



‘Mr. Woodbridge Tennis’ Builds A Fan Base

BY BETTINA THIEL
WOODBRIDGE TOWN NEWS CORRESPONDENT

Tennis players at the Woodbridge Club celebrate the 41st birthday of their coach, Chris Raffone. Raffone has built quite a following among tennis players around town.

Family is what counts first and foremost for tennis coach Chris Raffone, and the family includes all the young tennis players he has coached over the years, and by extension, their families. “They call me Mr. Woodbridge Tennis around here,” he said, with a chuckle. That’s because he has led, coached and helped guide the local tennis talent, sparking enthusiasm with the young ones during summer vacations at the Woodbridge Club, developing technique and sportsmanship at Amity High School and running indoor tennis at Oak Lane Tennis Club.

He has picked up numerous coaching awards along the way, the most recent one as New Haven Register Coach of Year for coaching the Amity

boys tennis team — a distinction he has held several times before — and in May 2018, he was honored as Coach of the Year by the Connecticut High School Coaches Association.

Raffone just closed the 18th summer season coaching at the Woodbridge Club, an outdoor pool and tennis club on Millhaven Road. The club’s director, Paul Davis, had hired him straight out of college. “He took a chance on me,” Raffone said. As it turns out, it was a good call.

“The tennis program has grown tremendously under his leadership,” Davis said, with participation growing from five to more than 100.

As a coach, Raffone teaches more than technique for a competitive sport. Rather, he guides the development of the whole individual, Davis said. He teaches good sportsmanship, and points out poor sportsmanship when it occurs. “Most players come back year

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Prisco Leaves Beecher Road School, Sherman Moves Up

BY BETTINA THIEL
WOODBRIDGE TOWN NEWS CORRESPONDENT

When Gina Prisco, former principal at Beecher Road School, accepted a job offer from the Trumbull school district, her unexpected departure at the beginning of August caused musical chairs at the leadership level of the local elementary school. The Board of Education, at a July 25 special meeting, appointed Assistant Principal Analisa Sherman as principal for the 2019-20 school year. Resource Teacher Doreen Merrill, in turn, moved into the role of assistant principal for the upcoming school year.

“The Board of Education is appreciative of the experience, enthusiasm, dedication, and continuity that Mrs. Sherman and Mrs. Merrill will bring to Beecher as a leadership team for the 2019-20 school year,” read a joint letter from Board Chairman Steven Fleischman and school Supt. Robert Gilbert, a letter they had posted on the district website.

The board also asked the superintendent to begin planning for a formal principal search to take place in late winter/early spring, as that is considered “the most advantageous time of year for a comprehensive administra-

tive search,” they wrote in the letter.

Sherman is very familiar with the community, being a graduate of both Beecher and Amity Regional High schools herself. She returned to the district four years ago in 2015, when she was appointed assistant principal. She came here from Fairfield, where she was an instructional coach

and elementary classroom teacher. Her resume lists a B.A. in Psychology/Education from Mount Holyoke College and a Masters Degree in Elementary Education from Boston College. She earned her administrative degree from Sacred Heart University.

One of her first official duties as principal was to introduce new teachers and staff at an orientation

session on August 19. Six new teachers attended, also three new teaching assistants and eight interns which the district uses as substitutes. They took a tour of the school, spoke with school nurse Stacey Katz, Resource Officer Vinny Lynch, and got an introduction to the Responsive Classroom method by Peter Halsey.

As for Prisco, she barely had the chance to say farewell to the commu-

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First Selectman Beth Heller, Finance Director Tony Genovese,
Board of Finance Chairman Matthew Giglietti

Town Earns National Award For Audit

Once again, the Town of Woodbridge has earned the Certificate of Achievement for Excellence in Financial Reporting from the national non-profit Government Finance Officers Association (GFOA) for fiscal year 2018. The Town’s audit was judged by an impartial panel to determine if it met the program’s high standards, including a “spirit of full disclosure” to communicate the Town’s financial story.

“The Certificate of Achievement is the highest form of recognition in the area of governmental accounting and financial reporting, and its attainment

represents a significant accomplishment by a government and its management,” the GFOA wrote in a letter to the Town’s First Selectman, Beth Heller. The certificate of recognition was presented to the Town’s Director of Finance, Tony Genovese.

“This achievement recognizes the outstanding work of our Board of Finance and our Finance Department,” said First Selectman Beth Heller.

Board of Finance Chair Matthew Giglietti added, “This audit award is particularly important because it helps residents understand how their tax dollars are spent.”

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“Sherman” From Page 1

nity. “Everything was happening very quickly,” she said in a phone conversation after her last day. She said the superintendent invited her to the September board meeting to say goodbye to board members and the community. She said leaving Beecher was “a little bittersweet.” “I loved Beecher Road,” she said, but Trumbull being a bigger district, it provides a new and challenging opportunity.

Prisco has been at Beecher for seven years. That means a whole class grew up during her administration, she said. The most recent graduates started their kindergarten year when she first came to the school. What drew her here was the Reading Workshop and Writing Workshop teaching methods, which have been used in Woodbridge with much success. It is her experience with these programs as well as the Responsive Classroom philosophy that she will bring to Trumbull.

“It’s one of the things that will stay with me,” she said, adding “you light a fire,” when educators provide choice and access. Prisco is now principal at Frenchtown Elementary School.

New Board of Education - In addition to a shift in school administration, School Supt. Bob Gilbert will be working with a “very new Board of Education.” The board, at its July meeting, chose Steve Fleischman as its new chairman; Lynn Piascyk as vice chair and Maegan Genovese as secretary.

In the last round of municipal elections, three new board members were chosen to the board, Daniel Cowan,

Jeff Hughes and Jeff Townsend. In addition, two members resigned since then, Paul Testa and Todd Jokl. The Board of Selectmen at its August meeting has appointed Mike Strambler and David Ross to fill in for those who stepped aside.

The new board started off the school year with its traditional “retreat,” however not until August 19, Gilbert said. The board discussed goals for the upcoming school year, but these goals still need to be finalized and adopted, possibly at the September meeting.

Enrollment - Enrollment leading up to the first day of school seemed lower than in past years. A week before opening day on August 28, School Supt. Bob Gilbert was still hesitant to give any numbers. “Often, we have a flurry of [last-minute] applications,” he said.

Kindergarten enrollment stood at 94, about 10% lower than in the past few years. Gilbert said the numbers can fluctuate widely even during the last week of vacation. It may lead to somewhat smaller Kindergarten classes than in past years, however not substantial enough to change the number of kindergarten classrooms. “This year there will be six sections in every grade level,” he said.

Multi-Age Group - Robin Gerber is returning to teach the second year MAG program. She is taking the class that has been taught by Richard Bunness who retired at the end of the last year. The MAG program will remain intact, Gilbert said. Returning teachers are Beej Ahern (Year 1), Gerber (Year 2), Louise Golden (Year 3) and Kris Hart-Rooney (Year 4).

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Woodbridge Town News

Below are the next three issue dates and deadlines of the Woodbridge Town News.

Thank you for your submissions to Your Home Town Newspaper.

Upcoming Issue Date

Issue Deadline

October 4 | Columbus Day Issue

September 27

November 1 | Veteran's Day Issue

October 25

November 22 | Thanksgiving Issue

November 15

Note: Copy due by 4:00p.m. Thank you.

FROM OUR READERS

The Friends of Woodbridge Library Say Thank You

The Friends of Woodbridge Library would like to thank everyone in our town, those that visited from neighboring towns, our volunteers and the dedicated library staff for making the Friends Annual Book Sale a spectacular success. The sale was once again located in the Library's beautiful Woodbridge Room - the original town library. This location receives so many compliments because the Woodbridge Room creates the perfect book-buying atmosphere. Our sale's success is due to the wonderful donations we receive from the community, and from the tireless volunteers who sort, clean and organize the books, CDs and DVDs.

A huge thank you to the volunteers and the fabulous interns from Amity High School who are an integral part of setting up the sale and a shout out of thanks to those Woodbridge families who live on main roads and proudly displayed our Book Sale signs - we couldn't have done so well without you!

The money raised at the Book Sale will be used by the Library for programming, museum passes and to purchase new books.

After a busy summer the Friends are back at work stocking Book Store Alley (located on the mezzanine level), so please remember us with all your used book donations.

Thank you again, Woodbridge for all your support.

The Friends of Woodbridge Library

No Bi-Partisanship in Town Appointments

Can we face some facts here? First Selectman Beth Heller promoted her bipartisanship during the recent campaign. Sen. Blumenthal was quoted in your paper, when describing Woodbridge, saying "you come together after the election" when he issued the oath of office to our newly elected officials. The reality is nothing could be farther

from the truth.

The Woodbridge Democrats rule this town with an iron fist. Case in point, the recent appointments to Boards and Commissions. With 55 terms on our volunteer boards expiring on June 30 of this year, the Republicans presented our "bipartisan" leadership with names of 27 capable residents, not all of whom are even Republicans, looking to serve the town. Ten of those nominees were seeking reappointment and four others were candidates in the May election who each received over 1,000 votes. Final score? Democrat Nominees 43, Republican Nominees 12. Nine of ten Republican-nominated reappointments were made (including Unaffiliated voters who were cross-endorsed) while no less than 43 Democrat-nominated appoints were made. Three non-incumbent Republicans were appointed and the remaining 14 nominees were rejected - two of whom are former Selectmen still looking to serve in some meaningful capacity. None of the losing May candidates were appointed.

However, a former Democrat First Selectman and two former Democrat Selectmen were appointed. So, the four Democrat votes on the Board of Selectmen making these appointments trumped those 1,000+ Woodbridge voters. Yes, this is how the system works: to the victor goes the spoils, and the Democrats did win big in May. But let's not allow the fictional narrative that Woodbridge Democrats have a bipartisan bone in their political body to go unchallenged. As it stands today, of the 104 Board and Commission appointed positions, 58 are held by Democrats, 22 each by Republicans and Unaffiliateds (no more than 2 of each on any board), with two vacancies. That ratio is not even close to the registered voter mix in Woodbridge, where there are more Unaffiliated voters than that of either party. And it

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Woodbridge Town News

WTN LETTERS POLICY

Submit your letters for our "From Our Readers" section to: Woodbridge Town News, P.O. Box 1126, Orange, CT 06477

or email: letters@woodbridgetownnews.com.

Please limit letters to 500 words and include a daytime phone number in case we have any questions. Letters must be exclusive to the Woodbridge Town News for publication. We reserve the right to reject any letter.

WOODBRIDGE EDUCATION ROUNDUP

Woodbridge School District Announces Lunch Policy

The Woodbridge School District announced its policy for determining eligibility of children who may receive free or reduced-price meals served under the National School Lunch Program (NSLP) and School Breakfast Program (SBP), or free milk served under the Special Milk Program (SMP).

Local school officials have adopted the United States Department of Agriculture's (USDA) Income Eligibility Guidelines (IEGs) for family size and income criteria for determining eligibility. The following income guidelines will be used in Connecticut from July 1, 2019, to June 30, 2020, for determining eligibility of participants for free and reduced-price meals and free milk in the Child Nutrition Programs.

The income calculations above are based on the following formulas:

- › monthly income is calculated by dividing the annual income by 12;
- › twice monthly income is computed by dividing annual income by 24;
- › income received every two weeks is calculated by dividing annual income by 26; and
- › weekly income is computed by dividing annual income by 52.

All numbers are rounded upward to the next whole dollar.

Children from families whose income is at or below the levels shown are eligible for free or reduced-price meals or free milk. Application forms are being sent to all homes in the "First Day Packet". To apply for free or reduced-price meals or free milk, households should fill out the application and return it to the school. Applications are available in the school office, as well as online at: www.woodbridge.k12.ct.us/forms. Only one application is required per household and an application for free or reduced-price benefits cannot be approved unless it contains complete eligibility information as indicated on the application and instructions. The information provided on the application is confidential and will be used only for the purposes of determining eligibility and for administration and enforcement of the lunch, breakfast and milk programs. Additionally, all school-aged children in income-eligible households can receive school meal benefits regardless of a child's immigration status, and the district/school does not release information for immigration-related

purposes in the usual course of operating the CNPs. Note that the district may share your eligibility information with education, health, and nutrition programs to help them evaluate, fund, or determine benefits for their programs, auditors for program reviews, and law enforcement officials to help them look into violations of program

their eligibility by September 28, 2019.

Some children may be directly certified for free or reduced-price meals based on Medicaid (HUSKY). No application is required if the district directly certifies a child based on Medicaid (HUSKY). All children in these households are eligible for free or reduced-priced meal benefits.

Other Source Categorically Eligible Programs should complete an application and check-off the relevant box. Questions should be directed to the determining official. For any child not listed on the eligibility notice, the households should contact the school or determining official about any child also eligible under one of these

programs or should submit an income application for the other children.

Households notified of their children's eligibility must contact the determining official or school if it chooses to decline the free meal benefits. If households/children are not notified by the district/school of their free meal benefits and they receive benefits under Assistance Programs or under Other Source Categorically Eligible Programs, the parent/guardian should contact the determining official or

their school.

Foster children that are under the legal responsibility of a foster care agency or court, are categorically eligible for free meals. A foster parent does not have to complete a free/reduced meal application if they can submit a copy of the legal document or legal court order showing that the child is a foster child. Additionally, a foster child may be included as a member of the foster family if the foster family chooses to also apply for benefits. If the foster family is not eligible for free or reduced-price meal benefits, it does not prevent a foster child from receiving free meal benefits. Note however, that a foster child's free eligibility does not automatically extend to all students in the household.

Application forms for all other households require a statement of total household income, household size and names of all household members. The last four digits of the social security number of an adult household member must be included or a statement that the household member does not have one. The adult household member must also sign the application certifying that the information provided is correct.

Under the provisions of the policy for determining eligibility for free and reduced-price meals, Analisa Sherman, Principal, will review applications and determine eligibility. If a parent is dis-

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2019-20 Income Guidelines for Child Nutrition Programs											
Free Meals/Milk						Reduced-Price Meals					
Number in Family	Annual Gross Income	Monthly Gross Income	Twice Per Month	Every Two Weeks Gross Income	Weekly Gross Income	Number in Family	Annual Gross Income	Monthly Gross Income	Twice Per Month	Every Two Weeks Gross Income	Weekly Gross Income
1	16,237	1,354	677	625	313	1	23,107	1,926	963	889	445
2	21,983	1,832	916	846	423	2	31,284	2,607	1,304	1,204	602
3	27,729	2,311	1,156	1,067	534	3	39,461	3,289	1,645	1,518	759
4	33,475	2,790	1,395	1,288	644	4	47,638	3,970	1,985	1,833	917
5	39,221	3,269	1,635	1,509	755	5	55,815	4,652	2,326	2,147	1,074
6	44,967	3,748	1,874	1,730	865	6	63,992	5,333	2,667	2,462	1,231
7	50,713	4,227	2,114	1,951	976	7	72,169	6,015	3,008	2,776	1,388
8	56,459	4,705	2,353	2,172	1,086	8	80,346	6,696	3,348	3,091	1,546
Each additional family member	+ 5,746	+ 479	+ 240	+ 221	+ 111	Each additional family member	+ 8,177	+ 682	+ 341	+ 315	+ 158

rules. This information may also be verified at any time during the school year by school or other program officials. Applications may be submitted at any time during the year.

For up to 30 operating days into the new school year, eligibility from the previous year will continue within the same local educational agency (LEA). When the carry-over period ends, unless the household is notified that their children are directly certified or the household submits an application that is approved, the children must pay full price for school meals and the school will not send a reminder or a notice of expired eligibility.

No application is required if the district directly certifies a child based on a household member receiving assistance from the Supplemental Nutrition Assistance Program (SNAP) or the Temporary Family Assistance (TFA) program. All children in these households are eligible for free meal benefits. Households receiving assistance under the SNAP/TFA programs will be notified of their eligibility and their children will be provided free benefits unless the household notifies the determining official that it chooses to decline benefits. If any children were not listed on the eligibility notice, the household should contact the district or school to have free meal benefits extended to those children. Households receiving SNAP or TFA benefits for their children should only submit an application if they are not notified of

Households receiving assistance under Medicaid (HUSKY) will be notified of their eligibility and their children will be provided free or reduced-price benefits accordingly, unless the household notifies the determining official that it chooses to decline benefits. If any children were not listed on the eligibility notice, the household should contact the district or school to have free or reduced-price meal benefits extended to those children.

If a child is not directly certified, the household should complete a free and reduced-price meal application form. The application for the SNAP or TFA households requires the SNAP or TFA case number and the households may be asked to provide proof of the SNAP or TFA case number. The signature of an adult household member is also required.

Children in households participating in WIC may be eligible for free or reduced-price meals. Please send in an application or contact the determining official for more information.

When known to the district/school, households will be notified of any child's eligibility for free meals if the individual child is Other Source Categorically Eligible because the child is categorized as either: Homeless; runaway as defined by law and determined by the district's or school's homeless liaison; or enrolled in an eligible Head Start or pre-kindergarten class as defined by law. Households with children who are categorically eligible under

WOODBIDGE EDUCATION ROUNDUP

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satisfied with the ruling of the determining official, he/she may wish to discuss the decision with the determining official on an informal basis. If he/she wishes to make a formal appeal, a request either orally or in writing, may be made to Superintendent Robert Gilbert, 40 Beecher Road, Woodbridge, CT 06525 for a hearing to appeal the decision.

The policy contains an outline of the hearing procedure. Each school and the central office of the school district

has a copy of the policy, which may be reviewed by an interested party.

If a household member becomes unemployed or if household size changes at any time, the family should contact the school to file a new application. Such changes may make the children of the household eligible for reduced-price meals, free meals, or free milk, if the family income falls at or below the levels shown in the Income Guidelines.

Questions regarding the application process may be directed to the determining official at 203-389-2195.

Local Student Achieves Top ACT Score

Danielle E. Lee, a senior at Amity Regional High School, earned the highest possible ACT composite score of 36. Only around two-tenths of 1 percent of students who take the ACT earn a top score. In the U.S. high school graduating class of 2018, only 3,741 out of more than 1.9 million graduates who took the ACT earned a top composite score of 36.

The ACT consists of tests in English, mathematics, reading and science, each scored on a scale of 1-36. A student's composite score is the average of the four test scores. The score for ACT's optional writing test is reported separately and is not included within the ACT composite score.

In a letter Danielle recognizing this

exceptional achievement, ACT CEO Marten Roorda stated, “Your achievement on the ACT is significant and rare. Your exceptional scores will provide any college or university with ample evidence of your readiness for the academic rigors that lie ahead.”

The ACT is a curriculum-based achievement exam that measures what students have learned in school. Students who earn a 36 composite score have likely mastered all of the skills and knowledge they will need to succeed in first-year college courses in the core subject areas.

ACT scores are accepted by all major four-year colleges and universities across the US.

STUDENT NEWS

Dean's List Brandeis University

Waltham, MA -- Zachary O. Katz of Woodbridge was named to the Dean's List for the Fall 2018 and Spring 2019 semesters at Brandeis University in Waltham, Mass. The Dean's List is an academic honor awarded to students who achieved a semester GPA of 3.50 or higher on a 4.0 scale, completed a minimum of three courses for a letter grade and received a grade of C or higher in all courses. Katz is the son of Marni and Stuart Katz and a 2018 graduate of Amity Regional High School.

Union College

Schenectady, NY -- Comprised annually, the Union College Dean's List honors students who have a grade point average of 3.5 for the entire academic year and meet certain other requirements. The following Woodbridge students were named to the 2019 Dean's List at Union College: Beck DeYoung, a member of the Class of 2021, majoring in Organizing Theme;

Hannah Epstein, a member of the Class of 2022, majoring in Psychology; Christine Hill, a member of the Class of 2019, majoring in Mechanical Engineering; and Cory Sachs, a member of the Class of 2021, majoring in Political Science.

Graduations Hofstra University

Hempstead, NY -- About 1,900 Hofstra University students earned their undergraduate, graduate, or law degrees during commencement ceremonies on May 19-20, 2019 at the David S. Mack Sports and Exhibition Complex. Watch videos or check out photos from the various ceremonies at hofstra.edu/commencement. Woodbridge students who graduated include: Alexander Cavanagh, who earned a Bachelor of Fine Arts in Theater Arts; and Haritsa Halepas, who earned a Bachelor of Arts in Economics.

Southern Connecticut State University

SCSU announces the 2019 Graduation list which includes Summer 2018,

Beecher Becomes Greener

STARTS COMPOSTING IN THE CAFETERIA

Beecher Road School has some exciting changes for Fall 2019 with respect to waste awareness and reduction. Through a combined effort, the school administration, teachers and the Board of Education Ad Hoc Sustainability Committee, developed many recommendations that will lead to actions and change for the whole school this year!

The first change is that Beecher has become a CT Green LEAF School. This is a statewide initiative which helps schools become healthier and more green-minded. It also makes Beecher eligible for grants that aid in these efforts. All of Beecher's green efforts will now continue under the new GREEN TEAM. This team is comprised of parents, teachers, staff and community members. Please contact us if you'd like to join. We'd love to have you!

Many of you have seen part of our Green Team this summer during the WRD Concerts and Library Movies on the Town Green, creating fun items using repurposed materials with the children and educating them through waste sorting games. We are preparing everyone for one of the biggest changes, which will be the Food Waste Diversion Initiative, in the Beecher Road School Cafeteria.

Starting on the first day of school in Fall 2019 during lunch, children will be encouraged to eat their food and refuse any single use plastic products they do not need. When it is time to clean up--instead of dumping everything in the trash--we will be guiding the students to sort their waste into the following containers: Food Donation, Liquids, Food Scraps, Recycling and Trash. To help students identify proper receptacles, all waste barrels will be labeled by color, photos and signs. The Food Donation will only be allowed for unwanted, uneaten, foods originating from the cafeteria. This will be organized by Haven's Harvest (<https://www.havensharvest.org/>) and

will be donated to the Woodbridge Senior Center. The Food Scraps will be managed by Blue Earth Compost (<http://www.blueearthcompost.com/>) and will be sent to Quantum Biopower (<http://www.quantumbiopower.com>) to make energy.

In 2018, we completed a trial run of these same waste separation/diversion techniques; we identified that food waste comprised 33-50% of the trash in Beecher's cafeteria. Diverting food out of the trash and into food donations within our community and scraps that will become compost should make a huge impact on the amount of waste we create in the cafeteria.

Additionally, our Green Team has been selling gently-used costumes for \$5 at the town's outdoor movies and at the Ice-cream Social, promoting the idea of Rebuying while raising money for the BRS PTO. We will also be working in conjunction with the PTO to sell reusable, stainless steel water bottles (with Beecher and Woodbridge Town themes), encouraging the reduction of single use plastics with plans for more sustainability themed products in the future. We'd love to hear what you are interested in seeing for sale! We also will be instituting single stream recycling (similar to the town's transfer station) in classrooms and offices.

Beecher's Green Team will be promoting waste awareness and living by the many R's: Rethink, Refuse, Reuse, Reduce, Repurpose, Recycle, Rebuy, Rot, Rain Barrel, Repair, Refurbish, React, etc. We will continue to encourage thinking about possibilities and consequences before wasting.

Help us help our children and our community become more aware of what we are wasting and how to reduce our footprint as best we can. Working together, we can make Beecher Road School, Woodbridge, and the Earth, a Cleaner and Greener Place.

Please contact Hillary at Woodbridge.Composts@gmail.com if you'd like to join our efforts in any way.

Fall 2018, Winter 2018 and Spring 2019. Those from Orange who graduated include: Emily Banach, SYC EDL; Chris Behnke, BS Nursing; Jenna Deluca, BS SWK; Brittany Dilorenzo, SYC SCP; Joshua Fraser, BS PHY; Margret Hotchkiss, BS STAR; Rehawn Hussain,

BS SOC; Daniel Klein, BS Business; James Letis, BS Business; Ling Liu, BS Business; Tobenna Nwangwu, BS Business; Jeremy Weinberg, BS Business; kira Wuestefeld, BS Business; Jonathan Yelenik, MS SCP; Shelley Hydar, MS SED.

“Letters” From Page 5

may be worth mentioning that all the current members of the Inland Wetlands Agency were Democrats up until June 26, when one member changed party affiliation to Unaffiliated the day before his appointment – which conveniently now lines up with the state limit for the maximum number of board members that can be from one party. Coincidence? Democrats dominate nearly every board and commission, and their partisan appointments assure their grip will continue. So can we please drop the pretense of bipartisanship?

Dorothy Martino - Chair,
Nominating Committee,
Republican Town Committee
Chuck Pyne - Member,
Nominating Committee,
Republican Town Committee

To the Woodbridge Community

Below is a letter that we want to share with all of you. This is an updated version of a letter that was originally sent to the members of the Amity and Woodbridge Historical Society (AWHS) in July.

It has unfortunately been a difficult last few months for the Historical Society and we want to take this opportunity to update all of you. Some of you may have heard about some of the difficulties we have been experiencing. Several months ago, after much discussion and soul searching, the Historical Society decided that to ensure the continued preservation of the Darling house, we must be clear to all concerned that the caretaker tenant lease is separate and apart from a farm lease. Because our caretaker tenant was later granted a farm lease by the town on the property, in the view of some people they had become linked.

What the Darling house and the historical society need, first and foremost, is a caretaker whose primary motivation for living on the property is to work with the historical society for the care and preservation of the house, outbuildings, and our collections. We have come to the realization that the primary motivation for a farmer to live on the property by definition will be farming. Because we had concerns

about the performance of our caretaker tenant, we relieved him of his caretaker duties. The board of directors, for the time being, has assumed the caretaker duties because the tenant still lives in the caretaker’s cottage, thus preventing us from having a new caretaker move in. We have been interviewing caretakers all summer and have some good possibilities and hope that the town will permit us to have a new caretaker installed quickly.

The society has hired a lawyer, Dwight Merriam, www.dwightmerriam.com, to work with the town on our behalf to solve our current lease problems. We are seeking to have the tenant move out as soon as possible and to have structures that the tenant erected for his farming operations, but that are detrimental to the historic fabric of the Darling house, removed. Attorney Merriam will also be working with the town to update and improve both the lease for the caretaker’s cottage and the Society’s long-term property management agreement with the town.

We want to assure all of you that our primary focus remains preserving the Darling House property and our collections. We are working to ensure that necessary renovations are performed, and that they are done sensitively so as to preserve all of the historic fabric that exists (which is substantial!). As you know, we have been working to expand our programming and want to continue to do so in way that allows us to preserve our collections and our buildings and share them with all of you in a more interactive way. In order to achieve the living history experiences that we believe you appreciate we know that we must focus on the quality of our exhibits and programs thus necessitating limiting the quantity of them. Unfortunately, due to the current events, we found it necessary to cancel our summer open house/ice cream social in July. Although we are still not able to have our usual events, we are planning an alternative outdoor family day event in September.

We thank you for your continued support, and are happy to answer any additional questions you might have. We hope that we will be able to see you again soon at the Darling House.

The AWHS Board of Directors



Protect Your Plants From Winter Weather

For the majority of gardening enthusiasts, gardening is a warm weather activity. While some people live in climates that make it possible to enjoy gardening year-round, those who don't often lament the end of the gardening season.

Winter might not be conducive to gardening, but the arrival of cold weather does not necessarily mean a gardener's work is done until the following spring. Taking steps to protect plants from winter weather is an important part of maintaining a healthy garden that thrives from year to year.

Timing is of the essence when winterizing a garden. The online gardening resource Get Busy Gardening!™ advises gardeners that the best time to winterize is after the first hard freeze in the fall. A hard freeze occurs when temperatures dip below freezing overnight. When that occurs, annual plants and vegetables are killed off and perennial plants, which grow back year after year, begin going dormant.

Better Homes and Gardens notes that perennials are the easiest plants to prepare for winter, as they require just a little cutting back and mulching to be safe from cold weather. But no two perennials are alike, so homeowners should consult their local gardening center for advice on how to prepare their particular perennials for the coming months.

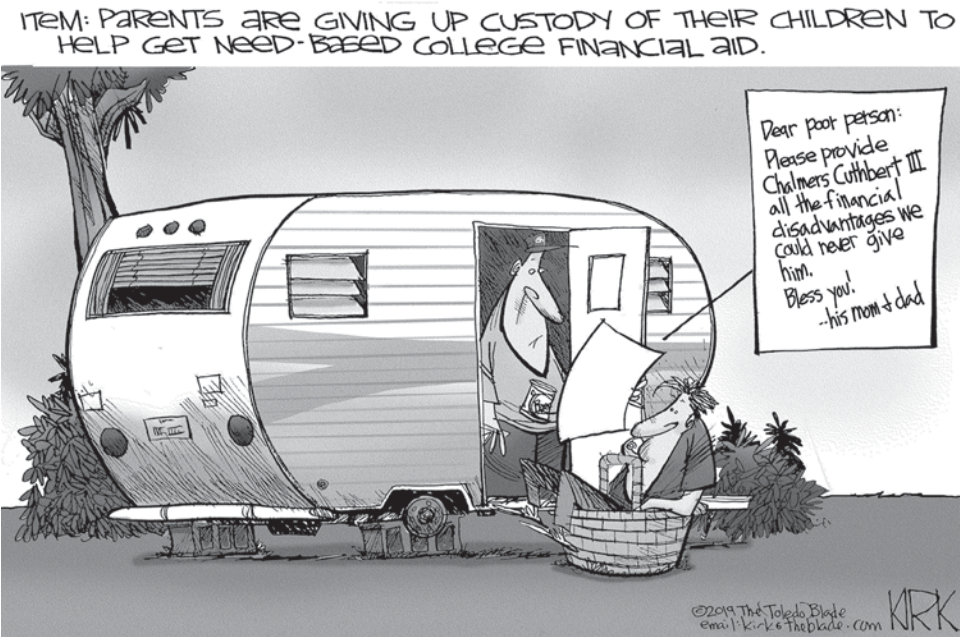
The steps necessary to winterize annuals depends on which type of annuals, cool- or warm-climate, you have. Cool-climate annuals should be covered with polyspun garden fabric when light frost is in the forecast. In addition, Better Homes and Gardens

recommends pulling dead annuals and adding them to a compost pile after a killing frost. Any annuals that developed fungal disease should be discarded. Mulch annual beds with a three- to four-inch layer of chopped leaves or similar materials, spreading the mulch only two inches thick over self-sown seeds you want to germinate in the spring.

Warm-climate annuals also should be covered with polyspun garden fabric when light frost is expected. Seeds of cold-hardy annuals can be planted for extended winter bloom, while gardeners also can collect seeds of warm-weather plants that will breed true to type. Even though you're winterizing, Better Homes and Gardens recommends that gardeners continue to weed and water their plant beds and plants while also keeping an eye out for pests. If organic mulch has decomposed or thinned out, replace it with a new layer.

Get Busy Gardening!™ notes that the bulbs of tender plants like dahlias and tuberous begonias can be dug up and overwintered in their dormant state. All dead foliage should be removed after the bulbs have been dug up, and the bulbs should be allowed to dry out a little before being stored. Container gardeners can overwinter their tender bulbs in their pots inside, but be sure to remove their foliage and store them in a dark, cool place that maintains temperatures above freezing.

Winterizing may mark the end of gardening season, but it's an important task that can ensure a healthy, beautiful garden next spring, summer and fall.



From the First Selectman

BY BETH HELLER



Summer Is Certainly Flying By!

We continue to move forward with plans to develop part of the former country club property. At last month's Board of Selectmen meeting I announced that developer Brian St. Pierre is in the process of securing new financial backing for his plan to build approximately 120 units of over 55 housing on about 60 acres. As I explained at the meeting, I am awaiting details and expect to bring new information to the Selectmen as soon as possible for a review and determination of how best to proceed for the Town of Woodbridge. A vote for approval will be necessary. Again, I will share more information with the Selectmen, and with the public, as it is received.

Once backing has been secured and the plan has been voted on by the Board of Selectmen, we can set a date for a Special Town Meeting. At that meeting I anticipate that we will set a date for a referendum to allow the public to vote on the sale of the property to Mr. St. Pierre. Town property cannot be sold without a vote by residents. I have consistently said that this matter is for the voters to decide.

In addition, I've asked a small staff committee to consider ideas for the remaining 95 or so acres of the former country club property. This group has met several times to brainstorm and discuss potential options for the use of this land as a public park. The draft plan includes walking trails, a small parking lot near the corner of Johnson and Ansonia Roads, continued use of the sledding hill, and a pavilion or picnic area. Additional ideas include park benches, a potential Frisbee golf area, a splash pad for children and a solar array. The group's charge was

to design a park that would be used widely, respect the land and be cost effective to create and maintain.

A map of this draft plan can be seen on the Town's website. I look forward to further discussion of these options at a future meeting. Please stay tuned for more information!

As we say goodbye to summer I would like to thank the Recreation Department and Commission for, as always, putting on a fun selection of concerts in July and to the Library for hosting outdoor movies in August, and the Ad Hoc Community Council, who organized a first-ever Town Picnic (pictured) at which some residents shared wonderful ideas for future community events. My goal is to make Woodbridge a great place to live, work and play.

Coming up this fall I hope to see you at many of the Fallapalooza events. Fallapalooza is held during October and is organized by the Community Council. It kicks off with the Human Services Living Treasure Award dinner, includes the Recreation Department's annual Road Race, a Valley Shakespeare performance at Massaro Community Farm, a fun-filled Arts & Music weekend at First Church of Christ and culminates with Progression Salon & Wig Boutique's annual Pampered in Pink and the Woodbridge Volunteer Fire Association's Truck or Treat. Stay tuned for details on all of these events and visit woodbridgetown.org/Fallapalooza! If your business or organization would like to host an event during Fallapalooza, please contact Betsy Yagla at byagla@woodbridgetown.org.

As always, I welcome your involvement -- please let me know if you have ideas you would like to share.

From the Other Side of the Aisle

BY STEPHEN FALCIGNO
WRTC CHAIRMAN

As Woodbridge Republican Town Committee Chairman, I've had the opportunity to speak with many residents on a variety of important Woodbridge issues. Other than the ongoing saga of the golf course, the one I hear about most often is our softening property values. For older residents, the expectation that an appreciated home value would enhance their retirement nest egg has disappeared. For newer residents, the current home price levels have provided an opportunity to move here to enjoy our fine school system.

Working with former and current Board of Selectmen members, and by applying common sense, it has become clear that our home values are closely tied to our property taxes, specifically our mill rate. To be fair, surrounding towns with more commercial and retail properties have an edge over Woodbridge in that less of their total town income comes from residential taxes. Due to this economic disadvantage, we, as a community, accept the yearly increase in our mill rate to cover the never-ending increase in our budget. The result is telling; anyone looking to sell their home comes to the realization that it has been devalued and their selling price needs to be reduced to offset the exorbitant mill rate to entice purchasers. That said, our town budget - or the process we go through each year to create it - shows no appetite to address this fact and exercise any serious fiscal constraint. As a community, we just accept these increases.

The Republican members of the Board of Selectmen have previously proposed the need for revisions to the revamped budget process with the stated goal of reducing town expenses. This would be the first effort in recent memory to reverse the annual mill rate increase that now has us at over 40. Simply put, the process looks like this:

Mid-summer, each year, the Board of Selectmen will meet to discuss and set the strategic and financial

policy for the next annual budget (e.g. department and commission budgets, and the overall budget, shall be reduced by "X" percent). Direction will then be given to the Finance Director and the budget stakeholders (department heads and Chairs of Commissions with budgets) accordingly. The Finance Director will then work closely with all budget stakeholders, guiding them through a Program-Based Budget Process (formerly known as Zero-Based Budgeting) designed to achieve the stated policy goal.

Possibly in recognition of our ever-increasing property taxes and at the suggestion of Republican Selectmen, the First Selectman recently announced the appointment of an Ad Hoc Budget Task Force to provide some recommendations to help guide the budget-setting work of both the Board of Selectmen and Board of Finance. In principle, this is a good idea. The problem is those appointed are predominantly current and former BOS and BOF members with, by my estimation, in the neighborhood of 40+ combined years of service on these boards. While these volunteers are to be thanked for their service, it would be beneficial for fresh eyes - other residents with experience in creating budgets and establishing financial goals - to be appointed to this Task Force. I would add that Republican Selectman Joe Dey, who has been advocating for budget process reform, was not asked to be on the Task Force. So, while many of us anxiously await the findings and recommendations of the Task Force, the lack of new blood among the members dampens my optimism.

For now, the 2019-20 budget is set and we have to live with it and its consequences. But Republicans will continue keeping our property value challenges on the front burner when we vote to spend taxpayer money, and push to spend less, with the goal of bringing our taxes down.



WOODBRIDGE LIBRARY

For the latest news and information, visit our website at www.woodbridge-townlibrary.org, like us on Facebook @woodbridge.town.library, or sign up for our e-newsletter. Don't forget to follow us on Instagram @woodbridge-townlibrary

Saturday hours return on September 7. We are open Monday – Thursday: 10 am to 8 pm, and Friday and Saturday: 10 am to 5 pm.

Exciting Changes to DVD and Blu-ray Collections

Starting September 1, new DVDs will circulate for 1 week, instead of the previous 3 day loan period. This increase means that almost all video discs will now circulate for the same amount of time. The change was brought about to better standardize circulation times on Woodbridge materials and to be more in line with neighboring towns and other libraries in the LION consortium. The increased number of days gives patrons more time to enjoy borrowed items and less opportunities for overdue fines. Also coming September 1, a new bestseller collection of DVDs and Blu-rays will be unveiled. These will all circulate for 3 days, and like the bestseller 14 day book collection, they cannot be placed on hold nor renewed. Bestseller copies will be chosen by patron demand and popularity, with the goal of helping patrons get the newest movies even faster.



Dustin Pari

Save These Dates

Registration to come soon for these amazing fall programs

Tuesday, October 8: Dustin Pari, from Syfy's Ghost Hunters, discusses "Spirits of the World," with stories of his international ghost hunting trips.

Wednesday, November 13: Rhonda Denet and the Silver Fox Trio present "Jazz to Soul (aka Ella to Aretha)". This concert is graciously sponsored by the Gerry Hellmann Eckhardt Fund for the Woodbridge Library, an endowed designated fund at the Valley Community Foundation.

Saturday, November 16: The Annual Friends of the Library Purves Lecture, featuring Deirdre Bair. The



WOODBRIDGE TOWN LIBRARY

National Book Award-winning biographer will discuss her latest book, *Parisian Lives: Samuel Beckett, Simone de Beauvoir, and Me*. The forthcoming memoir explores her fifteen remarkable years in Paris with Samuel Beckett and Simone de Beauvoir, painting intimate new portraits of two literary giants and revealing secrets of the biographical art.

Adult Programs

For more information about our events, or to register, please contact the reference desk at 203-389-3434. Registration is also available on our website.

Pastel Painting: Stunning Still Lives Like the Masters

Monday, September 5 at 6:30 pm

This is the final installment in our workshop series! Gregory Maichack, Museum of Fine Arts, Boston (MFA) pastel demonstrator, twice nominated for the MCC Gold Star Award, and award-winning pastelist, returns for the last of three exciting pastel workshops: instruction, demo, and hands-on work for both sheer beginners and those more advanced. All get to keep their pastel paintings afterwards! You must register for this program in person at the Information Desk and pay the \$10 supplies fee at that time. You may only register for one of the three nights as registration will be limited, so if you have attended either of the other sessions, you may go on a waitlist for the final night. This program is for teens and adults, ages 15 and up.



Pierce Campbell

The Pierce Campbell Trio (featuring members of The Kerry Boys)

Monday, September 16 at 7 pm

The Pierce Campbell Trio performs jazz classics from artists like Duke Ellington, Frank Sinatra and Tony Bennett along with more modern tunes from Stevie Wonder, Nora Jones, Bill Withers and even some originals; they have an energy and sound that engages all audiences. With excellent vocals and strong improvisation, you'll get the

best jazz has to offer with this dynamic trio. Pierce (guitar/vocals) and Tony Pasqualoni (acoustic bass) perform with several other bands including The Funky Butt Jazz Band and the popular Irish group, The Kerry Boys. Please register online or at the library.

Outdoor Film Screening: The Princess Bride (1987)

Tuesday, September 17 at sunset (approx. 7 pm)

Shown on the Green; 98 minutes; PG

The original August date was cancelled due to rain; we are happy to offer a new date for this modern classic. While home sick in bed, a young boy's grandfather reads him the story of a farmboy-turned-pirate who encounters numerous obstacles, enemies and allies in his quest to be reunited with his true love. The Princess Bride is a deft, intelligent mix of swashbuckling, romance, and comedy that takes an age-old damsel-in-distress story and makes it fresh. Bring blankets and chairs; no registration required.

Beautiful Beans with Robin Glowa

Thursday, September 24 at 7 pm

Economical, versatile, packed with nutrients, beans will add beautiful benefits to your diet. Join Robin Glowa, The Conscious Cook, as she shares healthful tips and tasty, simple ways to incorporate more beautiful beans into your menus. Registration is required; this is a very popular program and space is limited. Please register online or at the library.

Thursday Night Film Screenings have returned!

Join us at 7 pm every Thursday, in the meeting room. No registration required.

Rocketman

September 5

121 minutes; R

An epic musical fantasy about the incredible human story of Elton John's breakthrough years, the film follows the fantastical journey of transformation from shy piano prodigy Reginald Dwight into international superstar Elton John. This inspirational story -- set to Elton John's most beloved songs -- tells the universally relatable story of how a small-town boy became one of the most iconic figures in pop culture.

Poms

September 12

90 minutes; PG-13

An uplifting comedy about Martha, a woman who moves into a retirement community and starts a cheerleading squad with her fellow residents, Sher-

yl, Olive and Alice, proving that it's never too late to follow your dreams.

The Public

September 19

122 minutes; PG-13

At odds over how to handle an unusually bitter Arctic blast that has made its way to downtown Cincinnati, some homeless patrons turn the public library into a shelter for the night by staging an "Occupy" sit in. What begins as an act of civil disobedience becomes a stand-off with police and a rush-to-judgment media constantly speculating about what's really happening. This David versus Goliath story tackles some of our nation's most challenging issues, homelessness and mental illness and sets the drama inside one of the last bastions of democracy-in-action: your public library.

Tolkien

September 26

111 minutes; PG-13

Exploring the formative years of the renowned author's life, he finds friendship, courage and inspiration among a fellow group of writers and artists at school. Their brotherhood strengthens as they grow up and weather love and loss together, including Tolkien's tumultuous courtship of his beloved Edith Bratt, until the outbreak of the First World War which threatens to tear their fellowship apart. All of these experiences would later inspire Tolkien to write his famous Middle-earth novels.

Children's Activities & Events

For more information on our Children's Events, please visit our website or call 203-389-3439.

Special Events in September

Please Register Online

Saturday Storycraft is Back! Start your weekend at the library! Children ages 3 to 5 years and their adults are invited to Saturday Storycraft. A special time for stories and crafts solely for this age group. No registration required—just drop in! Held every Saturday, starting September 7, from 11 to 11:30 am.

Art Workshop for Kids

Saturday, September 14 at 3 pm (grades K to 4)

Artists in grades K-4 are invited to a Cardboard Collage Creations workshop. Choose from a variety of cardboard shapes, and get crafty with fabric, paper, pom-poms, scissors, glue and more! The sky's the limit in this fun and creative workshop! Online registration is required.

Eager Readers K-2

See "Library" On Page 14

AT THE WOODBRIDGE CENTER



Members of the Center's mahjong group enjoy the annual Indoor Picnic at The Woodbridge Center



Members of the Woodbridge Police Department cooked, served and co-sponsored the annual Indoor Picnic

Living Treasure Award Winners Announced

Woodbridge Human Services announces the winners of the 2nd annual Living Treasure Awards: Charlie Whiting, Virginia Calistro, Ellie Sheehy and Margaret Hamilton. Each of these four individuals has contributed years of volunteer service to the town and will be honored at the Living Treasure Award Dinner on October 2 at the Woodbridge Center Gymnasium, 4 Meetinghouse Lane. Proceeds from the dinner will benefit The Woodbridge Center. We are grateful for all nominations and congratulate the winners! The Living Treasure Award Dinner is a fundraiser for The Woodbridge Center honoring community-minded Woodbridge residents for their dedication to the Town and for their years of community service. Members of the community are invited to purchase tickets to the dinner by September 20 at the Woodbridge Human Services Department. The event also includes a delicious dinner catered by Lasse's Restaurant & Caterers. Dinner options include chicken francese with roasted potatoes and vegetables, a vegetarian option of eggplant rollatini with penne pasta and a gluten free option of grilled herb chicken with roasted potatoes and vegetables.

Don't miss a chance to advertise your business with a wide cross-section of Woodbridge residents; this event brings all groups of Woodbridge residents together for a great night to honor the backbone of the community while raising money for The Woodbridge Center! Last year 200 people attended and honored four longtime residents. For information on congratulatory messages, ads, sponsorships and donations of silent auction items, visit WoodbridgeCT.org for forms, email jglicksman@woodbridgect.org or call Human Services at 203-389-3429 or The Woodbridge Center at 203-389-3430.

Nosh & Knowledge Lecture Series

The Woodbridge Center's Breakfast at 10 Lecture Series launches with a new name and new topics this fall. The first in the monthly series is Scams and How to Avoid Them on September 25 at 10 am with Christine Buck, Legal Investigator for the State's Attorney General's office. The presentation will cover "you've won" scams, "grandkid" scams, identity theft, Medicare scams, insurance scams, and prescription drug scams as well as other exploitations.

The following lecture is Homecare 101 with Pam Holt of Lifetime Care at Home on October 23 at 10 am. This class will help with what to expect with homecare and the difference between medical and non-medical care. It's important to have information before finding yourself in a crisis. The next topic on November 20 will be Home Energy Conservation and Understanding Your Bill presented by United Illuminating, Southern Connecticut Gas and Connecticut Natural Gas Co. at 6 pm. All lectures are held at the Woodbridge Library.

Veteran's Service Contact Person and Veterans Information

Director of Human Services, Mary Ellen LaRocca, is the contact person for veteran's services for the Town of Woodbridge. Her role is to provide information, referral and advocacy for the aid and benefit of veterans, their spouses, eligible dependents and family members. For information on veteran's services or to receive emails on programs available to veterans, please contact 203-389-3429.

Woodbridge residents who are veterans, 60 years old or older or disabled qualify for use of The Center's Transportation Program at no charge. Contact The Center at 203-389-3430 for more information or to schedule a ride.

Computer Room Use

The Woodbridge Center offers use of 2 desktop and 2 laptop computers in a quiet room Monday through Friday from 8:30 am - 4:30 pm. The

computers are loaded with Microsoft Office and are also great for internet searches, checking email, shopping or other tasks you might want or need. There is also a printer available for use offering five pages at no cost and ten cents for each additional page.

September Lunch Menu

Lunch is served Tuesdays and Thursdays at The Center café, at 12:15 pm. Cost is \$3 for dine-in meals, \$4 for take-out. RSVP is required by noon one day prior. Meals include bread, juice, coffee/tea and dessert. 9/3 Lemon pepper roasted chicken with seasoned spinach and salad, 9/5, Garlic herb meatloaf, mashed potatoes, carrots and mushroom soup, 9/10 Town wide picnic sponsored by Coachman Square—see details under special events, 9/12 General Tso's chicken, jasmine rice and egg drop soup, 9/17 National Senior Center Month Celebration: Maryland crab cakes, brown rice, green beans, lentil soup, 9/19 Margarita chicken pasta, Italian blend vegetables and carrot and apple soup, 9/24 Corned beef, potato salad, coleslaw and beef vegetable soup, 9/26 Ravioli marinara, green beans, garlic bread and salad.

Special Programming

RSVP is required one day prior unless otherwise noted. Please call 203-389-3430 or email jglicksman@woodbridgect.org.

September 4, 11, 18: Free Art Classes with Graham Dale 10 am—12 pm in The Center Cafe. Come try a taste of art at no charge. This class is for novice to experienced artist and will include both demonstration and hands on participation. For a materials list please call. Ten-week class follows in October, see details below.

September 10: 3rd annual town wide BBQ hosted by Coachman Square at Woodbridge from 12-2 pm at the picnic grove next to the Woodbridge Library. Come for hot dogs and hamburgers, stay for the entertainment or play a game of chair volleyball, bocce or shuffleboard. Coachman Square will

provide a delicious BBQ to all town employees, first responders, and residents of Woodbridge. No cost, RSVP by September 5. Entertainment provided by Jim Sheehan.

September 10: Chair Volleyball! During the free picnic, we will raise funds for the Walk to End Alzheimer's—New Haven (on September 29th) with the chair volleyball game. Please consider donating \$5 to play chair volleyball and help raise funds for a worthy cause!

September 11, 18, 25: Mindfulness, Meditation and Memory with Dr. Jennifer Botwick of New Haven Naturopathic Center from 6-7 pm at the Woodbridge Library. This is an educational and fun 3-part series to improve focus, sleep, memory and comfort.

September 16: AARP Safe Driver Training class, 9 am-1 pm in The Center lounge. The fee is \$15 for members; \$20 for non-members. RSVP required.

September 16: Lunch Bunch! Join in for lunch with friends at USS Chowder Pot III in Branford. Transportation is provided by The Center (\$3) or meet us at the restaurant. Self-pay at the restaurant.

September 17: Lunch entertainment with Paula Pettinella begins at 12:15 pm. RSVP required.

September 20: Community Wellness Event with New England Young at Heart. Health fair runs 10:30 am -1:30 pm in The Woodbridge Center's café. This event features vendors in health, wellness, home and beauty. Light refreshments will be served. For more information or to become a vendor, please call Elaine Marcucio at 203-463-8339.

September 25: Nosh & Knowledge lecture series: Scams and How to Avoid Them at 10 am with Christine Buck, Legal Investigator for the State's Attorney General's office, at the Woodbridge Library meeting room.

September 25: Fall Ball hosted by New England Young at Heart 11 am

See "Woodbridge Center" On Page 15

TOWN DEPARTMENTS & AGENCIES

News From the Sustainability Committee

Learn about the current state of recycling and the health and environmental issues concerning plastics at an event on Tuesday, September 3 at 6 pm at the Town Library.

Let's talk trash and recycling. Connecticut produces over 2 million tons of trash annually. The state recycling rate is 34% but characterization studies show that up to 65% of what is disposed as trash is recyclable or compostable (Estimates of Municipal Solid Waste (MSW) Generated, Disposed, and Recycled FY2014). Clearly there is room for improvement. As many have heard in the last several months, China is accepting hardly any recycling from the US. There are many reasons for this. US recyclables have been highly contaminated and China has its own source of clean recyclable plastic right in China. Consequently, the price for plastic as a commodity plummeted, affecting the finances of every town in the US. Once a revenue generator, recycling has become an expense for municipalities. Americans have become accustomed to the idea that recycling is profitable. However, there is a greater purpose in recycling: conserving raw materials, decreasing greenhouse gas production, reducing pollution and reducing the amount of material going to incinerators; and it happens to be the law.

As a Bronze Certified Sustainable CT town, the Woodbridge Sustainability Committee and the Board of Selectmen have made a commitment to sustainable actions to benefit the town and the state. The committee is currently focusing their efforts on waste reduction and education. Recycling is just one way to reduce waste. To that end, The Sustainability Committee and the Committee on the Use of Publicly Owned Property (CUPOP) will be co-sponsoring a First Tuesday Workshop on Tuesday, September 3 from 6:00-8:00pm at the Woodbridge Town Library. Guest speaker Sherill Baldwin of DEEP will discuss the current state of recycling in Connecticut and illuminate the details of What's In? and What's Out?-the what and why items can and cannot go into mixed recycling. Patricia Taylor of Environment and Human Health, Inc. will address health and environmental issues concerning plastic production, consumption, disposal, pollution, and recycling and offer suggestions on how to reduce, reuse and recycle in Woodbridge.

Keep an eye out for future articles about other important waste reduction and sustainability issues such as plastics, zero waste, composting, downsizing and more from the Sustainability Committee.

CCM Discount Prescription Drug Card Program Saves On Costs

The Town of Woodbridge, through its membership with the Connecticut Conference of Municipalities (CCM), the statewide association of towns and cities, has already saved Woodbridge residents almost \$25,000 in prescription costs since joining CCM's Discount Prescription Drug Card Program in November 2013. That represents a 55 percent savings over what Woodbridge's residents would have paid for the 564 prescriptions filled thus far.

Since CCM began offering the "CCM Discount Prescription Drug Card" program in September 2012, 140 towns and cities have signed up for the program. During that time, residents in the participating communities have filled more than 250,000 prescriptions and saved more than \$12 million with an average prescription savings of 50 percent.

The program is free to any CCM-member municipality, and can be used by any resident to obtain steep discounts and savings on any prescriptions not covered by insurance, including any prescriptions for your pet that can be filled at a regular retail pharmacy. There are no costs to either the participating municipalities or their residents, and the program is completely anonymous.

"CCM is pleased to offer this valuable community service to the Town of Woodbridge," says CCM's George Rafael, Director, Municipal Resource and Service Center. "This program has

helped Connecticut residents save hundreds of thousands of dollars on their medications, and certain vision and hearing services, with discounts on eye exams, LASIK procedures, frames and lenses, and hearing aids. Even if you have prescription insurance, this card can help residents save when their current insurance card doesn't cover a medication, or if their pet needs medication that is human-based."

"I thank CCM for coordinating this important resource for Woodbridge residents, and I encourage all residents to use the card," said First Selectman Beth Heller.

The discount cards are widely accepted at all national chain pharmacies and most local independent pharmacies. Cards can be used by all residents regardless of age, income or existing health coverage. There are no enrollment forms, membership fees, restrictions or limits on frequency of use for residents. Residents can print out a card easily by visiting www.CTRx-DiscountCard.com, and selecting the Town of Woodbridge from the drop-down menu. Cards are also available at Woodbridge Town Hall, 11 Meetinghouse Lane. The website also contains a "Learn the Perks of the Card" section where residents can locate a participating pharmacy, comparison shop their medication, and find the information on the discounts that are also available on vision, hearing, and LASIK services.

Woodbridge Town News

WOODBRIDGE RESIDENTS!

Have an Upcoming Birth Announcement, Anniversary, Engagement or Wedding?

Send it to us with a photo and we will publish it FREE.

Woodbridge Town News, P.O. Box 1126, Orange, CT 06477

Email: edit@woodbridgetownnews.com

Academic Tutoring

Middle and High School Students:

- Pre-algebra, algebra, geometry, and economics
- SSAT, ISEE, PSAT, ACT, SAT, GED, and ASVAB exams
- Time management and study skills
- College applications and essays

College and Graduate School Students:

- All accounting, economics and finance courses
- Writing projects, case studies and resumes

Professional Licensing / Examinations:

- CPA, EAS, TEAS, and Praxis
- FINRA Securities Licenses: Series 6, 7, 24, 62, 63, 65, 66, 79 and 82

Email: ddubinsky.nva@gmail.com, or call David at: (203) 219-1698

Mulched Leaves Help Your Lawn

Various chores are synonymous with certain times of year. For example, cleaning a pool is a summertime task. In addition, rare is the instance that Mother Nature forces anyone to break out the snow shovels outside of winter. Raking leaves has long been a task for fall afternoons, but homeowners may be surprised to learn that they might be better off putting their rakes in permanent mothballs.

In the 1990s, turfgrass specialists at Michigan State University began exploring the potential benefits of leaving mulched leaves on a lawn instead of raking them and leaving them for curbside pickup. While the researchers noticed an obvious leaf residue on the lawn after mulching, they noted that it only sticks around for a few days. Eventually, the tiny pieces sifted down into the lawn, ultimately serving to control future weed growth while also providing the lawn with essential nutrients. Over time, researchers noted

that homeowners who mulched rather than raked their leaves needed less fertilizer to give their lawns a green look in spring, saving homeowners the effort and cost associated with fertilizing.

Researchers also noted that decomposing pieces of leaves cover up bare spots between turf plants, which have traditionally proven to be excellent spots for weed seeds to germinate. In fact, MSU notes that homeowners can expect a nearly 100 percent decrease in dandelions and crabgrass after mulching leaves for just three years.

Depending on the type of mower being used, up to six inches of leaves can be mulched at a time. Push mowers can handle smaller amounts, though can still be as effective as ride-on mowers.

Fall may be synonymous with raking leaves. However, homeowners who want to give their lawns a healthy boost should consider putting their rakes away and mulching their leaves this fall.

TOWN DEPARTMENTS & AGENCIES

Youth Services

BY NANCY PFUND



Woodbridge Selectman Dwight Rowland, Bethany First Selectman Paula Cofrancesco, Woodbridge Selectman Joe Crisco, State Representative Themis Klarides, and Amity Middle School Principal Dr. Richard Dellinger greet new students at Seventh Grade Picnic

Woodbridge Youth Services Hosts Seventh Grade Picnic

Over 130 incoming seventh graders met old friends and new at the picnic held at Amity Middle School-Bethany on August 22nd. The DJ with his wacky games and awesome tunes and the Hippo Chow Down inflatable made for a fun evening. The picnic moved into the gym due to the thunderstorms, but it didn't dampen the mood of any teens present. Dignitaries including State Representative Themis Klarides, Bethany First Selectman Paula Cofrancesco, longtime State Senator and Woodbridge Selectman Joe Crisco representing First Selectman Beth Heller, Woodbridge Selectman Dwight Roland, Human Services Commission member Susan Davidson, and Human Services Director Mary Ellen LaRocca greeted local students who received a welcome from the school principal Dr. Richard Dellinger and the assistant principal Thayer Doyle. The evening was filled with smiles and lots of energy. Parent and student volunteers generously assisted with chaperoning, registration, and distribution of food.

Back to School Blowout

Friday, September 20

Youth Services is hosting a blowout party for students of Amity Middle School-Bethany and all 7th and 8th grade residents of Woodbridge and Bethany. The evening event will occur from 6:30 to 8:30 pm in the gym at Amity Middle School-Bethany (190 Luke Hill Road). No skills required.

Challenge yourself on the inflatable; get into the DJ's games, or just dance. Watch or play, it's all laughs. Check out the interactive DJ, free raffle, and snacks. \$5 fee; pay at the door. Register in advance at 203-389-3429 or email to RSVP@woodbridgett.org. Woodbridge Youth Services and the Town of Bethany sponsor Youth Evening Programs.

Youth Program Volunteers Needed

Adults, college students, and high school juniors and seniors may call Youth Services at 203-389-3429 to help. Community Service hours will be approved.

Woodbridge Job Bank Accepting New Members/ Offers Help to Residents

Woodbridge residents between the ages of 13 and 18 are eligible to join the Job Bank to earn some money and help residents with housework, yardwork, babysitting, or tutoring. Sign up for your interview before the leaves start falling. Contact Nancy Pfund at npfund@woodbridgett.org or call 203-389-3429 for an application and permission form and to schedule an interview.

Woodbridge residents may call 203-389-3429 to hire Job Bank members to get some help with garden work, raking, housework, babysitting or party assistance.

Human Services Department Accepting Appointments

Woodbridge Human Services Department is accepting appointments starting September 16th for Woodbridge residents to apply for the 2019-2020 Connecticut Energy Assistance Program administered by TEAM, INC. Income eligibility requirements must be met.

Verification of income and assets must be submitted with the application. This includes copies of the last bank statement(s) or check(s) for: a) pay stubs (last 4), or income verification from the individual's employer,

b) Social Security benefits notice, c) Supplemental Security Income, d) pension, e) unemployment, f) alimony/child support, g) interest and dividend income, h) and utility bill. In addition, the names, dates of birth, and social security numbers of all members residing with the applicant are required.

For more information regarding Energy Assistance Program, or to schedule an appointment, please call Woodbridge Human Services Mary Ellen LaRocca or Judi Young at 203-389-3429.

Town of Woodbridge Meetings for the Month of September 2019



(Subject to Change, Check with Town Clerk's Office, 203-389-3422)

9/3	Town Plan & Zoning Commission.....	7:30 PM	Town Hall
9/9	Library Commission	6:30 PM	Library
	Human Services Commission	7:00 PM	Center Building
	Zoning Board of Appeals	7:30 PM	Town Hall
9/10	Police Commission.....	6:15 PM	Police Department
9/11	Board of Selectmen.....	5:00 PM	Town Hall
9/12	Economic Development Commission.....	7:00 PM	Town Hall
9/16	Fire Commission	6:00 PM	Firehouse
9/18	Inland Wetlands Agency	7:30 PM	Town Hall
9/19	Investment Committee.....	5:00 PM	Town Hall
	Board of Finance.....	6:00 PM	Town Hall
	Conservation Commission.....	7:30 PM	Town Hall
9/23	Recreation Commission	7:00 PM	Beecher School So.
9/24	Gov't Access TV Commission	7:15 PM	Town Hall



"If all the cars in the United States were placed end to end, it would probably be Labor Day weekend."

— Doug Larson

CHILDREN'S medical group

It's our privilege to care for your kids!

Looking for the right pediatric practice for your new or growing family? We'd be delighted to be your choice. Children's Medical Group has been a leading provider of pediatric medicine in Hamden and its neighboring communities for over 35 years. A few key features of our group:

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- Specialty areas

Interested in learning more?
Visit our website at www.cmg-hamden.com or call (203) 288-4288 to schedule a complimentary "meet a provider" visit at our office.

Craig Summers, MD	Laurie Glassman, MD
Kirsten Baker, MD	Kristen Wallis, MD
Maria DeLucia, DO	Johnny Lu, MD
Richard Halperin, MD	Christina Notarino, PA
Michael Corjulo, APRN	Jennifer Searles, APRN
Patricia Ryan-Krause, APRN	

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Excellence. Our physicians are certified by the American Board of Pediatrics and our nurse practitioners and physician assistant are board certified.

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“Library” From Page 10

Book Group

Monday, September 23 at 6:30 pm
(for kids entering grades K, 1, and 2)

Featuring Possum’s Harvest Moon by Anne Hunter. Possum is planning a harvest soiree. What is a soiree? Will Possum’s forest friends show up for his party? Find out in this sweet animal tale. Register online or at the Children’s Desk for this special monthly event. A book will be reserved for each registered child, and will be due the night of the program. Kids must read the book, with or without an adult, at least once before attending. We will have a lively discussion followed by an adorable craft!

Nutmeg Book Club

Thursday, September 26
at 5 pm (grades 4-7)

Join us for the first meeting of the Nutmeg Book Club! We’ll discuss Ban

This Book, enjoy a snack, and make a craft for Banned Books Week! Please pick up a copy of the book at the Children’s Desk and come ready to discuss. Please register online or in person.

ONGOING CHILDRENS PROGRAMMING

Baby Rhyme Time (0-18 months)
Every Wednesday, 10:30-11 am

Join us for songs and rhymes, fun for little ones. No registration.

Rhythm and Rhyme (18-36 months)
Every Thursday, 10:30-11 am

Talking, singing and reading to build vocabulary and a love of books! No registration.

Saturday Preschool Storycraft (3-5 years)
Every Saturday, starting September 7, 11-11:30 am

Stories and crafts for ages 3 to 5 with an adult. No registration.

Story Time At The Thomas Darling House

Saturday, September 14, 10:30 a.m. join the Amity and Woodbridge Historical Society for a special family event with stories, songs, and movement on the grounds of the Thomas Darling House. Healthy snacks and drinks for

children will be provided. Please feel free to bring a picnic lunch and enjoy the grounds with fun historic toys after story time. This free family event is geared toward children ages 3-5, but older and younger siblings are welcome too.



- Daily Morning and Evening Minyan
- Family-Friendly Services and Programs
- Enriching Adult Education
- Vibrant Social Action
- Outstanding Religious School with a FREE Sunday Preschool
- Shabbat Services and Festivals Open to the Community

Bread & Torah

Saturday Mornings 9:00am-9:45am

Explore the treasures of bible and other Jewish readings with Rabbi Rona Shapiro. Be prepared for a lively discussion over bagels and coffee in the B'nai Jacob Library.

This season will begin with the **Elul Institute for The High Holidays**

The month of Elul is the month leading up to Rosh Hashanah, a time for study and reflection. Join us over five Shabbat mornings as we explore themes of the holiday.

August 31	Understanding the The Liturgy of the High Holidays
September 7	Cries and Whispers: The Sounding of the Shofar
September 14	Hannah and Rachel: The Haftarat of Our Mothers
September 21	The Music of the HIgh Holidays (with Cantor Kanfer)
September 28	Do People Really Change?: Exploring Tshuva (Repentance)

All classes will be taught by Rabbi Shapiro unless otherwise noted. Everyone is welcome. No knowledge of Hebrew or experience necessary.

The Judaica Shoppe

Congregation B’nai Jacob

With the largest selection of Judaica in New Haven County, this hidden gem offers a wide collection of gift items for holidays and simchas. Come see our beautiful selection of honey pots, perfect for Rosh Hashanah. You may even treat yourself to some Israeli jewelry.



GIFT SHOPPE HOURS
Sunday: 9:00am-12:00pm*
Monday: Noon-2:00pm
Tuesday: by appointment
Wednesday: Noon-2:00pm & 3:30-5:30pm*
Thursday: 11:00am-1:00pm
Friday: 9:00am-11:00am
*When religious school is in session

Plus, the Gift Shoppe will always open by appointment!! Please call the synagogue office at 203-389-2111.

Upcoming Speakers

Sunday, September 15 • 10am

Rabbi Richard Eisenberg: “Addiction, the Opioid Crisis and Recovery Through a Jewish Lens”



Rabbi Eisenberg, beloved religious leader and certified drug and alcohol counselor, discusses his new book, which describes the spiritual fog of addiction that engulfs Jewish individuals, family members and communities, weaving Jewish texts and sources into understanding this critical issue. Free event.

Sunday, September 22 • 10am

Atty. Henry Kopel: “Hate Speech and the Law”



Hank Kopel, a federal prosecutor presently specializing in national security investigations, has published on the causal linkage between mass hate incitement and genocide. He will present an overview of how the liberal democracies’ legal systems deal with hate speech, with emphasis on the contrasting approaches of Europe and America, and in the context of the contemporary global resurgence of anti-Semitism. Free event.

Sunday, October 27 • 10am

Adina Hoffman: “Till We Have Built Jerusalem: Architects of a New City”



Award winning essayist and biographer Adina Hoffman will discuss her book “Till We Have Built Jerusalem”, a gripping and intimate journey into the lives of three very different architects who helped shape modern Jerusalem. A powerful rumination on memory and forgetting, place and displacement, the book uncovers multiple layers of one great city’s buried history as it asks what it means, in Jerusalem and everywhere, to be foreign and to belong. Free to members. A \$10 donation to CBJ is suggested for non-members.

Bnaijacob.org
75 Rimmon Road Woodbridge, CT 06525
203.389.2111 info@bnaijacob.org

“Woodbridge Center” From Page 11

to 3 pm at Aria in Prospect. The event includes lunch, vendors, music and dancing. Tickets are \$28.00, RSVP by 9/18. Transportation provided for \$3.

September 29: (Sunday) Walk to End Alzheimer’s at Lighthouse Point Park, New Haven call for details.

October 1: Medicare 101- Taking the Guess & Stress Out of Your Medicare Needs at 7pm at the Woodbridge Library. Jessalyn Pito, a local Independent Insurance Broker, will help to sift through the ABCs of Medicare adding clarity and value with your Medicare making decisions. This class is designed to explain original Medicare, what it covers, what it doesn’t, and the options available to close the gap. RSVP to 203-389-3430.

October 2: Living Treasure Award Dinner- Tickets must be purchased by September 20! Single tickets are \$40, a pair is \$75 and a table of eight is \$280. Call 203-389-3429 to purchase tickets.

October 8: Flu Clinic sponsored by the VNA, 11 am-2 pm in the Woodbridge Center café. Please bring all insurance cards with you. The CDC recommends annual flu shots.

October 16: Annual Senior Health and Wellness Fair hosted by Senator George Logan at Warsaw Park, Ansonia from 11 am – 2 pm. The Woodbridge Center will provide transportation for those wishing to attend (\$3.) - must RSVP for transportation by October 9.

November 14: Trip! Westchester Broadway Theatre presents An American in Paris. Transportation, lunch, show and gratuity, \$111. RSVP by October 3.

Ongoing Programming – call 203-389-3430 to RSVP

Calling all bocce, gin rummy, poker, canasta and spades players—call The Center and share your interest 203-389-3430. The Center will put a group or a game together!

New! T’ai Chi, beginner and inter-

mediate levels with Bill Banick. This new class begins October 4 in room 16, center Building. T’ai Chi uses slow flowing and connected movement to integrate the mind and body to generate flexibility, strength and well-being. The class is designed to increase balance and stability, prevent falls and help manage arthritis. This 10-week class is offered for \$50.00. RSVP required- call 203-389-3430.

Weekly Craft Group meets Thursdays, 10 am - 1 pm, in The Center lounge. Calling all knitters and crocheters to join the group. Come for knitting and crocheting and stay for lunch! Don’t forget to make a lunch reservation. Members of the craft group will be assisting with the mission of the Tiny Miracles Foundation making hats for premature infants. Please consider donating clean yarn to help with this project.

Yoga for Healthy Aging Class meets Fridays, 11:45 am - 1 pm, in the Center Building, Room 16, with instructor Julie Luciani. Current session runs September 6 through November 22—12 weeks for \$75. Class fee will be pro-rated if joined late. Class combines seated and standing postures and is safe for all.

Gentle Yoga with Diane King on-going class Mondays 10:30 and 5:30 in Center Building, Room 16. Gentle Yoga is a class for anyone who desires a slower-paced, yet dynamic, class. The morning classes are “no knees” since, as we age or have knee replacements, knees may be more sensitive. To sign up for classes contact the instructor: yogadiane@gmail.com.

Yoga class with Bill Banick: Monday through Friday classes run 8:30-9:45 am starting September 2 and Tuesday evening classes are 5:30-6:45 pm and begin September 3. All classes take place in Room 16 at the Center building.

Mahjong: Monday & Friday, 9:15 am, Center Building, Room 11 for advanced and 10:00 am Room 13 begin-



Members of the Duplicate Bridge group at The Woodbridge Center in the Cafeteria; the group is led by Rita Brieger

ner, intermediate.

Exercise with Laurie: Workout includes a combination of strength training, cardio, flexibility and balance. Bring weights if you have them. Class is in The Center café through September on Tuesday and Thursday, 10-11 am. No need to sign up—just pay a drop-in fee of \$2.

Book Club: The book club meets the 4th Tuesday of each month, 11 am at the Woodbridge Town Library. The next meeting is September 24 and the book will be Island of Sea Women by Lisa See. New members are welcome.

Art Class: Class meets each Wednesday, 10 am - 12 pm, in The Center café. The class is taught by local artist Graham Dale. Call to register. A new ten-week class begins October 16. Fee is \$60 and will be pro-rated for those joining late. See information on free classes under Special Programming.

Tuesday Movies: Following lunch in The Center lounge at 1 pm: 9/3 The Public, 9/10 Rocketman, 9/17 Poms, 9/24 Silver Screen Selection: Back To The Future (1985).

New! Thursday Movies: Oldies, musicals, classics following lunch in The Center Lounge 1pm.

Ask the Nurse: 1st and 3rd Tues-

day of each month, 11 am - 12:30 pm, blood pressure screenings, weight and conversation with a registered VNA Community Healthcare Nurse in The Center lounge.

Duplicate Bridge: Mondays, 9:30 am—12:30 pm, in The Center café.

Bridge: The Center’s Wednesday bridge group invites new members! Join in for a friendly card game 1-4 pm, no reservations—just come to The Center café.

Pinocle: Monday, Wednesday or Thursday, 1-4 pm, in The Center lounge. Come any day—the group looks for new players and is willing to bring rusty players up to speed!

Pickleball: Meets Monday-Thursday in the Center gym for group play, 12:30-2:30 pm and Friday, 12:30-3:30 pm. Paid annual members may arrange playing times with other members. Annual membership is \$20 for Woodbridge residents and \$25 for non-residents. Stop by the office to make payment. Equipment is available on a first come, first served basis.

Shuffleboard, bocce and billiard equipment are available during business hours. Stop by with your group and play on a first come first served basis.



Annual NEYAH Fall Ball

Most you know me, but those of you who wonder what is NE Young at Heart and who is Elaine??? I am a lifestyle coordinator and the owner of New England Young at Heart, a resource that provides outreach, workshops and programs to individuals 55+ and their families, enabling aging adults to stay connected to their community and age in place. I have an opportunity for you to become a part of the NEYAH Family.

The Annual NEYAH Fall Ball is taking place on Wednesday, September 25th at Aria Banquet facility in Prospect. The event is from 11:30-3pm, a sit-down luncheon, DJ, Vendors (healthcare and shopping) raffles and FUN!! Individuals from all over CT attend.

For more information, contact Elaine Marcucio, 203-463-8339, neyoungatheart@gmail.com.

LOCAL BUSINESS ROUNDUP



15 Years, 35 Clinicians And 3 New Fitness/Wellness Centers

Fifteen years ago, Michael Dow MSPT/CEO and Clinical Director of Amity Physical Therapy carved out and grew his practice the right way – devoted, caring treatment of patients from pediatrics to geriatrics. Now, along with his clinical partner, Kyle Branday MSPT/CDN, the practice has grown to three Greater New Haven offices and acknowledged as one of the finest physical therapy centers in Southern Connecticut. The pair has achieved numerous professional awards and accolades from the medical orthopedic community.

Highlighting its 15th year, Amity Physical Therapy has launched a unique Physical Therapy/Fitness Training/Health & Wellness Division—a one stop practice embracing certified fitness trainers, complete rehab and injury prevention treatment, along with dietary and nutritional programs. “This comprehensive service is long overdue,” said Michal Dow, founder of Amity PT. “It’s the best of both worlds. We can monitor therapy patients, taking them from injury to normal movement activity while our fitness clients strive for performance, strength, conditioning and speed.”

Fitness participants undergo a thorough movement screening – a head-to-toe quantitative orthopedic screen conducted by licensed therapists. This diagnostic technique reveals joint or soft tissue restriction, strength, imbalances or movement sequencing considerations. From there a personal trainer coordinates with a physical

therapist to create a comprehensive training program for each client.

Always ahead of the curve in his profession, Michael Dow has outfitted the three offices with a breakthrough functional training system, the Synrgy 360, from LifeFitness, a global supplier of quality fitness equipment. “From the inception of this practice I was determined to spare no expense, but to install high-quality equipment that’s modern and reliable. We take pride in the architectural aesthetic of our facilities, inclusive of functionality and flow.” He added, “What people, see, feel, and use are extremely important. Our equipment reaches all patients, pediatrics to geriatrics. We have to vary our treatment styles and provide the tools to support it.” Dow concluded, “Summing up our fifteen years: we expediently return injured people back to normal activities and now are helping others in vital physical fitness training. It’s all about our patients and clients. We live for that.”

Michael Dow MSPT/CEO received his degree from Sacred Heart University. Since founding Amity Physical Therapy 15 years ago, he has been recognized by the U.S. Department of Health and Human Services for his work with the National Multiple Sclerosis Society. He works with patients of all ages, pediatrics to geriatrics, as well as local high school and college athletes. The practice has three area offices in Woodbridge, Hamden and Branford. Michael can be reached at 203-389-4593 or visit amitypt.com.

The Best Lawyers In America

20 Cohen & Wolf, P.C. Attorneys Included in the 2020 Edition

Cohen and Wolf, P.C. is pleased to announce that 20 of the firm’s attorneys have been selected by their peers for inclusion in The Best Lawyers in America® 2020 Edition. Cohen and Wolf congratulates the following attorneys named to The Best Lawyers in America 2020 list:

- › Richard L. Albrecht - Family Law;
- › David A. Ball - Commercial Litigation;
- › G. Kenneth Bernhard - Real Estate Law, Municipal Law;
- › Jonathan S. Bowman - Real Estate Law, Insurance Law;
- › Annmarie P. Briones - Family Law;
- › Richard J. Di Marco - Tax Law*, Trusts & Estates, Bus. Organizations (including LLCs and Partnerships);
- › Courtney A. George - Litigation-Labor & Employment, Employment Law-Individuals
- › David L. Grogins - Municipal Law;
- › Jocelyn B. Hurwitz - Family Law, Family Law Arbitration;
- › Robin A. Kahn – Real Estate Law;
- › Stuart M. Katz - Litigation- Labor & Employment, Employment Law-Management, Employment Law-Individuals;
- › Mark A. Kirsch - Real Estate Law, Community Association Law;
- › Vincent M. Marino - Municipal Law;
- › Rachel A. Pencu - Family Law;
- › Richard Slavin - Securities/Capital Markets Law, Securities Regulation;
- › Greta E. Solomon - Tax Law, Trusts and Estates, Elder Law;

- › Matthew C. Susman - Real Estate Law, Banking and Finance Law;
- › Joseph G. Walsh - Personal Injury Litigation-Plaintiffs;
- › Austin K. Wolf - Real Estate Law, Land Use and Zoning Law, Litigation-Land Use and Zoning; and
- › David B. Zabel - Commercial Litigation, Litigation-Labor and Employment, Employment Law-Individuals.

*This year, Attorney Richard J. Di Marco was also recognized by Best Lawyers as the 2020 “Lawyer of the Year” for tax law in the Stamford metro area. This is the second time Mr. Di Marco has received this award, the first being in 2018. Only a single lawyer in each practice area and designated metropolitan area is honored as the “Lawyer of the Year”, making this accolade particularly significant. These lawyers are selected based on impressive voting averages received during the peer review assessments. Receiving this designation reflects the high level of respect a lawyer has earned among other leading lawyers in the same communities and the same practice areas for their abilities, their professionalism, and their integrity.

First published in 1983, Best Lawyers® has become internationally regarded as a guide to legal excellence. Lawyers named to The Best Lawyers in America list are divided by geographic region and practice area. Attorneys are evaluated by their peers on the basis of professional expertise and undergo an authentication process to make sure they are in good standing.

Local Travel Advisor Joins The 1%

Jane Mathias, a travel advisor at Now Voyager, an independent affiliate of Cruise and World Travel in Fairfield, Connecticut, recently completed an in-depth training program with Tauck. She joins the select group of 1% of the company’s worldwide network of travel agents who have successfully completed the program. Founded in 1925, Tauck is a leader in premium quality guided travel with over 120 land journeys and cruises in more than 70 countries and on all seven continents. The company has been named

both the “world’s best tour operator and safari outfitter” and the “world’s best river cruise line” three times by Travel & Leisure magazine.

Mathias, a resident of Woodbridge, has specialized in luxury tours, cruises, and independent travel since 1992. As a member of the Virtuoso network, she is a specialist in finding high-end accommodations and customizing experiences for each traveler. She is happy to help you plan your next adventure. Please contact her at 203 389-7075 or email her at jane@mynowvoyager.com.

LOCAL BUSINESS ROUNDUP



Affinity Health & Wellness Now Open

Affinity Health & Wellness officially opened at 1351 Whalley Avenue in New Haven, in the former Tommy K's plaza on the New Haven/Woodbridge border. It is the city's first and only medical marijuana dispensary. The dispensary consists of a fully renovated 3500 square foot facility with a large, comfortable patient waiting room, retail area, private consultation rooms, monitored entrance, and secured dispensary facility. Affinity Health & Wellness is staffed with an experienced team of Dispensary Pharmacists and Dispensary Technicians to provide a full line of both products and expertise to all their patients.

Affinity Health & Wellness was developed by Dispensary Pharmacist Raymond Pantalena RPh. A graduate of the University of Connecticut with a BS degree in Pharmacy, Mr. Pantalena has a proven record of results-oriented successes in building five area medical related businesses from their inception to successful and profitable companies through his leadership and skills.

Brian Essenter, RPh, Dispensary Manager, is a graduate of Northeastern University and a registered pharmacist. Brian is a former Dispensary Manager at one of the busiest dispensaries in Connecticut for almost 3 years. He also worked 16 years for one of the nation's largest national retail pharmacy chains in MA, NV, and CT. Brian is the owner of MM Consult CT. At MM Consult CT, Brian's goal is to answer any and all questions regarding the benefits of medical marijuana. He is also able to guide patients through the difficult process of navigating Connecticut's Medical Marijuana program. This can include suggested dosing and delivery

methods appropriate for the patient's condition, as well as desired results. Brian has also been consulting for businesses in the cannabis industry and those interested in entering the industry. He has also had the opportunity to speak to many different audiences regarding medical cannabis.

"We are proud to be the first company to bring a full medical marijuana dispensary experience to the New Haven community," said Pantalena. "We wanted to provide New Haven area patients with premium-quality medical marijuana products by opening a dispensary that was convenient, assessible, and in a comfortable environment."

"Our primary focus is on patients suffering from debilitating medical conditions and to educate our patients to gain control of their lives," added Essenter. "We are committed to understanding our patients' individual conditions and providing the therapy they need. Our dedicated staff is here to work closely with the patient to understand their needs and recommend the proper type of medical marijuana. In addition, we educate our patients fully on the effective use of our products to obtain the full benefits."

Affinity Health & Wellness operating hours are Monday through Wednesday, 9am - 6pm; Thursday - Friday, 9am - 7pm; Saturday, 9am - 3pm. The dispensary is closed on Sunday.

All patients are required to have a Connecticut medical marijuana program registry ID card, a doctor's recommendation for medical marijuana, and a Connecticut driver's license.

Patients may call 203-745-3823 to schedule an appointment or visit www.affinityct.com.



Pictured seated left to right: Bill Hawkins, VP Finance and Administration Albertus; Thomas Hastings, Executive Director Overseas Ministries Study Center. Standing left to right: Jamie Cuzzocreo, Attorney Paul Proto and Attorney Jim Whitney, Frank D'Ostilio, partner/broker Real Living Wareck D'Ostilio; Nancy Andersen, Real Living Wareck D'Ostilio.

Wareck D'Ostilio Announces Five Million Dollar Sale

Real Living Wareck D'Ostilio announced the sale of the following transaction by partner/broker Frank D'Ostilio and Nancy Andersen:
490 Prospect Street, New Haven
Listed \$5,650,000; Closed \$5,000,000

Seller: Overseas Ministry Service Center which has relocated to be part of the Princeton University Theological Seminar

Buyer: Albertus Magnus University - Property to be used as additional dorms.

Institutional Property of Combined office and residential use and adjacent to Yale University. 3 Buildings on 1.3.8 acres which include 24 dwelling units, office space, meeting and guest rooms.

Building 1 - Farrel Mansion; 490 Prospect Street, 10,534 square feet with 10 B&B units and 9 offices, Georgian Colonial Revival built in 1911 by Farrel Family of Farrel, Inc of Ansonia CT.

Building 2 - Doane Hall, 492 Pros-

pect Street, 8,892 square feet with 11 residential units.

Building 3 - Great Hall, 411 Mansfield Street, 8457 square feet with 13 efficiency apartments in the heart of New Haven.

Closed: 8/20/2019

"The purchase coincides with the upcoming arrival of the largest incoming class in the College's 94-year history," the college said in a release. To date, there are 275 first-year and transfer students arriving on the private, Dominican college's campus for this coming semester. A spokeswoman said that, with the purchase, housing immediately will be available for 27 residents. Additionally, the facility will provide additional classrooms and office space for faculty and staff, she said.

The college said 61 percent of the class of 2023 has requested on-campus housing. "We received multiple offers on this fabulous property from Yale University and other major developers," said D'Ostilio.

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On Your Mark, Get
Set, Bagel Run!

The 9th Annual Murray Lender 5K Bagel Run sponsored by Titan Energy will be held on Sunday, September 15, 2019 at the New Haven JCC. Enjoy music, professional race timing, post-event festivities, and fun for runners and walkers of all ages.

The 5K race starts at 9:30 a.m. on a USATF Certified Course. In addition, we will host a 2-mile Family Fitness Walk that is suitable for strollers and great for parent-child runs.

The day kicks off at 8:45 a.m. with a Kids Fun Run! At the sound of a starting pistol, our mini runners will be unleashed for an uphill dash with Benny, our famous Bagel-man mascot. This is a great opportunity to share a fun and exciting day of movement with your children and to inspire them to cultivate their own love of fitness. The JCC is also offering free babysitting services during all races.

The Bagel Run, held annually since 2011, was dedicated and renamed The Murray Lender 5K Bagel Run the following year. Lender was not only a leader in the community, planning many events for communal organizations and causes over the years, but he was also an ardent devotee and committed JCC member. It was his commitment to creating a stronger, more united community that became the driving force in creating the JCC's 360 Amity Road Campus, together with David Beckerman.

While the rest of the world knows him and his brother Marvin for their bagels, the Murray Lender 5K Bagel Run now pays homage to Murray's generous spirit, love for the community, and his vision for a brighter to-

morrow. In this evocation of Lender, we celebrate community, wellness, and appreciation for the values the JCC stands for.

Proceeds from the race will go to fund Teen Fit, a new fitness program at the JCC designed specifically to get teenagers off the couch and into the gym. This group-based fitness program, led by certified youth trainers, will provide your 13-15 year olds with the building blocks for an active lifestyle.

Stick around after the race for a Bagel Run block party extravaganza featuring special guest Pygmy goats and a live band pumping out your favorite hits. Enjoy bagels and cream cheese from Katz's Deli, delicious goodies handmade by our own JCC members and staff, and the crowd favorite Sklar family apple cake! This year there will be free pre-and post-run massages and trainer-assisted stretching.

At 10:30 a.m. the celebration continues as we award participants with medals made from real bagels. Find out your race time, get your face painted, and take photos with Benny the Bagel. This is a great opportunity to learn about your community and upcoming JCC programs, connect with old and new friends alike, and, of course, eat more bagels!

Register in advance at jccnh.org/registration-bagel-run for only \$25 and receive a free t-shirt, or register on the day of the race for \$30. The Kids Fun Run is free. To become a sponsor, visit www.jccnh.org/bagelrunsponsor. For more information, visit jccnh.org/bagel-run or contact JCC Fitness Director Susan Donovan at susand@jccnh.org or (203) 387-2424 ext. 265.

Woodbridge Town News

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Start a New Holiday Tradition
this December

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Left: Filming in front of bowling mural at Amity Bowl, 30 Selden Street. The cast members shown are, from left to right: David Kaminski, Michael Caruso, Kelly Caruso (in front with red skirt), Brandon Olivera (one of the stars of the movie), Ally Rusin and Laura Mazzioti. Right: Filming in front of 26 Selden Street. Mike Greca (wearing hat) plays “Manager Dick” as director Reno Venturi (in yellow) watches.

Movie Magic In Selden Plaza

When William Battle, one of the organizers of the feature film, “The Dangerfield’s Class of ‘64”, contacted Ona Alpert, the owner of Selden Plaza on Selden Street in Woodbridge, Ona had an idea why. “The bowling mural is known by so many, and the bowling lanes are a landmark for the area, I knew it had something to do with that,” she said. Indeed, it was. William described a feel-good movie, set in the 1960s, about four high school boys who form a band,

The Dangerfields, and the obstacles they face following their dream. A musical comedy reminiscent of “Grease”, “The Dangerfield’s” is based on a true story. Proceeds from the film will be donated to the Wounded Warrior Project. So, for most of the day on July 24, Selden Plaza became the place where movie magic happens, and 2019 became 1960 all over again. “Older buildings have a history and a soul that new buildings can not reproduce. The Plaza

is a tangible representation of an era of optimism and growth. I’m happy to celebrate that,” Ona said. And, as if on cue, the director, Reno Venturi, yelled, “Action!” In total, about three scenes were shot in the Plaza utilizing the mural wall, inside Amity Bowl, Selden Street and in front of 26 Selden Street. Cast and crew included the original Dangerfields whose manager, “Manager Dick” as he is known, even came to watch the filming. “I’ve got to go,” he

said as he was leaving, “and call Ruth Buzzi (former Laugh-In star) to wish her happy birthday!” Built in 1950, the Selden Plaza has been the heart of Woodbridge’s entertainment district for decades, being home to a bowling center as well as restaurants, retail shops and a bicycle store. Today it was stage and set for entertainment of a different genre. For rental information, please contact Ona Alpert, 203-645-4200.

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How To Store Firewood The Right Way

A fireplace is a cozy and warm spot around which a family can gather. The home and real estate resource HomeGuides.com indicates that 60 percent of new homes have a fireplace, which is up from 36 percent in the 1970s.

Naturally, fueling a fireplace for the season may require homeowners with wood-burning units to keep an ample supply of wood at the ready. How that wood is stored is important, as properly stored firewood can prevent waste and other issues around the house.

Wood that is freshly cut has a water content of 60 percent or more. Yet, for best burning ability, wood should be near 20 percent in water content. Green wood is hard to ignite and will not burn nearly as well or efficiently as seasoned wood. Another concern associated with green wood is that it can contribute more to creosote accumulation in the flue of a fireplace. Creosote is a combustible material that may lead to fires if left unchecked.

According to BioAdvanced®, a science-based lawn, garden and home improvement innovator, seasoning wood typically takes six months to a year. Homeowners may opt to purchase seasoned wood that already has sat and dried.

Homeowners who have an abundance of firewood have to store it somewhere. Log Splitters Direct suggests choosing a dry, breezy area of the property that is about 20 feet from the nearest door to the house. This helps avoid hitchhiker pests from coming inside with the wood, such as termites, ants, spiders, and mice. Do not stack the wood flush against a structure. It should be at least a few inches away to allow airflow behind the stack.

Stick to organized rows of wood no more than four feet high. Log racks and pallets and posts will keep the wood up and off of the ground where moisture and rotting can develop. Placing the logs in an unorganized pile will impede air flow and cause the wood to rot rather than continue to dry and season even more.

Homeowners also should use a cover to protect seasoned firewood from the elements. Position a tarp or plastic sheeting so it blankets the top of the stack and extends a few inches down the sides. Keep the sides mostly exposed to air. Others prefer to stack it in a barn or shed or under an overhang.

Green wood is less expensive than seasoned wood. Those who prefer this method should do so in the early spring and let it season over the next several months.

Bankrate says that the cost of a cord of wood varies across the country, but in general one can expect to pay between \$120 and \$180 for a cord of hardwood that is split and seasoned. This price may be higher in mid-winter when demand increases.

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CLUBS & ORGANIZATIONS

Girl Scouts® Recruitment Carnival

To be held on Wednesday, September 18th, 2019; 6:00 pm to 8:00 pm; Woodbridge Center Building Gymnasium, 4 Meetinghouse Lane, Woodbridge.

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Join us at the Scout Recruitment Carnival to learn more. Contact Vicky Burford at GSCTAmitySU@gmail.com for more information.

NE Young at Heart Events

The first is a fun afternoon at the Woodbridge Center for the Fall Health & Wellness Showcase Friday, September 20th from 10-1:30. This is a FREE event. We will have various types of vendors including health, shopping and screenings. A cooking demonstration, free manicures and raffles!

Next up is the Fall Ball Extravaganza. This event will be held on Wednesday, September 25th 11:30-3pm at Aria Banquet facility in Prospect. Sit down family style meal, vendors, raffles and dancing with our favorite DJ

Brandon! Until August 30th tickets are only \$26; after that the cost is \$28.00.

For more information, send all correspondence to: Elaine Marcucio, NE Young at Heart, 22 Prairie Avenue, Derby, CT 06418, neyoungatheart@gmail.com or call 203-863-4339.

NE Young at Heart is a community resource for aging adults and their families. We offer social and educational workshops and events for ALL age. Stay connected to your community today, join NE Young at Heart.

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Woodbridge Happiness Club Meeting!

Join Bernie Siegel, M.D. & Lionel Ketchian for a discussion on Happiness for our well-being. Lionel Ketchian is the co-host with Dr. Bernie Siegel on Mind Health Matters radio programs. Lionel is also the co-host on “The Happiness Show,” broadcast on TV by Cablevision of Connecticut.

Take part in getting valuable tools and techniques for making your life the best it can be. Suffered enough? Do you really need to suffer anymore? Are you ready to learn to Be Happy? Being Happy will help you suffer less and evolve spiritually. External events are difficult for us without the right tools to deal with the tur-

bulence that we all experience in life. Master these strategies to lessen your suffering. Your happiness can empower you and keep you on track. Learn to have the peace of mind you need and experience happiness now.

Everyone is welcome; meetings are free and no reservations are required. Meet some wonderful people using happiness in their lives.

Date & Time: Tuesday, September 17th from 6:00 to 7:45 PM.

Place: The Woodbridge Town Library located at 10 Newton Road, Woodbridge, CT.

For further info, e-mail PrintLRK@aol.com, call 203-258-7777 or www.HappinessClub.com.

The Jewish Genealogical Society of Connecticut

The Jewish Genealogical Society of Connecticut is delighted to offer an afternoon with Steve Morse on Sunday, September 15, 2019, from 1:00 – 3:45 PM, at Temple Sinai, 41 West Hartford Road, Newington, CT 06111. There will be two presentations: One-Step Webpages: A Potpourri of Genealogical Search Tools, followed by The History of the Geography of New York City. The program is free and open to the public.

Stephen Morse, Ph.D., is the creator of the One-Step Website, <https://stevemorse.org/>, for which he has received prestigious awards from many international genealogical societies. Morse is a computer professional who has held many research, development, and teaching positions, authored numerous technical papers, written four textbooks, and the owner of four patents.

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celebrity
extra
by Dana Jackson

Q: What happened to the “**Home & Family**” talk show that’s on weekday mornings on the Hallmark Channel? My favorite daytime program is suddenly not on anymore. -- Jean

A: Have no fear, “Home & Family” hasn’t been canceled. In fact, it was recently renewed for an upcoming eighth season. The show is just taking a break for the month of August with new shows airing only on Fridays. It will return to its normal weekday schedule beginning Tuesday, Sept. 3.

As you probably noticed, the show did undergo a big change at the beginning of last season. Beloved long-time co-host **Mark Steines** was fired, reportedly for speaking out against the show’s executive producer, **Woody Fraser**. Steines then filed a wrongful termination suit, stating that he regularly warned Hallmark executives about Fraser’s inappropriate behavior toward women on the set.

Steines was replaced last year with former “**All My Children**” star and Hallmark regular **Cameron Mathison**, who now shares hosting duties with **Debbie Matenopoulos**.

Q: Years ago we watched the TV series “**Due South**” with **Paul Gross** and **David Marciano**. I have seen David Marciano in occasional small parts since then, but wonder if Paul is doing any TV or movies? -- J.S.

A: David Marciano, who played American detective Ray Vecchio on the Canadian crime series, has been acting steadily since the show’s end in 1999. In addition to numerous guest-starring prime-time roles, he’s been a regular on “**The Shield**,” “**Homeland**” and most recently “**Bosch**.”

As for Paul Gross, who played the other lead on “Due South,” Constable Benton Fraser, he’s been working



Cameron Mathison [Kailey Schwerman/Hallmark Channel]

pretty much nonstop, but many of his credits are based in Canada or theater. However, his newest project is the Netflix miniseries “**Armistead Maupin’s Tales of the City**,” which is set in San Francisco. Gross stars on the show with the talented **Laura Linney** and **Olympia Dukakis**.

Q: Was **Chris Cimino**, the New York meteorologist, let go because he dropped the F-bomb or was it another reason? -- Carol

A: For those who don’t know the story, Chris Cimino, an NBC local weatherman who occasionally filled in on the “**Today**” show, didn’t know his mic was on when **Al Roker** deferred to him. He could be heard on the air chatting and, as you put it, said the F-word. This all happened back in April, but just two months later Cimino was announcing his departure after 24 years with the station.

Only Cimino and his superiors whether the on-air profanity led to his exit, and who made the final decision, but he did say he’s “excited about the next chapters of my life’s journey.” Perhaps you’ll see him on the air again someday -- hopefully on a station with a seven-second broadcast delay.

Send me your questions at NewCelebrityExtra@gmail.com!

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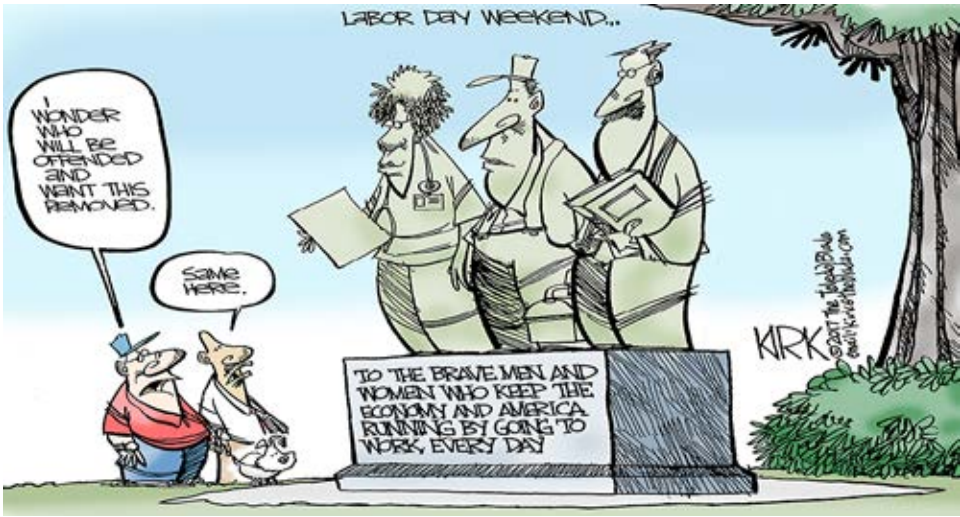
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ARTS & LEISURE



OH WHAT A NIGHT! A Musical tribute to Frankie Valli & the Four Seasons headlines the Jamie Hulley Arts Foundation's Evening for the Arts gala on Saturday, September 7, 2019 at Fairfield University's Quick Center. Tickets: call the Box Office at 203-254-4010. [Photo credit: Alexandra Joy Photography (Lexi Crocco)]



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Nenad Ivočić

Brahms in the Afternoon
– An Autumn Concert

First Church of Christ, Woodbridge proudly presents the third exciting afternoon of classical piano masterpieces, featuring our prizewinning organist/pianist in residence, Nenad Ivočić. This event will be part of the Church's October 18-20 Arts and Music Festival. Voluntary contributions will be accepted for restoration of the historic church. In the Ivočić performance, the audience will be treated to masterpieces from the nineteenth century Romantic era: the last piano work by Brahms, Klavierstücke Opus 119, and an early work, the Sonata Opus 1. Following the concert, there will be a reception and opportunity to meet Ivočić at the Parish House adjacent to the Church at 5 Meetinghouse Lane. For more information, please contact the Church office at (203) 387-2119.

Ivočić, born in Belgrade, Serbia, has known his way around piano keys since age four. As a winner from early adolescence of prizes in over 15 international competitions, the pianist

put aside dreams of competitive level ping-pong to spend 3 years at Israel's prestigious Buchman-Mehta School of Music, garnering an MA from Tel-Aviv University. Without enough funds to continue, however, young Nenad returned home and became a Belgrade high school music teacher, leaving his performance career for three full years. Finally supported and urged on by those who recognized his talent, he recommenced his life journey at the Yale School of Music. This year, after two years of intense studies under the renowned Boris Berman, and having graduated with an MMA in Piano Performance, Ivočić won third prize in the international "Piano Summer" at New Paltz-SUNY. This fall he began a new role at the Yale School of Music: Collaborative Piano Fellow, with concertizing also on his professional horizon. On Christmas Day 2019 in Belgrade the audience will find their successful native son returning to give a major solo concert in the great Kolarac auditorium.

Woodbridge Park Association
90th Anniversary Owl Event

Come and meet the owls! The Woodbridge Park Association is proud to announce as a part of its 90th anniversary events this year a special program on Saturday, September 7th from 2:00-3:00 PM in the Gym at the Woodbridge Center Building. A local raptor rescue organization, A Place Called Hope, will have four Connecticut owls to meet and learn all about! Discover what makes

owls so special and how they navigate and hunt at night. Gain a deeper understanding of how people can respect and protect these remarkable birds. Everyone is welcome at this fun and family friendly event to learn about owls and honor 90 years of the Woodbridge Park Association. Suggested donation is \$5 for adults and free for children. Visit us online at www.woodbridgeparks.org.

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ARTS & LEISURE

West River Greenway: Where The Trail Begins

The West River Watershed Coalition Presents A Walking Tour the Greenway Trail Where River & Harbor Meet

Explore both sides of the river as it empties into the Long Island Sound, in West Haven and New Haven. Meet at Lorenzo’s Restaurant parking lot, 39 Elm Street, West Haven Sunday, September 8 at 1:00 pm for the 1½-hour walking tour.

We will cross Elm Street, pass the site of the proposed Havens shopping mall, cross the Kimberly Avenue Bridge where we connect with the East Coast Greenway. From the bridge we view the old Winter Harbor, former oyster beds and current site of proposed harbor dredging. In New Haven we will enjoy beautiful harbor vistas from the newly landscaped DOT pedestrian access near the I-95 interchange, pass Harbour Close and in the historic City Point neighborhood, see where oystermen and their families lived and

worked. The six-year old West River Watershed Coalition is composed of a group of individuals, organizations and towns working together to improve the West River, its watershed, and tributaries. Working together the coalition secured CT Greenway status, contributed to the West River Watershed Management Plan, supported members’ projects, such as the removal of the Pond Lily dam, initiated planning conversations with CTDOT and municipalities about pedestrian and bike access, and management of highway water runoff, partnered with the South Central Regional Council of Governments to develop a comprehensive Greenway map, and installed Greenway trail signage in New Haven, West Haven and Woodbridge.

2nd Annual Woodbridge Arts & Music Festival

Save the Date!! The 2nd Annual Woodbridge Arts & Music Festival is coming back for the weekend of October 18-20. Coordinated by the First Church of Christ Woodbridge, the weekend will be full of art, dance and music, something for everyone. And Saturday, October 19, there will be a community day filled with entertainment for all ages plus the Recreation Commission and the Conservation Commission will lead activities on the Town’s trail system. Put this weekend

on your calendar now and stay tuned for more details!

Calling All Artists

Calling All Artists to participate in the 2nd Annual Arts & Music Festival, October 18-20, at First Church Woodbridge. Accepted media includes, painting, photography, drawing, collage, print, pastel. Help to be a part of this fun weekend of arts and music. If interested, please contact Bobbi Griffith, bobbigriff@gmail.com, 203.843.8371.

Ansonia Nature Center September Calendar Of Events

NATURE EXPLORERS

Wednesdays, September 4, 11; 10 am
Join us for this 4-week pre-school/toddler program for children ages 2-5 and their adult explorer. Participants will have fun exploring nature every week in these outdoor classes. The classes are typically loosely structured and influenced by the seasons and the interests of the children. We will go outside for a short hike and to explore nature every class so please dress for the weather. Classes will end with a light snack (provided or bring your own) and conversation. TUITION: \$40 for all 4 weeks, space permitting (cash or check payable to Ansonia Nature Center), due at the first class. Class is limited to 10 children. Please call to register.

THEMED GUIDED HIKE: Goldenrod Jungle

Sunday, September 8, 1 pm
For all nature enthusiasts! Enjoy a walk through the park’s fields and vast Goldenrod Jungle. You’ll be amazed at the diversity of insects, spiders, and birds that depend on this unique habitat for survival. FREE guided hikes every Sunday at 1 pm.

FALL TERM JUNIOR RANGERS

Thursdays, September 12–October 31, 3:30–5 pm
Calling all kids 11 to 14 years old who love nature! Has your child wanted to work with animals, garden, help maintain our trails, and help with special events? This is the opportunity to help the Nature Center in our 8-week after-school program. Parental permission is required. Class size is limited; this class fills up fast! FREE.

FULL HARVEST MOON HIKE

Saturday, September 14, 7:30–9:30 pm
This year, the September full Moon is called the Harvest Moon. Unlike other full Moon names, the Harvest Moon is tied to an astronomical event: the autumnal equinox. The full Moon that falls nearest to the equinox takes

on the name “Harvest Moon”. This Moon provides the most light at the time when it’s needed to complete the harvest. FEE: \$3 per person. Please wear appropriate footwear.

BIRDS ON THE MOVE

Saturday, September 28, 8 am
Join environmental educator and conservationist Sophie Zyla for this informative family friendly program on migratory birds. She will concentrate on the end-of-summer journeys taken by our “flying friends” to faraway places each year. Find out who’s going and who’s staying put! FREE.

ONGOING PROGRAMS Creature Features

Saturdays, 12 noon
Come to meet our furry, scaly, and feathery animal ambassadors. You’ll have the chance to touch and hold them in this FREE family program for all ages.

Sunday Guided Hikes

Sundays, 1 pm
Join a Nature Center guide on Sunday afternoons for fun, exercise, and learning about our trails! See the above listings for hikes with a specific theme.

Family Organic Garden Program

Tuesdays, September 3, 10, 17, 24; 3:30–5 pm
ANC will be continuing family-friendly activities in our organic garden. Learn about growing a variety of fruits and vegetables. Dress appropriately; keep in mind you will get water and soil on your clothing. FREE, with the potential to take home fresh produce!

Fiber Arts Group

Tuesdays starting September 3, 6 pm
Get together with others to work on your fiber arts projects! Bring any kind of fiber work—knitting, felting, crocheting, etc. A great way to dedicate time to your handiwork and socialize too. FREE.

Woodbridge Town News

CALL TODAY TO RESERVE YOUR AD SPACE!

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“Each year, Labor Day gives us an opportunity to recognize the invaluable contributions that working men and women make to our nation, our economy and our collective prosperity. It gives us a chance to show gratitude for workers’ grit, dedication, ingenuity and strength, which define our nation’s character. ” — TOM PEREZ

BULLETIN BOARD

Please Note: If you have an event for the Bulletin Board, please send it along no matter how far in advance it is. We will include it in the appropriate issue(s) until the event has taken place.

Boy Scout Troop 63, meetings Monday nights 7:00pm-8:30pm, Our Lady of the Assumption “Mother” Church, 1700 Litchfield Turnpike (Route 63), Woodbridge; September-April and May-June outdoors at Camp Whiting, all boys ages 10 and up or who have completed the fifth grade are welcome to stop by and see what we’re all about. For more information, visit <http://www.troop963.org> or email Troop63CT@gmail.com.

Bereavement Support Groups, Tuesdays 4:00-5:30pm and Wednesdays 6:30-8:00pm, Griffin Hospital, 130 Division Street, Derby, support groups for anyone experiencing the loss of a loved one. Contact Janice Lautier at 203-732-1100 or jlautier@griffinhealth.org to register.

Networking Opportunity, Tuesdays, 7:00-8:30am, Solun Tapas Bar Restaurant, 245 Amity Road. Do you want more hot referrals? Come as our guest; unlimited free coffee; bring business cards. For more information or to make a reservation, contact Elyce Siegel at 203-668-3019 or Elyce.siegel@hibu.com.

Woodbridge Republican Town Committee Meetings, second Tuesday of each month, 7:30pm, Center Cafeteria. Visitors welcome and we urge you to join us. For information, go to www.woodbridgerepublican.com.

woodbridgegop.org.
Cancer Support Group, meets the second and fourth Tuesday afternoons of the month at Coachman’s Square, 21 Bradley Road, Woodbridge. If interested contact: Lucille Ranciato lranciato2@yahoo.com or Bernie Siegel, MD bugsyssiegel@sbcglobal.net for details.

Alzheimer’s and Dementia Family Support Group Meeting, last Tuesday of the month, 6:00pm, JCC of Greater New Haven, 360 Amity Road, Woodbridge in the West Rock Room. For more information, contact Averil Kelly, Ms, R-DMT, 203.389.2911.

Trap Falls Kennel Club Obedience Classes, every level, AKC STAR Puppy (obedience for dogs under 12 months) and Family Manners Classes/Obedience & Canine Good Citizen; Wednesday and Thursday evenings, Pawz for Wellness in Shelton. For registration and/or information, call 203-450-9485 or email tfkctraining@gmail.com. Trap Falls Kennel Club is a non-profit member club of the American Kennel Club (AKC).

Boy Scout Troop 907, Come find out why Troop 907 has been Making a Difference in the Life of Scouts since 1968. Meetings Thursday nights 7:00-8:30PM at the First Church of Christ in the Parish House (enter via back parking lot), 5 Meetinghouse Lane, Woodbridge next to Town Hall. Boys aged 10 and older or who have completed 5th grade are invited to visit an upcoming meeting and join the adventure of scouting. For more information, visit

our website Troop907.org or use the website “contact us” link to communicate directly with troop leadership.

Alzheimer’s Community Caregivers Support Group, 2nd Thursday of the month, 5:00pm, Arden House, Conference Room, 850 Mix Avenue, Hamden. Call Maria Paduano, Program Director to RSVP or for more information at 203-281-3500, ext. 7669; www.genesishcc.com.

Woodbridge Rotary Club Meetings, 1st and 3rd Fridays of the month, 7:30am breakfast meeting, Country Corner Diner, 756 Amity Road, Bethany and the 2nd and 4th Friday of the month, 12:15pm luncheon meeting, Woodbridge Social, 12 Selden Street, Woodbridge. Anyone interested in learning more about Rotary should contact Anna Dickerson, 203-710-0223 or annadickerson@yahoo.com.

Goat Yoga, every Saturday at 9am, 10:15am and 11:30am, Locket’s Meadow Farm, Bethany, \$25.00. Stretch and pose with our sweet baby goats (and pigs and puppies and who knows who else will wander through) and learn what the goat hype is about! All funds from our programs go directly to support the rescued animals of Locket’s Meadow as well as to help fund our programs for special needs individuals. Please bring your own yoga mat, but if you forget, we have a few extra.

Ansonia Nature Center Events, 10 Deerfield Road, Ansonia; call 203-736-1053 to register for all events.

Donate Your Car, Truck or Van, help raise funds for a local private school; FREE, FAST, TOW AWAY; Running or Not Running; Can be used for a charitable tax deduction. Call Charter Oak Education DBA Sterling Education at 860-643-1100.

Touch-A-Truck, Sponsored by Boy Scout Troop 115 of Naugatuck, September 21, 2019, 10 am - 3 pm, General DataComm Parking Lot, 6 Rubber Avenue, Naugatuck \$5/person, \$20/family, 2 and under/free; Come see and explore many exciting constructions trucks, emergency vehicles and custom cars. Food trucks, vendors and games. Quiet hour to be held from 12pm- 1pm for guests with special needs or sensitive ears. Proceeds from this event will help scouts attend camp and purchase much needed scouting equipment. Check out our event page on Facebook: www.facebook.com/events/2520417301350892. Questions: Contact trucks@onmyhon.com.

Ansonia Harvest Festival, Saturday, September 28, 2019, 1am-5pm, music, food, crafters, vendors, a petting-zoo, and more!

Autumn Tavern Night, Saturday, October 12, 2019, 5pm-9pm, Derby Historical Society, 37 Elm Street, Ansonia; enjoy fare piled high and authentic desserts baked before you in our fireplace; artist on location for live-action sketches, music, cash raffles, best outfit prize, and more! *21 and over - drinks are on us* Tickets: \$20.00/pp. For Tickets call 203-735-1908. *Rain date – October 13th.

LOCAL SPORTS

Dark Horse Duo Brings Home Gold!

World Champion Taekwondo Woodbridge Poomsae Team Students, Marilee Ganter of Woodbridge Taekwondo school and Bryson Lovorn of New Fairfield won 1st place in Cadet Pairs Black Belt 12-14 division in 2019 Kimunhyong Cup International Open Taekwondo Championships. This notable event boasted 4,522 participants from 64 countries (1,800 from overseas), the largest number of participants ever for an international Taekwondo competition hosted in South Korea. Bryson and Marilee were really excited to just have the opportunity to compete on this level, but overjoyed by bringing home the unexpected Gold.

The journey to qualify for this notable event wasn’t easy. The two got their start at World Champion Taekwondo. Marilee Ganter began training with Master Sangpil Kim, and Bryson with

Master Cheoleun Kim since the age of 7. Throughout their years of training, they took part in several local tournaments through World Champion Taekwondo and the CT Taekwondo Alliance at the Woodbridge Taekwondo location as well. This brought them to high level competitions including U.S.A.T. Nationals and A.T.U. (American Taekwondo United) National events. Most importantly, was the May 26th 2019 A.T.U. event in Chicago where the duo won 1st Place Gold medals in Black Belt Cadet Pairs Poomsae, which earned them a place with the American Taekwondo United National Team. Marilee and Bryson were exceedingly honored to be selected to represent A.T.U. and the U.S.A. at the 2019 Kimunhyong Cup International Open Taekwondo Championships.

On July 10th, when they arrived



in South Korea as part of the ATU USA Nationals Team, they received their prestigious uniforms and began preparations with 3 days of intensive conditioning and 5-hour training sessions under the guidance of ATU

National Coaches. The pair began competing July 14th. They worked their way through several rounds of elimination with poise and grace in one of

See “Dark Horse” On Page 28

“Raffone” From Page 1

after year,” Davis said.

Many of the club’s players have continued with the sport at the high school level. In 2015, the Amity team won the Class LL State Championship. Parents celebrated Raffone for his coaching style.

“Truly a gifted tennis coach,” wrote one mother on Facebook. “You teach them so much while making it fun,” wrote another.

Some Woodbridge tennis players he coached when they first started at the club even went on to play tennis competitively in college, namely Jason Seidman (Northwestern) and Ethan Bershtein (Tufts).

It was Raffone’s father, Ralph, who introduced him to the sport, and he has excelled at playing tennis ever since. A Hamden native, he was the captain of the Hamden High School team and was named varsity letterman four years in a row. His best friends then — Bryan Adinolfi and Scott Saloway — also were into tennis, and they still are close friends today, he said. Adinolfi is head pro at the Madison

Beach Club and coaches the Hopkins team. He also joined Raffone as a coach at Oak Lane Tennis Club. Saloway is the head pro at the Ridgetop Club in Hamden.

In college, Raffone went on to play Division I tennis at Central Connecticut State University where he was team captain and Number one singles player his senior year. He graduated with a degree in communication, which has served him well in his career, he said. Building relationships is an important part of what he does as a coach.

His long-time assistant at the Woodbridge Club, Rob Rosner, recently also joined the PE faculty at Amity High. He has been working at the club for ten years. Raffone is proud of the stability, but also of the growth he has seen in the people he has worked with over the years.

“They really do become family,” Davis said.

In the meantime, Raffone has built a family of his own. He married and has three children, Christopher, 5½, Nicholas, 3½, and Lucia, four months old. Christopher and Nicholas just had their first tennis lessons.



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The Woodbridge Club would like to congratulate Chris Raffone on his 7th selection as “Tennis Coach of the Year!”

The Woodbridge Club is proud to have Chris as our Head Tennis Pro for the past 18 years!



Come to the Woodbridge Club for great tennis and more!

For complete details about membership call **203-397-CLUB (2582)** or visit us on the web at **www.woodbridgeclub.org**

10 Milhaven Road, Woodbridge

Did You Know? Back to School Preparation for Young Adults

Young adults over the age of eighteen should have a Durable Power of Attorney and Health Care Instructions granting legal authority to a person (or people) they trust to make important decisions.

Durable Power of Attorney Instrument:

- **What does it do?** Appoints someone to make financial decisions and sign legal documents for you if you’re alive but unable to do so yourself.
- **What if you don’t have one?** If legal decisions must be made, or legal actions must be taken (i.e. signing legal documents), and a young adult does not have a Durable Power of Attorney, then someone will need to petition the Probate Court to become appointed as the “Conservator of the Estate”. This process is public, can be time consuming, can be expensive, and does not always produce a result you might have chosen.

Health Care Instructions:

- **What does it do?** Appoints someone to make medical decisions for you if you’re alive but unable to do so yourself.
- **What if you don’t have one?** If medical decisions must be made, and a young adult does not have Health Care Instructions, someone will need to petition the Probate Court to become appointed as the “Conservator of the Person”. This process is public, can be time consuming, can be expensive, and does not always produce a result you might have chosen.

Example:

- A young adult is in college, is in a car accident, and is in a coma. Her parents have no legal authority to access her Bank account, or pursue insurance claims or litigation against the driver who hit her. Similarly, her parents have no legal authority to discuss her medical records with her attending physicians.

If you are interested in learning more about the benefits of properly drafting a Durable Power of Attorney or Health Care Instructions, please visit our website and read our blog for recent posts. For advice specific to you or your family, please contact the office. We would be glad to meet with you for a no hassle, no charge initial consultation, no matter how long it lasts.



Steven P. Floman, Allison M. DePaola-Drozdz, and Nicole Camporeale of the law firm Floman DePaola, LLC are the authors of this article. This article has been prepared for general informational purposes only and is not intended to constitute legal advice or to create an attorney client relationship. Readers should not act upon the information contained in this article without seeking advice from an attorney regarding the specific facts and circumstances of your case.

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HEALTH & FITNESS

Providing Hope for Kidney Patients

BY ALEX M. AZAR II
SECRETARY OF HEALTH AND HUMAN SERVICES

President Trump has promised to fight for the forgotten men and women of America—those whose needs and suffering have been too often unheeded by their government. One forgotten group in healthcare is the millions of Americans with some stage of kidney disease—especially the more than 700,000 Americans suffering from the final, deadly stage of the disease, kidney failure. That includes 6,590 patients here in Connecticut, most of whom must go through the incredibly draining experience of receiving kidney dialysis several times a week, for several hours each time.

But there is good news. President Trump recently signed an executive order launching a revolutionary initiative at the U.S. Department of Health and Human Services called “Advancing American Kidney Health.” The initiative aims to help prevent Americans from experiencing kidney failure in the first place, provide more options for treatment once that has occurred, and deliver more life-saving transplants.

This is especially important because kidney disease particularly burdens our low income and minority citizens. Kidney failure is three times more common among African-Americans than among whites, and low-income Americans are 50 percent more likely to suffer from it than those with higher incomes. Black and Hispanic Americans are also less likely to receive the transplants that represent the best treatment for kidney failure.

To prevent kidney disease and provide more treatment options, we’re launching new ways for Medicare to pay for kidney care. For example, nephrologists will soon be able to receive bonuses for preventing the progress of kidney disease in their patients. We’ll give providers a financial stake in getting their patients healthy, as opposed to just paying them for performing more procedures.

We have also proposed a Medicare initiative to give about half of Ameri-

ca’s dialysis providers new incentives to provide patients with dialysis at home or even in their beds at night, rather than having them travel to dialysis centers. Today, only 10.5 percent of kidney patients in Connecticut receive dialysis at home, an option that’s much more common in other countries. Home treatment is especially important for individuals and communities struggling to provide for their families—patients who cannot afford to leave their jobs and families several times a week for dialysis.

To provide more kidney transplants, we will be revising how kidneys are obtained from deceased organ donors, allowing better identification of kidneys for transplant. The executive order also calls for us to expand support for the generous living donors who choose to donate organs. Changing how we identify transplantable kidneys from deceased donors, by itself, could produce life-saving organs for an additional 17,000 Americans each year—including some of the 982 individuals currently waiting for a kidney in Connecticut.

The President’s kidney initiative also includes working with the private sector to develop artificial, implantable kidneys, and continuing support for research into precision-medicine treatments designed to target kidney disease in the populations who are more likely to be genetically predisposed to the disease, including African Americans. We’ll also undertake a national awareness campaign about kidney disease, which is often undiagnosed in its early stages, like breast cancer and prostate cancer once were.

Too often, Washington focuses on some of the same tired fights in healthcare, year after year—doing nothing for decades to improve how we cover and treat something like kidney disease. President Trump is shaking that up, and delivering American patients the affordability you need, the options and control you want, and the quality you deserve—especially to patients, like those with kidney disease, who have been forgotten for too long.



Join Connecticut’s Largest Walk to End Ovarian Cancer

Discovery To Cure – The Beverly Levy Walk and Block Party, an event to find a cure for women’s reproductive cancers, will take place on Sunday, September 22nd. The event will be held at Yale’s Payne Whitney Gym at 70 Tower Parkway in New Haven, from 10 a.m. to 2 p.m. To register and find out more, visit www.wizathon.com/discovery-to-cure. Questions? Contact: Ruth Ann Ornstein at Ruthann.ornstein@yale.edu or 203.901.0964.

The event will feature food trucks, vendors, raffles, children’s activities, entertainment and a survivors’ tent. A short program emceed by WTNH’s Jocelyn Maminta will be followed by a 1.5-mile walk through Yale’s campus. Pre-registration is encouraged; however, walk-ins will be welcome. The cost is \$30 for Adult walkers, \$15 for children ages 6-16 and free for children 5 and under. The event will be held rain or shine.

Discovery To Cure was founded at the Yale School of Medicine in 2003 to advance the prevention, early detection, education and treatment of women’s reproductive cancers. The event is named in honor of its founder, Beverly Levy, a local woman who was fighting her own battle against ovarian cancer when she launched a fundraising walk through Yale’s campus in 2013. Sadly, Beverly lost her battle in 2014, but

the walk continues in memory of her vision, determination and remarkable energy. The walk is held annually to carry on Beverly’s incredible legacy and to honor her and all women fighting and lost to these diseases.

Each year, 90,000 women will be diagnosed with a reproductive cancer. Of these, 29,000 will be ovarian cancer and 17,900 of those women will die from the disease. Ovarian cancer, once thought of as a silent disease, is now known to be the disease that whispers. Educating women to listen and act on its signs and symptoms is critical for early detection and an increased chance of survival.

Discovery To Cure is a program through the Yale School of Medicine, Department of Obstetrics, Gynecology and Reproductive Sciences. Its mission is “Keeping families together through provider education, early detection, personalized care and cutting edge research for cure and prevention of women’s reproductive cancers.” The direct connection between the research lab and clinical patient care make Discovery To Cure the leading center for women’s reproductive cancer research and treatment. To learn more, please visit our website (<https://medicine.yale.edu/obgyn/discovery/>) or follow up on Facebook (<https://www.facebook.com/discoveryevents>).

RESERVE YOUR AD SPACE TODAY. CALL US AT 203-298-4399.

“Dark Horse” From Page 26

the largest age and rank divisions for this event. They performed masterfully, winning above the skillful second place pair who were double gold medalists at the prestigious 2018 World Taekwondo competition held in Taipei.

Marilee and Bryson enjoyed a well-deserved break taking a few days of soaking in the rich cultural experi-

ence of touring the hot spots of South Korea before returning to the U.S. July 20th.

Earning a Gold Medal in this International Championship in the Black Belt World Class Division is a First for World Champion Taekwondo, Marilee & Bryson’s home school and largest Taekwondo Training organization in Connecticut. President of the State Connecticut organization

Master Sangpil Kim along with the whole of World Champion Taekwondo Masters and Family couldn’t be prouder of their students. Masters Sangpil Kim, Hyeun Kim (Marilee’s Woodbridge Masters) and Master Cheoleun Kim (Bryson’s New Fairfield Master) are especially proud having worked tirelessly as a coaching team over the years to guide these students to this competitive level of achievement.

Bryson and Marilee are very thankful to all of their Masters and Coaches who have helped them along the way, even making special arrangements and taking the time from their busy lives to be in attendance for this big event. Most of all, they wish to acknowledge the support and sacrifices of their parents and family, as well as the wonderful experiences and friendships made through Taekwondo.

HEALTH & FITNESS

NFL Concussion Protocol

More Important Than Ever For Scholastic Athletes

By LINDSAY RICHARD DPT

With National Football League concussions more frequent than ever, the league’s rulings for proper protocol could not have come much sooner. Protocol carefully monitors, over a period of time, a player’s possible return to the field when concussion symptoms have subsided. Similar programs apply to all high school and college athletes engaged in contact sports.

Concussions, in simple terms, are bruises to the brain. The American Association of Neurology defines them as “a trauma-induced alteration in mental status that may or may not involve loss of consciousness.” Over 3.8 million concussions occur every year involving contact sports (football, soccer, lacrosse, etc.) together with accidents from slipping, falling, and striking one’s head. Immediate symptoms include gazing, slurred speech, decreased attention, incoordination/clumsiness, disorientation, impaired memory, nausea/dizziness, vomiting, headaches and irritability.

Many of those affected by concussions will be involved in a multi-level medical management. This ranges from coaches and athletic trainers to emergency department personnel/Internal Medicine doctors to neurologist or concussion specialists. AZ concussion is diagnosed by symptoms and possible MFI or VCT Scan. An ImPact test may be done to determine areas of deficit. An ImPact test may be administered for a baseline measurement beginning at age 10 and used as a reference for athletes in sports that are at high risk for concussions. Physical Therapists are well qualified practitioners and a vital part of concussion management.

Two major issues after a concussion include headaches and balance dysfunction. Headaches may occur in response to over stimulating environments with bright lights or excessive noise. Other areas that may be affected are reaction time, performing multiple set activities, attention span, and memory. Some symptoms may last longer than 7-10 days, at which point further intervention may be required.

Many of these effects are associated with the vestibular system. The vestib-



Lindsay Richard

ular system is an intricate organization of sensory input from inner ears, and contributes to the body’s awareness of where it is in space. After a concussion, the vestibular system may be affected in a way that requires specific rehabilitation. Individualized treatments may include visual or oculomotor exercises, balance challenges, as well as neck range of motion and stretching. Sport specific exercises as well as coordination and cardiovascular endurance are incorporated as the person affected progresses, while having symptoms monitored continuously. Athletes follow a specific Return to Play protocol designed to prevent further complications from concussions. Rest and sleep are also critical to helping the brain.

Lindsay Richard DPT is a therapist in Amity Physical Therapy’s Hamden office. Richard, a graduate of the University of Connecticut, received her doctorate degree from Sacred Heart University. Her experience includes orthopedics in Fairfield County, clinical rotations at Madison House in Madison CT, with similar clinical assignments at the U.S. Coast Guard Academy, Bridgeport Hospital Burn Unit, and Yale-New Haven Children’s Hospital Outpatient Rehabilitation.

Amity Physical Therapy was founded by Michael Dow MSPT, CEO/Director fifteen years ago and maintains three offices in the Greater New Haven area: Woodbridge, Branford, and Hamden. Lindsay Richard can be reached at 203-691-6248 or visit www.amitypt.com.



Chard & Chives

News from Massaro Community Farm - By The Farm Staff



Summer has been bountiful at Massaro Farm. Even though Labor Day looms, there’s still a lengthy stretch of growing season ahead, along with many activities for you to come out and enjoy.

It’s true the peak of the growing season typically coincides with the longest days from June through August, but the start of school doesn’t spell the end of fun at the farm. This past week farm staffers were seeding fall crops, including lettuce, spinach and kale. They had help from summer youth employees and Yale students taking part in Harvest, a student orientation program for incoming freshman. Long after tomatoes are finished and tilled under, many crops will be harvested into November and December, including potatoes, radishes, beets, carrots, and a mixture of leafy greens. This means that even after our subscription service ends for the season, farm produce can be found every Saturday at the Wooster Square Farmer’s Market and Sundays at the Edgewood Park Farmer’s Market, both in New Haven. Meanwhile, we invite you to come out and enjoy our nature trail.

New this fall at the farm will be a Growing Sprouts program. Our education staff invites parents or other caregivers to bring children ages 2 to 5 to the farm to spend time outdoors and learn about how things grow. Eight weekly morning sessions begin on September 10. Preregistration for this small-group series is required. Details and registration info on this and other programs mentioned below can be found on our website, www.MassaroFarm.org.

We are now accepting registration for our after-school immersion program offered in partnership with Beecher Road School. While Beecher Road students are bussed to the farm, this program is also open to all residents of Woodbridge and surrounding towns. This extended-day program is for students ages 6-11 who will visit the farm each Thursday afternoon to watch the farm make its slow and steady transition to fall, and eventually, winter. As the days grow shorter, students will traverse the trails through the woods, watch the birds migrate, and continue to sample fresh produce from the learning garden, absorbing all

the farm has to offer for young minds. Again, you can register on our website or through the Woodbridge Town Recreation Department.

Reservations are now open for field trips for school groups and home schoolers. Field trips typically last 90-120 minutes and we can tailor lessons to align with the visiting school’s curriculum. We recommend scheduling these trips before mid-November, when it starts to get chilly. Call the farm office at (203) 736-8618 or see our website for the reservation form.

In addition to offerings for youth and families, adult workshops will continue with Canning Farm Salsa on September 12, the last Beekeeping Workshop of the season and a Bird Migration walk on September 29, Dyeing Cloth Naturally on October 12 and Wreath-making & Decorating on November 16. Information about each of these workshops can be found on the farm’s website, on Facebook and on Eventbrite.com.

Last but not least, we are pleased to partner again with Valley Shakespeare Festival to bring a Shakespeare play to the farm. This year, you are invited to see “The Two Gentlemen of Verona” on October 5 (6pm) and 6 (2pm). In this comedy, Valentine and Proteus are best friends until they fall in love with the same young woman. Rivalry, shenanigans, and a dog round out this raucous tale. Other fall-themed activities will accompany each performance. Tickets are \$10 for adults and \$5 for children 6 through 12 and for seniors. Children 5 and under are free. We will also offer some pay-what-you-will tickets for each performance. Tickets will be available shortly on www.Eventbrite.com.

Make it a point to visit the farm this fall and enjoy one of our many programs. More details on the programs and events mentioned above can be found on our website, www.MassaroFarm.org or by calling the farm office at (203) 736-8618. The staff looks forward to seeing you at the farm this fall!

Massaro Community Farm is a nonprofit, certified-organic farm on the border of Woodbridge and Ansonia, CT. It is committed to supporting the legacy of farming, feeding neighbors in need, and building community through events and hands-on education for all ages.

HOUSES OF WORSHIP EVENTS

Congregation B’Nai Jacob Events

CBJ’s Big Read 2019 “Eternal Life”

Our big read this year, “Eternal Life,” is Dara Horn’s most recent novel about a woman who lives forever despite her overwhelming desire to die. Born at the time of the Destruction of the Temple in Jerusalem, she, like the Jewish people, has survived countless pogroms, inquisitions, and gas chambers. Now alive in 2019, her grandchildren pursue new technologies to extend life forever, while she wrestles with the question of what it all means and is it all worth it.

Rabbi Shapiro will talk about the book during her sermon on the second day of Rosh Hashanah. Come September, we will be having book group meetings to discuss the story and its message.

Monday, September 23, 6:20 PM *Khadija Alahmad: “Apples and Honey Aleppo–Style”*

Aleppo is renowned for its cuisine. Khadija Alahmad, a Syrian refugee chef who came to CT with the support of JCARR, has launched a new catering service “Khadija’s Sweets, Etc.” She will offer a just-in-time for Rosh Hashanah kosher baking class at CBJ. “Honey” is in the spotlight in a baklava baking demonstration; “apples” are incorporated into baking fatayer tufah, an individual apple pastry. Participants are invited to pitch in with the preparation. The fee is \$18 for members and \$25 for non-members. RSVP to CBJ office at 203-389-2111.

CBJ Book Discussion *Late Fall or early Winter*

Join in a discussion of “The Weight of Ink” by Rachel Kadish - WINNER OF A NATIONAL JEWISH BOOK AWARD - A USA TODAY BESTSELLER
“A gifted writer, astonishingly adept



Congregation B’nai Jacob

at nuance, narration, and the politics of passion.”—Toni Morrison

Set in London of the 1660s and of the early twenty-first century, “The Weight of Ink” is the interwoven tale of two women of remarkable intellect: Ester Velasquez, an emigrant from Amsterdam who is permitted to scribe for a blind rabbi, just before the plague hits the city; and Helen Watt, an ailing historian with a love of Jewish history.

“A mysterious collection of papers hidden in a historic London home sends two scholars of Jewish history on an unforgettable quest...Kadish’s characters are memorable, and we’re treated to a host of them: pious rabbis and ribald actors, socialites and troubled young men, Mossad agents and rule-worshipping archivists. From Shakespeare’s Dark Lady to Spinoza’s philosophical heresies, Kadish leaves no stone unturned in this moving historical epic. Chock-full of rich detail and literary intrigue.” — Kirkus Reviews

Discussion will be led by Elizabeth Edelglass. Elizabeth Edelglass is an award-winning short story writer, recently published in New Haven Review, Tablet, and JewishFiction.net. She also reviews Jewish fiction for Lilith and Hadassah Magazine. A B’nai Jacob member, Edelglass was the founding director of the Jewish Community Library at the JCC. RSVP to 203-389-2111 or cbj.receptionist@gmail.com.

Orange Congregational Church Welcomes All

Orange Congregational Church is an Open & Affirming congregation located at 205 Meeting House Lane in the Town of Orange, CT. We will meet on Sunday, September 1st at our summer worship time of 9:00 a.m. in the Sanctuary with summer church school and childcare available. The church resumes its regular weekly worship schedule on Sunday, September 8th with an 8:00 a.m. service in the Chapel and a 10:00 a.m. service in the Sanctuary. The Senior Choir will sing during ten o’clock worship and the Junior Choir will begin its weekly rehearsal after service with new members welcome. Every Sunday from 9:30-11:30 a.m. there is a child-care experienced Crib Room Attendant for all birth to Pre-K children whose parents or guardians are attending the 10 a.m. worship service.

Our children’s programming Bible Literacy Adventure Stations (B.L.A.S.T) will begin for the church year on this Sunday and the following 10:00 a.m. services. This year’s theme is “Bible Classics”. September 8th is also our “Welcome Back” Sunday and after worship services, the Stewardship Team will host a potluck on the Town Green (in case of inclement weather, it will take place in the John Ho Dining Room).



Orange Congregational Church

We have an active Pilgrim Fellowship youth group for school ages 6-12; please contact the church office for a schedule. Our “God Is Still Talking” group will begin meeting again in the fall on Sunday mornings at 8:15 a.m. for study and discussion. Fellowship Breakfasts meet on the third Thursday of the month at 8:00 a.m. at Chip’s Restaurant to hear different speakers. Also, the Widow and Widowers Club of Orange meets twice a month at the church on Thursday evenings from 7-9 p.m. in the Katherine Knight Room; all widows and widowers are welcome. Stay tuned for our new Music on the Green concert series beginning this fall. For questions or more information about our church programming, please visit our website at orangecongregationalchurch.org or call the church office at 203-795-9749.

Hadassah to Present “The Catskills of CT”

The Wepawaug-CT Valley-West Rock Chapter of Hadassah will present a program on “The Catskills of CT” by Dr. Lawrence Wartel on September 10, 2019, at 2 pm at Woodbridge Library, 10 Newton Road, Woodbridge. Dr. Wartel’s grandparents, Rose and Aaron Greenberg, owned Stucco Cottages Resort in Moodus for over 50 years. Dr. Wartel himself grew up in Moodus and worked at his family’s resort when it was part of a flourishing Connecticut industry. There were more than 2 dozen similar resorts in

the area in the 1940s and 1950s, and summer visitors flocked there from around the region. Come hear more about this special slice of Connecticut history. And perhaps share your own memories? Please RSVP to wepawaug@gmail.com.

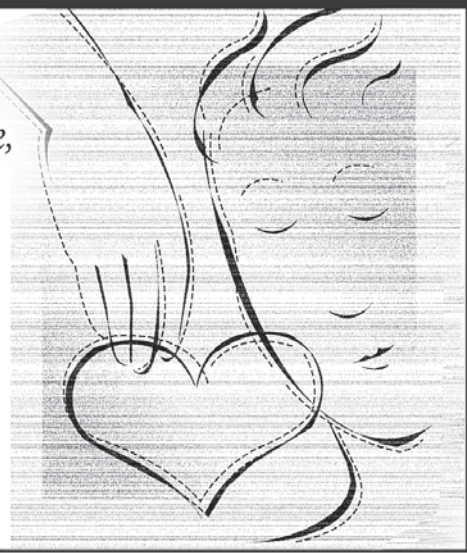
Hadassah, the Women’s Zionist Organization of America, Inc. is the largest Jewish women’s organization in the United States, bringing Jewish women together to effect change and advocate on critical issues such as medical care, research, and women’s empowerment.



THE ILLUSTRATED BIBLE

*My little children,
let us not love in word or in tongue,
but in deed and in truth.
And by this we know that
we are of the truth,
and shall assure
our hearts before Him.*

1 JOHN 3:18,19





ATTENTION CHURCHES, SYNAGOGUES, AND HOUSES OF WORSHIP!

Send us your organizations events listings and items of interest.
We will publish them for free.

Woodbridge Town News – P.O. Box 1126, Orange, CT 06477
edit@woodbridgetownnews.com

HOUSES OF WORSHIP EVENTS

The Holy Infant Church Women's Guild

The Holy Infant Church Women's Guild will hold a Membership Tea on Sunday, September 8th, at 2:30 pm. Benediction in the church, followed by the tea in the Guild Hall. This is a lovely event with great refreshments and socializing! Membership in the Guild is \$10 per year.

The first meeting of the Guild will be on Tuesday, September 10th at 6:45 pm in the Guild Hall. The guest speaker is a medical missionary from Uganda who will also be collecting used eyeglasses for the needy in Uganda. Refreshments will be served.

The Guild's annual Bake Sale will



Holy Infant Church

be held on the church portico after all Masses on the weekend of September 28th and 29th. An assortment of cookies, pies, breads, and cakes will be for sale.

Congregation Or Shalom Events

Weekly Services Minyan Services

- › Sunday 9:00 AM
- › Monday 7:30 AM
- › Thursday 7:30 AM

Healing Circle

- › Wednesday 7:30 AM

Shabbat Services

- › Friday 7:30 PM
- › Saturday 9:30 AM

Tuesdays, Social Mah Jongg

Looking to learn or play Mah Jogg? We play on Tuesdays at 1:00 pm. Call the office if you are interested 203.799.234.

YAHAD Is Starting!

The start of the school year is just around the corner. We're delighted to begin our third year of YAHAD, a Sunday morning community Hebrew School for grades Pre-K through 7. YAHAD, the result of months of collaboration between Congregation Or Shalom and Congregation B'nai Jacob, will take place Sunday mornings, alternating at each Synagogue. On Wednesdays, our Hebrew school will be held, as usual, at Congregation Or Shalom. Contact our office at 203.799.2341.

ZUMBA Gold At Or Shalom

Congregation Or Shalom announces the continuation of ZUMBA GOLD on Tuesday nights at 7 PM. ZUMBA Gold is an easy to follow dance movement program that incorporates music from every decade to create an upbeat and fun exercise class. Burn lots of calories, meet new friends, and have



Congregation Or Shalom

a blast. No experience needed and classes are on a drop-in basis. Contact Robin at zumbarobin@gmail.com or call 203-314-8176 or temple office at 203-799-2341.

We are happy to add Zumba Gold with Danielle Pettit. Zumba Gold is perfect for active older adults who are looking to dance and have a good workout. While increasing balance, range of motion and coordination. TUESDAYS & FRIDAYS 10:15 AM, 10-class punch card/\$70, drop in class/\$8.00. daniellepettit75@yahoo.com, 203-509-3683 (cell)

Shabbat at the Gazebo - Friday, September 6, 7:00 pm

Join us as we hold our annual outdoor Friday night Shabbat Service in the Gazebo at High Plains Community Center! Rabbi Alvin Wainhaus will bring his guitar and lead us in a joyful "sing-along" service. This is a wonderful opportunity to introduce prospective members to Or Shalom and to Rabbi Wainhaus. Approximately 100 people attend this popular Service. Some chairs are provided, but we encourage you to bring your own lawn chair. (Note the grounds and pavilion will be available prior to

Congregation Beth El - Keser Israel Events

High Holy Day Services

Adults require tickets or reservations for most services. Children require pre-registration for children's programs. Please contact the office 203.389.2108 x114 or office@beki.org. The sanctuary is handicap accessible and equipped with a T-coil hearing loop.

Saturday, 21 September: Selihot program and service 9:00 to 10:30 pm

Sunday, 29 September: Minha & Maariv 6:15 to 7:15 pm

Monday, 30 September: Rosh Hashana Services 8:30 am to 1:15 pm including Children's Havura, K-2 Kehila, Junior Congregation, Learners' Service; Tashlikh 5:15 to 5:30 pm at Edgewood Bridge, Whitney Museum Covered Bridge, and West Rock Playground; Minha & Maariv 6:15 to 7:00 pm

Tuesday, 1 October: Rosh Hashana Services 8:30 am to 1:15 pm including Children's Havura K-2 Kehila, Junior Congregation, Learners' Service; Minha 5:45 to 6:10 pm

Tuesday, 8 October: Kol Nidre Services 6:15 to 8:30 pm

Wednesday, 9 October: Yom Kippur Services 9:00 am to 2:30 pm including Children's Havura K-2 Kehila, Junior Congregation, Learners' Service; Study Sessions 3:00 to 4:15 pm, followed by Minha; Concluding Services 5:30 pm to 7:03 pm

Preparing for the High Holy Days

Shabbat Schmoozes for Heart, Mind, and Soul have been scheduled for Saturdays at 12:45 pm after the weekly service and kiddush lunch.

A musical schmooze with BEKI lay leaders Marsha Beller, David Gordon, and Jonathan Gordon will be offered on September 7. You don't need to be an experienced singer or know how to read music to sing these high holy day melodies.

Heart of the new year meditation with Robin Goldberg DMD, a certified instructor of Heart Rhythm Medita-

tion, is scheduled on September 14. Participants will sit in chairs; no special clothing or equipment is necessary.

"Promises, Promises: How Kol Nidrei Got Its Groove," is the topic on September 21. The opening phrase of "Kol Nidrei" is one of the most famous sounds in the Jewish musical repertoire. How did a relatively dry legal declaration become a source of danger and contention for Jewish communities, a masterpiece of the cantor's art, and the emotional climax of the first "talkie" film? Join ethnomusicologist Rachel Adelstein for a tour of this beautiful, nostalgic, and often misunderstood part of the High Holy Days liturgy.

"The Book of Jonah -- Seriously? Taking a Fresh Look!" is the title of the study session on September 28 with Rabbi Carl Astor, formerly of Congregation Beth El in New London. One of the best-known stories in the Bible, the Book of Jonah is chanted every year on Yom Kippur.



Through BEKI Eyes: Photographs of Synagogues

This exhibition is the latest edition of BEKI's high holiday show, drawing on the experiences of BEKI travelers who record their impressions of synagogues near and far with photography. This year's exhibition includes photographs from synagogues less often visited, including the countries of Georgia, Morocco, and India, as well as personal interpretations of better-known synagogues in Venice, Prague, and Amsterdam.

The exhibition, which will be on view from September 5 until late October, is open to the public by appointment.

85 Harrison Street (corner of Whalley Avenue - Route 63 - in Westville)

the event, if you would like to bring a picnic.) We will also be recognizing our new members during the Service. We look forward to seeing everyone! In addition, we will honor our past President, Marc Franzman.

Community Yizkor

Congregation Or Shalom, the only Conservative synagogue in Orange, is

offering all non-members an opportunity to come to a free community-wide Yizkor Memorial Service on Yom Kippur Day (October 9, 2019) at 4:00 PM. This service, which will last under an hour, is open to the public without any membership obligation. The Service will be led by the synagogue's Ritual Committee Chair, Robert Spaulding and his wife Tova Clayman.

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MICHAEL J. PAOLINI, CPA

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HOUSES OF WORSHIP

Congregation B'nai Jacob High Holiday Service Times

Selichot Service

Sat	Sep 21	8:00 pm	Service & Program
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Rosh Hashanah *Candlelighting 6:18 pm*

Sun	Sep 29	5:00 pm	Young Family Erev RH Service
		6:00 pm	Erev Rosh Hashanah Service
Mon	Sep 30	8:30 am	Rosh Hashanah (day 1) Service
		10:30 am	Children's Programs
		5:30 pm	Tashlich
		6:00 pm	Mincha/Ma'ariv Service
Tue	Oct 1	8:30 am	Rosh Hashanah (day 2) Service
		6:00 pm	Mincha/Ma'ariv Service

Cemetery Service

Sun Oct 6 10:30 am Service at B'nai Jacob Memorial Park
(Wintergreen Ave, New Haven B'nai Jacob at 11am if rain)

Hazkarat Banim

Mon Oct 7 7:00 pm *A Service In Memory of the Young*

Yom Kippur

		Candlelighting 6:03 pm	
Tue	Oct 8	6:00 pm	Kol Nidre Service
Wed	Oct 9	9:00 am	Yom Kippur Service
		10:30 am	Children's Programs
		4:30 pm	Mincha Service
		5:45 pm	Neilah Service
		6:50 pm	Ma'ariv
		7:02 pm	Sounding of the Shofar
			<i>Congregational Break Fast</i>

Sukkot

Sun	Oct 13	6:00 pm	Erev Sukkot Service
Mon	Oct 14	9:30 am	Sukkot Service (day 1)
		6:00 pm	Sukkot Service
Tue	Oct 15	9:30 am	Sukkot Service (day 2)

Shemini Atzeret *Candlelighting 5:45 pm*

Sun	Oct 20	6:00 pm	Evening Shemini Atzeret Service
Mon	Oct 21	9:30 am	Shemini Atzeret Service
		11:00 am	Yizkor Service

Simchat Torah *Candlelighting 6:51 pm*

Mon	Oct 21	6:00 pm	Simchat Torah Family Service
Tue	Oct 22	9:30 am	Simchat Torah Service

For information, contact the B'nai Jacob office at 203-389-2111, or online at bnaijacob.org.

Volunteer Reading Tutors (Age 50+) For Young Children Needed

Experience Corps needs volunteers, age 50+, as reading tutors for young children in participating schools and afterschool programs in Hamden, North Haven, New Haven and East Haven. Volunteers tutor twice weekly (avg. 5-6 hours) from October to June. You bring the love. We provide the training. Learn more by attending any of the upcoming volunteer information presentations at: Guilford Free Library, 67 Park Street on 6/18 1pm; East Haven's Hagaman

Library, 227 Main Street (back entrance), on 7/16 at 1pm, 8/20 1pm or 9/5 at 10am; Hamden's Miller Library, 2901 Dixwell Avenue, in the Friend's Room (2nd floor) on 7/19 at 11am or 8/22 at 1pm; Agency on Aging, 117 Washington Avenue, Suite 17, North Haven on 7/31 at 10am, 8/26 10am or 9/9 2pm.

Questions? Contact Sheila at 203-752-3029 x2900 or email volunteer@aoascc.org by September 6th. Also, visit www.aoascc.org/experiencecorps.

Woodbridge Town News

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DEATH NOTICES



Jeannette Kordiak

Jeannette Kordiak, age 87, of Woodbridge, beloved wife of the late Stephen M. Kordiak, died peacefully on July 22, 2019. Jeannette was born in Shelton, CT on April 13, 1932 to the late Francis and Mary Bednarik Kurtyka. She was a secretary at BF Goodrich and later the co-owner of Latex Foam in Shelton. She was active in her community and was a member of the Woodbridge Garden Club, the Woodbridge Republican Town Com-

mittee and was a gracious supporter of the Woodbridge Town Library. She was also a member of The Quinnipiac Club and loved the theatre, fine dining, shopping and getting “dolled up.” She had a soft spot in her heart for cats and loved the two she cared for at home. Survivors include her step-son, John Kordiak (Sandra) of Orange, cousins; Mrs. Marianne Bauer of Orange and Bertha Belden of Shelton, three step-grandchildren; Michael and his wife Chelsea, Christopher and Jackie Kordiak and several other cousins. Jeannette is predeceased by her step-daughter, Janice and several cousins.

The Gregory F Doyle Funeral Home, 291 Bridgeport Avenue, Milford was in charge of the arrangements. A service was held in the funeral home on July 30th. Interment was private. A reception was held at The Qunnipiac Club following calling hours at the funeral home. Donations may be made to Cat Tales Non-Profit Rescue, PO BOX 901, Middletown, CT 06457. To leave an online condolence, please visit www.gregoryfdoylefuneralhome.com.



DEATH NOTICES

The Woodbridge Town News will publish Death Notices for Woodbridge and Bethany families free of charge as a service to our readers. Family members please email notice (limit 250 words, please) to: edit@woodbridgetownnews.com



TOWN OF WOODBRIDGE - LEGAL NOTICE NOTICE OF BOARD OF ASSESSMENT APPEALS SEPTEMBER MEETING FOR MOTOR VEHICLE APPEALS

The Board of Assessment Appeals of the Town of Woodbridge will meet in an open session on Wednesday, September 11, 2019 from 6:00pm – 9:00pm at the Town Hall to hear appeals related to assessment on Motor Vehicles on the Grand List of October 1, 2018. All persons claiming to be aggrieved by the assessments made by the Assessor on said list is hereby warned to make their appeal to said Board of Assessment Appeals at the above stated time in person or by a duly authorized representative who must bring evidence of authorization and their own personal identification. You must bring the vehicle with you if drivable.

An application must be filled out prior to your appeal and returned to the Assessor’s office no later than September 6, 2019 at 4:30pm. Please call the Assessor’s Office to schedule an appointment at (203) 389-3416.

A Legislative Update

BY STATE SENTAOR
JAMES MARONEY



During this past legislative session several of my personal legislative priorities became law. In addition to my personal priorities, we passed many other laws that will benefit members of our community. My priorities this past session were protecting seniors, providing opportunities to our children, encouraging economic development, and serving our veterans. Several of these pieces of legislation were sparked from interactions with constituents in the 14th state Senate District. I value each and every conversation with people in our community. If you would like to speak with me, I hold a regular coffee and conversation the third Thursday of every month at the Starbucks in Orange.

One thing I often hear from senior citizens is that as a state we need to do a better job of making it possible for them to stay in the communities that they love. With this year’s budget, we eliminated the state income tax on Social Security for individuals earning \$75,000 or less and couples earning \$100,000 or less. In addition, we are starting to phase out the income tax on pensions individuals earning \$75,000 or less and couples earning \$100,000 or less. For our state’s seniors, we are providing tax breaks on Social Security and pensions and right now those eligible are fully exempted from state income tax on Social Security.

Connecticut has the seventh oldest population in the nation. We must do all we can to take care of our seniors and ensure their standard of living meets or exceeds expectations. An important way we accomplish that is by keeping them safe. As Aging Committee co-chair, I am pleased to inform you that we’ve banned individuals convicted of assault and/or abuse crimes from gaining employment at nursing homes or long-term care facilities. We’ve also established an elder abuse registry website.

You may not be aware of this fact, but currently there are 7,500 open computer coding jobs open in the state of Connecticut. In the next 5 years, there are predicted to be over 2 Million unfilled computer coding jobs across the country. Currently, computer coding jobs are the highest paid jobs without an advanced degree. Learning these skills are critical for our students and for our economy. I am very proud to have championed computer coding legislation. Under this law, all Connecticut schools are required to offer Computer Science curriculum. This law makes Connecticut the first state to require teacher preparation programs to offer instruction on teaching programming and coding. Additionally, the Department of Economic Community Development will perform an analysis of workforce needs in our state, work with the other relevant agencies to develop a plan to prepare our work-

force, and help facilitate internships for college students with companies in our state.

We know we must ensure our children have the tools they need to achieve great success as they become adults. It is also extremely important to protect them. I am proud to have voted in favor of legislation which extends all statute of limitations related to sexual crimes. Prior to this legislation our state had one of the shortest statute of limitations for these types of crimes, which prevented many victims from getting the justice they deserved. This legislation is deeply personal to me as these heinous acts have affected both family and friends.

In order for our students to have great opportunities after they complete their education, we need to promote more economic development throughout the state. One small step towards encouraging small business growth was eliminating the Business Entity tax. In addition, we revised the language of the “Transfer Act.” It will now reduce the number of properties and businesses subject to the Transfer Act and shorten the window for commencing audits, making it easier to buy and sell commercial properties that fall under the purview of this act.

Another bill that I am proud to have championed was a bill enhancing Opportunity Zones in the State of Connecticut. Opportunity Zones (OZs) were created by the federal tax reform in 2017 and this law will help to unlock an estimated \$6 trillion in unrealized capital gains. The legislation layers some state incentives on top of the federal incentives, making investing in our state’s OZs more attractive and draws investments from out of state.

As co-chair of the Veterans committee, we were able to pass many pieces of legislation to help provide services for our veterans. We were able to increase the property tax exemption for disabled veterans. A bill that I introduced and was enacted will strengthen our manufacturing industry and help our state’s veterans find work. The Military to Machinists Program will ensure veterans are prepared for successful careers in manufacturing. This bolsters an important industry and helps veterans transition to life as civilians.

These are just some of the laws that we passed. If you have questions on any laws that were passed or suggestions on how we can help grow our state, please reach out to me. There is still much work to be done. Constituents’ views and concerns influenced my priorities this session and next year will be no different. Feel free to contact me to share your thoughts or concerns.

James Maroney is State Senator for the 14th District covering Orange, Milford, West Haven (part) & Woodbridge (part).

ENTERTAINMENT

TOP 10 MOVIES

1. **Fast & Furious Presents: Hobbs & Shaw** (PG-13)
Dwayne Johnson, Jason Statham
2. **Scary Stories to Tell in the Dark** (PG-13)
Zoe Margaret Colletti, Michael Garza
3. **The Lion King** (PG) animated
4. **Dora and the Lost City of Gold** (PG)
Isabela Moner, Eugenio Derbez
5. **Once Upon a Time ... in Hollywood** (R)
Leonardo DiCaprio, Brad Pitt
6. **The Art of Racing in the Rain** (PG)
Milo Ventimiglia, Amanda Seyfried
7. **The Kitchen** (R)
Melissa McCarthy, Tiffany Haddish
8. **Spider-Man: Far From Home** (PG-13)
Tom Holland, Samuel L. Jackson
9. **Toy Story 4** (G) animated
10. **Bring the Soul: The Movie** (NR)
BTS, J-Hope

TOP 10 V.O.D.

1. **Long Shot** (R)
Charlize Theron
2. **The Intruder** (PG-13)
Dennis Quaid
3. **Shazam!** (PG-13)
Zachary Levi
4. **Alita: Battle Angel** (PG-13)
Rosa Salazar
5. **Hellboy** (R)
David Harbour
6. **UglyDolls** (PG) animated
7. **Breakthrough** (PG)
Chrissy Metz
8. **Little** (PG-13)
Regina Hall
9. **Pet Sematary** (R)
Jason Clarke
10. **Captain Marvel** (PG-13)
Brie Larson



Travis Fimmel in “Finding Steve McQueen” [Open Road Films]

PICKS OF THE WEEK

“Avengers: Endgame” (PG-13) -- After Thanos shattered the universe and left the Avengers decimated and scattered, the remaining heroes must again face him in a final standoff. But with a fistful of infinity stones, can he even be defeated? In an impressive end to the Infinity Saga, directors Joe and Anthony Russo have managed to balance six or more storylines, nail down some satisfying character development and effectively resolve a 22-film collection in one -- admittedly long but eminently worth it -- movie that will leave hard-core fans of the Marvel Cinematic Universe content.

“Finding Steve McQueen” (R) -- This is not a Steve McQueen biopic, if that’s what you were expecting. You could be forgiven, as the lead, played by “Vikings” star Travis Fimmel, is enamored of the actor, striving to emulate his looks and prowess behind the wheel of a car. Which brings us to a story that’s told in flashback and ripped from the crazy but (mostly) true history books. Harry

Barber (Fimmel) is a wheelman for a radicalized group of Ohioan bank robbers who take a vacation to sunny California in order to rob a bank where Richard Nixon allegedly stashes his campaign slush fund for dirty deeds. The gang is headed by Barber’s uncle, Enzo (William Fichtner), and they’re pursued by an odd couple of groundbreaking special agents, played by Forest Whitaker and Lily Rabe. It’s interesting and lighthearted.

“All Is True” (PG-13) -- Kenneth Branagh directs and stars in a work not of William Shakespeare, but about the man. With Branagh in the lead role, we find the bard in 1613, renowned and celebrated and the current owner of a burned-down theater. He returns to his wife, Anne Hathaway, in Stratford-Upon-Avon to reflect on his life and repair his relationships. The script is clever and amusing, as you would expect. Dame Judi Dench is lovely as Anne, as is Ian McKellan as the Earl of Southampton. Branagh’s portrayal of Shakespeare feels like a familiar and loving tribute befitting his reverence for the poet.

“Unplanned” (R) -- Based on Abby Johnson’s 2010 the book of the same name, “Unplanned” stars Ashley Bratcher as Abby, a college girl who begins volunteering and later working for Planned Parenthood. She works her way up the ranks until one day, she is called in to assist in a procedure that changes her views forever. Spoiler alert: She becomes an anti-abortion activist who writes a “memoir” that is later turned into a movie! Look, I’m not here to tell you your politics. If there’s one thing I’m pro-choice about, it’s my movie selection. But if you choose this film, just know that it’s a hard-core pander that’s not even as well-presented as a low-budget TV movie, and nobody should have to endure that.

1. “The Long and Winding Road” is credited to Lennon-McCartney. Which Beatle actually wrote it?
2. What’s being described in the song where there’s “a green one and a pink one and a blue one and a yellow one, and they’re all made out of ticky tacky”?
3. The gospel group Dixie Hummingbirds sang backup on what two of Paul Simon’s songs?
4. Which decade has the most songs on the Rolling Stone’s 500 Greatest Songs of All Time list?
5. Name the song that contains this lyric: “Love is but a song to sing, Fear’s the way we die.”



1. Paul McCartney, at his High Park farm in Scotland. The song was released a month after the band broke up in 1970 and was their last Billboard No. 1 hit. 2. Suburban tract housing, where the houses all look the same, in “Little Boxes,” made famous by Pete Seeger in 1963. 3. “Loves Me Like a Rock” (1973) and “Tenderness” (1972). 4. As of the 2010 update, the 1960s head the pack with 196 entries. The ‘70s are next with 131. 5. “Get Together,” “The Youngbloods version, first released in 1967, was the most popular, but song was originally recorded in 1964 as “Let’s Get Together” by The Kingston Trio in a live performance.

Sports Quiz

BY CHRIS RICHCREEK

1. Entering 2019, who were the only two pitchers in the past 100 years to allow one hit and no walks with at least nine strikeouts in their major-league debut?
2. Who of these onetime Los Angeles Dodgers teammates pitched more major-league innings for their career: Tommy John or Don Sutton?
3. When was the last time before the 2017 season that New Mexico State’s football team won a bowl game?
4. Name the last season before 2018-19 in which the Milwaukee Bucks advanced to at least the second round of the NBA playoffs.
5. How many consecutive years has the U.S. team won the IIHF Ice Hockey Women’s World Championship?
6. In 2019, skier Mikaela Shiffrin became the third woman to win four discipline titles in a single year. Name either of the other two to do it.
7. Who was the last golfer before Brooks Koepka in 2019 (PGA Championship) to have at least a seven-shot lead at the halfway point of a men’s golf major?

1. Cincinnati’s Johnny Cueto (2008) and Pittsburgh’s Nick Kingham (2018). 2. Don Sutton tallied 5,282 innings over 23 seasons, while Tommy John pitched 4,710 innings over 26 seasons. 3. It was 1960. 4. It was 2000-01, when the Bucks reached the Eastern Conference Finals. 5. Five consecutive years. 6. Lindsey Vonn (2010, 2012) and Tina Maze (2013). 7. Henry Cotton had a nine-stroke lead after 36 holes of the 1934 British Open.

Weekly SUDOKU

by Linda Thistle

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	9			8			6	
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4			7					3
	8	6		3		2		

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦♦

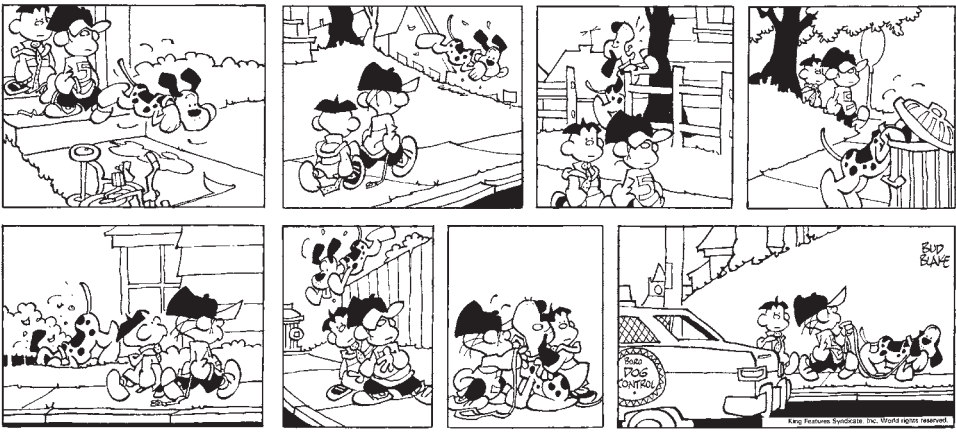
♦ Moderate ♦♦ Challenging
♦♦♦ HOO BOY!

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Sudoku answers
on page 36

COMICS/CROSSWORD/HOLLYWOOD

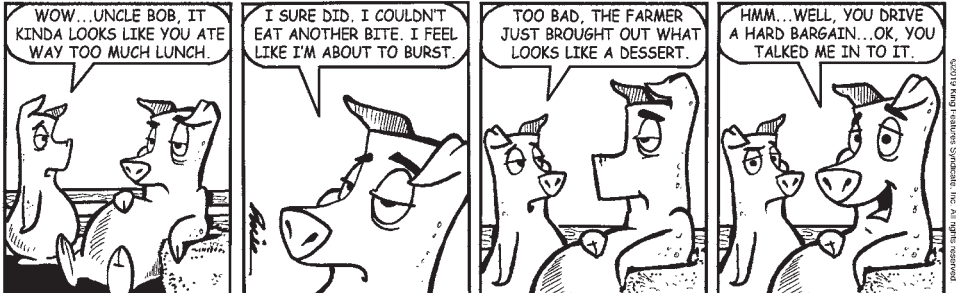
TIGER



The Spats



Amber Waves



King Crossword

ACROSS

1 Bygone Peruvian

5 Decibel increaser, for short

8 Jewels

12 Greenhouse structures

14 On

15 Caviar provider

16 Volcanic outflow

17 "Eureka!"

18 Not as short

20 Dishes

23 Ratio phrase

24 Little one in the litter

25 Tough puzzle

28 Affirmative

29 Diarist Nin

30 — Beta

32 Learner

34 Adolescent

35 Prod

36 Cause, as havoc

37 Expose, in a way

40 Hawaiian garland

41 Any minute now

42 Obdurate

47 "Zounds!"

48 Cook on a grill

49 Novelist Jaffe

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DOWN

1 "Monty Python" opener

2 Seine

3 French vineyard

4 Immoderate

5 Neighborhood

6 "O Sole —"

7 Woman's two-piece?

8 Fast gait

9 And others (Abbr.)

10 Relocate

11 Practice boxing

13 Turkish title

19 \$ dispensers

20 Weep

21 Colors

22 "Meet Me — Louis"

23 "Try — see"

25 Passes furtively

26 Duel tool

27 Actress Perlman

29 Commotions

31 Pen filler

33 Kampala's country

34 "Survivor" squads

36 "MacArthur Park" composer Jimmy

37 Addict

38 Nixed, at NASA

39 Complain

40 Hide in the bushes

43 Greek cross

44 Autumn mo.

45 Regret

46 Fresh

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HOLLYWOOD

By TONY RIZZO

Leonardo DiCaprio has moved on from Quentin Tarantino's "Once Upon a Time ... in Hollywood," opposite Brad Pitt and Margot Robbie, to Martin Scorsese's film "Killers of the Flower Moon," opposite Robert De Niro. This will be DiCaprio's sixth film with Scorsese and the 11th teaming for De Niro with Scorsese. Netflix plans to release Scorsese's "The Irishman," which brought De Niro together with Al Pacino and Joe Pesci, into movie theaters later this year for award consideration.

Set in the 1920s, "Killers of the Flower Moon" is a drama about the FBI's rise to prominence after investigating the suspicious deaths of Native Americans killed to obtain their oil-rich land. De Niro and DiCaprio worked together twice before, in "This Boy's Life" (1993) and "Marvin's Room" (1996).

Meanwhile, Brad Pitt has the sci-fi film "Ad Astra," with Tommy Lee Jones and Ruth Negga; as well as producing "The King" (based on Shakespeare's "Henriad"), with Robert Pattinson and Joel Edgerton; and the crime drama "Kajillionaire," with Evan Rachel Wood. Margot Robbie has an untitled drama with Charlize Theron, Nicole Kidman, Kate McKinnon, Allison Janney, John Lithgow and Malcolm McDowell (in theaters Dec. 20); the DC Comics-based superhero film "Birds of Prey," with Mary Elizabeth Winstead, Rosie Perez and Ewan McGregor (out Feb. 20); and is producing the thriller "Promising Young Women," with Alison Brie, Connie Britton and Laverne Cox.

The 1986 movie musical "Little Shop of Horrors," which starred Rick Moranis, is getting the remake treatment. Josh Gad, who starred in Broadway's "The Book of Mormon," in



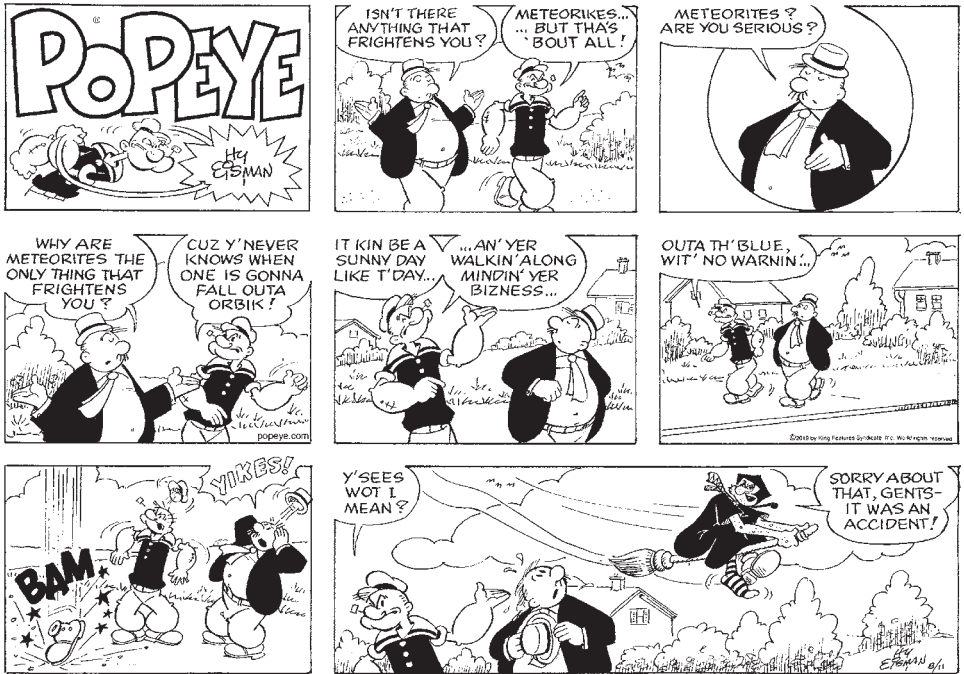
Mark Wahlberg
[A&E, "Wahlburgers"]

five "Frozen" films (as Olaf) and as Gaston's friend LeFou in "Beauty and the Beast," is in talks to play Seymour. Rebel Wilson -- of "Pitch Perfect," "The Hustle" (with Anne Hathaway) and the upcoming "Cats" film -- is in talks to play Audrey.

Also in the works is a third Sherlock Holmes film, again with Robert Downey Jr. The first two films, which each grossed over \$545 million, were directed by Guy Ritchie, Madonna's former husband. Ritchie has recently completed the crime film "The Gentlemen," with Matthew McConaughey, Colin Farrell, Charlie Hunnam, Henry Golding, Hugh Grant and "Downton Abbey's" Michelle Dockery.

Mark Wahlberg, who last scored big with "Instant Family" (2018), is making up for lost screen time, starring in the Netflix mystery "Wonderland," with Alan Arkin; "Good Joe Bell," with Connie Britton and Gary Sinese; and the sci-fi film "Infinite." He also lends his voice as The Blue Falcon in the 3D computer-animated comedy "Scoob," from the Scooby-Doo franchise, along with Zac Efron, Will Forte, Amanda Seyfried, Gina Rodriguez, Tracy Morgan and Ken Jeong, for a May 15 release. When does he find time to flip burgers while running Wahlburgers?

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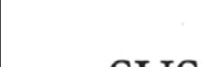
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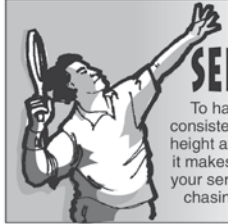
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“Though President Grover Cleveland declared Labor Day a national holiday in 1894, the occasion was first observed on Sept. 5, 1882, in New York City.” — BRENDAN I. KOERNER

STAN SMITH'S TENNIS CLASS



DEVELOP A SERVICE MOTION

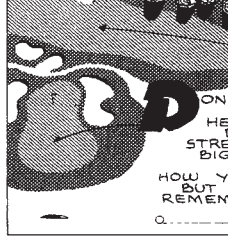
To have a good serve, you need a consistent toss. If your toss is a different height and distance from you each time, it makes it very hard to get a groove on your serve motion. You don't want to be chasing your toss all over the place!



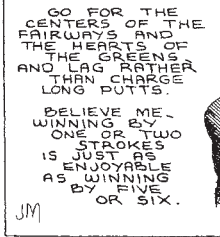
The key to consistency is to develop the same tossing and hitting motion each time. By learning sound fundamentals on the toss – fluid motion and extending your arm above your head – and practicing them hundreds of times, you'll develop a reliable toss.



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BELIEVE ME - WINNING BY ONE OR TWO STROKES IS JUST AS ENJOYABLE AS WINNING BY FIVE OR SIX.



Weekly SUDOKU

Answer

1	5	4	6	7	3	8	9	2
3	9	7	2	8	5	1	6	4
8	6	2	9	1	4	7	3	5
6	3	5	4	2	8	9	7	1
2	1	8	3	9	7	4	5	6
7	4	9	1	5	6	3	2	8
5	7	3	8	4	2	6	1	9
4	2	1	7	6	9	5	8	3
9	8	6	5	3	1	2	4	7

King Crossword

Answers

Solution time: 21 mins.

I	N	C	A	A	M	P	G	E	M	S
T	E	R	R	A	R	I	A	A	T	O
S	T	U	R	G	E	O	N	L	A	V
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E	G	A	D		B	A	R	B	E	C
R	O	N	A		Y	U	K		S	T

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LOCAL SPORTS



Former Amity High School Soccer player Jeremy Conn and his 2019 Union College Soccer Team returned from a pre-season trip to England where they played a pair of games against British academy squads run by professional clubs. Conn, a senior midfielder from Woodbridge, scored two goals combined in a 2-0 win over Chorley FC and a 2-2 draw with Padingham. Both games were played earlier this week in Liverpool, where Union was staying and training. The Dutchmen open their regular season schedule with games at home next weekend.



Back row: Coach Marisa D’Amico, Hamden; Ashley Jeon, Cheshire, Tasha vonBeeden, Woodbridge; Head Coach Anna Montgomery, Hamden; Mayor Curt Leng. Front row: Laura Luzzi, Hamden, Elle Nadzam, Hamden; Samantha Lewandoski, North Haven; Kylie Oblena-Williams, Hamden; Coach Rose Oblena, Hamden; Team Manager Patty Simell, Hamden.

Heronettes Head Coach Receives Proclamation

The Head Coach of the Hamden Heronettes Synchronized Swim Team was recently honored by the Office of the Mayor of Hamden. On August 7, Mayor Curt Leng presented Head Coach Anna Montgomery with a Proclamation congratulating her for winning the East Zone Synchro Coach of the Year award for 2019. The award honors one coach per year of the 30 synchronized swim teams of East Zone Synchro who “works toward development of athletes and the sport of synchronized swimming without concern for self-promotion or personal gain, develops and continues to carry out a consistent solid coaching program that benefits athletes and the sport, sets an example in their attitude and ethics that inspire and mo-

tivate athletes to make the most of their abilities and potential, and recognizes their coaching ability”. At the ceremony to support Anna and congratulate her were family and friends as well as several past and present Heronettes from towns in the local area. Mayor Leng and Anna were able to converse at length about the sport of synchronized swimming in Hamden, the history of the Heronettes team, and our upcoming 50th anniversary in a year. All attendees were pleased to share with the Mayor’s office how dedicated Anna is to the team, and were honored to congratulate her for receiving this Proclamation from the Town of Hamden. For more information about the Heronettes, visit www.heronettes.org.

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Bark Bytes...

BY VICKI & RICHARD
HOROWITZ



What Your Body Language Tells Your Dog

Dogs have a specific way of interacting, which includes an instinctual manner of communication. Learning how to communicate effectively with your dog in a language he understands is the first step in establishing your leadership. By leveraging a dog's instinctual communication techniques using voice control and body language, we humans can learn a new language that clearly positions us as leaders, which results in a balanced relationship of bond, trust and respect with our canine companions.

Dogs crave good leadership, and if they don't get it from their owners, they'll take charge. This can lead to bad behaviors such as barking, jumping, aggression and pulling on the leash—all examples of the dog taking charge.

There are several ways for an owner to establish leadership. It is very typical for an owner to want to go to his dog instead of making the dog come to him or her. This communicates to the dog that he is the leader, as the leader will always have the other members of the pack come to him.

You can also establish leadership by always walking ahead of your dog, whether it is up the stairs, through doorways or especially on walks. In your dog's mind, the leader always leads. All requests from your dog must be granted on your terms. When a dog constantly nudges you to be petted, for example, you should break eye contact immediately. When he has given up, call him back to you to be petted or to play. When he responds to you, versus you to him, he will begin to see you as

the leader.

Oftentimes owners grab their dogs or, in the case of small dogs, pick them up, to stop them from going somewhere or doing something undesirable. However, when an owner is physical in this manner, the dog has only two options: fight or flight. If a dog can't run to get away, his next option is to bite. This may not happen in every situation, but the dog will inevitably feel threatened by the action, whether he bites or not. This is not a conducive mindset for a dog to be in when an owner is trying to train, control or protect him.

If you want your dog to come to you, use body language and voice tones that are inviting, crouch down, and call him in a sweet voice, praising him as he comes to you. If he is likely to jump on you when he comes back, make sure you stand up just before he arrives, displaying confident body language.

Gaining respect and trust from your dog is all about establishing leadership, and the most effective way of doing so is by using your dog's own language to communicate with him. By learning and practicing proper forms of body language and voice control, your dog will see you as his fearless leader in no time, leading to a calmer, more relaxed household for everyone.

Vicki and Richard Horowitz are dog behavioral therapists and trainers with Bark Busters, the world's largest dog training company. For more information, call 1-877-500-BARK (2275) or visit www.dog-training-new-haven-ct.com.



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ARIES (March 21 to April 19) Be careful not to allow the backers of a new financial “deal” to pull the wool over the Lamb’s eyes. It could hold fewer plusses and more negatives than you were first led to believe.

TAURUS (April 20 to May 20) It’s a good idea to finish all incomplete tasks so that you can devote your attention to next week’s projects. The weekend could hold surprises for romantic Fernandas and Ferdinands.

GEMINI (May 21 to June 20) A workplace suggestion you made a while ago that you might have forgotten could come back with a request to turn it from idea to reality. Your social life picks up considerably this weekend.

CANCER (June 21 to July 22) Someone from the past could return with an intriguing opportunity for a future project. Check into it, by all means. But don’t neglect your current responsibilities in the meantime.

LEO (July 23 to August 22) Keeping your claws sheathed and using good humor instead to counter someone who’s bad-mouthing the Big Cat isn’t easy. But it’s the best way to avoid more problems down the line.

VIRGO (August 23 to September 22) A workplace situation could improve if you’re less critical and more supportive of those who are, after all, trying to do their best. Let them know you’re there to help when necessary.

LIBRA (September 23 to October 22) A new job offer might not carry all the benefits you’re seeking. Make sure you know what you’re entitled to, what is off the table and what is negotiable before you make a decision.

SCORPIO (October 23 to November 21) A social obligation you would rather get out of could hold some surprisingly positive aspects. Why not go and see for yourself? A family member makes a curious request.

SAGITTARIUS (November 22 to December 21) Before tackling that new project awaiting you at home or on the job, take time out for some much-deserved pampering to help lift your spirits and restore your energy levels.

CAPRICORN (December 22 to January 19) Your social calendar begins to fill up more quickly than you expected. And that’s great. You deserve to enjoy some good fun after so much time spent on serious matters.

AQUARIUS (January 20 to February 18) A domestic situation continues to improve, thanks to all the tender, loving concern you’ve shown. A colleague makes a questionable move that you might want to check out sooner rather than later.

PISCES (February 19 to March 20) A sudden turn in a romantic relationship calls for both a rational and passionate response. Keep the love level high, but also find out why the problem arose in the first place.

BORN THIS WEEK: You often set high standards for others. But to your credit, you set the same expectations for yourself.

Busting a Cat’s Biting Behavior

DEAR PAW’S CORNER: Our male cat “Buster” is celebrating his third birthday. While he’s a good kitty most of the time, he has these moments where he decides to “attack” and take a bite out of my arm or leg. He’s not a cuddler, and when being petted he only permits me to pet a few times and then snips at me to signal that’s enough. When he attacks, I’ve tried spraying him with a squirt bottle or distracting him with toys --which works for a few minutes. He is declawed, and I wonder if this is behind his behavior, but I’m not sure what else to do. Any suggestions? -- Martha L., via email

DEAR MARTHA: I feel your frustration. Nipping and biting are generally dominance behaviors, and there are a few options for curbing them. If Buster has not been neutered, consider doing so as this can

reduce aggression in male cats. Make sure you’re not inadvertently rewarding Buster for his behavior. If you sometimes give him a toy right after he attacks, he remembers that attacking you got him a toy he enjoys -- so he’ll do it again! Instead, hiss at him or use the squirt bottle. Give him a toy when he interacts less aggressively, such as meowing or tapping you with his paw.

Observe what he does after he nips or attacks. Does he sit, waiting for something? Does he meow and try to lead you somewhere, like his food bowl? Note the times of day that he exhibits these behaviors.

Again, don’t reward dominance behaviors. Immediately hiss at nipping or biting. Reward calm behavior. It will take several tries, but create that pattern and Buster eventually will get it.



SEND YOUR QUESTIONS OR COMMENTS TO ASK@PAWSCORNER.COM.

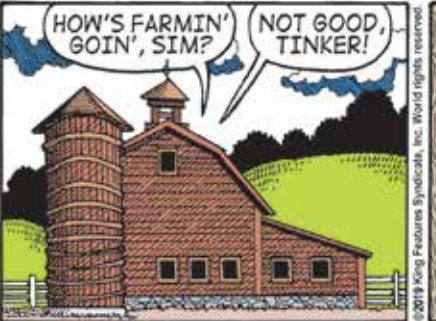
Just Like Cats & Dogs by Dave T. Phipps



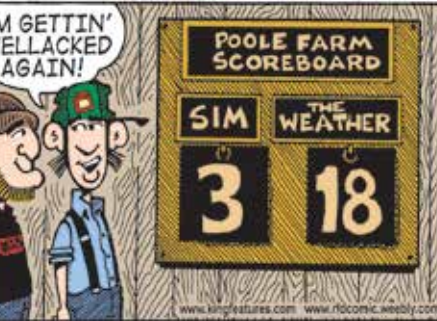
LAFF-A-DAY



R.F.D.



by Mike Marland



Out on a Limb



by Gary Kopervas



top ten

BOY

BABY

NAMES

*2018

1. Liam

2. Noah

3. William

4. James

5. Oliver

6. Benjamin

7. Elijah

8. Lucas

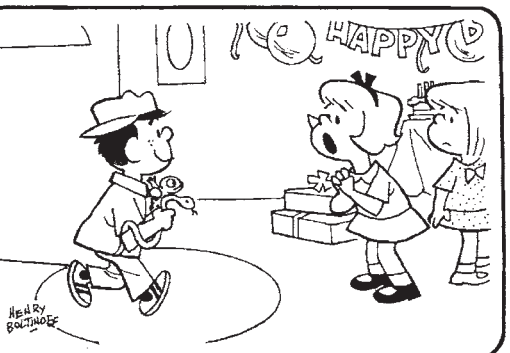
9. Mason

10. Logan

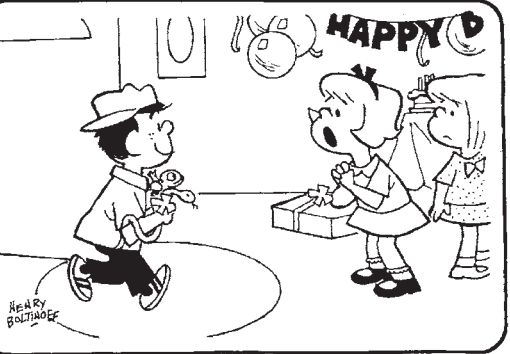
Source: Social Security

HOCUS-FOCUS

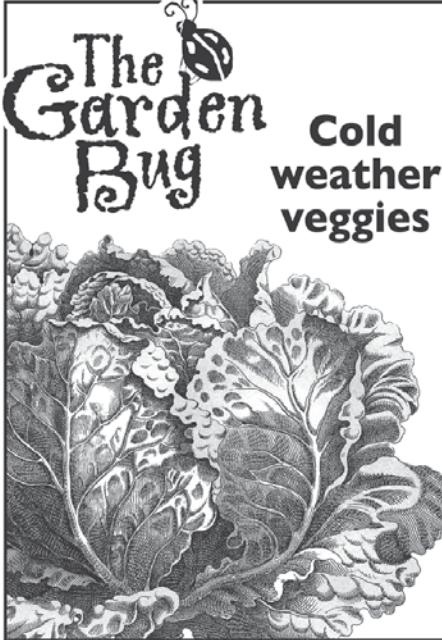
BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Banner letters are black. 2. Balloon has been added. 3. Boy's pants are dark. 4. Socks have ruffles. 5. One present is missing. 6. Bow has been added to snake.



For growing vegetables in the cooler months, it's important to:

- Consult local garden authorities or county extension agents for the average date of the first hard frost in your region.
- Understand the growing time needed for each of your vegetables (30 days? 60 days? 90 or more?).
- Plant your crops at the right time so they can reach their full maturity before that killing frost.

- B. Weaver

Source: www.humeseeds.com/falwint

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