

Woodbridge Town News



Woodbridge's Exclusive Newspaper
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PUBLISHED EVERY THREE WEEKS

VOL. 2 – ISSUE 15 CIRCULATION 4895 FRIDAY, NOVEMBER 22, 2013



Beecher Road School Principal Gina Prisco, First Selectman Ellen Scalett and District Supt. Dr. Guy Stella at the opening ceremony for Veterans Day at the school. The Beecher Owls marching band provided patriotic music.

STUDENTS LEARN ABOUT THE MEANING OF VETERANS DAY

By Bettina Thiel – Woodbridge Town News Correspondent

Veterans Day may be an opportunity for patriotic solidarity, but for the administrators, teachers and students at Beecher Road School, it is also a special day of learning about what it means to be a global citizen. In his remarks at an outdoor, school-wide assembly on Monday, November 11, School Superintendent Dr. Guy Stella told students that Veterans Day ceremonies are one way to pay tribute to those who serve in the nation's military. At the same time, Congress also attributed another meaning to it, that of perpetuating peace through good will and mutual understanding between nations, he said.

Some 15 veterans were visiting the school this year, starting with the opening exercises in front of the North entrance. The Beecher Owls under Bill Letsch's direction played the Star Spangled Banner and played Taps. First Selectman Ellen Scalett addressed the school community before she returned to Town Hall for the community ceremony at the veterans monument.

Dr. Stella said he was very proud of the students, who showed not only respect during the ceremony, but were interested to hear about the veterans' experiences later in their classrooms. Among the visitors was 94-year-old World War II veteran John Walsh, who participated in the Battle of Normandy. He brought his medals and other mementos of that era.

Inside the school, a Wall of Honor near the cafeteria entrance shows the names of Beecher School family members who have served, and each year the Wall is

See "Veterans Day" continued on Page 2

Happy Thanksgiving



Matt Westfal (at right) and Rob Leonard, partners of the New England Brewing Company on Selden Street, treat Sate Sen. Joseph Crisco to a tasting of their product. The company is expanding, thanks in part to a state grant.

LOCAL BREWERY POISED FOR GROWTH

By Bettina Thiel – Woodbridge Town News Correspondent

The New England Brewing Company is poised to expand its operation and the owners credit the state's stimulus programs with jumpstarting the expansion. Bill Pasternak, one of the partners, recently welcomed state Sen. Joseph Crisco to their facility on Selden Street, where Crisco could get a first-hand view of what state money allowed them to do. "I came here to see what they have done, and how our program has made life easier for them," Crisco said.

Thanks to the Small Business Express grant and a loan, the brewery has been able to dramatically increase its production, Pasternak said. For one thing, the grant allowed them to add three young, licensed brewers to their operation. In addition, they bought an automated canning line, which allows them to empty a keg

See "Brewery" continued on Page 3

Frank D'Ostilio	Regina Sauer	George Russo	Joe Cafasso, Jr	Dotti Tomat	Joseph Cafasso	Ross Cotjanle	Seth Hershman	Wendy Hall	Meg Turner	Prish Pierce	
				<p>From our family to yours - Happy Thanksgiving www.RLWD.com 203.787.7800 203.701.4848 New Haven Milford</p>							
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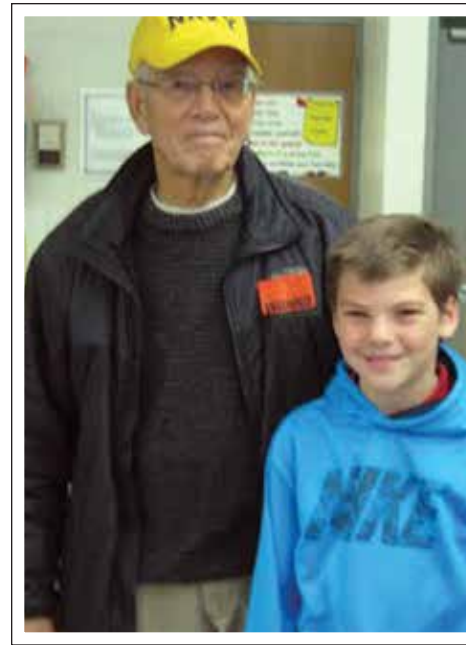
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Pictured left: Michael Coyne, a veteran of the Korean War, with his grandson, visited Naomi Reizfeld's fourth grade. Pictured right: World War II veteran John Walsh meets with children and parents at Beecher Road School. At right is Mrs. Chao, a physician at the West Haven VA Hospital.

“Veterans Day” continued from Page 1

growing with new names being added. The students were again invited to write thank-you notes to veterans, and Principal Gina Prisco delivered them to the West Haven Veterans Administration Hospital. Last year the VA had enough notes to add a hand-written note to every breakfast and lunch tray throughout the month of November, the VA said.

Fifth-grade teacher Katie McCollom read the book “America’s White Table” with her class. The book, by Margot Theis Raven, describes a family setting up a small table “where no one will ever sit” as a reminder of soldiers missing at the family table. McCollom set up a table in the Rotunda, with the symbolic items associated with this military tradition:

- the small table to show one soldier’s lonely battle against many;
- the white table cloth symbolizing a soldier’s pure heart when he answers his country’s call to duty;
- a slice of lemon and grains of salt on a plate to show a captive soldier’s bitter fate and the tears of families waiting for loved ones to return; and
- an empty chair at the table for the missing soldiers who are not here.

The table captivated the students, and some families said they replicated the symbol at home, Dr. Stella said.

Dr. Stella said in hindsight, the BOWA decision to keep students in school on Veterans Day was the right move. “We gave it some serious thought,” he said. “It is an important day.” The decision was made not out of necessity for another school day, he emphasized. Instead, the deciding factor was whether or not it would benefit students educationally. “We are getting better extending education beyond the classroom walls,” he said. “We need to be knocking down those walls.”

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New England Brewing Company will move to the Building behind Crest Automotive, where Crest administered emissions testing. A new grain silo outside the building is part of the expansion.



Thanks to a state grant, New England Brewing Company was able to buy an automatic canning machine and hire three new employees. State Senator Joe Crisco visited the brewery to highlight how state stimulus funds can facilitate growth on the local level.

“Brewery” continued from Page 1

in record time -3.5 to 4 hours - where before it would take them more than three days, Pasternak said.

The growth has led to a hopelessly cramped production floor at their Selden Street location, and the next step is a move across Amity Road, to a larger facility located on the grounds of Crest Automotive. The new location, which previously served as the Crest emissions testing center, offers 8,400 square feet, triple the size that they have now. A new grain silo outside the building is a harbinger of the new use.

The former emissions waiting area has been updated with a fresh coat of paint, wood paneling, and a bar counter, creating a welcoming center that will be used for tastings, Pasternak said. There is a viewing window in the wall that separates the production floor from the public area. The move is expected to happen before the end of the year, Pasternak said.

The company currently is delivering to stores and restaurants throughout the state. It is looking to develop new markets in New England, but for now the immediate challenge is to serve the market they already have, Pasternak said.



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FROM THE YOUTH SERVICES COORDINATOR

By Nancy Pfund



Seventh and Eighth graders have a howling good time at the Bethwood Bash Costume Party on October 18th.

Bethwood Bash Costume Party

Over 100 teens had a great time at the Bethwood Bash Costume Party for Woodbridge and Bethany 7th and 8th graders held on October 18th at the Woodbridge Center Gym. Many came in costume and all enjoyed the Donut Eating Contest, Costume Contest, and Mummy Wrap, along with the DJ, foosball, giant video games, and raffle. Woodbridge Youth Services and the Town of Bethany sponsor the Bethwood Bash events.

Why Rake Those Leaves? Teens Need Jobs in Woodbridge

The Woodbridge Job Bank has numerous teenagers who are experienced in leaf raking, babysitting, pet care, and other odd jobs. Many have completed the American Red Cross Babysitters Training Course. If you are a Woodbridge resident and would like more information, call Woodbridge Youth Services at 203-389-3429.

Job Bank for Woodbridge Residents

Woodbridge teens between the ages of 13 and 17 who are willing to work and want to earn money should contact Woodbridge Youth Services at 203-389-3429 to schedule an interview. Parental permission is required to join. Jobs may include raking, childcare, pet care, snow shoveling, housework, party help, and other odd jobs. We help teens find work with Woodbridge residents who need a hand around the home or office. It's a great way to build responsibility and gain work experience close to home.



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Left to right: USAF Retired Capt. Barry Joseph, Soloist Susan Antinozzi, Rev. Francois Xavier Eale of the Church of Our Lady of the Assumption, Senator Joseph Crisco, First Selectman Ellen Scalettar, Senator Gayle Slossberg.

FIRST SELECTMAN'S REMARKS AT THE VETERANS DAY CEREMONY

"Good morning.

Thank you to Barry Joseph, Susan Antinozzi, Rev. Francois and to all who participated and helped prepare today's ceremony. And a special shout-out to Joe Hellauer who couldn't be here, but made sure everything was organized for us.

This is the very important day when we take time to thank the men and women who have served in our armed forces. We all appreciate and are thankful for the safety and security they provide for us here in America and for people around the world.

It has been said that in the United States, the one office higher than president is a patriot - that is someone who loves and serves his or her country. There are many ways to be a patriot, and our veterans, by helping to secure freedom and justice for all people, are surely patriots.

As I'm sure you know, Veterans Day began almost 100 years ago as a day to celebrate the end of a war and the hope for lasting peace. We haven't achieved that lasting peace yet, but as I said to the boys and girls at Beecher Road School this morning, I have great confidence that when they all become the leaders and decision makers of our country, they will get us there.

I would like to take this opportunity to remind everyone that while we pause to honor our veterans today, we serve them every day here in Woodbridge. Mary Ellen LaRocca, our Human Services Director, is also the Town of Woodbridge Veterans' contact person. Mary Ellen is available to our veterans and veterans' family members who have questions about how to access services.

And finally, to paraphrase President Ronald Reagan, some people live an entire lifetime and wonder if they have ever made a difference in the world, but our veterans don't have that problem.

On behalf of the Town of Woodbridge, I extend our thanks and gratitude to our veterans and their families."

ARTS & LEISURE

PANTOCHINO SEEKING TEEN ACTORS FOR "GODSPELL JR."

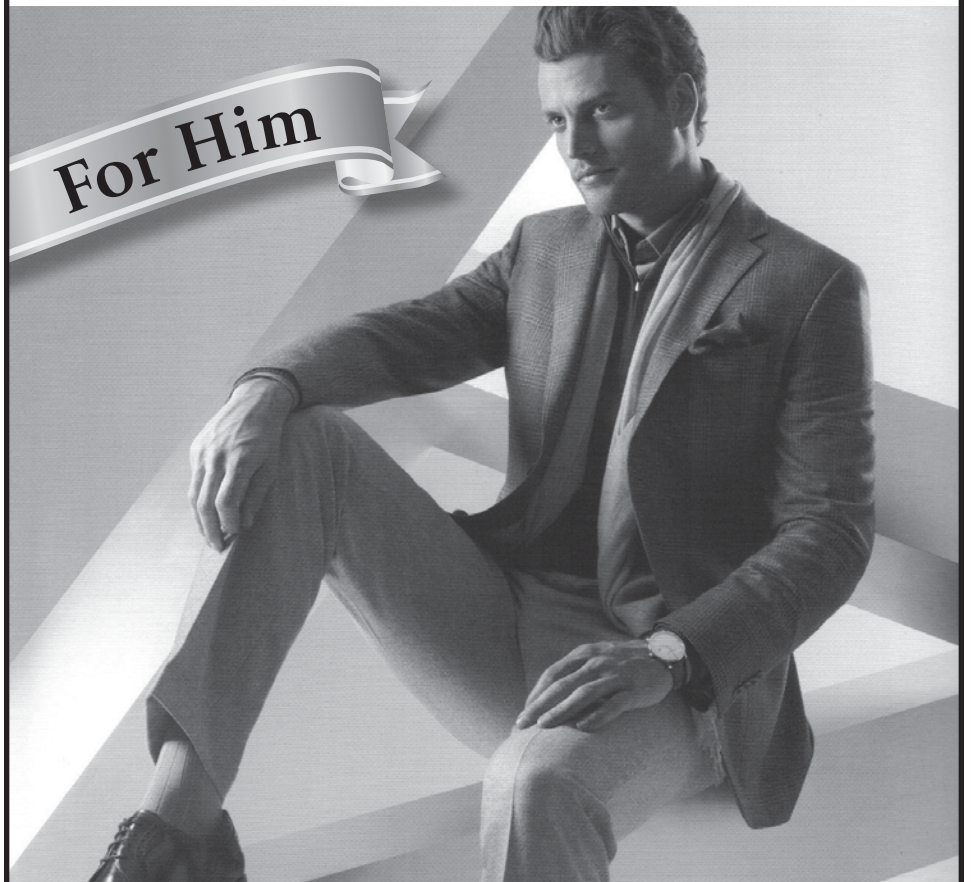
Award-winning Pantochino Productions Inc, a professional non-profit theatre company is currently accepting registration for its new Pantochino Teen Theatre production of "Godspell Jr." to be performed in late February 2014. Pantochino's Teen Theatre is designed to give young actors, age 13 and up, the opportunity to learn and work with theatre professionals in creating an entire, fully realized production. The production will be directed by Bert Bernardi and Jimmy Johansmeyer with musical direction by Justin Rugg.

"Godspell Jr." is a one-act version of the pop musical by Stephen Schwartz (Wicked, Pippin) which recounts the gospel according to St. Matthew. It features a sparkling score of songs including the top 40 hit "Day by Day". Rehearsals begin Saturday, December 28th and continue every Saturday through February and will be held at Pantochino Studios in the former St. Ann School in Milford. The two performances, February 28th and March 1st, will be held in the St. Ann Parish Hall.

"Every young actor who registers gets a part in the show," said Bernardi. "It's an up-lifting, spirited show with many roles," he added. Those interested must register before November 30th. More information and registration forms are available online at www.pantochino.com or call Pantochino at 203-937-6206.

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Below are the next three Woodbridge Town News issue dates and deadlines. Thank you for your submissions to Your Home Town Newspaper.

Table with 2 columns: Upcoming Issue Deadline, Upcoming Issue Dates. Rows include December 6th (Holiday Issue - December 13th), January 10th (January 17th), and January 31st (Valentine's Day Issue - February 7th).

Note: Copy due by 4:00p.m. Thank you.

FROM OUR READERS

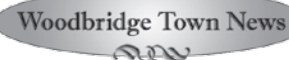
To the Editor

The Woodbridge Land Trust and the Woodbridge Conservation Commission wish to thank everyone who attended our 2013 Fall Walk on Saturday, November 2. This year we walked the hay fields and woods of Baldwin Farm at 902 Baldwin Road, Woodbridge. On a glorious fall afternoon, over 100 people gathered to appreciate the beauty of the land that the Woodbridge Plan of Conservation and Development identifies as a critical parcel worthy of preservation.

Beginning at Baldwin Road, and led by local historian and longtime Baldwin Road resident Edie Lockyer, Naturalist Louisa Cunningham and Jim Urbano, a proponent of open space preservation and former member of the Woodbridge Conservation Commission, we walked north across iconic New England rolling fields before entering the woods. In the woods we viewed an old cabin site and the high point of the property, Baldwin Rock. The 85 acre farm is home to wildlife, wetlands and the Two Mile Brook. Native American artifacts also have been found on the property.

Again, thanks to all who attended this enjoyable outing to share their appreciation for the land.

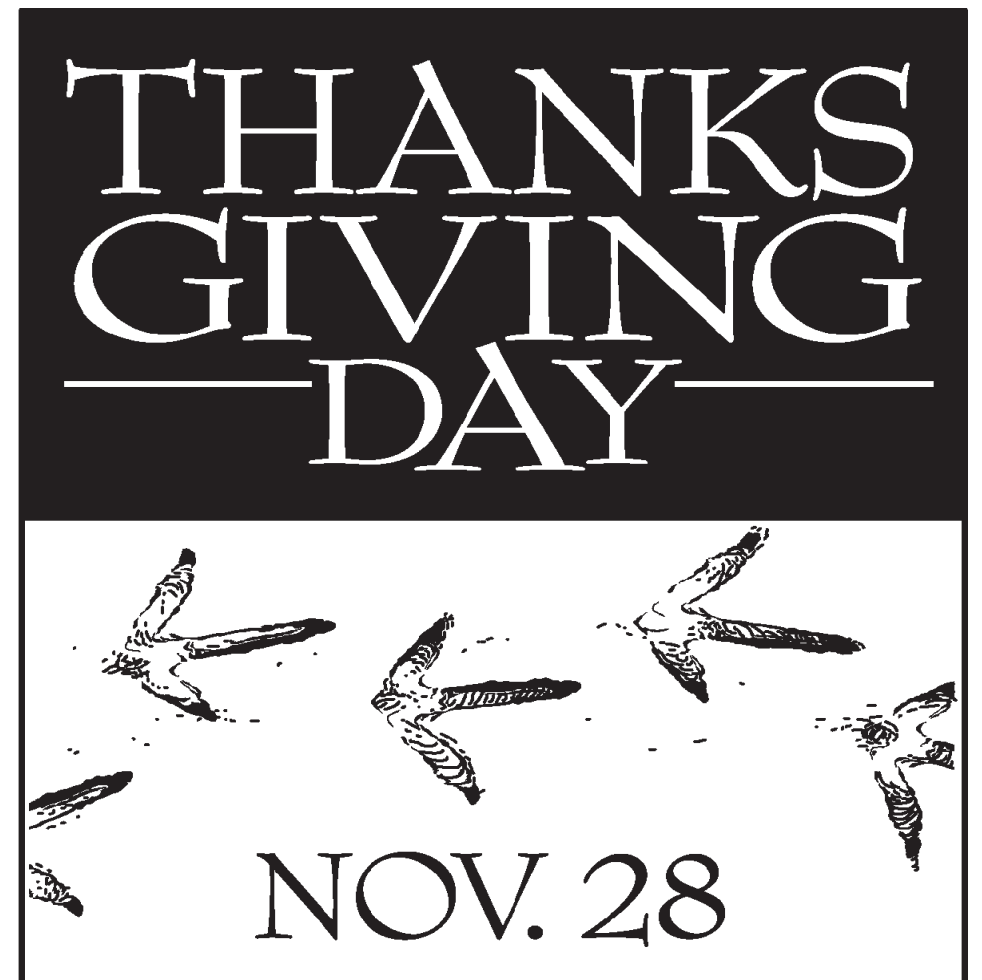
Chris Keevil, President, Woodbridge Land Trust
Jason Morrill, Chairman, Woodbridge Conservation Commission



WTN Letters Policy

Submit your letters for our "From Our Readers" section to: Woodbridge Town News, P.O. Box 1126, Orange, CT 06477 or email: letters@woodbridgetownnews.com.

Please limit letters to 500 words and include a daytime phone number in case we have any questions. Letters must be exclusive to the Woodbridge Town News for publication. We reserve the right to reject any letter.





JEWISH HIGH SCHOOL OF CONNECTICUT

First School in CT to Implement the CIJE-Tech High School Engineering Program

The Jewish High School of Connecticut (JHSC) is the first school in Connecticut that will offer the groundbreaking CIJE-Tech Engineering Program for the 2013-2014 school year, provided by the Center for Initiatives in Jewish Education. The CIJE-Tech High School Engineering Program is an innovative approach to STEM education, providing teacher training, on-going teacher mentoring as well as all science laboratory equipment and materials. Focused on scientific and biomedical engineering, CIJE-Tech exposes students to a diverse range of science and technical knowledge areas while helping develop multidisciplinary and abstract thinking as well as leadership and teamwork skills.

Developed in Israel and optimized in 2011 for the American student, the two-year curriculum is now in 27 schools nationwide. "CIJE-Tech will prepare our students to be 21st century learners, while inspiring them to explore a career in STEM," said Dr. Yonatan Yussman, JHSC head of school. "I love how the students have to problem solve, think critically, apply information, explore and fix their own mistakes as well as manage complex group projects, all which is needed for a bright future."

JHSC is an accredited, independent, pluralistic Jewish high school that offers a rigorous, comprehensive curricular and co-curricular program of general and Jewish studies, athletics and the arts, in an open environment that encourages spirited discussion and cultivates critical thinking. To fulfill the high standards of Jewish education and to prepare students thoroughly for college and beyond, JHSC and its faculty integrate well-established educational principles with progressive techniques and methods found in contemporary general and Jewish education. "Our hope is that with our established track-record of success, CIJE's investment in The Jewish High School Connecticut will be matched by local funders and philanthropists," explains Jason Cury, president of CIJE. "We know there are many who believe, as we do, in the urgent need to provide students with a 21st century education that imparts them with the critical thinking skills necessary for success in today's global economy."

The Center for Initiatives in Jewish Education (CIJE) strengthens and enriches education in U.S. Jewish schools across the denominational spectrum, educating a generation for innovation, instilling critical thinking, creativity and problem solving skills. CIJE currently provides programs at 148 beneficiary schools nationwide including advanced technology, engaging curricula, teacher training and vital support in Science, Technology, Engineering and Math (STEM) subjects. The organization offers a number of innovative programs including CIJE-Tech High School Engineering Program published by Israel Sci-Tech; SET3 science, engineering, teamwork, technology & training enrichment programs; and Excellence 2000 (E2K) developed with Israel Center for Excellence in Education (ICEE). Since 2001, CIJE has built 100 computer laboratories, 25 state-of-the-art science laboratories and donated more than 500 smart boards. Headquartered in New York, CIJE was established as an independent 501(c)(3) charitable organization in 2008. For more information, please visit www.thecije.org.

SACRED HEART ACADEMY OFFERS DECEMBER ENTRANCE EXAM

For those who missed the November testing, Sacred Heart Academy will offer an Entrance Exam on Thursday, December 5 at the Academy, 265 Benham Street, Hamden. We ask students to arrive at 8:45 a.m. Testing concludes at Noon. Students who plan to take the test must submit an application for admission with \$60 fee and contact Mrs. Elaine Lambole, Director of Admissions at 203-288-2309, x307. Visit the website at www.sacredheart-hamden.org to apply online or download and print the application for admission.



Sacred Heart Academy

Sacred Heart Academy, an independent college preparatory school founded in 1946 by the Apostles of the Sacred Heart of Jesus, successfully prepares young women in grades 9 – 12 for learning, service, and achievement in a global society. There are currently 500 students hailing from five counties in Connecticut - New Haven, Fairfield, Middlesex, Hartford, and New London counties.

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UPCOMING PROGRAMS AT THE WOODBIDGE TOWN LIBRARY

Book Discussion with Mark Schenker

Tuesday, December 3 at 7pm - Woodbridge Town Library Meeting Room

Join Mark Schenker for the final part of The Booker Prize by the Book, four part book discussion series. At this session he will discuss The Sense of an Ending by Julian Barnes. Registration Required. Please call 203-389-3433 or email kward@woodbridget.org. Books available for checkout at the circulation desk.

I-Spy Digital Collage Class

Saturday, December 7 from 1-4pm - Woodbridge Town Library Children's Department

Photographer Craig Norton gives students a sneak peek into the studio behind the scenes of an I-Spy photo shoot. Registration Required. For more information, please stop by the Children's Desk, call us at 203.389.3439, or email childrensprogram@lioninc.org.

Eager Reader Books Group

Grades K-2 - Monday, December 9 at 6:30pm - Woodbridge Town Library Children's Department

Our December book is The Legend of the Indian Paintbrush! Little Gopher follows his destiny of becoming an artist for his people and eventually is able to bring the colors of the sunset down to earth in this story by Tomie dePaola. Registration Required. Please stop by the Children's Desk, call 203.389.3439, or email childrensprogram@lioninc.org.

Holiday Hors D'oeuvres with Robin Glowa

Tuesday, December 10 at 7pm - Woodbridge Town Library Meeting Room

'Tis the season to party and you will love sampling luscious, healthy hors d'oeuvre recipes prepared by Robin Glowa. Perfect for entertaining at home, or bringing to any holiday gathering. These delectable, yet nutritious recipes will make you the hit of any holiday party! Registration required, please call 203-389-3466 to register or email kward@woodbridget.org.

WANTED!

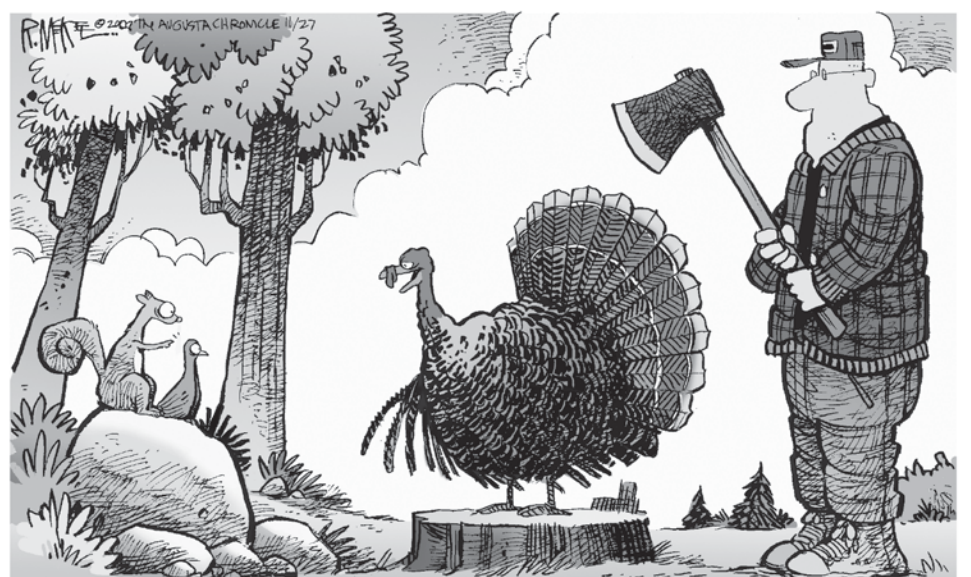
Instructors to Teach Special Interest Courses for the Amity Adult & Continuing Education Spring Program

Do you have a special talent or hobby you would like to share with the community? In our ongoing quest to bring exciting new classes to our program, Amity Adult & Continuing Education is looking for instructors to bring their talents and interests to our Spring 2014 session.

Thanks to you, the community, we've had a great response to our online survey, and we're listening! You have given us great suggestions on some new classes you would like to see us offer, and we're doing our best to bring them to our program.

Do you sew, knit, crochet, or have a flair for interior decorating? Do you upholster your own chairs, do furniture repair and refinishing, or small home repairs? Are you great at tap dancing, basket weaving, playing an instrument, or want to teach others how to make those beautiful arts and crafts that everyone compliments you on? We're interested! Call Karen Wade at 203-392-2005 for more information.

It's not too late to take part in our survey. Just log onto www.amityregion5.org and click on the Adult Ed tab.



"I KNOW IT'S BEEN A TOUGH YEAR and TIMES HAVE BEEN HARD, BUT THERE'S SO MUCH TO BE THANKFUL FOR.... AFTER ALL, WE STILL HAVE OUR HEALTH!"

SPECIAL TO THE WOODBRIDGE TOWN NEWS

The Flats

Some Memories of Woodbridge's West River

Compiled by Simon Donato

PART VII



View of Mettler Street taken from Warner School playground 1948

Mettler Street

By 1910, Amity Road was still unpaved as it passed through the Flats. At that time it was shown as John Street on a plot map dated from that year. Mettler and Landin Streets appear on the same plot map and were also unpaved.

Mettler Street was named after Christine Mettler, who lived on the corner of Amity Road (John Street) and her namesake street in 1910. Although she owned several lots on Mettler Street, she purchased eight more parcels in 1912 from Minnie Goodrich of Norwalk with the stipulation that "no liquor sales be allowed on said property, and no houses to be built costing less than one thousand dollars". She purchased most of the remaining parcels from Charles A. Warner in 1918. When the town of Woodbridge paved the streets in the area in the early 1920's, Mettler Street became a town road and was officially named.

Landin Street

In July, 1911, a plot map entitled "First Section Valley View-Woodbridge, Ct." was prepared by W.J. Wood for George and Estella Landin for whom Landin Street was already named. The plot mapping encompassed Selden Street and Hazel Terrace along with the property where the Amity Bowling Lanes and People's United Bank now stand. Five parcels were proposed for dwellings on the up slopes of Selden Street and Hazel Terrace providing a "valley view."

At that time, Selden Street could be accessed from Amity Road via Book Street which was directly across from Landin Street and was a steep hill. Atop the hill, a sharp left bend would bring the traveler south to June Street.

Selden Street and Hazel Terrace were also unpaved back then and another plot map dated August, 1912 names both as "private ways". When they were paved along with Mettler and Landin Streets, they were officially named and became town maintained roads. Book Street has since vanished.

That same plot map from 1912 shows a curious jag on Landin Street, occurring about two hundred feet from its intersection with Litchfield Turnpike. At that point it was necessary to turn left (North) for about forty feet and then turn

right (East) through what is now the Assumption Church parking lot to continue to Litchfield Turnpike. When Landin Street was finally made straight in the 1940's, the elbow shaped old road still remained as a by-pass until 1962. At that time the Assumption Church purchased the property for the priest's house and a parking area, and the by-pass was paved over. I remember it as being lined with Choke Cherry trees which would stain the road surface purple in August and September.

Stone Walls

Most of the stone walls we see throughout Woodbridge today were built between the late 1700s and early 1800s. Curiously, there are no stone walls to be found in the Flats! Perhaps that is because the stones which are large enough to create stone walls are buried under eight to ten feet of glacial deposited gravel and smaller stones. Those smaller stones, which made it to the surface through frost heaving, were loosely piled along property lines by the first immigrant truck gardeners after 1910. Those piles created borders between the farms. Some sections of these piles are still visible as low, tree covered berm-like features.

One of these can be found on the east side of Coachmans Square's parking lot, running north, and another along the west side of Litchfield Turnpike extending about five hundred feet from the corner of Bradley Road, again heading north. Within these few remaining rows of piled stone,

reside most of the woodchuck population of the Flats.

D'Andrea's Drive-In

D'Andrea's three acre drive-in was built in 1953 to accommodate parkway travelers (and locals). It included a motel with the connected units arranged in a semicircle, a diner-like restaurant with booths and counter stools and a Shell gas station at the entry on Litchfield Turnpike. The D'Andrea brothers, Al and Gene, had a ninety-nine year lease on the property from Frank Perrotti. There was a large parking area between the restaurant and the gas station which served as the local teen center on Friday and Saturday nights.



Dear Readers

Thank you for your interest and feedback on the installments of "The Flats" over the past six months. It has been an enjoyable experience to research and present these memories. It will be published in its entirety sometime after the New Year, and will include several vintage photos of Woodbridge's West River Valley. Special thanks to Woodbridge Town News for publishing these articles and Suzanne Principe for her assistance on the computer.

Happy Trails,
Simon Donato

LONG-AWAITED MERRITT AVENUE BRIDGE REPLACEMENT BEGINS

First Selectman Ellen Scalettar signed the contract with Black & Warner Construction Co., Inc. for the replacement of the Merritt Avenue Bridge. The Federal and State funded project is expected to be completed in the fall of 2014. Work begins this fall. During construction, including the winter hiatus, the bridge will be closed with traffic rerouted through Manila Avenue to South Bradley and Bradley Roads. Informational meetings have been held with school officials, bus drivers, police and emergency medical personnel and the Public Works Department. Detours will be clearly marked.



Ellen Scalettar

Ms. Scalettar acknowledged that the closing of the Merritt Avenue Bridge imposes a hardship to the residents, but the closing is necessary to complete the replacement as quickly as possible. Residents will also see utility crews in the area, moving electric line and rerouting the water service. Work will be done with as little impact to the neighborhoods as possible.



(L to R) State Rep. Themis Klarides, State Rep. Al Adinolfi, MADD Legislative Liaison Skip Church, State Sen. Leonard Fasano and State Rep. Gerald Fox.

REP. KLARIDES RECEIVES MADD PUBLIC POLICY AWARD

State Rep. Themis Klarides (R-114) was honored for her commitment to safe driving policies by Mothers Against Drunk Driving (MADD), which presented her with the Public Policy Award during its annual Community Champions dinner on November 13. Rep. Klarides was applauded for introducing a bill earlier this year to strengthen drunken driving penalties when there is a child in the vehicle. The Public Policy Award is presented to individuals who have dedicated their time to promoting safe and sober driving through effective legislation.

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The integration will result in certain changes in how patients or their insurance company will be billed for our services. Patients will receive two separate bills: one bill for professional services and another for technical services. We have financial coordinators available to answer any billing questions.

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Pictured Smiling at the Pond Lily Dam is Frank DeLeo, First Selectman Ellen Scalettar, and Buddy DeGennaro.

POND LILY DAM TO BE REMOVED

Congresswoman Rosa DeLauro recently announced the award of \$660,000 for the removal of the Pond Lily Dam. Congresswoman DeLauro credited the leadership of Woodbridge residents Frank DeLeo and Buddy DeGennaro with bringing the issue to her attention and helping to form the strong coalition that successfully secured the grant from the federal Department of Fish and Wildlife.

For Woodbridge, removal of the dam is a critical step in mitigating the recurring flooding problems in the Village District that affect residences and businesses alike. Congresswoman DeLauro and Woodbridge First Selectman Ellen Scalettar noted that the grant is a testament to the determination of many people and groups, and the extraordinary degree of cooperation that has been the hallmark of this effort. Scalettar particularly praised “the leadership of Ed Sheehy and the other individuals who have been dogged in their determination to find a solution to the flooding problem. As a result of the extraordinary effort of the West River Restoration and Flood Mitigation Committee, a group of Woodbridge volunteers led by Frank DeLeo and Buddy DeGennaro and also including Dorothy Martino, Michael Walter, Stephanie Ciarleglio, Angelina Fappiano, Bill Fox and Chris Dickerson, we have taken a huge step toward mitigating the devastating effects of the flooding. The environmental benefits to the community are a significant part of the project as well.”

The larger coalition and participating governmental entities include:

- at the federal level, Congresswoman DeLauro’s Office, the Army Corps of Engineers and the Departments of Fish and Wildlife and of the Interior;
- at the state level, Senators Crisco and Harp;
- at the municipal level, the Town of Woodbridge and the City of New Haven;
- at the private, not for-profit-level, CT Fund for the Environment, Save the Sound, the New Haven Land Trust and American Rivers and Fisheries.

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AN OUNCE OF PREVENTION: 12 REASONS TO BE THANKFUL YOU BURNED THE BIRD!

1. Salmonella won't be a concern.
2. Everyone will think your turkey is Cajun-blackened.
3. Uninvited guests will think twice next year.
4. Your cheese broccoli lima bean casserole will gain newfound appreciation.
5. Pets won't pester you for your scraps.
6. No one will overeat.
7. The smoke alarm was due for a test.
8. Carving the bird will provide a good cardiovascular workout.
9. You'll get to dessert quicker.
10. After dinner, the guys can take the bird to play football.
11. The less turkey "Uncle John" eats, the less likely he will be to walk around with his pants unbuttoned.
12. You won't have to face three weeks of turkey sandwiches.

The above reasons are funny, but foodborne illness is not! Food borne illness is real and can occur in any home gathering if food is not properly cooked and handled. For some, it can be a minor inconvenience with mild symptoms, but for others, particularly the very young, the elderly, and those who are immunocompromised, it can be a very serious illness requiring hospitalization. The USDA (United States Department of Agriculture) meat and poultry hotline gets especially busy during this time period. This column reports some of the questions that have been asked. Perhaps the responses will answer some of those questions that you have always wanted to know but were embarrassed to ask!

Question: "I discovered I cooked the turkey with the package of giblets still inside. Are the turkey and giblets safe to eat?" If giblets were left in the cavity during

roasting, even though this is not recommended, the turkey and giblets are probably safe to use. However, if the packaging containing the giblets has changed shape or melted in any way during cooking, do not use the giblets or the turkey because harmful chemicals from the packaging may have penetrated the surrounding meat.

Question: "How long can you keep leftover cooked turkey or chicken in the refrigerator?" It is recommended using cooked turkey within 3 to 4 days. Refrigeration slows but does not stop bacterial growth. There are two completely different families of bacteria: pathogenic bacteria, the kind that cause foodborne illness, and spoilage bacteria, the kind of bacteria that cause foods to deteriorate and develop unpleasant odors, tastes, and textures. Spoilage bacteria can grow at low temperatures, such as in the refrigerator. Some bacteria such as *Listeria monocytogenes* thrive at cold temperatures, and if present, will grow in the refrigerator and could cause illness.

Question: "Can bacteria grow in the refrigerator?" There are two different families of bacteria: pathogenic bacteria, the kind that cause foodborne illness, and spoilage bacteria, the kind of bacteria that cause foods to deteriorate and develop unpleasant odors, tastes, and textures. Pathogenic bacteria can grow rapidly in the "Danger Zone," the temperature range between 40°F and 140°F. Because they do not generally affect the taste, smell, or appearance of a food, one cannot tell that a pathogen is present. Spoilage bacteria can grow at cold temperatures, such as in the

refrigerator. Eventually they cause food to develop off or bad tastes and smells. Most people would not choose to eat spoiled food, but if they did, they probably would not get sick. However, some bacteria such as *Listeria monocytogenes* thrive at cold temperatures and, if present, will grow in the refrigerator and could cause illness.

Question: "I purchased a fresh stuffed turkey from my local grocery store in the deli department. One of my guests said it's not safe to eat. Is she right?" Yes, she's right. USDA recommends discarding it or returning the product to the store where purchased. You should only buy pre-stuffed turkeys that display the USDA or State mark of inspection on the packaging.

Question: "Is butter safe at room temperature?" The U.S. Food and Drug Administration (FDA) inspects foods like butter. Butter and margarine are safe at room temperature. However, if butter is left out at room temperature for several days, the flavor can turn rancid so it's best to leave out whatever you can use within a day or two. Margarine, especially soft tub margarines, can separate into oil or water and solids when not kept refrigerated although it will be safe.

Question: "I put a 20lb turkey in a 200 degree oven before I went to bed last night and the pop-up time says it's already done at 7:30 this morning. We are not eating until 3:00 p.m. What should I do?" Overnight cooking of meat at a low temperature isn't a safe method so we don't recommend eating this turkey. Secondly, holding

a properly cooked turkey for this long at a safe internal temperature of 140 degrees F or above for such a long time as this will dry it out and affect the quality of the meat. If this turkey had been cooked properly and was safe to eat, the best way to hold it for all those hours would be to carve it and refrigerate it in covered shallow containers. It could then be served cold or reheated to an internal temperature of 165 degrees F.

Question: "I baked my pumpkin pies a few days ago and they have been sitting on the counter. Are they ok to eat?" Foods made with eggs and milk must first be safely baked to a minimum internal temperature of 160 degrees F. Then they should be cooled and then refrigerated. You would be taking a chance if you eat these pies.

Question: "I roasted my holiday turkey yesterday and put it in the refrigerator. It isn't stuffed so I thought it was safe. Then my daughter said I shouldn't have refrigerated it whole. Is it safe to eat today?" We do not recommend you refrigerate a cooked turkey whole — it could take too long to cool down to a safe temperature. For optimal safety, cut whole or large pieces of poultry into small pieces. It's okay to leave the drumsticks, thighs and wings intact, if you prefer. Refrigerate in covered shallow containers within 2 hours of cooking. This is very important to ensure rapid, even cooling and quick reheating.

Don't take chances with your family and guests. Follow food safety rules. For more questions and answers like those above and a packet on food safety, District residents (Bethany, Hamden, North Haven and Woodbridge) can call QVHD, 203 248-4528 or request online, www.qvhd.org You can also contact the USDA Meat and Poultry line directly at 1-888-674-6854. It is open on Thanksgiving from 8:00 a.m. to 2:00 p.m. Or email them at mpholine.fsis@usda.gov. The website is USDA Meat and Poultry Hotline.



BOY SCOUT TROOP 63 ANNUAL CHRISTMAS TREE SALE

Boy Scout Troop 63 is holding its annual Christmas Tree Sale. For over 35 years Troop 63 has been selling trees, wreaths, kissing balls and baskets. Located behind the old firehouse in Woodbridge on Center Road, the troop will sell fresh balsam pine trees beginning the Friday after Thanksgiving. The sale runs weekdays from 3-7pm and Saturdays and Sundays from 9am-7pm until Christmas. Various sizes and prices are available to meet every need and budget. Free local delivery is available.

Boy Scout Troop 63, founded in 1963, is one of the oldest Troops in the Connecticut Yankee Council. Our objective is to bring scouting to boys in the Woodbridge, Bethany and surrounding communities. Known as the "outdoor troop" we are active all year. Our outings include all types of camping, hiking, backpacking, skiing, canoe trips, white water rafting as well as cultural events such as visits to historical parks and monuments and much more. We also plan and participate in community service projects each year.

Join the adventure. Join the fun and see what scouting is all about. Meetings are held at Our Lady of the Assumption "Mother" Church located at 1700 Litchfield Turnpike (Rte. 69) in Woodbridge on Monday nights from 7:00 – 8:30 and all boys ages 10 and up or who have completed the fifth grade along with their parents, are encouraged to visit.

For more information visit our web site at <http://www.troop963.org> or email Troop63CT@gmail.com.

ACES VILLAGE SCHOOL HOLIDAY FAIR

Holiday Fair: Friday, December 6, 2013 at ACES Village School, 31 Temple Street, North Haven, CT from 5pm to 8:30pm. Festivities include food, crafts, raffles, and lots of fun for the whole family. All the proceeds will benefit special needs children within the ACES schools. We are also offering table rentals to crafters/vendors. If interested in reserving a table, please call Monica Bish at 203-265-2233. Limited space is available on a first come, first served basis. Rental is \$30 for covered table space.

ZUMBA GOLD CLASS

The Woodbridge Senior Center is offering Zumba Gold Classes as follows: December 6, 13. Call to register: 203-389-3430. The class runs weekly at 9:00am on Fridays and will meet in the cafeteria. All are welcome! Cost for the 6 week class is \$30.00. Payment is due when you register. Zumba Gold was designed for the active older adult, the true beginner, and/or people who are not used to exercising, or people who may be limited physically. It is done at a low intensity. Zumba Gold classes strive to improve our balance, strength, flexibility and most importantly, the heart.

Everyone is welcome at the Woodbridge Senior Center. You do not have to be a Woodbridge resident.

TOWN DEPARTMENTS & AGENCIES

WARM HEARTS, WARM HOMES CAMPAIGN

Woodbridge Human Services has kicked off a Warm Hearts, Warm Homes Campaign to seek donations for the Town Fuel/Food Fund. The drive will run through December 31st. We are anticipating a need for \$5,000.00 for our Fuel Bank and \$2,000.00 for our Emergency Food Fund. These funds provide Woodbridge residents with emergency assistance with their primary heating source and emergency food.

"We are expecting an increase in the number of families applying for emergency fuel and food assistance this winter

due to the decline in the economy", stated Mary Ellen LaRocca, Director of Human Services. Since Human Services is anticipating an increased need for fuel and food this year, they are inviting schools, church groups and civic organizations to consider sponsoring fundraisers to join their mission to keep our residents warm and safe this winter season.

Checks should be made out to the Town of Woodbridge Fuel/Food Fund and mailed to Woodbridge Human Services Department, 11 Meetinghouse Lane, Woodbridge, CT 06525.

TOWN ASSESSOR RECEIVES DISTINGUISHED SERVICE AWARD

Betsy Quist, Woodbridge Town Assessor, received the 2013 Distinguished Service Award from the Connecticut Association of Assessing Officers for her outstanding service and dedication to the Connecticut Association of Assessing Officers and the Assessment Profession.



Betsy Quist

When informed of the award, First Selectman Ellen Scalettar congratulated her on the well deserved recognition by her colleagues and noted that this award to Ms. Quist and the many awards received by Anthony Genovese, Director of Administration and Finance and others on staff, underscores the quality and dedication of our Town employees.

TEAM INC. TOYS 4 KIDS PROGRAM

Woodbridge Human Services is working collaboratively with TEAM Inc. to collect toys for children in need for the Christmas holiday. TEAM Inc. Toys 4 Kids Program provides new toys for children from birth through age 12 and will include serving Woodbridge children. New toys unwrapped can be left in the collection box at Woodbridge Public Library, 10 Newton Road, Woodbridge from Thursday, November 7th through Wednesday, December 11th. TEAM Inc. is a Community Action Agency that serves 10 towns including Woodbridge.

Woodbridge Human Services is also seeking sponsors to participate in the Adopt-A-Family Program. This program provides holiday food baskets for the December holidays to Woodbridge families in need. "At this time, there are several families and seniors that need to be adopted," stated Mary Ellen LaRocca, Director of Human Services. Distribution of holiday baskets will take place on Wednesday, December 18th. Anyone interested in sponsoring a family should contact Woodbridge Human Services at 203-389-3429.

TOWN OF WOODBRIDGE MEETINGS FOR THE MONTH OF DECEMBER 2013

(Subject to Change, Check with Town Clerk's Office, 203-389-3422)



Town Hall

12/2	Human Services Commission 7:00pm Recreation Commission..... 7:00pm Town Plan & Zoning Commission 7:30pm	The Center Beecher South Town Hall
12/3	CUPOP 7:00pm	Town Hall
12/4	Police Commission 6:00pm	Police Dept.
12/9	Library Commission 6:00pm Zoning Board of Appeals 9:00am	Library Town Hall
12/10	Government Access TV Commission 7:15pm	Town Hall
12/11	Board of Selectmen 6:00pm	Town Hall
12/12	Economic Development Commission 7:00pm	Town Hall
12/16	Fire Commission 6:00pm	Fire Station
12/17	EMS Commission..... 7:00pm	Town Hall
12/18	Inland/Wetlands Agency 7:30pm	Town Hall
12/19	Board of Finance 6:00pm Conservation Commission..... 7:00pm	Town Hall Town Hall

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When Should Someone Get Early Treatment For Spinal Care?

How soon should someone seek help for spinal pain or injury? This is a question we get often in the clinic, and the answer varies by condition. Statistics show that most of us will experience at least one episode of low back or neck pain during our lifetime (studies suggest this happening approximately 75% of time after age of 25). Approximately 52% of the patient visits seen at our facilities are treated for neck and/or low back pain. As always, each patient's condition is unique but for the purposes of this article, I will discuss some general principles that should help in the decision process.



Michael Dow

The first thing to consider is the inflammatory response. Assuming there is a start date of the injury or episode, there is a chemical inflammatory process that occurs; consisting of three days. During the acute first phase, it is advisable to rest, ice and gentle non-aggressive stretching. In our office, we would typically administer modalities such as ultrasound and electrical stimulation to address inflammation, as well as manual therapy to break spasm and decrease pain.

After day 3, there is a middle phase of inflammation that lasts from day 4 to day 20. During this stage, lymphocyte cells travel to the area of injury and begin the healing process by laying down new scar tissue. This is the time where stretching of muscle tissue and joint mobilization techniques are most vital and beneficial to speed up recovery. Typically, some of the pain begins to decrease from the first phase, however there is range of motion limitations and alignment issues. This is also the time when strategic core, trunk, and lower extremity exercises should be initiated. Even when the pain is decreased, the affected tissues are not ready for normal activities and the exercises should be somewhat conservative in nature.

The final phase of the inflammatory response begins around day 21 and can last until 4-6 weeks from the initial injury. During this phase, the above mentioned scar tissue fibers begin to mature. It is important that normal range of motion has been restored by this time to eliminate the scar maturation leading to loss of mobility. Typically the pain is significantly lessened and intermittent in nature. During this phase, we are guiding patients with progressive strengthening exercises, as well as advancing their home exercise programs towards full restoration of pre-injury levels.

The above mentioned phases are a guideline for healing process, but does not account for any re-injury that occurs or for older chronic injuries. Those situations may still warrant treatment, but often the decision making process is modified by pain level and the extent of loss of joint mobility and muscle flexibility – both of which may require more aggressive measures.

So what now? It is evident that early treatment certainly helps speed up the healing process physiologically; and there is value of knowing which exercises should or should not be done to facilitate recovery, regardless of acute or chronic injury. In addition to self assessment of needs, patients need access to service. One of the toughest challenges in the medical field is to seek help in a timely fashion, as there can be several days to a few weeks to see a specialist. Our office has been very proactive in allowing same day appointments for new injuries to assist in early management and speed up recovery by addressing the inflammatory phases acutely.

As of October 1, 2006, state legislature passed the direct access bill for physical therapy in Connecticut. This law permits patients to seek physical therapy without the need to obtain a prescription first. This allows patients to obtain physical therapy immediately without having to see their physician or orthopedist first. This law is not intended to defer patients from seeking medical attention for orthopedic care, but rather allows immediate effective care first. Once therapy has begun, our office contacts physicians and details the plan of care. You always have the option of seeing your physician before or during the physical therapy regimen. Insurance carriers, including Medicare, fully support this change and direct access does not negatively affect reimbursement.

This change in state law applies for both exacerbations of older injuries as well as new orthopedic conditions. Upon evaluation, if an immediate need is found to refer patients to their family physician and/or orthopedist, the physical therapist will direct appropriately.

Although not required to begin physical therapy, if you have had relevant diagnostic imaging prior to your evaluation, it would be useful for you to bring in the radiologist reports. Conversely, if after beginning physical therapy and clinically necessary, we may suggest to your physician that you have these tests or refer you to an appropriate specialist.

Michael Dow MSPT received his degree from Sacred Heart University in Fairfield CT. In addition to being the founder of Amity Physical Therapy (locations in Woodbridge and Hamden), he has been recognized by the US Dept. of Health and Human Services for his work with the National Multiple Sclerosis Society. He works with patients of all ages, pediatrics to geriatrics, as well as local high school and college athletes. Michael can be reached at (203) 389-4593 or www.amitypt.com.

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BARK BYTES...

By Vicki & Richard Horowitz

Tips For Safe Travels With Your Dog

When traveling to visit family and friends for the holidays, more and more pet owners are taking Fido and Bowser along too. Whether you travel by car, truck, plane or train, help ensure a safe and pleasant journey by taking these safety precautions.

General Travel Tips

- No matter what your mode of travel, the single best safe practice you can employ to keep your dog safe during the journey is to keep him restrained.
- Affix current identification to your dog. Even better, have him microchipped, which provides a permanent form of ID to help ensure he is returned to you if he becomes lost.
- Carry a recent photograph of your dog to make it easier for others to help you look for him if he gets lost during the trip.
- If your dog is prone to anxiety or motion sickness, consult with your veterinarian about using pet tranquilizers for your dog appropriate for the particular type of travel you will take.
- Feed your pet his usual meal one to two hours before travel. (If your dog is prone to motion sickness, feed him two to four hours before travel.) Do not give him food or water during travel as it may spill, forcing him to lie in a mess during the trip. Dogs can go 8 to 12 hours without food or water.

Cars and Trucks

- No matter how long or short the journey, your dog should be restrained. An unrestrained dog is dangerous to himself and others. He can become a flying projectile that can injure you, your passengers or himself.
- Secure your dog in the back seat (dogs riding in the front seat can be seriously hurt if the airbags deploy) with a pet travel safety harness or car seat, or in a pet carrier fastened to a seatbelt. If you drive an SUV, install a pet barrier to keep the dog in the back area of the vehicle as well as securing him in his harness and attaching it to the hooks in the floor.
- If you must transport your dog in the bed of a pickup, use a crate or carrier secured to the truck bed to prevent him from being thrown into traffic at a sudden stop.
- Do not allow your dog to ride with his head out the window. Road debris and other flying objects can injure his eyes.
- Before you set out on your journey and after arriving at your destination, give your dog plenty of exercise. This will help him be more relaxed and able to acclimate to his new surroundings.
- When stopping for a break and before you open the car door, attach a leash to your dog's collar so he can't escape. Even the most obedient pet can become disoriented when traveling. Always use a leash to walk your dog.
- On a long car ride, stop every four hours or so to allow your dog to relieve himself (be sure to clean up after him), stretch his legs, refresh himself with a small drink of water, and help him understand that he's going to another environment.
- Watch for temperature extremes. Your car is like an oven under the blazing sun and a freezer in the bitter cold.

Airline or Train Travel

- Whether he will go in the cabin with you or in the cargo hold, your dog will need to travel in an airline (or train)-approved carrier. Check the airline (or train line) website for requirements.
- If your pet will travel as cargo, check for restrictions on any health/immunization and other requirements.
- Use direct flights to avoid mix-ups during transfers or the possibility of delays in getting your pet off the plane. Ask the airline if you can watch your pet being loaded and unloaded into the cargo hold.
- Upon arrival at your destination, open the carrier as soon as you are in a safe place and then clip a leash on your dog so you can safely examine him. If anything seems wrong, get him to a veterinarian right away.
- A happy, well-socialized dog that knows you will always be there to keep him safe and secure will enjoy traveling to new places with you.

Vicki and Richard Horowitz, of Woodbridge, are dog behavioral therapists and trainers with Bark Busters, one of the world's largest dog training company. For more information, call 1-877-500-BARK (2275) or visit www.dog-training-new-haven-ct.com.



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DINING WITH SUSAN

By Susan Noonan



Connecticut Food Bank 2013

The holidays are upon us and in the season of giving, I felt it only fitting to devote this profile as I have done for the past six years to one of my favorite local organizations, Connecticut Food Bank. The organization is a non-profit whose mission is to provide nutritious food to people in need. Connecticut Food Bank strives to do this by supplying food products and resources to eligible programs throughout Fairfield, Litchfield, Middlesex, New Haven, New London and Windham counties, and by promoting public awareness about the problems of hunger.

Scores of individuals, families, civic groups, schools, religious organizations and companies come forward each year to help make Connecticut Food Bank's "Thanksgiving for All" campaign a success. Last year, more than 25,100 turkeys and more than 240,000 pounds of trimmings were collected. With everyone's help, Connecticut Food Bank was able to provide nearly 490,000 holiday meals for people in need of food assistance. It hopes to surpass this total for 2013, as the need continues to escalate in Connecticut.



The kindness demonstrated throughout the Thanksgiving campaign is awe-inspiring, but is also a testament to what everyone can do working together as a community. As the effects of the recession continues to push more of our neighbors over the brink of financial security, we have to do more. Hunger is a year-round issue that doesn't end on Thanksgiving weekend. You can help Connecticut families year round by making a donation at www.ctfoodbank.org/donate.

Founded in 1982, Connecticut Food Bank is the largest source of charitable food assistance in Connecticut. Its main warehouse is located in East Haven with branch warehouses in Waterbury and Fairfield, along with affiliated distribution centers in New London and Stamford. Connecticut Food Bank provides food and other resources to more than 650 food-assistance programs such as soup kitchens, shelters, food pantries and low-income senior and children's programs. Connecticut Food Bank has distributed over 200 million pounds of food over the years.

Everyday operations of Connecticut Food Bank are overseen by President & CEO Nancy L. Carrington, who has served the Food Bank for more than 29 years. The Board of Directors, made up of dedicated community members from the fields of finance, law, business, fundraising, public relations, human resources, warehousing and the food industry, have enabled and encouraged growth and forward thinking at Connecticut Food Bank. A dedicated staff of 50 ensures that Connecticut Food Bank continues to fulfill its work to alleviate hunger.

Many food drives are held throughout the year to benefit Connecticut Food Bank. The majority of food donations come from the food industry. They donate products that are wholesome but might have some cosmetic flaw and so will not sell. In this way Connecticut Food Bank reduces food waste and is able to feed the needy. Connecticut Food Bank is a member of Feeding America, the nation's food bank network. Feeding America is the largest domestic hunger relief charity network, consisting of more than 200 food banks and food rescue organizations. Connecticut Food Bank is funded privately, supported by a broad base of individuals, businesses, foundations and community organizations. Ninety-five cents of every dollar donated is directed toward program services.

To learn more about Connecticut Food Bank, visit www.ctfoodbank.org. Tours of all three warehouses are offered after the holidays. What a great idea for a class trip (ATTENTION TEACHERS)! Connecticut Food Bank also offers a Speaker's Bureau where you can arrange for a staff member to speak at your organization's meeting or event, free of charge, along with Hunger 101, an interactive learning experience for groups to better understand what it means to be food insecure. Connecticut has many households grappling with hunger, according to a federal report recently released. More than 520,350 people in our state struggle to put food on their tables.

Everyone can help fight against hunger! Donate food, raise funds, volunteer, host friends or neighbors who are down on their luck to a meal (don't forget our senior citizen population on fixed incomes). Encourage political leaders to be more involved in fighting hunger in our country, support businesses that donate to hunger related efforts, be mindful of waste at home, and last but not least, teach your children to be compassionate to those less fortunate. Connecticut Food Bank-Main office & warehouse - 150 Bradley St. East Haven, CT 06512; Phone 203-469-5000; Fax 203-469-4871; Website: ctfoodbank.org. Keep up-to-date about Connecticut Food Bank and hunger issues by following them at www.ctfoodbank.org/blog, www.facebook.com/ctfoodbank or www.twitter.com/ctfoodbank.

Final notes: We can't justify people living with hunger and must do all we can to change this. You don't need a reservation to donate food throughout the year. For every \$30 donated, Connecticut Food Bank can feed a person for a full month. Let's carry that resolve throughout this holiday season and beyond. Happy Thanksgiving to all our loyal readers and supporters of the Orange & Woodbridge Town News. Remember to support our local family owned businesses as they are the backbone of our community and our great nation.

If you have a favorite restaurant e-mail susan@orangetownnews.com.

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First Selectman Ellen Scalettar visits the Fire House to congratulate Fire Chief Sean Rowland on the success of the 2nd Annual "Truck or Treat" event.



Selectman Beth Heller and First Selectman Ellen Scalettar with some of the many trick-or-treaters at the event.



First Selectman Scalettar admires the costume of Alyssa Corvigno, dressed as Dorothy from the Wizard of Oz.

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VOLUNTEER FIREFIGHTERS HOST 2ND ANNUAL "TRUCK OR TREAT"

Woodbridge Firehouse is the Scene of Halloween Celebration

Over 2,000 people took part in a celebration of Halloween at the Woodbridge Firehouse that included fire trucks decorated for the occasion, a steady stream of children of all ages, and plenty of candy for trick-or-treaters. The event also featured a cook-out hosted by about 65 volunteer firefighters and their family members who served up more than 850 hamburgers and 1,200 hotdogs.

First Selectman Ellen Scalettar was on hand during the 3-hour event on October 31st, helping to give out candy and greet residents. She stopped by the Fire House on November 6th to meet with Fire Chief Sean Rowland and congratulate everyone involved with the planning and success of the event, saying "On behalf of the entire town I commend Chief Rowland and all the members of the Woodbridge Volunteer Fire Association, and thank them for providing a safe environment for our children to enjoy Halloween with their families. This "Truck or Treat" event was created last year in response to the disruption caused by storm Sandy. Now it is on its way to becoming a Woodbridge tradition."

Chief Rowland spoke about how hosting this annual gathering contributes to enhancing the connection between first-responders and the community they serve, saying "Our volunteer firefighters were so happy doing this event because we get to see the children of Woodbridge having fun. We usually see people when they are in some type of crises, so it is good for us to see some joy on the faces of our neighbors as well."

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**celebrity
extra**
by cindy elavsky



Lacey Chabert

Q: A few months back, you ran an interview about **Scott Wolf**, and it got me to wondering what his fellow **"Party of Five"** alum **Lacey Chabert** is up to now. -- Janet L., Minneapolis

A: Lacey, who played the second youngest of the Salinger children on the hit '90s nighttime drama, stars in the Lifetime Movie Network original movie **"Non-Stop,"** which premieres Friday, Nov. 29, at 8 p.m. ET/PT. Lacey plays an executive assistant on a nighttime flight to Zurich who strikes up a romantic encounter with a handsome stranger seated next to her. When she later wakes from a nap, she finds that her bag with her ID, cellphone and laptop are missing -- as is the mysterious stranger.

Lacey told me she was delighted to play a different character from what her fans are used to seeing: "My character is at a point in her life when she's gone through a very devastating breakup. She's really searching for clarity and just trying to find an anchor in her life again. And there is also this mysterious side about her job, and throughout the story, you start to find out what that is.

"I really could empathize with her. I've certainly had times in my life where I felt a little lost -- I could relate to that part of the character. But there was a lot about her that I hadn't seen in characters I've played before. I like that she's in a situation where things are completely out of control, and she's starting to feel like she's going completely insane. At the same time, she has to be the sanest character in the film because she's driving the story. It was definitely a challenge."

Q: Will **"The Client List"** return for another season, especially now that **Jennifer Love Hewitt** is pregnant? -- Nina L., via email

A: Lifetime has officially canceled the racy nighttime drama after two seasons. Word has it that Jennifer and the execs

were at a standoff over how to handle her real-life pregnancy within the show's story line.

Q: I recently caught the encore airing of History's **"The Bible"** miniseries, and it made me wonder if there will be more new episodes of the series. -- Jackie W., via email

A: NBC recently acquired the rights for the sequel to "The Bible," called **"A.D.: Beyond the Bible,"** currently in development. There also is a two-hour theatrical version of the miniseries in the works focusing on the life of Jesus through his Resurrection. The film, called **"Son of God,"** premieres Feb. 29, 2014.

Q: Is **Drew Barrymore** expecting again? Didn't she just have a baby? -- DeeDee P. in Georgia

A: Drew did indeed give birth to daughter Olive in September 2012, stating at the time that she wanted another baby, and soon. She got her wish, as Drew is now pregnant with baby No. 2, and is due late spring/early summer 2014.

Write to Cindy at King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475; or e-mail her at letters@cindyelavsky.com.

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Fee of \$100.00 includes food and supplies, and must be paid in advance (Discount for siblings in same class; financial assistance may be arranged for qualifying families). Class dates are as follows: January 7, 14, 21, 28, February 4, 11, 25, March 4, 11, 18, with snow dates of April 1 and 8. For more information, please call Woodbridge Youth Services at 203-389-3429.



Photo 1: A view of the property at 902 Baldwin Road. Photo 2: Edith Lockyer points out the property marker dividing the Woodbridge and Derby portions of the land. Photo 3: Mrs. Lockyer shows a group of hikers the foundation of an old outbuilding on the property. Photo 4: Some history of the Baldwin and Hitchcock families was told (left to right: Jan Baldwin, Jason Morrill, Charles Baldwin, Edith Lockyer and Chris Keevil).

FALL WALK EXPLORES HISTORIC LAND ON BALDWIN ROAD

About 80 people turned out on a beautiful autumn afternoon to enjoy a Fall Walk on the property known as the Baldwin Road Hayfield, Saturday, November 2nd. The event, co-sponsored by the Woodbridge Conservation Commission and the Land Trust, brought attention to the 85-acre parcel at 902 Baldwin Road, a 12-acre portion of which lies in Woodbridge, the remainder in Derby.

Land Trust President Christopher Keevil welcomed the public for this special chance to walk the privately owned parcel, and Conservation Commission Chairman Jason Morrill remarked, "I think it's fantastic that we have so many people here today and have great weather to explore this land -- let's go enjoy it" as the hikers set off on a guided tour of the property.

Members of the Board of Selectmen, Anthony Anastasio and Beth Heller, attended the event to learn more about the property. Ms. Heller took part in the hike with her husband Allen and said, "This is a wonderful opportunity to see the property up close now that the BOS has been hearing about efforts to conserve the land. I think this is a beautiful parcel and should be considered for preservation along with several other large parcels in town."

First Selectman Ellen Scalettar was unable to attend the event, but released a statement saying, "I commend the Conservation Commission and Land Trust for their efforts to raise public awareness about the Baldwin Road Hayfield. The coming Plan of Conservation and Development process will help us engage Town residents in a conversation about prioritizing opportunities for open space preservation. We want to assure that future generations can enjoy the open spaces that contribute so much to the quality of life in Woodbridge."

The event also featured a recounting of the history of the land in this area of town which has been inhabited by members of the Baldwin family from the time it was purchased by Richard Baldwin from Paugusset Native Americans in 1660. Woodbridge resident Edith Lockyer, a Baldwin descendent, told of the history of farming on this land by the Baldwin, Hitchcock, and Hine families. She also welcomed Charles and Jan Baldwin who came from upstate New York to explore the land associated with their Baldwin ancestors, who were among the original settlers of Milford. The couple's daughter Karen Baldwin Kravitz and her family now live in Woodbridge.

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FROM YOUR STATE SENATOR

By Joseph Crisco



The latest round of state grants meant to bolster school security in Connecticut will help Woodbridge underwrite safety upgrades at both Beecher Road School and Amity Regional High School. The competitive grant program was built into this year's bipartisan gun violence prevention and child protection law which was enacted in response to last year's tragedy in Newtown.

State grants were awarded after school security assessment surveys were conducted by local districts; each will supplement local funding to be provided by the district. The legislature set up this program to address the school safety issues that became everyone's priority last year; this grant program matches schools that have identified needs with the resources we made available to help.

Statewide, 604 schools are participating in the program to date; cumulatively, they have been approved for some \$21 million in state grants. Woodbridge schools are among the 435 schools in 75 districts across Connecticut to qualify during this second round of funding.

The security infrastructure upgrades envisioned are meant to prevent or avoid a crisis wherever possible, and this initiative fortifies our efforts to deter violence in that regard. School security improvements will include some combination of security cameras and videotaping capabilities, new safety glass, remote-

controlled locks, new keycard entry systems, and panic alarms.

An assurance of school security is among the most fundamental needs of every parent and they are entitled to – and have every right to expect – their kids' safety for the time they're entrusted to the care of our schools each day. At the same time, teaching and learning require concentration and participation; it's a primary responsibility of ours to ensure students and teachers alike are free to concentrate and participate without being concerned for their safety.

In Hartford we are keenly aware of budget pressures at the local level regarding public education, so we enacted this comprehensive plan to address security upgrades. Our state government already invests mightily in emergency preparedness for any eventuality – we have first-class law enforcement, fire protection, and emergency medical facilities standing by statewide. This funding is part of our state-level response to the matter of school security.

More specifically to Woodbridge, Beecher Road School is eligible for \$29,843 in state funding, to be matched with \$74,611 in local funds. The Amity Regional School District, which includes the high school in Woodbridge along with middle schools in Orange and Bethany, was approved for \$16,936, to supplement a local expenditure of \$37,304.

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Left to right, top to bottom: Moderator Rabbi Rona Shapiro, Leah Hager Cohen, Doris Zelinsky, Michelle Cove, Sarah Fader, and Blu Greenberg

COMMUNITY LEADERS: "CAN JEWISH WOMEN HAVE IT ALL?"

The JCC and the Jewish Federation of Greater New Haven presented "Can Jewish Women Have It All?" - a panel sponsored by Whitney Center and partially funded by Women of Vision Society. One hundred fifty women ranging in age from mid-twenties to late eighties made for a captive audience to the panel's perspectives on balancing religion, career, and motherhood. Panel was moderated by Rabbi Rona Shapiro, newly tenured spiritual leader of Congregation B'nai Jacob. The panelists encouraged women to define "having it all" on personal levels and described how the Jewish culture and roles have supported their struggle to balance all the aspects of life they each desired.

About the Panelists: Rabbi Leah Hager Cohen - Executive Director of Joseph Slifka Center for Jewish Life at Yale; Doris Zelinsky - The Gordman Group, former CEO of Country Home Bakers; Michelle Cove - Author of I Love Mondays and Other Confessions from Devoted Working Moms and Editor of 614ezine.com; Sarah Fader - Parenting blogger at oldschoolnewschoolmom.com and Blu Greenberg - Founder of the Jewish Orthodox Feminist Alliance and Author of On Women and Judaism and How to Run a Traditional Jewish household.

UPCOMING EVENTS AT TEMPLE EMANUEL

Saturdays at 10:30am in the TE library: Torah Study - discussion of the weekly parashah with Rabbi Michael Farbman.

Friday, November 22 following the 8pm Kabbalat Shabbat Service: Terri Fried, MD, Professor of Medicine (Geriatrics) at Yale and a TE member, will discuss "Coping with Aging Parents." A traditional tasty TE oneeg will follow.

Sunday, November 24 at 7pm: TE participates in the annual Orange Interfaith Thanksgiving Service. This year, the service is hosted by Holy Infant Church. We will be represented by members of the TE Children's Choir and the TE Band in addition to our adult singers.

Friday, December 6 at 6:30pm: Monthly Family Shabbat Service - open to all members of the community, this service is geared toward families with children in elementary school and younger, with a sermon in the form of a story. This month, the TE Children's Choir, lead by Anna Zonderman, will sing during the service.

Saturday, December 7 at 7:30pm: Magavet, Yale University's first, best and only Jewish a cappella group, presents a concert of traditional and modern arrangements of Jewish, Hebrew and Israeli songs. Tickets are \$10 in advance and \$15 at the door, and include a dessert reception after the concert.

For more information about all events, celebrations and services at Temple Emanuel, including Rabbi Michael's monthly story hour for children in pre-K and Kindergarten and their families, please go to the TE website: www.templemanuel-gnh.org, or call the temple office at 203-397-3000.



Temple Emanuel

CONGREGATION B'NAI JACOB'S GRAND GALA FOR RABBI SHAPIRO

The one and only major celebration of the year at B'nai Jacob is fast approaching. On Saturday, November 23 at 7:00 pm, Congregation B'nai Jacob is holding a Gala to welcome Rabbi Rona Shapiro and her family. This event will usher in a new, exciting chapter in our synagogue's future! Grand in every sense, this event is open to the entire community. Tickets, which are \$150.00 per person, will feature cocktails, dinner, dancing and fabulous music by the acclaimed swing band, Eight to the Bar. Attendees will also receive a keepsake, "Welcome Book/Directory" that will include ads by local business owners and personal best wishes to Rabbi Shapiro and her family.

To obtain more information about the event, please email gala@bnaijacob.org or log onto the synagogue's website at www.bnaijacob.org.

CHURCH OF THE GOOD SHEPHERD UPCOMING EVENTS

Weekly Services: *Sundays:* 7:45 am - Morning Mass; 9:00 am - Church Alive- Families with Children, 50 minutes and Sunday School included.; 10:30 am, Traditional Eucharist with the choir. *Wednesdays:* 7:00 p.m. - Evening Service of Prayer and Healing with Communion

Church Alive comes to Church of the Good Shepherd, Sunday Mornings at 9 AM. Children, their families, and the young at heart are invited to join together for praise, and worship in a relaxed, child-friendly service that is highly participatory and interactive and is guaranteed to be over in under an hour. Children of all ages are encouraged to set the table, read the lessons, help with communion and grow in their love of Jesus. The Worship Band will play at this service.

Traditional Choral Eucharist returns to Church of the Good Shepherd, Sundays at 10:30 a.m. In a world that is always changing, experience a traditional worship service with communion, hymns and a message of God's love that will help you put your faith into practice and navigate life's ups and downs. Church of the Good Shepherd is a place to belong, a place to grow and a place to make a difference in the world.

New Bible Study at Church of the Good Shepherd. Have you always wanted to understand the Bible more? All are welcome to explore God's story on Monday Evenings at 7 p.m. in a judgment free zone where questions and lively discussion are encouraged. No prior Bible knowledge needed and all are welcome. \$20 for materials and scholarships are available. Questions call 203-795-6577.

Sunday Evening, Yoga Body Prayer 7 p.m. Beginning September 8th—Using the Vinyasa Yoga Method and taught by certified Yoga Instructor Maryanne Haverstock, begin your week with Yoga and centering prayer and meditation. This class is for all levels of yoga practice and experience. Bring a yoga mat or towel, water and wear comfortable clothes. Free will offering accepted.

Prayer and Healing Service with Laying on of Hands and Eucharist every Wednesday Evening at 7 p.m.

Sing Sing, Sing!—Did you sing in High School? Do you sing in the shower? You are invited to experience choral music singing, community and fun with Dr. Don Wiggins and the Good Shepherd Choir. Rehearsals are Thursdays, 6:30-8p.m. The choir sings at 10:30 each Sunday. Don is an experienced singer, teacher and director and enjoys working and developing voices of all ages. For more information, call 203-795-6577 or email dgwiggins@gmail.com.

Special Holiday Services

- Thanksgiving Day Eucharist: 10:00 a.m.
- Interfaith Service of Remembrance for the Victims of Sandy Hook: December 14th, 9:00 a.m.
- December 24th Christmas Eve, Carols, Candlelight and Communion, 4:30 p.m. Music; 5:00 p.m. Communion Service begins
- December 25th Christmas Day Eucharist, 10:00 a.m.
- December 29th, Sunday: 7:45 a.m. Traditional Eucharist, no music; 9:00 a.m. Carols, and Worship for Children with Worship Band; 10:30 Lessons and Carols with Eucharist

LOCAL BUSINESS



AMITY PHYSICAL THERAPY CELEBRATES ITS 10TH YEAR

Michael Dow, founder and Clinical Director of Amity Physical Therapy began with the desire to become a medical doctor. However he chose physical therapy as a profession, and with over 13 years experience, and after a decade of private practice, he now has one of the most formidable and respected clinics in Southern Connecticut.

With offices in Woodbridge, Hamden, and soon in Branford (January, 2014) Michael Dow is known for his high level of physical therapy practice which begins at the entrance of each office. Fastidious in his interior architectural design and quality therapy equipment, Dow personally supervises the everyday activities and progress of his offices. He believes that patients should be "at home, relaxed and comfortable" in his facilities while they receive personal care to injuries from his staff of highly-degreed therapists.

"From the first year," Dow commented, "I set the bar very high for our practice. I sought first class talent in therapists and a non-clinical environment in which each patient is treated as someone special."

"We concentrate on the patients' recoveries with no clock watching. Our patients leave the facilities knowing their injuries have been treated with expert care and personal involvement on our part. We're also fortunate in developing a loyal cadre of physicians, surgeons and orthopedists who rely on our expert rehabilitation experience."

The three offices will enable Amity Physical Therapy to serve patients throughout Southern Connecticut as one of the most comprehensive practices of its kind. For more information, call Michael Dow at 203-389-4593 or visit www.amitypt.com.

ATTORNEY SKALKA SELECTED TO TOP 100 LAWYERS LIST

Neubert, Pepe & Monteith, P.C. is pleased to announce that attorney Douglas S. Skalka has been selected to the Top 100 New England Super Lawyers 2013 list, a listing of the lawyers who ranked at the top in the New England Super Lawyers nomination, research, and review process.

Attorney Skalka, a Woodbridge Connecticut resident, was also recognized on the New England Super Lawyers 2013 list in the category of bankruptcy & creditor/debtor rights. He has been selected to the Super Lawyers list for seven consecutive years. Super Lawyer, a Thomson Reuter business, is a directory featuring top legal talent from more than 70 practice areas across the country. It rates lawyers across the country and recognizes no more than the top 5% of lawyers in each state. Attorneys are selected using a rigorous, multiphase process that includes independent research, peer nominations and peer evaluations to identify lawyers who have attained a high degree of peer recognition and professional achievement.

Attorney Skalka is a partner at Neubert, Pepe & Monteith P.C., New Haven, Connecticut, where he specializes in bankruptcy, commercial finance, business reorganization and asset-based lending transactions. He has held a certification in Business Bankruptcy from the American Board of Certification since 1995. He is former Co-Chair of the Stamford Regional Bar Association Bankruptcy Committee and the New Haven County Bar Association Bankruptcy Committee. He is also a member of the American Bar Association Business Law Section, a member of the American Bankruptcy Institute and a member of the Connecticut Bar Association, Commercial Law and Bankruptcy Section.

Attorney Skalka is active in both the Woodbridge and greater New Haven communities. He is a board member of Ezra Academy in Woodbridge, the Chair of the New Haven County Committee of the Anti-Defamation League and a former Board member of the Jewish Federation of Greater New Haven.



Douglas Skalka

DOLLAR\$ AND \$EN\$E

Compensating Our Caregivers

By Roberta L Nestor

November has been designated "National Caregivers Month" as a time to recognize the estimated 90 million that provide care to family members and loved ones. According to the Caregiver Action Network, family caregivers provide \$450 billion worth of unpaid care each year – more than the total Medicaid funding. And this is where the controversy begins. Should family members be compensated for providing caregiver services for Mom and Dad?

At what point do adult children decide that their Mom or Dad is in need of full time home care? Adult children who live in close proximity of their parents and see them regularly will be most aware of changes and warning signs. When you see a parent experiencing difficulty with daily activities (eating, bathing, dressing, etc.); memory problems; trouble with banking and finances; multiple falls; problems with driving or forgetting medications, it usually starts the process of home care.

It may start out with bringing over a few meals a week or doing light house-keeping. However, it quickly turns to be an overwhelming responsibility. Imagine taking care of your own family and household, holding down a job and then having to provide care for your parents. Are you willing to provide personal care, grocery shopping, meal preparation, housekeeping, laundry, coordinating household and medical bills, making phone calls, financial management, transportation, monitoring and managing medications, tracking changes in health, liaison with healthcare practitioners? And at what cost?

Even though most family members want to help and feel a sense of duty to care for a loved one, it is a job with heavy time commitments and responsibilities. The person providing care for a loved one, be it a spouse or adult child, may make significant sacrifices and often end up giving up a job and employment benefits. A formal agreement among family members can provide a way to compensate a person providing care if he or she is no longer able to hold other employment.

"Personal Care Contracts" are becoming more common with families facing long term home care situations. These are legal contracts based on an older person needing care and the caregiver; where the caregiver agrees to perform specific services to the older person in exchange for money or compensation. These contracts should be very specific and be based on a reasonable compensation defined to be a pre-determined or fixed amount based on the services provided (such as the ones listed above) and the time frame (daily, weekly or monthly). Be sure to establish what is considered "reasonable compensation" based on actual costs in your area; find out what it would cost to have groceries delivered, chore services, or the cost of a home health care aide. The caregiver should maintain a detailed log of dates, times and services provided. Why is this important? Often a caregiver agreement is part of a strategy for accelerating Medicaid eligibility. Medicaid will examine to see if the caregiver agreement was bona fide, or if was just a way to "gift" assets and not have them subject to the 5 year look back.

How you pay your caregiver is not only important when it comes to Medicaid scrutiny - there are additional risks in paying any caregiver "under the table". If Medicaid qualification is one of the planning goals, the parties' failure to report the payments as taxable income to the caregiver, whether as an employee or independent contractor, will likely be cited against them as proof that they never intended the payments to be compensation for services rendered, but rather as gifts. This conclusion in turn will trigger the Medicaid look-back rules and likely result in the older person being denied Medicaid coverage for some indeterminate period of time.

Regardless of Medicaid, the willful omission of paid wages from the caregiver's income tax returns goes by another name -- tax evasion -- which is a crime under both federal and state law. There is no statute of limitations for failing to report income. At a minimum, both the older person and the caregiver risk being held liable for federal and state back taxes, interest, and penalties on all unreported income paid over the course of the contract.

Planning for long term care has become more and more complex. Seek the advice of an eldercare specialist or attorney to understand all of the components of a Personal Care Contract. And thank you to all caregivers, your services, warmth and compassion is immeasurable.

Roberta L. Nestor is a financial advisor practicing at 491 New Haven Avenue in Milford, CT offering retirement, long term care, investment and tax planning services. She also offers securities and advisory services as an Investment Adviser Representative of Commonwealth Financial Network – a member FINRA/SIPC and a Registered Investment Adviser. Fixed insurance products offered through Nestor Financial Network is separate and unrelated to Commonwealth. Commonwealth Financial Network or Nestor Financial Network does not provide legal or tax advice. You should consult a legal or tax professional regarding your individual situation. Roberta can be reached at Nestor Financial Network, 203-876-8066 or roberta@nestorfinancial.com.

CLUBS & ORGANIZATIONS



Ms. Molot received a certificate of recognition from the Woodbridge Rotary Club honoring her as Student of the Month. Pictured from left to right is Lisa Conley, Amity High School Guidance Counselor, Jean and Rick Molot, Maddie's parents, Maddie Molot, Rotarian Dr. Guy Stella, Rotary Coordinator of the Student of the Month Program, and Buddy DeGennaro

ROTARY RECOGNIZES STUDENT OF THE MONTH

The Woodbridge Rotary Club recently honored Maddie Molot as Student of the Month for October. As a student, she is enrolled at Amity High School as well as the Educational Center of the Arts, an arts magnet school in New Haven. Within Amity, Maddie has enrolled in rigorous courses earning the highest marks across all disciplines. At ECA, she is noted as a top student and leader in her primary discipline of dance. She has worked to build a comprehensive transcript by enrolling in college courses at both Southern Connecticut State University as well as through Barnard's Summer in the City program. Academically, her efforts have rewarded her as a Class I, II and III recipient, CAPT Scholar, Smith College Book Award, National Honor Society inductee and most recently, being named as a National Merit Commended Scholar.

At Amity, Maddie is a member of the Student Government, Infinite Possibilities (which teaches math and science concepts to elementary aged girls), the Trident school newspaper, and Link Crew. Outside of school, Maddie is an avid musician, performing in the Greater New Haven Youth Orchestra and Wind Ensemble as well as various local and regional music competitions. She has been a volunteer, peer tutor and created a club which provides music to assisted living facilities in the area.

OFFICE OF DR. ROSS HOLDS FOOD DRIVE

For the 17th year in a row the office of Dr. Gary Ross is sponsoring a food drive to benefit the CT Food Bank and District Animal Control's animal shelter in Woodbridge. Non-Perishable food and personal care items will be accepted through December 17th. The office is located at 11 Village Lane in Bethany. Contact Debbie at 203-393-1570 for hours.

COMMUNITY CAROL SING

Get your green and red sweaters out of those moth balls, everyone! The most wonderful time of the year is soon upon us. A Community Carol Sing will be held at the First Church of Christ on Meetinghouse Lane in Woodbridge on Sunday, December 15th at 3:00 p.m. We encourage you to bring family and friends to the church sanctuary to make a joyful noise. There will be special musical appearances from some wonderfully talented folks and most importantly, there will be jingle bells for all. Please join us in the Parish House directly after for a tea hosted by the Women's Fellowship. Mark your calendars.

Reserve your ad space today. Call us at 203-553-9062.



ROTARY WELCOMES NEW MEMBER

Woodbridge Rotary Club recently welcomed its newest member into the Club, Tony Anastasio. Tony was inducted into the Club by Rotary District Governor, Rick Bassett. Tony lives in Woodbridge with his wife and two sons. He is self-employed as a retailer of sporting memorabilia and is a member of the Board of Selectmen. Recently, Tony volunteered with his family to work with the Rotary Club on the Amber Alert Project at the BIG E.

The Rotary Club is an organization of business and professional people united worldwide to provide humanitarian service, encourage high ethical standards in all vocations and help build goodwill and peace throughout the world. The Woodbridge Rotary Club meets the 1st and 3rd Friday of the month at 7:30 a.m. for a breakfast meeting at the country Corner Diner, 756 Amity Road, Bethany and the 2nd and 4th Friday of the month at 12:15 p.m. for a luncheon meeting at Carmine Tuscan Grill, 1500 Whalley Avenue, New Haven. Anyone interested in learning more about Rotary should contact Anna Dickerson at 203-710-0223.



The Woodbridge Rotary Club recently partnered with Home Depot of Orange to build a ramp for a 15 year old disabled Woodbridge resident. Rotarians coordinated the Ramp Project with LaMar Harrell of the Home Depot of Orange who donated all the supplies to build the ramp. Pictured from left to right are Rotary Club Co-President Buddy DeGennaro, Rotarian Chris Lovejoy and Bruce Bacon who built the ramp.

HISTORY CORNER

Muffy German

One More Way to Serve Our Town



In the last issue, I shared the story of two Eagle Scouts, Ben Dibuduo and Zachary Arons, and their excellent projects. Here I will introduce you to a third Scout, Steven Sappo of Troop 907, whom I interviewed recently. Although very different from Ben and Zachary's projects, Steve's chosen work is of clear value to the residents of Woodbridge. I first became aware of his project when a flyer appeared on my mailbox with the bold heading, "Can Your Home Be Found during an Emergency?" He went on to state: "For all Woodbridge residents' safety, it is critical to clearly mark home addresses using appropriate numeral[s]. In an emergency, minutes can make a difference. The town has listed in the General Ordinance that all residents of Woodbridge must correctly label their home address in order to expedite matters of identification." Steve's project proposal was to put address numbers on all mailboxes lacking such identification.

Is this message sounding familiar to some of you? I was on his list because the numerals on the front of my house did not make up for my unlabelled mailbox. Based on a small preliminary sample, Steve estimated that 30% of mailboxes needed numbers. Later in the process, he found that the actual percentage was closer to 10%.

In our interview, Steve noted in particular the guidance he received from Nate Case who is a member of the Woodbridge Volunteer Fire Department as well as a former Scout Master. Mr. Case suggested the project and oversaw it through to completion. It was funded by the Fire Department. They paid for a supply of 3 inch vinyl adhesive numbers in a choice of styles. Steve and his crew canvassed the town in organized waves, leaving flyers to obtain signed homeowner consent

to have each box numbered. Steve mentioned that there were a few refusals! I was almost one of them. When he stopped by to get my authorization, I told him that I was planning to paint the mailbox and add numbers. We came to the agreement that he could stop back at the conclusion of his project. (See photo!)

I soon learned that the placement of the numerals is by no means haphazard. They are put on the side of the box for maximum visibility. The Fire Department has a set pattern of approach to every address. Therefore, it is necessary to number the side of the box facing an approaching fire engine. Naturally, the numerals will be invaluable to other emergency responders such as police and ambulances.

Mr. Case shared some of his thoughts on Steve's work: "Steve learned a lot" and the project "went off without a hitch". He complimented him highly as a "very disciplined, hardworking and mature young man". As well as interacting with adults throughout the project, Steve also worked with younger Boy Scouts from his troop who were eager for service hours toward their own merit badges. One of the challenges of leadership in scouting is to create legitimate tasks appropriate to the skill and maturity level of much younger Boy Scouts. At the same time the Eagle candidate is striving to earn 10 merit badges for a required total of 21.

According to Mr. Case, Steve passed his Board of Review with an excellent presentation on his project. When his official Eagle Scout paperwork is in hand, he can look forward to recognition and celebration at the renowned "Court of Honor" gathering. It is an achievement worth celebrating as the official website states that only 5% of Boy Scouts earn the Eagle Scout rank. Thus, congratulations are certainly due to Steve Sappo, Zachary Arons and Ben Dibuduo. Well done!

ENTERTAINMENT

TOP 10 MOVIES

- 1. Ender's Game (PG-13)**
Harrison Ford, Asa Butterfield
- 2. Jackass Presents: Bad Grandpa (R)**
Johnny Knoxville, Jackson Nicoll
- 3. Last Vegas (PG-13)**
Robert De Niro, Michael Douglas
- 4. Free Birds (PG)**
animated
- 5. Gravity (PG-13)**
Sandra Bullock, George Clooney
- 6. Captain Phillips (PG-13)**
Tom Hanks, Barkhad Abdi
- 7. 12 Years a Slave (R)**
Chiwetel Ejiofor, Michael K. Williams
- 8. Cloudy With a Chance of Meatballs 2 (PG)**
animated
- 9. The Counselor (R)**
Michael Fassbender, Penelope Cruz
- 10. Carrie (PG-13)**
Julianne Moore, Chloe Grace Moretz

TOP 10 RENTALS

- 1. After Earth (PG-13)**
Jaden Smith
- 2. This Is the End (R)**
James Franco
- 3. Iron Man 3 (PG-13)**
Robert Downey Jr.
- 4. World War Z (PG-13)**
Brad Pitt
- 5. The Great Gatsby (PG-13)**
Leonardo DiCaprio
- 6. Now You See Me (PG-13)**
Jesse Eisenberg
- 7. Kevin Hart: Let Me Explain (R)**
Kevin Hart
- 8. The Frozen Ground (R)**
Nicolas Cage
- 9. Epic (PG)**
animated
- 10. The Heat (R)**
Sandra Bullock

CHART BUSTERS

Top 10 Pop Singles

- 1. Lorde**
"Royals"
- 2. Katy Perry**
"Roar"
- 3. Miley Cyrus**
"Wrecking Ball"
- 4. Avicii**
"Wake Me Up!"
- 5. Drake feat. Majid Jordan**
"Hold On, We're Going Home"
- 6. Jay Z feat. Justin Timberlake**
"Holy Grail"
- 7. Lady Gaga**
"Applause"
- 8. One Republic**
"Counting Stars"
- 9. Imagine Dragons**
"Demons"
- 10. Ylvis**
"The Fox"



Avicii

Top 10 Country Singles

- 1. Luke Bryan**
"That's My Kind of Night"
- 2. Thomas Rhett**
"It Goes Like This"
- 3. Blake Shelton**
"Mine Would Be You"
- 4. Chris Young**
"Aw Naw"
- 5. Tim McGraw**
"Southern Girl"
- 6. Eric Church**
"The Outsiders"
- 7. Keith Urban and Miranda Lambert**
"We Were Us"
- 8. Florida Georgia Line**
"Cruise"
- 9. Jason Alden**
"Night Train"
- 10. Joe Nichols**
"Sunny and 75"



Helen Mirren in "Red 2"

EDITOR'S NOTE: DVDs reviewed in this column will be available in stores the week of Nov. 25, 2013.

PICKS OF THE WEEK

"Red 2" (R) -- A handful of renegade CIA retirees go back into action to kill bad dudes and recover a nuclear weapon. The aging -- but still deadly -- ensemble includes Bruce Willis (tough guy and hero), John Malkovich (the Mad-Dog Murdoch of the crew) and Helen Mirren (elegant and sophisticated, even when operating an automatic weapon). Mary-Louise Parker rounds out the cast as Bruce's civilian girlfriend.

While the explosions are big and bright, this film has an acute case of sequel-itis. Willis looks bored for most of the proceedings. The jokes don't land the way they did in the prequel. Sir Anthony Hopkins has a fun role as a scientist -- possibly the mad kind. If you truly enjoyed the first round, then go ahead and rent this as a follow-up.

"Jobs" (PG-13) -- Steve Jobs had an

undeniably dramatic and intriguing life. From his early years, to the launch of Apple Computers, all the way up to his triumphant return to the company he built and then lost. Ashton Kutcher clearly put in the research for his role as Jobs. Josh Gad -- a more comedic type -- does a great job of depicting Steve Wozniak, the techie who built the first Apple motherboard, and a companion to the often anti-social Jobs.

Sadly, the film never rises above the point of worshipping Steve Jobs. The tone of the movie is hard to pin down -- I thought I was watching a parody for a good portion of the run time. People respond to every word Jobs utters with bated breath, just on the edge of applauding nothing. Even when the movie shows the darker side of the man, it's feels more obligatory than organic.

"Knightriders" (Blu-ray) -- This 1981 low-budget treasure finally makes it to Blu-Ray. See, there's this radical roadshow going through small-town America -- a Renaissance Fair bloodsport on wheels. The film tells the oh-so-wonderful story of men in medieval armor who ride around on dirtbikes and fight with swords and flails. Ed Harris turns in a swell performance as the gang's delusional leader -- his character takes the knight stuff a little too seriously, while all of the other performers just want Knightriders to achieve the same commercial success as Monster Trucks. George A. Romero (the father of the modern zombie film) directed this little ditty and promptly went back to making monster flicks.

DOG OF THE WEEK

"Getaway" (PG-13) -- Ethan Hawke plays a race-car driver who must perform a high-octane crime spree -- or they'll kill his wife. Somewhere along the way, a teenage runaway (Selena Gomez) gets into the passenger seat. One would think that a movie that presses on the gas pedal and never lets up would be an exhilarating experience. It's actually quite dull and exhausting to watch a feature-length car chase.

1. How old was Priscilla, future wife of Elvis, when they first met?
2. What was on the b-side of the Rolling Stones' "We Love You"?
3. Who released "Do You Wanna Dance?" in 1962?
4. Name the 1974 Hollies hit.
5. Name the song that contains this lyric: "You step inside but you don't see too many faces, Coming in out of the rain to hear the jazz go down, Too much competition, too many other places."



1. She was 14 and met Elvis when she and her military family were stationed in Germany in 1959. Their Las Vegas wedding wasn't until 1967. 2. "Parade" released in 1967. Once it came to the U.S., the song became the a-side with "We Love You" falling flat on the charts. 3. Cliff Richards, followed by the Beach Boys in 1965. 4. "The Air That I Breathe," Radiohead was sued in the 1990s for lifting the melody. 5. "Sultans of Swing," by Dire Straits in 1978, with a re-release the following year. The song was created after a rainy day in an Ipswich bar with a less-than-stellar jazz band playing to an empty bar. They called themselves Sultans of Swing.

Sudoku answers on page 27

Weekly SUDOKU

by Linda Thistle

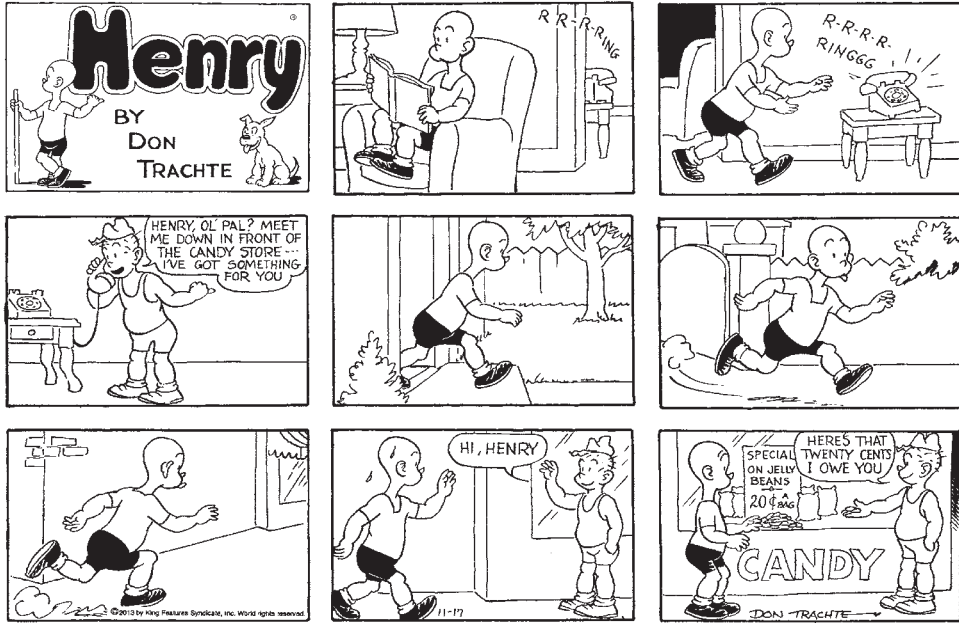
8			2			5	
		7		9			8
	5				8	2	
		3		4			8
6			9			7	
	2				6		9
3			4			5	2
	8	5			7		9
1				3			6

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

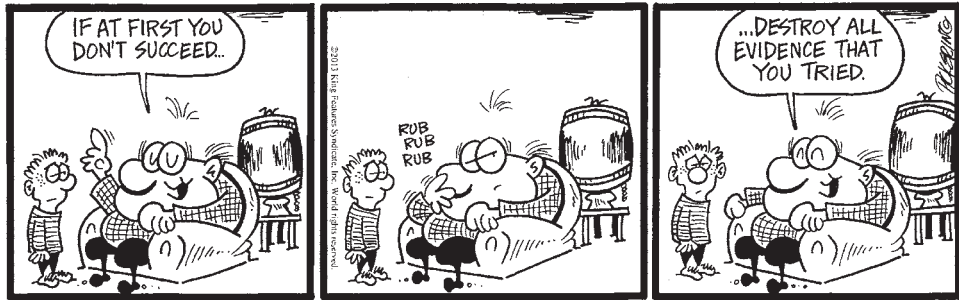
DIFFICULTY THIS WEEK: ★★★

★ Moderate ★★ Challenging
★★★ HOO BOY!

COMICS/CROSSWORD/HOLLYWOOD



The Spats

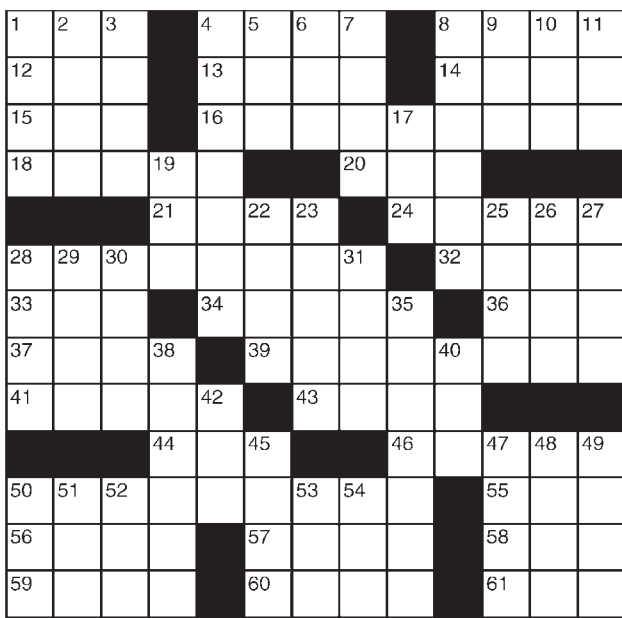


by Jeff Pickering

King Crossword

ACROSS

- 1 Greet the villain
- 4 Amusement park attraction
- 8 Sail holder
- 12 Grecian vessel
- 13 Jealousy
- 14 Malaria symptom
- 15 Long. crosser
- 16 Too rare
- 18 Swell
- 20 "CSI" evidence
- 21 Complaint
- 24 2012 TV series about a Broadway show
- 28 Cousteau's bailiwick
- 32 Reverberate
- 33 Witness
- 34 Ganges garments
- 36 Charged bit
- 37 One of the brass
- 39 Likely loser
- 41 Razor sharpener
- 43 Long tale
- 44 Upper limit, for short
- 46 Gift of the Magi
- 50 Sap
- 55 Debtor's letters
- 56 Santa's



- laundry problem
- 57 Similar (to)
- 58 Playground game
- 59 St. Louis landmark
- 60 Calendar abbr.
- 61 Commotion
- 9 Past
- 10 Early riser?
- 11 Golf gadget
- 17 Hosp. staffers
- 19 Honest politician
- 22 Birthright
- 23 Flowerless plants
- 25 Alkali neutralizer
- 26 "Get lost!"
- 27 — Kong
- 28 Works with call
- 29 Barbershop
- 30 Antelope's playmate
- 31 Verdi opera
- 35 Part
- 38 "The Iceman —"
- 40 Shaft of light
- 42 Standard
- 45 Opening day?
- 47 Hayworth or Moreno
- 48 Thoroughfare
- 49 "Les Miserables" author
- 50 N.A. nation
- 51 Neither mate
- 52 Happy companion?
- 53 White House nickname
- 54 Pinch

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HOLLYWOOD

By Tony Rizzo



Ewan McGregor

HOLLYWOOD -- The only statement Mia Farrow's 25-year-old son Ronan Farrow made after her recent assertion, in "Vanity Fair" magazine, that he might be Frank Sinatra's son and not Woody Allen's, her partner at the time, despite no DNA test was, "Look, we're all possibly Frank Sinatra's son." All that aside, his new book, "Pandora's Box: How American Military Aid Creates America's Enemies," was just released, and he's set to host a new weekday show on MSNBC, starting in January. Ronan did admit, "Being under the microscope meant I was never given any slack. I wasn't given a lot of margin for error; it's kept me driven."

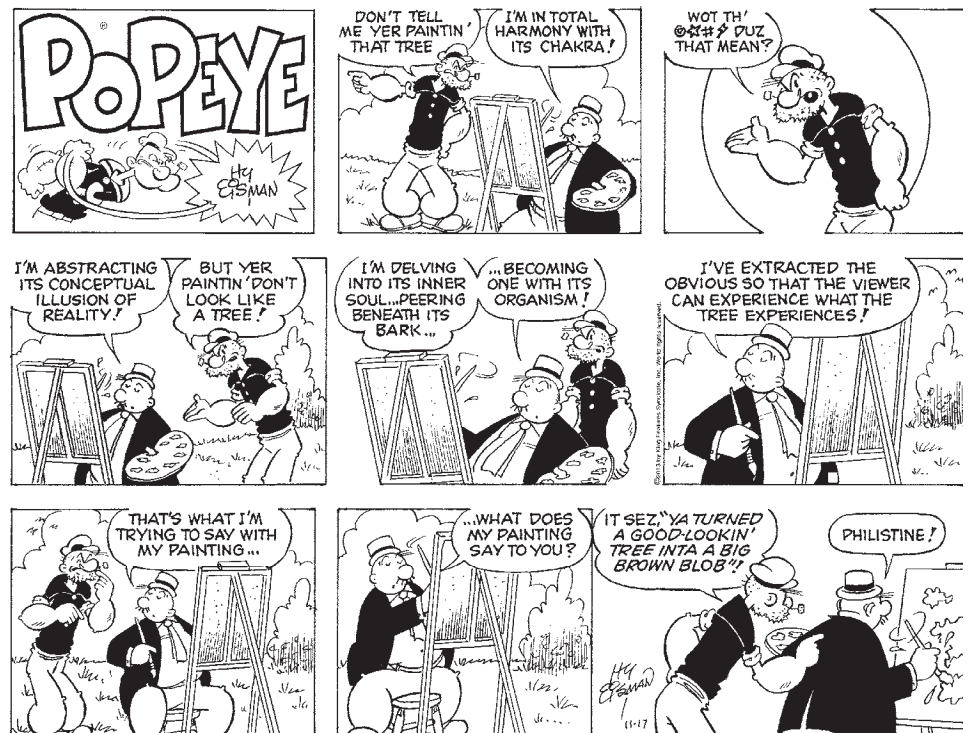
Sad to report, Joanne Woodward is suffering from Alzheimer's disease. Woodward won her Oscar for "The Three Faces of Eve" (1958) and was nominated three times after that. She won two Emmy Awards for "See How She Runs" (1978) and "Do You Remember?" (1985), in which she, ironically, played a professor suffering from Alzheimer's disease. When Paul Newman died in 2008 at age 83, he left everything to her. All monies from "Newman's Own" salad dressings and such go to charity.

Now Newman's own five daughters, three with Joanne and two from his prior marriage to Jackie Witte, are fighting over Woodward's estate, despite having been given millions of dollars by Newman before his death. Newman's only son, Scott, became addicted to prescription drugs after a motorcycle accident and died from an overdose of Valium and alcohol in 1978. Paul created The Scott Newman Center to educate children about the dangers of alcohol and drugs in 1980. It's scheduled to be shut down

Dec. 31.

Friends say Woodward would not have let that happen if she wasn't ill. Her last on-screen appearance was in the mini-series "Empire Falls" in 2005. Her voice is heard in the just-released "Lucky Them," with Toni Collette and Thomas Haden Church, and as the narrator of the animated film "All the World."

It's official: The original "Star Wars" will be re-released Dec. 18, 2015, in 3D. Meanwhile, Ewan McGregor, Obi-Wan Kenobi in the three "Star Wars" prequels, has the Australian crime thriller "Son of a Gun"; "August: Osage County," with Meryl Streep and Julia Roberts (out Christmas Day); and the action-drama "Just a Gun," with Natalie Portman, in the can. He currently is shooting "Mortdecai," with Johnny Depp and Gwyneth Paltrow. Ewan will then jump into rehearsals for his Broadway debut in the revival of Tom Stoppard's "The Real Thing," opening in October. Not surprising, the 42-year-old Scottish actor, who also starred in screen fantasies such as "Big Fish" and "Moulin Rouge," is still looking for "The Real Thing"!



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HELP WANTED

FULL & PART TIME SALES REPRESENTATIVES - Local publisher looking for qualified Sales Representatives, both full & part time, for several area publications. Salary commensurate with experience. Serious inquiries only. Mail resumes to P.O. Box 1126, Orange, CT 06477 or email letters@orangetownnews.com. EOE.

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ORANGE - Handicapped apartment, 2BR, center of town. Gas heat, \$1,284 plus utilities. Agent: 203-795-0000

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PUBLIC NOTICES

A public notice is information informing citizens of government activities that may affect the citizens' everyday lives.

Public notices have been printed in local newspapers, the trusted sources for community information, for more than 200 years.



All real estate advertising in the Woodbridge Town News is subject to the Federal Fair Housing Act, which makes it illegal to advertise any preference, limitation or discrimination based on race, color, religion, sex, handicap, familial status or national origin, or an intention to make any such preference, limitation or discrimination. Familial status includes children under the age of 18 living with parents or legal custodians, pregnant women and people securing custody of children under 18. The Woodbridge Town News will not knowingly accept any advertising for real estate which is in violation of the law.



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HEALTHCARE WORKER - Exceptional and trustworthy 24/7 live in healthcare worker available. Maya cared for our dad's every need for the last 3 years until his recent passing. She is now available to help you care for your loved one. Please contact me for further information at rubymass@aol.com.

SERVICES - Intelligent, 40 year-old professional woman looking for part time work. Receptionist, clerical, etc. Call Lauren at 203-815-6010.

WANTED

WANTED - Art, Clocks, Coins, Dolls, Estate Jewelry, Military, Silverware, Trains, Gold, Silver, etc. Call Joseph & Carol Ferry Antiques at 203-795-4644.

DONATIONS WANTED - Helping Hands Community Thrift Store raises money for over 150 local non-profits. Donate your furniture, housewares, clothing etc. and make a difference! Call 203-782-4800 for Furniture Pick-Up. Two Locations for donation drop-offs and shopping: 334 Boston Post Rd, Orange and 77 State Street, North Haven; www.helpinghandsctfb.com.

King Crossword

Answers

Solution time: 25 mins.

B	O	O	R	I	D	E	M	A	S	T	
U	R	N	E	N	V	Y	A	G	U	E	
L	A	T	U	N	D	E	R	D	O	N	E
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	B	E	E	F	S	M	A	S	H		
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Weekly SUDOKU

Answer

8	1	6	2	7	4	9	5	3
2	3	7	1	9	5	6	4	8
9	5	4	3	6	8	2	1	7
5	9	3	7	4	2	1	8	6
6	4	8	9	1	3	7	2	5
7	2	1	8	5	6	4	3	9
3	6	9	4	8	1	5	7	2
4	8	5	6	2	7	3	9	1
1	7	2	5	3	9	8	6	4

Wine Talk

With Ray Spaziani



MATCHING WINE AND FOOD

Wine is food. Certain foods go very well with other foods. Steak and potatoes are a favorite match. The texture and weight of the steak and texture and weight of the potatoes are a sharp contrast that seem to go together very well. Some people like green beans or carrots with this combination. I love fresh corn on the cob with mine, preferably from some of our wonderful local growers. What wine would go well with my favorite combination? I like a big heavy red wine with a long dry after taste. California Cabernet, Primitivo, Barolo, some Zinfandel, Shiraz, Pinotage and Malbec. All of these wines are full-bodied and go well with red meats. They are also great with Lamb, sirloin and game meats. The key is to find a full-bodied red that you like with your favorite hardy meat dishes.

When wine is properly matched with foods BOTH taste better. If you go out for lobster and order the wrong Chardonnay, (a single fermentation chardonnay usually made with no oak in stainless. Cold weather chards from the state of Washington or the Finger Lakes region of New York State and most of our Connecticut chards for example), the match does not work because the crisp malic acid does not match up well with a big buttery lobster. However, if you get a big chard from Napa Valley that has been run through a secondary fermentation where the malic acid changes and turns into Lactic Acid and is aged in an oak barrel. Wow! It is the best lobster and the best Chard you have ever had. (Lactic acid is similar to Lactos in milk, eggs, and butter!) It is too bad many restaurateurs do not know this. The Europeans have known this for hundreds of years. We have salt and pepper shakers as fixtures in every kitchen. The Europeans have a bottle of wine.

Classic matches of food and wine generally are similar in weight. Hardy food matches best with hardy wine. Light foods match with lighter bodied wines and so forth. Some matches are as follows; Sole, Flounder, Clams and Oysters, lighter fish dishes go well with wines such as Pinot Blanc, Alsace Riesling, Chablis, Muscadet, Kabinett and Spatlese, Sauvignon Blanc, Orvieto, Soave, Verdicchio, Frascati, Pinot Grigio, and Pinot Gris. Medium fish dishes such as Snapper, Bass, Shrimp, Scallops and some Veal dishes such as Veal Paillard would match up well with medium bodied whites; such as the following: Pouilly-Fume, Sancerre, Graves, Gavi, Gewurztraminer and single fermentation Chardonnay. Full-bodied fish and chicken dishes such as salmon, tuna, swordfish, lobster, duck and roasted chicken would match well with Chardonnay double fermentation, Chablis Grand Cru, Merasault, Montrachet and Viogner.

Light-bodied reds such as Pinot Noir Bordeaux, Burgundy, Beaujolais, Chianti, Valpolicella Badolino can match well with salmon, tuna, swordfish, duck, and roast chicken. Medium bodied reds including Malbec, Pinot Noir, Syrah, Rioja, Barbera, Docetto Chianti Classic Riserva Zinfandel, Merlot, Bordeaux and Burgundy match wonderfully with veal and pork chops and game birds.

When you cook with wine use a wine that has the same style you are going to serve. If you are not sure what goes well with what, order what I call a user friendly wine. Reds would include Merlot, Chianti and Pinot Noir. Whites would include Pinot Gregio, Sauvignon Blanc, Riesling and Chapagne and other sparkling wines. So go out and find some great wine and food matches. You will be glad you did! By the way Muni, the owner of Vallero Gas station and convenience store on the corner of Lambert Road and The Post Road in Orange has a new Latte machine that makes wonderful stuff! He only charges a dollar or two for the same stuff they get seven to ten bucks for a little further up the road. Muni is a gregarious character who treats his customers wonderfully. Mention you heard about his machine in this article and get your first cup free!

Ray Spaziani is the Chapter Director of the New Haven Chapter of the American Wine Society. He teaches wine appreciation classes at Gateway Community College, and is a member of the International Tasting Panel of Amenti Del Vino and Wine Maker Magazine. He is an award winning home wine maker. Email Ray with your wine questions and wine events at ray.spaziani@gmail.com.

DEATH NOTICES

Woodbridge Town News

DEATH NOTICES

The Woodbridge Town News will publish Death Notices for Orange families free of charge as a service to our readers. Family members please email notice (limit 250 words, please) to: edit@woodbridgetownnews.com

BULLETIN BOARD

Please Note: If you have an event for the Bulletin Board, please send it along no matter how far in advance it is. We will include it in the appropriate issue(s) until the event has taken place.

Boy Scout Troop 63, meetings Monday nights from 7:00 pm – 8:30pm, Our Lady of the Assumption “Mother” Church, 1700 Litchfield Turnpike (Rte. 69), Woodbridge; September- April and May-June outdoors at Camp Whiting, all boys ages 10 and up or who have completed the fifth grade are welcome to stop by and see what we’re all about. For more information, visit <http://www.troop963.org> or email Troop63CT@gmail.com.

Woodbridge Republican Town Committee Meetings, second Tuesday of each month. For more information, contact Dorothy Martino at dorothymartino@yahoo.com or 203-397-1547 or Kathy Gartland, gartlandkb@aol.com or 203-387-8792.

Woodbridge Rotary Club Meetings, 1st and 3rd Friday of the month, 7:30am breakfast meeting, Country Corner Diner, 756 Amity Toad, Bethany and the 2nd and 4th Friday of the month, 12:15pm luncheon meeting, Carmine Tuscan Grill, 1500 Whalley Avenue, New Haven. Anyone interested in learning more about Rotary should contact Anna Dickerson at 203-710-0223 or email annadickerson@yahoo.com.

Annual Fund Drive for Bethany’s Clark Memorial Library, contributions requested to help for the cost of a website to update services, etc.

Trap Falls Kennel Club Obedience Classes, every level, AKC STAR Puppy (obedience for dogs under 12 months) and Family Manners Classes/Obedience; begins week of September 16, 2013, held Wednesday and Thursday evenings, Pawz for Wellness in Shelton, CT. For registration and/or information, call 203-450-9485 or email tfkctraining@gmail.com. Trap Falls Kennel Club is a non-profit member club of the American Kennel Club (AKC)

“Sherlock Holmes and the Adventure of the Speckled Band”, Saturday, November 30, 2013, 3:00pm, a live action radio drama complete with sound effects and audience participation, hosted by the NHFPL Foundation, New Haven Library, 133 Elm Street, tickets \$15/individual, \$25/family; purchase tickets by calling the library at 203-946-7454 or go to nhfpl.org for more information.

Bethany Body Works Free Demonstration and Informational Meeting, learn about alternative forms of massage exclusively with the VibraCussor percussor instrument, Thursday, December 5, 2013, 7:30pm, Bethany Body Works, 41 Village Lane, Bethany, CT. Seating is limited, call 203-393-1500 to RSVP.

Hooked on the Sound Crochet Guild, Saturdays, December 7, 2013; 10am-1pm, Case Memorial Library, 176 Tyler City Road, small meeting room on 2nd level (elevator available); share stitch successes, assist with pattern problems and have a great time crocheting, no fee. For more information, visit <http://hotscrochetguild.yolasite.com/>, Email HOTSCrochetGuild@Live.com.

Community Carol Sing, Sunday, December 15, 2013, 3:00pm, Sanctuary, First Church of Christ, Meetinghouse Lane, Woodbridge. Tea hosted by Women’s Fellowship following the Community Sing.

Woodbridge Town News

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MONDAY

BOWLING - Grades K-6 AMITY BOWLING CENTER DEC. 9 thru MAR. 10: Busing to Amity Bowling will be provided and is included in the cost. Cost also includes rental of bowling shoes. Food may be purchased @ refreshment stand at additional cost. TIMES: 3:15 Leave for bowling and 5:15 pick up at Amity Bowling Center BY PARENTS. FEES: \$100.00 Residents \$110.00 Non-Residents

TAEKWONDO - Grades K-6 WORLD CHAMPION TAEKWONDO AMITY RD DEC. 9 thru MAR. 10: Busing to 152 Amity Rd. will be provided and is included in the cost. 3:15 Leave for Taekwondo and pick up between 4:30 - 5:00 at World Champion Taekwondo at 152 Amity Rd BY PARENTS \$169

INDOOR TENNIS - Grades K-6 BEECHER SO. GYM 3:25 - 4:25 DEC 9 - FEB. 3: \$100 Residents \$110 Non-Residents

KUMON-math.reading.success - Grades K-6 DEC. 9 thru MAR. 10 after school math & reading program: Busing to 152 Amity Rd. will be provided and is included in the cost. 3:15 Leave for Kumon and pick up between 4:30 - 5:00 at Kumon of Woodbridge at 152 Amity Rd BY PARENTS \$280. No Programs December 23, 30 January 20, & February 17

TUESDAY

BASKETBALL - Grades K-2 BEECHER SO. GYM DEC. 10 thru MAR 4: TIMES: 3:15 to 5:00 PM FEES: \$85.00 Residents \$95.00 Non-Residents

LITTLE SCIENTISTS K-5 3:30-4:15 BEECHER SO. ASSEMBLY ROOM JAN. 7- MARCH 4: \$148.00

ARTS & CRAFTS - Grades K-6 REC DEPT. OFFICE DEC 10 thru MAR 4: 3:30 - 4:30 FEES: \$85.00 Residents \$95.00 Non-Residents. No Programs December 24, 31, and February 18

WEDNESDAY

INDOOR SOCCER - Grades K-6 BEECHER SO. GYM DEC. 11 thru MAR 5: TIMES: 3:15 to 5:00PM FEES: \$85.00 Residents \$95.00 Non-Residents

CHESS - Grades K-6 REC. DEPT. OFFICE - DEC. 11 thru FEB. 5: TIMES: 3:30pm-4:30pm: \$70.00 Res.\$80 Non

WORLD DANCE - Grades K-6 BEECHER ROTUNDA - DEC. 11 - MAR 5: TIMES: 3:30 to 4:30PM FEES: \$110.00 Residents \$120.00 Non-Residents

GUITAR - Grades K-6 BEECHER SOUTH ASSEMBLY DEC. 11 - MAR 5: TIMES: Beginner 3:30 to 4:30 Advanced 4:30-5:30 pm FEES: \$110.00 Residents \$120.00 Non-Residents No Programs December 25 and January 1

THURSDAY

No Programs December 26

BASKETBALL - Grades 3-6 BEECHER SO. GYM DEC. 12 thru MAR.6: TIMES: 3:15 to 5:00PM FEES: \$85.00 Residents \$95.00 Non-Residents

JUNIOR ARCHITECTS - Grades K-6 REC DEPT. OFFICE DEC 12 thru MAR 6: 3:30 - 4:30 FEES: \$100.00 Residents \$110.00 Non-Residents

KARATE - Grades K-6 BEECHER ROTUNDA - JAN 9 thru. FEB. 20: \$70.00 3:30-4:15 *Uniforms not included.

FRIDAY

No Programs December 27

FLOOR HOCKEY - Grades 3-6 BEECHER SO. GYM DEC 13 thru MAR 7: TIMES: 3:15 to 5:00PM FEES: \$85.00 Residents \$95.00 Non-Residents

MOVE & BE HAPPY - AEROBICS FOR KIDS Grades K-6 BEECHER SOUTH DEC 13 - MAR 7: TIMES: 3:30 to 4:30 pm FEES: \$120.00 Residents \$130.00 Non-Residents

PIANO Grades 3-6 BEECHER SOUTH DEC 13 - MAR.7 BEGINNERS 3:30-4:30 ADVANCED 4:30-5:30 \$120 Residents \$130.00 Non-Residents

SATURDAY

No Programs December 28 or February 15

BASKETBALL CENTER GYM DATES: DEC.7 thru MAR.8 (No class Jan. 25): GRADES K-3 TIME: 9:00AM to 10:00AM; GRADES 4-6 TIME 10:15AM to12:00 NOON; FEES: \$85.00 Residents \$95.00 Non-Resident

GYMNASTICS/MOVENASTICS -BEECHER SO. GYM DATES: DEC.7 thru MAR.8: ALL LEVELS: GYMNASTICS 9:00 AM to 10:00 AM

MOMMY & ME MOVENASTICS - (3,4, and 5 years old): 10:30 AM to 11:15 AM; FEES: \$85.00 Residents \$95.00 Non-Residents

GUITAR LESSONS - Ages 10 & Up BEECHER SO. ASSEMBLY JAN. 11 THRU MAR. 8: 10:00AM TO 11:00AM \$80.00 Res. \$90 Non-Res

PLEASE NOTE: ALL OF THE ABOVE PROGRAMS ARE FOR BOYS AND GIRLS! PARENTS MUST NOTIFY TEACHERS THAT A CHILD IS ATTENDING AN AFTERSCHOOL PROGRAM!

No Peanut Butter snacks allowed.

Mail to: Woodbridge Recreation Department, 11 Meetinghouse Lane, Woodbridge, CT 06525. The Woodbridge Recreation Dept. will make reasonable accommodations to include all members of our community. Let us know if you require assistance to participate in any of our programs.

In case of weather related emergencies, cancelled classes will not be made up.

For more information and adult programs including badminton, World Dance and yoga, visit our Website: www.woodbridgect.org click on Recreation or call the Recreation Department office at 203-389-3446.

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Salome's Stars

ARIES (March 21 to April 19) Decisions involving your finances might seem to be foolproof. But they could have underlying risks you should know about. Don't act on anything until all the facts are in.

TAURUS (April 20 to May 20) You're attracted to a situation that appeals to your Bovine intellect. And that's good. But don't neglect your passionate side when romance comes calling later in the week.

GEMINI (May 21 to June 20) A recent development enhances that special relationship. Spending more time together also helps make the bonding process stronger. Expect news about a possible career change.

CANCER (June 21 to July 22) A suspicious situation should be dealt with before it leads to serious problems. Get all the facts needed to resolve it. Then refocus your energies on those tasks that need your attention.

LEO (July 23 to August 22) Try to be more open-minded in working toward a resolution of that standoff between yourself and a colleague or family member. A little flexibility now could work to your advantage later.

VIRGO (August 23 to September 22) You might feel a bit threatened by a proposed workplace change. The best way to deal with it is to ask questions. You'll find that those involved will be happy to

provide you with the facts.

LIBRA (September 23 to October 22) Feeling alone in a crowd during the early part of the week is an unsettling emotion. But your spirits soon perk up, putting you into the right mood to start making holiday plans.

SCORPIO (October 23 to November 21) A pesky problem should be dealt with immediately so you can put your time and effort into something more important. Someone from your past could have significant news for you.

SAGITTARIUS (November 22 to December 21) High-energy aspects dominate, both on the job and at home. Use this time to put some long-range plans into operation. Things level off later in the week.

CAPRICORN (December 22 to January 19) Even the usually gregarious Goat might feel overwhelmed by a flurry of activities. Be patient. Things soon return to your normal social routine.

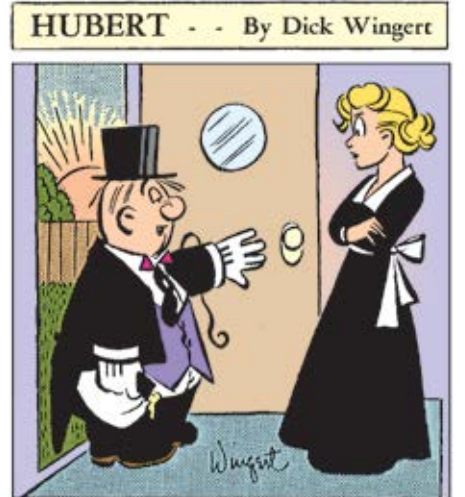
AQUARIUS (January 20 to February 18) Career choices that seem too confusing to deal with at this point probably are. More information would help uncomplicate them. On the personal side, a friend might need your advice.

PISCES (February 19 to March 20) Your Piscean imagination is stimulated by possibilities you see in a new opportunity. But keep those ideas to yourself until you feel ready to translate them into a workable format.

BORN THIS WEEK: You have an ingratiating way of helping people deal with their fears. Have you considered a career in social work or with the clergy?



"Miss Jones, check the female file and see what we have listed under 'Desperate'."



"Wasn't a bad party, but I got homesick."

top ten

Basic Human Smells

1. Fragrant
2. Woody/resinous
3. Fruity (non-citrus)
4. Chemical
5. Minty/peppermint
6. Sweet
7. Popcorn
8. Lemon
9. Pungent
10. Decayed

Source: PLoS One journal

HOCUS-FOCUS

BY HENRY BOLTINOFF

CAN YOU TRUST YOUR EYES? There are at least six differences in drawing details between top and bottom panels. How quickly can you find them? Check answers with those below.

Differences: 1. Arm is moved; 2. Sign is missing; 3. Wheel is missing; 4. Bunting is missing; 5. Number is different; 6. Pendant is missing.

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ADVENTUROUS DOG IGNORES OWNER

DEAR PAW'S CORNER: My terrier "Bill" drives me nuts with his disobedience! Last week he jumped out of the car when I stopped at the ATM, and ran along the streets and through traffic, barking at everything as I chased him. Eventually he turned up at the house three hours later and just strutted in. I had to take a vacation day from work to deal with this. It isn't the first time. What can I do? -- Wits' End in Springfield, Mass.

DEAR WITS' END: I'm sure you've heard this before, but Bill needs you to be more authoritative. He doesn't recognize you as someone he has to listen to -- and the consequences of this have become frustrating and, obviously, dangerous.

This is not irreversible, but you need to change a few things. First, Bill should never, ever be loose in the car. A pet seat restraint to which his leash is attached, or a car crate, must be used at all times.

Second, begin retraining Bill in how to come when called. Put him on a longer leash (6 feet), let him run out to the end of the leash, then call him. If he doesn't come, reel him in, then let him go to the end again and repeat the call. Once he comes on his own, reward him.

Third, retrain your command voice. Bill won't respond to a pleading or stressed-out voice. Use a strong, calm voice when calling him.

Fourth, spend a lot more time with your dog -- he's got a ton of energy, clearly. Take him for daily, long walks, and reinforce his obedience training daily as well -- all while leashed. Don't let Bill have his way any longer.

Send your questions or comments to ask@pawscorner.com. Did you know mosquitos can transmit heartworm larvae to dogs, but fleas don't? Find out more in my new book, "Fighting Fleas," available now.

The Garden Bug

Parsley

is native to Southern Europe. Cultivated for more than 2,000 years, it was used medicinally and also as food. The ancient Greeks held it to be sacred, using it to adorn athletic champions and to decorate the tombs of the dead. Ancient Romans used it in cooking, and Charlemagne grew it on his estates. Fool's parsley, a poisonous weed, is sometimes mistaken for the edible flat-leaf parsley.

- Brenda Weaver
Source: www.whfoods.com

ARTS & LEISURE

HOLIDAY SPECIALS AT NEW HAVEN PUBLIC LIBRARY

The New Haven Free Public Library invites the public to enjoy three special events taking place around the holidays at Ives Main Library, 133 Elm St.



East Haddam Stage Company presents a post-Thanksgiving live action "radio" drama on Saturday, Nov. 30, 3-4 pm

Four actors portray seven characters, complete with sound effects and audience participation in "Sherlock Holmes and The Adventure of the Speckled Band." This production recreates a 1930 radio show in which renowned actor William Gillette (of "castle" fame) portrayed Sherlock Holmes on the radio for the first time. EHSC Artistic Director Kadie Carle sets the stage with some historical background before introducing the show.



On Thursday, Dec. 19, 6-7 pm, actor Colin Lane and musician Becca Zaretsky reprise last year's standing-room only dramatic reading of Dylan Thomas' A Child's Christmas in Wales

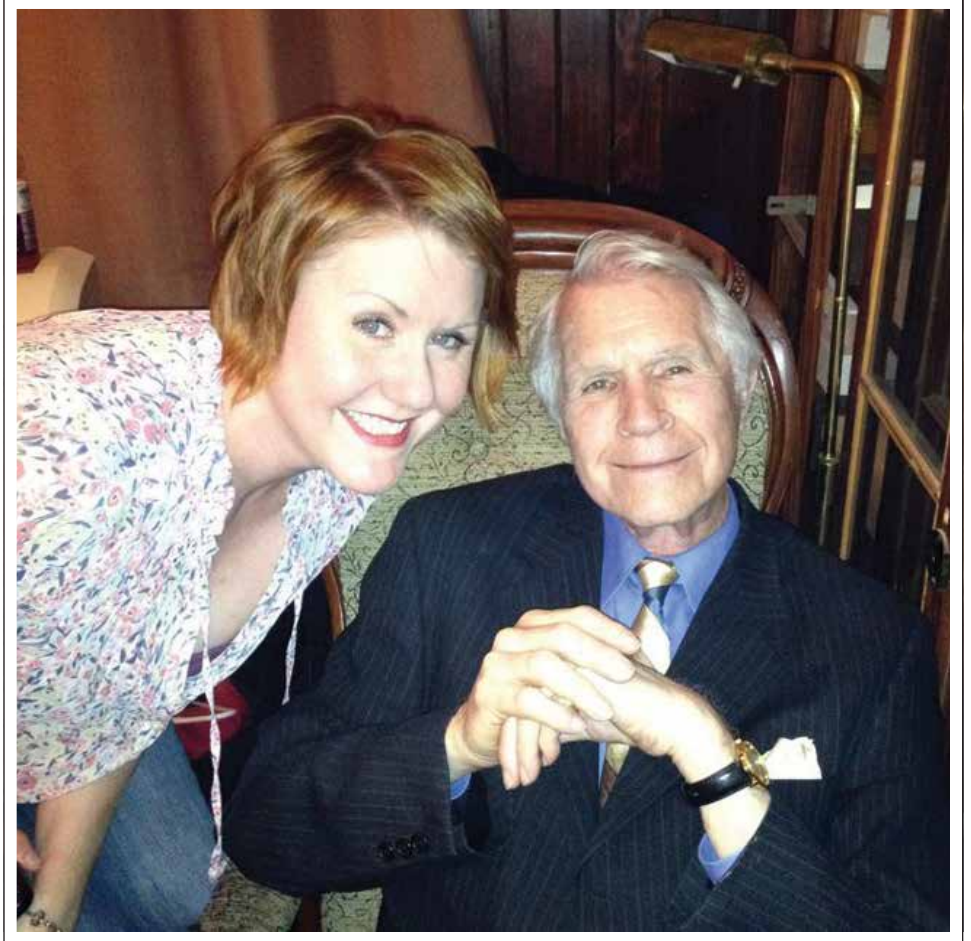
Originally written for radio, Dylan Thomas' poem is told from the viewpoint of a young child and celebrates Christmases past, portraying a nostalgic and simpler time. Lane's credits include stints on and off-Broadway, as well as many regional theater roles, including at the Yale Rep and the Mark Taper Theater in Los Angeles—not to mention six seasons with Elm City Shakespeare. Zaretsky's music provides "the secret ingredient" to the success of this production. She holds a degree from The Boston Conservatory and has appeared in a number of Boston-area and other regional theatrical productions.



The Bob Kolb Jazz Trio plays "Jazz at the Movies" on Saturday, Jan. 4, 2014, starting at 3 pm (snow date Jan. 11)

Tunes include "Cheek To Cheek" (Top Hat, 1935); "The Shadow of Your Smile" (The Sandpiper, 1965); "Sunrise, Sunset" (Fiddler on the Roof, 1964), and many more, in this special performance by musicians Bob Kolb (tenor sax), Dave Childs (piano) and Steve Roan (bass and guitar). Kolb has played with too many jazz greats to name, as well as backing performers like Frank Sinatra, Natalie Cole, Tony Bennett and Sammy Davis, Jr. Childs currently teaches piano at Fairfield University and is the pianist at the Stratford Unitarian Church, and he performs full-time in a variety of venues. Roan has played and recorded with many jazz legends and has performed at Carnegie Hall and Lincoln Center. He appeared with Julie Harris and David Childs at the Library's Cole Porter event last summer.

Refreshments will be served at all these family events, which are hosted by the NHFPL Foundation. Tickets are \$15 individual/\$25 family and may be obtained by calling 203-946-7454 or emailing cmeade@nhfpl.org. Proceeds will be used to support library activities.



SIPS AND GIGGLES!

Woodbridge resident Joanna Keylock is set to present her next theatrical offering "An Evening of Sips and Giggles!" on Saturday November 23rd at 8:00 pm at the historic Lyric Hall Theatre in Westville. The actress/producer has been working at various venues in New Haven and Woodbridge and will be at The National Arts Club in NYC later this month, but really feels that the Lyric Hall is something special. "It has such a great feel to it, and it's so close and convenient for Woodbridge, Bethany and Orange residents. It's a place that allows you to do something a little different." says Keylock.

Sips and Giggles! is an evening of theatre where the plays are paired with distinct wines and delicious light bites to compliment the plays. This time around there will also be live music. "It's really a fun and unique way to enjoy an evening of theatre." says Keylock.

For reservations please email joannakeylock@gmail.com or call 203-298-0730. Tickets are \$40.00.

"TWELVE ANGRY JURORS" OFFERS COURTROOM DRAMA

The stage adaptation of Reginald Rose's Emmy® Award-winning television movie Twelve Angry Jurors is set for Amity High School's Theater Department for a one night only special performance on Friday, December 6th, 2013. Amity Theater Teacher Rob Kennedy will direct this electrifying drama. Tempers flare and the jurors' debate turns ugly as a 19-year-old stands trial for the fatal stabbing of his father. Is this an open and shut case or can one man or woman make a difference?

The son of a lawyer with experience serving as a juror on a manslaughter case, television writer Reginald Rose used his experience for inspiration when writing Twelve Angry Men in 1954. Fifty years later, the play made it to Broadway (2004), winning a Tony Award for Best Revival. The stage adaptation, Twelve Angry Jurors, diversifies the jury and, in light of the continued controversy over jury rulings, this play explores and questions the workings of the American judicial system.

The cast of Twelve Angry Jurors includes Alida Ballou (last year's Mrs. Lovett in Sweeney Todd), Chelsea Tambis, Gabrielle Aiardo, Caroline Burkhart, Rebecca Kaplan, Clara Gamsu, Shaylen Harger, James Ottaviano, Kahari Blue, Emily Bourlas, Maya Rose, Chris Cassella and George Grotheer. The show is stage managed by Ellie Flaumenhaft and her two assistants Brian Kirby and Sage Saffron.

Scenic Design by Robert Kennedy, Costume Design is by Julie Cheven, Lighting Design is by Dan Hassenmayer.

Twelve Angry Jurors will be performed at 8pm on Friday, December 6th, 2013. The cast will also be presenting the show at four daytime performances during the school day for their fellow students as part of Amity's Spartan Seminar program. General admission tickets are \$10. Tickets are available by calling (203) 392-2019 or purchase them online at www.amitytheaterdepartment.com.

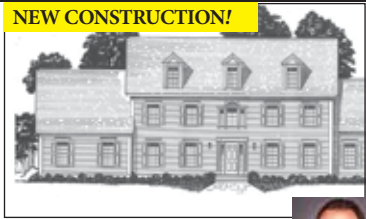
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ORANGE \$899,999 Set 8.10 acres is this 11 rm, 2BR, 2.5ba Contemporary; 3 houses in 1 SF home. 2nd house w/appt/mix use down. Marsha Oliver 795-2700.com MLS#N327278



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ORANGE \$799,900 Coach Ridge Estates! 4 luxury homes 9rms, 4BRs, MBR suite, sun rm, LR w/fplc, FRw/fplc, 3 c gar. Tom Cavaliere 795-2700.com MLS#N323012



NEW PRICE!

ORANGE \$699,000 Completely rebuilt 12 rm Nantucket Col! 4BRs, 4.5ba, office, FR, form LR/DR, den, play rm, lg, EIKw/ss appl & granite, 4 c gar, almost 1 ac flat lot. Clint Tebbetts 795-2700 MLS#N341866



WOODBIDGE \$599,000 8 rm, 3BR, 3 ba Colonial; form LR w/fp, form DR, EIK, 1st flr FR. Almost 3 acres. Make this your dream home. Darlene Eaton 795-2700.com MLS#N338918



ON DEPOSIT!

ORANGE \$579,900 Stately custom Col w/ granite stone entry; 8 rms, 4BRs, 3.5 ba, vast kit, hwflrs, fin LL, 3 c gar, ig pool, priv lot. Tom Cavaliere 795-2700.com MLS#N343071



ON DEPOSIT!

ORANGE \$510,000 Custom blt 11 rm, 4BR, 4.5 ba Col w/in law apt. OS kit & DR, main lvl FR, 1st flr office. Nick Mastrangelo 795-2700.com MLS#N337003



Invite us in, we'll bring Results! Congratulations to our agents for their exceptional ability to bring more Buyers & Sellers together in October!



Jim Montanaro
Top Unit Producer
3 Months in a Row!

Mary Radziszewski
Top Volume Producer



NEW PRICE!

ORANGE \$499,000 Pristine 9 rms, 5BR, 4 full & 2 half ba RR w/LL w/out in law apart or priv office suite. Conv loc. Owner/Agent Mario Gambardella 795-2700. MLS#N336870



NEW PRICE!

ORANGE \$389,000 Remodeled 9 rm, 4BR, 3 ba RR w/hwflrs & tile. Cust kit w/granite, open flr plan, fin LL, gas ht. Jim Montanaro 795-2700.com MLS#N341231



NEW PRICE!

ORANGE \$387,500 Completely updated 5BR, 3 ba RR. Gourmet kit w/ss appl & granit, hwflrs, finLL w/out to patio. Poss in-law. Audra Digello 795-2700.com MLS#N342603



ON DEPOSIT!

ORANGE \$359,000 Fantastic family home; 9 rm, 5BR, 3 ba Ranch on os lot. LR/DR, country kit, hwflrs, ideal for in-law 4 c det gar, updt'd mech. Nick Mastrangelo 795-2700.com MLS#N339900



NEW PRICE!

ORANGE \$349,500 Fantastic family home; 4BR, 2.5ba Colonial, hwflrs, updated mechanicals, lg rear yrd. Mark Fagan 795-2700.com MLS#N337618



ON DEPOSIT!

ORANGE \$169,900 Best deal in town! 3BR, open flr plan, newer mech, nice deck overlooking pri yrd. TLC will make it shine. Mark Fagan 795-2700.com MLS#N336732



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