir member. He also helps the parish with holiday food baskets and Christmas gifts. He has performed volunteer work at the Woodbridge Country Club, and spends time at Coachman Square. This young man is now beginning his Eagle Scout project of locating veterans' graves in Woodbridge to replace missing or broken flags, and plans to memorialize these veterans through signs indicating their grave locations and the wars in which they served.

Jason Luciani received his award from Deputy First Selectman Beth Heller at the Human Services Volunteer Tea on April 20th in the Woodbridge Center Building. Peoples United Bank in Woodbridge V.P./Market Manager Garrett Luciani presented Jason with a check for \$100 for his dedication and service, and State Senator George Logan honored Jason with a citation from the State of Connecticut.

TOWN OF WOODBRIDGE MEETINGS FOR THE MONTH OF MAY 2017

(Subject to Change, Check with Town Clerk's Office, 203-389-3422)



Town Hall

5/2	Police Commission	6:00pm	Police Dept.
5/8	Library Commission	6:00pm	Library
	Human Services Commission	7:00pm	Center Bldg.
	Zoning Board of Appeals	7:30pm	Town Hall
5/10	Board of Selectmen	5:00pm	Town Hall
5/11	Economic Development Comm	7:00pm	Town Hall
5/15	Board of Finance	All Day	Center Bldg. Gym
	Fire Commission	6:00pm	Fire Station
	EMS Commission	7:00pm	Town Hall
5/16	CUPOP	6:30pm	Town Hall
5/17	Inland Wetlands Agency	7:30pm	Town Hall
5/18	Board of Finance	6:00pm	Town Hall
	Conservation Commission	7:30pm	Town Hall
5/22	Recreation Commission	7:00pm	Beecher Rd. School So.
5/23	Government Access TV	7:15pm	Town Hall



CALLING ALL LIBRARY LOVERS & BOOK LOVERS!

The Friends of the Library will be having its annual Book Sale the first weekend in June. The hours are Member's Night Thursday, June 1, 5:00-8:00 pm (you can become a member at the door), Friday, June 2 and Saturday, June

3rd 10:00 – 5:00 pm. On Monday, June 5, the sale will be open from 12:00 pm – 5: pm, \$5.00 per bag. To help support the sale, donate gently used books to the Friends by May 15th.

YOGA FOR ALL-GENTLE STYLE

If you've ever wondered if yoga is for you, this 5 -week series might help you decide. There are many styles of yoga today; this class seeks to offer you the basics of yoga with various levels of challenge, and is particularly suited for those new to yoga or who need adaptations. For instance, the morning classes do not require you to be on your knees, and those with hip replacements will find this class manageable. Join us for 5 weeks beginning May 3 for the 10:30 a.m. Wednesday morning

classes, and May 8 for the Monday 10:30 and 5:30 classes. All classes are 1 hour and 15 minutes. Wear comfortable clothes. Mats are available. 5 classes for \$40 or \$10 per single class. Pay at first class. Checks made to Woodbridge Recreation Department. Classes held in Room 16 of "The Center", next to the Woodbridge Town Library on Meetinghouse Lane. Enter either side door nearest the street. Questions? yogadiane@gmail.com or 203 494-3745 or Woodbridge Recreation 203 389-3446.

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WOODBIDGE DEMOCRATIC CANDIDATES 2017

Beth Heller

Candidate for First Selectman

The First Selectman of Woodbridge must be First Selectman for ALL the citizens of Woodbridge. I am prepared to listen to everyone and to lead. My team is a diverse team of leaders with a fresh vision for our wonderful Town.

I have had the privilege of serving on the Board of Selectmen for nine years, and am proud to have served in my present position as Deputy First Selectman for seven of those years, and, in 2013, as First Selectman, finishing out the term of First Selectman Ed Sheehy after his sudden passing in April of that year.

Since moving to Woodbridge in 1992, volunteering and contributing to Woodbridge has been my passion: from member and officer of the Beecher Road School and the Amity PTOs to secretary of the Library Commission; from eight years as chair of the Board of Fire Commissioners to the Fire House Building Committee; from Registrar of Voters for eight years; from co-founder of the incredibly popular Summer Concerts on the Green to my current role as chair of the Animal Shelter Renovation Committee (for which I recently led the successful effort to secure a STEAP grant of \$400,000). All of these experiences have brought me a deep understanding of the strengths and potential of our Town.

Most importantly, I have a strong commitment to excellence at our Amity District and Beecher Road Schools. My husband Allen and I came to Woodbridge because of the schools. I am proud that my three sons are all graduates of the Woodbridge and Amity school systems. We must continue to provide the necessary resources to maintain the highest quality educational opportunities for all of our children. Superb quality schools will continue to attract younger families, which will also result in higher property values for us all.

There are so many different points of view about the Country Club of Woodbridge, and I understand and respect that. I think we can do a better job in disseminating facts on the implications of investments that preserve and enhance the quality of life in Woodbridge, and I WILL bring the debate rapidly to closure. I am absolutely confident that a well-informed electorate will choose the option that is BEST for Woodbridge. Those options might include recreational activities, a town



center, and maintaining the use of the pool for our residents. I support maintaining current residential Zone A requirements. I promise to bring consensus on optimizing the untapped potential of the Country Club of Woodbridge property, and to solve this issue once and for all.

Our challenges are our opportunities. Woodbridge needs to focus on reducing our mill rate by increasing the commercial tax base. And despite our record of strong fiscal management, the current realities in Hartford and Washington will require us to explore new, creative approaches to managing our resources, including vendor consolidation to streamline procurement, eliminating redundancy, and reducing costs; sharing services with neighboring towns and school districts to maximize economy of scale; expanding green energy and enhancing efficiency to lower our utility costs, and renewing focus on increasing the commercial tax base.

I will focus on partnering with our business community, listening, and acting to address their needs and to promote their successes. We must also strive to keep our town affordable and always examine ways to reduce expenses.

As we work together, I promise to support investment and planning to preserve and enhance quality of life consistent with our shared values – our first responders, our schools, our library, our green open spaces, our role as a leader in preserving the environment, while maintaining our recognized highest standards for planning and fiscal responsibility.

Our democratic process is based on competition of ideas, and this is healthy, but I think our town politics are at risk for becoming overly polarized, and we should not move in that direction. Town government at its best is an inclusive process aimed at addressing the concerns and aspirations of all constituents. Ideas should be judged on their merit, independent of their source.

We can take pride in the fact that Woodbridge is a great place to live and to raise a family. As a citizen of our Town you have the opportunity to shape its future. I am optimistic about our future and committed to listening to each of you and ensuring that every voice is heard as we work TOGETHER.

Mica Cardozo

Candidate for Board of Selectmen

Mica is running for a seat on the Board of Selectmen with a background of many years of service in local government, combined with a highly successful business career in telecommunications technology sales and account management. He currently serves as a member of the Board of Fire Commissioners having been appointed by the Board of Selectmen in 2014. Prior to this he served a term as an appointed member of the Economic Development Commission from 2010 to 2014, where he was instrumental in the launch of the Town's Business Development website initiative.

Mica is employed by Frontier Communications as a Regional Sales Manager, since 2015. Previously he worked for ATT Partner Solutions and SNET in increasingly senior management roles over the course of more than 20 years with the company as it evolved through mergers. In his role as a client relationship management professional, Mica has been recognized as a seasoned leader who, having held diverse key roles, has a keen understanding of demands across functions and who effectively motivates and inspires team members to deliver results. He is highly regarded by peers as an innovative and collaborative manager. In 2014 he was selected for the Diamond Club, the highest sales honor awarded to the top two percent of AT&T salespeople globally. Mica at-



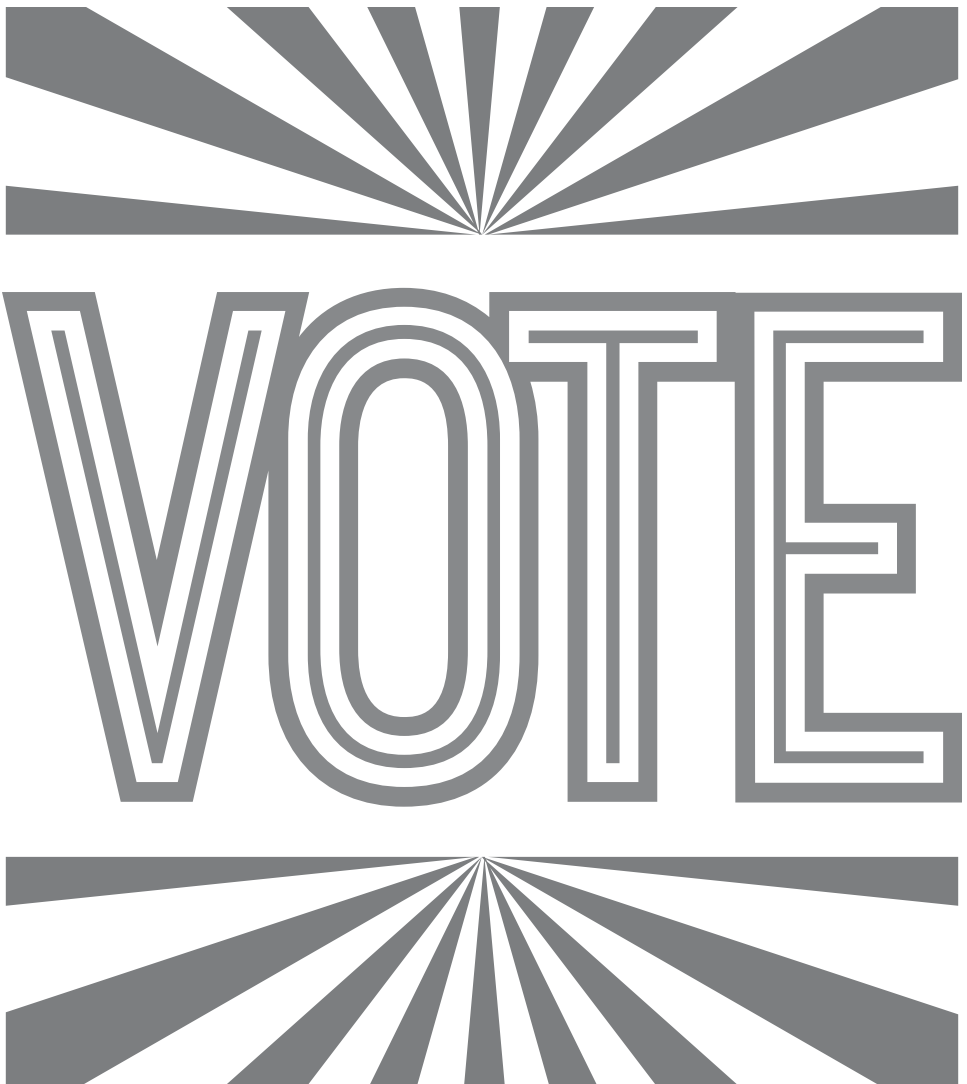
tended Albertus Magnus College's Business Management Program, where he achieved Dean's List recognition.

As a volunteer, Mica has served as Treasurer of the Knights of Pythias since 2010, and as a coach for both the Southington Youth Basketball and the JCC Girls Basketball programs. He has also been

an active member of the Greater New Haven Chamber of Commerce for several years. In addition, he currently serves as a Board Member of the Alzheimer's Association, and is a former Vice President and Board Member of the Woodbridge Child Center.

Mica and his wife Pat, who is running for re-election to the Amity Board of Education, moved to Woodbridge in 1995. Their two daughters are graduates of both Beecher and the Amity school system; their youngest is a freshman at Colby Sawyer College, and eldest is a recent graduate of Bryant University. Mica is bilingual; English and Cape Verdean (Portuguese Dialect). He enjoys coaching youth athletics, participating in local adult sports leagues, and reading.

Mica says, "My wife Pat and I have had the very good fortune of raising our two daughters in Woodbridge. Now I welcome the opportunity to join others who are committed to further improving our community by addressing the needs of our existing residents while also making Woodbridge even more attractive for both new families and businesses."



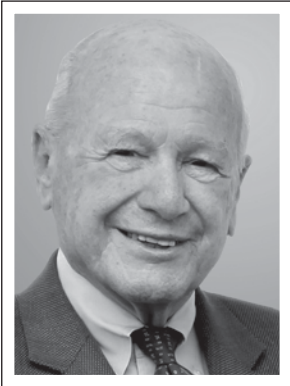
WOODBIDGE DEMOCRATIC CANDIDATES 2017

Joe Crisco

Candidate for Board of Selectmen

Joe is running for a seat on the Board of Selectmen after a distinguished career serving twelve terms as our elected State Senator, from 1993 to 2016. As Senator, Joe co-chaired the Insurance and Real Estate Committee, was vice-chair of both the Banks Committee and the Commerce Committee, and a member of several other committees including the Appropriations Committee which he also chaired. As his career in the Senate was concluding, Joe was serving as Chief Deputy President Pro Tempore. Among his many accomplishments while a member of the Connecticut General Assembly, Joe worked tirelessly to encourage economic growth and job creation, ease the tax burden for families and small businesses, support youth development programs and public schools, and ensure access to quality services and programs for senior citizens. Joe created the CT Biomedical Research Fund which seeks to advance research on eight major illnesses. He also created the Connecticut Hall of Fame which celebrates individuals who have made outstanding contributions to our state and country.

Prior to his 24 years working in Hartford, Joe began his service to the community by holding elected and appointed positions in Woodbridge. He



was a member of the Woodbridge Board of Education from 1989 to 1993, and on the Town Plan and Zoning Commission from 1986 to 1988. He is well-versed in both Town and State governmental issues and will bring a depth of knowledge to his involvement on the Board of Selectmen, particularly in these challenging economic times and as state and federal funding to Woodbridge continues to shrink.

Joe and his wife Pat, who works as the Woodbridge Tax Collector, moved to Woodbridge in 1977 to raise their six children. They are now the proud grandparents of seventeen grandchildren. Joe graduated from Wilbur Cross High School in New Haven where he played football. He was inducted into the Athletic Hall of Fame there in 2012. Joe is a marathon runner — you may see him out along the roads of Woodbridge no matter the season or weather conditions!

Joe says, "I'm running because I still have more to give to my community and would consider it an honor to serve on the Board of Selectmen. I want to continue to work hard everyday on behalf of all Woodbridge residents to maintain our town's reputation as one of the most desirable places in our state to live and raise a family."

Teri Schatz

Candidate for Board of Selectmen

Teri is running for a seat on the Board of Selectmen after leading the efforts to create the "Pease Place" all-inclusive playground which was built at the Alegi Recreation Fields in May 2015. As a co-founder and officer of that non-profit community playground committee, Teri spearheaded the fundraising and grant application process, working collaboratively with Town departments, commissions, and other non-profits to realize the dream of many in our community to have a playground that children of all abilities can enjoy. In 2016, Teri was appointed by the Board of Selectmen to serve on the Committee on the Use of Publicly Owned Property (CUPOP) where she is currently engaging in the work of the committee to study and make recommendations regarding the space needs of various town departments in the former Center School and surrounding municipal buildings.

Teri is a human resources consultant with Human Capital Consulting, LLC and was previously employed with CentrPort, and Renaissance Worldwide. She earned her Bachelor of Science in



Management from Tulane University. Teri and her husband Paul moved to Woodbridge in 2002. Their two sons are students at Beecher Road School, and their daughter attends Amity Middle School — Bethany

Teri volunteers with many community organizations, including Camp Laurelwood, Congregation B'nai Jacob, and Foster Dogs NYC. She previously served as a member of the Board of Directors of Congregation B'nai Jacob, as well as Gan Hayered Preschool. Teri is an active member of the PTO at Beecher Road School. She has also been a member of the Society of Human Resource Management, since 2000. Teri stays active playing tennis and skiing. She enjoys cooking, gardening, and cheering on her kids at various sports events. She is also involved with several animal rescue organizations.

Teri says, "I want to encourage other young families in town to become involved and actively participate in our town. Democracy isn't a spectator sport. If you want to change something, improve something or be a part of something, you have to get involved!"

Nancy Yao Maasbach

Candidate for Woodbridge Board of Education

Executive experience and international sensibilities distinguish Woodbridge Board of Education candidate Nancy Yao Maasbach, who has lived in town since 1999. With a background that includes high finance, non-profit management, creative programming, and even children's theater, Nancy has talents to offer that have already been recognized on the Board.

After stepping up last year to fill a vacancy, Nancy now seeks a full term of her own, and with good reason. She and her husband Steven are the parents of two Beecher Road School students, a third grader and a fourth grader. Nancy is eager to continue her work to maintain the school's exceptional learning environment and top ranking among the very best schools in Connecticut.

Nancy is currently the president of the Museum of Chinese in America

(MOCA), and has past experience as the Executive Director of the Yale-China Association, Managing Director for Corporate Programs at the Council on Foreign Relations, and Vice President and Director for Policy Research, Global Markets Institute at Goldman Sachs & Co.

Nancy earned an AB in Diplomacy and World Affairs from Occidental College and an MBA in Finance from the Yale School of Management. She is a past chair of the Women & Girls Fund at The Community Foundation for Greater New Haven and she is currently on the board of directors of New Haven's International Festival of Arts and Ideas.

Nancy says, "Woodbridge has great hidden value. I am committed to a strong and dynamic town community; one that will allow us to realize that value."

Maegan Genovese

Candidate for Woodbridge Board of Education

Town residents and Beecher Road School parents in particular will benefit from the experience and expertise of Woodbridge Board of Education candidate Maegan Genovese, the mother of a thriving, 'third year' MAG student. She earned a BA in Psychology from WCSU and an MS in Research, Statistics, and Measurement in the Behavioral Sciences from SCSU. Maegan's eldest child, a 21-year-old daughter, is adding to the family legacy as a junior at WCSU.

A town resident since 2013, Maegan is eager to expand her community service. She is a professional data analyst, eager to bring these skills to bear on behalf of continuing excellence at Beecher Road School, where she sees an application for her abilities in curriculum planning, budgeting, and staffing.

In fact, with over 13 years' experience in research initiatives covering child welfare, behavioral health, education strategies, and social services, it could be said Maegan's career has furnished her with tailor-made and reliable prerequisites for a productive and successful tenure on the board.

"My commitment to public education is borne of a responsibility I feel to provide for our children every opportunity to succeed, making available the tools necessary for each student to realize his or her potential and ensuring the ability to use those tools," Maegan said.

Maegan is currently employed at The Consultation Center at the Yale University School of Medicine, in the Department of Psychiatry, Division of Prevention and Community Research.

John Vultee

Candidate for Woodbridge Board of Education

Small business owner, builder and general contractor, Woodbridge Board of Education candidate John Vultee will bring the creativity, resilience, and tireless work ethic to the Board. John owns Stratford-based Vultee Construction Corporation, which was founded by his father in 1984.

A Woodbridge resident since 2009, John is happy to have two feet planted on 'terra firma' these days; previously, he sailed regularly from Woods Hole, MA as a skilled fisherman for the National Oceanic and Atmospheric Administration (NOAA).

John and his wife, Dr. Veerle Bossuyt, are raising four children in Woodbridge. Their oldest is in first grade at Beecher Road School, the next is in pre-school, and the younger ones are flourishing

Beecher students-in-training.

An avid outdoorsman, John describes his motivation to serve on the Woodbridge Board of Education passionately and succinctly: "I am running for my children, to help ensure that the Woodbridge school system continues to be as strong as it is now for years to come."

"I also believe I owe it to the community to do as much as I am able to ensure careful and thoughtful use of all Beecher resources — financial, facility, and grounds," he added.

John earned a BS in Fisheries Science and Technology from URI and currently affirms his devotion to the marine environment and nautical recreation through membership in both the Housatonic Boat Club and the Off Soundings Club.

WOODBIDGE DEMOCRATIC CANDIDATES 2017

Robyn Berke

Candidate for Amity Regional Board of Education

Current Amity Board of Education member Robyn Berke stepped up several years ago to fill a vacancy on the Board and immediately became an integral part of its operation. During her tenure she has contributed to the smooth transition to a new principal and a new superintendent.

Her eldest son is a 2016 Amity High School graduate, her daughter attends Amity Middle School in Bethany, and her younger son is enrolled at Beecher Road School, providing perspective to her work on the Amity board’s curriculum sub-committee.

Robyn has extensive experience in

public service having served on the Woodbridge Conservation Commission, the Town Planning and Zoning Commission and the Board of Tax Assessment Appeals.

Robyn also serves in the community through Congregation Mishkan Israel as a member of its endowment fund committee.

She and her husband Rob have lived in town since 1994; she is an attorney practicing in the Law Office of Robert Berke, LLC. Robyn earned a BA from SUNY Albany and her JD from Hofstra Law School.

Patricia Cardozo

Candidate for Amity Regional Board of Education

Amity Board of Education incumbent Pat Cardozo has served on the district board since 2008, steering Amity Schools through a Superintendent transition, a wholesale shift in state testing protocol and most recently, installation of the innovative, alternative energy microgrid system.

Pat and her husband, Mica, have lived in Woodbridge for more than 20 years. Their daughters each attended public schools where Pat and Mica were fixtures throughout the girls’ standout volleyball and basketball careers.

Since she arrived, Pat has been a member of the Garden Club of Woodbridge and has also served on the town’s Library Commission.

“My husband and I moved to Woodbridge nearly 23 years ago for its outstanding public schools and its exceptional quality of life. As a realtor, I am

particularly attuned to the value of excellence in public education, which attracts so many newcomers to our town,” Cardozo said.

“As a two-term member of the Amity Board of Education it is a distinct honor to serve Woodbridge residents. Members of the board work well together to balance the needs of our high performing district with a cost conscious budget. As a member of the personnel and finance sub-committees I will continue working hard to realize cost savings and efficiencies for the taxpayer while providing the best possible educational experience for all students,” she added.

Pat works from the Woodbridge office of Coldwell Banker Residential Brokerage. She earned a BA in Communications from SCSU and an MBA in Marketing from UNH.

Ann Rubin

Candidate for Board of Tax Assessment Appeals

Current Board of Tax Assessment Appeals member Ann Rubin has served since 2013, and prior to that, served on the Board of Finance. She is a dedicated member of the Woodbridge community. Ann has served as a former member of the Woodbridge Charter Revision Commission, as well as the Woodbridge Library Commission. She

has also been a trustee at Congregation Mishkan Israel, and served as Executive Committee Chair for the New Haven Symphony Orchestra. Ann has a BA from Cornell University, and earned her JD from University of Connecticut. Ann is a trial attorney who has been recognized by Connecticut Magazine as a “Super Lawyer.”

Jeffrey Atwood

Candidate for Zoning Board of Appeals

Jeffrey Atwood has been a proud resident of Woodbridge for most of his life. He is a graduate of Amity High School, and then went on to Boston University where he met his lovely wife, Nancy. They have two children who attend Beecher Road School, and Jeff is active in his son’s Boy Scout Troop 63. Jeff credits the Amity school system for providing him with a solid foundation for college and his professional development. Jeff and Nancy actively chose to move back to

Woodbridge to ensure their family would have access to all the opportunities the town affords. They enjoy their neighborhood, Woodbridge Recreation Department, the Woodbridge Library, and the Country Club. Of course, they are also involved with the incredible community of Beecher Road School. Jeff is delighted with Woodbridge as his hometown, and as a Zoning Board of Appeals member looks forward to helping maintain the tradition and feel of Woodbridge.

Aldon Hynes

Candidate for Zoning Board of Appeals

Aldon Hynes has been very active in the Woodbridge community since moving here in 2007 with his wife Kim and their daughter Fiona. He currently serves on the Government Access Television Commission and has been a candidate for State Representative in the 114th Assembly District which includes all of Woodbridge.

Aldon is the Social Media Manager

for the Community Health Center headquartered in Middletown, CT and is a member of the Connecticut Health Foundation’s 2013 Health Leaders Fellowship Program. Aldon continuously seeks to find new ways to promote civic engagement in all parts of government, including local zoning discussions. Aldon attended the College of Wooster where he studied philosophy.

Henry Nusbaum

Candidate for Zoning Board of Appeals

Incumbent candidate for the Zoning Board of Appeals Henry J. Nusbaum, a physician at Bristol Hospital, is running for re-election in order to continue "to participate in making Woodbridge a better place to live by providing good governance," he says.

Dr. Nusbaum has lived in Woodbridge since 1999 with his wife Judith Mambler, a dentist and retired US Navy Captain. Their daughter Gabrielle is an Amity High School student. He also has two grown children, Josh

and Juliet.

He received his BS from Rensselaer Polytechnic Institute, his MS from the Polytechnic Institute of Brooklyn, his PhD from MIT, and his MD from Albany Medical College. He most recently received an MBA from UConn in May 2016. Dr. Nusbaum brings discerning analytical skills and great integrity to his current volunteer work on the ZBA where he has served since 2005, and prior to that on the Board of Tax Assessment Appeals.

Yonatan Zamir

Candidate for Zoning Board of Appeals Alternate

Yonatan Zamir is an attorney for the New Haven Legal Assistance Association. He graduated with a BA from the University of Illinois at Urbana-Champaign, and earned his JD from Hofstra University of Law.

He and his wife, Claire Coleman, actively decided to move to Woodbridge four years ago with their two young daughters who are now in 2nd grade at Beecher Road School, where his mother-in-law Diane King taught 3rd grade for many years.

Yonatin’s father-in-law was the late David King, former longtime Board of Finance member.

Yoni served on the Jewish Family Service Board from 2014-2015. Yoni believes that it is our obligation as citizens to participate actively in our democratic process, now more than ever. He insists we must shape our own destiny, so that we may better understand the needs of our local neighbors. As Zoning Board of Appeals Alternate he hopes to see this through.



WOODBIDGE REPUBLICAN CANDIDATES 2017

Tony Anastasio Candidate for First Selectman

Tony Anastasio is currently serving his fourth year on the Board of Selectmen and has been fully committed to his board seat and the Town of Woodbridge, dedicating countless hours and efforts to town affairs. He serves or has served as liaison to the Conservation, Commission-Use of Publicly Owned Property (CUPOP), Economic Development, Library, Recreation, and Town Plan & Zoning Commissions. He is also serving his fourth year on the three-member town Personnel Committee. In addition, Tony is very active in the Woodbridge Rotary where he has served the community for several years as a member and board member and is currently the President-Elect.

Tony and Lisa Oak met while they served as members of the Board of Directors of Big Brothers/Big Sisters, married in 1995 and started a family while living in Milford, where Lisa, after finishing law school, was President of Subway Real Estate Corp. After their second son was born, in 2002, they settled in Woodbridge. Raymond, their eldest, graduated from Amity High School and currently attends Bryant University; Robert is a senior at Amity. The boys are fifth generation Woodbridge residents. Along with Tony's parents, Anne and Tony Anastasio, Sr., and his sister Cheryl Anastasio, Tony and his family are active parishioners at Our Lady of the Assumption Church.

Tony is an alumni of Amity Regional High School Class of '83 and Niagara University Class of '87 where he earned a B.A. in Business including a major course of study in marketing and a minor in accounting. He obtained his Series 6 securities license in preparation to start a career in the financial services industry. In the fall of 1987, Tony began his career with John Hancock Financial Services at its New Haven/East Haven office. Soon after that, he obtained his Series 7 securities license allowing him to offer his clients a complete financial planning process utilizing a full range of financial products.

Over the span of 15 years within the



John Hancock family, Tony developed a substantial client base providing financial planning and advice on annuities, health and life insurance, mutual funds, stocks and other commodities. Tony spent much of his time concentrating in the area of Long Term Care Insurance, where he was awarded as a recognized expert in the field. He is now semi-retired.

Tony has been honored as a volunteer by Woodbridge Human Services Department and was named Woodbridge Volunteer of the Year in 2011. After spending over 12 years coaching for the Beth-Wood Father's Baseball League and Orange Babe Ruth League, he served additional years as a Board Advisor to help the 13 and over baseball leagues from Bethany, Orange and Woodbridge re-unite to play in one league for the first time in many years. Working with the Recreation Commission and Recreation Department, Tony helped to create the first Woodbridge Health Fair and Taste of Woodbridge. Tony also volunteers annually to help the Woodbridge Recreation Commission and Department with their annual 5K road race, as well as their work crews to prepare the Woodbridge Country Club pool before each season.

Tony has logged many hours on volunteer work parties assisting the Trail Master of Woodbridge to clean and clear our walking trails. As a Woodbridge Rotary Board Member, Tony has participated in Bethany Rid Litter Day, New Haven's West River clean-up, coat and clothing drives sponsored by New Haven area churches, and served meals at the New Haven Community Soup Kitchen and the Downtown Evening Soup Kitchen. He is the Woodbridge Rotary's (serving Bethany, Woodbridge and Westville area of New Haven) President Elect and has helped Rotary International raise money for many local, national, and international causes. Previously, Tony served as an Executive Board member of Big Brothers/Big Sisters of Southwestern Connecticut as well as on the Board of Directors for the New Haven County Red Cross.

Joe Dey Candidate for Board Of Selectmen

Joe first moved to Woodbridge in 1968 as a 12 year old. He attended Beecher Road School, Amity Middle School and graduated from Amity Regional High School in 1974. He earned a BS in Business Administration from UCONN and his JD, cum laude from Bridgeport School of Law, which is now Quinnipiac University School of Law.

Joe started a general law practice in Milford, where he lived after graduation. He married Deirdre (Gremmy) Smith and in 1992 they moved back to Woodbridge with their three year old daughter. Even though he kept his law practice in Milford, Joe knew that Woodbridge was where he wanted to raise their three daughters. Daron, Taylor and McKenzie went through the Beecher and Amity school systems.

In addition to practicing general law, Joe spent some time working in private industry as an international sales manager for Westwood Associates, and a national sales manager for sister company, ParcelPort, LLC.



Westwood Associates was a broker of printed circuit boards and ParcelPort, LLC was a related warehousing and logistics company. In 2011 he became a licensed property and casualty insurance agent and joined Danforth Associates, Inc. DBA George J. Smith & Son Insurance. Joe is Vice President of this family owned independent insurance agency in Milford.

Joe's professional and community involvement has been extensive. He is a member of the Connecticut Bar Association and Phi Beta Phi Law Fraternity and was elected into the Amity Regional Athletic Hall of Fame. In 2003, he was elected to the Amity Regional Board of Education where he served as Chairman of the Facilities Committee, which oversaw the three school \$90 million renovation project.

In addition he is currently a member of the United Way of Milford Board of Directors, the Milford Hospital Board of Corporators, and the Woodbridge Board of Selectmen.

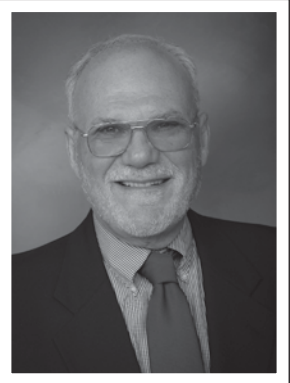
David A. Lober MD Candidate for Board Of Selectmen

David has been a Woodbridge resident since 1984, and a Connecticut resident since 1975. He is a retired board certified anesthesiologist who moved to Connecticut to join the medical staff at Yale New Haven Hospital after finishing his Naval tour of duty during the Vietnam conflict.

He attended Brooklyn College where he served on the Student Advisory Leadership Council, a liaison between the faculty and student organizations. He graduated from SUNY Downstate Medical Center and started training in surgery at the University of Florida, later switching to anesthesiology. After graduating he served as an instructor before reporting for active duty in the Navy.

At Yale, he became Director of Anesthesia at the Memorial Unit as well as Director of Obstetrical Anesthesiology where he was responsible for scheduling, nurse education, staffing and monthly coverage. He was also the medical liaison to the Lamaze Childbirth Education Program.

He left Yale for private practice at Temple Surgical Center, eventually becoming president of his corpora-



tion, helping to manage contracts, hiring, legal negotiations and salary decisions.

His wife, Felicia Lober, a lifelong Connecticut resident, is a nurse educator at Yale New Haven Hospital. He has sent four children through the Woodbridge and Amity school systems.

Dave has been a volunteer for several organizations throughout his years in Woodbridge, including Boy Scout Troop 907 as Assistant Scoutmaster, Habitat for Humanity, Our Lady of the Assumption Church home rehabilitation project, Downtown Evening Soup Kitchen, Columbus House, and Hurricane Sandy clean-up in Milford. In addition he has coached soccer, tee ball and Little League. Dave was also a board member of the Woodbridge Child Care Center and a member of an ad hoc committee to save the Country Club of Woodbridge.

For fun he sails, golfs, plays tennis, hikes, snow shoes, cross country skis, and fishes (fresh water, salt water and ice). He is an NRA certified Range Safety Officer and shotgun instructor and served as a volunteer for Boy Scout shooting events. He has built cabinets and a sailboat.



WOODBIDGE REPUBLICAN CANDIDATES 2017

Spencer Rubin

Candidate for Board Of Selectmen

Spencer Rubin is a life-long Woodbridge resident, attending the local public schools, graduating Amity Regional High School in 2009. Spencer was involved in many sports and was the Captain of the Amity Varsity Golf Team his junior and senior years.

As a golf lover, Spencer worked at the Woodbridge Country Club and later when it became The Country Club of Woodbridge. His career began at age twelve working as a caddie and later becoming the Outside Operations Manager.

Spencer earned his BS in Political Science from Southern Connecticut State University in 2013. He applied his degree working for the state's largest government relations and political consulting firm, Gaffney Bennett Associates (GBA), which is continually rated as one of the top firms of its kind in the state.

His experience at GBA led him to work on a top congressional election race in Connecticut's 5th District. Subsequently, Spencer went on to work for



The Connecticut House Republican Caucus as an Outreach Coordinator for State Representative Themis Klarides and 13 additional State Representatives from New Haven and Fairfield Counties. Currently, Spencer is Press Secretary for six state representatives helping them keep their constituencies in

the know of all matters and issues impacting their local districts. As a hobby, Spencer volunteers for local elected officials and candidates during election campaigns providing strategic strategies and communications.

At an early age, Spencer learned the importance of giving back to his community. He joined the Republican Town Committee during college, and in 2013 was elected as an Alternate Member of the Woodbridge Zoning Board of Appeals. Spencer is also a Board Member of the Woodbridge Rotary Club and President-elect for 2018. Spencer also serves on the Connecticut Young Republicans Board of Directors.

Steven J. Fleischman, M.D.

Candidate for Woodbridge Board of Education

Steven J. Fleischman M.D. is seeking his third term on the Woodbridge Board of Education. After graduating from Washington University and Albany Medical College, Steve completed his residency in Obstetrics and Gynecology at Yale New Haven Hospital. He and his wife, Andrea, have lived in Woodbridge since 2004. Andrea attended Beecher Road School and is a Math teacher at Amity Middle School, Bethany. They have four children, Samantha, Julie, Zoe and Adam. Samantha and Julie attended Beecher Road School and are now at Amity Regional High School. Zoe and Adam are currently at Beecher Road School.

Steve is in private practice with Obstetrics, Gynecology & Menopause Physicians, PC with several locations in the New Haven area. He is also Associate

Chief of the Department of Obstetrics and Gynecology at Yale New Haven Hospital and an Associate Clinical Professor at Yale University School of Medicine, Department of Obstetrics, Gynecology and Reproductive Sciences, where he is actively involved in both resident and medical student education.

In addition to his local leadership roles in medicine, Steve is involved regionally and nationally as Chair of the American Congress of Obstetricians and Gynecologists Delegation to the American Medical Association and serves on the twelve member board of AMPAC, the Federal Political Action Committee of the AMA.

Steve is currently Chair of the Jewish Foundation of Greater New Haven, on the executive committee of the Jewish Federation of Greater New Haven and President of Congregation B'nai Jacob.

Jeff Hughes

Candidate for Woodbridge Board of Education

Jeff Hughes, candidate for Woodbridge Board of Education, was raised in Derby. He graduated from Notre Dame High School in West Haven. In 2002 he earned dual Bachelor of Science degrees in Horticulture and Agronomy from UCONN Storrs. He met his future wife Jen at Delaney's in New Haven. When they decided it was time to settle down and have children, they scouted area towns and decided a top flight school system was their priority. Residents of Woodbridge for five years, their son is now a student at Beecher Road School and their daughter is waiting her turn. Jeff and Jen plan for their kids to go all the way through Amity schools.

Jeff always worked while in high school and college. His love of horticulture

has kept him involved with several landscaping and construction businesses both as an employee and as an owner operator. He continues to work as a property owner/manager in addition to his current job at Yale University.

Jeff worked his way through the ranks of Yale, starting as an assistant manager in the dining halls. He is now Area Manager at Yale University with oversight of 92 Yale properties. His job involves overseeing all programmatic and capital improvement projects while managing a team of 4 superintendents and 75 union employees. He is currently involved in contract negotiations, and was on the interview committee to hire 2 new directors, one of facilities and one of grounds maintenance.

Paul A. Testa, Esq.

Candidate for Woodbridge Board of Education

Paul, as a lifelong resident of Woodbridge, attended Beecher Road School and the Amity Regional Schools. He and his wife Stephanie have three children who are the third generation of the Testa family involved at Beecher Road School. Lesley Testa, Paul's mother, is a long time employee.

Paul earned his BS, magna cum laude from Quinnipiac University and his JD, magna cum laude from Quinnipiac University School of Law. He practices labor and employment law as an Associate at the law firm of Littler Mendelson, P.C. in New Haven. He was previously

an Associate at the law firm of Siegel, O'Connor, O'Donnell & Beck, P.C. in Hartford. He has several articles published in the Connecticut Law Tribune, Law360.com and various Littler publications.

He is a member of the Connecticut, Florida and Massachusetts bars, the U.S. District Court, District of Connecticut and the U.S. Court of Appeals, Second Circuit.

He is a member of the Board of Directors of Beth Wood Baseball League and has been a team manager for the past 5 years.

Robert Rosasco III

Candidate for Amity Regional Board of Education

Robert Rosasco III, candidate for the Amity Board of Education, has been a Woodbridge resident since 2011. He lives here with his wife Sarah and young daughter. When looking to settle down in Connecticut, he and his wife knew there were excellent schools in the state, but the excellence of Beecher Road School and Amity Regional Schools combined with Woodbridge's quiet setting, parks and trails sealed the deal.

As a father of a future Woodbridge/Amity student, Rob hopes the top notch education for his daughter can remain with a mindfulness of the present and future tax burden upon its residents.

Rob is an attorney practicing patent and commercial law for a U.S. company and as such, knows where to look for savings and how to restructure spending without sacrificing results. As a former Division I athlete, he also knows the importance of teamwork and thinks that he can facilitate cooperation to push through difficult decisions towards the best path forward.

As a graduate of a Connecticut Region 15 high school with several relatives that are students and teachers in Connecticut and other New England towns, he has a good grasp on the benchmarks that Amity must meet to remain one of the top rated school systems.

VOTE
MONDAY, MAY 1ST



WOODBIDGE REPUBLICAN CANDIDATES 2017

Harold Smullen

Candidate for Amity Regional Board of Education

26-year Woodbridge resident; Amity Regional High School graduate; Married to Roxanne Smullen; BS, Political Science, SCSU; Currently retired; previously Director Technical Support, Fiserve, Inc.; Former Clerk, Connecticut State Legislature Banking Committee; Formerly assigned to the Judiciary Committee and Planning and Development

Committee for special projects; Former Chair, Woodbridge CUPOP (Use of Publically Owned Properties Commission); Former Member, Massaro Farms Use Advisory Committee; Northeast Utilities (now Eversource) Tower Upgrade Project liaison to Board of Selectmen; and Firehouse Advisory Committee.

Beth Walter

Candidate for Board of Assessment Appeals

Beth grew up in Woodbridge, daughter of Deacon Joe and Gae Borland. The Borlands were active in town, especially Gae who, besides being a teacher at Beecher Road School for over 30 years, held positions on many boards and commissions. Beth has taken up the baton from her mother, serving on several boards and commissions herself.

Beth graduated from Sacred Heart Academy and Boston College, ultimately becoming a CPA. After marrying Mike Walter, they returned to Woodbridge in 1990 to raise their 3 children, all of whom attended Beecher Road School and graduated from Amity Regional High School. Son Joe graduated from the USNA, Annapolis and is a Lieutenant in the United States Navy stationed at Pearl Harbor. Daughter Katie graduated from Southern Connecticut State University

and as an elementary school teacher lives in Ulsan, South Korea teaching English. Erin lives and works in Santa Cruz, CA. Husband Mike, is a retired Real Estate Agent, former Scout Master for Boy Scout Troop 63. He has been the volunteer Trail Master for the Woodbridge Blue Trail system since 2000.

Beth, a member of the Connecticut State Society of CPAs, works in private industry serving a family that owns multiple businesses throughout the state. She was formerly Treasurer of The Woodbridge Land Trust, a member of the Woodbridge Finance Committee and a Board Member of The Woodbridge Club. She is a parishioner of St. Aedan and St. Brendan Church in New Haven, where she serves on the Liturgy Committee, and formerly served as a member of St. Aedan's Finance Council.

Mary Hill

Candidate for Zoning Board of Appeals

Mary Hill moved to Woodbridge in 1989 with her husband Bob Hill and their 3 young children, Son Justin is now 22, Alexandra is 21 and Christine is 19. Mary chose to be a stay at home mom and as the children progressed through Beecher Road School, and Amity Regional Schools, Mary joined the ranks of parent volunteers. She was a room parent yearly at Beecher Road School for each of the children and was known for those 'special' Mother's Day and holiday projects, including the annual made from scratch gingerbread house project.

She volunteered on the Beecher PTO, serving terms as Co-President, Fundraising Chair and Appropriations Chair. She worked numerous book sales and Halloween Hoots.

She continued her volunteer work outside of the education setting as a Girl Scout Leader for both of her daughters' troops for 12 years and was involved in her son's Cub Scout troop. During the summers she served as a Girl Scout Summer Camp Leader at Camp An-Se-Ox and a Cub Scout Camp Leader at Eisenhower Park.

As the children reached middle school age, Mary returned to her pre-parent

career in Health Care Management as a billing and coding specialist at Yale New Haven Hospital, Director of Patient Financial Services at Milford Hospital and presently as Charge Master Specialist at St. Vincent's Hospital.

Although no longer on the forefront of volunteering she continued to be involved, traveling throughout New England most weekends for her children's sports competitions throughout their grade school and high school years.

Mary has served the town directly as a member of the Superintendent's Search Committee at Beecher Road School and on the committee to hire new teachers. She has volunteered on the Woodridge Road Race Ad Hoc Committee, is a Commission Member of the WGATV.

In her spare time, Mary taught Religious Education, was a leader of Children's Liturgy and Leader of Vacation Bible School for many years at Our Lady of the Assumption Church. She has also volunteered at the New Haven Soup Kitchen.

"As a Member of the Zoning Board of Appeals I will thoroughly and appropriately review applications and make educated decisions that would preserve the character of the town of Woodbridge."

Kim Giangrande

Candidate for Zoning Board of Appeals

Kim grew up in Hamden and has been a Woodbridge resident since 2002. She is married to Bill Giangrande and has three children. Son Hunter DeFrank is a freshman at UCONN, daughter Spencer DeFrank is a senior at Amity Regional High School and daughter Gianna Giangrande is a 6th grader at Beecher Road School.

Kim earned her BS, MSM and MBA from Albertus Magnus College. She is an executive level Human Resource Consultant with IntuitiveHR, LLC a small but environmentally sensitive company. It strives to be completely paperless and clients are urged to move in the same direction.

As a Strategic Human Resource Professional, Kim uses her extensive senior executive experience to develop Human Resource infrastructure from the foundational level to support the strategic direction and cultural aspirations of an organization. She combines her past experiences in customer service and

business operations with her human resources knowledge to create programs that foster engagement by balancing corporate goals with employee interests.

With dual certifications in Senior Professional Human Resources (SPHR) and Global Professional Human Resources (GPHR) from the Human Resource Certification Institute Kim has mastered the body of knowledge in the field of HR. In recognition of her senior level contribution to the Human Resource field, Kim was selected by Thomson West Aspatore Publishing to be represented in their Inside the Minds series. She has also written several ExecBlueprints articles.

In addition to her professional consulting, Kim is an Adjunct Professor at the University of New Haven in its MBA program. Kim has volunteered in her children's classrooms and as a Girl Scout Leader. She is now ready to volunteer at the town level, hoping to maintain the qualities of Woodbridge that her family found so attractive.

Wanda Luciani-Kesses

Candidate for Zoning Board of Appeals

Wanda is a lifelong resident of Woodbridge. In fact her family can trace their roots in Woodbridge back to the late 1800s. She started grade school at Center School and finished at Beecher Road School, continuing through and graduating from Amity Regional High School. She attended American University in Washington, D.C. earning a BS in Visual Communications. Wanda worked in the corporate sector for CBS and ABC for seven years before retiring to raise 3 children with husband of 31 years, Steven Kesses. Their son Kyle and daughters Kasey and Kortney all attended Beecher Road School and graduated from Amity.

Although Wanda 'retired' from the corporate world to be home with her kids, she kept busy. She and her cousin

purchased 25 acres to develop a subdivision in Woodbridge. To kick off the project Wanda first drew her own blueprints and acted as General Contractor to build her current home on Nettleton Road. She then continued to work with town hall, engineers and a developer to extend and develop the rest of the Nettleton Road area. Once that project was completed, Wanda drew blueprints and built one more house in Woodbridge. Currently she works on new home and remodeling design projects, as well as landscape design projects.

As a member of Our Lady of the Assumption Church, she has taught CCD for the past eighteen years, has served as a Lector and on the Parish Council Committee.

Robert A. Wiznia, MD

Candidate for Zoning Board of Appeals Alternate

Bob and his wife Carolann have lived in Woodbridge for 37 years. All three of their children attended Beecher Road School and graduated from Amity Regional High School.

Bob graduated from Yale University and the NYU School of Medicine. He completed his internship at Montefiore Hospital in New York and his residency in ophthalmology at Tufts University in Boston. His vitreoretinal fellowship was completed at the Medical College of Wisconsin.

Professionally, Bob has a private ophthalmology practice specializing in vitreoretinal diseases in New Haven. He is an Attending Ophthalmologist at Yale New Haven Hospital, a Consultant in Ophthalmology at Griffin Hospital, an Associate Clinical Professor of Oph-

thalmology and Visual Science at Yale University School of Medicine and an Assistant Clinical Professor of Surgery (Ophthalmology) at UCONN School of Medicine. Bob is a Member and Past President of the Board of Governors of the NYU School of Medicine. He is a Fellow of Ezra Stiles College of Yale University.

Bob is a long time member of the Woodbridge Republican Town Committee. He has participated for many years in the Amity High School College Fair and has interviewed numerous Amity students on behalf of Yale University.

Bob successfully applied for forest and open space designations for land in Woodbridge. This effort allowed him to gain extensive knowledge of the Woodbridge Zoning and Wetlands regulations.

WOODBRIDGE ELECTION 2017: LETTERS

What is the Most Important Issue Facing Woodbridge?

Woodbridge municipal elections are approaching rapidly; Monday May 1, 2017. Each of us should be asking: “What is the most important issue for our town today?” In today’s difficult fiscal climate we must have leaders with a strong financial background. This is the only way to turn our town around economically. Tony Anastasio has a proven financial background as a successful business owner and financial planner. Currently Tony is Woodbridge’s “Everywhere Man”. In his capacity as a Board of Selectmen Member, Tony ensures he has all the facts and details to make sound decisions. He is always willing to take the time to listen to his constituents and looks for sensible solutions to the issues which face our town. He is extremely visible, attending board and commission meetings as well as supporting local non-profit organizations. He will continue to be present and diligent as our next First Selectman.

It is time for Woodbridge to have a change in leadership and Tony Anastasio is the person for the job.

Cynthia Gibbons

Heller is a Capable, Effective Dedicated Public Servant

Voters itching to resist Donald Trump locally have a low-cost, high impact option in town elections Monday, May 1. Beth Heller is a capable, effective, dedicated public servant and has been for decades. Beth Heller’s entire slate of candidates reflects her genuine commitment to what’s best for Woodbridge.

Conversely, consider the recent, aggressive record of town Republicans and gauge similarities with their Washington counterparts:

They tried to shut down and hijack Woodbridge government in 2015 with boycotts meant to prevent duly vetted and nominated residents from serving on boards and commissions. Their ‘party first’ priorities are now on the ballot Monday, May 1.

They jettisoned a moderate faction of local Republicans 90 days ago in favor of this self-proclaimed ‘Real Republican’ candidate and his like-minded ‘team’.

The Republican slate nominated 90 days ago featured all men and no women – and ignored the rest of the town’s rich

and diverse talent pool. Only after-the-fact were a few women added to the under-ticket.

Just like Donald Trump, who started his re-election campaign on Inauguration Day, the Woodbridge Republican leader started his campaign last summer already, 6 months early, after only 3 years in office, tainting every vote cast with politics and signaling a preference to control the town rather than serve it.

Just like Washington Republicans, Woodbridge Republicans have done nothing to refute the Trump administration and its reckless, relentless assault on Meals on Wheels, the National Park Service, the E.P.A., public education, and Social Security.

Voters who demand a balanced approach to government, who want respect for all residents, perspectives, and ideas, and who cherish the notion of time-honored, selfless public service will be best served in Woodbridge by Beth Heller and her experienced, accomplished, hard-working co-candidates.

On Monday, May 1, Woodbridge voters should reject what’s happening at the national level and preserve a town government that accurately reflects this open-minded, optimistic community. Voters should choose Beth Heller and her slate Monday, May 1.

Laurence Grotheer

Anastasio is a Needed Agent of Change

As Woodbridge voters contemplate the upcoming election, I urge them to bear in mind: our taxes have been increasing yearly to the point where the mil rate approaches 40; real property values continue to be depressed, unlike many other area towns; the CCW property challenge is unresolved after 8 years and millions spent; the Bradley Road Tract remains undeveloped, and town debt is at the top end of any reasonable limit. We all go about our daily business to the point where much of this goes unnoticed, but this direction is untenable. Business as usual, continuity as some will call it, will not serve our future well. It is time for a change and, for me, the agent of change is Tony Anastasio.

Tony has a long and accomplished resume of community service in Woodbridge, including: Volunteer of the Year in 2012; president-elect of the Woodbridge

Rotary Club; long-time Woodbridge, Bethany and Orange youth baseball league coach, and youth services volunteer for many years. Even more significant, Tony is a two-term member of the Board of Selectmen. He is aware of the challenges facing Woodbridge voters. He knows our town and how town government works, and doesn’t work. Tony has spent his working career in the financial industry and is eminently qualified to manage town departments and preside over town finances and budgets. Tony is a man of integrity, dedication and action, and has shown a capability to work in a non-partisan fashion-strong traits essential to resolve problems and bring about change.

On May 1, there is only one clear choice for the First Selectman who will lead Woodbridge in a new direction. That person is Tony Anastasio.

Dorothy Martino

Heller Has Over 17 Years of Much Needed Experience

On Monday, May 1, when voters choose the candidate best-suited to guide Woodbridge through challenging financial times, they should remember that Beth Heller has had over 17 years’ experience as a key participant in the town’s budget process.

As Registrar of Voters (for 9 years) and as chairman of the Board of Fire Commissioners (for 9 years) Beth prepared departmental budgets and presented, justified, and advocated for those budget requests. She brings extensive know-how in tight budget construction with the ability to rigorously detail its contents and advocate successfully before the Boards of Selectmen and Finance.

As a member of the Board of Selectmen (for 8 years) Beth has seen the town from the other side, providing critical but respectful review over budget proposals, advocating for investments consistent with the Town’s values. As an example of Beth’s creative budgeting ability, she recently led the successful effort to secure a \$400,000 state grant to renovate the District Animal Shelter.

As First Selectman, Beth will persist with priorities honed over 20 years in public service: public education, public safety, and essential town services, all to preserve the quality of life we’ve come to appreciate in town. I’ve known Beth Heller throughout these past 20 years. She has the experience, tempera-

ment, and vision to lead the town going forward.

Mary Leigh Sabshin

Anastasio Deserves Our Vote?

Woodbridge resident Cynthia Gibbons argues that candidate Tony Anastasio deserves our vote as First Selectman because of his “proven financial background as a successful business owner and financial planner”. Mr. Anastasio has been a member of the Board of Selectmen for 4 years. During that period it is hard to find a single example of fiscal leadership or novel direction from Mr. Anastasio, and it is telling that Ms. Gibbons could not find one either. In fact, as a member of the Board of Selectmen, Mr. Anastasio has voted with the majority to approve every Town budget throughout his four-year tenure.

Regarding Mr. Anastasio’s “proven financial background”, Ms. Gibbons should elaborate. Mr. Anastasio’s resume notes a BS in business administration from Niagara University and past experience as an “Investment Broker” at John Hancock. Mr. Anastasio’s published resume lists no business ownership, successful or otherwise, and no certification as a financial planner or registration as an investment broker. The Financial Industry Regulatory Authority (FINRA) shows no record of Mr. Anastasio as regulated broker or investment advisor now or in the past. The State of Connecticut has no record of Mr. Anastasio as a registered investment advisor.

Ben Silver

Heller Has the Best Skills to Lead

Beth and Tony are both good people, but we need to choose a First Selectman with the most experience and competence. We are told that Tony, the Republican candidate, understands “business” and has an ear for “finance”. To those of us who watch or attend Board of Selectmen meetings, the reality is that Tony Anastasio echoes back what other people – other Selectmen, presenters, professionals, or staff – have just said. It’s an illusion of competence. Conversely, Beth has over 25 years of experience in municipal governance in Woodbridge and has proved her competence over and over again. Yes, Beth Heller has the skills to bring out the best in this community and the imagination to lead us into the future.

Bobbi Griffith

SAMPLE BALLOT

OFFICE → PARTY ↓	1	2	3	4	5	6	7	8	9	10	11	12	13	14
	First Selectman Vote for One	Selectmen Vote for Any Three			Board of Education Vote for Any Three			Board of Assessment Appeals Vote for One	Zoning Board of Appeals Vote for Any Three			Zoning Board of Appeals Alternate Vote for One	Regional Board of Education Vote for Any Two	
DEMOCRATIC PARTY	<input type="radio"/> 1A Beth Heller	<input type="radio"/> 2A Teri Schatz	<input type="radio"/> 3A Joe Crisco	<input type="radio"/> 4A Mica Cardozo	<input type="radio"/> 5A John N. Vultee	<input type="radio"/> 6A Nancy Yao Maasbach	<input type="radio"/> 7A Maegan Genovese	<input type="radio"/> 8A Ann Rubin	<input type="radio"/> 9A Jeffrey Atwood	<input type="radio"/> 10A Aldon Hynes	<input type="radio"/> 11A Henry Nusbaum	<input type="radio"/> 12A Yonatan Zamir	<input type="radio"/> 13A Robyn Berke	<input type="radio"/> 14A Patricia Cardozo
REPUBLICAN PARTY	<input type="radio"/> 1B Tony Anastasio	<input type="radio"/> 2B Dave Lober	<input type="radio"/> 3B Spencer K. Rubin	<input type="radio"/> 4B Joe Dey	<input type="radio"/> 5B Steven Fleischman	<input type="radio"/> 6B Jeff Hughes	<input type="radio"/> 7B Paul A. Testa	<input type="radio"/> 8B Beth Walter	<input type="radio"/> 9B Wanda Luciani-Kesses	<input type="radio"/> 10B Kim Giangrande	<input type="radio"/> 11B Mary Hill	<input type="radio"/> 12B Robert Wiznia	<input type="radio"/> 13B Harold Smullen	<input type="radio"/> 14B Robert F. Rosasco III
WRITE-IN VOTES	<input type="radio"/> 1C	<input type="radio"/> 2C	<input type="radio"/> 3C	<input type="radio"/> 4C	<input type="radio"/> 5C	<input type="radio"/> 6C	<input type="radio"/> 7C	<input type="radio"/> 8C	<input type="radio"/> 9C	<input type="radio"/> 10C	<input type="radio"/> 11C	<input type="radio"/> 12C	<input type="radio"/> 13C	<input type="radio"/> 14C

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BULLETIN BOARD

Please Note: If you have an event for the Bulletin Board, please send it along no matter how far in advance it is. We will include it in the appropriate issue(s) until the event has taken place.

Boy Scout Troop 63, meetings Monday nights 7:00pm-8:30pm, Our Lady of the Assumption "Mother" Church, 1700 Litchfield Turnpike (Route 63), Woodbridge; September-April and May-June outdoors at Camp Whiting, all boys ages 10 and up or who have completed the fifth grade are welcome to stop by and see what we're all about. For more information, visit <http://www.troop963.org> or email Troop63CT@gmail.com.

Woodbridge Republican Town Committee Meetings, second Tuesday of each month, 7:30pm, Center Cafeteria. Visitors welcome and we urge you to join us. For information, go to www.woodbridgegov.org.

Alzheimer's Community Caregivers Support Group, 2nd Thursday of the month, 5:00pm, Arden House, Conference Room, 850 Mix Avenue, Hamden. Call Maria Paduano, Program Director to RSVP or for more information at 203-281-3500, ext. 7669; www.geneshihcc.com.

Woodbridge Rotary Club Meetings, 1st and 3rd Fridays of the month, 7:30am breakfast meeting, Country Corner Diner, 756 Amity Road, Bethany and the 2nd and 4th Friday of the month, 12:15pm luncheon meeting, Woodbridge Social, 12 Selden Street, Woodbridge. Anyone interested in learning more about Rotary should contact Anna Dickerson, 203-710-0223 or annadickerson@yahoo.com.

Trap Falls Kennel Club Obedience Classes, every level, AKC STAR Puppy (obedience for dogs under 12 months) and Family Manners Classes/Obedience & Canine Good Citizen; Wednesday and Thursday evenings, Pawz for Wellness in Shelton. For registration and/or information, call 203-450-9485 or email tfkctraining@gmail.com. Trap Falls Kennel Club is a non-profit member club of the American Kennel Club (AKC).

Trinity Church, Join us for Sunday School for all ages at 9:10am and Worship Service at 10:30am, 33 Center Road, Woodbridge. Visit www.trinityefc.com or call 203-387-4711 x10 to learn more.

Ansonia Nature Center Events, 10 Deerfield Road, Ansonia; call 203-736-1053 to register for all events.

Continuum of Care Needs Caregivers, Would you like to make a difference in someone's life as a caregiver? Continuum Help at Home is currently looking for individuals to work as a Homemaker, Companion, or Personal Care Attendant. We have full-time, part-time and live-in positions available. Visit www.continuumct.org/events to register and download an application.

Clothing Drive To Benefit Boy Scout Troop 115 Of Naugatuck, Naugatuck Town Green, Saturday, April 29, 2017, 10:00am-2:00pm; accepting new or used clothing, shoes, handbags, linens, baby items, toys; for large pick-ups or more information, please contact Venessa at 203-437-1002 or see our event page <https://www.facebook.com/events/676920979178487/>.

Ladies Night at Woodbridge Running Company, Thursday, May 4, 2017, 6:30pm, 7 Landin Street, Woodbridge. Grab your friends and join us for a girls-only evening of great food & drinks, great presenters, great info, and great giveaways! More info at crdrunner@yahoo.com or (203) 387-8704.

Friends of the Wolcott Library Spring Book Sale, Friday, May 19, 2017, 10:00am-5:00pm and Saturday, May 20, 2017, 10:00am-2:00pm, 469 Bound Line Road, Wolcott, downstairs meeting rooms, free admission. For more information, call 203-879-8110.

Bethany Volunteer Fire Dept. & Auxiliary 10th Annual Car, Truck and Bike Show, Saturday, June 10, 2017, 12pm - 4pm, 765 Amity Road (Route 63) the firehouse back parking lot (paved), \$10 Parking (carload); show vehicles can enter at 11am (\$10 entry fee), Antique Cars/Trucks, Muscle Cars, Motorcycles, Big Trucks all welcomed; People's Choice Judging. Trophies and 50/50 raffle announced at 3:30pm - LOTS of categories; Sausage and Peppers, Cheeseburgers, Hamburgers, Hot Dogs and ice cream. Sponsored by Laticrete International, benefiting the Bethany Volunteer Fire Dept. and Auxiliary. Bring your chairs & blankets and come have fun! Any questions, please call 203-410-2602 / 203-954-8597 or log onto www.bethanyfirect.com.



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Q: Whatever happened to the TV series “**Doubt**” with **Elliot Gould**? It appeared on CBS several months ago. I watched a few episodes and it just disappeared. --Valerie M., via email

A: CBS pulled the legal/suspense drama -- which also starred **Katherine Heigl, Steven Pasquale** and **Laverne Cox** -- after just two episodes due to low ratings. There are 13 episodes in the can for the series, but as of this writing there has been no word as to if/when CBS will air the remaining 11 episodes.

Q: Is “**Nashville**” off the air permanently now that **Connie Britton’s** character has died? If not, where can it be found? -- Barbara E., Knoxville, Illinois

A: “Nashville” will return to CMT after its hiatus with the back half of season five. And exact midseason premiere date has not yet been announced. Joining the cast are **Rachel Bilson** (“**The O.C.**”) and **Kaitlin Doubleday** (“**Empire**”); however, what roles they will play in the ensemble piece is still a mystery.

While we are all sad about Rayna James’ death, the show has a slew of other talented actors and singers with interesting storylines, and I can’t wait to see how they’ll be resolved. How will Juliette’s new career in gospel music go? And who is the father of Scarlett’s baby, Gunnar or Damien? In more “Nashville” news, CMT also announced that it has been picked up for a 16-episode sixth season.

Q: I have been enthralled by ABC’s “**Time After Time**” and can’t wait to see what will happen next, but I haven’t seen it on the schedule these past few



Elliot Gould [Timothy Kuratek/CBS]

weeks. Will it be back? -- Gina R., via email

A: I also love this show and was heartbroken to read that ABC decided to pull the series (for the dreaded “low ratings”) after only five episodes. So many unanswered questions. Will H.G. Wells (**Fred Stroma**) ever capture Jack the Ripper (**Josh Bowman**)? Will H.G. and Jane (**Genesis Rodriguez**) live happily ever after? Will Griffin (**Will Chase**) and Brooke (**Jennifer Ferrin**) successfully get revenge on Vanessa (**Nicole Ari Parker**)? We’ll just have to imagine our own endings, I suppose.

Q: Will “**The Night Manager**” be back for another season, or is this a one-and-done kind of series? — Lee F. in Georgia

A: Although intended as a one-off series, there has been talk of a possible season two. The BBC (which originally produced and aired the series in the U.K.; AMC is the network for us Americans) told “The Hollywood Reporter”: “The Ink Factory, BBC and AMC are in the early stages of developing a potential second series of ‘The Night Manager,’ but nothing is definite yet, and we have nothing to announce.” Director **Susanne Bier** also confirmed that a script for a possible season two was “slowly being adapted.” So there is a ray of hope in those statements, and you can bet I’ll have my fingers crossed for more of the spy drama.

Write to Cindy at King Features Weekly Service, 628 Virginia Drive, Orlando, FL 32803; or e-mail her at letters@cindy-elavsky.com.



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LOCAL BUSINESS ROUNDUP



Michael Demetriades



Lindsay Richard

TWO AT A.P.T. RECENTLY BOARD CERTIFIED FOR ACUPUNCTURE

Michael Demetriades DPT CAP and Lindsay Richard DPT CAP have just been board certified as Acupuncture Practitioners at Amity Physical Therapy. Michael Dow, MSPT and CEO/Clinical Director, and founder of the practice, lauded both clinicians for their certifications.

“Both Michael and Lindsay are outstanding therapists,” he commented. “And both have been with our practice for years. This certification as Acupuncture Practitioners adds a new dimension to their already proven talents.”

Demetriades, a Branford resident, is Associate Clinical Director in the Branford office; Lindsay is a therapist assigned to the Hamden office. Dow continued, “Research has demonstrated

a wide range of positive affects through the use of acupuncture for treatment of both acute and chronic conditions that include neck and back pain, arm and leg pain, vertigo, fatigue, anxiety, insomnia, and high blood pressure among many other symptoms”. He concluded, “Most any painful symptom can be relieved with acupuncture in conjunction with other medical treatment, in particular physical therapy”.

Amity Physical Therapy was founded by Michael Dow MSPT twelve years ago. It now maintains three offices: Woodbridge, Hamden and Branford. Michael Demetriades can be reached in Branford at 203-433-4683. Lindsay Richard’s contact in Hamden is 203-691-6248. Or visit amitypt.com.

NUTMEG TOASTMASTERS TO HOST OPEN HOUSE

Nutmeg Toastmasters invites the public to its open house to meet members and learn about the importance of communication skills for today’s professional. “Our organization provides a supportive and positive environment where members have the opportunity to develop their communication and leadership skills,” says Richard Peck, Club President for Nutmeg Toastmasters.

Founded in 1949, Nutmeg Toastmasters has the distinction of being the oldest Toastmasters club in Connecticut. The club welcomes prospective speakers of all levels, from novice to professional, and helps members meet their individually set goals.

The open house provides an opportunity to interact with club members, ask questions, and learn how a typical meeting is conducted. Nutmeg Toastmasters Open House is on Tuesday, May 2, 2017 at Willows Care and Rehab Center, 225 Amity Road, Woodbridge, CT, 7:00-9:00 p.m. The event is free to

the public.

For more information, contact the club through its website, 764.toastmastersclubs.org.

Nutmeg Toastmasters regularly meets the first and third Tuesday each month, 7:00-9:00 p.m., at the Willows Care and Rehab Center, 225 Amity Road, Woodbridge, CT. Drop-ins are always welcome.

Toastmasters International is a worldwide nonprofit educational organization that empowers individuals to become more effective communicators and leaders. Headquartered in Rancho Santa Margarita, Calif., the organization’s membership exceeds 345,000 in more than 15,900 clubs in 142 countries. Since 1924, Toastmasters International has helped people from diverse backgrounds become more confident speakers, communicators and leaders.

For information about local Toastmasters clubs, please visit www.toastmasters.org. Follow @Toastmasters on Twitter.



SCALETAR VISITS HOME BASED BUSINESS

Recently First Selectman Ellen Scalettar visited two home-based businesses, Susan Lettelleir’s Beautycounter and Sweet Seidners. The First Selectman has been visiting local businesses to highlight them as part of the “Shop Woodbridge, Dine Woodbridge, Try Woodbridge” campaign.

“In Woodbridge we are lucky to have so many entrepreneurs with home-based businesses,” said Scalettar. “It is always my hope that home-based businesses, like the two I recently visited, are able to flourish and outgrow their home office.”

Sweet Seidner’s is a Woodbridge-based online business that bakes and ships made-to-order cookies and treats anywhere in the United States from a certified kosher (dairy) kitchen. Jodi Seidner has been baking since she was young and always dreamed of having her own bakery. About six years ago when her niece went away to college, Seidner sent her two dozen cookies every month for a year. “She was a shy girl and I wanted to help her make friends at school. What college student would say no when asked, ‘Would you like a cookie?’” Seidner said. It became her go-to graduation gift for students heading off to college. “The feedback was so positive that I realized there is a business opportunity here.”

Seidner bakes Mondays through Thursday and tries to ship her cookies the same day they are made because she does not use preservatives. She ships via USPS Priority Mail, and the cookies arrive within two business days. On any given day Seidner can bake as many as 120 dozen cookies. Because Seidner has been baking since she was a child, her recipes are well developed. She has been baking one cookie bar in particular, the Jack’ed Chocolate Chip bar, named after her husband, for over 20 years. Seidner offers 14 varieties of cookies, four cookie

bars, and specialty treats including some traditional Jewish favorites like hamantaschen, macaroons and rugelach. She promises that chocolate babka will be available soon.

Seidner’s background is in engineering and she has an MBA in marketing and finance. She uses those skills in her business today. Engineering, she says, helps with critical thinking and understanding the chemistry of baking; marketing helps build the brand and spread the word about her growing business. Her five year plan is to find a commercial space in Woodbridge.

In addition to traditional home-baked cookies for delivery, Seidner also makes decorated cookies for wedding favors, bridal shower favors and other special events.

Although her business is focused on mail-order sales Woodbridge residents can also find her cookies for sale at The Write Approach on 245 Amity Road in Woodbridge and the farmers’ market. For more information or to place an order, visit SweetSeidners.com.

Susan Lettelleir was always conscientious of what she ate, especially once she was pregnant. While pregnant she was shopping for sunscreen and “I realized that what I put on my body is as important as what I put in my body.”

After her son was born she met another young mother at the Woodbridge Town Library. As they got to know each other, they shared personal health information – Lettelleir is a breast cancer survivor – and the other mother introduced Lettelleir to Beautycounter products. “I liked the products so much that she encouraged me to sell them,” said Lettelleir. The other mother had been selling Beautycounter products at the Library’s farmers’ market (she has

LOCAL BUSINESS

“Home Based” continued from Page 20 since moved away). Lettelleir is considering doing the same this summer.

Beautycounter is a skincare line focused on getting safer products into the hands of everyone. The company lobbies Congress to “clean up” cosmetics. Congress hasn’t passed a major law over the cosmetic industry since 1938; in contrast the European Union has banned or restricted almost 1,400 chemicals from cosmetics. Beautycounter has a list of 1,500 chemicals that it will never use in its products.

The products cost “no more than what I was spending at Clinique or Sephora and they last such a long time because they’re more concentrated and you don’t

need to use much,” she says. Products include cleansers, masks, makeup, sunscreen, moisturizers and more. Despite her passion for the product, selling beauty products is not Lettelleir’s full-time job – she works for a major marketing company and she’s a mother to a toddler. Instead, she sells the products through small gatherings. A host will invite between five and 20 guests to a party at which Lettelleir will explain the company’s mission and invite guests to test the products. Her goal is to eventually sell the product full-time so that she can spend more time at home with her son. For more information or to order the product, visit www.beautycounter.com/susanlettelleir.

FREE PREMIUM CHANNELS ON OPTIMUM!

Altice USA, Cablevision’s new parent company, has announced a compensation plan for all local customers who were denied WFSB channel 3 (CBS) programming during the recent contract dispute. Altice USA is offering three free months of one of the following premium channel groups:

- Showtime, Showtime On Demand (including Showtime Anytime);
- Starz & Encore, Starz On Demand & Encore On Demand; or
- TMC, TMC On Demand.

This is not automatic! To receive your choice of channels, customers must call Optimum customer service at 203-870-2583 or visit an Optimum store.

Woodbridge is represented on the

Area 2 Cable Advisory Council by Elia Alexiades and Cindy Gerber. Mr. Alexiades released the following statement, “We are pleased that Altice has returned WFSB to the Optimum channel lineup, and that the company is offering a form of compensation. During the time that WFSB was missing from Optimum, your representatives urged Altice to find a solution and restore the CBS programming to your cable TV. I am disappointed it took so long, and that Altice has not made the premium channel packages available to all affected customers automatically, without requiring a call to customer service. I urge all Optimum subscribers to take advantage of the offer, and to contact me with any concerns at ealexiaades@woodbridgect.org”.



SEN. LOGAN’S TV SHOW PROMOTES CT FOSTER CARE & ADOPTION

Connecticut Department of Children and Families Administrator of Adolescent and Juvenile Services Linda Dixon (left) joins Sen. George S. Logan (right) on the latest edition of Logan’s TV show “The Senate Reports”. May is National Foster Care Month, and Dixon and Sen. Logan discuss the state’s efforts to find loving homes for Connecticut

children. To learn more, visit www.ct-fosteradopt.com or call 888-KID-HERO. “The Senate Reports” can be viewed at Logan’s website, www.SenatorGeorgeLogan.com. Logan represents Ansonia, Beacon Falls, Bethany, Derby, Hamden, Naugatuck and Woodbridge. He can be reached at George.Logan@cga.ct.gov and 800-842-1421.



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JEWISH GENEALOGICAL SOCIETY OF CONNECTICUT MAY MEETING

The Jewish Genealogical Society of Connecticut presents our membership meeting on Sunday, May 21, 2017 at 1:30 pm at Temple Sinai, 41 West Hartford Road, Newington, CT 06111. Biennial board elections will be held followed by the "State of the JGS" and "Protect Your Digital Footprint" presentations, both given by President Doris Loeb Nabel. Topics covered will include how to limit others from knowing too much about us, tracking, browser preferences, cookies, passwords, social media, mobile phones, and more.

This program was originally scheduled for March but was postponed due to inclement weather. This program is free and open to the public. For additional information, please visit www.jgsct.org.



FAMILY FUN DAY featuring TOUCH-A-TRUCK



JCC'S FREE FAMILY FUN DAY RETURNS

The JCC of Greater New Haven is gearing up for its Annual Family Fun Day featuring Touch-A-Truck on Sunday, June 4th, 2016, from 11am-2pm at 360 Amity Road in Woodbridge. The event is FREE and open to the public.


Returning to the 360 Amity Road campus for the first time since a devastating fire in December, the organization is thrilled to bring the community back together for a fun-filled day, complete with music, games, activities and more! Hundreds of families attend this popular event that features more than 20 trucks on display, train rides, pony rides, food, bounce houses, crafts, and vendors. Entrance and parking are free with some fee-based activities. Have a blast and support the community on this extra special day.

Vendor spaces and event sponsorships are still available. Please contact Eliana Sugarman, elianas@jccnh.org, 203-387-2424 x228.

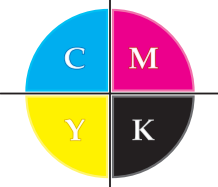
This community event will be held in good weather, and cancelled in case of heavy rain. More information www.jccnh.org

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WOODBIDGE EDUCATION ROUNDUP



Pictured left to right: Dr. Richard Dellinger, Principal, Amity Middle School, Bethany Campus; Mr. Rob Fragione; Dr. Keith Smolinski; Mr. Tom Norton; Ms. Vittoria Fielosh; and Ms. Kathleen Fuller-Cutler, Principal, Amity Middle School, Orange Campus.

NEW ENGLAND LEAGUE OF MIDDLE SCHOOLS

Amity Regional School District #5 was well represented at the New England League of Middle Schools’ 36th Annual Conference in Providence, Rhode Island, and four outstanding teachers presented workshops at the conference. Teachers from Amity Middle School, Bethany Campus, included Dr. Keith Smolinski, whose presentation was titled “Utilizing Music in the Middle School Classroom;”

Mr. Rob Fragione presented “Computer Assisted Assessment For Music,” and Mr. Tom Norton presented “My Media Empire-Enabling Students to use Google Apps and Digital Video Production Technology as they apply inquiry in creating their own Media Empire”. Ms. Vittoria Fielosh from Amity Middle School, Orange Campus, presented “Professional Development for Parents”.



Standing – L to R: Will O’Brien, Jingju Martin, Jack Cadelina, Angelina Marinko, Mason Zhang, Allison Su. Kneeling – L to R: John Stiber, James Nichol, Emma Beloin, Allyson Skolnick, Abby Sauberman. Missing from photo: Peter Scully

CHARACTER OF THE 3RD QUARTER AWARD

Amity Middle School in Bethany has a “Character of the Quarter” awards program. Each marking period, students are recognized for one of four traits: Accountability, Motivation, Independence and Trustworthiness. Students from

each team are selected to receive this honor. They have a special breakfast at the end of the year and are presented with their award certificate. The character trait for the 3rd quarter was “Independent”.



Kneeling from L to R: Gabrielle Wincherhern, Ashley Dorais, Kaitlyn Pryor, Alice Youtz, Nora Youtz; Standing from L to R: Natalie Wang, Zachary Garfinkle, Wendy Zhang, Maggie Liu, Allison Su, Laurel Maus.

AMITY STUDENTS’ WORK TO BE PUBLISHED

2017 Connecticut Student Writers Magazine

Eleven students from Amity Middle School in Bethany were recognized by the Connecticut Writing Project (CWP) that sponsors the Connecticut Student Writers, a magazine established in 1987 by the CWP to honor excellence in writing by students from kindergarten through high school. Three honored writers and two artist’s original work will be published in the 2017 Connecticut Student Writers Magazine. These students include seventh graders, Ashely Dorais, Nora Youtz, and Maggie Liu, and eighth graders, Allison Su and Wendy Zhang. The middle school also received six honorable mentions, which include Zachary Garfinkle, Laurel Maus, Kaitlyn Pryor, Gabby Wincherhern, and

Alice Youtz from the seventh grade, as well as Natalie Wang from the eighth grade. To honor the newly published writers, the Connecticut Writing Project will host a Student Recognition Night on May 11, 2017 at the Jorgensen Center for the Performing Arts, on the campus of the University of Connecticut, Storrs, with a keynote address from Gina Barreca, a UCONN professor. Selected writers will be chosen to represent their grade by reading their winning entries, and all writers, featured artists, and their teachers will be honored and presented with certificates and copies of the magazine. We congratulate all of the students that submitted work.

Attention Teachers!

We want to know what’s going on in your classroom!

Let us know about any fun activities or holiday projects. You can also send us your pictures. (Parental consent required)

Woodbridge Town News
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WOODBIDGE EDUCATION ROUNDUP



Pictured from L to R: kneeling: Arnav Paliwal, William Livesay, Nikhil Mali, Samuel Green, Kabir Khwaja, Aamnah Malik, Wendy Zhang; Standing L to R: Kevin Berean, Peter Savelyev, Benjamin Lee, Christopher Hill, Jonathan Fischman, Cameron Luciano, Evan Gorelick, Kathleen Inclima, Weiss Yuan. Missing from photo: Shyam Viswanathan, Claire Yuan, and Joshua Feuerstein.

AMSB ROBOTICS TEAM WINS 39 AWARDS AT ANNUAL SCIENCE FAIR

By Melissa Nicefaro – Woodbridge Town News Correspondent

The AMSB Social Robotics & Engineering Research Program students had a successful run at the 69th Annual Connecticut Science & Engineering Fair in March, taking home a total of 39 awards. There were over 130 schools, 564 projects and approximately 700 students competing at the fair this year. About 150 students out of the 700 were selected as finalists. Amity sent 21 students to the Fair and 18 were selected as finalists.

Amity's robotics program began as an after-school offering in 2011. As AMSB Principal Richard Dellinger explained at an April 17 Amity Board of Education meeting, "In 2011 Kevin Berean came to the Amity Board of Education with a request for funding to start a social robotics program at the Bethany Middle School. Luckily you gave him the money for that after school program, which has morphed into an elective we offer to eighth graders during the school day."

The program, which has grown to 28 students from Woodbridge and Bethany, is for students with a strong interest and demonstrated ability in STEM. Students in the program conduct research in robotics and/or engineering and technology and choose projects based on interest.

"Those students with that interest, through this program, have the opportunity to connect theory with practice. What a great idea in education," Berean says. "This allows our students to develop the deep exposure in the critical areas of engineering, the engineering design process, science and scientific methods. This program also provides students the opportunity to critical connections to the arts and humanities."

"I also believe this program provides increased college and career readiness, helping with their research and presentation skills as well as academic resilience and problem solving skills. This all leads to increased competitiveness with the college application process, and ultimately brings those 21st century skills that we work so hard to instill in our students," he said.

Projects have included robots as teachers, printed prosthetics, Write-bot (creating and programming a robot that writes), Temp-bot, (a system that protects children and pets from overheating in cars), and Vision Shoe, for visually impaired individuals.

Shyam Viswanathan, a student in the robotics class said he has learned a lot through the program, particularly that things don't always work the way we want them to. His persistence paid off while he was designing and building the Vision Shoe. "My dad said the Vision Shoe would work," he joked. "But I continued to work on it because I thought it was possible."

The Vision Shoe helps the visually impaired navigate environments using the technology of an ultrasonic sensor which sends a signal to a buzzer which buzzes in the user's ear when there is something in their path. Future plans include making the shoe less bulky and eliminating the wired buzzer. "I think I'll go with blue tooth," Viswanathan said.

"We tested the Vision Shoe on an obstacle course and I was able to successfully navigate through this environment with a blindfold on," he said. He used Arduino programming software for the project.

Students are required to keep a log of what they do each day in a research binder, which includes plan diagrams. The binders are reviewed by judges at fairs and competitions.

Berean said work in his class begins much earlier than school starts as students are charged with researching other projects and coming up with a unique plan for a project that they'll do in school. "I want them to work on something they're interested in. I'm so proud of these students and all that they've done," Berean said.



Pictured standing L to R: Prashni Paliwal, Jonathan Wang, Nikhil Mali, Jacob Feuerstein (coach), Andy Kim, Peter Scully, Sharon Feuerstein. Pictured kneeling L to R: Joshua Feuerstein, Megan Ding, Allison Su, Wendy Zhang, Jonathan Fischman. Pictured sitting L to R: Kevin Lu, Aamnah Malik, Arnav Paliwal. Missing from photo: Hannah Skiba.

AMSB SCIENCE CLUB

The Science Club had a very successful season, as both the Science Bowl and Science Olympiad teams did extremely well for their first year competing. Science Club met every other Friday after school during the school year.

At the Science Bowl competition held at University of Connecticut, a team made up of Andy Kim, Joshua Feuerstein, Jonathan Fischman, and Nikhil Mali, and captained by Arnav Paliwal, received fourth place in the preliminary rounds before making quarterfinalists in a single elimination tournament. Also, the team of Kevin Lu, Wendy Zhang, Peter Scully, and Allison Su, captained by Megan Ding, received 10th place in the

preliminary rounds, before advancing to the second round of the tournament. There were 32 teams in total.

At the Science Olympiad competition held at Irving A. Robbins Middle School, Amity Middle School-Bethany got a trophy for the best new team. Allison Su and Wendy Zhang won first in Food Science; Peter Scully, Arnav Paliwal, and Jonathan Fischman won fourth in Bottle Rocket; Allison Su and Andy Kim won fourth in Disease Detectives; Nikhil Mali and Hannah Skiba won fifth in Hovercraft; Allison Su and Andy Kim won sixth in Microbe Mission; and Peter Scully and Megan Ding won seventh in Fast Facts.



Spring Fling

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STUDENT NEWS

Achievements
Eastern Student Devin Belenski Of Woodbridge Named To 2017 Baseball Team

Willimantic, CT -- The Warriors baseball team at Eastern Connecticut State University is amid its 2017 spring season. Currently, it has a record of 12-9. On the roster is Devin Belenski '19 of Woodbridge who plays outfield and majors in Sport & Leisure Management.

Dean's List
Woodbridge's Brendan Regan Named To Emerson College Dean's List

Boston, MA -- Brendan Regan of Woodbridge has been named to the Emerson College Dean's List for the Fall 2016 semester. Regan is majoring in Media Arts Production. The requirement to make Emerson's Dean's List is a grade point average of 3.7 or higher.

Local Student Named To Dean's List At Washington University In St. Louis

St. Louis, Mo. - Lisa Gorham of Woodbridge was named to the Dean's List for

the fall 2016 semester at Washington University in St. Louis. Gorham is enrolled in the university's College of Arts & Sciences. To qualify for the Dean's List in the College of Arts & Sciences, students must earn a semester grade point average of 3.6 or above and be enrolled in at least 14 graded units.

Graduations
Michelle Bellin Graduates From Hofstra University

Hempstead, NY -- Michelle Bellin of Woodbridge, CT graduated from Hofstra University in December 2016, earning a Bachelor of Arts degree in Psychology.

Honor Roll
The Independent Day School Announces Third Quarter Honor Roll Students

Middlefield, CT -- The Independent Day School in Middlefield is proud to recognize seventh grader Sofia Pfannenbecker of Woodbridge for achieving honor roll status in the third quarter of the 2016-17 academic year. The Independent Day School is a coeducational private school for students in preschool, elementary and middle school.

CLUBS & ORGANIZATIONS

JEWISH COALITION FOR LITERACY APPRECIATION EVENT

JCL Event Honors Volunteer Children's Literacy Advocates

The Jewish Coalition for Literacy (JCL), an award-winning program of the Jewish Community Relations Council of the Jewish Federation of Greater New Haven, will hold its Volunteer Reading Partner Appreciation Event, Wednesday, May 17, at 9:30 a.m. at Congregation Mishkan Israel in Hamden. Deborah Freedman, children's book author, architect, artist and illustrator will be introduced by JCL's team leader and reading partner, Hedda Kopf. Deborah Freedman majored in art history at Yale University and architecture at Harvard Graduate School of Design. This event is open to all interested community members that enjoy reading with children, without charge. Freedman's dynamic program will showcase her books and how to make the most of them when reading with students.

With about 175 JCL reading partners, volunteering in seven New Haven Public

Schools, JCL's diverse group spans different faiths, educational backgrounds and experiences. Each volunteer commits one hour a week to read one-on-one with assigned students, sharing the pleasures of reading, learning and conversation, and giving the child the opportunity to express themselves to an interested adult. Volunteers and students enjoy reading and conversation with each other to form nurturing relationships.

Educators from JCL's seven partner New Haven Public Schools and other local children's literacy advocates are invited to attend the event to honor JCL reading partners for donating their precious time and for sharing their love of reading and learning with students.

For more information about JCL or to get involved, contact Brenda Brenner at bbrenner@jewishnewhaven.org or (203)387-2424x308. This event is open to the community at no charge.

HOUSES OF WORSHIP

CHRIST EPISCOPAL CHURCH HOLDS FAIR

"Charlie Brown and Snoopy's Fair" will be held at Christ Episcopal Church, 526 Amity Road, Bethany, on Saturday, May 13, from 9 a.m. – 2 p.m. Mary Karoll and Carol Paugas, co-chairs of the popular, annual event, state that "Fairgoers from tots to grandparents are sure to enjoy the nostalgic Peanuts theme in decorations which will be for sale along with Peanuts collectibles.

Booths will include popular vendors plus Peanuts Pal's Grand Slam Tag Sale,

Lucy's Luncheonette, The Peanuts Gang Grill, Peppermint Patty's Pies and Pastries, Good Ol' Charlie Brown's Chocolate Chip Cookies, Snoopy's Buried Treasure Trove, Linus's Pumpkin Patch Country Store, Little Red-Haired Girl's Boutique, Sally's Stitchery, Woodstock's Wonderful World of Cook Books, Daisy Hill Puppy Farm Children's Games with Prizes, Happiness is a Winning Raffle Ticket, Schroeder's "Waltz of the Flowers" Plants, and Belle's Baubles, Bangles, and Beads.

Woodbridge Town News

Attention Churches, Synagogues & Houses of Worship!

Send us your organizations events listings and items of interest. We will publish them for free.

Woodbridge Town News – P.O. Box 1126, Orange, CT 06477
edit@woodbridgetownnews.com

HOW BUSY MOMS CAN MAKE MEALTIME EASIER

Working mothers make up a sizable portion of the modern workforce. According to the United States Department of Labor, as of 2015 69.9 percent of mothers with children under the age of 18 were in the labor force. Things are similar in Canada, where Statistics Canada reports single-earner families made up just 27 percent of all couple families with children in 2014, a figure that was 59 percent in 1976.

While more and more mothers are returning to work after the birth of their children, that does not mean their responsibilities at home are falling by the wayside. Time-strapped working moms tasked with preparing family meals can embrace some time-saving strategies to make mealtime a little less hectic.

Save time during prep. Whether it's breakfast, lunch or dinner, preparing meals for a family can be time-consuming. When making dinner, keep a plastic shopping bag or bowl on the counter where you can discard scraps such as the skin from onions, fat from chicken and other items that will ultimately end up in the garbage. Discarding all the items into one bag rather than walking back and forth from the garbage to your work area can save time during meal prep.

Slow things down. Another way to save time at mealtime is to use a slow cooker so meals are cooking during the day while you are at work. Chop vegetables on weekend afternoons or nights and separate ingredients into Ziploc

bags or containers so all of the prep work is done ahead of time. Each morning you can simply unload the bags or containers into the slow cooker, turn it on before leaving for work and then the meal will be ready to eat by the time you and your family arrive home at night.

Shop online. Many people associate online shopping with clothing and gadgets, but working moms can now buy groceries for their families online as well. Many grocery stores now offer online shopping and pickup services that allow shoppers to fill up their grocery carts before stepping foot in the store. Simply place your order online and arrange a pickup time and everything will be ready for you when you arrive at the store. This can save you the effort and time spent navigating today's increasingly large and busy grocery stores.

Involve the whole team. Working moms who are tasked with family meal planning might want to find healthy meals for their families, but that does not mean they can't involve the whole family when it comes time to cook. Encourage children to help when preparing meals, assigning age-appropriate tasks. And let dad do some of the work, encouraging him to fire up the grill when the weather permits.

Working mothers who play the role of family meal planner can make this role simpler by employing various time-saving strategies.

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HOUSES OF WORSHIP EVENTS

FIRST CHURCH OF CHRIST STRAWBERRY FESTIVAL

The First Church of Christ invites all members of the community to join us at 5 Meeting House Lane, Woodbridge for the 62nd annual Strawberry Festival, Friday, June 9, 2017 from 6 – 8 p.m., rain or shine. This annual event offers food hot off the grill and our delicious strawberry shortcake and helps support First Church programming.

We also invite the community to join us for the following weekly services and special events:

Sunday Services – 10 a.m. including our Intergenerational Service the first Sunday of each month. Nursery care for small children is available during the Sunday services.

Church School - Sunday at 10 a.m. the second through fifth Sundays during the school year with lessons based on the Lectionary. Our Pre-K class meets the second Sunday of the month.



First Church of Christ

Middle School Youth Group for 5th – 8th graders meets the second Sunday of the month. On May 14th the group will meet from 4-6p.m. in the Parish House.

Weekly Bible Study - Wednesday, 10-11am in the Parish House. We study both Old and New Testament passages based on the Lectionary.

For more information on these events, please contact us at (203) 389-2119 or office@uccw.org.



THE CHURCH OF THE GOOD SHEPHERD SPRING RUMMAGE SALE

The Episcopal Church of the Good Shepherd invites the public to visit our Spring Rummage Sale on Friday, May 12th from 1-6 pm and Saturday, May 13th from 9am to noon. Shoppers will find a wide array of men's, women's and children's clothing, along with shoes, handbags, scarves, jewelry, accessories, children's games, puzzles, toys, books, DVDs, housewares, glassware, pictures, linens, etc. "There is something for everyone! Make sure to stop by and peruse our treasures," says Elaine Swirsky, long-standing Chairperson of this fun event. All are welcome to stop by and find a gift for Mother's Day.

The Episcopal Church of the Good Shepherd is located on 680 Racebrook Road, Orange, Connecticut. Sunday service times include Rite II Holy Eucharist without music at 8 a.m. and Rite II Holy Eucharist with music @ 10:00 a.m. All are welcome.

For more information about the The Church of the Good Shepherd's many other programs, please call the Parish Office @ (203) 795-6577, email us @ thegoodspeherd@optonline.net, visit our website @ www.thegoodshepherdoranged.org, and, of course, check our Facebook page www.facebook.com/cg-sorangedfor frequent postings.

OPERATION ENTEBBE: GREATEST HOSTAGE RESCUE IN HISTORY

While Americans were celebrating the bicentennial on July 4, 1976, about 140 Israeli commandos were undertaking one of the most daring missions in the history of the Israel Defense Forces: Operation Thunderbolt, a counter-terrorist hostage-rescue assignment at Entebbe Airport in Uganda.

A week earlier, an Air France plane on its way from Tel Aviv had been hijacked by two members of the Popular Front for the Liberation of Palestine and two members of the German Revolutionary CZ Cell. The plane was flown to Libya and then to Uganda, where the hijackers and additional terrorists held the Israeli and Jewish passengers hostage at the airport along with the 12-member flight crew.

The Israeli government, after unsuccessful negotiations, decided to send 140 commandos on a 2,500-mile journey to carry out a nighttime rescue operation that freed 106 hostages in 90 minutes. Four hostages were killed as well as all the terrorists. Four Israeli commandos were wounded and one, Lt. Col. Yonatan Netanyahu, was killed.

Sasson "Sassy" Reuven was there and will relate his firsthand account of that legendary operation at an event hosted by Chabad of Orange/Woodbridge. His presentation is sponsored in part by



Chabad of Orange

the Battat Family/Traveland and Dr. John Levy.

Mr. Reuven, who served in the IDF's elite "Red Beret" unit of the Paratroop Brigade, was among the first to jump out of the first Hercules C-130 aircraft that landed in Entebbe. What happened next, the heart of his adventure, is a story he reserves for live audiences. Sassy will share this personal experience from the moment he was called to duty to landing in Uganda and completing the mission behind enemy lines. His story is one of courage and endurance.

This fascinating presentation will be held on Wednesday, May 3, 2017, 7:30 pm at Chabad of Orange, 261 Derby Avenue, Orange, CT. Desserts will be served. Tickets are \$18 in advance and \$20 at the door and can be purchased at Chabadow.org, then click on events tab. For more information, email info@chabadow.org.

ORANGE CONGREGATIONAL CHURCH SERVICES & EVENTS

Orange Congregational Church, located at 205 Meeting House Lane in the town of Orange, invites you to come to one of our two weekly Sunday Worship Services, 8 a.m. in the Chapel or 10 a.m. in the Sanctuary. Our 10 a.m. worship service includes Sunday School programming for school age children, as well as a church nursery with a child-care experienced Crib Room Attendant for all birth to Pre-K children whose parents or guardians are attending worship service.

The annual Orange Congregational Church Pilgrim Fellowship Tag Sale will be held on Saturday, May 13th from 10 a.m. - 2:00 p.m. (rain date May 20) on the Orange Town Green. If you wish to



Orange Congregational Church

rent a space, a space without a table is \$20, or a space with a table is \$25. To sign up, please call Esther in the church office at 203-795-9749. Donations to the PF Tag Sale are also very welcome and can be dropped off to the church after May 7; please call the same number.

"It may be possible to gild pure gold, but who can make his mother more beautiful?" — MAHATMA GANDHI



ACUPUNCTURE 101

By Michael Demetriades DPT CAP

Many people have questions or myths about acupuncture. Acupuncture derives from Traditional Chinese Medicine (TCM) that started over 2000 years ago during the Shang Dynasty. The primary basis of acupuncture is to achieve a complete balance of the body or in Western Medicine called homeostasis. In TCM the body is comprised of multiple meridians where energy flows throughout the body and on each meridian there are many points where energy could be blocked. Using these basic principles of acupuncture, there are many issues, symptoms, aches and pains that can be helped tremendously with this technique. Acupuncture uses sterile stainless steel needles inserted into specific acupoints along each meridian to help clear energy blockages, increase blood flow, break up scar adhesions, release muscle spasms and reduce inflammation.

In our practice, we have been integrating acupuncture with physical therapy in order to treat a multitude of ailments and allow patients to improve with recovery as well as overall wellbeing. We encounter many different issues that people come seek help with; ranging from spinal conditions, sprains/strains, headaches, vertigo to post op surgery.

One common cause or side effect of various injuries can be scar tissue formation in the body. When an injury occurs to an area either from a surgery or an internal sprain or strain, scar tissue builds in the area to help rebuild the torn fibers. The problem with this is that in healthy tissue the fibers run parallel and have good elasticity or mobility, therefore, when scar tissue is formed a web of fibers is constructed that have minimal elastic properties which leads to more pain, tightness and joint issues. Using acupuncture with specific needling techniques can help break up these fibers to help promote collagen production and increase elasticity. For example, one patient came to me that

was post op total knee replacement with significant loss of motion. Traditional physical therapy was used to increase motion, but was not working as well. Acupuncture was used around the scar tissue with other points on specific meridians followed by traditional physical therapy techniques and the results were amazing. The patient had normal range

of motion within 4-6 visits of the acupuncture with therapy.

In physical therapy, many patients come in with muscle spasms that can be the root of pain in many areas of the body. One technique that acupuncture encompasses is dry needling. This is a technique where a needle is inserted

into the specific muscle spasms where it activates the neuromuscular junction, which will reset the muscle spindle and overall calming the muscle spasm. Using this technique with other acupoints on a specific meridian to help clear inflammation and bring in more blood flow into the area. A combination of acupuncture with soft tissue mobilization, stretching and strengthening can take the patient to the next level to help them recover and ultimately prevent future injuries.

Acupuncture can also help with many internal issues such as digestive problems, pregnancy, blocked sinuses, and smoking cessation to name a few. It can be a great addition to Western medicine for a more holistic approach.

Michael Demetriades DPT CAP received his doctorate degree from Quinnipiac University. As a therapist at Amity Physical Therapy he is also certified as an Acupuncture Practitioner. He has experience working with all ages and injuries, especially injuries plaguing the modern athlete. Amity Physical Therapy was founded twelve years ago by Michael Dow MSPT and CEO/Clinical Director. The practice has three offices: Woodbridge, Hamden and Branford. Michael Demetriades can be reached in Branford at 203-433-4683 or visit amitypt.com.



Michael Demetriades

“AN OUNCE OF PREVENTION”

Catch Them Or Just Eat Them

Fishing season is open! Fish is a good, low-fat, and economical source of protein. Many healthy heart programs recommend eating more fish meals due to the effect of fish oils. Other nutrients such as the selenium and iodine found in fish are also beneficial for health. Recent studies have shown that eating fish during pregnancy may improve a child's IQ and ability to learn. However, because some fish tend to take up chemicals (such as mercury and polychlorinated biphenyls- PCBs), many people, including pregnant women, have backed away from eating fish. But this is not necessary if you choose smartly.

To help you choose the safest fish, each fishing season, the CT Department of Public Health (DPH) issues its annual fish consumption advisory for fish caught in CT waters and for fish from a market. The Connecticut Department of Public Health (DPH) 2017 edition of If I Catch It, Can I Eat It? A Guide to Safe Eating of Fish Caught in Connecticut has been released. According to the press release accompanying the brochure, the guide has been updated in response to new sampling data that has indicated higher levels of fish contamination with polychlorinated biphenyls (PCBs) in the Housatonic River and the Lakes Lillinonah, Zoar and Housatonic that are fed by the river. These PCBs are associated with the former General Electric Company (GE) transformer manufacturing facility in Pittsfield, MA.

In the DPH press release, Brian Toal, an Epidemiologist with DPH's Environmental Health Section states, “The purpose of this DPH guide is to give advice on how to safely eat fish caught in Connecticut. The guide also emphasizes store bought fish with a list of good fish to eat and fish to limit or avoid.” He notes, “Fish are a good source of protein and omega 3 fatty acids, a nutrient thought to help protect people from heart disease and beneficial to the developing fetus. As a result, DPH rec-

ommends that the public continue to eat fish. However, certain guidelines should be followed in order to eat fish safely.”

The DPH press release further states that the higher levels of fish contamination may be due to recent weather events and/or remedial work in the Pittsfield, MA area located in the upper part of the Housatonic River watershed. The new data resulted in more restrictive advice for largemouth and smallmouth bass in Lakes Lillinonah, Zoar and Housatonic. Pregnant woman and children should not eat bass from the lakes and others should not eat more than one meal every 2 months. Fish sampling for PCBs in the Housatonic River will continue in future years and the consumption advisory will be reviewed annually based on that data.

DPH states the standard advice for fish caught in Connecticut for high risk groups, like pregnant women and children, is to eat no more than one meal per month of freshwater fish caught in Connecticut. For all other groups, the advice is to eat no more than one meal per week of freshwater fish. This standard advice is due to mercury contamination found in Connecticut freshwater fish. In addition, there is a guideline that recommends limiting or avoiding striped bass and bluefish caught in Long Island Sound due to Polychlorinated Biphenyl (PCB) contamination. The advisory guide also has a listing of the water bodies and species in Connecticut with specific consumption recommendations. Both the English and Spanish versions of the guide are available at all tackle shops, local health departments, and town clerk offices. You can access the guide online, <https://tinyurl.com/mmbvdm>.

If you do not have internet access, Quinnipiac Valley Health District residents (Bethany, Hamden, North Haven and Woodbridge) can call this office, 203 248-4528 to request a copy. Visit our webpage, www.qvhd.org and like us on Facebook and Follow us on Twitter.

PROTECT THE BABIES IN YOUR LIFE

Cases of pertussis (whooping cough) still exist in our district. This illness in an infant is frightening and can have devastating results. It is very important to protect infants from this disease as they are not fully protected until they are one year old. QVHD offers the pertussis (whooping cough) vaccine (in the form of Tdap-tetanus, diphtheria and pertussis) to parents, grandparents, aunts, uncles, babysitters and other caregivers or contacts of newborns and infants 12 months and younger. If you are over age 18 and have never had a Tdap vaccine,

(a combined booster immunization containing tetanus, diphtheria and pertussis protection) you are eligible to receive this vaccine. A \$10.00 administration fee is requested. No one will be turned away for lack of ability to pay. Clinics are held monthly from 4:00 to 4:30 p.m. at the QVHD district office, 1151 Hartford Turnpike, North Haven. Appointments are required; however you can get an appointment for the same day as a scheduled clinic if you call by 1:00 p.m. Call QVHD, 203 248-4528 for the next clinic date or visit www.qvhd.org.

HEART & BREAST HEALTH: A SPECIAL SESSION FOR WOMEN

Annually one in three women dies from heart disease. Last year more than 40,000 women died from breast cancer; often, a tragic result that their disease was found too late. Join us for a light dinner, and bring a woman you care about. Together you'll learn about risk factors, detection and prevention

approaches. Presenters will be Oncologist Andrea Silber MD and Cardiologist Joyce Oen-Hsiao, MD. 6 – 7 pm, in the Cronin Auditorium.

Parking validated. Registration is required, seating is limited. Call (203)-789-3565 or email Passport.ForHealthyLiving@ynhh.org.

DOLLAR\$ AND \$EN\$E

A MOM’S FINANCIAL WISDOM

By Roberta L. Nestor

A few years ago TheBeFrugal.com conducted a Mother’s Day Survey to learn more about the affect a mom’s financial advice had on their children. The online survey (by The Omnibus Company in 2015) targeted 1000 Moms over the age of 18. It should not come as a surprise that 81% of those surveyed said that their mothers have shared financial wisdom with them, and 85% say that their mom taught them to be frugal.

The number one financial advice given by moms was to live well within their means by realizing the difference between want and need; followed by the importance of being self-sufficient; budgeting for everything and lastly, saving more money than you spend. While these words may seem like common sense, this advice represents the building blocks for a solid financial future.

We can all be more frugal with our hard earned dollars. Being careful or thrifty about money and avoiding being wasteful should be engrained in all of us. Having credit cards and on-line accounts makes it more difficult to distinguish between wants and needs. These things enable us to have immediate gratification. We see a sale on Amazon and it’s a great deal, so we buy it. Credit cards used to be considered for emergencies, but we are quickly becoming a cashless society and with the creation of points and incentives, we use our credit cards for just about everything.

On the positive side, the internet has also given us the explosive birth of exceptional bargain shopping. There are dozens of websites and phone apps available to help you save money. “Krazy Koupon Lady”, “Passion for Savings”, “Hip 2 Save”, “Money Saving Mom” and “She Saved Coupons” offer some of the best savings. Before you leave your home to go grocery shopping, you should be checking the store website for specials as well as coupon sites. For example, a 24 oz. L’Oréal Advanced Hair Treatment

costs \$6.99 at Stop & Shop compared to only \$3.97 at Target. It is well worth it to take the time to find the best deals.

How do you save more money than you spend? This is a tough one because in order to save more than you spend, you need to know how much you are actually spending. And the only way to get a real handle on spending is to prepare a budget. Most people have a mental budget, meaning it is not on paper, however, that mental budget is more likely to be comprised of our essential expenses such as mortgage, car payments, utilities, and other essential items. It is the non-essential spending that needs to be itemized. How much do we spend at Starbucks, dining out, clothes shopping or entertainment and on-line purchases? Let’s say you are spending \$400 a month on non-essential items, then you should be saving at least \$400 each month.

Back to the survey results: 85% of Americans surveyed say their Mom taught them how to be frugal, by showing them how to shop smarter and take advantage of using coupons and on-line shopping discounts. Celebrate Mom this Mother’s Day by making her proud of your frugality!

Roberta L. Nestor is a financial advisor practicing at 491 New Haven Avenue in Milford, CT offering retirement, long term care, investment and tax planning services. She also offers securities and advisory services as an Investment Adviser Representative of Commonwealth Financial Network – a member FINRA/SIPC and a Registered Investment Adviser. Fixed insurance products offered through Nestor Financial Network are separate and unrelated to Commonwealth. Commonwealth Financial Network or Nestor Financial Network does not provide legal or tax advice. You should consult a legal or tax professional regarding your individual situation. Roberta can be reached at Nestor Financial Network, 203-876-8066 or roberta@nestorfinancial.com.

DEATH NOTICES

Woodbridge Town News

DEATH NOTICES

The Woodbridge Town News will publish Death Notices for Woodbridge families free of charge as a service to our readers. Family members please email notice (limit 250 words, please) to: edit@woodbridgetownnews.com

www.WoodbridgeTownNews.com

HISTORICAL SOCIETY HOLDS ANNUAL MEETING

The board members of the Amity and Woodbridge Historical Society invite you to their 2017 Annual Meeting being held on May 21st from 2 to 4 PM at the Parish house at the First Church of Christ in Woodbridge, 5 Meetinghouse Lane, Woodbridge, CT. This year Professor Glenn Dryer from Connecticut

College will speak on the Notable Tree Project Initiative in Woodbridge. This is a great opportunity to learn more about the Notable Tree project and how our wonderful historic trees play a role in our heritage. This event is free and open to the public and light refreshments will be served.

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AT THE SENIOR CENTER

By Jeanette Glicksman
Woodbridge Senior
Center Director



Dottie Malerba, right, shows off her design during a cupcake decorating class at the Senior Center sponsored by CT In Home Assistance LLC. Mimi Setlow, center and Dolly DeFillipo, left, also decorate. The group, with instruction from Community Liaison Kim Vertrees, made dozens of cupcakes to bring home to their families.



The lunch bunch group enjoys a terrific afternoon at Gustos restaurant in Milford. The next outing of the group will be on May 15th.

This month starts a new chapter for our Center! What was the ‘Senior Center’ will now be known as the ‘Woodbridge Center’. The new name reflects efforts to reach a broader audience with programs of health, wellness, nutrition, exercise, education, recreation, transportation and socialization. All Woodbridge adults sixty years of age and older are welcome.

The Human Services Department is eager for the Woodbridge Center to accommodate an expanding population. According to the state Department on Aging, Connecticut has over 731,000 residents 60 and older, which represents about 20% of the state’s population. In Woodbridge, there are close to 3,000 residents 60 and older, about 30% of the town’s population. The town is planning for a future that includes a growing number of active, older adults.

There are always opportunities for volunteers at the Center and ideas for new programming are encouraged as well. For more information about activities at the Center or to RSVP for programming, please call 203-389-3430 or send e-mail to jglicksman@woodbridgect.org. Happy spring!

May Café Menu

Lunch is served Tuesdays and Fridays at the Senior Center Cafeteria at 12:15pm. The cost is \$3.00 for dine-in meals and \$4.00 for take-out. Reservations are requested. Meals include bread, juice, coffee/tea and dessert. Menu items include: 5/2 **Spring Fling** – vegetable lasagna with white sauce and salad, 5/5 **Cinco De Mayo** – Shrimp soft tacos, salsa and chips and flan, 5/9 Chicken Oregano with sweet potatoes and salad with VNA program, “The ABC’s of Stroke” at 12:30pm, 5/12 **Mother’s Day** – Tea sandwiches and desserts, 5/ 16 Roast Beef with roasted vegetables and salad with entertainment by Ralph Sacco-12:30pm, 5/19 Quiche with fresh fruit

and salad, 5/23 **40th Anniversary Luncheon** – Chicken Marsala, rice pilaf and cake and entertainment provided by the Humble Bees- reservations are required, 5/26 Polish Mother’s Day – Kielbasa with potato pancake and pierogi, 5/30 **Memorial Day** – pulled pork and coleslaw with presentation by Roger Hart on Yellowstone National Park.

Special and Ongoing Programming

The ‘Spring Fling’, sponsored by New England Young at Heart, will be held on May 2 from 9:30am until 12:30pm in the Center café and includes free massages, nail care, and blood pressure screenings as well as vendors with health, home, wellness and beauty products. There will be a cooking demo at 11:45am and lunch will follow. Lunch is just \$3.00. Seating is limited- please call for a reservation.

Smart Phone Class will be held on two Wednesdays– May 3, 10 from 3–4pm in the Woodbridge Library meeting room. Class is taught by Amity High School students; there is no charge. Please RSVP.

Join us on May 10 for the “Senior Prom” at Aria Banquet Facility in Prospect sponsored by New England Young at Heart. Tickets are \$23.00 per person and include appetizers, a 3-course meal, entertainment, raffles and transportation. Reservations are required.

A Financial and Legal Services Panel Discussion on May 10 will cover topics of medical directives, Power of Attorney, trusts (positives and negatives), wills and estate planning and tax saving ideas. Additionally, information on how to coordinate your Social Security and pension with your assets to have a tax-efficient, inflation adjusted life-time income and information on new tax laws. This information and discussion session will meet in the Center Lounge from 6-7:30pm. Light refreshments will be served, please RSVP.

AARP Safe Driver Training Class will meet on Monday, May 15 from 9am-1pm in Center Lounge. The fee is \$15.00 for AARP members, \$20.00 for non-members. Reservations are required.

Lunch Bunch continues on May 15. Join us for a lunch out with friends at Crave in Ansonia with transportation provided by the Woodbridge Center van or meet us there. Reservations are required- please call the Center. Participants self-pay at the restaurant.

An art opening entitled **‘The Art of Aging’**, sponsored by the Agency on Aging, South Central Connecticut, and featuring art from the Center’s Art class, will be held on May 18 from 1-5pm at 1 Long Wharf in New Haven. Transportation provided by the Center. Please RSVP.

40th Anniversary Celebration and Dinner: The Woodbridge Senior Center is turning 40! Join us Wednesday, May 24th for wine & hors d’oeuvres at 5:30 p.m. and program, dinner and entertainment will start at 6:15 p.m. Entertainment will be provided by the Pierce Campbell Jazz Trio. Dinner choices are baked stuffed shrimp and baked stuffed chicken. Tickets for the dinner are just \$25.00. Transportation for seniors and disabled residents will be provided. Call to RSVP by May 10.

May 25 - **Trip to Newport Playhouse and Cabaret Restaurant-** This dinner theater will perform “Lunch with Mrs. Baskin”. The trip is \$100.00 per person and includes transportation, lunch buffet, ticket to the show and drivers’ gratuity.

Art Class begins anew on May 31st (if minimum class numbers are met) and runs 10 weeks on Wednesdays from 10am until noon in the Center Café. The class, taught by local artist Graham Dale, is just \$60.00 and participants are asked to bring their own supplies. For a list of supplies and to register contact the Center.

On June 5th the Center will offer

transportation to the **Energize Connecticut Center** in North Haven. Join us to discover how to cut your monthly energy costs! Transportation and lunch will be provided. The van will depart the Center at 11am and return at 2:45pm. This program is offered at no charge.

“What is Normal Aging”: An informative and dynamic discussion with Dr. Susann Verano, Geriatrician, from Hamden Health and Rehab Center has been rescheduled to Friday, June 23 during lunch.

Pickleball meets Fridays in the Center Gym for group play from 2:00-3:30pm. Self-scheduled hours are available for those who have paid an annual fee of \$20.00. Interested players can drop in daily from 12:30pm- 2:15pm Monday thru Thursday. On Fridays the space is available from 12:30pm-3:30pm. The equipment will be available on a first come, first served basis.

Exercise with Laurie: Tuesdays and Thursdays in the Center Gym from 10- 11am. No need to sign up - just a drop-in fee of \$2.00 gets you a great workout! Exercise class includes a combination of strength training, cardio, flexibility and balance.

Book Club: The book club meets on the 4th Tuesday of each month, 11am at the Library. The next meeting is May 23rd. This month’s book is Empire Falls by Richard Russo. This book won the Pulitzer Prize for Fiction in 2002. It is the story of Miles Roby in a fictional, small blue-collar town in Maine and the people, places, and the past surrounding him, as manager of the Empire Grill diner.

Friday Movies: Following lunch in the Senior Center Lounge at 1pm: 5/5 La La Land, 5/12 Fences, 5/19 A Dog’s Purpose, Favorite Film Friday – 5/26 Arsenic and Old Lace.

Cards: The Center’s Wednesday bridge group and pinochle group invite new members! Join in for a friendly

SENIOR CENTER

"Seniors" continued from Page 30

game of cards. No reservations necessary— just come down to the Center lounge at 1pm. Pinochle meets on Mondays, Wednesdays, and Thursdays from 1-4pm in the Center Lounge. Members of the Center are looking to start a weekly game of Gin Rummy on Tuesdays or Thursdays. If you are interested in joining them, please call the Center.

Transportation Program: The Woodbridge Senior Center offers limited transportation to eligible seniors and disabled residents to the Senior Center and to medical appointments on a first-come, first-served basis. You may reserve a ride by calling between 9am and 4pm Monday through Friday. The Center provides transportation to Amity Shopping Center area on Wednesdays mornings. This service is for eligible residents who need to pick up groceries, do banking or visit the drug store. The office must have at least 24 hours' notice for all transportation requests. The Woodbridge Transportation Program operates in full compliance with Title VI of

the Civil Rights Act of 1964.

Volunteer Opportunities

Emergency Food Closet - Volunteers are needed to sort donated food.

Friendly Visitor/Telephone Reassurance Program - Volunteers are needed to provide friendly visits or telephone calls to those who are homebound 60 years of age and over or disabled.

The Woodbridge Center - Luncheon program volunteers are needed to set up tables, serve lunch and provide clean-up assistance for luncheon program attended by adults 60 and over.

The Woodbridge Center - Volunteer needed for ongoing assistance with the vegetable garden.

Youth Services - Volunteers are needed to chaperone Youth Evening Program activities for 7th and 8th grade students.

Youth Services - Volunteers are needed to serve on the Youth Advisory Board to give input on services and programs for youth.

To volunteer or for more information, contact the Human Services Department at 203-389-3429.

CENTENARIANS TO BE RECOGNIZED AT LUNCHEON

The Board of Directors of the Agency on Aging of South Central Connecticut will host its annual luncheon in celebration of centenarians in the greater New Haven area on Wednesday, May 3rd. We expect that at least twenty centenarians will be in attendance. The best part of this event is to hear the stories of these men and women. We are especially delighted with the poetry submitted by one of our centenarians. This is always a special time, and many of our centenarians return year after year.

Around one hundred friends, family members and community representatives will also attend. We are especially delighted that the Commissioner for the State Department on Aging, Elizabeth Ritter, will attend and bring a welcome. The Commission on Women, Children and Seniors will recognize each centenarian with a certificate.

This event is part of AOASCC's celebration of Older Americans Month.

This year the theme focus on how older adults in our community are redefining aging—through work or family interests, by taking charge of their health and staying independent for as long as possible, and through their community and advocacy efforts. There is no month, or theme, more fitting for our annual celebration of the centenarians in our communities.

The Agency on Aging of South Central Connecticut (AOASCC) is a non-profit organization located in New Haven, CT, serving older adults, individuals with disabilities, and caregivers in a 20-town region in the greater New Haven area and lower Naugatuck Valley. Our mission is to empower adults to remain as independent and engaged as possible within their communities through advocacy, information, and services.

FREE CAREGIVER LECTURE SERIES

Yale New Haven Hospital is offering a caregiver lecturer series that will provide education, practical tips and information on help and support for caregivers and their loved one. Please join us on the following dates: May 3, Practical Approaches to Challenging Geriatric Behaviors; May 17, Caregiver Support and

Help; May 24, Caring for an Elderly Relative – Legal Considerations. Attend all or one. All lectures 6 – 7 pm, in the Cronin Auditorium (Saint Raphael Campus) or live stream. Parking validated. Registration required. Call (203)-789-3565 or email Passport.ForHealthyLiving@ynhh.org.

Visit our website at www.WoodbridgeTownNews.com

Did You Know? What's the difference between a Living Will and a Do Not Resuscitate Order?

A Living Will:

- Comes into play only if you are in a "persistent vegetative state" or the "final stage of a terminal illness" and are being kept alive by a "mechanical device."
- A Living Will tells the world whether you want to be kept alive in those specific circumstances. The choice is yours.
- A Living Will also authorizes others to communicate your wishes if you are not able to do so.
- A Living Will can be prepared by an attorney, or any other knowledgeable third party.

A Do Not Resuscitate Order:

- Can come into play even if you are not in a "persistent vegetative state," the "final stage of a terminal illness," or being kept alive by a "mechanical device."
- A Do Not Resuscitate Order (commonly called "DNR") means you don't want the application of efforts to resuscitate you using methods such as CPR, chest compression, defibrillation, mouth to mouth or mouth to mask, ventilator or any similar medical procedure.
- A DNR order can only be authorized by a physician. You, or someone authorized to act on your behalf, of course, must approve the DNR order, in writing.

Example 1:

- You are in reasonably good health and have a heart attack at home. You have a Living Will. Some type of resuscitation is required to keep you alive; it will be administered.

Example 2:

- You are in extremely poor health, have lost lots of your mental acuity, and have been in and out of hospitals for many serious medical conditions over the past few years. You have a heart attack at home. You have a Living Will. Some type of resuscitation is required to keep you alive; it will be administered.

Example 3:

- Same facts as example 2 except you also have a DNR order. You will not be resuscitated.

If you are interested in learning more about these types of advance medical directives, please visit our website and read our blog for recent posts. For advice specific to you or your family, please contact the office. We would be glad to meet with you for a no hassle, no charge initial consultation, no matter how long it lasts.



Steven P. Floman, Allison M. DePaola, Nicole M. Livesey, and Lori Aiello of the law firm Floman DePaola, LLC are the authors of this article. This article has been prepared for general informational purposes only and is not intended to constitute legal advice or to create an attorney client relationship. Readers should not act upon the information contained in this article without seeking advice from an attorney regarding the specific facts and circumstances of your case.

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ENTERTAINMENT

TOP 10 MOVIES

1. **The Boss Baby (PG)**
animated
2. **Beauty and the Beast (PG)**
Emma Watson, Dan Stevens
3. **Smurfs: The Lost Village (PG)**
animated
4. **Going in Style (PG-13)**
Morgan Freeman, Michael Caine
5. **Ghost in the Shell (PG-13)**
Scarlett Johansson, Pilou Asbaek
6. **Power Rangers (PG-13)**
Dacre Montgomery, Naomi Scott
7. **Kong: Skull Island (PG-13)**
Tom Hiddleston, Samuel L. Jackson
8. **Logan (R)**
Hugh Jackman, Patrick Stewart
9. **Get Out (R)**
Daniel Kaluuya, Allison Williams
10. **The Case for Christ (PG)**
Mike Vogel, Erika Christensen

TOP 10 VOD

1. **Fantastic Beasts and Where to Find Them (PG-13)**
Eddie Redmayne
2. **Patriots Day (R)**
Mark Wahlberg
3. **Sing (PG)**
animated
4. **Why Him? (R)**
Zoey Deutch
5. **Moana (PG)**
animated
6. **Passengers (PG-13)**
Jennifer Lawrence
7. **Fences (PG-13)**
Denzel Washington
8. **Assassin's Creed (PG-13)**
Michael Fassbender
9. **Silence (R)**
Andrew Garfield
10. **Live by Night (R)**
Ben Affleck

1. Which girl group recorded the 1950s-era "Hearts of Stone"?
2. What's that weird sound at the beginning of the Safari's "Wipe Out"?
3. Name the 1957 song that was used in "The X-Files" season four "Home" episode.
4. What was the title of the Edgar Winter Group's 1974 album?
5. Name the song that contains this lyric: "Ocean's apart day after day, And I slowly go insane, I hear your voice on the line, But it doesn't stop the pain."



1. The Fontaine Sisters, of New Jersey. The trio retired in 1961, not wanting to be part of the rock 'n' roll scene. 2. The sound of a surfboard breaking, which is where the song got its name. To "wipe out" is to fall off the surfboard. 3. "Wonderful! Wonderful!" by Richard Marx, in 1989. He wrote the song to his wife while she was on location in South Africa. The song climbed the charts around the world, hitting No. 1 in Australia, Canada, Ireland, New Zealand and the U.S.

SPORTS QUIZ

By Chris Richcreek

1. In 2016, Colorado's Trevor Story became the fifth major-league player since 1900 to homer in each of his team's first four games. Name two of the other four to do it.
2. Which Cy Young Award winner had the highest ERA?
3. Since the 2000 college football season, how many Heisman Trophy winners have been running backs?
4. How many times has Los Angeles Clippers guard Chris Paul led the NBA in assists per game for a season?
5. When was the last time before 2016 that the Montreal Canadiens tallied 10 goals in a game?
6. Wayne Taylor Racing captured the Rolex 24 at Daytona in 2017. When was the last time the team won the race?
7. Who was the last British female tennis player before Johanna Konta in 2016 to reach the top 10 in the rankings?

1. Chris Davis (2013), Nelson Cruz (2011), Mark McGwire (1998) and Willie Mays (1971). 2. Lamar Hoyt of the Chicago White Sox had a 3.66 ERA in 1983. 3. Three — Reggie Bush of Southern Cal (2005) — later vacated). Mark Ingram of Alabama (2009) and Derrick Henry of Alabama (2015). 4. Four times -- the 2007-08, 2008-09, 2013-14 and 2014-15 seasons. 5. It was 1990, versus Pittsburgh. 6. It was 2005, when the team was known as Sun Trust Racing. 7. Jo Durie, in 1984.



Dennis Quaid in "A Dog's Purpose" [Universal]

EDITOR'S NOTE: DVDs reviewed in this column are available in stores the week of May 1, 2017.

PICKS OF THE WEEK

"A Dog's Purpose" (PG) -- A beloved and thoughtful canine narrates his thoughts on the world as he passes away, only to be reincarnated as different dogs, meeting the needs of new owners. "Bailey" (voiced by Josh Gad) begins as a precocious golden retriever watching a boy named Ethan (Bryce Gheisar, then AJ Apa and Dennis Quaid much later) grow up in small-town Norman Rockwell-isota. After Bailey dies, the dog-narrator continues a cycle of rebirth and wakes up as "Ellie," a German shepherd police dog, among others.

This syrupy tearjerker isn't content with the emotional button-pushing of killing off a dog, but has to do it multiple times in one sitting. The dog's perpetu-

ally earnest and childlike narration tries to lay down as much cutesy humor into every scene before the next dramatic pivot or hand-tossed tear-grenade.

"The Comedian" (R) -- Robert Di Niro stars as a foul-mouthed comic who gets a second chance at stardom while finding new romance with a fellow abrasive person played by Leslie Mann. Jackie (Di Niro) is a rude standup whose edgy material and biting insults don't match the old sitcom role most people know him from. Punching out a heckler gets him jail time and community-service hours, where he finds Harmony (Mann), a much younger dyspeptic serving her own sentence.

With an all-star cast of comedians and generally funny actors cycling in, the movie just seems to be spinning its wheels without getting anywhere. Subplots bubble up to the surface, but it's just new venues for Jackie to heap more mockery, punched up by insult comedian Jeffrey Ross.

"Gold" (R) -- This based-on-a-true-story film chronicles the turbulent story of a prospector who made a wild bet on finding a goldmine and got in over his head. Kenny Wells (Matthew McConaughey with a bald spot, extra pounds and unsettling enthusiasm in his eyes), desperate in a depressed economy, has a dream about finding a hidden motherlode of gold in Indonesia. With help from a geologist (Edgar Ramirez), a turbulent series of ups and downs sees Kenny go from the mud-covered jungle to the top of Wall Street, and eventually into a literal tiger's den. The movie strives for the mad energy of "The Wolf of Wall Street," but just can't hit the right note.

Sudoku answers on page 34

Weekly SUDOKU

by Linda Thistle

5			1				2	
		9		8		5		
	8			7	4			3
		6		3			8	
3			9					1
	7				5	4		
		7			6		5	
9			8					6
	1			2		3		

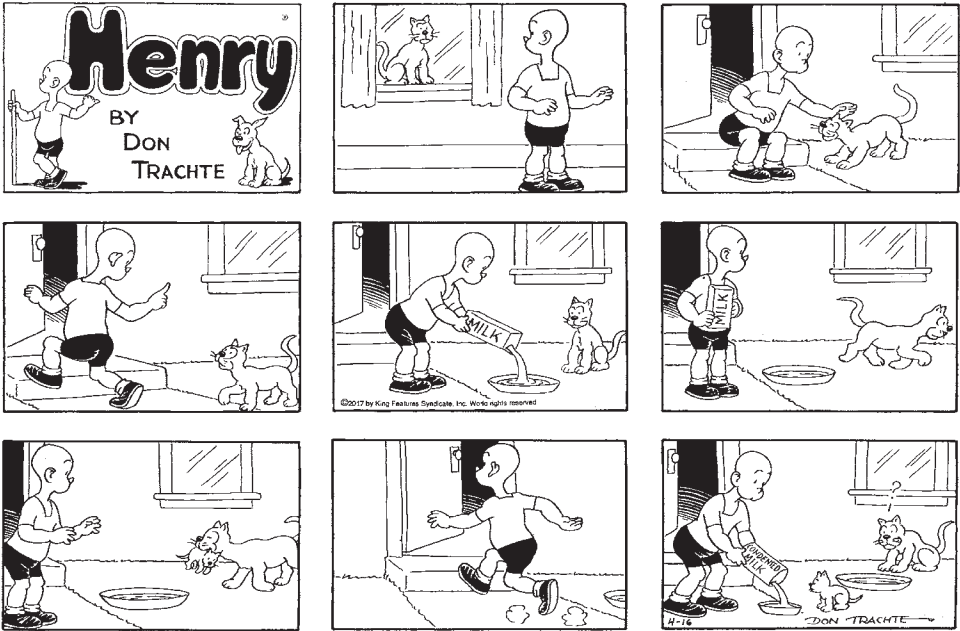
Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦♦♦

♦ Moderate ♦♦ Challenging
♦♦♦ HOO BOY!

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COMICS/CROSSWORD/HOLLYWOOD



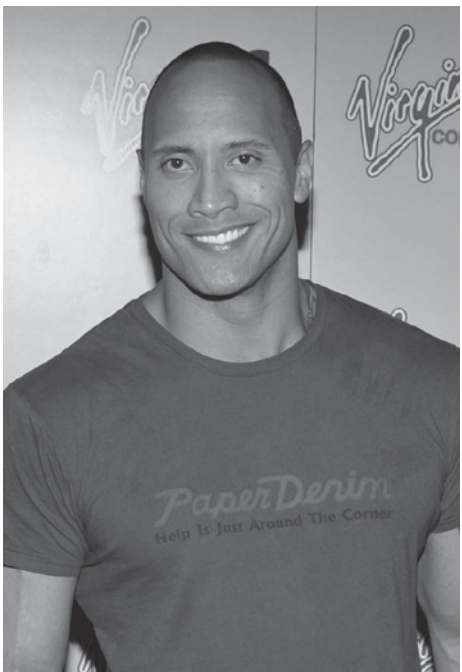
HOLLYWOOD

By Tony Rizzo

Will Dwayne Johnson and Vin Diesel's ongoing feud derail the "Fast & Furious" franchise? The bad blood began when "The Rock" complained, on social media, about Diesel's unprofessional habit of constantly being late for shooting. Considering that Diesel has been with the franchise from day one and is now one of the producers, he wields a lot of power.

But Johnson's star power has boosted the franchise. "Furious 4" (before Johnson) cost \$85 million and grossed \$363 million. He joined in "5," and it cost \$125 million and grossed \$626 million. "Furious 6" cost \$160 million and grossed \$789 million. "Furious 7" crashed the stratosphere at a cost of \$190 and a gross of \$1.516 billion.

Naturally, Universal Studios doesn't want to endanger its grosses, and has kept Dwayne and Vin apart while doing promotion for the just released "The Fate of the Furious." Johnson has "Baywatch" (May 26), "Jumanji" (Dec. 22), "Rampage" (April 2018) and "Fighting With My Family (2018)" awaiting release; while Diesel has "Guardians of the Galaxy 2" (out May 5), "Avengers: Infinity War" (May 4, 2018) and the untitled "Avengers" sequel (May 3, 2019).



Dwayne Johnson [Depositphotos]

star-studded judging panel. Our bet is that NBC will win!

Tom Hanks is never idle. His last film, "Inferno" (released in October), cost \$75 million and grossed \$220 million). He'll next be seen in "The Circle," with Emma Watson and the late Bill Paxton (out April 28), and he's also producing "Felt," with Liam Neeson, Diane Ladd and Tony Goldwyn.

Meanwhile, Nicole Kidman, wife of Keith Urban, currently has the HBO mini-series "Big Little Lies" and stars in Sofia Coppola's film "The Beguiled," with Colin Farrell, Kirsten Dunst and Elle Fanning. Awaiting release she has "How To Talk to Girls at Parties," with Elle Fanning; "Killing of a Sacred Deer," with Colin Farrell; and "Untouchable," with Bryan Cranston and Kevin Hart. Viewers of "Big Little Lies" were shocked during a scene between Nicole and Alexander Skarsgard ("The Legend of Tarzan") in which he damages his penis and they actually saw it, not once but twice. Viewers responded by saying that it was a "big" breakthrough in TV viewing!

We told you when Fox canceled "American Idol" that it would be back. The cost to produce the show -- because of the salaries of Jennifer Lopez, Keith Urban and Harry Connick Jr. -- and slipping ratings necessitated a reboot. Now that Freemantle, owners of the show, are ready to restart, NBC has joined the mix to steal the music show from Fox. Ironically, it was the heat from "The Voice" that hurt "Idol's" ratings, and now NBC wants to use the show to alternate with "The Voice." NBC would bring Ryan Seacrest back with a new

King Crossword

ACROSS

1 Emanation

5 Comedian DeLuise

8 Edinburgh dweller

12 Quarrel

13 — budget

14 Color quality

15 Think about

17 Erstwhile Peruvian

18 Mean

19 Animal shelter

21 Corroded

22 H.H. Munro's pseudonym

23 Handy Latin abbr.

26 Bobby of hockey lore

28 Celebrate

31 Cheer (for)

33 Still

35 Guns the engine

36 Literary category

38 With 46-Down, shared fairly

40 Scarlet

41 Bound

43 Billboards

45 Black eye, e.g.

47 Proof that you're who you say you are

51 Galley lineup

52 Shopper, e.g.

54 Thing

55 Part of "to be"

56 Part of N.B.

57 Metallica drummer

58 Homer's neighbor

59 From the start

DOWN

1 Spore cases

2 Word after 10-Down

3 Carry on

4 Bewildered

5 Unsteady, as from old age

6 Inseparable

7 Report card data

8 Scoundrel

9 Underhanded one

10 Fairy tale starter

11 Blue hue

16 Grooving on

20 Listener

23 Work unit

24 Pirouette pivot

25 Magician

27 Agt.

29 First lady

30 Leary's drug

32 Platitudes

34 Coached

37 Type measures

39 Probability

42 Pie nut

44 Diving gear

45 Seethe

46 See

38-Across

48 Prayer ending

49 Actress

50 Sketched

53 Tramcar contents

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PUBLIC NOTICES

A public notice is information informing citizens of government activities that may affect the citizens' everyday lives.

Public notices have been printed in local newspapers, the trusted sources for community information, for more than 200 years.

King Crossword

Answers

Solution time: 25 mins.

A	U	R	A		D	O	M		S	C	O	T
S	P	A	T		O	N	A		T	O	N	E
C	O	N	S	I	D	E	R		I	N	C	A
I	N	T	E	N	D		K	E	N	N	E	L
			A	T	E		S	A	K	I		
E	T	C		O	R	R		R	E	V	E	L
R	O	O	T		Y	E	T		R	E	V	S
G	E	N	R	E		P	R	O		R	E	D
		J	U	M	P		A	D	S			
B	R	U	I	S	E		I	D	C	A	R	D
O	A	R	S		C	O	N	S	U	M	E	R
I	T	E	M		A	R	E		B	E	N	E
L	A	R	S		N	E	D		A	N	E	W

Weekly SUDOKU

Answer

5	6	4	1	9	3	8	2	7
7	3	9	6	8	2	5	1	4
2	8	1	5	7	4	6	9	3
4	9	6	7	3	1	2	8	5
3	5	2	9	4	8	7	6	1
1	7	8	2	6	5	4	3	9
8	4	7	3	1	6	9	5	2
9	2	3	8	5	7	1	4	6
6	1	5	4	2	9	3	7	8

Woodbridge Town News

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Woodbridge Town News

All real estate advertising in the Woodbridge Town News is subject to the Federal Fair Housing Act, which makes it illegal to advertise any preference, limitation or discrimination based on race, color, religion, sex, handicap, familial status or national origin, or an intention to make any such preference, limitation or discrimination. Familial status includes children under the age of 18 living with parents or legal custodians, pregnant women and people securing custody of children under 18. The Woodbridge Town News will not knowingly accept any advertising for real estate which is in violation of the law.



RENTERS PROGRAM

Town of Woodbridge

Applications for the Renters Program may be filed with the Town's Assessor between April 3, 2017 and September 29, 2017.

Residents of Woodbridge who:

1. Have attained the age of 65 on or before 12/31/16.
2. Have full time residency in Woodbridge.
3. Total income does not exceed 35,200 for a single person or 42,900 for a married couple.

Individual(s) on Social Security Disability are exempt from the age requirement.

Proof of ALL 2016 Income and Social Security earnings is REQUIRED along with receipts and/or cancelled checks of ALL 2016 RENT AND 2016 UTILITIES (excluding phone & cable).

If you applied for the program last year an application will be mailed to you in April 2017.

Applications can be filed at the Assessor's Office, Town Hall, 11 Meetinghouse Lane, Woodbridge, CT 06525 Monday through Friday 8:30 am - 4:30 pm.

If you have any questions concerning this program, please call the Assessor's Office at 203-389-3416.

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ARTS & LEISURE

ANSONIA NATURE CENTER MAY CALENDAR OF EVENTS

NATURE EXPLORERS

Wednesdays, May 3 and
10, 10 am – 11:30am

Join Wendy for our preschool/toddler program. This 4-week session is for children ages 2–5 years old with an adult. These outdoor classes will be fun exploring and learning through play. We will learn about nature and science through activities such as hiking, exploring, singing, games, reading, and making crafts. Every class is outside!!!! TUITION: \$40 per 4-week session. Please call to register 203 736-1053.

ADVENTURES IN EDIBLE PLANT FORAGING

Saturday, May 6, 10 am

Karen Monger is the author of the 3 Foragers blog, which she runs with her husband, Robert, and their daughter, Gillian. Come join their family in discovering edible plants and harvesting them together in the park. Their mission is to impart their knowledge of wild edible plants to others. After the walk, try a wild food “sampler” made by the staff of the Nature Center. FEE: \$5. Please call to register 203 736-1053.

CARTOONING THE NATURAL WORLD

Sunday, May 7 & 21, 10 am

Ranger Amie Ziner, our artist in residence, will teach four classes in cartooning nature! We will use on site materials, stuffed specimens, and live animal observation to complete four cartoons with a plant and animal in each one. Improve your drawing accuracy and realism for fun, for story illustration, and for expressing yourself using pictures—a

picture is worth a thousand words! For ages 10 to adult; limited space. FEE: \$5 per class. Please call to register 203 736-1053.

SUNDAY GUIDED HIKE: History Hike

Sunday, May 7, 1 pm

Hike to the Nature Center’s historic sites with Ranger Dan. Discover old roads, stone walls, and even some secret treasures he’s found during his exploring. Enjoy the day off with your family on this Sunday hike. FREE. Please call to register 203 736-1053.

EARLY MORNING BIRDING

Saturday, May 13, 9 am

Join Ranger Jessica for our early morning birding. Find the birds living in or moving through our parklands to nest farther north. This is a prime time for birders to come and spot some of our magnificent migratory birds. Bring your own binoculars or use ours. Dress for walking outdoors. We will start with a quick introduction to birds. FREE. Please call to register 203 736-1053.

NATURE EXPLORERS

Wednesday, May 10, 10 am – 11:30am

Join Wendy for our preschool/toddler program. This 4-week session is for children ages 2–5 years old with an adult. These outdoor classes will be fun exploring and learning through play. We will learn about nature and science through activities such as hiking, exploring, singing, games, reading, and making crafts. Every class is outside!!!! TUITION: \$40 per 4-week session. Please call to register 203 736-1053.

TICKETS NOW ON SALE FOR CT BEATLES MUSIC FESTIVAL

Celebrating Sgt. Pepper 50th Anniversary In June

In celebration of the 50th anniversary of "Sgt. Pepper’s Lonely Hearts Club Band," Connecticut will be the home of the East Coast’s only Beatles Music Festival, the "Fab 4 Music Festival," to be held on June 10th to commemorate the occasion, and tickets are now on sale.

The full-day of Beatle-themed entertainment will "come together" at the Oakdale Theater in Wallingford, CT, where there will be two stages of performances, allowing twice the number of artists. Half of the groups will be performing indoors, under the Dome, while the other half will be playing outside on the patio.

The popular New York/New England regional Beatles-themed festival, known in past years as "Danbury Fields Forever," is a family-friendly Music, Foods & Arts Festival featuring the music of The Beatles, their solo material and songs from the sixties. The hours are 1pm until 10pm on June 10th, and, again in celebration of the 50th Anniversary of "Sgt. Pepper" and the year 1967, advance "Ticket to Ride" general admissions are only \$19.67. There are also V.I.P. tickets available. Note that admission will be higher at the door. Advance tickets available at Ticketmaster.

Along with the great entertainment of 20 bands, there will be Beatles and music memorabilia dealers & vendors, exhibi-

tors, attractions, kid-friendly activities, along with a large variety of food options available. The roster of talent includes The Hofners, Mystery Tour, Penny Lane, The Oh Nos, Number Nine, The

Taxmen, Rotary, BeatleHead, The WayBack Machine, Fools On The Hill, Pat Horgan & Thunder Road, Al Ferrante’s Country Gentlemen, Corporation TeeShirt, Dramatic Turn, Tim Palmieri (Beatles A-Z Show), Scott Ringle (formerly of the Blue Meanies),

Tim Root (formerly of The Neatles), Eric Herbst (of DizzyFish) and others.

The "Fab 4 Music Festival" on Saturday, June 10, 2017, is presented by Live Nation in association with Liverpool Productions, the same Connecticut Beatles fan club that presented "NYC FAB 50: The Beatles’ 50th Anniversary Celebration" in New York City, and have produced the Connecticut Beatles Conventions since 1978. It also organizes the annual fan vacations to Liverpool and London known as the "Magical History Tour".

The Fab 4 Music Festival is hosted by Charles F. Rosenay!!!, with Ken Michaels of the "Every Little Thing" radio show. With a full day of Fab 4 fun, 20 bands and non-stop music, as The Beatles sang, "It’s Guaranteed to Raise a Smile". For further info, visit www.Fab4MusicFestival.com or call (203) 795-4737.



Sacred Heart Academy
EXCELSIOR - IMPELLED BY CHRIST’S LOVE

MALE AUDITION FOR PRODUCTION OF CHITTY CHITTY BANG BANG

Sacred Heart Academy announces open auditions for male actors for the fall 2017 production of the Chitty Chitty Bang Bang. Auditions will be held at the Academy—265 Benham Street in Hamden—on Saturday, May 13 from 12:30 to 4:00 pm. Please prepare a verse and the chorus of a musical theatre song and be ready to learn a dance combination. You may sing something from the

show. Plan to stay the entire time.

This audition is open to male actors aged 13-18 enrolled in high school for the fall of 2017.

This production will go up at the historic Shubert Theatre the first weekend in November. For more information, contact the Director of the Musical, MaryLee Delaney, at mldelaney@sacredhearthamden.org.

LOCAL SPORTS



First row: Claire Gavin (Durham), Meagan Spring (North Haven), Carina Mancini (Middlefield), Jenna Guglielmi (Branford), Lauren Mullally (New Haven), Katie Porrello (Milford), Lucy Schumann (Stratford); Back row: Coach Joe Buccheri (Cromwell), Daniella Buccheri (Cromwell), McAllister Dixon (Woodbridge), Sophia Rodham (Madison), Melissa Montesi (North Haven), Juliana Constantinople (East Haven), Taylor Nowak (West Haven), Cecile Tobin (North Haven), Megan Froehlich (West Haven), Kate Hagness (Guilford), Coach Ed Rodham (Madison), Abby Hart (Fairfield).

SHORELINE SHARKS WIN USA HOCKEY CHAMPIONSHIP

Undefeated in Tier II State, Regional and National Tournament Play

The U14 Black (AA) Shoreline Sharks girls' hockey team won the USA Hockey's 2017 Tier II National Championship. Undefeated in State, Regional and now, National tournament play, the Sharks earned the title by beating the Wisconsin Black Cats 2 – 0 in a competitive game on Monday at the Troy Sports Center in Troy, Michigan.

"It was a phenomenal tournament run, I am proud of what the girls accomplished," said Head Coach Ed Rodham. "We played and beat teams from Alaska, Michigan, Colorado, New Jersey, Massachusetts and Wisconsin to win the championship title. The dedication of our players and their countless hours of practice paid off. We headed into the tournament undefeated in our last 20 games of the season, giving us the powerful momentum needed to win the USA Hockey National Championship."

The Sharks became the 16th team from Connecticut to win a National girls title since the championship tournament started in 1978.

The overall season was strong for the Sharks with a 43-11-10 record and the constancy of a top 10 national ranking according to myhockey.com. The team competed in the Connecticut Hockey Conference (CHC), winning the state Championship in early March. They advanced to the USA Hockey Regional Tournament in Augusta, Maine in mid-March. The Sharks defeated the Casco Bay Mariners 3-1 in the finals.

"From the moment I saw these girls play together at tryouts last year, I knew there was a powerful combination of talent and chemistry," commented

Rodham. "We added 7 new players last fall who were immediately welcomed, making the transition to a new team seamless. The comradeship with this group of players is the best I have seen in all of my years of coaching."

With the National title under their belts, the players will continue to skate and train through the summer, further developing skills and game play for the 2017-2018 season. A large number of the girls move up to U16 next year which will provide the Sharks with strong teams at multiple age levels.

The Sharks organization looks to expand the program by adding national tournament bound teams at the U16 and U19 levels and select participation in the competitive New England Girls Hockey League (NEGHL).

The Shoreline Sharks is the fastest growing and largest girls program in southern, CT offering developmental and competitive hockey programs for girls ages 3-19. The organization's goal is to foster teamwork, skill building and a passion for the game in a fun, challenging environment. Heading into the 2017-2018 season, the Sharks organization is adding competitiveness through participation in the New England Girls Hockey League (NEGHL) in addition to the Connecticut Hockey Conference (CHC) and Connecticut Girls Hockey League (CGHL). With teams at all age brackets and a focus on development, the Sharks offer something for everyone from the tier one player to the new-comer.

For more information, visit shorelinesharkshockey.com.

BARK BYTES...

By Vicki & Richard Horowitz



DOGS AND CATS...CAN THEY GET ALONG??

By Richard and Vicki Horowitz

The first week in May is National Pet Week...So can your dog and cat get along?? In many situations, dogs and cats can coexist peacefully. In other situations, not so much. The good news...chances are, you can restore harmony to your household if they are having problems getting along.

The prey drive, in some dogs, can be very strong. If something moves, the dog can be reactive; but there is an even stronger drive, the drive to please the pack leader, you. If dogs, in the wild, don't follow the rules, they don't remain part of the pack. Dogs know they need a pack in order to survive, so they follow the rules. They know they are part of your pack. In order to ensure your cat stays safe, you must get your dog to look to you as his leader so that his desire to please you overcomes his desire to chase the cat. Work with your dog on some training (come/sit/stay, walking to heel) to calm him down (mentally). This will also calm him down and improve his focus and respect for you.

It's not always that quick or easy to institute changes. Some situations really do take a lot of time. You may have to monitor the situation for a while and make sure your cat has an escape path to safety.

When introducing a dog and cat, take things slowly, calmly and cautiously. If you can, bring home an item with the new pet's scent on it so the existing pet can learn about the new pet through its smell first. Plan to place the cat's things somewhere the dog can't reach (such as up high) and be sure there is always an escape route so the cat can get away from the dog and feel safe.

While holding the dog on a loose leash, at first allow the dog and cat to see each other. If you fear the dog may get away from you quickly and hurt the

cat, use a muzzle if necessary.

With the dog in a down-stay, let the cat wander and come to the dog, if she chooses, for a sniff. Then call the dog away to get him to redirect his attention from the cat, and then allow them to greet again.

Remember, you also need to keep the cat from getting afraid and then running away, which will only trigger the dog's desire to chase. If the dog begins to fixate on the cat or lunges to get at it, quickly give him a command or just lead him away from the area for a few minutes. Never leave the animals alone and unsupervised.

Your goal is to help the animals learn to trust each other, as you yourself work on building a relationship of trust and leadership with the new dog. In the meantime, don't allow your dog to chase any cat, but do let him chase a ball or other appropriate toys.

If your dog begins to chase the cat, do not run after the dog. Instead, try to get his attention with a loud hand clap or command ("Leave it!"), or even a shake of his dog food bin. Redirect his behavior so you can leash him and allow the cat to get to a safe place.

Finally, the key to successful cat-dog introductions is to expose them to one another gradually under controlled conditions. You want to avoid creating situations where your cat runs away and your dog's prey/chase instinct is activated. If you have an adult dog that has never been socialized to cats, the introduction should be a very gradual process lasting 30-60 days.

Vicki and Richard Horowitz, of Woodbridge, are dog behavioral therapists and trainers with Bark Busters, the world's largest dog training company. For more information, call 1-877-500-BARK (2275) or visit www.dog-training-new-haven-ct.com.



ARIES (March 21 to April 19) Temper your typical Aries urge to charge into a situation and demand answers. Instead, let the Lamb's gentler self emerge to deal with a problem that requires delicacy.

TAURUS (April 20 to May 20) You are aware of what's going on, so continue to stand by your earlier decision, no matter how persuasive the counter-arguments might be. Money pressures soon will ease.

GEMINI (May 21 to June 20) By all means, have fun and enjoy your newly expanded social life. But don't forget that some people are depending on you to keep promises that are very important to them.

CANCER (June 21 to July 22) You need to wait patiently for an answer to a workplace problem and not push for a decision. Remember: Time is on your side. A financial matter needs closer attention.

LEO (July 23 to August 22) You now have information that can influence that decision you planned to make. But the clever Cat will consult a trusted friend or family member before making a major move.

VIRGO (August 23 to September 22) Good news: You're finding that more doors are opening for you to show what you can do, and you don't even have to knock very hard to get the at-

tention you're seeking.

LIBRA (September 23 to October 22) Your gift for creating order out of chaos will help you deal with a sudden rush of responsibilities that would threaten someone less able to balance his or her priorities.

SCORPIO (October 23 to November 21) Congratulations. Your energy levels are coming right back up to normal -- just in time to help you tackle some worthwhile challenges and make some important choices.

SAGITTARIUS (November 22 to December 21) The sage Sagittarian should demand a full explanation of inconsistencies that might be cropping up in what had seemed to be a straightforward deal.

CAPRICORN (December 22 to January 19) A conflict between obligations to family and to the job can create stressful problems. Best advice: Balance your dual priorities so that one doesn't outweigh the other.

AQUARIUS (January 20 to February 18) Don't guess, speculate or gossip about that "mystery" situation at the workplace. Bide your time. An explanation will be forthcoming very soon.

PISCES (February 19 to March 20) Boredom might be creeping in and causing you to lose interest in a repeat project. Deal with it by flipping over your usual routine and finding a new way to do an old task.

BORN THIS WEEK: You can warm the coldest heart with your lyrical voice and bright smile. You find yourself at home, wherever you are.



top ten

'POWERHOUSE' FOODS

1. Watercress
2. Chinese cabbage
3. Chard
4. Beet green
5. Spinach
6. Chicory
7. Leaf lettuce
8. Parsley
9. Romaine lettuce
10. Collard green

Source: CDC

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HOCUS-FOCUS

BY HENRY BOLTINOFF

27 FLAVORS

Find at least six differences in details between panels.

23 FLAVORS

Differences: 1. Bow is smaller; 2. Sign is missing; 3. Jacket is slimmer; 4. Scoop is missing; 5. Number is different; 6. Ice cream cone is moved.

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CALMING A FEARFUL DOG

DEAR PAW'S CORNER: My little Schnoodle, "Daisy," hates noises, thunder, firecrackers and more -- but only indoors. We can be outside and have large trucks go by with air brakes squealing, and she doesn't care. But ordinary house noises, like windows creaking, have begun to bother her recently. Last year I got a new front door and it really cracks and creaks in the afternoon when it gets hot. She is petrified of this, shaking and panting the entire time. Please help, as we are at our wits' end. -- Pam, via email

DEAR PAM: If the issue started over the past year, have the veterinarian check her out thoroughly. Not just her hearing and sight, but for any underlying conditions.

While Schnoodles are less prone to certain health conditions of their parent breeds (poodle and Schnauzer), they could still suffer from inherited conditions. According to

the AKC, autoimmune thyroiditis is one possibility; behavioral changes like excessive anxiety are among the symptoms of this condition.

However, even completely healthy dogs can develop a phobia to noise, perhaps because they attach a negative experience to a specific noise. In that case, TLC and training can help, along with medication if needed.

Talk to the vet about Daisy's noise phobia and work out a treatment and training plan, if possible. For example, use anti-anxiety medication for a time to help Daisy stay calmer, but then begin replacing meds with positive-stimulation training. This is done by making the sound that causes anxiety, but giving Daisy a favorite treat or praise each time the sound is made. There's more to it than I have room to explain here, so consider working with a trainer to help Daisy handle that creaky door.

Paw's corner
by Sam Mazzotta

Send your questions or comments to ask@pawscorner.com.

The Garden Bug

Planting by the moon

Just as the moon influences the tides, it also has a gravitational effect on the moisture within the earth, and the moisture within plants themselves.

From the day the moon is 'new' to the day it is 'full,' plant annual flowers and vegetables that bear crops *above* ground.

From the day after it is 'full' to the day before it is 'new' again, plant flowering bulbs, biennial and perennial flowers, and vegetables that bear crops *below* ground. - Brenda Weaver

Source: www.almanac.com, themicrogardener.com



You Choose...



Beth Heller

Tony Anastasio

A 7-Year Saga: The Country Club of Woodbridge...

Supports Toll Brothers' high-density development and votes to send proposal to referendum.

2011

Participates in successful grass roots effort to defeat Toll Brothers' high-density development.

Result: Referendum defeated 2:1

As Deputy First Selectman ignores Anastasio's co-authored business plan addressing the property.

2013

Co-authors business plan addressing the property before it becomes a further financial burden on the town.

Result: Town continues to lose taxpayer money

Again, supports Toll Brothers' plan for 100+ condo units and cluster homes.

2016

Opposes and blocks advancement of Toll Brothers' plan for 100+ condo units and cluster homes.

Result: Toll Brothers withdraws proposal

Dramatically reverses position in campaign materials and now claims to favor the preservation of this open space.

2017

Steadfastly holds the position of **NO** changes in zoning to allow high-density development. Stays true to the preservation of open space and the rural character of Woodbridge.

Campaign video declares, "I don't have all the answers yet, but I do have a vision." A vision but **NO** plan.

2017

Campaign platform includes a detailed, step-by-step plan to solve the ongoing CCW issue once and for all.

Result: You choose...

It Should Be All About Woodbridge

Claims local government should be non-partisan yet campaign relies on U.S. Sens. Blumenthal and Murphy and U.S. Rep. DeLauro to support her candidacy by delivering national partisan messages.

Campaign short on detailed platform positions on local issues, promoted by career Washington and Hartford politicians in partisan fashion.

Agrees local government should be non-partisan and is running with a slate of Republican, Unaffiliated and Democrat candidates talking exclusively about local Woodbridge issues without national or state influence.

Campaign offers detailed platform positions on local issues and his record as a Selectman. Promoted by Woodbridge residents without partisanship.

Support
Team Tony 17
Purposeful Planning ★ Sensible Solutions

VOTE Monday, May 1st

Call for a ride: 203-376-2309



Polls open 6:00 a.m. - 8:00 p.m.



Center Road School

Paid for by Woodbridge 17, Janet Barillari, Treasurer.