

Woodbridge Town News



Woodbridge's Exclusive Newspaper

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CIRCULATION 4911

FRIDAY, MAY 2, 2014



Congresswoman Rosa DeLauro speaks of the changes proposed by the Bureau of Indian Affairs, which could affect Connecticut homeowners. She is flanked by Assistant State Attorney Mark Kohler, left, head of special litigation for tribal issues, and Attorney Gerald Weiner of Woodbridge.

BUREAU OF INDIAN AFFAIRS PROPOSAL OPENS OLD FEARS

By Bettina Thiel – Woodbridge Town News Correspondent

Some 300 years after European settlers first took roots in this area, the coexistence of Indian tribes and the colonists can still rile raw emotions. Whose land is it, anyway?

The issue is taking on new urgency as the Bureau of Indian Affairs is proposing to change the rules under which descendants of Indian tribes can apply for federal recognition. If this change goes through, it would give the Golden Hill Paugussetts, whose status as a tribe was denied by the same bureau in 2004, a second chance. For some 15 years before that decision, the Golden Hill Indians tried to lay claim to many parcels of land, many of them in Orange, which left those homeowners in a legal limbo. Their hope was to build an entertainment center in Bridgeport.

Congresswoman Rosa DeLauro faced some 50 homeowners at a meeting April 16 at the Woodbridge Town Hall, homeowners who had heard about the proposed changes and came to find out if and why they had to worry about an issue they thought had been laid to rest ten years ago. Many came from Orange, some from Seymour, from Trumbull and Stratford. "I am here to bring people up to date about the BIA changes that are proposed," DeLauro said. "It's also an opportunity to listen to you."

See "Bureau of Indian Affairs" continued on Page 13

Mother's Day Sunday, May 11



TOWN BACKS SETTLEMENT

Fire Pits to be Moved Away from Wetlands

By Bettina Thiel – Woodbridge Town News Correspondent

The Woodbridge Fire Commission, a town agency, and the Inland-Wetlands Agency agreed to a settlement, which would allow the fire department to keep the barbecue area in the back of the firehouse, but agreed to move it away from the wetlands.

In an effort to allow the settlement to go forward, the Woodbridge Board of Selectmen followed suit and voted April 9 to give the proposal their blessing.

The two Republican selectmen, Joe Dey and Tony Anastasio, voted against.

At issue was a patio with two large fire pits the firemen built for themselves

See "Fire Pits" continued on Page 4

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Nature's Jewels for WPA Photo Exhibition – photo taken at Alice Newton Street Memorial Park behind First Church of Christ Woodbridge

PHOTOS OF GREEN SPACE IN WOODBRIDGE NEEDED

Submit your photos of your favorite green spaces in Woodbridge! Photos could be of your backyard, your favorite spot in the Woodbridge parks and trails, the Community Gardens, Massaro Farm ---any green space qualifies! We want to highlight and celebrate the beauty of nature in Woodbridge. The Woodbridge Park Association is sponsoring an exhibition of all submitted photos as part of its 85th Anniversary celebration. This anniversary coincides with the Garden Club of Woodbridge's 80th anniversary and the Woodbridge Land Trust's 50th anniversary. All photos will be displayed at the Woodbridge Library for the entire month of September, with an opening reception to be held on Saturday, September 6th from 2:00-4:00 p.m.

Photos may be submitted by any Woodbridge resident at Woodbridge Town Hall or by mail c/o Leslie Martino, 70 Penny Lane, Woodbridge CT 06525. Photos need to be printed, either black and white or in color, 8 X 10 inches in size. Please include the name and contact information of the photographer and the location/site of the photo. Because we are mounting the photos to display them, we will be unable to return photos. Submit now through June 15, 2014. Photos will not be judged, just admired!

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<p>NEW LISTING!</p> <p>4 Country Court, Woodbridge Dalia Coleman \$386,000</p>	<p>NEW LISTING!</p> <p>8 Pine Hill Road, Woodbridge Judy Cooper \$495,000</p>	<h2 style="margin: 0;">THE LEADER IN WOODBRIDGE SALES*</h2> <p style="font-size: 0.6em; margin: 0;">* Per CTMLS unit sales, LTM thru 4/30/14</p>				<p>NEW PRICE!</p> <p>50 Hunting Hill Road, Woodbridge Patty Bray \$515,000</p>	<p>NEW PRICE!</p> <p>10 Deer Run Ridge, Woodbridge Laura Elman \$765,500</p>
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“Fire Pits” continued from Page 1

behind the firehouse without getting the proper permits. The Inland Wetlands Agency determined that the installation impacted the wetland buffer it was charged to protect and denied an after-the-fact permit application.

The fire commission, with pro bono help from Attorney Dominic Thomas, filed an appeal with the Superior Court in Milford, where it was referred to arbitration under Judge Arthur Hiller.

The Settlement

Under the terms of the settlement, the fire commission will move the patio area away from the wetlands. That entails taking away 10 feet of the patio closest to the wetlands in the south, but they are allowed to add up to 15 feet on the other side, toward Center Road.

The Fire Commission also agreed to provide plantings and fencing between the patio and the wetland, to “create more of a buffer,” said Wetlands Agency Chairman Robert Blythe in a phone interview. He said these are typical measures to protect wetlands from human activity, and they were recommended by the wetlands consultant Michael Klemens.

According to the terms of the settlement, the fire commission will provide up to \$500 for the plantings and the labor.

In addition, the fire commission will install a two-rail split rail fence in front of the plantings, starting from the parking lot and continuing in a generally straight line toward the stonewall close to the walking trail.

The purpose of the fence is to “prevent access to the wetlands area at issue,” the settlement says.

The deadline for these measures to be implemented is June 30. Wetlands Enforcement Officer Terry Gilbertson and the town’s Administrative Officer Tony Genovese will be overseeing the completion of the project.

First Selectman Ellen Scalett said the reason she voted for this solution was to prevent two town agencies from “taking the next step” in the lawsuit. For the longest time the two agencies failed to come to an agreement, even through arbitration. A full-blown legal battle would have cost the town thousands of dollars more in legal fees.

“For a while it looked as if they weren’t going to reach an agreement,” she said in a phone conversation. “But both sides worked really, really hard, and both made compromises they would have preferred not to make,” she said.

“The Board of Selectmen action of approving it was undertaken in that same spirit,” she said.

Two Buffers to Uphold

The property the firehouse is built on is demarcated by Center Road in the North, and wooded open space on all other sides. A wetland is behind the firehouse, between

the parking lot and the community gardens.

The Wetland buffer, also called upland review area, is a 100-foot area to protect the integrity of wetlands.

In addition, the town at the time of the siting of a new firehouse, in order to appease those who feared that the open space and Fitzgerald walking trail would be compromised, provided that any activity in a 100-foot buffer between the firehouse and the walking trail has to be approved by the Board of Selectmen.

“They can’t put any structure unless the Selectmen approve it first,” Scalett said.

It doesn’t mean no activity can happen in that buffering zone, Scalett said, but it has to be evaluated on a case-by-case basis.

“In the interest of resolving this matter and for this proposal to go forward, we agreed to it,” she said.

The chairman of the Fire Commission, Elia Alexiades, echoed the first selectmen’s words that they all worked hard to try and find a resolution that would be satisfactory to everyone.

The 100-foot buffer that the Selectmen are charged with is not impacted, he said.

“If the purpose of the buffer is to provide a buffer to the walking trail, this [the patio] does not impact the buffer, he said.

Voting Against

Selectman Joseph Dey said he voted against for two reasons. The discussion of the settlement and the 100-foot buffer the Selectmen are charged with should not have been linked in one executive session.

The discussion about the buffer should have taken place in an open discussion, he said.

In addition, “I also wasn’t totally thrilled with the outcome of the settlement,” he said. He would have preferred a solution with one fire pit and a shorter patio. Yet, “I’m happy it’s done. I’m happy we can move forward.”

He also emphasized that his no vote does not represent “some sort of animosity” against the fire department and bears no reflection on what the firefighters do.

In a similar stance, Selectman Tony Anastasio said he was happy a settlement was reached, even if he didn’t agree with the terms of the settlement.

It didn’t make sense to take away 10 feet on one side and give them 15 on the other, he said.

Cost to the Town

Scalett said the town paid for the Inland-Wetlands attorney, Phil Kent. The attorney representing the Fire Commission, Dominic Thomas, a town resident, worked pro bono.

Legal costs amounted to some \$14,000, she said. The cost for plantings and fencing will be borne by the Fire Association.

“Had the case gone forward, it would have cost us a good deal more,” she said.

The court is expected to approve the proposed settlement sometime this week.



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WOODBIDGE RUNNING CO. TO HOLD 2ND ANNUAL LADIES NIGHT

Woodbridge Running Company, 7 Landin Street, is presenting our 2nd Annual Ladies Night on Wednesday, May 14th from 7-9 pm. This is a free, fun and informative evening that is focused on providing women of all ages and abilities the opportunity to learn more about running/walking, getting and staying healthy, and enhancing wellness. For this event, there will be foot evaluations/shoe fittings, presenters on yoga, massage, nutrition, and kettlebell training as well as special deals on shoes and apparel. Light refreshments will also be served. To find out more about the event or for directions, call the WRC store at 203-387-8704.

Presenters:

Edi Marci is a certified Bikram yoga instructor who has owned her own studio (Bikram Yoga-Shelton) for over 14 years, and ran a Milford studio for 5 years prior to that. Edi will present on how yoga can help both runners and health-conscious women looking to enhance their wellness routine.

Diana Rosa is a Registered Dietitian/Nutritionist with a degree in Clinical Nutrition and a Master's in Exercise Physiology. She's been working in private practice, counseling patients in bariatric surgery education, medical weight loss, diabetes care and other clinical disease states related to nutrition for 15 years. Diana's presentation will focus on the importance of good sports nutrition.

Christina DeVos has been a personal trainer since 2009 and Licensed Massage Therapist since 2011. Christina interned under Dr. Brett Carr (chiropractor for the Sound Tigers hockey team) and is a Strong First Gyra Level 1 Kettlebell instructor, who will be completing her level 2 later this year.

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FIRE DEPARTMENT OFFERS FREE CHILD CAR SEAT INSTALLATION

You can have a trained car seat technician install your child's car seat for free on the first and third Mondays of the month.

Four of Woodbridge's volunteer firefighters have completed a 50-hour class sanctioned by SafeKids.org. These volunteers offer free car-seat installation on the first Monday of the month from 6:30-7:30 p.m. and the third Monday of the month from 5:30-6:30 p.m. at the Fire Station.

"Our volunteers love providing this service free of charge to Woodbridge residents," says Fire Chief Sean Rowland. "We take safety very seriously, and we are proud to help parents keep their children safe in the car."

"If you have children or grandchildren, please take advantage of this important service," said Woodbridge First Selectman Ellen Scalettar. "Volunteer Al Koerner showed me how to safely install and remove a child seat in my car for when my infant granddaughter visits. I feel more comfortable having her in the car now that a trained professional installed the car seat."

As an added bonus, children who accompany their parents for this free service get the chance to touch a fire truck.

The Fire Department also offers emergency appointments on an as-needed basis. Since 2013, the volunteers have installed 119 car seats and offered two car seat clinics.



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JCC EVENTS FOR MAY

All events take place at the JCC of Greater New Haven, 360 Amity Road, Woodbridge unless otherwise stated.

Dancing Thru Pregnancy: Total Pregnancy Fitness

Class begins Tuesday, 5/6, 6-7pm - The premier pregnancy fitness program for healthy mom and baby! Four sessions: \$40 for JCC members, \$60 for nonmembers or drop-in \$15m/\$20nm per class. Contact: Susan Donovan, 203-387-2JCC, susand@jccnh.org

Kabbalah Inspired Expressive Art & Writing Workshop

Register by Tuesday, 5/1 - Wednesday, 5/7, 7-9pm. Facilitated by certified expressive arts educator, Amy J. Barry. A modern interpretation of the ancient Hebrew letters of Kabbalah will serve as inspiration for a variety of creative exercises that help people explore the intuitive, imagistic right side of the brain and transform negative thoughts and emotions into positive, life-altering responses. Atmwrite-ct.com. Cost: \$25. Location: JFGNH Shoreline Office, Lighthouse Square, 705 Boston Post Road, Guilford, 06437. Register: Jill Lesage, 203-738-0033, jwlesage@jewishnewhaven.org.

Shabbat Friends Cooking Series (Ages 3-5)

Friday, 5/9, 1-2pm. A FREE monthly program provides a child-friendly space to ring in Shabbat in a format that captivates and encourages exploration through cooking. Appropriate for Ages 3-5 years old with a caregiver. Future Dates: 6/13. Contact: Laura Ross, 203-387-2JCC, laurar@jccnh.org.

LJ On The Shoreline

Wednesday, 5/14, 11am - LJ is coming to you! Join LJ as we play, learn and grow to a surprise PJ book! Location: JFGNH Shoreline Office, Lighthouse Square, 705 Boston Post Road, Guilford, 06437. Contact: Laura Ross, 203-387-2JCC, laurar@jccnh.org.

JCC Youththeatre Presents The Wizard Of Oz

Sunday, 5/18, 2pm - Fun for all ages. Tickets: \$10. Contact: Alison Lurie, 203-387-2522 x313, alison@jccnh.org.

Field Day And Cookout At JCC Day Camp (Ages 5-8)

Sunday, 5/25, 2-4pm - \$5 per child. Participate in outdoor games and activities, smores by the fire and more up at JCC Day Camp! Appropriate for ages 5-8 years old with caregiver. Registration Required, Laura LJ Ross, 203-387-2522 x 317, laurar@jccnh.org.

On The Road With LJ

Wednesday, 5/28, 4pm - Keep your eyes peeled for LJ coming to a location near you! Play, Learn & Grow. Location: Peabody Museum, 170 Whitney Avenue, New Haven, 06511. Contact: Laura Ross, 203-387-2JCC, laurar@jccnh.org.

Stephen Pryor, Commissioner of Education for the State of CT

Wednesday, 5/21, 9am - Hosted by the Jewish Coalition for Literacy (JCL). Breakfast provided by Abel Catering. JCL volunteers will be recognized at the breakfast. Information on how to become a Reading Partner to New Haven youth will be available. JCL is an award-winning project partnering with seven New Haven public schools to recruit, train, and support volunteer reading partners in local public schools to read one-to-one with children. Students benefit from the interaction with a caring adult, sharing the pleasures of reading and the enjoyment of learning. <http://www.jewishnewhaven.org/page.aspx?id=246718>, Contact: Brenda Brenner, 203 387-2424 x308, bbrenner@jewishnewhaven.org.

Woodbridge Town News

THE WOODBRIDGE TOWN NEWS ONLINE

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COAST GUARD AUXILIARY ANNOUNCES BOATING CLASS

U.S. Coast Guard Auxiliary Flotilla 24-11 is offering a one-day About Boating Safely class on Saturday, May 3 from 8:00 AM to 4:30 PM.

In a classroom format, attendees will learn general information about boats and maintenance, navigation rules and aids to navigation, what to do in case of boating emergencies and Connecticut-specific law and regulations. Individuals who successfully complete this course will qualify for both the Connecticut Safe Boating Certificate and the Certificate of Personal Watercraft Operation. The course fee is \$60.00.

The classes will be held at the USCG Auxiliary West Haven Flotilla facility, 1 Kimberly Avenue, West Haven, CT. For further information or to register, please contact either Charlie Phippen at (860) 828-5438 or David Wendelowski at (203) 932-2651. Alternatively, information and on-line registration is available at <http://a0142411.uscgaux.info/educ.html>. A free State of CT Conservation ID Number must be obtained before the class by registering at ct.outdoorcentral.net.

AMITY HIGH CLASS OF 1974 - 40TH REUNION

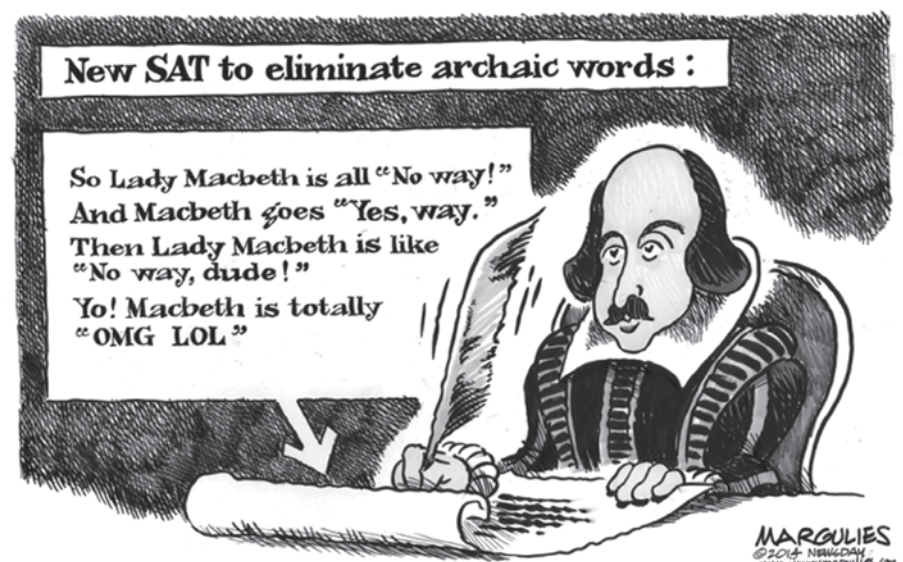
The Amity Regional High School Class of 1974 will be holding it's 40th reunion at the Oak Lane Country Club in Woodbridge on Saturday, October 11, 2014, between 7:00 PM and 11:30 PM. If you use Facebook, please join the Amity Class of 1974 group to reconnect with old friends and learn more about reunion plans. The event features a full buffet with carving stations, coffee and dessert, and have a cash bar along with a DJ playing the vintage music of our time... all for \$65.00 per person. Please sign up ASAP. We need advance reservations to plan our catering! Remaining proceeds from the event will be donated to an Amity Class of '74 Scholarship fund. More info and reservations at: <http://networksolutionexperts.com/Amity1974.html>.

BETHANY VFD & AUXILIARY 7TH ANNUAL CAR, BIKE & TRUCK SHOW

The Bethany Volunteer Fire Department will be hosting its 7th Annual Car, Bike and Truck Show. This show will also include a garden tractor pull event. All antique cars, trucks, muscle cars, motorcycles and big trucks are welcome! The event features people's choice judging. This event will be held on Saturday, June 21, 2014 from 11am-5pm at the Bethany Airport Field, adjacent to fire headquarters, 765 Amity Road, Bethany. Show vehicles should arrive at 10am with raffle and trophies being distributed at 3:30pm. Registration for the garden tractor pull event will begin at 9am and pulling will begin at 10am. The cost for the event is \$10

for parking per carload/show vehicle and \$5 entry fee for the garden tractor pull event.

The event offers fun for the entire family with a 50/50 raffle, face painting & tattoos and a DJ. This year will again feature our famous food tent with fire fighters and auxiliary members hard at work cooking delicious pulled pork sandwiches, sausage & peppers, hamburgers, cheeseburgers, hot dogs and ice cream. If you have any questions, please contact Amy Cogill at 203-410-2602 or Rich Cogill at 203-954-8597 or visit <http://www.bvfdct.com/>. This event is sponsored by Laticrete International Inc.



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Woodbridge Senior Center: 4 Meetinghouse Lane
Woodbridge Tae Kwon Do: 152 Amity Road
Woodbridge Town Hall: 11 Meetinghouse Lane
Woodbridge Town Library: 10 Newton Road

If you would like to have additional copies of the Woodbridge Town News available at your organization or business, please call 203-553-9062.



Below are the next three Woodbridge Town News issue dates and deadlines. Thank you for your submissions to Your Home Town Newspaper.

Table with 2 columns: Upcoming Issue Deadline, Upcoming Issue Dates. Rows include Memorial Day Issue, Fathers Day Issue, and Independence Day Issue.

Note: Copy due by 4:00p.m. Thank you.

FROM OUR READERS

To the Editor

The Town of Woodbridge has reason once again to thank its volunteers for their commitment and dedication to the Town. Specifically, I write to laud the extraordinary efforts of the Chairs and Members of the Inland Wetlands Agency, the Fire Commission and our volunteer firefighters to settle their differences with respect to the patio and fire pits alongside the firehouse.

Background: At my request, both agencies agreed to participate in non-binding mediation before a Superior Court judge. Each side felt strongly about the merits of its case, but, as the judge reminded them, there is no guarantee for success at trial. The parties worked diligently and in good faith to arrive at a compromise they could live with and to act in the best interests of the Town.

It was clearly in the best interests of the Town to resolve this dispute between two of our own boards and commissions, which was, in essence, Woodbridge suing Woodbridge. In this case also, the dispute was over Town owned property. Very importantly, the attorneys' fees for both parties were ultimately the Town's responsibility.

The settlement: The terms of the settlement have been distorted in recent letters to the editor. The actual language is posted on the Woodbridge Town Website, woodbridgetownnews.org. Highlights include:

The Fire Department will:

- remove the 10 feet of the patio closest to the wetlands;
provide landscaping as set forth in the agreement;
enclose the southern edge of the patio and fire pit;
erect a two-rail split rail fence as set forth in the agreement;
construct curbing around the dumpster;
provide the labor and up to \$500 worth of plants;
and may construct an additional 15 feet of patio on the northerly end of the existing patio.

The "buffer" issues: There are two separate "buffers" being discussed in connection with this matter:

- 1. The Inland Wetlands Upland Review Area is the land within 100 feet of wetlands, but not wetlands itself. The IWA has jurisdiction over anything within this Buffer, and that was the subject of the compromise between the Town boards.
2. The other "buffer," arguably created by the Board of Selectmen (BOS) in 2007, requires BOS approval for the placement of structures or usage within 100 feet of either side of the new firehouse. The agreement includes existence of the patio within this area.

Since the case involved the use of Town property, any settlement needed approval by the BOS as well as by a Superior Court judge. The BOS approval, which was granted in a 4-2 vote at the BOS meeting on April 9th, also satisfies the BOS buffer approval language.

In conclusion, the settlement of this lawsuit saves the Town money, ends a dispute between two Town agencies and allows us to move forward together with other important issues facing the Town.

Thank you for printing this letter.

Ellen Scalettar
Woodbridge First Selectman

See more "From Our Readers" on page 11



WTN Letters Policy

Submit your letters for our "From Our Readers" section to: Woodbridge Town News, P.O. Box 1126, Orange, CT 06477 or email: letters@woodbridgetownnews.com.

Please limit letters to 500 words and include a daytime phone number in case we have any questions. Letters must be exclusive to the Woodbridge Town News for publication. We reserve the right to reject any letter.

FROM YOUR STATE SENATOR

By Joseph Crisco



CT Smart Start Will Exponentially Increase Enrollment In Preschool Programs

Standing with teachers, superintendents of schools and early education experts, State Senator Joseph J. Crisco, Jr. (D-Woodbridge) cheered legislative leaders' announcement of Connecticut Smart Start, an historic 10-year, \$200 million plan to provide 50,000 children with high-quality early education. "We want to give our children the best possible start in life, and pre-K initiatives are one of the most effective ways to achieve this," said Sen. Crisco. "This is an opportunity to lift more students out of the achievement gap and dramatically improve life outcomes across our state. This is a plan for Connecticut's future."

Program Structure

- Oversight: grant program administered by Office of Early Childhood (OEC).
- High Quality: teachers must be certified; programs must obtain National Association for the Education of Young Children (NAEYC) accreditation within 3 years of receiving funding; classroom size cannot exceed 16 children with child-teacher ratio not greater than ten to one.
- New Capacity: funding is directed toward traditional public schools and cannot supplant existing program funding; towns must create or expand current programs.
- Creating Efficiencies: programs will be funded on a programmatic basis rather than a "per-slot" basis of the current system.
- Allowable Expenses: capital costs such as renovation of classroom space, and operating expenses such as hiring of certified teachers, and purchasing materials and supplies.

Who can Apply?

- Any city or town that can demonstrate an unmet need for pre-school.
- Programs must prioritize space for students eligible Free and Reduced Price Lunch.
- Programs in traditional public schools are eligible for funds.
- Includes but is not limited to Priority School Districts, Competitive School Districts and Alliance Districts.

Cooperative Efficiencies

- Program offers the potential for regional cooperation – multiple towns could join together to create a regional program and submit a joint proposal.
- Professional development offered by school districts for their teachers must be made available at no expense to community child care providers – currently some professional development offered regionally – private providers could take advantage of greater opportunities for professional development.

How is it funded?

- \$10 million each year over 10 years in bonding for capital expenses; \$10 million each year over 10 years appropriated from Tobacco Trust Fund for operating expenses.
- Initial funding grant to town is for 5 years; possible renewal for another 5 years assuming quality and outcomes; annual reporting to OEC.
- Any funding allocated for this purpose will be excluded from the Minimum Budgetary Requirement (MBR).

"I am encouraged to see the commitment by state leaders for early childhood education," said Ken DiPietro, Superintendent of Plainfield Public Schools. "Given stresses on families, the changing economy and the expectations of student achievement, we need to provide schools with the means to give all children the tools they need to succeed in school."

"This initiative gives teachers a much better chance of reaching those young minds and opening them up to a myriad of possibilities, so that they can make their own lives better," said Blaise Messinger, 2013 Connecticut Teacher of the Year. "That's why we teach. To make lives better. Yes, as the research shows, it will help to close the achievement gap, but it's about more than just academics and test scores. It's about kids getting a real opportunity to become good citizens and make a better state, a better nation, and a better world."

Woodbridge Town News

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LOCAL BUSINESS



MERGER: LARGEST ORTHOPAEDIC PRACTICE IN SOUTHERN CT

Connecticut Orthopaedic Specialists, PC (Connecticut Orthopaedic) and OrthopedicHealth have announced that they have entered into a definite merger agreement. The merger creates the largest, independent orthopaedic specialty practice in the region with 27 physicians including 21 board certified specialists. The practice features orthopaedists, podiatrists, physiatrists, and in-house physical and occupational therapists.

"Too often, mergers are about diminished services and consolidation. We both had something very different in mind," stated Glenn Elia, CEO of Connecticut Orthopaedic Specialist, PC. "The doctors of OrthopedicHealth are among the top in their fields of expertise and we are thrilled to have them on our team. This merger enhances our ability to emphasize the patient - doctor relationship and provide easy access and compassionate musculoskeletal care at the community level."

The doctors of OrthopedicHealth will continue to operate from their 849 Boston Post Road, Milford, CT medical offices. Their patients will now be able to utilize Connecticut Orthopaedic Specialists, PC's group physical therapy, MRI and surgical facilities located at nine southern Connecticut locations.

"Connecticut Orthopaedic's core value of emphasizing the patient-doctor relationship was key for us," stated Dr. Tedd L. Weisman, founder of OrthopedicHealth and Chairman of the Department of Orthopedic Surgery at Milford Hospital. "Our patients will still be our patients, but they will now have access to a variety of additional services and neighborhood locations through Connecticut Orthopaedic's network." Dr. Weisman practices with Amit Lahav, M.D., and Aaron K. Schachter, M.D. at OrthopedicHealth. Each doctor is an expert in diagnosing and treating orthopaedic conditions. They perform state-of-the-art procedures such as joint replacement, arthroscopic surgery, and trauma surgery.

Woodbridge Town News

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TOWN DEPARTMENTS & AGENCIES

NEW ZONING REGULATION PROTECTS RESIDENTIAL AREAS

The Town of Woodbridge's Plan and Zoning Commission created a new regulation designed to protect the residential character of Woodbridge neighborhoods by controlling excessive traffic. At its April 7 meeting, the Commission discussed and approved a regulation that would require a Special Exception for any development that would provide street access on or across land in a residential zone.

The Commission became aware of this issue when a developer sought to construct a Continuing Care Retirement Community at 902 Baldwin Road. Cars and trucks would have passed through a Woodbridge residential area to access that proposed (and scrapped) development in Derby, potentially creating excessive traffic in Woodbridge.

Although that specific development did not come to pass, the Commission adopted the regulation to protect Woodbridge residents from similar potential situations anywhere in town in the future. "Once again, our volunteer commission members are tuned in to residents' concerns and act proactively on their behalf," said First Selectman Ellen Scalettar.

"This type of zoning regulation protects the ambience of Woodbridge," said Plan and Zoning Chair Jeff Kaufman. "These types of decisions that impact the look and feel of our town will be discussed at the upcoming Plan of Conservation and Development on May 17 at the Center Gym from 9 a.m.-3 p.m., and I encourage all residents to participate and share their thoughts."

www.WoodbridgeTownNews.com

TOWN OF WOODBRIDGE MEETINGS FOR THE MONTH OF MAY 2014

(Subject to Change, Check with Town Clerk's Office, 203-389-3422)

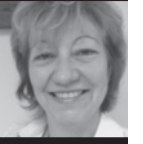


Town Hall

5/5	Human Services Commission	7:00pm	The Center
	Town Plan & Zoning Commission	7:30pm	Town Hall
5/6	CUPOP	7:00pm	Town Hall
5/7	Police Commission	6:00pm	Police Dept.
5/12	Library Commission	6:00pm	Library
	Zoning Board of Appeals	7:30pm	Town Hall
5/14	Board of Selectmen	6:00pm	Town Hall
5/15	Investment Committee	5:00pm	Town Hall
	Board of Finance	6:00pm	Town Hall
	Conservation Commission	7:30pm	Town Hall
5/19	Recreation Commission	6:30pm	Beecher School South
5/22	Economic Development Commission	7:00pm	Town Hall
5/27	CC of Woodbridge Commission	9:00am	Town Hall
	Government Access TV Commission	7:15pm	Town Hall

FROM THE YOUTH SERVICES COORDINATOR

By Nancy Pfund



Woodbridge Job Bank

Are you looking for someone with lots of energy to pick up branches and clean up the lawn? Perhaps you're looking for a babysitter to help with the kids. Try calling the Woodbridge Job Bank for teens who want to work. The Woodbridge Job Bank matches Woodbridge youths ages 13-17 with Woodbridge residents who want to hire someone to assist with odd jobs. Please contact us at 203-389-3429 for more information.

Job Bank Open To Woodbridge Teens

Woodbridge Youth Services offers resident teens, ages 13 - 17, the opportunity to join its Job Bank. Our youths gain work experience while earning money. Jobs may include yard clean-up, babysitting, housecleaning, shoveling, planting, and more. Call 203-389-3429 to schedule an interview.

WE WANT YOUR OPINION!

Help update the Plan of Conservation & Development (POCD) and define Woodbridge's vision for the future.

When: Saturday, May 17, 9 a.m.-3 p.m. & Thursday, May 29, 7-9 p.m. Center Gym, 4 Meetinghouse Lane. Refreshments and lunch will be served.

After a thought-provoking presentation, residents will break into small groups to discuss ideas—new and old—such as housing, open space, a town center and more.

The POCD is a Town document that provides policy guidance for the physical, economic and social future of the community. The POCD includes the Town's vision and goals for its evolution over the next 10 years and recommends specific actions to help achieve the stated goals. Input from residents gathered during this event will be instrumental in articulating the Town's plans for its future.

Please share your opinion on these topics and more via an online survey at tinyurl.com/WoodbridgePOCD.

TOWN OF WOODBRIDGE JOINS FACEBOOK

The Town of Woodbridge now has an official page on the social networking site, Facebook.

You may "like" the Town at www.Facebook.com/WoodbridgeCT. The Town's page will update residents with Town information, including upcoming meetings and events, news articles and other items of interest.



"Increasing communication with Woodbridge residents has been one of my priorities and using Facebook provides Town residents with a fun and dynamic way to get timely and important information about their town," says First Selectman Ellen Scalettar.

The Facebook page may also be used by Woodbridge-based nonprofit organizations that wish to promote an event of general interest happening within Woodbridge or that benefits Woodbridge. To take advantage of this opportunity, please contact Betsy Yagla at byagla@woodbridgect.org.

WOODBRIDGE RECREATION

Belly Dancing

Who: Adults
Session: Thursday Evenings , May 1- June 19, 2014
Time: 6:30 -7:30 pm
Where: Center Building 4 Meetinghouse Lane
Fees: Call Rec. Dept. Office for pricing information 203-389-3446

BRINGTHEHOOPLA

Who: Adults
Session: Wednesday evening , May 7 thru June 11, 2014
Time: 6:00-7:00pm
Where: Beecher South Assembly
Fees: Call Rec. Dept. Office for pricing information 203-389-3446

FROM OUR READERS

To the Editor

On March 26, 2014, I attended the three-committee meeting reported in the article, "Commissions Come to Consensus on Country Club's Future" of the "Woodbridge Town News" (April 11, 2014). The substance of the article, a reprinted press release submitted by the First Selectman's office, was so disparate from my own experience of the meeting that I had to check my calendar to make sure that we were both referring to the same event.

The first major inaccuracy reported was that the two break-out groups "came to similar conclusions" when reporting back to the larger, unified group. The article stated "that the majority of the property should be preserved as open space for golf and recreation; and that some limited development for active adults (55+) should be allowed to generate tax revenue and reduce Town debt." This appeared to suggest that the group was of one mind, and this was their only conclusion. While these were, in fact, two options that were listed for what to do with the property, they were not the only options listed. Yet the other options were entirely ignored in the article (e.g., approaching local colleges or universities to develop part of the property as a possible culinary institute, school of hotel management, or outdoor lab). One consensus that was reached was that the town should not continue to operate the golf course—yet that conclusion was not reported. Readers might come away thinking that nothing more can be done or is worth discussing in trying to solve the black hole that the country club is turning out to be—a dangerous and misleading conclusion.

Finally, stating that in May 2009, "residents voted overwhelmingly in favor of buying the property" may be strictly accurate, but it hardly addressed the context within which residents made that decision (i.e., an attempt to preserve the open land and not develop it for residential purposes). It seems to me that Woodbridge residents currently face profound challenges in obtaining accurate information from either our town leaders or newspapers. Therefore, I strongly urge all who are interested in understanding how decisions concerning all of us are made and where our taxpayers' money goes to attend as many town meetings as possible and get involved!

Lauretta E. Grau

Dear Editor

What is the purpose of zoning regulations, and why are they relevant to the proposed development at the Country Club of Woodbridge (CCW)?

Zoning protects homeowners and safeguards the character of neighborhoods by setting out exactly what uses are permitted on all properties that fall within the same zone. By ensuring predictability in land use, zoning helps maintain property values.

I am a lifelong resident of Woodbridge (71 years). The zoning regulations go back almost 80 years. They became the backbone of the town. My dad went to the meetings of the original group and it is from him I learned the town's zoning history. Those town leaders included Clarence (Cap) Baldwin and First Selectman Chester Hitchcock. They were visionary in seeing a housing boom coming. The town had little money for sewers and they feared a health problem with small lots. With help and advice from Yale and UCONN, they solved the hard pan soil problem with 1.5 acre zoning, making way for gradual, stable growth. The town moved from rural to suburban without issue. People wanted to live in such a town and it thrived with good schools, good roads and thoughtful leadership. That group of men could be called the "Founding Fathers" of the past 75 years of Woodbridge.

Development schemes that have been proposed for the CCW (first by Toll Brothers in 2011, and recently by consultants Milone & MacBroom) are not permitted under Woodbridge's Zoning regulations. The CCW is located in Residential A, which encompasses 90% of the town's residential area. In this area, only single family homes are permitted, with lot size of at least 1.5 acres. It is not a trivial matter to change zoning to allow condominiums on the golf course, because such a change could allow similar dense development throughout the entire Residential A zone.

A zoning change that allows condo development only on the CCW property could be considered illegal "spot zoning." Spot zoning is defined as a regulation that benefits a single parcel of land by creating a zone just for that parcel that is different from the surrounding properties in the area.

Such a change is not in keeping with the comprehensive plan of our community, as set forth in our Town Plan of Conservation and Development. The purpose of a Plan of Conservation and Development is to record the best thinking of the town as to its future growth and to give direction to both public and private development.

It is careless and reckless to propose changing zoning regulations without fully understanding the long term town-wide impact of such changes. To do so is to invite lawsuits by deep-pocketed national corporations, and to threaten the special character of our town.

All citizens have benefited from our wisely crafted zoning regulations by protecting property values. Citizens and leaders should think clearly regarding "spot zoning." They should remember what the regulations have given us- our town's character. Our zoning regulations protect the town's future.

Richard N. Jaynes

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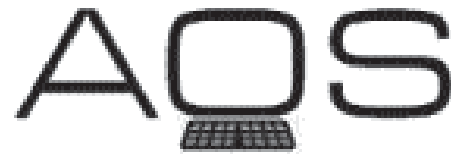
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SPECIAL TO THE WOODBRIDGE TOWN NEWS

Editor's Note: The following column was submitted by former members of the Woodbridge Conservation Commission and does not represent the views of the Woodbridge Town News.

Gather round children, I'll tell you a tale! It's the story of how valiant protectors of nature were felled, wrongdoers were rewarded, climate change got just a bit worse, and we Woodbridge taxpayers got to foot the bill.

In the beginning there was a magical meadowland called the Fitzgerald Tract. The people of the little town of Woodbridge grew to love the Fitzgerald for its gardens, its singing birds and the tranquil walking trail where friends could meet.

And then the leaders of the fire department decided it absolutely must build its house there. It was a very big house and many people did not want it in the magical place. Twice the people of Woodbridge journeyed to the heart of the town to vote no.

But then one evening in 2007 everything changed. This was at a meeting of the Conservation Commission, a handful of Woodbridge folk chosen to keep alive the natural places in their town. That night the fire department leaders made a promise. Those whose names appear at the end of this tale witnessed the leaders of the firefighters' sober pledge: if the town would let them build their firehouse, they would never ask to expand it into the nearby wetlands. Their house would remain contained in a sort of protective bubble called a buffer. They would never interfere further in any way to mar the peaceful walking trail or hurt the creatures dwelling in the wetlands.

They said that the Board of Selectmen would vote for the buffer—a 100-foot buffer—around the firehouse. We who have signed our names wanted to make peace; there had been many angry words and the firefighters did need a firehouse, and so we said yes: we will build the firehouse and encircle it with a buffer and brotherly love will prevail. And the Selectmen indeed voted to create the buffer, and the firehouse was built in the magical place.

But then it came to pass that the firefighters wanted a better place to socialize. And so they decided to forget about the 100-foot buffer and to ignore another kind of buffer, one created by state law to prevent damage to the wetlands. (Wetlands keep our houses from flooding and our climate from heating up and filter our water that we may pull up clean water from our wells.) The firefighters chose to forget about the people on the walking trail and the little animals in the wetlands, and they built their patio and barbecue pits.

The town's chief protector of the wetlands waxed wroth. He told the firefighters to take away the patio and the fire pits that broke the rules for wetlands. They did not obey. The friends of the firefighters, the Fire Commission, went to the guardians of the wetlands, the town Wetlands Agency. They asked for a permit—yes, a little late, my friends—to build the patio that they had already built.

Really the leader of the town, Lady Ellen Scalettar, should have said, "Wait: we

cannot consider wetlands laws before we consider the 100-foot buffer: You have broken your promise to honor that buffer!" But the Lady and her High Councilor, Gerry Weiner did not do this.

And so the guardians of the wetlands called in people who spent their whole lives studying wetlands (more gold coins spent), and they asked the people of Woodbridge to come and speak about the wetlands and patio. And then they of the Wetlands Agency declared: "We have thought long and hard. You put your patio in the wrong place. Remove it."

The Fire Commission found a lawyer and they asked a judge to decide how important a patio might be. The town also hired a lawyer and the people of Woodbridge would soon have to pay for that, too.

But before the judge could rule, Lady Scalettar and her High Councilor and town lawyer Gerry Weiner visited the keepers of the Wetlands. The meetings were secret, but in the end, the guardians of the wetlands completely changed their minds. They said, "Yes, you can keep your patio! You can make it bigger! You can build a fence, too! And you will pay just a little, \$500, and the people of Woodbridge will be ordered to bring the town gold to pay for the rest."

But what of the buffer, the buffer that brought peace to the town in 2007? Hours after the guardians of the wetlands gave up trying to protect them, Lady Scalettar visited with her Board of Selectmen. They voted 4-2 that the buffer could be violated. The firefighters need not keep their promise.

No one invited the people of Woodbridge to speak about this plan. If they'd had a chance, many a fine towns person would surely have argued that our town must be ruled by its laws, or all is lost.

Why did this happen? We do not know. You can ask Lady Scalettar at escalettar@woodbridgect.org.

And so, fellow citizens, our story comes to a close. It is a strange story, indeed.

Stranger still is this: If you want to build a patio in wetlands near your house, you will be stopped. Because in Woodbridge, all animals are equal but some are more equal than others.

Signed,

Former members of the Woodbridge Conservation Commission, unless otherwise indicated
Paul Antinozzi [Firehouse Building Committee (FHBC)]

Kathy Gartland

Maria Kayne

William Root

Suzanne Rosenberg

Cathy Shufro

Jim Urbano (also FHBC)

Michael Walter

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Member SIPC

"Bureau of Indian Affairs" continued from Page 1

Sitting next to her at the table were Assistant State Attorney Mark Kohler, head of special litigation for tribal issues, and Attorney Gerald Weiner, a Woodbridge resident and town counsel, who had represented homeowners in cases of land claims in the past.

Back in 1992-93 the Indians were going to Town Clerk offices and putting blanket liens on titles of properties, which had been taken from them without congressional approval. "For a significant time title insurance would not insure these properties," Attorney Weiner said. He said at this time it appears title companies are willing to insure, though title insurance is not cheap. Should there be land claims, "It will be a burden and affect the ability to sell or refinance," he said.

"Homeowners were caught under a legal cloud," DeLauro said. They couldn't sell their properties or refinance for some 14 years until the case was settled in 2004/05 with the decision of the Department of the Interior - based on an earlier finding of the Bureau of Indian Affairs - that denied the tribal status.

The Golden Hill Paugussetts do have a reservation in Trumbull, consisting of a home on a quarter-acre lot. But the reservation ceased to exist as a distinct community in 1823, the BIA found. "They lost their tribal cohesiveness," said Ken Lenz, an Orange selectman, who attended the meeting along with First Selectman Jim Zeoli. Lenz, an attorney, said about 95-99 parcels in Orange were affected, plus some in Shelton, Oxford and Southbury. In all, some 160 parcels were claimed by the Paugussetts at the time. The Indians claimed about 100 acres in Orange, from Route 34 south, to the lower part of the Catholic cemetery, and both sides of Milford - Derby Road, south to the Bepuda Farm.

For now, no such property claims are being made. However, the proposed new criteria would make recognition much easier. Under the proposed rules, the existence of the "reservation" in Trumbull since 1934 alone would be sufficient grounds for federal recognition.

If approved, "there is no need to demonstrate political or social continuity," DeLauro said. "The Paugussett reservation would be enough. This is contrary to long-standing principles for acknowledgement," DeLauro said. "We will try to put a stop to these proposed changes."

One argument she brought forward is that the new regulation seems to affect mostly one tribe, the Golden Hill Paugussetts, and one other tribe in Virginia. The new regulation, called a "Discussion Draft," was issued by BIA Assistant Secretary Jim Washburn in June 2013. The Connecticut delegation sent a strongly-worded letter in August, stating their opposition: "We fully understand that there are some aspects of the federal recognition process that could be improved - most notably the long delay from the date of filing of the petition to actual decision-making," they wrote. "This delay can be attributed to a lack of sufficient resources. Lowering the standards for which an Indian group may be recognized as a Tribe and eliminating access to an impartial check on the Bureau's decisions regarding federal recognition, however, is not an appropriate remedy."

The Department of the Interior, of which the BIA is a branch, has sent the proposal to the Office of Budget and Management on April 13. It has a 90-day period to review the proposal, followed by a public comment period. DeLauro encouraged homeowners to take advantage of that right to comment. She said comments can be directed to her office for now.

Lenz said eventually comments will go to the Bureau of Indian Affairs, however, the Discussion Draft has not been published yet and no officer has been assigned to it. Formal comment period is 180 days. Any member of the public can comment, not only those who are potentially affected. After the comment period, the Secretary of the Interior has to approve the regulation as well. "It's not a done deal," Lenz said.

Homeowners were asking DeLauro for the reasons the Bureau was re-opening the issue. "I don't know what the motivation is," she said. Some homeowners brought up the hope of the Paugussetts for a casino in Bridgeport. "If they get recognition, the legislators will be on their side," said Susan Sharnoff.

When asked which side the Connecticut delegation is taking on the issue, DeLauro was very forceful. "We are there, [for the homeowners]" she said. "We're going to fight like hell."

JACK VICTOR

SPRING 2014

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SENIOR CENTER

ZUMBA GOLD CLASS — The class runs weekly at 9:00 am on Fridays and will meet in the cafeteria. All are welcome! Cost for the 6 week class is \$30.00. Payment is due when you register. Zumba Gold was designed for the active older adult, the true beginner, and/or people who are not used to exercising, or people who may be limited physically. It is done at a low intensity. Zumba Gold classes strive to improve our balance, strength, flexibility and most importantly, the heart. May 16, 23, 30 and June 6, 13, 20. To register 203-389-3430.

EXERCISE - The Senior Center offers exercise (combination of cardio, strength training, flexibility, and aerobics) on Tuesday & Thursday at 10:00a.m. in the gym.

The Woodbridge Recreation Department offers a variety of gentle and dynamic yoga classes; mornings, afternoons, and evenings. For more information, call Jim Franco at 203-389-3446.

Lunch Program - Lunch is served on Tuesdays and Fridays at 12:15pm. Call in reservations at least one day in advance. All meals include salad, bread, juice, coffee/tea, & dessert. Meals cost \$3. Take Outs cost \$4.

Shopping at Amity Shopping Center-- if you need a ride to pick up groceries, do banking, go to the drug store, etc.; please call the office at 203-389-3430 to make a reservation. The cost is \$4.00.

The Senior Center Craft Group meets every Thursday from 10 am to 3 pm. Knitting, Crocheting, Sewing, and Socializing are some of the activities of the group.

Free Friday afternoon movies at the WSC (\$3 lunch and free popcorn will be served). Movies are shown at the Senior Center on Friday afternoons at 1 pm. Join us at 12:15 for a nutritious \$3 lunch, followed by a movie with free popcorn (or just attend the movie at 1 pm).

Mah-Jongg - The Mah-jongg group meets every Monday and Friday in Room 15 from 10 am to 12 noon. Novices are welcome – they will teach you.

PROGRAMS MAY 2014

- May 2 — Friday —Zumba Gold. Movie.
- May 5 — Monday— AARP Driver Safety Class.
- May 6 — Tuesday — Bob Lupi, vocalist.
- May 9 — Friday — Zumba Gold. Movie.
- May 13 — Tuesday — TRIAD. Self Defense.
- May 15 — Thursday — Advisory Board Meeting.
- May 16 — Friday —Zumba Gold. Movie.
- May 20 — Tuesday— Book Club. “Dementia Caregiver Burnout” by Vitas.
- May 22 — Thursday — Yellow Dot.
- May 23 — Friday — Zumba Gold. Movie.
- May 26 — Monday — Closed! Memorial Day Holiday!
- May 27 — Tuesday— Roger Hart.
- May 30 — Friday— Zumba Gold. Movie.

FUTURE PROGRAMS—2014

- Jun 3 — Friday —Zumba Gold. Movie.
- Jun 3 — Monday— AARP Driver Safety Class.
- Jun 3 — Tuesday — Bob Lupi, vocalist.
- Jun 6 — Friday — Zumba Gold. Movie.
- Jun 10 — Tuesday — TRIAD. Self Defense.
- Jun 13 — Friday —Zumba Gold. Movie.
- Jun 17 —Tuesday— Book Club.
- Jun 19 — Thursday — Advisory Board Meeting.
- Jun 20 — Friday — Zumba Gold. Movie.
- Jun 24 — Tuesday— Roger Hart.
- Jun 27 — Friday— Zumba Gold. Movie.

FUTURE PROGRAMS—2014

- May 2 — Friday — Prescription Drug Program
- Town of Woodbridge Discount Card—card can be used any time your prescription is not covered by insurance.
- May 5 — Mon. — AARP, Driver Safety Class 9-1
- May 6 — Tuesday — Bob Lupi
- May 7 — Wed. — Stroke Screening, 10-12am. Free stroke risk assessment. Includes a review of individual’s risk for stroke, blood pressure and pulse check and an assessment with stethoscope of the carotid arteries. Also included are a review of ways to reduce risk for stroke and signs & symptoms of stroke. Please call the Senior Center office to schedule an appointment at 203-389-3430.
- May 14 — Wed. — Health Fair. Symposium & Health Fair, Hamden.
- May 20 — Tuesday — Memory, Caregiver Burnout and Dementia, Who cares for the caregiver? When caring for a loved one experiencing memory loss and dementia, make some “me time”. Sponsored by Emeritus, VITAS, and Coachman Square.
- May 23 — Friday — “Be Your Own Health Care Hero” is a program to improve communication with your healthcare provider. “Speak up, be prepared and ask questions!”
- May 27 — Tuesday — Roger Hart — Photographer bringing the great outdoors in by his slide lectures, “Revelation in Light”.
- May 28 — Wed. — 10am, “Journaling for the Generations”. Create a personal journal designed to capture your unique memories and “life story”.

SENIOR CENTER

Town of Woodbridge Elderly and Totally Disabled Tax Relief - Elderly and totally disabled tax relief programs may be filed with the Town's Assessor between Feb. 3, 2014 and May 15, 2014. Those residents of Woodbridge who: 1) have attained the age of 65 on or before 12/31/13; 2) hold full time residence in Woodbridge; 3) income does not exceed \$34,100 for a single person or \$41,600 for a married couple. Those on Social Security disability are exempt from the age requirement. Applications can be filed at the Assessor's Office, Town Hall, Mon. thru Fri. 8:30 am to 4:30 pm. Please call 203-389-3416 for information.

BOOK CLUB — On May 20th the club will meet in Room 15 at 11:15 a.m. Please call Mary D'Ostilio at 203-389-3429 for details.

LUNCH BUNCH— Share lunch and friendly conversation on April 21st at 12:00 noon at Bellini's in North Haven, CT. Everyone is welcome, and it is "Dutch treat". Van transportation can be arranged for a \$3 fee. Please call Lee at 203-389-3430 to make a reservation for the lunch and/or transportation.

WALKING GROUP will meet each Friday at 10am to walk, weather permitting, at the Cornfield.

TRIPS: Call 203-389-3430 to register. Trips must be paid for at time of registration. Checks are payable to Getaway Tours.

- JUNE 16, 2014 — Monday—Suffolk Downs. \$67 includes transportation, admission to Suffolk Down, luncheon and driver's gratuity.
- JUNE 23, 2014 — Monday-9/11 Memorial & Museum. \$110 includes transportation, lunch at Carmine's, admission to the 9/11 Memorial & Museum, and tour director & driver gratuities.
- AUGUST 13-15, 2014 — Wednesday to Friday — Lake George & Saratoga. \$499 pp/dbl includes Saratoga Raceway Admission, Hotel Accommodations, Transportation, 5 Meals (2 Breakfasts, 1 Lunch, & 2 Dinners), Scenic Train Ride, Sightseeing Cruise, Taxes & Baggage Handling, Getaway Tours' Tour Director, and Gratuities for Tour Director & Driver.
- AUGUST 19, 2014 — Tuesday—Block Island. \$119 includes ferry ride from Point Judith RI, narrated island tour, lunch at The National Hotel, and driver's gratuity
- SEPTEMBER 17, 2014 — Wednesday—The Big E. \$49 includes transportation, admission to the "Big E" and driver's gratuity.
- OCTOBER 21, 2014 — Tuesday—Oktoberfest. \$85 includes transportation, festivities and family-style luncheon at Platzl Brauhaus, and driver's gratuity.
- TRIP CANCELLATIONS FOR DAY TRIPS — Unfortunately NO REFUNDS can be issued for any cancellations made less than 30 days before a scheduled trip or event.

SENIOR CARE COUNCIL HOLDING HEALTH FAIR

The Senior Care Professional Council will be holding a symposium and health fair titled "Embrace Your World" on Wednesday, May 14th, 2014 from 9:00 a.m. to 12:00 p.m. at the Thornton Wilder Auditorium, 2901 Dixwell Avenue, Hamden. at 11:00a.m. Mary Jo Riley, President of the Connecticut Association of Senior Center Personnel will speak on "What your Senior Center can do for you".

The symposium showcases services available to older adults. In addition to health exhibits with information, various agencies will be providing services and screenings such as glaucoma testing, blood pressure checks, and body fat testing. Shingle shots will be offered by Rite Aid. Gift bags with snacks, free giveaways and raffles will be available.

The Senior Care Professional Council is a consortium of agencies serving our elders in New Haven, Bethany, Orange, Woodbridge and Hamden area and represents the continuum of care to these individuals.

All are welcome to attend. Contact Betty Wetmore at 203-376-9677 or Mary Ellen LaRocca at 203-389-3429 for more information.

SENIORS' VOLUNTEER EXPO

Find out how you can make a difference. Come and learn about volunteer opportunities for those age 50+ at the Senior Volunteer Fair, sponsored by the Agency on Aging of South Central Connecticut on May 6 from 2-5pm at Wilson Library, 303 Washington Avenue in New Haven. No charge. Plenty of free parking. On M and J bus routes. For information, call 203-752-3059 and ask for Devon or Sheila or email volunteer@aoascc.org.

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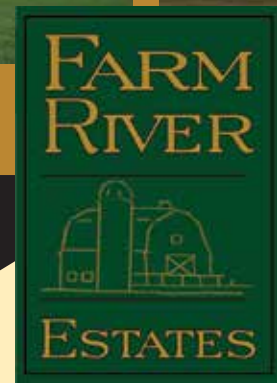
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TO YOUR GOOD HEALTH

MANAGEMENT OF ACUTE SPORTS INJURIES

By Kyle Brandy, MSPT

There are few things more gut wrenching than lying on the court or field of play, writhing in pain from an injury just sustained during practice or a game. The swelling, the pain, an inability to get yourself off the field. Most athletes, whether professional, collegiate, or recreational have been in this position at one point or another. Oftentimes, we are able to bounce right back up, take a quick rest, and get right back to playing. However, what happens when we can't get right back in the game?



Kyle Brandy, MSPT

The conventional approach has always been RICE: Rest, Ice, Compression, and Elevation. The reason for this is that in most acute injuries, the damage to soft tissue (ligaments, tendons, and muscles) as well as involved joints can create swelling and inflammation. By resting, we reduce the further strain put on the injured area. Icing assists with reducing the inflammatory response and creating vasoconstriction (narrowing of the blood vessels) to reduce swelling. Compression also reduces swelling by preventing the fluid in the affected area to pool and expand. Elevation allows for a natural flow of the fluid in the injured area to work its way back to the heart passively. Contraction of our muscles prevents pooling of fluid normally; however, in injured areas, our muscles often are too painful to contraction and creating that normal pumping effect to drive fluid out of the injured area.

Research has shown that acute treatment of injuries sustained on the field will lead to significantly less time on the sidelines. Take one of the most common on-field injuries, an ankle sprain. Generally speaking, a sprain of the ankle involves injury to both ligaments and tendons and can create significant swelling, pain, and difficulty with walking and certainly in performing sports related activities. Treatment of an acute ankle sprain to manage swelling and pain within the first 24-48 hours can lead to potential rehab time of 2-4 visits, whereas chronic treatment viewed at treatment began 72 hours or later post injury can lead to treatment time up to 3-5 weeks.

The results speak for themselves. While younger athletes always tend to rebound faster than those of us who still try and be weekend warriors, we all need acute treatment of our injuries in order to get back on that playing field quickly. Don't let a simple sprain keep you off the field.

Kyle Brandy, MSPT is a licensed physical therapist and partner at Amity Physical Therapy. Kyle is a graduate of Quinnipiac University with 6 years of experience treating a wide variety of injuries including orthopedics, sports related injuries, and neurological rehabilitation while working with patients of all ages and ability levels. Kyle can be seen at his Woodbridge location at 1 Bradley Road and can be reached at (203) 389-4593.

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DINING WITH SUSAN

By Susan Noonan



MOTHER'S DAY 2014

Mother's Day is Sunday, May 11th this year. There are more than 83 million mothers living today in the United States, according to the U.S. Census Bureau. There are approximately 2 billion mothers living worldwide. Contrary to popular belief, Mother's Day was not created in the boardroom of Hallmark. In the United States Mother's Day started nearly 150 years ago, when Anna Jarvis, an Appalachian homemaker, organized a day to raise awareness of poor health conditions in her community, a cause she believed would be best advocated by mothers. She called it "Mother's Work Day."

Fifteen years later, Julia Ward Howe, a Boston poet, pacifist, suffragist, and author of the lyrics to the "Battle Hymn of the Republic," organized a day encouraging mothers to rally for peace, since she believed they bore the loss of human life more harshly than anyone else. In 1905 when Anna Jarvis died, her daughter, also named Anna, began a campaign to memorialize the life work of her mother. Anna began to lobby prominent businessmen and politicians including Presidents Taft and Roosevelt to support her campaign to create a special day to honor mothers. In 1914, Anna's hard work paid off when Woodrow Wilson signed a bill recognizing Mother's Day as a national holiday.

Mother's Day continues to this day to be one of the most commercially successful occasions. According to the National Restaurant Association, Mother's Day is now the most popular day of the year to dine out at a restaurant in the United States. I thought this would be a good opportunity to mention what some of our local family owned restaurants are offering on this special day:

Andini's Pizza Bar & Grill—555 Boston Post Road, Orange-203-799-0200- Mother's Day specials. All moms receive a glass of champagne & dessert.

Carmine's Tuscan Grill Ristorante—1500 Whalley Avenue, New Haven (on the Woodbridge border)-203-389-2805- serving outstanding dishes from both northern & southern Italy offering a special Mother's Day menu.

China Pavilion—185 Boston Post Road, Orange-203-795-3555-Award winning Asian cuisine-serving their regular menu all day.

Chip's Family Restaurant—321 Boston Post Road, Orange-203-795-5065-Award winning pancakes-serving breakfast, lunch & dinner.

Consiglio's—165 Wooster Street, New Haven-203-865-4489-This iconic Italian restaurant is celebrating 76 years & offering its regular dinner menu.

Coromandel-Cuisine of India—185 Boston Post Road, Orange-203-795-9055-Award winning Indian cuisine-Mother's Day Brunch 11:45a-3:15p-offering 30 dishes-\$22.00 per person-they now have a new outdoor patio for dining & cocktails.

Gabriele Ristorante Italiano—326 Boston Post Road, Orange-203-799-2633-serving authentic Italian cuisine for 31 years-offering Mother's Day specials.

Jeffrey's Restaurant by Claudio—501 New Haven Avenue, Milford-203-878-1910-Fine dining at it's best-offering all mothers a glass of champagne with dinner.

Lisiano's Restaurant—514 Boston Post Road, Orange-203-795-1339-Family owned for 22 years offering homemade Italian dishes. All moms will receive a glass of wine.

Ola—350 Boston Post Road, Orange-203-891-0522-Award winning new world Latino cuisine & Mojito bar -offering all mothers a complimentary glass of red or white sangria. They now have a Bridgeport location.

Pop's Family Restaurant—134 Old Gate Lane, Milford-203-876-1210-Popular family friendly restaurant serving breakfast, lunch & dinner on mom's special day.

Red Fish Grill—285 Boston Post Road, Orange-203-553-9901-Fresh grilled fish, fried seafood, lobster rolls, chicken, steaks, etc. with Mother's Day specials.

Shanghai Gourmet—533 Boston Post Road, Orange-203-891-8688-Exotic Asian cuisine at its best with great New York Times review. Mother's Day specials & all moms will receive a lovely bracelet compliments of owners Winnie & Steven.

Solun Restaurant—245 Amity Road, Woodbridge-203-298-9741-Outstanding Tapas cuisine-offering a special Mother's Day \$19.95-2 course brunch served from 11:30a-3:30p with \$5.00 Mimosas or Bloody Mary's. Regular menu available all day. Ken Krammer's "Jazzman Band" will be performing from 12:30-3:30p.

Final Notes: If you are fortunate enough to still have your Mother with you on this day, remember to do something special for her. A restaurant dinner, flowers, card, visit, or phone call with a kind word. Trust me, it will make her day! Happy Mother's Day to all our cherished moms. If you have a favorite restaurant please e-mail: susan@orangetownnews.com or susan@woodbridgetownnews.com.

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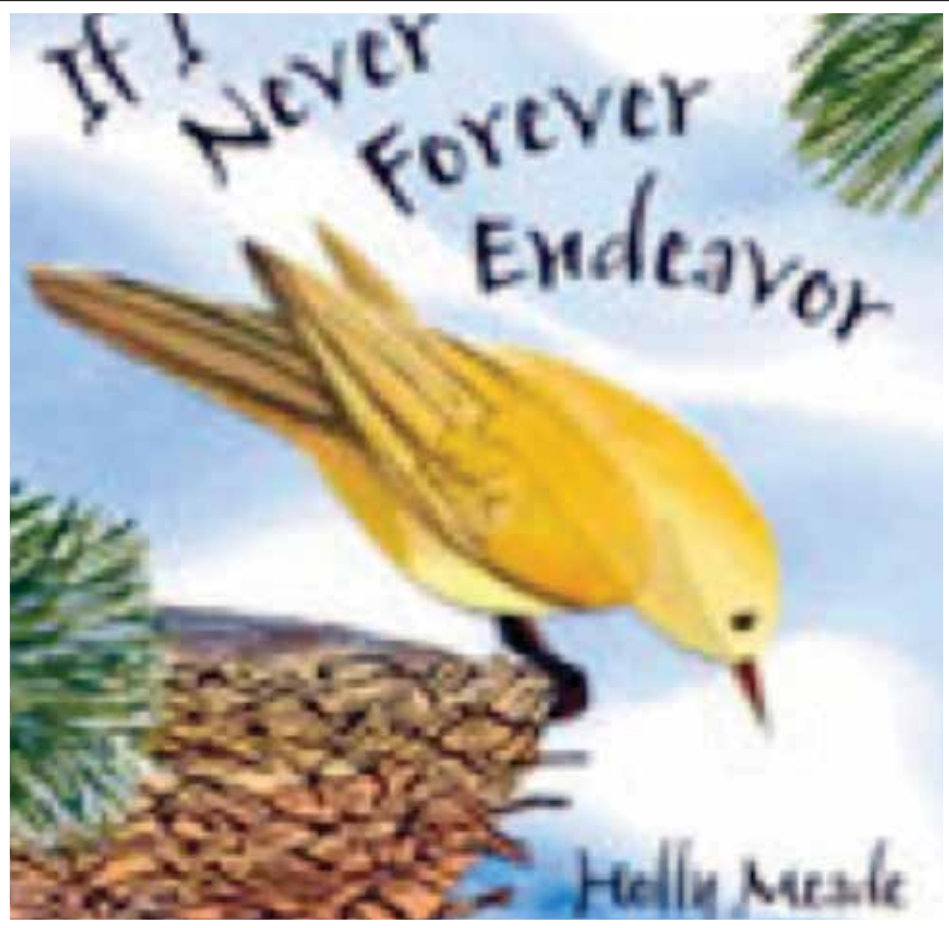
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## Adult Events

Please register for all adult events by calling 203-389-3433, stopping by the Circulation Desk, or emailing [kward@woodbridgect.org](mailto:kward@woodbridgect.org).

### Stanley Kubrick Film Discussion with Dr. Mark Schenker

Wednesday, May 7 @ 7pm

Join us for the final film in our 3-part Stanley Kubrick film discussion series. This month we will discuss Dr. Strangelove. In this film, an insane general triggers a path to nuclear holocaust that a room full of politicians and generals try to stop.

### Beautiful, Bountiful Brunch with Robin Glowa

Tuesday, May 13, 2014 @ 7:00 pm

Brunch is a sensational way to celebrate warm weather gatherings. Join Robin Glowa, The Conscious Cook, and taste a selection of delicious, wonderfully nutritious recipes that will make your next brunch gathering an extra healthy occasion.

### Learn All about Craft Beer and Enjoy a Beer Tasting with New England Brewing Company

Tuesday, May 27 @ 7pm - Ages 21 and older

Become a beer expert with Rob Leonard, founding partner of New England Brewing Company. During this presentation, you will learn about the history of beer, how craft beer is made, differences between varieties, and more! Samples of New England Brewing Company beers and paired snacks will be served.

## Film Screenings

*Film screenings do not require reservations and are first come, first serve.*

### American Hustle

Thursday, May 8th @ 7pm

A con man, Irving Rosenfield, along with his seductive partner Sydney Prosser, is forced to work with a wild FBI agent, Ritchie DiMaso, who pushes them into a world of Jersey powerbrokers and mafia. Rated R. 138 minutes.

### Her

Thursday, May 15th @ 7pm

A lonely writer develops an unlikely friendship with his newly purchased operating system that is designed to meet his every need. Rated R. 126 minutes.

### The Monuments Men

Thursday, May 22 @ 7pm

An unlikely World War II platoon is tasked to rescue art masterpieces from Nazi thieves and return them to their owners. Rated PG-13. 118 minutes.

### Philomena

Thursday, May 29th @ 7pm

A world-weary journalist picks up the story of a woman's search for her son, who was taken away from her decades ago after she became pregnant and was forced to live in a convent. Rated PG-13. 98 minutes.

## Children's Events

Please register for children's events by calling 203-389-3439, stopping by the Children's Department, or emailing [childrensprogram@lioninc.org](mailto:childrensprogram@lioninc.org).

### Eager Readers Book Group

Monday May 12, 2014 at 6:30 pm for children in grades K-2

Spread your wings and fly over to our next book group. We will be reading *If I Never Forever Endeavor*. Check out the book to read at home, and join us at the library for a discussion and fine feathered craft! Copies of the book are available at the children's Desk. Advance registration required.

### American Girl Day: Meet Addy

Saturday May 17, 2014 at 2pm for children in grades 2-5

We'll share the story of Addy and her family's escape to freedom in 1864. Join us for a lively discussion and historical craft. Copies of the book are available at the Children's Desk. Advance registration required.

## Teen Events

Please register for teen events by calling 203-389-3439, stopping by the Children's Department, or emailing [childrensprogram@lioninc.org](mailto:childrensprogram@lioninc.org).

### Teen Book Discussion

Monday, May 12 @ 3:30pm ages 12 and up

Join us for a snack and book discussion on what you have been reading!

### Slap Art Session

Wednesday, May 14 @ 6:30pm for ages 10's to teens

May is all about cruising into summer. Join us to make a speedy little car out of food that will have you zooming to the finish line so that you can eat it!

## Art Exhibits

### Amity High School National Art Honor Society Exhibit

*(Will run through the month of May)*

The Woodbridge Town Library is proud to present Amity High School's National Art Honor Society (NAHS) Exhibit. The NAHS was established to inspire and recognize students in grades 10-12 who demonstrate outstanding artistic abilities. The exhibit showcases a variety of mediums and will host an opening reception on Wednesday, May 14th @ 6pm in the Woodbridge Library Meeting Room.

### The works of Daniel Rosner in the Woodbridge Room

Visit the paintings and corresponding color cards of Daniels Rosner, during the month of May, in the Woodbridge Room. Rosner was a Professor of Chemical Engineering at Yale University from 1969 to 2014. Since 2012, he has initiated water-color painting at New Haven's Creative Arts Workshop, is entering two juried 2014 shows, and currently planning one-person shows (of ca. 20 pieces) at Yale University and/or in the New Haven area for later this year or Spring 2015.



Eric Mabius in "Signed, Sealed, Delivered"

**Q:** I was watching the Hallmark Channel, and I saw a commercial for a movie with **Eric Mabius**, and I think he works in a post office. Can you tell me more about that? I really liked him on "**Ugly Betty**." -- Brenda K., via email

**A:** While Eric previously has starred in a couple of movies for Hallmark, what you saw advertised is a new prime-time series that talented actor is starring in. In "**Signed, Sealed, Delivered**," which premieres Easter Sunday, April 20, at 8/7c, Eric plays Oliver, a U.S. Postal Detective who solves puzzles and mysteries centering on letters that find their way to the Dead Letter Office. When I spoke with Eric recently about this new role that brought him back to series television, he told me how excited he is to help usher in "a new Hallmark Channel."

"I'd worked with Hallmark before on a couple of movies, and I thought: 'Why not Hallmark? Why not do an original series?' I firmly believe, and I think Hallmark shares the same belief, that this show is going to change everyone's opinion of Hallmark. It's not your mother's Hallmark anymore. It's really taking on issues in a way that's still family-friendly but much more; it's not just escapism."

Executive producer **Martha Williamson**, who also brought us "**Touched By an Angel**," has really brought her A-game to this project, as Eric told me: "Based upon the content of the show and Martha's pedigree, every episode is a real gem. We're tickled when we come to the table for the read-throughs because she has all these surprises up her sleeve. She's really aiming for the stars."

**Q:** With the final season of "**Californication**" upon us, does **David Duchovny** have another series or movie on the horizon? -- Samuel D., Port Orange, Fla.

**A:** NBC has ordered a 13-episode period drama called "**Aquarius**," in which David stars as a police detective hunting a hippie cult leader who turns out to be Charles Manson. The series will cover the early years of Manson and his "family," with the full story playing out in future seasons (if it gets renewed). David told "**Variety**": "I'm thrilled to be working with (NBC Chairman) **Bob Greenblatt** again and coming back to broadcast television. I think 'Aquarius' has a chance to be a special show and I can't wait to get going."

**Q:** I read that my favorite comedic actress, **Amy Poehler**, has a brother in the business too. Is that true? What can I see him in? -- Fred S., via email

**A:** Amy's brother, Greg, currently stars in and executive produces (with Amy) the Swedish sitcom "**Welcome to Sweden**," which chronicles Greg's real-life experiences of moving to Sweden to marry to his Swedish girlfriend. The series -- which co-stars Amy, **Josephine Bornebusch**, **Lena Olin**, **Patrick Duffy** and **Illeana Douglas** -- is now airing in Sweden, and will begin airing here in the U.S. this fall on NBC.

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## PEEPS IN LITERATURE CONTEST AT THE WOODBRIDGE TOWN LIBRARY

Peep is the word at the Woodbridge Town Library lately. The marshmallow candies have created quite the craze over the last few weeks during the Peeps in Literature contest. Contestants were faced with the following challenge: to create a diorama using Peeps as characters to show a scene from a book or movie. The library provided contestants with a pack of Peeps to get started, but it was up to contestants to choose a topic and create it. The results were outstanding. Over 20 individuals and teams signed up and four entries were created by library staff. The dioramas will be on display for two more weeks at the library or can be seen on the library's Facebook page.

## HUMAN SERVICES 26TH ANNUAL VOLUNTEER TEA

On April 10, 2014, the Human Services Department held its 26th Annual Volunteer Tea at the Woodbridge Senior Center and honored First Selectman Youth Award recipient Kimberly Pocwierz for her dedication to the Woodbridge community.



Sitting left to right: Employees from Willows Genesis HealthCare, Peter Mongillo, Patricia Gilmore, Rose Spinelli, Terry Duda and Nancy Pfund Woodbridge Youth Services Director. Standing left to right: Mary Ellen LaRocca, Director of Human Services, Caty Poole, Massaro Farm, Mary Lee Barker, Human Services Commission Chairperson, Steve Munno, Massaro Farm, Jen Romanoff and Beverly Fries Amity Teen Center/Leo Club, and Ellen Scalett, First Selectman.



Sitting left to right: Ruth Gibbons, George Grotheer and Jo Ann Begley, Outstanding Volunteers, Nancy Pfund, Youth Services Director. Standing left to right: Mary Ellen LaRocca, Director of Human Services, Mary Lee Barker, Human Services Commission Chairperson, Ellen Scalett, First Selectman and Lee Canning, Senior Center Director.



Left to right: Mary Ellen LaRocca, Director of Human Services, Jo Ann Begley of VNA Community Healthcare and Senator Joe Crisco.



Left to right: Ellen Scalett, First Selectman, Kimberly Pocwierz, recipient of the First Selectman Youth Award and Nancy Pfund, Youth Services Director.

## WOODBIDGE HISTORICAL SOCIETY OPEN HOUSE

Please join us on Sunday, May 4th between 2 and 4 pm at the Thomas Darling House for an open house of the museum building, barns and farm. Docents will lead tours and provide a glimpse into the lives of the Darling Family during the 1700's. The event is free and located at 1907 Litchfield Turnpike in Woodbridge. For more information, please visit [www.woodbridgehistory.org](http://www.woodbridgehistory.org).

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The Woodbridge Rotary Club and Friends of Rotary partnered together recently to clean the Woodbridge Hiking Trails around the Rotary-Stoddard Memorial Pavilion located on Center Road, Woodbridge. Michael Walter assisted the group on this project. The clean-up project was chaired by Rotarian Matthew Cummings. A second clean-up day was scheduled for Saturday, April 26th.

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# HOUSES OF WORSHIP EVENTS

## CHURCH OF THE GOOD SHEPHERD ANNOUNCES UPCOMING EVENTS

### Weekly Services

**Wednesdays:** 7:00 p.m. Midweek Contemplative Eucharist with Discussion and Healing Prayer

**Sundays:** 7:45 a.m. Traditional Eucharist – no music;  
9:00 a.m. Church Alive, Eucharist with the worship band;  
10:30 a.m. Choral Eucharist



Church of the  
Good Shepherd

### Yoga Body Prayer

Sunday Evening, 7:00 p.m. Using the Vinyasa Yoga Method and taught by certified Yoga Instructor MaryAnn Haverstock, begin your week with Yoga and centering prayer and meditation. This class is for all levels of yoga practice and experience. Bring a yoga mat or towel, water and wear comfortable clothes. Free will offering

### Spring Rummage Sale

May 16th Friday 2-6p.m. and May 17th Saturday 9 a.m. – noon.

Clothing, shoes, pocket books, accessories, games, puzzles, toys, books, DVDs, linens, kitchen and household goods.

### Shepherd's Café

Church of the Good Shepherd has opened The Shepherd's Café. The Shepherd Café will be open from 10:30 a.m. to 1:00 p.m. every Wednesday and will be serving coffee, light snacks and a tasty and nutritious lunch from 11:30 a.m. to 1:00 p.m. This meal will be available to seniors or to anyone that needs or would like to share a meal and some companionship. Bingo and other activities will take place from 10:30 to 11:30 a.m. Church services are available at 12:30 for those who would like to attend. There will be menu choices each week with soup and selected sandwiches always available. While there is no cost for the meal, donations are always appreciated. This is a new ministry of the Church of the Good Shepherd, and a partnership between the church and Community Services. The Church is located at 680 Racebrook Road, and there is ample parking. While reservations are not needed, they would be appreciated. To make a reservation, volunteer, or to help in any way, please call the church at 203-795-6577. Community Services will provide transportation from the High Plains Community Center to and from the Shepherd Café. Please call Kim at 203-891-4788 at least a day ahead to reserve a ride.

## OUR LADY OF SORROWS CHURCH

**Sunday May 11 (Mother's Day):** There will be recitation of the rosary at 12:30pm, prior to the 1:00pm Mass.

May crowning of the Blessed Virgin Mary statue immediately after the 1:00pm Mass out on the lawn of the church. Benediction to follow. Rain date TBA.

Anyone is welcome to celebrate with us! Our Lady of Sorrows Church, a traditional Catholic Church, is located at 378 Spring Street, Orange.



Our Lady of Sorrows

## TEDDY BEAR FAIR AT CHRIST CHURCH

All area townfolk are warmly invited to The Teddy Bear Fair at Christ Church, 526 Amity Road, Bethany, on May 10. There will be fun for the entire family from 9 a.m. to 2 p.m. All profits from the popular day-before-Mother's Day event will go to three charities involved with children: the Naugatuck Ecumenical Outreach Network summer lunch bag program, the youth program at the Rosebud Reservation in South Dakota, and the innovative Nambale Magnet School in Kenya.

This not-to-be-missed annual country fair is filled with wonderful gifts for Mother on her day. Included are a giant tag sale, a silent auction, country home décor, twice-nice ladies' clothing, bakery and candy booths, crafts and needlework, plants and flowers, children's games, an indoor luncheon featuring strawberry shortcake for dessert, an outdoor grill, a gameland with prizes for children, a teddy bear store, and new, vintage and handcrafted jewelry. Take chances at the numerous raffles which feature desirable gift certificates and lovable teddy bears donated by top companies. The young and young-at-heart are invited to enter their loyal teddy at the Teddy Bear Contest by 11:30. Judges will award ribbons at 1:00.

The bargain-filled event will be held rain or shine. Parking is free, and there is no admittance fee. If you have any questions, please e-mail the Christ Church office at [office@christchurchbethany.org](mailto:office@christchurchbethany.org), or call the office @ 203-393-3399. Fair information can also be found on the church web site: [www.christchurchbethany.org](http://www.christchurchbethany.org).

## HOLY TRINITY GREEK ORTHODOX CHURCH FESTIVAL AND FAIR

The festival runs rain or shine Friday, May 30 and Saturday, May 31 11AM to 11PM and Sunday, June 1, 11AM to 9:30PM. We offer free admission and free parking. We have authentic Greek food and pastries (both indoor and outdoor), games and rides, live music, cash raffle and other raffle prizes as well as a 50/50 raffle, expanded Greek agora (marketplace), tours of our 14th century byzantine style church, dancing in the aisles with ethnic dancers, cooking demonstrations, cultural exhibits and artifacts. We would love to have you. Located at 4070 Park Avenue, Bridgeport.

## DEATH NOTICES

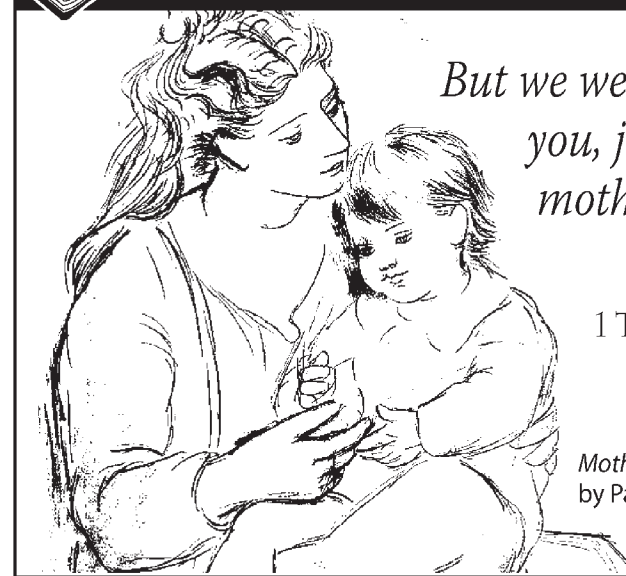
Woodbridge Town News

## DEATH NOTICES

The Woodbridge Town News will publish Death Notices for Orange families free of charge as a service to our readers. Family members please email notice (limit 250 words, please) to: [edit@woodbridgetownnews.com](mailto:edit@woodbridgetownnews.com)



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*But we were gentle among  
you, just as a nursing  
mother cherishes her  
own children.*

1 THESSALONIANS 2:7

Mother and Child  
by Pablo Picasso (1929)

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## Attention Churches, Synagogues & Houses of Worship!

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*We have been contacted by several other oil companies who offered everything from free furnace checks to lower prices. I WOULDN'T DREAM OF SWITCHING... although I am usually ready to save \$\$, it's because you made such a good impresson on me twice. The first time you came to my home you were pleasant, unrushed, friendly, and trustworthy. The second time, you recongzed me and remembered me by name at the Shell station. A small detaio? Not by my standards.*



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Dear Pete,

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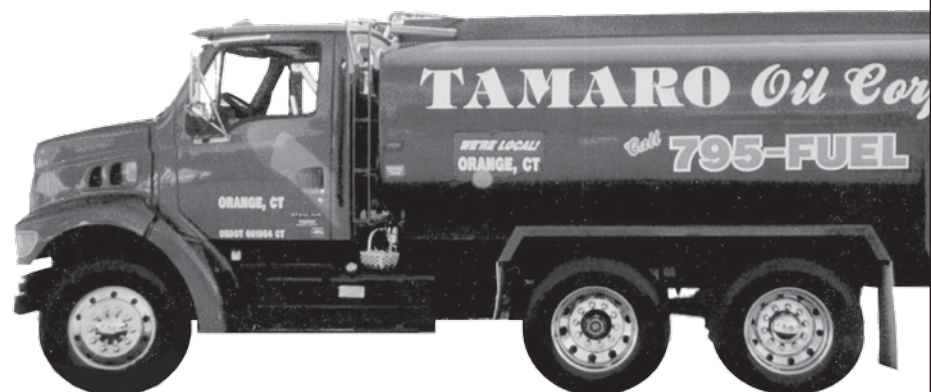
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## DOLLAR\$ AND \$EN\$E

### RETIREMENT FOR STAY AT HOME MOMS

By Roberta L Nestor

If you are one of the two million mothers with young children who decided not to go back to work and fulfill an amazing career at home – kudos! American Greeting Card Company recently did a video for a fake job interview (you might have seen this on YouTube as it has over 14 million hits). Young adults interviewed for the position of “Director of Operations”. Not only did the ad specify the need to be mobile, 24/7 availability and to be prepared for exertion – negotiating, interpersonal, and medical, finance and culinary skills were also requirements. The faces of the individuals getting interviewed were priceless. One young lady asked if this job was even legal!

The potential job candidates drew the line when they learned that the Director of Operations, aka Motherhood doesn't get paid a penny! It's hard to put a price on the job of being a mom and raising a family, but in a 2012 survey (www.salary.com) they placed the annual value for a stay at home mom who works a total of 94.7 hours a week, with a 40 hour base and 54.7 hours of overtime doing mom duties at an annual salary of \$112,963! Let's say that mom duties are extremely invaluable to their families.

Nonetheless, motherhood is perhaps the most rewarding and important jobs in society, even though there are no wages. No wage means no contributions to social security; no ROTH IRAs, and certainly no pension or 401k plans. Often the “retirement” plan doesn't provide much security to a non-working spouse.

However, there are several ways to provide some financial security for your own retirement:

- Working spouses can contribute to traditional IRAs or ROTH IRAs on behalf of a non-working spouse. Contribution eligibility is based on the working spouse's income and phases out at incomes over \$181,000.
- Learn how to maximize the working spouse's social security benefits. Spouses can be eligible to receive 50% of the working spouse's benefit when certain criteria is met. Make collecting your spouse's benefit part of your retirement plan. Calculations for this are available at www.socialsecurity.gov
- If you are worried about not having enough social security credits to be eligible for Medicare you may want to meet with your tax preparer to see what is involved for you to declare just enough income to earn you credits for Medicare eligibility.

You can buy your own pension with “future income” insurance products. Generally this requires a lump sum premium payment (\$25,000 minimum) and will guarantee an income to begin at the age you specify. These products can help supplement social security.

If your spouse has a pension plan, understand the payout options before their retirement date. Maximizing pension income with the use of life insurance is often a strategy that allows the highest income for the working spouse and instead of receiving survivorship benefits in the form of income, life insurance pays out a tax free lump sum.

Make sure you are an active participant in the retirement planning process. Often spouses just take it for granted that they understand how 401ks and ROTH IRAs work, but if you don't have one of your own, it's not only hard to determine what these plans are, but it is even more difficult to understand how they will work for you and your family during retirement. Meet with your family financial advisor and be sure to explore any and all options that will help you to secure your retirement.

Roberta L. Nestor is a financial advisor practicing at 491 New Haven Avenue in Milford, CT offering retirement, long term care, investment and tax planning services. She also offers securities and advisory services as an Investment Adviser Representative of Commonwealth Financial Network – a member FINRA/SIPC and a Registered Investment Adviser. Fixed insurance products offered through Nestor Financial Network are separate and unrelated to Commonwealth. Commonwealth Financial Network or Nestor Financial Network does not provide legal or tax advice. You should consult a legal or tax professional regarding your individual situation. Roberta can be reached at Nestor Financial Network, 203-876-8066 or roberta@nestorfinancial.com.

## Wine Talk

With Ray Spaziani



### DINNER WITH DEB & DARLENE

My wife and her cousin grew up together and are more like sisters than cousins. They are both wonderful and natural cooks and bakers. Deb started as a line chief and was sent to CIA and became a full chief and later a catering director and food service director for Sodexo and many other firms. Darlene, although lacking lots of formal training, is a talent in the kitchen and shares her cousin's knowledge and ability in making delightful upscale foods and deserts.

During each holiday they get together and develop various specialties that delight everyone, but Easter is a special holiday. They get together and develop a menu that makes sure they please everyone in the family. They always proclaim that this is the last time, but the next year they spoil us all and do it all over again making sure everyone has their favorite specialty for dinner and for desert. They shop and cook for days preceding the holiday and no matter how much I try to convince them that MY job is the most difficult (matching the wines with these unique and varied menus) they both give me a rather hard and skeptical glance and go on about their endeavors. This year's menus and activities are as follows: A family prayer and Toast of a Mionetto Prosecco DOC Treviso.

Salad consisting of blueberry, mandarin oranges with blueberry goat cheese, tomato, sweet unions, with a Gorgonzola cheese dressing on a bed of butter lettuce. With this I matched a savignon blanc from South Africa called Klein Steenberg. Magnificent!

The next course consisted of uniquely decorated hard boiled eggs that we, in the Polish tradition, banged together to see who's egg would survive. Then we had a wonderful deep dish meat lasagna that was spectacular with a Chianti Reserva from Sabatucci a 1997 vintage. Wow!

Next we had a wonderful baked ham and kielbasi combination. My wife's cousin stuck some Pirogi's home made with a great 3 cheese filling for my son that were to die for. With this I matched a Wente Morning Fog Chardonnay 2011. It worked very well. Then we all rested and played with my one year-old granddaughter Stella for a while.

After about 30 minutes Deb emerged with a Grilled Bourbon Browne Sugar Glazed Tenderloin of Beef which she served with Potatoes Au gratin that I matched with a Napa Valley Cab Reserve from Siverado 2004. This was quite remarkable to say the least.

Then my favorite was served which was a Bourbon encrusted Leg of lamb with sweet Potato casserole with brown sugar and pecan topping and a panna cotta with kale and beans! This was matched with a Sicilian Aglianico 2007 from Carraia and a Malbic from Argentina that no one got to.

The deserts included Rice Pie, Wheat Pie, Chocolate Caramel Cheese Cake and Truffle loaf with sweet strawberry sauce. I served this with an Ice wine called Jewell Towne vineyards Rhapsody in blue. This is a great New Hapture Ice wine. It was a great day and the leftovers are better than the dinner! I can't wait until next year. Try some of these great foods with these great wines and you will be glad you did! If you would like a cooking technique email me and I will get it for you.

Winners of our last wine quiz were Jimmy Moule, former Amity grad and reed player extraordinaire and Lynn Eagle, an Orange resident.

This issue wine quiz: What wine was born of a Napa-Bordeaux joint venture between Baron Philippe de Rothschild and Robert Mondavi? Email me the answer and we will print your name in the Orange Town News and put you in for a drawing of well made homemade wines. Regards and thanks Ray Spaziani.

Ray Spaziani is the Chapter Director of the New Haven Chapter of the American Wine Society. He teaches wine appreciation classes at Gateway CC and is a member of the International Tasting Panel of Amenti Del Vino and Wine Maker Magazine. He is an award winning home wine maker Email Ray with your questions and wine events at ray. Spaziani@gmail.com.

Woodbridge Town News

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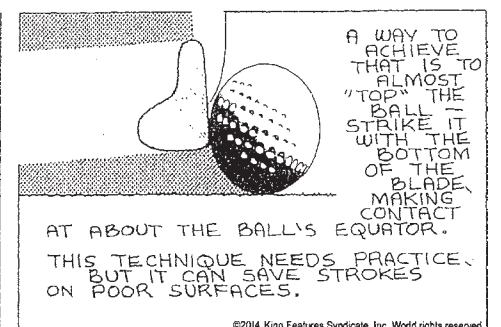
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# ENTERTAINMENT

## TOP 10 MOVIES

- 1. Captain America: The Winter Soldier (PG-13)**  
Chris Evans, Samuel L. Jackson
- 2. Noah (PG-13)**  
Russell Crowe, Jennifer Connelly
- 3. Divergent (PG-13)**  
Shailene Woodley, Theo James
- 4. God's Not Dead (PG)**  
Shane Harper, Kevin Sorbo
- 5. Muppets Most Wanted (PG)**  
Ricky Gervais, Ty Burrell
- 6. The Grand Budapest Hotel (R)**  
Ralph Fiennes, F. Murray Abraham
- 7. Mr. Peabody & Sherman (PG)**  
animated
- 8. Sabotage (R)**  
Arnold Schwarzenegger, Sam Worthington
- 9. Need for Speed (PG-13)**  
Aaron Paul, Dominic Cooper
- 10. Non-Stop (PG-13)**  
Liam Neeson, Julianne Moore

## TOP 10 RENTALS

- 1. Gravity (PG-13)**  
Sandra Bullock
- 2. American Hustle (R)**  
Christian Bale
- 3. The Wolf of Wall Street (R)**  
Leonardo DiCaprio
- 4. The Hunger Games: Catching Fire (PG-13)**  
Jennifer Lawrence
- 5. Frozen (PG)**  
animated
- 6. Dallas Buyer's Club (R)**  
Matthew McConaughey
- 7. Captain Phillips (PG)**  
Tom Hanks
- 8. Thor: The Dark World (PG-13)**  
Chris Hemsworth
- 9. The Counselor (R)**  
Michael Fassbender
- 10. Free Birds (PG)**  
animated

## CHART BUSTERS

### Top 10 Pop Singles

- 1. Pharrell Williams**  
"Happy"
- 2. John Legend**  
"All of Me"
- 3. Katy Perry**  
"Dark Horse"
- 4. Jason Derulo feat. 4 Chainz**  
"Talk Dirty"
- 5. Idina Menzel**  
"Let It Go"
- 6. Bastille**  
"Pompeii"
- 7. Lorde**  
"Team"
- 8. Aloe Blacc**  
"The Man"
- 9. One Republic**  
"Counting Stars"
- 10. DJ Snake & Lil Jon**  
"Turn Down for What"



Brantley Gilbert

### Top 10 Country Singles

- 1. Florida Georgia Line feat. Luke Bryan**  
"This Is How We Roll"
- 2. Brantley Gilbert**  
"Bottoms Up"
- 3. Blake Shelton**  
"Doin' What She Likes"
- 4. Jerrod Niemann**  
"Drink to That All Night"
- 5. Luke Bryan**  
"Play It Again"
- 6. Keith Urban**  
"Cop Car"
- 7. Eric Church**  
"Give Me Back My Hometown"
- 8. Thomas Rhett**  
"Get Me Some of That"
- 9. Randy Houser**  
"Goodnight Kiss"
- 10. Dierks Bentley**  
"I Hold On"

- When did George Harrison announce he was quitting The Beatles?
- Which singer is reputed to have been a gravedigger before getting into music?
- Where did Canned Heat get their name?
- Which duo had a hit with "Here Comes the Rain Again"?
- Name the song that contains this lyric: "Well, I might take a train, I might take a plane, But if I have to walk I'm going just the same."



1. Jan. 10, 1969. The Beatles were rehearsing at Twickenham Film Studios in London. When Harrison left, John Lennon apparently didn't bat an eye and suggested they get Eric Clapton. "He's just as good and not such a headache."  
2. Rod Stewart. He denies the claim, saying he only laid out the plots with string.  
3. From a song about Steno, the liquid fuel made of jellied alcohol, used under buffet chafing dishes.  
4. British pop duo Durythinks, in 1984.  
5. "Kansas City," by Wilbert Harrison in 1959. It's one of the most widely covered songs ever. The Beatles, Bill Haley and His Comets, James Brown, Little Richard and dozens of others tried their luck with the song, but it is Harrison's version that has endured.



Suthep Po-ngam in "The Rocket"

EDITOR'S NOTE: DVDs reviewed in this column will be available in stores the week of April 28, 2014.

### PICKS OF THE WEEK

**"Gimme Shelter" (PG-13)** -- A tattooed teen named Apple (Vanessa Hudgens) runs away from her abusive addict mother (Rosario Dawson), and finds a new set of hardships ahead of her. Apple -- shaken, unwashed, starving and pregnant -- finds her father (Brendan Fraser) in an affluent New Jersey suburb. Eventually, she finds her way into a shelter for pregnant teens and forms real human connections. While based on true events, the story is told in stilted, cliched lines that sound like they could only be put together from scraps of old PSAs. This isn't to discredit the performances. Hudgens has never been further from her peppy Disney Channel image.

**"Gloria" (R)** -- Single and over 50, Gloria

leads a fulfilling life outside of her office job. She's into yoga, self-improvement classes and keeping up with her adult children. The audience first sees her moving confidently through a nightclub, dancing and checking out other singles. Gloria's life turns a corner when she meets Rodolfo, a slightly older man who helps Gloria embrace her passion for life. This Chilean import strikes a fine balance between laughter and drama. Gloria isn't a wacky older dame, nor is she a sad story about life's later years. She's a three-dimensional person at a point where she wants love in her life, but she's strong enough to not fall apart without it.

**"The Rocket" (Unrated)** -- Ahlo is a 10-year-old Laotian boy who must be bad luck. He was born a twin, but his brother did not survive -- an ill omen, as superstition says that one twin will be cursed and the other blessed. One day, Ahlo's village receives news that they have to leave their land because it will be flooded to make the reservoir for a new dam. Of course, people are quick to blame such misfortune on Ahlo once they find out he's a twin. The boy decides he's going to re-write his fate -- he's going to enter a rocket-building contest and win. "The Rocket" tells a unique, transporting and uplifting story.

**"The Selfish Giant" (Unrated)** -- Best pals and partners in crime, Arbor and Swifty are perpetually in trouble at home and at school. Both are adolescents living in a bleak and recessed British town brimming with abandoned lots and rusty metal. Arbor is the wilier one who gets Swifty to ditch school. The boys start getting paid by a local scumbag for bringing in stolen scrap metal and wires with their horse carriage. From the beginning, you can see tragedy stalking the pair.

Sudoku answers on page 30

## Weekly SUDOKU

by Linda Thistle

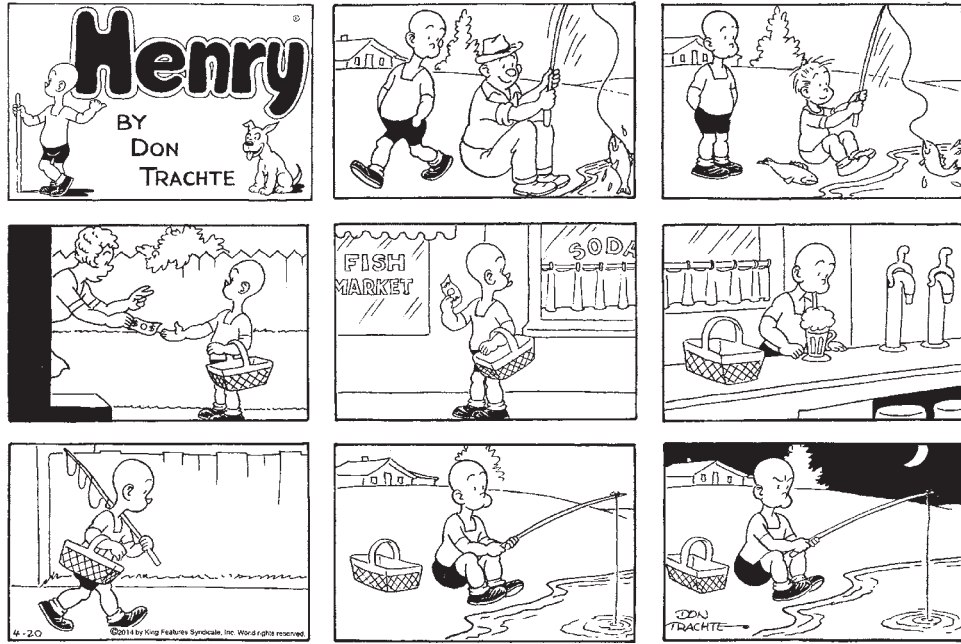
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|---|---|---|---|---|---|---|---|
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| 8 | 6 |   |   |   | 2 | 9 |   |
|   | 5 |   | 4 |   |   |   | 2 |
| 7 |   |   |   | 9 |   | 5 | 1 |
|   | 9 |   | 5 |   |   |   | 3 |
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| 1 |   |   | 2 |   |   |   | 3 |
|   | 4 |   | 7 | 3 |   |   | 1 |
|   |   | 9 |   | 8 |   | 4 |   |

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★★

★ Moderate ★★ Challenging  
★★★ HOO BOY!

# COMICS/CROSSWORD/HOLLYWOOD



The Spats

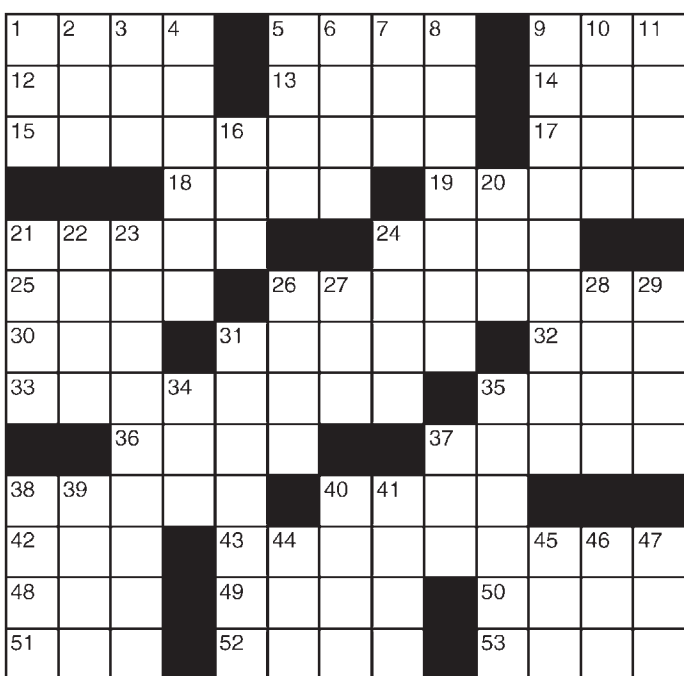
by Jeff Pickering



## King Crossword

**ACROSS**

- 1 United nations
- 5 Half (Pref.)
- 9 TV overseer (Abbr.)
- 12 Pearl Harbor site
- 13 Former mates
- 14 Carte lead-in
- 15 Honesty of purpose
- 17 Charged bit
- 18 Sudden rush of wind
- 19 Glossy alternative
- 21 Earth tone
- 24 Apiece
- 25 Hammer's target
- 26 As one
- 30 Web address
- 31 Melodic
- 32 Anger
- 33 Individuality
- 35 Error
- 36 Very dry, as champagne
- 37 Cock and bull
- 38 Figure of speech
- 40 Suitor
- 42 - canto
- 43 Nightstick
- 48 Ailing
- 49 Love god



- 50 Facility
- 51 Crafty
- 52 Info on a notarized document
- 53 Oodle?
- DOWN**
- 1 Cranberry territory
- 2 "7 Faces of Dr. -"
- 3 Discoverer's cry
- 4 Bat
- 5 Vast areas
- 6 Way out
- 7 Encountered
- 8 "Moby-Dick" narrator
- 9 Popular country singer
- 10 Coagulate
- 11 Walking stick
- 16 Bear hair
- 20 Performance
- 21 Burden
- 22 Give a darn
- 23 Backwoods dweller
- 24 "Zounds!"
- 26 Hit the horn
- 27 Yoko of music
- 28 Great Lake
- 29 Agents, for short
- 31 Hitched a ride
- 34 To and -
- 35 Pasta toppings
- 37 Has permission
- 38 Sacred Egyptian bird
- 39 Farmer's home?
- 40 Rorschach picture
- 41 Differently
- 44 401(k) alternative
- 45 Fond du -, Wis.
- 46 G8 member
- 47 Foundation

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## HOLLYWOOD

By Tony Rizzo



David Letterman

While late-night viewers were stunned by David Letterman's announcement that he's retiring next year, insiders say, like Jay Leno, it was time for him to step aside. The days of talk shows where they just talk are at an end. Jimmy Fallon's success is telling networks that late-night shows need to be variety shows that use social mediums to keep viewers' attention. Letterman had a good run, but didn't change with the times.

\*\*\*

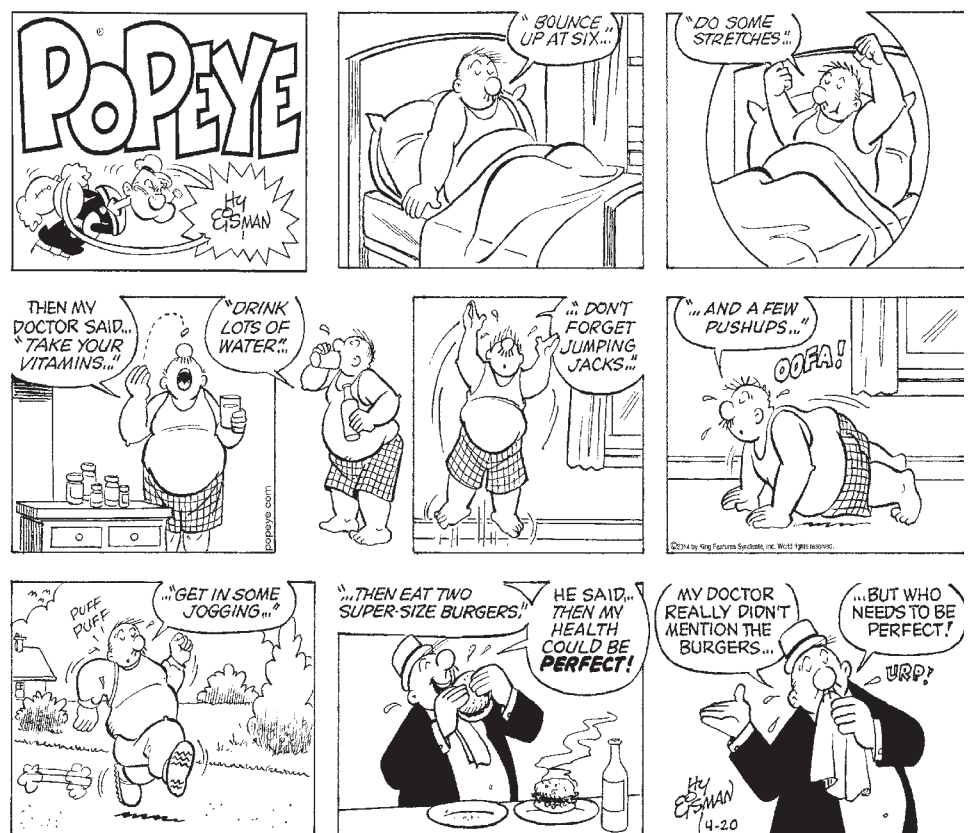
Are Arnold Schwarzenegger fans giving up on him? Last year "The Last Stand" cost \$30 million to make and earned \$48 million, which might have been due to his Oscar-winning co-star Forest Whitaker. "Escape Plan" cost \$50 million to film and took in \$137 million, which could have been because of his co-star, Sylvester Stallone. His most recent effort, "Sabotage," cost \$35 million but only pulled in \$6.5 million despite "Avatar's" Sam Worthington, Oscar-nominee Terrance Howard, "Magic Mike's" Joe Manganiello, and "Lost" and "Intelligence" star Josh Holloway on board. The true test will be the \$10 million zombie film "Maggie," with just Abigail Breslin and Joely Richardson. Hopefully, it will come out after Aug. 15, when "Expendables 3" hits theaters with Jason Stratham, Jet Li, Dolph Lungren, Mel Gibson, Harrison Ford, Wesley Snipes, Antonio Banderas, Kellen Lutz and Kelsey Grammer. The Governor's autobiography, "Total Recall," crashed and burned ... could be the public hasn't forgiven Arnold for his "Maidgate" yet!

\*\*\*

The tireless Johnny Depp hits theaters this month with the \$100 million "Transcendence." Then he has a cameo in Billy Bob Thornton's film "London Fields,"

with fiancée Amber Heard and "Divergent" star Theo James, followed by a role as The Wolf in the \$40 million musical "Into the Woods" with Meryl Streep (out Dec. 25). He's already finished "Mortdecai" with Ewan McGregor, Olivia Munn and Gwyneth Paltrow, and currently is shooting "Black Mass" with Guy Pearce and Dakota Johnson (star of "50 Shades of Grey"), both for 2015. Depp's original "Alice in Wonderland" grossed over \$1 billion, and he's set for the sequel, as well as "Pirates of the Caribbean: Dead Men Tell No Tales," which starts shooting at the end of the year. Both are for 2016 release.

Chris Pine has "Horrible Bosses 2" (out Nov. 26), "Into the Woods" (out Dec. 25) and the sci-fi film "Z for Zachariah" (currently filming in New Zealand) upcoming, but he must be wondering what became of the March 21 opening of "Stretch" with Patrick Wilson, Brooklyn Decker, Ed Helms and Jessica Alba. Apparently, Universal Pictures wasn't happy and let the producer shop it around to other studios, but no one wanted it. Maybe calling it an action-comedy-thriller was "Stretch"ing the point too far!



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## JUGGLING A CAREER AND NEW MOTHERHOOD

The role women play in society and within their own households has changed dramatically over the last half-century. According to Pew Research Center analysis of the Decennial Census and American Community Surveys Integrated Public Use Microdata Sample files, in 1960 just 10.8 percent of married mothers were the primary earners in households that included children under the age of 18. That figure rose steadily over the next 50 years, reaching 40.4 percent by 2011. Though the steady rise in those percentages makes the 2011 figure less than surprising, the fact remains that today's working mothers have more on their plate than ever before and are under more pressure to juggle those responsibilities than their predecessors.

Juggling a career and motherhood is difficult for any woman, but the transition to wearing two hats can prove an especially difficult adjustment for new mothers. The following are a handful of tips for new mothers about to embark on the challenging task of juggling a career and a growing family.

Carefully consider career decisions. Some new mothers respond to motherhood by making changes with regard to their careers. While adjustments will almost certainly need to be made, it's important that women avoid knee-jerk reactions. Some women feel guilty about not spending enough time with their children and ultimately allow that guilt to govern their decisions about their careers. But women who don't give ample consideration to such decisions may grow to regret them when they find they miss their old jobs and the responsibilities and sense of purpose that comes with those jobs. When making career decisions as new motherhood is approaching or after it arrives, make a list of the pros and cons to each decision and the motives behind each decision you might make. The more thoughtfully you approach each decision, the happier you're likely to be with that decision once it's been made.

Avoid going overboard at the office. Working mothers are often driven to show their employers that new motherhood will not affect their on-the-job performance. In their haste to prove motherhood won't prove a distraction, new mothers may take on more they can chew. Recognize that being a working mother does require an adjustment period, especially in the immediate weeks and months after maternity leave has ended and your body has yet to adjust to its new schedule. Accept help when it's offered and recognize that good employers understand the adjustments you will need to make in the immediate aftermath of a pregnancy.

Look for ways to reduce your workload at home. Juggling a career and new motherhood won't just have an impact at the office. Part of making a successful transition from working professional to working mother is recognizing that adjustments need to be made at home as well. Both new parents are in the same boat, but mothers are the ones who spend the first three months at home with their new child, and during those three months new mothers typically develop a certain rapport with their new babies that new fathers do not. Babies may prove more comfortable being fed or rocked to sleep by mom instead of dad. In such instances, look for ways to reduce your workload at home, whether that's sharing cooking duties or other chores around the house that were once your responsibility alone.



## HOW MOMS CAN HELP KIDS TO GO GREEN AND PROTECT THE PLANET

Today's kids are growing up in a very different world than the one their parents inhabited as youngsters. One of the biggest differences between now and then is that kids growing up in the 21st century are being taught to embrace eco-friendly activities and lifestyles on a far broader scale than their parents were. While parents of school-aged children might have learned about the planet and even celebrated Earth Day when they were kids, their kids are growing up in a world where Earth Day is just one of the many opportunities to protect the planet and respect the environment.

Because today's kids are growing up in an eco-conscious world, it's no surprise that kids are often enthusiastic about joining in environmental efforts. Moms tasked with finding productive outlets for that enthusiasm may want to employ the following strategies to make the most of their kids' passion for the planet.

Organize weekly events with other kids. Much like adults, kids often find activities more fun when their friends are around. Mothers who want to inspire their kids to protect the planet can organize weekly eco-friendly events for their youngsters and their friends. Consult local park officials and set up a park cleanup where kids can pitch in by picking up litter. Do the same if you live near a beach or lakefront area. Kids will benefit from enjoying the great outdoors while simultaneously doing something good for the environment.

Take kids on trips to the grocery store. Mothers are often in charge of stocking the family pantry, and this, too, can be used as an opportunity to teach kids about the environment. When visiting the produce aisle, explain to your youngsters why you're purchasing organic fruits and vegetables instead of those that might have been genetically modified or grown with the use of pesticides. When it comes time to visit the snack aisle, choose organic items and remind kids come snack time that their new favorite treats also happen to be eco-friendly. This reduces the likelihood that kids will grow up associating healthy and eco-friendly foods with a lack of taste, potentially laying the groundwork for a lifetime of healthy eating.

Involve kids in the garden. Moms who plant flowers or tend to their own gardens can invite kids to join them. As you and your youngsters plant vegetables, explain to them that growing your own fruits and veggies reduces your reliance on trucks to transport these items from afar, which helps to conserve fuel and reduce pollution. If there is room on your property to plant some trees, involve youngsters in the planting and use this as an opportunity to explain the many ways in which trees benefit the environment.

Start a neighborhood carpool. Simple everyday tasks make for great learning opportunities, especially when teaching kids about the benefits of an eco-friendly lifestyle. Moms can organize a neighborhood carpool to get kids to and from school, explaining to each child that carpooling reduces fuel consumption and air pollution.

Volunteer with an environmental organization. Kids benefit from volunteering in numerous ways. Moms looking to get their kids involved with local volunteer organizations can combine the lessons learned with giving back to the community with their youngsters' passion for the environment by signing the family up to volunteer with a local environmental organization. Such organizations might clean up heavily littered roadways, plant trees in public parks, help remove debris after harsh storms or long winters or promote environmental awareness. Each of these activities teaches kids the value of giving back while also providing for them an outlet to pursue an eco-friendly lifestyle.

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## King Crossword — Weekly SUDOKU —

Answers

Solution time: 21 mins.

|   |   |   |   |   |   |   |   |   |   |   |   |   |
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Answer

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| 8 | 6 | 7 | 1 | 3 | 2 | 9 | 5 | 4 |
| 9 | 5 | 1 | 4 | 6 | 8 | 3 | 7 | 2 |
| 7 | 2 | 8 | 3 | 9 | 4 | 5 | 1 | 6 |
| 6 | 9 | 4 | 5 | 1 | 7 | 2 | 8 | 3 |
| 5 | 1 | 3 | 8 | 2 | 6 | 7 | 4 | 9 |
| 1 | 8 | 5 | 2 | 4 | 9 | 6 | 3 | 7 |
| 2 | 4 | 6 | 7 | 5 | 3 | 8 | 9 | 1 |
| 3 | 7 | 9 | 6 | 8 | 1 | 4 | 2 | 5 |

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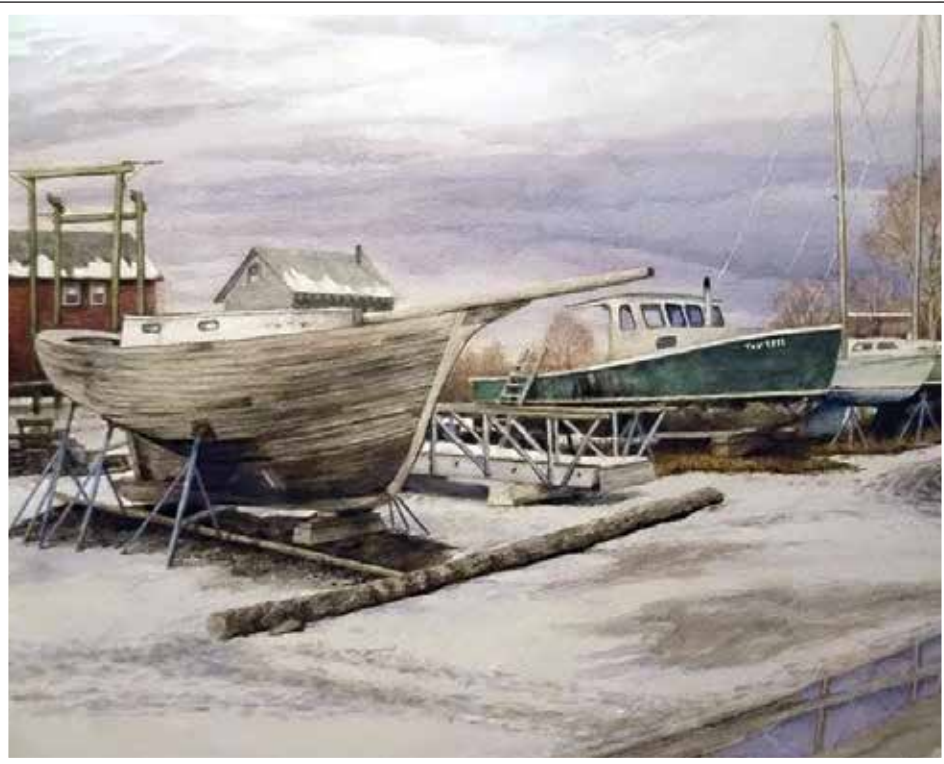
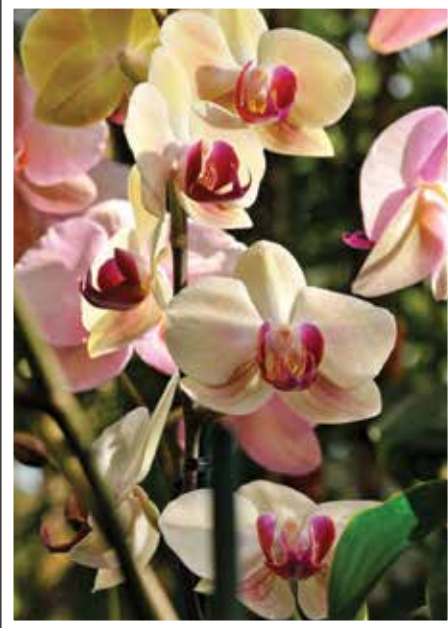
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# ARTS & LEISURE



Top: James Angersola's Photography; Bottom: Left: Mark Dittmar Pencil Drawing.

## DAVIS GALLERY PRESENTS JAMES ANGERSOLA & MARK DITTMAR

On Saturday, May 3rd, from 1pm to 4 pm, The Opening Reception for talented and creative photographer, James Angersola's *"All the World's a Stage"* will be held at the Davis Gallery in Orange.

Mr. Angersola will have on display over 100 small to large pieces of his exceptional works that broadly range from nautical scenes, rustic barns and farm elements, to colorful exotic animals and stunning floral studies. Jim says, "I love my work and I love photography. My occupation provides sustenance in my life, and my photography allows me to just enjoy being creative and to share my love of nature and her creatures. That to me, is the perfect balance." Mr Angersola has some very creative methods of displaying his stunning photography, from "metal Prints to images fired on ceramic tiles. Almost the entire east wing of the gallery is devoted his many brightly colored works, spanning over 75 feet of wall hangings and 14 feet of table displays. You will have much to see!

In the main Gallery, you will see *"Eye of the Beholder"*, the fabulous realism works of Mark Dittmar, also on display, with over 30 medium-to-large, colored pencil masterpieces which will leave you in awe, when you view the detail and presence of life in his remarkable works. Water seems to be flowing over the rocks and you can almost hear the gulls screeching in his exquisite renditions of local waterfronts. Mr. Dittmar has a wide choice of subjects to present to you, each one more stunning than the last. Most of his pieces depict local scenes you will probably immediately recognize.

In the far east wing, our third artist, Kyle Green's fanciful *"Things"* display remains from a prior opening. His unique and creative characters will delight you!

Both James' and Mark's works will remain on display for at least the following 30 days.

Visit The Davis Gallery, located at 200 Boston Post Road in Orange and is free and open to the public from 10am to 6 pm weekdays and Saturday until 4pm. The Davis Gallery is affiliated with VideoLab in Orange and is located in the VideoLab facility.



## "SELF EASE: CONTEMPORARY PORTRAITURE"

### Public Reception Featuring Live Jazz by BFD Trio

The Arts Council of Greater New Haven is pleased to host the public reception for "Self Ease: Contemporary Portraiture" on May 10, 2014 from 3 p.m. to 5 p.m. at the Perspectives...Gallery at Whitney Center, 200 Leeder Hill Drive (South Entrance), Hamden, Connecticut. The reception will feature live music by the BFD jazz trio. On view in the gallery will be artwork by Eileen Carey, Steven DiGiovanni, Megan Marden, Larry Morelli, Katro Storm, Erika Van Natta, and Jeff Wrench.

About the Exhibition: Organized by Debbie Hesse, "Self Ease" focuses on the psychological nuances regarding how we see ourselves and how we choose to be seen, commemorated, and remembered. For example, Eileen Carey paints colorful portraits of people she knows in great detail as well as faceless crowds that explore the interaction of people in a fast paced culture. Jeff Wrench sketches faces of strangers on paint swatches and wall paper samples creating casual portraits that are both specific and mysterious. Steven DiGiovanni puts people into ambiguous settings, using the surrounding objects as props to draw out meaning. Katro Storm, Megan Marden and Larry Morelli rely on personal, gestural and painterly mark making to create ambiance and psychological tension. Erika Van Natta creates a video portrait, via a self- designed kaleidoscope of herself singing original lyrics that finds cohesiveness thru geometric fragmentation.

In addition, digital portraits or selfies emailed in from the general public will create a collective tapestry of how we see ourselves in a rapidly changing technological world. These fleeting digital captures offer a counterpart to the paintings and video in the exhibition, framing a dialogue about the history and future of this artistic genre. To participate, send digital selfies to [selfease@gmail.com](mailto:selfease@gmail.com). Selections will also be included in an online exhibit at [NewHavenArts.org](http://NewHavenArts.org).

For more information about "Self-Ease: Contemporary Portraiture", call (203) 772-2788 or contact Debbie Hesse at the Arts Council, (203) 772-2788. Gallery hours are Tuesdays and Thursdays, 4p.m. to 7 p.m. and Saturdays 1p.m. to 4p.m.

The Arts Council of Greater New Haven, publisher of The Arts Paper, is a regional nonprofit arts agency that provides leadership to and advocates for member artists and arts organizations and connects them to one another, to audiences, and to the Greater New Haven community. Visit the Arts Council online at [newhavenarts.org](http://newhavenarts.org).

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# ARTS & LEISURE



## BEECHER SCHOOL ENRICHMENT PROGRAM TO GET AN EARLY START

For nearly 20 years, Beecher Road School's summer enrichment program has introduced theater to young actors at the school. Kindergarten teacher and Extended Day director Cathy Salinardi has extended this program to include a spring school-wide performance.

Salinardi has brought on Beecher teaching assistant and certified art teacher Ashley Wagner to guide young artists as they create and bring to life magical sets, scenery, and costumes. Joining them is teaching assistant and Extended Day staff member Jennifer Cooper, who works with the actors to develop their characters on stage. Both Wagner and Cooper transfer their excitement for the visual and performing arts to our children at Beecher Road School.

This year the Drama Club is performing an adapta-

tion of Peter Pan! Their hard work and dedication will come to life on the Beecher Road School's stage this May 8 and May 9.

Practices have taken place for the last two months, teaching stage performance and teamwork. Simultaneously, art classes have been held to construct the sets and scenery for the show.

With each new play the program gets bigger and bigger. This year has seen a record number in membership with children in grades two through six. With this growth in membership, second grade teacher Teresa Ramia has joined the team of teachers in the Drama Club.

"I'm excited to offer our children the opportunity to experience theater here at Beecher," says Superinten-

dent of Schools Dr. Guy Stella, who is very proud of the children's work. "Through the visual and the performing arts, our children develop the ability to work well with others in an enriching environment."

The teachers are excited to showcase what the children have accomplished. They have seen children excel with the opportunity given them. Salinardi adds, "Over the last few years many children here have continued to look forward to these wonderful productions. I have great confidence in the teachers and the children who have dedicated themselves to hard work. I look forward to another spectacular performance!"

Good luck to the Drama Club! The Beecher Road School community is proud of you!

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**LOCAL SPORTS**



**JCC TEAM TAKES CHAMPIONSHIP**

The New Haven JCC'S Eighth Grade Travel Basketball Team recently won the Milford Youth Basketball League Championship with a thrilling come from behind 73-72 overtime victory over the Waterbury Ballers. The JCC trailed by double digits for most of the first half and by eight points with less than a minute remaining in the game before rallying to force overtime. Jack Nolan led the team in scoring, Matt Weidenfeller hit two crucial 3 pointers and Hunter Burns made the winning free throw. The team finished 30-9 overall. Team members pictured left to right are (bottom row): Manager Mike Dimatteo, Owen Cooper, Chris Bierzowiec, Matt Weidenfeller, Hunter Burns. Standing (back row): Assistant Coach Scott Cooper, Quinn Burke, Jack Nolan, Ryan Kupcho, Chris Elias, Jack Atkins, Head Coach David Teitelman. Missing from photo: Luke Smith.

**BARK BYTES...**

*By Vicki & Richard Horowitz*

**Dog Park Safety**

Dog parks can be a great way to socialize your dog, but can also be unsafe if proper measures aren't taken. The following tips will help you keep your dog safe and happy at the park.

Know your dog. Not all dogs enjoy meeting new dogs. Don't let your dog get overwhelmed by meeting too many dogs at once. If your dog has not interacted regularly with other dogs, find out how he will react. You can perform a test by introducing your dog to a friend's dog that you know interacts well with other dogs. Testing your dog in a controlled environment is ideal before you go into the dog park.

Keep your dog healthy. Be sure your dog isn't vulnerable to picking up infections from other dogs by keeping him up to date on his vaccinations and worming medications.

Observe. Consider visiting the park without your dog for the first time to familiarize yourself with the park itself and the dogs that play there. Before bringing your dog inside the park, spend a few minutes watching the other dogs and how they interact. If the dogs seem too rough for your dog, come back at another time or try a different dog park.



On your next visit you may want to bring your dog and sit quietly with him outside the park. Having your dog with you to observe from outside the park enables you to watch how he reacts to seeing the other dogs.

Start out slow. The first few visits to the dog park should be short, no longer than 15 minutes. Slowly increase the length of your stays as your dog becomes more comfortable with the dog park atmosphere.

Choose a time that is less busy for your first few visits to the park. Weekday evenings are peak, high-traffic times at dog parks, and weekends and holidays tend to be busy all day long. Acquaint your dog with the dog park when the park isn't as crowded.

Closely supervise your dog. Don't get distracted while talking to other owners. Keep an eye on your dog at all times to make sure his interactions with other dogs are safe. Watch his body language to help you avoid any trouble before it begins. Watching his actions also enables you to quickly clean up after your pet.

Let your dog off leash as soon as you enter unleashed areas. Mixing leashed and unleashed dogs can create a hostile situation. Leashed dogs, and their owners, often display body language and behavior that is threatening to the unleashed dogs and may encourage them to be aggressive and defensive in return. A leashed dog cannot make the choice his natural instinct tells him of "fight or flight"—if he cannot take flight, he may have to fight.

Watch for potential hazards. Be aware of potential hazards that may be in the park, such as toxic chemicals, garbage or noxious plants. Be sure to wash any chemicals, such as fertilizer or pesticides, off of your dog's feet and legs to ensure they aren't licked and ingested.

Leave children at home. Don't bring children with you to the dog park. You will not safely be able to watch your kids and your dog at the same time. Many dogs have not been socialized to children. Both frighten and excite easily—and react differently—creating a dangerous atmosphere. It's simply too easy for a child to get hurt at a dog park.

Leave small puppies at home. Puppies less than four months old aren't fully immunized yet and are at higher risk for contracting diseases. They are also very vulnerable to being traumatized by another dog's aggressive behavior.

Do not bring toys or food. Most parks are already littered with balls and toys that other people have brought. Rewarding your dog with treats or giving him toys in front of other dogs can create jealousy and aggression.

Interpret canine body language. Educate yourself about dog body language and communication signals so you can tell the difference between fear, play and anger.

Know when to leave. You should remove your dog from the park if he is being threatened or bullied and seems fearful; begins to display aggressive behavior by becoming overexcited or threatening toward other dogs; is panting heavily; or seems overly tired. Keep your dog's welfare a top priority.

DO NOT physically intervene in a dogfight. Never reach in to break up fighting dogs. Squirt the dogs in the face with a water bottle or try to distract them by throwing something near them, but never physically intervene.

Prevent injuries. Be aware of the signs of a possible dogfight before it might happen. Don't allow a dog's overexcitement turn into a fight. If your dog injures a person or dog, give your name and phone number to the injured party. Report to law enforcement authorities any handlers who refuse to take liability for damages or injuries and who are endangering the safety of others.

*Vicki and Richard Horowitz, of Woodbridge, are dog behavioral therapists and trainers with Bark Busters, the world's largest dog training company. For more information, call 1-877-500-BARK (2275) or visit [www.dog-training-new-haven-ct.com](http://www.dog-training-new-haven-ct.com).*

Woodbridge Town News

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# Salome's Stars

**ARIES (March 21 to April 19)** You might need to do a bit more investigating before making a career move. You do best when you come armed with the facts. A personal matter still needs tending to.

**TAURUS (April 20 to May 20)** Your creativity plus your good business sense once more combine to give you an important advantage in a difficult workplace situation. An ally proves his or her loyalty.

**GEMINI (May 21 to June 20)** Avoid rushing into something just because it offers a break from your usual routine. Take things a step at a time to be sure you're moving in the right direction.

**CANCER (June 21 to July 22)** Bouncing back from a disappointing incident isn't easy, but you should find a welcome turn of events emerging. Spend the weekend with someone special.

**LEO (July 23 to August 22)** An incomplete project needs your attention before someone else takes it over and uses it to his or her advantage. There'll be lots of time for fun and games once you get it done.

**VIRGO (August 23 to September 22)** Doubts involving a potential career change need to be resolved quickly so they don't get in the way when you feel you're finally ready to make the big move.

**LIBRA (September 23 to October 22)** Looking to blame someone for a workplace problem could backfire if it turns out you've got the wrong "culprit." Best to get more facts before acting on your assumptions.

**SCORPIO (October 23 to November 21)** Patience might still be called for until you're sure you finally have the full story that eluded you up till now. A trusted associate could offer valuable guidance.

**SAGITTARIUS (November 22 to December 21)** Look into your recent behavior to see if you could have caused the coolness you might now be sensing from a loved one. If so, apologize and set things straight.

**CAPRICORN (December 22 to January 19)** Easing up on your social activities allows you to focus more of your energies on a long-neglected personal matter. You can get back into party mode by the weekend.

**AQUARIUS (January 20 to February 18)** A dispute with a colleague can be resolved peacefully once you both agree to be more flexible about the positions you've taken and allow for more open-minded discussions.

**PISCES (February 19 to March 20)** Volunteering to take on added responsibilities could be a risky way to impress the powers-that-be. Do it only if you're sure you won't be swept away by the extra workload.

**BORN THIS WEEK: Your sense of self-awareness allows you to make bold moves with confidence.**

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## BIRD-WATCHING 101

**DEAR PAW'S CORNER:** With a couple of family members already heavily into it, I'm interested in becoming a bird-watcher too -- if only to have something interesting to talk about at holiday dinners. I thought it would be easy, but even just bird-watching in my backyard, I haven't seen much more than sparrows. Any tips? -- Bart L., Portland, Ore.



**DEAR BART:** As a new bird-watcher myself, I'll fall back on the experts on this one. That's because starting out in the hobby (or is it a sport?) can be surprisingly difficult in some respects, such as finding birds that are more interesting than your common backyard species.

The "10,000 Birds" blog has a very nice post that lays out some key tips for new bird-watchers. First, the time of year is key to spotting certain types of birds; but more importantly, find experienced bird-watchers, and pay attention to what they tell you. It's not as easy as grabbing a good pair of binoculars and striding forth into nature; you need to know where certain birds are likely to nest or hunt, and the best areas from which to spot them.

The Internet is a great resource, and particularly group meet-up sites like Meetup.com, on which you can locate bird-watching groups in your area. If you can't find one that suits your schedule or that looks "right" for you, contact your local Audubon chapter to find out about other groups, chapter meetings or educational seminars or classes.

Even if they're not strictly bird-watching classes, you may meet other enthusiasts who can point you in the right direction.

Send your questions or advice to ask@pawscorner.com.

### Just Like Cats & Dogs by Dave T. Phipps



### MISTER BREGER By Dave Breger



"Time to invite your family for the weekend, dear -- we're overloaded with leftovers!"

### LAFF-A-DAY



"Take me to your leader."

### HUBERT - - By Dick Wingert



"There, there, dear—I KNOW you wanted to surprise me—you DID!"

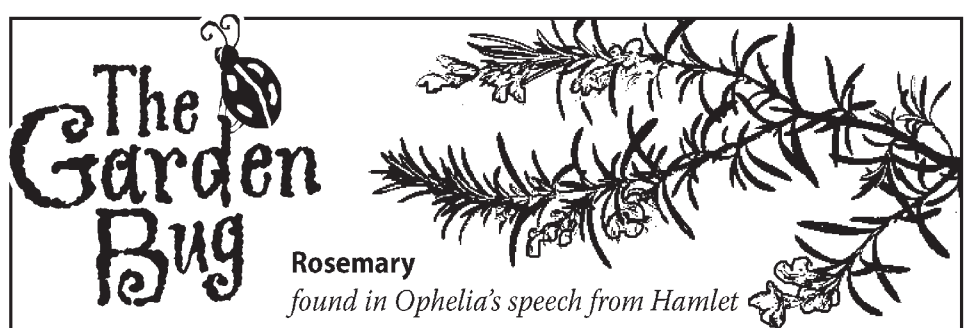
## top ten

- ### CLEANEST FRUITS AND VEGETABLES\*
1. Onions
  2. Corn
  3. Pineapples
  4. Avocado
  5. Asparagus
  6. Sweet Peas
  7. Mangoes
  8. Eggplant
  9. Cantaloupe
  10. Kiwi
- \*Least pesticide contamination  
Source: Environmental Working Group

### HOCUS-FOCUS BY HENRY BOLTIKOFF

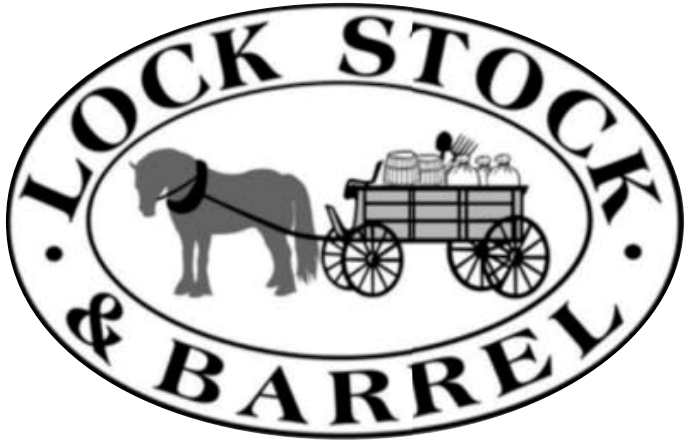


CAN YOU TRUST YOUR EYES? There are at least six differences in drawing details between top and bottom panels. How quickly can you find them? Check answers with those below.  
Differences: 1. Stick is shorter; 2. Jacket is opened; 3. Binoculars are missing; 4. Cap is different; 5. Flashlight is missing; 6. Backpack is missing.



**The Garden Bug**  
Rosemary  
found in Ophelia's speech from Hamlet

**Shakespeare gardens**, created to honor the famous playwright, are found throughout the U.S. and Britain. They contain plants and flowers mentioned in his works and those found in his own private garden in Stratford-upon-Avon. One of the most famous of these gardens is in Central Park near the Delacorte Theatre, site of the "Shakespeare in the Park" series held each summer. - Brenda Weaver  
Source: www.centralpark.com



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