

Woodbridge Town News



Woodbridge's Exclusive Newspaper

Mailed Free To Every Home in Woodbridge
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VOL. 8 – ISSUE 1

CIRCULATION 3615

FRIDAY, JANUARY 11, 2019



Some 200 residents came out for an informational meeting regarding development proposals for the former Country Club of Woodbridge. Opinions about what the town should do with the land ran the gamut.

Engineer Asked To Assess Country Club 'Constructability'

BY BETTINA THIEL

WOODBRIDGE TOWN NEWS CORRESPONDENT

The Woodbridge Board of Selectmen has asked the engineering firm of Criscuolo Engineering — the late Bob Criscuolo has been the town's engineer for many years — to assess the pros and cons of developing either the northern or eastern portion of the Country Club of Woodbridge.

There are two development proposals before the town that are similar in size and amenities, but at different locations on the property. Brian St. Pierre of Insite Development suggests a development for 120 detached homes on about 60 acres, with the main axis running parallel to Woodfield Road. Developer Robert Sachs on the other

hand suggests placing his development of 125 homes on 55 acres parallel to Ansonia Road, with the main axis running west to east.

First Selectman Beth Heller said the engineering report is due January 18. The board may have a special meeting towards the latter part of January to review the engineer's recommendations.

Developers' presentations: Both developers presented their proposals to a packed audience in the Center gym on December 17.

"This portion of the site makes sense," said engineer Michael Ott, who represented the Sachs proposal. He

See "Country Club" On Page 8



The Town Hall meeting room audio system has been upgraded with better amplification and recording equipment. The goal is to make board conversations easier to follow for the audience.

First Selectman Looks To Lead Town Into Next Decade

BY BETTINA THIEL

WOODBRIDGE TOWN NEWS CORRESPONDENT

First Selectman Beth Heller is looking forward to seeing the completion of a number of projects that got underway last year, but the first issue at hand for her personally is to obtain the Democratic nomination to run for her second term come January 17. Municipal elections are coming up May 6. "I am very proud of the things we accomplished — as a board," Heller

said as we sat down to talk about the projects planned for 2019.

Car port: A car port was being installed the first week in January in the police parking lot where cruisers had been parked in the past without any protection from the elements. The car port consists of two separate structures, one closer to the garage where officers enter the station, and the main

See "Town" On Page 16

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Karen Bogdanoff 203-605-9275



NEW LISTING



WOODBRIDGE | 24 Shepard Road | \$409,900

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Frank D'Ostilio 203-641-7072



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WOODBRIDGE | 114 Ansonia Rd | \$625,000

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Area Lawmakers Help Raise Money for Salvation Army

State Representatives Themis Klarides, Lezlye Zupkus and State Senator George Logan ring the bell for the annual Salvation Army Red Kettle Campaign outside Amity Stop and Shop on Wednesday, December 19th.

Woodbridge Town News

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The Stork Club logo is on the left. It features a cartoon stork carrying a bundle in its beak. Above the stork, it says "After the Stork comes the...". Below the stork, it says "Stork Club inc." in a large, bold font, and "CHILD-CARE & DEVELOPMENT CENTERS" in a smaller font below that. To the right of the stork, it says "EXCELLENCE IN CHILD CARE AND PRESCHOOL DEVELOPMENT".



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26 Overhill Road
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172 Rimmon Road
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32 Acorn Hill Road
SOLD! ~ \$389,500



42 Milan Road
SOLD! ~ \$318,000



34 Pease Road
SOLD! ~ \$595,000



122 Maple Vale Drive *coop. sale*
SOLD! ~ \$450,000



36 Old Barnabas Road
SOLD! ~ \$390,000



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58 Forest Glen Drive
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5 Olde Country Road *coop. sale*
SOLD! ~ \$975,000



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7 Maple Terrace
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11 Hunters Ridge
SOLD! ~ \$745,000



24 Deepwood Road
SOLD! ~ \$289,500



76 Country Club Drive *coop. sale*
SOLD! ~ \$438,000



5 Country Court *coop. sale*
SOLD! ~ \$520,000



77 Orchard Road
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Mailed Free to Every Home & Business in Orange

Circulation of 3,615.

Mailing Address: P.O. Box 1126, Orange, CT 06477
Phone: 203-298-4399 | Fax: 203-298-9818

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Production & Design J. Michael Kriz

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Woodbridge Town News

Below are the next three issue dates and deadlines of the Woodbridge Town News.
Thank you for your submissions to Your Home Town Newspaper.

Upcoming Issue Date

Upcoming Issue Deadline

February 8 | Valentine's Day Issue February 1

March 8 | St. Patrick's Day Issue..... March 1

April 12| Easter and Passover Issue April 5

Note: Copy due by 4:00p.m. Thank you.

FROM OUR READERS

Staff of the Human Services Department Offers Sincerely Thank You

Thanks to the generosity and support from the community, the holidays were made brighter for Woodbridge seniors and families. The staff of the Human Services Department sincerely thanks the Woodbridge Police Union, Coachman Square of Woodbridge and The Willows for sponsoring the annual Thanksgiving Luncheon at The Woodbridge Center. Thanks also to Brookdale of Woodbridge for its donation of holiday pies.

We are grateful to the Woodbridge Rotary Club and the partners and employees of Bailey, Moore, Glazer, Schaefer & Proto, LLP for providing Thanksgiving pies and gift cards to Woodbridge families in need, and to the Woodbridge Rotary Club for hosting the annual December holiday party for the seniors at The Woodbridge Center.

We also sincerely thank the students and faculty of the Alternative High School at Amity, Amity High School SADD Group, Amity Teen Center, Beecher Road School Social Action Committee, Beecher Road School PTO & Multi-Age Group, Beecher Road School Student Council, Bethany Community School Leadership Council, Chowder Pot Restaurant, Coldwell Banker of Woodbridge, First Church of Christ of Woodbridge, the Leo Club, Woodbridge Town Library employees, Woodbridge Recreation Commission, Woodbridge Recreation Department, Woodbridge Child Center, the employees of Woodbridge Town Hall, Girl Scout Troop 60164, Cub Scout Pack 902, One of a Kind Foundation,

New England Young at Heart, the partners and employees of Bailey, Moore, Glazer, Schaefer & Proto, LLP, and The Surreybrook School for their generous contributions of holiday food baskets and gift cards. We thank the Children's House of Montessori for hats, mittens and scarves, and Progressions Salon for sponsoring a sock drive. Thank you to Boy Scout Troop 63, along with Boy Scout Troop 907 and Venture Crew 913, for their bountiful donation of non-perishable foods for the holiday food baskets and the emergency food closet. Special thanks to Arti Dixson Productions for a most generous donation of toys.

Several dedicated members of the Woodbridge Fire Department delivered toys to children in need in Woodbridge. They brightened the holidays for several families with a visit from Santa, Mrs. Claus and their elves. These committed volunteers from the Fire Department generously donate their time each year to bring cheer and joy to these children and their families. For all they do, we are grateful.

In addition, we would like to thank the many residents who donated toys in the collection boxes at the Woodbridge Town Library for TEAM, Inc. Also, to the many individuals who donated holiday gift baskets and gift cards, monetary donations to the Food & Fuel Fund, and who helped throughout the year with sorting and stocking of our emergency food closet, we are most thankful.

On behalf of the Staff and Members of the Human Services Commission, we wish everyone a very Happy and Joyous New Year.

Mary Ellen LaRocca
Director of Human Services

Woodbridge Town News

WTN LETTERS POLICY

Submit your letters for our "From Our Readers" section to:
Woodbridge Town News, P.O. Box 1126, Orange, CT 06477
or email: letters@woodbridgetownnews.com.

Please limit letters to 500 words and include a daytime phone number in case we have any questions. Letters must be exclusive to the Woodbridge Town News for publication. We reserve the right to reject any letter.

Woodbridge Town News

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Guidance Counselors/
College Admissions

BY DR. PAUL LOWE
Woodbridge Admissions
Advisors

Big Caseloads and Little Time

Over 20 years being an admissions advisor, I receive calls from parents to retain our services for college admissions. All of their children have guidance counselors and many are from suburban public schools in the NJ, CT, NY, RI and MA. Students were applying to range of universities and BS/MD programs.

Because of the increasing competition to get into top colleges, many families feel overwhelmed and stressed by the college admissions process. Moreover, the process can seem so complex that families may want the assistance, resources and knowledge of an expert who focuses solely on the college admissions process and who spends more time and individualized attention than guidance counselors can provide. Many parents and students discover too late (their children receive rejection letters) in the college admissions process that they should have hired a college admissions expert.

With the heavy workload of most high school counselors, few know their students well or have the time to provide personalized attention needed in this vital process. Public school systems burden counselors with many duties unrelated to college counseling, including but not limited to, testing, scheduling, crisis counseling, social/emotional counseling, occupational counseling/job placement, etc.

Consider the results of studies and sources summarized below:

1. In February 2015, in an op-ed piece in *USA Today*, former First Lady Michelle Obama, wrote eloquently: "There's the world of the schools most of our kids attend where school counselors are too often under-valued and overstretched, and they simply don't have what they need to do their jobs. While the American School Counselor Association recommends no more than 250 students per counselor, the national average is one counselor for every 471 students. And often, school counselors are burdened with all kinds of unrelated responsibilities such as proctoring exams, substitute teaching, even monitoring the lunchroom. Many school counselors find themselves doing triage, juggling those duties while trying to help kids in crisis and also keep up with the latest college admissions deadlines and requirements."

2. The *National Association for College Admission Counseling's* (NACAC) 2018 State of College Admissions reported that on average, public high school guidance counselors spend only 21 percent of their time on college admissions counseling. High school guidance counselors spend the majority of their time on school activities unrelated to college admissions.

3. The *National Association for College Admission Counseling* (NACAC) survey

indicated that high school guidance counselors have an average caseload of 195 to as high as 708 students making them unable to provide adequate college guidance.

4. A *National Association for College Admission Counseling* (NACAC) 2012 annual survey of school counselors also indicated that regardless of staffing, no counselor reported sufficient training in any of the areas related to college counseling.

5. The *National Association for College Admission Counseling* (NACAC) and the *American School Counselor Association* (ASCA) compiled a report that indicated that school counselors currently serve an average of 482 students, a caseload nearly twice the recommended maximum of 250.

6. The *Independent Educational Consultants Association* (IECA) stated: "An educational consultant brings to the family the knowledge and skills of an experienced professional coupled with a commitment to assuring the [student's] best interests are met. Educational consultants counsel students and their families in the selection of educational programs based on the student's individual needs and talents."

7. *Public Agenda*, a nonprofit research organization conducted a survey that indicated that most people who graduated from high school in the past dozen years say their counselors provided little meaningful advice about college and nearly half said that their counselors made them feel "like I was just another face in the crowd".

8. The *Higher Education Consultants Association* (HECA) stated: "A professional educational consultant works one-on-one with each student, helping to identify colleges and universities that offer the best matches for the student's unique needs, and keeping the student on track through every phase of the college application process."

"Admissions is a competitive sport! Why gamble with uncertainty?" – Dr. Paul Lowe

Dr. Paul Reginald Lowe is the managing director and lead admissions expert at Woodbridge Admissions Advisors. Tel. (203) 387-1574, and founder affiliates: Ivy League Admissions Advisors and Private School Admissions Advisors of the Pinnacle Educational Center Admissions Advisors Group network. Dr. Lowe specializes in providing exclusive concierge-type admissions advisory services for families and students who are interested in applying to top private schools, Ivy League and highly selective colleges and combined BS/MD programs. Dr. Lowe also helps students gain admissions into their top choice private schools and colleges after they have been wait-listed and rejected.

EDUCATION



First row, left to right: Grace Zhang, Ben Aviad, Jack Morrison, Iris Yan, Shreya Hebbar, Zoe Fleischman, Alice Xu. Middle row, left to right: Liliana Esposito, Luna Lipnickas, Yuqi Liu, Mingyue Zha, Rebecca Huang, Deborah Luo. Back row, left to right: Aiden Zimmerman, Michael Crisci, Jiayue Sun, Luhai Tang, Sam Anastasio. Missing from photograph: Wendy Losty

Southern Regional Auditions For Band, Choir & Orchestra

Photographer: Barbara Cassesse
Students from Amity Middle School in Bethany auditioned for the Southern Regional Middle School Band, Choir, and Orchestra on Saturday, December 1st. These students played a rigorous audition including scales and a solo piece. The judges were music teachers from throughout the state. Each student received a score sheet which rated their tone, technique, and musical expression. This score would

determine whether the students would earn a seat in the Southern Regional Festival ensembles.
Students from Amity Middle School in Bethany were competing with other music students from the southern region of the state including New Haven, Hamden, Clinton, Madison, Branford, Cheshire, and other towns. The Festival will be held at Fairhaven School in New Haven on Friday, March 1st, and Saturday, March 2nd.

Enrollments Tufts University
Medford/Somerville, MA—Woodbridge students joined more than 1,500 undergraduate students from around the world as they begin their academic careers at Tufts University, located in Medford/Somerville, Massachusetts. The university's Class of

2022 includes: Henry Molot, and Jacob Gross. The university's Class of 2022 is the most diverse class ever, the beneficiary of the largest commitment of financial aid in university history, and a trailblazer in gender parity among engineering students - all while maintaining Tufts' status as one of the most selective universities in the country.

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Applications Sought for Bud Priest Memorial Annual Award

The Woodbridge Rotary Club is announcing that it is accepting applications for the Bud Priest Memorial Annual Award. Each year, the Woodbridge Rotary Club presents a \$5,000 award to a deserving recipient within the local community.

Applicants should be from an organization or program which serves residents of Bethany, Woodbridge or Westville in need of assistance within the local community. The goal is to meaningfully impact as many lives as possible through this annual award. Individual recipients will be considered in extraordinary circumstances.

A letter explaining the mission of the organization or program and how the award would benefit them should be mailed to the Woodbridge Rotary Club, P.O. Box 4096, Woodbridge, CT 06525 or emailed to Spencerrubin91@gmail.com. Applications must be received by Monday, February, 4th.

Woodbridge Happiness Club Meeting!

Join Bernie Siegel, M.D. & Lionel Ketchian for a discussion on Happiness and its Benefits. Lionel Ketchian is the co-host with Dr. Bernie Siegel on Mind Health Matters radio programs. Lionel is also the co-host on “The Happiness Show” broadcast on TV by Cablevision of Connecticut.

Take part in getting valuable tools and techniques for making your life the best it can be. Suffered enough? Do you really need to suffer anymore? Are you ready to learn to Be Happy? Being Happy will help you, suffer less and evolve spiritually. External events are difficult for us without the right tools to deal with the turbulence that we all experience in life. Master these strategies to lessen your suffering. Your happiness can empower you and keep you on track. Learn to have the peace of mind you need and experience happiness now.

Everyone is welcome; meetings are free and no reservations are required. Meet some wonderful people using happiness in their lives.

Date & Time: Tuesday, January 22nd from 6:00 to 7:45 PM.

Place: The Woodbridge Town Library located at 10 Newton Road, Woodbridge.

For further info e-mail PrintLRK@aol.com, call 203-258-7777 or www.HappinessClub.com.

From the First Selectman

BY BETH HELLER



Wishing You All A Very Happy And Healthy New Year!

As a new year begins I'd like to wish everyone a happy and healthy 2019. January is a good time to look back over the past year to see what was done, what is in progress, and determine new initiatives we hope to accomplish in the future.

Among the accomplishments we can list for 2018 are the following initiatives:

- Phase I of the Animal Shelter renovation is rapidly concluding and should be finishing up by late January/early February. This long-needed project was made possible by a generous donation from One Big Dog Animal Respite Fund, a local charitable organization that supports our Regional No-Kill Animal Shelter.
- As you drive along Center Road, you may have noticed the Police Department Carport and Radio Antenna installation that is also expected to be completed soon. This project was funded by a state Small Town Economic Assistance Program (STEAP) grant. In addition, our project to upgrade the Emergency Simulcast Radio System, authorized in December 2017, is also making good progress and should be completed in the near future.
- In late 2018, the Town of Woodbridge received word that we have earned Bronze Certification from the Sustainable CT program. We were honored with a plaque at the annual CT Conference of Municipalities event in October. Importantly, this certification opens the way to future grant opportunities that should help us advance our future sustainability efforts. During 2018, we completed a LED Streetlight upgrade, with the assistance of the United Illuminating Company. This project is saving money and helping our environment by allowing our Town to be more energy efficient.
- Progress on improvements of the Senior Center are also well underway. With grant funding from the state's Small Cities program, we are constructing a new handicap-accessible bathroom and a ramp to make access to this level of the Center Building more welcoming to our seniors.
- With the planting in late autumn of Arden's Garden at the entrance of the Town Green opposite Town Hall, we have begun to beautify the Town Center. We have put together a comprehensive Beautification Plan to guide additional public/private partnerships that will allow residents to contribute to enhancements of this area, which is available to review on the Town website.
- The Board of Selectmen also came to consensus on a plan for the shared use of space in the Old Firehouse. As work on this renovation project continues in 2019, the Town will again benefit from STEAP grant funds.
- As January begins, we are wrapping up another grant-funded project to improve the sound system in Town Hall's Main Meeting Room, made possible by our area's Cable Advisory Council.

In addition to the above, we have some initiatives that will continue to move forward in 2019:

Former-Country Club property

About 200 people attended a Special Board of Selectmen meeting on December 17, 2018 in the Center Gym to hear presentations regarding proposals for the former-Country Club property by two developers. There was also an opportunity for public comment and questions to the developers. These presentation materials are now available for review, along with a link to the video recording of the meeting, by visiting the Town website at: woodbridget.org.

At the conclusion of the meeting, I provided an update regarding next steps the Selectmen will pursue. We will initiate a Constructability Review – this will be an overview from an engineering perspective to identify any issues that may come up regarding the land in question for each of the proposals. We expect that this will take several weeks.

Once this Constructability Review is completed, we will look to schedule another Special BOS meeting to review these findings. The timing of this is yet to be determined, but is expected toward the end of January. Again, I will continue to keep the public informed and I thank you for your continued interest and comments as we explore these options.

Budgeting Process

As always, in January our Town's Annual Budget setting process for the next fiscal year is in full swing. Next, in a series of meetings at the end of January, the Boards of Selectmen and Finance will jointly take a careful look at each and every operating budget request to be sure we are balancing the needs of Town government with the reality of our bottom line so we can minimize impact on our mill rate.

As we move forward with planning for our Town's future, please remember that I always enjoy hearing from residents. If you have ideas or feedback you would like to share, please be in touch!

Beth Heller is Woodbridge First Selectman. She may be reached by phone at Town Hall, 203-389-3401, or by email to: bheller@woodbridget.org.



Save the Date!

Sunday, January 13, 2019

8:30-10am

Don't cook!

Bring the whole family for breakfast to benefit the Amity Boy's Lacrosse team!

The boys will trade in their lacrosse sticks and helmets for an order pad and serving trays!

It's sure to be a fun time for a good cause!

\$10 Per Person For Food

\$5 Mimosa or Bloody Mary

\$7 For Two Cocktails

“Country Club” From Page 1

said that by placing the active adult community along the northern part, they would minimize the necessity to cut and fill. It would also put the homes on both sides of the road at equal elevation, with the entrances accessible at street level, which would make them more desirable.

“It works well with the topography and protects the water course and the pond,” he said. The site is also closer to the existing sewer line. The main entrance would be to Ansonia Road, with an emergency entrance from Johnson Road.

St. Pierre on the other hand positioned his development along the east side of the Country Club parcel, with the road hugging the ridge line. “We believe this is the best position,” he said. This way the town retains the most valuable piece, which could be turned into a 90-100-acre park, complete with a fishing pond and trails. Construction would be further removed from homes along Johnson and Ansonia Roads, however the steep grade may require more earth works.

Both developers agreed to demolish the existing clubhouse, refurbish the pool and provide a small pool house as part of their offer. St. Pierre, who grew up in Woodbridge and lives here with his family, said he sees this as an opportunity to improve the conditions at the Country Club property, which has been more or less abandoned.

The clubhouse was closed to the public several years ago due to unsafe conditions; the golf operation ceased two years ago when the town and golf operator could not agree on a contract; and the pool, though open during the summer of 2018, needs repairs. Selectmen this fall decided unanimously not to reopen it come next summer.

Selectmen have so far not spoken publicly about a sales price, saying that negotiations are ongoing. It seems that the suggested number is in the \$5.3-\$5.4 million range. It would allow the town to pay off the purchase price and provide tax revenue somewhere between \$1.5 to \$2 million once it is fully built.

Public comment: Some 30 speakers stepped up to the microphone to ask questions and express their opinions. Much like the results of the survey earlier this year, the opinions varied widely, with about the same number of people speaking in favor of developing a portion of the property as were opposed.

Many of those opposed reminded the board that this is the third attempt at selling a portion of the property. “This is not what the community wants or needs,” said Cheryl Lipson. She spoke of the tranquility of the place. “Once it is lost, we can never get it back,” she said, adding “Woodbridge, we can do a lot better.”

Former First Selectman Ellen Scallettar disagreed. “This is the sweet spot,” she said in support of the proposals. “We can’t do any better.” She said the biggest concern at this point is the high mil rate, which is putting a damper on housing values. “It is time for us to make a change,” she said.

Similarly, Realtor Harriet Cooper called it a “project whose time has come.” She said the housing market has taken a dive. The burden of local taxes is mostly on the residents, which puts off young people from moving into town. “We are going to be left behind,” she warned.

David Jensen expressed concern that by changing the zoning for this property, the town would run the risk of opening itself up to high-density projects in other parts. The developers

disagreed. Attorney Carl Porto, who represented Robert Sachs, said the zone can be “crafted in such a way that it is not similar” to other properties in town. St. Pierre also said this property was so unique that the town could eliminate the risk of unwanted development in other parts. By attaching zoning requirements such as “access to public water and sewer” and “at least 50 acres” and “adjoining at least 100 acres of town-owned property” – those types of restrictions would eliminate other potential properties.

Former Selectman Maria Kayne said this was “the same old discussion,” of a project the town has rejected before. She quoted a financial expert who touted the financial benefits of open space, which costs less to maintain than residential development.

Elaine Braffman called the 2009 decision to purchase the 153 acres a “boondoggle.” “Now we need to correct that. Hopefully our taxes will be stabilized.” Similarly, Hillel Auerbach said the town never should have bought the former golf course. The property should be developed without age restrictions. “I would like to see as many homes as possible,” he said.

Elizabeth Jacorino expressed concern about environmental risks during construction. She encouraged the town to be good stewards of the land.

Runoff, flooding, noise and blasting were also of concern to Martha German, who lives across the street from the golf course.

Cathy Wick, who has been an outspoken opponent of previous attempts to sell portions of the property, said the debt service comes down to about \$40 per capita, or half a mil per household. “That’s not a very big number,” she said, comparing it to the price of two pizzas or a tank of gas.

Pat Taylor spoke of the beauty of

the property. “To let that property go and not preserve it for future generations is a crime,” she said. “You cannot put a price on that property.”

Senior Center Director Jeanette Glicksman said the center needs some badly needed upgrades to improve the functionality of the space in what was once the town’s elementary school. The proposed development will increase revenue and allow the town to improve services for its senior population.

First Selectman Beth Heller said in her opening remarks that it had been one of her priorities when running for office to bring forward a “viable plan” for the future of the property. The town spends about a half a million per year in debt service and upkeep, even though it’s not used.

In a conversation after the informational meeting, she referred to the opinion survey regarding the Country Club she initiated about a year ago.

Of the six possible scenarios presented, none gathered a majority of support. But one was overwhelmingly rejected: the suggestion to sell the entire property to build single-family homes. Short of selling the whole 153 acres, many respondents did support developing a portion of the property for 55+ housing. Just as many were opposed to it. But when the survey asked respondents about their likes and dislikes regarding the town they live in, the tax rate was clearly unpopular.

With that in mind, Heller said the board has been considering proposals for the best use of the property. She said she expects the board to bring one of the two proposals to a referendum.

When asked about her own vision for the property, she emphasized the 90+ acres that will be available for passive public recreation. “It gives us a chance to preserve and enhance it.”

BULLETIN BOARD

Please Note: If you have an event for the Bulletin Board, please send it along no matter how far in advance it is. We will include it in the appropriate issue(s) until the event has taken place.

Boy Scout Troop 63, meetings Monday nights 7:00pm-8:30pm, Our Lady of the Assumption “Mother” Church, 1700 Litchfield Turnpike (Route 63), Woodbridge; September-April and May-June outdoors at Camp Whiting, all boys ages 10 and up or who have completed the fifth grade are welcome to stop by and see what we’re all about. For more information, visit <http://www.troop963.org> or email Troop63CT@gmail.com.

Bereavement Support Groups, Tuesdays 4:00-5:30pm and Wednesdays 6:30-8:00pm, Griffin Hospital, 130 Division Street, Derby, support groups for anyone experiencing the loss of a loved one. Contact Janice

Lautier at 203-732-1100 or jlautier@griffinhealth.org to register.

Woodbridge Republican Town Committee Meetings, second Tuesday of each month, 7:30pm, Center Cafeteria. Visitors welcome and we urge you to join us. For information, go to www.woodbridgeregop.org.

Cancer Support Group, meets the second and fourth Tuesday afternoons of the month at Coachman’s Square, 21 Bradley Road, Woodbridge. If interested contact: Lucille Ranciato lranciato2@yahoo.com or Bernie Siegel, MD bugsysiegel@sbcglobal.net for details.

Alzheimer’s and Dementia Family Support Group Meeting, last Tuesday of the month, 6:00pm, JCC of Greater New Haven, 360 Amity Road, Woodbridge in the West Rock Room. For more information, contact Averil Kelly, Ms, R-DMT, 203.389.2911.

Trap Falls Kennel Club Obedience Classes, every level, AKC STAR Puppy (obedience for dogs under 12 months) and Family Manners Classes/Obedience & Canine Good Citizen; Wednesday and Thursday evenings, Pawz for Wellness in Shelton. For registration and/or information, call 203-450-9485 or email tfkctraining@gmail.com. Trap Falls Kennel Club is a non-profit member club of the American Kennel Club (AKC).

Boy Scout Troop 907, Come find out why Troop 907 has been Making a Difference in the Life of Scouts since 1968. Meetings Thursday nights 7:00-8:30PM at the First Church of Christ in the Parish House (enter via back parking lot), 5 Meetinghouse Lane, Woodbridge next to Town Hall. Boys aged 10 and older or who have completed 5th grade are invited to visit an upcoming meeting and join the adventure of scouting. For more in-

formation, visit our website Troop907.org or use the website “contact us” link to communicate directly with troop leadership.

Alzheimer’s Community Caregivers Support Group, 2nd Thursday of the month, 5:00pm, Arden House, Conference Room, 850 Mix Avenue, Hamden. Call Maria Paduano, Program Director to RSVP or for more information at 203-281-3500, ext. 7669; www.genesishcc.com.

Woodbridge Rotary Club Meetings, 1st and 3rd Fridays of the month, 7:30am breakfast meeting, Country Corner Diner, 756 Amity Road, Bethany and the 2nd and 4th Friday of the month, 12:15pm luncheon meeting, Woodbridge Social, 12 Selden Street, Woodbridge. Anyone interested in learning more about Rotary should

See “Bulletin Board” On Page 11



OCNS to Reopen in Orange with New Location in Woodbridge

BY MELISSA NICEFARO
WOODBRIDGE TOWN NEWS CORRESPONDENT

When Orange Community Nursery School moves back into its newly renovated space at High Plains Community Center for the next school year, a new location will be opening in Woodbridge. Last summer, faced with finding a new space to run the school while renovations were underway at the community center, OCNS landed at The First Church of Christ in Woodbridge. Finding success and a perfect fit in that location, the school's administration decided to add a second permanent campus next school year to meet the growing needs of families in Woodbridge, Bethany and even Seymour and Naugatuck who had been driving to the Orange location.

"We really felt so welcomed by the Town of Woodbridge and the church

itself, which has just been so lovely to us with the whole last-minute transition and relocation. They were so kind and helpful. It's such a nice space for the school," said Danielle Hoddinott, OCNS Director.

"We're very excited. We have a lot of families who are returning with us to the Orange location and we do have openings for new students, as well," she said. "It's going to be exciting for us to come back to the new space in Orange."

OCNS offers programs for three-, four- and five-year-olds. The five-year-old program is a kindergarten readiness program which will continue at the Orange location, but not at the Woodbridge location just yet.

"It's for those five-year-old kids with the late fall birthdays. Some need an extra year before going to kindergar-

ten. Having been a former elementary school teacher, I saw students who didn't get the extra year of preschool still struggling in the upper grades," she says.

The five-year-old program was started when Orange switched from an extended day of kindergarten to a full day. "It became even more important for those children who needed the extra year then," Hoddinott said.

OCNS can accommodate 16 three-year-olds, 18 four-year-olds and 12 five-year olds. "We like to keep our classes on the smaller size. We can, with state regulations, go a little higher, but we like to keep the teacher to child ratio very low, and the class sizes intimate," she said. The new Woodbridge location can accommodate 11 students, in both, the four- and five-year-old programs. Each class will have

two teachers. A new head teacher and assistant teacher will be hired for the Woodbridge location.

She said the new school will offer the same program, the same philosophy and play-based program, all run by former elementary school teachers, reading specialists or in some way involved with childcare for a great deal of time.

"We're excited about the new Woodbridge location, but also can't wait to move back into our space in Orange and get back to business in our home town! We want everyone to know that we're still here and we are coming back—with an extra added bonus of the Woodbridge location to serve families on the Orange/Woodbridge line," Hoddinott said. OCNS is in its 62nd year serving Orange and surrounding communities.

WOODBIDGE LIBRARY

For the latest news and information, visit our website at www.woodbridgetownlibrary.org, like us on Facebook @woodbridge.town.library, or sign up for our e-newsletter.

Please note the Library will be closed on Monday, January 21 in observance of Martin Luther King, Jr. Day

Adult Programs

For more information about our events, or to register, please contact the reference desk at 203-389-3434. Registration is also available on our website.

Adult Winter Reading Program

The Adult Winter Reading Program will begin January 14 and run through February 28. Read books, write reviews, and enter the reviews in our weekly drawings to win prizes! Drawings will be held every Thursday, starting January 24. "Get Toasty Thursdays" with cocoa and cookies will also return, starting on January 17 at 5 pm. For more information and to register, visit the Information Desk.

Fresh Ingredients—A Tasting of January

Part of the Massaro at the Library Winter Series. Join us for a tasting and discussion with three local cooks, using local ingredients, to make fresh food in the wintery month of January. Six dishes will be provided! Please register online or at the library, as space will be limited.

Film Screening & Talkback with the Filmmakers—The Village: Life in New Haven's Little Italy

Thursday, January 24 at 7 pm
The Village: Life in New Haven's Little Italy, tells the story of the city's Wooster Square neighborhood, which for many years was a tight-knit Italian-American enclave. Using oral history interviews, photos from family albums, and historic films and photographs, the documentary explores the power of ethnic identity and reaffirms the importance of immigration to American society. Today, few descendants of the immigrants still live in Wooster Square, but vestiges of their community remain—in the church, the ethnic societies and their

festas, and the pizza joints and pastry shops. Most vividly, the village lives on in the fond memories of the people who grew up there.

The filmmakers will be joining us for a Q&A session after the movie. Please feel free to join us to share your own stories of growing up or living in Wooster Square! All ages welcome; this is a wonderful opportunity to share family history and memories with a younger generation. Registration not required.

Craft Workshop: Valentine's Day Theme

Monday, February 4 at 6 pm
Save the date! Our Monday Night Craft Workshop for adults, teens, and tweens returns. Details to be provided—visit the library's website, stop in, or call.

Thursday Night Film Screenings

Film screenings start at 7 pm. No registration required. (The Friday matinees at 1 pm have returned to the Woodbridge Senior Center. Call 203-389-3430 for information.)

- Thursday, January 17: *The Old Man and the Gun*
- Thursday, January 24: *The Village: Life in New Haven's Little Italy*
- Thursday, January 31: *BlackKkKlansman* (rescheduled from our November date)

The Old Man & the Gun

93 minutes; PG-13
Based on the true story of Forrest Tucker, from his audacious escape from San Quentin at the age of 70 to an unprecedented string of heists that confounded authorities and enchanted the public. Wrapped up in the pursuit are detective John Hunt, who becomes captivated with Forrest's commitment to his craft, and a woman, who loves him in spite of his chosen profession.

The Village: Life in New Haven's Little Italy

60 minutes; NR
This locally produced documentary tells the story of the city's Wooster Square neighborhood, which for many years was a tight-knit Italian-American enclave. Using oral history interviews, photos from family albums, and historic films and photographs,

the documentary explores the power of ethnic identity and reaffirms the importance of immigration to American society. Today, few descendants of the immigrants still live in Wooster Square, but vestiges of their community remain—in the church, the ethnic societies and their festas, and the pizza joints and pastry shops. Most vividly, the village lives on in the fond memories of the people who grew up there.

BlackKkKlansman

135 minutes; R
The incredible true story of an American hero. It's the early 1970s, and Ron Stallworth is the first African-American detective to serve in the Colorado Springs Police Department. Determined to make a name for himself, Stallworth bravely sets out on a dangerous mission: infiltrate and expose the Ku Klux Klan. The young detective soon recruits a more seasoned colleague, Flip Zimmerman, into the undercover investigation of a lifetime. Together, they team up to take down the extremist hate group as the organization aims to sanitize its violent rhetoric to appeal to the mainstream.

Children's Activities & Events

For more information on our Children's Events, please visit our website or call 203-389-3439.

Nonfiction Club (Grades 3-6)

Tuesday, January 15, 6:00-7:00 pm
Check out a nonfiction book about space, then share what you learned at the program. Afterwards we will have a snack and make glow-in-the-dark galaxy slime. Please register online or at the Children's Desk.

Diversity and Inclusion Book Club (Grades 5 & 6)

Thursday, January 24, 5:30-6:30 pm
Check out a copy of *Awkward* by Svetlana Chmakova and join us for a discussion! We will be talking about the roles of diversity and kindness in the book, and afterwards, we will have a snack. This program is a collaboration with Beecher Road School. Please register online or at the Children's Desk.

Penguin Party (Ages 5 to 8, with an adult)

Saturday, January 26, 3:00-4:00 pm
Come to our winter penguin party and enjoy a fun-filled, penguin-themed afternoon! Penguin stories, penguin crafts, and a penguin snack. Dress in black and white! Please register online or at the Children's Desk.

CactusHead Puppets: The Magnificent Monster Circus

Saturday, February 2
2 pm Puppet Show; 3:15 pm Puppet Workshop
A "Take Your Child to the Library Day" Event. CactusHead Puppets presents a Circus like no other! Join in as the Monsters' Caretaker guides you through the world of monsters, and maybe even lend the monsters a hand yourself. Enjoy the Thrills of the Clarissa the Crested Cannon! Experience the Chills of Eustace the Uni-Browed, Uni-cycling, Uni-monster as he tackles the Sinister Snake Slack-rope! All this and more in The Magnificent Monster Circus! Online registration required.

Ongoing Children's Programming

Babies Session (0-18 months)
Every Wednesday, 10:30-11 am
Join us for songs and rhymes, fun for little ones. No registration.

Ready to Read (18-36 months)
Every Thursday, 10:30-11 am
Find out how talking, singing and reading build vocabulary and a love of books! No registration.

Preschool Storycraft (3-5 years)
Every Saturday, 11-11:30 am
Stories and crafts for ages 3 to 5 with an adult. No registration, unless otherwise noted.

Save the Date for the Friends of the Library's Mini Golf Fundraiser

The Friends of the Woodbridge Library's next Mini Golf Fundraiser will be March 8 & 9, 2019. Friday night, after the Library is closed, is the adult "Par Tee". Appetizers, beer, and wine will be served at the "Nineteenth Hole" in the Library's Meeting Room. All day Saturday is "Fore Families".
Sponsors and volunteers are still needed in many areas. If interested, please contact the Friends for details at woodbridgectfriends@gmail.com, or 203 389-3493.

"I hope that in this year to come, you make mistakes. Because if you are making mistakes, then you are making new things, trying new things, learning, living, pushing yourself, changing yourself, changing your world. You're doing things you've never done before, and more importantly, you're doing something." — NEIL GAIMAN

LOCAL BUSINESS ROUNDUP

Drucker Named Principal At Cohen And Wolf, P.C.

The law firm of Cohen and Wolf, P.C. is pleased to announce that Robyn H. Drucker has become a principal of the firm. Ms. Drucker joined Cohen and Wolf, P.C. in 2011, and is a member of the firm's Business & Corporate, Real Estate, Employment & Labor, Physicians' Practices and Commercial Lending Groups. Her practice involves a wide range of business and real estate transactions, including entity formation, mergers and acquisitions and real estate purchases, sales and leasing. Ms. Drucker regularly represents local and national banking institutions, commercial lenders and borrowers in connection with asset based, mortgage and construction lending transactions. In the areas of labor and employment, Ms. Drucker provides guidance to employers regarding state and federal agency investigations, employee classification, trade secret and non-competition restrictions, and personnel policies and procedures. She has experience drafting employee handbooks, employment agreements and independent contractor agreements.

Active in the community, Ms. Drucker currently serves as a member of the Advisory Board for the Quick Center for the Arts at Fairfield University and as a member of the Board of Directors of the Westport Farmers Market.

Ms. Drucker is recognized as a "Rising Star" by Connecticut Super Lawyers (2017-2018) in the area of Business & Corporate law. In 2017, she was named a "New Leader in the Law" by the Connecticut Law Tribune and she received the Fairfield County Business Journal's prestigious "40 Under Forty" award. Ms. Drucker is admitted to practice in Connecticut and is a member of the American, Con-



Robyn H. Drucker

necticut, Greater Bridgeport and New Haven County Bar Associations. She is also a member of the Business Law and Real Property Sections of the Connecticut Bar Association and serves on the Executive Committee of the Real Property Section.

Ms. Drucker earned her B.A., magna cum laude, from the University of Rochester and her J.D. from Boston University School of Law.

Cohen and Wolf, P.C. was founded in 1951 with two lawyers, Herbert L. Cohen and Austin K. Wolf, working from a single office in Bridgeport. Since then, the firm has expanded to more than 50 attorneys with offices in Bridgeport, Danbury, Westport and Orange. Attorneys at Cohen and Wolf represent a diverse assortment of individuals, businesses and municipalities, handling their personal and professional legal needs, from matters involving litigation, employment, corporate and securities law, commercial lending, real estate, land use and zoning, to family law and estate planning. Additional information is available at www.cohenandwolf.com.

Real Living Wareck D'Ostilio Welcomes John P. Santucci

Real Living Wareck D'Ostilio Real Estate proudly welcomes attorney and REALTOR John P. Santucci to the team.

John is a graduate of Cheshire Academy and Georgetown University School of Foreign Service (Magna Cum Laude) BSFS in 1971 and 1974 graduate of Georgetown University School of Law. An experienced general practice attorney with 43 successful years of building his own practice in the Waterbury area, John decided to wind down his law firm practice and concentrate primarily on his real estate endeavors. He has been a Connecticut Real Estate Broker since 1987.

John has extensive experience in all facets of residential and investment real estate, leases, and brokerage.

John was a practicing general business attorney for 43 years in his own firm providing quality legal representation in the Waterbury area.

"John is focused, organized, self-motivated, and creative," said John Wareck, partner in Wareck D'Ostilio Real Estate. "His experience and success has contributed to his excellent people skills and ability to establish good communication with his clients."

"We are delighted to have John affiliated with Real Living Wareck D'Ostilio Real Estate," said Frank D'Ostilio, partner. "It is the combined efforts of our



John P. Santucci

experienced professionals like John and our new additions that have enabled us to maintain a strong position. It is also what is nurturing our continued growth. Our upward movement and high presence is why John joined our team."

John has served on the Woodbridge Zoning Board of Appeals and was active in the Boy Scouts of America Connecticut Yankee Council. An avid fisherman, John is the current president of the Farmington River Angling Association.

John and his wife reside in Woodbridge. Contact him at 203-927-3480 or John.Santucci@wdsells.com.

"Bulletin Board" From Page 8

contact Anna Dickerson, 203-710-0223 or annadickerson@yahoo.com.

Goat Yoga, every Saturday at 9am, 10:15am and 11:30am, Locket's Meadow Farm, Bethany, \$25.00. Stretch and pose with our sweet baby goats (and pigs and puppies and who knows who else will wander through) and learn what the goat hype is about! All funds from our programs go directly to support the rescued animals of Locket's Meadow as well as to help fund our programs for special needs individuals. Please bring your own yoga mat, but if you forget, we have a few extra.

Ansonia Nature Center Events, 10 Deerfield Road, Ansonia; call 203-736-1053 to register for all events.

Donate Your Car, Truck or Van, help raise funds for a local private school; FREE, FAST, TOW AWAY; Running or Not Running; Can be used for a charitable tax deduction. Call Charter Oak Education DBA Sterling Education at 860-643-1100.

Garden Club of Woodbridge Meeting, Tuesday, February 5, 2019, (snow date Tuesday, February 12) 7:00pm, Woodbridge Town Library, 10 Newton Road, Christopher Loscalzo, MD, Vice President of the CT Ornithological Association speaks about the "Birds of Woodbridge".

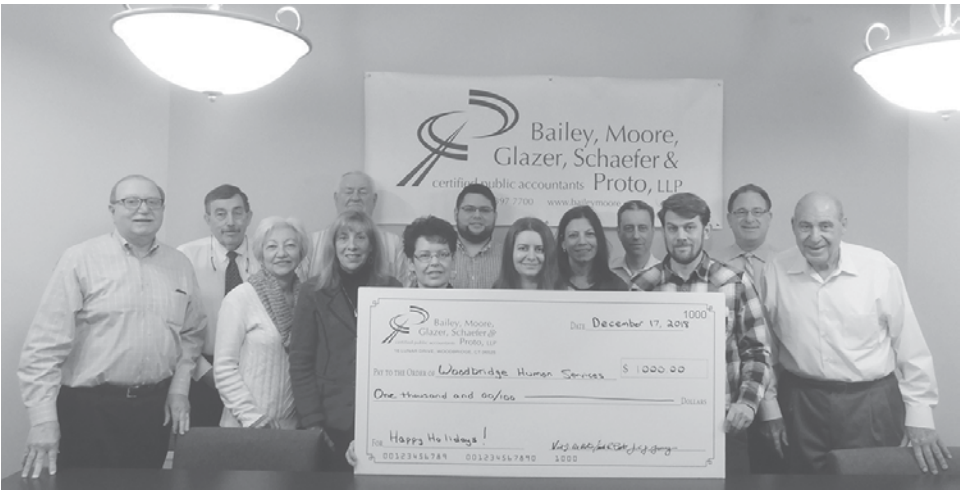


Pictured is Progressions Hair Salon owner Stefanie Cabral and Office Manager Jean DeMayo making a donation of assorted socks from their Annual Sock Drive. The donation was presented to Woodbridge Human Services to distribute the socks in their holiday baskets.

TOWN DEPARTMENTS & AGENCIES



Members of Woodbridge Girl Scout Troop 60164 made a generous presentation to the Woodbridge Human Services Adopt a Family Program by providing 2 holiday food baskets. Pictured with the members of Troop 60164 are from left to right: Nancy Pfund, Woodbridge Youth Services Director, First Selectmen Beth Heller, and Mary Ellen LaRocca, Director of Human Services.



The partners and employees of Bailey, Moore, Glazer, Schaefer and Proto LLP recently donated a \$1,000 check to Woodbridge Human Services to provide Walmart gift certificates to 35 families participating in the Adopt a Family Holiday Basket Program. The gift cards and holiday baskets were distributed on December 13th. Pictured from left to right are partners and employees Frank DelVecchio, John Mooney, Nancy Pfund, Youth Services Director, Gordon Oberempt, Mary Ellen LaRocca, Director of Human Services, Rosemarie Guardino, Jacob Weinstein, Ivana Petrushevsk, Kali Emmanouil, Vincent DeRobertis, Stephen Mooney, Frank Proto and Dominick Proto.

SUPPORT OUR ADVERTISERS!

Tell them you saw their ad in the Woodbridge Town News.

LEGAL NOTICE

Town of Woodbridge

NOTICE OF DEMOCRATIC CAUCUS

To enrolled members of the Democratic Party of the Town of Woodbridge, Connecticut:

Pursuant to the Rules of the Democratic Party and State election laws, you are hereby notified that a caucus will be held on Thursday, January 17, 2019, at 7:30 p.m., in the Senior Center cafeteria in The Center Building – 4 Meetinghouse Lane, Woodbridge, Connecticut – to select Democratic candidates for the town’s 2019 municipal elections and to transact other business as may be proper to come before said caucus.

Dated at Woodbridge, Connecticut, on the 3rd day of January 2019.

Democratic Town Committee of Woodbridge, Laurence Grotheer, Chairman.

Notice To Residents

The Town of Woodbridge owns several parcels of open fields that are available for lease. Some of the land is suitable for haying, while other acreage is appropriate for planting of silage corn or other crops. Any Woodbridge farmer who is interested in leasing Town-owned land for the 2019 growing season should contact Gerry Shaw in the Selectman’s Office, either via e-mail to gshaw@woodbridgect.org or via mail to Attn. Gerry Shaw, Woodbridge Town Hall, 11 Meetinghouse Lane, Woodbridge, CT 06525. Letter of interest must be received no later than 4:30 p.m. on Wednesday, February 6, 2019.

Applications for the CT Energy Assistance Program

Woodbridge Human Services Department is accepting appointments through March 15th for Woodbridge residents for the 2018-2019 Connecticut Energy Assistance Program administered by TEAM, INC. Income eligibility requirements must be met. Verification of income and assets must be submitted with the application. This includes copies of the last bank statement(s) or check(s) for: a) pay stubs (last 4), or income verification from the individual’s employer, b) Social Security benefits notice, c) Supplemental Security Income, d) pension, e) unemployment, f) alimony/child support, g) interest and dividend income, and h) utility bill. In addition, the names, dates of birth, and social security numbers of all members residing with the applicant are required.

For more information regarding Energy Assistance Program, or to schedule an appointment, please call Woodbridge Human Services Mary Ellen LaRocca or Judi Young at 203-389-3429.

Woodbridge Town News

CALL TODAY TO RESERVE YOUR AD SPACE!

Display ads start at only \$110 per issue.
Call 203-298-4399 to place your ad!

Town of Woodbridge Meetings for the Month of February 2019



(Subject to Change, Check with Town Clerk’s Office, 203-389-3422)

2/4	Human Services Commission	7:00 PM	Center Building
	Town Plan & Zoning Commission.....	7:30 PM	Town Hall
2/11	Fire Commission	6:00 PM	Firehouse
	Emergency Medical Services Comm.....	7:00PM	Public Works Bldg
	Zoning Board of Appeals	7:30 PM	Town Hall
2/12	Police Commission.....	6:15 PM	Police Department
2/13	Board of Selectmen.....	5:00 PM	Town Hall
2/20	Inland Wetlands Agency	7:30 PM	Town Hall
2/21	Conservation Commission.....	7:30PM	Town Hall
2/25	Recreation Commission	7:00 PM	Beecher Rd School So
2/26	Govt Access TV Commission	7:15 PM	Town Hall

TOWN DEPARTMENTS & AGENCIES

Youth Services

BY NANCY PFUND



Amity High School Students and paraprofessional, Caitlyn Lewis distribute holiday baskets for Woodbridge Human Services.

High School Students Show Holiday Spirit

Amity High School Students and Ms. Caitlyn Lewis, a paraprofessional in the Alternative School sorted food, and lifted many baskets, bags, and boxes of food to help Woodbridge Human Services provide Holiday baskets to residents in need. The Alternative School students have provided their energy and muscle to this program for several years. Human Services personnel are grateful for their assistance and generous spirit.

Humanitarian Project at Amity Middle School –Bethany

Youth Services invites Amity Middle School-Bethany students to create Bot Buddies (fun painted characters on dominoes) and assemble felt blankets for children at Yale New Haven Children’s Hospital. This free program meets after school on Tuesday, January 15th from 2:30 to 3:50 at Amity Middle School-Bethany in the cafeteria. Students will decide which power

symbol to designate to their buddy to offer some reassurance and comfort during children’s hospital stays. No skills are required, except the desire to help others. Community service hours will be approved. Parent permission form must be received by Friday, January 11th. Call 203-389-3429, or email youthone@woodbridgect.org to register and request a permission form. See the Town of Woodbridge Website at www.woodbridgect.org/160/Youth-Services.

Woodbridge Job Bank

Woodbridge teens willing to rake leaves or shovel snow wanted. Help residents and earn cash by joining the Woodbridge Job Bank. Call 203-389-3429 or email Youth Services at npfund@woodbridgect.org to join. Earn some money. Other jobs in yard work, child care or animal care also available. Residents may call 203-389-3429 to hire help. Please call at least one week before help is needed.

Clerical Program Assistant Position Available

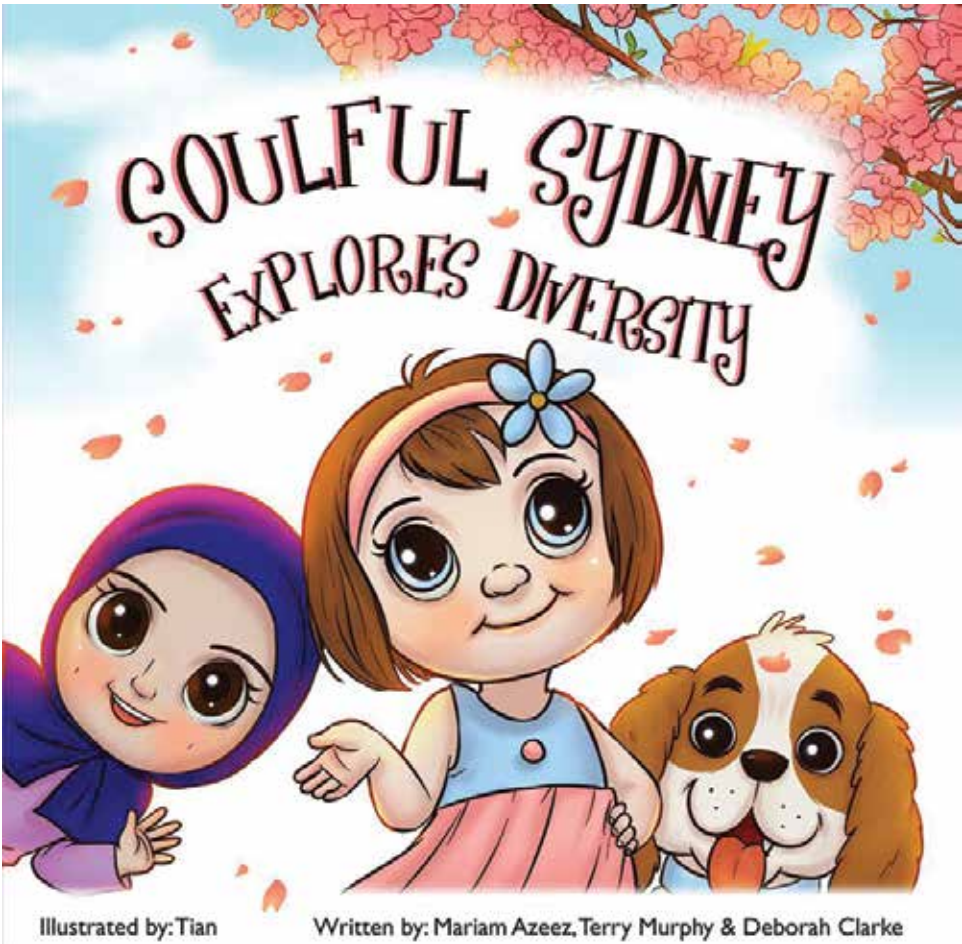
Part-time Clerical Program Assistant for The Woodbridge Center - 28 hours per week, \$18.50.

Duties include creating and maintaining computer files, data entry, record maintenance, answering phone. Coordinates programming including Transportation Program dispatch and

reports.

Must have mastery of computer and office management skills.

Send resume by February 4, 2019 to Woodbridge Human Services, 11 Meetinghouse Lane, Woodbridge, CT 06525, via email humanservices@woodbridgect.org. EOE.



JCC Partners with Town to Celebrate Diversity

The JCC of Greater New Haven, in partnership with the Town of Woodbridge, will host a free event on Martin Luther King Jr. Day (Monday, January 21st 2019) to promote inclusion and help children discuss and value diversity.

In the event which is intended for children in grades K-3 and their families, co-authors Terry Murphy and Mariam Azeez will be on hand to read from and discuss their book, “Soulful Sydney Explores Diversity.” In addition to hearing from the authors, we will celebrate inclusion with a special musical performance.

The book is a heart-warming children’s story about Sydney who makes a new friend and together they set off in search of lessons of kindness, inclusion and acceptance. Eleven-year-old co-author Mariam writes “Follow Soulful Sydney as she meets the girl next door. And together they set out to wander and explore. What they find is just beyond Gratitude Garden gate. Come along and join the fun – new adventures await!”

In addition to the story, children are invited to make No-Sew Blankets as a compassion craft that will be donated to a variety of local non-profit agencies as a way to spread the kindness forward.

The event is free and families are encouraged to preregister at [\[cnh.org/soulful-sydney\]\(http://cnh.org/soulful-sydney\). The book with an accompanying coloring book may be pre-ordered at a discounted rate of \\$8. Books will also be available for purchase at the event for \\$12. It is not required to purchase a book in order to attend the event. For more information please contact Emily Kurz at the JCC, \(203\) 387-2424, ext. 306 or \[emilyk@jccnh.org\]\(mailto:emilyk@jccnh.org\).](http://www.jc-</p></div><div data-bbox=)

WHAT: Soulful Sydney Explores Diversity

WHEN: Monday, January 21st from 10am – 12pm

WHERE: JCC of Greater New Haven, 360 Amity Road, Woodbridge

COST: Free, optional book/coloring book available for purchase

Related Events Sponsored by the Town of Woodbridge

In addition to the Soulful Sydney family event at the JCC on January 21, the ad hoc Community Council of the Town of Woodbridge will present the following two events for teens and adults:

A book discussion about Ta-Nahesi Coates’ book Between the World and Me, on Tuesday, February 26 at the Amity Regional High School Library, and the movie I Am Not Your Negro on Thursday, February 28 at the Woodbridge Town Library. Check the Town website for additional information.

CLUBS & ORGANIZATIONS



Left to right: Bob Ellis, July Silva, Lyn Lucas and Lola Johnson, school coordinators

K of C Trinity Council 5467 Distributes 468 Coats

The Trinity Council 5467 4th annual Coats for Kids in 2018 set another record. This year the council distributed a record 468 new boys and girls winter coats to eighteen schools, churches and service organizations in the area, an increase from sixteen in 2017. In the three previous years, the council distributed 36, 84 and 264 coats.

Bob Ellis, chairman, noted, “The program could not have been successful without the financial support of the

parishioners, the Social Action Committee, the Ladies Guild, Trinity Council 5467 and its members, PEZ Candy, Inc., DiGennaro Service, Lock Stock & Barrel and Laticrete International in Bethany and A-1 Toyota in New Haven.”

The council meets on the third Tuesday of each month at Our Lady of the Assumption in the Mother Church on Litchfield Turnpike in Woodbridge. For information about Trinity Council, you may call 203-242-0076.

Mindfulness For Teens

Abundant screen time, busy schedules, many interruptions, lack of outside time; these and more might be contributing to a rise in your teen’s challenges with their physical, mental & emotional health. Multiple studies and experts reveal that learning Mindfulness techniques greatly improves the quality of life for teens, and supplies them with much needed healthy tools for navigating and coping their world.

Mindfulness for Teens is a 6-week series, beginning Monday, January 21 from 6-7:15 PM. The series will take

place 6 consecutive Monday nights at The New Haven Naturopathic Center, 1 Bradley Road at the Woodbridge Office Park.

In a safe and calm environment, the class will introduce Mindfulness to teens via experiential techniques and methods. Utilizing meditation and creative arts, teens will complete the series with a variety of options to help them navigate their lives.

If you wish to register your teen or for further information, please call the office at 203-941-0366.

Join the Garden Club of Woodbridge

The Garden Club of Woodbridge is inviting new and experienced gardeners to join us at our Tuesday, February 5, 7 pm, meeting at the Woodbridge Town Library, 10 Newton Road, Woodbridge (Tuesday, February 12, is the

snow date).

Speaker and longtime Woodbridge resident, Christopher Loscalzo, MD, Vice President of the CT Ornithological Association, will speak about the “Birds of Woodbridge”.



Seated from left: Angela Bradley, Joanne DeAngelo, Martha German. Standing: Mary Klochkoff, Barbara Hagan-Smith, Cindy Marien, Susanne Pimer, Jane Gelernter.

Garden Club Recognized by State

The Garden Club of Woodbridge recently received a Certificate of Appreciation from the Connecticut Department of Energy & Environmental Protection and the Osborne Homestead Museum in Derby for its participation in decorating the Museum for the holidays along with several other garden clubs and nonprofit organizations. This year’s theme was “Storybook Holiday” and the Garden Club of Woodbridge was tasked with decorating its assigned spaces inspired by four of Aesop’s Fables. One purpose behind

the annual project is to heighten public awareness of the Museum, which is the former home of Frances Osborne Kellogg, a prominent local industrialist, suffragette, conservationist and philanthropist. The Museum is a member of Connecticut Historic Gardens and is one of fourteen sites on the Connecticut Women’s Heritage Trail. Members involved were Angela Bradley, Joanne D’Angelo (President), Martha German, Mary Klochkoff, Barbara Hagan-Smith, Cindy Marien, Susanne Pimer and Jane Gelernter.



Recently members of the Woodbridge Rotary Club sponsored their annual holiday luncheon for 125 seniors from Bethany and Woodbridge. Pictured from left to right in the first row are: Rotarians Jan Day, Dr. Guy Stella, Mary Ellen LaRocca, Dorothy Martino, Dr. Neelima Kaushal, and Carl Pettinella. Second row: Rotarians Buddy DeGennaro, Cindy Gibbons, Tony Anastasio, Paula Cofrancesco, Karen Bellamy and entertainer Paula Pettinella.

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CLUBS & ORGANIZATIONS

Sunday Fun Day at the JCC

Start the New Year off right with a resolution to live your best life, have more fun and improve your wellbeing in 2019. The JCC of Greater New Haven, 360 Amity Road, Woodbridge, is hosting an all-day Sunday Fun Day celebration with a variety of fun activities for everyone in the family on Sunday, January 13.

Tour our fitness center, including our new Pilates studio and Spa at the J, take a swim in our indoor pool, shoot some hoops on our basketball court, try one of our exciting fitness classes, conquer our new rock-climbing wall and sign up for our new membership specials. Get details on our personal and group fitness training to keep you motivated and achieve your goals.

Your path to renewed vitality begins at our Wellness Lounge where we are offering:

- › Free Skin Care Analysis & Hand Massage;
- › Free Blood Pressure Screening;
- › Essential Oil Samples and Information;
- › Weight Loss Tips & Program Information;
- › Free Pilates Reformer Demos;
- › Free Wellness Consults.

Jump-start your new health and wellness routine by sampling a free class:

- › Spin - 8-8:45 a.m.;
- › Zumba - 9-9:55 a.m.;
- › MELT Workshop - 9-9:45 a.m. Sign-up at the Fitness Desk;
- › Pilates Mat - 10-10:55 a.m.;
- › Five-Day Detox Workshop - 10-11 a.m. (preregistration online required);
- › Intro to Spin - 11-11:45 a.m.;
- › Yoga - 11 a.m. - 12 p.m.;
- › Yoga Nidra (guided meditation) - 12:15-1 p.m.;
- › Pain-Free Plus Workshop - 1-2 p.m.

Young families can de-stress and enjoy a lite nosh, dancing and other fun activities at a Munch & Brunch from 10:30 to noon. The brunch, which is \$5 for member families and \$10 for families in the community, includes a mimosa bar for adults. Preregistration is required. Sign up online at www.jccnh.org/brunch-munch.

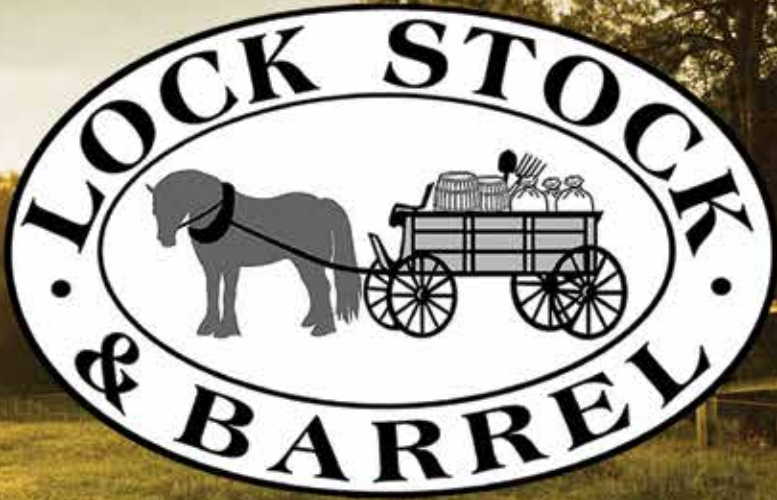
Families are also invited to stop in at our Beverly Levy Early Learning Center Open House, visit our class-

rooms and meet with our outstanding educators. Knowing your children are well-cared for certainly helps reduce stress and the BLELC staff works together to ensure children feel loved and safe in an environment that encourages discovery, social interaction and independence and fosters a lifelong love of learning.

For more information about the Sunday Fun Day Celebration, please visit www.jccnh.org or [Facebook.com/JCC.GNH](https://www.facebook.com/JCC.GNH).



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“Town” From Page 1

roof over the center of the parking lot, with spaces for 12 vehicles. There will be some LED lighting under the roof, but no solar panels, said architect Brian Humes when he presented the plans to the Board of Selectmen last spring. The proposed roof offers very little southern exposure and is not conducive to solar panels, he said.

The project was paid for through a STEAP (Small Town Economic Assistance Program) grant the town received several years ago for improvements at the police station. In addition to the carport, work is progressing on the simulcast radio system, which will improve emergency calls in many areas of town that are currently considered dead spots.

Animal shelter: The Woodbridge animal shelter on Bradley Road is about to finish Phase 1 of its upgrade, Heller said. A ribbon cutting will be scheduled in the upcoming months. The upgrade includes all mechanicals, including a connection with the public water line on Bradley Road. They also installed an ADA-compliant bathroom for the two-legged friends of the shelter, a dog grooming station and redesign of the cat area. The kennel will be freshly painted. Here also a STEAP grant paid for the bigger part of it, \$400,000, with an additional \$100,000 donated through the One Big Dog fund raising effort.

Phase 2 calls for adding 14 dog runs

and a reconfiguration of the meet-and-greet room. Heller said the town plans to apply for a grant to make this happen. In addition to Woodbridge, the facility serves as the animal control facility for Seymour and Bethany.

Audio improvements at Town Hall: After months of audience complaints, the town is getting upgrades to its meeting room audio system, thanks to a Cable Advisory Council grant. The hope is that the system will be up and running for the January Selectmen’s meeting on January 9, said grant writer Sheila McCreven.

The new system should allow for a better audio reception in the meeting room, without interfering with the cable broadcast. Board members still will have to speak into microphones, but there will be a control panel to give more sound to one or the other microphone. The cables are now snaked through the floor and ceiling, doing away with the taped-on cable on the floor, which always presented a trip hazard, McCreven said.

Skating rink to be moved: The Recreation Commission is planning to build a new outdoor ice skating rink in an area near the Pease Place playground off Pease Road. This will allow the town to use it for overflow parking in the summer, spring and fall, while the sports fields are in use, and use it for skating in the winter. “We are waiting on the Land Trust and CUPOP [the Commission on the Use of Publicly Owned Properties]” to approve the proposed location, Hel-



Photo of the car port being erected for the police cruisers.

ler said.

The current slab area at Fitzgerald could be part of the dog park planned around the chestnut orchard at Fitzgerald, but that would require removing the asphalt, filling and seeding the area, and could cost the dog park volunteers anywhere up to \$10,000, said Bonnie Blake, president of the Dog Park cooperative.

The blacktop of the existing rink has not been a good choice, said Recreation Director John Adamovich when he addressed the joint meeting of the Boards of Finance and Selectmen. The sun warms it up enough to melt the ice during the day. There are also cracks in the asphalt, which contributes to leaks. Outdoor skating is not on its schedule of activities for this winter.

Old firehouse: The change of leadership at the Amity Regional District has held up plans for the old red-brick firehouse at the intersection of Center and Newton Roads. The high school had expressed an interest in renting the upstairs rooms for its life skills program. The new superintendent was scheduled to walk the facility with Town Hall representatives this week.

In the meantime, the town has been granted an extension for the \$500,000 STEAP grant until December. The building had been damaged by a fire in 2003. Insurance proceeds were used to fix the envelope, and some \$200,000 is left over from that project. The fire department stores some equipment in the building, including an antique fire truck.

The available money would allow the town to install a sprinkler system and new electrical and HVAC systems. To fix it up for specific uses would cost the town \$2 million. The plan is to move the fitness center into the ground floor; create a multi-purpose meeting room and keep the antique fire truck in its present location.

Town Center Beautification: Heller initiated a Town Center Beautification plan, which was worked out by Administrative Assistant Betsy Yagla and unanimously approved by the Board of Selectmen. It includes benches and plantings as well as sidewalks and

expanded wifi.

First steps include Arden’s Garden – a planting project on the green in memory of Arden Clark Gordon. It also inspired the Board of Selectmen to donate a tree to be planted near it.

As part of the Center beautification, Yagla also developed a sign board policy to channel requests for event notifications. An Eagle Scout project will help construct sign boards that will accommodate three 2x3 foot signs. These boards will be installed in different locations of the town, including the “triangle” traffic island by the old firehouse and the Fitzgerald Tract, as well as the different ball field locations.

As part of town center planning, the first selectman’s office is exploring the feasibility of expanding the sidewalks in the center of town, in particular from Amity High School to the library, and possibly later to the Center ballfield. Amity students often walk from the school to the library in the afternoon, or they cross through Meetinghouse Lane to get to the center ballfields. Sidewalks would allow for a much safer crossing for them.

Heller also plans to revive the Community Council – a group of volunteers to plan and organize community events. Back in the 1990s that was her first foray into the town’s affairs. At the time the council introduced the concerts on the green, which are a popular feature of summer life in town. She said the goal is to have one town-wide event every season.

Country Club: The work to find a solution for the former Country Club of Woodbridge will demand much of the selectmen’s attention going forward. Judging from the attendance at the informational meeting in December, the issue is still a hot-button issue. Heller said she expects the board to bring a proposal to referendum in 2019. Up to this point the board has discussed the two offers for active adult housing mostly in executive session. She said the board has operated in a bi-partisan way in its discussions with the developers and with each other. “We’ll see how it all plays out,” she said.



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www.WoodbridgeTownNews.com

WOODBIDGE

學校申請顧問

Paul Lowe醫生
常務董事

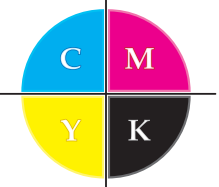
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(Snow Date: Tuesday, February 12 from 7 – 8 pm)

Laura Prestash, teacher of the kindergarten program, holds both Bachelor’s and Master’s degrees in Early Childhood Education. She also has been honored as teacher of the year by the Connecticut Association for the Education of Young Children.

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celebrity
extra
by Dana Jackson

Q: I'm a big fan of "The Bachelor" and "The Bachelorette" reality programs. I've often wondered, with so many of these couples breaking up after getting engaged on the show, does the lead get to keep the engagement ring? -- A.J.

A: ABC executive **Rob Mills** recently cleared up speculation about the ring. On each season of "The Bachelorette," the two remaining bachelors meet with jeweler **Neil Lane** in West Hollywood to choose one of his sparkling gems to present to his prospective bride. If she says yes to one of their proposals, she can keep the ring, but only if the couple makes it to a certain point. According to Mills, if the couple breaks up before the two-year mark, neither gets to keep the ring and it's returned to Lane.

Q: When is the fourth season of "Fargo" going to air? While I didn't think the third season was as good as the other two, it's still a far better show than most on TV these days. -- B.B.

A: The Emmy-winning dark comedy series is making its fans wait, but hopefully that means it will return better than ever. Each season has a different star-studded cast (**Martin Freeman**, **Kirsten Dunst** and **Ewan McGregor** have appeared) with its own separate story and time period, but all have taken place in what I believe is the show's biggest attraction -- the snow-covered flatlands of Minnesota and North Dakota.

FX announced that the fourth season, set in the 1950s and starring **Chris Rock**, won't begin filming until the fall of 2019, which means it



Chris Rock [David Shankbone/Wikipedia]

won't air on FX until 2020! This is likely because the show's creator, **Noah Hawley**, is busy with other projects, including the feature film "Pale Blue Dot" starring **Reese Witherspoon**.

Q: Is it true that the Sue Heck character is going to star in a spinoff of "The Middle"? I loved that show and would like to see it live on with my favorite sibling of the Heck clan. -- J.K.

A: The girl who once said "I can't go to school today ... my face is too oval" is all grown up now and headed to Chicago. The spinoff, "Sue Sue In the City," was all set to go until a regime change at ABC scrapped it. The pilot starred **Eden Sher** as Sue Heck, with **Brock Ciarlelli** reprising his role from "The Middle" as her bestie, along with **Chris Diamantopoulos** ("Silicone Valley") and **Finesse Mitchell** ("Saturday Night Live").

Despite not getting picked up ABC, there's a chance the spinoff could find a place to call home on another network or platform. TV Guide pointed out that "Black-ish" spinoff "Grown-ish," with a premise similar to "Sue Sue In the City," found its way to the Freeform channel. So perhaps that network might be interested.

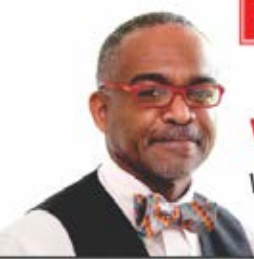
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AT THE WOODBRIDGE CENTER



Senior Center Director Jeanette Glicksman inspects the newly opened, much smaller office space for her assistant. Part of the office space was incorporated into the new bathroom, which is about to be opened. The proposed redesign has this space for the nurse to meet with seniors and for the drivers to do their paperwork.

The Woodbridge Center Planning For The Future

BY BETTINA THIEL
WOODBRIDGE TOWN NEWS CCorrespondent

The Woodbridge Center, located in the basement of what once served as the town's elementary school, is in dire need of an upgrade, that's the gist of Human Services Director Mary Ellen LaRocca's presentation to a joint meeting of the Boards of Finance and Selectmen in December 2018. "What we're trying to do is to provide programs and services to people 55 and over," she said, adding that represents about 35% of the Woodbridge population.

Their work focuses on nutrition, socialization and transportation as well as education, she said. "We need the tools to get the job done."

What she and Human Services Commission member Susan Davidson presented were plans drawn up by the architectural firm of Silver Petrucelli. The project involves some re-assigning of spaces, adding storage and new furniture. The basic layout stays unchanged, with a large lounge and cafeteria. But the plan shows a reception desk where the current coat closet is; the current assistant's office would become a small office for the nurse and social workers and for the drivers to do their paperwork.

There would be new storage throughout; a built-in in the lounge with a cabinet for a TV screen for presentations, lectures and movies. The orientation of the cafeteria would switch to face the back wall when there are bigger events, with a pull-down

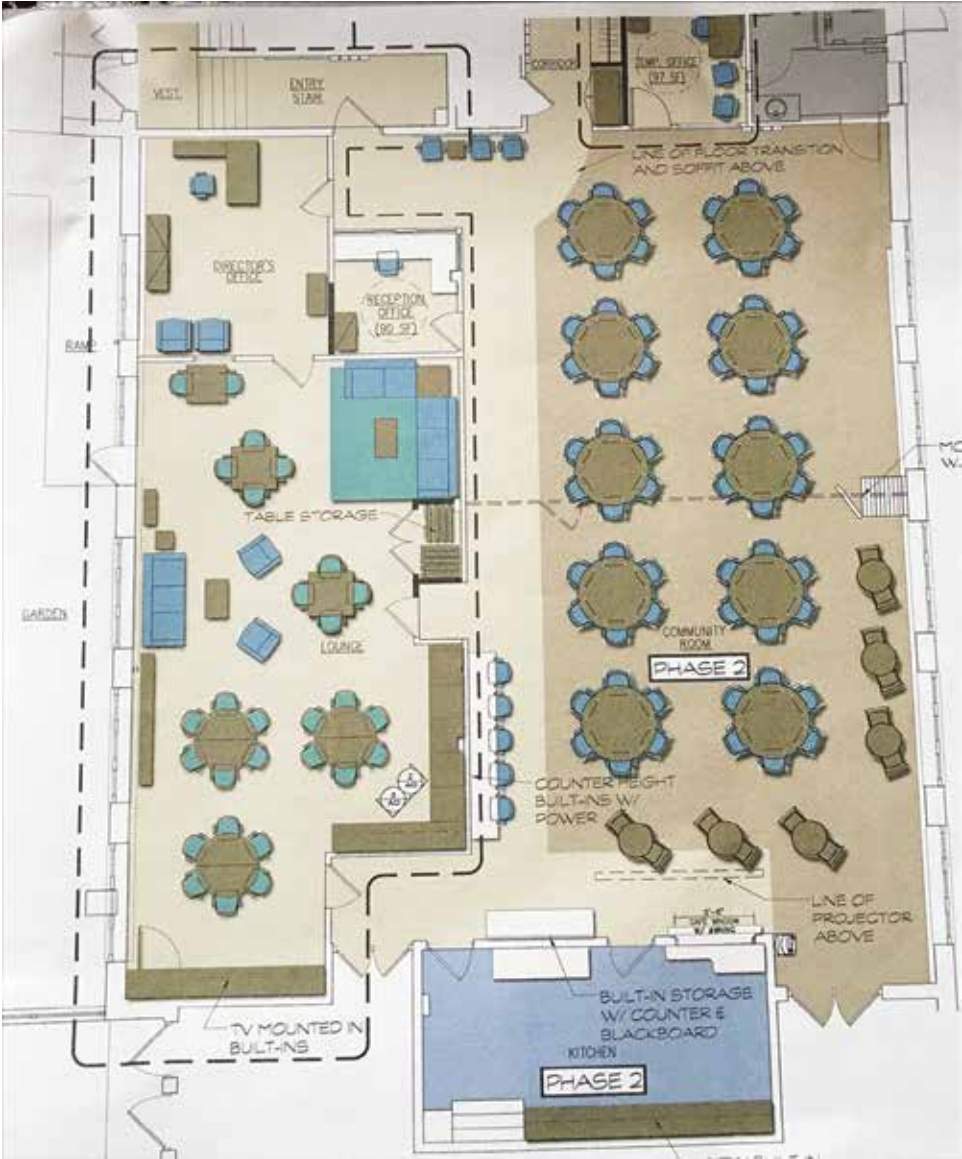
screen. The mural will have to make room for new artwork, as the plan is to turn that wall into a gallery wall. The mural would be photographed and framed to keep its memory alive.

"The Center is 40 years old and it shows it," said Senior Center Director Jeanette Glicksman. But the issue is not just one of spit-n-polish. The goal is to make the programs meaningful and the spaces ready to accommodate them.

A motorized wall could allow them to partition the cafeteria into two separate areas, and offer three programs at the same time. The side effect would be that participants in one program may see and interact with those of a different program and be inspired to try something new. A counter along the lounge wall would accommodate laptop computers.

The redesign was worked on with a committee consisting of Commissioners Susan Davidson, Sharon Bender and Jane Gelernter; Town Hall administrative assistant Betsy Yagla and LaRocca and Glicksman. They started by visiting a number of senior centers in the wider area, many of which also are located in former schools and/or basements. What they found was that other centers function as work-out centers, cafes, clubs and educational centers.

Glicksman said people bond as they do things together. "You'd be surprised how many times I was asked whether we're open between Christmas and New Year's," she said. Loneliness and



Plans for a redesign of the Woodbridge Center

depression among the elderly are hard to overcome.

The redesign could be split into two phases, according to LaRocca, with \$195,000 plugged in for Fiscal Year 2020, and \$170,000 for the following year. Phase One would focus on the lounge, reception and entrance area; Phase Two on the cafeteria and kitchen cabinets. "We are needy, but not greedy," said Susan Davidson about the project. She said the town should not regard it as a "senior" project rather than a Woodbridge project, which will benefit the town as a whole.

Asked whether the enhanced programming would entail additional expenses, Glicksman said the programs typically pay for themselves, through fees or donations. However, she said as the senior population is growing, the center may need a full-time assistant to keep up with paperwork etc.

Bathroom, ramp: Programming at the center has been dispersed the last

few weeks, as construction has started on a wheelchair-accessible bathroom downstairs on the cafeteria level. The bathroom is expected to be done by January 18 and Glicksman is looking forward to getting back to a normal schedule.

Construction also has started outside on a ramp from the portico to a door to the lounge, for emergency egress only. For some big events, they may have 20-30 people in wheelchairs, with walkers and canes, LaRocca said. One year an alarm went off in the building. Luckily it was a false alarm, but even so. The elevator cannot be used in an emergency.

When construction started on the ramp back in October, they found drainage pipes, which need to be buried underground. The plans for the ramp had to be redrawn and re-approved by the state. At this point they are waiting for the weather to warm up before they can bury those pipes.

Lecture Series: Protect Your Estate

The Woodbridge Center, as part of its Breakfast @ 10 Lecture Series, will be hosting representatives from Guertin & Guertin, LLC on Wednesday, January 30. Join us and get a better understanding of different kinds of trusts - Irrevocable, Revocable, Living and Special Needs- and learn of

the benefits and downsides. Protect your estate and preserve your assets long term, even if you need skilled care in a nursing home. This informative lecture will be held in The Center lounge, 10:00 am, 4 Meetinghouse Lane, Woodbridge. RSVP is required at (203)-389-3430.

AT THE WOODBRIDGE CENTER



Friends Isabel Kratochvil and Rose Schultz greet each other at the Holiday Luncheon sponsored by the Woodbridge Rotary club. Holiday luncheons at the Woodbridge Center throughout the year are a great way to reconnect with friends and build community. Join us for Valentine's Day or St. Patrick's Day.

Meetinghouse Café Grand Opening – February 14

The Meetinghouse Café will reopen on February 11. The Grand Opening will follow on Thursday, February 14 from 1- 3 pm. Join us for samples of Café menu items. We'll have a ribbon cutting at 1:30 pm. The Meetinghouse Café is located at 4 Meetinghouse Lane on the lower level and serves all ages from 9:30 am – 1:30 pm, Monday – Friday.

Change for Life! Diabetes Prevention Program

Beginning January 9, Diabetes Prevention will be offered as an on-going program that will meet regularly Wednesdays, 10-11 am, in The Center lounge. The Centers for Disease Control and Prevention–National Diabetes Prevention Program can help individuals make a change for life! This program will offer lifestyle changes to help prevent Type 2 diabetes. Groups meet for 16 weekly sessions and six-monthly follow-up sessions with a trained lifestyle coach. There is no cost associated with this program but you must register. This program costs up to \$500 at other facilities! This course is sponsored by Griffin Hospital, Area Agency on Aging of South Central CT. Please call The Woodbridge Center to register 203-389-3430.

The Woodbridge Center, as part of its Breakfast @10 Lecture Series, will host representatives from Guertin & Guertin, LLC on Wednesday, January 30. Come for a better understanding of different kinds of trusts- Irrevocable,

Revocable, Living and Special Needs- and learn the benefits and downsides. Protect your estate and preserve your assets long term, even if you need skilled care in a nursing home. (Forty percent of older Americans will need nursing home care at some point in their lives!) This informative lecture will be held in the Center lounge, 10:00, 4 Meetinghouse Lane, Woodbridge. RSVP is required at 203-389-3430.

Volunteers Needed

There are many opportunities at The Woodbridge Center for those who want to be involved; we welcome volunteers and community members willing to pitch in. We're looking for help with the Friendly Visitor & Telephone Reassurance program, lunch program volunteers, and talented people who might teach classes at The Center. Please call 203-389-3430 to volunteer!

January, February Lunch Menu

Lunch is served Tuesday and Friday at The Center Café at 4 Meetinghouse Lane at 12:15 pm. Cost is \$3-dine-in meals, \$4-take-out. RSVP is required by noon one day prior. Meals include bread, juice, coffee/tea and dessert. 1/11 Baked potato and turkey chili bar, 1/15 Spaghetti and meatballs, 1/18 Stuffed cabbage with mashed potato, 1/22 Shrimp stir fry with egg rolls, 1/25 Lasagna and salad, 1/29 Chicken cordon bleu, 2/1 Assorted sandwiches (egg, tuna, crab), 2/5 Chinese New Year! Chicken stir-fry and wonton soup, 2/8 Beef pot pie and salad, 2/12 Valentine's Day Seafood Newburg and



Woodbridge First Selectman Beth Heller presents a citation to Mary Ellen La Rocca for 30 years of continuous service to the Town during the lunch program at the Woodbridge Center.

strawberry shortcake, 2/15 Swedish meatballs over egg noodles, 2/19 Taco Tuesday! Black bean soup and make your own tacos, 2/22 Vegetable quiche and soup, 2/26 manicotti and meatballs with garlic bread.

Special Programming

RSVP is required by noon the day before unless otherwise noted.

January 15: Lunch entertainment with Pierce Campbell begins at 12:15 pm. RSVP required.

January 29: Lunch entertainment with Paul Schlein begins at 12:15 pm. RSVP required.

January 31: Life Line Screening, preventative health screenings, 8:30 am - 5:30 pm in the Center gym. Ultrasound screenings for Cardiovascular disease, EKG, and Osteoporosis Risk Assessments and more. To register, please call 888-653-6441 or online at www.lifelinescreening.com/communitycircle.

February 5: Chinese New Year celebration! With cultural entertainment and lunch- begins at 12:15 pm.

February 5: Volunteer Income Tax Assistance (VITA) 9 am - 12 pm, Tuesdays through April 9. VITA is a free tax preparation service available to low-income individuals, people who have a disability and those who speak limited English. Appointments are made through Human Services and the Woodbridge Center and are available Tuesdays, 9 am - noon. Call for information on required documents and to make an appointment.

February 12: Valentine's Day celebration! With entertainment provided by John Paolillo at 12:15 pm, a delicious Seafood Newberg lunch and strawberry shortcake- join us!

February 13, 26: Tech with Teens Wednesdays from 2:45-3:45 pm at the Woodbridge Library. Learn new skills on iPads, smart phones and e-readers. These classes are held in collaboration with the Woodbridge Library. This intergenerational program will feature upper classmen from Amity High

School guiding participants through navigating operating systems, mastering messaging, discovering downloadable books and other materials, as well as taking photos and maintaining proper storage techniques. Registration for this free class is required.

February 14: Grand Opening Meetinghouse Café from 1- 3 pm, lower level Center Building.

February 26: Lunch entertainment with Jim Sheehan begins at 12:15 pm. RSVP required.

February 27: Cooking for 1 or 2 and Proper Freezing Techniques with Elaine Marcucio and Penny Pompa, New England Young at Heart. Learn how to navigate recipes without having to eat leftovers all week—unless you so choose! Freezer-friendly foods, proper containers, and freezing techniques discussed.

March 4: AARP Safe Driver Class 9 am - 1 pm in the Woodbridge Center Lounge. \$15 for AARP members, \$20 for non-members. Reservations are required.

On-Going Programming

Calling all knitters and crocheters- The Woodbridge Center will bring back its Thursday morning craft group in early March. Contact us to let us know you're interested in joining.

Interested in starting a poker, canasta or spades game? We will put a group together when we hear from you!

Art Class: New session begins February 6th! Class meets each Wednesday, 10 am - 12 pm, in the Center Building, room. 11. The class is taught by local artist Graham Dale. Call to register for the ten-week class—\$60. Class is pro-rated for those joining late.

Exercise with Laurie: Workout includes a combination of strength training, cardio, flexibility and balance. Bring weights if you have them. Class is in the Center gym, Tuesday and Thursday, 10-11 am. No need to

HOUSES OF WORSHIP EVENTS

Congregation B'nai Jacob Adult Education Winter 2018

Special Events *Martin Luther King Commemorative Weekend*

The Shoreline Soul Gospel Choir, led by Angela Clemens, Friday, January 18 at 6:30 pm. MLK Friday night service featuring the Shoreline Soul Gospel Choir, led by Angela Clemens, and the Sweet Singers of Congregation B'nai Jacob, led by Cantor Malachi Kanfer. All are welcome to join us for an uplifting night of song and prayer.

Screening of "Marshall" Sunday, January 20 at 4 pm, Michael Koskoff, screenwriter

A major film about the collaboration between a young Thurgood Marshall and a Jewish lawyer to defend an innocent black man in Bridgeport in 1940, against a backdrop of segregation and anti-Semitism. Screenwriter and CT civil rights attorney Michael Koskoff will speak following the film.

Challah Baking Wednesday, January 30 at 6:20pm (after minyan)

Leslie and Dana will demonstrate two ways to prepare your dough: hand



Congregation B'nai Jacob

kneading and using a standing mixer with a dough hook. Home baked challah is a real treat and much easier than you might think! RSVP by January 25 to 203-389-2111 or cbj.receptionist@gmail.com. No fee to participate but an \$18 donation to BJ Kiddush Fund is suggested.

Learning and Prayer Bread & Torah EVERY Shabbat Morning Before Services, 9:00 - 9:45am

Rabbi Shapiro explores the weekly Torah portion and how its story relates to our own. This year we will explore the Book of Jonah and the Five Megillot. Lively discussion over bagels and coffee. No experience necessary.

The First Church Of Christ Services And Events

Happy 2019! The First Church of Christ invites all members of the community to join us at 5 Meeting House Lane in Woodbridge for the following weekly services and special events:

Sunday Services - 10 a.m. including our Intergenerational Service the first Sunday of each month. Nursery care for small children is available during the Sunday services.

Church School - Sunday at 10 a.m. the second through fifth Sundays during the school year. The middle school students are discussing how faith and biblical text can help them through challenging or confusing times in their lives. The younger students are watching Veggie Tales which explores stories from the Bible with common concerns for preschoolers.

Middle School Youth Group for 5th - 8th graders - the January meeting of the youth group will be on Sunday the 13th after Sunday School. For details on this meeting or



The First Church of Christ

the Youth Group in general contact MorganNancyAery@gmail.com.

Boy Scout Troop 907 - meets weekly on Thursdays at 7 pm.

Weekly Bible Study - Wednesday, 10-11 a.m., in the Parish House. We study both Old and New Testament passages based on the Lectionary. Bible study is open to the community so everyone in the community is welcome.

For more information on these events, please contact us at (203) 389-2119 or office@uccw.org.

Jewish Genealogical Society of CT Meeting

Please join the Jewish Genealogical Society of Connecticut on Sunday, January 20, 2019, at 1:30 pm at Temple Sinai, 41 West Hartford Road, Newington, as Tammy Hepps presents "Technology for Creating Cousin Bait That Works". Cousin bait is the information trail you leave for people researching common ancestors. Creating the trail means posting online content that is optimized for search engines. Finding cousins can greatly expand your family tree.

Tammy Hepps is well-known in the field of Jewish genealogy. She

gives many presentations around the world. She is on the board of ReclaimtheRecords.org and Rauh Jewish Archives. In the past, she has served on the board of JewishGen and many other genealogical organizations.

The program is free and open to the public. Attend in person at Temple Sinai in Newington or attend via webinar at <https://facebook.us6.list-manage.com/track/click?u=592a9d60e2153cfae6da9154d&id=08c9af97d58&e=ae9ae8e98b>.

Visit www.jgsct.org for additional information.

RESERVE YOUR AD SPACE TODAY. CALL US AT 203-298-4399.

Congregation B'nai Jacob Presents Two Special Martin Luther King Weekend Commemorative Events

Gospel Shabbat Service and Shabbat Dinner

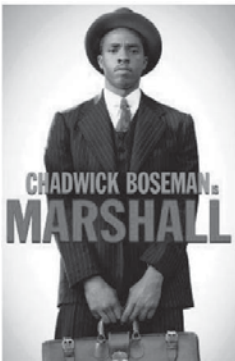
Friday, January 18

6:00 pm Pre-Service Refreshments
6:30 pm Shabbat Service with Gospel Choirs
7:30 pm Shabbat Dinner*

The Valley Soul and Shoreline Soul Gospel choirs, under the direction of the incomparable Angela Clemmons, will join with Cantor Kanfer and the Sweet Singers of B'nai Jacob for a special Martin Luther King Day service.



Ms. Clemmons has worked as a professional singer for over 35 years, including as a background singer with Aretha Franklin, Michael Jackson, Justin Timberlake, Celine Dion, Steely Dan, Cyndi Lauper, Elton John, and many others. Join in what promises to be a wonderfully spiritual communal event.



Screening of the Movie "Marshall" and Discussion with Preston Tisdale Sunday, January 20 • 4:00pm

Watch a special screening of this major film about the collaboration between a young Thurgood Marshall and a Jewish lawyer to defend an innocent black man in Bridgeport in 1940, against a backdrop of segregation and anti-Semitism.

Atty. Preston Tisdale, associate of screenwriter Michael Koskoff, will lead a discussion of the film. Mr. Tisdale is a former Director of Special Public Defenders for CT, and his father was an important member of the Bridgeport African-American community in the 1940's, attending the trial and hearing Marshall speak. Gain a unique perspective on America's Civil Rights history.

* All events are open to the public and FREE of charge, except Shabbat Dinner on Friday night, which requires an RSVP and \$25 per person (paid in advance).

For dinner reservations and/or questions, call B'nai Jacob at 203-389-2111 or go to bnaijacob.org.

Woodbridge Town News

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edit@woodbridgetownnews.com

HOUSES OF WORSHIP EVENTS

Upcoming Events At Temple Emanuel

January is a busy month at Temple Emanuel. Please join us for any or all of the following events:

January 5 and February 2 at 10:00 am – Saturday morning minyan. An informal minyan including a full Torah service and haftarah reading.

January 18 at 7:30 pm – Temple Emanuel participates in the annual Martin Luther King, Jr. Interfaith Service at Congregation Mishkan Israel in Hamden.

January 25 at 5:30 pm – Tot Shabbat and potluck dinner. Celebrate Shabbat with Rabbi Michael in the beautiful TE sanctuary with songs and stories! Perfect for children under 5 and their families. Members and non-members welcome! A dairy potluck dinner follows this service, and our regular Kabbalat Shabbat service begins at 7:30. Please be sure to register for dinner on our website, www.tegnh.org.



Temple Emanuel

January 27 at 10:00 am – Kol Shira. Religious school students and teachers, rabbis, cantors, cantorial soloists and instrumentalists from seven area synagogues come together to present a free concert in celebration of the power of Jewish music at The Towers. All are welcome to attend.

For more information about these and other services and celebrations at TE, please go to the Temple Emanuel website, www.tegnh.org, or call the temple office at 203-397-3000.



Left to right: Isabella Walther, Matthew Walther, Colton Reid, Aaron Freudzon, Giana Dellacroce (back), Jonathan Puhl, Santa and Zoey Puhl

First Lutheran Church Breakfast With Santa

Thanks to everyone who came out to First Lutheran Church's first annual Breakfast with Santa that took place on Saturday, December 15th. The proceeds from the event will be used to help our outreach ministries. Phil Krakowiak,

Pastor of First Lutheran Church said, "It was a great pleasure to be able to do something for the families in our community during the holiday season. The kids all had a great time and we are looking forward to next year."

Congregation Or Shalom Happenings

Weekly Services

- Minyan Services
 - › Sunday 9:00 AM
 - › Monday 7:30 AM
 - › Thursday 7:30 AM

Healing Circle

- › Wednesday 7:30 AM

Shabbat Services

- › Friday 7:00 PM
- › Saturday 9:30 PM

Coffee and Learn with the Rabbi Wainhaus

Every Wednesday, beginning on November 7, (please call the office for schedule) Rabbi Alvin Wainhaus teaches an hour-long class focusing on the ancient texts of our heritage and the light they shed on current issues. The class begins at 11:00 am and ends at 12 noon sharp. All Welcome. Synagogue office: (203) 799-2341 Website: orshalomct.org, .email: info@orshalomct.org.

Our Adult Education Committee will be showing WONDER

Sunday, January 13, 2018, 12:30 pm, Starring Julia Roberts and Owen Wilson

August Pullman was born with a profound facial difference that has made him unwilling to go to school. He wants nothing more than to be seen as an ordinary kid—but his classmates



Congregation Or Shalom

can't get past Auggie's extraordinary face. WONDER, a universally beloved and award-winning film, begins from Auggie's point of view, but soon switches to include his classmates, his sister, her boyfriend, and others. These perspectives converge in a portrait of one community's struggle with empathy, compassion, and ultimately, acceptance. Genre: Drama; Running Time: 113 minutes.

ZUMBA GOLD AT OR SHALOM

Congregation Or Shalom announces the continuation of ZUMBA GOLD on Tuesday nights at 7 PM. ZUMBA Gold is an easy to follow dance movement program that incorporates music from every decade to create an upbeat and fun exercise class. Burn lots of calories, meet new friends, and have a blast. No experience needed and classes are on a drop-in basis. Contact Robin at zumbarobin@gmail.com or call 203-314-8176 or temple office at 203-799-2341.

Kol Shira

A Celebration of Jewish Music with the Next Generation

Religious school students and teachers, rabbis, cantors, cantorial soloists and instrumentalists from seven area synagogues will come together on Sunday, January 27 at 10:00 am, for a morning of singing in celebration of the power of Jewish music. The concert, which will take place at The Towers, 18 Tower Lane, New Haven, is free and open to the public. Please bring your friends and your voices and RSVP to The Towers if you plan to attend.

The participating congregations include Congregations B'nai Jacob (Woodbridge), Mishkan Israel (Hamden); Or Shalom (Orange); Temple Beth David (Cheshire); Temple Beth Tikvah (Madison), Temple Beth Sho-

lom (Hamden); and Temple Emanuel of Greater New Haven (Orange).

This annual concert is dedicated to the memory of the musical legacy of Debbie Friedman, z"l, a Jewish musician who died in 2011. In addition to several iconic songs by Friedman, traditional tunes and songs by two generations of musicians who were influenced and inspired by her ability to bring a woman's voice and perspective into late 20th century Jewish music, and to write accessible songs combining liturgy and social commentary, will be performed.

For more information about this event, please go to the Temple Emanuel website, www.tegnh.org, or call the temple office at 203-397-3000.

HOUSES OF WORSHIP EVENTS

Congregation Beth El – Keser Israel Events

Daily Services

- › Sunday 9:00 AM and 5:45 PM
- › Monday 7:00 AM and 5:45 PM
- › Tuesday 7:00 AM and 5:45 PM
- › Wednesday 7:00 AM and 5:45 PM
- › Thursday 8:15 AM and 5:45 PM
- › Friday 7:00 AM

Shabbat Services

- › Friday 6:00 PM
- › Saturday Morning 9:15 AM
- › Saturday Children’s Services 10:45 AM
- › Saturday Afternoon 1:00 PM

Learning About Jewish Music

“Questions in Jewish Music,” a

program of five free sessions led by ethnomusicologist Rachel Adelstein, Ph.D., is offered on Wednesday evenings from 7:30 to 9:00 pm: Jewish Music and Modernity (January 16), Women’s Voices in Jewish Music (January 23), and Music and the Politics of Memory (January 30).

Adelstein has produced podcasts about music in Jewish life around the world and has presented her research internationally to academic and public audiences. She received her PhD in 2013 from the University of Chicago, where she completed her doctoral dissertation entitled “Braided Voices: Women Cantors in Non-Orthodox Judaism.”

Artist’s Talk on Ritual Objects Made From Fabric

Fiber artist Rachel Kanter, whose work was featured in “Reinventing Ritual,” a major exhibition at The Jewish Museum in New York City, and has twice been included in the Jerusalem Biennale, will speak about her work on Saturday, January 12 at 12:45 pm. Sabbath rules will be observed.

Kanter’s work brings everyday motifs of American women’s lives into the realm of the sacred object. She creates tallitot for women that are inspired by the four-cornered robes worn by Hebrew priests in Biblical



Congregation Beth El-Keser Israel

times but are designed using vintage apron patterns from the 20th century.

A collection of Kanter’s art is on view until January 20.

BEKI is located at 85 Harrison Street at the corner of Whalley Avenue (Route 63) in Westville.



“Woodbridge Center” From Page 21

sign up—just pay a drop-in fee of \$2.

Book Club: The book club meets the 4th Tuesday of each month, 11 am at the Woodbridge Town Library. The next meeting is January 22 and the book will be Born a Crime: Stories from a South African Childhood by Trevor Noah. New members are welcome.

Friday Movies: Following lunch in the The Woodbridge Center lounge at 1 pm: 1/11 A Simple Favor, 1/18 The Old Man & the Gun with Robert Redford, 1/24 The Village, Favorite Film Friday: Guess Who’s Coming to Dinner, 2/1 Bad Times at the El Royale, 2/8 The Hate U Give, 2/15 Dog Days.

Ask the Nurse: 1st and 3rd Tuesday of the month, 11 am - 12:30 pm in The Woodbridge Center lounge - blood pressure screenings, weight and conversation with a registered VNA Community Healthcare Nurse.

Duplicate Bridge: Mondays, 9 am, in the Center Gym.

Bridge: The Center’s Wednesday bridge group invites new members! Join the group for a friendly card game. No reservations necessary—just come to The Woodbridge Center lounge.

Pinochle: Meets Mondays and Thursdays from 1-4 pm and meets Wednesdays, 1:30-4 pm in the The Woodbridge Center lounge. Come any day—the group looks for new players

and is willing to bring rusty players up to speed!

Yoga for Healthy Aging: - New session begins February 22. Class meets Fridays from 11:45 am -1 pm in the Center Building, Room 16, with instructor Julie Luciani. Class combines seated and standing postures and is safe for all. Reserve your spot—12 sessions for \$75 pro-rated for those joining late.

Mah-jong: Monday & Friday, 10 am, Center Building, Room 11. New members welcome.

Tai Chi: New session begins March 6 with Instructor Gabriella Connolly, R.N. Wednesdays, 10-11 am (beginner) and 11 am – 12 pm (intermediate), 9/26-12/19. Through a grant, VNA Community Services is able to offer this program’s 12 sessions for \$15.00. Call for details and to sign up.

Pickleball: Meets Monday-Thursday, 12:30-2:30 pm and Friday, 12:30-3:30 pm in the Center gym for group play. Paid annual members may arrange playing times with other players through the Doodle scheduling tool. Annual membership is \$20 for Woodbridge residents and \$25 for non-residents. Equipment is available on a first come, first served basis.

Bocce: Begins again in April- Tuesdays 11 am - 12 pm at the Bocce court in the picnic grove behind the Old Firehouse.

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ARTS & LEISURE

Ansonia Nature Center Events



January
REPURPOSE OLD CANDLES
Sunday, January 13, 2:30 pm

Wondering what to do with all of your old, burnt out candles? Bring them to this class! Ranger Jess will show you how to melt down wax from your old candles and make brand new candles out of them. Bring an old glass jar with you to hold your new candle. For adults and children 11 and up. Please pre-register 203 736-1053. as class size is limited. MATERIALS FEE: \$3 per person.

23RD ANNUAL DR. MARTIN LUTHER KING, JR.'S LEGACY OF ENVIRONMENTAL AND SOCIAL JUSTICE
Sunday, January 20, 12 noon-4 pm;
Monday, January 21, 10 am-4 pm

Join the Nature Center at the Yale Peabody Museum, 170 Whitney Avenue, New Haven. The Peabody will once again offer world-class performances and educational activities for families and visitors of all ages, in honor of Dr. King and his efforts to ensure justice for all people. Admission to the Peabody is FREE for the two days of this event.

NATURAL FIBER CREATIONS
Saturday, January 26, 1:30 pm
Make your own natural fiber bracelet with Ranger Amie. Materials from the Nature Center grounds will be used to create this simple woven bracelet. For the ambitious, learn how to make a beautiful basket using a birds'-nest weave. Parents with children ages 5

and up are welcome to join. Bring a pair of scissors; all other materials will be provided. FREE. Please call to register 203 736-1053.

February
GRUMPY GROUNDHOGS
Saturday, February 2, 1:30 pm
You'd be grumpy too if someone forced you to wake up when you weren't ready! Come learn all about the best winter nappers of all. For all ages. A short hike to discover a groundhog den, a craft and a story are planned. Pre-registration required, 203 736-1053. FREE.

IT'S ALL IN THE BARK: Winter Tree ID
Sunday, February 3, 1 pm

Tired of straining your eyes trying to discern leaves to determine what type of tree you are looking at? Never worry about leaves again! During this guided hike, Ranger Jess will show you how to identify at least 20 common woodland trees by their bark alone! For adults and children 9 and up. Dress for the weather and wear footwear appropriate for hiking. Please call to register 203 736-1053. FREE.

Ongoing Programs
Creature Features
Saturdays, noon

Come to meet our furry, scaly, and feathery animal ambassadors. You'll have the chance to touch and hold them in this FREE family program for all ages.

Sunday Guided Hikes
Sundays, 1 pm

Join a Nature Center guide on Sunday afternoons for fun, exercise, and learning about our trails! See the above listings for hikes with a specific theme.

Fiber Arts Group
Tuesdays, 6 pm
Get together with others to work on your fiber arts projects! Bring any kind of fiber work—knitting, felting, crocheting, etc. A great way to dedicate time to your handiwork and socialize too.

HEALTH & FITNESS

“New Year, New You”

“New Year, New you.” That’s the saying right? For many of us that means getting back in shape, losing weight, and hitting the gym. However, you must beware of the pitfalls of doing too much too fast, not having a plan, not knowing the proper form and technique, and not knowing how to properly progress your exercise program. Failure here can and will result in lack of results, poor adherence and compliance, and worst of all injury.

Many people have tendencies to just jump in the gym blind, without any sense of direction. They just hop on the treadmill and start running, or aimlessly pick up a few dumbbells with not the slightest clue of how to properly warm up or safely progress their chosen activities. A proper warm up is crucial for preventing injury. It helps get your heart rate up to a working level, increase blood flow throughout your body, increase muscle extensibility, and increase joint mobility. This will improve your quality of motion through various exercise movement patterns, in turn reducing your risk of injury.

Proper exercise progression is also a key component to success and achieving your desired results. You don’t want to get stuck in a loop of doing the exact same exercises, sets and repetitions, and resistance. A vital mistake often made by new gym goers is to do more weight than they can handle, being under the impression that more weight equals more muscles. But in reality, it usually equals poor form and technique. Another classic misconception is that low weight and high repetitions at a fast speed will get you more “toned”. These are both easy ways to find yourself injured and unable to adhere to your desired exercise program.

If you are one of those people who



Peter Geloso DPT

are thinking about getting back in the gym as part of your New Year’s Resolution, you may want to think about having a health care professional perform a general musculoskeletal screen. This helps to identify any possible impairments that may predispose you to an increased risk of injury while beginning your journey on the quest to a healthier lifestyle. Don’t make the mistake of waiting until you’re injured to address a problem. The best way to treat an injury is to prevent it from ever happening in the first place. Let us help you start your New Year’s off right, and pain free!

Peter Geloso DPT is a physical therapist at Amity Physical Therapy. He received both his Bachelors in Exercise and Sport Science and Doctorate of Physical Therapy from Elon University. He has been a licensed Physical Therapist in the State of Connecticut for seven years. Amity Physical Therapy was founded 14 Years ago by Michael Dow MSPT/CEO of the practice with three offices: Woodbridge, Hamden and Branford. Peter Geloso DPT can be reached by phone with any questions at (203) 389-4593.

www.WoodbridgeTownNews.com

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ENTERTAINMENT

TOP 10 MOVIES

1. Aquaman (PG-13)
Jason Momoa, Amber Heard
2. Mary Poppins Returns (PG)
Emily Blunt, Lin-Manuel Miranda
3. Bumblebee (PG-13)
Hailee Steinfeld, Jorge Lendeborg Jr.
4. Spider-Man: Into the Spider-Verse (PG)
animated
5. The Mule (R)
Clint Eastwood, Bradley Cooper
6. Vice (R)
Christian Bale, Amy Adams
7. Holmes & Watson (PG-13)
Will Ferrell, John C. Reilly
8. Second Act (PG-13)
Jennifer Lopez, Vanessa Hudgens
9. Ralph Breaks the Internet (PG)
animated
10. The Grinch (PG)
animated

TOP 10 V.O.D.

1. Venom (PG-13)
Tom Hardy
2. The Equalizer 2 (R)
Denzel Washington
3. A Simple Favor (R)
Anna Kendrick
4. The Predator (R)
Boyd Holbrook
5. The House With a Clock in Its Walls (PG)
Jack Black
6. Peppermint (R)
Jennifer Garner
7. Mission Impossible -- Fallout (PG-13)
Tom Cruise
8. Smallfoot (PG)
animated
9. Elf (PG)
Will Ferrell
10. Crazy Rich Asians (PG-13)
Constance Wu



Blythe Danner, Hillary Swank in “What They Had” [Bleecker Street]

EDITOR’S NOTE: DVDs reviewed in this column are available in stores the week of January 7, 2019.

PICKS OF THE WEEK

“What They Had” (NR) -- “What They Had” captures the sweet heartbreak of loving someone who is slipping away, and the impossible decisions that we must make in the twilight years of our lives. Bridget (Hillary Swank) is called home to Chicago when her mother (Blythe Danner) takes off down a snow-covered lane. Her father (Robert Forster) is in denial about his wife’s Alzheimer’s disease, and her brother (Michael Shannon) plays caregiver to Mom and Dad, yearning for more out of life. Meanwhile, Bridget can’t help but compare the unshakeable love of her parents to her own cold marriage. It’s moving and never strays into sappy.

“Mid90s” (R) -- Jonah Hill makes his directorial debut with this homage to the Los Angeles skate rat scene in 1996. It’s accurate and evocative, rich with a certain offhand nostalgia -- youth is youth and struggle is struggle, no matter your background or pursuits. Here,

we follow Stevie (Sunny Suljic), who is 13 (as was Hill in 1996), but who looks much younger. He’s left much to his own devices by his hardworking single mom (Katherine Waterston) and older brother Ian (Lucas Hedges), so he befriends a group of slightly older, cooler -- whatever that means -- street skaters at a local skate shop. Their adventures are dramatic and mundane, recalling the crass antics of early teenhood and the bonds created under its mesmerizing spell.

“Monsters and Men” (R) -- Writer/director Reinaldo Marcus Green offers a study in consequences, where no action is exempt. A tense situation on a street corner of Brooklyn ends with one black man dead at the hands of white police officers, and another man who filmed the event facing the terrible choice between speaking out about the injustice and staying silent to protect his family. The impact of the decision is seen from the different perspectives -- a black cop struggling with the actions of his colleagues, a young athlete who is called to action, and others. Well done and poignant performances by John David Washington, Anthony Ramos and Chanté Adams.

“Hell Fest” (R) -- College cutie Natalie (Amy Forsyth) is home for a visit and, conveniently, a traveling horror-themed amusement park is in town. And it’s Halloween! So of course, Natalie and her friends, and their charming boyfriends, are going. Also conveniently, a masked serial killer decides rightfully that this Hell Fest would be a great time to just openly start killing people -- and Natalie’s group is at the top of the list. It’s a great and terrifying idea, especially since these types of amusements (sans live killers) exist. But it’s a terribly executed film, and you’d have to really love “scary” movies to find it enjoyable.

1. Which group wrote and released “Hello, Good-bye”?
2. Name the group that released “Heart Full of Soul.”
3. Which band released the 1974 version of “Three Ring Circus”?
4. Name the R&B artist who wrote and released “I’ve Got So Much to Give.”
5. Name the song that contains this lyric: “For a while to love was all we could do, We were young and we knew, In our eyes were alive.”



1. The Beatles, in 1967. As is typical with their music, the credits say Lennon-McCartney, but it was written by Paul McCartney alone. 2. The Yardbirds in 1965. It was their first single after Eric Clapton left and was replaced by Jeff Beck on guitar. First versions used a sitar, but they preferred the sound of a fuzz box. 3. Blue Magic, a soul group out of Philadelphia. 4. Barry White, in 1973. 5. “After the Love Has Gone” by Earth, Wind & Fire, in 1979. The song was used in an episode of “WKRP in Cincinnati” about The Who concert disaster where locked doors resulted in 11 people being killed in the stampede to get in.

Sports Quiz

BY CHRIS RICHCREEK

1. In 2017, Pittsburgh’s Josh Bell set the National League record for most homers in a season by a rookie switch-hitter (26). Who had held the previous mark?
2. Two Texas Rangers pitchers tossed a no-hitter during the 1970s. Name either one.
3. Between 2007 and 2017, how many of the 11 Heisman Trophy winners were either freshmen or sophomores?
4. Name the last second-round NBA draft pick before Milwaukee’s Malcolm Brogdon in 2018 to win the NBA Rookie of the Year award.
5. Who took over as head coach of the Detroit Red Wings after Scotty Bowman retired following a Stanley Cup championship in 2002?
6. In 2018, Joey Logano won the NASCAR Cup Series championship while driving a Ford. Who was the last Ford driver before him to do it?
7. In what year did tennis great Rod Laver win his first Wimbledon men’s singles title?

1. Atlanta’s Chipper Jones, with 23 homers in 1995. 2. Jim Bibby (1973) and Bert Blyleven (1977). 3. Six. 4. New York’s Willis Reed, in 1965. 5. Dave Lewis. 6. Kurt Busch, in 2004. 7. It was 1961.

Sudoku answers
on page 28

Weekly SUDOKU

by Linda Thistle

	7			9				5
		6	1			4		
3				8	6		2	
	9			1			7	
2					8			4
		8	3			9		
9			6					3
7		2			9		6	
	3			5		2		

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦♦♦

♦ Moderate ♦♦ Challenging
♦♦♦ HOO BOY!

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COMICS/CROSSWORD/HOLLYWOOD

TIGER

by **BUD BLAKE**

The Spats

by **Jeff Pickering**

Amber Waves

by **Dave T. Phipps**

King Crossword

ACROSS
1 Ref
4 Present
8 Jeans-maker Strauss
12 Seek damages
13 Dunkable treat
14 Mosque bigwig
15 Jogged onto
17 Baby feeding finale
18 Standing
19 Parched
21 Started
22 Let slip
26 Reservation residence
29 Marry
30 Part of "to be"
31 Unoriginal one
32 Pickle container
33 Thick chunk
34 Grant opponent
35 Plague
36 Coffin
37 Duration
39 Bill's partner
40 Scooted
41 Turmoil
45 Gujarat garment
48 Vigor

1	2	3	4	5	6	7	8	9	10	11
12				13				14		
15			16					17		
18						19	20			
			21			22		23	24	25
26	27	28			29			30		
31				32				33		
34				35			36			
37			38				39			
			40			41		42	43	44
45	46	47			48	49				
50					51			52		
53					54			55		

DOWN
1 Cold War initials
2 Silent
3 Culprit, for short
4 Small beard
5 Annoyed
6 Retainer
7 Little kid
8 Tripoli's land
9 Aussie bird
10 Alt. spelling
11 Mischievous tyke
16 Swiss mathematician
20 Scarlet
23 Hardy cabbage
24 Historic times
25 "Pay later" aftermath
26 Lofty
27 Duel tool
28 Hammerhead part
29 Grow bigger

32 Lincoln successor
33 Rid of wool
35 Sch. org.
36 Rabbits
38 Southern side dish
39 Ringlets
42 Early birds?
43 Flight component
44 Yon folks
45 Pouch
46 Counselors' grp.
47 Agt.
49 Dead heat

HOLLYWOOD

BY TONY RIZZO

Steve Carell became a star because of the TV series "The Office" (2005-2013) and film hits like "The 40-Year-Old Virgin" (2005), "Evan Almighty" (2008) and "Crazy, Stupid, Love" (2011), among others, switching from comedy to drama at will. In 2018, he gave us the dramas "Beautiful Boy," "Welcome to Marwen" and the biographical comedy/drama "Vice," in which he's Donald Rumsfeld to Christian Bale's Vice President Dick Cheney. Carell is returning to series TV in Apple's "Top of the Morning" (a look at the making of a morning show), starring alongside Reese Witherspoon and Jennifer Aniston. Isn't "Murphy Brown" doing that already?

Steve Carrell [DreamWorks]

Matthew Modine and Colin Egglesfield. Stallone has finished filming "Rambo V: Last Blood" for release this year. For fun he produced the low-budget film "Street Justice," written, directed and starring Chuck Zito, with Pamela Anderson, Frank Grillo, Michael Nouri ("Flashdance") and a host of the best character actors you'll see anywhere.

Die-hard "X-Men" fans can prepare for the 12th installment of the franchise, "X-Men: Dark Phoenix," which finished shooting in October 2017 to begin a year of post-production. However, the November 2018 opening was pushed back to June 7, 2019, due to extensive reshooting that was required. Michael Fassbender kept busy shooting "Kung Fury II" (based on the video game), with Arnold Schwarzenegger and David Hasselhoff, for release this year, while James McAvoy shot the superhero thriller "Glass," with Bruce Willis, Samuel L. Jackson and Sarah Paulson, and "It: Chapter Two," due Sept. 19. Jennifer Lawrence took some well-deserved time off, while Nicholas Hoult shot two films, the Australian Western "The True History of the Kelly Gang," with Russell Crowe, and "The Banker," with Samuel L. Jackson and Anthony Mackie.

Another busy actor is Sylvester Stallone, who just rode the crest of "Creed II" to over \$150 million at the box office and completed "Backtrace," with

Thad Luckinbill played J.T. Hellstrom on "The Young and The Restless" from 1999-2010 and returned in 2017. He has an identical twin, Trent (12 minutes younger), who is a lawyer and his producing partner. Thad married his "Y&R" co-star Amelia Heinle in 2007; they had a son and a daughter together, but divorced in 2017. Thad and his brother have produced nine films, including "Sicario" (2015), which earned \$85 million, and were executive producers of "La La Land" (2016), which turned a \$30 million investment into \$450 million, and "Sicario: Day of the Solado" (2018), with Benecio Del Toro and Josh Brolin, which earned \$76 million. On April 13, 2018, the handsome Thad's character on "Y&R" was terminated when he was hit on the back of the head with a fireplace poker. ... Thad went out with a thud!

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POPEYE

King Crossword Answers on Page 28

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STAN SMITH'S TENNIS CLASS

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IN OTHER WORDS, FOCUS ON GETTING THE BALL TO THE POINT WHERE YOU'VE DECIDED THE SECOND BREAK WILL BEGIN TO TAKE EFFECT INSTEAD OF ALL THE WAY TO THE HOLE ITSELF.

Weekly SUDOKU

Answer

1	7	4	2	9	3	6	8	5
8	2	6	1	7	5	4	3	9
3	5	9	4	8	6	1	2	7
4	9	3	5	1	2	8	7	6
2	1	7	9	6	8	3	5	4
5	6	8	3	4	7	9	1	2
9	8	5	6	2	1	7	4	3
7	4	2	8	3	9	5	6	1
6	3	1	7	5	4	2	9	8

King Crossword

Answers

Solution time: 27 mins.

U	M	P		G	I	F	T		L	E	V	I
S	U	E		O	R	E	O		I	M	A	M
S	T	R	E	A	K	E	D		B	U	R	P
R	E	P	U	T	E				D	R	Y	
				L	E	D			L	E	A	K
T	E	P	E			W	E	D		A	R	E
A	P	E	R		J	A	R		S	L	A	B
L	E	E		P	O	X		C	H	E	S	T
L	E	N	G	T	H		C	O				
				R	A	N		U	N	R	E	S
S	A	R	I		S	T	R	E	N	G	T	H
A	B	E	T		O	I	L	Y		G	E	E
C	A	P	S		N	E	S		S	P	Y	

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Bark Bytes...

By Vicki & Richard
Horowitz



Why People Don't Train Their Dogs – and Why They Should

Many of us consider our dogs to be members of our family. In many ways, they are. We form a special bond with dogs that few other animals share. Some dog owners go so far as to interpret their dog's every action in human terms. Given this special status, as family member and companion, we naturally start to look at our furry friends through "people-colored" glasses. This is where problems begin.

Often dog owners forego training because they don't like the way they think the training makes their dog feel, or they feel guilty for setting rules and not letting their dog "be a dog." This humanizing of a dog's behavior leads to faulty judgments about what dogs understand, what they need, and what is best for the dog. Dogs simply do not think like people – something many owners do not understand or refuse to accept. Dogs are guided by principles of pack law, and they expect their leader to act in a certain way.

Misunderstanding of pack law is often the cause of behavior problems. Dogs instinctually crave leadership and are keenly attuned to the discipline associated with it. However, if dogs don't sense leadership from owners, their primordial drive compels them to try to take charge, which can lead to behavior issues, such as barking, pulling on the leash, jumping or even worse behaviors.

The lesson for dog owners is to take control by communicating leadership

– and do so consistently. There is no reason for your dog to lead you on walks, cut you off on the stairs, run first through open doorways, jump on visitors, or bark every time the doorbell rings or a child walks by your house. Typically, these are things dogs do when they think they are in charge. And for those that shudder at the thought of ever ignoring their dog's nudges to be petted (as a demonstration of leadership), remember, this is an important lesson for your dog to understand its pack structure, thus providing a safe and stress-free environment it needs.

Discipline and leadership are not enemies of fun. And in no way should training a dog inhibit its playfulness or spontaneity. But that doesn't mean there should be no rules for inappropriate behavior. In fact, providing your dog with consistent leadership and ground rules for behavior will make it feel more secure and relaxed and make for a more self-assured companion. Dogs must learn who is in charge in a way they understand. Remember, dogs are pack animals, and in a pack, rules and hierarchy are the cornerstones of a happy, secure, and stable family.

Vicki and Richard Horowitz, of Woodbridge, are dog behavioral therapists and trainers with Bark Busters, the world's largest dog training company. For more information, call 1-877-500-BARK (2275) or visit www.dog-training-new-haven-ct.com.

Salome's Stars

ARIES (March 21 to April 19) Although you're getting kudos and other positive reactions to your suggestions, don't let the cheers drown out some valid criticisms. Better to deal with them now than later.

TAURUS (April 20 to May 20) Following your keen Bovine intuition pays off, as you not only reassess the suggestions some people are putting in front of you, but also their agendas for doing so.

GEMINI (May 21 to June 20) You continue on a high-enthusiasm cycle as that new project you've assumed takes shape. You're also buoyed by the anticipation of receiving some good news about a personal matter.

CANCER (June 21 to July 22) Your eagerness to immerse yourself in your new assignment is understandable. But be careful that you don't forget to take care of that pressing personal situation as well.

LEO (July 23 to August 22) This is a good time to learn a new skill that could give a clever Cat an edge in the upcoming competition for workplace opportunities. Enjoy the arts this weekend with someone special.

VIRGO (August 23 to September 22) You could risk creating an impasse if you insist on expecting more from others than they're prepared to give. Showing flexibility in what you'll accept could prevent a stalemate.

LIBRA (September 23 to October 22) Although you can weigh all factors of a dispute to find an agreeable solution for others, you might need the skilled input of someone you trust to help you deal with an ongoing situation of your own.

SCORPIO (October 23 to November 21) The good news is that your brief period of self-doubt turns into a positive "I can do anything" attitude. The better news is that you'll soon be able to prove it.

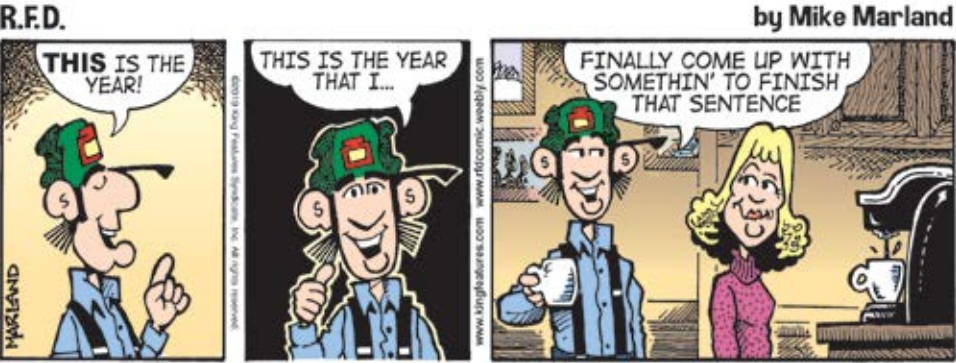
SAGITTARIUS (November 22 to December 21) This is a good time for Sagittarians to start making travel plans while you still can select from a wide menu of choices and deals, and not be forced to settle for leftovers.

CAPRICORN (December 22 to January 19) Like your zodiacal sign, the sure-footed Goat, you won't allow obstacles in your path to keep you from reaching your goal. Don't be surprised by who asks to go along with you.

AQUARIUS (January 20 to February 18) Let your head dominate your heart as you consider the risks that might be involved in agreeing to be a friend's co-signer or otherwise act as his or her backup in a financial matter.

PISCES (February 19 to March 20) Prioritize: Resolve to close the door and let your voicemail take your phone calls while you finish up a task before the end-of-week deadline. Then go out and enjoy a fun-filled weekend.

BORN THIS WEEK: Your capacity for care and compassion helps to bring comfort to others.



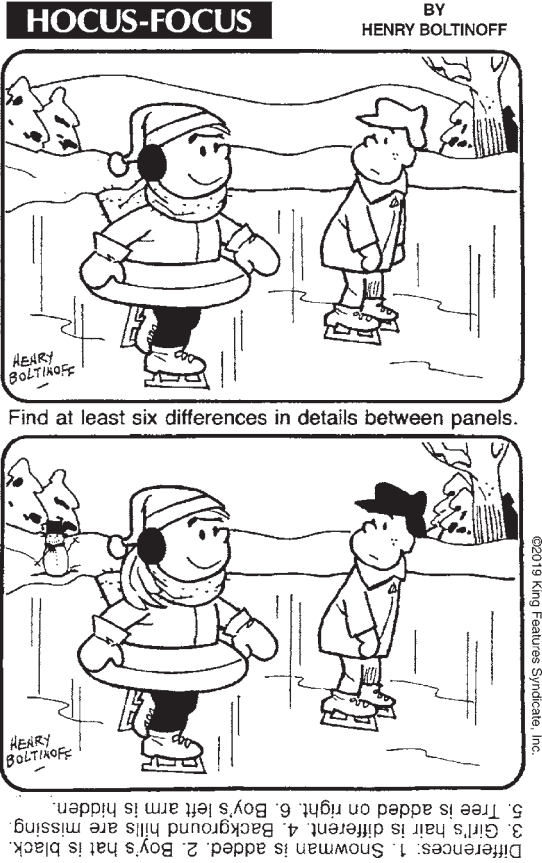
top ten

Pop Culture

PASSWORDS

1. superman
2. pokemon
3. slipknot
4. starwars
5. metallica
6. nirvana
7. blink182
8. spiderman
9. greenday
10. rockstar

Source: Virginia Tech/Dashlane



The Garden Bug

The Three Friends of Winter

Pine and bamboo are evergreen through winter, and plum tree blossoms signal the approach of spring. Together these plants form a motif in Chinese art and culture called "The Three Friends of Winter" that represents steadfastness, perseverance, and resilience. This imagery has been used in Chinese literature, painting, poetry, and calligraphy since the thirteen century. - Brenda Weaver

Source: artmuseum.princeton.edu, chinaonlinemuseum.com

DO DOGS REALLY NEED COATS IN WINTER?

DEAR PAW'S CORNER: You recently addressed someone leaving a dog out in the cold. Your answer was great, except that I wonder about putting a warm vest on the dog. It is my understanding that dogs have two layers of skin with air in between, which helps heat their body and keep them warm. When you add a coat or vest, it presses down on the air pocket and causes them to be colder. Am I wrong? -- Suzanne, via email

DEAR SUZANNE: Well, while dogs' skin does help regulate their temperature, their fur plays a much bigger role in insulating them from the cold. You're probably thinking of a dog's double-layered winter coat, where air between the thick undercoat and the top fur helps regulate body temperature.

Some breeds of dog have much thicker undercoats, such as Huskies and Malamutes. Most of us have

seen pictures or video of sled dogs, for example, who rarely wear coats while working or at the end of the day. Their bodies generate plenty of heat while they're active, and their undercoat insulates them from the cold when they're at rest. They're also acclimated to their outdoor environment.

Some other dogs don't do well at all in below-freezing temperatures -- some are small and short-haired, for example, or they're in poor health, or they're very young, or they are just not accustomed to spending long periods outside.

The most important factor in deciding what your dog needs is you. For a 20-minute walk outside, most healthy dogs don't need a coat. However, if your dog gets cold quickly or appears to be suffering even after a short time outside, it's worth trying a well-fitted vest or sweater.

SEND YOUR QUESTIONS OR COMMENTS TO ASK@PAWSCORNER.COM.

Paw's corner by Sam Mazzotta

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