

Woodbridge Town News



Woodbridge's Exclusive Newspaper

Mailed Free to Every Home in Woodbridge
Mailed Free to Every Business in Woodbridge & Bethany

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CIRCULATION 3605

WEDNESDAY, JUNE 28, 2017



NEW TOWN ORDINANCE CREATES LEASH LAW

By Bettina Thiel – Woodbridge Town News Correspondent

Starting July 29, the Town of Woodbridge will require all dog owners to keep their canine companions on a leash whenever they are on public land, including the town's parks and hiking trails. Exempt are only guide dogs for the blind.

The leash requirement also extends to streets, school grounds and recreational areas, and to any private property that is not the dog owner's property. Even before enactment of this broadened

leash requirement, signs at many park entrances required dog owners to leash their pets.

The Board of Selectmen, after a brief hearing with no public input on June 14, unanimously approved this addition to the town ordinance, with insertion of the leash requirement. First Selectman Ellen Scalettar said the ordinance was

See "Leash" continued on Page 5

WOODBIDGE PASSES GUN RESTRICTION ORDINANCE

Guns and other weapons will no longer be allowed on Town-owned property or in Town buildings in accordance with a new ordinance passed unanimously by the Woodbridge Board of Selectmen at its June monthly meeting. Several residents turned out to support the Selectmen's action. "I believe this change comports with what most residents

would assume to be the case," said First Selectman Ellen Scalettar. "We don't expect guns on playgrounds, walking trails or at the library."

The Woodbridge Board of Selectmen approved a change to the Town's firearms ordinance on the same day that

See "Guns" continued on Page 5



Strange Magic with Special Guest Vocalist Phil Naro

"STRANGE MAGIC" FEATURED PERFORMER AT FIREWORKS SHOW

The Orange Independence Day Concert & Fireworks Spectacular To Be Held Sunday, July 2nd

The Town of Orange may be small in population, but it gained the reputation over the past several years for bringing in internationally renowned bands and one of the best fireworks displays in the New Haven County.

For this year's Independence Day Concert, the Orange/Woodbridge Town News, who is once again producing the event, is presenting "Strange Magic – The ELO Experience" to perform prior to the town's Annual Independence Day Fireworks Spectacular. Strange Magic is a tribute to the Electric Light Orchestra which features cellos and intricate vocal arrangements. The group performs note-perfect renditions of all the ELO classics. Concert goers can expect to hear all their favorites such as "Living Thing," "Evil Woman," "Don't Bring Me Down," "Ma Ma Belle," "Strange Magic",

"Telephone Line", "Can't Get it Out of My Head" "Sweet Talkin' Woman", "Turn to Stone", and "Shine a Little Love". The nine members of "Strange Magic", who are making their CT debut, hail from Toronto, Canada. The band will feature internationally renowned lead vocalist Phil Naro.

The Independence Day Concert will take place on Sunday, July 2nd (rain date Monday, July 3rd) at the Orange Fairgrounds, 525 Orange Center Road, Orange.

The festivities will begin promptly at 6:30 pm. The concert will be followed promptly at 9:30 pm by the Independence Day Fireworks Spectacular with Patriotic Music.

Orange/Woodbridge Town News

See "Fireworks" continued on Page 5

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Left to right: Dr. Charles Dumais, Superintendent, Clair Yuan, Kabir Khwaja, Dr. Richard Dellinger, Principal

KHWAJA, YUAN SELECTED FOR SCHOLAR-LEADER AWARD

Kabir Khwaja and Claire Yuan were selected to receive this year’s “Scholar-Leaders Award” sponsored by the Connecticut Association of Schools (CAS). This award program is designed to recognize one boy and one girl from each middle level school in Connecticut, who has distinguished herself/himself in scholarship and leadership in the school and community.

Team Black selected Kabir Khwaja for the CAS Scholar Leader Award. Kabir demonstrates an above average commitment to his academics. He excels in the advanced level classes, and is taking Geometry this year in the 8th grade while still maintaining a strong A to A+ average in all of his classes. In the classroom, Kabir is a consistent role model for his peers. His quiet diligence sets the tone for the class, and he readily provides a thoughtful comment during class discussions. Kabir is very detail oriented, intuitive, and has strong logical reasoning skills. He is very involved in the school community, participating in the Debate Club, Social Robotics, the Math Club, and the Science Club. Kabir is also an athlete who competes on the school teams for Track and Field and Cross Country, as well as practices Tae Kwon Do outside of the school. Kabir is a gifted performer on the trumpet and cello, and in school, he participates in Band, Jazz Band, and Orchestra. Outside of school, Kabir excels at the cello and performs with the Greater New Haven Youth Orchestra at Neighborhood Music School in New Haven, and

has participated in Southern Regional Orchestra. Kabir is a well-rounded student who contributes through his own example to his school and local community.

Claire Yuan is the Gold Team’s recipient of the CAS Scholar Leader Award. Claire is a remarkable student who exemplifies all the qualities of a scholar and a leader. She is a sincere young woman and a high-achieving student. She is articulate, a competitive athlete, and an accomplished musician. Claire is a straight-A student whose cumulative numerical average in advanced academic classes exceeds 99%. Claire scored silver pin in the Math Olympiad Competition and is a member of our Social Robotics and Engineering program. She, along with her partner, won multiple awards at the Connecticut Science and Engineering Fair for their presentation on using flocculation to extract chromium 6 from water. Clare is a distinguished flute player, participating in the AMSB school band and Connecticut Music Education Association Southern Regional Festival in both 7th and 8th grade. Additionally, she runs cross country and swims competitively. Claire is a curious, gifted and determined individual who is the epitome of a scholar-leader.

Kabir and Claire truly exemplify the attributes reflected in this award. Students, their families, and staff representatives were recognized at the annual CAS Middle Level Scholar-Leader Banquet on June 4, 2017 at the Aqua Turf Club in Southington.





(l-r): Meghan Dana of Derby HS, Miranda Holland of Common Ground HS in New Haven, Neha Swamy of Shelton HS, and Kevin Zhao of Amity Regional Sr. HS in Woodbridge.

AMITY’S KEVIN ZHAO RECOGNIZED FOR STEM EXCELLENCE

On Tuesday, June 6, 2017, Fairfield University held its 21st annual Excellence in Mathematics and Science Awards. Co-sponsored by Sikorsky Aircraft Corporation, the event recognized 29 juniors from public, private and parochial high schools in Fairfield and New Haven Counties for exceptional aptitude in science and mathematics.

Dean of Fairfield’s School of Engineering Bruce Berdanier, PhD, and Chris Speights, director of mission system integration at Sikorsky Aircraft Corp., presented the students with medals and certificates at a lunchtime ceremony held in the University’s Dolan School of Business, where the young scholars mingled with faculty from the School of Engineering, local business leaders, the admissions staff and guests from Sikorsky Aircraft Corporation.

Usman Asif ’08, MS’09, who leads the combat rescue helicopter engineering team at Sikorsky Aircraft Corp. and was guest speaker at the event, said in his remarks, “The future of STEM is bright. The industry is going to be overhauled and there will be plenty of jobs in this sector compared to others.” Asif also invited students to focus on the three

“E’s” — education, experience and exposure.

Participating High Schools and award recipients are as follows: Gianfranco Alvarez, Kolbe Cathedral HS; Sara Anwer, Fairfield Warde HS; Ameet Banala, Bethel HS; Maria Paula Barbosa, Convent of the Sacred Heart; Adam Boczar, Joel Barlow HS; Bowen Chen, Fairfield Preparatory HS; Xuran Chen, Immaculate HS; Ava Corsi, Joseph A. Foran HS; Meghan Dana, Derby HS; Jackson Delgado, Staples HS; Annabel Devault, Academy of Information Technology & Engineering; Ana Flores-Munoz, The Bridge Academy; Miranda Holland, Common Ground HS; Alex Kane, Hopkins School; William Alexander King, Green Farms Academy; Forrest Lazzara, Darien HS; Jason Liu, King Low Heywood, Alyssa Moore, Bunnell HS; Brianna Mulloy, Masuk HS; Grace Murray, Lauralton Hall; Brandon Reid, Wooster Hall, Lindsay Salvati, Notre Dame HS; Saloni Shah, Trumbull HS, Christopher Strong, Henry Abbott Technical HS; Neha Swamy, Shelton HS; Michelle Woo, Greenwich HS; Allen Xue, Newtown HS; Kevin Zhao, Amity Regional Sr. HS; and Jennifer Zheng, Fairfield Ludlowe HS.



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Custom, remodeled cape cod privately set among nature on 1.85 acres abutting conservation land. This expanded 3,595sqft, 4/5BR, 2.2BA home enjoys many updates & natural light through its several skylights. The large updated country kitchen w/ granite counters & stainless steel apps feels rustic w/ its brick floors, exposed beam ceiling & bare wood wall design. The kitchen is made bright by a wall of windows & slider door to the rear patio, & is warmed by a floor to ceiling brick FP, flanked by built-in book shelves. Large, formal LR w/ 2 bay windows & expanded formal DR w/ wall of windows & door to rear deck. A well-appointed 1st floor MBR suite has been remodeled w/ a dressing room & full BA w/ jacuzzi tub, shower, & granite double sink vanity. A laundry room, half BA, & an additional BR w/ updated half BA completes the 1st floor. Upstairs is 3 additional BRs & a generous-sized bonus room all w/ gleaming oak floors. Whole house automatic generator. One of a kind home in a scenic setting.





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CHARACTER OF THE 4TH QUARTER AWARD

Amity Middle School in Bethany has a “Character of the Quarter” awards program. Each marking period students are recognized for one of four traits: Accountability, Motivation, Independence and Trustworthiness. Students from each team are selected to receive this honor. They have a special breakfast at the end of the year and are presented with their award certificate. The character trait for the 4th quarter was “Trustworthy”. The students who recently received the “Character of the Quarter” award are: Standing – L to R: Jeffrey Tafuto, Sean Doron, Andy Kim, Tasha Von Beeden, Rhian Alsgaard. Kneeling – L to R: Arnav Paliwal, Nick Cui, Kaitlyn Pryor, Catherine Tereb, Savannah Kusnitz, Steven Muccio. Missing from photo: Sofia Magliocco.



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"Guns" continued from Page 1

a member of Congress and four others were shot while at a baseball practice and a year and a day after the country's deadliest mass shooting at the Pulse nightclub. "A municipality cannot regulate the gun industry like the federal or state government can; we cannot require mental health background checks or prohibit those on the no-fly list from buying guns. What we can do is regulate where those guns are carried and used in our Town," Scalett said.

Following the tragic murder of 20 Connecticut school children in 2012, Connecticut passed some of the toughest gun laws in the country. The State law prohibits carrying weapons in schools

and where legislators meet; but otherwise leaves it up to property owners – whether they are public or private – to restrict weapons on their property. Many Connecticut towns have done so.

The ordinance prohibits carrying guns onto any property owned by the Town of Woodbridge, including municipal buildings, parks, trails, etc. There are two exemptions: one for law enforcement personnel and the other for the lawful transport of weapons on Town roads.

Another change to the firearms ordinance was approved in order to bring it into compliance with State law. Woodbridge's ordinance had prohibited discharging a weapon within 500 yards of a dwelling, but state law requires that the maximum distance be 500 feet.

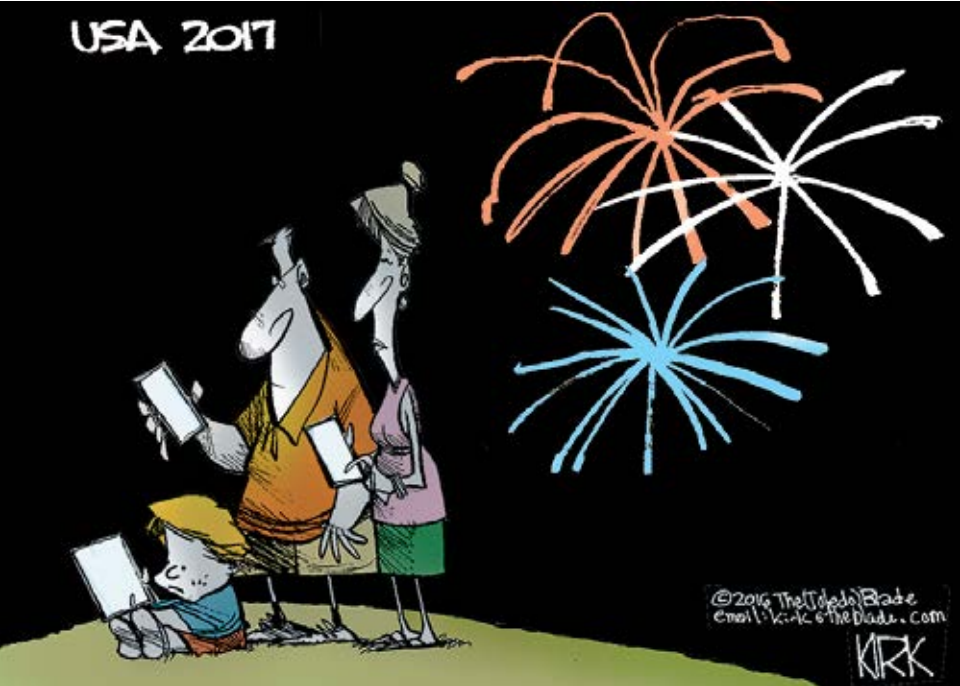
"Fireworks" continued from Page 1

publisher and event producer Rocky Salpento said, "We are looking forward to another premiere event for area residents to enjoy. We are excited about producing this show for the sixth consecutive year. We hope everyone in Orange & Woodbridge continues to enjoy this great community event. Many thanks go out to our sponsors, and town officials for their continued support."

The event is made possible through area sponsors including major sponsors: Cohen & Wolf, P.C.; Yale University, Regent Wealth Management Group, The Orange Foundation's Olga Fund, the Orange/Woodbridge Town News & the

Town of Orange.

Popular Food Trucks have been lined up to enhance this year's event including Shoreline Prime, Chip's Pancake Truck, Cappetta's Italian Imports, Szabo's Seafood, JR Kettle Corn, Spuds Your Way, Rita's Italian Ice, Mr. Softie, & Reno's Pizza Truck. Novelty items will also be available for purchase from Action Enterprises at the fairgrounds beginning at 6:00 pm. WPLR Radio Personality Ryan Roberts will also be on location. Come early and get a good seat. Admission is free. There will be a suggested parking donation of \$5 that will benefit the Orange Little League. Woodbridge residents are welcome!



"Leash" continued from Page 1

recommended by the Ordinance Committee who acted based on the suggestion of the Animal Control Officer and the Parks Department in an effort to make the public spaces safer for animals and people.

The leash, as defined in the ordinance, "means any humane device constructed of rope, cord, leather strap, chain or other sturdy material not exceeding eight feet in length, of sufficient strength to control the animal to which it is attached." In the past the ordinance only addressed the owner's responsibility to immediately pick up any dog litter. That part of the ordinance was left unchanged. Also unchanged are the fines set for violators with \$25 for the first

offense; \$50 for the second and \$100 each subsequent offense.

State statute does not mandate that dogs be on a leash at all times. Instead, the dog owner is held responsible to prevent any dog from roaming on another person's land or on a public street, including sidewalks. According to the state, the animal must be "under his [owner's] control" at all times. Violating the state roaming law is an infraction punishable by a fine of \$92. An exception to this rule is state parks, where the Department of Energy and Environmental Protection requires that owners keep their dogs leashed.

State statute specifically allows local governments to create their own leash ordinances. The local ordinance passed unanimously.

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Woodbridge Town News

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Thank you for your submissions to Your Home Town Newspaper.

Upcoming Issue Deadline	Upcoming Issue Dates
July 21st	Summer Issue July 28th
August 25th	Labor Day & Back to School Issue September 1st
September 22nd	Columbus Day Issue September 29th

Note: Copy due by 4:00p.m. Thank you.

FROM OUR READERS

Friends of Woodbridge Library Thank Everyone

The Friends of Woodbridge Library thank everyone in our town, those that visited from neighboring towns, our volunteers and the library staff for making the Friends 3rd Annual Book Sale a spectacular success. This year’s sale was located in the Library’s beautiful Woodbridge Room - the original town library. The new sale location received many compliments as shoppers thought the Woodbridge Room created the perfect book-buying atmosphere. The success is due to the wonderful donations we receive from the community, and from the tireless volunteers who sort, clean and organize the books, CDs and DVDs. A big thank you to the volunteers and the interns from Amity High School for helping set up the sale and a shout out of thanks to those Woodbridge families who live on main roads and proudly displayed our Book Sale signs - we couldn’t have done so well without you! The money raised at the Book Sale will be used by the Library for programming, museum passes and to purchase new books. Although our inventory was depleted by the sale, we have been receiving boxes and boxes of new donations each day, so stop by the Friends Bookstore Alley and see what’s new. We will also be selling books at the Farmer’s Market/Concerts and Movies on the Green on Tuesday

nights this summer.
Thank you again Woodbridge for all your support,
Mia Von Beeden

Have a Safe Fourth of July

This Fourth of July, Americans everywhere will toast to our nation’s 241st birthday. Fireworks will light the night sky as friends, families, and communities gather together to celebrate our independence. While summer holidays are a great chance to enjoy a cold beer in the summer sun, always remember to celebrate responsibly. This Independence Day weekend, let’s give America the best birthday gift we can by always planning ahead for a safe ride home and helping keep our roads safe for all. Over the past 35 years, Anheuser-Busch and its wholesaler partners have invested more than \$1 billion in the United States to promote alcohol responsibility and help prevent drunk driving. These holiday weekends, and every weekend, remember that drunk driving is 100 percent preventable when we all do our part. Get a ride. Call a cab. Take a train. Whatever you do, care enough to get home safely. Have a fun and safe holiday!
Tony Lota
Alcohol Awareness Coordinator
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Woodbridge Town News

WTN Letters Policy

Submit your letters for our **“From Our Readers”** section to:
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Please limit letters to 500 words and include a daytime phone number in case we have any questions. Letters must be exclusive to the Woodbridge Town News for publication. We reserve the right to reject any letter.

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JCC members and volunteers in the Woodbridge Volunteer Fire Department
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Selectman Ellen Scalettar, Town of Woodbridge Building Official Terry Gilbertson.

JCC OF GREATER NEW HAVEN HONORS WOODBRIDGE OFFICIALS

At its Annual Meeting on Wednesday June 7, 2017, the Jewish Federation of Greater New Haven honored the Woodbridge Volunteer Fire Department, Woodbridge Police Department, Ellen Scalettar, First Selectman, and Terry Gilbertson, Town of Woodbridge Building Official, as well as community volunteers, area synagogues and Jewish agencies with the Robert Eisner Community Service Award.

Named for the former JCC President Bob Eisner (1971-1974), the Robert Eisner Community Service Award was established in 1983 to honor individuals who made significant contributions in both the Jewish and secular communities. This year's Robert Eisner Community Service Award was presented to first responders and community supporters who have helped the Jewish Federation and JCC of Greater New Haven through challenging times. Larry Eisner, son of Robert Eisner, presented the award and said, "This year our community experienced a trauma when fire broke out at our JCC, and those who will now come forward deserve this honor and more. Some ran into the smoke and fire to rescue our property. Some provided shelter from the cold. Some stood with us, schlepped with us, and provided us a home away from home."

Full list of 2017 Robert Eisner Community Service Award recipients:

- Woodbridge Volunteer Fire Department
- Ellen Scalettar, First Selectman
- Woodbridge Police Department
- Terry Gilbertson, Town of Wood-

- bridge, Building Official
- Martin Halprin
- David Trachten
- Bikur Cholim Sheveth Achim
- Brookdale Senior Living
- Camp Laurelwood
- Congregation B'nai Jacob
- Congregation Beth El-Keser Israel
- Congregation Beth Shalom Rodfe Zedek
- Congregation Chabad Lubavitch
- Congregation Mishkan Israel
- Congregation Or Shalom
- Congregation Sinai
- Ezra Academy
- Hebrew Congregation of Woodmont
- Jewish Family Service of Greater New Haven
- Orchard Street Shul
- Southern Connecticut Hebrew Academy
- Temple Beth David
- Temple Beth Sholom
- Temple Beth Tikvah
- Temple Emanuel
- Tower One/Tower East
- The Westville Synagogue

The Jewish Federation of Greater New Haven is a non-profit organization that aims to lead, build, strengthen, and renew a dynamic local Jewish community and to provide support and caring for Jewish people in our community, Israel and worldwide. We are guided by the traditional Jewish values of Torah (tradition, learning and deeds), Tikkun Olam (improving the condition of our world), Tzedakah (philanthropy and acts of loving kindness), and k'lal Yisrael (Jewish peoplehood).

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STUDENT NEWS

Dean’s/ President’s List

Eastern Connecticut State University Student Shannon Murphy Named To Spring 2017 Dean’s List

Willimantic, CT -- Eastern Connecticut State University recently released its spring 2017 semester Dean’s List for full-time students. Shannon Murphy ‘17 of Woodbridge, CT, was named to the Dean’s List. Murphy’s major is Social Work.

Brendan Regan Named To Emerson College Dean’s List For Spring 2017

Boston, MA -- Brendan Regan, a resident of Woodbridge, has been named to the Emerson College Dean’s List for the Spring 2017 semester. Regan is majoring in Media Arts Production. The requirement to make Emerson’s Dean’s List is a grade point average of 3.7 or higher.

Zachery Arons Named To Furman University Dean’s List

Greenville, S.C.—Zachary Arons, a Furman University student from Woodbridge, has been named to the Dean’s List for the 2017 spring term. The honor is awarded to full-time undergraduates who earn a grade point average of at least 3.4 during the university’s fall and spring semesters. Arons is the son of Lauren and Dr. Jeffrey Arons of Woodbridge.

Haritsa Halepas Named To Spring 2017 Hofstra University’s Dean’s List

Hempstead, NY-- Haritsa Halepas of Woodbridge, CT excelled during the Spring 2017 semester, achieving a GPA of at least 3.5 to earn a spot on the Dean’s List.

2017 James Madison University Spring Dean’s List

Harrisonburg, VA -- James Madison University is pleased to announce the following Woodbridge students made the dean’s list for the spring 2017 semester: Kara Burgess is majoring in international affairs and is scheduled to graduate in 2017; and Natalie Pyne is majoring in hospitality management and is scheduled to graduate in 2018. James Madison University offers each student a future of significance -- not an education of mere prestige, but an extraordinary education of exceptional scholarship, inventive thinking, unparalleled attention to the world community, a university-wide enthusiasm for teaching, and a commitment to student success.

Diana Kate Karsanow Named To President’s List At Miami University

Oxford, OH -- Diana Kate Karsanow

was named to the Miami University spring 2017 president’s list. Miami University students who are ranked in the top three percent of undergraduate students within each division for second semester 2015-16 have been named to the president’s list recognizing academic excellence. Karsanow, from Woodbridge, is earning a BA in History of Art & Arch majoring in Art & Architecture History, Arts Management.

Taylor Winnick Earns Spring 2017 Dean’s List Honors At Roger Williams University

Bristol, RI -- Taylor Winnick, of Woodbridge, has been named to the Spring 2017 Dean’s List at Roger Williams University, in Bristol, R.I. Full-time students who complete 12 or more credits per semester and earn a grade point average of 3.4 or higher are placed on the Dean’s List that semester.

Southern Connecticut State University Announces Dean’s List

Those from Woodbridge named to the SCSU Spring 2017 Dean’s List are: Nicholas Alexiades, Carli Atwood, Sara Beland, Sandra Britton, Trimaine Brown, Jenna Deluca, Gabriela Gregorczyk, Laura Jensen, Seungwon Lee, Priscilla Letis, Matthew Lockhart, Julie Luce, Brianna Marcosano, Tobenna Nwangwu, and Taylor Portelinha.

Kent Ahern Named To Springfield College Dean’s List

Springfield, MA -- Springfield College has named Kent Ahern of Woodbridge, CT to the dean’s list for academic excellence for the spring 2017 term. Ahern is studying Sport Management. Criteria for selection to the dean’s list requires that the student must have a minimum semester grade point average of 3.500 for the semester.

Carolina Boccanfuso Of Woodbridge Named To UA Dean’s List

Tuscaloosa, AL -- University of Alabama student Carolina M. Boccanfuso of Woodbridge, CT was named to the Dean’s List for Spring 2017. A total of 11,101 students enrolled during the 2017 spring semester at The University of Alabama were named to the Dean’s List with an academic record of 3.5 (or above) or the President’s List with an academic record of 4.0 (all As). The UA Dean’s and President’s lists recognize full-time undergraduate students. The lists do not apply to graduate students or undergraduate students who take less than a full course load.

Dean’s List At University Of Delaware

Newark, DE -- The following students from Woodbridge have been named to the University of Delaware Dean’s List

for the Spring 2017 semester: Alesandro Chiodo, Allie Klein, and Nicole Simon.

Students Named To University Of Hartford Dean’s List

West Hartford, CT -- The University of Hartford is pleased to announce the following students from Woodbridge have been named to the Dean’s List for Spring 2017: Sebastian DiMauro and Domenico Canepari.

Graduations

Hannah Bercovici Graduates From Colgate University

Hamilton, NY -- Hannah Bercovici, of Woodbridge CT, is now a graduate of Colgate University in the Class of 2017. Bercovici majored in Geology. Bercovici, a graduate of Amity Regional High School, received a Bachelor of Arts degree Cum Laude at Colgate’s 196th Commencement, May 21

Storm Jacob Boris Earns Connecticut College Degree

New London, Conn. – Storm Jacob Boris of Woodbridge, CT was awarded a Bachelor of Arts degree from Connecticut College at the 99th commencement ceremony on May 21. Boris majored in Mathematics and Economics.

Shannon Murphy Graduates From Eastern Connecticut State University

Willimantic, CT -- Eastern Connecticut State University’s annual graduation ceremony was held at the XL Center in Hartford on May 16, with more than 12,000 family members and friends cheering on their sons and daughters, brothers and sisters, as 1,180 undergraduates and 58 graduate students received their diplomas. Shannon Murphy of Woodbridge, CT, graduated Cum Laude with a Bachelor of Arts in Social Work.

Brendan Regan Graduates From Emerson College In Boston

Boston, MA -- Brendan Regan of Woodbridge, CT graduated with a Bachelor of Arts degree in Media Arts Production at Emerson College’s 137th commencement ceremony, held on May 14, 2017. Approximately 975 bachelor’s degrees were conferred during the undergraduate exercises and nearly 270 master’s degrees were conferred during the graduate exercises.

Jonathan Katzman Receives Degree From Georgia Tech

Atlanta, GA -- Jonathan Katzman of Woodbridge, CT has earned a Master of Science in Aerospace Engineering from the Georgia Institute of Technology in Atlanta. Katzman was among approximately 3,800 undergraduate and graduate students who received degrees during Georgia Tech’s 253rd

Commencement exercises on May 5-6, 2017, at the McCamish Pavilion.

Woodbridge Resident Graduates From James Madison University

Harrisonburg, VA -- Kara Alice Burgess of Woodbridge, CT graduated with a degree in international affairs from James Madison University during the May 5, 2017 commencement exercises. Burgess was among more than 4,300 students who received undergraduate, master’s, educational specialist and doctoral degrees.

Chloe Taylor Smith Earns Masters Degree From New York University

Chloe Taylor Smith, of Woodbridge, graduated May 17th with a cumulative 4.0 GPA from Columbia University with a Masters degree in Social Work. She earned her Bachelor degree in Social Work from New York University and is a 2012 graduate of Choate Rosemary Hall. Ms. Smith will be pursuing her doctoral degree.

Woodbridge Residents Earn Degrees At Quinnipiac University

HAMDEN, Conn. - Quinnipiac conferred 1,709 bachelor’s degrees across six schools and colleges - Arts and Sciences, Business, Communications, Engineering, Health Sciences, and Nursing. The ceremonies were held on May 21 and 22 at the TD Bank Sports Center on the York Hill Campus. The following Woodbridge residents received their degrees at Quinnipiac University’s 86th undergraduate commencement exercises: Lauren Ciardiello, Bachelor of Arts in Mathematics; Tori Laugen, Bachelor of Arts in Mathematics; Madison Lecker, Bachelor of Arts in Psychology; Tony Nguyen, Bachelor of Science in Finance; Shannon Rule, Bachelor of Arts in Communications; and Samuel Simon, Bachelor of Arts in Communications.

Stephanie Foster Earns Bachelor Of Science From Springfield College

Springfield, MA -- Stephanie Foster of Woodbridge, CT has earned a bachelor’s of science degree in Health Science from Springfield College for studies completed in 2017. At the graduate commencement, 658 master’s degrees, six certificates of advanced graduate study, 15 Doctor of Philosophy degrees, 34 Doctor of Physical Therapy degrees, and five Doctor of Psychology degrees were awarded. At the undergraduate commencement, 873 bachelor’s degrees were awarded for a two-day total of 1591 degrees.

Christopher Katz Graduates From Union College

Schenectady, NY -- Christopher

See "Student News" continued on Page 9

WOODBIDGE EDUCATION ROUNDUP

PJ LIBRARY® HELPS FAMILIES RAISING JEWISH CHILDREN

New Haven families raising Jewish children will now have more opportunities to participate in Jewish life, thanks to a grant opportunity recently awarded by the Harold Grinspoon Foundation (HGF). The grants will be distributed to members of PJ Library, the flagship program of HGF that offers free Jewish books and programs to more than 125,000 families around the world. Parents are invited to apply beginning May 23rd, 2017 at pjlibrary.org/Get-Together.

Greater New Haven is among a select group of PJ Library communities in the US and Canada chosen to participate in the Get Together grants program, an opportunity that will give local families up to \$150 to create their own experiences to get together with friends this summer.

Get Together grants are designed to help build social connections among families and encourage them to engage in Jewish life, programming, or learning. In the past, Get Together grants have been used for Shabbat-themed experiences, baking or crafts, book clubs, and parent-only evenings. Get Togethers happen when families want to experience them, and how they want to experience them.

Applications for Get Together grants must be submitted by active PJ Library families between Monday, May 23rd at 12:00PM and Friday June 30th and the funds must be used by August 30th. Families will be required to identify 2 other families with whom to participate in the activity of their choice as part of the quick application procedure. Details and suggestions for activities are available at pjlibrary.org/GetTogether beginning on May 23rd at 12pm.

Greater New Haven is honored to receive this grant, and thrilled to be part of the global PJ Library commu-

nity reaching hundreds of thousands of families,” said Stacey Battat, PJ Library Professional. Battat is a PJ representative at the Jewish Federation of Greater New Haven, which recently sponsored a PJ Shabbat in the Hood program encouraging families to celebrate Shabbat together by offering, funding, materials, and support. One of the families says, “This was by far the best experience that I’ve had with PJ Library and one of the best experiences that I’ve had within the Jewish community as a whole. Thumbs up for the effective approach to community building.”

Part of a strategy to expand Jewish engagement in the U.S. and Canada, these grants are funded through the PJ Library Alliance. Partners in the Alliance include the Harold Grinspoon Foundation, the William Davidson Foundation, the Marcus Foundation, Inc., the Jim Joseph Foundation, the William & Audrey Farber Philanthropic Fund; the Diane & Guilford Glazer/Jewish Community Foundation of LA, Carl & Joann Bianco, the Howard & Geraldine Polinger Family Foundation, the Susser Family Trust, Walter, Arnee, Sarah & Aaron Winshall, and two anonymous partners.

PJ Library and PJ Our Way™ families currently living in Greater New Haven are invited to apply to host a Get Together. Applications now – applications accepted until close Friday, June 30th.

For more information, please visit pjlibrary.org/GetTogether or Stacey Battat at pjlibrary@jewishnewhaven.org or call 203-387-2424, ext 317. Families with children ages 0-8 can receive free books every month by signing up for PJ Library at pjlibrary.org. Children ages 9-11 can choose a free chapter book or graphic novel every month by enrolling in PJ Our Way with a parent at pjourway.org.

DEADLINES FOR LOCAL COLLEGE SCHOLARSHIPS APPROACHING

Scholarship Opportunities from Funds at Jewish Foundation of Greater New Haven

The Jewish Foundation of Greater New Haven, the region’s Jewish community endowment and grantmaker, announces the availability of three college scholarships. Students interested in and eligible to apply for the scholarships below should visit www.jewishnewhaven.org/scholarships for details and to apply online. For questions about applying for a scholarship from any of the funds listed below, please contact Beth Kupcho at Bkupcho@jewishnewhaven.org.

• Mary Taylor Friedler Memorial Scholarship Fund established in 1991 with an initial gift from Saul Friedler in memory of his wife to provide a college scholarship to a Jewish high school senior from Greater New Haven. The application is due by August 1. The scholarship is not needs based and requires an essay concerning what peace, justice and righteousness mean to you and your Judaism. See www.jewishnewhaven.org/scholarships for more information and additional requirements.

• The Stuart J. Drell Scholarship was established by Renee Drell and her daughters Elana, Jordana and Marissa to honor their beloved late husband and father Stuart J. Drell. The fund was established in 2001 at Congregation Beth

Israel in Scotch Plains, New Jersey. Now that Renee has relocated to Connecticut, the fund has been transferred to the Jewish Foundation of Greater New Haven. The application is due by July 15th. The scholarship is needs based and requires an essay responding to the questions detailed online. See www.jewishnewhaven.org/scholarships for more information and additional requirements.

• The Emma Kohn Podoloff Scholarship Fund of the National Council of Jewish Women’s Greater New Haven Chapter at the Jewish Foundation, sponsors scholarships to advance the scholastic and vocational education of Jewish high school seniors. An academic average of “B” or better and verified financial need qualifies a student to be considered. An essay which includes an autobiographical sketch, personal history, special interests, ambitions, educational goals, involvement in the Jewish community and work history. The applicant must have resided in Greater New Haven area for at least a year prior to the application date. Awards average \$1,500. The deadline is May 31. See www.jewishnewhaven.org/scholarships for more information and additional requirements.

“Student News” continued from Page 8
Katz, of Woodbridge, CT, graduated from Union College Sunday during the College’s 223rd Commencement exercises. Katz received a Bachelor of Arts degree Cum Laude, majoring in Political Science and History.

Jacqueline Nunes Earns Degree From The University Of Vermont

Burlington, VT -- Jacqueline Nunes of Woodbridge, CT, graduated with a Bachelor of Science degree in Professional Nursing during commencement

ceremonies on May 21, 2017, at the University of Vermont. The university conferred degrees this year on an estimated 3,228 graduates, including 2,620 bachelor’s, 386 master’s, 106 doctoral and 116 medical degree recipients.

Anna Lu Graduates From Wesleyan University

Middletown, CT -- On May 28, 2017, Anna Lu of Woodbridge graduated from Wesleyan University with a BA degree in Science in Society. Wesleyan University is a private, non-sectarian liberal arts university in Middletown, Conn.

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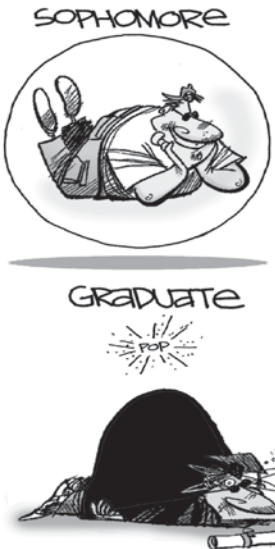
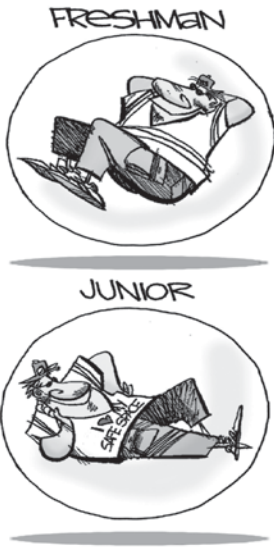
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AMITY SENIORS TRADE IN CLASSROOMS FOR JOBS

By Melissa Nicefaro – Woodbridge Town News Correspondent

For the last four weeks of school, a majority of Amity High School Seniors got their toes wet, working for local businesses and organizations as interns. The school’s guidance department runs the Senior Service Learning Program, through which seniors work 114 hours during the last four weeks of the school year.

Karen Waterman, College and Career Counselor, said the goal is to make the program more accessible for students to participate in. Students must have a 2.0 GPA and be in good standing as far as attendance and discipline issues. Students end their coursework in mid-May and gather paperwork for the application process. There is an application process with strict deadlines that she says helps prepare students for life in the ‘real world’.

“In the five years she has been here, Karen has grown the Career Center into

a highly interactive space where students can go to get information,” said Principal Anna Mahon. “She has taken on the work of growing our program exponentially and making it more meaningful, the work that our kids do at the end of their high school careers.”

The program is growing year after year, with the largest percentage of seniors—72%—participating this year. At the conclusion of the program, seniors are required to present to students, faculty, and community members about their experience. “Some of the benefits of the program are the relationships we have in the community. It’s a great way for our community to see what responsible, forward-thinking students we are producing here at Amity. It gives our students exposure to their first real work experience,” Waterman says.

Students intern at local schools,

farms, family businesses and even at Yale University. This year, the program has placed interns at the Department of Homeland Security, Laticrete (owned by a former Amity family), Authair Computer Software, Rehab Associates Physical Therapy, Country Companion Vet Services (all owned by Amity alum), Coldwell Banker Real Estate and the Law Offices of Debra Marino.

Audrey Regan, a senior who worked at Peck Place School, said she chose to work at the school this spring because she is considering a career in education. “I have no idea what I want to pursue next year, but education is something I have thought about. I worked in the counseling department for the past four years and I’ve gotten a taste of the counseling side of high school. I think that by working there, it will give me a chance work in education before college,” she said.

Caitlyn Schultz did her internship with Red Skye Horse Barn, since she would like to become a state police officer in the canine program. “Due to my age, I am unable to do an internship with local police so I thought that it would make sense to do it at a horse barn where the use equines for therapy,” she said. “What’s interesting about Caitlyn’s choice is that an Amity teacher teaches riding at the Red Skye Barn and she introduced me to the owner. It really is this partnership and collaboration with the whole Amity school,” Waterman says.

Maggie Reames did her internship with Robert Taylor Photography and said, “I’ve been into art and photography since sixth grade, and I’m going to be working with him over the summer, so this is a perfect time for me to get to know him and see what it will be like to be working with him.”

AMITY CLASS OF 1987: 30 YEAR REUNION

Amity High School's Class of 1987 will be holding its 30 Year Reunion on Saturday July 29, 2017 at BAR located at 254 Crown Street, New Haven from 6:00 pm-10:00 pm. The night will include open bar, dinner and lots of 80s music.

Tickets are \$73 per person and must be bought in advance of the event. Space is limited. For more information and payment instructions, please email all inquiries to Amity1987Reunion@yahoo.com.

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— FRANKLIN D. ROOSEVELT



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FROM THE FIRST
SELECTMAN'S DESK

By Ellen Scalett



As of June 30th I will no longer be your First Selectman – my good friend and colleague Beth Heller starts her two-year term on July 1. I am delighted to congratulate Beth, the Board of Selectmen and all the new and returning board and commission members and thank them for their service to Woodbridge. The Town will be in capable hands that will guide us through the challenges ahead.

I have learned a great deal serving my fellow residents as First Selectman and will miss many aspects of the job. At the same time, I look forward to spending more time with my aging parents and my young granddaughters. I also will be teaching a course at Yale Law School in the fall and pursuing other interesting opportunities.

We have accomplished so much in my four years as First Selectman: the Beecher Road School energy- and safety-focused renovation project, the microgrid project, earning an Energy Star award from the federal Environmental Protection Agency and a Green Circle award from the state Department of Energy and Environmental Protection, passing a strengthened gun ordinance and creating the Town's new newsletter, to name just a few.

Other projects and challenges are ongoing. The Country Club of Woodbridge property has been resolved, at least for now. The Board of Selectmen considered numerous ideas and proposals centering on golf and/or partial development of the property; most were withdrawn and others were rejected by the Board. In the end, the Board decided that the only viable option at this time is to end golfing activity and use the property for passive recreation while remaining open to future development proposals. If you have not been there recently, please stop by to view the beautiful vistas and the returning butterflies and birds! The current mowing schedule will assure that we don't disturb these habitats, while controlling the growth of unwanted invasive plants.

We are ending this fiscal year with a budget surplus thanks to prudent planning and management, but the state budget impact on Woodbridge—and all Connecticut towns and cities—for the coming fiscal year is still unknown. I am so pleased that the Heller administration is taking over a town in such solid financial health. We are as well positioned as we can be to deal with the serious challenges ahead, especially the State's fiscal uncertainties.

Another important issue is adding a restroom to the Senior Center. Currently The Center (as it is now known) is served by two bathrooms upstairs, but none in the lower area where our senior residents spend more time. We have grant money to make this project possible, but the paperwork involved has taken longer than foreseen.

Another project that we've initiated is renovating the Old Firehouse. The Town has a \$500,000 grant from the State and an ad hoc committee is working with an architectural firm to determine the most prudent use of those funds for improvements that will be necessary regardless of the building's future use. More money will still be needed to make the building fully functional and it will be up to the next Board of Selectmen to determine the best use of the building.

The next Board will also be finalizing projects for which we have already received State grant funds, such as the animal shelter and police station improvements.

None of these past or future accomplishments would be possible without our Town's spirited residents, generous volunteers and dedicated Town employees. I would especially like to thank Tony Genovese, Betsy Yagla, Gerry Shaw and Town Counsel Jerry Weiner for their outstanding work on behalf of the residents of Woodbridge and for the help and support they have given me over the past four years.

Thank you for allowing me to serve you and to learn so much about our great Town.

FROM ANOTHER
POINT OF VIEW

By Selectman
Maria Cruz Kayne



Before my election to the Board of Selectmen, I spent 20 years serving on the Woodbridge Conservation Commission, where my mission was to protect the natural resources of our town. As a Selectman for the past two years, my focus has remained consistent. Woodbridge is unique as the only town in Connecticut that borders a major city but feels like a rural community. In my view, our open space is a precious, finite natural resource that supports the value of our properties. It is central to the quality of life in our Town. It must be preserved, not frittered away to satisfy short term finances.

My tenure as a Selectman concludes on June 30th. As I sat down to write this final column of the term, I took a look back over those published over the last two years. The obvious theme was the amount of time and energy spent discussing the Country Club of Woodbridge. It is surprising and disappointing to me that eight years after its purchase, we still have no plan for the future of this property. Indeed, the former First Selectman had four full years in office and was not even able to bring a proposal to the townspeople for a vote.

The only tangible progress that has been made at the Country Club is the remediation of the "Significant Environmental Hazard". This happened only because of the public exposure in this space that the town knew about the contamination since 2009 but had made

no effort to clean it up. I consider this environmental cleanup to be my most meaningful contribution as a Selectman.

My hope is that the new First Selectman will focus on creating a long term plan for the CCW property. I hope that she will take a lesson from the failure of her predecessor, who seemed to view the CCW as an albatross around her neck that she wanted to be rid of as quickly as possible. Instead, I hope the new First Selectman will view the CCW – as many Town residents do – as an asset. In addition, I hope the new First Selectman will seek out more public input. Woodbridge residents are smart, creative, and thoughtful; they have much to contribute to the discussion on the CCW.

It has been an honor to serve the town of Woodbridge. I am grateful for the opportunity to have written this column "From Another Point of View" during my tenure and I thank the Woodbridge Town News and Editor Rocky Salpento for working with me. I would also like to extend my appreciation to the Woodbridge Republican Town Committee for its support.

I encourage all of my readers to maintain an active interest and voice in directing our town and I thank all of you who spoke or wrote to me about topics covered here. I will continue to be active in town affairs and look forward to hearing your opinions and witnessing your good works.

16 AGENCIES SCAMMED,
AND NO ONE NOTICED

A former National Guard veteran is going to jail for a long-running scam that netted him more than \$750,000.

The big question is how this could involve 16 different government agencies and have gone on for so many years. Those agencies included the Department of Veterans Affairs, the Department of Commerce, Social Security Administration and his state's employment security department.

The scam started in 2005 when Darryl Wright was serving in Iraq as part of the National Guard. A rocket landed some considerable distance away, and no one was injured. Wright, however, took it as an opportunity to cash in, beginning with using a fake photo of a damaged vehicle as part of his claim.

Among the many ways Wright had his hand out for money:

His sister was recruited as his caregiver and was paid big money. The claim was that he was so disabled he couldn't even tie his shoes. Their mother was apparently in on the scam as well, falsifying

nursing documents.

While Wright was claiming that he couldn't even get out of bed two-to-five days a week, he was coaching a high-school team and playing basketball.

He also was employed full time at the Department of Commerce.

He then claimed disability at his Commerce job, defrauding the Office of Personnel Management, and turned in fake

orders about being on military leave. He defrauded the state by claiming unemployment and used his alleged disability to keep from paying his student loans, defrauding the Department of Education.

The only person to catch on was a co-worker at Commerce who discovered the fake military-leave documents. Wright threatened a lawsuit, and as a result Commerce tried to suspend the co-worker. She had to spend tens of thousands of dollars to defend herself.

And did I mention that Wright also pushed for and received a Purple Heart and Combat Action Badge?



by Freddy Groves



WOODBIDGE LIBRARY

Library Summer Hours

Summer Hours will begin July 1 and will be Monday-Thursday from 10am-8pm and Friday from 10am-5pm. The Library will close at 4:30pm pm on Monday, July 3rd and the library will also open late at 1pm on Friday, August 4th for staff training.

Woodbridge Library Farmers’ Market Moves to the Green

The Woodbridge Library Farmers’ Market will run on Tuesday nights in July and August from 5:30pm-8pm on the town green. Opening day will be on Thursday, July 6, as the first Tuesday in July is Independence Day.

The market will join and coincide with the town summer concert series held weekly on the town green. The library will also be running an outdoor movie series on Tuesday nights in August at dusk (around 8pm) to coincide with the end of the Farmers’ Market. The movie schedule will be:

- August 1: Finding Dory
- August 8: Willy Wonka and the Chocolate Factory
- August 15: Fantastic Beasts and Where to Find Them
- August 22: Beauty and the Beast
- August 29: Emma

Adult Programs

Our Thursday night film screenings are temporarily on hold as we are upgrading our projection equipment. We will let you know the schedule as soon as we are able to resume programming. We apologize for the inconvenience and thank you for your patience.

Build a Better World Adult Summer Reading Program

Thursday, June 15 – Thursday, August 31

Challenge yourself to read more or try a different genre. Sign up at the Information Desk and get your passport booklet. Share what you have read with

us to get stamps and win prizes. For ages 18 and up.

Adult DIY Workshop: Terrarium

Build your own, complete with plants. All supplies included. Registration required. Choose one date: Monday, July 10 at 3 PM or Thursday, July 13 at 7 PM.

Adult DIY Workshop: Tabletop Zen Garden

Promote relaxation and help relieve stress and anxiety. All supplies included. Registration required. Choose one date: Monday, August 7 at 3 PM or Thursday, August 10 at 7 PM.

Tomato Time with Robin Glowa, The Conscious Cook

Wednesday, August 16 at 7 p.m.

Tomatoes are one of the most beloved summer crops! Come enjoy new ways to prepare this wonderful summer ingredient at its peak of freshness. Samples and recipes will be provided. Registration required.

Library Services To The Homebound

The Woodbridge Library, in conjunction with the Woodbridge Human Services Department, offers delivery of library materials to the homebound. Through this program full library service is offered to those in the community who are elderly and unable to come to the library and to those who are permanently or temporarily disabled and who do not have transportation. By calling the library, residents can request books, large-print titles, books on tape, magazines, CDs, and DVDs. The Senior Center will arrange delivery of requested materials to homebound patrons. If you or someone you know might benefit from this service, please contact Judi Young at Woodbridge Human Services, 203-389-3429 or call the Woodbridge Library at 389-3433.

Call for Artists

The library is looking for local artists to exhibit in our Meeting Room. If you are interested in applying, please contact Jennifer Sullivan at 203-389-3487 or email jsullivan@woodbridgetownlibrary.org.

Children’s Summer Reading Program at the Woodbridge Town Library Build a Better World

June 15-August 18

Children entering grades K-6 next fall are invited to BUILD A BETTER WORLD this summer at the Woodbridge Library. We have a wealth of resources to keep children engaged in learning activities during the summer months. Check our website for grade level book recommendations. Be sure to visit the Children’s Desk, check out some books and pick up your Bookopoly Game Board. Play each time you visit the library and win a free book, while supplies last.

Reading Together

Our 4th annual Reading Together program pairs children with teens in grades 9-12 to make connections with the stories they read and sharpen their reading skills during the summer. There are four sessions, July 12, July 19, August 9 and August 16 at 5 pm.; Online registration required.

Ongoing Programs in July & August

- Baby Rhyme Time, Wednesdays 10:30am, Babies under 18 months
- Ready to Read, Thursdays 10:30 am, Toddlers, 2s & 3s
- Preschool Storycraft, Wednesdays, 11:30 – noon, Ages 3-5

Programs at the Market

Join us Tuesdays on the Town Green for programs at the Farmers’ Market

- July 6, Ed Popielarczyk’s Balloon Animals, 5-8pm

- Strawbees Maker Table, 5:30-6:30pm
- July 11, Pajama Storytime Under the Stars, 5:30-6pm
- July 18, Face Painting with Kaleidoscope Arts, 5:30-7:30pm
- Story & Craft, 5:30-6pm
- July 25, Teddy Bear Picnic BYOBear!, 5:30pm
- August 1, Circle K Petting Zoo Alpacas, Goats & Llamas, Oh My!, 5:30-7:30pm
- Animal Craft, 5:30-6:30pm
- August 8, Stilt Walking with Kaleidoscope Arts, 6-8pm
- Hands-On Maker Table, 5:30-6:30pm
- August 15, Bending Gravity with Eric Girardi, 6-6:45 pm
- Glow in the Dark Craft, 5:30-6pm
- August 22 and 29, Movie Tie-in Craft, 5:30-6pm

Children and Teen Summer Programs

Please register for these programs online at www.woodbridge.lioninc.org

- July 12-14 , Get a Clue – Live interactive clue game. For ages 5 and up with family
- July 13, Series Club “Ugly Cat & Pablo” grades 2-4, 6:30pm, Free books for the first 12 kids to arrive
- July 17, Eager Readers Book Group “Saving the Liberty Bell” grades K-2, 6:30 pm
- July 20, Hungry Readers Group “Recipe for Adventure” grades 3-6, 4:30pm
- July 20, Keys Please! Beaded Key Chain Workshop grades 4 and up, 6pm
- July 26-28, Get a Clue – Live interactive clue game. For ages 5 and up with family
- July 27, Family Maker Challenge: Peppermint Racers, 6:30pm
- August 3, Crazy 8s Math Club Cowabunga: Cow themed math games grades K-2, 6pm
- August 17, Family Maker Challenge: Popsicle Stick Catapult, 6:30pm

BE AWARE OF TICKS WHEN ENJOYING THE OUTDOORS

When the weather warms, yards beckon, hiking trails look even more inviting and even a patch of grass can be a welcoming respite. Lots of fun can be had outside, but caution is needed. While this time of year is prime for outdoor frolicking, it’s also a time when tick populations explode.

Ticks are small crawling bugs in the arachnid (spider) family. There are hundreds of different kinds of ticks in the world. The Canadian Lyme Disease Foundation says there are at least 40 species of tick in Canada alone. The creature subsists on meals of blood from a host animal.

Ticks can carry bacteria, viruses and other pathogens that can cause serious disease in humans and other animals,

states LymeDisease.org. Ticks feed and mate mostly on deer, but rodents, birds, lizards, and just about any other animal can be a host to these nondiscriminatory bugs. Animals carry the diseases, which are then passed through the tick to others.

Disease-spreading ticks can be extremely hard to detect because of their diminutive size, especially when they are in the larva or nymph stages. Therefore, preventing tick bites remains the single best way to stay ahead of Lyme disease and other illnesses. Understanding tick habitats and behavior can make it easier to avoid them.

Where to find ticks. Ticks will congregate anywhere the animals they feed upon live. Primarily they are located in

wooded and grassy areas. Adults will climb up on tall grass waiting for an animal to pass by so they can climb aboard. Nymphs and larvae will live in layers of decomposing leaves under trees.

Moisture is a friend to ticks, which are less active in sunny, dry areas. Therefore, the Centers for Disease Control and Prevention says removing leaf litter, clearing tall grasses and brush and mowing the lawn frequently can help. The following are additional ways to create tick-safe zones at home.

- Stack wood neatly in a dry area.
- Keep playground equipment and entertaining spaces away from trees and yard edges.
- Discourage unwanted animals with fencing.

- Prevent tick migration into yards with a three-foot-wide barrier of gravel between lawns and wooded areas.
- If desired, employ acaricides (tick pesticides) to reduce the number of ticks in your yard.

On the go. When enjoying the great outdoors, avoid tall grasses and stay on trails. Wear tall socks or pants during hikes to prevent ticks from latching on. A thorough inspection of the body is advisable each time people return indoors. Check hidden areas, such as behind the knees, under the arms and in other skin-fold areas, for ticks.

Tick populations grow as the weather warms. Ensure spring and summer fun is not dampened by tick-related illness.

Wine Talk

With Ray Spaziani



THE RISE OF ROSÉ

Suddenly it is ok to drink pink! Americans are rediscovering Rosé wines and they seem more and more popular every day. What are they? What are they made of? Which ones are the good ones? These are all common emails I am receiving every day. When a wine isn't quite red, it's rosé. Technically speaking, this pinkish beverage is produced differently than red wine but with the same grapes. For example, White Zinfandel is produced with the same grapes as Red Zinfandel but the two wines are stunningly different. The development of Rosé wine perhaps started with the popularity of Claret ("klar-ETT")—a common style of red Bordeaux during the 1800s. Back then the Brits fawned over pale wines made with Cabernet Sauvignon and Merlot. Nowadays, Bordeaux wines have become bolder and darker to fit today's red wine flavor profile. Rosé has earned a category of its own. There are two major differences between making white wine and Rosé wine. First, Rosé wines use both white and red grape varieties. Second, standard Rosé winemaking looks a lot more like how white wine is made with an additional maceration time added in the beginning.

The maceration method is most commonly used for commercial Rosé. Maceration is when the grapes are pressed and sit in their skins. In red wine making, maceration usually lasts throughout the fermentation. For Rosé, the juice is separated from the skins before it gets too dark. For lighter varieties, like Grenache, it can take 24 hours. For darker red wine varieties like Mourvedre, the process sometimes only lasts a few hours.

Vin Gris, translates to "Gray Wine" and is when red grapes are used to make a nearly-white wine. Vin Gris uses an extremely short maceration time. This style of Rosé winemaking is popular for the lighter red wine varieties such as Pinot Noir in the United States and Gamay or Cinsault in France. The Saignée method is capable of producing some of the longest lasting Rosé wines. It is actually a by-product of red winemaking. During the fermentation of a red wine about 10% of the juice is bled off. This process leaves a higher ratio of skin contact on the remaining juice, making the resulting red wine richer and bolder. The leftover bled wine or "Saignée" is then fermented into Rosé. Wines made from the Saignée method are typically much darker than Maceration Method wines and also much more savory. Many Cabernet Sauvignon producers in Napa valley use the Saignée method to increase the richness of their red wines. If you travel there, you'll find an abundance of Rosé wines available at wineries, but usually nowhere else. A Napa Cabernet Sauvignon Rosé is very rich, almost like a Pinot Noir, but with more savory notes of bell pepper, black pepper and cherry.

Some Roses include granache Rosé which is fruity. Tasting Notes: Usually has a brilliant ruby red hue with notes of ripe strawberry, orange, hibiscus and sometimes with a hint of allspice. You'll find wines of Grenache to have moderately high acidity, but since most have q with this wine would be a summer evening and takeout Greek Gyros with dill tzatziki. Sangiovese Rosé which is a bright copper

red color that sparkles in the light, Sangiovese seems like it was made to be a rosé wine. Notes of fresh strawberries, green melon, roses and yellow peach are complimented with mouth quenching acidity. A few Sangiovese rosé have a feint bitter note on the finish, which makes this fruity wine taste pleasantly dry. Definitely serve cold in a white wine glass, perhaps with a bowl of Moroccan couscous and chicken.

Tempranillo rosé is growing in popularity from the Rioja region and other parts of Spain. With this style of rosé you can expect a pale pink hue and herbaceous notes of green peppercorn, watermelon, strawberry and meaty notes reminiscent of fried chicken. Many Tempranillo rosé from this area also blend a bit of Graciano and Grenache to add floral notes to the flavor. A glass of Rioja rosé will class up any taco truck experience. American Syrah rosé is typically made in the Sangee method which usually means it will have deeper colors of ruby and notes of white pepper, green olive, strawberry, cherry and peach skin — definitely on the funky side. Rosé of Syrah tend to be more on the bolder end of the spectrum and are best served slightly warmer than fridge temperatures in a regular red wine glass. This is a surprisingly good wine with pepperoni pizza or a bowl of chili. This type of rosé wine is nearly exclusively made in the Sangee Method. Cabernet rosé are a deep ruby red color with red wine-like flavors of green bell pepper, cherry sauce, black currant and pepper spice. The only big difference is that Cabernet rosé wines usually have heightened acidity because they aren't typically aged in oak. Possibly the most popular rosé (in terms of volume but not necessarily for quality) sold in the United States and also 85% of Zinfandel production! Most 'white' Zinfandel is made deliberately to an 'off-dry' style with about 3-5 grams of residual sugar making it moderately sweet. It offers flavors of strawberry, cotton candy, lemon and green melon with moderately high acidity. You'll want to serve it ice cold perhaps with Thai food.

Said to be a favorite of writer and man's man, Earnest Hemingway, Tavel is an unusually dry Rosé. It has more body and structure than most pink wines and is considered to have all the character of a good red wine, just less color. It is made primarily with Grenache and Cinsault, but nine varieties are allowed in the blend. Usually high in alcohol and low in acid, this salmon-pink wine ages well and its nose of summer fruits can turn to rich, nutty notes over time. Throw some brisket on the barbecue, grab your dog-eared copy of "The Old Man and The Sea", and sit back and enjoy a glass of this earthy treat. unite a bit of color and body, typically you'll want to serve them cold to keep them zesty. Perfect pairing

Ray Spaziani is the Chapter Director of the New Haven Chapter of the American Wine Society. He teaches wine appreciation classes at Gateway Community College, The Milford Board of Ed and at Moltose Wine and Beer supply and is a member of the International Tasting Panel of Amenti Del Vino and Wine Maker Magazine. He is an award winning home wine maker. Email Ray with your wine questions and wine events at realestatepro1000@gmail.com.

COMMIT TO QUIT PROGRAM AIMS TO SNUFF OUT TOBACCO USE

The harmful effects smoking on health and wellbeing are well known; however, despite the alarming statistics, the number of smokers world-wide still continues to increase. In an effort to help Connecticut residents quit their tobacco use, the Connecticut Department of Public Health (DPH) is launching a new cessation program called Commit to Quit. The program's simple, streamlined process allows smokers to quit on their own terms and provides support services that make breaking this addiction for good a true possibility.

"We are committed to providing the residents of Connecticut with the tools they need to quit their tobacco use through our cessation program," said DPH Commissioner Dr. Raul Pino. "The goal of Commit to Quit is to help create a future where tobacco use is not the leading cause of preventable death."

According to the DPH Tobacco Control Program, an estimated 549,000 Connecticut residents, or 19.9% of adults age 18 or older use tobacco. Those with lower income levels and those with lower educational attainment are more likely to use tobacco. Research shows that 83% of adult smokers have tried to quit in the past without support and failed; however, tobacco users that use cessation programs like Commit to Quit are nearly twice as likely to quit for good.

Commit to Quit is a cost-free, cus-

tomizable cessation program that provides online and telephone support. The program also includes:

- Two weeks of nicotine replacement therapy (NRT) products at no cost;
- One-on-one assistance from a quit coach when needed;
- Access to a private online community with others trying to quit;
- A quit guide workbook that walks you through the steps to quit; and
- Lifetime membership – even if participants have trouble quitting, they will not be kicked out.

Because quitting tobacco is not a 'one size fits all' experience, the Commit to Quit program provides personalization through experienced quit coaches who will help program participants figure out the right quit path for themselves. There are also face-to-face cessation programs available.

For more information about Connecticut cessation programs and Commit to Quit, including a video PSA and other promotional materials, visit www.CommitToQuitCT.com.

About Commit to Quit

Commit to Quit is funded through the Connecticut Department of Public Health. Our goal is to provide the tools to help people quit their tobacco use and to avoid the many health consequences of tobacco use.

LOGAN CO-SPONSORS LEGISLATION

Gives CT Strongest Hate Crimes Law in the Nation

Sen. George S. Logan (R-Ansonia) applauded the Connecticut State Senate's June 6 unanimous passage of a comprehensive bill aimed at strengthening Connecticut's hate crime laws, making them the strongest in the nation. Sen. Logan is a co-sponsor of the legislation, which now heads to the governor for his signature. "As Republicans and Democrats, we stand united in the face of hate," Sen. Logan said. "This legislation sends a strong message that Connecticut has zero tolerance for hate crimes. Our laws will soon be a model for the rest of the country."

Over the last year, the United States has endured incidents of hate including murders, assaults, bomb threats and vandalism that have been directed against African-Americans, Hindu-Americans, Hispanics, Jews, Muslims, Sikh-Americans, transgender women and others. House Bill 5743, An Act Concerning Hate Crimes:

- Strengthens hate crime laws by increasing penalties, making it a felony (instead of a misdemeanor) for committing a hate crime against a group of persons (instead of a specific individual).
- Strengthens and modernizes Connecticut's hate crime laws to include hate crimes based on gender (sex). Current law protects only "gender identity or expression," not gender.

- Strengthens hate crime laws by increasing the penalty to a Class C felony (from a Class D felony) for making a bomb threat or other threat of violence against a house of worship, religious community center or other religious institution—or any daycare facility—if the threat is made with the intent to terrorize another person or to cause the evacuation of the building or grounds. This puts the penalty for such bomb threats on par with threats made against schools.
- Strengthens hate crime laws by increasing the penalty for desecrating any house of worship or any religious cemetery from a Class A misdemeanor to a Class C felony if there is more than \$10,000 in damage, or a Class D felony if there is less than \$10,000 in damage.
- Strengthens hate crime laws by expanding the threshold for a 1st-degree hate crime from its current requirement of causing "serious physical injury" to instead causing "physical injury".
- Establishes a court's power to order extensive, relevant community service and/or restitution, in addition to any other penalties imposed for hate crime convictions.
- Establishes a mandatory minimum fine of \$1,000 for individuals convicted of hate crimes.

LOCAL BUSINESS ROUNDUP

IZZO, McELRATH JOIN REAL LIVING WARECK D'OSTILIO REAL ESTATE

Real Living Wareck D'Ostilio Real Estate proudly welcomes REALTOR Pasquale "Lino" Izzo to the team. Lino was born and raised in Ansonia, CT. His parents immigrated to the USA from Italy in the 1960s and have always stressed the importance of education and the wealth of new opportunities available in the US. Lino takes great pride in being a resident of Connecticut and loves all of the cultural, academic, and social opportunities available.

Lino attended Notre Dame High School in West Haven, CT and received his Bachelor of Science degree in Education with a concentration in Mathematics from Southern Connecticut State University. He began his career working in Real Estate in 2010. Over the past 7 years, he has specialized in customer service, ensuring prompt and honest advice to his clients. His expertise, knowledge, and guidance will ensure that your dreams become a reality. Whether buying your first home, downsizing, or in need of a change, he will be ready to assist you in every step of the process.

Lino's passion for Real Estate began during his childhood years watching his father work as a carpenter. While his father was building homes, Lino was intrigued by his father's skills set, vision, and attention to detail that made each home unique. This helped him gain a greater appreciation for the architectural finishes that made each project special. Lino still remains passionate in all facets of Real Estate -- New Construction, Major Home Renovations, and focused on finding the "Right" house for his clients.

Lino is a resident of Woodbridge for the past 9 years and has taken great pride in the town he calls home. His wife, Barbara Izzo, grew up in Orange, CT and they have two children, Antonio (currently attends Beecher Road School) and Alexandra (currently attends Trinity Community Preschool).

A member of the Board of Directors at St. Rita School in Hamden, Lino also serves as a member of the Board of Directors for the Beth-Wood Baseball league in Woodbridge/Bethany.

"We are delighted to welcome him to Wareck D'Ostilio and look forward to a great future together," said Buddy DeGennaro, Broker and Managing Partner of the Woodbridge office.

Lino can be reached at 203-410-8297

or email him at lino@wdsells.com.

Real Living Wareck D'Ostilio Real Estate proudly welcomes REALTOR Carole Laydon McElrath to the team. Carole has been a Realtor since 2005 and thinks of her involvement in real estate as a way "to show a variety of homes and introduce families to New England culture". A New Haven native, Carole's expertise is in homes of historic and architectural distinction.

A graduate of SCSU with a degree in Fine Arts and an undergraduate degree in education, Carole also completed graduate studies including UCONN Management, Fairfield University Training and Development, Yale School of Organization & Management, and UNH. She was director of the Talking Books program of the Library of Congress Educational Services for the Blind and was Executive Director of Recording for the Blind of CT. Further, Carole served as a Department Head at the Easter Seals Rehab Center in Bridgeport coordinating education and corporate programs in the public and private sectors.

Carole's great grandfather lived in an historic Brownstone at Wooster Square, and thus, her love of historic homes began. She is co-founder of the Ward-Heitmann Museum & Foundation, dedicated to the preservation of West Haven's oldest surviving building. Carole was also instrumental in the preservation and restoration of the historic Benjamin Richards and Poli Houses in West Haven, along with many other historical homes in the New Haven area for which she has received national recognition.

A resident of Hamden, Carole and her husband have a combination of 9 adult children which she affectionately refers to as the "Brady Bunch".

"We are delighted to have Carole affiliated with Real Living Wareck D'Ostilio Real Estate," said Frank D'Ostilio, partner. "It is the combined efforts of our veteran agents and our new additions that have enabled us to maintain a strong position. It is also what is nurturing our continued growth. Our upward movement and high presence is why Carole joined our team."

Contact Carole at 203-907-6776 or email her at Carole@WDSSELLS.com.

Real Living Wareck D'Ostilio Real Estate is part of The Real Living Network of Home Services of America, a Berkshire Hathaway Affiliate.



Pasquale Izzo



Carole McElrath

COHEN & WOLF, P.C. RECOGNIZED IN CHAMBERS USA 2017 RANKINGS

Chambers USA 2017, America's Leading Lawyers for Business has featured Cohen and Wolf, P.C. and partners David A. Ball (Litigation: General Commercial), Monte E. Frank (Litigation: General Commercial), Stuart M. Katz (Labor & Employment), Mark A. Kirsch (Real Estate), David M. Levine (Healthcare and Corporate/M&A), and Matthew C. Susman (Real Estate) in its prestigious rankings of leading firms and attorneys in Connecticut.

Chambers USA 2017 also ranked Cohen and Wolf, P.C. in two practice group areas: Litigation: General Commercial and Real Estate. Researchers conduct thousands of interviews with clients and other attorneys, review recent case work, and assess the effectiveness, strength and depth of an individual or group. Client commentators praised Cohen and Wolf's client service and strong technical expertise, saying, "They served us like we were their only clients. They thoroughly understood the laws and regulations that were at issue". David Ball, Cohen and Wolf's Managing Partner, said, "We are proud of the outstanding quality of our attorneys and we are honored to be recognized by such an esteemed publication".

Chambers USA ranks individual lawyers and practice groups on the basis of technical legal ability, professional conduct, client service, commercial astuteness, diligence, commitment, and other qualities most valued by clients. They have been ranking lawyers since 1999. The guide is read by industry-leading companies and organizations throughout the United States and worldwide. For more information about Chambers USA 2017, please visit www.chambersandpartners.com.

Cohen and Wolf, P.C. began in 1951 with two lawyers, Herbert L. Cohen and Austin K. Wolf, working from a single office in Bridgeport. Since then, the firm has expanded to more than 50 attorneys with offices in Bridgeport, Danbury, Westport and Orange. Attorneys at Cohen and Wolf represent a diverse assortment of individuals, businesses and municipalities, handling their personal and professional legal needs, from matters involving litigation, employment, corporate and securities law, commercial lending, real estate, land use and zoning, to family law and estate planning. Additional information is available at www.cohenandwolf.com.

A.P.T. AWARDED "BEST OF NEW HAVEN" FOR THIRD YEAR

"One year as The Best Physical Therapy Practice in Greater New Haven would have been appreciated," commented Michael Dow MSPT, founder and CEO/Clinical Director, "but three years in a row? Terrific!"

Obviously, people who have been patients at Amity Physical Therapy have spoken, and have great praise for the practice. Founded twelve years ago by Michael Dow MSPT, they now enjoy three offices in Woodbridge, Hamden and Branford. They are staffed with highly-degreed, caring therapists who are top graduates from physical therapy programs. Most have doctoral

degrees.

Dow, from the start, had designed his offices, not with white-walled clinical environments, but with warm, comfortable interiors that

make patients feel at home and relaxed while undergoing treatment. The practice treats all ages and all degrees of physical ailments from pediatrics to geriatrics. "This is no turn style practice," Dow noted. "Each patient has individual needs in treatment. There are no clocks here.

Our mission is to return everyone to normal, healthy, active lives as quickly as possible."

Dow and his staff can be reached at 203-389-4953 or visit amitypt.com.



Michael Dow



Call Today To Reserve Your Ad Space!

Display ads start at only \$110 per issue.

Call 203-298-4399 to place your ad!

LOCAL BUSINESS

KAYNE RECOGNIZED FOR SERVING PATIENTS, ALUMNI & STUDENTS

Submitted by Jenny Blair, M.D. '04

If you spend enough time on the Yale medical campus, you'll likely spot Richard Kayne, M.D. '76, HS '79, FW '81. It might seem he's everywhere at once. Clad in a bow tie, the locally-based endocrinologist makes a point of attending nearly every student event: the Anatomy Service of Gratitude, the Healthcare Hackathon (where he mentors student teams devising tech-based healthcare solutions), the Cadaver Ball, and so on. He also meets with student leaders to launch new projects. So far, he's helped start a student-alumna mentorship program, and he's working to kick off cross-university collaborations on biomedical engineering and climate change. That's all on top of seeing patients, serving as a summer-camp counselor, and enjoying his children and grandchildren. Thanks to good health, Kayne says, "I can keep this up for a good while...[I have] so much energy for different projects, almost as if you were intern and resident, covering every detail for your team."

The Association of Yale Alumni in Medicine, where Kayne has served as president for the past two years, recognized his years of service to the school in June with its Distinguished Alumni Service Award.

Growing up in New Jersey, Kayne had an uncle whom he describes as "the internists' internist, a guy who was in love with taking care of patients...the friendliness and the gentleness was something really unique. His uncle even invited patients to dinner at the holidays.

When his uncle fell ill, Kayne was awed by the man's "dignity and control and impact that he had on this entire hospital environment that had cherished him for his whole career". It made such a deep impression that Kayne chose the same career. "I just thought this would be a good combination of thoughtfulness and engagement. It's always worked that way," he says.

While an undergraduate at Dartmouth, he met his wife Maria, a Mount Holyoke student from the Philippines who was studying economics and art history. He majored in Spanish literature, a subject he loved so much that he was tempted to become a Hispanist. Early admission to the School of Medicine, though, beckoned him back to his original career path, though it was just a few months into his first year that he hastily flew to the Philip-

pines and married Maria, whose city of Manila had fallen under martial law. After Kayne completed medical school,

the couple chose to stay at Yale for the sake of Maria's tentative plans to pursue a doctorate in economics or art history. Kayne became a local lifer, remaining at Yale for internship, residency, and endocrinology fellowship then opening a private practice in Cheshire.

When their son Daniel was 12, he was diagnosed with osteosarcoma. After treatment, the boy

attended Paul Newman's Hole in the Wall Gang Camp in Ashford, Connecticut. "The camp gave him back his childhood," Kayne says. (Now 35, Daniel has remained in remission and raises money for childhood cancer.)

Kayne fell in love with the camp and joined its board. 2017 will mark the 21st summer that he and his wife are counselors there, and Kayne has grown as famous for wacky hats in summer as he is for bow ties in winter. "I just sort of go native in that environment," he says of the camp. "We are all the extensions of what this genius (Newman) created, and we're impacting one thousand children a week."

The warm, supportive community that Kayne is a part of at the camp and at the School of Medicine is something he also cultivates in his clinical practice. "I'll see people once a year for their thyroid condition and I can manage the intellectual and therapeutic part in a matter of minutes. But also, when I come in, there's a sense of, what's their life like in the last year and what's going on?" he says. "There is as much joy in being part of someone's life beyond their illness as there is in figuring what they have. That type of social interaction is empowering to me as any of the intellectual excitements that come from solving something really complex.

"I'm not electronic, I'm not owned by anybody. When I come into the room I can actually talk to people, look them in the eye, and not look at a computer," he adds. It has allowed him, he says, "to keep the sense of wonder and joy and trust that brought me into this [profession] in the first place."

In his free time, Kayne and his wife, a Woodbridge selectman, go to musicals, travel to Europe, and visit family in the Philippines. The couple's three adult children and two grandchildren live in New York City.



Dr. Richard Kayne



Sharon de Kadt, Ellen Scalettar and Durga Prasad

de KADT, PRASAD NAMED PERSONS OF THE MONTH

First Selectman Ellen Scalettar recognized community garden members Dr. Sharon de Kadt and Dr. Durga Prasad as the June Woodbridge Person of the Month. Scalettar initiated the Woodbridge Person of the Month recognition program to spotlight the many Woodbridge residents, volunteers and employees who go above and beyond the expected in their dedication and commitment to Woodbridge and its residents.

In addition to gardening at the Town-owned community gardens, both de Kadt and Prasad have taken a further step by providing a tranquil space for the public to rest and enjoy the gardens. "The community gardens are one of the jewels of Woodbridge and many residents, myself included, appreciate Sharon and Durga making their gardens open to the public and providing seating for people to enjoy the beautiful surroundings," said Scalettar.

De Kadt gardens in three plots, and her newest was designed for the public to enjoy. De Kadt had many dahlia bulbs but nowhere to plant them so she took over a neglected garden plot that was a jumble of weeds. She and her husband spent many hours removing weeds and rocks before they could plant the dahlia bulbs. They then added other perennials

and paths that meander through the garden plot.

Prasad has two plots – a private one for vegetables and a public one for roses that he planted in memory of his wife, Shanti. Shanti spent more than 20 years planting and caring for vegetables, herbs and flowers in that plot before she passed away. Prasad turned the plot into a rose garden for the public to enjoy. "Sometimes people are hesitant to come inside, but I want to make sure the public knows that the rose garden is open for them to enjoy," he said.

"We are encouraging people to wander the gardens and linger," added de Kadt about both their efforts to invite the public to their plots.

Recently the Board of Selectmen adopted a new policy for the community gardens which creates a slightly more formal process. Details are on the Town's website. For residents interested in renting a plot at the community gardens, an application form is also on the Town's website, woodbridgect.org.

If you know a Woodbridge employee, resident or volunteer who's gone above and beyond expectations, please nominate that person for this award by contacting Betsy Yagla at byagla@woodbridgect.org or 203-389-3403.



TOWN DEPARTMENTS & AGENCIES

FROM THE YOUTH SERVICES DIRECTOR

By Nancy Pfund





Students at Amity Middle School-Bethany have fun together before the summer break

Job Readiness At Amity Continuing Ed
Monday, 7/10 & Tuesday, 7/11 10:00 to Noon

Woodbridge Youth Services invites high school and young college students to attend a 2-day workshop about Job or Internship Preparation. Each student will complete his/her resume, work through an application, and experience the interview process. This 2-day class will also discuss proper attire and conduct. Preparation for work, whether it's part or full-time, is the focus of this workshop. Students will take a completed resume home on their flash drives. Minimum grade level: 9; Course includes: Flash drive, workbook, and materials. Fee is \$10.00. Register on-line at <http://www.amity-region5.org/>, then click on "Continuing Ed". Funding for this course has been made possible through a grant from

AT&T. Call Youth Services for more information at 203-389-3429.

Woodbridge Job Bank
Woodbridge Job Bank Seeks Teens Who Want Work

The Job Bank in Woodbridge offers jobs to teen residents who would like to work to earn some extra cash. The application process offers a chance to learn about the interview process, safety on the job, and how to negotiate pay. Types of jobs may include yard work, babysitting, animal care, house work, and snow shoveling. Call Youth Services to join at 203-389-3429.

Teens to Hire

Woodbridge Job Bank teens will work for Woodbridge residents who want to hire someone to assist with odd jobs like yard work, party help, cleaning, tutoring, babysitting, and moving



Youth Services program coordinator Cindy Kruger serves refreshments at Amity Middle School in Bethany during Kickball Tournament on last day of school.

furniture or boxes. Please contact us at 203-389-3429 for more information.

Seventh Grade Picnic-Save The Date
Thursday, August 24TH, 5:30 p.m. to 7:30 p.m. on the Woodbridge Green. \$5 fee.

Seventh grade residents of Woodbridge and Bethany are invited to the 18th annual Seventh Grade Picnic to meet friends and enjoy the pizza, DJ, games, and the giant inflatable on the Woodbridge Green on Meetinghouse Lane.

Volunteers/Chaperones Needed

Woodbridge Youth Services is seeking chaperones for our after school and evening programs. Parents, grandparents, college students, and high school juniors and seniors are encouraged to volunteer. It's a great way to support our young teens, and create a safe, fun way to meet friends for face-to-face socialization. Donations are appreciated from individuals and

local businesses for program needs and raffle prizes. Please call 203-389-3429 for information.

Woodbridge Youth Services Summer Programming
Red Cross Babysitter Training
Thursday, 6/29/17 and Friday, 6/30/17
9:30 a.m.to 1:30 p.m. at the Woodbridge Library Meeting Room at 10 Newton Road

The 2-day Red Cross Babysitter Training Course will be held for Woodbridge teens, ages 12 to 17. Students must attend both days to receive a certificate. Fee is \$60 with a discount for siblings. Call 203-389-3429 to register. Students receive Babysitter Handbook, DVD, and snack. Non-residents will be placed on wait list until week before class. Students must bring their own lunches. Fee of \$60.00 payable to Woodbridge Youth Services must be paid in advance. Spaces are limited! Call Youth Services at 203-389-3429 to register.

"We need an America with the wisdom of experience. But we must not let America grow old in spirit." — HUBERT H. HUMPHREY

★★★ Happy ★★★
FOURTH of JULY
Independence Day

WOODBRIDGE GENTLE YOGA

5-week Summer Session
July 10, 17, 24, 30, August 7

Room 16 Woodbridge Center Building
Classes at 10:30 and 5:30

Contact Woodbridge Recreation Dept. at 203
389-3446 or yogadiane@gmail.com

AT THE WOODBRIDGE CENTER



Bobbi Kulas from Grand Care Companions in Naugatuck engages the group at the Woodbridge Center with a challenging and fun game of Jeopardy. Mental fitness games and activities are a significant part of the Center's overall health and wellness programming.



Babies 'R Welcome! Woodbridge residents Dolly DeFillipo, right and Mimi Setlow, center, greet a recent visitor to the Woodbridge Center. The Center's programming features intergenerational events, arts and educational classes, entertainment, ongoing health and wellness opportunities as well as a delightful café and transportation services for Woodbridge residents 60 years of age and older.

From the Director – Jeanette Glicksman

With the onset of higher temperatures be mindful of the elderly, the very young, and people with chronic health problems who are most at risk during a heat wave. The Woodbridge Center offers an air conditioned setting to cool off for residents in need. The Center is open Monday thru Friday 8:30 am to 4:30 pm. With summer heat and the possibility for extreme weather conditions the Center provides the following services: In the event of a power outage or extreme weather the Emergency Shelter may be opened at 4 Meetinghouse Lane. Important numbers in case of emergency: Emergency Police, Fire, and Medical Help: 911, Police (non-emergency) : 203-387-2511, Public Works: 203-389-3420, United Illuminating: 1-800-722-5584. To view outage map or report an outage on line: <http://www.uinet.com/outageinfo/outages/>. Emergency drinking water can be found at the Center, Town Hall, Beecher Road School, and Amity H.S.

July Lunch Menu

Lunch is served Tuesdays and Fridays at the Senior Center Cafeteria at 12:15 pm. The cost is \$3 for dine-in meals and \$4 for take-out. Reservations are requested. Meals include bread, juice, coffee/tea and dessert. Menu items: 7/4 closed for Independence Day Holiday, 7/ 7 roast beef with potatoes and vegetables, 7/ 11 stuffed shrimp with rice pilaf, 7/ 14 manicotti & meatballs, 7/18 meatloaf and mashed potatoes, 7/21 salad plate with choice of blackened shrimp or chicken, 7/25 Annual Summer In-door Picnic - \$6.00 - BBQ chicken, hot dogs, hamburgers, salads, watermelon and dessert, 7/ 28 lasagna & salad.

Special Programming:

July 10 – **AARP Safe Driver Training** class: 9 am-1 pm in the Center lounge; \$15 for AARP members, \$20 for non-members. Reservations are

required.

July 10 – Everyone's invited! **BBQ** hosted by Coachman Square at Woodbridge from 12-3pm at the picnic grove next to the Woodbridge Library. Come for hot dogs and hamburgers, stay for the entertainment, play a game of bocce. Coachman Square will be giving back to the community through its 'Radiant Acts of Kindness' program. It will provide delicious BBQ food, refreshments, and live entertainment to all of the town employees, first responders, and residents of the town of Woodbridge. We hope you'll come enjoy a fun summer BBQ!

July 11 – Lunch Program **"Healthy Living for your Brain and Body"** at 12:30 pm presented by Maria Tomasetti, South Central Regional Director of Alzheimer's Association, CT Chapter. Join us to learn about research in the areas of diet and nutrition, exercise, cognitive activity and social engagement, and use hands-on tools to help you incorporate these recommendations into a plan for healthy aging. Brain games will be included as one form of cognitive activity. Lunch begins at 12:15 pm and reservations are requested.

July 17- **Lunch Bunch!** Join in for lunch with friends at the Brookside Inn in Seymour. Transportation is provided by the Center van or you can meet us there. Reservations are required. Participants self-pay at the restaurant. Cost of the van transportation is \$3.00.

July 18 – **Adult Coloring**, taught by Woodbridge resident Fred Solomon, from 11 am to 12 noon in the Woodbridge Center lounge. Materials are provided. Coloring books with mosaic designs, flowers and animals are featured.

July 18 – Lunch program **entertainment** with Paula Pettinella at 12:30 pm. Lunch begins at 12:15 pm and reservations are requested.

July 25 – **"Annual Indoor BBQ"** at 12 noon in the Center Café with entertainment provided by Jim Sheehan. This event is co-sponsored by the

Woodbridge Police Department. Please RSVP for this event- cost is \$6.00.

July 25 – **Trip to Block Island** via ferry from Point Judith, Rhode Island. Tour the island with a local guide and enjoy a lovely lunch at the National Hotel. The trip is just \$131.00 and includes transportation, ferry, narrated island tour, lunch and driver's gratuity. Call the Center to reserve your spot today!

August 1 – Lunch program **entertainment** with John Paolillo at 12:30 pm. Lunch begins at 12:15 pm and reservations are requested.

To RSVP or for more information, call 203-389-3430 or email jglicksman@woodbridgect.org.

Ongoing Programming:

New! The Center will be offering a new card game on Tuesdays from 1:15-3:15 pm. The game is called "Captain" and is a multi-player Gin Rummy game. For those who don't know how to play, there will be instruction. Please call for details and to express interest.

Stay healthy, meet new friends, and enjoy one of Woodbridge's best walking locations! Walk the cornfield loop at the Fitzgerald Property at a moderate or gentle pace. The **walking group** will meet at the parking area on Beecher Road and leave promptly at 9:30 am. To join the group, call the Woodbridge Center at 203-389-3430 or email Judi Young at srsocialworker@Woodbridgect.org. The walk will be cancelled for weather conditions which may make walking unpleasant such as strong winds, heavy rain, mud, and cold temperatures.

Pickleball meets Fridays in the Center Gym for group play from 2-3:30 pm. Self-scheduled hours are available for those who have paid annual fee of \$20. Interested players can make arrangements with other players and drop in daily from 12:30 pm - 2:15 pm Monday thru Thursday. On Fridays we'll have the space from 12:30 pm - 3:30 pm. The equipment is available on a first come, first served basis.

Exercise with Laurie: Tuesdays and Thursdays in the Center Café from 10-11 am. No need to sign up – just pay a drop in fee of \$2 and stay for a great workout! Exercise class includes a combination of strength training, cardio, flexibility and balance. Please bring your own weights if you have them. There will be no class on 7/20, 7/25, and 7/27.

Book Club: The book club meets on the 4th Tuesday of each month, 11 am at the Library. The next meeting is July 25th. This month's book is Anything is Possible by Elizabeth Strout. New members are always welcome- stop by the library's Adult Services Desk to pick up your copy of the book.

Art Class: This 10-week class began in June but can be pro-rated for those who would like to join in July. Class meets Wednesdays from 10 am until noon in the Center Café. The class, taught by local artist Graham Dale, is just \$60 and participants are asked to bring their own supplies. For a list of supplies and to register contact the Center.

Friday Movies: Following lunch in the Center Lounge at approximately 1 pm: 7/7 Zookeepers Wife, 7/14 Lost City of Z, 7/21 Tommy's Honour, 7/28 Favorite Film Friday: To Kill a Mockingbird.

Ask the Nurse –1st and 3rd Tuesdays of the month 11 am- 12:30 pm, blood pressure screenings, weight and conversation with a registered nurse from VNA Community Healthcare.

Duplicate Bridge: Mondays, 9:30 am, Center Café.

Bridge: The Center's Wednesday bridge group invites new members! Join the group for a friendly game of cards. No reservations necessary– just come down to the Center Lounge at 1 pm.

Pinochle: Mondays, Wednesdays, and Thursdays, 1-4 pm, Center Lounge. The group is always looking for new players and is willing to bring rusty



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Kathleen Hunter and Ben Vereen [Photo credit: Gary Lewis Photography]

LOCAL RESIDENT RECOGNIZED
AT STATE-WIDE DINNER

Woodbridge resident, Kathleen Hunter, was recognized on June 15th by the Partnership for Strong Communities for her efforts in addressing and raising awareness to end homelessness. Hunter was awarded the Diane Randall Leadership Award by the state-wide policy and advocacy organization at its annual Reaching Home Celebration dinner in Cromwell. The Reaching Home dinner celebrates the statewide campaign to end homelessness and its collective successes.

Hunter’s accomplishments included spearheading the Ten-Year Plan to End Homelessness in Greater Bridgeport, re-

structuring the federal HOME program to advance the development of supportive housing projects, and advancing the collective work of Opening Doors Fairfield County, a collaboration of over 150 providers. She currently is the Deputy Director of Supportive Housing Works, the backbone organization for Opening Doors Fairfield County.

Ben Vereen, an accomplished entertainer who has appeared on stage, screen and TV, was the guest speaker at the Reaching Home Dinner. Vereen’s strong sense of social consciousness has taken him around the world lecturing on topics such as overcoming adversity.

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Q: I just got done watching season three of “**Unbreakable Kimmy Schmidt**,” and of course, I watched it too quickly because now I’m going through some serious withdrawals. Please tell me that it will be back for another season! -- Janet Y., Thunder Bay, Toronto, Canada

A: Well I have good news for both of us, because I too adore this Netflix original series. The **Tina Fey**-produced comedy (Tina also plays the recurring character of Kimmy’s hilarious alcoholic ex-therapist) will return for a fourth season. I can’t wait to see whom they’ll get to guest-star next season, with stellar guest performances this season by **Ray Liotta, Laura Dern, Peter Riegert, Jon Hamm, Josh Charles** and **Anna Camp**.

Q: I was reading that the “**Lethal Weapon**” TV series is coming back for season two. Is it my imagination, or did they never finish season one? I don’t remember seeing an episode since just after Christmas. -- Don H., Venice, Florida

A: The buddy-cop comedy, which stars **Damon Wayans (“New Girl”)** and **Clayne Crawford (“Rectify”)**, will indeed be back for another season on FOX. Season one had a full-season 18-episode order, culminating in the March 15 season finale. When the show does return this fall, it will move from Wednesday to Tuesday night. You can watch full episodes of what you may have missed at fox.com.

Q: How many seasons of “**Longmire**” are there, and will there be any new ones? -- Patricia R., via email

A: There will be a total of six seasons of the crime thriller, which is set in Wyoming and centers on Sheriff Walt Longmire (**Robert Taylor**), who is



Damon Wayans [Brian Bowen Smith/FOX]

trying to rebuild his life after the death of his wife. The current five seasons of the series -- which originally aired on A&E until it was canceled and brought back to life on Netflix -- are available for streaming on the popular online platform. The 10-episode sixth and final season will air later this year, although Netflix, as of this writing, has yet to set a release date. Since season four, when Netflix picked up the series, “Longmire” has premiered each new season in September, so odds are that season six will be a September baby as well.

Correction: Thank you to reader Bob P., who let me know of an error in a previous column. A few weeks back, I wrote about director **Fede Alvarez** being tapped to direct “**The Girl in the Spider’s Web**,” with “**The Crown**” star **Claire Foy** in contention for the role of Lisbeth. “Spider’s Web” is not the second book in the Millennium series, as I erroneously mentioned. It is the fourth book, which was written by **David Lagercrantz**, with permission from the estate of the late **Stieg Larsson**, who wrote the original trilogy: “The Girl with the Dragon Tattoo,” “The Girl Who Played with Fire” and “The Girl Who Kicked the Hornet’s Nest.”

Write to Cindy at King Features Weekly Service, 628 Virginia Drive, Orlando, FL 32803; or e-mail her at letters@cindy-elavsky.com.

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Session Four	July 31 – Aug 4

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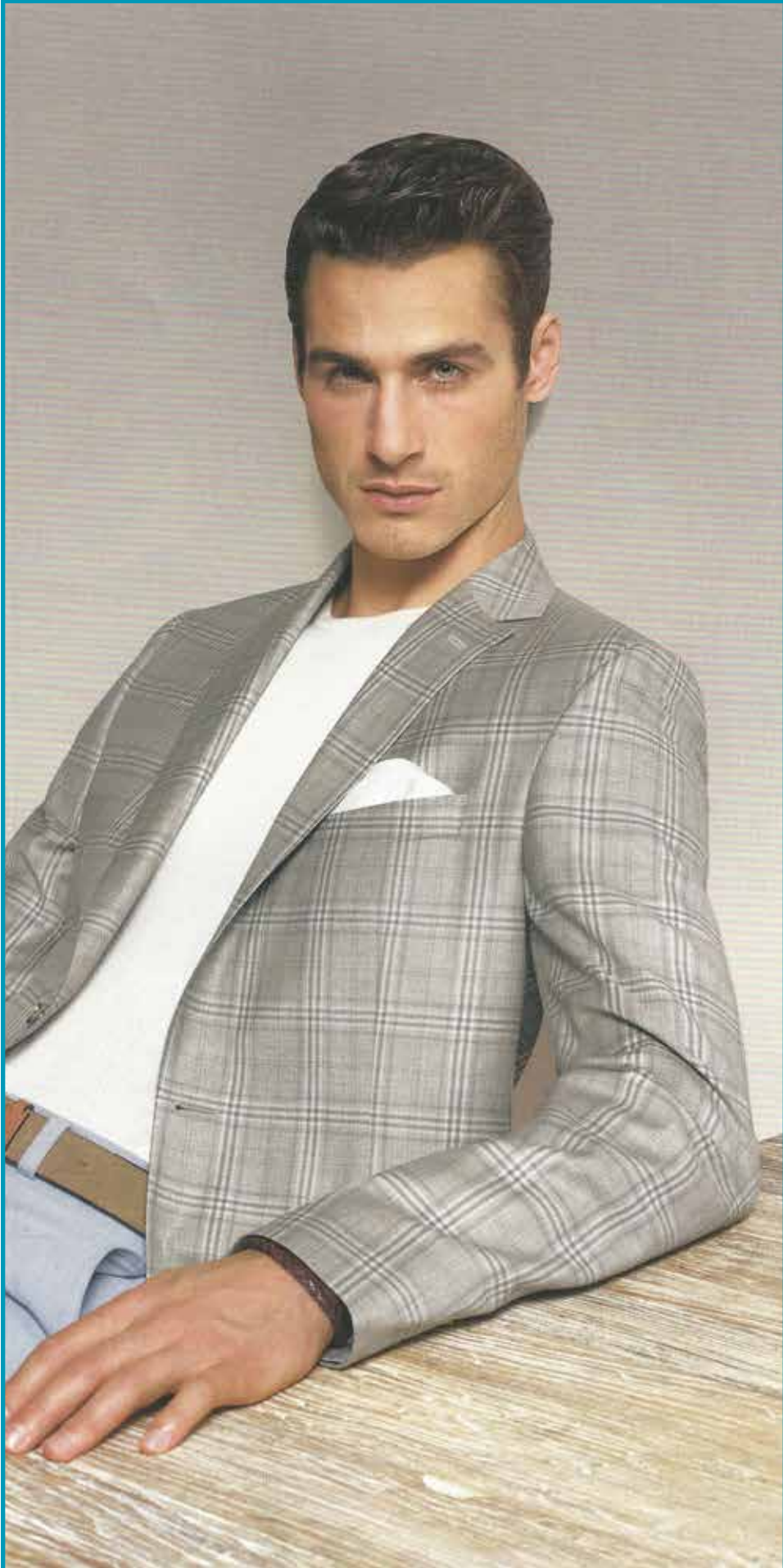
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CLUBS & ORGANIZATIONS



Left to right; Larry Gardner, District Governor Elect, newly installed President Tony Anastasio, Past President Chris Lovejoy, Rotarian and Master of Ceremonies Bill DeRosa and Past District Governor Rick Bassett.

WOODBIDGE ROTARY INSTALLS OFFICERS

On June 15th, the Rotary Club of Woodbridge which serves the communities of Bethany, Woodbridge and Westville section of New Haven, held its 46th Installation Dinner at Birchwoods at Oak Lane. Past District Governor Rick Bassett installed the following Board of Directors: President, Tony Anastasio, President Elect, Spencer Rubin, Secretary, Annitta Ingraham, Treasurer, Tom Shernow, Seargent at Arms, Diane Milan , Past President, Chris Lovejoy, and Director Buddy DeGennaro.

Tony Anastasio is a Financial Analyst who has served on the Board of Selectmen for the last four years. Tony has served as liaison to several Town Commissions and has been an active volunteer in the community. In 2011, he was named Outstanding Volunteer by Woodbridge Youth Services. Mr. Anastasio resides in Woodbridge with his wife Lisa and two sons Raymond and Robert.

A check in the amount of \$5,000 was presented to Emerge Connecticut, Inc. who received the Annual Bud Priest Memorial Award in honor of former Rotarian Bud Priest who passed away on November 13, 2013. Bud Priest was the impetus behind the formation of

the Rotary Club of Woodbridge in 1971. He became the first President and took charge of the formation of the Club establishing several of its major projects. EMERGE provides former offenders entering or re-entering the workforce with applied skills training, paid work opportunities, and wrap-around support services that include educational, health, and life skill supports.

The Rotary is an organization of businesses and professional persons united worldwide who provide humanitarian service, encourage high ethical standards in all vocations, and help build good will and peace in the world. New members are always welcome to share in the fun, fellowship and good work in the community. Club members are invited to meet the first and third Friday of the month at 7:30 a.m. for a breakfast meeting at Country Corner Diner, 756 Amity Road, Bethany and the second and fourth Friday of the month at 12:15 p.m. for a luncheon meeting at Woodbridge Social, 12 Selden Street, Woodbridge.

For more information, contact Tony Anastasio at 203-980-9373 at tonya33@optonline.net.

DINNER ON THE FARM Annual farm-to-table dinner & fundraiser

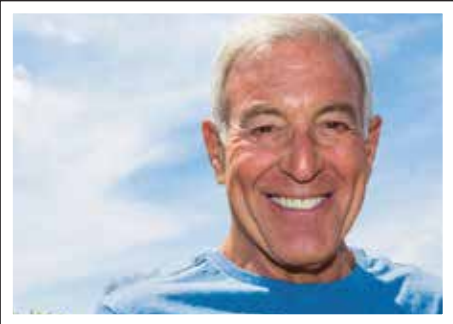


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DON'T LET SUNBURN DERAIL SUMMER FUN

Many people find it impossible to think about summer without conjuring visions of spending endless hours outdoors from morning until evening, whether beachside, on the open water or even floating in a backyard pool. Although a certain measure of sun exposure is required for some natural functions of the body, it's well documented that too much time in the sun can be hazardous to one's health. That's why summer frolickers need to exercise considerable caution each time they step outside.

Taking sunburn for granted can be a big mistake. Many people wouldn't risk burns from a hot stove or open fire, but they won't think twice about being unprotected under the very hot rays of the sun. The Centers for Disease Control and Prevention says more than one-third of adults and nearly



70 percent of children admit to suffering from sunburn within the past year. Depending on the intensity of the sun and the amount of time spent outside, sunburn can be a first- or second-degree burn. In first-degree burns, damage affects the topmost layer of skin. However, sunburn can even affect deeper layers and cause blistering in addition to redness and pain.

Sunburn also can cause some irreparable damage that goes unseen. According to WebMD, ultraviolet light from the sun can alter DNA, prematurely aging skin or even contributing to skin cancers. It can take years before symptoms become noticeable. Therefore, it is best for people of all ages to exercise caution when spending time in the sun.

Sunburn is one of the most easily prevented summertime ailments. It's also important to note that sunburns are not

just limited to the hot weather or when it is sunny outside. Ultraviolet damage can occur at any time of the year, and also from artificial UV sources, such as tanning beds. Preventing sunburn is simple.

- The Mayo Clinic says the sun's rays are the strongest between 10 a.m. and 4 p.m., so schedule outdoor activities for other times of day. Otherwise, limit exposure to the sun and take frequent breaks in the shade.
- Wear protective clothing that covers the arms and legs. Some outdoor gear is designed to offer sun protection.

Tightly woven fabrics tend to help the most.

- Apply — and reapply — sunscreen. Look for products that offer an SPF of 15 or greater.

The American Academy of Dermatology actually recommends an SPF of 30 or greater. Make sure the product is broad-spectrum, meaning it protects against UVA and UVB rays. Apply sunscreen thoroughly, paying attention to the tops of feet, hands and other places that tend to go untreated. Reapply every two hours or more frequently, if necessary.

- Base tans do not protect the skin. Research does not support the habit of getting a tan to prevent subsequent sunburn.
- Protect the face and eyes by wearing a wide-brimmed hat and highly rated UV protection sunglasses.

The Skin Cancer Foundation says a person's risk for melanoma doubles if he or she has had five or more sunburns. Use protection, stay hydrated and play it smart to enjoy summer to the fullest.



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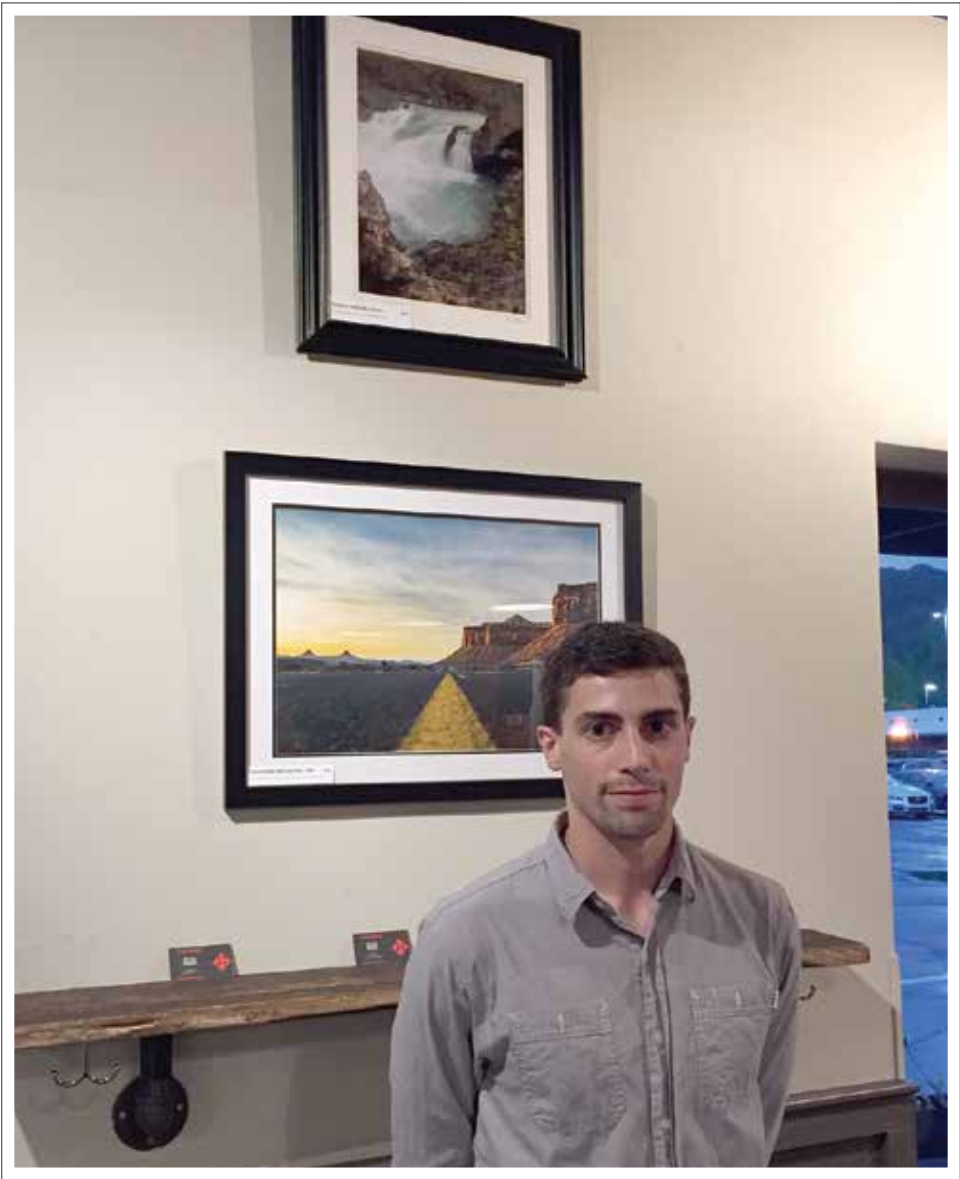
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ARTS & LEISURE



Woodbridge resident, Justin Ritucci, is the artist of the month at New England Brewery for the month of June. Come view Justin’s photography of various scenes from his travels. Justin’s work can also be viewed at www.justinritucci.com. For more information, call Justin at 203-214-2663.

TOWN OF WOODBRIDGE MEETINGS
FOR THE MONTH OF JULY 2017

(Subject to Change, Check with Town Clerk’s Office, 203-389-3422)



Town Hall

7/3	Town Plan & Zoning Commission	7:30pm	Town Hall
7/10	Library Commission	6:00pm	Library
	Zoning Board of Appeals	7:30pm	Town Hall
7/11	Police Commission	6:00pm	Police Dept.
7/12	Board of Selectmen	5:00pm	Town Hall
7/17	Fire Commission	6:00pm	Fire Station
	CUPOP	6:30pm	Town Hall
7/19	Inland Wetlands Agency	7:30pm	Town Hall
7/20	Board of Finance	6:00pm	Town Hall
	Conservation Commission	7:30pm	Town Hall
7/24	Recreation Commission	7:30pm	Beecher Rd School So.
7/25	Economic Dev. Comm. Special Mtg. ..	6:00pm	Town Hall
	Government Access TV	7:15pm	Town Hall

THE ARTS COUNCIL HOSTS
SHUFFLE & SHAKE EXHIBITION

The Arts Council of Greater New Haven presents Shuffle & Shake, in the Sumner McKnight Crosby Jr. Gallery. Shuffle & Shake is a two-part exhibition featuring randomly selected artist members of the Arts Council. Part 1, Shuffle, June 8-July 14, will feature artists Marjorie Wolf, Ruth Sack, Diane Ward, Sharon Morgio, Constance LaPalombara, Matty Dagradi, and Fethi Meghelli. Part 2, Shake, July 21-September 7 with a reception on September 7, 5-7 p.m., will feature artists Tracy Hammond, Annie Sailer, Aspasia Patti Anos, Charla Spector, Michael Zack, Anne Doris Eisner, Liisa Lindholm, and Beth Klingher.

The artwork will be on view to the public from 9 a.m. to 5 p.m., Monday through Friday at the gallery located at 70 Audubon Street, Second Floor, New Haven. There is no fee. For more information about Shuffle & Shake and the Sumner McKnight Crosby Jr. Gallery or to become an Arts Council member, please visit The Arts Council website at

www.newhavenart.org or email communications@newhavenarts.org or call (203) 772-2788.

Artists’ Opportunity - If you would like to be considered for an exhibit at Sumner McKnight Crosby Jr. Gallery, please send images, résumé and bio to Arts Council of Greater New Haven, 70 Audubon Street, New Haven, CT 06510. For more information, call Debbie Hesse at 203-772-2788 or email dhesse@newhavenarts.org.

The Arts Council of Greater New Haven, publisher of The Arts Paper, is a regional nonprofit arts agency that provides leadership to and advocates for member artists and arts organizations and connects them to one another, to audiences, and to the Greater New Haven community. Because the Arts Matter. Visit the Arts Council online at newhavenarts.org, call 203-772-2788, like us on Facebook at facebook.com/artscouncilofgreaternewhaven, follow us on Twitter @newhavenarts, or Instagram @newhavenarts. #ArtEverywhereNHV.

“Center” continued from Page 17
players up to speed!

Mah-jong: Mondays and Fridays, 10 am, Center Building- room 11.

Woodbridge Center
Harvest & Holiday Fair

Cleaning out your house this summer? The Woodbridge Center will gladly accept donations of new and gently used items for the 24th annual Harvest & Holiday Fair tag sale. Contact us to let us know about your donation. Volunteers from the community are needed for outreach, to help set up the event and to help during the fair. We seek companies and/or individuals to donate themed baskets for the Silent Auction or items for the “Take a Chance” raffle. The fair will be held Saturday, November 4, 2017 from 10:00am to 2:00pm in the Center Building Gymnasium. This event helps to support the Woodbridge Center programming and needs. For more information, please contact Elaine Marcucio, 203-887-5047 or Emarcucio@gmail.com.

Library Services To
The Homebound

The Woodbridge Library, in conjunction with the Woodbridge Human Services Department, offers delivery of library materials to the homebound. Through this program full library service is offered to those in the community who are elderly and unable to come to the library and to those who are permanently or temporarily disabled and who do not have transportation. By calling

the library, residents can request books, large-print titles, books on tape, magazines, CDs, and DVDs. The Senior Center will arrange delivery of requested materials to homebound patrons. If you or someone you know might benefit from this service, please contact Judi Young at Woodbridge Human Services, 203-389-3429 or call the Woodbridge Library at 203-389-3433.

Charter Oak Pass

The Charter Oak pass provides access to the CT State Parks and Forests and is available to Connecticut residents 65 years of age or older. The pass is accepted at all day use areas where parking fees apply. A Charter Oak pass may be obtained in person at one of the following locations: Kellogg Environmental Center, Office of Communications & Education, 500 Hawthorne Avenue, Derby, 203-734-2513. For more information, please go to www.ct.gov/deep. To obtain a pass by mail, send a copy of your current CT driver’s license or legal proof of age of age and residency to DEEP Charter Oak Pass, State Parks Division, 79 Elm Street, CT 06106-5127.

Babies ‘R Welcome! Woodbridge residents Dolly DeFillipo, right and Mimi Setlow, center, greet a recent visitor to the Woodbridge Center. The Center’s programming features intergenerational events, arts and educational classes, entertainment, ongoing health and wellness opportunities as well as a delightful café and transportation services for Woodbridge residents 60 years of age and older.

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2017 RAFFLE PRIZES

1st Prize - \$7,000 Visa Gift Card - People's Bank • **2nd Prize** - \$4,000 Gift Card - Travelers Choice, 236 Boston Post Road, Orange, CT • **3rd Prize** - \$2,500 Gift Certificate - Anytime Fitness, 560 Boston Post Road, Orange, CT (Orange, CT Location Only) • **4th Prize** - \$2,000 Visa Gift Card - People's Bank • **5th Prize** - \$1,200 Gift Certificate - Diamond Designs, 500 Boston Post Road, Orange, CT • **6th Prize** - Apple iPad Air 2, 16GB - Best Buy, 53 Boston Post Road, Orange, CT • **7th Prize** - \$400 Gift Card - ShopRite, 935 Boston Post Road, Orange, CT • **8th Prize** - \$350 Gift Card - Chip's Family Restaurant, 321 Boston Post Road, Orange, CT • **9th Prize** - \$250 Gift Card - Knights, Inc., 286 Boston Post Road, Orange, CT • **10th Prize** - \$200 Gift Card - Exxon Quick Stop, 404 Boston Post Road, Orange, CT • **11th Prize** - Tickets to Yale New Haven Open at Yale Tennis Tournament

LOCATIONS TO PURCHASE RAFFLE TICKETS

People's Bank
653 Orange Center Road,
Orange, CT

First Selectman's Office
Orange Town Hall
M-F 8:30 AM - 4:30 PM

Knight's Power Equipment
286 Boston Post Road
M-F 8:30 AM - 4:00 PM;
Saturday 8:30 AM - 12 Noon

Chip's Family Restaurant
321 Boston Post Road
7 days a week, 7:00 AM - 8:00 PM

Orange Firemen's Carnival
Orange Fairgrounds
July 30, 31, August 1, 2
during Carnival Hours

Drawing to be held on Sunday,
August 6th, 2017 at 4:30 p.m.
at the Orange Fairgrounds, 525
Orange Center Road, Orange, CT

Alcoholic beverages not included

Tickets \$5.00/each



IT'S AT THE ORANGE FAIRGROUNDS
525 Orange Center Road, Orange, CT 06477

BRING THE WHOLE FAMILY!

Online ticket sales at www.orangevfd.com

HOUSES OF WORSHIP EVENTS

THE FIRST CHURCH OF CHRIST SAYS THANK YOU

The First Church of Christ would like to thank everyone who attended our 62nd Annual Strawberry Festival on Friday, June 9th and helped to make the festival both a joyous evening of fellowship and good food and a successful fundraiser for the Church. We hope to see you all next year!

We also invite all members of the community to join us at 5 Meeting House Lane, Woodbridge for the following weekly services in July:

Sunday Services – 10 a.m. – Over the summer all Sunday services are intergenerational and include special music during the offering.

Church School – The Church School does not meet over the summer. Classes will resume in September on Rally Day scheduled for Sunday, September 10th.



The First Church of Christ

Middle School Youth Group for 5th – 8th graders – The Youth group will also resume in September.

Weekly Bible Study – Wednesday, 10-11 a.m., in the Parish House – We study both Old and New Testament passages based on the Lectionary.

For more information on these events, please contact us at (203) 389-2119 or office@uccw.org.

THE CHURCH OF THE GOOD SHEPHERD JULY EVENTS

Vacation Bible School

The Episcopal Church of the Good Shepherd announces summer 2017 Vacation Bible School (VBS) dates. VBS will run this year from Monday through Friday, 9 am. - noon, July 10 - July 14. Campers will experience the reality of God's love through Group Publishing's Maker Fun Factory, including songs, snacks, games, storytelling, crafts, and other hands-on experiences. All are welcome. Campers aged 3 years to rising 4th graders are welcome to enroll; rising fifth graders through rising twelfth-graders are welcome to participate as counselors-in-the-making. The fee is \$50 per child, with a maximum of \$100 per family regardless of the number of children. Scholarships are available. Pre-registration is requested; walk-in registration is available.

All are welcome at the Maker Fun Factory!

Contact the church office at 203-795-6577 or thegoodshepherd@optonline.net for more information or to have a registration form sent to you. Registration forms are also available online at www.thegoodshepherdorangedct.org. Please contact VBS Director Jennifer D'Inzeo at jenndinzeo@gmail.com with questions.

Church On The Beach

All are welcome to attend Church on the Beach on Sunday, July 16th at 9 am. Please join us at Bradley Point in West Haven for Holy Eucharist on the beach with the Episcopal Church of the Holy Spirit West Haven and St. Andrew's Episcopal Devon. There will be no 8 am



The Church of the Good Shepherd

or 10 am service at Good Shepherd on this day.

Walk The Labyrinth

Join The Rev. Diana Rogers on Saturday, July 8th at 9am for Good Shepherd's monthly Walk- the-Labyrinth series. The great pavement labyrinths first appeared in cathedrals like Chartres and Amien in the 12th through 14th centuries. Used for spiritual meditation and contemplation, walking the labyrinth has been a spiritual exercise for centuries. Come learn more about this enduring spiritual practice. Meet at the labyrinth on the south side of the church off Pryde Drive at 9am.

The Episcopal Church of the Good Shepherd is located on 680 Racebrook Road, Orange, Connecticut. Sunday service times include Rite II Holy Eucharist without music at 8 a.m. and Rite II Holy Eucharist with music @ 10 a.m. For more information about The Church of the Good Shepherd's many other programs, please call the Parish Office @ (203) 795-6577, email us @ thegoodspheherd@optonline.net, visit our website @ www.thegoodshepherdorangedct.org, and, of course, check our Facebook page www.facebook.com/cg-sorangedctfor frequent postings.

CONGREGATION OR SHALOM UPCOMING EVENTS

Weekly Services

Minyan Services: Sunday 9:00 AM; Monday 7:30 AM ; Thursday 7:30 AM
Healing Circle: Wednesday 7:30 AM
Shabbat Services: Friday 7:00 PM; Saturday 9:30 PM

Two Great Summer Movies!

"Crossing Delancy" (Romantic Comedy)

Wednesday, June 21st, 6:30 PM

Isabelle Grossman (Amy Irving) is an attractive, intelligent Jewish woman in her early 30s. She has a good job and a nice apartment and she values her independence; she often visits her "Bubbie" (grandmother), who wants Isabelle to meet a nice Jewish man and settle down. Bubbie goes so far as to obtain the services of Hannah Mandelbaum, a matchmaker who finds the "perfect" man for Isabelle: a Lower East Side pickle salesman named Sam Posner! The rest is a romantic comedy called "Crossing Delancy"!

"Keeping the Faith" (comedy drama)

Wednesday, August 2nd, 6:30 PM

Keeping the Faith is a film about love, friendship, and faith. Priest Brian Finn and rabbi Jacob Schram (Ben Stiller) have known each other since childhood. When Anna Reilly, whom they both knew as children, returns to New York, both men find themselves attracted to her, sparking rivalry and personal dilemmas: Brian has taken a vow of celibacy, and Jacob is allowed to marry only within his own Jewish faith! (Directed by actor Edward Norton)

Blood Drive

Wednesday, July 26th, 9:00 am – 6:30 pm
The Red Cross encourages eligible



Congregation Or Shalom

donors to become hometown heroes and answer the call of patients in need by donating blood. Or Shalom Blood Drive, Wednesday, July 26, 2017, 9-6:30 PM. Help ensure blood is available for patients in need this summer by giving blood through the American Red Cross. To donate, download the Blood Donor App (3cu.be/blood), visit redcrossblood.org or call 1-800-RED CROSS. Each presented donor will receive a FREE SIX FLAGS TICKET.

Vendor Fair

Sunday, August 6th, 11:00 am - 4:00 pm

Come cool off from the heat! Vendor fair, food, crafts and games in our social hall. Admission is free. If you are an interested vendor, please call Ileane at 203.799.2341.

ZUMBA GOLD AT OR SHALOM

Congregation Or Shalom announces the continuation of ZUMBA GOLD on Tuesday and Thursday nights at 7 PM. ZUMBA Gold is an easy to follow dance movement program that incorporates music from every decade to create an upbeat and fun exercise class. Burn lots of calories, meet new friends, and have a blast. No experience needed and classes are on a drop-in basis. Contact Robin at zumbarobin@gmail.com or call 203-314-8176 or temple office at 203-799-2341.

SHABBAT UNDER THE STARS

Come welcome Shabbat Under the Stars at Temple Emanuel of Greater New Haven on Friday, June 30 at 7:30 pm. Rabbi Michael Farbman will lead a Kabbalat Shabbat service starting at 7:30 on the patio. Bring a comfortable chair or blanket, and don't forget the bug spray! Following the service, please join us for our traditional tasty TE oneg in our social hall.

Not a member of TE? Come check us out. This event is FREE. Temple Emanuel is located at 150 Derby Avenue (Route 34) in Orange . For more information



Temple Emanuel

about this and other services and events at Temple Emanuel, please go to the synagogue's website www.templemanuel-gnh.org or call the office at 203-397-3000.

DOLLAR\$ AND \$EN\$E

TAX FREEDOM DAY

By Roberta L. Nestor

In case you missed it, Tax Freedom Day has passed and for the average US worker, it was April 23rd, 113 days into the year. Tax Freedom Day varies from state to state and from country to country, however, it all comes down to the actual date each year where we have theoretically earned enough income to pay its taxes. This includes all federal, state and local taxes; therefore, it can be a significant date for taxpayers and lawmakers because it represents how long Americans as a whole have to work in order to pay the nation's tax burden. By the way, for CT the Tax Freedom Day was May 21st, putting us dead last in the country.

Why does it take CT residents longer to pay their tax bill? Higher incomes mean higher taxes and a longer period of time to pay those taxes. New York and New Jersey are about a week to 10 days less than for Connecticut workers. Actually, our state has remained the last state to celebrate Tax Freedom Day for more than six years and that date keeps getting closer and closer to June. This means that Connecticut's tax burden has been continuously increasing.

A Florida businessman, Dallas Hostetler actually trademarked the phrase "Tax Freedom Day" in 1948. He did the calculations for over 20 years and when he retired sold his trademark to the Tax Foundation who has been calculating it ever since. The Tax Foundation started doing individual state calculations in 1990. Historical charting shows that the earliest Tax Freedom Day would have been in the year 1900 and arrived on January 22nd. Compare that to the longest period, which would have been in the year 2000 with a May 1st arrival.

Each year the Tax Foundation files a report and for 2017 Americans will pay \$3.5 trillion in federal taxes and \$1.6

trillion in state and local taxes. According to the Tax Foundation, "Americans will collectively spend more in taxes in 2017 than they will on food, clothing and housing, combined." While the thought of working 113 days just to pay taxes is distasteful, compared to some countries it's not so awful. Norway and France top the charts with 210 days before reaching Tax Freedom (that means nearly 7 months of work goes toward taxes); Belgium is slightly higher with 218 days; Spain 181 days; Greece 169 and Germany 172 days.

So, if we have paid our debt why are they still taking out taxes from our paychecks? Can we slack off? Of course not; it just doesn't work that way. Look at the positives of all the federal, state and local services we have available to us: Education, highway building, bridges and maintenance, welfare programs, healthcare and hospitals. Don't forget the visible services like garbage collection, traffic lights and snow removal. And, especially remember the firemen and police forces who protect us and will ensure we all have a safe and colorful celebration for Independence Day.

Roberta L. Nestor is a financial advisor practicing at 491 New Haven Avenue in Milford, CT offering retirement, long term care, investment and tax planning services. She also offers securities and advisory services as an Investment Adviser Representative of Commonwealth Financial Network – a member FINRA/SIPC and a Registered Investment Adviser. Fixed insurance products offered through Nestor Financial Network are separate and unrelated to Commonwealth. Commonwealth Financial Network or Nestor Financial Network does not provide legal or tax advice. You should consult a legal or tax professional regarding your individual situation. Roberta can be reached at Nestor Financial Network, 203-876-8066 or roberta@nestorfinancial.com.

Did You Know?

What commonly has been referred to as the 21st Century Cures Act (became law on December 13, 2016) makes an important change for special needs trust planning for a disabled person younger than 65.

- **Who it helps:** A disabled person younger than 65 who comes into assets (typically by inheritance or settling a personal injury case) that otherwise would make him/her ineligible for government benefit programs such as Supplemental Security Income ("SSI") or Medicaid can maintain eligibility for government benefits by placing the assets into a specific type of special needs trust ("SNT") that has been authorized by federal law since 1993.
- **What happened before?** Before the 21st Century Cures Act, however, the disabled person was not allowed to establish the SNT. The SNT needed to be established by a 3rd party such as a parent, grandparent, guardian, conservator, or Probate Court. When there was no parent or grandparent around to establish the SNT, it became extremely complicated (and expensive) for the disabled person to get the SNT established.
- **What will happen now?** 21st Century Cures Act undoes that inequity by allowing a disabled person to establish the SNT for himself/herself. No longer is a parent, grandparent or other third party required to be the one that establishes the SNT.
- **How this benefits individuals:** This will make life significantly easier for a disabled person younger than 65 who needs to preserve eligibility for many means tested government benefit programs.

If you are interested in learning more about special needs trust planning, please visit our website and read our blog for recent posts. For advice specific to you or your family, please contact the office. We would be glad to meet with you for a no hassle, no charge initial consultation, no matter how long it lasts.



Steven P. Floman, Allison M. DePaola, and Nicole M. Livesey of the law firm Floman DePaola, LLC are the authors of this article. This article has been prepared for general informational purposes only and is not intended to constitute legal advice or to create an attorney client relationship. Readers should not act upon the information contained in this article without seeking advice from an attorney regarding the specific facts and circumstances of your case.

Floman  DePaola

Attorneys & Counselors At Law
Protecting what's important to you
Estate Planning | Estate Administration/Probate
Medicaid Planning | Real Estate Closings
Special Needs Planning

Questions? Call us to set up a no-charge, no-pressure meeting.
P.O. Drawer 966 | 378 Boston Post Road | Orange, CT 06477
(203) 795-1211 • www.flomandepaola.com
sfloman@flomandepaola.com | adepaola@flomandepaola.com | nlivesey@flomandepaola.com

HOUSES OF WORSHIP

HOLY INFANT RELIGIOUS EDUCATION REGISTRATIONS

Holy Infant Parish is currently accepting registrations for the Religious Education Program for the 2017/2018 school year. Applications are available for children entering 1st grade in September and any new students not registered in the program.

Please contact the Religious Education Office at 203-799-2417 or at dre@holyyinfantorange.org for information.



Holy Infant Church

Visit our website at www.WoodbridgeTownNews.com

ANSONIA NATURE & RECREATION CENTER JULY EVENTS CALENDAR

REGISTER NOW FOR SUMMER NATURE DAYS!!!

Monday, July 31–Friday, August 4,
Monday, August 7–Friday, August
11 (FULL), Monday, August 14–
Friday, August 18, 9 am–3 pm.

For children from 5 to 11 years old who love the outdoors and wildlife, these popular classes will be not only educational, but also a chance to explore the 156 acres the park offers. We explore a variety of the park's habitats. A great choice for a fun late-summer experience! TUITION: \$150 priority students (Ansonia residents and FANCI members), \$175 all others.

CREATURES OF LONG ISLAND SOUND

Thursday, July 6, 11 am

This is a great weekday family program to learn all about the creatures of Long Island Sound. We will explore the Nature Center's salt water tank and learn how to identify and hold common critters you will find at New England's local beaches this summer. FEE: \$6 per person.

DEEP FAMILY FISHING CLASS

Saturday, July 8, 9 am–2 pm

The Nature Center is sponsoring this CT Department of Energy & Environmental Protection C.A.R.E. Program class. The topics covered by the 2-hour classroom instruction are: •Connecticut Waters •Fish Identification •How & Where Fish Live •Fishing Tackle & Techniques •Fishing Laws & Regulations •How to Tie a Strong Knot •How to Clean & Cook Your Catch •Sportsmanship & Safety •How to Cast. The instruction will be immediately followed by fishing with the instructors in Redwing Pond. All equipment will be provided. Adults over the age of 16 must have a fishing license to participate in the fishing event. This FREE program, taught by Certified DEEP C.A.R.E. Instructors, is open to everyone 7 years old and up; children under 12 years old must be accompanied by an adult. To pre-register or

for more information, call the Chief Instructor, Dave Connelly, at 203-231-0946.

MOONSHINE AND FIREFLY HIKE

Sunday, July 9, 8 pm

Follow the Nature Center's ranger along our wooded paths looking for glowworms in the leaf litter under the light of the moon. We'll end the hike with a show by beetles in the Lampyridae family, better known as lightning bugs and fireflies. FEE: \$3 per person. Wear shoes for hiking.

MONDAY NIGHT TRAIL RUN

Mondays starting July 10, 5:30-6:30 pm

This is a call to all of the runners who want something that is out of the ordinary! Ranger Dan will lead you through our 156-acre network of trails, while you burn off the weekend's extra calories. We guarantee that this FREE program is the best way to start off your week. Please register.

FAMILY ORGANIC GARDEN PROGRAM

Tuesdays, July 11, 18, 25; August
1, 8, 15; September 5, 12, 19, 26

ANC will be continuing family-friendly activities in our organic garden. Learn about growing a variety of fruits and vegetables. Dress appropriately; keep in mind you will get water and soil on your clothing. FREE, with the potential to take home fresh local produce!

CHRIS ROWLANDS: Puppeteer and Singer

Friday, July 28, 7 pm

Chris Rowlands is an award-winning singer and songwriter who offers an interactive kid-friendly presentation for those who love music and nature. Chris brings animals to life through song, dance, puppets, and colorful props, to teach children about animals and their habitats. Don't miss this FREE musical program! Please call to register 203 736-105.

VOLUNTEERS AGE 55+ NEEDED

The Agency on Aging of South Central CT has volunteer opportunities for adults age 55+. Volunteers can tutor young children in reading in East Haven, Hamden & New Haven schools and afterschool programs (training provided), help frail seniors organize their monthly

bills, read with a child in a North Haven elementary school, or visit with a homebound senior or a veteran.

For more information, call Cherie at 203-785-8533 x2907 or email volunteer@aoascc.org. Also, visit www.aoascc.org.

GENTLY USED CHILDREN'S & TEEN BOOKS NEEDED

Bring your (gently) used baby and teen books to the Experience Corps table at Hamden Town Center Market, Thursdays 4-7pm from July 6 to September 30. Your books will be given to area children who have little access to books. For donations of more than 50 books, please call Sheila at 203-752-3059 x2900 or email sgreenstein@aoascc.org.

Experience Corps is a literacy tutoring program whose volunteers, age 55+, help young students become better readers.

We are currently recruiting volunteers to tutor 2+ mornings weekly in a local elementary school or 2+ afternoons weekly in a local afterschool program starting in October. Training is provided. Contact Sheila for more information, 203-752-3059 x2900 or sgreenstein@aoascc.org.

Experience Corps is a program of the Agency on Aging of South Central CT and an affiliate of AARP Foundation Experience Corps. Visit www.aoascc.org/experiencecorps.

DEATH NOTICES

Jozef Dekarz

Jozef Dekarz, age 65, of Woodbridge, the beloved husband of 43 years to Helen Kupinski Dekarz, entered into eternal rest peacefully on Friday, June 9, 2017. He was born in Poland on August 23, 1951, son of the late Waclaw and Natalia Klim Dekarz. Jozef grew up in Poland before moving to the United States in 1974. He settled in Woodbridge in 1989. Jozef was the proud owner of Dekarz Engineering of Seymour for close to 35 years. He had a fondness for gardening and landscaping in his yard. Jozef was very active and social, quite often with a big smile on his face, singing a favorite song. He lived the American Dream, moving here with nothing, but made a life for himself and his family that will live on for generations. Jozef will be sadly missed by his family and many friends, but will remain forever in our hearts.

His loving family, in addition to his

beloved wife Helen, includes his son Andrzej Dekarz and his wife Carolina of Waterbury, his two daughters Elizabeth Dekarz of Derby and Agnieszka Dekarz of Hamden, his grandchildren Nicholas and Marianna, his brother Andrzej Dekarz and his wife Agata, his sister Jadwiga Zabielski and her husband Jan, several nieces and nephews, his brother in law Stan Kupinski and his mother in law Marianna Kupinski

A Mass of Christian Burial was held on June 15, 2017 at Our Lady of the Assumption Church, 81 Center Road (Route 114) Wood-

bridge. Interment in the family plot at Mt. St. Peter Cemetery in Derby followed. Arrangements were in the capable hands of the Miller-Ward Funeral Home, 260 Bank Street (Route 67 across from Klarides Village), Seymour.

To light a virtual candle and leave online condolences, please visit www.millerwardfuneralhome.com.



DEATH NOTICES

The Woodbridge Town News will publish Death Notices for Woodbridge families free of charge as a service to our readers. Family members please email notice (limit 250 words, please) to: edit@woodbridgetownnews.com

TUESDAY

JULY 4



INDEPENDENCE DAY

SERVICES

ACADEMIC TUTORING, EXAMINATIONS, AND COLLEGE APPLICATIONS

Middle and High School Students:

- Math, pre-algebra, algebra, economics and geometry
- SSAT, ISEE, PSAT, ACT, SAT, GED, and ASVAB exams
- Time management and study skills
- College applications and essays

College and Graduate School Students:

- All levels of: accounting, economics and finance courses
- Writing projects, papers, case studies and resumes

Professional Licensing / Examinations:

- CPA, EAS, TEAS, and Praxis Core (math, reading and writing)
- FINRA Securities Licenses: Series 7, 63, 65, 66 and 79

Email: ddubinsky.nva@gmail.com, or call David at: (203) 219-1698

WANTED

WANTED - Art, Clocks, Coins, Dolls, Estate Jewelry, Military, Silverware, Trains, Gold, Silver, etc. Call Joseph & Carol Ferry Antiques at 203-795-4644.

GRASSY HILL AUCTIONS, AN ESTATE SALE, LIQUIDATION, ATTIC & BASEMENT CLEANOUT COMPANY

is Always Buying and providing services all over Connecticut. These are just a FEW of the things we are looking for: Antiques, Collectibles, Old/ Vintage Toys, Musical Instruments (Saxophones, Trumpets, Violins, Flutes, Clarinets, Trombone & SO MUCH MORE) Advertising Items, Wristwatches (Broken or Not), Pocket Watches, Tools (Machinist, Woodworking, & MORE) Doorstops, Clocks, Oil Paintings, Old Signs, Old Photographs, Old Postcards, Brewery Items, Hunting & Fishing, PEZ Dispensers, Costume Jewelry, Broken Jewelry, Gold & Silver Jewelry, Gold & Silver Coins, Military Items, Swords & Bayonets, Helmets & Patches, Medals & Uniforms, Pocket Knives, Lighters & Pipes, Fountain Pens, Mechanical Pencils, Fraternal Order Items, Religious Items, Industrial Items, Winchester Items, Sikorsky Items, Pratt & Whitney Items, Colt Items, Native American Items, Vintage Electronics, Slot Cars, Toy Trucks, Matchbox & Hotwheels, Barbie's, Folk Art, Statues, Bronzes, Trains, Cameras, Mid Century Modern Furniture, Straight Razors, Shaving Items, Political Items, Comic Books, Sports Cards & Autographs...& THE LIST GOES ON! So please give us a call at your earliest convince. Grassy Hill Auctions (203) 868-1816 GrassyHillAuctions.com.



Call Today To Reserve Your Ad Space!

Display ads start at only \$110 per issue.

Call 203-298-4399 to place your ad!



All real estate advertising in the Woodbridge Town News is subject to the Federal Fair Housing Act, which makes it illegal to advertise any preference, limitation or discrimination based on race, color, religion, sex, handicap, familial status or national origin, or an intention to make any such preference, limitation or discrimination. Familial status includes children under the age of 18 living with parents or legal custodians, pregnant women and people securing custody of children under 18. The Woodbridge Town News will not knowingly accept any advertising for real estate which is in violation of the law.

King Crossword

Solution time: 24 mins.

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Weekly SUDOKU

Answer

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PLACE YOUR CLASSIFIED AD

Classified ads are \$20 for up to 20 words.

Each additional word is 50 cents.

All ads must be prepaid. All ads are subject to approval.

Send a copy of your ad and check payment to:

Woodbridge Town News, P.O. Box 1126, Orange, CT 06477

FOR RENT

WOODBIDGE - THANK YOU ! We are fully occupied and taking names for our waiting list. One and Two Bedroom. Applicants must be 62 or older or disabled. One Bdrm-\$1038/mo; Two Bdrm-\$1100/mo including all utilities. Off street parking, on-site laundry, gardens, courtyard, on busline, handicapped accessible. CHFA Financed. EHO. Gibson Assoc., Inc. 175 East Mitchell Ave, Cheshire, CT 06410. Ph: 203-272-3781. TDD 1-800-545-1833 Ext 165.

Reserve your ad space today. Call us at 203-298-4399.

BEFORE SHARING INFORMATION, THINK TWICE & VERIFY

Even Utility Bills Can Contain Information that Scammers Can Use

AVANGRID, Inc. (NYSE: AGR) and its companies, including United Illuminating, Southern Connecticut Gas and Connecticut Natural Gas, urge customers to think twice before sharing personal or financial information. AVANGRID and its companies have received reports of people going door-to-door, claiming to represent energy companies and asking to see customers' bills. In some cases, they have reportedly claimed they need to "verify" the address and other information.

"In this day and age, you should guard your personal and financial information as closely as you guard your wallet and valuables," said Bill Reis, vice president for customer care for the Connecticut companies. "Your energy bill contains information someone could use to alter your account or switch you to another energy supplier. You shouldn't share it with anyone unless you have a legitimate business relationship with them."

If a visitor or caller claims to represent UI, SCG or CNG, customers can confirm by calling the phone number listed on their monthly bill or the company website. UI, SCG and CNG do not engage in door-to-door sales, and rarely make unexpected visits outside of emergencies. Their employees always carry ID.

Customers also should be alert to scams where people claiming to represent trusted utilities threaten to disconnect service unless the customer makes an immediate payment. The scammers often demand payment via nonstandard methods such as wire transfer or difficult-to-trace prepaid credit cards — a sure sign something's amiss.

UI, SCG and CNG notify customers well in advance if there is a possibility of loss of service for non-payment, and they provide a specific shut-off date.

They offer a variety of plans and options to help customers get caught up, and they accept multiple forms of payment.

AVANGRID offered the following tips:

- Ask for identification and verify it before you let anyone in your house. Employees of AVANGRID companies always display ID. Those with regular in-person customer contact also generally wear uniforms and drive company vehicles.
- Know the signs of a scam. A demand for immediate payment, particularly if it comes with a threat of disconnection or involves an unusual payment scheme, is a red flag.
- Don't share personal or financial information, including utility bills, with anyone unless you have a business relationship with them, or plan to establish one.
- Check your current electric supplier, which is displayed on your monthly electric bill. If you use an alternate supplier, make sure it is the one listed on the bill.
- If you use the online My Account solution for UI, SCG or CNG, check your personal profile for any information that's outdated or inaccurate.
- Beware of "phishing" emails designed to trick you into providing confidential information or downloading malware. These may appear to come from a legitimate source, but there may be clues something's amiss, such as an unfamiliar return address, misspelled words or inappropriate logos. If you're not sure, discard the email without providing any information or clicking any links.
- If you believe you have been the victim of a scam, report it to police.

ENTERTAINMENT

TOP 10 MOVIES

- 1. **Wonder Woman (PG-13)**
Gal Gadot, Chris Pine
- 2. **The Mummy (PG-13)**
Tom Cruise, Sofia Boutella
- 3. **Captain Underpants: The First Epic Movie (PG)**
animated
- 4. **Pirates of the Caribbean: Dead Men Tell No Tales (PG-13)**
Johnny Depp, Geoffrey Rush,
- 5. **Guardians of the Galaxy Vol. 2 (PG-13)**
Chris Pratt, Zoe Saldana
- 6. **It Comes at Night (R)**
Joel Edgerton, Christopher Abbot
- 7. **Baywatch (R)**
Dwayne Johnson, Zac Efron
- 8. **Megan Leavey (PG 13)**
Kate Mara, Ramon Rodriguez
- 9. **Alien: Covenant (R)**
Michael Fassbender, Katherine Waterston
- 10. **Everything, Everything (PG-13)**
Amandla Stenberg, Nick Robinson

TOP 10 VOD

- 1. **Logan (R)**
Hugh Jackman
- 2. **Get Out (R)**
Daniel Kaluuya
- 3. **Fist Fight (R)**
Ice Cube
- 4. **The Shack (PG-13)**
Sam Worthington
- 5. **The Great Wall (PG-13)**
Matt Damon
- 6. **A Dog’s Purpose (PG)**
Josh Gad
- 7. **Fifty Shades Darker (R)**
Dakota Johnson
- 8. **Before I Fall (PG 13)**
Zoey Deutch
- 9. **Moana (PG)**
animated
- 10. **Hidden Figures (PG)**
Taraji P. Henson

- 1. Name the group that released "Here Come the Nice."
- 2. Who released "Cruel Summer" in 1983? What's it about?
- 3. Which singer-songwriter had a hit with "I Love a Rainy Night"?
- 4. Name the singer-songwriter whose debut album won five Grammys.
- 5. Name the song that contains this lyric: "I got your picture hangin' on the wall, It can't see or come to me when I call your name, I realize it's just a picture in a frame."



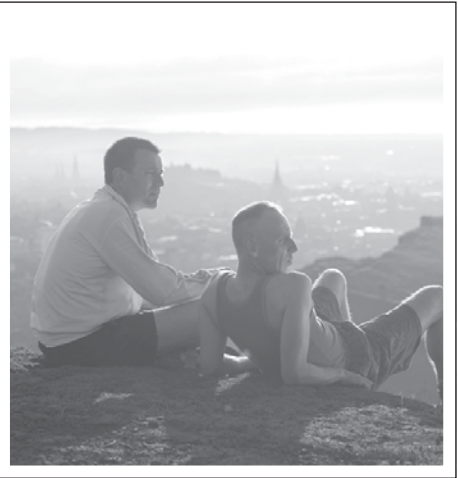
1. The Small Faces, in 1967. The song is often known as "Here Comes the Nice" due to a record sleeve misprint adding the "s" in the title. 2. Karate Kid. 3. Eddie Rabbit. The song is about wanting to be with someone in the summer, but being alone. The song didn't catch on until it was used in "Bananaarama. The song went to the top of country, Billboard and adult contemporary charts. 4. Christopher Cross, with his self-titled "Christopher Cross" album in 1979. 5. "Ain't Nothing Like the Real Thing," by Marvin Gaye and Tammi Terrell, a No. 1 hit in 1968. It's since been covered by many, including Aretha Franklin (who unfortunately turned it into a too-slow ballad).

SPORTS QUIZ

By Chris Richcreek

- 1. Who are the only two players to win a Silver Slugger Award in their first five full major-league seasons?
- 2. Who was the last major-league hitter to top .370 in batting average for a season?
- 3. What team was the first to win a Super Bowl as an NFL playoff wild-card entry?
- 4. How many times did Billy Donovan reach the Final Four as coach of the Florida Gators men's basketball team (1996-2015)?
- 5. Who was the first player to score in five different ways (shorthanded, even strength, power play, penalty shot, empty net) during an NHL game?
- 6. At what age did driver Richard Petty win his seventh and final NASCAR Cup season championship?
- 7. When was the last time before 2017 (Australian Open) that Roger Federer won a grand-slam event in men's tennis?

1. Mike Piazza (1993-2002) and Mike Trout (2012-16). 2. Seattle's Ichiro Suzuki, with a .372 batting average in 2004. 3. The Oakland Raiders won Super Bowl XV after the 1980 season. 4. Four times -- 2000, 2006, 2007 and 2014. 5. Pittsburgh's Mario Lemieux, in 1988. 6. He was 42 when he won the season title in 1979. 7. In 2012, he won Wimbledon.



Ewan McGregor, Ewen Bremner in "T2 Trainspotting" [Sony Pictures]

EDITOR’S NOTE: DVDs reviewed in this column are available in stores the week of June 26, 2017.

PICKS OF THE WEEK

"T2 Trainspotting" (R) -- After 20 years, Mark Renton (Ewan McGregor) has come home to Edinburgh. He re-connects with his old pals: Spud (Ewan Bremner) is still an addict, and Sick Boy (Jonny Lee Miller) is a petty dealer, hustler and part-time barman. Begbie (Robert Carlyle) breaks loose from prison to take revenge on Renton for absconding with the drug money from the first film. Their interactions are filled with self-destruction and attempted redemption; once again, the ride is wild and unforgettable. Director Danny Boyle delves deep into a world

of choices that is full of grit and color, bringing home a film just as fascinating and addicting as its predecessor.

"CHIPS" (R) -- "CHiPs" is shorthand for "California Highway Patrol." I have fond TV memories of the friendly, vanilla Jon Baker and the always obliging beefcake Frank "Ponch" Poncherella patrolling on their motorcycles, solving problems and cracking crimes. Not so with the 2017 reboot, starring Michael Pena as Ponch, with Dax Shepard as Baker, as well as writer/director. Ponch is a seasoned federal officer rooting out what might be an inside crime in the department; he's teamed with Baker, a rookie ex-moto-cross daredevil. The plot points never accelerate into anything more than a vehicle for toilet humor and puerile gags.

"The Belko Experiment" (R) -- The scene is an office building in Bogota. Eighty white-collar workers show up ready for a day of hard-core paper pushing, but before the coffee is even cooled, the building is sealed and a voice over the PA announces the day's real objective: kill or be killed. Each employee has been implanted with what they thought was a tracking device, but turns out to be a bomb. If they do not do as they are told, they will be fired, literally. While the film does have some elements of the psychological thriller, it's mainly a gore fest. Spoiler: A lot of people blow up, and those who don't die from an exploding head aren't spared a gruesome death. Personalities run the gamut, from the good-guy office manager (John Gallagher, Jr.) to the cutthroat executive (Tony Goldwyn).

Sudoku answers on page 27

Weekly SUDOKU

by Linda Thistle

7			1			5	
	9		7				6
		8		4	3		
		9	7			1	
2				9			7
	4		6		2		
	3		8				5
		1	5		9		
6				7		2	

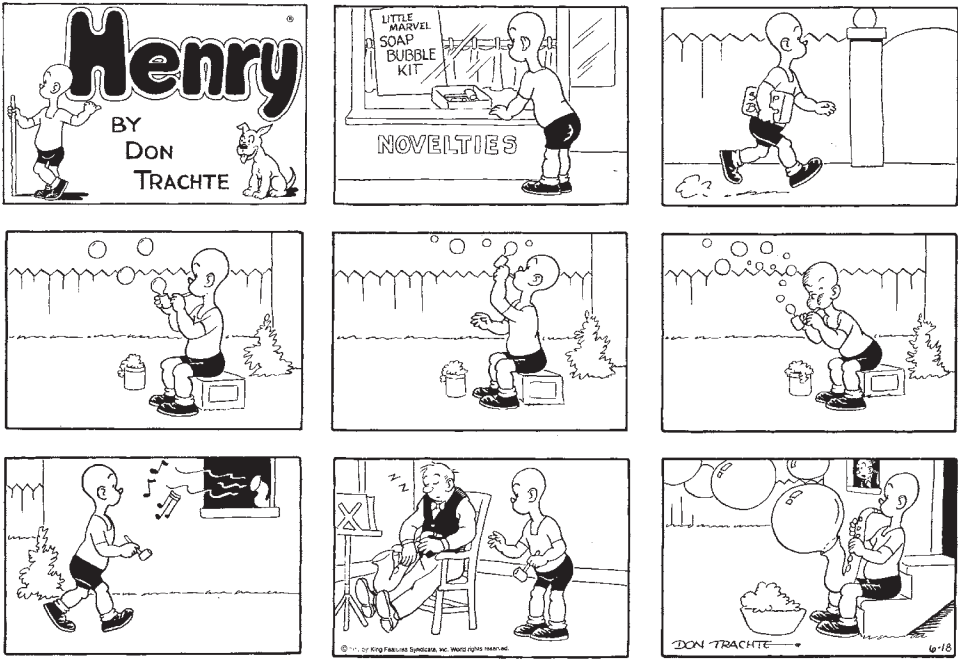
Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦♦♦

♦ Moderate ♦♦ Challenging
♦♦♦ HOO BOY!

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COMICS/CROSSWORD/HOLLYWOOD



HOLLYWOOD

By Tony Rizzo

“Wonder Woman” has been banned in Lebanon, where the film was pulled from theaters just hours before it was due to open. The Lebanese felt they couldn’t let Israeli Gal Gadot’s “Wonder Woman” be seen because, after all, they’re at war with Israel. This came as a shock to Warner Brothers because Gadot was one of the stars of “Batman vs Super-man,” which was a big hit in Lebanon. The added fact is that Gadot is not only Israeli, but a woman, and women still are second-class citizens in that part of the world. It created a double-whammy that couldn’t be allowed! A strong Israeli woman who can overpower men is obviously unacceptable.



Gal Gadot as Wonder Woman
[Warner Bros. Pictures]

stories in the tabloids claiming they are broke? Could that be because they are both being sued for divorce and are trying to hide their assets? Just asking!

Jennifer Aniston didn’t bat an eye over those nude scenes that her husband, Justin Theroux, did numerous times as Kevin Garvey in his HBO series “The Leftovers.” The show recently aired its 28th and final episode. Theroux has moved on to the British sci-fi/mystery film “Mute,” with Paul Rudd and Alexander Skarsgard (of “True Blood,” the “Big Little Lies” series and “The Legend of Tarzan” film).

Kristen Wiig, who will play Jack Nicholson’s daughter in the upcoming “Toni Erdmann,” is currently filming “Mother,” with Oscar winners Jennifer Lawrence and Javier Bardem, as well as Michele Pfeiffer and Ed Harris, for director Darren Aronofsky. Jennifer Lawrence also is shooting the spy thriller “Red Sparrow,” with Joel Edgerton, Jeremy Irons and Charlotte Rampling for a March release. She has been dating “Felicity” star Scott Speedman.

Apparently, moviegoers did not want to see a fat and bald Matthew McConaughey, in “Gold,” judging from its \$20 million cost and \$10 million gross. His next two films are Stephen King’s sci-fi/Western/horror film “The Dark Tower,” with Idris Elba, due Aug. 4, and “White Boy Rick,” with Oscar nominees Jennifer Jason Leigh, Bruce Dern and Piper Laurie, due in theaters Jan. 12, 2018.

Could it be just a coincidence that both Johnny Depp (who has an estimated worth of \$200 million) and Lisa Marie Presley (who has an estimated worth of \$100 million) have both had

“Beauty and the Beast” is now the No. 10 box-office film of all time after earning \$1.23 billion, followed closely by No. 11 “The Fate of the Furious” with \$1.22 billion. “Fate” will probably pass “Beauty,” now out on DVD while “Fate” is still earning money at box office. However, “Beauty” earned \$501 million domestically, while “Fate” took in only \$223 million. Once again “Beauty,” has triumphed over brawn!

King Crossword

ACROSS

1 Lingerie buys

5 Poet

9 Gas stat

12 "That hurts!"

13 Divisible by two

14 Ailing

15 Bullets

16 Crumbly cheese

17 Prompt

18 Jet forth

19 Raw rock

20 Contemptible

21 It holds the mayo

23 Masseur's workplace

25 Native range horse

28 Psychedelic

32 Second president

33 Green shade

34 Hat

36 Spurn

37 Schedule abbr.

38 Ostrich's cousin

39 Piglet's papa

42 Rx meas.

44 Silent

48 Abrade

49 Venus de —

50 Item on stage

51 Anger

52 Responsibility

1	2	3	4	5	6	7	8	9	10	11	
12				13				14			
15				16				17			
18				19			20				
			21	22		23	24				
25	26	27				28		29	30	31	
32							33				
34				35		36					
			37			38					
39	40	41		42	43			44	45	46	47
48				49				50			
51				52				53			
54				55				56			

DOWN

1 Feathery accessories

2 Type of roast

3 Top

4 Skilled equestrian

5 Preceding

6 State with certainty

7 Check again

8 "CSI" evidence

9 Layered mineral

10 Calculator key

11 Merriment

20 Court no-show

22 No liability

24 Preface

25 Grimalkin

26 Fuss and feathers

27 Shrill bark

29 Slapstick missile

30 Plastic piping

31 Still

35 PG-13, e.g.

36 Rest

39 Cheese choice

40 Yours and mine

41 Help hoods

43 Speak unclearly

45 Pakistani tongue

46 Apparel

47 Duel tool

49 Cattle call

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BULLETIN BOARD

Please Note: If you have an event for the Bulletin Board, please send it along no matter how far in advance it is. We will include it in the appropriate issue(s) until the event has taken place.

Boy Scout Troop 63, meetings Monday nights 7:00pm-8:30pm, Our Lady of the Assumption "Mother" Church, 1700 Litchfield Turnpike (Route 63), Woodbridge; September-April and May-June outdoors at Camp Whiting, all boys ages 10 and up or who have completed the fifth grade are welcome to stop by and see what we're all about. For more information, visit <http://www.troop963.org> or email Troop63CT@gmail.com.

Woodbridge Republican Town Committee Meetings, second Tuesday of each month, 7:30pm, Center Cafeteria. Visitors welcome and we urge you to join us. For information, go to www.woodbridgegop.org.

Alzheimer's Community Caregivers Support Group, 2nd Thursday of the month, 5:00pm, Arden House, Conference Room, 850 Mix Avenue, Hamden. Call Maria Paduano, Program Director to RSVP or for more information at 203-281-3500, ext. 7669; www.geneshihcc.com.

Woodbridge Rotary Club Meetings, 1st and 3rd Fridays of the month, 7:30am breakfast meeting, Country Corner Diner, 756 Amity Road, Bethany and the 2nd and 4th Friday of the month, 12:15pm luncheon meeting, Woodbridge Social, 12 Selden Street, Woodbridge. Anyone interested in learning more about Rotary should contact Anna Dickerson, 203-710-0223 or annadickerson@yahoo.com.

Trap Falls Kennel Club Obedience Classes, every level, AKC STAR Puppy (obedience for dogs under 12 months) and Family Manners Classes/Obedience & Canine Good Citizen; Wednesday and Thursday evenings, Pawz for Wellness in Shelton. For registration and/or information, call 203-450-9485 or email tfkctraining@gmail.com. Trap Falls Kennel Club is a non-profit member club of the American Kennel Club (AKC).

Trinity Church, Join us for Worship Service on Sundays at 9:30am, 33 Center Road, Woodbridge. Visit www.trinityefc.com or call 203-387-4711 x10 to learn more.

Ansonia Nature Center Events, 10 Deerfield Road, Ansonia; call 203-736-1053 to register for all events.

Continuum of Care Needs Caregivers, Would you like to make a difference in someone's life as a caregiver? Continuum Help at Home is currently looking for individuals to work as a Homemaker, Companion, or Personal Care Attendant. We have full-time, part-time and live-in positions available. Visit www.continuumct.org/ events to register and download an application.

Bethany Volunteer Fire Dept. & Auxiliary 10th Annual Car, Truck and Bike Show, Saturday, June 10, 2017, 12pm - 4pm, 765 Amity Road (Route 63) the firehouse back parking lot (paved), \$10 Parking (carload); show vehicles can enter at 11am (\$10 entry fee), Antique Cars/Trucks, Muscle Cars, Motorcycles, Big Trucks all welcomed; People's Choice Judging. Trophies and 50/50 raffle announced at 3:30pm - LOTS of categories; Sausage and Peppers, Cheeseburgers, Hamburgers, Hot Dogs and ice cream. Sponsored by Laticrete International, benefiting the Bethany Volunteer Fire Dept. and Auxiliary. Bring your chairs & blankets and come have fun! Any questions, please call 203-410-2602 / 203-954-8597 or log onto www.bethanyfirect.com.

10th Annual Rabies Clinic sponsored by Boy Scout Troop 115 of Naugatuck, Saturday, June 10, 2017, 2:00pm-4:00pm, Naugatuck Veterinary Hospital, 562-B Rubber Avenue, Naugatuck, \$15 per animal, cash only, ID Chips Available, Dog license available for Naugatuck residents. Do not need to be Naugatuck resident for vaccines. Dogs must be on leashes. Cats must be in carriers. Three year shots with proof of current vaccination is same price. Last year's clinic shot will be considered current.

Bottle & Can Drive, Saturday, July 22, 2017, 11:00am-3:00pm, St. Francis Field, Church Street, Naugatuck, sponsored by Boy Scout Troop 115. We will also be collecting can tabs, used ink cartridges & cell phones. (Please bag these items separately.)

Shabbat on the Beach, Friday, July 28, 2017, 7:00pm, Walnut Beach, 113 East Broadway, Milford (if raining services will be held at Temple Emanuel, 150 Derby Avenue, Orange); bring beach chair or blanket, free admission. For information, call Temple Emanuel at 203-397-3000 or visit www.templemanuel-gnh.org.

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LOCAL SPORTS



Natasha von Beeden of Woodbridge, Alexia Cha of Bethany and Carly Chervenak of Orange are 3 of the 6 team members from the Heronettes Synchronized Swimming Team that finished in 1st place at the 2017 Region A Championships on Sunday, May 21st. This win qualifies them to swim at the Junior Olympics in Riverside, CA this July.



Left to Right: PE Teacher Geri-Lyn Dubay, Juliette Zito, Blake Ahern, PE Teacher Tom Elwell.

FRANK D'AMICO PHYSICAL EDUCATION AWARD WINNERS

Frank taught physical education for 35 years in the Amity school system. He coached football, basketball, and track. He was a great coach and teacher who always stressed the importance of teamwork. He simply loved what he did and always encouraged and motivated his students to be active and do their best. He personified the true spirit of Amity in everything he did.

Each year the physical education staff at AMSB chooses one 8th grade male and female to honor Frank D'Amico. This year it was extremely difficult to come up with just one female and male because there are so many students here that demonstrate the true spirit of Frank D'Amico. However, there is one young lady that stands out above

the rest. Her name is Juliette Zito and she is amazing. She comes to class with a positive attitude and a big smile every day. She is very respectful of her peers and always willing to help out. Juliette is a very talented athlete and a true team player who is very deserving of this award.

This year's male award winner is Blake Ahern. He is the ultimate team player and is willing to do whatever the group needs to be successful. He is always quick to help with the equipment, is first in the gymnasium for class, and works hard. Blake always volunteers to play for the weaker team to make the games fair. Blake is a team player and always has a smile on his face.

Congratulations to both winners!



2017 Minors Champions Batavia Muckdogs – the players/coaches in the photo are: Kneeling : Jack Satnick, Noah Whalen, Maxton Gilmore, Aiden Thomas, Kevin Black, Frank Tartaglia; Standing in middle row: Andrew Behr, Kristian Kasarda, Jacob Vitale, Darin Moran; Standing in rear: Coach: Greg Thomas, Coach Drew Behr, Manager Carl Vitale and Coach Scott Kasarda



2017 Majors Champions Washington Nationals – the players/coaches in the photo are: Front row: Casey Sexton, Kyle DeRienzo, Matt Taddei, Connor Martinello, Giovanni Destefanis & Owen Zaharewicz; Second Row: Jackson Crainich, Owen Sachar, Gabe Tartaglia & Gareth Couch; Back Row: Coach Guido Destefanis, Coach Jeff Sachar, Manager Brian Sexton and Coach Mark DeRienzo.





RUNNING: A GUIDE TO HEALTHY TRAINING

Running injuries can happen at any skill level, whether you are just starting out or a seasoned marathoner. There are several ways to prevent injuries which will keep you running. In my experience there are a few areas to focus on such as proper footwear, pre and post stretching, and cross training.

One way to prevent an injury is to have proper footwear. To get the right shoe for you and your running style it is best to leave it up to professionals. There are several running stores in the area that will custom measure your feet and fit you into the proper shoe that suits your needs. Whether you have

a high arch or are extremely flat footed, there are different shoes for each foot type. By starting out with the proper equipment, plantar fasciitis, stress fractures and neuromas are reduced significantly. Minimalist shoes (shoes that have minimal support or “bare-foot” shoes) are becoming popular in the running community and would be most suited for someone that has a strong arch that can support impact with each stride. This would not be a good option for a runner that has flat feet or pronates when running/walking, they would need something with more support. Finally, don’t overuse your running shoes. After 300 to 500 miles of running they do not have the same qualities to help support your feet and you should be getting new shoes at that point. This is about every 3-6 months if you run 20 to 50 miles per week, assuming you are using the shoes only for running.

Another area of focus should be in your pre and post stretching routine. Before your run, the best way to warm up is dynamic stretching which is moving while stretching instead of holding a position. One example of a dynamic stretch would be holding on to something to maintain balance and slowly start swinging your leg back and forth with your leg straight. As you start to loosen up, you will be able to increase the intensity of the movement. This should be performed for 30 repetitions. There

are plenty of other dynamic stretches that can help warm you up prior to your run. Following your run, static stretching should be performed. Static stretching is holding a position for a period of time. Typically for runners’ the most important areas to stretch are calves, hamstrings, quads and lateral hips. In



Michael Demetriades

our clinic, we have incorporated many of these techniques and have customized stretching programs for different athletes depending on their restrictions. Finally the last area to help avoid injury is cross training. Constant running without other forms of training can lead to significant weaknesses in other areas of the body that translate to injuries. Some signs and symptoms that runners may experience that are primarily due to a lack of cross training are low back pain, lateral hip pain and knee pain just to name a few. Lower abdominal and gluteal strengthening can be key in keeping a stable pelvis and decrease chance for developing an abnormal running pattern with muscle imbalances in your body. In our clinic, we see these problems all too often in runners. By adding in pelvic tilt exercises along with hip strengthening exercises such as clams and hip squeezes can help tremendously. Another exercise that can be simple and also help build lateral hip muscles can be walking sideways, side shuffling on a treadmill, or on pavement. Exercises like these would be beneficial to add into a daily program.

These simple but useful tips will help keep you on the road running and help avoid injuries or running through pain.

Michael Demetriades DPT received his doctorate degree from Quinnipiac University. He has experience in working with all ages and injuries. Michael is a previous varsity hockey and baseball player who is well versed in the modern athlete. Amity Physical Therapy was founded by Michael Dow MSPT, CEO/Director 12 years ago. The practice now has three offices: Branford, Woodridge and Hamden. Michael Demetriades can be reached in Branford at (203) 433-4683.

PULLED HAMMY?

Why Does It Hurt When I Stretch All The Time?

In the clinic, I often treat athletes of impact sports as well as runners. In many impact situations, patients will strain their hamstring despite “stretching” all the time. In order to determine why this occurs, we must first understand how we move.

When we analyze movement patterns in the clinic, we can break movement dysfunctions into three main categories: (1) dysfunction at the joint level, (2) Issues with muscle length, or (3) Strength and/or sequencing of muscle firing problems. For the purpose of this article, we will use the “pulled hamstring scenario” with basketball.

Joints move in three planes of movement: Front to back, side to side, or rotation. They move in all three planes in varying amounts depending on the task at hand. Joint motion dysfunction does not always in itself cause pain, often leading to lack of knowledge that the patient is limited. In fact it is quite frequent that a patient may be limited in rotation in their spine or hip, but still move freely front to back. Our basketball player then has to compensate when he tries to rotate by working “more” in the side to side and rotation planes. This makes other joints and muscles overwork versus doing their normal job. The hamstring can then strain itself, not because it is the problem but more due to compensating for the restricted joints not doing their jobs. Stretching muscles does not fix joint restrictions, rather the best results yield from joint mobilization techniques.

Interestingly our muscles also share the three plane concept, with fibers contracting in varying amounts in all three motions. When muscle fibers are too short, they can’t produce as much force in that particular plane. The trend that we find in the clinic is that most muscular restrictions in length occur in rotation and side to side planes. Patients often stretch their hamstrings in the front to back planes, but not biasing the rotation fibers of the muscle. So the hamstring is flexible enough to work front to back, like with running, but fails when the body needs to rotate/pivot like in basketball or tennis. Stretching tech-

niques need to tailor to the particular fiber orientation plane.

The last category is strength and sequencing of muscle contractions. If a muscle is weak and unable to handle the load placed on it, the fibers will overstretch and strain. Strength training, again in all three planes of motion, is the best way to fix this category.

Again, much like shortened muscle trend, the majority of weakness are in rotation and side to side plane. Patients tend to train on machines that only work front to back, thus not addressing the underlying weakness of the muscle fibers in rotational and side to side planes. Sequencing is a complex process,

but, in short, if the timing of muscles do not fire in the correct order, you will again compensate and put undue force on a muscle that is not designed to handle it. Much like an engine of a car, if the parts do not fire in the right order, the car won’t start.

So to answer the title of the article, your hamstring strain origin may be one of the outlined categories, or a combination of two or more. It is imperative to identify which ones in order to fix the underlying cause. Stretching the muscle (often in one plane only) will not lengthen the tight rotational fibers, strengthen the muscle, fix the sequencing/timing of contractions, and/or improve joint mobility of other joints that put force on the hamstring. Getting a thorough evaluation of these mechanics, even prior to injury as a preventative measure, can help ensure proper force distribution and improve muscle performance for running and impact sports.

Michael Dow MSPT and CEO/Clinical Director is founder of Amity Physical Therapy with offices in Woodbridge, Hamden and Branford. He received his degree from Sacred Heart University, and has been recognized by the U.S. Dept. of Health and Human Services for his work with the National Multiple Sclerosis Society. He treats patients of all ages, pediatrics to geriatrics, as well as local high school and college athletes. He can be reached at 203-389-4593 or visit www.amitypt.com.



Michael Dow

"We must be free not because we claim freedom, but because we practice it. " — WILLIAM FAULKNER



AN OUNCE OF PREVENTION

Insect-related Illness or Repellent: You Decide!

People have become very wary about chemicals in the products they use. Understandably, as chemical use should be employed with caution and education. However, there are times when using chemicals can prevent illness and complications of illness. Insect repellents are an example. These products, when used correctly, can prevent insect-borne illness such as West Nile, Zika and tick-related disease. They are not a 100% guarantee, but they certainly reduce your chances of becoming ill.

Repellents are pesticides that make you less attractive to insects. They do not kill the insects, but rather reduce the chance that they will bite you. There are people who will remain opposed to using insect repellent. However, if you ever had Lyme disease, you might change your mind. And today, there are many products that repel insects, some of which may be more desirable to those opposed to the chemical in DEET. Review the information below and you decide.

The Centers for Disease Control (CDC) recommends the use of products containing active ingredients which have been registered with the U.S. Environmental Protection Agency (EPA) for use as repellents applied to skin and clothing. Of the products registered with the EPA, those containing DEET, picaridin, IR3535, and some oil of lemon eucalyptus and para-menthane-diol products provide longer-lasting protection. EPA registration means that EPA does not expect the product to cause adverse effects to human health or the environment when used according to the label.

According to the EPA, the most effective repellents are those that are applied directly to the skin. The EPA also registers repellents such as clip-ons, lanterns, table top diffusers and candles/coils. They do not register any products that rely on sound waves, as studies have not shown them to be effective. The EPA has a listing of products that are registered for safe use. The most common repellent uses DEET, which is found in over 400 products, has been in use since 1957 and is one of the most effective at repelling insects. Other products contain ingredients that are registered with the EPA and have been shown to be effective and safe to apply to skin. They include: catnip oil (also known as Nepata cataria-cat mint); oil of citronella; IR 3535; Picaridin; Oil of Lemon Eucalyptus; and methyl-nonyl ketone. There are many natural products that claim to prevent bites, including cedar oil, geranium oil, peppermint/peppermint oil, prickly pear cactus and soybean oil, but these have not been evaluated by the EPA for safety and effectiveness. Note: A product called Permethrin can be used on clothing and bed nets. However, it should never be applied to the skin.

The EPA has a cool tool that will recommend a repellent for your circum-

stances. You can find it at www.epa.gov, search find insect repellent right for you. The EPA has also developed a graphic that you may start seeing on insect repellent products. The graphic will state what the product best protects against (mosquitoes, ticks or both) and for how long the protection lasts (in hours). Look for it on product labels.

The CT Department of Public Health has a fact sheet titled "A Guide to Using Insect Repellents Safely (February 2016) which is available at <https://tinyurl.com/klc24x4> (District residents without internet access can call QVHD, 203 248-4528 for a copy).

There will still be those who will resist the use of an insect repellent. But note: the National Pesticide Information Center (www.npic.orst.edu) reports that the majority of reactions to an insect repellent, especially from DEET, are a result of MISUSE with a smaller number coming from an allergic reaction. When you use any product that contains chemicals, you must always follow the directions.

Some reminders about safe insect repellent use:

- Read the directions, especially for children. Products containing DEET can be used on children 2 months or older. However oil of lemon eucalyptus should not be used on children under 3 years old.
- Do not use repellents under clothing.
- Do not apply repellents to areas of the skin that are cut, injured, or irritated.
- To apply to face, apply the product to hands and then to the face, avoiding eyes and the mouth. Wash hands after applying.
- Do not spray products in an enclosed area.
- Do not spray products around food.
- Be courteous of others if applying repellent at an outdoor event.
- Wash off products when you return indoors.
- Sunscreens and insect repellents can be used together. However, combination products are not recommended as sunscreen usually needs more frequent application. When applying, use sunscreen first and repellent second.

Perhaps you never used insect repellent before. After all, what's a little insect bite? In the ecology of Connecticut today, there are mosquitoes and ticks that can cause serious illnesses. The consistent use of insect repellent is an important and proven intervention for preventing such illnesses. You can learn more at www.cdc.gov, www.epa.gov or www.npic.orst.edu. For QVHD residents without internet access, call QVHD, 203 248-4528 for written information. For more information on ticks and tick testing, visit the QVHD website, like us on Facebook and Follow us on Twitter.

BARK BYTES...

By Vicki & Richard Horowitz



LOSS OF A MATE

By Richard and Vicki Horowitz

Dogs grieve the loss of another dog to varying degrees, depending on the relationship and bond they built over their time together. Some dogs will refuse to eat; some suffer the loss more dramatically by trying to escape, apparently to go in search of their lost mate. Some seem to instinctively know what has occurred and behave in a more needy fashion than usual, following you from room to room, demanding attention or affection. No matter how your dog reacts, the following tips can help you and your dog get through this difficult situation together.

If possible, prepare your dog for the departure of his mate. Soften the upcoming transition by spending extra time alone with your other dog, engaging in activities that he enjoys, such as walks or playing fetch. Your aging or sick dog will probably enjoy some peace and rest. If you make the difficult decision to euthanize one of your dogs, you may want to consider allowing your other dog to be present (with your vet's approval), as this may speed up his grieving process.

Continue taking walks and playing games with your remaining dog. Whatever form your dog's grief takes, you have to ensure that special thought is given to helping him cope with his loss. Lots of walks can be very helpful; try not to leave your dog alone too much. Fresh air and exercise can benefit you both. Instigate play or try providing an interactive toy that delivers a treat. You will be grieving too - after all you have also lost a friend - but you need to keep

your spirits up as you still have a dog that needs you now as much as ever.

Stick to your normal routine as much as possible and show your dog that you are still his leader. Some owners begin to alter their own behavior; they stop taking the remaining dog for walks or stop behaving like a leader. The dog's whole routine is changed, which is very stressful for a dog and will add to his loss and compound his problems. It is extremely important that the leadership you have provided your dogs over the years remains, as dogs that lose a mate often suffer from what their owners fail to do. If you stop showing clear leadership, your dog has not just lost a mate, but also his leader. By remaining calm and consistent and providing clear direction, your dog will feel more secure in the stable environment you are maintaining.

Don't rush into getting another dog. Think carefully before bringing another dog into your household as this can be counter-productive. Your remaining dog may not bond with the new dog because he hasn't finished grieving. It is not easy to mend a broken heart, human or canine, so try to wait it out.

Remember that your dog needs your love and understanding. Be patient and supportive and he will return to his normal, fun-loving self.

Vicki and Richard Horowitz, of Woodbridge, are dog behavioral therapists and trainers with Bark Busters, the world's largest dog training company. For more information, call 1-877-500-BARK (2275) or visit www.dog-training-new-haven-ct.com.

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Salome's Stars

ARIES (March 21 to April 19) Be prepared to face some challenges stirred up by an envious colleague. Your best defense is the Arian's innate honesty. Stick with the truth, and you'll come out ahead.

TAURUS (April 20 to May 20) Your sensitivity to the needs of others is admirable. But be careful to avoid those who would take unfair advantage of your good nature, especially where money is involved.

GEMINI (May 21 to June 20) Having an optimistic attitude is fine, as far as it goes. But don't be lulled into a false sense of confidence. There still are problems to deal with before you can totally relax.

CANCER (June 21 to July 22) You might feel somewhat "crabby," as you fuss over plans that don't seem to work out. Maybe you're trying too hard. Ease up and let things happen without forcing them.

LEO (July 23 to August 22) Heed that keen Leonine instinct. It's trying to tell you to delay making a decision until you're sure there are no hidden problems that could cause trouble later on.

VIRGO (August 23 to September 22) This is a good time to reach out to those who might be nursing hurt feelings over recent events. Best advice: Ignore any pettiness that could delay the healing process.

LIBRA (September 23 to October 22) Your understanding helps a colleague get through a difficult period. Although you didn't do it for a reward, be assured that your actions will be repaid down the line.

SCORPIO (October 23 to November 21) You score some high marks in the workplace, which will count in your favor when you face the possibility of changing direction on your current career path.

SAGITTARIUS (November 22 to December 21) Your goal lies straight ahead. Stay focused on it and avoid distractions that could throw off your aim and cause potentially detrimental delays.

CAPRICORN (December 22 to January 19) Keep that burst of exuberance in check and resist pushing through your new project before it's ready. In your personal life, a family member again needs help.

AQUARIUS (January 20 to February 18) Paying attention to your work is important this week. But so are your relationships with those special people in your life. Make time for them as well.

PISCES (February 19 to March 20) Good news. Someone is about to repay a long-standing debt. But be warned. That same someone could try to charm you into lending it back unless you say no and mean it.

BORN THIS WEEK: You are sensitive to matters that involve your home and family. You would make a fine family-court judge or social worker.

POOP-OOP-A-DOOP

DEAR PAW'S CORNER: You were totally off base in your answer to the person who says her neighbor is complaining about the dog poop in her yard. Why did you go so easy on her? She needs to clean up her dog's mess! Not only does it look and smell disgusting, but a backyard full of dog poop is a backyard full of nasty bacteria and diseases. That stuff can be tracked from one yard to another by other animals like squirrels, raccoons and birds.

If I were that person's neighbor, I'd call the city to inspect her property right away. I've done so myself on a few occasions. There's nothing like the threat of daily fines from the city to get a neighbor to clean up after their dogs. -- Disgusted in St. Pete

DEAR DISGUSTED: I agree, a yard full of poop is both smelly and

a cradle for harmful bacteria. Not to mention that the nitrogen-rich waste destroys the grass. I wanted to give her the benefit of the doubt, though. Some people might simply be bothered by the sight of a dog doing its business and assume the yard is a mess. Whether the neighbor has a legitimate beef isn't clear, though, since I haven't actually seen the property.

DEAR PAW'S CORNER: You know, a lot of that "neighbor battle" could be taken care of if the person puts up a high fence. That's all I have to say about it. -- Ed W. in Santa Fe

DEAR ED: There's truth in that. Robert Frost wasn't off base when he said, "Good fences make good neighbors."

Send your questions or comments to ask@pawscorner.com.



top ten

Best Presidents Since WWII

1. Ronald Reagan
2. Franklin Roosevelt
3. John Kennedy
4. Barack Obama
5. Bill Clinton
6. Harry Truman
7. Dwight Eisenhower
8. George W. Bush
9. George H.W. Bush
10. Jimmy Carter

Source: 2017 Harris Poll

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National Pollinator Week JUNE 19-25, 2017

Started ten years ago by the Pollinator Partnership and approved by the U.S. Senate, this special week's activities address the urgent issue of declining pollinator populations. It has grown into an international celebration of the valuable ecosystem services provided by bees, birds, butterflies, bats and beetles. The website **pollinator.org** is filled with kits and activities, planting guides, posters, events and programs to help you explore this issue. - Brenda Weaver

Source: pollinator.org

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