

# Woodbridge Town News



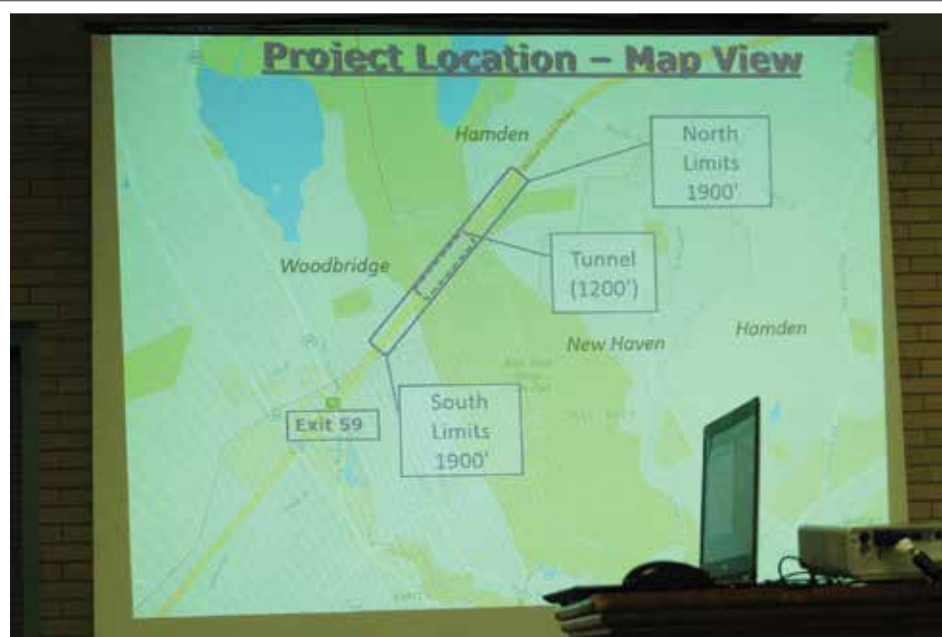
Woodbridge's Exclusive Newspaper

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VOL. 5 – ISSUE 10

CIRCULATION 3609

FRIDAY, SEPTEMBER 30, 2016



Map exhibit shows natural resources in the vicinity of the tunnel.

## STATE SEEKS PUBLIC INPUT FOR TUNNEL PROJECT

By Bettina Thiel – Woodbridge Town News Correspondent

The state is still in the process of gathering information and weighing different options to come up with a solution for the ageing West Rock tunnel, that is what engineers and project managers told the audience at a "scoping meeting" September 22 in the Woodbridge Senior Center.

The purpose of the project is to address and correct the deficiencies of the 70-year-old tunnel, now known as "Heroes Tunnel", said Project Manager David Cutler. The tunnel takes motorists on the Wilbur Cross Parkway from Exit 59 in Woodbridge and New Haven right under the West Rock Ridge to Hamden's Exit 60. At 1,200 feet in length, it is the only such structure in the state. Due to its unique nature, the Department of Transportation has hired the engineering firm CDM Smith to review the current condition, propose alternatives

and eventually come up with a design. Part of this process is a study of the environmental impact any of these solutions may entail.

The public has until October 7 to weigh in and submit their comments. Anyone wishing to discuss the project may contact David Cutler at (860) 594-3210 or by e-mail at David.Cutler@ct.gov. For comments on environmental planning issues, contact Mark W. Alexander, assistant planning director, Environmental Planning; Phone: (860) 594-2931 or email Mark.W.Alexander@ct.gov.

Even if the audience at the meeting did not hear about the alternatives the engineers are considering, including digging a third tunnel, it did learn about the current state of the tunnel and why

See "Tunnel" continued on Page 37



## SCHOOL OFFICIALS PLEASED WITH TESTING RESULTS

By Bettina Thiel – Woodbridge Town News Correspondent

Elementary students in the Woodbridge School District performed well in 2016 standardized tests, improving their scores by some 10% in math, and close to 7% in reading and writing, compared to the previous year's results. "The most important part is the growth," said School Supt. Robert Gilbert at the September Board of Education meeting, when he congratulated the team at Beecher Road School for this margin of improvement.

Assistant Principal Analisa Sherman introduced the latest SBAC (Smarter Balanced Assessment Consortium) test results, showing how the percentage of students who achieved levels 3 or 4 ("meets" or "exceeds" the standard) had increased from 73.6% in 2015 to 80.1 this year in language arts; and from 61.1% to 71.2% in mathematics.

Only science is being tested using the old CMTs (Connecticut Mastery Test) in grades 5 and 8. Of the local fifth graders, 94% achieved a passing grade or higher,

"one of the highest scores across the state," according to Sherman. "We are very proud of all our students and our staff," she added.

At the Board of Education meeting, where the results were introduced and applauded, science coordinator Caron Stebinger said humbly, "it depends on the cohort," in other words, students in some years perform better than others. Even so, Sherman in her presentation included comments from an unnamed intermediate teacher and comments from a middle school teacher, saying how in their experience, local students are better prepared every year.

The new online assessment tool SBAC was created after introduction of the Common Core standards. The SBAC test is being administered in the spring in grades 3 to 8 in language arts and mathematics. In math, the emphasis is on

See "Testing" continued on Page 25

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**LOCAL REALTORS ATTEND  
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Local Realtors, April Stirling and Chris Lovejoy attended the NHMR Board of Realtors 2016 Legislative Breakfast at Woodwinds in Branford to talk about important issues that impact Connecticut’s housing industry. Pictured from left: April Stirling, State Rep. Themis Klarides, State Senator Joe Crisco, Chris Lovejoy and State Rep. Pam Staneski.



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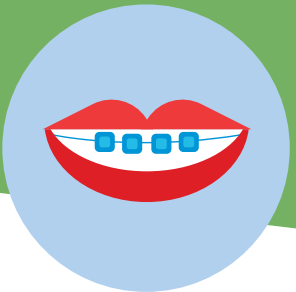
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# WOODBIDGE ANNOUNCES TRAFFIC SAFETY INITIATIVE

Woodbridge First Selectman Ellen Scalett and Police Chief Frank Cappiello are announcing a new Town-wide traffic awareness initiative aimed at reminding the public about the risks of unsafe driving. Both Scalett and Cappiello have received numerous phone calls and emails about speeding and other traffic enforcement issues from concerned residents. "Although we are a small town, there are more than 80 miles of roadway in Woodbridge," said Scalett. "Obviously, our officers cannot be everywhere at all times, but they will do targeted enforcement in certain areas to cut down on safety hazards caused by speeding, texting and other unsafe driving practices."

"Safety is our number one priority,"

said Chief Cappiello. "I am proud to work closely with the First Selectman on this initiative to help keep our roads safe for drivers, cyclists and pedestrians." He explained that in the coming weeks, officers will be assigned to a rotating list of certain streets where they will be stopping motorists for speeding, texting, not wearing a seat belt or other infractions.

Additionally, the Police Department plans to study the effects of the speed bumps that were installed on Landin Street this summer. Shortly after the Landin Street speed bumps were installed, the Town received several requests for additional speed bumps. The result of the study will inform future use of speed bumps throughout Town.

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# LOCAL BUSINESS ROUNDUP

## STIRLING, LEAKE COMPLETE SMART HOME TECH COURSE

April Stirling and Catherine Leake, independent sales associates affiliated with Coldwell Banker Residential Brokerage in Woodbridge, announced their completion of the Smart Home Technology Education Course offered by Coldwell Banker University. Developed by Coldwell Banker Real Estate, LLC and CEDIA, the global trade association for the home technology market, the course is offered exclusively to independent contractor agents affiliated with the Coldwell Banker® network. The curriculum which provides an extensive look into the evolution of home technology with a focus on how smart home products are changing the way we live in, and interact with, our homes.

This course will equip Stirling and Leake with the skills needed to advise clients interested in buying and selling smart homes or installing their first smart home products. As smart homes become increasingly sought after in New Haven County, Stirling and Leake recognized how essential it is to educate themselves to help clients make informed decisions about smart home technology.

"Smart home technology is entering the mainstream and quickly becoming a staple in homes across the country," said Stirling and Leake. "The Smart Home Technology course has helped us sharpen our knowledge on the smart home and the products available, which in turn will allow us to better inform our clients when making smart home decisions."

A Coldwell Banker survey of Americans found that almost half (45 percent) of all those who responded to the survey either own smart home technology or plan to invest in it in 2016. Furthermore, more than half (54 percent) of homeowners surveyed would install smart home products if they were selling their home and knew that doing so would make it sell faster. In response to this, Coldwell Banker Real Estate earlier this year released an official smart home definition to educate real estate professionals, home buyers and home sellers in consort with CNET, the world's largest and most trusted online source of consumer technology news and reviews.

For more information on smart home news from Coldwell Banker, please visit [coldwellbanker.com/smarthome](http://coldwellbanker.com/smarthome).

### Survey Methodology

This survey was conducted online within the United States between October 22-26, 2015 by Harris Poll on behalf of the Coldwell Banker brand via its Quick Query omnibus product. The survey was conducted among 4,065 adults (ages 18 and over) among whom 1,009 own at least one smart home product. For the purposes of the survey, "smart home technology/products" were defined as products or tools that aid in controlling a home's functions such as lighting, temperature, security, safety, and entertainment, either remotely by a phone, tablet, computer, or with a separate automatic system within the home



April Stirling



Catherine Leake

itself. Figures for age, sex, race/ethnicity, education, region and household income were weighted where necessary to bring them into line with their actual proportions in the population. Propensity score

weighting was used to adjust for respondents' propensity to be online.

All sample surveys and polls, whether or not they use probability sampling, are subject to multiple sources of error which are most often not possible to quantify or estimate, including sampling error, coverage error, error associated with nonresponse, error associated with question wording and response options, and post-survey weighting and adjustments. Therefore, the words "margin of error" are avoided as they are misleading. All that can be calculated are different possible sampling errors with different probabilities for pure, unweighted, random samples with 100% response rates. These are only theoretical because no published polls come close to this ideal.

Respondents for this survey were selected from among those who have agreed to participate in our surveys. The data has been weighted to reflect the composition of the adult population. Because the sample is based on those who agreed to participate in our panel, no estimates of theoretical sampling error can be calculated.

Coldwell Banker Residential Brokerage, located at 270 Amity Road, Suite 128, Woodbridge, CT 06525, can be reached at 203-389-0015 (Coldwell-Banker.com) Coldwell Banker Residential Brokerage has been serving the Woodbridge/Amity/New Haven County area for over 12 years.

## WOODBIDGE HOSTS BUSINESS AFTER HOURS

Working with the Economic Development Commission, the Town is inviting local business representatives to a business happy hour on Wednesday, October 5 at Solun Tapas Bar & Restaurant. At this Business After Hours at Solun Tapas (245 Amity Road), happy hour specials will be on offer from 5-6:30 p.m. Admission is free to this event.

The goal is to bring the business community together to learn about and from each other. If you or someone from your business plans on attending this event, please contact Assistant Administrative Officer Betsy Yagla at [byagla@woodbridge.org](mailto:byagla@woodbridge.org).

Businesses are also encouraged to build a business-themed scarecrow. Straw and scarecrow frames will be provided; attendees should bring the clothing and accessories. Those attending the event will be asked for feedback on two concepts for a potential wayfinding signage program for the business district. The signage program is designed

to help guide visitors and residents to the Town's many amenities, including shops and restaurants.

"Supporting our local businesses is very important for our Town," said First Selectman Ellen Scalettar. "These happy hours are a great way for our business community members to network in a local, relaxed setting." Previous Woodbridge Business After Hours events have been held at the JCC, Grimaldi's Pizza and New England Brewing.

Additionally, the First Selectman has been visiting local businesses to highlight them as part of the "Shop Woodbridge, Dine Woodbridge, Try Woodbridge" campaign. The Town's Economic Development Commission has been inviting new and expanding businesses to its monthly meetings in order to learn about those businesses and why they chose Woodbridge. To learn more about Woodbridge business news and events, sign up for the business email newsletter at [www.tinyurl.com/WoodbridgeCTBiz](http://www.tinyurl.com/WoodbridgeCTBiz).

## CHIROPRACTOR RELOCATES TO WOODBRIDGE

A chiropractor has moved his practice to Hazel Terrace in a deal brokered by Levey Miller Maretz. Jeremy Rosner and Shawn Reilly, both of Levey Miller Maretz, brokered the deal in which Dr. Brian Hollander leased 1,085 square feet of space at 21 Hazel Terrace. Rosner represented the tenant in the deal; Reilly represented landlord Alpert Realty.

Hollander, who lives in Milford and had his office there for the previous six

years, says he was attracted to Woodbridge's location, demographics and sense of community. "I'd been wanting a new space for some time," he says, and he and his fiancée plan to move to town. "We like the feel of Woodbridge."

In addition to providing chiropractic services, Hollander is a certified sports physician and is trained in treating hypertension and diabetes' effects on the body.



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# Woodbridge Town News

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<b>Correspondents</b> .....	Laura Fantarella
	Melissa Nicefaro
	Bettina Theil
<b>Restaurant Profiles</b> .....	Susan Noonan
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## Contact us:

Rocky Salperto ..... Rocky@woodbridgetownnews.com  
 Marlene Silverstein ..... Marlene@woodbridgetownnews.com  
 J. Michael Kriz..... Mike@woodbridgetownnews.com  
 Susan Noonan..... Susan@woodbridgetownnews.com  
 Melissa Nicefaro..... Melissa@woodbridgetownnews.com  
 Bettina Theil ..... Bettina@woodbridgetownnews.com

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## Woodbridge Town News

Below are the next three issue dates and deadlines of the Woodbridge Town News.  
Thank you for your submissions to Your Home Town Newspaper.

### Upcoming Issue Deadline

October 21st.....	<i>Election Issue</i>	October 28th
November 11th .....	<i>Thanksgiving Issue</i>	November 18th
December 2nd .....	<i>Holiday Issue</i>	December 9th

*Note: Copy due by 4:00p.m. Thank you.*

### Upcoming Issue Dates

. Election Issue October 28th  
giving Issue November 18th  
.Holiday Issue December 9th

## FROM OUR READERS

## AARF Says Thank You

The Orange Hot Moms recently held a softball fundraiser for Amity Animal Rescue Fund. (AARF). This wonderful group of people, led by Attorney Debra Marino, came out on a Friday evening to have fun playing ball.

In the process, they raised awareness of the need to help AARF continue its mission of helping feral and companion animals in our community. Residents made baked goods which were available for sale. A donation table encouraged people to contribute to our cause.

AARF is a very small, all volunteer, nonprofit organization. Any and all donations go a long way in helping us continue our work to alleviate animal suffering in our towns. Thank You Debra and the Orange Hot Moms for helping AARF save more animals.

*Cheryl Lipson, AARF volunteer*

# Welcome Dr. Gilbert

Dear Superintendent of Schools; Dr.  
Robert Gilbert,

Welcome to Woodbridge! I look forward to seeing what new leadership can do for Beecher Road School at a time when a fresh perspective and innovation is needed for our children's success. As a resident, parent of 2 young children and a professional in Education myself, I'm wondering what is your vision for students at Beecher and what innovative efforts can be put into place to guarantee our children's mental, physical and emotional development and well-being?

What systems are we putting in place to best support our children on their journey of becoming lifelong learners? Are we placing too much emphasis on homework, worksheets, academic rigor, testing and creating children who are good at filling in bubbles and writing a five paragraph essay but less at creative problem solving and independent thinking?

Can we design learning environments that are supportive of all learning styles and promote health such as standing desks, alternative work spaces, movement breaks, daily recess not sacrificed for more time to "get work done"?

Are we prioritizing our children's so-

cial-emotional health and well-being, creating a culture of acceptance, tolerance, patience and inclusivity to help our children combat a world often times plagued with violence, aggression, intolerance and bullying? Are we raising children who are connected with nature, having time to explore and learn from their environment so that they can be stewards of nature in the future?

Are we approaching grading, homework and testing in a way that is reflective of our children's true learning and giving them feedback on an ongoing basis to help them become better learners and not feel shamed, stressed or guilty by a letter or a score?

We are fortunate to have the resources many other school districts lack- our access makes us privileged in a way other places are not. We should use the resources we have to be a model for education for schools across the country. Let us join ranks of schools like Vallecito Elementary in San Rafael, California that has incorporated standing desks for every student in their school realizing the immediate health benefits for their children. Several schools throughout the country have innovative and well developed outdoor classrooms that become a daily place of learning for various subjects. Schools like Robert W. Coleman Elementary School in West Baltimore incorporate a mindfulness program and use a mindfulness meditation room instead of the principal's office for children when demonstrating difficult behaviors; teaching them skills of self-regulation and cooperation that will serve them for a lifetime.

Let us use what we know in the research about the way children learn, the innovation others have incorporated to improve their learning environments and allow Beecher Road School to be among those schools in the country with creative systems that inspire learners for life, connect them with nature and the real world, support the whole child so that we may raise ethical, bright leaders for the future.

Sincerely,  
Carissa M. Vega, M.S. CCC-SLP,  
Speech-Language Pathologist and  
Educational Consultant

**www.WoodbridgeTownNews.com**



# WOODBIDGE EDUCATION ROUNDUP



## SACRED HEART INVITES PROSPECTIVES TO OPEN HOUSE

Sacred Heart Academy, an independent Catholic college preparatory school for young women in grades 9 – 12, will open its doors to prospective students and their families on Sunday, October 16, from 1:00 – 3:00 p.m. at the Academy’s Annual Open House. The Academy is located at 265 Benham Street in Hamden.

Open House is designed to give prospective families a feel for the spirit and focus of the Academy and encourages visitors to spend the day as they choose. Student guided tours are offered throughout the afternoon with time allowed for areas of particular interest. Administrators, faculty and staff, coaches, students, current parents, and alumnae will be on hand to meet and greet and answer questions. Activities, presentations, and exhibits representing all facets of the Academy will be offered. Visitors will have an opportunity to learn about the challenging academic program and co-curricular activities, observe students and teachers using the

latest technology, preview the upcoming performance of Disney’s The Little Mermaid, see cutting edge research in the state of the art molecular science, chemistry, physics and biology laboratories, and experience the orchestra and concert choir. Information on transportation, financial aid, athletics, and college placement will also be available.

"When I went to Open House and saw how inviting all the girls were and the kindness of the teachers I knew this was the place for me. I felt at home," offered Elizabeth Tine '19 of Bethany after attending Open House as an eighth grader.

All are welcome to attend the Open House; seventh and eighth graders and their parents are particularly encouraged to attend if they are considering admission. It is not necessary to call in advance. For further information about Open House or the admissions process, contact Director of Admission Elaine Lamboley, 203-288-2309, x307 or visit [www.sacredhearthamden.org](http://www.sacredhearthamden.org).



## AMITY HIGH SCHOOL CLASS OF 1966 50<sup>TH</sup> REUNION

Amity High School class of 1966 50th reunion will be held on Saturday, October 15, from 6-11 p.m., at Zandri’s Stillwood Inn, 1074 South Colony Road, Wallingford. The evening will include a buffet dinner, open bar, and dancing to a DJ for \$75. There will be an informal gathering on Friday, October 14, from 7-10 p.m. at Harry’s Sports Grill in Best Western Plus, 201 Washington Avenue, North Haven. A tour of Amity Senior High School is being arranged for Saturday, October 15 at 1 p.m.

Invitations were mailed. Return response card and questionnaire by Friday, September 30 to Bruce Dumelin. Make check for \$75 per person payable to Bruce Dumelin and mail to him at 114 Upper State Street, North Haven, CT 06473.

For information or questions, contact Bruce Dumelin at [onebadcpa@aol.com](mailto:onebadcpa@aol.com) or Ernie Mattei, 860-841-7013 (cell), [ejmattei@daypitney.com](mailto:ejmattei@daypitney.com). Check out Facebook at Amity High Class of Nineteensixty-six.

## STUDENT NEWS

### Enrollments

#### Micaela Cardozo Enrolls At Colby-Sawyer College

New London, NH -- Colby-Sawyer College is pleased to announce that Micaela Cardozo of Woodbridge has enrolled as member of the Class of 2020. Cardozo is pursuing a B.A. in undeclared.

#### Eastern Connecticut State University Releases List Of Newly Enrolled Students

Willimantic, CT -- Eastern Connecticut State University recently released its list of students who have enrolled for the fall 2016 semester. Among those

students from Woodbridge are: John Morrissey whose major is English and Jessica Ahern whose major is Psychology.

#### Stephanie Laugeni Enrolled At Lehigh University As Part Of The Class Of 2020

Bethlehem, PA -- Lehigh University is proud to welcome the Class of 2020! The members of the Class of 2020 represent 40 states and 30 countries. It is also one of the most diverse classes ever admitted to Lehigh. Lehigh is thrilled to count Stephanie Laugeni of Woodbridge among the 75,000+ members of the Lehigh family.



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Please limit letters to 500 words and include a daytime phone number in case we have any questions. Letters must be exclusive to the Woodbridge Town News for publication. We reserve the right to reject any letter.



## Attention Teachers!

We want to know what’s going on in your classroom!  
Let us know about any fun activities or holiday projects.  
You can also send us your pictures. (Parental consent required)

**Woodbridge Town News**  
P.O. Box 1126, Orange, CT 06477  
[edit@WoodbridgeTownNews.com](mailto:edit@WoodbridgeTownNews.com)



# TOWN DEPARTMENTS & AGENCIES

## FROM THE YOUTH SERVICES DIRECTOR

By Nancy Pfund



Woodbridge and Bethany 7th and 8th grade students had a fun evening during the Back to School Bash which took place September 16, 2016, on the Woodbridge Town Green. The event included the Meltdown inflatable, contests, raffle prizes, a DJ, and refreshments.

### After School Programs at Amity Middle School-Bethany Digital Photography for Teens

Digital Photography for Teens is an introductory class, taught by a photo-journalist, for students who want to get the most out of their digital cameras. Students will meet after school from 2:25 until 3:55 in the computer lab on Thursdays. (The late bus is available on Thursdays at 4pm.) The course will run for 10 weeks beginning on October 6th. (No class on 11/24.) Fee is \$80.

If a student does not have access to a camera, other arrangements may be made. A discount for siblings and financial assistance may be arranged for qualifying families. For more information, please contact Woodbridge Youth Services at 203-389-3429. Woodbridge Youth Services and the Town of Bethany sponsor this class.

### Fun Fitness Cooking

The Fun, Fitness Cooking Class will be postponed. If you are interested in the class, please contact Youth Services at 203-389-3429 to be put on the wait list.

### Halloween Bash on October 30th

The Halloween Bash is Friday, October 28th from 7:00 - 9:30 PM in the Center Building Gym located at 4 Meetinghouse Lane in Woodbridge. All 7th and 8th grade students residing in Woodbridge and Bethany are welcome. Private school students are encouraged to attend. The evening will include a DJ, pizza, games and raffle prizes, as well as mummy wrap, donut eating and costume con-

tests, all for \$5.00. Youth Services needs parent/guardian chaperones at each of our events. Donations of bathroom tissue for the Mummy Wrap and raffle prizes are needed. Please contact us at youthone@woodbridgect.org or 203-389-3429 if you are able to volunteer or make a donation. Woodbridge Youth Services and the Town of Bethany sponsor this event.

## WOODBIDGE ENERGY ASSISTANCE PROGRAM

Mary Ellen LaRocca, Director of Woodbridge Human Services Department, announced appointments are being scheduled for Woodbridge residents for the 2016-2017 Connecticut Energy Assistance Program administered by TEAM, INC. Income eligibility requirements must be met. Verification of income and assets must be submitted with the application. This includes copies of the last bank statement(s) or checks(s) for: a) pay stubs (last 4), or income verification from the individual's employer, b) Social

Security benefits notice, c) Supplemental Security Income, d) pension, e) unemployment, f) alimony/child support, g) interest and dividend income h) and utility bill. In addition, the names, dates of birth, and social security numbers of all family members residing with the applicant are required. For more information regarding the Energy Assistance Program or to schedule an appointment, please call Woodbridge Human Services Mary Ellen LaRocca or Judi Young at 203 389-3429.

## FROM THE WOODBRIDGE POLICE DEPARTMENT

By Sergeant Frank Cappiello



### PRESCRIPTION DRUG TAKE BACK INITIATIVE

On Saturday, October 22, 2016 the Woodbridge Police Department, in conjunction with the Drug Enforcement Administration (DEA), will once again give the public an opportunity to prevent prescription pill abuse and theft by ridding their homes of potentially dangerous, expired, unused, and unwanted prescription drugs. This program was successfully conducted at the Woodbridge Police Department last year during which time a total of 74.5 pounds of unwanted pharmaceuticals were collected and turned over to the D.E.A. for destruction. This initiative addresses a vital public safety and public health issue. Medicines that languish in home cabinets are highly

susceptible to diversion, misuse, and abuse. Studies show that a majority of abused prescription drugs are obtained from family and friends, including from the home medicine cabinet. In addition, residents are advised that common methods for disposing of unused medicines – flushing them down the toilet or discarding them in the trash – both pose potential safety and health hazards. Bring your pills for disposal to the front lobby of the Woodbridge Police Department at 4 Meetinghouse Lane, between the hours of 10:00 a.m. and 2:00 p.m. Needles, liquids, or sharps cannot be accepted, only pills or patches. This service is free and anonymous, no questions asked.

## TOWN OF WOODBRIDGE MEETINGS FOR THE MONTH OF OCTOBER 2016

(Subject to Change, Check with Town Clerk's Office, 203-389-3422)



Town Hall

10/3	Human Services Commission .....	7:00pm	Room 14, Center Bldg.
10/4	Town Plan & Zoning Commission .....	7:30pm	Town Hall
10/5	Police Commission .....	6:00pm	Police Dept.
10/13	Economic Development Comm. ....	7:00pm	Town Hall
10/17	Fire Commission .....	6:00pm	Fire Station
	Library Commission .....	6:00pm	Library
	CUPOP .....	6:30pm	Town Hall
	Zoning Board of Appeals .....	7:30pm	Town Hall
10/18	Board of Selectmen .....	5:00pm	Town Hall
10/19	Inland/Wetlands Agency .....	7:30pm	Town Hall
10/20	Board of Finance .....	6:00pm	Town Hall
	Conservation Commission .....	7:30pm	Town Hall
10/24	Recreation Commission .....	7:30pm	Beecher Rd School So.
10/25	Government Access TV .....	7:15pm	Town Hall





# WVFD TO HOLD 5<sup>TH</sup> ANNUAL "TRUCK OR TREAT"

The Woodbridge Volunteer Fire Department is holding its 5th Annual Halloween "Truck or Treat" event on Monday, October 31st from 5-8pm. The event is free, rain or shine. The fire trucks will be decorated for the holiday and children can "truck or treat" in a fun and safe setting. Donations of candy are appreciated and can be dropped off in the Firehouse lobby M-F, 8-4, leading up to the event. A free dinner of hot dogs, hamburgers, soup and more will also be served. At approximately 7:15 p.m. we will celebrate with a spook-tacular fireworks display.

Due to the popularity of this event, Route 114 between Meetinghouse Lane and Newton/Center Road will be closed from 4:30 – 9 p.m. No parking will be allowed on Beecher Road between Route 114 and Woodside Drive or on Newton Road from Route 114 to Burnt Swamp Road. Parking is available at the Old Firehouse, on Meetinghouse Lane, at Town

Hall and Amity Regional High School. Additionally, public access to the Fitzgerald property will close from 2 – 9 p.m. to allow for the safe set-up of the fireworks demonstration.

This free community event started when Hurricane Sandy made it impossible for local children to Trick or Treat in 2012. The Woodbridge Volunteer Firefighters opened up the firehouse -- complete with costumes, candy, and decorated fire trucks -- allowing families to safely celebrate the festivities in the midst of downed trees and widespread power outages. The response to "Truck-or-Treat" was so overwhelming firefighters made it an annual event growing from 2,000 participants in 2012 to close to 3,200 in 2015!

The Association is seeking sponsors for this event. For information on how to become a sponsor, please visit [www.WoodbridgeFire.com](http://www.WoodbridgeFire.com) or [Facebook.com/WoodbridgeFire](https://www.facebook.com/WoodbridgeFire).

## MICHAEL J. PAOLINI, CPA

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Visit our website at [www.WoodbridgeTownNews.com](http://www.WoodbridgeTownNews.com)

NEW HAVEN & DERBY MODEL RAILROAD



**SUNDAY OCTOBER 9, 2016**  
9:30 AM - 3:30 PM  
OUR 24<sup>th</sup> YEAR  
**MODEL TRAIN SHOW**  
ORANGE, CONN  
High Plains Community Center  
525 Orange Center Road, (Route 152)

100 Vendor Tables

Trains for kids to run

Visit our Dining Car

OPERATING LAYOUTS  
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[www.newhaven-derbymodelrailroadclub.org](http://www.newhaven-derbymodelrailroadclub.org)

Donation Adults (over 18) \$5.00  
Teens (12-18 w/adult) \$1.00  
Under 12 free

Directions: Exit 56 Wilbur Cross Parkway (CT 15) or Exit 41 Conn. Tpke. (I-95) & follow signs  
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**ARTS & LEISURE**



**FIRST SELECTMAN VISITS  
PALETTE ART STUDIO**

Vibrant and colorful paintings grace the walls of the light-filled Palette Art Studio. Most of the paintings are made by students who learned and honed their skills at the art studio, which opened at 245 Amity Road last spring.

First Selectman Ellen Scalettar recently visited and toured Palette Art Studio. The First Selectman has been visiting local businesses to highlight them as part of the "Shop Woodbridge, Dine Woodbridge, Try Woodbridge" campaign.

Palette Art Studio's first location is in Cheshire – that studio opened nearly 20 years ago. The Woodbridge location is an expansion to serve the art studio's students who live southwest of New Haven. "What a delightful and inspiring addition to our commercial area," Scalettar said after her visit to the business.

The business is a family affair: It was opened by Natasha Piskunova, who emigrated from Russia with her husband Vitaliy Romanenko. Their daughter, Vasilisa Romanenko, is now also an instructor. All three family members have formal art training and share their skills through teaching at the studio. Vitaliy and Natasha both graduated from the State Academy of Art and Design (Mucha) in St. Petersburg. Vasilisa began painting and drawing at the age of 2 and graduated from the Fashion Institute of Technology.

The studio offers 10-session classes for adults and children, including oil painting, watercolor, structural drawing and botanical drawing. During Scalettar's visit an oil painting class was underway.

Vasilisa explained that the adult students were working on an assignment to paint the same composition in two different color schemes. "It expands the imagination and we are learning about color combinations," she said.

Some students have been with the studio for years, says Natasha. Each class builds on skills learned in the previous session. "Have you launched any professional careers?" the First Selectman asked. One former student works at Pixar, said Vasilisa, and many college-age students are studying art-related majors, such as industrial design or architecture.

"This is a great location for us," Natasha said. "People can come in and see what we're doing, and with the larger space we can accommodate more students." The family is also taking advantage of the Woodbridge storefront by hosting occasional exhibits, including an opening reception on November 4 from 6:30-8:30 p.m. for a photography exhibit. Student work has been exhibited at the Woodbridge Town Library, the Cheshire Library and Miya's Sushi in New Haven.

For more information, about Woodbridge businesses visit the Town's business website, [www.woodbridgect.org/business](http://www.woodbridgect.org/business). And for more information about Palette Art Studio, visit [PaletteArtStudio.com](http://PaletteArtStudio.com).

If you know of a new or expanding business in Town, or if you would like the First Selectman to tour your business, please contact Assistant Administrative Officer Betsy Yagla at [byagla@woodbridgect.org](mailto:byagla@woodbridgect.org) or 203-389-3403.

Woodbridge Town News

**WOODBIDGE RESIDENTS!**

Have an Upcoming Birth Announcement,  
Anniversary, Engagement or Wedding?  
Send it to us with a photo and we will publish it FREE.  
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Email: [edit@woodbridgetownnews.com](mailto:edit@woodbridgetownnews.com)



# ARTS & LEISURE

## ANSONIA NATURE CENTER OCTOBER CALENDAR OF EVENTS

### BITTERSWEET WREATHS

Saturday, October 1, 2 pm

Bring clippers and gardening gloves for this FREE workshop led by Ranger Dawn. When you collect these beautiful orange-berried vines, you're actually helping the park by removing this invasive plant species. Please preregister. 203 736-1053

### NATURE'S CHILD: Leafy Critters

Friday, October 7, 10 am

Join our ranger to create an animal out of leaves that have already fallen from the trees and shrubs in the park. Go for a fall discovery hike to learn why leaves change color! TUITION: \$7 per child (\$5 for family-level FANCI members and Ansonia residents). Please pre-register for this class for preschoolers and their adults. 203 736-1053

### HIKE AND DRAW WITH AMIE ZINER

Saturday, October 8 and Saturday, November 12, 10 am-2 pm

Ranger Amie, ANRC's resident artist, will teach this FREE outdoor drawing class at the Nature Center. We will walk to a number of pretty spots along the trails, collecting small things to draw and stopping to do some landscapes, in pencil and watercolor. Bring your own sketchbook and pencils, portable watercolor and brush (optional), a portable stool if desired, and a water bottle. You must be able to walk on an easy trail for a mile or two. Please preregister. 203 736-1053

### ASTRONOMY: Lunar Sketching

Saturday, October 8, 7 pm

Come to Ansonia's darkest location for some fun viewing the moon with Bob Carruthers and the New Haven Astronomical Society. Get a chance to see the first-quarter moon's surface on Bob's TV camera as well as sketch its craters. Bring a clipboard and pencil. Class size is limited, please register in advance.

### MUSHROOM IDENTIFICATION FOR BEGINNERS

Sunday, October 9, 1 pm

What are those weird things that pop up in the woods after the rain? Are you mystified by wild mushrooms? Curious? Scared? Or do they make you hungry? Join a foraging family who hunt, photograph, identify, and eat the fungi in New England. The three foragers are from southeast CT and members of the CT Mycological Society and the North American Mycological Association. This program will dispel myths, teach how to safely identify mushrooms, and discuss mycophagy, the cooking and eating of wild mushrooms. Bring mushrooms you find in your yard and we'll use our newly learned skills to identify them. FEE: \$5 per person; please call to register. 203 736-1053

### PET LOSS GRIEF SUPPORT GROUP

Sundays, October 9 & November 13, 1 pm

Losing a beloved animal can be tragic

and a very emotional time for humans. There are numerous resources to turn to for the loss of a human loved one; however, there are limited options for when we lose an animal. Susan Wilson has created this support group for those who have lost an animal or have one in the process of moving on. Join us for these FREE sessions. 203 736-1053

### BACK TO BASICS: Soap Making with Goat's Milk

Saturday, October 15, 2 pm

This two-hour class will provide the basic skills you'll need to make wonderful soaps! Attendees will learn basic safety and traditional techniques required for this time-honored craft which makes great gifts—or soaps to keep for your own use. Soap samples and recipes will be provided. Bring a small container for your take-home samples. Instructor: Dawn Sotir. FEE: \$10 per person. Registration required.

### FULL HUNTER'S MOON HIKE

Saturday, October 15, 6:30 pm

This full moon is often referred to as the Full Hunter's Moon, Blood Moon, or Sanguine Moon. Many moons ago Native Americans named this bright moon for obvious reasons. The leaves are falling from trees, the deer are fattened, and it's time to begin storing up meat for the long winter ahead. Historically this moon was honored and served as an important feast day among many tribes.

Join the Nature Center guides as we lead you around our park by the light of the moon. For all ages (children must be accompanied by an adult). Wear comfortable walking shoes for uneven terrain. FEE: \$1.00. Please call to register. 203 736-1053

### AUTUMNFEST

Saturday, October 22, 11 am-4 pm

Celebrate this wonderful season with the staff and the Friends of the Ansonia Nature Center (FANCI)! Take a ride over hill and dale in our horse-drawn story wagon, where you'll hear some spooky Halloween tales! Meet some bats, spiders, and owls! Have some fresh apple cider and baked goods. Visit the Nature Shop to buy some creepy, crawly nature-related items. Enjoy nature-related exhibitors and vendors. You can try your hand at pumpkin painting, get your face painted, children's games, live music, explore a maze, go on a spooky hike and make a craft. All proceeds will benefit the Ansonia Nature Center. RAIN or SHINE. No park admission fee. Call us for more information at 203-736-1053.

### FALL DISCOVERY HIKE

Sunday, October 30, 1 pm

Join the Nature Center naturalist for a stroll through our woodlands, old fields, and wetlands. Enjoy the beauty and crisp fall air while learning about New England's flora and fauna. Wear appropriate shoes for this moderate hike. FREE. Call to register 203 736-1053.



## MASSARO COMMUNITY FARM EVENTS FOR OCTOBER

Located at 41 Ford Road, Woodbridge, CT, Phone: 203-736-8618

**Monthly Education Meeting** Second Wednesday of the month 7:00pm For those interested in volunteering on the farm or for our farm based education activities, please attend the monthly education meetings on the second Wednesday of every month at 7pm on the Farm.

**General Farm Volunteering** on Tuesdays from 8:30am - 12:00pm and Fridays from 8:30am - 12:00pm Volunteer to help with field work at our farm and join our knowledgeable farm field staff as they plant, seed, water, harvest and weed our 8 cultivated acres, where we grow the majority of our produce for

CSA members, farmer's markets and local restaurants.

**Farmers Market** Every Sunday in October you can find us at the Edgewood Park Farmers Market, Whalley Avenue & West Rock Avenue, New Haven from 10:00am to 1:00pm.

**The 2016 CT Folk Festival & Green Expo** Come find us from 11am - 5pm at this day long FREE event at Edgerton Park in New Haven as we celebrate with musicians, activities, and good food. See CTFolk.com for more information.

**Fall After School Program** from September 12 - November 14 Mondays 3:30-5:30pm Kids Dig Farms @ Massaro

Community Farm - Get your child unplugged and outdoors with this hands-on after school program. Kids will learn fall farming basics, make a harvest pizza, prepare for seasonal transformation, plant garlic, explore our nature trail, and more! Snacks included. Ages 7-12 - \$110 residents; \$120 non-residents. \*No program on 10/3 or 10/10\* If interested, please make check payable to "Woodbridge Recreation Department" and mail to 11 Meetinghouse Lane, Woodbridge, CT 06525. Questions? Call: 203-736-8618.

**Family Fun Day and Harvest Festival** October 8 from 1-5pm We hope you

can join us for this annual family-friendly event, taking place this year on Saturday, October 8 from 1:00-5:00pm (rain date: October 9) that invites participants to take part in traditional games, food & fun on the farm. Celebrating the harvest season, we'll have sack races, tug-of-war, face painting, hay rides, pumpkin painting, bake sale, music and more! We'll also be featuring a magic show led by The Amazing Andy.

**Trail Night Hike and Marshmallow Roast** October 15 from 6-7:30pm A fun event for families. Join us for a night hike on the trail and end it with a yummy Marshmallow Roast.

"By prevailing over all obstacles and distractions, one may unfailingly arrive at his chosen goal or destination. " — CHRISTOPHER COLUMBUS



# CELEBRATE WOODBRIDGE ITH WOODBRIDGE FALLAPALOOZA!

Celebrate Woodbridge with Woodbridge Fallapalooza, a month-long series of events that highlights many of the great things about Woodbridge. Woodbridge Fallapalooza is the coming together of many long-standing events with new events that highlight the Town's business community, its strong volunteer base and our heritage. "Fallapalooza highlights what so many of us know – that Woodbridge is an excellent place to live, work and play," said First Selectman Scalettar. "It's also a great demonstration of the community spirit and cooperation among so many different local organizations."

The celebration kicks off on October 1 with the 35th Annual Woodbridge Road Race, which includes a Children's Fun Run and a 5k. Registration begins at 8 a.m. at the Old Firehouse grove between the Old Firehouse and the Library.

On the same day, the Woodbridge Historical Society hosts its Sylvia's Attic Tag Sale at the Darling House (1907 Litchfield Turnpike) from 8a.m. – 2 p.m. It costs \$15 to reserve a spot to sell your things (reserve by contacting [info@woodbridgehistory.org](mailto:info@woodbridgehistory.org)). Attendance is free. There will also be a bake sale and food sale.

On October 5, the Town's business community is invited to a Business Happy Hour at Solun Tapas Bar, 245 Amity Road from 5 – 6:30 p.m. Attendance is free and regular happy hour specials will be on offer. Businesses are also encouraged to build a scarecrow during the happy hour. Straw and scarecrow frames will be provided – attendees should bring clothing and accessories for their scarecrow.

The fourth annual Marrakech Health and Wellness Fair on October 6 from 9:30 a.m. – 12:30 p.m. will be held at the JCC (360 Amity Road). Attendees at the Health and Wellness Fair, sponsored by Hancock Pharmacy, can get flu shots; have their blood pressure, glucose, and hearing screened; shop for fitness, nutrition, personal care and home products; get a mammogram (appointment required - call 203 576-5500 or 5501), and more. There will also be games and door prizes.

On October 8 Massaro Community

Farm will host its Family Fun Day from 1-5 p.m. Attendance is free. The event includes food and traditional games such as sack races and tug-of-war. There will also be face painting, hay rides, pumpkin painting, bake sale, music and more. The rain date is October 9.

The Woodbridge Historical Society invites residents to its Darling House Open House and Hearth Cooking demonstration event on October 16 from 2 – 4 p.m. at 1907 Litchfield Turnpike. Attendance is free.

Coachman Square at Woodbridge (21 Bradley Road) is hosting a Fashion Show on October 20 at 6 p.m. which will include fall fashions from Today's Clothing, Material Girls, Backers, Pamela Hirth, Lucky Ewe, Woodbridge Running Co. and Amity Bike Shop. Clothing will be worn by local models including some Coachman Square residents. Attendance is free and refreshments from local restaurants will be served.

The second annual Woodbridge Restaurant Week will be October 24 – 28. Participating restaurants will offer a \$10 three-course lunch, a \$25 three-course dinner or a buy-one, get-one option. Woodbridge Restaurant Week Menus can be viewed at [woodbridgect.org/Fallapalooza](http://woodbridgect.org/Fallapalooza).

Progressions Salon and Wig Boutique's 13th annual Pampered in Pink event is October 29 from 8:30 a.m. – 3:30 p.m. October is breast cancer awareness month and all proceeds from this event will be donated to the Closer to Free Fund at Smilow Cancer Hospital. Salon services will be provided by volunteer cosmetologists at reduced pricing. Reservations are encouraged (call 203-397-9348) and can be secured with a donation. Breast cancer survivors are "pampered" for free. For more details, visit [www.progression-shairsalon.com](http://www.progression-shairsalon.com).

Fallapalooza will go out with a literal bang at the Woodbridge Volunteer Fire Association's Truck or Treat and Spooktacular Fireworks on October 31 from 5- 8 p.m. This is a fun and safe way to celebrate Halloween at the Fire House.

For more details about the month-long series of activities, visit [www.woodbridgect.org/Fallapalooza](http://www.woodbridgect.org/Fallapalooza).



## FIRST SELECTMAN NAMES KATE BROWN AS PERSON OF THE MONTH

First Selectman Ellen Scalettar recognized Kate Brown as the October Woodbridge Person of the Month. Scalettar initiated the Woodbridge Person of the Month recognition program to spotlight the many Woodbridge residents, volunteers and employees who go above and beyond the expected in their dedication and commitment to Woodbridge and its residents.

Kate Brown, a personal trainer, owns Brown Fitness Training. Brown Fitness Training is located at 245 Amity Road, where Kate organized the first Scarecrow Festival in 2013 as a way to drive more traffic to Woodbridge's retail shopping areas.

Kate encouraged local businesses to create business-themed scarecrows and place them in front of each storefront. She also encouraged businesses to offer special sales on the day of the event and brought in family-friendly entertainment to attract more people.

Noticing Kate's commitment to the Town, First Selectman Scalettar asked Kate if she would be interested in serving on the volunteer Economic Development Commission, which promotes the Town's business community. "Kate is a tireless advocate for Woodbridge businesses," said First Selectman Ellen Scalettar. "She is a big thinker and spends a lot of her time ensuring the success of her neighboring businesses. Kate took her passion for promoting our local businesses, coupled it with my commitment to encourage more community events, and led the charge to create a month-long (October) series of events. Her energy and enthusiasm are inspiring and our local businesses

are better off because of Kate."

"I am honored to receive this recognition," said Kate. "It feels really good that the First Selectman supports my efforts and is helping to promote local businesses. I've worked very hard on this project – with a lot of other people – because I recognize that what's good for my neighbor's business is good for my business."

Thanks to Kate's vision, the Scarecrow Festival has grown each year. Last year it was timed to coincide with the Woodbridge Road Race and Massaro Farm's Family Fun Day. The separate organizations promoted each other's events and helped raise awareness.

This year the Scarecrow Festival has become a month-long celebration of the Town, now called "Woodbridge Fallapalooza". Kate's original vision was to strengthen the local business community by creating a business-focused event. Now it has a broader focus; this new festival promotes economic development by highlighting the great things about Woodbridge: the Town's history and farming heritage, the strong volunteer ethic and the Town's recreational programming. There is still a business focus: Local clothing stores will display their wares at a fashion show, local restaurants will be highlighted during Restaurant Week, business representatives are invited to a business happy hour and more.

If you know a Woodbridge employee, resident or volunteer who's gone above and beyond expectations, please nominate that person for this award by contacting Betsy Yagla at [byagla@woodbridgect.org](mailto:byagla@woodbridgect.org) or 203-389-3403.

[www.WoodbridgeTownNews.com](http://www.WoodbridgeTownNews.com)

**"There are trees of a thousand sorts, and all have their several fruits; and I feel the most unhappy man in the world not to know them, for I am well assured that they are all valuable. I bring home specimens of them, and also of the land." — CHRISTOPHER COLUMBUS**



FROM THE FIRST  
SELECTMAN'S DESK

By Ellen Scalett



COMMUNICATION COUNTS!

Communication and community continue as two of my major areas of focus, so I am delighted to announce that the Town has a new website which should make it easier for residents to find and receive information. Anyone who accesses woodbridgect.org will be taken to the new site.

Building a new website has been a complex and time-consuming task. Special thanks to Assistant Administrative Officer Betsy Yagla and Budget Analyst Karen Crosby who spearheaded and guided this effort. As with any major undertaking, there may be some glitches in the beginning. Please be patient and if you run into problems or have suggestions, please let Betsy know at byagla@woodbridgect.org.

Our website has some new features such as a community events calendar. Another important feature to note is the "notify me" option. Residents can sign up to receive email notices of Town department news and of newly posted board and commission agendas. I hope that this will help you stay up to date on the issues that you wish to follow. Importantly too, we have made this transition at no additional cost to the Town.

This is a good time to remind you about our Town email newsletter. You can get weekly news and events updates by signing up at tinyurl.com/WoodbridgeEnews. When I took office just over three years ago, we had no email newsletter at all – now we have more than 1,000 subscribers! I encourage you to be one of them if you are not already.

Woodbridge residents communicate with me at Town Hall in various ways: phone calls, emails, in person meetings and/or during public comment at Board of Selectmen meetings. Some of you communicate regularly, some occasionally, and some rarely or not at all.

Recently, I have heard from residents in the latter category asking about the current status of the Country Club of Woodbridge property, indicating support for the Toll Brothers proposal and asking why there would not be a chance for the public to vote on that proposal. Some expressed concern that

because they did not speak up at the informational forum in July (when the Toll and Redan proposals were presented), the Board of Selectmen chose to pursue only the Redan proposal. (As a reminder, Toll Brothers proposed buying 42 acres for \$5 million and building 80 age-restricted homes. The Town would retain the remainder of the land. Redan Reserve has proposed buying the entire property for \$3.5 million and creating a "top 100" golf course in conjunction with the Yale Golf Course. Details about both of these proposals and more are available at woodbridgect.org/CCWFuture.)

Regarding the Toll Brothers proposal, let me clarify where we are and why. The process that applies to any sale of Town land is that once the Board of Selectmen makes a recommendation, it goes to a Special Town Meeting (and possibly a referendum) for a vote. That is, it is up to residents to make the final determination as to the sale of Town land.

Toll Brothers told us that they did not want their proposal to be brought to a Town vote unless the Board of Selectmen showed support for the Toll proposal by a vote of at least 4 or 5 (of the total of 6) Selectmen. Three of our Board members were clear that they would not vote to recommend the proposal for a Town vote. Thus, it could not go forward at this time.

As you may know, Toll has said that if the Redan proposal does not come to fruition, Toll is interested in pursuing its proposal with the Town. Whether there would be a change in the views of the Board members in that case I cannot say.

It is important that the Board of Selectmen hear the views of a wide range of residents, not just the consistently vocal ones. I encourage you all to keep in touch through whatever means is best for you.

And again, to stay on top of this issue and other Town news and events, please sign up for our email newsletter by visiting tinyurl.com/WoodbridgeEnews. You can now also sign up for department-specific news by using the "notify me" button on the Town's new website available at woodbridgect.org.

FROM ANOTHER  
POINT OF VIEW

By Selectman  
Maria Cruz Kayne



The Boards of Selectmen and Finance will soon begin their work on the budget for the next fiscal year. While neighboring towns are recovering from the real estate slump, Woodbridge home values stand near 2003 levels and our taxes continue to rise. Per capita, property taxes in Woodbridge are the highest in New Haven County, tenth highest of the 169 towns in Connecticut. Woodbridge leaders defend these high taxes by citing the Town's lack of income from a commercial base. But many other Connecticut towns have similarly small commercial areas, yet have far lower taxes. Every budget has two sides – revenue and expenditures.

"Taxes at Home: A Comparison of Municipal Spending," published last year by the Yankee Institute for Public Policy (a non-profit think tank based in Hartford) analyzed the expense side of the budgets of Connecticut's 169 cities and towns. It explains why Woodbridge taxes are so high: Woodbridge has the tenth highest per capita municipal spending in the state.\* One hundred and fifty nine Connecticut towns--Fairfield, Monroe, Roxbury, Avon, Litchfield, Guilford, Orange and Madison among them--educate their children, pay their town employees, maintain their roads, provide for public safety, and perform all of the functions of local government at a lower cost than Woodbridge.

School spending is not the culprit. Woodbridge's per student education expenditure compares favorably to other high performing towns. Where we over-spend is on Town operations.

As a conservationist, I believe our Town should conserve all of its resources, including its tax dollars. Based on what I learned last year, my first time through the budget process as a member of the Board of Selectmen (BOS), I have several suggestions on how the process could be reformed to achieve a higher level of transparency and accountability and thus control spending.

First, I recommend the BOS begin the budget process with a robust public discussion about overall budget goals. We should identify one or two departments for particular focus, comparing our departments to similar towns, both the services offered and the efficiency

with which those services are delivered.

Second, I would like the public to have more input. Currently, the only budget meeting that permits public comment is the Preliminary Budget Hearing in late April. By this time the process is nearly complete. I would suggest that public comment be added to the agenda for every budget meeting.

Third, the Town should re-evaluate the relationship between the Boards of Selectmen and Finance in developing the budget. Typically the Selectmen provide a cursory review of the requested budget relatively early in the process and vote to pass it along to the Board of Finance (BOF), where the majority of the reductions are made. The Selectmen never formally review the budget after the BOF has done its work. We Selectmen should weigh in publically on the final budget before it goes to the residents for approval.

Fourth, the budget should be approved at a referendum, not by show of hands at the Annual Town meeting. The complexities of modern life make attendance at that meeting impractical for many people. Indeed, a quorum is rarely achieved and typically the budget passes by default. We have a budget referendum every year for the Amity school system; it would be a simple matter to vote on the town budget at the same time. In this way, a much more transparent, democratic process would be achieved.

In the last Town election, our campaign identified what we view as a root cause of the Town's overspending problem: the Woodbridge BOF is appointed rather than elected. As a result, currently there are no members of the Republican Party on the BOF. A more representative finance board that is directly accountable to voters would better serve its intended function as watchdog over Town spending. It has been more than a decade since the Town Charter was revised. It is time to review our Town Charter to reconsider many practices, including how our BOF members are chosen, in light of changing Town needs and the new financial realities we face.

\*Taxes at Home: A Comparison of Municipal Spending (Yankee Institute for Public Policy) www.yankeeinstitute.org, p. 15.





HOUSES OF WORSHIP EVENTS

CHABAD OF ORANGE/  
WOODBIDGE HAPPENINGS

Schedule Of Services

Chabad of Orange-Woodbridge, located at 261 Derby Avenue (located in the Southern Connecticut Hebrew Academy building on Route 34), Orange, 203-795-7095, email [info@chabadow.org](mailto:info@chabadow.org), website [chabadow.org](http://chabadow.org), invites members of the community to join us as we celebrate the following holidays:

Rosh Hashanah

Sunday, October 2, 2016 Light Candles at 6:13 pm; Evening Services: 6:30pm

Monday, October 3, 2016 Morning Services: 9:00 am; Shofar Sounding: 11:15 am; Community Luncheon: 2:00 pm; Tashlich Service: 4:00 pm; Evening Services: 7:15 pm

Tuesday, October 4, 2016 Morning Services: 9:00 am; Shofar Sounding: 11:15 am; Holiday Ends at 7:09 pm

Yom Kippur

Tuesday, October 11, 2016 Light Candles at 5:59 pm; Fast Begins at 5:59 pm; Kol Nidrei Services: 6:00 pm

Wednesday, October 12, 2016 Morning Services: 9:00 am; Yizkor Memorial

Service: 11:30 am; Afternoon Service: 5:00 pm; Neilah Closing Service: 6:00 pm; Fast Ends at 6:56 pm; Followed by a Break The Fast Meal

Sukkot

To purchase a Sukkah or a Lulav and Etrog set, please call 203-795-7095.

Monday, October 17, 2016 Morning Services: 10:00 am

Tuesday, October 18, 2016 Morning Services: 10:00 am; Holiday Ends at 6:47 pm

Sunday, October 23, 2016 Sukkah at Treat Farm - Fun for the whole family - 11:00 am

Shemini Atzeret & Simchat Torah

Sunday, October 23, 2016 Evening Services: 6:00 pm; Followed by Kiddush & Hakafot

Monday, October 24, 2016 Morning Services: 10:00 am; Yizkor Memorial Service: 11:30 am; Evening Services: 6:00 pm; Followed by Lavish Holy Smokes Dinner & Hakafot

Tuesday, October 25, 2016 Morning Services: 10:00 am; Followed by Kiddush & Hakafot; Holiday Ends at 6:38 pm

OUR LADY OF ASSUMPTION  
CHURCH EVENTS

Our Lady of Assumption Church, 75 Center Road, Woodbridge is holding its annual Christmas Bazaar & Craft Fair on Saturday, November 12 from 10:00-4:00 pm. Come shop for some great gift items. In addition to some wonderful vendors, there will be a white elephant sale, raffles for baskets, baked goods, children's activities, and more. Come enjoy some delicious food and visit with none other than Santa himself. Don't miss this great opportunity to support



Our Lady of Assumption

our community while getting an early start on holiday shopping.

THE CHURCH OF THE GOOD  
SHEPHERD OCTOBER EVENTS

The Church of the Good  
Shepherd Paint Social  
Fundraiser & Other Events

October 1st, 2016: The Episcopal Church of the Good Shepherd welcomes fall with an exciting array of ongoing and new fellowship and worship activities. Worship times are Sundays at 8 am and 9:30 am.

Recreational Fun continues  
on Wednesday mornings  
in the Parish Hall from  
10:30am to Noon.

Please join our Wednesday regulars for fellowship and fun. All are welcome.

Confirmation at The Good  
Shepherd Starts this Fall

Persons interested in being confirmed in the Episcopal Church should contact the office (203-795-6577) as soon as possible. Teenagers in 10th grade or above, and adults 18 years of age and older are encouraged to become students. The teenage program will last the academic year. The adult program will run for about four months. Join us as we learn about the rich history and tradition of the Episcopal Church, the deeper spiritual teachings of the Bible, and our call to work for the common good of all persons.

New at The Church of the  
Good Shepherd – Paint  
Social Fundraiser

Please join us on Friday, October 21st from 7-9pm in the Parish Hall. No experience required & beginners encouraged! Just follow along while our Paint Social Art painting Instructor guides you step-by-step through the selected painting in just about two hours. We provide all the painting supplies (16"x20" canvas, acrylic paint, brushes, easels, aprons) for a fun night out with your friends. At the end of the night, you go home with your completed painting ready to hang. Refreshments will be served. If interested, please reserve your spot at [paintsocialart.com](http://paintsocialart.com) or contact the parish office at [thegoodshepherd@optonline.net](mailto:thegoodshepherd@optonline.net).

On Sunday, October 23rd The  
Episcopal Church Of The  
Good Shepherd Welcomes  
The Right Reverend Laura J.  
Ahrens for a Parochial Visit

This visit provides an opportunity for parishioners to discuss their common life together with Bishop Ahrens and for Bishop Ahrens to see what the parish is all about as well as meet with the Vestry. Bishop Ahrens will attend both the 8am and 9:30 am service and will receive and reaffirm members of the Parish. A pot luck brunch follows the 9:30 am service.



Church of the Good Shepherd

Save the Date! Sunday,  
October 2nd The Blessing  
of the Animals

All are welcome to bring their furry (and feathered and slimy) friends to The Church of the Good Shepherd on Sunday, October 2, 2016 for a blessing of our faithful companions. Please join us at our 8am and 9:30 am service and at 1 pm in front of the church on Racebrook Road with your animals leashed or in carriers. Stuffed animals and photographs of pets, living and deceased will also be blessed.

On Saturday, October 22nd  
At 9am We Walk The Good  
Shepherd Labyrinth Again  
With The Rev. Diana Rogers

Please join us for our monthly labyrinth walk. Used for spiritual meditation and contemplation, walking the labyrinth has been a spiritual exercise for centuries. Come learn more about this enduring spiritual practice. Meet at the labyrinth on the south side of the church off Pryde Drive at 9am, rain or shine.

The CGS Book Club Meets  
On The Last Tuesday Of  
The Month And Discusses A  
Different Book Every Month

The October meeting is on Tuesday, October 25th at 7pm. Please contact the office at [thegoodshepherd@optonline.net](mailto:thegoodshepherd@optonline.net) or (203)-795-6577 if you are interested in joining us for edifying conversation and fellowship.

Please Join Us At 7pm On  
Wednesday October 26th  
For Our Monthly Healing  
Prayer With Holy Eucharist  
Service In The Church

Enter by the front door. All are welcome. The Episcopal Church of the Good Shepherd is located on 680 Racebrook Road, Orange, Connecticut. Sunday service times include Rite II Holy Eucharist without music at 8 a.m. and Rite II Holy Eucharist with music @ 9:30 a.m. For more information about the The Church of the Good Shepherd's many other programs, please call the Parish Office @ (203) 795-6577, email us @ [thegoodspheherd@optonline.net](mailto:thegoodspheherd@optonline.net), visit our website @ [www.thegoodshepherdoranjct.org](http://www.thegoodshepherdoranjct.org), and, of course, check our Facebook page [www.facebook.com/cgsoranjct](http://www.facebook.com/cgsoranjct) for frequent postings.

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# HOUSES OF WORSHIP EVENTS

## CONGREGATION OR SHALOM SEPTEMBER HAPPENINGS

### Weekly Services

Minyan Services - Sunday 9:00 AM;  
Monday 7:30 AM; Thursday 7:30 AM  
Healing Circle - Wednesday 7:30 AM  
Shabbat Services - Friday 7:00 PM;  
Saturday 9:30 PM

### SECOND ANNUAL LEAVE 'EM LAUGHING ANNUAL COMEDY NIGHT STARRING MODI!

"The next Jackie Mason", Saturday,  
November 5, 2016. Cocktail hour 6:30 –  
7:15 pm, show starts at 7:30 pm. Tickets  
-General Admission until 10/15, \$30,  
after 10/15, \$36. Premier reserved  
seating \$54.00. Call 203.799.2341 to  
purchase tickets.

### ZUMBA GOLD AT OR SHALOM

Congregation Or Shalom announces  
the continuation of ZUMBA GOLD on



Congregation Or Shalom

Tuesday and Thursday nights at 7 PM.  
ZUMBA Gold is an easy to follow dance  
movement program that incorporates  
music from every decade to create an  
upbeat and fun exercise class. Burn lots  
of calories, meet new friends, and have a  
blast. No experience needed and classes  
are on a drop-in basis. Contact Robin at  
zumbarobin@gmail.com or call 203-314-  
8176 or temple office at 203-799-2341.

## ORANGE CONGREGATIONAL CHURCH SERVICES

Orange Congregational Church at 205  
Meeting House Lane, Orange, CT 06477,  
203-795-9749, invites you to come to  
one of our two weekly Sunday Worship  
Services at 8 a.m. in the Chapel or 10  
a.m. in the Sanctuary.

Every Sunday from 9:30-11:30 a.m.  
there is a child-care experienced Crib  
Room Attendant for all birth to Pre-K  
children whose parents or guardians are  
attending the 10 a.m. worship service.  
Church school for K-4th Grade takes  
place during the 10:00 a.m. service and  
we have opportunities for older children  
and teens in our Pilgrim Fellowship.  
Also, please mark your calendar for New  
Member Orientation on October 12 at



Orange Congregational Church

7:00 p.m. If you are interested in joining  
our church and like what you hear, we  
will bring you into our household of faith  
on October 23. Please RSVP to Esther  
in the church office at 203-795-9749.  
We look forward to getting to know you  
better!

## THE HOLY INFANT CHURCH WOMEN'S GUILD EVENTS

The Holy Infant Church Women's  
Guild still has seats remaining for its  
bus trip to the Westchester Broadway  
Theater on Wednesday, November 16  
to see the show "Saturday Night Fever".  
The price is \$99 which includes lunch,  
transportation, show ticket, and gratu-  
ities. The coach will leave the Holy Infant  
parking lot at 450 Racebrook Road at  
9:30 am and will return following the  
show.. Call (203) 799-2379 for a res-  
ervation.

The Holy Infant Church Women's  
Guild is having a Pasta Supper on  
Wednesday, October 19 from 5 - 7 pm in  
the school gym at 450 Racebrook Road.  
Supper will be served family style and



Holy Infant Church

includes pasta, meatballs, salad, bread,  
dessert, coffee, tea, and soft drinks.

The tickets are \$12 for adults, \$5  
for children under 10, free for children  
under 6, \$30 per family ( 2 adults, up to  
3 children). For tickets call (203)799-  
2379.

## HIGH HOLY DAYS AT TEMPLE EMANUEL

*The High Holy Days are a time of joy and reflection at Temple Emanuel.*

### The schedule of services and related activities for 2016/5777 is as follows:

Sunday, October 2	8 pm	Erev Rosh Hashanah <i>Oneg after the service</i>
Monday, October 3	9:45 am 10 am	Rosh Hashanah Children's Service* Rosh Hashanah 1st Day Service <i>Kiddush after the service, followed by Tashlich</i>
Tuesday, October 4	10 am	Rosh Hashanah 2nd Day Service <i>Kiddush after the service</i>
Tuesday, October 11	8 pm	Kol Nidrei/Erev Yom Kippur Service
Wednesday, October 12	9:45 am 10 am	Yom Kippur Children's Service* Yom Kippur Morning Service <i>Adult Study Session with Rabbi Steve Steinberg to follow – "Jewish History: The Modern Jew as Converso"</i>
	4:00 pm 5:30 pm	Mincha/Yom Kippur Afternoon Service Yizkor/Memorial Service Neilah/Concluding Service Havdalah Service <i>Break Fast to follow</i>
Sunday, October 16	3:30 pm	Sukkot family program, Sukkah building and potluck dinner in the Sukkah
	6:30 pm	Erev Sukkot Service
Sunday, October 4	6:00 pm	Erev Simchat Torah/Consecration Service

*\*Children's High Holy Day Services are intended for children in grades preK-5. Younger children are welcome to attend if accompanied by an adult. Reservations are necessary.*

All members of the Greater New Haven Jewish community are welcome to attend  
our services and celebrations. Please contact the TE office at 203-397-3000 for details  
and to purchase guest tickets (guest tickets are required for security purposes).

Temple Emanuel is located at 150 Derby Ave. in Orange.



## OUR LADY OF SORROWS TRADITIONAL CATHOLIC CHURCH

### Celebrating 15 Years in Orange

Sunday Mass: 9:00am, Daily Mass: 9:00am  
Rev. Bernard Champagne, 203-795-5076  
378 Spring St. Orange, Ct 06477

Orange Town News

### Attention Churches, Synagogues & Houses of Worship!

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edit@orangetownnews.com



# CLUBS & ORGANIZATIONS



## WOODBIDGE ROTARY HOLDS CLOTHING DRIVE

The Woodbridge Rotary Club will be kicking off a Coat and Clothing Drive October 1st and will run through October 31st. Winter coats, clothing in good condition in children, teen sizes, and adult sizes and blankets will be collected and distributed by the First Church of God to local families in need in the Greater New Haven area.

Coats, clothing and blankets can be dropped off at the following Woodbridge collection sites: JCC, 360 Amity Road, Massaro Farm at 41 Ford Road, Woodbridge Senior Center, 4 Meetinghouse Lane and Woodbridge Town Library, 10 Newton Road. Also, clothing can be

dropped off on October 8th at Massaro Farm's Family Fun Day between 1:00PM to 5:00PM.

This project is one of many community projects sponsored by the Woodbridge Rotary Club. The Woodbridge Rotary Club meets the first and third Fridays of each month at 7:30a.m. for a breakfast meeting at the Country Corner Restaurant, 756 Amity Road, Bethany, and the second and fourth Fridays of each month at 12:15p.m. at Woodbridge Social, 12 Selden Street, Woodbridge, CT.

For more information, contact Anna Dickerson at 203-710-0223.



*Pictured from left to right is Rotarian and Chairperson of the project Buddy DeGennaro, Rotarians; Dr. Guy Stella, Anna Dickerson, Mary Ellen LaRocca, Tony Anastasio and Rotary President Chris Lovejoy.*

## ROTARIANS VOLUNTEER AT SOUP KITCHEN

Recently, members of the Woodbridge Rotary Club volunteered at D.E.S.K. (the Downtown Evening Soup Kitchen) in New Haven serving dinner.

In addition, they presented a check of \$1,800.00 to the Soup Kitchen from proceeds of their Annual Wine Tasting Fundraiser.



## ADD A MODERN TWIST TO A FUN HALLOWEEN TRADITION

Apples are synonymous with autumn. Apples ripen as the cool days of fall begin to arrive, and come Halloween, apples are a part of spooky celebrations that can be used for treats and games and as part of seasonal decorating.

Apple bobbing is one autumn tradition that involves the use of apples. Despite the popularity of apple bobbing around Halloween, some historians believe the tradition of bobbing for apples is rooted in love and romance and has little to do with trick-or-treating. According to History.com, apple bobbing began as a courting ritual. While the rules of the game varied, the idea was to attempt to bite into the apple named for the young man the woman desired. This method of courting eventually became less popular, but bobbing for apples was resurrected in the early 20th century when Americans who traced their roots to Ireland and England began playing the game at Halloween parties.

Apple bobbing has also been linked to Samhain, the precursor to modern day Halloween. Celts believed apples could be used to determine if marriages would occur during a certain time of year. Young, unmarried people would attempt to bite into an apple floating in water or hanging from a string. The first to bite the apple would be the next to marry.

Although apple bobbing still occurs today, many eschew the tradition because of germs. The concept of sticking one's face into a communal bucket of water isn't appealing in a society that prioritizes sanitary behavior. Those who grew up bobbing for apples and want to continue the tradition in a more sanitary way can create individualized games. Instead of one large bucket, purchase smaller buckets and fill them with water. Place a couple of apples in each bucket and let participants race to see who can grab an apple first.

Another variation is to tie apples from strings and suspend them from a clothesline or a horizontal beam, as the ancient Celts once did. Participants try to grab the apples using only their mouths.

Some might be surprised to learn that bobbing for apples is rooted in ancient customs that may have had something to do with marriage. While few would pair matrimony with bobbing for apples today, this fun tradition can still be enjoyed by Halloween revelers.



## GIRL SCOUT GOLD AWARD LUNCHEON

It's time for a celebration! Join Girl Scouts of Connecticut for a Gold Award Centennial Luncheon. Did you earn Girl Scouts' highest award known as the Golden Eaglet, Curved Bar, First Class, or Gold Award? Enjoy a relaxing luncheon talking about your highest award experience and networking with your sister Girl Scouts Sunday, November 6, from noon to 2:30 p.m. at the Costa Azzurra Restaurant, 72 Broadway Milford, CT 06460. Ticket pricing is \$40/person until October 3, and \$50/person after October 3 if available. Share your experience through a survey and register at gsocfct.org.

## AMITY & WOODBRIDGE HISTORICAL SOCIETY TAG SALE

The Amity and Woodbridge Historical Society will host a tag sale on Saturday, October 1st from 8 am to 2 PM at the Historic Thomas Darling House, 1907 Litchfield Turnpike, Woodbridge CT. Individuals interested in renting a space for \$15 can do so by e-mailing info@woodbridgehistory.org. The Historical Society is also accepting donations of sell-able goods for the sale. Stop by and check out our sale, we will also have baked goods and other food available for purchase.

The rain date for the sale is October 8. On October 16th the Thomas Darling House will be open for an Open House and Tours from 2-4 PM. This is a great opportunity for anyone interested in learning more about this local treasure of our town. The event is free and there is plenty of parking. Please visit [www.woodbridgehistory.org](http://www.woodbridgehistory.org) for more information, or e-mail info@woodbridgehistory.org.



DINING WITH SUSAN

By Susan Noonan



MILFORD RESTAURANT WEEK

Milford’s Restaurant week is returning for the 4th year beginning Monday, October 3rd thru Sunday, October 9th 2016. It is presented by the Milford Regional Chamber of Commerce, the Downtown Milford Business Association and Humanitacts. In addition, KEY BANK is the Title Sponsor this year. Milford Restaurant Week showcases the many flavors of its friendly, historic "Small City with a Big Heart". The participating restaurants will be offering a variety of prix fixe dinner and/or lunch options including appetizers, entrees and desserts. The restaurants are conveniently located in Milford and Orange, listed below in alphabetical order. Please note that many of these great restaurants are still finalizing their restaurant week menus so check out their websites, MilfordRestaurantWeek.com, Facebook, Twitter, and Instagram or call the restaurants directly.

**ARCHIE MOORE’S BAR & RESTAURANT** – 15 Factory Lane, Milford - 203-876-5088

**BIN 100 RESTAURANT** – 100 Lansdale Avenue, Milford - 203-882-1400

**BRIDGE HOUSE RESTAURANT** - 49 Bridgeport Avenue, Milford - 203-878-2800

**COLONY GRILL** –36 S. Broad Street, Milford - 203-876-1933

**COROMANDEL CUISINE OF INDIA** – 185 Boston Post Road, Orange – 203-795-0200

**ELI’S TAVERN** – 21 Daniel Street, Milford - 203-693-2555

**FONDA LA PALOMA** – 1 Schooner Lane, Milford – 203-693-2924

**FRATELLI’S ITALIAN RESTAURANT** – 248 New Haven Avenue, Milford - 203-877-1170

**GUSTO TRATTORIO** - 255 Boston Post Road, Milford-203-876-7464

**LA FAMIGLIA VINCENZO** - 1573 Boston Post Road, Milford -203-951-0585

**MAMA TERESA’S ITALIAN RESTAURANT** – 851 Boston Post Road,

Milford -203-877-5108

**MICHAEL ANTHONY’S TUSCAN GRILL** - 475 New Haven Avenue, Milford-203-877-1370

**ORANGE ALE HOUSE & GRILLE** - 517 Boston Post Road, Orange – 203-795-0708

**ORCHARD’S AT PLATT TECH** – 600 Orange Avenue, Milford – 203-783-5300

**OSCAR’S WOODMONT KITCHEN** - 186 Hillside Avenue, Milford-203-283-9734

**PLAN B BURGER BAR** – 1638 Boston Post Road, Milford – 203-713-8700

**POP’S FAMILY RESTAURANT** – 134 Old Gate Lane, Milford – 203-876-1210

**PUERTO VALLARTA** – 377 Boston Post Road, Orange – 203-799-9977

**RAINBOW GARDENS RESTAURANT & BAR** – 117 Broad Street, Milford - 203-878-2500

**REGGIANO’S PIZZA & PASTA HOUSE** - 487 Bridgeport Avenue, Milford -203-713-8300

**SBC RESTAURANT & BREWERY** – 33 New Haven Avenue, Milford - 203-874-2337

**SCRIBNER’S RESTAURANT** – 31 Village Road, Milford - 203-878-7109

**SEASONS BY JEFFREY’S** - 501 New Haven Avenue, Milford-203-878-1910

**STONEBRIDGE RESTAURANT** - 50 Daniel Street, Milford-203-513-9280

**WOOD-N-TAP BAR & GRILL** – 311 Boston Post Road, Milford – 203-799-9663

**FINAL NOTES:** Please remember to support these well established restaurants not only during the Milford Restaurant Week, but all year long! For the restaurants that accept them, reservations are always recommended. If you have a favorite restaurant, email [susan@orangetownnews.com](mailto:susan@orangetownnews.com) or [susan@woodbridgetownnews.com](mailto:susan@woodbridgetownnews.com).

FALL FASHION PREVIEW



Collections By:

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Thursday until 8 PM · Sunday by appointment  
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**ENTRANCE EXAM**  
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Pictured from left to right: Paul Schmidt, P.E., CDM Smith Inc. Principal in Charge; David Cutler, P.E., CT Dept. of Transportation Supervising Engineer; Lawrence Murphy, P.E., CDM Smith Inc. Vice President

## DOT PRESENTED PLANS FOR HEROES TUNNEL REHABILITATION

The CT Department of Transportation presented its initial project plan for the Heroes Tunnel that bisects West Rock on Route 15 at a public meeting in Woodbridge on September 22. The twin horseshoe-shaped Heroes Tunnel is a scenic connector between New York and Hartford and carries approximately 71,000 vehicles daily.

Structural and draining deficiencies along with general deterioration and other substandard characteristics necessitate either tunnel rehabilitation or replacement. Several alternatives were presented to the Woodbridge, New Haven and Hamden communities including: tunnel rehabilitation, tunnel widening and construction of a third tunnel. CDM Smith, Inc., a New Haven design consulting firm has been retained by the DOT to lead the project through preliminary design. The DOT plans to keep the communities involved in all phases of the project.

The presentation of the meeting will be available for viewing on the Woodbridge website, [www.woodbridgect.org](http://www.woodbridgect.org). The DOT welcomes project comments

through October 7. Comments should be directed to Mr. Mark W. Alexander, Transportation Assistant Planning Director at [dot.environmentalplanning@ct.gov](mailto:dot.environmentalplanning@ct.gov) by the October 7 deadline.

"Town staff and I have been working closely with our counterparts in New Haven and DOT staff to understand the implications of the tunnel rehabilitation and to mitigate the impact to our residents," said First Selectman Ellen Scalettar.

There are three state DOT plans underway that will affect Woodbridge: a short-term plan for the Exit 59 area, a long-term plan for the Exit 59 area as well as the Heroes Tunnel. "It is extremely important for all three DOT Project Teams to work together to minimize the impact on the Woodbridge community," noted First Selectman Ellen Scalettar. The short-term plan is scheduled to begin in 2018, according to the DOT.

The state DOT plans to present its long-term conceptual plans for the Exit 59 project at the October 18 Board of Selectmen meeting.

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# CT EARLY CHILDHOOD ALLIANCE NAMES CHAMPIONS RECIPIENTS

The Connecticut Early Childhood Alliance is recognizing 29 state legislators as 2016 "Children's Champions". Every year, the Alliance recognizes legislators for their leadership on issues that impact the well-being of Connecticut's young children in the areas of healthy development, early care and education, nutrition, and safety. "Although much of the focus during the session was on filling holes in the state budget, a number of early childhood issues received attention," said Merrill Gay, Executive Director of the CT Early Childhood Alliance.

"Some very important early childhood issues were raised, and some good legislation did pass." Among the items passed this year: Repeal of the sales tax

on diapers, which was included in the budget implementer and is set to take effect July 1, 2018; and House Bill 5466, which requires background checks and notice of convictions for any household member in a family child care home or group child care home. Important issues raised included paid family and medical leave, childhood obesity prevention, increased access to early childhood programs for homeless children, and recruitment and retention of the early childhood workforce.

Founded in 2002, the Connecticut Early Childhood Alliance is a statewide organization committed to improving outcomes in the areas of learning, health, safety, and economic security for children ages birth to eight.

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by cindy elavsky

**Q:** Can you tell me what **John Cusack** is up to? His movies are so varied and his roles so eclectic; I can't wait to see what he has planned next. -- Janet R., via email

**A:** Over the summer, John held a panel at Megacon in Orlando where he addressed that question. Currently, his **Edgar Cayce** project is still in development and is getting closer to fruition. He's dreamed of making this biopic for at least a decade, and I can't wait to see the fruits of his labor. He also is slated to star in **"Southern Fury"** with **Nicolas Cage**, and **"Misfortune"** with **Willa Fitzgerald**.

Another project he'd like to explore is a remake of **John Huston's** 1972 boxing movie **"Fat City,"** which starred **Stacy Keach** and **Jeff Bridges**. He told us: "I don't think it's good to do a remake of a movie unless you think you can do it differently or can add something to it. I've been a boxing fan for a long time, and I thought, 'Man, I'm 49, so I'd like to do one while I can still do it.' So I thought, 'If I could do "Fat City," that would be really cool.' It was done in that sort of Technicolor '70s era when they started to make everything super-bright. At the time it was thought to be cool, but it actually looks dated now. But I thought that might be a cool remake to do."

How does John feel about sequels (and no, he's not keen on a **"Say Anything"** sequel)? "When it comes to sequels, you have to get all the people back together and do it the right way. So, if I was offered the chance to do a sequel to one of my own movies, I'd do it, but I'd want to do it right."



John Cusack [Depositphotos.com]

\*\*\*

**Q:** I could not get enough of Netflix's **"Stranger Things"** this summer. Please tell me we'll get another season! -- Scott F., Conyers, Georgia

**A:** I am thrilled to report that there indeed will be a season two of the popular fantasy/thriller/mystery series, which is set in the summer of 1984. It centers on a group of kids who set out to save their presumed-dead friend, with the help of a new friend with supernatural powers. Season two, which will premiere in 2017 (most likely again in the summer), takes place in the fall of that same year, encompasses nine episodes and will continue of the adventures of season one.

\*\*\*

**Q:** Is it true that this is the last season for **"Pretty Little Liars"**? -- Carrie D., via email

**A:** The show's creator and executive producer **Marlene King** confirmed that this seventh season will be the drama's last. The midseason final aired Aug. 30, with the final 10 episodes set to premiere beginning in April.

Write to Cindy at King Features Weekly Service, 628 Virginia Drive, Orlando, FL 32803; or e-mail her at [letters@cindy-elavsky.com](mailto:letters@cindy-elavsky.com).

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Pictured left to right: Nancy Pfund, Youth Services Director, Mary Ellen LaRocca, Human Services Director and Maria Ammar from Hope Lives, Inc.

# HOPE LIVES, INC. DONATES FOOD TO WOODBRIDGE FOOD CLOSET

Maria Ammar, Coordinator of Hope Lives, Inc. recently donated a large quantity of food items to the Woodbridge Food Closet for Woodbridge residents in need. Maria directed the Horizon of Hope Breast Cancer Fundraiser on September 11, 2016 where an abundance of food was donated. Next year, the Horizon of Hope Breast Cancer Fundraiser will be held on Sunday, September 24, 2017.

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"Testing" continued from Page 1

problem solving and conceptual understanding, Sherman said. The language arts portion tests not only reading and writing, but listening and research skills.

Many school districts saw a significant drop in their achievement scores when the SBAC was first introduced. With this year's results, Woodbridge's standing in its District Reference Group (DRG B) is back to fifth out of 21 in both language arts and math (in 2015: 9th in language arts, 12th in math).

Like the Common Core curriculum, SBAC had its detractors when it was first introduced. Some parents decided to boycott the test, but districts are held accountable for providing a full picture of student achievement. "Ninety-five percent is a set target," Gilbert said when asked about the local participation rate. It's a state-wide as well as a national target, and will be reflected in the school accountability report. If a school does not reach that level of participation, it may lose points in the ranking index and appear as lower-performing than it actually is. Board of Education members were relieved to hear that at 95.6% the district was well within the required participation rate.

Even so, Gilbert emphasized that "we are NOT making it a practice of teaching to this test." The results are used to measure how the students are performing and refine curriculum accordingly, he said. This year's test results show that the kids are more comfortable with taking the test, and that the curriculum work is showing positive signs, he said.

Teachers are also watching the test results, as student achievement makes up 45 percent of their own evaluation. However, the state Department of Education suspended the use of

SBAC and other standardized tests for this purpose. In Woodbridge, student achievement is still part of the teacher evaluation, but they are using internal data, Gilbert said.

The SBAC is a computer-based test. Irrespective of grade level, students' answers determine the follow-up question. If the student answered a certain question correctly, the next question may be building on that.

School Supt. Robert Gilbert called the test results "very, very significant, favorable and impressive" student achievement results. However, he also said the results provide just one snapshot in time, saying it is only one measure among several to assess student achievement.

Last year, the district also introduced the STAR universal screening, which is also used in Orange and Bethany and in the Amity district. Like the SBAC, STAR is an online test. However, it is much shorter and administered three times throughout the year. The teacher can see the results as soon as everyone has taken the test, which allows the teacher to react immediately and adapt the instruction accordingly.

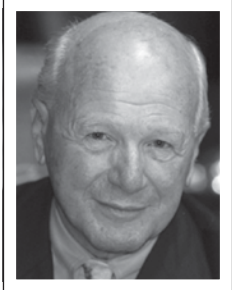
The state recommends that schools use a universal screening tool as one way to inform instruction, Sherman said. While SBAC doesn't start until third grade, the STAR test is being administered starting in Kindergarten; although it's not until the winter that kindergartners participate in the screening for the first time.

Amity Supt. Dr. Charles Dumais welcomed the district-wide STAR initiative. It will allow the high school access to several years of comparable data from all three member towns. "That is very helpful in terms of developing programs for kids," he said.

## CRISCO EARNS 9<sup>TH</sup> PERFECT "100" FROM ENVIRONMENTAL GROUP

For the ninth time in his state Senate career, State Senator Joseph J. Crisco, Jr. (D-Woodbridge) has earned a perfect "100" score from the Connecticut League of Conservation Voters (CTLCV) for his thoughtful and heroic defense of Connecticut's natural resources and the enormous quality of life benefits that clean water, air, soil and open spaces bring to Connecticut's residents.

Sen. Crisco was lauded for his commitment to protecting a variety of environmental priorities, including pollinator health, consumer packaging waste, notice of tree removal, the state water plan, and granting 'Wild and Scenic' designation to the Housatonic River, which runs through Derby. "I am very protective when it comes to Connecticut's environment. Our land and water has been around for centuries, and I'd like my children and grandchildren and all the people of Connecticut to continue enjoying it for centuries to come," Sen. Crisco said. "I also believe that the legislature's commitment to clean air and



Senator Joseph J. Crisco

water is one of the things that ranks Connecticut so highly in national quality of life surveys. So I thank the Connecticut League of Conservation Voters for its continued recognition of my commitment to Connecticut's environment, and

I pledge to continue working with them to protect and preserve the places that we hold so dear in this state."

"Environmental advocates faced huge challenges in a very contentious legislative session. Considering the budgetary concerns, they did well to advance legislative goals and hold the line on losses," said David Bingham, CTLCV Co-Chair. The CTLCV is a

bipartisan, statewide, nonprofit organization dedicated to protecting Connecticut's environment by making it a priority for our elected leaders. As a legislative watchdog, the CTLCV helps to pass laws that protect Connecticut's air, water, wildlife, and open space.

For more details from the CTLCV 2016 Environmental Scorecard, please visit: [www.ctlcv.org/2016-scorecard.html](http://www.ctlcv.org/2016-scorecard.html).

## MARRAKECH HOSTS 4<sup>TH</sup> ANNUAL HEALTH & WELLNESS FAIR

Marrakech, Inc., a nonprofit human service organization based in Woodbridge, will hold its 4th Annual Health and Wellness Fair on Thursday, October 6, 2016 from 9:30 a.m. – 12:30 p.m. at the JCC of Greater New Haven. Hancock Pharmacy is the Title Sponsor. Other sponsors include United Healthcare, CBP, Dr. Jennifer Botwick, N.D., and Wells Fargo.

Attendees can get their flu shots, get a mammogram, have their blood pressure, glucose, and hearing screened, get a massage, learn to increase financial wellness, shop for fitness, nutrition, personal care and home products, talk with wellness professionals, and gather other health and wellness resources. There will also be games and door prizes. St. Vincent's Mobile Mammography

Van will be there. Women interested in having a mammogram done at the event should call St. Vincent's at (203) 576-5500 or 5501 to schedule an appointment in advance.

Marrakech's 4th Annual Health and Wellness Fair is open to the community. The JCC of Greater New Haven is located at 360 Amity Road in Woodbridge.

Questions about Marrakech's Health and Wellness Fair or about Marrakech, Inc. can be directed to Jill Cretella at (203) 389-2970, extension 1101 or [jcretella@marrakechinc.org](mailto:jcretella@marrakechinc.org). Up to date information about the Health Fair, including the complete list of exhibitors, can be found on Marrakech's Facebook page, [www.facebook.com/MarrakechincCT](http://www.facebook.com/MarrakechincCT).

## BULLETIN BOARD

*Please Note: If you have an event for the Bulletin Board, please send it along no matter how far in advance it is. We will include it in the appropriate issue(s) until the event has taken place.*

**Boy Scout Troop 63**, meetings Monday nights 7:00pm-8:30pm, Our Lady of the Assumption "Mother" Church, 1700 Litchfield Turnpike (Route 63), Woodbridge; September-April and May-June outdoors at Camp Whiting, all boys ages 10 and up or who have completed the fifth grade are welcome to stop by and see what we're all about. For more information, visit <http://www.troop963.org> or email [Troop63CT@gmail.com](mailto:Troop63CT@gmail.com).

**Woodbridge Republican Town Committee Meetings**, second Tuesday of each month, 7:30pm, Center Cafeteria. Visitors welcome and we urge you to join us. For information, go to [www.woodbridgegop.org](http://www.woodbridgegop.org).

**Alzheimer's Community Caregivers Support Group**, 2nd Thursday of the month, 5:00pm, Arden House, Conference Room, 850 Mix Avenue, Hamden. Call Maria Paduano, Program Director to RSVP or for more information at 203-281-3500, ext. 7669; [www.genesishcc.com](http://www.genesishcc.com).

**Woodbridge Rotary Club Meetings**, 1st and 3rd Fridays of the month, 7:30am breakfast meeting, Country Corner Diner, 756 Amity Road, Bethany and the 2nd and 4th Friday of the month, 12:15pm luncheon meeting, Woodbridge Social, 12 Selden Street, Woodbridge. Anyone interested in learning more about Rotary should contact Anna Dickerson, 203-710-0223 or [annadickerson@yahoo.com](mailto:annadickerson@yahoo.com).

**Trap Falls Kennel Club Obedience Classes**, every level, AKC STAR Puppy (obedience for dogs under 12 months) and Family Manners Classes/Obedience & Canine Good Citizen; Wednes-

day and Thursday evenings, Pawz for Wellness in Shelton. For registration and/or information, call 203-450-9485 or email [tfkctraining@gmail.com](mailto:tfkctraining@gmail.com). Trap Falls Kennel Club is a non-profit member club of the American Kennel Club (AKC).

**Trinity Church**, Join us for Sunday School for all ages at 9:10am and Worship Service at 10:30am, 33 Center Road, Woodbridge. Visit [www.trinityefc.com](http://www.trinityefc.com) or call 203-387-4711 x10 to learn more.

**Ansonia Nature Center Events**, 10 Deerfield Road, Ansonia; call 203-736-1053 to register for all events.

**New Haven & Derby Model Railroad Club's 24th Annual Model Train Show**, Sunday, October 9, 2016, 9:30am-3:30pm, High Plains Community Center, 525 Orange Center Road, Orange, 100 vendor tables, food, free parking, handicap accessible; Donation- Adults/\$5, Teens (12-18)/\$1, Under 12/free; <http://www.newhaven-derbymodelrailroadclub.org/>.

**The Hamden Senior Wish Society's Annual Wine Tasting And Auction**, Thursday, October 13, 2016, 5:30-8:00pm, Cascade Fine Catering, 480 Sherman Avenue, Hamden, Sponsorships are \$250/includes 3 tickets and recognition in the program book; Tickets/\$25 includes appetizers, wine tastings, bidding on items in the Silent and Live Auctions. For more information contact Andrew Clifford at 203-288-1118 or email [Andrew.Clifford@homeinstead.com](mailto:Andrew.Clifford@homeinstead.com).

**Our Lady of Assumption Church Christmas Bazaar & Craft Fair**, Saturday, November 12, 2016, 10:00-4:00pm, 75 Center Road, Woodbridge; shop for great gift items; white elephant sale, raffles for baskets, baked goods, children's activities, and more; delicious food and visit with none other than Santa himself.



# AT THE SENIOR CENTER

By Jeanette Glicksman  
Woodbridge Senior  
Center Director



*"Cooking For Everyone" class sponsored by Brookdale Woodbridge with Chef David Fein at the Senior Center in Woodbridge*



*Students from Amity High School assist residents during the iPad class at the Center.*

## FROM THE SENIOR CENTER

The Center offers programs to expand health, wellness, nutrition and education. Learn more about the upcoming programs by contacting Jeanette Glicksman at the Senior Center at 203-389-3430.

Learn some new skills at the smart phone classes. These classes are held in collaboration with the Woodbridge Library. Classes are Wednesdays from 2:45-3:45pm in room 11 in the Center Building in Woodbridge - October 5 & 19. This intergenerational program will feature upper classmen from Amity High School guiding participants through navigating the operating system, mastering messaging, navigating the internet, as well as taking photos and maintaining proper storage technique. Registration for this free class is required.

Medicare 101 on Wednesday, October 19th - 6-7:30pm in the Senior Center Lounge. Join us for an evening of information and learn about Medicare basics, enrollment opportunities, coverage choices, eligibility requirements, and coverage limits. This information session is sponsored by AAA. Light refreshments will be served.

**Favorite Film Fridays:** This month we launch a new program celebrating classic cinema with fan favorites on the last Friday of each month following lunch. Please join us for movie watching and let us know your favorites too. We'll still show the first run films each Friday during the rest of the month. On October 28th our first favorite film will be *How Green Was My Valley*, winner of Best Picture Academy Award in 1941, starring Walter Pidgeon and Maureen O'Hara. Join us!

Join us for the 23rd Annual Holiday

Fair on Saturday, November 5th from 10am-3pm. Donations of goods and services for the raffle, basket items for the silent auction, new and vintage jewelry for the jewelry sale, tag sale items such as sporting equipment, children's toys, jigsaw puzzles, tools, holiday items and more, as well as bake goods for the delicious bake sale table are needed from the community. Please contact the Senior Center if you are able to donate or wish to volunteer. All proceeds benefit the Center and its programming. The Center will be accepting orders for pies (from Julia's bakery) as part of this fundraising effort. All orders must be completed and paid for by October 28th. Pies must be picked up on November 5th.

**SAVE THE DATE!** Antiques Roadshow—Woodbridge Edition: Have you ever been curious about the history of a family heirloom or a favorite piece of jewelry? Join us for an entertaining and informative evening on Wednesday, November 16th from 6-8pm at the Senior Center Cafeteria. Residents are encouraged to bring items of interesting background and significance for review by local historians and appraisers. This free program is offered in collaboration with the Woodbridge Library. Wine and hors d'oeuvres will be provided by Brookdale Woodbridge. Call for more information 203-389-3430. One item per person—please!

Are you looking for a way to get more involved in your community? We are in need of volunteers to assist with luncheons on Tuesdays and Fridays, provide support for the Holiday Fair, help with the Friendly Visitor and Reassurance Program or come to teach a class.

## SENIOR CENTER HOSTS VETERAN'S PRESENTATION

On Tuesday, November 1st at 1:45 p.m. the Woodbridge Senior Center will be hosting a presentation on the services and programs available to veterans through the New Haven Veteran's Center located at 291 South Lambert Road, Orange. Veterans of all ages are invited.

Attendees are welcome to also have lunch at 12:15 p.m. prior to the presentation for a cost of \$3.00. Please contact the Woodbridge Senior Center at 203-389-3430 to make a reservation or for more information, call Woodbridge Veteran's Contact Person, Mary Ellen LaRocca at 203-389-3429.

## MEDICARE OPEN ENROLLMENT

Each year Medicare offers an open enrollment period allowing Medicare recipients to make changes to their health and drug plans. Medicare beneficiaries should take the opportunity to review their health care needs for the upcoming

year and determine if changes to their current coverage is necessary. Dates for open enrollment are October 15 - December 7, 2016. For any questions, please contact Judi Young, CHOICES Counselor @ (203)389-3429.



by Freddy Groves

## OPERATION GRATITUDE'S SHELVES NEARLY EMPTY

Operation Gratitude needs our help. It recently had 1,332 volunteers assemble 11,280 care kits for first responders, depleting their stock of items for the boxes. And no wonder ... since the first of the year, they have assembled 167,122 care packages for the military and first responders.

OpGrat started at Carolyn Blashek's dining-room table outside Los Angeles in 2003, assembling packages to be shipped to active military in harm's way. It's never faltered, never failed to deliver. Thus far it has sent out 1.67 million care packages.

Now the holidays are coming, always a big push for OpGrat. From now through the end of the year, volunteers will be asked to assemble and ship 20,000 packages per month.

And the shelves are nearly empty.

There are a number of ways you can help. Go online to [www.operationgratitude.com/wishlist](http://www.operationgratitude.com/wishlist) and view the wish list for the packages. Dental kits, food, games, DVDs, socks, lip balm, gift cards

and handmade items ... the list is long. If you plan to send items, look on the OpGrat site for the Donation Form.

Scroll down the wish list page and see how you can help via Amazon.com purchases. You won't even have to box up and ship your donations because Amazon does that for you. Do a search on Amazon for Operation Gratitude's Wish List, with items prioritized and quantity needed.

Do you work for a company that makes any of the listed products and will donate in bulk? Let OpGrat know at [angel@operationgratitude.com](mailto:angel@operationgratitude.com)

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On another topic, do you like golf? The Veteran Golfers Association is having a championship tournament near Biloxi, Mississippi, in mid October. Per the news release, "Wounded veterans and Purple Heart recipients will make up nearly half the field." For details, go online to [www.vgachampionship.org](http://www.vgachampionship.org).

Woodbridge Town News

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# DON'T LET AN ACL INJURY END YOUR SEASON

From competitive athletes to weekend warriors, we all know both the benefits as well as the dangers to our bodies while performing exercise and sports related activities. Few are as nagging, and potentially devastating, as knee injuries; in particular, damage done to the Anterior Cruciate Ligament (ACL).

We have all heard of the ACL before, but what is it that it truly does? The ACL is one of the 4 major ligaments in the knee along with the Posterior

a professional athlete out of action for 9-12 months while they are rehabbing from their injury.

So how do we prevent our young athletes from being stricken with this serious injury? The answer is implementing the proper ACL prevention protocol into an athlete's regimen both prior to a game and/or practice. Parents, coaches, and athletes alike should be well versed in the proper static and ballistic warm-up techniques in order to prevent



Michael Dow

Cruciate Ligament (PCL). Medial Collateral Ligament (MCL), and Lateral Collateral Ligament (LCL). The ACL prevents excessive forward movement of the femur, the upper leg bone, or the tibia, one of the lower leg bones. Unlike muscles which contract and shorten a muscle to create movement,

a ligament is meant to prevent excessive movement of the joint. The million dollar question is why is the ACL such an integral component of the knee function? Most sports these days require quick starts and stops, jumping and landing. This puts tremendous strain on the knee. During these activities, the ACL is strained to prevent the forward movement on the tibia. This ligament becomes overstressed when the quadriceps and hamstrings are not strong enough to stabilize the knee with sharp cutting movements and jumping during sports activity. We have all seen some of our favorite athletes land on the disabled list after they tear their ACL. With surgery required it can keep even

an ACL from ending an athlete's season. Orthopedic physical therapists are highly trained in proper ACL prevention methods and can provide, not only to individual athletes, but also entire teams and coaching staffs the methods on how to minimize and athlete's risk of injury. Take the time to

contact your local physical therapist to keep the athlete in your life off the rehab table and on the field!

Michael Dow, MSPT, CEO/Director founded his practice 12 years ago. He received his degree from Sacred Heart University in Fairfield, CT. He has been recognized by the U.S. Health and Human Services for his work with the National Multiple Sclerosis Society. He works with patients of all ages, pediatrics to geriatrics, as well as local high school and college athletes. Amity Physical Therapy is one of the fastest growing, and most respected, practices of its kind in the New Haven area with offices in Woodbridge, Hamden and Branford. For more information, call Michael Dow at 203-389-4593 or visit [www.amitypt.com](http://www.amitypt.com).

# APT OFFERS FREE WARM UP & COOL DOWN AT ROAD RACE

The popular Woodbridge Road Race that attracts competitive runners from the entire region will be held on Saturday, October 1, at Woodbridge Center, on Newton Road. Amity Physical Therapy, the Woodbridge-based practice, will again assume the role of Major Sponsor for the race which attracts both veteran runners and beginners, and includes a

one mile race for juniors.

Michael Dow MSPT, CEO/Director, with a team of therapists, will be on hand to offer complimentary warm up and cool down therapy to runners of all ages. This is their sixth year as a major sponsor of the annual race.

For more information, call 203-389-4593 or visit [www.amitypt.com](http://www.amitypt.com).



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# IS LOW BACK PAIN PUTTING PRESSURE ON YOUR LIFE?

The most common complaint that a Physical Therapist hears, "My back started hurting recently. I tried to rest, but the pain never goes away." Rest may seem like the best idea, but there are other factors that are contributing to the discomfort in which you may not be aware. Think about when the pain is at its worst; what position are you in? What makes the pain worse? Does anything make it better? Most times, low back pain is caused by poor posture in individuals with occupations that require excessive sitting.

Why is it important to have good posture?

- 1. Facilitates breathing:** A good posture naturally enables you to breathe properly.
- 2. Increases concentration and thinking ability:** When you are breathing properly, you increase your thinking ability too.
- 3. Avoid health complications:** A bad posture results in several complications over time, such as increased risks of slipped disc, back aches, back pain, pressure inside your chest, poor blood circulation.
- 4. Feel even better about yourself:** When you have a good posture, it helps to make you feel more self-confident, without even doing anything else different.

Identify the warning signs of back pain caused by poor ergonomics:

1. Back pain may be the result of poor ergonomics and posture if the back pain is worse at certain times of day or week (such as after a long day of sitting in an office chair in front of a computer,

- but not during the weekends).
2. Pain that starts in the neck and moves downwards into the upper back, lower back, and extremities.
3. Pain that goes away after switching positions.
4. Sudden back pain that is experienced with a new job, a new office chair, or a new car; and/or back pain that comes and goes for months.

If you have experienced any of these symptoms, then you have pain caused by poor posture/poor ergonomics. To improve your posture, be aware of the alignment of your spine, making sure that you are upright with your shoulders back. Be sure to get up and move throughout the day; excessive sitting or standing are two common

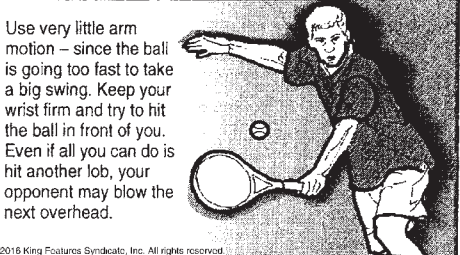
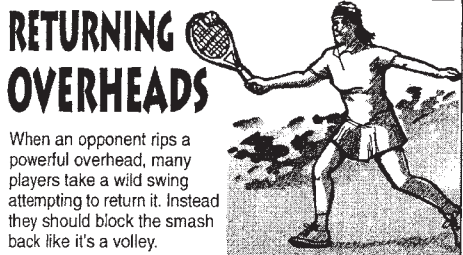


Shannon Webb

causes of low back that can be relieved by keeping the body moving. Use posture-friendly props and ergonomic office chairs when sitting; Supportive ergonomic "props" can help to take the strain and load off of the spine. Ergonomic office chairs or chairs with an adjustable back support can be used at work. Lastly, exercising to maintain a strong and stable core can greatly reduce the risk of low back pain. For more information on ergonomics and posture, talk with your local physical therapist about what modifications you can make in your life, or what exercises will help build a strong core and eliminate low back pain before it begins.

Shannon Webb is a graduate of the NVCC PTA Program, and has worked in an outpatient orthopedic setting since 2011. She has become the PTA Affairs Liaison for the Connecticut Chapter of the American Physical Therapy Association. Shannon is SFMA Certified, and enjoys fitness routines and outdoor activities.

## STAN SMITH'S TENNIS CLASS







# PUTTING REAL CARE BACK INTO HEALTHCARE

By Michael Dow MSPT

First, we're an independent Physical Therapy practice not affiliated with orthopedic practices or hospitals, so we call our own shots when it comes to compassionate patient treatment. We've had twelve years to perfect how patients should be treated, without being dominated by the complex healthcare insurance industry, a system of healthcare bureaucracy that often favors itself first, and patients second.

Amity Physical Therapy was founded by CEO/Director Michael Dow MSPT who, from the start, was determined to practice physical therapy with nothing but a sincere, compassionate devotion to curing people of their pain. There are no clocks here, no turn style expedient patient procedures. Now with three offices in the Greater New Haven Area, Amity Physical Therapy has become renowned for its personal and intensive treatment of its patients.

Each office was designed by Dow with interiors reflecting a relaxing, home-like atmosphere: art motifs decorate the pastel walls, even marble countertops... large airy rooms, not a hint of sterile white clinical walls. In that setting, Dow feels that patients respond to this personal "at home" treatment, and that the therapists can spend proper time to diagnose and treat their pain in an intensive program, rather than a see-treat-dismiss theory of practice. "In short," Dow says, "we can study and assess each patient's special pain symptoms and their progress as individuals, often

with staff therapists assigned to specific chronic injuries."

Most of the practicing therapists at Amity PT have been on the staff for years; most have advanced doctorate degrees. This experience provides an on-going first-hand knowledge of each patient's condition and allows a precise monitoring of their healing progress, whether it's a common lower back problem or post-surgical rehab from joint surgery or a knee replacement.



Michael Dow

"Patients know when they're being treated with sincere care," Dow comments. "It becomes a personal thing when you know you can return someone to a former active lifestyle without pain. Professional pride is involved. What we do here as physical therapists transcends the healthcare industry and the financial and systemic obstacles they choose to throw in the way. Our patients are humans, not statistics. Our mission is to cure their pain. And we've been successful in accomplishing that with our intensive 12 year program of personal, hands-on pain relief."

Michael Dow, MSPT is CEO/Director and founder of Amity Physical Therapy with offices in Woodbridge, Hamden and Branford. He is recognized by the U.S. Dep't of Health and Human Services for his work with the National Multiple Sclerosis Society. He works with patients of all ages, pediatrics to geriatrics, as well as local high school and college athletes. Michael can be reached at 203-389-4593 or visit [amitypt.com](http://amitypt.com).

# WHOOPING COUGH IS A FRIGHTENING DISEASE!

Whooping cough in an infant is frightening and can have devastating results. Cases of Whooping Cough have increased within the State and among Quinnipiac Valley Health District (QVHD) residents. It is very important to protect infants from this disease as they are not fully protected until they are a year old. Don't wait until the baby is born! QVHD offers the pertussis (whooping cough) vaccine (in the form of Tdap-tetanus, diphtheria and pertussis) to parents, grandparents, aunts, uncles, babysitters and other caregivers or contacts of newborns and infants 12 months and younger. If you are over age

18 and have never had a Tdap vaccine (a combined booster immunization containing tetanus, diphtheria and pertussis protection), you are eligible to receive this vaccine.

A \$10.00 administration fee is requested. No one will be turned away for lack of ability to pay. Clinics are held monthly from 4:00 to 4:30 p.m. at the QVHD district office, 1151 Hartford Turnpike, North Haven. Appointments are required; however you can get an appointment for the same day as a scheduled clinic if you call by 1:00 p.m. Call QVHD, 203 248-4528 for the next clinic date.

# AN OUNCE OF PREVENTION

## You May Need a Pneumonia Shot

Recently, we learned that Candidate Hillary Clinton had pneumonia. Did she ever get a pneumonia shot? Pneumonia shots will not protect you against all strains of pneumonia, but it does protect against the most common strains of the illness. If you get a flu shot, you may think you don't need a pneumonia shot. However, this is not true. A flu shot may help to prevent complications like certain types of pneumonia, but pneumonia shots specifically target the germs that cause one of the most common types of pneumonia.

Pneumococcal vaccines (known by most people as pneumonia shots) protect against strains of a bacteria, streptococcus pneumoniae. This bacteria can cause pneumococcal disease which can manifest as pneumonia, sinus infections, meningitis or blood stream infections. Adults and children can get pneumococcal disease. The germ is passed from person to person through respiratory secretions, saliva or mucus. According to the Centers for Disease Control (CDC) 900,000 Americans get pneumococcal disease each year, causing over 400,000 hospitalizations. 90% of invasive pneumococcal disease occurs in older adults, with the majority of deaths (95%) from this illness occurring in the same age group.

Children routinely get vaccinated with pneumococcal vaccines. Adults can get vaccinated as well which can help to greatly reduce your chances of getting pneumococcal disease. There are two types recommended for adults 65 and older. One shot has been around for quite a few years. It is PPSV23 (Pneumococcal Polysaccharide Vaccine). You may have known this as Pneumovax. The other format is PCV13 (Pneumococcal Conjugate Vaccine) and is a newer vaccine. You may know it as Prevnar. The PPSV23 protects against 23 strains of streptococcus pneumoniae and the PCV13 protects against 13 strains. If you got a pneumonia shot (pneumococcal vaccine) as an adult before August 2014, it is likely that you received PPSV23.

The recommendations for how these shots are administered have changed since the first pneumonia shots were introduced. At that time, it was believed that an older person only needed one shot in their lifetime. Over time, the guidelines changed and it was recommended that certain people get a booster, depending on their age of the

first pneumonia shot and/or their health status. With the advent of the new vaccine, guidelines have again changed. The guidelines outlined here are for adults 65 and over. (Specific guidelines exist for persons less than 65 with specific health conditions or behaviors. For example, PPSV23 is recommended for all smokers and persons with asthma age 19-64. Check with your health care provider for your condition/age group.)

If you are 65 or older and have never had a pneumonia shot, you should get the PCV13 first, followed by a PPSV23 immunization 6 to 12 months later. (Generally you have to wait a year for insurance to cover it.)

If you had a PPSV23 shot at age 65 or older, you should get the PCV13 a year or more after the PPSV23. Generally, you do not need another PPSV23.

If you had a PPSV23 shot before age 65, you should get a PCV 13 at age 65 or older and with at least a year after the PPSV23, followed by a second PPSV23 6-12 months later (but again at least a year for insurance to cover the cost) if 5 years or more have passed since the first PPSV23. Note: The two formats should not be administered at the same time. However, you can get a pneumonia shot when you get a flu shot.

If you are wondering why a vaccine with less strains represented (the PCV 13) would be recommended to be given first (instead of the PPSV 23) to those 65 and over who have never had a pneumonia shot, it has to do with the way the body produces an immune response. This response is best when given in this sequence. It is a long scientific explanation that is best left with the scientists. For us, we should follow the recommendations that are created by the Advisory Committee on Immunization Practices (ACIP) as they have digested the science in order to create the recommendations for us.

While the recommendations may seem a bit complicated, you can check with your healthcare provider to see which vaccine you should receive. The important thing is that there is a way to prevent pneumococcal disease and you should take advantage of it. For more information, visit [www.cdc.gov](http://www.cdc.gov) or [www.immunize.org](http://www.immunize.org). Quinnipiac Valley Health District residents (Bethany, Hamden, North Haven and Woodbridge) with questions can call QVHD, 203 248-4528.





# SCALETAR ATTENDS GRAND RE-OPENING OF THE RED BARN

After nine years in a quaint, antique barn, The Red Barn of Woodbridge now lives in a modern yellow building (with a barn-red door), but the name will stay the same says owner Ellen Eisenberg. First Selectman Ellen Scalettat attended The Red Barn's grand re-opening in mid-September after the store moved to the popular plaza at 245 Amity Road from the corner of Route 63 and Center Road.

During the re-opening celebration, the store was abuzz with shoppers admiring the new store and its varied offerings. The Red Barn's new location has a more open layout, lots of natural light, and a vintage feel, with black and white tile floors, schoolhouse lights and a simulated tin ceiling. Aside from the new look and location, patrons can expect to find the same quality and diversity of items. These include what Eisenberg has dubbed "boutique-unique" women's clothing, shoes, and accessories, as well as body products, books, toys, "guy" gadgets and greeting cards.

The Red Barn is a "lifestyle boutique" says Eisenberg. The previous iteration of The Red Barn was a general gift store and Eisenberg added the boutique

element to it, "but people still wanted a place to buy gifts, greeting cards and toys." Eisenberg adds that she loves fall and is excited about her inventory of coats, sweaters and, especially, ankle boots. Also new this fall, The Red Barn will be open for extended hours on Thursdays. Regular hours are Monday through Saturday 10am- 6pm (and on Thursday closing time is 7 p.m.), and Sundays 11am - 5pm.

Eisenberg had long been interested in opening a shop in the original, antique red barn at the crossroads of Center and Amity Roads. Though not experienced in retail, Eisenberg counted on her marketing background when the property became available in 2007. "I just went in, made a deal and then was shell-shocked. I just took the plunge," she said.

Scalettat congratulated Eisenberg on her successful venture and the move to a more central location. "The Red Barn has become an iconic store in Woodbridge. I'm so glad that Ellen was able to keep the store in Town and continue to provide the selection and service that her customers so appreciate."

# COMMON HALLOWEEN PHOBIAS

Halloween is about embracing the scary and the spooky and enjoying all off the things that go "bump" in the night. Naturally, the holiday can drum up some fears and tap into peoples' anxieties, especially when they come face-to-face with some of the symbols of Halloween. Some of these fears may be full-blown phobias.

A phobia is defined as an extreme or irrational fear of or aversion to something. Phobias can elicit feelings of dread and horror. In psychological terms, it is an anxiety disorder in which a person will go to great lengths to avoid a perceived danger. This danger is usually much greater in the person's mind than in real life.

Several symbols of Halloween can be tied to phobias. A person with achluophobia may not enjoy the darkness of the Halloween night. Someone with coimetrophobia probably would not want to visit a cemetery. Coming in contact with a ghost would not be ideal for

someone with phasmophobia. Anyone with wiccaphobia might fear meeting up with a broom-riding witch. One of the more common phobias is arachnophobia, which is a fear of spiders. Spider decorations are common come Halloween, so people with arachnophobia may struggle on and around October 31.

While Halloween will never fall on the thirteenth day of the month, the number 13 has been linked to Halloween festivities. Many people view the number 13 to be a harbinger of bad luck. This is especially so for those with triskaidekaphobia, or the fear of the number 13.

Believe it or not, some people have a crippling fear of Halloween itself. This phobia is called samhainophobia. which is the fear of Halloween or the fear of the festival of the dead. The term "samhainophobia" originates from "Samhain," meaning summer's end. Samhain was also the name of the festival celebrated by the Celts to mark the transition from summer to winter.

Support our advertisers! Tell them you saw their ad in the Woodbridge Town News.

## TOWN OF WOODBRIDGE PERSONAL PROPERTY DECLARATIONS BEING SENT TO LOCAL BUSINESSES

Personal Property declarations will be mailed this month to businesses and individuals who have previously filed declarations. If you are a new business in Woodbridge, whether it be inside or outside of your home, or possess a non-registered motor vehicle, please contact the Assessor's Office at 203-389-3416 for copies of the Personal Property Declarations OR go to our website at [www.woodbridgect.org](http://www.woodbridgect.org) go to the Assessor's page and click on Personal Property

**Declarations must be filed by November 1, 2016.** Failure to file with the Woodbridge Assessor's Office will result in a 25% penalty to your assessment, which will be estimated.

Personal property includes but is not limited to: non-registered motor vehicles, mechanics tools, machinery and equipment, electronic data processing equipment (computers), commercial furniture and fixtures, leased equipment (even water coolers & mail machines), farm machinery and home businesses.

For those eligible for the Farm Machinery Exemption, applications are available from the Assessor and **must be filed by November 1, 2016.**

## TOWN OF WOODBRIDGE MOTOR VEHICLES CHECKED FOR HIGH MILEAGE & BODY CONDITION

The Woodbridge Assessor's office will inspect only those motor vehicles felt to have high mileage and/or poor body condition **DURING THE MONTH OF OCTOBER ONLY.** The vehicle must be registered in the Town of Woodbridge as of October 1, 2016. The mileage and condition will be documented and taken into consideration when pricing the vehicle for the October 1, 2016 Grand List. This inspection may or may not change your value.

Please bring your vehicle to the Woodbridge Town Hall between 9:00 a.m. and 4:00 p.m. Monday - Friday. No appointment is necessary. **OCTOBER WILL BE THE ONLY TIME OF THE YEAR THAT MILEAGE AND CONDITION WILL BE CONSIDERED.**

## WOODBRIDGE RESIDENTS!

Have an Upcoming Birth Announcement,  
Anniversary, Engagement or Wedding?  
Send it to us with a photo and we will publish it FREE.  
Woodbridge Town News, P.O. Box 1126, Orange, CT 06477  
Email: [edit@woodbridgetownnews.com](mailto:edit@woodbridgetownnews.com)



# WOODBIDGE LIBRARY

### Adult Events

#### Film Screening: A Hologram for the King

Thursday, October 6 at 7 PM

A failed American sales rep looks to recoup his losses by traveling to Saudi Arabia and selling his company's product to a wealthy monarch. Rated R, Comedy/Drama, 1 hr, 38 min. No registration required.

#### Film Screening: Genius

Thursday, October 13 at 7 PM

A chronicle of Max Perkins's time as the book editor at Scribner, where he oversaw works by Thomas Wolfe, Ernest Hemingway, F. Scott Fitzgerald and others. Rated PG-13, Biography, Drama, 1 hr, 44 min. No registration required.

#### Stephen King & The Art of Darkness Lecture with Stephen Spignesi

Tuesday, October 18 at 7 PM

Stephen Spignesi, University of New Haven professor and author, is considered one of the foremost experts on Stephen King. In his Art of Darkness lecture, Spignesi will present fascinating facts about the life, work, and legacy of America's Boogeyman and Master of Horror. See why Entertainment Weekly calls Spignesi "the world's leading authority on Stephen King!" Please register at the Circulation Desk, by phone at 203-389-3433, or online at [www.woodbridgetownlibrary.org](http://www.woodbridgetownlibrary.org).

#### MEDICARE 101

Wednesday, Oct. 19th from 6-7:30pm in the Senior Center Lounge

Learn about: Medicare basics, enrollment opportunities, coverage choices, eligibility requirements, and cover-

age limits. This information session is sponsored by AAA. Light refreshments will be served. Please contact the Woodbridge Senior Center to register at 203-389-3430.

#### Film Screening: Me Before You

Thursday, October 20 at 7 PM

A girl in a small town forms an unlikely bond with a recently-paralyzed man she's taking care of. Rated PG-13, Drama, Romance, 1 hr, 50 min. No registration required.

#### Getting the Most out of Social Security Retirement Income

Monday, Oct. 24th at 6pm at the Woodbridge Town Library

Learn about how new Social Security Laws could affect you! David Cowan, an AAA Endorsed Retirement Advisor will help you learn how to maximize your benefits. The difference could save you up to \$100,000 in lifetime benefits. Please visit [AAARetire.com](http://AAARetire.com) to register or call Katherine Ward at 203-389-3466.

#### Healthy Halloween with Robin Glowa

Tuesday, October 25 at 7 PM

Join Robin Glowa as she teaches us how to make tasty tricks and treats for healthy ghosts and goblins. Please register at the Circulation Desk, by phone at 203-389-3433, or online at [www.woodbridgetownlibrary.org](http://www.woodbridgetownlibrary.org).

#### Film Screening: Our Kind of Traitor

Thursday, October 27 at 7 PM

A couple finds themselves lured into a Russian oligarch's plans to defect, and are soon positioned between the

Russian Mafia and the British Secret Service, neither of whom they can trust. Rated R, Thriller, 1 hr, 48 min. No registration required.

#### Drop in Tech Help

Wednesday October 28th, 3-4pm

Got questions about how to use your iPhone, iPad, laptops or something else? Come to Drop in Tech Help run by our very own Teen Tech Team in the library Meeting Room! They will be more than happy to help you with any of kind of technology questions you can think of.

#### You Wrote a Book, Now What?

Saturday, November 5, 11am – 12:30pm

Have you written something you would like to see published, but don't know where to start? Gain an insider's view of book publishing from literary agent Jan Kardys. Topics include developing a concept, writing a manuscript, finding a literary agent, negotiating a publishing agreement, self-publishing vs. traditional publishing, and more. Please register at the Circulation Desk, by phone at 203-389-3433, or online at [www.woodbridgetownlibrary.org](http://www.woodbridgetownlibrary.org). Future Events: Author Betsy Lerner of The Bridge Ladies speaking at the Woodbridge Town Library!

#### Children and Teen Programs

Please register for all Children and Teen Programs online at [www.woodbridgetownlibrary.org](http://www.woodbridgetownlibrary.org)

#### Teen Tech Support

Meets Last Wednesday of Every month

Teens – do you love technology and volunteering in your community? Our Teen Tech group meets monthly, sometimes, more often to provide help on topics such as: email, smart phones, Facebook, downloading pictures and tablets & e-readers to members of the community. Fulfill your community service hours and help out others with technology. Contact Teen Librarian Kyle Litscher at [Klitscher@lioninc.org](mailto:Klitscher@lioninc.org) to join.

#### Mr. Litscher's Program for Peculiar Children (grades 7 to 12)

Saturday, October 1, 2-3 PM

Teens can take Peregrine-esque photos at the library using their smart phones with apps and props in celebration of the new Miss Peregrine movie opening September 30.

#### The Great Gilly Hopkins Book & Movie Event (grades 3 to 6)

Thursday, October 6 at 6:30 PM

The Great Gilly Hopkins movie opens

October 7. Join us at this special pre-opening event and get to know the characters and storyline before you meet them on the big screen.

#### Crazy 8's Math Club (grades K-2)

Saturday, October 8 at 2 PM

Crazy 8's Math Club Returns! Join us for a special math club that helps kids enjoy the math behind their favorite activities!

#### Paper Bag Scarecrow Craft (grades preK-3)

Saturday, October 8 at 3 PM

Join your friends at the library to make a fun paper bag scarecrow. We'll use paper, raffia, felt and more to create this colorful Fall craft.

#### GRAND REOPENING CELEBRATION WITH MAGICIAN ED POPIELARCZYK!!

Saturday, October 15 from 11 AM to 1 PM

After a long summer, the children's room has finally reopened. Join the fun for a magic show and free balloon animals upstairs in our newly renovated space!

#### Eager Reader's Book Group (grades K-2)

Monday, October 17 at 6:30 PM

Pick up a copy of Little Red's Autumn Adventures by Sarah Ferguson, read it at home, then join us for the book discussion on October 17.

#### Series Club: Goosebumps! (grades 2-3)

Thursday, October 20 at 6:30 PM

Books available at the program.

#### Horror Movie Matinee

Friday, October 21st, 3-5 pm (ages 13 and up)

In the spirit of Halloween and all things scary, come watch The Others (PG-13) at the Woodbridge Town Library on Friday, October 21st from 3-5pm. A classic haunting movie with scares and creepiness galore, this is a movie sure to send chills down your spine.

#### Halloween Kitty Craft (grades K-3)

Saturday, October 22 at 2 PM

Come to the library and turn a mini pumpkin into an adorable kitten using felt, buttons, paper and more!

#### It's the Great Pumpkin, Charlie Brown (grades K-3)

Monday, October 24 at 6:30 PM

Celebrate the 50th anniversary of the beloved Peanuts classic with us! Join us for storytelling, a craft, pumpkin fun, and a special treat.

## LIBRARY DEBUTS HOOPLA DIGITAL & LYNDA.COM ONLINE RESOURCES

Woodbridge Town Library announced the debut of two new online resources available for Woodbridge patrons, Hoopla Digital and Lynda.com. Hoopla Digital provides public availability of thousands of movies, television shows, music albums, eBooks, audiobooks and comics, all available for mobile and online access. Lynda.com provides access to over 4,000 free courses online.

Woodbridge resident card-holders can download the free hoopla digital mobile app on their Android or IOS device or visit [hoopladigital.com](http://hoopladigital.com) to begin enjoying thousands of titles – from major Hollywood studios, record companies and publishers – available to borrow 24/7, for instant streaming or temporary downloading to their smartphones, tablets and computers.

Residents can use Lynda.com online to learn new business, creative, and tech skills with expert-led online video

tutorials - anytime, anywhere. PCMag says that lynda.com is "hands-down one of the best sources for online learning. When you need skills training fast, lynda.com is the go-to source for high-quality results."

"We strive to be an integral source for learning and entertainment in our community," said Eric Werthmann, Director at Woodbridge Town Library. "Our new partnership with hoopla digital and Lynda.com helps us continue that mission, and we're excited that these new services will give our patrons 24/7 access to a wide variety of library content and educational courses."

Both of these services will debut on October 1, 2016. You must be a Woodbridge patron with a valid library card to use these services. For any questions, please contact the Adult Services Department at the Woodbridge Town Library at 203-389-3434.

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# WOODBIDGE LIBRARY



## LONG WHARF THEATRE PASSES RETURN TO THE LIBRARY!

Passes for two free tickets to a show at Long Wharf Theater are available once again at the Woodbridge Town Library. The passes will be available starting on Monday, September 26, just in time for the opening of the Steve Martin show Meteor Shower. The passes provide free admittance for two to any one show at Long Wharf. The show date and time must be selected when the pass is picked up.

There are a few changes to the pass this year. Patrons can now pick up a pass for any performance during a show's run once the show has started. This is a change from only being able to pick up a pass 48 hours in advance of a per-

formance.

Patrons can only use one pass per show. Passes can only be reserved and given out in person. Once a patron has taken out a pass for a show, they cannot switch dates or change their chosen date. We ask that you please be certain you can attend for the day you request the pass for. Patrons are still required to call Long Wharf once they have received a pass to confirm their seats. Long Wharf grants seats pending availability.

Please see the Adult Services Desk with any questions 203-389-3434. Long Wharf Theatre is located at 222 Sargent Drive in New Haven, CT.

# DOLLAR\$ AND \$EN\$E



## "CYBER CRIMES"

By Roberta L Nestor

It almost seems inevitable that at some point you or someone you know will experience the darkness of the internet. As each year goes by, more of us are becoming victims of identity theft. Identity theft now comes in many forms from financial to criminal and then from medical to synthetic. Identity theft targets those that engage in social media, senior citizens, millennials as well as minor children. It is no longer a question of "how do I protect myself against identity theft?" but rather "what do I do when it happens?"

There are of course basics: First, contact your bank and other credit card companies. You will likely be required to establish new accounts, new PINS and on-line access for these. Next contact the three major credit agencies (Equifax, Transunion and Experian). Generally, these organizations will have their own forms or affidavits for you to complete. You might want to get in touch with [www.scamsafe.com](http://www.scamsafe.com), a company that provides useful information related to identity theft and indicates which states participate in the Security Freeze Program and [www.annualcreditreport.com](http://www.annualcreditreport.com) who will provide you with one free credit report with on-going subsequent credit reports for a small fee.

The next steps are often not taken, however, highly recommended. You should contact the Federal Trade Commission to file a complaint. You can go on-line to file an identity theft complaint with the FTC [www.ftc.gov/IDTheft](http://www.ftc.gov/IDTheft) or by calling 877-IDTHEFT. You should also file a report with your local police department, after all identity theft is a crime and legally documenting the incident will help you if there are repeated incidences. Most town and city websites offer great packets of information with all the numbers and resources you would need.

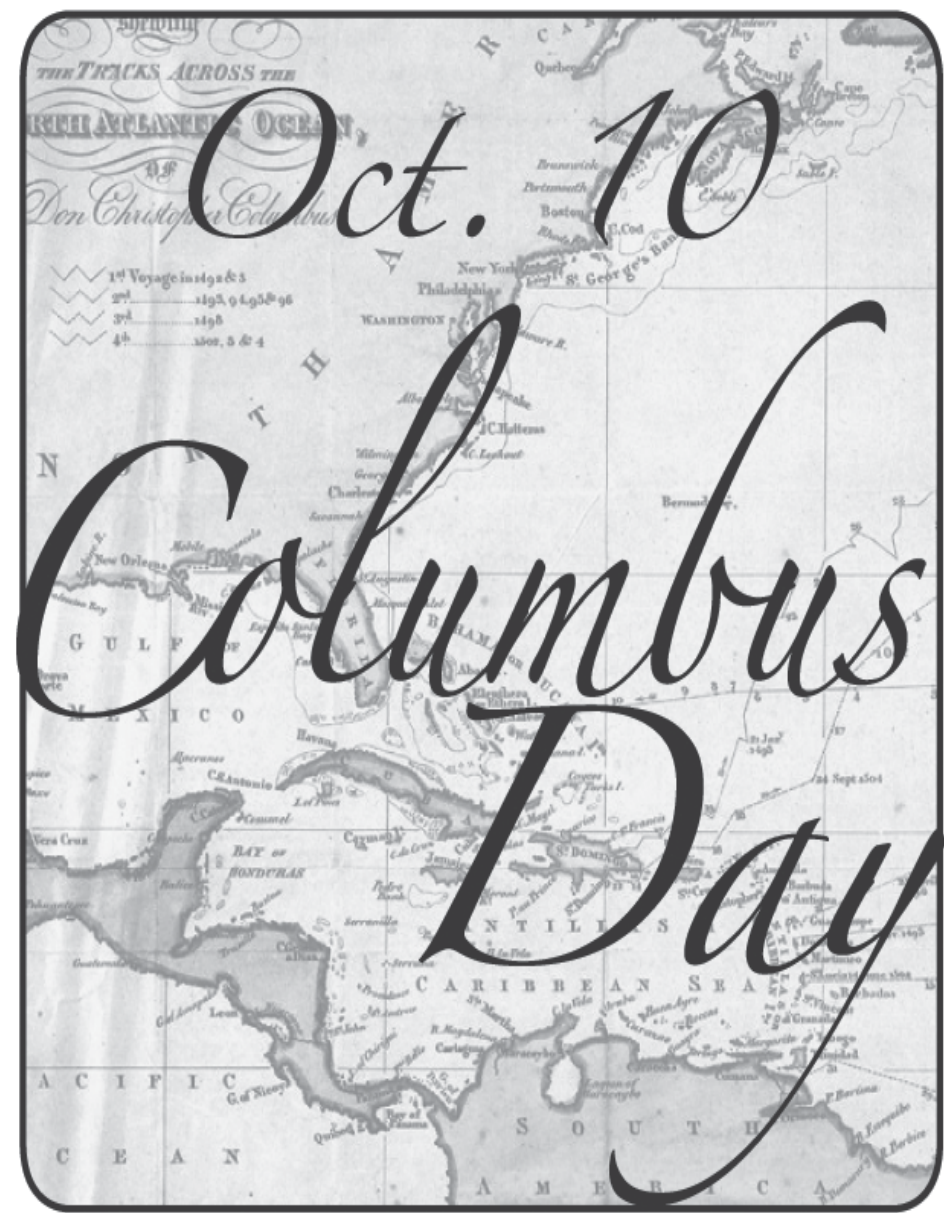
If your social security number has been compromised you should contact the Social Security Administration as well as the IRS. Not surprising, the IRS has a complete process for tax identity theft. Last year, the IRS received more than 1 million fraudulent tax returns and managed to stop nearly \$7 billion in fraudulent tax refunds. Tax identity

theft is burdensome because it never goes away. According to FORBES, the Alabama Department of Revenue Services has developed a system for taxpayers to create an electronic ID (eID) using a mobile phone app. Taxpayers file their tax return as usual and taxpayers who registered an eID will be notified once the Department of Revenue has received the taxpayer's tax return. To verify the taxpayer's identity, the taxpayer will be asked to take a selfie. That photo will be matched up with your driver's license photo. It is a whole new world!

A child's social security number can be used by identity thieves in many ways. They can open bank and credit card accounts, rent an apartment or even apply for government benefits. Periodically check your child's credit report to see if their information is being misused. It is also important to check the apps your child has downloaded on their phones. For example, there have been 100 million downloads of the global phenomenon of "Pokémon Go" as well as millions of others who have downloaded "mirror images" of the application. The fake Pokémon apps give the identity thieves a literal GPS and they can install malware, get into phone records, emails and anything else stored on your phone.

Bottom line? Be careful in cyberspace and know what to do when identity theft strikes. And make sure when you hit the "I accept" box you have read the fine print.

*Roberta L. Nestor is a financial advisor practicing at 491 New Haven Avenue in Milford, CT offering retirement, long term care, investment and tax planning services. She also offers securities and advisory services as an Investment Adviser Representative of Commonwealth Financial Network – a member FINRA/SIPC and a Registered Investment Adviser. Fixed insurance products offered through Nestor Financial Network are separate and unrelated to Commonwealth. Commonwealth Financial Network or Nestor Financial Network does not provide legal or tax advice. You should consult a legal or tax professional regarding your individual situation. Roberta can be reached at Nestor Financial Network, 203-876-8066 or [roberta@nestorfinancial.com](mailto:roberta@nestorfinancial.com).*





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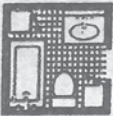



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COLUMBUS DAY



ENTERTAINMENT

TOP 10 MOVIES

- 1. **Sully (PG-13)**  
Tom Hanks, Aaron Eckhart
- 2. **When the Bough Breaks (PG-13)**  
Morris Chestnut, Regina Hall
- 3. **Don't Breathe (R)**  
Stephen Lang, Jane Levy
- 4. **Suicide Squad (PG-13)**  
Will Smith, Jared Leto
- 5. **The Wild Life (PG)**  
animated
- 6. **Kubo and the Two Strings (PG)**  
animated
- 7. **Pete's Dragon (PG)**  
Bryce Dallas Howard, Robert Redford
- 8. **Bad Moms (R)**  
Mila Kunis, Kathryn Hahn
- 9. **Hell or High Water (R)**  
Dale Dickey, Ben Foster
- 10. **Sausage Party (R)**  
animated

TOP 10 VOD

- 1. **The Jungle Book (PG)**  
Disney
- 2. **The Huntsman: Winter's War (PG-13)**  
Universal
- 3. **Me Before You (PG-13)**  
Warner Bros.
- 4. **The Walking Dead: The Complete Sixth Season (TV-MA)**  
Anchor Bay
- 5. **The Angry Birds Movie (PG)**  
Sony
- 6. **Arrow: The Complete Fourth Season (TV-14)**  
Warner Bros.
- 7. **Batman v Superman: Dawn of Justice (PG-13)**  
Warner Bros.
- 8. **Star Wars Rebels: The Complete Season 2 (TV-Y7)**  
Disney
- 9. **The Nice Guys (R)**  
Warner Bros.
- 10. **God's Not Dead 2 (PG)**  
Universal

- 1. What is the alternate name for the song "634-5789"?
- 2. Who wrote and released "Darkness, Darkness"?
- 3. Name the group that put "Paradise City" on their debut album.
- 4. Which singer released "Woman in Love"?
- 5. Name the song that contains this lyric: "If I had a day that I could give you, I'd give to you the day just like today."



"Cold Case" episodes. 1. "Soulsville, U.S.A.," a soul classic recorded by Wilson Pickett in 1966. Tina Turner followed with her cover in 1986. The song is a favorite of Carolin shag dancers. 2. Jesse Colin Young. It was released by his group The Youngbloods in 1969. The song was used in the films "Purple Haze" (1983) and "Jack the Bear" (1993). 3. Guns n' Roses. In 1987, on their "Appetite for Destruction" album. The song is often played at sporting events, and VH1 calls it one of the greatest metal songs of all time. 4. Barbara Streisand. In 1980. The song was written by two of the Bee Gees. 5. "Sunshine on My Shoulders," by John Denver in 1973. The song has been widely used, including on "The Simpsons" and

SPORTS QUIZ

By Chris Richcreek

- 1. In 2014, pitcher Matt Shoemaker set an Angels record for most victories by a rookie (16). Who had held the mark of 14?
- 2. Who are the only two Japanese pitchers to toss a no-hitter in Major League Baseball?
- 3. Name the last team before the Seattle Seahawks (2012-15 seasons) to lead the NFL in fewest points allowed for at least four consecutive seasons.
- 4. North Carolina's Ty Lawson set a record in 2009 with eight steals in the NCAA Tournament championship game in men's basketball. Who had held the mark of seven?
- 5. Florida's Jaromir Jagr (44) set an NHL record in the 2015-16 seasons for most goals (27) and points (66) by an NHL player 43 years old or older. Who had held the record?
- 6. How many Olympic medals has the U.S. won in table tennis?
- 7. In 2015, golfer Jordan Spieth won five events during the PGA season, becoming the youngest player (22 years old) to do so since whom?

1. Dean Chance (1962), Marcelino Lopez (65) and Frank Tanana (74). 2. Hideo Nomo (1996, 2001) and Hisashi Iwakuma (2015). 3. The Cleveland Browns did it for five consecutive seasons (1953-57). 4. Mookie Blaylock of Oklahoma (1988) and Tommy Amaker of Duke (1986). 5. Mark Messier had 18 goals and 43 points for the New York Rangers in the 2003-04 season. 6. None. 7. Horton Smith was 21 when he did it in 1929.



Jennifer Lawrence in "X-Men: Apocalypse" [Marvel Entertainment]

EDITOR'S NOTE: DVDs reviewed in this column are available in stores the week of October 3, 2016.

PICKS OF THE WEEK

"X-Men: Apocalypse" (PG-13) -- A whole mess of mutants must face-off against the dreaded Apocalypse, an ancient and powerful mutant determined to live up to his name. The titular baddie (Oscar Isaac under piles of makeup) bursts onto the scene with death and destruction, and starts recruiting the strongest mutants, including Magneto (Michael Fassbender), to act as his four horsemen of killing all the humans. In his way stands the fresh-faced X-men class of 1983; young superheroes barely in control of their superpowers and led by the morally questionable Mystique (Jennifer Lawrence).

Director Bryan Singer was thought of as the guy you go to for a good X-Men movie. He's directed the better ones and been far away from the worst. Until now. The movie is just so bloated with characters, subplots and sounds that there

isn't much room to really fight evil. That said, under-utilizing Oscar Isaac could be a greater injustice.

"Swiss Army Man" (R) -- When you're all alone, even having just that one friend can make all the difference. If you're especially desperate, that one friend need not be a living person, but rather the remains of one. That's one lesson learned by Hank (Paul Dano) a 20-something-ish guy stuck on an island, about to end it all until he sees some human flotsam (Daniel Radcliffe). Hank calls the corpse Manny, and as the two spend time together, it turns out that Manny is full of uses! He can be a nutcracker, a watercraft ... he even starts talking. Hank is sure of it.

It is, of course, bizarre, gross, pretty dark at times, but also overwhelmingly whimsical and warmhearted. The two-man directing team, Daniel Scheinert and Daniel Kwan, have made a noteworthy debut into feature films after making more bite-size pieces of insanity as music-video directors. Paul Dano is great in his role, and Daniel Radcliffe is the most magnetic and charming cadaver in theaters this year.

"The Purge: Election Year" (R) -- In this third installment of the hyper-violent social-allegory known as The Purge, we are treated to an embarrassingly on-the-nose treatment of election-year vitriol. As in the previous movies, The Purge is one night a year when all crime is legal, and this generally leads to gangs of psychopaths murdering people for fun. Senator Charlene Roan (Elizabeth Mitchell) is running for president, and a big part of her platform is ending the annual bloodbath. On the night of The Purge she is targeted by a coordinated attack that puts her and her head of security (Frank Grillo) on the run through the deadly night.

Sudoku answers on page 36

Weekly SUDOKU

by Linda Thistle

7			8				3
		6			4	7	
	8			5			6
	3		7			2	
		5		3			9
2					5		8
		3		7			2
	9		6			4	1
1					2		5

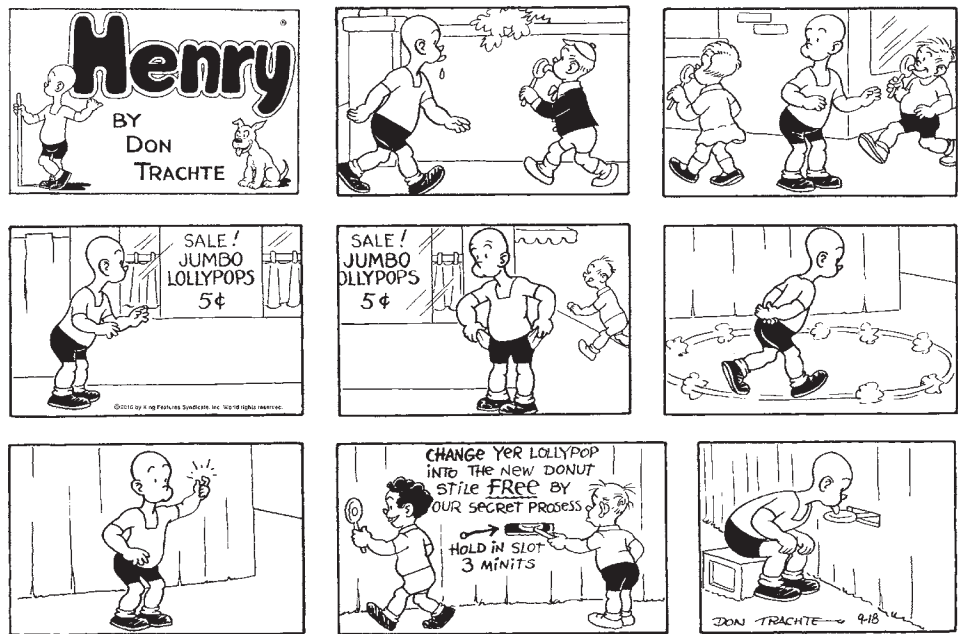
Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦♦

♦ Moderate ♦♦ Challenging  
♦♦♦ HOO BOY!



# COMICS/CROSSWORD/HOLLYWOOD



The Spats



by Jeff Pickering

## King Crossword

**ACROSS**  
1 Length times width  
5 Matterhorn, for one  
8 Language of Pakistan  
12 Man of the manor  
13 Bygone space station  
14 Tide type  
15 Make valid  
17 San —, Italy  
18 Pantheon member  
19 Stockholm's land  
21 West Pointer  
24 "— pin and pick it up, ..."  
25 Colors  
26 Fine  
30 Actress Hagen  
31 Puncture  
32 By way of  
33 Preach  
35 Catches some rays  
36 Smoke  
37 Buyer of stolen goods  
38 Attack  
41 Bando of baseball  
42 Judicial garment  
43 Sing

1	2	3	4	5	6	7	8	9	10	11
12				13				14		
15				16				17		
			18			19	20			
21	22	23			24					
25				26				27	28	29
30				31				32		
33			34					35		
			36				37			
38	39	40				41				
42				43	44			45	46	47
48				49				50		
51				52				53		

48 Piece of work	8 Fictitious	34 From the start
49 Commotion	9 Clarinet insert	35 Penn and —
50 Historic times	10 Knight's lady	37 Air safety org.
51 Accompanying	11 "Once — a time ..."	38 Cornfield intruder
52 Allow	16 Parcel of land	39 Arizona tribe
53 Engrossed	20 Frail	40 Touch
	21 Pal	41 Edinburgh resident
	22 Car	44 Praise in verse
	23 Sweetie	45 A Gershwin brother
	24 Grab	46 Microwave
	26 Ancient	47 "Guinness Book" suffix
	27 Terrible guy?	
	28 Galvanizing stuff	
	29 Facility	
	31 Advertise	

**DOWN**  
1 Everything  
2 Fish eggs  
3 Work unit  
4 Old sayings  
5 In the thick of  
6 "30 Rock" role  
7 Charisma

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## HOLLYWOOD

By Tony Rizzo

Recently, we told you that theater owners were disappointed with the low grosses of this summer's big movies. The studios say they have to gross double a film's cost to break even. "Ghostbusters" cost \$144 million and so far has grossed only \$217 million. "The Legend of Tarzan" cost \$180 million and made \$354 million. "Star Trek: Beyond" cost \$185 million and has so far earned \$300 million. On the plus side, "Suicide Squad" cost \$175 million and pulled in \$650 million, while "Finding Dory" is approaching the \$1 billion mark. The big question: Why aren't studios keeping production costs down, so they can recoup their costs and make a profit?

\*\*\*

The Monkees -- Mickey Dolenz, Davy Jones, Michael Nesmith and Peter Tork -- were put together as a fictional rock group for their TV series, "The Monkees," which aired from 1966-68. For years they've toured the country, mostly at Indian casinos, and sold out. Their Sept. 16 "homecoming gig" at the Pantages Theatre in Los Angeles sold out as soon as tickets went on sale. Mickey Dolenz, Michael Nesmith and Peter Tork are now minus Davy Jones, due to his passing in 2012. A few dates remain on the Monkees 50th Anniversary Tour: Seattle on Sept 25; Biloxi, Mississippi (Oct. 1); Paso Robles, California (Oct. 22); and Shippensburg, Pennsylvania (Oct. 29). The Monkees have survived because of their off-the-wall Beatles-like antics and their music, which happened to be so good, many of their songs became standards.

\*\*\*

Bill Nye, "The Science Guy" (for five seasons), has signed a big deal with Netflix. His new talk show, "Bill Nye

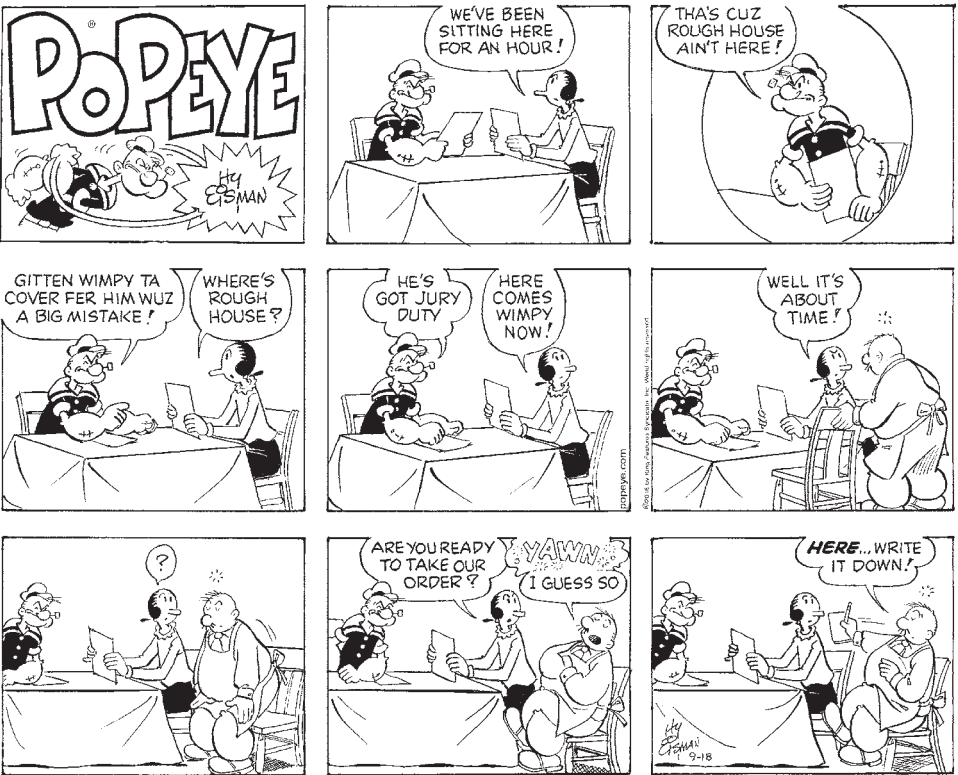


Derek Hough [ABC/Craig Sjodin]

Saves the World," will be available this spring. The show will focus on how science impacts politics, society and pop culture. This deal was made possible because of his popularity from "Dancing With the Stars."

Meanwhile, when news broke that Derek Hough, six-time "Mirror Ball" winner on "Dancing With the Stars," was returning for this season, everyone wondered what happened to his Broadway-bound show "Singin' in the Rain"? Hough claims they couldn't find a theater to open the show in, but Broadway insiders are saying the production was plagued with problems from the start. Even more suspicious is the fact that several big musicals have closed unexpectedly, freeing up those theaters. Conveniently, Derek has signed to play Corny Collins in NBC's live production of "Hairspray" on Dec. 8.

Stephen Colbert of "The Late Show" created a new term during one of his monologues that will be included in the next dictionary update. He described Donald Trump's "softening on immigration" as "electile dysfunction." I certainly can't top that!





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Answers

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Weekly SUDOKU

Answer

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5	9	2	6	8	3	4	7	1
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THE WOODBRIDGE TOWN NEWS ONLINE

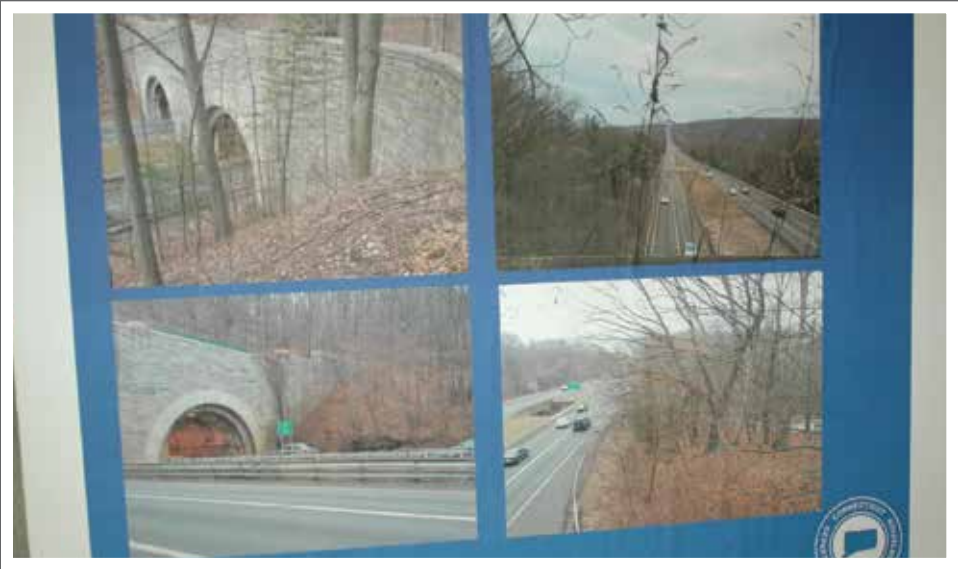
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Poster showing the picturesque setting of the Heroes Tunnel through West Rock Ridge.



Poster showing crumbling concrete in the Heroes Tunnel.

"Tunnel" continued from Page 1

the state is seeing the need for improvements. "It is not an imminent safety issue," Cutler stated unequivocally. Even so, there is significant deterioration, in particular of the concrete lining, which is being corroded by water penetration and many freeze-and-thaw cycles it is exposed to. The concrete is chipping away, leaving the rebar exposed in some areas.

Joe Balskus, a principal with CDM Smith, said the tunnel, having been built in 1948, does not meet modern safety specifications. The lanes are narrowing as the highway approaches the tunnel, contributing to the frequent bottleneck effect. The shoulders inside the tunnel are six inches wide instead of the eight feet required by modern standards. There is no fire system and the ventilation system is not working.

As far as possible construction scenarios are concerned, closing one barrel for multiple months or detouring traffic through city streets seemed unacceptable, he said. Engineers are hopeful to find a way to rehabilitate the tunnel without major traffic impacts.

Mohammed Jafari, an engineer with CDM Smith, said the tunnel was built in 1948 in the span of a year and a half. Where the rock proved unsafe, they added steel bars, which are covered behind the concrete. Tests have shown those bars to be in good condition, he said. He responded to concerns from Merritt Avenue homeowners about possible blasting, saying that modern technology allows blasting with minimal vibration.

A representative from the City of New Haven asked them to consider enhancing trail access to West Rock Park.

Frank DeLeo, a Woodbridge resident

and member of the West River Watershed Coalition, mentioned how during construction of the tunnel back in the 1940s they buried a spring. "Ever since, the water has been seeping into the tunnel," he said. In addition, a drainage pipe along the tunnel is constantly clogged, and the catch basin doesn't get cleaned out, he said. The overflow ends up in the West River and contributes to flooding in Woodbridge and Westville and dumps pollutants into the river.

Next Steps:

- In the next six to nine months, an archaeological survey will be conducted;
- geotechnical borings will be conducted and a geological survey completed;
- environmental studies will be conducted in the next 18 to 24 months;
- a preferred alternative will emerge from the information obtained by these studies; and
- CDM will present a design.

Exit 59 interchange: Several residents, including First Selectman Ellen Scalettar, asked about efforts to coordinate tunnel construction work with the traffic flow improvements at Exit 59. Pete Talarico, an engineer with the Exit 59 Study who was present at the hearing, said all proposed Exit 59 configuration changes end before the tunnel, and will not have a direct impact. "It will have to be coordinated, but they are not interdependent," he said of the two projects.

The state has proposed some intermediate measures to improve the traffic situation along Litchfield Turnpike, work which is slated to start in 2018, Talarico said. The long-term project, which may entail a reconfiguration of the on- and off-ramps at Exit 59, is years out, and could very well coincide with the tunnel project.

# WOODBIDGE FALLAPALOOZA

## OCTOBER 1-31

### ENTERTAINMENT, REFRESHMENTS, FUN!

**Woodbridge Road Race**  
Oct. 1 | 8 a.m.

**Sylvia's Attic Tag Sale at the Darling House**  
Oct. 1 | 8 a.m. - 2 p.m.

**Business Happy Hour & Scarecrow Build at Solun**  
Scarecrows displayed throughout the business district all month!  
Oct. 5 | 5-6:30 p.m.

**Marrakech Health & Wellness Fair at the JCC**  
Oct. 6 | 9:30 a.m.-12:30 p.m.

**Massaro Farm Family Fun Day**  
Oct 8 | 1-5 p.m.  
Rain date: Oct. 9

**Darling House Open House & Hearth Cooking**  
Oct. 16 | 2-4 p.m.

**Fashion Show at Coachman Square at Woodbridge**  
Oct. 20 | 6 p.m.

**Woodbridge Restaurant Week**  
Oct. 24-28

**Progressions Salon & Wig Boutique's Pampered in Pink**  
Oct 29 | 8:30 a.m.-4:30 p.m.

**WVFA's Truck or Treat & Spooktacular Fireworks**  
Oct. 31 | 5-8 p.m.

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ARTS & LEISURE



ARTS EDUCATION FOR CHILDREN: ENRICHING LIVES

By Laura Hardt

Arts in CT, a nonprofit organization from Milford, Connecticut, is dedicated to bringing a lifelong love of all things creative into the state's many communities. With over 65 different course offerings available in a myriad of art forms, people of all ages and from all walks of life are given the opportunity to express themselves in ways that they may never have been able to otherwise.

Though Arts in CT's programs are open to everyone, the organization has made sure to place a special focus on arts education for children. With many creative programs being cut or budgeted out of students' lives, Arts in CT helps to provide the necessary and enriching outlet that the arts offer to these young people.

Many of Arts in CT's programs are tailored to students with an emphasis on arts integration. Through music, visual arts (drawing, painting, and the like), dance, theater, and many other fields, children are taught not only how to apply themselves creatively and hone their skills as artists, but how to use these skills and concepts in the classroom. Math and music become linked. Historical events are tied to artistic movements. Confidence speaking in front of others is boosted.

Arts in CT's instructors are board certified and trained in the national

common core standards, to ensure that students receive the best education possible. Through arts integrated classes within schools and during after school programs, children will gain the tools necessary to succeed in the classroom and later on in life. These techniques have proven effective around the country, helping to boost academic achievement and reduce absenteeism in even the most disadvantaged districts. As shown through a Mississippi State University research study, educational achievement gaps are reduced and test scores and ambition among students are raised when arts integration techniques are implemented in the classroom. According to the study, by learning the content they have already processed during the school day in a different manner (in this case, through the arts), students spend more time immersing themselves in these ideas in a manner that encourages them to think critically and creatively. In this way, knowledge is learned and retained far past the date of any test a student may take.

To make certain that all students have the chance to take part, Arts in CT offers scholarships to those in need. The organization believes that all children should have the opportunity to dream and succeed, and does its best to make these hopes a reality.

BARK BYTES...

By Vicki & Richard Horowitz



INTRODUCING A NEW DOG TO YOUR HOUSEHOLD "PACK"

By Richard and Vicki Horowitz

October is Adopt a Dog Month. With that in mind, bringing a new dog into the family is an exciting time for the human "pack" members, but can create stress for the non-human pack—whether dog (both new dog and resident dog), cat, bird, or other small pet. Understanding how to manage pet introductions can help ensure a lifetime of harmony for everyone.

General tips:

- Set reasonable goals when you bring a new dog into your pack. Knowing the dogs' backgrounds as to how well they were socialized will help you manage what might happen. Remember and respect that your resident dog and/or cat may perceive the new dog to be encroaching on their established territory, which can be very stressful.
- Proceed slowly and calmly. Slow-paced introductions may help prevent any fear-based or aggressive reactions from developing. If bad behaviors are not reined in from the start, they can become habit and be very hard to change in the future.
- Never leave new pets unattended, even if a pet is caged. When two pets meet, it is imperative you watch them at all times. The situation can change suddenly.
- If you have more than one resident dog, introduce each dog one at a time to the new dog to prevent them from overwhelming the newcomer.
- Stay in control of the introduction. If you are not sure how your pet will react, take the necessary precautions to keep him (and you) safe.
- Be patient and adaptable. You will need to teach your new dog to trust you while communicating to your resident pets that you will continue to keep them safe. Building good relationships takes time.

Dog to Dog

Before you bring the new dog (or puppy) home, bring home his scent so your resident pets can be introduced to his smell first. Rub the new dog with a cloth or use a blanket he has slept on and bring it into your home and place it where he will be sleeping.

In addition, be sure both your resident dog and the new dog are up to date on their vaccinations to avoid any risk of infection.

Introduce in a Neutral Location

Introduce the dogs in a neutral location that is unfamiliar to both dogs, such as a park. This prevents your resident dog from feeling his territory is being threatened. Each dog should be on a loosely held six-foot leash and handled by a separate person. Try to stay relaxed so the dogs don't pick up on any tension you might be feeling.

Don't force an interaction between the dogs. Just walk near each other for a few minutes. One or both of the dogs may ignore each other, which is fine. Just stay upbeat and give the dogs time to get comfortable with the situation.

Now, allow the dogs to sniff each other for just a few seconds, with the handlers offering high-pitched, happy praise if there are positive signs from the dogs. Then lead the dogs away from each other. Do several more sets of brief introductions, which prevent the dogs from focusing too hard and escalating to an aggressive response.

If you see any of these types of reactions, quickly lead the dogs away from each other

and try to get them to focus on you. Then you can try a very brief introduction again, at a further distance. Only proceed to the next step when you see the dogs are tolerating each other.

Managing the New Dog in Your Home

Pick up all pet toys, food bowls, beds and the like before you bring the new dog into the house to prevent any tiffs over prized possessions. You can return the resident dog's toys to him in a few weeks, and give the new dogs some new toys of his own. In the meantime, give the dogs toys only when they are in separate areas or their crates.

When you bring the new dog home, put your current pets in a separate area of your home; then, walk the new dog around your home on a leash to show him where he will sleep and eat, where the other pets sleep and eat, etc.

Establish boundaries in your home by using baby gates and closing off rooms and areas while all the pets acclimate to the new situation. This way they can see and get used to one another. Allow the resident dog to roam the house, while confining the new dog behind a barrier at first.

Keep the resident dog's areas for sleeping and eating separate so he doesn't feel his territory is being threatened. Feed the dogs in separate areas, and pick up their food bowls after feeding time is done. Keep the dogs confined in separate areas of your home any time you are away or can't watch them.

While your dogs may enjoy each other as playmates, supervise their play to prevent them from getting over excited, which can lead to injury of one or both dogs. Interrupt their play if one dog begins to bully or growl at the other, and separate them for a few minutes. Praise them when they are playing well together.

Puppies to Adult Dogs

Not all resident dogs will welcome a new puppy into the home. Puppies are notorious for looking for attention from adult dogs (and everyone else), and so must be supervised when they are with other animals. Very young pups may not pick up on an adult dog's body language that says he's had enough playing. A well-socialized adult dog may growl to tell the pup to back off, which is appropriate behavior that helps the puppy learn boundaries.

Respect the adult dog's need for puppy-free quiet time, and be sure to spend one-on-one time with him as well.

Handle the puppy-to-dog introduction as you would between dogs. Keep both animals leashed, carefully watch their body language, allow brief sniffs, and offer praise when they behave well.

Know When to Get Help

People keep household pets because they enjoy their antics and companionship. However, if your dog doesn't get along with other pets, this only creates tension and disharmony in your home.

A qualified professional can help resolve conflicts your dog may be having with other pets, and can provide ways to help you live in a peaceful, happy household of pets and people.

Vicki and Richard Horowitz, of Woodbridge, are dog behavioral therapists and trainers with Bark Busters, the world's largest dog training company. For more information, call 1-877-500-BARK (2275) or visit [www.dog-training-new-haven-ct.com](http://www.dog-training-new-haven-ct.com).

EDITORIAL CARTOONIST TO VISIT AMITY REGIONAL HIGH SCHOOL

Bob Englehart, the award-winning editorial cartoonist, will visit Amity Regional High School on October 5, 2016, to offer a workshop to Amity's History, Journalism, and Art students. Mr. Englehart was the first full-time editorial cartoonist in the 251 year history of The Hartford Courant, and worked for that newspaper for 35 years.

Mr. Englehart maintains a web site ([Bobenglehart.com](http://Bobenglehart.com)) where he displays a collection of his cartoons, a blog, and his memoir "Trackrat: Memoir of a Fan". He still draws 3 cartoons a week for the cartoon syndicate, Caglecartoons.com.

Mr. Englehart will discuss his creative process and share insights about writing gags, drawing cartoons and caricatures, and the perils of the daily newspaper.

The event will be hosted by Amity librarians Robert Musco and Cara McConnell, and made possible by the Jamie Hulley Arts Fund. More information about the Fund's mission and work can be found at: [jamiehulleyartsfund.org](http://jamiehulleyartsfund.org).

For more information, contact Robert Musco ([robert.musco@reg5.k12.ct.us](mailto:robert.musco@reg5.k12.ct.us)) or Cara McConnell at ([cara.mcconnell@reg5.k12.ct.us](mailto:cara.mcconnell@reg5.k12.ct.us)).





**ARIES (March 21 to April 19)**  
Cosmic changes create a potential for disruptions in your travel plans. In the meantime, you might want to consider shifting your focus to another area of your life that needs attention.

**TAURUS (April 20 to May 20)** It's a good time for beauty-loving Bovines to enjoy something special for the senses. It will restore your spirit and return you to the workaday world ready for the next challenge.

**GEMINI (May 21 to June 20)** With your planetary ruler, Mercury, going retrograde, you might want to slow down the pace in pursuing some of your projects. Rushing things could be counterproductive.

**CANCER (June 21 to July 22)** Tensions begin to ease in those once-testy relationships. This helps create a more positive aspect all around. Expect to hear news that could lead you to rethink a recent decision.

**LEO (July 23 to August 22)** The pace of activity that had slowed last week now begins to pick up. This is good news for Leos and Leonas who have career-building plans that need to be put into operation.

**VIRGO (August 23 to September 22)** Venus offers encouragement to romance-seeking Virgos who are ready to get up, get out and meet more people, one of whom could be that long-sought soul mate.

**LIBRA (September 23 to October 22)** An ongoing problem with a co-worker might need to be sent to arbitration. Get all your facts together so that you have a solid base from which to make your argument.

**SCORPIO (October 23 to November 21)** You are usually decisive about most matters. But you might want to defer your decision-making this week until you get more facts. Someone is holding out on you.

**SAGITTARIUS (November 22 to December 21)** That quiet period is ending, and a new burst of activity creates some problems at the workplace. But things are soon resolved, and everything goes back to normal.

**CAPRICORN (December 22 to January 19)** Relationships could be either helpful or hurtful as you pursue your career goals. You might have to make some difficult choices depending on what your priorities are.

**AQUARIUS (January 20 to February 18)** You might still have some doubts about a career move that could involve a lot of travel. If so, continue to check things out until you feel secure about making a decision.

**PISCES (February 19 to March 20)** Love rules, as Venus continues to exercise her cosmic influence on both single and attached Pisces. New developments might cause you to change your travel plans.

**BORN THIS WEEK:** You often think of others before you consider your own needs. You enjoy helping people and would make a fine teacher or caregiver.

CAT ON A LEASH

**DEAR PAW'S CORNER:** I was at the park across the street the other day and saw my neighbor there. Get this: She was walking her cat. With a collar and leash. I didn't know that was even possible, but the cat looked pretty content. How did my neighbor do that? -- Gerry in San Diego

**DEAR GERRY:** It's something you'll probably see more of, especially in cities and anywhere that pet owners live in smaller spaces with indoor cats. Bringing one's cat outside on a leash allows it to roam around outside, supervised, for a little while each day. Naturally, most cats don't take well to a leash and collar setup. A collar, when tugged on by the leash, can be really uncomfortable for cats. So cat owners should use a harness instead, which is more comfortable and stays secure when properly put on. Getting

the cat into the harness may take a little time, but with repeated sessions and lots of rewards, many cats get comfortable enough with the harness to walk around (rather than flop down and play dead until it's removed, for example). Walking a cat is done only to get it outside, exploring the landscape. Cats don't typically go pee or poop on command, and rarely in strange places, so don't expect that to happen -- the litter box needs to stay in place. And you won't see them heeling or doing tricks on command either. That's more of a dog thing. Of course, owners still need to brush their cat's fur to make sure no fleas or ticks hitch a ride into the house, and check their paws for cuts or burrs. That's a small inconvenience in return for a happier cat.



Send your questions or comments to ask@pawscorner.com.



**top ten**

**RICE IMPORTERS**

1. China
2. Nigeria
3. Philippines
4. Iran
5. Indonesia
6. Saudi Arabia
7. European Union
8. Iraq
9. Senegal
10. Malaysia

Source: WorldAtlas.com

**HOCUS-FOCUS** BY HENRY BOLTINOFF

Find at least six differences in details between panels.

Differences: 1. Cap is missing. 2. Sweat shirt is missing. 3. Sign is missing. 4. Zipper is missing. 5. Sign is missing. 6. Sign is missing. 7. Sign is missing. 8. Sign is missing. 9. Sign is missing. 10. Sign is missing.

New! 24 HOCUS FOCUS puzzles \$3.50 • 24 Volumes • Order at: rbmamall.com

**The Garden Bug**

**The red-spotted purple**  
(*Limnitis arthemis astyanax*)

This butterfly lives from Florida over to eastern Texas, and northward into Minnesota, Wisconsin, Michigan, New York, Vermont, and New Hampshire. Adults prefer to feed on tree sap, fermenting fruit or dung, but they also take nectar from flowers and frequently feed at mud puddles. Plant hosts for red-spotted purple larvae are black cherry, deerberry, willows, aspens, poplars, cottonwood, hawthorn, birches and black oak. - Brenda Weaver

Source: entnemdept.ufl.edu



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**32 Nettleton Drive**  
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**85 Peck Hill Road**  
**\$789,900**



**95 Forest Glen Drive**  
**\$775,000**



**39 Elderslie Lane**  
**\$699,995**



**18 Tulip Tree Lane**  
**\$599,000**



**65 Old Quarry Road**  
**\$550,000**



**30 OxBow Lane**  
**\$548,900**



**23 Grove Hill Road**  
**\$534,900**



**25 Oak Hill Lane**  
**\$525,000**

**Y E A R S**  
**E X P E R I E N C E**



**132 Rimmon Road**  
**\$499,000**



**125 Ansonia Road**  
**\$419,000**



**197 Rimmon Road**  
**\$389,000**



**12 Hemlock Hollow Road**  
**\$369,999**



**14 Bear Hill Road**  
**\$369,000**



**1948 Litchfield Turnpike**  
**\$365,000**



**62 Luciani Road**  
**ON DEPOSIT**



**248 Peck Hill Road**  
**ON DEPOSIT**



**45 Forest Glen Drive**  
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**1055 Racebrook Road**  
**SOLD**



**1118 Johnson Road**  
**SOLD**

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