

Woodbridge Town News



Woodbridge's Exclusive Newspaper

Mailed Free to Every Home in Woodbridge

Mailed Free to Every Business in Woodbridge & Bethany

PUBLISHED EVERY THREE WEEKS

VOL. 3 – ISSUE 15

CIRCULATION 3581

FRIDAY, NOVEMBER 21, 2014



Beecher Road School band and Color Guard play America The Beautiful.

BEECHER SCHOOL HONORS OUR VETERANS

By Bettina Thiel – Woodbridge Town News Correspondent

The Beecher Road School community paid tribute to veterans and their service on Veterans Day, with some veterans present as guests of honor. Veterans Day has become a “powerful day of learning,” since the district decided to make it a school day, said Woodbridge Supt. Dr. Guy Stella, and he challenged students to reflect on what they heard and take it home. He also thanked the students for writing hundreds of cards and letters to veterans.

Principal Gina Prisco had initiated that project, and had delivered the notes to the VA hospital in West Haven, where they will be added to veterans’ lunch trays. Dr. Stella said some of the veterans were so grateful for the notes they expressed the wish to attend future Veterans Day events at the school.

The whole school assembled in front of the North entrance, with the band and color guard on the far side of the flagpole. First Selectman Ellen Scalettar addressed the school, saying it is a “day our country takes time to thank the men and women in the Armed Forces,” and for the safety and security they provide for us here and around the world. She said nearly 100 years ago the holiday was meant to celebrate the end of a war and “the hope of a lasting peace,” but “we haven’t achieved it yet”.

Army Capt. Dr. Barry Joseph also addressed the assembly, speaking about the significance of Veterans Day. “You don’t have to be in a war to be a veteran,” he explained. Anybody who has worn the uniform of the US military and who was available to be deployed is considered a veteran, he said.

See “Veterans” continued on Page 2



SELECTMEN CLASH OVER WCC EXECUTIVE SESSION

By Bettina Thiel - Woodbridge Town News Correspondent

Tensions ran high for a moment at the November 12 Selectmen meeting when the chairman of the Country Club of Woodbridge ad-hoc committee, during her report, carefully sidestepped questions about the identity of developers or their proposals for the property. The ad-hoc committee, chaired by Carolyn Wolff and vice chair Andy Esposito, has been reviewing the two proposals that were submitted after the town published a Request for Proposal (RFP) for the 153-acre property. The committee is working on a recommendation for the Board of Selectmen, Wolff said in her report.

But despite repeated questioning by Selectman Joe Dey, she would not divulge any details about the kinds of questions they have been dealing with. In fact, her report kept to naming the people who were on the committee – Debbie Fried, Chris Lovejoy, Tom Kenefick, Deke Hotchkiss and Gary Desir — and the dates of their meetings. First Selectman Ellen Scalettar is an ex officio member.

How come they meet and discuss in executive session, Dey wanted to know and who else was invited in (Administrative Officer Tony Genovese and Assistant Administrative Officer Betsy Yagla)? The planning consultant (initially)? Again and again – why? “We’re not trying to hide anything from anybody,” Wolff replied calmly, adding the committee’s charge is to report to the Board of Selectmen.

But when Dey started insinuating that the vote to go into executive session for one of the site visits may have been invalid, given that the vote was taken with no quorum present, Selectman Susan Jacobs snapped. “You should be ashamed of yourself,” she shouted. “You should be thanking them [the people serving on the committee], not badgering them. It demonstrates what your intent in all of this is, to make these people look bad.”

First Selectman Scalettar — short of a gavel — had to pound the table a few

See “WCC” continued on Page 13

Our signs are everywhere!

Happy Thanksgiving to All!



www.RLWD.com

174 Cherry St., Milford 203.701.4848



NEW LISTING

WOODBIDGE 53 Indian Trail

On cul-de-sac, superbly landscaped & maintained 5.6 acre estate w/music room, gym, game room, home office & more. Tennis court, pool w/archt designed 2-story pool house. 5000sf special interest gar/workshop. Abuts land trust. \$899,000



Rachel Anastasio 203.980.3283



WOODBIDGE 21 Rice Rd

Spacious contemp. FR addition w/ vaulted ceiling/skylts, Cherry paneled LR/study w fp and bookcases. Kit with vaulted ceiling, granite counters and stainless appl. 1st floor mbr w/ walk in closet, office and whirlpool. New fin basement. Sunny level lot.....\$427,500



Frank D'Ostilio 203.641.7072



BETHANY 233 Carrington Road

Acorn Ridge Farm is the perfect retreat for gracious country living and luxurious entertaining. Custom built, this home offers quality of craftsmanship combined with exquisite finishes. Barn, paddocks and adjacent to miles of trails...\$1,399,000



Frank D'Ostilio 203.641.7072

A.A.I. FLOORING SPECIALISTS

CARPET • HARDWOOD • VINYL • STONE • TILE

If Annamarie can be this creative making clothing out of tile just imagine what she could design for your home.



Clothing Creation Designer: Annamarie Mastrangelo Amore
Make Up Artist & Hair: Nickie Hartshorn Hello Georgous
Photographer: Annamarie Mastrangelo Amore
Models: Brittany Sauer and Allissa Rully
Digital Artist: Christine Gerardi Designs

Brittany is wearing Landmark Metal Coat
Allissa is wearing Sicis Glass Tile



Ask us about our free in-home design services!

(203) 553-9595



Like us on Facebook!



507 Boston Post Road, Orange
(Next to Bob's Discount Furniture)

"Veterans" continued from Page 1



Beecher Road School is expanding its Wall of Honor each year, as students add names of family and friends who served. Here, Veteran Paul Dixon, his wife Carole and daughter Galustian look for the names of their family members.



Rachel Edwards was in the Air Force from 1996 to 2005, including deployment to Iraq. She now is the proud mother of two, including Isabella, a kindergarten student at Beecher Road School.

As opposed to Memorial Day, which pays tribute to those who died in action, Veterans Day celebrates all who served. "They don't talk much about their experiences," he said, but many "have problems in their life that can be directly tied to their experiences in the war," he said.

Principal Gina Prisco honored staff members DARE Officer Vinnie Lynch, Brian Hocking and Greg Kula as Veterans. She also greeted the honored guests, in particular:

- Rachel Edwards – Iraq War Veteran – Edwards Family,
- Bill Worth – Navy 1967-1969 – Santulli Family'
- Andrew Muolo – US Army – Inactive – Couch Family'
- William Ledewitz – Army - Baitch Family.
- John Pfannenbecker – Navy 1966-1970 – Pfannenbecker Family.
- Genero Panella – Marine 1960-1966 – Panella Family,
- Peter Falcione – Army – Vietnam, 1968-1970 – Von Beeden Family,
- Paul Dixon – Veteran Korean War – 1953-1955 – Galustian Family,
- Daniel Myott – AirForce – 1958-1960 – Myott Family,
- Roy Ivins – Veteran – Sherman and Zitto Family, and
- John Costello – Airforce –1999 – 1907 - Costello Family.

Fifth Grade teacher Katie McCollum again set up a White Table in the Rotunda. The tradition is based on a children's book and is now done in every mess hall in memory of those who are missing at the table, she said.

Certain symbolic items are placed on the table, such as a lemon symbolizing the bitterness, salt for the tears, an empty plate or glass, a red rose and a candle symbolizing hope. Each year she reads the story with her class, McCollum said, and they set up a table for other classes to see.



BEECHER ROAD SCHOOL STUDENTS STACK UP... AND DOWN

By Bettina Thiel - Woodbridge Town News Correspondent

Did you know stacking and un-stacking plastic cups is an energizing, brain-activating and world-record-setting activity? On Thursday, November 13 — Guinness World Records Day — students in Beecher School's fifth and sixth grades took part in the "world's largest sport stacking event." They joined sport stackers from all corners of the world, up-stacking and down-stacking various pyramids in prescribed patterns at lightning speed for at least 30 minutes, all combined with a variety of fitness activities.

Last year, some 556,000 participants worldwide made it into the Guinness Book of Records for participating in the stacking event. Organizers this year are striving for a participation rate of 600,000. To make this happen, some 36 Beecher Road School students got up an hour early Thursday morning to get a head start on stacking while phys ed teacher Brian Hocking was timing them. He and his colleague, Sandy Simowitz, continued stacking activities during phys ed classes throughout the day. By the end of the day, they reported the participation of 134 students. Since

anybody can participate, the Student Council hosted the event as a community-building activity.

Several sets of specially designed plastic cups were set up on a row of tables, with students lining up in small groups several feet away, behind a baseline. Once they got started, the first student would run to the table and build a pyramid (stack up), then the next student in line would take it down again, while the rest of the team was cheering them on.

"It's a lot of fun," said one student. "Sport stacking has been termed a 'track meet for your hands at warp speed,' said a press release from the International World Speed Stacking Association.

Watching the frantic activity in the North gym, Simowitz said stacking promotes hand-eye coordination as well as fitness, dexterity and focus. Even though speed is encouraged, it is a very inclusive activity, she said. "We are doing it to build the school climate."

Fifth and sixth grade students at Beecher Road School participated in a sport stacking event that might make it into the Guinness Book of Records

Hawley Lane SHOES
CT's Largest Selection

UGG australia
FREE Gift With UGG® Purchase!*

Merrell
Vionic
Minnetonka
Dansko
Clarks MEN'S
Woodrich
Kamik
HUNTER

HAWLEY LANE FAMILY PASS
\$5 Off \$30 or More*
\$10 Off \$80 or More*
\$20 Off \$160 or More*
\$30 Off \$250 or More*

1 Per Customer, Not Valid On Prior Purchases, Not To Be Combined With Any Other Offers Or Sales. Not Valid On SALE SHOES, SAS, Hunter, UGG, Merrell or Vera Bradley Expires 12/31/14

Promo: OTN14

FREE Digital Foot Scan & Foot Assessment
Featuring **LYNCO ORTHOTICS**

Follow Hawley Lane Shoes On Facebook, Twitter, YouTube

Stamford • Norwalk • Shelton • Orange

Bull's Head Plaza 73 High Ridge Rd 203-327-7664
Hawley Lane Shoes 499 Westport Ave 203-847-9400
Shelton Square 862 Bridgeport Ave 203-712-1300
Hawley Lane Plaza 500 Boston Post Rd 203-891-9999

VISA MasterCard DISCOVER

Bring Us Your Pain!

Peter Geloso DPT Michael Dow MSPT Kyle Branday MSPT Michael Demetriades DPT Joel Paul MSPT

Setting The Standard Of How All Physical Therapy Patients Are Treated.

Now with 3 Offices

Woodbridge: 203-389-4593
Hamden: 203-691-6248
Branford: 203-433-4683

Amity PHYSICAL THERAPY

1 Bradley Rd Woodbridge www.amitypt.com

COLDWELL BANKER RESIDENTIAL BROKERAGE
ColdwellBankerMoves.com

RESIDENTIAL BROKERAGE

INTERNATIONAL PREVIEW

Luxury Division

NEW LISTING!

33 N. Humiston Drive, Bethany
Jill Ellis \$409,000

28 Forest Glen Drive, Woodbridge
Harriet Cooper \$349,000

NEW PRICE!

1086 Johnson Road, Woodbridge
Chris Lovejoy \$450,000

11 Rock Hill Road, Woodbridge
Judy Cooper \$348,500

63 Dogwood Circle, Woodbridge
Myra Zelson \$450,000

NEW LISTING!

34 Mulberry Road, Woodbridge
Harriet Cooper \$339,000

10 Orchard Road, Woodbridge
Pat Cardozo \$2,400 (Rental)

66 Deer Run Road, Woodbridge
Judy Cooper \$635,000

270 Amity Road, Woodbridge, CT 06525
203.389.0015

CARTUS Broker Network

©2013 Coldwell Banker Real Estate LLC. Coldwell Banker is a registered trademark licensed to Coldwell Banker Real Estate LLC. An Equal Opportunity Employer. Equal Housing Opportunity. Owned and operated by NRT LLC

Like us on Facebook at Coldwell Banker Woodbridge-Bethany

SPLASH CAR WASH IN NEW HAVEN
51 AMITY ROAD • (203) 397-3866



\$10 FULL SERVICE CAR WASH W/COUPON

- INTERIOR VACUUM
- DASHBOARD & DOORJAMBS WIPED
- WINDOWS CLEANED
- INCLUDES EXTERIOR WASH

Please present coupon. Cannot be combined. EXPIRES: 12/05/14 #296

\$5⁹⁹ CAR WASH W/COUPON

TOWEL DRY **INCLUDES** **FREE VACUUMS**

Please present coupon. Cannot be combined. EXPIRES: 12/05/14 #297



WOODBIDGE HISTORICAL SOCIETY HOSTS 3RD GRADERS

On a recent November morning the third grade students at Beecher Road School were hosted by the Amity and Woodbridge Historical Society at the Thomas Darling House at 1907 Litchfield Turnpike. Splitting up into 5 groups, the students got to hear and see what life was like back in the 1700s. While one group got to churn butter in the kitchen and discover how food was prepared, another group learned how to make apple cider and saw how the Darlings prepared for their long winters. Upstairs in the children's room the students learned about spinning wool and saw Woodbridge's first lending library. Outside students learned about the beginning of our country and the various flags that were flown while exploring

the many outbuildings on the grounds of the Thomas Darling House. Everyone left with a taste of the butter they churned, a sample of apple cider, their name written in calligraphy, a coloring book and postcard and an invitation to return with their families for the Darling Holiday Open House taking place on Sunday, December 7th from 2 to 4 PM. The public is invited to come and see how the house museum will be decorated and how the holiday would have been celebrated in our past. Homemade refreshments, live music and song from the Amity Chamber Singers will all be on hand. Please join us for a delightful afternoon. Go to www.woodbridgehistory.org for more information.



All from *Your Local* neighborhood

ShopRite of Hamden

2100 Dixwell Ave. (203) 230-5000



PICK-UP
at the Store

Tues., Wed., Fri. & Sat.
9am-7pm
Thurs. 9am-8pm
Saturday 9am-7pm



DELIVERY
to your Door

Sunday
9am-11am & 3pm-5pm
Monday-Saturday
9am-11am & 5pm-7pm

Order Groceries Online.



Same
Low Prices
In store & Online



Same
Great Variety
In store & Online



Selected
In Store
by your personal shoppers



\$25⁰⁰ Off
 your ShopRite from Home order of \$100 or more.
ENTER PROMO CODE: JOLLY25

Purchases must be made in a single transaction. Offer valid at ShopRite from Home only. Offer not valid in store or at shopritedelivers.com. Your qualified purchase is calculated after Price Plus discounts have been applied. Your orders must be picked up or delivered by Saturday, Dec. 27, 2014 to qualify for this offer. Minimum purchase excludes personal shopping and/or delivery fees, prescription medications, gift cards, gift certificates, postage stamp sales, money orders, money transfers, lottery tickets, bus ticket sales, fuel and metro passes, as well as milk, cigarettes, tobacco products and alcoholic beverages or any other items prohibited by law.

WOODBIDGE EDUCATION ROUNDUP

SACRED HEART ACADEMY OFFERS DECEMBER ENTRANCE EXAM

For those who missed the November test date, Sacred Heart Academy will offer an Entrance Exam on Thursday, December 10 at the Academy, 265 Benham Street, Hamden. To register for the exam, candidates for admission must submit the Application for Admission online at www.sacredhearthamden.org with \$60 fee by Friday, December 5. We ask students to arrive at 8:45 a.m. Testing concludes at Noon. For further information or to arrange an interview or "shadow day," please contact Mrs. Elaine Lamboley, Director of Admission at 203-288-2309, x307.



Founded 1946

Sacred Heart Academy

Sacred Heart Academy, an independent college preparatory school founded in 1946 by the Apostles of the Sacred Heart of Jesus, successfully prepares young women in grades 9 – 12 for learning, service, and achievement in a global society. There are currently 500 students hailing from five counties in Connecticut - New Haven, Fairfield, Middlesex, Hartford, and New London counties.



BEECHER STUDENTS STUDY NATIVE AMERICAN HISTORY

Students in the fourth grade at Beecher Road School have spent the past 8 weeks immersed in the study of Native Americans. They learned how interaction with the environment shaped the traditions and cultures of the people who lived in our area before the European colonists arrived.

The students focused their studies using a variety of sources including non-fiction books, and a trip to the Native American Studies Institute in Washington, CT where they walked into a duplicated village complete with a long house and wigwams. They made corn husk dolls just like the children did hundreds of years ago.

The PTO also generously provided the funding for Clint Chartier to provide the students with the opportunity to learn how Native Americans made everything they needed to survive. In Ms. Reizfeld's class, students researched and made their own clothing, tools and items used in battle.

The students were fascinated with the connections they realized were made by contributions of the Native Americans and Europeans to our current state of Connecticut. Did you know that even the name of our state comes from the word Native Americans used to describe this area "beside the long tidal river"?

JILL LAPLANTE SELECTED AS DIRECTOR OF COUNSELING

Ms. LaPlante has served as a counselor at Amity Regional High School since 2008, and is in her sixteenth year as an Amity employee. Prior to serving as a high school counselor, she was a counselor for two years at the Amity Middle School in Bethany, and an English teacher for seven years at the Amity Middle School in Orange. Ms. LaPlante completed her undergraduate studies at Fairfield University (Major: English, Minor: Education), a Master's Degree at Fairfield University (School Counseling), and a Sixth Year Degree at Southern Connecticut State University (Educational Leadership).

Ms. LaPlante was selected from a pool of highly qualified candidates through a process that included a comprehensive screening, committee interview, performance task, and presentation. Candidates who excelled in all parts of the initial process were selected to participate in a final interview.

The Amity Regional High School Director of Counseling is responsible for overseeing a department of eight counselors, a Career Center Director, a social worker, a student assistance counselor, three school psychologists, and additional support staff. The goal of the position is to develop, articulate, and ensure the smooth and effective delivery of a comprehensive developmental counseling program for students in grades 9-12.

Ms. LaPlante said, "I'm excited about this opportunity. I'm looking forward to building on a long-standing tradition

of excellence at Amity, and further enhancing our academic, career, and social programs geared to ensuring students are prepared for life after high school." Historically, over 92% of students graduating from Amity go on to two- and four-year colleges or universities.

As the Director of Counseling, Ms. LaPlante will be charged with the responsibility of managing the college search and application process, as well as providing resources for non-college bound students – thus ensuring that all Amity students are well prepared for the broad range of opportunities that are available to them after high school. Amity Regional High School Principal Dr. Charles Britton said, "The responsibilities assigned to the Director of Counseling are critical. Our students and parents rely on a high-quality counseling department to guide them through the critical process of post-secondary planning. Ms. LaPlante has a keen insight into this process, and has articulated a clear vision that will lead Amity to even greater levels of success. I'm looking forward to having her as part of Amity's leadership team." Superintendent of Schools Charles Dumais added, "Jill demonstrated great energy and insight throughout the process. We are confident that she possesses the technical and adaptive leadership skills necessary to capitalize on current strengths and develop opportunities for growth."

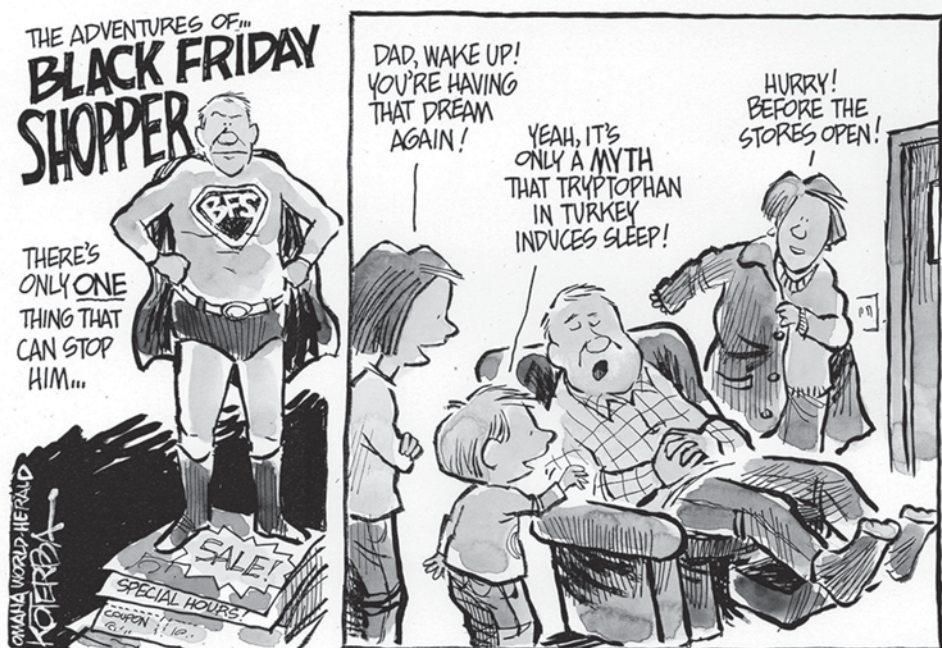
Ms. LaPlante will assume the responsibilities of Director of Counseling on November 11, 2014.

Woodbridge Town News

THE WOODBIDGE TOWN NEWS ONLINE

Online Version of the Woodbridge Town News

www.WoodbridgeTownNews.com



Attention Teachers!

We want to know what's going on in your classroom!
Let us know about any fun activities or holiday projects.
You can also send us your pictures.
(Parental consent required)

Woodbridge Town News
P.O. Box 1126, Orange, CT 06477
edit@WoodbridgeTownNews.com

Woodbridge Town News

Woodbridge's Exclusive Newspaper

Mailed **FREE** to Every Home in Woodbridge
Mailed **FREE** to Every Business in Woodbridge, Bethany & Westville
Circulation of 3,581.

Office Address: **653 Orange Center Road**
Mailing Address: **P.O. Box 1126, Orange, CT 06477**

Phone: 203-553-9062 | Fax: 203-298-9818

Office Hours: Mon., Wed., Thurs., Fri. 10am-3pm · Closed Tues.

Published by Orange Town Newspapers, LLC

- Publisher** Rocky Salperto
- Editor** Marlene Silverstein
- Production & Design** J. Michael Kriz
- Correspondents** Laura Fantarella; Melissa Nicefaro;
Bettina Theil
- Restaurant Profiles** Susan Noonan
- Contributing Writers** Roberta Nestor; Ray Spaziani
- Administrative Assistant** Katie Carbone

To submit news articles/local events contact 203-553-9062
or Email: edit@woodbridgetownnews.com

For advertisement information call 203-553-9062
or Email: ads@woodbridgetownnews.com

To submit a letter to the editor mail us
or Email your letter to: letters@woodbridgetownnews.com

To submit a Bulletin Board event
Email us at: bulletinboard@woodbridgetownnews.com

All articles, photographs and letters must include your name, address and daytime telephone number for confirmation. The Woodbridge Town News reserves the right to reject any advertisement, article, photograph or letter. Letters to the editor must be unique to the Woodbridge Town News.

Contact us:

- Rocky Salperto Rocky@woodbridgetownnews.com
- Marlene Silverstein Marlene@woodbridgetownnews.com
- Susan Noonan Susan@woodbridgetownnews.com
- Laura Fantarella Laura@woodbridgetownnews.com
- Melissa Nicefaro Melissa@woodbridgetownnews.com
- Bettina Theil Bettina@woodbridgetownnews.com
- Katie Carbone Katie@woodbridgetownnews.com

www.Woodbridgetownnews.com

Pick-up Extra Copies of the Woodbridge Town News!

- Extra Copies** of the **Woodbridge Town News** are available **FREE** at our office, 653 Orange Center Road (Next to People's United Bank) and at the following locations:
- Amity Meat Center** 24 Lucy Street
 - Antonio's** 208 Amity Road
 - Athenian Restaurant** 1426 Whalley Avenue
 - Blue Check Deli** 382 Amity Road
 - Cuts Again** 186 Amity Road
 - Coldwell Banker** 270 Amity Road
 - First Niagara Bank** 211 Amity Road
 - Kat's Deli Restaurant** 1658 Litchfield Turnpike
 - Lock, Stock & Barrel** 770 Amity Road
 - Oak Lane CC - Seasons Restaurant** 1027 Racebrook Road
 - Solun Restaurant** 10 Selden Street
 - Ted's Cleaners** 210 Amity Road
 - Thai House Restaurant** 16 Selden Street
 - The UPS Store** 176 Amity Road
 - Tobacco Land** 164 Amity Road
 - Today's Clothing** 22 Selden Street
 - Westville Seafood** 1514 Whalley Avenue
 - Wheeler's Restaurant** 180 Amity Road
 - Woodbridge Hardware** 219 Amity Road
 - Woodbridge Senior Center** 4 Meetinghouse Lane
 - Woodbridge Tae Kwon Do** 152 Amity Road
 - Woodbridge Town Hall** 11 Meetinghouse Lane
 - Woodbridge Town Library** 10 Newton Road

If you would like to have additional copies of the **Woodbridge Town News** available at your organization or business, please call 203-553-9062.

Woodbridge Town News

Below are the next three Woodbridge Town News issue dates and deadlines.
Thank you for your submissions to Your Home Town Newspaper.

<u>Upcoming Issue Deadline</u>	<u>Upcoming Issue Dates</u>
December 5th	<i>Holiday Issue</i> December 12th
January 9th	January 16th
January 30th	<i>Valentine's Issue</i> February 6th

Note: Copy due by 4:00p.m. Thank you.

FROM OUR READERS

To the Editor

Thanks so much to everyone who volunteered on my campaign—the support I received throughout the 114th District on Election Day would not have been possible without your time and effort. Being selected to continue working in Hartford representing Woodbridge, Orange and Derby is certainly humbling, and I'll do my best to reward the faith placed in me.

Last week, I was given the additional honor of being selected by my colleagues to serve as House Republican Leader. I look forward to tackling issues that people here and statewide agree matter most to their families, friends, and neighbors: getting our state budget back on firm footing, jumpstarting Connecticut's weak economy, and making strides in education.

As always, feel free to contact my office (800-842-1423 or themis.klarides@housegop.ct.gov) with your questions, ideas, or concerns about issues tied to state government.

*State Rep. Themis Klarides
114th General Assembly District
Woodbridge, Orange, and Derby*

Woodbridge Town News

WTN Letters Policy

Submit your letters for our **"From Our Readers"** section to:
Woodbridge Town News, P.O. Box 1126, Orange, CT 06477
or email: letters@woodbridgetownnews.com.

Please limit letters to 500 words and include a daytime phone number in case we have any questions. *Letters must be exclusive to the Woodbridge Town News for publication.* We reserve the right to reject any letter.

T H U R S D A Y



STUDENT NEWS

Eastern Students Participate in Poverty Awareness Marathon

Willimantic, CT -- On the morning of Friday, September 19, students and faculty gathered outside the Student Center at Eastern Connecticut State University to participate in a marathon to show support for the 46.2 million people in the United States living in poverty. The goal of the Poverty Awareness Marathon, organized by the Center for Community Engagement (CCE), was to collect 462 nonperishable food items to donate to the local Covenant Soup Kitchen and Food Pantry in Willimantic. More than 300 students took time out of their busy schedules to take part.

Woodbridge residents Jesse Cala and Shannon Murphy were two of the participants. Cala's major is Exploratory Education. Murphy's major is Pre-Social Work. A donation was required to register for the 26.5 mile run around campus with each lap consisting of 1.2 miles. Participants were encouraged to come and go as their schedule permitted.

Luis Rodriguez, assistant director of the CCE, was impressed with the turnout. "This is the first major volunteer event of the year. Professors brought their entire classes -- clubs and sports teams came out too," he said. "The event showed that there is a community beyond Eastern. Eastern and Willimantic -- we're one big community here."

Professor Charlie Chatterton, department chair of the Health and Physical Education Department, has been instrumental in the marathon's success since the beginning. The marathon was number 57 in his "Take Strides to 'Brake' the Cycle of Poverty" marathon initiative, a personal crusade in which Eastern has played an important role. "As a group, we collectively completed more than 667 miles and collected 561 nonperishable food items for the Covenant Soup Kitchen," said Chatterton.

Eastern Connecticut State University is the state's public liberal arts university and serves approximately 5,300 students each year on its Willimantic campus and at satellite locations. A predominantly residential campus, Eastern offers more than 30 majors and 50 minors while emphasizing a strong liberal arts foundation grounded in applied learning experiences. For more information, visit www.easternct.edu.

Elizabeth Rule Participating in Emerson College Los Angeles Internship & Residential Program

Boston, MA -- Emerson College student Elizabeth Rule of Woodbridge, who's majoring in Writing, Literature, and Publishing, secured an internship position in September 2014 at talent and literary agency, The Arlook Group. Rule will complete the internship study program in December 2014. The internship is part of the experience at the College's new facility located on Sunset Boulevard in Los Angeles. Emerson was the first East Coast college to establish a residential study and internship program in LA. Since the program's inception in the 1980s, more than 4,300 students have participated in internships at renowned film studios, media outlets, marketing agencies and related enterprises in LA, which is also home to more than 3,200 successful Emerson alumni.

Haejin Park Begins Studies at New York City's Prestigious Pratt Institute

Brooklyn, NY -- Haejin Park, a Woodbridge resident, has started studies at New York City's prestigious Pratt Institute, joining an incoming class of students who come from 48 states and 80 countries for the fall 2014 semester. Park is one of 835 new students selected from more than 7,300 applicants. Founded in 1887, Pratt Institute is a global leader in higher education dedicated to preparing its 4,700 undergraduate and graduate students for successful careers in art, design, architecture, information and library science, and liberal arts and sciences. Located in the cultural hub of New York City with historic campuses in Brooklyn and Manhattan, Pratt is a living lab of craft and creativity with esteemed professors and scholars who challenge their talented students to transform their passion into meaningful expression.

Noah Safian Honored for Academic Achievement at Bowdoin College

Brunswick, ME -- Bowdoin College held its annual Sarah and James Bowdoin Day ceremony Friday, October 31, 2014, to honor those undergraduates who distinguish themselves by excellence in scholarship. Those students who are designated Sarah and James Bowdoin Scholars are in the top (highest GPA) 20 percent of each class for the previous academic year. In addition, those scholars who earned a GPA of 4.0 are designated Sarah and James Bowdoin Book Award winners. Sarah and James Bowdoin Scholar Noah Safian, of Woodbridge, CT, is a member of the Bowdoin College Class of 2017.

Gilbert Guo Inducted Into Oracle Honor Society at Ithaca College

Ithaca, NY -- Gilbert Guo, a Woodbridge junior journalism major in the Roy H. Park School of Communications at Ithaca College, was inducted into the Oracle Honor Society on November 3, 2014. Students who maintain a GPA in the top 10 percent of all students in their school throughout their first full academic year are invited into the society. Founded in 1928, the Oracle Honor Society is a historic Ithaca College honors society that recognizes academic excellence.

GEORGINA'S HAIR STUDIO



Hair Master
Georgina Mauriello

Hair Legend
Vincent Farricielli

Don't Let Winter Weather
Dry and Dull Your Hair
Ultra Steam Treatment
Buy Three, Get One Free!
Silk • Style • Smile Offer Expires 12/21/14

Leader In All Textured And Multi Cultural Hair
Colorist Extraordinaire • Waxing
Hair Straightening And Hair Loss Treatments
Air Brush Make Up • Bridal Packages On/Off Premises

290 BOSTON POST ROAD, ORANGE, CT 06477

203.799.2166

WWW.GEORGINASHAIRSTUDIO.NET

MICHAEL J. PAOLINI, CPA

PERSONAL AND BUSINESS TAX RETURNS
FINANCIAL STATEMENTS
IRS AND STATE REPRESENTATION
TAX PLANNING
BUSINESS FEASIBILITY STUDIES
NON-PROFIT EXEMPTIONS

174 CHERRY STREET • MILFORD, CT 06460

PHONE 203-876-0445 • FAX 203-874-7498

mpalinicpa.com

www.WoodbridgeTownNews.com



Do You Need
HOLIDAY CASH?
Come See Ole St. Rick!

We Buy All Used Firearms
No Collection Too Small or Too Big!

TOP \$\$\$ PAID
ONE GUN OR 100 - WE BUY THEM ALL!

VALLEY FIREARMS

549-C Howe Ave., Shelton

203-924-5650 • www.valleyfirearms.com

HOURS: MONDAY-FRIDAY 10-6 • SATURDAY 10-5



DON'T LET THE TURKEYS GET YOU DOWN!

Special offer to new customers on automatic delivery.

Save big with our:

Buy one
Get one

FREE

Service Contracts

and 10¢ OFF per gallon for prompt payment.

WHEN YOU DEAL WITH TAMARO, YOU'LL GET:

- *Faster Service! We're close by when you'd need us most.*
- *Drivers who treat your property like their own.*
- *Competitive pricing from your local dealer.*
- *Friendly and prompt customer service from our family to yours. You'll speak with a Tamaro family member every time you call!*
- *Technicians who are experts in keeping your older equipment running great!*
- *Service people who are never on sales commission and take great pride in servicing you well.*

Call Today!

795-FUEL (3835)

*Your Neighbor at
38 Marsh Hill Road in Orange*



TAMARO

Oil Corporation

WWW.TAMAROOIL.COM

CT HOD.142

YOUR LOCAL OIL COMPANY FOR FOUR GENERATIONS.

REP. KLARIDES TO RECEIVE MADD PUBLIC POLICY AWARD

Mothers Against Drunk Driving (MADD) will recognize State Representative Themis Klarides (R-114) as a "Community Champion" with its Public Policy Award for her work both in the legislature and in her community to curb intoxicated driving. During the 2014 legislative session, Rep. Klarides co-sponsored new legislation that expanded mandatory use for Ignition Interlock Devices for those convicted of driving under the influence of alcohol or drugs.

Rep. Klarides, along with a host of fellow legislators, attorneys, law enforcement officials, journalists and community activists, will be given the award during a ceremony in New Haven on Wednesday. This is the second consecutive year Rep. Klarides has been named a "Community Champion" by Connecticut's MADD chapter; she was recognized nationally, too.

"It is a great honor to receive this award," Rep. Klarides said. "I am proud to support the initiatives of the MADD organization, who has worked tirelessly to keep our motorists educated on safe driving practices. I am pleased this new legislation will serve to further their cause and safeguard for future generations to come."

ACES VILLAGE SCHOOL HOLIDAY FAIR

Holiday Fair: Friday, December 5, 2014 at ACES Village School 31 Temple Street, North Haven, CT from 5pm to 8:30pm. Festivities include food, crafts, raffles, and lots of fun for the whole family. All the proceeds will benefit special needs children within the ACES schools. We are also offering table rentals to crafters/vendors. If interested in reserving a table, please call Village School and leave a message for Monica Bish at 203-234-7611. Limited space is available on a first come, first served basis. Rental is \$30 for an 8 foot covered table space.

BENEFIT YOGA FOR THE COMMUNITY

On Monday, December 15, Diane King's 10:30 a.m. and 5:30 p.m yoga classes will be a pay-as-you-wish benefit for Woodbridge Food and Fuel Bank and New Haven Fresh Air Fund. The gentle-style classes (slow but deep) are in Room 16 of The Center at 4 Meetinghouse Lane, and are appropriate for beginners or anyone wishing to strengthen, stretch, balance, and relax. Each class is 75 minutes.

The next session of yoga will begin January 5. Visit the Woodbridge Recreation website, call them at 203-389-3446, or contact Diane at yogadiane@gmail.com or 203 494-3745. May the spirit of yoga--truth, simplicity, and love--extend to all.

THE BABIES ARE COMING FOR THE HOLIDAYS!

Everyone loves to hug and kiss babies. Along with this exchange of affection, germs will be passed from one to another. You can protect the infant you care about while protecting yourself against pertussis. Quinnipiac Valley Health District (QVHD) offers the pertussis vaccine (in the form of Tdap-tetanus, diphtheria and pertussis) to parents, grandparents, aunts, uncles, babysitters and other caregivers or contacts of newborns and infants 12 months and younger. If you are over age 18 and have never had a Tdap vaccine, (a combined booster immunization containing tetanus, diphtheria and pertussis protection) you are eligible to receive this vaccine. A \$10.00 administration fee is requested. No one will be turned away for lack of ability to pay this fee. The next clinic will be held on December 10, 2014 from 4:00 to 4:30 p.m. Call QVHD, 203 248-4528 for an appointment. (An appointment is not required but is suggested in the event of inclement weather.)



THE WOODBRIDGE TOWN NEWS ONLINE

Online Version of the Woodbridge Town News
www.WoodbridgeTownNews.com

ElderCare Services provides geriatric case management and care that nurtures the mind and body. It is one-on-one loving care that encourages independence.

ElderCare Services Homecare From The Heart

Family Owned & Operated · Social Work Case Management



Assist With...

- Walking
- Exercises
- Transfers
- Medication Reminders
- Escort To Medical
- Companionship
- Personal Care
- Meal Preparation
- Light Housekeeping
- Laundry
- Shopping
- Transportation

\$150 COUPON
to use towards LIVE-IN Service

\$50 COUPON
for HOURLY Service

*Exclusions Apply. Redeemable After 4 Weeks Of Service.

COUPON EXPIRES JUNE 30, 2015



CALL TODAY TO DISCUSS YOUR OPTIONS
203.799.8001 • Toll Free 866.799.9303
 Al Mayer, LCSW - President • Gail Mayer, MSW - Vice President
 Stacey Lee, CFO

www.eldercarect.com

CT Reg. #HCA0000334



15% OFF
With this Coupon!
Not to be combined with any other offer

12 Selden Street • Woodbridge CT 06525 • 203-553-9135

CALL NOW TO BOOK YOUR HOLIDAY PARTY!
 Buy \$50 Gift Card and get \$10 Gift Card FREE!

Happy Hour Mon-Fri
 (bar only) 3:30 PM- 6:30 PM
 featuring half price drinks.

\$2 Tuesdays
 \$2 sliders, \$2 shots, \$2 bud
 light drafts, \$2 PBR cans

Weekend Brunch
 featuring \$15 bottomless Mimosas,
 Bloody Mary's and Bellini's!

Sunday Family Night
 Feed a family of 4 for \$25. Pizza,
 pasta and salad!

"Be Social" | www.woodbridgesocial.com

Turn Your Spare Time into a Real Estate Career.

Weichert® has 3 types of sales positions that suits your schedule for a rewarding career in real estate. Our training & proven systems are designed for success!

Join us at our Career Open House on Tuesday Evenings from 7 to 8pm

and let us show you the many ways Weichert can help you earn money selling real estate!

Call Sales Manager Rich Muttick, 203-795-2377 to let us know you are coming.

(If Tuesday nights are not convenient, call Rich for a time that is convenient for you!)



Orange Regional Center
 236 Boston Post Road,
 near Racebrook Road intersection
 Orange • 203-795-2700
WeichertRP.com



SNOW BIRD HOME SERVICE



“LEAVE YOUR WORRIES BEHIND”

If you are looking for a reliable, reputable professional to check on your CT home over the winter months, I am a local resident for over 40 years with excellent references. I offer a variety of options and rates based upon convenience and peace of mind.

FOR MORE INFORMATION OR TO SCHEDULE AN INTERVIEW
PLEASE CONTACT: MEG MANSON MARTINS
(203)804-6096 • megmartins3@gmail.com

We Provide:

- Home Health Aides
- CNA's
- Companions
- Homemakers & Much More!



Need Reliable Homecare Assistance?
Call us - We Can Help!



203-285-6202

Serving Woodbridge, Orange, Milford and Greater New Haven

We accept most major insurance programs.
Bonded and Insured

Stuart A. Rosenkrantz, Manager

The Law Office of David Crow, LLC

David E. Crow, Jr.
Attorney at Law

Got a legal question?

Ask your hometown lawyer at your free initial consultation

Evening, weekend and home visit appointments available upon request.

Engaged In The General Practice Of Law Including:

- Accidents And Personal Injury
- Business Formation And Representation
- Collections
- Criminal, DUI/DWI Defense
- Family Law
- Foreclosure Litigation
- General Litigation
- Landlord/Tenant Law
- Local Administrative Board Practice
- Real Estate Transactions
- Wills And Estates
- Workers' Compensation

CALL ME AT (203) 799 - CROW (2769)
LOCATED AT THE ORANGE OFFICE BUILDING
378 BOSTON POST RD. ORANGE, CT 06477

DOLLAR\$ AND \$EN\$E

THE COMPLEXITIES OF CARE GIVING

By Roberta L Nestor

In 2011, President Obama proclaimed November as National Family Caregivers month. In the spirit of Thanksgiving, it represents an opportune time to recognize the 45 million people who provide some form of health care, both paid and unpaid. These are dedicated individuals who provide care for their family members at home and those who either work or volunteer at nursing homes, adult day care centers, assisted living facilities and, of course, hospitals and hospice.

It is natural for the focus of care to be centered on those who need the actual assistance. However, it is hard to ignore the impact caregiving has on the caregiver. Caregivers often feel they have little or no control of a caregiving situation and it soon becomes overwhelming and threatens to take over their own lives. The stress of caregiving will take its toll on your health, your state of mind, your family and relationships. It is critical for the caregiver to make time for themselves to rest and recharge. But that's the problem, where do you find the time?

Caregivers take on changes in the family dynamics, disruptions in their households, added workloads and certainly financial pressures. All of these can cause extreme stress and will result in burn out over time. When you begin caring for a family member, it may start out simple, but over time it becomes more and more demanding with often no end in sight, a short term situation often turns into a long term challenge that can last years.

Recognize that you need respite! Respite can take on many forms but it comes down to sharing the responsibility and not allowing yourself to be the sole care provider. The Agency on Aging for Southern CT is right here in New Haven. They can lead you to the best respite services for your situation and here are a few respite services caregivers should consider:

CT Alzheimer's Respite Care Program: Provides up to \$3,500 in services to caregivers caring for a loved one with Alzheimer's or Dementia. This program can pay for in-home help, adult day care, meals on wheels, in-patient respite to allow the caregiver to take a needed vacation and other services.

National Family Caregiver Program: Provides up to \$3,500 to caregivers caring for a loved one over

the age of 60. This program also can pay for in-home help such as a home health aide, companion and homemakers as well as adult day care, in-patient respite.

State Department of Developmental Services (DSS): DDS recognizes that families and caregivers often need occasional breaks. Time off or assistance can be in the form of out-of-home respite care. Visiting the Respite Centers allows the person who needs care to get out themselves, meet new people and participate in a variety of activities. Meanwhile, the family is provided relief from their ongoing caregiver responsibilities.

Families report that scheduled respite center visits provide them with an opportunity to have their family members stay in a safe, enjoyable and home-like environment through planned respite. At the same time, the caregiver is able to take a few days off from care giving and perhaps go on a short vacation, attend a special event, spend time with other family members, finally finish a project, or simply relax.

If you find yourself saying, "My dad will never leave the house" or "he won't allow anyone else to give him food", or "I don't have time to look into these things", then you are setting yourself up for burn out. You have to take control of the situation as best you can and if you want to have anything left of yourself you really need to ask for help.

As you gather around the Thanksgiving table and give thanks be sure to include our nation's caregivers. They do so much and this is the month to recognize their sacrifices, their dedication, warmth and compassion.

Roberta L. Nestor is a financial advisor practicing at 491 New Haven Avenue in Milford, CT offering retirement, long term care, investment and tax planning services. She also offers securities and advisory services as an Investment Adviser Representative of Commonwealth Financial Network - a member FINRA/SIPC and a Registered Investment Adviser. Fixed insurance products offered through Nestor Financial Network are separate and unrelated to Commonwealth. Commonwealth Financial Network or Nestor Financial Network does not provide legal or tax advice. You should consult a legal or tax professional regarding your individual situation. Roberta can be reached at Nestor Financial Network, 203-876-8066 or roberta@nestorfinancial.com.

TOWN DEPARTMENTS & AGENCIES

TEAM INC. TOYS 4 KIDS PROGRAM

Woodbridge Human Services is working collaboratively with TEAM Inc. to collect toys for children in need for the Christmas holiday. TEAM Inc. Toys 4 Kids Program provides new toys for children from birth through age 12 and will include serving Woodbridge children. New toys unwrapped can be left in the collection box at Woodbridge Public Library, 10 Newton Road, Woodbridge from Wednesday, November 12th through Friday, December 12th. TEAM Inc. is a Community Action Agency that serves 10 towns including Woodbridge.

Woodbridge Human Services is also seeking sponsors to participate in the Adopt-A-Family Program. This program provides holiday food baskets for the December holidays to Woodbridge families in need. "At this time, there are several families and seniors that need to be adopted," stated Mary Ellen LaRocca, Director of Human Services.

Distribution of holiday baskets will take place on Wednesday, December 18th. Anyone interested in sponsoring a family should contact Woodbridge Human Services at 203 389-3429.

FROM THE YOUTH SERVICES COORDINATOR

By Nancy Pfund



Parent Support Group

Amity High School, Woodbridge Youth Services, and the Orange Drug and Alcohol Action Committee invite local parents who struggle with children who are, or may be involved with substance abuse to share experiences and concerns in a confidential setting. Interested parents may join the Amity Parent Support Group which meets every other Friday morning at 7:45 in the Woodbridge Senior Center Lounge on the lower level at 4 Meetinghouse Lane. Meetings are scheduled for December 5th and December 19th. For more information, please contact Gary Lindgren at AHS or Nancy Pfund at (203) 389-3429, or e-mail npfund@woodbridgetownnews.org

Woodbridge Job Bank for Woodbridge Residents

Why Rake Those Leaves? Teens Need Jobs in Woodbridge

The Woodbridge Job Bank has numerous teenagers who are experienced in leaf raking, tutoring, babysitting, pet care, and other odd jobs. Many have completed the American Red Cross Babysitters Training Course. If you are a Woodbridge resident and would like more information, call Woodbridge Youth Services at 203-389-3429.

Are You a Woodbridge Teen Who Wants to Earn Some Cash?

Woodbridge teens between the ages of 13 and 18 who are willing to work and want to earn money should contact Woodbridge Youth Services at 203-389-3429 to learn how to join the Job Bank. Parental permission is required to join. Jobs may include raking, childcare, pet care, snow shoveling, housework, tutoring, and other odd jobs. We help teens find work with Woodbridge residents who need a hand around the home or office. It's a great way to build responsibility and gain work experience close to home.



SHAW RECOGNIZED FOR 40 YEARS OF TOWN SERVICE

Geraldine Shaw was recognized and honored by the First Selectmen of both Woodbridge and Bethany.

Shaw has worked for Woodbridge for nearly 40 years, most recently as Executive Assistant, and has lived in Bethany since 1963. Shaw chairs the Bethany Garden Club's newsletter committee, which recently won First Place at the Federated Garden Clubs of Connecticut's annual meeting.

Woodbridge First Selectman Ellen Scalettar and Bethany First Selectman Derrylyn Gorski presented Shaw with a bouquet of flowers and a certificate of recognition for her years of service to both communities.



WOODBIDGE RESIDENTS!

Have an Upcoming Birth Announcement, Anniversary, Engagement or Wedding?
Send it to us with a photo and we will publish it FREE.
Woodbridge Town News, P.O. Box 1126, Orange, CT 06477
Email: edit@woodbridgetownnews.com

Need Help Staying Organized Financially?

We can do it for you. Give us a call. We specialize in small business and personal finances.

AOS

ALTERNATE OFFICE SOLUTIONS, LLC

P. O. Box 1154
Orange, CT 06477
Phone/Fax 203-397-3065
E-mail: AOSofCT@yahoo.com

For all your bookkeeping and secretarial needs



FROM THE FIRST SELECTMAN'S DESK

By Ellen Scalettar



Our Town Hall staff has been busy organizing two initiatives that will take place this fall and winter. The first of these initiatives advances one of my top goals: strengthening our sense of community through events that bring residents together. The Woodbridge Town Library is partnering with Long Wharf Theater around a smart and funny play by Steve Martin, *Picasso at the Lapin Agile*.

Last week, the Library hosted actors from the play and the play's Performance Director, Gordon Edelstein, at the Center Gym. The actors performed two scenes from the play followed by a discussion led by Mr. Edelstein with an audience of more than 80 people.

In a small town like Woodbridge we are able to make great things like this happen, and as in this case, in short order! My friend Linda Calarco, a Woodbridge resident and Long Wharf supporter, suggested this partnership. I shared Linda's terrific idea with the Library's acting director Lynn Serra and program officer Katherine Ward who shared my enthusiasm for the program and made it happen.

In addition to Lynn and Karen, I'd like to thank Betsy Yagla, the Town's Assistant Administrative Officer, Long Wharf Theatre staff Elizabeth Nearing and Josh Borenstein and a very special thank you to Gordon Edelstein, Long Wharf's Artistic Director, and the actors who read scenes from the play. The actors were impressive, indeed, and the discussion was rich and rewarding for audience and actors alike.

There are two more parts to this Long Wharf/Woodbridge collaboration. On December 3, Dr. Mark Schenker, Senior Associate Dean of Yale College, will host a discussion about the play at the Library at 7 p.m. Copies of the play are available for check out at the Circulation Desk. And on December 11, Long Wharf Theater will host "Woodbridge Night"—residents can take advantage of a 25% discount on tickets that night and attend a special pre-play reception. To take advantage of the discount, visit the Town's website, woodbridgect.org.

Another initiative that commences this fall is the Woodbridge Energy Challenge. If you missed the first workshop last week, you still have several more chances to sign up for a solar assessment and learn about other ways to conserve energy and save money.

Over the winter the Woodbridge Energy Challenge will present three informative workshops—in January, February and March—about topics such as insulation, home energy audits and HVAC upgrade options. In April there will be another workshop focusing on solar energy.

To make sure you know about these and other upcoming important events in Woodbridge, please sign up for the Town's newsletter at tinyurl.com/WoodbridgeEnews and follow us on Facebook at Facebook.com/WoodbridgeCT.

I hope you can join us and your neighbors at some of these upcoming events and I wish you a happy and healthy Thanksgiving.

Woodbridge Town News

Call Today To Reserve Your Ad Space!

Display ads start at only \$110 per issue.
Call 203-553-9062 to place your ad!

OIC Orange Insurance Center

A multi-line insurance agency providing professional, knowledgeable, personal service to individuals, homeowners, and businesses since 1963. We represent a select group of outstanding insurance companies. Let us customize a package that meets your needs and budget.

Specializing in...

HOME • BUSINESS • AUTO • LIFE

"Celebrating our 51st year."

James Pascarella, President
Diane L. Eger, Vice President

Ken-Mike Tower
325 Boston Post Road, Suite #2B
Orange, CT 06477

PHONE: 203-799-2327
FAX: 203-799-1931

www.orangeinsurancect.com



WOODBIDGE LIBRARY

Adult Events

Book Discussion of Picasso at the Lapin Agile with Dr. Mark Schenker

Wednesday, December 3rd at 7pm

What happens when Picasso and Einstein walk into a bar? Join Dr. Mark Schenker, Senior Associate Dean of Yale College, as he discusses the play *Picasso at the Lapin Agile* by Steve Martin. Copies of the play are available for check out at the Circulation Desk. Please register for this event online, in person, or by phone at 203-389-3433. Attend the book discussion and then join us to see the play live on December 11th at Long Wharf Theatre for "Woodbridge Night". Purchase tickets online at longwharf.org using the code word "WOODBIDGE" or call Deena Nicol, Marketing Coordinator at Long Wharf at 203-772-8242 to purchase tickets by phone.

Woodbridge Night at Long Wharf Theatre

Thursday, December 11th at 7pm

Purchase tickets at a 25% off discount this evening for the 8pm show of *Picasso at the Lapin Agile* and attend a special reception before the show from 7-7:45pm hosted by the Woodbridge Town Library. Tickets may be purchased by calling Deena Nicol, Marketing Coordinator at Long Wharf Theatre at 203-772-8242 or online at longwharf.org and use code "WOODBIDGE" at the checkout to receive the discount.

Holiday Hors D'oeuvres with Robin Glowa

Tuesday, December 9th at 7pm

Throwing a holiday party? Robin Glowa will share her healthy, holiday-

inspired recipes for hors d'oeuvres that will inspire you to throw your own party this season. Samples and recipes included. Space limited. Please register online, at the Circulation Desk, or call 203-389-3433.

Children and Teen Programs

Crazy 8's Math Club

Sat. December 6, 2014 at 2pm for GRADES K-2

Math gone WILD! Are you ready for glow in the dark geometry? Have fun with polygons at our opening session. Math will never be the same again! Space is very limited. Please register online at www.woodbridge.lioninc.org.

Teen Slap Art

Saturday, December 6th @ 3PM

This Teen Slap Art session invites area high school students to help us create a nutcracker to display in our Children's Room. Teens can earn community service hours for this project. Please register online.

SAT/ACT Combo Practice Test with KAPLAN

Saturday, December 13 @ 11am

Representatives from KAPLAN will administer a free, proctored combination SAT and ACT practice test. All participants will receive a comprehensive analysis of their performance on the test, detailing individual strengths and weaknesses and which test they performed better on. Gain invaluable experience at this practice session! Space is limited and registration is required. Please register online at www.woodbridge.lioninc.org or call 203-389-3433.

15% OFF ANY MASONRY JOB
Walkways - Patios - Stonewalls

\$200 OFF ANY LANDSCAPING JOB
of \$1000 or more!



KBMLawn
Service that's leaps above the competition

<p>Property Maintenance</p> <ul style="list-style-type: none"> • Weekly Lawn Mowing • Spring & Fall Clean-Ups • Dethatching & Power Raking • Slice Seeding • Edging • Fertilizing & Liming • Shrub Trimming • Hand Pruning • Landscape Maintenance 	<p>Landscape Construction</p> <ul style="list-style-type: none"> • Perennial Gardens • Topsoil & Compost • Seaside & Country Gardens • Annuals • Falls Bulbs • Shrubs & Trees Planted • Brick, Bluestone, & Concrete Pavers • Seed & Sod Lawns • RR Tie & Block Retaining Walls • Mulches & Decorative Stone • Patio Pots, Containers, Window Boxes
--	---

Free Estimates / Fully Insured
CT Lic. # 0633994 • B# 2876

203-387-LAWN (5296)




www.KBMLandscaping.com




"WCC" continued from Page 1

times to get the board back to order. "I am committed to do what is in the best interest of the town," she said. The law under Freedom of Information doesn't require, but allows the RFP process to be held in executive session, she said. "This is a very important and controversial issue facing our town, and I won't be bullied into changing my position."

Asked after the meeting why she decided to conduct the RFP review in executive session, she said it was not secrecy, but confidentiality that was needed to allow the committee to do its work without the inevitable pressures from the public. It also keeps the discussions with each respondent confidential from the other, she added. "I am committed to a thoughtful, deliberative and transparent process that best serves the interests of our town, she said. "In fact, since I have been First Selectman, we have had nearly a dozen public meetings where the CCW was solely or partially on the agenda."

She said once the ad-hoc committee reported to the Board of Selectmen, she again will weigh the public interest in disclosure versus confidentiality. Even if the boards deliberate in executive session, theirs is only a recommendation to the residents of the town. Final decision about the future of the Country Club will be determined by Town Meeting or referendum, and all original responses and any subsequent submissions will all be available to the public at that point, Scalettar said. "While some may be impatient, haste does not serve us well," she said. "I want to reassure everyone that there will public disclosure of the responses and ample opportunity for review and discussion." As far as the vote to go into executive session for a site visit is concerned, she said the meeting was properly noticed and FOI does not require a quorum in order to go into executive session.

Selectman Dey said after the meeting that he was just trying to understand "what they were doing behind closed doors". He said he has no animosity toward the ad-hoc committee and felt that his questions were fair. "I do applaud what they do," he said. "I wasn't trying to badger them."

Woodbridge Town News

Call Today To Reserve Your Ad Space!

Display ads start at only \$110 per issue.
Call 203-553-9062 to place your ad!

Smoothies With A Purpose.™

Inspiring People to Live a Healthy and Active Lifestyle



\$2 OFF
MED. OR LG.
SMOOTHIE



Not valid with any other offer. Limit one per person per visit. Some restrictions may apply. Exp. 12/31/14

Catering and Fundraising

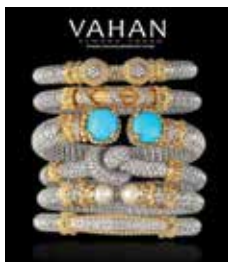
350 Boston Post Road, Orange

203-553-9559

Darien, CT • Branford, CT

BLACK FRIDAY **SALE** **SALE** **SALE** **SALE**

40% - 60% OFF
Selected Merchandise



Debbie Brooks
NEW YORK



Some designers we cannot mention...

Cellini Design Jewelers

65 Years... 3 Generations... 1 Family

464 Boston Post Rd. - www.cellinidesignjewelers.com - 203-397-8334
Mon - Wed, Fri & Sat 10 am - 6 pm Thursday 10 am - 7 pm

Levey Miller Maretz

REAL ESTATE SERVICES



11 Research Drive
FOR LEASE

First floor, corner office suite consisting of 3,000 sq ft, receiving/loading doors in rear.

Layout complete with open area, lofted ceilings, and private offices with plenty of natural light.

Energy efficient HVAC, including radiant heat system.

Conveniently located off Exit 59 of Merritt Pkwy



4 Research Drive
FOR SALE OR LEASE

This 25,000 sq ft smart building for sale or lease consists of three 5,000 sq ft chemistry/bio labs and two 5,000 sq ft office spaces, each of which can be leased separately.

Layout is complete with a passenger and a service elevator, a loading dock in rear, a beautifully naturally lit cafeteria overlooking West Rock, and plenty of surface parking.

Owner financing available for purchase of building.



15 Research Drive
FOR LEASE
900sf Office



129 Amity Road
REDUCED PRICE
Development Site

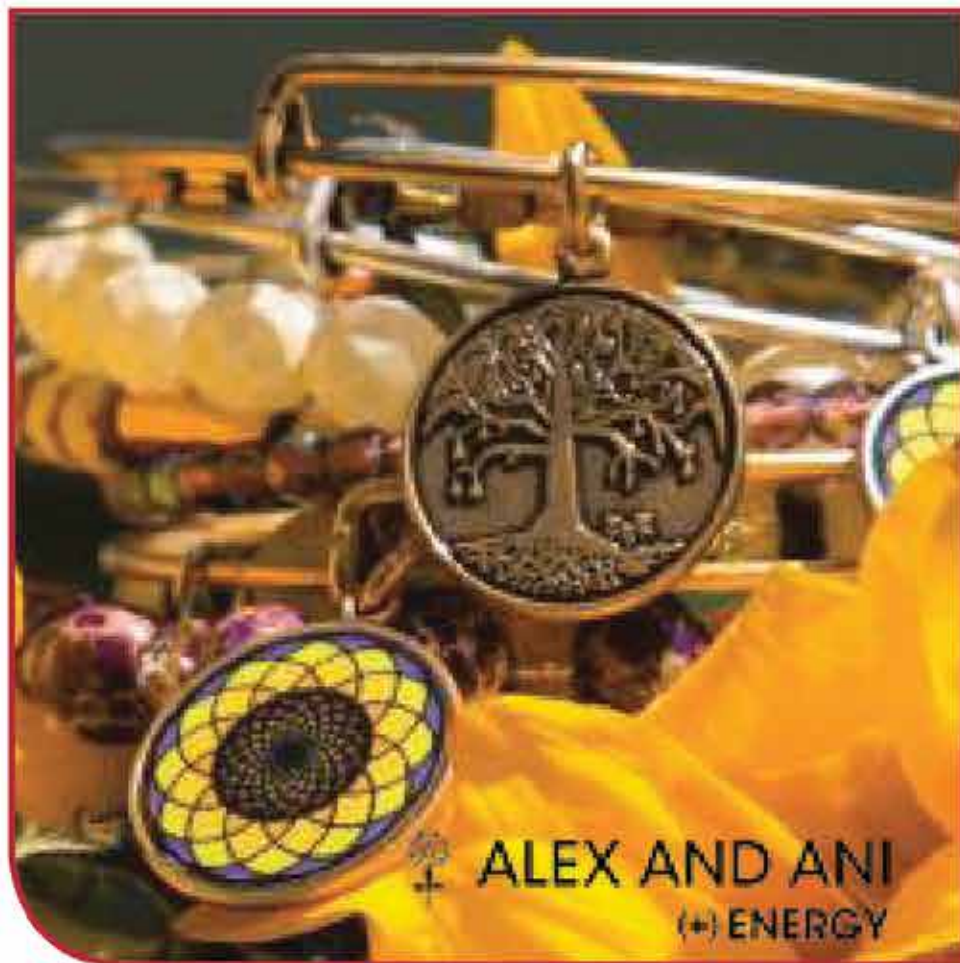


88 Bradley Road
FOR LEASE
1,300-3,000sf Office

1768 Litchfield Turnpike • Woodbridge
203-389-5377 • www.LMMRE.com

Pottery Plus

Hitchcock Plaza • 185 Boston Post Road • Orange, CT • 203-795-0527



Happy holidays start here!

- American Handcrafted Pottery • Glass • Jewelry • Wearable Art • Trollbeads •
- Lokai • Bering Watches • Crislu • Melissa Maria • Michel Designs • Kitras Artglass •
- Chavez for Charity • Echo of the Dreamer • Tabra • Peggy Park • Tokyo Bay Watches •

Extended Holiday Hours!

www.PotteryPlusCT.com

 Like us on
Facebook



HALLOWEEN LUNCHEON PARTY

The Woodbridge Senior Center sponsored a Halloween Costume Party during our Senior Center Lunch program on Friday, October 31, 2014. Pictured in costume are: Pero Baljevic, Jane Baljevic, Dottie Malerba, Ginny Calistro, Allene Kelley, Fran Kowalski and Carolyn Westerfield.

Always BEST CARE SENIOR SERVICES

HOME CARE FOR SENIORS

At Always Best Care, every client receives extraordinary care with caring, compassionate people. Our caregivers will help you or your loved one stay at home by providing the highest levels of care and companionship. Contact us today for a free care consultation. We're dedicated to exceeding your expectations ... *always*.

Call (203) 877-1377
www.AlwaysBestCareNewHaven.com
Locations independently owned and operated throughout the United States.

www.WoodbridgeTownNews.com

DIAMOND DESIGNS

NO NEED TO
**WAKE UP WITH
 THE CHICKENS**
 TO GET
**50% OFF
 STOREWIDE**

**BLACK
 FRIDAY
 WEEKEND**

500 Boston Post Rd. | Orange, CT 06477
 (203) 799-7999
www.dia-designs.com

GREAT SELECTION **EXTENDED HOLIDAY HOURS!**
FREE GIFT WRAPPING
OUTSTANDING CUSTOMER SERVICE

Baby Department • Building Toys • Crafts
 Dolls • Games • LEGO® • Party Favors
 Playmobil® • Puzzles • Science • Trains

BIRTH AND UP - TOYS FOR ALL AGES FOLLOW US ON **facebook**

JESSE'S TOYS	EVAN'S TOY SHOPPE	JORDIE'S TOY SHOPPE
Hitchcock Plaza 185 Boston Post Rd. Orange, CT 06477 203-799-1301 Sun 11-4 • M, Tu, W, F 10-6 Th 10-8 • Sat 10-5:30 jessetoysct.com	1647 Whitney Ave. Hamden, CT 06517 203-230-2840 Sun 11-4 • M, Tu, F 10-6 W, Th 10-7 • Sat 10-5 evanstoyshoppe.com	1100 Village Walk Guilford, CT 06437 203-453-8560 Sun 11-4 • M-F 10-6 Sat 10-5 jordiestoyshoppe.com

VOTED BEST TOY STORES IN NEW HAVEN COUNTY...AGAIN!

THE BEST IN TOYS

Something New Everyday...

Wheeler's
 Restaurant & Taproom
 180 Amity Rd, Woodbridge, CT 203-553-9055

Call to book your Holiday Party

Monday	Early Bird Dinner
Tuesday	Wing Night
Wednesday	1/2 Price Wine
Thursday	Jazz Night - Open Jam!
Friday	LIVE! Local Bands Brunch 10:30am-3pm
Saturday	LIVE! Local Bands Brunch 10:30am-3pm
Sunday	Family Night 5-9pm Kids 12 & under free

Enjoy dancing every Thursday, Friday & Saturday night!

Gabriele

Ristorante & Pizza Italiano



Reserve Your Holiday Party TODAY!

FULL MENU & PIZZA AVAILABLE FOR TAKE OUT

PARTY TRAYS & GOURMET STUFFED BREADS for ANY OCCASION.

Serving Our Neighbors Since 1973 ~ Family Owned
 Visit our website: www.gabrielect.com



326 Boston Post Rd.
 Orange, CT 06477
 203-799-2633

Lunch: Mon-Sat 11-4
 Dinner:
 Mon-Thurs 4-9:30
 Fri-Sat 4-10:30
 Sun 12-9

Happy Hour
 Mon-Fri: 4-6
 Served in the lounge



DINING WITH SUSAN

By Susan Noonan



CONNECTICUT FOOD BANK 2014

The holidays are upon us and in the season of giving, I felt it only fitting to devote this profile as I have done for the past seven years to one of my favorite local organizations, Connecticut Food Bank. The organization is a nonprofit whose mission is to provide nutritious food to people in need. Connecticut Food Bank strives to do this by supplying food products and resources to eligible programs throughout Fairfield, Litchfield, Middlesex, New Haven, New London and Windham counties, and by promoting public awareness about the problems of hunger.

Scores of individuals, families, civic groups, schools, religious organizations and companies come forward each year to help make Connecticut Food Bank's "Thanksgiving for All" campaign a success. Last year, more than 25,500 turkeys and more than 417,000 pounds of trimmings were collected. With everyone's help, Connecticut Food Bank was able to provide nearly 600,000 holiday meals for people in need of food assistance. It hopes to surpass this total for 2014, as the need continues to escalate in Connecticut.

The kindness demonstrated throughout the Thanksgiving campaign is awe-inspiring, but is also a testament to what everyone can do working together as a community. As the effects of the recession continues to push more of our neighbors over the brink of financial security, we have to do more. Hunger is a year-round issue that doesn't end on Thanksgiving weekend. You can help Connecticut families year round by making a donation at www.ctfoodbank.org/donate.

Founded in 1982, Connecticut Food Bank is the largest source of charitable food assistance in Connecticut. Its main warehouse is located in East Haven with branch warehouses in Waterbury and Fairfield, along with affiliated distribution centers in New London and Stamford. Connecticut Food Bank provides food and other resources to more than 650 food-assistance programs such as soup kitchens, shelters, food pantries and low-income senior and children's programs. Connecticut Food Bank has distributed over 260 million pounds of food over the years.

Everyday operations of Connecticut Food Bank are overseen by President & CEO Nancy L. Carrington, who has served the Food Bank for more than 30 years. The Board of Directors, made up of dedicated community members from the fields of finance, law, business, fundraising, public relations, human resources, warehousing and the food industry, have enabled and encouraged growth and forward thinking at Connecticut Food Bank. A dedicated staff of 60 ensures that Connecticut Food Bank continues to fulfill its work to alleviate hunger.

Many food drives are held throughout the year to benefit Connecticut Food Bank. The majority of food donations come from the food industry. They donate products that are wholesome but might have some cosmetic flaw and so will not sell. In this way Connecticut Food Bank reduces food waste and is able to feed the needy. Connecticut Food Bank is a member of Feeding America, the nation's food bank network. Feeding America is the largest domestic hunger relief charity network, consisting of more than 200 food banks and food rescue organizations. Connecticut Food Bank is funded privately, supported by a broad base of individuals, businesses, foundations and community organizations. Ninety-four cents of every dollar donated is directed toward program services.

To learn more about Connecticut Food Bank, visit www.ctfoodbank.org. Tours of all three warehouses are offered after the holidays. What a great idea for a class trip (ATTENTION TEACHERS)! Connecticut Food Bank also offers a Speaker's Bureau where you can arrange for a staff member to speak at your organization's meeting or event, free of charge, along with Hunger 101, an interactive learning experience for groups to better understand what it means to be food insecure. Connecticut has many households grappling with hunger, according to a federal report recently released. Nearly 500,000 people in our state struggle to put food on their tables.

Everyone can help fight against hunger! Donate food, raise funds, volunteer, host friends or neighbors who are down on their luck to a meal (don't forget our senior citizen population on fixed incomes). Encourage political leaders to be more involved in fighting hunger in our country, support businesses that donate to hunger related efforts, be mindful of waste at home, and last but not least, teach your children to be compassionate to those less fortunate.

Connecticut Food Bank-Main office & warehouse
 150 Bradley St. East Haven, CT 06512
 Phone 203-469-5000; Fax 203-469-4871
 Website: ctfoodbank.org

Keep up-to-date about Connecticut Food Bank and hunger issues by following it at www.ctfoodbank.org/blog, www.facebook.com/ctfoodbank or www.twitter.com/ctfoodbank.

Final notes: We can't justify people living with hunger and must do all we can to change this. You don't need a reservation to donate food throughout the year. For every \$30 donated, Connecticut Food Bank can feed a person for a full month. Let's carry that resolve throughout this holiday season and beyond. Happy Thanksgiving to all our loyal readers and supporters of the Orange & Woodbridge Town News. Remember to support our local family owned businesses as they are the backbone of our community and our great nation.

If you have a favorite restaurant e-mail susan@orangetownnews.com or susan@woodbridgetownnews.com.

BLACK FRIDAY SALE

COLLECTIONS BY:

- Robert Graham • 34 Heritage
- Andrew Marc • Hugo Boss
- Jack Victor • Copley
- Sanyo • Allen Edmonds
- AG Jeans • Lipson • Rainforest
- Alberto • St. Croix • Agave
- Hugo Boss Shoes • Joe's Jeans
- Bugatchi • Haupt
- Citizens of Humanity and more

236 Boston Post Road, Orange

Near the intersection of Racebrook Rd. & Post Rd.
 HOURS: Monday-Saturday 10 AM to 6 PM
 Thursday until 8 PM · Sunday by appointment

Come visit Sonny, Donny and Angelo

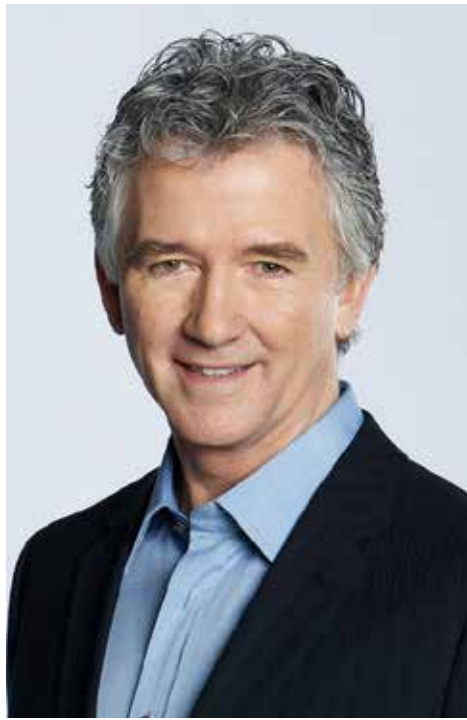
203-795-3399

10% OFF
ENTIRE
STORE



Outfitters to men for over 80 years.





Patrick Duffy

Q: Please tell me that “Dallas” hasn’t been canceled! -- Karolyn, Lubbock, Texas

Q: I understand “Dallas” has been canceled? Is that true, and has any other network picked it up? -- Chuck B., via email

A: I hate to be the one to confirm those rumors, but it is true: TNT has canceled the nighttime drama after an explosive third season and shocking finale. In this era of lots of cable and Internet channels, and with so many other shows being saved from cancellation by other networks (i.e., “Cougar Town,” “The Killing,” “Community,” “Arrested Development” and more), all hope is not necessarily lost, but as of this writing there is no talk of the show resurrecting somewhere else. But that doesn’t mean it won’t happen. If there is a deal in the works, odds are it would be kept hush-hush while details were ironed out.

Another promising aspect of it possibly being picked up by another outlet is that the show’s cast and fans very much support the resurrection of “Dallas” elsewhere. **Patrick Duffy** (Bobby Ewing) tweeted: “I for one am not done with Bobby Ewing! Let’s see if some network wants the Ewings to live on!” And **Linda Gray** (Sue Ellen Ewing) agreed, thanking fans for their support and tweeting, “Keep it coming so it can help get us back entertaining you!” You can help by writing/emailing TNT, and if you are on social media, use the #SaveDallas hashtag to show your support. Personally, I think “Dallas” would be a perfect fit for Netflix. What do y’all think?

Q: When will the TV show “Covert Affairs” resume its season? I hope it has

not been canceled. -- Nancy S., via email

A: “Covert Affairs” will be back for the second half of season five in early November with eight more brand-new episodes. As of this writing, the USA Network has yet to decide on its renewal or cancellation, probably waiting to see how the ratings for the rest of the season go. So keep watching, and encourage your friends to as well, and hopefully it will join “Satisfaction” in the renewed column, and not “Rush” in the canceled column.

Q: I read your column every week, and enjoy knowing what’s happening, coming and going. I am hooked on “The Americans.” Will it be returning? -- Fran S., Rockford, Ill.

A: FX has renewed the Cold War-era espionage drama, which stars **Keri Russell** and **Matthew Rhys**, for a third season. Look for 13 new episodes in January 2015. In more awesome news, legendary actor **Frank Langella** will join the show, playing the role of Gabriel, Philip and Elizabeth’s former KGB handler who comes out of retirement to take back responsibility of overseeing them from Claudia (played by **Margo Martindale**), their previous handler.

THE UPS STORE WOODBRIDGE

PRINTING • PACKING
LARGE FORMAT PRINTING
SHIPPING • COPIES • FAX
NOTARY • LAMINATING
BINDING • MAILBOXES
PASSPORT PHOTOS

The UPS Store®



Independently Owned & Operated

176 Amity Road
Woodbridge, CT 06525

Ph: 203-553-9222
Fax: 203-553-9226

www.theupsstorelocal.com/6360
email: store6360@theupsstore.com

Black Friday Weekend Sale!

Friday Nov. 28th — Sunday Nov. 30th

20% Off
Select Kids
Items & Sets

50% Off
Ready-Made
Frames

20% Off
Moleskine
Notebooks

75% Off
Pre-Stretched
Canvas

25% Off
Blank Greeting
Cards

25% Off
Pre-Holiday
Custom Framing
See Store for Details



Hull's
Art Supply & Framing



Open 7 days
HullsNewHaven.com
1144 Chapel Street
203.865.4855



75 Years and Still Going Strong



165 Wooster Street
New Haven, CT
203-865-4489
www.consiglios.com

Consiglio's
O · N · W · O · O · S · T · E · R · S · T





Give the gift of
DANCE
this season!

Gift certificate packages starting as low as \$60.00!

Perfect for ...
CHRISTMAS | NEW YEARS | CHANUKAH | THANKSGIVING | & MORE!

CALL TODAY!
(203) 795-5200

FRED ASTAIRE OF ORANGE
(203) 795-5200 | 547B Boston Post Rd. Orange, CT
www.fredastaireoforange.com

STAY FIT WHEN TEMPERATURES DROP

Many animals hibernate throughout the winter. Humans are afforded no such luxury. In fact, living a sedentary lifestyle during the colder months of the year can actually prove detrimental to human health.

Exercise is beneficial any time of the year, but it can be especially so during the winter months when colder temperatures force many people inside, where they live more sedentary lifestyles than they do during the rest of the year. Adapting your exercise habits in the winter can help you make it through the colder months in great shape.

There is no reason to stop exercising when the temperature drops. The American Heart Association says working out in the cold weather has distinct advantages over working out in hot and humid conditions. When the weather is cold, you may be able to work out longer and harder because the heat won't zap your energy levels, and exercising outdoors in the winter is a great way to get small doses of sunlight that can improve mood and help your body produce more vitamin D.

The Centers for Disease Control and

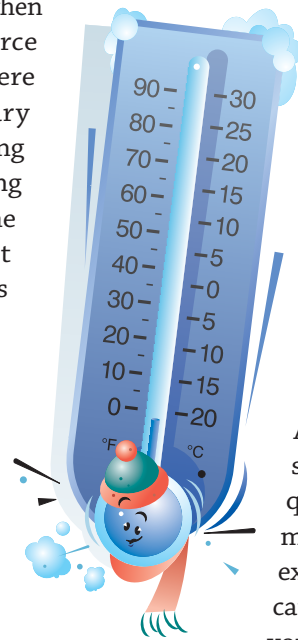
Prevention says exercise can help boost your immune system, which can help you fight colds and flu symptoms. Just a few minutes of exercise each day can help prevent simple viral and bacterial infections as well.

Working out in the winter may help you burn more calories than in warmer seasons.

Research published in Medicine & Science in Sports & Exercise found that race times are faster in cold weather than in warmer temperatures. Quicker runs or walks can burn more calories.

If exercising outdoors is too uncomfortable, break up your routine into smaller, more manageable sessions. Aim for 10 minute sessions several times per day. This quickly can add up to the 30 minutes of daily recommended exercise. Dress in layers so you can feel comfortable, adjusting your clothing as necessary. You don't want to be freezing, but you don't want to wear so many clothes that you start sweating and risk hypothermia.

Consider less traditional exercises when winter sets in. These include shoveling snow, sledding, skating, skiing, and snowshoeing.



Support our advertisers! Tell them you saw their ad in the Woodbridge Town News.

Weichert, Your Way Home™

258 Markets • 400 Offices • 37 States Across America • Buying • Selling • Mortgage • Insurance • Relocation

Congratulations to our Top Agents for October!



Top New Listings
Antonio Liguori, 795-2394



Top Volume Sold
Marsha Oliver, 795-2318



Top Number of Solds
Jim Montanaro, 795-2346

 ORANGE \$899,000 4BRs/3 full, 2 half baths. MLS#N353425 Call Tom Cavaliere, 203-795-2700	 ORANGE \$849,000 4BRs/3 full, 2 half baths. MLS#N353427 Call Tom Cavaliere, 203-795-2700	 ORANGE \$799,900 4BRs/3.5baths. MLS#N353405 Call Tom Cavaliere, 203-795-2700	 BETHANY \$694,900 - NEW PRICE! 4BRs/2 full, 2 half bath. MLS#N348940 Call Tom Cavaliere, 203-795-2700	 ORANGE \$649,900 4BRs/3.5 baths. MLS#N351385 Call Mark Fagan, 203-795-2700	 BETHANY \$578,000 4BRs/2.5 bath. MLS#N352168 Call Darlene Eaton, 203-795-2700		
 ORANGE \$574,000 5BRs/3 baths. MLS#N349431 Call Marsha Oliver, 203-795-2700	 BETHANY \$549,900 4BRs/2.5 baths. MLS#N354539 Call Tom Cavaliere, 203-795-2700	 ORANGE \$549,900 3BRs, 2 full, 2 half baths. MLS#N352121 Call Nick Mastrangelo, 203-795-2700	 WOODBRIDGE \$415,000 NEW PRICE 4BRs/4.5 baths. MLS#N357557 Call Tom Cavaliere, 203-795-2700	 BETHANY \$399,900 3BRs/2.5 baths. MLS#N354639 Call Tom Cavaliere, 203-795-2700	 WOODBRIDGE \$399,900 3BRs/2 full, 2 half baths. MLS#N351586 Call Nick Mastrangelo, 203-795-2700		
 BETHANY \$369,900 4BRs/2.5 baths. MLS#N353220 Call Tom Cavaliere, 203-795-2700	 ORANGE \$369,900 3BRs/2 baths. MLS#N353055 Call Dan DelVecchio, 203-795-2700	 ORANGE \$359,000 3BRs/3 baths. MLS#N356136 Call Tom Cavaliere, 203-795-2700	 ORANGE \$340,000 ON DEPOSIT 4BRs/3.5 baths. MLS#N347959 Call Mario Gambardella, 203-795-2700	 ORANGE \$339,000 3BRs/2 baths. MLS#N3501823 Call Clinton Tebbetts, 203-795-2700	 ORANGE \$339,000 3BRs, 1.5 baths. MLS#N351716 Call Audra Digello, 203-795-2700		
 ORANGE \$329,900 3BRs/3 bath. MLS#N346587 Call Tom Cavaliere, 203-795-2700	 ORANGE \$299,000 3BRs/1.5 baths. MLS#N353080 Call Mary Radziszewski, 203-795-2700	 ORANGE \$299,000 4BRs/1.5 baths. MLS#N354020 Call Audra Digello, 203-795-2700	 WOODBRIDGE \$299,000 3BRs/2.5 baths. MLS#N349503 Call Mike Sirochman, 203-795-2700	 BETHANY \$285,000 3BRs/2 baths. MLS#N356912 Call Tom Cavaliere, 203-795-2700	 ORANGE \$254,900 4BRs, 1.5 baths. MLS#N351388 Call Audra Digello, 203-795-2700		
 BETHANY \$229,900 3BRs/1 bath. MLS#N352110 Call Tom Cavaliere, 203-795-2700	 ORANGE \$219,900 3BRs/1 bath. MLS#N356712 Call Tom Cavaliere, 203-795-2700	 BETHANY \$209,900 3BRs/2 baths. MLS#N354378 Call Mark Fagan, 203-795-2700	 BETHANY \$199,900 NEW PRICE! 3BRs/2 baths. MLS#N353258 Call Nick Mastrangelo, 203-795-2700	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="background-color: yellow; padding: 5px;">RESIDENTIAL BUILDING LOTS AVAILABLE</td> <td style="padding: 5px;"> Bethany 9.66 Acres \$399,000 MLS N342265 Bethany 3.02 Acres \$195,000 MLS N353152 Bethany 2.9 Acres \$185,000 MLS N355381 Bethany 13.18 Acres \$160,000 MLS N340649 Bethany 1.51 Acres \$159,000 MLS N355377 Bethany 1.7 Acres \$124,900 MLS N325019 Bethany 4.17 Acres \$119,000 MLS N320660 Bethany 2.7 Acres \$97,453 MLS N325017 Bethany 2.3 Acres \$95,000 MLS N340648 Orange 3.09 Acres \$269,000 MLS N347431 Woodbridge 3.076 Acres \$219,000 MLS N343680 </td> </tr> </table>		RESIDENTIAL BUILDING LOTS AVAILABLE	Bethany 9.66 Acres \$399,000 MLS N342265 Bethany 3.02 Acres \$195,000 MLS N353152 Bethany 2.9 Acres \$185,000 MLS N355381 Bethany 13.18 Acres \$160,000 MLS N340649 Bethany 1.51 Acres \$159,000 MLS N355377 Bethany 1.7 Acres \$124,900 MLS N325019 Bethany 4.17 Acres \$119,000 MLS N320660 Bethany 2.7 Acres \$97,453 MLS N325017 Bethany 2.3 Acres \$95,000 MLS N340648 Orange 3.09 Acres \$269,000 MLS N347431 Woodbridge 3.076 Acres \$219,000 MLS N343680
RESIDENTIAL BUILDING LOTS AVAILABLE	Bethany 9.66 Acres \$399,000 MLS N342265 Bethany 3.02 Acres \$195,000 MLS N353152 Bethany 2.9 Acres \$185,000 MLS N355381 Bethany 13.18 Acres \$160,000 MLS N340649 Bethany 1.51 Acres \$159,000 MLS N355377 Bethany 1.7 Acres \$124,900 MLS N325019 Bethany 4.17 Acres \$119,000 MLS N320660 Bethany 2.7 Acres \$97,453 MLS N325017 Bethany 2.3 Acres \$95,000 MLS N340648 Orange 3.09 Acres \$269,000 MLS N347431 Woodbridge 3.076 Acres \$219,000 MLS N343680						



Regional Properties

236 Boston Post Road, Orange 795-2700

Sales Positions Available, Full or Part Time! Great Income Potential! Call Rich Muttick, 795-2377

Stop by for Career Nights every Tuesday night, 7 to 8 pm. Follow us on Facebook/weichertpr.com



LEADING REAL ESTATE COMPANIES OF THE WORLD



REASONS TO BE THANKFUL YOU BURNED THE BIRD!

1. Salmonella won't be a concern.
2. Uninvited guests will think twice next year.
3. Your cheese broccoli lima bean casserole will gain newfound appreciation.
4. Pets won't pester you for your scraps.
5. No one will overeat.
6. The smoke alarm was due for a test.
7. Carving the bird will provide a good cardiovascular workout.
8. You'll get to dessert quicker.
9. After dinner, the guys can take the bird to play football.
10. You won't have to face three weeks of turkey sandwiches.

(<http://www.humormatters.com/holidays/Thanksgiving/turkeyburnt.htm>)

The above reasons are funny, but foodborne illness is not! Foodborne illness is real and can occur in any home gathering if food is not properly cooked and handled. For some, it can be a minor inconvenience with mild symptoms, but for others, particularly the very young, the elderly, and those who are immunocompromised, it can be a very serious illness requiring hospitalization. The USDA (United States Department of Agriculture) Meat and Poultry hotline gets especially busy during this time period. This column reports some of the questions to the USDA hotline and the USDA responses. Perhaps you have had similar questions but were embarrassed to ask! (For more questions and answers, visit the USDA's website, "Ask Karen.")

Question: "I discovered I cooked the turkey with the package of giblets still inside. Are the turkey and giblets safe to eat?" If giblets were left in the cavity during roasting, even though this is not recommended, the turkey and giblets are probably safe to use. However, if the packaging containing the giblets has changed shape or melted in any way during cooking, do not use the giblets or the turkey because harmful chemicals from the packaging may have penetrated the surrounding meat.

Question: "How long can you keep leftover cooked turkey or chicken in the refrigerator?" It is recommended using cooked turkey within 3 to 4 days. Refrigeration slows but does not stop bacterial growth. There are two completely different families of bacteria: pathogenic bacteria, the kind that cause foodborne illness, and spoilage bacteria, the kind of bacteria that cause foods to deteriorate and develop unpleasant odors, tastes, and textures. Spoilage bacteria can grow at low temperatures, such as in the refrigerator. Eventually they cause food to develop off or bad tastes and smells. Most people would not choose to eat spoiled food, but if they did, they probably would not get sick. However, some bacteria such as *Listeria monocytogenes* thrive at cold temperatures, and if present, will grow in the refrigerator and could cause illness. Pathogenic bacteria can grow rapidly in the "Danger Zone," the temperature range between 40°F and 140°F. Because they do not generally affect the taste, smell, or appearance of a food, one cannot tell that a pathogen is present.

Question: "I purchased a fresh stuffed turkey from my local grocery store in the deli department. One of my guest said it's not safe to eat. Is she right?" Yes, she's right. USDA recommends discarding it or returning the product to the store where purchased. You should only buy pre-stuffed turkeys that display the USDA or State mark of inspection on the packaging.

Question: "Is butter safe at room temperature?" The U.S. Food and Drug Administration (FDA) inspects foods like butter. Butter and margarine are safe at room temperature. However, if butter is left out at room temperature for several days, the flavor can turn rancid so it's best to leave out whatever you can use within a day or two. Margarine, especially soft tub margarines, can separate into oil or water and solids when not kept refrigerated although it will be safe.

Question: "I put a 20lb turkey in a 200 degree oven before I went to bed last night and the pop-up time says it's already done at 7:30 this morning. We are not eating until 3:00 p.m. What should I do?" Overnight

cooking of meat at a low temperature isn't a safe method so we don't recommend eating this turkey. Secondly, holding a properly cooked turkey for this long at a safe internal temperature of 140 degrees F or above for such a long time as this will dry it out and affect the quality of the meat. If this turkey had been cooked properly and was safe to eat, the best way to hold it for all those hours would be to carve it and refrigerate it in covered shallow containers. It could then be served cold or reheated to an internal temperature of 165 degrees F.

Question: "I baked my pumpkin pies a few days ago and they have been sitting on the counter. Are they ok to eat?" Foods made with eggs and milk must first be safely baked to a minimum internal temperature of 160 degrees F. Then they should be cooled and then refrigerated. You would be taking a chance if you eat these pies

Question: "I roasted my holiday turkey yesterday and put it in the refrigerator. It isn't stuffed so I thought it was safe. Then my daughter said I shouldn't have refrigerated it whole. Is it safe to eat today?" We do not recommend you refrigerate a cooked turkey whole — it could take too long to cool down to a safe temperature. For optimal safety, cut whole or large pieces of poultry into small pieces. It's okay to leave the drumsticks, thighs and wings intact, if you prefer. Refrigerate in covered shallow containers within 2 hours of cooking. This is very important to ensure rapid, even cooling and quick reheating.

Don't take chances with your family and guests. Follow food safety rules. For more questions and answers like those above and a packet on food safety, District residents (Bethany, Hamden, North Haven and Woodbridge) can call QVHD, 203 248-4528 or request by email, dculligan@qvhd.org You can also contact the USDA Meat and Poultry line directly at 1-888-674-6854. They are open on Thanksgiving from 8:00 a.m. to 2:00 p.m. Or you can email them at mpholine.fs@usda.gov, or visit their website, USDA Meat and Poultry Hotline.

ARTS & LEISURE

GNH COMMUNITY CHORUS ANNOUNCES FALL CONCERTS

Greater New Haven Community Chorus will be presenting its annual Fall Concert on Saturday evening, December 13 at St. Mary's Church in New Haven, under the direction of Noah Blocker-Glynn, Artistic Director, with Mark Sullivan, accompanist. The GNHCC Fall 2014 Concert – War & Peace – Reflection, Honor and Hope is a concert commemorating the 100th anniversary of the start of World War I, the 75th anniversary of the start of World War II, honoring those who served, and the hope for peace. The program will feature Requiem for the Living with chamber orchestra by noted composer Dan Forrest. The program will also include Veni, a new composition on historic war texts by composer Matthew Cramer, the music of Bach, and other selections celebrating peace, hope and love.



Hartford Symphony Orchestra. Concert tickets are available through GNHCC members and online at www.gnhcc.org.

GNHCC will be joined for this performance by Connecticut Children's Chorus - Primi Voci, for young treble voices. The Connecticut Children's Chorus (CCC) is one of the region's most comprehensive youth chorus programs. Under the artistic direction of Dr. Stuart Younse, CCC continues to thrive as our region's premiere children's chorus, boasting performance invitations with the region's best professional ensembles and provides strength and excellence in training Connecticut's youngest talented voices. The Connecticut Children's Chorus is now the official children's chorus of the

Greater New Haven Community Chorus consists of approximately 100 voices and draws its membership from throughout the greater New Haven area. GNHCC strives to embrace the wide diversity of the community and is committed to making quality music accessible and approachable for audiences and members alike. Greater New Haven Community Chorus was founded in 1963 as a venture in community singing and continues to perform with pride and distinction. For more information about GNHCC, please visit www.gnhcc.org or email: info@gnhcc.org.



WOODBRIIDGE RESIDENTS!

Have an Upcoming Birth Announcement, Anniversary, Engagement or Wedding?
Send it to us with a photo and we will publish it FREE.
Woodbridge Town News, P.O. Box 1126, Orange, CT 06477
Email: edit@woodbridgetownnews.com



BROADWAY BOYS HOLIDAY BENEFIT CONCERT TO BE HELD

The Broadway Boys, the hottest male voices working on the New York stage, return to The Regina A. Quick Center on Saturday, December 20, 2014 to benefit the Jamie A. Hulley Arts Foundation. The Boys will perform a festive mix of holiday favorites and popular Broadway show tunes.

Through their dynamic vocal prowess and redefining arrangements, The Broadway Boys add elements of pop, funk, gospel, and jazz to their repertoire and explore harmonies rarely presented by Broadway singers. The concert set list includes holiday songs from their much anticipated and newly released album "Hark!" such as Little Drummer Boy, All I Want for Christmas Is You, and The Lights (O Hanukkah) as well as such Broadway show stoppers as Lullaby of Broadway, Aquarius, and Seasons of Love.

The show begins at 7pm. To purchase tickets, \$35 and \$40, call the Quick Center Box Office at 203-254-4010 or order online at quickcenterforthearts.secure.force.com/ticket.

The Jamie A. Hulley Arts Foundation is a 501(c)3 non-profit organization created in memory of Orange, CT resident Jamie Elaine Hulley and dedicated to the educational enrichment and professional development of young artists and early career professionals. Each year the Hulley Foundation positively impacts the lives of thousands of young people in the Amity-greater New Haven region through its scholarship and educational programs.



Call Today To Reserve Your Ad Space!

Display ads start at only \$110 per issue.
Call 203-553-9062 to place your ad!

PAVEMENT SERVICES

LLC
203-268-PAVE (7283)
Paving • Sealing • Masonry
Drainage • Hot Crack Repair

CONCRETE RESTORATION SPECIALISTS!

LIC #HIC0626518 www.pavementservicesllc.com Fully Ins.

\$50 OFF

Driveway Sealing & Hot Crack Repair

Or 10% OFF, whichever is less.

This winter be prepared...

PHILLIPS OIL

203-758-6778

Heat your house for less!

Prospect, CT

HOD 983

ARTS & LEISURE



AMITY HIGH SCHOOL TO PRESENT PLAY ABOUT SURVIVORS OF 9/11

The Amity Creative Theater (ACT) at Amity High School is proud to announce that ticket sales have begun for its fall production of *New York By David Rimmer*. The show dates are December 5th and 6th 2014 at 8pm. General admission seats for ten dollars can be purchased through its website at www.amitytheaterdepartment.com.

The play's author, David Rimmer, was a Pulitzer Prize finalist for his play *Album* that opened to great success off-Broadway starring film star Kevin Bacon. *New York* was originally written to raise funds for volunteer psychiatrists dedicated to helping the overwhelming number of patients psychologically affected by 9/11. Depicting the reactions of 15 individuals to the events of that day, the characters all speak to a central psychiatrist. The play has been performed at theaters throughout New York, the United States and internationally to great acclaim. The New York Resident called the play "brilliantly written...a thought-provoking event avoiding the sentimental and capturing realistic portraits of how we're all dealing with it...a touching exploration of the effects of September 11 on the lives of average New Yorkers".

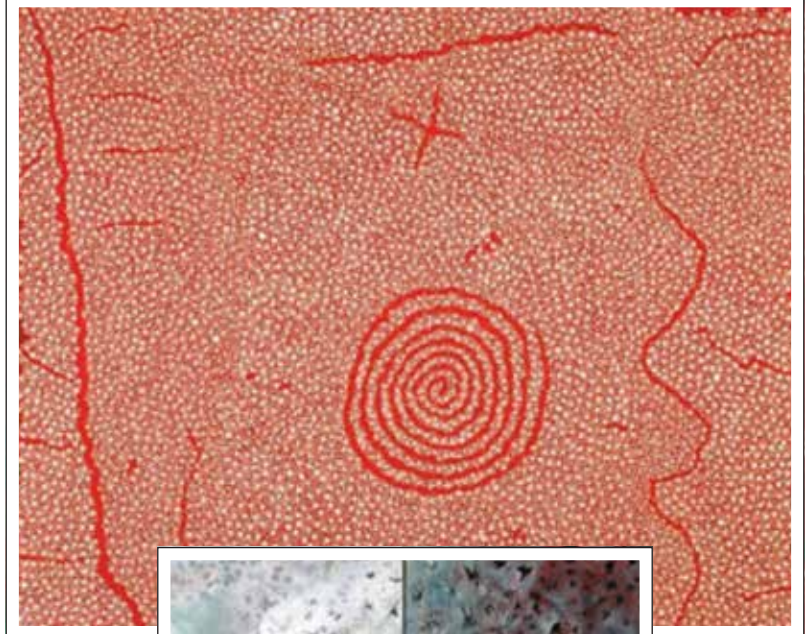
The Amity production is directed by theater teacher Rob Kennedy. When asked why he chose this production for his student actors, Kennedy said, "The oldest of the Amity Students were only four years old when the events of 9/11 occurred and the youngest ones were barely a year old. I think it's an important learning opportunity for our school to talk about that time in our country's history and how it changed all of us". The cast and crew recently visited the 9/11 Memorial and Museum on a trip sponsored by the Jamie Hulley Arts Foundation to get some perspective. The students had a special guided tour

of the museum and spent time with New York's playwright David Rimmer. When asked about experiencing the museum and memorial, Amity senior Ethan Smith who is playing a fireman named Tom O'Neil said, "It was an incredible experience. It really put a human face on the part I am playing. And meeting the author of the play was great too. We got to ask him questions about the play and the characters we are playing". The cast and crew have been working on the show since early September and have been busy rehearsing and creating the technical elements of the play.

The play will also be shown during school hours to the entire Amity High School student body and the eighth grade classes from the two middle schools as part of our Spartan Seminar program. The students will view the play and then have discussions related to the topic afterward. Amity principal Charles Britton said, "The fall play gives us the opportunity to showcase the talent of our students, build a little school spirit and camaraderie, and capitalize on the "teachable moment" offered by the themes of the production. Our students were very young in 2001; we owe it to our nation to keep the memory of 9/11 alive".

The Cast Includes Clara Gamsu, Addie Robbins, Ethan Smith, Kahari Blue, Yulia Faryna, Ryan Chizmadia, Alex Cavanaugh, Kevin Durkee, Clara Stirling, George Grotheer, Emily Kilian, David Linet, Chris Cassella and Caroline Burkhart. The crew is led by Stage managers Megan Foley, Sage Saffran and Jacob Okolo.

For Information and tickets go to the ACT website at www.amitytheaterdepartment.com or call the box office at 203-392-2019. The ACT production has been made possible by a grant from the Jamie A. Hulley Arts Foundation.



Artwork by Gerald Saladyga, top, and Jessica Cuni, bottom.

ON THE SPIRITUAL IN ART OPENS Perspectives...The Gallery at Whitney Center

The Arts Council of Greater New Haven presents *On the Spiritual in Art*, a group show at Perspectives...The Gallery at Whitney Center, 200 Leeder Hill Drive, Hamden. The exhibition is curated by Debbie Hesse and features artwork by Colin Burke, Leah Caroline, Jessica Cuni, Kathryn Frund, Kayla Kirsch, Eva Lee, Evie Lindemann, Gerald Saladyga and Aicha Woods. *On the Spiritual in Art* will be on view from November 15, 2014 - February 15, 2015. A public reception will take place on Saturday, January 17 from 2 p.m. to 5 p.m.

This exhibition includes a crowd participation component titled, *Express Gratitude*. The general public is invited to send images that convey gratitude to 200gratitude@gmail.com. The images will be displayed in the gallery alongside artwork by the participating artists.

For more information on this exhibition, please contact curator Debbie Hesse via email at dhesse@newhavenarts.org or by calling (203) 772-2788. Gallery hours are Tuesday/Thursday, 4 p.m. - 7 p.m. & Saturday, 1 p.m. - 4 p.m.

MORE THAN A FACE EXHIBITION

Sumner McKnight Crosby Jr. Gallery

The Arts Council of Greater New Haven presents *More Than a Face*, a group show in the Sumner McKnight Crosby Jr. Gallery, 70 Audubon Street, 2 FL, New Haven. The exhibition is curated by Marissa Rozanski and features artwork by Corina Alvarezdelugo, Jessica Cuni, Anne Doris-Eisner, Oi Fortin, Barbara Hocker, Fethi Meghelli, Irene K. Miller and Thuan Vu. *More Than a Face* will be on view from November 19, 2014 - January 2, 2015. Curator Marissa Rozanski says, "This group show will display works of self-portraiture that do not depict the face. It is arguable that all works of art are reflections of the artist's identity, whether or not the physical body of the artist is shown. *More Than a Face* aims to reinterpret the ideas of self-portraiture by highlighting

the symbols used in works of art that speak to the nature of the artist just as much as, if not more than the face of the artist."

For more information about *More Than a Face* please contact the Arts Council at (203) 772-2788 or visit us online at newhavenarts.org. Gallery hours for the Sumner McKnight Crosby Jr. Gallery are Monday - Friday, 9 a.m. to 5 p.m.

The Arts Council of Greater New Haven, publisher of *The Arts Paper*, is a regional nonprofit arts agency that provides leadership to and advocates for member artists and arts organizations and connects them to one another, to audiences, and to the Greater New Haven community. Visit the Arts Council online at newhavenarts.org.



**Connecticut
Orthopaedic
Specialists**

THE EXPERIENCE MATTERS



**50 Years of Caring—Delivered Right
in Your Neighborhood!**

We've grown dramatically over the years yet we've never lost sight of the importance of the Patient-Doctor relationship—and we never will!

CT-ORTHO.COM
203.407.3500

BRANFORD • ESSEX • GUILFORD • HAMDEN • NEW HAVEN • NORTH HAVEN • MADISON • MILFORD • ORANGE • SHELTON • WALLINGFORD

OrthoNOW
ORTHOPAEDIC WALK-IN CARE
203.407.3550

Open Nights and Weekends in 3 nearby locations

	ORANGE	BRANFORD	HAMDEN
Weekdays	3PM-8PM	3PM-8PM	3PM-8PM
Saturdays	9AM-5PM	9AM-5PM	9AM-5PM
Sundays	9AM-2PM	1PM-5PM	8AM-12PM



Duette® Architella® Honeycomb Shades

HunterDouglas

**SEASON
OF STYLE
event**

SEPTEMBER 16-DECEMBER 16, 2014

It's time to decorate
your windows for the holidays.

Save with mail-in rebates on a selection of stylish Hunter Douglas window fashions, September 16-December 16, 2014. Ask for details.

SAVE \$100*
OR MORE WITH REBATES
on qualifying purchases of
Hunter Douglas window fashions



Adrienne Micci-Smith
Woodbridge, CT
203.924.0909
curtaincallct.com

Drama for your windows... and more!

* Manufacturer's mail-in rebate offer valid for qualifying purchases made 9/16/14-12/16/14 from participating dealers in the U.S. only. Rebate will be issued in the form of a prepaid reward card and mailed within 6 weeks of rebate claim receipt. Funds do not expire. Subject to applicable law, a \$2.00 monthly fee will be assessed against card balance 7 months after card issuance and each month thereafter. Additional limitations apply. Ask participating dealer for details and rebate form. ©2014 HunterDouglas. All rights reserved. All trademarks used herein are the property of HunterDouglas.

Wine Talk

With Ray Spaziani



GREAT TURKEY WINES

Turkey is great Holiday treat and whether it is Thanksgiving or Christmas or New Year's Day, many a tradition is to gather family and friends and enjoy a great Turkey meal. Perhaps you may include mashed potatoes, yams and cranberry relish, stuffing with various herbs and spices, and don't forget the pumpkin and maybe some pecan pie! Is there one wine that works with all these varied flavors and aromas? Try some sparkling wines! Sparkling wines bring wonderful food-pairing ability to any meal. My favorite is Prosecco. This is an Italian wine made from the Glera grape and it is made to be consumed young. My favorites are Mionetto and Zardetto. They are inexpensive, low in alcohol, and go great with many varied food dishes.

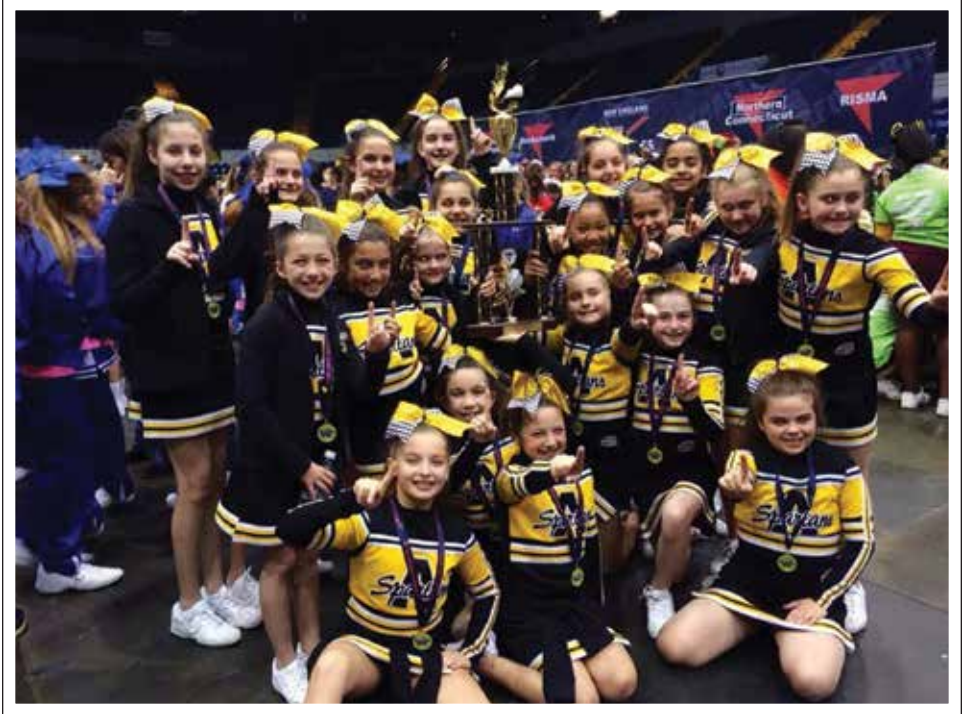
Food and wine pairing is a very personal endeavor and there are many wines that will work great with your holiday turkey meals both red and white. The classic red for Thanksgiving is Pinot Noir. It has some earthy undertones that match quite well with white and dark turkey and traditional stuffing dishes. One of my favorites though, is Zinfandel. Zin is more intense than Pinot Noir and it is heartier. It still goes great with spice and sweet and bitter flavors and is a killer with the dark meat and still works with the white meat. Many of my wine maker friends love Syrah and Shiraz with their Turkey Fare. These wines have peppery overtones that work great with both white and dark turkey meat and are killers with stuffing. Beaujolais Nouveau has a large contingent of followers for the holiday meals. It comes out the third Thursday of November and it is made to be drunk very young. It is quaffed by the French like a desert traveler who has only had saltines and peanut butter to eat for the past month. It is quite fruity. I find it thin and uninteresting but it has a loyal following. You may want to give it a try.

White wine rules would include ABC, Anything But Chardonnay! Riesling, Sauvignon Blanc, Gewuztraminer, Pinot Grigio, Viognier and Albarino all work with your holiday fare. Dry Riesling from Alsace works great with dishes that are spicy, sweet and/or salty. German and Washington Riesling also work. They have flavors of apricot and apple and honey and lots of acid. Gewuztraminer has a huge nose and is spicy on the palate. It works great with Turkey and gravy. This may be a great alternative for your holiday meal. The wine is delicious and it fills the room with a wonderful bouquet. A Sauvignon Blanc from New Zealand may be a great choice. These wines taste like you're biting into a fresh grapefruit. It works with all the foods and works great for those who don't like wine. Their typical response is, "I don't like wine but Oh, I like this!" Viognier and Albarino are not well known wine varieties. They work quite well and may shake things up. These wines are some lesser known whites and are wonderful. The typical response is, "where did you hear about this? These are great!"

Pie Pairings would include any fortified wines. This would include Port, Sherry and Late Harvest Riesling. They go great with pumpkin and pecan pie and most other deserts. I like to allow several wine alternatives for my holiday guests. Remember always go white to red and dry to sweet. My suggestion is welcome your holiday guests with sparkling wine. Start out with some nice white wine and when the main course comes out give them a red alternative. Some fortified wine at desert is always nice. If you try this you can only enhance your holiday meals and you will be glad you did.

Enjoy your holiday meals and please email me with your successful wine pairings.

Ray Spaziani is the Chapter Director of the New Haven Chapter of the American Wine Society. He teaches wine appreciation classes at Gateway Community College, The Milford Board of Education and Moltose Beer and Wine Supply. He is a member of the International Tasting Panel of Amenti Del Vino and Wine Maker Magazine. He is an award winning home wine maker. Email Ray with your wine questions and wine events at Ray.Spaziani@gmail.com.



Amity Pop Warner Pee Wee Cheerleaders, aged 9-12, took first place in the New England Region Champions in Springfield, Massachusetts, Saturday November 15, earning a spot to compete at the National Championships at Disney World. The girls will compete for the National Pee Wee Division title on December 9.

STAR WINEMAKERS PUT NAPA VALLEY HOLIDAY WITHIN REACH

(MS) - If the obligations of the holidays tend to leave you feeling frazzled, you might do well to take a lesson from top Napa Valley winemakers, who know a thing or two about slowing down and enjoying the good things in life - in style.

Beginning in August and extending into November, Napa is a bustling, buzzing hive of activity. Vintners up and down the valley work around the clock for weeks on end to harvest their grapes at the peak of perfection and transform the luscious fruit into the wines renowned around the world.

So when the harvest concludes, Napa Valley winemakers are ready to decompress and enjoy a wine country holiday season that reflects the region's appreciation for all things fresh, local and hand-crafted, and that puts the emphasis on bringing together family and friends.

"Harvest is thrilling and I wouldn't trade it for anything, but when you emerge from it you're so appreciative of the simple pleasures," says Elizabeth Vianna, winemaker at Chimney Rock in the Stags Leap District, home to rich, refined Cabernet Sauvignons. Vianna was recently featured with Rutherford Hill Winery's Marisa Taylor and Markham Vineyards' Kim Nicholls in the six-part PBS reality series, "Vintage: Napa Valley 2012."

"Being with the people you love, relaxing, enjoying good food and good wine - it's a truly special time," she says.

In Napa, holiday gatherings often move outside, into the crisp late-fall air that still carries a sweet hint of fermenting grapes. As soft, angled sunlight recedes and darkness falls, indoor/outdoor string lights along an arbor or pergola lend a feel of casual elegance, and a glowing fire pit warms hands and hearts alike.

But even in Napa the weather isn't always accommodating for outdoor entertaining. Taylor, known for crafting luscious, balanced Merlots at Rutherford Hill, has a solution for those times.

"I look for ways to bring the outdoors in," she says.



In Napa, that could mean a grape vine integrated into a table centerpiece or gently curved into a wreath - motifs that can be adopted according to the trees and plants that thrive in any area.

Of course, food is foremost at any holiday gathering. Nicholls, who makes a full line of award-winning varieties at Markham, including Merlot, Cabernet Sauvignon, Chardonnay and Sauvignon Blanc, says the best dishes, just like the best wines, are ones that say something about their maker. For Nicholls, that means blackberry pies like the ones her mother taught her to make.

"Putting your personality into what you are making is really what it is about," says Nicholls.

With this approach, anyone anywhere can enjoy a Napa Valley holiday in style and spirit. But there's also an opportunity for you to experience it in person, in the valley itself.

Chimney Rock, Markham and Rutherford Hill wineries are offering a chance for two lucky winners to visit Napa Valley, complete with airfare, lodging, behind-the-scenes vineyard tours, VIP lunches with scenic views overlooking the Valley and even the chance to blend your own Merlot. Visit the Napa Valley Holiday Pinterest page at www.pinterest.com/NVHoliday for more information.

CLUBS & ORGANIZATIONS



Amity High School Student Emily Bourlas was recently honored as Student of the Month for October by the Woodbridge Rotary. Pictured (L-R): From left to right: Donna Warecke, Manager of the Woodbridge Social Restaurant; mother, Mrs. Jill Bourlas; Student of the Month, Emily Bourlas; father, Mr. Jack Bourlas; Amity High School Guidance Counselor John Mezzo and Rotary President Elect Robyn Reilly. Woodbridge Social has partnered with the Woodbridge Rotary Club to honor an Amity High School student on a monthly basis.



LEO CLUB REVITALIZED AT AMITY MIDDLE SCHOOL

The recently revitalized Leo Club at Amity Middle School Bethany, facilitated by Susan Skalka, is focusing on helping a local family. The club aims to raise much needed funds and show its emotional support.

The club invited Woodbridge First Selectman Ellen Scalettar to meet with them and hear their ideas on fundraising. The club has organized a variety of in-school events and is starting to plan out-of-school events to raise money to support the Eldredge Family, whose son Andrew was hurt in an accident.

The Leo Club was reinvigorated by Skalka last year. This club made and sold friendship bracelets outside the polls on Election Day morning and is planning several other events. \$125 was raised at the polls and another \$300 has been raised in school. The efforts are far from over. "This new club is strengthening important life skills including planning, cooperation and compassion," said First Selectman Ellen Scalettar. "I wish these students every success and hope that Woodbridge residents support their efforts."



WOODBIDGE RESIDENTS!

Have an Upcoming Birth Announcement, Anniversary, Engagement or Wedding?
Send it to us with a photo and we will publish it FREE.
Woodbridge Town News, P.O. Box 1126, Orange, CT 06477
Email: edit@woodbridgetownnews.com

JCC EVENTS

All events take place at the Jewish Community Center, 360 Amity Road, Woodbridge unless otherwise stated.

Diane Cypkin, A Tribute to the Star of Yiddish Theater: Molly Picon

Sunday, November 23, 2-3 PM

Diane Cypkin presents a lecture and concert celebrating the star of Yiddish theater, Molly Picon. \$6.

JCC Holiday Craft Fair

Sunday, December 7, 10 AM-4 PM

A spectacular smorgasbord to complete your holiday shopping with gifts, accessories, home décor, pottery, jewelry, and fine crafts from more than 60 local artisans! Free.

Family Program: The Dreidel That Wouldn't Spin: A Toyshop Tale of Hanukkah.

Sunday, December 7, 10am-12pm

As a preamble to the Hanukkah festivities, stop by the JCC Craft Fair and enjoy a Hanukkah Family program complete with oil tasting and Martha Simpson, children's author who will be doing a reading of her new book *The Dreidel That Wouldn't Spin: A Toyshop Tale of Hanukkah*. Free and open to the public. Contact: Laura Ross, laurar@jccnh.org, 203-387-2522

Hands on Hanukkah

Sunday, December 14, 12-3pm

Hannukah goes to the mall. Dreidel spin off, Hanukkah singers and musicians, photos with dizzy the dreidel, raffles, giveaways, great prizes, free. Big tent Judaism. Enjoy yummy samples, fun activities, and performances by members of the Greater New Haven community! A hands-on experience allows all members of your family to experience Hanukkah and the opportunity to learn more about our Jewish community. Location: CT POST MALL. Contact: Laura Ross, laurar@jccnh.org, 203-387-2522, <http://www.jccnh.org/jewish-life>.

WOODBIDGE REPUBLICAN TOWN COMMITTEE 'FUN' RAISER

A 'Fun' Raiser featuring live music by Woodbridge's New England Brewing Band and food catered by Lorenzo's Ristorante Italiano of West Haven is being hosted by the Woodbridge Republican Town Committee. "We're looking forward to an evening short on politics and long on good food, good music and good friends" says Donald Celotto, WRTC Chairman. In addition to a generous assortment of hors d'oeuvres, guests will enjoy a nice selection of beer, wine and soft drinks as well as Italian pastries for dessert. The 'Fun' Raiser will be Friday, December 5, 2014 from 6:00 pm to 10:00 pm at the Woodbridge Club, 10 Milhaven Road. This is a non-political political fundraiser and all are invited and encouraged to bring some friends. Cost is \$50 per person. Checks should be made payable to WRTC and mailed to Holly Pyne, 162 Center Road, Woodbridge, CT 06525 by December 1. Call 203.389.2236 for more information or email hpyne@optonline.net.



HOUSES OF WORSHIP

BETHANY THANKS-GIVE-ING

The Churches of Bethany invite the people of Bethany to focus on the GIVE in Thanksgiving this year by contributing to a new town-wide annual Thanks-GIVE-ing food drive. Volunteers will be waiting to receive your donations at the carriage shed on Rte 63 (near both the churches at the blinking light) from 10AM to noon on Tuesday, Nov 25. It's a quick and easy drop off - you can just drive through!



The aim of this event is to gather a significant amount of nonperishable food to donate to the CT Food Bank for the long winter months ahead. So please remember to pick up a bag of extra groceries for someone who has a hard time putting food on the table, and drop them off while you're out and about getting ready for Thanksgiving. If you'd like to pitch in and help with receiving donations at the drive, or if you can deliver some of the food up to Waterbury after the event - just stop by to help - all volunteers will be welcome.

If you would like to donate food and are not able to come by the drive on Tuesday, there are three ways you can donate groceries in advance:

- At either Christ Church or First Church on Sunday, Nov 23,
- During office hours the week before the drive at First Church (Tues-Fri 8:30-11:30)
- Or groceries can be placed inside the office door at Christ Church anytime during the week before the drive.

Please spread the word with friends and neighbors about this new way to give in Bethany this Thanksgiving!

Food Items Most Needed Are:

- 100% Fruit Juice (cans / bottles / boxes)
- Canned vegetables & fruit
- Chunky soups & beef stew
- Gluten-free products
- Macaroni & cheese
- Peanut butter
- Powdered milk
- Rice / dry & canned beans
- Spaghetti & sauce
- "Sugar free," "low sodium," & "no salt" items
- Tuna & other canned meat

For more information you can contact: Christ Episcopal Church, www.christ-churchbethany.org, (203) 393-3399 or First Church of Christ, UCC www.bethany-firstchurch.org, (203) 393-3116.

FIRST CHURCH OF CHRIST TO HOLD COMMUNITY CAROL SING

Community Carol Sing, Sunday, December 14th at 3:00 pm at the First Church of Christ, Meetinghouse Lane, Woodbridge. Bring family and friends to join us at the church sanctuary to sing favorite Christmas carols. A reception will follow in the Parish House.

OUR LADY OF SORROWS TAG SALE

Our Lady of Sorrows Church will have a Tag Sale on Saturday November 22. The sale includes various books, televisions, clothing, etc. The tag sale will run from 10:00am to 12:00 noon. The church is located at 378 Spring St. Orange, CT (Racebrook Rd to New Haven Rd).



Our Lady of Sorrows

Attention Churches, Synagogues & Houses of Worship!

Send us your organizations events listings and items of interest.

We will publish them for free.

Woodbridge Town News - P.O. Box 1126, Orange, CT 06477
edit@woodbridgetownnews.com

SENIOR NEWS LINE

by Matilda Charles

Accentuate the Positive, Eliminate the Negative

Seniors sometimes buy into the stereotypes that we're over the hill, getting weak and past our prime. Not only that, but we often develop negative attitudes about others in our group simply because of their age.

There is at least one way to counter that negativity.

Researchers at UC Berkeley and Yale found a way to use positive subliminal messages to increase activity levels in seniors and increase physical health -- and it only took a few weeks. The results were better than six months of exercise.

One hundred seniors with an average age of 80 were divided into four groups for multiple 15-minute sessions. Some were given implicit or explicit messages. Some wrote essays about being active. Some were given positive subliminal



by Matilda Charles

one-word messages, flashed on a computer screen so fast they couldn't really be seen.


Psychological improvements were seen in the form of more positive self-perceptions, which then improved physical strength (getting up and down from a chair, holding a pose, staying balanced and walking). The benefits of all those positive messages lasted at least three weeks after the final session.

Only those who wrote essays didn't see any benefits.

In two similar studies, seniors who were flashed negative subliminal messages saw lower memory performance.

Self-stereotyping about age comes at us in two batches: the first when we hit a "number" that defines us as a member of senior group, such as collecting Social Security; the second when we ourselves start to buy into the negativity about aging by denying it as long as we can.

While we can't flash positive subliminal messages at ourselves on a computer screen, we can seek out the positive wherever we are.



Kokopelli

SCHOOL OF MUSIC & ARTS

Music • Dance • Art • Theater



Wine and Easel Parties
 See our website or request your own party

Afterschool programs ages 5 and up - fun enrichment activities incl snacks
 Parties - Ballet, hula hoop, Frozen, Rock star & more
 Paint & Pizza for kids 5 and up - 2nd & 4th tues \$15.00 pp

20% OFF ALL GIFT CERTIFIACTES
 With this ad. Expires Dec. 15, 2014

.....

kokopellimusicandarts.com
 203-881-2400
 44 Smith St • Seymour

Reserve your ad space today. Call us at 203-553-9062.

Focusing our resources on today's important financial issues. *Yours.*

Richard J. Zorena CFP®

First Vice President - Wealth Management
 1 Century Tower, 4th & 6th Floors, 265 Church Street,
 New Haven, CT 06510

203-498-3343 800-922-3237

richard.zorena@ubs.com

ubs.com/fa/richardzorena



©UBS 2014. All rights reserved. UBS Financial Services Inc. is a subsidiary of UBS
 AG. Member FINRA/SIPC. D-UBS-C3AD1C2A

LOCAL BUSINESS



DENTAL IMPLANT COMPANY MOVES TO WOODBRIDGE

A state-of-the-art dental implant laboratory is relocating from Stratford to Woodbridge in a deal brokered by Levey Miller Maretz Real Estate. White Knight Implants, LLC has leased 1,600 square feet of laboratory space at 11 Research Drive in Woodbridge. Jeremy Rosner and Diane Urbano of Levey Miller Maretz represented the landlord in the deal. The company signed a five-year lease and will relocate its eight employees from its previous home in Stratford to the new location. White Knight uses digital technology to manufacture

various types of dental implants, including dentures, crowns and prosthetics.

There are an additional 2,900 square feet of upscale office space available for lease in the building at 11 Research Drive.

About Levey Miller Maretz Real Estate Services: Levey Miller Maretz is a full-service commercial real estate firm based in Woodbridge, Connecticut, that specializes in the sale and leasing of industrial, office, retail and investment properties, as well as property management. Learn more at www.lmmre.com.

SKALKA SELECTED TO 2014 TOP 10 CT SUPER LAWYERS LIST

Neubert, Pepe & Monteith, P.C. is pleased to announce that attorney Douglas S. Skalka has been selected to the Top 100 New England Super Lawyers 2014 list; a listing of the lawyers who ranked at the top in the New England Super Lawyers nomination, research, and review process. This is Attorney Douglas Skalka's second consecutive year to be selected to this distinguished list.

Attorney Skalka, a Woodbridge resident, was also named to the Top 50 and Top 10 Connecticut Super Lawyers 2014 list in the practice area of Bankruptcy: Business. He has been selected to the Super Lawyers list for eight consecutive years. Super Lawyers, a Thomson Reuter business, is a directory featuring top legal talent from more than 70 practice areas who have attained a high degree of peer recognition and professional achievement. The annual selections are made using a patented multiphase process that includes a statewide survey of lawyers, an independent research evaluation of candidates and peer reviews by practice area. The result is a credible, comprehensive and diverse listing of exceptional attorneys. For more information about Super Lawyers, visit SuperLawyers.com.

Attorney Skalka is a partner at Neubert, Pepe & Monteith P.C. where he specializes in bankruptcy, commercial finance, business reorganization and asset-based lending transactions. He has held a certification in Business Bankruptcy from the American Board of Certification since 1995. He is former Co-Chair of the Stamford Regional Bar Association Bankruptcy Committee and the New Haven County Bar Association Bankruptcy Committee. He is also a member of the American Bar Association Business Law Section, a member of the American Bankruptcy Institute and a member of the Connecticut Bar Association, Commercial Law and Bankruptcy Section.

Attorney Skalka is active in both the Woodbridge and greater New Haven communities. He is a board member of Ezra Academy in Woodbridge, the Chair of the New Haven County Committee of the Anti-Defamation League and a former Board member of the Jewish Federation of Greater New Haven.



Douglas S. Skalka



REDUCE YOUR CARBON FOOTPRINT THIS HOLIDAY SEASON

The holiday season is typically one when everything is done bigger and better. Excess may run supreme, and for those who are concerned about how their actions impact the environment, such excess can clash with their ideals.

The following are some effects the holidays can have on the environment and changes anyone can make to still enjoy the festivities and help the planet at the same time.

Trash: From gift wrap to cards to disposable decorations, trash has a way of piling up during the holiday season. According to Iowa State University Extension and Outreach, Americans generate 25 percent more waste per week between Thanksgiving and New Year's Day than during the rest of the year. This creates an additional 1.2 million tons of trash per week, or an extra six million tons throughout the holiday season. Cutting back on trash is one of the easiest steps a person can take to reduce his or her environmental impact. Purchase cards or paper made from recycled, post-consumer content and printed with nontoxic inks. Choose postcards that do not need a separate envelope for mailing. Use reusable decorations, dinnerware, boxes, and bags to prevent extra garbage from ending up in landfills. Bring your own fabric shopping bags to use in place of plastic bags and, when prompted, choose to have your receipts emailed instead of printed to further reduce paper consumption.

Food: Lavish meals are central components of holiday gatherings. Leftover food produces waste, so purchasing too much food or selecting products that were not locally produced can negatively affect the environment. Shipping food over long distances requires use of fuel and other natural resources. In some instances, products shipped from other countries may harbor parasites or insects not native to this country, and such unwanted guests can prove harmful to local ecosystems.

To meet the extraordinary supply demands of the holiday season, food suppliers may beef up livestock and produce with artificial hormones, fertilizers and pesticides, all of which are detrimental to the environment. Shop wisely this time of year and only buy what you need, rather than cooking to impress. Choose locally grown or organic foods and in-season produce instead of exotic, imported fare. Promptly package and freeze leftovers so they can be enjoyed again.

Decorating: It's tempting to purchase ready-made, plastic imported holiday decorations. But these objects are not always the most sustainable options, and there are plenty of decorative items that have less impact on the planet. LED holiday lights, for example, use 90 percent less energy than traditional incandescent lights and can last up to 100,000 hours. Only keep lights on when you're home and awake to save energy. Instead of purchasing new ornaments, make your own or host an ornament swap with friends. Create your own wreaths and centerpieces from natural materials found around the yard. Soy candles do not emit unsafe hydrocarbons and produce less soot than paraffin wax candles.

Travel: Travel is a large component of the holidays, as friends and family members criss-cross the globe to spend the season together. According to Green Choices, aviation accounts for 75 percent of the travel industry's greenhouse gas emissions, followed by road transport (32 percent). Look for the most cost- and eco-effective method of travel to reduce your carbon footprint. If you will be away from home or the office for long periods of time, remember to set your thermostat to a lower temperature or program the vacation setting on your programmable thermostat. You also can turn down your water heaters to conserve energy.

It is possible to enjoy the holidays and protect the planet at the same time. A few easy changes are all it takes to reduce your carbon footprint this holiday season.

DEATH NOTICES

Lucy Bello Valeriano

Lucy Bello Valeriano, of Woodbridge, beloved wife for 46 years of the late Andrew J. Valeriano, passed away at her home on October 3, 2014. This was her 90th birthday.

Lucy was born on October 3, 1924 in New Haven and was the daughter of the late Aristide and Eleanora Bello. A resident of New Haven for many years, she moved to Woodbridge in 1969.

She graduated as Valedictorian from grammar and high school. She worked as a secretary for the U.S. District Court in New Haven. She later taught at the New Haven Adult Education system, the former Stone School of Business, Stone School in New Haven and Stone Academy in Hamden.



Lucy Bello
Valeriano

Lucy is survived by her three loving daughters, Rose Anne (John) Pavao of South Glastonbury, (Ellie) Eleanor (Robert) Stephens of Orange, and Michele (Rick) Bourdeau of Woodbridge, three beloved grandchildren, Michael and Jenna Stephens of Orange, and Gabrielle Bourdeau of Woodbridge. She is also survived by two brothers, (Sam) Santo (Patti) Bello of Guilford and brother Paul (Roberta) Bello of Woodbridge. She was predeceased by a loving sister Elizabeth (Lisa) Bello of Woodbridge. Lucy was very fortunate to have two dearest lifelong friends since grammar school, Sarah DeSena and the late Marie Gambacinni.

Lucy was a member of the New Haven Alumnae Chapter of Alpha Iota Sorority at Stone School of Business and recently was a member At Large of the sorority. For many years, she was the co-sponsor of the Alpha Mu Chapter of Alpha Iota Sorority at Stone School of Business. Lucy enjoyed everything she was involved in. She was a Girl Scout Leader and her hobbies included sewing and baking. Her family was the "love of her life". Her greatest pleasure was spending time with them. She was proud of their accomplishments and would attend every activity they were involved in. She felt her family was always so caring and attentive. We thank Doris, her loving caregiver, for taking such great care of her for us and for many friends who brought joy to her life.

Her funeral arrangements were in the capable hands of the Porto Funeral Home in West Haven. A Mass of Christian Burial was celebrated in Our Lady of the Assumption Church. Interment followed in East Side Cemetery. Memorial Contributions may be made to the Board of Education and Services for the Blind (BESBE), 184 Windsor Avenue, Windsor, CT 06095. Sign Lucy's guestbook online at www.portofuneralhomes.net.

Woodbridge Town News

DEATH NOTICES

The Woodbridge Town News will publish Death Notices for Woodbridge families free of charge as a service to our readers. Family members please email notice (limit 250 words, please) to: edit@woodbridgetownnews.com



PREVENT COLDS AND FLU BEFORE THEY START

Though the holiday season is a joyous time of year, it's also one when many people succumb to cold and flu. Spending so much time indoors in close proximity to others can increase a person's susceptibility to flu and cold, so it's no surprise that the holiday season, when many people spend lots of time celebrating indoors with family and friends, marks the unofficial start to cold and flu season.

Despite what Mom might have told you about going out into the cold with a wet head or leaving home without wearing a coat, such actions do not increase your risk for cold and flu. But being cooped up indoors, where germs from others who are sick can fester, can increase that risk.

Cold weather also can be a factor, but not for the reason you think. According to a 2007 study from researchers at Mount Sinai School of Medicine, the influenza virus is more stable and can stay in the air longer when the air is cold and dry. Dr. Peter Palese, a flu researcher who is professor and chairman of the school's microbiology department, examined guinea pigs infected with the flu virus to determine the connection between the flu and cold weather. Dr. Palese varied the air temperature and humidity in the guinea pigs' environment and determined that flu transmission was best at 41 F, while the prevalence of transmission declined as the temperature rose. By the time temperatures reached 86 F, the virus was not transmitted at all. Low humidity also helped transmit the virus, and high humidity stopped the spread. Flu viruses spread through the air in water droplets expelled from sick individuals' noses and mouths. High humidity may cause these droplets to fall to the ground before they can infect someone else.

Colds are largely transmitted through surface contact with the virus or direct contact with a sick individual. The cold virus is then contracted on the hands and typically transferred to the nose, eyes or mouth through inadvertent touching of these areas. Spending time indoors in close quarters with other people, which is more common in the winter, can facilitate the spread of colds as well as the flu virus.

There are many ways to reduce your risk of contracting a cold or the flu virus this winter. Perhaps no preventive measure is more effective than getting a flu shot. In addition, wash your hands frequently to prevent the spread of germs, and disinfect remote controls, computer keyboards, tablets, mobile phones, and other items that are handled by multiple people on any given day. In addition, spend as much time outdoors as possible so you can escape potentially contaminated indoor air.

If you come down with the flu, increase the humidity in your home by running the shower with the door open, using a recreational aquarium or boiling pots of water. Maintain a warm indoor temperature to reduce the likelihood that the flu virus will spread.

Other ways to reduce your risk for cold and flu include:

- Maintaining a healthy diet
- Getting several minutes of sunlight per day
- Exercising regularly

ENTERTAINMENT

TOP 10 MOVIES

- 1. Ouija (PG-13)**
Olivia Cooke, Ana Coto
- 2. John Wick (R)**
Keanu Reeves, Michael Nyqvist
- 3. Fury (R)**
Brad Pitt, Shia LaBeouf
- 4. Gone Girl (R)**
Ben Affleck, Rosamund Pike
- 5. The Book of Life (PG)**
animated
- 6. St. Vincent (PG-13)**
Bill Murray, Melissa McCarthy
- 7. Alexander and the Terrible, Horrible, No Good, Very Bad Day (PG)**
Steve Carell, Jennifer Garner
- 8. The Best of Me (PG-13)**
James Marsden, Michelle Monaghan
- 9. Dracula Untold (PG-13)**
Luke Evans, Dominic Cooper
- 10. The Judge (R)**
Robert Downey Jr., Robert Duvall

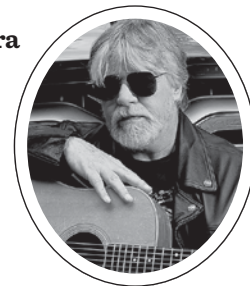
TOP 10 RENTALS

- 1. Transformers: Age of Extinction (PG-13)**
Mark Wahlberg
- 2. Godzilla (PG-13)**
Aaron Taylor-Johnson
- 3. Blended (PG-13)**
Adam Sandler
- 4. The Fault in Our Stars (PG-13)**
Shailene Woodley
- 5. Brick Mansions (PG-13)**
Paul Walker
- 6. Captain America: The Winter Soldier (PG-13)**
Chris Evans
- 7. The Other Woman (PG-13)**
Cameron Diaz
- 8. Think Like a Man Too (PG-13)**
Kevin Hart
- 9. Million Dollar Arm (PG)**
Jon Hamm
- 10. Divergent (PG-13)**
Shailene Woodley

CHART BUSTERS

Top 10 Pop Singles

- 1. Meghan Trainor**
"All About That Bass"
- 2. Taylor Swift**
"Shake It Off"
- 3. Jessie J, Ariana Grande & Nicki Minaj**
"Bang Bang"
- 4. Iggy Azalea feat. Rita Ora**
"Black Widow"
- 5. Tove Lo**
"Habits (Stay High)"
- 6. Jeremih feat. YG**
"Don't Tell 'Em"
- 7. Maroon 5**
"Animals"
- 8. Sam Smith**
"Stay With Me"
- 9. Bobby Shmurda**
"Hot Boy"
- 10. Ed Sheeran**
"Don't"



Bob Seger

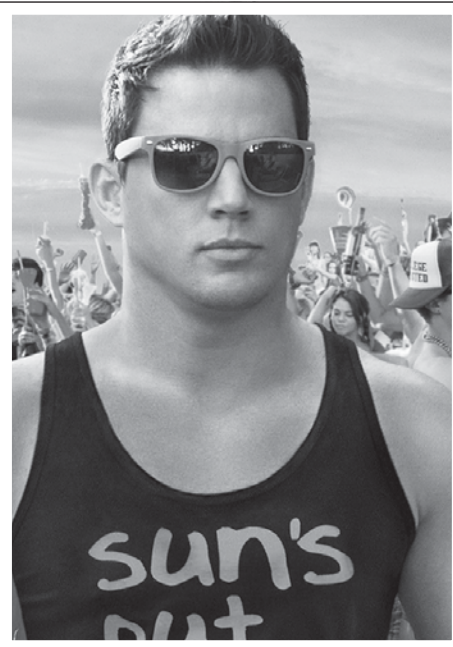
Top 10 Country Singles

- 1. Jason Aldean**
"Burnin' It Down"
- 2. Florida Georgia Line**
"Dirt"
- 3. Sam Hunt**
"Leave the Night On"
- 4. Blake Shelton**
"Neon Light"
- 5. Chase Rice**
"Ready, Set, Roll"
- 6. Luke Bryan**
"Roller Coaster"
- 7. Carrie Underwood**
"Something in the Water"
- 8. Maddie & Tae**
"Girl In a Country Song"
- 9. Frankie Ballard**
"Sunshine & Whiskey"
- 10. Miranda Lambert Duet With Carrie Underwood**
"Something Bad"

- Name the only hit by The Ivy Three.
- What was the name of the theme song from the television series "Dr. Kildare"?
- Which two female artists recorded "No More Tears (Enough is Enough)" as a duet?
- Who sang with Elton John on "Don't Go Breaking My Heart"?
- Name the song that contains this lyric: "Well no one told me about her, what could I do, Well no one told me about her, though they all knew, But it's too late to say you're sorry, How would I know, why should I care, Please don't bother tryin' to find her."



1. "Yogi" in 1960. They disbanded in 1961. Check out the song on YouTube, and you'll wonder how it became a hit.
2. "Three Stars Will Shine Tonight" (1962) by the show's star, Richard Chamberlain.
3. Donna Summer and Barbra Streisand, in 1979. There were three versions: four, eight and 11 minutes.
4. Kiki Dee, in 1976.
5. "She's Not There," by the Zombies in 1964. Legend says the songwriter, Rod Argent, wrote it with his former fiancée in mind. She canceled their wedding just weeks before it was to take place.



Channing Tatum in "22 Jump Street"

EDITOR'S NOTE: DVDs reviewed in this column will be available in stores the week of Nov. 17, 2014.

PICKS OF THE WEEK

"If I Stay" (PG-13) -- Mia (Chloe Grace-Moretz) is a teenage girl with a talent for cello, nice parents, a rock 'n' roll boyfriend and a good chance of getting into Juilliard. While in the car with her loving family, they get into a horrible accident, and Mia's body is rushed into surgery while her spirit looks on. Stuck between life and death, Mia has a decision to make. It sounds like it should be obvious, but she manages to stretch

out the decision for the full run time. Actually, any of those things from the first sentence of this review could be enough to say "yes" to life. Really. Most people lean toward staying alive -- just as a general rule -- if given the option. Do you sense what kind of melodrama we're dealing with? To nobody's surprise, the film is based on a bestselling novel for the young-adult market.

"And So It Goes" (PG-13) -- In a sun-dappled Connecticut neighborhood, a grumpy old coot gets saddled with a precocious child who softens his image just enough to help him find new love. It is as boring and unoriginal as it sounds. Oren (Michael Douglas) is a realtor with no people skills and a raging case of the grouches. His no-good son drops by to give over a 9-year-old grandchild before he heads to jail. Diane Keaton plays a well-intentioned neighbor whose jokes never land. Oren has to learn not to be such a cranky old fart, but by that point, you're not invested enough to care. Rob Reiner has a great track record of movies that are both funny and uplifting, but this one didn't go that way.

"22 Jump Street" (R) -- This is a sequel that truly builds on the success of its predecessor without recycling every single joke! In the last movie, "21 Jump Street," Channing Tatum and Jonah Hill were two cops tasked with infiltrating a local high school to bust up a drug ring. Putting two overgrown adolescents into an environment full of real adolescents turned out to be a great move, plus Tatum and Hill have an easy, funny and admirable take on adult male friendships (called "bromances" in the contemporary vernacular). This sequel sends the duo after a college-based crime ring, stepping up the humor and the action.

Sudoku answers on page 32

Weekly SUDOKU

by Linda Thistle

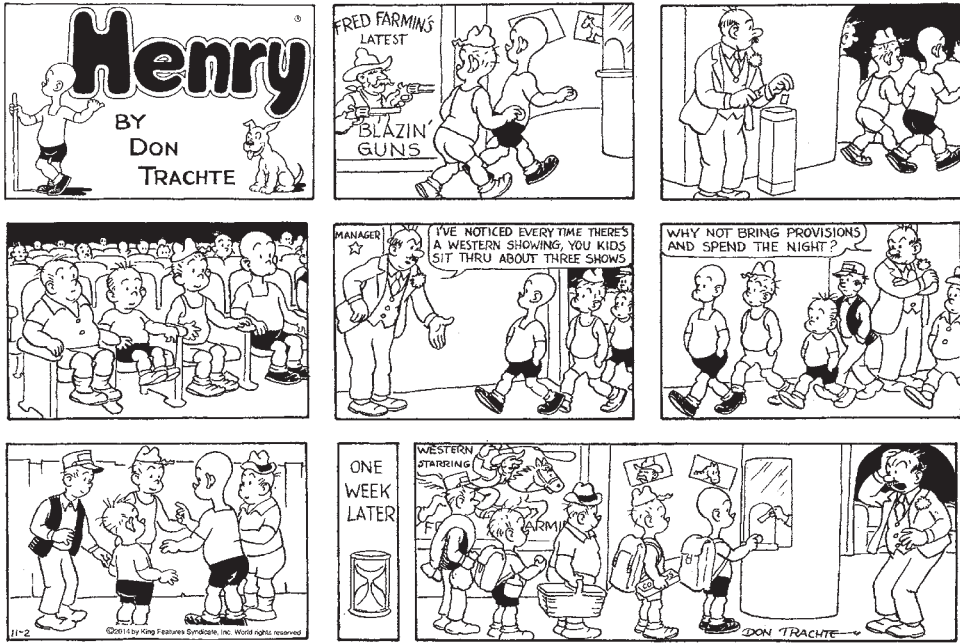
	6			2			1
3			7				5
		1		9		3	
	7			9			4
8			6			7	
		2	5	4			1
	1			5			3
7			2				9
		5			3	8	

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★★

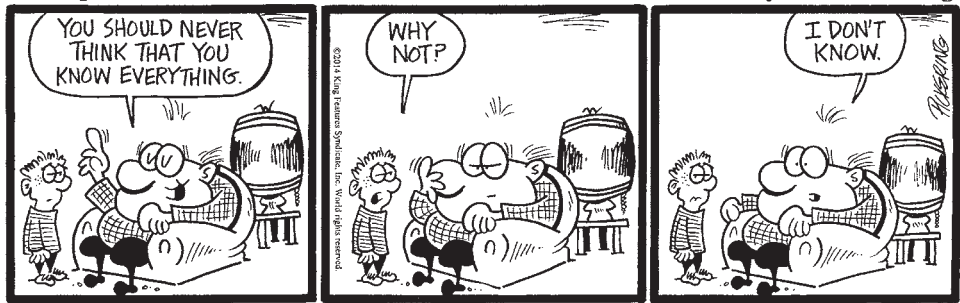
★ Moderate ★★ Challenging
★★★ HOO BOY!

COMICS/CROSSWORD/HOLLYWOOD



The Spats

by Jeff Pickering



King Crossword

ACROSS

- 1 1960s hallucinogen
- 4 Traffic noise
- 8 — out (supplemented)
- 12 Have bills
- 13 Winglike
- 14 Not yet final, in law
- 15 Energy
- 16 Get up
- 17 Criterion
- 18 Charlie Sheen's brother
- 21 No longer chic
- 22 Round Table address
- 23 Church song
- 26 Corral
- 27 Taxi
- 30 Bay
- 31 Marry
- 32 Mentor
- 33 Coloring agent
- 34 Tina's "30 Rock" role
- 35 Got along
- 36 Shriner's chapeau
- 37 Cleo's slayer
- 38 Miami Sound Machine lead
- 45 Amusement park attraction
- 46 Puerto —

1	2	3	4	5	6	7	8	9	10	11
12			13					14		
15			16					17		
18			19				20			
			21			22				
23	24	25			26			27	28	29
30					31			32		
33			34			35				
36			36			37				
38	39	40			41			42	43	44
45					46			47		
48					49			50		
51					52			53		

- 47 Swelled head
- 48 Works with
- 49 Let fall
- 50 Before
- 51 Wild party
- 52 Collections
- 53 Bando of baseball
- DOWN**
- 1 Popular topic with lyricists
- 2 Take to the pool
- 3 Actress Moore
- 4 Silver-white metal
- 5 His work inspired "Cats"
- 6 Relaxation
- 7 Ironed
- 8 Sign up
- 9 Chicken —
- 10 Being, to Brutus
- 11 Airhead
- 19 Enjoy the hammock
- 20 Can material
- 23 Third degree?
- 24 Sauce source
- 25 Idolater's emotion
- 26 Dispensable candy
- 27 Mongrel
- 28 Exist
- 29 Bloom-to-be
- 31 Hogwarts
- 32 Stare stupidly
- 34 Mainlander's memento
- 35 Camera settings
- 36 Newly baked neckwear
- 37 Foppish
- 38 Food
- 39 Bart's sister
- 40 Works of tribute
- 41 Green acres
- 42 Lawyers' income
- 43 Taj Mahal city
- 44 Yule refrain

HOLLYWOOD

By Tony Rizzo



Neil Patrick Harris

HOLLYWOOD -- Matthew McConaughey passed on the sequel "Magic Mike," opting instead to shoot "Sea of Trees" in Massachusetts and Japan, with Ken Watanabe and Naomi Watts. Shooting on "Magic Mike XXL" has begun in Florida with returning cast members Tatum Channing, Matt Bomer, Joe Manganiello, Adam Rodriguez (in his eighth season of "CSI: Miami") and Gabriel (Fluffy) Iglesias. Also added to the sequel are Andie MacDowell, Amber Heard (Johnny Depp's lady), Jada Pinkett Smith and "Kelly and Michael" host Michael Strahan. This time the male strippers take a road trip from Tampa to Myrtle Beach for a convention.

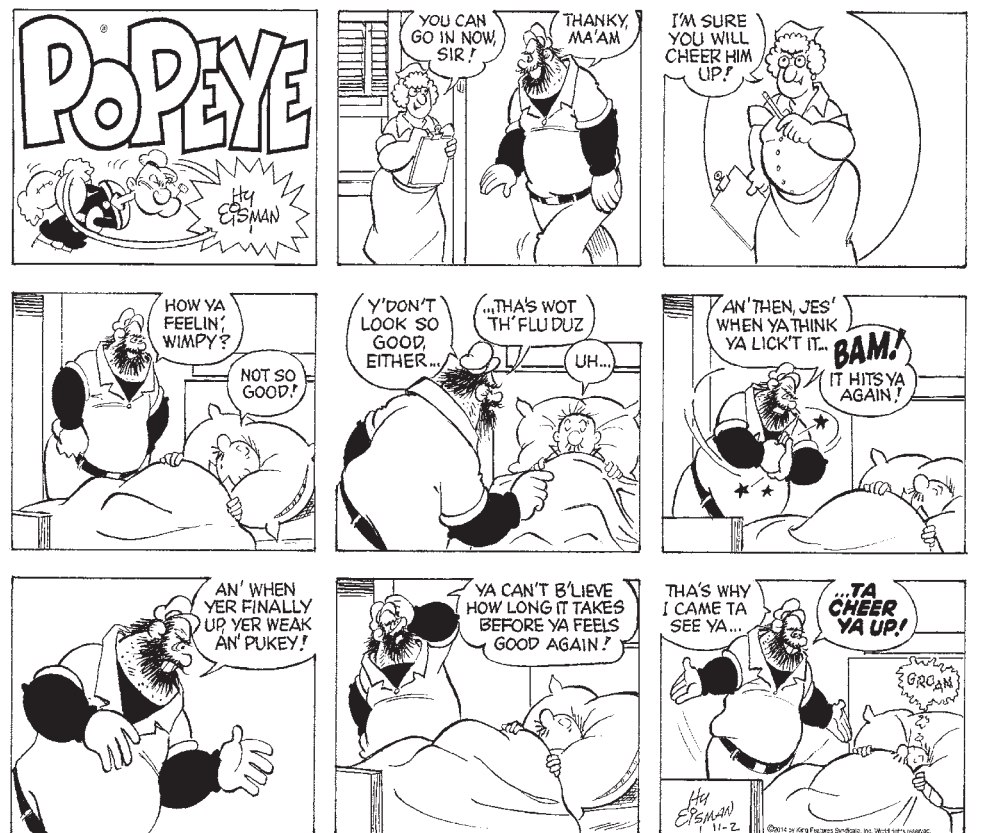
the prize. Seinfeld remarked in his tribute to Jay, "There's no one more deserving to get this wonderful award obviously, than Jay. No one except -- and I really don't want to sound bitter here -- except maybe me? I mean, come on." Yada yada! The award show airs Sunday, Nov. 23, on PBS.

Neil Patrick Harris, currently starring in "Gone Girl" with Ben Affleck, is about to become a triple threat. Having hosted the Tony and the Emmy awards, he has been passed the baton by Ellen DeGeneres to host the upcoming Oscar awards. Ads for the Feb. 22 broadcast, on ABC, are selling for \$1.9 million per 30-second spot, and they're almost sold out. Most hosts take half a year to prepare for the job, so Neil will be heard, not seen, in his next film, the 3-D computer-animated comedy "The Good Dinosaur," with John Lithgow, Frances McDormand and Bill Hader. It comes out Nov. 25.

ABC lost the bidding war for the reboot of "Bewitched," which was its show from 1964-72, to NBC. Two of the show's producers made the 2005 film with Nicole Kidman and Will Ferrell as Samantha and Darren Stevens, and Shirley MacLaine as Endora. The film cost \$85 million to make and raked in \$131.5 million. No casting has been announced for the pilot.

Jay Leno may be gone as host of "The Tonight Show," but he's not forgotten. Jay recently received this year's "Mark Twain Prize," which Carol Burnett won last year, and was honored by Jerry Seinfeld, Wanda Sykes, Garth Brooks, Kevin Eubanks, Chelsea Handler and Jimmy Fallon, who presented him with

Christina Ricci, who played Wednesday Addams in "The Addams Family" and "Addams Family Values," segued to playing Lizzie Borden earlier this year in the Lifetime film "Lizzie Borden Took an Ax." Lifetime has green-lighted a limited 10 episode series "Lizzie Borden: The Fall River Chronicles." What's next ... "Lizzie Borden: The Musical"? Believe it or not, last year The Boston Light Opera revived the 1999 opera "Lizzie Borden" Music to ax by?



SERVICE DIRECTORY



Sharon Hine Landscapes, llc
Landscape Services & Perennial Gardens

Design & Installation-Property Maintenance
Clean-ups-Mulch-Lawns-Shrubs Trimmed/Removed
NOFA/Organic Land Care--Fences-Stone Work

sharonhinelandscapes@yahoo.com Sharon L. Hine
www.sharonhinelandscapes.com 203 668 6315
Free Consultation/Insured/References CT-HIC 0639623



BILL MAREK
EXCAVATING & SEPTIC SYSTEMS LLC

SEPTIC SYSTEMS INSTALLED AND REPAIRED

- SEPTIC TANKS CLEANED
- PERCOLATION TESTS & REAL ESTATE INSPECTIONS
- EXCAVATING

(203)-410-1137



Randy's Snow Plowing
Lawn and Snow Plowing Services

PO Box 657 203-745-7650
Derby, CT 06418 randysplowing@gmail.com
facebook.com/randysnowplowing



amity
Insurance & Financial Services, LLC
35 Old Tavern Road Orange, CT 06477
(203) 397-1660 www.amityabc.com

Paul Amann CLU, ChFC Larry Brownstein
Richard Coba Thomas Terzakis

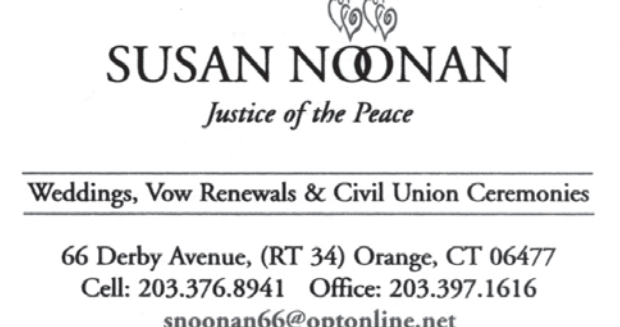
"Protecting the things that mean the most to you"



KBM Lawn & Landscape, LLC
Family Owned and Operated
Over 30 Years Creating & Maintaining Beautiful Landscapes

Design • Construction • Maintenance
Commercial & Residential

Free Estimates / Fully Insured • Ct Lic. # 612550
BUS: 203-387-LAWN (5296) • www.KBMLandscaping.com



SUSAN NOONAN
Justice of the Peace

Weddings, Vow Renewals & Civil Union Ceremonies

66 Derby Avenue, (RT 34) Orange, CT 06477
Cell: 203.376.8941 Office: 203.397.1616
snoonan66@optonline.net



DONALD F. OLIVER
HOME IMPROVEMENT, LLC

SPECIALIZING IN
VINYL SIDING • ROOFING • WINDOWS • ADDITIONS

Four Generations of Experience

175 Surrey Drive • Orange, CT 06477
203-795-4404

LICENSE #573494 FULLY INSURED



CASSELLA ELECTRIC, LLC
Residential Services
- Since 2005 -

Licensed and Insured
Ct E1-192933

Rob Cassella
(203)627-9167
r.cassella@yahoo.com



Lori Carbonell
TRAVEL PLANNER | 860-874-8805
lori@zipadeedoodahtravel.net

Zip a Dee Doo Dah
travel
helping families make memories that last a lifetime



BENEDETTO PAINTING & HOME IMPROVEMENT

New Construction Additions
Kitchens & Baths
Painting Interior & Exterior
Power Wash and much more ...

RAY BENEDETTO
Office 203-619-2186
Email: rayb1129@yahoo.com
www.benedettopainting.com

FAMILY OWNED & OPERATED OVER 25 YEARS Fully Insured - CT LIC 0630250



Woodbridge Town News
Woodbridge's Exclusive Newspaper

Mailed Free to Every Home in Woodbridge
Mailed Free to Every Business in Woodbridge, Bethany & Westville

YOUR AD HERE
Call Today: 203-553-9062



B&B
LANDSCAPING

10% OFF WITH THIS AD

COMMERCIAL/RESIDENTIAL, FALL CLEANUP
TREE REMOVAL • MULCH • EDGING • WEEDING • CHIPPING
SHRUBS TRIMMED AND REMOVED • LAWN CUTTING • SEEDING
TOP SOIL • SHRUBS AND TREES PLANTED • GRAVEL DRIVEWAYS

Call Bill **203-915-9597**
bpuchala64@icloud.com FULLY INSURED



Don's Tree Service & Construction

Topsoil • Concrete Work • Sidewalks
Asphalt Work • Driveways
Excavation • Lawn Mowing

203-795-4474
don@DonsTreeCare.com

Fully Insured
Arborists Lic #62419



J.M. Kriz DESIGN • PRINT • WEB

Design your perfect ad, brochure, website,
banner, newspaper, poster, magazine, flyer...

mike@jmkriz.com
print + web design



You Call, We Haul, SAME DAY!

TAMARO
Oil Corporation

38 MARSH HILL RD., ORANGE, CT 06477

We're Local Serving Woodbridge & Bethany Every Day!
TAMAROIL.COM 203-795-FUEL(3835)



Handi Firefighter

- *Painting Inter./Exter.
- *Sheetrock/Taping
- *Handyman Services
- *General Repairs

Call Rich: (203)215-4488
H.I.C. #0636096 "In The Service of Others" Insured/Free Estimates



MARK STEEVES
HOME REPAIR

THE SMALL JOB SPECIALIST
SERVING ORANGE AND WOODBRIDGE FOR 15 YEARS

REFERENCES
Insured CT License #582579
203-799-0253



BENEDETTO LANDSAPING & LAWN MAINTENANCE

- FALL CLEAN UPS
- Weekly Lawn Mowing
- Landscape Design & Installation
- Hedge & Shrub Trimming, Mulch

CALL RANDY: (203) 208-0503
www.BenedettoLandscaping.com
Owner Operated & Insured | Over 35 Years of Experience HIC0629850

BUSINESS CARDS ADS AS LITTLE AS \$30 PER ISSUE
2 Issues for \$80 or 5 Issues for \$150 • Reach Every Home and Business in Woodbridge!
Send Your Card & Payment to: Woodbridge Town News, P.O. Box 1126 Orange, CT 06477 or pay online at www.woodbridgetownnews.com

BULLETIN BOARD

Please Note: If you have an event for the Bulletin Board, please send it along no matter how far in advance it is. We will include it in the appropriate issue(s) until the event has taken place.

Boy Scout Troop 63, meetings Monday nights from 7:00 pm – 8:30pm, Our Lady of the Assumption “Mother” Church, 1700 Litchfield Turnpike (Rte. 69), Woodbridge; September- April and May-June outdoors at Camp Whiting, all boys ages 10 and up or who have completed the fifth grade are welcome to stop by and see what we’re all about. For more information, visit <http://www.troop963.org> or email Troop63CT@gmail.com.

Woodbridge Republican Town Committee Meetings, second Tuesday of each month, 7:30pm, Center Cafeteria. Visitors welcome and urge you to join us. For information, go to www.woodbridgegop.org.

God On Tap, Wednesdays, 5:30-6:30pm, Wheeler’s Restaurant and Taproom, 180 Amity Road, Wood-

bridge, refreshments with friends & nourishing conversations facilitated by Elsa Worth, priest at Christ Church, Bethany, www.christchurchbethany.org.

Spring Entrepreneur Series, Thursdays, 5:30-8:00pm (PDT), New Haven Free Public Library, 133 Elm Street, New Haven, View Map, sponsored by SCORE New Haven (<http://newhaven.score.org/>) and the New Haven Free Public Library to help participants establish a business plan, understand basic financial statements, learn how to build a recognizable brand, and manage technology effectively. Participants will receive a certificate of attendance upon successful completion of the series.

Alzheimer’s Community Caregivers Support Group, 2nd Thursday of the month, 5:00pm, Arden House, Conference Room, 850 Mix Avenue, Hamden. Call Maria Paduano, Program Director to RSVP or for more information at 203-281-3500, ext. 7669; www.geneshicc.com.

Woodbridge Rotary Club Meetings, 1st and 3rd Friday of the month, 7:30am breakfast meeting, Country Corner Diner, 756 Amity Toad, Bethany and the 2nd and 4th Friday of the month, 12:15pm luncheon meeting, Woodbridge Social, 12 Seldon Street, Woodbridge. Anyone interested in learning more about Rotary should contact Anna Dickerson at 203-710-0223 or email annadickerson@yahoo.com.

Trap Falls Kennel Club Obedience Classes, every level, AKC STAR Puppy (obedience for dogs under 12 months) and Family Manners Classes/Obedience & Canine Good Citizen; Wednesday and Thursday evenings, Pawz for Wellness in Shelton, CT. For registration and/or information, call 203-450-9485 or email tfkctraining@gmail.com. Trap Falls Kennel Club is a non-profit member club of the American Kennel Club (AKC).

Amity Parent Support Group, meets every other Friday morning, 7:45am, Woodbridge Senior Center Lounge,

4 Meetinghouse Lane, sponsored by Amity High School, Woodbridge Youth Services and the Orange Drug and Alcohol Action Committee, local parents who struggle with children who are, or may be involved with, substance abuse share experiences and concerns in a confidential setting. For more information, please contact Nancy Pfund at 203-389-3429, or e-mail npfund@woodbridgect.org.

Holiday Fantasy of Trees, December 6 & 7, 2014, 12 noon-8 pm 12/6, 12 noon-6 pm 12/7, Raffle Drawing Sunday 4:30 pm. Saint Barbara Social Hall, Greek treats, beautifully decorated Trees, Wreaths, and Urns, holiday raffle for a decorated tree home, Holiday Marketplace featuring area vendors, and the Craft Corner for handmade items, entertainment by area musical and dance groups, Santa will be stopping by Santa’s Village on Saturday and Sunday from 1:00 to 4:00 PM. Take a photo with Santa. Free parking and Free admission, www.saintbarbara.org or 203-795-1347.

BENEFIT FROM NUTRITIOUS TURKEY EVEN AFTER THANKSGIVING

If turkey is not normally on your lunch or dinner menu, come the holiday season it’s bound to show up in abundance. As soon as the weather cools and the crispness of late autumn is in the air, thoughts turn to more hearty meals, and of course, the fall pièce de résistance: Thanksgiving dinner.

Turkey takes center stage on many Thanksgiving dinner tables, even though history suggests it likely wasn’t served at the first Thanksgiving. Despite this historical discrepancy, turkey and all the trimmings continue to be traditional fare for big holiday dinners.

Much more than just delicious and filling, turkey boasts many nutritional benefits, making it a worthwhile addition to your diet regardless of the season.

- **Protein:** Turkey is often overshadowed by other meats in refrigerated display cases, but it remains an excellent source of protein in a low-fat package. A typical 3.4- to four-ounce serving of skinless turkey breast (about the size of a deck of cards) contains around 30 grams of protein, providing about 65 percent of the average person’s recommended daily allotment of protein. Protein helps the body feel full and serves many essential functions in the body. Proteins regulate the entry of nutrients through cell walls, help the body grow and help it to generate antibodies that fight against illness.

- **Low-fat:** A serving of turkey is only 161 calories and contains just four grams of fat, which is low in saturated fat.

- **B-vitamin benefits:** Turkey is an excellent source of B vitamins, including B3, B6 and B12. Having enough B3, also known as niacin, is important for overall health, and higher levels of niacin can improve cholesterol levels and lower a person’s risk for cardiovascular disease. B6 is also called pyridoxine. It’s involved in the process of making certain neurotransmitters, including serotonin and norepinephrine, which transmit signals in the brain. Important for neurological health, B12 helps decrease levels of homocysteine, which can contribute to cognitive decline.

- **Immune system effects:** People may not know turkey contains selenium, which is key to healthy thyroid function. It also helps boost the immune system by playing a role in the body’s antioxidant defense system. Selenium may help eliminate free radicals in the body that would otherwise contribute to cancer risk.

- **Relaxation:** Many people are aware of turkey’s ability to induce feelings of relaxation, particularly when eaten in abundance at the Thanksgiving dinner table. Turkey contains the amino acid tryptophan, which plays a role in triggering production of serotonin. Serotonin can induce feelings of relaxation and sleepiness.

Turkey is lean, full of essential nutrients and low in saturated fat, making it a worthy addition to your diet no matter what time of year it happens to be.



Turkey is low in fat and full of protein and other nutrients, making it a worthy addition to your diet no matter the time of year.

WANTED

WANTED - Art, Clocks, Coins, Dolls, Estate Jewelry, Military, Silverware, Trains, Gold, Silver, etc. Call Joseph & Carol Ferry Antiques at 203-795-4644.

DONATIONS WANTED - Helping Hands Community Thrift Store raises money for over 175 local non-profits. Donate your furniture, housewares, clothing etc. and make a difference! Call 203-782-4800 for Furniture Pick-Up. Two Locations for donation drop-offs and shopping: 334 Boston Post Rd, Orange and 77 State Street, North Haven; www.helpinghandsctfb.com.

FOR SALE

BRONZE STATUES - Buddha and South Asian. 24 to 40 inches tall. Heavy. Call 203-887-8891.

FOR RENT

WOODBRIIDGE - THANK YOU ! We are fully occupied and taking names for our waiting list. One and Two Bedroom. Applicants must be 62 or older or disabled. One Bdrm-\$998/mo; Two Bdrm-\$1057/mo including all utilities. Off street parking, on-site laundry, gardens, courtyard, on busline, handicapped accessible. CHFA Financed. EHO. Gibson Assoc., Inc. 175 East Mitchell Ave, Cheshire, CT 06410. Ph: 203-272-3781. TDD 1-800-545-1833 Ext 165

SPACE TO LEASE - 3000 square feet. Large overhead door. 15.5 ft ceiling. Gas heat. Perfect for storage or refinisher/woodworker. \$1500/mo. 1012 Boston Post Road, West Haven, CT. Call owner 203-934-5747.

PUBLIC NOTICES

A public notice is information informing citizens of government activities that may affect the citizens' everyday lives.

Public notices have been printed in local newspapers, the trusted sources for community information, for more than 200 years.

WOODBRIIDGE RESIDENTS!

Have an Upcoming Birth Announcement, Anniversary, Engagement or Wedding? Send it to us with a photo and we will publish it FREE. Woodbridge Town News, P.O. Box 1126, Orange, CT 06477 Email: edit@woodbridgetownnews.com

All real estate advertising in the Orange Town News is subject to the Federal Fair Housing Act, which makes it illegal to advertise any preference, limitation or discrimination based on race, color, religion, sex, handicap, familial status or national origin, or an intention to make any such preference, limitation or discrimination. Familial status includes children under the age of 18 living with parents or legal custodians, pregnant women and people securing custody of children under 18. The Orange Town News will not knowingly accept any advertising for real estate which is in violation of the law.

PLACE YOUR CLASSIFIED AD

Classified ads are \$20 for up to 20 words.

Each additional word is 50 cents.

All ads must be prepaid. All ads are subject to approval.

Send a copy of your ad and check payment to:

Woodbridge Town News, P.O. Box 1126, Orange, CT 06477

HELP WANTED

SALES ASSOCIATE/ CUSTOMER SERVICE - Consignment Originals, 320 Boston Post Rd, Orange. Looking for a great job? Well we are looking for hardworking, high energy, people loving employees! You can apply on our website www.consignit.com or come into our Orange location for more details.

CLASSIFIED ADS START AT JUST \$20!

Call 203-553-9062 for more information.

SERVICES

ACADEMIC TUTORING - For middle and high school students in: math, algebra, english, geometry, time mgt. / study skills, writing & research papers, vocabulary, PSAT, ACT & SAT tests. Also: college applications and essays, ASVAB, GED, TEAS, GRE, and CPA exams, accounting, economics and finance courses, and securities licensing exams: Series 7,63, 66. Email: ddubinsky.nva@gmail.com, or call David at: 203-219-1698.

A.D. MASONRY - New construction or repair. Brick, block, stucco, stone, chimneys, walks, or patios. CT Registered - Insured. Phone 203-795-4527 or visit our website at: www.crofut.com/a.d.masonry/.

HOUSE CLEAN-OUTS - Helping Hands Community Thrift Store offers house clean-outs and a donation pick-up service. Let the items you donate reduce the cost of the clean-out. Your donations are tax-deductible. Call Allen 203-214-3038.

EXPERIENCED SENIOR CAREGIVER - Just finished five year care position. Compassionate and patient, 25 years of experience. Quality companion and caregiver for elderly and Alzheimer's. References available. Contact Ann at ann45789@yahoo.com or call 203-982-1520.

PIANO LESSONS - LEARN TO PLAY TODAY! Your home, all levels, experienced teacher, free first lesson. Call 203.362.7932 or email fun2readmusic@gmail.com.

CLASSIFIED ADS START AT JUST \$20!

Call 203-553-9062 for more information.

King Crossword

Answers

Solution time: 24 mins.

L	S	D		B	E	E	P		E	K	E	D
O	W	E		A	L	A	R		N	I	S	I
V	I	M		R	I	S	E		T	E	S	T
E	M	I	L	I	O	E	S	T	E	V	E	Z
				O	U	T		S	I	R		
P	S	A	L	M		P	E	N		C	A	B
H	O	W	L		W	E	D		G	U	R	U
D	Y	E		L	I	Z		F	A	R	E	D
				F	E	Z		A	S	P		
G	L	O	R	I	A	E	S	T	E	F	A	N
R	I	D	E		R	I	C	O		E	G	O
U	S	E	S		D	R	O	P		E	R	E
B	A	S	H		S	E	T	S		S	A	L

Weekly SUDOKU

Answer

5	6	7	4	3	2	9	8	1
3	8	9	7	1	6	4	5	2
4	2	1	8	9	5	3	6	7
1	7	6	3	8	9	5	2	4
8	5	4	6	2	1	7	3	9
9	3	2	5	4	7	6	1	8
6	1	8	9	5	4	2	7	3
7	4	3	2	6	8	1	9	5
2	9	5	1	7	3	8	4	6

LOCAL SPORTS

VOLLEYBALL FUNDRAISER TO BENEFIT ELDREDGE FAMILY FUND

Woodbridge Youth Services and the Town of Bethany will sponsor a volleyball tournament at the Amity Middle School – Bethany Campus, 190 Luke Hill Road, Bethany on Friday, November 21, 2014. This event is for 7th and 8th grade Amity Middle School- Bethany Campus students only. Adult volunteers are needed. The event will run directly after school in the gymnasium from 2:30-4:00pm.

This event will raise funds for the Andrew Eldredge Family Fund. Andrew was in a pedestrian accident with a motorcycle in New York City in August 2014. Currently, he's recovering from multiple injuries in the Weill Cornell New York Presbyterian Hospital in NY. Donations for the Eldredge Family Fund may be made directly to its website <http://www.eldredgefund.org>. Please call 203-389-3429 or E-mail youthone@woodbridgect.org for more information.

Cancellations: Watch Channel 8 or listen to KC101 for cancellations due to inclement weather.

HEALTH AND FITNESS

DON'T LET AN ACL INJURY END YOUR SEASON

From competitive athletes to weekend warriors, we all know both the benefits as well as the dangers to our bodies while performing exercise and sports related activities. Few are as nagging, and potentially devastating, as knee injuries. In particular, damage done to the Anterior Cruciate Ligament (ACL).



Michael Dow

We have all heard of the ACL before, but what is it that it truly does? The ACL is one of the 4 major ligaments in the knee along with the Posterior Cruciate Ligament (PCL), Medial Collateral Ligament (MCL), and Lateral Collateral Ligament (LCL). The ACL prevents excessive forward movement of the femur, the upper leg bone, on the tibia, one of the lower leg bones. Unlike muscles which contract and shorten a muscle to create movement, a ligament is meant to prevent excessive movement of the joint.

The million dollar question is why is the ACL such an integral component of the knee function? Most sports these days require quick starts and stops, jumping and landing. This puts tremendous strain on the knee. During these activities, the ACL is strained to prevent the forward movement on the tibia. This ligament becomes overstressed when the quadriceps and hamstrings are not strong enough to stabilize the knee with sharp cutting movements and jumping during sports activity. We have all seen some of our favorite athletes land on the disabled list after they tear their ACL. With surgery required it can keep even a professional athlete out of action for 9-12 months while they are rehabbing from their injury.

So how do we prevent our young athletes from being stricken with this serious injury? The answer is implementing the proper ACL prevention protocol into an athlete's regimen both prior to a game and/or practice. Parents, coaches, and athletes alike should be well versed in the proper static and ballistic warm-up techniques in order to prevent an ACL from ending an athlete's season. Orthopedic physical therapists are highly trained in proper ACL prevention methods and can provide, not only to individual athletes, but also entire teams and coaching staffs the methods on how to minimize and athlete's risk of injury. Take the time to contact your local physical therapist to keep the athlete in your life off the rehab table and on the field!

Michael Dow, MSPT, received his degree from Sacred Heart University in Fairfield, CT. The founder of Amity Physical Therapy in Woodbridge, he has been recognized by the U.S. Health and Human Services for his work with the National Multiple Sclerosis Society. He works with patients of all ages, pediatrics to geriatrics, as well as local high school and college athletes. Michael can be reached at 203-389-4593. www.amitypt.com. Amity Physical Therapy is one of the fastest growing practices of its kind in the New Haven area, now with offices in Woodbridge, Hamden and Branford.



Empowered by Music
Cancer Benefit Concert
 Center Church on the Green
 New Haven
Sat, Nov 22, 2014 7 PM



Steven Beck - Pianist
Victor You - Pianist
 7 PM – 8 PM
 Concert with music by Bach, Mozart, Chopin and Bartók
 8 PM – 9 PM
 Reception with refreshments following Concert
 Location: www.newhavencenterchurch.org

Dr. Hanna Chao presents "Empowered by Music" featuring for the first time together in performance NYC-based pianist Steven Beck and young pianist Victor You, Woodbridge, Connecticut.

All proceeds will be donated to the Smilow Cancer Hospital to the "Parenting at a Challenging Time (PACT) Program"/ Oncology Social Work Fund.

Suggested Donations:
Adults & 13 up: \$25 Children 6 - 12: \$15 Children 5 & under free

To purchase tickets, mail checks payable to:
"Empowered by Music", P.O. Box 5078, Woodbridge, CT 06525
 Tickets will be emailed as pdf files or your name will be added to our will-call list. Tickets will be sold at the door as well. For more information: EmpoweredbyMusic@gmail.com

If you wish to donate above the ticket price or just donate, make separate checks payable to Smilow Cancer Hospital, Memo: "Empowered by Music Benefit" and mail to above address.



Woodbridge Town News

SUBMIT YOUR LOCAL SPORTS PHOTOS, ARTICLES & SCHEDULES

Email edit@woodbridgetown.com

Woodbridge Town News

WOODBRIIDGE RESIDENTS!

Have an Upcoming Birth Announcement, Anniversary, Engagement or Wedding?
 Send it to us with a photo and we will publish it FREE.
 Woodbridge Town News, P.O. Box 1126, Orange, CT 06477
 Email: edit@woodbridgetownnews.com

Arlyn's
FINE ACCESSORIES OF WOODBRIDGE
(203)387-5498

EXPLORE THE TOP BRANDS
ALEX AND ANI
Brighton
UGG
australia
www.arlynsfineaccessories.net

vineyard vines
martha's vineyard

Keep you and your family healthy this cough and cold season.
Walk-in flu shots are now available.

Fight the Flu With a Shot of Prevention.

ANY IN-STORE PURCHASE OF \$20+
\$10 off

Seybridge Pharmacy Jewelry & Gifts
37 NEW HAVEN ROAD SEYMOUR, CT 06483
(203) 888-0073

HealthMart PHARMACY

One coupon per customer. Certain restrictions may apply. See store for details. Non-prescription items only. Not valid on prescription copays or any government funded programs. Not to be combined with any other offers. No cash value. Expires:12/31/2014. Valid only at: Seybridge Pharmacy.

This pharmacy is independently owned and operated under a license from Health Mart Systems, Inc.

J.M. Kriz DESIGN · PRINT · WEB

Web Design Print Design Publications

www.jmkriz.com

Woodbridge Town News

Woodbridge's Exclusive Newspaper
Mailed Free to Every Home in Woodbridge
Mailed Free to Every Business in Woodbridge & Bethany

YOUR AD HERE
Call Today: **203-553-9062**
www.WoodbridgeTownNews.com

BARK BYTES...

By Vicki & Richard Horowitz

Are You a GREAT Dog Owner?

Owning a dog isn't all about fun. With your cute ball of fur comes a lot of responsibility. Not only are they dependent on you for the basics (food & shelter), but love, time and attention as well. Recently we celebrated National Dog Week, are you a great dog owner?

Spayed/Neutered. Spayed & neutered dogs not only live longer, but actually make better companions. Talk to your vet about when to spay or neuter your dog - it's usually around five or six months, right at puberty.

Identification. You probably don't leave home without your identification and neither should your dog. Make sure he/she has the proper identification, including its name, address and telephone number in case he gets lost. Micro chipping is a great idea!

Temperature. As summer draws to a close and we leave the scorching temperatures behind, it's equally as important as we head into winter to protect your dog from extreme temperatures - even cold weather. Many dogs have a fur coat, but that's not enough to protect against winter's chill for long hours.

Veterinarian. Just as you should get an annual check-up, your dog should visit the veterinarian at least once a year for his vaccinations and to check his overall health.

Cleanliness. Make sure to give your dog regular baths, brush his teeth, clip his nails and clean his ears. Or take him to a groomer regularly if these tasks are too cumbersome for you. Also, brush your dog regularly to keep its fur from being tangled and matted.

Training. We don't just advise that you get dog training because we are dog trainers. It's not fair to you or your dog if you're unhappy with some of his issues such as barking incessantly or chewing everything in sight. You don't need the headaches and he doesn't like being constantly in trouble. Since you will probably be his pet owner for at least the next 10 years, a well-trained dog will make your relationship better in the long run.

Exercise. Both you and your dog need regular exercise to keep in shape. Playing fetch, chasing a ball or go for a walk. Both you and your dog will sleep better! Make sure you always have fresh water for your dog. A tired dog is an obedient dog.

Leashes. Unless you are in an off leash dog park, keep your dog leashed at all times. This will prevent him from darting out in front of a car, getting into a skirmish with another dog, or jumping on people.

Clean. It's important to clean your dog's food bowls and water bowls daily. Otherwise, they can attract bacteria that can harm your dog's intestines.

Secure backyard. Dogs are generally good about digging holes and escaping fences, even if they are happy where they are. Make sure your fences and gates don't need to be patched.

Vicki and Richard Horowitz of Woodbridge are dog behavioral therapists and trainers with Bark Busters, the world's largest dog training company. For more information, call 1-877-500-BARK (2275) or visit www.dog-training-new-haven-ct.com.

The Orange Community Juniorettes
Proudly present

Wonderland Waggin' Tails Pet Food Drive
To benefit the Milford Animal Shelter.

The Pet Food Bank services residents of Milford and Orange who find it difficult to feed their pets due to tough economic circumstances.

Collection to run from November 21 - December 15

Drop off locations:

- Pet Supplies Plus- Boston Post Rd., Orange
- Oronoque Kennels - 1 Krakow Street, Derby
- Orange Town Tree Lighting event on 12/7 at Mapleview Farm

DONATION NEEDS: dog food / small bites dog food / kitten food / wet cat food / cat litter (non-clumping) / paper towels / bleach & Lysol for cleaning / cash donations for spay, neuter, & other medical needs.

Salome's Stars

ARIES (March 21 to April 19) A long-sought workplace change could be happening soon. Consider reworking your ideas and preparing a presentation just in case. A personal relationship takes a new turn.

TAURUS (April 20 to May 20) Your persuasiveness doesn't really start to kick in until midweek. By then, you can count on having more supporters in your camp, including some you doubted would ever join you.

GEMINI (May 21 to June 20) Your workload is still high, but -- good news! -- you should start to see daylight by the week's end. Reserve the weekend for fun and games with friends and loved ones. You deserve it.

CANCER (June 21 to July 22) Regardless of how frustrating things are, keep that "Crab" under control. A cutting comment you might think is apt right now will leave others hurting for a long time to come.

LEO (July 23 to August 22) Be more sensitive to the emotions of loved ones who might feel left out while you're stalking that new opportunity. Be sure to make it up to them this weekend. A nice surprise could be waiting.

VIRGO (August 23 to September 22) The gregarious Virgo rarely has a problem making new friends. But repairing frayed relationships doesn't come easily. Still, if it's what you want to do, you'll find a way. Good luck.

LIBRA (September 23 to October 22) A misunderstanding with a partner or spouse needs to be worked out before it turns into something really nasty. Forget about your pride for now and make that first healing move.

SCORPIO (October 23 to November 21) Communication dominates the week. Work out any misunderstandings with co-workers. Also get back in touch with old friends and those family members you rarely see.

SAGITTARIUS (November 22 to December 21) As busy as your week is, make time for someone who feels shut out of your life. Your act of kindness could later prove to be more significant than you might have realized.

CAPRICORN (December 22 to January 19) Congratulations. Your busy workweek leads to some very satisfying results. Sports and sporting events are high on your weekend activities aspect. Enjoy them with family and friends.

AQUARIUS (January 20 to February 18) Your generosity of spirit reaches out once again to someone who needs reassurance. There might be problems, but keeping that line of communication open eventually pays off.

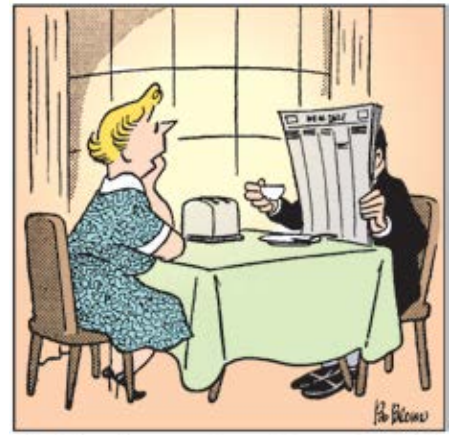
PISCES (February 19 to March 20) You are among the truth-seekers in the universe, so don't be surprised to find yourself caught up in a new pursuit of facts to counter what you believe is an insidious exercise in lying.

BORN THIS WEEK: You believe in loyalty and in keeping secrets. All things considered, you would probably make a perfect secret agent.

Just Like Cats & Dogs by Dave T. Phipps



LAFF - A - DAY



MISTER BREGER By Dave Breger



HUBERT - - By Dick Wingert



"Not Ed Klinker's little boy Bobby...! My, my, I remember when you were only so high..."

"We could have seen the same thing on television for \$239.95."

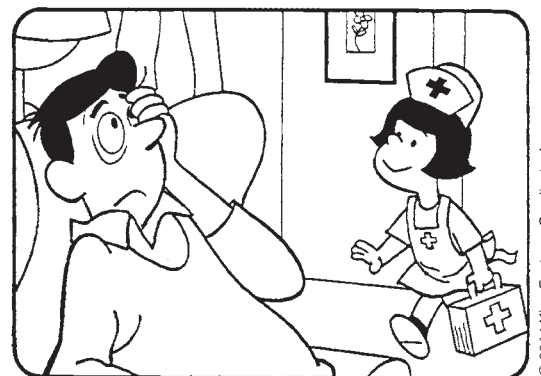
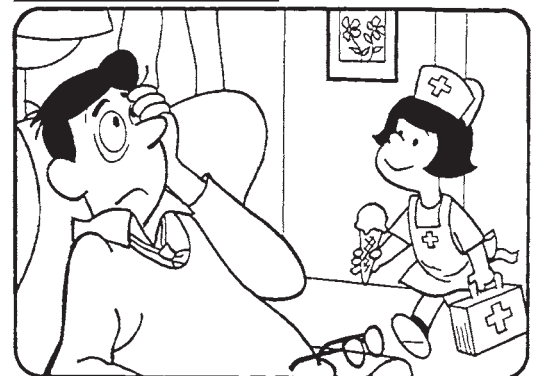
top ten

Under-21 Musicians

1. Lorde
2. 5 Seconds of Summer
3. Justin Bieber
4. Martin Garrix
5. Fifth Harmony
6. Austin Mahone
7. Earl Sweatshirt
8. Shawn Mendes
9. Becky G.
10. Chief Keef

Source: Billboard

HOCUS-FOCUS BY HENRY BOLTINOFF



CAN YOU TRUST YOUR EYES? There are at least six differences in drawing details between top and bottom panels. How quickly can you find them? Check answers with those below.

DIFFERENCES: 1. Tie is missing. 2. Sleeve is shorter. 3. Glasses are missing. 4. Picture is different. 5. Cone is missing. 6. Cap is different.

GLUTEN-FREE PETS?

DEAR PAW'S CORNER: It seems like everyone is hopping on the gluten-free bandwagon these days, including my friend, who has put her entire family on a gluten-free diet -- including her two dogs! Is such a strict diet healthy for pets? -- Clara in San Diego



DEAR CLARA: For dogs, as long as their nutritional needs are being met -- getting enough calories to maintain a healthy weight, along with enough protein and vital nutrients -- a gluten-free diet should not be harmful at all.

In fact, some premium dog foods (dry and wet) are being marketed as gluten-free. As to whether all of them are truly gluten-free, I can't say -- there is little or no regulation in how pet foods are labeled.

Is gluten-free truly helpful for dogs and cats? Again, no one can say for certain. But I've heard plenty of anecdotes from fellow pet owners -- their pets have increased energy, or their fur coats are shinier, and many even say that certain behavior problems have gone away on this type of diet.

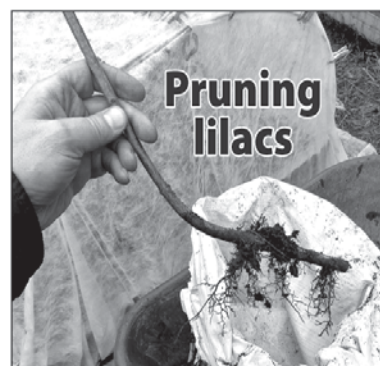
I've also heard the same from proponents of the raw food diet, the all-organic diet, and brewer's yeast supplements.

Regardless of the type of diet, it's always beneficial to pets when their owners take a deep interest in what they eat and where their food comes from. They monitor their pets more closely, and that attention can help reveal other causes of behavior or health issues beyond a dietary cause. They also tend to be in closer contact with their pets' veterinarians, meaning their pets get routine care, vaccinations and other health checks on schedule. That's great for pets' health overall.

So, don't worry about your neighbors' dogs. If they look healthy and happy, and well-cared for, the type of food they eat is not a problem.

Send your questions or comments to ask@pawscorner.com.

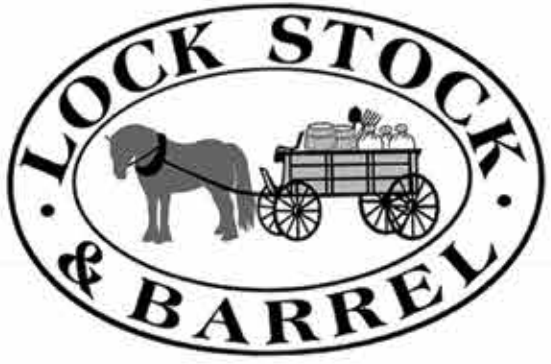
The Garden Bug



Too many new young stems ("suckers") growing from the roots of your lilac bush can compromise the vigor of the main plant. Remove them in the fall by digging down to the root and tearing them away from the roots, getting as much of each stem as possible. If they sprout up again, prune both the root and the young stem; they can grow a new tree. Plant elsewhere or give it to a friend.

- Brenda Weaver

Source: www.ehow.com, growinggreener.blogspot.com



What Can We Feed Or Fix For You?

Happy Thanksgiving

Come visit us for great holiday gift ideas for your fuzzy friends and family. Large selection of dog & cat food, treats, and toys.

- *Large Animal Feed
- *Hay
- *Straw
- *Shavings
- *Wood Stove Pellets
- *Rock salt
- *Kioti Tractors*
- Generators
- *Leaf Blowers
- *Snow Blowers
- *Log Splitters
- *Chainsaws



LOCK STOCK & BARREL
A FULL-LINE FARM SUPPLY STORE

770 Amity Road Bethany CT
203-393-0002



facebook.com/LSBFARMSUPPLY