Woodbridge Town News



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Administrative Officer Joseph Hellauer attended the 2012 ice cream social at Beecher Road School in 19th Century garb to remind people of the Civil Rights ceremony and parade planned by the Historical Society that fall.

ADMINISTRATIVE OFFICER SET TO RETIRE IN JANUARY

By Bettina Thiel – Woodbridge Town News

Woodbridge Administrative Officer Joseph Hellauer has announced his retirement come January 15, 2014. He made the announcement at the October selectmen's meeting, then again at the joint meeting with the Board of Finance. In his position, Hellauer has served as the behind-the-scene support to every first selectman in the last 13 years, managing day-to-day operations and shepherding special projects such as, most recently, the extension of natural gas into the center of town.



Friends for life – seated, from left: Ann Potenziani, Ida Luciani and Rose Donato Standing: Agnes DeFilippo, Eleanor Canepari, Ida's daughter Laura Esparo and Rose D'Antonio.

100-YEAR-OLD RESIDENT FETED AT BIRTHDAY BASH

By Bettina Thiel - Woodbridge Town News Correspondent

Do you remember life without cell phones? Giving birth without an epidural? Sepia photography? How about the Model T? Ida Luciani does remember all of those things and then some. The Woodbridge resident turned 100 on October 22 and First Selectman Ellen Scalettar declared that day Ida Luciani Day in Woodbridge.

On the Sunday preceding the actual birthday, Ida's family threw her a birthday bash at the Country Club of Woodbridge, a big party worth the occasion. "I invited 500 people," said her daughter, Laura Esparo, "and close to 400 attended". Given that Ida had lived and worked in Woodbridge her whole life, she could have invited another 500, Laura said.

A large dining tent, different food stations, activities for the children, and, of course, a three-tiered birthday cake were provided. Laura and several helpers prepared ten trays of lasagna and 600 meatballs. They prepared trays of crudités and washed 75 heads of lettuce.

Ida fell in the morning of the event, but by the time the guests started arriving at 2 p.m., she was standing next to her daughter to welcome everyone with a warm

See "Luciani" continued on Page 17





See "Hellauer" continued on Page 5

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Local merchants with some of their scarecrow displays - Lisa and Jaime Jimenez (Solun Restaurant), Kate Brown (Brown Fitness), Mary Jean Goodman (Dine-1-1), Pearl-ellen Shure (The Write Approach), First Selectman Ellen Scalettar, Gail Greenberg (The Write Approach), Stephanie and Mario Cabral (Progressions Hair Salon), and Peter Dermer (Peter Dermer Fine Men's Clothing).

1ST ANNUAL WOODBRIDGE SCARECROW FESTIVAL

Local Businesses Display Playful, Funky, And Spooky Scarecrows

Organized by Woodbridge businesswoman Kate Brown, owner of Brown Fitness, Woodbridge merchants have created the 1st Annual Woodbridge Scarecrow Festival. The public was invited to a kick-off celebration on Saturday, October 12th as Woodbridge businesses began to display their scarecrows to help usher in autumn. Shoppers enjoyed the festive atmosphere and local merchants were able to spend some time getting to know each other better.

First Selectman Ellen Scalettar was on hand to help mark the event and said, "It is so nice to see businesses come together to promote community spirit and local entrepreneurship. I commend Kate Brown on her initiative in getting this new tradition started. This is a wonderful way to draw attention to all the shops and businesses we have right here in Woodbridge."

The scarecrows will be on display at participating businesses throughout the Woodbridge business district, now through Halloween -- so be sure to come take a look while you shop and dine locally.

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Transfer Station employee Ron Zwick assists First Selectman Ellen Scalettar as she turns in her leftover interior paint for recycling. Unopened and opened cans, with any amount of paint left in them, will now be accepted as part of the Paint Care program during all normal hours of operation at the Transfer Station.

PAINT RECYCLING PROGRAM BEGINS AT TRANSFER STATION

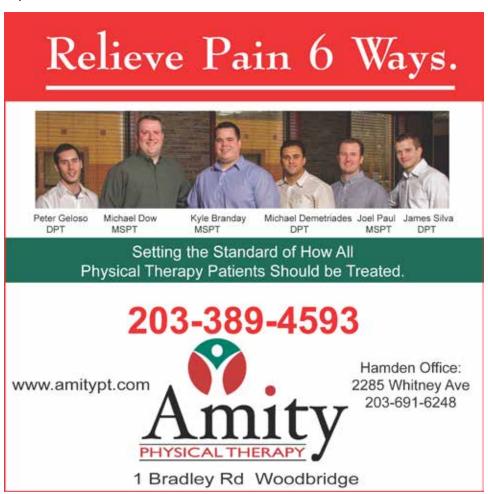
Residents Can Drop-Off Unneeded Paint For Re-Use Or Proper Disposal

Woodbridge Transfer Station is now a collection site for paint recycling as a result of a paint stewardship law that went into effect July 1st. The new state-mandated program requires manufacturers selling paint in Connecticut to help reduce the generation of paint waste through "buying right" education, promoting the donation of unused paint, or providing a system for collection and recycling of paint that includes convenient paint drop-off sites and environmentally responsible paint management.

First Selectman Ellen Scalettar recently stopped by the Transfer Station to drop off some paint cans and see the program in action. She said, "This paint re-use and recycling program will help residents properly dispose of unneeded paint they may have around the house. It feels much better to know that excess paint will be put to good use and that empty cans will be disposed of in an environmentally appropriate manner. I am so pleased that our Transfer Station will host this program, at no cost to taxpayers."

The initiative being adopted in Woodbridge, known as Paint Care, was created by the American Coatings Association, a non-profit stewardship organization that sets up paint recycling programs for manufacturers. The Connecticut Department of Energy and Environmental Protections (CTDEEP) reviews and approves Paint Care's program plan and annual reports.

There is no cost to Woodbridge residents for the recycling of leftover paint and the proper disposal of used paint cans. The only requirements are that all paint must be in its original container (no more than 5 gallons per container), and must have its lid and original label. Among the paint products that are accepted are: all interior and exterior architectural paints: latex, acrylic, water-based, alkyd, oil-based, enamel (including textures coatings); deck coatings, floor paints (including elastomeric); primers, sealers, under-coaters; stains, shellacs, lacquers, varnishes, urethanes (single component). If you have any questions regarding the new paint recycling program, please contact the Public Works Office at 203-389-3420 or ask any of the attendants at the Transfer Station.







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* Indicates Weichert Regional Properties represented the buyer. Information based on MLS data from 10/21/2012 to 10/22/2013.





"Hellauer" continued from Page 1

A retired Air Force Colonel, it is Hellauer who, for years, made sure the town remembered its veterans on Veterans Day and Memorial Day, with ceremonies at the Veterans Memorial. This year's Veterans Day event will be taking place Monday, November 11, at the monument. The ceremony starts at 10:45 a.m. "He has worn many hats as administrative officer and has worn them well," said Executive Assistant Geraldine Shaw, who worked alongside Hellauer throughout his tenure. "Joe has excellent organizational skills, and when given a project, it is brought to fruition quickly and smoothly."

A year ago, Hellauer was instrumental in making the Civil War commemoration possible. He was the Town Hall liaison to the Historic Society in planning the event. He also assisted Finance Director Anthony Genovese in getting the micro-grid application ready for the state. It resulted in the town obtaining a \$3 million state grant for that project – details of which are still being worked out.

Hellauer was at Town Hall when the blizzard of 2013 dumped close to 40 inches of snow on this area. Finance Chairman Matt Giglietti recalled the emergency management meetings at Town Hall at the time. "Warren and Joe and Ed managed the situation," Giglietti said, referring to Public Works Director Warren Connors, Joe Hellauer and the late First Selectman Ed Sheehy. "Ed relied on Joe quite a bit."

"We got criticized by Amity because we didn't allow the school to open," Giglietti remembered of the days following the blizzard. "But the town did the right thing."

"You've definitely been a personal asset," said finance board member Sandy Stein to Hellauer.

A Look Back

Hired by then-First Selectman Roger Harrison and Selectman Joseph Calistro, Hellauer started his job at Town Hall in January 2001. He had to relinquish his position on the executive board of the Volunteer Fire Association as well as his position on the Republican Town Committee. Politics may be a game people play in many a Town Hall across the country, but it stops outside Joe Hellauer's office. "I don't look at your forehead to see if it has a D, an R or an I written across," he said, referring to political affiliations. Instead, his motto has been, "Hi, how can I help you," he said. "That is what this office was all about."

"Joe believes that town employees are public servants, and he has always acted accordingly," said Gerry Shaw. "I have been witness to Joe's dealing with very 'concerned' residents, and they always leave with a hand shake, most times with a smile."

Joe Hellauer graduated in 1956 from Holy Cross High School. He entered the Air Force for active duty from 1957 to 1960 and then the Air Force Reserve from 1961 to '86, at which point he retired as a full colonel. He holds a Master in Business Administration, and together with his wife of 57 years, Gail, he founded Electronic Marketing Company, EMC. EMC had three to six sales representatives representing eight manufacturers throughout the Northeast. He was about to wind down the company when the town Hall job opened up for him.

"I'm here to solve problems and to help people," he said in a recent interview in his office. It was in particular the helping part that gave him satisfaction. "It's been a very rewarding and satisfying job," he said, looking back.

What's next? Spending more time with Gail and visiting the grandkids. "It was a good run," he said. "We were very lucky."

"I will miss working with the Colonel, Shaw said. "I wish him a long and happy retirement. He will be missed."

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All articles, photographs and letters must include your name, address and daytime telephone number for confirmation. The Woodbridge Town News reserves the right to reject any advertisement, article, photograph or letter. Letters to the editor must be unique to the Woodbridge Town News.

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Wheelers Restaurant	180 Amity Road
Woodbridge Hardware	219 Amity Road
Woodbridge Senior Center	4 Meetinghouse Lane
Woodbridge Tae Kwon Do	152 Amity Road
Woodbridge Town Hall	11 Meetinghouse Lane
Woodbridge Town Library	10 Newton Road

If you would like to have additional copies of the **Woodbridge Town News** available at your organization or business, please call 203-553-9062.



Below are the final two Woodbridge Town News issue dates and deadlines in 2013. Thank you for your submissions to Your Home Town Newspaper.

<u>Upcoming Issue Deadline</u>

<u>Upcoming Issue Dates</u>

Note: Copy due by 4:00p.m. Thank you.

FROM OUR READERS



WTN Letters Policy

Submit your letters for our **"From Our Readers"** section to: Woodbridge Town News, P.O. Box 1126, Orange, CT 06477 or email: letters@woodbridgetownnews.com.

Please limit letters to 500 words and include a daytime phone number in case we have any questions. Letters must be exclusive to the Woodbridge Town News for publication. We reserve the right to reject any letter.



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WOODBRIDGE EDUCATION ROUNDUP



FROM THE SUPERINTENDENT OF SCHOOLS

By Lynn McMullin



BOWA Superintendents "Winter Advisory"

From John Barile, Bethany Superintendent, Lynn K. McMullin, Orange Superintendent, Gaeton Stella, Woodbridge Superintendent, Mike Nast, Amity Interim Superintendent

Once again we are facing the time of year when New England weather can be unpredictable and severe. School superintendents must ensure that each district meets the state mandated number of school days in a safe and secure manner. The Bethany, Orange, Woodbridge, and Amity (BOWA) school districts will continue to participate in a regional, school transportation collaborative. This arrangement allows our elementary schools to dismiss at similar times and the Orange and Bethany Middle Schools to open and dismiss in coordination with Amity Regional High School.

Thus, the BOWA school district schools will work together to close, delay the opening of school, or dismiss early due to inclement weather. A delayed opening for elementary, middle, and high school will be two (2) hours. We will try to make the decision to close or delay the opening of school by 5:30 a.m., based upon existing road conditions and what is predicted for the next two to twelve hours. When a delay is announced, please stay tuned since a delay might turn into a cancellation if weather conditions do not improve. Radio, television, school bus operators, staff and designated Internet-based sites will be notified immediately.

Although early dismissals are avoided whenever possible, occasionally it may be necessary to dismiss school early due to the deterioration of weather conditions. In these situations, an announcement will be issued by 10:30 a.m. On days when the weather may be problematic, please stay tuned to the local radio and/or television channel to be alerted to an early dismissal. Weather-related early dismissal for middle school and high school students will be at 11:45 a.m. Bethany and Woodbridge elementary school students will be dismissed at 1:10 p.m. Orange elementary school students will be dismissed at 1:00 p.m., and the Orange kindergarten will be dismissed at 11:00 a.m.

Families should have an emergency back-up plan in the event of an early dismissal. Because the schools cannot process last minute arrangements, please make sure your children understand where they should go in the event of an early dismissal from school. When school is cancelled or dismissed early, unless otherwise indicated, all activities and meetings are also cancelled. The school buildings will be closed.

The decision to delay, close school, or dismiss early is often a difficult one. When an administrative decision to open school has been made, this does not preclude a family's choice to keep their student(s) home. Families should always feel free to exercise their own judgment in such cases.

SACRED HEART ACADEMY ENTRANCE EXAM

The Sacred Heart Academy Entrance Exam will take place on Saturday, November 2 from 8 am until noon on the school's campus at 265 Benham Street in Hamden. All students applying for grades 9 and 10 are required to take the entrance exam. To register for the exam, both parts of the application for admission must be submitted to the



Sacred Heart Academy

Office of Admissions before the exam with the \$60.00 fee. Visit the website at www. sacredhearthamden.org to apply online or to print the application for admission. For further information regarding the admissions process contact Elaine Lamboley, Director of Admission, 288-2309, x307.

Sacred Heart Academy, an independent Catholic college preparatory school for young women in grades 9-12 founded in 1946 by the Apostles of the Sacred Heart of Jesus, successfully prepares young women for learning, service and achievement in a global society. There are currently over 500 students enrolled hailing from New Haven, Fairfield, Middlesex, Hartford and New London counties.



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USING NEWSPAPERS TO TEACH KIDS IN THE CLASSROOM

Few resources are as inexpensive yet inherently valuable as the daily newspaper. For as little as the loose change in their pockets, readers can get all their local news, as well as learn what is going on overseas and, for sports fans, what happened during last night's games.

For educators, newspapers can be a valuable teaching tool as well. Younger kids typically aren't avid readers, but newspapers are often reader-friendly, with concise articles that aren't as long-winded as chapters in a book. Teachers hoping to instill a love of reading in their pupils can put the local newspaper to work in a variety of ways.

Teach kids the "5Ws (and the H)." Most adults recall the lesson of the "5Ws (and the H)." The 5Ws and the H are Who, What, When, Where, Why, and How. Newspaper articles are typically built around the rule that encourages reporters to answer these six questions in the first several paragraphs of an article. Teachers can give their students the newspaper and tell them to identify the 5Ws and the H. Students are likely to embrace the reader-friendly nature of news articles, and might just pick up their Mom or Dad's newspaper around the house as a result.

Teach the difference between editorials and hard news stories. When using the newspaper as a teaching tool, teachers can give students two different articles, one news and one editorial. Before explaining the difference, ask kids to identify the differences. Chances are, kids will pick up on the main difference, that an editorial is an opinion piece that uses facts to support an idea, while a news story simply reports the facts without giving an opinion. This can prove a valuable lesson for kids to learn, promoting reading comprehension and teaching kids to question the source of their reading materials in an analytical way.

Encourage kids to read their favorite sections of the newspaper. Kids are kids, and they may not be interested in the front page stories or most of what's included in section A. However, there are sections in every newspaper that can appeal to kids, and teachers and parents alike should encourage their kids to read those sections that interest them. The entertainment section might have stories about kids' favorite movies, while young sports fans are likely to enjoy articles about their favorite teams and players. The goal is to get kids excited about reading, and many parts of the newspaper are filled with articles kids can enjoy.

Use the local section as a teaching tool. Kids may or may not be interested in what's going on in the world's financial markets or even the nation's capital, but the local section is something kids can often relate to, with stories about people and places they're familiar with in their own towns. Human interest stories about local residents doing good deeds or about local businessmen and women setting trends might give kids a greater sense of pride in their community.

The local newspaper is a wonderful tool for educators to use with their students. If there's not one already, teachers should contact their local school board or even their local paper to see if an agreement can be worked out where teachers can provide their students with the local newspaper every day.

Attention Teachers!

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SPECIAL TO THE WOODBRIDGE TOWN NEWS

The Flats

The Amity Hill Soapbox Derby

Compiled by Simon Donato

PART VI



View of Konold's Pond and farms from atop West Rock Ridge 1961

Before 1959, Amity Road had a very steep incline between Bradley Road and Brookside Farm Market. In the spring and summer of 1960, the Connecticut Highway Dept. reduced the steep pitch of the hill and widened the road to accommodate the ever increasing flow of traffic. Before that, some heavy vehicles traveling north on Amity Road had to use Old Amity Road as a bypass in order to avoid the steepest part on the approach to the crest of the hill. In addition, some heavy vehicles had to use Old Amity Road as they headed south toward New Haven, again due to the steepness of "Amity Hill".

While this slope was harrowing to some drivers, it was the perfect hill for racing soapbox cars! Between 1929 and 1938 Amity Hill hosted an annual soapbox derby every July, always on a Sunday. The race started just south of Brookside Farm Market and the finish line was by the present day Willows Convalescent Complex. The course was four-tenths of a mile, the same length as Lucy Street.

Participants hailed from Waterbury, Hamden, Bethany, Westville and Woodbridge according to the memories of the people I interviewed, all in their nineties. Likely, there were participants from other towns, as there were between forty and fifty entries each year. A crowd of viewers and vendors would watch the final approach to the finish line from both sides of Amity Road between Bradley Road and Landin



Approach to the finish line at the Soapbox Derby in 1937 ca.

Street.

The starting point for the race was about one hundred feet south of the present day Brookside Farm Market. In 1932, Ida Amato Luciani, at age eighteen, had a small produce stand on Amity Road in what is now the parking lot of the present day Brookside Farm Market. She clearly recalls the excitement of "race day". Participants would arrive early on the morning of the event and assemble at the corner of Bradley Highlands and Amity Road, inspecting each other's soapbox vehicles which were built by their drivers (with assistance from an adult sponsor). The rules follow those set up by the annual Soapbox Derby in Akron, Ohio. Drivers were given a fifty foot push start to get them going and each entry was timed with a stop watch to determine the fastest time to the finish line. Prizes were awarded for most colorful entries, vehicle design, and fastest time. Drivers had to be no younger than ten years old and no older than fourteen years, resulting in junior (ages 10-12) and senior (ages 13-14) competitions.

Frank Ciarleglio recalls his grandfather telling him of helping his father, Ritchie, build a soapbox for a race. It's not certain what Ritchie's time was, but he did go on to become the first Chief of Police from the Flats, serving from March, 1954 to February, 1975.







Shown here with the Orange Home Depot employees are Mary Ellen LaRocca, Human Services Director and Veterans' Service Ombudsman; Joseph Hellauer, Administrative Officer and USAF Col. Retired; and First Selectman Ellen Scalettar.

ORANGE HOME DEPOT SPRUCES UP WOODBRIDGE VET'S MONUMENTS

Just in time for Veteran's Day, employees from The Home Depot in Orange arrived with rakes, shovels, and beautiful fall mums to beautify the Veteran's Memorial on the Woodbridge Green and the World War II Memorial in front of the Library. First Selectman Ellen Scalettar thanked them and noted why their contribution was meaningful: "It is so important that our veterans and their families know that the entire community appreciates and remembers their service and thanks them for their sacrifice. This is true not only as we approach Veteran's Day, but throughout the year."

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Time: 6:00 pm - 7:30 pm

Contact: (203) 248-4528 for details or to register to participate

Location and Dates

North Haven: Tuesday - November 5, 2013 - QVHD Office—1151

Hartford Turnpike, North Haven

Bethany: Wednesday - November 6, 2013 - (Call for location and

directions)

Hamden: Wednesday - November 20, 2013 - Social Hall - Miller

Library Senior Center, Hamden

Woodbridge: Wednesday - November 13, 2013 (Call for location and

directions)



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FALL WALK 2013

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BULLETIN BOARD

Please Note: If you have an event for the Bulletin Board, please send it along no matter how far in advance it is. We will include it in the appropriate issue(s) until the event has taken place.

Boy Scout Troop 63, meetings Monday nights from 7:00 pm - 8:30pm, Our Lady of the Assumption "Mother" Church, 1700 Litchfield Turnpike (Rte. 69), Woodbridge; September- April and May-June outdoors at Camp Whiting, all boys ages 10 and up or who have completed the fifth grade are welcome to stop by and see what we're all about. For more information, visit http://www.troop963.org or email Troop63CT@gmail.com.

Woodbridge Republican Town Committee Meetings, second Tuesday of each month. For more information, contact Dorothy Martino at dorothyjmartino@yahoo. com or 203-397-1547 or Kathy Gartland, gartlandkb@aol.com or 203-387-8792.

Woodbridge Rotary Club Meetings, 1st and 3rd Friday of the month, 7:30am breakfast meeting, Country Corner Diner, 756 Amity Toad, Bethany and the 2nd and 4th Friday of the month, 12:15pm luncheon meeting, Carmine Tuscan Grill, 1500 Whalley Avenue, New Haven. Anyone interested in learning more about Rotary should contact Anna Dickerson at 203-710-0223 or email annadickerson@ yahoo.com.

Annual Fund Drive for Bethany's Clark Memorial Library, contributions requested to help for the cost of a website to update services, etc.

Trap Falls Kennel Club Obedience Classes, every level, AKC STAR Puppy (obedience for dogs under 12 months) and Family Manners Classes/Obedience; begins week of September 16, 2013, held Wednesday and Thursday evenings, Pawz for Wellness in Shelton, CT. For registration and/or information, call 203-450-9485 or email tfkctraining@gmail.com. Trap Falls Kennel Club is a non-profit member club of the American Kennel Club (AKC)

Hooked on the Sound Crochet Guild, Saturdays, November 2, December 7, 2013; 10am-1pm, Case Memorial Library, 176 Tyler City Road, small meeting room on 2nd level (elevator available); share stitch successes, assist with pattern problems and have a great time crocheting, no fee. For more information, visit http://hotscrochetguild.yolasite.com/, Email HOTSCrochetGuild@Live.com.

New England Young At Heart Health & Wellness Fair, Saturday, November 2, 2013, 10:00am-1:00pm, Woodbridge Senior Center. For more information, go to httpp://neyoungatheart.com.

Woodbridge Senior Center Annual Holiday Fair & Fundraiser, Saturday, November 2, 2013, Senior Center Cafeteria, 4 Meetinghouse Lane, Woodbridge, 10:00am-3:00pm, baked goods, books, crafts, tag sale items, Chinese auction, and many other attractions. Everyone is welcome to come, enjoy, and support this fundraiser.

Pumpkin and Holly Bazaar, Friday, November 22, 2013, 5:00 - 8:00pm, and Saturday, November 23, 2023, 9:00am - 2:00pm, Parish House of Christ Episcopal Church, 526 Amity Road (Rte. 63) at the blinker light; begin Christmas shopping for unique presents and wonderful bargains, popular annual bazaar features Thanksgiving Pies, Bountiful Harvest Bakery, Sugar Plum Fairy Fudge, Granny's Attic Treasures, 26 Spectacular Gift Basket Raffles, The Beaded Stocking Crafts, Silver Bells Twice Nice Ladies' Clothing Boutique, Holiday Cookies on Vintage China Plates, Children's Stocking Stuffers, New and Vintage Christmas Decorations, and more, The St. Nicholas Café – dinner/Friday, luncheon/Saturday.



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TOWN DEPARTMENTS

FREE FLU SHOTS FOR QUALIFYING ADULTS

Quinnipiack Valley Health District is working to bring free flu shots to qualifying adults over age 18. They are available for adults who have NO health insurance* AND do not have the funds to pay for a flu shot. The shots will be administered at two locations: November 7, 2:30 to 4:00 p.m. at the ML Keefe Center, 11 Pine St., Hamden and November 8, 3:30-5:00 p.m. at Quinnipiack Valley Health District, (QVHD), 1151 Hartford Turnpike, North Haven. You must call by October 30th to register for the shot as there are a limited number available. No walk-ins will be accepted. To get your vaccine at the ML Keefe Center, call Sarah, 203-562-5129, ext. 110. For QVHD, call 203 248-4528. Recipients of the free vaccine must complete a form stating that they do not have health insurance and they do not have the funds to pay for a flu shot.

*Persons who have Medicare, Medicaid or any other form of insurance are not eligible to participate in this opportunity.

TOWN OF WOODBRIDGE MEETINGS FOR THE MONTH OF NOVEMBER 2013

(Subject to Change, Check with Town Clerk's Office, 203-389-3422)



Town Hall

11/1	Human Services Commission Town Plan & Zoning Commission		The Center Town Hall
11/5	CUPOP	.7:00pm	Town Hall
11/6	Police Commission	.6:00pm	Police Dept.
11/12	2 Zoning Board of Appeals Library Commission		Town Hall Library
11/13	Board of Selectmen	.6:00pm	Town Hall
11/14	Economic Development Comm	.7:00pm	Town Hall
11/18	Fire Commission EMS Commission		Fire Station Town Hall
11/20	Inland/Wetlands Agency	.7:30pm	Town Hall
11/21	Board of Finance Conservation Commission		Town Hall Town Hall
11/26	Board of Selectmen Government Access TV Commission		Town Hall Town Hall



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BARK BYTES...

By Vicki & Richard Horowitz

Understanding and Managing Your Aging Dog

Did You Know?

Our dogs give us so much throughout their lives, including love, companionship, loyalty and protection. As dogs age (in general, dogs aged seven years or more are considered senior), they rely on us to provide a little extra patience, attention and care to accommodate their changing needs. By letting your senior dog set his own limits, he will help you understand his new needs for care. Avoid pampering him, and allow him to maintain his independence and dignity wherever he can.

Have your veterinarian examine your dog to rule out any age-related underlying health problems. Ask your vet about what to expect with your aging dog and how you can help your dog continue to feel relaxed and comfortable; for example, canine massage, aromatherapy or a specially tailored training program.

Below are some tips for understanding and managing the changing needs of your senior companion:

Loss of hearing

- Age-related deafness in dogs is relatively common and is often one of the first changes owners often recognize in their senior dog.
- Tune in to his other senses, like sight and smell, to communicate with him. Introduce hand signals to convey simple commands. Be sure they are always consistent, obviously different from other signals, and visible from a distance.
- Try to get your dog's attention with a high-pitched whistle or a handclap.
- If your dog is totally deaf, try using light to communicate with him, such as flicking a lamp on/off or using a flashlight.

Loss of sight

- As dogs age they can develop sight-related issues, such as cataracts.
- Dogs with poor or no vision can learn to adjust quickly if they continue living in familiar surroundings. Avoid rearranging your furniture so your dog can continue to navigate in your home.
- Use your voice to guide your dog to you.

Sleeping habits

- Realize that your senior dog will likely sleep longer and more deeply.
- A senior dog may startle more easily if his hearing and sight aren't what they used to be.
- To awaken a heavily sleeping dog, gently stroke his shoulder or place your hand by his nose to let your scent gently rouse him.

Stiff joints

- Allow your dog a little extra time in the morning or after a nap to stretch his legs and work out the stiffness in his joints.
- Avoid fawning over your dog or coaxing him with treats to get up. He'll get up to go outside
 as best as he is able.

Less able to cope with stress or changes to his routine $% \left(x_{0}\right) =x_{0}^{2}$

- All dogs, but especially older dogs, thrive on structure and routine. Keep your senior dog's
 routine in place as much as possible to keep him stress free.
- Separation anxiety, aggression, noise phobias, and increased vocalization can develop or worsen in older dogs.

Increased sensitivity to temperature

- Because he may feel the heat or cold more intensely, your dog may change his usual sleeping locations.
- Place thick, soft beds in his crate and around the house so he can nap more comfortably.

Visitors and household activity

- Elderly dogs may not enjoy the extra hustle and bustle around the holidays or if workmen come to your home.
- If your aging dog is cranky around visitors, lead him to a quiet place in your home where he won't be bothered and can feel secure. Be sure he has a soft bed to lie on.

Children

- Remind children to be respectful of your older dog. Because of their achy joints and loss of hearing or sight, older dogs are sometimes more wary of children and their high-energy activities.
- Always provide supervision when dogs (of any age) and kids are together.

Avoid discipline for aging-related behaviors

- $\bullet \qquad \text{Your aging dog can't help himself if he accidentally soils in the house or is crabby around children}.$
- If he makes a mistake, just tend to the situation—i.e., take him outside to toilet more frequently or guide him to his quiet place in the house—and take steps to avoid such occurrences in the future.

Increased dryness of his coat and skin

- Brush your dog's coat more often to help stimulate the production of natural oils in his skin, and use a shampoo specially formulated for dry skin.
- Ask your veterinarian about dietary supplements (such as fish oil) to help his skin and coat.

Changing dietary needs

- As his body ages, your dog will need different amounts of proteins and other nutrients. Talk
 to your vet about feeding your dog a "senior" formula or one which can meet your dog's
 changing nutritional needs.
- Avoid letting your dog gain weight. Excess weight can put strain on joints and internal organs.
 Keeping him trim will keep him healthy and comfortable in the years ahead.

Barriers for safety and protectionA secured baby gate will prevent your

A secured baby gate will prevent your unsteady older dog from risking a fall on stairways and will protect areas of your home from toileting accidents.

Keep his mind, body and spirit sharp

- Take time to work with your dog on basic obedience a few times a week to help keep him in shape both physically and mentally.
- \bullet $\,\,$ Take him on shorter walks and outings to keep him active and encourage his sense of fun.
- Never push your dog to exert himself more than he is able. Watch his body language and breathing patterns for signs that he may be getting tired.

Many people think that bringing a puppy into the home will help make your older dog feel young again. While this may be true in some cases, remember that your senior dog may not be able to handle stress or new situations very well, and a puppy brings new levels of activity and changes to routine that affect everyone. However, if your senior dog still enjoys relatively good health and is sound in mind and spirit, a puppy may brighten his days. In fact, some dogs are happy to step up to the task of teaching a new pup the rules and routines of your household.

Your aging dog deserves your unflagging affection, understanding and love. As you continue to care for him, remember that you are giving back to him as much as he has been giving you.

Vicki and Richard Horowitz, of Woodbridge, are dog behavioral therapists and trainers with Bark Busters, one of the world's largest dog training company. For more information, call 1-877-500-BARK (2275) or visit www.dog-training-new-haven-ct.com.



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Air Fresheners

Do you use products to "freshen" the air in your home? They come in many fragrances and forms; from sprays to plug-ins with attractive names like "Sparkling Citrus" or "Hawaiian Nights". They emit perfume odors into the environment to help cover up unpleasant smells. But could they affect your health? What are you really doing when you "freshen" up your home? The Connecticut Department of Public Health (CTDPH) has created a fact sheet, "Air Fresheners: What you need to know" (July 2013). The information in this column is taken from that fact sheet.

Air fresheners and deodorizers don't "freshen" or clean the air. They actually put chemicals into the air and can make air quality worse. There are no regulations or standards for what can be in an air freshener. This leaves wide open the range of chemicals that might be in any air freshener. The makers of these products do not have to list what is in them, making it hard for the shopper to decide which air freshener is safest.

Air fresheners may hide a problem such as mold. Even if the musty odor is hidden by the fragrance in the product, the mold spores can still be a health problem. It is best to address the actual problem rather than use a spray to hide it.

Most people can tolerate air fresheners when used as directed. However, people who are sensitive, especially those with allergy or asthma, may get irritated eyes and throat, headache or an asthma attack. A recent study in Europe found a link between long-term use of air fresheners in the home and altered heart function; those with lung disease were more affected. Because air fresheners have chemicals of concern, they have warning labels about keeping them away from children. Children are likely to receive the greatest exposure of chemicals because of their higher breathing rate and greater contact with the floor surface where chemicals from these products can settle into house dust. They can be absorbed by the skin, inhaled or accidentally ingested.

Since these products are not required by law to list the ingredients, it is not possible to know what chemicals are in the product you choose. Common chemicals in air fresheners include: fragrance; phthalates; propellants; solvents; aldehydes; and deodorizers. Fragrances are a mixture of different chemicals, some of which can be irritating and cause allergy. Phthalates are plasticizers that help distribute and deliver fragrance; they affect hormones and could cause cancer. Propellants are hydrocarbons that form a fine mist that distributes the product; they are irritating and can cause an abnormal heartbeat. Solvents such as ethanol and glycol ethers are used to dissolve the other ingredients; they are irritating when inhaled. Aldehydes form from other ingredients when the freshener remains in the air for several hours; they are irritating and cause cancer. Deodorizers are chemicals which can absorb and neutralize odors.

- The CT DPH Fact sheet suggests ways to remove odors from the home:
- Open a window or use a fan to circulate the air; good ventilation is important.
- Remove sources of odors such as rotting food, cat litter, damp towels, etc.
- Install exhaust fans in the bathroom and kitchen to remove odors.
- Keep an open box of baking soda in the refrigerator to absorb odors.
- Pour white vinegar into a dish and leave on a counter.
- $\bullet\ \$ Put lemon slices in the garbage or garbage disposal.
- Simmer cinnamon, cloves or other spices; make herbal sachets.
 Use or make potpourri with natural ingredients such as rose petals or lavender.
- Make your own air fresheners by adding 8-10 drops of an essential oil* to
 a spray bottle filled with a cup of water. Be sure to use true essential oils as
 many scented oils are made from petroleum products and are not good for
- your indoor air quality. *An essential oil is a liquid aroma compound made from natural resources, usually plants. They are derived from the leaves, stems, flowers, bark, roots or other parts of the plant.
- User resources such as the "GoodGuide" (www.goodguide.com) to find products that have fewer chemicals.
 Quinnipiack Valley Health District residents (Bethany, Hamden, North Haven

Quinnipiack Valley Health District residents (Bethany, Hamden, North Haven and Woodbridge) can receive a free copy of this fact sheet and other information on air quality by calling 203 248-4528 or requesting on line, www.qvhd.org.



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CLUBS & ORGANIZATIONS



AMITY CLASS OF '73 40TH REUNION

Attention alum of the Amity Class of 1973 - Reservations are now underway for the 40th reunion. Save the date: November 30, 2013, 7pm to midnight, Grassy Hill Country Club, Orange, CT. We are in the process of creating a master data base in order to get the word out and keep people informed. Please provide your name, address, phone number(s) and email address to: paula.cofrancesco@reg5.k12.ct.us. Reservation forms will be emailed. Pass the word on to fellow '73 alumni. Any questions, email or call Paula at 203-397-4861.

WOODBRIDGE REPUBLICAN TOWN **COMMITTEE SEEKS MEMBERS**

The Woodbridge Republican Town Committee is seeking Woodbridge Republicans who would like to serve on the WRTC. The Committee meets monthly, currently the second Tuesday of each month. The Town Committee is actively involved in the functioning of the Town. The Boards and Commissions in Town are a very important part of the running of the Town. As a member of the WRTC you are considered to serve on one



of the various Boards or Commissions. You are expected to attend the monthly meetings of the WRTC and actively participate in the workings of the Committee. Every two years Woodbridge holds Town Elections and Woodbridge Town Committee members are active in supporting our candidates for office. Volunteering and serving your Community is extremely important and rewarding. You can make a difference! We urge you to come forward. If you are interested please contact: Kathy Gartland, 3 Bishop Drive, gartlandkb@aol.com, 203-387-8792.

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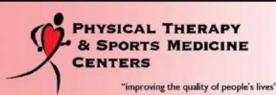


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FROM YOUR STATE SENATOR

By Joseph Crisco



Aging in Place

Demographers call it the 'silver tsunami' and it's undeniable: Connecticut is getting older, with ample evidence to prove it. The state's median age is already the nation's seventh oldest and the fastest growing demographic in Connecticut is its senior citizens.

To date, this has largely been a function of living longer, compounded now by the aging of the Baby Boomers – those born between 1946 and 1960. This generation is said to comprise nearly one-third of Connecticut's population and its members are now becoming senior citizens every day. We must do more to prepare for and accommodate this imminent and dramatic population shift.

We must not build more nursing homes and simply make preparations to institutionalize more old people. For one thing, none of us wants to give up our independence to live in a place like that, and secondly, it's unaffordable. Connecticut already spends some \$1.2 billion per year to provide nursing home care to those under its care.

Put another way, 65% of Connecticut's total Medicaid expenses are for long-term, institutionalized care covering only about half the state's elderly Medicaid recipients. The remaining 35% is spent on home and community-based services for the other half of the elderly. Institutionalized care is the least desirable and most expensive way to address the issue of an aging population. Conversely, many necessary reforms describe a transition to what's called 'aging in place,' a comprehensive shift from institutionalized care to home health services for the elderly.

- Some policy areas to be considered under the 'aging in place' umbrella include:
- Infrastructure and transportation improvements to assist stay-at-home seniors.
- Municipal zoning changes to facilitate home care.
- Enhanced nutrition programs and home delivery options.
- Improved fraud and abuse protections against those who would prey on seniors.
- Expansion of home medical care options.
- · Tax incentives for individuals and family members.
- Incentives for private insurance to provide coverage for at-home services.

For Connecticut to stretch every dollar it spends to care for the elderly, it must invest in lower cost care and services delivered to where the elderly live, while they are 'aging in place'.

Connecticut residents should be able to stay in their homes for as long as they're able, and we should work to make it easier for them to do so, as a matter of simple courtesy and because of its cost effectiveness. Thousands of Connecticut families are living with the angst and uncertainty of an elderly relative determined to remain independent, with diminishing ability to do so and without a sufficiently developed, public-sector support system in place.

Specialists in this policy area envision livable communities and congregate housing to prepare for higher numbers of elderly residents who still want to live alone and independently, but can't climb stairs or go on in their own house. Similarly, they envision transitional housing for those who will progressively need more care over time. The General Assembly is working toward this ideal as well. 'Aging in Place' legislation has been enacted, a new state Department on Aging provides services and referrals, and other means are in process to help this booming generation of Connecticut seniors.

www.WoodbridgeTownNews.com







Q: Now that **"Breaking Bad"** is over, what's next for **Bryan Cranston**? -- Donald F., via e-mail

A: The in-demand actor has loaned his voice to the H2 original series "**Big History.**" H2 -- an offshoot of the History Channel -- will premiere the 10-hour series on Saturday, Nov. 2, at 10 p.m. ET. "**Big History**" will dare to reveal one grand unified theory for how every event throughout history is connected.

Each episode will begin with an iconic topic from the pages of traditional history, such as the Great Pyramids, Titanic or the American Revolution, but then will spin into surprising journeys through other fields, weaving together insights and evidence from various disciplines such as astronomy, physics, chemistry, biology, anthropology, history and economics. "Big History" will pull together the puzzle pieces from all 16 half-hour episodes into an epic two-hour finale, revealing the unifying link among all events.

"I was asked to be the voice of 13.7 billion years of history," said Bryan Cranston, "Sure, I've got the time -- give or take a billion years. As I read the material, I realized that this new series gives a surprising and unique look at our world. I'm excited to be a part of it."

**

Q: I was surprised to see **Peter Facinelli** guest-starring on "**Glee**" this fall. It got me to wondering what his ex-wife, **Jennie Garth**, is up to now? -- Holly U., Tampa, Fla.

A: Jennie is in talks to co-star in a new sitcom for ABC Family with former "Beverly Hills, 90210" co-star Tori Spelling. The pilot is called "Mystery Girls," and it's based on a story that Tori co-wrote with screenwriter Shepard Boucher. According to Us Weekly magazine: "Mystery Girls' is a comedy about a former starlet (Tori) who starts



Jennie Garth

solving crimes with her former mystery-TV-show co-star (Jennie) after a witness to a crime refuses to talk to anyone except the infamous Mystery Girls." And although I think "Us" meant to use the word "notorious" and not "infamous," I think you get the idea of what the sitcom is about.

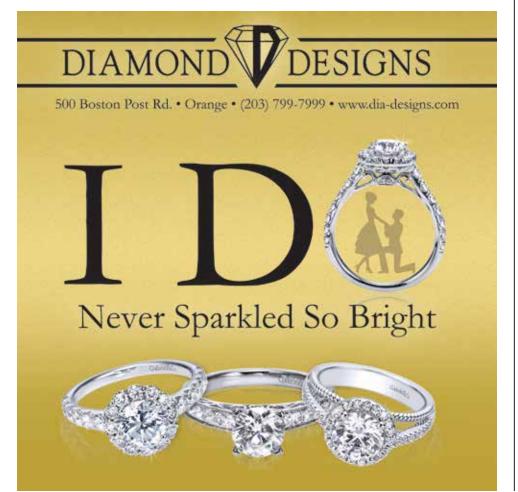
Q: What's next for **Christian Bale?** -- Barry T., Minneapolis

A: Of Christian's current projects, the one I am most eager to see is the gritty thriller called "Out of the Furnace," which opens Dec. 6. Boasting an all-star cast of Christian, Woody Harrelson, Forest Whitaker, Casey Affleck, Willem Dafoe, Zoe Saldana and Sam Shepard, the story centers on Russell Baze (Christian), whose younger brother, Rodney (Casey), mysteriously disappears. When law enforcement fails to (or is too afraid to) follow through, Russell decides to search for justice himself.

Q: I was wondering if you have any news on **"Body of Proof"**? Is it coming back? -- Robin W., via email

A: I'm sorry to report that the **Dana Delany**-starring medical drama was canceled by ABC after three seasons. All three seasons are available on DVD, if that is any consolation.

Write to Cindy at King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475; or e-mail her at letters@ cindyelavsky.com.





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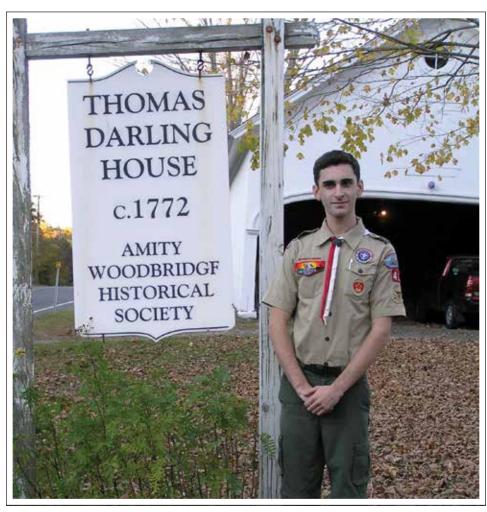
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Eagle Scouts Share Desire to Help Their Community



Zachary Arons by the Thomas Darling House

In the past year I have met exceptional men working on Eagle Scout Projects. While their projects had little in common, the scouts were united in their desire to help their community and beyond. All of them stressed the importance of using their leadership skills to organize and guide a crew to reach a carefully defined goal of benefit to their town, the nation and the world.

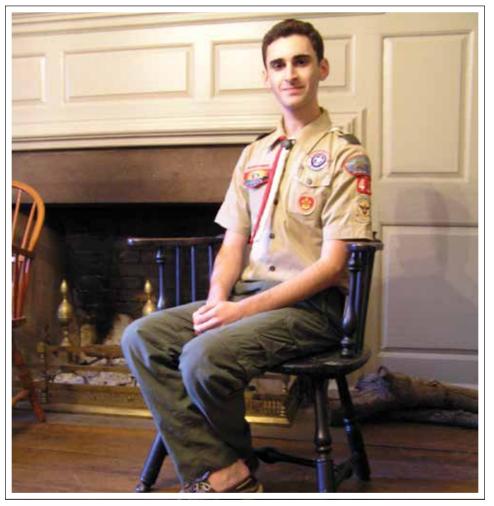
In March of 2012, Ben DiBuduo presented his idea to the East Side Cemetery Board. He proposed to focus on the oldest section of gravestones, and make their information easily accessible to the public. The Board was pleased to green light his project. To accomplish his goal, Ben planned to set up a grid of the area and create a stone locator map which would be available online as well as on paper. Each stone would be identified with a number on a metal plant marker placed at its base. Stakes and twine would form the grid to map out the stones. Name, dates, age and military service were recorded from each stone and compared to information collected in a 1934 WPA project.

For a number of weekends the 18th c. stones sported a network of colored twine as Ben and his crew set up their grid and placed the numbered markers. Groups of readers and recorders collected data from each gravestone and noted places where stones were missing. At the end of their recording they had marked 340 graves. Of that number, names were recorded for 252 stones. The information was presented in printed form to the East Side Cemetery board and on a disc to go up on its website. As well as being a handy reference for local individuals, this concise guide is a valuable tool for genealogists working far from Woodbridge.

Since completion of the project, East Side Board member and Ben's mentor, Sheila McCreven has photographed all 340 stones. Recently, Town Clerk Stephanie Ciarleglio found a 1933 list of East Side inscriptions. From that list Sheila was able to identify 82 more stones. She noted, "So far I have been able to 'place' 198



Ben's team at work in East Side Cemetery



Zachary Arons with his favorite piece of historic furniture

people into some family context (as the parent, spouse, or child of someone in my database of the original Woodbridge settler families)." In his initial presentation, Ben suggested a follow up project to research individual stones. Perhaps you know a scout who would like to take on this topic.

History of a different sort was the focus of Zachary Arons' Eagle Scout project. Zachary contacted the Amity & Woodbridge Historical Society and offered to research, photograph and make available online a guide to 50 items in the society's collection. He worked at the Thomas Darling House under the guidance of archivist and board member, Rebecca Harlow. Society president, Don Menzies helped to select the items. Zachary said they started with about 75 pieces of furniture, ceramics and brass, and narrowed the list to 50. Perhaps his favorite item was the low-back Windsor chair that belonged to Thomas Darling. It was made in Philadelphia ca. 1763-68 by Francis Trumble and is very similar to the chair in which Roger Sherman sat for his portrait by Ralph Earl.

From beginning to end, first phone call to final email, the project took nearly 300 hours! Zachary and his crew worked as a team measuring each chosen object, writing down details and entering it into the computer. They listed 50 items in 10 hours! He said one of his challenges was to "to establish the line" between friendship and leadership as he oversaw his crew.

When I asked how he envisioned his work would help others, his answer surprised me. The first use of the listing he mentioned was the practical one of "insurance purposes". And, like Ben's gravestone listing, Zachary's information has a broader audience. For students of historic furniture and ceramics both near and afar, the photos and descriptions will shed light on many fine objects in the collections of the Historical Society.

Note: Profile on Eagle Scout Steve Sappo to follow in our next issue.



Ben DiBuo and his crew preparing to map the old stones.



"Luciani" continued from Page 1

smile. Congratulants ranged in age from babies to nonagenarians, all dressed in their Sunday best. The sun shone on a bright and pleasantly warm day to add its own glow to the celebration.

Enlarged historic prints showed Ida at different stages of her life. One group portrait from the 1930s showed six young ladies smiling at the camera. Those were five of Ida's closest friends, Ann Potenziani, Rose Donato, Agnes DeFilippo, Eleanor Canepari and Rose D'Antonio. They all attended the party, now ranging in age from 88 to 100. "They had such a good time," Laura said.

Another photo shows a beaming young Ida with a turkey in her arm. That was when her husband, Vito Luciani, started raising chickens and turkeys after World War II. He had the eggs flown in from Oregon, said Laura, who grew up taking care of the animals. The family at the time lived in the same building that housed the chicken coop, up above Brookside Market on Amity Road. It was Vito who built the stone house that is still visible from Amity Road and Ida lived there until just a few years ago. Her granddaughter Renee lives there now and Ida is pleased that the house stayed in the family. She worked hard to help provide for her family. Born into a farming family, she and her sisters had to work at an early age to help their father make ends meet. Then her father died suddenly in a tractor accident when she was a teenager, and the family had to sell a lot of land.

She started working for Vito Luciani at the Brookside Market at the age of 18 and two years later, the two were married. She and Vito had three children, Laura, Topper and Kenneth. Vito, Ida and the children had to pitch in to run the poultry farm, raising chicken and turkeys. They learned how to kill a bird, how to castrate a rooster and how to incubate the eggs. At the same time Ida was running the Brookside Market.

Vito's idea of a turkey farm was ahead of its time, given that people would eat turkey only for Thanksgiving. Vito, always ready to try something new, would sell turkey cutlets at other times, but people weren't interested, Laura said. Then a typhoid infection wiped out the whole flock in one season.

Vito was killed in a traffic accident on the way to Pennsylvania to pick up a load of turkeys. Again, Ida had to pick up the pieces and make a living for herself. Several years later, she lost her son Ken to renal cancer. Maybe these experiences stitched the family closer together than most. Maybe it was the hard work that helped them stay strong, Laura said.

The family was clearly glad to be together for the celebration. "I see my grand-children and I thank God for all of us," said Topper when welcoming the guests that Sunday afternoon. "Can you think of a better reason to celebrate?" Laura addded.



Ida and Vito Luciani had a poultry farm behind Brookside Market.

IT'S TUNE-UP TIME!

Now is a great time to schedule routine maintenance. Make your appointment today and keep your furnace running smoothly this winter.

- What our customers are saying.

I appreciate your service and professionalism, and would not hesitate to refer future customers to your company.

You are recreating that which is lost – personal contact with your customer.

Thank you for your unbelievably prompt service last evening!

We'd like to thank you for 38 years of great service!

We wanted to let you know how impressed we are with your services. Our furnace has never run this smoothly, even when it was brand new!

My wife and I are extremely happy with the job you folks do. You always treat us well.

Thanks for being the kind of people you are.

Here's whose Christmas morning you saved.

Thank you again so much... you'll never know how secure I feel.

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HOUSES OF WORSHIP EVENTS

CHURCH OF THE GOOD SHEPHERD UPCOMING EVENTS

Weekly Services

- Sundays: 7:45 am Morning Mass; 9:00 am-Church Alive- Families with Children, 50 minutes and Sunday School included.; 10:30 am - Traditional Eucharist with the choir.
- Wednesdays: 7:00 pm Evening Service of Prayer and Healing with Communion.



Church of the Good Shepherd

Church Alive

Church Alive comes to Church of the Good Shepherd, Sunday Mornings at 9am. Children, their families, and the young at heart are invited to join together for praise, and worship in a relaxed, child-friendly service that is highly participatory and interactive and is guaranteed to be over in under an hour. Children of all ages are encouraged to set the table, read the lessons, help with communion and grow in their love of Jesus. The Worship Band will play at this service.

Traditional Choral Eucharist

Traditional Choral Eucharist returns to Church of the Good Shepherd, Sundays at 10:30am. In a world that is always changing, experience a traditional worship service with communion, hymns and a message of God's love that will help you put your faith into practice and navigate life's ups and downs. Church of the Good Shepherd is a place to belong, a place to grow and a place to make a difference in the world.

New Bible Study

New Bible Study at Church of the Good Shepherd. Have you always wanted to understand the Bible more? All are welcome to explore God's story on Monday Evenings at 7pm in a judgment free zone where questions and lively discussion are encouraged. No prior Bible knowledge needed and all are welcome. \$20 for materials and scholarships are available. Questions call 203-795-6577.

Yoga Body Prayer

Sunday Evening, Yoga Body Prayer 7pm. Beginning September 8th—Using the Vinyassa Yoga Method and taught by certified Yoga Instructor Maryanne Haverstock, begin your week with Yoga and centering prayer and meditation. This class is for all levels of yoga practice and experience. Bring a yoga mat or towel, water and wear comfortable clothes. Free will offering accepted.

Prayer and Healing

Prayer and Healing service with Laying on of Hands and Eucharist every Wednesday Evening at 7pm.

Sing Sing, Sing!

Did you sing in High School? Do you sing in the shower? You are invited to experience choral music singing, community and fun with Dr. Don Wiggins and the Good Shepherd Choir. Rehearsals are Thursdays, 630-8pm. The choir sings at 10:30 each Sunday. Don is an experienced singer, teacher and director and enjoys working and developing voices of all ages. For more information, call 203-795-6577 or email dgwiggins@gmail.com.

PUMPKIN AND HOLLY BAZAAR

On Friday, November 22, 5:00 - 8:00 p.m. and Saturday, November 23, 9:00 a.m. - 2:00 p.m. in the Parish House of Christ Episcopal Church, 526 Amity Road (Rte. 63) Bethany, at the blinker light. Come the weekend before Thanksgiving and begin Christmas shopping for unique presents and wonderful bargains. Popular annual bazaar features Thanksgiving Pies, Bountiful Harvest Bakery, Sugar Plum Fairy Fudge, Granny's Attic Treasures, 26 Spectacular Gift Basket Raffles, The Beaded Stocking Crafts, Silver Bells Twice Nice Ladies' Clothing Boutique, Holiday Cookies on Vintage China Plates, Children's Stocking Stuffers, New and Vintage Christmas Decorations, and more. The St. Nicholas Café opens for a delicious dinner on Friday and a lovely luncheon on Saturday. Mark the dates on your calendar today.

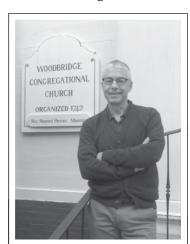
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FIRST CHURCH OF CHRIST ANNOUNCES NEW MINISTER

In a formal liturgical ceremony at the First Church of Christ, Woodbridge, recently, The Reverend Shepard A. Parsons was officially installed as Acting Minister; it was announced by Rich Forselius, Church Council Moderator. As Acting Minister, Rev.

Parsons assumes all the duties of Senior Minister. The installation concludes a months-long search by a committee of church officers and members chaired by Ira Rock, Deacon of the church. Following Rev. Parsons' agreement to serve, his recommendation by the Board of Deacons and endorsement by the Church Council were unanimous.

Originally from Orlando, Florida, Rev. Parsons is a graduate of Furman University, Greenville, SC, and received his Master's degree from Yale Divinity School. He has previously served as pastor in Waterbury, New Haven, Hartford, Devon, and Shelton and currently lectures at the Yale Divinity School. Says Rev. Parsons, "I am very happy to be serving in a welcoming church, firmly grounded as an open and affirming community of faith".



Reverend Shepard A. Parsons

Contrary to thoughts of ministerial stereotypes, Rev. Parsons tells of his days fresh out of college, working on a four-thousand acre cattle ranch in Florida with his father. "I rode horseback," he says, "with a lasso and a pistol for protection from snakes. We moved cattle, herded them in and out of pasture lands, roped and branded calves, and took the cattle to market." Seen today from an airlines window seat, the ranch, he commented, is now a golf course. Years later, he says that his young son Eli found spurs from those roundup days and walked around in them for weeks.

Also an exercise enthusiast and an avid painter, Rev. Parsons is married to Karen Klein, a Pediatric Nurse Practitioner. They have three children and are currently living in the Westville section of New Haven. Former Chairman of the New Haven Board of Ethics, he also served as a delegate to the General Synod of the United Church of Christ and with committees on ministry in the Naugatuck Valley Association and the New Haven Association, as well as the Connecticut Conference.

"I come from a family of storytellers," says Rev. Parsons, "who believe that the purpose of life is to have experiences so that you can tell a story. And now," he adds, "I get to tell the greatest story over and over again."

The First Church of Christ, Woodbridge, has a relationship with the town and the Yale Divinity School that goes back to the early Eighteenth Century when Woodbridge was created as Amity Parish. Six Yale Divinity School graduates came and went before Benjamin Woodbridge arrived from that School to spend his professional life at the First Church and eventually give his name to the town where the First Church still stands.



Attention Churches, Synagogues & Houses of Worship!

Send us your organizations events listings and items of interest.

We will publish them for free.

Woodbridge Town News - P.O. Box 1126, Orange, CT 06477 edit@woodbridgetownnews.com

DEATH NOTICES



DEATH NOTICES

The Woodbridge Town News will publish Death Notices for Orange families free of charge as a service to our readers. Family members please email notice (limit 250 words, please) to: edit@woodbridgetownnews.com



AT THE SENIOR CENTER

By Lee Canning

For information or reservations on the following events call the Senior Center at 203-389-3430.

The Senior Center offers exercise (combination of cardio, strength training, flexibility, & aerobic) on Tuesday & Thursday at 10:00 am in the gym. All are reminded to bring their own weights.

ZUMBA GOLD

The Senior Center offers Zumba Gold classes on Friday at 9 am in the cafeteria. Call 203-389-3430 to register. \$30 for six weeks.

LUNCH PROGRAM

Lunch is served on Tuesdays and Fridays at 12:15 pm. Call in reservations at least one day in advance.

SHOPPING AT AMITY SHOPPING CENTER

If you need a ride to pick up groceries, do banking, go to the drug store, etc.; please call the office at 203-389-3430 to make a reservation. The cost is \$4.00

THE SENIOR CENTER CRAFT GROUP

Meets every Thursday from 10 am to 3 pm. Knitting, Crocheting, Sewing, and Socializing are some of the activities of the group.

FREE FRIDAY AFTERNOON MOVIES AT THE WSC

(\$3 lunch and free popcorn will be served)

Movies are shown at the Senior Center on Friday afternoons at 1 pm. Join us at 12:15 for a nutritious \$3 lunch, followed by a movie with free popcorn (or just attend the movie at 1 pm).

MAH-JONGG

The Mah-jongg group meets every Monday and Friday in Room 15 from 10 am to 12 noon. Novices are welcome – they will teach you.

PROGRAMS NOVEMBER 2013

- Nov 1 Friday No Movie.
- Nov 2-SATURDAY-HOLIDAY FAIR 10 to 3.
- Nov 4-Monday-AARP Driver Safety Class.
- Nov 5 Tuesday Life Planning Successful Aging by Marc Sandlar.
- Nov 8 Friday A, B, C, & D's of Medicare by Trish Pearson.
- Movie "Cool Hand Luke".
- Nov 11 Monday Closed- Veteran's Day.
- Nov 12 Tuesday Roger Hart Slide Presentation "Acadia".
- Nov 13 Wednesday Cooking Demo by Executive Chef John Bencivengo Jr. Enjoy Stuffed Tomato with Tuna Salad, Chicken Marsala, Mini Beef Skewers, Mini Stuffed Clams, Loaded Baked Potato Soup and Homemade Bread Pudding.
- Nov 15 Friday Movie "War Horse".
- $\bullet \quad \text{Nov 19} \text{Tuesday} \text{Jim Sheehan/vocalist.}$
- Nov 20-Wednesday-Radio City Christmas Tr1p.
- Nov 22 Friday-Thanksgiving Luncheon-This luncheon will be free of charge through the generosity of the Woodbridge Police Union Local 362. The lunch will be served by some of Woodbridge's finest police officers! All the traditional holiday trimmings will be served. Space is limited, so reservations must be called in no later than Friday, Nov 15th.
- Nov 22 Friday No Movie.
- Nov 26 Tuesday Get Your Happy Back Coping with Holiday Stress VNA Community.
- Nov 28 & 29-Thursday & Friday-CLOSED-Thanksgiving.

ANNUAL HOLIDAY FAIR

We will hold our Annual Holiday Fair on Saturday, November 2nd in the Senior Center Cafeteria from 10:00 a.m. to 3:00 p.m. We will have a variety of booths consisting of baked goods, books, crafts, tag sale items, raffle, Chinese Auction, refreshments and many other attractions.

Some of the items we need to stock booths are: homemade jellies, jams, pickles, sauces, baked goods, used books, and usable tag sale items. Also needed are bottles of wine or alcohol for our Basket of Cheer Raffle. New items are also needed for our Chinese Auction table. Last, but not least, we need volunteers to bring all of this together.

BAKERS WANTED

We are seeking bakers for our Annual Holiday Fair Nov. 2nd.

COOKIES, CAKES, BREADS & PIES

You can drop off your baked items on Friday, Nov. 1st at the Woodbridge Senior Center between 9 am and 4 pm.

DRIVER SAFETY COURSE

AARP will offer the four hour Driver Safety Course at the Woodbridge Senior Center, Monday, Nov 4, 2013. AARP developed the classroom refresher course to help drivers fifty and older improve their skills and prevent traffic accidents. The course is offered from 9:00 a.m. to l: 00 p.m. A \$12.00 fee (for AARP members), \$14.00 for non-members, is payable to AARP.

COMPUTER CLASSES FOR NOVEMBER

10:00 am to 12:00 noon \$5.00 per Class

- Surfing the Web: Nov 7, 14 & 21
- iPad* (9:00 to 11:00 am) : Nov 7, 14 & 21 *(Must already have an iPad)

TRIPS

Trips must be paid for at registration. Checks are payable to Getaway Tours.

November 20, 2013 — Wednesday — Radio City Christmas Spectacular, \$155—includes transportation, lunch at Carmine's, a Radio City Christmas Spectacular and driver's gratuity.

December 4, 2013 — Wednesday — Christmas to remember with Bright Lights, \$89 includes transportation, lunch and show at Log Cabin and driver's gratuity.

December 17, 2013 — Tuesday — Holiday Train show, \$95 includes transportation, lunch at Ann and Tony's, Holiday Train show at NYBG and driver's gratuity. January 19, 2014 — Sunday — UCONN WOMEN'S BASKETBALL GAME, Piscataway NJ. \$59 includes transportation, tickets to UCONN game, and driver's gratuity.

March 19-21, 2014 — Wednesday to Friday — The Sights, Sounds and Tastes of Lancaster including MOSES. \$399 pp dbl includes roundtrip transportation, Getaway Tours' Tour Director, Hotel Accommodations, Admissions wherever applicable, four (4) Meals (2 dinners, 2 full breakfasts), 2 shows (Caught in the Net & Moses), Taxes & Baggage Handling, and bus driver's & Tour Director's gratuities.

March 21, 2013 — Friday — Westchester Dinner Theatre "Guys & Dolls". \$95 includes transportation, lunch and show at the Westchester Broadway Theatre and driver's gratuity.

May 3-8, 2014 — Saturday to Thursday — 5 Night Bermuda Cruise on Royal Caribbean's Explorer of the Seas. All rates listed are per person double occupancy and include round-trip transfers, cruise, all meals aboard ship, taxes, travel insurance, port charges and gratuities for transfer services in CT. Payment info, ship and ports of call are on the flyer at the senior center. Please stop in or call 203-389-3430.

TRIP CANCELLATIONS FOR DAY TRIPS —Unfortunately NO REFUNDS can be issued for any cancellations made less than 30 days before a scheduled trip or event.

Please Note: All trips must be booked far enough in advance to assure that trips will not be cancelled. The first two rows are reserved for persons with special disabilities only!

FUNDRAISER FOR THE SENIOR CENTER

Need to renew your B J membership? Wait until Nov 1st to Nov 7th!! Pick up application at senior center. Call 203-389-3430. For every new and renewed membership, the senior center will receive \$5.00. You will get a 15 month membership.

COOKING DEMO

By Executive Chef John Bencivengo Jr of Chowder Pot 111 Branford CT at 12 Noon, Wed Nov 13th. Cost is \$5 per person. Reservations required by Nov 8th. Call 203-389-3430.

Menu as follows: Stuffed Tomato with Tuna Salad, Chicken Marsala, Mini Beef Skewers, Mini Stuffed Clams, Loaded Baked Potato Soup, and Homemade Bread Pudding. Sponsors are: Coachman Square at Woodbridge, Shady Knoll Health Center, managed by Athena Health Care System, Visiting Angels of Woodbridge, Willows of Woodbridge

BOOK CLUB

The book club meets on the fourth Tuesday of every month at 11:15 in room 15.. Copies of the books will be available at the Senior Center. Please call Mary D'Ostilio at 203-389-3429 with any questions.

LUNCH BUNCH

Share lunch and friendly conversation at a local restaurant on the last Monday of every month at 12:00 noon. Everyone is welcome, and it is "Dutch treat". Van transportation can be arranged for a \$3 fee. Please call Lee at 203-389-3430 to make a reservation for the lunch and/or transportation. The next lunch is at the Chowder Pot in Branford CT on Nov 18th.

WALKING GROUP

Come and join us for a walk on Friday at 10:00 am at the Fitzgerald Walking Trail (the "cornfield"). We will meet in the parking lot and take a stroll together. This event is weather permitting. Please call Mary D'Ostilio at 203-389-3429 with any questions.

ENTERTAINMENT

TOP 10 MOVIES

1. Gravity (PG-13)

Sandra Bullock, George Clooney

2. Cloudy With a Chance

of Meatballs 2 (PG) animated

3. Runner, Runner (R) Ben Affleck, Justin Timberlake

4. Prisoners (R)

Hugh Jackman, Jake Gyllenhaal

5. Rush (R)

Daniel Bruhl, Chris Hemsworth

6. Don Jon (R)

Joseph Gordon-Levitt, Scarlett Johansson

7. Baggage Claim (PG-13)

Paula Patton, Taye Diggs

8. Insidious: Chapter 2 (PG-13)

Patrick Wilson, Rose Byrne

9. Pulling Strings (PG)

Laura Ramsey, Jaime Camil

10. Enough Said (PG-13)

Julia Louis-Dreyfus, James Gandolfini

TOP 10 RENTALS

1. World War Z (PG-13)

Brad Pitt

2. Iron Man 3 (PG-13)

Robert Downey Jr.

3. The Great Gatsby (PG-13)

Leonardo DiCaprio

4. Now You See Me (PG-13)

Jesse Eisenberg 5. Star Trek Into Darkness (PG-13)

Chris Pine

6. Oblivion (PG-13)

Tom Cruise

7. Epic (PG)

animated

8. Pain and Gain (R)

Mark Wahlberg

9. Olympus Has Fallen (R)

Gerald Butler

10. Redemption (R)

Leonardo DiCaprio

DUCH THEATER



Saoirse Ronan in "Byzantium"

EDITOR'S NOTE: DVDs reviewed in this column will be available in stores the week of Oct. 28, 2013.

PICKS OF THE WEEK

"Monsters University" (G) -- Before they were professional monsters, Mike (the green, one-eyed guy voiced by Billy Crystal) and Sully (the furry one voiced by John Goodman) were college students with barely a clue. Sully comes from a long line of elite scarers, so he expects to float to the top in his education. Mike puts meticulous effort into his studies, but there's a lot he can't get from books. Of course, the duo must also join an offbeat fraternity of misfit monsters.

This isn't PIXAR's finest, but it shows they still know how to lay on the whimsy and wonder. The visual gags, the goofiness of the monster world -- it's enough to wow kids, while still having funny details to reward attentive adults.

"Byzantium" (R) -- Eleanor (Saoirse Ronan) is a teenage girl who is especially self-posessed and even a little detached. It all goes back to her relationship with her mother (Gemma Arterton) and how the two of them are vampires, going on more than 200 years old. Before you lump this one in with the "Twilight" disciples, know that this is a different shade of vampire movie -- more along the lines of the creepy and cerebral "Interview with a Vampire" and "Let the Right One In." The heart of the film is in the relationship Eleanor strikes up with a sickly, awkward, mortal boy named Noel (Daniel Mays).

"Free Samples" (R) -- Inside an icecream truck offering free samples, there sits Jillian (Jess Weixler), a bitter, hungover law-school dropout who can't scoop ice cream without expressing her contempt for humanity. While she is a sourpuss, it's hard to blame her when so many of her customers are creepy and/or pathetic. Jillian agrees to take over the ice-cream truck for a day as a reluctant favor for a friend, and winds up learning a few important lessons about herself and her shallow, directionless life.

DOG OF THE WEEK

"R.I.P.D." (PG-13) -- Nick (Ryan Reynolds) is a sharp young detective who meets his end when his partner (Kevin Bacon) kills him. Nick's soul is pulled into the sky, where the "Rest In Peace Department" informs Nick about his new career: He's part of a supernatural police force that hunts down the evil dead who refuse to move on to the afterlife. Nick is partnered with Roy (Jeff Bridges), a gravel-voiced lawman who joined the R.I.P.D in 19th century.

The above paragraph was difficult to write. "R.I.P.D." is just "Men In Black" with a bit of "Ghostbusters" minus any sense of fun. It's hard to go beyond this description, since it's all you can think after the first 20 minutes.

CHART BUSTERS

Lorde

Top 10 Pop Singles

1. Lorde

"Royals"

2. Katy Perry

"Roar"

3. Miley Cyrus

"Wrecking Ball"

4. Drake feat. Majid Jordan

"Hold On, We're Going Home"

5. Avicii

"Wake Me Up!"

6. Jay Z feat. Justin Timberlake

"Holy Grail"

7. Robin Thicke feat. T.I. and Pharrell

"Blurred Lines"

8. Ylvis

"The Fox"

9. Lady Gaga

"Applause"

10. Lana Del Rey & Cedric Gervais

"Summertime Sadness'

Top 10 Country Singles

1. Luke Bryan

"That's My Kind of Night"

2. Thomas Rhett

"It Goes Like This"

3. Jason Alden

"Night Train"

4. Tyler Farr

"Redneck Crazy"

5. Billy Currington

"Hey Girl"

6. Florida Georgia Line

"Cruise"

7. Blake Shelton

"Mine Would Be You"

8. Florida Georgia Line

"Round Here"

9. Chris Young

"Aw Naw"

10. Tim McGraw

"Southern Girl"

- 1. Who had a hit with disco song "Got to Be Real"?
- Name the group that released "Michael," a version of "Row the Boat Ashore," in 1961.
- Who wrote "Girl, You'll Be a Woman Soon"?
- John Lennon wrote "Bad to Me" for which group?
- Name the song that contains this lyric: "I never said you had to offer me a second chance, I never said I was a victim of circumstance, I still belong, Don't get me wrong.'



.CS-08e1 in "eseld mosod" saries and the television series" Buddies" in 1980-82.

4. Billy J. Kramer with The Dakotas 5. "My Life," by Billy Joel in 1978. Chicago band members Peter Cetera and Donnie Dacus performed the backing vocals. The song charted

A. Cheryl Lynn in 1978. The song was co-penned by master song craftsman and producer David Foster. He was the magic behind dozens of artists and groups, including Rod Stewart and Josh Groban.

2. The Highwaymen, a college quintet folk group. Despite the coming British invasion, The Highwaymen reintroduced solid folk music to millions.

Weekly **SUDOKU**

by Linda Thistle

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Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★★

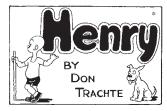
★ Moderate ★★ Challenging **★★★ HOO BOY!**

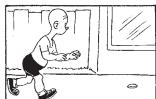
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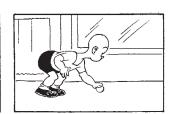
Sudoku answers on



COMICS/CROSSWORD/HOLLYWOOD



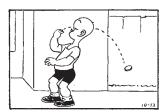


























King Crossword

ACROSS

- "- the night before
- Peace antithesis
- Stage presentation
- 12 Rope material
- 13 Coloring
- 14 Queue
- 15 Banister
- 16 Ovum 17 One
- 18 Spread open
- 20 Bullets and such
- 22 Schedules
- 26 Reinforcing device
- 29 And so on (Abbr.) 30 Ambulance
- VIP 31 Solemn promise
- 32 Monokini's lack
- 33 Cougar
- 34 John's Yoko
- 35 Lanka 36 One without a Y chromosome
- 37 Watches,
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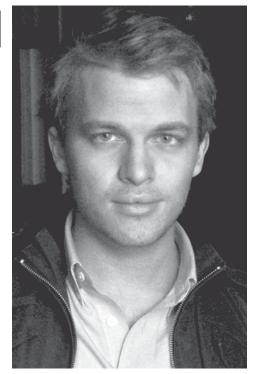
By Tony Rizzo

HOLLYWOOD -- The media is at it again! Newscasters, talk and magazine shows recently reported that Mia Farrow revealed to Vanity Fair magazine that her 25-year-old son, Ronan, might actually be the son of crooner Frank Sinatra. Let's look at the facts: Frank and Mia were married from 1966 'til 1968 (when she made "Rosemary's Baby"). After they split, Sinatra played the field until 1976, when he married Barbara Marx (former wife of Zeppo Marx, the fourth Marx Brother).

In 1980, Mia hooked up with Woody Allen as his "partner" until 1992. During that time, Mia had a son they named Satchel Allen, on Dec. 19, 1987, (at which time Sinatra was 73). When Mia and Woody "un-partnered, they had a custody fight over Satchel, which Mia won and changed his name to Ronan O'Sullivan Farrow. The news, magazine and talk shows proved their case by showing Ronan with Sinatra on one side and Woody Allen on the other. Given this example, he certainly looks more like Ol' Blue Eyes than Woody. But if you put him next to Mia ... he looks just like her!

A spokesman for Allen said, "The article is so fictionalized and extravagantly absurd that he is not going to make a comment." Barbara Sinatra offered, "I can hardly believe that. It's just a bunch of junk. There's always junk written, lies that aren't true. It's a phony deal!" When Sinatra died in 1998, at 82, there was no mention of Ronan in his will.

That's not to take anything away from Ronan, who's a human-rights activist, freelance journalist, Rhodes Scholar, lawyer and government official. In 2008, he was awarded Refugees International's McCall-Pierpaoli Humanitarian Award for "Extraordinary service to refugees



Ronan Farrow

and displaced people." In 2010, Harper's Bazaar named him "up-and-coming politician" of the year, and Forbes Magazine named him as one of "30 Under 30" Most Influential People in 2012 and

Nancy Sinatra, Jr., Frank's daughter, was quoted as saying, "He is a big part of us, and we are blessed to have him in our lives." No DNA test has ever been done and, not one reporter or talk-show person has told the whole story!

Mark Burnett, creator of "Survivor," "The Voice" and "Shark Tank," among other reality shows, and the mini-series "The Bible," is joining forces with Virgin mega-mogul Sir Richard Branson to create "Space Race," an out-of-this-world reality show for NBC in which everyday people will compete for a trip into outer space on Virgin's SpaceShipTwo. Just in time, Sony Television will produce "Milky Way Mission," which will send celebrities into space. Only way to explain this is to say ... FAR OUT!



















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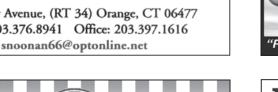
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Classified ads are \$20 for up to 20 words. Each additional word is 50 cents.

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— King Crossword Answers

Solution time: 25 mins.

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Fungicides	Pesticides		Photographic Chemicals					
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*Local disposal options may be available. Please check with your public works department or local transfer station or the following resources:

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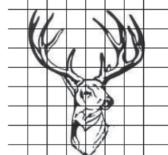


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TOWN OF WOODBRIDGE

NOTICE OF SPECIAL TOWN MEETING

Electors and citizens qualified to vote at Town Meetings of the Town of Woodbridge are hereby duly notified and warned that a Special Meeting of the Town Meeting of the Town of Woodbridge will be held on Tuesday, November 5, 2013 at 7:00 p.m. (E.S.T.) at The Center gymnasium pursuant to the Town Charter, Section 6-3 Supplementary Appropriations and Expenditures and Section 6-4 Capital Expenditures and Town Indebtedness for the following:

- 1. To receive a communication from the Woodbridge Board of Education requesting funding to purchase and install three boilers at Beecher Road School.
- To receive a recommendation from the Board of Selectmen and the Board of Finance regarding a supplemental appropriation to fund the purchase and installation of three boilers at Beecher Road School.
- To authorize a supplemental appropriation not to exceed \$374,579.00 from Board of Finance Contingency (1170-00/56800)\$49,579 Capital & Non-Recurring Fund (1-8-9520/48302).....\$150,000 Water Line Benefit Assessment Fund (1-8-9520/48204) \$120,000

to fund the purchase and installation of three boilers for Beecher Road School.

4. To transact any other business proper to come before the meeting.

Dated at Woodbridge, Connecticut this 17th day of October 2013.

Board of Selectmen Town of Woodbridge

Attest: Stephanie Ciarleglio

Town Clerk



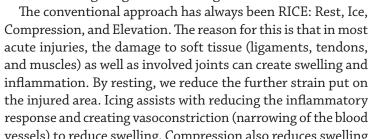
LOCAL SPORTS

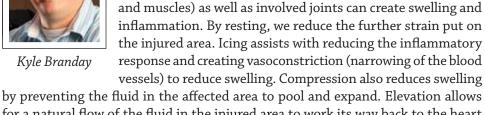
MANAGEMENT OF ACUTE SPORTS INJURIES

By Kyle Branday, MSPT

There are few things more gut wrenching than lying on the court or field of play, writhing in pain from an injury just sustained during practice or a game. The swelling, the pain, an inability to get yourself off the field. Most athletes, whether professional, collegiate, or recreational have been in this position at one point or

> another. Oftentimes we are able to bounce right back up, take a quick rest, and get right back to playing. However, what happens when we can't get right back in the game?





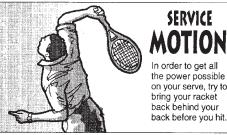
for a natural flow of the fluid in the injured area to work its way back to the heart passively. Contraction of our muscles prevents pooling of fluid normally, however, in injured areas, our muscles often are too painful to contraction and creating that normal pumping effect to drive fluid out of the injured area. Research has shown that acute treatment of injuries sustained on the field will

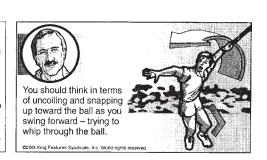
lead to significantly less time on the sidelines. Take one of the most common of field injuries, an ankle sprain. Generally speaking, a sprain of the ankle involves injury to both ligaments and tendons and can create significant swelling, pain, and difficulty with walking and certainly in performing sports related activities. Treatment of an acute ankle sprain to manage swelling and pain within the first 24-48 hours can lead to potential rehab time of 2-4 visits, whereas chronic treatment viewed at treatment began 72 hours or later post injury can lead to treatment time up to 3-5 weeks.

The results speak for themselves. While younger athletes always tend to rebound faster than those of us who still try and be weekend warriors, we all need acute treatment of our injuries in order to get back on that playing field quickly. Don't let a simple sprain keep you off the field.

Kyle Branday, MSPT is a licensed physical therapist and partner at Amity Physical Therapy. Kyle is a graduate of Quinnipiac University with 6 years of experience treating a wide variety of injuries including orthopedics, sports related injuries, and neurological rehabilitation while working with patients of all ages and ability levels. Kyle can be seen at his Woodbridge location at 1 Bradley Road and can be reached at (203) 389-4593.

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AMITY HIGH SCHOOL FIELD HOCKEY TEAM RUNS FOR A CAUSE

On October 12th 2013 the Amity High School Field Hockey team participated in the Woodland High School Run for the Revolution 5K Road Race. Woodland for Women Worldwide is a non-profit organization consisting of teachers, students, parents, and community members from Woodland Regional High School. Its mission is to provide opportunities for women and girls within the community and around the world. Its fundraising efforts service the Somaly Mam Foundation, Ethiopia Reads, and the Woodland for Women Worldwide Scholarship Fund. The Amity Field Hockey team was proud to be part of such a worthwhile event and had over 30 runners complete the very challenging course.

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Recreation Director Pool Director John Adamovich Theresa I.Burr-Bahner

SWIM LESSONS (two days per week only)

Tuesday & Thursday, Tuesday & Saturday, OR Thursday & Saturday

DECEMBER 10TH THROUGH MARCH 6TH There will be NO Classes December 24, 26, 31 & February 18 3:35 - 4:05 (ALL LEVELS) OR 4:10 - 4:40 (ALL LEVELS)

PLEASE NOTE:

THE 3:35 CLASS WILL GO TO THE NORTH GYM DIRECTLY FOLLOWING SCHOOL DISMISSAL, WHERE THEY WILL BE SUPERVISED UNTIL SWIM CLASSES BEGIN. THE 4:10 CLASS WILL GO HOME AFTER SCHOOL. THERE WILL BE NO AFTER SCHOOL SUPERVISION PROVIDED FOR THIS CLASS.

WITH POOL MEMBERSHIP W/OUT POOL MEMBERSHIP **FEE** RESIDENT: \$95.00 \$130.00 NON: \$130.00 \$150.00

SATURDAY SWIM LESSONS (one day per week)

DECEMBER 14 THROUGH MARCH 8TH There will be NO Classes December 28 & February 15 ALL LEVELS 10:30 - 11:00 OR 11:15 - 11:45

WITH POOL MEMBERSHIP W/OUT POOL MEMBERSHIP FEE RESIDENT: \$70.00 \$50.00 \$70.00 \$80.00 NON:

SIGN OUT OF ALL CHILDREN AFTER SWIM LESSONS IS REQUIRED. LOCKER ROOM ASSISTANCE WILL NOT BE AVAILABLE.

PLEASE NOTE: ALL OF THE ABOVE PROGRAMS ARE FOR BOYS AND GIRLS! PARENTS MUST NOTIFY TEACHERS THAT A CHILD IS ATTENDING AN AFTERSCHOOL PROGRAM! No Peanut Butter Snacks!

Classes will not be made up in case of weather related emergencies or student absences.

If you have any questions please call 203-389-3446 Website: www.woodbridgect.org click on departments





ARIES (March 21 to April 19) The high standards you set for yourself don't always translate into the behavior you expect of others. That relationship problem can be resolved if you're more flexible and less judgmental.

TAURUS (April 20 to May 20) Not enough party bids to satisfy the Bovine's fun-loving side this week? Go ahead and throw one of your own. Then prepare for some serious work coming up early next week.

GEMINI (May 21 to June 20) A new and intensely productive cycle is about to kick in. Be careful not to get too stressed out, though. Make time to restore your energies by relaxing with family and friends.

CANCER (June 21 to July 22) This could be a good time to share some of your plans with those closest to you. Their comments could give you some added insight into how you might accomplish your goals.

LEO (July 23 to August 22) An attack of self-doubt might be unsettling for the usually super-assured Feline. But it could be your inner voice telling you to hold off implementing your plans until you've reassessed them.

VIRGO (August 23 to September 22)

This is a great time for you to reward yourself for all your hard work by taking a trip you haven't spent months carefully planning, to somewhere you never thought you'd be going.

LIBRA (September 23 to October 22)

Some misunderstandings resist being resolved. But your sincerity in wanting to soothe those hurt feelings wins the day. By month's end, that relationship should begin to show signs of healing.

SCORPIO (October 23 to November

21) A hectic job schedule begins to ease just in time to blow off all that workgenerated steam on Halloween. A family situation runs into an unexpected complication.

SAGITTARIUS (November 22 to December 21) A cutting remark in the workplace needs to be handled with finesse. Remember: How you respond could determine the depth of support you gain from colleagues.

CAPRICORN (**December 22 to January 19**) Once again, that Capricornean stubborn streak sets in and could keep you from getting much-needed advice. Fortunately, it lifts by week's end, in time to make an informed decision.

AQUARIUS (January 20 to February 18) A surprise trip early in the week could lead to other unexpected offers when you return. Word to the wise: Avoid talking too much about this until you've made some decisions.

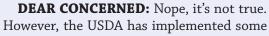
PISCES (February 19 to March 20)

Learning dominates the week for perspicacious Pisceans, who are always looking to widen their range of knowledge. A series of important job-linked commitments begins late in the week.

BORN THIS WEEK: Your sense of humor generates good feelings and good will everywhere you go.

AKC, USDA AT ODDS OVER BREEDER RULES

DEAR PAW'S CORNER: Is it true that the U.S. Department of Agriculture is banning professional dog breeding? -- Concerned Owner in Iowa



new rules that will bring Internet-based pet breeders and sellers under the regulation of the Animal Welfare Act. The rules narrow the definition of a retail pet store and expand the agency's oversight of pet breeders.

On the plus side, the new rules could make it harder for notorious "puppy mills" to exist, because breeders with four or more breeding females, and those who sell puppies "sight unseen," now have to be licensed through the USDA.

On the negative side, argues the American Kennel Club, the rules are nebulous in certain areas. For example, determining which females are truly "breeding females" can make things harder for small breeders and hobbyists. "The AKC remains extremely concerned that the rule will make it difficult for individuals to self-report, as they would not be able to know -- without an APHIS inspection ... before applying for a license -- whether they would be required to obtain a license."

And new standards for facilities could make it much harder for hobbyists and small breeders to raise dogs in their homes. "It is not reasonable to expect small breeders, who keep a handful of dogs and make a choice to raise dogs in their homes, to be able to meet exacting USDA kennel engineering standards that are designed for large commercial wholesale or research kennels," the

So, dog breeders still will be in business when the new rules take effect in November, but they may have more work cut out for them. Cat and rabbit breeders also are affected.

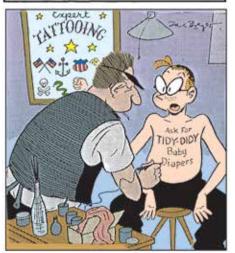
Send your questions or comments to ask@pawscorner.com. Did you know mosquitos can transmit heartworm larvae to dogs, but fleas don't? Find out more in my new book, "Fighting Fleas," available now.

Just Like Cats & Dogs

by Dave T. Phippo



MISTER BREGER By Dave Breger



"My boss says we gotta promote our product . . .!"

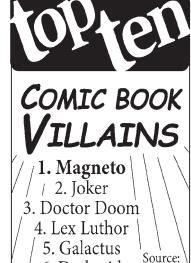
LAFF-A-DAY

"I can't think of anything to say ... that why I'm here."

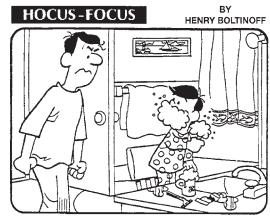
HUBERT - - By Dick Wingert

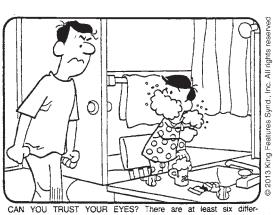


"I got the raise, but I used it for bus fare."



3. Doctor Doom
4. Lex Luthor
5. Galactus
6. Darkseid
7. Ra's Al Ghul
8. Loki
9. Dark Phoenix
10. Kingpin





CAN YOU TRUST YOUR EYES? There are at least six differences in drawing details between top and bottom panels. How quickly can you find them? Check answers with those below.

"tuesettip si toficts of gruesettip si ureung of fluirstim si pozety bueltettis is sourcestiff." The province of the state of the

Bats are important to ecosystems as predators of night-flying insects. Some bat species eat fruit, nectar or small fish.

Vampire bats live in Central and South America and feed on animal blood. Many tropical bats pollinate plants and help spread seeds, and bat droppings can be used as fertilizer.

Source: Department of Energy and Environmental Protection

- Brenda Weaver



ARTS & LEISURE

JCC'S ARTS & CULTURE FESTIVAL

Each year, the JCC's Arts & Culture Festival engages the community with a month-long celebration of arts and culture featuring author events, children's events, thought-provoking programs, and an Arts & Crafts Fair. All programs are held at the JCC at 360 Amity Rd., Woodbridge, CT, unless otherwise noted. This year's lineup includes:

Peter and the Wolf, Sunday, November 3, 2 pm, New Haven Symphony Orchestra's presentation of Peter and the Wolf, a timeless classic for families and children. Free and open to the public.

Joshua Henkin - The World Without You, Thursday, November 7, 7:30 pm, Henkin discusses his new novel about love, loss and the aftermath of a family tragedy. Book signing to follow. Free.

The Life and Legacy of Sholem Aleichem, Sunday, November 10, 10:30 am, A literary/musical program exploring the impact of one of Judaism's greatest cultural icons. Featuring authors Jeremy Dauber and Alisa Solomon with musical accompaniment by Andrew Rubenoff. \$10.

Ronald Balson – Once We Were Brothers, Sunday, November 10, 4:30 pm, Balson discusses his legal thriller about two boys who were raised in the same house find themselves on opposite sides of the Nazi occupation. Free. Off-site: Temple Beth David, 3 Main St., Cheshire.

Judy L. Mandel – Replacement Child: A Memoir, Tuesday, November 12, 11 am, Mandel tells the story of being a replacement child for her deceased sister. A memoir of love, and lies, family and hope. Book signing to follow. Suggested donation \$5.

Global Day of Jewish Learning: Sacred Expression by Sharon Zirkin-Dagan, Sunday, November 17, 4 pm, The artist discusses her paintings and Rabbi Hesch Sommer of JFS will provide insight into the psalms represented in her work. Free.

Daniel Bergner – What Do Women Want? Adventures in the Science of Female Desire, Tuesday, November 19, 8 pm, Are women the less monogamous gender? Bergner explores scientific research and paints and unprecedented portrait of women's sexuality. Book signing to follow. Free.

Lynn Povich – The Good Girls Revolt: How the Women of Newsweek Sued Their Bosses and Changed the Workplace, Wednesday, November 20, 7:30 pm, Newsweek's first female senior editor tells the compelling story of women writers who sued the magazine for sexual discrimination in hiring and promotion. \$5. Offsite: JFGNH Shoreline Office, 705 Boston Post Rd, Guilford.

JCC's 10th Annual Arts & Crafts Fair, Sunday, November 24, 10 am – 4 pm, Gifts, Accessories, Home Décor, Pottery, Jewelry, and More!

Children's Chanukah Event, Thursday, December 5, 6:30 pm, Interactive musical/theater event. \$5/child.

STARGAZING AND MARSHMALLOW ROAST

On Saturday, November 2nd from 6:30pm-9:00pm members of the Astronomical Society of New Haven will lead an exploration of the night sky at the farm. Roasting marshmallows by the fire and sipping hot cider will keep us warm. Some telescopes will be provided but feel free to bring your own or a strong pair of binoculars. This is a family friendly event, and a great way to introduce young ones or amateurs to the night sky. This event is FREE. Reservations not required but your RSVP is greatly appreciated. (203) 736-8618. www.massarofarm.org.

COAST GUARD AUXILIARY FLOTILLA 24-11 BOATING CLASS

U.S. Coast Guard Auxiliary Flotilla 24-11 is offering a one-day About Boating Safely class on Saturday, November 9 from 8AM to 4:30 PM.

In a classroom format, attendees will learn general information about boats and maintenance, navigation rules and aids to navigation, what to do in case of boating emergencies and Connecticut-specific law and regulations. Individuals who successfully complete this course will qualify for the Connecticut Safe Boating Certificate and the Certificate of Personal Watercraft Operation. The course fee is \$60.00.

The classes will be held at the USCG Auxiliary West Haven Flotilla facility, 1 Kimberly Avenue, West Haven, CT. For further information or to register, please contact either Charlie Phippen at (860) 828-5438 or David Wendelowski at (203) 932-2651. Alternatively, information and on-line registration is available at http://a0142411.uscgaux.info/educ.html. A free State of CT Conservation ID Number must be obtained before the class by registering at ct.outdoorcentral.net.









THE DAVIS GALLERY PRESENTS JOOB WHITMAN

On Saturday, November 9th, from 1pm to 4 pm, an Opening Reception for oil and acrylics artist, Joob Whitman, will be held at the Davis Gallery in Orange. At her opening of "Nature's Palette", Ms Whitman's art exhibit will feature various types of media, such as oil paintings, pastels and acrylics. Joob expresses her ideas skillfully, detailing in her paintings the grandeur of the natural world, from land-scape scenes to delicate flower petals. Joob's art will remain on display through January 4th, 2014.

Joob grew up in northeastern Thailand on a farm that grew vegetables, flowers, and rice, and she raised tilapia. She developed a deep appreciation for the natural world that surrounded her, marveling at the beauty that could be found in the finest details of a feather, petal, or fish scale. From a young age, Joob has been creative,

winning school art contests for her drawings, and praise for her artful skills from her teachers. One of her first works was a mural she etched into the wet-cement wall of her childhood home.

She recently left her native country and moved to Syracuse, New York. In America, she drew new inspiration from the beautiful scenery. The changing seasons caught her attention, as well as the new species of birds and wildflowers that she discovered in her new environment. She began to paint what she saw, replicating images of natural beauty in her paintings, striving for perfection in every detail.

Joob paints mostly in oils and acrylics, but sometimes in watercolors and pastels. She is a self-taught artist and finds inspiration in the techniques employed by artists such as Nathanael Provis, Tim Gagnon, and Thomas Kinkade. She strives for realism in her paintings using bright, vivid colors, and aims to reproduce the awesome beauty that she observes in nature. Through her



paintings, Joob hopes to share with her audience the joy and awe that she feels in observing the splendor that nature provides for us, and to inspire them to discover a small piece of the outdoors for themselves.

To further enhance your visit to the Davis Gallery, we continue to exhibit the fabulous Orchid Art of renowned local artist, Patricia Laspino, who's large, embellished, limited editions remain on exhibit at the Laspino wing of the gallery!

Please join us and Joob Whitman at her Opening Reception at the Davis Gallery, free, on Saturday, November 9th, from 1pm to 4 pm, located at 200 Boston Post Road in Orange. Refreshments will be served. For further information, call the gallery at 203-795-4705. The Davis Gallery is always free and open to the public weekdays from 10am to 6 pm and Saturday until 4pm. The Davis Gallery is affiliated with VideoLab in Orange and is located within the VideoLab facility.

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It's Not Too Early! SPECIAL HOLIDAY ISSUES



November 22nd Thanksgiving Issue



December 13th Holiday Issue