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IT'S BACK TO SCHOOL!

On Tuesday morning Beecher Road School opened its doors for another school year. The school was gleaming and the children and their teachers were happy to be reunited for another successful school year.

The school underwent many changes during the summer while students and staff were out of the building, including substantial work in the A wing, new lighting upgrades, installation of new piping throughout the school, painting of hallways and new painting in some areas and a lot of preparation work for the installation of air conditioning next summer. (Read more about the construction project and see photos on the Woodbridge School District Website, <http://www.woodbridge.k12.ct.us/page.cfm?p=623>.)

"We have gotten off to a great start in the new school year. Teachers, parents and students were excited to see all the work accomplished over the summer," said Superintendent Dr. Guy Stella. "Beecher's students and staff are energetic and enthusiastic about this school year and looking forward to achieving great things."

"I was so impressed to see how eager, happy and confident our Woodbridge students are," said First Selectman Ellen Scalettar. "I'd like to thank everyone involved in the construction project and Beecher staff for being flexible and working so hard to get school ready for our students to learn in a great environment."

FOI ALLOWS EXECUTIVE SESSION FOR COUNTRY CLUB BID REVIEW

By Bettina Thiel – Woodbridge Town News Correspondent

It is permissible under Freedom of Information (FOI) rules for the town to conduct the bid review and vetting of bids for the Country Club of Woodbridge in executive session; that's what Town Counsel Gerald Weiner told the Board of Selectmen at its September meeting, after consulting with FOI staff.

An ad-hoc committee is in place to open the bids, study them, and come up with a recommendation for the Board of Selectmen. An RFP (Request for Proposal) was issued, which invited developers to make offers for the 150-acre property. Two bidders submitted proposals, said First Selectman Ellen Scalettar, and the ad hoc committee has had follow-up meetings with each of the bidders.

"These are two very different proposals, two very different visions," that's about as much as Scalettar would say on the subject. "It makes the work of the task force very significant."

Weiner said FOI allows responses to RFPs to be exempt until a decision is made. "The theory is that they are negotiating on behalf of the town," he said. If there are

See "FOI" continued on Page 2

TOWN LIBRARY DIRECTOR TO MOVE ON

By Bettina Thiel – Woodbridge Town News Correspondent

Library Director Todd Fabian will be leaving Woodbridge at the end of the month to take the helm at the public library in Concord, N.H. His last day here is September 23. "It's a much larger system, bigger challenges, bigger budget," he said. In addition to the main library there is a smaller branch.

Fabian has been in Woodbridge for four years, and helped usher in many electronic updates, helping the library "adapt to a new age," he said. The most recent accomplishment in this endeavor is a new, more user-friendly website which allows patrons to sign up for programs online. They also offer a new e-book platform, where patrons can download books with their library card. In the library itself, new wireless routers have helped improve connectivity. In addition, the building has seen a number of necessary improvements, starting with the renovation of the Woodbridge room and the installation of new carpeting in the heavy traffic areas.

Even if patrons can manage more and more of their library activities remotely, the library still is the most popular municipal facility in Woodbridge, a fact that was confirmed most recently by a survey of town residents conducted for the Plan of Development.

First Selectman Ellen Scalettar said the Library Commission has formed a search committee to find a successor.



Todd Fabian

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THE BEST IN TOYS

“FOI” continued from Page 1

competing responses, to reveal the specifics “would not be in the best interest of the town”. Once the Selectmen take a vote on one bid or the other, all the information will be available to the public. The proposal will then be submitted to a public vote. But for now the town, and the selectmen themselves, will have to wait to find out what the proposals are.

The ad hoc committee consists by and large of the same people that conducted community conversations on the Country Club last year, namely Carolyn Wolff, chair; Tom Kenefick, Gary Desir, Debbie Fried and Andy Esposito. They are joined by Deke Hotchkiss as chairman of the Country Club Commission and Chris Lovejoy as a Realtor in town. Scalettar is an ex officio member; and the town’s Finance Director, Anthony Genovese, Assistant Administrative Officer Betsy Yagla, consultant John Milone and Town Counsel Gerry Weiner are sitting in.

Scalettar said the committee members provide a broad range of experience, background and viewpoints, “a positive for the process”. She said she hopes the committee will come to a consensus, but it may or may not. The committee will make a non-binding recommendation to the Board of Selectmen which the board can accept or reject.

Background

The town purchased what was then known as the Woodbridge Country Club in 2009 to avoid large-scale and uncontrolled development of the property. However, the golf operation was losing money and hemorrhaging the town’s reserves, in particular last year. First Selectman Ellen Scalettar, upon taking office in July 2013, renegotiated the contract with Billy Caspar Golf, capping the town’s liability. The town is now paying some \$400,000 in debt payment every year, plus \$195,000 to Billy Caspar Golf to offset potential losses.

At the same time she invited residents to participate in two community conversations as a basis to see what course of action residents would support. Development of a part of the property seemed a recurring theme, even if a referendum two years prior had rejected a Toll Bros. proposal for age-restricted housing on 17 acres off Woodfield Road.

Consultant Milone and McBroom recommended allowing development of 30 acres on both sides of Woodfield Road to make the whole project financially viable for the town; the RFP, which is available on the town’s website, woodbridgect.org., allows developers to submit other proposals as well.

In addition to land-use options, the proposal will have to suggest what to do with the existing clubhouse, which needs significant improvements. According to Milone and McBroom’s recommendation, it could be eliminated, with a smaller and more efficient facility erected off Johnson Road.

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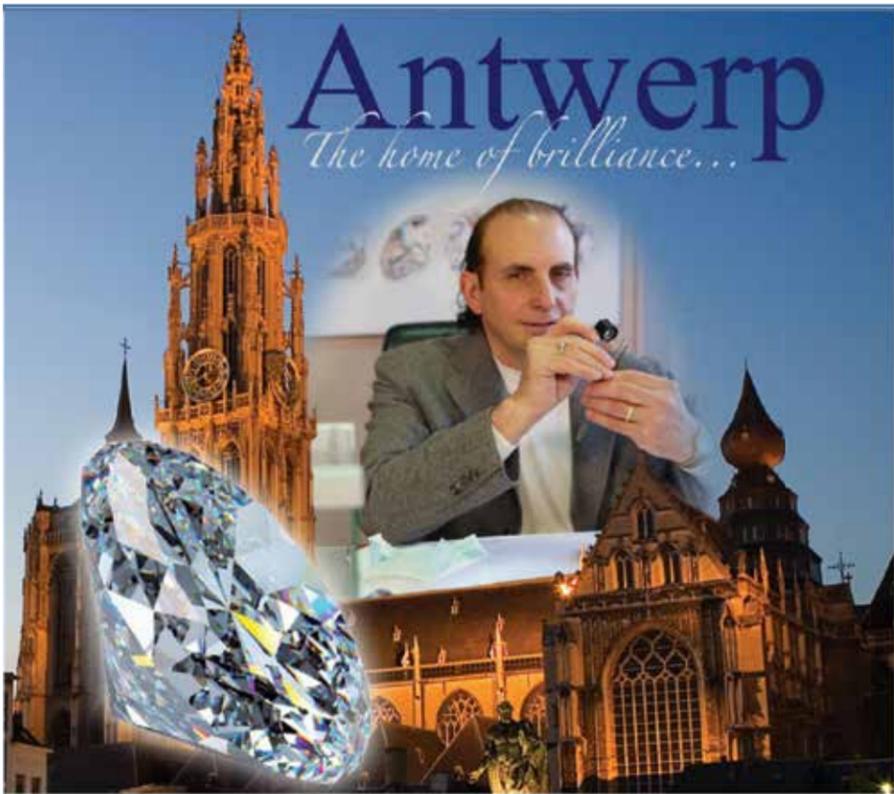
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THE **OUTSIDE LIVING** BOX

When sports lover Mike Capecelatro first heard about Tchoukball, a unique game that combines elements of squash, basketball, volleyball, soccer and lacrosse, he was intrigued. And when he watched his first match, he was an instant fan.



Laura Fantarella

First introduced in Switzerland, tchoukball was created by Hermann Brandt who wanted to develop a non-aggressive sport that would eliminate the serious injuries athletes incurred in sports with a lot of physical contact. According to a history of the sport published in Wikipedia, Brandt believed "sports should not only form champions, but also contribute to the creation of a better and more humane society." Played on a basketball-sized court, with angled net "frames" (similar to a small trampoline) at either end, players run up and down the court trying to hit either frame with a ball. The ball must bounce outside a D-shaped forbidden zone without being caught by the defending team. Players may take three steps with the ball, hold for a maximum of three seconds and teams may not pass the ball more than three times before shooting at the frame. Players can score on either net. Although it has yet to



Mike Capecelatro plays Tchoukball

gain popularity in the United States, it is fairly widespread in Europe and Asia. The manager of the Connecticut Sports Center in Woodbridge, Capecelatro had never heard of the sport when he got a call last year from a customer interested in renting space for the US National Tchoukball competition. "There were only two teams in the U.S., one in Boston and one in New Jersey and our facility was located in the middle," Capecelatro said. On the day of the event, Capecelatro watched the competition with growing interest. "It looked like a lot of fun, there were elements of a combination of several sports and even ultimate Frisbee. There was a lot of passing and a lot of jumping. Since there are no time outs the game moves quickly," he said. He also realized that with so few Tchoukball teams in the U.S. the field was open for more competitors. "I thought if I could figure out the rules of this sport I could put together a team that could compete for a national

See "LOtB" continued on Page 26

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STUDENT NEWS

Acceptances

Lehigh University Welcomes Incoming Students for 2014

Bethlehem, PA -- Eric Laugeni of Woodbridge, CT is welcomed to Lehigh University as a member of the class of 2018. Among those admitted are 1,322 degree-seeking students: 36 percent enrolled in P.C. Rossin College of Engineering and Applied Science, 35 percent in the College of Arts and Sciences, 25 percent in the College of Business and Economics, 3 percent in the College of Computer Science and Business, and 1 percent in arts and engineering. This year's incoming class hails from 41 U.S. states and 34 international countries and territories. This year, Lehigh will see one of its most diverse classes ever admitted, according to Lehigh Director of Admissions Bruce Bunnick.

10th Grade Amity Regional High School Student Sebastian Nario-Malberg Accepted to Early College

Great Barrington, MA -- It's not every day that 10th graders are accepted to college before finishing high school. But for one Woodbridge, CT sophomore, that's exactly the case. Sebastian Nario-Malberg earned a place in the Bard College at Simon's Rock fall 2014 entering class. Nario-Malberg's academic and personal achievements secured him a spot at Simon's Rock this fall. The campus in Great Barrington, Massachusetts is home to over 400 bright and highly motivated students engaged in a rigorous college education. Early college students are on track to graduate from college one or two years ahead of their peers. "Simon's Rock receives a number of impressive applications every year," Chandra Joos deKoven, Director of Admission said. "After a thorough and holistic review, Sebastian's readiness to engage in a highly rigorous college curriculum, potential for academic and personal success, and ability to enrich our campus community were evident in his application."

Dean's List

Hopkins School Graduate Katharine Schaffer Receives Dean's Award Recognition at Colgate University for Spring, 2014

Hamilton, NY -- Katharine Schaffer, a Political Science major from Woodbridge, CT, has been awarded the Dean's Award for academic excellence by Colgate University for the spring, 2014 semester. The Dean's Award is given to students with a 3.30 or higher grade-point average while enrolled in 3.75 or more course hours.

FALL ADULT & CONTINUING ED COURSES SET TO BEGIN

The fall program of Amity Adult & Continuing Education is set to start on October 7th, with several new courses to choose from as well as many standard favorites. To view the full catalog, log onto www.AmityAdultEd.MyProgramPlus.com.

A sampling of new classes being presented this fall include: Intro to Interior Design, A Night with Dr. Bernie Siegel, Inbound Marketing, Social Networking & Social Media for Business, Search Engine Optimization/Search Engine Marketing, Understanding Retirement Healthcare, Look Before You Leap into Your Own Business, Zentangle Art, Very Vintage Holiday Cards, Relaxation Techniques, Elegant Holiday Cards with Sizzix/Spellbinders and many more.

Returning favorites include: Amazing 1-2-3 Acrylic Painting, Babysitting Basics, Ballroom Dancing, Bridge, Calligraphy, Creative Writing, Estate Planning, First Aid, CPR, Mandarin Chinese, Paranormal Intrigue, Stained Glass,

Solidworks 3-D Modeling Fundamentals, Digital Photography, Selling on eBay, Fly Fishing, Yoga, Zumba, Tai Chi, and an array of Computer Classes.

Fall, with its crisp, clear weather, is the perfect time to enjoy a Bus Trip to a fabulous destination. Among the offerings are: Christmas Spectacular at Radio City Music Hall with Lunch at Carmine's Restaurant, A Day in Salem-A Halloween Adventure, Boston Seafood Tour and Quincy Market, Holiday in Manhattan, Macy's Thanksgiving Day Parade, Maine Lobster Bake and Kittery Outlets, Mohegan Sun, New York City Food & Market Tour, Newport Mansions, and Pumpkin Festival-Keene, NH.

For full course descriptions, and to register for classes, view the complete Fall 2014 Amity Adult & Continuing Education online catalog at www.AmityAdultEd.MyProgramPlus.com. For more information, please contact Karen Wade at 203-392-2005.



Woodbridge Park Association Vice President Rich Forselius talks to Brad Street, grandson of Newton Street; and Barbara Hagan Smith, who recently donated land for preservation.

WOODBIDGE'S 'CENTRAL PARK' TURNS 85

By Bettina Thiel - Woodbridge Town News Correspondent

Visitors to the library's meeting room will notice a new exhibit of photographs, many of them of familiar vistas. The exhibit, of Woodbridge green spaces, celebrates the 85th anniversary of the Woodbridge Park Association, a land trust in its own right, established to maintain the Alice Newton Street Park. Founded in 1929, the Park Association is the third oldest land trust in the state, said Association President Leslie Martino.

A group of residents came together at the library on Saturday, September 6, to celebrate the park and the people who care for it. "The photographs celebrate and share the beauty of the parks in town," said First Selectman Ellen Scalettar in addressing the group.

Brad Street, a descendent of the donor, attended the reception, and received an enthusiastic round of applause. It was his grandfather, Newton Street, who had donated 82 acres in 1929 for a park stretching from Meetinghouse Lane to Indian Trail.

Street had drawn inspiration from the New Haven Green, the Boston Common and Hyde Park in London, one can learn from the historical materials published by the Park Association. It may not be "Central Park," but thanks to a group of some 20 or so volunteers, the Street park is just that, a park, with well-groomed trails, bridges and benches that make it popular with dog owners, runners and recreational walkers of all ages.

Park Association president Leslie Martino presented Street with a copy of the 1929 surveyor's map. She also recognized Barbara Hagan Smith, who had recently donated land off Northrup Road; Judy Moore, who served many years on the Park Association; and the family of Katie Hubbard.

Martino said their main focus this past year was on erosion control, especially along the central, blue trail. "This year, we've begun managing the invasives," she said. So far, they documented what is growing where and are in the process of developing a plan "so the park will be in good shape going forward," she said.

Vice president Richard Forselius spoke more about Win and Katie Hubbard, and their many years of service to the park and its association. "Win would always hike the park with a chainsaw, even into his 90s," Forselius remembered. The Hubbard Family had just celebrated Katie's life that morning with a memorial service and was not able to attend the reception.

Forselius, who has put in many volunteer hours in his own right, thanked Leslie Martino for her leadership in curating the exhibit; and Deb Forselius and Suzanne Werth for organizing the reception.

They had about 155 entries of photographs, Martino said, and grouped them together on boards. Some of them spilled over into the hallway to the Woodbridge room.

The public invitation for the exhibit was for photographs not only of the park, but any green spaces in town. "We really wanted people to pay attention to green spaces in general," Martino said after the reception. And so the subjects range from lichen on headstones to woods, stone walls, flowers and wildlife.

Martino said two women who had just walked the blue trail walked into the library as the reception was under way. They were delighted to find photographs of the landmarks they had just walked past, and others they were going to look for on the way back. "That's exactly what we hoped to achieve," Martino said.



Linda Martino, WPA President



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If you would like to have additional copies of the Woodbridge Town News available at your organization or business, please call 203-553-9062.



Below are the next three Woodbridge Town News issue dates and deadlines.
Thank you for your submissions to Your Home Town Newspaper.

Table with 2 columns: Upcoming Issue Deadline, Upcoming Issue Dates. Rows include October 3rd (Columbus Day Issue), October 24th (Election Issue), and November 14th (Thanksgiving Issue).

Note: Copy due by 4:00p.m. Thank you.

FROM OUR READERS

Dear Editor

In those unbearable times we would like to express our utmost gratitude to those who made known their feelings of sorrow and loss of our beloved son and brother. Learning that Sam had left such bright impressions and memories in so many people is helping.

A little...

Our gratitude extends to everyone who was involved in his search and recovery, especially to the men and women of Woodbridge Police and Fire departments along with their peers from Seymour and Hamden. They have been working relentlessly through the night, on a difficult terrain all the while their compassion, sensitivity and professionalism made our anxiety and grief a little bit more manageable. It is reassuring that our small town has such great individuals on the force that people of Woodbridge can rely on in a time of need.

We also thank the Town's officials for their compassion and help with whatever arrangements we needed to make - in particular to the First Selectman Ellen Scalettar, who had visited us several times with expression of condolences and with offers of help.

Our sincere gratitude to the crew of the Regional Water Authority who interrupted their busy work schedule for the whole week to give our family some quiet time.

Thank you all, and God bless you.

The Shekman Family

Please Help Gary Teller

Gary Teller is a wonderful guy who has a terrific sense of humor and a joyous outlook on life. Gary's favorite hobbies are cars, computers and everything else in between. Ask him a question about anything and his quick witted personality will leave you thinking that he really knows a lot about everything - even when he is really kidding!

One thing that Gary is not kidding about these days is his desperate need for a new kidney. Gary has kidney failure and receives dialysis 3 days a week for 4 hours at a time leaving him feeling extremely fatigued. An experienced bicycle parts & accessories salesman for J & B Importers in Florida, Gary has been unable to go on the road to call on his customers on a daily basis or take walks with his loving wife, Ann and adorable dog, Alex.

Gary, a patient at the Yale-New Haven Transplantation Center, recently became among the 90,000 people on the waiting list to receive a kidney transplant from someone who passed away. Unfortunately, due to the scarcity of organ donors, less than 17,000 kidney transplants occur each year. In addition, the number of people waiting for a kidney is just a fraction of the number of people on dialysis, which are more than 50,000 people!

Many people do not realize that a kidney transplant from a living donor is an important option for people needing a transplant. The initial screening involves a blood test to determine blood and tissue compatibility at no cost to the prospective donor.

If you are willing to consider a kidney donation to help Gary, please contact Anna Zitnay, RN, BS, Clinical Transplant Coordinator at Yale-Haven Hospital at 203-688-1301 or anna.zitnay@yhhh.org.

Thank you for your support,

The Family & Friends of Gary Teller



WTN Letters Policy

Submit your letters for our "From Our Readers" section to:
Woodbridge Town News, P.O. Box 1126, Orange, CT 06477
or email: letters@woodbridgetownnews.com.

Please limit letters to 500 words and include a daytime phone number in case we have any questions. Letters must be exclusive to the Woodbridge Town News for publication. We reserve the right to reject any letter.

FROM OUR READERS

To the Editor

Although Woodbridge residents often possess diverse views on state and national affairs, local issues often unite us regardless of our formal political affiliations and ideologies. One such issue is our discomfort with the way First Selectman Scalettar and the majority on the Board of Selectmen are handling the potential development at the Country Club of Woodbridge.

It appears to us that the process of deciding what to do with this property has been manipulated to produce a predetermined outcome. The following facts would seem to indicate that age-restricted housing, coupled with Town ownership of the golf course, is NOT the townspeople's preferred option for the Country Club:

The tri-commission work session in March produced many ideas, including agreement that Town ownership of the golf course was NOT desired.

The golf expert, consulted by Milone & MacBroom, said an 18-hole course was NOT viable in this market.

The housing expert, brought in by Milone & MacBroom, said that over-55 housing is OVERBUILT in this area.

Despite the housing and golf experts' recommendations to the contrary, Milone & MacBroom proposed an age-restricted housing plan, coupled with continued Town ownership of the golf course. Townspeople UNANIMOUSLY OPPOSED it when it was presented at a Town meeting in February. Not a single person spoke in support of Milone & MacBroom's "preferred option".

The Town has voted against dense residential development at the Country Club TWICE; first, in 2009 when the property was purchased, and again in 2011 when the Toll Brothers proposal was overwhelmingly rejected.

The report from the ad hoc committee on the "Woodbridge Listens" sessions last October suggested many ideas for the future of the Country Club, but reached NO consensus around a single plan.

Despite all these facts, the majority of the Board of Selectmen persists in pushing residential development of the Country Club property coupled with town ownership of the golf course. We urge them to listen to the townspeople, to think more creatively about realistic and fiscally viable options for the space, and to come up with a plan that preserves the character of our Town.

Sincerely,

Lauretta E. Grau
Phillip F. Pierce

To the Editor

I received a telephone call from my Resident State Trooper; he received a complaint from one of my seniors in Bethany, CT (a married couple). Here's how the saga goes:

The Mrs. Received a telephone call from supposed grandson (the call came in from Montreal, Canada), that he's been arrested and police found drugs in his car, and needs bail money. The scammer says to go to a WalMart, or CVS, or Walgreens or where ever they sell Green Dot Cards. I need \$3,000.00, yes and to call him back with the serial numbers that are located on the back of the card(s).

Mrs. calls Mr. while he was out golfing, to tell him of the news of the "grandson" getting into trouble with the law, go and buy these Green Dot Cards \$3,000.00 worth to get their grandson out of jail.

These Green Dot Cards are prepaid money cards. The scammer can go to any WalMart, CVS or Walgreens or any other place that sells these Green Dot Cards, and get their money for as long as they have the serial number(s). If they are asking for small increments, thus cash them in and not be suspected. Victims call back as instructed and gives "grandson" the serial number(s), and from there it spiraled downhill.

My Resident Trooper also said, that the victims told him that they had a funny feeling about it, but followed through anyways.

So my fellow colleagues, if you write a senior newsletter you may publicize this Grandson Scam or any other media to get the news out. As we all know and ask "What will the next scam be?"

Jeanne DelVecchio

Woodbridge Town News

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TOWN DEPARTMENTS & AGENCIES

FROM THE REGISTRAR OF VOTERS



NOTIFICATION OF UPCOMING IMPORTANT ELECTION DATES

The Bethany, Orange and Woodbridge Registrars of Voters announce important voting dates. State and Federal elections will be held on Tuesday, November 4, 2014.

Cut-off Dates: Mail in registration deadline for voting in the Election is October 21st (postmark and online). Deadline for registering in person with Registrars is 8:00pm, Tuesday, October 28th.

Registrars Session: A session to complete the preliminary registry list will be held at the town hall in each of the three towns on Tuesday, September 30th. In Woodbridge from 9am-11am, in Bethany from 11am-1:00pm, and in Orange from 9am-4:30pm.

Registrars Session: A special registration session will be held at the Registrars office on Saturday, October 18th from 10:00a.m. to 2:00p.m.

Registrars Session: Tuesday, October 28th is the in-person cut-off for voter registrations. Applicants must appear in person to the Registrar of Voters office between 9:00a.m. and 8:00p.m.

Limited Session: There will be a limited enrollment session on Monday, November 3rd from 9:00a.m. to 5:00p.m. for persons who attained age, citizenship or residency after the October 28th deadline.

Absentee Ballots: Applications for absentee ballots should be made through the Town Clerk's office. You may also download an application from the Secretary of the State's website: click on "Elections and Voting" then "Absentee Ballot Application". Ballots will be available starting October 3rd.

Questions regarding Elections call:

- Bethany Registrars: 203-393-2100, ext. 121
- Orange Registrars: 203-891-4715, 4716
- Woodbridge Registrars: 203-389-3408, 3409

The Town Clerk's Office is available to register voters and for absentee ballots Monday through Friday from 8:30am to 4:30pm in Woodbridge and Orange. Bethany's hours are 9:00am to 4:30pm Monday through Friday and Monday evenings 6:30pm to 7:30pm.

For more information regarding Elections, please see your town website.

FROM THE YOUTH SERVICES COORDINATOR

By Nancy Pfund



Hula Hoop Classes Span The Generations

Do you remember Hula Hooping in the '60s? Are you a kid who loves energy and laughter (No Batteries Required)? Well, search no more! Woodbridge Recreation, Human Services, and Youth Services have put their heads together to create new, retro-inspired Hula Hoop Classes.

Sign up soon for Thursday classes at Beecher Road School-South which run October 2nd through November 13th (no class on September 25th or on October 13th). Youth class (K-6) will be 3:30 to 4:30 p.m. and Adult class is 4:30 to 5:30 p.m. Cost is \$70 per person. Call Jim Franco at (203) 389-3446 at Woodbridge Rec. to join and have a blast.

Amity Parent Support Group September 19, 2014

Local parents who struggle with children who are, or may be involved with, substance abuse are invited to share experiences and concerns in a confidential setting. Interested parents may join the Amity Parent Support Group at 9:00 a.m. on Friday, September 19th in the Woodbridge Senior Center Lounge on the lower level at 4 Meetinghouse Lane. If you have an interest, but cannot attend at this time, please contact Nancy Pfund at (203) 389-3429, or e-mail npfund@woodbridgect.org.

www.WoodbridgeTownNews.com

WOODBIDGE LAND TRUST CELEBRATES 50 YEARS!

The Board of Directors of the Woodbridge Land Trust invites the public to experience one of the Town's most spectacular open space parcels, the Elderslie Preserve on Peck Hill Road. Since Saturday, September 27th is National Public Lands Day, it is the perfect opportunity to celebrate our Town's remarkable commitment to open space preservation and to commemorate the 50th Anniversary of the Woodbridge Land Trust.

This land, part of a 350-acre expanse of contiguous open space, has a remarkable history and geography. The Wallace

family acquired the land in 1637 as a grant from the King of England. It contains fields, ponds, and woodlands, in addition to wetlands and vernal pools that form the headwaters of the Wepawaug River. Views to the south stretch to Long Island Sound; to the north, there are expansive views across the Naugatuck Valley.

Land Trust Board Members will greet you at 10 am, in the parking area at 230 Peck Hill Road. In case of inclement weather go to www.woodbridgelandtrust.org for notice of cancellation.

FIRST AID/CPR/AED

The Town of Woodbridge is offering a Heart Saver First Aid Course with CPR (Cardiopulmonary Resuscitation)/AED (Automated External Defibrillator) on Monday, October 20 from 9:00a.m. - 1:30p.m. in the Senior Center Lounge, 4 Meetinghouse Lane, Woodbridge. The cost of the course is \$75.00. Residents can register by contacting Woodbridge Human Services at 203 389-3429.

TOWN OF WOODBRIDGE MEETINGS FOR THE MONTH OF OCTOBER 2014

(Subject to Change, Check with Town Clerk's Office, 203-389-3422)



Town Hall

10/2	CUPOP	7:00pm	Town Hall
	Town Plan & Zoning Commission	7:30pm	Town Hall
10/3	Police Commission	6:00pm	Police Department
10/4	Conservation Comm.-Special Mtg.....	7:00pm	Town Hall
10/8	Library Commission	6:00pm	Library
	Human Services Commission	7:00pm	The Center
	Zoning Board of Appeals	7:30pm	Town Hall
10/10	Board of Selectmen	6:00pm	Town Hall
10/11	Economic Development Comm.	7:00pm	Town Hall
10/18	Investment Committee	5:00pm	RegionalWaterAuthority
	Board of Finance	6:00pm	Town Hall
	Conservation Commission	7:30pm	Town Hall
10/22	CC of Woodbridge Commission	6:00pm	Town Hall
	Recreation Commission.....	7:00pm	Beecher School South
10/23	Government Access TV Comm.	7:15pm	Town Hall

TOWN DEPARTMENTS

PERSONAL PROPERTY DECLARATIONS BEING SENT

Personal Property declarations will be mailed this month to businesses and individuals who have previously filed declarations. If you are a new business in Woodbridge, whether it be inside or outside of your home, or possess a non-registered motor vehicle, please contact the Assessor's Office at 203-389-3416 for copies of the Personal Property Declarations.

Declarations must be filed by November 3, 2014. Failure to file with the Woodbridge Assessor's Office will result in a 25% penalty to your assessment which will be estimated.

Personal property includes but is not limited to: non-registered motor vehicles, mechanics tools, machinery and equipment, electronic data processing equipment (computers), commercial furniture and fixtures, leased equipment (even water coolers & mail machines), farm machinery and home businesses.

For those eligible for the Farm Machinery Exemption, applications are available from the Assessor and must be filed by November 3, 2014.

FROM THE FIRST SELECTMAN'S DESK

By Ellen Scalettar



As always, there is a lot going on in Woodbridge and I encourage you to sign up for our listserv (tinyurl.com/WoodbridgeEnews), check out our website (www.woodbridgetown.org) and like us on Facebook (Facebook.com/WoodbridgeCT) to keep as up to date as possible on Town events. Today, I would like to give you three important updates:

CT SOLAR CHALLENGE COMES TO WOODBRIDGE

Woodbridge residents will have the opportunity to participate in a Town-wide solar program that will provide a single source of information about home energy audits and solar installation financing options. The 12-month program also will allow residents to purchase solar arrays for their homes or businesses at competitive pricing.

The Board of Selectmen approved our participation in the CT Solar Challenge based on the extensive research and recommendation of the Ad Hoc Energy Advisory Task Force that I convened in May. A special thank you to the Task Force volunteers- Lisa Connor, Lor Ferrante Fernandes and Dawn Kopel - for their terrific work on this project.

PLAN OF CONSERVATION AND DEVELOPMENT (POCD) INPUT OPPORTUNITY

Promoting solar projects and other energy-saving options is just one of many topics included in the current draft of the Town's revised POCD. The State requires all Town Plan and Zoning Commissions to update their POCD which serves as a planning guide for each town, every ten years. Ours is due in 2015.

Please join the Town Plan and Zoning Commission on Tuesday, September 30 from 7-9 p.m. in the Center Gym for an update on the POCD. The event will include a discussion of the draft goals and action items in each of the 10 topic sections followed by small group discussions. This is another opportunity to give feedback on the draft plan before it is finalized.

MERRITT AVENUE BRIDGE REPLACEMENT CONTINUES

Many of you have wondered why work on the Merritt Bridge seemed to have come to a halt - with the project incomplete. The hiatus in the project was because the contractor was awaiting delivery of 48 custom-made 70-foot-long steel columns that will serve as the base for the bridge. These columns could not be ordered until other site work was complete and it was determined how far down the bedrock is. As of this writing, the contractor is still on schedule to complete the work by late November.



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LOCAL BUSINESS ROUNDUP

DOCTOR ALLEN FERRUCCI JOINS CT ORTHOPAEDIC SPECIALISTS, PC

Glenn Elia, CEO of Connecticut Orthopaedic Specialists, PC (Connecticut Orthopaedic) has announced that orthopaedic surgeon Dr. Allen M. Ferrucci has joined the practice. The inclusion of Dr. Ferrucci will bring the total number of physicians in the group to 31, working from 12 offices located throughout southern Connecticut.

"We are excited to add Dr. Ferrucci to our team," stated Mr. Elia. "He has tremendous skills and local ties having grown up in North Branford and completed his residency at Yale-New Haven Hospital. He will further solidify our group as the most versatile and talented foot and ankle specialists in this part of the state."



Dr. Allen Ferrucci

Dr. Ferrucci, who is fellowship trained and specializes in foot and ankle and general orthopaedic care, joins Connecticut Orthopaedic directly from the renowned Orthopedic Foot and Ankle Center of Westerville, Ohio. He will keep clinical office hours in five different Connecticut Orthopaedic locations around the area to provide widespread access to patients.

A native of North Branford, CT, Dr. Ferrucci now resides with his family in Guilford, CT. He is a summa cum laude graduate of Boston College where he earned an undergraduate degree in Biology. Dr. Ferrucci is also a cum laude graduate of Georgetown University Medical School where he earned his medical degree.

Connecticut Orthopaedic continues its rapid growth of late, having announced two mergers in 2014. Connecticut Orthopaedic Specialists, PC offers all orthopaedic subspecialties including sports medicine, treatment for problems of the upper and lower extremities, joint replacement surgery, pediatric orthopaedics as well as surgical and non-surgical podiatry. It is one of the most respected orthopaedic groups in Connecticut and has been providing quality, individualized care to patients for over 50 years. Connecticut Orthopaedic has twelve clinical locations, eight in-house physical therapy facilities, three OrthoNOW orthopaedic walk-in centers, two MRI centers providing in-house diagnostic testing and its own surgical center.

For more information, please contact: Ron Thompson, rthompson@ct-ortho.com 203.407.3580



LATEST MERGER EXPANDS PATIENT ACCESS TO ORTHOPAEDIC CARE

Connecticut Orthopaedic Specialists and Shoreline Orthopedics Partnership Emphasizes Patient-Doctor Relationship

HAMDEN, CONNECTICUT (August 15, 2014) Connecticut Orthopaedic Specialists, PC (Connecticut Orthopaedic) and Shoreline Orthopedics and Sports Medicine (Shoreline Orthopedics) have announced an agreement to merge their practices. This is the second merger announcement for Connecticut Orthopaedic in 2014, which now has 30 physicians working from 12 offices located around southern Connecticut.

"Once again, we are growing to better serve our patients," stated Glenn Elia, CEO of Connecticut Orthopaedic. "By adding doctors and facilities we continue to give our patients more choices and deeper access to high-end musculoskeletal care." The merged practice features orthopaedists, podiatrists, physiatrists and in-house physical and occupational therapists.

Shoreline Orthopedics is led by Dr. Mark D. Lorenze, Dr. Steven M. Luster and Dr. Martin J. White who will continue to operate from their flagship office at 12 Bokum Road, Essex, CT as well as satellite offices in Madison and Guilford. Their patients will now be able to utilize Connecticut Orthopaedic Specialists, PC's two MRI units as well as state-of-the-art surgical facilities located in Branford, CT.

"Connecticut Orthopaedic's high level of care coupled with their intense focus on enhancing the patient-doctor relationship was important to us," stated Dr. Mark D. Lorenze, Practice Partner at Shoreline Orthopedics and Sports Medicine. "We are looking forward to working with them to raise the bar even higher and give our patients access to a variety of additional services and neighborhood locations."

Connecticut Orthopaedic Specialists, PC offers all orthopaedic subspecialties including sports medicine, treatment for problems of the upper and lower extremities, joint replacement surgery, pediatric orthopaedics as well as surgical and non-surgical podiatry. It is one of the most respected orthopaedic groups in Connecticut and has been providing quality, individualized care to patients for over 50 years. Connecticut Orthopaedic has twelve clinical locations, eight in-house physical therapy facilities, three OrthoNOW orthopaedic walk-in centers, two MRI centers providing in-house diagnostic testing and its own surgical center.

LANGE COMPLETES EXECUTIVE LEADERSHIP PROGRAM

Jean Lange, of Woodbridge, founding dean of the Quinnipiac University School of Nursing, has successfully completed the American Association of Colleges of Nursing-Wharton Executive Leadership Program. "It was a privilege to be selected for this program and share insights with colleagues across the country," Lange said. "As leaders, we often don't take the time to enhance our skills. Wharton was a particularly valuable experience because it exposed us to ways of thinking from outside of our discipline. It was enlightening to learn that while nursing leadership is unique in some ways, it has much in common with other industries."



Jean Lange

Launched in 2012 in collaboration with the Wharton School of the University of Pennsylvania, the program is designed exclusively for top academic leaders in schools of nursing. This program, which now includes 87 graduates from schools nationwide, is sponsored in part by the Jonas Center for Nursing and Veterans Healthcare.

"Nurses looking to having a meaningful impact on improving the nation's health and health care must possess strong leadership, negotiation and strategic thinking skills," said Deborah Trautman, AACN's chief executive officer. "I applaud the latest graduates of the AACN-Wharton program for their commitment to developing the expertise needed to amplify nursing's voice in discussions shaping the future of nursing education and practice at the local, state, and national levels."

Lange, who was named founding dean of Quinnipiac's School of Nursing in 2011, holds a doctorate in nursing from the University of Connecticut. She earned her master's degree from the University of California, Los Angeles, and her bachelor's degree from Binghamton University.



LOCAL BUSINESS

SKALKA CONSIDERED FOR "THE BEST LAWYERS IN AMERICA"

For the tenth consecutive year Woodbridge resident and attorney Douglas S. Skalka, a partner at the law firm of Neubert, Pepe & Monteith, P.C., was recently selected by his peers for inclusion in The Best Lawyers in America© 2015 in the field of Bankruptcy and Creditor Debtor Rights/Insolvency and Reorganization Law. Three additional firm attorneys, Michael D. Neubert founding partner; Deborah Monteith Neubert, founding partner; and Andrew R. Lubin, partner were also selected for inclusion in The Best Lawyers in America 2015.

Doug Skalka is an experienced attorney in all aspects of bankruptcy, commercial finance and business reorganization matters. He represents secured and unsecured creditors, debtors, commercial lenders, investors, purchasers and committees in bankruptcy and business reorganization cases. Attorney Skalka holds a certification in business bankruptcy from the American Board of Certification. He has been named in Best Lawyers since 2006 and in Connecticut Super Lawyers since 2007. Attorney Skalka was selected to the Top 100 New England Super Lawyers list for 2013.

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About Neubert, Pepe & Monteith: Neubert, Pepe & Monteith, P.C. is a general practice law firm with offices in New Haven, Fairfield and New Britain, Connecticut and White Plains, New York (www.npmlaw.com). The firm, founded in 1993, presently has twenty-six attorneys, many of whom are leaders in their respective fields and have been listed in Best Lawyers in America and the Connecticut, New England and New York Tri-State Super Lawyer's lists. Neubert, Pepe & Monteith's core practice areas are Professional Malpractice & Liability Defense, Litigation & Appeals, Healthcare Law, Bankruptcy, Commercial Finance & Banking, Real Estate, Construction Law, Employment & Pension Law, Taxation, Trusts & Estates.

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AT THE SENIOR CENTER

By Lee Canning

Creative Happenings Newsletter

"Creative Happenings Newsletter" is published monthly and may be received by mail, email or accessed online through the town website: www.woodbridgedct.org/ by clicking on Departments, Senior Center, Current Creative Happenings Newsletter. If you are not currently receiving a copy and wish to do so, please contact the Senior Center at (203) 389-3430. We are pleased to announce Visiting Angels Living Assistance Services is co-sponsoring our Creative Happenings Newsletter.

Exercise Class With Laurie Luce

The exercise classes taught by Laurie Luce will continue to be on Tuesday and Thursday with a new time of 3:00 to 4:00. We look forward to seeing you in the new time slot. If you wish to register for this class, please call Lee at (203) 389-3430.

Save The Date For Senator Joe Crisco's Annual "Senior Fair"

Thursday, October 16, 2014/
Warsaw Park, Ansonia

ZUMBA GOLD CLASS

The class runs weekly at 9:00 am on Friday's and will meet in the cafeteria. All are welcome! Cost for the 6 week class is \$30.00. Payment is due when you register. Zumba Gold was designed for the active older adult, the true beginner, and/or people who are not used to exercising, or people who may be limited physically. It is done at a low intensity. Zumba Gold classes strive to improve our balance, strength, flexibility and most importantly, the heart. The schedule for the next session is October 3, 17, 24, 31 and November 7 & 14. (No class October 10) To register call 203-389-3430.

"LUNCH BUNCH"

Meets on the last Monday of the month. Everyone is welcome to join us and share lunch and friendly conversation. The lunch is "Dutch Treat" and van transportation can be arranged for a \$3 fee. Please call Lee at 203-389-3430 to make a reservation for the lunch and/or transportation.

THE WALKING GROUP

Meets every Friday (except in bad weather) at the Cornfield at 10:00 a.m. We welcome all runners, walkers or strollers. Walking is a very low-impact exercise and is a great way to meet new people, catch up with friends and get some exercise.

TABLE TENNIS

A Table Tennis table has been donated to the center and is available

for use. Table Tennis is great for eye-hand coordination, reflexes, balance, planning, strategy and a stress reliever, exercising the mind and body. If you are interested in playing, please call 203-389-3430.

October Happenings

- October 1 Wednesday TAI CHI 12 week classes continue
- October 2 Thursday "bring the HOOPLA" 6 week classes begin
- October 2 Thursday "Live Well" Chronic Disease Self-Management Workshop
- Free 6 week classes begin
- October 3 Friday A, B, C, and D's of Medicare
- October 7 Tuesday Bob Mel entertains after lunch
- Flu and Pneumonia Clinic sponsored by VNA Community Healthcare
- Connecticut Energy Assistance Program Applications Accepted
- October 8 Wednesday "Cooking Demo" by Executive Chef Bencivengo, Jr. Chowder Pot in Branford
- October 10 Friday Connecticut Energy Assistance Program Applications Accepted
- October 14 Tuesday Bingo, prizes, refreshments & discussion about civil preparedness.
- October 13 Monday In observance of "COLUMBUS DAY" the senior center will be closed.
- October 16 Thursday "SENIOR FAIR" Warsaw Park, Ansonia with Sen. Joe Crisco
- October 20 Monday Flu & pneumonia clinic 3:00 to 5:30
- October 21 Tuesday "Oktoberfest" trip to Platzl Brauhaus, Pomona, NY departs today.
- October 21 Tuesday "Keeping Woodbridge Residents on Their Feet" Fall Prevention Program
- October 28 Tuesday Larry Batter will entertain after lunch
- October 28 Tuesday Book Club

BOOK CLUB

Will be meeting at 11:15 on Tuesday October 28th in Room 13. Refreshments will be served. For more information, call 203-389-3430.

A, B, C, & D's of MEDICARE

Educational Seminar with Trish Pearson Friday, October 3rd at 12:45 p.m. Dessert will be served. If you have questions about changes in benefits for 2015 this is your opportunity to ask questions and get answers.

CONNECTICUT ENERGY ASSISTANCE PROGRAM

The Connecticut Energy Assistance Program, administered by TEAM,

Inc., is currently helping qualified Connecticut residents with their fuel costs. Applications are being accepted at the Human Services Department on Tuesday and Friday mornings. Verification of income and assets must be submitted with the application. This includes copies of the last statements or checks from pay stubs, social security, SSI, pension, unemployment, alimony/child support, interest and dividend income, and a utility bill. In addition, the names, dates of birth, and social security numbers of all family members residing with the applicant are required.

If you have any questions or would like to schedule an appointment, please call Mary Lee Raro at (203) 389-3429.

COOKING DEMO

WEDNESDAY -
OCTOBER 8, 2014

The Woodbridge Senior Center is sponsoring a Cooking Demonstration with Executive Chef John Bencivengo, Jr. of The Chowder Pot in Branford. The cooking demo will be held in the Senior Center Cafeteria at noon. Join us for the demonstration and enjoy the delicious food prepared by Chef Bencivengo, Jr. Reservations are required. Please call the Senior Center at (203) 389-3430 by October 1, 2014. A \$5.00 per person charge will be collected on the day of the event. Everyone is welcome to come and enjoy this fun and entertaining afternoon. Space is limited.

"LIVE WELL WORKSHOP"

CHRONIC DISEASE
SELF MANAGEMENT

Chronic health conditions such as diabetes, depression, heart disease, arthritis, chronic pain or anxiety can impact one's quality of life. If you have an ongoing health condition or are caring for someone with a chronic health condition, join us for a free 6 week "LIVE WELL WORKSHOP"

Each workshop is 2 ½ hours in length, and will be held at the:

Woodbridge Senior Center/4 Meetinghouse Lane, Woodbridge, CT

October 2, 9, 16, 23, 30 & November 6/9:00 a.m.-11:30 a.m.

Space is limited. To register call 203-389-3430

This program is sponsored by Griffin Hospital, the State of CT Aging Services Division and the CT Dept. of Public Health.

BINGO

Please join us for a Bingo sponsored by the American Red Cross and a discussion will be held on the topic of Civil Preparedness on Tuesday, October 14th beginning at 12:45 following lunch. Deputy Chief Stuart of the Woodbridge Police Department and Mary Ellen

LaRocca, Human Services Director will be our guest speakers. There will be prizes and refreshments will be served.

FLU AND PNEUMONIA CLINIC

VNA Community Healthcare has scheduled a Flu and Pneumonia Clinic at the Woodbridge Senior Center on Monday, October 20th from 3:00 to 5:30 p.m.

"KEEPING WOODBRIDGE RESIDENTS ON THEIR FEET"

Tuesday, October
21 at 12:45 p.m.

Learn how to prevent falls, ways to maintain balance and how to get up properly from a fall are some of the topics that will be discussed. The program is presented by the Woodbridge EMS Commission in association with American Medical Response and in collaboration with Woodbridge Human Services, Woodbridge Senior Center and VNA Community Healthcare.

"FOOD PANTRY DONATIONS"

Woodbridge Human Services is seeking donations for the Food Pantry to help our families in need. Current food needs:

Liquids: Boxed Milk (Parmalat, Horizon, e.g.), Juices, Cooking Oil

Dry Goods: Pancake Mix, Whole Grain Foods, Cake/Muffin/Bread Mixes, Granola Bars, Crackers, Cookies, Tea Bags, Gravy Mixes.

Canned Goods: Stew, Chili, Pasta, Tomatoes, Tomato Sauce, Spaghetti Sauce, Gravy, Canned Vegetables, Potatoes, Ground Coffee, Frosting.

Personal Hygiene Items: Toothpaste, Tooth Brushes, Shampoo, Bar Soap, Feminine Hygiene items, Shaving Cream, Individual Toilet Tissue, etc.

"FRIENDLY VISITOR PROGRAM"

Do you have some extra time and would like to help your neighbors? Our "Friendly Visitor" program is always looking for volunteers of all ages to visit those who are shut-in and would enjoy company. Training is available through the Interfaith Volunteer Caregivers. Please call Mary Lee Raro in Human Services (203) 389-3429 for more information.

Every Tuesday & Friday Lunch is served at the center at 12:15 p.m.

Meals cost \$3 and include salad, bread, juice, coffee/tea, & dessert. Take Outs meals are \$4.

“Senior Center” continued from Page 12

MENU

OCTOBER MENU

- Friday 10/3: Meatball Grinder
- Tuesday 10/7: Lasagna
- Friday 10/10: Kielbasa Bake
- Tuesday 10/14: Chicken Cacciatore
- Friday 10/17: Meatloaf
- Tuesday 10/21: Baked Stuffed Chicken Breast
- Friday 10/24: Assorted Sandwiches
- Tuesday 10/28: Ravioli & Meatballs
- Friday 10/31: Stuffed Peppers

FREE FRIDAY AFTERNOON MOVIES

Movies are shown at the Senior Center on Friday afternoons at 1 pm. Join us at 12:15 for a nutritious \$3 lunch, followed by a movie with free popcorn (or just attend the movie at 1 pm).

HOLIDAY FAIR

We will hold our Annual Holiday Fair on Saturday, November 8 in the Center Cafeteria from 10:00 a.m. to 3:00 p.m. We will have a variety of booths consisting of baked goods, books, crafts, tag sale items, Chinese Auction, raffle, refreshments, and many other attractions. Some of the items we need to stock booths are: homemade jellies, jams, pickles, sauces, baked goods, used books, and usable tag sale items. Also needed are bottles of wine or alcohol for our Basket of Cheer Raffle. New items are also needed for our Chinese Auction table. Last, but not least, we need volunteers to bring all of this together. All proceeds from our Annual Holiday Fair support the Woodbridge Senior Center.

BAKERS WANTED

We are seeking bakers for our Annual Holiday Fair November 8, 2014. COOKIES, CAKES, BREADS & PIES ARE NEEDED. You can drop off your baked items on Friday, November 7th at the Woodbridge Senior Center

between 9 am and 4 pm.

FUTURE PROGRAMS

- November 3 Monday AARP Smart Driver Course
- November 8 Saturday HOLIDAY FAIR
- November 11 Tuesday VETERANS DAY – CLOSED
- November 18 Tuesday Jim Sheehan – Vocalist will entertain
- November 21 Friday Thanksgiving luncheon - This luncheon will be free of charge through the generosity of the Woodbridge Police Union Local 362. Space is limited and reservations must be called in no later than Friday November 14th
- November 27 & 28 Thursday & Friday THANKSGIVING HOLIDAY - CLOSED

AARP SMART DRIVER COURSE

11/03/2014 09:00 AM – 1:00 PM
(203) 389-3430

The classroom course costs only \$15 for AARP members and \$20 for non-members. Checks are payable to AARP. Learn how to sharpen your driving skills, develop strategies for adjusting to age-related changes in vision, hearing and re-action time and much more. Completion of course entitles those eligible for discounts on their auto-mobile insurance.

FUTURE TRIPS

October 21, 2014—Tuesday—Octoberfest. \$85 includes transportation, driver’s gratuity, festivities and family-style luncheon at Platzl Brauhaus, Pomona. Call 203-389-3430 to register. Trips must be paid for at time of registration and checks are payable to Getaway Tours.

TRIP CANCELLATIONS FOR DAY TRIPS — Unfortunately NO REFUNDS can be issued for any cancellations made less than 30 days before a scheduled trip or event.

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Dear Pete,

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RESIDENTS CAN NOW PLAY TABLE TENNIS AT THE SENIOR CENTER

Joanne and Jeff Damberg donated a table tennis table to the Senior Center this summer. They are avid table tennis players but when they moved they no longer had space for their table tennis table. They now frequently visit the Senior Center to play and are enthusiastic about the sport.

Table tennis may be particularly helpful for the elderly since it combines physical exercise with spatial skills and social interaction. Studies have shown that exercise is helpful in preventing dementia and helping to deal with the symptoms of the disease.

"We are so grateful that the Dambergs donated this table to our Senior Center," says Woodbridge Senior Center director Lee Canning. "This gift highlights the breadth of activities and offerings at the Senior Center," said First Selectman Ellen Scalettar.

If you would like to play table tennis, please contact Lee Canning at (203) 389-3430 to set up a time.



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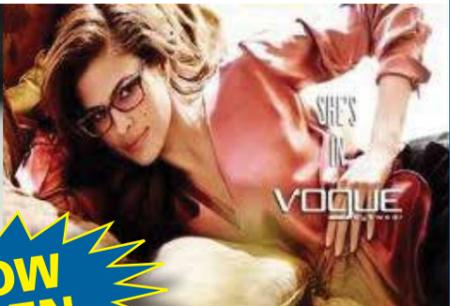
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DINING WITH SUSAN

By Susan Noonan



SCRIBNER'S RESTAURANT

Scribner's Restaurant is definitely one of my favorite restaurants in the area. I profiled Scribner's in the past and felt it was time to re-visit this very special establishment. Scribner and Susan Bliss recently celebrated their 41st year in business. Quite an accomplishment in the competitive restaurant world.

They are a lovely couple who are very dedicated to their successful restaurant. Scribner's Restaurant is located in the Woodmont section of Milford just steps away from the sweeping views of Long Island Sound and definitely worth a visit. Scribner's well prepared food along with impeccable service always impresses my out of town guests and business associates. This award winning establishment has been consistently recognized as one of the best seafood restaurants in Connecticut. Scribner's serves only the highest quality fresh fish and shellfish. They also offer some "other than fish" choices including Filet Mignon, New York Strip, Macaroni & Cheese, Chicken Sicilian, & even a tasty Cheeseburger.

The restaurant has such a warm & cozy feeling, showcasing many antiques along with a nautical theme. Scribner's has 2 dining rooms and a friendly bar that is always busy with local folk. My most recent visit was to celebrate my birthday. Everything was perfect from start to finish as usual. The homemade bread is always served warm with whipped butter. Scribner's offers specials every day that appear on the back of the regular menu. My favorite salad at Scribner's is the Bleu and Green with romaine lettuce, tomato, blue cheese, Gorgonzola, Pecorino cheese, bacon, and red onions with house made Dijon vinaigrette. I especially enjoy their New England Sea Scallops with sherry, buttered breadcrumbs along with the steamed Lobster Tails and New York strip. Scribner's definitely has the best Lobster in the area. Scribner's desserts are house made consisting of Cheesecake, Chocolate Decadence, Peach Freeze, Key Lime or Apple Pie, Turtle Sundae (a fresh baked brownie topped with vanilla ice cream, pecans, caramel sauce, hot fudge and whipped cream). Special coffees, espresso, & cappuccino, complete the outstanding dinner. Scribner's is currently offering an "Early Dining Menu" served 7 days a week at only \$14.95-\$16.95 including dinner entrée, house salad, bread, potato or rice and a fresh vegetable with coffee, tea or soft drink. The choices include baked stuffed scallops or shrimp, Southern fried catfish, Scribner's Scampi, grilled salmon, baked cod, swordfish gorgonzola, fish & chips, grilled pork mignon, chicken Florentine, and shoulder tenderloin. Such a wide variety and reasonable price for an early dining menu. The other special is "Half Price Wine Nights" on Tuesdays and Fridays. All bottles on their extensive wine list are offered at 1/2 price on these evenings when you purchase two entrees. Scribner's is a true example of an elegant but casual "New England Style" restaurant.

Open 7 days - Serving Dinner Monday - Sunday beginning at 5pm, Early Dining Menu available Monday - Thursday & Sunday 5-6:30pm - Friday & Saturday 5-6pm.

Reservations: Highly recommended - All major credit cards accepted. Banquet menu available for private parties-call for details. Parking: On the street in front of the building along with a large lot in the back with a special entrance. Handicapped accessible.

**Website: www.scribnersrestaurant.com
Scribner's Restaurant - 31 Village Road, Milford (Woodmont), CT 06460 - 203-878-7019**

Final notes: I suggest that you make a visit soon to this iconic restaurant. Scribner's continues its long-standing reputation offering outstanding food and service. Trust me, you will be impressed! Please remember to support our local family owned businesses like my favorite Scribner's.

If you have a favorite restaurant please e-mail susan@orangetownnews.com or susan@woodbridgetownnews.com.

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Alexander Ludwig in "Vikings"

Q: On your suggestion, I started reading **Breeana Puttroff's "Dusk Gate Chronicles"** series, and I couldn't put them down. I tore through the entire series in two weeks. Will she be releasing any new books soon? -- Mary Anne K., Allentown, Pa.

A: Breeana's new book, which is slated to be released in late September or early October, is called "**Rumpelstiltskin's Daughter.**" As of now, it is planned to be a stand-alone book, not a series, but as Breeana told me, you never know.

"So far as I know it's a single story. You know, my brain does strange things. I thought 'Dusk Gate' was done after '**Blooms of Consequence,**' so I don't know for sure. But probably if it did turn into a series, it would branch off from a few different characters. Like maybe a same world and same storyline, but focus on different people."

So, what is her new book about? Breeana summed it up for me: "The story is basically a what-if retelling of the Rumpelstiltskin tale. The idea behind it is that tales are told by the most powerful, so the stories that get passed down are from one point of view. And so 'Rumpelstiltskin's Daughter' is, what if Rumpelstiltskin isn't a bad guy after all? In the real story, the heroes are not nice people. A king and queen get married because he forces her to spin gold for him, and yet Rumpelstiltskin is portrayed as the bad guy. So, my story is more an examination of that."

Q: When will "**Gone Girl**" be released at the theater? Seems like I've been waiting forever! -- Deanna R., via email

A: The long-awaited **Ben Affleck**-starring thriller -- which is based on the

best-selling novel by **Gillian Flynn**, who also wrote the movie's screenplay -- will be in theaters on Oct. 3. Save me a seat and some popcorn, because you can bet I'll be there!

Q: We watched "**Lone Survivor**" last night on DVD, and the actor who played the new guy that they were giving a hard time looked familiar to me. What else has he been in? -- Amelia D., via email

A: **Alexander Ludwig**, who played newbie Navy SEAL Shane Patton, is perhaps best known for playing Cato, the career tribute from District 2 in "**The Hunger Games.**" He'll also play Bjorn (Ironside) Lothbrok -- Ragnar and Lagertha's now-grown son -- in the upcoming season of the History channel's "**Vikings,**" which likely will air in spring 2015.

Q: Did **Brad Pitt** and **Angelina Jolie** finally get married? -- Theresa M. in North Carolina

A: They did indeed tie the knot Aug. 23 in France. All of the couple's six children were in attendance, and the blushing bride even wore a floor-length veil that the kids decorated for her (drawings that Luigi Massi, master tailor at Atelier Versace, hand-sewed onto the veil).

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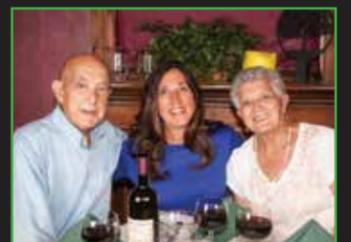


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To register, visit jccnh.org and download the registration form under Cultural Arts or contact Tanya Weinberg, (203)387-2522 x216 or Tanyaw@jccnh.org.



Work by Ken Johnson

DAVIS GALLERY

The Ken Johnson presentation is still on show at the Davis Gallery with his exquisite oil paintings of horses, county life and landscapes. The September 2nd closing has been extended through the end of the month to allow for requested additional viewing time.

Also at the Gallery, in the east wing you will see the phenomenal color pencil drawings by Mark Dittmar of local scenes around Milford, Orange, Stratford and Fairfield. You will have to look closely as they look like real life!

Located inside VideoLab, Hours: Monday – Friday, 10am-6pm, Saturday, 10am-4pm, www.DavisGalleryCT.com.



JCC ARTS FOR THE CENTER

Featuring Three Generations of Family Artwork

Work by Harold Rabinowitz, Abbie Rabinowitz, Rebecca Rabinowitz, Sandy Rabinowitz, and Toni Kirchner

The JCC's Arts for the Center program will feature an exhibit by the Rabinowitz family of Bethany – three generations of artists. The show runs September 8 to October 13, 2014 with an artists' reception on Sunday, September 21 from 3-5 p.m. at the JCC of Greater New Haven, 360 Amity Road, Woodbridge. The reception is free and open to the public.

Harold and Kiki Rabinowitz founded New Haven's Creative Arts Workshop in 1961. Harold is a painter and taught art at Amity Regional High School. He graduated from Yale Art School with an MFA in 1952. He paints nature with passionate, exuberant paint strokes, overlapping planes of color, with a personal calligraphic signature. Kiki is a musician and artist. The two are also the parents of two daughters and a 21 year-old granddaughter who are each an artist in their own right.

Abbie Rabinowitz received a BFA from State University of New York at Purchase and makes a living as a computer artist and freelances while pursuing her career as a painter. Rebecca Rabinowitz's watercolor landscapes are created out of pure joy. Every painting is a story of escape from a hard chair, a computer screen and a thousand responsibilities. Each painting represents a special and specific moment. Sandy Rabinowitz has been drawing since she could pick up a crayon, and has always loved animals. Sandy attended Cooper Union and Parsons School of Design where she focused on children's book illustration, and while there wrote, illustrated and published the first of several picture books about horses. This led to a career in children's book illustration.

- **WHAT:** JCC Arts for the Center
- **WHEN:** Exhibition September 8-October 13. Artist reception Sunday, September 21, 3-5 p.m.
- **WHERE:** JCC of Greater New Haven, 360 Amity Rd., Woodbridge, CT
- **MORE:** Free. Info at jccnh.org or (203)387-2522 x300.

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CLUBS & ORGANIZATIONS

AMITY CLASS OF 1994 REUNION

Come join our class and see how much has changed! The festivities will get under way, Saturday, September 27th, at 7pm with buffet dinner and DJ at The Woodbridge Club, 10 Milhaven Road in Woodbridge. Tickets are \$60 per person. Beer and soda will be provided along with a cash bar. For details and to purchase tickets visit: <http://spoch76.wix.com/amityclass1994>. Contact Suzanne (Riccio) Wolfe at swolfe321@gmail.com.

HELP THE AMITY TEEN CENTER BECOME ENERGY EFFICIENT

The Amity Teen Center, Inc. (ATC) is a 501(c)(3) nonprofit organization established in 1987 to provide a safe environment for area teenagers after school and on weekends. The ATC purchased and renovated a building at 10 Selden Street in Woodbridge which opened in 2006 for its activities. Energy costs have steadily risen and have reduced funds available for operations. Therefore, the ATC has applied for funding under the Neighborhood Assistance Act for its Energy Conservation Program. We are seeking sponsors to help fund new solar panels and other energy efficient improvements.

CORPORATIONS THAT PAY CONNECTICUT INCOME TAX CAN RECEIVE A 100% STATE TAX CREDIT FOR DONATIONS FOR THESE PURPOSES. IN EFFECT, EVERY DOLLAR DONATED IS OFFSET BY THE NEIGHBORHOOD ASSISTANCE ACT CREDIT. YOU ARE HELPING THE AMITY TEEN CENTER AT NO COST TO YOUR COMPANY AS WELL AS IMPROVING THE ENVIRONMENT.

For further information, please call Linda Cohen at (203) 980-3409 or Barry Vine at (203) 982-3414.

RABIES ALERT

Within the Quinnipiac Valley Health District, there have been seven raccoons and three bats that have tested positive for rabies since June. Rabies is a deadly virus that can threaten the health of people and their pets. It is primarily transmitted through the saliva of an infected animal. You need to be very cautious when encountering wildlife and managing your pets. Keep the following actions in mind for your family's protection!

- Vaccinate your pet against rabies. (This is required by law for both cats and dogs!)
- Avoid contact with wildlife, including cute baby animals. Do not feed them, bring them indoors or try to nurse one back to health.
- Do not feed your pets outside.
- If you see wildlife in the daytime, especially if the animal is acting unusual, or a stray domestic animal, or any animal behaving strangely or appearing ill, stay away and call the Animal Control Officer (ACO) in your town. Post the ACO phone number. You can also reach the ACO through the police department or by calling 911 for an emergency.
- If you have a bat in the house, call the ACO to capture it so it can be tested. This is especially important if you wake up with a bat in the bedroom or if the bat is found in the sleeping area of a small child or adult who is not able to give reliable information.
- If your pet is in a fight with another animal, wild or domestic and unknown to you, never touch the wound with your bare hands. Use gloves if you need to examine it. Wash hands with soap and water immediately after any contact with a suspect animal or after inspecting a wound on your pet, even if you were wearing gloves. Discard the gloves after use.
- Seek prompt medical attention if you are bitten by a wild animal or a domestic animal unknown to you. Never ignore an animal bite.

The health district provides consultation on human exposures and the animal control officer in your town deals directly with the animals. For more information on rabies, District residents (Bethany, Hamden, North Haven and Woodbridge) can call Quinnipiac Valley Health District, 203 248-4528 or request information on line, www.qvhd.org.

www.WoodbridgeTownNews.com



Pictured are Garden Club members Susan Hildebrand, Cindy Marien, Pat Bender, Jane Gelertner, Chris Lovejoy, Pat Cardozo, Susan Antinozzi, and Cathy Wick.

THE GARDEN CLUB OF WOODBRIDGE AND MASSARO FARM

Members of the Garden Club of Woodbridge once again partnered with Massaro Farm to decorate the tables for its Dinner on the Farm. The wildflowers were picked from the farm fields and arranged for each dinner table. The event is an annual event and celebrates the bounty and successes of not just the farm but all local providers. The dinner was held on Sunday, August 31.

Woodbridge Town News

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CLUBS & ORGANIZATIONS

Join Boy Scouts
Troop 63
 Woodbridge, CT



JOIN THE
ADVENTURE

JOIN THE **FUN**

BOY SCOUT TROOP 63 CHECK US OUT NIGHT

Boy Scout Troop 63 is holding an Open House recruitment drive Monday, September 22nd. All boys ages 10 and up or who have completed the fifth grade are welcome to check us out. Join the adventure. Join the fun and see what scouting is all about. Meetings are held at Our Lady of the Assumption "Mother" Church located at 1700 Litchfield Turnpike (Rte. 69) in Woodbridge on Monday nights from 7:00 – 8:30 and all boys, along with their parents, are encouraged to visit.

Boy Scout Troop 63, founded in 1963, is one of the oldest Troops in the Connecticut Yankee Council. Our objective is to bring scouting to boys in the Woodbridge, Bethany and surrounding communities. Known as the "outdoor troop" we are active all year. Our outings include all types of camping, hiking, backpacking, skiing, canoe trips, white water rafting as well as cultural events such as visits to historical parks and monuments and much more. We also plan and participate in community service projects each year.

Scouting gives boys the opportunity to:

- Try new things
- Be of service to others
- Build self-confidence
- Reinforce ethical standards
- Develop leadership skills
- Gain self-reliance

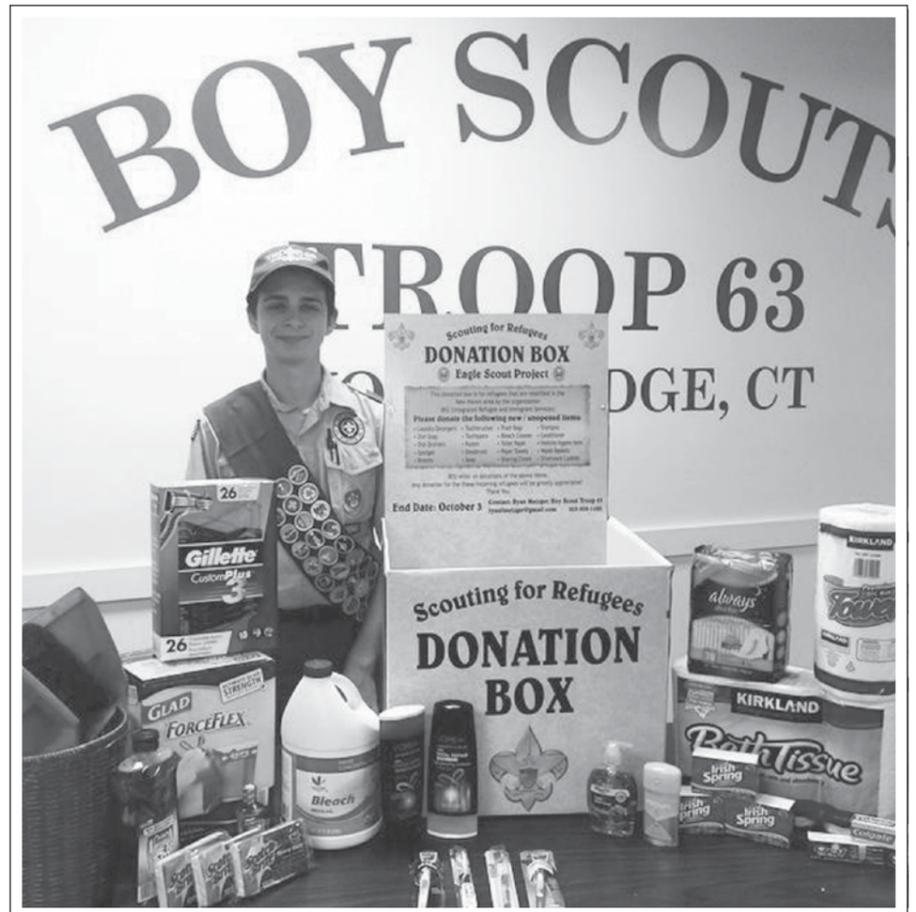
Merit badges, rank advancement and other awards are presented throughout the year at troop meetings and special events like the Court of Honor. When a rank advancement is presented to a Scout, his parents are also recognized, since the success is often the result of a family effort.

Scouting builds character by teaching confidence and promoting positive role models as boys grow and mature. Through planned advancement, Scouts are always in a learning environment, increasing their capacity for goal setting, choice making and accomplishment. In the outdoors, boys have opportunities to acquire skills and knowledge and complete challenges they first thought were beyond their ability.

For more information visit our web site at <http://www.troop963.org> or email Troop63CT@gmail.com.

HISTORICAL SOCIETY HOLDS TAG SALE

The Amity and Woodbridge Historical Society will hold a tag sale on the grounds of the historic Thomas Darling House at 1907 Litchfield Turnpike in Woodbridge on Saturday, September 20th from 8 AM to 2 PM. Come and find a treasure, or reserve a space to sell your stuff. tagsale@woodbridgehistory.org. Free coffee!



SCOUTING FOR REFUGEES

Ryan Metzger, a Life Scout from Boy Scout Troop 63 in Woodbridge is conducting a charity drive called "Scouting for Refugees" for his Eagle Scout project. The project consists of two coordinated charity drives. First, Scouts from Troop 63 will be distributing flyers to most homes in Woodbridge with a list of items needed. They will collect the donations a week later. Second, special donation boxes will also be set up in the Woodbridge Town Hall, Woodbridge Library, Amity High School, B'nai Jacob Synagogue, and Our Lady of the Assumption Church for the entire month of September until October 3rd.

He will be collecting much needed toiletries and other items for IRIS (Integrated Refugee and Immigrant Services) in the New Haven area. IRIS helps resettle refugees from places such as Afghanistan, Iraq, Iran, Eritrea, Sudan, and other countries predominately in the Middle East and North Africa. These refugees are unable or unwilling to return to their homeland because of fear of persecution due to their race, membership in a particular social group, political opinion, religion, or national origin. The U.S. only accepts a limited number of refugees each year and IRIS resettles approximately 200 of them.

IRIS relies on donations from people in the community to help their incoming "clients". The Scouting for Refugees drive will collect the following NEW and UN-OPENED needed items:

- Laundry detergent
- Dish soap
- Dish drainers
- Sponges
- Brooms
- Toothbrushes
- Toothpaste
- Razors
- Deodorant
- Soap
- Trash bags
- Bleach cleaner
- Toilet paper
- Paper towels
- Shaving cream
- Shampoo
- Conditioner
- Feminine hygiene items
- Waste baskets
- Silverware caddies

The community's assistance is requested to help people in need. Please place donations in a plastic bag and put them by your mailbox by 9:00 am on September 27th. Scouts will come by your house and pick up the donations and arrange delivery to IRIS.

Donations for this worthy cause will be greatly appreciated. Thank you. Contact: Ryan Metzger (203) 909-1420 ryanmetzger@gmail.com.

HOUSES OF WORSHIP EVENTS

GOD ON TAP

God on Tap, a weekly gathering for people interested in exploring life's big questions, will be held every Wednesday from 5:30 – 6:30 p.m. at Wheeler's Restaurant and Taproom, 180 Amity Road, Woodbridge, beginning on September 17th. "Stop in at Wheelers after work for refreshments with friends and enjoy some deeply nourishing conversations about things that really matter. Whether you're already well acquainted with spirituality or just curious about learning more, you'll find thought provoking discussions to take part in each week," declares facilitator, Elsa Worth, priest at Christ Church, Bethany.

All are warmly welcome. Come once or every week. For further information about Wheelers in Woodbridge on Wednesdays, visit www.christchurchbethany.org.

OUR LADY OF ASSUMPTION CHRISTMAS BAZAAR

A Christmas Bazaar & Craft Fair will be held at Our Lady of Assumption Church, 81 Center Road, Woodbridge on Saturday, November 15 from 10:00-4:00 in the parish hall. Come shop for some great gift items. In addition to some wonderful crafters and vendors, there will be a white elephant sale, raffles for gift baskets, children's activities and entertainment. Come enjoy some delicious food and visit with none other than Santa himself. Don't miss this great opportunity to support our community while getting an early start on holiday shopping. Hope to see you there.



Our Lady of Assumption Church

Limited space remains for unique vendors and creative crafters. Table prices are \$50.00 for a 6-foot table space and \$75.00 for 12 feet. Applicants may obtain a crafter agreement form at www.assumptionchurch.com or by contacting Kathy at 203-816-7755 or kathy@bbesq.com.

HIGH HOLY DAYS AT TEMPLE EMANUEL OF GNH

The High Holy Days are a time of joy and reflection at Temple Emanuel. The schedule of services and related activities is as follows:

Saturday, September 20, 7pm - Temple Emanuel participates in the annual combined Reform S'lichot Service at Congregation Beth Shalom Rodfe Zedek in Chester

Wednesday, September 24, 8pm, Erev Rosh Hashanah Service - Oneg after the service

Thursday, September 25, 9:45am - Rosh Hashanah Children's Service (in the House)*; 10am - Rosh Hashanah Adult Service (in the Sanctuary) - Kiddush after the service, followed by Tashlich

Friday, September 26, 10am - Rosh Hashanah Adult Service

Friday, October 3, 8pm - Kol Nidre/Erev Yom Kippur Service

Saturday, October 4, 9:45am - Yom Kippur Children's Service (in the House)*; 10am - Yom Kippur Adult Morning Service (in the Sanctuary) *Adult study session with Rabbi Steve Steinberg to follow.* 4:00pm - Mincha/Yom Kippur Afternoon Service; 5:30pm - Yizkor/Memorial Service Neilah/Concluding Service Havdalah Service *Breakfast to follow.*

Sunday, October 5, 9:30am - Come Build the TE Sukkah

Wednesday, October 8, 6:30pm - Erev Sukkot Service

Wednesday, October 15, 6:30pm - Erev Simchat Torah/Consecration Service

*Children's High Holy Day services are intended for kids in grades K-5. Younger children are welcome to attend if accompanied by an adult. Reservations are necessary. All members of the Greater New Haven Jewish community are welcome to attend our services and celebrations. Please contact the TE office at 203-397-3000 for details and to purchase guest tickets.



CHRIST EPISCOPAL CHURCH INSTALLS REV. ELSA WORTH

Thursday, September 4 marked a notable historical moment in the life of the Bethany community. Christ Church was filled with celebration as parishioners, visitors and over 25 clergy guests officially marked the beginning of Christ Church's ministry together with its new Rector, the Rev. Elsa Worth. The service began with a stirring processional hymn during which the clergy, all wearing red stoles, led the way into the church for the Rt. Rev. Laura Ahrens, Suffragen Bishop of the Episcopal Diocese of CT. The music was provided by the church's able new Minister of Music, John Williams, who was announced and introduced to the parish that same evening. Also featured was special men's acappella singing group which included Rev. Worth's husband and sons. Bishop Ahrens presided at the service, which included a special blessing of the processional cross

for the church's new weekly Children's Chapel. In his sermon, The Rev. Tim Hodapp, Canon for Mission Leadership in the diocese, charged Rev. Worth and the parish to "bear good fruit" as priest and parish. The Venerable Jan Grinnell, archdeacon of Rhode Island, was present to serve at the altar as deacon. The Rev. Ann Ritonia of the Church of the Good Shepherd in Orange served as the Minister of Ceremonies. Following the service, the newly renovated Rector's study was also blessed by the bishop, and the parish provided a gala reception.

Christ Church was founded in 1799 and its historic building was completed in 1810. Rev. Worth is the church's first woman rector, and Thursday's celebration was the first installation at Christ Church in over 30 years. For more information about Christ Church, visit www.christchurchbethany.org.



THE ILLUSTRATED BIBLE

If you extend your soul to the hungry and satisfy the afflicted soul, then your light shall dawn in the darkness, and your darkness shall be as the noonday. The Lord will guide you continually...



Man's Steps Guided by the Lord by Marc Chagall (1939)

ISAIAH 58:10-11

HOUSES OF WORSHIP

**CHABAD OF ORANGE/
WOODBRIIDGE HAPPENINGS**

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Schedule of Services

ROSH HASHANAH

Wednesday, September 24, 2014 Evening Services: 6:45 PM
Thursday, September 25, 2014 Morning Services: 9:00 AM
Shofar Sounding: 11:15 AM
Tashlich Service: 2:00 PM
Evening Services: 7:30 PM
Friday, September 26, 2014 Morning Services: 9:00 AM
Shofar Sounding: 11:15 AM
Evening Services: 6:30 PM

SHABBAT SHUVA

Saturday, September 27, 2014 Morning Services: 10:00 AM
YOM KIPPUR
Friday, October 3, 2014 Fast Begins at: 6:13 PM
Kol Nidre Services: 6:15 PM
Morning Services: 9:00 AM
Yizkor Memorial Service: 12:00 Noon
Mincha & Neilah Services: 5:00 PM
Fast ends at: 7:11 PM followed by light refreshments
Saturday, October 4, 2014 Morning Services: 10:00 AM
Evening Services at 7:00 PM

SUKKOT

Thursday, October 9, 2014 Morning Services: 10:00 AM
Friday, October 10, 2014 Evening Services at 7:00 PM

SHABBAT CHOL HAMOED

Saturday, October 11, 2014 Morning Services: 10:00 AM

HOSHANA RABBA

Wednesday, October 15, 2014 Morning Services: 8:15 am

SHEMINI ATZERET & SIMCHAT TORAH

Wednesday, October 15, 2014 Evening Services: 7:00 PM
Followed by Hakafot & Kiddush

SIMCHAT TORAH

Thursday, October 16, 2014 Morning Services: 10:00 AM
Yizkor Memorial Service: 12:00 Noon
Evening Services: 6:00 PM
Followed by Hakafot & Lavish Kiddush



Attention Churches, Synagogues & Houses of Worship!

Send us your organizations events listings and items of interest.
We will publish them for free.

Woodbridge Town News - P.O. Box 1126, Orange, CT 06477
edit@woodbridgetownnews.com

**HELP THE RED CROSS BY
DONATING BLOOD**

Eligible Donors Encouraged To Give During National Preparedness Month

Disasters can strike at any time, and the American Red Cross encourages eligible donors to help their communities prepare for emergencies by giving blood during National Preparedness Month.

The mission of the Red Cross is to help the public prevent, prepare for and respond to emergencies. During National Preparedness Month, the Red Cross reminds Americans to take simple steps to get ready for emergencies in their homes, workplaces and communities. One way to support this mission is to become a regular blood donor.

A stable blood supply is central to ensuring patient needs are met in emergencies. Blood can take up to three days to be tested, processed and made available for patients. It's the blood already on the shelves that can help save lives when disaster strikes.

Appointments to donate and help the Red Cross prepare for patient needs across the country can be made at red-

crossblood.org. Information about other ways to help prepare for emergencies is available at redcross.org.

The following locations will be holding blood drives in our area:

Orange — 9/23/2014: 9 a.m. - 2:30 p.m., High Plains Community Center, 525 Orange Center Road

Westville — 9/16/2014: 8 a.m. - 1 p.m., Connecticut Job Corps Center, 455 Wintergreen Avenue

How to donate blood: Simply call 1-800-RED CROSS (1-800-733-2767) or visit redcrossblood.org to make an appointment or for more information. All blood types are needed to ensure a reliable supply for patients. A blood donor card or driver's license or two other forms of identification are required at check-in. Individuals who are 17 years of age, weigh at least 110 pounds and are in generally good health may be eligible to donate blood. High school students and other donors 18 years of age and younger also have to meet certain height and weight requirements.



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Adult Events

The Gift of Caregiving

Tuesday, September 23 at 12:45pm at the Woodbridge Senior Center Cafe

Join Dr. Beverly Kidder, Director of the Agency on Aging of South Central Connecticut and author of *The Gift of Caregiving*, as she speaks about her book and her experience as a caregiver. Learn practical tips and resources that are available to caregivers. Dr. Kidder will be selling and signing copies of her book after the presentation. This program is co-sponsored by the Woodbridge Senior Center and the Woodbridge Town Library. Please call the Woodbridge Town Library at 203-389-3433 to register or register online at <http://www.woodbridge.lioninc.org/events/the-gift-of-caregiving/>.

Woodbridge Library Farmers' Market

Wednesday, September 24th from 3-6pm

Join us at the final Farmers' Market of the season. Stop by and purchase delicious fall produce from your favorite local farms including Darling Farm, Massaro Community Farm, Merry Mountain Farm, Mapleview Farm, Amity Garden Center and more.

The Evolution of the Literary Detective with Dr. Mark Schenker

Wednesday, October 1, 2014 @ 7pm

The detection of crime has been a subject in literature since the time of the Bible and Oedipus Rex. Mark Schenker, Senior Associate Dean at Yale

College, will lecture on the evolution of the detective in the literature of the English-speaking world, from origins in the 19th century in the works of Edgar Allan Poe, Wilkie Collins and Arthur Conan Doyle, through classics of the early 20th century (by authors as different as Agatha Christie and Dashiell Hammett), to the development of the police procedurals that rose to prominence after WW II. Along the way, he will consider influences as varied as religious myth, the Western, film noir, and contemporary television. Please register by calling 203-389-3433 or online at www.woodbridge.lioninc.org.

Cozy, Comforting Autumn Cooking Demonstration with Robin Glowa

Tuesday, October 7 @ 7pm

Colder weather is synonymous with indulgent comfort food, but you won't feel guilty about eating these delicious dishes, perfect to satisfy your cold weather cravings: Great Pumpkin Soup, Warm Quinoa Salad with Roasted Autumn Vegetables & Ginger Scallion Dressing, and Autumn Fruit Crisp. Join us for a demonstration of how to make these dishes with Robin Glowa, the Conscious Cook. Samples and recipes included. Registration required. Please call 203-389-3433 to register or register online.

Upcoming Film Screenings

Words and Pictures

**Thursday, September 25 @ 7pm/
Rated PG-13 111 minutes**

An art instructor and an English teacher form a rivalry that ends up

with a competition at their school in which students decide whether words or pictures are more important.

Chef

**Thursday, October 2 @ 7pm/
Rated R 114 minutes**

A chef who loses his restaurant job starts up a food truck in an effort to reclaim his creative promise, while piecing back together his estranged family.

Million Dollar Arm

**Thursday, October 9th/
Rated PG 124 minutes**

A sports agent stages an unconventional recruitment strategy to get talented Indian cricket players to play Major League Baseball.

Children's Events

Calling All Muggles! Magic Workshop

Saturday, October 18 @ 2pm

For aspiring magicians in grades 4-7. Local magicians from The Tom Prete Assembly No. 127 will teach tricks of the trade! The Tom Prete Assembly was formed in 1976 and is a part of the oldest magical society in the world, the Society of American Magicians, whose members included Harry Houdini. Participants are asked to bring a deck of cards to the workshop, other materials will be supplied. Space is limited. Please register online at www.woodbridge.lioninc.org.

Eager Readers Book Group

Monday, October 20 at 6:30 p.m. For Grades K-2

Come join us for a lively discussion and craft about the book *Farmer Ham*.

The crows in his field are very happy. All day long they sit and eat his corn and no matter how often he shouts and waves his arms, they won't go away. Silly old Farmer Ham! Or is he? Stop by the Children's Desk to check out a copy of the book. Register online at www.woodbridge.lioninc.org.

Teen Events

Teen Slap Art

Monday, October 6 @ 3:30pm

Teen Slap Art will have you mirrored in vibrant coolness this month. Walk over after school and join us to use brilliant stones and mirrors to create. This program is for high school students. Please register online at www.woodbridge.lioninc.org.

SAT Practice Test with KAPLAN

Saturday, October 11 @ 11am

Representatives from KAPLAN will administer a free, proctored practice test for the SAT exam under test day conditions. All participants will receive a comprehensive analysis of their performance on the test, detailing individual strengths and weaknesses. Gain invaluable experience at this practice session! Space is limited and registration is required. Please register online at www.woodbridge.lioninc.org or call 203-389-3433.

Teen Book Discussion

Saturday, October 11 @ 3:30pm

Teen Readers: join us for our teen book discussion group. Read books of your choice and then come and chat about them. Be the first to learn about new teen titles and enjoy some snacks! Please register online.

"LOtB" continued from Page 4

championship," Capecelatro said.

With this goal in mind for the following year, the 34-year-old Orange resident and former Amity soccer and lacrosse player immediately rallied his network of fellow male and female athletes ranging in age from 24-34 and organized Connecticut's first Tchoukball team. He recruited volleyball and soccer players realizing a volleyball player's natural arm swing, and diving ability and a soccer player's running agility would help build a strong team. They began practicing together in the spring to prepare for the summer games. By July of 2014 Connecticut joined four other teams -- two from New Jersey, and a Boston and New Hampshire team -- to compete again in Woodbridge for the national title. Though they finished in last place, they were just points behind the New Jersey winners in the initial round. "The big thing that held us back besides being a new team, was we only have 10 players," he said. "Since seven players are on the court at once, we were unable to have any full court scrimmages in practice. That was a disadvantage," he said. "But we had a lot of fun and it was definitely close so we have a good chance for next year."

Ideally Capecelatro would like to organize another Connecticut team so the two could face off in practice. The task may be easier as more local people are exposed to the sport. "We have a banner in the building and when people who ask about it, it definitely piques their interest. I'll pull up a video on YouTube to give them an idea how the game is played. I'm hoping to grow the team. The more the merrier," he said.

For more information contact Capecelatro at 203-980-0587.

NEWS FROM THE FRIENDS OF THE WOODBIDGE LIBRARY

Bookstore hours for fall 2014 are:

Tuesday 10 am – 1 pm

Saturday 10 am – 1 pm

Adult volunteers: Would you like to volunteer once a month, Tuesday or Saturday morning, in the Friends bookstore in the library? You will enjoy interacting with patrons and meeting other volunteers as you review and process new book donations. It's always fun—you don't know what treasures you will discover that day.

Student Volunteer: The bookstore needs a high school student volunteer Saturday mornings 10 am – 1 pm during the school year. You will earn your community service credits. You must commit to coming regularly.

To find out more about volunteer op-

portunities, please call Barbara at 203-397-9061.

Beginning September 2 the bookstore will accept donations of adult and children's books, CDs, and DVDs in good condition. Please bring donations when the bookstore is open or call the bookstore at 203-389-3493 and leave a message. We will call you back to arrange for a volunteer to meet you at the library with your donation. Maximum donation is 5 cartons of books.

The Friends' mission is to raise money for the library to support all the wonderful programs for adults and children hosted by the library and the Friends all year long. All proceeds from bookstore sales and the Friends' annual membership appeal go directly to the library.

DOLLAR\$ AND \$ENSE

IRA, 401K OR PENSION? DOES IT MATTER?

By Roberta L Nestor

While IRAs, 401ks and pension plans share several characteristics, they share even more differences. The most common characteristic of these plans is tax deferral. Contributions to traditional 401k, pension and IRA plans are not taxed when contributed and all earnings are tax deferred until you begin withdrawals. All withdrawals from pensions, 401ks and IRAs are taxable as ordinary income. And, lastly these are all vehicles for retirement savings. So, what is different?

Not only are the IRS rules different for each type of money, 401k and pension plans are considered employer-sponsored. That means that there is a plan document created by your employer that more or less dictates what you can and can't do with your pension or 401k. For example, even though the IRS allows 401k plans to have the ability to take a loan, maybe your employer does not make the loan feature available in its plan document. Some 401k plans allow for ROTH contributions and others don't. It's important to be aware of any limitations in the plan document which is readily available to all employees.

Pensions are referred to as defined benefit plans whereas your benefit is defined by years of service, salary and age. Every employer has their own formula for calculating someone's pension benefit. 401k plans are referred to as defined contribution plans whereas your benefit is defined by your contributions. The IRS regulations governing Individual Retirement Accounts (IRAs) are clear cut, universal and do not vary, regardless of where your IRA is invested. However, you may find variables when comparing one IRA custodial document to another. An example of this would be an IRA custodial document that allows contributions to all types of investments (referred to as a self-directed IRA) versus one that limits you to just bank CDs or savings.

Today, pension plans are very different as a result of more and more businesses terminating them. Since pensions are employer sponsored, the formulas and calculations will vary with each employer. One of the more common variables is the ability to take a lump sum option in lieu of taking a monthly income versus more traditional pensions that only offer a form of monthly income and no lump sum. It is important to understand how your pension works, especially since many businesses have begun to terminate their pension plan and then present the employee with "buy-out" options.

Typically, when a pension offers a lump sum option that lump sum is rolled over into an IRA so that the individual does not have to pay tax on the entire distribution. Once the pension is deposited into the IRA plan, it will then follow IRA rules. We all have compartments for money and in most people's minds, they will always refer to this piece of money as their pension even though it is actually an IRA. The same is true with 401k plans, retired employees roll them over into an IRA but still refer to it as their 401k plan.

Does it matter? Yes!

Here is an example that happens frequently when retirees are completing forms or applications for things such as mortgages, loans, special medical programs or even senior housing: A retiree recently completed an application for senior housing. His only income was social security and based on that, he should have been eligible. Unfortunately, his application was denied because of having too much income. A deeper look at the application showed that he answered yes to having a pension and filled in the amount of his IRA withdrawals. Withdrawals from IRAs do not qualify as pension income.

Talk to a tax or financial advisor before making pension decisions and rollover options. Most elections are irrevocable and mistakes can be very costly.

Roberta L. Nestor is a financial advisor practicing at 491 New Haven Avenue in Milford, CT offering retirement, long term care, investment and tax planning services. She also offers securities and advisory services as an Investment Adviser Representative of Commonwealth Financial Network – a member FINRA/SIPC and a Registered Investment Adviser. Fixed insurance products offered through Nestor Financial Network are separate and unrelated to Commonwealth. Commonwealth Financial Network or Nestor Financial Network does not provide legal or tax advice. You should consult a legal or tax professional regarding your individual situation. Roberta can be reached at Nestor Financial Network, 203-876-8066 or roberta@nestorfinancial.com.

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AN OUNCE OF PREVENTION

Which Flu Vaccine For Me?

Getting a flu vaccine used to be easy. You asked for a flu vaccine and you got one! Now there are many forms and preparations: Three-component (trivalent) formulations, four-component (quadrivalent) formulations, high dose preparations, injectable regular-length needle, intradermal short needle, standard preparation, egg-free preparation, nasal preparation...there are many ways to get a flu immunization! However, regardless of the preparation or method of delivery, the bottom line is the same: Everyone 6 months and older should get a flu vaccination every year.

Currently, neither the Centers for Disease Control (CDC) nor the Advisory Committee on Immunization Practices (ACIP) have expressed a preference of one vaccine form over another. They do, however, advise that the guidelines and recommendations for the administration of each preparation must be followed. For example, the nasal preparation should only be administered to persons between the ages of 2 and 49 who are healthy and not pregnant. The intradermal (short needle preparation placed under the skin instead of into the muscle) may be used only in adults 18-64 years of age. Fluzone High-Dose, manufactured by Sanofi Pasteur, Inc., is designed specifically for people 65 years and older. Fluzone High-Dose vaccine contains four times the amount of antigen (the part of the vaccine that prompts the body to make antibody) contained in regular flu shots. The additional antigen is intended to create a stronger immune response (more antibody) in the person getting the vaccine. Flublok is intended for use in persons between the ages of 18 and 49. It is a good choice for people who have severe allergy to eggs as it does not use chicken eggs to be produced. It can therefore be manufactured more quickly, but does have a shorter shelf life than other preparations.

The many "faces" of vaccination may

seem confusing, but your health care provider (or agency that provides the vaccine) should know what preparation you can or should receive. The choice of product will also be dependent on what preparations are available. The CDC notes that most of the vaccine that will be available for the public this year will be the three-component (trivalent) injectable preparation. It is anticipated that next year, it may be a four-component product. Most of the nasal preparation will be the four-component (quadrivalent); however, the nasal preparation makes up only a small portion of the flu vaccines produced. While you may prefer one form over another (provided you meet the criteria), you should not wait to get a flu shot if the form you prefer is not available. What seems to happen every year is that people wait until flu begins to peak and find out that vaccine is no longer available.

Many people have concerns over the preservative, thimerosal that is used on some preparations of the flu vaccine. Thimerosal is a mercury-derivative that has been used as a preservative for over 50 years. It is not the same form of mercury that is found in fish. Research has shown that there is no association between thimerosal and autism, despite what you may have heard. However, because flu manufacturers can now make the vaccine preparation without using it, many have begun to do this. This was not for safety concerns, but rather as a response to the public's desires.

You can read a lot about influenza, but all you really need to know is that a flu vaccination can help to protect you from flu and its complications (like pneumonia and even death). It is easy to get, inexpensive and safe. District residents (Bethany, Hamden, North Haven and Woodbridge) can contact Quinnipiack Valley Health District, 203 248-4528, if you have questions or contact QVHD through dculligan@qvhd.org.

SPOOKY GOOD TIMES ARE COMING TO WOODBRIDGE THIS FALL!

Join the businesses of Woodbridge on October 11th from 10am-4pm for the 2nd Annual Woodbridge Scarecrow Festival. This year's event promises even more fall fun – Themed-Scarecrows, Local restaurants showcasing their fare, scavenger hunt, local bands providing music, raffles and more. Save the date and usher in the autumn season and see what great things Woodbridge Businesses have to offer.

Who: Woodbridge Business Community with support from the Town of Woodbridge and Woodbridge Economic Development Commission

What: 2nd Annual Woodbridge Scarecrow Festival

Where: Amity Road from People's Bank to the shops at 245 Amity Road

When: Saturday, October 11

Why: Celebrate the autumn season and see what great things Woodbridge Businesses have to offer.

CONTACT: Co- Chairs: For General Information and Non-Food Vendors: Kate Brown, Brown Fitness Training, 203.520.4938, KATE@BROWNFITNESSTRAINING.COM

Food Vendors: Rob LaTronica, Wheelers Restaurant & Taproom, wheelers.kitchen@gmail.com

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ENTERTAINMENT

TOP 10 MOVIES

- Guardians of the Galaxy (PG-13)**
Chris Pratt, Vin Diesel
- Teenage Mutant Ninja Turtles (PG-13)**
Megan Fox, Will Arnett
- If I Stay (PG-13)**
Chloe Grace Moretz, Mireille Enos
- Let's Be Cops (R)**
Jake Johnson, Damon Wayans Jr.
- As Above, So Below (R)**
Perdita Weeks, Ben Feldman
- The November Man (R)**
Pierce Brosnan, Luke Bracey
- When the Game Stands Tall (PG)**
Jim Caviezel, Alexander Ludwig
- The Giver (PG-13)**
Brenton Thwaites, Jeff Bridges
- The Hundred-Foot Journey (PG)**
Helen Mirren, Om Puri
- The Expendables 3 (PG-13)**
Sylvester Stallone, Jason Statham

TOP 10 RENTALS

- The Amazing Spider-Man 2 (PG-13)**
Andrew Garfield
- Divergent (PG-13)**
Shailene Woodley
- Transcendence (PG-13)**
Johnny Depp
- Noah (PG-13)**
Russell Crowe
- Heaven Is for Real (PG)**
Greg Kinnear
- Rio 2 (G)**
nimated
- God's Not Dead (PG)**
Shane Harper
- Rage (NR)**
Nicolas Cage
- Need for Speed (PG-13)**
Aaron Paul
- Sabotage (R)**
Arnold Schwarzenegger

CHART BUSTERS

Top 10 Pop Singles

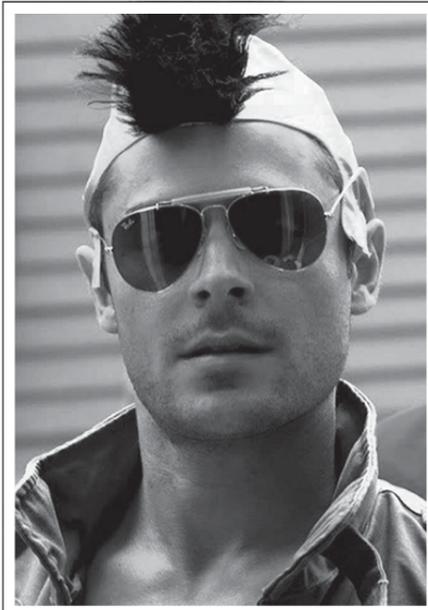
- Taylor Swift**
"Shake It Off"
- Nicki Minaj**
"Anaconda"
- Meghan Trainor**
"All About That Bass"
- Sam Smith**
"Stay With Me"
- MAGIC!**
"Rude"
- Iggy Azalea feat. Rita Ora**
"Black Widow"
- Ariana Grande feat. Zedd**
"Break Free"
- Sia**
"Chandelier"
- Jessie J, Ariana Grande & Nicki Minaj**
"Bang Bang"
- Nico & Vinz**
"Am I Wrong?"



Wiz Khalifa

Top 10 Country Singles

- Jason Aldean**
"Burnin' It Down"
- Florida Georgia Line**
"Dirt"
- Kenny Chesney**
"American Kids"
- Dierks Bentley**
"Drunk on a Plane"
- Lady Antebellum**
"Bartender"
- Sam Hunt**
"Leave the Night On"
- Tim McGraw feat. Faith Hill**
"Meanwhile Back at Mama's"
- Luke Bryan**
"Roller Coaster"
- Dustin Lynch**
"Where It's At"
- Lee Brice**
"I Don't Dance"



Zac Efron in "Neighbors"

EDITOR'S NOTE: DVDs reviewed in this column will be available in stores the week of Sept. 22, 2014.

PICKS OF THE WEEK

"Neighbors" (R) -- A young couple with a bouncing baby daughter (Seth Rogen and Rose Byrne) lose their suburban serenity when a rowdy fraternity -- led by maniacal, shirtless party-boy Zac Efron -- takes over the house next door. At first, the hip mom and dad try to be cool and party with the frat boys, but then quickly realize that they can't possibly keep up with the non-stop party machine. Logical forms of mediation soon fly out

the window, pitting the parents against the partiers in an escalating prank-war. Rogen fits perfectly into his role, as audiences have seen him transition from shiftless slacker to reformed-but-still-casual adulthood. Byrne is the real surprise in the film, displaying comedic chops not seen since "Bridesmaids." There are flashes of clever humor, but most of the gags are the shocking and gross-out kind.

"The Signal" (PG-13) -- Three college kids on a road trip to California receive a message from NOMAD, a mysterious hacker who challenges them to come find him. Nic, Jonah and Hailey (Brenton Thwaites, Beau Knapp, Olivia Cooke) follow the trail to a dusty corner of Nevada, and then everything changes. The trio is separated, and Nic wakes up in a strange facility where he is interrogated by a dead-pan man in a hazmat suit (Laurence Fishburne). From there, it's a slowly unraveling mystery with science-fiction elements creeping into the picture. The final twists may not be enough for some audiences, but it's an interesting flick for a low-budget, sci-fi headscratcher.

"Very Good Girls" (R) -- The friendship of two teen girls is tested by romantic rivalry when they become interested in the same boy. Lilly (Dakota Fanning) and Gerri (Elizabeth Olsen) are determined to lose their virginity the summer before they start college, but not in an "American Pie" kind of way -- this movie takes the pledge a bit more seriously. Enter David (Robert Boyd Holbrook), an ice-cream-vending blond with a knack for photography. A love triangle forms, and feelings get hurt. This drama probably won't feel authentic to younger audiences, and may just bore more mature crowds.

- Where was Janis Joplin "busted flat" in "Me and Bobby McGee"?
- Name the rock group that released "Cold As Ice" on its debut album.
- Where did the band The Amen Corner get its name?
- Which artist wrote and released "Two Faces Have I"?
- Name the song that contains this lyric: "Cover me with kisses, baby, Cover me with love, Roll me in designer sheets, I'll never get enough, Emotions come, I don't know why, Cover up love's alibi."



1. In Baton Rouge, while waiting for a train. In the original version, as co-penned by Kris Kristofferson and Fred Foster, "Bobby" was a female. 2. Foreigner, in 1977. As a single, it was the b-side to "Feels Like the First Time." 3. From the Victoria Ballroom in Cardiff, Wales, where every Sunday night a DJ would play soul music. The group's biggest hit was "If Paradise Is Half as Nice" in 1969. 4. Lou Christie in 1963. 5. "Call Me" by Blondie in 1980. The song stayed at No. 1 on the charts for six weeks. "Call Me" was the theme song for the crime drama film "American Gigolo," starring Richard Gere in the role of a male escort in Los Angeles.

Sudoku answers on page 32

Weekly SUDOKU

by Linda Thistle

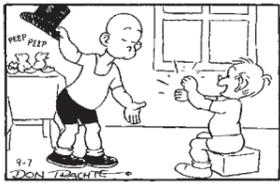
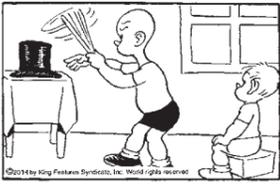
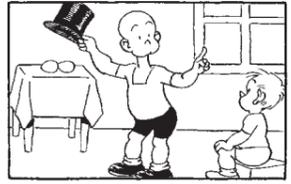
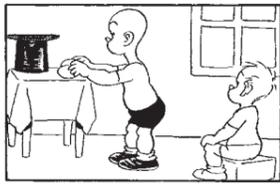
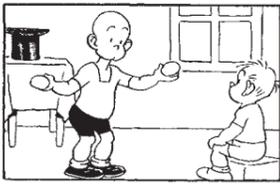
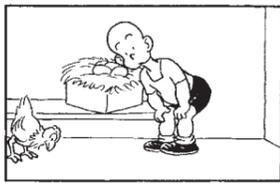
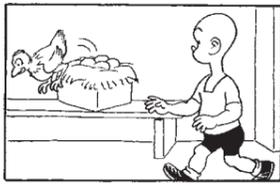
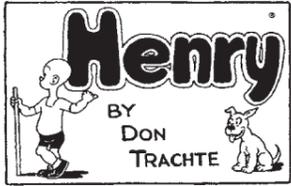
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Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★

★ Moderate ★★ Challenging
★★★ HOO BOY!

COMICS/CROSSWORD/HOLLYWOOD



HOLLYWOOD

By Tony Rizzo

HOLLYWOOD -- Even before the Valentine's Day release of "50 Shades of Grey", its star, Jamie Dornan, is red hot. In October, he starts shooting the psychological thriller "Ninth Life of Louis Drax," from the Liz Jensen novel, and then in the spring, he'll play Commandant Pat Quinlin, who led United Nations soldiers into "The Siege of Jadotville." These two films are about as far as he can get from Christian Grey.



Sophia Loren

Sophia Loren, considered one of the last living movie stars from Hollywood's Golden Era, will be feted Nov. 12 by the American Film Institute. It also will mark the 50th anniversary of "Marriage, Italian Style," for which she received a best actress Oscar nomination in 1964. Sophia, who won the first best actress Oscar for a foreign language film ("Two Women," 1960), also starred in Hollywood films such as "Houseboat" with Cary Grant, "That Kind of Woman" opposite Tab Hunter, "It Started in Naples" with Clark Gable, "Arabesque" with Gregory Peck, "The Countess From Hong Kong" opposite Marlon Brando (directed by the great Charles Chaplin), "Man of La Mancha" with Peter O'Toole, "The Voyage" with Richard Burton, "Grumpier Old Men" with Jack Lemmon, Walter Matthau and Ann-Margret, and 2009's "Nine" with three-time Oscar winner Daniel Day-Lewis and Oscar winners Marion Cotillard, Penelope Cruz, Judi Dench and Nicole Kidman. Her co-stars have been a virtual Who's Who of movies.

office. Now a documentary film, "The Gettysburg Address," written, produced and directed by Sean Conant, is coming our way. It has a great cast that includes Jason Alexander, Ed Asner, Matthew Broderick, Sam Elliott, Cary Elwes, Delmot Mulrone, George Takei, Tom Brokaw ... and David Morse as Lincoln.

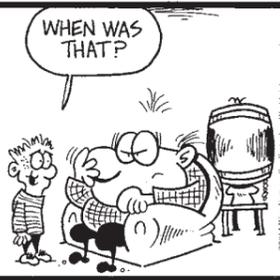
Not all historic films succeed. "Parkland," released last year, was produced by Tom Hanks and Bill Paxton, and cost \$10 million to make. Despite The Washington Post ranking it the sixth-best film made about the assassination of President John F. Kennedy and a great cast that included Billy Bob Thornton, Tom Welling, Paul Giamatti, Zac Efron, Colin Hanks, Ron Livingston and Marcia Gay Harden, it only grossed \$1.4 million. People apparently weren't interested in the hospital or staff that treated JFK after his assassination.

How the mighty have fallen! Piers Morgan, who went from London tabloid writer to a judge on "America's Got Talent" and then Larry King's talk-show replacement, has been named the most hated personality from the United Kingdom on Twitter. Guess he's not well-liked by his PEERS!

Film makers are forever fascinated with Abraham Lincoln. In 2012, "Lincoln" won Daniel Day-Lewis his third Oscar, and despite its \$65 million price tag still grabbed \$275 million at the box

The Spats

by Jeff Pickering



King Crossword

ACROSS

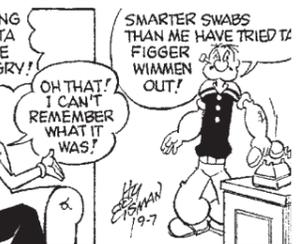
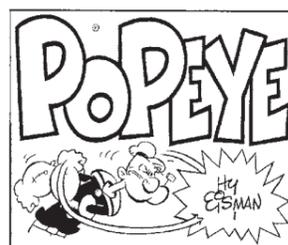
- 1 Physicist Niels
- 5 Dine
- 8 Enervates
- 12 Sheltered
- 13 Tray contents
- 14 Small combo
- 15 Authentic
- 16 Ultramoder-nist
- 17 On in years
- 18 Senility
- 20 Beige
- 22 Super-natural
- 26 Tumbler
- 29 Party bowlful
- 30 Swelled head
- 31 Mature
- 32 Half dozen
- 33 Uppity one
- 34 Mischievous kid
- 35 Expert
- 36 Expenditure
- 37 Drop cloths?
- 40 Choir member
- 41 Oliver Twist, e.g.
- 45 Use scissors
- 47 Legislation
- 49 Continental coin
- 50 Luxurious
- 51 Hearty brew

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- 52 Antony's love, for short
- 53 Vicinity
- 54 Disencumber
- 55 Chore
- DOWN**
- 1 Shakespeare, for one
- 2 Bread spread
- 3 Warmth
- 4 Get sick again
- 5 More logical
- 6 Handle
- 7 Suns' spot?
- 8 Beatle surname
- 9 Quarrel
- 10 Chart format
- 11 Turf
- 19 Petrol
- 21 Filch
- 23 Farewell
- 24 Enthusiastic, plus
- 25 Timber wolf
- 26 Clench
- 27 South American capital
- 28 Assess
- 32 Learned one
- 33 Colonel
- 35 Performance
- 36 "— the ramparts ..."
- 38 Greek leader
- 39 Hauled behind
- 42 Island entertainment
- 43 War god
- 44 Secluded area
- 45 Hydro-therapy venue
- 46 Neither mate
- 48 "The Greatest"

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King Crossword Answers on Page 32



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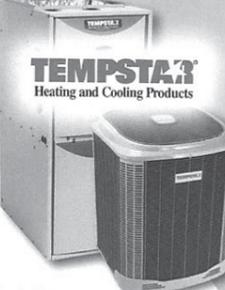




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BULLETIN BOARD

Please Note: If you have an event for the Bulletin Board, please send it along no matter how far in advance it is. We will include it in the appropriate issue(s) until the event has taken place.

Boy Scout Troop 63, meetings Monday nights from 7:00 pm – 8:30pm, Our Lady of the Assumption “Mother” Church, 1700 Litchfield Turnpike (Rte. 69), Woodbridge; September- April and May-June outdoors at Camp Whiting, all boys ages 10 and up or who have completed the fifth grade are welcome to stop by and see what we’re all about. For more information, visit <http://www.troop963.org> or email Troop63CT@gmail.com.

Woodbridge Republican Town Committee Meetings, second Tuesday of each month, 7:30pm, Center Cafeteria. Visitors welcome and urge you to join us. For information, go to www.woodbridgegop.org.

God On Tap, every Wednesday, 5:30-6:30pm, Wheeler’s Restaurant and Taproom, 180 Amity Road, Woodbridge, refreshments with friends & nourishing conversations facilitated by Elsa Worth, priest at Christ Church, Bethany, www.christchurchbethany.org.

Spring Entrepreneur Series, Every Thursday, 5:30-8:00pm (PDT), New Haven Free Public Library, 133 Elm

Street, New Haven, View Map, sponsored by SCORE New Haven (<http://newhaven.score.org/>) and the New Haven Free Public Library to help participants establish a business plan, understand basic financial statements, learn how to build a recognizable brand, and manage technology effectively. Participants will receive a certificate of attendance upon successful completion of the series.

Alzheimer’s Community Caregivers Support Group, 2nd Thursday of the month, 5:00pm, Arden House, Conference Room, 850 Mix Avenue, Hamden. Call Maria Paduano, Program Director to RSVP or for more information at 203-281-3500, ext. 7669; www.geneshcc.com.

Woodbridge Rotary Club Meetings, 1st and 3rd Friday of the month, 7:30am breakfast meeting, Country Corner Diner, 756 Amity Toad, Bethany and the 2nd and 4th Friday of the month, 12:15pm luncheon meeting, Carmine Tuscan Grill, 1500 Whalley Avenue, New Haven. Anyone interested in learning more about Rotary should contact Anna Dickerson at 203-710-0223 or email annadickerson@yahoo.com.

Annual Fund Drive for Bethany’s Clark Memorial Library, contributions requested to help for the cost of a website to update services, etc.

Trap Falls Kennel Club Obedience Classes, every level, AKC STAR Puppy (obedience for dogs under 12 months) and Family Manners Classes/Obedience & Canine Good Citizen; Wednesday and Thursday evenings, Pawz for Wellness in Shelton, CT. For registration and/or information, call 203-450-9485 or email tfkctraining@gmail.com. Trap Falls Kennel Club is a non-profit member club of the American Kennel Club (AKC).

Amity Parent Support Group, meets every other Friday morning, 7:45am, Woodbridge Senior Center Lounge, 4 Meetinghouse Lane, sponsored by Amity High School, Woodbridge Youth Services and the Orange Drug and Alcohol Action Committee, local parents who struggle with children who are, or may be involved with, substance abuse share experiences and concerns in a confidential setting. For more information, please contact Nancy Pfund at 203-389-3429, or e-mail npfund@woodbridgect.org.

The Amity And Woodbridge Historical Society Tag Sale, Saturday, September 20, 2014, 8:00am-2:00pm, on the grounds of the historic Thomas Darling House, 1907 Litchfield Turnpike, Woodbridge on from. Come and find a treasure, or reserve a space to sell your stuff. tagsale@woodbridgehistory.org. Free coffee!

Bethany Leapley Autism Spectrum Disorder Scholarship Fund Charity Golf Tournament, Thursday, September 25, 2014, Registration 11:30am, Tee Off 1:00pm, Orange Hills Country Club, Orange, CT, Individual/\$200; Foursome/\$750; Hole Sponsorship/\$125 Hole, includes lunch, post tournament dinner, beer carts, hole in one wins car, prizes: Longest drive & closest to pin, raffle. Pay via PayPal at ASDcharity@gmail.com or by check payable to: The Bethany Leapley ASD Scholarship Fund, mail to Richard Polio, Fundraiser Chair/17 Ironwood Way, Orange, CT 06477.

PetsAffair ‘14, An Event to Support Rescue & Placement of Racing Greyhounds, Saturday, September 27, 2014 (rain date: September 28, 2014), 10:00am-4:00pm, 105 Fairwood Road, Bethany, Silent Auction open 10:00am-3:00pm and the list is growing daily.

The International Order of Rainbow for Girls Seeking Members, Masonic based leadership and service group, looking for girls ages 9 - 15, to participate in community service activities, prospective member open houses on: October 6, and October 20, 2014, activities begin 7:00pm, Hamden Masonic Lodge, 3732 Whitney Avenue, Hamden, refreshments will be served. For additional information, contact CTIORG.org.

KEYS TO SWINGING FIT AND EFFICIENTLY

Do I Need New Clubs, A Golf Pro Instructor, Medical Professional or Fitness Instructor?

As the golf industry continues to evolve in advancements in 3D swing analysis and training aides, as well as club and golf balls technology, amateur and professional players alike are looking to achieve the most effective, efficient and safely repeatable swing they can. Players all want more distance and to play well, without hurting themselves and sacrificing form.

Titleist alone sells over 42 million golf balls worldwide per month. That is correct, per month. As impressive as that number sounds, it also means that golfers worldwide are also using and losing 42 million Titleist golf balls per month. How many of those lost balls were caused by faulty swing mechanics or painful swings?

Titleist recognized this and tried to develop an answer to the question in the title. The answer is all of the above, which became their focal point for the Titleist Performance Institute based in California. Featured on the Golf Channel weekly, this center combines multidisciplinary approaches from golf professionals, medical professionals, fitness trainers and equipment gurus to help tour and amateur players find the best performance possible. For the purpose of this article, I will focus on

the role of the medical screening examination that TPI utilizes for its athletes and tour players.

During a golf swing, there are several parts that the body must move together during the backswing through impact. In addition to having mobility requirements to allow these movements, there needs to be stable areas throughout to produce a strong base to rotate around. Much like an engine in a car, each individual part needs to do its job, but also sequentially communicate with each other in order to perform the task. When one part, or several parts, does not do their timely job effectively, then there is bound to be trouble firing the engine efficiently. The job of the medical professional is to know the requirements of what the body should do, then effectively screen and evaluate what your body is doing. TPI has developed a comprehensive medical screening process that looks for the golf related requirements of the swing and determine which area or areas that need focus. This can be accomplished

indoors or outdoors and the player is put through a series of repeatable movement patterns that helps the medical professional determine areas of concern.

It is important to correctly identify which part or parts need to be addressed as they relate to the biomechanics of the swing versus just randomly selecting areas to stretch or strengthen. The golf swing happens quickly.

Tweaking the wrong areas is just as harmful to performance than not addressing the correct areas. Stretching the lower spine and hamstrings are generally good things to do, but if the underlying swing fault is caused by a lack of dissociating the lower trunk from the upper back, then stability training for the lower spine may be needed and the stretching will not help. Likewise, if a player’s swing faults are caused by hypomobile tight hip joint on the lead leg, then strengthening the abdominals will not help that player.

It is also important to note that the medical professional screening

TO YOUR
GOOD
HEALTH



Michael Dow

and intervention plan needs to coordinate with the swing faults that the golf professional instructor is working on. These team members need to communicate to ensure that the teaching lessons and screening findings make sense for the swing faults the player is exhibiting. There is always a reason why players have mechanical swing faults, but not every fault needs to be corrected for a variety of reasons. If these team members do not communicate common goals, then the player may get conflicting treatments – which will not yield optimal performance and prevention of injury.

Michael Dow MSPT received his degree from Sacred Heart University in Fairfield, CT. In addition to being the founder of Amity Physical Therapy 10 years ago, he has been recognized by the US Dept of Health and Human Services for his work with the National MS society. Michael also received his certification through the Titleist Performance Institute and works with golfers of all ages and skill levels to achieve optimal performance and prevent injury. Now with three offices in Woodbridge, Hamden and Branford, Dow’s practice is one of the most comprehensive of its kind in Southern Connecticut. He can be reached at 203-389-4593.

PLACE YOUR CLASSIFIED AD

Classified ads are \$20 for up to 20 words.

Each additional word is 50 cents.

All ads must be prepaid. All ads are subject to approval.

Send a copy of your ad and check payment to:

Woodbridge Town News, P.O. Box 1126, Orange, CT 06477

HELP WANTED

BELLA NAPOLI PIZZA - Line Cook/ Pizza Maker - As a line cook/pizza cook, your job responsibilities include, but are not limited to: Prepares all food items to order, following standard recipes and procedures within specified time limits. Preps assigned items. Washes and cleans raw food products. Grills raw and prepped foods to order and to requested temperature. Communicates with Team Members and Management throughout the shift regarding status of orders and availability of product. Minimizes waste of product. Labels all food items for food safety and shelf-life standards. Rotates product according to "First In, First Out" to maintain shelf-life. Keeps the line area neat, clean and sanitary. Cleans, organizes, and maintains walk-in refrigerator, reach-in refrigerator, cooler drawers, prep, and dry storage area. Stocks/restocks items on line according to specifications. Understands and complies with food safety and temperature standards. Always consider eye appeal as well as taste and temperature. Work as a team-utilize our systems and procedures for maximum efficiency. Must be have previous pizza experience. Must be able to multi task. *General Requirements* Must read, write, and communicate in English as it relates to the job and to the safety regulations. Must be able to perform all job functions safely. Must meet the company performance standards for the job. Must participate in company training. Must be able to follow instructions. Must be able to work the scheduled / assigned times for the position. Must be able to use, or learn to use, the equipment and tools used to perform the job. Food preparation background / experience preferred. Must be able to stand and walk for extended period of time. Must be able to work day or night, weekends, and holidays.
Bella Napoli Pizza 864 Boston Post Road 203-877-1102

FOR RENT

WOODBIDGE - THANK YOU ! We are fully occupied and taking names for our waiting list. One and Two Bedroom. Applicants must be 62 or older or disabled. One Bdrm-\$998/mo; Two Bdrm-\$1057/mo including all utilities. Off street parking, on-site laundry, gardens, courtyard, on busline, handicapped accessible. CHFA Financed. EHO. Gibson Assoc., Inc. 175 East Mitchell Ave, Cheshire, CT 06410. Ph: 203-272-3781. TDD 1-800-545-1833 Ext 165

Town of Woodbridge

ENERGY ASSISTANCE APPLICATIONS

The Town of Woodbridge, will begin taking Energy Assistance applications on September 15th. This is available to Woodbridge residents who meet income and asset eligibility guidelines. For more information or to make an appointment, please call 203-389-3429.

All real estate advertising in the Orange Town News is subject to the Federal Fair Housing Act, which makes it illegal to advertise any preference, limitation or discrimination based on race, color, religion, sex, handicap, familial status or national origin, or an intention to make any such preference, limitation or discrimination. Familial status includes children under the age of 18 living with parents or legal custodians, pregnant women and people securing custody of children under 18. The Orange Town News will not knowingly accept any advertising for real estate which is in violation of the law.

SERVICES

PIANO LESSONS - K-Adult. Taught by certified music educator. 203-795-5851.

ACADEMIC TUTORING - For middle and high school students in: math, algebra, english, geometry, time mgt. / study skills, writing & research papers, vocabulary, PSAT, ACT & SAT tests. Also: college applications and essays, ASVAB, GED, TEAS, GRE, and CPA exams, accounting, economics and finance courses, and securities licensing exams: Series 7,63, 66. Email: ddubinsky.nva@gmail.com, or call David at: 203-219-1698.

PIANO LESSONS - Experienced concert pianist and graduate of the Vienna Academy. European style instruction. More than 20 years teaching beginner - advanced students. First lesson is free. Please call 203-864-7795.

A.D. MASONRY - New construction or repair. Brick, block, stucco, stone, chimneys, walks, or patios. CT Registered - Insured. Phone 203-795-4527 or visit our website at: www.crofut.com/a.d.masonry/.

HOUSE CLEAN-OUTS - Helping Hands Community Thrift Store offers house clean-outs and a donation pick-up service. Let the items you donate reduce the cost of the clean-out. Your donations are tax-deductible. Call Allen 203-214-3038.

INSURANCE SERVICES - If you have questions about Medicare Supplements, Medicare Advantage plans, life, disability or health insurance, Tzedakah House Insurance Agency will either have the answer or get you the answer. Free, no obligation consultations. Let our 30+ years of experience work for you. We are located at 8 Lunar Drive in Woodbridge. Call 203-387-2266 to make an appointment.

WEIGHT LOSS - Want To Lose Weight? Call Edibolic Kitchen at 203-907-6401 to get personalized healthy prepared meals delivered fresh to your door.

FOR SALE

WASHING MACHINE - Kenmore load-sensing washing machine. Used one year. Asking \$150. Call 203-878-5025.

OLD TOWN CANOE - Guide 147 polylink3, barely used, like new, green, \$500. Call 203-799-6307.

ANTIQUe FURNITURE - 1930's Reupholstered Thai Cotton Sofa, 1950's Yellow Vinyl & Steel Armchair, Tables. Excellent Condition. Call 203-795-4419.

WANTED

WANTED - Art, Clocks, Coins, Dolls, Estate Jewelry, Military, Silverware, Trains, Gold, Silver, etc. Call Joseph & Carol Ferry Antiques at 203-795-4644.

DONATIONS WANTED - Helping Hands Community Thrift Store raises money for over 175 local non-profits. Donate your furniture, housewares, clothing etc. and make a difference! Call 203-782-4800 for Furniture Pick-Up. Two Locations for donation drop-offs and shopping: 334 Boston Post Rd, Orange and 77 State Street, North Haven; www.helpinghandsctfb.com.

King Crossword

Answers

Solution time: 25 mins.

B	O	H	R	S	U	P	S	A	P	S
A	L	E	E	A	S	H	T	R	I	O
R	E	A	L	N	E	O	A	G	E	D
D	O	T	A	G	E	E	C	R	U	
				P	A	R	A	N	O	R
G	L	A	S	S	D	I	P	E	G	O
R	I	P	E	S	I	X	S	N	O	B
I	M	P	A	C	E	O	U	T	G	O
P	A	R	A	C	H	U	T	E	S	
				A	L	T	O	O	R	P
S	N	I	P	L	A	W	E	U	R	O
P	O	S	H	A	L	E	C	L	E	O
A	R	E	A	R	I	D	T	A	S	K

Weekly SUDOKU

Answer

6	4	2	3	5	1	9	8	7
9	8	5	4	6	7	3	1	2
3	1	7	8	9	2	4	5	6
4	7	6	5	1	3	8	2	9
5	3	8	7	2	9	6	4	1
2	9	1	6	8	4	5	7	3
7	2	4	9	3	5	1	6	8
1	6	3	2	4	8	7	9	5
8	5	9	1	7	6	2	3	4

LOCAL SPORTS



Connecticut's only Tchoukball team (left) competed in the U.S. National Tchoukball Championships in July at the Sports Center of Connecticut in Woodbridge. Teams from New Jersey, Boston and New Hampshire participated.



AMITY PHYSICAL THERAPY PRE & POST RACE THERAPY

For Runners in New Haven Road Race

In the recent high-attended New Haven Road Race, (with some 7,000 runners) Amity Physical Therapy again helped runners with pre and post-race therapy in warm ups and cool downs.

Michael Dow MSPT and his staff of therapists were on hand for the popular New Haven event. Amity Physical Therapy was the title sponsor in the Kids Run and delivered on-site therapy free to runners of all ages. "Stretching out runners is an essential part of pre-race injury prevention," commented Michael Dow, founder and Clinical Director of the practice. "We were able to apply therapy to dozens of runners for the New Haven Road Race and look forward to similar free therapy sessions at the upcoming Woodbridge Road Race in October."

Amity Physical Therapy has offices in Woodbridge, Hamden and Branford, and is considered the pre-eminent physical therapy practice in the Greater New Haven area. For more information, visit www.amitypt.com or call 203-389-4593.

WOODBIDGE REC. YOUTH BASKETBALL - FALL PROGRAMS

Girls Basketball Grades 2 Thru 7

Monday, September 22 thru November 24, 2014 (no class October 13 & November 3), 6:30 pm to 8:00 pm, Center Gym, 4 Meetinghouse Lane, \$90

Jr. High Basketball Grades 6 Thru 9

Thursday, October 2 thru November 20, 2014, 6:00pm - 8:00pm, Center Gym, 4 Meetinghouse Lane, \$90

Mail registration to: Woodbridge Recreation Dept., 11 Meetinghouse Lane, Woodbridge, CT 06525. For questions, call the Rec. Dept. Office at 203-389-3446.

Woodbridge Town News

SUBMIT YOUR LOCAL SPORTS PHOTOS, ARTICLES & SCHEDULES

Email edit@woodbridgetown.com

AMITY HIGH SCHOOL RUGBY CLUB SEEKS NEW COACH

Next spring will be the sixth season for the club which practices and plays home matches in Orange. Our current coach is moving back home to California.

This is primarily a very part-time volunteer position with expenses covered and the club will work around the coach's schedule - www.ctrugby.org. For more information, please contact Ed Walsh at 203-671-7372.

PANTHERS BASKETBALL

The Panthers organization is a non-profit basketball group for 4th through 8th grade boys and girls. We will be traveling throughout the state of Connecticut and have home games as well. Our goal is to teach the kids the true competitive game of basketball and prepare them for their high school careers. We will be competing and hosting tournaments and clinics from October through March at the Connecticut Center for Child Development in Milford (CCCD).

The tryouts for the 2014/2015 season will be held at the CCCD school at 95 Wolf Harbor Road in Milford with the following schedule:

- 4th and 5th grade boys: Sun Sept 28th 8-9 am
- 4th and 5th grade girls: Sun Sept 28th 9-10 am
- 6th, 7th, and 8th grade girls: Sun Sept 28th 10-11 am
- 6th, 7th, and 8th grade boys: Sun Sept 28th 11 am-12 pm

Thank you for any consideration you have towards the building of this program and hope to see you at our tryouts.

Thank you,
Andy Marchitto | 203-997-6121

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Hamden:
203-691-6248

Branford:
203-433-4683

1 Bradley Rd Woodbridge www.amitypt.com



Oktoberfest

October 4th & 5th
Don't miss Oktoberfest
at Chef's!

Taste an abundance of authentic
German foods and homemade brews!

Join us on Chef's patio for an
authentic German music and dancing.

SATURDAY, OCTOBER 4TH

GERMAN FOOD DEMONSTRATION 11AM
 FOOD TENT 11AM - 9PM
 KID'S FREE PRETZEL CLASS 1PM
 KID'S FREE PRETZEL CLASS 3PM
 GERMAN FOOD DEMONSTRATION 4PM
 HOMEMADE BEER CONTEST 4PM
 GERMAN-MUSIC ON THE PATIO 4PM - 9PM

SUNDAY, OCTOBER 5TH

GERMAN FOOD DEMONSTRATION 11AM
 FOOD TENT 11AM - 6PM
 FREE SAUSAGE MAKING CLASS 12PM
 KID'S FREE PRETZEL CLASS 1PM
 GERMAN FOOD DEMONSTRATION 2 PM
 BEER TASTING 2PM - 6PM
 KID'S FREE PRETZEL CLASS 3PM
 GERMAN FOOD DEMONSTRATION 4PM
 GERMAN MUSLC ON THE PATIO 12PM - 6PM



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7TH ANNUAL PETS AFFAIR

To Support Rescue & Placement of Racing Greyhounds

REGAP of CT, Inc. will hold its 7th Annual PetsAffair on Saturday, September 27, 2014 from 10:00am – 4:00pm at 105 Fairwood Road in Bethany, CT. REGAP of CT, Inc. (Retired Greyhounds as Pets of Connecticut, Inc.) is a non-profit organization devoted to educating the public about the joys of greyhounds as companion animals and finding responsible, caring homes for as many retired racing greyhounds as possible.

A bit of history in regards to REGAPCT is that our founder, Eileen McCaughern, was one of the first if not the first person to establish a greyhound rescue organization in this country and has been placing greyhounds into loving homes for over 40 yrs. In recognition of REGAPCT's efforts in placing greyhounds over the years, Eileen was recognized in 2008 as Animal Planet Hero of the Year. For more information about this prestigious award visit Animal Planet.

PetsAffair will include a Silent Auction (10am – 3pm), Tag Sale, GREYT Basket Give-a-ways, GREYT Luck Contest, Pet Photo's, Greyhound Meet and Greet, Picnic and Cook-out, Bake Sale – Canine & Human including Chabaso Handcrafted Breads Baked in European Ovens, Meet REGAPCT Volunteers and MUCH, MUCH MORE.

SOLAR PROGRAM COMING TO WOODBRIDGE

Starting later this fall, Woodbridge residents will be able to receive discounted rates on solar panels installed on their homes or businesses through the CT Solar Challenge. At its September 10 meeting, the Board of Selectmen voted to authorize First Selectman Ellen Scalettar to sign a contract with the CT Solar Challenge, a community-based program that promotes the adoption of solar energy through cost reduction, community outreach, and education.

For 12 months, residents and businesses will be able to purchase solar at a discounted price that the CT Solar Challenge makes possible by leveraging group purchasing power, using volunteer outreach, and designating a single pre-selected solar installer—Aegis Solar—which gains economies of scale from installing multiple solar systems in the same geographic area. Available state rebates and federal tax credits make solar panels more affordable.

As an added benefit, each solar system installed through the program earns the Town of Woodbridge credits toward the installation of a free solar system on a Town building. "This program is a win-win-win," said First Selectman Ellen Scalettar. "It's a win for the resident, a win for Woodbridge and a win for the environment. I urge residents interested in solar to look into this program to see if it's right for them."

"We're excited that Woodbridge is participating in the CT Solar Challenge," said Lisa Connor, chair of the Woodbridge Ad Hoc Energy Advisory Task Force which recommended that the Town participate in the program. "It's

a great opportunity to help residents go solar by streamlining what can be a confusing process and making it all more affordable." "This program is designed to raise awareness of the advantages of solar energy as well as to encourage its adoption," said CT Solar Challenge Director Maggie Treichel.

In conjunction with the CT Solar Challenge, the Town will also be helping residents make their homes as energy efficient as possible. Residents who have not yet given their homes an energy checkup are encouraged to obtain a Home Energy Solutions (HES) assessment.

For \$99, utility-certified technicians will evaluate a home's energy performance, make improvements on the spot such as sealing air leaks and installing energy-efficient lighting, faucet aerators, and low-flow showerheads, and recommend further energy-savings measures. Residents who have previously had an HES assessment can participate in the next-step Home Performance (with Energy Star) program which provides one-stop shopping for deeper energy saving home improvements like high efficiency heating and cooling, hot water, and insulation. An energy assessment is required to qualify for available state rebates and incentives on solar and other energy upgrades. The Town will host workshops this fall to explain the program along with available tax incentives and financing, and to answer any questions.

For more information on HES, visit www.energizect.com and for more information on CT Solar Challenge, visit www.ctsolarchallenge.com.

Salome's Stars

ARIES (March 21 to April 19) An offer to help with a stalled project should reassure you that you have a workable plan in spite of the problems in getting it up and running. The week's end brings more positive news.

TAURUS (April 20 to May 20) A past problem about a workplace situation re-emerges early in the week. Talking things out helps ease tensions by midweek, but some hurt feelings could linger a few more days.

GEMINI (May 21 to June 20) Optimistic aspects dominate your efforts. However, expect to confront some criticism, some of which might be valid, so keep an open mind. But overall, it's your views that will count.

CANCER (June 21 to July 22) Social interaction with new people, especially on the job, could be a bit strained in the early part of the week. But the awkwardness passes as you get to know each other better.

LEO (July 23 to August 22) Expect news about a follow-up to a workplace change that could make a difference in your career path. Meanwhile, new friends widen the circle for all you Social Lions who love to party.

VIRGO (August 23 to September 22) Enjoy your well-earned plaudits for a job well done. But be aware that some people might not share your colleagues' admiration, and you might have to work harder to win them over.

LIBRA (September 23 to October 22) It's a good week to recheck your probably already overlong "to do" list and decide what to keep and what to discard. Lose the clutter and focus your energy on what's really important.

SCORPIO (October 23 to November 21) This is a good time to take a new perspective on what you've been offered. Expanding your view could help to uncover any plusses or minuses that weren't apparent at first.

SAGITTARIUS (November 22 to December 21) Applying the usual methods to this week's unique challenges might not work too well. Instead, use your creativity to find a way to resolve any impasse that develops.

CAPRICORN (December 22 to January 19) So what if fate throws some obstacles in your path this week? Just keep in mind that the sure-footed and resolute Goat can get past any barrier by focusing on the goals up ahead.

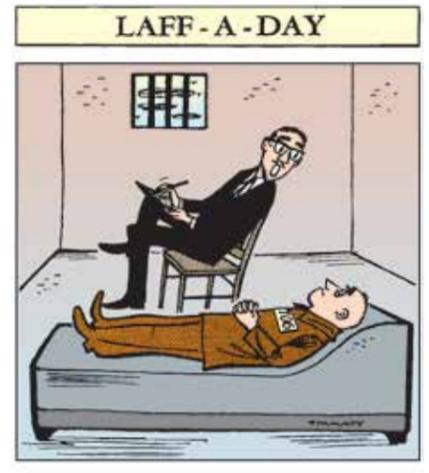
AQUARIUS (January 20 to February 18) This week calls for better communication with people in both your private life and the workplace. Start by asking questions, and then pay close attention to the answers.

PISCES (February 19 to March 20) Potentially beneficial workplace changes could be closer than you realize. Make sure you know what's going on so that you're not left high and dry when the good things happen.

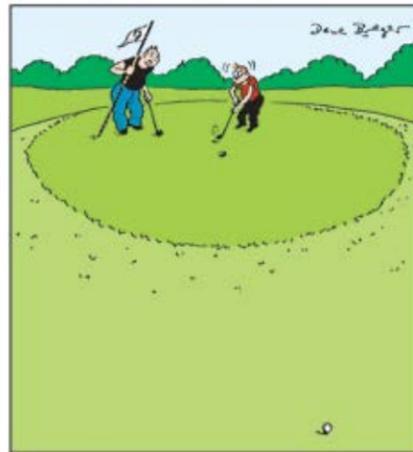
BORN THIS WEEK: You're not timid about pushing to have your aims realized once you've set your mind to accomplishing your goals.



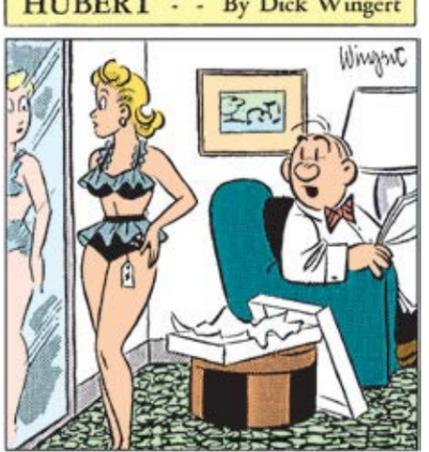
Just Like Cats & Dogs by Dave T. Phipps



LAFF-A-DAY



MISTER BREGER By Dave Breger



HUBERT - - By Dick Wingert

top ten

Foods You Shouldn't REFRIGERATE

1. Peanut Butter
2. Honey
3. Bread
4. Hot Sauce
5. Garlic
6. Tomatoes
7. Stone Fruits
8. Melon (whole)
9. Avocado
10. Spices

Source: Reviewed.com

HOCUS-FOCUS

BY HENRY BOLTINOFF

CAN YOU TRUST YOUR EYES? There are at least six differences in drawing details between top and bottom panels. How quickly can you find them? Check answers with those below.

DIFFERENCES: 1. Coverlet is missing. 2. Diary is missing. 3. Eyeglasses are missing. 4. Lamp base is different. 5. Drawer is missing. 6. Skirt is different.

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STORM-PROOFING ANXIOUS PETS

DEAR PAW'S CORNER: Both my dogs and my cat are terrified by thunderstorms, and they run, hide under furniture, and howl and yowl until the storm passes. How can I stop this behavior? – Frustrated in Fort Myers

DEAR FRUSTRATED: Fear and anxiety during storms is a very common issue among dogs and cats, and not one that can be easily or fully resolved. However, there are steps you can take to ease their fear.

Keep an eye on weather forecasts: note if a storm is forecast, and what time it's likely to reach your area.

About 30 minutes to an hour before a storm strikes (or as soon as possible ahead of the storm), place your pets in a designated "safe room" -- one that has their bedding, toys, water and no large furniture. If possible, it shouldn't have a window; if it does, put up heavy curtains to block the light from lightning flashes, and add weather stripping to reduce rattling. (A closet or bathroom may work, too.)

For the first few storms, sit in the room with them. Be very calm, and speak in a calm voice. Cuddle with your pets, feed them a few treats if they don't whine, and if they show interest in their toys, play with them.

Once they're less fearful using the safe room, reduce the time you spend with them during storms. Give them a treat when the storm is over.

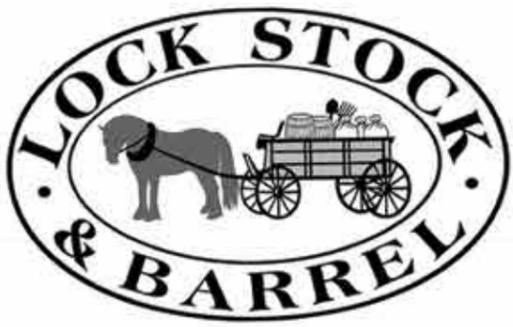
Don't treat storm-related anxiety as a disciplinary issue. It's an issue of your pets needing to feel secure from external threats. If the method above doesn't lessen the issue, speak to their veterinarian about other ways to ease their anxiety.

The Garden Bug

The American Toad

These chubby amphibians can be large, sometimes growing to 4 or 5 inches. They are usually brown, brick-red or olive-colored, with patterns of lighter colors, brown spots and bumps on their bodies. They are found just about anywhere there is moisture and good cover. They are mostly active at night, eating insects, spiders, worms, snails, and slugs – just about anything that fits in their mouths. They lash out with long sticky tongues to grab prey.

- Brenda Weaver
Source: www.fcps.edu



What Can We Feed Or Fix For You?

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CELEBRATE GOOD TIMES....

Saturday, September 27th

Come help us celebrate our 1st Birthday!
10% off Specially-Marked Items, Pizza Truck,
Special Giveaways, Big Green Egg Demo,
WPLR Live Broadcast, Pony Rides, Barbeque,
Mechanical Bull, Photo Booth,
Music by *Five in the Chamber* and more.



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