

Woodbridge Town News



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PHOTO: MONA BAGATELLE SHENKER

FRESH MIX OF SOUNDS FOR JULY SUMMER CONCERTS

By Bettina Thiel – Woodbridge Town News Correspondent

It's in July that life finally seems to slow down a little bit for most of us, and families love to turn out for the annual summer concerts on the green on Tuesday nights. Armed with blankets and beach chairs, some come with coolers and drinks, others get a hot dog from the Fire Dog truck or ice cream treats.

The Woodbridge Recreation Department, which organizes the events, has a fresh mix of sounds lined up for this year. Concerts are from 6 to 8 p.m.

July 2

Annie and the Mixers will open the series with their up-to-date mix of country music and rock n roll. The group was here last year and is back by popular demand.

July 9

The Shaded Soul Band — This is the first time this high-energy act will be playing at the Woodbridge summer concerts. Musical styles range from big band music to the top 40 of today. Shaded Soul has been the opening band for The Four Tops, Howie Mandel, Three Dog Night, Mario, Alicia Bridges and Sister Sledge.

July 16

Sounds of Frank — What would a summer be without the summer-winds nostalgia invoked by Frank Sinatra songs. John Cooper will bring them to us with his back-up band called the Hoboken Five. This is their first gig in Woodbridge.

See "Summer Concerts" continued on Page 2



OPENING MARKS HIGH POINT OF SOUTH SCHOOL RESTORATION

By Bettina Thiel – Woodbridge Town News Correspondent

Seventeen years after members of the Amity and Woodbridge Historical Society first adopted a dilapidated, abandoned building on Johnson Road, they recently introduced a quaint, whitewashed piece of local history to the town – the one-room schoolhouse called "Old South District Schoolhouse". "Today we make history," said Historical Society President Don Menzies at the grand opening Sunday, June 2. "For the first time in 85 years the bell rings above the old South School, calling all

See "South School" continued on Page 3



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"Summer Concerts" continued from Page 1

July 23

Remember Remember September? The popular young band is returning with its original rock with a jazzy edge. The group played with Johnny Winter at Toad's Place several times. They also perform for soldiers at Walter Reed National Military Medical Hospital in Washington, DC.

July 30

Lucky for us, July this year has five Tuesdays and Rocky Salperio, publisher of the Woodbridge Town News, is co-sponsoring a fifth summer concert for the town, bringing the **British Invasion Tribute Band** back to the Amity area.

Last year, the group had its first outdoor gig in Connecticut at the Orange summer concerts. They will have a return engagement in Orange for the Fourth of July celebration this year and now Woodbridge folks will have a chance to enjoy this group of Fab Four from New Jersey. The Band will performing three full sets of music from the 1960's:

1. "The British Invasion" (1964-1967) - with hits from such great groups as the Rolling Stones, Kinks, Zombies, Animals, Herman's Hermits and more.
2. The second set is "The American Response to the British Invasion" featuring songs from the Monkeys, the Beach Boys, the Doors, Simon & Garfunkel and the Mama's & the Papa's.
3. The evening finishes off with a Special Tribute to the Beatles as the band plays the complete side #2 from their fan favorite album "Abbey Road".

As in past years, the Fire Dog truck will be present selling hot dogs, hamburgers and more. FourFlowers, the local bakery, will have a truckload of cookies and treats for sale. Local non-profits have the option to rent tables along the periphery of the green.

In the event of rain, the concerts will take place in the Center gym, with the exception of the British Invasion, which will be moved to the Brady Center for the Performing Arts at Amity High School.

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“South School” continued from Page 1

its children of all ages to come, stand at the door and be welcome.” And they came. The grand opening drew a large crowd, by some estimates more than 200, with people leaning against the fence or seated in the shade of large trees bordering the property. It was a celebration, indeed. Menzies touched briefly on the history of the building, built in 1877 which, for some 50 years, had served as one of the town’s one-room schoolhouses until Center School was opened in the 1920s on Meetinghouse Lane.

The town then sold the building to the Volunteer Fire Department. Ten years later the firemen built a firehouse in the center of town — now called the old firehouse — and moved out of the building. In 1940 the town gave the property to the American Legion. In 1968 the Knights of Columbus started using it as its hall.

It wasn’t until the 1990s, that the late Nancy Scully, long-time chairman of the Commission on the Use of Publicly Owned Properties (CUPOP) realized she had found a kindred spirit when she approached Menzies with the idea of restoring the place. “I was completely naïve and had no idea what I was getting myself into,” Menzies said at the grand opening.

A committee was formed consisting of Susannah Scully, Jim Urbano, Chris Dickerson, Duncan Milne, Richard Ridinger, Walden Dillaway and Richard Jeynes. The restoration, though sanctioned by the town, had to be funded by donations. State grants and several foundations helped, as did donations. Many volunteers gave of their time, talent and treasure to restore the building to its original look.

The ribbon cutting was done with the help of State Sen. Joseph Crisco on the “Boys” entrance and First Selectman-elect Ellen Scalettar along with Ellie Sheehy, wife of the late first selectman Ed Sheehy, on the “Girls” entrance. Once the ribbon was cut, people lined up to enter the building and watch a historical reenactment with Dana Menzies as head teacher and Beecher Road School students Emily Sax, Logan Keys, Isabella Santa Maria and Kaitlyn Pryor. The students had to stand when they were addressed by the teacher, who not only corrected their reading, but also inspected their fingernails for appropriate appearance.

“We hope that you feel even a fleeting faint whisper of the history that has happened within these walls over the course of the last 136 years,” Menzies said in his speech. “The chalkboard lessons, the fire truck sirens, the dinners and dances. Good people living good lives. So may it continue!”

The South School property will be used as a living museum for Beecher Road students, but is also available for groups such as the garden club or the Scouts or a yoga class, Menzies said. He even had an inquiry from a music group.

See more South School pictures on Pages 18 & 19 and Article on Page 9

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WOODBIDGE RESIDENT NAMED FOUNDING DIRECTOR OF QUINNIPIAC PROGRAM

Deborah Rejent, of Woodbridge, has been named associate professor and founding director of the master of social work program in the College of Arts and Sciences at Quinnipiac University. Rejent came to Quinnipiac from the University of Maryland School Of Social Work, where she was the associate dean for the master's program and academic affairs as well as a clinical associate professor. Rejent oversaw a program of 950 graduate students and a large faculty. She had recently participated in a curriculum revision of the MSW program. "When I saw the advertisement for Quinnipiac, it excited me," Rejent said. "It was a smaller program forming from the ground up - and I felt that I had the skill set and energy to start the program."



Deborah Rejent

She said she shares Quinnipiac's commitment to inter-professional education. "I was absolutely thrilled to find that the ideas I had were absolutely in sync with those at Quinnipiac," Rejent said. "I am very excited to see how this all plays out."

The 60-credit program will prepare social workers to function as members of an inter-professional health care team while meeting the academic requirements for licensure as a clinical social worker. Students will be offered a curriculum consisting of coursework and two field placement experiences for a total of 1,000 hours.

Rejent holds a doctorate and a master's degree in social work from Columbia University and a master of arts and a bachelor of arts in anthropology from the University of California at Los Angeles.

Quinnipiac is a private, coeducational, nonsectarian institution located 90 minutes north of New York City and two hours from Boston. The university enrolls 6,200 full-time undergraduate and 2,300 graduate students in 58 undergraduate and more than 20 graduate programs of study. Quinnipiac consistently ranks among the top regional universities in the North in U.S. News & World Report's America's Best Colleges issue. Quinnipiac also is recognized in Princeton Review's "The Best 377 Colleges". For more information, please visit www.quinnipiac.edu.

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*Orange Historical Society President Ginny Reinhard
& Orange Resident Susan Chernock*

DONATION BOX YIELDS SERENDIPITOUS FIND

By Bettina Thiel – Woodbridge Town News Correspondent

Serendipity, that's what Orange resident Susan Chernock called the circumstances that brought a watercolor print of forget-me-nots to be displayed in the town's historic Academy building. It is now joined by some 20 similar botanical prints.

The display drew a bit of attention lately because the prints could be traced back to one of the town's early matrons — Emily Prudden. On Sunday, June 2, Orange Historical Society President Ginny Reinhard introduced the newly framed collection to the public. At the same time she thanked the person who had donated the prints, Susan Chernock.

Prudden, 1832-1917, knew her share of challenges early in her life, even by the standards of her time. She had lost her hearing by the time she was 17 years old; then her sister died and Emily brought up her children in Orange.

At the age of 50, Prudden packed up her bundle, took the money that her father's trust fund provided for her and headed south to North Carolina. She ended up opening a string of schools, many of them for black girls. She would run the schools for a few years before she deeded them to the American Missionary Association, said Ginny Reinhard, who highlighted Prudden's biography in a recent issue of the Orange Town News.

Prudden's hobby was watercolor painting, and little did she know that some 150 years later these charming botanicals would help reconnect her to her hometown. It was Reinhard who recognized the signature botanical print after she found it in a box filled with donations from Chernock's mother's estate. They sent a picture to Pfeiffer University, one of the schools Prudden had founded. The university confirmed that the print was part of a Prudden sketchbook the university holds, and to Chernock's surprise, an exciting local connection was made.

Chernock said she had no idea how the print had made its way into her parents' collection. Arlene and John Burk lived in Milford and owned the Towne Shop, buying and selling antiques. Chernock suspected that her parents found the prints at the Whitlock Book Barn in Bethany, where they liked to browse. Once the Prudden connection was made, Chernock remembered that there were other, similar botanical prints in her family's possession. In all, she donated 20 prints to the Orange Historical Society.

The Academy Building is open Saturdays from 10 a.m. to 3 p.m. The Historical Society also sells reprints of some of Prudden's work.

JFS FOOD PANTRY RIBBON CUTTING CEREMONY

Jewish Family Service of New Haven is proud to announce and unveil its new and spacious Food Pantry location, now located directly below the JFS main office on 1440 Whalley Avenue, New Haven.

The JFS Food Pantry provides emergency, supplemental, and holiday food to more than 300 food insecure families per month, distributing over 100,000 lbs. of non-perishable and fresh foods per year. The pantry helps local residents (Orange, Woodbridge, New Haven, Hamden and many other towns within New Haven county) who are hunger insecure, unemployed and cannot afford or do not have the means to provide for their families.



Solar panels on the roof of the Amity Teen Center

THE AMITY TEEN CENTER IS NOW SOLAR-POWERED

The Amity Teen Center, located in Woodbridge, is proud to announce that we are now able to utilize energy from the sun. Fifty-two solar panels have been installed so far on our roof by Ross Solar Group. The total cost for the solar component of our Energy Conservation Project is expected to be \$60,000.00. The project is being funded primarily by a grant from the Connecticut Energy Finance and Investment Authority and donations through the Neighborhood Assistance Act Programs by ConnecticutCare and UIL Holdings. There have also been donations from the general public.

The sun powers all solar technologies, both photovoltaic and thermal. The sun provides a tremendous amount of energy, enough to satisfy all the earth's needs in a fraction of a day. Solar energy is captured by the photovoltaic modules, more commonly known as solar panels. Each solar panel is a packaged interconnected assembly of PV cells (solar cells). This captured solar energy is fed into an inverter, a device that converts direct current (DC) to alternating current (AC) and distributes it into your home or business. If the solar energy captured exceeds the amount of energy needed, the difference will be sold back to the grid. The fundamental principles of electricity generation were discovered during the 1820s and early 1830s by the British scientist, Michael Faraday. His basic method is still used today: electricity is generated by the movement of a loop of wire or disc of copper between the poles of a magnet.

We are all so excited that our solar project has been activated!

AMITY CLASS OF '78 REUNION

The Amity Class of '78 is having a reunion October 12 at Bar in New Haven at 7pm. On Sunday October 13th there will be a brunch at the Waverly in Cheshire at 10am. Please contact Carol Pite Doheny at 203-271-3762 for registration info.

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(Subject to Change, Check with Town Clerk's Office, 203-389-3422)



Town Hall

6/17	Fire Commission 6:00pm	Fire Station
	Woodbridge Board of Education 7:30pm	Beecher School N
6/19	Inland/Wetland Agency..... 7:30pm	Town Hall
6/20	Conservation Commission..... 7:00pm	Town Hall
6/24	Country Club of Wdbg Comm..... 6:00am	CC of Wdbg
	Recreation Commission..... 7:30pm	Beecher School S
6/25	Government Access TV Comm 7:15pm	Town Hall
6/26	Board of Selectmen..... 6:00pm	Town Hall
7/1	Town Planning & Zoning Comm 7:30pm	Town Hall
7/3	Police Commission..... 6:00pm	Police Station
7/8	Library Commission 6:00pm	Library
	Zoning Board of Appeals..... 7:30pm	Town Hall
7/10	Board of Selectmen..... 6:00pm	Town Hall
7/15	Fire Commission 6:00pm	Fire Station
	Woodbridge Board of Education 7:30pm	Beecher School N
7/17	Inland/Wetlands Agency..... 7:30pm	Town Hall
7/18	Conservation Commission..... 7:00pm	Town Hall
7/22	Country Club of Woobridge Comm ... 6:00am	CC of Wdbg
7/24	Board of Selectmen..... 6:00pm	Town Hall

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WOODBIDGE EDUCATION ROUNDUP



Pictured from left to right, are Harrison Maxwell's parents, Bob Ritchie and Marjorie Wakeman, Harrison Maxwell Ritchie, Amity High School Counselor, Jill LaPlante, and Rotarians Dr. Guy Stella and Phillip (Buddy) DeGennaro.

ROTARY ANNOUNCES STUDENTS OF THE MONTH FOR MAY, JUNE

Harrison Maxwell Ritchie

The Woodbridge Rotary Club recently honored Amity High School senior, Harrison Maxwell Ritchie as Student of the Month in June. Harrison Maxwell was honored for his academic excellence. He is a conscientious student with intrinsic motivation and determination to succeed in all he does. He is a compassionate young man who is committed to helping others in need.

As a member of both the National Honor Society and Chinese Honor Society, he has spent countless hours volunteering his time. In addition, Harrison Maxwell volunteers in the counseling office, doing clerical work, answering phones, and greeting people. Outside of school, Harrison Maxwell has dedicated his time to various other places including a nursing home, baseball league, and summer camps. He will be attending Brown University in the fall.

Harrison Maxwell was presented a certificate of recognition by Rotarian Dr. Guy Stella.



Pictured from left to right are Bryan's parents, Mr. & Mrs. Kirby, Student of the Month, Bryan Kirby, Amity High School Guidance Counselor, Rob Schumann and Rotarian Dr. David Joel.

Bryan Kirby

The Woodbridge Rotary Club recently honored Amity High School Student Bryan Kirby as Student of the Month in May. "A student at the top of his class, Bryan is a conscientious and diligent student who takes his studies seriously", stated his Guidance counselor, Robert Schumann. While Bryan excels in all academics, he particularly enjoys science and is currently researching colleges and universities with strong programs in the field.

Bryan is involved in many activities both at Amity and in the community. Among his many commitments, he is an active member of Link Crew, a freshman orientation program, is a member of the yearbook staff, is a representative on his class council, and worked as a stage manager for the most recent theatre production. Bryan has demonstrated superior leadership and academic skills which will serve him well in the future.

Bryan was presented with a certificate of recognition signed by Woodbridge Rotary President Anna Dickerson.

OUTSTANDING JUNIORS PRESENTED WITH UNIVERSITY AWARDS

Each year it is a tradition in many high schools that the Alumni Associations of area colleges present outstanding juniors who excel in scholarship, leadership, and personal accomplishments with University Awards. This year at Honors Convocation, Sacred Heart Academy recognized the following outstanding juniors with College and University Awards based on the criteria of each college/university:

The University of Rochester Eastman Young Leader Award was presented to Demery Ormrod, daughter of Mrs. Lori Zuppari and Mr. James Ormrod of Orange. This award is presented to a junior who exhibits strong leadership at school and in her community with the potential to continue these leadership qualities throughout her life.

The Rensselaer Medal given by Rensselaer Polytechnic Institute was presented to Lucy Andersen, daughter of Mr. and Mrs. Harold Andersen, Jr. of Woodbridge. Awarded by the science department, this medal is presented to a junior who has exemplary academic achievement and is motivated toward a career in science, engineering, and/or technology.

Sacred Heart Academy, a Catholic independent preparatory school founded in 1946 by the Apostles of the Sacred Heart of Jesus, successfully prepares young women in grades 9 through 12 for learning, service and achievement in a global society. There are currently 500 students enrolled hailing from New Haven, Fairfield, Hartford, Middlesex and New London counties.



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Woodbridge Town News
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Michael J. Paolini, CPA

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All articles, photographs and letters must include your name, address and daytime telephone number for confirmation. The Woodbridge Town News reserves the right to reject any advertisement, article, photograph or letter. Letters to the editor must be unique to the Woodbridge Town News.

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If you would like to have additional copies of the Woodbridge Town News available at your organization or business, please call 203-553-9062.



Below are the next three Woodbridge Town News issue dates and deadlines. Thank you for your submissions to Your Home Town Newspaper.

Upcoming Issue Deadline

Upcoming Issue Dates

June 25th: Independence Day Issue - July 2nd
July 19th: July 26th
August 23rd: August 30th

Note: Copy due by 4:00p.m. Thank you.

FROM OUR READERS

Invasive Species in Woodbridge Eating Away Decency

It's springtime in Woodbridge, kids are coming home from college and the school year at Beecher and Amity will be coming to a close soon. Spring sports will roll into summer sports and we'll see our neighbors on the town green in July for summer concerts. We have a wonderful community filled with people who volunteer and contribute on many levels. There's goodness in this town, decency, a sense of partnership and community. But something is trying to eat away at that decency.

There's a new invasive species in town and the community needs to take notice. It often appears anonymous, whispering in the background, trying to go undetected. It takes root and no matter what you do -- expose its misinformation, debunk its tall tales, do basic math and correct its numbers -- it continues to try and eat away at the decency of Woodbridge. It makes its way into community organizations and poisons their spirit. It's aggressive, uncooperative, and wraps its roots around good things trying to push out others so it can have its way.

Luckily there's a simple solution to this scourge; don't let it in, don't give it sunlight, and don't believe it. What's better; when it shows up, turn away and ignore it. The way to rid this town of this invasive species is to continue doing good work, to move forward, to be positive, volunteer, get involved, be a partner in this town to offer ideas and solutions -- not just nay saying over and over and over.

We live in a wonderful town. Let's work together to keep it that way.

Michael S. Helfenbein



WTN Letters Policy

Submit your letters for our "From Our Readers" section to: Woodbridge Town News, P.O. Box 1126, Orange, CT 06477 or email: letters@woodbridgetownnews.com.

Please limit letters to 500 words and include a daytime phone number in case we have any questions. Letters must be exclusive to the Woodbridge Town News for publication. We reserve the right to reject any letter.



FIRST SIGN OF SPRING

FIRST SIGN OF SUMMER



THE SWALLOWS RETURN TO CAPISTRANO.



THE BURGERS ARE SWALLOWED IN MY NEIGHBORHOOD.

HISTORY CORNER

By Muffy German



Historical Society President, Don Menzies, welcomes guests.



Sen. Joe Crisco cutting the ribbon at the "Boys' Entrance".



Photo displays & refreshments on the site of the old fire engine bay.

A Tale of Two Schoolhouses

Neither intense heat nor the threat of thunderstorms dampened the enthusiasm of a crowd of over 150 well-wishers at the dedication of the newly renovated South School on Johnson Road on Sunday June 2. Amity & Woodbridge Historical Society President Don Menzies welcomed guests with a quick review of the history of the c. 1877 one-room school. He recognized past and present members of the South School Restoration Committee: "Nancy" Scully, Jim Urbano, Duncan Milne, Chris Dickerson, Rich Ridinger, Rich Jeynes and Walden Dillaway. Also thanked were Senator Joe Crisco for securing the state grant that funded the initial work and the countless individuals who donated funds, time and talents and historic items. The official ribbon was cut by Joe Crisco at the boys' entrance, while Ellie Sheehy and Ellen Scalettar shared ribbon duty at the girls' doorway.

Then, the recently reinstated, original bell was rung, and attendees flocked into the building to view the desks, antique stove, 38-star flag and photo montages of the school and pupils pre-1929. Inside, Dana Menzies in the role of "Miss Peck" proceeded to teach a reading lesson to a small class of pupils in 19th c. garb (and

good manners). Outside, children took turns walking on stilts, chasing a wooden hoop and tossing rings back and forth. Lemonade, iced tea and cookies were enjoyed by all.

Hopefully, this type of scene will become an annual event. Among Don Menzies' remarks was this wish: "May [South School] serve our youth as an educational resource and a source of enrichment to the already wonderful job being performed day after day by the great teachers at Beecher Road School. The Historical Society this day commits to providing them with training they need to utilize the building to enhance the classroom situation. Come have a spelling bee, come re-enact a day-in-the-life-of-a one-room school student. Have your picture taken on the front porch like your counterparts of 130 years ago. Come and see that history, and learning history, is fun."

As the South School project draws to a close, the curtain is about to rise on the "second act" of another of Woodbridge's one-room schools. The Southeast or Lucy Street School was built in the early 20th c. to accommodate the growing population along lower Litchfield

Turnpike and Amity Road. It stood on the site of the present senior housing complex. Former teacher Miss Buckholtz wrote that it "opened on September 18, 1911 with twenty-seven pupils". Quickly outgrown, it was joined in 1915 by the brick William H. Warner School. Later, the "little school" was used for kindergarten. Lifelong resident, Simon Donato remembered it as the "summer school" where local children gathered to color, knit, or take a break from playing baseball outside.

In the late 1970s the property was sold and the little building was threatened with demolition. Instead, Simon's father, Joseph Donato, a builder, and "about six volunteer carpenters took the building apart, numbered the pieces" and entrusted it to the Historical Society. Since then, it has remained in storage at the Darling House. Recently, a committee has formed to look into a new location and modern uses for the historic building. Ideas range from a meeting place for local business owners to a town archive site. The committee will soon be looking for photos and memories from families whose members attended the school. Do you have some of this history ready to share?



A lesson with "Miss Peck".



One of Miss Peck's pupils.



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FROM YOUR STATE SENATOR

By Joseph Crisco



Crisco Wins Vote to Scrutinize Long Term Care Rates

State Senator Joseph J. Crisco, Jr. (D-Woodbridge), co-chair of the legislature's Insurance and Real Estate Committee, May 22 won a unanimous Senate vote for a bill to add an additional level of scrutiny for long-term care insurance rate increase requests. Language of the bill specifies that rate increase requests of ten percent or more be subject to public comment on the proposal.

Senator Crisco said the requirement for a public symposium applies to individual and group insurance policies, whether they are provided by insurance companies, Health Maintenance Organizations (HMOs) or any other insurance provider. "The two most important aspects of this initiative are improved transparency in the insurance rate increase approval process, and consumer protection in terms of a public forum in which those directly impacted by the prospective rate increase can describe what it would mean to them," Senator Crisco said. "This legislation builds upon the law enacted two years ago to shine the light of day onto the state's insurance rate approval process."

Senator Crisco said the bill, should it become law, would require the commissioner of the state Insurance Department to schedule a symposium within 60 days of the original request for higher rates, and do so within five days of that request. "I was struck by testimony provided by the American Association of Retired Persons to suggest that states allowing public input during the rate approval process are more successful in containing those rate increases," Senator Crisco said. "This bill is not intended to deny insurers their reasonable rate increase requests, but simply to allow both sides of the matter to be heard and considered by regulators in the commissioner's office at the Insurance Department."

After the unanimous Senate vote, SB808 now advances to the House of Representatives for its consideration.



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AMITY TEEN CENTER DEDICATES CAFÉ TO LATE FIRST SELECTMAN

On Sunday, June 30th, the Amity Teen Center will be honoring the late First Selectman Edward Maum Sheehy. Our Board of Directors has voted unanimously to name the Teen Center's Café area "Ed's Café". Ed Sheehy was always a supporter of the Teen Center and always believed that we were an integral part of the town. On our 25th Anniversary celebration last October he made a wonderful speech and presented us with a plaque that we will be hanging in our café.

Please join Ed's family and all of us at the ribbon cutting ceremony on Sunday, June 30 at 3:00 pm at 10 Selden Street in Woodbridge. Light refreshments will be served. For more information, please call Linda Cohen at 203 980-3409.

FROM THE WOODBRIDGE POLICE DEPARTMENT

By Sergeant Frank Cappiello



Home Improvement Scams

Following two recent incidents in which town residents were approached by different "con-artists", coupled with the approach of warmer weather, Woodbridge Police are warning residents to beware of potential home improvement scams.

The first incident was an attempted diversion type burglary in which an elderly female was approached by a male who came to her door, claimed to be doing tree pruning work at a neighboring house, and requested the homeowner come with him into the backyard to show him the property lines. The subject wanted to know if anyone else was at home, and when asked why replied that he had to be sure to notify all of the members of the household. When the elderly resident became suspicious and refused to go into the backyard, the suspect left. A check with all neighbors in the area revealed that none had tree work scheduled. The suspect in this case was described as being a male, possibly Hispanic, in his early twenties, carrying a cell phone and a clipboard, and driving a smaller, dark colored, pickup truck. Several days after this Woodbridge incident an identical incident occurred in a neighboring community in which the residents did go out into the yard with the suspect, and upon returning inside found that during the short time that their attention was being diverted, the suspect's accomplice had gone into the home, rifled through items, and removed currency from a purse.

The second incident was a home improvement type scam where another elderly resident was approached by three white males, operating a gray colored truck, who offered to repair cracks in his driveway for \$4,000. After some negotiation the homeowner agreed to pay the subjects \$1,400, however they demanded to be paid in cash, rather than a check. The subjects then followed the resident to the bank where he made a withdrawal and then paid them in full, but the subjects never returned to the house to do the work.

Residents should be wary of unsolicited offers for home repairs. When deciding on a contractor homeowners should be sure to get a written contract, verify they are licensed and insured, check references, and try to avoid making any payments before the work begins. Final payment should never be made until the resident is satisfied with the completed job.

Residents should also be alert to con-artists posing as tree cutters and utility workers. Remember that most utility workers will not send a worker to your home unannounced, and the company representative most likely will be in uniform, should be able to produce proper identification when requested, and usually will be operating a vehicle bearing company markings.

More importantly, residents are urged not to hesitate, and to contact the police department immediately to report any suspicious person or activity.



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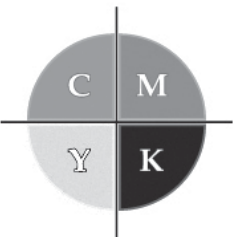
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UPCOMING EVENTS AT MASSARO COMMUNITY FARM

Massaro Community Farm is located at 41 Ford Road in Woodbridge and offers the following events:

June 22 at 10am and again at 2pm - Next in our series of Backyard Beekeeping led by the CT Beekeeper's Association. Suggested donation \$10/pp. Space is limited and reservations are suggested by calling the farm at (203) 736-8618.

Also on June 22 at 12 noon we will hold a special session of Organic Land Care: Walk the fields on the farm to learn about native pollinators, their role and the crops they pollinate. Led by Kim Stoner of CT Ag Station. This workshop is FREE but reservations are suggested by calling (203) 736-8618. (For a complete guide on events happening all around the state you can visit the state's website at <http://ctwoodlands.org/>.)

Lastly, enrollment for Summer Camp at Massaro Community Farm is ongoing. The camp is for 6-9-year-olds and is led by an experienced environmental educator. Activities include natural crafts, games that incorporate a greater appreciation of the natural environment, stories and a snack. Teachers are certified in first aid. Camp runs from 9am-12pm during the weeks of Aug. 5 and 12 and is \$130/pp. Registration form & brochure available on our site: <http://www.massarofarm.org/wp/summer-camp/>.

HARTLEY & CRISCO WIN APPROVAL FOR FIREFIGHTER BOOT DRIVES

State Senator Joseph J. Crisco, Jr. (D-Woodbridge) and Joan V. Hartley (D-Waterbury), Senate chair of the legislature's Public Safety and Security Committee, urged Governor Dannel P. Malloy to sign a bill to allow special event permits for fundraising 'boot drives' held by the firefighters statewide. The bill received unanimous Senate approval at the end of May after it cleared the House on May 15.

Senators Hartley and Crisco said these charitable 'fill-the-boot' events had been held regularly for many years by volunteer fire departments to raise much-needed, supplemental funds until recently, when local law enforcement agencies and the state Department of Transportation raised concerns about them. "Firefighters across Connecticut had come to rely upon these boot drives to raise money for special equipment they need or to provide direct monetary assistance to fire victims," Senator Crisco said. "Provisions of this bill require state officials to issue the necessary, one-day, special event permit to lawfully hold these fundraisers when requested by appropriate local authorities."

Senators Crisco and Hartley said specifics of the bill limit the allowable locations for these boot drives to intersections where there's a stop sign or traffic light and to where the speed limit is 30 miles per hour or less. "The best part of this bill is that it restores to local fire departments the ability to hold these 'fill-the-boot' events while adding a layer of public safety protocol and common sense," Senator Hartley said. "Going forward, now everyone understands these fundraisers must be conducted where traffic controls are already in place and where no firefighter is at unreasonable risk."

Senators Hartley and Crisco said that after final legislative action on the measure, the bill was advanced to the governor's office on June 4th and they hope for his favorable consideration.



www.WoodbridgeTownNews.com

FROM YOUR STATE REPRESENTATIVE

By Themis Klarides



Klarides Says Democrat Budget Desecrates Spending Cap

State Rep. Themis Klarides (R-114) voted against a two-year Democrat budget that relies on circumventing the state Constitution, shoddy revenue tricks and hundreds of millions in new debt to accommodate a nearly 10% spending increase, while imposing a 16% gas tax hike and devastating hospital cuts. In order to skirt the Constitutional Spending Cap – which was designed as a tool to slow future spending and assuage public anger over the enactment of the state income tax in 1991 – the Democrats created an astonishing \$6.3 billion exemption for federal Medicaid funding.

“This budget – if you have the nerve to call it that – is dishonest, incoherent. It tells a story of misplaced priorities, out of control spending, and an alarming desecration of the spending cap,” Klarides said. “It demonstrates the Democrats’ typical politician mindset of ‘Well if I don’t want to follow the rules, I’ll just change them’. The spending cap is a rule the Democrats themselves created; they perpetually make their own rules and then break them – that’s how dysfunctional one party control has made our state.”

The budget also relies heavily on desperate revenue grabs, including the launch of a new lottery game called keno, \$750 million in borrowing for cash flow, and the delay of nearly \$400 million of scheduled debt payments that will cost tens of millions in interest. “Budgeting is tough, but there’s a difference between making tough choices and making poor choices,” Klarides said. “These quick-fixes and temporary band-aids will only kick

the can down the road, setting us up, as the last budget did, for another fiscal crisis in two years. We must address the large-scale structural shortfalls, and stop living from crisis to crisis”. The package also cuts \$10 million in municipal aid, shorts hospitals a half billion dollars and dumps multiple pots of specialized funding into general fund coffers.

Desperate for the numbers to add up, Democrats swept the following specialized funds:

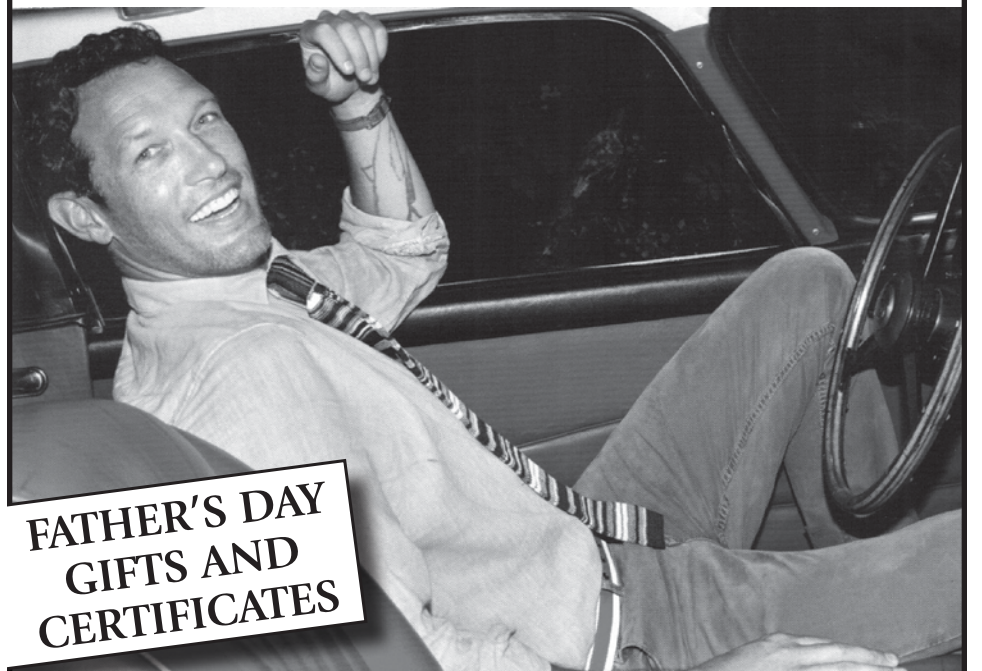
- This year’s entire \$220 million projected surplus;
- \$100 million in transportation-related money;
- \$25 million from the banking fund; and
- \$15.5 million from the tobacco and health trust fund.

The budget also extends a 20% corporate surcharge tax that businesses were told would expire, a move, which Klarides says, perpetuates our unstable business climate, prevents job creators from hiring and discourages businesses from coming to Connecticut.

Klarides, a member of the Appropriations Committee, also added it was an underhanded strategy by House Democrats – who left Republicans out of budget negotiations – to call debate on the budget at midnight, after the press went home and as people slept. The bill passed on a party line vote of 95-48 at 5:15am. The 2013 session adjourned June 5.

Rep. Klarides represents the 114th District communities of Woodbridge, Orange and Derby.

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AN OUNCE OF PREVENTION...

Blood Pressure Medications

Many people take blood pressure medications. A health care provider may prescribe two or more pills for high blood pressure. This is because there are different classes of medication that function in different ways in the body. The health care provider will try to prescribe the best combination for the job with as few side effects as possible. Because, let's face it, if the pills you are supposed to take make you feel bad or have too many side effects, you aren't likely to take the pills!

Blood pressure medications are generally taken for life, although health care providers will evaluate and adjust types and doses over time. A change in your health status might necessitate a change in your blood pressure medication. Or a new class of medications may be developed that are superior to older medications. Sometimes medications may stop working; the dose prescribed for you at age 40 may need to be changed at age 60. Whatever the reason for the adjustment, it is rare that blood pressure medications are completely taken away.

Because high blood pressure generally does not have noticeable symptoms, people may stop taking their pills, or just take them sometimes. Blood pressure medications do not work this way. They need to be taken every day (or according to the regimen established by your health care provider) for the rest of your life, unless you are instructed to stop.

If you understand what the blood pressure medication you take is doing for your heart and body, you may better understand why it is important to take them as prescribed. The National Heart, Lung and Blood Institute (NHLBI) has published a guide for understanding the actions of blood pressure medications. The information that follows is from this guide. There are basically nine categories of blood pressure medications that are commonly used: Diuretics; Beta-blockers; ACE inhibitors; Angiotensin antagonists; Calcium channel blockers (CCBs); Alpha-blockers; Alpha-beta blockers; nervous system inhibitors; and Vasodilators.

Many people are familiar with diuretics, also known as "water pills". They work to reduce blood pressure by taking excess water and sodium from the body. Beta-blockers reduce nerve impulses to the heart and blood vessels. This action makes the heart beat slower and with less force, which causes the blood pressure to drop and decreases the workload on the heart. ACE inhibitors prevent the formation of a hormone called angiotensin II. This hormone causes blood vessels to narrow. By inhibiting (or preventing) this action, the blood vessels relax and the blood pressure goes down. Angiotensin antagonists act similarly to ACE inhibitors in that they shield the blood vessels from the hormone angiotensin II. This keeps the vessels more open which allows the blood pressure to go down. Calcium channel blockers (CCBs) prevent calcium from entering the muscle cells of the heart and blood vessels. This causes the blood vessels to relax and the blood pressure decreases. Alpha-blockers reduce nerve impulses to blood vessels, which allow the blood to flow more easily. With better flow, the blood pressure decreases. Alpha-beta blockers work the same way as Alpha-blockers, but slow the heartbeat as well, (similar to how Beta-blockers work). Nerve impulses can cause blood vessels to contract (or get narrower.) Nervous system inhibitors (may also be known as central antagonists) control nerve impulses to the blood vessels so that they can stay relaxed. This helps to reduce blood pressures. Vasodilators directly open blood vessels by relaxing the muscle in the vessel walls, causing blood pressure to go down.

Whenever you begin a new medication, watch for side effects. Some can be very mild and may go away with time. Others may not be tolerable. Symptoms that are very troublesome may cause you to not take your medication, putting you at risk for a heart attack or stroke. Speak with your doctor if you notice side effects. As noted, there are many types of blood pressure medications and it may take some adjustments to find the right combination for you.

While the information on the classes of blood pressure medication is not critical to know, it may help you to understand your medications and encourage you to stick with the regime prescribed by your health care provider. There are many brand names (and generic forms) of the medications types. District residents (Bethany, Hamden, North Haven and Woodbridge) can call Quinnipiack Valley Health District for a listing that includes side effects, 203 248-4528 or request online, www.qvhd.org.

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Holiday Closings: July 4th (Independence Day)

Programs for Children

To register for children's programs, or for more information, please call 203.389.3439, or email childrensprogram@lioninc.org.

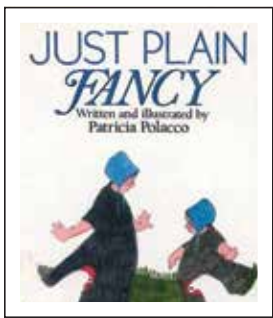
Opening Reception – "Kids & Collage" Art Exhibit

Saturday, June 15th from 2:00pm – 4:00pm - Everyone is cordially invited to attend the Opening Reception for our June Art Exhibit, entitled Kids & Collage. Throughout the month of June, we are proudly exhibiting artwork from our own Library CollageArt program, featuring children ages 8 to 12, under the guidance of Beth Weintraub. Everyone is invited to attend the reception and meet Beth and our talented group of artists!



Eager Readers K-2 Book Group (for grades K-2)

Just Plain Fancy by Patricia Polacco - Monday, June 17th @ 6:30 pm - Join us for our Eager Readers K-2 Book Group! This program is designed especially for children in grades K-2. We'll read Just Plain Fancy by Patricia Polacco, discuss the story, and make a cool craft! Books are available for you to borrow at the Children's Desk. Please register in advance.



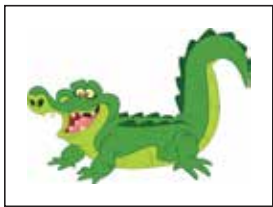
Ten Plus Art (for ages 10 and older)

Wednesday, June 19th @ 6:30pm - At this month's session of 10+ Art, we will decorate tote bags to stow all of your summer gear! Space is limited – advance registration is required.



Crocodile Craft (for ages 6 and older)

Saturday, June 22nd @ 2:00pm - Join us for a fun and colorful Crocodile craft! We'll use bubble wrap, paint, pom poms and more! Just bring your friends and your creativity! Advance registration is requested.



SUMMER READING PROGRAM 2013

"Dig In To Summer Reading" - It's never too early to start thinking about summer reading! The theme of this year's program is Dig In To Summer Reading, and it will take place from June 24th to August 16th for children ages 5 to 12. We have a full slate of crafts, activities and programs scheduled – you will definitely want to add this to your summer "to do" list!

Programs for Teens

To register for teen programs, or for more information, please call 203.389.3439, or email wbrjustaff@lioninc.org.

Slap Art: Teen Workshop

(for high school students, ages 12 and older)

Saturday, June 15th @ 3:30 pm - June's Teen Slap Art session is all about growth. Join us to design your own terrarium and lock in your own creativity. Don't miss this fun project that offers carefree longevity! Space and supplies are limited - registration is required.



Film Screenings

All film screenings begin @ 7:00pm in our Meeting Room. Screenings are free, open to the public, and seating is on a first come, first served basis. In case of inclement weather, screenings may be canceled.

- June 20th – Oz, the Great and Powerful [rated PG]
- June 27th – Quartet [rated PG-13]
- July 4th – NO SCREENING



Art Exhibit

The Woodbridge Town Library is pleased to present the works of students from our Library CollageArt program during the month of June. Featuring kids ages 8 to 12, the CollageArt program is the brainchild of Beth Weintraub—come and see their creativity on display! The public is invited to the opening reception on Saturday, June 15th from 2:00pm—4:00pm. This exhibit is free and open to the public—everyone is invited to visit.



Borrowing eBooks

Learn how to borrow eBooks from the Woodbridge Library! Do you have a Kindle, NOOK, iPad or other eReader? Join us for a one-on-one lesson on how to borrow eBooks using your eReader. You must be a Woodbridge resident or live in a community that participates in the LION consortium. (Contact the library to see if your community participates.) We are currently scheduling appointments – please call the Reference Department @ 203.389.3434 to reserve your time slot!

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Tuesdays: 10:00am to 1:00pm and Saturdays: 10:00 am to 1:00pm





Darice, Olivia & Jeffrey Gall

GALL GRADUATES FORDHAM UNIVERSITY WITH HONORS

Darice and Jeffrey Gall of Woodbridge announce the graduation of their daughter Olivia from Fordham University in the Bronx, NY. Olivia graduated summa cum laude with a Bachelor's Degree in English and Communications. She was the recipient of both the Jogues and Campbell Scholarships over the course of her four years at school. Olivia was also inducted into the Phi Beta Kappa, Phi Kappa Phi and Alpha Sigma Nu Honor Societies and achieved Dean's List all 4 years. She was also the recipient of the Alumni English Literature Prize. While at Fordham, Olivia was president of the Satin Dolls a cappella singing group, a Student Orientation Leader, volunteer tutor at the Rosedale Center for Girls in the Bronx and volunteered for Hurricane Sandy relief efforts. She interned at MTV/Viacom in their NextMovie division and at The Book Report Network in New York City. Olivia currently is interning at Yale University Press and hopes to pursue a career in publishing.



Baha'i choir singing on the steps of the House of Worship.

WOODBIDGE SINGER ATTENDS BAHAI CHORAL FESTIVAL

Devoted Woodbridge chorister Adair Luciani spent four days rehearsing and then singing before hundreds of people at the 2013 Baha'i Choral Festival in Wilmette, Illinois. She joined close to 200 other talented voices from several nations singing beautiful sacred music at the renowned Baha'i House of Worship on May 26, 2013.

The Baha'i Choral Festival included rehearsals, workshops and performances. Songs were sung a cappella (without instruments) and included classical liturgical music of many religions, gospel music and other multicultural selections. The architecturally stunning Baha'i House of Worship in Wilmette is a gleaming white lace-like building surrounded by gardens, pools and Lake Michigan panoramas. It's a Beautiful landmark serving North America as one of seven Baha'i Houses of Worship in the world, unifying and depicting all major world religions.

Adair Luciani is a member of the Baha'i Faith and is active in the Connecticut Baha'i Chorale. She has sung in six Wilmette choral Festivals. To learn more about the Baha'i Faith in America, visit: www.bahai.us. [See photo on page 37.]

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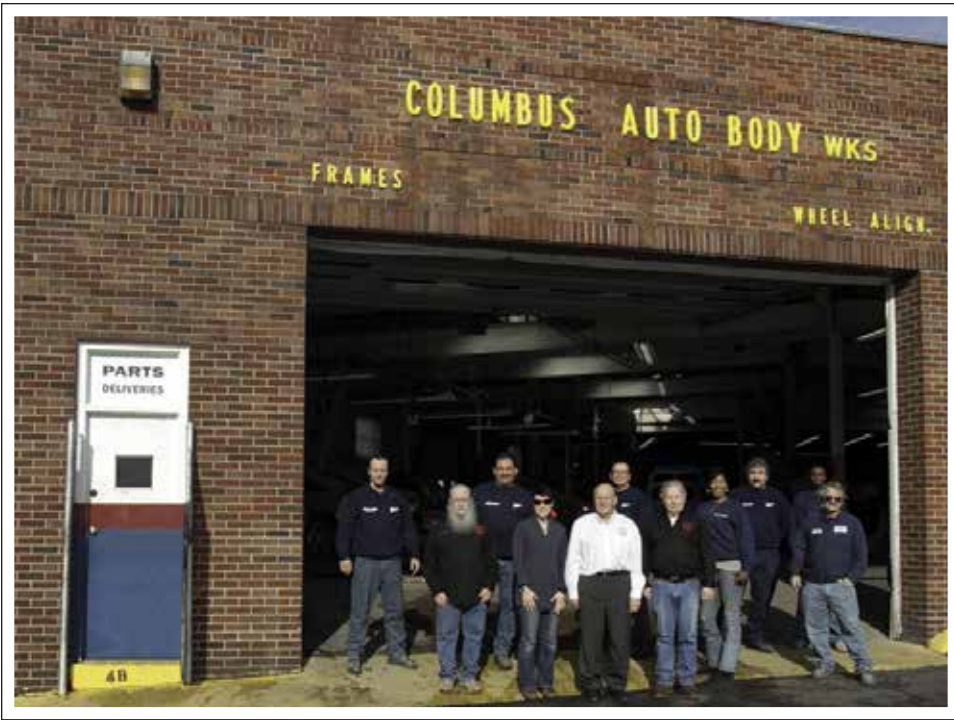
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COLUMBUS AUTO BODY: STILL AT THE WHEEL AFTER 85 YEARS

One of New Haven's most venerable businesses has reached an 85 year milestone as one of the city's most prominent auto body repair facilities. Columbus Auto Body, founded in 1928 by the DiLauro family, has weathered all the ups and downs of New Haven's economic progress beginning in the Great Depression.

Vincent (Vin) DiLauro, the firm's president, along with his brother Anthony, his wife Mary Ellen and daughter Jennifer, all remain at the helm of the company as a bona fide family-owned business. "Through the years, we've remained a tight-knit management team now in our fourth generation, with each of us responsible for specific operations to make Columbus Auto Body special to our customers."

The business specializes in quality repairs with a workforce of seventeen people including veteran technicians, all dedicated to turning out an exceptional repair product. "We pride ourselves in repairing and delivering vehicles on time," Vin DiLauro said. "We also take on all the headaches and paperwork of insurance claims and adjustments for our customers."



DiLauro continued: "Many car owners don't realize that they have the legal right to choose their repair facility. Insurance companies have their preferred facilities that only serve their own interests. By law, car owners can use any facility they want, often saving them time, money and aggravation."

The company has its own internal estimating and appraisal department that works directly with insurance companies. It also offers 24 hour towing services and tackles many other automotive needs such as paintless dent removal, auto detailing, glass and windshield service, brake jobs, wheel alignment, muffler and exhaust systems, oil and filter changes and AC/radiator service.

"Along with our family's daily activity in the business, our employees are the real key to our longevity," DiLauro added. "A number of them have spent most of their working lives here. Our receptionist, Audette Younger, has been with us for 26 years. Our auto body specialists average 31 years repairing, painting, polishing and delivering flawless vehicles. "The best test of an auto body business is the loyalty of its customers. Not that we want them involved with recurring accidents, but they choose to come back here for repairs, whether it's a fender bender or something more serious. They recommend Columbus to friends and relatives. For auto service excellence, 'Discover Columbus' has been our theme for a generation. It's more than a slogan, it's the essence of what we deliver for our customers. They discover a payoff for themselves entrusting us with their cars, along with complete peace of mind."

Beyond the repair business itself, Columbus Auto Body has become renowned for its civic and socially responsible marketing. Vin DiLauro is modest about the company's endless contributions to the New Haven community. From sports sponsorships (and the legendary Columbus Bears semi-professional softball and basketball teams in the 1950s and 60s) to monetary funding of youth sports to DiLauro's unselfish time devoted to numerous civic organizations and causes: President, West Haven Twilight League, First Vice President, National Amateur Baseball Federation, The Jimmy Fund, Member, Rotary Club of West Haven, Active member Walter Camp Football Foundation, among others. In 2012, Dilauro received The Elm City Legends 2012 Award from the March of Dimes and in 2010 the Community Award from the Hill South management Team of New Haven. He has also received the Lifetime Achievement Award from the Wet Haven Chamber of Commerce.

When car owners "Discover Columbus", they also discover a family devoted to New Haven from its youth and culture, to the city's social and economic progress.

Columbus Auto Body Works, Inc. is located at 487 Columbus Ave, New Haven 06519. Phone: 203-865-3155. www.columbusautobodyworks.com.

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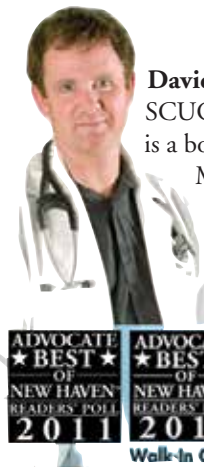
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MORE PICTURES FROM THE SOUTH SCHOOL GRAND OPENING



Senator Joe Crisco, Historical Society President Don Menzies and on the right, First Selectman elect Ellen Scalett, applaud for Ellie Sheehy to approach the patio for a ribbon cutting. Sheehy is the wife of the late First Selectman Edward Sheehy.



People spilled into the one-room schoolhouse where students participated in a re-enactment.

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OUTSIDE THE BOX LIVING

At 5’2 and 110 pounds, Glennis Orloff may look harmless, but don’t be fooled by her petite stature. The middle-aged scientist and mother of two is actually a second-degree black belt in both judo and karate who can take down a 200-pound man with a few quick moves.



Laura Fantarella



Glennis Orloff

Orloff took up the sport while a graduate student at Princeton University, but it wasn’t until she was in her mid-forties that she finally earned her black belts. A member of Princeton’s karate club, she was working her way through her belts, but put her training on hold after graduation when life got busy with work, marriage and raising a family. When her eldest daughter decided she wanted to try karate lessons at age six, Orloff had the opportunity to resume her karate training and she found a new passion as well -- judo. “I love the physicality and strength and that it is a full contact sport – it’s invigorating,” Orloff said. “It is empowering to learn how to protect myself.” She also likes the feeling of being able to “throw a 200 pound guy on the mat and hold him there for 25 seconds or get him in a choke hold or an arm lock!” Now she is a frequent competitor in the state’s Nutmeg Games where she took first place titles in her age and weight class in 2011 and 2012. She’s even attended judo camp in upstate New York where she had the opportunity to work out with former Olympic champions.

That Orloff chose a difficult, less traditional sport to pursue is in keeping with her character. In high school when Title IX was passed -- the law requiring schools to provide equal athletic opportunities for girls and boys -- she was the first and only girl on the school’s golf team. “The boys hated it and they tortured me but when someone tells me ‘I can’t’ I do it harder,” she said. She has twice been recognized by the state’s Women of Innovation program honoring women in science and works as Vice President for Product Development for iHealth in Cromwell.

Orloff currently trains with Chris and Dyann Zusi at Hwang’s Martial Arts Studio in Hamden where she typically practices with partners much larger than herself. “It’s not all about physical strength, it’s about using your strengths as an athlete and technique,” she said. “I am more flexible and wiry than a larger person so I can use that to my advantage. I find it fascinating.” Her daughter Jordan, who is following in her mom’s footsteps as a scientist, actually studied the physics of judo as a high school research topic.

To complement her training, Orloff also swims; circuit trains and teaches karate to children and adults at the Jewish Community Center in town. Perhaps best of all is she’s been able to share her passion for martial arts with her two daughters who’ve each tried judo and karate. “It was really nice to do it with my kids,” Orloff said. “I’m a parent, but I’m also a comrade when I’m involved in their sport activities. It is a great way to connect with them and it gives me a better appreciation of the sport they’ve chosen and how hard it really is. I know how hard it is to pin someone to a mat!”

While she’s never had to use her skills to actually defend herself, Orloff believes the training has given her an aura of confidence. “I look like someone you don’t want to mess with,” she said. As she approaches age 50 and an empty nest looms in the fall -- Orloff expects she’ll have more time to work on obtaining her higher black belts. “I will probably never get to the tenth and final black belt – that’s Nirvana – but maybe belt three or four,” she said.





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By Susan Noonan



Seasons Restaurant at the Tradition at Oak Lane

I always get very excited when I visit a restaurant that has the right combination of great food, top notch service and beautiful ambiance. Seasons Restaurant at the Tradition at Oak Lane (formerly known as Oak Lane Country Club) is definitely that "hidden gem" located in the scenic Town of Woodbridge. Steve Fontanella and his lovely wife Jen opened the restaurant/banquet facility in July 2012. They also have owned the very successful and busy Seasons at the Tradition in Wallingford for 7 years. In addition to the restaurants, both locations offer great banquet facilities (will get to that later). I totally admire this hardworking, ambitious couple for how well they manage both businesses.

Seasons Restaurant and banquet facility, along with the golf course, are OPEN TO THE PUBLIC after 53 years! Steve, Jen and their staff really want the local community to experience this totally renovated location offering spectacular views of the well manicured golf course and surrounding area. The family friendly restaurant seats 80 along with a great outdoor patio for 16. The spacious bar offers 2 big screen TVs and is a great spot for happy hour or just a quiet after dinner cocktail.

The VERY reasonably priced Seasons menu has something for everyone including New York Style Pizza. We all know that Woodbridge doesn't have a lot of choices for Pizza and who would guess that you could get an excellent pie at this location. Seasons features specialty pizzas (including mashed potato & fresh arugula). I had an opportunity to sample a pizza with extra cheese, bacon & eggplant and it was outstanding. In addition to the pizza, Seasons offers appetizers, soups, salads (bacon & bleu arugula-great choice), burgers (100% Black Angus), sandwiches, wraps, Paninis, pasta, chicken, steak, ribs, and seafood. The night I visited my group ordered (along with the pizza) Dijon Chicken-grilled chicken breast over grilled asparagus & mashed potatoes finished with a creamy bacon Dijon sauce, St. Louis Ribs slow cooked & smothered with their special bourbon BBQ sauce, New England Lobster Roll with tender butter poached Maine Lobster meat served on a buttery toasted roll, Shrimp & Tortellini (one of the weekly dinner specials), and grilled jumbo shrimp over tri-color tortellini pasta in a parmesan cream sauce with red bell pepper & baby spinach. Warm crusty homemade bread with an olive oil dipping sauce is served with all dinners. Our favorite was one of Seasons most popular items "eggplant fries" - very unique and addicting! Desserts are made daily by Seasons extremely talented chefs & we were fortunate enough to have their homemade chocolate crême Brule & chocolate w/coconut bread pudding. Our dinner was perfect from start to finish! Steve mentioned that quality & freshness of the food are their top priority. Everything is made to order and they use local purveyors.

Now about Seasons banquet facility that can accommodate up to 220. They cater to a wide range of events including corporate meetings, bar/bat mitzvahs, anniversary & birthday parties, showers, and, of course, weddings (their specialty)! They only host one wedding at a time and offer private suites for both the bride & groom. Seasons on-site event coordinator will work with you from start to finish offering fine dining with customized menus to satisfy all your needs along with those spectacular views!

Seasons Restaurant at the Tradition at Oak Lane

1027 Racebrook Road, Woodbridge, CT 06525
Phone-203-389-5555 - Fax - 203-553-9045

View restaurant & catering menus on
www.seasonsatoaklane.com.

Reservations suggested - All major credit cards - Handicapped accessible - Take-out available for all menu items-don't forget that great New York style pizza (future plans include delivery). Open for lunch & dinner 7 days a week - 11am-9pm

Final notes: Steve, Jennifer and their well trained staff will welcome you with open arms. Make a visit soon to this very special location. Enjoy lunch, dinner, cocktails, special events or just get a pizza to take home! Trust me, you definitely will be impressed and keep going back for more! Please remember to support our local family owned businesses. If you have a favorite restaurant, please e-mail susan@orangetownnews.com or susan@woodbridgetownnews.com.

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**celebrity
extra**
by cindy elavsky



Jamie Luner

Q: I've been watching old episodes of "Melrose Place" and wondered what Jamie Luner, who played Lexi Sterling, has been up to lately? -- Polly R. in Indiana

A: The gorgeous and talented actress most recently starred in Lifetime Movie Network's original movie, "The Perfect Boss," which aired in late May (check local listings for possible re-airings, or you can wait for the DVD). In "Boss," she reunited with her former "Melrose" co-star Linden Ashby, who played her husband on the show, and played her fall guy in the Lifetime movie.

Jamie looks back on her time on "Melrose" with affection, telling me: "I'm so fortunate to have been on such iconic shows that are so memorable. That time was such a chapter in all of our lives -- television was so different than it is today. It was such an impactful show on so many people. I get a little nostalgic about it, and I'm definitely recognized for it by a lot of people who have enjoyed it."

Jamie does have a few more projects in the works, which she can't tell me about yet, but she promised to keep me in the loop as they arise. And I promise to let YOU know as soon as I know.

Q: "Wedding Band" is one of my favorite shows, so as soon as the DVD was available for preorder, I ordered the first season. However, in the Amazon ad it was labeled "The Complete Series." Please tell me that this is a mistake, and that TBS has renewed the show for a second season! -- George J., Fort Worth, Texas

A: Well, George, you might want to hang onto that DVD set, as it might become a collectors' item. TBS has indeed canceled the comedy starring Brian Austin Green after only one season. The

old standby of low ratings was blamed for its cancellation.

Q: I am so glad "Burn Notice" is back, but I heard this is its last season. True? -- Ronald P., via e-mail

A: Yes, USA recently announced that season seven will be its last. Jeff Watchel, co-president of USA Network, teased: "(We) will raise the stakes even higher, leading up to a spectacular series finale."

READERS: As promised, I am going network by network, listing the fate of all 2012/13 network shows. Clip and save this column, and also visit www.celebrityextraonline.com for the complete list. This week I'll tackle the CBS shows.

On the renewed list is: "2 Broke Girls," "The Big Bang Theory," "Blue Bloods," "Criminal Minds," "CSI," "Elementary," "The Good Wife," "Hawaii Five-O," "How I Met Your Mother," "The Mentalist," "Mike and Molly," "NCIS," "NCIS: Los Angeles," "Person of Interest" and "Two and a Half Men." On the canceled list is: "CSI: New York," "Golden Boy," "Made in Jersey," "Partners," "Rules of Engagement" and "Vegas."

Next week, I'll cover CW and Fox.

Write to Cindy at King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475; or e-mail her at letters@cindyelavsky.com.



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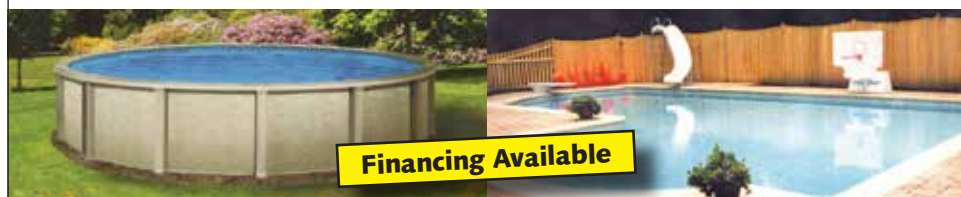
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Snow White is surrounded by dwarfs and forest animals at Beecher Road School's production of the classic fairy tale.

SNOW WHITE & THE DWARFS PLAYS TO SOLD-OUT CROWD

The Beecher Road School (BRS) Drama Club performed two sold out performances of Snow White and the Seven Dwarfs last month. First through sixth grade cast members brought Snow White's magical world to life with enchanting sets and scenery created by some of Beecher's finest artists. Parents and friends gave their reviews: "Amazing!" "Funny!" "Spectacular!" "It was a great evening of theater!"

Beecher Road School was the recipient of a grant by the Jamie A. Hulley Arts Foundation. This grant allowed BRS children to work with visiting artist Ashley Wagner to create Snow White's wonderful sets, scenery and costumes.

The production was a collaborative effort between Cathy Salinardi, Kindergarten teacher at BRS and Director of the school's Extended Day Program, and co-directors Teacher Assistant Jennifer Cooper, and second grade teacher Teresa Ramia.

THE ROTATOR CUFF: THE ATHLETE'S ACHILLES HEEL

By Kyle Brandy

Any athlete, at any age and any level of performance, can't throw a football or pitch a baseball without that essential piece of anatomy known as the "rotator cuff".

It's a complex muscle group at the top of the shoulder near the bone joint. It affects most arm movement and the control of an athlete's ability to deliver a football, baseball, shot put, javelin, even a Frisbee for social weekend warriors. It can also affect your tennis or golf game.



Kyle Brandy

A tear in the rotator cuff can be debilitating and painful. It can be torn by overthrowing, an awkward motion, or improper conditioning before or after athletic endeavors. However, proper conditioning and exercise can prevent injury.

Once it's torn, the pain might eventually subside with rest. If not, physical therapy can speed the process of healing dramatically. Heat application, ultrasound, muscle and joint manipulation and icing, all under the experienced care of a physical therapist, are encouraged. At home, follow the simple exercises recommended above along with frequent applications of an ice pack. Refrain from your usual sports activity until the pain has fully disappeared. Again, during this time, therapy can expedite the healing process of the rotator cuff - it's a far more delicate and intricate muscle group than the "bulky" muscles of quads, lats, biceps, etc. Healing takes time and care.

Even after healing, heed the advice of a therapist. Resume the specific exercises prescribed. The best words of advice: take it easy. Don't rush the process of healing and, if needed, consult an experienced physical therapist for both a thorough diagnosis and treatment.

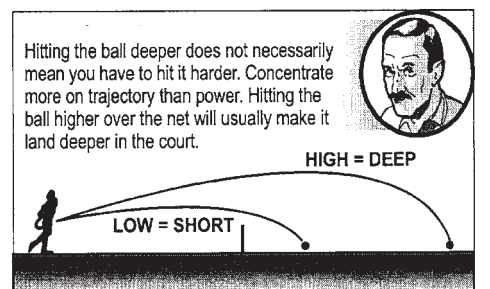
Kyle Brandy, MSPT, is a licensed physical therapist and partner at Amity Physical Therapy with offices in Woodridge and Hamden. He is a graduate of Quinnipiac University with his Masters in Physical Therapy. He works with patients of all ages and ability levels, treating high level athletes with fractures and sprains to gait and balance dysfunction in the elderly. Kyle can be reached to set up evaluations at 203-389-4593.

STAN SMITH'S TENNIS CLASS



KEEP HIM ON THE RUN

Hitting deep keeps the opponent on the defensive, making him stay behind the baseline, where it is hard to hit winners. The deeper in the court your ball lands, the less time he has to prepare for his shot.



Hitting the ball deeper does not necessarily mean you have to hit it harder. Concentrate more on trajectory than power. Hitting the ball higher over the net will usually make it land deeper in the court.

HIGH = DEEP

LOW = SHORT



TROOP 63 PRESENTS THREE EAGLE SCOUT AWARDS

Boy Scout Troop 63 honored three scouts who obtained the rank of Eagle at its May 26, 2013 Court of Honor.

Harry Chartoff's Eagle project consisted of designing, constructing and installing 12 signs and posts along a self-guided invasive species trail at the Ansonia Nature Center. In addition, he cleaned out bushes, weed and brush from the trails. Harry joined Cub Scouts in 2004 and plans on being active through next year.

Mike DiBuduo's Eagle project involved cleaning and organizing two mechanical rooms and a garage at Our Lady of Assumption Church in Woodbridge. Both rooms and garage are now neat, organized and safe. Mike joined Cub Scouts in 2007 and plans on attending Rensselaer Polytechnic Institute in Troy, NY.

Ben DiBuduo's Eagle project took place at the older section of the East Side Cemetery in Woodbridge. He determined that most of the 330 names on the tombstones were illegible so he gave each tombstone a permanent numbered marker and recorded all of the information into a computer program for internet access. Ben joined Cub Scouts in 2003. In the fall he plans on attending Purdue University in Indiana.

All three boys held numerous leadership positions at Troop 63 including Senior Patrol Leader.

Eagle Scout is the highest rank attainable in the Boy Scouting program. To earn this very distinguished award, an Eagle Scout must have completed at least 21 merit badges, advanced through five lower ranks and demonstrated ideals of service and leadership including designing and organizing an extensive service project that benefits his church, synagogue, community or school. Fewer than five percent of Boy Scouts nationwide attain this illustrious rank.

Scoutmaster Bob Tucker presided over the Court of Honor. Presentations were also made to the parents of the Scouts recognizing their persistence and dedication in motivating their sons on this extraordinary multi-year effort. Honored guests included First Selectwoman Beth Heller, State Senator Joseph J. Crisco, Jr. as well as local religious and community leaders and family and friends.

The Boy Scouts of America (BSA) is the largest youth organization in the U.S. with nearly 3 million youth members and 1.1 million registered adult leaders. For over 100 years, Scouting programs have instilled the values found in the Scout Oath and Scout Law.

Troop 63 is one of the oldest Boy Scout Troops in the Connecticut Yankee Council. Our Troop was founded in 1963 to bring scouting to boys in the Woodbridge, Bethany and surrounding communities. Chartered by Assumption Church, Troop 63 quickly became known as the "outdoor troop". Active all year, our outings include all types of camping, hiking, backpacking, skiing, canoe trips, white water rafting as well as cultural events such as visits to historical parks and battlegrounds and much more. We also plan and participate in Community service projects each year.

Troop 63 meets Monday nights from 7:00 pm - 8:30pm. Meetings are held at Our Lady of the Assumption "Mother" Church located at 1700 Litchfield Turnpike (Rte. 69) in Woodbridge September through April and at the same time outdoors at our own Camp Whiting May through June.

Troop 63 welcomes all boys ages 10 and up or who have completed the fifth grade. Stop by and see what we're all about. For more information, visit our website at <http://www.troop963.org> or email Troop63CT@gmail.com.

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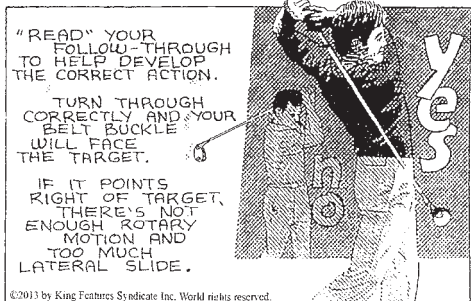
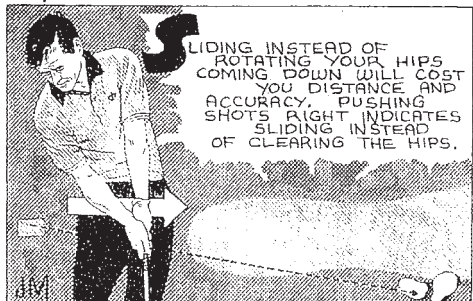
THE BRITISH ARE COMING!

SAVE THE DATE!

Tuesday, July 30th on the Green

Stay Tuned to the Woodbridge Town News for more information in conjunction with the Woodbridge Summer Concert Series.

Play Better Golf with JACK NICKLAUS



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THE BEST IN TOYS



From left, Alan Schwartz of Wiggin and Dana; Jeffrey Babbini of Wiggin and Dana; Superintendent of New Haven Schools Dr. Reginald Mayo; Beverly Levy; Dr. John Levy; and ADL Connecticut Regional Director Gary Jones.

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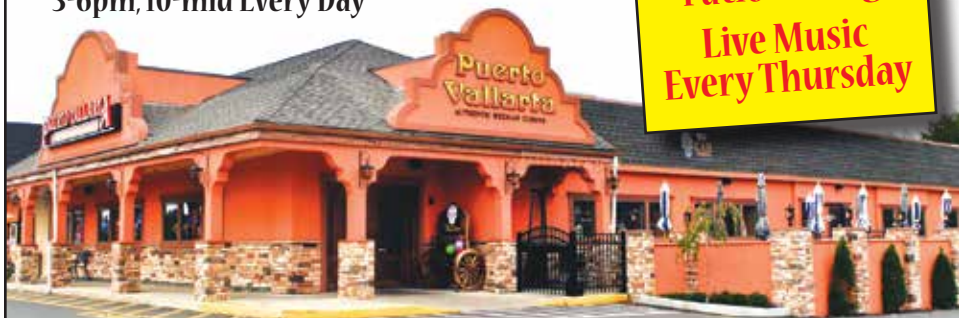


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Superintendent of New Haven Schools Dr. Reginald Mayo
and New Haven Mayor John DeStefano

ADL HONORS FOUR AT NEW HAVEN GALA

More than 400 leading citizens and government officials joined the Anti-Defamation League on May 21 to honor exceptional community leaders in Greater New Haven. ADL gave its Torch of Liberty Award to Superintendent of New Haven Schools Dr. Reginald Mayo – who was introduced by New Haven Mayor John DeStefano – as well as community leaders Beverly and Dr. John Levy and Wiggin and Dana LLP.

The Torch of Liberty Award is presented annually to outstanding citizens and corporations whose extraordinary work has helped to strengthen the Greater New Haven community. Founded in 1913, ADL's theme in its centennial year is "Imagine A World Without Hate."

"It was an exceptional evening," said ADL Connecticut Regional Director Gary Jones. "We had highly deserving honorees who clearly understand the value of ADL's work. We are proud of the strong relationships we have in the Greater New Haven area. Congratulations once again to Dr. Mayo, the Levys and Wiggin and Dana."

The Anti-Defamation League, founded in 1913, is devoted to fighting anti-Semitism, racism and other forms of bigotry, building bridges of understanding and safeguarding our liberties.

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10 THINGS YOU NEED TO KNOW ABOUT HEALTH INSURANCE

Frequently Asked Questions And Answers For Connecticut Consumers And Small Businesses

Hartford, CT – Starting October 1, more than 350,000 of Connecticut's uninsured will have the opportunity to receive health insurance coverage, many for the first time. Although it seems like months away, smart shoppers will want to know as much as possible as soon as possible. Access Health CT, one of the first federally approved state exchanges formed under the Affordable Care Act (ACA), is committed to educating people about the enrollment process and their choices. This is especially timely in light of a recent poll by the Kaiser Family Foundation that reports the public actually knows less about the ACA now than when it passed in 2010. As part of its education effort, Access Health CT has been holding Healthy Chat town hall meetings with residents across the state to answer their questions and get their input.

"Based on our Healthy Chat discussions and our ongoing outreach, we thought it would be helpful to put together a list of the 10 things that individuals and small businesses should know now," said Access Health CT's CEO, Kevin Counihan. "We are working aggressively to expand access to affordable, high-quality health care coverage and recognize that selecting insurance for your family or employees is a very important decision. We want to make sure people have sufficient time and all the information needed."

1. What exactly is the Affordable Care Act (ACA)? Sometimes called Obamacare, the ACA aims to overhaul the healthcare system for the first time since the passage of Medicare and Medicaid in 1965. The law includes many provisions such as expansion of Medicaid eligibility, the establishment of health insurance exchanges, and prohibiting health insurers from denying coverage due to pre-existing conditions.
2. What is Access Health CT? It's Connecticut's health insurance exchange, a quasi-public state agency that was established as a key part of the Affordable Care Act with the endorsement of the Connecticut Legislature. Access Health CT works as a new kind of marketplace, where a range of qualified, approved health insurance plans from brand-name carriers are offered to individuals, families and small businesses. Eligible consumers and small businesses may qualify for discounts in the form of tax credits. You will be able to compare plans, find out if you are eligible for discounts, and enroll in the right plan for you.
3. Who qualifies? Anyone can shop for and purchase health insurance via Access Health CT. However, the main purpose is to help individuals who have not been able to afford or qualify for insurance in the past to find more affordable plans and finally be eligible for insurance. In addition, small businesses with 50 employees or fewer will be able to purchase health insurance from the exchange. It is estimated that more than 36,000 small businesses in Connecticut will be eligible for a tax credit for two years of up to 50 percent of their contribution, but only if they purchase through Access Health CT.
4. How much will this cost? In the U.S., the reality is that health care costs and insurance costs are high. But Access Health CT will be making robust health insurance plans accessible through tax credits which ultimately mean lower costs. It's important to note that you can qualify for tax credits only if you purchase through Access Health CT. No one will pay more than 9.5 percent of household income on health insurance and many will be capped at just two or three percent. Competition between insurance companies in this new marketplace will also help drive costs down over time.
5. How do cost benefits work? If you earn up to \$45,960 a year, or if you are a family of four, for example, earning up to \$94,200 a year, you may qualify for a discount. These discounts come in the form of tax credits, ultimately reducing your health insurance costs. Access Health CT's website (www.accesshealthct.com) features a calculator that can help you determine what your costs and savings may be. Small businesses that qualify will also benefit from discounts in the form of a tax credit.
6. When should I enroll and how? Enrollment period begins October 1, 2013 and ends March 31, 2014. Like other insurance programs, there will be an annual open enrollment period going forward. You will be able to enroll online at accesshealthct.com or via a toll-free number. Arrangements will also be made for in-person assistance through your local insurance broker and community-based navigators. Information will be available in English and Spanish as well as dozens of other languages.
7. What if I couldn't get insurance before? Many consumer reforms have taken place that will help people who didn't previously qualify to finally get insurance. For example, if you have a pre-existing condition, you can no longer be excluded. And, your previous medical history cannot be used to charge you a higher rate.
8. What about Medicaid? Access Health CT will serve as a single point of entry for all CT residents to determine their eligibility for Medicaid/HUSKY programs. Thanks to an expansion of Medicaid under the Affordable Care Act, all Connecticut citizens in households under a certain income level – up to \$15,400 for a single person or \$31,809 for a family of four – will be eligible for Medicaid.
9. What happens if I don't sign up? The federal government is setting first year fines for consumers at \$95 or 1% of income, whichever is greater. Fines will

See "Health Insurance" continued on Page 28

HOUSES OF WORSHIP

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Wednesdays: 7:00 p.m. - Evening Service of Prayer and Healing with Communion

Our Summer Worship schedule begins on June 9th - 8am spoken and 10 am Eucharist with music.



Church of the Good Shepherd

Church On The Beach

Sunday, June 30, 2103, 5 pm - All are welcome to join Church of the Good Shepherd at Silver Sands State Park beach in Milford on Sunday, June 30, at 5 pm, as we worship God in the most beautiful church, that of God's creation. A picnic dinner will follow. Please bring a beach towel or chair and a side dish or dessert to share. Fried chicken and drinks will be provided. For more information, call 203-795-6577 or find us on Facebook!

Kingdom Rock: Vacation Bible School

Monday, July 8 through Friday, July 12, 2013, 9 am to noon daily. Children ages 4 through 11 are invited to discover Kingdom Rock, Where Kids Stand Strong for God! A blend of faith, community, and learning, Kingdom Rock helps children to connect with God and each other through music, games, crafts, and other activities. Vacation Bible School is co-sponsored by Church of the Good Shepherd in Orange, Orange Congregational Church, and Church of the Holy Spirit, West Haven. Camp will be held at Church of the Good Shepherd in Orange.

Registration is ongoing. Cost is \$35 per child. A limited number of scholarships are available (please contact 203-795-6577 for more information). Registration forms are available at <http://www.thegoodshepherdorangect.org/vbs-2013.html>. Cash, checks, and credit cards are accepted.

If you are a high schooler or adult and would like to volunteer at Vacation Bible School, please contact us at 203-795-6577. All are welcome! Check out our float in the Orange Memorial Day Parade!

CONGREGATION B'NAI JACOB COMEDY NIGHT

The jokes are on us at CBJ! Saturday, June 29 Congregation B'nai Jacob hosts an evening of comedy, featuring congregants as headliners. Doors open at 8:30pm, comedy starts at 9:30pm. Bring your friends to cheer and laugh along. The price includes a lavish dessert spread, is \$54 in advance or \$75 at the door. Purchase your tickets online at goo.gl/2Vy49. For more information, visit: www.bnaijacob.org, or call (203) 389-2111

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DEATH NOTICES

Louis Thomas Benton, III

Louis Thomas Benton, III, of Lake Helen, Florida, formally of Fort Lauderdale, FL and Orange, Connecticut, passed away on Sunday, May 5, 2013 at Hospice in Orange City, Florida, after a courageous battle with cancer. Lou (Skip) was born in New Haven, CT, December 20, 1939 the son of the late Louis Thomas Benton, Jr., and Hertha Edna Linehan Benton. He was the devoted and loving father of Louis Thomas Benton, IV, of Lake Helen, FL. Also survived by sisters, Hertha Russell of Woodbridge, CT, Geraldine Amendola and her husband Genaro of East Haven, CT, Barbara Thomas and her husband James of Orange, CT, Judith Johnson of Orange, CT and Sandra O'Donnell and her husband Robert of Ocala FL, and many nieces and nephews. He was predeceased by brothers-in-law, Robert D. Russell and Charles P. Johnson.



Louis Thomas
Benton, III

While serving as the Lake Helen City Commissioner, he took pride in listening, responding and empowering the citizens, as he worked to ensure that private property could not be taken for public use by eminent domain and insisted that this protection be added to the City Charter. He also crafted an ordinance to increase the distance that sexual offenders must stay from parks, schools, libraries, etc. Serving as a member of the Planning & Land Development Regulation Commission, Lou also dedicated much of his time to community service. As former owner of Complete Building & Design, Inc., he volunteered his services building the Creative Arts Café, the Equestrian Center, teaching classes in woodworking and antiquing, worked on projects to help the handicapped and was supportive of the Youth Organizations. Lou also continued to keep abreast of city business even as an ex-commissioner, attending all but two commission meetings in 16 years. Lou was lovingly known as a man of many hats; one of them being his favorite cowboy hat. Private interment will take place in Orange Center Cemetery, Orange, Connecticut, at a later date.

Woodbridge Town News

DEATH NOTICES

The Woodbridge Town News will publish Death Notices for Orange families free of charge as a service to our readers. Family members please email notice (limit 250 words, please) to: edit@woodbridgetownnews.com

“Health Insurance” continued from Page 27

increase in future years to \$325 (or 2% of income) in 2015 and \$695 (or 2.5% of income) in 2016. Small businesses with fewer than 50 full-time employees are not required to provide insurance. However, those that offer insurance may be able to receive new tax credits valued at up to 50% of their contributions towards their employees' premiums. Small businesses with more than 50 employees will be required to provide insurance or they will pay a fine. The fines are meant to encourage people to enroll in an insurance plan and help people realize the benefit of enrollment. Having health insurance means taking care of yourself and your family. You will be eligible for preventative care and free physicals. Not having any health insurance is a huge risk—the majority of bankruptcies are related to health bills.

10. Will I have a large network of doctors to choose from? Yes. For insurance carriers to qualify for Access Health CT, they must meet certain requirements. One is that their plans include a robust network of doctors, clinics and hospitals in local communities.

There's a lot to know about how this new way to purchase insurance can help you and your family or small business. More information and an extensive list of frequently asked questions and answers can be found on the Access Health CT website at <http://www.accesshealthct.com/how-it-works/faqs/>. Access Health CT is also planning more Healthy Chat events and other ways to further educate and assist individuals and small businesses.

About Access Health CT: Access Health CT (also known as the Exchange) was created by the Connecticut Legislature in 2011 and is a quasi-public agency established to satisfy requirements of the federal Affordable Care Act. Its mission is to increase the number of insured residents in Connecticut, promote health, lower costs and eliminate health disparities. Its vision is to provide a simple online shopping and enrollment experience for state residents and small businesses, starting with open enrollment in October 2013.

Access Health CT will ensure that participating health plans meet certain standards and will facilitate competition and choice by rating the quality of each plan. Individuals and families buying coverage through the Exchange may qualify for tax credits on premiums. The Exchange will also coordinate eligibility and enrollment with state Medicaid and Children's Health Insurance Programs. More information is available at www.AccessHealthCT.com.

BULLETIN BOARD

Please Note: If you have an event for the Bulletin Board, please send it along no matter how far in advance it is. We will include it in the appropriate issue(s) until the event has taken place.

Boy Scout Troop 63, meetings Monday nights from 7:00 pm – 8:30pm, Our Lady of the Assumption “Mother” Church, 1700 Litchfield Turnpike (Rte. 69), Woodbridge; September- April and May-June outdoors at Camp Whiting, all boys ages 10 and up or who have completed the fifth grade are welcome to stop by and see what we're all about. For more information, visit <http://www.troop963.org> or email Troop63CT@gmail.com.

Woodbridge Rotary Club Meetings, 1st and 3rd Friday of the month, 7:30am breakfast meeting, Country Corner Diner, 756 Amity Toad, Bethany and the 2nd and 4th Friday of the month, 12:15pm luncheon meeting, Carmine Tuscan Grill, 1500 Whalley Avenue, New Haven. Anyone interested in learning more about Rotary should contact Anna Dickerson at 203-710-0223 or email annadickerson@yahoo.com.

Annual Fund Drive for Bethany's Clark Memorial Library, contributions requested to help for the cost of a website to update services, etc.

AAA Motor Club “Maximize Your Social Security Benefits” Workshop, Wednesday, June 19, 2013, 6:00 p.m., Clark Memorial Library, 538 Amity Road, Bethany, free & open to the public, learn how to maximize, project, and protect your Social Security and other retirement income, led by David Cowan, an AAA-Endorsed Retiree Advisor. For information and to register, call 800-978-7953 or visit www.aaaretire.com.

Writing Workshop with Journalist, Novelist & Writing Coach Sandi Kahn Shelton, Thursday, June 20, 2013, 6:00-7:30pm, fee \$5/pp collected at door, advanced registration required, participants need to bring writing materials, New Haven Free Public Library, 133 Elm Street, “Dare To Write It!” designed for the writer who is just getting started or has hit a block. Read more at www.sandishelton.com. Register by calling the library at 203-946-8835.

Hooked on the Sound Crochet Guild, Saturdays, July 6, August 3, September 7, October 5, November 2, December 7, 2013; 10am-1pm, Case Memorial Library, 176 Tyler City Road, small meeting room on 2nd level (elevator available); share stitch successes, assist with pattern problems and have a great time crocheting, no fee. For more information, visit <http://hotscrochetguild.yolasite.com/>, Email HOTSCrochetGuild@Live.com.

Woodbridge Town News

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AAA MOTOR CLUB SOCIAL SECURITY BENEFITS

The AAA CT Motor Club will conduct a free “Maximize Your Social Security Benefits” information workshop that is open to the public on Wednesday, June 19th at 6:00 p.m. at the Clark Memorial Library, 538 Amity Road, Bethany. This workshop will help participants maximize, project, and protect their Social Security and other retirement income. David Cowan, an AAA-Endorsed Retiree Advisor, will lead the discussion. For information and to register, call 800-978-7953 or visit www.aaaretire.com.

www.WoodbridgeTownNews.com

SUMMER SERIES ON SOCIAL SECURITY

By Roberta L Nestor

Everyone has a question or two or three or four when it comes to social security benefits. Congress passed the Social Security Act in 1935 and while the law has been amended many times since its original enactment, the changes in our society have placed serious burdens on the system. In general terms, social security was designed to provide material needs for families, protect the aged and disabled individuals against the expenses of illnesses that would otherwise exhaust their savings, keep families together and allow children to have the opportunity to grow up in health and security.

Dollars and sense

What has changed?

1. In 1935 the life expectancy was only age 60, while today it is 78. So, when social security came along, most people would not have lived long enough to even collect social security benefits.
2. Social security was designed to act as a supplement to a retiree's income. It was never designed to be 100% of income at retirement. Today, Social Security accounts for approximately 40% of the average retirees' income.
3. The ratio of worker to retiree has changed dramatically. In 1935 it was about 160:1. Today it is about 3:1. When the program started it paid out about \$35 million in annual benefits and today it pays out over \$675 billion each year.

There are several more differences but suffice it to say that the system that was put into place more than 75 years ago should be headed for a major overhaul. The Social Security Administration is very clear about the future. When you receive your annual statement from Social Security, most individuals turn to the second page and see how much they will get at 62 or when they will reach Full Retirement Age (FRA). If you actually read the first page of your statement you will see a paragraph in bold print, *About Social Security's Future... "Social Security is a compact between generations. Since 1935, America has kept the promise of security for its workers and their families. Now, however, the Social Security is facing serious financial problems, and action is needed soon to make sure the system will be sound when today's younger workers are ready for retirement.*

"Without changes, in 2033 the Social Security Trust Fund will be able to pay only about 75 cents for each dollar of scheduled benefits. We need to resolve these issues soon to make sure Social Security continues to provide a foundation of protection for future generations."

Social Security has not had any meaningful reform since 1990 and changes can be expected. In the meantime understand that social security benefits affect almost all Americans. It is in your best interest to take the time to understand *what the best options are for your individual situation.* Future articles will highlight some of the most common misconceptions about Social Security, starting with the continuous debate of when you should begin to receive benefits.

How much does it really matter if you take benefits before your Full Retirement Age?

Here's a hypothetical example of John Smith, age 62 and has a FRA of 66. His benefit at FRA will be \$2300 a month. Knowing his family has a history of heart issues and early death, John decides to begin collecting at 62. His benefit will now be reduced by 25%, or \$1725 a month. If John lives to age 80, his reduced benefit would have given him a total of \$372,600. If John continued to work and retire at 66, he would have received a total of \$386,400 by age 80. Some would argue a \$13,800 difference over 18 years isn't a big deal. But what if John lives out to his full mortality of age 92? The difference is staggering. By collecting benefits at age 62 he would have received \$621,000; if he had waited until age 66 he would have received \$717,600. There is nothing universal about social security benefits. You should always consult with a financial advisor before starting benefits. Remember, it's not just about receiving the highest benefit; considerations involve retirement earnings limit and taxation of benefits. This summer "Dollars & Sense" will be dedicated to answering your questions about Social Security. We welcome your questions and encourage you to call or send an email.

Roberta L. Nestor is a financial advisor practicing at 491 New Haven Avenue in Milford, CT offering retirement, long term care, investment and tax planning services. She also offers securities and advisory services as an Investment Adviser Representative of Commonwealth Financial Network – a member FINRA/SIPC and a Registered Investment Adviser. Fixed insurance products offered through Nestor Financial Network are separate and unrelated to Commonwealth. Commonwealth Financial Network or Nestor Financial Network does not provide legal or tax advice. You should consult a legal or tax professional regarding your individual situation. Roberta can be reached at Nestor Financial Network, 203-876-8066 or roberta@nestorfinancial.com.

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PERTUSSIS ON THE RISE!

People love to kiss babies! Along with this exchange of affection, germs will be passed from one to another. You can protect the infant you care about by protecting yourself against pertussis which has been on the rise in CT. Quinnipiack Valley Health District (QVHD) is now offering the pertussis vaccine (in the form of Tdap-tetanus, diphtheria and pertussis) to parents, grandparents, aunts, uncles, babysitters and other caregivers or contacts of newborns and infants 12 months and younger. If you are over age

18 and have never had a Tdap vaccine, (a combined booster immunization containing tetanus, diphtheria and pertussis protection), you are eligible to receive this vaccine. A \$10.00 administration fee is requested. No one will be turned away for lack of ability to pay this fee. The next clinic dates are: June 26 and August 7, 2013 between 4:00 p.m. and 4:30 p.m. at the QVHD office, 1151 Hartford Turnpike, North Haven. Call QVHD, 203 248-4528 or visit us online, www.qvhd.org for more information.

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Lucibello & Proscino, LLP was founded in 2012 by Emily S. Lucibello and Lisamaria T. Proscino, based upon a shared vision and common goal of providing ethical, high quality representation, at client-sensitive rates.

ENTERTAINMENT

TOP 10 MOVIES

- 1. Star Trek Into Darkness (PG-13)**
Chris Pine, Zachary Quinto
- 2. Iron Man 3 (PG-13)**
Robert Downey Jr., Gwyneth Paltrow
- 3. The Great Gatsby (PG-13)**
Leonardo DiCaprio, Joel Edgerton
- 4. Pain & Gain (R)**
Mark Wahlberg, Dwayne Johnson
- 5. The Croods (PG)**
animated
- 6. 42 (PG-13)**
Chadwick Boseman, Harrison Ford
- 7. Mud (PG-13)**
Matthew McConaughey, Tye Sheridan
- 8. Oblivion (PG-13)**
Tom Cruise, Morgan Freeman
- 9. Peeples (PG-13)**
Craig Robinson, Kerry Washington
- 10. The Big Wedding (R)**
Robert De Niro, Katherine Heigl

TOP 10 RENTALS

- 1. Silver Linings Playbook (R)**
Bradley Cooper
- 2. Jack Reacher (PG-13)**
Tom Cruise
- 3. The Guilt Trip (PG-13)**
Barbra Streisand
- 4. Django Unchained (R)**
Jamie Foxx
- 5. This is 40 (R)**
Paul Rudd
- 6. A Haunted House (R)**
Marlon Wayans
- 7. Life of Pi (PG)**
Suraj Sharma
- 8. The Hobbit: An Unexpected Journey (PG-13)**
Ian McKellen
- 9. Parental Guidance (PG)**
Billy Crystal
- 10. The Impossible (PG-13)**
Naomi Watts

CHART BUSTERS

Top 10 Pop Singles

- 1. Macklemore & Ryan Lewis feat. Ray Dalton**
"Can't Hold Us"
- 2. Pink**
"Just Give Me a Reason"
- 3. Justin Timberlake**
"Mirrors"
- 4. Bruno Mars**
"When I Was Your Man"
- 5. Rihanna feat. Mikky Ekko**
"Stay"
- 6. Selena Gomez**
"Come and Get It"
- 7. Macklemore & Ryan Lewis feat. Wanz**
"Thrift Shop"
- 8. Imagine Dragons**
"Radioactive"
- 9. Icona Pop Featuring Charli XCX**
"I Love It"
- 10. Florida Georgia Line Featuring Nelly**
"Here's to the Good Times"



Lady Antebellum

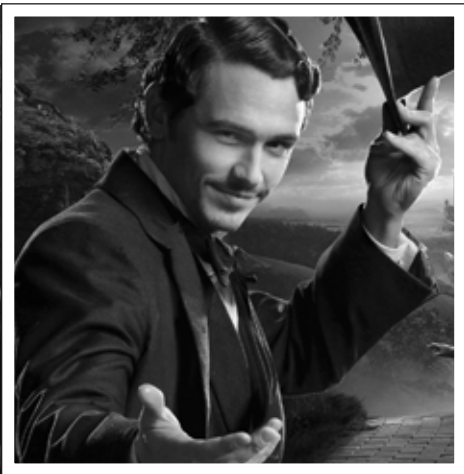
Top 10 Country Singles

- 1. Florida Georgia Line**
"Cruise"
- 2. Darius Rucker**
"Wagon Wheel"
- 3. Blake Shelton feat. Pistol Annies & Friends**
"Boys 'Round Here"
- 4. Tim McGraw with Taylor Swift**
"Highway Don't Care"
- 5. Florida Georgia Line**
"Get Your Shine On"
- 6. Miranda Lambert**
"Mama's Broken Heart"
- 7. Kenny Chesney**
"Pirate Flag"
- 8. Lady Antebellum**
"Downtown"
- 9. Luke Bryan**
"Crash My Party"
- 10. George Strait**
"Give It All We Got Tonight"

- Name the group that wrote and released "Mr. Blue Sky."
- Which singer was born Ezekiel Christopher Montanez? What's his most well-known song?
- Where did the phrase "Ob-La-Di, Ob-La-Da" come from?
- Who was "Sir Duke" written about?
- What song contains this lyric: "A fine little girl, she wait for me; me catch a ship across the sea, I sailed the ship all alone; I never think I'll make it home."



1. The Electric Light Orchestra, in 1977. In the beginning, this English group was more popular in the U.S. than in the U.K. ELO released 11 studio albums in its first 15 years.
2. Chris Montez of 'Let's Dance' fame (1962). The song was heard in the 1978 film 'National Lampoon's Animal House.'
3. A Jamaican friend of Paul McCartney used to answer the question "What's happening?" with "Ob-la-di, ob-la-da, he goes on, bra."
4. Duke Ellington. Steve Wonder's 1977 hit also mentions other jazz greats like Count Basie.
5. "Louie, Louie," the song that caused so much parental angst in 1963. Concerned about rumors of alleged filthy lyrics, even the FBI got into the act and launched a 30-month investigation. Truth: It's a sailor's lament.



James Franco in "Oz the Great and Powerful"

EDITOR'S NOTE: DVDs reviewed in this column will be available in stores the week of June 10, 2013.

PICKS OF THE WEEK

"Oz the Great and Powerful" (PG)
-- Years before Dorothy and Toto landed over the rainbow, another Kansas yokel went on an adventure down the yellow brick road. Oscar Diggs (James Franco) is a small-time magician and part-time con man who hatches a silly scheme to attain greatness. He winds up in a colorful world where he befriends a flying monkey (voiced by Zach Braff) and meets three charming witches (Rachel Weisz, Michelle Williams, Mila Kunis).

Of course it's not going to measure up to the original. I'll get that out of the way first. There's no music, for one. James Franco acts like he's not supposed to carry the movie. Franco can give a real performance, but the guy isn't convincing when he's talking to computer-generated critters.

"Snitch" (PG-13) -- When Jason (Rafi Gavron) is busted for receiving a shipment of ecstasy, the teenager faces a mandatory minimum sentence of 10 years. Fortunately, his father, John (Dwayne "The Rock" Johnson), is an enormous and caring fellow. To make a deal to get his son out of trouble, John volunteers to go undercover and to take down a drug ring. It's a distressed-dad action flick with an overt message about the War on Drugs: It's bad. Johnson puts in the effort, and you can see his skill here. He's still a miscast -- an action-hero type charged with playing an everyman -- but it's an entertaining rental and somewhat unique for an action flick of its class.

"Wrong" (R) -- Do not expect this movie to make sense ... at all. It's funny. But it won't let you enjoy it as a casual experience. In "Wrong," a man (Jack Plotnick) searches for his lost dog. Palm trees decide to be pines, office cubicles are subject to torrential weather patterns, and people are just strange. There's nothing really to "get" besides the idea that this movie wants to break the mold of the slice-of-life film genre. It might frustrate some viewers. Scratching your head and going along with the absurdity on screen is the best-case scenario for such an out-there flick.

DOG OF THE WEEK

"Hansel & Gretel: Witch Hunters" (R)
-- Hollywood seems to be under the impression that you can take any fairy tale, make it sexy and action-packed, and there you have a recipe for box-office success. That is, unless the execution is dim and boring. In this pointless exercise, Hansel and Gretel (Jeremy Renner and Gemma Arterton) grow into vigilante witch hunters. Somehow, they discovered the secret to building shotguns, automatic weapons and stale one-liners well before the technology existed. If only cool props, costumes and sets could make a movie good. Too bad for this flick that script and performances matter a lot more.

Sudoku answers on page 34

Weekly SUDOKU

by Linda Thistle

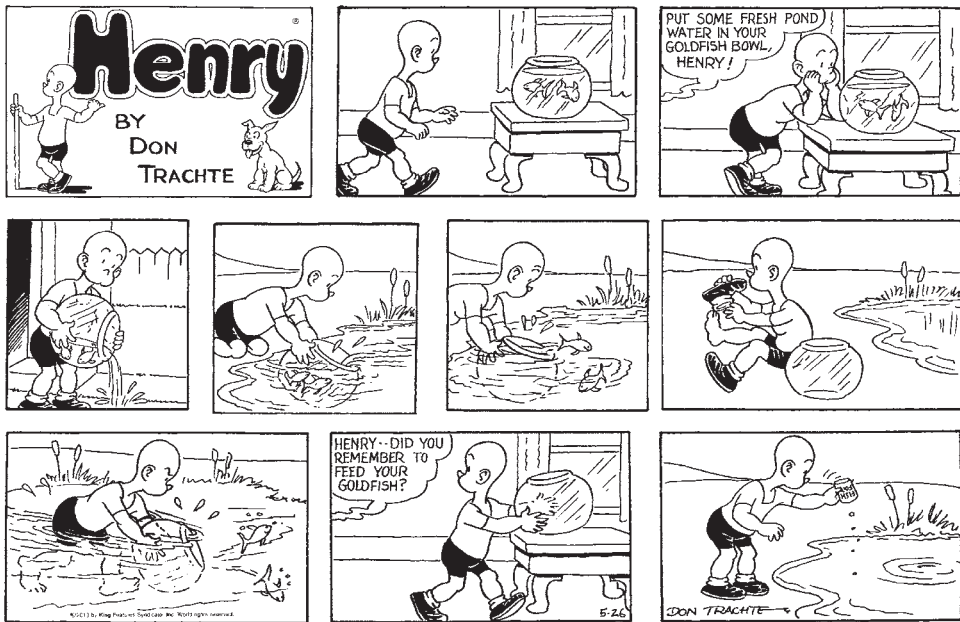
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	1			2			5	

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★

★ Moderate ★★ Challenging
★★★ HOO BOY!

COMICS/CROSSWORD/HOLLYWOOD



HOLLYWOOD

By Tony Rizzo



Jeanne Cooper

HOLLYWOOD -- Jeanne Cooper, best known for her role as Katherine Chancellor on "The Young and The Restless," left us May 8, at the age of 84. I met her on her second day on the set of "Y&R." I was at her house so much I got to know her children, Corbin, Collin and Caren, very well. I took the first photos of Corbin and Collin Bernsen when they started their acting careers, which took Corbin to "L.A. Law," among other places, and Collin into films. Once, when a situation arose with me that required a large sum of money to fix, Jeanne and "General Hospital's" Emily McLaughlin lent me the money to remedy it. They were true friends.

Before "The Young and The Restless," Jeanne starred in episodic television and films. She played opposite Frank Sinatra in "Tony Rome" (1967), Tony Curtis and Henry Fonda in "The Boston Strangler" (1968) and Kirk Douglas and Henry Fonda in "There Was a Crooked Man" (1970). Her two prime-time Emmy nominations were for "Ben Casey" (1962) and her recurring role on "L.A. Law" (1987), opposite her son Corbin. After eight nominations, she finally won an Emmy in 2008 for "Y&R".

On May 28, "Y&R" paid tribute to her with a show of highlights spanning nearly four decades. Jeanne, a quiet drinker, allowed Bill Bell, the power behind "Y&R," to write her addiction into the show, as she and Katherine fought for their sobriety. She wanted to have a facelift for some time, so I suggested she approach Bill Bell about having the facelift on the

show. "But to make it work," I told her, "You REALLY have to have the facelift on the air." She agreed, and he agreed. The ratings went through the roof, and the show made TV history. Jeanne was the first to show up at my book signing for "It's All About Dorothy." She bought five books. I would've given them to her, but she said, "I wanted to support you and give them away at charity auctions, so others can enjoy it."

The last time I saw her was at her recent book signing for "Not Young, Still Restless," her funny and revealing memoir.

I remember once we were going to Chippendales, in a limo, for a soap night with some of "The Ladies of the Day(time)," a group we created so soap ladies could meet each other over lunch. On the ride there she asked me to marry her. I quipped, "I can't think of a better way to ruin a beautiful friendship!" We remained the best of friends to the end. We will not see her like again!

The Spats

by Jeff Pickering



King Crossword

ACROSS

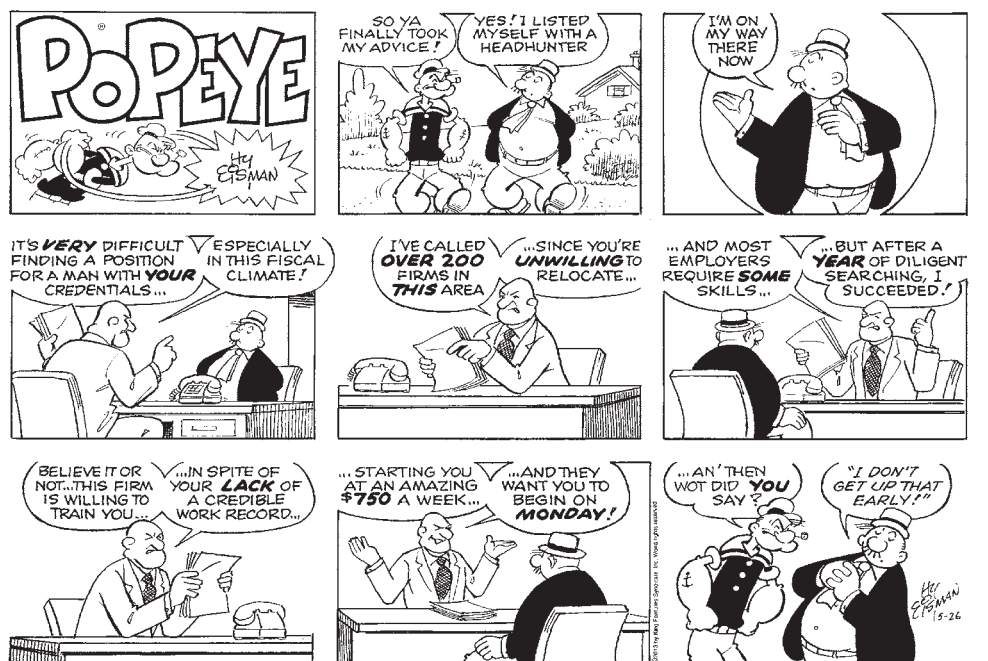
- 1 Demon
- 4 That woman
- 7 Banshee's cry
- 11 Bridle strap
- 13 Church seating
- 14 Without acting
- 15 Greek vowel
- 16 Exist
- 17 Apportion (out)
- 18 Honey bunch?
- 20 Highland hillside
- 22 Cage component
- 24 Machine-gun by plane
- 28 Wheedled
- 32 Olympics award
- 33 Acknowledge
- 34 Used a shovel
- 36 Supermarket stack
- 37 River embankment
- 39 Varied
- 41 California city
- 43 Hawaiian garland
- 44 Prisoner's room
- 46 Oust
- 50 Leaping insect

1	2	3	4	5	6	7	8	9	10	
11			12				14			
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41				42		43				
44				45		46		47	48	49
50	51	52			53		54		55	
56					57			58		
59					60				61	

- 53 Slight touch
 - 55 See 45-Down
 - 56 Freeway access
 - 57 - out a living
 - 58 Reddish horse
 - 59 Chills and fever
 - 60 Butterfly catcher
 - 61 "To be or - to be"
- DOWN**
- 1 Eye part
 - 2 Cat's call
 - 3 Pocket bread
 - 4 Hot tub
 - 5 KFC flavorer
 - 6 Basin accessories
 - 7 Football position
 - 8 Commotion
 - 9 Under the weather
 - 10 Caustic solution
 - 12 Cliffhanger, often
 - 19 Wire measure
 - 21 \$ dispenser
 - 23 Foundation
 - 25 Hebrew month
 - 26 Bleacherites
 - 27 Otherwise
 - 28 Young bovine
 - 29 State with certainty
 - 30 Jupiter's alias
 - 31 Flop
 - 35 Hodges of baseball lore
 - 38 Away from WSW
 - 40 Geese's formation
 - 42 Bygone
 - 45 With 55-Across, War of 1812 battle site
 - 47 Press
 - 48 "Arrivederci"
 - 49 Bivouac shelter
 - 50 Monk's title
 - 51 Trail behind
 - 52 Ostrich's cousin
 - 54 Wager

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King Crossword Answers on Page 34

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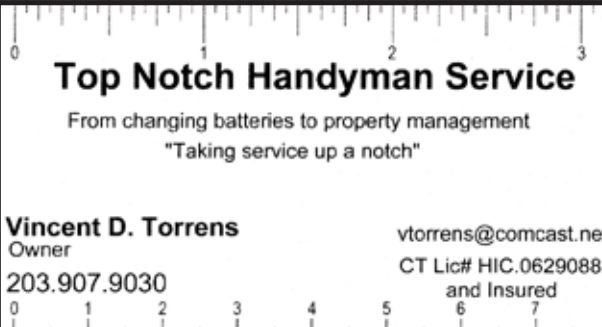
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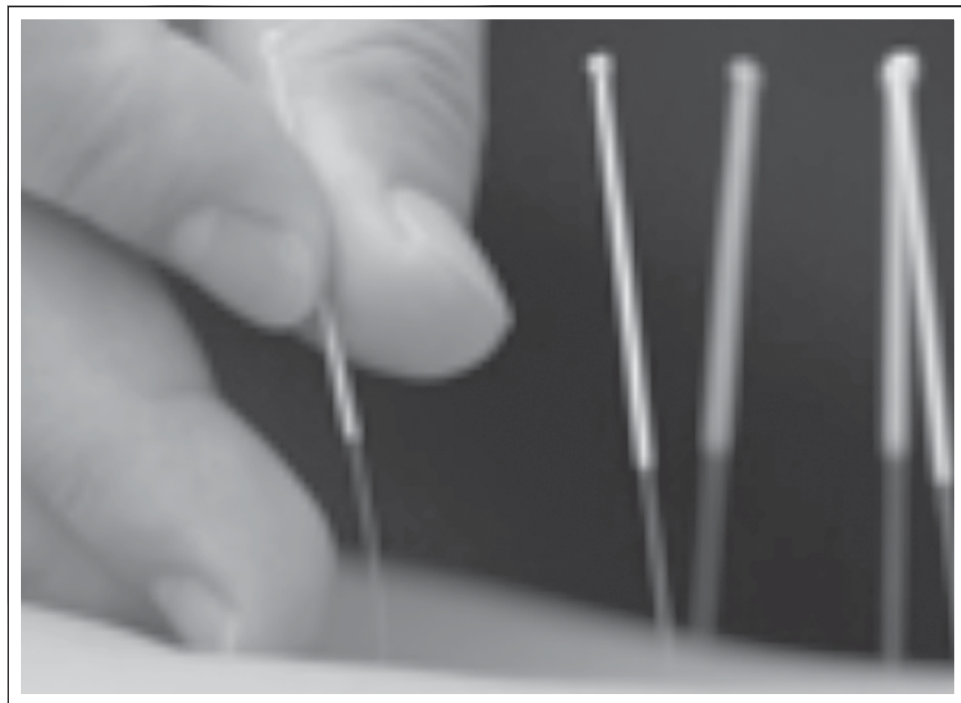
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WEDNESDAY WELLNESS AT NEW HAVEN PUBLIC LIBRARY



New Haven Free Public Library “Breaks for Acupuncture” on Wednesday, June 26, 1-2 pm. Traver Garrity, who received her Master’s of Science of Acupuncture from Tri-State College of Acupuncture in New York City, presents this introduction and demonstration of the ancient healing art. Garrity blends traditional styles of acupuncture with myofacial trigger point release to alleviate symptoms from structural and energetic imbalances that arise from stress and physical strains. She is on the staff of The Amadeus Center in New Haven. This class is offered free of charge.

Library Yoga resumes on July 3, with Christine Uchich offering a special introduction to SunDo, a Taoist yoga and meditation practice. Uchich is a certified SunDo Healing Arts Senior Instructor, with a longtime passion for Eastern spiritual practices like Tai Chi, Chi Kung and Kung Fu.

John Emery Pavel is the instructor for a 3-week Library Yoga miniseries running from July 10 through July 24. He holds a 200-hour Yoga Teaching Certification from Yogaspirit Studios and has trained at Kripalu. He teaches an

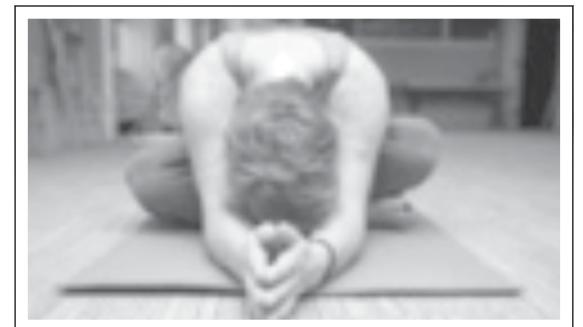


Christine Uchich

Iyengar style of yoga at several regional locations.

Alan Bitker returns to Library Yoga on July 31, for a series that runs through September 11. Bitker is a certified yoga teacher with extensive training in Iyengar, Anusara, and Kripalu styles of yoga. He is also a licensed massage therapist (newhavenmassage.com).

Registration is not necessary for any Library Yoga classes, which are suitable for most fitness levels and are held at New Haven Free Public Library, 133 Elm Street, on Wednesdays, from 1-2 pm. A \$5 fee is collected at each class and participants should bring their own mat. For any questions about Wednesday Wellness classes, please call the library at 203-946-8835.



POOL SAFETY BILL INTRODUCED BY REPS. DARGAN AND DAVIS

Unanimously Passed In The House

A bill to improve and promote safety in swimming pools was unanimously approved in the state House of Representatives May 22nd. The legislators collaborated on the bill following the drowning deaths of two students in Connecticut swim classes in recent years. The legislators who introduced the bill worked to establish uniform safety standards that were workable and made sense.

The measure, in part, calls for two certified and qualified persons to be present to help detect anyone who may

be having problems in pools that may be crowded with students. The bill provides for uniform standards and safety measures that hopefully will go a long way towards preventing any tragedies in the future; having two sets of eyes watching over these pool areas will help if anyone has any problems.

The lawmakers thanked the many people who helped craft the bill which included swim coaches, athletic directors, legislative colleagues and local recreational officials.

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WANTED - Art, Clocks, Coins, Dolls, Estate Jewelry, Military, Silverware, Trains, Gold, Silver, etc. Call Joseph & Carol Ferry Antiques at 203-795-4644.

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King Crossword — Weekly SUDOKU

Answers

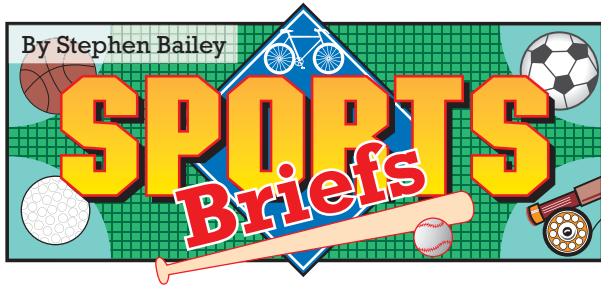
Solution time: 21 mins.

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Answer

7	3	5	8	4	1	9	6	2
8	4	2	6	9	7	5	3	1
9	6	1	3	5	2	8	4	7
3	2	7	4	8	9	6	1	5
4	5	6	2	1	3	7	8	9
1	9	8	5	7	6	4	2	3
2	8	4	9	3	5	1	7	6
5	7	3	1	6	8	2	9	4
6	1	9	7	2	4	3	5	8

LOCAL SPORTS



Amity Baseball Storms Through LL Field To Tourney Final

The Spartans are back in the championship game for the first time since 2007. After losing to Fairfield Prep in the Southern Connecticut Conference Tournament, Amity got its revenge in the CIAC LL Tournament semifinals with a tremendous 3-2 comeback victory on June 4. Sebastian DiMauro and Justin Ashworth played hero in that three-run sixth inning, propelling the No. 6-seed Spartans to a title game matchup with No. 4-seed Southington, who eliminated Amity in the quarterfinals of last year's state tournament.

So here's a look at the Spartans' path through LL bracket:

Amity 10, No. 27 East Hartford 0: This would be the first of three games the Spartans received dominating performances from the mound. In fact, Amity would only allow one run in that trio of competitions. Mike Concato threw his second shared no-hitter of the season, throwing five masterful frames in a steady drizzle, striking out 10 batters and walking two. Two East Hartford first-inning errors gave the Spartans an immediate 3-0 cushion before the Amity bats rallied for a five-spot in the third. Ashworth swatted a double, Chris Cimmino followed with an RBI hit and Chris Katz drove him home with a gap double to left-center. Keith Klebart and Jake Russo tacked on hits to push the lead to 6-0 before a Concato two-run single to right field broke the game open entirely.

Amity 11, No. 11 Fairfield Ludlowe 1: This time it was Sam Nepiarksy's turn to take the mound for this second-round matchup. After allowing a first-inning run, he settled in to go the distance without allowing another for the rest of the game. But the Spartans didn't trail for long. A DiMauro sacrifice fly plated the leadoff man Klebart before a two-run Ashworth double brought Concato and Russo home. Amity added two runs in the second inning as Klebart singled and stole second, then Russo and Concato followed with RBI singles to make it 5-0 Amity. Facing a bit of pressure in the third, Nepiarksy picked off a Ludlowe base runner at third to keep the momentum the Spartans' way. Klebart ultimately finished 3-for-4 with two runs and two RBIs while Ashworth was 2-for-4 with 3 RBIs. The win sent Amity into its first matchup against a lower seed, Greenwich.

Amity 6, No. 3 Greenwich 0: This time, Concato got his full, individual no-hitter, in what was arguably the biggest game of his life. But more than that, it was nearly a perfect game. Save a first-inning error, Greenwich did not put a runner on base for the entire game. No walks, no hit batters — Concato dominated thoroughly. He struck out five and did not go to a three-ball count until the sixth inning, inducing 10 fly or pop outs in the game.

But for the first two innings, it looked like Greenwich may receive a similarly strong performance from J.T. Hintzen. It wasn't until No. 9-man Chris Katz walked to lead off the third inning that the Amity bats starting clicking. Klebart rang an RBI double off the left-field fence, but was thrown out at the plate on an ensuing Russo single. Still, the Spartans kept swinging. Anthony Capozziello provided an RBI single before DiMauro drove him home with a triple. An Ashworth single wrapped up the frame to give Amity a comfortable 4-0 lead heading into the third inning. The Spartans added unearned runs in the sixth and seventh innings to advance to the semifinal.

Amity 3, No. 10 Fairfield Prep 10: Prep beat Amity in the SCC semifinals. They beat No. 2-seed Bristol in their quarterfinal matchup, too. And for five innings, it looked like the Spartans would become victims again. They'd been unable to capitalize on three leadoff hits and the open space on the scoreboard was quickly filling with zeros. It wasn't until Russo and Capozziello singled in the sixth that the momentum began to shift. Sean Beaulieu came in to pinch-run for Capozziello before DiMauro lined a two-run double to knot the score at 2-2. Ashworth hit the crucial go-ahead single and Concato came in to relieve Nepiarksy and pick up the save. After not allowing a hit or walk three days earlier, Concato walked the first two batters. Then a Joe Ganim groundout advanced the runners to second and third. Chris Collins stepped to the plate for Prep with two outs. Concato struck him out, but Cimmino dropped the ball. After racing to pick it up, he fired a tough throw up the first-base line, causing Ashworth to come off the bag. Still, he caught it, tagged Collins and sent Amity back to the finals.

Seidman Wins LL Singles Title

Amity sophomore Jason Seidman won the CIAC LL state singles title defeating Glastonbury's Reid Risinger 6-1, 6-3 on June 1. Seidman, the No. 1-seed cruised past No.-2 seed Risinger on the courts in Woodbridge, avenging his finals loss as a freshman in 2012. Seidman is currently ranked No. 3 by the USTA in the boys' 16-and-under section.



AMITY'S SEIDMAN WINS LL SINGLES TITLE

Bound For National Summer Tournaments

By Stephen Bailey – Woodbridge Town News Correspondent

Jason Seidman got his CIAC LL singles championship this year. After coming back from the brink of elimination in a 2012 semifinal match, the Woodbridge native ultimately lost in last year's final. But he was only a freshman.

This year, the Spartans sophomore cruised past Glastonbury's Reid Risinger 6-1, 6-3 on June 1 in Woodbridge to secure the title he narrowly missed a year earlier. "It was a good experience last year playing in the finals," Seidman said. "This year, I had a pretty easy road to the finals so I knew I'd just have to play one tough match to win. I felt pretty good, prepared pretty well, woke up early, had a good warm-up, felt prepared. There's nothing else I could've done better so it was good."

Seidman, the No. 3 16-and-under player in New England according to the USTA, used his strengthened serve and forehand to keep Risinger on the ropes. His improved stamina also came into play as Risinger wore down in the second set. The heat didn't affect Seidman, though, who took advantage of Risinger's early mistakes and maintained his strong play to close out the championship match. "Usually I stay back and just consistent, but when you're playing really top guys you can't really do that," Seidman said. "So against Reid, my strategy was to wait for the short ball and make as many balls as possible. Wait for the short ball and then crush, because I know Reid's a good player."

While he's reached the pinnacle of high school competition, Seidman said he would like to see the Spartans improve on their fourth-place team finish this year. He knows Greenwich, a school with 26 local country clubs, will have a consistent flow of talent in the next two years, so the Spartans will need to work hard to keep up.

After the end of the school year, he'll be taking a cross-country tour of national tournaments this summer. New Jersey, Michigan, Florida and Louisiana are all destinations as he continues to train heading into his junior year at Amity. Seidman will be competing against some of the toughest competition in the country. He said the National Tennis Tournament in Kalamazoo, Mich., and the National Clay Court Championships in Delray Beach, Fla., are his two biggest events of the summer. "Most of the players are homeschooled," Seidman said. "This is their life, but I'm just trying to get some good experience."

This will be his first entry into the National Tennis Tournament — a competition which all the great U.S. players including Pete Sampras and Andy Roddick competed in. If he were to win the U-16 bracket, Seidman would also receive an automatic entry into the Junior Nationals. He's reached as far as the third round in previous trips to Delray Beach.

Seidman credits a lot of his success to Chris Raffone, Amity's coach and The Woodbridge Club's head pro when Seidman first picked up a racquet at age 4. "He got me into it and from there I've grown," Seidman said. "So it's been good knowing him for that long."

Seidman is already starting to look ahead to college. It's still a couple years down the road, but the process starts this summer when he'll begin talking with Division-I university coaches at tournaments. "I want to go to the best school that can provide athletically and academically," Seidman said.

ARTS & LEISURE



AMITY NOMINATED FOR FIFTEEN CT MUSICAL THEATRE AWARDS

The Amity High School Theatre Department is proud to announce that its production of Sweeney Todd has been nominated for 15 awards from the Connecticut High School Musical Theatre Awards. Amity is the most nominated school out of all other participants. Some of the nominations include Outstanding Production of the Year and Outstanding Performance by a Actress for Alida Ballou of Bethany for her performance as Mrs. Lovett, Outstanding Performance by a Supporting Male for Peter Charney of Bethany for his role of Toby, Outstanding Performance by a Supporting Female for Shaylen Harger of Orange for her role as Johanna and for the fourth consecutive year Best Orchestra. Everyone who contributed to the production of Sweeney Todd, which opened back on April 5th 2013, is completely honored to see that all of their hard work has been noticed.

In the past the Amity productions of Les Miserables, Chicago and last year's Legally Blonde, have all been honored with nominations and were presented with seven awards. Including last year's award for Outstanding Leading Actress won by Alli Kramer who was sent onto the National High School Music Theater Awards held each year on Broadway and was featured on the PBS documentary "Broadway or Bust".

The 5th Annual Connecticut High School Musical Theater Awards Black Tie Gala was held on Tuesday June 4, 2013 at 6pm at The Palace Theater in Waterbury, CT. The Special Master of Ceremonies was Tony-award winning actress Debbie Gravitte. "I am so excited for these awards" said Founding CTHSMTA Producer, Brett A. Bernardini. "I created this program 5 years ago to encourage high quality musical theater education opportunities in Connecticut's high schools. This year, the program has 23 schools from all across the state. Combined they represent 93 nominations for 16 awards. The quality of the work continues to climb, the excitement about musical theater in Connecticut's High Schools continues to build and I am seeing school Administrators eager to support and encourage these programs as they too, discover the educational value of these programs! I am truly grateful to everyone who makes this program work, each and every year."

The entire cast, crew and orchestra of Sweeney Todd will attend the event and perform the opening number from the show "The Ballad of Sweeney Todd" and actress Alida Ballou will perform "Worst Pies in London". If Alida is fortunate enough to win her category, she too will travel to New York City to take part in the National Competition on July 1st. Tickets for this Gala event are on sale through the Palace Box Office by calling 203-346-2000 or online at www.palacetheaterct.org.



Rechelle Radcliffe, Jennifer Duff, Ron & Julie Davis

THE DAVIS GALLERY WINS "BEST GALLERY RECEPTION AWARD"

The staff at The Davis Gallery had a wonderful time at the New Haven Advocate's "Best of New Haven" winner's party! The Davis Gallery won 2nd place for "Best Gallery Receptions". The party was held at Anthony's Ocean View on May 21st. What a huge event that was! Thanks for voting for us!



MARLA MORRIS SET TO RETURN HOME

Former Amity High graduate and country singer Marla Morris will return home from Nashville to perform at "Connecticut Goes Country" at Summerwind Performing Arts Center, 40 Griffin Road North in Windsor at 7 p.m. June 22. Morris will sing selections from her latest CD, Ready for the Rain, which landed on iTunes's Top 100 Country Albums chart on its first day of release. Morris has shared the stage with country acts such as Kix Brooks, Chuck Wicks, and Lorrie Morgan and has been featured in In Tune Monthly Magazine, and the country music blog Spotlight Country. For more information about the event, visit www.marlamorris.com.

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ARTS & LEISURE



ARTS COUNCIL TO PRESENT REINTEGRATE AT INTERNATIONAL FESTIVAL OF ARTS & IDEAS

For the past eight months, The Arts Council of Greater New Haven has been managing a special project, Reintegrate: Enhancing Collaborations in the Arts + Sciences, thanks to a DECD CT Office of the Arts creative place-making grant. The idea was to unite and show off two of Greater New Haven's strongest sectors: art and science.

It started as an intention to facilitate collaborations between artists and scientists in the region and will culminate with an Ideas Talk presenting seven exceptional projects at the International Festival of Arts & Ideas on Wednesday, June 19th, from 5:30 to 7 p.m. Science writer and journalist Carl Zimmer (National Geographic, The New York Times) will moderate discussion. The public is invited to attend this free event which will be held at the Yale Center for British Art at 1080 Chapel Street in New Haven, CT. Imagine the Higgs boson discovery being communicated through dance, peering into the depths of poverty thanks to an artist/geographer team who has sculpted the census, and cross-discipline classes for college students with a bonus of better beer thanks to a team of designers and mathematicians from Quinnipiac University.

For more information about the seven teams visit ReintegrateNewHaven.com or call 203-772-2788. For more information about the International Festival of Arts and Ideas visit artidea.org.



The Baha'i choir performing in the House of Worship. See the full article on page 16.

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Salome's Stars

ARIES (March 21 to April 19) Cheer up, Lamb. Your emotional impasse will lift once you allow your highly tuned sense of justice to guide you on what to do about an associate's questionable behavior.

TAURUS (April 20 to May 20) News about a project you hoped to work on might need more clarification. Take nothing just on faith. Draw up a list of questions, and insist on each being fully answered.

GEMINI (May 21 to June 20) Giving your time to help others is fine. But don't lose sight of your own needs. Make plans for an energy-restoring getaway with that very special person in your life.

CANCER (June 21 to July 22) Congratulate yourself on getting that difficult job done to everyone's satisfaction. This could be the first of many such challenges you might be offered down the line.

LEO (July 23 to August 22) With your enthusiasm soaring again, you feel ready to tackle a tough new assignment. Good for you! And remember: Don't be too proud to accept help when it's offered.

VIRGO (August 23 to September 22) Cupid rules the week for single Virgos eager to make a romantic connection. Meanwhile, Virgo couples experience renewed commitment in their relationships.

LIBRA (September 23 to October 22) Home and work issues vie for your attention through early next week. Rely on your Libran sense of balance to keep you from being overwhelmed by either side.

SCORPIO (October 23 to November 21) Creative projects might have to go on standby as you tackle other matters making demands on your time and energy. Things should ease by the middle of next week.

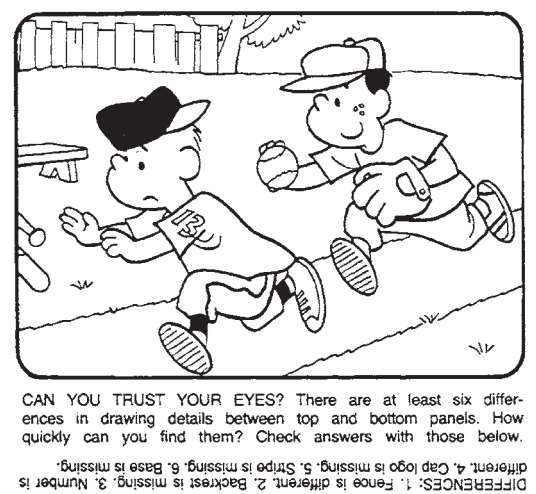
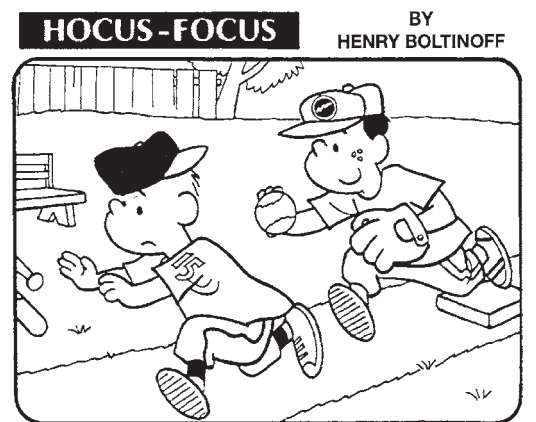
SAGITTARIUS (November 22 to December 21) Your energies are high, and so are your aspirations. But be careful not to let work dominate the week. It's also important to spend time with family and friends.

CAPRICORN (December 22 to January 19) It's a good time to set aside your pride and stop nursing those hurt feelings. Instead, consider restoring relationships you want to have back in your life.

AQUARIUS (January 20 to February 18) You might be miffed at not being shown more appreciation for your hard work. But don't brood over it. Recognition comes in its own time and in its own way.

PISCES (February 19 to March 20) With your inner creative juices starting to boil and bubble, this is a good time to launch a new arts-related project, or go back and restart the one you had set aside.

BORN THIS WEEK: You have a way of seeing the best in people, which helps encourage them to live up to your perceptions.



top ten DREAM SCHOOLS

1. Stanford
2. Harvard
3. Columbia
4. NYU
5. Princeton
6. UCLA
7. MIT
8. Yale
9. Michigan
10. UC Berkeley

Source: Princeton Review, 2013

THE WRONG WAY TO PICK UP A CAT

DEAR PAW'S CORNER: How do you pick up a cat? My sister says I don't pick our cat "Bubba" up correctly. -- Stacy in Gulfport, Miss.

DEAR STACY: Many people pick up a cat by kneeling in front of it, placing their hands on either side of the cat's body behind the front legs, and lifting it straight up in the air. I often wonder if there are statistics on how many of these people get scratched and clawed by said cat as it tries to escape. That is a really uncomfortable position for a cat to be in. Another no-no is lifting a cat by the scruff of its neck, the way mama cats do. This can hurt adult cats. (Sometimes you'll see the vet grasping the scruff of the neck, but only to reposition the cat, without lifting it up.) The best way to safely pick up a cat is to approach it from the front, calling its name so you get its attention. Kneel down to Bubba's level and then move to his side. Cup one hand under his chest, then tuck his tail to one side and reach under his hindquarters, and lift him into your arms. His hindquarters and back legs can be tucked in the crook of one arm, but let him rest his paws on top of your other arm. Many cats like being snuggled this way, but few will stay there for long. If you want to hold Bubba longer, sit on the couch and rest him across your lap. If he struggles to get away, let him go. If you're holding him in your arms, let him go by kneeling down to the floor, so he can safely exit.

Send your question or comment to ask@pawscorner.com, or write to Paw's Corner, c/o King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475. Find more pet advice and resources at www.pawscorner.com.

The Garden Bug

Facts about orchids

- There are more than 25,000 documented species of orchid.
- The flowers have a symmetry similar to human faces.
- Some research dates some species as far back as 120 million years ago.
- Parts of many orchid flowers are shaped and colored to look like the kind of insect they hope to attract.

Source: <http://news.discovery.com>



BARK BYTES...

By Vicki & Richard Horowitz

What You Should Know About Dog Bite Prevention

Did You Know?

- Approximately 4.7 million Americans are bitten by dogs each year, with small children and the elderly among the most frequent victims.
- 885,000 of those injured require medical attention, with dog-bite victims accounting for up to five percent of all emergency-room visits.
- Most dog bites occur in the home of the victim's family members or friend.
- Children (especially boys aged 5-9) are three times more likely than adults to be seriously bitten.
- Dogs bite young children (aged 4 and under) most often on the face, head and neck because kids are around the same height as a dog and because they can crawl into small, low spaces where the dog can reach.
- 50 percent of all children in the U.S. will be bitten by a dog before their 12th birthday.

Dog bites are a serious matter. To keep pets and people safe, following are dog safety and bite prevention tips to help prevent the situations that lead to dog bites.

Dog Bite Prevention Tips

How to Stay Safe When a Dog Approaches

- Don't turn and run—dogs naturally love to chase and catch things.
- Stand still, with your hands at your sides. In most cases, the dog will go away when it determines you are not a threat.
- Don't put your hand out—just allow the dog to approach you to sniff you.
- Don't scream. If you say anything, speak calmly and firmly.
- Face the dog at all times, but don't stare. Avoid eye contact.
- Back away slowly, watching the dog from the corner of your eye until the dog is out of sight.

Safety Tips for Parents

- Never leave a young child or baby alone with any dog.
- Never allow your young child to discipline a dog.
- Never allow your child to feed or walk a dog unsupervised.
- Never allow your child to pull on a dog's collar, ears or tail.
- Never allow your child to play aggressive games (like wrestling) with any dog.
- Never allow your child to pet a dog that is in someone else's car or truck.

Dogs are wonderful companions and respond well to consistent training and leadership. By acting responsibly with your dog, you not only reduce the number of dog bites but also enhance the relationship you have with your canine companion.

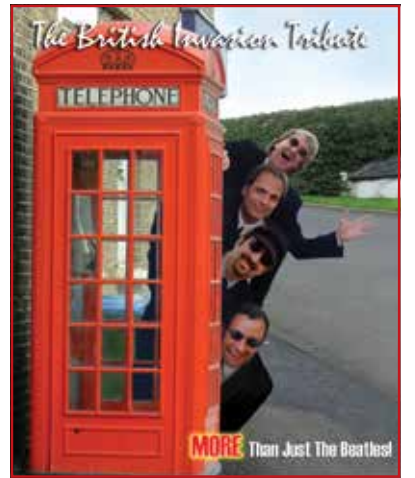
Since dogs are such an important part of many kids' lives, Bark Busters Home Dog Training believes every child should be educated about dog safety. Our Bach & Buster Buddy Dog Safety Program is designed to help kids stay safe using fun games and activities to teach them to make the right choices around familiar and unfamiliar dogs. For more information about dog safety with kids, visit www.BarkBustersBuddy.org.

Vicki and Richard Horowitz, of Woodbridge, are dog behavioral therapists and trainers with Bark Busters, the world's largest dog training company. For more information, call 1-877-500-BARK (2275) or visit www.dog-training-new-haven-ct.com.

**Celebrate the Town of Orange's
Independence Day
Concert & Fireworks Display**

Saturday, July 6th (rain date Sunday, July 7th)
Orange Fairgrounds - Gazebo
525 Orange Center Road, Orange

The Town of Orange will be holding its annual **Independence Day Concert and Fireworks Display** on Saturday, July 6th at the Gazebo on the Orange Fairgrounds. The concert band, back by popular demand will be the **British Invasion Tribute** and the Fireworks Display will once again be provided by the nationally renowned "**Zambelli Fireworks Company**". The **Orange Town News** is once again organizing this year's event and will be producing a program book to be handed out at the fairgrounds.



Concert 6:30 – 9:30 pm
Fireworks Display
9:30 – 10:00 pm.



Support Your Home Town's Most Popular Event
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Orange Center Convenience.....	203-891-9177
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Orange Country Squire Barber Shop.....	203-795-6141
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*** Insurance since 1896"**

- a statement long associated with Frank Woodruff Rogers. However, after 56 years in the real estate business, Frank gave up his real estate office and joined Weichert Regional Realtors. Why? Frank said he simply didn't want to do it all by himself anymore, and knew that being associated with a national name agency would provide a broader service base to meet the needs of his many Orange clients. Frank can be reached at 795-2349, or on his cell phone, 795-0000

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<p>On Deposit in 6 Days!</p>  <p>ORANGE \$369,000 Charming Cape in central Orange. Master suite w/walk-in closet, 2.5 baths, Sunroom, heated IG pool w/hot tub, granite countertops. Dan Delvecchio 795-2700.com MLS#N337218</p> 	<p>On Deposit in 27 Days!</p>  <p>ORANGE \$329,000 3 BR Col set on level landscaped yard. Updates galore w/vinyl siding, roof, furnace, windows & kitchen. MBR w/bath, handicap accessible. Audra DiGello, 795-2700.com MLS #N336672</p> 	<p>New to Market!</p>  <p>ORANGE \$425,900 NEW TO MARKET! Fantastic Family Colonial with 4 BRs, 2.5 baths! Hardwood floors throughout, updated mechanics, everything you have been looking for! Nick Mastrangelo, 795-2700.com MLS #N337618</p> 	<p>New to Market!</p>  <p>MILFORD \$349,900 3 BR, 1.5 bath Raised Ranch on Milford/Orange line. Convenient to hwy's, HW floors, well maintained home w/private back yard. Call Dan Delvecchio, 795-2700.com MLS #N338143.</p> 	 <p>BETHANY \$950,000 8,000+sf, 14 rms, 3/5BR, 5.5 ba. Fab kit w/grnl rm, indoor pool, media rm. Too many details to list. Darlene Eaton 795-2700.com MLS#N328027</p> 									
 <p>BETHANY \$349,000 Large 9 rm, 4BR, 3 ba RR in great cond, 2 full mo d kit, MBR suite. Priv lot, 2 c gar. Tom Cavaliere 795-2700.com MLS#N334967</p> 	<p><i>Invite us in, we'll bring Results! Congratulations to our agents for their exceptional ability to bring more buyers & sellers together this Spring!</i></p> <table border="0"> <tr> <td data-bbox="909 2182 1073 2365"></td> <td data-bbox="1073 2182 1236 2365"></td> <td data-bbox="1236 2182 1400 2365"></td> <td data-bbox="1400 2182 1563 2365"></td> </tr> <tr> <td>Audra DiGello Top Unit Producer March</td> <td>Mary Radziszewski Top Volume Producer, March</td> <td>Joe Han Top Unit & Volume Producer April</td> <td>Mark Fagan Top Unit & Volume Producer May</td> </tr> </table>								Audra DiGello Top Unit Producer March	Mary Radziszewski Top Volume Producer, March	Joe Han Top Unit & Volume Producer April	Mark Fagan Top Unit & Volume Producer May	 <p>ORANGE \$599,900 Custom built cul-de-sac w/fam rm w/vaulted ceiling, wet bar & stone fpl, 4BRs, 4.1ba, gourmet kit, DR, in-law apt, wrkshp, home office. 3 acres. Nick Mastrangelo, 795-2700.com MLS #N337003</p> 
													
Audra DiGello Top Unit Producer March	Mary Radziszewski Top Volume Producer, March	Joe Han Top Unit & Volume Producer April	Mark Fagan Top Unit & Volume Producer May										
 <p>ORANGE \$549,900 Sparkling re-done 4400 SF home with full 1st flr in-law apt. Granite kit, 4 BRs, 4.2 baths, 25x25 FR. Ready for you! Mario Gambardella, 795-2700.com MLS #N336870.</p> 	 <p>ORANGE \$475,000 4,473 sq.ft., 14 RM, 5br, 4.5 BA RR; remod kit, many updt, fully fin LL, att in-law, extensive landscaping & more. Nick Mastrangelo 795-2700.com MLS#N333787</p> 	 <p>ORANGE \$387,000 Spacious 7 rm, 3BRs, 3 ba Ranch; hwtlrs, new roof, updt kit, main lvl FR, 2 c gar, conv loc. James Cole 795-2700.com MLS#N335070</p> 	 <p>ORANGE \$229,000 Best deal in Orange! Great 3 BR ranch on an awesome lot and convenient location! Newer siding, roof, septic, windows & heater. Mark Fagan, 795-2700.com</p> 	 <p>WOODBRIDGE \$950,000 The ultimate in an elegant lifestyle w/16 rooms in all, tennis court, pool and pool house, car collector's dream 10+ car garage all on 5.6 acres. Nick Mastrangelo, 795-2700.com MLS N336567.</p> 									

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