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Beecher Road School physical education teacher Anthony Taddei shows off the number of laps that sixth graders swam in the first Swim for Heart event at the school. The children exceeded the goal of swimming 2,000 laps in 25 minutes.

BEECHER STUDENTS BREAK GROUND WITH 'SWIM FOR HEART'

By Bettina Thiel - Woodbridge Town News Correspondent

Some 100 sixth grade students at Beecher Road School recently swam more than 2,000 laps in a Swim for Heart event for the American Heart Association. They had 25 minutes to accomplish that goal.

Turns out they were done well before the 25 minutes were up, and instead of stopping when they had reached the goal, they continued swimming, encouraged by physical education teacher Anthony Taddei and other supportive teachers, for an additional 150 laps. This is the first time the school participated in the event, and only the second such event in the state, said Mr. Taddei, adding that this made Beecher the first

elementary school to accomplish the Swim for Heart.

Mr. Taddei was very pleased with the children's participation. "You saw every stroke here today," he said, "freestyle, back stroke, every way." Instead of focusing on competition, students were working toward a team goal, he said.

"It was an opportunity for the children to demonstrate their skills," said School Supt. Guy Stella. Beecher Road School students have swim instruction on a regular basis starting from first grade as part of their physical education program. An event such as this one ties in with the curriculum, Dr. Stella said.

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MALLOY ATTENDS PUBLIC WORKS DEDICATION

By Bettina Thiel – Woodbridge Town News Correspondent

Two years after the groundbreaking for the new Public Works garage, town officials with Gov. Dannel Malloy in attendance, dedicated the new facility to the late First Selectman Ed Sheehy. “Despite opposition, Ed was steadfast in his determination to keep our Town on a path that meets the needs of the future while cherishing our past, and this public works garage is an outstanding example of his leadership,” said First Selectman Ellen Scalettar in her greeting.

Governor Malloy, in a brief address, spoke of the role of state government as a partner to local government. “Ed believed – as I do – that we have an obligation to leave this world a better place for being in it,” he said. “I think he tried every day.”

Building Committee Chairman Chris Sorensen thanked his fellow committee members, who were appointed in 2003 by then First Selectman Amey Marrella. “We owe a debt of gratitude for their steadfastness,” Sorensen said.

Serving on the committee were Joe Adelizzi, Gil Hogan, Becky Daymon, Mel Stoltz, Roger Harrison, Leland Torrence and Tony Schaffer. He thanked in particular Building inspector Terry Gilbertson, who worked closely with the committee, and helped get the project completed on time and under budget.

Roth, Moore and Kagan designed the energy efficient building. PDS Engineering and Construction was the



Governor Dannel Malloy & Ellie Sheehy

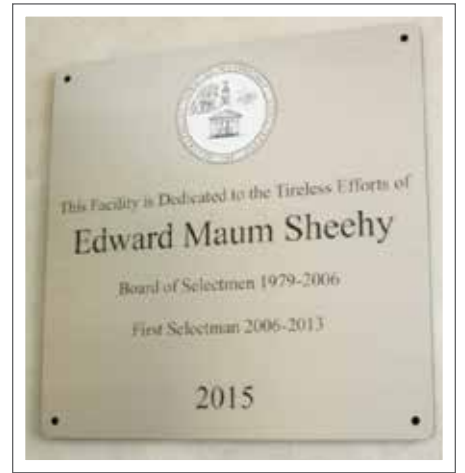
general contractor. They chose numerous local experts, whom Sorensen also thanked for their guidance. They were civil engineer Richard Couch, mechanical contractor Mario DiRienzo, Bob McKinstry from Brooklyn Rebar, Joe Dellacroce of Connecticut Stone and Michael Weiner from Colony Hardware.

The project was designed to be very energy efficient, Sorensen said, with the translucent Kalwall material, radiant floor heating in the truck bays and LED lighting that can be centrally controlled. The facility also has a water recycling installation as well as an electric vehicle recharging station.

Sorensen also noted that the project is planned to support the installation of a compressed natural gas (CNG) refueling station. “We believe that the future of our Public Works Trucks will be with CNG and our ambitions are to find a funding source for the equipment in the near future,” he said.

The 17,602 square foot facility had a \$6.3 million budget. The project was funded 80% by the town and 20% by grants.

Following the dedication ceremony, the public was invited to take tours of the facility. This is the first winter that the trucks were stored indoors,



Sheehy Placque



Terry Gilbertson & Amey Marrella under the truck lift

Office Manager Cyndi Pecca said. In past years, a lot of time and energy was spent to get the trucks ready for a snow event. “The employees were very appreciative,” she said.

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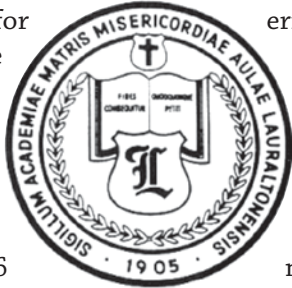
WOODBIDGE EDUCATION ROUNDUP

LAURALTON HALL ANNOUNCES ITS THIRD QUARTER HONOR ROLL

Milford, CT – Principal Cynthia Gallant of The Academy of Our Lady of Mercy, Lauralton Hall has announced the Honor Roll for the Third Quarter of the 2014 – 2015 school year. High Honors students have achieved an average of at least 92 in all academic courses; Honors students have an average of at least 86 in all academic courses.

Woodbridge residents receiving High Honors Grade 11: Madeline Tein. Woodbridge residents receiving Honors Grade 11: Meghan Hill

Founded in 1905 as Connecticut's first Catholic college preparatory school



for girls, Lauralton Hall serves 470 students from New Haven and Fairfield counties. Committed to “empowering women for life,” Lauralton Hall’s unique mission is to foster a community atmosphere enriched by the Mercy tradition and to educate young women to pursue knowledge, recognize truth and respond to the needs of others. Lauralton Hall was recently listed on the State Register of Historic Places by the Connecticut Historic Preservation Council and was also added to the Federal Register of Historic Places. For more information, visit www.lauraltonhall.org.

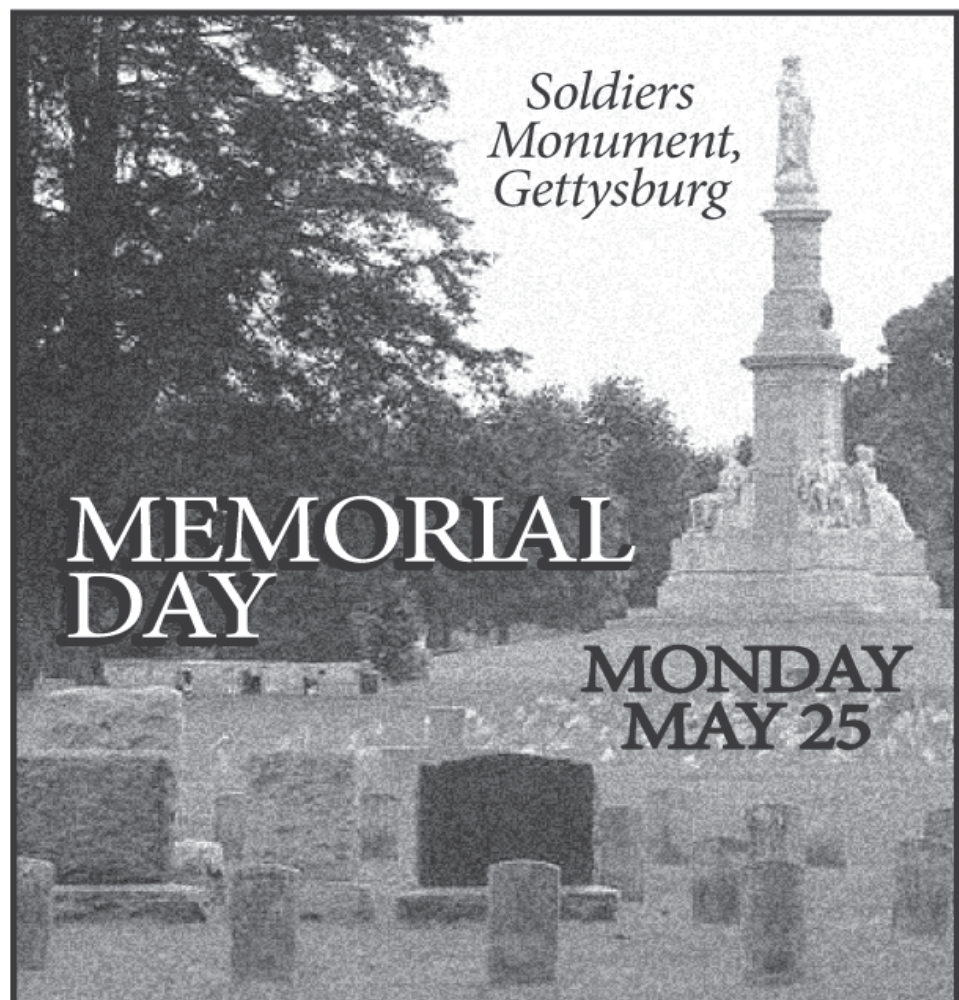
SACRED HEART NATIONAL HONOR SOCIETY INDUCTION

Sacred Heart recently inducted 23 members from the Class of 2017 into the National Honor Society. Founded in 1921, the National Honor Society (NHS) is the nation’s premier organization established to recognize high school students who have excelled in four characteristics during their high school years; leadership, service, character and scholarship. NHS members are not only acknowledged for their accomplishments,



Founded 1946
Sacred Heart Academy

but continually challenged to develop further through active involvement in school activities and community service, and to work for the betterment of their community. The Sacred Heart Academy Chapter of the National Honor Society is pleased to welcome the following new member: Inductees from the Class of 2017 included Anna-Claire Luciani of Woodbridge.



STUDENT NEWS

Dean’s List

Lauren Larkin Of Woodbridge, CT Achieves Spring 2015 Dean’s List At Belmont University

Nashville, TN-- Lauren Larkin of Woodbridge, CT, qualified for the Spring 2105 Dean’s List at Belmont University. Eligibility is based on a minimum course load of 12 hours and a quality grade point average of 3.5 with no grade below a C. Approximately 30 percent of Belmont’s 7,300 students qualified for the Spring 2015 Dean’s List.

Graduations

Sydney Horton Graduates From Coastal Carolina University

Conway, SC -- Sydney Horton, of Woodbridge, CT, graduated with a Bachelor of Arts in Psychology. Horton was among more than 1,100 candidates for graduation at Coastal Carolina University’s commencement exercises on Saturday, May 9, at the HTC Center.

Eastern Connecticut State University Congratulates The Undergraduate Class Of 2015

Willimantic, CT -- Eastern Connecticut State University’s 125th Commencement took place at the XL Center in Hartford on May 12. More than 13,000 family members and friends filled the XL Center to cheer on their sons and daughters, brothers and sisters, as 1,130 undergraduates and 70 graduate students received their diplomas. Woodbridge graduates are: Joshua DeMayo graduated with a Bachelor of Science degree in Accounting; Sara Foldy graduated with a Bachelor of Arts degree in English; and Kelsey Guggenheim graduated Magna Cum Laude with a Bachelor of Science degree in Early Childhood Education.

Guggenheim also earned a Bachelor of Arts in Theatre.

Rachel Mary Cardozo Graduates from Bryant University

Bryant University held its 152nd Commencement on Saturday, May 16. Among the graduates is the following area resident: Rachel Mary Cardozo, of Woodbridge, Bachelor of Science in Business Administration in Finance.

Honors

Horwitz Receives 2015 Alice Merrill Mitchell Prize At Bowdoin College Honors Day Ceremony

Brunswick, ME -- Evan Horwitz, of Woodbridge and a member of the Bowdoin College Class of 2015, received the Bowdoin Theater and Dance Department’s 2015 Alice Merrill Mitchell Prize at the college’s Honors Day ceremony held May 6, 2015. Horwitz is earning a major in English and a minor in Theater.

Woodbridge Residents Named To Honor Roll At Sacred Heart Academy

Sacred Heart Academy Principal, Sr. Maureen Flynn, ASCJ has announced the Honor Roll for the third marking period of the 2014—2015 academic school year. The following Woodbridge residents were named to the Honor Roll:

HIGH HONORS: Julianne Beltz and Anna-Claire Luciani.

HONORS: Jacqueline Degennaro and Carsan Dziczkowski.

Academic Honors are awarded at the end of each quarter to students attaining an average of 3.5 or better. Those students who achieve a grade point average of 3.8 or better are awarded High Honors.

Attention Teachers!

We want to know what’s going on in your classroom!
Let us know about any fun activities or holiday projects.
You can also send us your pictures.
(Parental consent required)

Woodbridge Town News
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To submit news articles/local events contact 203-553-9062
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All articles, photographs and letters must include your name, address and daytime telephone number for confirmation. The Woodbridge Town News reserves the right to reject any advertisement, article, photograph or letter. Letters to the editor must be unique to the Woodbridge Town News.

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Athenian Restaurant: 1426 Whalley Avenue
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Coldwell Banker: 270 Amity Road
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Kat's Deli Restaurant: 1658 Litchfield Turnpike
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Oak Lane CC - Seasons Restaurant: 1027 Racebrook Road
Solun Restaurant: 10 Selden Street
Ted's Cleaners: 210 Amity Road
Thai House Restaurant: 16 Selden Street
The UPS Store: 176 Amity Road
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Today's Clothing: 22 Selden Street
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Whealers Restaurant: 180 Amity Road
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Woodbridge Senior Center: 4 Meetinghouse Lane
Woodbridge Tae Kwon Do: 152 Amity Road
Woodbridge Town Hall: 11 Meetinghouse Lane
Woodbridge Town Library: 10 Newton Road

If you would like to have additional copies of the Woodbridge Town News available at your organization or business, please call 203-553-9062.



Below are the next three Woodbridge Town News issue dates and deadlines.
Thank you for your submissions to Your Home Town Newspaper.

Table with 2 columns: Upcoming Issue Deadline, Upcoming Issue Dates. Rows include June 5th (Father's Day Issue), June 24th (Independence Day Issue), and July 24th (Summer Issue).

Note: Copy due by 4:00p.m. Thank you.

FROM OUR READERS

To the Editor

The Woodbridge Republican Town Committee wishes to acknowledge and thank all the residents who voted in May 4th's municipal elections...

Chris Dickerson
Press Spokesman - Woodbridge
Republican Town Committee

To the Editor

I write with appreciation for the widespread community support for programming for young people in the Amity region.

Woodbridge Youth Services and the Town of Bethany sponsor the "Bethwood Bash" for seventh and eighth grade residents seven times each year.

Each August, new seventh graders are invited for an outdoor picnic with an inflatable slide or obstacle course. This event brings together incoming 7th graders from Bethany and Woodbridge...

This past year we held the "Amity's Got Talent" event at the Amity Teen Center!

We are proud to offer these fun events in a safe environment that is well-supervised by a staff of 6, a police officer, and parent volunteers.

Due to a limited budget, the program relies on support from local businesses and parents for assistance. It is heartwarming to have such generous support from local merchants and neighbors.

We are grateful to these local merchants for donations throughout the year: Burnt Bakery, The JCC of Greater New Haven, The Country Club of Woodbridge, The Amity Teen Center, Woodn-Tap Restaurant, Amity Music, Entenmann's Bakery, Antonio's Restaurant, Carmine's Tuscan Grill, On The Border Mexican Grill, Wheelers Market-Cafe and Restaurant, Woodbridge Social, Amity Bowl, Subway Restaurant, Taylor Rental, D'Aniellos Amity Bike shop, Stop and Shop and Kate's Hot Air.

Special thanks to our volunteers and parent donors: Pennell Hamilton, Nora Slanski, Johanne Holt, Lisa Connor, The Grotheer Family, Mary Lee Barker, Susan Davidson, and the Human Services Commission, Suzanne Bonk, The Woodbridge Volunteer Fire Association, the custodians in Woodbridge and Amity Middle School Bethany campus as well as all the rest of our fabulous parent and high school student volunteers who donate their time. And finally, we'd like to thank Dr. Richard Dellinger, principal of Amity Middle School- Bethany campus, Vice Principal Thayer Doyle and Social Studies teacher Ms. Marissa Nall for their all-year support.

Jeanette Glicksman
Program Coordinator
Woodbridge Youth Services



WTN Letters Policy

Submit your letters for our "From Our Readers" section to: Woodbridge Town News, P.O. Box 1126, Orange, CT 06477 or email: letters@woodbridgetownnews.com.

Please limit letters to 500 words and include a daytime phone number in case we have any questions. Letters must be exclusive to the Orange Town News for publication. We reserve the right to reject any letter.

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TOWN DEPARTMENTS & AGENCIES

FROM THE YOUTH SERVICES COORDINATOR

By Nancy Pfund



After School Guided Study Teachers are as follows: Back row: Elena Lavigne, Katie McCollom, Director, Melissa Caporossi, Janine Lempke. Front row Teresa Nakouzi and Woodbridge Youth Services Director Nancy Pfund. Tutors not pictured: Leigh Mulligan, Kristen Horvath, Doreen Merrill, Cheri Guerra, BJ Ahern, and Maureen Krawec

AFTER SCHOOL GUIDED STUDY

Several students at Beecher Road School in Woodbridge participated in the After School Guided Study Program which ran three days per week from February to April. Teachers provided assistance in the academics with a focus on individual needs, organization, and homework completion. Woodbridge Youth Services sponsors the program through the Enhancement Grant received from the Connecticut State Department of Education.

JOB BANK OPEN TO WOODBRIDGE TEENS

Woodbridge Youth Services offers resident teens, ages 13 – 17, the

opportunity to join its Job Bank. Our youths gain work experience while earning money. Jobs may include yard clean-up, babysitting, housecleaning, shoveling, planting, and more. Call 203-389-3429 to schedule an interview.

WOODBRIIDGE JOB BANK

Are you looking for someone with lots of energy to pick up branches and clean up the lawn? Perhaps you're looking for a babysitter to help with the kids. Try calling the Woodbridge Job Bank for teens who want to work. The Woodbridge Job Bank matches Woodbridge youths ages 13-17 with Woodbridge residents who want to hire someone to assist with odd jobs. Please contact us at 203-389-3429 for more information.

ITEMS NEEDED FOR FOOD PANTRY

Woodbridge Human Services is seeking donations for the Food Pantry to help our families in need.

Current Food Needs

Liquids: Boxed Milk (Parmalat, Horizon, e.g.), Juices, Cooking Oil, Evaporated Milk.

Dry Goods: Pancake Mix, Cereal, Oatmeal, Whole Grain Foods, Pasta, Rice, Cake/Muffin/Bread Mixes, Granola Bars, Crackers, Cookies, Tea Bags, Juice mixes, Gravy mixes.

Canned Goods: Stew, Chili, Pasta, Tomatoes, Tomato Sauce, Spaghetti Sauce, Gravy, Canned Vegetables, Potatoes, Ground Coffee, Frosting, Peanut Butter and Jelly, Tuna Fish, Canned

Chicken/Beef/ Fish.

Personal Hygiene Items: Toothpaste, Tooth Brushes, Shampoo, Bar Soap, Feminine Hygiene items, Shaving Cream, Individual Toilet Tissue, Toilet Paper, Paper Towels, Diapers, etc.

Your generosity is much appreciated! Together we can make a difference!

The Food Pantry is also in need of gift cards to Stop and Shop, Walmart, and other local businesses. Food donations are always appreciated. Please be considerate and avoid donations of expired goods. Donations may be left at Woodbridge Human Services, Room 14 at the Center Building, 4 Meetinghouse Lane. Call 203-389-3429 for more information.

FROM THE FIRST SELECTMAN'S DESK

By Ellen Scalettar



Earlier this month Woodbridge held its biannual municipal elections. I am honored by the trust of voters who elected me to a second term as First Selectman and I congratulate my colleagues who were elected to serve with me.

Board of Selectmen: Tony Anastasio, Joe Dey, Beth Heller, Susan Jacobs and Maria Cruz Kayne; Board of Education: Margaret Hamilton, Garrett Luciani, Emily Beth Melnick and Lynn Piascyk; Board of Assessment Appeals: Claire Elise Coleman; Zoning Board of Appeals: Cynthia Gibbons and Edee Lockyer; Zoning Board of Appeals Alternates: Arlene Levine and Spencer K. Rubin; Amity Regional Board of Education: Sheila McCreven and Diane Urbano.

On behalf of all Town residents I also take this opportunity to commend and thank our Town Registrars Jeanette Glicksman and Anna Dickerson, Town Clerk Stephanie Ciarleglio, Deputy Registrar Mary Lee Barker and Assistant Registrar Allison Jensen for assuring that our municipal election was professionally and efficiently run, as were the Amity Region 5 School District Budget Referendum (which passed in all three Towns) and a recount of the Zoning Board of Appeals Alternate because of a 7-point difference (the outcome did not change).

I thought you might be interested in some voting data. Close to 3,100 people (approximately 47% of registered voters) participated in our May election. Of those, 1,168 were Democrats, 778 were Republican, and 1,125 were Unaffiliated and 19 were "other." In the November 2014 election for statewide officers and Congress, we saw 3,785 voters (approximately 58%), and in the 2012 Presidential year there were 5,482 (85%) Woodbridge voters.

One of the priorities of my first term that I look forward to continuing is finding ways to bring our community together. This spring there will be plenty of opportunities for residents to celebrate our wonderful Town and each other. I'm happy to announce these upcoming events:

Saturday, May 30 at 10:30 a.m. will be the Pease Place Playground grand opening! Everyone is welcome to celebrate this community-led project to bring an ADA accessible playground to Woodbridge. Colleen Inclima and Teri Schatz and their volunteer committee have done an incredible job of shepherding this project from start to finish and creating a wonderful new amenity for the benefit of all Woodbridge residents. Thanks also to Adam Parsons, Director of Parks, for his help overseeing the site work and coordinating the project.

This summer the Library is hosting

a community-wide series of events around the book "Animal, Vegetable, Miracle" by Barbara Kingsolver. The program, "Woodbridge Reads: One Book, One Town" encourages all residents to read the same book, discuss it and participate in events that touch on the book's themes of agriculture, gardening, healthy eating and eating locally produced foods. Books are available for check out at the library and the series of events will last through June and July.

Working with the Economic Development Commission, we are organizing various business networking opportunities. I have been visiting new and expanding businesses and finding ways to support businesses that have been in Woodbridge for some time. Our first Woodbridge Business After Hours happy hour will be held at Wheelers Restaurant (180 Amity Road) on Thursday, June 2, from 5:30-7 p.m. The goal of the event is to bring the business community together to learn about and from each other. If you are a business interested in this event, please contact Assistant Administrative Officer Betsy Yagla at byagla@woodbridget.org.

Woodbridge is participating in the Connecticut Trails Weekend (June 6 and 7). On Saturday, June 6 at 10 a.m. you can join the Woodbridge Conservation Commission together with the Orange Conservation Commission to go on a 2 mile guided hike of the Racebrook Tract. The hike will start at 839 Racebrook Road in Orange. On Sunday, June 7 at 1:30 p.m. Massaro Community Farm is hosting a 1.5 – 2 mile walk through the woods and wetlands on the farm. The hike will leave from the farm parking lot at 41 Ford Road.

Lastly, I'd like to wish everyone a happy and safe Memorial Day. The Country Club of Woodbridge pool will open for the season Friday, May 22 from 4:30-7:30 p.m. The pool will be open Saturday, Sunday and Monday of Memorial Day weekend from 10:30 a.m. – 8 p.m. The pool will be open only on weekends until it opens full time on Monday, June 22.

The Town's Memorial Day Ceremony will take place on Monday, May 25 at 10:45 a.m. at the VFW monument in front of the Center Building on Meetinghouse Lane. I hope you can attend as we observe this solemn occasion together. Thank you to Barry Josephs for helping us organize this event.

As always, if you have questions or concerns please reach out to me at 203-389-3400. And to stay on top of Woodbridge news and events, sign up for the Town's e-newsletter at www.tinyurl.com/WoodbridgeEnews and follow us on Facebook at [Facebook.com/WoodbridgeCT](https://www.facebook.com/WoodbridgeCT).

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 Weekend Brunch Featuring \$15 bottomless Mimosas, Bloody Mary's and Bellini's
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“Budget” continued from Page 1

reserve fund (\$30,000) and police vehicle replacements (\$62,000). For Recreation, it includes replacement of gymnastics equipment (\$5,500) and shuffleboard courts (\$5,500).

State of the Town: First Selectman Ellen Scalettar in her remarks thanked Town Hall employees as well as government volunteers for their efforts at maintaining services while controlling taxes. “All actions have been unanimous,” she emphasized.

Regarding the Country Club of Woodbridge, a facility owned by the town, she said the risk of financial loss had shifted to the golf operator since the town renegotiated the contract, but the clubhouse and infrastructure still requires improvements at a formidable cost to taxpayers. As far as the Toll Brothers proposal for development is concerned, Scalettar assured townspeople that no town official had endorsed the proposal, but the townspeople need to consider it. Some of the alternatives suggested for the site, such as a convention center, a small hotel, and such, sound wonderful, “if the town can manage its finances,” she said.

Scalettar talked about her efforts to support the local business community, encourage networking with a new Business After Hours event and working in conjunction with New Haven, a cooperation that paid off when the towns pressured the State Department of Transportation to make Exit 59 improvements a higher priority. “We should see improvements in the next three years,” she said.

Scalettar also mentioned multiple energy initiatives under way in the town, including installation of a microgrid in the center, fueled by a fuel cell at Amity High School; also a proposed solar farm on the old landfill; and the energy challenge with incentives for homeowners.

She mentioned new initiatives designed to build a sense of community, such as the farmers market, the upcoming One Book One Town read, and the Taste of Woodbridge event.

Chairman speaks out: Board of Finance Chairman Matt Giglietti took to the microphone to respond to claims and criticism that had come to his attention through letters to the editor and other campaign-related materials. “Too many baseless, negative claims,” had been made regarding the town’s financial operations, he said. In particular he objected to the characterization as “yes men” for those who serve on boards and commissions and who chose to work with the administration.

Giglietti said he started on the Board of Finance in 1989 under the late Russ Stoddard, and proceeded to introduce the current members of the board, who all have considerable business acumen

and chose to serve their town. Giglietti said the reason the finance board is appointed rather than elected was that former First Selectman Russ Stoddard “couldn’t get people to run, that’s the reason it’s appointed.”

Giglietti also talked about the \$400,000 the town carries forward from fund balance into the operating budget to offset the tax burden, calling it “normal practice”. He compared Woodbridge’s fund balance of nearly 10% of the budget to that of other towns, some of them similar in size, and found it to be “more than appropriate,” a fact that is reflected in the Aaa bond rating the town enjoys. He said town officials are watching its debt level and “will not add more debt until we retire debt”.

Giglietti also responded to the criticism that Woodbridge per capita tax levels are said to be the highest in New Haven County. Per capita taxes include not just property taxes, but also the state income tax, he said, and many residents have high incomes. “That is the reason for the per capita tax,” he said.

Some in the audience tried to interrupt Giglietti in his impassioned speech, saying he was off subject. Cheryl Lipson, an advocate for the Animal Control facility, took to the microphone after he had finished. “Matt, I respect everything you’ve done for the town,” she said. “But you used it (the hearing) to attack people. It was inappropriate. This was not the place for it.”

“We are here to serve”: The tension that had built up in the room was diffused by a 25-minute speech by longtime resident Michael Luther in which he implored people to remember what we are here for. “We are here to serve others,” he reminded the audience in a light-hearted speech with plenty of historical and contemporary references (“No, Chicken Little, the sky is NOT falling”). Maybe it was the white hair that people respected, or the humor, or the historical knowledge of all things Woodbridge and beyond, but it was a remarkable speech that had a calming effect.

“Those seated up there are experienced citizens and staff,” Luther said of the finance board members and selectmen seated at the head table. He went on to mention the Town Clerk and her work preserving land records, and the tax assessor working on the revaluation herself rather than outsourcing it. “What a wonderful Town Hall we have and wonderful volunteers,” he said. He encouraged civil discourse among “We The People,” and in paraphrasing John Stewart, he reminded the audience that there is light at the end of the tunnel. “Only for us, it’s Hamden,” he said.

A recording of the hearing and its oratory is available on YouTube, <https://www.youtube.com/watch?v=eM-aNh3hgDg>.

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Ellen & Centenarian Ida Sanderson



Mary Lee Raro, U.S. Congresswoman Rosa DeLauro, FS Ellen Scallettar, & Bernard Feldman

WOODBIDGE CENTENARIANS HONORED

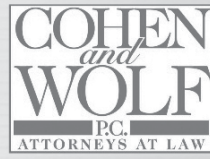
First Selectman Ellen Scalett recognized Woodbridge centenarians at the Agency on Aging of South Central Connecticut's 29th annual luncheon held at the JCC. May is Older Americans Month.

Attendees heard from Commissioner of State Department on Aging, Betsy Ritter, and U.S. Rep. Rosa DeLauro, whose 101-year-old mother was present as an honoree. "Our seniors' longevity and life experiences are an inspiration and an important resource for the rest of us," said Scalett. Woodbridge Senior Center social worker

Mary Lee Raro also attended the event on behalf of Woodbridge.

The 11 Woodbridge centenarians who were honored at the luncheon include Norma Smith, 100; Bess Shurpin, 100; Angelina McLean, 100; William Ledewitz, 100; Marjorie Higgs, 101; William Yolen, 101; Esther Johnson, 101; Ida Luciani, 102; Jim Graham, 102; Ida Sanderson, 104; Bernard Feldman, 107.

Each of the Woodbridge centenarians will received a proclamation from the Town; Scalett presented the proclamations to those who were in attendance and the others were delivered.



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WOODBIDGE LIBRARY

Adult Events

Woodbridge Reads: One Book, One Town

June 1 – July 31, 2015

Join us for our first annual community read program. Stop by the library and check out a copy of *Animal, Vegetable, Miracle: A Year of Food Life* by Barbara Kingsolver and stop in for special events and discussion surrounding the book. See several related events below.

Animal, Vegetable, Miracle cooking demonstration with Robin Glowa

Tuesday, June 2 @ 7pm

Join us as Robin prepares dishes from *Animal, Vegetable, Miracle* to inspire you to use in season and local produce! Recipes and samples are included. Registration required.

Cheese-making class

Thursday, June 11 @ 6:30pm

Join Katie Gilmore to learn how to make mozzarella, ricotta cheese, and butter. Demonstration includes recipes and samples! Space limited, please register.

Bead Stringing Workshop with Geralyn Tagatec

Monday, June 15 @ 7pm

Learn a new way of creating a necklace using tiger tail wire and crimp beads in this hands-on workshop. You will leave the class with a finished necklace. All materials provided. \$8 materials fee due to the instructor in cash at class. Registration required.

Animal, Vegetable, Miracle Book Discussion with Dr. Mark Schenker

Tuesday, June 16 @ 7pm

Join Dr. Mark Schenker, Senior Associate Dean at Yale College to discuss *Animal, Vegetable, Miracle*. Registration required.

Farmers' Market

Wednesday, June 24 from 4-7pm

Stop by the Farmers' Market on opening day for fresh and local produce! Participating farms and vendors include Massaro Community Farm, Gentle Giant Farm, Amity Garden Center, Sweet Sage Bakery, Dash N Drizzle oils, Fox Hollow Farm maple syrup, Four Flours and Chubby Oven



Pizza food trucks and more to come!

Film Screenings

MacFarland USA

Thursday, June 18 @ 7:00pm

A cross country coach in a small California town transforms a team of athletes into championship contenders. Rated PG. 129 minutes.

Fresh Film Screening

Thursday, June 25 @ 7:00pm

FRESH outlines the vicious cycle of our current food production methods, while also celebrating the farmers, thinkers and business people across America who are reinventing our food system, from a basketball player and former-executive-turned-urban-farmer to a poetic prophet of the fields who tells us: We can raise everything we need without any of the industrial food system. Not Rated. 72 minutes.

Children and Teen Programs

Animal, Vegetable, Miracle Themed Story Times

Tuesdays @ 6:30pm

For grades K-3 and Saturdays at 11am for ages 3-5 no registration required.

Teen Book Discussion

Tuesday, June 2 @ 3:30pm

Teens, unmask superheroes and dreaded villains! Join us to learn about new teen titles that reveal heroes, heroines, thugs, and scoundrels. You can also sign up for the teen summer reading program and indulge in a refreshing afterschool snack. Please register online.

Build with Lego Blocks

Monday, June 8 from 4-5pm and Saturday, June 20 from 3-4pm

Mix fun and learning when you use your imagination to create creatures, cars, superheroes, structures, and

more! Ages 5 and up. Please register online.

Eager Readers Book Group (K-2)

Monday, June 15 @ 6:30pm

Read *What the Ladybug Heard* by Julia Donaldson at home and join us for a book discussion and craft. Register at the Children's Desk when you check out a copy of the book!

Teens to Teens Art Session

Wednesday, June 17 @ 6:30pm grades 4 and up

Gumdrops and Toothpicks, an unlikely pair for creating and building structures. Join us to see what you can create.

Every Hero Has A Story Summer Reading Program

Registration starts June 19 and goes until Aug. 19 (Ages 4-12)

Join the fun at the Woodbridge Town Library and be a part of our 2015 Summer Reading Program for children. We have books for readers of all ages, ongoing craft, book group, and storytime programs. Join us for special children's events on Farmers' Market days, June 24, July 8, July 22, Aug. 5 and 19. All of our programs are free; however some require advance online registration. Check our library website for dates and times www.woodbridge.lioninc.org, and be sure to opt in to our e-news for the latest updates.

Drop In Craft For All Ages: What's In The Garden?

Monday, June 22 3-5pm

Stop by to make something that grows in a garden. No registration required.

Plant a seed @The Farmers' Market

Wednesday, June 24 from 4-7pm

Ages 3 and up while supplies last.

Participants will start pumpkin seeds that can be planted in their own gardens within a few weeks. Children can also paint a unique pumpkin patch to take home. No registration required.

Strolling Magician Ed Popielarczyk

Wednesday, June 24 from 4-7pm

Join magician Ed Popielarczyk at the Woodbridge Library Farmers' Market where he will be doing some pocket magic and making colorful balloon animals. Grab a chipwich at the Four Flours food truck or a slice at the Chubby Oven Pizza Truck!

Reading Together Returns this Summer!

If your child is entering grades K-3 this is the program for you! Our Reading Together events take place Thursdays at 5pm July 9 through August 27. Trained teens will be on hand with specially selected stories, to share the joy of reading and motivate children to read for pleasure. Come to as many sessions as your schedule permits and join the fun! Online registration begins June 15 at www.woodbridge.lioninc.org. For more information, please stop by the Children's Desk, or call 203 389-3439.

June Art Exhibit By Daniel Rosner

An exhibition of 32 water-color paintings and prints by Daniel E. Rosner, Yale Prof. (Emeritus) of Chemical Engineering, will be on view for the month of June 2015 at the Woodbridge Town Library. This exhibition of 32 original water-color paintings and prints spans over a 60-year creative period. Chronologically beginning with a woodcut and two water-color paintings completed upon graduating from the High School of Music & Art (NYC) as Class of 1951 August St. Gaudens Medalist, this collection includes an etching, collagraph, linoleum cut and 2 woodcuts done in the midst of Dan's career as a Professor of Chemical Engineering at Yale University. It concludes with a series of water-color paintings completed in the last 3 years during his period of phased-retirement—several of which were featured in recent exhibits of the New Haven Paint & Clay Club, Creative Arts Workshop, Hamden Art League, Arts Council, Yale's Morse College and Koerner Center, and at the local public libraries of Orange and Hamden, CT.

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WOODBIDGE LIBRARY

WOODBIDGE READS: ONE BOOK, ONE TOWN

The Woodbridge Town Library is pleased to announce its first community reading program: Woodbridge Reads: One Book, One Town. The library is encouraging adults and teens in the community to read *Animal, Vegetable Miracle: A Year of Food Life* by Barbara Kingsolver and then join the library throughout June and July to participate in various events and discussions surrounding the book. The book chronicles author Barbara Kingsolver and her family as they abandon the industrial food pipeline to live a rural life vowing that, for one year, they'd only buy food raised in their own neighborhood, grow it themselves, or learn to live without it.

The One Book, One Town program launches on June 1 and continues until July 31st. Special events surrounding the One Book, One Town event include a cooking demonstration,

cheese-making class, book discussion with Dr. Mark Schenker, Natural Living Workshop, author visit with Anthony Riccio, and beekeeping workshop. Going along with the theme of eating locally, the library farmers' market will also open again on June 24 and run bi-weekly on Wednesdays from 4-7pm. The closing event will be a special night at Wheelers restaurant on Wednesday, July 29 from 6-8pm where patrons can receive a discount on a special locavore menu.

Copies of *Animal, Vegetable, Miracle* are available for checkout at the library. If you would like more information on the program or to register for any of the events, please visit the library website at www.woodbridge.lioninc.org or contact Program and Outreach Coordinator Katherine Ward at 203-389-3466.

WOODBIDGE TOWN LIBRARY CONTINUES READING TOGETHER!

Read A Book. Ask A Question. Start A Conversation And Share The Joy Of Reading With A Child

Parents and children - If your child is entering grades K-3 this is the program for you! Our Reading Together events take place Thursdays at 5pm July 9 through August 27. Trained teens will be on hand with specially selected stories, to share the joy of reading and motivate children to read for pleasure. Come to as many sessions as your schedule permits and join the fun! Online registration begins June 15 at www.woodbridge.lioninc.org. For more information please stop by the Children's Desk, or call 203 389-3439.

Teens (entering grades 9 and up) - The Woodbridge Town Library will train YOU to read with young children to help them connect with the stories they read and encourage them to read

for pleasure. There are three training sessions offered, teens must attend one session in order to participate in the program.

Training schedule:

- Session 1: Thursday, June 4, 2015, 3:30-4:30pm,
- Session 2: Tuesday, June 9, 2015, 3:30-4:30pm,
- Session 3: Wednesday, June 10, 2015 6:30-7:30 pm.

Teen participation will be eligible for Community Service hours. Online registration for teen training begins May 12 at www.woodbridge.lioninc.org. Teens who participated in 2014 need not repeat the training. For more information, please stop by the Children's Desk, or call 203 389-3439.

WOODBIDGE LIBRARY FARMERS' MARKET RETURNS

The Woodbridge Town Library is pleased to announce the return of its Farmers' Market. Opening day will be Wednesday, June 24. The market will run every other Wednesday from 4-7pm on the library grounds. Massaro Community Farm, Maplevue Farm, Four Flours Food Truck, and Amity Garden Center will be returning to the market this year. New participants include Gentle Giant Farm, Fox Hollow Farm (maple syrup), Sweet Sage Bakery, Dash N Drizzle Olive Oils, Savvy Tea Gourmet, Chubby Oven Pizza Truck, and more to come.

The market will run rain or shine. Market dates are June 24, July 8 & 22, August 5 & 19, and September 2, 16, and 30. This year there will be special programming at the Farmers' Market for children:

June 24 from 4-7pm - Strolling magician Ed Popielarczyk will be doing pocket magic and making colorful balloon animals.

July 8 from 5-6pm - Join Judi Ann Jones, a.k.a. the Energizer, for a special

outdoor Dancin' With Hoops class open to all ages. We'll provide hula hoops in all colors and sizes for participants to try. Please register online beginning June 24.

July 22 at 4:30pm a special beekeeping presentation with Ned Farrell of The Bee Happy Company. Learn all about what honeybees do for us, the role of a beekeeper, and even try on real apiary equipment. All ages. Please register online.

July 22 from 6-7pm - Abracadra! Mr. Magic performs a special interactive show in our library meeting room. Please register online beginning July 1.

August 5 from 4-5pm - The Touch Tank from Cedar Island Marina Research Laboratory will be here. Get up close and personal with critters from the Long Island Sound!

August 19 from 4:30-5:30pm get Hooked on Llamas. Join Debbie Elias and Jack the llama from the Country Quilt Llama Farm for a special outdoor story program and a chance to meet a real llama.

FRIENDS OF THE WOODBRIDGE LIBRARY BOOK SALE

Don't miss the first Friends of the Woodbridge Library Book sale. The book sale will take place from June 5-7. Friday, June 5, is a special preview night for Friends of the Library members only from 4-8pm. You can become a Friends of the Library member at the door that evening by filling out an application and submitting membership dues. You can also join any time before the book sale by filling out an application at the Circulation Desk. Membership starts at \$15 for an individual membership, \$25 for a family

membership, and \$10 for a senior or student membership. The book sale will be open to the general public on Saturday, June 6, from 10am-4pm and Sunday, June 7, from 11am-3pm.

The Friends of the Library is looking for volunteers (adults and teens in grade 9 and up) to help out with the book sale. Duties for volunteers will include organizing and sorting books in the weeks leading up to the book sale and help at the event. Please contact Marisa Von Beeden at 203-650-3640 to get involved.

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HOUSES OF WORSHIP

HOLY INFANT WOMAN'S GUILD BUS TRIP

The Holy Infant Church Women's Guild is sponsoring a bus trip to the Westchester Broadway Theater to see the musical "Showboat" on Wednesday, Nov. 18. The price is \$98 which includes the show, dinner, coach, and gratuities. The coach leaves the Holy Infant parking lot at 9:30 am with the return following the show. For reservations call Holy Infant, (203)799-2379, Mon - Fri between the hours of 9:30



Holy Infant Church

am and 3:30 pm. A deposit of \$49.50 is required, with the balance due in October.

ANNOUNCEMENTS FROM B'NAI JACOB

Every Saturday, 9:00 a.m.; come learn parshat hashavua (the weekly torah portion) over bagels or matzah! and coffee in the library with Rabbi Shapiro before 9:45 a.m. services.

Saturday, May 23rd Tikkun Leil Shavuot Come join us for an all-night study session in honor of Shavuot at Rabbi Rona Shapiro's house.

- 7:30 pm – Seudah Shelesheet – The Third Meal of Shabbat – A Dairy Dinner and Singing.
- 9:00 pm – Ma'ariv – Havdala & Evening Services
- 9:15 – 10:15 pm – Study Session: What Actually Happened at Sinai? How do We Understand it for Ourselves? Led by Rabbi Rona Shapiro.

Looking at Avivah Zornberg and the Sefat Emet we will try to understand what happened at Sinai and how that experience remains alive for us today.

- 10:15 – 11:15 pm – Demystifying Nusach: A Practical and Theoretical Investigation of the Musical modes and Motifs of the Liturgical Year. Led by Malachi Kanfer.
- 11:15 – 11:30 pm – Dessert
- 11:30 – 12:30 pm – "That which is hateful to you, do not do to your fellow." Is this truly the essence of the Torah? Led by Rabbi Josh Ratner.

Sunday, May 24th Shavuot Day 1

- 9:30 am – Morning service followed by kiddush luncheon.
- 12:30 pm – Shavuot Family Ice Cream Party at the Dembsky's home.
- 6:00 pm – Evening Service.

Monday, May 25th Shavuot Day 2

- 7:45 am – Early Minyan with Yizkor Memorial Prayers
- 9:30 am – Morning service with Yizkor Memorial Prayers followed by kiddush.

Tuesday, June 2nd CBJ Annual Meeting. Come join us for the election of officers and directors, the presidential citations, and the presentation of the Herbert H. Epstein Award and the Shem Tov Award. Dessert reception following meeting.

Friday, June 5th Shabbat Dinner & Bima Band at 7:30 pm. All are welcome to Shabbat Schmooze and Services but you must pre-register for dinner. Your payment is your reservation.

Friday, June 12th Pot Luck Shabbat Dinner. More TBA.

Saturday, June 13th – Kollel Tot Shabbat and Shabbat Chaverim. Kollel is for children in grades 3 - 6, Shabbat Chaverim is for children in grades K - 2. Children learn how to lead and participate in services in an age-appropriate and engaging setting.

Every Tuesday & Wednesday Mah Jong & Canasta. Anyone can come in and play. We will be offering coffee "and" but feel free to bring a dairy lunch. We have limited amount of tables, call the office to make reservations. Last minute reservations can usually be accommodated.

As a reminder, daily minyan is at 7:45 a.m. & 6:00 p.m. and Sunday morning minyan is at 9:30 a.m. Friday night services are at 6:30 p.m. and Saturday at 9:45 a.m.

ATTENTION CHURCHES, SYNAGOGUES AND HOUSES OF WORSHIP!

Send us your organizations events listings and items of interest. We will publish them for free.

Woodbridge Town News – P.O. Box 1126, Orange, CT 06477
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ARTS & LEISURE



AMITY PERFORMING ARTS MAKES IT YOUR TIME TO SHINE

Now in its eighth summer, the Award winning Amity Performing Arts Department is offering two incredible camp opportunities for young people this summer. The Amity Summer Theater Camp under the direction of Rob and Andrea Kennedy, features classes in singing, dancing and acting.

The camp will end in a performance of songs of "Fantasy". Rob and Andrea Kennedy, the award winning directors of Tarzan, In the Heights and Legally Blonde and their staff of theater counselors will fill the summer with music, dancing and fun. The camp is open to students grade two through high school, and is designed to teach students voice, dance and acting skills; give them performance experience; ignite their creative spirit; build a sense of accomplishment, build community and encourage them to have fun! The camp culminates in a full production where all of the students participate. All skill

levels are welcome.

Returning for its second exciting year is the Amity Instrumental Summer Camp. Award winning band director and orchestra conductor Phil Dolan designed this camp for all skill levels, from the beginner who wants to learn how to play an instrument to the advanced player that wants to get better. Daily lessons in music and performance will lead up to a final camp production. A great experience for all budding musicians! Instrument rental is also available to those who require it.

Both camps will include a camp t-shirt and lots of fun activities like: Wacky Wednesday, the Ice Cream Extravaganza, Friday Share Days, the camp Olympics and much more!

For information contact Amity Performing Arts at amitysummercamp@gmail.com or register at www.amitytheaterdepartment.com or www.amityband.org.

MALE AUDITION DATES FOR FALL PRODUCTION OF WEST SIDE STORY

Sacred Heart Academy announces open auditions for male roles for the upcoming production of West Side Story. Auditions will be held at the Academy—265 Benham Street in Hamden— on Saturday, May 30 from noon until 4:00 pm. Those auditioning are asked to prepare 16 bars of a song from the show, be ready to learn a dance combination, and should plan on staying the entire time. This audition is open to male actors ages 13-18 and enrolled in high school for the fall. For more information, please contact the Director of the Musical MaryLee Delaney at mldelaney@sacredhearthamden.org.

sacredhearthamden.org.

The production of West Side Story will run on November 6 and 7 at the historic Shubert Theatre in downtown New Haven.

Sacred Heart Academy, an independent Catholic college preparatory school founded in 1946 by the Apostles of the Sacred Heart of Jesus, successfully prepares young women in grades 9 -12 for learning, service and achievement in a global society. There are currently more than 500 students enrolled, hailing from five counties in Connecticut – New Haven, Fairfield, Hartford, Middlesex and New London.

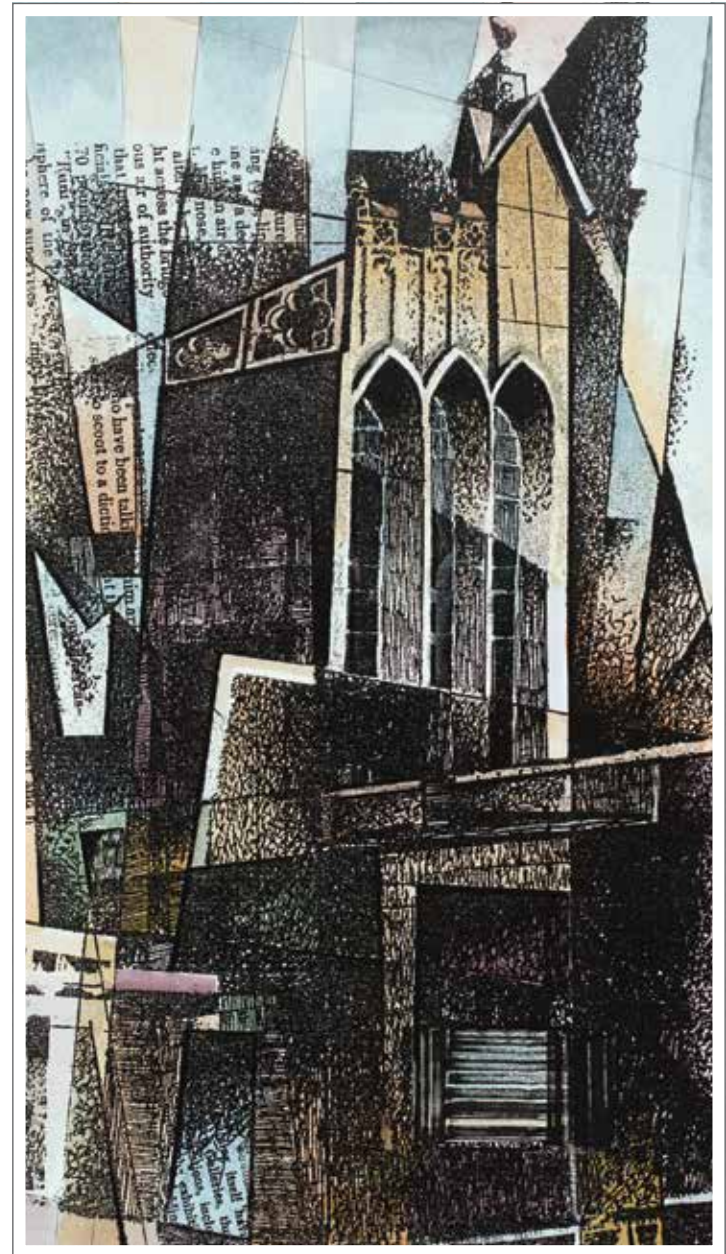
ARTS COUNCIL OF GREATER NEW HAVEN CELEBRATES 50 YEARS

On Saturday, June 6, from 6-8 p.m., 70 Leeny Plaza on Audubon Street will be the site of the Arts Council of Greater New Haven's 50th Anniversary Party. The party follows the festivities of the family arts celebration Audubon Arts On The Edge which ends at 5p.m. Audubon Street will remain pedestrian-only for the duration of the party.

The 60s themed party celebrates the decade of the Arts Council's founding, and will feature music by 60s Satisfaction as well as a record listening lounge and groovy game room. Delegates will provide its trademark dinner

and dessert pizzas and party-goers will experience a signature cocktail created by mixologist Tim Cabral of Ordinary inspired by the decade. There will also be beer from craft brewers Erector Square Brewing Collective. Retro attire encouraged.

Tickets are \$35 for Arts Council Members and \$50 for non-members. Tickets may be purchased by contacting the Arts Council at (203) 772-2788 and online through newhavenarts.org/celebrate-50-years-of-the-arts-council. The birthday bash is sponsored by First Niagara Bank.



ONE ENGINEER'S 'TRAJECTORY' IN THE VISUAL ARTS

This exhibition of 32 original prints and water-color paintings by Daniel Rosner, on view at the Woodbridge Town Library during the month of June 2015, spans over a 60-year creative period. Chronologically beginning with a woodcut and two water-color paintings completed upon graduating from the High School of Music & Art (NYC) as Class of 1951 August St. Gaudens Medalist, this collection includes an etching, collagraph, linoleum cut and 2 woodcuts done in

the midst of Dan's career as a Professor of Chemical Engineering at Yale University. It concludes with a series of water-color paintings completed in the last 3 years during his period of phased-retirement—several of which were featured in recent exhibits of the New Haven Paint & Clay Club, Creative Arts Workshop, Hamden Art League, Arts Council, Yale's Morse College and Koerner Center, and at the local public libraries of Orange and Hamden, CT.

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The Town of Woodbridge "Hearts in Woodbridge" Team participated in the Greater New Haven Heart Walk to raise funds and awareness for the American Heart Association. Employees of the Town of Woodbridge, Human Services Commission, Employees of the Willows Genesis HealthCare along with family members and friends raised over \$1,000 for the American Heart Association. The event was held on May 2nd at Savin Rock in West Haven.

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To celebrate Earth Day and do a little "spring cleaning" First Selectman Ellen Scalettar joined Woodbridge Trail Master Mike Walters, Board of Education member Karen Kravetz, her daughter Allie and board members of the Woodbridge Park Association to clean up the trails at Alice Newton Street Memorial Park. The weekend before, during the Town-sponsored "Rid Litter Day" residents (pictured are Kathy Barkin and Beth Weintraub) picked up litter in their neighborhood and filled trash bags provided by the Public Works Department. "So much of what happens in Woodbridge can be attributed to our wonderful volunteers, and I'd like to thank everyone who participated in these community events for helping to keep Woodbridge beautiful," said First Selectman Ellen Scalettar.

“Election” continued from Page 1

However they parted ways over the Country Club issue, when Kayne was fighting to prevent development on the property back in 2011. With the future of the Country Club back in the public discussion, Scalettar will face a stronger opposition to the Toll Brothers proposal that is on the table.

The candidates running on the Republican ticket for both boards of Education also showed strong results. For the Woodbridge Board of Education, each party fielded two candidates, for four seats on the Woodbridge Board of Education, and all four will be seated. They are Lynn Piascyk (R) and Garrett Luciani (R), Margaret Hamilton (D) and Emily Melnick (D).

On the Amity Board of Education, Sheila McCreven (D) was elected to her first term, after she was appointed to

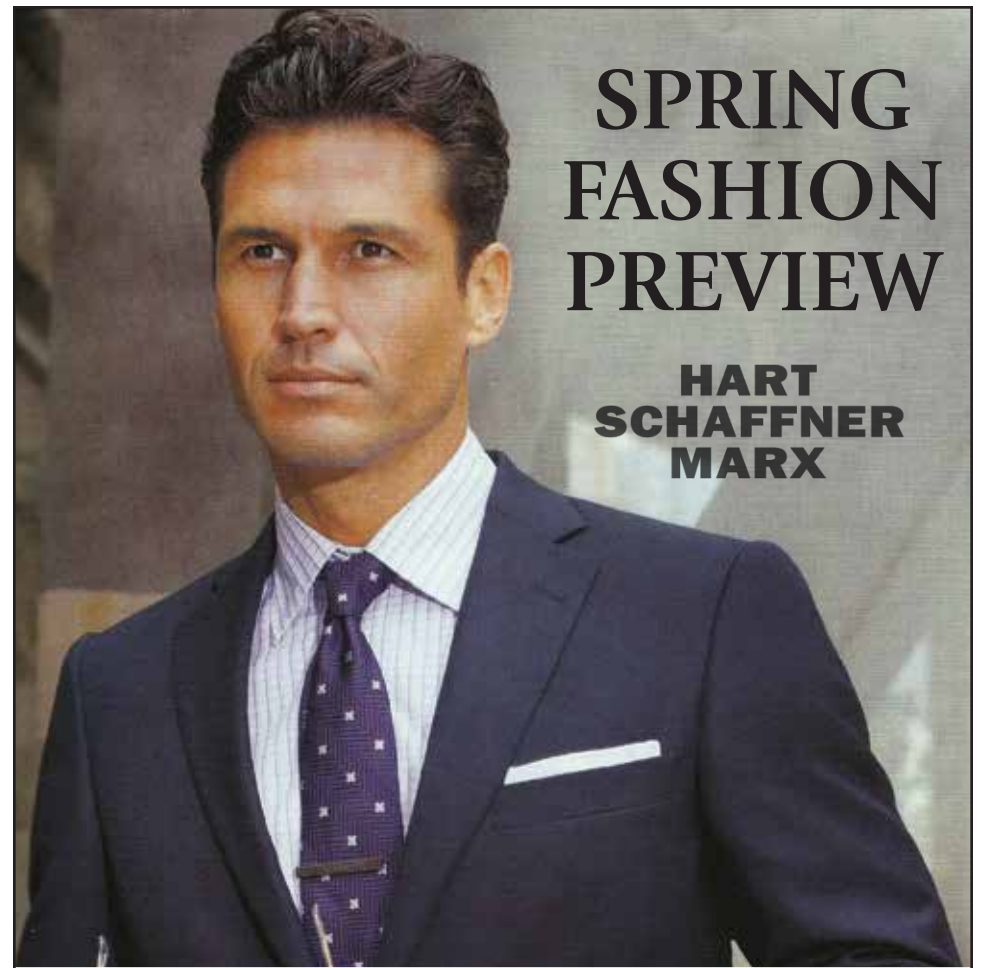
fill a vacancy. Joining her on the board will be Diane Urbano (R).

On the Board of Assessment Appeals, Claire Coleman (D) was elected to another term.

The Zoning Board of Appeals now has a Republican majority, with Edee Lockyer (R) winning over incumbent David Speranzini (D). Cynthia Gibbons (R), who with 1,846 votes got the highest vote of any candidate this year, will join the appeals board. She previously served as an alternate.

The voting results between Zoning Board of Appeals alternates Arlene Levine (D) and Jeff Wasikowski (R) was so close (7 votes) that Wasikowski requested a recount. The recount reduced the difference to five votes, but Levine won the election.

Voting participation was active, with 3,111 out of the total of 6,551 qualified voters, or 47%.



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ELECTION RESULTS

First Selectman

Ellen Scalettar (D).....	1,579
Cathy Wick (R).....	1,523

Board of Selectmen

Susan Jacobs (D).....	1,489
Beth Heller (D).....	1,548
Laurence Grotheer (D).....	1,351
Anthony Anastasio (R).....	1,565
Joe Dey (R).....	1,505
Maria Cruz Kayne (R).....	1,448

Woodbridge Board of Education

Emily Beth Melnick (D).....	1,362
Margaret Hamilton (D).....	1,399
Garrett Luciani (R).....	1,530
Lynn Piascyk (R).....	1,641

Board of Assessment Appeals

Claire Coleman (D).....	1,488
Ed Weinberg (R).....	1,437

Zoning Board of Appeals

David Speranzini (D).....	1,527
Edee Lokyer (R).....	1,586
Cynthia Gibbons (R).....	1,846

Alternates:

Arlene Levine (D).....	1,591
Jeffrey M. Wasikowski.....	1,586
Spencer Rubin (R).....	1,705

Amity Regional Board of Education

Sheila McCreven (D).....	1,510
Thomas Handler (D).....	1,385
Diane Urbano (R).....	1,600
Hal Smullen (R).....	1,348

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The Grotheer Family - Audrey, Jeanette, Laurence & George.

VOLUNTEERING RUNS IN FAMILIES: THE GROTHEER FAMILY

By Bettina Thiel - Woodbridge Town News Correspondent

Volunteering runs in families, that's what one had to conclude after the most recent Volunteer Tea sponsored by the Human Services Commission. Many of those honored at the event had a family member previously honored.

Such was the case with Audrey Grotheer, a junior at Amity High School, who volunteered in several functions at her school and also helps her mother with the Youth Evening program. Audrey has also volunteered her time sorting food in the Human

Services food closet. She enjoys math and has been tutoring younger kids. She also volunteers at Amity High School as a peer tutor and has volunteered at many programs at the Woodbridge Library, most notably Crazy Eights Math, Boredom Busters, and Teens and Kids Reading Together.

Both her mom, Jeanette Glicksman, and dad, Laurence Grotheer, as well as brother George are active in town, volunteering in different capacities. "The reason I volunteer is because I want to show them that I care," Jeanette said.

The same pair of shoes works for everything, right? Neither does the same pair of eyeglasses...




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Q: Can you give me any news about the next **"American Horror Story"**? -- Nina D., Mount Carmel, Indiana

A: The list of big names who have signed on to star in "American Horror Story: Hotel" keeps getting bigger. I previously reported that **Lady Gaga, Chloe Sevigny, Kathy Bates, Evan Peters, Wes Bentley, Matt Bomer, Cheyenne Jackson** and **Sara Paulson** were checking into "Hotel," and it was recently announced that **Angela Bassett** has been added to the hotel's registry. Rumors have been swirling that **Alexander Skarsgard** and **Michelle Pfeiffer** also would be on the show, however, that casting news is looking more and more to be a red herring, unfortunately. I'll keep you posted on developments as the premiere date gets closer. Season five is set to start in October on FX.

Q: I'm a huge fan of **"The Good Witch"** movies on Hallmark Channel, and was thrilled that it became a series. Will "The Good Witch" be back for more episodes? -- Deenie F., via email

A: The popular supernatural series starring **Catherine Bell** and **James Denton** recently aired its season-one finale, and I am happy to report that it will be back for a second season. **Michelle Vicary**, executive vice president of programming and publicity for Crown Media Family Networks, says, "Our viewers have fallen in love with Catherine Bell and her enchanting journey, as well as her talented co-stars, James Denton and **Bailee Madison**. After seeing the overwhelming response to the series, there was no question that 'Good



Catherine Bell

Witch' would be renewed for a second season."

There will be a two-hour season-two premiere this fall, followed by 10 new hours to follow in early 2016. While there's no word yet on the exact dates of these airings, I'll be sure to keep you posted.

Q: Aside from **"The X-Files"** reboot, can you tell me what **Gillian Anderson** has coming up? -- Betty R., via email

A: Ms. Anderson is one busy lady. On Thursday, June 3, **"Hannibal"** returns to NBC for its third season, where you can see Gillian as Dr. Bedelia Du Maurier. You'll recall at the end of last season, she and Hannibal Lector (**Mads Mikkelsen**) were fleeing to France after the bloodbath at Dr. Lector's house, which included much blood being shed by Will Graham (**Hugh Dancy**) and Jack Crawford (**Laurence Fishburne**).

It was recently announced that Gillian will co-star in the Lifetime/A&E/History networks' joint production of **"War and Peace,"** which is based on the classic novel by **Leo Tolstoy**. The limited-series event also stars **Paul Dano, Lily James, James Norton** and **Jim Broadbent**, and will be simulcast on all three networks in 2016.

Anderson also is set to return for season three of the BBC2 psychological-thriller series **"The Fall,"** which should air sometime in 2016. "The Fall" also stars **"Fifty Shades of Grey"** heartthrob **Jamie Dornan**.

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110	\$22,000
100	\$20,000
90	\$18,000
80	\$16,000
70	\$14,000
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40	\$8,000
30	\$6,000
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LAST CHANCE SOLAR WORKSHOP

The Woodbridge Energy Challenge invites you to a "last chance" solar workshop at the Woodbridge Town Library on June 9. To attend, please register at ctsolarchallenge.com/Woodbridge.

The CT Solar Challenge is offering discounted pricing on solar installations to Woodbridge residents through July 31. At this workshop residents will have a chance to ask questions and learn what makes a good solar site and learn about financing options. The Woodbridge Energy Challenge is about giving Woodbridge residents the tools to go solar and save energy," said First Selectman Ellen Scalettar. "I urge you to look into these options to see how you can help Woodbridge be a greener and more energy efficient town."

CT Solar Challenge helps communities by leveraging group purchasing power to lower the cost of residential solar installations. Additionally, Woodbridge will earn a free solar energy system to be installed on a Town property. The size of the solar energy system will be determined by the number of residents that participate in the CT Solar Challenge.

To date 12 Woodbridge residents have signed contracts with Aegis Solar,

the Town's chosen vendor, for a total of 103.54 kW of solar power. In addition to all the clean energy that will be generated on these residents' homes, the Town will receive a free 2kW solar array.

The Woodbridge Energy Challenge is also focused on helping residents make their homes more energy efficient. The Ad Hoc Energy Advisory Task Force is encouraging residents to have a home energy check-up through a Home Energy Solutions audit.

The Task Force has set a goal of doubling the amount of solar energy in Woodbridge and completing 150 home energy audits by December 2015. The Town's two selected Home Energy Solutions vendors—New England Conservation Services and New England Smart Energy—have already completed 50 home energy audits. The audits result in an estimated \$200 in yearly energy savings per home. The vendors are donating \$25 to the Woodbridge Food and Fuel Fund for each energy audit, and offering discounts on insulation as well.

A progress sign in front of Town Hall will track the number of Home Energy Audits completed in Woodbridge homes.



PEASE PLACE GRAND OPENING SET FOR MAY 30TH

On Saturday, May 30 at 10:30 a.m. the public is invited to the grand opening of the Town's new ADA-accessible playground, Pease Place. The grand opening will take place one year to the day after the groundbreaking ceremony.

Several food trucks will be on hand during the event, including Fred's Ice Cream Truck, the Caseus Cheese Truck, Shoreline Prime Food Truck and Firedog Food Truck.

The playground, located at the Woodbridge Athletic Fields on Pease Road, will be the Town's first playground to accommodate children with physical, sensory or developmental disabilities. It will feature age appropriate play structures, inclusive swings, a basketball court, slides, a pyramid shaped rope climber and activity panels enabling children of all abilities to play together. The playground will accommodate children from toddlers to tweens.

Pease Place owes its existence to two local moms, Colleen Inclima and Teri Schatz, who saw the need for an inclusive play area for local children. Inclima and Schatz, with the help of a dedicated committee of volunteers, shepherded the project through Town approval processes, fundraising efforts, design review and more.

"This playground really 'took a village' to become a reality," said Inclima. "The leadership, support and

guidance of our First Selectman Ellen Scalett are what allowed us to open this playground to the community. We are extremely grateful for her unending support."

"Colleen and I were amazed by the incredible support and donations from the community, including our state delegation," said Schatz. "We never imagined we could build a playground of this magnitude when we first started this project more than eight years ago. It's been time consuming and challenging at times, but I know when I see children on the playground it will be worth every minute."

"Colleen and Teri had a vision and spent years working to make this project a reality," said First Selectman Ellen Scalett. "This playground enhances the many outdoor recreational resources the Town offers to residents. I commend the entire committee for their amazing volunteer efforts and dedication to this playground."

In addition to the individuals, churches, synagogues, businesses, nonprofits and organizations that donated to the playground, the Town also received a \$200,000 state grant to help cover the costs.

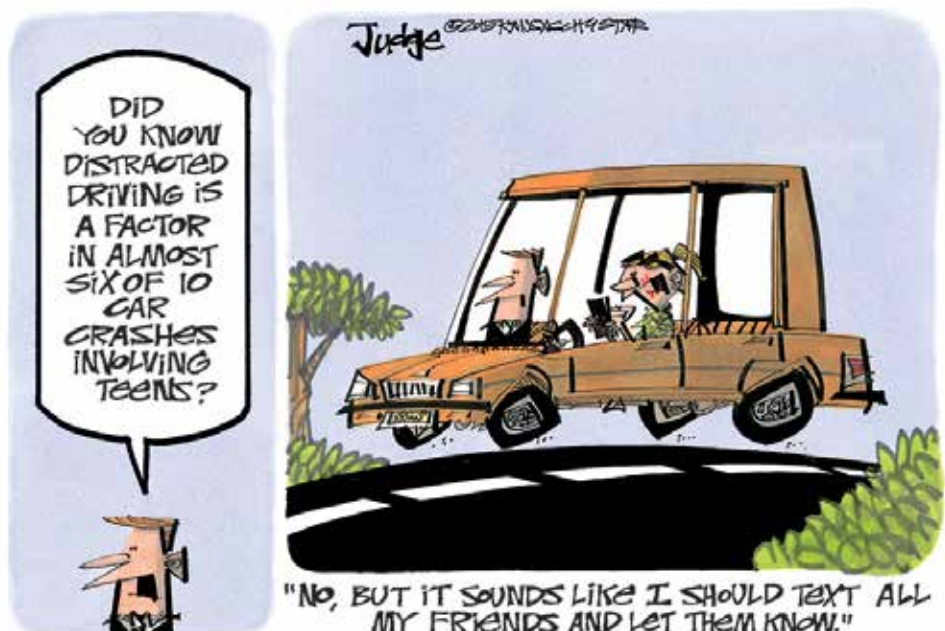
The decorative brick walkway that connects the parking lot to the playground features the names of many individuals and organizations who donated to support the project.



Photography instructor Melanie Stengel assists students during the after school Photography class with editing and mounting their work prior to hanging the end of session art exhibit at Amity Middle School – Bethany. This program is sponsored by Woodbridge Youth Services and the Town of Bethany and runs for ten weeks each Fall and Spring. The class is open to all 7th and 8th grade students and meets weekly in the computer lab at the school. For more information regarding after school programming please call 203-389-3429.



Trees are in full Bloom in Woodbridge as shown by these photos of a Magnolia and Weeping Cherry Tree in town.



CLUBS & ORGANIZATIONS



GARDEN CLUB OF WOODBRIDGE ANNUAL PERENNIAL PLANT SALE

The Garden Club of Woodbridge is holding its Annual Sale of Perennials from our members' gardens on Saturday, May 30, 2015. The plants will be available 9am - 12 noon at The Old Firehouse in Woodbridge. Our members are busy working in the gardens dividing and potting plants in preparation for the sale. Come support the club and help support all of our work including the continuing maintenance of the

town's gardens and our other special projects. The Garden Club of Woodbridge is presenting "Pressed Flowers", Tuesday, June 2, 2015. Lisabeth Billingsly will demonstrate how to press flowers suitable for pictures and cards. Light refreshments will be served. Please join us at the First Church of Christ, 5 Meetinghouse Lane, Woodbridge, CT at 11:45am.

STUDENTS CAN REGISTER FOR RED CROSS SCHOLARSHIP PROGRAM

This summer, high school and college students can win a scholarship by hosting an American Red Cross blood drive through the Leaders Save Lives program. Registration is now open to host a participating blood drive between June 1 and August 31, 2015.



American Red Cross

A total of 10 scholarships will be awarded via drawing to students who achieve 100 percent of their blood drive collections goal. All students who achieve the designated blood drive goal will receive an electronic gift card to giftcertificates.com.

For more information and to register to host a Leaders Save Lives blood drive, visit redcrossblood.org/leaderssaveives.

The Leaders Save Lives program encourages community-minded 16- to 24-year-olds to host blood drives to help maintain the blood supply over the summer months. Students who participate as a blood drive coordinator are eligible to win a scholarship up to \$2,500 for higher education and to earn a gift card.

How to donate blood: Simply download the American Red Cross Blood Donor App, visit redcrossblood.org or call 1-800-RED CROSS (1-800-733-2767) to make an appointment or for more information. All blood types are needed to ensure a reliable supply for patients. A blood donor card or driver's license or two other forms of identification are required at check-in. Individuals who are 17 years of age (16 with parental consent in some states), weigh at least 110 pounds and are in generally good health may be eligible to donate blood. High school students and other donors 18 years of age and younger also have to meet certain height and weight requirements.

"The Leaders Save Lives program is a great way for students to learn valuable leadership skills while helping hospital patients in need of lifesaving blood transfusions," said Red Cross spokesperson, Stefanie Arcangelo. "Summer can be a challenging time to maintain a sufficient blood supply. With this program, students are helping the community by recruiting their friends and family to donate during this crucial season."

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HILLHOUSE CLASS OF 1950 PLANNING REUNION

The Hillhouse High School class of 1950 wishes to announce the planning for its 65th reunion. Information regarding the date, time and place will be forthcoming. If you have an interest in wanting to attend, please call

Janet White Selzer at 203-315-9940, Vincent Cangiano at 203-288-8895 or Kenneth Burack at 203-795-5118. So far an afternoon in October has been chosen. Responses will be helpful in choosing a place.

TAKE A HIKE ON CT TRAILS DAY

As part of the CT Trails Day, Woodbridge's Conservation Commission and Orange's Conservation Commission are co-hosting a guided walk along the Racebrook Tract starting at 10:30 a.m. at 839 Racebrook Road, Orange.

The Racebrook Tract encompasses nearly 400 acres of open space in the towns of Woodbridge and Orange and provides pristine near-wilderness exploration and passive recreation to all who visit it. The Tract was purchased from two farmers in the early 1900s by the New Haven Water Company, and the stone walls crisscrossing the Tract are the original farm fences. Under the direction of the Yale School of Forestry, the Tract was one of the first professionally managed forests in the country, and because periodic timber harvests were conducted by the water authority, the forest is delightfully open today. Two relatively level and circuitous trails start in Orange and cross into Woodbridge. The longer trail is just over 2.5 miles. The trails pass through expanses of mixed hardwoods and impressive stands of 100-year-old white pines. Just off the parking lot, there is a handicap-accessible boardwalk going through some interesting wetlands.

Because of its large size, the Tract contains a wide variety of natural habitats and wildlife. Streambelts, forests, wetlands, meadows, and brush make the area attractive to a variety of animals and songbirds. Many species of reptiles and amphibians inhabit the Tract along with avian predators such as the great horned owl. The Orange and Woodbridge Conservation Commissions were formed to advise their Board of Selectmen on the preservation, development, and conservation of natural resources, including water resources, within the Towns of Orange and Woodbridge, respectively. The joint OCC-WCC Racebrook Tract Walk offers an opportunity to take a guided tour of this beautiful open space, meet with your neighbors, and enjoy a lovely New England spring day in the woods. All members of the community are invited to attend this fun outdoor event. Children are encouraged, and comfortable and sturdy shoes and clothing are recommended. Walkers are encouraged to bring water, and refreshments will be served at the end of the hike. Steady rain and/or lightning will cancel. Drizzle will not. Sunday, June 7th is the rain date.

TYLER'S WALK FOR MYOCARDITIS

Myocarditis is a little known, but devastating disease that took the life of 19 year old Bethany resident Tyler Rosenberg on May 21, 2014. Myocarditis is a relatively rare disease that attacks otherwise healthy people and is felt to be responsible for up to 20% of all cases of sudden death in young adults. It can be caused by a viral or bacterial infection, autoimmune diseases, environmental toxins and reactions to medication. Survivors are sometimes left with damaged hearts, a lifetime risk of relapse, or are even in need a heart transplant.

On June 20, 2015 we are having a fund-raising walk at The Bethany Veterans Memorial Park, 265 Beacon Road, Bethany, CT at 10 AM sharp, event day registration starts at 9. We wish to remember Tyler, to educate,



create awareness, and raise money for the Myocarditis Foundation. The foundation is tasked with distributing accurate information to medical professionals, patients and their families. The Foundation hopes to further the scientific advancement of both the diagnosis and treatment of the disease with the goal of saving more lives. The Foundation is small and in need of your support, and is the only organization in the world that is pursuing the above goals. We ask for your support!

For more information see: Tyler's 5K Walk For Myocarditis Facebook page, the Tyler's Walk page, and www.myocarditisfoundation.org. Please join us in remembering Tyler, and in raising money to support awareness of this silent and deadly disease.

DOLLAR\$ AND \$ENSE

FINANCIAL PLANNING FOR VETERANS

By Roberta L Nestor

There are literally hundreds of special benefits for our men and women in the armed forces. They range from reduced property tax benefits, special health services, long term health care, and thrift saving plans to medical benefits for the disabled. Military families face plenty of financial challenges. If you're saving for college or retirement, buying a home, or wondering how to help secure your family's financial future, don't overlook these 3 important benefits available to military members.

Service Member's Group Life Insurance (SGLI)

This is an affordable term life coverage where eligible service members are automatically enrolled. This also applies to spouses and dependent children who can automatically be enrolled through a program called Family Servicemembers' Group Life Insurance (FSGLI). There are many considerations to buying term insurance besides premium costs. The life insurance needs of a young service member with a family are potentially more significant and need careful evaluation.

SGLI coverage has a maximum benefit of \$400,000 and is available in \$50,000 increments. There is full or part time coverage available. If you are totally disabled at separation, the coverage can be extended for up to 2 years. In addition, covered members (active duty members of Army, Navy, Air Force, Marines and Coast Guard) can keep their coverage free for an additional 120 days from their date of separation.

VA Home Loan

Here military families can benefit from the no-down-payment requirement of a VA loan. Post the credit crisis of 2008, home loans have become more and more difficult, especially for first time home buyers. While you can only use the VA Home Loan to finance a primary residence, it still offers additional benefits. You are not required to pay mortgage insurance because the VA guarantees a portion of the loan (making it easier to obtain one) and you may qualify for lower closing costs and appraisal fees. Note that the VA loan isn't handled by the government, like other mortgages, these are offered by banks, credit unions and mortgage companies. Before applying for a mortgage loan, you will need to

ask the lending company if they are VA-approved.

Look into special benefits like cash out financing (refinancing existing loan while borrowing extra money) and be mindful of the required VA required funding fee. This is a funding fee that you pay at the closing and is based on a percentage of what you are borrowing.

Post 9/11 GI Bill

While there are several benefits for our military in this bill, the focus seems to be on the educational benefits. This post 9/11 GI bill will pay up to the full amount of in-state tuition and public college fees for up to four years. There is even an allotment for private or foreign colleges. The cap for the 2014-2015 school year was set at \$20,235.

The entitlement is for the enlisted individual; however, if they do not use the benefit, (in some instances) then up to 36 months of the unused education benefits can be transferred to a spouse or children. For example, if you want to transfer your unused benefit to your child, you must have served at least 6 years and generally commit to serving 4 additional years from the date the benefit is approved. You even have 15 years after your separation from service to use the educational benefits.

After researching these benefits, it is clear that our military men and women would be best served if they sought out financial advisors who specialize in financial planning for veterans. Please accept our heart-felt thanks for all of our military hero's and the sacrifices they make.

Roberta L. Nestor is a financial advisor practicing at 491 New Haven Avenue in Milford, CT offering retirement, long term care, investment and tax planning services. She also offers securities and advisory services as an Investment Adviser Representative of Commonwealth Financial Network – a member FINRA/SIPC and a Registered Investment Adviser. Fixed insurance products offered through Nestor Financial Network are separate and unrelated to Commonwealth. Commonwealth Financial Network or Nestor Financial Network does not provide legal or tax advice. You should consult a legal or tax professional regarding your individual situation. Roberta can be reached at Nestor Financial Network, 203-876-8066 or roberta@nestorfinancial.com.

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LOCAL BUSINESS

YANAGISAWA NAMED CHAIR

Ken Yanagisawa, MD, FACS was named Chair of the Socioeconomic and Grassroots Committee of the Board of Governors (BOG), American Academy of Otolaryngology-Head and Neck Surgery. He is pleased to announce that the Connecticut Ear Nose and Throat Society (in which he is Immediate Past President) was recognized as the BOG's Model Society Award Honorable Mention recipient for its work supporting excellent patient care, physician and patient legislative advocacy, and public relations programs such as the free head and neck cancer screenings offered every spring throughout CT. He continues as Section Chief of Otolaryngology for Saint Raphael Campus, Yale New Haven Hospital, and was recently



Ken Yanagisawa

appointed Assistant Clinical Professor of Surgery at Quinnipiac University School of Medicine.

TRINITY CARES RECEIVES GENEROUS DONATION

Trinity Cares International (TCI), a Christian humanitarian mission organization from Trinity Church in Woodbridge has received a generous donation from Watson Inc. of West Haven, CT to provide vitamin donations for Trinity Cares mission work. TCI has adopted a community in Consuelo, Dominican Republic, and since 2010, TCI has worked on providing medical and dental clinics for the poor & underserved population. TCI has also established sustainability programs, construction projects and micro-loans to encourage small business enterprise.

Watson, Inc was intrigued by TCI's work and wanted to help in a tangible way. Watson, Inc. will provide 380,000

vitamin tablets along with packaging in Spanish for the TCI Mission Team to deliver to the Dominican Republic people this June. Trinity Cares team members will host a packing party at Trinity Church in Woodbridge, Tuesday, May 19th at 5 PM. The purpose of the event is to package the vitamins in bottles and apply the labeling.

This event is a great example of the business community and a non-profit organization working together for a positive outcome in helping their fellow man. Trinity Cares International will travel again his summer to Consuelo with a team of 18 from June 20-27th providing Medical, Dental and Construction support.

BUSINESS AFTER HOURS PROVIDES NETWORKING OPPORTUNITIES

Woodbridge First Selectman Ellen Scalettar and the Woodbridge Economic Development Commission invite Woodbridge businesses to the first Woodbridge Business After Hours.

This Business After Hours event will be a happy hour at Wheelers Restaurant (180 Amity Road) on Tuesday, June 2 from 5:30-7 p.m. The goal is to create business networking opportunities and to better support local businesses.

"This will be a wonderful opportunity for Woodbridge businesses to come together and learn from each other and about each other," said Scalettar.

"I am proud to host the first Woodbridge Business After Hours event," said Rob LaTronica, the general manager and partner at Wheelers. "First Selectman Ellen Scalettar has

been very supportive of Woodbridge businesses and we all win with a stronger business community."

Scalettar has been visiting new and expanding businesses to welcome them to Woodbridge and finding ways to create a stronger bond between Town Hall and the Town's business community and strengthen economic development in Woodbridge.

Additionally, the Town's Economic Development Commission has been inviting new and expanding businesses to its monthly meetings in order to learn about those businesses and why they chose Woodbridge.

If you'd like to attend the happy hour or host a future happy hour, contact Town Assistant Administrative Officer Betsy Yagla at 203-389-3403 or byagla@woodbridgect.org.

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AN OUNCE OF PREVENTION

The Rise of "Organic" Foods

Many grocery stores and farmers markets now sell foods that are identified as "organic." It is currently estimated by the USDA that almost 60% of retail food chains have an "organic" section (up from 46% in 2007). This is largely a result of consumer demand. So what exactly does "organic" mean? Is it the same as "natural"? Are organic foods better for you?

There was a time not so long ago that the term "organic" did not have a specific definition, nor was it truly overseen by an inspecting agency. However, The United States Department of Agriculture (USDA) started its National Organic Program (NOP) in 2002 and now has definite criteria that must be strictly met for a food to be called "organic."

The term "organic" is governed by the way the food is produced and processed, following guidelines that address factors such as the soil that is used, animal raising practices, pest and weed control, and the use of additives. Farming methods must focus on renewable resources, conservation of soil and water and biodiversity.

If a product is produced and processed completely organic such as fruits, vegetables, eggs or other single-ingredient foods, they can be labeled 100% organic. Other foods can be called organic if they are at least 95% organic. The term "made with organic ingredients" can be used on products that contain at least 70% organic ingredients. There is a special seal that the USDA created that can be used by the first two groups. Its use is voluntary and does not have to appear on the product. The organic seal cannot be used on the "made with organic ingredients" products. Foods containing less than 70% organic ingredients can't ever use the term "organic" on their packaging.

It is important to note that the Food and Drug Administration (FDA) is another branch of government that is responsible for protecting public health. With regards to food, it oversees food safety, sanitation and labeling. The FDA does NOT have a legal definition of "organic". It is responsible for nutritional information on packaged foods, ingredients, nutrient content, health claims and allergy information.

Don't confuse the term "natural" with organic. "Natural" is not regulated

except for meat and poultry. Natural foods are not subject to government controls beyond the standard regulations and health codes that affect all foods. For meat and poultry, natural generally means free of artificial colors, flavors, preservatives and ingredients.

Are organic foods healthier? Safer? A large part of the consumer appeal of organic foods is related to how the food is grown and its relationship to the environment. Organic farmers typically do not use chemical fertilizers or herbicides, do not spray insecticides to reduce pests and disease, and do not give antibiotics, growth hormones or medications to animals. However, there is no data to show, and the USDA makes no claim, that organically grown foods are healthier, safer or more nutritious. They can contain as much fat and calories as their counterparts. There may be health benefits for those who have allergies or sensitivities to certain additives or preservatives. Some research also shows that organic foods may have significantly higher levels of antioxidants. There is mixed feeling on safety, with some officials believing organic foods may be less safe because there are no preservatives used, but with the Organic Farmers Association believing the strict production oversight makes the food safer.

What is Right for You? This is something you have to decide for yourself. Some people believe that organic foods taste better. Others are drawn to them because they don't use harmful chemicals or are drawn to the environmentally-friendly farming methods. Some people won't want to spend the extra money (organic foods are generally more expensive). Regardless of your decision, you do not have to eat "organically" to choose a healthy diet.

This column is written by V. Deborah Culligan and is presented to the residents of Woodbridge as a service of their public health department, Quinnipiack Valley Health District. The information for this column comes from the USDA and FDA websites. To learn more detail about organic regulations and farming, go to the websites, keyword "organic food". If you do not have internet access and would like more information, QVHD residents (Bethany, Hamden, North Haven and Woodbridge) can call 203 248-4528 or request by email, dculligan@qvhd.org for written materials.

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ENTERTAINMENT

TOP 10 MOVIES

- 1. Avengers: Age of Ultron (PG-13)**
Robert Downey Jr., Chris Evans
- 2. The Age of Adaline (PG-13)**
Blake Lively, Michiel Huisman
- 3. Furious 7 (PG-13)**
Vin Diesel, Paul Walker
- 4. Paul Blart: Mall Cop 2 (PG)**
Kevin James, Raini Rodriguez
- 5. Home (PG)**
animated
- 6. Cinderella (PG)**
Lily James, Cate Blanchett
- 7. Ex Machina (R)**
Alicia Vikander, Domhnall Gleeson
- 8. Cybernatural (R)**
Heather Sossaman, Matthew Bohrer
- 9. The Longest Ride (PG-13)**
Scott Eastwood, Britt Robertson
- 10. Woman in Gold (PG-13)**
Helen Mirren, Ryan Reynolds

TOP 10 RENTALS

- 1. Taken 3 (PG-13)**
Liam Neeson
- 2. Hot Tub Time Machine 2 (R)**
Rob Corddry
- 3. Interstellar (PG-13)**
Matthew McConaughey
- 4. Big Eyes (PG-13)**
Amy Adams
- 5. The Imitation Game (PG-13)**
Benedict Cumberbatch
- 6. Unbroken (PG-13)**
Jack O'Connell
- 7. Big Hero 6 (PG)**
animated
- 8. Into the Woods (PG)**
Anna Kendrick
- 9. The Hobbit: The Battle of the Five Armies (PG-13)**
Ian McKellen
- 10. The Woman in Black 2: Angel of Death (PG-13)**
Helen McCrory

CHART BUSTERS

Top 10 Pop Singles

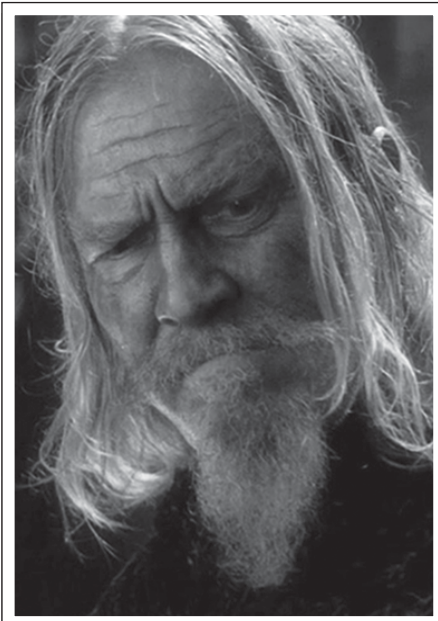
- 1. Wiz Khalifa feat. Charlie Puth**
"See You Again"
- 2. Mark Ronson feat. Bruno Mars**
"Uptown Funk!"
- 3. Fetty Wap**
"Trap Queen"
- 4. The Weeknd**
"Earned It (Fifty Shades of Grey)"
- 5. Maroon 5**
"Sugar"
- 6. Ellie Goulding**
"Love Me Like You Do"
- 7. Walk the Moon**
"Shut Up and Dance"
- 8. Ed Sheeran**
"Thinking Out Loud"
- 9. Flo Rida feat. Sage The Gemini & Lookas**
"G.D.F.R."
- 10. Jason Derulo**
"Want to Want Me"



Brittany Howard

Top 10 Country Singles

- 1. Little Big Town**
"Girl Crush"
- 2. Sam Hunt**
"Take Your Time"
- 3. Florida-Georgia Line**
"Sippin' On Fire"
- 4. Zac Brown Band**
"Homegrown"
- 5. Dierks Bentley**
"Say You Do"
- 6. Lee Brice**
"Drinking Class"
- 7. Billie Currington**
"Don't It"
- 8. Tyler Farr**
"Guy Walks Into a Bar"
- 9. Keith Urban feat. Eric Church**
"Raise 'Em Up"
- 10. A Thousand Horses**
"Smoke"



Jeff Bridges in "Seventh Son"

EDITOR'S NOTE: DVDs reviewed in this column will be available in stores the week of May 25, 2015..

PICKS OF THE WEEK

"Seventh Son" (PG-13) -- An ancient order of mystical knights once kept the world safe from evil CGI monstrosities, until their numbers dwindled to one. Jeff Bridges stars as the last of the "Spooks," monster slayers who are all the seventh sons of seventh sons. Bridges rambles his way to a little farm, where he recruits Tom, youngest of seven brothers (a bland teenage protagonist played by Ben Barnes, who is well into his 30s). Together, they set

out on a formulaic adventure to battle a super-witch (Julianne Moore) and her menagerie of monsters. Much like Moore's archvillain character, this fantasy adventure was sealed away, locked in a purgatory by production wizards, until it stirred within its cage and found its way into our realm. The special effects are impressive, but aging in the barrel has not helped this film ripen.

"Cut Bank" (R) -- Tucked away in rural Montana, Dwayne (Liam Hemsworth) wants to get himself and his peppy blond girlfriend (Teresa Palmer) out of town, but witnesses a murder instead. By total coincidence, he had his video camera rolling and pointed in the right direction when the town's first murder takes place in a canola field. Well, maybe it wasn't a coincidence, and maybe it wasn't a murder -- the plot twists itself into knots, but it's not a tight fit. The movie owes a lot to the Coen brothers, mostly an apology for doing such a poor job of copying " Fargo."

"See You in Valhalla" (R) -- A death in the family reunites a bunch of dysfunctional siblings. At first it's awkward, then they bicker, fight, laugh, hug and cry. This should sound familiar by now -- it's been the drama-trope of choice for the past year or so. This time, it's "Modern Family's" Sarah Hyland playing the prodigal daughter, returning home for the funeral of her troubled brother. Her father and two living brothers are waiting with their own bundles of issues, and she also must deal with the latent drama of an old boyfriend she left behind. It's supposed to be a tearjerker drama, so it's a bad sign that the only laudable bit is the cartoonish comic relief (Stevie Howey), but kudos to him.

- Name the band that was started by a dentistry student, a physics student and an art student before adding a bass player.
- The music from the Italian song "O Sole Mio" was used for which Elvis Presley hit?
- Who released "People Are Strange" and when?
- Name the song that contains this lyric: "Now it's been ten thousand years, Man has cried a billion tears for what he never knew, Now man's reign is through, But through eternal night, the twinkling of starlight, So very far away, maybe it's only yesterday."



1. Queen, of "We Will Rock You" fame.
2. "It's Now or Never."
3. The Doors, 1967.
4. "In the Year 2525 (Exordium et Terminus)" by Zager and Evans in 1969. In verses giving dates 1,010 years apart, the song laments all that man has lost due to technology and by taking everything that Earth has -- and whether God is going to be pleased.

Sudoku answers on page 28

Weekly SUDOKU

by Linda Thistle

8		4	6				1	
		5			4			9
	7			1		2		
3					2	7		4
		2		5			3	
	6		8			9		
		7			6		9	
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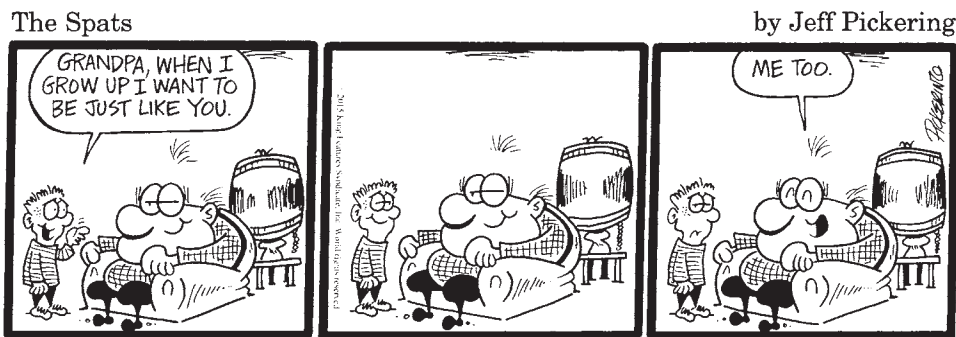
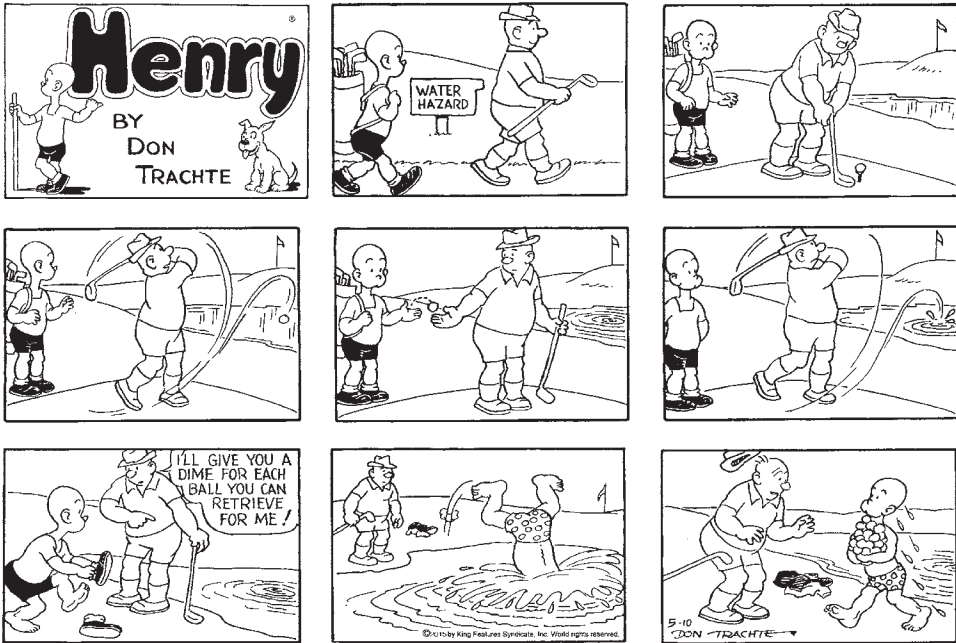
Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★★★

★ Moderate ★★ Challenging
★★★ HOO BOY!

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COMICS/CROSSWORD/HOLLYWOOD



HOLLYWOOD

By Tony Rizzo



Matt Damon

HOLLYWOOD -- No sooner did Matt Damon get back from Mars, where he filmed "The Martian" with Jessica Chastain, Kate Mara, Kristen Wiig and Jeff Daniels (in theaters Nov. 25), than he started fighting mythical creatures attacking the earth at the Great Wall of China, aided by Willem Dafoe. Set in the 15th century, "The Great Wall" escapes Nov. 23, 2016.

"Furious 7" left "Harry Potter and the Deathly Hallows: Part 2" in the dust last month by replacing it as the No. 4 top box-office grosser of all time, with \$1.35 billion, to "Harry's" mere \$1.34 billion. No. 1, of course, is "Avatar," with \$2.79 billion; followed by "Titanic" with \$2.19 billion and "The Avengers" at \$1.52 billion. They are followed by No. 6 "Frozen" (\$1.27 billion), No. 7 "Iron Man 3," (\$1.21 billion), No. 8 "Transformers: Dark of the Moon" (\$1.12 billion), No. 9 "Lord of the Rings: Return of the King" (\$1.12 billion) and No. 10 "Skyfall" (\$1.11 billion)

Film historians insist that "Gone With the Wind" would top the list if theater prices were adjusted from 25 cents to today's prices. It's still the most-viewed movie of all time. It played in one theater, in every city, for a long time, instead of thousands of theaters across the country at one time.

Woody Allen's next film, "Irrational Man," stars Joaquin Phoenix, Emma Stone and Parker Posey. Joaquin plays a philosophy professor having a relationship with one of his students, Emma Stone. It's due out July 17.

Following in the footsteps of the all-female "Ghostbusters," with "Saturday Night Live" alums Kristen Wiig and Kate McKinnon, as well as Melissa McCarthy and Leslie Jones, Sony is

planning a female reboot of "21 Jump Street."

Broadway's Tony Awards, being handed out June 7 live on CBS, snubbed both "Finding Neverland" with "Glee's" Matthew Morrison and "Frasier's" Kelsey Grammer, and "Gigi," with Vanessa Marcel in the title role, as well as the musical version of the 1965 epic "Doctor Zhivago." The show will be hosted by Kristin Chenoweth, a nominee for the revival of "On the Twentieth Century," and "Cabaret" Tony-winner Alan Cumming.

Leading the pack are the reboot of the 1951 MGM musical "An American in Paris" and "Fun Home," with 12 nominations each. "The Visit" picked up a nomination for the legendary Chita Rivera, along with Bradley Cooper for "The Elephant Man," Helen Mirren for "The Audience," Carey Mulligan for "Skylight" and "Mad Men's" Elizabeth Moss for "The Heidi Chronicles." Pop star Sting received a nod for best original score for "The Last Ship."

What's that? ... No, the Tony Awards were not named after me; they were named for Antoinette Perry. So nice you that even wondered!

King Crossword

ACROSS

- 1 Nerd-pack contents
- 5 Intimidate
- 8 Mop the decks
- 12 "I smell —!"
- 13 Blackbird
- 14 Designer Rabanne
- 15 It may rock you to sleep
- 17 — time (never)
- 18 Kitchen fixture
- 19 Hosts
- 21 World's fair
- 24 "— the fields we go"
- 25 Sunrise
- 28 Lambs' dams
- 30 Squeazy snake
- 33 Eggs
- 34 Shoe strengtheners
- 35 Chances, for short
- 36 Drench
- 37 Oil cartel
- 38 Ancient legend
- 39 Prior night
- 41 Siamese
- 43 This way
- 46 Seafood selections

1	2	3	4	5	6	7	8	9	10	11
12				13				14		
15				16				17		
18						19	20			
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25	26	27		28	29			30	31	32
33				34				35		
36				37				38		
39	40			41		42				
43	44			45		46		47	48	49
50				51	52	53				
54				55				56		
57				58				59		


- 50 Missing
- 51 ABBA hit
- 54 Create
- 55 Past
- 56 Norway's capital
- 57 Use a teaspoon
- 58 Sweet potato's kin
- 59 Reddish steed
- 5 Taxi
- 6 Individual
- 7 Broad
- 8 Gap
- 9 Football team's aide
- 10 Teen's worry
- 11 Greets the villain
- 16 Tyrannosaurus —
- 20 Rolling stone's lack
- 22 Incubator sound
- 23 Little hooter
- 25 Wall Street stat, familiarly
- 26 "Hail!"
- 27 Have fun
- 29 Engrave
- 31 Choose
- 32 Fire leftovers
- 34 Troubles
- 38 Wicked Queen's advisor?
- 40 Ballot caster
- 42 Expert
- 43 Charitable donations
- 44 Layer
- 45 Vacillate
- 47 As well
- 48 Gaucho's weapon
- 49 Any time now
- 52 — Khan
- 53 Huck's pal

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King Crossword Answers on Page 28



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MEMORIAL DAY CELEBRATIONS

Many people observe Memorial Day by visiting memorials and cemeteries. Others fly the US flag at half-staff from dawn until noon, and there are volunteers who frequently place American flags on each fallen soldier's grave at National Cemeteries. However, it doesn't stop there. There's cause for celebration too. Picnics, barbecues, family get togethers, and sporting events are all part of the Memorial Day Celebration.

In recent years, there's been a new addition to Memorial Day festivities--inflatables. You know, those big bouncy colorful things that drive kids wild. Water slides, bounce houses, combo units and more can be part of the festivities of your Memorial Day Celebrations. Moreover, this special day is at the perfect time of the year. Usually the weather is perfect for outside get togethers and fun, which helps to make Memorial Day even more memorial.

A Memorial Day You Won't Forget

To make your celebration really special, you might consider a tent rental. A tent rental will guarantee you have a good time even if it happens to rain. It's a great way to secure your activities from any weather type interruptions. Luckily, inflatables are waterproof so no water damage will take place in case of a heavy rain.

Another way you can make your Memorial Day memorable is by adding a concession. Sure, you will probably have plenty to eat, but kids' love a bit of novelty. Popcorn is pretty much harmless and kids will enjoy watching popcorn pop while eating it too!

If you plan to have a bigger than usual Memorial Day Celebration, why not rent a buffet table and chairs? Round or rectangular tables are available with as many chairs as you need. By making sure everyone is properly seated, your concerns about each person feeling comfortable will be the

furthest thing from your mind.

Keep Your Memorial Day Celebrations Running Smoothly

Outside of great food and fun entertainment, a generator could come in handy. Generators can be rented for as long as you need them. Here are a few important points to take into consideration when using a generator.

Don't overload your generator. Settle on the amount of power required to operate whatever you plan to connect to the generator.

Light bulb wattage specifies the power required for lighting.

Equipment and appliance labels specify their power requirements.

If you are not sure or cannot establish the amount of power you need, consult an electrician.

Make certain your generator produces supplementary power, at least more than the equipment that will be connected to it counting the initial surge when the generator is switched on. If the generator is not producing enough power to run everything at once, alternate your equipment use.

If your equipment uses more power than the generator produces, you could blow a fuse or damage the connected equipment.

Put Your Memorial Day Celebration in Pictures

To top off your Memorial Day Celebration, why not take pictures? A special photo booth can be rented that takes color or black and white pictures. Everyone will have a ball making fun faces, taking group photos, and just enjoying themselves while making their Memorial Day Celebrations an everlasting memory!

Remember, your Memorial Day Celebrations can truly be memorable if you plan it well. Have fun!



HOW TO FIND MORE TIME TO TRAVEL

Few people would likely say they don't enjoy traveling. Travel provides an opportunity to experience different cultures, visit idyllic locales and enjoy some rest and relaxation.

But as much as people love to travel, finding more time to do so is not always so easy, even for those people with a sufficient amount of vacation days at their disposal. Oftentimes, finding more time to travel requires some extra and earlier planning.

Reconsider when you travel. Building a trip around a long weekend is an easy way to find more time to travel. Consider the holidays that fall on a Monday, such as Memorial Day, Labor Day and Columbus Day. Plan a getaway for these long weekends and you won't even need to use a vacation day. If you have the vacation time to burn, extend the trip one day by leaving on Friday or returning on Tuesday. By the time your trip ends, you will have enjoyed a three-day getaway without using any vacation time or a four-day extended break during which you used just a single day of vacation time.

Planning a week-long trip on a holiday week is another way to save a vacation day for later in the year.

Extend business trips. Business travelers who typically travel on Mondays and/or return home on Fridays can extend those trips to include the weekend preceding or following the trip. This gives you a better chance to explore the city where conferences or client meetings are being held, as business trips typically leave little time to get to a know a city or see its attractions.

Business travelers can plan family trips around their work trips, giving families a great and often cost-effective way to see various locales.

Use your allotted vacation time. A 2013 study from Oxford Economics found that American workers took an average of 16 days of vacation in 2013, which represented a roughly 20 percent decline from 2000, when workers took an average of 20.3 vacation days. The United States Travel Association discovered a similar pattern, finding that in 2013 workers used just 16 of their nearly 21 days of earned time off. Perhaps the easiest way working men and women can find more time to travel is to make use of all of the vacation days they earn as oppose to letting them fall by the wayside at the end of their companies' calendar years.

Negotiate with your employer.

Many employers have grown increasingly flexible as technology has made it easier for employees to work remotely.

Men and women who want to find more time to travel should not be afraid to negotiate more travel time with their employers, even offering to work remotely from whichever destination they plan to visit. This can be an especially effective way for parents to extend family vacations in the summertime, as one parent can take the kids in the mornings and afternoons while the other works. Come nighttime, the whole family can still enjoy all the fun of a typical vacation.

Travel is a luxury that even busy men and women can enjoy if they employ certain strategies to create more time to get away.

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As a kitchen employee, your job responsibilities include, but are not limited to:

Prepares all food items to order, following standard recipes and procedures within specified time limits, Preps assigned items, Washes and cleans raw food products, Grills raw and prepped foods to order and to requested temperature, Communicates with Team Members and Management throughout the shift regarding status of orders and availability of product, Minimizes waste of product, Labels all food items for food safety and shelf-life standards, Rotates product according to "First In, First Out" to maintain shelf-life standards, Logs and discards all product not used by the end of the shift on the "use by" date, Keeps the line area neat, clean and sanitary, Cleans, organizes, and maintains walk-in refrigerator, reach-in refrigerator, cooler drawers, prep, and dry storage area, Stocks/restocks items on line according to specifications, Understands and complies with food safety and temperature standards, Always consider eye appeal as well as taste and temperature, Work as a team-utilize our systems and procedures for maximum efficiency, Must be have previous pizza experience, Must be able to multi task.

General Requirements:

Must read, write, and communicate in English as it relates to the job and to the safety regulations, Must be able to perform all job functions safely, Must meet the company performance standards for the job, Must participate in company orientation and training, Must be able to follow instructions, Must be able to work the scheduled / assigned times and required overtime for the position, Must be able to use, or learn to use, the equipment and tools used to perform the job, Food preparation background / experience preferred, Must be able to stand and walk for extended period of time, Must be able to work day or night, weekends, and holidays.

Looking for a cook who can commit to Friday, Saturday, Sunday, Monday. Must have reliable transportation.

FOR SALE

TAG SALE - Saturday May 23rd. 8am - 3pm 1056 Orange Center Road. Lots of stuff for everyone! Childrens(boy & girl) and adult clothing(men&womens), shoes, jackets, accessories, household items. Too much to list. Please park on Morning Glory.

FOR RENT

WOODBIDGE - THANK YOU ! We are fully occupied and taking names for our waiting list. One and Two Bedroom. Applicants must be 62 or older or disabled. One Bdrm-\$1018/mo; Two Bdrm-\$1075/mo including all utilities. Off street parking, on-site laundry, gardens, courtyard, on busline, handicapped accessible. CHFA Financed. EHO. Gibson Assoc., Inc. 175 East Mitchell Ave, Cheshire, CT 06410. Ph: 203-272-3781. TDD 1-800-545-1833 Ext 165.

PUBLIC NOTICES

A public notice is information informing citizens of government activities that may affect the citizens' everyday lives.

Public notices have been printed in local newspapers, the trusted sources for community information, for more than 200 years.

All real estate advertising in the Woodbridge Town News is subject to the Federal Fair Housing Act, which makes it illegal to advertise any preference, limitation or discrimination based on race, color, religion, sex, handicap, familial status or national origin, or an intention to make any such preference, limitation or discrimination. Familial status includes children under the age of 18 living with parents or legal custodians, pregnant women and people securing custody of children under 18. The Woodbridge Town News will not knowingly accept any advertising for real estate which is in violation of the law.

PLACE YOUR CLASSIFIED AD

Classified ads are \$20 for up to 20 words.

Each additional word is 50 cents.

All ads must be prepaid. All ads are subject to approval.

Send a copy of your ad and check payment to:

Woodbridge Town News, P.O. Box 1126, Orange, CT 06477

WANTED

WANTED - Art, Clocks, Coins, Dolls, Estate Jewelry, Military, Silverware, Trains, Gold, Silver, etc. Call Joseph & Carol Ferry Antiques at 203-795-4644.

DONATIONS WANTED - Old Post Cards, new or used, a few or a large collection. Call the Orange Historical Society at 203-795-3106 with any questions.

SERVICES

ACADEMIC TUTORING - For middle and high school students in: math, algebra, english, geometry, time mgt. / study skills, writing & research papers, vocabulary, PSAT, ACT & SAT tests. Also: college applications and essays, ASVAB, GED, TEAS, GRE, and CPA exams, accounting, economics and finance courses, and securities licensing exams: Series 7,63, 66. Email: ddubinsky.nva@gmail.com, or call David at: 203-219-1698.

A.D. MASONRY - New construction or repair. Brick, block, stucco, stone, chimneys, walks, or patios. CT Registered - Insured. Phone 203-795-4527 or visit our website at: www.crofut.com/a.d.masonry/.

ENGLISH LANGUAGE SUPPORT - for students, scholars & professionals. Conversation, presentations, papers. Tutor, ECG Leader, Yale University, Office of International Students & Scholars. Contact: worldwithwings@yahoo.com

Sales Associate – Full/Part time

The UPS Store® of Woodbridge, a leading business, print and postal services provider, has an excellent opportunity for a customer service/sales associate in a fast-paced environment.

If you have proven ability to communicate with customers, you can have a rewarding career with an industry leader. Minimum one year retail experience, customer service oriented, well organized, and professional. Print and computer graphic skills a plus. Ability to lift 50 lbs.

Reach for success. Apply now at The UPS Store® of Woodbridge, 176 Amity Rd, Woodbridge, CT 06525 or submit your résumé to store6360@theupsstore.com An Equal Opportunity Employer.



King Crossword

Answers

Solution time: 25 mins.

P	E	N	S	C	O	W	S	W	A	B	
A	R	A	T	A	N	I	P	A	C	O	
W	A	T	E	R	B	E	D	A	T	N	O
S	T	O	V	E	E	M	C	E	E	S	
				E	X	P	O	O	E	R	
D	A	W	N	E	W	E	S	B	O	A	
O	V	A	W	E	L	T	S	O	P	S	
W	E	T	O	P	E	C	M	Y	T	H	
				E	V	E	T	H	A	I	
A	C	R	O	S	S	C	R	A	B	S	
L	O	S	T	W	A	T	E	R	L	O	
M	A	K	E	A	G	O	O	S	L	O	
S	T	I	R	Y	A	M	R	O	A	N	

Weekly SUDOKU

Answer

8	9	4	6	2	7	3	1	5
1	2	5	3	8	4	6	7	9
6	7	3	9	1	5	2	4	8
3	5	9	1	6	2	7	8	4
7	8	2	4	5	9	1	3	6
4	6	1	8	7	3	9	5	2
5	3	7	2	4	6	8	9	1
9	1	6	5	3	8	4	2	7
2	4	8	7	9	1	5	6	3

LOCAL SPORTS

INSURANCE TRENDS IN PHYSICAL THERAPY

As the healthcare system gets reformed politically, there are several trends that are occurring and will occur with receiving healthcare going forward. Many of these changes may alter how patients receive and ultimately pay for services in the future. The many stresses of our current economy also place more of the burden on patients, providers, and business owners across all disciplines. For the purposes of this article, I will be focusing on the growing trends that occur in outpatient physical therapy.

As of October 1, 2006, state legislature passed the direct access bill for physical therapy in Connecticut. This law permits patients to seek physical therapy without the need to obtain a prescription first. This allows patients to obtain physical therapy immediately without having to see a physician or orthopedist first. This law is not intended to defer patients from seeking medical attention for your orthopedic care, but rather allows one to receive immediate effective care first. Patients always have the option of seeing a physician before or during the physical therapy regime. Insurance carriers, including Medicare, fully support this change and direct access does not negatively affect reimbursement.

This change in state law applies for both exacerbations of older injuries as well as new orthopedic conditions. After the evaluation, if an immediate need is found, then a referral to a physician and/or specialist is often recommended.

Generally insurance plans, including Medicare, commercial carriers, and Workers' Compensation, allow for physical therapy visits. In most cases all or the majority of the fees are covered. Each insurance plan varies and it is important for patients to know the differences of the nuances in order to receive and pay for their care.

For physical therapy in an office setting, most plans require a co-pay or deductible to be paid at the time services are rendered. Over the last few years, both co-pays and patient responsible deductibles have risen to higher amounts. Copays are in lieu of reimbursement, not in addition to it. This places more financial responsibility by insurance companies onto the patient, while concomitantly it is growingly common for insurance companies to reduce the fee schedule paid to providers. And, as most small

business owners can attest, the operating expenses to render services to patients typically go up.

The majority of commercial plans allow a certain number of visits per calendar year, regardless of the condition being treated. Several companies

also require pre-authorization after the evaluation and need to approve the visits prior to being treated for the next session. It is important for patients and providers to know this and start that process promptly so that the patient does not experience a long wait time prior to receiving the care they need. Typically upon contacting our office, the office staff

will gladly call prior to a patient's first appointment to verify benefits and alert patients of any amount they may be responsible for.

Medicare changes have also made things confusing for elders. At the time of this article, Medicare has a dollar cap per annual year for therapy services. The number of visits is dictated by the procedures billed by the provider. Also Medicare pays for 80% of the allowed amounts, and patients often have a secondary insurance to cover the additional 20% remaining. There are exceptions to go over the cap, on a case by case level based on medical necessity rules, so it is important for the therapist and your physician to keep track and have open dialogue in order to coordinate appropriately and provide the best interests for the patients' needs.

All of these trends can present challenges and basically leads to the mantra: Providers and patients need to work together, to accomplish more in treatment, with less time/visits, and with more patient fiscal responsibility – all while staying organized to prevent unnecessary delays by insurance companies. In closing, this article only brushes upon the ever changing insurance reimbursement world, and I am sure there is more to come.

Michael Dow MSPT is founder and Clinic Director of Amity Physical Therapy with offices in Woodbridge, Hamden and Branford. He received his degree from Sacred Heart University, and has been recognized by the U.S. Dept. of Health and Human Services for his work with the National Multiple Sclerosis Society. He treats patients of all ages, pediatrics to geriatrics, as well as local high school and college athletes. He can be reached at 203-389-4593 or email: mike.amitypt@yahoo.com. Also visit www.amitypt.com.



Michael Dow, MSPT

INAUGURAL CHARLES F. BOYLE GOLF TOURNAMENT

The Milford Eagles Pop Warner Organization is sponsoring the first annual Charles F. Boyle Golf Tournament fundraising event on Tuesday June 30, 2015. Charlie Boyle was a member of the Milford Eagles Pop Warner Football program for seven years. He was a coach to hundreds of kids who participated, and a dear friend to those who helped run it. His son Jimmy was a running back and defensive end for seven years, including the 2011 team that made it to the finals at Disney World. His daughters Hailey and Kari have cheered for Pop Warner Cheer for six years and still participate in the Cheer Squad. Charlie left us much too soon and in tribute to his legacy, Milford Pop Warner has established a scholarship in his name. Each year one young man and one young woman will be selected to receive

the scholarship based on their participation in Milford Pop Warner, academic achievement and commitment to the community. Proceeds from this event will help fund the scholarship program and also contribute to an educational trust fund that has been established for his children.

Registration starts at 10:30 AM, on Tuesday, June 30th with refreshments available around the course during the day, lunch, and dinner at 7:00 PM. There will be raffles, awards and silent auctions as well. Visit www.charlieboyle.com for more information and to register.

The Milford Eagles Pop Warner Football and Cheer are 501(c)(3) non-profit organizations, and a subordinate member of the Pop Warner Little Scholars, Inc.

GENTLE YOGA MAY-JUNE 2015

Classes for varied fitness levels in a gentle style. Focus on balance, posture, and strengthening bones. Breathwork calms the nervous system and quiets the mind. Meditation deepens your inner power.

- Monday 10:30-11:45 a.m or 5:30-6:45

- May 18, (skip 25) June 1, 8, 15
 - Wednesday with meditation 5:30-6:45
 - May 20, 27, June 3, 10, 17
- Old Center School, Room 16, Meetinghouse La. Woodbridge
Mon. 4 classes \$32./ \$10 drop-in
Wed. 5 classes \$40/ \$10 drop-in

AMITY WRESTLING RENT-A-WRESTLER FUNDRAISER

Amity Wrestling is having its 3rd Annual Rent-A-Wrestler Fundraiser. Have our boys do your Spring Clean-up for you! \$10 per hour- all proceeds will

go to our Championship Team!

For more information, contact amitywrestling@gmail.com or (203) 974-9493.





COUNTRY CLUB POOL OPENS MEMORIAL DAY WEEKEND

The Country Club of Woodbridge pool opens for the season on Friday, May 22 from 4:30-7:30. On Saturday, Sunday and Monday of Memorial Day Weekend (May 23, 24, 25) the pool will be open from 10:30 a.m. – 8 p.m., making it a four-day Opening Weekend.

The heated pool will be a comfortable 86 degrees. The Swimmer's Grille will also be open so members can purchase food.

The "smiling pool director" Anthony Taddei is excited about this season and created the four day opening weekend "to give members a little something extra."

Following opening weekend, the pool will only be open on weekends until it opens full-time for the entire summer on Monday, June 22.

The Club's hard tru tennis courts and the surrounding area are being cleaned from our "character building winter," says Taddei and will be open for play on Saturday, June 6. An extensive Tennis program is being offered this season with children and adult clinics –private and group lessons will also be offered.

Also this summer the sports camp for children ages 6-14 is back and will offer golf, tennis and swimming lessons. The 5-week camp will run from June 29 through July 31, Mondays through Thursdays from 1-4 p.m. Fridays will be used as rain days. Camp costs \$200 for residents and \$225 for non-residents.

To join the pool or sign up your child for camp visit the Golf Pro Shop at the Club or call 203-387-2278 x 105 to speak with Anthony Taddei.

BARK BYTES...

By Vicki & Richard
Horowitz



POOL SAFETY FOR DOGS

With the warm weather here and many people opening their pools for Memorial Day and the season, keeping your dog cool during the summer months is extremely important. It can prevent heat stroke, dehydration or even death. Dogs not only need to drink plenty of water to keep cool, many of them like to swim in it as well. While it is a great form of exercise and will help to keep Fido from overheating, many dogs drown each year from pool accidents that could have been avoided.

If your dog loves the water and loves to jump into the pool, make sure he knows how to get out safely. If a dog falls into a river or lake, its instinct will tell it to turn around and try to get out from the point at which it fell in. This may work well in a lake or a river, but in a suburban swimming pool the dog may drown if it adopts this instinctive action. Therefore it is important to teach your dog where and how to get out of the pool regardless of where he went in.

To teach a dog how to exit a pool, first attach a recall leash to its collar. Gently place the dog into the pool from the steps. The dog will instinctively turn around and get out from the point of entry – the steps. Place the dog in the pool from the steps several times. Once it realizes that it can scramble out via the steps, move to the other sides of the pool and again gently place the dog into the pool. Use the recall leash to guide the dog to the step area, giving as little help as possible to the dog.

Once the dog has oriented himself to the steps in relation to the house and understands how to use the steps to exit the pool, the danger of it drowning in the pool will be reduced. Practice as much as possible with your dog, especially with pups, but make certain your dog does not become exhausted.

The most you will be able to achieve at any one time is three or four entries and exits.

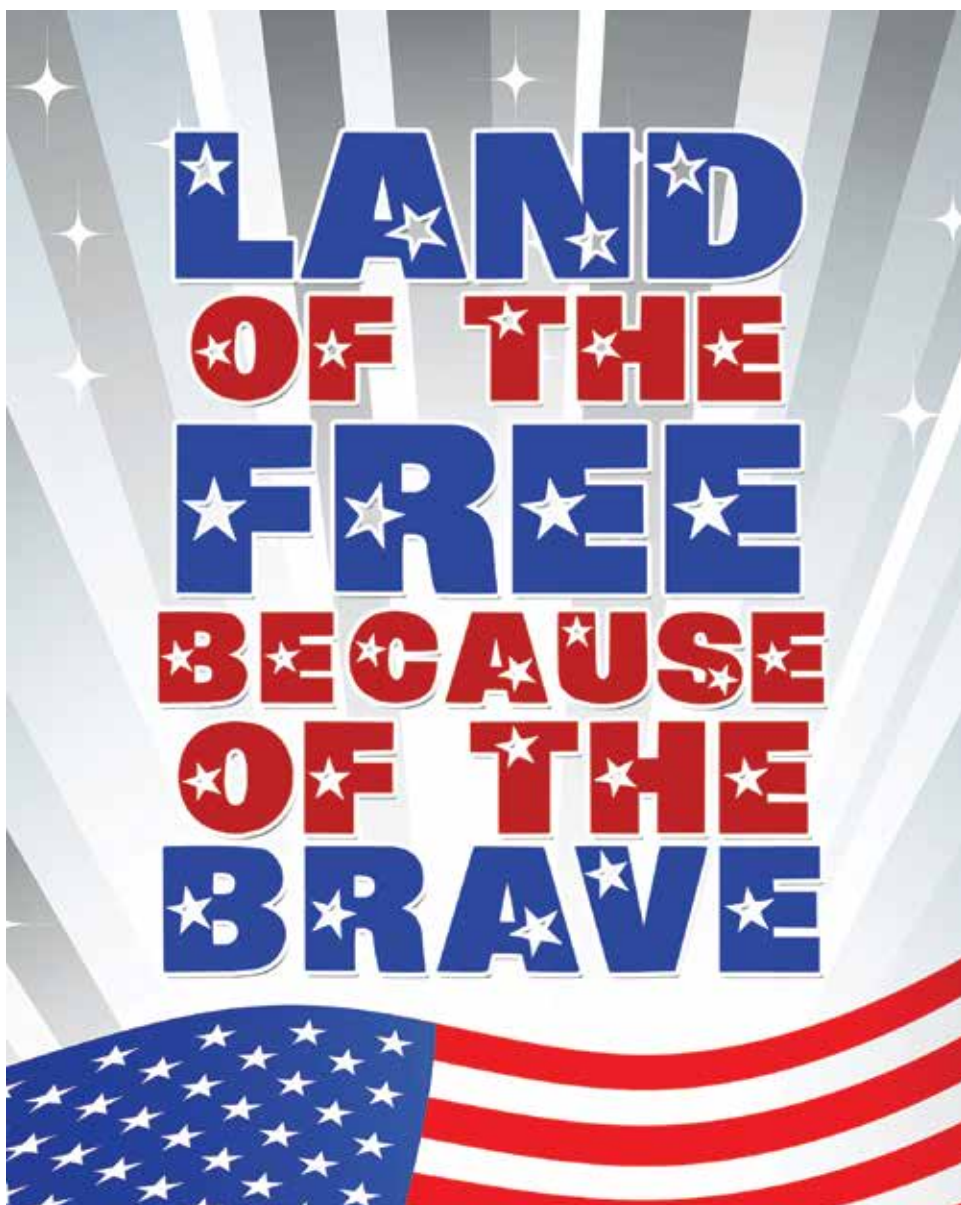
With regards to exhaustion, it is also important for you to keep an eye on your dog while in the pool because swimming can be very tiring for a dog. Just like many dogs will chase a ball or Frisbee again and again until they nearly collapse, many dogs will continue swimming without any thought as to how tired they are. And unlike chasing a ball on land, they have no solid ground on which to rest.

If a dog has year-round access to the pool area, you should conduct pool safety in all weather, hot and cold. Try to keep the pool's water level as full as possible as the dog has a much greater chance of being able to get out the closer the water level is to dry land.

If you don't have access to a pool that allows dogs but still want to take him swimming, nature offers other enjoyable options. However, be aware of the surrounding area if you take your dog to the beach, lake or pond. Watch for trouble and make sure your dog will come to you as soon as you call. Recall is one of the most important lessons you can teach your dog. It can literally save his life.

With a little planning and forethought, you can help your dog swim without incident in most any environment during the hot summer months. We love our pets and want them to be with us for as long as possible, and the above tips will go a long way to ensure their safety.

Vicki and Richard Horowitz, of Woodbridge, are dog behavioral therapists and trainers with Bark Busters, the world's largest dog training company. For more information, call 1-877-500-BARK (2275) or visit www.dog-training-new-haven-ct.com.



Salome's Stars

ARIES (March 21 to April 19) You might not like some people's idea of a surprise. But you could be in for a pleasant shock when someone finally sends a reply to a request you made so long ago that you almost forgot about it.

TAURUS (April 20 to May 20) It's a time to expect the unexpected. So don't be surprised if a decision that just recently seemed final suddenly opens up and leaves you with another chance to make an important choice.

GEMINI (May 21 to June 20) Taking a different tack on a work project might rankle some colleagues. But the positive results of your innovative course soon speak for themselves. Celebrate with a fun-filled weekend.

CANCER (June 21 to July 22) Meeting new associates can be awkward, even if you're in a high positive phase right now. Best advice: Make them feel comfortable, and you'll soon forget your own discomfort.

LEO (July 23 to August 22) It's a good time for you social Lions to blow-dry your manes, polish your claws and look like the Fabulous Felines you are as you make new friends and influence the influential.

VIRGO (August 23 to September 22) Expectations run especially high this week, and you should feel confident in your abilities to take advantage

of what might be offered. A colleague has some advice you might find helpful.

LIBRA (September 23 to October 22) A recent flurry of activity leaves you in need of a little breathing space, and you'd be wise to take it. Close family members should have an explanation about an emergency situation that just passed.

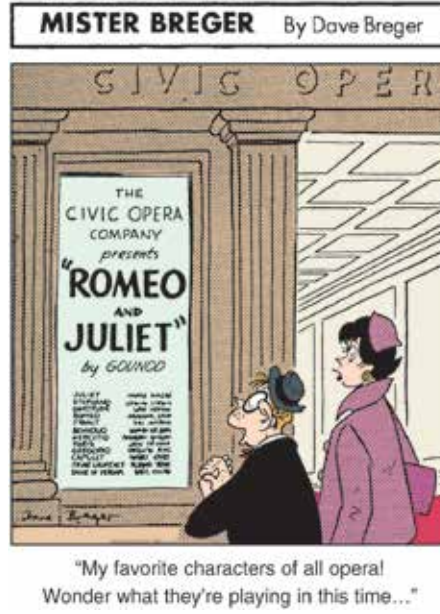
SCORPIO (October 23 to November 21) An insensitive act makes a difficult situation more so. But try not to waste either your physical or emotional energies in anger. Move on and let others fill the clod in on the facts of life.

SAGITTARIUS (November 22 to December 21) It's a good time to look into that training program or college course you've been considering. You might have a good place to use those sharpened skills sooner rather than later.

CAPRICORN (December 22 to January 19) Education dominates much of your aspect during this week. You might want to start checking out those summer session courses that could help advance your career plans.

AQUARIUS (January 20 to February 18) Progress often comes in fits and starts. But at least you're moving straight ahead with no backsliding. You should soon be able to pick up the pace and reach your goals in due time.

PISCES (February 19 to March 20) Be wary of a deal that gives confusing answers to your questions. Remember: It's always risky swimming in unknown waters, so you need all the help you can get to stay on course.



top ten

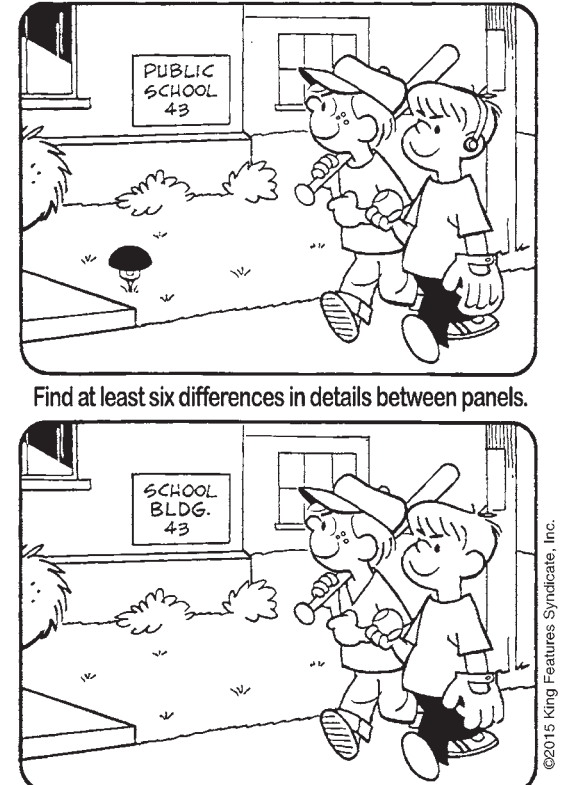
AMERICA'S ALL-TIME FAVORITE MOVIES

1. *Gone with the Wind*
2. *Star Wars*
3. *Titanic*
4. *The Godfather*
5. *Lord of the Rings*
6. *The Sound of Music*
7. *Dirty Dancing*
8. *Wizard of Oz*
9. *It's a Wonderful Life*
10. *E.T.*

Source: Harris Poll

HOCUS-FOCUS

BY HENRY BOLTIKOFF



Find at least six differences in details between panels.

Differences: 1. Window is different. 2. Sign is higher. 3. Headset is missing. 4. Neckline is different. 5. Lawn light is missing. 6. Glove is different. 7. Lawn light is different.

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FAT CAT

DEAR PAW'S CORNER:
My cat "Sandy" has had a weight problem for a few years now. His veterinarian recommended giving him less food and more exercise, but it hasn't helped. What else can I do? -- Craig in Grand Rapids, Michigan



by Sam Mazzotta

DEAR CRAIG:
First, take Sandy in for a complete health evaluation at the vet -- if one hasn't been done lately -- just to rule out any underlying issues. Then, if his health is fine, start re-evaluating his regime.

Like humans, pets can fall into routines where they get far less exercise and eat much more than an owner may estimate. Many pets also are masters at sneaking food when we're not looking. So, here are some tips to help jump-start Sandy's weight loss:

- * Follow the vet's recommended feeding amounts exactly. Use a measuring cup.
- * If you don't get a recommended amount, follow this guideline for indoor cats: about 20 calories per pound of weight. So, a 10-pound cat needs about 200 calories per day to maintain that weight, while a 15-pound cat needs about 300 calories per day. Lower those calorie amounts slightly -- about 40 fewer calories per day -- for weight loss.
- * Double your pet's activity time. Do you swing a toy in front of your cat for 5-10 minutes each evening while your TV shows are on? Make it 20 minutes.
- * Reset the routine for both of you. Carve out play or exercise time in the morning and evening.
- * Provide your cat plenty of distractions from the food bowl: catnip-laced toys, scratching posts, etc.

Send your questions or comments to ask@pawscorner.com.

The Garden Bug

Make healthier soil

BY BRENDA WEAVER

Protecting soil structure, feeding with nutrients from natural and local sources, and increasing the diversity and numbers of microbes and other organisms living in your soil can be helped by:

1. Adding manures for nitrogen.
2. Composting.
3. Using chickens to mix organic materials into the soil.
4. "Mining" soil nutrients with deep-rooted plants.
5. Planting cover crops.
6. Covering the soil with mulch.
7. Using permanent beds and pathways.
8. Using broad forks instead of power tillers.

Source: www.motherearthnews.com/organic-gardening/how-to-make-garden-soil

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Sunday 11:00am-4:00pm

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