

Woodbridge Town News



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FRIDAY, OCTOBER 30, 2015



The joint boards of Selectmen and Finance took tours of the old clubhouse recently.

CCW POOL DIRECTOR “WE ARE AT THE FORK IN THE ROAD”

By Bettina Thiel - Woodbridge Town News Correspondent

Country Club of Woodbridge Pool Director Anthony Taddei, known as “The Smiling Pool Director,” updated the selectmen at their October meeting on the past pool season, laying out the work that has been accomplished at the pool and clubhouse since the Recreation Department took over running the outdoor pool at the Country Club. “We have a great product,” Taddei said, referring not only to the pool, but the country club in general. “If everything is operating, we have a better chance to make \$825,000.” That is the magic revenue number above which golf operator Billy Casper agreed to share revenues with the town.

The pool membership was down this summer by about 25, and the operation did not meet its budgeted targets. However, 80% of that shortfall was spent on the upkeep of the facility and not related to the pool. “We were

looking out for this place,” Taddei said.

Mister Taddei, as he is known in town, is the physical education teacher at Beecher Road School. He has been working as pool director at the country club for 17 years. He left for a brief period when the private club went belly up, but returned as soon as the town decided to keep the pool running. Son of a contractor, he is also an experienced carpenter and contractor in his own right, a skill that has benefited the town in many ways. He and his pool crew have cleaned up and painted the stairs to the clubhouse entrance; cleared out and refurbished the snack bar; cleaned and stored away the fully stocked restaurant kitchen equipment, hundreds of wine glasses and gold-rimmed dinner plates; removed decrepit fencing and installed a railing

See “CCW” continued on Page 16



First Selectman Ellen Scalettar (left) and SCSU President Dr. Mary Papazian at the Town Library. Papazian, a Woodbridge resident, was the first speaker in a new series called “The Wisdom of Woodbridge”

PAPAZIAN INTRODUCES THE NEW FACE OF SOUTHERN

By Bettina Thiel – Woodbridge Town News Correspondent

The president of Southern Connecticut State University (SCSU), Dr. Mary Papazian, was the first speaker in a new series dubbed The Wisdom of Woodbridge October 21 at the Woodbridge Town Library. The monthly lecture series, an initiative of First Selectman Ellen Scalettar, introduces “Woodbridge’s creative big thinkers”. In Papazian’s case, the creative thinking revolved around moving a large, very traditional and locally rooted institution into the 21st century.

The challenge is to put Southern on the map, not only for Connecticut students, but for students across the nation, even the world. Colleges in the state, as in most of the Northeast, are facing a declining pool of high school students. For the past 5 years or so, they have seen a 2% decline every year,

she said. At the same time colleges are facing a lot more scrutiny from the federal government, with the introduction of the new college scorecard. The scorecard does not rate colleges according to the government standards; rather, it “empowers the graduates to rate colleges based on what is important to them”.

In addition to the decline in the population, many students do not graduate with a degree. “This is a real problem for our economy,” she said. Where is the expansion going to come from? From disenfranchised, inner-city kids.

To allow for the expansion of its academic program, the school invested in the construction of multi-million dollar new buildings, including a \$49million

See “Papazian” continued on Page 4

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TRUCK OR TREAT AT THE FIREHOUSE

The Woodbridge Volunteer Fire Association is hosting its fourth annual Truck or Treat event on Saturday, October 31 from 5-8 p.m. The event is free and will happen rain or shine. The fire trucks will be decorated for the holiday and children can “truck or treat” in a fun and safe setting. Donations of candy are appreciated and can be dropped off in the Firehouse lobby at anytime leading up to the event. A free dinner of hot dogs, hamburgers, soup and more will also be served.

At 7:30 p.m. the Fire Association will put on a fireworks display. Due to the popularity of this event Route 114 between Meetinghouse Lane and Newton/Center Road will be closed from 4:30 – 9 p.m. There will be no

parking allowed on Beecher Road between Route 114 and Woodside Drive or on Newton Road from Route 114 to Burnt Swamp Road. Parking is available at the Old Firehouse, on Meetinghouse Lane, at Town Hall and Amity Regional High School. There will be free shuttle service between the high school and the firehouse thanks to Chris Sorensen!

Additionally, public access to the Fitzgerald property will close from 2 – 9 p.m. to allow for the safe set-up of the fireworks demonstration.

The Association is seeking sponsors for this event. For information on how to become a sponsor, please visit www.WoodbridgeFire.com or [Facebook.com/WoodbridgeFire](https://www.facebook.com/WoodbridgeFire).

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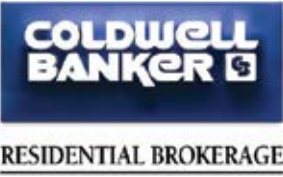
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“Papazian” continued from Page 1

science and laboratory building; the Peter and Pam Werth Family Foundation Marine Study Center, and a state-of-the-art new library and technology center. The new research facilities have already produced tangible results, most recently with the proposed ban of microbeads, which are added to many cosmetic products as an exfoliant. The microbeads make their way into Long Island Sound, a fact that was demonstrated by a Southern student, she said.

The school is committed to increase the number of students graduating in STEM (Science, Technology, Engineering and Math) over the next decade and to increase in particular the number of teachers in STEM disciplines, she said. The teacher’s program for which Southern was known, is as robust as ever, Papazian said, and just recently added a center for autism related disorders.

Southern started in 1893 with three teachers and 84 students, and specialized for many years as an institution for teacher training. In 2018, the university will celebrate its 125th anniversary, now with a Business School, a school for Arts and Sciences, health and human services. A new recreation and wellness center is planned as well as a home for the School of Health and Human Services, an area of great need. Papazian noted with pride that the brand new building for the School of Business received an LEED gold standard, a notable recognition in the world of sustainable architecture. The university introduced a new major in biotechnology, in expectation of a growing sector in the New Haven area, and is collaborating with city schools in creating biotechnology pathways.

The university opened an office at 900 Chapel Street called Southern on the Green, under one roof with the Greater New Haven Chamber of Commerce. She is looking for partnerships not only with Gateway Community College, but with institutions of higher learning across the world. Southern has entered partnerships with China (social work), Armenia (nursing and healthcare) and John Morres University in Liverpool.

To increase graduation rates, the school has created a Student Success Taskforce and increased tutoring, workshops and student advising. In addition to its undergraduate program, Southern accepts over 2,500 graduate students every year, and is working to grow this segment as well by offering advanced degrees in market-oriented professions. It has created an accelerated 17-month Master of Business Administration and new professional doctoral programs in business and in social work. In the sciences, there are new graduate-level offerings in applied physics, nanotechnology and chemistry. A popular degree is the Masters in Sports and Entertainment, as well as an MS in computer science. “We are very committed to student success,” Papazian said.

The question arose as to how the university can make all these investments and control cost at a time when the state is cutting funding to colleges throughout the state. Papazian said only 33% of their operating budget comes from the state; the rest from tuition and federal grants. When it comes to building projects and some of the new initiatives, it relies on private philanthropy.

The next talk, on November 17 will be by Department of Energy and Environmental Protection Commissioner Rob Klee, in the JCC Living Room. Nancy Yao Maasbach, Museum of the Chinese in America director, will be featured January 19, also at the JCC. In February, AuthAir co-founder Yaron Baitch will speak at the Woodbridge Town Library.

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WOODBIDGE EDUCATION ROUNDUP

A HEALTHIER BEECHER POOL RE-OPENS

Beecher Road School’s pool re-opened for school to public use earlier this month with an added feature: a UV filter. The Woodbridge Aquatic Club (WAC) purchased the UV filter for the benefit of the entire community. Recently, WAC board members met First Selectman Ellen Scalettar at the pool to discuss and explain the UV filter.

WAC is a competitive swimming organization for youth ages 5 to 18. WAC also coaches children and youth who do not want to compete but want to swim in a team setting. WAC practices at Beecher Road School; the pool is also used by school students, and the Amity Regional High School swim teams. The pool is open for public lane swimming before and after school through the Recreation Department.

WAC was fortunate enough to win a drawing to host swim meets at Wesleyan University’s pool three years in a row, they told Scalettar. The swim club earns money through hosting meets and hadn’t planned on the extra income, explained coach Dave Reilly. “We wanted to use the income to do something for the community and the



WAC members (l-r); Julie Shi, Dave Reilly, first selectman Ellen Scalettar, Jade Maoz, Robin Robinson and Shujun Liu

UV filter had unanimous support from the board,” he said.

“The Beecher Road School Community is very appreciative of WAC’s donation of a new filtration system to our pool,” said Woodbridge Superintendent of Schools Dr. Guy Stella. “It was fortunate that we were able to coordinate the installation of the UV filter with the school renovation project. For many

years to come, the children of BRS and the citizens of Woodbridge will be the beneficiaries of this generous gift.”

“Commonly, without a UV filter, you use chemicals to get rid of the bacteria in pools. That means you’re swimming with and breathing in chemicals,” says Jade Maoz, a WAC board member. The UV filter kills the bacteria and the viruses in the water while significantly

limiting the amount of chlorine needed.

The UV filter disinfects the water without creating disinfection-byproducts such as chloramine which cause the “chlorine smell” common around pools, cause mildew and mold on walls around pools and may exacerbate health problems such as asthma. “The UV filter has made a huge difference to my son, who has asthma,” says Robin Robinson a WAC board member whose 11-year old daughter and 13-year old son both swim with WAC. Coach Reilly said that he is only aware of two other pools in the state with a UV filter. And WAC said that they have had increased membership since the filter’s installation.

“This is also saving the Town money on chlorine and staff time spent cleaning the pool” said Scalettar. “I’d like to thank all of you for investing in Beecher Road School’s pool with this UV filter which is creating a healthier environment for the swimmers and the staff and students.”

WAC members (l-r); Julie Shi, Dave Reilly, first selectman Ellen Scalettar, Jade Maoz, Robin Robinson and Shujun Liu.





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Upcoming Issue Deadline **Upcoming Issue Dates**
November 13th *Thanksgiving Issue* November 20th
December 4th *Holiday Issue* December 11th
Note: Copy due by 4:00p.m. Thank you.

FROM OUR READERS

Drink Responsibly This Halloween

For adults, Halloween has become one of the most anticipated nights of the year. It’s the perfect opportunity to enjoy the great fall weather and spend time with friends before the holiday hustle and bustle begins. That’s why we’re joining Anheuser-Busch in asking everyone to have a safe and enjoyable time no matter where the night takes them.
If alcohol is part of your Halloween plans, we encourage adults to enjoy responsibly. Please use a designated driver, a taxi or public transportation if you feel you’ve had too much to drink.
From everyone at Dichello Distributors, Inc. have a safe, fun Halloween!
Sincerely,
Tony Lota
Alcohol Awareness Coordinator

First Selectman Needs to Do More

Honest mistake or not, the failure to give public notice of the September 29 Joint Special Meeting of the Woodbridge Board of Selectmen and the Board of Finance to review the history and possible future of the Country Club of Woodbridge is exactly the kind of closed government the voters rejected in May. While our state statute requires a minimum posting of such meeting in Town Hall and on the town’s website 24 hours before the meeting, this meeting was scheduled 11 days before that and should have been posted the instant the First Selectman confirmed the date. The First Selectman has often said the CCW is the most pressing financial issue the town has on its plate – so the failure to properly announce such an important meeting is somewhere between sloppy and deceptive. It appears those few residents in attendance had some direct line of communication to a person on one of those Boards or someone who works in Town Hall. That’s not right for any public meeting, let alone one as critical to the town as the CCW. Yes, the meeting was recorded and is being rebroadcast, but as someone who was there, I can tell you watching the meeting in person gives the viewer a very different and informed perspective from watching it on TV. I find it equally troubling that members of the Recreation Commission and the Country Club of Woodbridge Commission were not given the opportunity to speak about this property - over which those commissions share oversight.

Who better to hear from than the people investing their time trying to keep the golf course and pool ongoing concerns? Our First Selectman needs to do more than the legal minimum in posting public meetings and welcome, not restrict, input from those closest to the issues at hand.

Chuck Pyne

Weiner Error Brings Back Bitter Memories

A minor mishap at a recent Woodbridge Board of Selectmen meeting brought back bitter memories. First, here’s what happened: The selectmen met with finance board members on September 29 without having posted a meeting notice on the town website 24 hours in advance, as required by Connecticut’s Freedom of Information law (FOI). As the session began, Selectman Maria Kayne pointed out that the meeting might therefore be illegal.
First Selectman Ellen Scalettar and Gerald Weiner, the town’s lawyer, replied that they didn’t think 24 hours’ advance posting on the website was required. When Selectman Joe Dey produced a copy of the state law, Scalettar and Weiner conceded that Kayne was correct.
However, because the meeting was informational, and no votes would be taken, all agreed that the meeting should proceed. “There was a mistake,” said Weiner. “People make mistakes.”
Continuing that meeting was probably reasonable, but the situation was certainly ironic. Here’s why: When Maria Kayne and I served together on the Conservation Commission, we made a similar mistake, failing to submit a notice for an informational meeting at which no votes would be taken.
As on September 29, no subterfuge was involved. But a local husband-and-wife team pounced on our error to harass the Conservation Commission with the first of a series of formal complaints to the FOI Commission in Hartford. After we acknowledged our error (“People make mistakes”), we were forced to admit it in writing. Yet even then, the man who brought the formal complaint expressed outrage and refused to drop his complaint for many months. Finally, the Conservation Commission had to attend a lesson on FOI—not a bad thing, but a punishment imposed with malice.
Weiner “represented” us before FOI
See “Letters” continued on Page 7

FROM OUR READERS

“Letters” continued from Page 6

but, the tolerance for human fallibility that he expressed on September 29 was nowhere in evidence. In closed-door meetings of the Conservation Commission, Weiner excoriated us for our error. To handle the complaint and two subsequent complaints that were even more trivial, Weiner billed the town \$1,750 on top of the hefty retainer he was paid for his part-time job. One wonders what work his retainer covered (\$70,000 now, somewhat less in 2011).

We were volunteers, sacrificing our evenings and sometimes weekend mornings to protect open space in Woodbridge, and for our minor breach of the law, Weiner treated us with disdain. All of us who were not seen as sufficiently compliant were subsequently forced off the Commission or quit in disgust. The town lost some knowledgeable volunteers.

And here’s the irony: on September 29, Weiner showed he could have made the same mistake himself. And he’s no volunteer. He’s the town’s legal expert.

Sincerely yours,

Cathy Shufro

Focus on People, Not Politics

On September 24, First Selectman Ellen Scalettar held a Woodbridge community meeting to address several areas of concern to residents in the neighborhood generally referred to as The Flats, including traffic, blight, flooding and more. To fully address these concerns, Ms. Scalettar invited an engineer from ConnDOT along with several Town Department Heads to provide information and updates and to listen to residents’ concerns. I was extremely proud that our First Selectman was addressing the needs of a community I feel very much a part of.

Unfortunately for those residents that attended the meeting in order to have their voices heard and to receive information, there were a few individuals present who were quite disrespectful in their conduct and comments. The points of critique this group of residents brought to the floor ultimately distracted attention away from the primary goals of the meeting and created a divisive environment within a setting intended to provide a forum for all.

For example, I found it particularly offensive that these few individuals continually referenced the area as ‘the

flats’, using a condescending tone and insinuating that others look down upon residents within this community’s geography. What a terrible insult to the fine residents of this community -- a community that is the foundation of our Town.

Additionally, several attendees stated that no one had listened to their concerns for over 10, 30 or even 50 years – a counterproductive approach given that First Selectman Scalettar has not served for decades. Rather than welcoming the opportunity to share concerns now, attendees chose to criticize her for past neglect in which she had no involvement. Ms. Scalettar is working to create change, and she should have been treated with more respect. I commend her for the professionalism and respect she displayed to all those in attendance, despite the disruptions she faced.

This is an area of our Town that has unique issues, and Ms. Scalettar chose to hold this meeting directly within the community in order to understand these unique needs and to connect with residents. I was floored when some criticized her for not holding this meeting at Town Hall when the very goal was to address the specific issues facing this neighborhood.

Despite the heckling and rudeness of some, Ms. Scalettar and her guests conducted themselves quite professionally, treating residents with respect and exhibiting genuine concern. After the meeting, staff members were energized by discussion around what issues could be fixed quickly and projects that are already underway. Traffic and flooding are not always easy fixes, but the team is addressing them head-on.

Woodbridge was the first place I called home and although our family moved away when I was quite young, this is the community that embraced me when I came back to Woodbridge almost 10 years ago, and it will always be very dear to my heart. This lovely community, home of the founding families of Woodbridge, deserves so much better than to have a few individuals try to make a misplaced political statement and detract from the kind, thoughtful, hardworking people who shape this Town into a Woodbridge we all can be proud of. It is people, not politics that should be the focus of our work.

Karen Talamelli-Cusick

Editor’s Note: Ms. Talamelli-Cusick is currently serving as Chairman of the Woodbridge Democratic Town Committee

Woodbridge Town News

WTN Letters Policy

Submit your letters for our “From Our Readers” section to: Woodbridge Town News, P.O. Box 1126, Orange, CT 06477 or email: letters@woodbridgetownnews.com.

Please limit letters to 500 words and include a daytime phone number in case we have any questions. Letters must be exclusive to the Orange Town News for publication. We reserve the right to reject any letter.

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A public notice is information informing citizens of government activities that may affect the citizens’ everyday lives.

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LOCAL BUSINESS ROUNDUP



TOWN HOSTS BUSINESS AFTER HOURS AT GRIMALDI'S PIZZA

Working with the Economic Development Commission, the Town is organizing various business networking opportunities. The next event for the business community will be a Business After Hours happy hour at Grimaldi's Pizza on Tuesday, November 3 from 5:30 – 7 p.m. Admission is free to this event and Grimaldi's regular happy hour drink specials will be available and there will be a sampling of free appetizers. The goal is to bring the business community together to learn about and from each other. If you represent a business interested in this event, please contact Assistant Administrative Officer Betsy Yagla at byagla@woodbridgect.org.

This is the Town's third Business After Hours event. The first was at Wheeler's in June, followed by a second at the JCC in September. "Supporting

our local businesses has been one of my focus areas," said First Selectman Ellen Scalettar. "These happy hours are a great way for our business community to network in a relaxed setting and get to know our local restaurants."

Additionally, the First Selectman has been visiting local businesses to highlight them as part of the "Shop Woodbridge, Dine Woodbridge, Try Woodbridge" campaign. The visits are designed to create a stronger bond between Town Hall and the Town's business community and to foster economic development in Woodbridge. Additionally, the Town's Economic Development Commission has been inviting new and expanding businesses to its monthly meetings in order to learn about those businesses and why they chose Woodbridge.

MARRAKECH, INC. HEALTH & WELLNESS FAIR DRAWS HUNDREDS

Marrakech, Inc., a nonprofit human service organization based in Woodbridge, held its 3rd Annual Health and Wellness Fair on Thursday, October 1, 2015 at the JCC of Greater New Haven. Hancock Pharmacy was the Title Sponsor. Ovation Benefits and Dr. Jennifer Botwick, N.D. of the New Haven Naturopathic Center also sponsored the event.

Attendees were able to get a number of health screenings done including blood pressure and glucose screenings from Cornell Scott Hill Health Center, hearing screenings conducted by students and faculty of SCSU's Department of Communication Disorders, and mammograms on St. Vincent's Mammo-Van. Flu shots were also provided by VNA Community Healthcare and the JCC of Greater New Haven provided free chair massages as well as a kickboxing demo.

Addition exhibitors included: AIDS Project New Haven, Ava Anderson Non-Toxic, Bloom Yoga and Fitness Studio, Brain Injury Alliance of CT, CancerCare, Citizens Bank, Clifford

Beers, Community Health Network, CT Psychiatric and Wellness Center, Donate Life CT, FitBehavior, Get Healthy CT, The Graduate Institute, HealthyCT, Isagenix, Andrea Borondy Kitts Lung Cancer Screening Advocate, Pampered Chef, Sperry Naturals, Tasty Kale, Thrive Chiropractic and Wellness Center, Total Life Changes, UCONN Health Center, Verizon Wireless, Village Café, Woodbridge Running Company, and Yale New Haven Hospital.

The fair was open to the community, drawing hundreds of people throughout the morning.

For almost 45 years, Marrakech has been providing person-centered, unique and cost effective supports to children and adults with and without disabilities across Connecticut. Marrakech assists individuals who face barriers to securing employment, connecting to necessary supportive services, accessing safe and affordable housing, and participating fully as contributing members of their communities. To learn more about Marrakech, Inc. visit www.marrakechinc.org.

WORKSHOP FOR LOCAL BUSINESSES

Attention Woodbridge businesses! Learn how to capture audience's attention and how to spread your business news at a press release workshop at the Woodbridge Town Library on October 26 at 5:30 p.m. There is no charge for this event.

The Town of Woodbridge is sponsoring this workshop to support local businesses. The Woodbridge Economic Development Commission and First Selectman Ellen Scalettar have been working to support local businesses through business visits, business happy hour events and educational seminars to promote the Town's Shop Woodbridge, Dine Woodbridge, Try Woodbridge campaign.

The workshop will be led by

Woodbridge resident Cara Rosner. Rosner has been on both sides of the business. She is a former business reporter and business editor for the New Haven Register and served as communications manager for a major local nonprofit. Rosner is now a freelance reporter and public relations consultant.

Rosner will teach Woodbridge business owners and their representatives the most effective ways to share good news, what is news and what newspapers are interested in.

If you'd like to attend this event or learn about other upcoming business-related events, contact Woodbridge Assistant Administrative Officer Betsy Yagla at byagla@woodbridgect.org.



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LOCAL BUSINESS

LOCAL RESIDENTS NAMED TO
2015 LIST OF CT SUPER LAWYERS



James C. Graham

Woodbridge residents James C. Graham and Douglas S. Skalka, principals with Neubert, Pepe & Monteith, P.C., a Connecticut based general practice law firm, have been named to the 2015 Connecticut Super Lawyers list, both in the practice area of Bankruptcy: Business.

It is the ninth consecutive year that Attorney James Graham has received this designation. Attorney Graham's practice focuses on bankruptcy and creditors' rights, commercial litigation, and professional ethics.

He appears regularly before state and federal courts in a broad range of matters, including bankruptcy reorganizations and litigation, commercial real estate workouts and litigation, contract and other business-related disputes, asset recovery and collections, and professional ethics. Attorney Graham assists clients with acquisitions and dispositions of assets and businesses, and with debt restructurings and workouts.

Attorney Douglas Skalka, in his ninth consecutive year of being named to the



Douglas S. Skalka

Connecticut Super Lawyers list, has also been selected to the Top 50: 2015 Connecticut Super Lawyers and the Top 100: 2015 New England Super Lawyers. Attorney Skalka represents secured and unsecured creditors, debtors, commercial lenders, investors, and Committees in bankruptcy and business reorganization cases.

He has experience in all aspects of bankruptcy, commercial finance, and business reorganization matters, including asset-based lending transactions, avoidance actions, and the acquisition of troubled companies and their assets.

Neubert, Pepe & Monteith attorneys named to the 2015 Connecticut Super Lawyers list are Simon I. Allentuch, James C. Graham, Andrew R. Lubin, Michael D. Neubert, Douglas S. Skalka, and Eric J. Stockman. Attorneys named to the 2015 Connecticut Rising Stars list are Jane E. Ballerini, Brittany S. Cates, Adam V. Maiocco, Lucas B. Rocklin, Sandy T. Roussas, and Vimala B. Ruszkowski.



BULLETIN BOARD

Please Note: If you have an event for the Bulletin Board, please send it along no matter how far in advance it is. We will include it in the appropriate issue(s) until the event has taken place.

Boy Scout Troop 63, meetings Monday nights from 7:00 pm – 8:30pm, Our Lady of the Assumption "Mother" Church, 1700 Litchfield Turnpike (Rte. 69), Woodbridge; September- April and May-June outdoors at Camp Whiting, all boys ages 10 and up or who have completed the fifth grade are welcome to stop by and see what we're all about. For more information, visit <http://www.troop963.org> or email Troop63CT@gmail.com.

Woodbridge Republican Town Committee Meetings, second Tuesday of each month, 7:30pm, Center Cafeteria. Visitors welcome and urge you to join us. For information, go to www.woodbridgegop.org.

God On Tap, Wednesdays, 5:30-6:30pm, Wheeler's Restaurant and Taproom, 180 Amity Road, Woodbridge, refreshments with friends & nourishing conversations facilitated by Elsa Worth, priest at Christ Church, Bethany, www.christchurchbethany.org.

Spring Entrepreneur Series, Thursdays, 5:30-8:00pm (PDT), New Haven Free Public Library, 133 Elm Street, New Haven, sponsored by SCORE New Haven (<http://newhaven.score.org/>) and the New Haven Free Public Library to help participants establish a business plan, understand basic financial statements, learn how to build a recognizable brand, and manage technology effectively. Participants will receive a certificate of attendance upon successful completion of the series.

Alzheimer's Community Caregivers Support Group, 2nd Thursday of the month, 5:00pm, Arden House, Conference Room, 850 Mix Avenue, Hamden. Call Maria Paduano, Program Director to RSVP or for more information at 203-281-3500, ext. 7669; www.genesishcc.com.

Woodbridge Rotary Club Meetings, 1st and 3rd Friday of the month, 7:30am breakfast meeting, Country Corner Diner, 756 Amity Toad, Bethany and the 2nd and 4th Friday of the month, 12:15pm luncheon meeting, Woodbridge Social, 12 Seldon Street, Woodbridge. Anyone interested in learning more about Rotary should

contact Anna Dickerson at 203-710-0223 or email annadickerson@yahoo.com.

Trap Falls Kennel Club Obedience Classes, every level, AKC STAR Puppy (obedience for dogs under 12 months) and Family Manners Classes/Obedience & Canine Good Citizen; Wednesday and Thursday evenings, Pawz for Wellness in Shelton, CT. For registration and/or information, call 203-450-9485 or email tfkctraining@gmail.com. Trap Falls Kennel Club is a non-profit member club of the American Kennel Club (AKC).

You're invited to Trinity Church! New Fall schedule - Sunday School for all ages at 9:10AM and Worship Service at 10:30AM, 33 Center Road, Woodbridge. Visit www.trinityefc.com or call 203-387-4711 x.10 to learn more.

Ansonia Nature Center Events, 10 Deerfield Road, Ansonia CT 06401; call 203 736 1053 to register for all events.

St. Patrick's Day Parade Committee Holiday Shopping Extravaganza, Friday, November 6, 2015, 6:00-9:00pm, West Haven Elks Club, 265 Main Street, West Haven, entrance donation fee/\$5 includes a complimentary glass of wine & door prize ticket; vendors will be Discovery Toys, 31 Products, Oghamart Irish gifts, Avon, Pampered Chef, and many more.

22nd Annual Senior Center Holiday Fair, Saturday, November 7, 2015, 10:00am-3:00pm, The Center Building, 4 Meetinghouse Lane; door prizes, tag sale, Take A Chance & Silent Auctions. To make a donation, volunteer or for more information, call Lee Canning at 203-389-3430.

Christmas Bazaar & Craft Fair, Saturday, November 15, 2015, 10:00am-4:00pm, Our Lady of Assumption Church, 81 center Road; crafters, vendors, white elephant sale, raffles, children's activities, entertainment and food. For more information, contact Kathy at 203-816-7755 or atkathy@bbsq.com.

Pumpkin and Holly Bazaar, Fri., Nov. 20, 4:00 – 8:00 p.m., and Sat., Nov. 21, 9:00 a.m. – 2:00 p.m. in the Parish House of Christ Episcopal Church, 526 Amity Road (Rte. 63) at the blinker light. Come with family and friends, buy delicious Thanksgiving pies, and begin Christmas shopping for unique presents at bargain prices.

WOODBIDGE RESIDENTS!

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HOUSES OF WORSHIP EVENTS

TEMPLE BETH SHOLOM SUNDAY MORNINGS WITH RABBI SCOLNIC

The Adult Education Committee of Temple Beth Sholom, 1809 Whitney Avenue, Hamden, announces Sunday Mornings with Rabbi Scolnic. Rabbi Benjamin Scolnic's first presentation will be a two-part series entitled "Different Movements of Judaism". The second part of the series will take place on Sunday, November 15th, at 9:30 AM. There is no charge for the series. Please contact the Temple Beth Sholom office at (203) 288-7748, if you plan to attend.

Temple Beth Sholom is a conservative egalitarian synagogue with over 400 member families and singles from the Greater New Haven community. For information about Temple Beth Sholom, contact the Temple office at (203) 288-7748 or go to www.tbshamden.com.

Temple Beth Sholom, Adult Education Committee Hosts A Book Discussion

The Adult Education Committee of Temple Beth Sholom, 1809 Whitney Avenue, Hamden, is hosting a book



Temple Beth Shalom

discussion of Michael Oren's "Ally: My Journey Across the American-Israeli Divide", led by Dr. Arthur Seltzer. The event takes place on Sunday, November 22nd at 10:00 AM at the Temple. Mr. Oren was the Israeli Ambassador to the United States during four years of the Obama administration. Light refreshments will be served. Please contact the Temple office at (203) 288-7748, if you plan to attend.

Temple Beth Sholom is a conservative egalitarian synagogue with over 400 member families and singles from the Greater New Haven community. For information about Temple Beth Sholom, contact the Temple office at (203) 288-7748 or go to www.tbshamden.com.

CHRIST CHURCH HOLDS ANNUAL "HOLLY & PUMPKIN BAZAAR"

Pumpkin and Holly Bazaar, Friday, November 20, 4:00 – 8:00 p.m., and Saturday, November 21, 9:00 a.m. – 2:00 p.m. in the Parish House of Christ Episcopal Church, 526 Amity Road (Rte. 63) at the blinker light.

Come with family and friends, buy delicious Thanksgiving pies, and begin Christmas shopping for unique presents at bargain prices.

This popular annual bazaar features The Bountiful Harvest Bakery,

Granny's Huge Attic Treasures Shop, 21 Spectacular Gift Basket Raffles, The Elves' Crafts and Needlework, Silver Bells Twice Nice Ladies' Clothing, Beads and Blossoms Boutique, Holiday Cookies on China Plates, Children's Stocking Stuffers, and New and Vintage Christmas Ornaments and Decorations, The St. Nicholas Café features a delicious dinner on Friday night and a lovely luncheon on Saturday.

CONGREGATION OR SHALOM

Weekly Services

Minyan Services: Sunday 9:00 am; Monday 7:30 am; Thursday 7:30 am
Healing Circle: Wednesday 7:30 am
Shabbat Services: Friday 7:00 pm; Saturday 9:30 am

Kristallnacht Program- November 8, 9am

The birth of Hollywood is a remarkable story of innovation and ingenuity. It is also an American-Jewish story - one in which Carl Laemmle, an immigrant from Germany, played an enormous role. Laemmle's greatest legacy, however, stems from what he did during the last two years of his life. On Sunday morning November 8th, at our annual Kristallnacht commemoration, Congregation Or Shalom in Orange will celebrate the life-saving deeds of Carl Laemmle. Open to the public.

Coffee and Learn with the Rabbi

Begins on Wednesday, November 11, Veteran's Day. It will take place in the usual hour-long format, beginning at 11am and ending at 12 noon.

Topics for November-December will include:

- "What Does Genesis Say About..."
- Human Dignity
 - Sexual Deviance
 - Circumcision
 - Space Aliens



Congregation Or Shalom

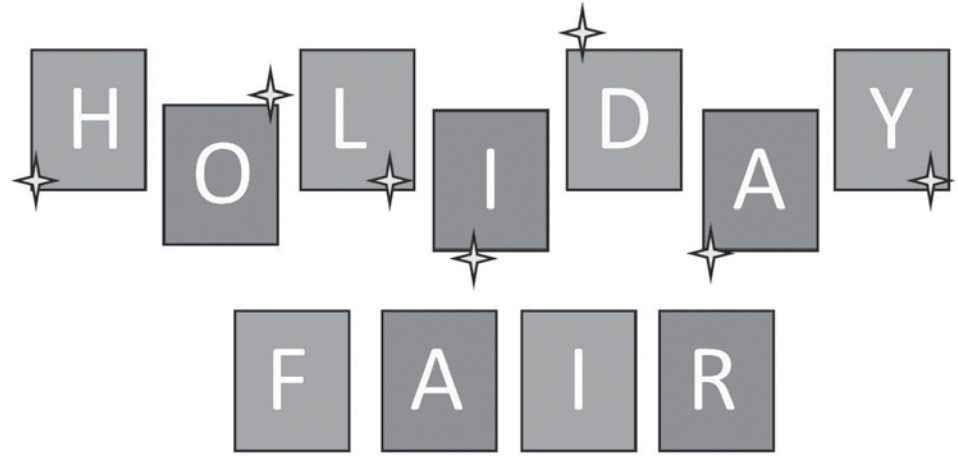
- Jerusalem
- Wine & Intoxicants
- Mixing Meat and Milk
- The Superiority of the First Born Child
- Forgiveness

Zumba Gold At Or Shalom

Congregation Or Shalom announces the continuation of ZUMBA GOLD on Tuesday and Thursday nights at 7 p.m. ZUMBA Gold is an easy to follow dance movement program that incorporates music from every decade to create an upbeat and fun class. Burn hundreds of calories, meet new friends and have a blast. No experience needed and classes are on a drop in basis. Contact Robin at zumbarobin@gmail.com or call 203.314.8176 or temple office at 213.799.2341.

Youth Group

The Youth group is open to all kids in grades 5 through 8. Contact Ronda London (rondaslondon@gmail.com) or Deena Gans (dgans@gansandgans.com) if you would like to find out more about the youth group or to join our committee.



SENIOR CENTER HOLIDAY FAIR

The Woodbridge Senior Center Holiday Fair will be held Saturday, November 7th from 10:00 to 3:00 in the Center gym at 4 Meetinghouse Lane. This year the fair will feature hand-crafted items, new costume jewelry, cookies, cakes, bread, and a great tag sale table. The Take-A-Chance Auction and the Silent Auction tables will be back again this year. A variety of food and beverages will be available in the

cafeteria. Woodbridge residents and individuals over 60 will have a chance to win one of our great door prizes. Santana Rubbish Removal has donated one year of trash removal for a Woodbridge resident and the Senior Center is donating free lunch for one year to a person 60 years of age or older. If you would like more information, please call Lee Canning at the Senior Center, 203-389-3430.

CLUBS & ORGANIZATIONS

GARDEN CLUB NOVEMBER MEETING

The Garden Club of Woodbridge presents "Decoupage Plates" on Monday, November 2nd with guest speaker Mary Leigh Sabshin. Make your own decoupage plate at this workshop under

the direction of our own Garden Club member.

Location: Woodbridge Town Library, 10 Newton Road, Woodbridge, 7:00 p.m.

WILLOWS TO HOLD HOLIDAY FAIR

Willows Care and Rehabilitation Center, 225 Amity Road, Woodbridge, is pleased to announce its holiday fair scheduled for Saturday, November 14, 2015 from 10:00 am to 2:00 pm. There will be a variety of items for sale – crafts, hand knitted items, homemade candy, jams, jewelry items, heavenly spa products, white elephant items,

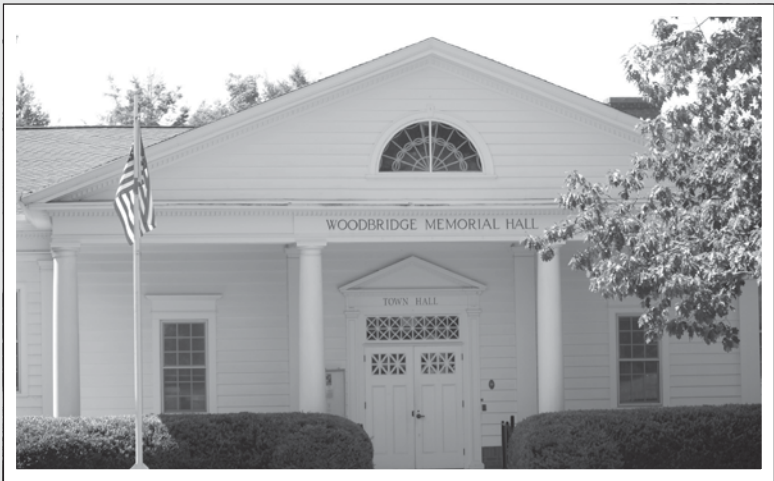
raffle prizes, baked goods, food and much more. Anyone interested in more information can contact Terry Duda at 203-387-0076.

Willows Care and Rehabilitation Center provides skilled nursing and short-term rehabilitation services for up to 90 residents and patients and is operated by Genesis HealthCare.

TOWN DEPARTMENTS & AGENCIES

TOWN OF WOODBRIDGE MEETINGS FOR THE MONTH OF NOVEMBER 2015

(Subject to Change, Check with Town Clerk's Office, 203-389-3422)



Town Hall

11/2	Human Services Commission	7:00pm	The Center
	Town Plan & Zoning Commission	7:30pm	Town Hall
11/3	Police Commission	6:00pm	Police Dept.
11/9	Library Commission	6:00pm	Library
	Zoning Board of Appeals	7:30pm	Town Hall
11/10	Board of Selectmen	6:00pm	Town Hall
11/12	Economic Development Commission.....	7:0pm	Town Hall
11/16	Fire Commission	6:00pm	Fire Station
11/18	Inland/Wetlands Agency	7:30pm	Town Hall
11/19	Board of Finance	6:00pm	Town Hall
	Conservation Commission	7:30pm	Town Hall
11/23	Country Club of Woodbridge Comm.....	6:00pm	Town Hall
11/24	GATV Commission	7:15pm	Town Hall

FROM ACROSS THE AISLE

By Maria Kanye



Continued Town ownership of the Country Club of Woodbridge (CCW) and the negative budgetary impact it creates are back in the forefront of Town discussions. What should be the future of the CCW? Many have called this the most important issue facing our Town.

Recently the First Selectman began a new round of meetings to restart a process that will, we all hope, this time, produce a solution. So far, two joint meetings of the Boards of Selectmen and Finance have been scheduled, and two tours of the clubhouse building have occurred. The first joint meeting on September 29th was not well attended by the public, perhaps because it was not posted on the town website until that morning. After complaints from residents, the subsequent meetings were posted well ahead of time. I hope this is the start of a more open and transparent dialogue. I also hope that public comment and questions will be a feature of all future meetings on the subject of the CCW.

The meeting on September 29th consisted primarily of a presentation by Town Finance Director Tony Genovese outlining both a current financial report of operations as well as historical background on the Town's purchase and six year ownership and operation of the CCW. If you were unable to attend, I urge you to view the PowerPoint and video of the meeting which are accessible from the town website (click on Archives and scroll down).

Notwithstanding a study and advice

from town consultant Milone & MacBroom, a series of public meetings referred to as "Woodbridge Listens," the creation of an Ad Hoc Committee, and the production of an RFP (Request for Proposals), the previous two plus years have proven unsuccessful in defining a viable long term plan for the CCW. There were only two responses to the RFP and one quickly dropped out, leaving Toll Brothers as the sole option. It has been more than a year since Toll submitted its proposal. At the October 14 Board of Selectmen meeting, the First Selectman stated she has recently been conducting "informal negotiations" with Toll and they may be presenting some modifications to the original proposal.

Ultimately, of course, Woodbridge voters will decide the future of the Country Club. It is to be hoped that this time, the First Selectman will create a better process, one that defines a much broader range of options, quantifies those options in terms of both financial and quality of life measures, and does not occur behind closed doors in "Executive Session." Furthermore, I urge the First Selectman this time to put the responsibility for driving this process where it belongs – with the Board of Selectmen, we who were elected to solve this problem and we who are directly accountable to the voters, not foist it off on a group of handpicked volunteers.

I am eager to hear from you directly, and invite you to contact me at: mkayne@woodbridgect.org.

WOODBIDGE RESIDENTS INVITED TO LIGHT BULB EXCHANGE

Woodbridge residents are invited to trade in old incandescent light bulbs for two free LED light bulbs at an event on Saturday, November 7. The Light Bulb Exchange will be held at the Senior Center (4 Meetinghouse Lane) from 10 a.m. – 3 p.m. as long as supplies last. This event will coincide with the Senior Center's annual Holiday Fair.

The Light Bulb Exchange is part of the Town's Energy Challenge organized by the Woodbridge Ad Hoc Energy Advisory Task Force. "I am proud that the Town can offer two great community events at once," said First Selectman Ellen Scalettar. "The Senior Center always does a great job with the holiday fair, and the Woodbridge Ad Hoc Energy Advisory Task Force has been so successful with its programs. I encourage everyone to attend these events."

Through the Woodbridge Energy Challenge the task force has brought the CT Solar Challenge to Woodbridge

and is also offering home energy audits (Home Energy Solutions program) to residents. As a result, the Town has earned points for these activities which led to a \$5,000 Bright Ideas Grant through the Energize Connecticut Clean Energy Communities program and The United Illuminating Company. The Task Force is using a portion of the grant to purchase 75-watt equivalent LEDs. "We're thrilled that the Town is able to offer free LEDs to help residents continue to save energy at home," said Task Force Chair Lisa Connor.

All Woodbridge residents should receive a postcard notifying them of the light bulb exchange. Residents are encouraged to bring the postcard and two old light bulbs to the exchange. TechniArt will also be on-site offering additional bulbs for \$2.00 off each.

At the Senior Center Annual Holiday Fair residents can purchase include crafts, vintage and new jewelry, used books, baked goods and more. The café will also be open for lunch.



WOODBIDGE MARKS VETERANS DAY

The annual Woodbridge Veterans Day ceremony will be held at the Veterans of Foreign Wars Monument at 11 AM on Wednesday, November 11, 2015. The VFW Monument is located on Meetinghouse Lane in front of the Center School Building.

During the ceremony the Woodbridge Police Honor Guard will fire a rifle salute, Dr. Barry Josephs, U.S. Army Captain will preside over the event at which First Selectman Ellen

Scalettar, State Senator Joe Crisco, State Representative Themis Klarides and State Senator Gayle Slossberg will deliver remarks. Additionally, Susan Antinozzi will sing "America the Beautiful" and "This Land Is Our Land".

Veterans Day is an official United States federal holiday that is observed annually on November 11th honoring the millions of men and women who have served in the armed forces of the United States.

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FROM THE FIRST SELECTMAN'S DESK

By Ellen Scalettar



What a beautiful autumn it has been. I have seen many of you enjoying our trails and the magnificent fall foliage, another reminder of our shared good fortune to live in this extraordinary town.

We are moving ahead to determine the long-term plan for the Country Club of Woodbridge property. Importantly, I continue to present the relevant facts in order to clear up any confusion and to assure that we – the Board of Selectmen, the Board of Finance, and the voters of Woodbridge – have a sound basis for the important decisions that lie ahead.

Last month the Board of Selectmen and Board of Finance met together to review why the Town purchased the property, expectations at the time, costs thus far, anticipated additional costs and how the CCW expenses impact other Town projects and goals. You can review the information presented at www.woodbridgect.org/CCWFuture.

This month the Board of Selectmen and the Board of Finance went on tours of the clubhouse to see first-hand what the building looks like from the interior. By the time you are reading this column (but after I submit it), the two boards will have also met to review different proposed scenarios and the financial impacts of each. This information too is available on the Town's website noted above.

I hope you will take the time to familiarize yourself with the facts as we move ahead on the CCW. Town property can never be sold without a vote by the residents: the final decision rests with you. Knowing the facts will be crucial in making an informed decision.

I also continue my focus on community-building activities. Since becoming First Selectman one of my goals has been to promote community events and create new events in order to bring our residents together to celebrate the richness of life we enjoy in Woodbridge. Last month I launched a new initiative: The Wisdom of Woodbridge (WOW!). It is a series of lectures where Town residents share their wisdom with us. We are starting with five lectures over the next several months, although we could no doubt schedule daily lectures for many years without running out of fascinating talks by our neighbors.

At the first Wisdom of Woodbridge lecture, Dr. Mary Papazian, President of Southern Connecticut State University (SCSU), spoke about the impressive developments at SCSU – in curriculum, faculty, programs, buildings and more

– and the future of higher education in the global economy. The next Wisdom of Woodbridge lecture is by Department of Energy and Environmental Protection Commissioner Rob Klee who will discuss “Talking Trash: Recycling Revisited” on November 17 at 7 p.m. at the Jewish Community Center (JCC).


October has been a busy month at Town Hall. In addition to our Country Club focus, Wisdom of Woodbridge series and our regular activities, we held a workshop for our board and commission members to learn more about the CT Freedom of Information Act and a separate workshop for several of our board and commission members to understand how their work contributes to economic development in our Town.

And there is more coming. The Woodbridge Volunteer Fire Association is holding its fourth annual Truck or Treat event on Saturday, October 31 from 5- 8 p.m. This year the event will include fireworks at 7:30 p.m. Due to the popularity of this event and the need to set up the fireworks, on October 31 public access to the Fitzgerald Property will close at 2 p.m. and Route 114 between Meetinghouse Lane and Newton/Center Road will be closed from 4:30-9 p.m. Parking will be available at the Old Firehouse, on Meetinghouse Lane, at Town Hall and at Amity Regional High School. There will be free shuttle service between the High School and the firehouse thanks to Chris Sorensen.

There are events in early November that you may also want to note on your calendar. On November 3 the business community is invited to a Business After Hours at Grimaldi's Pizza from 5:30 – 7 p.m. On November 4 at 6 p.m. there will be one last workshop at the Library about the Woodbridge Solar Challenge. On November 7 the Senior Center is hosting its Annual Senior Center Holiday Fair from 10-3. Concurrently there will be a light bulb exchange hosted by the Ad Hoc Energy Advisory Task Force. And on Sunday, November 8 at 11:30 a.m. the Conservation Commission's monthly hike will be the Bishop Trail Loop (meet in the Darling House parking lot) led by Commission member Frank DeLeo.

I hope to see you at some of these community events!

To stay up to date on this and other issues, follow us on Facebook ([Facebook.com/WoodbridgeCT](https://www.facebook.com/WoodbridgeCT)), sign up for the Town's email newsletter (tinyurl.com/WoodbridgeEnews) and visit the Town's website, www.woodbridgect.org.



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WOODBIDGE SENIOR CENTER TENNIS LESSONS

The Woodbridge Senior Center is collaborating with Oak Lane Tennis Club of 1027 Racebrook Road, Woodbridge to offer senior tennis lessons. The lessons will be offered on Mondays from 12:00 p.m. to 1:00 p.m. at \$20.00 per person.

Oak Lane Tennis Club features an air-structure which remains up year round providing indoor play 12 months per year. In addition to the four indoor courts, it also offers four outdoor courts from May thru September.

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FROM THE YOUTH SERVICES COORDINATOR

By Nancy Pfund



7th and 8th grade students have a blast with Big Daddy's Auto Racing during the Back to School Bash in Woodbridge. The program is sponsored by Woodbridge Youth Services and the Town of Bethany. The next program is the Halloween Bash on October 23rd.

Costume Party!

Woodbridge Youth Services and the Town of Bethany will sponsor the Bethwood Bash program at the Woodbridge Center Building Gym - 4 Meetinghouse Lane on Friday, October 23, 2015 from 7:00 to 9:30 p.m. The event is for 7th and 8th grade Woodbridge and Bethany residents only. Enjoy music and games with an interactive Boppers' D.J. Compete in the donut eating contest, costume contest, and a mummy wrap contest too! Costumes are optional (but fun). Refreshments, raffle prizes, and entertainment, all for an admission price of \$5.00! No early drop-offs and prompt pick-up, please. Amity Dress code applies. This party is for 7th and 8th grade residents only! Private school students who reside

in Bethany and Woodbridge are encouraged to attend. Bring a new or gently used pair of sneakers for the sneaker drive and receive five extra raffle tickets!

We need your help: Adult volunteers and raffle prizes are needed. We cannot run these programs without parent or grandparent volunteers. High School juniors and seniors looking for volunteer hours may contact Youth Services. Donations of raffle prizes and event supplies are gratefully accepted. Please call 203-389-3429 or E-mail youthone@woodbridget.org for more information.

Cancellations

Watch Channel 8 or listen to KC101 for cancellations due to inclement weather.



Woodbridge Youth Services Job Bank

Chef Maggie Lyon works with students during the after school Cooking Program. The students in the cooking class are hard at work each week in the Amity Middle School Bethany kitchen whipping up some great dishes while learning culinary technique. The class runs ten weeks and is co-sponsored by Woodbridge Youth Services and the Town of Bethany.

Woodbridge Job Bank Seeks Teens Who Want Work

The Job Bank in Woodbridge offers jobs to teen residents, ages 13 – 18, who would like to work to earn some extra cash. The application process offers a chance to learn about the interview process, safety on the job, and how to negotiate pay. Types of jobs may include yard work, babysitting, animal care, house work, and snow shoveling. Call Youth Services to join

at 203-389-3429.

Hire Woodbridge Teens

Woodbridge Job Bank teens will work for Woodbridge residents who want to hire someone to assist with odd jobs like yard work, party help, cleaning, tutoring, and moving furniture or boxes. Please contact us at 203-389-3429 for more information.

Need An Occasional Babysitter?

The Woodbridge Job Bank has numerous teenagers who are experienced in babysitting. Many have completed the American Red Cross Babysitters Training Course. If you are a Woodbridge resident and would like more information about babysitters or Mother's Helpers, call Woodbridge Youth Services at 203-389-3429.

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Lifeguards are helping install lines on the tennis courts at the Woodbridge Country Club to get the courts ready to play on.



Anthony Taddei nails the lines to the tennis courts.

“CCW” continued from Page 1
where needed.

He provided a family changing room; he organized and re-keyed 500 lockers; he trimmed bushes around the pool and helped remove a tree stump. He power washed the area. He repaired and cleaned the water heater for \$600 instead of the \$4,000 it would have required if contracted out. Similarly, painting the stairs cost the town \$500 in paint rather than the \$5,000 earmarked in a 2010 plan.

He brought in Robert Klinger of The Little Salad Shop to serve food out of the snack bar. They had 12 birthday parties at the pool and 44 outings this season, also parties in the tent, including a Beecher retirement party with 175 people in attendance. They prepared a downstairs kitchen for Klinger to operate out of, and renovated the snack bar.

Pool membership soared from 175 in 2009, the year the town purchased the country club, to 9,402 in 2012, before it dropped off.

Realizing that the tennis courts are an asset for a successful operation, he and his staff have cleaned up the tennis

courts, and helped the Recreation Department install a volleyball court in one area.

While the Beecher Road School pool was closed for renovations this summer, people could use the heated outdoor pool instead. In addition, they had two busloads of swim club members train at the pool. Before his day officially started at 9, 300 people had already used the pool, he told the selectmen.

For Taddei, it often meant arriving at the pool at 5 a.m., only to close it at 8 p.m. Sometimes they would stay even after closing, to wash and dry the towels at the end of the day. He also was instrumental in coordinating social events in the tent, which create income for the town.

“I am happy when school starts,” he said with a laugh. It means a more regular schedule for him and his family. However, as long as there are events at the club, he continues to supervise and clean, including the bathrooms.

In recognition of all the extra hours he put in, the selectmen voted unanimously to accord him a one-time \$2,600 stipend.

His crew consists of two assistant directors — Brian Hocking and Mike Cebula — who have worked with Taddei for years. In fact, they left together when the club folded and came back together. Their focus is on member satisfaction, he said. The elegant locker rooms, towel service and variety of activities are part of that effort. In spring, they hire 17 life guards, who round out the team.

When the pool had an open house and all the town’s sandwich boards were taken, the team built its own sandwich boards to set up around town, to have and to hold. He also landscaped the area around the sign at the intersection with Ansonia Road. “Presentation starts at the road,” he said.

Taddei hopes that the town leaders will see a value in what the pool offers to the community. The \$100,000 plugged into the five-year capital plan for upkeep of the pool seem to be unreasonably high, he feels. He did agree that the pool will need to be replastered in the next few years at an expense of about \$60,000. But much of the maintenance work can be done — and has been done — in-house.

Asked why the pool membership has seen a drop of about 24 members this season, Taddei said about a third joined the Woodbridge Club for its tennis program; another third stayed away because they felt there should be a special rate for Woodbridge residents; and for others there are miscellaneous reasons, such as those who built their own pool; others who moved away; some were too busy to enjoy the summer by the pool. “We are at the fork in the road,” Taddei told the selectmen. “The lack of decision [whether to gut or to continue] is causing a drop in the pool membership.”

Meanwhile the joint boards of Finance and Selectmen went on a walk-through of the clubhouse to get a first-hand impression of its condition. The main floor with its loose ceiling tiles in some rooms is closed to the public, as per the fire marshal. A leaky roof has left water stains. They saw rotting window frames and cracks in the dry-wall. Even so, the soaring ceilings, plush carpets, club chairs and oversized fireplace still exude the elegance of a bygone era, when a crew of full-time caretakers looked after the place.



The Recreation Department had 8 tons of sand carted in to create a volleyball court this summer.



Q: I am so excited that “**The Walking Dead**” is back on AMC. I love the story, of course, but the special-effects makeup is awesome! Can you tell me who designed or created the zombie makeup? -- David D., via email

A: **Greg Nicotero** is the talented man behind those awesome effects. He got his professional start back in 1985, when he worked on “**Day of the Dead**,” and now has scores and scores of film special-effects makeup credit to his name. On “**The Walking Dead**,” he serves as co-executive producer, director and special makeup effects supervisor. He recently was in Orlando, Florida, for Universal Studios’ Halloween Horror Nights 25 (which runs through Nov. 1) with director **John Landis** and “**TWD**” co-star **Chandler Riggs**, where the two directors discussed their respective haunted houses: “**The Walking Dead**” house and “**An American Werewolf in London**” house.

One of the many things Greg loves about working on “**TWD**” is that most of the makeup effects are practical and not CGI. He said: “On ‘**The Walking Dead**,’ the most exciting thing for me is that it opens practical makeup effects for a younger generation. Growing up, I was really inspired by practical effects ... And it’s not easy. It’s a tremendous compliment that the work that I love, that I grew up wanting to do, is being celebrated more and more.”

Q: A while back you mentioned that ABC Family had picked up a series based on “**The Mortal Instruments**” books. Is this still happening? I haven’t heard any updates in a while. -- Pamela T., Wheeling, West Virginia

A: ABC Family announced at New York Comic-Con in early October that its highly anticipated series “**Shadowhunters**” will premiere Tuesday, Jan.



Katherine McNamara

12, at 9 p.m. ET/PT. As you mentioned, the series is based on the bestselling young-adult fantasy book series “**The Mortal Instruments**” by **Cassandra Clare**. It follows 18-year-old Clary Fray (played by **Katherine McNamara**), who finds out on her birthday that she is not who she thinks she is, but rather comes from a long line of shadowhunters -- human-angel hybrids who hunt down demons.

Q: Is “**The Increasingly Poor Decisions of Todd Margaret**” ever coming back? -- Violet F., via email

A: IFC recently announced that the third season of its original comedy series “**The Increasingly Poor Decisions of Todd Margaret**” starring **David Cross** will premiere Thursday, Jan. 7, with the first three episodes of the six-episode series airing back to back beginning at 10 p.m. ET/PT. The remaining three episodes will premiere the following week on Jan. 14 at 10 p.m. ET/PT.

Says **Jennifer Caserta**, IFC’s president: “Since we last saw Todd Margaret (SPOILER ALERT!), which we thought was ACTUALLY the last time we’d see him, this show has become a favorite among comedy fans. Only David Cross could write his way around destroying the world to resurrect this character and story in a way that’s mind-blowing and completely hilarious.”

Write to Cindy at King Features Weekly Service, 628 Virginia Drive, Orlando, FL 32803; or e-mail her at letters@cindyelavsky.com.

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WOODBIDGE RESIDENT CREATES ORCHARD & SHRUB GARDEN

Woodbridge resident Dr. Chris Loscalzo loves birds. He loves birds so much that, while talking outdoors, he constantly interrupts himself to identify birds by song and by sight. His hobby is bird watching and for the Audubon Society's Annual Christmas Bird Count, Dr. Loscalzo and other birders visit the Woodbridge Community Gardens to begin the local bird count. "I started to learn that certain native plants attract birds," he said. His own yard is very shaded so when he wanted to create a native shrub garden to provide a year-round food source and comfortable habitat for birds he turned to the Woodbridge Community Gardens.

First Selectman Ellen Scalett asked Dr. Loscalzo for a tour of the native shrub garden and the mini orchard that he has created for the local wildlife and residents to enjoy at the far edge of the Community Gardens. He has turned six 25 x 40 foot plots into a mecca for wildlife and wildlife lovers. He planted 60 shrubs of 10 varieties to create cover for birds. Most of the shrubs are fruit bearing, including blueberries, viburnum, chokeberry, elderberries and winterberry. The shrubs, which began as one-foot-tall plants, are now large, bushy and healthy.

For the first few years he spent many

hours tending the garden – weeding, feeding and watering. After the shrub garden was stable, Dr. Loscalzo converted the contiguous three fallow plots into an orchard. "I don't know why I decided to do this," he joked to Scalett. "It was far more work than I expected."

If the native shrub garden is for the birds, the orchard is for the humans. His orchard includes 24 semi-dwarf trees – 16 apples and eight pears. There are benches in both areas to invite residents to enjoy the view and the bird song. The fruit trees were planted four years ago and are already tall enough that Dr. Loscalzo uses a ladder to reach the highest branches. He invites the public to enjoy the apples and the pears. "This is for people to enjoy," he said. "The goal was for it to be self-perpetuating, but I can't imagine how many hundreds of hours I've spent here, and I haven't regretted a minute of it."

"You've done so much for our community," Scalett told him while enjoying a freshly picked apple. "It's lovely, and we thank you."

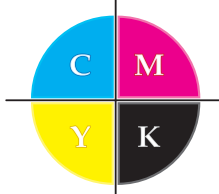
Dr. Loscalzo is also a member of the Ad Hoc Committee on Best Outdoor Maintenance and Management Practices for Town-Owned Land recently created by Scalett.

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COMMISSIONER TO TALK TRASH AT WISDOM OF WOODBRIDGE

Connecticut Department of Energy and Environmental Protection Commissioner Rob Klee will talk trash at the next Wisdom of Woodbridge lecture on November 17 at the Jewish Community Center (JCC), 360 Amity Road, Woodbridge. Klee, a Woodbridge resident, will deliver the second of five planned lectures curated by First Selectman Ellen Scalettar. Commissioner Klee's talk is titled "Talking Trash: Recycling Revisited". The Commissioner will discuss recycling trends in Woodbridge and state-wide initiatives.

The Woodbridge of Wisdom series of lectures will be delivered by Woodbridge residents who will discuss their exciting professions, unusual talents and expertise in various topics. At the first lecture, held at the Library, Southern Connecticut State University President Dr. Mary Papazian discussed "Embracing the Future: Southern Connecticut State University (SCSU) and the Changing Higher Education Landscape".

"Tonight we are launching a series of lectures where residents will share their



State Commissioner Robert Klee

wisdom with us," First Selectman Ellen Scalettar said in her introduction to the series and Dr. Papazian's talk. "We are starting with five lectures over the next several months, although we could no doubt schedule such lectures daily for many years without running out of fascinating talks by Woodbridge residents."

About 30 residents attended the lecture. Following the talk, audience members had a chance to ask questions and exchange in a discussion with Dr. Papazian. Dr. Papazian discussed challenges facing higher education and how SCSU is facing them, including the dearth of college graduates, declining enrollments, retention issues, and the spiraling cost of higher education, education attainment gaps and more scrutiny at the federal level. She also discussed SCSU's evolving campus, green initiatives, a focus on science, technology, engineering and math and SCSU's community outreach and involvement.

The lectures are co-hosted by the JCC and the Woodbridge Town Library.

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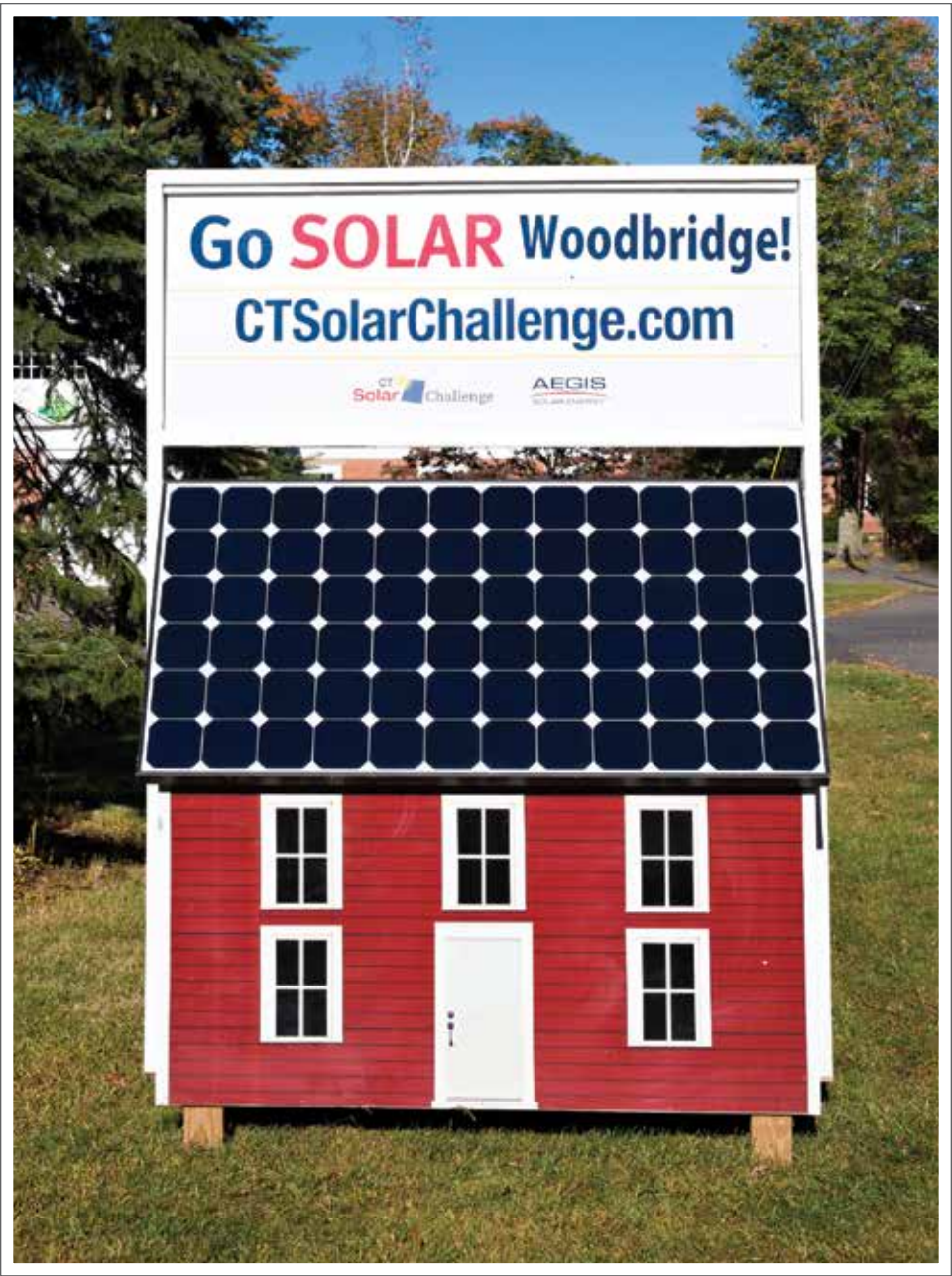
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RESIDENTS INVITED TO LAST SOLAR CHALLENGE WORKSHOP

Due to the popularity of the program, the Woodbridge Solar Challenge will hold one more workshop on November 4 at 6 p.m. at the Woodbridge Town Library. Last fall the Town began the Woodbridge Energy Challenge to help residents make their homes more energy efficient and more reliant on clean energy. As part of this challenge the Town signed on to the CT Solar Challenge which offers discounted pricing on solar installations to Woodbridge residents. The program will end on December 31, 2015 and residents will have the chance to attend one last solar workshop to learn about the Woodbridge Solar Challenge.

In addition to the discount for residents, the Town will earn a free solar array at the end of the program. The size of the free solar array will depend on how many kilowatts of solar are installed in Woodbridge through the Town’s chosen vendor for this program, Aegis Solar. Already the Town has earned a free 5kW array. As of early October, 25 Woodbridge residents had signed contracts for a total of 220 kilowatts of new solar installations. Another 60 residents have received proposals from Aegis. If the

Town reaches 250kW before the December 31 deadline, the Town will earn a free 7kW solar array for municipal use. This will be the largest free solar array awarded through the CT Solar Challenge since its inception in 2013.

“The CT Solar Challenge and Woodbridge Energy Challenge are part of my initiative to maximize the Town’s use of clean energy, be better stewards of the environment and lead by example in environmental matters,” said First Selectman Ellen Scalettar. “I encourage residents to look into these options to make their homes more efficient and green.”

At the workshop on November 4 residents will hear from solar vendor Aegis Solar’s President Chris Lenda about the program and will have a chance to ask questions. Interested residents can sign up for a free assessment during the workshop. Residents will also have a chance to speak with the Town’s chosen Home Energy Solutions vendors. There will also be refreshments and a drawing for a gift certificate to a local restaurant. Space is limited. Please register for the workshop at www.CTSolarChallenge/Woodbridge.

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Purves Lecture: They Called Her Reckless: A True Story of Love, War, and an Extraordinary Horse
Thursday, November 5 @ 7pm

Join local author Janet Barrett to learn about the true story of an extraordinary war horse! When the Fifth Regiment's Recoilless Rifle Platoon acquired a small Korean pony to haul ammunition to the front lines, what they got was a real-life warhorse, the courageous and indomitable Reckless, who stood with her Marines for two years during the Korean War, saving many lives, raising spirits, and winning the love and respect of all who knew her. This program is sponsored by the Friends of the Woodbridge Library. Please register online, at the Circulation Desk, or by phone at 203-389-3433.

Axis 360 Class – Downloading E-books
Monday, November 9 @ 3pm OR
Friday, November 20 @ 3pm

Learn how to check out an e-book using our newest platform – Axis 360. We'll show you the basics of setting up your account, how to check a book out, read it, and return it. If possible, please bring the device that you plan on reading your e-book on (Kindle Fire, iPad, Android, etc.). You must be a Woodbridge Resident to use Axis 360. Sign up at the Circulation Desk, call 203-389-3433, or register online.

Brass Valley: The Fall of an American Industry
Tuesday, November 10 @ 7pm

Local author Emery "Ted" Roth will present a selection of his images of his new book Brass Valley: The Fall of an American Industry, while he shares experiences and discoveries made while writing the book, and talks about what it means to try to find Brass Valley, a place in time that has not quite vanished. The book tells at least three stories. First, is the story of the last working brass mill, the men and the machinery used to cast, extrude, and process the metal. Second, is the story of how Brass Valley came to be and what it was and how we changed in the process. Finally, there is the story told by the pictures of the men and communities that made the Brass Valley and the mythos of the American Dream. Q&A and book signing after

presentation. Please register online, at the Circulation Desk, or by phone at 203-389-3433.

Fall Cupcake Frosting Demonstration with Gloria Hoda
Thursday, November 12 @ 7 pm

Learn to make delicious frosting and decorate cupcakes using piping bags and tips. We will learn how to make butter cream, chocolate fudge, and cinnamon cream cheese frosting to put atop chocolate and pumpkin cupcakes. Also, learn how to make a pumpkin decoration out of the frosting and piping bags. Hands on training provided and frosting recipes will be shared. Space is limited and registration is required. Please register online, at the Circulation Desk, or by phone at 203-389-3433.

Wisdom of Woodbridge lecture with Commissioner Rob Klee
Tuesday, November 17 @ 7 pm

The First Selectman is curating a series of lectures by Woodbridge residents who will discuss their exciting professions, unusual talents and expertise in various topics. The next Wisdom of Woodbridge lecture is by Department of Energy and Environmental Protection Commissioner Rob Klee who will discuss "Talking Trash: Recycling Revisited" at the JCC. These lectures are being co-hosted by the JCC and the Library.

The Reader book discussion with Dr. Mark Schenker
Wednesday, November 18 @ 7 pm

Join Dr. Mark Schenker, Senior Associate Dean of Yale College, for a discussion of Bernhard Schlink's The Reader (1995; in English in 1997) which was awarded major literary prizes in France, Germany and Italy. Books available for checkout at the Circulation Desk. Registration required. Please register online, at the Circulation Desk, or by phone at 203-389-3433.

Behind the Scenes with Measure for Measure at Long Wharf Theatre
Thursday, November 19 @ 7pm

Join us in a conversation with Whitney Locher, costume designer of the upcoming production of

Shakespeare's Measure for Measure at Long Wharf Theatre. Locher will talk about the process, artistry, and story that goes into her work. Afterwards, a scene from the play will be acted out by local actors. This event will take place in the Center Gym next to the library building. Please register online, at the Circulation Desk, or by phone at 203-389-3433.

Purposeful Destiny with Joan Hoey
Wednesday, December 2 @ 7 pm

Join social worker and human service consultant Joan Hoey to hear about her new book "Purposeful Destiny" to help people struggling to find their highest destiny in life. "Purposeful Destiny" urges readers to reach beyond their own limitations to find a power higher than themselves. With eight real-life stories of people who achieved this goal, Hoey's new book gives a human perspective to the intangible concept of finding one's personal higher power. Please register online, at the Circulation Desk, or by phone at 203-389-3433.

Children and Teen Programs Ready to Read
Mondays, starting November 2 from 4-4:30pm ages 3-5

Help your child build a foundation for developing language and pre-reading skills. Our new Ready to Read program encourages talking, singing, and reading, plus activities to complete together at home. This is a drop-in program and no registration is required.

Teen Book Discussion
Thursday, November 5 @ 3:30pm

High school students are invited to come and chat with us about books they have been reading, books gone reel and other trending topics with teens. Join us for an afternoon snack and see what other have been reading and what is on their to-read lists! Please register online.

Brick by Brick Lego Program
Saturday, November 14 @ 3pm and Monday, November 23 from 4-5pm - Ages 5 and up

What can you build with Lego's? Join us at the hands-on workshop and find out! Registration required for each

session. Please register online.

Eager Readers Book Group
Monday, November 16 @ 6:30pm

Is your child in grades K-2? If so, join us for this monthly book group which meets on Monday nights! This month the Eager Readers K-2 Book Group will be reading Who Stole Mona Lisa by Ruthie Knapp. Read the book at home and join us for a lively chat and create a craft to take home. Register at the Children's Desk when you check out a copy of the book.

Tween and Teen Time
Wednesday, November 18 @ 6:00pm

Tweens in grade 4 and up will partner with high school students to make a groovy kaleidoscope using recycled items. Join us for this program that couples creativity with peer connection. Please register online.

Crazy 8's Math Club – Ramp It Up grades K-2
Thursday, November 19 from 4:30-5:30pm

Are you ready for a wild ride? Learn about speed, steepness, and slope with foam tubing and superballs! Space and supplies are limited to 12 participants. Please register online.

Airborne Jugglers
Saturday, November 28 @ 2pm ages 4 and up

Joe Murray and Susan Kirby are the Airborne Jugglers. Their high energy show features amazing juggling and comedy, set to lively music. Juggling and laughter fills the air and you never know what will happen next. Audience volunteers find themselves in the middle of the action and the fun is contagious. The show introduces a variety of juggling skills and features a hands-on plate spinning workshop afterwards. Please register online.

Shake It Up, Shakespeare!
Saturday, December 12 from 3-5pm for teens & tweens in grade 5-12

Join Ingrid Schaeffer for a special two hour hands-on theater workshop based on A Midsummer's Night's Dream, Shakespeare's wacky comedy of errors! Try out all sorts of costumes, wigs, props and create your own Coat of Arms. Online registration opens November 1.

WOODBIDGE LIBRARY

TOWN LIBRARY TO OFFER CONSUMER REPORTS ONLINE

Beginning in November, the Woodbridge Town Library will have online subscription access to Consumer Reports. Consumer Reports is the largest paid publication and subscription-based website in the world. It enables consumers to make better purchasing decisions on the products they are shopping for. Whether the user is looking to find the best deal on a LCD TV, or researching the top-recommended used vehicles, ConsumerReports.org provides ratings, reviews, recommendations, and buying advice for thousands of services.

In addition to product ratings and reviews, users will find in-depth advice, tips, and trends written by Consumer Reports experts. Frequently updated

articles, blogs, and video content allow consumers to peruse the latest consumer news. ConsumerReports.org also includes Cars Best Deals Plus for consumers looking for reliable information on new and used cars. Additionally, ConsumerReports.org features extensive health content from Consumer Reports Online Health, which is designed to inform customers as they navigate the health care labyrinth and seek a trusted unbiased source of information.

Patrons may use this resource in the library or at home with a valid Woodbridge Library card number. For more information, please contact the library Reference Department at 203-389-3434.



LIBRARY IN PARTNERSHIP WITH LONG WHARF THEATRE

The Woodbridge Town Library announces a partnership with Long Wharf Theatre in conjunction with Fiasco Theatre's production of Shakespeare's Measure for Measure. The show will run from November 25 through December 20, 2015 on the Claire Tow Stage in the C. Newton Schenck III Mainstage Theatre at Long Wharf. The library will hold three events around the play that will allow all ages to become acquainted with Shakespeare and watch the play live at a discount.

New York City's Fiasco Theater sheds new light on one of Shakespeare's darkest comedies with live music and a dose of moxie. When the Duke of Vienna disguises himself as a friar among his people, he finds the city unraveling in an ethical free fall. Before he reclaims his dukedom, can he help the chaste Isabella save her brother from the condemnation of the villain Angelo? Fiasco's creative ensemble illuminates Shakespeare's perplexing plots to tell this singular tale of morality and manipulation.

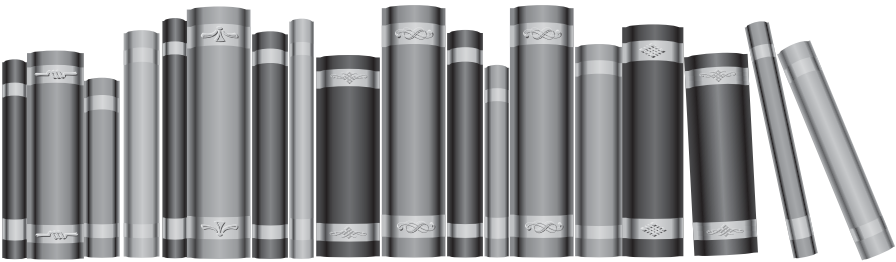
On Thursday, November 19 @ 7pm the library will host a Behind the Scenes Conversation with Whitney Locher, costume designer of Measure for Measure. Locher has over 100 design credits, served as the Associate Costume Designer for the 66th Annual Tony Awards and is the Resident Costume Designer for Fiasco Theater and Partial Comfort Productions. She will talk about the process, artistry, and story that goes into her work and shed light on the costumes

in Measure for Measure. The evening will end with a scene acted out by local actors. This event will take place in the Center Gym next to the library building. Registration is required and can be done at the library Circulation Desk, by phone at 203-389-3433, or online at www.woodbridge.lioninc.org.

For teens and tweens who want to learn more about Shakespeare, the library will host Shake It Up Shakespeare with Ingrid Schaeffer (Chair of ACES Educational Center for the Arts Theatre Department) on Saturday, December 12 @ 3pm for a special two hour hands-on theater workshop based on Shakespeare's wacky comedy A Midsummer's Night's Dream! Participants can try out all sorts of costumes, wigs, props and create their own Coat of Arms. This program is for teens and tweens in grades 5-12.

Lastly, on Thursday, December 10, library patrons are invited to Woodbridge Night at Long Wharf. Patrons will receive a \$15 discount off ticket prices and a special reception before the show. Tickets can be purchased online using the discount code "WOODBIDGE" at checkout or by calling Long Wharf Marketing Coordinator Deena Nicol at 203-772-8242 and referencing "Woodbridge Night" to purchase discounted tickets. Long Wharf Theatre is located at 222 Sargent Drive in New Haven, CT.

Join the library and community at these special events and experience Shakespeare from the pages of a book to live on the stage.



FRIENDS OF THE LIBRARY ANNOUNCE "BOOK ALLEY"

Exciting news! The Friends of the Woodbridge Library have opened a new space for its book sale! After six months of organizing and revamping, the Friends of the Woodbridge Library have relocated its book sale to the corridor on the mezzanine level of the library, now named the "Book Alley". Shoppers are free to browse and buy during library hours and can pay for their purchases at the Circulation Desk.

The Friends have received many wonderful, gently used book donations and will keep their current prices. Hardcover adult books are \$2.00 and softcover are 3 for \$1.00. Children's books are \$1.00 for hardcover and 3 for \$1.00 for softcover. DVDs are \$1.00 and audiobooks are \$3.00.

All proceeds go directly to the Woodbridge Town Library. The Friends of the Library help fund all of the library's adult, teen, and children's programs, museum passes, and services. Additionally, funds also help buy equipment and technology for all to use.

Please join us at our grand opening celebration of the Book Alley on Thursday, November 19th at 2:00p.m. There will be a ribbon cutting ceremony to celebrate the new book sale location and light refreshments will be served.

Save the Date: On Saturday, December 12th the Friends of the Woodbridge Library will host a one day holiday sale at the Book Alley with special holiday gift options. The library will also offer coffee, tea, hot chocolate and refreshments in the lobby.

DEATH NOTICES



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INVITATION TO JOIN THE QVHD MEDICAL RESERVE CORPS!

You Don't Have To Have A Medical Background!

Across America, communities prepare for unexpected emergency events. In 2014, Quinnipiack Valley Health District, the public health department for Bethany, Hamden, North Haven and Woodbridge, established a Medical Reserve Corps (MRC) which brings together community members who are interested in helping the health department during an emergency or unexpected event. Activities may include assisting to dispense medications or helping at a shelter or other community event. No one can know what or when an emergency or other event will occur. What is known is that a response will need to be rapid and will require volunteers who can respond quickly to the call for help. A volunteer

work force that is in place and can be called into action is critical for QVHD to be able to respond in a quick and efficient manner. You can be part of the team that protects you, your family and your community!

There will be many roles on this response team to be filled with people who are committed to helping others. You don't need to have a particular skill; just a willingness to help out. If you would like to be involved and play a critical role in your community's response to an emergency, please visit www.qvhd.org, Emergency preparedness section, and complete a volunteer application or call QVHD, 203 248-4528, for a volunteer application or more information.

ARE YOU SUFFERING FROM TMJ PROBLEMS?

A common issue that people suffer from is TMJ dysfunctions. The temporomandibular joint (TMJ) allows your jaw to open and shut. TMJ disorder is very common; more than 10 million people are affected in the United States. Some of the symptoms include difficulty opening or closing your mouth and severe pain with eating. There can be several issues that can cause this such as bad posture or cervical spine issues, clenching or grinding teeth, after oral or facial surgery and trismus (lockjaw). To identify the cause of your symptom, your physical therapist will review the present history of injury, then evaluate posture, and how your cervical spine and jaw are moving. The therapist will examine the TMJ to find out how well it can open and whether there are any abnormalities in jaw motion.

Postural control plays a large role in neck and jaw pain. Fixing or improving posture can help eliminate symptoms. Typically, poor posture is defined as forward head, rounded shoulders, and increased thoracic kyphosis (rounding of the mid back). This is caused by tightened structures in the chest, poor muscular strength in the neck and mid back muscles, and decreased joint mobility. The "forward head position" puts a strain on the muscles, disc, and ligaments of the TMJ. The jaw is forced to "rest" in an opened position, and the chewing muscles become overused. To help correct these issues therapy will administer specific joint mobilizations to improve the joint mobility allowing the patient to extend their mid back

and improve thoracic kyphosis. There are specific stretches that will lengthen tight chest muscles in order to reverse a rounded shoulder posture. After regaining this new range of motion, strengthening thoracic and cervical muscles are the last component of improving poor posture.

Another area physical therapy will work on with your TMJ dysfunction is addressing muscular tightness and spasms that occur directly with the muscles that open and close your mouth. The primary muscles that are usually affected with TMJ are the masseter, temporalis, and pterygoid muscles. Physical therapists use specific manual therapy techniques to increase movement and relieve pain in tissues and joints. Your therapist will use muscle spasm release techniques and massage to help break up scar tissue "adhesions" that sometimes develop when there is constant injury.

TMJ cases require contact with your dentist in order to define the best device to apply at night in order to stop grinding or help correct joint alignment.

Michael Demetriades DPT received his doctorate degree from Quinnipiac University and is a therapist with Amity Physical Therapy. He has experience in working with all ages and injuries. Michael is a previous varsity hockey and baseball player well versed in injuries plaguing the modern athlete. Amity Physical Therapy was founded by Michael Dow MSPT and CEO/Director of the practice. For more information, contact Michael Demetriades in the Branford office at 203-433-4683 or visit www.amitypt.com.



Michael Demetriades DPT

WHY PNEUMONIA SHOTS?

If you get a flu shot, you may think you don't need a pneumonia shot. However, this is not true. A flu shot may help to prevent complications like certain types of pneumonia, but pneumonia shots specifically target the germs that cause one of the most common types of pneumonia.

Pneumococcal vaccines (known by most people as pneumonia shots) protect against strains of a bacteria, streptococcus pneumoniae. This bacteria can cause pneumococcal disease which can manifest as pneumonia, sinus infections, meningitis or blood stream infections. Adults and children can get pneumococcal disease. The germ is passed from person to person through respiratory secretions, saliva or mucus. According to the Centers for Disease Control (CDC) 900,000 Americans get pneumococcal disease each year, causing over 400,000 hospitalizations. 90% of invasive pneumococcal disease occurs in older adults, with the majority of deaths (95%) from this illness occurring in the same age group.

Children routinely get vaccinated with pneumococcal vaccines. You can get vaccinated as well which can help to greatly reduce your chances of getting pneumococcal disease. There are two types recommended for adults 65 and older. One shot has been around for quite a few years. It is PPSV23 (Pneumococcal Polysaccharide Vaccine). You may have known this as Pneumovax. The other format is PCV13 (Pneumococcal Conjugate Vaccine) and is a newer vaccine. You may know it as Prevnar. The PPSV23 protects against 23 strains of streptococcus pneumoniae and the PCV13 protects against 13 strains. If you got a pneumonia shot (pneumococcal vaccine) as an adult before August 2014, it is likely that you received PPSV23.

The recommendations for how these shots are administered have changed since the first pneumonia shots were introduced. At that time, it was believed that an older person only needed one shot in their lifetime. Over time, the guidelines changed and it was recommended that certain people get a booster, depending on their age of the first pneumonia shot and/or their health status. With the advent of the new vaccine, guidelines have again changed. The guidelines outlined

here are for adults 65 and over. (Specific guidelines exist for persons less than 65 with specific health conditions or behaviors. For example, PPSV23 is recommended for all smokers and persons with asthma age 19-64. Check with your health care provider for your condition/age group.)

If you are 65 or older and have never had a pneumonia shot, you should get the PCV13 first, followed by a PPSV23 immunization 6 to 12 months later. (Generally you have to wait a year for insurance to cover it.)

If you had a PPSV23 shot at age 65 or older, you should get the PCV13 a year or more after the PPSV23. Generally, you do not need another PPSV23.

If you had a PPSV23 shot before age 65, you should get a PCV13 at age 65 or older and with at least a year after the PPSV23, followed by a second PPSV23 6-12 months later (but again at least a year for insurance to cover the cost) if 5 years or more have passed since the first PPSV23.

Note: The two formats should not be administered at the same time. However, you can get a pneumonia shot when you get a flu shot.

If you are wondering why a vaccine with less strains represented (the PCV 13) would be recommended to be given first (instead of the PPSV 23) to those 65 and over who have never had a pneumonia shot, it has to do with the way the body produces an immune response. This response is best when given in this sequence. It is a long scientific explanation that is best left with the scientists. For us, we should follow the recommendations that are created by the Advisory Committee on Immunization Practices (ACIP) as they have digested the science in order to create the recommendations for us.

While the recommendations may seem a bit complicated, you can check with your healthcare provider to see which vaccine you should receive. The important thing is that there is a way to prevent pneumococcal disease and you should take advantage of it. For more information, visit www.cdc.gov or www.immunize.org. Quinnipiack Valley Health District residents (Bethany, Hamden, North Haven and Woodbridge) with questions can call QVHD, 203 248-4528.

This column was authored by V. Deborah Culligan, QVHD staff.

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ENTERTAINMENT

TOP 10 MOVIES

- 1. **The Martian (PG-13)**
Matt Damon, Jessica Chastain
- 2. **Hotel Transylvania 2 (PG)**
animated
- 3. **Pan (PG)**
Levi Miller, Hugh Jackman
- 4. **The Intern (PG-13)**
Robert De Niro, Anne Hathaway
- 5. **Sicario (R)**
Emily Blunt, Benicio Del Toro
- 6. **Maze Runner: The Scorch Trials (PG-13)**
Dylan O'Brien, Kaya Scodelario
- 7. **The Walk (PG)**
Joseph Gordon-Levitt, Charlotte Le Bon
- 8. **Black Mass (R)**
Johnny Depp, Benedict Cumberbatch
- 9. **Everest (PG-13)**
Jason Clarke, Ang Phula Sherpa
- 10. **The Visit (PG-13)**
Olivia DeJonge, Ed Oxenbould

TOP 10 VOD

- 1. **Spy (R)**
Melissa McCarthy
- 2. **Marvel's Avengers: Age of Ultron (PG-13)**
Robert Downey Jr.
- 3. **Pitch Perfect 2 (PG-13)**
Anna Kendrick
- 4. **Entourage (R)**
Adrian Grenier
- 5. **Furious 7 (PG-13)**
Vin Diesel
- 6. **Poltergeist (PG-13)**
Sam Rockwell
- 7. **Cinderella (PG)**
Lily James
- 8. **Mad Max: Fury Road (R)**
Tom Hardy
- 9. **Hotel Transylvania (PG)**
animated
- 10. **The Age of Adaline (PG-13)**
Blake Lively

- 1. Which Motown singer had a hit with “How Sweet It Is (To Be Loved by You)”?
- 2. Which duo wrote and released “Little Latin Lupe Lu”?
- 3. “Here Comes the Sun” was released on which album?
- 4. Which two ladies of song released “No More Tears (Enough is Enough)”?
- 5. Name the song that contains this lyric: “You might have heard my footsteps echo softly in the distance through the canyons of your mind.”



1. Marvin Gaye, in 1964. He even released a German-language version called "Wie Schon Das Ist." 2. The Righteous Brothers, in 1963. Composed by Bill Medley, he wrote the song (in 1959) because he dated a girl in high school named Lupe. It was the first single the duo released. 3. The Beatles' "Abbey Road" album, in 1969, written by George Harrison. 4. Barbra Streisand and Donna Summer, in 1979, in both 7- and 12-inch record versions. 5. "Elusive Butterfly," by Bob Lind in 1965. The song had an inauspicious start as the b-side to Lind's "Cheryl's Goin' Home," but was launched when a deejay accidentally flipped the record over. It reached No. 5 on the U.S. charts and No. 2 in Australia.

SPORTS QUIZ

By Chris Richcreek

- 1. Who was the first designated hitter to hit a home run in 1973, the debut year for the DH in the American League?
- 2. How many managers did the Chicago Cubs have during the 1990s?
- 3. Entering 2015, who held the Ohio State record for most TD passes in one game?
- 4. Of Charles Barkley and Michael Jordan, which one attempted more 3-point shots during his NBA career?
- 5. Which goaltender has recorded the most saves in a season for the Tampa Bay Lightning?
- 6. During the 1990s, three drivers won the Indianapolis 500 after starting in the pole position. Name two of them.
- 7. Who was the last Japanese men's tennis player to reach the semifinals of the French Open?

1. Minnesota's Tony Oliva, against Oakland. 2. Six -- Don Zimmer (1990-91), Joe Altobelli ('91), Jim Esian ('91), Jim Lefebvre (1992-93), Tom Trebelhorn (1994) and Jim Riggleman (1995-99). 3. Kenny Guiton threw six against Florida A&M in 2013, and J.T. Barrett did the same against Kent State in 2014. 4. Barkley attempted 2,020 (making 538); Jordan, 1,778 (making 581). 5. Nikolai Khadbulin had 1,761 saves in the 2001-02 season. 6. Rick Mears (1991), Al Unser Jr. (1994) and Arie Luyendyk (1997). 7. Jiro Sato, in 1933.



Scene from "Roar"

EDITOR'S NOTE: DVDs reviewed in this column are available in stores the week of November 2, 2015.

PICKS OF THE WEEK

"Inside Out" (PG) -- Pixar goes on an inward-journey with this inventive animated adventure about the struggles of growing up and having emotions. Riley (voiced by Kaitlyn Dias) is an 11-year-old who has trouble adjusting after her family moves to a new state. Like all of us, Riley has a rich inner-world full of memories, and her emotions influence how she acts and how she sees the world. Usually, Riley is guided by Joy (Amy Poehler), in conjunction with the other personified feelings: Fear, Sadness, Anger and Disgust (Bill Hader, Phyllis Smith, Lewis Black and Mindy Kaling). When kids movies try to tackle complicated topics, the result is usually either dumbed-down to pointlessness,

or the complexity suffocates the fun. Pixar has made a movie that is both pricelessly fun and original, without compromising on the message. "Vacation" (R) -- The legacy of National Lampoon's vacation flicks lives on this hard-R sequel. Ed Helms (of "The Office") leads as Rusty Griswald, the son from the old "Vacation" movies, now a grownup failure who is borderline reviled by his wife and kids -- just like his dad! Rusty has the brilliant idea to rekindle his marriage and impress his sons by taking them on the same horrendous road trip his dad dragged him on! The raunchy humor in this outing is generally more cringe-inducing than laugh-out-loud. The last set of Griswalds weren't a really happy bunch, but there's a weird bitterness to many of the jokes between these family members. The intense gross-out factor also is much higher than before, which could be a draw for some. "Roar" (R) -- The bloodiest, most recklessly life-threatening film production in Hollywood history resulted in this light-hearted comedy about a family "acting" afraid while they share a home with at least 100 untrained tigers, lions and panthers. Writer/director Noel Marshall felt so strongly about this movie that he cast his own family, literally feeding them to lions -- including his wife Tippi Hedren (from Hitchcock's "The Birds") and her daughter, Melanie Griffith (who would later need facial surgery after a lion attack). At least 70 people were seriously injured during production, which was a never-ending nightmare thanks to money problems and entire crews wisely walking away from the project. But Marshall finished his movie. Never released in the U.S., the 1981 film is now available on Blu-ray, and it's a must-have for collectors of Hollywood's worst ideas!

Sudoku answers on page 28

Weekly SUDOKU

by Linda Thistle

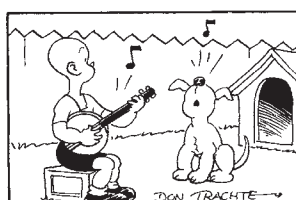
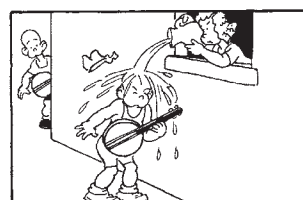
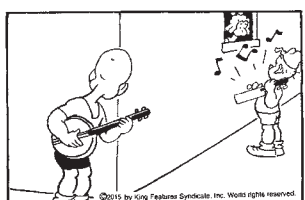
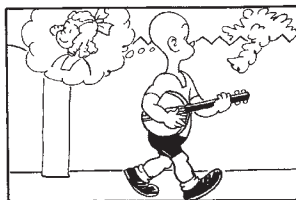
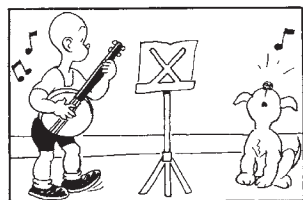
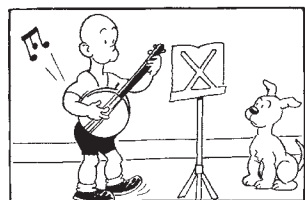
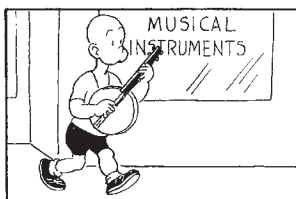
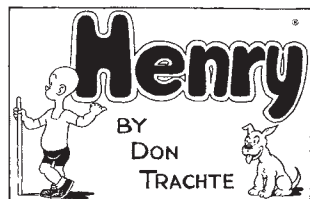
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Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★★ ★

★ Moderate ★★ Challenging
★★★ HOO BOY!

COMICS/CROSSWORD/HOLLYWOOD



The Spats



by Jeff Pickering

King Crossword

ACROSS

- 1 Standard
5 Anatomical egg holder
8 "Wow!"
12 Do as you're told
13 Man-mouse link
14 Thought
15 Mess
17 Soccer score
18 Pod dweller
19 Wine city north of Lisbon
21 Lukewarm
24 Two-way
25 Ear-related
26 Find
30 Summer mo.
31 Doctrine
32 Historic time
33 One who takes your gun
35 Harness part
36 Out of play
37 Founded (on)
38 Gethsemane, e.g.
41 Coffee vessel
42 Elliptical
43 Catastrophe
48 Clinton's veep

DOWN

- 1 Affirmative
action?
- 2 Sapporo
sash
- 3 In medias —
- 4 Nearsighted
- 5 Pop
- 6 Exist
- 7 Live-it-up
type
- 8 Paid escort

- | | | | |
|----|---------------|----|---------------|
| 9 | Smell | 34 | Confused |
| 10 | Membership | 35 | Captor's |
| 11 | Head light? | | cash |
| 16 | Scarlet | 37 | Lingerie item |
| 20 | Treaty | 38 | — boots |
| 21 | Frog's cousin | 39 | Acknow- |
| 22 | Needle | | ledge |
| | holder | 40 | Exceptional |
| 23 | Swine | 41 | Secondhand |
| 24 | Ate in style | 44 | Playwright |
| 26 | Insisted on | | Levin |
| 27 | Flight | 45 | Cravat |
| | formations | 46 | Shade |
| 28 | Great Lake | | source |
| 29 | McNally's | 47 | "Catcher in |
| | partner | | the —" |
| 31 | 46-Down, | | |
| | e.g. | | |

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HOLLYWOOD

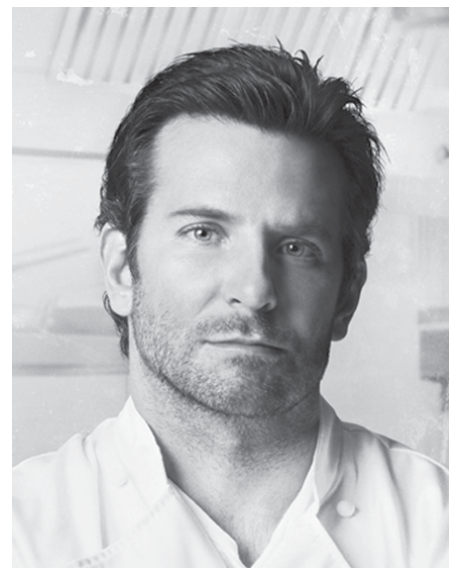
By Tony Rizzo

HOLLYWOOD -- Bradley Cooper's film "Burnt," with Sienna Miller, Matthew Rhys, Uma Thurman, Emma Thompson and Lily James, opens Oct. 23. It will be followed in March by "Arms and the Dudes," with Miles Teller, Jonah Hill and Ana De Armas. One of Cooper's favorite co-stars, Jennifer Lawrence, has completed "X-Men: Apocalypse" (arriving in May), and currently is shooting the sci-fi film "Passengers," with Chris Pratt (People Magazine's No. 2 Sexiest Man Alive), Michael Sheen and Lawrence Fishburne, due to drop Dec. 21, 2016.

Director/writer/producer David O. Russell, who has directed Cooper and Lawrence in “Silver Linings Playbook,” “American Hustle” and “Serena” -- and earned three Oscar nominations along the way -- still hasn’t recovered from the nightmare that has “Nailed” him.

In 2008 he began filming “Nailed,” with Jake Gyllenhaal, Jessica Biel, James Marsden, Tracy Morgan, Kirstie Alley and Beverly De Angelo, only to have his production shut down 14 times for non-payment of his cast and crew. In 2010, its film company paid millions of dollars to exit foreclosure and went bankrupt in the process. In 2014 Millennium Entertainment purchased the film, renamed it “Accidental Love” and released it on DVD and Blu-Ray.

To date the film cost \$25 million to make and has earned only \$4,500. David O. Russell had his name removed from the credits, and he is billed as Stephen Greene. His big chance to sweep all this under the carpet will come Christmas Day with his latest film, "Joy," starring his "lucky stars" Jennifer Lawrence and Bradley Cooper,



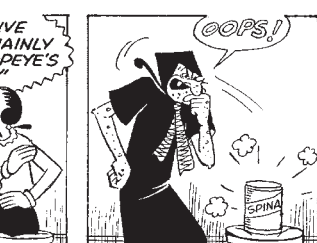
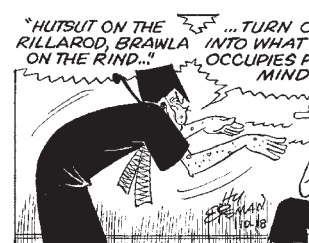
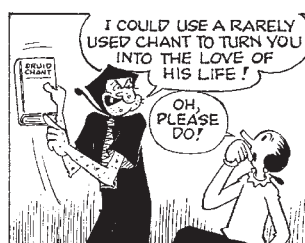
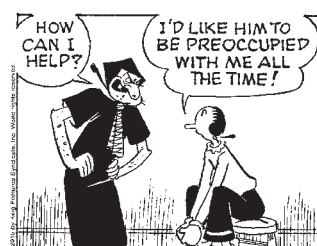
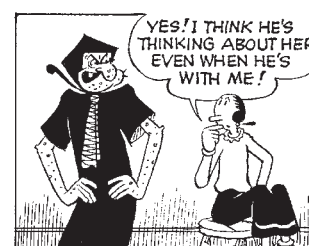
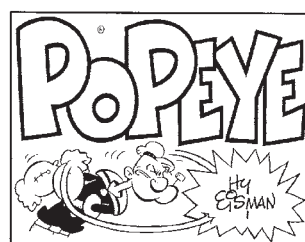
Bradley Cooper

as well as the legendary Robert DeNiro.

Another “Accidental Love” co-star was Paul Reubens, who’s better known as Pee- Wee Herman. He made a very successful Broadway return in “Pee-Wee’s Playhouse.” Now, Judd Apatow has stepped up and agreed to make “Pee-Wee’s Holiday,” with Joe Manganiello and “True Blood’s” Tara Tuck. “Pee-Wee’s Big Adventure,” released in 1985, cost \$7 million to make and earned \$41 million, a big deal back then.

Excavation has begun on the proposed Waldorf-Astoria Hotel in Beverly Hills. The Waldorf will merge with the A-list Beverly Hilton in a lush landscape and garden environment. It will have a 12-story hotel and two 18-story condo towers, with 110 units. The hotel naturally will become the Hilton Hotel chain's flagship hostelry, with rooms beginning at \$660 a night. It also will have the largest roof-top pool deck in Beverly Hills, and every guest will have their own personal concierge with five-star Waldorf-Astoria services, celebrity chefs, Graff Diamond's retail store and a 500-square-foot spa. This \$200 million extravaganza will open in 2017. Book it Dan-O, so I can die happy!

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King Crossword Answers on Page 28

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King Crossword

Answers

Solution time: 21 mins.

N	O	R	M		S	A	C		G	O	S	H
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O	T	I	C		D	I	S	C	O	V	E	R
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Weekly SUDOKU

Answer

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9	4	3	5	1	6	2	7	8
7	8	1	2	4	9	3	6	5

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LOCAL SPORTS



AMITY FIELD HOCKEY TEAM RUNS FOR A CAUSE

The Amity Field Hockey team showed their support for The Tommy Fund by participating in its annual 5K run in New Haven on October 4th 2015. The Tommy Fund for Childhood Cancer is an independent, non-profit organization whose mission is to provide

emotional, education, recreational and medical support to children with cancer and their families. Since its inception, the Tommy Fund has donated over \$3.5 million for pediatric oncology programs and services at Yale-New Haven Children's Hospital.



APT PREPS RUNNERS FOR ANNUAL WOODBRIDGE RACE

Free warm-ups and cool downs on a cold race day were conducted for Woodbridge race runners by therapists from Amity Physical Therapy. Competitors of all ages from the Kids Run to adult runners were treated to complimentary stretching exercises by the Amity Physical Therapy staff. The practice is the major sponsor of the popular annual race celebrating Woodbridge Day. "All leg and foot muscles, ligaments and joints are involved in running," commented Kyle Branday MSPT and partner in the Woodbridge based practice. "It's like oiling a finely tuned machine," he said. "Running can be a very stressful activity and stretch outs

help to dramatically reduce leg and foot injuries." The complimentary exercises were performed by the talented staff from three Amity Physical Therapy offices: Woodbridge, Hamden and Branford. In addition to the Woodbridge Day Race, Amity Physical Therapy offers free exercises to runners in the annual Hamden, Branford and New Haven road races. Founded eleven years ago by Woodbridge resident Michael Dow, the practice is one of the most respected and fastest growing in the Greater New Haven area. For more information call 203-389-4593 or visit www.amitypt.com.

HOCKEY/ICE SKATING INJURY PREVENTION

As winter approaches, ponds will be freezing and players will be in the middle of their hockey season. For some, skating is a recreational activity that starts once the water freezes. It is very tempting to just throw on your skates, get out there, and start playing. However, numerous injuries can occur when people start skating for the first time since the previous year. Once you are out on the ice there can be several possible orthopedic injuries due to falling.

While the temperature continues to drop, this is the ideal time to get your muscles tuned up for the upcoming skating season. Skating requires multiple different muscle groups than normal daily activities or even typical exercising. It places high demand on core, hip and knee musculature. These are some exercises that will help you prepare for skating-- squats, lunges, side shuffling sprints, and sit ups just to name a few. Skating or playing pond hockey requires quick bursts of speed, and if your muscles are not ready, the result can be muscle spasms, hamstring strains or muscle tears. In conjunction with muscle strengthening and conditioning, stretching is another preparation to consider prior to hitting the ice. The main muscles to stretch are hamstrings and quadriceps. Stretching and strengthening these muscles prior to skating will help to prevent injury.

In addition to muscular injuries, falls on the ice can lead to serious bone and joint injuries such as fractures, bone bruises, joint dislocations and head trauma. Specific equipment is the first

line of defense when trying to prevent one of these major injuries. A helmet is the first important piece of equipment to help prevent concussions and other serious head traumas. Also suggested

are elbow pads which will tremendously help to prevent bone bruising and severe broken bones.

For current hockey players, there are multiple exercises and training tactics to improve your game and keep you out on the ice. As a former hockey player, I have experienced that the two major focus areas to address would be core rotational strength and hip strengthening. To tackle these areas, make

the exercises functional with a rotational component such as a lunge and turn with a medicine ball, or using a BOSU ball with a chop technique. There are many other exercises to focus on as well since sports-specific exercises can be tailored to each player's individual needs. It might be helpful to consult with a physical therapist if you're serious out there on the ice either as an athlete or a recreational skater.

Michael Demetriades DPT received his doctorate degree from Quinnipiac University and is a practicing therapist with Amity Physical Therapy's Branford office. He has experience in working with patients of all ages and all types of injuries. He is a previous varsity hockey player, well versed in modern athletic injuries. Amity Physical Therapy was founded eleven years ago by Michael Dow MSPT. The practice has three offices in Woodbridge, Branford and Hamden. Michael Demetriades can be reached in Branford at 203-433-4683. Or visit www.amitypt.com.



Michael Demetriades DPT

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Beecher Road School held a retirement party in June in the tent near the pool. These events are a source of income for the town.



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ARIES (March 21 to April 19) Deciding to work out that pesky problem (even though you might have been bored, bored, bored with it) should be paying off right about now. Expect to hear some very welcome news very soon.

TAURUS (April 20 to May 20) Unexpected news might cause you to rethink a previous conclusion. Don't be bull-headed and try to bluff it out. Make the needed change, and then take a bow for your objectivity.

GEMINI (May 21 to June 20) Money matters should be considered as you continue to work out your holiday plans. This is a good time to scout out discounts before demand for them outstrips their availability.

CANCER (June 21 to July 22) A calm period early in the week helps you complete most, if not all, of your unfinished tasks. A new project appears by midweek, and this one could carry some big career potential.

LEO (July 23 to August 22) Positive results from recent ventures continue to pump up those self-esteem levels, making you Fabulous Felines feel you can tackle any challenge anyone wants to throw at you.

VIRGO (August 23 to September 22) Family and friends might feel neglected because of your almost total focus on a project. Try to rework your schedule so you can have time for both

your loved ones and your work.

LIBRA (September 23 to October 22) Don't be surprised if you suddenly hear from someone from your past who wants to contact you about the possibility of renewing a long-dormant (if not dead) relationship.

SCORPIO (October 23 to November 21) This is a good time to check over what went right and what went wrong with recent efforts. This can provide valuable lessons for projects that will be coming up soon.

SAGITTARIUS (November 22 to December 21) Dealing with people who feel they're always right about everything might be a problem for some. But the savvy Archer should be able to deflate their oversize egos.

CAPRICORN (December 22 to January 19) This week favors a balance between the demands of your work and your need for fun timeouts. Taking breaks helps restore and keep your energy levels high.

AQUARIUS (January 20 to February 18) There could be an occasional setback in what you're working on. But look at them as lessons on how to do better as you move along. More supporters turn up to cheer you on.

PISCES (February 19 to March 20) Although a more positive aspect influences this week's course, you still need to be sure that those who will work with you have no reason to work against you. Good luck.

BORN THIS WEEK: You believe in keeping your promises. It's not always easy to do, but somehow you do it.

HERO DOG EXPOSES PUPPY MILLS

DEAR PAW'S CORNER: This year, the American Humane Association chose Harley, a scrappy, one-eyed Chihuahua, as the 2015 Hero Dog. Its decision calls attention to the stark realities of puppy mills, one of which Harley was rescued from.

Harley had significant health issues when he was rescued, and he lost an eye when his cage was power-washed with him in it. Despite this, he retained a strong spirit and has become a beacon for other puppy mill dogs. The "Harley to the Rescue" campaign inspired by him (<http://mildogrescue.org/harley-to-the-rescue/>) has saved close to 600 puppy mill dogs.

Can you let people know about the AHA's Hero Dog, Harley? -- Ginny, via e-mail

DEAR GINNY: I sure can! Harley's story also can be found at the AHA Hero Dog page: <http://www.herodogwards.org/hda2015vote-harley>. He



was chosen from a finalist field of eight exemplary dogs, including service and military dogs, and other rescued pets that have become an inspiration to pet advocates.

Unlike responsible breeders, puppy mills have destructive breeding practices, and care can be brutal: for example, they'll attempt to produce as many litters of popular dog breeds as possible, exhausting and often physically abusing breeding dogs, selling the best and mistreating the rest. Mill dogs often are kept in tiny, dirty cages, with little to no medical care.

Puppy mill rescues gain access to and liberate such dogs, try to have the mills shut down, and provide care and rehabilitation for the rescued dogs. They'll also try to find homes for dogs that are able to be adopted, but sadly, many are unable to live with a family. Hopefully, through legislation and continued vigilance, puppy mills can become a thing of the past.

Send your questions or comments to ask@pawscorner.com.

Just Like Cats & Dogs

by Dave T. Phipps



LAFF-A-DAY



THE CASHIER

BY RICARDO GALVÃO



Out on a Limb

by Gary Kopervas



top ten

Kids' Halloween COSTUMES

1. Princess
2. Batman characters
3. Action/super hero
4. Animal
5. "Frozen" character
6. "Star Wars" character
7. Zombie
8. Witch
9. Pumpkin
10. Minion

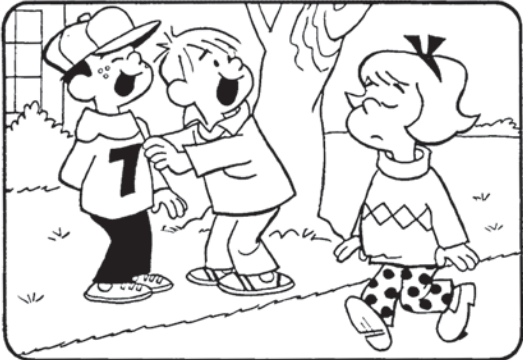
Source: National Retail Federation, 2015

HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Cap is different. 2. Stripe is missing. 3. Sign is missing. 4. Bow is smaller. 5. Balloon is missing. 6. Sweater design is different.



Roasting pumpkin seeds

Preheat oven to 300 degrees F. Toss 1 1/2 cups raw pumpkin seeds, 2 teaspoons melted butter and a pinch of salt in a bowl, mixing well. Spread the seeds in a single layer on a baking sheet and bake for about 45 minutes or until golden brown.

Source: Allrecipes.com

— Brenda Weaver




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Old Saybrook Location
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