

Woodbridge Town News



Woodbridge's Exclusive Newspaper

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CIRCULATION 3615

FRIDAY, OCTOBER 5, 2018



Pictured (l-r): Tim Byars, Superintendent Jennifer Byars, Board of Education Vice Chairman Pat Cardozo and Chairman Christopher Browe.

Amity Names Jennifer Byars New Superintendent

BY MELISSA NICEFARO

WOODBRIDGE TOWN NEWS CORRESPONDENT

The Amity Board of Education quite enthusiastically welcomed Jennifer Pallon Byars as the district's next superintendent. She will start in her new position November 15.

Byars comes from an assistant superintendent at Ledyard Public Schools, a district with 2450 schools and 210 teachers. Prior, she was an elementary school principal in Deep River.

Board member Steven DeMaio said the hiring committee received overwhelmingly positive feedback about

Byars.

"This is a great spot for us at Amity, as a community and for Dr. Byars as well. I am very excited about this moment and about the direction that we're heading in," DeMaio said.

"We have found a fantastic candidate and we look forward to having you join us," board member Amy Esposito said to Byars, where she sat with her husband.

Board Chairman Christopher Browe called the search for a new superintendent a 'wonderful process' and said he is looking forward to the time ahead under Byars' leadership.



Robin Schaffer (left) and Leslie Martino present plans for a landscape design for the town green.

Arden's Garden To Enhance Town Green

BY BETTINA THIEL

WOODBRIDGE TOWN NEWS CORRESPONDENT

The town was good to the Clark Family and now its descendants want to give back to the town. Just a few months after Arden Clark Gordon's passing in December 2017, her daughter, Robin Gordon Schaffer, approached the town with a plan. She and her extended family want to sponsor a landscape design to make the green across from the Town Hall a more inviting place. The design would incorporate two flower beds, "Arden's Garden," as well as some benches, trees and shrubs.

The design was drawn up by Master garden designer Leslie Martino, who made a presentation at the Septem-

ber Board of Selectmen meeting. The rendering shows the two flower beds extending on the east and west side of the green space to create the visual effect of "funneling" people who enter the space. Benches are placed on either side of the flower beds, with the ones close to the road facing the road, while the others are facing the pavilion. The flower beds would have some perennials as well as all-season shrubs, so that the leaves have different colors all year round.

Martino said she took care to preserve the use of the field for large gatherings such as the summer concerts that take place here. She said

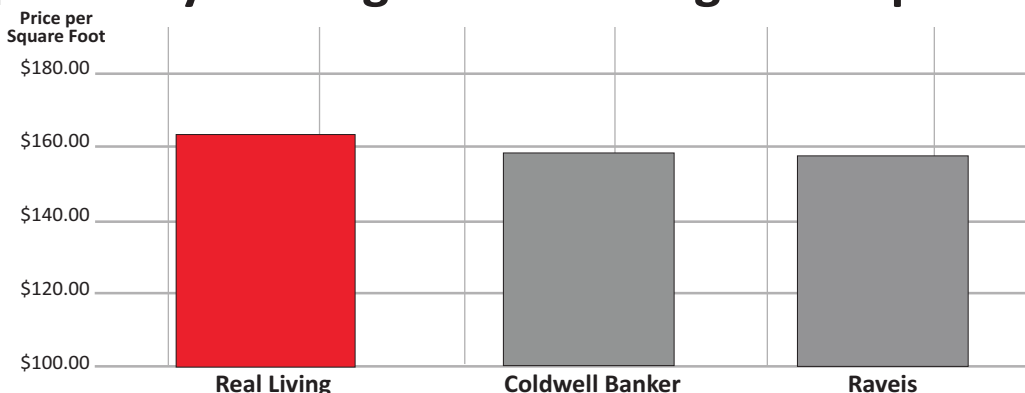
See "Garden" On Page 14

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Saturday, Oct. 6, 12-9 p.m.
Oktoberfest
New England Brewing

Saturday, Oct. 6 | 11 a.m. & 2 p.m.
Valley Shakespeare Festival performs
Charlotte's Web
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Sunday, Oct. 7 | 2 p.m.
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Massaro Community Farm

Thursday, Oct. 18 | 7 p.m.
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Friday Oct. 19 – Sun. Oct. 21
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First Church of Christ

Sunday, Oct. 21
11 a.m. - 2 p.m.
3rd Annual International
Festival at the JCC
JCC, 360 Amity Road. FREE.

Sunday, Oct. 21 | 2-4 p.m.
Amity & Woodbridge Historical Society Open House
Hearth cooking and a guided hike. FREE.
Darling House, 1907 Litchfield Tpke

Friday, Oct. 26 | 6-10 p.m.
Final Friday Halloween Party
Music by "Alpaca Gnomes" Band. FREE.
New England Brewing

Saturday, Oct. 27 | 8:30 a.m.-4 p.m.
Pampered in Pink Progressions Salon with retail
specials at The Red Barn & The Write Approach
245 Amity Road Plaza

Saturday, Oct. 27 | 12-5 p.m.
Kids Halloween Pumpkin Fest
New England Brewing

Sunday, Oct. 28 | 10-11 a.m.
Jack-O-Lantern Yoga
New England Brewing

Wednesday, Oct. 31 | 5-8 p.m.
Truck or Treat & Spooktacular Fireworks
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A New Member of the WTN Team!

Simone Joseph Kriz

J. Michael Kriz (Production & Design at the Woodbridge Town News) and his wife, Alessandra Pinna, are thrilled to announce the newest member of their family! Simone Joseph Kriz was born on September 11, 2018 at 2:22pm in Rockville, MD. He weighed 8 lbs., 7 oz. at 19.5 inches. He joins his 3-year-old sister, Elisa. Simone's maternal grandparents, Alfonso Pinna and Rosanna Bazzo, are from Rome, Italy. His paternal grandparents, Joseph and Nancy Kriz, live in Woodbridge.

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Woodbridge Town News

Below are the next three issue dates and deadlines of the Woodbridge Town News.

Thank you for your submissions to Your Home Town Newspaper.

Upcoming Issue Date

Upcoming Issue Deadline

November 2 | Election Issue..... October 26

November 16 | Thanksgiving Issue November 9

December 14 | Holiday Issue December 7

Note: Copy due by 4:00p.m. Thank you.

FROM OUR READERS

Every Vote Counts

As the 2016 presidential results brought home to us in stark detail, elections do matter and every vote counts!

On November 6th, voters in the 114th State House District have the opportunity to change the direction of our local leadership by electing Mary Welander as our State Representative. Mary brings a fresh outlook, a dedication to meeting our local needs, unwavering support for our schools, and an extraordinary work ethic that will benefit not only her constituents, but residents of the State as a whole.

I encourage my friends and neighbors to make an unequivocal statement of support for the economic, social and educational wellbeing of our children and families, now and for the future, by voting for Mary Welander and the entire Democratic ticket in November.

Ellen Scalettar

Ellen Scalettar served as State Representative for the 114th District from 1993-1998 and as Woodbridge First Selectman from 2013-2017

On November Elections

Conscientious Woodbridge voters have an opportunity – and in my opinion, an obligation – on November 6 to help build a Connecticut firewall and repel what has assuredly become a militant Republican agenda. On issues ranging from public education, environmental preservation, healthcare, and tax policy, Connecticut residents need protection from federal initiatives meant to reverse good progress toward equity, sustainability, access, and fairness in these policy areas.

Don't forget: the current Republican administration has already rolled back environmental protections and given huge tax breaks to the wealthy, and it keeps working to dismantle public education and repeal successful healthcare reform. If we leave it to the Republicans currently representing Woodbridge, who remain silent and complicit regarding these train wreck Trump initiatives, Connecticut residents don't stand a chance in their efforts to resist these national trends.

Enter Mary Welander, Jorge Cabrera, and James Maroney, Democratic nominees for state Representative (114th Assembly District) and state Senator (17th and 14th Senate Districts) respectively.

Each of them in their private lives works conscientiously and respectfully to address disparities in education, access to healthcare, and employment opportunities; each is eager to bring that work-a-day passion for progress and commitment to fairness to Hartford on behalf of Woodbridge residents and Connecticut's future prosperity. Beyond that, under these precarious, current circumstances, Connecticut needs a Democratic firewall to safeguard the state against bold-faced, Republican aggression meant to undermine Constitutional rights, voting rights, and an independent judiciary – ideals, quite frankly, at the very core of American democracy.

I encourage voters to support Mary Welander, Jorge Cabrera, and James Maroney to help build this wall.

Sincerely, and with urgency,
Laurence Grotheer
Chairman – Woodbridge Democratic Town Committee

Woodbridge Town News

WTN LETTERS POLICY

Submit your letters for our "From Our Readers" section to:
Woodbridge Town News, P.O. Box 1126, Orange, CT 06477
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Please limit letters to 500 words and include a daytime phone number in case we have any questions. Letters must be exclusive to the Woodbridge Town News for publication. We reserve the right to reject any letter.

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WOODBRIDGE EDUCATION ROUNDUP



Left to right: Donna Schilke, CAS Assistant Executive Director; Robert Fragione, Amity Middle School Bethany Band/Music teacher.

Fragione Named Middle Level Exemplary Educator

Mr. Robert Fragione, Music and Band teacher at the Amity Middle School in Bethany, was selected by The Connecticut Association of Schools (CAS) as the recipient of the CAS 2018-2019 Middle Level Educator of the Year Award. Chosen from among several outstanding educators, Mr. Fragione’s strong connections with his students, positive energy, passion for his profession, and willingness to share his expertise with others have earned him this award. When his colleagues asked him how he “survives” middle school, he responded, “Honestly, I

cannot picture myself anywhere else. Where can you work and influence the young minds that will be our future leaders? Their zany and unpredictable ways keep me laughing and remind me that we are all young at heart and learning as we age.” Rob’s love for teaching impacts both his students and colleagues. He is a credit to his profession and to Amity Middle School in Bethany. Rob was recognized for this achievement at the Amity Regional School District No. 5 Board of Education meeting on Monday, September 17th.

Beecher Commemorates One Of Its Own

BY BETTINA THIEL
WOODBRIDGE TOWN NEWS CORRESPONDENT

The Woodbridge Board of Education last month kept a moment of silence in honor of a recent graduate, who had passed away just a few days prior. Logan Pierce Testa died Friday, September 14, 2018 of a brain tumor. He was 12 years old.

Logan had graduated from the elementary school in June and just started 7th grade at the Amity Middle School, Bethany. Logan enjoyed a full and active life, played baseball for the Beth-Wood Baseball League, enjoyed boxing, building things, drawing in his sketchbooks, and going to Walt Disney World. He was a WWE, Green Bay Packers and New York Yankees fan, and enjoyed watching all Marvel and DC Comics movies, Star Wars, also baseball, football and boxing.

It is his zest for the game that his baseball Coach Bob Zyskowski Jr. remembered most vividly about Logan.

“He approached it with great vigor,” the coach said, “loved to get right into the mix.” Even while Logan was fighting the disease, he played at the highest level he could, Zyskowski said, adding “that was the beauty of watching him.” It was Logan’s enthusiasm that made him an inspiration to all, including his teammates, the coach said.

Named after a fictional character in Marvel’s Wolverine, Logan was the son of Paul and Stephanie Testa of Woodbridge. He also leaves a sister, Samantha Marion Testa, and his twin brother, Kalel Clark Testa.

A prayer service to celebrate his life took place at Our Lady of the Assumption Church, Woodbridge. In lieu of flowers, the family asked for donations for the Collaborative Ependymoma Research Network (CERN) Foundation, PO Box 217, Zionsville, IN 46077. The North Haven Funeral Home, www.northhavenfuneral.com, was in charge of arrangements.

Sacred Heart Academy Open House

Sacred Heart Academy, an independent Catholic college preparatory school for young women in grades 9 – 12, will open its doors to prospective students and their families on Sunday, October 14, from 1:00 – 3:00 p.m. at the Academy’s Annual Open House. The Academy is located at 265 Benham Street in Hamden.

Open House is designed to give prospective families a feel for the spirit and focus of the Academy and encourages visitors to spend the day as they choose. Student guided tours are offered throughout the afternoon with time allowed for areas of particular interest. Administrators, faculty and staff, coaches, students, current parents, and alumnae will be on hand to meet and greet and answer questions. Activities, presentations, and exhibits representing all facets of the Academy will be offered. Visitors will have an opportunity to learn about the challenging academic program and co-curricular activities, observe students and teachers using the latest technology, preview the upcoming

performance of Leader of the Pack, see cutting-edge research in the state of the art molecular science, chemistry, physics and biology laboratories, and experience the orchestra and concert choir. Information on transportation, financial aid, athletics, and college placement will be available.

All are welcome to attend the Open House; seventh and eighth graders and their parents are particularly encouraged to attend if they are considering admission. It is not necessary to call in advance. For further information about Open House or the admissions process contact Director of Admission Elaine Lambole, 203-288-2309, x307 or visit www.sacredheartamden.org.

Sacred Heart Academy, an independent Catholic college preparatory school for young women in grades 9 – 12 founded in 1946 by the Apostles of the Sacred Heart of Jesus, successfully prepares young women for learning, service, and achievement in a global society. Five hundred students, hailing from 60 towns and more than 80 feeder schools in Connecticut, are enrolled.

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WOODBIDGE EDUCATION ROUNDUP

Officials Look Into Air Conditioning Failures At School

BY BETTINA THIEL
WOODBIDGE TOWN NEWS CORRESPONDENT

Two years after a \$14-million renovation, the Beecher Road School building has experienced two major breakdowns of its new heating and air conditioning system, one during the winter break, when frozen pipes led to flooding in the fifth-grade wing, and most recently this summer, when elevated heat and humidity led to mold forming in classrooms in the north part of the building.

“It was a major failure in our [HVAC] system,” said Andy Esposito, interim chair of Beecher Ad Hoc Renovation Review Committee, when called to look into the problems. He presented the committee’s findings at the September Board of Selectmen meeting. “We’ve been trying to ascertain what really happened and reviewing what’s been going on over the last two years,” he said.

Humidity is not a new problem at the school, Esposito said. “The AC was supposed to resolve that – but it was never resolved.” The week before school was scheduled to open in August, evidence of mold and mildew was found in several classrooms.

District officials immediately called in Servpro to help get the classrooms ready. For four or five days and into the weekend, several crews swarmed in and cleaned every room in the A, B and C wings, also the cafeteria and one room in the K wing. Every surface,

every pencil, every book and nook and cranny were wiped down, using chemicals that are recommended for these conditions, Gilbert said in a phone conversation.

The final walk-through with the Quinipiac Health District sanitarian happened the Sunday afternoon before school was slated to open on August 27. Teachers were mentioning how “these rooms have never been as clean as that,” Gilbert said. He said the district is continuing to monitor the situation closely.

The perfect storm: Several issues seemed to compound the problems leading to the system failure, according to those who have been looking into it. For one thing, the company that installed the system controls, Johnson Goodyear, went out of business. As it turns out, they did not turn over software control information to building officials. As a result, data can be viewed but no one is able to change the programming or parameters of the system as it is presently set.

The construction contract included training of school staff as well as a videotaped tutorial, but neither occurred. Facilities Manager Vito Esparo was appointed to his position just weeks before the pipes broke. At the time, the school district hired Jim Saisa, Amity’s facility manager, to provide a facility assessment and to help them work through the HVAC issues.

Saisa turned to a consultant, Wil-

liam Donald with van Zelm Engineers, with whom he has worked at the high school in the past and who had helped the Amity District cope with its mold issues. Donald found that the unit ventilators installed in three classroom wings, “are not effective at dehumidifying,” Saisa said.

He said the ventilators bring in outside air, which they are required to do. However, as soon as a certain temperature is reached the coil will shut down the cooling valve, irrespective of the humidity levels. “All these systems must run in conjunction,” he said.

The facilities manager should be able to calibrate humidity levels, CO2 and temperature as well as the fan motor speed. “The current licensure does not allow for the real programming and manipulation of the Honeywell Building Management System – as an owner should have,” Saisa said.

Saisa recommended hiring van Zelm Engineers to review the whole system and propose fixes. Selectmen unanimously voted in favor of the proposal and allocated up to \$34,600 for that purpose.

Asked whether the district has contacted the general contractor responsible for the building renovation, Andy Esposito, a litigator by training, recommended restraint. At this point the focus is on correcting the environment in the building, he said. “We have [850] kids in that building; we don’t need mold in the building,”

he said.

Town Attorney Gerald Weiner agreed. “At this point we don’t know what the cause of the problem was, whether it was improper design, or improper maintenance, we need more information,” he said.

Serving on the ad hoc committee are two members of the original Building Committee, namely Jeff Kaufman and Board of Education member John Vultee, who has since moved out of town; School Supt. Robert Gilbert, District Business Manager Al Pullo and from the Town Hall, Sheila McCreven.

Facilities assessment: In addition to the ad hoc committee, which deals with the renovation and its lingering HVAC problems, the school board also has a facilities committee, which recently received Jim Saisa’s comprehensive assessment report.

In it, he points out issues that will need addressing as part of a capital plan going forward. The roof, for instance, although replaced in some areas as part of the renovation, in older areas shows ponding and drainage problems.

Exterior classroom doors need replacing; exterior windows; the band room carpet as well as several tiled floors; fluorescent bulbs should be changed to LED; outside, the parking lot at the North School and the lot behind the library need a new coat of asphalt.

Local Student Achieves Top ACT Score

Ian Pittenger, son of Jenny Turner and Chris Pittenger, and a rising senior at Amity Regional High School in Woodbridge, earned the highest possible ACT composite score of 36. On average, only around one-tenth of 1 percent of students who take the ACT earn a top score. In the U.S. high school graduating class of 2017, only 2,760 out of more than 2 million graduates who took the ACT earned a composite score of 36.

The ACT consists of tests in English, mathematics, reading and science, each scored on a scale of 1–36. A student’s composite score is the average of the four test scores. The score for ACT’s optional writing test is reported separately and is not included within the ACT composite score.

In a letter to the student recog-

nizing this exceptional achievement, ACT Chief Executive Officer Marten Roorda stated, “Your achievement on the ACT is significant and rare. While test scores are just one of multiple criteria that most colleges consider when making admission decisions, your exceptional ACT composite score should prove helpful as you pursue your education and career goals.”

The ACT is a curriculum-based achievement exam that measures what students have learned in school. Students who earn a 36 composite score have likely mastered all of the skills and knowledge they will need to succeed in first-year college courses in the core subject areas.

ACT scores are accepted by all major four-year colleges and universities across the U.S.

STUDENT NEWS

Dean’s List Bryant University

Smithfield, RI -- Bryant University is committed to the pursuit, recognition, and celebration of academic success. Marina Tomei, class of 2018, from Woodbridge, CT has been named to Bryant University’s Deans’ List for the spring 2018 semester. Congratulations to Marina, and all of the spring 2018 Deans’ List students.

Enrollments Bard College At Simon’s Rock

Great Barrington, MA – It’s not every day that students start college early, but for this Woodbridge, CT student, that’s exactly the case. Fiona Hynes earned a place in the fall 2018 entering class at Bard College at Simon’s Rock after completing 10th grade. Hynes’s academic and personal achievements stood out, securing

Fiona a spot at Simon’s Rock this fall. The campus in Great Barrington, Massachusetts is home to about 450 bright and highly motivated students engaged in a rigorous college education. Early college students are on track to graduate from college one or two years ahead of their peers.

Colby College

Waterville, ME -- Quinnlan J. Burke of Woodbridge, Conn. enrolled at Colby College in Waterville, Maine, this fall. Before classes began September 5, Burke took part in a weeklong orientation that included an introduction to academic and intellectual life at Colby, participation in an outdoor education trip (COOT), and an address by the Crawford Family Professor of Religion Nikky-Guninder Singh at Col-

See “Student News” On Page 10

Beecher Happenings

BY ROBERT GILBERT
Superintendent of the
Woodbridge School District



Greetings to the Citizens of Woodbridge

With the school year fully underway, we pause for a moment to celebrate our 2019 Teacher of the Year, Liz Heagney. Liz, a Reading teacher at Beecher, was featured in our summer edition of “The Bridge” which was mailed to all households in town in July. In celebration of this honor, Liz was presented with a special citation by State Representative Themis Klarides (2nd from left) and State Senator George Logan (far right) at our welcome back lunch in August. Liz is joined in the picture by Superintendent Bob Gilbert and Principal Gina Prisco.

The Woodbridge School District and Beecher Road School has a talented and dedicated Board of Education committed to ensuring a quality education for all students. The full Woodbridge Board of Education meets monthly. There are also four subcommittees: Finance, Facilities, Curriculum and Policy – which meet either monthly or semi-monthly. Please see the pictures and bios of our Board of Education members below.

Get To Know Your Woodbridge Board of Education

Margaret Hamilton – Chair



Margaret Hamilton has served on the WBOE since 2010, is currently the Chair, and has held that position since 2011. Margaret has been an active member of the BRS community, as a member of the BRS PTO from 2007 and served as PTO president from 2009 through 2012. Her daughter attended BRS from 2006 through 2013 and is now a senior at Amity High School. Margaret is a native of Wisconsin. She earned her BBA from the University of Wisconsin, Madison. In addition to

her responsibilities as Board of Education Chair, Margaret is ex-officio of all committees and actively serves on the Curriculum, Facilities, Finance and Policy committees.

Nancy Maasbach – Vice-Chair



Nancy Maasbach has been a Board member since 2016. She has lived in Woodbridge since 1999. She is the President of the Museum of Chinese in America; over 12 years experience in non-profit management at the Council on Foreign Relations and the Yale-China Association; 10 years in finance at Goldman Sachs & Co. and Center for Finance and Research Analysis. She is a member of the Council on Foreign Relations, a board member of New Haven’s International Festival of Arts & Ideas, and holds an MBA from the Yale School of Management and an AB in diplomacy and world affairs from Occidental College. Nancy chairs the Policy Committee and serves on the Finance and Curriculum Committee.

Maegan Genovese – Secretary



Maegan has a child at BRS and one at WCSU. She earned a BA in Psychology from WCSU and an MS in Research, Statistics, and Measurement in the Behavioral Sciences from SCSU. She has been a town resident since 2013 and is a professional data manager and analyst with over 13 years’ experience in research initiatives covering child welfare, behavioral health, juvenile justice, health, social services and ed-

See “Happenings” On Page 9

From the First Selectman

BY BETH HELLER

Early Autumn in Woodbridge

The Selectmen received updates on several ongoing issues and projects at our September 12th Board of Selectmen meeting. Further information on these and other issues are available at our Town website: woodbridgett.org. As always please let me know if you have ideas or thoughts you would like to share with me.

Fiscal Health Analysis

The CT Economic Resource Center (CERC) presented its Fiscal Health Analysis Preliminary Results. The Selectmen discussed the presented material with the CERC Team who will now incorporate this additional input into a Final Report to be delivered at our October BOS meeting. The key findings of this analysis are expected to provide timely insights to help us hold down costs and save taxpayer dollars as we begin consideration of next year’s budget. The CERC presentation has been posted to the Town website.

Beecher Ad Hoc Renovation Review Committee

The Selectmen were also provided with an update on the work of the Ad Hoc committee we appointed after the pipe burst incident at Beecher Road School last winter. Superintendent Gilbert also recently informed us that there were some humidity problems at the school just as classes were getting underway a few weeks ago. The committee has also been looking into this.

The committee recommended that an engineering firm be retained to evaluate the mechanical systems at Beecher. The Selectmen agreed with this recommendation and the Woodbridge Board of Education has engaged the services of Van Zelm Engineers to do the evaluation. I will share further information on this subject as we learn more.

Town Center Beautification

The Selectmen also received an update on the Town Center Beautification effort, and heard details of a plan for a Garden on the Town Green across from Town Hall, which will be made possible by a gift from the family of Arden Clark Gordon. The garden will highlight the entryway to the beautiful space that is our Town Green and kick-off our larger project of beautifying the Town Center. I would again like to invite other

interested community members and organizations to get in touch to find out how they can also donate to help complete some of the other projects outlined in the Beautification Plan. The draft plan is online for review at the Town website.

Improved Sound and Video

The Selectmen also received an update regarding a grant that has been received from the Cable Advisory Council to upgrade the sound system in Town Hall’s Central Meeting Room. The planned enhancements will provide a better listening experience both in the room for those attending our meetings, and for the home audience who view our meetings either on Cable Channel 79 or online at the Town’s YouTube Channel, WGATV. In addition to this sound system project which will begin shortly, the Town has also ushered in Live video streaming of meetings -- please visit the WGATV YouTube Channel to watch live coverage of upcoming meetings, or see video re-plays of recorded meetings on-demand by visiting: youtube.com/user/wgatv79

Former-Country Club of Woodbridge Property

As you may recall, at our August Board meeting we received a presentation regarding a proposal for the Town-owned former country club property from Insite Development. At our September 12th meeting, we received an update with some additional details. You can view the video of the meeting to learn more by visiting the YouTube channel link above. The Selectmen have made no decisions yet. Any proposal for this property will of course ultimately be considered by voters in a referendum and I will continue to keep the public informed of all developments along the way.

Fallapalooza is underway!

The community is invited to take part in the many activities and events planned for October in our annual celebration of Fallapalooza. Complete details are available at: woodbridgett.org/Fallapalooza – I hope you will join in the fun.

Beth Heller is Woodbridge First Selectman. She may be reached by phone at Town Hall, 203-389-3401, or by email to bheller@woodbridgett.org.

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Staneski Honored, Recognized By CT Radiologists

State Rep. Pam Staneski (Milford & Orange) was recognized by the Radiological Society of Connecticut receiving a 2018 ‘Certificate of Appreciation’ for her committed support of patient-friendly healthcare legislation that will improve the detection of breast cancer in patients. Staneski received her award at its Semi-Annual Membership Meeting on September 13th, at the New Haven Lawn Club in New Haven.

“I am very grateful to receive this honor. The legislation I supported this session is an important step to take against the disease of breast cancer and ensures that women in our state have affordable access to tomosynthesis screenings,” said Rep. Staneski.

Rep. Staneski is a member of the legislature’s Public Health Committee and assisted in getting legislation

passed in 2018 which will now include breast tomosynthesis in the definition of mammogram; it will ensure a better detection of breast cancer. Breast tomosynthesis is an advanced type of mammogram that takes a 3-D dimensional image to improve early detection of breast cancer. Under current law, women’s preventive services are covered at no cost share. The bill passed this year redefines the definition of mammogram and would require insurance companies to fully cover mammography and apply this screening test to subscribers’ deductibles.

The Radiological Society of Connecticut has approximately 313 active members with 81 retired radiologists and 127 introductory members or residents for a total membership of 521 individuals.

JCC to Host Ambassador Wendy Sherman

On October 14, 2018 at 2 p.m., the JCC of Greater New Haven will kick off its 2018-19 Jewish Author Series with Ambassador Wendy Sherman, author of “Not for the Faint of Heart: Lessons in Courage, Power, and Persistence.” Sherman’s talk will take place in the Beckerman Lender building’s Vine Family Auditorium at 360 Amity Road in Woodbridge. Tickets are \$5 for JCC members and \$10 for the general public, available at jccnh.org/cultural-arts.

Few people have sat across the negotiating table with the Iranians and the North Koreans. Sherman has done both. Sherman’s long list of accomplishments include the four years she spent negotiating with Iran and world leaders on the nuclear accord of 2015, and serving Secretary of State Madeleine Albright on the Clinton administration’s North Korea policy team.

“Not for the Faint of Heart” delivers an honest account of the personal

and professional challenges associated with being a woman in power today, and ultimately how she learned to embrace it. She writes, “When you are sitting across the negotiating table, you are not Wendy Sherman, you are not a woman, you are not in my case an American Jew, you are the United States of America – and that is a pretty damn extraordinary power.”

In recent interviews with CNN, CBS, the Washington Post, and more, Sherman calls attention to the human component of successful negotiation, and the ways in which courage, power, and persistence contribute to diplomacy as an art form. “Not for the Faint of Heart” demonstrates the ways in which authenticity, acceptance of change, and commitment to the team can lead to overcoming challenges in our own lives.

A short Q & A and book sales/signings will follow Ambassador Sherman’s talk. Tickets are on sale now at jccnh.org/cultural-arts.

“Happenings” From Page 8

ucation. Maegan is employed at The Consultation Center at Yale University School of Medicine, Department of Psychiatry, Division of Prevention & Community Research. She was elected Board Secretary July 2017.

Claire Coleman



A BRS alumna, Claire has two children in BRS, was appointed to the Board in 2017, and is an attorney for Connecticut Fund for the Environment. Claire has also worked in private practice and as Counsel for the U.S. House of Representatives Oversight and Government Reform Committee. She holds a law degree from Northwestern University and a BA from Cornell. She has served on the Woodbridge Board of Ethics and the Board of Assessment Appeals. Claire serves on the Policy and Wellness Committees and the Ad Hoc Enrichment Committee.

Steven Fleischman, M.D.



In Woodbridge since 2004 with four children, two at Amity and one at BRS. Dr. Fleischman is a graduate of Washington University in St. Louis, Albany Medical College and Yale University School of Medicine. Dr. Fleischman serves as President of the Board of Directors for B’nai Jacob, as well as the Board of Directors for the Connecticut State Medical Society and the New Haven County Medical Association. Is currently the Associate Chief of Obstetrics and Gynecology at Yale New Haven Hospital. He has been a member of the WBOE since 2009, Vice-Chair until 2017, and Chair of the Finance Committee.

Todd Jokl



A Woodbridge resident since 2009, Todd currently has two children in BRS and is the Dean of the University of New Haven’s Lyme College of Fine Arts. Todd earned his BA from Yale, his MFA from UConn and his doctorate from

SCSU. He currently sits on the board for The Global Institute for Arts in Leadership, the Arts Council of Greater New Haven and New Haven Site Projects.

Garett Luciani



Garett is a lifelong 4th generation Woodbridge resident, elected to the Woodbridge Board of Education in 2015. He is a VP, Market Manager at People’s United Bank, specializing in Financial Services. Garrett attended BRS and graduated from Amity Regional High School and Quinnipiac University. He is a member of the Finance Committee.

Lynn Piascyk



After retiring from BRS in 2013, Ms. Piascyk was elected to the WBOE in 2015, chairs the Curriculum Committee, serves on the Facilities Committee and is the BOE Liaison to the Safety and Security Committee. A town resident since 1964, she is a graduate of BRS and Amity High School. During her 36-year tenure as a Grade 1 teacher, she was the 1993 Woodbridge Teacher of the Year. Lynn holds a BS, MS, and Sixth Year Degree of Advanced Study as a Teacher Specialist. She is also a Justice of the Peace.

Paul Testa



Paul, a lifelong resident of Woodbridge, attended BRS and Amity. His BS, magna cum laude, is from Quinnipiac University and his JD, magna cum laude, is from Quinnipiac School of Law. Paul is an Employment and Labor Law Associate at the law firm of Littler Mendelson, P.C. in New Haven. Member of the Connecticut, Florida and Massachusetts bars, the U.S. District Court, District of Connecticut and U.S. Court of Appeals, 2nd Circuit. He is a member of the Board of Directors of the Beth-Wood Baseball League and has also served as a team manager for the past 6 years. Paul is a member of the Facilities Committee.

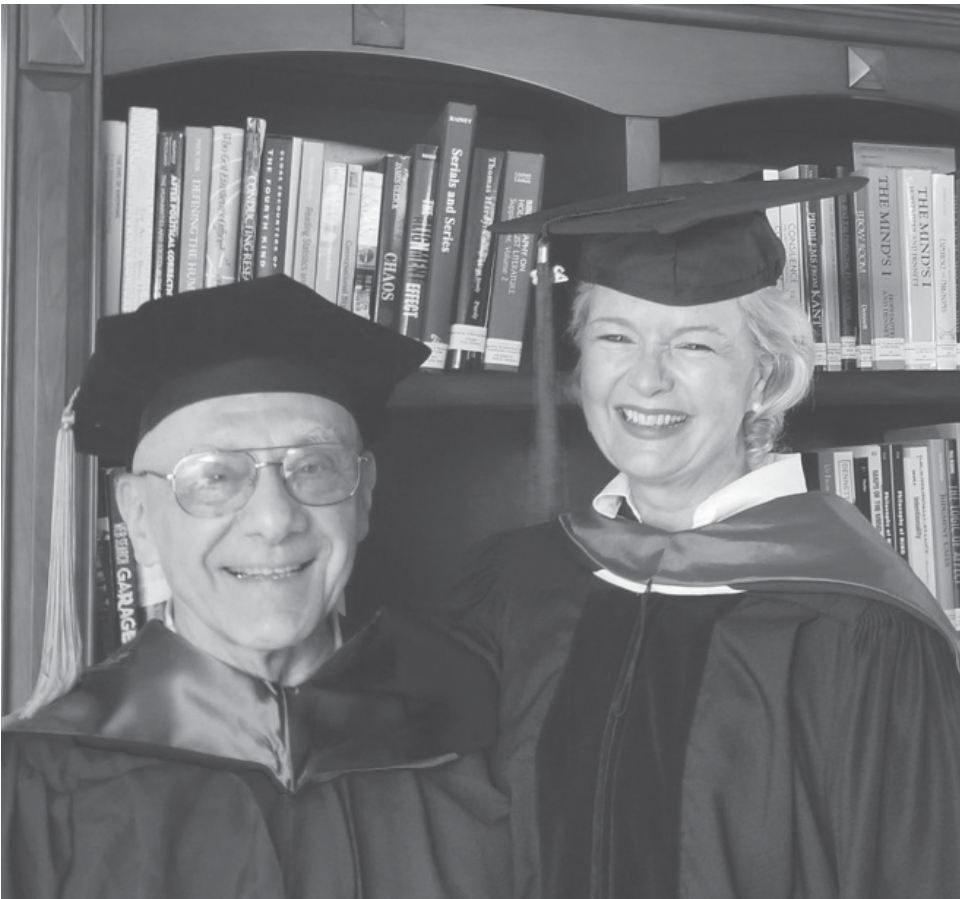
Medicare’s Open Enrollment

Medicare’s Open Enrollment Period runs from Thursday, November 1, 2018, to Saturday, December 15, 2018. The Town of Woodbridge has Certified CHOICES Counselors available to provide counseling and information on topics such as Medicare, Medicare

Supplemental Insurance, Medicare HMOs, Long-Term Care Insurance and other state and federal benefit programs.

Please contact Mary Ellen LaRocca or Judi Young for an appointment at (203)389-3429. We are available.

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Dr. Bernie Siegel with The Graduate Institute's President, Cathleen Buchanan at the recent graduation, on August 11th, of Master's Degree students in Integrative Health and Medicine and Learning and Thinking programs.

Siegel At Graduate Institute Graduation

Bernie Siegel, MD, Academic Co-Director of The Graduate Institute with president, Cathleen Buchanan, at the graduation ceremonies of those graduating with MA's in Integrative Health & Healing and in Learning & Thinking. Dr. Siegel is a retired Yale

pediatric surgeon, best-selling author of "Love, Medicine and Miracles" and guest on numerous talk shows including Oprah. The Graduate Institute in Bethany, CT, is enrolling now for fall. For information: www.learn.edu or call 203- 874-4252.

"Student News" From Page 7

by's 201st Convocation. A graduate of Amity Regional High School, he is the son of Raymond and Melissa Burke of Woodbridge, Conn.

The Class of 2022 was selected from the largest and most academically qualified pool of applications in Colby's 206-year history. This class will benefit from DavisConnects, Colby's innovative program that supports all students in their pursuit of independent and collaborative research, global experiences, and internships to prepare them for postgraduate success. The class is the first to enter Colby with the College's pledge that an admitted student whose family income is \$60,000 or less, with assets typical for that income range, will attend with no parent or guardian financial contribution. This is just one

part of the Colby Commitment which provides that each admitted student's demonstrated financial need will be met without student loans.

Colby-Sawyer College

New London, NH -- This fall, Colby-Sawyer welcomed 262 first-year and transfer students including Hayley Scherer of Woodbridge. Scherer is majoring in studio art. U.S. News & World Report ranks Colby-Sawyer as #7 in Regional Colleges North (the highest in that category of any college in New Hampshire, Massachusetts and Vermont) and #5 in the Best Value category, the highest of any regional college in New England. Colby-Sawyer also scored the #3 spot on the Best Undergraduate Teaching list for its category, the only New Hampshire college to be recognized.

Coffee at 10 Lecture Series

Please join us on Wednesday, October 24 at 10 am to learn more about Brain Health: Untangling the Mystery of our Brains and Aging. Explore how we can stay safe, healthy and independent as we age. Learn how to optimize your health-and health care-so that the brain and body work at its best for now and in the future. The YNHH BeAT-

BI team will discuss how to prevent Traumatic Brain Injury (TBI) and vital strategies to help our aging brains stay healthy. Refreshments will be served.

This event will be held at The Woodbridge Center, 4 Meetinghouse Lane in Woodbridge. Kindly RSVP to Jeannette Glicksman @ jglicksman@woodbridgect.org or by calling (203) 389-3430.

WOODBIDGE RESIDENTS!

Have an Upcoming Birth Announcement, Anniversary, Engagement or Wedding?

Send it to us with a photo and we will publish it FREE.

Woodbridge Town News, P.O. Box 1126, Orange, CT 06477

Email: edit@woodbridgetownnews.com



Candidate Debate

CT Senate District 17

Senator George S. Logan

(Republican)

Mr. Jorge Cabrera

(Democratic)

Wednesday, October 24, 2018 ★ 7:00 – 8:30pm

Thornton Wilder Auditorium

In the Miller Cultural Complex

2901 Dixwell Avenue, Hamden 06518



Sponsored by the

League of Women Voters of Hamden-North Haven

Moderator: **Ray Andrewsen**, WQUN-AM



Election Day is Tuesday, November 6, 2018

Check your registration status & polling place with your Registrar of Voters.

Bring a friend to the polls with you!

MICHAEL J. PAOLINI, CPA



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DOLLAR\$ AND \$EN\$E

Important Legal Documents For College Students

PRESENTED BY ROBERTA L. NESTOR

As summer turns to fall, flocks of recent high school graduates leave the nest and head off to college or university for the first time. Their parents are faced with a wide range of emotions as they watch their children prepare to spread their wings as independent young adults.

Until the students demonstrate sufficient maturity and decision-making skills, many parents continue to take an active role in their children's lives. But once a child reaches the age of 18, he or she has all the legal rights of an adult. This means that the individual is legally on his or her own should a health, financial, or legal matter arise.

Even if a parent is paying a son's or daughter's college tuition, in most states a parent lacks the necessary legal authority to act on a child's behalf (or even to obtain information!) in the event of an emergency. That's why an increasing number of parents are choosing to have their children sign a health care proxy and a durable power of attorney (durable POA) before they head off to school or soon after.

Health Care Proxy

When you son or daughter signs a health care proxy, he or she is allowing you to give consent for medical procedures, make health care decisions for him or her, and discuss treatment options if he or she becomes incapacitated. Without a health care proxy, HIPPA laws protect your child's right to privacy. Consequently, you may need a court order to access your son's or daughter's health information or otherwise act on his or her behalf.

It's also important to keep in mind that colleges and universities may have their own medical release documents. Be sure to check with the school and fill out any applicable paperwork in advance.

Although most parents don't want to think about such traumatic situations, it's always better to be safe than sorry. In an emergency, time is of the essence. Having these documents in place will avoid paperwork and red tape, so you can focus on making any critical decisions.

Durable POA

A durable POA gives you the authority, if needed, to handle financial or legal matters on behalf of your child. This can be especially valuable if your son's or daughter's school is far away, or if he or she is studying abroad. Even if he or she is nearby, you may want the ability to sign tax returns, access bank accounts, pay bills, or sign a lease on your son's or daughter's behalf. The durable POA allows you to serve as your child's trusted agent.

The specific requirements of a health care proxy and durable POA vary by state, so consult with a qualified estate planning attorney to ensure that these documents are prepared correctly.

Your Most Valuable Asset

Most college-aged young adults are somewhere between childhood and full independence. There's a reason why they instinctively list their parents as their emergency contacts and turn to their parents for help and guidance when the going gets tough. But once a son or daughter turns 18, without specific legal documents in place, parents may be powerless to help their child in the eyes of the law.

Have a conversation with your student to educate him or her on the importance of executing a health care proxy and durable POA. Try striking a balance between respecting your child's right to privacy and independence and being there to assist and protect him or her in times of need. After all, your son or daughter is your most valuable asset.

Commonwealth Financial Network® and Nestor Financial Network do not provide legal or tax advice. You should consult a legal or tax professional regarding your individual situation. Roberta L. Nestor is a financial advisor located at Nestor Financial Network, 491 New Haven Avenue, Milford CT 06460. She offers securities and advisory services as a Registered Representative and Investment Adviser Representative of Commonwealth Financial Network®, Member FINRA/SIPC, a Registered Investment Adviser. She can be reached at 203-876-8066 or roberta@nestorfinancial.com.

Did You Know?

Seven Myths and Truths About "Living Trusts"

A "Living Trust", also known as a "Revocable Trust," often is advertised as a way to avoid probate and quickly transfer assets to family members upon death. However, there are many misconceptions about Living Trusts:

Myth 1: A Living Trust will avoid statutory Probate Court fees.

Truth 1: The assets in a Living Trust still are considered part of your gross taxable estate and therefore are subject to statutory Probate Court fees.

Myth 2: A Living Trust will reduce estate taxes.

Truth 2: The assets in a Living Trust still are considered part of your gross taxable estate; therefore, a Living Trust does not reduce your estate tax bill.

Myth 3: A Living Trust avoids the need to file a Connecticut Estate Tax Return.

Truth 3: Even with a Living Trust, a Connecticut Estate Tax Return must be filed with the Probate Court.

Myth 4: A Living Trust will protect assets from creditor claims and lawsuits.

Truth 4: Assets in your Living Trust are available to your creditors while you are alive.

Myth 5: A Living Trust protects your assets in the event long term care expenses are incurred.

Truth 5: A Living Trust provides absolutely no protection of assets if long term care is required; assets in your Living Trust still are considered owned by you.

Myth 6: The Probate Court can be completely avoided with a Living Trust.

Truth 6: Some involvement with the Probate Court cannot be completely avoided in Connecticut; at a minimum, a Connecticut Estate Tax Return must be filed with the Probate Court even if all of your assets are in the Living Trust.

Myth 7: Everyone's estate plan should include a Living Trust.

Truth 7: A Living Trust is not necessarily for everyone. As with every estate plan, a Living Trust should be used only if it is the best tool to meet the specific needs of you and your family.

If you are interested in learning more about Revocable Trusts please visit our website and read our blog for recent posts. For advice specific to you or your family, please contact the office. We would be glad to meet with you for a no hassle, no charge initial consultation, no matter how long it lasts.



Steven P. Floman, Allison M. DePaola-Drozdz, and Nicole M. Camporeale of the law firm Floman DePaola, LLC are the authors of this advertisement. This advertisement has been prepared for general informational purposes only and is not intended to constitute legal advice or to create an attorney client relationship. Readers should not act upon the information contained in this article without seeking advice from an attorney regarding the specific facts and circumstances of your case.

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Attorneys & Counselors At Law

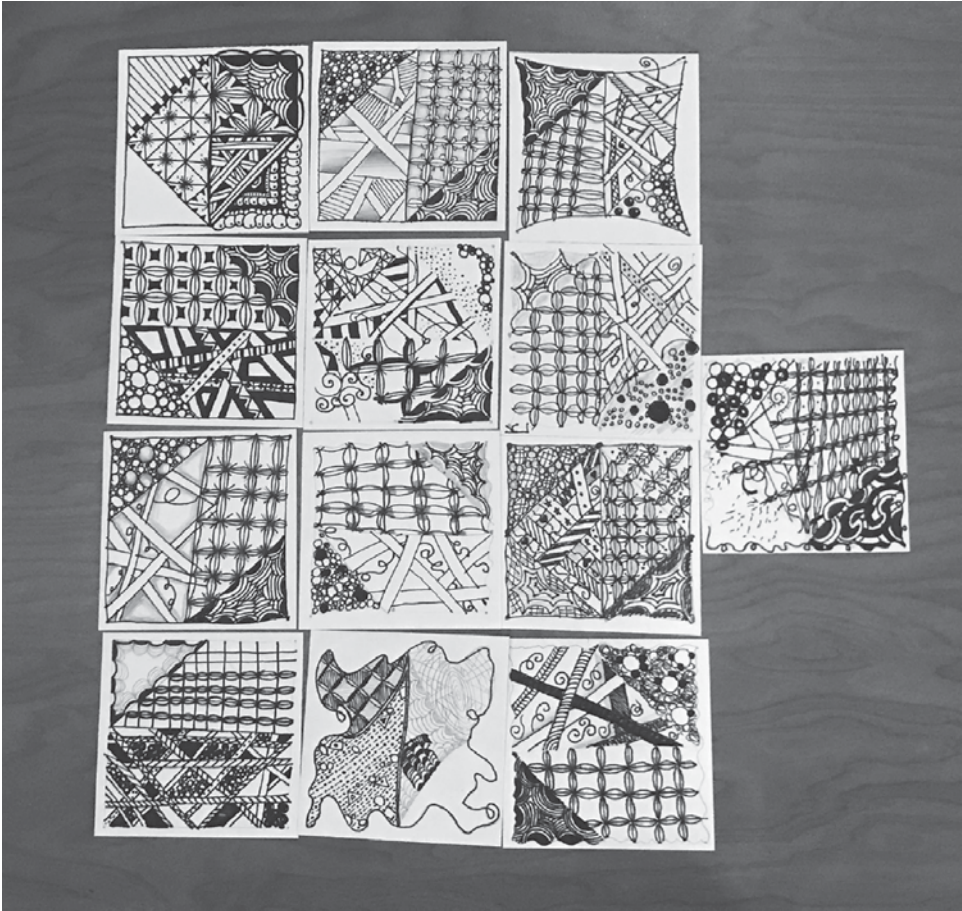
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Happy
Columbus
Day!

ARTS & LEISURE



Zentangle At Amity Regional High School

The Jamie Hulley Arts Foundation sponsored a workshop for students and staff at Amity Regional High School where they learned how to Zentangle on September 25th during the last session of the day and after school. Visiting artist, Cari Camarra, came in and shared her passions and talents in the art of Zentangle. The students and staff who participated found a new way to meditate and persevere through mis-

takes whether in art or life, along with learning a new art form. This session would not have been possible without the support of the Jamie Hulley Arts Foundation, the Amity Regional High School administration, and the dedicated teachers who bring in artists to share their experiences throughout the school year. The picture shows some of the finished Zentangles from one of the workshop sessions.

Singles Dance Party At The Race Brook Country Club

CT ConTacts, the state's leading singles organization, is celebrating a grand opening at the Race Brook Country Club, with a singles dance party on Saturday, October 6 from 8 pm to 12:30 am. The Race Brook Country Club is an elegant facility with a large ballroom, located at 246 Derby Avenue, Orange. We expect a big turn out of singles for a fun night of dinner and dancing at this new, beautiful location. Admission is \$32 and includes a

dinner buffet from 8 - 9:30, as well as coffee and dessert at 11:00. Dancing is a mix of DJ's Top 40, soft rock, recent oldies, and requests. Patrons are urged to "dress to impress." (No jeans, please.) 250+ singles expected. ConTacts also sponsors dance parties for singles in thirteen other locations across Connecticut. For further information, directions, or a free flyer, call (203) 468-1144, or visit ConTacts' web site at www.ctcontacts.com.

Ansonia Nature Center October Events

FAERIE HOUSES AND TEA PARTY

Saturday, October 6, 1-3 pm

Join us at Pavilion 2 to build faerie houses out of natural materials, which we will provide, and enjoy a tea party with mini-cupcakes and herbal tea. Donations of baked goods to share are also cheerfully accepted. FEE: \$7 per person. For children 18 months to 5 years old; each child must be accompanied by an adult. Bring blankets or mats to sit on and dress appropriately for the weather. Please call to register.

BITTERSWEET WREATHS

Saturday, October 13, 1 pm

Bring your own clippers and gardening gloves for this workshop led by Ranger Dawn. When you collect these beautiful orange-berried vines, you're actually helping the park by removing this invasive plant species. FEE: \$5. Please call to register.

AUTUMN FESTIVAL

Saturday, October 20, 11 am-4 pm

Celebrate this wonderful season with the staff and the Friends of the Ansonia Nature Center (FANCI)! Take a ride through our community gardens and fields in our horse-drawn story wagon, where you'll hear some spooky Halloween tales! Learn about bats, spiders, and owls! Have some fresh apple cider and baked goods. Visit the Nature Shop to buy some creepy and crawly nature-related items. Enjoy nature-related exhibitors and vendors. You can try your hand at pumpkin painting,

get your face painted, and make some original crafts. All proceeds will benefit the Nature Center. RAIN or SHINE. No park admission fee. Call us for more information at 203-736-1053.

NATURE EXPLORERS

Wednesdays, October 24, 31 and November 7, 14; 10-11:30 am

Join us for this 4-week pre-school/toddler program for children ages 2-5 and their adult explorer. Participants will have fun exploring nature every week in these outdoor classes. The classes are loosely structured and influenced by the seasons and the interests of the children. We will go outside for a short hike and to explore nature every class so please dress for the weather. Classes will end with a light snack (provided or bring your own) and conversation. TUITION: \$40 for all 4 weeks, space permitting (cash or check payable to Ansonia Nature Center), due at first class. Class is limited to 10 children. Please call 203-736-1053 to register.

REPURPOSE OLD CANDLES

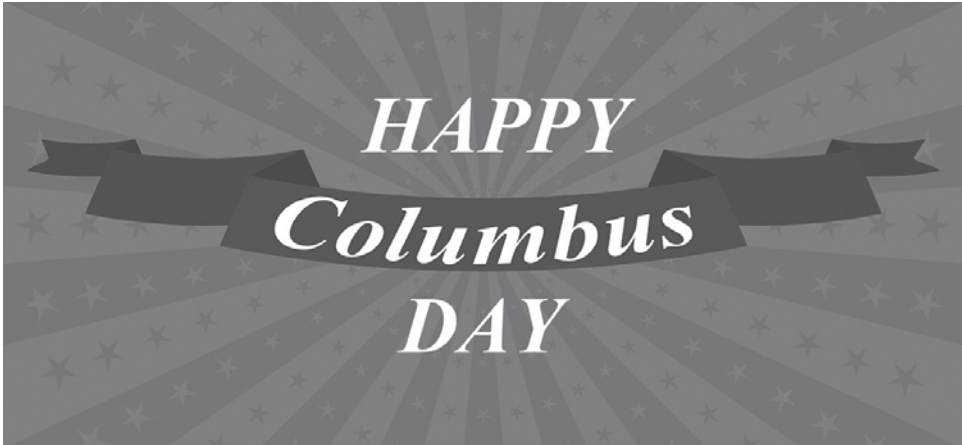
Sunday, October 28, 2:30 pm

Wondering what to do with all of your old, burnt out candles? Bring them to this class! Ranger Jess will show you how to melt down wax from your old candles and make brand new candles out of them. Bring an old glass jar with you to hold your new candle. For adults and children 11 and up. Please pre-register, as class size is limited. MATERIALS FEE: \$6 per person.

Artists Showcase Work At Bethany (Clark) Library

"Two Trajectories in the Visual Arts": Casein and Water-Color paintings by 2 long-time Woodbridge CT artists: Mary Breitenstein and Daniel Rosner, will be on display during October 2018 at the Bethany (Clark-) Library, 538

Amity Road (Route 63). Open Tuesday, Wednesday, Thursday 10a-8p; Weekends, 11a-3p. Meet-the-Artists at the scheduled reception (with refreshments) on Wednesday evening, October 10, 5:30-7p.



TOWN DEPARTMENTS & AGENCIES

Fuel Assistance

Woodbridge Human Services Department will be scheduling appointments for Woodbridge residents for the 2018-2019 Connecticut Energy Assistance Program administered by TEAM, INC. Income eligibility requirements must be met.

Verification of income and assets must be submitted with the application. This includes copies of the last bank statement(s) or check(s) for: a) pay stubs (last 4), or income verification from the individual's employer, b) Social

Security benefits notice, c) Supplemental Security Income, d) pension, e) unemployment, f) alimony/child support, g) interest and dividend income, h) and utility bill. In addition, the names, dates of birth, and social security numbers of all members residing with the applicant are required.

For more information regarding Energy Assistance Program or to schedule an appointment, please call Woodbridge Human Services Mary Ellen LaRocca or Judi Young at 203-389-3429.

VNA Community Healthcare & Hospice

Flu Clinic

Get your annual flu vaccination by a licensed and experienced nurse from VNA Community Healthcare & Hospice. This clinic will be held at the Woodbridge Center, 4 Meetinghouse Lane in Woodbridge, Friday, October 5, 11 a.m. – 3 p.m. Bring all insurance cards with you. For more information on flu clinics in your area, call our flu hotline at 203.453.5920 or visit www.vnacommunityhealthcare.org.

Ask the Nurse

On Tuesday, October 16, 11 a.m. – 12:30 p.m., VNA Community Healthcare & Hospice will host a free health

and wellness screening clinic at Woodbridge Senior Center, 4 Meetinghouse Lane. At the Ask the Nurse clinic, a nurse can check your blood pressure, heart rate, weight and work with you to set goals. The nurse can also review your medications, help you create a medication list, and discuss how you can prepare for a medical appointment. There is no cost for this service and appointments are not required. This clinic is held on the 1st and 3rd Tuesdays of each month. For more information about all of VNA Community Healthcare & Hospice's wellness programs, visit www.vnacommunityhealthcare.org or call 1.866.474.5230 (toll-free).

Woodbridge Human Services Holiday Food Baskets

Woodbridge Human Services is accepting applications through October 31st for holiday food baskets. In addition, families may apply for the Toys for Kids Program Inc. and the Connecticut Energy Assistance Program both administered by TEAM Inc. Residents can contact Woodbridge Human Services at 203-389-3429 for eligibility guidelines and an appointment to apply for a holiday basket,

toys, or fuel assistance.

Sponsors are needed to participate in the Adopt-A-Family Program to provide holiday food baskets to families in need for the December holidays. Volunteers are also needed to sort food for the Emergency Food Closet. Anyone interested in sponsoring a family or volunteering should contact Human Services at 203-389-3429.

Upcoming Carpooling Information Sessions

The Town of Woodbridge invites residents to two events to learn about the benefits of carpooling and to find their carpool match. Carpooling saves money on parking and gas, reduces traffic and reduces participants' carbon footprint.

The Town has partnered with CTrides and Yale University to encourage residents to carpool. Yale is hosting an event on Tuesday, October 16 for Woodbridge residents who work at Yale, and the JCC is hosting an event open to the public on Thursday, October 18 at 7 p.m.

At each event attendees will learn the benefits of carpooling and how to handle the logistics. Questions will be answered and time will be allotted for networking to find a carpool partner. Those who do find a carpooling partner will be allowed to park at the JCC on a trial basis.

Attendees will be encouraged to give sharing a ride a chance on a special "Try It Day," October 24.

These events are part of Fallapalooza, the Town's annual month-long celebration of all things Woodbridge.

"I hope that residents will consider carpooling to work if possible," said First Selectman Beth Heller. "Traffic in Woodbridge can be terrible and the current State Department of Transportation project will make it worse temporarily before it improves. Please attend one of these events to find out how you can save money and help re-

duce traffic."

The construction project is scheduled to last through September 2019.

In addition to this carpool initiative, the Town's Ad Hoc Sustainability Committee is also hoping to encourage residents to get out of their cars to save money and reduce traffic. The Committee recently held a kick-off meeting for a Complete Streets Team, the goal of which is to make the roads safe for all users including pedestrians, cyclists and bus riders.

This municipal partnership with CTrides is the first of its kind. Normally CTrides works with large employers to encourage employees to find choice commuting modes, including carpooling. CTrides is a free service provided by the Connecticut Department of Transportation that provides planning and free commuting resources to businesses, employees and residents in Connecticut.

"We are thrilled that the Town approached us about this partnership," said Commuter Program Manager Joanne Cavadini. "Woodbridge is being proactive about its traffic problem and we are happy to help residents."

CTrides' website offers tools to help commuters find carpools and public transportation options and to earn rewards and track savings.

To learn more about CTrides, contact Commuter Program Manager Joanne Cavadini at joanne.cavadini@ctrideres.com or (203) 626-2145.

Warm Hearts, Warm Homes Campaign

Woodbridge Human Services has kicked off a Warm Hearts, Warm Homes Campaign to seek donations for the Town Fuel/Food Fund. The drive will run through December 31st. We are anticipating a need for \$5,000.00 for our Fuel Bank and \$2,000.00 for our Emergency Food Fund. These funds provide Woodbridge residents with emergency assistance with their primary heating source and emergency food.

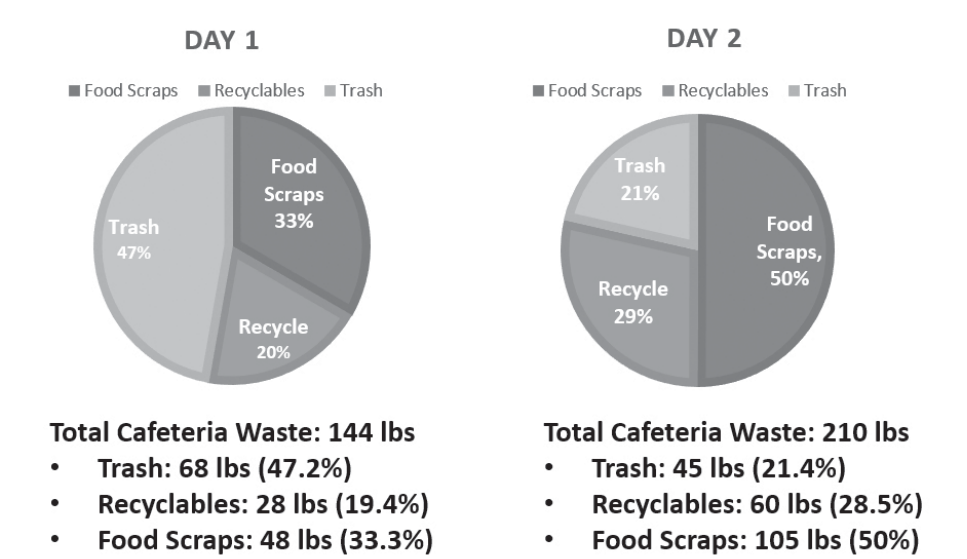
"Over the last few years, we have had an increase in the number of families applying for emergency fuel and

food assistance", stated Mary Ellen LaRocca, Director of Human Services. Since Human Services is anticipating an increased need for fuel and food this year, it is inviting schools, church groups and civic organizations to consider sponsoring fund raisers to join its mission to keep our residents warm and safe this winter season.

Checks should be made out to the Town of Woodbridge Fuel/Food Fund and mailed to Woodbridge Human Services Department, 11 Meetinghouse Lane, Woodbridge, CT 06525.

“If Columbus had an advisory committee he would probably still be at the dock.” — ARTHUR GOLDBERG

TOWN DEPARTMENTS & AGENCIES



Woodbridge Participates in Sustainable CT

Sustainability is defined as the ability to continue without being harmful to the environment or depleting natural resources. It is the long-term preservation of ecological balance. By now, everyone is aware of the damage humans have done to the planet. As a community, we can build on previous initiatives and further encourage work towards greater sustainability.

In the last year, Woodbridge has begun participating in Sustainable CT, an initiative to get communities on a local level to make changes so that the whole state can benefit. Its mission is “To provide municipalities with a menu of coordinated, voluntary actions, to continually become more sustainable; to provide resources and tools to assist municipalities in implementing sustainability actions and advancing their programs for the benefit of all residents; and to certify and recognize municipalities for their ongoing sustainability achievements.”

In September 2017, Woodbridge First Selectman Beth Heller named an Ad Hoc Sustainability Committee and tasked it with reviewing and advising the Board of Selectmen on initiatives such as energy use in municipal buildings; ways to boost recycling efforts; food and food waste; transportation and more. The committee’s charge also includes education and outreach to the public regarding these topics.

One of the recent projects spearheaded by the Sustainability Committee was a Compost Initiative Pilot at Beecher Road School that included all the students from Kindergarten - 6th grade. Over 2 days, during the many lunch waves, students were taught how to separate their waste into food scraps, trash and recycling. Parent volunteers along with Interns from Amity High School’s Service Learning Program assisted in the teaching and separation effort and helped to weigh the waste throughout the day.

The results were eye-opening. Food waste comprised 1/3-1/2 of the weight of all waste from the cafeteria. In terms of weight, the students discarded 48lbs of food one day and 105lbs of food the next. These are the weights of many of the students at Beecher Road School! It was a great learning experience for everyone. Decreasing food waste in our trash would significantly decrease the amount and weight of overall waste! This could save money and landfill space. Parent volunteers hope to continue it in the future by reducing food waste and hopefully diverting some of it to compost.

In collaboration with Beecher Road School, the Ad Hoc Sustainability Committee and the Woodbridge Town Library, parent volunteers have planned an exciting Composting Workshop on October 6, 2018 at 3pm featuring local expert Domingo Medina of New Haven’s Peels on Wheels. Mr. Medina will be giving an hour-long workshop/hands on discussion on how to start easy composting at home and lower your food waste. Everyone can register through the Woodbridge Town Library. People should bring their families and any questions they might have about composting.

Join the action as these groups take on sustainability efforts throughout the community. Keep an eye out for our future announcements and efforts at the Amity Middle School of Bethany and Amity Regional High School as well as additional events and learning opportunities planned by the Ad Hoc Sustainability Committee. If you would like to get involved, please contact Sheila McCreven at Town Hall (203) 389-3404 or smccreven@woodbridgect.org.

Town of Woodbridge Meetings for the Month of October 2018



Town Hall

(Subject to Change, Check with Town Clerk’s Office, 203-389-3422)

10/1	Human Services Commission..... 7:00pm Town Plan & Zoning Commission..... 7:30pm	Center Bldg. Town Hall
10/4	Board of Selectmen Ordinance Cmte.. 5:00pm	Town Hall
10/9	Police Commission 6:00pm Library Commission..... 6:30pm Zoning Board of Appeals 7:30pm	Police Dept. Library Town Hall
10/10	Board of Selectmen..... 5:00pm	Town Hall
10/11	Economic Development Comm. 7:00pm	Town Hall
10/15	Fire Commission..... 6:00pm CUPOP..... CANCELLED Town Plan & Zoning Comm. Special Mtg..... 7:00pm	Fire Station Center Bldg.
10/17	Inland Wetlands Agency 7:30pm	Town Hall
10/18	Board of Finance..... 6:00pm Conservation Commission..... 7:30pm	Town Hall Town Hall
10/22	Recreation Commission 7:00pm	Beecher School So.
10/23	Government Access TV Commission . 7:15pm	Town Hall

“Garden” From Page 1

she did not want to disrupt the use of gathering space, but to enhance it, by creating a space where people could “stop and smell the roses...and think of Arden,” she added. Arden loved flowers; she was an active member of the Garden Club and contributed much to the town’s life.

There already is a red maple tree across from the Town Hall, planted in honor of Schaffer’s grandfather, Ted Clark, who served as the town’s first selectman from 1948-1975. Arden’s Garden will hopefully thrive in the shade of Ted’s maple.

The new garden design also suggests planting two kousa dogwoods along the police department visitor parking lot, picking up the theme of dogwoods already planted by the police station. “It ties it all together,” Martino explained. She said the Gordon Family would plant one of the two trees, in the hope that more trees and benches could be donated from town folk going forward, possibly to screen the parking lot or along Meetinghouse Lane.

The landscaping comes with maintenance, Martino said, and that it was quite clear that both the town’s park staff and the Garden Club volunteers are stretched thin taking care of existing gardens. She said the Gordon Family was prepared to pick up half of the cost for an irrigation system for the gardens.

First Selectman Beth Heller thanked Schaffer for the “lovely gift in honor of her family’s long involvement with the town.” She introduced the proposal as a public-private partnership, with the town picking up a portion of the irrigation system, about \$1,150, which would come from the selectmen’s budget. The proposal would dovetail with the larger plan to enhance the center of town, she said.

Given selectmen’s approval, Martino said the implementation would happen during the month of October.

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TOWN DEPARTMENTS & AGENCIES

QPR Suicide Prevention Training

October 17th – Noon – 1 pm

The Bethany, Orange and Woodbridge Parenting Initiative in collaboration with Bridges Healthcare is offering this free Question, Persuade, Refer (QPR) training at the Woodbridge Public Library, 10 Newton Road. A boxed lunch will be provided after training so please register by October 10, 2018 to Peter Samenfink at psamenfink@bridgesmilford.org.

Woodbridge Job Bank Accepting New Members

Woodbridge residents between the ages of 13 and 18 are eligible to join the Job Bank to earn some money and help residents with work around the house or yard, babysitting, or tutoring. Sign up for your interview before the leaves start falling, and you're sure to keep busy. Contact Nancy Pfund at npfund@woodbridgect.org or call 203-389-3429 for an application and permission form.

Volunteers Needed For Food Pantry/Community Service Opportunity

Woodbridge Youth Services is look-

Youth Services

BY NANCY PFUND



ing for teens and adults to help sort food during the last few weeks of October in the food pantry at the Woodbridge Center Building. Contact Nancy Pfund at 203-389-3429 or email: npfund@woodbridgect.org for details.

Halloween MonSTAR Mash Costume Party

Seventh and eighth grade residents of Woodbridge, Bethany, and Orange will join forces for this spooktacular costume party at Amity Regional High School's cafeteria (25 Newton Road, Woodbridge) on Friday, October 19th from 7:00-9:00 pm. Middle schoolers can check out their future high school and meet future classmates. The \$5.00 fee covers Wax Hands and a rocking DJ specializing in games and trivia, crazy contests such as donut eating, the mummy wrap, best costume and much more. Refreshments and raffle tickets for awesome prizes are included. Pre-registration brings an extra raffle ticket by emailing Youthone@woodbridgect.org or by calling 203-389-

3429. Adult and high school volunteers needed. Call to sign-up. Community service hours offered.

Programs For Amity Middle School-Bethany Students: iPhone Photography Class



Youth Services iPhone Photography Class participants attended class at the Apple Store in New Haven to take photos and improve their skills

Woodbridge Youth Services is offering an exciting after-school trip on Thursday, October 18 for the iPhone Photography Sketch Walk workshop. Registered students will take a bus at

dismissal to the Apple Store in New Haven to tour around Yale, take photos, and return to the store for an editing/sketching session with advice from the pros. Artistic talent is not required. Snacks included. Students will return to the Amity Middle School-Bethany at 4:45 for parent pick-up. Space is limited. Fee of \$12.00 per class and permission slip and waivers are required in advance. Email youthone@woodbridgect.org or call 203-389-3429 to register.

Kindness Klub

Seventh and eighth graders can participate in the Klub which meets in the cafeteria after school to make simple crafts to be donated to an organization like a homeless shelter or Wounded Warriors. No special skills required. Sessions are free. Perform an act of Kindness while earning community service credit. Snacks are provided. These sessions are at Amity Middle School-Bethany, and conclude in time to hop on the late bus. Scheduled dates include: 11/1/18, 1/15/19, and 3/21/19 with additional dates to be determined. Permission form required. Email youthone@woodbridgect.org or call 203-389-3429 for information.



Amity Middle Schoolers from Woodbridge and Bethany have a blast watching Principal Dr. Dellinger on the Mechanical Bull at the Back to School Blowout – photo by Jessica Artemchuk



A student hangs on to the Mechanical Bull at the Back to School Blowout at Amity Middle School-Bethany



Senior Day at the J

FREE activities for seniors in the Greater New Haven community 11:30 a.m. - 1:30p.m.



THURSDAY, SEPTEMBER 27:
Harvest Creations for Sukkot
Wellness on the Terrace



THURSDAY, OCTOBER 11:
Quick Kitchen Fixes
Author Robert Berkowitz,
"The Long Damn Summer of '42"



SUNDAY, OCTOBER 21:
International Festival: Performances,
Film Screening, Games



THURSDAY, OCTOBER 25:
Challah Braiding



THURSDAY, NOVEMBER 8:
Listen and Learn: Richard Gelb, M.A.
"The Job and Work of Being a Patient"



SUNDAY, NOVEMBER 18:
Game Day with the Grandkids
Author Fran Hawthorne, "The Heirs"



SUNDAY, DECEMBER 2:
JCC Craft and Gift Fair
Hanukkah lighting

RSVP REQUESTED:

(203) 387-2424 x300 | jccnh.org/seniors | marab@jccnh.org

Beckerman Lender Jewish Community Building, 360 Amity Road, Woodbridge CT

AT THE WOODBRIDGE CENTER



Alzheimer's Mini Walk Group



2018 Living Treasures

Woodbridge Center Renovation

The Woodbridge Center will undergo substantial improvements beginning in October and continuing in November. An accessible restroom and ramp will be added to the facility to improve service to the community. During this renovation all activities will continue without interruption. However, some programming will occur in other locations. Exercise classes, lectures, card playing and hot meal service will be relocated to other areas of the Center Building, Town library and the First Church of Christ across the street at 5 Meetinghouse Lane. For more information regarding individual activities, please call The Center at 203-389-3430.

Breakfast at 10 – Lecture Series
October 24 – Brain Health: Untangling the Mystery of our Brains and Aging

How can we stay safe, healthy and independent? The Yale New Haven Hospital Traumatic Brain Injury (TBI) team will discuss how to prevent TBI and vital strategies to help our brains stay healthy, Woodbridge Library meeting room.

November 28 – Tips for Healthcare Self Advocacy

Jeanne Hughes, BSN, RN of Seabury Care at Home, Woodbridge Library meeting room.

October Lunch Menu

Lunch is served Tuesday and Friday at The Center Café at 12:15 pm. Cost is \$3-dine-in meals, \$4-take-out. RSVP is required by noon one day prior. Meals include bread, juice, coffee/tea and dessert. 10/2 Roast beef, mashed potato, vegetable, 10/5 Chicken oregano, rice, vegetable, 10/9 Chicken enchilada with rice, 10/12 Chicken 'n dumplings, 10/16 Moussaka, 10/19 Turkey pot pie, 10/23 Eggplant rollatini, 10/26 Shepard's pie.

Special Programming

RSVP Is Required One Day Prior Unless Otherwise Noted.

October 5 – Flu Clinic
11 am – 3 pm sponsored by the VNA in the Center gym. Please bring all insurance cards with you. The CDC recommends yearly flu shots.

October 9 – Hearing, Balance & Speech Audiology screenings
11 am - 12:15 pm & 12:45-2 pm. Hearing health discussion 12:15-12:45 pm with Ronni Mathews, M.S., CCC.

October 15 – Lunch Bunch!
Join in for lunch with friends at Gabrielle's Restaurant in Orange. Transportation is provided by The Center's van (\$3) or meet us there at noon. Self-pay at the restaurant.

October 16 – Lunch entertainment
Jim Sheehan, begins at 12:15 pm.

October 17 – State Senator George Logan's Senior Health and Wellness Fair
11 am - 2 pm at Warsaw Park, Ansonia. Transportation for Woodbridge residents will be provided at no cost by The Center. Please call to reserve a spot by October 10.

October 17 – Fall Ball
With New England Young at Heart 11 am - 3 pm at Aria in Prospect. Tickets are \$22 and transportation is \$3. RSVP by September 30.

October 23 – Halloween Cards
With Angel Antonino of Elizabeth's Home Care 11 am - 12 pm at the Congregational Church.

October 24 – Trip!
To Broadway with lunch at Carmines and choice of show: Wicked or My Fair Lady. Includes transportation, tickets to show, luncheon and gratuity, \$259.

October 29 – AARP Safe Driver Training
Class at 9 am - 1 pm in the Library meeting room; \$15 for AARP members, \$20 for non-members. Reservations are required.

October 30 – Halloween Party!
Lunch entertainment with Larry Batter, begins at 12:15 pm.

November 1 – Fascia's Chocolate Trip!
Leave The Center at 9:45 am, tour and hands on chocolate making-\$15. Lunch at the Station restaurant in Naugatuck, self-pay at the restaurant. RSVP by October 26.

November 7 – Bridge Class
Reverse Bids 6:45 - 9 pm with Rita Brieger in the Center gym. Learn reverse bids and recognize when your partner makes one. Intermediate level, space limited to 40 participants, \$5 fee. RSVP required.

Volunteers Needed
"The greatest gift you can give someone is your time." - Anonymous
October includes 'National Make a Difference Day' — a chance for each of us to consider ways to improve the lives of those around us. There are many opportunities here at The Center for those who want to be involved. We're looking for help with the Friendly Visitor & Telephone Reassurance program, lunch program volunteers, and talented people who might teach classes at The Center. Please call 203-389-3430 to sign up.

Meetinghouse Cafe
Come try the new Meetinghouse Café located at 4 Meetinghouse Lane on the lower level. The café is open to all ages from 8 am to 2 pm, Monday-Friday, and serves breakfast and lunch. During the renovation the café will be open for take-out only. Please call 203-389-3491 to order or drop in for a tasty meal!

CHOICES Counselors Available
Medicare's Open Enrollment period runs from October 1 to December 7. The Town of Woodbridge has certified CHOICES Counselors available to provide counseling and information on topics such as Medicare, Medicare Supplemental Insurance, Medicare HMOs, Long-Term Care Insurance and other state and federal benefit programs. Please contact Mary Ellen LaRocca or Judi Young for an appointment at (203)389-3429.

On-Going Programming New! Poker on Tuesdays, 1-3:30 pm
Join in for a friendly game of poker in the Center Building, Room11.

New! Tai Chi
With Instructor Gabriella Connolly, R.N. Wednesdays, 10-11 am and 11 am – 12 pm, 9/26-12/12. Space still available in the 11am-12 pm class.

Bocce
Tuesdays 11 am - 12 pm at the Bocce court in the picnic grove behind the Old Firehouse.

Exercise with Laurie
Workout includes a combination of strength training, cardio, flexibility and balance. Bring weights if you have them. Class is in the Center gym, Tuesday and Thursday, 10-11 am. No need to sign up—just pay a drop-in fee of \$2.

Book Club
The book club meets the 4th Tuesday of each month, 11 am at the Woodbridge Town Library. The next meeting is October 23. This month's book is Meet Me at the Museum by Anne Youngson. New members are welcome.

Art Class
Class begins October 31 and meets each Wednesday, 10 am - 12 pm, in the Center Building., room 11. The
See "Woodbridge Center" On Page 27



Third Annual JCC International Festival, Free and Open to the Community

Join the JCC of Greater New Haven, 360 Amity Road in Woodbridge for its third annual International Festival on Sunday, Oct. 21, from 11 a.m. to 2 p.m. The free event, which is perfect for children and families, highlights the rich and diverse cultural groups in the region through traditional music, dance, arts, crafts and games. Space is still available for groups and vendors. For more information, contact Emily Kurz at emilyk@jccnh.org or (203) 387-2424, ext. 306.

Fall registration available online
jccnh.org/programguide

IS FOR
JOYFUL

JOYFUL
MOMENTS
AT THE JCC.

Families share joyful moments at the New J, where they can make a new friends, learn to swim, or climb to the top of our rock wall. The J offers a wide variety of classes for children to enjoy: woodworking, cooking, basketball, dance, music, and more. At the New J, families of all backgrounds come together for learning, fun and friendship. **Discover your J.**

CLUBS & ORGANIZATIONS



Valerie Traumer, Dr. Gale E. Ridge, Susan Antinozzi, Sharon deKadt, Sery Kang, Joanne D'Angelo (president of the Garden Club of Woodbridge) and Linda Reilly are pictured behind their horticulture exhibits for September

Happenings At The Garden Club Of Woodbridge

The Garden Club of Woodbridge had a fascinating speaker, Dr. Gale E. Ridge from the Connecticut Agricultural Experiment Station at its September meeting. Dr. Ridge discussed the biology of bed bugs, precautions while traveling, and steps to take if bed bugs do get into your home.

The club asked members to bring to the meeting their home-grown plants to be critiqued. Members get valuable

information about what and how to exhibit horticulture at the Federated Garden Clubs of CT Annual Flower and Garden Show.

Also, at the meeting members swapped plants from their gardens at the club's annual plant exchange.

We welcome new members; if you have an interest in joining, please contact Judy at 203-376-1002 or email her at jsmam@aol.com.



Students from Chapel Haven's REACH program joined Anthony "Tony" Anastasio, President of the Woodbridge Rotary Club, (center, left) and Michael Storz, President of Chapel Haven, (center, right) in celebrating a \$2,000 donation from the Rotary Club to Chapel Haven. The donation stems from proceeds of the Rotary Club's 5th annual May 31 Wine Tasting and Annual Auction.



Pictured from left to right is Rotary Assistant District Governor, Albert May, Woodbridge Rotary President Spencer Rubin, and District Governor Larry Gardner. District Governor Larry Gardner addressed the Woodbridge Rotarians on membership at their breakfast meeting.

The Rotary is an organization of business and professional persons united worldwide who provide humanitarian service, encourage high ethical standards in all vocations, and help build good will and peace in the world. For more information on the Woodbridge Rotary Club, please visit the website, woodbridgerotary.org or contact Spencer Rubin at 203-823-5756 or spencerrubin91@gmail.com.



Eagle Scout Veteran Project Within Town Cemeteries

BY JASON LUCIANI
LIFE SCOUT TROOP 907

Boy Scout Troop 907 has been replacing Veterans flags in the Woodbridge cemeteries every year for over 25 years. As a Scout in the troop, I realized there was a critical need to replace the grave site Veteran flag holders which were either missing or broken. During the planning phase of my project I had decided to not only replace the flag holders, but to also cement every flag holder in order to permanently honor our veterans and

also build a nine-foot tall site-map sign. There will be a sign at each cemetery, that identifies the locations of every veteran's burial site.

If you know of a veteran buried in Woodbridge but his/her service details may not be recorded on the footstone or headstone, please contact my Scoutmaster via the "contact us" link on Troop 907 website (www.troop907.org). This will ensure every service member's grave locations are

See "Eagle Scout" On Page 19

CLUBS & ORGANIZATIONS

“Eagle Scout” From Page 18

honored with a flag holder and included on the new site map. Mapping is currently being completed, therefore all veteran information needs to be in as soon as possible. I currently have a list of potential veterans that need to be confirmed. If you are able to confirm or unconfirm a potential veteran listed below please contact me via the “contact us” link on Troop 907 Website.

List of Unconfirmed Vets in the Northwest cemetery:

- › Charles J Peck
- › Eric Wilkinson
- › Henry Carrington
- › Clifford MacDonald
- › Robert K. Beckert

List of Unconfirmed Vets in the Eastside Cemetery:

- › Clemate Testa
- › Domonic Tafuto
- › Thomas Glynn
- › Harry Merwin
- › Joseph Kalson
- › John Soresen
- › Leonard Dechanta
- › Arthur Smith
- › B.D. Hubbard
- › Edward Nicholas Wedge
- › Oscar Parente
- › Donald Andrus

- › D.C Pete Gager
- › Alcine R. Gager
- › James M Hay
- › William Thurston Gilbert Jr
- › William Thurston Gilbert
- › Frederick Thomas Shepard
- › Franklin A. Beecher
- › Sila Bernice Baldwin
- › William John German, MD’m,
- › Gustav A. Scholz

List of unconfirmed Vets in the Milford Side Cemetery:

- › Otto Schulz
- › Robert Schulz
- › Henry Borcerson
- › George A Monaco
- › Russell Mills Wilson
- › Seth E. Y Peck
- › William Leon Lyons
- › George Howard Knowlton
- › Boone T. Guyton
- › T. Bateman slocum
- › John Kerr Hammond
- › Louis Fenn Pike
- › Albert Schmiedecke
- › Melie Douklet
- › George Blackman
- › Russell Bacon
- › William Peck
- › James Peck
- › James B Peck
- › William Luberg
- › George Woodruff
- › Joel Northrup

Calling All Composters!

As part of ongoing sustainability efforts, Beecher Road School, Woodbridge Ad Hoc Sustainability Committee & Woodbridge Town Library invite you to come take part in a COMPOSTING WORKSHOP. The Workshop will feature Domingo Medina of New Haven’s Peels on Wheels Composting. Bring your families and your ques-

tions about home composting. Light refreshments provided (and composted after).
Where: Woodbridge Town Library
When: Saturday, October 6, 2018
3pm-4:30pm
Register at the Woodbridge Town Library Information Desk or by going to the website.

Scouts Hold Food Drive

On October 20 the Woodbridge Boy Scout Troop 63, along with help from Woodbridge Boy Scout Troop 907 and Venture Crew 913, will be collecting food and hygiene products to benefit the Woodbridge Human Services Food Pantry. Donations should be placed in a bag and left by your mailbox. Bags should be outside by 9 am on Saturday, October 20. Donations will be picked up by noon the same day. Please, NO glass or open containers. NO perishables. NO expired Items.
The Woodbridge Food Pantry can benefit from canned chicken, pasta

sauce, canned stews, breakfast cereal, peanut butter, jelly, soups, rice, canned vegetables, canned fruits, laundry detergent, and gift cards to Stop & Shop are always welcome. The Woodbridge Food Pantry provides residents who qualify - based on gross annual income, household size and assets - with food available throughout the year. Donations can also be taken to the Center School Building, Room 11, before 1 pm on October 20. For further information, please contact Judi Young, from Woodbridge Human Services, (203) 389-3429.

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80th ANNIVERSARY Theme Party

1930's Music and Vintage Attire!

\$100 Gift Card to Best 30's Costume
1st Drink Free if you come in 1938 Apparel

Friday, October 19th

Appetizer Buffet for \$19.38
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203-865-4489 or visit consigliosrestaurant.com

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Schedule a tour today and see for yourself.



Assisted Living & Memory Care
245 Indian River Road
Orange, Connecticut
203-795-3117
MaplewoodAtOrange.com



CLUBS & ORGANIZATIONS

New England Young Heart Hosting 2nd Annual Fall Ball

Founder and CEO of New England Young Heart, Elaine Marcucio is hosting our second annual FALL BALL. There will be a sit-down lunch, music, dancing, raffles, shopping and more! Elaine is excited to share that there will be vendors from all types of busi-

nesses there and the Seniors will have a chance to find services that they may need. It will be at Aria, in Prospect on October 17, from 11:00-3:00. Contact Elaine at 203-887-5047 or neyoung-atheart@gmail.com for Vendor Tables or Tickets.



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Woodbridge Happiness Club Meeting!

Join Bernie Siegel, M.D. & Lionel Ketchian for a discussion on Happiness and its Benefits. Lionel Ketchian is the co-host with Dr. Bernie Siegel on Mind Health Matters radio programs. Lionel is also the co-host on "The Happiness Show," broadcast on TV by Cablevision of Connecticut.

Take part in getting valuable tools and techniques for making your life the best it can be. Suffered enough? Do you really need to suffer anymore? Are you ready to learn to Be Happy? Being Happy will help you, suffer less and evolve spiritually. External events are

difficult for us without the right tools to deal with the turbulence that we all experience in life. Master these strategies to lessen your suffering. Your happiness can empower you and keep you on track. Learn to have the peace of mind you need and experience happiness now.

Everyone is welcome; meetings are free and no reservations are required. Meet some wonderful people using happiness in their lives.

Date & Time: Tuesday, October 23, from 6:00 to 7:45 PM.

Place: The Woodbridge Town Library located at 10 Newton Road, Woodbridge, CT.

For further info e-mail PrintLRK@aol.com, call 203-258-7777 or www.HappinessClub.com.

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Amity

Class

of 1973

Reunion

Amity Regional High School
- Class of 1973, Saturday,
November 24, 7-11pm,
Amarante's. For more
info please email: paula.
cofrancesco@gmail.com.





Q: I'm a big fan of **Lacey Chabert** and **Brennan Elliott** from the Hallmark channel. Apparently, they're going to star in a new mystery series and have starred together frequently. Are they married in real life? -- Nancy S., via email

A: While Lacey Chabert and Brennan Elliott have an easy chemistry, off-screen they're married to other people who aren't in the industry. The duo just wrapped up filming **"The Crossword Mysteries: A Puzzle to Die For"** for the Hallmark Movies & Mysteries channel. Their past TV movies together for the original Hallmark channel were the recent **"All of My Heart: The Wedding,"** its prequel **"All of My Heart: Inn Love"** and **"A Christmas Melody"** (which also starred **Mariah Carey**). Look for "Puzzle" to air in 2019.

Q: Can you tell me what's up with the next season of **"Stranger Things"**? I thought it was going to be back around Halloween. -- Nancy T., via email

A: That was the original plan, and what we last reported on. However, Netflix recently announced that production is taking a little longer than anticipated, so we'll have to wait until summer 2019 for season three.

In the meantime -- and if you live near or will be traveling to either Orlando, Florida, or Singapore -- you can experience the Upside Down firsthand ... if you dare.

Universal Studios premiered its all-new "Stranger Things" maze (their term for haunted house) at this year's Halloween Horror Nights 28. Made in concert with Netflix and the **Duffer Brothers** (the network even gave the creators the blueprints of set drawings to work from), the Universal cre-



Winona Ryder [Depositphotos]

ative team has beautifully replicated Hawkins, Indiana -- complete with a tour through the Byers' house (yes, the Christmas-light alphabet wall is there), the forest and, of course, the Upside Down.

There are Demogorgons around almost every corner, and the lookalike actors who play the "Stranger Things" characters are spot-on, especially the actress who played Joyce Byers (**Winona Ryder's** character) the night we went to experience the haunted maze. Halloween Horror Nights runs on select nights through Nov. 3. This definitely is an experience die-hard fans shouldn't miss.

Q: Is it true that **"Veronica Mars"** is coming back as a TV series and not just a movie? Will **Kristen Bell** be in it? -- Jeffrey G., via email

A: Yes, thanks to Hulu, "Veronica Mars" is being resuscitated 11 years after it ended its run on The CW network. Kristen Bell recently confirmed the news via social media, so it appears she's all in to reprise the title role. The reboot will consist of eight new episodes available in 2019 through the Hulu streaming service. Fans also will be able to watch all the original episodes as well as the 2014 movie on Hulu beginning the summer of 2019.

Send me your questions at NewCelebrityExtra@gmail.com!

FALL FASHION PREVIEW



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LOCAL BUSINESS ROUNDUP



On September 27, 2018 Traveland owners, Eitan, Tamir, and Oded Battat, celebrated their grand opening on Racebrook Road in Orange. Pictured above are Eitan Battat, Tamir Battat, Orange First Selectman James Zeoli, Oded Battat along with friends and family.

Traveland Opens In Orange

Traveland is a family-owned-and-operated Full Service Travel Agency. The Battat brothers – Eitan, Oded and Tamir – work and manage the two branch offices located in Bridgeport and Orange, CT. In order to accommodate the increase in both sales and personnel, the Shelton office was expanded and relocated to Orange, CT in July 2018. We are confident our larger, more convenient office space will satisfy the company’s growing needs into the future.

Established in 1978, Traveland has a wealth of knowledge and experience making us one of Fairfield County’s leading travel companies and the largest Full-Service Travel Agency in New Haven County. With a variety of travel options for singles, families and groups, we are the perfect solution for those travelers seeking assistance in planning their next vacation. Whether you need an airline ticket, a recommendation for that perfect destination spot or are ready to book your dream cruise, our Travel Advisors will “go the extra mile” to ensure the planning process is as enjoyable as the vacation itself. We invite you to get to know us and experience firsthand our high level of customer service and expertise.

ABRAVIO is the holding company for Traveland and its new office located at 564 Racebrook Road in Orange, CT. ABRAVIO is derived from the names Abraham and Violet Battat, the founders of Traveland.

Abraham was a District Engineer and City Planner for Jerusalem and

Violet had an extensive radio career in Israel. Together, their dream was to create a travel agency that would support their globetrotting style and allow them the opportunity to explore the world and frequent their favorite destinations which included Israel and the United States. That dream became reality when they established Traveland and opened their doors for business in 1978.

Traveland initially had one office in Bridgeport, CT and operated as a franchise of Empress Travel. The company had enough funding for a six-month period and Abraham invested additional time and personal finances to solidify the company’s presence. Although Abraham served as CEO and Founder of Traveland, he was proud of the fact that he never personally issued a single airline ticket or booked a travel reservation.

In 1987, ABRAVIO purchased a second agency in Shelton, CT and established Traveland, Inc. Over the years, the Shelton office enjoyed steady success and growth which necessitated a move to its larger facility in Orange.

In April 2018, Traveland celebrated 40 years in business! Abraham and Violet’s three sons kept their parent’s dream alive and successfully transformed Traveland into a diversified travel company with a dedicated and hardworking team of experienced travel consultants.

Circa 1980 Traveland’s first promotional billboard in Bridgeport, CT.



Recently, Coldwell Banker Residential Brokerage in Woodbridge presented a \$1,800. check to Judi Young, Senior Services Social Worker to be utilized for the Woodbridge Human Services Emergency Food and Fuel Fund. From left to right is Coldwell Banker Manager Aileen DeFeo presenting the check to Judi Young, while Carol McElrath, Sheila Salzman, Ericka Oliphant, Pat Cardozo and Dalia Coleman of Coldwell Banker look on. The Emergency Food and Fuel Fund provides residents who qualify with a one-time per year heating assistance. In addition, the Fund also provides emergency food assistance and holiday baskets for Woodbridge individuals and families in need.



Real Living Wareck D'Ostilio Supports DESK

John Wareck and Frank D'Ostilio, owners of Real Living Wareck D'Ostilio, and members of their team are truly dedicated to making their neighborhood a better place to live – and it shows.

For the fourth consecutive year, associates of the New Haven, CT-based brokerage volunteered with Downtown Evening Soup Kitchen (DESK) to serve meals for the area’s homeless and underserved. On top of serving meals, staff had also launched a campaign to raised more than \$1,000 and collected four full boxes of donations organization ahead of the holiday season.

In addition to supporting DESK, staff from the Real Living Wareck

D'Ostilio Branford office, led by Rhonda Young-Leu, delivered more than 100 meals throughout the neighborhood through Meals on Wheels. The group also washed dishes, set up and cleaned up the dining room, and removed trash to prepare the dining hall for the next day’s services.

“At Wareck D'Ostilio, we believe when we meet and interact with those in need, we are fostering a better community,” said Frank D'Ostilio, broker and co-owner of Real Living Wareck D'Ostilio. “Our volunteer work has given us an opportunity to understand the needs of our community and work harder to help those living in our area thrive to their potential.”

LOCAL BUSINESS ROUNDUP

Two New Pet Businesses Open In Woodbridge

Two new Woodbridge businesses are meeting pet-owners' needs: dog daycare and pet grooming.

Happy Homes on Bradley Road, a local daycare option for dogs, recently held a ribbon cutting attended by Selectman Joe Crisco. Co-owner Tracy Johnson lives in Bethany but had dreamed of opening a doggie daycare in Woodbridge for several years. She knew there was a need because friends of hers in the Amity section of New Haven and Bethany were driving their dogs to Hamden. Johnson and her co-owner, Kristen Iannucci, know dogs: Johnson is a veterinarian and Iannucci, of Derby, is a veterinarian technician.

The business is located in the rear basement of 131 Bradley Road, next to the Town's regional animal shelter. The reception room's walls are a cheery aqua color and the dogs' area is a large open space for running around. Dogs get to play ball, play tug and romp in a ball pit. There's a smaller section that can be closed off for puppies and smaller dogs where they can run through tunnels, play with chew toys and take naps. A fenced-in outdoor area has towers of tires, a picnic table and an outdoor children's playhouse that the dogs can climb on and run around.

"The dogs go home happy and exhausted," said Johnson while overseeing two dogs engage in a playful wrestling match.

Pet owners can choose to bring

their dogs for half days, full days, a few days a week or every weekday. Happy Homes offers group and private lessons for dog training, plus puppy day school where they play and learn socialization skills, crate training, house breaking and basic manners. "Busy dog owners may not have the time to train their puppies," says Johnson, "So we can train them at puppy day school." Puppy day school is for dogs ages eight weeks to six months. For more information on Happy Homes, visit www.happyhomesdog.com or call 203-298-0970.

Jill and Nicole Minervini opened Sticky Paws grooming salon in April of this year. The small and colorful grooming salon is decorated with pictures of dogs, four of which are their pets. Jill has been grooming dogs for approximately 20 years and ran a grooming salon in Massachusetts before moving to Connecticut. Nicole is an animal control officer for the City of New Haven and has worked as a veterinarian technician.

In the salon, there are a few grooming stations, dog crates in the back room and chew toys scattered across the floor. Grooming a dog can take anywhere from one to two-and-a-half hours, depending on the breed and the need. Most pet owners drop off their dog (cats and other pets are welcome too) and receive a phone call once the work is complete. Appointments are



preferred but walk-ins are welcome. Some animals need to be scheduled while no other animals are present; others prefer the company.

Grooming includes a haircut and bath, plus a nail trimming, ear cleaning and brushing. Most dogs are hand dried, but if the owner prefers a dog can be kenneled to air-dry.

All clients receive a gift bag which includes homemade organic pet cookies, a pet toy (hand sewn by a 13-year-old volunteer) and first-time visitors receive a framed Certificate of Bravery with a lock of their pet's hair. "We try

to make the animals as comfortable as possible," says Jill. "It's hard for dog owners – it's like dropping off your baby at daycare for the first time. We want people to know that we treat their animals like our own."

As she spoke, two pugs happily scampered around the room wandering in and out of the dog crates while they waited their owners' return.

Sticky Paws is open for appointments seven days a week. For more information, visit www.sticky-pawsgrooming.com or call 203-389-PAWS.

Wareck D'Ostilio Real Estate Welcomes Rick Bassett

Real Living Wareck D'Ostilio Real Estate proudly welcomes Realtor Rick Bassett to the team. He will be working out of the company's Woodbridge office.

Rick earned his Doctorate in Computer Information Systems from Pace University in 2003, his Masters in Computer Information Systems and his Bachelors in Computer Science from The University of New Haven. He is a tenured Associate Professor of Information Systems. and was formerly the Chair of the Management department at Southern Connecticut State University in New Haven, CT and the Assistant Dean of the Business School at Western Connecticut State University.

Rick also has extensive business

experience, which includes running an active technology consulting practice. He has over 18 years of personal real estate investment experience where he specializes in buying, rehabbing and renting prime residential and commercial properties.

Rick is an active member of the North Haven Rotary Club where he joined in 1990. He has served in numerous club roles since joining Rotary including being President in 2005 – 2006 and 2015 - 2016. Rick has been named Rotarian of the year twice and is a multiple Paul Harris Fellow. He has served District 7980 as Webmaster, Event Registrar, Assistant Governor, District Governor, Vice Governor and District Trainer. His current Rotary service includes: Assistant Governor

(Area 7), Vice Governor, District Trainer and NE PETS Registrar.

Rick currently resides in North Haven with his wife Jennifer and their Bassett hound, Mac. They have three adult children; two daughters and a son, and their grandson, Elliot.

Our company's continued growth over the past years, coupled with innovation, strategic planning, business integrity, and a demonstrated commitment to our clients, is why Rick joined our team," said John Wareck, Managing broker/partner. "We are delighted to welcome him to Wareck D'Ostilio and look forward to a great future together."

Rick can be reached at 203-584-7278 or email him at rbassett@rick-bassett.com.



Rick Bassett

“Nay, be a Columbus to whole new continents and worlds within you, opening new channels, not of trade, but of thought.” — HENRY DAVID THOREAU

HOUSES OF WORSHIP EVENTS

The First Church Of Christ October Special Events

The First Church of Woodbridge is holding a Woodbridge Homecoming, a Weekend of Arts and Music on October 19-21, in the Meeting House and Parish House at 5 Meeting House Lane.

The weekend will kick off on Friday the 19th with a Gallery Opening of works from community artists from 5-7 p.m. The artwork will be on display throughout the weekend. The Elm City Girls' Choir will perform from 7:30-8:30 p.m. in the Meeting House.

On Saturday the 20th from 3 – 4:30 p.m., Nenad Iovic, award-winning Yale pianist and current First Church organist will present Art at the Upright, a piano recital of Moussorgsky's virtuoso masterpiece Pictures at an Exhibition. The recital's title describes Iovic's use of an upright piano as an intimate way to first explain each section of Moussorgsky's visit to ten pictures in a gallery and then perform the individual artwork transformed into a piano composition.

From 5 – 6 pm, singer, songwriter and pianist Chrissy Gardner will perform an honest and powerful hour of acoustic soul music joined by Robert Messoro, who has been called "Connecticut's finest finger-style guitarist."

From 7-9 p.m. there will be a Square Dance in the Parish hall with caller Allan Borzek. Throughout Saturday afternoon people are invited to draw their own alter ego in the Parish House.

On Sunday the 21st, 10 – 11 a.m. Sunday Service in the historic meetinghouse surrounded by beautiful art. From 11:30 a.m. – 12:30 p.m. a performance by the St. Luke's Steel Drum Band.

October marks the 50th anniversary of Boy Scout Troop 907! In honor of this event First Church, the troop's sponsor, is having a Special Scout Sunday on October 28th. Current troop members will help at the service after which we will host a Re-



The First Church of Christ

ception for troop members, alumni, congregants, and guests in the Parish House as part of the annual Harvest Lunch sponsored by The First Church Men's Fellowship to mark the close of the annual food drive. For further information about the 50th anniversary celebration, please contact troop leader, Tom Luciani, at luciani33@sb-cglobal.net.

We also invite the community to join us for the following weekly services and special events:

Sunday Services – 10 a.m. including our Intergenerational Service the first Sunday of each month. Nursery care for small children is available during the Sunday services.

Church School - Sunday at 10 a.m. the second through fifth Sundays during the school year for children and youths ages 4 and up.

Middle School Youth Group for 5th – 8th graders meet the second Sunday of the month. In October the group will meet after the church service on the 14th to cook for Columbus House followed by an outing to get ice cream.

Boy Scout Troop 907 – meets weekly on Thursdays at 7 p.m. in the scout room.

Weekly Bible Study - Wednesday, 10-11 a.m., in the Parish House. We study both Old and New Testament passages based on the Lectionary.

For more information on these events, please contact us at (203) 389-2119 or office@uccw.org.

Annual Blessing Of The Animals

Save the Date! Sunday, October 7th The Blessing of the Animals. All are welcome to bring their furry (and feathered and slimy) friends to The Church of the Good Shepherd on Sunday, October 7, 2018 for a blessing of our faithful companions. Please join us at 4:30 pm for a Blessing and Holy Eucharist with your animals leashed or in carriers and stay for refreshments and fellowship in the Parish Hall following the service. Stuffed animals and photographs of pets, living and deceased will also be blessed.

The Episcopal Church of the Good Shepherd is located on 680 Racebrook Road, Orange, Connecticut. Sunday service times include Rite II Holy Eucharist without music at 8 a.m. and Rite II Holy Eucharist with music @ 10 a.m. For more information about The Church of the Good Shepherd's



many other programs, please call the Parish Office @ (203) 795-6577, email us @ thegoodspeherd@optonline.net, visit our website @ www.thegoodshepherdoranged.org, and, of course, check our Facebook page www.facebook.com/cgsorangedfor frequent postings.

Holy Infant Church Women's Guild

The Holy Infant Church Women's Guild will hold their next general meeting on Tuesday, October 9th at 6:45 pm in the Guild Hall. We will be painting Mandala stones. The colorfully dotted patterns are easy to create. Many people use images of mandalas as decoration or as visual aids for meditation or contemplation. Suzanne Anderson will be leading us in this craft. All materials will be provided.

The Guild will also be praying a Fatima Rosary on Saturday, Oct, 13th at



Holy Infant Church

noon. It will be outside on the Holy Infant Church grounds, weather permitting.

www.WoodbridgeTownNews.com

Congregation Or Shalom Hosts 12th Annual Kristallnacht Community Commemoration

In the fall of 1944, as Nazi Germany was carrying out its horrific "Final Solution", an attorney in the Treasury Department, named Josiah DuBois, slipped into the State Department files and made a startling discovery. What he learned confirmed his worst fears and drove him to feverishly write a report to President Franklin D. Roosevelt entitled, "The Acquiescence of This Government in the Murder of

the Jews." DuBois then approached his boss, Treasury Secretary Henry Morgenthau, with the words: "...Tell the President that if he doesn't act on this I'm going to resign and release it to the press!" DuBois' urgent report moved President Roosevelt to take personal responsibility for reaching out to the living victims of Nazi persecution. Indeed, upon reading it, the President immediately created a spe-

cial task force whose mission included "...taking all measures to rescue the victims of enemy oppression who are in imminent danger of death." President Roosevelt called his new task force, "The War Refugee Board". Although it was formed heartbreakingly late in WWII, Roosevelt's War Refugee Board succeeded in alleviating the plight of over a hundred thousand Holocaust victims. Raul Wallenberg, for example,

who was commissioned by the War Refugee Board, managed to rescue thousands of Hungarian Jews from the clutches of the Nazi regime.

What was the information in DuBois' report that jolted President Roosevelt to make his life-saving decision? Could the President have done more to reach out to the victims of

See "Kristallnacht" On Page 25

HOUSES OF WORSHIP EVENTS

Orange Congregational Church Weekly Services

Orange Congregational Church, located on the corner of Meeting House Lane and Orange Center Road, invites you to one of our regular weekly worship services at 8:00 a.m. in the Chapel or 10:00 a.m. in the Sanctuary. We are an Open & Affirming congregation: wherever you are on life's journey, you are welcome here. Child care and Sunday School are available during the 10 a.m. service. The Senior Choir sings at this service and the Junior Choir meets for practice after it.

Our regular Bible study group "God Is Still Talking" (G.I.S.T.) also meets on Sunday mornings at 8:15 a.m. Fellowship Breakfasts meet on the third Thursday of the month at 8:00 a.m. at Chip's Restaurant to hear different speakers. We have active Junior and Senior Youth Groups which youth in grades 6-12 are welcome to attend.



Orange Congregational Church

On Sunday, October 28th we will observe All Saints Day by reading a list during our worship service of those members who have died this past year. Our Music on the Green series will begin on Sunday, November 11th at 4:00 p.m. in the Sanctuary with a dulcimer performance from Ted Yoder. Tickets are \$10, available at the door. Please contact the church office at 203-795-9749 for more information on any of our events or programs.

You're Invited To Trinity Church!

Join us for Sunday School (all ages) at 9am and Worship Service at 10:30am. Sunday mornings at Trinity are a time we gather together to worship God, grow in Christ, and connect with one another. Come for an intergenerational, relational experience that is built around our core values of Worship, Discipleship, and Community.



Trinity Church

Youth (7-12th grade)

Youth Group meets Thursday evenings from 6:30-8:30pm. Most activities are at church, but some are offsite or on weekends (bowling, hiking, fun!). For details and schedule of activities, visit www.trinityefc.com/youth.

NextGen Worship Night

If you are in your 20s or 30s, please join us on the 3rd Friday of each month! We begin at 5:30 PM for music, prayer & a short message, followed by a time of fellowship.

Adults

Ministry activities include bible study, retreats, prayer groups, special events and more! Visit www.trinityefc.com/ministries/adult for more info.

Trinity Church is located at 33 Center Road, Woodbridge. For more information, contact the church office at trinityoffice@trinityefc.com or (203) 387-4711 x10. Also visit our website at www.trinityefc.com, and check us out on Facebook at www.facebook.com/trinitychurchwoodbridge or Instagram at www.instagram.com/trinityefc.

Congregation B'nai Jacob Adult Education Fall 2018

Sunday Morning Speaker Series

Dan Oren, MD - "The Wedding Photo"

Sunday, October 14, 10:00am

Drawing from his new book, "The Wedding Photo," B'nai Jacob member Dan Oren shares discoveries from his extended family that bring genealogy to life. A visit with his wife's cousin unearthed a breathtaking photograph of a 1926 Berlin wedding and leads to finding their unimaginable post-wedding lives. An archivist in Prague discovers a secret uncle with a celebrity-filled life. A New York Times article about Philip Roth dramatically uncovers a 90-year old man's hidden Jewish identity. If you haven't started your own genealogical queries yet, after this talk you will!

Rabbi Martin S. Cohen, Editor of the new Lev Shalem edition of Pirke Avot: Ethics of the Fathers - "How to Live a Good Life: What does Jewish Wisdom Literature Teach?"

Sunday, November 4, 10 am
at BEKI, New Haven

Rabbi Cohen will speak about the newest volume in the Lev Shalem series, which features commentary by upcoming Elm City Kallah scholar Rabbi Tamar Elad-Appelbaum and Gordon Tucker, prominent rabbi and former dean at JTS. Participate in a panel discussion with Rabbis Fred Hyman, Rona Shapiro, and Jon-Jay Tilsen, analyzing the wisdom of the sages with historical and contemporary insights. Order the book in advance to enhance your engagement. Register for the free brunch. Be part of the conversation.

Special Events

HIAS Shabbat - Dinner, Services and Special Program, Temple Emanuel, 150 Derby Avenue, Orange
Friday, October 19, 6 pm

For 137 years, HIAS (The Hebrew Immigrant Aid Society) has been welcoming immigrants and helping them to build new lives in America. HIAS welcomed our great-grandparents; today, it welcomes our neighbors. Join us for an inspiring program to learn more about the immigrant experience yesterday and today, and the work our



Congregation B'nai Jacob

community is doing through JCARR (Jewish Community Alliance for Refugee Resettlement) to resettle refugees in our community.

Challah Baking

Sunday, November 11, 9:30-11:30 am

Dana Schwartz, MD and Leslie Zackin will demonstrate two ways to prepare your challah dough: hand kneading and using a standing mixer with a dough hook. Home baked challah is a real treat and much easier than you might think! RSVP by November 7 to 203-389-2111 or cbj.receptionist@gmail.com. No fee to participate, but an \$18 donation to the Congregation B'nai Jacob Kiddush Fund is suggested.

Ongoing Classes

Reading the Talmud

Rabbi Rona Shapiro

Monday evenings 7:30 pm -
October 15, 22, 29; November
5, 12, 26; December 3, 10

The Babylonian Talmud, in many ways more so than the Bible, is the core text of the Jewish people and yet it is unknown to many of us. We will explore some of its breadth and depth, looking at both stories (aggadah) and law (halacha) as we work to gain insight into the rabbinic project and its meaning for us. No knowledge of Hebrew or Aramaic is required.

Learning and Prayer

Bread & Torah

EVERY Shabbat Morning Before
Services, 9:00 - 9:45am

Rabbi Shapiro explores the weekly Torah portion and how its story relates to our own. This year we will explore the Book of Jonah and the Five Megillot. Lively discussion over bagels and coffee. No experience necessary.

"Kristallnacht" From Page 24

Nazism? Come, learn and discuss! On Sunday morning November 18, 2018, 9 AM, Congregation Or Shalom, 205 Old Grassy Hill Road, Orange will honor the conscience and courage of Josiah DuBois at its 12th Annual Kristall-

nacht Community Commemoration. The highlight of the morning's program will take place when Mr. Robert DuBois, on behalf of his late father Josiah, receives a U.S. Senate commendation from Senator Richard Blumenthal. Guest speakers will include: Dr. Rebecca Erbelding, author of the new

and acclaimed book "Rescue Board"; Christy Marrella and her 8th grade students, creator of the award-winning video, "An American Holocaust Hero"; and Holocaust survivors and their families, rescued by the War Refugee Board. All are welcome. Free and open

to the public. This program is made possible by a generous donation from the Men's Club Yellow Candle Fund. Please join us for this exciting community event! For more information: 203-799-2341, Email: info@orshalomct.org, website: orshalomct.org.

BULLETIN BOARD

Please Note: If you have an event for the Bulletin Board, please send it along no matter how far in advance it is. We will include it in the appropriate issue(s) until the event has taken place.

Boy Scout Troop 63, meetings Monday nights 7:00pm-8:30pm, Our Lady of the Assumption “Mother” Church, 1700 Litchfield Turnpike (Route 63), Woodbridge; September-April and May-June outdoors at Camp Whiting, all boys ages 10 and up or who have completed the fifth grade are welcome to stop by and see what we’re all about. For more information, visit <http://www.troop963.org> or email Troop63CT@gmail.com.

Bereavement Support Groups, Tuesdays 4:00-5:30pm and Wednesdays 6:30-8:00pm, Griffin Hospital, 130 Division Street, Derby, support groups for anyone experiencing the loss of a loved one. Contact Janice Lautier at 203-732-1100 or jlautier@griffinhealth.org to register.

Woodbridge Republican Town Committee Meetings, second Tuesday of each month, 7:30pm, Center Cafeteria. Visitors welcome and we urge you to join us. For information, go to www.woodbridgегop.org.

Cancer Support Group, meets the second and fourth Tuesday afternoons of the month at Coachman’s Square, 21 Bradley Road, Woodbridge. If interested contact: Lucille Ranciato lranciato2@yahoo.com or Bernie Siegel, MD bugsys@siegel@sbcbglobal.net for details.

Alzheimer’s and Dementia Family Support Group Meeting, last Tuesday of the month, 6:00pm, JCC of

Greater New Haven, 360 Amity Road, Woodbridge in the West Rock Room. For more information, contact Averil Kelly, Ms, R-DMT, 203.389.2911.

Trap Falls Kennel Club Obedience Classes, every level, AKC STAR Puppy (obedience for dogs under 12 months) and Family Manners Classes/Obedience & Canine Good Citizen; Wednesday and Thursday evenings, Pawz for Wellness in Shelton. For registration and/or information, call 203-450-9485 or email tfkctraining@gmail.com. Trap Falls Kennel Club is a non-profit member club of the American Kennel Club (AKC).

Alzheimer’s Community Caregivers Support Group, 2nd Thursday of the month, 5:00pm, Arden House, Conference Room, 850 Mix Avenue, Hamden. Call Maria Paduano, Program Director to RSVP or for more information at 203-281-3500, ext. 7669; www.genesishcc.com.

Woodbridge Rotary Club Meetings, 1st and 3rd Fridays of the month, 7:30am breakfast meeting, Country Corner Diner, 756 Amity Road, Bethany and the 2nd and 4th Friday of the month, 12:15pm luncheon meeting, Woodbridge Social, 12 Selden Street, Woodbridge. Anyone interested in learning more about Rotary should contact Anna Dickerson, 203-710-0223 or annadickerson@yahoo.com.

Goat Yoga, every Saturday at 9am, 10:15am and 11:30am, Locket’s Meadow Farm, Bethany, \$25.00. Stretch and pose with our sweet baby goats (and pigs and puppies and who knows who else will wander through) and learn what the goat hype is about!

All funds from our programs go directly to support the rescued animals of Locket’s Meadow as well as to help fund our programs for special needs individuals. Please bring your own yoga mat, but if you forget, we have a few extra.

Ansonia Nature Center Events, 10 Deerfield Road, Ansonia; call 203-736-1053 to register for all events.

Alzheimer’s Caregivers Series, October 9 and November 13, 2018, 6:00-7:30pm, Griffin Hospital, 130 Division Street, Derby, light dinner will be served. This 2-part series will feature stories of caregivers and professionals about resources, monitoring care and providing meaningful connection for the person with late-stage Alzheimer’s and their families. RSVP: Esther at 203-732-1523.

Yale Concert Band Centennial Season Opener, Friday, October 12, 2018, 7:30pm, Woolsey Hall, New Haven; Free, 203-432-4111; www.yale.edu/yaleband; Thomas C. Duffy, Music Director. Symphonic Dances from West Side Story (L. Bernstein), Yankee Division March (O.E. Story); James Reese Europe & His Society Orchestra.

Free Prostate Cancer Screening, Wednesday, October 17, 4:00-6:00pm, Center for Cancer Care, Griffin Hospital, 350 Seymour Avenue, Derby. Prostate cancer screenings are recommended for men at 50 years old. Space for the free screenings is limited, so early registration is encouraged. Call 203-732-1280.

Bethany Volunteer Fire Department Auxiliary Evening of Paint-

ing, Friday, October 19, 2018, 7:00-10:00pm, arrive at 7:00pm to set up and chat with your neighbors, painting will begin at 8:00pm, Fire Department Headquarters, 765 Amity Road Bethany, \$35/pp includes all painting supplies, tea, coffee, dessert, paper products and ice, bring your beverage of choice, snacks and imagination! Space is limited. A professional artist from ArtPlus Studio will assist you and your friends in creating a beautiful fall themed painting titled Fall Festival. Please reserve your spot by October 12. Contact Judy at 978-500-5090 or js@queenbee@gmail.com for reservations or if you have any questions.

The Crohn’s and Colitis Foundation Annual Shoreline Take Steps Walk, Saturday, October 27, 2018, Guilford Fairgrounds, a family friendly day of activities, food and celebration of our patients and honored heroes, The Crohn’s & Colitis Foundation national non-profit organization working to cure Crohn’s disease and ulcerative colitis and improve the quality of life of the 1.6 million Americans suffering from Crohn’s and colitis. Information and registration www.cctakesteps.org/Shoreline2018.

PUPkin Fest with Pooch Parade and Canine Costume Contest, Sunday, October 28, 2018, 1:00-3:00pm, Town Green; Afternoon of fun for Humans and Canines; Free Admission; Food Trucks, fun activities including Tricks for Treats and presentation by CT State Olympic-winning K-9 team. Costume contest entry/\$10, all proceeds to build the Woodbridge Dog Park. For more info woodbridgedogpark@gmail.com; Facebook, Woodbridge Dog Park Cooperative.

Recycled Halloween Costumes

Nothing says Halloween like the perfect costume. Children may spend months thinking about what they will wear and how they can bring their favorite characters from movies, comics and books to life.

Billions of dollars are spent each year on Halloween costumes, advises the National Retail Federation. Many of these costumes are worn just once. The environmental group Recycle Nation states that Halloween costumes are often made with low-value materials like petroleum-based polyester and a mix of other materials. Financially savvy environmentalists may lament that Halloween costumes can be wasteful and potentially harmful to the environment. Recycling and reusing these garments can quell such concerns.

Use recycled materials

Pinterest is awash with ideas for turning different materials into homemade Halloween costumes. With a little creativity, boxes, paper bags, plastic water bottles, and more can be upcycled into costumes at little or no cost. Afterwards, costumes can be broken down and individual parts can be recycled.

Parents also can look for items around the house that potentially can be used to make costumes. An apron and a whisk is the perfect representation of a pastry chef. Wearing a pair of overalls and holding a hammer can signify a construction worker.

Swap and share costumes

Another way to get more mileage out of costumes is to swap them with other people. This way another family can benefit, and the costume will not

end up in the garbage after a single use.

Consider turning the idea into a fundraiser for a school or sports organization. People can donate their costumes to the cause, and then others can shop the selection and pay a \$5 donation for a costume. The school or organization keeps the proceeds, and kids get gently used costumes.

Recycle where applicable

Petroleum-based Halloween costumes that go into landfills will sit there a long time. Choosing costumes made from natural materials can help prevent this problem.

Clothing and textiles are notoriously hard to recycle, but some items on costumes may be recycled into new things. Theater groups perhaps can use pieces of old costumes to create wardrobes for their productions. Or

children can use items for pretend play. Crafters with a creative eye may take apart pieces of costumes and turn them into artwork or home decor.

Sell older costumes

Try selling a costume through an online site like Craigslist. Many people are happy to get a discount on costumes that are in good shape. Otherwise, work with a thrift shop or consignment store. Costumes may bring in foot traffic for these retailers, and they’ll be happy to take costumes in good condition prior to the Halloween season. Accessories like tiaras, swords, hats, and cloaks also can be sold or swapped.

Halloween costumes are easy to enjoy, and those who want to think a little greener can find new ways to get more use out of costumes.

JCC Weight Loss Challenge

Six weeks from October 14 – November 24

Are you ready to get serious, not only about your weight loss but maintaining your goals and becoming fit, strong and healthy? Now in its 15th season, the JCC’s successful weight-loss challenge (formerly Largest Loser) is a comprehensive program that encourages participants to lose weight and make the necessary lifestyle changes to live a healthier, happier, active life.

Our team of fitness professionals includes: exercise physiologist, registered dietitian, health coaches, certified experienced personal trainers and specialty health care professionals.

All activities take place at the JCC of Greater New Haven, located in Woodbridge. Weight Loss Challenge participants have unlimited access to our full-service recreational facility featuring a fitness center, basketball gym, racquetball courts, 25-yard swimming pool, group exercise classes, Spinning, and cardio and strength training equipment.

THIS 6 WEEK PROGRAM OFFERS

- › 3 team workouts per week to increase your overall fitness
- › Simple nutrition strategies to im-

- prove your eating habits
- › Skill building for a healthy lifestyle
- › Weekly weigh-in
- › Motivation, guidance, camaraderie

TESTIMONIALS

“Loved the program! Great camaraderie meeting and working out with others to reach our goals!” — EMILY SANDBERG

“This program was accommodating for all levels of fitness.” — HOWARD KRIEGER

“What a great experience to get started back on the right track! All the trainers and participants were great to work with!” — JESSICA RAY

“It’s never too late to take care of yourself.” — SUE KAUFMAN

“I loved the program and camaraderie. It improved my outlook on life.” — SUE ROSENBERG

To Register Today:

Jess Ciola, Assistant Director of Health & Wellness Services, JCC of Greater New Haven
(203) 387-2424 x266
jessc@jccnh.org
www.jccnh.org/weight-loss

“Woodbridge Center” From Page 16

class is taught by local artist Graham Dale. Call to register for the ten-week class—\$60.

Friday Movies

Following lunch in The Center’s lounge on 10/5 and moving to the Library meeting room starting on 10/12 at 1 pm: Favorite Film Friday: 10/5 Agatha Christie’s Death on the Nile, 10/12 RBG (Ruth Bader Ginsberg), 10/19 Won’t You Be My Neighbor (Fred Rogers), 10/26 Three Identical Strangers.

Ask the Nurse

1st and 3rd Tuesday of the month, 11 am - 12:30 pm in the Center’s lounge- blood pressure screenings, weight and conversation with a registered VNA Community Healthcare Nurse.

Duplicate Bridge

Mondays, 9 am, in the Cafe.

Bridge

The Center’s Wednesday bridge group invites new members! Join the group for a friendly card game. No reservations necessary—just come to the Center Building, Room 11.

Pinochle

Mondays and Thursdays in the Center Building room 11 and meets Wednesdays, 1-4 pm, in the Town library, meeting room. Come any day—the group looks for new players and is willing to bring rusty players up to speed!

Yoga for Healthy Aging

Meets Fridays, September 7 through November 16 from 11:45 am -1 pm in the Center Building, Room 16, with instructor Julie Luciani. The class fee will be pro-rated for anyone registering late. Class combines seated and standing postures and is safe for all. Reserve your spot—11 sessions for \$75.

Mah-jong

Monday & Friday, 10 am, Center Building, Room 11.

Pickleball

Meets Monday-Thursday, the Center gym for group play, 12:30-2:30 pm and Friday, 12:30-3:30 pm. Paid annual members may arrange playing times with other players through the Doodle scheduling tool. Annual membership is \$20 with a suggested \$5 additional donation. Equipment is available on a first come, first served basis.



Benny the Bagel, JCC’s Bagel Run mascot, is high-fiving with the kids at the start line of the Children’s Run.



JCC’s Murray Lender 5K Bagel Run and Family Fun Walk attracted over 300 participants of all ages.

Winners at the JCC Murray Lender 5K Bagel Run

More than 300 runners and walkers of all ages participated in the 8th annual Murray Lender 5K Bagel Run and Family Fun Walk held at the JCC of Greater New Haven. The event, best known for its bagel-made medals, featured bounce house and pony rides for kids, a DJ, great food and refreshment and, of course, lots of bagels. Participants praised the free pre- and post-run massages and trainer-assisted stretching. Food for the event was donated by local bakeries, grocery stores, and even made in the kitchens of JCC Members and staff.

Piotr Kostyk (28), Jeffrey Townsend (46), and Matthew Santillo (43), won the top three places in the overall male category. Kaitlyn Hebert (21), Susan Freudzon (39), and Leah Samson (40), won the top three paces in the overall female category.

The Murray Lender 5K Bagel Run and Family Fun Walk is an important

fundraiser supporting the JCC of Greater New Haven’s fitness offerings. The JCC wishes to thank the event’s Title sponsor Titan Energy, a national provider of maintenance and repair service for power generators, switches and UPS. The complete list of sponsors, as well as best times and event photos can be viewed at www.jccnh.org/bagel-run

The Bagel Run has been held annually since 2011, but was dedicated and renamed to The Murray Lender 5k Bagel Run, in 2012. Lender was a leader in the community, planning many events for communal organizations and causes over the years. He was the driving force in creating the 360 Amity Road Campus for the JCC. While the rest of the world knows him and his brother Marvin for their bagels, the Murray Lender 5K Bagel Run now pays homage to his generous spirit and love for the community.

WOODBRIDGE LIBRARY

For the latest news and information, visit our website, like us on Facebook, or sign up for our e-newsletter

Adult Programs

For more information about our events, please contact the reference desk at 203-389-3434.

Composting Workshop

Saturday, October 6 at 3 pm

To have a healthy lawn and garden, you need healthy soil. Compost is what you need to nourish your soil. Starting a home composting area is easy, and you already have the ingredients in your kitchen! Composting can reduce your carbon footprint by reducing food waste that goes into incinerators, supporting a cleaner environment. As part of ongoing sustainability efforts, Beecher Road School, the Town's Ad Hoc Sustainability Committee, and Woodbridge Town Library invite you to learn to compost at home at a free workshop. Domingo Medina of New Haven's Peels & Wheels Composting will speak about how to compost at home. This program is open to all—bring your families and your questions! We will start in the library's meeting room and then head outside for a hands-on demonstration. Light refreshments will be provided—and composted at the event! Please register online or at the library.

Tovah Martin – A Boot Camp for Your Senses

Tuesday, October 10 at 7 pm

Rescheduled from May 15, the night of the tornado. Please register/re-register. Explore the garden on all levels by attuning your nose to the scents and training your ears to listen. Learn to garden with eyes wide open, ears to the ground, and hands outstretched. You will be led through an odyssey of exploration to awaken the senses and arouse your abilities of perception on all levels. Sharing advice and ideas to deeply enhance the gardening experience while also incorporating a "Smellathon" to help get nostrils in gear, this lecture is beautiful and fun as well as highly practical. This lecture coincides with the publication of a new book, The Garden in Every Sense and Season.

An accredited Organic Land Care Professional through NOFA, Tovah Martin gardens fanatically and organically both indoors and throughout her seven-acre Connecticut garden. She has written more than a dozen gardening books. She served as garden editor for Victoria magazine; in addition, her articles appear in a broad range of magazines and periodicals. She is a repeat guest on the CBS Sunday Early Show. Tovah teaches houseplant cultivation to Master Gardeners and lectures extensively throughout the country.

Spectacular Squash with Robin Glowa, The Conscious Cook

Thursday, October 16 at 7 pm

Whether it be butternut, acorn, spaghetti, or another variety, squash is one of the most versatile and delicious autumn ingredients. This class will explore creative new ways to cook and create with this abundant autumn crop. Samples and recipes provided. This program is for teens and adults, ages 14 and up. Registration is required; this is a very popular program and space is limited. Please register online or at the library.

Brain Health: Untangling the Mystery of Our Brains and Aging

Tuesday, October 24 at 10 am

How can we stay safe, healthy, and independent? The Yale-New Haven Hospital Traumatic Brain Injury (TBI) Team will discuss how to prevent TBI and vital strategies to help our brains stay healthy. Presented by the Woodbridge Center. Please register online or at the library.

Film Screenings

October's Thursday Night Film Screenings will become DOCU-TOBER, as we screen some recently released documentaries. Join us at 7 pm in the meeting room; no registration required. Can't make it on Thursday nights? Starting October 12, we'll show an encore presentation on Friday afternoons at 1 pm.

RBG

Thursday, October 11 at 7 pm or Friday, October 12 at 1 pm

96 minutes; PG. At the age of 84, U.S. Supreme Court Justice Ruth Bader Ginsburg has developed a breathtaking legal legacy while becoming an unexpected pop culture icon. But without a definitive Ginsburg biography, the unique personal journey of this diminutive, quiet warrior's rise to the nation's highest court has been largely unknown, even to some of her biggest fans—until now. RBG is a revelatory documentary exploring Ginsburg's exceptional life and career.

Won't You Be My Neighbor

Thursday, October 18 at 7 pm or Friday, October 19 at 1 pm

94 minutes; PG-13. An intimate look at America's favorite neighbor Mister Fred Rogers. A portrait of a man whom we all think we know, this emotional and moving film takes us beyond the zip-up cardigans and the land of make-believe, and into the heart of a creative genius who inspired generations of children with compassion and limitless imagination.

Three Identical Strangers

Thursday, October 25 at 7 pm



or Friday, October 26 at 1 pm

96 minutes; PG-13. Three strangers are reunited by astonishing coincidence after being born identical triplets, separated at birth, and adopted by three different families. Their jaw-dropping, feel-good story instantly becomes a global sensation complete with fame and celebrity, however, the fairy-tale reunion sets in motion a series of events that unearth an unimaginable secret—a secret with radical repercussions for us all.

Children's Activities & Events

For more information on our Children's Events, please visit our website or call 203-389-3439.

Sneak Peek Book Club (Grades 5 & 6)

Thursday, October 18 from 5:30-6:30 pm

Get your first look at brand new books at the library, make a Halloween craft, and have a snack! Register online or at the Children's Desk.

Halloween Preschool StoryCraft (Ages 3-5)

Saturday, October 27 at 11 am

Halloween stories, a craft, a costume parade and a surprise! Please register online—space and supplies limited.

WingMasters Birds of Prey Show (all ages)

Saturday, October 27 at 2 pm

Enjoy hawks, owls, and more in the meeting room. Online registration required. All children MUST be accompanied by an adult at all times. After the Birds of Prey show, come upstairs for an owl craft. Free surprise for all kids!

Eager Readers Book Group (Grades K-2)

Monday, October 29 at 4:30 pm (Please note the change in event time)

Stop by the Children's Desk to pick up a copy of each month's book selection and to register. Read the book at home and then join us for a book discussion and craft the night of the program. This month we'll be reading Scarecrow.

Babies Session (0-18 months)

Every Wednesday, 10:30-11 am

Join us for songs and rhymes, fun for little ones. No registration.

Ready to Read (18-36 months)

Every Thursday, 10:30-11 am

Find out how talking, singing and reading build vocabulary and a love of books! No registration.

Preschool Storycraft (3-5 years)

Every Saturday, 11-11:30 am

Stories and crafts for ages 3 to 5 with an adult. No registration, unless otherwise noted.

Friends of the Library Seek Mini Golf Sponsors

The Friends of the Woodbridge Library's next Mini Golf Fundraiser will be March 8 & 9, 2019. Many sponsors from last year will be returning, but there is room for a few more! Friday Night, after the Library is closed, is the adult "Par Tee". Appetizers, beer, and wine will be served at the "Nineteenth Hole" in the Library's Meeting Room. All day Saturday is "Fore Families".

Sponsorship (\$250 per hole) is an opportunity to support the Library while memorably showcasing your business. Sponsors are invited to promote their business with advertising: posters and business cards; popular items last year were sturdy shopping bags and Pop sockets for cell phones with company logos. At other libraries, food sponsors have given cookies or coupons and obstacles used on the Mini Golf course included a bank using bags of play money and large plastic teeth set up by a dentist.

We also are seeking a sponsor for a photo booth and local food and beverage sponsors for our Adult Night. Sponsors' names will appear on all publicity including on the players scorecards. The Friends will help sponsors design holes to best promote the businesses.

If interested, please contact the Friends for details at woodbridgectfriends@gmail.com, or 203 389-3493.

Alzheimer’s Association Offers Support Group Help

“My wife wanders throughout the night, waking me up every half hour. By the time morning comes, I am too exhausted to function adequately at work. What can I do?”

“My mother no longer recognizes me or my children and her behavior is often unpredictable when we try to take her someplace. Is there anything I can do to avoid these episodes?”

Caring for a person with Alzheimer’s disease can be challenge. Changes in the person’s behavior, caused by the progressive nature of the disease, can lead to frustration and anxiety for a caregiver.

To help those who care for Alzheimer’s patients, the Alzheimer’s Association Connecticut Chapter facilitates approximately 90 support groups throughout the state. One of the sup-

port groups is located in Woodbridge, CT where it meets the last Tuesday of every month at 6:00PM.

Caregivers attending a meeting find a relaxed, confidential atmosphere. They can share their experiences and offer suggestions for handling specific medical, legal, behavioral and financial problems. The trained group facilitator also provides information about resources in the community and updates about ongoing research options.

Information about Alzheimer’s disease and support groups can be obtained by calling the Alzheimer’s Association at 800-272-3900. The main office of the Alzheimer’s Association Connecticut Chapter is located in Southington with satellite offices located in Norwalk, Hamden, Norwich and New Milford.



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Woodbridge:

Applicants must be 62 or older or disabled. One Bdrm-\$1063/mo; Two Bdrm-\$1112/mo incl utilities. On-site laundry, patios with garden area, off-street parking, handicapped accessible. CHFA Financed. Approved for Vouchers; Don’t Offer Subsidy. EHO.

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Lock Stock & Barrel 770 Amity Road, Bethany 203-393-0002

Farm Supply store looking to add several associates to our growing team. Must be have a positive attitude, be team oriented, outgoing, and friendly. If interested please call or stop in for an application.

Experienced Delivery Driver/Warehouse

Responsibilities include local deliveries of feed and supplies, pick-up and delivery of power equipment, and assisting in the warehouse. Must be able to lift up to 100 lbs. and have a clean driving record.

Sales Associate

Responsibilities include assisting customers with purchases, checking and restocking inventory, and must be able to lift up to 50 lbs. Previous experience or background with animals a plus.

ENTERTAINMENT

TOP 10 MOVIES

1. The House With a Clock in Its Walls (PG)

Jack Black, Cate Blanchett
2. A Simple Favor (R)

Anna Kendrick, Blake Lively
3. The Nun (R)

Demian Bichir, Taissa Farmiga
4. The Predator (R)

Boyd Holbrook, Trevante Rhodes
5. Crazy Rich Asians (PG-13)

Constance Wu, Henry Golding
6. White Boy Rick (R)

Matthew McConaughey, Richie Merritt
7. Peppermint (R)

Jennifer Garner, John Gallagher Jr.
8. Fahrenheit 11/9 (R)

Michael Moore
9. The Meg (PG-13)

Jason Statham, Bingbing Li
10. Searching (PG-13)

John Cho, Sara Sohn

TOP 10 V.O.D.

1. Ocean's 8 (PG-13)

Sandra Bullock
2. Gotti (R)

John Travolta
3. Adrift (PG-13)

Shailene Woodley
4. Book Club (PG-13)

Diane Keaton
5. Deadpool 2 (R)

Ryan Reynolds
6. TAG (R)

Jeremy Renner
7. SuperFly (R)

Trevor Jackson
8. Avengers: Infinity War (PG-13)

Robert Downey Jr.
9. Hereditary (R)

Toni Collette
10. Life of the Party (PG-13)

Melissa McCarthy



Scene from “Three Identical Strangers” [NEON]

EDITOR’S NOTE: DVDs reviewed in this column are available in stores the week of October 1, 2018.

PICKS OF THE WEEK

“The First Purge” (R) -- As has been established in the first three films in this series, the Purge is a horrific (or hedonistic) annual set-aside of 12 hours during which all actions are decriminalized. This fourth installment, an origin story, might be the most gruesome or uncomfortable of the lot. The New Founding Fathers of America have overtaken the country post-revolution, and Dr. May Updale (Marisa Tomei) announces her experiment: allow the population to exorcise their demons this one night, so that the crime rate will stay low the rest of the year. Stay in your homes, and you get paid. Participate, and you get creepy contact lenses to broadcast your actions. Drug dealer Dmitri (Y’lan Noel), who stays behind to protect his stash, and his ex-girlfriend, Nya (Lex Scott Davis), an anti-Purge protestor, must battle for their very lives when goons are sent in to stir the pot.

“Leave No Trace” (PG) -- Director Debra

Granik delivers a stunningly touching study of what it means to be a functioning member of society. Will (Ben Foster) and 13-year-old daughter Tom (Thomasin McKenzie) live in a society of two, in a woodlands park in Portland, Oregon, venturing into town only for supplies. Will is a veteran who suffers from PTSD. When they are discovered and shunted into the social-services system, they each begin to explore their individual needs, both from the world around them and each other.

“Sicaro: Day of the Soldado” (R) -- Mexican drug cartels are trafficking in terrorists, helping them gain entry to the United States, or so suspect American spies. They formulate a plan to refocus the cartels by encouraging a war between them. Agent Matt Graver (Josh Brolin) enlists the assistance of Alejandro Gillick (Benicio del Toro), an assassin who swoops in to take out one high-level target and blame it on the other side. But when a plan to kidnap the daughter (Isabela Moner) of a kingpin goes south, it puts Graver and Gillick on opposing sides. This sequel to “Sicaro” deals in many of the same locales but is more bullets-and-gun-smoke action than psychological drama.

“Three Identical Strangers” (PG-13) -- The true story of three boys, identical triplets separated at birth, who unbelievably reconnected at age 19 would be incredible enough. Fascinatingly, there’s much more to the story. Director Tim Wardle takes us on a journey with these men -- David Kellman, Eddy Galland and Bobby Shafran -- who were unknowingly the subjects of a lifelong study in personality development and the debate over nature versus nurture, each being adopted at birth into similar family structures at deliberately different socio-economic strata. It’s an informative, intriguing and very well-done documentary.

1. Name the female artist who in 1969 was the first to release “Easy Come, Easy Go.”

2. What blues singer released an album titled “Don’t Be Afraid of the Dark”?

3. Which artist was the first to release “Nothing’s Gonna Change My Love for You”?

4. Name the group that released “I’m Happy Just to Dance With You,” and when?

5. Name the song that contains this lyric: “I left Tennessee in a hurry, dear, The same way that I’m leavin’ you, Because love is mainly just memories And everyone’s got them a few.”



1. Cass Elliot, in 1969, on her second album, “Bubblegum, Lemonade & ... Something for Mama.” Bobby Sherman covered the song the next year. 2. Robert Cray, in 1988. Cray already had won five Grammys, including one for his “Strong Persuader” album in 1986. 3. George Benson, in 1985. He never released the single (only videos) in the U.S., and the song received little notice until Glenn Medeiros released his version two years later. 4. The Beatles, in 1964. 5. “The Brand New Tennessee Waltz,” by singer-songwriter Jesse Winchester, in 1970. This was the first song Winchester ever wrote, in Canada, where he’d moved to avoid the draft.

Sports Quiz

BY CHRIS RICHCREEK

1. Entering 2018, when was the last time a pitcher started 36 or more games in a major-league season?

2. Which major-league team did Lou Piniella manage first, and which one did he manage the longest?

3. When was the last time before 2017 that the University of Miami, Fla., won a bowl game by more than one point?

4. In the 2016-17 NBA season, Elfrid Payton became the fifth player in Orlando Magic history to have at least 1,000 points and 500 assists in a season. Name two of the other four to do it.

5. Who were the last players before Pittsburgh’s Jake Guentzel in 2018 to reach 20 points in 10 or fewer NHL playoff games?

6. Name the last time before 2018 that Russia’s men’s soccer team advanced to the knockout stage of the World Cup.

7. When was the last time before 2018 that the U.S. won wrestling’s World Cup?

1. In 2003, Atlanta’s Greg Maddux and Toronto’s Roy Halladay each started 36 games. 2. The New York Yankees (1966); the Seattle Mariners (1993-2002). 3. It was 2004 (the Hurricanes beat Florida, 27-10, in the Peach Bowl). 4. Messier and Wayne Gretzky, in 1988. 6. It was 1986, when the team represented the Soviet Union. 7. It was 2003. Penny Hardaway (three times), Scott Skiles (three), Darrell Armstrong (twice) and Steve Francis (once). 5. Mark

Sudoku answers
on page 32

Weekly SUDOKU

by Linda Thistle

3				9				6
	7		8					3
		4			1	5		
		1	2	8				7
6				7		8		
	2				3		5	
	3		9			1		
5				6				9
		2			5		7	

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦♦

♦ Moderate ♦♦ Challenging
♦♦♦ HOO BOY!

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COMICS/CROSSWORD/HOLLYWOOD

Henry

BY DON TRACHTE

The Spats

by Jeff Pickering

HOLLYWOOD

BY TONY RIZZO

In 1960 I met an actor at the stage door of "Little Moon of Alban," which starred Julie Harris. He was so new that he was shocked I'd want an autograph or to take a picture of him. I next waited to take pictures at the stage door of his play "Barefoot in the Park." He once asked, "Why do you take so many pictures of me?" and I told him, "You're going to Hollywood to become a big movie star!"

At a press conference for "All the President's Men" in 1976 at Warner Brothers Studio, he stood with Dustin Hoffman answering questions. He kept staring at me, and my mother (visiting me then) said, "He keeps looking at you." I said, "He thinks he knows me!" When it ended, he walked over to me and said, "I want to shake your hand, Tony, you were the first person to ever say I'd be a movie star!" I turned to my mom and said, "Mom, meet Robert Redford."

He recently announced that "The Old Man and the Gun," with Casey Affleck, Sissy Spacek and Danny Glover, which opened Sept. 28, will be his last film as an actor.

Last week I wrote about reboots and remakes, but I'm not the only one worried about the lack of original creativity today in films and TV. Redford and I are Facebook friends, and he recently wondered why Steven Spielberg was remaking the 1961 classic film musical "West Side Story." His Facebook page blew up and he was compelled to post, "OK everyone ... breathe. My post on Steven's remake of 'West Side Story' has reached epic comments. He will do what he will do. That is a fact. My opinion is just that, an opinion."



Robert Redford [Depositphotos]

"I also have personal reasons for my take on it. And I am referring to a classic by AFI (American Film Institute) standards, not Redford standards. Why do we watch the classics? Me? Because, I am vastly entertained by the beautiful directing, cinematography, writing, great acting and above all ... storyline that I encounter. 'West Side Story' won 10 Academy Awards! It doesn't need me to defend it. ... I just love it ... and that is my only reason for respectfully not wanting to see a new version. With that said, he had better buckle in and bring it. The new 'Ben-Hur' needed to be renamed 'Ben-Hurt,' I wish him well."

Considering that Redford created the Sundance Film Festival and that many films are launched from his platform, we respect his right to speak his mind -- after all, he was the Sundance Kid! Redford probably is the last male star created by the movie studios during The Golden Age of Hollywood. He's truly one of the last movie stars!

www.WoodbridgeTownNews.com

King Crossword

ACROSS

1 Request

4 Blunder

8 Weapon handle

12 Island neckwear

13 Sandwich cookie

14 Exile isle

15 Spelling contest

16 "West Side Story" composer

18 Tiny ear bone

20 Ball prop

21 Office part-timer

24 Stuffs tightly

28 "E = mc2" man

32 Not procrastinating

33 Chowd down

34 Precipitous

36 Historic time

37 Wound cover

39 Piano name

41 Pitched

43 2012 Ben Affleck movie

44 Vast expanse

46 Celery unit

50 "The Grapes of Wrath" author

55 Heavy weight

56 Frogs' hangout

DOWN

1 Actress Jessica

2 Witnessed

3 Chicken —

4 Drinking vessels

5 Tramcar contents

6 "— the fields we go"

7 Typeface

8 Straight, for short

9 Hearty brew

10 G-men's org.

11 Bronze

17 Moment

19 Part of TGIF

22 Citi Field team

23 Michelangelo masterpiece

25 Freshly

26 Actress Sorvino

27 Remain

28 Right on the map?

29 Pruritus

30 In the vicinity

31 — -do-well

35 Football

38 Adjoining

40 "To be or —"

42 Cyst

45 Sleeping

47 Small particle

48 Timber wolf

49 Make a sweater

50 Hot tub

51 Upper surface

52 Type measures

53 Greek vowel

54 Mangy mutt

1 2 3 4 5 6 7 8 9 10 11

12 13 14

15 16 17

18 19 20

21 22 23 24 25 26 27

28 29 30 31 32

33 34 35 36

37 38 39 40

41 42 43

44 45 46 47 48 49

50 51 52 53 54 55

56 57 58

59 60 61

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POPEYE

HERE WE GO AGAIN...

HE'S GONNA TOSS TH' FRISBEE...

...I HAVE T' LOOK HAPPY

HE TOSSES IT, AN' I HAVE TA CHASE TH' DUMB THING...

GO GIT IT, CHESTER!

...IF I DIDN'T CHASE IT, HE'D THINK I WUZ LAZY...

...SO I AGREE T' TH' STUPID GAME...

...AN' THAT KEEPS I'M HAPPY...

...AN' IF HE'S HAPPY, I'M HAPPY!

OF COURSE, I'D BE A LOT HAPPIER...

GOOD BOY!

...IF HE SOMETIMES TOSSED ME A STEAK!

King Crossword Answers on Page 32

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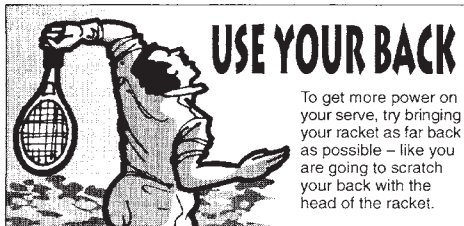
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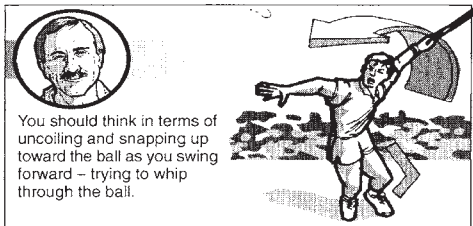
“We can no better imagine what will be happening on the moon 500 years from now than Columbus could imagine contemporary Manhattan. Except to say that it will be a place familiar to billions of people.” — SETH SHOSTAK

STAN SMITH’S TENNIS CLASS



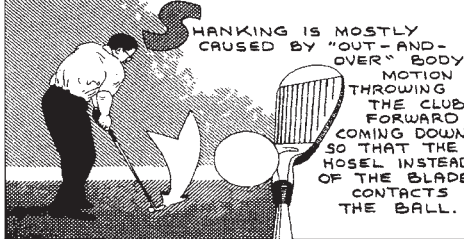
USE YOUR BACK

To get more power on your serve, try bringing your racket as far back as possible – like you are going to scratch your back with the head of the racket.

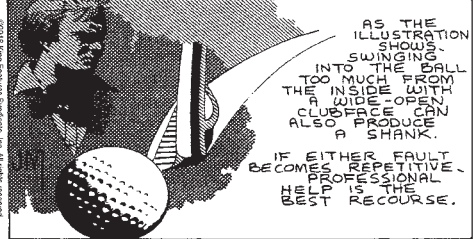


You should think in terms of uncouling and snapping up toward the ball as you swing forward – trying to whip through the ball.

Play Better Golf with JACK NICKLAUS



HANKING IS MOSTLY CAUSED BY “OUT-AND-OVER” BODY MOTION THROWING THE CLUB FORWARD COMING DOWN SO THAT THE HOSEL INSTEAD OF THE BLADE CONTACTS THE BALL.



AS THE ILLUSTRATION SHOWS, SWINGING INTO THE BALL TOO MUCH FROM THE INSIDE WITH A WIDE OPEN CLUBFACE CAN ALSO PRODUCE A SHANK.

IF EITHER FAULT BECOMES REPETITIVE, PROFESSIONAL HELP IS THE BEST RECOURSE.

Weekly SUDOKU

Answer

3	8	5	4	9	2	7	1	6
1	7	9	8	5	6	4	3	2
2	6	4	7	3	1	5	9	8
9	5	1	2	8	4	3	6	7
6	4	3	5	7	9	8	2	1
7	2	8	6	1	3	9	5	4
4	3	6	9	2	7	1	8	5
5	1	7	3	6	8	2	4	9
8	9	2	1	4	5	6	7	3

King Crossword

Answers

Solution time: 25 mins.

ASK	GOOF	HAFT
LEI	OREO	ELBA
BEE	BERN	STEIN
ANVIL	TEE	
	TEMP	CRAMS
EINSTEIN	ONIT	
ATE	STEEP	ERA
SCAB	STEINWAY	
THREW	ARGO	
	SEA	STALK
STEINBECK	TON	
POND	ETUI	OBI
APSE	DARN	MOT

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LOCAL SPORTS



Amity Teen Promotes Inclusive Cycling

Wesley Perler, a senior at Amity Regional High School, spends his spare time helping people who are unable to ride a bicycle on their own to enjoy the freedom of cycling through tandemming. Wesley is a member of the InTandem team based in Central Park, NYC that provides tandem rides primarily for the vision impaired, but also for those with other disabilities. As a member, he has participated in the 2018 Five Boro Ride, riding 40 miles with a blind Google software programmer. He has also given tandem bike presentations at Camp Argo, an autism inclusion camp in Orange, CT, as well as other summer camps for kids with disabilities. Wesley has expanded from the city to the Farmington Canal Trail in Cheshire where he is spreading his joy of cycling to those who might not otherwise have the opportunity to participate in the sport.

Wesley has teamed up with other disabled cyclists including fellow Amity student, Zakarai Schneider. Zakarai has Down Syndrome and other disabilities that prevent him from riding alone. His mother, Irena said, "I want to thank Wesley for the tandem biking. Never thought that Zakarai would be able to handle riding a 2-wheel bike, and tandem biking appears to be a perfect solution for his lack of coordination, and he feels safe. We have a tricycle that he got for the holidays last year, and even getting him to ride a 3-wheeler was a challenge. So, to see

him on a tandem bike is truly amazing." After training Zakarai's father, Mark, to ride a tandem with his son, Wesley inspired the Schneider family to take multiple trips to Central Park to ride with the InTandem organization.

InTandem is a non-profit organization that provides evening and weekend rides in Central Park and participates in organized cycling events. The organization owns a trailer of tandems and other cycling equipment located in the park. Members are matched with riders of the same skill level and are encouraged to use the equipment outside scheduled rides and events. As a member, Wesley has become involved with marketing the organization through bicycle billboard advertising and expanding the principles of the organization through local rides on the trail system in Connecticut. Wesley's billboards, which serve as a public service announcement about the organization, are the first of their kind in Central Park and required special permission from the Central Park Conservancy to be pulled through the park.

"I have spent my entire life cycling with my family across the country and hope to spread my love for this sport to the population of disabled persons," says Wesley. He and his family own multiple tandems, which he uses to ride with his new friends. He also lends them out so that parents can learn how to ride with their special-needs children, with the goal of inspiring them to continue the sport on their own.

Amity Academic Hall of Honor and Athletic Hall of Fame

2018-2019 Amity Academic Hall of Honor and Athletic Hall of Fame induction ceremony will be held on October 18, 2018 at the Grassy Hill Country Club in Orange beginning at 5:30 p.m.; honorees include:

John Bencivengo, Jr.

- › Class of 1976
- › Academic Hall of Honor
- › Owner, Executive Chef, U.S.S. Chowder Pot III

Steven A. Conn

- › Class of 1981
- › Academic Hall of Honor
- › Associate Athletics Director/Director of Sports Publicity, Yale University

Margaux Farrell

- › Class of 2008
- › Athletic Hall of Fame
- › Swimming

Thom Jacobs

- › Class of 1982
- › Athletic Hall of Fame
- › Track Coach

Tara Leigh Knight

- › Class of 1983
- › Academic Hall of Honor
- › Founder and Sr. Partner, Knight and Cerritelli Attorneys at Law

Richard Krevolin

- › Class of 1982
- › Academic Hall of Honor
- › Screenwriter, Author, Playwright, Professor

Robin (Gordon) Schaffer

- › Class of 1975
- › Athletic Hall of Fame
- › Field Hockey/Tennis

Jesse L. Sendroff

- › Class of 2000
- › Academic Hall of Honor
- › Director of Advance and Special Assistant to the Mayor, City of New York

Brandon Stavola

- › Class of 2004
- › Athletic Hall of Fame
- › Wrestling

Chung-Yi Sun

- › Class of 1998
- › Athletic Hall of Fame
- › Indoor & Outdoor Track

Beth (Gedansky) Young

- › Class of 1986
- › Athletic Hall of Fame
- › Devoted Supporter Booster Club

Dinner tickets are \$50 in advance with a purchase deadline of October 1, 2018. There will be no tickets for purchase at the door.

For Athletic Hall of Fame tickets, make checks made payable to Amity Alumni Athletic Hall of Fame and mail to:

Amity High School Athletic Department
Att. Lori Bonney
25 Newton Rd. Woodbridge CT 06525.

For Academic Hall of Honor tickets, make checks made payable to the Amity Hall of Honor and mail to:

Amity District Office
Att. Carol Lange
25 Newton Road, Woodbridge, CT 06525.



Despite the rain, the Peck Place PTO Golf Tournament at Orange Hills Country Club was a huge success. Special thanks to the Peck Place PTO members who helped put this event together, the many local sponsors, Chips Restaurant, Eli's Restaurant and all of the golfers who came out to play "Fore the Kids."

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By Vicki & Richard
Horowitz



Halloween

The Most Dangerous Holiday For Our Canine Friends

Although Halloween can be a fun filled evening for people—from oddly dressed squealing kids and strangers ringing doorbells to unusual commotion in the neighborhood—all packed into one action-filled night. This is not generally the case for our four-legged family members. Dog owners may not be able to control external surroundings, but they can care for their dog’s safety and well-being.

Don’t reassure your dog. The best thing you can do for your dog when he is feeling unsettled by Halloween activities is to act as you normally would around your dog. By over-reassuring your dog or giving him an unusual amount of attention, you inadvertently can communicate to him that because you are acting differently, there must be something to worry about.

Check your dog’s ID tag. Be sure identification tags are secure on your dog’s collar—just in case.

Keep your dog restrained. If your dog is timid or scared, or if he tends to love people a little too much, it is best to put him in a separate room away from the front door to limit his excitability, aggression, and chance of running outside and becoming lost. Also, consider having a crate or safe zone (such as a pillow or a bed) that you can direct him to when people come to the door.

Bring your dog inside. Even if you have a fenced yard, bring your dog inside where it is safe. If your dog is usually kept outside, bring him in a few times before the big night to get him used to being indoors. Sometimes a sudden change can put more stress on a dog. If your dog cannot come inside, ensure your dog has a safe place to go, like a doghouse. Your dog may be used to strangers, but so many little ghouls and goblins running about may be too much. Remember also that it is a natural instinct for dogs to protect the family from strangers, and on Halloween there will be no shortage of strangers.

Have your dog get used to costumes. Your dog may see his family members as strangers once they don their Halloween costumes. Before the kids put them on, allow your dog to scent the costumes. If your costume has a mask, keep the mask off when you are with your dog because dogs can become confused when they can’t see our faces.

Think twice about dressing your dog in a costume. While some dogs might enjoy being dressed up, many don’t. Experiment first to see if your

dog likes being in a costume. If so, fine—he’ll most likely enjoy himself and the extra attention it brings. However, if he shows any resistance, don’t do it. Dogs feel enough stress around Halloween without also having to endure the discomfort and peculiarity of wearing a strange costume.

Keep candy away from your dog. Many candies—especially chocolate—are toxic to dogs. The severity of the toxicity depends greatly on factors such as breed, age, size, and how much candy is ingested. Problems may range from a mild upset tummy to vomiting and diarrhea, or even death. If you have any concerns at all, consult with a veterinarian immediately. If you want to keep your dog safe, make certain that sweets, including their wrappers, are kept well away from your dog. A wad of wrappers can block the intestinal tract—a very dangerous condition.

Protect dogs from candles and pumpkins. Excited or agitated dogs can easily knock over a lit candle or pumpkin. Be sure those items are away from your dog’s reach, or consider a battery-powered candle that does not burn. It is also a good idea to allow your dog to see and scent the decorations before dark, without the candles. Those faces can look scary, especially from a dog’s eye view in the dark.

Be prepared. If you take your dog with you while trick-or-treating, be prepared at all times. Ghosts and witches can appear at any time. Do not let your dog approach the door of a house, and stay clear of possible gags or gangs of goblins who will gather at the door. Dogs do not understand that the person jumping out at you will not hurt you; they often think they can only help you by acting aggressively. Neither children nor adults in costumes should approach a dog without the owner’s consent. Even the most well-behaved dog can be startled by a ghost popping out and “attacking.”

Have fun but think of your dog’s safety. Finally, if you want your dog to be included in Halloween festivities, think about his safety much as you would the safety of a small child. Your dog does not understand Halloween, so he needs you to provide the guidance and safety that you always do.

Vicki and Richard Horowitz, of Woodbridge, are dog behavioral therapists and trainers with Bark Busters, one of the world’s largest dog training company. For more information, call 1-877-500-BARK (2275) or visit www.dog-training-new-haven-ct.com.

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ARIES (March 21 to April 19) A bid for you to step in and take over an incomplete project could prove to be an excellent learning experience that you can take with you when a new opportunity opens up.

TAURUS (April 20 to May 20) It's a good time for socializing, both with family and with friends. Your aspects also favor developing new relationships, any or all of which might become especially meaningful.

GEMINI (May 21 to June 20) Your success in handling a recent difficult situation prompts a request to handle another workplace problem. But this is one you should accept only if you get all of the relevant facts.

CANCER (June 21 to July 22) New information about a past decision raises some unsettling questions from an old friend. Be prepared to explain your actions fully and, if necessary, make adjustments.

LEO (July 23 to August 22) This is not a good time to share personal secrets, even with someone you've known for a long while. What you don't reveal now won't come back to haunt you later.

VIRGO (August 23 to September 22) Pushing yourself to meet a project deadline is admirable. But be careful not to leave out important details in your rush to complete your work and send it off.

LIBRA (September 23 to October 22) Watch that you don't take on more than you can handle when offering to help someone with a personal problem. There might be hidden factors you weren't told about.

SCORPIO (October 23 to November 21) That major move you've been considering could come sooner than you expected. Make sure you'll be ready with the facts you need when decision time arrives.

SAGITTARIUS (November 22 to December 21) Languishing relationships can benefit from a break in routine. Get out of the rut and do something new and maybe more than a little unpredictable this weekend.

CAPRICORN (December 22 to January 19) Although you don't think of yourself as a role model, your ability to make a tough decision at this time sets an example for others, who admire your courage.

AQUARIUS (January 20 to February 18) You need to move any remaining obstacles out of your way before you can take on a new challenge. Seek advice from close, trusted friends and associates.

PISCES (February 19 to March 20) A career change appears increasingly likely to happen during the next several weeks. It's a good idea to start now to prepare, so you can be ready to make the move when the time comes.

BORN THIS WEEK: You have a strong sense of obligation to justice, which inspires others to follow your example and do the right thing.

Husband Needs to Stop Barking at Dog

DEAR PAW'S CORNER: Whenever our dog "Champ" starts barking, my husband barks back at him. I know he's doing it as a joke, but Champ keeps barking right through it. I think it's teaching our puppy bad habits. -- Sara Y., via email

DEAR SARA: Your husband's "barking" sends a mixed signal to Champ, and the last thing you want to do when trying to conduct behavioral training with a dog is to be unclear about your commands. First off, it's just making noise, and Champ probably barks more so he can be heard over hubby's barking. Unchecked, Champ's barking could go from slightly annoying to downright aggravating.

Have a talk with your husband. Explain that you both need to encourage Champ not to bark, and there's a better way to do it than barking back.

Keep a few treats in your pocket to start, along with a click trainer. When Champ starts barking, click the trainer once and say "Speak." Hold out a treat for him. When Champ takes the treat -- meaning, stops barking for a moment -- click the trainer twice as he takes the treat and say "Shush" (or Quiet, or whatever command you want to use).

Repeat this each time he starts barking. When you notice that he stops barking for longer periods after the treat-double click, phase out the treats but keep using the "one click for speak, two clicks for shush" pattern. Once he begins associating the clicks with speaking or shushing, phase out the clicker and use just the verbal commands instead.

You and your husband both should work with Champ, so that he responds to verbal commands from both of you. And nix the "just kidding" bark.



SEND YOUR QUESTIONS OR COMMENTS TO ASK@PAWSCORNER.COM.

Just Like Cats & Dogs

by Dave T. Phipps



LAFF-A-DAY



"He was wearing a white shirt, brown pants and a pink-and-yellow apron."

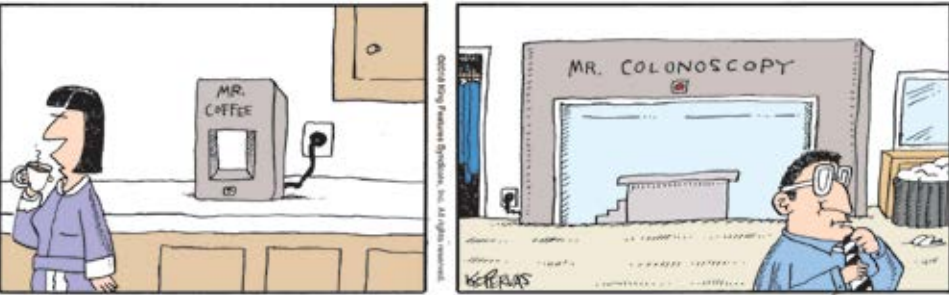
R.F.D.

by Mike Marland



Out on a Limb

by Gary Kopervas

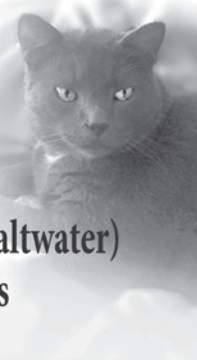


top ten

Most Satisfying Animals*

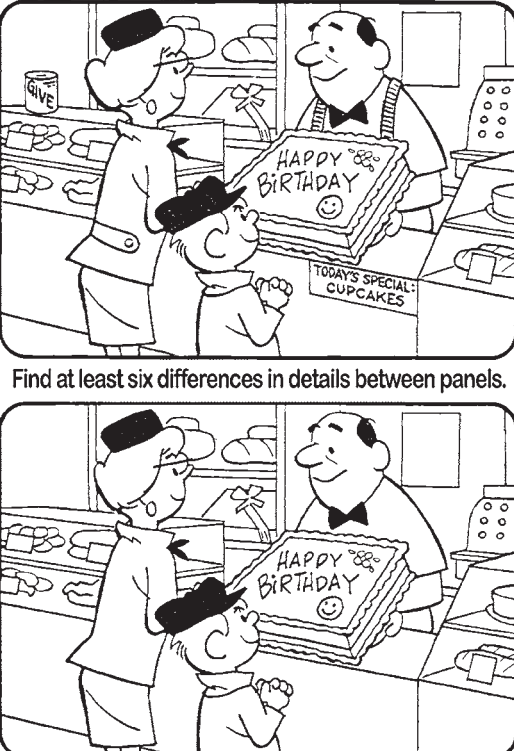
1. Cats
2. Dogs
3. Goats
4. Rats
5. Horses
6. Fish (saltwater)
7. Rabbits
8. Cattle
- (tie) Sheep
10. Guinea pigs

Source: RightPet



HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.

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The Garden Bug



Fall planting

is fine for turfgrass, spring-blooming bulbs, cool-season vegetables, perennials, trees and shrubs. The cooler air is easier on both plants and gardeners, but the soil is still warm enough for roots to grow until the first freeze. Pests and diseases lessen in fall, and you also don't need to fertilize as you do in the spring and summer.

- Brenda Weaver

Sources: www.bhg.com, www.buckscountrygardens.com

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