

# Woodbridge Town News



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FRIDAY, MAY 23, 2014



## UI TO START TREE TRIMMING IN WOODBRIDGE

By Bettina Thiel - Woodbridge Town News Correspondent

Woodbridge residents will start seeing United Illuminating and its contractor, Lewis Tree Service, start clearing overgrown trees and shrubs that may cause damage to the power lines. However, they pledged not to remove or even prune any tree without written consent of the abutting homeowner — that is the message David Goodson of UI's Vegetation Management division had for town residents last week at an informational evening. Goodson, along with Operations and Maintenance Director Jim Cole and arborist Ken Bowler, came to Woodbridge at the invitation of the first selectman, after news of the utility's enhanced tree trimming program had left people in many towns concerned about the visual impact, among other things.

At an earlier visit of UI representatives to the Board of Selectmen, residents crammed into the Town Hall meeting room to hear the presentation. This time, however, most of the 20 or so in the audience were residents serving on town boards.

Over the next three or four years, the contractor, Lewis Tree, will be working in different areas of the town, clearing or pruning trees near utility lines. During the second part of the program they will then circle back and revisit the same areas. Going forward, the vegetation management program will stay on a four-year cycle.

See "Tree Trimming" continued on Page 6



Pictured (l-r): James Amatruda, '82; Matthew Nemerson, '74; Jeffrey DeLaurentis, '72; Curriculum Director and event planner extraordinaire, Dr. Marie McPadden; School Supt. Chip Dumais and inductee Roger Emerson Fishman, '79.

## IT ALL BEGAN AT AMITY

### New Members Inducted into the Hall of Honor

By Bettina Thiel - Woodbridge Town News Correspondent

The Amity School District inducted five new members into its Hall of Honor this month. They arrived from all directions to graciously accept the honor at a dinner event at the Grassy Hill Country Club May 7, and visited with current high school classes to talk about their professional development. "Of all the honors, this one actually means something," said Matthew Nemerson, Class of 1974, who, after a circuitous professional life in public service, is now economic development director in New Haven.

See "Hall of Honor" continued on Page 9

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## WASH & WIN THIS CAR AT SPLASH CAR WASH

Splash Car Wash, headquartered in Greenwich, Connecticut, today announced its "Wash It & Win" Promotion, which began on May 12th, where they will give one lucky winner a two year lease on a 2014 Corvette Stingray. The event is co-sponsored by Karl Chevrolet of New Canaan, and will allow contestants to enter at all 16 of Splash's locations in the Connecticut/New York area. Additionally, anyone can enter at Karl Chevrolet which is located at 261 Elm Street.

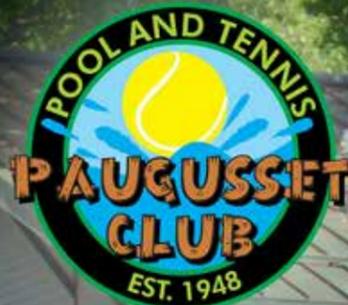
Splash will pick a random winner each week at each of its locations and each winner will win a key. One of the keys given away over the promotion period, which ends June 7th, will be the key that actually starts the Corvette Stingray. The "Start-Me-Up Party", where all keyholders get the chance to try their keys, will be held June 14th at Karl Chevrolet.

"This is the seventh car Splash has given away, but I think it's by far the most exciting!" added Chris Fisher, co-owner of Splash. "We couldn't be more pleased to partner with a great group like the Karl's and the new Corvette Stingray is simply an awesome vehicle!"

Splash is celebrating its 33rd year in the business and the 20th anniversary of opening its first hand car wash in Greenwich.

For more information, please contact Mark Curtis at mark@splash1.org or visit: splashcarwashes.com.

[www.WoodbridgeTownNews.com](http://www.WoodbridgeTownNews.com)



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## WOODBIDGE TOWN LIBRARY ANNOUNCES AXIS 360 CLASS

The Woodbridge Town Library is pleased to announce Axis 360, a new e-book vendor available to Woodbridge residents with a valid library card. There are nearly 200 titles on Axis 360 for adults, children and teens, featuring both fiction and nonfiction. Axis 360 is also compliant with the American with Disabilities Act and is compatible with the leading assistive screen-reader technologies for the visually impaired.

As Axis 360 is only available to Woodbridge residents, there will be less of a wait for titles than the Overdrive e-book lending service that is shared throughout the LION library consortium. Axis 360 can be accessed right on the homepage of the Woodbridge Town Library website. When you click on the Axis360 logo you will be taken to The Magic Wall, an interactive display of eBook titles in the library's digital collection, including mostly new, popular titles and New York Times best-sellers. You can browse titles by subject, just added titles, most popular offerings, and more.

The Library will be holding a class to help patrons set up their Axis 360 accounts on Wednesday, June 11th at 3pm. Participants are encouraged to bring their e-reading device to the class and must install the Blio App or Axis Reader, depending on their device.

Patrons can check out up to 6 titles at a time using Axis 360 and each title is loaned for 14 days before it automatically expires. Items cannot be renewed, but they can be checked out again, as long as there are no holds. To sign up for the Axis 360 class, please call 203-389-3433, stop by the Circulation Desk, or email kward@woodbridged.org.

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42 Mulberry Road, Woodbridge  
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**NEW LISTING!**

11 Grove Hill Road, Woodbridge  
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**NEW PRICE!**

63 Dogwood Circle, Woodbridge  
Myra Zelson \$565,000

**NEW PRICE!**

50 Hunting Hill Road, Woodbridge  
Patty Bray \$460,000

## THE LEADER IN WOODBIDGE SALES\*

\*Per CTMLS unit sales, LTM thru 5/23/14

**NEW PRICE!**

10 Deer Run Ridge, Woodbridge  
Laura Elman \$739,500

12 Hemlock Hollow, Woodbridge  
Pat Cardozo \$429,900

18 Westward Road, Woodbridge  
Jill Ellis \$1,275,000

**NEW LISTING!**

12 Jensen Farm Road, Oxford  
Arlene Levine \$549,000

**NEW LISTING!**

285 Knollwood Drive, New Haven-Westville  
Harriet Cooper \$359,000

2 Hazel Street, West Haven  
Sand Friedman \$299,900

53 Senior Drive, Monroe  
Kathleen Glass \$105,000

**NEW LISTING!**

36 Coram Court, Milford  
Chris Lovejoy \$360,000

270 Amity Road, Woodbridge, CT 06525

203.389.0015

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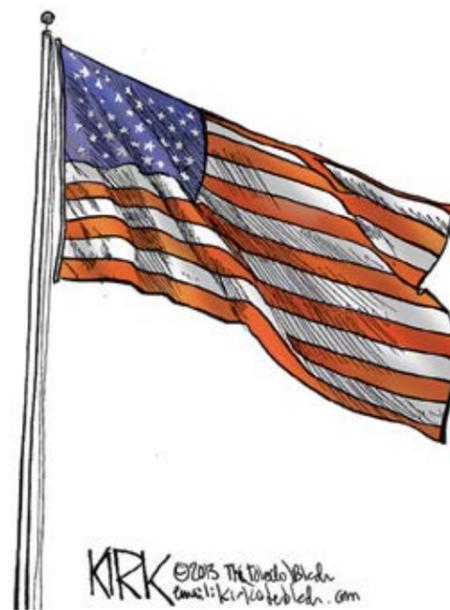
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Bethany and Woodbridge 7th and 8th graders had a great night at the annual semi-formal event sponsored by The Town of Bethany and Woodbridge Youth Services. The event, held at the Woodbridge Senior Center Cafeteria, was a huge success with 120 kids attending and great donations from local restaurants and businesses.



"I have never been able to think of the day as one of mourning. I have never quite been able to feel that half-masted flags were appropriate on Decoration Day. I have rather felt that the flag should be at the peak, because those whose dying we commemorate rejoiced in seeing it where their valor placed it. We honor them in joyous, thankful, triumphant commemoration of what they did."

-Benjamin Harrison

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**BETHANY \$749,500** Elegant Colonial in sought after neighborhood; 4,294 sq.ft., 9 rms, 4BRs, 2 f & 2 half baths, cust kit, hwflrs, sun filled rms, gracious porch & patio, 3 c gar. Extensive features & landscaped lot. Tom Cavaliere 795-2700.com MLS#N348940

**NEW LISTING!**



**BETHANY \$499,500** Custom cape, total renovation! Kit w/granite ctrs, SS appli, FDR, LR w/FP, 1st flr MBR Suite, hwflrs, new utilities. Level corner lot. Tom Cavaliere 203-795-2700.com MLS#N348484

**NEW LISTING!**



**ORANGE \$349,900** Bright & Sunny 8 rm, 3BR, 1.5ba Colonial; gleaming hwflrs, LR w/blt ins, upstd kit, sun rm & more. Cheryl Melillo 288-2500.com MLS#N348887

**NEW LISTING!**



**ORANGE \$339,000** Character & charm abound this 2,572sf Col; 4BRs, 1.5ba, OS EIK, DR, LR w/FR drs;hwflrs, fp/c, 1st flr office. Audra Digello 795-2700.com MLS#N348423

**NEW LISTING!**



**MILFORD \$219,900** Updated 3BR unit w/ open flr plan. Kit w/granite, hwflrs. Located close to pool & clubhouse for summer time fun. Mike Sirochman 795-2700.com MLS#N348845

**MILFORD \$1,475,000** Breathtaking views of LI Sound from classic Woodmont waterfront. Rare find 7 rm, 5BRs, 2.5ba Contemporary. Private, sandy beach. Tom Cavaliere 795-2700.com MLS#N336880

**ORANGE \$899,999** Great investment opportunity! Set 8.1 acres. 3 homes; 1 SF contemp, 2 multi family's. Beautiful spring feed pond. w/ ducks! Also avail for rent \$1,600/mo. Marsha Oliver 795-2700.com MLS#N327278

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**BETHANY \$699,000** Equestrian property; new custom bilt 4BR home; 8 rms, 4BRs, 2.5ba, EIK, LR, DR & hwflrs. Includes 3 stall barn. Tom Cavaliere 795-2700.com MLS#N342327

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**ORANGE \$459,900** NEW PRICE! Pristine 9 rms, 5BR, 4 full & 2 half ba RR w/LL walkout in law apart or priv office suite. Conv loc. Owner/Agent. Mario Gambardella 795-2700.com MLS#N347311

**MILFORD \$440,000** 7 rm, 3BR, 2.5 ba Colonial with open flr plan; LR, DR, kit w/granite, cherry cabs, ss appl & views of LI Sound. Cindy Sloan 795-2700.com MLS#N348226

**ORANGE \$339,900** Expanded cape w/3rm family apartment over garage. 3BR, LR w/FP, country kit, FR w/FP, office. Tom Cavaliere 203-795-2700.com MLS# N346587

**NEW PRICE!**



**ORANGE \$269,900** NEW PRICE! 6 rm, 3BR, 2 ba Ranch; LR w/fplc, EIK, fam rm, 2 c gar. Short Sale. Bill Morgan 795-2700.com MLS#N346078



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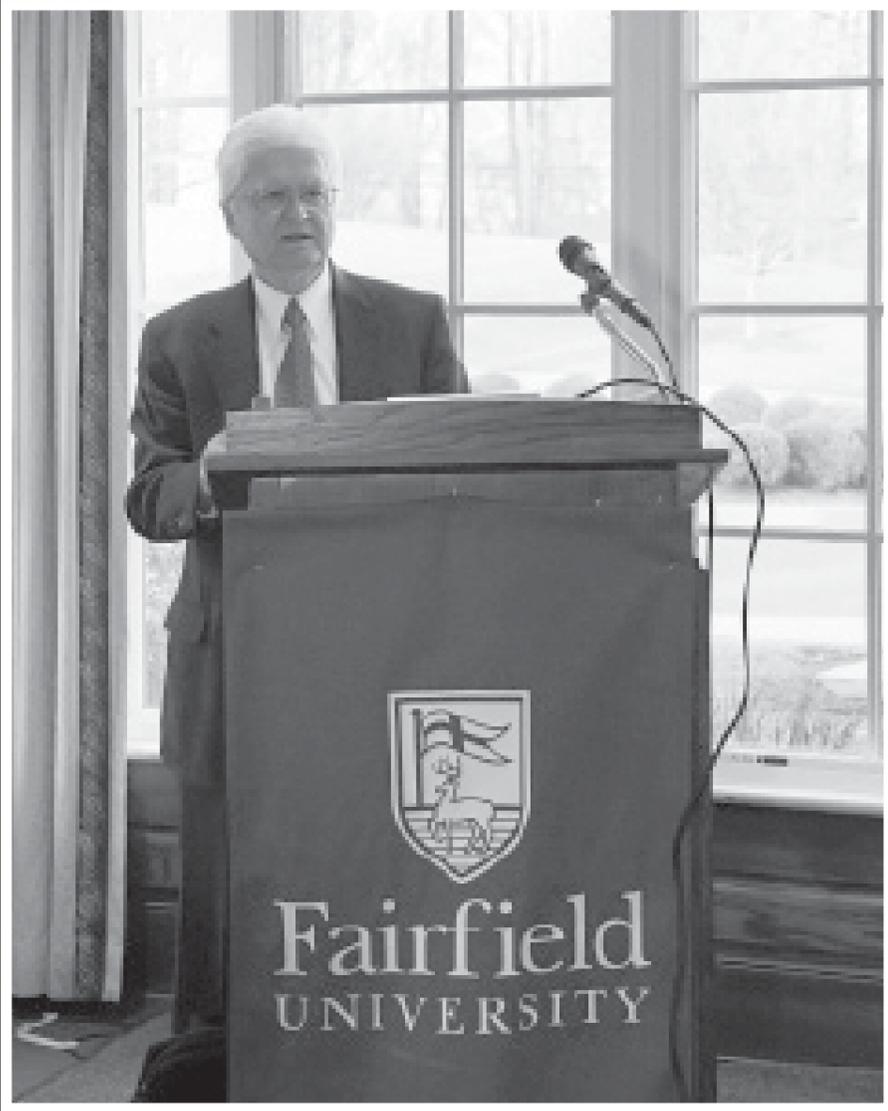
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# WOODBIDGE EDUCATION ROUNDUP



*Evangelos Hadjimichael, PhD*

## HADJIMICHAEL TO RECEIVE TEACHER OF THE YEAR AWARD

The American Society for Engineering Education (ASEE) has chosen Fairfield University Professor Evangelos Hadjimichael, Ph.D., to receive its 2014 Outstanding Teaching Award for New England. A Woodbridge, Conn., resident, Dr. Hadjimichael, founding dean of Fairfield University's School of Engineering, is now professor of Physics and Engineering at Fairfield. The presentation will be made at the ASEE national awards that will occur this June in Indianapolis.

In a letter to Dr. Hadjimichael, ASEE President Kenneth Galloway noted the honor was for his "distinguished accomplishments". "The thorough review process enhances the high regard in which the award is held. Your many friends and colleagues in ASEE look forward to the pleasure of honoring you through the presentation of this award at the 2014 ASEE Annual Conference and Exposition."

Bruce Berdanier, Ph.D., professor and dean of Fairfield's School of Engineering, said, "Dr. Hadjimichael's contributions to Fairfield University and his longtime dedication to its students and campus community are remarkable. Among his many achievements has been fostering young peoples' passion to study engineering, while inspiring them to pursue careers in vital STEM-related industries."

Dr. Hadjimichael's accomplishments are considerable. He was instrumental in merging the Bridgeport Engineering Institute with Fairfield University, thus establishing the School of Engineering, for which he was the founding dean. During his 15-year tenure as dean he established academic alliances that continue to provide a seamless pathway for community college students into the School of Engineering, and he introduced numerous programmatic and curricular innovations, including an Assessment and Continuous Quality Improvement Process (ACQIP), which proved to be invaluable in the School gaining re-accreditation in 1999 and 2005 from the Accreditation Board for Engineering and Technology. Further, he shepherded the establishment of a statewide nanotechnology minor linking the University with research institutions. More recently, the Connecticut Academy of Science and Engineering elected Dr. Hadjimichael to membership in its select organization, and the State Legislature appointed him to the Connecticut Planning Commission for Higher Education.

He has also been instrumental in establishing beneficial extra-curricular programs at the School of Engineering for area high school students, including the 'Excellence in Mathematics and Science Awards'. His long-term research in theoretical nuclear physics resulted in over 50 articles which appeared in prestigious American and international journals.

## HOLT TO SERVE AS AMITY MIDDLE SCHOOL-ORANGE ASST. PRINCIPAL

The Amity Regional School District #5 Board of Education has hired Neil Holt to serve as Assistant Principal at the Orange Campus of Amity Regional Middle School. Mr. Holt is currently serving as a Spanish teacher at the Orange Campus of Amity Regional Middle School where he has been since 2007.

"From a pool of more than 120 candidates, Neil rose to the top with exemplary demonstrated skills in both organizational leadership and instructional leadership," stated Charles Dumais, Superintendent of the Amity Regional School District. "His broad middle school teaching history and his experience as a Content leader in the district contribute to his suitability for this position."

Mr. Holt has been a middle school Spanish teacher since 1999, having taught in Orange, CT, Hamden, CT, South Brunswick, NJ, and Worcester, MA. He is a graduate of Wesleyan University (Bachelor of Arts, Psychology/Sociology), and holds a sixth-year degree in Educational leadership from Southern Connecticut State University and a Master of Education in Curriculum and Instruction from the University of Massachusetts.

"I am thrilled to have the opportunity to serve such an excellent school, with its outstanding staff and supportive community," stated Mr. Holt upon learning he had been selected for the Assistant Principal position at the Orange Campus of Amity Regional Middle School. "I love working with middle school students, and I intend to work hard to strengthen the culture of learning, high expectations, and caring that makes our school such a wonderful place. With my knowledge of the school, and having worked as part of the school leadership team over the past few years, I look forward to a smooth transition into the coming school year." Mr. Holt will begin his role as Assistant Principal on July 1, 2014.

## STUDENT NEWS

### Emma Spiegel Receives Award for Outstanding Academic Achievement

Emma Spiegel of Woodbridge received the award for outstanding academic achievement by a junior in the School of Communications at the Quinnipiac University undergraduate awards ceremony on April 26th. Spiegel, a public relations major and marketing minor, is a 2011 graduate of Amity Regional High School.

### Students Inducted Into National Honor Society

Middletown, Conn. – Sixty-five students who have exemplified academic excellence, leadership, fellowship, and service were inducted into the Phi Theta Kappa Honor Society at Middlesex Community College. This international honor society represents scholastic success and academic success at two-year colleges. Ashley Carofano, Woodbridge resident, was inducted in Phi Theta Kappa Honor Society in a ceremony held May 2nd.



## Attention Teachers!

**We want to know what's going on in your classroom!**

**Let us know about any fun activities or holiday projects.**

**You can also send us your pictures. (Parental consent required)**

Woodbridge Town News  
P.O. Box 1126, Orange, CT 06477  
edit@WoodbridgeTownNews.com

**“Tree Trimming” continued from Page 1**

Goodson said the UI will send out a letter in June notifying residents of roads that are on the schedule for this summer (see list below). Then, as soon as two weeks later, their “work planner” – contractor – will start knocking on people’s doors to discuss the scope of work with them and get their consent. Homeowners will have the chance to reject and/or suggest modifications.

“The contractor will be going door-to-door,” Goodson said. They are used to working odd hours and will make every effort to meet with the homeowners. Trees to be removed will be marked with a ribbon. Starting with that visit, the clock will be ticking. Property owners have ten days to decide whether they agree to the work being suggested. Should they object or request a modification, their reply must be sent to the town’s tree warden, Warren Connors, and to the utility within ten days.

No tree will be removed without the homeowner’s signature, Goodson repeated, even if they don’t hear back from the homeowner. Silence is not consent, he said. In addition, they are looking for homeowner’s consent even for trees that are in the public right-of-way. The boundaries for the right-of-way, in many of the communities, is so complicated that the utility would rather just get the abutting homeowner’s okay. “The process that we described is a collaborative one,” he said.

The intent of the program is to remove all trees that pose a risk, but also to establish a “Utility Protection Zone” (UPZ) of eight feet on either side of the electric line. That means that even healthy trees growing within this UPZ will be removed (but only with the homeowner’s consent). “We want to balance the benefits of the trees with the need for reliable electricity,” Goodson said.

Should the homeowner object, the towns’ tree warden will be brought into the negotiations. If that doesn’t resolve the issue, UI can appeal to PURA, the regulatory agency at the State Department of Energy and Environmental Protection. PURA then has up to 60 days to render a decision.

Goodson said typically the contractor will leave behind the hardwood suitable for burning. Most of the time people drive by to pick it up. As for stump grinding, UI is waiting for PURA to give them direction, he said.

The tree trimming program was launched earlier this year in four “pilot” communities, namely Orange, Shelton, Hamden and Bridgeport. Goodson said the consent rate from homeowners in those communities ranged from 85% in Orange to 98% in Shelton, and so far, the complaint rate is “practically non-existent,” he said.

Asked why the utility isn’t considering putting wires underground, Cole said that would be cost prohibitive. He said the utilities were looking at a \$10-15 billion project, a price tag that could raise the price of electricity by 42c per kWh. “It would triple everybody’s bill,” Cole said.

First Selectman Ellen Scalettar, in welcoming the UI representatives, made mention of the 2012 Two Storm report and its two findings. It emphasized the aesthetic and economical value of trees, she said, but it also found that 90% of the power outages were caused by trees falling on utility wires. That, along with the expectation for more extreme precipitation in the Northeast, led the panel to require UI to update its tree trimming program, she said.

Asked whether certain types of trees were particularly vulnerable, Cole said they looked at the data after the storms of the past two years. “There is no tree out there that is storm proof,” he said. “They all have their vulnerability in various types of storms.”

**List of 2014 Roads**

The following Woodbridge roads are slated for the program in its first year:

Most of Rimmon Road, Ansonia Road and Beecher Road; the southern part of Peck Hill from approximately Old Quarry going south; the western part of Rimmon Hill.

**FOOD PERMITS REQUIRED BY THE LOCAL HEALTH DEPARTMENT**

Bethany, Hamden, North Haven or Woodbridge community organizations, churches or groups (including schools) that plan to hold an event that will sell or serve food when the general public is invited, must obtain a TEMPORARY FOOD SERVICE PERMIT from Quinnipiack Valley Health District (QVHD.) Examples include bazaars, community picnics, strawberry festivals, fairs or any fundraising event where food is served. Two weeks time is required to process the permit, so be sure to plan ahead! Such permits are required under the Connecticut Public Health Code for food service to public groups. Failure to obtain a permit may result in the shutting down of your event. Call QVHD if you have questions about whether or not your group needs a temporary food service permit. SEASONAL FOOD PERMITS are also required by law for food operations that are not open year round. Examples include concession stands at pool clubs and athletic facilities or produce stands. ITINERANT VENDORS must also obtain a permit. Itinerant vendors are mobile food trucks including ice cream trucks.

Proper food handling, cooking and storage are essential for preventing food-borne illness. For safe food handling information and/or an application for a temporary, seasonal or itinerant food service permit, call QVHD, 203 248-4528 or visit our web site, [www.qvhd.org](http://www.qvhd.org).

Parts of Racebrook Road, north and south of the intersection with Rimmon, then again north of the intersection with Ansonia Road to just beyond Bunker Hill; Country Club Drive; the westerly and southerly side of Woodside Road; Brookwood; The easterly side of Tumblebrook; off of Northrup are Sunbrook and the westerly branch of Milan.

**Orange Pilot**

Bruce Lindsay, Westport tree warden and Orange resident, was not happy with the work performed in Orange. First and foremost, Orange is operating without a tree warden since the retirement of Ed Vaughn last year. Given the role the tree warden plays in terms of supervising the work and mediating when residents object, has left Orange residents without a representative. The lack of a municipal agent basically gave the utility carte blanche, he said.

Three crews have been working in Orange six days a week since January, he said. They have been stripping many roads in town, he said, including Old Grassy Hill Road, Orange Center Road, Race Brook, Lambert, Buttonball, Tyler City Road and Pine Tree Road. About 70 percent of the trees that fell during the recent storms weren’t even within the Utility Protection Zone, Lindsay said. “The UPZ doesn’t really make sense,” he said.

This point was also made by Bethany First Selectman Derrylyn Gorski at the March PURA hearing in Hamden. She said that even though CL&P had undertaken an enhanced tree trimming program in Bethany prior to the storms, the town was badly impacted by trees falling on power lines, many of them from across the street.

Lindsay said in Westport he is working closely with CL&P, concentrating on hazardous trees. He said he wishes the utilities would push the “Right Tree – Right Place” program and engage in a tree planting program in close cooperation with the tree wardens who have to be trained arborists. “They have to strike a balance,” he said. “In time that can happen.”

Orange First Selectman Jim Zeoli on the other hand said UI has done an excellent job in contacting homeowners when they were planning work on a tree. The interaction with the Lewis Tree service representative was very good. Zeoli said he was asked to intervene on multiple occasions, and the company was very receptive to homeowner’s requests.

Zeoli said he received three times as many requests for removal of trees than requests to preserve a tree. People would much rather not lose power, he said. State statute allows the tree warden or chief elected official to take charge of the project. He said some areas were extremely overgrown, but now with leaves sprouting, they are greening up again. “It’s worked out very well,” he said.

**GET READY TO CRUISE NEWS**

By Leslie Marsh

**Memorial Day, a Time to Reflect & Honor Those Who Served**

Memorial Day heralds the unofficial beginning of summer, invoking images of backyard barbecues and parades. In addition, Memorial Day also has a solemn and sometimes ignored significance as a day to remember those whose lives have been lost while serving our country in the United States Military. Did you know that May has been designated National Military Appreciation Month? It was so named by the U. S. Senate in 1999 as a way to “honor, remember, recognize and appreciate” current and past service members. There are two ways that Cruise Planners honors our service people.

Most cruise lines – Carnival, Celebrity, Cunard, Disney, Holland America, Norwegian and Royal Caribbean to name a few – offer discounts for active and retired military personnel. The rules vary from cruise line to cruise line. For example, Carnival’s military discounts include an onboard credit and you can share the fare with up to two staterooms of friends and family who are travelling with you. Norwegian Cruise Line offers discounts of up to 10% off standard fares. Disney Cruise Line offers their military fares during specific booking windows and allows one stateroom per military member. Royal Caribbean allows one stateroom to be booked under their military fare. Each cruise line has its own restrictions; some offer discounts to active

military only, others to active and retired military personnel, some only to veterans who have served in a combat role. If interested, let me know, I’d be happy to get you the complete details.

The second way Cruise Planners honors our military personnel is by offering a discount to those who are interested in starting a new career as a Cruise Planners franchise owner/operator. Our affiliation with American Express brings instant credibility and with the innovative marketing tools, booking and lead generation tools as well as the professional development and hands on training with the industry’s top executives that Cruise Planners provides, new agents are almost guaranteed to be successful.

It’s important to remember and give thanks for the freedom we expect as American citizens. While enjoying the Memorial Day holiday, pause for a moment to remember those who have given their lives to keep our country free. If you are currently an active military member or a veteran, I honor you. If you know of someone, living or deceased, who has sacrificed for our country, I hope you will honor them this Memorial Day.

Leslie Marsh, ECC owns and operates Cruise Planners of Orange. You can reach her at 203-799-2367 or by visiting [www.getreadytocruise.com](http://www.getreadytocruise.com).

# CLUBS & ORGANIZATIONS

## JCC EVENTS FOR JUNE 2014

*Please Note: All events take place at the Jewish Community Center, 360 Amity Road, Woodbridge unless stated otherwise.*

### JCC Family Fun Day Featuring Touch A Truck

Sunday, June 1, 11 am-3 pm

An interactive, hands-on event that allows children to climb on, explore and discover their favorite trucks and vehicles including fire engines, police cars and construction trucks. \$5/child. Proceeds benefit JCC youth programs. Contact: Tanya Weinberg, 203-387-2JCC, tanyaw@jccnh.org.

### Bagels & Books (Ages 3-5)

Sunday, June 8, 10:30-11:15 am

Play, Learn & Grow in your pajamas! Bagels and Books is a monthly program that provides a FREE Bagel Brunch, sing alongs, storytime, and craft. RSVP: Laura LJ Ross, 203-387-2522, laurar@jccnh.org.

### Speaker Mitch Anthony, The New Retirementality

Tuesday, June 10, 7-9 pm

When you look at your own life as an investment, you begin to realize that how you allocate your time is the most important investment decision of your life. Please join us to hear Mitch Anthony, author of *The New Retirementality*, discuss how you can get a great return on your life. Sponsored by Regent Wealth Management Group and Jewish Federation of Greater New Haven. Free and open to the public. Contact: Sydney Perry, 203-387-2424, sperry@jewishnewhaven.org.

### Federation, Foundation & JCC Annual Meeting

Wednesday, June 11, 6:30-9 pm

Contact: Hilary Goldberg, 203-387-2424, hgoldberg@jewishnewhaven.org.

### Moms & Babies First Friends Club

Thursdays starting June 12, 11am-12pm, JCC Living Room

Calling all Moms in the Greater New Haven area. This playgroup is a wonderful way to meet other moms who live in the area! Connect with other moms and share advice and friendships while children play together and develop important socialization skills in a comfy, spacious family-friendly atmosphere. Drop in weekly. Free. Everyone is welcome. Contact: Jennifer Gelband, 203-387-2JCC, jenniferg@jccnh.org.

### Beckerman Lecture Series: Barry Nalebuff and Tom Scott

Thursday, June 12, 5:30-7:30 pm

We will discuss the ethics of the food industry with entrepreneurs Barry Nalebuff, co-founder of Honest Tea, and Tom Scott, co-founder of Nantucket Nectars. Both will explore what goes into building a successful food business with a conscience. Contact: DeDe Jacobs-Komisar, 203-387-2522, dedek@jccnh.org.

### Shabbat Friends Cooking Series (Ages 3-5)

Friday, June 13, 1-2pm

A FREE monthly program provides a child-friendly space to ring in Shabbat in a format that captivates and encourages exploration through cooking. Contact: Laura Ross, 203-387-2522, laurar@jccnh.org.

### 20s& 30s Book Club

Tuesdays starting June 17, 5:30pm, JCC Living Room

Remember the joy of reading the classics in high school? No, of course not. We were all too young with other priorities to fully appreciate them. This is a book group that aims to remedy that by revisiting great classics as well as other contemporary and compelling books that will be classics in the future. No tests or forced questions, just book lovers and casual discussion. We'll meet monthly to discuss the books in a relaxed informal environment. Anyone who loves to read and discuss books is welcome! BYOB and food available for purchase from Edge of the Woods Café. First book is *Absurdistan* by Gary Shteyngart, come ready to discuss – or to help select the next book. Babysitting is available. Contact: Jennifer Gelband, 203-387-2JCC, jenniferg@jccnh.org.

### On the Road with LJ

Wednesday, June 24, 4pm

Special guest: Claire of Claire's Cornercopia. Keep your eyes peeled for LJ coming to a location near you! Play, Learn & Grow. Contact: Laura Ross, 203-387-2522, laurar@jccnh.org. Location: The Green in Downtown New Haven.

### Grill N Chill: Beatles/Simon & Garfunkel Tribute

Wednesday, June 25, 5-8 pm

Summer music series featuring Beatles/Simon & Garfunkel tribute duo, Mark Schwartz and Preston John, and delicious Kosher BBQ. Contact: DeDe Jacobs-Komisar, 203-387-2522, dedek@jccnh.org.

## AMITY REGIONAL HIGH SCHOOL CLASS OF 1974 REUNION

The Amity Regional High School Class of 1974 will be holding its 40th reunion at the Oak Lane Country Club in Woodbridge CT on Saturday, October 11, 2014, between 7:00 PM and 11:30 PM. If you use Facebook, please join the Amity Class of 1974 group to reconnect with old friends and learn more about reunion plans.

The event features a full buffet with carving stations, coffee and dessert, and has a cash bar along with a DJ playing the vintage music of our time...all for \$65.00 per person. Please sign up ASAP...we need advance reservations to plan our catering! Remaining proceeds from the event will be donated to an Amity Class of '74 Scholarship fund. More info and reservations at <http://networksolutionexperts.com/Amity1974.html>.

## KELLY RYAN FOUNDATION TO HOST GOLF TOURNAMENT

The Kelly Ryan Foundation's Golf Classic & Silent Auction will be held on June 2, 2014. The Kelly Ryan Foundation benefits Connecticut families who have experienced the tragedy of Stillbirth or Pregnancy Loss, which affects as many as 1 in 4 women.

Participants will enjoy playing at one of the region's premiere golf venues, the New Haven Country Club. The tournament will feature a hole-in-one shootout for a \$1 million dollar prize. Golf activities will be followed by a spectacular Dinner and Charity Auction, with entertainment provided by The Dave Mack Band.

Tickets are \$300/person for the golf tournament and \$75/person for the Dinner & Auction only. Visit [www.kellyryanfoundation.org](http://www.kellyryanfoundation.org) for all the details. Sponsorship opportunities are also available.

## GARDEN CLUB HOLDS ANNUAL LUNCHEON

The Garden Club of Woodbridge is holding its annual luncheon and meeting on June 3, 2014 at 11:45AM at Seasons at Oak Lane, 1027 Racebrook Road, Woodbridge, Conn. Loretta Stagnan, floral designer and owner of Loretta Stagnan Floral Designs, will present "Creative Floral Designs for your Next Party". Cost for lunch and the presentation is \$40.00. Please contact Barbara Bessinger at 203 389-7709 for further information.

## WOODBIDGE REC. YOGA

- **Who:** Adults
- **Session:** Daily -Monday thru Friday, June 2 thru August 29, 2014
- **Time:** Monday, 8:30 am to 9:45 am, Tuesday – Thursday 8:45 am to 10 am, Friday 8:15 am to 9:30 am
- **Where:** Room 16 Center Building 4 Meetinghouse Lane
- **Fees:** Call Rec. Dept. Office for pricing information 203-389-3446

- **Who:** Adults
- **Session:** Tuesday: June 3 thru August 26, 2014
- **Time:** 5:30pm - 6:45pm
- **Where:** Room 16 Center Building
- **Fees:** Call Rec. Dept. Office 203-389-3446



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To submit a letter to the editor mail us or Email your letter to: letters@woodbridgetownnews.com

To submit a Bulletin Board event Email us at: bulletinboard@woodbridgetownnews.com

All articles, photographs and letters must include your name, address and daytime telephone number for confirmation. The Woodbridge Town News reserves the right to reject any advertisement, article, photograph or letter. Letters to the editor must be unique to the Woodbridge Town News.

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- Amity Meat Center 24 Lucy Street
Antonio's 208 Amity Road
Athenian Restaurant 1426 Whalley Avenue
Blue Check Deli 382 Amity Road
Cuts Again 186 Amity Road
Coldwell Banker 270 Amity Road
First Niagara Bank 211 Amity Road
Lock, Stock & Barrel 770 Amity Road
Oak Lane CC - Seasons Restaurant 1027 Racebrook Road
Solun Restaurant 10 Selden Street
Ted's Cleaners 210 Amity Road
Thai House Restaurant 16 Selden Street
The UPS Store 176 Amity Road
Tobacco Land 164 Amity Road
Today's Clothing 22 Selden Street
Westville Seafood 1514 Whalley Avenue
Wheeler's Restaurant 180 Amity Road
Woodbridge Hardware 219 Amity Road
Woodbridge Senior Center 4 Meetinghouse Lane
Woodbridge Tae Kwon Do 152 Amity Road
Woodbridge Town Hall 11 Meetinghouse Lane
Woodbridge Town Library 10 Newton Road

If you would like to have additional copies of the Woodbridge Town News available at your organization or business, please call 203-553-9062.



Below are the next three Woodbridge Town News issue dates and deadlines. Thank you for your submissions to Your Home Town Newspaper.

Table with 2 columns: Upcoming Issue Deadline, Upcoming Issue Dates. Rows include June 6th (Fathers Day Issue), June 26th (Independence Day Issue), and July 25th (August 1st).

Note: Copy due by 4:00p.m. Thank you.

FROM OUR READERS

To the Editor

This letter is a response to an article published on May 2nd, 2014, under the title "Special to the Woodbridge News" on page 12. The article was from former members of Woodbridge Conservation Commission (WCC) and The Fire House Building Committee (FHBC).

I would like to know what happened to the "version" of the article printed that was presented to me for review and which I agreed to have my name attached to. The article printed was certainly not it and I would not have approved a version for print that in my opinion makes all the signatories appear to be unprofessional and childish. The "fairy tale" format is ridiculous and it is disrespectful to our fellow citizens. It is okay to disagree with what goes on in town, but let's do it with respect.

The subject the article was about has been resolved. I hope the decisions made do not set a precedent regarding proper building procedures and taxpayers do not have to pay for any future mistakes.

Personally, I want to say I am sorry if the version of the article printed offended anyone. If so, I hope you will accept my apology.

Please note: This letter does not infer that the Publisher is responsible for the version it printed.

Sincerely,

Michael Walter, Former WCC Member (1999-2010)

To the Editor

I write with appreciation for the widespread community support for programming for young people in the Amity region. Woodbridge Youth Services and the Town of Bethany sponsor the "Bethwood Bash" for seventh and eighth grade residents seven times each year. This 'Positive Youth Development' program is geared toward 'face-to-face' socialization, confidence building, and connecting with the community. These events usually feature music, entertainment, games, refreshments and raffle prizes. Additional programs/fundraisers include staff/student volleyball and kickball tournaments and a movie night.

Each August, new seventh graders are invited for an outdoor picnic with an inflatable slide or obstacle course. This event brings together 7th graders from Bethany and Woodbridge so they're acquainted before the start of the school year. Each year events are held at the Center Building in Woodbridge, Bethany Town Hall or the Middle School in Bethany. We also had one great event at the Amity Teen Center!

We are proud to offer these fun events in a safe environment that is well-supervised by a staff of 6, a police officer, and parent volunteers. Due to a limited budget, the program relies on support from local businesses and parents for assistance. It is heartwarming to have such generous support from local merchants and neighbors. We are grateful to these local merchants for donations throughout the year: Burnt Bakery, The JCC of Greater New Haven, The Country Club of Woodbridge, The Amity Teen Center, Wood 'n' Tap Restaurant and Hartford Restaurant Group, Amity Music, Entenmann's Bakery, Antonio's Restaurant, Carmine's Tuscan Grill, On The Border Mexican Grill, Quassy Amusement Park, Amity Bowl, Subway Restaurant, Taylor Rental, Stop and Shop, Big Y and Kate's Hot Air.

Special thanks to our volunteers and parent donors: Pennell Hamilton, Julie Luciani, Robin Kudasik, Kim Adzigian, Alexis Mugnos, Mary Lee Barker, The Woodbridge Volunteer Fire Association as well as all the rest of our fabulous parent

See "From Our Readers" continued on Page 9



WTN Letters Policy

Submit your letters for our "From Our Readers" section to: Woodbridge Town News, P.O. Box 1126, Orange, CT 06477 or email: letters@woodbridgetownnews.com.

Please limit letters to 500 words and include a daytime phone number in case we have any questions. Letters must be exclusive to the Woodbridge Town News for publication. We reserve the right to reject any letter.

**"Hall of Honor" continued from Page 1**

Superintendent Chip Dumais welcomed the alumni, reminding the audience that the award sums up a lifetime of excellence, leadership and dedication as well as "exemplifying the Amity mission statement, the goal of which is to educate all students as 'a lifelong learner and a literate, caring, creative, and effective world citizen.'" What was most impressive, Dumais said, was that all of the inductees were eager to interact with current Amity students.

As in past years, the Hall of Honor Committee chose alumni whose contributions stand out in different fields, namely health (James Amatruda, 1982); the fine arts (Jud Friedman, 1974); business/marketing (Roger Emerson Fishman, 1979); Government/public service (Ambassador Jeff DeLaurentis, 1972); and Government/Technology (Matt Nemerson, 1974).

Jud Friedman, who grew up in Orange and went on to graduate from Harvard Law School ("Long story," he wrote for the event booklet) only to figure out that what he really wanted to do is write music. Unfortunately, he couldn't make it for the induction dinner.

**Roger Emerson Fishman:** A California resident, Roger Emerson Fishman, 1979, came with his wife, actress Courtney Thorne Smith, and 8-year-old son, Jake. He was truly surprised by the school's invitation ("Coach, what were you thinking," he said to Athletic Director Paul Mengold, who had nominated him), and when Friedman emailed his friends and family about it, the computer auto-corrected "inducted" to read "indicted."



This event was a chance for him to thank his teachers, in particular Coach Mengold, and his family for providing the foundation on which he built his life as a successful business owner, marketing consultant and photographer. Fishman, nine years ago, founded a video marketing firm, the ZiZo Group. He is also an author and wildlife photographer.

He remembered the day he was driving home in pouring rain as a high school senior, and he was waiting at a red light on Route 34, someone knocked on his window. It was Coach Mengold. "You're driving dangerously," he told him. Mengold had recognized the car and stopped in the middle of a storm, to reach out to the young athlete. "He was in your face," Friedman said. "And I needed that." This was his chance to thank Mengold personally and directly. Mengold will be retiring in June as Amity's long-time athletic director.

**Dr. James Amatruda:** Dr. James Amatruda, Class of 1982, graduated a "somewhat unfocused" teenager, following four older siblings. He learned three things at Amity, he said, how to write, how to work hard and how to think.



"The most interesting questions are the ones that have no easy answer," he said. His work is dedicated to fighting childhood cancer. He now has his own research laboratory at the Children's Medical Center in Dallas, and became a scientist, teacher and doctor.

He remembered, with gratitude, high school teachers Richard Harris and George Reynolds, but the one teacher who really stood out was Roger Goss, his 7th grade Earth Science teacher. A larger-than-life figure, Goss kindled in him the love of teaching and the interest in sciences. "He told the most terrible jokes," Amatruda said.

## FROM OUR READERS

**"From Our Readers" continued from Page 8**

and High School student volunteers who donate their time. Additionally, thanks to the members of the Student Social Committee: Brynn Keevil, Maddy Adzigan, Mayah Sachs, Romulus Sottile, Jackie DeGennaro, Kaylah Anastasio, and Samantha Fleischman.

And finally, we'd like to thank Dr. Richard Dellinger, principal of Amity Middle School, Bethany campus, and Social Studies teacher Ms. Marissa Nall for their all-year support.

*Jeanette Glicksman*  
Program Coordinator - Woodbridge Youth Services

### To the Editor

I had an Orwellian moment reading the letter by First Selectman Scalettar regarding the fire pit settlement. Her letter makes it sound like all parties were happy with the outcome. She left out one important group – the residents of Woodbridge! Woodbridge residents were not a part of this process at all. Much of the negotiation was done behind the scenes, without offering town residents the opportunity of a public meeting to comment on the proceedings. More embarrassing, though, is

Even though the son of an internist, it wasn't until college at Harvard that he considered a career in the medical field. He volunteered at a homeless shelter, and on occasion had to take the clients to the hospital. He remembered the doctors treating all patients with respect and dignity. "I saw the power of medicine and science," he said.

**Matthew Nemerson:** Matthew Nemerson, Class of 1974, was of Bill Gates' generation. "We were into computers," he said. But the school didn't have any. In fact, Principal John Foley's response to their request for an electronics class was "That's insane".



Instead, Nemerson and his friend Jack DeGioia, now Georgetown University president, ended up in the TV repair class, which was run by Cross Country Coach Rodriguez. "Coach Rodriguez realized there are many cultures here and we have to figure out how to accommodate them all," Nemerson said. The first machine they worked on was a 1973 PDP 8, he remembered, the same machine that Bill Gates practiced his first steps on at programming. "Clearly we screwed up," he said.

Even so, he combined his love for technology and his calling for the political life and served as president and CEO of the Connecticut Technology Council, a trade association. In 1983 he became one of the founders of the Science Park Development Corporation, tasked with rebuilding New Haven's historic Winchester Rifle factory complex. He then led the New Haven Chamber of Commerce for 13 years, to name just a few of his accomplishments.

What Nemerson really wanted to do was run for political office. At age 22, he was the youngest candidate ever to run for Woodbridge first selectman, but that didn't go so well. When his friend Toni Harp was elected mayor of New Haven, he joined her administration as economic development director. "I'm doing something I love," he said. Things don't always turn out the way we want, but "what we found in high school somehow empowered us to do the things we wanted to do," he told the high school students.

**Ambassador DeLaurentis:** Jeff DeLaurentis remembers the night he told his parents in their kitchen in Orange that he was going to be a diplomat. "Where does he come from," was his dad's response. For his dad, an engineer, politics and diplomacy were fluff. "But he came 'round eventually," DeLaurentis said.



Like the other inductees, it was a teacher who put him on track. DeLaurentis remembered fondly his 12th grade Honors History teacher, Joe Proffitt, who got him interested in the role the US plays in world affairs. Proffitt had them read "The Ugly American," a fictionalized book that describes in unflattering ways the American involvement in Asia prior to the Vietnam War.

Being more of an introvert, DeLaurentis wasn't sure he could survive in the world of diplomacy. But Proffitt encouraged him. The Georgetown University School of Foreign Service graduate went on to Columbia University and entered the Foreign Service in 1991. He has served in a number of overseas posts, including Cuba, Geneva and Bogota. He is currently US alternate representative for special political affairs at the UN. The United Nations Security Council looks like one big chessboard, he said, except there are 15 players. And, as for the speeches and the cocktails and the salesmanship, "I got used to it," he said. "There are many paths to professional fulfillment," he said. "But it really began at Amity, with one teacher and one book."

the attempt by the First Selectman to dismiss the significance of the conservation buffer, calling it "The other 'buffer", and stating that it was "arguably created by the Board of Selectmen in 2007".

Ironically, the conservation buffer was created without argument – with the full, unanimous, bi-partisan support of the Board of Selectmen! AND – Mrs. Scalettar was a member of the BOS at the time, but did not bother to show up at that meeting! Democrat Jim Sabshin made the motion to create the buffer and Republican Chris Dickerson seconded the motion. The vote of the members in attendance was unanimous and included Democrat Ed Sheehy, Republican Laura Fernandes and Democrat Sandra Stein. The intent of the BOS conservation buffer was to help balance the desires of two important town groups – the conservationists and volunteer fire department. The First Selectman seems to have forgotten that the first two attempts to pass the fire house project were defeated by the voters of Woodbridge. This buffer was the lynchpin in garnering conservation support for the fire house building project. Many residents have come up to me expressing how upset they are with this settlement – stating that the buffer was the reason they voted for the fire house.

The 100 foot conservation buffer was a balance between two parcels of land and two groups of Woodbridge residents. The action by the Democrats on the BOS to sweep aside this buffer may be technically legal, but it undermines the intent of the buffer and severely damages the faith that Woodbridge residents have in their town government. If we cannot trust our Board of Selectmen, who can we trust?

*Chris Dickerson*  
Member, Woodbridge BOS

# TOWN DEPARTMENTS & AGENCIES

## BETHANY VFD 7<sup>TH</sup> ANNUAL CAR, BIKE & TRUCK SHOW

The Bethany Volunteer Fire Department will be hosting its 7th Annual Car, Bike and Truck Show. This show will also include a garden tractor pull event. All antique cars, trucks, muscle cars, motorcycles and big trucks are welcome! The event features people's choice judging. This event will be held on Saturday June 21, 2014 from 11am-5pm at the Bethany Airport Field, adjacent to fire headquarters-765 Amity Road Bethany. Show vehicles should arrive at 10am with raffle and trophies being distributed at 3:30pm. Registration for the garden tractor pull event will begin at 9am and pulling will begin at 10am. The cost for the event is \$10 for parking per carload/show vehicle and \$5 entry fee for the garden tractor pull event.

The event offers fun for the entire family with a 50/50 raffle, face painting & tattoos and a DJ. This year will again feature our famous food tent with fire fighters and auxiliary members hard at work cooking delicious pulled pork sandwiches, sausage & peppers, hamburgers, cheeseburgers, hot dogs and ice cream. If you have any questions please contact Amy Cogill at 203-410-2602 or Rich Cogill at 203-954-8597 or visit <http://www.bvfdct.com/>. This event is sponsored by Laticrete International Inc.

### FROM THE FIRST SELECTMAN'S DESK

By Ellen Scalletar



#### Memorial Day

Memorial Day, the act of coming together as a community to remember the war dead began after the Civil War. The federal holiday was officially named by President Lyndon B. Johnson to create a specified time to remember those who died in service to preserve our democracy and freedoms.

It was and is one of the most solemn occasions of the year. We reflect upon the ravages of war and honor the brave men and women who have sacrificed their lives to promote liberty at home and around the world.

Here in Woodbridge, we observe Memorial Day with an annual ceremony to honor the fallen. It will be held this year on Monday, May 26 at 10:45 a.m. at the VFW Monument in front of the Center Building, 4 Meetinghouse Lane. The event co-chairs are veterans Dr. Barry Josephs and Joe Hellauer, the Town's former Administrative Officer.

Memorial Day weekend also means celebrating the glories of spring and the beginning of summer fun with family and friends. The pool at the Country Club of Woodbridge opens on Saturday, May 24. Pool membership information is available on the Town website, [woodbridgetown.org](http://woodbridgetown.org).

However you decide to observe this holiday, I wish you a meaningful, fun and safe Memorial Day weekend!

### FROM THE YOUTH SERVICES COORDINATOR

By Nancy Pfund



Students from Amity Middle School-Bethany campus show portraits they created as part of the "Memory Project" coordinated and guided by the school's art teacher Ms. Sara Frank. This service learning project not only enhances learning through portraiture, it provided students at Amity with a connection to kids in orphanages in many countries. The "Memory Project" began in 2004 and has worked with thousands of children in this country interacting through art with

thousands of underprivileged children in 34 countries. Close to 50,000 portraits have been completed. Funding for this project came from Woodbridge Youth Services working in conjunction with the Jamie A. Hulley Arts Foundation. Top row from left are Woodbridge Youth Services Director Nancy Pfund, AMS-B art teacher Sara Frank and top row from right Woodbridge Youth Services Program Coordinator Jeanette Glicksman and Fred Hulley of the Jamie A. Hulley Arts Foundation.

## TOWN OF WOODBRIDGE MEETINGS FOR THE MONTH OF JUNE 2014

(Subject to Change, Check with Town Clerk's Office, 203-389-3422)



Town Hall

6/2	Human Services Commission ..... 7:00pm	The Center
	Town Plan & Zoning Commission ..... 7:30pm	Town Hall
6/4	Police Commission ..... 6:00pm	Police Dept.
6/9	Library Commission ..... 6:00pm	Library
	Zoning Board of Assessments..... 7:30pm	Town Hall
6/10	CUPOP ..... 7:00pm	Town Hall
6/11	Board of Selectmen ..... 6:00pm	Town Hall
6/12	Economic Development Commission 7:00pm	Town Hall
6/19	Board of Finance ..... 6:00pm	Town Hall
	Conservation Commission ..... 7:30pm	Town Hall
6/23	Country Club of Woodbridge Comm. 6:00pm	Town Hall
	Recreation Commission..... 7:30pm	Beecher School South
6/24	Woodbridge Gov't Access TV ..... 7:15pm	Town Hall

# REMEMBER

# MEMORIAL DAY

## TOWN DEPARTMENTS

### WOODBIDGE POLICE PROMOTE OFFICER TO SERGEANT

Congratulations to newly promoted Police Sargeant Anthony ("AJ") Capiello. Capiello was one of six candidates for one open position. All six officers passed the written and oral exam, but department rules only allow for the top three scorers to be considered for the position. Those top three were interviewed by the Board of Police Commissioners, which chose to promote Capiello.

Capiello was born and raised in Woodbridge. He joined the police department in 2006, shortly after graduating from college. His favorite part of the job is "interacting with the community," he says. About his promotion, he says, "I'm always looking to progress. This is the next step in my career."

"He is an excellent choice for this promotion," said Police Chief Gene Marcucci. "The other two candidates were also great and would have also been an excellent choice for the position."

### POLICE WARN OF SCAM

Woodbridge Police Chief Gene Marcucci and First Selectman Ellen Scalettar are warning residents of a scam growing in popularity. The scam targets the elderly.

In the scam, the victim receives a phone call from someone claiming to be a police officer. The fake officer claims the victim's loved one has been in a motor vehicle accident or has been arrested. Then the scammer asks the victim for money to help their loved one. "The police will never call you to ask for money," says Chief Marcucci. "If someone calls you and claims to be a police officer you should ask for a phone number so that you can call back and verify it's the police."

If someone has been arrested they are allowed to make a phone call. The police would not call on their behalf. "I know of two Town Hall employees whose elderly relatives have received this type of call," said Scalettar. "It would be very upsetting to hear that your relative is in trouble, so it's important to educate the public about these scams." "If you have any questions, call your local police department," says Chief Marcucci.

### MENTAL HEALTH SERVICES

Woodbridge Human Services continues to collaborate with Clifford Beers Clinic to provide family-focused mental health services to Woodbridge children and their families. The Town of Woodbridge has worked with Clifford Beers Clinic the past 9 years providing pertinent services to Woodbridge residents.

Services include family, individual and group therapy, crisis intervention, care-coordination, home-based therapeutic services and community consultation. Services are available at the Center Building in Woodbridge on Tuesdays 2:30p.m. - 8:00p.m. Additional sites are also available in New Haven and West Haven. Inquiries for services can be made by calling Clifford Beers at 203 772-1270.



12 Selden Street • Woodbridge CT 06525 • 203-533-9135

Happy Hour Mon-Fri  
(bar only) 3:30 PM- 6:30 PM featuring half price drinks & raw bar.

Wednesday is Karaoke Night!  
Woodbridge Idol contest and drink specials

Thirsty Thursdays  
with a live DJ, late night \$5 Pies & .50 cent wings until midnight!

Social Sundays  
featuring our bottomless Mimosas, Bellinis and Bloody Marys for brunch 10:30 AM-3:00 PM.  
Family Night Sundays. Feed your family of four with pizza, pasta & salad for \$25!

Be Social.

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## NEW DELICIOUSLY DESIGNED COOKING CLASSES FOR CHILDREN

Kidalicious will soon open its doors to bring fun cooking classes for children in Woodbridge and surrounding communities. "I am excited to offer the children in our community the opportunity to learn about healthy food choices through hands-on classes offered in a safe and fun environment," said Kidalicious Director Michelle Wachsmann, who is very excited about the upcoming opening. "In a typical cooking class, children learn tangible skills –from math to history. They might not even realize just how much they are learning because they are having so much fun."

In Kidalicious classes, children will learn the ins and outs of kitchen safety, cleanliness, and basic table etiquette while working together in small size classes to create and taste nutritious foods from different cultures. Kidalicious classes are open to children ages 8-12. Saturday or Sunday classes are available; May 31 through June 21 or June 1 through June 22, 3:00pm-5:00pm. Cost for 4-week session is \$150. To register or to request more information, please contact Michelle at 203-213-9593 or email her at michelle@kidalicious.com.

## PROTECT THE BABIES IN YOUR LIFE

Everyone loves to hug and kiss babies. Along with this exchange of affection, germs will be passed from one to another. You can protect the infant you care about while protecting yourself against pertussis. Quinnipiac Valley Health District (QVHD) offers the pertussis vaccine (in the form of Tdap-tetanus, diphtheria and pertussis) to parents, grandparents, aunts, uncles, babysitters and other caregivers or contacts of newborns and infants 12 months and younger. If you are over age 18 and have never had a Tdap vaccine, (a combined booster immunization containing tetanus, diphtheria and pertussis protection) you are eligible to receive this vaccine. A \$10.00 administration fee is requested. No one will be turned away for lack of ability to pay this fee. Immunization clinics are held every 4-6 weeks. The next clinic will be held on May 29, 2014 from 4:00 to 4:30 p.m. Call QVHD, 203 248-4528 or visit us online, [www.qvhd.org](http://www.qvhd.org) for clinic dates and times.



## DOLLAR\$ AND \$ENSE

### UNITED STATES SAVINGS BONDS

By Roberta L Nestor

At some point in time, the majority of Americans have owned US Savings Bonds. They were popular gifts for the birth of a child, weddings, birthday's, graduations and holidays. There was something special about being able to actually hand someone a bond. In addition, savings bonds offered tax deferment, a fixed rate of interest and the promise of having a determined amount of money for the future.

How much do we really know about US Savings bonds? For starters, they have been around for nearly 80 years, when President Franklin D. Roosevelt signed legislation in 1935 to create the first "baby bond". The original baby bonds were issued in successive series from 1935 to 1941 (A, B, C and D). You could purchase baby bonds in denominations of \$25 to \$1,000. Unlike today, where you purchase savings bonds at 50% of their face value, these bonds were purchased at 75% of face value. The last of the \$4 billion of baby bonds matured in 1951 and have since stopped earning any interest.

It was the Series E bond that contributed billions of dollars to help finance World War II. These were offered in 1941 with more marketing efforts as the US was faced with high defense expenses, expanding debt as well as the threat of inflation. This marketing campaign was called the Volunteer Program and it enlisted newspapers, bankers and businesses to promote the Series E bond. Series E bonds became known as the "Defense Bond" of 1941 and then the "War Bond" during 1942 – 1945. Series E bonds only recently stopped earning interest in 2010.

The promotion of Series E bonds over the years has some rich history. From Bugs Bunny, to Superman, John Wayne, the Lone Ranger and even Lassie, not only commercials, but television shows themselves promoted the "full faith and credit of the United States government". Visit [www.treasurydirect.gov](http://www.treasurydirect.gov) and on the search key type in "uncle sam speaks video". It is a great look back at types of promotion savings bonds enjoyed for decades.

Somewhere in the 80s the big promotion stopped and now it is rare to see any advertisement for savings bonds. However, they apparently have a life of their own and are still purchased by millions of American's. It was only in the 1990s when 401k plans became available that employers (and the government) ceased offering the payroll deductions for savings bonds. You might ask, "Are savings bonds still a good deal?" Certainly not in our current interest rate environment. A \$100 savings bond today earns only .20% which places its final maturity in the year 2043.

Should you cash in savings bonds? Not necessarily. Bonds issued in 1990 are still earning 4% until their final maturity in 2020 and those issued in 1995 continue at 4% until 2025. When you do sell savings bonds, the primary concern would be taxes. When you cash in your savings bonds you have to pay tax on all of the accumulated interest. For retirees, this could potentially change the taxation of your social security and could affect Medicare costs. Talk to your financial or tax advisor before you cash in any investment to make sure you understand how it will affect your taxes.

Enjoy the Memorial Day Weekend and on a separate note, Nestor Financial will be hosting a workshop on June 3rd at 6:00pm: Brain Power, Use it or Lose it? For more information and reservations, please call or visit our website ([www.nestorfinancial.com](http://www.nestorfinancial.com)).

Roberta L. Nestor is a financial advisor practicing at 491 New Haven Avenue in Milford, CT offering retirement, long term care, investment and tax planning services. She also offers securities and advisory services as an Investment Adviser Representative of Commonwealth Financial Network – a member FINRA/SIPC and a Registered Investment Adviser. Fixed insurance products offered through Nestor Financial Network are separate and unrelated to Commonwealth. Commonwealth Financial Network or Nestor Financial Network does not provide legal or tax advice. You should consult a legal or tax professional regarding your individual situation. Roberta can be reached at Nestor Financial Network, 203-876-8066 or [roberta@nestorfinancial.com](mailto:roberta@nestorfinancial.com).



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# “AN OUNCE OF PREVENTION”

## Do Immune System Boosters Work?

The immune system is a fascinating, remarkable complex of components that work in your body 24/7 to protect you from disease. Although there are times when it does not work 100% effectively (you get a cold) or you have a disorder that causes it to malfunction, most of the time it does its job of recognizing and defending the body against invaders like bacteria, viruses, or foreign substances (such as a sliver, pollen or a bug bite). For years, scientists have been studying the immune system to understand how it works and what might make it work better. So far, research has not been able to scientifically demonstrate what foods or supplements can do this.

Enter the marketplace where you will find both foods and supplements that claim to boost your immune system and help to prevent illness. You have most likely seen their promotion and may have even purchased one or two. As happens frequently, a small amount of research gets turned into a huge marketing campaign. As we seek a long and healthy life, corporations are very happy to help in this quest by providing the products that we think hold the key. Who can blame us when the marketing of such products plays right into our desires? The FDA (Food and Drug Administration) has helped to create this confusion by allowing manufacturers to use words like “supports, maintains, or enhances immunity” so long as the product does not promise to help prevent or lessen disease. Furthermore, such claims do not need to be supported by strong evidence. The FDA regulations that allow these types of claims (called structure/function claims) require a sophisticated knowledge base that most of us just don’t have. So while the claims on the product are not technically untrue, they imply more than the true ability of the product to keep us healthy. Experts in the study of the immune system do not believe that you can boost your immune system by adding vitamins and minerals as supplements or to foods. (The one exception to this might be with the frail elderly.)

The Nutrition Action Health Letter, March 2014, has reviewed several studies of products that promote immunity claims. They reviewed studies on free radicals, antioxidants, Vitamins A, C, D, and E, zinc and mushrooms and concluded

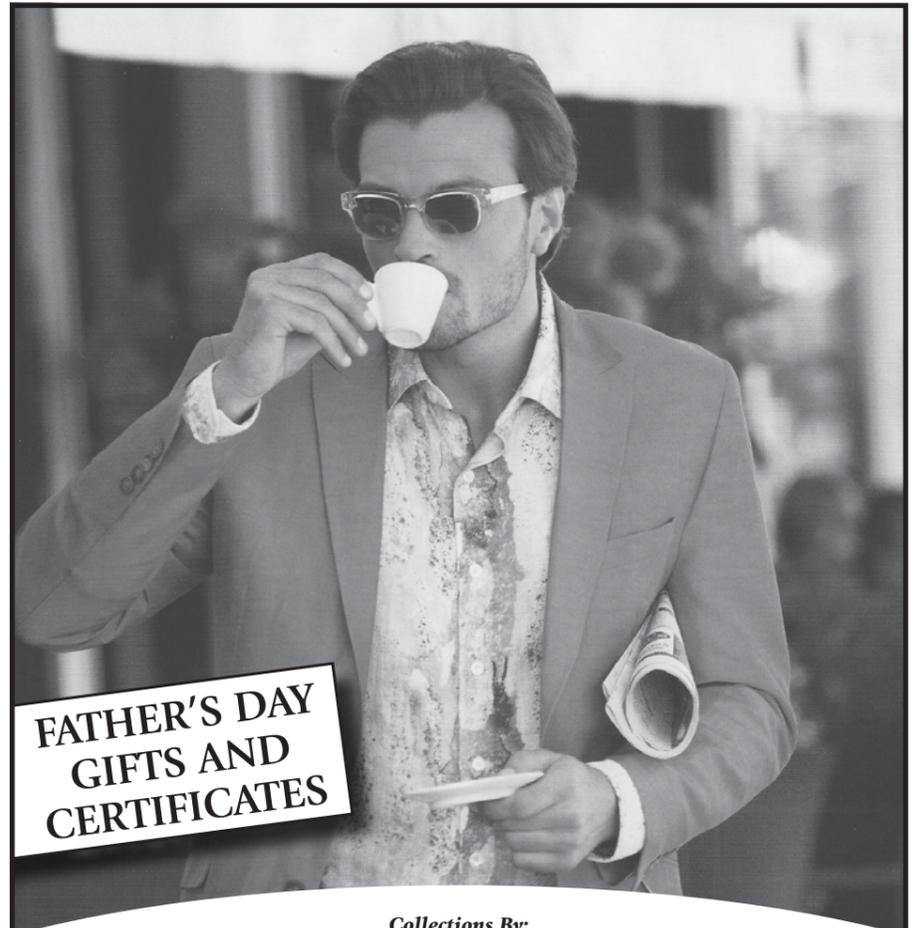
ed that none were particularly promising. Its experts state that these products may affect a component of the immune system, but this does not translate into less illness, any more so than a placebo does. Most of the products that you see on the market claiming to enhance or support your immune system should be purchased ONLY because you want that product, not because it will boost your immune system.

So is there anything you can do to improve your immune system health? The Harvard Health publication, “How to Boost Your Immune System” (excerpted from The Truth About Your Immune System) offers the following suggestions, which are basic healthy living strategies promoted by many health practitioners. They include: Regular exercise; better nutrition, with a diet high in fruits and vegetables and low in saturated fats and sugar; shedding excess pounds; adequate sleep; moderate alcohol; frequent hand washing; controlling blood pressure; and regular medical screening tests. Other groups add get a flu shot, keep a positive attitude and do what you can to minimize long-term stress. Some even suggest laughing more will help!

There will always be a next “superstar” to come along in the nutrition world. A small amount of research that shows a positive health effect may become a mass-marketing campaign. Don’t rely on advertisements as your source of education. Do a little research on your own.

Always share with your health care provider any alternate medical treatments you are using. Like any medicine, dietary supplements and “natural” products can cause side effects, trigger an allergic reaction or interact with other medicines you take. This can make a condition worse.

For a reprint of the Nutrition Action Newsletter (March 2014) or other written information on this topic, District residents (Bethany, Hamden, North Haven and Woodbridge) can call Quinnipiack Valley Health District, 203-248-4528 or request via email, dculligan@qvhd.org. If you are very interested in alternative medicine, visit the National Center for Complementary and Alternative Medicine at <http://nccam.nih.gov/health>. This column was authored by V. Deborah Culligan, Health Educator, QVHD.



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**SENIOR CENTER**

**Zumba Gold Class**

The class runs weekly at 9:00 am on Fridays and will meet in the cafeteria. All are welcome! Cost for the 6 week class is \$30.00. Payment is due when you register. Zumba Gold was designed for the active older adult, the true beginner, and/or people who are not used to exercising, or people who may be limited physically. It is done at a low intensity. Zumba Gold classes strive to improve our balance, strength, flexibility and most importantly, the heart. May 16, 23, 30 and June 6, 13, 20. To register call 203-389-3430.

**Exercise**

The Senior Center offers exercise (combination of cardio, strength training, flexibility, and aerobics) on Tuesday & Thursday at 10:00am in the gym.

The Woodbridge Recreation Department offers a variety of gentle and dynamic yoga classes; mornings, afternoons, and evenings. For more information, call Jim Franco at 203-389-3446.

**Shopping at Amity Shopping Center**

If you need a ride to pick up groceries, do banking, go to the drug store, etc.; please call the office at 203-389-3430 to make a reservation. The cost is \$4.00.

**The Senior Center Craft Group**

The Group meets every Thursday from 10am to 3pm. Knitting, Crocheting, Sewing, and Socializing are some of the activities of the group.

**Free Friday afternoon movies at the WSC**

(\$3 lunch and free popcorn will be served.) Movies are shown at the Senior Center on Friday afternoons at 1 pm. Join us at 12:15 for a nutritious \$3 lunch, followed by a movie with free popcorn (or just attend the movie at 1 pm).

**Mah-Jongg**

The Mah-jongg group meets every Monday and Friday in Room 15 from 10am to 12noon. Novices are welcome – they will teach you.

**EVENTS FOR JUNE**

- June 3 Tues John Paolillo – Entertainer
- June 6 Fri Five Wishes – VITAS – Helps you to express how you want to be treated if you are seriously ill and unable to speak for yourself.
- June 10 Tues Hearing Balance & Speech, Hearing Loss & the Brain Education Seminars
- June 13 Fri Keeping Strong (VNA Community) Food & Fitness Beth 203-458-1369
- June 16 Mon Suffolk Museum – call for reservation
- June 24 Tues Larry Batter – Entertainer
- June 25 Wed 911 Memorial/Museum Getaway Tours –Downs Trip Departs
- June 17 Tues Getting the most for your home – Emeritus Book Club – 11:15
- June 19 Thurs Yale Center for British Art “Making Sense of Art” 2:00 at the British Art

**BOOK CLUB**

On June 17th the club will meet in Room 15 at 11:15 a.m. Please call Mary D’Ostilio at 203-389-3429 for details.

**LUNCH BUNCH**

Share lunch and friendly conversation. Everyone is welcome, and it is “Dutch treat”. Van transportation can be arranged for a \$3 fee. Please call Lee at 203-389-3430 to make a reservation for the lunch and/or transportation.

**WALKING GROUP**

Meets each Friday at 10am to walk, weather permitting, at the Cornfield.

**TRIPS**

Call 203-389-3430 to register

Trips must be paid for at time of registration. Checks are payable to Getaway Tours.

**AUGUST 13-15, 2014** — Wednesday to Friday — Lake George & Saratoga. \$499 pp/dbl includes Saratoga Raceway Admission, Hotel Accommodations, Transportation, 5 Meals (2 Breakfasts, 1 Lunch, & 2 Dinners), Scenic Train Ride, Sightseeing Cruise, Taxes & Baggage Handling, Getaway Tours’ Tour Director, and Gratuities for Tour Director & Driver.

**AUGUST 19, 2014** — Tuesday—Block Island, \$119 includes ferry ride from Point

## SENIOR CENTER

“Senior Center” continued from Page 14

Judith RI, narrated island tour, lunch at The National Hotel, and driver’s gratuity.

**SEPTEMBER 17, 2014** — Wednesday—The Big E. \$49 includes transportation, admission to the “Big E” and driver’s gratuity.

**OCTOBER 21, 2014** — Tuesday—Oktoberfest. \$85 includes transportation, festivities and family-style luncheon at Platzl Brauhaus, and driver’s gratuity.

**TRIP CANCELLATIONS FOR DAY TRIPS** — Unfortunately NO REFUNDS can be issued for any cancellations made less than 30 days before a scheduled trip or event.

### Lunch Program

Lunch is served on Tuesdays and Fridays at 12:15pm. Call in reservations at least one day in advance. All meals include salad, bread, juice, coffee/tea, & dessert. Meals cost \$3. Take Outs cost \$4.

### JUNE MENU

Lunch is served at 12:15 p.m.

**Tuesday 6/3**

Baked Stuffed Chicken Breast

**Friday 6/6**

Shrimp Stir Fry

**Tuesday 6/10**

Turkey Meatloaf

**Friday 6/13**

Tuna Salad Plate served w/Fruit

**Tuesday 6/17**

Chicken Cacciatore

**Friday 6/20**

Baked Fish

**Tuesday 6/24**

Pork Loin

**Friday 6/27**

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## YOUR OPINION IS NEEDED TO DEFINE WOODBRIDGE'S FUTURE

Every 10 years, Woodbridge's Town Plan & Zoning Commission revises the Town's Plan of Conservation and Development (POCD). This document helps define Woodbridge's vision for its future and serves as a guide on many topics such as housing, open space and more. Recently, the TPZ hosted a community-event about the POCD and will hold a second one on Thursday, May 29 at 7 p.m. in the Center Gym.

Residents are also encouraged to share their opinions on several topics through a confidential online survey ([www.tinyurl.com/WoodbridgePOCD](http://www.tinyurl.com/WoodbridgePOCD)). "It is very important that residents come and express their views and hear other residents' views on the future of Woodbridge," says TPZ Chair Jeff Kauffman. "The POCD is a crucial document which allows the Town to become eligible for state grants, sets a blueprint for future development that may want to come to Town and informs the Town Government what the residents see in the future for their Town."

"This process only happens every 10 years; I hope Town residents will take advantage of this opportunity to influence such an important document," says First Selectman Ellen Scalettar. There will be another public workshop later this summer, and ongoing TPZ meetings will provide opportunities for the public to see the work in progress. The final document is expected to be finalized and published in early 2015. For more information, visit [www.WoodbridgePlan.com](http://www.WoodbridgePlan.com).

Woodbridge Town News

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## RABIES NOTICE

Although it is early in the warm weather season, there have already been two raccoons testing positive for rabies within the health district. One of these animals was very aggressive and bit a person. While rabies can occur in any mammal, it is most commonly seen in skunks, raccoons, and bats. Small animals like field mice or squirrels rarely, if ever, contract rabies. Because the possibility of rabies in wildlife is very real, you need to be very cautious when encountering wildlife and managing your pets. Keep the following actions in mind for your family's protection!



- Avoid contact with wildlife, including cute baby animals.
- If you see wildlife in the daytime, especially if the animal is acting unusually, stay away and call the Animal Control officer in your town. Generally, wildlife is nocturnal, but at this time of year, when their babies are born, they may forage during daytime hours. Therefore, a wild animal spotted during the day does not necessarily mean the animal is rabid, but you are advised to use caution.
- If you have a bat in the house, call animal control to capture it so it can be tested. This is especially important if you wake up with a bat in the bedroom or if the bat is found in the sleeping area of a small child or adult who is not able to give reliable information.
- Maintain a barrier between you and wildlife by vaccinating your pet against rabies. (This is required by law for both cats and dogs!)
- Spay or neuter your pet to decrease attraction of stray animals.
- Report ill, stray or unusually-behaving animals to your animal control officer.
- If your pet is in a fight with another animal, wild or domestic and unknown to you, never touch the wound with your bare hands. Use gloves if you need to examine it. The rabies virus is found in saliva and brain tissue of infected animals. Allowing the pet's fur to dry will further reduce your risk.
- Wash hands with soap and water immediately after any contact with a suspect animal or after inspecting a wound on your pet.
- Seek prompt medical attention if you are bitten by a wild animal or a domestic animal unknown to you.

The health district provides consultation on human exposures and the animal control officer in your town deals directly with the animals. For more information on rabies, District residents (Bethany, Hamden, North Haven and Woodbridge) can call Quinnipiac Valley Health District, 203 248-4528 or request information on line, [www.qvhd.org](http://www.qvhd.org).

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# CLUBS & ORGANIZATIONS



Woodbridge Rotary Club presented a check to Lee Canning of the Woodbridge Senior Center and Jeanne DelVecchio of the Bethany Senior Center. The funds were proceeds from the Rotary Club's recent Silent Auction and Homemade Wine Tasting and Contest fundraiser. Proceeds also benefited the Jewish Family Services Food Pantry and other Rotary projects. Pictured left to right are: Rotarian, Tony Anastasio, Rotarian, Robin Riley, Lee Canning, Woodbridge Senior Center Director, Jeanne DelVecchio, Bethany Senior Center Director and Rotarian, Buddy DeGennaro.



Pictured from left to right are Rotarian Dr. Guy Stella, Rotary Co-President Buddy DeGennaro, Student of the Month Nicole Simon, her mother Dr. Simone Simon and Karen Waterman, Amity High School College and Career Counselor.

## ROTARY STUDENTS OF THE MONTH

The Woodbridge Rotary Club recently honored Amity High School senior, Nicole Simon as Student of the Month. Ms. Simon was presented with a certificate of recognition by Rotarian Dr. Guy Stella.

Ms. Simon was nominated by Amity High School College and Career Counselor, Karen Waterman who described Nicole "as a joy to have around and an honor to know her". In addition to ranking high in academics, Ms. Simon also participates in the Theater productions at Amity High School and plays field hockey. She has also persevered as a gymnast. Nicole Simon plans to attend the University of Delaware to pursue a career as a physician's assistant.

Woodbridge Town News

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## DINING WITH SUSAN

By Susan Noonan



## GG'S WOOD FIRED PIZZA

GG's Wood Fired Pizza of Milford opened February 2013 at the Boston Post Road location that was formerly the iconic "Bar-B-Que" Restaurant. GG's quickly became one of the most popular spots in the area. Orange & Woodbridge Town News feature writer Laura Fantarella told me that she and her family love the food and I need to make a visit.

Owners George & Gregory Pastorok definitely know how to do it right and the two brothers have a very special story to share. They were raised in a family where food was the center of life. The Pastorok brothers always watched their grandmother Lena Delucia as she worked to carefully prepare each meal with such attention to detail, making the most memorable food they had ever eaten. They were amazed at her passion and instinct, a true master of work (something both brothers definitely inherited).

Every Sunday the family would gather at their grandparent's house which was set up like a restaurant in their basement complete with a full bar and kitchen. The brothers were given tasks like cutting the ravioli, tying the braciolo and peeling the garlic-lots of garlic! These meals were memorable and the family would eat, drink and listen to the stories of the old days. They were fortunate to have this background and even luckier to later watch as their mother Grace Marie cook with equal passion at their everyday meals as her mother Lena before her. The brothers feel that they have come back to their roots at GG's. They have owned three successful restaurants in Fairfield County-Georgie's Italian Restaurant-Shelton, G.P. Cheffields high-end steakhouse-Newtown and Gregory's Pizza-Monroe. The brothers say that their passion for pizza and Italian food is what makes them happiest.

The Pastoroks have a great staff that shares their passion and ideals of bringing happiness to all the customers that come through their door. They spend a lot of effort on training staff and preparing food that comes from years of watching, learning and a deep love for what they do. The Pastoroks are committed to a vision of using only the best seasonal, locally grown, organic product whenever possible. They serve a thin crust artisan pizza baked in a wood fired Mugaini oven (you can view a video on their website showing them actually building of the oven) at temperatures up to 1000 degrees. The scorching heat the oven generates creates a charring and blistering on the crust which makes the pizzas taste so great. GG's uses only local natural hardwoods to give the pizza a crunchy airy crust with bits of smoky char. The dough is all natural and made from 00 Caputo flour hand grown in the valley of Campania Italy. The tomatoes are certified "DOP" San Marzano from Italy grown in the shadow of Mount Vesuvius. GG's has monitors set-up in the dining room so their customers can actually see the pizzas being made in the kitchen.

In addition to the incredible pizza (all pizza is available with vegan cheese) the menu also offers appetizers (my favorites are "Log Cabin" stacked garlic bread with warm gorgonzola sauce, "Meatball Pot" with burrata cheese & "Eggplant Stacker" fried eggplant, fresh mozzarella & arugula), salads, wood fired wings and entrees including chicken parmigiana, ravioli, spaghetti, etc. They offer a daily special menu as well. GG's salads and entrees are available in single portions or family style that serves 3-4. The prices are extremely reasonable, for example a large pizza with mozzarella is only \$12.75, ravioli-\$10.00, chicken parmigiana-\$12.00. GG's amazing desserts are made on premise and many feature Milford's popular Bucks Ice Cream. Some of my favorites include "Vintage Carnival" fried dough, cinnamon sugar, caramel & salted caramel gelato, "Smittenwhich" two oatmeal chocolate chip cookies sandwiched with cookie dough ice cream, Cheesecake New York style with a touch of ricotta & lemon zest served with apricot preserves (there are also 6 other decadent desserts available). You can view GG's entire menu on its website below. In addition to the dining room, GG's has a full bar featuring a wide selection of cocktails, wine and beers by the bottle or on tap. The bar area also serves lunch and dinner.

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Final notes: GG's is definitely a hidden gem in Milford. Why venture to New Haven when you can experience even better pizza at such budget friendly prices just down the road in Milford? George and Gregory's passion for their food is a priceless gift that they received from their family. As I said before "they definitely know how to do it right"! Make a visit soon to this very special Italian restaurant. Please remember to support our local family owned businesses. If you have a favorite restaurant e-mail [susan@orantownnews.com](mailto:susan@orantownnews.com) or [susan@woodbridgetownnews.com](mailto:susan@woodbridgetownnews.com).

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Rose McIver

**Q:** My girlfriends and I had a lot of fun watching Lifetime's adaptation of **V.C. Andrews'** book **"Flowers in the Attic."** Are there plans to turn any more of the books in the series into movies? -- Steff S., Orange Park, Fla.

**A:** You're in luck, Steff. Lifetime has indeed filmed the sequel to **"Flowers,"** which is called **"Petals on the Wind."** It is scheduled to premiere Monday, May 26, at 9 p.m. ET/PT. If you aren't familiar with the books, the film begins 10 years after the Dollanganger siblings have escaped the attic where their mother, Corrine (**Heather Graham**), and grandmother Olivia (**Ellen Burstyn**) kept them locked away for more than two years.

"Petals on the Wind" continues to follow the twisted plight of the family, a decade after Cathy (**Rose McIver**), Christopher (**Wyatt Nash**) and Carrie (**Bailey Buntain**) escaped from their grandparents' attic at Foxworth Hall. But as they attempt to move beyond their sordid past, they soon discover that certain secrets can't be left behind.

When Cathy finds herself in an abusive relationship with a fellow dancer, Julian (**Will Kemp**, **"90210"**), Christopher and Cathy are forced to face the forbidden feelings they developed for one another while coming of age during captivity. But when tragedy strikes the Dollangangers once again, Cathy returns to Foxworth Hall to confront her grandmother and seek revenge on her mother with a plan to seduce her husband, Bart (**Dylan Bruce**).

\*\*\*

**Q:** I had heard awhile back that **Robert De Niro** was going to star in an HBO drama series, but I haven't seen anything

about it since. Do you know if that's still going to happen? -- Donnie F., via email

**A:** Well, it is ... and it isn't. The series is still happening, but Robert De Niro won't be involved. **"Criminal Justice,"** a seven-hour miniseries based on the BBC's 2008 **Peter Moffat** drama of the same name, was supposed to star **James Gandolfini**. When James passed away last June (after already having filmed the pilot), De Niro was tapped to star in his place. However, he had to pull out due to a scheduling conflict, so **John Turturro** has stepped in to play the lead, Jack Stone, an unscrupulous New York City lawyer who defends a Pakistani man (**Riz Ahmed**) accused of murder.

\*\*\*

**Q:** You had mentioned awhile back that **"Mistresses"** would be returning to TV this summer. I've been looking for a premiere date, but can't find out when it'll be back. Can you help? -- Holly T. in West Virginia

**A:** **"Mistresses"** -- which stars **Alyssa Milano, Rochelle Aytes, Jes Macallan** and **Yunjin Kim** -- will return to ABC on June 2 at 10/9c with a 13-episode second season. Based on the U.K. hit series of the same name, "Mistresses" is a provocative drama about the scandalous lives of a group of four friends, each on her own path of self-discovery.

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# ARTS & LEISURE



## AMITY PERFORMING ARTS MAKES IT YOUR TIME TO SHINE

The Award winning Amity Performing Arts Department is offering two incredible camp opportunities for young people this summer. The Amity Summer Theater Camp is back for its 7th summer under the direction of Rob and Andrea Kennedy. This day camp features classes in singing, dancing and acting. The camp will end in a performance of "Broadway Classics" celebrating Broadway's rich history. Rob and Andrea Kennedy, the award winning directors of In the Heights, Legally Blonde and Grease and their staff of theater counselors will fill the summer with music, dancing and fun. The camp is open to students grade two through high school, and is designed to teach students voice, dance and acting skills; give them performance experience; ignite their creative spirit; build a sense of accomplishment, build community and encourage them to have fun! The camp culminates in a full production where all of the students participate. All skill levels are welcome.

Also this summer, for the first time, Amity is offering an instrumental summer camp as well! Award winning band director and orchestra conductor Phil Dolan has created this brand new camp designed for all skill levels, from the beginner who wants to learn how to play an instrument to the advanced player that wants to get better. Daily lessons in music and performance will lead up to a final camp production. A great new experience for all budding musicians! Instrument rental is also available to those who require it.

Both camps will include a camp T-shirt and lots of fun activities like: Wacky Wednesday, the Ice Cream Extravaganza, Friday Share Days, the camp Olympics and much more! For information, Contact Amity Performing Arts at amitysummercamp@gmail.com or register at <https://amityadulterd.myprogramplus.com/>.

## A SWEET VOICE TO RAISE FUNDS FOR SISTER'S CURE

Dasi Sessel, a tenth-grader from Orange, Connecticut, never considered age as a barrier to changing the world—as soon as she began pursuing her passion for singing in 2009, she knew she wanted to use her talent to help others.

At the tender age of nine years old, Dasi's sister was diagnosed with Crohn's disease, a chronic auto immune and inflammatory bowel illness. And so began the years of frightened phone calls, emergency room visits, hospitalizations, and regular doctor appointments. Dasi was deeply affected by her sister's suffering, and remembers Raizy "missing school, sleeping a lot, and looking so drained while she was taking so much medicine."

The as-of-yet incurable Crohn's disease is a painful affliction of the digestive system highly prevalent among Ashkenazic Jews, who are almost five times as likely to contract Crohn's disease and ulcerative colitis. Suffering patients find that almost every aspect of their lives is impacted, and flare-ups happen fiercely and without warning. "The beginning was overwhelming, and navigating the health-care system was impossible.

Communicating with my daughter's school became a challenge," says Dasi's mother, Debbie Sessel. "Teachers just didn't understand how important sleep was and how to adjust her workload so that she could continue with her classes in a stress-free way. Patients with these types of diseases seem to hold all of their stress in their gut, so reducing the stress of missed days became an ongoing challenge."

But from the turmoil of chronic illness emerged a firm resolve in the heart of Dasi Sessel, who now attends Rohr Bais Chaya Academy in Coral Springs, Florida. "I decided back then that I wanted to do whatever I could to find a cure for this terrible disease," she explains.

With this unique combination of passion and purpose, the UNITE FOR THE CURE Benefit Ladies' Night Out concert was born. "We've always wanted to organize a fundraiser in support of finding a cure. When the idea of a benefit concert was suggested, Dasi was so enthusiastic and the idea just took off," says Debbie Sessel, event coordinator and proud mom.

The event promises significant impact: two matching donors have each pledged \$5,000, which means the funds raised by Dasi's concert could well exceed her \$20,000 goal. All proceeds from the concert will benefit The Crohn's & Colitis Foundation of America, the largest non-profit organization dedicated to finding cures for Inflammatory Bowel Diseases (IBD).

Performances will be given by DASI, who showcases a sweet, pure voice, and Riv Eilfort, a songwriter and guitarist who has moved audiences across the nation with her soulful lyrics. A key highlight of the evening will be inspirational and spiritual insights from Kabbalah Coach Shimona Tzukernik, who guides individuals and corporations in spirituality-based personal transformation. The night will also include a tribute to Raizy Sessel's pediatric gastroenterologist, Dr. Sandra Escalera, of North Haven, CT, for her commitment and devotion to her patients, and the special connection she has with the Sessel family.

The Bijou Theater in Bridgeport, Connecticut, is the perfect venue. The intimate, restored cabaret playhouse will allow for the audience to feel a connection to the performers and speakers, and bring the reality of living with chronic diseases to the forefront of their minds. Tickets to this Ladies' Night Out tribute and concert, which include wine and refreshments, can be purchased for \$45.

"Too many people we know have faced the fear, the unknown, and the unpredictable consequences of Crohn's and colitis," Debbie Sessel says in a fund-raising appeal. "Awareness is so important—there are many moms who have contacted me for advice, guidance, and support as they go through the same experience we did. Knowing that so many others share these challenges is comforting."

Dasi is excited for this event, which she hopes will become an annual gathering. It will be held on Tuesday, June 10, at 7:00pm. "Let's continue to join together knowing that yes, we can make a difference, and finding a cure would be even better!" she declares confidently. For more information, to purchase tickets or make a donation, visit DASI's website, [www.dasisessel.com](http://www.dasisessel.com).



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# ARTS & LEISURE



[Photo by Amanda May Aruani]

## ARTS COUNCIL ANNOUNCES AUDUBON ARTS ON THE EDGE

On Saturday, June 7, from 12-5 p.m., families with children of all ages are invited to join us on Audubon Street (between Whitney Avenue and Orange Street) for Audubon Arts on the Edge, an afternoon of free, family-oriented music, dance, hands-on arts-and-crafts activities, and interactive educational programs. Rain or shine! Several young performers will take the stage including St. Luke's Band, Neighborhood Music School DoSo Band, New Haven Ballet, Wudang Kung Fu Academy Wushu Ensemble as well as various performances by the ACES Educational Center for the Arts and more.

In addition to great music and dance, Audubon Street itself will morph into a concrete canvas on which artists of all ages can create a meandering chalk mural. Children will also be able to make music at the "instrument petting zoo," create art on a giant painting wall, and make useable art from recycled materials. There will also be host of other engaging activities for kids of all ages.

For more information about Audubon Arts on the Edge, including a detailed schedule of events, visit [newhavenarts.org](http://newhavenarts.org) or call (203) 772-2788. Audubon Arts on the Edge is organized by the Arts Council of Greater New Haven, Creative Arts Workshop, ACES Educational Center for the Arts, Neighborhood Music School, and the New Haven Ballet.

Audubon Arts on the Edge is made possible by presenting sponsor First Niagara and additional sponsors Audubon Arts & Retail District, The Community Foundation for Greater New Haven, DECD, Office of the Arts, Pfizer, Star 99.9, Suzio Yorkhill and The Werth Family Foundation.

## GNH COMMUNITY CHORUS 50<sup>TH</sup> ANNIVERSARY SPRING CONCERT

Greater New Haven Community Chorus will perform the world premiere of *Voices of One*, a commissioned choral piece by award-winning composer Jake Runestad at its 50th anniversary spring concert – *Spirit* – on Saturday evening, May 31 at 8:00 p.m. at Battell Chapel on the Yale University campus. A special pre-concert presentation by the composer will take place prior to the concert at 7:00 pm.

The choral composition *Voices of One*, is the final stage of the chorus' year-long creative development process: Photography and poetry contests encouraged amateur photographers and poets from the Greater New Haven area to contribute to the creative process through their art forms. Poems, based on winning images chosen in the photo contest, were then offered to Runestad as a basis of the text for the choral work, which he set to music.

The concert will also include *Rejoice in the Lamb* by Benjamin Britten, as well as works by Gwyneth Walker, Gerald Finzi and Frank Ticheli. Tickets are on sale at [www.gnhcc.org](http://www.gnhcc.org) or at the door the evening of the performance. More program information can also be found at its website.

Runestad is noted for his versatility and wide range of expressive capabilities with music driven by soaring melodies, driving rhythms, and lush textures. Considered "highly imaginative...with big ideas" (Baltimore Sun) and "stirring and uplifting" (Miami Herald), Jake has received commissions and performances from leading ensembles such as Seraphic Fire, the Louisiana Philharmonic Orchestra, VocalEssence, the Master Chorale of Tampa Bay, the Dayton Philharmonic Orchestra, the Cincinnati Vocal Arts Ensemble, Cantus (Minnesota), and the Rockford Symphony Orchestra. A diverse composer, Mr. Runestad's prolific body of work represents many genres – including music for wind band, chorus, orchestra, chamber ensembles, jazz ensembles, and opera. He has received awards and grants from ASCAP, the American Composers Forum, the Peabody Conservatory, the Otto Bremmer Foundation, VocalEssence, the Virginia Arts Festival, the National Association for Music Education, the Association for Lutheran Church Musicians, and the American Choral Directors Association of Minnesota.

Jake Runestad holds a Master's degree in composition from the Peabody Conservatory of Johns Hopkins University where he studied with Pulitzer Prize-winning composer Kevin Puts. He has also studied extensively with acclaimed composer Libby Larsen. Mr. Runestad currently lives in Minneapolis, MN.

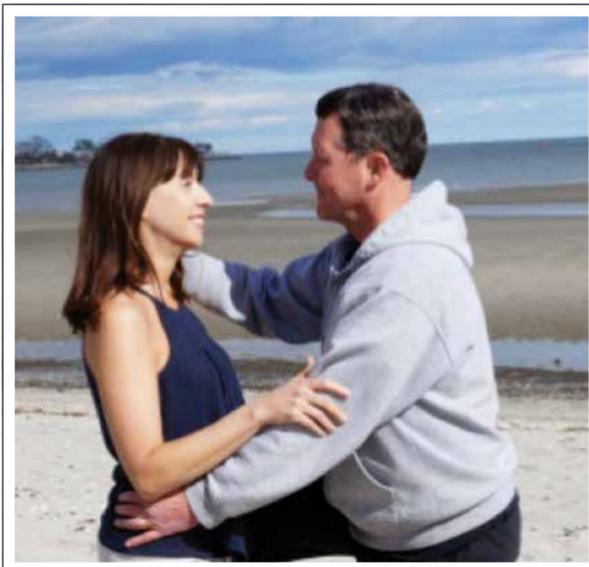
Mr. Runestad, who is also a conductor and has worked with student, volunteer, and professional ensembles across the U.S. will lead a sight reading workshop for choral singers on May 28 at Hamden High School sponsored by GNHCC. An advocate of new music, he has conducted the premiere of several of his own works. His acclaimed choral work "I Will Lift Mine Eyes" will be used in the workshop. Registration for the event can be found at [www.gnhcc.org](http://www.gnhcc.org).

## CENTER FOR THE ARTS PRESENTS "TO GILLIAN, ON HER 37<sup>TH</sup> BIRTHDAY"

Eastbound Theatre, a division of the Milford Arts Council, presents the final show of its 20th season, the touching comedy "To Gillian, on Her 37th Birthday", by Michael Brady, directed by Nancy A. Herman. The production will run from June 6 through June 22, 2014 at the Milford Center for Arts, 40 Railroad Avenue, Milford. Friday and Saturday performances are at 8pm, Sunday matinees are at 2pm. Tickets are \$17.00 general admission, \$15.00 for seniors and students. Purchase tickets at [www.milfordarts.org](http://www.milfordarts.org) or call 203-878-6647.

The show features John Bachelder of Woodbridge, Deanna Hartog of Westport, Marc Hartog of Westport, Leigh Katz of Westport, Kimberley Lowden of Stamford, Emily Pizarra of Milford, and Alisson Wood of Stratford.

David is a widower living with his daughter Rachel. Since the death of his wife Gillian on the day of her birthday two years ago, he has retired from teaching and instead he spends his time brooding at their island beach house, trying to connect with Gillian's spirit. His love for her and his inability to cope with her loss blinds him to the increasing strain on his relationship with his daughter, and her need for his love and guidance. As Labor Day approaches, David's sister-in-law Esther and her husband Paul come to visit, bringing with them a woman named Kevin as a blind date for David. Tensions rise as the family tries to finally deal with their grief and find a way to move on.



Michael Brady has produced several other highly acclaimed works, including *Sara*, which was produced by the Equity Library Theatre at Lincoln Center, and *Korczak's Children*, which won the first Jesu Award in 1982. *To Gillian* was not only made in to a major motion picture in 1996, but awarded the Oppenheimer Award for best play of 1993.

As director Nancy A. Herman explains, "What I like best about this play is the multi-layered characters that



Michael Brady has written. Virtually every role provides wonderful and fertile material for actors and a director to use to create textured and nuanced performances. I also really like the fact that it is a sort of 'slice of life' piece, where the audience basically drops in to one weekend in the lives of these multi-faceted and flawed individuals. It's great fun to work with such a talented cast that is willing to explore with me both what is likable about them and what is not."

# WOODBIDGE LIBRARY

## Adult Events

You may register for the following programs by stopping by the Circulation Desk, calling 203-389-3433, or emailing [kward@woodbridgect.org](mailto:kward@woodbridgect.org) with your name and phone number.

### Learn All about Craft Beer and Enjoy a Beer Tasting with New England Brewing Company

Tuesday, May 27 @ 7pm - ages 21 and older - Become a beer expert with Rob Leonard, founding partner of New England Brewing Company. During this presentation, you will learn about the history of beer, how craft beer is made, differences between varieties, and more! Samples of New England Brewing Company beers and paired snacks will be served.

### Axis 360 Introductory Class

Wednesday, June 11 @ 3pm - Stop in and learn about our new e-book vendor Axis 360. Bring in your e-reading device or laptop and we will get you started on Axis 360. You must be a Woodbridge resident with a valid library card to use this program. If you are tired of waiting for e-books on Overdrive, this program is for you. We have nearly 200 titles ready for check out, including many New York Times bestsellers. Registration required.



### The Gargoyles Of Yale University With Author Mathew Duman

Wednesday, June 11th @ 7pm - Explore Yale's Grotesque side with author and photographer Mathew Duman and learn about his book, *An Education in the Grotesque: The Gargoyles of Yale University*. Mathew grew up in Bethany, CT and attended Amity Senior High School. After taking additional photographic trips to Italy, Africa, Australia & New Zealand, Matt returned to the New Haven area & works as a pho-

tographer & graphic designer. As a personal project, Matt has explored the variety of sculpture found on the buildings of Yale University and has researched and documented these new world grotesques which are much closer but no less interesting than their European counterparts.



### Miniature Garden Workshop

Saturday, June 21 @ 11am - In this hands-on workshop led by master gardener, Rhonda, of Garden Inspirations, participants will learn the secrets of designing, planting, and maintaining a miniature garden. And you'll have fun making your own little garden for yourself or as a gift. You may wish to make a charming beach or tropical scene, woodland scene, serenity Zen garden, gardening or farm scene, or fairy garden. The style of miniature accessories are smaller, adorable versions of what you can realistically find in larger landscapes. Plants used are low-maintenance and low light, including ferns and succulents. Students should bring their own container (a 10-12" wide bowl or oval pot, 4-6" deep). A \$35 materials fee for basic miniature garden supplies is payable to instructor day of class, and additional miniature materials may be purchased if desired. Limited space, registration required.

### Film Screenings

**Philomena** - Thursday, May 29th @ 7:00 pm - Rated PG-13. 98 minutes. A world-weary journalist picks up a story of a woman's search for her son, who was taken away from her decades ago after she became pregnant and was forced to live in a convent.

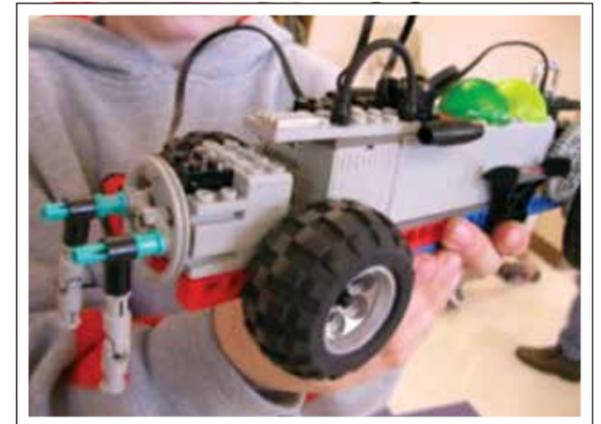
**August: Osage County** - Thursday, June 5 @ 7pm - Rated R. 121 minutes. A look at the lives of the strong-willed women of the Weston family, whose paths have diverged until a family crisis brings them back to the Oklahoma house they grew up in, and to

the dysfunctional woman who raised them; starring Meryl Streep and Julia Roberts.

**Frozen** - Thursday, June 12 @ 7pm - Rated PG. 102 minutes. - Fearless optimist Anna teams up with Kristoff in an epic journey, encountering Everest-like conditions, and a hilarious snowman named Olaf in a race to find Anna's sister Elsa, whose icy powers have trapped the kingdom in eternal winter.

## Children's Events

Register for the events below by calling the Children's Department at 203-389-3439 or emailing [childrensprogram@lioninc.org](mailto:childrensprogram@lioninc.org).



### Engineering Workshop with LEGO

For ages 7-11 - Saturday June 7 @ 2-3:30 pm - Learn about physics, engineering and architecture at this special hands-on workshop. Use LEGO blocks to create gear drive vehicles. Instructors from Play-Well TEKnologies will be on hand to help with problem solving skills and guide children through the building process. Please note: this program is limited to 24 participants and children will not be able to keep their vehicles.

### 10's to Teens Art Session

Wednesday, June 18th @ 6:30pm - For kids grades 4 and up - Let's create something usable from empty yogurt containers. Once the yogurt's gone, what's to be done with the container?

### Teen Events

#### Slap Art Session

Wednesday, June 18th @ 6:30pm - For high school students - Let's create something usable from empty yogurt containers. Once the yogurt's gone, what's to be done with the used vessel?

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## Wine Talk

With Ray Spaziani



### MEMORIAL DAY IN THE WILIMET VALLEY



In 1965 David Lett plants Pinot noir and related cool-climate varieties in the Willamette Valley.

Five bonded Oregon wineries with 35 vineyard acres by 1970 were in existence. Senate Bill 100 is passed, which created Oregon's revolutionary comprehensive statewide land use planning goals and the great legacy of Governor Tom McCall. Many people involved in the then infant Oregon wine industry actively worked on the passage of this legislation. Their work is credited—in large part—for keeping the hillsides in agricultural rather than residential use. The result, even near urban centers, is acres of vineyards and orchards.

The existence of clones of wine grape varieties – and their potential importance – is first recognized by growers in the Willamette Valley. In the 1960s and early 1970s, growers only knew that they needed to match the variety to the climate. They simply ordered the cool climate variety they wanted; no one mentioned a specific clone. By blind luck, Oregon started its Pinot noir plantings with the “Wädenswil” and “Pommard” clones, which happened to combine low production and high quality. Clones of other varieties were not as perfect. In 1974 Dick Erath helped bring more clones of Pinot noir and Chardonnay from UC Davis for potential study. Dr. Ron Cameron at Oregon State University agreed to set up a grapevine quarantine program so material could be brought to Oregon from outside the U.S. David Adelsheim first saw the clonal selection programs for Pinot noir and Chardonnay in Burgundy and arranged for the importation of a few clones of Chardonnay, Pinot noir and Gamay noir from a research station in Espiguette. With the help of Charles Coury, Jr., 15 clones of Alsatian varieties were sent to Oregon State University.

L'Omelette Restaurant, the trendy Portland spot in the '70s, introduces the first wine list featuring an Oregon wine section. The wine list was created by David Adelsheim, then sommelier, now president of Adelsheim Vineyard. Other restaurants soon followed suit. A handful of Oregon winery owners gather over a kitchen table to create the first “Discover Oregon Wines” brochure, to function as both a backgrounder and as a tourist guide.

#### 1979 Oregon Shocks the Wine World

Gault-Millau French Wine Olympiad places The Eyrie Vineyards 1975 South Block Pinot Noir in their top ten in the Pinot noir category, resulting in the first international recognition of Oregon.

May is Oregon wine month. Memorial Day is a great celebration throughout Oregon for the great wines produced throughout this area of our nation. People come from all over the world to enjoy the wonderful wines of Oregon during this time of year. The Chardonnay is a single fermentation wine that is crisp and clean and wonderful deck wine for this time of year. The Pino Noir is rich and deep and wonderful. Enjoy the wonderful wines from the Willamette Valley and you will be glad you did!

P.S. Someone wanted to produce a vineyard in Orange and was given a lot of grief just like the wine makers from Oregon had. We have a wonderful winery in Woodbridge and 2 in Wallingford; why not a winery in Orange? It is a town founded on seven Hills just like Rome. Would it be wonderful some day to have people come from all over world to enjoy the wines from Orange, Connecticut?

Our Wine Quiz: What Italian wines are named dolce for dry and secco for sweet?

Ray Spaziani is the Chapter Director of the New Haven Chapter of the American Wine Society. He teaches wine appreciation classes at Gateway CC and is a member of the International Tasting Panel of Amenti Del Vino and Wine Maker Magazine. He is an award winning home wine maker Email Ray with your questions and wine events at ray.spaziani@gmail.com.

## TO YOUR GOOD HEALTH

### TRENDS IN INSURANCE IN PHYSICAL THERAPY

As the healthcare system gets reformed politically, there are several trends that are occurring and will occur with receiving healthcare going forward. Many of these changes may alter how patients receive and ultimately pay for services moving forward. The many stresses of our current economy also place more burden on patients, providers, and business owners across all disciplines. For the purposes of this article, I will be focusing on the growing trends that occur in outpatient physical therapy.



Michael Dow

As of October 1, 2006, state legislature passed the direct access bill for physical therapy in Connecticut. This law permits patients to seek physical therapy without the need to obtain a prescription first. This allows patients to obtain physical therapy immediately without having to see a physician or orthopedist first. This law is not intended to defer patients from seeking medical attention for your orthopedic care, but rather allows one to receive immediate effective care first. Patients always have the option of seeing a physician before or during the physical therapy regime. Insurance carriers, including Medicare, fully support this change and direct access does not negatively affect reimbursement.

This change in state law applies for both exacerbations of older injuries as well as new orthopedic conditions. After the evaluation, if an immediate need is found, then a referral to a physician and/or specialist is often recommended.

Generally insurance plans, including Medicare, commercial carriers, and Workers' Compensation, allow for physical therapy visits. In most cases all or the majority of the fees are covered. Each insurance plan varies, and it is important for patients to know the differences of the nuances in order to receive and pay for their care.

For physical therapy in an office setting, most plans require a co-pay or deductible to be paid at the time services are rendered. Over the last few years, both co-pays and patient responsible deductibles have risen to higher amounts. Copays are in lieu of reimbursement, not in addition to it. This places more financial responsibility by insurance companies onto the patient, while concomitantly it is growingly common for insurance companies to reduce the fee schedule paid to providers. And, as most small business owners can attest, the operating expenses to render services to patients typically go up.

The majority of commercial plans allow a certain number of visits per calendar year, regardless of the condition being treated. Several companies also require pre-authorization after the evaluation and need to approve the visits prior to being treated for the next session. It is important for patients and providers to know this and start that process promptly so that the patient does not experience a long wait time prior to receiving the care they need. Typically upon contacting our office, the office staff will gladly call prior to a patient's first appointment to verify benefits and alert patients of any amount for which they may be responsible.

Medicare changes have also made things confusing for elders. At the time of this article, Medicare has a dollar cap per annual year for therapy services. The number of visits is dictated by the procedures billed by the provider. Also Medicare pays for 80% of the allowed amounts, and patients often have a secondary insurance to cover the additional 20% remaining. There are exceptions to go over the cap, on a case by case level based on medical necessity rules, so it is important for the therapist and your physician to keep track and have open dialogue in order to coordinate appropriately and provide the best interests for the patients' needs.

All of these trends can present challenges and basically leads to the mantra: Providers and patients need to work together, to accomplish more in treatment, with less time/visits, and with more patient fiscal responsibility – all while staying organized to prevent unnecessary delays by insurance companies. In closing, this article only brushes upon the ever changing insurance reimbursement world, and I am sure there is more to come.

Michael Dow, MSPT is founder and Clinic Director of Amity Physical Therapy with offices in Woodbridge, Hamden and Branford. He received his degree from Sacred Heart University, and has been recognized by the U.S. Dept. of Health and Human Services for his work with the National Multiple Sclerosis Society. He treats patients of all ages, pediatrics to geriatrics, as well as local high school and college athletes. He can be reached at 203-389-4593 or email: mike.amitypt@yahoo.com. Also visit www.amitypt.com.

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*We have been contacted by several other oil companies who offered everything from free furnace checks to lower prices. I WOULDN'T DREAM OF SWITCHING... although I am usually ready to save \$\$, it's because you made such a good impression on me twice. The first time you came to my home you were pleasant, unrushed, friendly, and trustworthy. The second time, you recognized me and remembered me by name at the Shell station. A small detail? Not by my standards.*

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Dear Pete,

*I came home from vacation Saturday night about 11 o'clock & the first thing I did was turn up the heat. Guess what? No heat - the furnace was off & a big pool of water surrounded it. I immediately called Tamaro Oil and talked to Dave. He was here to rescue me in 20 MINUTES! No one can get better service than that and I just want to say "Thank You" for being there for me when I really needed you.*



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# BULLETIN BOARD

*Please Note: If you have an event for the Bulletin Board, please send it along no matter how far in advance it is.*

*We will include it in the appropriate issue(s) until the event has taken place.*

**Boy Scout Troop 63**, meetings Monday nights from 7:00 pm – 8:30pm, Our Lady of the Assumption “Mother” Church, 1700 Litchfield Turnpike (Rte. 69), Woodbridge; September- April and May-June outdoors at Camp Whiting, all boys ages 10 and up or who have completed the fifth grade are welcome to stop by and see what we’re all about. For more information, visit <http://www.troop963.org> or email Troop63CT@gmail.com.

**Woodbridge Republican Town Committee Meetings**, second Tuesday of each month, 7:30pm, Center Cafeteria. Visitors welcome and urge you to join us. For information, go to [www.woodbridgegop.org](http://www.woodbridgegop.org).

**Spring Entrepreneur Series**, Every Thursday, 5:30-8:00pm (PDT), New Haven Free Public Library, 133 Elm Street, New Haven, View Map, sponsored by SCORE New Haven (<http://newhaven.score.org/>) and the New Haven Free Public Library to help participants establish a business plan, understand basic financial statements, learn how to build a recognizable brand, and manage technology effectively. Participants will receive a certificate of attendance upon successful completion of the series.

**Alzheimer’s Community Caregivers Support Group**, 2nd Thursday of the month, 5:00pm, Arden House,

Conference Room, 850 Mix Avenue, Hamden. Call Maria Paduano, Program Director to RSVP or for more information at 203-281-3500, ext. 7669; [www.geneshicc.com](http://www.geneshicc.com).

**Woodbridge Rotary Club Meetings**, 1st and 3rd Friday of the month, 7:30am breakfast meeting, Country Corner Diner, 756 Amity Toad, Bethany and the 2nd and 4th Friday of the month, 12:15pm luncheon meeting, Carmine Tuscan Grill, 1500 Whalley Avenue, New Haven. Anyone interested in learning more about Rotary should contact Anna Dickerson at 203-710-0223 or email [annadickerson@yahoo.com](mailto:annadickerson@yahoo.com).

**Annual Fund Drive for Bethany’s Clark Memorial Library**, contributions requested to help for the cost of a website to update services, etc.

**Trap Falls Kennel Club Obedience Classes**, every level, AKC STAR Puppy (obedience for dogs under 12 months) and Family Manners Classes/Obedience & Canine Good Citizen; Wednesday and Thursday evenings, Pawz for Wellness in Shelton, CT. For registration and/or information, call 203-450-9485 or email [tfkctraining@gmail.com](mailto:tfkctraining@gmail.com). Trap Falls Kennel Club is a non-profit member club of the American Kennel Club (AKC).

**Bethwood Softball**, now accepting player registrations for its Spring season; Girls living in Bethany and Woodbridge between the ages of 6-14 years old are eligible to play. For more information and to register on-line,

visit: <http://www.bethwoodsoftball.org/>.

**Amity Parent Support Group**, meets every other Friday morning, 7:45am, Woodbridge Senior Center Lounge, 4 Meetinghouse Lane, sponsored by Amity High School, Woodbridge Youth Services and the Orange Drug and Alcohol Action Committee, local parents who struggle with children who are, or may be involved with, substance abuse share experiences and concerns in a confidential setting. For more information, please contact Nancy Pfund at 203-389-3429, or e-mail [npfund@woodbridgect.org](mailto:npfund@woodbridgect.org).

**Indian Film Series**, Saturday, May 17, 2014, 2:00pm, New Haven Free Public Library, 133 Elm Street, “Salma” a 2013 film directed by Kim Longinotto tells the story of a young woman whose masterful poetry finally delivers her from family and cultural oppression. Shown in original languages with English subtitles. Free. For more information, call 203-946-8835.

**Indian Film Series**, Saturday, June 14, 2014, 2:00pm, New Haven Free Public Library, 133 Elm Street, “Made in India” (2010, directed by Rebecca Haimowitz and Vaishali Sinha) - documentary about real people involved in international surrogacy. Shown in original languages with English subtitles. Free. For more information, call 203-946-8835.

**Bethany Volunteer Fire Department & Auxiliary 7th Annual Car, Bike & Truck Show**, Saturday, June

21, 2014, 11:00am-5:00pm, Bethany Airport Field (adjacent to fire headquarters), 765 Amity Road, Bethany; garden tractor pull event-registration 9:00am and pulling 10:00am. All antique cars, trucks, muscle cars, motorcycles and big trucks should arrive at 10am, people’s choice judging, raffle and trophies distributed at 3:30pm, cost \$10 for parking per carload/show vehicle and \$5 entry fee for the garden tractor pull event; offering a 50/50 raffle, face painting & tattoos and a DJ; food tent with pulled pork sandwiches, sausage & peppers, hamburgers, cheeseburgers, hot dogs and ice cream. If you have any questions, contact Amy Cogill at 203-410-2602 or Rich Cogill at 203-954-8597 or visit <http://www.bvfdct.com/>.

**Indian Film Series**, Saturday, July 11, 2014, 2:00pm, New Haven Free Public Library, 133 Elm Street, “Lunchbox”, a 2014 romantic story about how a rare mix-up of the famous dabbawalas of Mumbai leads to a compelling relationship between two strangers. Shown in original languages with English subtitles. Free. For more information, call 203-946-8835.

**Doll-Like: An Exhibition and Community Curated Doll Collection**, now through July 20, 2014, John Slade Ely Center for Contemporary Art, 51 Trumbull Street, New Haven, an Exhibition and Community Curated Doll Collection curated by Debbie Hesse and Paul Clabby.

## ADOPT A GREYHOUND

**WHAT:** Greyhound Adoption Open House

**WHEN:** Sunday, May 25, 3 p.m. to 5 p.m.

**WHERE:** 105 Fairwood Road, Bethany

Take one or more Greyhounds; add one or more soon-to-be Greyhound lovers, and all the Greyt Expectations - of Greyhounds and people - are fulfilled. The Greyhound is a people-oriented pet. He will fit into your family life as though he was always there. He will be as comfortable in your home as you are. He will be your companion. Come to our Adoption Open House and meet available Greyhounds ready for their forever homes.

REGAPCT will be participating at the following events. If you are interested in volunteering, please email us at [info@regapct.com](mailto:info@regapct.com).

May 31	June 1	June 7
11:00 A.M.-2:00 P.M.	12:00 NOON-4:00 P.M.	1 P.M.-3:30 P.M.
Petco	Earth Animal	Wentworth Homemade Ice Cream
2335 Dixwell Ave	606 Post Road East	3697 Whitney Ave
Hamden, CT	Westport, CT	Hamden, CT

For a complete list of dogs currently available be sure to visit the our Available Dogs page on our website: <http://regapct.com/available.php> and information about adopting can be found on the Adoption page. If you are interested in adopting, <http://regapct.com/adoption.html> and be sure to complete an application and someone from REGAPCT will contact you.

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# ENTERTAINMENT

## TOP 10 MOVIES

- 1. The Other Woman (PG-13)**  
Cameron Diaz, Leslie Mann
- 2. Captain America: The Winter Soldier (PG-13)**  
Chris Evans, Samuel L. Jackson
- 3. Heaven Is for Real (PG)**  
Greg Kinnear, Kelly Reilly
- 4. Rio 2 (G)**  
animated
- 5. Brick Mansions (PG-13)**  
Paul Walker, David Belle
- 6. Transcendence (PG-13)**  
Johnny Depp, Rebecca Hall
- 7. The Quiet Ones (PG-13)**  
Jared Harris, Sam Claflin
- 8. Bears (G)**  
John C. Reilly (narrator)
- 9. Divergent (PG-13)**  
Shailene Woodley, Theo James
- 10. A Haunted House 2 (R)**  
Marlon Wayans, Jaime Pressly

## TOP 10 RENTALS

- 1. Frozen (PG)**  
animated
- 2. The Wolf of Wall Street (R)**  
Leonardo DiCaprio
- 3. American Hustle (R)**  
Christian Bale
- 4. Gravity (PG-13)**  
Sandra Bullock
- 5. Anchorman: The Legend Continues (R)**  
Will Ferrell
- 6. Homefront (R)**  
Jason Statham
- 7. 12 Years a Slave (R)**  
Chiwetel Ejiofor
- 8. Grudge Match (PG-13)**  
Robert De Niro, Sylvester Stallone
- 9. Out of the Furnace (R)**  
Christian Bale
- 10. The Hunger Games: Catching Fire (PG-13)**  
Jennifer Lawrence

## CHART BUSTERS

### Top 10 Pop Singles

- 1. Pharrell Williams**  
"Happy"
- 2. John Legend**  
"All of Me"
- 3. Jason Derulo feat. 2 Chainz**  
"Talk Dirty"
- 4. Katy Perry**  
"Dark Horse"
- 5. Idina Menzel**  
"Let It Go"
- 6. Bastille**  
"Pompeii"
- 7. DJ Snake & Lil Jon**  
"Turn Down for What"
- 8. Justin Timberlake**  
"Not a Bad Thing"
- 9. Chris Brown feat. Lil Wayne & French Montana**  
"Loyal"
- 10. Lorde**  
"Team"



August Alsina

### Top 10 Country Singles

- 1. Luke Bryan**  
"Play It Again"
- 2. Florida Georgia Line feat. Luke Bryan**  
"This Is How We Roll"
- 3. Brantley Gilbert**  
"Bottoms Up"
- 4. Jerrod Niemann**  
"Drink to That All Night"
- 5. Eric Church**  
"Give Me Back My Hometown"
- 6. Thomas Rhett**  
"Get Me Some of That"
- 7. Keith Urban**  
"Cop Car"
- 8. Rascal Flatts**  
"Rewind"
- 9. Miranda Lambert**  
"Automatic"
- 10. Dan + Shay**  
"19 You + Me"

- At which group's concert was the screaming so loud that security police put bullets in their ears to drown out the noise?
- Who had a hit with "Morning Train," and when?
- Who released an album titled "The Divine Miss M"?
- Which artist released a debut album titled "Valotte"?
- Name the song that contains this lyric: "He's never near you to comfort and cheer you, When all those sad tears are fallin' baby from your eyes."



1. The Beatles, on Feb. 11, 1964, in Washington, D.C.  
2. Sheena Easton, in 1980. The original title was "9 to 5," but it was changed to avoid confusion when Dolly Parton had a song and a film by the same name.  
3. Bette Midler, in 1972. The album included "Boogie Woogie Bugle Boy," originally done by the Andrews Sisters in 1941.  
4. Julian Lennon, in 1984.  
5. "Na Na Hey Hey Kiss Him Goodbye," in 1969. The song was credited to Steam, and no one wanted to take credit for it. Steam was eventual success, the song was considered worse than B-side material, a throwaway, and no one wanted to take credit for it. Steam was composed of three studio musicians in New York.



Lucy Fry in "Vampire Academy"

EDITOR'S NOTE: DVDs reviewed in this column will be available in stores the week of May 19, 2014.

### PICKS OF THE WEEK

**"Monuments Men" (PG-13)** -- In the final stretch of World War II, the retreating German army had orders to destroy priceless works of art before they could be recovered by the Allies. The Monuments Men were an unlikely fighting force of curators and art historians tasked with going behind enemy lines to save these treasures. George Clooney, Matt Damon, Bill Murray, Cate Blanchett and Jean Dujardin comprise the all-star cast.

Even with a dream-team ensemble and rich source material, the storyline limps along when it should sprint. The crew splits up into their own subplots, united mainly by droning speeches insisting that this is a super-meaningful mission.

**"Vampire Academy" (PG-13)** -- At a secret Hogwarts-for-vampires located somewhere in Montana, supernaturally pretty vampire teens learn to master their powers. Lissa (Lucy Fry) is special vampire royalty. As a "Moroi," she gets more magic powers -- they're the good witches of vampire world. Rose (Zoey Deutch) is Lissa's protector, a Dhampir -- another type of OK vampire. There's trouble brewing with the evil Strogoi -- that's vampires who act more like, ya'know ... vampires. However, most of the plot revolves around vampire best friends and their choices among the vampire boys. Why can't the undead just be monsters again?

### DOG OF THE WEEK

**"Pompeii" (PG-13)** -- Swords, sandals, leather armor and lava. These are the things that Pompeii has plenty of. Engaging performances, non-corny dialog and originality -- these apparently had not been invented yet. Milo (Kit Harrington, "Jon Snow" of HBO's "Game of Thrones") is dreamy young slave gladiator who sure can swing a sword. He sets his sparkly blue eyes on an equally pretty noble girl (Emily Browning), who is engaged to an evil Roman senator. Then a volcano erupts, and they run from it. Much of the film looks like it could be freeze-framed and then printed on the cover of a paperback romance novel. It just needs a better, more suggestive title -- something about swords or heat or eruptions.

Sudoku answers on page 30

## Weekly SUDOKU

by Linda Thistle

4			1			9	3	
	7	5			4			2
	1			8		6		
	5				3		1	
8			7			5		
		1		9				6
6		7		3				8
	3		8			7		
		2			5		9	4

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

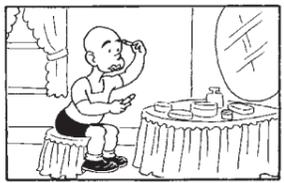
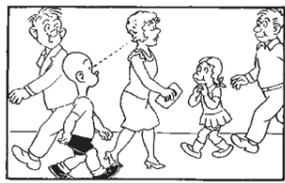
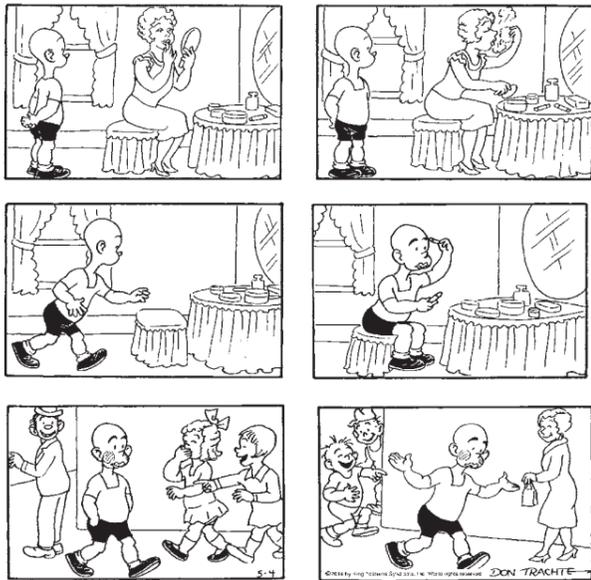
DIFFICULTY THIS WEEK: ★

★ Moderate ★★ Challenging  
★★★ HOO BOY!

# COMICS/CROSSWORD/HOLLYWOOD

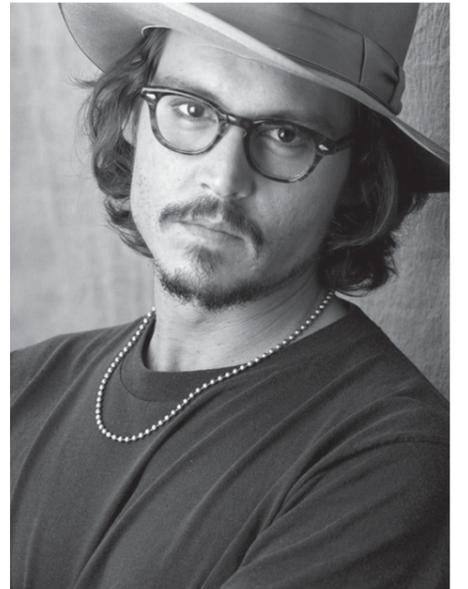
## Henry

BY DON TRACHTE



## HOLLYWOOD

By Tony Rizzo



Johnny Depp

**HOLLYWOOD** -- Johnny Depp, one of the highest paid actors in Hollywood, has box-office woes. His latest film, "Transcendence," has all the earmarks of being a dud. The film cost \$100 million to make, but only took in \$11.1 million its first weekend, which translates to being an underachiever. Two other recent films didn't fare well either. "The Rum Diary" cost \$45 million but only made \$24 million, and even though "The Lone Ranger," which cost \$250 million, earned \$260.5 million, it didn't cover publicity and advertising costs. Depp's only hope to remain on top is the success of his upcoming films: "Into the Woods," "Mortdecai," "Black Mass," "Mortimer Wintergreen" and the sequels to "Alice in Wonderland" and "Pirates of the Caribbean."

\*\*\*

We knew when we saw a woman and a man, on the news, who'd been surgically altered to look like Barbie and Ken, it wouldn't be long before Mattel partnered with a studio like Sony Pictures to give us a live-action Barbie film. If it succeeds, it will become a new franchise for them.

\*\*\*

If you love Bette Midler and want to know her innermost thoughts as she prepared for a European tour, then "A View from A Broad," written by The Divine Miss M herself, is for you. It's an often amusing and informative account of taking on the "broad" challenge of playing European cities where you don't speak the language.

In 1993, Midler played Mama Rose in a TV version of "Gypsy." The original Mama Rose in "Gypsy" was the legendary Ethel Merman (1959). She starred on

Broadway as Annie Oakley in Irving Berlin's "Annie Get Your Gun" in 1946, and in a hit revival in 1966, as well as "Hello Dolly" in 1970. Film buffs may remember her from "Call Me Madam" (1953), "There's No Business Like Show Business" with Marilyn Monroe (1954), "It's a Mad, Mad, Mad, Mad World" (1963), and her last film, "Airplane" (1980).

In a new book, Tony Cointreau, heir of the French liqueur family, writes about befriending Agnes Bojaxhuc, better known as Mother Teresa, and his mentor and "other mother," Ethel Merman. He shares his experiences at Mother Teresa's facilities in the U.S. and Calcutta, India. He also was with Ethel Merman backstage during the creation of "Gypsy." "Ethel Merman, Mother Teresa ... And Me" is available at Amazon in hardcover and for Kindle.

Merman had a wry sense of humor. In her memoirs, she wrote a chapter about her highly publicized marriage to Oscar-winning actor Ernest Borgnine. The marriage ended on their honeymoon. You turn to that chapter in the book, and it's only one page ... and blank!

The Spats

by Jeff Pickering



## King Crossword

**ACROSS**

- 1 Standard
- 4 Plate
- 8 Dog's annoyance
- 12 Id counterpart
- 13 Garfield's pal
- 14 Wander
- 15 Attendance check
- 17 Gaelic
- 18 Allow
- 19 Tissue brand
- 21 Jinx
- 24 Sphere
- 25 Pt. of speech
- 26 Knock
- 28 Staffers
- 32 "Piggies"
- 34 Afternoon affair
- 36 Pennsylvania port
- 37 Glitch
- 39 Do sums
- 41 Coffee shop vessel
- 42 Bagel topper
- 44 Went in a hurry
- 46 "Bloodied but —"
- 50 Auto
- 51 Rani's garment
- 52 Wad of cash
- 56 Heroic verse

1	2	3	4	5	6	7	8	9	10	11	
12			13					14			
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46	47	48			49		50				
51					52		53		54	55	
56					57				58		
59					60				61		

- 57 Actress
- 58 Writer
- 59 Leftovers
- 60 P.D. rank
- 61 Journey segment
- 8 Sample
- 9 Forsaken
- 10 Relaxation
- 11 Visa alternative, for short
- 16 Started
- 20 Historic period
- 21 Loathe
- 22 Smell
- 23 Feedbag
- 27 Shell game
- 29 Lead-in to "Ta-da!"
- 30 Hibernia
- 31 Transmit
- 33 Helpless
- 35 Wood-shaping tool
- 38 Tier
- 40 List of court cases
- 43 Mediterranean sailing ship
- 45 Rowing need
- 46 — -friendly
- 47 Scruff
- 48 Family business abbr.
- 49 Arp's style
- 53 Pinch
- 54 Shelter
- 55 Journal

**DOWN**

- 1 Apiece
- 2 Past
- 3 Reinvest savings
- 4 Medic
- 5 Mrs. McKinley
- 6 Lustrous fabric
- 7 Conversation

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King Crossword Answers on Page 30



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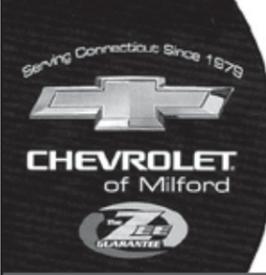


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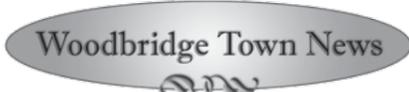
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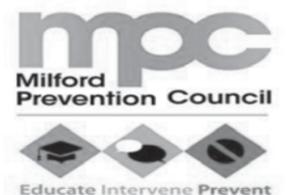
Learn the Importance of Monitoring  
 Your Child's Internet and Social Media Activities



Presented by: Wendy Gibbons, LCSW  
 Program Director Milford Prevention Council

When: Thursday, May 29<sup>th</sup> at 7-8:30 PM  
 Where: High Plains Community Center  
 525 Orange Center Road, Orange, CT

Provided by a grant from the State Department of Education



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**WANTED** - Art, Clocks, Coins, Dolls, Estate Jewelry, Military, Silverware, Trains, Gold, Silver, etc. Call Joseph & Carol Ferry Antiques at 203-795-4644.

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**ORANGE** - 5 room apartment, second floor. \$1225. Orange Center Road. Agent: 203-795-0000.

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# King Crossword — Weekly SUDOKU

Answers

Solution time: 25 mins.

P	A	R	D	I	S	H	F	L	E	A	
E	G	O	O	D	I	E	R	O	A	M	
R	O	L	L	C	A	L	L	E	R	S	E
L	E	T	K	L	E	E	N	E	X		
H	O	O	D	O	O	O	R	B			
A	D	V	R	A	P	A	I	D	E	S	
T	O	E	S	T	E	A	E	R	I	E	
E	R	R	O	R	A	D	D	U	R	N	
L	O	X	Z	O	O	M	E	D			
U	N	B	O	W	E	D	C	A	R		
S	A	R	I	B	A	N	K	R	O	L	
E	P	O	S	E	D	I	E	L	E	O	
R	E	S	T	C	A	P	T	L	E	G	

Answer

4	6	8	1	5	2	9	3	7
9	7	5	3	6	4	1	8	2
2	1	3	9	8	7	6	4	5
7	5	6	2	4	3	8	1	9
8	4	9	7	1	6	5	2	3
3	2	1	5	9	8	4	7	6
6	9	7	4	3	1	2	5	8
5	3	4	8	2	9	7	6	1
1	8	2	6	7	5	3	9	4

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# HOUSES OF WORSHIP EVENTS

## CHURCH OF THE GOOD SHEPHERD ANNOUNCES UPCOMING EVENTS

### Weekly Services

**Wednesday:** 7:00 p.m. - Midweek Contemplative Eucharist with Discussion and Healing Prayer

**Sunday:** 7:45 a.m. - Traditional Eucharist - no music; 9:00 a.m. - Church Alive, Eucharist with the worship band; 10:30a.m.- Choral Eucharist



Church of the Good Shepherd

### Yoga Body Prayer

Sunday Evening, 7:00 p.m. Using the Vinyasa Yoga Method and taught by certified Yoga Instructor MaryAnn Haverstock, begin your week with Yoga and centering prayer and meditation. This class is for all levels of yoga practice and experience. Bring a yoga mat or towel, water and wear comfortable clothes. Free will offering. Shepherd's Café

Church of the Good Shepherd has opened The Shepherd's Café. The Shepherd's Café will be open from 10:30 a.m. to 1:00 p.m. every Wednesday and will be serving coffee, light snacks and a tasty and nutritious lunch from 11:30 a.m. to 1:00 p.m. This meal will be available to seniors or to anyone that needs or would like to share a meal and some companionship. Bingo and other activities will take place from 10:30 to 11:30 a.m. Church services are available at 12:30 for those who would like to attend. There will be menu choices each week with soup and selected sandwiches always available. While there is no cost for the meal, donations are always appreciated. This is a new ministry of the Church of the Good Shepherd and a partnership between the church and Community Services. The Church is located at 680 Racebrook Road and there is ample parking. While reservations are not needed, they would be appreciated. To make a reservation, volunteer, or to help in any way, please call the church at 203-795-6577. Community Services will provide transportation from the High Plains Community Center to and from the Shepherd Café. Please call Kim at 203-891-4788 at least a day ahead to reserve a ride.

## HOLY INFANT 29<sup>TH</sup> ANNUAL WEDDING ANNIVERSARY LITURGY

All Holy Infant parishioners celebrating their 10th, 15th, 20th, 25th, 30th, 35th, 40th, 45th, 50th or longer Wedding Anniversary this year are invited to attend the 29th Annual Wedding Anniversary Liturgy Celebration on Sunday, June 8, 2014. A celebration will take place following the 9:30am Mass at Guild Hall. Photos will be taken. Special seating will be reserved in the Church for the honorees, their families and guests.



Holy Infant Church

Please call Pat @ 203-799-2728 or email: pat.a.mccorkle@gmail.com to make your reservation.

## FIRST CHURCH CELEBRATES BIG ANNIVERSARY

A church older than the Town of Woodbridge will celebrate its 275th Anniversary next month. As part of its celebration, The First Church of Christ, which gave birth to the Town of Woodbridge, will stage a mini-historical drama written and directed by a long-time member of the church.

Enacting the arrival and acceptance of its first settled minister, the play is narrated by Benjamin Woodbridge himself (almost), seventh in a long line of ministers and a Yale graduate. Some dialog sections in the drama are Woodbridge's actual words preserved through the decades in the archives of the church. Included in the drama is the song, "Amity Parish", the title song for a musical of that name written by the same church member and performed in Woodbridge to celebrate the national bicentennial in 1976.

Established in 1738 as a Parish Society meeting in private homes, The First Church was finally allowed by the Connecticut General Assembly in 1742, to call a settled minister, Benjamin Woodbridge, the man for whom the town was eventually named.

The original building, called a Meeting House, was raised in 1739 on the north-west corner of The Green - then called The Common - after livestock grazing there were moved to another pasture. A large inscribed stone marks the original Meeting House. The current church at 5 Meetinghouse Lane was built in 1832.

Sometime around 1740, nine small houses were built surrounding the original Meeting House. Called Sabbaday Housen (or Sabbath Day Houses) their purpose was to offer families a place to prepare food and warm themselves during the day-long church services. The houses eventually fell into disuse and were removed some 50 years later.

Like all venerable sites, The First Church of Christ, Woodbridge has a wealth of history in its timbers. The mini-historical drama, entitled, "When we were the Parish of Amity", boils it down to an abbreviated entertainment to be performed Friday, June 13 at 7 p.m. in the Parish House of the church.

## FIRST CHURCH OF CHRIST 59<sup>TH</sup> ANNUAL STRAWBERRY FESTIVAL

The First Church of Christ, Woodbridge will hold its 59th Annual Strawberry Festival on June 6th, 2014 and invites friends and neighbors to join them on the Green at the First Church of Christ, 5 Meetinghouse Lane, Woodbridge, 6:00 to 8:00 P.M. Reelin' Away will entertain with old-time fiddle and banjo music. Burgers, cheeseburgers, veggie burgers, hot dogs, salads, chips and drinks will be served. Strawberry shortcakes are made from scratch. The cost of the complete meal is \$12.00 or just shortcake is \$6.00. All proceeds go to the benefit of the Church and its programs.

The festival will be held indoors if there is inclement weather. Please call the Woodbridge First Church Office at (203) 389-2119 with questions or for directions.



### Attention Churches, Synagogues & Houses of Worship!

Send us your organizations events listings and items of interest. We will publish them for free.

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## HOW TO HONOR SERVICEMEN AND WOMEN

Men and women serving in the military make considerable sacrifices in defense of the United States and its citizens. Such sacrifices can easily be taken for granted by those with no friends or family members serving in the military, but it's important for all Americans to recognize the efforts of both active and veteran servicemen and women.

Honoring active military members and veterans does not have to be an elaborate undertaking. Service members and their families often cherish even the simplest of gestures, and the following are a handful of ways grateful men and women can show their appreciation to active and retired members of the military.

**Help a neighbor who's on active duty.** Active duty service members can be away from their families for long periods of time, and their absence can make things difficult for their families. Spouses of deployed service members are typically left to manage a household on their own for months at a time. Neighbors can show their appreciation by helping with some chores around the house. Offer to mow a neighbor's lawn or drive a neighbor's kids to school. Such gestures might seem small, but they can go a long way toward alleviating some of the stress that spouses of deployed service members deal with on a daily basis.

**Support the Wounded Warrior Project.** Many service members sustain physical injuries while deployed. The Wounded Warrior Project works to raise awareness and enlist the public's help to address the needs of injured service members. Men and women



who want to show their appreciation to injured service members can work with the Wounded Warrior Project by volunteering at project-sponsored events or hosting fundraising events such as golf tournaments or community picnics. More information about working with the Wounded Warrior Project is available at [www.woundedwarriorproject.org](http://www.woundedwarriorproject.org).

[woundedwarriorproject.org](http://www.woundedwarriorproject.org).

**Write a letter of appreciation.** One of the simplest ways to show your support for service members is to write them a letter expressing that appreciation. If a friend, relative or neighbor is an active service member or veteran, sit down and write a letter telling them how much you appreciate their sacrifice in service of their country, and encourage youngsters to do the same. If you don't know any members of the military, you can work with A Million Thanks ([www.amillionthanks.org](http://www.amillionthanks.org)), a year-round campaign that encourages Americans to write letters or emails or send cards or prayers to U.S. military personnel, past and present to thank them for their sacrifices, dedication and service.

**Exercise your right to vote.** One of the best ways to honor servicemen and women is to avoid taking the rights they so bravely defend for granted. Members of the military routinely put their lives on the line so Americans can enjoy freedoms that many people across the globe cannot. Voting is one such freedom, so Americans should make it a point to vote every Election Day and teach their kids about the responsibility each American has to vote and take an interest in their government. Speak with active and veteran members of the military about their thoughts on proposed legislation and their opinions on how to improve that legislation, taking those opinions into consideration before casting your vote.



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**LOCAL SPORTS**

**AMITY HIRES GOODWIN TO SERVE AS ATHLETIC DIRECTOR**

The Amity Regional School District #5 Board of Education has hired Ernest (Ernie) Goodwin to serve as Athletic Director for the district. Mr. Goodwin comes to Amity after having served as a Physical Education Teacher in Simsbury, CT, since 2006 and Assistant Athletic Director in Simsbury, CT, since 2012. Ernie will replace Paul Mengold, who will be retiring after serving Amity Athletics for more than 38 years. "Throughout the entire hiring process, Ernie demonstrated that he has the skills and abilities to preserve the best parts of a truly great program and also advance us to the next level of athletic excellence," stated Charles Dumais, Superintendent of the Amity Regional School District. "Students, parents, and colleagues in Simsbury extolled Ernie's ability to effectively manage change through developing and fostering strong relationships with all constituents. We are confident that he will be an excellent fit for Amity."

Mr. Goodwin has been a physical education teacher since 1997 and has coached boys and girls in high school wrestling, football, and track and field, and collegiate wrestling. He is a graduate of Springfield College, having earned a Bachelor of Science in Movement and Sport Studies/Physical Education and a Master of Science in Athletic Administration. He also holds a sixth-year degree in Educational Leadership from the University of Connecticut. As a college athlete, Ernie was an NCAA Regional Champion and Academic All-American in wrestling. "I am absolutely thrilled to be a part of an exceptional school district such as Amity," stated Mr. Goodwin upon learning he had been selected for the Amity Regional School District #5 Athletic Director position. "The support from the school district and community is evident. I look forward to the opportunity to serve the student-athletes, coaches, administration, and community," Mr. Goodwin will begin as Amity Regional School District #5's Athletic Director on July 1, 2014.

**ORANGE JUNIOR LEGION BASEBALL TRYOUTS**

The Orange American Legion Post 127 is holding tryouts for its Junior Legion Baseball team, on Friday, May 23, 5:45 - 7:30pm & Saturday, May 24, 10:00am - 12:00pm at the Old Tavern Baseball complex on Old Tavern Road, Orange. Players living in Orange, Woodbridge or Bethany are eligible to play.

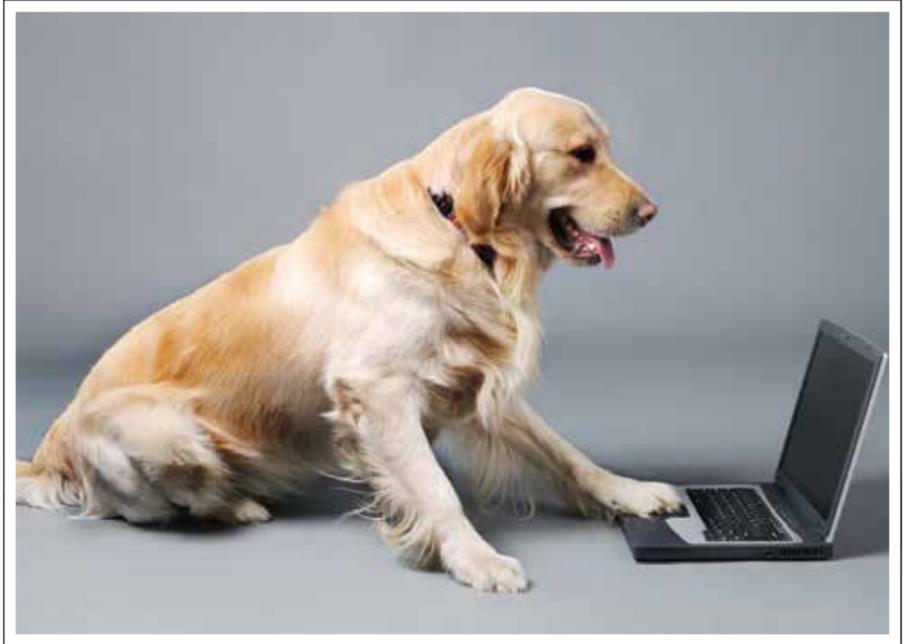
Any players attaining the ages of 14 - 17 as of December 31, 2014 are eligible to try out. Returning players must bring last year's uniform to the tryout if they did not turn it in previously. The season, including practices, runs from June through early August. The cost is \$600.00.

Call David Wirkus (203-848-9674) or Robert Mirto (203-687-8299) or Joe Pisano (203-623-5620) for questions.

Woodbridge Town News

**SUBMIT YOUR LOCAL SPORTS PHOTOS, ARTICLES & SCHEDULES**

**Email [edit@woodbridgetown.com](mailto:edit@woodbridgetown.com)**



**BARK BYTES...**

*By Vicki & Richard Horowitz*

**Dog Bite Prevention - Third Week of May Did You Know?**

- Approximately 4.7 million Americans are bitten by dogs each year, with small children and the elderly among the most frequent victims.
- 885,000 of those injured require medical attention, with dog-bite victims accounting for up to five percent of all emergency-room visits.
- Most dog bites occur in the home of the victim's family members or friend.
- Children (especially boys aged 5-9) are three times more likely than adults to be seriously bitten.
- Dogs bite young children (aged 4 and under) most often on the face, head and neck because kids are around the same height as a dog and because they can crawl into small, low spaces where the dog can reach.
- 50 percent of all children in the U.S. will be bitten by a dog before their 12th birthday.

Dog bites are a serious matter. To keep pets and people safe, following are dog safety and bite prevention tips to help prevent the situations that lead to dog bites.

**Dog Bite Prevention Tips**

**How to Stay Safe When a Dog Approaches**

- Don't turn and run—dogs naturally love to chase and catch things.
- Stand still, with your hands at your sides. In most cases, the dog will go away when it determines you are not a threat.
- Don't put your hand out—just allow the dog to approach you to sniff you.
- Don't scream. If you say anything, speak calmly and firmly.
- Face the dog at all times, but don't stare. Avoid eye contact.
- Back away slowly, watching the dog from the corner of your eye until the dog is out of sight.

**Safety Tips for Parents**

- Never leave a young child or baby alone with any dog.
- Never allow your young child to discipline a dog.
- Never allow your child to feed or walk a dog unsupervised.
- Never allow your child to pull on a dog's collar, ears or tail.
- Never allow your child to play aggressive games (like wrestling) with any dog.
- Never allow your child to pet a dog that is in someone else's car or truck.

Dogs are wonderful companions and respond well to consistent training and leadership. By acting responsibly with your dog, you not only reduce the number of dog bites but also enhance the relationship you have with your canine companion.

*Vicki and Richard Horowitz, of Woodbridge, are dog behavioral therapists and trainers with Bark Busters, the world's largest dog training company. For more information, call 1-877-500-BARK (2275) or visit [www.dog-training-new-haven-ct.com](http://www.dog-training-new-haven-ct.com).*

**MEMORIAL DAY** **MAY 26th**

## Salome's Stars

**ARIES (March 21 to April 19)** Untangling personal problems might take more time than the impatient Lamb expected. But it's important to hang in there until all those knotty situations are straightened out.

**TAURUS (April 20 to May 20)** You still need to work out last-minute snags in your dealings with a rival. Hold your ground despite a perceived lack of support. Things should turn around before you know it.

**GEMINI (May 21 to June 20)** Best not to delay preparing for that upcoming family event. The sooner you get things started, the better chance you have of finding potential problems and making needed changes.

**CANCER (June 21 to July 22)** The romantic Moon Child might be reluctant to see the reality behind that "ideal" situation. But by midweek, the practical Crab emerges to help clear away the moonbeams.

**LEO (July 23 to August 22)** Although the Big Cat might be receptive to more "purr-suasion" to get you to agree to a workplace change, make sure you can distinguish the fine line between facts and flattery.

**VIRGO (August 23 to September 22)** Your positive attitude in the workplace helps to get you noticed by the right people. Now go ahead and use some of that new self-confidence to help shore up a personal relationship.

**LIBRA (September 23 to October 22)** Although you might still have to work out some problems with a business partner, things go more smoothly on the home front. An investment opportunity might need more study.

**SCORPIO (October 23 to November 21)** Don't be reluctant to act on your suspicion. Even if others see nothing wrong, the astute Scorpio could sense an underlying problem that isn't always obvious on the surface.

**SAGITTARIUS (November 22 to December 21)** A new opportunity presents some obstacles that need to be dealt with as soon as possible. Delaying action in hopes that the problems will go away could be counterproductive.

**CAPRICORN (December 22 to January 19)** A friend or family member's request might carry some hidden factors that could later create problems. Be sure you know all the facts before you make your decision.

**AQUARIUS (January 20 to February 18)** A setback in implementing a plan could turn out to be a blessing in disguise. Use the downtime to rework your original concepts and see where changes could be made.

**PISCES (February 19 to March 20)** You might not be consciously fishing for compliments, but admit it -- won't you feel great when your efforts are noticed? So accept the praise gracefully. You earned it.

**BORN THIS WEEK:** Your love of beauty in your personal life extends to your efforts to protect and preserve the natural world around you.

### Just Like Cats & Dogs by Dave T. Phipps



### MISTER BREGER By Dave Breger



"It's a momentous day, Mother! Dave's getting his diploma from correspondence school!"

### LAFF - A - DAY



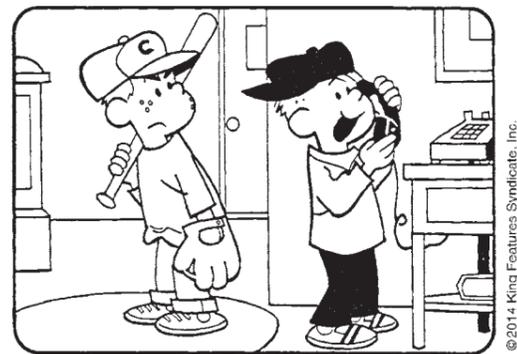
"I'd like to bring her here to meet you, father, but the last three I brought you married yourself!"

### HUBERT - - By Dick Wingert



"No, somebody's waiting on me, thanks."

### HOCUS - FOCUS BY HENRY BOLTINOFF



CAN YOU TRUST YOUR EYES? There are at least six differences in drawing details between top and bottom panels. How quickly can you find them? Check answers with those below.  
Differences: 1. Picture is missing. 2. Glove is different. 3. Rug is different. 4. Shirt is slimmer. 5. Phone cord is shorter. 6. Drawer pull is missing.

## top ten

### Words for Unusual COLORS

1. Vermilion
2. Verdigris Green
3. Titian
4. Bisque
5. Puce
6. Cattleya
7. Smalt
8. Damask
9. Jasper
10. Bittersweet

Source: merriam-webster.com

## SHELTERS AREN'T ONLY PLACE TO VOLUNTEER

**DEAR PAW'S CORNER:** I want to volunteer somehow to help pets in my area, but can't really find any opportunities. I called the local shelter, and they said they aren't accepting volunteers right now. Why not? I thought shelters were desperate for help. Where else can I look? -- Tanya J., via email

**DEAR TANYA:** While some shelters accept any help that is offered, many have implemented more controlled volunteer programs. This allows them to have a better handle on which volunteers are available at certain times, who has more experience working with animals and who has less, and so on.

A better question to ask your local shelter is whether it has any volunteer programs available, now or in the near future, or any other opportunities to help. If not, you can ask if it is affiliated with a larger organization, such as the ASPCA, and find a contact there who has information about volunteer opportunities.

Many shelters offer fundraising events that are more fun and less work. If you're not able to give money to the cause, you could offer to help at these events. Or, you can participate in charity walks -- either by yourself or by rounding up a group of friends -- and raise money that way.

Check your local newspaper for event listings and news from the local shelter. Many newspapers have an online component, and could have a lot more information on their website in a section reserved for the local shelters.

Visit the veterinarian and look for a bulletin board in the waiting room. If there is one, there likely are notices posted about events and volunteer opportunities. Or you can talk to the vet or an assistant during your pet's checkup about your interest in volunteering somewhere, somehow.

Send your questions or advice to [ask@pawscorner.com](mailto:ask@pawscorner.com).

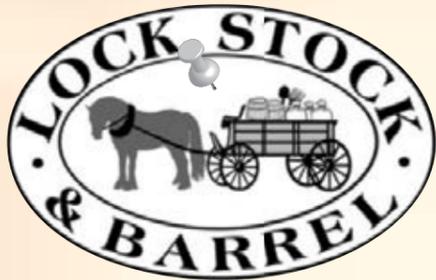
## The Garden Bug

### Casa Blanca lilies

are easily grown in well-drained soil, if located where the upper plant is in full sun and the roots are in shade. Mulch around the plants to keep the roots cooler. Remove flowers as they fade; cut plants back only after the leaves and stems have turned yellow. Its flowers are showy and very fragrant. The plants may need staking if exposed to strong winds.

- Brenda Weaver  
Source: [www.missouribotanicalgarden.org](http://www.missouribotanicalgarden.org)

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