

Woodbridge Town News



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FRIDAY, OCTOBER 18, 2013



COMMUNITY CONSIDERS OPTIONS FOR CC OF WOODBRIDGE

By Bettina Thiel – Woodbridge Town News Correspondent

Imagine you lived in a town that had 150 acres of open space, what would you do with it? There is no shortage of ideas swirling around town, as was evident at the recent community conversation on the future of the Country Club of Woodbridge. The operation, which includes a golf course, an outdoor pool and tennis, as well as a 44,000 square-foot club house, is draining taxpayer money.

Close to 150 residents came out October 2 — the first of two such conversations — to talk about their ideas, their hopes and, in some cases, their dreams for the future of the property. “It was wonderful how many people came out,” said Mary Alvarado, a golfer who used the country club, to First Selectman Ellen Scalett at the Woodbridge Road Race, “and it is wonderful to see some good things happen in the community.”

Indeed, there were several surprises the evening of the conversation – not the least of which to see people lining up and out the door of the Center Building to be admitted into the gym. Only 80 of the 150 residents had responded to the request for an RSVP, but all were welcomed in. Everyone received a folder – like at a professional conference – with paper for notes and asking people to engage in a civil conversation.

The color-coded folders helped group people into smaller groups for the actual conversation. “People have been so delighted that they had the opportunity to express their views,” said First Selectman Scalett after the meeting. She said many have come up to her since, expressing their support. A week before the second conversation, 50 had already signed up for it.

See “Golf Course” continued on Page 5



Anthony Genovese, Director of Administration and Finance for the Town Of Woodbridge and Matthew Giglietti, Chairman of the Board of Finance are pictured at Town Hall with the Town's recently awarded “Excellence in Financial Reporting” plaque.

TOWN RECEIVES “EXCELLENCE IN FINANCIAL REPORTING” AWARD

First Selectman Ellen Scalett announced the receipt of an award from the Government Finance Officers Association of the United States and Canada (GFOA). The achievement marks the eleventh year that the finance operation of the Town of Woodbridge, lead by Anthony Genovese as Director of Administration and Finance, has received the “Excellence in Financial Reporting” recognition. According to the GFOA, this award is the highest form of recognition a Town can receive in the area of governmental accounting and financial reporting, and its attainment represents a significant accomplishment by a government and its management.

At an informal gathering at Town Hall as the award was presented, First Selectman Scalett thanked Mr. Genovese for his work, saying, “This is yet another example


See “Award” continued on Page 2

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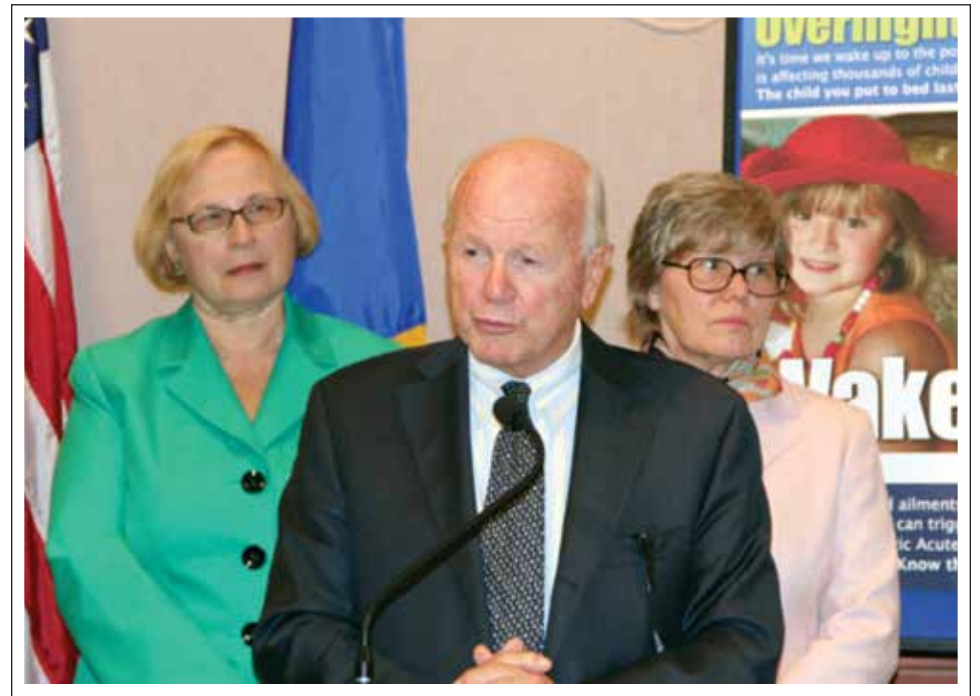
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State Senator Joseph J. Crisco, Jr. (D-Woodbridge), co-chair of the legislature's Insurance Committee, helped launch the first meeting of the state's PANDAS Advisory Council Friday, October 11, 2013. The task force was created by law earlier this year to synthesize information about research, diagnosis, and treatment and as an outreach and education program for health care providers for Pediatric Autoimmune Neuropsychiatric Disorder Associated with Streptococcus (PANDAS). "An abundance of clinical evidence has combined with heart-wrenching personal accounts from so many family members of PANDAS patients, describing the effects of this devastating disorder, to warrant an accelerated policy response from the General Assembly," Sen. Crisco said. "Last year we enacted law compelling a formal study of this autoimmune malfunction; this year we created the PANDAS Advisory Council, and early next year the Public Health Committee will receive its first annual report to enhance our state's effort to help the afflicted."

"Award" continued from Page 1

of the continuing excellence achieved by our hard-working staff that benefits all Woodbridge residents." She also noted that in addition to this recognition, "Moody's Investors Service has also affirmed our Aaa rating and stable outlook, which reflects the Town's financial position with healthy reserve levels and manageable long-term general obligation debt." The Moody's rating, which was received August 29, 2013, is also based on the Town's historical trend of structurally balanced operations.

In acknowledging the receipt of the GFOA award, Mr. Genovese said, "I am grateful for this recognition and would like to also thank the Finance Department staff here at Town Hall. Without their diligence, accuracy, and hard work this achievement would not be obtained."

Matthew Giglietti, Chairman of the Woodbridge Board of Finance, also thanked Mr. Genovese for his dedication to Woodbridge, saying, "The Town is fortunate to have Tony directing the financial health of Woodbridge. In addition to the confidence he inspires among Town officials for the quality of his work, he is also highly respected and regarded by his peers." Mr. Genovese was recently elected President of the Connecticut Chapter of the GFOA, a position in which he will serve for the 2013-14 fiscal year.

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WOODBIDGE POLICE OFFICERS HAVE NEW UNIFORMS

Woodbridge Police have made a change to their traditional uniforms and would like the public to know so there is no confusion. Due to availability, cost, safety, comfort, mobility, reliability and a number of other reasons, we changed the overall appearance of our uniforms. All black uniforms are what you will see uniformed police officers in Woodbridge wearing on a daily basis. The only exception will be our traditional gray shirt and dark gray pants, which will only be worn on special occasions as a "Class A" uniform. Many area departments have made similar changes for many of the same reasons. Everything on the uniform is sewn on, making it safer, easier to maintain and more uniform.

Along with the new SUVs purchased several months ago, the Woodbridge Police Department continues to strive toward making Woodbridge a safer community to live in.

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A BRIEF HISTORY OF BALDWIN FARM

For almost 350 years Baldwin Farm, located at the intersections of Greenway and Baldwin Roads in Woodbridge has been a source of unique beauty that has enriched our community's quality of life. Familiar to many of us, whether as a scenic vista around the bend at the end of Greenway Road or as a reminder of our rural past as we travel along Baldwin Road, Baldwin Farm is truly a magnificent and welcoming portal into Woodbridge. Commonly referred to as "the Hayfield", this special tract of land straddles the Woodbridge/Derby town lines, with approximately 12 of its 85 acres located in Woodbridge.

Stewards of the Land – Then and Now

The hayfield is part of a larger tract of land that the Baldwin family purchased in 1660 from the Paugussett Indians. The original parcel contained approximately 640 acres. The original family homestead, located at 908 Baldwin Road was destroyed by fire; however, the family subsequently constructed a new home at 901 Baldwin Road, located at the intersections of Greenway and Baldwin Roads. Later generations of the family also lived at 908 and 920 Baldwin Road. At one time, the Baldwin family was the largest landowner in Woodbridge.

In 1947, the Hitchcock family purchased the property and built a home at 912 Baldwin Road. The family owns the property to this day and although they stopped farming it in 1980, the Lockyer family raised heifers and maintained the land until 1987. The Hine family of Field View farm now harvests hay and maintains the property.

Current Conditions

Over the past decade, the Farm has come under specific and increasing scrutiny from developers. The Hitchcock family is actively marketing the property for sale. The City of Derby has zoned the land for commercial and industrial use and has invested significant resources to attract developers. The Woodbridge Land Trust and like-minded land conservation organizations are interested in preserving the land for future generations and is working on ways to achieve this goal.

If you would like more information on ways that you can help in our preservation efforts, please contact us at woodbridgelandtrust@gmail.com

The Woodbridge Land Trust, Inc. is a 501(c)(3) charitable corporation. Contributions are tax deductible and may be sent to: The Woodbridge Land Trust, Inc., P.O. Box 3699, Woodbridge, CT 06525.

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WOODBRIDGE \$874,000 6,000sf, 16 rm, 4BR, 5 ba estate sits on 5.6 acres w/cust car housing on lower lot. New kit w/cherry/granite plus outdoor kit, 2nd flr game rm. Walk out in-law. Tom Cavaliere 795-2700.com MLS#N336567



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"Golf Course" continued from Page 1

Two years ago, when the town leaders suggested to sell a 17-acre piece of the property to Toll Brothers for a 55+ active development, people felt they were not included in the decision-making. "They wanted to be included early on," Scalett said. Eventually, the proposal was defeated at referendum. Having this kind of open exchange could be "a model going forward," the first selectman said.

Ideas expressed in the smaller groups seemed to be remarkably similar, even if weighted differently.

- Most wanted to keep the property as open space, at least the bigger part of it.
- Many said they would welcome senior housing – or mixed-age housing.
- Some suggested a public/private partnership in running a commercial activity.
- Some suggested to renovate the club house to make it usable year-round.
- Some suggested to turn the golf club or parts of it into a park.
- Some suggested to sell it to a golf club operator.
- Some suggested developing a portion of the property on the opposite side of Woodfield Road.

As for open space, the Make-A-Wish Foundation should have been present: a park for residents to enjoy, a dog park, a bike path; make it a 9-hole course rather than the current 18; for the club house: a skating rink; a home for the Recreation Department; a coffee shop; a restaurant; a banquet hall.

"Woodbridge needs a center," said Harriet Cooper, a Realtor and resident, adding how wonderful it would be for future generations to have that. "I mean, I'm just dreaming here," she added. "Dream on," encouraged Debbie Friedman, the facilitator of the group. "That's what this is all about."

The excitement may have been contagious, but Scalett did not lose sight of the problem at hand. "My goal is to come up with a plan that must be financially beneficial to the town," she said, adding that it must incorporate and reflect "the interests and values of town residents."

Financially, there are three obstacles to consider:

- The debt service for the purchase (which could be relieved by the sale of all or some of the property).
- The lack of tax revenue.
- The fact that the operation is losing money.

"We cannot continue on a path where the town is losing money and subsidizes the operation," Scalett said. "My sense is that people are generally open to some development," she said, adding that whatever the eventual plan might be, "it will depend on the economic parameters and business realities."

Scalett appointed an ad hoc committee to listen to people's ideas and report back to the Board of Selectmen by November 7. Serving on the committee are Carolyn Wolff, chair; Dr. Gary Desir, Andy Esposito, Tom Kenefick and Deborah Fried. The process is not a straight, narrow path, she said, but the interest expressed during the community conversation has given her hope. "The town has shown willingness to participate," she said. "We will have to sift through the ideas. I am confident we'll come to a good solution."

The town purchased the Woodbridge Country Club in spring of 2009 to prevent unchecked development on the 150 acres. The first attempt at leasing the property did not end well, with the lessee not being able to make his payments. The matter is in court.

In the fall of 2011, the town leaders proposed a deal with Toll Brothers to develop 17 acres close to Ansonia Road for an Active Adult development. It was voted down at referendum.

Since February, 2012, Billy Casper took over management of the club, with the town keeping the financial authority. A deficit of some \$650,000 has accrued since then, in addition to the debt payment the town makes on the \$6 million purchase. Deke Hotchkiss, the chairman of the Country Club of Woodbridge Committee, which oversees the operation of the club, said the facility had seen several years of neglect before Billy Casper took over.

However, in spite of the capital improvements necessary, they had to keep prices low to survive in a very competitive environment. The problem is not the number of rounds played, but "we're hungry for revenue," he said. Even so, he expressed some hope for the property. "I really believe that the property offers an opportunity to materially enhance the social fabric of the town," he said.

The Village of Rye, N.Y., he said, faced a similar purchase of a country club in 1965. Even though they limited membership to residents and only members are allowed to play, 22% of households carry membership. They are 100% self-sustaining, he said. In Woodbridge, 22% would equal 700 households. "We're not even at 150," he said.

Selling the property is not a solution, either. "You make the problem go away," he said. "But no one will make money off it."

For Mary Alvarado, the golfer, and her family, the CCW was a second home during the summer. They enjoyed the pool, her son John participated in the Junior Golf clinic and both she and her husband used the golf course. When the Woodbridge Aquatic Club had its end-of-the-year party, they held it at the Country Club. "We had a marvelous experience," Alvarado said. "I want to see that the property remains in use."

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Phone: 203-553-9062 | Fax: 203-298-9818

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Correspondents: Laura Fantarella; Melissa Nicefaro; Bettina Theil
Restaurant Profiles: Susan Noonan
Contributing Writers: Muffy German; Leslie Marsh; Roberta Nestor; Ray Spaziani
Administrative Assistant: Katie Carbone

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Contact us:

- Rocky Salperto: Rocky@woodbridgetownnews.com
Marlene Silverstein: Marlene@woodbridgetownnews.com
Susan Noonan: Susan@woodbridgetownnews.com
Laura Fantarella: Laura@woodbridgetownnews.com
Melissa Nicefaro: Melissa@woodbridgetownnews.com
Bettina Theil: Bettina@woodbridgetownnews.com
Katie Carbone: Katie@woodbridgetownnews.com

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Below are the next three Woodbridge Town News issue dates and deadlines.
Thank you for your submissions to Your Home Town Newspaper.

Table with 2 columns: Upcoming Issue Deadline, Upcoming Issue Dates. Rows include October 25th (Special Election Issue), November 15th (Thanksgiving Issue), and December 6th (Holiday Issue).

Note: Copy due by 4:00p.m. Thank you.

FROM OUR READERS

To the Editor

It was delightful to spend time with Laura Fantarella and share my collection with her for her column "Living Outside the Box". I do need to make a correction, however. The Sculpture in the Garden show held on my property each June, is not an opportunity to share my private collection with the public.

This year several world class metal sculptors were also shown. All of these one of a kind creations are offered for sale, but the inside gallery is under lock and key during this popular show.

Thank you for showcasing my business and bringing attention to these most deserving artists. Anyone interested in learning more, or seeing some of this art can join me on FaceBook at Beverly Kaye Gallery.

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Please limit letters to 500 words and include a daytime phone number in case we have any questions. Letters must be exclusive to the Woodbridge Town News for publication. We reserve the right to reject any letter.

Advertisement for QVHD (Quinnipiac Valley Health District) featuring icons for Violence, Health Care, Healthy Foods, and Drugs & Alcohol. Text includes: Residents of Bethany, Hamden, North Haven & Woodbridge BE HEARD! Your voice is important on the issues that affect us! QVHD, your local public health department, is hosting a series of community health focus group meetings and you are invited to participate. Time: 6:00 pm - 7:30 pm. Contact: (203) 248-4528 for details or to register to participate. Location and Dates: North Haven: Tuesday - November 5, 2013 - QVHD Office—1151 Hartford Turnpike, North Haven; Bethany: Wednesday - November 6, 2013 - (Call for location and directions); Hamden: Wednesday - November 20, 2013 - Social Hall - Miller Library Senior Center, Hamden; Woodbridge: Wednesday - November 13, 2013 (Call for location and directions).

RESIDENT IS HONORARY CHAIR OF DIABETES RESEARCH WALK

Hundreds of local residents joined members of the Quinnipiac University community on the North Haven Campus on October 6 for the Juvenile Diabetes Research Foundation's annual walk. "It's a very worthy cause," said Jean Lange, of Woodbridge, founding dean of the Quinnipiac University School of Nursing, who was the honorary chair of the event. "Diabetes has become such a prevalent disease in the United States. The Juvenile Diabetes Research Foundation, in addition to actively raising significant funds to do ground-breaking research to find a cure, also does a lot to raise awareness."

Several Quinnipiac student groups participated, including the QU Student Nurses Association, School of Education, Future Teachers Organization, Delta Tau Delta, Alpha Delta Pi, Kappa Alpha Theta, the acrobatics and tumbling team and the Ballroom Society. In addition, the QNSA provided health information, including coloring books for children, at the event. "The walk is a nice way for our nursing students to support a cause that very much connects to the work they are going to be doing," Lange said.

More than 15,000 children and 15,000 adults in the United States are diagnosed with Type 1 diabetes, an autoimmune disease, each year, according to the JDRF website. The foundation holds more than 200 walks every year and has raised \$1 billion.



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SCALETAR APPOINTS VETERANS' OMBUDSMAN

First Selectman Ellen Scalettar announced that she has appointed Director of Human Services, Mary Ellen LaRocca, to serve as the Woodbridge Veterans' Service Contact Person. This position is required by a new state law passed this year. "This is essentially an ombudsman role," Scalettar noted, "and formalizes services that the Woodbridge Department of Human Services has been providing."

Dr. Barry Josephs, U.S. Army Captain, Veteran of the Vietnam War, and Past Vice Commander of Lt. G. Bronson Bedworth VFW Post No. 2871, was present at the announcement. "It will be very helpful to veterans and their families to know that there is 'one stop shopping' with respect to services and information that may be useful to them."

Veterans and their families with questions about Town and State services can contact Ms. LaRocca at 203-389-3429.

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Thank you for your unbelievably prompt service last evening!

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SPECIAL TO THE WOODBRIDGE TOWN NEWS

The Flats

The Mother Church

Compiled by Simon Donato

PART V

Soon after the turn of the twentieth century, the Italian community of The Flats attended Mass in various churches in New Haven, including St. Anthony's on Washington Avenue, St. Michael's on Wooster Square, and St. Ann's in Hamden. By 1920, most families found St. Ann's to be the choice church. I can imagine a caravan of four or five family vehicles traveling from The Flats to Highwood in Hamden to attend Mass at St. Ann's. It would have been a pleasant Sunday morning drive down Valley Street and over to Fitch Street and on to Arch Street in Hamden. (Early Mass transit?)

In 1923, a delegation was sent to the Archdiocese of Hartford to request permission to build a mission church in Woodbridge, to be administered by the pastor of St. Ann's Church. This was granted and work began on the new church early in 1924. The land for the new church was generously donated by Pasquale and Annina Perrotti and was deeded to the church in June of 1924. The parishioners donated money or their particular trade or talent to the construction of the church, and all the cement was donated by the Bertolini brothers.

In November 1924, the church was dedicated, and Masses were said in the basement while the unfinished upper level was used for storage and as the church hall. At that time, the stairs at the front entry led down to the basement and access to the upper level was gained from both sides of the building. Also, the bell was located at the rear of the church and was rung on Sundays and holy days. On March 30, 1952, the parishioners, led by Father Raymond O'Callaghan, rededicated the church in celebration of the completion of the upper level as the new church proper. The bell was relocated to the front of the church and a belfry was added. Again, many parishioners pitched in to help transform the upper level to what it is



Feast Procession—corner of Bradley Rd. and Litchfield Turnpike—circa 1953

today, and it's still as enchanting as it was then.

Finally, on October 17, 1957, the archbishop authorized the establishment of the Assumption Parish, and we became independent from St. Ann's. Soon, a rectory was needed, and my grandmother, Maria Potenziani, agreed to sell her home to the church as it was located across the street from the church, and it would be convenient for the new priest and for church business.

The Feasts

Up until 1963, two feasts were simultaneously celebrated every August around the fifteenth of the month in The Flats. The Church of the Assumption feast was located on the grass parking area next to the church and a blue draped statue of the Virgin Mary was placed by the front entry of the church. Brown canvas tents lined both sides of the lot offering games of chance for prizes, fried pizza dough, barbecued chicken, sausage and peppers, corn, etc.

A short quarter mile down Litchfield Turnpike, a second feast sponsored by the Santa Maria Assunta Society, under the direction of the Pasquale Perrotti family, was celebrated. Both feasts ran for four nights (sometimes five) and ended with a spectacular fireworks display on the final night paid for by the Perrotti family. It was not uncommon for two pyrotechnic companies to be employed with a cash prize going to the best display.

This feast was much larger than the one at the Mother Church, and it occupied both sides of the West River with Merritt Avenue as the access. Besides all the food and rides, there were other attractions. There was a large bandstand which was set up across the

West River with Italian music playing and sometimes a short fat lady singing requests.

Another event was the climbing of the grease pole. This was a one-night attraction open to anyone, and the object was to retrieve three hundred dollars in a tin box which was nailed to the top of a thirty-five foot cedar pole which was covered with grease from top to bottom. One year TV western star Clint Walker was in attendance and he gave it an unsuccessful try. Many local teens gave it a try sometimes working in tandem to reach the tin box. Only once do I remember them getting the prize.

My grandparents, Sante and Maria Potenziani, lived across the street from the Mother Church since before it was built. This was convenient, especially for me. During feast week, my grandmother's house was my second home, as well as a station for mixing pizza dough for the feast, a public bathroom, and a phone for anyone's use. She had a small area by her garden where people could park their cars for fifty cents. My job was to collect the money until all twelve or so spaces were filled, then split the proceeds with her, and spend the rest of the evening at both feasts until my half of the money had been exchanged for food, games and rides. To me, it was like having the circus come to town once a year and setting up in my front yard.

The first time the feast was celebrated in The Flats was around 1917, six years before the Mother Church was built. It was held on a vacant lot by the corner of Litchfield Turnpike and Bradley Road on the north side. It was organized by local farmers including Dominick Amato and his son Dominic, Pasquale Perrotti and his brother Frank, and Luigi DeGennaro. After the Mother Church was built in 1923, the celebration was relocated to the parking area adjacent to the church.



WOODBIDGE EDUCATION ROUNDUP



Second grade students at Beecher Road School use iPads to convey their thinking.

iPAD A POWERFUL LEARNING TOOL IN ELEMENTARY CLASSROOMS

Beecher Road School Teachers to Present at State Computer Conference

Starting in 2011, Beecher Road School began a pilot program to explore how iPads could be used by elementary students in the classroom. This collaborative effort among classroom teachers, specialists, and the Library Tech Team has created a classroom environment where students use the iPad to make independent decisions regarding their own learning.

On October 21, six teachers from Beecher Road School will share the way they have been using iPads in classrooms in two presentations at the 2013 CECA (Connecticut Educators Computer Association) conference in Uncasville. It is the largest educational technology conference in Connecticut, attracting educators from school districts and private schools around Connecticut and neighboring states.

Two classrooms, a sixth grade and a second grade, participated in the iPad program. The teachers soon learned that using the iPad as an instructional tool is not about the apps used. Instead, it is about how teachers use the iPad as an instructional tool and how students use it to learn and express themselves. A powerful learning tool, the iPad provides students an array of choices and support that can help them individualize their own learning while promoting independent decision-making. The iPad is a versatile tool when students use it to convey their thinking rather than strictly as a means to practice isolated skills with single-focused apps.

The first of the CECA presentations, iPads Across Elementary Grades (Part 1): Beyond the Apps, will address specific strategies to effectively use iPads as a learning tool in the classroom. The second presentation, iPads Across Elementary Grades (Part 2): Behind the Scenes, will cover the development of the pilot from conception through daily support for an ongoing program, and end with plans for the future. This will include two important aspects of the program: the value of teacher initiative for creative and engaging iPad uses; privacy policies particular to elementary students.

Members of an integrated team of teachers have worked with School Superintendent Guy Stella and the rest of the administrative staff to lead the three-year pilot, iPads Across the Elementary Grades, at Beecher Road School. Presenting at the CECA conference are: Stephanie Eleck and Michelle Shepard, classroom teachers, Lori Patrick, Library Media Specialist, James Crawford and Larry Hurwitz, Technology Teachers, and Rick Wood Technology Coordinator.

Woodbridge Town News

THE WOODBIDGE TOWN NEWS ONLINE

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STUDENT INDUCTED TO MU ALPHA THETA MATH HONOR SOCIETY

Lucy Andersen of Woodbridge was inducted as a new member from the Class of 2014 amongst thirty-six new members recently inducted to the Sacred Heart Academy Mu Alpha Theta National Mathematics Honor Society. Members are academically qualified juniors and seniors who maintain strict grade point average requirements and excel in high level math courses. Current juniors are encouraged to enter a math research project in the Sacred Heart Academy Science Fair in February, and some will go on to the Connecticut Science Fair in March. All members participate in Math League, a group that competes in the American Mathematics Contest (AMC) and the New England Math League, and are active in the Study Buddy math tutoring program. The induction was held in a joint ceremony with the Science National Honors Society on September 26.





Attention Teachers!

We want to know what's going on in your classroom!

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"AN OUNCE OF PREVENTION"

Learn About Head Injuries

Every parent has probably had one (or more) of their children bang their head, especially as they take their first steps. First steps are followed by sports programs, the recreational activities and the sibling "wrestling" matches that can often lead to a good bump or bang. Senior citizens often fall and may take a bang to the noggin. The problem for parents, relatives and caregivers is how to know how serious the injury is and what to do (besides applying ice pack).

Some head injuries are very severe and are called Traumatic Brain Injury (TBI). TBI causes 1.7 million deaths, hospitalizations or emergency room visits every year. Causes include falls, auto accidents, sports injuries, shaken baby syndrome and assaults. The effects of a brain injury are different from person to person and are defined by the location, type and severity of the injury. TBI is different from brain injuries that result from a congenital (born with) problem or other health problem that causes degeneration of the brain. TBI is the result of a severe blow to the head (or a shaking back and forth) that causes the brain to move within the skull which causes damage to the nerves and/or brain tissue. Some TBIs are temporary with mild impairment, while others may be permanent with severe impairment. Recovery can be a very long process. They can have both physical and psychosocial components. Generally, hospitalization and/or rehab is required.

Signs and symptoms of a traumatic brain injury include but are not limited to: Spinal fluid (thin watery liquid) coming out of the ears or nose; Loss of consciousness; Dilated or unequal size pupils; Vision changes; Dizziness, balance problems; Not breathing; Not alert, unable to respond to others; Paralysis; Slow pulse; Slow breathing; Vomiting; Lethargy; Headache; Confusion; Ringing in the ears; Difficulty with thinking skills; Inappropriate emotional responses; Difficulty with speech; Body numbness or tingling; and/or loss of bowel control or bladder control.

A concussion is a mild traumatic brain injury (MTBI) caused by a bump, blow or jolt to the head. There are millions of sports and recreation-related MTBIs every year, although a concussion can occur outside of the sports/recreational arena. They can occur from a fall or a blow to the body that causes the head and brain to move quickly back and forth. Most of these are not treated in a hospital or emergency room and most people recover without lasting problems. Symptoms from a concussion last a short period of time for the majority of people who sustain them. You do not have to lose consciousness to have a concussion. Learn the signs and know what to do if a concussion occurs. The ABC's of concussions: Assess the situation, Be alert for signs and symptoms, and Contact a healthcare professional.

Signs and symptoms of a concussion include but are not limited to: Difficulty thinking clearly, concentrating or remembering; Difficulty following conversations or directions; Answers questions more slowly or repeatedly; Headache; Fuzzy or blurry vision; Clumsiness or balance problems; Sensitivity to light or noise; Irritability; Nervous or anxious; sleep problems; Feeling slowed down; Appearing dazed or stunned; Nausea or vomiting; Tiredness; Dizziness; Numbness or tingling; and/or drowsiness.

Treatment for a simple concussion (one without complications) is generally a few days of physical and mental rest. Once the symptoms are completely gone, there can be a gradual return to normal functioning. For a more complex concussion, this timeframe is longer. A health care provider will recommend the best treatment plan for the injury. A child may be required to stay out of gym class or other sport activities for an extended time period. Certain procedures which may require anesthesia may be postponed. You need to remember that although you can't see the injury to the brain, a concussion is an injury and the brain needs time to heal.

The best "treatment" is to prevent head injuries. This can happen through the use of seatbelts, head gear (helmets) and other safety equipment and following the safety rules for each sport or recreational activity and playing on safe surfaces. For seniors, using walkers or canes, removing obstacles that cause falls (like clutter or small rugs) and wearing shoes with gripping soles can help prevent falls and head injuries.

Sources for the information in this column are: <http://www.biausa.org> "Causes of Brain Injury" and <http://www.CDC.gov> "Heads Up: Preventing Concussion". For written information on this topic, Quinnipiack Valley Health District residents (Bethany, Hamden, North Haven and Woodbridge) can call QVHD, 203 248-4528 or request on line, www.qvhd.org.



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- Texas Chili
- Sweet Potatoes
- Blackeyed Peas
- Banana Pudding
- Pecan Pie & More

TOWN DEPARTMENTS & AGENCIES

FREE FLU SHOTS FOR QUALIFYING ADULTS

Quinnipiack Valley Health District is working to bring free flu shots to qualifying adults over age 18. They are available for adults who have NO health insurance* AND do not have the funds to pay for a flu shot. The shots will be administered at two locations: November 7, 2:30 to 4:00 p.m. at the ML Keefe Center, 11 Pine St., Hamden and November 8, 3:30-5:00 p.m. at Quinnipiack Valley Health District, (QVHD), 1151 Hartford Turnpike, North Haven. You must call by October 30th to register for the shot as there are a limited number available. No walk-ins will be accepted. To get your vaccine at the ML Keefe Center, call Sarah, 203-562-5129, ext. 110. For QVHD, call 203 248-4528. Recipients of the free vaccine must complete a form stating that they do not have health insurance and they do not have the funds to pay for a flu shot.

*Persons who have Medicare, Medicaid or any other form of insurance are not eligible to participate in this opportunity.



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TOWN OF WOODBRIDGE MEETINGS FOR THE MONTH OF NOVEMBER 2013

(Subject to Change, Check with Town Clerk's Office, 203-389-3422)



Town Hall

11/1	Human Services Commission	7:00pm	The Center
	Town Plan & Zoning Commission	7:30pm	Town Hall
11/5	CUPOP	7:00pm	Town Hall
11/6	Police Commission	6:00pm	Police Dept.
11/12	Zoning Board of Appeals	9:00am	Town Hall
	Library Commission	6:00pm	Library
11/13	Board of Selectmen	6:00pm	Town Hall
11/14	Economic Development Comm	7:00pm	Town Hall
11/18	Fire Commission	6:00pm	Fire Station
	EMS Commission	7:00pm	Town Hall
11/20	Inland/Wetlands Agency	7:30pm	Town Hall
11/21	Board of Finance	6:00pm	Town Hall
	Conservation Commission	7:00pm	Town Hall
11/26	Board of Selectmen	6:00pm	Town Hall
	Government Access TV Commission	7:15pm	Town Hall

TRANSFER STATION IS COLLECTION SITE FOR PAINT RECYCLING

The Town of Woodbridge is pleased to announce the Woodbridge Transfer Station is now a collection site for paint recycling. Beginning July 1, 2013 the State of Connecticut passed the industry-supported paint stewardship law. Manufacturers selling paint into Connecticut must operate a program to manage leftover paint by reducing the generation of postconsumer paint through "buying right" education, promoting using up/donating unused paint, or provide a system for collection and recycling of paint that includes convenient paint drop-off sites and environmentally responsible paint management.

Paint Care was created by the American Coatings Association and is a non-profit "stewardship" organization that sets up the paint recycling programs for manufacturers. Paint Care is governed by a Board of Directors and architectural paint manufacturers. The Connecticut Department of Energy and Environmental Protections (CTDEEP) reviews and approves Paint Care's program plan and annual reports.

There is no cost associated to the residents for the recycling of paint. The following is a list of acceptable "Program Products" in 5-gallon containers or less:

- Interior and exterior architectural paints: latex, acrylic, water-based, alkyd, oil-based, enamel (including textures coatings);
- Deck coatings, floor paints (including elastomeric);
- Primers, sealers, under-coaters;
- Stains;
- Shellacs, lacquers, varnishes, urethanes (single component);
- Waterproofing;
- Concrete / masonry / wood sealers and repellents (not tar or bitumen-based);
- Metal coatings, rust preventatives; and
- Field and lawn paints.

This program is for Woodbridge residents only and is slated to begin the later part of October. Sherwin-Williams Paint Stores as well as some True Value and Ace Hardware stores are also participating in this program. If you have any questions regarding the new paint recycling program, please contact the Public Works Office at 203-389-3420 or ask any of the attendants at the Transfer Station.

DEPARTMENT OF PUBLIC WORKS BULK PICK-UP

The Department of Public Works is still collecting for Bulk Pick-up through the end of November. Appointments can be scheduled through the Public Works Office by calling 203-389-3420. Reservations are a must. We ask that residents use this service one time per year to allow for everyone to take advantage of this program. Residents will need to provide a list of items they are placing out for pick-up.

Scheduled pick-ups are for Tuesdays only between the hours of 7:30am - 3:30pm. Items should be for large household items that are unable to fit in the trunk of a car such as: large furniture items, washing machines/dryers, gas grills, lawn mowers, carpeting, bed frames and the like. Bulk Pick-Up is a service to Woodbridge residents during the months of March, April, May, October and November and collection is only done on Tuesdays. If you have any questions, please call the Public Works Office at 203-389-3420.

DECEMBER HOLIDAY BASKET & ADOPT-A-FAMILY PROGRAM

The Woodbridge Human Services Department needs sponsors to participate in the Adopt-A-Family Program. This program provides holiday food baskets for the December holidays to Woodbridge families in need. Mary Ellen LaRocca, Director of Human Services, stated, "Due to the economy, we are getting more referrals for families and seniors who need holiday baskets".

Distribution of holiday baskets will take place on Wednesday, December 18th. Anyone interested in sponsoring a family should contact Woodbridge Human Services at 203-389-3429. Monetary donations can also be made payable to Woodbridge Human Services, 11 Meetinghouse Lane, Woodbridge, CT 06525.

Visit our website at www.WoodbridgeTownNews.com

AT THE SENIOR CENTER

By Lee Canning

For information or reservations on the following events call the Senior Center at 203-389-3430.

The Senior Center offers exercise (combination of cardio, strength training, flexibility, & aerobic) on Tuesday & Thursday at 10:00 am in the gym. All are reminded to bring their own weights.

Zumba Gold

The Senior Center offers Zumba Gold classes on Friday at 9 am in the cafeteria. Call 203-389-3430 to register. \$30 for six weeks.

Lunch Program

Lunch is served on Tuesdays and Fridays at 12:15 pm. Call in reservations at least one day in advance.

Shopping

Shopping at Amity Shopping Center-- if you need a ride to pick up groceries, do banking, go to the drug store, etc.; please call the office at 203-389-3430 to make a reservation. The cost is \$4.00

Craft Group

The Senior Center Craft Group meets every Thursday from 10 am to 3 pm. Knitting, Crocheting, Sewing, and Socializing are some of the activities of the group.

Movies

Free Friday afternoon movies at the WSC (\$3 lunch and free popcorn will be served) Movies are shown at the Senior Center on Friday afternoons at 1 pm. Join us at 12:15 for a nutritious \$3 lunch, followed by a movie with free popcorn (or just attend the movie at 1 pm).

Mah-Jongg

The Mah-jongg group meets every Monday and Friday in Room 15 from 10 am to 12 noon. Novices are welcome – they will teach you.

COMPUTER CLASSES FOR OCTOBER

11:00 am to 1:00 pm \$5.00 per Class

Word Processing & Surfing the Web: Oct 23 & 30

iPad* (9:30 to 11:30 am) Oct 23, & 30

*(Must already have an iPad)

DRIVER SAFETY COURSE

AARP will offer the four hour Driver Safety Course at the Woodbridge Senior Center, Monday, Nov. 4, 2013. AARP developed the classroom refresher course to help drivers fifty and older improve their skills and prevent traffic accidents. The course is offered from 9:00 a.m. to 1:00 p.m. A \$12.00 fee (for AARP members),

WOODBIDGE SENIOR CENTER PLANS COOKING EVENT

The Woodbridge Senior Center is sponsoring a Cooking Demonstration with Executive Chef John Bencivengo, Jr. of Chowder Pot in Branford. The Cooking Demo will be held on Wednesday, November 13th, 2013 in the Senior Center Cafeteria at Noon. Join us for the cooking demonstration and enjoy the delicious food prepared by Chef Bencivengo. The menu will be Stuffed Tomato with Tuna Salad, Chicken Marsala, Mini Beef Skewers, Mini Stuffed Clams, Loaded Baked Potato Soup and Homemade Bread Pudding.

Reservations are required. Please call the Senior Center at 203-389-3430 by November 8th, 2013. A \$5.00 per person charge will be collected on the day of the event.

The Senior Center is located at 4 Meetinghouse Lane. Everyone is welcome to come and enjoy this entertaining and fun afternoon.

SENIOR CENTER PLANS ANNUAL HOLIDAY FAIR FUNDRAISER

The Woodbridge Senior Center is planning its Annual Holiday Fair, as a fundraiser, with proceeds to benefit the Senior Center. The Holiday Fair will be held on Saturday, November 2nd, in the Senior Center Cafeteria from 10:00 a.m. to 3:00 p.m. There will be a variety of booths consisting of baked goods, books, crafts, tag sale items, Chinese auction, and many other attractions. The Senior Center is located at 4 Meetinghouse Lane. Everyone is welcome to come, enjoy, and support this fundraiser.

\$14.00 for non-members, is payable to AARP.

TRIPS

Trips must be paid for at registration. Checks are payable to Getaway Tours.

November 20, 2013 — Wednesday— Radio City Christmas Spectacular, \$155— includes transportation, lunch at Carmine's, a Radio City Christmas Spectacular and driver's gratuity. First two rows are reserved for persons with special disabilities only!

December 4, 2013 — Wednesday — Christmas to remember with Bright Lights, \$89 includes transportation, lunch and show at Log Cabin and driver's gratuity.

December 17, 2013 — Tuesday — Holiday Train show, \$95 includes transportation, lunch at Ann and Tony's, Holiday Train show at NYBG and driver's gratuity.

TRIP CANCELLATIONS FOR DAY TRIPS — Unfortunately NO REFUNDS can be issued for any cancellations made less than 30 days before a scheduled trip or event.

Please Note: All trips must be booked far enough in advance to assure that trips will not be cancelled. The first two rows are reserved for persons with special disabilities only!

FUNDRAISER for the SENIOR CENTER

Need to renew your BJ's membership? Wait until Nov. 1st to Nov. 7th! Pick up application at senior center. Call 203-389-3430. For every new and renewed membership, the senior center will receive \$5.00. You will get a 13 month membership.

BOOK CLUB

The book club meets on the fourth Tuesday of every month at 11:15 in room 15.. Copies of the books will be available at the Senior Center. Please call Mary D'Ostilio at 203-389-3429 with any questions.

LUNCH BUNCH

Share lunch and friendly conversation at a local restaurant on the last Monday of every month at 12:00 noon. Everyone is welcome, and it is "Dutch treat". Van transportation can be arranged for a \$3 fee. Please call Lee at 203-389-3430 to make a reservation for the lunch and/or transportation. The next lunch is at Bellini's in North Haven CT on Oct. 28th.

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LOCAL BUSINESS ROUNDUP

WERTH HONORED BY FORT HAYS STATE UNIV. ALUMNI ASSOCIATION

Peter J. Werth, Woodbridge, founder, CEO and president of ChemWerth Inc., was honored on October 4th with the Alumni Achievement Award from the Fort Hays State University Alumni Association. The Alumni Achievement Award, the association's highest honor, was established in 1959 to recognize graduates who have made outstanding and unselfish contributions in service to their community, state or nation as citizens, in chosen career fields or through philanthropic work.

Werth graduated from FHSU in 1959 with a B.S. in chemistry and earned an M.S. in organic chemistry from Stanford University. He founded ChemWerth in 1982 to develop active pharmaceutical ingredients (APIs) to produce generic drugs. He is also on the boards of directors for Scidose, a specialty pharma development company; Innopharma, a pharma R&D company; VM Pharma, a pharma R&D company targeting chronic pain; UConn Ventures, formed to capitalize on the discoveries and inventions by the staff; VM therapeutics, a pharma R&D company targeting neuropathic pain; Altos Therapeutics, a pharma R&D company targeting gastroparesis.

Werth is involved in several startup companies as an Angel investor. Two of these companies (Putney and Piedmont) are developing generic drugs for companion animals. Alopexx Vaccines licensed technology from Harvard to develop a vaccine to kill multiple types of bacteria.

Werth began his career with Hewlett-Packard in 1961. In 1964, he worked as a staff scientist at Spindletop Research before taking a job as head chemist for Upjohn Pharmaceuticals (now Pfizer). In 1965, he became manager of Upjohn's R&D department. From 1975 to 1983, he was vice president of sales and marketing for Ganes Chemicals.

ChemWerth was founded in 1982, a virtual generic API development company. The company holds exclusive U.S. rights to sell more than 100 APIs and represent 29 FDA approved China-based pharma factories. He has established an office in Shanghai to monitor product quality, provide regulatory and GMP compliance services to partner factories to meet FDA standards.

He founded the Werth Family Foundation (WFF) in 2000 to make a difference, by supporting specific projects in educational, cultural and medical-related programs. The Werths directly and through the WFF made donations of more than \$15 million. WFF endows the Werth Center For Coastal Marine Studies at Southern Connecticut State University and at Hartford High School and CPEP, which completed a wind turbine solar panel energy generating system for a school in Nepal. WFF supported educational endeavors including expanding educational programs of Long Wharf Theatre; Cardinal Sheehan Center, supporting educational programs; and long-term support for the Housatonic Community College Museum of Art. Werth is a major contributor to the construction of a new basketball practice facility at the University of Connecticut.

WFF gives strong support to health and welfare programs, which include Women's Health Research at Yale, Healthy Eye Alliance, Gaylord Hospital, Columbus House, Boys & Girls Village, and AmeriCares. WFF funded the building of a primary school in Dzongsar, China.



Peter J. Werth

COOPER ATTENDS COLDWELL BANKER ELITE RETREAT

Judy Cooper of Woodbridge, a sales associate with the Coldwell Banker Residential Brokerage office in Woodbridge, recently attended the Elite Retreat, a conference held at The Breakers Palm Beach in Florida for top-performing Coldwell Banker sales professionals in the Northeast and Eastern Seaboard regions.

Judy was invited to attend the exclusive Elite Retreat because of her outstanding sales production in 2012.

Judy enjoyed a luxurious three-night stay at The Breakers with spectacular views of the Atlantic Ocean. The luxurious resort offered participants many amenities including golf on two championship courses, tennis, water activities, world-class shopping and services at the spa and fitness center. During the retreat, Judy attended special meetings, networking receptions and dinner with more than 200 top Coldwell Banker Residential Brokerage sales associates and management leaders from across the Northeast and Eastern Seaboard regions.

The retreat also offered the attendees an opportunity to learn more about existing and new programs, marketing systems and tools available to them through Coldwell Banker Residential Brokerage.

"The guests who were invited to attend the Coldwell Banker Elite Retreat are among the most distinguished real estate professionals in the region," said Cathleen F. Smith, president of Coldwell Banker Residential Brokerage in Connecticut and Westchester County, N.Y. "We are proud to honor Judy Cooper and truly appreciate her for her dedicated service and professionalism."

Judy was recently recognized with the Coldwell Banker® International President's Premier award, which is presented to the top 1 percent of approximately 82,200 sales associates worldwide in the Coldwell Banker® system. She sits on the Professional Standards Committee of the Greater New Haven Board of Realtors. Judy is a Phi Beta Kappa graduate of Rutgers University (Douglass College). She received her MA in comparative politics from University of PA. She attended Harvard Law School for Advanced programs in Negotiation & Mediation.

Coldwell Banker Residential Brokerage, a leading residential real estate brokerage company in Connecticut and Westchester County, N.Y., operates approximately 50 offices with more than 2,100 sales associates serving the communities of Connecticut and Westchester County, N.Y. Coldwell Banker Residential Brokerage is part of NRT LLC, the nation's largest residential real estate brokerage company. For more information, please visit www.ColdwellBankerMoves.com.



Judy Cooper

WEICHERT REALTORS WELCOMES REALTOR GEOFF WONG

Rich Muttick, Vice President Sales and manager of Weichert Realtors Regional Properties Orange office proudly welcomes Geoff Wong to the company as a full time Realtor.

Geoff has lived in New Haven County for more than 26 years. He has extensive experience in management of investment properties and has successfully done so for more than 10 years.

Geoff achieved a Bachelor's degree in Computer Science and has worked in Information Technology and as a Certified Systems Engineer prior to his real estate career. He also achieved the Project Management Certification as well as a U.S. Army Officer Candidate School commission. He served in the United States Armed Forces.

Currently a member of the Army Reserve and National Guard, Geoff has gained the respect of his clients through hard work and dedication. "Geoff's goal is to make the process of buying or selling a home as pleasant and effortless as possible," said Rich Muttick. "We are delighted to have him on our team".

A resident of Woodbridge, Geoff is fluent in Chinese Mandarin and Cantonese. He can be reached at 203-795-2700 or at gwong@weichertpr.com.



Geoff Wong

Progressions Salon & Wig Boutique Hosts 10th Annual Fundraiser for Breast Cancer Research

Progressions Salon & Wig Boutique invites everyone to its 10th Annual "Pampered in Pink" fundraiser to benefit Breast Cancer research. 100% of proceeds from the "Pampered in Pink" services and raffles go to breast cancer research.

Progressions Salon also donates a percentage of its merchandise sales from the month of October.

Merchants and restaurants around the New Haven and Woodbridge area are donating goods and services for the fundraiser. This month-long event, starting October 1 and ending October 31 will feature raffle prizes from more than 35 neighborhood businesses. Raffle tickets for the event:

1 Ticket = \$5.00 5 Tickets = \$20.00

"Pampered in Pink" grand finale is held on Saturday, October 26th, from 8:30 am to 4:30 pm with a costume party and refreshments. Services can be purchased individually or a nominal donation of \$40 for all specially priced services will be accepted. "Pampered in Pink" services will be provided by guest volunteers and future professionals of cosmetology. Services include:

Paraffin Dip \$7.00; Mini Manicure \$7.00; Chair Massage \$7.00; Make-Up \$7.00; Blow Dry \$15.00

Appointments are strongly encouraged.

Cancer Survivors are invited to come celebrate life and get "Pampered in Pink" with no donation required.

"One of our greatest ways to raise money for this noble cause is by selling raffle tickets all month long for services, gift cards or gift baskets donated by area businesses," said Stephanie Cabral, who owns Progressions Salon along with her husband Mario. "As much as we are dedicated to raising funds for Breast Cancer Research, we look forward to the time when we can celebrate that this disease has been eradicated."

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OPERATION FUEL ACCEPTING APPLICATIONS

By Melissa Nicefaro - Woodbridge Town News Correspondent

As temperatures start to drop and a cold winter lies ahead, Operation Fuel is ramping up its appeal for donations to help those who need assistance paying their energy bills. Last year, 93% of every dollar Operation Fuel raised went toward helping Connecticut families to meet their energy needs.

There are several ways to donate, one of the more popular is the 'Add a Dollar' to your utility bill. Donations may also be mailed to Operation Fuel, One Regency Drive, Suite 200, Bloomfield CT 06002 or made online at www.operationfuel.org. A list of over 70 companies that offer a matching donation is available on the organization's web site.

The organization is also accepting applications from Woodbridge residents who may need assistance in the upcoming year. Operation Fuel Director of Development Lynn McDonald says there is no place in Connecticut, including Woodbridge, not affected by rising energy prices. Fuel bank directors from throughout Connecticut recently met and discussed the outlook for emergency energy assistance this winter. Acknowledging that the need for energy assistance greatly exceeds the available funding, fuel banks such as Operation Fuel are being turned to more than ever for assistance.

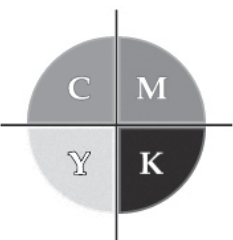
During that late September meeting, State Senator Bob Duff, chair of the senate energy committee, noted that Operation Fuel helps thousands of Connecticut's most vulnerable households by providing warmth and lights, but resources are limited and the need is many times greater than the available aid. "We can and must do more to help Operation Fuel stretch every dollar," said Duff. He pointed out that some of the ways to accomplish this include being more energy efficient, building new partnerships, and localizing the need for energy assistance for the elderly and families that are struggling financially. The days of an energy grant of \$250 filling an oil tank are long gone, but now the maximum grant of \$500 will barely pay for 100 gallons of oil.

Operation Fuel will begin taking applications for the winter program on December 1. Residents who are in need of assistance are asked to call 2-1-1 to begin the application process. More information is also available at Operation Fuel's website. In addition to running Connecticut's only statewide non-profit energy assistance program, Operation Fuel will continue its advocacy for a low-income residential utility rate and the need for a permanent solution to the state's energy affordability crisis.

This past year, Operation Fuel gave out nearly \$3.6 million in energy assistance to more than 8,200 households throughout Connecticut. A total of 21,432 individuals were served including 2,052 elderly and 8,222 children under the age of 18. In addition to the winter program, Operation Fuel also ran limited summer and spring energy assistance programs for households that were in severe crisis and faced with the termination of their utility services.

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Pictured above are Town Facilities Department staff members Cyndi Pecca (Office Manager) and Annette Carafano (Senior Clerk), with First Selectman Ellen Scalett and her husband Robert as they drop off household documents for shredding on September 21st.

TOWN HELPS RESIDENTS PROPERLY DISPOSE OF UNWANTED ITEMS

First Selectman Ellen Scalett was on hand at the Woodbridge Transfer Station on Acorn Hill Road Extension last month as the Town held its annual paper shredding event. Residents took advantage of the shredding day offering to dispose of old papers in a safe and secure environment. Pro Shred, a company based in Wallingford, did shredding on-site. First Selectman Scalett greeted the workers staffing the event and residents, remarking, "It is terrific to see so much activity here at the Transfer Station and I am pleased to see our Town employees helping residents in such a friendly and welcoming manner. This is all part of what makes Woodbridge such a great place to live."

According to Transfer Station staff, a steady stream of people arrived throughout the morning to use the shredding services as they went about their usual recycling and household waste disposal activities. Saturday is typically the busiest day at the Transfer Station, which operates Tuesday through Saturday from 8:30 am to 3 pm. A permit is required for use of this service by Woodbridge residents and may be obtained by visiting the staff in Room 13 in The Center Building, 4 Meetinghouse Lane, during office hours Monday through Friday, 8:30 am to 4 pm.

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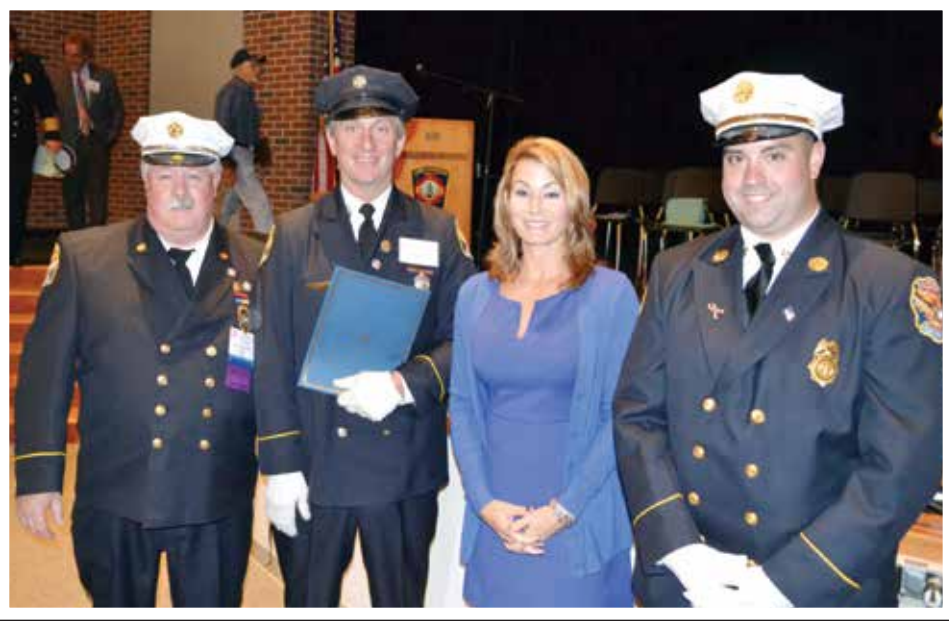
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KLARIDES HONORED AT STATE FIREFIGHTER CONVENTION

Last month The Connecticut State Firefighters Association celebrated the 130th Firefighter's Convention in South Windsor. A number of events were held at the annual convention that counted Fire Service members from all over the state as guests, including a parade, and Olde Time Firefighters muster and a 5k challenge.

A ceremony was held to recognize individuals for their service as firefighters or on behalf of fire service professionals. State Representative Themis Klarides (R-114) was among those recognized with an award for her continued work in the General Assembly to benefit fire service in Connecticut, including recent legislation she championed to allow for the continuation of the Boot Drive Fundraiser. "It's such an honor to be recognized by the State Firefighters Association but, really, it's the brave men and women that risk everything to keep us safe that deserve the praise," said Klarides. "It takes a special person to go to work every day and do what they do and I think it is important that we do what we can to help and support them."

Recently firefighters from Derby were ordered to end a "fill-the-boot" fundraiser because it took place on a state road prompting Klarides to propose legislation to amend the state statutes to allow these fundraisers, common among fire departments, to take place on state roads. With Klarides' help, the bill was signed in to law in August.

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DINING WITH SUSAN

By Susan Noonan



GABRIELE RISTORANTE ITALIANO

We are very fortunate to have a great Italian Restaurant in Orange. Gabriele's Ristorante Italiano was established in 1973 and continues to be a family-owned business after all these years. Owner and Orange resident Gabriele Villano has been a successful restaurant entrepreneur for 40 years and is proud to own a business in a community that he has been a part of for so long. Gabriele's is an extremely popular, family friendly restaurant attracting many longtime Orange & Woodbridge residents. Obviously the main reason is that the food is consistently outstanding. Gabriele's spacious dining room was recently renovated including the addition of beautiful hardwood floors giving it a very classy look, but still maintaining a warm & cozy environment.



Gabriele's menu offers authentic Italian dishes, fresh seafood, juicy steaks and classic Italian pizza. The bread is made fresh on site every day exclusively with unbleached flour. Most of the entrees are served with a fresh house salad and pasta. Gabriele's prides itself in serving only premium, quality products such as DeCecco pasta, Provini veal, Parma Prosciutto, extra virgin olive oil and 10-year aged Balsamic vinegar.

Gabriele's is open seven days a week for lunch and dinner. For lunch, you will be served delicious meals, including overstuffed Paninis made fresh every day! When you come in for dinner, you can start off with one of the homemade soups and delicious appetizers (enough to share!). Once you are through with your first course, you then can select from a wide variety of elaborate entrees and daily dinner specials.

My most recent visit to Gabriele's was on a Tuesday evening and the dining room & lounge were very busy. Gabriele's offers an inviting at-home atmosphere where you can just sit back and relax. The exceptionally friendly, attentive and professional wait-staff were there to accommodate all of my dining needs right down to suggesting one of the daily specials, to a glass of wine and dessert. Gabriele's warm crusty bread is so delicious and I am happy to report that it is available to purchase after 2:00pm each day for take out. The lunch and dinner menus offer many choices. I have so many favorites; I don't know where to begin (all the menus can be viewed on the website below). Many of the desserts (always my favorite part of the meal) are made on premises including Tiramisu, Crème Brule, Zabaglione (eggs yolks, Marsala wine & sugar whipped to a light creamy froth), Chocolate Mousse, and New York Cheesecake. Gabriele's wine list is very affordable, offering a nice variety of California and Italian wines by the glass or bottle. Planning a Special Event? Let Gabriele's be your host! Several affordable packages are offered for lunch and dinner. The chef has created fabulous selections you and your guests will enjoy. Whether it's an intimate rehearsal dinner for 20 in its semi-private room or a corporate retirement party for 100, Gabriele's can accommodate your special occasion. Gabriele's also has a great selection of party trays and stuffed breads for you to choose from when celebrating your event at home. Let them do the cooking for you!

Gabriele's lounge (very popular with local business professionals) offers a creative martini menu, select wines by the glass or bottle as well as top shelf liquor. There is also a "happy hour" from 4:00pm - 6:00pm Monday - Friday offering many drink and appetizer specials!

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House specialties including their scrumptious bread, all their great sauces, dressings, soup, all in quart size available for take-out. **DON'T FORGET THE PIZZA!**

Final notes: Gabriele Ristorante keeps going strong year after year with so many loyal & supportive customers. Its extensive and affordable menu offers something for everyone. So stop in and taste for yourself why Gabriele's has been in business for over 40 years!!! If you have a favorite restaurant, please e-mail me at susan@orangetownnews.com or susan@woodbridgetownnews.com.

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Catherine Bell

Q: I absolutely cannot wait until Nov. 22 when **"Catching Fire"** opens in theaters. Do you have any **"Hunger Games"** trilogy-related scoops for me? -- Nina M., via email

A: I, too, am counting the days until "Catching Fire" opens. And now, with the knowledge of the casting news about the two-part **"Mockingjay,"** I am counting the days until those movies open, too. It seems that one of my favorite actresses, **Julianne Moore**, has been cast as President Alma Coin in the "Hunger Games Trilogy" finale. "Mockingjay, Part One" and "Part Two" are scheduled for release in November 2014 and 2015, respectively.

Q: It's almost Halloween, so that means another **"Good Witch"** movie from Hallmark. Can you give me any details on this next installment in the series? -- Brianna T., Tampa, Fla.

A: I recently spoke with "The Good Witch's Destiny" star **Catherine Bell**, and she told me all about this latest installment in the family-friendly series, which premieres Saturday, Oct. 26 at 9/8c and re-airs throughout the week. First, the reason she accepted the role: "I had been playing characters completely different from 'The Good Witch,' and when I saw the script, I saw that this character was more like me than any I'd ever played. So that was appealing. And I was just offered the role; I didn't have to audition for it. I'd never played anyone like her -- I was the tough girl on 'Jag,' and I was an Army wife, and I love it!"

Catherine gave me a little tease as to what this movie will bring for Cassie Nightingale: "Cassie's been married for a little while. She's got the two stepkids. Basically she's got a birthday coming up, and she wants to get everyone together, but there are some problems brewing. Gwen's son comes to town, and he's trouble, and he's creating some problems.

One of my ancestors -- who looks just like me and who lived in this small town 100 years ago -- is the Gray Lady. She died in a mysterious way, and there are all these weird things happening that are lining up a little too much like the Gray Lady."

Q: Is **"Anderson Live"** coming back? Please don't tell me it's been canceled. -- Marianne M., via e-mail

A: I am sorry to report that Anderson Cooper's daytime talk show was canceled after airing for two seasons. The final show aired at the end of May.

READERS: In more Hallmark Channel news, I just received word that **"Debbie Macomber's Cedar Cove,"** which stars Andie MacDowell, has been renewed for a second season, which will premiere some time in 2014. Hallmark Channel's first-ever scripted primetime series has been smashing records for the channel since its debut this past July. **Andie MacDowell, Dylan Neal, Teryl Rothery, Bruce Boxleitner and Barbara Niven** will all return for the second season.

Write to Cindy at King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475; or e-mail her at letters@cindyelavsky.com.

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CLUBS & ORGANIZATIONS



AMITY CLASS OF '73 40TH REUNION

Attention alum of the Amity Class of 1973 – Reservations are now underway for the 40th reunion. Save the date: November 30, 2013, 7pm to midnight, Grassy Hill Country Club, Orange, CT. We are in the process of creating a master data base in order to get the word out and keep people informed. Please provide your name, address, phone number(s) and email address to: paula.cofrancesco@reg5.k12.ct.us. Reservation forms will be emailed. Pass the word on to fellow '73 alumni. Any questions, email or call Paula at 203-397-4861.

BULLETIN BOARD

Please Note: If you have an event for the Bulletin Board, please send it along no matter how far in advance it is. We will include it in the appropriate issue(s) until the event has taken place.

Boy Scout Troop 63, meetings Monday nights from 7:00 pm – 8:30pm, Our Lady of the Assumption “Mother” Church, 1700 Litchfield Turnpike (Rte. 69), Woodbridge; September- April and May-June outdoors at Camp Whiting, all boys ages 10 and up or who have completed the fifth grade are welcome to stop by and see what we're all about. For more information, visit <http://www.troop963.org> or email Troop63CT@gmail.com.

Woodbridge Rotary Club Meetings, 1st and 3rd Friday of the month, 7:30am breakfast meeting, Country Corner Diner, 756 Amity Toad, Bethany and the 2nd and 4th Friday of the month, 12:15pm luncheon meeting, Carmine Tuscan Grill, 1500 Whalley Avenue, New Haven. Anyone interested in learning more about Rotary should contact Anna Dickerson at 203-710-0223 or email annadickerson@yahoo.com.

Annual Fund Drive for Bethany's Clark Memorial Library, contributions requested to help for the cost of a website to update services, etc.

Trap Falls Kennel Club Obedience Classes, every level, AKC STAR Puppy (obedience for dogs under 12 months) and Family Manners Classes/Obedience; begins week of September 16, 2013, held Wednesday and Thursday evenings, Pawz for Wellness in Shelton, CT. For registration and/or information, call 203-450-9485 or email tfkctraining@gmail.com. Trap Falls Kennel Club is a non-profit member club of the American Kennel Club (AKC)

Hooked on the Sound Crochet Guild, Saturdays, November 2, December 7, 2013; 10am-1pm, Case Memorial Library, 176 Tyler City Road, small meeting room on 2nd level (elevator available); share stitch successes, assist with pattern problems and have a great time crocheting, no fee. For more information, visit <http://hotscrochetguild.yolasite.com/>, Email HOTSCrochetGuild@Live.com.

New England Young At Heart Health & Wellness Fair, Saturday, November 2, 2013, 10:00am-1:00pm, Woodbridge Senior Center. For more information, go to <http://neyoungatheart.com>.

Woodbridge Senior Center Annual Holiday Fair & Fundraiser, Saturday, November 2, 2013, Senior Center Cafeteria, 4 Meetinghouse Lane, Woodbridge, 10:00am-3:00pm, baked goods, books, crafts, tag sale items, Chinese auction, and many other attractions. Everyone is welcome to come, enjoy, and support this fundraiser.




Pictured left to right: Co-President, Buddy DeGennaro, District Governor, Rick Bassett, Co-President, Carol Yingling and Assistant District Governor Ron Osach.

WOODBIDGE ROTARY GOVERNOR VISIT

Recently, Rotary District Governor Rick Bassett visited the Woodbridge Rotary Club to present goals for the year for the Rotary.

GARDEN CLUB TO MEET

The Garden Club of Woodbridge will meet on November 6, 2013 at 7pm at the Woodbridge Library, 10 Newton Road. Our speaker that evening will be Mary Ellen Unger, landscape artist, advanced master gardener, and President of the Bethany Garden Club. Her topic will be “Terrariums: Gardens Under Glass”. Light refreshments will be served. This event is free and open to the public.



Bats are important to ecosystems as predators of night-flying insects. Some bat species eat fruit, nectar or small fish. Vampire bats live in Central and South America and feed on animal blood. Many tropical bats pollinate plants and help spread seeds, and bat droppings can be used as fertilizer.

Source: Department of Energy and Environmental Protection

- Brenda Weaver





NATIONAL MERIT STUDENTS

Five Hamden Hall Country Day School seniors have been recognized by the National Merit Scholarship program as commended students for their "exceptional academic promise". Peter DeLong of Hamden, Alexis Jeanette of Branford, Libai Jordan of New Haven, Luis Nario-Malberg of Woodbridge and Nicholas Strada of North Branford placed among the top 5 percent of more than 1.5 million students who entered the 2014 competition by taking the Preliminary SAT/National Merit Scholarship Qualifying Test.

The Hamden Hall scholars were recognized by their peers during a school assembly held October 4. Head of School Bob Izzo presented each student with a Letter of Commendation. "These young men and women who have been recognized as Commended Students have demonstrated outstanding academic achievement," said Izzo. "At Hamden Hall, we challenge our students with a rigorous academic curriculum – and these five seniors are truly representative of the success of our program."

TO YOUR
**GOOD
HEALTH**

DO YOUR PART! BE SEPTIC SMART!

SepticSmart! Week was September 23-27. It was created to remind you that your septic system needs care. Would you buy a car and never change the oil? Would you own a piano and never get it tuned? Would you let your furnace go for years without a cleaning? Would you only vacuum your house on an annual basis? Do you wear your clothes until they disintegrate? The answer is a rhetorical: "of course not!" However, many people, who would normally see to the proper maintenance of their belongings, forget that their septic system needs periodic inspection and the tank needs periodic cleaning for continued proper functioning. Quinpiack Valley Health District, serving residents of Bethany, Hamden, North Haven and Woodbridge, suggests that you follow basic principles for septic system health so you can be SepticSmart!

- **Protect It and Inspect It:** In general, homeowners should have their system inspected every three years by a licensed contractor and have their tank pumped when necessary, generally every three to five years.
- **Think at the Sink:** Avoid pouring fats, grease, and solids down the drain, which can clog a system's pipes and drainfield.
- **Don't Overload the Commode:** Ask guests to only to put things in the drain or toilet that belong there. For example, coffee grounds, dental floss, disposable diapers and wipes, feminine hygiene products, cigarette butts, and cat litter can all clog and potentially damage septic systems.
- **Don't Strain Your Drain:** Be water efficient and spread out water use. Consider fixing plumbing leaks and installing faucet aerators and water-efficient products, and spread out laundry and dishwasher loads throughout the day. Too much water at once can overload a system if it hasn't been pumped recently.
- **Shield Your Field:** Remind guests not to park or drive on a system's drainfield, where the vehicle's weight could damage buried pipes or disrupt underground flow.

(Reference: <http://www.ct.gov/dph>, (keywords: subsurface sewage) for more information.

FROM THE YOUTH SERVICES COORDINATOR

By Nancy Pfund



Save the Date ~ Costume Party

Woodbridge Youth Services and the Town of Bethany will sponsor the Bethwood Bash program at the Woodbridge Center Building Gym - 4 Meetinghouse Lane on Friday, October 18, 2013 from 7:00 to 9:30 p.m. The event is for 7th and 8th grade Woodbridge and Bethany residents only. Enjoy music and games with an interactive Boppers' D.J. Compete in the donut eating contest, costume contest, and a mummy wrap contest too! Costumes are optional (but fun). Refreshments, raffle prizes, and entertainment, all for an admission price of \$5.00! No early drop-offs and prompt pick-up, please. Amity Dress code applies. This party is for 7th and 8th grade residents only! Private school students who reside in Bethany and Woodbridge are encouraged to attend.

Bring a donation for District Animal control and receive an extra raffle ticket.

We Need Your Help

Adult volunteers and raffle prizes are needed. We cannot run these programs without parent or grandparent volunteers. High School juniors and seniors looking for volunteer hours may contact Youth Services. Donations of raffle prizes and event supplies are gratefully accepted. Please call 203-389-3429 or E-mail youthone@woodbridget.org for more information.

Cancellations

Watch Channel 8 or listen to KC101 for cancellations due to inclement weather.

Fun Fitness Cooking

Learn how to cook in a hands-on, fun environment! This 10-week class will be offered in the Middle School's kitchen after school one day per week from 2:25-3:55pm. Class is limited to 12 participants. Students will receive a notebook with recipes, nutrition and food safety information, a glossary of techniques and terms and an apron. We'll start with basic skills and techniques and enhance the fundamentals to help develop a lifetime of great cooking and creativity.

- make and eat healthy and nutritious food
- learn about foods from many cultures
- prepare party foods, healthy snacks
- bring home what you make to share with your family

A great after school activity! The materials fee of \$100.00 per student must be paid in advance. A discount for siblings and financial assistance may be arranged for qualifying families. Class began the third week of September. If joining late, we can pro-rate the remaining classes. For more information or to sign up please call Youth Services at 203-389-3429.

Why Rake Those Leaves? Teens Need Jobs in Woodbridge

The Woodbridge Job Bank has numerous teenagers who are experienced in leaf raking, babysitting, pet care, and other odd jobs. Many have completed the American Red Cross Babysitters Training Course. If you are a Woodbridge resident and would like more information, call Woodbridge Youth Services at 203-389-3429.

Woodbridge Job Bank for Woodbridge Residents

Woodbridge teens between the ages of 13 and 17 who are willing to work and want to earn money should contact Woodbridge Youth Services at 203-389-3429 to schedule an interview. Parental permission is required to join. Jobs may include raking, childcare, pet care, snow shoveling, housework, party help, and other odd jobs. We help teens find work with Woodbridge residents who need a hand around the home or office. It's a great way to build responsibility and gain work experience close to home.

OUTSIDE
THE LIVING BOX

When Priscilla Letis, on a whim, sent her photo to a casting agency seeking bathing suit models for a New York fashion show, she never expected she would soon be strutting her stuff on the runways of two premier fashion events. But the casting agents liked the photos Letis submitted and scheduled



Laura Fantarella

her to come to the city to audition for a spot modeling bathing suits for the Swimwear Fashion for Passion show in August. To prepare for the audition the Amity High School grad signed up for a few training sessions to learn how to walk on a runway and spent hours studying videos of Ford Agency fashion models and practicing walking in high heels.

At the audition she was asked to walk a 30-ft. runway again and again while the casting people called commands. "They'd say things like, 'stop, turn around, do it again, straighten your knees, head up, less arm swinging.' It's amazing the many little things that go into the runway walk, things you would never think of - like where to put your hands so they don't cast shadows on the clothes," she said. "I guess they liked my look and the walk because right away they said, 'All right, you're in.' It all happened so fast."

The 5'7, 115-pound Racebrook Road resident was always interested in modeling because her mom Julienne had worked as a print model, but aside from a few local shows for bridal and prom gowns, she hadn't had much success. "I went to a few auditions when I was a little tyke and had a few call backs, but I had such voluminous hair that I was never hired. They always said my hair was too distracting!" she said.

The day of the show, Letis could barely contain herself. "I tried to remain professional but Oh My God I loved it. It was so much fun!" she said. She modeled exquisite bathing suits made by up and coming designers that were unlike anything she'd ever seen in front of an audience of designers, retailers and buyers. "The suits were very beautiful and interesting. One



Priscilla Letis

was blue and shimmering with sequins like a mermaid suit," she said. In fact, the two-day event went so well that she was hired to wear the clothing of nine designers alongside seasoned models in September in NYC's Fashion Week Designer Showcase.

For the Fashion Week job, a team of make-up artists and stylists "totally transformed" her face with bright yellow eye shadow and thick eyeliner for one look and big smoky eyes with dark red lips on another. "I wore five different hair styles, one was a giant bouffant, where they teased and hair sprayed the heck out of it," she said. "It was really high end stuff, like what's in magazines. In between runway shows you'd run, throw off your clothes with no chance for decency, run to hair and make-up and do it all over again." To a girl who grew up watching TV reality shows like "Next Top Model" and "Project Runway," the experience was like a "dream come true." "It was too incredible, just fantastic! I was so thrilled, and totally star struck," she said. "It was an absolutely wonderful experience."

Her glamorous adventure behind her, Letis is back to concentrating on her studies at Southern Connecticut State University where she plans to apply to the nursing program. But she has no plans to abandon her new-found passion. She handed out dozens of her cards at the two shows and is hoping to sign with an agency. "I'll definitely be looking online for other opportunities," she said. "The experience gave me such a huge boost in confidence. It's such a passion, sometimes you do things that are overwhelming."



FOODCORPS COMES TO MASSARO COMMUNITY FARM

In only its third year of operation, the national service program, FoodCorps, has expanded its number of sites this year, which includes the placement of a service member at Massaro Community Farm. The farm is pleased to welcome Eileen Garcia as its new FoodCorps service member, engaged to work primarily with the town of Ansonia. FoodCorps works with leaders to connect youth with real food that helps them grow up healthy.

FoodCorps, which is overseen locally by the University of Connecticut Agricultural Extension Office, is beginning its second year in the state and is working to improve school food environments by teaching kids about where healthy food comes from, to build and tend school gardens, and to bring quality local food into school cafeterias. "We view the placement of this FoodCorps service member at the farm as an extension of our existing partnerships with both the VITAHLs program and Ansonia schools," said farm executive director Caty Poole.

In 2013, Massaro Community Farm has hosted numerous school groups from Ansonia schools, which encourages physical activity - the elementary school kids can walk to the farm, engages the kids with their natural environment, and allows them to see and taste where their food comes from. This is an extension of goals of the Valley Initiative to Advance Health and Learning in Schools. Griffin Hospital and Jones Family Farms were instrumental in supporting a FoodCorps service member at the farm through their financial support.

Ms. Garcia comes from New York with a background in communications and English. With passions for education and nutrition, Ms. Garcia is beginning her first year as a FoodCorps service member. Stationed at the farm, she intends to work directly with the Ansonia schools to lead field trips, design and promote healthy food and agricultural activities in and out of the classroom, and strive to bring more local, healthy food into school cafeterias. While Ms. Garcia will serve at the farm through July 2014, the farm is committed to have a FoodCorps service member through at least July 2016.

Ms. Garcia conducted activities in the Learning Garden on October 5th at Massaro's annual Family Fun Day. More information can be found at www.massarofarm.org.

Woodbridge Town News

Woodbridge Residents! Help me make this column a success. Send me your suggestions - if you think you may make an interesting subject, or someone you know should be featured, let me know at laura@woodbridgetownnews.com.

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www.WoodbridgeTownNews.com

**FROM YOUR STATE
SENATOR**

By Gayle Slossberg



**SMALL BUSINESS EXPRESS
PROGRAM TO RECEIVE BOOST**

State Senator Gayle S. Slossberg (D-Milford/Orange/Woodbridge) welcomed news that Connecticut's highly successful Small Business Express Program (EXP) will receive \$50,000,000 from the state to funnel to expanding businesses. The replenishing of the program's coffers was approved at September 28's meeting of the State Bond Commission in Hartford. "EXP has had a substantial impact on small businesses across the state, and certainly in the 14th district," said Sen. Slossberg. "Milford, Orange, West Haven and Woodbridge employers have benefited from the program, and hired new employees with the state's support. We're boosting these businesses at a critical time, and ensuring that their expansion contributes to a budding economic recovery."

EXP is a competitive program administered by the Department of Economic and Community Development (DECD) that helps the state's small businesses fund capital investments and hire more employees. It offers loans and matching grants to Connecticut companies with fewer than 100 employees to spur job cre-

ation and growth. "Small businesses are critical to reinventing Connecticut," said Governor Malloy. "Little by little, we must harness the can-do attitude of our state's small companies, so that their success will spur our state's recovery. It was with this in mind that we created the Small Business Express Program. When our small businesses succeed, Connecticut wins."

Nearly 25 businesses in Milford, Orange, West Haven and Woodbridge have received assistance through the program, including manufacturers, restaurants, IT firms and others. The state's support has allowed these small businesses to commit to creating over 60 jobs, and retaining 225 more.

EXP was created in 2011 as part of a landmark, bipartisan Jobs Bill. In 2012, the definition of a 'small business' for purposes of the program was expanded from 50 to 100 employees, making many more businesses eligible for EXP. Small businesses employ over 60 percent of the state's total workforce, making it all the more important that EXP specifically supports the creation and retention of new jobs.

HOUSES OF WORSHIP

**UPCOMING EVENTS AT
TEMPLE EMANUEL**

Saturdays at 10:30a in the TE library: Torah Study - discussion of the weekly parashah with Rabbi Michael Farbman.

Saturday, November 2 at 8p: "My Sister's Still a Hippie," a poignant musical memoir written and produced by Burt and Myra Saxon, and starring Debra Alt (Sarah), and Tedra Schneider (Naomi). When Sarah, a folk singer, arrives at the University of Michigan in the fall of 1967, she is greeted by her sister, Naomi, a dedicated sorority member. Sarah has no intention of joining a sorority - all she wants to do is sing about love and peace. Please join us for this nostalgic evening of music from the 60's and 70's. Tickets are \$18 in advance and \$20 at the door.



Temple Emanuel

Friday, November 22 following the 8p Kabbalat Shabbat Service: Terri Fried, MD, Professor of Medicine (Geriatrics) at Yale and a TE member, will discuss "Coping with Aging Parents." A traditional tasty TE oneg will follow.

Sunday, November 24 at 7p: TE participates in the annual Orange Interfaith Thanksgiving Service. This year, the service is hosted by Holy Infant Church.

Saturday, December 7 at 7:30p: Magavet, Yale University's first, best and only Jewish a cappella group, presents a concert of traditional and modern arrangements of Jewish, Hebrew and Israeli songs. Tickets are \$10 in advance and \$15 at the door, and include a dessert reception after the concert.

For more information about all events, celebrations and services at Temple Emanuel, including Rabbi Michael's monthly story hour for children in pre-K and Kindergarten and their families, please go to the TE website: www.templemanuel-gnh.org, or call the temple office at 203-397-3000.

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HOUSES OF WORSHIP EVENTS

JCC EVENTS

All events will take place at the Jewish Community Center of Greater New Haven (JCC) located at 360 Amity Road, Woodbridge. Visit jccnh.org for directions.

10th Annual JCC Arts & Crafts Fair

Gifts, accessories, Home Décor, pottery, jewelry, and more from local artisans! Sunday, November 24 from 10AM-4PM. Free and open to the public. For more information: Tanya Weinberg, 203-387-2522 x 216, tanyaw@jccnh.org.

Don't Let the Lights Go Out

November 24, 12:30-2 pm. Free. A family Hanukkah program - make your own craft, listen to a story, sing some Hanukkah songs, spin the dreidel and more! Contact: Laura Ross, 203-387-2522, laurar@jccnh.org.

Can Jewish Women Have It All?

This hot topic question has resurged in the media and continues at the JCC. An intergenerational panel from a variety of professional backgrounds and Jewish affiliations explore the age-old balance of work and life through the lens of Jewish women. Co-sponsored by the Jewish Federation and Foundation of Greater New Haven, and Women's Philanthropy, Tuesday, 7-9 pm, 10/24, \$18 per person. Contact: Shelley Gans, 203-387-2522.

Francesca Segal, The Innocents

The novel has been named winner of the National Jewish Book Award for fiction, and the 2012 COSTA First Book Award. Program is presented by Women's Philanthropy of the Jewish Federation of Greater New Haven. The novel transposes the love triangle of Edith Wharton's *The Age of Innocence* to the modern-day Jewish community of Hampstead Garden Suburb, Tuesday, October 15 at 11am, suggested donation \$10. Contact: Enid Groves, 203-387-2424, egroves@jewishnewhaven.org.

Look Who's Talking

Each month we will be joined by a guest Rabbi or educator from the Greater New Haven area who will facilitate a discussion related to parenting inspired by Jewish teachings. This is an interactive series where parents will have a chance to voice their questions and have a forum to discuss with fellow parents, Dates: 10/23, 11/20, 12/18, 7:00pm-8:00pm. Contact: Laura Ross, 203-387-2522, laurar@jccnh.org.

Author: Meg Akabas, 52 Weeks of Parenting Wisdom

How we parent matters, and we can all be better parents by working at it step by step. Informed by Jewish values, Meg Akabas shares her easy-to-implement 52 Weeks of Parenting Wisdom to raising committed and responsible children. Sponsored by JCC Afterschool and Yeladim Early Learning Center. Free and open to the public, Sunday, October 27, 10:30 am. Contact: Kari McInerney, 2032-387-2522, karim@jccnh.org.

My First Book Club (Ages 3-5)

Before we learned to read, we learned what a book is. This class is the first step, introducing your child to a relationship with books that will enrich their entire lives. This is a book club for PJ Library Members. All Children must be accompanied by a caregiver and must register ahead of time. <https://www.facebook.com/events/485310054879647/> Dates: 10/4, 11/1, and 12/6, \$30 per child. Contact: Laura Ross, 203-387-2522, laurar@jccnh.org.

Spooky Physics with Professor French (All ages)

Professor French (Applied Physics PhD candidate at Yale University), wants to share his exciting experiments! Free and open to the Public, Monday, 10/14, 11am. Must register by 10/7. Contact: Laura Ross, 203-387-2522, laurar@jccnh.org.

Sifriyat Pijama Events (Ages <6)

Have fun with your toddler AND expose them to Hebrew! Hebrew story-time and craft, with special guest, brought to you by PJ Library as a Hebrew-based Jewish Literacy and Family Engagement Program. Open to all ages under 6 with a parent or caregiver. Free and open to the public, Friday, 11-11:45 am, 10/25 and 12/27. Contact: Laura Ross, 203-387-2522, laurar@jccnh.org.

Rosh Chodesh Girls' Club (Ages 7-11)

Girls! Adventure, learn and gain a sense of self empowerment with Jewish educator, Laura Ross. Pizza dinner included! Thursdays, 5-6:30 pm, 10/3, 11/7, 12/12, \$54 for JCC members, \$60 for nonmembers. Contact Laura Ross, 203-387-2522, laurar@jccnh.org. Register online at www.spectrumonline.net.

Theater With LJ (Grades 3-5)

Learn and enact all aspects of the theatrical process: production, acting, direction, tech and costume design. A theater education cultivates and strengthens lessons that last a lifetime: oral communication, creative problem solving abilities, motivation and commitment, time-budgeting skills, initiative, acceptance of rules, and confidence. This course meets twice a week from and will culminate in a final performance on December 5. Mondays and Wednesdays, 4:15-6 pm, 10/7-12/4, \$120 for JCC members, \$140 for nonmembers, \$100 for Afterschool participants. Register online at www.spectrumonline.net.

INSTALLATION OF RABBI SHAPIRO AT CONGREGATION B'NAI JACOB

The entire community is welcome to attend the Installation of Rabbi Rona Shapiro to the pulpit of Congregation B'nai Jacob in Woodbridge. This event will take place from 3:00pm—5:00pm on Sunday, October 20, 2013. Featured guest speakers will include Rabbi Stephen Weiss, of Congregation B'nai Jeshurun in Cleveland, with musical presentations by Cantors Malachi Kanfer and Rachael Littman. Special children's activities will be held from 3pm-4pm and light refreshments will be served from 4pm-5pm. Everyone is invited to participate in a community art project after the ceremony. Please join us in this celebration! For more info, and to RSVP, please go to www.bnaijacob.org.

PINK SHABBAT COMMUNITY DINNER

Join us as we paint Shabbat pink on Friday, Friday, October 25th at 7:00pm. Enjoy a catered family Shabbat meal and join friends united in recognition of the advances being made in cancer research and care. Evening services begin at 6:40. Everyone is welcome. Chabad of Orange~Woodbridge - 261 Derby Avenue, Orange, \$25.00 pp - RSVP 203-795-7095.

GOOD SHEPHERD RECEIVES COMMUNITY GRANT

The Church of the Good Shepherd is proud to announce the receipt of a \$500 community grant from Wal-Mart in support of its numerous community outreach programs, especially the Shepherd's Table which feeds more than 100 area residents each week. "This grant is one of many exciting donations we have recently received from local businesses in support of our upcoming Gala on Saturday, October 19th", says The Reverend Ann Ritonja, Rector of the Church of the Good Shepherd, located at 680 Racebook Road, Orange.

"We are so grateful to our community and area businesses for the support they have extended to this year's gala," says Chairperson, Kathie Bellis of Woodbridge. "We look forward to hosting another fabulous event with the New York Dinner Theater on Saturday, October 19th in the beautiful ballroom of Saint Barbara Greek Orthodox Church". Tickets are available for only \$75 per person. Guests will enjoy the New York Dinner Theater's hilarious audience participation comedy, "The Amazing 70s Prom. The evening will begin with a Silent Auction and cocktail hour that will include unlimited beer, wine and soda, as well as a reasonably priced cash bar, including a signature 70s Tequila Sunrise Punch. During intermission, there will be a Live Auction that includes Packer/Giant tickets; Red Sox Tickets; a Tag Hauer Watch; Steuben Glass Bowl; a week in a breathtaking cabin in Maine, and much more. To order tickets, make a donation and/or place an advertisement in this year's program booklet, please call the Church of the Good Shepherd @ 203-795-6577, visit us on Facebook or order online @ www.thegoodshepherdorange.org.

WELCOME TO JCC THEATERWORKS!

We're thrilled to announce our 2013-2014 season. JCC Theaterworks launched last year with *The Gospel According to Jerry* by Richard Krevolin and Rabbi Irwin Kula; *Jew-ish: A One-Page Play Festival Exploring Jewish Identity and Community*; and *The Jewish Plays Project*. This year, we're taking things to the next level, tackling significant issues the Jewish world is facing. We're collaborating with groundbreaking organizations, producing three new plays, and exposing our community to fresh ideas and innovative ways of exploring Jewish culture. Join us for an incredible year of theater. See you at the show!

He Who Laughs By Ian Cohen, Directed by Reuven Russell, Workshop Production. A modern retelling of the sacrifice of Isaac. The run will include interfaith post-show panels discussing the theological and sociological themes of the play. Made possible by a grant from the Connecticut Humanities Fund. \$25, Saturday, December 14, 7:30 pm, Sunday, December 15, 2 and 7 pm, Monday, December 16, 7:30 pm. Location: The Off-Broadway Theater, 41 Broadway, New Haven. For information or tickets: Shelley Gans, (203) 387-2522.

Visit our website at www.WoodbridgeTownNews.com

HOUSES OF WORSHIP EVENTS

UPCOMING EVENTS AT CHABAD OF ORANGE/WOODBRIDGE

October 2013

Deli on Derby

Thursday October 24th-4:30pm to 7:30pm ~ The Best Place to Eat on Thursday Nights ~ Eat in or Take Out, 203-795-5261.

A Pink Shabbat Dinner

Friday October 25th at 7:00pm ~ Join us for a very special night as we paint Shabbat pink. Enjoy a catered family Shabbat meal and join friends united in recognition of the advances being made in cancer research and care. Evening services begin at 6:30. Everyone welcome. Adults/\$25, Children under 17/\$15.00, Children under 10/\$10.00. RSVP 203-795-7095 or email Info@chabadow.org.

The Rohr Jewish Learning Institute/ Jewish Learning Institute Class

Life in the Balance/Jewish Perspectives on Everyday Medical Dilemmas

Beginning October 30th at 7:30pm ~ Instructor: Rabbi Sheya Hecht ~ 7:30pm on Wednesdays 10/30, 11/6, 11/13, 11/20, 12/4, 12/11.

Where do we draw the line between supporting life and prolonging death? How do you decide what to write in your living will or DNR directive? JLI's upcoming CME and CLE accredited course will explore and offer a balanced view of some of the most relevant, contemporary, and common ethical issues confronting modern medicine and society.

Classes to be held at The Greater New Haven JCC - West Rock Room - \$79.00 for six sessions. Call 203-795-7095.

Loaves of Love

Challah Baking Workshop ~ Thursday, October 17, 7:00pm. Bring the joy of Shabbat home with freshly baked challah for your family to enjoy. \$15/supplies. For location and RSVP call 203-795-7095 or email jwc@chabadow.org.

November 2013

Jewish Women's Circle

An Island in Time - A Women's Shabbat Retreat ~ November 1-3 ~ Relax, Rejoice, ReJEWenate. Guest Speaker, Shimonah Tzukernik, Crowne Plaza Hotel - 18 Old Ridgebury Road, Danbury, CT. For more info: email jwc@chabadow.org or call 203-795-7095.

Deli on Derby

Thursday, November 7th - 4:30pm to 7:30pm, The Best Place to Eat on Thursday Nights

Sephardic Style Shabbat Dinner

Friday, November 15th at 7:30pm ~ Reserve a table for your friends and enjoy a delightful Sephardic Shabbat meal with spirited fun for all. Adults/\$25, Children under 17/\$15.00, Children under 10/\$10.00. RSVP 203-795-7095 or email Info@chabadow.org.

OUR LADY OF ASSUMPTION CHRISTMAS BAZAAR

A Christmas Bazaar & Craft Fair will be held at Our Lady of Assumption Church, 75 Center Road, Woodbridge on Saturday, November 16 from 10:00 - 4:00 in the parish hall. Come shop for some great gift items. In addition to some wonderful crafters and vendors, there will be a white elephant sale, raffles for some beautiful holiday decorations, children's activities and special shopping room. Come enjoy some delicious food and visit with none other than, Santa himself. Don't miss this great opportunity to support our community while getting an early start on holiday shopping. Hope to see you there!

Limited table space is available by contacting Kathy@bbesq.com. A 6 foot table is \$50 and corner tables are \$75. For more information, call 203-393-3761.



Our Lady of Assumption Church

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CHURCH OF THE GOOD SHEPHERD UPCOMING EVENTS

Church Alive Comes To Church Of The Good Shepherd

Sunday Mornings at 9 AM beginning September 8th. Children, their families, and the young at heart are invited to join together for praise and worship in a relaxed, child-friendly service that is highly participatory and interactive and is guaranteed to be over in under an hour. Children of all ages are encouraged to set the table, read the lessons, help with communion and grow in their love of Jesus. The Worship Band will play at this service.



Church of the Good Shepherd

Traditional Choral Eucharist Returns To Church Of The Good Shepherd

Sundays at 1030 a.m. beginning September 8th. In a world that is always changing, experience a traditional worship service with communion, hymns and a message of God's love that will help you put your faith into practice and navigate life's ups and downs. Church of the Good Shepherd is a place to belong, a place to grow and a place to make a difference in the world.

New Bible Study At Church Of The Good Shepherd

Have you always wanted to understand the Bible more? All are welcome to explore God's story on Monday Evenings beginning September 9th at 7 p.m. in a judgment free zone where questions and lively discussion are encouraged. No prior Bible knowledge needed and all are welcome. \$20 for materials and scholarships are available. Questions call 203-795-6577.

Women's Spiritual Journey Group

Mondays 10 am at Church of the Good Shepherd beginning September 9th. Women of all ages and those with small children are invited to gather weekly to discuss the spiritual issues women face in their daily lives and explore where God is present through the lens of scripture, prayer, Christian thought and faith. This group is intended for mutual support and encouragement in a safe and judgment free environment.

Financial Peace University, Introductory Class Offered

Sunday September 22nd at 1230 p.m.—In just nine lessons, learn to take control of your money, invest for the future, and give like never before. Don't worry! You won't be asked to share any personal financial information during the class.

Yoga Body Prayer

Sunday Evening , 7 p.m. Beginning September 8th—Using the Vinyasa Yoga Method and taught by certified Yoga Instructor Maryanne Haverstock, begin your week with Yoga and centering prayer and meditation. This class is for all levels of yoga practice and experience. Bring a yoga mat or towel, water and wear comfortable clothes. Free will offering accepted.

The Power Of Prayer At Church Of The Good Shepherd

Join us for intercessory prayer and meditation on Wednesday morning from 1030-1130am beginning September 11th.

Prayer and Healing service with Laying on of Hands and Eucharist Every Wednesday at 7 p.m.

Sing Sing, Sing!

Did you sing in High School? Do you sing in the shower? You are invited to experience choral music singing, community and fun with Dr. Don Wiggins and the Good Shepherd Choir. Rehearsals begin September 5th, 630-8p.m. The choir sings at 1030 each Sunday. Don is an experienced singer, teacher and director and enjoys working and developing voices of all ages. For more information call 203-795-6577 or email dgwiggins@gmail.com.

Woodbridge Town News

Attention Churches, Synagogues & Houses of Worship!

Send us your organizations events listings and items of interest.

We will publish them for free.

Woodbridge Town News - P.O. Box 1126, Orange, CT 06477
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ENTERTAINMENT

TOP 10 MOVIES

- 1. Cloudy With a Chance of Meatballs 2 (PG)**
animated
- 2. Prisoners (R)**
Hugh Jackman, Jake Gyllenhaal
- 3. Rush (R)**
Daniel Bruhl, Chris Hemsworth
- 4. Baggage Claim (PG-13)**
Paula Patton, Taye Diggs,
- 5. Don Jon (R)**
Joseph Gordon-Levitt, Scarlett Johansson,
- 6. Insidious: Chapter 2 (PG-13)**
Patrick Wilson, Rose Byrne
- 7. The Family (R)**
Robert De Niro, Michelle Pfeiffer
- 8. Instructions Not Included (PG-13)**
Guillermo Rios, Leticia Lopez Margalli
- 9. We're the Millers (R)**
Jennifer Aniston, Jason Sudeikis
- 10. Lee Daniels' The Butler (PG-13)**
Forest Whitaker, Oprah Winfrey

TOP 10 RENTALS

- 1. World War Z (PG-13)**
Brad Pitt
- 2. Now You See Me (PG-13)**
Jesse Eisenberg
- 3. Star Trek Into Darkness (PG-13)**
Chris Pine
- 4. Oblivion (PG-13)**
Tom Cruise
- 5. Pain and Gain (R)**
Mark Wahlberg
- 6. Epic (PG)**
animated
- 7. Olympus Has Fallen (R)**
Gerald Butler
- 8. Peeples (PG-13)**
Craig Robinson
- 9. The Place Beyond the Pines (R)**
Ryan Gosling
- 10. Empire State (R)**
Emma Roberts

CHART BUSTERS

Top 10 Pop Singles

- 1. Miley Cyrus**
"Wrecking Ball"
- 2. Katy Perry**
"Roar"
- 3. Lorde**
"Royals"
- 4. Avicii**
"Wake Me Up!"
- 5. Robin Thicke feat. T.I. and Pharrell**
"Blurred Lines"
- 6. Jay Z feat. Justin Timberlake**
"Holy Grail"
- 7. Drake feat. Majid Jordan**
"Hold On, We're Going Home"
- 8. Lady Gaga**
"Applause"
- 9. Lana Del Rey & Cedric Gervais**
"Summertime Sadness"
- 10. Capital Cities**
"Safe and Sound"

Top 10 Country Singles

- 1. Luke Bryan**
"That's My Kind of Night"
- 2. Tyler Farr**
"Redneck Crazy"
- 3. Jason Alden**
"Night Train"
- 4. Thomas Rhett**
"It Goes Like This"
- 5. Billy Currington**
"Hey Girl"
- 6. Florida Georgia Line**
"Cruise"
- 7. Florida Georgia Line**
"Round Here"
- 8. Blake Shelton**
"Mine Would Be You"
- 9. Chris Young**
"Aw Naw"
- 10. Justin Moore**
"Point at You"



Jason Alden



"The Conjuring"

EDITOR'S NOTE: DVDs reviewed in this column will be available in stores the week of Sept 23, 2013.

PICKS OF THE WEEK

"The Conjuring" (R) -- What is it about remote farmhouses in the foggy reaches of New England that makes them so popular for evil spirits? This haunted-house thriller follows the based-on-a-true story characters Ed and Lorraine Warren (Patrick Wilson and Vera Farmiga), two supernatural investigators called to check out the creaky home of the Perron family in the mid 1970s. Spookiness accomplished. It's a old formula -- family with vulnerable children moves into a musty old house, screams in the night escalate until you can't sit still. Director James Wan ("Saw," "Insidious") squeezes out every last drop of terror without pouring out any blood.

"The Way Way Back" (PG-13) -- Duncan (Liam James) is a quiet 14-year-old boy stuck

on a family vacation with his mom (Toni Collette) and her arrogant boyfriend (Steve Carell). While the adults are glad to be rid of him, Duncan gets a job and meets the first person who actually takes an interest in seeing him grow up with confidence -- the carefree manager of a local waterpark (Sam Rockwell).

While the main character of this coming-of-age story is kind of gloomy, the rest of the cast creates a fun atmosphere without the usual, stale feel-goodery. Carell plays a real jerk for once, and he provides a believable bully. The writer-director duo of Jim Rash and Nat Faxon (who took the Oscar for best screenwriting for "The Descendants") bring their winning combination of drama and comedy.

"Before Midnight" (R) -- Richard Linklater revisits the romance set forth almost 20 years ago in "Before Sunrise." Jesse (Ethan Hawke) is an American author, a charmer and a bit of a hound. Celine (Julie Delpy) is a French environmentalist who's worried that she's settled down with somebody who can't stay settled. The couple -- who experienced a spontaneous romance and then a rekindling in the past two movies -- have now been together steadily for nine years. While on vacation in Greece, they have time to banter back and forth about their future and the durability of their spark.

"The Internship" (PG-13) -- After losing their jobs to the Internet's wave of innovation, two salesman (Vince Vaughn and Owen Wilson) seek employment as interns at the cutting-edge Google headquarters. While the duo are vastly underqualified for the highly competitive, unpaid internship, they have a sort of oafish charm that gets them through. The most interesting part of the movie is how it approaches intergenerational conflict -- Vaughn and Owen are surrounded by educated, high-achieving young people, all too anxious about their future to enjoy life. Unfortunately, this comedy specializes in chuckles, not laughs.

- Which group released "The Tears of a Clown"?
- Name the only two songs by Frankie Avalon that reached the top of the charts.
- Which group had a hit with "Save Your Heart for Me"?
- What do these songs have in common? "Rockin' Robin," "Turn the Beat Around" and "Video Killed the Radio Star."
- Name the song that contains this lyric: "I can make you mine, taste your lips of wine, any time, night or day. Only trouble is, gee wiz ..."



1. Smokey Robinson and the Miracles, in 1970.
2. "Venus" and "Why," both in 1959. Between 1958 and 1962, Avalon had 31 singles on the Billboard charts.
3. Gary Lewis and the Playboys, in 1965. It was originally recorded as a b-side by Brian Hyland in 1963.
4. They were the sole hits for their one-hit-wonder artists.
5. "All I Have to Do Is Dream," by the Everly Brothers in 1958. They recorded the song in only two takes. As often as their songs have been covered, no one has been able to duplicate their close harmony patterns, likely because they've been singing together since they were small children. It's called "sibling harmony," and definitely has a DNA component.

Sudoku answers on page 30

Weekly SUDOKU

by Linda Thistle

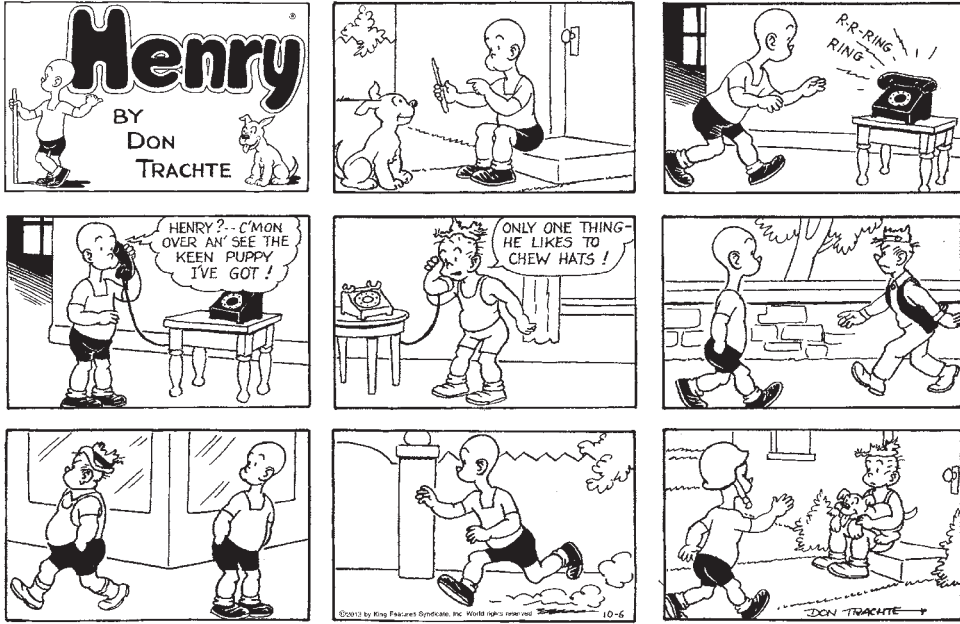
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Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★★★

★ Moderate ★★ Challenging
★★★ HOO BOY!

COMICS/CROSSWORD/HOLLYWOOD

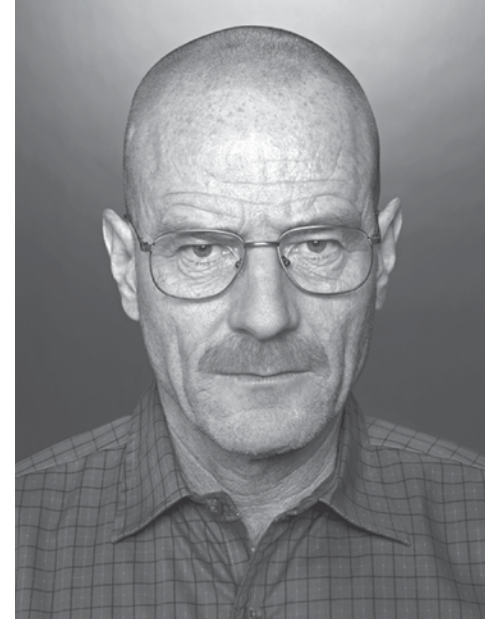


The Spats



HOLLYWOOD

By Tony Rizzo



Bryan Cranston

HOLLYWOOD -- Everything's breaking good for Bryan Cranston, who just won his third Emmy for "Breaking Bad." He's been playing President Lyndon Johnson in "Cold Comes the Night," onstage in Cambridge, Mass., and presumably headed for Broadway, and next is taking on the biopic "Trumbo," about screenwriter Dalton Trumbo.

Trumbo went to prison in 1950 after he refused questions put to him by the House Un-American Activities Committee during its Communist witch hunt, and was blacklisted. Undaunted, he wrote screenplays for classic films such as "Papillon" (Steve McQueen and Dustin Hoffman); "Hawaii" (Julie Andrews); "The Sandpiper" (Elizabeth Taylor and Richard Burton); "Exodus" (Paul Newman); and "Spartacus" (Kirk Douglas). He won two Oscars for "The Brave One" (1956) under the alias Robert Rich, and "Roman Holiday" (1953) alias Ian McLellan Hunter, with Gregory Peck and Audrey Hepburn, who won an Oscar as well. In 1975 and 1993, the Academy recognized him as the screenwriter of those films.

Bryan Cranston will next star in the \$160 million remake of "Godzilla," out next May; and "Kung Fu Panda 3," due in 2015. "Breaking Bad" fans will have the Saul Goodman (Bob Odenkirk) prequel to look forward to on AMC.

"Glee" star Grant Gustin will flash across your TV screen very soon. No, he won't be nude; he'll be playing the "Flash" on at least three episodes of the CW's "Arrow" series, which will serve as a spin-off for his own series, "The Flash." Gustin will try to do what former "Dawson Creek" star John Wesley

Shipp couldn't do in 22 episodes of the 1990 series "The Flash." So ladies, if you want to see the handsome Grant in a skintight jumpsuit, you're going to have to pump up the ratings for "Arrow" when he appears in episodes 8, 9 and 20 this season.

Leonardo DiCaprio (now 38) will play Woodrow Wilson, based on the recent A. Scott Berg book "Wilson." It seems like a long stretch from Jay Gatsby to Woodrow Wilson, but if anyone can do it, Leo can.

Meanwhile, Harry Potter is changing his image in a big way. In Daniel Radcliff's latest film, "Kill Your Darlings," he plays famous poet Allen Ginsberg and has a man-on-man love scene that Radcliffe claims, "Wasn't any more challenging than if you're doing a sexual awakening scene with a girl." The film co-stars Ben Foster and Kyra Sedgwick. In 2014, he has "Horns," in which he plays an accused rapist; "The F Word" (The F stands for what no man wants to hear from a woman, "friend"); and "Tokyo Vice," filming in Japan early next year. He's trying to grow up fast, a la Miley Cyrus. If he sticks his tongue out, I'm done!

King Crossword

ACROSS

- 1 McNally's partner
- 5 Lawyers' org.
- 8 Verve
- 12 Sandwich cookie
- 13 Turf
- 14 Interoffice note
- 15 Rip
- 16 Alpine coatings
- 18 Drum on which cable is wound
- 20 "Siddhartha" author
- 21 Whatever amount
- 22 Teeny
- 23 Long-legged bird
- 26 Oven in an Indian restaurant
- 30 Help
- 31 Monkey suit
- 32 Shock and
- 33 Entrance rug
- 36 Got along
- 38 Summertime mo.
- 39 Cover
- 40 Swiss money
- 43 Griffith's lawyer role
- 47 Longtime airplane manufacturer

1	2	3	4	5	6	7	8	9	10	11
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50					51			52		
53					54			55		

- 49 Capri, e.g.
- 50 Cain's victim
- 51 Fish eggs
- 52 Online journal
- 53 Existed
- 54 Massachusetts cape
- 55 Drunkards
- 22 Grow
- 23 Despondent
- 24 Uncle (Sp.)
- 25 Altar affirmative
- 26 Egypt's boy king
- 27 Rowing need
- 28 Have bills
- 29 Roulette bet
- 8 Ran the show
- 9 Meadows
- 10 Pumps up the volume
- 11 Schnozz
- 17 Timely question?
- 19 Stick with a kick
- 22 Grow
- 23 Despondent
- 24 Uncle (Sp.)
- 25 Altar affirmative
- 26 Egypt's boy king
- 27 Rowing need
- 28 Have bills
- 29 Roulette bet
- 31 Playground game
- 34 Cause anger
- 35 Greatly
- 36 Healthy
- 37 Goes off script
- 39 Burdened
- 40 Imperfection
- 41 PJs coverup
- 42 Computer brand
- 43 "You're putting --!"
- 44 Norway's capital
- 45 Coagulate
- 46 Small barrels
- 48 Historic period

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King Crossword Answers on Page 30



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DEATH NOTICES

Stephen Joseph Loomis, Sr.

Stephen Joseph Loomis Sr. passed away on October 10, 2013 with his family by his side. Mr. Loomis was born November 16, 1934 in New Haven, CT and lived in Orange and West Haven, CT until his retirement to Florida in 2010. He was married to his childhood sweetheart, Shirley Trask Loomis for 56 years. He attended Mary L. Tracy, Hillhouse, and graduated from UCONN with a Masters degree in Forestry. He graduated the Coast Guard Officer Candidate School in 1957 and served 5 years and left as Lt. Commander, and he entered the Army Reserves in 1975 and retired a Major in 1998.

Mr. Loomis owned and operated E.G. Loomis & Son Inc. in Orange until 1989. He worked for Connecticut Central Railroad until 1998. He also worked for Railroad Salvage and BDN Landscaping before going to work for Mirror Polishing & Plating Company Inc. in Waterbury from 1998 until his retirement in December of 2010. He owned and operated Loomis Bus Company for Amity Regional bus system. While in Florida, Mr. Loomis worked 5 seasons for the Houston Astros Spring Training Facility as a security guard in Osceola, FL.

Mr. Loomis was a 56-year member of Wooster Lodge #79 Masonic Order and served as Worshipful Master twice and was a member of the National Sojourners. He was a past Patron of Mystic Chapter #20 OES and was a 50+ member of Orange Congregational Church of Orange. He was a retired member of the Orange Volunteer Fire Department and was a life member of Connecticut Valley Railroad Museum. Mr. Loomis was also an avid Stamp and Coin Collector and enjoyed model railroads and anything railroad related.

He was the son of Ernest Gilman Loomis and Hazel Putnam and is survived by his wife Shirley, his children Debra Francisco (Randy), Penny Nalband (Gary), Shirley Jean Nielsen (Brent), and David Loomis (Robert Webb), as well as eight grandchildren, Christina Burdge, James Francisco, Joseph Francisco, Emily Nalband, Ernest Nalband, Stephen Nalband, Katherine Busk and Jeffrey Nielsen and three great grandchildren, Matthew Francisco, Joshua Provo and Mason Busk. He is predeceased by a son, Stephen J. Loomis Jr.

Arrangements were handled by Beecher & Bennett- Taylor Funeral Home, 410 Campbell Ave., West Haven, CT. A Funeral Service took place on the 16th in the Orange Congregational Church, 205 Meetinghouse Lane, Orange, followed by a burial with Military Honors in Orange Center Cemetery. In lieu of flowers, donations may be sent to VITAS Community Connection, a community of Hospice caregivers who lovingly cared for Mr. Loomis. Please make donations online: <http://us-mg204.mail.yahoo.com/neo/www.vitascommunityconnection.org%20> or mail a donation to: VITAS Community Connection c/o VITAS Innovative Hospice Care, 2201 Lucien Way, Suite 100, Maitland, FL 32751. Please make checks payable to VITAS Community Connection. To send a condolence to the family, please see obituary at <http://www.beecherandbennett.com/>.

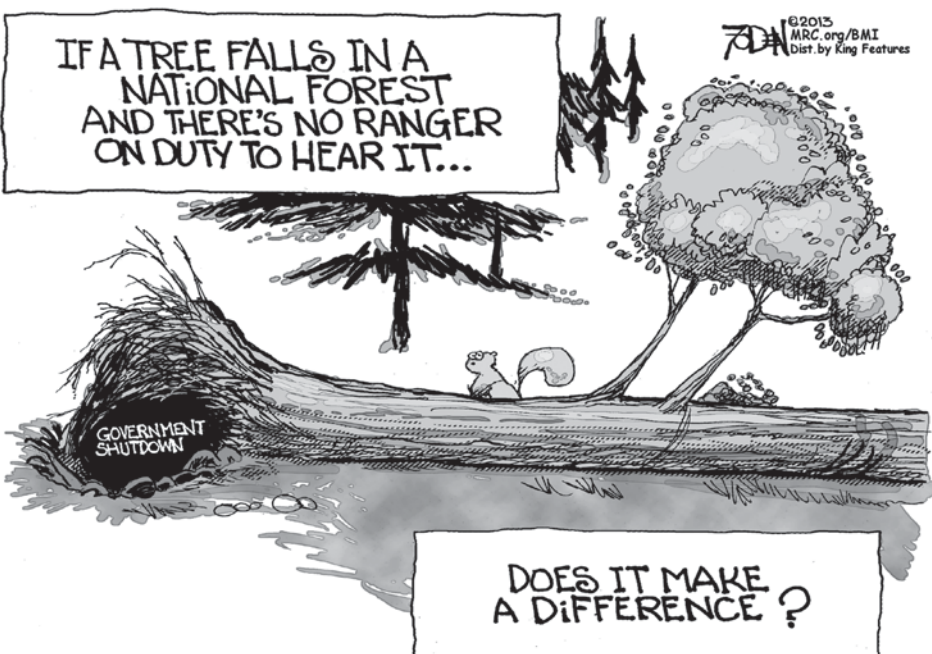


Stephen Joseph Loomis, Sr.

Woodbridge Town News

DEATH NOTICES

The Woodbridge Town News will publish Death Notices for Orange families free of charge as a service to our readers. Family members please email notice (limit 250 words, please) to: edit@woodbridgetownnews.com



Being Prepared for Life's Transitions: Separation and Divorce

Provided by Richard J. Zorena, CFP®

In addition to the emotional impact, separation and divorce can have a financial impact when assets, debt and other financial connections need to be divided. The negative financial impact that separation and divorce can have has been written about extensively, and as with any major life transition, preparation is key. This article will discuss a few key issues that can have a large financial impact on both parties.

Maintaining financial security for all involved should be the focus. States often have laws regarding separation of property; however failure to understand your state's divorce law could also potentially impact the division of retirement plans, alimony, and child support. Following are some of the critical financial issues you and your spouse will need to consider during separation and divorce.

Dividing assets: In common law states, all property acquired by you or your spouse from marriage onward is subject to division. The intention is that property will be distributed equitably, but not necessarily equally. A court will consider the length of the marriage, earnings potential, responsibilities for children, debt, and tax consequences in dividing assets.

However, in the nine community property states (Arizona, California, Idaho, Louisiana, Nevada, New Mexico, Texas, Washington and Wisconsin) almost all assets are divided equally. Assets acquired before marriage, gifts to an individual spouse, and individual inheritances are not subject to division in both common law and community property states.

Marital debt: In common law states, in general, you are responsible for your individual debt and any debt in jointly held accounts and are not responsible for the individual debt of your spouse. However, in community property states, you will be responsible for half of all debt in jointly held accounts and potentially half of your spouse's individual debt. You will be accountable for half of your spouse's individual debt so long as that debt is for the "general benefit" of the marriage.

Retirement accounts: Funds accumulated over the course of a marriage are subject to applicable common law community property laws and may be subject to division during a divorce. If your employee benefit or pension plan is subject to ERISA (Employee Retirement Income Security Act), you will need to obtain a court order called a Qualified Domestic Relations Order (QDRO) and provide it to your spouse's plan sponsor before distributions are completed to your spouse. The QDRO directs the plan sponsor to pay to your spouse all or a portion of the participant's plan benefits, subject to the terms of the Plan.

Individual retirement accounts (IRAs) are subject to the Internal Revenue Code rules for transfers incident to divorce which does not require a QDRO, but does require a decree issued by a court in order to transfer assets between the IRAs of the spouses. The transfer incident to divorce rules can be applied before a divorce is finalized as long as there is a court order regarding separate maintenance and the division of the IRA.

In addition to dividing retirement funds, do not forget to update your beneficiary designations. Although a number of states have enacted statutes that automatically revoke beneficiary designations of an IRA upon divorce, some states have ruled that an ex-spouse is entitled to the IRA where the beneficiary designation is not updated. To avoid this scenario, discuss with your financial advisor or company's benefits department to update your beneficiary designations upon divorce.

Having legal and financial advisors on your side is important to help educate you on your choices, advocate for your best interests and protect your financial future for years to come.

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Richard J. Zorena
Vice President – Wealth Management
Certified Financial Planner®
Advisory & Brokerage Services



UBS Financial Services Inc.
1 Century Tower – 6th Floor, 265 Church St
New Haven, CT 06510-1708
Tel. 203-498-3343, Fax 203-624-1248
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Richard.Zorena@ubs.com
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MUNSON'S CHOCOLATE - 109 Boston Post Rd., Orange is currently hiring PART TIME Retail Sales Associates. Day, Evening, and Weekend positions available. Applications available within store or call 203-799-0666.

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WANTED

WANTED - Art, Clocks, Coins, Dolls, Estate Jewelry, Military, Silverware, Trains, Gold, Silver, etc. Call Joseph & Carol Ferry Antiques at 203-795-4644.

DONATIONS WANTED - Helping Hands Community Thrift Store raises money for over 150 local non-profits. Donate your furniture, housewares, clothing etc. and make a difference! Call 203-782-4800 for Furniture Pick-Up. Two Locations for donation drop-offs and shopping: 334 Boston Post Rd, Orange and 77 State Street, North Haven; www.helpinghandsctfb.com.

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GIRLS ICESKATES - Jackson "Mystique". White. New in box. Size 11M. \$50.00. Call 203-799-7933.

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CAR FOR SALE- 1968 T-Bird. No rust. 5 new tires. 429 rebuilt engine. Car in use. \$6,000 OBO. Ben 203-877-3772

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ACADEMIC TUTORING - for middle and high school students in: math, algebra, english, geometry, time mgt. / study skills, writing & research papers, vocabulary, PSAT, ACT & SAT tests. Also: college applications and essays, ASVAB, GED, TEAS, GRE, and CPA exams, accounting, economics and finance courses, and securities licensing exams: Series 7,63, 66. Email: ddubinsky.nva@gmail.com, or call David at: 203-219-1698.

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HOUSE CLEANING - Ediomar 203-945-7820. Good prices and good references. 12 years experience.

CLASSIFIED ADS START AT JUST \$20!

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www.WoodbridgeTownNews.com

— **King Crossword** — — **Weekly SUDOKU** —

Answers

Solution time: 21 mins.

R	A	N	D		A	B	A		E	L	A	N			
O	R	E	O		S	O	D		M	E	M	O			
T	E	A	R		S	N	O		W	C	A	P	S		
C	A	P	S		T	A	N		H	E	S	S	E		
					A	N	Y		W	E	E				
S	T	I	L		T	A	N		D	O	O	R			
A	I	D			T	U	X			A	W	E			
D	O	O	R		M	A	T		F	A	R	E	D		
					A	U	G		L	I	D				
F	R	A	N		C				M	A	T	L	O	C	K
L	O	C	K		H	E	E		D		I	S	L	E	
A	B	E	L		R	O	E			B	L	O	G		
W	E	R	E		A	N	N		S	O	T	S			

Answer

7	3	9	8	6	1	2	5	4
2	8	6	5	3	4	7	1	9
5	1	4	2	7	9	8	3	6
1	5	3	9	4	2	6	8	7
9	6	8	1	5	7	3	4	2
4	2	7	3	8	6	5	9	1
6	9	5	7	1	8	4	2	3
3	4	1	6	2	5	9	7	8
8	7	2	4	9	3	1	6	5



PHYSICAL THERAPY AFTER TOTAL KNEE REPLACEMENT SURGERY

The first knee replacement surgery was performed in 1968. Since then Total Knee Replacement (TKR) surgery has been becoming both more common and increasingly successful. According to the Agency for Healthcare Research and Quality, more than 600,000 knee replacements are performed each year in the United States. Although the procedure itself may only last a few hours, the rehabilitation process for maximum recovery can take months. The purpose of this article is to help those who are considering having TKR surgery better understand the post-operative rehabilitation process.



Peter Geloso

Physical therapy starts the day after surgery in the hospital. A typical hospital stay is three days without complications. A Continuous Passive Motion (CPM) machine is often used a few hours a day to help initiate motion, decrease swelling, and prevent blood clotting. A physical therapist will teach you gentle range of motion (ROM) and strengthening exercises as well as help you transfer in/out of bed and get you walking using an assistive device such as a walker or cane.

After the hospital you will either go to an inpatient rehab facility or home to receive home-care physical therapy depending on your level of function and living situation. During this phase of rehab, physical therapists will continue to help improve your knee ROM with a goal of 90 degree's of bend, and will also progress strengthening to increase your independence with daily activities such as dressing and bathing while decreasing your reliance on the assistive device.

Usually by four weeks after surgery you are ready to begin outpatient physical therapy. Most patients resume driving independently between 4-6 weeks, but if pain levels are too high and you cannot safely navigate the pedals you may have to rely on someone for transportation initially. Generally you will be in outpatient physical therapy 2-3x/week for 8 to 12 weeks; however, everybody is going to recover at their own rate and will need an individualized treatment plan to address their specific needs and limitations. Outpatient physical therapy aims to maximize your strength and mobility to return you to your prior level of function with your previous activities of daily living. A ROM goal at this phase is 120 degrees of bend and to be able to comfortably transfer from a low chair or commode with minimal pain and difficulty. Strengthening and balance activities will be performed to improve your ability to perform more complex tasks such as squatting, ascending/descending stairs reciprocally, multi-directional lunging, and ambulating on uneven surfaces without an assistive device. Endurance training is also important to improve walking distance and speed and improved prolonged standing tolerance.

Our licensed physical therapists are all qualified to evaluate and treat your specific needs after TKR surgery and can provide you with detailed and individualized home exercise programs, manual therapy treatments to improve ROM, modalities to decrease pain, and therapeutic exercises in the clinic to improve strength and balance. These services combined together can help speed up your recovery process and return you to the things you love to do in an effective and timely manner.

Peter Geloso DPT received his doctorate degree in physical therapy from Elon University in Elon, NC. He works at Amity Physical Therapy in Woodbridge, CT. If you have any further questions, please feel free to contact him at (203) 389-4593.

Take a break from raking those leaves! There's still time to register for one of the upcoming courses being offered by Amity Adult & Continuing Education! And what a wide variety there is to choose from. Here's just a small sample:

- CPR –Adult, Child & Infant
- First Aid
- Public Speaking
- Reflections on the Art of Living and Healing, with Dr. Bernie Siegel
- World Dance
- Piano/Keyboard
- Boating Safety & Personal Watercraft
- Wine Making
- Stained Glass
- Replacement Window Workshop
- Self Hypnosis
- Nutritional Balancing
- Common App Boot Camp
- Learn to Make Sukiyaki-Food of Imperial Japan

For more information on these and other courses being offered, or to register for a course, go to: www.amityadulthood.com or call 203-392-2005

FROM YOUR STATE SENATOR

By Joseph Crisco



Among many new laws effective this month a handful stand out for their potential to improve safety on Connecticut's roads – for drivers, passengers, and highway workers – and for consumers of two current, popular trends. All told, dozens of state laws have an October 1 effective date, but the measures to further restrict distracted driving, safeguard highway workers, and protect customers of tattoo parlors and indoor tanning facilities underscore the legislature's responsiveness to these pressing issues.

One new law fortifies consequences for driving while talking on a cell phone, texting, or engaged in other forms of distracted driving, increasing fines for first, second, and third offenses in an effort to protect all those on Connecticut roads. Likewise, another new law strengthens penalties for violations within designated highway work zones to protect those making repairs and improvements to our roads.

For consumer safety, we now have a state statute requiring state licensing and annual, local inspections of tattoo parlors to ensure safe and sanitary conditions therein. Body art seems to be very popular, particularly among young people, and the legislature wants to protect them from inattentive tattoo artists.

Similarly, a new state statute prohibits indoor tanning facilities from accepting anyone under 17 from using a tanning bed; again, to protect consumers from unnecessary risk. Some of these new tanning beds can alter a person's skin tone in as little as ten minutes, so we simply want customers and users of these strong machines to be at least 17 years old before doing so.

As the Senate's Federal Relations

Liaison I recently made a formal request of Secretary of State John Kerry to deliver to the Russian Federation President a copy of this year's Resolution Memorializing President Putin to Allow American Adoptions of Russian Children in Process to Proceed. Last winter President Putin permanently banned the adoption of Russian children by United States citizens; literally hundreds of American families remain in limbo as a result – stranded part-way through the complex international adoption process.

If President Putin remains determined to deny adoptions of orphaned Russian children by willing and qualified American families he'll have to live with that decision, but we are eager for him at the very least to allow all those adoption proceedings already underway to go forward. The Resolution was adopted unanimously by senators in the Government Administration and Elections Committee and then again by the full Senate.

The United Nations and the Hague Conference on Private International Law recognize a child's right to a family as a basic human right, worthy of protection, and I am eager to remind President Putin of that. It is our hope that delivery of our Resolution by Secretary Kerry will help President Putin grant this right to Russian children and these American families.

The Ministry of Science and Education of Russia reports that approximately 110,000 Russian children live in state institutions, but in 2011 just 7,400 of them were adopted by Russian families. Another 3,400 were adopted by families in other countries. This request is made on humanitarian grounds, simply to match more Russian children with permanent families here in the United States.

WOODBIDGE RECREATION DEPARTMENT WINTER PROGRAMS

CLASSIC BASKETBALL LEAGUE NOVEMBER 26th – APRIL 1ST

GRADES 4, 5, & 6 ON TUESDAYS AT 6:00 P.M. – 8:00 P.M.

AT BEECHER SOUTH GYM

REGISTRATION IS LIMITED TO THE FIRST 32 TO REGISTER

\$110.00 FEE INCLUDES TEAM T-SHIRT and includes free

Saturday Basketball League 10:15am – 12:00 noon @ Center Gym

starting December 7th

HIGH SCHOOL BASKETBALL LEAGUE DECEMBER 4TH – APRIL 2ND

Grades 9-12

WEDNESDAYS AT 6:30 P.M. – 8:30 P.M.

AT CENTER GYM

\$420 TEAM FEE INCLUDES SHIRT OR \$50.00 PER

INDIVIDUAL. 6 TEAM MAXIMUM

JUNIOR HIGH BASKETBALL LEAGUE DECEMBER 5th – APRIL 3RD

Grades 7,8,9

THURSDAYS AT 6:00 P.M. – 8:00 P.M.

AT BEECHER SOUTH GYM

\$110.00 FEE INCLUDES TEAM T-SHIRT

REGISTRATION IS LIMITED TO THE FIRST 32 TO REGISTER

REGISTRATION PROCEDURE:

BEECHER SOUTH RECREATION OFFICE HOURS

8:00 A.M. – 4:00 P.M. MONDAY- FRIDAY

OR MAIL CHECK WITH NAME, ADDRESS, PHONE NUMBER,

AND LEAGUE TO: WOODBRIDGE RECREATION DEPARTMENT,

11 MEETINGHOUSE LANE, WOODBRIDGE, CT 06525

NOVEMBER 2 – RESIDENTS ONLY
HazWaste for Woodbridge Bethany & Orange

SAFE & FREE DISPOSAL OF HOUSEHOLD CHEMICALS

Saturday, Nov. 2, 9 am–Noon
Woodbridge Transfer Station
Acorn Hill Road Ext.

If you would like to volunteer, please call **203-389-3492**

PARTIAL LIST OF WHAT TO BRING TO HAZWASTE CENTRAL

Visit www.rwater.com/hazwaste for a complete list:

KITCHEN & BATHROOM		
Aerosols	Metal & Furniture Polish	Bathroom Cleaners
Floor Care Products	Oven & Drain Cleaners	Nail Polish Remover
GARAGE & WORKSHOP		
Gasoline	Auto Body Repair Products	Paint Thinner & Stripper
Auto Batteries	Other Oils/Cleaners	Used Motor Oil*
Brake & Transmission Fluid	Oil-Based Paints, Stain	Antifreeze*
GARDEN & MISCELLANEOUS		
Chemical Fertilizer	Herbicides & Insecticides	Batteries*
Fungicides	Pesticides	Photographic Chemicals
Swimming Pool Chemicals	Fluorescent Bulbs (Including CFL Type)*	
Mercury & Mercury-Containing Items		

*Local disposal options may be available. Please check with your public works department or local transfer station or the following resources:

Batteries: call 1-800-8-BATTERY or log on to www.call2recycle.org (excluding alkaline and auto batteries). **Compact Fluorescent Light (CFL) Bulbs:** call 1-800-CLEANUP, or log on to www.earth911.com

Residential Waste Only – No Medical Waste or Electronics

HazWaste Central is for residents in these participating towns: Bethany, Branford, Cheshire, East Haven, Fairfield, Guilford, Hamden, Madison, Milford, New Haven, North Branford, North Haven, Orange, Wallingford, West Haven, Woodbridge.

For more info call **203.401.2712** or email ask.hazwaste@rwater.com.



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dan@whitetailsolutionsllc.com

DOLLAR\$ AND \$EN\$E

WHAT'S TRENDING?

By Roberta L Nestor

Editorial submission of our articles for the Orange and Woodbridge Town News is approximately a week before the actual publication, so as of this writing, we are still in a government shut down and the threat of the debt ceiling is looming over Americans. The outcome is anyone's guess at this juncture; nonetheless it is, once again, impacting investors. Over the past several years' investors have had real concerns about many domestic and geopolitical events that have kept some from moving forward and investing in equity markets.

The Investment Company Institute (www.ici.org) publishes monthly and quarterly statistics with regard to flows into different types of asset classes. Flows represent where investors are putting their 401k, IRAs, 403b, ROTHs and non-retirement money as well. After reviewing the chart of money flows as of 09/30/2013 (as reported by JP Morgan 3 Quarter 2013 "Guide to the Markets" it is easy to identify trends.

- Net flows into World Equities were more than six times that of flows into US Equities on a year to date basis as of 09/30/2013 (\$15 billion in US Equities versus \$91 billion in World Equities).
- From 2009 through 2012, investors took \$369 billion out of US Equities, more than what was put in and during a period of time when the S & P 500 gained nearly 60%.
- Net flows into taxable bonds for the past 12 years have been positive and hold an unprecedented \$2,795 billion in assets.
- In 2012, net flows with US equities were negative \$156 billion as compared to positive flows of \$254 billion into taxable bonds.
- Investors are speaking loudly. For several years now the continued distrust of equity markets continues. And, certainly after the events in Washington of the past several weeks, it would not be surprising to see this pattern continue. On the other hand, investors are realizing that the low interest rate environment is not changing anytime soon and earning zero interest in money markets is no longer tolerable. Year to date the Investment Company Institute (ICI) shows negative flows out of these accounts to the tune of \$68 billion. Cumulatively since 2008 over \$1,250 billion has left money funds.
- It's not all doom and gloom, there are positive trends for investors as well:
- ROTH IRAs are gaining popularity and the old school of defer, defer, defer is over. Generation Y prefers to pay their tax liability now for tax free income later. In the year 2000 the ICI showed just \$134 billion in ROTH IRA assets and that has nearly doubled to \$261 billion in 2011.
- 529 plan assets are also growing. In the year 2000 only \$6 billion dollars existed in 529 college savings plans. According the ICI as of 12/31/2012, 529 plans held \$168.9 billion dollars in assets. This represents an enormous awareness of young parents who, they themselves, have probably had substantial college loans and are planning ahead for their own children.
- The Y Generation is getting one up on Baby Boomers by beginning to save at an earlier age. This group, on average, begins saving at age 22 versus the Baby Boomers who averaged their savings at age 35.
- There are now 8.1 million Americans protected with Long Term Care (LTC) insurance (American Association of Long Term Care Study) and 322,000 new Americans obtained LTC insurance coverage in 2012.

Through all of the many changes for investors, there does remain a constant and that is your financial advisor. One of the most important services your advisor can offer is that of a calm voice at the other end of the line, someone who will listen to your concerns and explain the potential effects on your investment portfolio. Discussing concerns with a person who knows you, your financial situation, risk tolerance and goals can be very comforting, especially in times like these.

Roberta L. Nestor is a financial advisor practicing at 491 New Haven Avenue in Milford, CT offering retirement, long term care, investment and tax planning services. She also offers securities and advisory services as an Investment Adviser Representative of Commonwealth Financial Network – a member FINRA/SIPC and a Registered Investment Adviser. Fixed insurance products offered through Nestor Financial Network is separate and unrelated to Commonwealth Financial Network or Nestor Financial Network does not provide legal or tax advice. You should consult a legal or tax professional regarding your individual situation. Roberta can be reached at Nestor Financial Network, 203-876-8066 or roberta@nestorfinancial.com.

WOODBIDGE RESIDENTS!

Have an Upcoming Birth Announcement, Anniversary, Engagement or Wedding?
 Send it to us with a photo and we will publish it FREE.
 Woodbridge Town News, P.O. Box 1126, Orange, CT 06477
 Email: edit@woodbridgetownnews.com

LOCAL SPORTS

22ND ANNUAL ROAD RACE BRINGS COMMUNITY TOGETHER

On Saturday, October 5th the Recreation Department of the Town of Woodbridge held its 22nd Annual Road Race. The event featured a 5k road race through the streets of Woodbridge that began at the Town Library, preceded by a Fun Run for children on the FitzGerald Property fitness trail.

Woodbridge Recreation Department Director John Adamovich said, "Participation in both events exceeded all past years. The 5k Race had 229 runners signed up, and the children's Fun Run had 35 girls and 32 boys signed up."

Winners of the children's Fun Run were; Abby Maoz at 7:31 (Girls 1st Place), Claire Jackson at 7:35 (Girls 2nd Place), Nell Grant at 8:08 (Girls 3rd Place), Spencer Paragas at 6:33 (Boys 1st Place), Parker Paragas at 6:53 (Boys 2nd Place), and Cole Wissink at 7:03 (Boys 3rd Place).

In the 5k Road Race winners were; Nicolas Migani at 16:22 (Men's 1st Place), Mike Zarkowic at 17:40 (Men's 2nd Place), Marco Lopes at 18:19 (Men's 3rd Place), Kelly Horowitz at 20:13 (Women's 1st Place), Janet Criscuolo at 20:26 (Women's 2nd Place), and Andrea Benjamin at 30:01 (Women's 3rd Place).

AND THE WINNERS ARE....

The Woodbridge Road Race was held on Saturday, October 5, 2013 and these are the winners:



Children's Fun Run Winners: Starting line of Woodbridge Road Race left to right is girl's division 1st place Abbey Maoz, 3rd place Nell Grant, 2nd place Claire Jackson, Coldwell Banker representative Joan Divincenzo, 1st place boys Spencer Paragas, 2nd place Parker Paragas, and 3rd Place Cole Wissink.



AMITY PHYSICAL THERAPY SPONSORS 125 IN ROAD RACE

In addition to its role as the major sponsor of the Woodbridge Road Race, Amity Physical Therapy also personally sponsored some 125 runners with free paid registrations and colorful red Tee Shirts. The annual road race draws scores of runners, young and old, die-hard runners and neophytes. "It's a great event," commented Michael Dow, Founder and Clinical Director of the Woodbridge Physical Therapy Center. "People come to run, socialize, and utilize our clinicians in warm up and cool down exercises."

"This is our third year as the major sponsor, and we can see the increase of registered runners. Woodbridge turns out a spirited group of people for these races. Most of our physical therapy clinicians are here to offer free advice and stretching exercises before and after the race."

Amity Physical Therapy has offices in Woodbridge and Hamden with a third facility planned for opening in January. Michael Dow MSPT can be reached at 203-389-4593 in Woodbridge, or 203-691-6428 in Hamden. Visit www.amitypt.com.



Left to right is Coldwell Banker representative Joan Divincenzo, 1st place finisher Nicholas Migani, Amity Physical Therapy representative Michael Dow, and Woodbridge First Selectmen Ellen Scalettar.



Overall female winner Kelly Horowitz crossing the finish line.

Woodbridge Town News

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Salome's Stars

ARIES (March 21 to April 19) A colleague might offer to open a door for you professionally. But before you walk through it, be sure this "favor" isn't attached to an obligation you might find difficult to discharge.

TAURUS (April 20 to May 20) Your creativity, your persistence and your reliability could lead to a major career shift. Be sure to use that other Taurean trait, your practicality, when discussing what the job offers.

GEMINI (May 21 to June 20) A changing situation might require some adjustments you might not have been prepared to make. However, flexibility in this matter could be the best course to follow at this time.

CANCER (June 21 to July 22) You're in a period of fluctuating moods, which is not unusual for the Moon Child. Your emotions stabilize by the 25th. Meanwhile, try to hold off making major decisions until then.

LEO (July 23 to August 22) That keen sense of perception helps you hunt down those minute details that others overlook. And, of course, your Leonine ego will accept the expected praise with good grace.

VIRGO (August 23 to September 22) Be careful not to be confrontational when raising a work-related issue. Better to make a request than a demand. And, of course, be prepared to back up your case

with facts.

LIBRA (September 23 to October 22) Your ego might be hurt when a colleague turns down your offer to help. But accept it as a rejection of your offer, not of you. A friend from the past could re-emerge by week's end.

SCORPIO (October 23 to November 21) A flow of positive energy turns a work project you didn't want to do into something you actually love doing. Now, take that attitude into your social, intimate life -- and enjoy what follows.

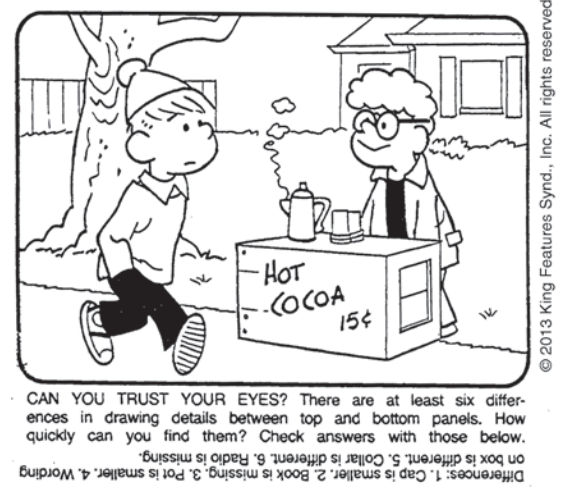
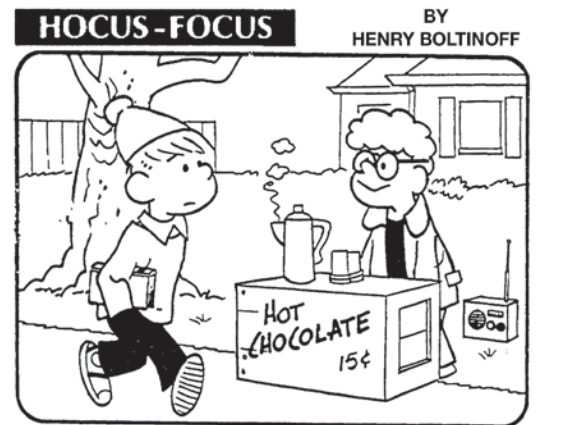
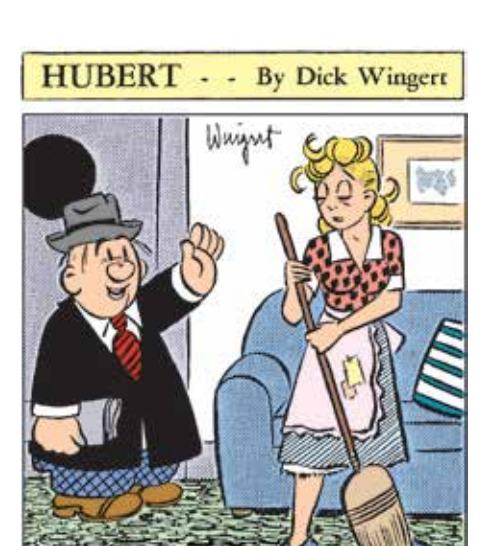
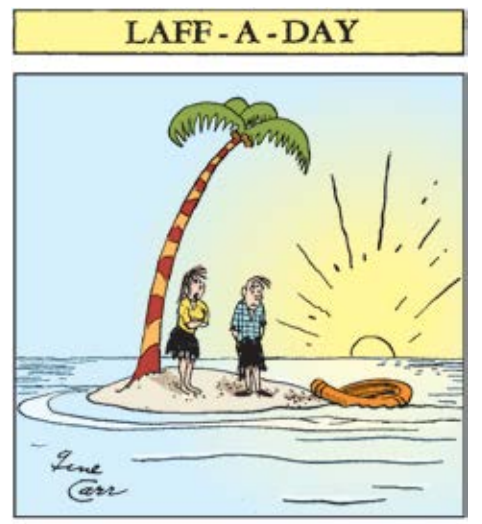
SAGITTARIUS (November 22 to December 21) Working hard to meet your professional goals is fine. But don't neglect your private life, especially where it concerns your more cherished relationships.

CAPRICORN (December 22 to January 19) "Patience" remains the key word in dealing with an emotionally sensitive situation involving a close friend or family member. Help comes your way by week's end.

AQUARIUS (January 20 to February 18) With new information coming in, it's a good time to rethink some of your goals without taking suggestions from others, no matter how well-meaning they might be.

PISCES (February 19 to March 20) Making progress on your project is relatively easy in the early part of the week. A problem could arise midweek. But all goes swimmingly once it's resolved.

BORN THIS WEEK: Holding fast to your principles, no matter what, inspires others to follow your example.



CAN YOU TRUST YOUR EYES? There are at least six differences in drawing details between top and bottom panels. How quickly can you find them? Check answers with those below. Differences: 1. Cap is smaller; 2. Book is missing; 3. Pot is missing; 4. Wording on box is different; 5. Collar is different; 6. Radio is missing.

top ten

Snobbiest U.S. Cities

1. San Francisco
2. New York City
3. Boston
4. Minneapolis/St. Paul
5. Santa Fe, N.M.
- (tie) Seattle
7. Chicago
8. Providence, R.I.
9. Washington, D.C.
10. Charleston, S.C.

Source: www.dailymail.co.uk

DOG BALKS AT EYEDROPS

DEAR PAW'S CORNER: My dog is being prepared for corrective eye surgery, and has to be given special drops. However, "Maisie" won't hold still for me at all, and I can't get the drops in. What can I do? - Lauren, via e-mail

DEAR LAUREN: Pets don't like being given medicine, and they really, really don't like getting eyedrops. Approaching Maisie head-on or holding the eye dropper directly over her eye will freak her out. Instead, keep her comfortable and unaware of the dropper until the very last moment. Here's how:

- Approach her from the side, and pet her into a sitting position, giving lots of praise. If she is a large dog, have a friend cradle her from the side or stand behind her, placing your legs behind her shoulders so she can't back up. If she is small, cradle her until she is calm.
- Cup one hand below Maisie's chin so you can gently lift her head upward.
- Quickly wipe the eyes clean using a damp cotton ball or cloth.
- Unscrew the eyedropper top or have a friend do it where Maisie can't see.
- Lift her head and gently tug down her lower eyelid.
- Bring the eye dropper up and hold it at an angle to the eye so it's close, but not directly in her view.
- Gently tug her upper eyelid upward and quickly put a drop into the eye, being careful not to touch the eye.
- Repeat with the other eye.
- Wipe away excess medicine with a clean cotton ball.
- Give Maisie a treat right away -- she deserves it!

For visual details, watch this video by VideoJug/Battersea Dogs & Cats Home: <http://www.youtube.com/watch?v=a8TtdwnPpzo>

Send your questions or comments to ask@pawscorner.com.



The Garden Bug

Death's-head hawkmoth

This insect's skull-like markings on its back are unsettling, and when it is disturbed, it squeaks loudly, hops about and shrugs its wings up and down. It has long been superstitiously regarded as a harbinger of war, pestilence, hunger and death. Entomologists drew from mythology to name it: *acherontia* from the river of pain in the underworld, and *atropos*, the Fate who cuts the thread of life.

- Brenda Weaver
Source: www.nhm.ac.uk

BARK BYTES...

By Vicki & Richard Horowitz

Halloween—The Most Dangerous Holiday For Dogs

Did You Know?

Halloween brings a fun time for most of us. Lots of great costumes with little monsters and ghastly ghouls at every turn, yet, for some of our smaller participants, a few unwelcome thrills and chills. And this is just the kids! For some of our much-loved four-legged family members, Halloween can be a nightmare—from oddly dressed squealing kids and strangers ringing doorbells to unusual commotion in the neighborhood—all packed into one action-filled night. Dog owners may not be able to control external surroundings, but they can care for their dog's safety and well being by observing the following tips from Bark Busters:

Don't leave your dog outside.

Even if you have a fenced yard, bring your dog inside where it is safe. If your dog is usually kept outside, bring him in a few times before the big night to get him used to being indoors. Sometimes a sudden change can put more stress on a dog. If your dog cannot come inside, ensure your dog has a safe place to go, like a doghouse.



Your dog may be used to strangers, but so many little ghouls and goblins running about may be too much. Remember also that it is a natural instinct for dogs to protect the family from strangers, and on Halloween there will be no shortage of strangers.

Keep your dog restrained. If your dog is timid or scared, or if he tends to love people a little too much, it is best to put him in a separate room away from the front door to limit his excitability, aggression, and chance of running outside and becoming lost. Also, consider having a crate or safe zone (such as a pillow or a bed) that you can direct him to when people come to the door.

Reassure your dog. The best thing you can do for your dog when he is feeling unsettled by Halloween activities is to act as you normally would around your dog. By over-reassuring your dog or giving him an unusual amount of attention, you inadvertently can communicate to him that because you are acting differently, there must be something to worry about.

Have your dog get used to costumes. Your dog may see his family members as strangers once they don their Halloween costumes. Before the kids put them on, allow your dog to scent the costumes. If your costume has a mask, keep the mask off when you are with your dog because dogs can become confused when they can't see our faces.

Check your dog's ID tag. Be sure identification tags are secure on your dog's collar—just in case.

Keep candy away from your dog. Many candies—especially chocolate—are toxic to dogs. The severity of the toxicity depends greatly on factors such as breed, age, size, and how much candy was ingested. Problems may range from a mild upset tummy to vomiting and diarrhea, or even death. If you have any concerns at all, consult with a veterinarian immediately. If you want to keep your dog safe, make certain that sweets, including their wrappers, are kept well away from your dog. A wad of wrappers can block the intestinal tract—a very dangerous condition.

Protect dogs from candles and pumpkins. Excited or agitated dogs can easily knock over a lit candle or pumpkin. Be sure those items are away from your dog's reach, or consider a battery-powered candle that does not burn. It is also a good idea to allow your dog to see and scent the decorations before dark, without the candles. Those faces can look scary, especially from a dog's eye view in the dark.

Think twice about dressing your dog in a costume. While some dogs might enjoy being dressed up, many don't. Experiment first to see if your dog likes being in a costume. If so, fine—he'll most likely enjoy himself and the extra attention it brings. However, if he shows any resistance, don't do it. Dogs feel enough stress around Halloween without also having to endure the discomfort and peculiarity of wearing a strange costume.

Be prepared. If you take your dog with you while trick-or-treating, be prepared at all times. Ghosts and witches can appear at any time. Do not let your dog approach the door of a house, and stay clear of possible gags or gangs of goblins who will gather at the door. Dogs do not understand that the person jumping out at you will not hurt you; they often think they can only help you by acting aggressively. Neither children nor adults in costumes should approach a dog without the owner's consent. Even the most well-behaved dog can be startled by a ghost popping out and "attacking."

Have fun but think of your dog's safety. Finally, if you want your dog to be included in Halloween festivities, think about his safety much as you would the safety of a small child. Your dog does not understand Halloween, so he needs you to provide the guidance and safety that you always do.

Vicki and Richard Horowitz, of Woodbridge, are dog behavioral therapists and trainers with Bark Busters, the world's largest dog training company. For more information, call 1-877-500-BARK (2275) or visit www.dog-training-new-haven-ct.com.

ARTS & LEISURE

SACRED HEART ACADEMY PRESENTS ANNIE

Leapin' Lizards! The sun'll come out this November as Sacred Heart Academy brings Annie to the Shubert stage. Featuring a talented cast of over 125 students, this inspiring American musical features the students singing one of Broadway's most memorable scores, including "It's the Hard Knock Life," "Easy Street" and the legendary "Tomorrow." Annie made its Broadway debut in April 1977 and is currently playing as a revival on Broadway.

Sacred Heart students starring in the musical are senior Kanita Mote of Hamden as Annie, junior Kayla Hansen of West Haven as Grace, senior Rachel Porzio of Hamden as Miss Hannigan, and junior Natalie Vitello of Hamden as Lily. The cast will also feature Kahari Blue, a junior from Amity High School as Oliver Warbucks, Ian Spak, a junior from Hamden High School as Rooster, Jesse Ferrara, a senior from Middletown High School as F.D.R., and Sam Nicefaro, a senior from Hamden High School, as Drake.



Sacred Heart Academy is thrilled to be collaborating with the legendary Annie dog trainer, Bill Berloni, and is proud to announce that Oliver from Theatrical Animals, Inc. will star as Sandy!

The Annie ensemble features ladies from Sacred Heart Academy and gentlemen from various schools including Xavier High School, Hamden High School, Amity High School, Hopkins, Notre Dame West Haven, and St. Rita's of Hamden.

Annie will be directed by MaryLee Delaney and musical direction will be provided by Chad Hardin and produced by Frances Saukas.

Along with rehearsals, cast and crew members also will participate in several service projects dedicated to children. Inspired by the show's theme of childhood hope and optimism, they have identified many areas of need to help underserved communities of children including foster home children, inner city students and children with special needs.

Tickets for the Annie are priced from \$10-\$25. Performances are Friday, November 15 at 8 pm and Saturday, November 16 at 2 in the afternoon and 8 pm. For tickets and information call (203) 562-5666, visit www.shubert.com, or visit the box office at 247 College St. in New Haven.

AMS HOSTS FREE COMMUNITY CONCERT

AMS Performing Arts Center (AMS) will hold an Open House Saturday, October 19, 2013, featuring free live concert of student and faculty, free classes in: dance, theater, choir, piano, guitar, and clarinet. Open Mic opportunities, games, raffles and prizes.

The Open House from 11 am-2pm will be at AMS Performing Arts Center located at 131 Bradley Road, Woodbridge, CT. It is free and open to the public.

This event offers a perfect opportunity for anyone interested in AMS to come and see what the Performing Arts Center has to offer, ask questions, and meet many of the faculty and staff. It is a great way to explore options for enrolling in our classes, upcoming musicals and performances.

Special workshops will be available. Classrooms and teachers will be open and available for viewing. As a special bonus, there will be a 15% discount for all those attending the open house.

This event will provide an excellent chance for anyone considering enrolling in any of the 2013/2014 classes and to find out what programs are being offered and ask questions about them. Potential students can also explore the many opportunities and try the classes for free.

The AMS Performing Arts Center, an all-in-one school for the arts, prides itself on offering classes specializing in all styles of music including classical, jazz, blues, country, gospel and Broadway. AMS also instructs in voice, theater, dance (ballet, jazz, hip hop and ballroom dancing) and all instruments. The center also caters to students of various backgrounds, including those with special needs. Both private and group instructions are available. As a unique part of the AMS experience, the center also provides annual scholarships to graduates who wish to pursue a career in the performing arts on the collegiate level.

The AMS Center, located at 131 Bradley Road in Woodbridge and has served the greater tri-state area for over 19 years.

For more information please call the AMS Performing Arts Center at (203) 936-8567 or email amsperformingartscenter@gmail.com.

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