

Woodbridge Town News



Woodbridge's Exclusive Newspaper

Mailed Free To Every Home in Woodbridge
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CIRCULATION 3615

FRIDAY, AUGUST 31, 2018



The 2018-19 school year is underway in Woodbridge. Incoming Kindergarten students had the chance to ride the bus with their parents before the start of school.

School Getting Ready For The New Year

BY BETTINA THIEL

WOODBRIDGE TOWN NEWS CORRESPONDENT

Much like Christmas, or Hanukah, the first day of school seems to creep up on us, especially when it happens before Labor Day, which it typically does. During the weeks leading up to the opening of school, custodial staff worked tirelessly to get the classrooms ready, said School Supt. Robert Gilbert at the August Board of Education meeting. "It's hard to clean the building

when the building never sleeps," he added. Between the Recreation summer camp, Extended Day and summer school programs, different parts of the building are in use throughout the month of July.

As it turned out programming was not the only problem the custodial staff had to deal with. "During late August, the combination of humidity

See "School" On Page 14

Selectmen Designate Fitzgerald Parcel For Dog Park

BY BETTINA THIEL

WOODBRIDGE TOWN NEWS CORRESPONDENT

After months of deliberations, site visits and listening, the Board of Selectmen at its August 8 meeting voted to allow the plans for a dog park at the Fitzgerald Property to go forward. Selectman David Lober abstained.

The Fitzgerald Property encompasses popular walking trails in the center of town, bordered by Beecher and Center roads.

The vote was based on a memorandum of understanding, which allows the Woodbridge Dog Park Cooperative to site an enclosed off-leash area on a parcel between the existing parking lot off Beecher Road and the fenced-in chestnut orchard. "It allows them to begin fundraising," First Selectman Beth Heller said when introducing the

memorandum. She cautioned that the map included with the document, and which shows a rectangular, L-shaped parcel, is only a preliminary site location. The final outline may change to avoid wetland impact. Also, the town may decide to remove the ice rink and place it in a different location, as it needs to be resurfaced and has not been used in a couple of years.

Even if the area that is now a skating rink were to be incorporated in the dog park, the memorandum gives them no more than 1.5 acres in total. It will be enough to construct a two-step entry with a foyer where dogs may be leashed/unleashed; an area for smaller and older dogs; and a larger field where dogs get to run freely and socialize.

See "Dog Park" On Page 3

Honor Roll

Amity Regional Middle School - Bethany Campus
Fourth Marking Period
Honor Roll - Page 9

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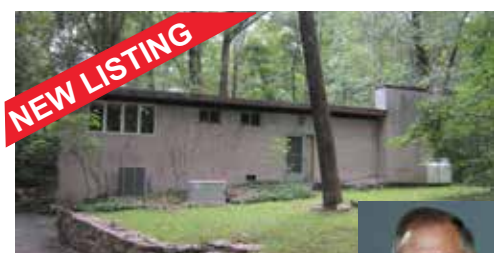
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Developer Makes Pitch For Country Club Property

BY BETTINA THIEL
WOODBRIDGE TOWN NEWS CORRESPONDENT

The town has received new proposals for the Country Club of Woodbridge, one of which was presented in a public pitch at the August Board of Selectmen meeting. Brian St. Pierre, owner of Insite Development Group and a Woodbridge resident, proposes to build approximately 100 individual homes for “active adults,” 55 and over on 40-50 acres along Woodfield Road;

revitalize the 18-hole golf course, and renovate the clubhouse, including pro shop and pool, possibly with a banquet/restaurant facility.

He offers to pay the town \$5.1 million cash at closing, make improvements to the tune of \$25-30 million and return roughly 100 acres to the town with a conservation easement, which would ensure that the major-

See “Country Club” On Page 33

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“Dog Park” From Page 1

Originally the cooperative, a grass-roots organization of local dog owners, had hoped for use of the orchard where an experiment to bring back the American chestnut has been taking place. The experiment is winding down, with only a few trees left in the enclosure. But the Woodbridge Land Trust, which ran the experiment for the American Chestnut Foundation, objected, saying that the trees and dogs don’t mix well. The town then embarked on finding an alternative site, looking at several town-owned parcels.

Critics of siting the dog park in the Fitzgerald area were concerned about disrupting the tranquility of the walking trails; they brought up traffic and parking issues; raised concerns about taking away agricultural land; objected to adding more fencing. Selectman Dave Lober said with his dissent he wanted to represent people who were unhappy with this location. “I thought there were better places to put it,” he said in a phone conversation after the vote. Even so, of all the places to put a dog park, “this is the least disruptive,” he said.

In addition, Lober was unhappy with the process with which the board came to a decision, as the memorandum did not grow organically out of the board’s consensus, but rather “came down,” in a move essentially calling the vote. First Selectman Beth Heller said the memorandum is modeled on similar agreements for the Pease Place Playground and a future 90-foot baseball diamond on the Alegi property.

It permits the cooperative to construct a dog park on a portion of the Fitzgerald property not to exceed 1.5 acres of land. The town will not assume any of the costs associated with the project, including engineering and site work. The group has 2 years to complete the fundraising and/or construction of the park; the period can be extended if they can show that they made substantial progress. The cooperative will keep the town up-to-date on an annual basis of the progress made. Construction of the dog park shall not begin until the cooperative has raised all funds necessary to complete the

project. The group must obtain approvals from land use agencies, in particular the Wetlands Agency, since the activity may fall within the upland review area of a vernal pond on the far side of the rink. The memorandum is signed by Bonnie Blake as the president of the cooperative and First Selectman Beth Heller.

Selectman Teri Schatz voted for the proposal. “This parcel is the least controversial,” she said.

Mica Cardozo agreed. He said the selectmen had looked at many different options and did not find a perfect solution. “The vast majority [of comments received from residents] said they want it at Fitzgerald,” he said. Of those who were opposed to siting it at Fitzgerald, many still wanted a dog park, he said.

“Time is now to take a vote,” added Selectman Joseph Crisco.

Members of the dog park cooperative cheered and applauded when the vote came in 5:1. During public comment they thanked the board members as well as town employees for their efforts to bring this project to fruition.

Forging ahead: Blake said the cooperative has filed for non-profit status, and will have its first Annual Meeting on Wednesday, September 5, at 7 p.m. at the Center Café. Anyone is welcome to attend.

The first order of business will be to elect officers and board members. They also want to create committees to deal with issues such as fundraising, design; a rules committee and a management committee.

They have made some inquiries regarding fencing costs. A basic chain link fence will cost about \$50,000, Blake said. A more aesthetically pleasing pasture fence will be closer to \$60,000. Blake said she hopes that they will have the support of the community and that people will step up to donate benches and maybe a couple of mature trees for shade. “We hope for an opening next summer,” she said.

The map showing a preliminary outline can be found on the town’s website, https://www.woodbridgetc.org/DocumentCenter/View/2022/Dog_Park_MOU_signed_08-10-2018.

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Woodbridge Town News

Below are the next three issue dates and deadlines of the Woodbridge Town News.

Thank you for your submissions to Your Home Town Newspaper.

Upcoming Issue Date

Upcoming Issue Deadline

October 5 | Columbus Day Issue September 28

November 2 | Election Issue..... October 26

November 16 | Thanksgiving Issue November 9

Note: Copy due by 4:00p.m. Thank you.

FROM OUR READERS

Family Talk About Drinking – Back To School

Helping teens make good choices is as simple as starting a conversation, and back-to-school is an ideal time for parents to talk about avoiding peer pressure to drink underage. Research shows that parents are the greatest influence on teens. Exercising that influence by actively listening and holding their teens accountable for decisions about underage drinking is something that parents should be encouraged to do. Asking open-ended questions gets teens thinking about what they would do when and if they're offered a drink – and the potential consequences.

Dichello Distributors, Inc. wants to remind parents about the Anheuser-Busch Family Talk About Drinking program, a free parent guide and Facebook community designed to encourage open and honest communication between parents and their children to help prevent underage drinking. Programs like this one, paired with education and effective law enforcement, are essential to reducing underage drinking.

Remember, it's our collective responsibility to help prevent underage drinking. For more information, please visit [Facebook.com/ABFamilyTalk](https://www.facebook.com/ABFamilyTalk).

*Tony Lota
Alcohol Awareness Coordinator
Dichello Distributors, Inc.*

On The Dog Park

At the July 11, 2018 meeting of the Board of Selectmen, the dog park advocates referenced the 2009 Yale School of Forestry and Environmental Studies Management Plan for the 2 most publicly used open spaces in Woodridge: the Alice Newton Street Memorial Park and the Fitzgerald Tract.

Proponents of siting a dog park on the Fitzgerald tract are technically correct that the study suggested a dog park for that location. However, by quoting the recommendation out of context, they misrepresented it. As I was chairman of the Conservation Commission

when we requested the study, please allow me to explain.

The writers of the Forestry School report were concerned about dogs damaging the ecology of Alice Newton Park. (They'd been asked to study the park and the Fitzgerald walking train and gardens.) They had observed that walkers in Alice Newton Park often allowed their dogs to run freely in the woods. The result was that dogs disturbed nesting birds. Even if a dog does not touch a ground nest, they told us, a dog's presence can cause the parents to abandon the nest, and the incubating babies die. To deflect dogs from Alice Newton Park, they wrote on (page 66), "We suggest creating a dog park in Woodbridge. The Fitzgerald tract... is one possible location."

They were not making a recommendation because they thought that dog owners would most enjoy socializing at that location, or because it had the most convenient parking or fencing. They were not suggesting the Fitzgerald tract because they had carefully thought about the best site for a dog park. They had one object: get unleashed dogs out of the woods.

The students and faculty member who did the study were residents of New Haven who had walked on the Fitzgerald Tract and Alice Newton Park to do their study, and they mentioned the only location they had seen that might work. Thus, they prudently added, "...other properties in town may be equally or better suited for this project."

They also wrote that a leash law would substitute for a dog park. "Proper education of the public as to the importance of leash laws is another means of mediating the situation. Often park users do not have a clear understanding as to why they are being told to leash their pets."

The Conservation Commission discussed this and agreed that a dog park would harm the Fitzgerald Tract. We

See "Letters" On Page 12

Woodbridge Town News

WTN LETTERS POLICY

Submit your letters for our "From Our Readers" section to:
Woodbridge Town News, P.O. Box 1126, Orange, CT 06477
or email: letters@woodbridgetownnews.com.

Please limit letters to 500 words and include a daytime phone number in case we have any questions. Letters must be exclusive to the Woodbridge Town News for publication. We reserve the right to reject any letter.

WOODBRIDGE EDUCATION ROUNDUP

2018-19 INCOME GUIDELINES FOR CHILD NUTRITION PROGRAMS											
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1	15,782	1,316	658	607	304	1	22,459	1,872	936	864	432
2	21,398	1,784	892	823	412	2	30,451	2,538	1,269	1,172	586
3	27,014	2,252	1,126	1,039	520	3	38,443	3,204	1,602	1,479	740
4	32,630	2,720	1,360	1,255	628	4	46,435	3,870	1,935	1,786	893
5	38,246	3,188	1,594	1,471	736	5	54,427	4,536	2,268	2,094	1,047
6	43,862	3,656	1,828	1,687	844	6	62,419	5,202	2,601	2,401	1,201
7	49,478	4,124	2,062	1,903	952	7	70,411	5,868	2,934	2,709	1,355
8	55,094	4,592	2,296	2,119	1,060	8	78,403	6,534	3,267	3,016	1,508
Each Additional Family Member	+ 5,616	+ 468	+ 234	+ 216	+ 108	Each Additional Family Member	+ 7,992	+ 666	+ 333	+ 308	+ 154

Connecticut School Nutrition Program

The Woodbridge School District announced today its policy for determining eligibility of children may receive free or reduced-price meals served under the National School Lunch Program (NSLP).

Local school officials have adopted the United States Department of Agriculture’s (USDA) Income Eligibility Guidelines (IEGs) for family size and income criteria for determining eligibility.

The income guidelines in the above chart will be used in Connecticut from July 1, 2018 to June 30, 2019, for determining eligibility of participants for free and reduced-price meals and free milk in the Child Nutrition Programs.

The above income calculations are made based on the following formulas: Monthly income is calculated by dividing the annual income by 12; twice monthly income is computed by dividing annual income by 24; income received every two weeks is calculated by dividing annual income by 26; and weekly income is computed by dividing annual income by 52. All numbers are rounded upward to the next whole dollar.

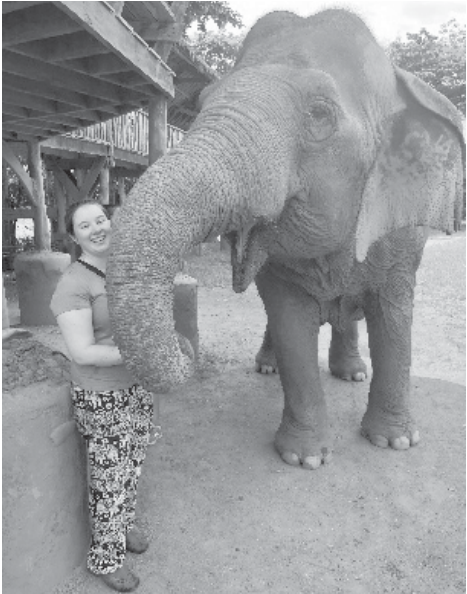
Children from families whose income is at or below the levels shown are eligible for free or reduced-price meals or free milk. Application forms are being sent to all homes in the “First Day Packet”. To apply for free or reduced-price meals, households should fill out the application and return it to the school. Applications are available

in the school office, as well as online at: www.woodbridge.k12.ct.us/forms

Only one application is required per household and an application for free or reduced-price benefits cannot be approved unless it contains complete eligibility information as indicated on the application and instructions. The information provided on the application is confidential and will be used only for the purposes of determining eligibility and for administration and enforcement of the lunch, breakfast and milk programs. Additionally, all school-aged children in income-eligible households can receive school meal benefits regardless of a child’s immigration status and the district/school does not release information for immigration-related purposes in the usual course of operating the CNPs. Note that the district MAY share your eligibility information with education, health, and nutrition programs to help them evaluate, fund, or determine benefits for their programs, auditors for program reviews, and law enforcement officials to help them look into violations of program rules. This information may also be verified at any time during the school year by school or other program officials. Applications may be submitted at any time during the year.

For up to 30 operating days into the new school year, eligibility from the previous year will continue within the

See “Nutrition” On Page 12



Hynes Travels To Thailand To Work With Elephants

This summer, Fiona Hynes, 16, of Woodbridge, Connecticut, spent two weeks in Thailand helping animals and learning hands-on what it’s like to be a veterinarian. Traveling with study-abroad organization Loop Abroad, Fiona was selected as part of a small team that volunteered giving care at a dog shelter and spent a week working directly with rescued elephants at an elephant sanctuary.

The Veterinary Service program brings students to Thailand for two weeks to volunteer alongside veterinarians from the US and Thailand. For one week, Fiona and her team volunteered at an elephant sanctuary outside of Chiang Mai, Thailand to work with the giant animals and learn about animal rescue and conservation on a larger scale.

The elephants at the sanctuary have been rescued from trekking, logging, or forced breeding programs. Many of them had been abused and suffer from chronic injuries or blindness. At the elephant sanctuary, they are cared for by volunteers from all over the world. Fiona helped to feed and care for elephants, as well as learn about their diagnoses alongside an elephant vet. The sanctuary is also home to over 1,000 animals, including cats, dogs, water buffalo, horses, and cows, and is sustained in huge part by the work of weekly volunteers like Fiona.

For the other week, Fiona volunteered at a dog rescue clinic in Chiang Mai, Thailand. The shelter is home to dogs who have been rescued after being abandoned, beaten, or abused. While she studied under the veterinarians leading her group, Fiona and her team made a difference in the lives of these dogs. By providing check-ups and cleanings, diagnosing and treating ear and eye problems, taking and testing blood, administering vaccines, cleaning and treating wounds, and helping with sterilization surgeries, the students were able to help support the

health and well-being of these dogs.

By following a study abroad model instead of a voluntourism model, Loop focuses on educating its students so that they can contribute and serve in meaningful ways. It also works with locally run animal welfare organizations so that students contribute to long-term improvement on the ground in the countries they visit. With programs in Thailand, South Africa, Australia, and the Amazon and Galapagos, Loop Abroad is able to support animal welfare and conservation around the world because of its students and their dedication to helping animals in need.

The program’s Managing Director Jane Stine says, “Our students are some of the most amazing people I have ever met. They are kind, compassionate, dedicated, hard-working individuals who have big goals and want to make a big impact. It’s amazing to see how eager they are to learn and challenge themselves. Over the last nine years, we’ve seen them go on to do some wonderful things.”

Loop Abroad has animal science, marine biology, and veterinary programs for students and young adults age 14 to 30, and offers financial aid and fundraising help. Programs range from two weeks in summer to a full semester abroad, and college credit is available. Interested participants can inquire or apply at www.LoopAbroad.com. Admission to veterinary programs is selective and Fiona was selected based on her transcript, admissions essay, and professional references.

Of her trip, Fiona says, “I’ve learned so much from this. Working so closely with elephants was a life changing experience. I got unbelievable veterinary experience.”

Fiona just completed her sophomore year at Amity Regional High School and will be skipping her junior and senior year of high school to attend Bard College at Simon’s Rock early college.

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Woodbridge Town News

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WOODBIDGE EDUCATION ROUNDUP

Connelly Named Interim Superintendent of Schools

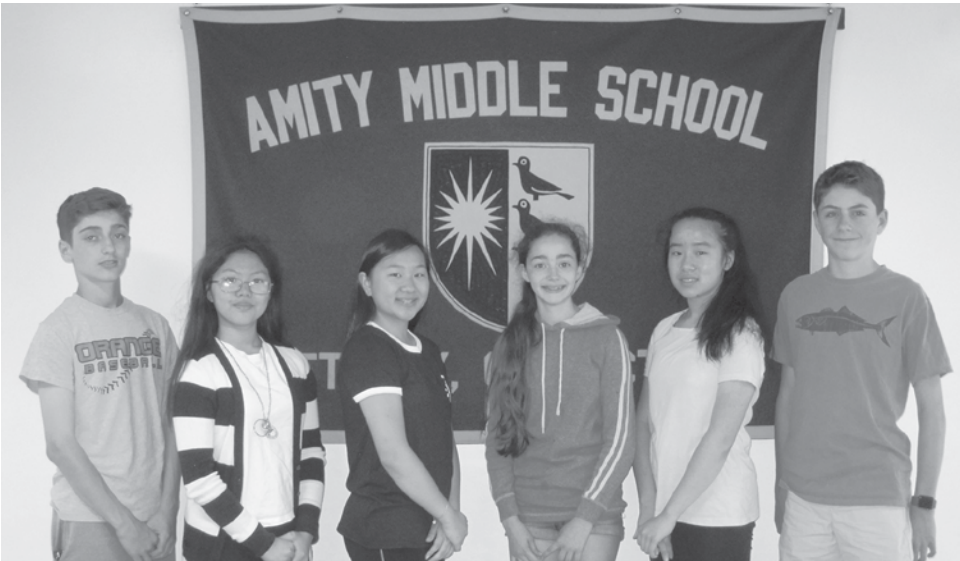
The Amity Regional School Board of Education has appointed James A. Connelly as Interim Superintendent effective July 1, 2018. Mr. Connelly will serve until a permanent superintendent is appointed later this fall according to Christopher Browe, Amity Board of Education chair. Mr. Connelly has served as an interim superintendent in 9 school districts in Connecticut since retiring as Superintendent of Schools in Bridgeport. His most recent assignment was in Stamford, and his past experience includes Woodbridge. He also works with the New England School Development Council as an education consultant specializing in executive searches. He has conducted more than 30 searches for superintendents and other school administrators. Connelly holds a Master of Arts degree and Professional Diploma of Advanced Studies from Teachers College, Columbia University, and a Bachelor of Science degree from Southern Connecticut State University.

Mr. Connelly indicated that he is looking forward to bringing continuity and stability to Amity as the District



James A. Connelly

searches for a new superintendent after the resignation of Dr. Charles Dumais. He said, "Amity is a highly regarded and well resourced district. I look forward to being an active part of the community as we facilitate and implement the initiatives and programs of the Board of Education and staff during my role as a bridge between Dr. Dumais and the new superintendent who is selected."



Left to right: Chris Fournier, Mingyue Zha, Mayee Walsh, Christina Burland, Melinda Lu, Sam Anastasio

Jack Levine Efficiency Award of Excellence

Congratulations to all the pictured students from Amity Middle School in Bethany who submitted at least one cost-saving suggestion for the school as part of the Jack Levine Efficiency Award of Excellence. Suggestions from these students included installing electric hand driers, installing solar panels and geothermal systems, ordering personalized lunches, and digitizing textbooks. Christina Burland, a recent 8th grade graduate, won the Jack

Levine Efficiency Award this year and was presented with a check for \$300 at the June 11th meeting of the Amity Board of Education. Christina's idea was to implement an electronic card system which would take the place of hall passes, saving paper and teacher time. Amity Regional School District No. 5 hopes to implement this process, starting on a small scale, at Amity Regional High School sometime in the near future.

Beecher Happenings

BY ROBERT GILBERT
Superintendent of the
Woodbridge School District



The New School Year is "Off and Running"

Dear Citizens of Woodbridge,
By the time you receive the WTN and read this article, the Woodbridge School District/Beecher Road School (BRS) will be back in full swing. Eager students began classes on August 27 to kick off the 2018-19 school year. Tours for new families, kindergarten orientation and first bus rides for students and their parents as well as the annual PTO Ice Cream Social and upcoming fall parent/teacher open houses provided a full menu of transition activities to ensure a smooth opening and successful school year.

During the summer, planning, student programs, professional learning, hiring and other areas of summer work and facility preparations provided the foundation for a successful start to the new school year.

As in the past, a large number of happy and engaged Beecher students participated in Summer School Programs, many of which focus on maintaining and/or enhancing skills. Summer Enrichment (SEP), Extended Day (E-Day), Summer Scholar's (Literacy and Math) and Special Education/Pre-School programs, along with the ever-popular Woodbridge Recreation Department programs provided students with ongoing academic, enrichment and recreational opportunities. The success of these programs was once again validated by the constant stream of positive feedback from parents.

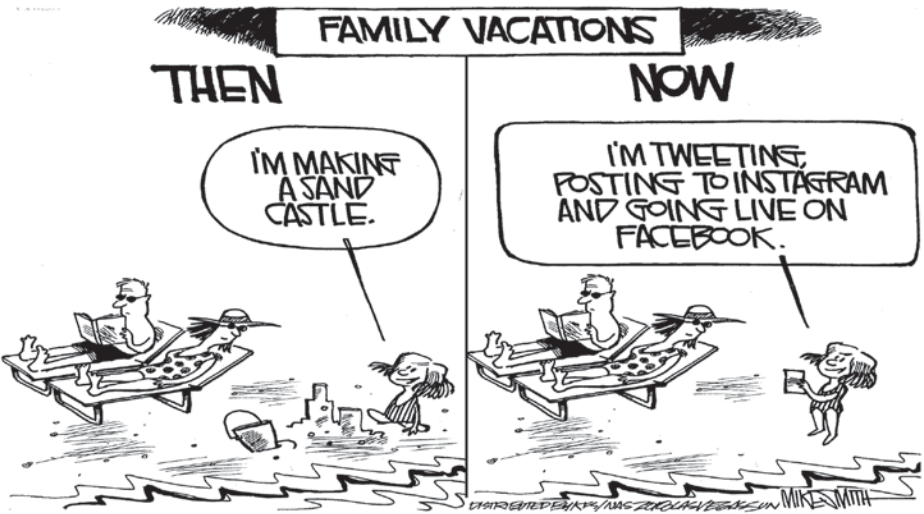
Summer workshops provided ongoing professional learning opportunities for faculty and administration. Two examples include a 4-day Responsive Classroom workshop for new and returning staff (held at Beecher) as well as a visit by administrators to UCONN's Confratute institute for gifted education. Three days of pro-

fessional learning and preparations in August provided all faculty and staff with additional professional learning to support their students. BRS teachers and administrators engaged in summer curriculum work in a variety of curricular areas with extensive work completed in the areas of mathematics and science. Interview processes were completed welcoming new teachers Jason Nolan (Grade 4), Kristina Conroy (Grade 5), Heather Minardi (STEAM), and Kathleen Marlor (Special Education). Finally, the BRS custodial/maintenance staff completed a comprehensive process of cleaning and preparing our large facility for the new school year. Their work is even more impressive given the fact that the building is in total use for most of the summer.

As the new school year unfolds, our Strategic Development Plan will continue to provide direction to our school/district in our five goals: academic preparation, professional learning, student centered/personalized learning, community/diversity and maximizing efficiencies. As always, the Woodbridge School District/Beecher Road School extends its thanks and appreciation to the residents and town of Woodbridge for their consistent and strong support of our students and programs.

Mission: Beecher Road School is a caring, creative community that models and inspires the joy of lifelong learning, embraces diversity, and celebrates the unique qualities of each person.

Vision: To provide a dynamic educational environment that challenges and empowers students to persevere as innovators and collaborators in preparation for their role as responsible global citizens.



WOODBRIDGE EDUCATION ROUNDUP

Amity Kicks Off New School Year

BY MELISSA NICEFARO
WOODBRIDGE TOWN NEWS CORRESPONDENT

After a quick but hot summer, Amity teachers and staff were ready to greet the district’s 2,216 students on August 29. Under the leadership of Interim Superintendent James Connelly, schools were set to open with what he planned on being an outstanding and very successful opening.

To make that happen, he held a convocation on the teachers’ first day back with a keynote speaker. Donna Volipitta, founder of The Center for Resilient Leadership spoke on raising resilient students as Amity kicked off its school year with a theme of resilience. “The goal is for people to leave the convocation on a high note, excited to get to work,” Connelly says.

Prior to the first day of school, all new staff was brought on a bus tour of the Amity community. “It’s important for anyone coming into the district go to an orientation so they can learn about the district, so we’re going to take them on a bus tour of the three towns,” Connelly says. “I think it’s important that new staff know where children are coming from and the types of communities we have.”

B and B Transportation donated a bus and a driver to host the tour. The principals were on board to give the new staff understanding of the communities they’ll be working in. “It’s a very diverse district. You go up to the northern part of Bethany and it’s very rural. You come down to the southern part of Orange and you can’t get any more urban than the stretch on U.S. 1,” Connelly says. “It’s something new, and I hope the people will get the feeling of being welcomed in a real way, not only to the school itself or to the Amity regional community, but also to the three communities in these towns that make up the district. A lot of the districts are doing this now. In many

times, the chief elected officials and members of the historical district want to be part of the tours.”

Upon return to school, Amity students will meet a new school resource officer, a Woodbridge Police Officer, Frank Sapione, a retired Stratford police officer who recently joined the Woodbridge force. “I met him briefly. He’s done this type of work in Stratford for years and has been on top of all sorts of special projects, a negotiator and really has all the bells and whistles in modern policing,” Connelly says. He’ll be with the district full time, not only pulled off his general police duty as needed. The district is in the midst of a security assessment and is awaiting results from an outside firm.

Connelly will fill the role of superintendent as a search for a new leader continues. “I have been most impressed with the commitment and the high expectations of the entire Amity community during my beginning time in the district,” he said. To date, the consulting firm handling the search, JE Consult, has ascertained data by holding 14 focus meetings (one-on-one, small group, elected officials, administration, staff, board members, and community forums) and by synthesizing information which was from over 120 Region Five members who participated in the online survey.

Among the skills sought by survey takers are: an experienced and confident effective communicator, one who understands teaching and learning and one who thinks strategically for 7-12 students. An ideal superintendent will have a collaborative and approachable leadership style, will work closely and effectively with all levels within the organization, understands and embraces complex learners, and understands the subtle difference between wants and needs. The Board of Education is interviewing candidates for the position.



Summer campers at Orange Community Nursery School enjoyed a Disney theme week. Campers enjoyed Disney themed games, projects, stories and songs. Campers ended the week dressed as their favorite Disney character. OCNS will be back to school September 11 at our new temporary location at First Church of Woodbridge.

STUDENT NEWS

**Dean’s List
Union College**

Schenectady, NY -- The following Woodbridge students were named to the 2018 Dean’s List at Union College: Beck DeYoung, Class of 2021 majoring in Liberal Arts; Max Hurwitz, Class of 2018 majoring in Psychology and Philosophy; Samuel Podell, Class of 2018 majoring in Psychology; Cory Sachs, Class of 2021 majoring in Liberal Arts; and Alexander Tellides, Class of 2019 majoring in Political Science and Philosophy. Students with at least a 3.50 grade point average for the entire

academic year were honored with the academic achievement.

**Graduations
Le Moyne College**

Syracuse, NY -- Lucas Morrissey, from Woodbridge, CT, recently graduated from Le Moyne College with a Bachelor of Science degree in Business Analytics. Le Moyne’s 68th Commencement Ceremony took place on Sunday, May 20, on the college’s campus. Approximately 630 members of the Class of 2018 participated in the ceremony.



Dr. Richard Dellinger, principal, presents Lee Keylock the “Friends of Amity Award” along with a donation to the Narrative 4 organization.

Friend of Amity Award

Every year the staff of Amity Middle School in Bethany recognize a person in the community for outstanding contributions to the staff and students with the “Friends of Amity Award.” This year the award was presented to Lee Keylock, a parent, Woodbridge resident, and Global Director of Narrative 4. Mr. Keylock was instrumental in bringing the program, “Narrative 4,” to Amity Middle School in Bethany and the Amity Regional School District No. 5. “Narrative 4” is

a global organization that harnesses the power of the story exchange to equip and embolden young adults to improve their lives, their communities, and the world. Last November as part of “Narrative 4” Mr. Keylock helped arrange for families from Amity Middle School in Bethany to meet Maroon 5 bassist, Mickey Madden, and world-renowned author, Colum McCann, as they introduced parents and students to the global, empathy organization.

Woodbridge Town News

THE WOODBRIDGE TOWN NEWS
ONLINE

Online Version of the Woodbridge Town News

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Amity Middle School – Bethany Campus



Fourth Marking Period Honor Roll

First Honors 7th Grade

Anushka Acharya
Chloe Adzigian
Jacob Alguard
Sam Anastasio
Henry Atwood
Aaron Babajanyan
Edgar Babajanyan
Anchal Bahel
Piyush Bahel
Isabel Barry-Ruiz
Violet Bisset
Ava Boulton
Nina Carmeli
Kai Chometa
Audrey Cummings
Samantha Drane
Maya Dworkin
Leah Facenda
Gavin Fischer
Spencer Fiske
Zoe Fleischman
Hannah Fletcher
Nina Florkiewicz
Mackenzie Floyd
Shreya Hebbar
Ryan Hendrick
Deven Huang
Rebecca Huang
Emily Jackson
Marin Korenaga
Ian Lee
Yuqi Liu
Melinda Lu
Amaan Malik
Nathan Paek
Fiona Pan
Anoushka Paul
Lucas Rodriguez Herlihy
Elyse Rogers
Owen Sachar
Ryan Schatz
Brian Scully
Anthony Sharonov
Elise Sheehe
Ryleigh Sousa
Kai Sovar
Ty Stiber
Luhai Tang
Gabriel Tartaglia
Jay Thomas
Jason Warner
Aadya Wijesekera
Angelina Wyda
Haoyue Yang
Mingyue Zha
Annie Zhan

First Honors 8th Grade

Tess Aksoy
Abigail Ball
Peter Berganross
McAllister Burke
Christina Burland
Samantha Cantalupo
Emma Carpenos
Anthony Ciavarella
Sandra Correya
Kyle DeRienzo
Ashley Dorais
Robert Farbman
Adam Florkiewicz
Johnathan Fortin
Olivia Frankiewicz
Natalie Furst
Zachary Garfinkle
Andrew Gilbride
Eva Gordon
Ava Gross
Nicole Grosso
Victoria Hoyos
Aidan Keylock
Logan Keys
Ilana Leyner
Wincy Lin
Charlotte Lindskog
Emma Lindskog
Maggie Liu
Grace Lodewick
Julia Luciani
Alvin Luo
Sofia Magliocco
Audrey Marin
Angelina Marinko
Jingju Martin
Laurel Maus
Mckenna Maxwell
Ellina Medovnikov
Felicia Mendez
Dan Modiano
Natalie Modiano
Evan Morazzini
Camila Mowerman
Anastasia Prentiss
Abigail Ressler
Amanda Robinson
Juan Rodriguez
Emma Schaffer
Julia Snow
Konstantinos Spanolios
Dylan Speranzini
Jonathan Speranzini
Catherine Tereb
Aiden Tischer
Mayee Walsh
Lauren Wasikowski
Adithi Wijesekera
Gabrielle Wincherhern
Roy Wright
Alice Youtz
Anna Youtz
Eleanor Youtz

Second Honors 7th Grade

Emily Bernier
Sebastian Boscarino
Owen Chadbourne
Nicholas Federico
Juliana Garcia
Owen Lunt
Thomas Martocchio
Isaiah McCoy
Eric Novak
Gavin Reilly
Silas Turner
Thomas Waldron

Second Honors 8th Grade

Nicolette Bucci
Paul Canalori
Sean Doron
John Hallstrom
Julia Hogan
Madeleine Key
James Nichol
Max Raffin
Emma Ressler
John Stiber
Jeffrey Tafuto

Citizenship Recognition – 7th Grade

Anushka Acharya	Samantha Drane	Fiona Pan
Chloe Adzigian	Maya Dworkin	Anoushka Paul
Sam Anastasio	Zoe Fleischman	Julia Rizzuti
Aaron Babajanyan	Nina Florkiewicz	Elyse Rogers
Anchal Bahel	Nell Grant	Brian Scully
Piyush Bahel	Shreya Hebbar	Elise Sheehe
Isabel Barry-Ruiz	Ryan Hendrick	Ava Swain
Violet Bisset	Emily Jackson	Gabriel Tartaglia
Ava Boulton	Yuqi Liu	Jay Thomas
Camryn Brown	Melinda Lu	Ethan Torrens
Karishma Bulsara	Grace Lupoli	Kylie White
Nina Carmeli	Amaan Malik	Aadya Wijesekera
Victoria Cerritelli	Isaiah McCoy	Haoyue Yang
Samantha Criscuolo	Sabrina McGovern	Mingyue Zha
Audrey Cummings		Annie Zhan

Citizenship Recognition – 8th Grade

Tess Aksoy	Ava Gross	William O'Brien
Alex Anderson	Nicole Grosso	Parker Paragas
Abigail Ball	Julia Hogan	Anastasia Prentiss
Emma Beloin	Paige Kergaravat	Kaitlyn Pryor
Christina Burland	Aidan Keylock	Carsyn Rizzuti
Samantha Cantalupo	Wincy Lin	Amanda Robinson
Anthony Ciavarella	Charlotte Lindskog	Juan Rodriguez
Sandra Correya	Maggie Liu	Konstantinos Spanolios
Taylor Dillon	Grace Lodewick	Aiden Tischer
Ashley Dorais	Julia Luciani	Mayee Walsh
Robert Farbman	Sofia Magliocco	Lauren Wasikowski
Adam Florkiewicz	Audrey Marin	Adithi Wijesekera
Olivia Frankiewicz	Jinju Martin	Gabrielle Wincherhern
Natalie Furst	Laurel Maus	Alice Youtz
Andrew Gilbride	Camila Mowerman	Anna Youtz
Eva Gordon	James Nichol	Eleanor Youtz



LOCAL BUSINESS ROUNDUP

19 Cohen And Wolf, P.C. Lawyers Recognized

The Best Lawyers In America® 2019

Cohen and Wolf, P.C. is pleased to announce that 19 of the firm's attorneys have been included in the 2019 Edition of *The Best Lawyers in America*. Since it was first published in 1983, *Best Lawyers* has become universally regarded as the definitive guide to legal excellence.

Lawyers on *The Best Lawyers in America* list are divided by geographic region and practice areas. They are reviewed by their peers on the basis of professional expertise, and undergo an authentication process to make sure they are in current practice and in good standing.

Cohen and Wolf, P.C. would like to congratulate the following lawyers named to *The Best Lawyers in America* 2019 list:

- › Richard L. Albrecht - Family Law;
- › David A. Ball - Commercial Litigation;
- › G. Kenneth Bernhard - Real Estate Law, Municipal Law;
- › Jonathan S. Bowman - Real Estate Law, Insurance Law;
- › Annmarie P. Briones - Family Law;
- › Richard J. Di Marco - Tax Law, Bus. Organizations (including LLCs and Partnerships);
- › Courtney A. George - Litigation-Labor & Employment, Employment Law-Individuals;
- › David L. Grogins - Municipal Law;
- › Jocelyn B. Hurwitz - Family Law, Family Law Arbitration;
- › Stuart M. Katz - Litigation- Labor & Employment, Employment Law-Management, Employment

- Law-Individuals;
- › Mark A. Kirsch - Real Estate Law, Community Association Law;
- › Vincent M. Marino - Municipal Law;
- › Rachel A. Pencu - Family Law;
- › Richard Slavin - Securities/Capital Markets Law, Securities Regulation;
- › Greta E. Solomon - Tax Law, Trusts and Estates, Elder Law;
- › Matthew C. Susman - Real Estate Law, Banking and Finance Law;
- › Joseph G. Walsh - Personal Injury Litigation-Plaintiffs;
- › Austin K. Wolf - Real Estate Law, Land Use and Zoning Law, Litigation-Land Use and Zoning; and
- › David B. Zabel - Commercial Litigation, Litigation-Labor and Employment, Employment Law-Individuals.

The firm began in 1951 with two lawyers, Herbert L. Cohen and Austin K. Wolf, working from a single office in Bridgeport. Since then, the firm has expanded to more than 50 attorneys with offices in Bridgeport, Danbury, Westport and Orange. Attorneys at Cohen and Wolf represent a diverse assortment of individuals, businesses and municipalities, handling their personal and professional legal needs, from matters involving litigation, employment, corporate and securities law, commercial lending, real estate, land use and zoning, to family law and estate planning. Additional information is available at www.cohenandwolf.com.



Amity Physical Therapy Celebrates 14 Years

EXPANDED HAMDEN 'FLAGSHIP' FACILITY

Greater New Haven's most acclaimed physical therapy practice has just turned fourteen. Founded by Michael Dow MSPT and CEO/Clinical Director, Amity Physical Therapy has three offices, has won numerous awards, and recently opened an expanded "flagship" facility in Hamden.

Dow, who received his MSPT Degree from Sacred Heart University set out fourteen years ago with the concept of creating and managing the finest possible therapy practice of its kind. The new Hamden office is massive in size including a spectacular second floor mezzanine that overlooks the main ground floor's spread of therapeutic equipment unequaled in the area. The facility can be considered a masterpiece in therapeutic technology.

Dow's interior decor incorporates informal settings and artful motifs to make patients feel more at home in a relaxed environment during treatment and recovery. No clinical surroundings here. No white walls nor white coats. The entire interior has comfort and aesthetics entwined for the ultimate in physical therapy practice.

"Beyond our superior treatment equipment and the amenities of our offices, it's the 'bedside' manner of our clinicians that has established our reputation. Indeed, healing is an art as well as a science. All therapists are well experienced in a vast array of injuries and nagging physical disorders from arthritic joint pain and serious orthopedic problems, osteoporosis, muscle strains, and post-op rehab... our mission is to return each patient to normal pain free activity as soon as possible. And that includes patients of all ages and levels of physical activity from pediatrics to geriatrics."

Dow and his clinical partner, Kyle Branday MSPT, maintain hands-on, hour to hour supervision of each patient's progress from initial evaluation to final healing. They refer to their practice as a "gateway" to physical health, as they closely communicate with each patient's primary care physician or orthopedic specialist.

For more information, contact Michael Dow or Kyle Branday at the Woodbridge office, One Bradley Road, 203-389-4593 or visit amitypt.com.

www.WoodbridgeTownNews.com

Crisafi Affiliates with Coldwell Banker

Coldwell Banker Residential Brokerage in Connecticut and Westchester County, N.Y. is pleased to announce that West Haven resident Mario Crisafi has affiliated with the Coldwell Banker Residential Brokerage office in Woodbridge. As a sales associate, Crisafi will provide residential real estate services in Woodbridge as well as the surrounding communities in New Haven County.

Crisafi has extensive experience in residential real estate sales. He has been a sales associate since 2007.

"We are greatly pleased to welcome Mario to the Woodbridge office. As a successful real estate professional, he brings with him a breadth of experi-



RESIDENTIAL BROKERAGE

ence and a strong understanding of the local market," said Manager Aileen DeFeo, branch vice president and brokerage manager of the Coldwell Banker Residential Brokerage offices in Woodbridge and Orange. "I look forward to watching Mario continue to grow his business in the months and years to come."

Crisafi can be reached at the Coldwell Banker Residential Brokerage office in Woodbridge at (203) 389-0015.

Coldwell Banker Residential Brokerage, a leading residential real estate brokerage company in Connecticut and Westchester County, N.Y., operates approximately 51 offices with more than 2,300 affiliated sales associates serving the communities of Connecticut and Westchester County, N.Y. Coldwell Banker Residential Brokerage is part of NRT LLC, the nation's largest residential real estate brokerage company. For more information, please visit ColdwellBankerHomes.com.



Mario Crisafi



Staneski, Ferraro Vote To Provide Heating Assistance

State Representatives Pam Staneski (R-119) and Charles Ferraro (R-117) on August 21st supported a bi-partisan, unanimous agreement to provide fuel assistance to low income families across Connecticut regardless of how they heat their homes this winter. During a joint meeting of the Appropriations, Energy, and Human Services committees, both Staneski and Ferraro voted unanimously for the federal block grant LIHEAP (Low Income Home Energy Assistance Plan) that helps low income households cover the costs of deliverable fuels.

The Department of Social Services is expecting the federal government to allocate the same amount as last year, \$80.74 million. According to the Department of Social Services 80,000 Connecticut families were eligible to receive heating assistance last winter.

“This is a public safety issue and it is absolutely necessary for those on fixed

incomes, particularly our Orange and Milford families who are struggling,” Rep. Staneski said. “The LIHEAP program is a lifeline to many and I’m pleased we’re able to reach a bipartisan agreement,” said Rep. Staneski.

“Government should always be there for those that need our help the most,” said Rep. Ferraro. “We must protect programs like LIHEAP and I hope the Federal Government continues to provide this relief to thousands of homeowners who are struggling or on fixed incomes.”

The first fuel delivery available for coverage under the program is November 14, 2018 and the last day to submit deliverable fuel bills is May 31, 2019. Basic Benefits are determined based on income, household size, vulnerability and liquid assets. Vulnerable households and households with the lowest incomes receive the highest awards.

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September 9th, 2018
4pm-7pm
Chip's Family Restaurant
321 Boston Post Road Orange, CT

You're Invited...

Food
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Tickets \$25
Gift Card Treasure Chest

An evening of "Fun"draising for Sunny Brook Farm & Sanctuary

Sunny Brook Farm and Sanctuary is a 501c3 no kill, nonprofit located in northeastern CT. The sanctuary provides both permanent and temporary homes for a variety of animals that need help. Most animals are "lifers" due to age, medical, or behavior issues. The sanctuary provides for both the medical and emotional needs of the animals in their care and works with other rescues to help improve the lives of as many animals as possible.

Join Us!
Ticket includes food and drinks
Teacup Style Raffle: \$1/chance, \$10 for 10 chances + door prize, \$20 for 25 chances + door prize
Treasure Chest Keys: \$10 each
For more information or ticket pre-purchase: sunnybrookfarmandsanctuary@gmail.com or FB

“Nutrition” From Page 6

same local educational agency (LEA). When the carry-over period ends, unless the household is notified that their children are directly certified or the household submits an application that is approved, the children must pay full price for school meals and the school will not send a reminder or a notice of expired eligibility.

No application is required if the district directly certifies a child based on a household member receiving assistance from the Supplemental Nutrition Assistance Program (SNAP) or the Temporary Family Assistance (TFA) program. All children in these households are eligible for free meal benefits. Households receiving assistance under the SNAP/TFA programs will be notified of their eligibility and their children will be provided free benefits unless the household notifies the determining official that it chooses to decline benefits. If any children were not listed on the eligibility notice, the household should contact the district or school to have free meal benefits extended to those children. Households receiving SNAP or TFA benefits for their children should only submit an application if they are not notified of their eligibility by September 28, 2018.

Some children may be directly certified for free or reduced-price meals based on Medicaid (HUSKY). No application is required if the district directly certifies a child based on Medicaid (HUSKY). All children in these households are eligible for free or reduced-priced meal benefits. Households receiving assistance under Medicaid (HUSKY) will be notified of their eligibility and their children will be provided free or reduced-price benefits accordingly, unless the household notifies the determining official that it chooses to decline benefits. If any children were not listed on the eligibility notice, the household should contact the district or school to have free or reduced-price meal benefits extended to those children.

If a child is not directly certified, the household should complete a free and reduced-price meal application

form. The application for the SNAP or TFA households require the SNAP or TFA case number and the households may be asked to provide proof of the SNAP or TFA case number. The signature of an adult household member is also required.

Children in households participating in WIC may be eligible for free or reduced-price meals. Please send in an application or contact the determining official for more information.

When known to the district/school, households will be notified of any child’s eligibility for free meals if the individual child is Other Source Categorically Eligible because the child is categorized as either: Homeless; runaway as defined by law and determined by the district’s or school’s homeless liaison; or enrolled in an eligible Head Start or pre-kindergarten class as defined by law. Households with children who are categorically eligible under Other Source Categorically Eligible Programs should complete an application and check-off the relevant box. Questions should be directed to the determining official. For any child not listed on the eligibility notice, the households should contact the school or determining official about any child also eligible under one of these programs or should submit an income application for the other children.

Households notified of their children’s eligibility must contact the determining official or school if it chooses to decline the free meal benefits. If households/children are not notified by the district/school of their free meal benefits and they receive benefits under Assistance Programs or under Other Source Categorically Eligible Programs, the parent/guardian should contact the determining official or their school.

Foster children that are under the legal responsibility of a foster care agency or court, are categorically eligible for free meals. A foster parent does not have to complete a free/reduced meal application if they can submit a copy of the legal document or legal court order showing that the child is a foster child. Additionally, a foster child may be included as a member

of the foster family if the foster family chooses to also apply for benefits. If the foster family is not eligible for free or reduced-price meal benefits, it does not prevent a foster child from receiving free meal benefits. Note however, that a foster child’s free eligibility does not automatically extend to all students in the household.

Application forms for all other households require a statement of total household income, household size and names of all household members. The last four digits of the social security number of an adult household member must be included or a statement that the household member does not have one. The adult household member must also sign the application certifying that the information provided is correct.

Under the provisions of the policy for determining eligibility for free and reduced-price meals, Gina M. Prisco, Principal will review applications and determine eligibility. If a parent is dissatisfied with the ruling of the determining official, he/she may wish to discuss the decision with the determining official on an informal basis. If he/she wishes to make a formal appeal, a request either orally or in writing, may be made to Superintendent Robert Gilbert, 40 Beecher Road, 40 Beecher Road, Woodbridge, CT 06525 for a hearing to appeal the decision.

The policy contains an outline of the hearing procedure. Each school and the central office of the school district has a copy of the policy, which may be reviewed by an interested party.

If a household member becomes unemployed or if household size changes at any time, the family should contact the school to file a new application. Such changes may make the children of the household eligible for reduced-price meals, free meals, or free milk, if the family income falls at or below the levels shown in the Income Guidelines.

Questions regarding the application process may be directed to the determining official at 203-389-2195.

This is the Public Release we will send on August 8, 2018 to the following news media outlets, the local un-

employment office, major employers contemplating layoffs, etc.

1. Woodbridge Town Hall
2. Beecher Road School Website-
www.woodbridge.k12.ct.us/forms
3. Bethwood Patch
4. Woodbridge Town News

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

- (1) mail:
U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; or
- (3) email: program.intake@usda.gov

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“Letters” From Page 5

worked to get a conservation easement to protect the Fitzgerald Tract from just this sort of development but unfortunately never managed to get that approved.

Thankfully, the Town has established a leash law, and the concerns of the Yale study have been addressed, making a dog park unnecessary for ecological reasons.

Therefore, rationale for a dog park at this time is to benefit dog owners and their dogs. Citing the school of Forestry study out of context falsely

represents the intentions of those who wrote the report.

Maria Kayne

Editor’s Note: Maria Kane is a former member of the Woodbridge Conservation Commission and Selectman and served as Chairman of the Commission at the time of the 2009 Yale School of Forestry and Environment Management Plan Study of the Alice Newton Park and the Fitzgerald Tract.

Meetinghouse Café Has Opened

Recently, Meetinghouse Café

opened at the Woodbridge Center, in the lower level at 4 Meetinghouse Lane. For many years, there was discussion in regards to opening a Café so that our residents could stop for coffee, a pastry and lunch while in the center of Town. Now Meetinghouse Café has opened under the management of Elaine Marcucio. The Café is open from 8 a.m. to 2 p.m. Monday thru Friday and serves everything from breakfast sandwiches, muffins and coffee to salads, sandwiches, soups, cookies and beverages. Although the café is in The Woodbridge Center, it welcomes all ages. You can either relax and have coffee or lunch

at the Center at a bistro table or take it to go.

The Meetinghouse Café is a 7-month pilot program. At the end of 7 months, we will be assessing its’ use to determine its’ sustainability. We hope you will come by to try the Café and see what other activities are happening at the Woodbridge Center.

The Town website www.woodbridgect.org posts the menu. You can be emailed weekly specials by contacting us at 203-389-3430 with your email address.

Mary Ellen LaRocca
Director of Human Services

Saint Barbara Greek Orthodox Church Presents

Odyssey: A Greek Festival

38th Annual Labor Day Weekend Festival
to Feature All Things Greek including Greek Cuisine, Live Music, Greek Dancing and More

Saint Barbara Greek Orthodox Church announced details regarding ODYSSEY 2018: A Greek Festival, to be held August 31 through September 3. This 4-day party features all things Greek, including mouthwatering cuisine, live music, dancing, and a bustling Hellenic agora (marketplace). Set on the grounds of the beautiful Byzantine-style Saint Barbara Greek Orthodox Church, ODYSSEY 2018 offers something for everyone.

ODYSSEY 2018 includes:

- › Classic Greek cuisine – appetizers (meze), Greek pastries (glyka), lamb on the spit (souvla), mous-saka, gyro, spanakopita (spinach pie) and pastitio (Greek style lasagna)
- › “Gourmet Meze Grille” – gourmet appetizers, including saganaki (flaming cheese), gyro platter, loukaniko sausage, grilled shrimp, avgolemono soup, dips and pitas, and more
- › Live Greek cooking demonstrations – learn to prepare some classic Greek foods
- › Greek marketplace – Gourmet Greek grocery, t-shirts, jewelry, arts & crafts, bookstore
- › Treasures ‘n Junque – Odyssey’s giant tag sale
- › Presentations on Greek culture and religion, along with tours of Saint Barbara Church
- › Greek dance performances –Traditional Greek folk dances per-

- formed by the ODYSSEY Dancers
- › Greek dance lessons – taught by the ODYSSEY Dancers (8:45 pm, Sat and Sun)
- › Nightly dancing to ODYSSEY’s live Greek band, “The Hellenic Company”
- › Kids’ area – Rides, games, and magic shows.
- › Raffle – Have a chance at winning the grand prize of \$10,000 cash, or 9 additional prizes!
- › Senior Citizens Day: Fri. 8/31, 12 to 3 pm – 20% senior citizen discount on snack bar and restaurant tent purchases

For 37 years ODYSSEY has delighted the senses with a feast of Greek cuisine, the thrill of Greek dance, the sounds of the bouzouki, and the ethnic flavor of the Agora (Marketplace). Stop by Saint Barbara’s ODYSSEY for Connecticut’s greatest “Greek Party,” a rain-or-shine Labor Day tradition!

HOURS: 12 noon to 10 PM on Fri., Sat., Sun. 8/31, 9/1, 9/2; 12 noon to 7 PM on Mon. 9/3.
FREE ADMISSION and **FREE PARKING** (on-site and next door at Holy Infant Church)
CONTINUOUS FREE SHUTTLE BUS SERVICE BETWEEN GOOD SHEPHERD CHURCH (680 Racebrook Road) and ODYSSEY FESTIVAL (480 Racebrook Road) - 1 MILE AWAY
INFO: www.saintbarbara.org or 203-795-1347

Competitors Bring Home Record Number of Medals!

Master Sangpil Kim of World Champion Taekwondo School is proud to announce the final results of his National Team students as they returned triumphantly from U.S.A.T. 2018 National Championships held in Salt Lake City, Utah this past July! This year’s competition drew over 7,000 competitors from all over the United States, each meeting the criteria of medaling in a regional U.S.A. Taekwondo State Sanctioned event in order to qualify for Nationals.

Ultimately, this event is used to determine who will be selected to represent the U.S. Olympic Taekwondo Team in Sparring, but also to decide “World Class level” U.S.A. representation in the World Championship Competition for



Medal Ceremony: Alesandro Gopal of Woodbridge awarded Gold in 12-14 Cadet Male Breaking Division”

Poomsae (Taekwondo form), Breaking, and Sparring events. In order to qualify for World Class standing, an athlete

See “Taekwondo” On Page 16

Did You Know?

It’s time to send the kids back to school!
Do your college-age children have the proper legal documents in place?

- **Planning for adult children.** Your children are now 18 and going off to college. It is an exciting time where they will have their first experience with independence. As you plan for your children to start school, move away, and begin this new chapter, have you ever wondered what would happen if your child had a medical emergency? Now that they are over 18, you have no legal right to talk with their doctors or receive information about care they are receiving. This could quickly become a nightmare for most parents!
- **Health Care Instructions (AKA Living Will).** Having your adult children sign Health Care Instructions appointing you as their Representative, will allow you the legal authority to be involved in medical decision making and speaking with doctors on your child’s behalf.
- **Power of Attorney Instrument.** Independently managing finances for the first time can be a daunting task for young adults. Having your child appoint you as their Agent will ensure that you can easily assist with their finances, or step into their shoes if they are unable to manage finances for themselves.
- **Ensure you are not left in the dark.** By taking the easy step of having your adult child execute these documents before going off to college, it will provide the family with peace of mind and the ability for you to be involved in health care and financial decision making, in the event that your child ever faces a medical emergency.

If you are interested in learning more about estate planning for young adults, please visit our website and read our blog for recent posts. For advice specific to you or your family, please contact the office. We would be glad to meet with you for a no hassle, no charge initial consultation, no matter how long it lasts.



Steven P. Floman, Allison M. DePaola-Drozdz, and Nicole M. Camporeale of the law firm Floman DePaola, LLC are the authors of this advertisement. This advertisement has been prepared for general informational purposes only and is not intended to constitute legal advice or to create an attorney client relationship. Readers should not act upon the information contained in this article without seeking advice from an attorney regarding the specific facts and circumstances of your case.

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From the First Selectman BY BETH HELLER



Update on August Activities

I'd like to share a brief update on topics that were discussed at the August 8th Board of Selectmen meeting. As always, further details are available at our Town website and I encourage you to read more there. Please let me know if you have ideas or thoughts you would like to share with me.

Senior Center Improvements

At the August 8th meeting, the Selectmen voted unanimously to award the contract for a renovation project for the Senior Center that will provide a ramp and lavatory on the lower level of the Center Building. Construction will begin soon and when completed will provide the Senior Center with the enhancements that will enable them to provide the quality of services our seniors deserve.

Also at this meeting, the draft of a Town Center Beautification Plan was shared with the Selectmen for their input. It anticipates projects such as a local Boy Scout's effort to create Community Sign Boards for his Eagle Scout Project, which met with the approval of the Selectmen. I would like to invite other interested community members and organizations to get in touch to find out how they can also volunteer to help complete some

of the other projects outlined in the Beautification Plan. Please email Betsy Yagla for details on this (byagla@woodbridgect.org).

The Selectmen also received an update on progress towards achieving Sustainable CT certification for the Town as we prepare to meet the late-August deadline for submission. Ad Hoc Sustainability Committee Chairman Jon Gorham attended the meeting to share a report with the Selectmen regarding a "Healthy, Efficient and Diverse Housing" workshop he attended last month, which will help qualify the Town for points in the program.

The Sustainability Committee also recently acted to establish a "Complete Streets Team" to look into options the Town might explore to make our streets safer and more accessible for all people. An initial meeting of the Complete Streets Team took place August 15th at Town Hall and the public is invited to come get involved and hear more about upcoming meetings as they are planned -- please email Sheila McCreven to learn more (smc-

creven@woodbridgect.org).

Dog Park

The Selectmen also voted to authorize me as First Selectman to sign a Memorandum of Understanding (MOU) regarding the establishment of a Dog Park at the Fitzgerald Property, 100 Center Road. As I said at the meeting, I believe this is a compromise solution that will enable the Dog Park group to move forward with their fundraising and efforts to obtain the approvals as outlined in the MOU.

This MOU along with an attached preliminary site location map have been posted to the Town website. Additional background information on this and other projects is also available on the Current Issues page: woodbridgect.org/496/Current-Issues-Projects

Former-Country Club of Woodbridge Property

At our August Board meeting we also received a presentation regarding a proposal for the Town-owned former country club property, located at 50 Woodfield Road.

Woodbridge resident Brian St. Pierre of Insite Development made a presentation to the Board. His presentation material is also available on

the Town website for the public to review on the Current Issues page (link above).

At the Selectmen's meeting, I shared that neither of the other two companies who previously expressed interest in making a proposal have come

back with further detail yet. However since the Board initially reviewed proposals in May, a representative from Fieldstone Village has also met with me to express interest. As I reported to the Board at our meeting August 8th, we will continue our discussions.

Any proposal for this property will of course ultimately be considered by voters in a referendum. I will keep the public informed of all developments along the way.

Please remember that as your First Selectman, 'my door is always open' and I am eager to hear your thoughts and ideas about our Town. I hope you will be in touch!

Beth Heller is Woodbridge First Selectman. She may be reached by phone at Town Hall, 203-389-3401, or by email to bheller@woodbridgect.org.

"School" From Page 1

and increased air temperatures had an impact (mold) in some of the Beecher Road School classrooms," Gilbert wrote in a statement on Friday, August 24. He did not say which classrooms were affected or how many of them.

He said district officials took immediate action "to aggressively re-clean impacted areas with the help of an outside cleaning company, ServPro. The school/district medical adviser as well as the Quinnipiac Valley Health District sanitarian were contacted to provide guidance and input. "They affirmed the process that was taken and assured us that school should open as planned," he wrote. "The administration continues to work with our HVAC vendor to maximize our systems' efficiencies during this hot and humid time of year."

The only thing that was canceled on Thursday, August 23, were the informal meet-and-greet sessions where students can come before the official start of school to meet their new teachers.

Four new educators have joined the roster of teachers at Beecher Road School this year, two of whom had previously spent some time at the school as former interns.

Heather Minardi will step into the shoes of Dr. Caron Stebinger, the school's long-time science coordinator, who retired in June. Mrs. Minardi's role will be slightly modified in that the position is now that of a STEAM teacher, combining Science, Technology, Engineering, the Arts and Math. She comes to Beecher from a STEM magnet school in New Haven.

Jason Nolan joined the fourth-grade team. He previously served as a teacher assistant in the special education program. Like Ms. Minardi, he also was a former intern.

Kristina Conroy joined the fifth-grade team. She has four years of experience and previously taught in Ansonia.

Kathleen Marlor is a part-time resource teacher in special education. She brings eight years of experience, most recently at Bethany Community School. She previously worked at the Children's Dyslexia Center.

After a 6.5 percent increase of the student population over the course of the last school year, enrollment at Beecher Road School seems to have reached a plateau this summer, with 850 students recorded at the end of the 2017-18 school year, and the same number at the end of August. However,

er, with the most recent enrollment increases fresh on his mind, School Supt. Bob Gilbert was cautious whether there could be a last-minute influx of new students. "We're starting off at the same number as at the end of last year," he said. "But those numbers can change."

Principal Gina Prisco said 109 students enrolled for kindergarten, distributed over 6 classrooms, as last year. Every grade level now has six sections except third grade, which has seven sections and sixth grade has five.

According to board policy, current recommended class size is 17-19 students for the lower grades, K thorough 3; and 19-21 students in the upper grades. These are recommended guidelines and have on occasion been exceeded by one or two students. An ad hoc committee of the Board of Education will be looking at those class size recommendations, to figure out whether they need to be updated.

The special education program has seen an increase in its population and as a result the district has hired an additional part-time resource teacher. It also made additional room for the special education program by moving the town's Recreation Department office to the district offices. The school district's business office was moved to the Town Hall. Should the need arise for additional classrooms, the superintendent told the board, they could ask some of the specials teachers to move from classroom to classroom, thus making their room available.

Following the example of many school administrators, who have been using social media platforms to communicate with their student and parent population, Beecher Road School will have an Instagram account with the handle of BRSowls. Instagram is an online site dedicated to sharing pictures and videos. "Instagram will allow BRS administrators to share special events, celebrate student accomplishments, highlight student work and give you a peek into day-to-day happenings," Supt. Gilbert wrote in a Parent Update.

Assistant Principal Analisa Sherman is the administrator for the BRSowls account. She said it is a private account, restricted to parents and students currently enrolled at the school. Parents must request access to see the pictures posted there. They can request access through Instagram, but also need to send an email to instagram@woodbridgeps.org and include their name, Instagram name, the names of their children and their grade levels.

WOODBIDGE RESIDENTS!

Have an Upcoming Birth Announcement, Anniversary, Engagement or Wedding?

Send it to us with a photo and we will publish it FREE.

Woodbridge Town News, P.O. Box 1126, Orange, CT 06477

Email: edit@woodbridgetownnews.com

WOODBIDGE LIBRARY

For the latest news and information, visit our website, like us on Facebook, or sign up for our e-newsletter

September is Library Card Sign-Up Month

Every September, the American Library Association celebrates Library Card Sign-Up Month, encouraging everyone to become a member of their local library. The Woodbridge Town Library encourages you to sign up for a card, or stop in to renew an expired card. Fifty-one percent (51%) of Woodbridge residents have a library card, compared to the statewide average of 41%. This number is fantastic; we would love to see the rate of card holders in town increase.

Getting a card is easy and it's free. All you need is proof of Woodbridge residency—a driver's license, a utility bill, or a tax bill. If you don't live in Woodbridge, you are welcome to check out materials with a library card from the town in which you reside.

To further entice Woodbridge residents, all new and renewed cards in the month of September will be entered into a drawing for a \$50 Amazon gift card!

What can you do with your Woodbridge Town Library card, besides check out books? Check out:

- › DVDs and Blu-Rays of movies, TV shows, documentaries, instructional videos and more;
- › music CDs in all genres;
- › magazines;
- › audiobooks; and
- › museum passes that can get you into many attractions for free or a reduced rate.

The Woodbridge Town Library is a member of the LION consortium, a group of 29 area libraries, which shares materials and delivery services. If we don't own something, chances are very good that we can borrow what is needed from another LION library and have it here within a week.

The Library card also works when you're away from the library and Woodbridge. With your card and an internet connection, you can:

- › Take classes on a variety of topics

with Lynda.com;

- › Use Hoopla to check out ebooks, audiobooks, TV shows, movies, music and comics; and
- › UseLibby (formerly known as OverDrive) to check out ebooks and audiobooks.

Hope to see you soon!

Swinging Through the Stacks Returns!

Mini golf at the Library is coming back. Save the date! March 8 and 9, 2019. Stay tuned for more information from the Friends of the Library!

Adult Programs

Film Screening: Book Club

Thursday, September 6 at 7 PM

Four lifelong friends' lives are turned upside down to hilarious ends when their book club tackles the infamous Fifty Shades of Grey. From discovering new romance to rekindling old flames, they inspire each other to make their next chapter the best chapter. Comedy. PG-13. 104 minutes. No registration required.

A Terrific, Tasty Tailgate with Robin Glowa, The Conscious Cook

Thursday, September 13 at 7 PM

Prepare to impress your friends and family with tasty, yet super healthy recipes. Grains, vegetables, fruits, and dairy ingredients will be transformed into easy to transport dishes that will tantalize your teams' taste buds. Samples and recipes provided. Due to an alcoholic beverage that will be served, attendees must be age 21 and up. Space limited, registration required.

Clutter, Clutter Everywhere—What Do I Do With It? Presented by Anita Taylor

Thursday, September 20 at 7 PM

Fall is a great time to pare down your things and put order into your life. The days are cooler, and the winter holiday rush has yet to start. Professional organizer Anita Taylor will show you the how and why of organizing all your stuff. Systems are the answer!

Find easy solutions and simplify your life with Anita's help. Anita has been helping clients for over 20 years. Copies of her workbook, "Anita's Book" will be available to purchase for \$40 (cash or check) after the presentation. Please register.

Film Screening: Finding Your Feet

Thursday, September 27 at 7 PM

When 'Lady' Sandra Abbott discovers that her husband of forty years is having an affair with her best friend she seeks refuge in London with her estranged, older sister Bif. The two could not be more different - Sandra is a fish out of water next to her outspoken, serial dating, free-spirited sibling. But different is just what Sandra needs at the moment, and she reluctantly lets Bif drag her along to a community dance class, where gradually she starts finding her feet and romance as she meets her sister's friends. Comedy, Drama, Romance. PG-13. 111 minutes. No registration required.

Tovah Martin: A Boot Camp for Your Senses

Tuesday, October 10 at 7 PM

Rescheduled from May 15, the night of the tornado. Please register/re-register. Explore the garden on all levels by attuning your nose to the scents and training your ears to listen. Learn to garden with eyes wide open, ears to the ground, and hands outstretched. You will be led through an odyssey of exploration to awaken the senses and arouse your abilities of perception on all levels. Sharing advice and ideas to deeply enhance the gardening experience while also incorporating a "Smellathon" to help get nostrils in gear, this lecture is beautiful and fun as well as highly practical. This lecture coincides with the publication of a new book, The Garden in Every Sense and Season.

An accredited Organic Land Care Professional through NOFA, Tovah Martin gardens fanatically and organically both indoors and throughout her seven-acre Connecticut garden. She has written more than a dozen

gardening books. She served as garden editor for Victoria magazine; in addition, her articles appear in a broad range of magazines and periodicals. She is a repeat guest on the CBS Sunday Early Show. Tovah teaches houseplant cultivation to Master Gardeners and lectures extensively throughout the country.

Children's Activities & Events

For more information on our Children's Events, please visit our website or call 203-389-3439.

Circle K Petting Zoo

Thursday, September 6 from 4:30-6 pm

Meet some exciting animals as the zoo comes to you! We'll be outside on the library grounds! No registration required. Rescheduled from our August 14 Farmers' Market.

Eager Readers Book Group (Grades K-2)

Monday, September 24 at 4:30 pm

(Please note the change in event time)

Stop by the Children's Desk to pick up a copy of each month's book selection and to register. Read the book at home and then join us for a book discussion and craft the night of the program. This month we'll be reading Little Tree.

Babies Session (0-18 months)

Every Wednesday, 10:30-11 am

Join us for songs and rhymes, fun for little ones. No registration.

Ready to Read (18-36 months)

Every Thursday, 10:30-11 am

Find out how talking, singing and reading build vocabulary and a love of books! No registration.

Preschool Storycraft (3-5 years)

Every Saturday, 11-11:30 am

We switch back to Saturdays starting September 8! Stories and crafts for ages 3 to 5 with an adult, no registration.

“Labor Day is devoted to no man, living or dead, to no sect, race or nation.” — SAMUEL GOMPERS

Meal Delivery and Meetinghouse Café

Elaine Marcucio, owner of New England Young at Heart, has launched a Home Meal Delivery Program. The program has been a huge success thus far. Meals are \$12, made fresh and delivered right to your door. This program is great for aging adults who cannot cook or just don't want to anymore. Marcucio cooks everything and utilizes vegetables from local

farms. Marcucio has been cooking and coordinating programs for 27 years. New England Young at Heart hosts many programs at various locations throughout CT - with dancing, shopping, laughing, and, of course, food. For more information, to sign up for meals or receive our online newsletter call 203-887-5047 or email neyoungatheart@gmail.com or go to www.

neyoungatheart.com.

This is a unique program and it is much needed here in CT. With more and more aging adults staying in their homes it adds stress to their children or caregivers to make sure they are getting a nutritious home style meal. Gift certificates are available! These make wonderful gifts. August's menu is available.

One location that Marcucio calls home is the new Meeting House Cafe located in the Woodbridge Center, 4 Meetinghouse Lane, Woodbridge. Hours are Monday - Friday from 8-2pm. You don't have to be a member to stop in and grab a fresh baked muffin, delicious soup, sandwich or a treat!! Stop in, say hello, and grab a bite!

ARTS & LEISURE



Bethany Land Trust Acquires New Grobe Preserve

Acquisition An Exemplary Achievement During Land Trust’s 50th Anniversary Year

The Bethany Land Trust is thrilled to report that it has acquired the 25-acre Grobe Preserve in time for the Land Trust’s 50th year. Located in the northwest corner of Bethany, the Grobe Preserve is an inholding in the Mendell’s Folly/Woodward Preserve complex that was retained by the family when the Mendell’s Folly Preserve was donated to the Trust in 1971. The Land Trust has long hoped to acquire the property as it is an essential upland habitat for the Mendell’s Folly/Woodward Preserve wetland and watercourse complex. The Mendell/Grobe family generously agreed to sell the property to the Land Trust at half its appraised value. The Land Trust utilized a grant from the Audubon Society/Army Corp of Engineers In-Lieu Fee Wetland mitigation program to purchase the property. The property scored very highly on the habitat values that are necessary for receiving the grant and is home to at-risk Connecticut species.

In celebration of the acquisition

and of the Trust’s 50th year, the Land Trust is now establishing a Stewardship Fund to protect and preserve in perpetuity the 186-acre Mendell/Woodward/Grobe Preserve complex, as well as its other preserves. The fund will be used for habitat enhancement, trail construction and maintenance as well as monitoring and, if necessary, legal defense of the Land Trust preserves. We ask you to join in shepherding the Land Trust into its second half century and beyond by making a generous donation to the Bethany Land Trust Stewardship Fund.

The Bethany Land Trust, Inc. is a private, charitable, non-profit corporation dedicated to serving Bethany through the conservation of land. To make a tax-deductible donation to the Land Trust’s Stewardship Fund, visit <http://www.bethanylandtrust.org/> and donate by clicking on the donations button on the Donations page or visit JustGiving™ <https://www.justgiving.com> and search for Bethany Land Trust.

Ansonia Nature & Recreation Center September Events

NATURE EXPLORERS

Wednesdays, September

5, 12, 19, 26; 10 am

Join us for this 4-week pre-school/toddler program for children ages 2-5 and their adult explorer. Participants will have fun exploring nature every week in these outdoor classes. The classes are loosely structured and influenced by the seasons and interest of the children. We will go outside for a short hike and to explore nature every class so please dress for the weather. Classes will end with a light snack (provided or bring your own) and conversation. TUITION: \$40 per 4-week session (cash or check payable to Ansonia Nature Center).

FALL TERM JUNIOR RANGERS

Thursdays, September 13–

November 1, 3:30–5 pm

Calling all kids 11 to 14 years old who love nature! Has your child wanted to work with animals, garden, help maintain our trails, and help with special events? This is the opportunity to help the Nature Center in our 8-week after-school program. Parental permission is required. Class size is limited; this class fills up fast! FREE.

MAKE YOUR OWN NATURAL DYE

Saturday, September 22, 2 pm

Learn how to make your own dye with natural materials. We’ll go out on the land to find and harvest berries from pokeweed plant. Each person will go home with some dye and some wool yarn to dye! FEE: \$10 per person. Adults and children 9 years and up. Please call to register.

BIRDS ON THE MOVE

Saturday, September 29, 8 am

Join Ranger Jess for this informative program. She will concentrate on the end-of-summer journeys taken by our “flying friends” to faraway places

each year. Find out who’s going and who’s staying put! FREE.

ONGOING PROGRAMS

Creature Features

Saturdays, 12 noon

Come to meet our furry, scaly, and feathery animal ambassadors. You’ll have the chance to touch and hold them in this FREE family program for all ages.

Sunday Guided Hikes

Sundays, 1 pm

Join a Nature Center guide on Sunday afternoons for fun, exercise, and learning about our trails! See the above listings for hikes with a specific theme.

Monday Night Trail Run

Mondays, September 10,

17, 24; 5:30–6:30 pm

This is a call to all of the runners who want something that is out of the ordinary! Ranger Dan will lead you through our 156-acre network of trails, while you burn off the weekend’s extra calories. We guarantee that this FREE program.

Fiber Arts Group

Tuesdays starting September 4, 6 pm

Get together with others to work on your fiber arts projects! Bring any kind of fiber work—knitting, felting, crocheting, etc. A great way to dedicate time to your handiwork and socialize too. FREE.

Pet Loss Grief Support Session

By appointment

Losing a beloved animal can be tragic and a very emotional time for humans. There are numerous resources to turn to for the loss of a human loved one, but limited options for when we lose an animal. This FREE support session is for those who have lost an animal or have one in the process of moving on. Please call Susan Wilson at 1-802-379-4449 for an appointment.

“Taekwondo” From Page 13

must place in the top 8 of his or her division making them contenders for the U.S.A. National Team Trials. To place in the top 8 is really amazing, however, it is truly an accomplishment for one to make it through the competitive rigors required just to qualify as a contestant in this high caliber national event.

World Champion Taekwondo “Con-

necticut Team” members collectively earned 67 medals, an all-time best for this organization. Within the Breaking division, our Amity area students, attending the World Champion Taekwondo Amity/Woodbridge school location, brought home 4 Gold, National Champion, medals, 1 Silver medal, and 5 Bronze medals in the challenging Black Belt Division. Additionally, the Poomsae Color Belt Division, earned

a Bronze medal.

Special recognition should be given to the achievements of Ms. Alicia Gopal, a 15-year-old Woodbridge resident who made World Class ranking in both Freestyle Poomsae for final round, and in Pair Poomsae earning 7th place in the Nation and World Class standing.

Another prominent result was that of Mr. Greg Dania, a favorite local World Champion Taekwondo Master,

who made it all the way to the Quarter Finals in the Men’s Senior Division Black Belt Sparring event earning 4th in the Nation and World Class standing. He is currently teaching and coaching at the Amity Plaza and East Rock locations of World Champion Taekwondo. Master Kim and his Competition Team members are already training and looking forward to the 2019 Nationals event slated for Minnesota next July.

ARTS & LEISURE



Jessica Edwards creates an anime scene as part of the Site Projects fellowship



Jessica Edwards (right) joined forces with other anime enthusiasts from across New Haven

Young Cartoonist Discovers Public Art Can Tell A Story

BY BETTINA THIEL
WOODBRIDGE TOWN NEWS CORRESPONDENT

Amity senior Jessica Edwards of Woodbridge honed her cartooning craft this summer when she participated in a Site Projects art fellowship in New Haven. The fellowship culminated in an exhibit at the Ely Center for Contemporary Art, organized by Site Projects Inc. About 11 high school students from a variety of area high schools participated in the fellowship. They met three times a week at the New Haven Free Public Library throughout the month of July, each working on their own artwork.

The assignment was to use anime to tell a story that reacts in some way to public art in New Haven. Each fellow featured a different city landmark, ranging from Maya Lin’s Women’s Table to murals such as Felice Varini’s tromp-l’oeil Square with Four Circles on the Temple Plaza.

Jessica chose a mural by a woman artist, Swoon, herself sponsored by Site Projects several years ago to create large-scale murals in and around the downtown area. Swoon’s mural Dawn and Gemma on Chapel Street features prominently a woman breastfeeding her infant, with members of the community making up a busy tapestry of comings and goings around them. The trademark of Swoon’s work is that she uses paper cutouts in her murals, cutouts that she glues to the walls like

doilies. Over time the paper disintegrates and eventually may disappear completely.

Jessica said she felt inspired by the mural and took photos of it. Her graphic story is that of two kids who discover the artwork and react to it, coming to the realization that art can make a better world.

As this reporter entered the room where the art fellows were working, she was greeted by a deep silence, with each of the young artists deeply ensconced in their work. Some students worked with traditional drawing and coloring techniques, others used technology software programs designed specifically for artist-illustrators.

Jessica was using ink and a fountain pen, which set her work apart. Having lived in Japan for several years, she was exposed to manga artists, and used a Japanese pen with a collection of different-sized nibs. She said she is working on her own graphic novel in her spare time. After graduation, she is hoping to continue her development as an artist at Brown University or at the Rhode Island School of Art and Design.

Another of the young artists at the table already knew what her message would be, “It made her realize that the world wasn’t boring,” she said of her cartoon character. “she just hadn’t been paying attention.” The fellowship, it seemed, challenged these kids to pay attention. And they did.



Artist Jo Rembish will be exhibiting her acrylic paintings at the Case Memorial Library during the month of October. Her work will include landscapes, florals and seascapes. She is a member of the Connecticut Watercolor Society, the Guilford and Clinton Art Leagues. Rembish’s paintings can be found in many public and private collections.



Dinner on the Farm 2018

Massaro Community Farm’s Farm-To-Table Dinner Experience Fundraiser

Massaro Community Farm will be hosting its annual farm-to-table “Dinner on the Farm” fundraiser in Woodbridge, CT on September 2, 2018. Located amid the fields and flowers of historic Massaro Farm, this celebration features an all-inclusive meal for

the senses prepared by award-winning chef and owner of Zinc, Denise Appel, in addition to an open bar, hors d’oeuvres, dessert and coffee, and a silent auction.

See “Massaro” On Page 20



THE BROADWAY BOYS headline the Jamie Hulley Arts Foundation's annual Evening for the Arts Gala Benefit on Saturday, September 8, 2018, at Fairfield University's Regina A. Quick Center for the Arts. The performance begins at 7 p.m. and is preceded by an Evening for the Arts reception at 6 p.m., which includes complimentary wine and beer, a dessert bar and silent and live auctions. Tickets are available through the Quick Center Box Office: (203) 254-4010, \$45 in advance, \$50 at the door

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Summers Selected To Compete In School Games

Lottie Summers, from Woodbridge, has been selected to be part of the England Girls Blue squad in Hockey at the 2018 School Games – a national multi-sport event for the UK’s most talented school-age athletes taking place at Loughborough University from 30 August to 2 September. 17-year-old Summers, who is a student at the Framlingham College and is a member of the Harleston Magpies, already has an impressive record of success having played with England U16 at the Six Nations in Barcelona.

Over 1,400 athletes will compete across 11 sports at the School Games, five of which include disability disciplines. This year the School Games has introduced four new sports (Canoeing & Rowing, Laser Run, Netball and Triathlon). The event will give many young people, across a variety of different sports, an experience of high-level competition in a multi-sport environment similar to an Olympic or Paralympic Games.

Lottie will be following in the footsteps of some of Britain’s biggest sporting stars who have competed at the event before going on to senior international success. Previous competitors include Paralympic champions Hannah Cockcroft, Ellie Simmonds and Jonnie Peacock, Olympic champion Adam Peaty, heptathlete Katarina Johnson-Thompson and sprinter Adam Gemili.

At the event Summers will experience the excitement of competing at the highest level. She will live in a dedicated Athletes’ Village on the Loughborough University campus, take part in a School Games ceremony and perform in front of huge crowds of spectators.

“The School Games National Finals provide a great opportunity for talented young athletes like Lottie,” says Ali

Oliver, Chief Executive Officer of the Youth Sport Trust. “Competitors get a real taste of what it’s like to be part of a world-class sporting event at the amazing sporting venues of Loughborough University, and the event is a great way to see our future sporting champions in action today.”

The 2018 School Games is supported by National Lottery funding from Sport England and Home Country Sports Councils and is delivered by the Youth Sport Trust.

Tickets for the event are available now at <https://www.schoolgamesfinals.org/buy-tickets/>.

The Youth Sport Trust is a children’s charity working to ensure every child enjoys the life-changing benefits that come from play and sport. It has more than 20 years expertise in pioneering new ways of using sport to improve children’s wellbeing and give them a brighter future. The charity works with more than 20,000 schools across the UK and operate on a local, national and global level. It harnesses the power of sport, physical education and PE to build life skills, connections between people and support networks which increase life chances through greater attainment, improved wellbeing and healthier lifestyles. www.youthsport-trust.org

Sport England is a public body and invests more than £300 million National Lottery and government money each year in projects and programmes that help people get active and play sport. It wants everyone in England, regardless of age, background, or level of ability, to feel able to engage in sport and physical activity. That’s why a lot of its work is specifically focused on helping people who do no, or very little, physical activity and groups who are typically less active-like women, disabled people and people on lower incomes.



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“Massaro” From Page 17

Admittance to the dinner includes a farm tour by Farmer Steve Munno beginning at 4:30 PM. Ingredients for the dinner will be primarily sourced from the 10-acres of organic produce grown on the 57-acre former dairy farm. The dining portion of the evening will follow. Additional menu items will be graciously provided by New England Brewing Co., RIPE Bar Juice, Koffee?, and Walnut Beach Creamery.

“This wonderful evening is a great way to showcase our organic farm in action while bringing the community together for a delightful meal under the stars,” said farm executive director, Caty Poole. “Our mission is to keep farming, feed people, and build community and this is one of the ways the community can be a part of and support our mission.”

Proceeds for the dinner will benefit Massaro Community Farm’s education and food donation efforts. The farm

regularly hosts field trips, after school programs, and summer camp for area youth and donates 10% of produce to organizations in need. In 2017, the farm donated more than 10,000 pounds of organic produce to local hunger relief agencies including Salvation Army in Ansonia, Woodbridge Senior Center, and the Connecticut Food Bank.

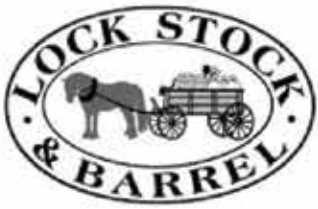
Tickets are \$150 and may be purchased online by visiting the farm’s website, www.MassaroFarm.org. Or a check can be sent to the farm’s office for the appropriate number of tickets, 41 Ford Road, Woodbridge, CT, 06525. \$75 of the ticket is tax-deductible.

Sponsors of the event include Southern Connecticut State University, Buckley Wynne & Parese, Wareck D’Ostilio, BIC Corporation, Coldwell Banker Real Estate, Shaefer Inspection Services, A-1 Toyota, Ciola Excavation LLC, Jacobi Case and Speranzini, P.C., Joyce Printers, Ryan & Tyma LLP, Marcus Insurance, and Dr. Peter Schioppo, Chiropractor. Sponsorships and auction items are still being accepted with more information on how to support the event on the Massaro Community Farm website.

Organized in 2008, Massaro Community Farm, Inc. is a nonprofit, certified-organic farm in Woodbridge, CT. It is committed to supporting the legacy of farming, feeding neighbors in need, and building community through events and hands-on education for all ages. For more information about the farm, please visit www.MassaroFarm.org, or call (203) 736-8618.

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Q: I've seen previews for a new, live-action **"The Little Mermaid."** Is there anything you can tell me about it? It looks really good! -- Jeanette F. in Florida

A: You can catch the fantasy drama -- which stars **William Moseley, Poppy Drayton, Shirley MacLaine** and **Gina Gershon** -- in theaters now. I spoke with Poppy, who plays Elizabeth, the mermaid, and she told me all about it: "It follows the story of a young man called Cam and his little niece Elle. He's an investigative journalist, and he goes to a town in Mississippi to find out more about this healing water. In the process, he discovers a circus where a mermaid, Elizabeth, is being held captive -- an evil lord has caged her soul and her spirit. It's all about their attempt to rescue her and set her free."

"It's a really beautiful, beautiful story, and **Blake Harris**, who's the writer and director, wrote a beautiful script that immediately captured the hearts of all of us involved. The power of belief is incredible, and if you can try to not allow your mind to get confused or bogged down by things and keep a childlike wonder for the world, hopefully magical things will happen."

"There's a lovely quote by **Ron Wild** that says, 'Seek the wisdom of the ages, but look at the world through the eyes of a child.' That quote really captures what the movie's about."

Q: Is there any news about another season of **"Documentary Now!"**? -- Scott H., via email

A: The hilarious **Fred Armisen/Bill Hader** mockumentary series premieres its seven-episode third season on Feb. 20 at 10/9c on IFC. One installment I am particularly looking forward to is the segment that stars Oscar-winning actress **Cate Blanchett**. She stars in a takeoff of the much-lauded 2012 documentary "Marina Abramovic: The



Poppy Drayton [Poppy Drayton]

Artist Is Present."

The episode, which is titled "Waiting for the Artist," follows Izabella Barta (played by Cate) as she "prepares for a major career retrospective." Izabella also is reconciling with her former lover Dimo Van Omen (played by Fred Armisen), who is an infamous figure in the art world. Other guest stars this season include **Taran Killam, John Mulaney, James Urbaniak, Richard Kind, Paula Pell** and **Renee Elise Goldsberry**.

Q: Are **Matt Damon** and **Ben Affleck** going to collaborate on anything soon? It's been a while. -- Jack F., via email

A: Yes, they are. Fox recently bought the story rights to the McDonald's Monopoly game scandal that hit the news a few months back, wherein an ex-cop rigged the game and allegedly stole more than \$24 million, which was shared among himself and fellow co-conspirators. Ben is attached to direct and Matt will star in the big-screen adaptation of **"How an Ex-cop Rigged McDonald's Monopoly Game and Stole Millions"** by **Jeff Maysh**, detailing the years-long heist that surprised the nation when the news was first published in July in "The Daily Beast."

Write to Cindy at King Features Weekly Service, 628 Virginia Drive, Orlando, FL 32803; or e-mail her at letters@cindyelavsky.com.

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TOWN DEPARTMENTS & AGENCIES



From top to bottom: Seventh Grade Picnic Excitement, Mini-Golf for friends and Tug of War between Woodbridge and Bethany Students

Youth Services Holds Seventh Grade Picnic

The 20th Annual Seventh Grade Picnic for local residents was a great success due to the energy of the students, the great weather, some fun music and games, mini-golf, pizza, and raffle prizes. Dignitaries who attended encouraged students to work hard, but have fun. Woodbridge First Selectman Beth Heller, Bethany Selectman Clark Hurlburt, Amity Interim Superintendent James Con-

nelly, Principal Dr. Richard Dellinger, and Assistant Principal Thayer Doyle each said a few words. Senator George Logan stopped in to give his support. Students look forward to their Back to School Blowout on Friday, September 21st, also at Amity Middle School-Bethany. Woodbridge Youth Services and the Town of Bethany sponsor Youth Evening Programs.



Elaine Marcucio operates the Meetinghouse Café.

Meetinghouse Café Opens

Ever in the Center of Woodbridge looking for a quick and delicious bite? Look no further than the new Meetinghouse Café located at 4 Meetinghouse Lane on the lower level. The café is open from 8 am to 2 pm M-F and has everything from breakfast sandwiches, muffins and coffee to salads, sandwiches, soups, cookies and beverages. Although the café is in The Wood-

bridge Center, all ages are welcome. For menu choices and prices, please see the Town's website at www.woodbridgect.org or come in and check out the menu! Additionally, vendor Elaine Marcucio, provides in-home meal delivery five days per week. For more information and to sign up please call 203-887-5047, 203-389-3491 or neyoungatheart.com.

WOODBIDGE CENTER

Award Winners Announced! Living Treasure Awards Dinner October 3, 2018

Woodbridge Human Services will host the Living Treasure Award Ceremony and Dinner from 5:30 to 8:30 pm.—at the Center building. The winners of the inaugural Living Treasure Award are: Robert Conniff, Dorothy J. Martino, Louisa E. Cunningham and Leland Torrence, Sr. These four individuals have contributed years of volunteer service to the Town of Woodbridge and will be honored at the Living Treasure Award Dinner on October 3 in the Woodbridge Center Gymnasium at 4 Meetinghouse Lane. We are grateful to the community for nominating a wonderful group of residents with a vast collective contribution to this town! The evening features a silent auction, program, pasta dinner and entertainment. Tickets for this wonderful community building evening are \$35.00 and are available at the Woodbridge Human Services office, 4 Meetinghouse Lane, 203-389-3429. We congratulate the winners and invite the community to purchase tickets by September 26 at Woodbridge Human Services. For information on congratulatory messages, ads, sponsorships and the silent auction, visit www.woodbridgect.org, email humanservices@woodbridgect.org or call Human Services at 203-389-3429. All proceeds benefit The Woodbridge Center.

New Meetinghouse Café

Ever in the Center of town looking for a quick and delicious bite? Look no further than the new Meetinghouse Café located at 4 Meetinghouse Lane on the lower level. The café is open from 8 am to 2 pm Monday through Friday and has everything from muffins and coffee to sandwiches, salads, soups, cookies and beverages served at market prices. Although the café is in The Woodbridge Center, all ages are welcome to come and enjoy. For menu choices and prices please see the Town's website or come in and check out the menu! Additionally, our vendor, Elaine Marcucio and New England Young at Heart, now offers Elaine's Home Meal Delivery, a five day per week home meal delivery program bringing hot meals directly to you or a family member. Please call 203-887-5047 or 203-389-3491, or visit <http://www.neyoungatheart.com> for more information on menus, prices and directions on how to order meals.

Continuing services:

Our 2-day per week hot, nutritious meal program will continue on Tuesdays and Fridays with no interruption. The cost will remain \$3.00 for eat-in meals and \$4.00 for take-out meals. The menu for our 2-day per week nutritious meal program is available at

See "Woodbridge Center" On Page 29

TOWN DEPARTMENTS & AGENCIES

Connecticut Energy Assistance Program

Starting September 10, 2018, Woodbridge Human Services Department will be scheduling appointments for Woodbridge residents for the 2018-2019 Connecticut Energy Assistance Program administered by TEAM, INC. Income eligibility requirements must be met.

Verification of income and assets must be submitted with the application. This includes copies of the last bank statement(s) or check(s) for: a) pay stubs (last 4), or income verification from the individual's employer, b) Social Security benefits notice, c) Supplemental Security Income, d) pension, e) unemployment, f) alimony/child support, g) interest and dividend income, h) and utility bill. In addition, the names, dates of birth, and social security numbers of all members residing with the applicant are required.

For more information regarding Energy Assistance Program, or to schedule an appointment, please call Woodbridge Human Services Mary Ellen LaRocca or Judi Young at 203-389-3429.

Youth Services

BY NANCY PFUND

Woodbridge Youth Services For Middle School Students

9/21/18-Back To School Blowout

Woodbridge Youth Services and the Town of Bethany will sponsor the Blowout for resident seventh and eighth graders on Friday, September 21, 2018 from 6:30-8:30pm at Amity Middle School-Bethany at 190 Luke Hill Road. The event costs \$5 for no-skill-needed fun. Kids will dance with our DJ, challenge friends in crazy games, and have a laugh. Food and dessert included. Great raffle prizes at each event. Register in advance and get an extra raffle ticket. Sign our email list to get a reminder to register. Parent and high school junior and seniors needed to volunteer. Call 203-389-3429 for information or to register.

tour through Yale to take pictures, and return to the store for an editing session. Students will return to the Amity Middle School-Bethany at 4:45 for parent pick-up. The first session is called "Portraits and People" and focuses on editing techniques. The second is a sketch walk. We'll take pictures on tour and then draw the photo when we return to the store. Register for one or both. Space is limited. Call 203-389-3429 for more information.

9/27/18 & 10/18/18 – iPhone Photography Trips

Woodbridge Youth Services is offering two exciting after-school trips on December 1st for iPhone Photography workshops. Registered students will board a bus at dismissal at Amity Middle School-Bethany to the Apple Store in New Haven. Take a walking

11/1/18 – Kindness Klub Kick Off

Seventh and eighth graders are welcome to join our email list to learn about our multi-year Kindness Klub sessions. Come to one or as many as you want. We'll meet in the cafeteria after school and make a craft to be donated to a worthy cause; like the local homeless shelter or Wounded Warriors. These sessions are free and you'll earn community service credit while you listen to tunes, and have snacks, and help make someone's day with your creation. These sessions are at Amity Middle School-Bethany, and end in time to hop on the late bus. Dates will be announced. Call 203-389-3429 for more information.

Yoga Fall Classes Begin Soon

New Meditation Class – Wednesday Evening 8-9
Gentle Yoga with Diane King

Classes for varied fitness levels in a gentle style. Focus on balance, posture, and strength. Breathwork calms the nervous system. Meditation deepens your inner resilience. Morning Classes are "no knees". Contact yogadiane@gmail.com, Diane King 203 494-3745 or Woodbridge Recreation 203 389-3446. Register with Woodbridge Rec or at first class. Morning yoga classes are held 10:30 am to 11:45 am. Evening yoga class is held 5:30pm to 6:45 pm. All classes held in Room 16, 4 Meetinghouse Lane Woodbridge, Old Center School between the Library and Town Hall.

Breakfast Lecture Series

Join us to kick off our Breakfast Lecture Series at The Woodbridge Center on Thursday, September 27, 11 am- 12 pm. Dr. Jennifer D. Botwick, a graduate of University of Bridgeport College of Naturopathic Medicine, will be speaking on Stress Management, Mindfulness & Hurry Sickness. Dr. Botwick is a Board Certified and State Licensed Naturopathic Physician, in addition to being an adjunct in the Department of Public Health at SCSU and a clinical Supervisor to students at her alma mater. Come join us in conversation and learn the latest in research and techniques on how to become more mindful and reduce stress in your life. Naturopathic physicians combine the wisdom of nature with the rigors of modern science.

After the lecture, stay a while and check out The Meetinghouse Café for a nosh!

Kindly rsvp to jglicksman@woodbridgect.org , or call (203) 389-3430. Lecture will be held at The Woodbridge Center, Center Building, 4 Meetinghouse Lane, Woodbridge.

Town of Woodbridge Meetings for the Month of September 2018



(Subject to Change, Check with Town Clerk's Office, 203-389-3422)

9/4	Human Services Commission	7:00pm	Center Bldg.
	Town Plan & Zoning Commission	7:30pm	Town Hall
9/5	Zoning Board of Appeals	7:30pm	Town Hall
9/12	Board of Selectmen.....	5:00pm	Town Hall
	Police Commission	6:00pm	Police Dept.
	Library Commission.....	6:30pm	Library
9/13	Economic Development Comm.	7:00pm	Town Hall
9/17	Fire Commission.....	6:00pm	Fire Station
	CUPOP.....	6:30pm	Town Hall
	Zoning Board of Appeals	7:30pm	Town Hall
9/20	Investment Committee	5:00pm	Town Hall
	Board of Finance.....	6:00pm	Town Hall
	Conservation Commission.....	7:30pm	Town Hall
9/24	Recreation Commission	7:00pm	Beecher School So.
9/25	Government Access TV Commission .	7:15pm	Town Hall
9/26	Inland Wetlands Agency	7:30pm	Town Hall



HOUSES OF WORSHIP EVENTS

Congregation Or Shalom Events

Weekly Services

Minyan Services

- › Sunday 9:00 AM
- › Monday 7:30 AM
- › Thursday 7:30 AM

Healing Circle

- › Wednesday 7:30 AM

Shabbat Services

- › Friday 7:00 PM
- › Saturday 9:30 PM

Shabbat At The Gazebo

Friday, August 31, 2018 At 7:00 PM

Join us as we hold our annual outdoor Friday night Shabbat Service in the Gazebo at High Plains Community Center! Rabbi Alvin Wainhaus will bring his guitar and lead us in a joyful “sing-along” service. This is a wonderful opportunity to introduce prospective members to Or Shalom and to Rabbi Wainhaus. Approximately 100 people attend this popular Service. Chairs are provided but we encourage you to bring your own lawn chair. (Note the grounds and pavilion will be available prior to the event, if you would like to bring a picnic.) We will also be



Congregation Or Shalom

recognizing our new members during the Service. We look forward to seeing everyone! In addition, we will honor Taylor Gourdier, the Warren Weisswasser Social Action Fund scholarship recipient.

Community Yizkor Service

September 19, 2018, 4:30 PM

Or Shalom is offering all non-members an opportunity to come to a free community-wide Yizkor Memorial Service on Yom Kippur Day. This service, which will last under an hour, is open to the public without any membership obligation. The Service will be led by the synagogue’s Ritual Committee Chair, Robert Spaulding and his wife Tova Clayman.

High Holy Days

At Temple Emanuel Of Greater New Haven

The High Holy Days are a time of joy and reflection at Temple Emanuel. The schedule of services and related activities for 2018/5779 is as follows:

Sunday, September 9	8 pm	Erev Rosh Hashanah
<i>Oneg after the service</i>		
Monday, September 10	9:45 am	Rosh Hashanah Children’s Service*
	10 am	Rosh Hashanah 1st Day Service
<i>Kiddush after the service, followed by Tashlich</i>		
Tuesday, September 11	10 am	Rosh Hashanah 2nd Day Service
<i>Kiddush after the service</i>		
Tuesday, September 18	8 pm	Kol Nidrei/Erev Yom Kippur Service
Wednesday, September 19	9:45 am	Yom Kippur Children’s Service*
	10 am	Yom Kippur Morning Service
	4:15 pm	Mincha/Yom Kippur Afternoon Service
	approx. 5:45 pm	Yizkor/Memorial Service
		Neilah/Concluding Service Havdalah Service
<i>Break Fast to follow</i>		
Sunday, September 23	9:30 am	Sukkot family program, Sukkah building and potluck lunch in the Sukkah
	6:30 pm	Erev Sukkot Service
Sunday, October 23	6:00 pm	Erev Simchat Torah/Consecration Service

*Children’s High Holy Day Services are intended for children in grades preK-5. Younger children are welcome to attend if accompanied by an adult. Reservations are necessary.

Please contact the TE office at 203-397-3000 or office@tegnh.org for de-

tails.
Guest passes are available, contact the office (guest tickets are required for security purposes).
Temple Emanuel is located at 150 Derby Avenue in Orange, www.tegnh.org.

Orange Congregational Church Resumes Schedule

Orange Congregational Church located at 205 Meeting House Lane in Orange will resume its regular weekly worship schedule for the fall on Sunday September 2, 2018 with an 8:00 a.m. service in the Chapel and a 10:00 a.m. service in the Sanctuary. Every Sunday from 9:30-11:30 a.m. there is a child-care experienced Crib Room Attendant for all birth to Pre-K children whose parents or guardians are attending the 10 a.m. worship service.

Sunday, September 9th will be our “Welcome Back” Sunday with music from our Senior Choir. Our church school programming Bible Literacy Adventure Stations (B.L.A.S.T) will begin for the church year and run during the 10:00 a.m. service; this year’s theme is “Courage”. Also, during the September 9th service, children may bring their backpacks in for a blessing and, after worship, the Generosity Team will coordinate a potluck on the Orange Town Green (in case of inclement weather, it will take place in the John Ho Dining Room).

There will be a youth table at coffee hour during September for those students in grades 6th-12th who are returning or would like to join our youth program. Junior Choir is also accepting new members for students in Grade 2 and up; they practice weekly after church on Sundays and perform once a month and on church holidays. Confirmation for 7th & 8th graders begins



Orange Congregational Church

on September 19 with an orientation for parents and sponsors; interested families need to contact the church office before September 5.

Our regular Bible study group “God Is Still Talking” (G.I.S.T.) will begin meeting again on Sunday mornings at 8:15 a.m. Fellowship Breakfasts meet on the third Thursday of the month at 8:00 a.m. at Chip’s Restaurant to hear different speakers. Also, the Widow and Widowers Club of Orange meet at the church on Thursday evenings from 7-9 p.m. in the Katherine Knight Room; all widows and widowers are welcome. Our Music on the Green series will begin on Sunday, November 11th at 4:00 p.m. in the Sanctuary with a dulcimer performance from Ted Yoder.

Please contact the church office at 203-795-9749 for more information on any of our events or programs. We are an Open & Affirming congregation and we are happy to have you join us, as our church community begins an exciting new season!

RESERVE YOUR AD SPACE TODAY. CALL US AT 203-298-4399.

Friends & Family Bowling Night

The Episcopal Church of the Good Shepherd kicks off the school year with a Friends & Family Bowl Event. Please join us for our CGS Family Bowl event at the Amity Family Bowling Center, 30 Seldon Street, Woodbridge, CT from 7 PM to 9 PM on Saturday September 15th, 2018. This fun event for all is open to all ages from 5 through 105 years old, no Bowling experience is necessary. Bring yourself, family and friends for fellowship and fun with open lane bowling. The cost is \$20/person, \$10/kid under 12 years old, \$60 maximum per family, which gets you a bowling ball, shoes, soda, and popcorn. Cash bar and grill are available. Monies will be collected at the door, first come first served.

The Episcopal Church of the Good Shepherd is located on 680 Racebrook



The Church of the Good Shepherd

Road, Orange, Connecticut. For more information about The Church of the Good Shepherd’s service times and many other programs please call the Parish Office at (203) 795-6577, email us at thegoodspeherd@optonline.net, visit our website at www.thegoodshepherdoranged.org, and, of course, check our Facebook page www.facebook.com/cgsoranged for frequent postings.

SUPPORT OUR ADVERTISERS!

Tell them you saw their ad in the Orange Town News.

HOUSES OF WORSHIP EVENTS

Coping With Loss

Precious Blood Parish in Milford is hosting a Bereavement Support Group for people to gather together to help cope with the loss of a loved one. The 10-week session begins on Thursday, September 27th from 1:00-3:00pm in the St. Agnes Church Hall located at 400 Merwin Avenue in Milford. The

group meets every Thursday until December 8th. Anyone coping with the loss of a loved one, recently or years ago, is welcome.

To learn more and register, call the Ellen at (203) 283-1934 or Margaret at (203) 874-2376, www.preciousblood-parishmilford.org.

Mishkan Israel To Host Annual Reform Selichot Service

On Saturday, September 1st at 7:00 p.m., members of Reform Congregations in Cheshire, Hamden, Orange and Southbury will come together at Congregation Mishkan Israel in Hamden for the Annual Union Selichot Service for area Reform Congregations.

Selichot, an inspirational evening service held prior to Rosh Hashanah, culminates the process of repentance and forgiveness. The annual service is a once-a-year opportunity to be together as part of a bigger Jewish community

and family. Rabbis, Cantors, Choirs, and soloists from participating congregations will lead the prayers, songs and study of psalms.

The community is invited. Congregation Mishkan Israel is located at 785 Ridge Road in Hamden. We are the 14th oldest congregation in the United States, and the oldest continuously operating one in New England. For more information, call the synagogue office at (203) 288-3877 or visit www.cmihamden.org.

Holy Infant Church Women's Guild News

The Holy Infant Church Women's Guild held its annual Installation Dinner this past May. Officers installed for the coming year are President, Linda D'Andrea; Vice-President, Joyce Mauro; Treasurer, Margherita Lisi; Recording Secretary, Lisa Stackpole; and Corresponding Secretary, Margaret Siena. At the dinner, the Guild awarded 2 \$1000 scholarships to graduating high school seniors. They are Alexandra Justo, who will attend Sacred Heart University, majoring in Social Work/Catholic Studies and Grace Whitman who will attend Providence College, majoring in Biology.

Upcoming events for the Guild include its 75th annual Membership Tea to be held on Sunday, Sept.9. Benediction will be in the church at 2:30 pm followed by tea in the Guild Hall. Dues for joining the Guild are \$10. The dues are used for projects such as scholarships, Midnight Run, Baptismal gowns, Orange Health Care Center visits, and church improvements.

The Guild's first general meeting of the year will be on Tuesday, September 11 at 6:30 pm in the Guild Hall. Court-



Holy Infant Church

ney Huggins, RD, from Shop Rite will be giving a cooking demonstration and tasting of a healthy recipe.

The Guild will be participating in the Gala Preview for a Great Cause event on Thursday, Oct. 4, 10 am - 9 pm, at the new Boscov's store at the CT Post Mall. Be among the first to see the store before its grand opening! Admission tickets to this exciting event are \$5 each. Your entire donation will go to the Women's Guild. There will be refreshments, entertainment, and a free gift.

Tickets will be available for purchase after all Masses in September and by calling the Rectory at (203)799-2379.



15th Annual Saint Basil Greek Cultural Fair

St. Basil Greek Orthodox Church in New Haven will hold its 15th annual Greek Cultural Fair, the parish's major fund-raising effort, from September 20 through September 23 on the parish grounds at 1 Tower Lane. Hours are 11 a.m. - 6 p.m. daily (Thursday - Sunday).

Souvlaki and gyro will be freshly grilled, and the cooks of the parish will prepare traditional spinach (spanakopita) and cheese (tyropita) pies, fresh salad, pastries and coffee. The menu will also include moussaka, (layers of

eggplant, tomato, and ground meat with a Bechamel sauce and pastichio (baked macaroni with ground meat in a cheese sauce). There will be home-made traditional pastries -- baklava, galaktoboureko, and karyopita -- as well as koulourakia (cookies) and rice pudding., as well as Greek coffee and frappe. All food will be available for take-out as well.

A Greek marketplace will feature icons, books and small gifts.

Call 203-387-9504 or 203-606-2240 for information.

www.WoodbridgeTownNews.com



4 Meetinghouse Lane, Woodbridge, CT 06525
Phone 203-389-9118 / Fax 203-387-9228
woodbridgechildcenter.com
Director Dawn Moretti: dmoretti@woodbridgechildcenter.com

NOW ENROLLING FOR THE FALL!

Infant and Pre-K Openings
Please call to set up a tour or for more information.

care4kids

Woodbridge Town News

ATTENTION CHURCHES, SYNAGOGUES, AND HOUSES OF WORSHIP!

Send us your organizations events listings and items of interest.
We will publish them for free.

Woodbridge Town News – P.O. Box 1126, Orange, CT 06477
edit@woodbridgetownnews.com

CLUBS & ORGANIZATIONS

Upcoming Events At Massaro Community Farm



Dinner on the Farm 2018 – Farm-to-Table Fundraiser
Sunday, September 2, Massaro Community Farm, 41 Ford Road, Woodbridge, CT, 4:30 – 9:00pm

Join us for the annual Dinner on the Farm event, a celebration featuring an all-inclusive meal, open bar, desert, coffee, and silent auction. The family style meal (including vegetarian options) is exquisitely prepared by award-winning chef and owner of Zinc, Denise Appel. Guests dine amid the fields and flowers of the farm. Admittance includes a farm tour, open bar, hors d'oeuvres, and games. Proceeds support the farm's commitment to farm-based education and the thousands of pounds of produce we donate each season to those in need. Tickets are \$150 per person and can be purchased online (meal value \$75).

Beekeeping Workshop – Winter Hive Preparation
Saturday, September 15, Massaro Community Farm, 9:00am and 11:30am

Hosted by the farm and conducted by Ted Jones (Jones Apiary, Farmington) and the Connecticut Beekeeper's Association. Advanced registration is not required for these hands-on sessions in the farm's apiary. Beekeeping workshops generally run 75-90 min-

utes. Suggested donation \$10/pp. Only steady rain cancels.

Bartender's Garden
Thursday, September 20, Massaro Community Farm, 7:00pm

Learn how to make cocktails and mixers from your garden! Local bartender and herbalist, Krissi Listorti, goes through the process of what it takes to make bitters, simple syrups, and mixed drinks from herbs that you can find in your garden or perhaps even growing wild. Must be 21+ for this event. For reservations, sign up at <https://www.eventbrite.com/e/bartenders-garden-tickets-48216417603>. Suggested donation \$12/pp.

Charlotte's Web performed by Valley Shakespeare Festival
Saturday, October 6 and Sunday, October 7, Massaro Community Farm, Saturday 10/6 11am-12:00pm and 2-3:00pm; Sunday 10/7 2-3:00pm

The classic story of friendship, based on the book by E.B. White, will be performed at Massaro Community Farm by Valley Shakespeare Festival with additional fall activities included in ticket price. The 60-minute adaptation of the novel will warm hearts of all ages. Please note the event is outdoors, so dress appropriately. Performances are rain or shine. In the event of severe weather conditions, the performance will be relocated to an indoor location. Tickets can be purchased at <https://www.eventbrite.com/e/charlottes-web-tickets-48969377727>.

Wepawaug-CT Valley-West Rock Chapter of Hadassah

The Wepawaug-CT Valley-West Rock Chapter of Hadassah will meet on Tuesday, September 4th at 7:30 pm at the High Plains Community Center Cafeteria, 525 Orange Center Road, Orange. Joyce Saltman, noted comedian, laughter consultant, author and Life Member of Hadassah will speak on "A Humorous Look on Sex and Aging." Members, husbands, significant others and friends are invited to attend.

Please RSVP to wepawaug@gmail.com. Hadassah is a philanthropic and educational volunteer organization that supports medical care and research at the Hadassah Medical Organization in Jerusalem. Hadassah empowers its members through opportunities for personal growth, education, and advocacy. For membership information, contact marjoriewiener@yahoo.com.

Garden Club Announces 2018 Scholarship Recipient

The Scholarship Committee of the Garden Club of Woodbridge is pleased to announce the recipient of its annual scholarship. Vera Ting was awarded the Club's annual scholarship of \$500.00. Vera will attend the University of Michigan in the fall where she plans on majoring in Evolutionary Biology and Art. The scholarship will support her long-term goal to become an ornithologist. Emily Cosenza, the Club's chairwoman for Birds and Conservation, represented the Garden Club of Woodbridge and attended the Senior Awards Night at Amity High School in June.

The Garden Club of Woodbridge would like to thank the Woodbridge community for supporting its annual spring Plant Sale. A portion of the proceeds from the Plant Sale is used to provide this annual scholarship to a Woodbridge student interested in majoring in fields of study related to agriculture, horticulture, landscape design, botany, plant pathology, geology, environmental studies, wildlife science or land management. The Garden Club of Woodbridge congratulates Vera and wishes her well in all of her future endeavors.

Meeting: Woodbridge Happiness Club

Join Bernie Siegel, M.D. & Lionel Ketchian for a discussion on Happiness and its Benefits. Lionel Ketchian is the co-host with Dr. Bernie Siegel on Mind Health Matters radio programs. Lionel is also the co-host on "The Happiness Show," broadcast on TV by Cablevision of Connecticut. Take part in getting valuable tools and techniques for making your life the best it can be. Suffered enough? Do you really need to suffer anymore? Are you ready to learn to Be Happy? Being Happy will help you, suffer less and evolve spiritually. External events are difficult for us without the right tools to deal with the turbulence that we all experi-

ence in life. Master these strategies to lessen your suffering. Your happiness can empower you and keep you on track. Learn to have the peace of mind you need and experience happiness now. Everyone is welcome; meetings are free and no reservations are required. Meet some wonderful people using happiness in their lives. **Date & Time:** Wednesday, September 26, from 6:00 to 7:45 PM. **Place:** The Woodbridge Town Library, 10 Newton Road, Woodbridge, CT 06525. For further info, e-mail PrintLRK@aol.com, call 203-258-7777 or www.HappinessClub.com.



Pictured are members of the Woodbridge and West Haven Rotary Clubs who recently partnered together to deliver hot meals for 45 people staying at the Ronald McDonald House in New Haven. The Ronald McDonald House is a temporary "home away from home" for families of children who are being treated in nearby hospitals and healthcare facilities.

HEALTH & FITNESS

Running: A Guide to Healthy Training

BY MICHAEL DEMETRIADES, DPT

Running injuries can happen at any skill level, whether you are just starting out or a seasoned marathoner. There are several ways to prevent injuries which will keep you running. In my experience there are a few areas to focus on such as proper footwear, pre and post stretching, and cross training.

One way to prevent an injury is to have proper footwear. To get the right shoe for you and your running style it is best to leave it up to professionals. There are several running stores in the area that will custom measure your feet and fit you into the proper shoe that suits your needs. Whether you have a high arch or are extremely flat footed, there are different shoes for each foot type. By starting out with the proper equipment, plantar fasciitis, stress fractures and neuromas are reduced significantly. Minimalist shoes (shoes that have minimal support or “barefoot” shoes) are becoming popular in the running community and would be most suited for someone that has a strong arch that can support impact with each stride. This would not be a good option for a runner that has flat feet or pronates when running/walking, they would need something with more support. Finally, don’t overuse your running shoes. After 300 to 500 miles of running they do not have the same qualities to help support your feet and you should be getting new shoes at that point. This is about every 3-6 months if you run 20 to 50 miles per week, assuming you are using the shoes only for running.

Another area of focus should be in your pre and post stretching routine. Before your run, the best way to warm up is dynamic stretching which is moving while stretching instead of holding a position. One example of a dynamic stretch would be holding on to something to maintain balance and slowly start swinging your leg back and forth with your leg straight. As you start to loosen up, you will be able to increase the intensity of the movement. This should be performed for 30 repetitions. There are plenty of other dynamic stretches that can help warm you up prior to your run. Following your run, static stretching should be performed. Static stretching is holding a position for a period of time. Typically for runners’ the most important areas to stretch are calves, hamstrings, quads and lateral hips. In our clinic, we have incorporated many of these techniques and have



Michael Demetriades

customized stretching programs for different athletes depending on their restrictions.

Finally the last area to help avoid injury is cross training. Constant running without other forms of training can lead to significant weaknesses in other areas of the body that translate to injuries. Some signs and symptoms that runners may experience that are primarily due to a lack of cross training are low back pain, lateral hip pain and knee pain just to name a few. Lower abdominal and gluteal strengthening can be key in keeping a stabile pelvis and decrease chance for developing an abnormal running pattern with muscle imbalances in your body. In our clinic, we see these problems all too often in runners. By adding in pelvic tilt exercises along with hip strengthening exercises such as clams and hip squeezes can help tremendously. Another exercise that can be simple and also help build lateral hip muscles can be walking sideways, side shuffling on a treadmill, or on pavement. Exercises like these would be beneficial to add into a daily program.

These simple but useful tips will help keep you on the road running and help avoid injuries or running through pain.

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Michael Demetriades DPT received his doctorate degree from Quinnipiac University. He has experience in working with all ages and injuries. Michael is a previous varsity hockey and baseball player who is well versed in the modern athlete. Amity Physical Therapy was founded by Michael Dow MSPT, CEO/Director 14 years ago. The practice now has three offices: Branford, Woodridge and Hamden. Michael Demetriades can be reached in Branford at (203) 433-4683.

“Woodbridge Center” From Page 24

The Woodbridge Center’s website at <http://www.woodbridgect.org/234/Senior-Center> and in the Woodbridge Town News. Please note that all reservations and cancellations must be made at least 24 hours in advance - by noon 1 day prior. Please call 203-389-3430 or email jglicksman@woodbridgect.org. If you make a reservation and do not attend, you will be charged the \$3.00 fee for eat-in meals and \$4.00 for take-out meals. If you do not have a reservation for the nutritious meal program, food will be available for purchase from the Meetinghouse Café.

Living Well With Diabetes Or Prediabetes

Do you have diabetes or are you trying to prevent it? Come for an information session with Mary Swansiger, BSN, MPH, from Griffin Hospital’s Community Outreach and Parish Nursing Department, on Wednesday, September 26 from 10-11am in the Center lounge. According to the American Diabetes Association 50% of people over 65 in the U.S. have prediabetes, but most are unaware and nearly 27% of people in the U.S. have Diabetes.

Learn about risk factors, treatment options and prevention. Ongoing disease prevention or management programs such as the CDC Prevent T2 Diabetes Program, the Diabetes Self- Management Workshop as well as the Chronic Disease Self-Management Workshop will be offered if enough participation. Contact The Woodbridge Center for more info and to RSVP.

September Lunch Menu

Lunch is served Tuesdays and Fridays at the Center Café at 12:15 pm. The cost is \$3 for dine-in meals and \$4 for take-out. Reservations and cancellations are required with at least 24 hours’ notice. Meals include bread, juice, coffee/tea and dessert. Menu items: 9/4Lasagna and salad, 9/7 Pulled pork, 9/11 Chicken cacciatore and pasta, 9/14 Shrimp with vegetables, 9/18 Farm to Table Week: Eggplant Parmesan, 9/21Farm to Table Week: Cavatelli with broccoli and sausage, 9/25 Stuffed chicken breast with rice, 9/28 Seafood Newburg.

Special Programming:

Events are held at The Woodbridge Center unless otherwise noted. To RSVP or for more information, call 203-389-3430 or email jglicksman@woodbridgect.org. RSVP is required one day prior for all events unless otherwise noted.

September 7: Yoga for Healthy Aging: New Date and Time! Meets Fridays through November 16 from 11:45am-1:00pm in the Center Building, Room 16, with instructor Julie Luciani. Reserve your spot-10 sessions for \$75.00.

September 11: Lunch entertainment with Kayte Devlin at 12:30pm. Lunch begins at 12:15pm.

September 13 and September 20: Pickleball demonstrations and lessons for beginners-2 sessions 12:30 – 2:30pm with Fred Butterfield and Les Rosenbaum in the Center gym. No fee. Please RSVP.

September 17: Lunch Bunch! Join in for lunch with friends at The Ole Dog Tavern in Oxford. Transportation is provided by the Center van (\$3) or meet us there at noon.

Self-pay at the restaurant.

September 19: Trip to Big E Connecticut Day. \$53.00 includes transportation and admission.

September 25: Lunch entertainment with Pierce Campbell at 12:30pm. Lunch begins at 12:15pm.

September 26: Living Well with Diabetes or Prediabetes-Come for an information session with Mary Swansiger, BSN, MPH, from Griffin Hospital from 10-11am in the Center lounge. According to the American Diabetes Association 50% of people over 65 in the U.S. have prediabetes, but most are unaware. Risk factors, treatment options and prevention will be discussed. Ongoing disease prevention or management programs will be offered.

September 26-October 10: Art Class! Institute for Learning in Retirement (ILR) Art Class with Graham Dale begins-3 weeks, Wednesdays from 10am-12pm. This is a 3-week class that shows how to follow a step-by-step process to create a painting using acrylics. \$30.00 membership fee to ILR paid through curriculum@ilralbertus.org and \$10.00 class fee. The Woodbridge Center’s 10-week art class with instructor Graham Dale begins anew on October 31 and continues on Wednesdays from 10-12. This art class is for all levels with any medium.

September 30: SUNDAY-2017 Walk to End Alzheimer’s-at Lighthouse Point in New Haven. Join or donate to the Woodbridge Center’s team. Go to alz.org/walk and search team ‘Motrin in Motion - Woodbridge’. We’re committed to raising awareness and funds to support Alzheimer’s care, support and research, and we need your help. You can help by joining the team and walk with us and/or help us meet our fundraising goal by making a donation to our team. Please send donations to the Woodbridge Center-all checks made payable to Alzheimer’s Association-or go to Alz.org, select “find a walk near you”, enter zip code and choose New Haven. Enter our team name: Motrin in Motion and follow to our page. Choose ‘join team’ or ‘donate’!

October 3: 5:30-8:30 Living Treasure Awards Dinner-Save the Date and buy your business or congratulatory ad by September 12. Tickets must be purchased by September 26. Contact Woodbridge Human Services for more information: 203-389-3429.

October 17: Fall Ball with New England Young at Heart 11 am to 3 pm at Aria in Prospect. Tickets are \$22.00, RSVP by 9/30.

October 24: Trip! To Broadway with lunch at Carmines and then choice of show: Wicked or My Fair Lady. Includes transportation, tickets to show, luncheon and gratuity-\$259.00.

Ongoing Programming:

The Woodbridge Center provides a program of health, wellness, recreation, education, arts and social activities for residents 60 years of age and older and disabled residents. The Center offers a wide range of programming including a luncheon program and a transportation program. Please contact us at 203-389-3430 or at jglicksman@woodbridgect.org for information and questions regarding the Center’s programming.

Looking for a game of Poker?

Coming soon-Tuesdays at 1pm in the

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See “Woodbridge Center” On Page 30

BULLETIN BOARD

Please Note: If you have an event for the Bulletin Board, please send it along no matter how far in advance it is. We will include it in the appropriate issue(s) until the event has taken place.

Boy Scout Troop 63, meetings Monday nights 7:00pm-8:30pm, Our Lady of the Assumption “Mother” Church, 1700 Litchfield Turnpike (Route 63), Woodbridge; September-April and May-June outdoors at Camp Whiting, all boys ages 10 and up or who have completed the fifth grade are welcome to stop by and see what we’re all about. For more information, visit <http://www.troop963.org> or email Troop63CT@gmail.com.

Bereavement Support Groups, Tuesdays 4:00-5:30pm and Wednesdays 6:30-8:00pm, Griffin Hospital, 130 Division Street, Derby, support groups for anyone experiencing the loss of a loved one. Contact Janice Lautier at 203-732-1100 or jlautier@griffinhealth.org to register.

Woodbridge Republican Town Committee Meetings, second Tuesday of each month, 7:30pm, Center Cafeteria. Visitors welcome and we urge you to join us. For information, go to www.woodbridgегop.org.

Cancer Support Group, meets the second and fourth Tuesday afternoons of the month at Coachman’s Square, 21 Bradley Road, Woodbridge. If interested contact: Lucille Ranciatto lranciato2@yahoo.com or Bernie Siegel, MD bugsysiegel@sbcglobal.net for details.

Alzheimer’s and Dementia Family Support Group Meeting, last

Tuesday of the month, 6:00pm, JCC of Greater New Haven, 360 Amity Road, Woodbridge in the West Rock Room. For more information, contact Averil Kelly, Ms, R-DMT, 203.389.2911.

Alzheimer’s Community Caregivers Support Group, 2nd Thursday of the month, 5:00pm, Arden House, Conference Room, 850 Mix Avenue, Hamden. Call Maria Paduano, Program Director to RSVP or for more information at 203-281-3500, ext. 7669; www.genesishcc.com.

Woodbridge Rotary Club Meetings, 1st and 3rd Fridays of the month, 7:30am breakfast meeting, Country Corner Diner, 756 Amity Road, Bethany and the 2nd and 4th Friday of the month, 12:15pm luncheon meeting, Woodbridge Social, 12 Selden Street, Woodbridge. Anyone interested in learning more about Rotary should contact Anna Dickerson, 203-710-0223 or annadickerson@yahoo.com.

Trap Falls Kennel Club Obedience Classes, every level, AKC STAR Puppy (obedience for dogs under 12 months) and Family Manners Classes/Obedience & Canine Good Citizen; Wednesday and Thursday evenings, Pawz for Wellness in Shelton. For registration and/or information, call 203-450-9485 or email tfkctraining@gmail.com. Trap Falls Kennel Club is a non-profit member club of the American Kennel Club (AKC).

Ansonia Nature Center Events, 10 Deerfield Road, Ansonia; call 203-736-1053 to register for all events.

Trinity Community Preschool, Enrollment for the 2018/2019 school year

is open! - 33 Center Road, Woodbridge, the Preschool offers a nurturing, faith-based early learning environment for children aged 1 – 6 years, Visit www.trinityefc.com/preschool for more information on classes and schedules. For applications or to schedule a visit, contact the Preschool Director at sharonc@trinityefc.com or 203-387-4710 x25. Trinity Community Preschool admits students of any race, color, national and ethnic origin.

Mini Med School, starts Thursday, September 6, 2018, 6:30-9:00pm, Griffin Hospital, 130 Division Street, Derby. Free 10-week program about how the human body works, insight into common disorders of the various organ systems, and information about disease prevention; Griffin Hospital physicians serve as faculty, covering a wide range of topics, including Anatomy and Physiology; Primary Care; Cardiology; Endocrinology; and Orthopedics. Register at 203-732-1511.

Fall Prevention Program, Friday, September 14, 2018, 9:00am-noon, Griffin Hospital, 130 Division Street, Derby, Free fall prevention program and evaluations. Discusses the dangers of falling, especially for seniors, prevention tips and risk assessments. RSVP Esther at 203-732-1523 or ejones@griffinhealth.org.

Touch-A-Truck, Sponsored by Cub Scout Pack 115 and Boy Scout Troop 115 of Naugatuck, September 22, 2018, 10am-3pm, General DataComm Parking Lot, 6 Rubber Avenue, Naugatuck, \$5/person, \$20/family, 2 and under/free. Come see and explore many exciting vehicles from constructions trucks, emergency vehicles and RVs

to custom cars and motorcycles. Food trucks, vendors and games, quiet hour 12-1pm for guests with special needs or sensitive ears. Proceeds will help scouts attend camp and purchase much needed scouting equipment. Check out our event page on Facebook: www.facebook.com/events/1721054977942378. Questions: Contact trucks@onmyhonor.com.

Bethany Volunteer Fire Department Auxiliary Evening of Painting, Friday, October 19, 2018, 7:00-10:00pm, arrive at 7:00pm to set up and chat with your neighbors, painting will begin at 8:00pm, Fire Department Headquarters, 765 Amity Road Bethany, \$35/pp includes all painting supplies, tea, coffee, dessert, paper products and ice, bring your beverage of choice, snacks and imagination! Space is limited. A professional artist from ArtPlus Studio will assist you and your friends in creating a beautiful fall themed painting titled Fall Festival. Please reserve your spot by October 12. Contact Judy at 978-500-5090 or js@queenbee@gmail.com for reservations or if you have any questions.

The Crohn’s and Colitis Foundation Annual Shoreline Take Steps Walk, Saturday, October 27, 2018, Guilford Fairgrounds, a family friendly day of activities, food and celebration of our patients and honored heroes, The Crohn’s & Colitis Foundation national non-profit organization working to cure Crohn’s disease and ulcerative colitis and improve the quality of life of the 1.6 million Americans suffering from Crohn’s and colitis. Information and registration www.cctakesteps.org/Shoreline2018.

“Woodbridge Center” From Page 29

Center lounge-give us a call! We’re also looking for card players for Spades, or Canasta-let us know if you are interested.

New! Tai Chi

September 26-December 12: Tai Chi with Instructor Gabriella Connolly, R.N. 10-11 am. Class is offered by VNA Community Healthcare and Hospice and is part of their grant for fall prevention which reduces the cost to \$15 for 12 classes! Class is designed to increase balance, stability, prevent falls and help manage arthritis.

New! Bocce

On-going Tuesdays 11am-12pm at the Bocce court in the picnic grove behind the old firehouse. All are welcome!

Yoga For Healthy Aging: Note New Time And Day!

Meets Fridays September 7– November 16 from 1-2:15pm in the Center Building,

Room 16, with instructor Julie Luciani. The class fee will be pro-rated for anyone registering late. Class combines seated and standing postures and is safe for all. Reserve your spot-11 sessions for \$75.00.

Exercise With Laurie

Workout includes a combination of strength training, cardio, flexibility and balance. Bring weights if you have them. Class is in the Center Cafe, Tuesday and Thursday, 10-11am. No need to sign up—just pay a drop-in fee of \$2.

Book Club: Note New Time

The book club meets the 4th Tuesday of each month, 2pm at the Woodbridge Town Library. The next meeting is September 25. This month’s book is Bar Harbor Retirement Home for Famous Writers (and their muses): a novel by Terri-Lynne DeFino. New members are always welcome.

Art Class

Class begins in September and meets each

Wednesday 10am-12pm in the Center Café. The class is taught by local artist Graham Dale. Institute for Learning in Retirement (ILR) offers 3 classes 9/26, 10/3, 10/10 with Graham-registration is with ILR membership at curriculum@ilralbertus.org. The Woodbridge Center class follows for ten weeks beginning 10/31. Registration for the ten-week class is through the Center and is \$60.00. Questions, call the Center 203-389-3430.

Friday Movies

Following lunch in the Center lounge at 1 pm: 9/7 Book Club, 9/14 Bombshell: The Hedy Lamarr Story, 9/21 Finding Your Feet, Favorite Film Friday 9/28 High Society, 1956.

Ask The Nurse

1st and 3rd Tuesday of the month, 11am-12:30pm, blood pressure screenings, weight and conversation with a registered VNA Community Healthcare Nurse.

Duplicate Bridge

Mondays, 9:30 am, Center Café.

Bridge

The Center’s Wednesday bridge group invites new members! Join the group for a friendly card game. No reservations necessary—just come to the Center at 1pm.

Pinochle

Monday, Wednesday and/or Thursday, 1-4 pm, Center lounge. Come any day—the group is always looking for new players and is willing to bring rusty players up to speed!

Mah-jong

Monday & Friday, 10am, Center Building, Room 11.

Pickleball

Meets Monday-Thursday, Center Gym for group play, 12:30-2:30pm, Friday, 12:30-3:30pm. Paid annual members may arrange playing times with other players through the Doodle scheduling tool. Annual membership is \$20 with a suggested \$5 additional donation. Equipment is available on a first come, first served basis.

DOLLAR\$ AND \$EN\$E

Teaching Our Children About Money

BY ROBERTA L. NESTOR

Who is educating our children about personal finance? According to a New York Times article written in January, most states are severely lacking when it comes to teaching high school students about finance. The 2017 Financial Report card (compiled by Champlain College’s Center for Financial Literacy) only gave 5 states an A grade for their efforts to promote financial literacy. Twenty-seven states received a C, D, or even F grade! Sadly, CT was one of the few that received an F. In CT personal finance in our state is not included with graduation requirements, and further, it is not required to be offered in any form. However, in 2021 it is slated that our state will offer personal finance as an elective and count toward the career and life skills that will be required. In the meantime – parents have to step up to the plate.

You can encourage good financial habits at any age! For example for ages 4 and younger, consider toys that incorporate counting. If you go to Amazon and search for “mathematic and counting toys” there are several pages of results. For ages 5 – 7, good old-fashioned board games that highlight financial decisions that are educational and fun (The Game of Life and Monopoly). This is also a good age to begin a traditional bank savings account. Typically between ages 7 – 12 is a good time to introduce having an allowance and helping them to manage it. Allowances should be scheduled (weekly, monthly, etc.), be consistent and come with a discussion of how much should be saved, spent donated or invested.

There are websites and apps galore for young children that encourage savings. Spend some time on www.moneysavvy.com. They actually have a piggy bank that can be purchased that has different slots for savings – one for savings, another for spending, donations and lastly investing. Web and app based “Monetta” offers educational games that are interactive as well as a quizzes and a quarterly newsletter. The “Money Puzzle” app gives financial awards for correct answers to math questions. Another app that covers specific learning techniques for grades 1 – 12 is [\[inghouse.org\]\(http://inghouse.org\). Lastly, the “Centsables” is a financial literacy program that uses superheroes to make learning more interesting and fun.

As your children get into their young teens, it will be time to have the “money talk”. Try to be open about family finances and discuss the family spending habits. Help them to understand how and why some purchases are done with a credit card, versus a debit card or cash. Parents might even share their own short and long-term financial goals. These conversations are especially important during the teen years, and relevant when they get their first paycheck. Sit down and help them understand what taxes are and where that money goes. They should even be made aware about tax returns and the basics of income tax filing.

Books still rule, especially when it comes to education and MoneySavvy.com has some recommendations for teens and parents. “O.M.G. – the Official Money Guide”, “Growing Money: A Complete Investing Guide for Kids”, “Smart Money Smart Kids: Raising the Next Generation to Win with Money” and “Raising Financially Confident Kids” are all great places to start. Don’t hesitate to ask your financial advisor for ideas on helping you to educate your children about money. They have so many resources and would more than likely enjoy meeting with your children to give them a basic educational session to guide them with financial literacy.

Roberta L. Nestor is a financial advisor practicing at 491 New Haven Avenue in Milford, CT offering retirement, long term care, investment and tax planning services. She also offers securities and advisory services as an Investment Adviser Representative of Commonwealth Financial Network – a member FINRA/ SIPC and a Registered Investment Adviser. Fixed insurance products offered through Nestor Financial Network are separate and unrelated to Commonwealth. Commonwealth Financial Network or Nestor Financial Network does not provide legal or tax advice. You should consult a legal or tax professional regarding your individual situation. Roberta can be reached at Nestor Financial Network, 203-876-8066 or \[roberta@nestorfinancial.com\]\(mailto:roberta@nestorfinancial.com\).](http://www.jumpstartclear-</p></div><div data-bbox=)

TOWN OF WOODBRIDGE
LEGAL NOTICE

Pursuant to Section 4-5(b) of the Charter of the Town of Woodbridge the Woodbridge Board of Selectmen will hold a Public Hearing at 7:00 P.M. on Wednesday, September 12, 2018, in the Town Hall Central Meeting Room, 11 Meetinghouse Lane, Woodbridge, CT to receive comments on the proposed revisions to the Town of Woodbridge Ordinances:

Chapter 160 – Animals, Article I – Dog Leashing Requirements and Removal of Dog Litter

§160-1 DEFINITIONS

As used in this article, the following terms shall have the meanings indicated:

LEASH –Any humane device constructed of rope, cord, leather strap, chain or other sturdy material of sufficient strength to control the animal to which it is attached.

PUBLIC AREA –Any Town owned park, active or passive recreational area, trail, school grounds, Town green, Town owned buildings, or any outdoor area which is upon or within Town owned land. Notwithstanding this definition of Public Area, any Area designated by the Town as an “off leash area” shall be specifically excluded from the definition of Public Area.

§160-2 RESPONSIBILITY OF DOG OWNER

If any dog shall defecate upon any public area defined above, then the owner, keeper or other person walking the dog shall immediately remove or cause to be removed from said public area all feces deposited by said dog. The means of removal shall be any tool, implement or other device carried for the purpose of picking up and containing such feces, unexposed to said person or the public.

§160-3 LEASH REQUIRED ON PUBLIC AREA

No owner or keeper of any dog, whether licensed or unlicensed in the Town, shall allow said dog to roam or traverse upon any public area unless said dog is under the control of its owner or keeper by a Leash or similar restraint securely fastened to a collar or harness worn by the dog. The presence of a dog on any public area while not under the control of its owner or keeper by a Leash or similar restraint shall be evidence of a violation of this ordinance.

§160-4 PENALTIES FOR OFFENSES

A. Unless said feces are removed in accordance with §160-2, the owner, keeper or other person walking the dog shall have committed a violation punishable by a fine of twenty-five dollars (\$25.00) for the first offense, fifty dollars (\$50.00) for the second offense and one hundred dollars (\$100.00) for the third and each subsequent offense.

B. Any owner or keeper of a dog who is found to be in violations of §160-3, shall be subject to a fine of one hundred dollars (\$100.00) for the first offense and two hundred dollars (\$200.00) for the second offense and each subsequent offense.

§160-5 EXEMPTIONS

The provisions of the above sections shall not apply to a guide dog accompanying any blind persons or any physically handicapped persons who, due to their physical handicap, is unable to keep his or her dog under control on a leash.

Chapter 382 – Taxation, Article IX, Tax Abatement for Fire Department Personnel

Whereas, the Volunteer Fire Department personnel of the Town of Woodbridge provide an outstanding service to the Town of Woodbridge; and whereas, pursuant to the Section 12-81 w of the Connecticut General Statute, a municipality may by ordinance provide for an abatement of property taxes for Volunteer Fire Department personnel; and whereas the Town of Woodbridge is desirous of showing its appreciation for the faithful and courageous performance of the Volunteer Fire Department personnel in the Town of Woodbridge and encouraging others to volunteer with the Fire Department within the Town of Woodbridge; now therefore, be it ordained by the Board of Selectmen of the Town of Woodbridge, that the following Ordinance be and hereby is adopted pursuant to the provisions of Section 12-81 w of the General Statutes.

Section I. The property taxes of each firefighter who has served as a volunteer firefighter for the Town of Woodbridge for not less than two (2) immediately preceding calendar years (includes probationary year) and who has active membership in the Woodbridge Volunteer Fire Association, Inc. and meets the requirements of this ordinance shall have any real and/or motor vehicle property taxes owed to the Town of Woodbridge by such firefighter abated in an amount equal to the lesser of the total amount of real and/or motor vehicle properly taxes owed to said town for such fiscal year or an amount as calculated by the following schedule; for two (2) or more years of service abated by a maximum of \$250.00; for three (3) or more years of service abated by a maximum of \$500.00; for five (5) or more years of service abated by a maximum of \$750.00.

Section II. To be eligible for the tax abatement pursuant to this Ordinance for any fiscal year, an eligible volunteer firefighter shall on/or before April 30th prior to such fiscal year present to the Woodbridge Tax Assessor a written statement certified by the Chief of the Woodbridge Volunteer Fire Association, which statement shall include the name and address of said firefighter, that said firefighter has served as a volunteer firefighter for the Woodbridge Volunteer Fire Association for not less than the two (2) immediately preceding calendar years, the total number of years of service of said firefighter as a volunteer firefighter for the Town of Woodbridge, the percentage of incidents attended during the immediately preceding calendar year and certification of compliance with the requirements of Section VI of this Ordinance. Years of service shall not be deemed to have been interrupted by department medical leave, by military service with the United States, or by injury where workers compensation is invoked. When a person has served as a volunteer firefighter, left such service, and then returned to volunteer firefighting duty, the person shall not be eligible for the tax abatement until he or she has completed one full calendar year of service. The person’s total years of service will then include the number of previous years served. No Firefighter shall be eligible for the Tax Abatement under this Ordinance if there is any delinquency in the payment of taxes to the Town of Woodbridge on any real property or motor vehicle in the name of the Firefighter.

Section III. The Tax Abatement under this Ordinance shall be applied first as against any real property taxes owing to the Town of Woodbridge and then against motor vehicle taxes owing to the Town of Woodbridge. In the event that the tax to which the abatement is applied is paid in installments, then the exemption shall be applied fifty (50%) percent to each installment. In no event will the tax abatement, in combination with other tax benefits for which the volunteer may be eligible, exceed the volunteer’s total tax obligation to his/ her town of residence.

Section IV. The Assessor of the Town of Woodbridge shall maintain a record of all taxes abated in accordance with this ordinance.

Section V. The tax abatement under this Ordinance shall be applicable for any real property or motor vehicle of a volunteer firefighter eligible for such abatement whether such property is owned individually, jointly, or as tenant in common with one or more other persons.

Section VI. A volunteer firefighter without Gold Badge status shall not be eligible for a tax abatement under this Ordinance unless that firefighter, during the immediately preceding calendar year, has met the prescribed qualifications: Firefighter I State certification, attendance at fifty percent (50%) of the business meetings; fifty percent (50%) of the truck crew meetings; and fifty percent (50%) of the scheduled training as is designated between April 1 and March 31. Firefighters who have met the above requirements and who have attended twenty-five (25%) percent or more of the calls to which the department has been dispatched shall receive a tax abatement in accordance with Section 1. A volunteer firefighter with Gold Badge status shall not be eligible for a tax abatement in accordance with Section 1 under this Ordinance unless that firefighter, during the immediately preceding calendar year, has met the prescribed qualifications as follows: 1) Retired: 40 years of service, with all provisions; 2) Active: must attend; a. 50% of designated training for driver/firefighter; b. 25% of meetings and truck crews; c. 25% of fire calls.

Section VII. This Ordinance shall take effect and shall be applicable to taxes owing beginning with taxes on the Grand List of October 1, 2018.

Copies of the current ordinance and the proposed changes and/or additions to the Woodbridge Ordinance are on file in the Town Clerk’s Office and may be reviewed between the hours of 9:00 a.m. to 4:00 p.m. Monday through Friday. Written comments will be received in the First Selectman’s Office until 4:00 p.m. on Wednesday, September 12, 2018. Thereafter comments should be presented at the Public Hearing.

Board of Selectmen
Town of Woodbridge
Dated at Woodbridge CT this 31st day of August, 2018

Woodbridge Town News

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JCC Activities

360 Amity Road/Woodbridge • 203-387-2424/www.jccnh.org

Explore Your Creativity At The JCC Makerspace

The MakerSpace is a place where people of all ages have an opportunity to explore their own interests: learn to use tools and materials--both physical and virtual-- and develop creative projects. The JCC's MakerSpace features approximately 900 square feet of creative outlet in two rooms: a "clean" side with computers, sewing machines, 3-D printer, and design/craft tables; and a "messy" side, which hosts 10+ workstations equipped for woodworking, metal work, ceramics, painting, and more. People of all ages can take classes for guided projects, or attend one of the open studio times to work on independent projects in a community setting.

Equipment including a CNC Router, 3D printer, drill press, potter's wheels, and scroll saws, as well as wifi-connected laptops are available for use with proper safety training. The MakerSpace at the J offers classes, workshops, and presentations focused on Science, Technology, Engineering, Arts, and Mathematics.

Crafternoon, Jr. (Grades K-2) - Using a variety of materials, students will work to complete an age appropriate craft each week to take home. Mondays, October 8 - December 17, 4 - 5:15PM, Member/\$110, Community/\$125.

Makerspace Crafternoon (Grades 3+) - Using a variety of materials, students will work to complete an age appropriate craft each week to take home. Wednesdays, September 26 - December 12, 4 - 5:15 PM, Member/\$125, Community/\$140.

Afterschool Woodshop (Grades 2+) - Learn age appropriate woodworking skills and build your own wood projects in the JCC MakerSpace. Thursdays, September 27 - December 13, 4 - 5:15 PM, Member/\$125, Community/\$150.

Maker Club (Grades 2+) - Join a hands-on club where our mission is to provide a safe space where children can make, explore, and experiment. Students will make group projects as well as projects to take home. Tuesdays, October 9 - December 11, 4 - 5:15 PM, Member/\$110, Community/\$125.

Little Scientists® (Ages 3.5-5) - The goal of Little Scientists® is to excite all children about the world of science, using innovative educational techniques. Coupling interactive projects, entertaining demonstrations and simple experiments with children's natural curiosity, Little Scientists® introduces children to the thrill of scientific discovery. Mondays, October 15 - December 17, 1:15 - 2 PM or 4 - 5:15 PM, Member/\$250, Community/\$285.

Great Scientists® Science Club (Ages 6-10) - Great Scientists is a comprehensive After-School Science Program for students ages 6-10. The

engaging experiments and activities consist of hands-on, minds-on, inquiry-based science investigations that integrate and embed interactive projects, entertaining demonstrations, and experiments with children's natural curiosity at the forefront. Great Scientists exposes children to the thrill of scientific discovery and inquiry in a supportive, engaging and reinforcing environment. Mondays, October 15 - December 17, 4 - 5:15 PM, Member/\$250, Community/\$285.

Register For The Eighth Annual Murray Lender 5k Bagel Run Today!

The Eighth Annual Murray Lender 5K Bagel Run, sponsored by Titan Energy, will be held on Sunday, September 16, 2018 at the JCC of Greater New Haven, 360 Amity Road in Woodbridge. The 5K race begins at 9:30 on our USATF Certified Course. The course starts on the JCC Campus and winds up through the JCC Day Camp site and into a beautiful residential Woodbridge neighborhood. At the same time, a two-mile Family Fitness Walk will be held. Groups are encouraged to participate both in the 5k and Family Fun Walk. Free race event t-shirts are provided to pre-registered participants of both the 5K and Family Fitness Walk. In addition to the 5K, we have a free Kids Fun Run that starts the day off, at 8:45 a.m., also located on the JCC Campus.

The Bagel Run has been held annually since 2011, but was dedicated and renamed to The Murray Lender 5k Bagel Run, in 2012. Lender was a leader in the community, planning many events for communal organizations and causes over the years. He was the driving force in creating the 360 Amity Road Campus for the JCC. While the rest of the world knows him and his brother Marvin for their bagels, the Murray Lender 5K Bagel Run now pays homage to his generous spirit and love for the community.

We are pleased to announce that Titan Energy will again be our Title Sponsor for the day. Titan Energy, our title sponsor since 2014, is a national provider of maintenance and repair service for power generators, switches and UPS.

The fun continues after the race with a bounce house and pony rides for kids, a DJ playing all the hits, great food and refreshment tables and of course, lots of bagels. This year there will be free pre- and post-run massages and trainer-assisted stretching. Food for the event is donated by local bakeries, grocery stores, and even made in the kitchens of JCC Members and staff.

Stick around after the race for the awards ceremony held at 10:30 a.m., when participants are awarded medals made from real bagels. There are also opportunities to take photos with



Benny, learn about upcoming JCC and community programming, and find out your race time.

Register in advance at jccnh.org/registration-bagel-run for only \$25 and receive a free t-shirt, or register on the day of the race for \$30. The kid's obstacle course is free. To become a sponsor, visit jccnh.org/sponsor-bagel-run. For more information, visit jccnh.org/bagel-run or contact JCC Fitness Director Susan Donovan at susand@jccnh.org or (203) 387-2424 ext. 265.

New In Woodbridge – Indoor Climbing

Indoor rock climbing has become increasingly popular in recent years – and for good reason. It's a thrilling experience that builds strength, endurance, and character. Rock climbing activates both small and large muscle groups. It develops foot and hand muscles and builds lower body strength as well as lean muscle mass. Rock climbing doesn't only work on your muscles, but it also contributes to cardiovascular strength, similar to the impact of climbing up a steep hill. Climbing for one hour can burn more than 700 calories.

Aside from the physical benefits, climbing increases brain function and alleviates stress. Climbers need to be highly focused and mentally engaged as they plan their route to the top. Deciding exactly where to reach, how to use body weight, and how to progress

requires creative problem solving and concentration. Rock climbing presents challenges that help build character and improve our ability to conquer real-life challenges. It trains us to overcome our fears, grow a trust in our own abilities, and build determination to name but a few examples.

The new Rothberg Family Climbing Wall at the JCC offers beginners and intermediate climbers a safe, secure, and supervised climbing experience. The 36-by 20-foot L-shaped wall includes three custom-built overhangs with a custom-built crack climb feature. It also boasts a 32-foot-by -8-foot area with a 10-degree slope children's traverse wall with two ledge features. The system also includes three Perfect Descent auto belays and four regular top rope relay systems and safety harnesses.

Offerings include classes for all ages and open climb sessions which are free for JCC members and \$15 for community members. Open climb sessions are Sundays 10-12 p.m. (adults 18+), Sundays 2-3:30 p.m. (families), Wednesdays 5-6:30 p.m. (all ages), and Saturdays 8-9:30 p.m. (all ages). Visit jccnh.org or call (203) 387-2424 for additional information.

The JCC of Greater New Haven is a nonprofit organization that provides a warm, friendly atmosphere for health, thought, learning and values. Our mission is to facilitate total wellness through programs that stimulate mind, body and spirit.

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Middle and High School Students:

- Math, pre-algebra, algebra, economics and geometry
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- College applications and essays

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- All accounting, economics, finance and marketing courses
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Email: ddubinsky.nva@gmail.com, or call David at: (203) 219-1698

Apartments For Rent

Woodbridge: Units may be available within one year.

Applicants must be 62 or older or disabled.
One Bdrm-\$1063/mo; Two Bdrm-\$1112/mo incl utilities. On-site laundry, patios with garden area, off-street parking, handicapped accessible. CHFA Financed. Not subsidized. EHO.

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Lock Stock & Barrel
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Farm Supply store looking to add several associates to our growing team. Must be have a positive attitude, be team oriented, outgoing, and friendly. If interested please call or stop in for an application.

Experienced Delivery Driver/Warehouse

Responsibilities include local deliveries of feed and supplies, pick-up and delivery of power equipment, and assisting in the warehouse. Must be able to lift up to 100 lbs. and have a clean driving record.

Sales Associate

Responsibilities include assisting customers with purchases, checking and restocking inventory, and must be able to lift up to 50 lbs. Previous experience or background with animals a plus.

“Country Club” From Page 2

ity of the land stay undeveloped in perpetuity. He said the town would benefit from the proposal in that it would wipe out the \$4.9 million of debt that remain on the purchase. The town bought the property in 2009 for \$7 million when the former Woodbridge Country Club was about to go bankrupt.

When fully built out, the project would generate \$1.5 million in tax revenue per year, he said. St. Pierre talked about the need for housing options specifically for the aging population in Woodbridge, without increasing the school population. About 54 percent of the residents are over the age of 45, he said.

He said he would move the cell tower currently located on the parcel he intends to develop to a location across Woodfield Road. His intention is to build homes that are consistent with the style of homes in the area. Each home will have a first-floor master bedroom, with additional bedroom/offices on the upper level. There will be five different types of houses, ranging in size from 2,000 to 2,400 square feet. Landscaping and maintenance of the driveways, walkways and roads will be through a homeowner’s association. The houses will be set back from the road and shielded from view by trees and shrubs. The development will feature a community center with meeting spaces, fitness center, tennis and pickleball and walking paths.

He said he would gut and completely renovate the existing clubhouse, which is currently closed due to its deteriorating condition. The clubhouse, golf course and pool will be available for public use, he said, including golf camps and such.

Insite is a real estate development firm. Its financial partner in this project will be Clubhouse Capital, who has financed similar projects throughout the nation, including 25 golf courses. “But I am going to be the guy in the trailer,” St. Pierre said. St. Pierre said they expect to invest a total of \$25-30 million into the project., \$1.5 million alone to upgrade the golf course.

As far as the timeline is concerned, he expects they will need one whole year to get the golf course back on track. That would involve relocating the driving range and the first hole. Once brought back to life, a management company would be running the golf operation. As for the houses, he said he expects to complete the project in 3 to 4 years.

The Powerpoint presentation is available on the town’s website, http://www.woodbridgect.org/Document-Center/View/2024/Insite_Dev_CCW_Presentation_08082018.

In addition to the Insite proposal, the town has had others that expressed an interest, including an offer to purchase approximately 10 acres to build an assisted living facility (Option A on the town’s website) and a proposal to build 68 age-restricted, single family homes along a 9-hole renovated golf course, with recreational space and approximately two miles of walking trails for public use, and 132 age-restricted townhomes on both sides of Woodfield Road (Option C).

First Selectman Beth Heller said they had not received any more details on these proposals. However, she and Administrative Officer Anthony Genovese did go on a site visit with the developer of Fieldstone Village, a large, multi-year development across Route 34 in Orange. She hadn’t received a formal offer.



AMITY REGIONAL AQUATICS CLUB
2018 New Swimmer FREE Fall Tryouts

When: September 4, 5, & 6 ** Coaches recommend attending all 3 days – its FREE!

Where & Time: This year tryouts will be held in two locations (pick either location):

- Milford Woodruff YMCA Pool from 3:30pm - 4:30pm
- Orange Community Town Pool from 6pm - 7pm

** 8 and younger will finish approximately 15 minutes early

ARAC is a developmental competitive swim club. Swimmers are placed into practice groups based on age, ability and endurance as determined by the coaching staff. ARAC attends several competitive USA sanctioned swim meets each season.

There will be a new parent meeting on September 4th during try-outs for you to get more information and meet the head coach. No pre-registration required! Registration will begin 20 minutes before each session.

See you at the pool!

Kelly Bodie
President, ARAC Board of Directors
kellyabodie@yahoo.com

www.aracswimteam.com



ENTERTAINMENT

TOP 10 MOVIES

1. The Meg (PG-13)
Jason Statham, Bingbing Li
2. Mission: Impossible–Fallout (PG-13)
Tom Cruise, Henry Cavill
3. Christopher Robin (PG)
Ewan McGregor, Hayley Atwell
4. Slender Man (PG-13)
Joey King, Julia Goldani Telles
5. BlacKkKlansman (R)
John David Washington, Adam Driver
6. The Spy Who Dumped Me (R)
Mila Kunis, Kate McKinnon
7. Mamma Mia! Here We Go Again (PG-13)
Lily James, Amanda Seyfried
8. The Equalizer 2 (R)
Denzel Washington, Pedro Pascal
9. Hotel Transylvania 3: Summer Vacation (PG)
animated
10. Ant-Man and the Wasp (PG-13)
Paul Rudd, Evangeline Lilly

TOP 10 V.O.D.

1. Overboard (PG-13)
Anna Faris
2. Ready Player One (PG-13)
Tye Sheridan
3. Rampage (PG-13)
Dwayne Johnson
4. I Feel Pretty (PG-13)
Amy Schumer
5. A Quiet Place (PG-13)
Emily Blunt
6. Tully (R)
Charlize Theron
7. Blockers (R)
Leslie Mann
8. Super Troopers 2 (R)
Jay Chandrasekhar
9. Black Panther (PG-13)
Chadwick Boseman
10. The Miracle Season (PG)
Helen Hunt



Ethan Hawke, Amanda Seyfried
in “First Reformed” [A24]

EDITOR’S NOTE: DVDs reviewed in this column are available in stores the week of August 20, 2018.

PICKS OF THE WEEK

“Deadpool 2” (R) -- Your favorite fourth-wall-breaking, red-and-black-spandex-wearing, irreverent superhero is back in action in “Deadpool 2.” While recovering with the X-Men after a traumatic near-death experience, Wade/Deadpool (Ryan Reynolds) discovers a boy who is being hunted by time-traveling supercop Cable (Josh Brolin), and is convinced that the kid needs his protection. He suits up to help, with the aid of some random B-level heroes,

including the adorably hot Domino (Zazie Beetz), whose power is simply being lucky. He calls them the X-Force, and yes it’s totally and purposely derivative. It is exactly what you’d expect if you saw the first film, and because Deadpool’s real superpower is not taking himself seriously, it’s a darn good sequel. It’s also perfect for multiple viewings, because there are So Many References.

“First Reformed” (R) -- A preacher in a dying church, Reverend Toller (in a stunningly humane performance by Ethan Hawke) tends to a troubled flock that includes newly pregnant Mary (Amanda Seyfried), whose radical environmentalist husband is in need of counsel. The Reverend Toller provides, but while doing so, must confront his own troubled soul -- he is a former military chaplain who encouraged his son to join the military only to see him killed in action. The religious, environmental and existential themes are heavy, but emotionally borne. Written and directed by the legendary Paul Schrader (“Taxi Driver,” “American Gigolo”).

“Black Water” (R) -- Put on your guilty pleasure hat, because you’re in for a treat: Jean-Claude Van Damme, as CIA agent Scott Wheeler, joining forces with Dolph Lundgren, as German special forces soldier/prisoner Marco, in a convoluted cross/double cross plot set on a submarine, which is a CIA black ops site! I don’t even care that most of the acting is cliché and ham-fisted, nor that you have to suspend your disbelief from the Golden Gate Bridge in order to follow the storyline. It’s cheesy action, and all you need to do is order in the pizza and hot wings and put the beer on ice. High five, and you’re welcome.

1. What group wrote and released the 1979 song “Tragedy”?
2. Which duo released “Rainy Days and Mondays”?
3. Name the artist who co-wrote and released “You Ought to Be with Me.”
4. Who released “Runaway Child, Running Wild”?
5. Name the song that contains this lyric: “Some people go around the world for love, But they may never find what they dream of.”



1. The Bee Gees. The song went to No. 1 in the U.K. and then did the same a month later in the U.S. 2. The Carpenters, in 1971. The song was penned by then unknowns Paul Williams and Roger Nichols, who went on to write hits for many artists. 3. Al Green, in 1972, from his “Call Me” album. The song topped the R&B chart and sold over a million copies. 4. The Temptations, in 1969. The song describes a young boy, alone and frightened on the streets, and tells the boy to go home. 5. “What You Won’t Do for Love,” by Bobby Caldwell, in 1978. Caldwell’s record company went out of its way to hide the fact that he was a blue-eyed soul singer and released the record to R&B stations. The secret came out, however, when Caldwell started performing in public.

Sports Quiz

BY CHRIS RICHCREEK

1. In 2017, Chris Sale became the first Boston Red Sox pitcher to strike out 10 or more batters in 12 games before the All-Star break. Which Boston pitcher did it in 11 games?
2. For six consecutive years (1926-31), Babe Ruth led the American League in home runs. Who broke the streak in 1932?
3. Who holds the NCAA football record for most career receiving yards?
4. New Orleans’ Anthony Davis set a record in 2017 by scoring 52 points in an NBA All-Star Game. Who had held the mark?
5. The Toronto Maple Leafs last reached the Stanley Cup Finals in 1967. How many times since then have they made the conference finals?
6. In 2018, Carli Lloyd became the sixth American woman to score 100 international soccer goals. Name two of the first five.
7. Which trainer holds the record for the most wins at the Kentucky Derby?

1. Pedro Martinez, in 1999. 2. Philadelphia’s Jimmie Foxx, with 58. Ruth hit 41 home runs that season. 3. Corey Davis of Western Michigan, with 5,278 yards (2013-16). 4. Philadelphia’s Wilt Chamberlain had 42 points in the All-Star Game in 1962. 5. Four times (1993, ’94, ’99 and 2002). 6. Abby Wambach, Mia Hamm, Kristine Lilly, Michelle Akers and Tiffany Milbrett. 7. Ben Jones, with six wins.

Weekly SUDOKU

by Linda Thistle

		6		7			9	
4			9					8
	2				3	1		
1			4		8		3	
	9			5				4
		5	2			6		
9				4			5	
	8		1					3
		7			9	4		

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

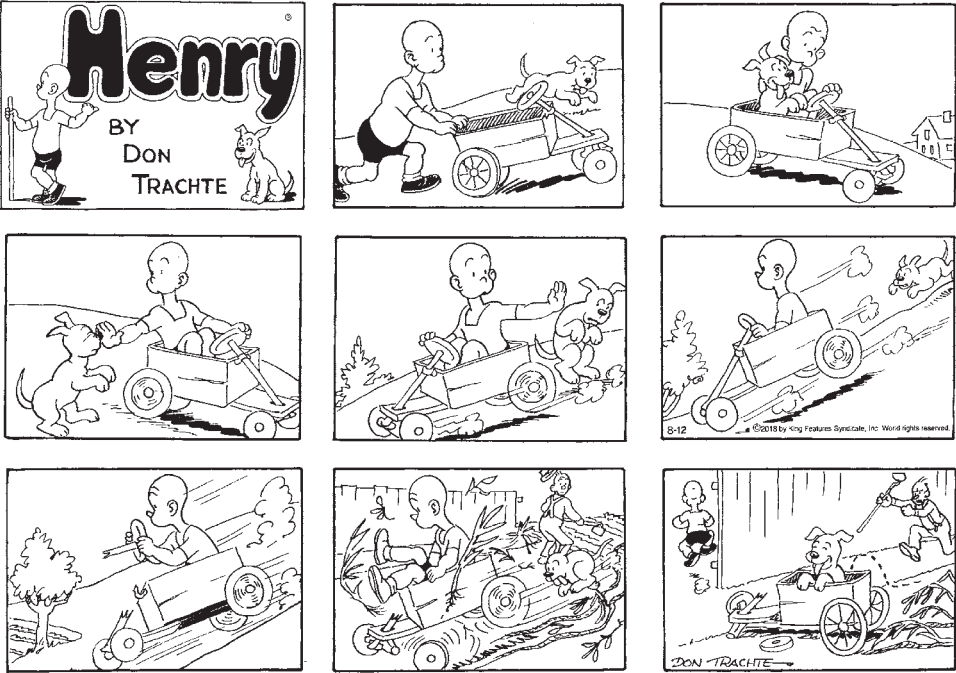
DIFFICULTY THIS WEEK: ◆◆◆

◆ Moderate ◆◆ Challenging
◆◆◆ HOO BOY!

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Sudoku answers
on page 36

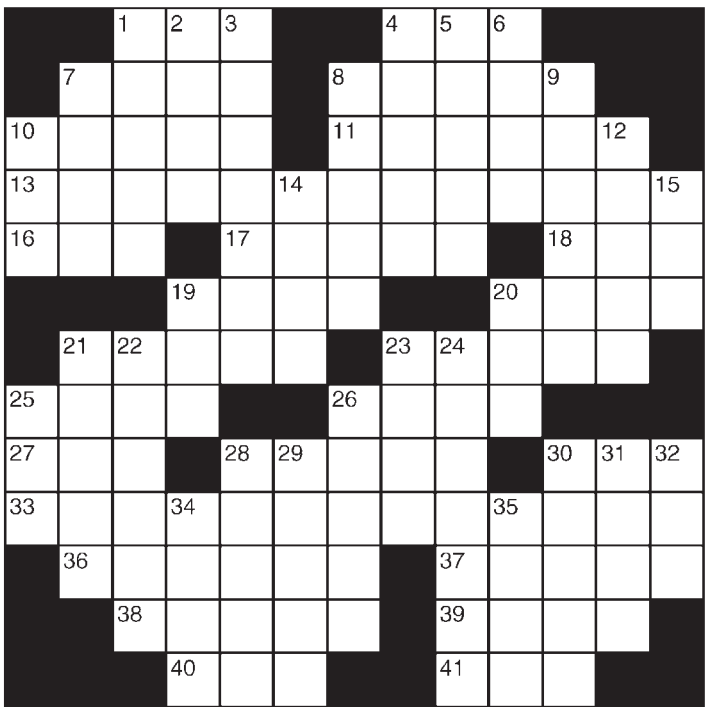
COMICS/CROSSWORD/HOLLYWOOD



King Crossword

ACROSS

- 1 — -relief
- 4 "Conan" net-work
- 7 Easter flower
- 8 Baby's ail-ment
- 10 Traffic cone
- 11 Moon mission name
- 13 Shakes-peare's best-known query
- 16 "I'll take that as —"
- 17 Carolers' tunes
- 18 Vast expanse
- 19 Coloring agents
- 20 For fear that
- 21 Corporations
- 23 Paperhang-er's need
- 25 Scrawny
- 26 Dull sound of impact
- 27 Performance
- 28 Show smug satisfaction
- 30 Pi follower
- 33 TLC make-over series
- 36 Abrade
- 37 Film
- 38 Shocking weapon
- 39 State
- 40 High deg.



- 41 Aviv lead-in
- 9 Storage area
- 10 Bake sale org.
- 12 Not just plump
- 14 Shad delicacies
- 15 Chow down
- 19 Parched
- 20 "Acid"
- 21 Botanist for whom a reddish-purple flower is named
- 22 Unbroken
- 23 Excellent, in
- 24 Self-service diner
- 25 Pussy foot?
- 26 Carrier
- 28 Grind the teeth
- 29 Ran easily
- 30 Make merry
- 31 Barber's concern
- 32 Raw rock
- 34 Snare
- 35 Worked on a loom

DOWN

- 1 "The Hobbit" hero
- 2 Lotion addi-tive
- 3 Thesaurus entry
- 4 "Fiddler on the Roof" star
- 5 Rorschach pictures
- 6 Riverbed deposit
- 7 Rhone city
- 8 Christmas

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HOLLYWOOD

BY TONY RIZZO

It looks like movie musicals are making a comeback in a big way. With the success of "La La Land," "Mamma Mia" and its sequel, "Mamma Mia, Here We Go Again" (already over \$250 million), the studios are following suit. "Mamma Mia, Here We Go Again" is the feel-good movie of the year. The Los Angeles Times devoted a front page of its Calendar section to say: "The sequel surpassed the original, no doubt thanks in part to the pairing of Cher and Andy Garcia. The young cast is beautiful and the old pros, that returned, really delivered."

Disney will kick off its musical craze with the live action "Aladdin," directed by Madonna's former husband Guy Ritchie (due out May 24, 2019), then it will unleash the CGI and live action version of "The Lion King," which will have Beyonce as Nala, Donald Glover as Simba, James Earl Jones as his father, Mufasa, and Chiwetel Ejiofor as Scar (coming summer of 2019).

Then come December 2019 we'll finally see the film version of the block-buster Broadway show "Wicked."

Elton John, Tim Rice and Andrew Lloyd Webber will give us an animated "Joseph and the Amazing Technicolor Dreamcoat" and finally a film of Lloyd's fourth-longest-running show on Broadway, "Cats," with Oscar-winner Jennifer Hudson as Grizabella, who sings the show-stopping "Memory." The cast also will boast Taylor Swift, James Corden and Ian McKellen.

Lin-Manuel Miranda reacquired the rights to his 2008 Tony Award-winning hit show "In the Heights" from the Weinstein Company (at least something good came from that scandal) and will produce and star in the show. His mega Broadway hit "Hamilton"



Beyonce [Depositphotos]

will be filmed and released to movie theaters, a rare event.

Disney will utilize the elements of its stage production of "The Little Mermaid" for a live-action film, and we also can expect a remake of the Oscar-winning best picture "Oliver," with Ice Cube as Fagan and as producer, as well as a film of Eric Idol's Tony Award-winning best musical "Spamalot."

For those Carole King fans who missed "Beautiful: The Carole King Musical," Tom Hanks has come to the rescue and will produce the film, which also will include many of her greatest songs from her songbook that were not in the original production.

And finally, casting calls are up for Steven Spielberg's reboot of 10-time Oscar winner (including best picture) "West Side Story." Even though the film had stars Natalie Wood and Richard Beymer, Spielberg intends to use unknowns to re-create the magic of the 1961 film.

This is the first column I've ever written that you could hum songs from as you read it.

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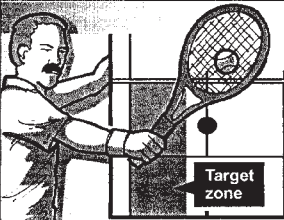
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“You don’t learn to walk by following rules. You learn by doing, and by falling over.” — RICHARD BRANSON

STAN SMITH’S TENNIS CLASS



LOB

Since hitting a backhand overhead is extremely difficult, it's a good idea to hit offensive lobbs over the net man's backhand side.

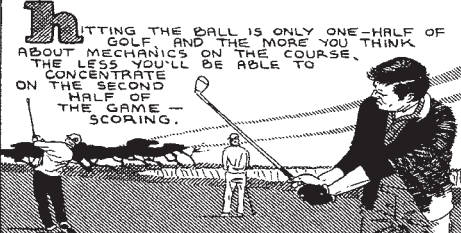
Target zone



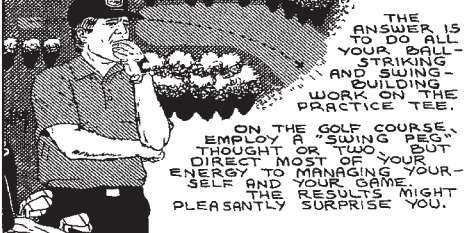
OVER THE BACKHAND

Even if he can run around the lob, he will often be unsure where the ball is and will be off-balance. This will make him less likely to hit a strong overhead.

Play Better Golf with JACK NICKLAUS



HITTING THE BALL IS ONLY ONE-HALF OF GOLF AND THE MORE YOU THINK ABOUT MECHANICS ON THE COURSE, THE LESS YOU'LL BE ABLE TO CONCENTRATE ON THE SECOND HALF OF THE GAME -- SCORING.



THE ANSWER IS TO DO ALL YOUR BALL-THINKING OR TWO BUT DIRECT MOST OF YOUR ENERGY TO MANAGING YOURSELF AND YOUR GAME. THE RESULTS MIGHT PLEASANTLY SURPRISE YOU.

Weekly SUDOKU Answer

8	1	6	5	7	4	3	9	2
4	7	3	9	2	1	5	6	8
5	2	9	6	8	3	1	4	7
1	6	2	4	9	8	7	3	5
7	9	8	3	5	6	2	1	4
3	4	5	2	1	7	6	8	9
9	3	1	7	4	2	8	5	6
2	8	4	1	6	5	9	7	3
6	5	7	8	3	9	4	2	1

King Crossword Answers

Solution time: 25 mins.

	B	A	S		T	B	S	
	L	I	L	I	C	O	L	I
P	Y	L	O	N		A	P	O
T	O	B	E	O	R	N	O	T
A	N	O		N	O	E	L	S
			D	Y	E	S		L
F	I	R	M	S		P	A	S
P	U	N	Y		T	H	U	D
A	C	T		G	L	O	A	T
W	H	A	T	N	O	T	T	O
	S	C	R	A	P	E		M
		T	A	S	E	R		A
		P	H	D		T	E	L

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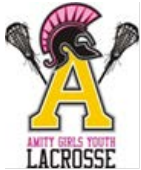


Back Row: Assistant Coach Mike Antalík, Megan Kirck, Bailey Jordan, Sydney Manzione, Assistant Coach John Manzione, Cosette Zito, Libby Antalík, Grace Carrington, Assistant Coach John Costanzo, Head Coach Matthew Fletcher; Front Row: Avery Dillon, Bella Costanzo, Sophia Vitiello, Mya DiZenzo, Hannah Fletcher.

Amity Softball Little League Completes First Season

Orange and Bethwood Softball Little Leagues merged organizations to create “Amity Softball Little League” this year. They started off what we hope to be the first of many successful

seasons by earning the CT District 4 Championship Title for the 12U All-Star Softball Division! Congratulations to all. Pictured on Stankye Field at Old Taven Park on July 3rd 2018.



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Amity Grad Honored By Red Sox For Volunteerism

BY LAURA FANTARELLA
WOODBRIDGE TOWN NEWS CORRESPONDENT

Michaela Kraut, a 2018 graduate of Amity Regional High School, is known for Irish Step Dancing her way around the community, brightening the day at senior citizen homes, veteran facilities and hospitals. One weekend a year, she can also be relied upon to volunteer in the Lions Club food tent at the Orange Country Fair. She spends her Election Days checking in voters at the town’s polling places. She volunteers because wants to, not because she has to.

Like most dads, Bill Kraut, chairman of the Orange Board of Education, thinks his daughter is pretty special. This summer, the Boston Red Sox found her to be pretty special too. Michaela was honored with a New England Red Sox Service Scholarship for \$1,000 toward her tuition at the University of Rhode Island for her freshman year. Undecided between majoring in marketing and physical therapy, she’s taking classes for both. In addition to the scholarship, there was an added bonus: she, along with other honorees, were recognized at a Red Sox game and spent some time volunteering for the team’s foundation where she met David Ortiz, better known as Big Papi. “I was applying for scholarships in the winter of my senior year and my guidance counselor mentioned the Red Sox scholarship, so I figured I’d give it a shot. I didn’t think I would get it!” she says. “So, I did my resume, filled out the application and wrote an essay about community service and sent it in.”

In June she received a call on her cell phone from a number in Massachusetts that she did not recognize. “I was curious who it was, so I googled it and it was the Red Sox!” she says. “I’m a very proud dad, to say the least,” said

Bill Kraut.

Michaela says, “We got two tickets to a game, we were on the field before the game and were on the jumbotron above the stadium. We received red bats and our New England service scholarships.” The day after the game, the group of about 20 honorees were asked to come back to work in the Fenway Victory Garden in Boston. “So, we were mulching, laying wood chips, weeding and picking up waste, so we did that for a while,” she jokes. Then the big surprise came: Big Papi’s visit.

“I was so excited. We’re big Red Sox fans. I have been since I was little,” she says. “So, he took a picture with the group, and then I asked him to take a picture with me and he did. And then I went back to cleaning up and that was it!”

In her essay, Michaela wrote, “I participate in community service for the enjoyment of being with other volunteers and being a part of something that will benefit someone else in need.” She more than doubled the 100 hours that Amity High School students are requested to do. “For me, it’s not about requirement,” she wrote. In addition to performing before senior citizens and veterans, she also participates in the Special Olympics each June.

“I volunteer to do this show every year and look forward to it every time because not only am I doing what I love by performing on stage and showcasing Irish Step Dancing, but making the competitors feel happy,” she wrote. “At the end of the show my dance teacher asks everyone to come up and dance with us. When they are with us, the smiles on their faces are priceless. They are so happy and having such a good time that it makes me happy to be able to provide a special moment for them.”

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**Do You Know How
To Walk Your Dog?**

Walking your dog is great exercise for both of you, and can help keep the pounds off. It will also help with mental and physical stimulation, beneficial for helping resolve other behavior problems. Many dog owners have issues when they try to walk their dog or they don't walk them at all, because the dog misbehaves.

Here are some do's and don'ts so you and your dog can have a leisurely stroll:

Do:

- › When getting ready to go on a walk, call the dog to you; do not go to the dog to put his lead/collar on. If you're walking a puppy, make sure he gets familiar with the lead before you start using it to take him on a walk. Once the dog approaches you, have him sit quietly before putting on his lead or collar. Make sure you leave the door first and return through the door first. Remember, the Leader always leads!
- › Before you set off on your walk with your dog, you need to have him focus on you, not everything else around you. Simply hold the lead by the handle. There should be six feet of loose lead between you and your dog. Start walking. As soon as he gets to you and begins to pull, give a slight tug on the lead and direct him back to you by changing direction.
- › Along the walk, guide your dog to heel. Your dog should walk along side of you or at the back of you. Don't let the dog decide when to heel because once again he would be establishing himself as the leader of the pack.
- › Walk with your shoulders high and your head back, establishing yourself as a confident leader.
- › Walk your dog daily or make sure he gets some type of exercise. An unexercised dog can become hyper

and exhibit destructive behaviors (chewing, digging, etc.) from being bored. Remember that dogs are walkers/travelers by instinct.

- › Watch out for poisonous plants or animals and avoid anything that can be problematic for your dog.
- › Make sure your dog has the proper identification in case he runs away.

Don't:

- › Let the dog walk in front of you. It gives him the impression that he is in charge and is leading you.
- › Let him drag you on a lead or walk you versus you walk him.
- › Let your dog mark all over the place just for the sake of marking. Cue in to whether or not he needs to relieve himself.
- › Use a retractable lead. They make it harder for you to control the dog, and can be dangerous.
- › Let your dog off his lead unless you're in an off-lead dog area. Even then, you need to be careful because other dogs can be unpredictable.
- › Go to the same place every day... mix it up! Your dog will like the variety and the new sights and smells.

What To Bring On a Walk:

- Don't leave your house empty handed! Be respectful of your neighbors and their property. Always bring:
- › Water for your dog, particularly if it's warm outside or you are jogging.
 - › Bags for when your dog relieves himself (recycle your grocery bags).

Vicki and Richard Horowitz, of Woodbridge, are dog behavioral therapists and trainers with Bark Busters, one of the world's largest dog training companies. For more information, call 1-877-500-BARK (2275) or visit www.dog-training-new-haven-ct.com.



ARIES (March 21 to April 19) A little “wool-gathering” for the usually productive Lamb is all right if it helps you unwind. But be careful; too much daydreaming can put you behind schedule in your work.

TAURUS (April 20 to May 20) A work problem is close to being resolved. Now you can go ahead and celebrate the week, accepting invitations from friends who enjoy your company.

GEMINI (May 21 to June 20) Getting your new plan accepted won’t be a major hassle if you have the facts to back it up. Your supporters are also prepared to help you make your case. Good luck.

CANCER (June 21 to July 22) Dealing with a pesky job problem might be time-consuming but necessary. The sooner you get this situation settled, the sooner you can move on to other matters.

LEO (July 23 to August 22) Career advancement is favored thanks to your impressive work record. On the personal side, you should soon hear some good news about an ailing family member.

VIRGO (August 23 to September 22) There might be mixed signals from a certain someone who doesn’t seem all that certain about their intentions. Best to sort it all out before it becomes more confusing.

LIBRA (September 23 to October 22) Get all the facts about that investment “opportunity” before you put even one dollar into it. There could be hidden problems that could prove to be costly.

SCORPIO (October 23 to November 21) Compromising on a matter you feel strongly about not only ends the impasse, but can be a win-win deal for all. Remember: Scorpions do well with change.

SAGITTARIUS (November 22 to December 21) With all the demands you currently have to deal with, accepting the help of family and friends could be the wisest course to take at this time.

CAPRICORN (December 22 to January 19) Recent upsetting incidents might have left you with a big gap in your self-assurance. Refill it by spending time with those who know how worthy you really are.

AQUARIUS (January 20 to February 18) A dispute about money needs to be resolved quickly, before it festers into something more serious. Consider asking an impartial colleague to mediate the matter.

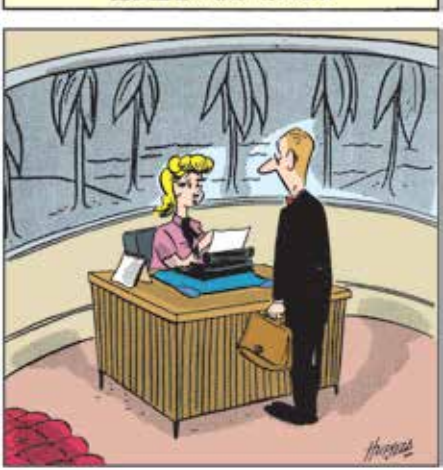
PISCES (February 19 to March 20) A soft approach could be more effective than making a loud demand for the information you need. You might even find yourself with more data than you expected.

BORN THIS WEEK: You’re sought out for the wonderful advice you’re able to offer to others. And sometimes you even take it yourself.

Just Like Cats & Dogs by Dave T. Phipps



LAFF-A-DAY



"Mr. Merrill isn't seeing anyone this morning. He broke his glasses."

R.F.D.



by Mike Marland

Out on a Limb



by Gary Kopervas

Fat Cat Brought to Tears by Diet

DEAR PAW'S CORNER: Help! My 6-year-old cat, “Misti,” has a serious weight problem, and the veterinarian said she needs to drop several pounds. The vet told me to feed her less, but Misti cries constantly around feeding time and won’t let up until I put more food into her bowl. What else can I do? Are there weight-loss supplements for cats? -- Helen T., via email

DEAR HELEN: Helping your cat lose weight can be a struggle, but we all know that getting Misti down to a healthier weight will improve her quality of life.

There are several supplements and cat foods formulated specifically for cats that say they help with weight control. One supplement, L-Carnitine, may be helpful, but consult Misti’s vet first for the proper amount to give her.

A calorie-restricted diet is the

most effective way for Misti to lose weight. However, according to veterinarian and clinical researcher Dr. Mark E. Peterson, reducing calories alone isn’t effective. You must increase the amount of protein that Misti gets and reduce the amount of carbohydrates. The way to do this is to replace part of her dry food with real meat (plain chicken, steamed and cooled, for example). A high-quality canned food also may help increase protein, but read the labels very carefully.

To make the diet easier on both of you, prepare Misti’s food a few days ahead, separating each day’s fresh and dry food into separate containers. Dole out her meals twice a day. Save a little each time and when she cries for more food, place that small amount into her bowl. That trick, plus the increased protein, will help satiate Misti as she adjusts to the new diet.

by Sam Mazzotta

SEND YOUR QUESTIONS OR COMMENTS TO ASK@PAWSCORNER.COM.

top ten

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- cocacola
- snickers
- corvette
- skittles

Source: Virginia Tech/Dashlane

HOCUS-FOCUS

BY HENRY BOLTINOFF

Find at least six differences in details between panels.

Differences: 1. Picture is different. 2. Skirt is missing. 3. Card is different. 4. Neckline is different. 5. Card sign is missing. 6. Envelope is missing.

The Garden Bug

Planting for fall

Late summer is the time to plant starters or seeds of green onions, carrots, beets, lettuce, spinach, radishes, turnips, rutabagas and winter cauliflower (shown).

Source: www.extension.umn.edu

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SOLD



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SOLD



18 Chestnut Lane
SOLD



34 Pease Road
SOLD



62 Milan Road
SOLD



11 Wepawaug Road
SOLD



28 Mulberry Road
DEPOSIT



25 Brightwood Drive
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DEPOSIT



58 Country Lane, Bethany
DEPOSIT



11 Hunters Ridge
DEPOSIT

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